

Licensed to Elizabethtown College HY-TEK's Meet Manager 5/5/2012 04:58 PM
 2012 MAC Outdoor Championships - 5/3/2012 to 5/5/2012
 Elizabethtown College, Elizabethtown, Pa.
 Results

Event 1 Men Decathlon

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MAC: M		6339	2003	Dusty Lehr, Juniata		
E-town Track: E		5971	5/4/2007	Michael Dell, Messiah		
Name	Year	School	Seed	Finals	Points	
=====						
Finals						
1	Brian Layng	SO Elizabethtow	5749	6058E	10	
2	Lee Orzol	FR DeSales	5234	5857	8	
3	Clark Runciman	JR Albright	5023	5820	6	
4	Drew Engle	FR Messiah	5459	5805	5	
5	Richard Pennisi	SR Messiah	5123	5305	4	
6	Dennis Nguyen	SO Widener		5106	3	
7	Kal McCloskey	FR Widener		5044	2	
8	Kevin Greene	JR Lebanon Vall	4690	4992	1	
9	Joseph Bayona	FR Elizabethtow		4011		
10	Jesse Ware	SO Delaware Val	3457	3829		

Event 1 Decathlon: #1 Men 100 Meter Dash Decathlon

=====						
Name	Year	School	Finals	Wind	H#	Points
=====						
1	Lee Orzol	FR DeSales	11.51	1.3	1	750
2	Drew Engle	FR Messiah	11.58	1.3	1	736
3	Brian Layng	SO Elizabethtow	11.76	2.1	2	699
4	Kevin Greene	JR Lebanon Vall	11.77	2.1	2	697
5	Dennis Nguyen	SO Widener	11.85	2.1	2	681
6	Richard Pennisi	SR Messiah	12.00	2.1	2	651
7	Kal McCloskey	FR Widener	12.01	1.3	1	649
8	Clark Runciman	JR Albright	12.15	1.3	1	622
9	Joseph Bayona	FR Elizabethtow	12.34	1.3	1	586
10	Jesse Ware	SO Delaware Val	12.73	2.1	2	515

Event 1 Decathlon: #2 Men Long Jump Decathlon

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Name	Year	School	Finals	Wind		Points
=====						
1	Drew Engle	FR Messiah	6.43m	-0.3	21-01.25	682
	6.27m(-1.1)	6.43m(-0.3)	PASS			
2	Lee Orzol	FR DeSales	6.15m	-0.8	20-02.25	619
	6.08m(+0.0)	6.15m(-0.8)	6.03m(-0.4)			
3	Brian Layng	SO Elizabethtow	6.13m	+0.0	20-01.50	615
	5.85m(+0.0)	6.13m(+0.0)	6.06m(-2.1)			
4	Dennis Nguyen	SO Widener	5.92m	0.9	19-05.25	569
	FOUL(+0.0)	5.92m(0.9)	5.51m(-1.7)			
5	Clark Runciman	JR Albright	5.80m	+0.0	19-00.50	544
	5.72m(-0.2)	5.80m(+0.0)	5.49m(+0.0)			
6	Richard Pennisi	SR Messiah	5.70m	-2.0	18-08.50	523
	5.47m(+0.0)	5.70m(-2.0)	5.41m(-1.1)			
7	Kal McCloskey	FR Widener	5.61m	-1.2	18-05.00	504
	5.61m(-1.2)	5.47m(+0.0)	5.29m(-0.7)			
8	Kevin Greene	JR Lebanon Vall	5.19m	-1.6	17-00.50	419
	5.15m(0.1)	4.98m(-1.0)	5.19m(-1.6)			
9	Joseph Bayona	FR Elizabethtow	5.10m	+0.0	16-08.75	402
	4.60m(+0.0)	5.10m(+0.0)	5.08m(-1.3)			
10	Jesse Ware	SO Delaware Val	5.04m	-1.9	16-06.50	390
	4.96m(-1.1)	5.04m(-1.9)	4.93m(-0.8)			

Event 1 Decathlon: #3 Men Shot Put Decathlon

=====						
Name	Year	School	Finals		Points	
=====						
1	Jesse Ware	SO Delaware Val	11.78m	38-07.75	593	
	11.78m	FOUL	FOUL			
2	Clark Runciman	JR Albright	11.38m	37-04.00	569	
	8.96m	11.38m	FOUL			

3	Kevin Greene	JR Lebanon Vall	11.16m	36-07.50	556
	9.84m 11.16m FOUL				
4	Kal McCloskey	FR Widener	10.92m	35-10.00	541
	FOUL 10.92m FOUL				
5	Brian Layng	SO Elizabethtow	10.78m	35-04.50	533
	9.40m 10.78m FOUL				
6	Lee Orzol	FR DeSales	9.40m	30-10.25	450
	9.40m 9.22m 9.34m				
7	Drew Engle	FR Messiah	9.22m	30-03.00	439
	8.78m 8.78m 9.22m				
8	Dennis Nguyen	SO Widener	8.92m	29-03.25	421
	FOUL 8.34m 8.92m				
9	Richard Pennisi	SR Messiah	8.34m	27-04.50	386
	8.04m FOUL 8.34m				
10	Joseph Bayona	FR Elizabethtow	7.30m	23-11.50	325
	7.00m 7.30m 7.04m				

Event 1 Decathlon: #4 Men High Jump Decathlon

Name	Year	School	Finals												Points		
1	Clark Runciman	JR Albright	1.79m	5-10.50	619												
	1.34 1.37 1.37 1.40 1.43	1.46 1.49 1.52 1.55 1.58	1.61 1.64 1.67 1.70	1.73 1.76 1.79 1.82													
	P P P P P	P P P P P	O O O O O	O O O O O	XX												
2	Lee Orzol	FR DeSales	1.73m	5-08.00	569												
	1.34 1.37 1.37 1.40 1.43	1.46 1.49 1.52 1.55 1.58	1.61 1.64 1.67 1.70	1.73 1.76													
	P P P P P	P P P P P	O P O P XO	XXO XXX													
2	Richard Pennisi	SR Messiah	1.73m	5-08.00	569												
	1.34 1.37 1.37 1.40 1.43	1.46 1.49 1.52 1.55 1.58	1.61 1.64 1.67 1.70	1.73 1.76													
	P P P P P	P P P P P	O P O XO XO	XXO XXX													
2	Brian Layng	SO Elizabethtow	1.73m	5-08.00	569												
	1.34 1.37 1.37 1.40 1.43	1.46 1.49 1.52 1.55 1.58	1.61 1.64 1.67 1.70	1.73 1.76													
	P P P P P	P P P P P	O O O O O	O XXX													
5	Drew Engle	FR Messiah	1.70m	5-07.00	544												
	1.34 1.37 1.37 1.40 1.43	1.46 1.49 1.52 1.55 1.58	1.61 1.64 1.67 1.70	1.73													
	P P P P P	P P P O P	XO O O XO	XXX													
6	Kevin Greene	JR Lebanon Vall	1.64m	5-04.50	496												
	1.34 1.37 1.37 1.40 1.43	1.46 1.49 1.52 1.55 1.58	1.61 1.64 1.67														
	P P P P P	P P XO O XO	XO XXO XXX														
6	Dennis Nguyen	SO Widener	1.64m	5-04.50	496												
	1.34 1.37 1.37 1.40 1.43	1.46 1.49 1.52 1.55 1.58	1.61 1.64 1.67														
	P P P P P	P P P O P	XXO O XXX														
8	Kal McCloskey	FR Widener	1.55m	5-01.00	426												
	1.34 1.37 1.37 1.40 1.43	1.46 1.49 1.52 1.55 1.58	1.61														
	P P P P P	P O P O P	XXX														
9	Jesse Ware	SO Delaware Val	1.37m	4-06.00	297												
	1.34 1.37 1.37																
	P XXX XXX																
9	Joseph Bayona	FR Elizabethtow	1.37m	4-06.00	297												
	1.34 1.37 1.37																
	XXO XXX XXX																

Event 1 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year	School	Finals	H#	Points
1	Brian Layng	SO Elizabethtow	51.06	1	766
2	Drew Engle	FR Messiah	51.75	1	736
3	Lee Orzol	FR DeSales	51.95	2	727
4	Richard Pennisi	SR Messiah	54.46	2	621
5	Clark Runciman	JR Albright	54.66	1	613
6	Dennis Nguyen	SO Widener	54.83	2	606
7	Kevin Greene	JR Lebanon Vall	55.89	1	564
8	Joseph Bayona	FR Elizabethtow	55.97	1	560
9	Kal McCloskey	FR Widener	56.02	2	558
10	Jesse Ware	SO Delaware Val	59.84	2	419

Event 1 Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year	School	Finals	Wind	H#	Points
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1	Brian Layng	SO Elizabethtow	16.47	-0.4	2	681
2	Lee Orzol	FR DeSales	16.92	-0.7	3	633
3	Richard Pennisi	SR Messiah	17.68	-0.7	3	555
4	Drew Engle	FR Messiah	17.84	-0.4	2	540
5	Kevin Greene	JR Lebanon Vall	18.06	-0.3	1	518
6	Kal McCloskey	FR Widener	18.07	-0.3	1	517
7	Clark Runciman	JR Albright	18.46	-0.3	1	481
8	Dennis Nguyen	SO Widener	19.25	-0.4	2	411
9	Jesse Ware	SO Delaware Val	21.35	-0.4	2	250
10	Joseph Bayona	FR Elizabethtow	22.03	-0.7	3	207

Event 1 Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points
1	Clark Runciman JR Albright	35.09m	115-01 565
	31.04m 35.09m 34.29m		
2	Brian Layng SO Elizabethtow	34.47m	113-01 553
	30.99m 34.47m 33.28m		
3	Kevin Greene JR Lebanon Vall	33.37m	109-06 531
	28.60m 33.37m 32.63m		
4	Jesse Ware SO Delaware Val	30.73m	100-10 479
	30.73m 29.48m FOUL		
5	Dennis Nguyen SO Widener	29.47m	96-08 454
	26.40m 29.47m FOUL		
6	Richard Pennisi SR Messiah	26.87m	88-02 403
	26.22m 26.87m 26.66m		
7	Kal McCloskey FR Widener	26.38m	86-06 394
	FOUL 26.38m FOUL		
8	Drew Engle FR Messiah	25.78m	84-07 382
	23.21m 25.62m 25.78m		
9	Lee Orzol FR DeSales	24.10m	79-01 350
	24.10m 22.47m PASS		
10	Joseph Bayona FR Elizabethtow	22.45m	73-08 318
	22.45m FOUL 19.69m		

Event 1 Decathlon: #8 Men Pole Vault Decathlon

Name	Year School	Finals	Points
1	Drew Engle FR Messiah	4.25m 13-11.25	688
	2.25 2.35 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35		
	P P P P P P P P P P P P P P O P P O XXX		
1	Lee Orzol FR DeSales	4.25m 13-11.25	688
	2.25 2.35 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35		
	P P P P P P P P P O P P O P P XO O O XXO XXX		
1	Clark Runciman JR Albright	4.25m 13-11.25	688
	2.25 2.35 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35		
	P P P P P P P P P P P P P P O P P XO O XXX		
4	Dennis Nguyen SO Widener	4.15m 13-07.25	659
	2.25 2.35 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25		
	P P P P P P P P P P P P P P O P P XXO XX		
5	Brian Layng SO Elizabethtow	3.85m 12-07.50	576
	2.25 2.35 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95		
	P P P P P P P P P O O O O XXO XXO XXX		
5	Richard Pennisi SR Messiah	3.85m 12-07.50	576
	2.25 2.35 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95		
	P P P P P P P P P P P P XO P XXO XXX		
7	Joseph Bayona FR Elizabethtow	3.45m 11-03.75	469
	2.25 2.35 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55		
	P P P P P O O O O XXO XXX		
8	Kevin Greene JR Lebanon Vall	3.25m 10-08.00	418
	2.25 2.35 2.75 2.85 2.95 3.05 3.15 3.25 3.35		
	P P P P O P O XXO XXX		
9	Kal McCloskey FR Widener	2.95m 9-08.00	345
	2.25 2.35 2.75 2.85 2.95 3.05		
	P O XXO O O XXX		
10	Jesse Ware SO Delaware Val	2.25m 7-04.50	189
	2.25 2.35		
	XO XXX		

Event 1 Decathlon: #9 Men Javelin Throw Decathlon

Name	Year School	Finals	Points
1 Clark Runciman 53.52m FOUL 49.40m	JR Albright	53.52m	175-07 641
2 Kal McCloskey 50.26m 47.50m FOUL	FR Widener	50.26m	164-11 592
3 Lee Orzol 42.50m FOUL 39.46m	FR DeSales	42.50m	139-05 478
4 Dennis Nguyen 41.42m 37.83m 40.40m	SO Widener	41.42m	135-11 463
5 Kevin Greene FOUL 40.52m 40.82m	JR Lebanon Vall	40.82m	133-11 454
6 Jesse Ware 37.17m 39.18m 40.51m	SO Delaware Val	40.51m	132-11 450
7 Brian Layng 39.50m PASS 38.85m	SO Elizabethtow	39.50m	129-07 435
8 Drew Engle FOUL FOUL 36.75m	FR Messiah	36.75m	120-07 395
9 Richard Pennisi FOUL 33.47m 35.75m	SR Messiah	35.75m	117-03 381
10 Joseph Bayona 28.11m FOUL 27.31m	FR Elizabethtow	28.11m	92-03 273

Event 1 Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year School	Finals	Points
1 Drew Engle	FR Messiah	4:42.77	663
2 Richard Pennisi	SR Messiah	4:46.44	640
3 Brian Layng	SO Elizabethtow	4:48.00	631
4 Lee Orzol	FR DeSales	4:54.28	593
5 Joseph Bayona	FR Elizabethtow	4:57.59	574
6 Kal McCloskey	FR Widener	5:07.34	518
7 Clark Runciman	JR Albright	5:14.80	478
8 Dennis Nguyen	SO Widener	5:41.16	346
9 Kevin Greene	JR Lebanon Vall	5:42.75	339
10 Jesse Ware	SO Delaware Val	6:04.35	247

Event 4 Men 4x800 Meter Relay

School	Seed	Finals	Points
1 Elizabethtown 'A' 1) Mark Weber SR 3) Eric Reichert SR	7:56.65	7:41.21M	10
2 Messiah 'A' 1) Eric Witmer FR 3) Scott Woolford SR	7:58.92	7:50.09E	8
3 DeSales 'A' 1) Dave Dusza SO 3) Nate Noll FR	8:12.96	7:54.10E	6
4 Widener 'A' 1) Jihad Jasper FR 3) Jordan Stephney FR	8:00.01	8:01.47E	5
5 Misericordia 'A' 1) Johnny Gibbons JR 3) Jarrett Higley FR	7:58.15	8:05.06	4
6 Lebanon Valley 'A' 1) Nicholas D'Angelo SR 3) Courtland Hoose SR	7:54.45	8:34.10	3
7 Albright 'A' 1) George Cook SR 3) Samuel Marcotte SO		8:49.80	2
8 Alvernia 'A' 1) Zachary Wilson FR 3) Edward Cadman FR		9:28.01	1

