

Women 100 Meter Dash

MAC: R 12.04 5/4/2013 Danisha Higgs, Albright							
Name	Year	School	Seed	Prelims	Wind	H#	
Preliminaries							
1	Danisha Higgs	SR Albright	12.43	12.37Q	+0.0	3	
2	Stacey Perrins	SR Misericordia	12.63	12.61Q	+0.0	4	
3	Kristin Fitti-Hafer	SR Lebanon Vall	12.69	12.64Q	+0.0	2	
4	Shakeira Fowler	SO Widener	12.60	12.82Q	+0.0	1	
5	Shannon Roberts	SO Manhattanvil	12.68	12.67q	+0.0	2	
6	Liz Martin	SR Messiah	12.75	12.67q	+0.0	4	
7	Ashley Braungard	FR Lebanon Vall	12.90	12.75q	+0.0	3	
8	Heather Wanner	FR Alvernia	12.76	12.82q	+0.0	1	
9	Kelsey O'Donnell	FR Misericordia	13.11	13.04	+0.0	1	
10	Sarah Downer	JR Misericordia	13.34	13.09	+0.0	4	
11	Kelsey Detweiler	FR Elizabethtow	13.10	13.26	+0.0	3	
12	Denese Samuels	FR Stevenson	13.43	13.27	+0.0	4	
13	Monee Hill	JR Stevenson	13.58	13.38	+0.0	3	
14	Sarah Ostroski	FR Misericordia	13.38	13.38	+0.0	2	
15	Ronya Nassar	JR Albright	13.54	13.41	+0.0	1	
16	Ashley Barnes	SO Hood	13.40	13.44	+0.0	2	
17	Christyna Falden	JR Stevenson	13.96	13.49	+0.0	2	
18	Aaliyah Ravenel	FR Elizabethtow	13.54	13.62	+0.0	3	
19	Dee Slater	SO Elizabethtow	13.85	13.72	+0.0	2	
20	Katie Colt	FR Widener	14.01	13.91	+0.0	3	
21	Jayda Blount	SO Hood	13.66	13.94	+0.0	1	
22	Jackie Zylka	SR Elizabethtow	13.97	13.97	+0.0	4	
23	Katherine Steffney	JR Misericordia	13.83	14.07	+0.0	4	
24	Erica Thomas	FR DeSales	14.01	14.13	+0.0	3	
25	Maya Jackson	JR Hood	13.97	14.32	+0.0	1	

Women 100 Meter Dash

MAC: R 12.04 5/4/2013 Danisha Higgs, Albright							
Name	Year	School	Prelims	Finals	Wind	Points	
Finals							
1	Danisha Higgs	SR Albright	12.37	12.08	+0.0	10	
2	Stacey Perrins	SR Misericordia	12.61	12.56	+0.0	8	
3	Shannon Roberts	SO Manhattanvil	12.67	12.59	+0.0	6	
4	Heather Wanner	FR Alvernia	12.82	12.61	+0.0	5	
5	Ashley Braungard	FR Lebanon Vall	12.75	12.65	+0.0	4	
6	Liz Martin	SR Messiah	12.67	12.76	+0.0	3	
7	Kristin Fitti-Hafer	SR Lebanon Vall	12.64	12.78	+0.0	2	
8	Shakeira Fowler	SO Widener	12.82	12.82	+0.0	1	

Women 200 Meter Dash

MAC: R 24.69 5/4/2013 Danisha Higgs, Albright							
Name	Year	School	Seed	Prelims	Wind	H#	
Preliminaries							
1	Amy Viti	SO Misericordia	25.98	25.77Q	+0.0	2	
2	Stacey Perrins	SR Misericordia	26.02	25.78Q	+0.0	3	
3	Danisha Higgs	SR Albright	25.67	25.83Q	+0.0	1	
4	Shannon Roberts	SO Manhattanvil	25.68	25.91q	+0.0	3	
5	Brittany Diehl	JR Widener	26.10	26.06q	+0.0	1	
6	Heather Wanner	FR Alvernia	25.87	26.07q	+0.0	2	
7	Kristin Fitti-Hafer	SR Lebanon Vall	26.45	26.07q	+0.0	3	
8	Ashley Braungard	FR Lebanon Vall	26.71	26.36q	+0.0	2	
9	Shakeira Fowler	SO Widener	26.29	26.56	+0.0	1	
10	Kelsey O'Donnell	FR Misericordia	27.09	26.59	+0.0	1	
11	Mary Fairchild	FR Misericordia	26.84	26.72	+0.0	3	
12	Denese Samuels	FR Stevenson	28.47	26.90	+0.0	3	
13	Chelsea Young	SR Hood	26.62	26.99	+0.0	2	
14	Kelsey Detweiler	FR Elizabethtow	26.92	27.16	+0.0	1	
15	Sarah Downer	JR Misericordia	27.46	27.18	+0.0	3	
16	Natalie Booz	FR Messiah	28.22	27.72	+0.0	2	
17	Monee Hill	JR Stevenson	28.88	27.91	+0.0	2	
18	Ashley Underkofler	JR Elizabethtow	28.46	28.50	+0.0	2	
19	Rebecca Cavanan	SO Manhattanvil	28.49	28.55	+0.0	1	
20	Jayda Blount	SO Hood	28.77	29.15	+0.0	1	
21	Shea Olcheski	JR Albright	28.81	29.44	+0.0	3	

Women 200 Meter Dash

MAC: R 24.69 5/4/2013 Danisha Higgs, Albright						
Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1 Danisha Higgs		SR Albright	25.83	25.03	+0.0	10
2 Stacey Perrins		SR Misericordia	25.78	25.48	+0.0	8
3 Shannon Roberts		SO Manhattanvil	25.91	25.55	+0.0	6
4 Amy Viti		SO Misericordia	25.77	25.63	+0.0	5
5 Brittany Diehl		JR Widener	26.06	25.86	+0.0	4
6 Heather Wanner		FR Alvernia	26.07	25.96	+0.0	3
7 Ashley Braungard		FR Lebanon Vall	26.36	26.12	+0.0	2
8 Kristin Fitti-Hafer		SR Lebanon Vall	26.07	26.34	+0.0	1

Women 400 Meter Dash

MAC: R 57.70 5/4/2013 Amy Viti, Misericordia					
Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Lauren Decker		FR Lebanon Vall	1:02.48	58.17Q	2
2 Amy Viti		SO Misericordia	56.92	59.80Q	1
3 Brittany Diehl		JR Widener	58.20	58.81q	2
4 Amanda Miller		JR DeSales	58.27	59.78q	2
5 Mary Fairchild		FR Misericordia	59.77	1:00.15q	1
6 Alexis Groce		FR Elizabethtow	59.24	1:00.15q	1
7 Chelsea Young		SR Hood	1:00.43	1:00.36q	2
8 Alexis Lanzillotti		JR Manhattanvil	1:00.56	1:00.45q	1
9 Aleah Mason		FR Widener	1:01.11	1:01.54	1
10 Kelty Fairchild		FR Misericordia	1:00.54	1:01.79	2
11 Rachel Bowser		SO Messiah	1:02.85	1:03.83	2
12 Ashley Underkofler		JR Elizabethtow	1:03.82	1:04.23	1
13 Julie Mikolaichick		SR Misericordia	1:04.11	1:04.74	1
14 Katie cappuccino		FR DeSales	1:05.91	1:06.11	2

Women 400 Meter Dash

MAC: R 57.70 5/4/2013 Amy Viti, Misericordia					
Name	Year	School	Prelims	Finals	Points
Finals					
1 Amy Viti		SO Misericordia	59.80	56.06R	10
2 Brittany Diehl		JR Widener	58.81	57.01R	8
3 Lauren Decker		FR Lebanon Vall	58.17	57.07R	6
4 Amanda Miller		JR DeSales	59.78	58.62	5
5 Mary Fairchild		FR Misericordia	1:00.15	59.09	4
6 Chelsea Young		SR Hood	1:00.36	59.59	3
7 Alexis Groce		FR Elizabethtow	1:00.15	59.86	2
8 Alexis Lanzillotti		JR Manhattanvil	1:00.45	59.95	1

Women 800 Meter Run

MAC: R 2:14.06 1989 Rebecca Weiderrecht, Messiah					
Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Amelia Tearnan		JR Elizabethtow	2:18.48	2:20.62Q	1
2 Bianca Bolton		SO Misericordia	2:23.44	2:21.80Q	2
3 Casey Quinto		FR Elizabethtow	2:24.68	2:24.02Q	3
4 Alexandra Dystant		JR Hood	2:22.25	2:21.10Q	1
5 Cynthia Adams		SR Lebanon Vall	2:12.28	2:22.33Q	2
6 Alexis Groce		FR Elizabethtow	2:18.70	2:24.14Q	3
7 Emily Senning		SO Messiah	2:23.04	2:23.36q	2
8 Victoria Scrima		SO Messiah	2:27.08	2:25.50q	2
9 Beth Dauer		FR DeSales	2:22.05	2:25.65	3
10 Emily Creighton		JR Widener	2:28.68	2:26.17	1
11 Michelle Churchman		JR DeSales	2:26.27	2:27.22	1
12 Laurie Jones		SR Elizabethtow	2:25.58	2:27.45	3
13 Jacquelyn Bamberski		FR Misericordia	2:24.46	2:27.86	1
14 Rachael Harding		JR Misericordia	2:33.65	2:29.59	3
15 Jill Eberly		FR Misericordia	2:27.47	2:30.06	2
16 Caroline Vazzana		SR Albright	2:33.66	2:32.85	1
17 Lanie Swanhart		SO Stevenson	2:38.32	2:33.55	3
18 Christanna Brown		FR Alvernia	2:36.51	2:36.21	2
19 Nicolette Siermine		FR Elizabethtow	2:37.38	2:38.21	1
20 Samantha Will		FR Delaware Val	2:33.00	2:39.27	3
21 Amanda Greisman		FR Widener	2:37.35	2:42.09	2

Women 800 Meter Run

MAC: R 2:14.06 1989

Rebecca Weiderrecht, Messiah

Name	Year	School	Prelims	Finals	Points
Finals					
1 Cynthia Adams	SR	Lebanon Vall	2:22.33	2:13.82R	10
2 Alexis Groce	FR	Elizabethtow	2:24.14	2:19.03	8
3 Amelia Tearnan	JR	Elizabethtow	2:20.62	2:19.03	6
4 Emily Senning	SO	Messiah	2:23.36	2:19.76	5
5 Alexandra Dystant	JR	Hood	2:21.10	2:19.79	4
6 Bianca Bolton	SO	Misericordia	2:21.80	2:19.90	3
7 Casey Quinto	FR	Elizabethtow	2:24.02	2:20.61	2
8 Victoria Scrima	SO	Messiah	2:25.50	2:23.32	1

Women 1500 Meter Run

MAC: R 4:37.88 1996

Tracy Wartman, Moravian

Name	Year	School	Seed	Finals	Points
1 Cynthia Adams	SR	Lebanon Vall	4:51.83	4:35.64R	10
2 Traci Tempone	SR	Elizabethtow	4:41.58	4:39.32	8
3 Kelsey Patrick	SO	Lebanon Vall	4:42.66	4:42.28	6
4 Bianca Bolton	SO	Misericordia	4:47.35	4:46.01	5
5 Eileen Cody	JR	Elizabethtow	4:59.18	4:50.72	4
6 Amelia Tearnan	JR	Elizabethtow	4:49.05	4:51.45	3
7 Bethany Killmon	FR	Misericordia	4:58.47	4:54.99	2
8 Katie Downing	FR	DeSales	4:52.15	4:58.66	1
9 Brianna Earnshaw	FR	Elizabethtow	4:54.85	5:02.65	
10 Samantha Gehly	FR	Elizabethtow	5:12.82	5:03.62	
11 Taylor Englert	SO	Widener	5:00.88	5:05.98	
12 Alissa Rogers	FR	Messiah	5:10.98	5:07.67	
13 Alyssa Keich	JR	Lebanon Vall	5:14.20	5:08.11	
14 Jacquelyn Young	SO	Messiah	5:16.25	5:10.31	
15 Lydia Dearie	SO	Elizabethtow	5:11.16	5:10.72	
16 Leah Novak	JR	Messiah	5:19.67	5:11.88	
17 Laurie Jones	SR	Elizabethtow	4:58.42	5:13.02	
18 Emily Donahue	SO	Widener	5:11.60	5:14.30	
19 Nicolette Siermine	FR	Elizabethtow	5:17.51	5:14.57	
20 Brittany Rees	FR	Lebanon Vall	5:19.52	5:15.30	
21 Erica Trofa	SO	Widener	5:12.98	5:17.45	
22 Shannon Connell	FR	DeSales	5:28.64	5:18.40	
23 Liane Riley	FR	Alvernia	5:30.39	5:19.93	
24 Rachael Harding	JR	Misericordia	5:07.74	5:20.05	
25 Natala Balla	SO	DeSales	5:32.43	5:20.13	
26 Marissa Conley	FR	Widener	5:26.47	5:20.67	
27 Alicia Stavitzski	SO	Misericordia	5:25.64	5:21.32	
28 Hannah Salapa	SR	Lebanon Vall	5:32.32	5:25.66	
29 Lanie Swanhart	SO	Stevenson	5:25.03	5:27.41	
30 Nicole Vasiliu	SO	Lebanon Vall	5:31.93	5:29.16	
31 Michelle Barkus	JR	DeSales	5:32.47	5:29.59	
32 Tamahra Sheard	SO	Albright	5:25.07	5:29.84	
33 Rebecca Sitler	FR	Lebanon Vall	5:31.63	5:29.84	
34 Gabrielle Yankelevich	SO	Elizabethtow	5:30.29	5:31.82	
35 Katie Hurley	FR	Misericordia	5:28.33	5:33.78	
36 Emily Banks	SO	Lebanon Vall	5:30.24	5:36.44	
37 Emily White	SO	Lebanon Vall	5:33.13	5:48.35	
-- Hannah Jones	SO	Lebanon Vall	5:21.01	DNF	

