

2022 MIDDLE ATLANTIC CONFERENCE OUTDOOR CHAMPIONSHIPS

Center Valley, PA

DeSalesUniversity

Host: Middle Atlantic Conference

5/5/2022 - 5/7/2022

MEET OFFICIALSTiming:
MAC-FAT, LLC.**OFFICIAL MEET REPORT**

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RESULTS**#1 Women's 4 x 800m Relay**

R	MAC Outdoor	9:16.48	L Decker, K Patrick, D Stockdale, C	Lebanon Vall	5/1/2014
	MAC Outdoor	9:16.48	L. Decker, K. Patrick, D. Stockdale, C.	Lebanon Valley	2014

Pl	Team	Time	Pts
1	Widener (A)	9:23.74	10
	1) GROETZ, Sarah FR 2:19.5641 (2:19.5641)	2) SWEELY, Jaden FR 4:42.5528 (2:22.9887)	
	3) HOLT, Donna FR 7:03.0628 (2:20.5100)	4) BERNOTAS, Katelyn JR 9:23.7403 (2:20.6775)	
2	Messiah (A)	9:27.03	8
	1) WEAVER, Leanne SR 2:19.4391 (2:19.4391)	2) CORY, Olivia FR 4:45.2366 (2:25.7975)	
	3) WALSTROM, Kathleen SO 7:12.4928 (2:27.2562)	4) SEELAND, Esther SO 9:27.0253 (2:14.5325)	
3	Misericordia (A)	9:30.27	6
	1) VISAGGIO, Olivia JR 2:22.3816 (2:22.3816)	2) GALLAGHER, Kristin FR 4:48.5428 (2:26.1612)	
	3) WAGNER, Brianna FR 7:13.3116 (2:24.7688)	4) RINE, Averi JR 9:30.2703 (2:16.9587)	
4	Lebanon Valley (A)	9:34.29	5
	1) RESELE, Julia JR 2:23.6716 (2:23.6716)	2) JONES, Keri SR 4:46.5503 (2:22.8787)	
	3) WICK, Lauren JR 7:11.4791 (2:24.9288)	4) BUNKE, Lauren SO 9:34.2891 (2:22.8100)	
5	York (Pa.) (A)	9:46.07	4
	1) KOZIOLEK, Cassie SO 2:29.9541 (2:29.9541)	2) SKANE, Sarah SO 4:56.5353 (2:26.5812)	
	3) HENRY, Paige FR 7:23.8066 (2:27.2713)	4) BARKDOLL, Taylor JR 9:46.0666 (2:22.2600)	
6	Stevens (A)	9:52.32	3
	1) LULAJ, Jacqueline FR 2:28.0966 (2:28.0966)	2) BURDEN, Nina FR 4:53.2991 (2:25.2025)	
	3) PINHO, Rachel FR 7:17.3203 (2:24.0212)	4) FEERICK, Fionna FR 9:52.3153 (2:34.9950)	
7	DeSales (A)	9:53.33	2
	1) SMITH, Amelia SO 2:21.6241 (2:21.6241)	2) MURPHY, Sara SO 4:56.7678 (2:35.1437)	
	3) ESTUS, Haley FR 7:27.7853 (2:31.0175)	4) MARKWALTER, LeeAnn JR 9:53.3266 (2:25.5413)	
8	King's (Pa.) (A)	9:56.12	1
	1) TOMKO, Zoe FR 2:23.8466 (2:23.8466)	2) JOHNSON, Julia FR 4:55.9416 (2:32.0950)	
	3) ZAMBETTI, Nicole FR 7:29.7553 (2:33.8137)	4) ALBRIGHT, Beth JR 9:56.1116 (2:26.3563)	
9	Delaware Valley (A)	10:34.89	
	1) JOSEPH, Alysia JR 2:29.9091 (2:29.9091)	2) MULLEN, Sarah SO 5:27.4278 (2:57.5187)	
	3) BLACKMON, Alyssa SO 8:02.7591 (2:35.3313)	4) HASTINGS, Kelly SO 10:34.8853 (2:32.1262)	
10	Arcadia (A)	10:44.42	
	1) PAVLOVICH, Sarah SR 2:34.4653 (2:34.4653)	2) STRAVINSKY, Chloe SR 5:10.1953 (2:35.7300)	
	3) SUTHERLAND, Emma SO 7:55.5578 (2:45.3625)	4) BROWNE, April FR 10:44.4128 (2:48.8550)	

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RESULTS**#2 Men's 4 x 800m Relay**

R	MAC Outdoor	7:41.21	M Weber, B Risser, E Reichert, M Rever	Elizabethtown	5/3/2012
	MAC Outdoor	7:41.21	M. Weber, B. Risser, E. Reichert, M.	Elizabethtown	2012

Pl	Team	Time	Pts
1	Messiah (A)	7:45.30	10
	1) KIMMEL, Nathan FR 1:59.2924 (1:59.2924)	2) SCHEIB, Alex SR 3:55.8087 (1:56.5163)	
	3) HORST, Logan SO 5:51.2112 (1:55.4025)	4) BEILER, Brody SR 7:45.2999 (1:54.0887)	
2	DeSales (A)	7:46.24	8
	1) ARTIS, Shane SO 1:58.4862 (1:58.4862)	2) HAWK, Andrew SR 3:55.4424 (1:56.9562)	
	3) DEREMER, Josh FR 5:53.1312 (1:57.6888)	4) TYCE, Carl JR 7:46.2374 (1:53.1062)	
3	Lebanon Valley (A)	7:53.66	6
	1) LOY, Andrew SO 2:00.2712 (2:00.2712)	2) ESCHINGER, McKendry SO 3:56.0912 (1:55.8200)	
	3) FERRIZZI, Vince SO 5:56.4224 (2:00.3312)	4) DI CESARE, Alec FR 7:53.6512 (1:57.2288)	
4	King's (Pa.) (A)	7:55.31	5
	1) FOYTACK, Owen FR 1:59.1537 (1:59.1537)	2) NOVROCKI, Andrew FR 3:59.4262 (2:00.2725)	
	3) PETTY, Tyler FR 5:58.9174 (1:59.4912)	4) FORGASH, Mitchell JR 7:55.3024 (1:56.3850)	
5	Stevenson (A)	7:57.67	4
	1) BARRETT, Jake JR 2:01.3037 (2:01.3037)	2) WOMACK, Johnathan JR 4:03.8774 (2:02.5737)	
	3) HAMILTON, Malik JR 6:03.3824 (1:59.5050)	4) IDDRISS, Iddriss SR 7:57.6649 (1:54.2825)	
6	Widener (A)	7:58.16	3
	1) MILLAR, David FR 1:57.1974 (1:57.1974)	2) MILLER, Ben SO 3:57.5037 (2:00.3063)	
	3) PLUNKETT, Thomas SO 5:57.4349 (1:59.9312)	4) GALICZYNSKI, Ryan JR 7:58.1512 (2:00.7163)	
7	Stevens (A)	8:00.76	2
	1) MELAO, Ronnie SO 1:59.1249 (1:59.1249)	2) LEITNER, Kajetan FR 4:01.2049 (2:02.0800)	
	3) ANTALA, Dhavan SO 6:01.6662 (2:00.4613)	4) AYLMER, Jake SO 8:00.7562 (1:59.0900)	
8	York (Pa.) (A)	8:07.40	1
	1) FRY, Logan FR 2:02.2487 (2:02.2487)	2) NOLAN, Pierce FR 4:05.1712 (2:02.9225)	
	3) KETTULA, John FR 6:05.0462 (1:59.8750)	4) EVANS, Cy JR 8:07.3912 (2:02.3450)	
9	Delaware Valley (A)	8:13.27	
	1) OWEN, Carter SO 2:08.0224 (2:08.0224)	2) KAUFMAN, Justin FR 4:05.7824 (1:57.7600)	
	3) BERBERABE, Ethan SR 6:15.9962 (2:10.2138)	4) COOPER, Logan JR 8:13.2662 (1:57.2700)	
10	Misericordia (A)	8:26.44	
	1) RHINEHART, Trey FR 2:00.7312 (2:00.7312)	2) BITERA, Cholo FR 4:08.6649 (2:07.9337)	
	3) LONGSTRETH, Chandler FR 6:16.3199 (2:07.6550)	4) BARE, Zachary FR 8:26.4349 (2:10.1150)	

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RESULTS

#2 Men's 4 x 800m Relay (cont'd)

Pl	Team	Time	Pts
11	Arcadia (A)	8:50.27	
	1) IP, Sean SO 2:05.6074 (2:05.6074)		
	2) BEHM, Ben JR 4:18.4437 (2:12.8363)		
	3) WALTER, Kevin JR 6:32.0237 (2:13.5800)		
	4) SOLARI, Antonio JR 8:50.2624 (2:18.2387)		

#3 Women's 10000 Meters

R	MAC Outdoor	36:51.00	Marissa Durako	King's (Pa.)	5/5/2016
	MAC Outdoor	34:53.15	Clare Schoen	Misericordia	2018
Pl	Name	Yr	Team	Time	Pts
1	MURPHY, Grace		SO Widener	38:19.48	10
	1:37.19 (1:37.19)		1:36.63 (3:13.81)	1:34.85 (4:48.66)	1:33.47 (6:22.12)
	1:34.23 (7:56.35)		1:33.54 (9:29.89)	1:32.97 (11:02.85)	1:31.37 (12:34.22)
	1:31.14 (14:05.35)		1:32.56 (15:37.90)	1:33.97 (17:11.87)	1:34.42 (18:46.29)
	1:34.83 (20:21.11)		1:34.74 (21:55.84)	1:35.69 (23:31.53)	1:35.06 (25:06.59)
	1:33.03 (26:39.61)		1:33.79 (28:13.39)	1:33.41 (29:46.79)	1:31.98 (31:18.77)
	1:25.01 (32:43.77)		1:28.78 (34:12.55)	1:27.67 (35:40.22)	1:21.62 (37:01.83)
	1:17.65 (38:19.48)				
2	THOMPSON, Alexa		JR Misericordia	38:34.28	8
	1:36.88 (1:36.88)		1:36.59 (3:13.47)	1:34.88 (4:48.35)	1:33.50 (6:21.84)
	1:34.23 (7:56.06)		1:33.54 (9:29.60)	1:32.94 (11:02.54)	1:31.41 (12:33.94)
	1:31.12 (14:05.06)		1:32.65 (15:37.70)	1:33.85 (17:11.54)	1:34.46 (18:46.00)
	1:34.85 (20:20.84)		1:34.81 (21:55.64)	1:35.61 (23:31.24)	1:35.03 (25:06.27)
	1:33.08 (26:39.34)		1:33.75 (28:13.09)	1:33.45 (29:46.54)	1:32.49 (31:19.02)
	1:25.21 (32:44.23)		1:28.04 (34:12.26)	1:28.38 (35:40.64)	1:27.04 (37:07.68)
	1:26.61 (38:34.28)				
3	PARDEW, Isabelle		JR Stevenson	38:44.23	6
	1:36.56 (1:36.56)		1:36.59 (3:13.15)	1:34.89 (4:48.03)	1:33.49 (6:21.51)
	1:34.25 (7:55.76)		1:33.56 (9:29.32)	1:32.97 (11:02.28)	1:31.45 (12:33.72)
	1:31.13 (14:04.85)		1:32.66 (15:37.50)	1:33.83 (17:11.32)	1:34.46 (18:45.78)
	1:34.84 (20:20.61)		1:34.77 (21:55.38)	1:35.61 (23:30.98)	1:35.10 (25:06.08)
	1:33.06 (26:39.14)		1:33.76 (28:12.90)	1:33.44 (29:46.33)	1:32.53 (31:18.86)
	1:26.01 (32:44.86)		1:29.26 (34:14.12)	1:30.58 (35:44.69)	1:31.39 (37:16.08)
	1:28.15 (38:44.23)				
4	JONES, Katherine		FR Misericordia	40:20.23	5
	1:38.62 (1:38.62)		1:37.03 (3:15.65)	1:37.41 (4:53.06)	1:36.27 (6:29.32)
	1:35.15 (8:04.47)		1:35.90 (9:40.36)	1:35.95 (11:16.31)	1:37.02 (12:53.32)
	1:36.53 (14:29.85)		1:37.30 (16:07.15)	1:37.13 (17:44.28)	1:36.70 (19:20.97)
	1:36.85 (20:57.81)		1:37.25 (22:35.06)	1:37.65 (24:12.71)	1:37.38 (25:50.09)
	1:37.81 (27:27.89)		1:38.34 (29:06.22)	1:36.29 (30:42.51)	1:37.04 (32:19.54)
	1:37.66 (33:57.19)		1:36.74 (35:33.93)	1:37.65 (37:11.57)	1:36.44 (38:48.01)
	1:32.22 (40:20.23)				
5	SYKES, Abby		SR York (Pa.)	40:26.12	4

