

Licensed to Elizabethtown College      Hy-Tek's Meet Manager 5/5/2007 06:27 PM  
 2007 MAC Outdoor Championships - 5/3/2007 to 5/5/2007  
 Middle Atlantic Conference  
 Elizabethtown College, Elizabethtown, Pa.  
 Results

Women 100 Meter Dash

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MAC Record: # 12.12    1988            Denise Shotwell, Dickinson  
 Facility Rec: \* 12.29   5/18/2005    Happy Darcus, Christopher Newport  
 NCAA D3 "A": A 11.97  
 NCAA D3 "B": B 12.32  
 Meet Qualifying: 14.14

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Recker, Erin		Moravian	* 12.25Q	2
2 Haslett, Dana		Moravian	12.54Q	1
3 Reehil, Amy		Moravian	12.62q	1
4 Beck, Rachel		Moravian	12.83q	2
5 Lavelle, Eileen		DeSales	12.89q	2
6 Hinson, Caitlin		Juniata	12.95q	1
7 Bates, Kristen		Messiah	12.97q	2
8 Tamlyn, Suzanne		Moravian	12.97q	2
9 Genter, Brianne		Albright	13.02	1
10 Tang, Queenie		Moravian	13.03	2
11 McCarron, Kathleen		Moravian	13.11	1
12 Posimo, Jessica		Moravian	13.29	1
13 Oliver, Lindsey		Elizabethtown	13.34	2
14 McGinnis, Bridgette		DeSales	13.54	1
15 Gennaria, Erica		Susquehanna	13.62	1
16 Santiago, Yesenia		Lebanon Valley	13.88	2

Women 100 Meter Dash

=====

MAC Record: # 12.12    1988            Denise Shotwell, Dickinson  
 Facility Rec: \* 12.29   5/18/2005    Happy Darcus, Christopher Newport  
 NCAA D3 "A": A 11.97  
 NCAA D3 "B": B 12.32  
 Meet Qualifying: 14.14

Name	Year	School	Finals	Points
=====				
Finals				
1 Recker, Erin		Moravian	12.17*	10
2 Haslett, Dana		Moravian	12.38	8
3 Beck, Rachel		Moravian	12.73	6
4 Reehil, Amy		Moravian	12.80	5
5 Lavelle, Eileen		DeSales	12.96	4
6 Hinson, Caitlin		Juniata	13.03	3
7 Tamlyn, Suzanne		Moravian	13.05	2
8 Bates, Kristen		Messiah	13.17	1

Women 200 Meter Dash

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MAC Record: # 24.80    1988            Denise Shotwell, Dickinson  
 Facility Rec: \* 24.83   5/18/2005    Happy Darcus, Christopher Newport  
 NCAA D3 "A": A 24.55  
 NCAA D3 "B": B 25.29  
 Meet Qualifying: 29.14

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Haslett, Dana		Moravian	B 25.24Q	3
2 Recker, Erin		Moravian	25.61Q	2
3 Reehil, Amy		Moravian	25.91Q	1

4	Beck, Rachel	Moravian	26.45q	3
5	Genter, Brianne	Albright	26.79q	3
6	Hinson, Caitlin	Juniata	26.80q	1
7	Bates, Kristen	Messiah	26.94q	2
8	Tamlyn, Suzanne	Moravian	26.96q	2
9	Tang, Queenie	Moravian	26.97	3
10	Dugan, Lauryn	Susquehanna	27.02	2
11	Lavelle, Eileen	DeSales	27.03	1
12	Boyer, Kaitlyn	Moravian	27.22	3
13	Montgomery, Abby	Susquehanna	27.29	1
14	Jones, Hasiyina	Widener	27.76	1
15	Lawrence, Beth	Susquehanna	27.77	1
16	McGinnis, Bridgette	DeSales	27.98	3
17	Iezzi, Christina	Susquehanna	28.18	3
18	Gennaria, Erica	Susquehanna	28.18	2
19	Lowther, Jen	Susquehanna	28.22	2

Women 200 Meter Dash

=====  
 MAC Record: # 24.80 1988 Denise Shotwell, Dickinson  
 Facility Rec: \* 24.83 5/18/2005 Happy Darcus, Christopher Newport  
 NCAA D3 "A": A 24.55  
 NCAA D3 "B": B 25.29  
 Meet Qualifying: 29.14

Name	Year	School	Finals	Points
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Finals

1	Recker, Erin	Moravian	25.13B	10
2	Haslett, Dana	Moravian	25.31	8
3	Reehil, Amy	Moravian	25.78	6
4	Beck, Rachel	Moravian	26.19	5
5	Genter, Brianne	Albright	26.63	4
6	Bates, Kristen	Messiah	26.82	3
7	Tamlyn, Suzanne	Moravian	26.94	2
8	Hinson, Caitlin	Juniata	27.48	1

Women 400 Meter Dash

=====  
 MAC Record: # 57.99 2004 Meredith Troutman, Juniata  
 Facility Rec: \* 59.96 4/3/2004 Emilie Bonano, Dickinson  
 NCAA D3 "A": A 55.90  
 NCAA D3 "B": B 57.60  
 Meet Qualifying: 1:07.24

Name	Year	School	Prelims	H#
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Preliminaries

1	Reehil, Amy	Moravian	1:00.01Q	1
2	Reed, Amy	Messiah	1:01.67Q	2
3	Montgomery, Abby	Susquehanna	1:01.67q	1
4	Dugan, Lauryn	Susquehanna	1:01.78q	2
5	Heim, Anna	Moravian	1:02.07q	1
6	Boyer, Kaitlyn	Moravian	1:02.12q	1
7	Majocha, Cassie	Juniata	1:02.73q	2
8	Mason, Jennifer	Messiah	1:03.35q	2
9	McClurkin, Courtney	DeSales	1:04.37	2
10	Jones, Hasiyina	Widener	1:04.54	1
11	Burkhardt, Sarah	Susquehanna	1:04.65	1
12	Iezzi, Christina	Susquehanna	1:05.14	1
13	Lowther, Jen	Susquehanna	1:05.28	2
14	Wetling, Danielle	Widener	1:06.01	2
15	Fitzpatrick, Amy	DeSales	1:07.79	1

Women 400 Meter Dash

=====  
 MAC Record: # 57.99 2004 Meredith Troutman, Juniata  
 Facility Rec: \* 59.96 4/3/2004 Emilie Bonano, Dickinson  
 NCAA D3 "A": A 55.90  
 NCAA D3 "B": B 57.60  
 Meet Qualifying: 1:07.24

Name	Year	School	Finals	Points
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Finals

1	Reehil, Amy	Moravian	59.09*	10
2	Reed, Amy	Messiah	59.71*	8
3	Heim, Anna	Moravian	1:00.40	6
4	Dugan, Lauryn	Susquehanna	1:01.56	5
5	Montgomery, Abby	Susquehanna	1:01.63	4
6	Boyer, Kaitlyn	Moravian	1:02.71	3
7	Majocha, Cassie	Juniata	1:02.91	2
8	Mason, Jennifer	Messiah	1:02.97	1

Women 800 Meter Run

MAC Record: # 2:14.06 1989 Rebecca Weiderrecht, Messiah  
 Facility Rec: \* 2:16.36 5/18/2005 Katie Garner, Elizabethtown  
 NCAA D3 "A": A 2:11.80  
 NCAA D3 "B": B 2:14.70  
 Meet Qualifying: 2:39.24

Name	Year	School	Prelims	H#
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Preliminaries

1	Rupprecht, Laura	Juniata	2:24.34Q	2
2	Evans, Sarah	Messiah	2:24.48Q	1
3	Moreau, Lindsay	Susquehanna	2:24.44Q	2
4	Matta, Heather	Susquehanna	2:25.10Q	1
5	VanDenHengel, Megan	Elizabethtown	2:25.43q	1
6	Walsh, Jeanine	DeSales	2:26.28q	2
7	Ryder, Meghan	Elizabethtown	2:27.27q	2
8	Merusi, Sarah	Elizabethtown	2:28.24q	1
9	Rivera, Anna	Messiah	2:28.62	1
10	LaMastro, Alessandro	DeSales	2:31.11	2
11	Farawell, Jessica	Susquehanna	2:33.36	1
12	Bryant, Keegan	Albright	2:33.61	2
13	Sell, Amanda	DeSales	2:34.94	1
14	Van Arsdale, Jackie	Messiah	2:41.54	1