Women 5000 Meter Run

MAC: R 17:20.87 1994

Carla Thomas, Moravian

Name	Year	School	Seed	Finals	Points
1 Jessica Curry	SO	DeSales	17:47.88	17:39.35	10
2 Traci Tempone	SR	Elizabethtow	17:40.56	17:54.53	8
3 Kelsey Patrick	SO	Lebanon Vall	17:49.22	18:09.61	6
4 Megan Tursi	SR	Elizabethtow	18:33.39	18:12.70	5
5 Cara Guth	SR	DeSales	18:38.40	18:29.28	4
6 Amanda Kerno	SR	Elizabethtow	18:23.12	18:41.56	3
7 Tasha Becker	SO	Messiah	19:05.03	18:47.24	2
8 Elizabeth Wedekind	FR	Elizabethtow	19:06.18	18:54.99	1
9 Eileen Cody	JR	Elizabethtow	19:27.82	19:02.90	
10 Katie Downing	FR	DeSales	18:59.05	19:06.91	
11 Kellie Medendorp	SR	Widener	19:09.31	19:19.12	
12 Andrea Stevko	SO	Alvernia	19:37.12	19:22.64	
13 Amy Gessler	FR	Elizabethtow	19:59.13	19:30.96	
14 Dana Stockdale	JR	Lebanon Vall	19:06.74	19:39.84	
15 Elaina Nellis	SR	Elizabethtow	19:57.18	19:44.30	
16 Stephanie Churchman	JR	DeSales	19:50.17	19:44.76	
17 Alexandria Miller	SO	Misericordia	19:45.52	19:51.76	
18 Alissa Rogers	FR	Messiah	19:21.71	20:01.77	
19 Samantha Gehly	FR	Elizabethtow	19:35.46	20:07.66	

20	Polin Petkova	FR	Manhattanvil	19:42.19	20:12.23
21	Rachel Eyler	JR	Lebanon Vall	20:16.74	20:14.93
22	Emma Kemmerer	SO	DeSales	20:26.86	20:18.83
23	Bethany Killmon	FR	Misericordia	19:15.29	20:23.80
24	Samantha Zarzaca	FR	Elizabethtow	20:23.43	20:37.27
25	Victoria Hepp	SR	Messiah	20:34.88	20:50.36

Women 10000 Meter Run

MAC: R 37:01.42 2009 Amanda Daws, Elizabethtown						
Name	Year	School	Seed	Finals	Points	
1	Traci Tempone	SR	Elizabethtow	36:22.19	38:35.34	10
2	Jessica Curry	SO	DeSales	42:22.01	38:45.59	8
3	Cara Guth	SR	DeSales	38:10.39	39:18.46	6
4	Amanda Kerno	SR	Elizabethtow	41:33.00	40:01.49	5
5	Elizabeth Wedekind	FR	Elizabethtow	39:43.20	40:03.40	4
6	Megan Tursi	SR	Elizabethtow	43:34.20	40:07.45	3
7	Kellie Medendorp	SR	Widener	40:42.28	40:16.02	2
8	Andrea Stevko	SO	Alvernia	40:09.89	42:06.43	1
9	Alexandria Miller	SO	Misericordia	40:56.35	42:17.23	
10	Amy Gessler	FR	Elizabethtow	41:44.79	42:28.44	
11	Rachel Eyler	JR	Lebanon Vall	44:46.70	42:53.43	
12	Jennifer Bove	SR	Messiah	43:30.20	43:01.71	
13	Liane Riley	FR	Alvernia	45:48.52	43:44.31	
14	Samantha Zarzaca	FR	Elizabethtow	42:48.02	44:27.70	
15	Susannah Marshall	SO	Messiah	44:10.36	44:45.50	
16	Monica Venturella	FR	Elizabethtow	45:16.20	45:48.84	
17	Sarah Black	SR	Lebanon Vall	45:14.50	46:01.14	
18	Jamie Wisz	JR	Hood	44:53.23	48:24.29	
--	stephanie Churchman	JR	DeSales	42:21.99	DNF	

Women 100 Meter Hurdles

MAC: R 14.14 2009 Kristen Bates, Messiah						
Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Hilari Norris	SO	Misericordia	14.60	14.73Q	+0.0 2
2	Liz Martin	SR	Messiah	15.56	15.52Q	+0.0 1
3	Kristin Fitti-Hafer	SR	Lebanon Vall	15.70	15.19q	+0.0 2
4	Janette Berger	FR	DeSales	15.52	15.91q	+0.0 1
5	Heather Silveira	JR	Hood	15.88	16.35q	+0.0 2
6	Emily Rogan	FR	DeSales	16.84	16.42q	+0.0 1
7	Laura Calderone	JR	Lebanon Vall	17.12	16.78q	+0.0 2
8	Katherine Steffney	JR	Misericordia	17.12	16.79q	+0.0 2
9	Jillian Heymann	FR	Hood	17.18	17.29	+0.0 1
10	Lyndsay Feather	SO	Messiah	17.75	17.38	+0.0 1
11	Rebecca Querfeld	FR	Messiah	16.95	18.01	+0.0 1
12	Kate Michael	SO	Misericordia	18.10	18.04	+0.0 2
13	Katlynn Kuhns	SO	Albright	18.47	18.11	+0.0 1
14	Raechelle Dietsch	FR	Delaware Val	18.38	18.27	+0.0 1
15	Briana McKnight	FR	Widener	17.89	18.88	+0.0 2

Women 100 Meter Hurdles

MAC: R 14.14 2009 Kristen Bates, Messiah						
Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1	Hilari Norris	SO	Misericordia	14.73	14.56	+0.0 10
2	Liz Martin	SR	Messiah	15.52	15.24	+0.0 8
3	Kristin Fitti-Hafer	SR	Lebanon Vall	15.19	15.40	+0.0 6
4	Janette Berger	FR	DeSales	15.91	15.89	+0.0 5
5	Heather Silveira	JR	Hood	16.35	16.19	+0.0 4
6	Laura Calderone	JR	Lebanon Vall	16.78	16.50	+0.0 3
7	Katherine Steffney	JR	Misericordia	16.79	16.62	+0.0 2
8	Emily Rogan	FR	DeSales	16.42	17.30	+0.0 1

Women 400 Meter Hurdles

MAC: R 1:01.85 2007 Emily Lepley, Susquehanna					
Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	Janette Berger	FR	DeSales	1:07.24	1:07.20Q 2
2	Liz Martin	SR	Messiah	1:02.10	1:08.45Q 1
3	Danielle Azzollini	FR	Widener	1:12.56	1:09.86Q 3
4	Jamielyn Samper	SR	Lebanon Vall	1:11.40	1:10.00q 1
5	Heather Silveira	JR	Hood	1:10.03	1:10.85q 3
6	Sarah Kelley	FR	Manhattanvil	1:12.82	1:11.10q 3

7	Alyssa Brandt	JR	DeSales	1:10.88	1:11.32q	3
8	Alexandra Christ	SR	Elizabethtow	1:12.86	1:11.37q	2
9	Georgia Cleary	FR	Misericordia	1:11.58	1:11.46	2
10	Gwen Davis	SO	Widener	1:11.36	1:12.48	1
11	Alexa Muffly	SO	Lebanon Vall	1:13.15	1:12.60	1
12	Lyndsay Feather	SO	Messiah	1:15.43	1:13.37	3
13	Kathyrn O'Hara	JR	Lebanon Vall	1:11.32	1:13.38	2
14	Chelsea Morrison	JR	Widener	1:15.14	1:14.67	2
15	Kate Michael	SO	Misericordia	1:15.03	1:15.35	1
16	Katlynn Kuhns	SO	Albright	1:18.24	1:19.43	2

Women 400 Meter Hurdles

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MAC: R 1:01.85 2007 Emily Lepley, Susquehanna						
Name	Year	School	Prelims	Finals	Points	
=====						
Finals						
1	Liz Martin	SR	Messiah	1:08.45	1:03.15	10
2	Janette Berger	FR	DeSales	1:07.20	1:07.01	8
3	Jamielyn Samper	SR	Lebanon Vall	1:10.00	1:08.10	6
4	Heather Silveira	JR	Hood	1:10.85	1:09.05	5
5	Alyssa Brandt	JR	DeSales	1:11.32	1:09.16	4
6	Sarah Kelley	FR	Manhattanvil	1:11.10	1:09.32	3
7	Danielle Azzollini	FR	Widener	1:09.86	1:10.14	2
8	Alexandra Christ	SR	Elizabethtow	1:11.37	1:12.05	1

Women 3000 Meter Steeplechase

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MAC: R 11:22.16 5/7/2010 Megan VanDenHengel, Elizabethtown						
Name	Year	School	Seed	Finals	Points	
=====						
1	Megan Tursi	SR	Elizabethtow	11:00.62	11:48.85	10
2	Alyssa Peterson	SR	Hood	12:04.26	12:06.86	8
3	Abby Labar	SO	DeSales	12:21.68	12:11.08	6
4	Brianna Earnshaw	FR	Elizabethtow	11:59.25	12:12.29	5
5	Elaina Nellis	SR	Elizabethtow	12:29.57	12:28.33	4
6	Emily Donahue	SO	Widener	12:50.57	12:42.33	3
7	Victoria Hepp	SR	Messiah	12:35.19	12:59.95	2
8	Nicole Vasiliu	SO	Lebanon Vall	13:08.66	13:03.21	1
9	Hannah Jones	SO	Lebanon Vall	12:41.47	13:11.44	
10	Gabrielle Yankelevich	SO	Elizabethtow	13:27.48	13:27.96	
11	Emily White	SO	Lebanon Vall	13:21.24	13:50.82	
12	Samantha Myles	JR	DeSales	13:26.28	14:01.47	

Women 4x100 Meter Relay

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MAC: R 47.89 5/5/2012 Lebanon Valley, Lebanon Vall						
School	K Fitti-Hafer, A Farrell, I Antensteiner, J Walker			Seed	Prelims	H#
=====						
Preliminaries						
1	Misericordia 'A'			49.21	49.06Q	2
	1) Sarah Downer JR	2)	Hilari Norris SO			
	3) Kelsey O'Donnell FR	4)	Stacey Perrins SR			
2	Manhattanville 'A'			51.54	50.68Q	1
	1) Shannon Roberts SO	2)	Jazmin Pryce FR			
	3) Rebecca Cavanan SO	4)	Alexis Lanzillotti JR			
3	Lebanon Valley 'A'			50.79	50.28q	2
	1) Kristin Fitti-Hafer SR	2)	Laura Calderone JR			
	3) Ashley Braungard FR	4)	Alexa Muffly SO			
4	Widener 'A'			50.69	50.68q	1
	1) Brittany Diehl JR	2)	Gwen Davis SO			
	3) Chelsea Morrison JR	4)	Shakeira Fowler SO			
5	Messiah 'A'			51.18	50.76q	2
	1) Liz Martin SR	2)	Rachel Robison SO			
	3) Kaitlyn Hostetler FR	4)	Natalie Booz FR			
6	DeSales 'A'			50.64	51.38q	1
	1) Emily Rogan FR	2)	Janette Berger FR			
	3) Amanda Miller JR	4)	Beth Dauer FR			
7	Stevenson 'A'			52.76	51.39q	1
	1) Denese Samuels FR	2)	Monee Hill JR			
	3) Christyna Falden JR	4)	Josephine Adutwum JR			
8	Albright 'A'			52.18	51.42q	2
	1) Shea Olcheski JR	2)	Danisha Higgs SR			
	3) Katlynn Kuhns SO	4)	Ronya Nassar JR			
9	Elizabethtown 'A'			52.42	51.75	2
	1) Aaliyah Ravenel FR	2)	Kelsey Detweiler FR			
	3) Dee Slater SO	4)	Jackie Zylka SR			

Women 4x100 Meter Relay

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MAC: R 47.89 5/5/2012 Lebanon Valley, Lebanon Vall
 K Fitti-Hafer, A Farrell, I Antensteiner, J Walker

School	Prelims	Finals	Points
Finals			
1 Misericordia 'A'	49.06	48.42	10
2 Lebanon Valley 'A'	50.28	50.38	8
3 Manhattanville 'A'	50.68	50.54	6
4 Messiah 'A'	50.76	50.67	5
5 DeSales 'A'	51.38	51.17	4
6 Albright 'A'	51.42	51.25	3
7 Stevenson 'A'	51.39	51.74	2
-- Widener 'A'	50.68	DNF	

