

Women 100 Meter Dash

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Katlyn Diffenderfer	JR	DeSales	12.22	12.37Q	2.8	1
2 Liz Martin	JR	Messiah	12.23	12.39Q	4.0	3
3 Kristin Fitti-Hafer	JR	Lebanon Vall	12.69	12.54Q	2.4	2
4 Danisha Higgs	JR	Albright	12.31	12.54Q	-0.1	4
5 Jenna Niedermayer	SR	Elizabethtow	12.88	12.44q	4.0	3
6 Shakeira Fowler	FR	Widener	12.63	12.60q	2.4	2
7 Shannon Roberts	FR	Manhattanvil	12.80	12.85q	-0.1	4
8 Pam Jaraczewski	SR	Elizabethtow	13.12	12.89q	2.8	1
9 Gabriella Messina	FR	Alvernia	13.02	12.91	2.8	1
10 Erin Verdon	SO	Alvernia	13.64	13.15	2.8	1
11 Alexis Lanzillotti	SO	Manhattanvil	13.29	13.21	4.0	3
12 Sarah Downer	SO	Misericordia	13.33	13.34	2.4	2
13 Courtney Grammar	SR	Messiah	13.30	13.40	-0.1	4
14 Ines Antensteiner	SO	Lebanon Vall	13.44	13.42	2.4	2
15 Bailey Heishman	FR	Widener	13.61	13.48	2.8	1
16 Corinne Walker	FR	Misericordia	13.59	13.54	4.0	3
17 Ronya Nassar	SO	Albright	13.84	13.73	-0.1	4
18 Shea Olcheski	SO	Albright	13.96	13.76	2.4	2
19 Monee Hill	SO	Stevenson	13.80	13.77	4.0	3
20 Lauren Mowery	JR	Lebanon Vall	13.55	13.89	-0.1	4
21 Jackie Zylka	JR	Elizabethtow	14.06	13.92	-0.1	4
22 Briana Manns	FR	Delaware Val	14.14	13.97	2.8	1
23 Melissa Greulich	JR	Delaware Val	14.13	13.99	4.0	3
24 Maya Jackson	SO	Hood	14.14	13.99	2.8	1
25 Debbie Rivera	FR	Manhattanvil	13.96	14.13	2.4	2

Women 100 Meter Dash

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1 Danisha Higgs	JR	Albright	12.54	12.04	-0.5	10
2 Katlyn Diffenderfer	JR	DeSales	12.37	12.54	-0.5	8
3 Shakeira Fowler	FR	Widener	12.60	12.55	-0.5	6
4 Kristin Fitti-Hafer	JR	Lebanon Vall	12.54	12.65	-0.5	5
5 Liz Martin	JR	Messiah	12.39	12.73	-0.5	4
6 Shannon Roberts	FR	Manhattanvil	12.85	12.80	-0.5	3
7 Jenna Niedermayer	SR	Elizabethtow	12.44	12.93	-0.5	2
8 Pam Jaraczewski	SR	Elizabethtow	12.89	13.24	-0.5	1

Women 200 Meter Dash

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Danisha Higgs	JR	Albright	26.05	25.75Q	-4.1	1
2 Liz Martin	JR	Messiah	25.59	25.97Q	-0.4	3
3 Katlyn Diffenderfer	JR	DeSales	25.58	26.19Q	-3.8	2
4 Shannon Roberts	FR	Manhattanvil	26.22	26.14q	-0.4	3
5 Shakeira Fowler	FR	Widener	25.84	26.20q	-4.1	1
6 Kristin Fitti-Hafer	JR	Lebanon Vall	26.63	26.22q	-3.8	2
7 Hilari Norris	FR	Misericordia	26.64	26.75q	-0.4	3
8 Brittany Diehl	SO	Widener	26.70	26.75q	-4.1	1
9 Taylor Kutz	SR	Albright	26.54	26.81	-3.8	2
10 Megan Cahill	SR	Hood	27.20	26.83	-4.1	1
11 Stephanie Grow	SR	Misericordia	26.84	26.94	-0.4	3
12 Pam Jaraczewski	SR	Elizabethtow	26.85	27.03	-3.8	2
13 Chelsea Young	JR	Hood	26.73	27.25	-4.1	1
14 Amy Viti	FR	Misericordia	26.90	27.30	-3.8	2
15 Courtney Grammar	SR	Messiah	27.18	27.30	-0.4	3
16 Sarah Downer	SO	Misericordia	27.53	27.82	-0.4	3
17 Marianna Wright	SO	Misericordia	28.48	27.85	-0.4	3
18 Tiffany Burrows	FR	Messiah	27.89	28.07	-3.8	2
19 Erin Verdon	SO	Alvernia	27.24	28.09	-4.1	1
20 Corinne Walker	FR	Misericordia	28.35	28.88	-3.8	2
21 Nadine Yunginger	SR	Elizabethtow	29.00	29.49	-4.1	1
22 Cecily Kohlmeir	FR	Misericordia	28.75	29.71	-4.1	1
23 Shea Olcheski	SO	Albright	29.06	30.11	-3.8	2
24 Debbie Rivera	FR	Manhattanvil	29.04	30.27	-0.4	3

Women 200 Meter Dash

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1 Danisha Higgs	JR	Albright	25.75	24.69	-3.2	10
2 Katlyn Diffenderfer	JR	DeSales	26.19	25.60	-3.2	8
3 Shakeira Fowler	FR	Widener	26.20	26.02	-3.2	6
4 Kristin Fitti-Hafer	JR	Lebanon Vall	26.22	26.03	-3.2	5
5 Liz Martin	JR	Messiah	25.97	26.04	-3.2	4
6 Shannon Roberts	FR	Manhattanvil	26.14	26.16	-3.2	3
7 Brittany Diehl	SO	Widener	26.75	26.35	-3.2	2
8 Hilari Norris	FR	Misericordia	26.75	27.19	-3.2	1

Women 400 Meter Dash

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Amy Viti	FR	Misericordia	58.65	58.96Q	1
2 Alisha Farrell	SR	Lebanon Vall	59.57	59.28Q	2
3 Brittany Diehl	SO	Widener	59.78	59.68Q	3
4 Chelsea Young	JR	Hood	1:00.05	59.24q	1
5 Ashley Lockwood	SR	Elizabethtow	1:00.05	59.98q	1
6 Amanda Miller	SO	DeSales	59.22	1:00.26q	3
7 Stephanie Grow	SR	Misericordia	1:00.61	1:00.53q	3
8 Taylor Kutz	SR	Albright	59.61	1:00.64q	2
9 Alyssa Aichele	FR	Elizabethtow	1:02.15	1:01.13	2
10 Alexa Muffly	FR	Lebanon Vall	1:02.00	1:01.63	2
11 Marianna Wright	SO	Misericordia	1:03.43	1:02.10	3
12 Lindsey Pekurny	FR	Elizabethtow	1:02.69	1:02.25	1
13 Jamielyn Samper	JR	Lebanon Vall	1:02.28	1:02.35	3
14 Tiffany Burrows	FR	Messiah	1:02.33	1:02.66	1
15 Julie Mikolaichick	SR	Misericordia	1:04.41	1:04.77	3
16 Michelle Churchman	SO	DeSales	1:04.35	1:05.26	2
17 Cecily Kohlmeir	FR	Misericordia	1:04.38	1:10.22	2

Women 400 Meter Dash

Name	Year	School	Prelims	Finals	Points
Finals					
1 Amy Viti	FR	Misericordia	58.96	57.70	10
2 Brittany Diehl	SO	Widener	59.68	58.04	8
3 Alisha Farrell	SR	Lebanon Vall	59.28	58.65	6
4 Taylor Kutz	SR	Albright	1:00.64	58.75	5
5 Chelsea Young	JR	Hood	59.24	59.00	4
6 Ashley Lockwood	SR	Elizabethtow	59.98	59.94	3
7 Amanda Miller	SO	DeSales	1:00.26	1:00.29	2
8 Stephanie Grow	SR	Misericordia	1:00.53	1:00.71	1

Women 800 Meter Run

Name	Year	School	Seed	Prelims
Preliminaries				
1 Marina Orrson	SR	Misericordia	2:17.73	2:17.75Q
2 Rachel Carr	FR	Elizabethtow	2:15.43	2:22.20Q
3 Kelsey Cameron	SR	Misericordia	2:21.19	2:26.35Q
4 Bridget Comiskey	JR	Misericordia	2:19.58	2:21.40Q
5 Emily Senning	FR	Messiah	2:20.32	2:23.47Q
6 Cynthia Adams	JR	Lebanon Vall	2:11.53	2:26.61Q
7 Alexandra Dystant	SO	Hood	2:26.37	2:23.76q
8 Laurie Jones	JR	Elizabethtow	2:30.99	2:25.13q
9 Jillian Casey	SR	Elizabethtow	2:23.23	2:25.21
10 Brianna Englert	FR	Widener	2:27.26	2:25.92
11 Caroline Vazzana	JR	Albright	2:30.82	2:28.28
12 Amanda Kerno	SO	Elizabethtow	2:29.18	2:28.73
13 Stephanie Miller	SR	Messiah	2:34.28	2:33.59
14 Nicole Sunderland	JR	Messiah	2:29.18	2:33.78
15 Alicia Stavitzski	FR	Misericordia	2:34.11	2:34.91
16 Lanie Swanhart	FR	Stevenson	2:37.17	2:35.20
17 Alexa Yoder	SO	Misericordia	2:27.70	2:36.56
18 Natasha Henderson	SO	Messiah	2:38.16	2:39.49
19 Ashley Underkofler	SO	Elizabethtow	2:21.79	2:42.32
20 Emily Banks	FR	Lebanon Vall	2:39.19	2:45.48

Women 800 Meter Run

Name	Year	School	Prelims	Finals	Points
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Finals

1	Cynthia Adams	JR	Lebanon Vall	2:26.61	2:14.11	10
2	Marina Orrson	SR	Misericordia	2:17.75	2:16.62	8
3	Rachel Carr	FR	Elizabethtow	2:22.20	2:17.52	6
4	Bridget Comiskey	JR	Misericordia	2:21.40	2:18.84	5
5	Emily Senning	FR	Messiah	2:23.47	2:23.06	4
6	Alexandra Dystant	SO	Hood	2:23.76	2:26.05	3
7	Laurie Jones	JR	Elizabethtow	2:25.13	2:29.32	2
8	Kelsey Cameron	SR	Misericordia	2:26.35	2:40.15	1