Women 800 Meter Run

MAC Record: # 2:14.06 1989 Rebecca Weiderrecht, Messiah  
 Facility Rec: \* 2:16.36 5/18/2005 Katie Garner, Elizabethtown  
 NCAA D3 "A": A 2:11.80  
 NCAA D3 "B": B 2:14.70  
 Meet Qualifying: 2:39.24

Name	Year	School	Finals	Points
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Finals

1	Matta, Heather	Susquehanna	2:21.81	10
2	Rupprecht, Laura	Juniata	2:22.47	8
3	Moreau, Lindsay	Susquehanna	2:23.26	6
4	Evans, Sarah	Messiah	2:23.77	5
5	VanDenHengel, Megan	Elizabethtown	2:25.12	4
6	Merusi, Sarah	Elizabethtown	2:26.69	3
7	Ryder, Meghan	Elizabethtown	2:28.11	2
8	Walsh, Jeanine	DeSales	2:31.34	1

Women 1500 Meter Run

MAC Record: # 4:37.88 1996 Tracy Wartman, Moravian  
 Facility Rec: \* 4:51.69 5/18/2005 Kerri Koch, Houghton  
 NCAA D3 "A": A 4:32.50  
 NCAA D3 "B": B 4:40.20  
 Meet Qualifying: 5:35.24

Name	Year	School	Finals	Points
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1	Kulp, Tiffany	Elizabethtown	4:46.81*	10
2	Rupprecht, Laura	Juniata	4:48.89*	8
3	Matta, Heather	Susquehanna	4:50.57*	6
4	Beechy, Laura	Messiah	4:54.31	5
5	Kooser, Jennifer	Messiah	4:57.43	4
6	Rhodes, Erin	Messiah	4:57.77	3

7	Evans, Sarah	Messiah	4:58.60	2
8	Bennick, Amber	Widener	5:06.44	1
9	Walsh, Jeanine	DeSales	5:07.42	
10	LaMastro, Alessandro	DeSales	5:11.76	
11	Potekhina, Inna	Messiah	5:13.05	
12	Hellmann, Jennifer	Messiah	5:14.71	
13	Moreau, Kate	Juniata	5:18.16	
14	Kramer, Julie	Messiah	5:18.75	
15	Durso, Laura	DeSales	5:21.03	
16	Williams, Kelly	Moravian	5:21.60	
17	Bowler, Marquel	Elizabethtown	5:26.96	
18	Brown, Sara	Delaware Valley	5:28.29	

Women 5000 Meter Run

=====  
 MAC Record: # 17:20.87 1994 Carla Thomas, Moravian  
 Facility Rec: \* 17:32.23 5/18/2005 Amy Bower, Misericordia  
 NCAA D3 "A": A 17:00.00  
 NCAA D3 "B": B 17:40.00  
 Meet Qualifying: 20:39.24

Name	Year School	Finals	Points
1	Fisher, Erin	Elizabethtown	18:14.74 10
2	Kooser, Jennifer	Messiah	18:21.04 8
3	Beechy, Laura	Messiah	19:00.52 6
4	Jones, Samantha	Elizabethtown	19:13.91 5
5	Bella, Lia	Juniata	19:14.82 4
6	Rhodes, Erin	Messiah	19:24.90 3
7	Malseed, Beth	DeSales	19:26.86 2
8	Gausmann, Laura	Susquehanna	19:29.01 1
9	Ward, Josephine	Albright	19:33.97
10	Rahtes, Allison	Elizabethtown	19:34.09
11	Clemmer, Sarah	Messiah	19:37.55
12	White, Rebecca	Albright	19:38.83
13	Gates, Lauren	Juniata	19:47.46
14	Jones, Meghan	Juniata	19:52.69
15	Pulizzano, Katie	Moravian	19:57.76
16	Jones, Christina	Juniata	20:02.18
17	Grove, Sarah	Elizabethtown	20:08.79
18	Smeiles, Lisa	Messiah	20:25.40
19	Gochnauer, Kristen	Juniata	20:30.69
20	Potekhina, Inna	Messiah	20:35.29
21	Schwartz, Brittany	Delaware Valley	20:37.07
22	Deihl, Erin	Elizabethtown	20:37.55
23	Hellmann, Jennifer	Messiah	20:40.60
24	LaMastro, Alessandro	DeSales	20:41.45
25	Fagan, Tara	Elizabethtown	20:45.20
26	Hanisch, Johanna	Elizabethtown	20:48.84
--	Agnolutto, Amy	Messiah	DNF
--	Matta, Heather	Susquehanna	DNF

Women 10000 Meter Run

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 MAC Record: # 37:24.90 1990 Tamara Lave, Haverford  
 Facility Rec: \* 38:44.37 5/18/2005 Elaine Gottschall, Gettysburg  
 NCAA D3 "A": A 36:00.00  
 NCAA D3 "B": B 37:40.00  
 Meet Qualifying: 46:00.24

Name	Year School	Finals	Points
1	Fisher, Erin	Elizabethtown	38:38.94* 10
2	Kooser, Jennifer	Messiah	39:27.10 8
3	Clemmer, Sarah	Messiah	39:49.28 6
4	Ward, Josephine	Albright	39:53.93 5
5	Fagan, Tara	Elizabethtown	39:56.76 4
6	Gates, Lauren	Juniata	40:10.86 3
7	Jones, Meghan	Juniata	40:22.75 2
8	Gausmann, Laura	Susquehanna	40:26.63 1
9	Bennick, Amber	Widener	40:46.88
10	Grove, Sarah	Elizabethtown	41:34.78

11 Smeiles, Lisa	Messiah	41:35.53
12 White, Rebecca	Albright	41:53.92
13 Jones, Christina	Juniata	41:55.11
14 Symons, Desi	DeSales	42:22.24
15 Malseed, Beth	DeSales	42:42.28
16 Agnolutto, Amy	Messiah	42:51.39
17 Barabas, Corinne	Juniata	42:56.64
18 Williams, Kelly	Moravian	43:26.91
19 Lanphier, Sarah	Elizabethtown	43:46.03
-- Norton, Lindsay	Juniata	DNF

Women 100 Meter Hurdles

=====  
 MAC Record: # 14.55 2005 Emily Lepley, Susquehanna  
 Facility Rec: \* 14.54 4/3/2004 Carrie Kerna, Elizabethtown  
 NCAA D3 "A": A 14.40  
 NCAA D3 "B": B 15.00  
 Meet Qualifying: 18.74

Name	Year School	Prelims	H#
=====			
Preliminaries			
1 Lepley, Emily	Susquehanna	15.40Q	3
2 Bates, Kristen	Messiah	15.41Q	2
3 Posimo, Jessica	Moravian	15.61Q	1
4 Ruiz, Delilah	Messiah	15.90q	2
5 Reed, Amy	Messiah	16.09q	1
6 Buffenmyer, Kelsey	Juniata	16.38q	3
7 O'Hara, Robin	Susquehanna	16.43q	2
8 Carbone, Laura	Messiah	16.65q	1
9 Sansone, Nikki	DeSales	16.72	3
10 Johnson, Melissa	Juniata	16.74	1
11 Cecchini, Heather	Susquehanna	17.06	2
12 Henderson, Leigh	Susquehanna	17.42	3
13 Irwin, Leslie	Susquehanna	17.63	2
14 Van Blarcom, Melissa	Elizabethtown	17.72	1
15 Allison, Emily	Lebanon Valley	17.75	3
16 Hall, Emily	Messiah	18.05	1
17 Heisey, Becky	Delaware Valley	18.69	2
18 Pisano, Lauren	Delaware Valley	19.25	3

Women 100 Meter Hurdles

=====  
 MAC Record: # 14.55 2005 Emily Lepley, Susquehanna  
 Facility Rec: \* 14.54 4/3/2004 Carrie Kerna, Elizabethtown  
 NCAA D3 "A": A 14.40  
 NCAA D3 "B": B 15.00  
 Meet Qualifying: 18.74

Name	Year School	Finals	Points
=====			
Finals			
1 Lepley, Emily	Susquehanna	14.79B	10
2 Bates, Kristen	Messiah	15.35	8
3 Posimo, Jessica	Moravian	15.66	6
4 Ruiz, Delilah	Messiah	15.70	5
5 Reed, Amy	Messiah	15.76	4
6 Buffenmyer, Kelsey	Juniata	16.43	3
7 O'Hara, Robin	Susquehanna	16.50	2
8 Carbone, Laura	Messiah	16.86	1