Women 4x400 Meter Relay

MAC: R 3:54.65 5/4/2013 Misericordia, Misericordia
 J Dunn, B Comiskey, S Grow, A Viti

School	Seed	Finals	Points
1 Misericordia 'A'	3:53.71	3:53.40R	10
1) Mary Fairchild FR	2) Stacey Perrins SR		
3) Kelty Fairchild FR	4) Amy Viti SO		
2 Lebanon Valley 'A'	3:59.78	3:56.36	8
1) Kristin Fitti-Hafer SR	2) Lauren Decker FR		
3) Ashley Braungard FR	4) Cynthia Adams SR		
3 Hood 'A'	4:12.10	4:01.88	6
1) Alexandra Dystant JR	2) Sophie Grizzle SR		
3) Heather Silveira JR	4) Chelsea Young SR		
4 Elizabethtown 'A'	4:14.45	4:03.25	5
1) Amelia Tearnan JR	2) Kelsey Detweiler FR		
3) Casey Quinto FR	4) Alexis Groce FR		
5 DeSales 'A'	4:03.92	4:06.83	4
1) Beth Dauer FR	2) Janette Berger FR		
3) Abby Labar SO	4) Amanda Miller JR		
6 Messiah 'A'	4:16.50	4:08.04	3
1) Emily Senning SO	2) Rachel Bowser SO		
3) Victoria Scrima SO	4) Liz Martin SR		
7 Widener 'A'	4:12.32	4:22.23	2
1) Emily Creighton JR	2) Gwen Davis SO		
3) Chelsea Morrison JR	4) Danielle Azzollini FR		
8 Albright 'A'	4:43.47	4:23.60	1
1) Caroline Vazzana SR	2) Shea Olcheski JR		
3) Danisha Higgs SR	4) Ronya Nassar JR		
9 Alvernia 'A'	4:32.07	4:24.35	
1) Heather Wanner FR	2) Christanna Brown FR		
3) Alicia Lesneski FR	4) Tina Marie Streleckis JR		

Women 4x800 Meter Relay

MAC: R 9:22.88 5/3/2012 Elizabethtown, Elizabethtow
 A Underkofler, L Jones, A Tearnan, K Howser

School	Seed	Finals	Points
1 Lebanon Valley 'A'	9:32.06	9:16.48R	10
1) Lauren Decker FR	2) Kelsey Patrick SO		
3) Dana Stockdale JR	4) Cynthia Adams SR		
2 Elizabethtown 'A'	9:46.32	9:22.02R	8
1) Casey Quinto FR	2) Laurie Jones SR		
3) Amelia Tearnan JR	4) Alexis Groce FR		
3 Misericordia 'A'	9:50.74	9:34.42	6
1) Bianca Bolton SO	2) Bethany Killmon FR		
3) Jill Eberly FR	4) Jacquelyn Bamberski FR		
4 DeSales 'A'	10:01.05	9:41.33	5
1) Katie Downing FR	2) Michelle Churchman JR		
3) Abby Labar SO	4) Beth Dauer FR		
5 Messiah 'A'	10:01.26	9:59.07	4
1) Victoria Scrima SO	2) Leah Novak JR		
3) Jacquelyn Young SO	4) Emily Senning SO		
6 Widener 'A'	10:24.08	10:09.10	3
1) Emily Creighton JR	2) Amanda Greisman FR		
3) Erica Trofa SO	4) Taylor Englert SO		
7 Alvernia 'A'	11:38.64	11:00.39	2
1) Christanna Brown FR	2) Tina Marie Streleckis JR		
3) Meaghan Hanrahan FR	4) Alicia Lesneski FR		

Women High Jump

MAC: R 5-06 Two times

Name	Year School	Seed	Finals	Points
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1	Ashlee Ward	SR	Misericordia	1.76m	1.72m	5-07.75	10
2	Marie Johnson	FR	Messiah	1.60m	1.62m	5-03.75	8
3	Hadlee Coker	FR	Messiah	1.63m	J1.62m	5-03.75	6
4	Monica Loranger	SR	Elizabethtow	1.55m	1.57m	5-01.75	5
5	Anna Nole	JR	Misericordia	1.60m	1.52m	4-11.75	4
6	Lindsey Stitzer	SO	Misericordia	1.52m	J1.52m	4-11.75	3
7	Shaye Smith	FR	Misericordia	1.47m	1.42m	4-07.75	2
8	Delaney Reynolds	FR	Alvernia	1.42m	J1.42m	4-07.75	1
9	Noelle Vidaic	FR	Manhattanvil	1.45m	1.37m	4-06.00	
10	Savannah Schools	FR	Misericordia	1.43m	J1.37m	4-06.00	
--	Alexis Maylor	SR	Delaware Val	1.58m	NH		
--	Angelica Hull	JR	Albright	1.50m	NH		

Women Pole Vault

=====							
MAC: R 3.91m 5/7/2010 Abby Schaffer, Widener							
Name	Year	School	Seed	Finals		Points	
=====							
1	Monica Loranger	SR	Elizabethtow	3.23m	3.42m	11-02.50	10
2	Rachel Robison	SO	Messiah	3.36m	3.27m	10-08.75	8
3	Amber Char	JR	Widener	3.05m	2.97m	9-09.00	6
4	Brittany Wilson	SO	Lebanon Vall	3.20m	J2.97m	9-09.00	5
5	Shauna Harris	SO	Widener	2.97m	2.82m	9-03.00	3.50
5	Bridget Verdel	SR	Alvernia	2.89m	2.82m	9-03.00	3.50
7	Miranda Broussard	FR	Widener	2.90m	J2.82m	9-03.00	2

Women Long Jump

=====								
MAC: R 18-06 1996 Janine Shirk, Messiah								
Name	Year	School	Seed	Finals	Wind	Points		
=====								
1	Alexis Maylor	SR	Delaware Val	5.20m	5.31m	0.7	17-05.25	10
2	Sarah Ostroski	FR	Misericordia	5.02m	5.25m	-1.4	17-02.75	8
3	Marie Johnson	FR	Messiah	4.61m	5.10m	0.1	16-08.75	6
4	Kaitlyn Hostetler	FR	Messiah	5.13m	5.04m	-2.0	16-06.50	5
5	Taylor Gerchak	JR	Lebanon Vall	4.51m	4.94m	-0.9	16-02.50	4
6	Annese Mauer	JR	Lebanon Vall	4.88m	4.88m	-1.0	16-00.25	3
7	Denese Samuels	FR	Stevenson	4.74m	4.84m	-0.2	15-10.50	2
8	Jazmin Pryce	FR	Manhattanvil	4.74m	4.83m	0.3	15-10.25	1
9	Melissa Greulich	SR	Delaware Val	4.70m	4.77m	1.9	15-07.75	
10	Emily Rogan	FR	DeSales	4.89m	4.68m	-0.7	15-04.25	
11	Ashley Barnes	SO	Hood	4.82m	4.64m	0.4	15-02.75	
12	Tori Stramara	SO	Lebanon Vall	4.48m	4.49m	-1.7	14-08.75	
13	Ronya Nassar	JR	Albright	4.64m	4.28m	-1.1	14-00.50	
14	Savannah Schools	FR	Misericordia	4.42m	4.19m	-0.9	13-09.00	
15	Brooke Maneval	FR	Messiah	4.54m	4.16m	-1.0	13-07.75	
16	Sydney Kinder	FR	Manhattanvil	4.71m	4.09m	-1.4	13-05.00	
--	Alyssa Mills	SR	Messiah	4.75m	FOUL			
--	Brittany Danielle Robert	JR	Delaware Val	4.47m	FOUL			

Women Triple Jump

=====								
MAC: R 11.83m 2008 Kristen Bates, Messiah								
Name	Year	School	Seed	Finals	Wind	Points		
=====								
1	Marie Johnson	FR	Messiah	10.96m	11.11m	NWI	36-05.50	10
2	Sarah Ostroski	FR	Misericordia	10.09m	10.83m	NWI	35-06.50	8
3	Taylor Gerchak	JR	Lebanon Vall	10.60m	10.51m	NWI	34-05.75	6
4	Emily Rogan	FR	DeSales	10.17m	10.47m	NWI	34-04.25	5
5	Kaitlyn Hostetler	FR	Messiah	10.47m	10.27m	NWI	33-08.50	4
6	Tori Stramara	SO	Lebanon Vall	10.01m	10.11m	NWI	33-02.00	3
7	Jazmin Pryce	FR	Manhattanvil	10.06m	9.96m	NWI	32-08.25	2
8	Savannah Schools	FR	Misericordia	10.38m	9.84m	NWI	32-03.50	1
9	Melissa Greulich	SR	Delaware Val	9.56m	9.83m	NWI	32-03.00	
10	Jillian Heymann	FR	Hood	9.59m	9.60m	NWI	31-06.00	
11	Abbey King	FR	Messiah	9.68m	9.43m	NWI	30-11.25	
12	Bridget Verdel	SR	Alvernia	9.63m	9.22m	NWI	30-03.00	
13	Lauren Grauer	JR	Lebanon Vall	9.51m	9.20m	NWI	30-02.25	

Women Shot Put

=====							
MAC: R 14.31m 2003 Christina Scherwin, Moravian							
Name	Year	School	Seed	Finals		Points	
=====							
1	Erica Szpynda	SR	Widener	13.85m	13.76m	45-01.75	10
2	Mariah Smolka	JR	Lebanon Vall	13.79m	13.04m	42-09.50	8
3	Tyra Roberts	FR	Alvernia	12.48m	12.92m	42-04.75	6
4	Amanda Porter	FR	Elizabethtow	11.36m	11.31m	37-01.25	5
5	morgan mccollian	FR	DeSales	11.04m	11.12m	36-05.75	4
6	Taylor Seiber	JR	Lebanon Vall	11.54m	11.07m	36-04.00	3
7	Tia Thomas	SO	Alvernia	11.71m	10.98m	36-00.25	2

8	Caitlin Yakas	FR	Widener	11.60m	10.88m	35-08.50	1
9	Eileen Kroszner	SR	Elizabethtow	11.02m	10.75m	35-03.25	
10	Chelsea Hall	SO	Misericordia	12.00m	10.53m	34-06.75	
11	Meghan Rose	SR	Hood	11.61m	10.22m	33-06.50	
12	Ashlee Ward	SR	Misericordia	10.74m	10.19m	33-05.25	
13	Sherrie Wallace	SO	Stevenson	10.34m	10.14m	33-03.25	
14	Sarah Wigg	SO	Misericordia	11.19m	10.06m	33-00.25	
15	Amanda Searle	SR	Alvernia	10.91m	10.01m	32-10.25	
16	Adrienne Phelps	FR	Widener	10.04m	9.92m	32-06.50	
17	Rebecca Korsen	FR	Elizabethtow	9.45m	9.36m	30-08.50	
18	Angelica Hull	JR	Albright	9.66m	8.31m	27-03.25	
19	Samantha Wise	FR	Misericordia	9.57m	8.28m	27-02.00	
--	Nicole Schwartz	SO	Misericordia	9.67m	FOUL		

Women Discus Throw

=====							
MAC: R 142-00 1998 Ann Musser, Lebanon Valley							
Name	Year	School	Seed	Finals		Points	
=====							
1	Erica Szpynda	SR	Widener	38.15m	40.22m	131-11	10
2	Ashlee Ward	SR	Misericordia	39.20m	40.12m	131-07	8
3	Taylor Seiber	JR	Lebanon Vall	35.68m	38.23m	125-05	6
4	Sarah Wigg	SO	Misericordia	36.16m	36.66m	120-03	5
5	Amanda Searle	SR	Alvernia	32.13m	34.48m	113-01	4
6	Nicole Schwartz	SO	Misericordia	34.71m	34.15m	112-00	3
7	Caitlin Yakas	FR	Widener	34.00m	33.75m	110-09	2
8	Alisha Wein	FR	Misericordia	32.28m	33.53m	110-00	1
9	Kayla Guerrieri	SO	Alvernia	32.56m	33.47m	109-10	
10	Tyra Roberts	FR	Alvernia	31.58m	32.35m	106-02	
11	Noelle Brossman	SR	Lebanon Vall	32.57m	32.29m	105-11	
12	Melissa Leandri	FR	Delaware Val	31.89m	31.76m	104-02	
13	Adrienne Phelps	FR	Widener	29.46m	31.54m	103-06	
14	Alyssa Mills	SR	Messiah	32.16m	31.28m	102-07	
15	nicole umbenhauer	FR	DeSales	30.65m	30.82m	101-01	
16	Meghan Rose	SR	Hood	30.43m	29.50m	96-09	
17	Morgan Yealy	FR	Lebanon Vall	33.95m	29.29m	96-01	
18	Mariah Smolka	JR	Lebanon Vall	32.86m	28.38m	93-01	