Women 1500 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Cynthia Adams	JR	Lebanon Vall	4:45.88	4:37.99	10
2	Marina Orrson	SR	Misericordia	4:38.46	4:39.99	8
3	Rachel Carr	FR	Elizabethtow	4:45.90	4:44.57	6
4	Kelsey Patrick	FR	Lebanon Vall	4:44.77	4:45.44	5
5	Traci Tempone	JR	Elizabethtow	4:41.01	4:46.77	4
6	Jessica Curry	FR	DeSales	4:45.98	4:47.48	3
7	Megan Tursi	JR	Elizabethtow	5:04.15	4:58.98	2
8	Amanda Kerno	SO	Elizabethtow	5:06.03	5:02.13	1
9	Amelia Tearnan	SO	Elizabethtow	4:54.38	5:03.03	
10	Jacquelyn Young	FR	Messiah	5:08.88	5:05.85	
11	Julia Mongeau	JR	Lebanon Vall	5:19.75	5:07.75	
12	Victoria Scrima	FR	Messiah	5:15.74	5:10.16	
13	Laurie Jones	JR	Elizabethtow	5:01.51	5:12.35	
14	Erica Trofa	FR	Widener	5:18.95	5:12.44	
15	Rachael Harding	SO	Misericordia	5:21.29	5:13.52	
16	Sarah Braun	JR	DeSales	5:16.70	5:14.05	
17	Hannah Jones	FR	Lebanon Vall	5:27.22	5:15.99	
18	Ashley Cox	FR	Elizabethtow	5:10.88	5:16.09	
19	Alyssa Keich	SO	Lebanon Vall	5:16.36	5:18.21	
20	Bianca Bolton	FR	Misericordia	5:06.94	5:19.31	
21	Lanie Swanhart	FR	Stevenson	5:19.00	5:19.41	
22	Alicia Stavitzski	FR	Misericordia	5:25.38	5:20.25	
23	Kelsey Cameron	SR	Misericordia	5:17.71	5:20.37	
24	Dana Stockdale	SO	Lebanon Vall	5:06.96	5:21.25	
25	Hayley Conover	SR	Widener	5:33.43	5:22.11	
26	Natasha Henderson	SO	Messiah	5:29.72	5:22.83	
27	Victoria Hepp	JR	Messiah	5:22.02	5:23.74	
28	Stephanie Miller	SR	Messiah	5:23.63	5:25.13	
29	Emily White	FR	Lebanon Vall	5:28.56	5:25.49	
30	Maura O'Rourke	SR	Misericordia	5:31.90	5:26.22	
31	Michelle Barkus	JR	DeSales	5:32.99	5:27.07	
32	Natala Balla	FR	DeSales	5:20.79	5:27.47	
33	Alexandra Dystant	SO	Hood	5:05.80	5:28.59	
34	Nicole Vasiliu	SO	Lebanon Vall	5:29.75	5:31.43	
35	Amber Shay	SO	Lebanon Vall	5:29.60	5:33.80	
36	Tracey Forsythe	SR	Delaware Val	5:28.10	5:34.45	
37	Hannah Salapa	JR	Lebanon Vall	5:32.35	5:35.70	
38	Samantha Myles	SO	DeSales	5:31.47	5:36.52	
39	Jessica Dillner	SR	Messiah	5:31.66	5:40.20	

Women 5000 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Traci Tempone	JR	Elizabethtow	17:06.88	18:20.97	10
2	Kelsey Patrick	FR	Lebanon Vall	17:51.12	18:30.74	8
3	Megan Patton	SR	Elizabethtow	18:32.15	18:45.98	6
4	Cara Guth	JR	DeSales	18:10.13	18:48.44	5
5	Jessica Curry	FR	DeSales	17:36.14	19:09.66	4
6	Jennifer Bender	SR	Messiah	18:21.65	19:23.84	3
7	Tasha Becker	FR	Messiah	19:12.52	19:41.42	2
8	Alyssa Miller	JR	Lebanon Vall	19:23.54	19:43.85	1
9	Amelia Tearnan	SO	Elizabethtow	19:35.99	19:59.73	
10	Elaina Nellis	JR	Elizabethtow	19:41.73	20:00.29	
11	Taryn Shank	SR	Elizabethtow	19:00.95	20:21.46	
12	Megan Tursi	JR	Elizabethtow	19:54.25	20:27.42	
13	Sarah Steinmetz	SR	Elizabethtow	19:56.97	20:31.59	
14	Emma Kemmerer	FR	DeSales	20:13.15	20:32.67	
15	Shanna Hawkins	SR	Albright	20:22.27	20:33.16	
16	Brenda Flaherty	SR	Messiah	18:56.93	20:40.58	
17	Andrea Stevko	FR	Alvernia	19:44.11	20:47.30	
18	Kellie Medendorp	JR	Widener	19:40.27	20:50.88	
19	Jasmine Boyle	FR	Elizabethtow	20:02.84	20:51.80	
20	Jennifer Bove	JR	Messiah	20:35.46	21:02.86	
21	Natala Balla	FR	DeSales	20:12.52	22:32.80	
22	Rebecca Santoleri	SO	Misericordia	20:37.37	22:37.60	

Women 10000 Meter Run

Name	Year	School	Seed	Finals	Points
1 Traci Tempone	JR	Elizabethtow	36:17.30	39:44.67	10
2 Cara Guth	JR	DeSales	38:23.28	39:56.04	8
3 Jennifer Bender	SR	Messiah	41:40.99	40:38.64	6
4 Kellie Medendorp	JR	Widener	41:18.30	40:50.98	5
5 Taryn Shank	SR	Elizabethtow	42:38.33	41:06.83	4
6 Sarah Steinmetz	SR	Elizabethtow	41:06.96	42:48.71	3
7 Jennifer Bove	JR	Messiah	42:45.76	43:06.80	2
8 Brenda Flaherty	SR	Messiah	39:20.80	43:13.44	1
9 Alexandria Miller	FR	Misericordia	40:46.77	43:16.40	
10 Kate Anderson	SR	Lebanon Vall	44:52.78	43:41.36	
11 Caitlin McGrath	FR	Hood	46:00.12	44:20.89	
12 Taylor Valentin	SO	DeSales	45:03.51	46:04.48	
13 Susannah Marshall	FR	Messiah	44:19.15	46:30.18	
14 Tamahra Sheard	FR	Albright	45:06.42	46:38.79	
15 Samantha Haynes	JR	Albright	45:47.56	47:13.14	

Women 100 Meter Hurdles

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Hilari Norris	FR	Misericordia	15.04	15.24Q	-1.0	1
2 Liz Martin	JR	Messiah	15.18	15.67Q	-0.9	2
3 Kristin Fitti-Hafer	JR	Lebanon Vall	15.43	15.61q	-1.0	1
4 Katy Fogel	SR	Elizabethtow	15.98	15.88q	-1.0	1
5 Sarah Garner	FR	Alvernia	16.59	16.40q	-0.9	2
6 Heather Silveira	SO	Hood	16.30	16.58q	-0.9	2
7 Kelsey Wallen	SR	Lebanon Vall	16.66	16.68q	-1.0	1
8 Brianna Brodt	SO	Misericordia	16.82	16.82q	-0.9	2
9 Alexis Maylor	JR	Delaware Val	15.41	17.13	-0.9	2
10 Laura Castilow	FR	Messiah	16.74	17.31	-1.0	1
11 Katherine Steffney	SO	Misericordia	17.65	17.34	-1.0	1
12 Lyndsay Feather	FR	Messiah	17.58	17.65	-1.0	1
13 Mackenzie Alexander	SO	Messiah	17.72	17.71	-0.9	2
14 Alyssa Antonelli	SO	Albright	18.32	17.89	-0.9	2
15 Laura Calderone	JR	Lebanon Vall	17.48	19.86	-0.9	2

Women 100 Meter Hurdles

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1 Hilari Norris	FR	Misericordia	15.24	15.10	-1.6	10
2 Liz Martin	JR	Messiah	15.67	15.27	-1.6	8
3 Kristin Fitti-Hafer	JR	Lebanon Vall	15.61	15.51	-1.6	6
4 Katy Fogel	SR	Elizabethtow	15.88	15.83	-1.6	5
5 Sarah Garner	FR	Alvernia	16.40	16.19	-1.6	4
6 Heather Silveira	SO	Hood	16.58	16.27	-1.6	3
7 Brianna Brodt	SO	Misericordia	16.82	16.73	-1.6	2
8 Kelsey Wallen	SR	Lebanon Vall	16.68	17.02	-1.6	1

Women 400 Meter Hurdles

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Jill Dunn	SR	Misericordia	1:04.16	1:07.08Q	1
2 Liz Martin	JR	Messiah	1:02.31	1:07.94Q	3
3 Heather Silveira	SO	Hood	1:08.60	1:09.43Q	2
4 Kathyrn O'Hara	SO	Lebanon Vall	1:08.84	1:09.53q	1
5 Alexandra Christ	JR	Elizabethtow	1:08.64	1:10.22q	2
6 Alyssa Brandt	SO	DeSales	1:10.01	1:10.30q	1
7 Brianna Brodt	SO	Misericordia	1:11.67	1:10.38q	3
8 Alyssa Antonelli	SO	Albright	1:14.65	1:12.70q	3
9 Erin Brown	FR	Messiah	1:13.90	1:13.25	2
10 Kelly Van Clief	SR	Elizabethtow	1:15.97	1:13.33	3
11 Jamie Barna	FR	DeSales	1:15.67	1:13.71	3
12 Gwen Davis	FR	Widener	1:15.01	1:15.28	1
13 Shanna Kirgan	JR	Elizabethtow	1:17.66	1:16.53	1
14 Chelsea Morrison	SO	Widener	1:17.06	1:16.70	2
15 Lauren Grauer	SO	Lebanon Vall	1:18.15	1:18.77	1
16 Laura Calderone	JR	Lebanon Vall	1:17.12	1:20.26	2

Women 400 Meter Hurdles

Name	Year	School	Prelims	Finals	Points
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Finals

1	Liz Martin	JR	Messiah	1:07.94	1:02.08	10
2	Jill Dunn	SR	Misericordia	1:07.08	1:03.83	8
3	Heather Silveira	SO	Hood	1:09.43	1:07.56	6
4	Kathyrn O'Hara	SO	Lebanon Vall	1:09.53	1:08.45	5
5	Alexandra Christ	JR	Elizabethtow	1:10.22	1:09.00	4
6	Alyssa Brandt	SO	DeSales	1:10.30	1:10.00	3
7	Brianna Brodt	SO	Misericordia	1:10.38	1:10.61	2
8	Alyssa Antonelli	SO	Albright	1:12.70	1:11.81	1

Women 3000 Meter Steeplechase

Name	Year	School	Seed	Finals	Points	
1	Megan Patton	SR	Elizabethtow	11:26.28	11:39.28	10
2	Megan Tursi	JR	Elizabethtow	11:55.14	11:50.85	8
3	Abby Labar	FR	DeSales	12:39.34	11:58.27	6
4	Alyssa Peterson	JR	Hood	12:13.45	12:09.51	5
5	Elaina Nellis	JR	Elizabethtow	12:32.87	12:29.93	4
6	Alyssa Miller	JR	Lebanon Vall	12:47.85	12:33.19	3
7	Tracey Forsythe	SR	Delaware Val	12:58.61	12:40.39	2
8	Hannah Jones	FR	Lebanon Vall	12:55.80	12:48.90	1
9	Ashley Callahan	SR	Widener	13:08.00	12:55.26	
10	Victoria Hepp	JR	Messiah	12:55.13	13:03.36	
11	Jasmine Boyle	FR	Elizabethtow	13:01.73	13:04.11	
12	Shanna Hawkins	SR	Albright	13:36.51	13:07.55	
13	Leah Novak	SO	Messiah	12:56.24	13:18.44	
14	Amber Shay	SO	Lebanon Vall	13:28.88	13:26.36	
15	Samantha Myles	SO	DeSales	13:25.14	13:33.11	