Event 6 Men 10000 Meter Run

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MAC: M 30:16.14		2005	Macharia Yuot, Widener			
E-town Track: E 31:43.17		5/3/2007	Frank Eanes, Messiah			
Name	Year	School	Seed	Finals	Points	
=====						
1	Charlie Schindler	JR Widener	35:00.52	32:31.06	10	
2	Matthew Herring	SR Messiah	32:15.89	32:35.52	8	
3	Evan DeArmitt	SR Elizabethtow	35:32.30	32:40.22	6	
4	Stephen Welsh	SO Elizabethtow		33:00.38	5	
5	Zach Hoagland	SR Messiah	32:25.40	33:11.60	4	
6	Charlie Larsen	JR Elizabethtow	35:23.24	33:13.35	3	
7	Daniel Herring	SR Messiah	33:16.91	33:17.78	2	
8	Andrew Springer	SR Messiah	32:18.93	33:40.74	1	
9	Nick Chekas	FR Widener	35:51.41	34:19.90		
10	Dan Beck	SO DeSales	34:22.90	34:27.59		
11	Alex Clemson	SR DeSales	34:43.75	34:27.64		
12	Seamus Morgan	FR Widener	35:07.02	35:48.99		
13	Kyle Brogan	JR Widener	35:15.02	35:51.34		
14	Ryan Guth	SO DeSales	35:28.11	35:58.53		
--	Gabriel Lincoln-De	SR Lebanon Vall	34:47.00	DNF		
--	Andrew McMillan	SO Delaware Val	35:49.33	DNF		
--	Mike Szarkowicz	SR Manhattanvil	35:37.31	DNF		
--	Ben Smith	SO Manhattanvil	35:46.06	DNF		

Event 8 Men Pole Vault

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MAC: M 4.90m		2006	Kevin Clark, Elizabethtown				
E-town Track: E 16-00.75		4/15/2008	Kevin Clark, Elizabethtown				
Name	Year	School	Seed	Finals	Points		
=====							
1	Mick Coleman	SO Widener	4.65m	4.40m	14-05.25	10	
	3.35 3.50 3.65 3.80	3.95 4.10 4.25 4.40	4.55				
	P P P P	P P O O	XXX				
2	Kevin Brady	SO Elizabethtow	4.50m	J4.40m	14-05.25	8	
	3.35 3.50 3.65 3.80	3.95 4.10 4.25 4.40	4.55				
	P P P P	P XO XXO O	XXX				
3	Colin Reisler	JR Messiah	4.30m	4.25m	13-11.25	5.50	
	3.35 3.50 3.65 3.80	3.95 4.10 4.25 4.40					
	P P P P	P O O	XXX				
3	Drew Engle	FR Messiah	4.45m	4.25m	13-11.25	5.50	
	3.35 3.50 3.65 3.80	3.95 4.10 4.25 4.40					
	P P P P	O O O	XXX				
5	Andrew Martin	FR Alvernia	4.27m	J4.25m	13-11.25	4	
	3.35 3.50 3.65 3.80	3.95 4.10 4.25 4.40					
	P P P P	XXO O XO	XXX				
6	Dominic DiAngelis	FR Lebanon Vall	4.00m	4.10m	13-05.25	3	
	3.35 3.50 3.65 3.80	3.95 4.10 4.25					
	P P O O	XO O	XXX				
7	Matt Cross	SR Messiah	4.30m	J4.10m	13-05.25	2	
	3.35 3.50 3.65 3.80	3.95 4.10 4.25					
	P P P P	XXO O	XXX				
8	Clark Runciman	JR Albright	4.25m	J4.10m	13-05.25	0.50	
	3.35 3.50 3.65 3.80	3.95 4.10 4.25					
	P P P P	O XO X					
8	Dennis Nguyen	SO Widener	4.40m	J4.10m	13-05.25	0.50	
	3.35 3.50 3.65 3.80	3.95 4.10 4.25					
	P P P P	P XO	XXX				
10	Adam Mathias	SO DeSales	4.15m	J4.10m	13-05.25		
	3.35 3.50 3.65 3.80	3.95 4.10 4.25					
	P P P O	O XXO	XXX				
10	Lee Orzol	FR DeSales	4.15m	J4.10m	13-05.25		
	3.35 3.50 3.65 3.80	3.95 4.10 4.25					
	P P P O	O XXO	XXX				
12	Deryk Gingrich	SO Lebanon Vall	4.15m	J4.10m	13-05.25		
	3.35 3.50 3.65 3.80	3.95 4.10 4.25					
	P P P O	XO XXO	XXX				
13	Zack Conner	FR Widener	4.10m	3.95m	12-11.50		
	3.35 3.50 3.65 3.80	3.95 4.10					
	P P P P	XO XX					

14	Richard Pennisi	SR Messiah	3.95m	3.80m	12-05.50
	3.35 3.50 3.65 3.80 3.95				
	P P O XXO XXX				
15	Chris Vasaturo	SR Messiah	3.84m	3.65m	11-11.75
	3.35 3.50 3.65 3.80				
	P P XXO XXX				
16	Clayton Courter	SO Albright	3.51m	3.50m	11-05.75
	3.35 3.50 3.65				
	O XXO XXX				

Event 9 Men High Jump

MAC: M 6-10 2001		Chris Boyles, Messiah		
E-town Track: E 6-08.75 5/4/2007		Mike Marr, Susquehanna		
Name	Year School	Seed	Finals	Points
1	Brian Nerney JR Alvernia	2.02m	1.98m	6-06.00 10
	1.68 1.73 1.78 1.83 1.88 1.93 1.98 2.05			
	P P P P O O O XXX			
2	Cameron Aregood JR Elizabethtow	1.85m	1.93m	6-04.00 8
	1.68 1.73 1.78 1.83 1.88 1.93 1.98			
	P P O O O XO XXX			
3	Neal Fox JR DeSales	1.88m	1.88m	6-02.00 6
	1.68 1.73 1.78 1.83 1.88 1.93			
	P O O O XXO XXX			
4	Cameron Blackwell FR Albright	1.77m	1.83m	6-00.00 5
	1.68 1.73 1.78 1.83 1.88			
	P O XO O XXX			
5	Andrew MacNiven SR DeSales	1.90m	J1.83m	6-00.00 4
	1.68 1.73 1.78 1.83 1.88			
	P XO O XO XXX			
6	Abdul Bangura FR Widener	1.80m	1.78m	5-10.00 3
	1.68 1.73 1.78 1.83			
	P P O XXX			
7	David Garrison SR Manhattanvil	1.88m	J1.78m	5-10.00 1.50
	1.68 1.73 1.78 1.83			
	O XXO XXO XXX			
7	Lee Orzol FR DeSales	1.77m	J1.78m	5-10.00 1.50
	1.68 1.73 1.78 1.83			
	XXO XXO XXO X			
9	Seth Umbenhauer JR Messiah	1.76m	1.73m	5-08.00
	1.68 1.73 1.78			
	O O XXX			

Event 11 Men 3000 Meter Steeplechase

MAC: M 9:09.13 1983		Matt Leighninger, Haverford		
E-town Track: E 9:47.02 5/1/2009		Cory Kaufman, Messiah		
Name	Year School	Seed	Finals	Points
1	Andrew Goelz FR Lebanon Vall	9:40.96	9:41.42E	10
2	Michael Quinn SO Widener	10:20.59	9:47.09	8
3	Eric Reichert SR Elizabethtow	9:53.20	9:53.13	6
4	Mike Garrity SR Widener	10:20.23	9:53.27	5
5	Chris Garrity FR Widener	10:20.21	10:01.84	4
6	Dan Szilagyi SR DeSales	10:19.79	10:06.19	3
7	Nathan Myers SR Messiah	10:31.14	10:10.16	2
8	Ryan Harrigan FR Widener	10:32.51	10:16.07	1
9	Andrew Springer SR Messiah	10:05.37	10:18.67	
10	Joe Todaro FR DeSales	10:21.63	10:18.69	
11	Caleb Liddick SR Messiah	10:09.96	10:23.84	
12	Jason Caporale FR Widener	10:25.97	10:25.54	
13	Ricky Sturz FR Elizabethtow	10:26.51	10:41.89	
14	Matt Lykens SR DeSales	10:41.10	10:44.48	
15	Brian Panella JR DeSales	10:43.68	10:54.89	
16	Tim Haines SO DeSales	10:38.91	11:02.10	

Event 13 Men Discus Throw

MAC: M 169-07 1973		Knut Hjeltness, Western Maryland	
E-town Track: E 160-09 5/18/2005		Tom Reynolds, Haverford	

Name	Year	School	Seed	Finals	Points
1	Trevor Stutzman	FR Messiah	46.36m	45.55m	149-05 10
	45.23m 45.55m 44.07m 45.46m 43.16m 44.50m				
2	Fred Fulton	FR Messiah	43.08m	45.29m	148-07 8
	43.55m 39.98m FOUL 45.29m FOUL 41.20m				
3	Mike Recla	FR Widener	45.94m	43.24m	141-10 6
	36.15m 40.28m 42.92m 43.24m 41.01m FOUL				
4	Kris Martin	FR Widener	43.15m	43.07m	141-04 5
	41.33m 39.78m 42.53m 43.07m 42.20m 42.77m				
5	Tyler Williams	FR Widener	45.04m	42.05m	137-11 4
	42.05m 42.03m FOUL FOUL FOUL FOUL				
6	Dane Canonico	JR Albright	42.92m	42.04m	137-11 3
	34.57m 38.82m 40.03m 42.04m 39.01m 40.72m				
7	Joe Doran	FR Widener	44.10m	41.96m	137-08 2
	FOUL 40.69m 34.85m 41.96m 40.15m 41.11m				
8	Angelo Cook	FR DeSales	37.91m	39.08m	128-02 1
	34.57m 38.42m 39.08m 37.99m 38.89m FOUL				
9	Justin Kulhamer	FR DeSales	38.68m	39.03m	128-01
	FOUL 38.64m 39.03m FOUL 38.74m FOUL				
10	Malcolm Bell	FR Widener	41.50m	38.29m	125-07
	FOUL FOUL 38.29m				
11	Angel Guzman	FR Misericordia	40.93m	38.18m	125-03
	FOUL FOUL 38.18m				
12	Ed Maloney	JR Widener	38.93m	37.80m	124-00
	37.80m 35.86m FOUL				
13	Lucas Dayhoff	SO Elizabethtow	37.09m	37.70m	123-08
	34.03m FOUL 37.70m				
14	Matthew Hladchuk	SO Widener	37.19m	36.67m	120-04
	FOUL FOUL 36.67m				
15	Joe Ardo	JR Misericordia	37.40m	36.62m	120-02
	32.15m FOUL 36.62m				
16	Blake Maurer	SO Messiah	35.08m	36.55m	119-11
	FOUL 36.55m FOUL				
17	Anthony Green	FR Widener	35.92m	36.48m	119-08
	35.24m FOUL 36.48m				
18	Hank Miller	SR DeSales	47.11m	36.02m	118-02
	36.02m FOUL FOUL				
19	Daniel Obold	SR Elizabethtow	36.53m	35.40m	116-02
	34.59m 30.80m 35.40m				
20	Dillon Emery	SO Alvernia	35.98m	34.88m	114-05
	FOUL 34.88m 33.53m				
--	Robert Baldwin	JR Albright	35.51m	FOUL	
	FOUL FOUL FOUL				
--	Chase Thomson	SR Misericordia	36.09m	FOUL	
	FOUL FOUL FOUL				

Event 16 Men Shot Put

Name	Year	School	Seed	Finals	Points
1	Fred Fulton	FR Messiah	16.18m	17.03m	55-10.50 10
	15.96m 15.38m FOUL 16.07m 17.03m FOUL				
2	Mike Recla	FR Widener	15.80m	15.14m	49-08.25 8
	13.66m 14.99m 15.14m FOUL FOUL FOUL				
3	Trevor Stutzman	FR Messiah	15.70m	15.00m	49-02.50 6
	FOUL 13.64m 14.35m 15.00m 14.35m FOUL				
4	Dane Canonico	JR Albright	15.15m	14.91m	48-11.00 5
	14.74m 14.91m FOUL FOUL FOUL 13.75m				
5	Anthony Green	FR Widener	14.23m	14.44m	47-04.50 4
	14.16m 13.31m FOUL 13.07m 13.41m 14.44m				
6	Jordan Gilbert	SR Albright	13.05m	13.87m	45-06.25 3
	12.31m 13.35m 12.99m 13.87m FOUL 12.46m				
7	Joe Ardo	JR Misericordia	14.17m	13.80m	45-03.50 2
	13.31m FOUL 13.52m FOUL 13.80m FOUL				
8	Lucas Dayhoff	SO Elizabethtow	14.77m	13.80m	45-03.50 1
	FOUL FOUL 13.80m FOUL 13.52m FOUL				
9	John Langton	JR DeSales	14.25m	13.65m	44-09.50
	13.10m FOUL 13.65m FOUL FOUL 13.46m				

10	Tyler Williams	FR Widener	12.77m	13.15m	43-01.75
	13.11m 13.15m 13.14m				
11	Joe Doran	FR Widener	13.58m	13.04m	42-09.50
	11.75m 12.91m 13.04m				
12	Kris Martin	FR Widener	13.33m	12.83m	42-01.25
	12.83m 12.80m FOUL				
13	Steffen Gonzalez	SO Albright	12.92m	12.60m	41-04.25
	12.60m 12.00m 12.11m				
14	Justin Kulhamer	FR DeSales	13.32m	12.49m	40-11.75
	FOUL FOUL 12.49m				
15	James Terris	JR Delaware Val	12.69m	12.47m	40-11.00
	12.47m FOUL FOUL				
16	Hank Miller	SR DeSales	13.73m	12.43m	40-09.50
	12.43m FOUL FOUL				
17	Chase Thomson	SR Misericordia	11.77m	11.77m	38-07.50
	11.22m 11.77m FOUL				
18	Joel Rosenberg	FR Manhattanvil	12.06m	11.70m	38-04.75
	10.58m 11.15m 11.70m				
19	Daniel Obold	SR Elizabethtow	11.81m	11.41m	37-05.25
	10.90m 11.41m 10.71m				
20	Matthew Hladchuk	SO Widener	11.91m	11.33m	37-02.25
	10.83m 11.00m 11.33m				
21	Nathanael Valdez	SO Lebanon Vall	11.89m	11.22m	36-09.75
	11.04m 10.85m 11.22m				
22	Andrew Tucker	SO Misericordia	12.06m	10.78m	35-04.50
	10.78m 10.41m 10.65m				
23	Eric Solomon	SO Widener	12.05m	10.72m	35-02.00
	10.72m FOUL FOUL				

Event 17 Men 4x100 Meter Relay

=====
 MAC: M 41.75 1983 Susquehanna
 E-town Track: E 41.51 5/18/2005 Lincoln (Pa.)
 Schmader, Young, Chapman, Goldman