Women 400 Meter Hurdles

=====  
 MAC Record: # 1:02.30 2005 Emily Lepley, Susquehanna  
 Facility Rec: \* 1:04.00 5/18/2005 Emily Lepley, Susquehanna  
 NCAA D3 "A": A 1:02.00  
 NCAA D3 "B": B 1:04.14  
 Meet Qualifying: 1:20.24

Name	Year School	Prelims	H#
=====			
Preliminaries			
1 Lepley, Emily	Susquehanna	1:04.59Q	3

2	Bates, Kristen	Messiah	1:06.25Q	1
3	Johnson, Melissa	Juniata	1:08.32Q	2
4	Heim, Anna	Moravian	1:06.36q	1
5	Carbone, Laura	Messiah	1:08.24q	3
6	Majocha, Cassie	Juniata	1:08.59q	3
7	Reed, Amy	Messiah	1:08.62q	2
8	Cecchini, Heather	Susquehanna	1:09.13q	1
9	Sansone, Nikki	DeSales	1:09.90	2
10	Chando, Katelyn	Moravian	1:10.13	1
11	Janicki, Amanda	Susquehanna	1:10.36	2
12	Allison, Emily	Lebanon Valley	1:13.42	3
13	Collins, Taryn	DeSales	1:13.96	2
14	Irwin, Leslie	Susquehanna	1:14.28	3
15	Friday, Dana	Widener	1:16.87	2
16	Kachel, Naomie	Moravian	1:18.06	1
17	Barr, Amanda	Delaware Valley	1:20.17	1

Women 400 Meter Hurdles

MAC Record: # 1:02.30 2005 Emily Lepley, Susquehanna  
 Facility Rec: \* 1:04.00 5/18/2005 Emily Lepley, Susquehanna  
 NCAA D3 "A": A 1:02.00  
 NCAA D3 "B": B 1:04.14  
 Meet Qualifying: 1:20.24

Name	Year	School	Finals	Points
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Name	Year	School	Finals	Points
1		Susquehanna	1:01.85A	10
2		Messiah	1:04.89	8
3		Juniata	1:07.31	6
4		Moravian	1:07.60	5
5		Susquehanna	1:07.96	4
6		Messiah	1:08.38	3
7		Juniata	1:08.66	2
8		Messiah	1:18.70	1

Women 3000 Meter Steeplechase

MAC Record: # 11:25.90 2002 Emily Shertzer, Moravian  
 Facility Rec: \* 11:51.03 4/3/2004 Grace Trabulsi, Messiah  
 NCAA D3 "A": A 10:48.00  
 NCAA D3 "B": B 11:16.50  
 Meet Qualifying: 13:45.24

Name	Year	School	Finals	Points
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Name	Year	School	Finals	Points
1		Susquehanna	11:39.55*	10
2		Elizabethtown	11:47.21*	8
3		Messiah	12:21.72	6
4		Messiah	12:24.49	5
5		Widener	12:25.87	4
6		Messiah	12:48.44	3
7		Juniata	12:49.98	2
8		Messiah	12:51.18	1
9		Messiah	12:58.89	
10		DeSales	13:03.23	
11		DeSales	13:21.12	
12		Moravian	13:28.27	

Women 4x100 Meter Relay

MAC Record: # 48.38 2002 Widener, Widener  
 Simmons, Day, Galliard, Fortune  
 Facility Rec: \* 47.10 5/18/2005 Lincoln (Pa.), Lincoln (Pa.)  
 Douglas, Macklin, Sabb, Jackson  
 NCAA D3 "A": A 47.50  
 NCAA D3 "B": B 48.80

School	Finals	Points
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1	Moravian College 'A'	48.20#	10
2	Messiah College 'A'	51.09	8

1) Carbone, Laura	2) Reed, Amy		
3) Ruiz, Delilah	4) Bates, Kristen		
3 DeSales University 'A'		51.85	6
1) Meehan, Cristin	2) Lavelle, Eileen		
3) McGinnis, Bridgette	4) Sansone, Nikki		
4 Juniata College 'A'		51.90	5
1) Buffenmyer, Kelsey	2) Hinson, Caitlin		
3) Johnson, Melissa	4) Majocha, Cassie		
5 Susquehanna University 'A'		52.08	4
1) Henderson, Leigh	2) Gennaria, Erica		
3) Lawrence, Beth	4) O'Hara, Robin		
6 Elizabethtown College 'A'		54.19	3
1) Van Blarcom, Melissa	2) Miles, Chelsea		
3) Stapleton, Christie	4) Oliver, Lindsey		
7 Lebanon Valley 'A'		54.66	2
8 Albright College 'A'		56.61	1
1) Mallory, De'on	2) Genter, Brianne		
3) Nimmerichter, Sami	4) Conway, Renisha		

#### Women 4x400 Meter Relay

MAC Record: # 3:58.80 2005 Elizabethtown, Elizabethtown  
 Burroughs, Murphy, Brobst, Lichti  
 Facility Rec: \* 3:50.94 5/18/2005 Lincoln (Pa.), Lincoln (Pa.)  
 Macklin, Richardson, Sabb, Talbert

NCAA D3 "A": A 3:49.60

NCAA D3 "B": B 3:56.00

School		Finals	Points
1 Susquehanna University 'A'		4:04.58	10
1) Lepley, Emily	2) Dugan, Lauryn		
3) Burkhardt, Sarah	4) Montgomery, Abby		
2 DeSales University 'A'		4:10.64	8
1) Lavelle, Eileen	2) McClurkin, Courtney		
3) Collins, Taryn	4) Sansone, Nikki		
3 Juniata College 'A'		4:11.17	6
1) Hinson, Caitlin	2) Rupperecht, Laura		
3) Johnson, Melissa	4) Majocha, Cassie		
4 Elizabethtown College 'A'		4:13.10	5
1) Oliver, Lindsey	2) Merusi, Sarah		
3) Miles, Chelsea	4) VanDenHengel, Megan		
5 Messiah College 'A'		4:22.34	4
1) Carbone, Laura	2) Mason, Jennifer		
3) Reed, Amy	4) Bates, Kristen		
6 Widener University 'A'		4:25.33	3
7 Albright College 'A'		4:46.86	2
1) Genter, Brianne	2) Mallory, De'on		
3) Nimmerichter, Sami	4) Conway, Renisha		

#### Women High Jump

MAC Record: # 1.68m 2006 Kelsey Buffenmyer (Crystal Gibson 5-6), Juni  
 Facility Rec: \* 1.65m 4/4/2007 Kelsey Buffenmeyer, Juniata  
 NCAA D3 "A": A 1.71m  
 NCAA D3 "B": B 1.65m  
 Meet Qualifying: 1.38m

Name	Year School	Finals	Points
1 Buffenmyer, Kelsey	Juniata	1.63m	5-04.25 10
2 Miles, Chelsea	Elizabethtown	1.53m	5-00.25 8
3 Hahn, Kaitlin	DeSales	J1.53m	5-00.25 6
4 Bates, Kristen	Messiah	J1.53m	5-00.25 4.5
4 Posimo, Jessica	Moravian	J1.53m	5-00.25 4.5
6 Reed, Amy	Messiah	1.48m	4-10.25 2.5
6 Ruiz, Delilah	Messiah	1.48m	4-10.25 2.5
8 Eshleman, Briana	Messiah	J1.48m	4-10.25 0.5
8 Burkhardt, Sarah	Susquehanna	J1.48m	4-10.25 0.5
10 Lawrence, Beth	Susquehanna	J1.48m	4-10.25
11 Sell, Amanda	DeSales	J1.48m	4-10.25
12 Wetling, Danielle	Widener	1.38m	4-06.25

13 Torok, Amanda	DeSales	1.28m	4-02.25
14 Schriener, Andrea	Susquehanna	J1.28m	4-02.25
-- Heagy, Greta	Delaware Valley	NH	
-- Knapp, Amanda	Lebanon Valley	NH	

#### Women Pole Vault

MAC Record: # 3.20m 2005 Erin Weaner, Messiah  
 Facility Rec: \* 3.60m 5/18/2005 Mel Buczko, Bucknell  
 NCAA D3 "A": A 3.80m  
 NCAA D3 "B": B 3.50m  
 Meet Qualifying: 2.60m