Women 4x100 Meter Relay

School	Seed	Prelims	H#
Preliminaries			
1 Lebanon Valley 'A'	49.78	49.81q	2
1) Kristin Fitti-Hafer JR			
3) Alexa Muffly FR			
2 Misericordia 'A'	50.37	50.04q	1
1) Jill Dunn SR			
3) Sarah Downer SO			
3 Albright 'A'	50.63	50.12q	2
1) Taylor Kutz SR			
3) Ronya Nassar SO			
4 Widener 'A'	51.77	50.67q	1
1) Brittany Diehl SO			
3) Chelsea Morrison SO			
5 Hood 'A'	51.23	50.86q	1
1) Maya Jackson SO			
3) Megan Cahill SR			
6 Elizabethtown 'A'	50.27	50.92q	1
1) Ashley Lockwood SR			
3) Katy Fogel SR			
7 Messiah 'A'	50.37	51.02q	2
1) Tiffany Burrows FR			
3) Courtney Grammar SR			
8 Manhattanville 'A'	52.45	51.40q	1
1) Shannon Roberts FR			
3) Debbie Rivera FR			
9 Alvernia 'A'	52.02	51.44	2
1) Erin Verdon SO			
3) Bridget Verdel SO			
-- DeSales 'A'	52.16	DNF	2
1) Michelle Churchman SO			
3) Jamie Barna FR			
2) Alisha Farrell SR			
4) Ines Antensteiner SO			
2) Stephanie Grow SR			
4) Hilari Norris FR			
2) Shea Olcheski SO			
4) Danisha Higgs JR			
2) Bailey Heishman FR			
4) Shakeira Fowler FR			
2) Heather Silveira SO			
4) Chelsea Young JR			
2) Pam Jaraczewski SR			
4) Jenna Niedermayer SR			
2) Liz Martin JR			
4) Laura Castilow FR			
2) Rebecca Cavanan FR			
4) Alexis Lanzillotti SO			
2) Gabriella Messina FR			
4) Sarah Garner FR			
2) Alyssa Brandt SO			
4) Katlyn Diffenderfer JR			

Women 4x100 Meter Relay

School	Prelims	Finals	Points
Finals			
1 Elizabethtown 'A'	50.92	49.73	10
2 Misericordia 'A'	50.04	49.75	8
3 Albright 'A'	50.12	50.00	6
4 Lebanon Valley 'A'	49.81	50.30	5
5 Widener 'A'	50.67	50.89	4
6 Messiah 'A'	51.02	51.06	3
7 Hood 'A'	50.86	51.53	2
8 Manhattanville 'A'	51.40	52.17	1

Women 4x400 Meter Relay

School	Seed	Finals	Points
1 Misericordia 'A'	3:56.72	3:54.65	10
1) Jill Dunn SR			
2) Bridget Comiskey JR			
3) Stephanie Grow SR			
4) Amy Viti FR			
2 Elizabethtown 'A'	4:03.01	3:56.79	8
1) Ashley Lockwood SR			
2) Rachel Carr FR			
3) Katy Fogel SR			
4) Alyssa Aichele FR			
3 Lebanon Valley 'A'	3:58.97	3:58.31	6
1) Kristin Fitti-Hafer JR			
2) Alexa Muffly FR			
3) Alisha Farrell SR			
4) Cynthia Adams JR			
4 Hood 'A'	4:07.52	4:06.12	5
1) Heather Silveira SO			
2) Sophie Grizzle JR			
3) Megan Cahill SR			
4) Chelsea Young JR			
5 Messiah 'A'	4:11.88	4:08.72	4
1) Emily Senning FR			
2) Erin Brown FR			
3) Jacquelyn Young FR			
4) Liz Martin JR			
6 Albright 'A'	4:19.58	4:11.13	3
1) Taylor Kutz SR			
2) Alyssa Antonelli SO			
3) Caroline Vazzana JR			
4) Danisha Higgs JR			
7 DeSales 'A'	4:17.55	4:12.38	2
1) Michelle Churchman SO			
2) Katlyn Diffenderfer JR			
3) Abby Labar FR			
4) Amanda Miller SO			
8 Widener 'A'	4:16.65	4:22.79	1
1) Brittany Diehl SO			
2) Gwen Davis FR			
3) Brianna Englert FR			
4) Ashley Callahan SR			

Women 4x800 Meter Relay

School	Seed	Finals	Points
1 Misericordia 'A'	9:41.98	9:24.22	10
1) Bridget Comiskey JR			
2) Marina Orrson SR			
3) Alexa Yoder SO			
4) Kelsey Cameron SR			
2 Lebanon Valley 'A'	9:44.22	9:33.20	8
1) Julia Mongeau JR			
2) Kelsey Patrick FR			
3) Dana Stockdale SO			
4) Cynthia Adams JR			
3 Elizabethtown 'A'	9:58.65	9:36.61	6
1) Jillian Casey SR			
2) Ashley Underkofler SO			
3) Amelia Tearnan SO			
4) Rachel Carr FR			
4 Messiah 'A'	10:11.60	9:48.84	5
1) Victoria Scrima FR			
2) Nicole Sunderland JR			
3) Emily Senning FR			
4) Jacquelyn Young FR			
5 DeSales 'A'	10:16.24	9:50.03	4
1) Sarah Braun JR			
2) Jessica Curry FR			
3) Michelle Churchman SO			
4) Abby Labar FR			
6 Widener 'A'	10:17.03	10:11.82	3
1) Brianna Englert FR			
2) Jenna Szczepanski SR			
3) Ashley Callahan SR			
4) Erica Trofa FR			
7 Albright 'A'	10:59.00	10:42.70	2
1) Taylor Kutz SR			
2) Shanna Hawkins SR			
3) Alyssa Antonelli SO			
4) Caroline Vazzana JR			
8 Alvernia 'A'		11:51.47	1
1) Jamie Cappiello FR			
2) Mylen Ruppert FR			
3) Andrea Stevko FR			
4) Tina Marie Streleckis SO			

Women High Jump

Name	Year School	Seed	Finals	Points
1 Ashlee Ward	JR Misericordia	1.64m	1.63m	5-04.25 10
2 Alisha Farrell	SR Lebanon Vall	1.52m	1.58m	5-02.25 8
3 Anna Nole	SO Misericordia	1.58m	J1.58m	5-02.25 6
4 Jenna Niedermayer	SR Elizabethtow	1.62m	J1.58m	5-02.25 5
5 Monica Loranger	JR Elizabethtow	1.52m	1.53m	5-00.25 4
6 Alexis Maylor	JR Delaware Val	1.57m	J1.53m	5-00.25 3
7 Angelica Hull	SO Albright	1.49m	1.48m	4-10.25 2
8 Kira Maier	SR Messiah	1.48m	1.43m	4-08.25 1
9 Rachel Bjorkman	SR Messiah	1.60m	J1.43m	4-08.25
9 Lindsey Stitzer	FR Misericordia	1.52m	J1.43m	4-08.25
9 Sophie Grizzle	JR Hood	1.53m	J1.43m	4-08.25
12 Colleen Spiller	JR Widener	1.48m	1.38m	4-06.25
12 Lyndsay Feather	FR Messiah	1.38m	1.38m	4-06.25
14 Lauren Mowery	JR Lebanon Vall	1.37m	1.33m	4-04.25
-- Krysten Dmochowski	FR Elizabethtow	1.46m	NH	

Women Pole Vault

Name	Year School	Seed	Finals	Points
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1	Melissa Fellenbaum	SR	Alvernia	3.90m	3.70m	12-01.50	10
2	Monica Loranger	JR	Elizabethtow	3.16m	3.25m	10-08.00	8
3	Rachel Robison	FR	Messiah	3.15m	3.10m	10-02.00	5.50
3	Alisha Farrell	SR	Lebanon Vall	3.27m	3.10m	10-02.00	5.50
5	Chelsea Schmidt	SO	DeSales	3.05m	J3.10m	10-02.00	4
6	Cassandra Wallen	SR	Lebanon Vall	3.20m	J3.10m	10-02.00	3
7	Rachel Poletti	JR	Messiah	3.00m	2.95m	9-08.00	2
8	Bridget Verdel	SO	Alvernia	3.00m	J2.95m	9-08.00	1
9	Shauna Harris	FR	Widener	2.74m	2.80m	9-02.25	
9	Rachael Rutkoski	SR	Misericordia	2.85m	2.80m	9-02.25	
9	Gabriella Messina	FR	Alvernia	3.01m	2.80m	9-02.25	
9	Amber Char	SO	Widener	2.90m	2.80m	9-02.25	
13	Krysten Dmochowski	FR	Elizabethtow	2.65m	2.65m	8-08.25	
14	Michelle Salvemini	FR	Delaware Val	2.55m	2.50m	8-02.50	
14	Brittany Danielle Robert	SO	Delaware Val	2.50m	2.50m	8-02.50	
14	Megan Cahill	SR	Hood	2.60m	2.50m	8-02.50	
17	Margarita Swissler	SO	Hood	2.30m	2.20m	7-02.50	
17	Chelsea Bunker	SO	Hood	2.30m	2.20m	7-02.50	

Women Long Jump

Name	Year	School	Seed	Finals	Wind	Points	
1	Jenna Niedermayer	SR	Elizabethtow	5.68m	5.43m	-1.6 17-09.75	10
2	Alisha Farrell	SR	Lebanon Vall	5.39m	5.23m	-0.6 17-02.00	8
3	Jill Dunn	SR	Misericordia	4.96m	4.88m	+0.0 16-00.25	6
4	Erin Verdon	SO	Alvernia	4.54m	4.74m	-0.1 15-06.75	5
5	Alexis Maylor	JR	Delaware Val	5.23m	J4.74m	+0.0 15-06.75	4
6	Rachel Bjorkman	SR	Messiah	4.77m	4.66m	1.4 15-03.50	3
7	Taylor Gerchak	SO	Lebanon Vall	4.70m	4.56m	+0.0 14-11.50	2
8	Michelle Salvemini	FR	Delaware Val	4.65m	4.54m	-0.7 14-10.75	1
9	Annese Mauer	SO	Lebanon Vall	4.79m	4.47m	-0.8 14-08.00	
10	Hillary Pelkey	SR	Messiah	4.94m	4.44m	-1.9 14-07.00	
10	Ersikha Eugene	SR	Messiah	4.98m	4.44m	-2.7 14-07.00	
12	Ronya Nassar	SO	Albright	5.11m	4.25m	-1.2 13-11.50	
13	Victoria Batter	JR	Widener	4.90m	4.20m	-1.2 13-09.50	
14	Molly Harleman	FR	Misericordia	4.48m	4.00m	-2.4 13-01.50	
--	Melissa Greulich	JR	Delaware Val	4.56m	FOUL		

Women Triple Jump

Name	Year	School	Seed	Finals	Wind	Points	
1	Jenna Niedermayer	SR	Elizabethtow	11.61m	11.78m	2.6 38-07.75	10
2	Jill Dunn	SR	Misericordia	11.03m	10.88m	1.4 35-08.50	8
3	Taylor Gerchak	SO	Lebanon Vall	10.42m	10.67m	2.6 35-00.25	6
4	Erin Verdon	SO	Alvernia	10.51m	10.42m	3.0 34-02.25	5
5	Rachel Bjorkman	SR	Messiah	10.54m	10.41m	1.7 34-02.00	4
6	Kelsey Wallen	SR	Lebanon Vall	10.02m	10.35m	1.1 33-11.50	3
7	Bridget Verdel	SO	Alvernia	9.75m	9.99m	1.8 32-09.50	2
8	Ronya Nassar	SO	Albright	9.98m	9.64m	1.1 31-07.50	1
9	Lauren Grauer	SO	Lebanon Vall	9.98m	9.50m	2.4 31-02.00	
10	Molly Harleman	FR	Misericordia	9.95m	9.36m	2.0 30-08.50	
11	Victoria Batter	JR	Widener	9.45m	9.28m	+0.0 30-05.50	