School	Seed	Prelims
Preliminaries		
1 Widener 'A'	42.43	42.43q
1) Bobby Herbster FR		
2) Eddie Burgess FR		
3) Emmanuel Rupert JR		
4) Gavin Colley FR		
2 Alvernia 'A'	43.17	43.17q
1) Tyrone McCloud FR		
2) Brandon Young FR		
3) Indeo Ragsdale FR		
4) Andrew Martin FR		
3 Messiah 'A'	43.50	43.50q
1) Nicholas White FR		
2) Josh Lambert SO		
3) Drew Engle FR		
4) Alex Yoder FR		
4 Lebanon Valley 'A'	43.59	43.59q
1) De'Von Moore FR		
2) Darryl Sweeper FR		
3) Mickeal Pugh FR		
4) Jerome Duncan JR		
5 Misericordia 'A'	44.01	44.01q
1) Aidan Marich SO		
2) Sean Vitale JR		
3) Steven Clemson SR		
4) Mike Eckman FR		
6 Elizabethtown 'A'	44.45	44.45q
1) Luke Rotenberger JR		
2) Chris Niles SR		
3) Kevin Brady SO		
4) Brian Layng SO		
7 DeSales 'A'	44.78	44.78q
1) Carl Keri SO		
2) Brandon Esterly JR		
3) Eric Altpeter JR		
4) Brian Regensburg FR		
8 Albright 'A'	46.25	46.25q
1) Jermaine Grey FR		
2) Sean Potter SO		
3) Sean Cain FR		
4) Wayne Raison FR		

Event 17 Men 4x100 Meter Relay

=====
 MAC: M 41.75 1983 Susquehanna
 E-town Track: E 41.51 5/18/2005 Lincoln (Pa.)
 Schmader, Young, Chapman, Goldman

School	Prelims	Finals	Points
Finals			
1 Lebanon Valley 'A'	43.59	42.60	10

2	Alvernia 'A'	43.17	42.77	8
3	Messiah 'A'	43.50	43.61	6
4	Elizabethtown 'A'	44.45	44.17	5
5	DeSales 'A'	44.78	44.56	4
6	Albright 'A'	46.25	44.93	3
--	Misericordia 'A'	44.01	FS	
--	Widener 'A'	42.43	DNF	

Event 20 Men Triple Jump

MAC: M 50-01.50		1975	Mike Williams, Widener			
E-town Track: E 47-08.25		4/3/2004	Jason Patterson, Elizabethtown			
Name	Year	School	Seed	Finals	Wind	Points
1	Caleb Wiley	JR Lebanon Vall	13.43m	13.78m	-0.8	45-02.50 10
	13.09m(+0.0)	13.78m(-0.8)	13.59m(-0.5)	13.32m(+0.0)	FOUL(+0.0)	FOUL(0.6)
2	Brandon Young	FR Alvernia	13.71m	13.69m	+0.0	44-11.00 8
	13.69m(+0.0)	12.98m(-0.3)	FOUL(+0.0)	FOUL(+0.0)	13.28m(+0.0)	13.45m(0.4)
3	Mickeal Pugh	FR Lebanon Vall	12.98m	13.40m	-0.7	43-11.75 6
	FOUL(-0.2)	FOUL(+0.0)	13.40m(-0.7)	FOUL(1.0)	13.28m(+0.0)	12.50m(1.0)
4	Antonio Richardson	FR Widener	12.87m	13.34m	-0.3	43-09.25 5
	13.34m(-0.3)	12.95m(-0.7)	12.67m(-0.4)	13.08m(+0.0)	13.11m(-0.3)	
5	Joseph Miller	SO Lebanon Vall	13.12m	13.32m	1.1	43-08.50 4
	12.73m(-0.4)	12.46m(-0.8)	13.11m(-0.1)	FOUL(0.2)	12.99m(+0.0)	13.32m(1.1)
6	Erik Brandt	JR Lebanon Vall	13.24m	12.97m	+0.0	42-06.75 3
	FOUL(-0.3)	12.42m(-1.3)	12.97m(+0.0)	12.56m(0.9)	FOUL(+0.0)	12.84m(0.5)
7	Sean Vitale	JR Misericordia	13.20m	12.82m	1.0	42-00.75 2
	12.16m(-0.3)	12.51m(-1.8)	12.59m(+0.0)	FOUL(+0.0)	12.82m(1.0)	FOUL(+0.0)
8	Jayson Chu	FR Messiah	12.47m	12.74m	0.9	41-09.75 1
	12.59m(-0.6)	FOUL(-0.8)	FOUL(-1.5)	12.37m(0.4)	12.74m(0.9)	12.56m(1.0)
9	Brad Ohlinger	FR Albright	12.56m	12.51m	-0.1	41-00.50
	12.21m(+0.0)	12.51m(-0.1)	12.23m(-0.5)	12.49m(+0.0)	12.43m(0.1)	FOUL(1.0)
10	Andrew MacNiven	SR DeSales	12.58m	12.10m	-1.3	39-08.50
	FOUL(-0.9)	12.10m(-1.3)	11.93m(+0.0)			
11	Tim Hampton	SO Messiah	12.62m	11.97m	+0.0	39-03.25
	FOUL(-0.1)	FOUL(-1.4)	11.97m(+0.0)			
12	Brian Regensburg	FR DeSales	11.62m	11.72m	-0.1	38-05.50
	11.72m(-0.1)	11.51m(-0.8)	10.48m(-1.5)			
--	Nick Kausch	FR Widener	11.70m	FOUL		
	FOUL(-0.8)	FOUL(-0.7)	FOUL(-0.6)	ND(NWI)		

Event 21 Men 110 Meter Hurdles

MAC: M 14.38		2007	Ozzie Brown, Moravian			
E-town Track: E 14.38		5/5/2007	Ozzie Brown, Moravian			
Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Jerome Duncan	JR Lebanon Vall	14.96	14.85Q	1.3	2
2	Nicholas White	FR Messiah	15.45	15.46Q	1.4	1
3	Darryl Sweeper	FR Lebanon Vall	16.11	15.50q	1.3	2
4	Neal Fox	JR DeSales	15.30	15.73q	1.4	1
5	Jermaine Grey	FR Albright	16.51	16.06q	1.3	2
6	Lee Orzol	FR DeSales	16.47	16.11q	1.4	1
7	Indeo Ragsdale	FR Alvernia	16.14	16.18q	1.4	1
8	Kevin Brady	SO Elizabethtow	16.01	16.30q	1.3	2
9	David Fehr	FR Lebanon Vall	16.65	16.51	1.3	2

Event 21 Men 110 Meter Hurdles

MAC: M 14.38		2007	Ozzie Brown, Moravian			
E-town Track: E 14.38		5/5/2007	Ozzie Brown, Moravian			
Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1	Jerome Duncan	JR Lebanon Vall	14.85	15.24	-2.6	10
2	Darryl Sweeper	FR Lebanon Vall	15.50	15.51	-2.6	8
3	Nicholas White	FR Messiah	15.46	15.77	-2.6	6
4	Neal Fox	JR DeSales	15.73	15.78	-2.6	5
5	Kevin Brady	SO Elizabethtow	16.30	15.88	-2.6	4
6	Lee Orzol	FR DeSales	16.11	16.51	-2.6	3

7	Jermaine Grey	FR Albright	16.06	16.89	-2.6	2
8	Indeo Ragsdale	FR Alvernia	16.18	18.92	-2.6	1

Event 23 Men 400 Meter Dash

MAC: M 47.02 1983 Dave German, Susquehanna
 E-town Track: E 47.89 5/5/2007 Drew Graybeal, Elizabethtown

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	Nicholas White	FR Messiah	50.11	49.77Q	2
2	Alex Yoder	FR Messiah	49.73	50.09Q	3
3	Chris Niles	SR Elizabethtow	51.50	50.17Q	1
4	Tyler Schmalhofer	SO Widener	50.54	50.06q	2
5	Eric Witmer	FR Messiah	50.47	50.39q	1
6	Tyler Newhook	SR Messiah	50.42	50.52q	1
7	Aaron Reynolds	JR Messiah	51.26	50.56q	1
8	Martin Turner	FR Widener	51.86	50.59q	2
9	Mike Ciavarelli	FR Widener	50.69	50.66	3
10	Will Betts	JR Widener	51.25	51.11	2
11	Mark Weber	SR Elizabethtow	51.09	51.33	3
12	Morrison Boateng	SR Manhattanvil	52.74	51.86	1
13	Cody Hughes	FR Alvernia	52.69	51.94	1
14	Andre' Sumiel	FR DeSales	52.40	51.98	3
15	Steven Clemson	SR Misericordia	53.22	52.13	2
16	Luke Atkins	FR Misericordia	52.32	52.14	3
17	Bryan Baldwin	FR Elizabethtow	52.65	53.05	2
18	Christopher Sayous	FR Lebanon Vall	53.72	55.40	3

Event 23 Men 400 Meter Dash

MAC: M 47.02 1983 Dave German, Susquehanna
 E-town Track: E 47.89 5/5/2007 Drew Graybeal, Elizabethtown

Name	Year	School	Prelims	Finals	Points
Finals					
1	Tyler Schmalhofer	SO Widener	50.06	49.92	10
2	Chris Niles	SR Elizabethtow	50.17	50.40	8
3	Nicholas White	FR Messiah	49.77	50.53	6
4	Tyler Newhook	SR Messiah	50.52	50.72	5
5	Martin Turner	FR Widener	50.59	50.74	4
6	Eric Witmer	FR Messiah	50.39	50.87	3
7	Aaron Reynolds	JR Messiah	50.56	51.98	2
8	Alex Yoder	FR Messiah	50.09	1:09.01	1

Event 25 Men 100 Meter Dash

MAC: M 10.60 2007 Ozzie Brown, Moravian
 E-town Track: E 10.60 5/4/2007 Ozzie Brown, Moravian

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Travis Pitts	SR Delaware Val	10.75	10.81Q	+0.0	2
2	Gavin Colley	FR Widener	11.10	10.98Q	0.1	1
3	Eddie Burgess	FR Widener	11.15	10.94q	+0.0	2
4	Tyrone McCloud	FR Alvernia	11.22	11.00q	0.1	1
5	Jerome Duncan	JR Lebanon Vall	11.25	11.02q	0.1	1
6	Alex Yoder	FR Messiah	10.85	11.03q	0.1	1
7	Aidan Marich	SO Misericordia	11.32	11.07q	+0.0	2
8	Mike Eckman	FR Misericordia	11.31	11.10q	+0.0	2
9	Sean Potter	SO Albright	11.35	11.22	0.1	1
10	Carl Keri	SO DeSales	11.11	11.33	+0.0	2
11	Bobby Herbster	FR Widener	11.42	11.36	0.1	1
12	Jonathan Blake	FR Widener	11.69	11.36	0.1	1
13	Emmanuel Rupert	JR Widener	11.44	11.41	+0.0	2
14	Andrew Walker	FR Lebanon Vall	11.69	11.51	0.1	1
15	Nick Rodriguez	FR Widener	11.57	11.57	+0.0	2

Event 25 Men 100 Meter Dash

MAC: M 10.60 2007 Ozzie Brown, Moravian

E-town Track: E 10.60 5/4/2007 Ozzie Brown, Moravian

Name	Year	School	Prelims	Finals	Wind	Points
=====						
Finals						
1	Travis Pitts	SR Delaware Val	10.81	10.92	-1.8	10
2	Eddie Burgess	FR Widener	10.94	11.09	-1.8	8
3	Tyrone McCloud	FR Alvernia	11.00	11.20	-1.8	6
4	Gavin Colley	FR Widener	10.98	11.24	-1.8	5
5	Aidan Marich	SO Misericordia	11.07	11.24	-1.8	4
6	Alex Yoder	FR Messiah	11.03	11.26	-1.8	3
7	Mike Eckman	FR Misericordia	11.10	11.34	-1.8	2
8	Jerome Duncan	JR Lebanon Vall	11.02	11.40	-1.8	1

Event 27 Men 800 Meter Run

MAC: M 1:51.15 2009 Patrick Roach, Messiah
 E-town Track: E 1:51.15 5/2/2009 Patrick Roach, Messiah

Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1	Matt Rever	SO Elizabethtow	1:52.56	1:55.12Q	1
2	Michael Harnish	FR Lebanon Vall	1:53.27	1:56.57Q	2
3	Dennis Conn	JR Widener	1:52.85	1:56.92Q	3
4	Brian Benkhadra	SO Widener	1:57.28	1:55.89Q	1
5	Tyler Newhook	SR Messiah	1:53.51	1:56.70Q	2
6	Eric Witmer	FR Messiah	1:56.08	1:57.41Q	3
7	Brad Risser	JR Elizabethtow	1:58.78	1:57.18q	2
8	Jonphilip McGill	FR Messiah	1:58.81	1:57.35q	2
9	Scott Woolford	SR Messiah	1:58.51	1:57.43	1
10	Kyle Suponcic	SR Misericordia	1:58.70	1:57.46	3
11	Jordan Stephney	FR Widener	2:00.22	1:57.85	1
12	Glenn Layaou	FR Misericordia	1:59.14	1:58.41	3
13	John Bayeux	FR DeSales	1:58.89	1:58.54	3
14	Michael Calkins	SO Widener	1:59.31	1:58.66	2
15	Johnny Gibbons	JR Misericordia	1:59.66	1:58.76	3
16	John Ruggiero	FR Widener	1:59.10	1:58.81	1
17	Dave Dusza	SO DeSales	1:59.87	1:58.87	1
18	Jihad Jasper	FR Widener	1:59.36	2:00.58	2
19	Jarrett Higley	FR Misericordia	2:00.23	2:03.10	3
20	Ian Hamilton	SO Elizabethtow	1:59.05	2:05.06	1

Event 27 Men 800 Meter Run

MAC: M 1:51.15 2009 Patrick Roach, Messiah
 E-town Track: E 1:51.15 5/2/2009 Patrick Roach, Messiah

Name	Year	School	Prelims	Finals	Points
=====					
Finals					
1	Matt Rever	SO Elizabethtow	1:55.12	1:53.41	10
2	Dennis Conn	JR Widener	1:56.92	1:53.97	8
3	Michael Harnish	FR Lebanon Vall	1:56.57	1:54.43	6
4	Tyler Newhook	SR Messiah	1:56.70	1:55.80	5
5	Brian Benkhadra	SO Widener	1:55.89	1:56.53	4
6	Brad Risser	JR Elizabethtow	1:57.18	1:57.32	3
7	Jonphilip McGill	FR Messiah	1:57.35	1:57.58	2
8	Eric Witmer	FR Messiah	1:57.41	2:20.68	1

Event 29 Men 400 Meter Hurdles

MAC: M 52.18 1988 Cal Williams, Dickinson
 E-town Track: E 53.90 5/18/2005 Darren DeAngelis, Elizabethtown

Name	Year	School	Seed	Prelims
=====				
Preliminaries				
1	Luke Rotenberger	JR Elizabethtow	56.53	56.53q
2	Nicholas White	FR Messiah	56.64	56.64q
3	Anthony Clayton	SO Widener	56.87	56.87q
4	Indeo Ragsdale	FR Alvernia	57.03	57.03q
5	Nick Dolhancryk	JR Widener	57.97	57.97q
6	Brian Layng	SO Elizabethtow	58.16	58.16q
7	Chris Vasaturo	SR Messiah	59.66	59.66q