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RESULTS**#3 Women's 10000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Pts	
	1:38.38 (1:38.38)		1:36.90 (3:15.28)	1:37.48 (4:52.75)	1:36.34 (6:29.09)	
	1:35.09 (8:04.17)		1:35.90 (9:40.06)	1:35.95 (11:16.00)	1:36.99 (12:52.98)	
	1:36.57 (14:29.55)		1:37.30 (16:06.84)	1:37.12 (17:43.96)	1:36.72 (19:20.67)	
	1:36.91 (20:57.58)		1:37.24 (22:34.81)	1:37.63 (24:12.43)	1:37.43 (25:49.86)	
	1:37.83 (27:27.69)		1:38.51 (29:06.20)	1:38.01 (30:44.20)	1:38.29 (32:22.49)	
	1:38.18 (34:00.66)		1:37.60 (35:38.26)	1:37.61 (37:15.87)	1:37.63 (38:53.50)	
	1:32.63 (40:26.12)					
6	VAN TASSELL, Taylor		JR Misericordia	41:04.50	3	
	1:38.93 (1:38.93)		1:37.09 (3:16.02)	1:37.39 (4:53.40)	1:36.39 (6:29.78)	
	1:36.49 (8:06.27)		1:38.61 (9:44.87)	1:39.32 (11:24.19)	1:39.32 (13:03.51)	
	1:39.92 (14:43.43)		1:40.13 (16:23.55)	1:39.99 (18:03.54)	1:39.69 (19:43.22)	
	1:39.08 (21:22.30)		1:38.05 (23:00.35)	1:38.73 (24:39.08)	1:38.17 (26:17.25)	
	1:40.25 (27:57.49)		1:39.50 (29:36.98)	1:39.97 (31:16.95)	1:40.79 (32:57.73)	
	1:40.97 (34:38.70)		1:40.82 (36:19.51)	1:39.87 (37:59.38)	1:39.07 (39:38.44)	
	1:26.06 (41:04.50)					
7	HOFFMAN, Marah		JR Lebanon Valley	41:06.03	2	
	1:39.13 (1:39.13)		1:36.94 (3:16.07)	1:37.40 (4:53.47)	1:36.20 (6:29.66)	
	1:35.24 (8:04.90)		1:36.22 (9:41.11)	1:37.15 (11:18.26)	1:38.72 (12:56.97)	
	1:39.03 (14:36.00)		1:39.93 (16:15.92)	1:40.98 (17:56.90)	1:40.34 (19:37.23)	
	1:41.35 (21:18.58)		1:41.59 (23:00.17)	1:40.04 (24:40.20)	1:40.57 (26:20.76)	
	1:38.49 (27:59.25)		1:40.68 (29:39.93)	1:41.20 (31:21.12)	1:40.24 (33:01.36)	
	1:41.12 (34:42.47)		1:40.70 (36:23.17)	1:40.94 (38:04.10)	1:37.11 (39:41.20)	
	1:24.83 (41:06.03)					
8	FRIES, Isabel		FR Alvernia	41:11.37	1	
	1:38.82 (1:38.82)		1:36.94 (3:15.76)	1:37.39 (4:53.14)	1:36.29 (6:29.43)	
	1:35.39 (8:04.82)		1:36.07 (9:40.88)	1:37.10 (11:17.97)	1:38.71 (12:56.68)	
	1:39.02 (14:35.70)		1:39.93 (16:15.63)	1:40.97 (17:56.59)	1:40.48 (19:37.07)	
	1:41.39 (21:18.46)		1:41.45 (22:59.90)	1:40.21 (24:40.11)	1:40.93 (26:21.03)	
	1:37.99 (27:59.01)		1:40.90 (29:39.91)	1:41.56 (31:21.46)	1:40.01 (33:01.47)	
	1:41.08 (34:42.54)		1:40.78 (36:23.31)	1:41.10 (38:04.41)	1:37.03 (39:41.44)	
	1:29.93 (41:11.37)					
9	DONNELLY, Anna		JR Lebanon Valley	43:08.68		
	1:46.37 (1:46.37)		1:44.29 (3:30.66)	1:42.64 (5:13.29)	1:46.35 (6:59.64)	
	1:45.79 (8:45.42)		1:46.63 (10:32.05)	1:45.94 (12:17.99)	1:44.42 (14:02.40)	
	1:46.37 (15:48.77)		1:47.72 (17:36.48)	1:45.49 (19:21.97)	1:48.03 (21:09.99)	
	1:42.47 (22:52.46)		1:42.76 (24:35.22)	1:41.85 (26:17.07)	1:42.85 (27:59.92)	
	1:43.58 (29:43.49)		1:41.77 (31:25.25)	1:42.41 (33:07.66)	1:42.53 (34:50.19)	
	1:42.34 (36:32.52)		1:43.29 (38:15.81)	1:41.92 (39:57.73)	1:38.73 (41:36.45)	
	1:32.23 (43:08.68)					
10	TRAN, Chris		FR Widener	43:09.85		

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	1:40.61 (1:40.61)	1:37.05 (3:17.66)	1:37.81 (4:55.46)	1:37.56 (6:33.02)	
	1:38.66 (8:11.67)	1:41.27 (9:52.93)	1:42.38 (11:35.30)	1:43.68 (13:18.97)	
	1:44.13 (15:03.10)	1:43.86 (16:46.96)	1:40.54 (18:27.49)	1:43.11 (20:10.60)	
	1:44.90 (21:55.49)	1:46.80 (23:42.29)	1:47.26 (25:29.55)	1:46.38 (27:15.93)	
	1:47.40 (29:03.32)	1:47.24 (30:50.56)	1:48.91 (32:39.47)	1:47.09 (34:26.55)	
	1:48.42 (36:14.97)	1:48.24 (38:03.20)	1:47.37 (39:50.57)	1:46.55 (41:37.12)	
	1:32.73 (43:09.85)				
11	ORTT, Sarah		FR Lebanon Valley	43:10.40	
	1:46.99 (1:46.99)	1:44.26 (3:31.24)	1:42.69 (5:13.92)	1:46.40 (7:00.32)	
	1:45.58 (8:45.89)	1:46.56 (10:32.45)	1:45.89 (12:18.34)	1:44.48 (14:02.82)	
	1:46.28 (15:49.10)	1:47.68 (17:36.77)	1:45.39 (19:22.16)	1:48.06 (21:10.21)	
	1:42.63 (22:52.83)	1:42.80 (24:35.63)	1:41.83 (26:17.45)	1:42.84 (28:00.29)	
	1:43.63 (29:43.91)	1:41.74 (31:25.65)	1:42.55 (33:08.20)	1:43.01 (34:51.20)	
	1:42.18 (36:33.38)	1:43.00 (38:16.37)	1:42.33 (39:58.70)	1:40.42 (41:39.12)	
	1:31.28 (43:10.40)				
12	HOWLAND, Kirsten		SO Messiah	43:15.15	
	1:40.14 (1:40.14)	1:38.81 (3:18.94)	1:41.45 (5:00.38)	1:43.58 (6:43.96)	
	1:42.10 (8:26.05)	1:41.98 (10:08.03)	1:42.08 (11:50.10)	1:43.49 (13:33.59)	
	1:44.52 (15:18.10)	1:45.68 (17:03.78)	1:46.14 (18:49.91)	1:48.08 (20:37.98)	
	1:47.38 (22:25.36)	1:48.16 (24:13.52)	1:48.26 (26:01.77)	1:49.20 (27:50.97)	
	1:46.59 (29:37.55)	1:44.15 (31:21.70)	1:44.17 (33:05.87)	1:44.14 (34:50.01)	
	1:42.96 (36:32.96)	1:42.65 (38:15.61)	1:42.58 (39:58.19)	1:41.07 (41:39.26)	
	1:35.90 (43:15.15)				
13	LALIBERTE, Taylor		JR Lebanon Valley	43:35.39	
	1:48.54 (1:48.54)	1:43.64 (3:32.18)	1:45.48 (5:17.65)	1:46.63 (7:04.27)	
	1:46.28 (8:50.55)	1:46.15 (10:36.70)	1:44.57 (12:21.26)	1:46.46 (14:07.71)	
	1:45.38 (15:53.09)	1:45.56 (17:38.65)	1:46.59 (19:25.23)	1:46.63 (21:11.86)	
	1:42.27 (22:54.12)	1:41.70 (24:35.82)	1:44.14 (26:19.95)	1:43.30 (28:03.25)	
	1:44.22 (29:47.47)	1:44.09 (31:31.55)	1:44.03 (33:15.57)	1:44.26 (34:59.82)	
	1:42.92 (36:42.74)	1:45.33 (38:28.06)	1:45.62 (40:13.67)	1:43.51 (41:57.17)	
	1:38.22 (43:35.39)				
14	FETTEROFF, Danielle		FR Lebanon Valley	43:39.72	
	1:47.40 (1:47.40)	1:44.21 (3:31.61)	1:45.14 (5:16.74)	1:46.44 (7:03.18)	
	1:46.91 (8:50.08)	1:45.74 (10:35.81)	1:44.62 (12:20.43)	1:45.57 (14:05.99)	
	1:44.75 (15:50.74)	1:46.40 (17:37.13)	1:45.24 (19:22.36)	1:48.02 (21:10.38)	
	1:43.08 (22:53.45)	1:42.53 (24:35.98)	1:41.93 (26:17.91)	1:42.68 (28:00.59)	
	1:43.68 (29:44.27)	1:43.02 (31:27.29)	1:45.58 (33:12.86)	1:45.96 (34:58.82)	
	1:44.21 (36:43.03)	1:45.40 (38:28.42)	1:45.69 (40:14.10)	1:45.53 (41:59.63)	
	1:40.09 (43:39.72)				
15	HUNSINGER, Jenna		SO DeSales	44:06.45	

**2022 MIDDLE ATLANTIC CONFERENCE OUTDOOR
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RESULTS**#3 Women's 10000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Pts
	1:39.44 (1:39.44)		1:37.06 (3:16.49)	1:37.74 (4:54.23)	1:38.50 (6:32.72)
	1:40.27 (8:12.99)		1:42.90 (9:55.88)	1:44.63 (11:40.51)	1:46.03 (13:26.53)
	1:45.67 (15:12.20)		1:46.86 (16:59.05)	1:47.64 (18:46.69)	1:47.44 (20:34.13)
	1:47.81 (22:21.93)		1:47.95 (24:09.87)	1:48.71 (25:58.58)	1:47.83 (27:46.40)
	1:47.69 (29:34.09)		1:48.97 (31:23.06)	1:49.85 (33:12.91)	1:49.50 (35:02.41)
	1:48.98 (36:51.38)		1:49.63 (38:41.01)	1:49.64 (40:30.65)	1:52.64 (42:23.28)
	1:43.17 (44:06.45)				
16	CUMMINGS, Kelly		SO Eastern	44:29.80	
	1:44.24 (1:44.24)		1:44.86 (3:29.10)	1:43.66 (5:12.75)	1:46.22 (6:58.97)
	1:45.91 (8:44.88)		1:46.97 (10:31.85)	1:45.88 (12:17.72)	1:44.31 (14:02.02)
	1:46.52 (15:48.54)		1:47.73 (17:36.27)	1:47.08 (19:23.34)	1:47.97 (21:11.30)
	1:48.77 (23:00.07)		1:48.92 (24:48.98)	1:48.72 (26:37.70)	1:49.29 (28:26.98)
	1:48.96 (30:15.94)		1:48.00 (32:03.94)	1:49.10 (33:53.03)	1:49.80 (35:42.83)
	1:48.88 (37:31.71)		1:47.80 (39:19.50)	1:48.88 (41:08.38)	1:45.73 (42:54.11)
	1:35.70 (44:29.80)				
17	BLAIR, Shannon		SR DeSales	44:50.15	
	1:39.42 (1:39.42)		1:36.93 (3:16.35)	1:37.38 (4:53.73)	1:36.57 (6:30.29)
	1:37.46 (8:07.74)		1:40.34 (9:48.08)	1:42.11 (11:30.18)	1:42.70 (13:12.87)
	1:45.05 (14:57.92)		1:43.92 (16:41.83)	1:46.37 (18:28.20)	1:46.53 (20:14.72)
	1:48.40 (22:03.12)		1:48.92 (23:52.03)	1:51.96 (25:43.99)	1:55.42 (27:39.41)
	1:51.14 (29:30.54)		1:53.35 (31:23.89)	1:51.76 (33:15.65)	2:00.87 (35:16.51)
	1:56.32 (37:12.83)		1:57.71 (39:10.53)	1:54.29 (41:04.82)	1:57.89 (43:02.70)
	1:47.45 (44:50.15)				
18	NICOLETTI, Sarah		JR York (Pa.)	44:53.14	
	1:43.23 (1:43.23)		1:39.56 (3:22.79)	1:40.45 (5:03.23)	1:41.05 (6:44.27)
	1:42.14 (8:26.41)		1:41.94 (10:08.35)	1:42.05 (11:50.40)	1:43.87 (13:34.26)
	1:45.09 (15:19.35)		1:46.99 (17:06.33)	1:47.75 (18:54.08)	1:48.60 (20:42.68)
	1:48.00 (22:30.67)		1:49.85 (24:20.52)	1:50.36 (26:10.87)	1:51.04 (28:01.91)
	1:50.04 (29:51.95)		1:52.15 (31:44.09)	1:53.01 (33:37.09)	1:54.14 (35:31.22)
	1:54.25 (37:25.46)		1:55.11 (39:20.57)	1:54.42 (41:14.98)	1:53.80 (43:08.78)
	1:44.36 (44:53.14)				
19	SNYDER, Kaitlyn		FR Alvernia	45:00.51	
	1:47.05 (1:47.05)		1:44.39 (3:31.43)	1:44.80 (5:16.23)	1:47.00 (7:03.23)
	1:46.92 (8:50.14)		1:46.20 (10:36.34)	1:46.57 (12:22.90)	1:47.68 (14:10.58)
	1:47.61 (15:58.19)		1:47.32 (17:45.50)	1:46.85 (19:32.35)	1:47.23 (21:19.57)
	1:48.21 (23:07.78)		1:48.96 (24:56.74)	1:49.23 (26:45.96)	1:49.80 (28:35.76)
	1:49.03 (30:24.78)		1:49.31 (32:14.09)	1:49.88 (34:03.97)	1:49.84 (35:53.81)
	1:50.48 (37:44.28)		1:49.04 (39:33.32)	1:47.76 (41:21.07)	1:48.33 (43:09.40)
	1:51.12 (45:00.51)				
20	ROLING, Julia		SO Lebanon Valley	45:31.78	