Women Shot Put

Name	Year	School	Seed	Finals	Points		
1	Erica Szpynda	JR	Widener	13.50m	14.03m	46-00.50	10
2	Mariah Smolka	SO	Lebanon Vall	12.26m	12.15m	39-10.50	8
3	Erinne Schmalzer	JR	DeSales	11.69m	11.80m	38-08.75	6
4	Hillary Pelkey	SR	Messiah	12.47m	11.70m	38-04.75	5
5	Chyna Saunders	FR	Alvernia	10.89m	11.69m	38-04.25	4
6	Caitlin Bach	JR	Lebanon Vall	11.61m	11.32m	37-01.75	3
7	Nalla Tejera	SR	Hood	11.70m	11.17m	36-07.75	2
8	Eileen Kroszner	JR	Elizabethtow	10.89m	10.94m	35-10.75	1
9	Tia Thomas	FR	Alvernia	11.00m	10.88m	35-08.50	
10	Meghan Rose	JR	Hood	12.02m	10.58m	34-08.50	
11	Amanda Searle	JR	Alvernia	10.86m	10.57m	34-08.25	
12	Diarra Molock	FR	Elizabethtow	11.00m	10.54m	34-07.00	
13	Nicole Schwartz	FR	Misericordia	11.02m	10.12m	33-02.50	
14	Taylor Seiber	SO	Lebanon Vall	11.06m	10.09m	33-01.25	
15	Kira Maier	SR	Messiah	10.64m	9.79m	32-01.50	
16	Sarah Wigg	FR	Misericordia	9.82m	9.78m	32-01.00	
17	Chelsea Hall	FR	Misericordia	11.36m	9.76m	32-00.25	
18	Claire Hejnas	JR	Lebanon Vall	9.46m	9.71m	31-10.25	
19	Samantha King	FR	Delaware Val	11.14m	9.64m	31-07.50	
20	Sherrie Wallace	FR	Stevenson	10.16m	9.61m	31-06.50	
21	Ashlee Ward	JR	Misericordia	10.85m	9.56m	31-04.50	
22	EmmaRose Boyle	FR	Delaware Val	9.51m	9.18m	30-01.50	

23	Teagan McCardle	SO	Delaware Val	10.41m	9.06m	29-08.75
24	Courtney Garloff	FR	Misericordia	9.64m	8.12m	26-07.75

Women Discus Throw

Name	Year	School	Seed	Finals	Points	
1	Ashlee Ward	JR	Misericordia	36.85m	38.46m	126-02 10
2	Kira Maier	SR	Messiah	39.65m	37.30m	122-04 8
3	Taylor Seiber	SO	Lebanon Vall	37.45m	34.86m	114-04 6
4	Nicole Schwartz	FR	Misericordia	35.53m	32.94m	108-01 5
5	Amanda Searle	JR	Alvernia	33.96m	32.92m	108-00 4
6	Chyna Saunders	FR	Alvernia	35.01m	32.91m	108-00 3
7	Alyssa Mills	SO	Messiah	33.51m	32.72m	107-04 2
8	Noelle Brossman	JR	Lebanon Vall	33.62m	32.64m	107-01 1
9	Sarah Wigg	FR	Misericordia	34.58m	32.55m	106-09
10	Erinne Schmalzer	JR	DeSales	33.19m	31.88m	104-07
11	Caitlin Bach	JR	Lebanon Vall	33.93m	31.79m	104-03
12	Kayla Guerrieri	FR	Alvernia	30.70m	29.80m	97-09
13	Meghan Rose	JR	Hood	33.72m	29.46m	96-08
14	Erica Szpynda	JR	Widener	37.78m	29.33m	96-03
15	Kayla Pleasant	FR	Manhattanvil	30.75m	29.11m	95-06
16	Kayleigh Morein	FR	Misericordia	29.23m	28.17m	92-05
17	Samantha King	FR	Delaware Val	29.95m	27.41m	89-11
18	Nalla Tejera	SR	Hood	32.38m	26.41m	86-08
19	Eileen Kroszner	JR	Elizabethtow	29.55m	25.83m	84-09

Women Hammer Throw

Name	Year	School	Seed	Finals	Points	
1	Amanda Searle	JR	Alvernia	42.69m	41.17m	135-01 10
2	Megan Warner	FR	DeSales	40.47m	39.91m	130-11 8
3	Mariah Smolka	SO	Lebanon Vall	42.12m	39.89m	130-10 6
4	Kira Maier	SR	Messiah	41.49m	37.70m	123-08 5
5	Nalla Tejera	SR	Hood	37.57m	37.19m	122-00 4
6	Sarah Wigg	FR	Misericordia	35.14m	36.78m	120-08 3
7	Nicole Schwartz	FR	Misericordia	34.56m	35.08m	115-01 2
8	Diarra Molock	FR	Elizabethtow	30.38m	34.34m	112-08 1
9	Meghan Rose	JR	Hood	33.19m	33.25m	109-01
10	Teagan McCardle	SO	Delaware Val	31.29m	32.73m	107-04
11	Rebecca Keppler	SO	Widener	34.91m	32.60m	106-11
12	Caitlin Bach	JR	Lebanon Vall	32.51m	31.26m	102-07
13	Eileen Kroszner	JR	Elizabethtow	35.90m	31.23m	102-05
14	Maurissa Laudeman	SR	Lebanon Vall	31.87m	27.27m	89-06
15	Jenny Kutzner	FR	Messiah	26.06m	26.34m	86-05
16	Kayla Guerrieri	FR	Alvernia	28.39m	26.16m	85-10
17	Courtney Garloff	FR	Misericordia	27.02m	22.40m	73-06

Women Javelin Throw

Name	Year	School	Seed	Finals	Points	
1	Casey Meier	SO	Elizabethtow	41.10m	39.23m	128-08 10
2	EmmaRose Boyle	FR	Delaware Val	31.87m	36.21m	118-09 8
3	Hillary Pelkey	SR	Messiah	35.54m	36.14m	118-07 6
4	Chelsea Hall	FR	Misericordia	35.34m	34.37m	112-09 5
5	Mariah Smolka	SO	Lebanon Vall	36.49m	33.86m	111-01 4
6	Claire Hejnas	JR	Lebanon Vall	34.38m	33.66m	110-05 3
7	Lauren Peterson	SO	Widener	35.79m	32.74m	107-05 2
8	Eileen Kroszner	JR	Elizabethtow	32.37m	32.36m	106-02 1
9	Teagan McCardle	SO	Delaware Val	34.70m	32.10m	105-04
10	Nadine Yunginger	SR	Elizabethtow	33.23m	31.49m	103-04
11	Rebecca Hindman	JR	Misericordia	31.60m	30.68m	100-08
12	Alyssa Mills	SO	Messiah	36.60m	30.50m	100-01
13	Erica Price	FR	DeSales	29.55m	29.21m	95-10
14	Emily Edwards	FR	DeSales	28.68m	25.10m	82-04

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year	School	Finals	Wind	Points	
1	Alexis Maylor	JR	Delaware Val	26.71	-1.4	736
2	Katy Fogel	SR	Elizabethtow	27.17	-1.4	698
3	Sophie Grizzle	JR	Hood	28.31	-1.4	607
4	Kelsey Wallen	SR	Lebanon Vall	28.76	-1.4	572
5	Stephanie Monico	JR	Lebanon Vall	31.65	-1.4	373
6	Chelsea saylor	JR	DeSales	32.68	-1.4	311

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year	School	Finals	Wind	Points
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Name	Year	School	Finals	Points
1 Katy Fogel	SR	Elizabethtow	2:22.80	786
2 Alexis Maylor	JR	Delaware Val	2:30.19	690
3 Sophie Grizzle	JR	Hood	2:30.73	684
4 Kelsey Wallen	SR	Lebanon Vall	2:46.50	501
5 Chelsea saylor	JR	DeSales	3:01.19	354
6 Stephanie Monico	JR	Lebanon Vall	3:13.76	248

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	Wind	H#	Points
1 Katy Fogel	SR	Elizabethtow	15.68	-2.8	1	754
1 Alexis Maylor	JR	Delaware Val	15.68	-1.3	2	754
3 Kelsey Wallen	SR	Lebanon Vall	16.78	-2.8	1	622
4 Sophie Grizzle	JR	Hood	18.01	-2.8	1	487
5 Chelsea saylor	JR	DeSales	19.14	-1.3	2	377
6 Stephanie Monico	JR	Lebanon Vall	20.23	-1.3	2	283

Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals	Points
1 Alexis Maylor	JR	Delaware Val	1.54m	666
1 Katy Fogel	SR	Elizabethtow	1.54m	666
3 Sophie Grizzle	JR	Hood	1.51m	632
4 Stephanie Monico	JR	Lebanon Vall	1.33m	439
5 Chelsea saylor	JR	DeSales	1.30m	409
6 Kelsey Wallen	SR	Lebanon Vall	1.27m	379

Heptathlon: #5 Women Long Jump Heptathlon

Name	Year	School	Finals	Wind	Points
1 Alexis Maylor	JR	Delaware Val	4.75m	+0.0	492
2 Kelsey Wallen	SR	Lebanon Vall	4.55m	+0.0	441
3 Sophie Grizzle	JR	Hood	4.52m	+0.0	433
4 Katy Fogel	SR	Elizabethtow	4.48m	+0.0	423
5 Stephanie Monico	JR	Lebanon Vall	4.25m	+0.0	367
6 Chelsea saylor	JR	DeSales	3.33m	+0.0	167

Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	School	Finals	Points
1 Alexis Maylor	JR	Delaware Val	9.35m	487
2 Kelsey Wallen	SR	Lebanon Vall	9.30m	484
3 Katy Fogel	SR	Elizabethtow	8.99m	464
4 Stephanie Monico	JR	Lebanon Vall	8.10m	406
5 Sophie Grizzle	JR	Hood	7.19m	347
6 Chelsea saylor	JR	DeSales	6.99m	334

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year	School	Finals	Points
1 Katy Fogel	SR	Elizabethtow	26.60m	412
2 Stephanie Monico	JR	Lebanon Vall	24.36m	370
3 Alexis Maylor	JR	Delaware Val	23.18m	348
4 Kelsey Wallen	SR	Lebanon Vall	21.92m	325
5 Sophie Grizzle	JR	Hood	16.56m	225
6 Chelsea saylor	JR	DeSales	15.86m	212

Women Heptathlon

Name	Year	School	Seed	Finals	Points
1 Katy Fogel	SR	Elizabethtow	3696	4203	10
2 Alexis Maylor	JR	Delaware Val	3845	4173	8
3 Sophie Grizzle	JR	Hood	3420	3415	6
4 Kelsey Wallen	SR	Lebanon Vall		3324	5
5 Stephanie Monico	JR	Lebanon Vall		2486	4
6 Chelsea saylor	JR	DeSales		2164	3

Men 100 Meter Dash

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Michael Beidleman	SO	Hood	11.04	10.79Q	-0.3	1

2	Gavin Colley	SO	Widener	11.02	11.08Q	-0.3	3
3	Ricky Bruno	FR	Alvernia	11.06	11.15Q	-1.6	2
4	Darryl Sweeper	SO	Lebanon Vall	11.24	11.15q	-0.3	3
5	Benjamin Petrak	SR	Widener	11.40	11.28q	-0.3	1
6	Bobby Herbster	SO	Widener	11.42	11.33q	-1.6	2
7	Carl Keri	JR	DeSales	11.19	11.36q	-0.3	1
8	Jerome Duncan	SR	Lebanon Vall	11.34	11.36q	-0.3	3
9	Sean Potter	JR	Albright	11.42	11.39	-0.3	1
10	Nikko Thomas	JR	Hood	11.63	11.51	-0.3	1
11	Dalonte Simpson	SO	Stevenson	11.52	11.55	-0.3	1
12	Dominic Adesanya	JR	Stevenson	11.44	11.55	-0.3	3
13	James Tatum	FR	Manhattanvil	11.41	11.55	-1.6	2
14	Travon Erwin	FR	Widener	11.47	11.64	-0.3	3
15	Naeem Smith	SO	Albright	11.63	11.98	-1.6	2
16	Chris Dadzie	FR	Manhattanvil	11.74	12.03	-0.3	3