Women Hammer Throw

=====							
MAC: R 45.37m 5/6/2010 Nikita Halteman, Widener							
Name	Year	School	Seed	Finals		Points	
=====							
1	Rachel Heisler	JR	Widener	44.62m	46.43mR	152-04	10
2	Amanda Searle	SR	Alvernia	40.91m	42.05m	137-11	8
3	Eileen Kroszner	SR	Elizabethtow	39.63m	41.39m	135-09	6
4	Megan Warner	SO	DeSales	38.95m	39.94m	131-00	5
5	Mariah Smolka	JR	Lebanon Vall	43.23m	39.74m	130-04	4
6	Amanda Porter	FR	Elizabethtow	39.15m	39.15m	128-05	3
7	Teagan McCardle	JR	Delaware Val	34.01m	35.78m	117-05	2
8	Taylor Seiber	JR	Lebanon Vall	31.66m	34.95m	114-08	1
9	Ann Marie Consiglio	SR	DeSales	34.97m	J34.95m	114-08	
10	Nicole Schwartz	SO	Misericordia	33.60m	34.82m	114-03	
11	Meghan Rose	SR	Hood	36.53m	31.68m	103-11	
12	Kayla Guerrieri	SO	Alvernia	32.11m	31.09m	102-00	
13	Morgan Yealy	FR	Lebanon Vall	36.05m	30.88m	101-04	
14	Christine Pallas	SR	Albright	26.28m	29.20m	95-10	
--	Sarah Wigg	SO	Misericordia	40.40m	FOUL		

Women Javelin Throw

=====							
MAC: R 50.19m 2002 Christina Scherwin, Moravian							
Name	Year	School	Seed	Finals		Points	
=====							
1	Casey Meier	JR	Elizabethtow	40.85m	39.95m	131-01	10
2	Mariah Smolka	JR	Lebanon Vall	37.21m	38.39m	125-11	8
3	Amanda Porter	FR	Elizabethtow	37.46m	37.09m	121-08	6
4	Chelsea Hall	SO	Misericordia	33.06m	37.01m	121-05	5
5	Lauren Peterson	JR	Widener	36.26m	36.08m	118-04	4
6	Payton Wagmeister	FR	Elizabethtow	36.21m	35.62m	116-10	3
7	Alyssa Mills	SR	Messiah	35.13m	35.41m	116-02	2
8	Teagan McCardle	JR	Delaware Val	32.01m	33.34m	109-04	1
9	Bryn Callan	FR	Widener	31.74m	33.17m	108-10	
10	nicole umbenhauer	FR	DeSales	37.17m	33.13m	108-08	
11	Sarah Goodman	FR	Messiah	33.30m	33.10m	108-07	
12	Eileen Kroszner	SR	Elizabethtow	31.13m	32.39m	106-03	
13	EmmaRose Boyle	SO	Delaware Val	32.53m	31.57m	103-07	
14	Alisha Wein	FR	Misericordia	32.50m	31.43m	103-01	
15	Melissa Leandri	FR	Delaware Val	29.59m	30.74m	100-10	
16	Taylor Gerchak	JR	Lebanon Vall	27.96m	29.59m	97-01	
17	Samantha Wise	FR	Misericordia	29.76m	29.09m	95-05	

18	Rebecca Korsen	FR	Elizabethtow	31.41m	27.15m	89-01
19	emily hoats	FR	DeSales	28.42m	26.73m	87-08
19	Stephanie Monico	SR	Lebanon Vall	29.10m	26.73m	87-08
21	Sydney Kinder	FR	Manhattanvil	28.56m	26.24m	86-01

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year	School	Finals	Wind	H#	Points
1 Alexis Maylor	SR	Delaware Val	26.63	+0.0	1	743
2 Alyssa Mills	SR	Messiah	28.04	+0.0	1	628
3 Alyssa Brandt	JR	DeSales	28.05	+0.0	2	627
4 Sophie Grizzle	SR	Hood	28.08	+0.0	1	625
5 Taylor Gerchak	JR	Lebanon Vall	28.89	+0.0	1	562
6 Rebecca Querfeld	FR	Messiah	29.20	+0.0	2	539
7 Brooke Maneval	FR	Messiah	29.36	+0.0	2	528
8 Georgia Cleary	FR	Misericordia	29.86	+0.0	2	492
9 Annese Mauer	JR	Lebanon Vall	30.17	+0.0	2	470
10 Andrea Fogelsanger	SO	Messiah	31.60	+0.0	2	376
11 Stephanie Monico	SR	Lebanon Vall	32.01	+0.0	1	351

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year	School	Finals	Points
1 Sophie Grizzle	SR	Hood	2:27.23	728
2 Alexis Maylor	SR	Delaware Val	2:37.54	601
3 Georgia Cleary	FR	Misericordia	2:39.06	584
4 Brooke Maneval	FR	Messiah	2:47.25	493
5 Alyssa Brandt	JR	DeSales	2:47.43	491
6 Alyssa Mills	SR	Messiah	2:48.83	476
7 Taylor Gerchak	JR	Lebanon Vall	2:50.72	456
8 Rebecca Querfeld	FR	Messiah	2:51.86	444
9 Andrea Fogelsanger	SO	Messiah	2:52.16	441
10 Annese Mauer	JR	Lebanon Vall	2:55.10	412
11 Stephanie Monico	SR	Lebanon Vall	3:25.78	163

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	Wind	H#	Points
1 Alexis Maylor	SR	Delaware Val	15.85	NWI	3	733
2 Taylor Gerchak	JR	Lebanon Vall	16.98	NWI	3	599
3 Rebecca Querfeld	FR	Messiah	17.06	NWI	1	590
4 Georgia Cleary	FR	Misericordia	17.10	NWI	3	585
5 Alyssa Brandt	JR	DeSales	17.13	NWI	3	582
6 Sophie Grizzle	SR	Hood	17.16	NWI	1	579
7 Alyssa Mills	SR	Messiah	17.40	NWI	1	552
8 Annese Mauer	JR	Lebanon Vall	18.46	NWI	1	442
9 Brooke Maneval	FR	Messiah	18.72	NWI	2	417
10 Stephanie Monico	SR	Lebanon Vall	18.84	NWI	2	405
11 Andrea Fogelsanger	SO	Messiah	19.85	NWI	2	315

Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals	Points
1 Alexis Maylor	SR	Delaware Val	1.50m	4-11.00 621
2 Brooke Maneval	FR	Messiah	1.47m	4-09.75 588
3 Alyssa Mills	SR	Messiah	1.44m	4-08.75 555
3 Sophie Grizzle	SR	Hood	1.44m	4-08.75 555
5 Alyssa Brandt	JR	DeSales	1.41m	4-07.50 523
5 Rebecca Querfeld	FR	Messiah	1.41m	4-07.50 523
7 Georgia Cleary	FR	Misericordia	1.38m	4-06.25 491
7 Taylor Gerchak	JR	Lebanon Vall	1.38m	4-06.25 491
9 Stephanie Monico	SR	Lebanon Vall	1.32m	4-04.00 429
10 Annese Mauer	JR	Lebanon Vall	1.23m	4-00.50 340
11 Andrea Fogelsanger	SO	Messiah	1.20m	3-11.25 312

Heptathlon: #5 Women Long Jump Heptathlon

Name	Year	School	Finals	Wind	Points
1 Alexis Maylor	SR	Delaware Val	5.19m	NWI 17-00.50	612
2 Taylor Gerchak	JR	Lebanon Vall	4.92m	NWI 16-01.75	538
3 Alyssa Brandt	JR	DeSales	4.80m	NWI 15-09.00	506
3 Sophie Grizzle	SR	Hood	4.80m	NWI 15-09.00	506
5 Annese Mauer	JR	Lebanon Vall	4.64m	NWI 15-02.75	464
6 Alyssa Mills	SR	Messiah	4.51m	NWI 14-09.75	431
7 Rebecca Querfeld	FR	Messiah	4.44m	NWI 14-07.00	413
8 Georgia Cleary	FR	Misericordia	4.43m	NWI 14-06.50	411

9	Brooke Maneval	FR	Messiah	4.27m	NWI	14-00.25	371
10	Stephanie Monico	SR	Lebanon Vall	3.94m	NWI	12-11.25	294
11	Andrea Fogelsanger	SO	Messiah	3.68m	NWI	12-01.00	237

Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	School	Finals		Points	
1	Brooke Maneval	FR	Messiah	9.92m	32-06.50	524
2	Rebecca Querfeld	FR	Messiah	9.82m	32-02.75	518
3	Stephanie Monico	SR	Lebanon Vall	9.21m	30-02.75	478
4	Alyssa Mills	SR	Messiah	8.83m	28-11.75	453
5	Alexis Maylor	SR	Delaware Val	8.70m	28-06.50	445
6	Alyssa Brandt	JR	DeSales	8.03m	26-04.25	401
7	Annese Mauer	JR	Lebanon Vall	7.87m	25-10.00	391
8	Andrea Fogelsanger	SO	Messiah	7.84m	25-08.75	389
9	Georgia Cleary	FR	Misericordia	7.45m	24-05.50	364
10	Sophie Grizzle	SR	Hood	7.31m	23-11.75	355
11	Taylor Gerchak	JR	Lebanon Vall	7.19m	23-07.25	347

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year	School	Finals		Points	
1	Alyssa Mills	SR	Messiah	33.07m	108-06	535
2	Rebecca Querfeld	FR	Messiah	28.54m	93-08	449
3	Taylor Gerchak	JR	Lebanon Vall	28.45m	93-04	447
4	Stephanie Monico	SR	Lebanon Vall	28.11m	92-03	441
5	Alyssa Brandt	JR	DeSales	24.89m	81-08	380
6	Alexis Maylor	SR	Delaware Val	24.22m	79-05	368
7	Annese Mauer	JR	Lebanon Vall	23.76m	77-11	359
8	Brooke Maneval	FR	Messiah	23.60m	77-05	356
9	Sophie Grizzle	SR	Hood	23.24m	76-03	349
10	Andrea Fogelsanger	SO	Messiah	20.26m	66-06	294
11	Georgia Cleary	FR	Misericordia	18.78m	61-07	266

Women Heptathlon

MAC: R 4044 2005			Amy Reed, Messiah			
Name	Year	School	Seed	Finals	Points	
1	Alexis Maylor	SR	Delaware Val	3875	4123R	10
2	Sophie Grizzle	SR	Hood	3699	3697	8
3	Alyssa Mills	SR	Messiah	3709	3630	6
4	Alyssa Brandt	JR	DeSales		3510	5
5	Rebecca Querfeld	FR	Messiah	3371	3476	4
6	Taylor Gerchak	JR	Lebanon Vall		3440	3
7	Brooke Maneval	FR	Messiah	3233	3277	2
8	Georgia Cleary	FR	Misericordia		3193	1
9	Annese Mauer	JR	Lebanon Vall		2878	
10	Stephanie Monico	SR	Lebanon Vall		2561	
11	Andrea Fogelsanger	SO	Messiah	2323	2364	

Men 100 Meter Dash

MAC: R 10.60 2007			Ozzie Brown, Moravian			
Name	Year	School	Seed	Prelims	Wind H#	
Preliminaries						
1	Gavin Colley	JR	Widener	10.94	10.88Q -0.7	3
2	Devonte Williams	FR	Stevenson	10.93	10.91Q +0.0	4
3	Oumar Diawara	SO	Albright	11.23	11.20Q +0.0	2
4	Aidan Marich	SR	Misericordia	11.20	11.32Q +0.0	1
5	Jonathan Blake	JR	Widener	11.26	11.06q -0.7	3
6	Travez Lee	FR	Stevenson	11.56	11.32q +0.0	2
7	Ian McGinnis	FR	Lebanon Vall	11.31	11.32q +0.0	4
8	Cortez Taylor	JR	Stevenson	11.45	11.34q +0.0	4
9	Derek Sulton	FR	Widener	11.34	11.35 -0.7	3
10	Braheem Ingalls	SO	DeSales	11.33	11.38 +0.0	4
11	Ethan Schmalhofer	FR	Widener	11.37	11.38 +0.0	1
12	Lewis Vincent	SR	Delaware Val	11.55	11.43 -0.7	3
13	Carl Keri	SR	DeSales	11.22	11.46 +0.0	1
14	Brian Carter	JR	Delaware Val	11.15	11.48 +0.0	2
15	Scott McFarlin	FR	Alvernia	11.36	11.52 +0.0	1
16	Bobby Herbster	JR	Widener	11.58	11.53 +0.0	1
17	Nikko Thomas	SR	Hood	11.34	11.58 +0.0	2
18	Christopher Lockhart	FR	Alvernia	11.69	11.59 -0.7	3
19	Darryl Sweeper	JR	Lebanon Vall	11.41	11.61 +0.0	2
20	Todd Welch	JR	Hood	11.64	11.70 +0.0	1
21	Naeem Smith	JR	Albright	11.69	11.77 +0.0	2
22	Oluwatosin Adeyemo	SO	Misericordia	11.72	11.85 +0.0	4

23	Matthew Mellon	SR	Hood	11.55	11.90	+0.0	4
24	Tymeer Roberts	FR	Albright	11.72	11.94	+0.0	4
25	Tevin Isley	JR	Stevenson	11.43	12.46	-0.7	3