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printed: 5/7/2022 5:56 PM**RESULTS****#3 Women's 10000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Pts
	1:48.63 (1:48.63)		1:44.04 (3:32.67)	1:45.31 (5:17.97)	1:46.47 (7:04.44)
	1:46.38 (8:50.81)		1:47.05 (10:37.86)	1:46.48 (12:24.34)	1:47.31 (14:11.64)
	1:46.70 (15:58.34)		1:48.49 (17:46.83)	1:46.12 (19:32.94)	1:49.68 (21:22.62)
	1:51.82 (23:14.44)		1:50.79 (25:05.22)	1:51.49 (26:56.71)	1:52.40 (28:49.10)
	1:52.80 (30:41.89)		1:52.08 (32:33.97)	1:53.00 (34:26.96)	1:53.90 (36:20.86)
	1:54.02 (38:14.88)		1:53.12 (40:07.99)	1:52.84 (42:00.83)	1:51.88 (43:52.71)
	1:39.08 (45:31.78)				
21	RUDOLPH, Emily		FR Widener	45:45.17	
	1:41.41 (1:41.41)		1:39.33 (3:20.74)	1:43.75 (5:04.49)	1:45.23 (6:49.71)
	1:42.62 (8:32.33)		1:44.13 (10:16.46)	1:43.45 (11:59.91)	1:43.82 (13:43.73)
	1:43.75 (15:27.48)		1:46.81 (17:14.28)	1:47.25 (19:01.52)	1:46.93 (20:48.44)
	1:48.60 (22:37.04)		1:50.08 (24:27.12)	1:51.93 (26:19.04)	1:48.40 (28:07.43)
	1:53.20 (30:00.63)		1:52.99 (31:53.61)	1:57.98 (33:51.59)	2:01.68 (35:53.27)
	2:02.03 (37:55.30)		2:03.46 (39:58.75)	2:04.18 (42:02.92)	1:53.76 (43:56.67)
	1:48.50 (45:45.17)				
22	HENSON-VENDRELL, Raphaella		FR Hood	46:02.64	
	1:45.07 (1:45.07)		1:44.91 (3:29.98)	1:46.68 (5:16.65)	1:47.93 (7:04.57)
	1:48.24 (8:52.81)		1:44.79 (10:37.59)	1:46.47 (12:24.06)	1:47.33 (14:11.38)
	1:46.53 (15:57.91)		1:47.27 (17:45.17)	1:46.96 (19:32.13)	1:45.75 (21:17.87)
	1:49.58 (23:07.44)		1:49.77 (24:57.21)	1:51.31 (26:48.51)	1:52.94 (28:41.45)
	1:53.15 (30:34.59)		1:54.75 (32:29.34)	1:55.23 (34:24.56)	1:56.68 (36:21.24)
	1:57.76 (38:19.00)		1:57.28 (40:16.27)	1:59.11 (42:15.38)	1:57.68 (44:13.05)
	1:49.59 (46:02.64)				
23	DAVENPORT, Elise		SO Messiah	48:35.62	
	1:44.66 (1:44.66)		1:44.99 (3:29.65)	1:46.73 (5:16.38)	1:47.85 (7:04.23)
	1:48.23 (8:52.45)		1:52.11 (10:44.56)	1:53.85 (12:38.40)	1:54.08 (14:32.48)
	1:56.53 (16:29.00)		1:55.23 (18:24.22)	1:54.88 (20:19.10)	1:57.20 (22:16.29)
	1:58.05 (24:14.34)		1:59.14 (26:13.47)	1:59.07 (28:12.54)	2:00.10 (30:12.63)
	2:02.13 (32:14.76)		2:02.97 (34:17.73)	2:04.70 (36:22.42)	2:06.56 (38:28.98)
	2:03.71 (40:32.69)		2:03.63 (42:36.32)	2:03.51 (44:39.82)	1:59.70 (46:39.51)
	1:56.11 (48:35.62)				
	FEERICK, Fiona		FR Stevens	DNF	
	HABERSTROH, Jordan		JR York (Pa.)	DNF	
	VIGLIANTI, Nina		FR DeSales	DNS	
	STROUSE, Amber		JR York (Pa.)	DNS	

#4 Men's 10000 Meters

R	MAC Outdoor	30:16.14	Macharia Yuot	Widener	2005
	MAC Outdoor	29:21.05	Macharia Yuot	Widener	2005
Pl	Name	Yr	Team	Time	Pts
1	COSTELLO, Kyle		FR Messiah	31:49.05	10

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RESULTS**#4 Men's 10000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Pts
	1:22.22 (1:22.22)	1:15.88 (2:38.10)	1:16.63 (3:54.72)	1:17.76 (5:12.48)	
	1:18.27 (6:30.75)	1:18.76 (7:49.51)	1:18.48 (9:07.98)	1:17.51 (10:25.49)	
	1:17.51 (11:43.00)	1:16.26 (12:59.25)	1:16.85 (14:16.09)	1:17.34 (15:33.43)	
	1:16.11 (16:49.54)	1:16.20 (18:05.73)	1:16.63 (19:22.36)	1:17.23 (20:39.59)	
	1:17.17 (21:56.75)	1:17.48 (23:14.22)	1:17.73 (24:31.94)	1:16.67 (25:48.61)	
	1:13.90 (27:02.51)	1:14.75 (28:17.26)	1:16.12 (29:33.38)	1:12.96 (30:46.33)	
	1:02.73 (31:49.05)				
2	HUTCHINSON, Andrew		SO Messiah	31:50.35	8
	1:21.86 (1:21.86)	1:14.87 (2:36.72)	1:17.16 (3:53.88)	1:18.22 (5:12.10)	
	1:18.05 (6:30.14)	1:18.79 (7:48.93)	1:18.19 (9:07.11)	1:17.58 (10:24.69)	
	1:17.74 (11:42.43)	1:16.22 (12:58.64)	1:16.68 (14:15.31)	1:17.33 (15:32.64)	
	1:16.30 (16:48.93)	1:16.16 (18:05.09)	1:16.94 (19:22.02)	1:17.14 (20:39.16)	
	1:17.35 (21:56.51)	1:17.51 (23:14.02)	1:17.75 (24:31.77)	1:16.54 (25:48.30)	
	1:15.05 (27:03.35)	1:15.09 (28:18.44)	1:15.41 (29:33.84)	1:12.71 (30:46.55)	
	1:03.80 (31:50.35)				
3	SANTACOLOMA, Matt		JR DeSales	31:53.28	6
	1:20.53 (1:20.53)	1:15.38 (2:35.91)	1:17.44 (3:53.35)	1:18.38 (5:11.73)	
	1:18.02 (6:29.74)	1:18.43 (7:48.16)	1:18.26 (9:06.41)	1:17.65 (10:24.06)	
	1:17.80 (11:41.86)	1:16.24 (12:58.09)	1:16.55 (14:14.64)	1:17.38 (15:32.02)	
	1:15.74 (16:47.75)	1:16.67 (18:04.42)	1:16.94 (19:21.36)	1:16.68 (20:38.03)	
	1:17.83 (21:55.86)	1:17.62 (23:13.47)	1:17.81 (24:31.28)	1:16.84 (25:48.11)	
	1:14.99 (27:03.10)	1:15.69 (28:18.79)	1:15.72 (29:34.51)	1:11.60 (30:46.10)	
	1:07.18 (31:53.28)				
4	CALISTI, Noah		FR Messiah	31:55.00	5
	1:22.55 (1:22.55)	1:14.62 (2:37.16)	1:17.02 (3:54.18)	1:18.17 (5:12.34)	
	1:18.16 (6:30.50)	1:18.76 (7:49.25)	1:18.26 (9:07.51)	1:17.61 (10:25.11)	
	1:17.65 (11:42.75)	1:16.26 (12:59.01)	1:16.83 (14:15.83)	1:17.35 (15:33.18)	
	1:16.10 (16:49.28)	1:16.20 (18:05.47)	1:16.73 (19:22.20)	1:17.14 (20:39.33)	
	1:16.81 (21:56.14)	1:17.60 (23:13.73)	1:17.80 (24:31.53)	1:16.80 (25:48.33)	
	1:14.48 (27:02.80)	1:14.92 (28:17.71)	1:15.85 (29:33.56)	1:13.51 (30:47.07)	
	1:07.94 (31:55.00)				
5	RASTATTER, Ryan		SR Widener	32:02.74	4
	1:23.54 (1:23.54)	1:15.28 (2:38.82)	1:16.41 (3:55.23)	1:17.71 (5:12.93)	
	1:18.31 (6:31.24)	1:18.79 (7:50.03)	1:18.56 (9:08.58)	1:18.22 (10:26.80)	
	1:16.35 (11:43.14)	1:16.36 (12:59.50)	1:16.85 (14:16.35)	1:17.31 (15:33.65)	
	1:16.16 (16:49.81)	1:16.21 (18:06.02)	1:16.60 (19:22.62)	1:17.22 (20:39.83)	
	1:17.15 (21:56.97)	1:17.45 (23:14.42)	1:17.72 (24:32.14)	1:15.81 (25:47.94)	
	1:14.41 (27:02.35)	1:14.80 (28:17.15)	1:16.09 (29:33.23)	1:15.36 (30:48.59)	
	1:14.16 (32:02.74)				
6	ROWLEY, Stephen		FR Misericordia	32:30.32	3

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RESULTS**#4 Men's 10000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Pts
	1:22.90 (1:22.90)	1:14.63 (2:37.53)	1:16.94 (3:54.47)	1:18.04 (5:12.50)	
	1:17.82 (6:30.32)	1:18.82 (7:49.14)	1:17.62 (9:06.76)	1:17.66 (10:24.41)	
	1:17.76 (11:42.17)	1:16.23 (12:58.39)	1:16.63 (14:15.02)	1:17.35 (15:32.36)	
	1:16.40 (16:48.75)	1:17.76 (18:06.51)	1:16.50 (19:23.01)	1:17.65 (20:40.65)	
	1:18.14 (21:58.78)	1:17.87 (23:16.64)	1:19.22 (24:35.86)	1:19.62 (25:55.47)	
	1:19.27 (27:14.74)	1:20.57 (28:35.31)	1:20.34 (29:55.64)	1:19.98 (31:15.62)	
	1:14.71 (32:30.32)				
7	FLEAR, Thomas	FR	Widener	32:55.51	2
	1:25.33 (1:25.33)	1:15.05 (2:40.37)	1:15.44 (3:55.80)	1:17.89 (5:13.69)	
	1:18.07 (6:31.75)	1:18.85 (7:50.59)	1:18.61 (9:09.20)	1:18.18 (10:27.37)	
	1:16.34 (11:43.71)	1:16.94 (13:00.64)	1:17.97 (14:18.61)	1:18.42 (15:37.03)	
	1:19.05 (16:56.08)	1:18.58 (18:14.65)	1:19.13 (19:33.78)	1:18.70 (20:52.47)	
	1:20.12 (22:12.59)	1:20.02 (23:32.60)	1:22.40 (24:55.00)	1:22.20 (26:17.19)	
	1:22.31 (27:39.50)	1:21.36 (29:00.85)	1:21.75 (30:22.60)	1:20.88 (31:43.47)	
	1:12.05 (32:55.51)				
8	HALVORSEN, Matthew	FR	Stevens	32:58.39	1
	1:23.68 (1:23.68)	1:15.89 (2:39.56)	1:16.55 (3:56.10)	1:18.01 (5:14.11)	
	1:17.49 (6:31.60)	1:18.26 (7:49.86)	1:18.46 (9:08.31)	1:18.30 (10:26.60)	
	1:17.40 (11:44.00)	1:18.53 (13:02.52)	1:19.20 (14:21.72)	1:19.35 (15:41.06)	
	1:19.50 (17:00.56)	1:20.18 (18:20.73)	1:19.90 (19:40.62)	1:21.00 (21:01.62)	
	1:20.14 (22:21.75)	1:20.95 (23:42.69)	1:20.30 (25:02.99)	1:21.36 (26:24.34)	
	1:20.43 (27:44.77)	1:20.56 (29:05.33)	1:20.72 (30:26.04)	1:20.46 (31:46.50)	
	1:11.90 (32:58.39)				
9	WACKER, Matthew	JR	Alvernia	33:03.75	
	1:22.61 (1:22.61)	1:15.76 (2:38.37)	1:17.16 (3:55.53)	1:17.88 (5:13.40)	
	1:18.12 (6:31.52)	1:18.63 (7:50.15)	1:18.69 (9:08.84)	1:18.91 (10:27.74)	
	1:16.56 (11:44.30)	1:18.88 (13:03.17)	1:19.23 (14:22.40)	1:19.88 (15:42.28)	
	1:19.27 (17:01.55)	1:20.42 (18:21.97)	1:20.15 (19:42.11)	1:20.84 (21:02.94)	
	1:21.62 (22:24.55)	1:20.24 (23:44.79)	1:21.71 (25:06.49)	1:21.44 (26:27.93)	
	1:21.20 (27:49.12)	1:21.00 (29:10.12)	1:21.05 (30:31.16)	1:20.11 (31:51.27)	
	1:12.48 (33:03.75)				
10	HENRIKSEN, Brandon	SO	York (Pa.)	33:10.71	
	1:24.57 (1:24.57)	1:17.57 (2:42.14)	1:20.90 (4:03.03)	1:18.40 (5:21.43)	
	1:20.14 (6:41.56)	1:20.06 (8:01.62)	1:20.21 (9:21.82)	1:18.37 (10:40.18)	
	1:19.91 (12:00.08)	1:20.48 (13:20.56)	1:20.50 (14:41.05)	1:20.35 (16:01.40)	
	1:20.31 (17:21.70)	1:20.27 (18:41.97)	1:18.52 (20:00.49)	1:19.37 (21:19.86)	
	1:19.28 (22:39.14)	1:19.46 (23:58.59)	1:18.40 (25:16.99)	1:18.22 (26:35.20)	
	1:20.17 (27:55.37)	1:20.26 (29:15.63)	1:19.91 (30:35.54)	1:18.01 (31:53.54)	
	1:17.17 (33:10.71)				
11	CONCANNON, Liam	SO	Stevens	33:18.77	