Men 100 Meter Dash

Name	Year	School	Prelims	Finals	Wind	Points	
Finals							
1	Michael Beidleman	SO	Hood	10.79	10.75	+0.0	10
2	Ricky Bruno	FR	Alvernia	11.15	10.95	+0.0	8
3	Gavin Colley	SO	Widener	11.08	10.97	+0.0	6
4	Darryl Sweeper	SO	Lebanon Vall	11.15	11.08	+0.0	5
5	Bobby Herbster	SO	Widener	11.33	11.24	+0.0	4
6	Benjamin Petrak	SR	Widener	11.28	11.28	+0.0	3
7	Carl Keri	JR	DeSales	11.36	11.33	+0.0	2
8	Jerome Duncan	SR	Lebanon Vall	11.36	11.50	+0.0	1

Men 200 Meter Dash

Name	Year	School	Seed	Prelims	Wind	H#	
Preliminaries							
1	Ricky Bruno	FR	Alvernia	22.26	22.27Q	-1.4	3
2	Michael Beidleman	SO	Hood	22.10	22.28Q	-2.2	1
3	Alex Yoder	SO	Messiah	22.39	22.38Q	1.1	2
4	Tyler Schmalhofer	JR	Widener	22.69	22.50q	-1.4	3
5	Andrew Nelson	FR	Misericordia	22.94	22.51q	-1.4	3
6	Gavin Colley	SO	Widener	22.56	22.61q	1.1	2
7	Carl Keri	JR	DeSales	23.02	22.78q	1.1	2
8	Jerome Duncan	SR	Lebanon Vall	22.76	22.88q	-2.2	1
9	Sean Potter	JR	Albright	22.77	22.91	-2.2	1
10	Christian Jeznach	FR	Widener	23.37	22.97	1.1	2
11	Eric Altpeter	SR	DeSales	22.83	23.02	-2.2	1
12	Travon Erwin	FR	Widener	23.12	23.20	-2.2	1
13	Dominic Adesanya	JR	Stevenson	23.63	23.38	1.1	2
14	Alpha Jalloh	FR	Stevenson	23.09	23.50	-1.4	3
15	Braheem Ingalls	FR	DeSales	23.21	23.52	-2.2	1
16	James Tatum	FR	Manhattanvil	22.97	23.52	1.1	2
17	Nikko Thomas	JR	Hood	23.67	23.64	-1.4	3
18	Dalonte Simpson	SO	Stevenson	23.73	23.93	-2.2	1

Men 200 Meter Dash

Name	Year	School	Prelims	Finals	Wind	Points	
Finals							
1	Ricky Bruno	FR	Alvernia	22.27	21.61	+0.0	10
2	Alex Yoder	SO	Messiah	22.38	22.18	+0.0	8
3	Tyler Schmalhofer	JR	Widener	22.50	22.20	+0.0	6
4	Gavin Colley	SO	Widener	22.61	22.55	+0.0	5
5	Andrew Nelson	FR	Misericordia	22.51	22.80	+0.0	4
6	Michael Beidleman	SO	Hood	22.28	22.85	+0.0	3
7	Jerome Duncan	SR	Lebanon Vall	22.88	22.98	+0.0	2
8	Carl Keri	JR	DeSales	22.78	23.09	+0.0	1

Men 400 Meter Dash

Name	Year	School	Seed	Prelims	H#	
Preliminaries						
1	Alex Yoder	SO	Messiah	48.70	49.79Q	1
2	Tyler Schmalhofer	JR	Widener	49.82	50.07Q	2
3	Andrew Nelson	FR	Misericordia	49.64	50.12q	2
4	Oumar Diawara	FR	Albright	52.02	50.65q	1
5	Cossion Walston	FR	Lebanon Vall	51.80	50.93q	2
6	Dominic Adesanya	JR	Stevenson	50.87	51.02q	1
7	Alex Flores	FR	Widener	52.13	51.66q	1
8	Nico Crachi	FR	DeSales	51.72	51.84q	2

9	Alpha Jalloh	FR	Stevenson	50.92	51.92	1
10	Braheem Ingalls	FR	DeSales	52.58	52.62	2
11	Jeffrey Pellow	FR	Lebanon Vall	53.25	53.05	1
12	Aaron Rill	FR	Delaware Val	53.28	53.27	1
13	Pat Roche	FR	DeSales	53.02	53.80	2
14	E. Reid Pavlik	FR	Lebanon Vall	53.32	55.08	2

Men 400 Meter Dash

Name	Year	School	Prelims	Finals	Points	
Finals						
1	Alex Yoder	SO	Messiah	49.79	49.04	10
2	Tyler Schmalhofer	JR	Widener	50.07	49.31	8
3	Andrew Nelson	FR	Misericordia	50.12	49.97	6
4	Dominic Adesanya	JR	Stevenson	51.02	50.37	5
5	Oumar Diawara	FR	Albright	50.65	51.09	4
6	Nico Crachi	FR	DeSales	51.84	51.10	3
7	Cossion Walston	FR	Lebanon Vall	50.93	51.19	2
8	Alex Flores	FR	Widener	51.66	52.78	1

Men 800 Meter Run

Name	Year	School	Seed	Prelims	H#	
Preliminaries						
1	Aaron Reynolds	SR	Messiah	1:53.89	1:56.25Q	1
2	Brad Risser	SR	Elizabethtow	1:56.98	1:57.43Q	2
3	Mike Ciavarelli	SO	Widener	1:55.13	1:58.58Q	3
4	Brian Benkhadra	SR	Widener	1:56.95	1:57.08Q	1
5	Michael Harnish	SO	Lebanon Vall	1:52.45	1:57.71Q	2
6	Jonphilip McGill	SO	Messiah	1:56.47	1:58.60Q	3
7	Dave Dusza	JR	DeSales	1:58.44	1:57.82q	1
8	Mikael Hause	FR	Misericordia	2:00.56	1:58.37q	2
9	Ross Staudt	FR	Widener	1:57.74	1:58.82	2
10	Ricky Sturz	SO	Elizabethtow	1:59.62	1:59.00	2
11	Leo Harmon	FR	Widener	1:59.91	1:59.07	1
12	Jarrett Higley	SO	Misericordia	2:00.09	1:59.28	3
13	Sam Brooks	FR	Elizabethtow	1:59.09	1:59.29	3
14	John Ruggiero	JR	Widener	2:00.19	1:59.72	1
15	John Bayeux	SO	DeSales	1:58.93	1:59.73	3
16	Scott Rennals	FR	DeSales	1:59.16	1:59.75	1
17	Justin Fortney	FR	Elizabethtow	2:01.87	2:00.24	1
18	Johnny Gibbons	SR	Misericordia	1:59.48	2:00.61	2
19	Adam Harriger	FR	Elizabethtow	2:03.20	2:00.93	1
20	Jihad Jasper	SO	Widener	1:59.96	2:01.72	3
21	Abram Albert	JR	Messiah	2:04.14	2:03.24	1
22	Bryan Baldwin	SO	Elizabethtow	2:01.81	2:03.63	2
23	Justin Cifuentes	SO	Hood	2:03.17	2:04.07	3
24	Grant Shaffer	FR	Widener	2:03.39	2:07.66	2
25	Jordan Acton	SR	Hood	2:03.44	2:12.96	2
26	Caleb Phillips	SO	Hood	2:02.00	2:19.27	3

Men 800 Meter Run

Name	Year	School	Prelims	Finals	Points	
Finals						
1	Aaron Reynolds	SR	Messiah	1:56.25	1:54.23	10
2	Michael Harnish	SO	Lebanon Vall	1:57.71	1:54.57	8
3	Jonphilip McGill	SO	Messiah	1:58.60	1:55.75	6
4	Brad Risser	SR	Elizabethtow	1:57.43	1:55.82	5
5	Mike Ciavarelli	SO	Widener	1:58.58	1:55.83	4
6	Dave Dusza	JR	DeSales	1:57.82	1:58.32	3
7	Brian Benkhadra	SR	Widener	1:57.08	1:59.99	2
8	Mikael Hause	FR	Misericordia	1:58.37	2:02.84	1

Men 1500 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Chris Garrity	SO	Widener	3:49.30	4:00.59	10
2	Michael Harnish	SO	Lebanon Vall	4:01.32	4:01.88	8
3	Brian Benkhadra	SR	Widener	4:02.89	4:03.04	6
4	Aaron Focht	SR	Elizabethtow	3:58.87	4:06.14	5
5	Sam Brooks	FR	Elizabethtow	4:05.33	4:08.09	4
6	Mikael Hause	FR	Misericordia	4:03.86	4:08.63	3
7	John Bayeux	SO	DeSales	4:11.12	4:08.83	2
8	Cameron Shirk	FR	Messiah	4:12.76	4:09.40	1
9	Jake Blanton	SR	Elizabethtow	4:08.34	4:09.72	
10	Stephen Monaghan	FR	DeSales	4:17.76	4:14.10	

11	Justin Cifuentes	SO	Hood	4:17.36	4:15.15
12	Adam Harriger	FR	Elizabethtow	4:12.46	4:17.16
13	Shawn Lignore	SR	Widener	4:14.51	4:17.87
14	Jared Schatz	FR	Messiah	4:15.38	4:19.37
15	Ian Hamilton	JR	Elizabethtow	4:13.99	4:29.75

Men 5000 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Zach Trama	FR	Elizabethtow	15:23.48	15:31.02	10
2	Matthew Shenk	FR	Elizabethtow	14:47.06	15:35.55	8
3	Nate Noll	SO	DeSales	15:22.92	15:39.37	6
4	Charlie Schindler	SR	Widener	15:30.69	15:41.88	5
5	Bryan Megee	JR	DeSales	14:36.28	15:46.09	4
6	John Ausel	FR	Messiah	15:39.75	15:46.93	3
7	Ryan Gallagher	SR	Widener	16:05.80	15:48.84	2
8	Dan Gresh	SO	Elizabethtow	15:38.32	15:55.55	1
9	Seamus McCullough	JR	Widener	16:13.21	15:59.94	
10	Ryan Harrigan	JR	Widener	15:52.69	16:08.47	
11	Zach Kaminski	JR	DeSales	15:47.67	16:09.76	
12	Sam Cooper	FR	Elizabethtow	15:55.46	16:12.34	
13	Brett Shelley	SR	Hood	16:03.48	16:13.08	
14	Tyler Sensenig	FR	Messiah	15:47.12	16:14.64	
15	Stephen Fortin	FR	Widener	16:07.74	16:15.36	
16	Nathan Fleming	FR	Messiah	16:10.79	16:20.44	
17	Aaron Focht	SR	Elizabethtow	15:52.84	16:23.75	
18	Henry Klinges	JR	DeSales	16:06.81	17:07.35	
--	Elliott Bonds	JR	Lebanon Vall	16:00.12	DNF	