Men 100 Meter Dash

MAC: R 10.60 2007		Ozzie Brown, Moravian					
Name	Year	School	Prelims	Finals	Wind	Points	
Finals							
1	Devonte Williams	FR	Stevenson	10.91	10.76	+0.0	10
2	Gavin Colley	JR	Widener	10.88	10.89	+0.0	8
3	Jonathan Blake	JR	Widener	11.06	11.07	+0.0	6
4	Travez Lee	FR	Stevenson	11.32	11.23	+0.0	5
5	Cortez Taylor	JR	Stevenson	11.34	11.27	+0.0	4
6	Ian McGinnis	FR	Lebanon Vall	11.32	11.31	+0.0	3
7	Aidan Marich	SR	Misericordia	11.32	11.43	+0.0	2
8	Oumar Diawara	SO	Albright	11.20	11.94	+0.0	1

Men 200 Meter Dash

MAC: R 21.34 2000		Tony Brown, Widener					
Name	Year	School	Seed	Prelims	Wind	H#	
Preliminaries							
1	Devonte Williams	FR	Stevenson	21.64	21.45Q	+0.0	1
2	Gavin Colley	JR	Widener	22.11	22.03Q	+0.0	2
3	Nicholas White	JR	Messiah	22.54	22.18Q	+0.0	3
4	Jonathan Blake	JR	Widener	22.58	22.11q	+0.0	2
5	Andrew Nelson	SO	Misericordia	22.31	22.36q	+0.0	3
6	Braheem Ingalls	SO	DeSales	22.69	22.52q	+0.0	1
7	Ian McGinnis	FR	Lebanon Vall	22.81	22.60q	+0.0	1
8	Ethan Schmalhofer	FR	Widener	22.99	22.88q	+0.0	3
9	Carl Keri	SR	DeSales	23.00	22.94	+0.0	2
10	Mark Engle	FR	Messiah	23.60	23.03	+0.0	1
11	Ethan Motsney	FR	DeSales	23.22	23.12	+0.0	1
12	Scott McFarlin	FR	Alvernia	23.00	23.16	+0.0	3
13	Dalonte Simpson	JR	Stevenson	23.42	23.21	+0.0	3
14	Aidan Marich	SR	Misericordia	22.90	23.26	+0.0	2
15	Derek Sulton	FR	Widener	23.29	23.37	+0.0	1
16	Jordan McNeill	SR	Hood	23.60	23.60	+0.0	2
17	Nikko Thomas	SR	Hood	23.41	23.65	+0.0	3
18	Todd Welch	JR	Hood	23.55	23.67	+0.0	1
19	Brian Carter	JR	Delaware Val	23.43	23.83	+0.0	2
20	Joseph Bennett	SO	Lebanon Vall	23.38	23.89	+0.0	2

Men 200 Meter Dash

MAC: R 21.34 2000		Tony Brown, Widener					
Name	Year	School	Prelims	Finals	Wind	Points	
Finals							
1	Devonte Williams	FR	Stevenson	21.45	21.51	+0.0	10
2	Gavin Colley	JR	Widener	22.03	21.89	+0.0	8
3	Jonathan Blake	JR	Widener	22.11	22.09	+0.0	6
4	Andrew Nelson	SO	Misericordia	22.36	22.20	+0.0	5
5	Nicholas White	JR	Messiah	22.18	22.30	+0.0	4
6	Braheem Ingalls	SO	DeSales	22.52	22.62	+0.0	3
7	Ian McGinnis	FR	Lebanon Vall	22.60	22.76	+0.0	2
8	Ethan Schmalhofer	FR	Widener	22.88	22.85	+0.0	1

Men 400 Meter Dash

MAC: R 47.02 1983		Dave German, Susquehanna					
Name	Year	School	Seed	Prelims	H#		
Preliminaries							
1	Andrew Nelson	SO	Misericordia	48.85	49.70Q	1	
2	Trevor Praetsch	SR	Messiah	51.03	49.90Q	3	
3	Tyler Schmalhofer	SR	Widener	50.36	50.52Q	2	
4	Oumar Diawara	SO	Albright	51.12	50.01q	1	
5	Honorio Freeland	FR	Widener	51.93	50.15q	1	
6	Alex Flores	SO	Widener	51.39	50.58q	3	
7	Will Betts	JR	Widener	51.15	50.87q	1	
8	Brady Miller	FR	Messiah	51.30	51.06q	2	
9	Michael Twist	FR	Elizabethtow	51.06	51.20	2	
10	Jordan McNeill	SR	Hood	52.88	51.37	1	
11	Jeremy White	FR	Messiah	50.74	51.40	3	
12	Jarrett Higley	JR	Misericordia	51.51	51.53	2	
13	Bradley Hartman	FR	Lebanon Vall	52.40	51.95	1	
14	Bryan Baldwin	JR	Elizabethtow	52.57	52.23	3	

15	Aaron Powell	SO	Messiah	51.39	52.64	3
16	Christian Jeznach	SO	Widener	52.54	53.02	2
17	Aaron Rill	SO	Delaware Val	53.03	53.43	1
18	Michael Pottle	JR	Manhattanvil	53.34	53.66	3
19	Alexander Stevens	FR	Hood	53.72	53.69	3
20	George Ruhl	FR	Misericordia	53.12	53.89	2
21	Timothy Bolos	FR	Messiah	53.72	54.87	2
22	Ethan Motsney	FR	DeSales	52.77	55.88	3
--	Matthew Boland	FR	Widener	52.83	DNF	2

Men 400 Meter Dash

=====						
MAC: R 47.02		1983	Dave German, Susquehanna			
Name	Year	School	Prelims	Finals	Points	
=====						
Finals						
1	Andrew Nelson	SO	Misericordia	49.70	48.52	10
2	Trevor Praetsch	SR	Messiah	49.90	49.13	8
3	Oumar Diawara	SO	Albright	50.01	49.65	6
4	Tyler Schmalhofer	SR	Widener	50.52	49.68	5
5	Honorio Freeland	FR	Widener	50.15	49.91	4
6	Alex Flores	SO	Widener	50.58	50.26	3
7	Will Betts	JR	Widener	50.87	50.67	2
8	Brady Miller	FR	Messiah	51.06	50.76	1

Men 800 Meter Run

=====						
MAC: R 1:51.15		2009	Patrick Roach, Messiah			
Name	Year	School	Seed	Prelims	H#	
=====						
Preliminaries						
1	Matt Rever	SR	Elizabethtow	1:52.92	1:55.24Q	3
2	Qadree Counsel	SO	Widener	1:56.43	1:55.51Q	2
3	Michael Harnish	JR	Lebanon Vall	1:52.23	1:55.95Q	4
4	Mike Ciavarelli	JR	Widener	1:55.94	1:56.44Q	1
5	Leo Harmon	SO	Widener	1:57.49	1:55.80q	3
6	Brian Benkhadra	SR	Widener	1:55.49	1:55.82q	2
7	Mikael Hause	SO	Misericordia	1:57.12	1:56.35q	4
8	Ross Staudt	SO	Widener	1:59.03	1:56.74q	3
9	Jonphilip McGill	JR	Messiah	1:55.79	1:57.16	1
10	Nate Pardoe	FR	Messiah	2:00.23	1:57.39	1
11	Nick Pettit	FR	Widener	1:58.60	1:57.69	1
12	Sam Brooks	SO	Elizabethtow	1:58.59	1:57.71	1
13	Elliott Bonds	SR	Lebanon Vall	1:56.96	1:58.06	3
14	Will Edwards	FR	DeSales	1:59.82	1:58.25	1
15	Dave Dusza	SR	DeSales	1:58.27	1:58.45	2
16	Jihad Jasper	JR	Widener	1:59.56	1:58.59	4
17	John Ruggiero	SR	Widener	1:59.69	1:59.14	3
18	Ryan Schubert	FR	Elizabethtow	1:59.82	1:59.23	2
19	Phil Headland	SO	Messiah	2:01.09	1:59.42	3
20	Michael Calkins	SR	Widener	2:00.70	1:59.56	2
21	John Bayeux	JR	DeSales	1:59.23	2:01.00	4
22	Scott Rennals	SO	DeSales	1:59.00	2:01.29	2
23	Grant Shaffer	SO	Widener	2:03.89	2:01.64	1
24	Eric Deignan	FR	Misericordia	2:02.42	2:01.95	4
25	Edward Bley	SO	Messiah	2:04.11	2:02.21	1
26	Adam Harriger	SO	Elizabethtow	2:02.43	2:02.86	4
27	Justin Fortney	SO	Elizabethtow	2:02.80	2:03.03	2
28	Patrick Collins	FR	DeSales	2:02.67	2:04.91	3
29	Michael Twist	FR	Elizabethtow	1:57.32	2:09.02	4

Men 800 Meter Run

=====						
MAC: R 1:51.15		2009	Patrick Roach, Messiah			
Name	Year	School	Prelims	Finals	Points	
=====						
Finals						
1	Matt Rever	SR	Elizabethtow	1:55.24	1:55.53	10
2	Michael Harnish	JR	Lebanon Vall	1:55.95	1:55.90	8
3	Qadree Counsel	SO	Widener	1:55.51	1:56.03	6
4	Mike Ciavarelli	JR	Widener	1:56.44	1:56.18	5
5	Leo Harmon	SO	Widener	1:55.80	1:56.72	4
6	Brian Benkhadra	SR	Widener	1:55.82	1:57.48	3
7	Mikael Hause	SO	Misericordia	1:56.35	1:58.31	2
8	Ross Staudt	SO	Widener	1:56.74	1:59.69	1

Men 1500 Meter Run

=====						
MAC: R 3:45.68		1983	Kevin Foley, Haverford			
Name	Year	School	Seed	Finals	Points	
=====						

1	Chris Garrity	JR	Widener	3:57.09	3:53.92	10
2	Michael Harnish	JR	Lebanon Vall	3:59.23	3:56.08	8
3	Andrew Goelz	SO	Lebanon Vall	4:00.12	3:56.44	6
4	Qadree Counsel	SO	Widener	3:56.41	3:56.82	5
5	Brian Benkhadra	SR	Widener	3:55.49	3:57.72	4
6	Mikael Hause	SO	Misericordia	3:56.20	3:59.08	3
7	Michael Quinn	JR	Widener	3:59.55	4:00.23	2
8	Cameron Shirk	SO	Messiah	4:04.62	4:02.34	1
9	Jon Anderson	FR	Elizabethtow	4:05.99	4:03.84	
10	Eric Deignan	FR	Misericordia	4:07.17	4:07.69	
11	Andrew Lesko	FR	Elizabethtow	4:08.83	4:08.06	
12	John Bayeux	JR	DeSales	4:06.20	4:08.15	
13	Elliott Bonds	SR	Lebanon Vall	4:04.90	4:08.36	
14	Josh Pardoe	FR	Messiah	4:11.37	4:11.54	
15	Will Edwards	FR	DeSales	4:13.95	4:11.65	
16	Jihad Jasper	JR	Widener	4:09.92	4:14.05	
17	Adam Harriger	SO	Elizabethtow	4:13.53	4:14.68	
18	Justin Cifuentes	JR	Hood	4:17.47	4:15.13	
19	Christopher Jones	FR	Elizabethtow	4:14.45	4:15.86	
20	Nick Weron	FR	Misericordia	4:16.90	4:16.35	
21	Henry Klinges	SR	DeSales	4:17.32	4:17.57	
22	Shawn Lignore	SR	Widener	4:15.38	4:17.92	
23	Patrick Collins	FR	DeSales	4:15.74	4:18.88	
24	Kevin Drastura	SO	DeSales	4:11.14	4:19.35	
25	Stephen Monaghan	SO	DeSales	4:17.34	4:26.02	

Men 5000 Meter Run

=====						
MAC: R 14:27.83 1991 Seamus McElligott, Haverford						
Name	Year	School	Seed	Finals	Points	
=====						
1	Will McDermott	FR	Widener	14:57.29	15:07.84	10
2	Zach Trama	SO	Elizabethtow	15:16.42	15:10.34	8
3	Seamus McCullough	JR	Widener	14:45.05	15:14.86	6
4	Ernie Pitone	FR	Widener	15:15.40	15:18.10	5
5	Nate Noll	JR	DeSales	14:47.21	15:20.91	4
6	Bryan Megee	SR	DeSales	14:58.09	15:26.05	3
7	Jared Schatz	SO	Messiah	15:30.01	15:28.48	2
8	Dan Gresh	JR	Elizabethtow	15:18.91	15:30.07	1
9	Zach Kaminski	SR	DeSales	15:23.56	15:32.07	
10	Ryan Harrigan	SR	Widener	15:49.14	15:48.88	
11	Ryan Gallagher	SR	Widener	15:30.31	15:51.93	
12	Stephen Fortin	SO	Widener	15:34.20	15:56.42	
13	Tyler Sensenig	SO	Messiah	15:45.57	15:59.83	
14	Kevin Shaddock	SO	Widener	15:44.97	16:00.41	
15	AJ Limongelli	JR	Misericordia	16:11.73	16:02.85	
16	Andrew Cooper	SO	Widener	16:02.46	16:04.16	
17	Jason Caporale	JR	Widener	15:43.63	16:12.67	
18	Nathan Fleming	SO	Messiah	16:06.28	16:15.17	
19	Dan Beck	SR	DeSales	16:10.45	16:18.68	
20	Bradley Kilheaney	FR	DeSales	15:57.28	16:26.73	
21	Seamus Morgan	SO	Widener	15:57.25	16:34.45	
22	Matt Cummings	FR	DeSales	16:12.89	16:40.02	
23	Sam Cooper	SO	Elizabethtow	16:04.71	16:46.37	
24	Ryan Conway	SO	Elizabethtow	15:53.99	16:56.88	
25	Christopher Jones	FR	Elizabethtow	16:01.70	17:32.37	