8 Martin Turner FR Widener 1:00.15 1:00.15q

Event 29 Men 400 Meter Hurdles

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=====
MAC: M 52.18 1988 Cal Williams, Dickinson
E-town Track: E 53.90 5/18/2005 Darren DeAngelis, Elizabethtown
Name Year School Prelims Finals Points
=====
Finals
1 Luke Rotenberger JR Elizabethtow 56.53 55.28 10
2 Anthony Clayton SO Widener 56.87 55.98 8
3 Martin Turner FR Widener 1:00.15 56.52 6
4 Nick Dolhancryk JR Widener 57.97 57.01 5
5 Indeo Ragsdale FR Alvernia 57.03 58.31 4
6 Chris Vasaturo SR Messiah 59.66 59.07 3
7 Brian Layng SO Elizabethtow 58.16 59.21 2
8 Nicholas White FR Messiah 56.64 59.69 1

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Event 31 Men 200 Meter Dash

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MAC: M 21.34 2000 Tony Brown, Widener
E-town Track: E 21.37 5/5/2007 Ozzie Brown, Moravian
Name Year School Seed Prelims Wind H#
=====
Preliminaries
1 Eddie Burgess FR Widener 22.50 22.01Q 0.1 1
2 Alex Yoder FR Messiah 22.21 22.06Q 0.1 2
3 Travis Pitts SR Delaware Val 22.15 22.31Q 2.5 3
4 Nicholas White FR Messiah 22.91 22.22q 0.1 1
5 Eric Altpeter JR DeSales 22.66 22.35q 0.1 1
6 Tyrone McCloud FR Alvernia 22.68 22.37q 0.1 2
7 Aidan Marich SO Misericordia 22.89 22.38q 0.1 2
8 Jonathan Blake FR Widener 22.96 22.45q 0.1 1
9 Sean Potter SO Albright 22.80 22.46 2.5 3
10 Gavin Colley FR Widener 22.76 22.50 2.5 3
11 Mike Eckman FR Misericordia 23.12 22.64 0.1 2
12 Carl Keri SO DeSales 23.37 22.66 0.1 1
13 Emmanuel Rupert JR Widener 23.14 23.11 2.5 3
14 De'Von Moore FR Lebanon Vall 23.17 23.23 0.1 2
15 Max Fritsche SR Messiah 23.73 23.41 0.1 2
16 Jerome Duncan JR Lebanon Vall 23.16 23.93 2.5 3
-- Andre' Sumiel FR DeSales 23.43 DNF 0.1 1

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Event 31 Men 200 Meter Dash

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=====
MAC: M 21.34 2000 Tony Brown, Widener
E-town Track: E 21.37 5/5/2007 Ozzie Brown, Moravian
Name Year School Prelims Finals Wind Points
=====
Finals
1 Travis Pitts SR Delaware Val 22.31 21.82 -0.4 10
2 Alex Yoder FR Messiah 22.06 22.01 -0.4 8
3 Eddie Burgess FR Widener 22.01 22.11 -0.4 6
4 Tyrone McCloud FR Alvernia 22.37 22.54 -0.4 5
5 Eric Altpeter JR DeSales 22.35 22.65 -0.4 4
6 Aidan Marich SO Misericordia 22.38 22.76 -0.4 3
7 Jonathan Blake FR Widener 22.45 23.08 -0.4 2
8 Nicholas White FR Messiah 22.22 23.36 -0.4 1

```

Event 33 Men Long Jump

```

=====
MAC: M 24-03 1989 Dan Reichenbach, Moravian
E-town Track: E 23-04.50 5/18/2005 Mike Bauer, Elizabethtown
Name Year School Seed Finals Wind Points
=====
1 Caleb Wiley JR Lebanon Vall 6.76m 6.71m -0.8 22-00.25 10
6.41m(-0.3) 6.42m(-1.4) 6.58m(-2.1) 6.64m(-1.0) FOUL(-1.1) 6.71m(-0.8)
2 Nick Rodriguez FR Widener 6.57m 6.59m +0.0 21-07.50 8
FOUL(-1.6) 6.59m(+0.0) PASS 6.41m(-1.8) 6.50m(-0.0) 6.09m(-1.2)
3 Mickeal Pugh FR Lebanon Vall 6.89m 6.52m 1.4 21-04.75 6
6.52m(1.4) 6.31m(-0.8) 6.28m(-2.4) 6.27m(-2.1) 6.24m(-0.9) 5.94m(-0.3)

```

4	Nick Dolhancryk	JR Widener	6.09m	6.48m	-0.6	21-03.25	5
	FOUL(-2.3) FOUL(-0.7)	6.36m(+0.0) FOUL(+0.0)	6.48m(-0.6)	PASS			
5	Erik Brandt	JR Lebanon Vall	6.43m	6.38m	0.3	20-11.25	4
	6.11m(-0.9) 6.15m(-1.4)	6.38m(0.3) 6.00m(-0.6)	6.25m(-0.8)	FOUL(-1.1)			
6	Joseph Miller	SO Lebanon Vall	6.84m	6.37m	-1.1	20-10.75	3
	5.83m(-0.7) 6.09m(-1.7)	6.37m(-1.1) 6.02m(0.5)	6.29m(-1.5)	6.26m(+0.0)			
7	Steven Clemson	SR Misericordia	6.42m	6.24m	-0.2	20-05.75	2
	6.24m(-0.2) FOUL(-1.3)	6.03m(-2.3) 6.05m(-0.0)	6.09m(-2.7)	FOUL(-1.5)			
8	Neal Fox	JR DeSales	6.55m	6.23m	-2.0	20-05.25	1
	6.13m(-1.8) FOUL(-0.9)	6.17m(-1.9) 5.98m(-2.2)	6.23m(-2.0)	FOUL(0.9)			
9	Drew Engle	FR Messiah	6.28m	6.19m	+0.0	20-03.75	
	6.19m(+0.0) FOUL(0.2)	5.92m(-2.3) PASS	PASS	6.12m(-0.0)			
10	Antonio Richardson	FR Widener	6.17m	6.15m	-1.1	20-02.25	
	6.14m(-1.5) 6.02m(-2.2)	6.15m(-1.1)					
11	Brandon Young	FR Alvernia	6.57m	6.07m	-2.1	19-11.00	
	5.93m(-0.2) 6.05m(-1.7)	6.07m(-2.1)					
12	Brad Ohlinger	FR Albright	6.17m	6.00m	-0.5	19-08.25	
	5.73m(-2.6) 6.00m(-0.5)	5.63m(-2.5)					
13	Cameron Blackwell	FR Albright	5.99m	5.93m	-1.9	19-05.50	
	5.93m(-1.9) 5.58m(-2.0)	5.81m(0.1)					
14	Brandon Esterly	JR DeSales	6.28m	5.89m	-0.7	19-04.00	
	5.89m(-0.7) 5.71m(0.7)	5.71m(-1.2)					
14	Andrew MacNiven	SR DeSales	6.46m	5.89m	-1.8	19-04.00	
	5.89m(-1.8) FOUL(-1.4)	FOUL(-1.1)					
16	Cameron Aregood	JR Elizabethtow	6.04m	5.88m	-1.7	19-03.50	
	FOUL(-2.3) FOUL(-1.3)	5.88m(-1.7)					
17	Jayson Chu	FR Messiah	6.24m	5.81m	-1.4	19-00.75	
	5.48m(-0.9) 5.81m(-1.4)	FOUL(-1.0)					
18	Brian Regensburg	FR DeSales	5.85m	5.67m	-2.8	18-07.25	
	5.51m(-1.0) 5.67m(-2.8)	FOUL(-1.9)					
19	Tim Hampton	SO Messiah	5.84m	5.33m	-0.3	17-06.00	
	5.33m(-0.3) FOUL(-1.7)	5.16m(-2.0)					
--	Dennis Nguyen	SO Widener	6.20m	FOUL			
	FOUL(-2.1) PASS	PASS					

Event 35 Men Hammer Throw

=====							
MAC: M 53.56m 5/6/2010 Jose Santiago, DeSales							
E-town Track: E 175-05 5/5/2007 Nick Orfanella, Lebanon Valley							
Name	Year	School	Seed	Finals	Points		
=====							
1	Ed Maloney	JR Widener	51.42m	52.69m	172-10	10	
	48.51m 49.48m 52.69m	48.38m 49.83m 49.49m					
2	Hank Miller	SR DeSales	52.65m	51.05m	167-06	8	
	45.12m FOUL 48.96m	50.17m FOUL 51.05m					
3	Eric Solomon	SO Widener	50.30m	49.21m	161-05	6	
	46.85m 49.21m FOUL	FOUL 48.28m 48.72m					
4	Tyler Williams	FR Widener	49.38m	48.91m	160-05	5	
	48.91m 48.00m 47.45m	FOUL FOUL 48.56m					
5	Lucas Dayhoff	SO Elizabethtow	48.20m	46.55m	152-09	4	
	45.73m FOUL FOUL	45.47m 46.15m 46.55m					
6	William Wall	JR Widener	48.58m	46.44m	152-04	3	
	FOUL 46.44m FOUL	FOUL 45.29m FOUL					
7	Fred Fulton	FR Messiah	43.16m	45.07m	147-10	2	
	41.98m 43.40m 42.39m	43.49m FOUL 45.07m					
8	Trevor Stutzman	FR Messiah	42.82m	45.04m	147-09	1	
	42.55m 43.15m 42.33m	45.04m 43.45m FOUL					
9	Michael Theiss	SR Delaware Val	33.03m	42.09m	138-01		
	39.71m 42.09m 40.09m	40.23m FOUL 39.46m					
10	Robert Baldwin	JR Albright	38.73m	40.08m	131-06		
	40.08m FOUL 39.25m						
11	Daniel Obold	SR Elizabethtow	41.55m	39.80m	130-07		
	FOUL 38.20m 39.80m						
12	Derrick Leshko	JR DeSales	36.83m	39.36m	129-02		
	37.44m 38.55m 39.36m						
13	Joe Ardo	JR Misericordia	35.75m	38.87m	127-06		
	36.85m 38.87m 37.90m						
14	Stas Starovoytov	JR Widener	38.89m	38.52m	126-04		
	38.52m 37.87m 36.91m						
15	Justin Kulhamer	FR DeSales	35.50m	37.04m	121-06		
	36.40m FOUL 37.04m						

16	Dane Canonico	JR Albright	38.06m	36.53m	119-10
	36.53m FOUL 36.34m				
17	Dillon Emery	SO Alvernia	34.91m	36.13m	118-06
	34.33m 34.18m 36.13m				
18	Jacob Stockner	FR Messiah	32.80m	31.90m	104-08
	31.74m 31.90m FOUL				
19	Matthew Hladchuk	SO Widener	37.24m	30.70m	100-09
	FOUL 30.70m FOUL				
20	Andrew Tucker	SO Misericordia	37.59m	30.12m	98-10
	FOUL 30.12m FOUL				
21	Steffen Gonzalez	SO Albright	33.07m	29.15m	95-08
	29.15m FOUL FOUL				
--	Blake Maurer	SO Messiah	45.38m	FOUL	
	FOUL FOUL FOUL				

Event 38 Men 1500 Meter Run

=====					
MAC: M 3:45.68		1983	Kevin Foley, Haverford		
E-town Track: E 3:55.83		5/5/2007	Joe Francisco, Widener		
Name	Year	School	Seed	Finals	Points
=====					
1	Dennis Conn	JR Widener	3:55.13	3:54.36E	10
2	Aaron Focht	JR Elizabethtow	4:00.41	3:55.14E	8
3	Mike Garrity	SR Widener	3:56.55	3:56.47	6
4	Chris Garrity	FR Widener	3:56.05	3:57.56	5
5	Michael Quinn	SO Widener	3:58.52	3:59.63	4
6	George Cook	SR Albright	4:04.25	4:01.54	3
7	Qadree Counsel	FR Widener	4:04.39	4:01.95	2
8	Aaron Reynolds	JR Messiah	4:01.11	4:04.92	1
9	Ian Hamilton	SO Elizabethtow	4:09.57	4:04.93	
10	Andrew Goelz	FR Lebanon Vall	3:59.69	4:07.23	
11	Elliott Bonds	SO Lebanon Vall	4:12.06	4:11.44	
12	John Bayeux	FR DeSales	4:11.44	4:12.47	
13	Tim Haines	SO DeSales	4:12.35	4:14.08	
14	Eric Reichert	SR Elizabethtow	4:03.15	4:14.56	
15	Nicholas D'Angelo	SR Lebanon Vall	4:14.73	4:15.52	
16	Kyle Suponcic	SR Misericordia	4:10.49	4:21.40	
17	Ricky Sturz	FR Elizabethtow	4:17.56	4:26.82	

Event 40 Men Javelin Throw

=====					
MAC: M 68.91m		2002	Matt Deamer, Susquehanna		
E-town Track: E 196-04		5/4/2007	Kyle Mazur, Juniata		
Name	Year	School	Seed	Finals	Points
=====					
1	Cameron Aregood	JR Elizabethtow	63.88m	62.39m	204-08 10
	62.39m FOUL 59.82m 59.34m 56.56m FOUL				
2	Robert Dowd	JR Widener	55.61m	57.71m	189-04 8
	57.71m FOUL FOUL FOUL 50.79m FOUL				
3	Thomas Masterson	SR Delaware Val	62.00m	56.45m	185-02 6
	56.45m PASS PASS PASS PASS PASS				
4	Quinn Nadu	FR Elizabethtow	50.50m	51.46m	168-10 5
	51.46m 51.25m 50.65m 48.98m FOUL FOUL				
5	Kal McCloskey	FR Widener	49.28m	50.20m	164-08 4
	46.67m 45.18m 49.39m 49.00m 50.20m 49.74m				
6	Jordan Gilbert	SR Albright	49.47m	50.17m	164-07 3
	50.17m 49.64m FOUL 48.80m 44.39m 49.54m				
7	Trevor Stutzman	FR Messiah	51.09m	49.23m	161-06 2
	FOUL FOUL 48.22m 47.00m FOUL 49.23m				
8	Joe Ardo	JR Misericordia	48.10m	49.11m	161-01 1
	49.11m FOUL 45.19m 48.75m FOUL 47.84m				
9	Fred Fulton	FR Messiah	47.18m	49.02m	160-10
	44.79m 49.02m 45.69m FOUL FOUL FOUL				
10	Michael Theiss	SR Delaware Val	48.26m	47.98m	157-05
	45.55m 42.50m 47.98m				
11	Joe Doran	FR Widener	48.75m	46.45m	152-05
	46.45m 45.94m 44.77m				
12	Doug Harding	SR DeSales	47.05m	42.84m	140-07
	FOUL 41.34m 42.84m				
13	Justin Kulhamer	FR DeSales	46.19m	38.82m	127-04
	38.82m FOUL 38.81m				

Event 42 Men 5000 Meter Run

=====						
MAC: M 14:27.83		1991	Seamus McElligott, Haverford			
E-town Track: E 14:50.33		5/18/2005	Jose Miranda, Elizabethtown			
Name	Year	School	Seed	Finals	Points	
=====						
1	Evan DeArmitt	SR Elizabethtow	15:15.78	15:27.73	10	
2	Charlie Schindler	JR Widener	15:40.80	15:27.77	8	
3	Bryan Megee	SO DeSales	14:56.76	15:33.34	6	
4	Nate Noll	FR DeSales	15:05.41	15:34.45	5	
5	Mike Garrity	SR Widener	14:58.84	15:35.46	4	
6	Ryan Gallagher	SO Widener	15:14.41	15:35.99	3	
7	Matthew Herring	SR Messiah	15:40.43	15:36.28	2	
8	AJ Limongelli	FR Misericordia	15:36.96	15:37.79	1	
9	Zach Hoagland	SR Messiah	16:02.61	15:42.10		
10	Colby Miller	SR Elizabethtow	16:12.08	15:45.74		
11	Michael Quinn	SO Widener	15:16.54	15:46.43		
12	Daniel Herring	SR Messiah	16:12.78	15:47.98		
13	Aaron Focht	JR Elizabethtow	15:16.94	15:52.81		
14	Charlie Larsen	JR Elizabethtow	15:50.72	16:00.21		
15	Dan Gresh	FR Elizabethtow	15:59.54	16:08.62		
16	Stephen Welsh	SO Elizabethtow		16:10.07		
17	Andrew Springer	SR Messiah	15:55.58	16:16.69		
18	Dan Beck	SO DeSales	16:10.18	16:18.80		
19	Alex Clemson	SR DeSales	16:05.08	16:22.57		
20	Craig Hutcheson	SR Messiah	15:49.65	16:26.54		
21	Dan Szilagyi	SR DeSales	16:09.83	16:35.32		
22	Ryan Harrigan	FR Widener	15:55.08	16:36.74		
23	Qadree Counsel	FR Widener	16:00.48	17:16.77		

Event 44 Men 4x400 Meter Relay

=====						
MAC: M 3:15.62		1982	Delaware Valley			
E-town Track: E 3:16.25		5/18/2005	Elizabethtown			
School			Seed	Finals	Points	
=====						
1	Elizabethtown 'A'		3:23.62	3:19.30	10	
	1) Mark Weber SR					2) Luke Rotenberger JR
	3) Chris Niles SR					4) Matt Rever SO
2	Widener 'A'		3:22.84	3:19.42	8	
	1) Mike Ciavarelli FR					2) Will Betts JR
	3) Martin Turner FR					4) Tyler Schmalhofer SO
3	Messiah 'A'		3:26.21	3:26.02	6	
	1) Tyler Newhook SR					2) Aaron Reynolds JR
	3) Jonphilip McGill FR					4) Alex Yoder FR
4	Misericordia 'A'		3:28.46	3:26.55	5	
	1) Luke Atkins FR					2) Johnny Gibbons JR
	3) Jarrett Higley FR					4) Aidan Marich SO
5	Alvernia 'A'		3:25.44	3:29.34	4	
	1) Cody Hughes FR					2) Zachary Wilson FR
	3) Tyrone McCloud FR					4) Brandon Young FR
6	Lebanon Valley 'A'		3:29.95	3:29.40	3	
	1) De'Von Moore FR					2) Elliott Bonds SO
	3) Jerome Duncan JR					4) Michael Harnish FR
7	DeSales 'A'		3:31.46	3:29.65	2	
	1) Eric Altpeter JR					2) Dave Dusza SO
	3) Lee Orzol FR					4) John Bayeux FR
8	Albright 'A'		3:41.22	3:37.75	1	
	1) Sean Potter SO					2) Jermaine Grey FR
	3) Wayne Raison FR					4) George Cook SR

Women - Team Rankings - 22 Events Scored

=====			
1) Messiah	189	2) Lebanon Valley	165
3) Elizabethtown	161.50	4) Misericordia	123.50
5) Widener	68.50	6) DeSales	53.50
7) Delaware Valley	40	8) Alvernia	33
9) Albright	13	10) Manhattanville	4

Men - Team Rankings - 22 Events Scored