Name	Year School	Finals	Points
1 Ward, Samantha	DeSales	3.20m# 10-06.00	10
2 Kennerknecht, Thea	Moravian	3.05m 10-00.00	8
3 Mason, Jennifer	Messiah	J3.05m 10-00.00	6
4 Steiner, Jenny	Widener	2.90m 9-06.25	5
5 Adams, Samantha	Elizabethtown	J2.90m 9-06.25	4
6 Blass, Cassie	Susquehanna	2.75m 9-00.25	2.5
6 Frontino, Pam	Susquehanna	2.75m 9-00.25	2.5
8 Fortugno, Tracey	Lebanon Valley	J2.75m 9-00.25	1
9 Carbone, Laura	Messiah	J2.75m 9-00.25	
10 Torok, Amanda	DeSales	2.45m 8-00.50	
-- Webb, Shannon	DeSales	NH	
-- Van Arsdale, Jackie	Messiah	NH	
-- Heim, Anna	Moravian	NH	

#### Women Long Jump

MAC Record: # 18-06 1996 Janine Shirk, Messiah  
 Facility Rec: \* 5.74m 5/18/2005 Marquita Mines, Christopher Newport  
 NCAA D3 "A": A 5.80m  
 NCAA D3 "B": B 5.52m  
 Meet Qualifying: 4.42m

Name	Year School	Finals	Points
1 Reed, Amy	Messiah	5.39m 17-08.25	10
2 Posimo, Jessica	Moravian	5.16m 16-11.25	8
3 McCarron, Kathleen	Moravian	J5.16m 16-11.25	6
4 Ruiz, Delilah	Messiah	J5.16m 16-11.25	5
5 Miles, Chelsea	Elizabethtown	5.15m 16-10.75	4
6 Buffenmyer, Kelsey	Juniata	5.12m 16-09.75	3
7 Bates, Kristen	Messiah	5.01m 16-05.25	2
8 Riggs, Rachel	Moravian	4.96m 16-03.25	1
9 Knapp, Amanda	Lebanon Valley	4.91m 16-01.50	
10 Santiago, Yesenia	Lebanon Valley	4.90m 16-01.00	
11 Riley, Jenna	Elizabethtown	4.82m 15-09.75	
12 Oliver, Lindsey	Elizabethtown	4.80m 15-09.00	
13 Meehan, Cristin	DeSales	4.77m 15-07.75	
14 O'Hara, Robin	Susquehanna	4.76m 15-07.50	
15 Heim, Anna	Moravian	4.72m 15-06.00	
16 Van Blarcom, Melissa	Elizabethtown	4.60m 15-01.25	
17 Stewart, Katie	Messiah	4.58m 15-00.50	
18 Bloom, Anna	Juniata	4.35m 14-03.25	
18 Eshleman, Briana	Messiah	4.35m 14-03.25	
20 Thomas, Cassidy	Moravian	4.22m 13-10.25	

#### Women Triple Jump

MAC Record: # 11.65m 2002 Kirsten Rotzell, Moravian  
 Facility Rec: \* 11.44m 5/18/2005 Ann Doty, Bucknell  
 NCAA D3 "A": A 12.00m  
 NCAA D3 "B": B 11.35m  
 Meet Qualifying: 9.45m

Name	Year School	Finals	Points
1 Riley, Jenna	Elizabethtown	11.09m 36-04.75	10
2 Reed, Amy	Messiah	10.97m 36-00.00	8
3 Miles, Chelsea	Elizabethtown	10.94m 35-10.75	6



4	Posimo, Jessica	Moravian	10.93m	35-10.50	5
5	Bates, Kristen	Messiah	10.79m	35-05.00	4
6	McCarron, Kathleen	Moravian	10.79m	35-05.00	3
7	Tang, Queenie	Moravian	10.49m	34-05.00	2
8	Riggs, Rachel	Moravian	10.39m	34-01.25	1
9	Burkhardt, Sarah	Susquehanna	10.21m	33-06.00	
10	Knapp, Amanda	Lebanon Valley	10.18m	33-04.75	
11	Stewart, Katie	Messiah	10.16m	33-04.00	
12	Pisano, Lauren	Delaware Valley	9.92m	32-06.50	
13	Bloom, Anna	Juniata	9.90m	32-05.75	
14	Mallory, De'on	Albright	9.83m	32-03.00	
15	Hahn, Kaitlin	DeSales	9.75m	32-00.00	
16	Meehan, Cristin	DeSales	9.73m	31-11.25	
17	Conway, Renisha	Albright	9.58m	31-05.25	
18	Eshleman, Briana	Messiah	9.40m	30-10.25	

#### Women Shot Put

MAC Record: # 14.14m 2006 Lauren Lucci, Widener  
 Facility Rec: \* 10.60m 4/4/2007 Anna Cooper, Susquehanna  
 NCAA D3 "A": A 14.20m  
 NCAA D3 "B": B 12.80m  
 Meet Qualifying: 9.15m

Name	Year	School	Finals	Points	
1		Lucci, Lauren	Widener	12.74m* 41-09.75	10
2		Halteman, Nikita	Widener	11.58m* 38-00.00	8
3		Weber, Meghan	DeSales	11.15m* 36-07.00	6
4		Heisey, Becky	Delaware Valley	11.02m* 36-02.00	5
5		Woolley, Rebeka	Moravian	10.82m* 35-06.00	4
6		Mellen, Dawn	Elizabethtown	10.39m 34-01.25	3
7		Cooper, Anna	Susquehanna	10.34m 33-11.25	2
8		Moormann, Ashley	Susquehanna	10.20m 33-05.75	1
9		Reed, Amy	Messiah	10.11m 33-02.00	
10		Hartman, Amy	Lebanon Valley	9.94m 32-07.50	
11		Price, Patty	Albright	9.79m 32-01.50	
12		Warner, Mandy	Lebanon Valley	9.40m 30-10.25	
13		Tavener, Katie	Juniata	9.38m 30-09.25	
14		Weist, Christie	Albright	9.36m 30-08.50	
15		Nace, Bridget	Messiah	8.41m 27-07.25	

#### Women Discus Throw

MAC Record: # 142-00 1998 Ann Musser, Lebanon Valley  
 Facility Rec: \* 29.23m 4/4/2007 Ashley Moormann, Susquehanna  
 NCAA D3 "A": A 46.38m  
 NCAA D3 "B": B 41.50m  
 Meet Qualifying: 28.96m

Name	Year	School	Finals	Points	
1		Lucci, Lauren	Widener	40.82m* 133-11	10
2		Halteman, Nikita	Widener	37.19m* 122-00	8
3		Graffeo, Carly	Widener	32.93m* 108-00	6
4		Weber, Meghan	DeSales	32.67m* 107-02	5
5		Robertson, Flora	Moravian	32.36m* 106-02	4
6		Wolenter, Maggie	Juniata	32.25m* 105-10	3
7		Heisey, Becky	Delaware Valley	30.73m* 100-10	2
8		Moormann, Ashley	Susquehanna	30.72m* 100-09	1
9		Scheib, Shaylene	Lebanon Valley	29.94m* 98-03	
10		Tavener, Katie	Juniata	28.91m 94-10	
11		Nace, Bridget	Messiah	27.74m 91-00	
12		Searles, Rachel	Messiah	27.04m 88-08	
13		Mellen, Dawn	Elizabethtown	26.50m 86-11	
14		Weist, Christie	Albright	26.00m 85-04	

#### Women Hammer Throw

MAC Record: # 44.00m 2006 Lauren Lucci, Widener  
 Facility Rec: \* 37.08m 5/18/2005 April Miller, Bridgewater  
 NCAA D3 "A": A 52.60m