Men 10000 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Bryan Megee	JR	DeSales	33:07.44	32:05.06	10
2	Charlie Schindler	SR	Widener	34:53.24	32:08.93	8
3	Nate Noll	SO	DeSales	31:51.11	32:31.11	6
4	Dan Gresh	SO	Elizabethtow	32:42.13	32:41.97	5
5	John Ausel	FR	Messiah	32:43.97	33:02.93	4
6	Zach Kaminski	JR	DeSales	33:33.74	33:16.87	3
7	Seamus McCullough	JR	Widener	34:22.48	33:19.75	2
8	Tyler Sensenig	FR	Messiah	33:20.21	34:17.11	1
9	Sam Cooper	FR	Elizabethtow	33:58.93	34:37.32	
10	Tyler Russ	FR	Elizabethtow	34:06.29	34:55.47	
11	Stephen Welsh	JR	Elizabethtow	32:15.87	35:23.38	
12	Caleb McGaughran	SO	Messiah	35:21.30	35:37.76	
13	Henry Klinges	JR	DeSales	34:19.42	35:40.82	
14	Seamus Morgan	SO	Widener	35:44.59	35:53.77	
15	Peter MacNamee	SO	Alvernia	35:34.44	35:57.38	
16	Mike Mitchell	FR	DeSales	35:39.99	36:25.27	
17	Kyle Brogan	SR	Widener	35:20.57	36:34.89	
18	Andrew McMillan	JR	Delaware Val	35:23.88	37:59.87	
--	Zach Bottone	JR	Misericordia	35:49.87	DNF	
--	Ryan Gallagher	SR	Widener	34:22.18	DNF	

Men 110 Meter Hurdles

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Jerome Duncan	SR	Lebanon Vall	14.71	15.00Q	-0.5 2
2	Darryl Sweeper	SO	Lebanon Vall	15.28	15.49Q	-1.6 1
3	Tyree Wilson	JR	Hood	15.82	15.60q	-0.5 2
4	Rondel Parker	FR	Alvernia	15.22	15.62q	-1.6 1
5	Nicholas White	SO	Messiah	15.49	15.63q	-0.5 2
6	Nicolas Aldana	JR	Hood	15.69	15.76q	-0.5 2
7	Kevin Brady	JR	Elizabethtow	15.72	15.92q	-1.6 1
8	Neal Fox	SR	DeSales	16.58	16.03q	-1.6 1
9	Brody Honeycutt	FR	Alvernia	15.96	16.05	-0.5 2
10	Jermaine Grey	SO	Albright	15.71	16.11	-1.6 1
11	Denzell Boham	SO	Widener	16.41	16.43	-1.6 1

Men 110 Meter Hurdles

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1	Jerome Duncan	SR	Lebanon Vall	15.00	15.03	-4.2 10
2	Darryl Sweeper	SO	Lebanon Vall	15.49	15.29	-4.2 8
3	Rondel Parker	FR	Alvernia	15.62	15.45	-4.2 6
4	Tyree Wilson	JR	Hood	15.60	15.52	-4.2 5

5	Nicolas Aldana	JR	Hood	15.76	15.83	-4.2	4
6	Nicholas White	SO	Messiah	15.63	16.03	-4.2	3
7	Neal Fox	SR	DeSales	16.03	16.09	-4.2	2
8	Kevin Brady	JR	Elizabethtow	15.92	16.36	-4.2	1

Men 400 Meter Hurdles

Name	Year	School	Seed	Prelims	H#	
Preliminaries						
1	Trevor Praetsch	JR	Messiah	55.65	55.98Q	2
2	Luke Rotenberger	SR	Elizabethtow	56.10	56.44Q	1
3	Kyle Fronk	FR	Lebanon Vall	55.93	56.86q	1
4	Nick Dolhancryk	SR	Widener	57.55	56.97q	2
5	Carl Daubert	FR	Misericordia	58.64	57.76q	1
6	Ian Bond	JR	Lebanon Vall	1:00.22	57.81q	1
7	Anthony Clayton	SR	Widener	56.87	57.88q	2
8	Nicolas Aldana	JR	Hood	58.95	58.55q	2
9	Cory Novik	FR	Alvernia	59.52	59.02	1
10	Kelvin Kobodje	SO	Stevenson	59.68	59.66	2
11	Zach Sikanowicz	JR	DeSales	58.09	59.85	1
12	Denzell Boham	SO	Widener	58.77	1:00.21	2
13	Nicholas White	SO	Messiah	59.54	1:00.27	1
14	Nick Slawson	SO	Hood	1:00.19	1:01.39	2

Men 400 Meter Hurdles

Name	Year	School	Prelims	Finals	Points	
Finals						
1	Trevor Praetsch	JR	Messiah	55.98	54.62	10
2	Anthony Clayton	SR	Widener	57.88	55.04	8
3	Kyle Fronk	FR	Lebanon Vall	56.86	55.74	6
4	Luke Rotenberger	SR	Elizabethtow	56.44	56.28	5
5	Nick Dolhancryk	SR	Widener	56.97	56.49	4
6	Ian Bond	JR	Lebanon Vall	57.81	58.13	3
7	Carl Daubert	FR	Misericordia	57.76	58.90	2
8	Nicolas Aldana	JR	Hood	58.55	59.04	1

Men 3000 Meter Steeplechase

Name	Year	School	Seed	Finals	Points	
1	Chris Garrity	SO	Widener	10:32.14	9:40.40	10
2	Zach Trama	FR	Elizabethtow	9:38.45	9:51.06	8
3	Connor Foley	FR	DeSales	9:58.01	9:56.21	6
4	Jason Caporale	SO	Widener	10:04.70	9:59.27	5
5	Jared Schatz	FR	Messiah	10:14.78	10:01.98	4
6	Ryan Conway	FR	Elizabethtow	10:23.79	10:03.15	3
7	Brett Shelley	SR	Hood	10:03.55	10:05.03	2
8	Stephen Monaghan	FR	DeSales	10:14.55	10:09.28	1
9	Ryan Harrigan	JR	Widener	10:11.81	10:09.65	
10	Nathan Fleming	FR	Messiah	10:31.61	10:20.33	
11	Will Updegrove	FR	Widener	10:33.99	10:30.68	
12	Brian Panella	SR	DeSales	10:37.17	10:42.33	
13	Elliott Bonds	JR	Lebanon Vall	10:17.73	10:51.04	
14	Michael Ambrulavage	FR	Widener	10:39.70	10:51.68	
15	Sean Dusza	FR	DeSales	10:35.40	10:54.59	
16	Dan Caggiano	JR	Manhattanvil	10:49.99	11:04.65	

Men 4x100 Meter Relay

School	Seed	Prelims	H#	
Preliminaries				
1	Widener 'A'	42.46	42.96q	1
	1) Bobby Herbster SO			
	3) Benjamin Petrak SR			
2	Lebanon Valley 'A'	42.87	43.28q	2
	1) Mickeal Pugh SO			
	3) Joseph Bennett FR			
3	DeSales 'A'	44.15	43.37q	1
	1) Carl Keri JR			
	3) Zach Sikanowicz JR			
4	Messiah 'A'	44.04	43.74q	1
	1) Nicholas White SO			
	3) Drew Engle SO			
5	Elizabethtown 'A'	44.63	44.34q	1
	1) Kevin Brady JR			
	3) Graeme Kennedy FR			
6	Hood 'A'	44.57	45.44q	2
	2) Tyler Schmalhofer JR			
	4) Gavin Colley SO			
	2) Darryl Sweeper SO			
	4) Jerome Duncan SR			
	2) Braheem Ingalls FR			
	4) Eric Altpeter SR			
	2) Trevor Praetsch JR			
	4) Tim Hampton JR			
	2) Brian Layng JR			
	4) Luke Rotenberger SR			

1) Nikko Thomas JR	2) Tyree Wilson JR			
3) Nicolas Aldana JR	4) Michael Beidleman SO	44.67	DNF	2
-- Misericordia 'A'				
1) Carl Daubert FR	2) Oluwatosin Adeyemo FR			
3) Andrew Nelson FR	4) Joe Ardo SR	44.58	DNF	2
-- Stevenson 'A'				
1) Dalonte Simpson SO	2) Shane Skyers SO			
3) Alpha Jalloh FR	4) Dominic Adesanya JR	43.81	DNF	2
-- Alvernia 'A'				
1) Rondel Parker FR	2) Ricky Bruno FR			
3) Zachary Wilson SO	4) Brody Honeycutt FR	44.62	DQ	1
-- Albright 'A'				
1) Sean Potter JR	2) Wayne Raison SO			
3) Gregory Shelton FR	4) Naeem Smith SO	45.69	DQ	2
-- Manhattanville 'A'				
1) Michael Pottle SO	2) Chris Dadzie FR			
3) Anthony Zang FR	4) James Tatum FR			

Men 4x100 Meter Relay

School	Prelims	Finals	Points
Finals			
1 Widener 'A'	42.96	42.44	10
2 Lebanon Valley 'A'	43.28	42.63	8
3 Hood 'A'	45.44	43.46	6
4 DeSales 'A'	43.37	43.49	5
5 Messiah 'A'	43.74	43.79	4
6 Elizabethtown 'A'	44.34	44.67	3

Men 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Messiah 'A'	3:21.20	3:22.03	2	10
1) Aaron Reynolds SR				
3) Nicholas White SO				
2 Lebanon Valley 'A'	3:23.89	3:24.21	2	8
1) Kyle Fronk FR				
3) Christopher Sayous SO				
3 Alvernia 'A'	3:28.00	3:25.12	2	6
1) Brandon Young SO				
3) Jeremiah Clinchoc FR				
4 Misericordia 'A'	3:23.89	3:25.28	2	5
1) Johnny Gibbons SR				
3) Mikael Hause FR				
5 Elizabethtown 'A'	3:25.20	3:25.39	2	4
1) Brad Risser SR				
3) Brian Layng JR				
6 Widener 'A'	3:23.37	3:26.52	2	3
1) Anthony Clayton SR				
3) Ameer Sorrell FR				
7 DeSales 'A'	3:28.90	3:30.09	2	2
1) Zach Sikanowicz JR				
3) Pat Roche FR				
8 Stevenson 'A'	3:32.63	3:30.62	2	1
1) Dalonte Simpson SO				
3) Kelvin Kobodje SO				
9 Albright 'A'	3:41.87	3:35.32	1	
1) Sean Potter JR				
3) Jermaine Grey SO				
10 Hood 'A'	3:39.83	3:38.34	1	
1) Tyree Wilson JR				
3) Matthew Dyjack JR				
11 Delaware Valley 'A'	3:47.19	3:51.70	1	
1) Greyson Smith FR				
3) Lewis Vincent JR				

Men 4x800 Meter Relay

School	Seed	Finals	Points
1 Messiah 'A'	8:00.05	7:49.23	10
1) Jonphilip McGill SO			
3) Trevor Praetsch JR			
2 Elizabethtown 'A'	8:09.18	7:50.48	8
1) Sam Brooks FR			
3) Jake Blanton SR			
3 DeSales 'A'	8:20.57	8:00.87	6
1) Henry Klinges JR			
3) John Bayeux SO			

4	Widener 'A'		8:23.38	8:07.64	5
	1) Jihad Jasper SO	2) John Ruggiero JR			
	3) Grant Shaffer FR	4) Leo Harmon FR			
5	Hood 'A'		8:27.49	8:16.27	4
	1) Caleb Phillips SO	2) Daniel Jacobs JR			
	3) Justin Cifuentes SO	4) Jordan Acton SR			
6	Alvernia 'A'		8:32.61	8:41.83	3
	1) Brian Elliott FR	2) Cory Novik FR			
	3) Edward Cadman SO	4) Zachary Wilson SO			
7	Lebanon Valley 'A'		8:20.73	8:42.30	2
	1) Jeffrey Pellow FR	2) Christopher Sayous SO			
	3) Alex Talarico SR	4) Patrick Tierney SR			
8	Albright 'A'			8:56.70	1
	1) Samuel Marcotte JR	2) Connor Unger SR			
	3) Jermaine Grey SO	4) Oumar Diawara FR			
9	Delaware Valley 'A'			9:45.69	
	1) Chris Beard FR	2) Sam McCaffrey FR			
	3) Patrick Hastings SO	4) Jason Doll FR			