```
=====
1) Widener                250.50    2) Messiah                149
3) Elizabethtown         146       4) Lebanon Valley         101
5) DeSales                67.50    6) Alvernia                51
7) Albright              36.50    8) Misericordia           26
8) Delaware Valley       26       10) Manhattanville        1.50
```


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 2012 MAC Outdoor Championships - 5/3/2012 to 5/5/2012
 Elizabethtown College, Elizabethtown, Pa.
 Results

Event 2 Women Heptathlon

```

=====
MAC: M 4044 2005 Amy Reed, Messiah
E-town Track: E 4044 5/4/2007 Amy Reed, Messiah
=====
Name Year School Seed Finals Points
=====
Finals
1 Alexis Maylor SO Delaware Val 3969 4244M 10
2 Katy Fogel JR Elizabethtow 3792 4029 8
3 Alyssa Mills FR Messiah 3298 3485 6
4 Kelsey Wallen JR Lebanon Vall 3352 5
5 Ashley Smith FR Lebanon Vall 2543 2760 4
6 Stephanie Monico SO Lebanon Vall 2333 2722 3
  
```

Event 2 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

```

=====
Name Year School Finals Wind H# Points
=====
1 Alexis Maylor SO Delaware Val 15.53 -1.0 1 773
2 Katy Fogel JR Elizabethtow 15.61 -1.0 1 763
3 Kelsey Wallen JR Lebanon Vall 16.94 -1.2 2 603
4 Alyssa Mills FR Messiah 18.35 -1.0 1 453
5 Ashley Smith FR Lebanon Vall 18.91 -1.2 2 399
6 Stephanie Monico SO Lebanon Vall 19.41 -1.2 2 353
  
```

Event 2 Heptathlon: #2 Women High Jump Heptathlon

```

=====
Name Year School Finals Points
=====
1 Alexis Maylor SO Delaware Val 1.58m 5-02.25 712
1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58
P P P P P P P P P P P O O O O O O O XO
2 Katy Fogel JR Elizabethtow 1.52m 4-11.75 644
1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55
P P P P P P P P P P P O O O O O O XXX
3 Alyssa Mills FR Messiah 1.49m 4-10.50 610
1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52
P P P P P P P P P O P O P XXO O O XXX
4 Stephanie Monico SO Lebanon Vall 1.40m 4-07.00 512
1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43
P P P P P O P P P P P O XXO XXX
5 Kelsey Wallen JR Lebanon Vall 1.31m 4-03.50 419
1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34
O P O P O O O XXO O XXX
6 Ashley Smith FR Lebanon Vall 1.19m 3-10.75 302
1.07 1.10 1.13 1.16 1.19 1.22
O P O P O XXX
  
```

Event 2 Heptathlon: #3 Women Shot Put Heptathlon

```

=====
Name Year School Finals Points
=====
1 Alexis Maylor SO Delaware Val 9.94m 32-07.50 526
9.52m 9.94m 9.49m
2 Kelsey Wallen JR Lebanon Vall 9.27m 30-05.00 482
8.56m 9.04m 9.27m
3 Stephanie Monico SO Lebanon Vall 8.65m 28-04.50 441
7.92m 8.51m 8.65m
4 Alyssa Mills FR Messiah 8.58m 28-01.75 437
8.12m 8.46m 8.58m
5 Katy Fogel JR Elizabethtow 8.57m 28-01.50 436
8.44m 8.57m 7.63m
6 Ashley Smith FR Lebanon Vall 7.60m 24-11.25 374
  
```

7.60m 7.28m 6.36m

Event 2 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Wind	Points
1 Alexis Maylor	SO Delaware Val	26.70	-0.7	737
2 Katy Fogel	JR Elizabethtow	27.56	-0.7	666
3 Kelsey Wallen	JR Lebanon Vall	28.77	-0.7	571
4 Alyssa Mills	FR Messiah	28.95	-0.7	558
5 Ashley Smith	FR Lebanon Vall	30.45	-0.7	451
6 Stephanie Monico	SO Lebanon Vall	30.98	-0.7	416

Event 2 Heptathlon: #5 Women Long Jump Heptathlon

Name	Year School	Finals	Wind	Points	
1 Alexis Maylor	SO Delaware Val	4.83m	1.2	15-10.25	514
4.83m(1.2) 4.68m(-0.1) 4.77m(1.0)					
2 Alyssa Mills	FR Messiah	4.45m	0.5	14-07.25	416
4.45m(0.5) FOUL(+0.0) 4.21m(0.1)					
3 Kelsey Wallen	JR Lebanon Vall	4.39m	0.9	14-05.00	401
4.36m(+0.0) 4.29m(+0.0) 4.39m(0.9)					
4 Stephanie Monico	SO Lebanon Vall	4.36m	1.1	14-03.75	393
3.90m(-0.3) 4.19m(+0.0) 4.36m(1.1)					
5 Katy Fogel	JR Elizabethtow	4.27m	0.8	14-00.25	371
FOUL(+0.0) 4.14m(1.0) 4.27m(0.8)					
6 Ashley Smith	FR Lebanon Vall	3.64m	+0.0	11-11.50	229
3.64m(+0.0) FOUL(+0.0) 3.52m(0.3)					

Event 2 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year School	Finals	Points	
1 Alyssa Mills	FR Messiah	29.52m	96-10	468
29.52m FOUL 28.22m				
2 Ashley Smith	FR Lebanon Vall	29.30m	96-01	463
FOUL 28.09m 29.30m				
3 Katy Fogel	JR Elizabethtow	29.14m	95-07	460
29.14m 24.31m 26.58m				
4 Alexis Maylor	SO Delaware Val	27.21m	89-03	424
25.95m 27.21m FOUL				
5 Stephanie Monico	SO Lebanon Vall	25.69m	84-03	395
17.64m 22.61m 25.69m				
6 Kelsey Wallen	JR Lebanon Vall	22.42m	73-07	334
22.42m FOUL FOUL				

Event 2 Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Katy Fogel	JR Elizabethtow	2:30.34	689
2 Alexis Maylor	SO Delaware Val	2:41.28	558
3 Alyssa Mills	FR Messiah	2:42.64	543
4 Kelsey Wallen	JR Lebanon Vall	2:42.74	542
5 Ashley Smith	FR Lebanon Vall	2:42.76	542
6 Stephanie Monico	SO Lebanon Vall	3:18.53	212

Event 3 Women 4x800 Meter Relay

School	Seed	Finals	Points
1 Elizabethtown 'A'	10:09.18	9:22.88M	10
1) Ashley Underkofler FR			
2) Laurie Jones SO			
3) Amelia Tearnan FR			
4) Kathryn Howser SR			

2 Lebanon Valley 'A'	9:56.22	9:30.45M	8
1) Julia Mongeau SO	2) Tiffany Frederick SR		
3) Dana Stockdale FR	4) Cynthia Adams SO		
3 Messiah 'A'	10:14.77	9:44.91E	6
1) Brooke Airey SR	2) Stephanie Miller JR		
3) Nicole Sunderland SO	4) Rebecca Ports FR		
4 DeSales 'A'	10:22.00	9:46.16E	5
1) Katlyn Little JR	2) Sarah Braun JR		
3) Cara Guth JR	4) Kim Garcia FR		
5 Albright 'A'	10:44.35	10:04.74	4
1) Taylor Kutz JR	2) Kimberly Hummel SR		
3) Krystal Swasey SO	4) Caroline Vazzana SO		
6 Widener 'A'	10:51.50	10:43.49	3
1) Tara Moken FR	2) Chelsea Morrison FR		
3) Emilie Keane SR	4) Shantelle Lowery FR		

Event 5 Women 10000 Meter Run

```

=====
MAC: M 37:01.42 2009 Amanda Daws, Elizabethtown
E-town Track: E 37:01.42 4/30/2009 Amanda Daws, Elizabethtown
Name Year School Seed Finals Points
=====
1 Traci Tempone SO Elizabethtow 36:07.79 39:47.45 10
2 Mary Higgins SR Messiah 39:04.68 39:53.01 8
3 Courtney Long SR Messiah 39:21.58 40:33.52 6
4 Jennifer Bender SO Messiah 39:30.10 40:44.78 5
5 Taryn Shank JR Elizabethtow 42:24.32 40:52.78 4
6 Eileen Cody SO Elizabethtow 37:55.46 41:07.66 3
7 Rachel Winters JR DeSales 40:12.75 41:28.99 2
8 Korrie Elliott JR Messiah 43:27.25 43:11.80 1
9 Sarah Steinmetz JR Elizabethtow 41:07.74 43:33.86
10 Sarah Gustavsson SR Manhattanvil 42:18.98 43:59.63
11 Rachel Eycler FR Lebanon Vall 45:14.15 45:13.71
12 Kate Anderson JR Lebanon Vall 42:17.43 46:38.70
13 Sarah Black FR Lebanon Vall 45:00.26 49:17.63
14 Brianna Eroh SR Lebanon Vall 44:51.58 50:48.30
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Event 7 Women Pole Vault

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MAC: M 3.91m 5/7/2010 Abby Schaffer, Widener
E-town Track: E 11-09.75 5/18/2005 Mel Buczko, Bucknell
Name Year School Seed Finals Points
=====
1 Melissa Fellenbaum JR Alvernia 3.75m 3.50m 11-05.75 10
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.25 3.50 3.80
P P P P P P P P P O XXO XX
2 Kayla Thomas FR Widener 3.05m 3.05m 10-00.00 7
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20
P P P P P O O XXX
2 Alisha Farrell JR Lebanon Vall 3.23m 3.05m 10-00.00 7
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20
P P P P O O O XXX
4 Abby McDonald SR Messiah 3.05m J3.05m 10-00.00 5
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20
P P P P XO O XO XXX
5 Monica Loranger SO Elizabethtow 2.97m J3.05m 10-00.00 4
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20
P P P P P XO XXO XXX
6 Cassandra Wallen JR Lebanon Vall 3.23m 2.90m 9-06.25 2.50
2.15 2.30 2.45 2.60 2.75 2.90 3.05
P P P P O XO XXX
6 Chelsea Schmidt SO DeSales 2.90m 2.90m 9-06.25 2.50
2.15 2.30 2.45 2.60 2.75 2.90 3.05
P P P P P XO XXX
8 Rachael Rutkoski JR Misericordia 2.90m 2.75m 9-00.25 1
2.15 2.30 2.45 2.60 2.75 2.90
P P P O O XXX
9 Rachel Poletti SO Messiah 2.85m J2.75m 9-00.25
=====

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	2.15	2.30	2.45	2.60	2.75	2.90				
	P	P	P	P	XO	XXX				
9	Nancy Gompers					SO Elizabethtow	2.80m	J2.75m	9-00.25	
	2.15	2.30	2.45	2.60	2.75	2.90				
	P	P	P	O	XO	XXX				
9	Amber Char					FR Widener	2.70m	J2.75m	9-00.25	
	2.15	2.30	2.45	2.60	2.75	2.90				
	P	P	O	O	XO	XXX				
12	Devon Fiore					FR Widener	2.60m	2.60m	8-06.25	
	2.15	2.30	2.45	2.60	2.75					
	P	O	O	O	XXX					
12	Kayla James					FR Albright	2.80m	2.60m	8-06.25	
	2.15	2.30	2.45	2.60	2.75					
	P	P	P	O	XXX					
12	Bridget Verdel					FR Alvernia	2.75m	2.60m	8-06.25	
	2.15	2.30	2.45	2.60	2.75					
	P	P	O	O	XXX					
15	Brittany Danielle					FR Delaware Val	2.29m	2.15m	7-00.50	
	2.15	2.30								
	O	XXX								