NCAA D3 "B": B 46.00m

Meet Qualifying: 25.91m

Name	Year School	Finals	Points
1 Robertson, Flora	Moravian	40.98m*	134-05 10
2 Lucci, Lauren	Widener	40.36m*	132-05 8
3 Halteman, Nikita	Widener	38.28m*	125-07 6
4 Mellen, Dawn	Elizabethtown	37.80m*	124-00 5
5 Graffeo, Carly	Widener	37.18m*	122-00 4
6 Weber, Meghan	DeSales	36.44m	119-07 3
7 Hartman, Amy	Lebanon Valley	34.74m	114-00 2
8 Price, Patty	Albright	34.68m	113-09 1
9 Rehnert, Michelle	DeSales	J34.68m	113-09
10 Balliet, Tammy	Moravian	34.28m	112-06
11 Diehl, Regina	Juniata	32.84m	107-09
12 Wolenter, Maggie	Juniata	31.90m	104-08
13 Weist, Christie	Albright	31.82m	104-05
14 Scheib, Shaylene	Lebanon Valley	30.60m	100-05
15 Tavenner, Katie	Juniata	28.26m	92-08

Women Javelin Throw

MAC Record: # 50.19m 2002 Christina Scherwin, Moravian

Facility Rec: \* 43.96m 4/4/2007 Amy Reed, Messiah

NCAA D3 "A": A 44.20m

NCAA D3 "B": B 39.24m

Meet Qualifying: 27.44m

Name	Year School	Finals	Points
1 Reed, Amy	Messiah	45.12mA	148-00 10
2 Woolley, Rebeka	Moravian	38.28m	125-07 8
3 Diehl, Regina	Juniata	35.60m	116-09 6
4 Moormann, Ashley	Susquehanna	35.50m	116-06 5
5 Wolenter, Maggie	Juniata	35.26m	115-08 4
6 Heisey, Becky	Delaware Valley	35.24m	115-07 3
7 Luy, Kendall	Susquehanna	34.96m	114-08 2
8 Warner, Mandy	Lebanon Valley	33.82m	110-11 1
9 Cooper, Anna	Susquehanna	33.80m	110-11
10 Robertson, Flora	Moravian	33.08m	108-06
11 Halteman, Nikita	Widener	31.92m	104-09
12 Chick, Sarah	Elizabethtown	30.46m	99-11
13 Ross, Aliina	Moravian	30.18m	99-00
14 Knapp, Amanda	Lebanon Valley	29.62m	97-02
15 Webb, Shannon	DeSales	28.78m	94-05
16 Rehnert, Michelle	DeSales	28.58m	93-09
17 Searles, Rachel	Messiah	28.14m	92-04
-- Lucci, Lauren	Widener	FOUL	

Women Heptathlon

MAC Record: # 4034 2005 Amy Reed, Messiah

Facility Rec: \* 3076 4/2/2005 Jill Brobst, Elizabethtown

NCAA D3 "A": A 4560

NCAA D3 "B": B 4100

Name	Year School	Finals	Points
1 Reed, Amy	Messiah	4044#	10
2 Bates, Kristen	Messiah	3763*	8
3 O'Hara, Robin	Susquehanna	3620*	6
4 Ruiz, Delilah	Messiah	3487*	5
5 Chick, Sarah	Elizabethtown	3423*	4
6 Friday, Dana	Widener	3054	3
7 Hall, Emily	Messiah	2924	2
8 Webb, Shannon	DeSales	2871	1
9 Thomas, Cassidy	Moravian	2844	
10 Robinson, Jillian	Widener	2170	
11 Warner, Mandy	Lebanon Valley	2168	
12 Procino, Nicola	Delaware Valley	2003	
13 Schriener, Andrea	Susquehanna	1991	

Men 100 Meter Dash

MAC Record: # 10.62 1988 Mike Spangler, Susquehanna  
 Facility Rec: \* 10.97 4/3/2004 Greg Lott, Dickinson  
 NCAA D3 "A": A 10.57  
 NCAA D3 "B": B 10.75  
 Meet Qualifying: 11.74

Name	Year	School	Prelims	H#
Preliminaries				
1 Brown, Ozzie		Moravian	* 10.81Q	1
2 Shaffer, Robert		Moravian	* 10.97Q	2
3 Clark, Kevin		Elizabethtown	11.11q	2
4 Farris, AJ		Elizabethtown	11.12q	1
5 Ross, Brian		Susquehanna	11.34q	2
6 Light, Josh		Lebanon Valley	11.36q	1
7 Mauger, Mike		Elizabethtown	11.44q	2
8 Lynch, Blake		Messiah	11.72q	1
9 Bell, James		Moravian	11.73	2
10 Sier, Dustin		Juniata	11.74	2
11 Laird, Bryon		Lebanon Valley	11.91	1
12 Young, Austin		Albright	11.92	2
13 Cisarik, Tyler		Lebanon Valley	11.92	1

Men 100 Meter Dash

MAC Record: # 10.62 1988 Mike Spangler, Susquehanna  
 Facility Rec: \* 10.97 4/3/2004 Greg Lott, Dickinson  
 NCAA D3 "A": A 10.57  
 NCAA D3 "B": B 10.75  
 Meet Qualifying: 11.74

Name	Year	School	Finals	Points
Finals				
1 Brown, Ozzie		Moravian	10.60#	10
2 Shaffer, Robert		Moravian	10.85*	8
3 Farris, AJ		Elizabethtown	10.95*	6
4 Clark, Kevin		Elizabethtown	10.97*	5
5 Light, Josh		Lebanon Valley	11.11	4
6 Lynch, Blake		Messiah	11.19	3
7 Ross, Brian		Susquehanna	11.20	2
8 Mauger, Mike		Elizabethtown	11.26	1

Men 200 Meter Dash

MAC Record: # 21.34 2000 Tony Brown, Widener  
 Facility Rec: \* 21.67 5/18/2005 Jeremy Webster, Eastern Mennonite  
 NCAA D3 "A": A 21.31  
 NCAA D3 "B": B 21.75  
 Meet Qualifying: 23.74

Name	Year	School	Prelims	H#
Preliminaries				
1 Brown, Ozzie		Moravian	22.28Q	2
2 Kline, Josh		Moravian	22.45Q	1
3 Roach, Patrick		Messiah	22.47q	1
4 Shaffer, Robert		Moravian	22.67q	2
5 Mauger, Mike		Elizabethtown	22.84q	2
6 Innocent, Bernard		Widener	23.00q	2
7 Light, Josh		Lebanon Valley	23.02q	2
8 Anderson, Randy		Juniata	23.07q	1
9 Firth, Tyler		Susquehanna	23.20	1
10 Lynch, Blake		Messiah	23.40	1
11 Ross, Brian		Susquehanna	23.45	1

Men 200 Meter Dash

MAC Record: # 21.34 2000 Tony Brown, Widener  
 Facility Rec: \* 21.67 5/18/2005 Jeremy Webster, Eastern Mennonite  
 NCAA D3 "A": A 21.31

NCAA D3 "B": B 21.75

Meet Qualifying: 23.74

Name	Year School	Finals	Points
1 Brown, Ozzie	Moravian	21.37*	10
2 Roach, Patrick	Messiah	22.04	8
3 Kline, Josh	Moravian	22.26	6
4 Mauger, Mike	Elizabethtown	22.50	5
5 Shaffer, Robert	Moravian	22.58	4
6 Light, Josh	Lebanon Valley	23.02	3
7 Innocent, Bernard	Widener	23.15	2

Men 400 Meter Dash

MAC Record: # 47.02 1983 Dave German, Susquehanna  
 Facility Rec: \* 48.54 5/18/2005 Jeremy Webster, Eastern Mennonite  
 NCAA D3 "A": A 47.35  
 NCAA D3 "B": B 48.50  
 Meet Qualifying: 53.74

Name	Year School	Prelims	H#
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Preliminaries

1 Roach, Patrick	Messiah	48.75Q	3
2 Wassink, Joe	Susquehanna	49.43Q	2
3 Graybeal, Drew	Elizabethtown	49.72Q	4
4 Dell, Michael	Messiah	49.92Q	1
5 Kunhardt, Jon	Susquehanna	50.06q	1
6 Kline, Josh	Moravian	50.27q	3
7 Grimm, Kyle	Elizabethtown	50.42q	4
8 Bauer, Mike	Elizabethtown	50.58q	1
9 Johnson, Eric	Susquehanna	50.91	4
10 Kamery, Jason	Elizabethtown	51.13	2
11 Deas, John	DeSales	51.54	2
12 Mastroianni, Jason	Elizabethtown	52.32	2
13 Toohey, Shane	Delaware Valley	52.48	1
14 Cisarik, Tyler	Lebanon Valley	52.68	4
15 Murphy, Timothy	Moravian	52.86	1
16 Razler, Nick	DeSales	53.09	3
17 Yeager, Eric	DeSales	53.32	2
18 Eidsvaag, Josh	Susquehanna	53.42	2
19 Chipman, Paul	Messiah	53.53	4
20 Devine, Adam	Lebanon Valley	53.54	4
21 Kenney, Robert	Albright	54.16	3
22 Tariq, Khizer	Moravian	54.36	1
23 Brown, Orlando	Widener	55.11	3
-- Barnes, Darrick	Albright	FS	3