Men 10000 Meter Run

=====						
MAC: R 30:16.14 2005 Macharia Yuot, Widener						
Name	Year	School	Seed	Finals	Points	
=====						
1	Seamus McCullough	JR	Widener	34:00.57	32:26.70	10
2	Bryan Megee	SR	DeSales	32:35.71	32:48.61	8
3	Dan Gresh	JR	Elizabethtow	32:20.59	32:52.30	6
4	Zach Kaminski	SR	DeSales	32:41.82	32:58.09	5
5	Ryan Harrigan	SR	Widener	32:48.24	33:07.16	4
6	Stephen Fortin	SO	Widener	34:50.05	33:56.83	3
7	Seamus Morgan	SO	Widener	35:17.54	33:57.35	2
8	Dan Beck	SR	DeSales	35:00.90	34:06.12	1
9	Bradley Kilheaney	FR	DeSales	34:35.39	34:11.22	
10	Tyler Sensenig	SO	Messiah	32:59.58	34:46.87	
11	Peter MacNamee	JR	Alvernia	35:30.38	34:52.68	
12	Kegan Flagg	FR	Elizabethtow	35:30.61	35:01.47	
13	Michael Ambrulavage	SO	Widener	34:39.97	35:08.62	
14	Sam Cooper	SO	Elizabethtow	35:01.94	35:26.96	
15	Caleb McGaughran	JR	Messiah	35:33.16	35:35.82	
16	Andrew Drum	JR	Hood	35:59.45	35:48.96	
17	Austin Martinelli	FR	Misericordia	34:24.29	36:26.27	
--	Shadrack Kiprop	FR	Misericordia	35:12.03	DNF	
--	Ian Kulis	FR	Elizabethtow	35:48.30	DNF	

-- Sal Faia JR Widener 35:19.20 DNF

Men 110 Meter Hurdles

MAC: R 14.38 2007 Ozzie Brown, Moravian

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Nicholas White	JR	Messiah	15.46	15.15Q	+0.0	1
2 Denzell Boham	JR	Widener	16.06	15.57Q	+0.0	2
3 Shane Stranahan	FR	Widener	16.09	15.71q	+0.0	1
4 Darryl Sweeper	JR	Lebanon Vall	16.21	15.76q	+0.0	1
5 Zach Sikanowicz	SR	DeSales	16.05	15.77q	+0.0	1
6 Jermaine Grey	JR	Albright	15.90	15.86q	+0.0	1
7 Nicolas Aldana	SR	Hood	15.76	15.92q	+0.0	2
8 Brian Layng	SR	Elizabethtow	15.78	16.05q	+0.0	2
9 Shane Bush	FR	Delaware Val	16.35	16.15	+0.0	1
10 Tyree Wilson	SR	Hood	16.05	16.16	+0.0	2
11 Kevin Brady	SR	Elizabethtow	16.25	16.22	+0.0	2
12 Lee Orzol	JR	DeSales	16.34	16.41	+0.0	2
13 Nathan Niederhofer	FR	Stevenson	16.66	16.57	+0.0	1

Men 110 Meter Hurdles

MAC: R 14.38 2007 Ozzie Brown, Moravian

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1 Nicholas White	JR	Messiah	15.15	15.11	+0.0	10
2 Denzell Boham	JR	Widener	15.57	15.46	+0.0	8
3 Brian Layng	SR	Elizabethtow	16.05	15.52	+0.0	6
4 Darryl Sweeper	JR	Lebanon Vall	15.76	15.55	+0.0	5
5 Jermaine Grey	JR	Albright	15.86	15.87	+0.0	4
6 Shane Stranahan	FR	Widener	15.71	15.89	+0.0	3
7 Nicolas Aldana	SR	Hood	15.92	16.05	+0.0	2
8 Zach Sikanowicz	SR	DeSales	15.77	16.21	+0.0	1

Men 400 Meter Hurdles

MAC: R 52.18 1988 Cal Williams, Dickinson

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Trevor Praetsch	SR	Messiah	55.43	56.32Q	3
2 Kyle Fronk	SO	Lebanon Vall	56.44	56.57Q	2
3 Anthony Clayton	SR	Widener	56.76	56.74Q	1
4 Kevin Johnson	FR	Lebanon Vall	57.43	56.47q	3
5 Shane Stranahan	FR	Widener	55.58	56.85q	1
6 Zach Sikanowicz	SR	DeSales	56.74	57.01q	2
7 Trent Thorne	FR	Albright	59.28	57.81q	3
8 Matthew Nazario	FR	Alvernia	1:00.16	58.42q	2
9 Jermaine Grey	JR	Albright	59.26	58.68	1
10 Carl Daubert	SO	Misericordia	58.11	58.71	3
11 Denzell Boham	JR	Widener	58.66	58.73	1
12 Mike Gamarra	FR	DeSales	59.40	59.36	3
13 Nathan Niederhofer	FR	Stevenson	59.22	59.39	2
14 Nick Slawson	JR	Hood	1:00.23	59.63	1
15 Nicolas Aldana	SR	Hood	59.93	59.67	1
16 James Proulx	FR	Widener	1:00.03	1:01.62	2

Men 400 Meter Hurdles

MAC: R 52.18 1988 Cal Williams, Dickinson

Name	Year	School	Prelims	Finals	Points
Finals					
1 Anthony Clayton	SR	Widener	56.74	53.86	10
2 Kyle Fronk	SO	Lebanon Vall	56.57	54.87	8
3 Shane Stranahan	FR	Widener	56.85	55.21	6
4 Kevin Johnson	FR	Lebanon Vall	56.47	56.02	5
5 Zach Sikanowicz	SR	DeSales	57.01	57.10	4
6 Trent Thorne	FR	Albright	57.81	57.46	3
7 Trevor Praetsch	SR	Messiah	56.32	58.34	2
8 Matthew Nazario	FR	Alvernia	58.42	58.52	1

Men 3000 Meter Steeplechase

MAC: R 9:09.13 1983 Matt Leighninger, Haverford

Name	Year	School	Seed	Finals	Points
1 Chris Garrity	JR	Widener	9:43.11	9:11.54	10

2	Zach Trama	SO Elizabethtow	9:24.16	9:22.36	8
3	Jared Schatz	SO Messiah	9:40.49	9:37.53	6
4	Andrew Goelz	SO Lebanon Vall	9:31.09	9:37.57	5
5	Michael Quinn	JR Widener	9:58.92	9:44.22	4
6	Jason Caporale	JR Widener	10:10.59	9:54.17	3
7	Connor Foley	SO DeSales	9:55.23	9:58.19	2
8	Matt Cummings	FR DeSales	9:53.04	10:04.06	1
9	Andrew Cooper	SO Widener	10:31.57	10:06.28	
10	Nathan Fleming	SO Messiah	10:20.99	10:07.06	
11	Stephen Monaghan	SO DeSales	9:59.61	10:25.93	
12	Sam Cooper	SO Elizabethtow	10:46.76	10:31.86	
13	Cody Lloyd	FR Lebanon Vall	10:43.34	10:33.76	
14	Cody Hughes	JR Alvernia	10:35.79	10:48.65	
15	Patrick Jones	FR Elizabethtow	10:30.62	10:48.85	
16	Ryan Conway	SO Elizabethtow	9:57.48	10:53.41	
17	Joel Zeigler	JR Messiah	10:39.21	10:54.91	

Men 4x100 Meter Relay

MAC: R 41.75 1983		Susquehanna		Seed	Prelims	H#
School						
Preliminaries						
1	Widener 'A'			42.09	41.96Q	1
	1) Ameer Sorrell SO	2)	Ethan Schmalhofer FR			
	3) Jonathan Blake JR	4)	Gavin Colley JR			
2	Stevenson 'A'			42.99	42.58Q	2
	1) Travez Lee FR	2)	Devonte Williams FR			
	3) Dalonte Simpson JR	4)	Cortez Taylor JR			
3	Lebanon Valley 'A'			43.46	42.97q	1
	1) Mickeal Pugh JR	2)	Darryl Sweeper JR			
	3) Joseph Bennett SO	4)	Andrew Walker JR			
4	DeSales 'A'			44.08	43.84q	2
	1) Carl Keri SR	2)	Zach Sikanowicz SR			
	3) Mike Gamarra FR	4)	Braheem Ingalls SO			
5	Misericordia 'A'			44.11	43.92q	2
	1) Oluwatosin Adeyemo SO	2)	Aidan Marich SR			
	3) Carl Daubert SO	4)	Andrew Nelson SO			
6	Messiah 'A'			43.05	44.02q	2
	1) Mark Engle FR	2)	Josiah Haws SO			
	3) Brady Miller FR	4)	Tim Hampton SR			
7	Hood 'A'			44.36	44.02q	1
	1) Todd Welch JR	2)	Matthew Mellon SR			
	3) Nikko Thomas SR	4)	Jordan McNeill SR			
8	Albright 'A'			44.88	44.40q	1
	1) Wayne Raison JR	2)	Oumar Diawara SO			
	3) Jermaine Grey JR	4)	Tymeer Roberts FR			
9	Elizabethtown 'A'			45.18	46.71	2
	1) Cody Aspril JR	2)	Bryan Baldwin JR			
	3) William Kenney FR	4)	David Hess FR			
--	Alvernia 'A'			43.97	DNF	1
	1) Christopher Lockhart FR	2)	Brandon Young JR			
	3) Matthew Nazario FR	4)	Scott McFarlin FR			
--	Manhattanville 'A'			45.79	DQ	2
	1) Michael Pottle JR	2)	Chris Dadzie SO			
	3) Reuben Salcedo FR	4)	Jack Bramswig SR			

Men 4x100 Meter Relay

MAC: R 41.75 1983		Susquehanna		Prelims	Finals	Points
School						
Finals						
1	Widener 'A'			41.96	41.70R	10
2	Lebanon Valley 'A'			42.97	43.27	8
3	DeSales 'A'			43.84	43.34	6
4	Messiah 'A'			44.02	43.88	5
5	Misericordia 'A'			43.92	43.93	4
6	Hood 'A'			44.02	44.37	3
--	Albright 'A'			44.40	DNF	
--	Stevenson 'A'			42.58	DNF	

Men 4x400 Meter Relay

MAC: R 3:15.62 1982		Delaware Valley		Seed	Finals	H#	Points
School							
1	Widener 'A'			3:22.47	3:19.96	2	10
	1) Honorio Freeland FR	2)	Will Betts JR				
	3) Alex Flores SO	4)	Tyler Schmalhofer SR				
2	Misericordia 'A'			3:23.48	3:20.83	2	8

1) Jarrett Higley JR	2) Mikael Hause SO				
3) Carl Daubert SO	4) Andrew Nelson SO				
3 Lebanon Valley 'A'		3:27.18	3:22.06	2	6
1) Bradley Hartman FR	2) Kyle Fronk SO				
3) Elliott Bonds SR	4) Michael Harnish JR				
4 Elizabethtown 'A'		3:28.02	3:22.67	2	5
1) Michael Twist FR	2) Bryan Baldwin JR				
3) Matt Rever SR	4) Brian Layng SR				
5 Messiah 'A'		3:22.70	3:23.02	2	4
1) Brady Miller FR	2) Trevor Praetsch SR				
3) Jonphilip McGill JR	4) Jeremy White FR				
6 Alvernia 'A'		3:27.70	3:25.04	2	3
1) Scott McFarlin FR	2) Matthew Nazario FR				
3) Jeremiah Clinchoc SO	4) Brandon Young JR				
7 DeSales 'A'		3:28.11	3:28.39	2	2
1) Zach Sikanowicz SR	2) Ethan Motsney FR				
3) John Bayeux JR	4) Dave Dusza SR				
8 Hood 'A'		3:39.45	3:33.78	1	1
1) Austin Hager-Perry FR	2) Alexander Stevens FR				
3) Tyree Wilson SR	4) Jordan McNeill SR				
9 Delaware Valley 'A'		3:38.02	3:36.96	1	
1) Lewis Vincent SR	2) Ryan Brewster FR				
3) Shane Bush FR	4) Aaron Rill SO				
10 Albright 'A'		3:36.46	3:40.11	2	
1) Oumar Diawara SO	2) Jermaine Grey JR				
3) Wayne Raison JR	4) Trent Thorne FR				
11 Manhattanville 'A'		3:45.58	3:41.45	1	
1) Chris Dadzie SO	2) Dan Caggiano SR				
3) Eddie Silber SO	4) Michael Pottle JR				

Men 4x800 Meter Relay

MAC: R 7:41.21 5/3/2012 Elizabethtown, Elizabethtow
M Weber, B Risser, E Reichert, M Rever