Event 10 Women High Jump

MAC: M 5-06 Two times
 E-town Track: E 5-05 4/4/2007 Kelsey Buffenmeyer, Juniata

Name	Year	School	Seed	Finals	Points
1 Ashlee Ward	SO	Misericordia	1.67m	1.62m	5-03.75 10
1.32 1.37 1.42 1.47 1.52 1.57 1.62 1.67	P	P P P O	XO	O XXX	
2 Meghan Donovan	SR	Delaware Val	1.68m	J1.62m	5-03.75 8
1.32 1.37 1.42 1.47 1.52 1.57 1.62 1.67	P	P P P O	O	XXO XXX	
3 Jenna Niedermayer	JR	Elizabethtow	1.55m	1.57m	5-01.75 5.50
1.32 1.37 1.42 1.47 1.52 1.57 1.62	P	P P P O	O	O XXX	
3 Anna Nole	FR	Misericordia	1.61m	1.57m	5-01.75 5.50
1.32 1.37 1.42 1.47 1.52 1.57 1.62	P	P P P O	O	O XXX	
5 Karlee Kominsky	FR	Alvernia	1.64m	J1.57m	5-01.75 4
1.32 1.37 1.42 1.47 1.52 1.57 1.62	P	P P P XO	XO	XXX	
6 Colleen Spiller	SO	Widener	1.55m	J1.57m	5-01.75 3
1.32 1.37 1.42 1.47 1.52 1.57 1.62	P	P P P XO	XO	XO XXX	
7 Audrey Calkin	FR	Widener	1.53m	1.52m	4-11.75 1.50
1.32 1.37 1.42 1.47 1.52 1.57	P	P O O	XXO	XXX	
7 Alisha Farrell	JR	Lebanon Vall	1.55m	1.52m	4-11.75 1.50
1.32 1.37 1.42 1.47 1.52 1.57	P	O O O	XXO	XXX	
9 Monica Loranger	SO	Elizabethtow	1.52m	1.47m	4-09.75
1.32 1.37 1.42 1.47 1.52	P	P O O	O	XXX	
10 Rachel Bjorkman	JR	Messiah	1.52m	J1.47m	4-09.75
1.32 1.37 1.42 1.47 1.52	P	O O XO	XXX		
11 Kira Maier	JR	Messiah	1.57m	J1.47m	4-09.75
1.32 1.37 1.42 1.47 1.52	P	O O	XXO	XXX	
12 Mackenzie Alexande	FR	Messiah	1.42m	1.42m	4-07.75
1.32 1.37 1.42 1.47	P	O	XXO	XXX	
13 Angelica Hull	FR	Albright	1.42m	1.37m	4-06.00
1.32 1.37 1.42	O	O	XXX		
13 Rachel Fuehrer	SO	Elizabethtow	1.37m	1.37m	4-06.00
1.32 1.37 1.42					

O O XXX

Event 12 Women 3000 Meter Steeplechase

=====						
MAC: M 11:22.16 5/7/2010 Megan VanDenHengel, Elizabethtown						
E-town Track: E 11:39.55 5/4/2007 Heather Matta, Susquehanna						
Name	Year	School	Seed	Finals	Points	
=====						
1	Megan Tursi	SO Elizabethtow	11:36.78	12:01.29	10	
2	Tracey Forsythe	JR Delaware Val	12:26.18	12:22.15	8	
3	Alyssa Miller	SO Lebanon Vall	12:40.60	12:24.46	6	
4	Abby Reed	SR Messiah	13:01.21	12:37.91	5	
5	Victoria Hepp	SO Messiah	13:14.32	12:50.20	4	
6	Elaina Nellis	SO Elizabethtow	13:18.86	12:57.03	3	
7	Kimberly Hummel	SR Albright	13:07.96	13:12.77	2	
8	Samantha Myles	FR DeSales	12:58.90	13:22.57	1	
9	Katie Stuck	JR Messiah	13:20.36	13:39.81		
10	Emily Jeandell	FR DeSales	13:17.25	14:11.00		

Event 14 Women Discus Throw

=====						
MAC: M 142-00 1998 Ann Musser, Lebanon Valley						
E-town Track: E 133-11 5/4/2007 Lauren Lucci, Widener						
Name	Year	School	Seed	Finals	Points	
=====						
1	Kira Maier	JR Messiah	39.00m	40.43m	132-08	10
	FOUL 40.43m	FOUL 35.19m	37.35m	FOUL		
2	Ashlee Ward	SO Misericordia	39.12m	37.32m	122-05	8
	FOUL 37.32m	34.48m	FOUL 36.50m	33.03m		
3	Taylor Seiber	FR Lebanon Vall	37.72m	35.27m	115-08	6
	29.70m	32.38m	32.11m	35.27m	FOUL 33.30m	
4	Erica Szpynda	SO Widener	33.59m	34.07m	111-09	5
	33.14m	FOUL 32.76m	34.07m	33.78m	32.67m	
5	Amanda-Renee Danie	FR Widener	36.77m	33.64m	110-04	4
	31.96m	FOUL 33.64m	FOUL	FOUL 30.90m		
6	Rachelle Salem	SR Delaware Val	32.68m	33.55m	110-01	3
	33.55m	30.74m	FOUL	FOUL 32.11m		
7	Victoria Wernersba	FR Widener	33.27m	32.38m	106-03	2
	32.04m	FOUL 32.38m	FOUL 31.90m	FOUL		
8	Erinne Schmalzer	SO DeSales	35.10m	32.28m	105-11	1
	FOUL 32.28m	FOUL	FOUL	FOUL 30.05m		
9	Alyssa Mills	FR Messiah	33.90m	32.09m	105-03	
	32.09m	25.74m	31.78m	28.09m	FOUL	FOUL
10	Caitlin Bach	SO Lebanon Vall	34.08m	31.84m	104-05	
	27.58m	29.63m	31.84m			
11	Noelle Brossman	SO Lebanon Vall	31.31m	29.49m	96-09	
	28.26m	FOUL 29.49m				
12	Rachel Heisler	FR Alvernia	29.66m	28.83m	94-07	
	FOUL 26.80m	28.83m				
13	Amanda Searle	SO Alvernia	33.67m	27.61m	90-07	
	FOUL	FOUL 27.61m				
14	Noelle Mondulick	FR Misericordia	29.53m	26.94m	88-05	
	26.94m	FOUL 23.24m				

Event 15 Women Shot Put

=====						
MAC: M 14.31m 2003 Christina Scherwin, Moravian						
E-town Track: E 41-09.75 5/4/2007 Lauren Lucci, Widener						
Name	Year	School	Seed	Finals	Points	
=====						
1	Erica Szpynda	SO Widener	12.78m	12.14m	39-10.00	10
	11.96m	11.71m	12.14m	11.33m	10.75m	11.94m
2	Hillary Pelkey	JR Messiah	12.49m	12.09m	39-08.00	8
	12.02m	12.09m	11.55m	11.52m	11.90m	10.90m
3	Mariah Smolka	FR Lebanon Vall	11.11m	11.89m	39-00.25	6
	11.42m	11.05m	11.89m	10.53m	11.32m	11.47m
4	Erinne Schmalzer	SO DeSales	11.88m	11.85m	38-10.50	5
	11.15m	11.12m	11.85m	11.00m	10.73m	10.63m

5	Caitlin Bach	SO Lebanon Vall	11.25m	11.68m	38-04.00	4
	10.96m 11.19m FOUL 11.68m 10.80m 11.07m					
6	Kira Maier	JR Messiah	11.01m	11.65m	38-02.75	3
	10.90m 10.91m 10.57m 11.07m 10.96m 11.65m					
7	Olivia Wade	SO DeSales	11.03m	11.05m	36-03.00	2
	10.85m 10.97m 10.71m 10.47m 11.05m 10.78m					
8	Eileen Kroszner	SO Elizabethtow	10.40m	10.94m	35-10.75	1
	FOUL 10.67m 10.34m 10.94m 10.80m 10.71m					
9	Ashlee Ward	SO Misericordia	11.22m	10.74m	35-03.00	
	10.67m 9.80m 10.25m 10.74m FOUL 10.17m					
10	Amanda-Renee Danie	FR Widener	11.42m	10.66m	34-11.75	
	10.62m 10.26m 10.66m					
11	Claire Hejnas	SO Lebanon Vall	10.51m	10.50m	34-05.50	
	9.93m 9.74m 10.50m					
11	Kammeron Stocks	SO DeSales	10.43m	10.50m	34-05.50	
	9.65m 9.25m 10.50m					
13	Amanda Searle	SO Alvernia	10.91m	10.15m	33-03.75	
	FOUL 9.84m 10.15m					
14	Rachelle Salem	SR Delaware Val	10.68m	9.99m	32-09.50	
	9.77m FOUL 9.99m					
15	Jazmyn Vega	SO Alvernia	10.31m	9.97m	32-08.50	
	9.62m 9.97m 9.52m					
16	Taylor Seiber	FR Lebanon Vall	10.64m	9.80m	32-02.00	
	9.80m 9.23m 9.68m					
17	Ashley Wade	SR DeSales		9.57m	31-04.75	
	9.55m 9.21m 9.57m					
18	Ashley Napolitano	FR Messiah	10.55m	9.53m	31-03.25	
	9.53m 9.46m 9.27m					
19	Teagan McCardle	FR Delaware Val	9.44m	9.52m	31-03.00	
	9.52m 9.23m 9.00m					
20	Chelsea Youtz	SR Misericordia	10.01m	9.34m	30-07.75	
	8.41m 8.86m 9.34m					
21	Victoria Wernersba	FR Widener	10.52m	9.14m	30-00.00	
	FOUL FOUL 9.14m					

Event 18 Women 4x100 Meter Relay

MAC: M 48.20 2007 Moravian
 E-town Track: E 47.10 5/18/2005 Lincoln (Pa.)
 Douglas, Macklin, Sabb, Jackson

School	Seed	Prelims
Preliminaries		
1 Lebanon Valley 'A'	48.62	48.62q
1) Kristin Fitti-Hafer SO	2) Alisha Farrell JR	
3) Ines Antensteiner FR	4) Johanna Walker SR	
2 Misericordia 'A'	49.23	49.23q
1) Jill Dunn JR	2) Stephanie Grow JR	
3) Jenn Lozier SR	4) Stacey Perrins JR	
3 Messiah 'A'	50.23	50.23q
1) Liz Martin SO	2) Ellamae Heisey SR	
3) Courtney Grammar JR	4) Katie Craven SR	
4 Elizabethtown 'A'	50.38	50.38q
1) Ashley Lockwood JR	2) Pam Jaraczewski JR	
3) Katy Fogel JR	4) Jenna Niedermayer JR	
5 Widener 'A'	50.98	50.98q
1) Brittany Diehl FR	2) Kayla Thomas FR	
3) Jordan Baker FR	4) Darcela Llanos JR	
6 Albright 'A'	52.72	52.72q
1) Ronya Nassar FR	2) Adeola Olaoluwa JR	
3) Candace Messner SO	4) Taylor Kutz JR	
7 DeSales 'A'	53.46	53.46q
1) Shannon Hellem FR	2) Alyssa Brandt FR	
3) Renee Kunkle JR	4) Katlyn Diffenderfer SO	
8 Alvernia 'A'	53.97	53.97q
1) Erin Verdon FR	2) Karlee Kominsky FR	
3) Melissa Fellenbaum JR	4) Bridget Verdel FR	

Event 18 Women 4x100 Meter Relay

=====
 MAC: M 48.20 2007 Moravian
 E-town Track: E 47.10 5/18/2005 Lincoln (Pa.)
 Douglas, Macklin, Sabb, Jackson

School	Prelims	Finals	Points
=====			
Finals			
1 Lebanon Valley 'A'	48.62	47.89M	10
2 Misericordia 'A'	49.23	48.18M	8
3 Elizabethtown 'A'	50.38	49.20	6
4 Messiah 'A'	50.23	50.06	5
5 Widener 'A'	50.98	50.21	4
6 DeSales 'A'	53.46	51.35	3
7 Alvernia 'A'	53.97	53.52	2
-- Albright 'A'	52.72	DNF	

Event 19 Women Triple Jump

=====
 MAC: M 11.83m 2008 Kristen Bates, Messiah
 E-town Track: E 37-06.50 5/18/2005 Ann Doty, Bucknell

Name	Year School	Seed	Finals	Wind	Points
=====					
1 Jenna Niedermayer	JR Elizabethtow	11.30m	11.63m	+0.0	38-02.00 10
			10.84m(-0.9) 11.22m(0.4) 11.20m(+0.0) 11.08m(+0.0) 11.63m(+0.0) 11.62m(1.0)		
2 Jill Dunn	JR Misericordia	11.17m	11.58m	+0.0	38-00.00 8
			10.69m(1.0) 11.05m(0.1) 11.38m(0.8) 10.69m(0.8) PASS 11.58m(+0.0)		
3 Rachel Bjorkman	JR Messiah	10.37m	10.42m	+0.0	34-02.25 6
			10.08m(1.0) 10.04m(2.2) 10.30m(1.5) 10.04m(1.2) 10.01m(1.2) 10.42m(+0.0)		
4 Taylor Gerchak	FR Lebanon Vall	10.19m	10.29m	0.5	33-09.25 5
			9.79m(0.6) 9.86m(-0.7) 10.23m(2.3) 10.01m(0.1) 10.19m(1.1) 10.29m(0.5)		
5 Tori Stramara	FR Lebanon Vall	10.17m	10.17m	1.4	33-04.50 4
			FOUL(1.2) 9.86m(+0.0) 10.17m(1.4) 10.01m(1.9) FOUL(+0.0) 9.38m(0.6)		
6 Suzette Sancho	FR Messiah	9.95m	10.13m	1.3	33-03.00 3
			9.82m(0.3) 10.02m(0.4) 10.13m(1.3) 9.78m(1.7) 10.01m(-0.6) 10.02m(1.1)		
7 Kayla Thomas	FR Widener	10.27m	9.96m	0.7	32-08.25 2
			9.82m(0.9) 9.96m(0.7) 9.70m(2.1) 9.81m(0.1) PASS 9.59m(-0.9)		
8 Anna Nole	FR Misericordia	9.97m	9.92m	1.9	32-06.50 1
			FOUL(0.4) 9.69m(0.2) 9.92m(1.9) 9.69m(+0.0) 9.35m(-0.8) 9.69m(-0.1)		
9 Kelsey Wallen	JR Lebanon Vall	9.88m	9.89m	+0.0	32-05.50
			9.13m(0.6) 9.53m(0.5) 9.37m(1.7) FOUL(1.0) 9.89m(+0.0) 9.16m(0.3)		

Event 22 Women 100 Meter Hurdles

=====
 MAC: M 14.14 2009 Kristen Bates, Messiah
 E-town Track: E 14.14 5/2/2009 Kristen Bates, Messiah