Men 400 Meter Dash

MAC Record: # 47.02 1983 Dave German, Susquehanna  
 Facility Rec: \* 48.54 5/18/2005 Jeremy Webster, Eastern Mennonite  
 NCAA D3 "A": A 47.35  
 NCAA D3 "B": B 48.50  
 Meet Qualifying: 53.74

Name	Year School	Finals	Points
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Finals

1 Graybeal, Drew	Elizabethtown	47.89B	10
2 Roach, Patrick	Messiah	48.22B	8
3 Wassink, Joe	Susquehanna	49.32	6
4 Kline, Josh	Moravian	49.92	5
5 Dell, Michael	Messiah	49.94	4
6 Kunhardt, Jon	Susquehanna	49.94	3
7 Grimm, Kyle	Elizabethtown	50.36	2
8 Bauer, Mike	Elizabethtown	54.52	1

Men 800 Meter Run

MAC Record: # 1:51.79 1982 Kevin Foley, Haverford

Facility Rec: \* 1:52.44 5/18/2005 Patrick Donovan, Elizabethtown

NCAA D3 "A": A 1:51.30

NCAA D3 "B": B 1:53.20

Meet Qualifying: 2:04.24

Name	Year	School	Prelims	H#
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Preliminaries

1	Donovan, Patrick	Elizabethtown	1:55.47Q	2
2	Graybeal, Drew	Elizabethtown	1:57.33Q	3
3	McClatchy, Frank	DeSales	1:57.41Q	1
4	Blosser, Erik	Messiah	1:56.27Q	2
5	Bofinger, Eric	Messiah	1:57.80Q	3
6	Francisco, Joe	Widener	1:59.15Q	1
7	Rudolph, Tripp	Juniata	1:56.38q	2
8	Palmer, Eddy	Messiah	1:57.97q	3
9	Rumery, Shawn	Juniata	1:58.08	2
10	Munnelly, James	Elizabethtown	1:58.99	2
11	Parisi, Steve	Moravian	1:59.10	3
12	Anderson, Jeff	Lebanon Valley	2:01.24	2
13	Johnson, Eric	Susquehanna	2:01.35	1
14	Hoover, Eric	Juniata	2:02.19	1
15	Gallagher, Mike	DeSales	2:02.53	1
16	Kunhardt, Jon	Susquehanna	2:04.52	3
17	Lamy, Ed	Susquehanna	2:04.71	3
18	Paul, Kevin	Widener	2:05.17	1

Men 800 Meter Run

MAC Record: # 1:51.79 1982 Kevin Foley, Haverford  
 Facility Rec: \* 1:52.44 5/18/2005 Patrick Donovan, Elizabethtown

NCAA D3 "A": A 1:51.30

NCAA D3 "B": B 1:53.20

Meet Qualifying: 2:04.24

Name	Year	School	Finals	Points
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Finals

1	Graybeal, Drew	Elizabethtown	1:53.36	10
2	Donovan, Patrick	Elizabethtown	1:55.80	8
3	McClatchy, Frank	DeSales	1:55.93	6
4	Blosser, Erik	Messiah	1:56.55	5
5	Rudolph, Tripp	Juniata	1:56.60	4
6	Bofinger, Eric	Messiah	1:57.14	3
7	Francisco, Joe	Widener	1:58.10	2
8	Palmer, Eddy	Messiah	2:01.03	1

Men 1500 Meter Run

MAC Record: # 3:45.68 1983 Kevin Foley, Haverford  
 Facility Rec: \* 4:00.10 4/3/2004 Bobby Dressler, Messiah

NCAA D3 "A": A 3:50.60

NCAA D3 "B": B 3:55.20

Meet Qualifying: 4:18.24

Name	Year	School	Finals	Points
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1	Francisco, Joe	Widener	3:55.83*	10
2	Donovan, Patrick	Elizabethtown	3:56.84*	8
3	Hess, Pat	DeSales	4:04.72	6
4	Kaufman, Cory	Messiah	4:05.32	5
5	Rumery, Shawn	Juniata	4:05.93	4
6	Bresnahan, Dave	Elizabethtown	4:06.96	3
7	Hager, Patrick	Messiah	4:07.24	2
8	Rulander, Dylan	Elizabethtown	4:08.32	1
9	Palmer, Eddy	Messiah	4:08.40	
10	Brooks, JJ	Susquehanna	4:13.54	
11	Naimo, Anthony	DeSales	4:14.11	
12	O'Brien, James	Lebanon Valley	4:15.00	
13	Bacon, Bobby	DeSales	4:16.27	
14	Deibler, Jentre	Susquehanna	4:20.16	
15	Gallagher, Mike	DeSales	4:23.95	
16	DeFazio, Steven	Moravian	4:28.42	

## Men 5000 Meter Run

MAC Record: # 14:27.83 1991 Seamus McElligott, Haverford  
 Facility Rec: \* 14:50.33 5/18/2005 Jose Miranda, Elizabethtown  
 NCAA D3 "A": A 14:28.00  
 NCAA D3 "B": B 14:48.00  
 Meet Qualifying: 16:15.24

Name	Year	School	Finals	Points
1 Theobald, Jason		Elizabethtown	15:08.74	10
2 Eanes, Frank		Messiah	15:15.27	8
3 Cohen, David		Elizabethtown	15:30.07	6
4 Volpi, Jonathan		Widener	15:39.83	5
5 Ansbach, Jeremy		Lebanon Valley	15:53.07	4
6 Bear, Brandon		Elizabethtown	15:58.05	3
7 St Clair, Ryan		Elizabethtown	15:58.57	2
8 Nastus, John		DeSales	16:00.86	1
9 Reichert, Nick		DeSales	16:14.38	
10 Bailey, Matthew		Juniata	16:25.28	
11 Derkacz, Scott		Elizabethtown	16:39.51	
12 Chirdon, Mike		Juniata	17:25.39	
-- Bresnahan, Dave		Elizabethtown	DNF	
-- Black, Artie		Messiah	DNF	

## Men 10000 Meter Run

MAC Record: # 30:16.14 2005 Macharia Yuot, Widener  
 NCAA D3 "A": A 30:15.30  
 NCAA D3 "B": B 31:15.00  
 Meet Qualifying: 36:00.24

Name	Year	School	Finals	Points
1 Eanes, Frank		Messiah	31:43.17	10
2 Volpi, Jonathan		Widener	31:47.36	8
3 Theobald, Jason		Elizabethtown	31:52.54	6
4 Cohen, David		Elizabethtown	32:17.13	5
5 Nastus, John		DeSales	32:37.64	4
6 Black, Artie		Messiah	33:36.87	3
7 Bailey, Matthew		Juniata	33:53.64	2
8 Matula, Jeremy		Elizabethtown	33:57.49	1
9 Troxel, Adam		DeSales	34:12.90	
10 Chirdon, Mike		Juniata	34:16.64	
11 Derkacz, Scott		Elizabethtown	34:29.65	
12 Langer, Jeremy		Widener	34:38.77	
13 Williams, Sam		Juniata	34:40.03	
14 Brumbaugh, Chip		Delaware Valley	34:48.54	
15 Brown, Ricky		Albright	35:54.64	
16 McCaskey, Mark		Messiah	36:30.36	

## Men 110 Meter Hurdles

MAC Record: # 14.49 1982 Mark Tankersley, Delaware Valley  
 Facility Rec: \* 14.39 5/18/2005 Justin Lindsey, Unattached  
 NCAA D3 "A": A 14.42  
 NCAA D3 "B": B 14.90  
 Meet Qualifying: 16.54

Name	Year	School	Prelims	H#
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## Preliminaries