School	Seed	Finals	Points
1 Elizabethtown 'A'	7:56.83	7:46.72	10
1) Sam Brooks SO	2) Jon Anderson FR		
3) Michael Twist FR	4) Matt Rever SR		
2 Widener 'A'	7:59.61	7:51.21	8
1) Tyler Schmalhofer SR	2) Ross Staudt SO		
3) Nick Pettit FR	4) Alex Flores SO		
3 Messiah 'A'	8:09.59	7:54.71	6
1) Cameron Shirk SO	2) Nate Pardoe FR		
3) Aaron Powell SO	4) Jonphilip McGill JR		
4 DeSales 'A'	8:20.06	7:56.10	5
1) Kevin Drastura SO	2) Will Edwards FR		
3) John Bayeux JR	4) Dave Dusza SR		
5 Misericordia 'A'	8:13.12	8:01.76	4
1) Jarrett Higley JR	2) Mikael Hause SO		
3) Eric Deignan FR	4) Jeremy Osko JR		
6 Hood 'A'	8:44.44	8:24.62	3
1) Theo Jenkins SO	2) Alexander Stevens FR		
3) Matthew Dyjack SR	4) Justin Cifuentes JR		
7 Lebanon Valley 'A'	7:59.56	9:01.16	2
1) Christopher Sayous JR	2) Ibsen Powers FR		
3) Ben Tanner FR	4) Cody Lloyd FR		
8 Alvernia 'A'	9:21.68	9:07.24	1
1) Cody Hughes JR	2) Thomas Bialek FR		
3) Edward Cadman JR	4) Colin Donovan SR		

Men High Jump

MAC: R 6-10 2001 Chris Boyles, Messiah

Name	Year School	Seed	Finals	Points
1 Max Mahan	FR Elizabethtow	1.92m	1.93m	6-04.00 10
2 Eddie Silber	SO Manhattanvil	1.90m	1.88m	6-02.00 8
3 Colton Harer	FR Albright	1.91m	J1.88m	6-02.00 6
4 Aaron Powell	SO Messiah	1.88m	J1.88m	6-02.00 5
5 Joseph Bennett	SO Lebanon Vall	1.84m	1.83m	6-00.00 4
6 Shane Bush	FR Delaware Val	1.83m	J1.83m	6-00.00 3
7 Drew Engle	JR Messiah	1.79m	1.78m	5-10.00 2
8 Luigi Tirro	FR Misericordia	1.78m	1.73m	5-08.00 1
-- Lee Orzol	JR DeSales	1.79m	NH	

Men Pole Vault

MAC: R 4.90m 2006 Kevin Clark, Elizabethtown

Name	Year School	Seed	Finals	Points
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1	Dennis Nguyen	SR	Widener	4.71m	4.65m	15-03.00	10
2	Tim Moses	FR	Messiah	4.90m	4.50m	14-09.00	8
3	Kevin Brady	SR	Elizabethtow	4.55m	J4.50m	14-09.00	6
4	Drew Engle	JR	Messiah	4.35m	J4.50m	14-09.00	5
5	James Siglin	SO	Widener	4.25m	4.35m	14-03.25	4
6	Lee Orzol	JR	DeSales	4.40m	4.20m	13-09.25	3
7	Dominic DiAngelis	SR	Lebanon Vall	4.00m	4.05m	13-03.50	1.50
7	Michael Weir	SR	Lebanon Vall	4.25m	4.05m	13-03.50	1.50
9	Skyler Gerrity	SO	Misericordia	4.10m	J4.05m	13-03.50	
10	Adam Mathias	SR	DeSales	4.25m	3.90m	12-09.50	
10	Brandon Stearn	SO	Messiah	4.00m	3.90m	12-09.50	
10	Zack Conner	JR	Widener	4.05m	3.90m	12-09.50	
10	Seth Bellott	FR	Alvernia	3.96m	3.90m	12-09.50	
10	Dane Cornelius	FR	Messiah	4.15m	3.90m	12-09.50	
--	Deryk Gingrich	SR	Lebanon Vall	4.10m	NH		
--	James Madden	SO	Widener	4.35m	NH		
--	Andrew Martin	JR	Alvernia	4.50m	NH		

Men Long Jump

MAC: R 24-03 1989			Dan Reichenbach, Moravian					
Name	Year	School	Seed	Finals	Wind	Points		
1	Ameer Sorrell	SO	Widener	6.97m	6.84m	-1.2	22-05.25	10
2	Lewis Vincent	SR	Delaware Val	6.66m	6.83m	-1.0	22-05.00	8
3	Mickeal Pugh	JR	Lebanon Vall	6.67m	6.71m	+0.0	22-00.25	6
4	Tymeer Roberts	FR	Albright	6.31m	6.40m	-0.4	21-00.00	5
5	Max Mahan	FR	Elizabethtow	6.32m	6.31m	-0.4	20-08.50	4
6	Josiah Haws	SO	Messiah	6.49m	6.28m	0.7	20-07.25	3
7	Michael Anachuna	JR	Widener	5.81m	6.26m	-0.5	20-06.50	2
8	Josh Colley	FR	Widener	6.71m	6.14m	-0.8	20-01.75	1
9	Trent Thorne	FR	Albright	6.22m	6.10m	+0.0	20-00.25	
10	Cebastien Glosy	SO	Widener	5.92m	5.99m	+0.0	19-08.00	
11	Jack Bramswig	SR	Manhattanvil	5.95m	5.96m	-0.8	19-06.75	
12	Chris Coffie	SO	Stevenson	6.22m	5.95m	0.3	19-06.25	
13	Elonn Plummer	FR	Delaware Val	5.95m	5.81m	-0.4	19-00.75	
14	Nicholas Tucker	FR	Lebanon Vall	6.12m	5.78m	-0.4	18-11.75	
15	Brandon Young	JR	Alvernia	6.54m	5.69m	0.8	18-08.00	
16	Ryan Brewster	FR	Delaware Val	5.88m	5.50m	+0.0	18-00.50	
17	Jonathan Fureman	SR	Lebanon Vall	5.85m	5.18m	+0.0	17-00.00	

Men Triple Jump

MAC: R 50-01.50 1975			Mike Williams, Widener					
Name	Year	School	Seed	Finals	Wind	Points		
1	Ameer Sorrell	SO	Widener	14.15m	14.18m	+0.0	46-06.25	10
2	Josh Colley	FR	Widener	13.46m	13.63m	-1.2	44-08.75	8
3	Brandon Young	JR	Alvernia	13.75m	13.59m	0.3	44-07.00	6
4	Mickeal Pugh	JR	Lebanon Vall	13.65m	13.57m	+0.0	44-06.25	5
5	Cebastien Glosy	SO	Widener	12.96m	13.31m	1.7	43-08.00	4
6	Michael Anachuna	JR	Widener	12.66m	13.28m	-0.8	43-07.00	3
7	Trent Thorne	FR	Albright	13.34m	13.24m	1.2	43-05.25	2
8	Brandon Shepherd	FR	Stevenson	12.92m	12.77m	-1.1	41-10.75	1
9	Nick Kausch	JR	Widener	12.34m	12.22m	-0.8	40-01.25	
10	Chris Coffie	SO	Stevenson	12.06m	12.04m	-0.2	39-06.00	
11	Jayson Chu	JR	Messiah	11.58m	10.88m	-1.4	35-08.50	

Men Shot Put

MAC: R 55-01 1973			Odd Haugen, Western Maryland				
Name	Year	School	Seed	Finals	Points		
1	Trevor Stutzman	JR	Messiah	17.55m	17.04m	55-11.00	10
2	Mike Recla	JR	Widener	16.64m	15.97m	52-04.75	8
3	Anthony Green	JR	Widener	15.36m	15.48m	50-09.50	6
4	Anderson Novalin	FR	Lebanon Vall	14.48m	15.11m	49-07.00	5
5	Tyler Williams	JR	Widener	13.87m	14.29m	46-10.75	4
6	Kris Martin	JR	Widener	14.28m	14.16m	46-05.50	3
7	Daniel Miller	FR	Stevenson	13.86m	13.94m	45-09.00	2
8	Johnathan Salcedo	SO	Lebanon Vall	13.98m	13.58m	44-06.75	1
9	Noe Aguilar-Gonzalez	SO	Lebanon Vall	14.20m	13.55m	44-05.50	
10	Jeriko Reyes	FR	Alvernia	13.98m	13.20m	43-03.75	
11	Alex Cucciarre	FR	Widener	13.29m	13.03m	42-09.00	
12	Dan Herbster	FR	Widener	12.79m	12.97m	42-06.75	
13	Dan Whalen	FR	Widener	12.02m	12.38m	40-07.50	
14	Rodre Tomlinson	SO	Alvernia	13.22m	12.28m	40-03.50	
15	Angel Guzman	JR	Misericordia	13.09m	12.08m	39-07.75	
16	Nathan Nodolski	JR	Widener	12.47m	11.98m	39-03.75	
17	Alexander Robles	FR	Albright	12.32m	10.93m	35-10.50	
18	Mike Lentine	FR	Delaware Val	12.30m	9.78m	32-01.00	

-- Jesse Ware	SR Delaware Val	12.97m	FOUL
-- Lucas Dayhoff	SR Elizabethtow	13.90m	FOUL
-- Rob Lawler	SO DeSales	13.50m	FOUL

Men Discus Throw

MAC: R 169-07 1973		Knut Hjeltness, Western Maryland				
Name	Year	School	Seed	Finals	Points	
1	Trevor Stutzman	JR Messiah	49.62m	51.27m	168-02	10
2	Kris Martin	JR Widener	47.46m	49.26m	161-07	8
3	Mike Recla	JR Widener	43.68m	47.08m	154-05	6
4	Tyler Williams	JR Widener	47.32m	45.93m	150-08	5
5	Thomas Zamorski	SO Widener	43.07m	45.71m	150-00	4
6	Matthew Miller	SO Messiah	40.94m	42.15m	138-03	3
7	Angel Guzman	JR Misericordia	41.76m	41.78m	137-01	2
8	Dan Herbster	FR Widener	39.29m	40.74m	133-08	1
9	Noe Aguilar-Gonzalez	SO Lebanon Vall	41.19m	40.30m	132-03	
10	Anderson Novalin	FR Lebanon Vall	38.72m	39.92m	131-00	
11	Dan Whalen	FR Widener	38.38m	39.88m	130-10	
12	Xavier Gonzalez	SO Albright	38.53m	38.63m	126-09	
13	Jeriko Reyes	FR Alvernia	35.96m	38.27m	125-07	
14	Nathan Nodolski	JR Widener	35.99m	37.46m	122-11	
15	Dillon Emery	SR Alvernia	37.11m	36.56m	119-11	
16	Lucas Dayhoff	SR Elizabethtow	36.10m	36.45m	119-07	
17	Angelo Cook	JR DeSales	36.31m	34.47m	113-01	
--	Johnathan Salcedo	SO Lebanon Vall	39.23m	FOUL		
--	Jesse Ware	SR Delaware Val	36.85m	FOUL		

Men Hammer Throw

MAC: R 58.41m 5/3/2013		Tyler Williams, Widener				
Name	Year	School	Seed	Finals	Points	
1	Tyler Williams	JR Widener	64.52m	65.10mR	213-07	10
2	Mike Recla	JR Widener	46.10m	50.87m	166-11	8
3	Lucas Dayhoff	SR Elizabethtow	49.10m	49.56m	162-07	6
4	Stas Starovoytov	SR Widener	43.39m	47.76m	156-08	5
5	Thomas Zamorski	SO Widener	53.67m	47.66m	156-04	4
6	Rob Lawler	SO DeSales	45.38m	45.52m	149-04	3
7	Matthew Hladchuk	SR Widener	42.68m	44.01m	144-05	2
8	Michael Schwartz	SR Albright	42.01m	43.04m	141-02	1
9	Kris Martin	JR Widener	42.37m	42.16m	138-04	
10	Anderson Novalin	FR Lebanon Vall	42.16m	40.99m	134-06	
11	Dillon Emery	SR Alvernia	41.49m	40.20m	131-11	
12	Noe Aguilar-Gonzalez	SO Lebanon Vall	42.66m	39.29m	128-11	
13	Jesse Shetrom	JR Lebanon Vall	37.92m	39.09m	128-03	
14	Dan Whalen	FR Widener	37.69m	38.93m	127-09	
15	Andrew Khela	SR Elizabethtow	38.78m	38.54m	126-05	
16	Josh Streeter	JR Alvernia	40.89m	37.32m	122-05	
17	Jacob Stockner	JR Messiah	33.57m	34.28m	112-06	
18	Nathaniel Flickinger	JR Elizabethtow	33.36m	32.49m	106-07	
19	Bronson Whitt	SO Alvernia	34.06m	31.17m	102-03	
--	Johnathan Salcedo	SO Lebanon Vall	36.82m	FOUL		
--	Michael Boyles	SO Messiah	37.34m	FOUL		