Name	Year School	Seed	Prelims	Wind	H#
=====					
Preliminaries					
1 Johanna Walker	SR Lebanon Vall	14.49	14.30Q	0.3	2
2 Liz Martin	SO Messiah	14.74	15.15Q	+0.0	1
3 Jill Dunn	JR Misericordia	16.05	15.44q	0.3	2
4 Kristin Fitti-Hafe	SO Lebanon Vall	15.50	15.59q	+0.0	1
5 Katy Fogel	JR Elizabethtow	16.52	16.03q	+0.0	1
6 Alexis Maylor	SO Delaware Val	15.74	16.10q	0.3	2
7 Mackenzie Alexande	FR Messiah	16.67	16.18q	+0.0	1
8 Kelsey Wallen	JR Lebanon Vall	16.88	16.68q	0.3	2
9 Monica Loranger	SO Elizabethtow	17.44	17.09	+0.0	1
10 Ellamae Heisey	SR Messiah	17.23	17.12	+0.0	1
11 Alyssa Brandt	FR DeSales	17.22	17.16	0.3	2
12 Kathyrn O'Hara	FR Lebanon Vall	17.73	17.48	0.3	2
-- Katherine Steffney	FR Misericordia	17.75	DQ	0.3	2

Event 22 Women 100 Meter Hurdles

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 MAC: M 14.14 2009 Kristen Bates, Messiah
 E-town Track: E 14.14 5/2/2009 Kristen Bates, Messiah

Name	Year School	Prelims	Finals	Wind	Points
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Finals

1	Johanna Walker	SR Lebanon Vall	14.30	14.25	-0.6	10
2	Liz Martin	SO Messiah	15.15	15.12	-0.6	8
3	Jill Dunn	JR Misericordia	15.44	15.40	-0.6	6
4	Kristin Fitti-Hafe	SO Lebanon Vall	15.59	15.79	-0.6	5
5	Katy Fogel	JR Elizabethtow	16.03	15.85	-0.6	4
6	Alexis Maylor	SO Delaware Val	16.10	16.13	-0.6	3
7	Mackenzie Alexande	FR Messiah	16.18	16.88	-0.6	2
8	Kelsey Wallen	JR Lebanon Vall	16.68	16.89	-0.6	1

Event 24 Women 400 Meter Dash

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MAC: M 57.79 2008 Rachel Hepkins, Messiah

E-town Track: E 59.09 5/5/2007 Amy Reehil, Moravian

Name	Year	School	Seed	Prelims	H#
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Preliminaries

1	Katie Craven	SR Messiah	1:00.71	E 58.96Q	2
2	Brittany Diehl	FR Widener	58.94	59.50Q	1
3	Alexis Lanzillotti	FR Manhattanvil	59.72	59.45q	2
4	Alisha Farrell	JR Lebanon Vall	58.34	59.69q	2
5	Stephanie Grow	JR Misericordia	1:00.06	59.78q	2
6	Tiffany Mills	JR Messiah	59.58	1:00.25q	1
7	Taylor Kutz	JR Albright	1:00.07	1:00.44q	1
8	Darcela Llanos	JR Widener	1:01.30	1:00.71q	2
9	Ashley Lockwood	JR Elizabethtow	1:01.50	1:00.87	1
10	Renee Kunkle	JR DeSales	1:00.53	1:01.22	1
11	Marianna Wright	FR Misericordia	1:01.54	1:01.79	1
12	Jeanne Knowles	SO Alvernia	1:02.14	1:02.33	2
13	Julie Mikolaichick	SO Misericordia	1:03.05	1:04.66	2
14	Breyonna Mack	FR Elizabethtow	1:05.54	1:05.62	1

Event 24 Women 400 Meter Dash

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MAC: M 57.79 2008 Rachel Hepkins, Messiah

E-town Track: E 59.09 5/5/2007 Amy Reehil, Moravian

Name	Year	School	Prelims	Finals	Points
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Finals

1	Brittany Diehl	FR Widener	59.50	58.34E	10
2	Alisha Farrell	JR Lebanon Vall	59.69	58.44E	8
3	Katie Craven	SR Messiah	58.96	58.53E	6
4	Tiffany Mills	JR Messiah	1:00.25	59.01E	5
5	Alexis Lanzillotti	FR Manhattanvil	59.45	59.16	4
6	Darcela Llanos	JR Widener	1:00.71	59.43	3
7	Stephanie Grow	JR Misericordia	59.78	59.97	2
8	Taylor Kutz	JR Albright	1:00.44	1:00.35	1

Event 26 Women 100 Meter Dash

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MAC: M 12.12 1988 Denise Shotwell, Dickinson

E-town Track: E 12.17 5/5/2007 Erin Recker, Moravian

Name	Year	School	Seed	Prelims	Wind	H#
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Preliminaries

1	Liz Martin	SO Messiah	12.66	12.55Q	-0.1	1
2	Johanna Walker	SR Lebanon Vall	12.79	12.58Q	-0.1	3
3	Ines Antensteiner	FR Lebanon Vall	12.43	12.84Q	-0.1	2
4	Stacey Perrins	JR Misericordia	12.62	12.59q	-0.1	3
5	Kristin Fitti-Hafe	SO Lebanon Vall	12.84	12.85q	-0.1	2
6	Katlyn Diffenderfe	SO DeSales	12.78	12.87q	-0.1	1
7	Jenn Lozier	SR Misericordia	13.23	12.96q	-0.1	1
8	Pam Jaraczewski	JR Elizabethtow	13.12	13.06q	-0.1	3
9	Katie Craven	SR Messiah	12.99	13.07	-0.1	2
10	Sarah Downer	FR Misericordia	13.32	13.25	-0.1	3
11	Madeleine Cattuna	JR Widener	13.67	13.39	-0.1	2
12	Courtney Grammar	JR Messiah	13.19	13.40	-0.1	1

13	Jordan Baker	FR Widener	13.73	13.54	-0.1	3
14	Adeola Olaoluwa	JR Albright	13.72	13.70	-0.1	2
15	Ronya Nassar	FR Albright	13.89	13.72	-0.1	3
16	Suzette Sancho	FR Messiah	13.85	13.85	-0.1	1
17	Erin Verdon	FR Alvernia	13.84	13.95	-0.1	1
18	Sue-Yen Spencer	FR Widener	13.94	13.99	-0.1	2
19	Kimberly Haines	JR Delaware Val	14.11	14.55	-0.1	3
--	Ellamae Heisey	SR Messiah	13.92	DNF	-0.1	2

Event 26 Women 100 Meter Dash

=====						
MAC: M 12.12 1988		Denise Shotwell, Dickinson				
E-town Track: E 12.17 5/5/2007		Erin Recker, Moravian				
Name	Year	School	Prelims	Finals	Wind	Points
=====						
Finals						
1	Liz Martin	SO Messiah	12.55	12.53	-1.5	10
2	Stacey Perrins	JR Misericordia	12.59	12.56	-1.5	8
3	Johanna Walker	SR Lebanon Vall	12.58	12.75	-1.5	6
4	Ines Antensteiner	FR Lebanon Vall	12.84	12.85	-1.5	5
5	Katlyn Diffenderfe	SO DeSales	12.87	12.89	-1.5	4
6	Kristin Fitti-Hafe	SO Lebanon Vall	12.85	12.93	-1.5	3
7	Pam Jaraczewski	JR Elizabethtow	13.06	13.09	-1.5	2
8	Jenn Lozier	SR Misericordia	12.96	13.26	-1.5	1

Event 28 Women 800 Meter Run

=====						
MAC: M 2:14.06 1989		Rebecca Weiderrecht, Messiah				
E-town Track: E 2:15.36 5/18/2005		Katie Garner, Elizabethtown				
Name	Year	School	Seed	Prelims		
=====						
Preliminaries						
1	Kelsey Cameron	JR Misericordia	2:17.23	2:18.08Q		
2	Cynthia Adams	SO Lebanon Vall	2:15.32	2:21.78Q		
3	Kathryn Howser	SR Elizabethtow	2:15.11	2:22.77Q		
4	Amelia Tearnan	FR Elizabethtow	2:19.64	2:18.48Q		
5	Ashley Underkofler	FR Elizabethtow	2:23.23	2:21.83Q		
6	Bridget Comiskey	SO Misericordia	2:24.98	2:23.68Q		
7	Caroline Vazzana	SO Albright	2:26.33	2:22.54q		
8	Laurie Jones	SO Elizabethtow	2:26.22	2:22.89q		
9	Tiffany Frederick	SR Lebanon Vall	2:24.74	2:24.16		
10	Brooke Airey	SR Messiah	2:27.25	2:24.72		
11	Kim Garcia	FR DeSales	2:31.28	2:25.30		
12	Jillian Casey	JR Elizabethtow	2:31.23	2:25.50		
13	Stephanie Miller	JR Messiah	2:27.91	2:26.47		
14	Nicole Sunderland	SO Messiah	2:30.09	2:28.61		
15	Liz Deming	FR Elizabethtow	2:27.87	2:29.06		
16	Michelle Churchman	FR DeSales	2:35.26	2:31.21		
17	Krystal Swasey	SO Albright	2:37.40	2:32.22		
18	Rachael Harding	FR Misericordia	2:33.20	2:32.35		
19	Leah Novak	FR Messiah	2:32.09	2:33.65		
20	Erin Stone	SO Alvernia	2:34.87	2:33.67		
21	Rebecca Ports	FR Messiah	2:28.54	2:38.35		

Event 28 Women 800 Meter Run

=====						
MAC: M 2:14.06 1989		Rebecca Weiderrecht, Messiah				
E-town Track: E 2:15.36 5/18/2005		Katie Garner, Elizabethtown				
Name	Year	School	Prelims	Finals	Points	
=====						
Finals						
1	Cynthia Adams	SO Lebanon Vall	2:21.78	2:19.18	10	
2	Kelsey Cameron	JR Misericordia	2:18.08	2:20.99	8	
3	Ashley Underkofler	FR Elizabethtow	2:21.83	2:22.73	6	
4	Bridget Comiskey	SO Misericordia	2:23.68	2:22.98	5	
5	Caroline Vazzana	SO Albright	2:22.54	2:23.68	4	
6	Amelia Tearnan	FR Elizabethtow	2:18.48	2:23.80	3	
7	Kathryn Howser	SR Elizabethtow	2:22.77	2:25.07	2	

8 Laurie Jones SO Elizabethtow 2:22.89 2:27.27 1

Event 30 Women 400 Meter Hurdles

MAC: M 1:01.85 2007 Emily Lepley, Susquehanna
E-town Track: E 1:03.19 5/2/2009 Kristen Bates, Messiah

Name	Year	School	Seed	Prelims	H#
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Preliminaries

1	Jill Dunn	JR Misericordia	1:05.36	1:04.72Q	2
2	Liz Martin	SO Messiah		1:06.42Q	1
3	Jamielyn Samper	SO Lebanon Vall	1:09.66	1:08.10q	1
4	Tiffany Mills	JR Messiah	1:06.16	1:08.27q	1
5	Kathyrn O'Hara	FR Lebanon Vall	1:11.37	1:09.55q	1
6	Alyssa Brandt	FR DeSales	1:11.50	1:10.31q	1
7	Chelsea Saylor	SO DeSales	1:10.31	1:10.62q	2
8	Alexandra Christ	SO Elizabethtow	1:11.07	1:10.76q	2
9	Jill Patrick	SR Elizabethtow	1:13.76	1:12.70	2
10	Kelly Van Clief	JR Elizabethtow	1:13.71	1:13.48	2
11	Shanna Kirgan	SO Elizabethtow	1:14.48	1:14.73	1
12	Lauren Grauer	FR Lebanon Vall	1:17.35	1:17.87	1
13	Chrissy Banos	FR DeSales	1:19.13	1:18.33	2
14	Brittany Danielle	FR Delaware Val	1:18.94	1:19.81	2

Event 30 Women 400 Meter Hurdles

MAC: M 1:01.85 2007 Emily Lepley, Susquehanna
E-town Track: E 1:03.19 5/2/2009 Kristen Bates, Messiah

Name	Year	School	Prelims	Finals	Points
------	------	--------	---------	--------	--------

Finals

1	Liz Martin	SO Messiah	1:06.42	1:02.63E	10
2	Jill Dunn	JR Misericordia	1:04.72	1:04.57	8
3	Tiffany Mills	JR Messiah	1:08.27	1:05.71	6
4	Jamielyn Samper	SO Lebanon Vall	1:08.10	1:09.24	5
5	Kathyrn O'Hara	FR Lebanon Vall	1:09.55	1:09.49	4
6	Chelsea Saylor	SO DeSales	1:10.62	1:09.83	3
7	Alyssa Brandt	FR DeSales	1:10.31	1:10.44	2
8	Alexandra Christ	SO Elizabethtow	1:10.76	1:10.73	1

Event 32 Women 200 Meter Dash

MAC: M 24.80 1988 Denise Shotwell, Dickinson
E-town Track: E 24.83 5/18/2005 Happy Darcus, Christopher Newport

Name	Year	School	Seed	Prelims	Wind	H#
------	------	--------	------	---------	------	----

Preliminaries

1	Stacey Perrins	JR Misericordia	26.14	25.75Q	1.3	1
2	Liz Martin	SO Messiah	26.24	25.83Q	1.4	2
3	Johanna Walker	SR Lebanon Vall	25.78	25.91Q	0.9	3
4	Ines Antensteiner	FR Lebanon Vall	26.03	25.99q	1.4	2
5	Kristin Fitti-Hafe	SO Lebanon Vall	26.21	26.01q	1.3	1
6	Pam Jaraczewski	JR Elizabethtow	26.43	26.07q	0.9	3
7	Katlyn Diffenderfe	SO DeSales	26.68	26.32q	1.3	1
8	Katie Craven	SR Messiah	26.25	26.45q	0.9	3
9	Taylor Kutz	JR Albright	26.56	26.68	1.4	2
10	Jenn Lozier	SR Misericordia	27.42	26.68	1.4	2
11	Sarah Downer	FR Misericordia	27.75	26.95	1.4	2
12	Marianna Wright	FR Misericordia	27.49	27.04	0.9	3
13	Madeleine Cattuna	JR Widener	27.71	27.10	0.9	3
14	Courtney Grammar	JR Messiah	27.31	27.47	1.3	1
15	Erin Verdon	FR Alvernia	28.23	28.30	1.3	1
16	Ersikha Eugene	SO Messiah	28.59	28.51	1.3	1
17	Tasia Adams	JR Messiah	28.87	28.58	1.4	2
18	Shannon Hellem	FR DeSales	29.13	28.63	0.9	3
19	Kimberly Haines	JR Delaware Val	29.04	28.80	0.9	3

Event 32 Women 200 Meter Dash

=====
 MAC: M 24.80 1988 Denise Shotwell, Dickinson
 E-town Track: E 24.83 5/18/2005 Happy Darcus, Christopher Newport
 Name Year School Prelims Finals Wind Points
 =====

Finals

1	Stacey Perrins	JR Misericordia	25.75	25.49	-2.0	10
2	Ines Antensteiner	FR Lebanon Vall	25.99	25.86	-2.0	8
3	Liz Martin	SO Messiah	25.83	26.14	-2.0	6
4	Johanna Walker	SR Lebanon Vall	25.91	26.17	-2.0	5
5	Pam Jaraczewski	JR Elizabethtow	26.07	26.28	-2.0	4
6	Katlyn Diffenderfe	SO DeSales	26.32	26.39	-2.0	3
7	Kristin Fitti-Hafe	SO Lebanon Vall	26.01	26.40	-2.0	2
8	Katie Craven	SR Messiah	26.45	26.52	-2.0	1