1 Brown, Ozzie		Moravian	* 14.38Q	2
2 Laird, Bryon		Lebanon Valley	B 14.87Q	1
3 Slabek, Chris		Widener	14.94q	2
4 Tussey, Nathaniel		Moravian	15.29q	1
5 Clark, Kevin		Elizabethtown	15.41q	1
6 Steigerwalt, Chris		Widener	15.49q	1
7 Brophy, Pat		DeSales	15.49q	2
8 Ross, Brian		Susquehanna	15.53q	2
9 Breya, TJ		Juniata	15.95	2
10 Blenk, Michael		Moravian	16.38	1

Men 110 Meter Hurdles

MAC Record: # 14.49 1982 Mark Tankersley, Delaware Valley  
 Facility Rec: \* 14.39 5/18/2005 Justin Lindsey, Unattached  
 NCAA D3 "A": A 14.42  
 NCAA D3 "B": B 14.90  
 Meet Qualifying: 16.54

Name	Year	School	Finals	Points
Finals				
1 Brown, Ozzie		Moravian	14.51B	10
2 Laird, Bryon		Lebanon Valley	14.68B	8
3 Slabek, Chris		Widener	14.74B	6
4 Tussey, Nathaniel		Moravian	14.84B	5
5 Ross, Brian		Susquehanna	15.45	4
6 Clark, Kevin		Elizabethtown	15.47	3
7 Brophy, Pat		DeSales	15.61	2
8 Steigerwalt, Chris		Widener	16.19	1

Men 400 Meter Hurdles

MAC Record: # 52.18 1988 Cal Williams, Dickinson  
 Facility Rec: \* 53.90 5/18/2005 Darren DeAngelis, Elizabethtown  
 NCAA D3 "A": A 52.54  
 NCAA D3 "B": B 54.14  
 Meet Qualifying: 1:00.24

Name	Year	School	Prelims	H#
Preliminaries				
1 Wassink, Joe		Susquehanna	55.32Q	1
2 Tussey, Nathaniel		Moravian	55.53Q	2
3 Brea, TJ		Juniata	55.50q	1
4 Clark, Kevin		Elizabethtown	56.68q	2
5 McClatchy, Frank		DeSales	57.38q	1
6 Bauer, Chris		Lebanon Valley	57.96q	2
7 Donegan, Pat		Susquehanna	58.23q	1
8 Hill, Justin		Susquehanna	58.38q	2
9 Shubert, Nick		Moravian	59.18	1
10 Reighard, Eric		Susquehanna	59.82	2
11 Dos Santos, Elton		Elizabethtown	1:01.63	1

Men 400 Meter Hurdles

MAC Record: # 52.18 1988 Cal Williams, Dickinson  
 Facility Rec: \* 53.90 5/18/2005 Darren DeAngelis, Elizabethtown  
 NCAA D3 "A": A 52.54  
 NCAA D3 "B": B 54.14  
 Meet Qualifying: 1:00.24

Name	Year	School	Finals	Points
Finals				
1 Tussey, Nathaniel		Moravian	54.26	10
2 Wassink, Joe		Susquehanna	54.90	8
3 Brea, TJ		Juniata	54.95	6
4 Clark, Kevin		Elizabethtown	56.28	5
5 Bauer, Chris		Lebanon Valley	56.40	4
6 Hill, Justin		Susquehanna	58.34	3
7 Donegan, Pat		Susquehanna	58.48	2
8 McClatchy, Frank		DeSales	1:01.49	1

Men 3000 Meter Steeplechase

MAC Record: # 9:09.13 1983 Matt Leighninger, Haverford  
 Facility Rec: \* 9:52.25 5/18/2005 Keith Miller, Messiah  
 NCAA D3 "A": A 9:07.34  
 NCAA D3 "B": B 9:23.00  
 Meet Qualifying: 11:15.24

Name	Year	School	Finals	Points
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1 Hoover, Jason	Juniata	9:47.41*	10
2 Hoover, Eric	Juniata	9:47.57*	8
3 St Clair, Ryan	Elizabethtown	9:49.30*	6
4 Kaufman, Cory	Messiah	10:15.62	5
5 Rulander, Dylan	Elizabethtown	10:22.71	4
6 Lund, Myles	Elizabethtown	10:24.29	3
7 Deibler, Jentre	Susquehanna	10:29.67	2
8 Smeiles, Jeff	Messiah	10:30.44	1
9 Bailey, Matthew	Juniata	10:33.80	
10 Stone, Joshua	Messiah	10:35.60	
11 Williams, Sam	Juniata	10:40.28	
12 Galan, Eli	Lebanon Valley	10:42.19	
13 Sarno, Anthony	Moravian	10:47.57	
14 Cuga, Justin	DeSales	10:48.65	
15 Book, Trevor	Messiah	10:50.12	
16 Weber, Kevin	Delaware Valley	11:04.76	

Men 4x100 Meter Relay

MAC Record: # 41.75 1983 Susquehanna, Susquehanna  
 Facility Rec: \* 41.51 5/18/2005 Lincoln (Pa.), Lincoln (Pa.)  
 Schmader, Young, Chapman, Goldman

NCAA D3 "A": A 41.10  
 NCAA D3 "B": B 42.00

School	Prelims	H#
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Preliminaries

1 Messiah College 'A'		42.88Q	1
1) Lynch, Blake	2) Dell, Michael		
3) Kipe, Nicholas	4) Roach, Patrick		
2 Moravian College 'A'		43.26Q	2
1) Brown, Ozzie	2) Kline, Josh		
3) Bell, James	4) Shaffer, Robert		
3 Elizabethtown College 'A'		43.43Q	1
1) Farris, AJ	2) Bauer, Mike		
3) Mauger, Mike	4) Clark, Kevin		
4 Widener University 'A'		43.57Q	2
5 Susquehanna University 'A'		43.88Q	2
1) Orzolek, Jalon	2) Firth, Tyler		
3) Johnson, Eric	4) Ross, Brian		
6 Juniata College 'A'		43.89Q	2
1) Sier, Dustin	2) Breya, TJ		
3) Booth, Matthew	4) Anderson, Randy		
7 DeSales University 'A'		45.24q	2
1) Staats, Nick	2) Brophy, Pat		
3) Razler, Nick	4) Kerr, Joe		
-- Albright College 'A'		DNF	1
1) Bausch, Ryan	2) Washington-Sheldon, Jarrod		
3) Young, Austin	4) Barnes, Darrick		
-- Lebanon Valley 'A'		DNF	1
1) Light, Josh	2) Laird, Bryon		
3) Bauer, Chris	4) Cisarik, Tyler		

Men 4x100 Meter Relay

MAC Record: # 41.75 1983 Susquehanna, Susquehanna  
 Facility Rec: \* 41.51 5/18/2005 Lincoln (Pa.), Lincoln (Pa.)  
 Schmader, Young, Chapman, Goldman

NCAA D3 "A": A 41.10  
 NCAA D3 "B": B 42.00

School	Finals	Points
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Finals

1 Elizabethtown College 'A'		42.38	10
1) Farris, AJ	2) Bauer, Mike		
3) Mauger, Mike	4) Clark, Kevin		
2 Messiah College 'A'		43.13	8
3 Juniata College 'A'		43.80	6
1) Sier, Dustin	2) Breya, TJ		
3) Booth, Matthew	4) Anderson, Randy		



4	Susquehanna University	'A'		43.82	5
5	Widener University	'A'		44.30	4
6	DeSales University	'A'		45.56	3
	1) Staats, Nick		2) Brophy, Pat		
	3) Razler, Nick		4) Kerr, Joe		
--	Moravian College	'A'			DNF

#### Men 4x400 Meter Relay

MAC Record: # 3:15.62 1982 Delaware Valley, Delaware Valley  
 Facility Rec: \* 3:16.25 5/18/2005 Elizabethtown, Elizabethtown  
 DeAngelis, Evensen, Bauer, Graybeal