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RESULTS**#4 Men's 10000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Pts
	1:22.35 (1:22.35)		1:16.79 (2:39.13)	1:17.22 (3:56.34)	1:18.01 (5:14.35)
	1:18.00 (6:32.34)		1:18.48 (7:50.81)	1:18.67 (9:09.48)	1:18.45 (10:27.92)
	1:17.13 (11:45.05)		1:19.15 (13:04.19)	1:20.02 (14:24.21)	1:20.86 (15:45.06)
	1:19.07 (17:04.13)		1:20.71 (18:24.83)	1:21.78 (19:46.61)	1:22.01 (21:08.61)
	1:22.22 (22:30.82)		1:23.00 (23:53.82)	1:23.38 (25:17.19)	1:21.65 (26:38.84)
	1:22.41 (28:01.25)		1:23.58 (29:24.83)	1:21.83 (30:46.65)	1:18.51 (32:05.16)
	1:13.62 (33:18.77)				
12	MANIDIS, Nick		SO DeSales	33:26.24	
	1:22.32 (1:22.32)		1:16.94 (2:39.25)	1:18.57 (3:57.82)	1:19.36 (5:17.18)
	1:19.47 (6:36.64)		1:17.68 (7:54.32)	1:18.71 (9:13.02)	1:21.57 (10:34.59)
	1:20.13 (11:54.72)		1:20.26 (13:14.97)	1:21.53 (14:36.50)	1:20.59 (15:57.08)
	1:21.63 (17:18.71)		1:21.72 (18:40.42)	1:21.34 (20:01.76)	1:20.22 (21:21.98)
	1:22.36 (22:44.33)		1:21.99 (24:06.32)	1:21.30 (25:27.61)	1:21.00 (26:48.60)
	1:22.48 (28:11.08)		1:21.56 (29:32.63)	1:20.20 (30:52.83)	1:21.61 (32:14.43)
	1:11.81 (33:26.24)				
13	CAROLAN, Patrick		JR Widener	33:28.52	
	1:25.09 (1:25.09)		1:14.89 (2:39.98)	1:15.51 (3:55.49)	1:17.73 (5:13.21)
	1:18.22 (6:31.43)		1:18.88 (7:50.30)	1:18.46 (9:08.75)	1:18.34 (10:27.09)
	1:16.24 (11:43.32)		1:16.62 (12:59.93)	1:17.45 (14:17.38)	1:17.98 (15:35.36)
	1:18.98 (16:54.34)		1:20.73 (18:15.07)	1:20.45 (19:35.51)	1:21.90 (20:57.41)
	1:23.24 (22:20.64)		1:23.09 (23:43.73)	1:23.43 (25:07.16)	1:19.09 (26:26.24)
	1:21.64 (27:47.88)		1:23.64 (29:11.52)	1:23.94 (30:35.45)	1:25.84 (32:01.29)
	1:27.24 (33:28.52)				
14	BRUNO, Brian		JR DeSales	33:33.31	
	1:20.19 (1:20.19)		1:15.99 (2:36.17)	1:17.41 (3:53.57)	1:18.33 (5:11.90)
	1:18.12 (6:30.01)		1:18.85 (7:48.86)	1:18.93 (9:07.78)	1:18.02 (10:25.80)
	1:17.71 (11:43.50)		1:18.90 (13:02.39)	1:20.32 (14:22.71)	1:19.87 (15:42.58)
	1:21.91 (17:04.49)		1:21.40 (18:25.88)	1:21.24 (19:47.11)	1:21.26 (21:08.37)
	1:22.96 (22:31.32)		1:22.79 (23:54.11)	1:24.40 (25:18.50)	1:23.56 (26:42.06)
	1:23.47 (28:05.52)		1:22.27 (29:27.79)	1:25.27 (30:53.05)	1:23.14 (32:16.19)
	1:17.13 (33:33.31)				
15	COVERT, Isaac		SO Messiah	33:41.40	
	1:23.76 (1:23.76)		1:14.77 (2:38.53)	1:16.44 (3:54.97)	1:17.71 (5:12.67)
	1:18.31 (6:30.97)		1:18.77 (7:49.74)	1:18.54 (9:08.28)	1:18.21 (10:26.48)
	1:17.35 (11:43.82)		1:17.53 (13:01.34)	1:17.54 (14:18.88)	1:18.30 (15:37.18)
	1:19.20 (16:56.38)		1:19.60 (18:15.98)	1:22.23 (19:38.20)	1:23.15 (21:01.35)
	1:23.64 (22:24.98)		1:25.79 (23:50.77)	1:26.56 (25:17.32)	1:25.56 (26:42.88)
	1:27.91 (28:10.78)		1:27.24 (29:38.02)	1:25.95 (31:03.97)	1:23.26 (32:27.22)
	1:14.18 (33:41.40)				
16	SMITH, Sean		FR York (Pa.)	33:41.77	

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RESULTS**#4 Men's 10000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Pts
	1:24.35 (1:24.35)	1:19.31 (2:43.66)	1:19.49 (4:03.14)	1:18.60 (5:21.74)	
	1:20.07 (6:41.80)	1:19.98 (8:01.78)	1:20.41 (9:22.18)	1:18.96 (10:41.14)	
	1:21.68 (12:02.81)	1:21.33 (13:24.14)	1:20.78 (14:44.92)	1:23.07 (16:07.98)	
	1:20.73 (17:28.71)	1:19.76 (18:48.46)	1:20.90 (20:09.35)	1:21.48 (21:30.83)	
	1:22.96 (22:53.78)	1:22.77 (24:16.55)	1:22.60 (25:39.15)	1:22.61 (27:01.76)	
	1:20.88 (28:22.64)	1:21.88 (29:44.52)	1:22.24 (31:06.76)	1:21.16 (32:27.91)	
	1:13.86 (33:41.77)				
17	SOLLY, Billy		JR DeSales	33:47.70	
	1:20.40 (1:20.40)	1:17.84 (2:38.23)	1:18.05 (3:56.28)	1:18.44 (5:14.71)	
	1:18.90 (6:33.61)	1:20.07 (7:53.67)	1:20.56 (9:14.23)	1:21.21 (10:35.43)	
	1:21.50 (11:56.93)	1:22.11 (13:19.04)	1:22.10 (14:41.14)	1:22.35 (16:03.48)	
	1:21.63 (17:25.11)	1:21.92 (18:47.02)	1:22.61 (20:09.63)	1:22.29 (21:31.91)	
	1:23.02 (22:54.93)	1:22.90 (24:17.83)	1:22.87 (25:40.69)	1:22.91 (27:03.60)	
	1:21.96 (28:25.56)	1:21.51 (29:47.07)	1:22.67 (31:09.74)	1:20.67 (32:30.40)	
	1:17.31 (33:47.70)				
18	GRIFFIN, Tim		FR Stevens	34:10.98	
	1:23.43 (1:23.43)	1:20.71 (2:44.13)	1:21.71 (4:05.84)	1:22.75 (5:28.59)	
	1:24.23 (6:52.81)	1:24.58 (8:17.38)	1:25.12 (9:42.50)	1:25.66 (11:08.15)	
	1:23.99 (12:32.13)	1:25.58 (13:57.71)	1:24.89 (15:22.59)	1:24.20 (16:46.79)	
	1:23.93 (18:10.71)	1:23.87 (19:34.58)	1:22.21 (20:56.78)	1:22.02 (22:18.79)	
	1:23.01 (23:41.80)	1:20.35 (25:02.15)	1:20.49 (26:22.63)	1:19.70 (27:42.32)	
	1:19.37 (29:01.69)	1:20.36 (30:22.05)	1:19.48 (31:41.52)	1:17.94 (32:59.46)	
	1:11.53 (34:10.98)				
19	SCHINDLER, Hayden		SO Stevenson	34:20.60	
	1:21.25 (1:21.25)	1:17.40 (2:38.64)	1:17.15 (3:55.79)	1:18.27 (5:14.05)	
	1:17.96 (6:32.01)	1:18.79 (7:50.79)	1:18.58 (9:09.37)	1:20.03 (10:29.39)	
	1:22.22 (11:51.61)	1:22.04 (13:13.65)	1:23.31 (14:36.96)	1:22.20 (15:59.15)	
	1:24.73 (17:23.87)	1:22.52 (18:46.39)	1:24.19 (20:10.58)	1:24.31 (21:34.89)	
	1:26.24 (23:01.12)	1:25.50 (24:26.62)	1:26.16 (25:52.77)	1:27.55 (27:20.31)	
	1:27.54 (28:47.84)	1:26.36 (30:14.20)	1:29.09 (31:43.28)	1:25.31 (33:08.59)	
	1:12.01 (34:20.60)				
20	HIGGS, Matt		SO Messiah	34:21.14	
	1:22.67 (1:22.67)	1:16.79 (2:39.46)	1:17.22 (3:56.67)	1:18.34 (5:15.00)	
	1:17.72 (6:32.71)	1:19.06 (7:51.77)	1:20.27 (9:12.04)	1:22.85 (10:34.88)	
	1:21.38 (11:56.26)	1:22.64 (13:18.90)	1:23.42 (14:42.32)	1:23.66 (16:05.98)	
	1:24.56 (17:30.53)	1:25.03 (18:55.56)	1:25.78 (20:21.34)	1:23.91 (21:45.24)	
	1:25.49 (23:10.73)	1:26.42 (24:37.14)	1:26.06 (26:03.20)	1:24.97 (27:28.16)	
	1:26.75 (28:54.91)	1:26.61 (30:21.52)	1:26.73 (31:48.25)	1:25.42 (33:13.66)	
	1:07.49 (34:21.14)				
21	WYRICK, Jonathan		FR Messiah	34:25.93	