Event 34 Women Long Jump

=====
 MAC: M 18-06 1996 Janine Shirk, Messiah
 E-town Track: E 18-10 5/18/2005 Marquita Mines, Christopher Newport
 Name Year School Seed Finals Wind Points
 =====

1	Jenna Niedermayer	JR Elizabethtow	5.53m	5.40m	2.4	17-08.75	10
	5.40m(2.4) 5.39m(1.9) 5.21m(1.4) 5.03m(1.6) FOUL(0.6) FOUL(1.7)						
2	Alisha Farrell	JR Lebanon Vall	5.55m	5.19m	1.8	17-00.50	8
	FOUL(1.6) 4.77m(1.5) FOUL(0.8) 5.19m(1.8) 5.06m(+0.0) FOUL(2.4)						
3	Ersikha Eugene	SO Messiah	5.05m	5.01m	1.5	16-05.25	6
	FOUL(1.1) FOUL(1.9) 5.01m(1.5) FOUL(1.3) 4.72m(1.0) 4.72m(2.4)						
4	Alexis Maylor	SO Delaware Val	5.33m	4.99m	2.8	16-04.50	5
	4.74m(2.3) 4.64m(0.1) 4.65m(1.2) 4.79m(0.1) 4.81m(1.4) 4.99m(2.8)						
5	Karlee Kominsky	FR Alvernia	4.78m	4.88m	1.4	16-00.25	4
	4.75m(1.7) 4.69m(2.5) 4.63m(0.5) 4.72m(+0.0) 4.59m(0.7) 4.88m(1.4)						
6	Jill Dunn	JR Misericordia	5.41m	4.79m	1.3	15-08.75	3
	4.71m(2.5) 4.72m(1.3) 4.76m(1.3) 4.64m(0.8) 4.79m(1.3) FOUL(2.0)						
7	Annese Mauer	FR Lebanon Vall	4.80m	4.78m	+0.0	15-08.25	2
	FOUL(1.3) 4.63m(3.7) 4.18m(1.8) 4.65m(0.3) FOUL(1.4) 4.78m(+0.0)						
8	Suzette Sancho	FR Messiah	4.90m	4.74m	+0.0	15-06.75	1
	4.74m(+0.0) 4.66m(1.5) 4.69m(1.4) FOUL(0.6) 4.65m(3.0) 4.50m(2.0)						
9	Rachel Bjorkman	JR Messiah	4.80m	4.62m	0.3	15-02.00	
	4.62m(0.3) 4.40m(1.4) 4.35m(1.0) FOUL(1.9) 4.61m(1.0) 4.30m(+0.0)						
10	Victoria Batter	SO Widener	4.53m	4.58m	1.3	15-00.50	
	4.47m(0.8) 4.52m(1.4) 4.58m(1.3)						
11	Pam Jaraczewski	JR Elizabethtow	4.94m	4.55m	2.3	14-11.25	
	4.46m(1.5) 4.55m(2.3) 4.50m(0.6)						
12	Taylor Gerchak	FR Lebanon Vall	4.52m	4.51m	1.9	14-09.75	
	FOUL(1.7) 4.39m(1.8) 4.51m(1.9)						
13	Tori Stramara	FR Lebanon Vall	4.49m	4.15m	1.4	13-07.50	
	FOUL(0.8) FOUL(1.3) 4.15m(1.4)						

Event 36 Women Hammer Throw

=====
 MAC: M 45.37m 5/6/2010 Nikita Halteman, Widener
 E-town Track: E 145-11 5/2/2009 Meghan Weber, DeSales
 Name Year School Seed Finals Points
 =====

1	Kira Maier	JR Messiah	39.30m	42.23m	138-06	10
	FOUL 41.17m 42.23m 36.17m FOUL FOUL					
2	Rachel Heisler	FR Alvernia	38.86m	40.80m	133-10	8
	FOUL 40.80m 37.93m 39.39m FOUL FOUL					
3	Amanda-Renee Danie	FR Widener	44.92m	40.68m	133-05	6
	33.97m FOUL 40.16m 38.97m 40.68m FOUL					
4	Kammeron Stocks	SO DeSales	40.71m	40.24m	132-00	5
	39.31m 38.35m FOUL 38.21m 40.24m 38.37m					
5	Chelsea Youtz	SR Misericordia	37.03m	39.20m	128-07	4
	36.54m 37.70m 39.20m 38.27m 38.85m 39.10m					
6	Rachelle Salem	SR Delaware Val	37.79m	38.37m	125-11	3
	38.28m 35.42m 37.39m FOUL 38.37m 37.52m					
7	Eileen Kroszner	SO Elizabethtow	34.83m	38.37m	125-11	2
	FOUL 34.18m FOUL 35.52m 38.37m 37.41m					

8	Olivia Wade	SO DeSales	37.36m	36.04m	118-03	1
	FOUL FOUL 36.04m FOUL FOUL FOUL					
9	Caitlin Bach	SO Lebanon Vall	31.22m	33.46m	109-09	
	30.64m 33.46m 30.38m 33.46m FOUL FOUL					
10	Amanda Searle	SO Alvernia	37.49m	33.37m	109-06	
	33.37m FOUL 31.11m					
11	Ann Marie Consigli	SO DeSales	32.92m	33.22m	109-00	
	29.78m 30.82m 33.22m					
12	Jazmyn Vega	SO Alvernia	31.34m	30.45m	99-11	
	29.56m 28.56m 30.45m					
13	Rebecca Keppler	FR Widener	32.54m	30.05m	98-07	
	FOUL 30.05m 29.78m					
14	Ashley Napolitano	FR Messiah	27.15m	29.44m	96-07	
	26.70m 29.44m 26.38m					
15	Maurissa Laudeman	JR Lebanon Vall	30.61m	28.78m	94-05	
	28.68m 28.78m 28.56m					
16	Esther Jean-Baptis	FR Albright	30.53m	28.11m	92-03	
	26.70m FOUL 28.11m					
17	Lindsay Boyd	JR Albright	31.45m	27.62m	90-07	
	24.30m 27.62m 27.48m					
18	Corine Denny	SO Lebanon Vall	30.24m	26.55m	87-01	
	FOUL FOUL 26.55m					
--	Ashley Wade	SR DeSales		FOUL		
	FOUL FOUL FOUL					

Event 37 Women 1500 Meter Run

=====						
	MAC: M 4:37.88	1996	Tracy Wartman, Moravian			
E-town Track: E 4:41.15	5/2/2009	Jenn Cronin, Lebanon Valley				
Name	Year	School	Seed	Finals	Points	
=====						
1	Traci Tempone	SO Elizabethtow	4:55.00	4:44.34	10	
2	Kelsey Cameron	JR Misericordia	4:50.76	4:45.68	8	
3	Kathryn Howser	SR Elizabethtow	4:41.39	4:45.72	6	
4	Megan Tursi	SO Elizabethtow	4:54.16	4:49.17	5	
5	Courtney Long	SR Messiah	4:55.84	4:51.91	4	
6	Laurie Jones	SO Elizabethtow	5:02.20	4:54.73	3	
7	Amelia Tearnan	FR Elizabethtow	4:54.87	4:55.99	2	
8	Sarah Braun	JR DeSales	5:11.13	4:56.82	1	
9	Julia Mongeau	SO Lebanon Vall	5:05.38	4:59.61		
10	Brooke Airey	SR Messiah	5:04.40	5:04.80		
11	Brenda Flaherty	JR Messiah	5:10.23	5:08.76		
12	Katlyn Little	JR DeSales	5:21.18	5:09.37		
13	Alyssa Miller	SO Lebanon Vall	5:06.21	5:10.29		
14	Stephanie Miller	JR Messiah	5:22.25	5:10.63		
15	Tracey Forsythe	JR Delaware Val	5:17.91	5:10.99		
16	Jessica Dillner	JR Messiah	5:07.84	5:11.21		
17	Dana Stockdale	FR Lebanon Vall	5:10.37	5:14.08		
18	Abby Reed	SR Messiah	5:07.31	5:15.04		
19	Alyssa Keich	FR Lebanon Vall	5:24.02	5:21.42		
20	Elaina Nellis	SO Elizabethtow	5:25.97	5:22.64		
21	Kimberly Hummel	SR Albright	5:21.47	5:23.29		
22	Hayley Conover	JR Widener	5:26.69	5:23.84		
23	Victoria Hepp	SO Messiah	5:26.41	5:24.85		
24	Nicole Vasiliu	FR Lebanon Vall	5:28.04	5:25.72		
25	Shanna Hawkins	JR Albright	5:32.08	5:26.73		
26	Katie Stuck	JR Messiah	5:27.16	5:27.14		
27	Maura O'Rourke	SR Misericordia	5:32.90	5:27.64		
28	Tara Moken	FR Widener	5:22.10	5:32.55		
29	Amanda Robertson	SO Elizabethtow	5:34.27	5:32.70		
30	Colleen Costello	SO DeSales	5:33.20	5:33.78		
31	Amber Shay	FR Lebanon Vall	5:34.14	5:40.02		
32	Alison Harrell	SO Elizabethtow	5:26.69	5:44.06		

Event 39 Women Javelin Throw

=====						
	MAC: M 50.19m	2002	Christina Scherwin, Moravian			
E-town Track: E 148-00	5/5/2007	Amy Reed, Messiah				

Name	Year	School	Seed	Finals	Points
1	Hillary Pelkey	JR Messiah	37.10m	38.46m	126-02 10
	35.77m 38.46m 31.46m 33.93m FOUL 35.16m				
2	Rebecca Hindman	SO Misericordia	31.62m	36.06m	118-04 8
	33.91m 36.06m FOUL 32.19m 30.80m 32.70m				
3	Kammeron Stocks	SO DeSales	34.27m	33.89m	111-02 6
	33.85m 31.37m 33.89m 32.70m 31.87m 31.85m				
4	Lauren Peterson	FR Widener	33.02m	33.34m	109-04 5
	33.34m 32.23m 29.40m 31.36m 27.79m 31.55m				
5	Hailey Lepori	FR Alvernia	33.21m	33.16m	108-09 4
	FOUL 30.59m FOUL FOUL FOUL 33.16m				
6	Mariah Smolka	FR Lebanon Vall	36.11m	33.04m	108-05 3
	32.31m FOUL 30.62m 32.78m FOUL 33.04m				
7	Eileen Kroszner	SO Elizabethtow	30.40m	30.90m	101-04 2
	26.40m 30.90m 29.84m 28.02m 28.81m 28.97m				
8	Kelsey Thompson	FR Misericordia	32.96m	30.75m	100-11 1
	30.75m 27.90m 23.77m 29.11m 27.81m 30.26m				
9	Claire Hejnas	SO Lebanon Vall	32.72m	30.02m	98-06
	29.05m 30.02m 29.85m 28.69m 28.16m FOUL				
10	Chelsey Watson	FR Messiah	32.70m	29.05m	95-04
	29.05m 27.99m 28.30m				
11	Teagan McCardle	FR Delaware Val	31.06m	27.17m	89-02
	FOUL FOUL 27.17m				
12	Kira Maier	JR Messiah	30.04m	27.08m	88-10
	26.25m 27.02m 27.08m				
13	Jazmyn Vega	SO Alvernia	28.80m	26.67m	87-06
	26.67m FOUL FOUL				
14	Alyssa Mills	FR Messiah	33.80m	26.26m	86-02
	FOUL FOUL 26.26m				

Event 41 Women 5000 Meter Run

Name	Year	School	Seed	Finals	Points
1	Traci Tempone	SO Elizabethtow	17:16.34	18:12.35	10
2	Mary Higgins	SR Messiah	18:30.72	18:32.71	8
3	Taryn Shank	JR Elizabethtow	19:40.30	18:35.35	6
4	Courtney Long	SR Messiah	18:38.56	18:41.91	5
5	Jennifer Bender	SO Messiah	18:42.00	18:46.37	4
6	Megan Tursi	SO Elizabethtow	18:35.54	18:47.03	3
7	Cara Guth	JR DeSales	18:51.73	18:58.41	2
8	Eileen Cody	SO Elizabethtow	17:50.06	19:07.62	1
9	Rachel Winters	JR DeSales		19:26.99	
10	Alisha Jordan	JR Delaware Val	19:24.77	19:35.45	
11	Cassie Harmon	SR DeSales	19:53.94	19:44.86	
12	Sarah Steinmetz	JR Elizabethtow	19:41.40	19:49.71	
13	Alyssa Miller	SO Lebanon Vall	19:42.08	19:54.02	
14	Kaylene Mason	SO Messiah	20:15.20	20:02.26	
15	Korrie Elliott	JR Messiah	19:57.01	20:09.24	
16	Dana Stockdale	FR Lebanon Vall	19:50.79	20:29.47	
17	Elaina Nellis	SO Elizabethtow	20:30.84	20:39.79	
18	Jennifer Bove	SO Messiah	20:22.84	20:49.99	
19	Katherine Campbell	SO Delaware Val	19:56.56	20:58.53	

Event 43 Women 4x400 Meter Relay

School	Seed	Finals	Points
1 Misericordia 'A'	3:59.49	3:58.30M	10
1) Jill Dunn JR			
2) Bridget Comiskey SO			
3) Kelsey Cameron JR			
4) Stephanie Grow JR			
2 Lebanon Valley 'A'	3:59.85	3:59.74	8

1) Tiffany Frederick SR	2) Cynthia Adams SO			
3) Johanna Walker SR	4) Alisha Farrell JR			
3 Messiah 'A'		4:07.88	4:03.18	6
1) Liz Martin SO	2) Tiffany Mills JR			
3) Brooke Airey SR	4) Katie Craven SR			
4 DeSales 'A'		4:27.67	4:08.43	5
1) Renee Kunkle JR	2) Katlyn Diffenderfer SO			
3) Kim Garcia FR	4) Katlyn Little JR			
5 Elizabethtown 'A'		4:05.45	4:09.87	4
1) Katy Fogel JR	2) Ashley Underkofler FR			
3) Liz Deming FR	4) Ashley Lockwood JR			
6 Widener 'A'		4:07.29	4:11.51	3
1) Darcela Llanos JR	2) Brittany Diehl FR			
3) Emilie Keane SR	4) Shantelle Lowery FR			
7 Albright 'A'		4:30.88	4:17.23	2
1) Caroline Vazzana SO	2) Taylor Kutz JR			
3) Mary Frederick JR	4) Krystal Swasey SO			
8 Alvernia 'A'		4:21.64	4:21.99	1
1) Karlee Kominsky FR	2) Erin Verdon FR			
3) Erin Stone SO	4) Bridget Verdel FR			

Women - Team Rankings - 22 Events Scored

1) Messiah	189	2) Lebanon Valley	165
3) Elizabethtown	161.50	4) Misericordia	123.50
5) Widener	68.50	6) DeSales	53.50
7) Delaware Valley	40	8) Alvernia	33
9) Albright	13	10) Manhattanville	4

Men - Team Rankings - 22 Events Scored

1) Widener	250.50	2) Messiah	149
3) Elizabethtown	146	4) Lebanon Valley	101
5) DeSales	67.50	6) Alvernia	51
7) Albright	36.50	8) Misericordia	26
8) Delaware Valley	26	10) Manhattanville	1.50