Men Javelin Throw

MAC: R 68.91m 2002		Matt Deamer, Susquehanna				
Name	Year	School	Seed	Finals	Points	
1	Matthew Miller	SO Messiah	53.10m	56.01m	183-09	10
2	Jack Bramswig	SR Manhattanvil	48.69m	52.39m	171-10	8
3	Rob Amoroso	FR DeSales	51.36m	52.12m	171-00	6
4	Zach Seaman	FR Alvernia	46.40m	51.78m	169-10	5
5	Lewis Vincent	SR Delaware Val	53.55m	51.74m	169-09	4
6	Colton Harer	FR Albright	52.72m	51.71m	169-08	3
7	Mike Furst	FR DeSales	47.55m	51.38m	168-07	2
8	Alex Cucciarre	FR Widener	51.54m	50.15m	164-06	1
9	Austin Bartholomew	FR DeSales	47.01m	49.69m	163-00	
10	Celtson Toote	JR Messiah	53.09m	49.06m	160-11	
11	Kal McCloskey	JR Widener	49.81m	48.01m	157-06	
12	Bradee Ruhl	SO Lebanon Vall	47.79m	47.56m	156-00	

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	School	Finals	Wind H#	Points
1	Lee Orzol	JR DeSales	11.56	+0.0 1	740
2	Jeremiah Clinchoc	SO Alvernia	11.56	+0.0 1	740
3	Brian Layng	SR Elizabethtow	11.59	0.1 2	734

4	Tim Hampton	SR	Messiah	11.62	0.1	2	728
5	E. Reid Pavlik	SO	Lebanon Vall	12.02	0.1	2	647
6	Thomas Fleming	SO	Widener	12.19	+0.0	1	614
7	Sean Weiss	FR	Widener	12.23	0.1	2	606
8	Joseph Bayona	JR	Elizabethtow	12.23	+0.0	1	606
9	Ryan Brewster	FR	Delaware Val	12.24	+0.0	1	605
10	Austin Hager-Perry	FR	Hood	12.27	0.1	2	599
11	Andrew Ausel	SR	Messiah	12.64	+0.0	1	531
12	Dane Cornelius	FR	Messiah	12.68	0.1	2	523
13	Brody Honeycutt	SO	Alvernia	14.29	0.1	2	272

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year	School	Finals	H#	Points	
1	Brian Layng	SR	Elizabethtow	50.02	2	814
2	Jeremiah Clinchoc	SO	Alvernia	51.43	2	750
3	Lee Orzol	JR	DeSales	53.36	1	666
4	Tim Hampton	SR	Messiah	54.31	2	627
5	E. Reid Pavlik	SO	Lebanon Vall	54.56	1	617
6	Austin Hager-Perry	FR	Hood	54.90	2	603
7	Ryan Brewster	FR	Delaware Val	55.21	1	590
8	Dane Cornelius	FR	Messiah	55.60	1	575
9	Andrew Ausel	SR	Messiah	55.89	1	564
10	Joseph Bayona	JR	Elizabethtow	56.38	2	545
11	Sean Weiss	FR	Widener	57.09	1	517
12	Thomas Fleming	SO	Widener	57.64	2	497
13	Brody Honeycutt	SO	Alvernia	1:04.36	2	277

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year	School	Finals	Points	
1	Brian Layng	SR	Elizabethtow	4:40.96	674
2	Austin Hager-Perry	FR	Hood	4:46.31	641
3	Jeremiah Clinchoc	SO	Alvernia	4:48.24	629
4	Andrew Ausel	SR	Messiah	4:48.36	629
5	Ryan Brewster	FR	Delaware Val	4:53.78	596
6	Dane Cornelius	FR	Messiah	5:01.68	550
7	Lee Orzol	JR	DeSales	5:09.54	506
8	E. Reid Pavlik	SO	Lebanon Vall	5:09.82	505
9	Sean Weiss	FR	Widener	5:11.18	497
10	Tim Hampton	SR	Messiah	5:18.12	460
11	Joseph Bayona	JR	Elizabethtow	5:35.43	373
12	Thomas Fleming	SO	Widener	6:02.02	256
--	Brody Honeycutt	SO	Alvernia	DNF	

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year	School	Finals	Wind	H#	Points	
1	Brian Layng	SR	Elizabethtow	15.61	1.2	1	777
2	Lee Orzol	JR	DeSales	16.55	+0.0	2	672
3	Jeremiah Clinchoc	SO	Alvernia	16.62	+0.0	4	665
4	Dane Cornelius	FR	Messiah	17.91	1.2	1	533
5	Ryan Brewster	FR	Delaware Val	18.93	+0.0	3	439
6	Sean Weiss	FR	Widener	19.12	1.2	1	422
7	Thomas Fleming	SO	Widener	19.20	+0.0	3	415
8	Brody Honeycutt	SO	Alvernia	19.21	1.2	1	414
9	E. Reid Pavlik	SO	Lebanon Vall	19.28	+0.0	4	408
10	Andrew Ausel	SR	Messiah	20.63	+0.0	4	301
11	Joseph Bayona	JR	Elizabethtow	21.31	+0.0	3	253
12	Austin Hager-Perry	FR	Hood	21.61	+0.0	2	233
13	Tim Hampton	SR	Messiah	24.36	+0.0	2	87

Decathlon: #4 Men High Jump Decathlon

Name	Year	School	Finals	Points		
1	Lee Orzol	JR	DeSales	1.80m	5-10.75	627
2	Brian Layng	SR	Elizabethtow	1.77m	5-09.75	602
3	Jeremiah Clinchoc	SO	Alvernia	1.68m	5-06.00	528
4	Ryan Brewster	FR	Delaware Val	1.65m	5-05.00	504
5	Austin Hager-Perry	FR	Hood	1.59m	5-02.50	457
5	Sean Weiss	FR	Widener	1.59m	5-02.50	457
5	Brody Honeycutt	SO	Alvernia	1.59m	5-02.50	457
5	E. Reid Pavlik	SO	Lebanon Vall	1.59m	5-02.50	457
9	Andrew Ausel	SR	Messiah	1.53m	5-00.25	411
9	Thomas Fleming	SO	Widener	1.53m	5-00.25	411
11	Tim Hampton	SR	Messiah	1.50m	4-11.00	389
12	Dane Cornelius	FR	Messiah	1.44m	4-08.75	345

13 Joseph Bayona JR Elizabethtow 1.41m 4-07.50 324

Decathlon: #8 Men Pole Vault Decathlon

Name	Year	School	Finals		Points
1 Lee Orzol	JR	DeSales	4.14m	13-07.00	656
2 Dane Cornelius	FR	Messiah	3.94m	12-11.00	601
2 Brian Layng	SR	Elizabethtow	3.94m	12-11.00	601
4 E. Reid Pavlik	SO	Lebanon Vall	3.54m	11-07.25	493
4 Joseph Bayona	JR	Elizabethtow	3.54m	11-07.25	493
6 Brody Honeycutt	SO	Alvernia	3.34m	10-11.50	441
7 Ryan Brewster	FR	Delaware Val	3.24m	10-07.50	416
7 Tim Hampton	SR	Messiah	3.24m	10-07.50	416
9 Jeremiah Clinchoc	SO	Alvernia	3.14m	10-03.50	391
9 Austin Hager-Perry	FR	Hood	3.14m	10-03.50	391
11 Andrew Ausel	SR	Messiah	3.04m	9-11.75	367
12 Thomas Fleming	SO	Widener	2.64m	8-08.00	273
13 Sean Weiss	FR	Widener	2.44m	8-00.00	229

Decathlon: #2 Men Long Jump Decathlon

Name	Year	School	Finals	Wind		Points
1 Brian Layng	SR	Elizabethtow	6.19m	NWI	20-03.75	628
2 Lee Orzol	JR	DeSales	6.04m	NWI	19-09.75	595
3 Tim Hampton	SR	Messiah	5.93m	NWI	19-05.50	571
4 Jeremiah Clinchoc	SO	Alvernia	5.82m	NWI	19-01.25	548
5 Ryan Brewster	FR	Delaware Val	5.76m	NWI	18-10.75	535
6 E. Reid Pavlik	SO	Lebanon Vall	5.68m	NWI	18-07.75	519
7 Austin Hager-Perry	FR	Hood	5.45m	NWI	17-10.75	471
7 Thomas Fleming	SO	Widener	5.45m	NWI	17-10.75	471
9 Joseph Bayona	JR	Elizabethtow	5.42m	NWI	17-09.50	465
10 Dane Cornelius	FR	Messiah	5.27m	NWI	17-03.50	435
11 Sean Weiss	FR	Widener	5.13m	NWI	16-10.00	407
12 Brody Honeycutt	SO	Alvernia	5.11m	NWI	16-09.25	404
13 Andrew Ausel	SR	Messiah	5.03m	NWI	16-06.00	388

Decathlon: #3 Men Shot Put Decathlon

Name	Year	School	Finals		Points
1 Brian Layng	SR	Elizabethtow	11.25m	36-11.00	561
2 Sean Weiss	FR	Widener	10.34m	33-11.25	506
3 E. Reid Pavlik	SO	Lebanon Vall	10.01m	32-10.25	486
4 Andrew Ausel	SR	Messiah	9.31m	30-06.50	444
5 Jeremiah Clinchoc	SO	Alvernia	9.24m	30-03.75	440
6 Lee Orzol	JR	DeSales	9.23m	30-03.50	440
7 Dane Cornelius	FR	Messiah	8.90m	29-02.50	420
8 Ryan Brewster	FR	Delaware Val	8.85m	29-00.50	417
9 Brody Honeycutt	SO	Alvernia	8.30m	27-02.75	384
10 Thomas Fleming	SO	Widener	8.14m	26-08.50	375
11 Joseph Bayona	JR	Elizabethtow	7.87m	25-10.00	359
12 Tim Hampton	SR	Messiah	6.91m	22-08.00	302
13 Austin Hager-Perry	FR	Hood	5.88m	19-03.50	242

Decathlon: #7 Men Discus Throw Decathlon

Name	Year	School	Finals		Points
1 Brian Layng	SR	Elizabethtow	34.80m	114-02	560
2 E. Reid Pavlik	SO	Lebanon Vall	28.20m	92-06	429
3 Jeremiah Clinchoc	SO	Alvernia	26.45m	86-09	395
4 Andrew Ausel	SR	Messiah	26.08m	85-07	388
5 Thomas Fleming	SO	Widener	26.00m	85-04	386
6 Brody Honeycutt	SO	Alvernia	25.91m	85-00	385
7 Sean Weiss	FR	Widener	25.35m	83-02	374
8 Joseph Bayona	JR	Elizabethtow	23.95m	78-07	347
9 Lee Orzol	JR	DeSales	23.43m	76-10	337
10 Dane Cornelius	FR	Messiah	22.80m	74-10	325
11 Ryan Brewster	FR	Delaware Val	22.09m	72-06	311
12 Tim Hampton	SR	Messiah	19.58m	64-03	264
13 Austin Hager-Perry	FR	Hood	18.45m	60-06	243

Decathlon: #9 Men Javelin Throw Decathlon

Name	Year	School	Finals		Points
1 Dane Cornelius	FR	Messiah	45.17m	148-02	517
2 E. Reid Pavlik	SO	Lebanon Vall	45.05m	147-10	516
3 Lee Orzol	JR	DeSales	40.33m	132-04	447

4	Jeremiah Clinchoc	SO	Alvernia	38.40m	126-00	419
5	Ryan Brewster	FR	Delaware Val	37.79m	124-00	410
6	Andrew Ausel	SR	Messiah	37.53m	123-01	406
7	Brian Layng	SR	Elizabethtow	37.52m	123-01	406
8	Brody Honeycutt	SO	Alvernia	35.98m	118-00	384
9	Thomas Fleming	SO	Widener	35.97m	118-00	384
10	Joseph Bayona	JR	Elizabethtow	34.62m	113-07	365
11	Sean Weiss	FR	Widener	33.23m	109-00	345
12	Austin Hager-Perry	FR	Hood	27.88m	91-06	269
13	Tim Hampton	SR	Messiah	24.41m	80-01	221

Men Decathlon

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Name	Year	School	Seed	Finals	Points	
1	Brian Layng	SR	Elizabethtow	6391	6357R	10
2	Lee Orzol	JR	DeSales		5686	8
3	Jeremiah Clinchoc	SO	Alvernia	4777	5505	6
4	E. Reid Pavlik	SO	Lebanon Vall		5077	5
5	Dane Cornelius	FR	Messiah	3924	4824	4
6	Ryan Brewster	FR	Delaware Val		4823	3
7	Andrew Ausel	SR	Messiah	3953	4429	2
8	Sean Weiss	FR	Widener		4360	1
9	Austin Hager-Perry	FR	Hood	3833	4149	
10	Joseph Bayona	JR	Elizabethtow	4244	4130	
11	Thomas Fleming	SO	Widener		4082	
12	Tim Hampton	SR	Messiah	3720	4065	
13	Brody Honeycutt	SO	Alvernia	4254	3418	

Women - Team Rankings - 22 Events Scored

1)	Elizabethtown	153	2)	Lebanon Valley	143
3)	Misericordia	142	4)	Messiah	104
5)	DeSales	90	6)	Widener	73.50
7)	Hood	38	8)	Alvernia	35.50
9)	Manhattanville	25	10)	Albright	24
11)	Delaware Valley	23	12)	Stevenson	4

Men - Team Rankings - 22 Events Scored

1)	Widener	323	2)	Messiah	111
3)	Lebanon Valley	95	4)	Elizabethtown	90
5)	DeSales	67	6)	Misericordia	41
7)	Stevenson	32	8)	Albright	31
9)	Alvernia	22	10)	Delaware Valley	18
11)	Manhattanville	16	12)	Hood	9