Men High Jump

Name	Year	School	Seed	Finals	Points
1 Cameron Aregood	SR	Elizabethtow	1.89m	1.93m	6-04.00 10
2 Joseph Bennett	FR	Lebanon Vall	1.85m	1.88m	6-02.00 8
3 Eddie Silber	FR	Manhattanvil	1.88m	J1.88m	6-02.00 6
4 Billy Motherway	SR	Manhattanvil	1.93m	J1.88m	6-02.00 5
5 Craig Malkowicz	FR	DeSales	1.81m	1.83m	6-00.00 4
6 Oluwatosin Adeyemo	FR	Misericordia	1.78m	1.78m	5-10.00 3
7 Tyler Parisi	SR	DeSales	1.82m	J1.78m	5-10.00 1.50
7 Ameer Sorrell	FR	Widener	1.73m	J1.78m	5-10.00 1.50
9 Neal Fox	SR	DeSales	1.85m	1.73m	5-08.00
10 Dalton Johnson	FR	DeSales	1.76m	1.68m	5-06.00

Men Pole Vault

Name	Year	School	Seed	Finals	Points
1 Mick Coleman	JR	Widener	4.80m	4.65m	15-03.00 10
2 Colin Reisler	SR	Messiah	4.50m	4.50m	14-09.00 8
3 Andrew Martin	SO	Alvernia	4.45m	J4.50m	14-09.00 6
4 Dennis Nguyen	JR	Widener	4.25m	4.35m	14-03.25 5
5 Clark Runciman	SR	Albright	4.25m	4.20m	13-09.25 3
5 Drew Engle	SO	Messiah	4.50m	4.20m	13-09.25 3
5 Kevin Brady	JR	Elizabethtow	4.50m	4.20m	13-09.25 3
8 James Siglin	FR	Widener	4.20m	4.05m	13-03.50 1
9 Deryk Gingrich	JR	Lebanon Vall	4.00m	J4.05m	13-03.50
10 Adam Mathias	JR	DeSales	4.11m	J4.05m	13-03.50
11 James Madden	FR	Widener	3.95m	J4.05m	13-03.50
12 Zack Conner	SO	Widener	4.20m	3.90m	12-09.50
12 Michael Weir	JR	Lebanon Vall	4.10m	3.90m	12-09.50
14 Brandon Stearn	FR	Messiah	3.85m	3.75m	12-03.50
14 Dominic DiAngelis	JR	Lebanon Vall	3.95m	3.75m	12-03.50
16 Joseph Bayona	SO	Elizabethtow	3.70m	3.60m	11-09.75
-- Skyler Gerrity	FR	Misericordia	4.10m	NH	

Men Long Jump

Name	Year	School	Seed	Finals	Wind	Points
1 Antonio Richardson	SO	Widener	6.54m	6.60m	+0.0	21-08.00 10
2 Ameer Sorrell	FR	Widener	6.60m	6.55m	-2.3	21-06.00 8
3 Ricky Bruno	FR	Alvernia	7.09m	6.42m	-1.6	21-00.75 6
4 Rondel Parker	FR	Alvernia	6.64m	6.40m	-2.8	21-00.00 5
5 Nick Dolhancryk	SR	Widener	6.99m	6.34m	-2.5	20-09.75 4
6 Cameron Aregood	SR	Elizabethtow	6.41m	6.07m	+0.0	19-11.00 3
7 Mickeal Pugh	SO	Lebanon Vall	6.86m	6.05m	+0.0	19-10.25 2
8 Jerome Duncan	SR	Lebanon Vall	6.40m	5.96m	+0.0	19-06.75 1
9 Erik Brandt	SR	Lebanon Vall	6.36m	5.88m	-1.9	19-03.50
10 Alpha Jalloh	FR	Stevenson	6.17m	5.72m	-1.4	18-09.25
10 Cebastien Glosy	FR	Widener	5.84m	5.72m	-1.4	18-09.25
12 Oluwatosin Adeyemo	FR	Misericordia	6.17m	5.70m	-1.3	18-08.50
13 Brandon Young	SO	Alvernia	6.72m	5.64m	-1.9	18-06.00
14 Brandon Esterly	SR	DeSales	5.88m	5.63m	-1.9	18-05.75
15 Dalton Johnson	FR	DeSales	6.02m	5.35m	-2.5	17-06.75
16 Josiah Haws	FR	Messiah	5.91m	5.33m	-0.9	17-06.00
17 Shane Skyers	SO	Stevenson	5.92m	5.32m	-0.7	17-05.50
-- Jonathan Fureman	JR	Lebanon Vall	5.80m	FOUL		

Men Triple Jump

Name	Year	School	Seed	Finals	Wind	Points	
1 Antonio Richardson	SO	Widener	13.90m	13.93m	1.4	45-08.50	10
2 Ameer Sorrell	FR	Widener	13.78m	13.90m	3.3	45-07.25	8
3 Nick Dolhancryk	SR	Widener	13.21m	13.33m	1.5	43-09.00	6
4 Mickeal Pugh	SO	Lebanon Vall	13.21m	13.27m	1.4	43-06.50	5
5 Rondel Parker	FR	Alvernia	12.69m	13.00m	1.3	42-08.00	4
6 Brandon Young	SO	Alvernia	13.87m	12.82m	1.3	42-00.75	3
7 Shane Skyers	SO	Stevenson	13.01m	12.60m	1.9	41-04.25	2
8 Ricky Bruno	FR	Alvernia	13.31m	J12.60m	1.0	41-04.25	1
9 Brandon Esterly	SR	DeSales	12.21m	12.11m	1.8	39-08.75	
10 Oluwatosin Adeyemo	FR	Misericordia	12.48m	12.03m	1.4	39-05.75	
11 Dalton Johnson	FR	DeSales	11.88m	11.84m	1.4	38-10.25	
12 Josiah Haws	FR	Messiah	12.07m	11.79m	2.4	38-08.25	
13 Greyson Smith	FR	Delaware Val	12.57m	11.63m	1.7	38-02.00	
14 Nick Kausch	SO	Widener	11.63m	11.57m	1.6	37-11.50	
-- Nik Atkins	FR	Misericordia	13.23m	FOUL			
-- Erik Brandt	SR	Lebanon Vall	12.59m	FOUL			

Men Shot Put

Name	Year	School	Seed	Finals	Points	
1 Trevor Stutzman	SO	Messiah	16.00m	15.75m	51-08.25	10
2 Fred Fulton	SO	Messiah	17.99m	15.39m	50-06.00	8
3 Mike Recla	SO	Widener	15.86m	14.98m	49-01.75	6
4 Dane Canonico	SR	Albright	14.96m	14.64m	48-00.50	5
5 Anthony Green	SO	Widener	14.42m	14.19m	46-06.75	4
6 Lucas Dayhoff	JR	Elizabethtow	15.40m	14.06m	46-01.50	3
7 Noe Aguilar-Gonzalez	FR	Lebanon Vall	13.78m	J14.06m	46-01.50	2
8 Tyler Williams	SO	Widener	13.01m	14.01m	45-11.75	1
9 Johnathan Salcedo	FR	Lebanon Vall	13.32m	13.41m	44-00.00	
10 Justin Kulhamer	SO	DeSales	13.93m	12.64m	41-05.75	
11 Joe Ardo	SR	Misericordia	13.60m	12.60m	41-04.25	
12 Ryan Hart	FR	DeSales	15.08m	12.42m	40-09.00	
13 Steffen Gonzalez	JR	Albright	12.89m	12.40m	40-08.25	
14 Nathanael Valdez	JR	Lebanon Vall	12.16m	12.29m	40-04.00	
15 Rob Lawler	FR	DeSales	13.44m	12.19m	40-00.00	
16 Rodre Tomlinson	FR	Alvernia	11.90m	12.11m	39-08.75	
17 Jesse Ware	JR	Delaware Val	12.71m	12.05m	39-06.50	
18 John Langton	SR	DeSales	12.13m	12.03m	39-05.75	
19 Dillon Emery	JR	Alvernia	12.52m	11.91m	39-01.00	
20 Malcolm Bell	SO	Widener	12.37m	11.71m	38-05.00	
20 Thomas Zamorski	FR	Widener	12.55m	11.71m	38-05.00	
22 Kris Martin	SO	Widener	13.17m	11.18m	36-08.25	
23 Evan Wildsmith	FR	Widener	13.07m	11.04m	36-02.75	
24 Michael Boyles	FR	Messiah	12.29m	10.50m	34-05.50	

Men Discus Throw

Name	Year	School	Seed	Finals	Points	
1 Ryan Hart	FR	DeSales	48.79m	47.95m	157-04	10
2 Trevor Stutzman	SO	Messiah	48.21m	46.63m	153-00	8
3 Tyler Williams	SO	Widener	45.61m	45.39m	148-11	6
4 Mike Recla	SO	Widener	45.10m	45.15m	148-01	5
5 Thomas Zamorski	FR	Widener	44.75m	44.61m	146-04	4
6 Justin Kulhamer	SO	DeSales	46.52m	43.97m	144-03	3
7 Malcolm Bell	SO	Widener	41.73m	42.97m	141-00	2
8 Kris Martin	SO	Widener	43.19m	42.19m	138-05	1
9 Noe Aguilar-Gonzalez	FR	Lebanon Vall	37.73m	40.53m	133-00	
10 Johnathan Salcedo	FR	Lebanon Vall	36.66m	40.32m	132-03	
11 Dane Canonico	SR	Albright	42.15m	39.10m	128-03	
12 Robert Baldwin	SR	Albright	36.60m	38.62m	126-08	
12 Michael Boyles	FR	Messiah	35.19m	38.62m	126-08	
14 Dillon Emery	JR	Alvernia	38.15m	37.51m	123-01	
15 Anthony Green	SO	Widener	41.67m	37.17m	121-11	
16 Angelo Cook	SO	DeSales	40.35m	36.59m	120-00	
17 Lucas Dayhoff	JR	Elizabethtow	38.15m	35.84m	117-07	
18 Xavier Gonzalez	FR	Albright	35.44m	35.54m	116-07	
19 Joe Ardo	SR	Misericordia	35.94m	35.23m	115-07	
-- Justin DeLade	JR	Widener	35.35m	FOUL		

Men Hammer Throw

Name	Year	School	Seed	Finals	Points	
1 Tyler Williams	SO	Widener	57.41m	58.41m	191-08	10
2 Eric Solomon	JR	Widener	54.00m	52.84m	173-04	8
3 Fred Fulton	SO	Messiah	55.49m	52.13m	171-00	6
4 Lucas Dayhoff	JR	Elizabethtow	49.81m	46.12m	151-04	5