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RESULTS**#4 Men's 10000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Pts
	1:24.86 (1:24.86)	1:21.40 (2:46.26)	1:23.06 (4:09.31)	1:24.55 (5:33.86)	
	1:25.00 (6:58.85)	1:24.25 (8:23.10)	1:25.05 (9:48.15)	1:23.05 (11:11.19)	
	1:22.72 (12:33.91)	1:23.42 (13:57.32)	1:23.22 (15:20.54)	1:21.75 (16:42.29)	
	1:21.71 (18:03.99)	1:22.20 (19:26.19)	1:22.27 (20:48.45)	1:22.52 (22:10.96)	
	1:21.94 (23:32.90)	1:22.16 (24:55.05)	1:22.38 (26:17.43)	1:22.27 (27:39.70)	
	1:21.88 (29:01.57)	1:22.48 (30:24.05)	1:22.18 (31:46.23)	1:21.96 (33:08.18)	
	1:17.75 (34:25.93)				
22	KAUFFMAN, Lance		FR Messiah	34:36.76	
	1:23.25 (1:23.25)	1:20.35 (2:43.60)	1:23.61 (4:07.21)	1:25.97 (5:33.18)	
	1:24.07 (6:57.24)	1:24.42 (8:21.65)	1:24.63 (9:46.28)	1:23.47 (11:09.75)	
	1:23.92 (12:33.66)	1:24.50 (13:58.15)	1:22.77 (15:20.92)	1:24.59 (16:45.51)	
	1:21.26 (18:06.77)	1:23.29 (19:30.06)	1:25.32 (20:55.37)	1:22.83 (22:18.19)	
	1:22.98 (23:41.17)	1:24.56 (25:05.72)	1:25.37 (26:31.08)	1:24.11 (27:55.19)	
	1:25.00 (29:20.19)	1:23.13 (30:43.32)	1:24.86 (32:08.18)	1:16.15 (33:24.32)	
	1:12.44 (34:36.76)				
23	SHARO, Daniel		SR DeSales	34:39.45	
	1:24.81 (1:24.81)	1:18.55 (2:43.36)	1:18.52 (4:01.88)	1:19.59 (5:21.46)	
	1:19.90 (6:41.35)	1:20.28 (8:01.63)	1:20.44 (9:22.07)	1:21.14 (10:43.21)	
	1:24.57 (12:07.77)	1:26.13 (13:33.90)	1:26.05 (14:59.94)	1:27.23 (16:27.17)	
	1:26.32 (17:53.48)	1:26.40 (19:19.88)	1:24.49 (20:44.36)	1:25.75 (22:10.11)	
	1:25.56 (23:35.66)	1:26.20 (25:01.86)	1:25.21 (26:27.07)	1:23.63 (27:50.70)	
	1:23.14 (29:13.84)	1:23.09 (30:36.92)	1:23.69 (32:00.61)	1:23.79 (33:24.39)	
	1:15.06 (34:39.45)				
24	BREWSTER, Mason		FR Stevens	34:40.88	
	1:24.63 (1:24.63)	1:19.73 (2:44.36)	1:21.77 (4:06.12)	1:22.73 (5:28.85)	
	1:24.26 (6:53.11)	1:24.86 (8:17.96)	1:24.97 (9:42.93)	1:25.78 (11:08.70)	
	1:23.76 (12:32.46)	1:25.36 (13:57.81)	1:25.05 (15:22.86)	1:24.28 (16:47.13)	
	1:23.86 (18:10.99)	1:23.88 (19:34.86)	1:22.25 (20:57.10)	1:22.11 (22:19.21)	
	1:23.10 (23:42.31)	1:24.58 (25:06.88)	1:24.59 (26:31.47)	1:24.77 (27:56.23)	
	1:24.33 (29:20.56)	1:23.81 (30:44.36)	1:23.05 (32:07.41)	1:20.39 (33:27.79)	
	1:13.09 (34:40.88)				
25	PORCO, Jake		FR Stevens	34:44.34	
	1:24.05 (1:24.05)	1:18.80 (2:42.85)	1:20.53 (4:03.37)	1:20.29 (5:23.65)	
	1:21.58 (6:45.23)	1:22.45 (8:07.67)	1:23.97 (9:31.64)	1:23.95 (10:55.59)	
	1:23.97 (12:19.56)	1:24.09 (13:43.65)	1:23.56 (15:07.20)	1:23.25 (16:30.44)	
	1:22.83 (17:53.27)	1:23.80 (19:17.06)	1:25.20 (20:42.26)	1:24.04 (22:06.29)	
	1:25.62 (23:31.90)	1:24.78 (24:56.68)	1:24.68 (26:21.36)	1:23.73 (27:45.08)	
	1:24.37 (29:09.45)	1:25.21 (30:34.66)	1:25.07 (31:59.73)	1:25.18 (33:24.91)	
	1:19.44 (34:44.34)				
26	LYNAM, Domhnall		FR DeSales	34:50.31	

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RESULTS**#4 Men's 10000 Meters (cont'd)**

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	1:24.39 (1:24.39)		1:16.76 (2:41.14)	1:22.49 (4:03.62)	1:21.09 (5:24.71)
	1:21.41 (6:46.12)		1:23.38 (8:09.50)	1:23.53 (9:33.02)	1:24.98 (10:58.00)
	1:25.10 (12:23.10)		1:21.21 (13:44.31)	1:23.19 (15:07.49)	1:23.28 (16:30.76)
	1:22.98 (17:53.74)		1:23.56 (19:17.29)	1:25.27 (20:42.56)	1:24.38 (22:06.93)
	1:25.07 (23:32.00)		1:24.92 (24:56.91)	1:26.21 (26:23.11)	1:25.88 (27:48.99)
	1:25.18 (29:14.16)		1:22.98 (30:37.13)	1:24.12 (32:01.25)	1:24.84 (33:26.08)
	1:24.23 (34:50.31)				
27	ORLANDO, Frank		FR Stevens	34:50.98	
	1:25.08 (1:25.08)		1:22.05 (2:47.13)	1:24.02 (4:11.14)	1:23.87 (5:35.01)
	1:24.87 (6:59.87)		1:24.29 (8:24.16)	1:24.65 (9:48.81)	1:24.21 (11:13.02)
	1:24.46 (12:37.48)		1:25.42 (14:02.89)	1:24.52 (15:27.41)	1:24.68 (16:52.09)
	1:24.71 (18:16.79)		1:25.60 (19:42.38)	1:23.72 (21:06.10)	1:22.65 (22:28.75)
	1:22.45 (23:51.20)		1:22.81 (25:14.00)	1:24.00 (26:38.00)	1:24.15 (28:02.15)
	1:24.84 (29:26.99)		1:25.27 (30:52.25)	1:24.28 (32:16.52)	1:22.00 (33:38.52)
	1:12.46 (34:50.98)				
28	HAYNES, Tanner		JR Lebanon Valley	34:56.73	
	1:23.24 (1:23.24)		1:16.85 (2:40.09)	1:19.67 (3:59.75)	1:20.43 (5:20.18)
	1:21.12 (6:41.30)		1:20.12 (8:01.41)	1:20.52 (9:21.92)	1:21.95 (10:43.86)
	1:23.22 (12:07.08)		1:23.80 (13:30.88)	1:25.14 (14:56.01)	1:25.59 (16:21.60)
	1:25.28 (17:46.88)		1:27.54 (19:14.41)	1:25.69 (20:40.10)	1:26.50 (22:06.60)
	1:24.89 (23:31.48)		1:24.95 (24:56.42)	1:25.45 (26:21.87)	1:27.08 (27:48.94)
	1:25.95 (29:14.88)		1:25.66 (30:40.53)	1:26.63 (32:07.16)	1:26.61 (33:33.77)
	1:22.97 (34:56.73)				
29	SHOUL, Tim		FR Widener	35:10.66	
	1:25.36 (1:25.36)		1:15.29 (2:40.64)	1:15.39 (3:56.02)	1:17.96 (5:13.98)
	1:18.13 (6:32.11)		1:19.37 (7:51.47)	1:20.12 (9:11.58)	1:22.66 (10:34.24)
	1:22.59 (11:56.83)		1:23.87 (13:20.70)	1:25.13 (14:45.82)	1:26.04 (16:11.86)
	1:26.24 (17:38.10)		1:27.23 (19:05.33)	1:27.46 (20:32.79)	1:27.22 (22:00.00)
	1:27.73 (23:27.73)		1:29.28 (24:57.01)	1:29.16 (26:26.16)	1:27.54 (27:53.70)
	1:27.23 (29:20.93)		1:28.11 (30:49.04)	1:28.64 (32:17.67)	1:27.61 (33:45.28)
	1:25.38 (35:10.66)				
30	SAHAKIAN, James		SO Messiah	35:12.03	
	1:24.79 (1:24.79)		1:21.27 (2:46.05)	1:23.19 (4:09.24)	1:24.37 (5:33.60)
	1:25.39 (6:58.99)		1:24.97 (8:23.96)	1:25.32 (9:49.28)	1:23.36 (11:12.63)
	1:24.26 (12:36.89)		1:25.69 (14:02.57)	1:24.06 (15:26.63)	1:24.81 (16:51.43)
	1:24.80 (18:16.23)		1:24.84 (19:41.06)	1:26.00 (21:07.06)	1:25.74 (22:32.79)
	1:25.49 (23:58.27)		1:25.85 (25:24.12)	1:25.52 (26:49.63)	1:25.91 (28:15.53)
	1:24.96 (29:40.49)		1:25.91 (31:06.40)	1:24.27 (32:30.67)	1:23.40 (33:54.06)
	1:17.97 (35:12.03)				
31	CHYLACK, Matt		SO DeSales	35:27.20	

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RESULTS**#4 Men's 10000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Pts
	1:22.88 (1:22.88)		1:17.92 (2:40.80)	1:21.97 (4:02.76)	1:21.87 (5:24.63)
	1:21.40 (6:46.02)		1:23.19 (8:09.20)	1:23.73 (9:32.93)	1:24.80 (10:57.73)
	1:25.17 (12:22.90)		1:24.94 (13:47.84)	1:27.26 (15:15.09)	1:27.14 (16:42.22)
	1:27.83 (18:10.05)		1:27.26 (19:37.31)	1:28.50 (21:05.81)	1:27.37 (22:33.17)
	1:28.17 (24:01.34)		1:28.23 (25:29.56)	1:27.38 (26:56.94)	1:26.94 (28:23.87)
	1:26.34 (29:50.21)		1:26.01 (31:16.21)	1:26.37 (32:42.58)	1:25.87 (34:08.44)
	1:18.76 (35:27.20)				
32	SCHERMERHORN, Kyle		FR Alvernia	35:43.66	
	1:24.53 (1:24.53)		1:20.06 (2:44.59)	1:21.50 (4:06.08)	1:22.20 (5:28.28)
	1:24.37 (6:52.65)		1:24.37 (8:17.02)	1:25.38 (9:42.39)	1:26.03 (11:08.42)
	1:23.92 (12:32.34)		1:26.01 (13:58.35)	1:25.03 (15:23.38)	1:25.28 (16:48.66)
	1:24.76 (18:13.42)		1:26.03 (19:39.44)	1:26.14 (21:05.57)	1:27.99 (22:33.56)
	1:28.22 (24:01.77)		1:26.75 (25:28.51)	1:28.80 (26:57.31)	1:28.29 (28:25.60)
	1:29.07 (29:54.66)		1:29.59 (31:24.24)	1:29.42 (32:53.66)	1:27.43 (34:21.09)
	1:22.58 (35:43.66)				
33	SMITH, Xander		FR Messiah	36:04.90	
	1:25.13 (1:25.13)		1:21.19 (2:46.32)	1:23.34 (4:09.65)	1:24.91 (5:34.56)
	1:24.59 (6:59.14)		1:24.36 (8:23.49)	1:25.03 (9:48.52)	1:22.15 (11:10.67)
	1:23.77 (12:34.43)		1:24.26 (13:58.69)	1:23.50 (15:22.18)	1:24.17 (16:46.35)
	1:25.56 (18:11.91)		1:26.19 (19:38.10)	1:26.39 (21:04.48)	1:27.22 (22:31.69)
	1:29.42 (24:01.11)		1:30.67 (25:31.77)	1:31.38 (27:03.15)	1:31.79 (28:34.94)
	1:32.87 (30:07.80)		1:31.44 (31:39.24)	1:29.96 (33:09.19)	1:29.44 (34:38.63)
	1:26.27 (36:04.90)				
34	PLEBAN, Joe		SO Lebanon Valley	36:35.92	
	1:25.61 (1:25.61)		1:21.11 (2:46.71)	1:23.24 (4:09.95)	1:24.32 (5:34.26)
	1:24.90 (6:59.16)		1:23.18 (8:22.33)	1:25.15 (9:47.48)	1:25.61 (11:13.08)
	1:25.09 (12:38.17)		1:25.30 (14:03.47)	1:26.65 (15:30.11)	1:28.00 (16:58.11)
	1:27.30 (18:25.41)		1:29.23 (19:54.63)	1:30.24 (21:24.87)	1:31.90 (22:56.77)
	1:31.44 (24:28.21)		1:32.12 (26:00.33)	1:34.05 (27:34.37)	1:33.23 (29:07.60)
	1:30.86 (30:38.46)		1:32.66 (32:11.11)	1:31.42 (33:42.53)	1:30.57 (35:13.09)
	1:22.83 (36:35.92)				
35	AUGUSTINE, TJ		SR DeSales	36:46.23	
	1:25.51 (1:25.51)		1:20.22 (2:45.72)	1:23.23 (4:08.95)	1:25.01 (5:33.95)
	1:25.64 (6:59.59)		1:25.98 (8:25.56)	1:26.89 (9:52.44)	1:28.03 (11:20.47)
	1:28.94 (12:49.40)		1:27.04 (14:16.44)	1:30.97 (15:47.41)	1:30.15 (17:17.56)
	1:30.76 (18:48.31)		1:30.04 (20:18.34)	1:30.29 (21:48.63)	1:30.35 (23:18.97)
	1:31.42 (24:50.39)		1:30.23 (26:20.61)	1:30.24 (27:50.85)	1:30.63 (29:21.48)
	1:29.94 (30:51.42)		1:30.29 (32:21.70)	1:30.37 (33:52.06)	1:29.25 (35:21.31)
	1:24.92 (36:46.23)				
36	FARNSWORTH, Taylor		SR Stevenson	36:53.72	