NCAA D3 "A": A 3:13.00

NCAA D3 "B": B 3:17.00

School	Finals	H#	Points
1 Elizabethtown College 'A'	3:18.04	2	10
1) Clark, Kevin			
3) Graybeal, Drew			
2) Grimm, Kyle			
4) Kamery, Jason			
2 Susquehanna University 'A'	3:20.90	2	8
1) Kunhardt, Jon			
3) Hill, Justin			
2) Johnson, Eric			
4) Wassink, Joe			
3 Messiah College 'A'	3:23.23	2	6
1) Dell, Michael			
3) Bofinger, Eric			
2) Hager, Patrick			
4) Roach, Patrick			
4 DeSales University 'A'	3:24.03	2	5
1) Naimo, Anthony			
3) Hess, Pat			
2) McClatchy, Frank			
4) Deas, John			
5 Lebanon Valley 'A'	3:29.29	1	4
1) Hutchinson, Justin			
3) Cisarik, Tyler			
2) Bauer, Chris			
4) Devine, Adam			
6 Juniata College 'A'	3:29.46	2	3
1) Brea, TJ			
3) Hoover, Eric			
2) Rudolph, Tripp			
4) Rumery, Shawn			
7 Widener University 'A'	3:32.21	1	2
8 Albright College 'A'	3:32.58	1	1
1) Bausch, Ryan			
3) Young, Austin			
2) Kenney, Robert			
4) Barnes, Darrick			
9 Delaware Valley College 'A'	3:47.72	1	

#### Men High Jump

MAC Record: # 6-10 2001 Chris Boyles, Messiah  
 Facility Rec: \* 2.04m 5/18/2005 Tim Bowser, Rowan  
 NCAA D3 "A": A 2.11m  
 NCAA D3 "B": B 2.02m  
 Meet Qualifying: 1.83m

Name	Year	School	Finals	Points
1 Marr, Mike		Susquehanna	2.05m*	6-08.75 10
2 Brown, Ozzie		Moravian	1.93m	6-04.00 8
3 Smith, Josh		Susquehanna	1.88m	6-02.00 6
4 Kelly, Joe		Widener	J1.83m	6-00.00 5
5 Kipe, Nicholas		Messiah	J1.83m	6-00.00 3
6 Blenk, Michael		Moravian	J1.83m	6-00.00 4
7 Morse, Jeremy		DeSales	1.78m	5-10.00 2

#### Men Pole Vault

MAC Record: # 4.90m 2006 Kevin Clark, Elizabethtown  
 Facility Rec: \* 4.60m 5/18/2005 Kevin Clark, Elizabethtown  
 NCAA D3 "A": A 5.03m  
 NCAA D3 "B": B 4.70m  
 Meet Qualifying: 3.51m

Name	Year	School	Finals	Points
1 Clark, Kevin		Elizabethtown	4.71mB	15-05.50 10
2 Lehr, DJ		Elizabethtown	J4.71mB	15-05.50 8
3 Klick, Kevin		Widener	4.41m	14-05.50 6
4 Fatzinger, Allan		Moravian	3.96m	12-11.75 4.5

4 Woods, Alan	Moravian	3.96m	12-11.75	4.5
6 Staats, Nick	DeSales	J3.96m	12-11.75	3
7 Anderson, Kevin	DeSales	3.81m	12-06.00	1.5
7 Murphy, Brian	Elizabethtown	3.81m	12-06.00	1.5
9 Zempel, Trent	Messiah	J3.81m	12-06.00	
-- Protesto, Jack	Widener	NH		
-- Calvo, John	Susquehanna	NH		

Men Long Jump

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 MAC Record: # 24-03 1989 Dan Reichenbach, Moravian  
 Facility Rec: \* 7.12m 5/18/2005 Mike Bauer, Elizabethtown  
 NCAA D3 "A": A 7.30m  
 NCAA D3 "B": B 7.03m  
 Meet Qualifying: 6.20m

Name	Year	School	Finals	Points
1 Brown, Ozzie		Moravian	7.11mB 23-04.00	10
2 Clark, Kevin		Elizabethtown	6.76m 22-02.25	8
3 Booth, Matthew		Juniata	6.73m 22-01.00	6
4 Kipe, Nicholas		Messiah	6.55m 21-06.00	5
5 Blenk, Michael		Moravian	6.41m 21-00.50	4
6 Smith, Josh		Susquehanna	6.24m 20-05.75	3
7 Dell, Michael		Messiah	6.13m 20-01.50	2
8 Semanchik, Steve		Susquehanna	6.03m 19-09.50	1
9 Klees, Evan		DeSales	5.97m 19-07.00	
10 Ross, Brian		Susquehanna	5.85m 19-02.50	

Men Triple Jump

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 MAC Record: # 50-01.50 1975 Mike Williams, Widener  
 Facility Rec: \* 14.53m 4/3/2004 Jason Patterson, Elizabethtown  
 NCAA D3 "A": A 14.80m  
 NCAA D3 "B": B 14.10m  
 Meet Qualifying: 12.50m

Name	Year	School	Finals	Points
1 Kipe, Nicholas		Messiah	14.15mB 46-05.25	10
2 Smith, Josh		Susquehanna	13.83m 45-04.50	8
3 Booth, Matthew		Juniata	13.45m 44-01.50	6
4 Marr, Mike		Susquehanna	13.16m 43-02.25	5
5 Blenk, Michael		Moravian	12.97m 42-06.75	4
6 Keating, Pat		Susquehanna	12.79m 41-11.50	3
7 Semanchik, Steve		Susquehanna	12.78m 41-11.25	2
8 Brown, Jason		Messiah	12.37m 40-07.00	1
9 Bausch, Ryan		Albright	12.32m 40-05.00	

Men Shot Put

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 MAC Record: # 55-01 1973 Odd Haugen, Western Maryland  
 Facility Rec: \* 14.37m 5/18/2005 Glenn Cain, Gettysburg  
 NCAA D3 "A": A 17.25m  
 NCAA D3 "B": B 15.55m  
 Meet Qualifying: 11.59m

Name	Year	School	Finals	Points
1 Orfanella, Nick		Lebanon Valley	14.90m* 48-10.75	10
2 Maginnis, Blair		Moravian	14.59m* 47-10.50	8
3 Dutile, Nathaniel		Moravian	14.18m 46-06.25	6
4 Poust, Mike		Widener	14.05m 46-01.25	5
5 Robinson, Matt		Albright	14.02m 46-00.00	4
6 Gigliotti, Gabe		DeSales	13.89m 45-07.00	3
7 Dell, Michael		Messiah	13.66m 44-09.75	2
8 Jones, Tyler		Widener	13.48m 44-02.75	1
9 Keating, Pat		Susquehanna	13.46m 44-02.00	
10 Modrow, Steve		DeSales	12.66m 41-06.50	
11 Plummer, Justin		Albright	12.43m 40-09.50	
12 Woodley, James		Widener	12.11m 39-08.75	
13 Mudgett, Justin		Susquehanna	12.10m 39-08.50	
-- Mazur, Kyle		Juniata	FOUL	



10 Modrow, Steve	DeSales	49.36m	161-11
11 Kolak, Chris	Susquehanna	48.56m	159-04
12 Healey, Shaun	Elizabethtown	46.38m	152-02
13 Alder, Phil	Elizabethtown	45.24m	148-05
14 Murphy, Brian	Elizabethtown	44.62m	146-05
15 Del Piano, Justin	DeSales	43.86m	143-11
16 Toohey, Shane	Delaware Valley	43.00m	141-01

Men Decathlon

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 MAC Record: # 6339 2003 Dusty Lehr, Juniata  
 Facility Rec: \* 4140 4/2/2005 Scott Haldeman, Susquehanna  
 NCAA D3 "A": A 6600  
 NCAA D3 "B": B 6000

Name	Year School	Finals	Points
1 Dell, Michael	Messiah	5971*	10
2 Steigerwalt, Chris	Widener	5700*	8
3 Blenk, Michael	Moravian	5567*	6
4 Del Piano, Justin	DeSales	5386*	5
5 Alder, Phil	Elizabethtown	5002*	4
6 Brown, Jason	Messiah	4868*	3
7 Murphy, Brian	Elizabethtown	4699*	2
8 Church, Matthew	Widener	4211*	1
9 Uhland, Kevin	Lebanon Valley	4094	
10 Young, Andrew	Lebanon Valley	3129	

Women - Team Rankings - 21 Events Scored

1) Messiah College	200	2) Moravian College	166.50
3) Elizabethtown College	108	4) Susquehanna University	105.50
5) Juniata College	81	6) Widener University	76
7) DeSales University	52	8) Albright College	13
9) Delaware Valley College	10	10) Lebanon Valley	6

Men - Team Rankings - 21 Events Scored

1) Elizabethtown College	174.50	2) Moravian College	142
3) Messiah College	128	4) Susquehanna University	97
5) Widener University	75	6) Juniata College	67
7) DeSales University	66.50	8) Lebanon Valley	57
9) Albright College	7		