5	Justin Kulhamer	SO	DeSales	44.71m	45.70m	149-11	4
6	Thomas Zamorski	FR	Widener	43.58m	43.43m	142-06	3
7	Robert Baldwin	SR	Albright	44.28m	42.84m	140-07	2
8	Joe Ardo	SR	Misericordia	40.99m	42.27m	138-08	1
9	Dane Canonico	SR	Albright	45.40m	41.30m	135-06	
10	Dillon Emery	JR	Alvernia	39.16m	38.36m	125-10	
11	Matthew Hladchuk	JR	Widener	34.18m	37.29m	122-04	
12	Andrew Khela	SO	Elizabethtow	35.09m	35.37m	116-00	
13	Josh Streeter	SO	Alvernia	36.43m	35.35m	116-00	
14	Jacob Stockner	SO	Messiah	34.16m	35.01m	114-10	
15	Michael Schwartz	JR	Albright	35.57m	34.18m	112-02	
16	Jesse Shetrom	SO	Lebanon Vall	38.60m	34.04m	111-08	
17	Johnathan Salcedo	FR	Lebanon Vall	32.58m	33.92m	111-03	
18	Rob Lawler	FR	DeSales	40.91m	33.07m	108-06	
19	Nathaniel Flickinger	SO	Elizabethtow	34.24m	32.35m	106-02	
20	Steffen Gonzalez	JR	Albright	36.38m	31.92m	104-09	
--	Justin DeLade	JR	Widener	38.84m	FOUL		

Men Javelin Throw

Name	Year	School	Seed	Finals	Points		
1	Robert Dowd	SR	Widener	59.85m	59.12m	193-11	10
2	Cameron Aregood	SR	Elizabethtow	62.67m	57.70m	189-04	8
3	Angelo Scaffido	JR	Misericordia	56.56m	56.22m	184-05	6
4	Clark Runciman	SR	Albright	52.41m	52.25m	171-05	5
5	Celtson Toote	FR	Messiah	48.82m	49.73m	163-02	4
6	Tyler Parisi	SR	DeSales	49.19m	49.51m	162-05	3
7	Brandon Esterly	SR	DeSales	46.23m	48.72m	159-10	2
8	Bradee Ruhl	FR	Lebanon Vall	46.93m	48.50m	159-01	1
9	Matthew Miller	FR	Messiah	50.00m	47.43m	155-07	
10	Kal McCloskey	SO	Widener	48.86m	45.75m	150-01	
11	Thomas Hawn	FR	DeSales	49.56m	45.64m	149-09	

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	School	Finals	Wind	H#	Points	
1	Drew Engle	SO	Messiah	11.54	0.1	1	744
2	Tim Hampton	JR	Messiah	11.68	-0.7	2	715
3	Brian Layng	JR	Elizabethtow	11.78	-0.7	2	695
4	Kevin Greene	SR	Lebanon Vall	11.98	0.1	1	655
5	Dennis Nguyen	JR	Widener	12.16	0.1	1	620
6	Clark Runciman	SR	Albright	12.29	-0.7	2	595
7	Thomas Fleming	SO	Widener	12.29	-0.7	2	595
8	Cody Lloyd	FR	Lebanon Vall	12.33	-0.7	2	588
9	Joseph Bayona	SO	Elizabethtow	12.34	0.1	1	586
10	Steven Powell	JR	Hood	12.97	0.1	1	473

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year	School	Finals	H#	Points	
1	Brian Layng	JR	Elizabethtow	50.87	1	775
2	Drew Engle	SO	Messiah	51.37	2	753
3	Dennis Nguyen	JR	Widener	54.91	2	602
4	Tim Hampton	JR	Messiah	55.01	1	598
5	Clark Runciman	SR	Albright	55.44	1	581
6	Cody Lloyd	FR	Lebanon Vall	56.31	2	547
7	Joseph Bayona	SO	Elizabethtow	56.65	2	534
8	Kevin Greene	SR	Lebanon Vall	56.82	1	528
9	Thomas Fleming	SO	Widener	59.80	1	420
10	Steven Powell	JR	Hood	1:02.66	2	327

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year	School	Finals	Points	
1	Drew Engle	SO	Messiah	4:37.04	699
2	Brian Layng	JR	Elizabethtow	4:41.83	669
3	Cody Lloyd	FR	Lebanon Vall	4:46.73	639
4	Joseph Bayona	SO	Elizabethtow	4:48.49	628
5	Tim Hampton	JR	Messiah	5:18.46	458
6	Clark Runciman	SR	Albright	5:32.85	385
7	Thomas Fleming	SO	Widener	5:45.48	326
8	Steven Powell	JR	Hood	5:46.49	322
9	Dennis Nguyen	JR	Widener	5:57.91	273
10	Kevin Greene	SR	Lebanon Vall	6:02.04	256

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year	School	Finals	Wind	H#	Points
1 Brian Layng	JR	Elizabethtow	16.20	-2.0	1	710
2 Drew Engle	SO	Messiah	17.18	-2.0	1	606
3 Clark Runciman	SR	Albright	17.60	2.6	2	563
4 Kevin Greene	SR	Lebanon Vall	17.96	2.6	2	528
5 Cody Lloyd	FR	Lebanon Vall	18.24	-2.0	1	501
6 Dennis Nguyen	JR	Widener	19.27	0.6	3	409
7 Joseph Bayona	SO	Elizabethtow	20.01	0.6	3	348
8 Tim Hampton	JR	Messiah	21.06	0.6	3	270
9 Steven Powell	JR	Hood	22.17	-2.0	1	198
10 Thomas Fleming	SO	Widener	23.16	2.6	2	143

Decathlon: #4 Men High Jump Decathlon

Name	Year	School	Finals	Points
1 Clark Runciman	SR	Albright	1.80m	5-10.75 627
2 Brian Layng	JR	Elizabethtow	1.74m	5-08.50 577
3 Kevin Greene	SR	Lebanon Vall	1.65m	5-05.00 504
4 Thomas Fleming	SO	Widener	1.62m	5-03.75 480
4 Drew Engle	SO	Messiah	1.62m	5-03.75 480
4 Dennis Nguyen	JR	Widener	1.62m	5-03.75 480
7 Cody Lloyd	FR	Lebanon Vall	1.59m	5-02.50 457
8 Steven Powell	JR	Hood	1.56m	5-01.25 434
9 Tim Hampton	JR	Messiah	1.53m	5-00.25 411
10 Joseph Bayona	SO	Elizabethtow	1.41m	4-07.50 324

Decathlon: #8 Men Pole Vault Decathlon

Name	Year	School	Finals	Points
1 Drew Engle	SO	Messiah	4.35m	14-03.25 716
2 Dennis Nguyen	JR	Widener	4.25m	13-11.25 688
3 Clark Runciman	SR	Albright	4.15m	13-07.25 659
4 Cody Lloyd	FR	Lebanon Vall	3.85m	12-07.50 576
4 Brian Layng	JR	Elizabethtow	3.85m	12-07.50 576
6 Kevin Greene	SR	Lebanon Vall	3.35m	10-11.75 444
6 Steven Powell	JR	Hood	3.35m	10-11.75 444
8 Tim Hampton	JR	Messiah	3.15m	10-04.00 393
9 Thomas Fleming	SO	Widener	2.65m	8-08.25 275
-- Joseph Bayona	SO	Elizabethtow	NH	

Decathlon: #2 Men Long Jump Decathlon

Name	Year	School	Finals	Wind	Points
1 Dennis Nguyen	JR	Widener	6.14m	+0.0	20-01.75 617
2 Drew Engle	SO	Messiah	6.02m	+0.0	19-09.00 591
3 Tim Hampton	JR	Messiah	5.73m	+0.0	18-09.75 529
4 Brian Layng	JR	Elizabethtow	5.51m	+0.0	18-01.00 483
5 Kevin Greene	SR	Lebanon Vall	5.44m	+0.0	17-10.25 469
6 Clark Runciman	SR	Albright	5.27m	+0.0	17-03.50 435
7 Thomas Fleming	SO	Widener	5.19m	+0.0	17-00.50 419
7 Joseph Bayona	SO	Elizabethtow	5.19m	+0.0	17-00.50 419
9 Cody Lloyd	FR	Lebanon Vall	5.00m	+0.0	16-05.00 382
10 Steven Powell	JR	Hood	4.69m	+0.0	15-04.75 324

Decathlon: #3 Men Shot Put Decathlon

Name	Year	School	Finals	Points
1 Clark Runciman	SR	Albright	11.96m	39-03.00 604
2 Brian Layng	JR	Elizabethtow	10.65m	34-11.25 525
3 Kevin Greene	SR	Lebanon Vall	10.41m	34-02.00 510
4 Dennis Nguyen	JR	Widener	9.87m	32-04.75 478
5 Drew Engle	SO	Messiah	9.81m	32-02.25 474
6 Thomas Fleming	SO	Widener	8.85m	29-00.50 417
7 Cody Lloyd	FR	Lebanon Vall	8.32m	27-03.75 385
8 Joseph Bayona	SO	Elizabethtow	7.70m	25-03.25 349
9 Steven Powell	JR	Hood	7.58m	24-10.50 341
10 Tim Hampton	JR	Messiah	6.62m	21-08.75 285

Decathlon: #7 Men Discus Throw Decathlon

Name	Year	School	Finals	Points
1 Clark Runciman	SR	Albright	39.40m	129-03 652
2 Brian Layng	JR	Elizabethtow	38.83m	127-05 641
3 Kevin Greene	SR	Lebanon Vall	34.04m	111-08 544
4 Drew Engle	SO	Messiah	30.21m	99-01 469

5	Dennis Nguyen	JR	Widener	28.58m	93-09	437
6	Cody Lloyd	FR	Lebanon Vall	28.00m	91-10	425
7	Thomas Fleming	SO	Widener	24.41m	80-01	356
8	Steven Powell	JR	Hood	22.70m	74-06	323
9	Joseph Bayona	SO	Elizabethtow	21.43m	70-04	299
10	Tim Hampton	JR	Messiah	18.17m	59-07	238

Decathlon: #9 Men Javelin Throw Decathlon

Name	Year	School	Finals	Points
1	Clark Runciman	SR Albright	51.16m	167-10 606
2	Kevin Greene	SR Lebanon Vall	47.29m	155-02 549
3	Drew Engle	SO Messiah	45.25m	148-05 519
4	Brian Layng	JR Elizabethtow	41.76m	137-00 468
5	Dennis Nguyen	JR Widener	39.84m	130-08 440
6	Cody Lloyd	FR Lebanon Vall	37.90m	124-04 412
7	Thomas Fleming	SO Widener	36.33m	119-02 389
8	Joseph Bayona	SO Elizabethtow	33.55m	110-01 349
9	Steven Powell	JR Hood	28.20m	92-06 274
10	Tim Hampton	JR Messiah	23.86m	78-03 214

Men Decathlon

Name	Year	School	Seed	Finals	Points
1	Brian Layng	JR Elizabethtow	5771	6119	10
2	Drew Engle	SO Messiah	5803	6051	8
3	Clark Runciman	SR Albright	5420	5707	6
4	Dennis Nguyen	JR Widener		5044	5
5	Kevin Greene	SR Lebanon Vall		4987	4
6	Cody Lloyd	FR Lebanon Vall		4912	3
7	Tim Hampton	JR Messiah	3678	4111	2
8	Joseph Bayona	SO Elizabethtow	3949	3836	1
9	Thomas Fleming	SO Widener		3820	
10	Steven Powell	JR Hood	3281	3460	

Women - Team Rankings - 22 Events Scored

1)	Elizabethtown	175	2)	Lebanon Valley	160.50
3)	Misericordia	139	4)	Messiah	97.50
5)	DeSales	74	6)	Alvernia	49
7)	Widener	47	8)	Albright	40
8)	Hood	40	10)	Delaware Valley	26
11)	Manhattanville	7			

Men - Team Rankings - 22 Events Scored

1)	Widener	245.50	2)	Messiah	141
3)	Elizabethtown	113	4)	Lebanon Valley	97
5)	DeSales	89.50	6)	Alvernia	58
7)	Hood	35	8)	Misericordia	31
9)	Albright	26	10)	Manhattanville	11
11)	Stevenson	8			