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RESULTS

#4 Men's 10000 Meters (cont'd)

Pl	Name	Yr	Team	Time	Pts
	1:22.98 (1:22.98)		1:16.85 (2:39.82)	1:19.65 (3:59.47)	1:21.53 (5:20.99)
	1:22.72 (6:43.71)		1:24.50 (8:08.20)	1:25.39 (9:33.59)	1:25.81 (10:59.40)
	1:25.79 (12:25.19)		1:27.76 (13:52.94)	1:28.90 (15:21.83)	1:28.40 (16:50.23)
	1:28.83 (18:19.05)		1:28.98 (19:48.02)	1:30.86 (21:18.88)	1:34.68 (22:53.56)
	1:32.64 (24:26.19)		1:30.84 (25:57.02)	1:34.33 (27:31.35)	1:35.44 (29:06.78)
	1:34.05 (30:40.83)		1:34.81 (32:15.64)	1:34.57 (33:50.20)	1:34.72 (35:24.92)
	1:28.81 (36:53.72)				
37	SMYTH, Justin		JR York (Pa.)	37:03.81	
	1:24.29 (1:24.29)		1:19.97 (2:44.26)	1:22.13 (4:06.39)	1:22.17 (5:28.55)
	1:24.37 (6:52.91)		1:24.76 (8:17.67)	1:24.98 (9:42.64)	1:26.35 (11:08.99)
	1:26.23 (12:35.22)		1:27.52 (14:02.73)	1:28.95 (15:31.67)	1:28.00 (16:59.67)
	1:28.56 (18:28.23)		1:31.29 (19:59.51)	1:31.01 (21:30.51)	1:31.52 (23:02.02)
	1:32.16 (24:34.18)		1:33.46 (26:07.63)	1:33.13 (27:40.76)	1:34.42 (29:15.18)
	1:34.00 (30:49.17)		1:34.25 (32:23.42)	1:33.75 (33:57.17)	1:34.84 (35:32.00)
	1:31.81 (37:03.81)				
38	OWEN, Carter		SO Delaware Valley	37:23.27	
	1:25.93 (1:25.93)		1:21.31 (2:47.24)	1:22.94 (4:10.17)	1:23.83 (5:34.00)
	1:25.35 (6:59.35)		1:24.79 (8:24.13)	1:24.93 (9:49.06)	1:27.20 (11:16.25)
	1:30.42 (12:46.67)		1:30.71 (14:17.37)	1:32.23 (15:49.59)	1:29.61 (17:19.19)
	1:29.70 (18:48.89)		1:32.67 (20:21.56)	1:32.95 (21:54.51)	1:33.72 (23:28.22)
	1:34.67 (25:02.89)		1:34.53 (26:37.41)	1:34.74 (28:12.14)	1:35.13 (29:47.26)
	1:34.69 (31:21.95)		1:34.20 (32:56.15)	1:32.39 (34:28.54)	1:31.24 (35:59.77)
	1:23.51 (37:23.27)				

#5 Women's 3000m Steeple

R	MAC Outdoor	11:03.53	Kierra Zack	Eastern	5/3/2019
	MAC Outdoor	10:50.69	Gina Lucrezi	DeSales	2005
Pl	Name	Yr	Team	Time	Pts
1	BERNOTAS, Mary		JR Eastern	11:09.79	10
	47.65 (47.65)	1:25.49 (2:13.13)	1:29.34 (3:42.46)	1:28.79 (5:11.25)	1:30.65 (6:41.90)
	1:30.21 (9:42.97)	1:26.83 (11:09.79)			
2	COONEY, Emily		FR Widener	11:24.97	8
	48.98 (48.98)	1:28.96 (2:17.94)	1:32.73 (3:50.66)	1:33.65 (5:24.31)	1:33.73 (6:58.04)
	1:29.07 (9:58.66)	1:26.32 (11:24.97)			
3	WICK, Lauren		JR Lebanon Valley	11:33.37	6
	49.77 (49.77)	1:29.43 (2:19.20)	1:32.25 (3:51.44)	1:34.48 (5:25.91)	1:34.42 (7:00.32)
	1:31.68 (10:05.79)	1:27.58 (11:33.37)			
4	TOMKO, Zoe		FR King's (Pa.)	11:36.01	5
	47.63 (47.63)	1:27.65 (2:15.28)	1:33.13 (3:48.40)	1:34.45 (5:22.84)	1:34.86 (6:57.70)
	1:33.95 (10:06.88)	1:29.13 (11:36.01)			
5	WEAVER, Leanne		SR Messiah	12:05.59	4
	55.07 (55.07)	1:35.86 (2:30.92)	1:36.41 (4:07.33)	1:36.38 (5:43.71)	1:32.94 (7:16.64)
	1:38.81 (10:29.86)	1:35.73 (12:05.59)			
6	SCHUTTE, Ali		SO Messiah	12:09.30	3
	55.00 (55.00)	1:36.00 (2:30.99)	1:36.31 (4:07.30)	1:36.69 (5:43.98)	1:36.99 (7:20.96)
	1:38.66 (10:36.99)	1:32.31 (12:09.30)			

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RESULTS**#5 Women's 3000m Steeple (cont'd)**

Pl	Name	Yr	Team	Time	Pts	
7	SABO, Mikhayla		SR Stevenson	12:17.26	2	
	54.42 (54.42)	1:34.65 (2:29.06)	1:35.73 (4:04.79)	1:37.25 (5:42.04)	1:39.03 (7:21.06)	1:41.35 (9:02.41)
	1:38.72 (10:41.12)	1:36.15 (12:17.26)				
8	FRANZREB, Casey		SO Misericordia	12:19.04	1	
	52.28 (52.28)	1:31.39 (2:23.66)	1:35.93 (3:59.59)	1:38.49 (5:38.08)	1:40.37 (7:18.44)	1:42.73 (9:01.17)
	1:44.75 (10:45.91)	1:33.13 (12:19.04)				
9	JOHNSON, Julia		FR King's (Pa.)	12:26.96		
	51.46 (51.46)	1:33.62 (2:25.07)	1:39.15 (4:04.22)	1:40.61 (5:44.83)	1:41.88 (7:26.71)	1:39.73 (9:06.43)
	1:44.36 (10:50.79)	1:36.17 (12:26.96)				
10	ESTUS, Haley		FR DeSales	12:28.22		
	51.55 (51.55)	1:31.22 (2:22.77)	1:37.20 (3:59.96)	1:44.69 (5:44.65)	1:42.95 (7:27.59)	1:41.52 (9:09.11)
	1:42.97 (10:52.08)	1:36.15 (12:28.22)				
11	MAJCHER, Mikaela		FR King's (Pa.)	12:34.39		
	53.59 (53.59)	1:35.10 (2:28.69)	1:37.53 (4:06.22)	1:41.48 (5:47.69)	1:42.65 (7:30.34)	1:43.92 (9:14.26)
	1:42.30 (10:56.55)	1:37.84 (12:34.39)				
12	KAISER, Bre		SO York (Pa.)	12:38.97		
	54.51 (54.51)	1:34.01 (2:28.51)	1:37.27 (4:05.78)	1:38.58 (5:44.36)	1:42.12 (7:26.48)	1:45.25 (9:11.72)
	1:45.95 (10:57.67)	1:41.30 (12:38.97)				
13	PROTHERO, Katelyn		SO Messiah	12:45.07		
	57.00 (57.00)	1:39.06 (2:36.05)	1:39.94 (4:15.99)	1:40.62 (5:56.61)	1:41.97 (7:38.58)	1:41.67 (9:20.24)
	1:43.19 (11:03.43)	1:41.64 (12:45.07)				
14	SMITH, Georgia		SO Misericordia	12:51.76		
	52.68 (52.68)	1:34.71 (2:27.39)	1:39.15 (4:06.53)	1:44.09 (5:50.62)	1:47.03 (7:37.65)	1:45.90 (9:23.54)
	1:46.30 (11:09.84)	1:41.93 (12:51.76)				
15	O'BRIEN, Julia		FR York (Pa.)	13:00.46		
	57.98 (57.98)	1:42.00 (2:39.97)	1:40.40 (4:20.37)	1:42.49 (6:02.86)	1:44.01 (7:46.87)	1:46.89 (9:33.75)
	1:46.40 (11:20.14)	1:40.32 (13:00.46)				
16	STECKBECK, Hannah		FR Messiah	13:25.70		
	58.35 (58.35)	1:42.52 (2:40.87)	1:42.74 (4:23.60)	1:45.88 (6:09.48)	1:46.56 (7:56.04)	1:47.02 (9:43.05)
	1:48.53 (11:31.58)	1:54.12 (13:25.70)				
17	BATH, Sarah		FR Messiah	13:29.27		
	58.48 (58.48)	1:43.35 (2:41.83)	1:45.45 (4:27.28)	1:48.15 (6:15.43)	1:48.33 (8:03.75)	1:48.57 (9:52.31)
	1:49.43 (11:41.74)	1:47.54 (13:29.27)				
18	BROTHERTON, Jillian		FR Messiah	13:45.89		
	58.88 (58.88)	1:44.39 (2:43.27)	1:46.99 (4:30.26)	1:49.12 (6:19.38)	1:51.20 (8:10.57)	1:51.73 (10:02.30)
	1:53.19 (11:55.48)	1:50.41 (13:45.89)				
	ANDREWS, Danielle		JR York (Pa.)	DNS		

#6 Men's 3000m Steeple

R	MAC Outdoor	9:09.11	Jared Schatz	Messiah	5/1/2015
	MAC Outdoor	8:53.74	Benjamin Schott	Messiah	2019

Pl	Name	Yr	Team	Time	Pts	
1	GRIFFIN, Noah		JR Lebanon Valley	9:37.45	10	
	44.69 (44.69)	1:14.52 (1:59.21)	1:15.13 (3:14.33)	1:16.97 (4:31.29)	1:18.52 (5:49.81)	1:17.76 (7:07.57)
	1:16.34 (8:23.91)	1:13.54 (9:37.45)				
2	ROSELLI, Anthony		FR Alvernia	9:43.75	8	

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RESULTS**#6 Men's 3000m Steeple (cont'd)**

Pl	Name	Yr	Team	Time	Pts		
	44.77 (44.77)	1:14.58 (1:59.35)	1:15.21 (3:14.55)	1:17.02 (4:31.56)	1:18.75 (5:50.31)	1:19.85 (7:10.16)	
	1:19.43 (8:29.58)	1:14.17 (9:43.75)					
3	CUMMINGS, Joseph		JR DeSales	9:49.18	6		
	44.53 (44.53)	1:14.55 (1:59.08)	1:15.17 (3:14.24)	1:17.02 (4:31.26)	1:18.55 (5:49.80)	1:19.73 (7:09.53)	
	1:21.95 (8:31.48)	1:17.71 (9:49.18)					
4	MELAO, Ronnie		SO Stevens	9:56.07	5		
	46.01 (46.01)	1:16.97 (2:02.97)	1:19.76 (3:22.73)	1:20.21 (4:42.94)	1:20.68 (6:03.61)	1:20.71 (7:24.32)	
	1:18.73 (8:43.04)	1:13.03 (9:56.07)					
5	MCCARTHY, Josiah		SO Messiah	9:59.58	4		
	45.08 (45.08)	1:17.21 (2:02.29)	1:19.04 (3:21.33)	1:20.40 (4:41.73)	1:20.58 (6:02.30)	1:20.64 (7:22.94)	
	1:20.42 (8:43.36)	1:16.23 (9:59.58)					
6	VALDERRABANO, Isaac		SO York (Pa.)	10:04.14	3		
	46.43 (46.43)	1:18.24 (2:04.67)	1:18.77 (3:23.43)	1:20.82 (4:44.25)	1:20.77 (6:05.02)	1:21.44 (7:26.45)	
	1:21.50 (8:47.95)	1:16.20 (10:04.14)					
7	BUCKWALTER, Silas		SO Messiah	10:04.23	2		
	46.17 (46.17)	1:19.60 (2:05.76)	1:21.02 (3:26.78)	1:22.77 (4:49.55)	1:21.86 (6:11.41)	1:22.30 (7:33.70)	
	1:22.16 (8:55.86)	1:08.38 (10:04.23)					
8	CAMPAGNA, Jeffrey		SR Lebanon Valley	10:06.64	1		
	45.37 (45.37)	1:19.79 (2:05.15)	1:20.73 (3:25.88)	1:22.07 (4:47.94)	1:21.46 (6:09.40)	1:20.11 (7:29.51)	
	1:19.98 (8:49.49)	1:17.16 (10:06.64)					
9	BAUMAN, Josh		FR Messiah	10:11.57			
	46.45 (46.45)	1:19.51 (2:05.96)	1:21.65 (3:27.61)	1:22.42 (4:50.03)	1:23.15 (6:13.17)	1:22.83 (7:35.99)	
	1:22.10 (8:58.09)	1:13.48 (10:11.57)					
10	BURGENSON, Christopher		SR Hood	10:14.68			
	46.21 (46.21)	1:18.55 (2:04.75)	1:19.01 (3:23.75)	1:20.06 (4:43.81)	1:22.94 (6:06.75)	1:23.98 (7:30.72)	
	1:23.99 (8:54.71)	1:19.98 (10:14.68)					
11	NESCIO, Joseph		FR Widener	10:15.42			
	45.69 (45.69)	1:17.62 (2:03.30)	1:19.80 (3:23.10)	1:22.74 (4:45.84)	1:22.29 (6:08.13)	1:23.79 (7:31.91)	
	1:23.92 (8:55.82)	1:19.61 (10:15.42)					
12	ALANSKY, Drew		SR York (Pa.)	10:17.67			
	45.51 (45.51)	1:18.93 (2:04.44)	1:20.65 (3:25.08)	1:22.22 (4:47.30)	1:23.21 (6:10.50)	1:23.64 (7:34.14)	
	1:22.39 (8:56.52)	1:21.15 (10:17.67)					
13	PAUSTIAN, Michael		SR DeSales	10:27.18			
	45.15 (45.15)	1:18.82 (2:03.96)	1:20.37 (3:24.33)	1:22.22 (4:46.55)	1:23.15 (6:09.69)	1:25.13 (7:34.82)	
	1:26.01 (9:00.83)	1:26.35 (10:27.18)					
14	WYRICK, Jonathan		FR Messiah	10:31.14			
	46.35 (46.35)	1:22.19 (2:08.53)	1:24.08 (3:32.61)	1:24.13 (4:56.73)	1:24.00 (6:20.73)	1:23.79 (7:44.52)	
	1:25.06 (9:09.57)	1:21.58 (10:31.14)					
15	CONNELL, Tim		SO DeSales	10:42.99			
	44.84 (44.84)	1:19.65 (2:04.49)	1:22.67 (3:27.15)	1:25.56 (4:52.70)	1:26.96 (6:19.66)	1:28.85 (7:48.51)	
	1:30.35 (9:18.86)	1:24.14 (10:42.99)					
16	TRUEX, Ray		FR Messiah	10:44.38			
	45.95 (45.95)	1:20.99 (2:06.94)	1:24.50 (3:31.43)	1:25.14 (4:56.57)	1:26.25 (6:22.81)	1:28.80 (7:51.61)	
	1:28.69 (9:20.30)	1:24.08 (10:44.38)					
17	HUNT, Tyler		FR York (Pa.)	10:44.71			

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printed: 5/7/2022 5:56 PM**RESULTS****#6 Men's 3000m Steeple (cont'd)**

Pl	Name	Yr	Team	Time	Pts	
	47.42 (47.42)	1:22.12 (2:09.54)	1:24.40 (3:33.93)	1:25.59 (4:59.52)	1:26.52 (6:26.04)	1:27.37 (7:53.40)
	1:28.17 (9:21.57)	1:23.15 (10:44.71)				
18	HAZEN, Jackson		FR Messiah	10:55.13		
	47.24 (47.24)	1:23.22 (2:10.46)	1:27.28 (3:37.73)	1:28.70 (5:06.43)	1:29.74 (6:36.16)	1:29.66 (8:05.82)
	1:28.85 (9:34.66)	1:20.47 (10:55.13)				

#7 Women's 4 x 100m Relay

R	MAC Outdoor	47.89	K Fitti-Hafer, A Farrell, I Antensteiner, J	Lebanon Vall	5/5/2012
	MAC Outdoor	47.89	K. Fitti-Hafer, A. Farrell, I. Antensteiner,	Lebanon Valley	2012

Finals

Pl	Team	Time	Pts
1	Alvernia (A) 1) SCHWARZ, Elisabeth FR 2) HERZOG, Olivia SO 3) YARBRAV, Micah FR 4) FELIX, Shinelle FR	49.02	10
2	DeSales (A) 1) CRAIG, Olivia SR 2) RADCLIFFE, Abigail FR 3) DARRELL, Kiantay SO 4) DORSHEIMER, Natalie FR	49.65	8
3	Messiah (A) 1) MILLER, Claire FR 2) GRAYBILL, Emma FR 3) JENNETT, Halle FR 4) LONGSHAW, Ellie SO	50.09	6
4	Misericordia (A) 1) BADILLO, Sonialys SO 2) MIHALKO, Natasha FR 3) HACKENBERG, Amber SO 4) WAGNER, Sarah FR	50.40	5
5	Lebanon Valley (A) 1) MCCURDY, Hannah SO 2) GOOD, Laura FR 3) PEIFFER, Alyssa FR 4) BERKHEIMER, Darrian FR	50.68	4
6	Widener (A) 1) MUZZARELLI, Maria FR 2) FORD, Tara JR 3) WRIGHT, Mikaela FR 4) PEYTON, Danielle JR	50.87	3
7	Stevens (A) 1) WILLIAMS, Kristen SO 2) CANCIANI, Allie SO 3) MATHEWS, Laura SO 4) DELLO RUSSO, Gina SR	51.58	2
8	King's (Pa.) (A) 1) BRADY, Juliet FR 2) BROGA, Angelina FR 3) CONFORTI, Gabriella FR 4) SPRINGER, Abigail FR	51.60	1

Prelims

Pl	Team	Time	H(Pl)
1	Alvernia (A) 1) SCHWARZ, Elisabeth FR 2) HERZOG, Olivia SO 3) YARBRAV, Micah FR 4) FELIX, Shinelle FR	49.44q	1(1)

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RESULTS**#7 Women's 4 x 100m Relay (cont'd)****Prelims**

Pl	Team		Time	H(Pl)
2	Stevens (A)		49.64q	1(2)
	1) WILLIAMS, Kristen SO	2) CANCIANI, Allie SO		
	3) MATHEWS, Laura SO	4) DELLO RUSSO, Gina SR		
3	Messiah (A)		50.04q	1(3)
	1) MILLER, Claire FR	2) GRAYBILL, Emma FR		
	3) JENNETT, Halle FR	4) LONGSHAW, Ellie SO		
4	DeSales (A)		50.20q	2(1)
	1) CRAIG, Olivia SR	2) RADCLIFFE, Abigail FR		
	3) DARRELL, Kiiantay SO	4) DORSHEIMER, Natalie FR		
5	Lebanon Valley (A)		50.28q	2(2)
	1) MCCURDY, Hannah SO	2) GOOD, Laura FR		
	3) PEIFFER, Alyssa FR	4) BERKHEIMER, Darrian FR		
6	Misericordia (A)		50.29q	2(3)
	1) BADILLO, Sonialys SO	2) MIHALKO, Natasha FR		
	3) HACKENBERG, Amber SO	4) WAGNER, Sarah FR		
7	King's (Pa.) (A)		51.06q	1(4)
	1) BRADY, Juliet FR	2) BROGA, Angelina FR		
	3) CONFORTI, Gabriella FR	4) SPRINGER, Abigail FR		
8	Widener (A)		51.42q	2(4)
	1) MUZZARELLI, Maria FR	2) FORD, Tara JR		
	3) WRIGHT, Mikaela FR	4) PEYTON, Danielle JR		
9	Stevenson (A)		51.85	2(5)
	1) MACK, Kiana JR	2) WILSON, Kyla SO		
	3) WILSON, Jasmine SO	4) DAY, Skylia FR		
10	Eastern (A)		52.09	1(5)
	1) JEFFERSON, Kayla FR	2) ULAKY, Brianna JR		
	3) HODGES, Shani FR	4) PETERS, Samantha FR		
11	Albright (A)		53.11	2(6)
	1) HOLDER, Rehanna SR	2) WOHLFARTH, Alyssa FR		
	3) CHARLES, Taisha SO	4) GINGRICH, Laurel SO		
12	York (Pa.) (A)		54.76	1(6)
	1) WAGNER, Jordan JR	2) BRIA, Kristin JR		
	3) BANKERT, Isabella FR	4) MANN, Payton FR		
	Arcadia (A)		DNF	2
	1) ILIESCU, Roxy JR	2) MASONHEIMER, Paige FR		
	3) KOWALSKI, Isabella FR	4) LETERSKY, Caeley FR		

HEAT RESULTS**Prelims**

Pl	Team	Time
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Heat 1 of 2

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RESULTS**#7 Women's 4 x 100m Relay (cont'd)****Prelims**

Pl	Team	Time
1	Alvernia (A)	49.44q
	1) SCHWARZ, Elisabeth FR	2) HERZOG, Olivia SO
	3) YARBRAV, Micah FR	4) FELIX, Shinelle FR
2	Stevens (A)	49.64q
	1) WILLIAMS, Kristen SO	2) CANCIANI, Allie SO
	3) MATHEWS, Laura SO	4) DELLO RUSSO, Gina SR
3	Messiah (A)	50.04q
	1) MILLER, Claire FR	2) GRAYBILL, Emma FR
	3) JENNETT, Halle FR	4) LONGSHAW, Ellie SO
4	King's (Pa.) (A)	51.06q
	1) BRADY, Juliet FR	2) BROGA, Angelina FR
	3) CONFORTI, Gabriella FR	4) SPRINGER, Abigail FR
5	Eastern (A)	52.09
	1) JEFFERSON, Kayla FR	2) ULAKY, Brianna JR
	3) HODGES, Shani FR	4) PETERS, Samantha FR
6	York (Pa.) (A)	54.76
	1) WAGNER, Jordan JR	2) BRIA, Kristin JR
	3) BANKERT, Isabella FR	4) MANN, Payton FR

Heat 2 of 2

1	DeSales (A)	50.20q
	1) CRAIG, Olivia SR	2) RADCLIFFE, Abigail FR
	3) DARRELL, Kiiantay SO	4) DORSHEIMER, Natalie FR
2	Lebanon Valley (A)	50.28q
	1) MCCURDY, Hannah SO	2) GOOD, Laura FR
	3) PEIFFER, Alyssa FR	4) BERKHEIMER, Darrian FR
3	Misericordia (A)	50.29q
	1) BADILLO, Sonialys SO	2) MIHALKO, Natasha FR
	3) HACKENBERG, Amber SO	4) WAGNER, Sarah FR
4	Widener (A)	51.42q
	1) MUZZARELLI, Maria FR	2) FORD, Tara JR
	3) WRIGHT, Mikaela FR	4) PEYTON, Danielle JR
5	Stevenson (A)	51.85
	1) MACK, Kiana JR	2) WILSON, Kyla SO
	3) WILSON, Jasmine SO	4) DAY, Skyliya FR
6	Albright (A)	53.11
	1) HOLDER, Rehanna SR	2) WOHLFARTH, Alyssa FR
	3) CHARLES, Taisha SO	4) GINGRICH, Laurel SO
	Arcadia (A)	DNF
	1) ILIESCU, Roxy JR	2) MASONHEIMER, Paige FR
	3) KOWALSKI, Isabella FR	4) LETERSKY, Caeley FR

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RESULTS**#8 Men's 4 x 100m Relay**

R	MAC Outdoor	41.50	M Cheatham, K Belser, M Hayward, D Stevenson	5/4/2019
	MAC Outdoor	41.29	R. Hodge, G. Foster, W. Carter, G. Ivery Widener	1975

Finals

PI	Team	Time	Pts
1	Lebanon Valley (A)	42.96	10
	1) GRAUER, Logan JR	2) LINDER, Owen FR	
	3) MURTHA, Daniel FR	4) BUHR, Owen JR	
2	Widener (A)	43.22	8
	1) JOHN, Michael JR	2) ODEY, Omaji JR	
	3) SAYEH, Salekri SO	4) KNOWLES, Samuel FR	
3	Stevenson (A)	43.41	6
	1) SNIPES, Dominic SO	2) SUMMERS, Cameron JR	
	3) RACCIOPPI, Jai SO	4) WILLIAMS, Jeremiah JR	
4	DeSales (A)	43.76	5
	1) BERNER, Logan SO	2) DUNBAR, Kyle SO	
	3) WILSON, Vajon SO	4) RUTLEDGE, Ason JR	
5	Stevens (A)	44.08	4
	1) RODRIGUEZ, Chris SO	2) BINDRA, Rai FR	
	3) HOANG, Steven FR	4) SAMAVENKATA, Uday JR	
6	Delaware Valley (A)	44.61	3
	1) MASON, Dontae FR	2) O'DUNLAMI, Matt FR	
	3) ST HILAIRE, Jonathan JR	4) COLEMAN, Adam FR	
7	Arcadia (A)	44.99	2
	1) PINES ELLIOTT, Masai FR	2) O'NEILL, Ryan SR	
	3) SOTO, Justin SO	4) SAMS, Myles SO	
8	Alvernia (A)	45.90	1
	1) SHORT, Jack FR	2) CHUMAS, Aidan FR	
	3) KAZOKAS, Kevin FR	4) LOEHR, Adam SO	

Prelims

PI	Team	Time	H(PI)
1	Lebanon Valley (A)	42.92q	2(1)
	1) GRAUER, Logan JR	2) LINDER, Owen FR	
	3) MURTHA, Daniel FR	4) BUHR, Owen JR	
2	Widener (A)	43.06q	1(1)
	1) JOHN, Michael JR	2) ODEY, Omaji JR	
	3) SAYEH, Salekri SO	4) KNOWLES, Samuel FR	
3	Stevenson (A)	43.33q	2(2)
	1) SNIPES, Dominic SO	2) SUMMERS, Cameron JR	
	3) RACCIOPPI, Jai SO	4) WILLIAMS, Jeremiah JR	
4	DeSales (A)	43.74q	2(3)
	1) BERNER, Logan SO	2) DUNBAR, Kyle SO	
	3) WILSON, Vajon SO	4) PHOENIX, Xavier JR	

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RESULTS**#8 Men's 4 x 100m Relay (cont'd)****Prelims**

PI Team	Time	H(PI)
5 Delaware Valley (A)	43.88q	2(4)
1) MASON, Dontae FR		
2) O'DUNLAMI, Matt FR		
3) ST HILAIRE, Jonathan JR		
4) COLEMAN, Adam FR		
6 Stevens (A)	44.14q	2(5)
1) RODRIGUEZ, Chris SO		
2) BINDRA, Rai FR		
3) HOANG, Steven FR		
4) SAMAVENKATA, Uday JR		
7 Alvernia (A)	45.10q	1(2)
1) SHORT, Jack FR		
2) CHUMAS, Aidan FR		
3) KAZOKAS, Kevin FR		
4) LOEHR, Adam SO		
8 Arcadia (A)	45.27q	2(6)
1) PINES ELLIOTT, Masai FR		
2) O'NEILL, Ryan SR		
3) SOTO, Justin SO		
4) SAMS, Myles SO		
9 Eastern (A)	45.80	1(3)
1) KOEHLER, Chandler SO		
2) WILLIAMS, DaNeal SO		
3) DANGLADE, Taylor JR		
4) TAYLOR, Andre FR		
10 York (Pa.) (A)	45.99	1(4)
1) HARDISON, Quincy SO		
2) HERR, Derek SO		
3) CARRIGAN, Peter JR		
4) HIGGINS, Ian FR		
11 King's (Pa.) (A)	46.01	2(7)
1) SOLANO, Alex FR		
2) SABO, Andrew FR		
3) FOSTER, Connor FR		
4) AVERY, Brendan FR		
Messiah (A)	DNF	1
1) HEISEY, Derek FR		
2) HORST, Joshua FR		
3) WILKINSON, Aedan FR		
4) PROVAN, Brendan SO		
Albright (A)	DNF	1
1) SERRANO, Alijah FR		
2) WASHINGTON, Tyler FR		
3) COMPTON, Makir SO		
4) SESAY, Omar JR		

HEAT RESULTS**Prelims**

PI Team	Time
Heat 1 of 2	
1 Widener (A)	43.06q
1) JOHN, Michael JR	
2) ODEY, Omaji JR	
3) SAYEH, Salekri SO	
4) KNOWLES, Samuel FR	
2 Alvernia (A)	45.10q
1) SHORT, Jack FR	
2) CHUMAS, Aidan FR	
3) KAZOKAS, Kevin FR	
4) LOEHR, Adam SO	
3 Eastern (A)	45.80
1) KOEHLER, Chandler SO	
2) WILLIAMS, DaNeal SO	
3) DANGLADE, Taylor JR	
4) TAYLOR, Andre FR	

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RESULTS**#8 Men's 4 x 100m Relay (cont'd)****Prelims**

Pl	Team	Time
4	York (Pa.) (A)	45.99
	1) HARDISON, Quincy SO 2) HERR, Derek SO	
	3) CARRIGAN, Peter JR 4) HIGGINS, Ian FR	
	Messiah (A)	DNF
	1) HEISEY, Derek FR 2) HORST, Joshua FR	
	3) WILKINSON, Aedan FR 4) PROVAN, Brendan SO	
	Albright (A)	DNF
	1) SERRANO, Alijah FR 2) WASHINGTON, Tyler FR	
	3) COMPTON, Makir SO 4) SESAY, Omar JR	

Heat 2 of 2

1	Lebanon Valley (A)	42.92q
	1) GRAUER, Logan JR 2) LINDER, Owen FR	
	3) MURTHA, Daniel FR 4) BUHR, Owen JR	
2	Stevenson (A)	43.33q
	1) SNIPES, Dominic SO 2) SUMMERS, Cameron JR	
	3) RACCIOPPI, Jai SO 4) WILLIAMS, Jeremiah JR	
3	DeSales (A)	43.74q
	1) BERNER, Logan SO 2) DUNBAR, Kyle SO	
	3) WILSON, Vajon SO 4) PHOENIX, Xavier JR	
4	Delaware Valley (A)	43.88q
	1) MASON, Dontae FR 2) O'DUNLAMI, Matt FR	
	3) ST HILAIRE, Jonathan JR 4) COLEMAN, Adam FR	
5	Stevens (A)	44.14q
	1) RODRIGUEZ, Chris SO 2) BINDRA, Rai FR	
	3) HOANG, Steven FR 4) SAMAVENKATA, Uday JR	
6	Arcadia (A)	45.27q
	1) PINES ELLIOTT, Masai FR 2) O'NEILL, Ryan SR	
	3) SOTO, Justin SO 4) SAMS, Myles SO	
7	King's (Pa.) (A)	46.01
	1) SOLANO, Alex FR 2) SABO, Andrew FR	
	3) FOSTER, Connor FR 4) AVERY, Brendan FR	

#9 Women's 100m Hurdles

R	MAC Outdoor	14.14	Kristen Bates	Messiah	2009
	MAC Outdoor	13.83	Kristen Bates	Messiah	2010

Finals

Wind: (-3.8)

Pl	Name	Yr	Team	Time	Pts
1	MATHEWS, Laura		SO Stevens	14.99	10
2	PENA, Julia		SO York (Pa.)	15.34	8
3	PIROLLO, Susanna		JR Alvernia	17.26	6
4	DARRELL, Kiiantay		SO DeSales	17.38	5
5	MILLER, Claire		FR Messiah	17.43	4

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RESULTS**#9 Women's 100m Hurdles (cont'd)****Finals**

Wind: (-3.8)

Pl Name	Yr Team	Time	Pts
6 FRITZSCH, Lauren	SR Misericordia	18.37	3
7 SENSENIG, Olivia	FR Lebanon Valley	18.92	2
8 MULLEN, Sarah	SO Delaware Valley	19.10	1

Prelims

Pl Name	Yr Team	Time	H(Pl)
1 MATHEWS, Laura	SO Stevens	14.42Q (+0.3)	3(1)
2 PENA, Julia	SO York (Pa.)	14.88Q (+0.6)	2(1)
3 MULLEN, Sarah	SO Delaware Valley	16.44q (+0.3)	3(2)
4 DARRELL, Kiantay	SO DeSales	16.45Q (+0.5)	1(1)
5 MILLER, Claire	FR Messiah	16.45q (+0.5)	1(2)
6 PIROLLO, Susanna	JR Alvernia	16.62q (+0.6)	2(2)
7 SENSENIG, Olivia	FR Lebanon Valley	16.68q (+0.6)	2(3)
8 FRITZSCH, Lauren	SR Misericordia	16.88q (+0.5)	1(3)
9 BANKERT, Isabella	FR York (Pa.)	17.03 (+0.3)	3(3)
10 WILLIAMS, Kristen	SO Stevens	17.10 (+0.5)	1(4)
11 ZUO, Sophia	FR Stevens	17.11 (+0.6)	2(4)
12 ZULTEVICZ, Victoria	FR King's (Pa.)	17.13 (+0.3)	3(4)
13 MCGLYN, Magdalyn	FR Widener	17.15 (+0.5)	1(5)
14 MACK, Kiana	JR Stevenson	17.19 (+0.6)	2(5)
15 WALETZKI, Nicole	FR Stevens	17.22 (+0.5)	1(6)
16 KOWALSKI, Isabella	FR Arcadia	17.96 (+0.6)	2(6)
17 WOHLFARTH, Alyssa	FR Albright	18.10 (+0.3)	3(5)
18 LEHR, Susannah	SO Stevenson	19.09 (+0.3)	3(6)
HODGES, Shani	FR Eastern	DNS	2
TIGHE, Caroline	FR Stevens	DNS	3

HEAT RESULTS**Prelims**

Pl Name	Yr Team	Time
Heat 1 of 3		
Wind: (+0.5)		
1 DARRELL, Kiantay	SO DeSales	16.45Q
2 MILLER, Claire	FR Messiah	16.45q
3 FRITZSCH, Lauren	SR Misericordia	16.88q
4 WILLIAMS, Kristen	SO Stevens	17.10
5 MCGLYN, Magdalyn	FR Widener	17.15
6 WALETZKI, Nicole	FR Stevens	17.22
Heat 2 of 3		
Wind: (+0.6)		
1 PENA, Julia	SO York (Pa.)	14.88Q
2 PIROLLO, Susanna	JR Alvernia	16.62q
3 SENSENIG, Olivia	FR Lebanon Valley	16.68q
4 ZUO, Sophia	FR Stevens	17.11
5 MACK, Kiana	JR Stevenson	17.19
6 KOWALSKI, Isabella	FR Arcadia	17.96
HODGES, Shani	FR Eastern	DNS

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RESULTS**#9 Women's 100m Hurdles (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
Heat 3 of 3				
Wind: (+0.3)				
1	MATHEWS, Laura		SO Stevens	14.42Q
2	MULLEN, Sarah		SO Delaware Valley	16.44q
3	BANKERT, Isabella		FR York (Pa.)	17.03
4	ZULTEVICZ, Victoria		FR King's (Pa.)	17.13
5	WOHLFARTH, Alyssa		FR Albright	18.10
6	LEHR, Susannah		SO Stevenson	19.09
	TIGHE, Caroline		FR Stevens	DNS

#10 Men's 110m Hurdles

R	MAC Outdoor	14.38	Ozzie Brown	Moravian	2007
	MAC Outdoor	14.38	Ozzie Brown	Moravian	2007

Wind: (-4.2)

Pl	Name	Yr	Team	Time	Pts
1	BUHR, Owen		JR Lebanon Valley	15.63	10
2	CHATMON, Keith		SO York (Pa.)	15.87	8
3	REED, Zachary		SO Lebanon Valley	16.08	6
4	HERR, Derek		SO York (Pa.)	16.18	5
5	STEELE, John		FR Messiah	16.77	4
6	WALKER, Sidney		JR Albright	17.91	3
7	MURTHA, Daniel		FR Lebanon Valley	18.17	2
8	BERNER, Logan		SO DeSales	18.52	1

#11 Women's 400 Meters

R	MAC Outdoor	55.96	Amy Viti	Misericordia	5/7/2016
	MAC Outdoor	54.17	Gina Dello Russo	Stevens	2021

Finals

Pl	Name	Yr	Team	Time	Pts
1	SEELAND, Esther		SO Messiah	58.99	10
2	HACKENBERG, Amber		SO Misericordia	59.60	8
3	RADCLIFFE, Abigail		FR DeSales	1:00.08	6
4	VARGAS, Elena		FR Messiah	1:00.18	5
5	GINGRICH, Laurel		SO Albright	1:00.59	4
6	FORD, Tara		JR Widener	1:00.97	3
7	ULAKY, Brianna		JR Eastern	1:01.33	2
8	GRAYBILL, Emma		FR Messiah	1:03.18	1

Prelims

Pl	Name	Yr	Team	Time	H(Pl)
1	SEELAND, Esther		SO Messiah	59.59Q	3(1)
2	HACKENBERG, Amber		SO Misericordia	1:00.18Q	1(1)
3	GINGRICH, Laurel		SO Albright	1:00.64Q	2(1)
4	VARGAS, Elena		FR Messiah	1:00.89q	2(2)
5	FORD, Tara		JR Widener	1:01.17q	1(2)
6	RADCLIFFE, Abigail		FR DeSales	1:01.66q	2(3)

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RESULTS**#11 Women's 400 Meters (cont'd)****Prelims**

Pl	Name	Yr Team	Time	H(Pl)
7	GRAYBILL, Emma	FR Messiah	1:01.75q	1(3)
8	ULAKY, Brianna	JR Eastern	1:01.81q	1(4)
9	LONGSHAW, Ellie	SO Messiah	1:01.81	3(2)
10	WILSON, Jasmine	SO Stevenson	1:03.29	3(3)
11	JOSEPH, Alysia	JR Delaware Valley	1:03.31	3(4)
12	BERKHEIMER, Darrian	FR Lebanon Valley	1:03.36	3(5)
13	ALLEN, Casey	FR Misericordia	1:04.29	2(4)
14	PHILIPPE, Jenna	FR Alvernia	1:04.84	1(5)
15	ZAMBETTI, Nicole	FR King's (Pa.)	1:05.69	1(6)
16	SCHULTZ, Emma	FR Widener	1:05.78	3(6)
17	DAINAUSKI, Laura	FR King's (Pa.)	1:06.63	3(7)
18	YARBRAY, Micah	FR Alvernia	1:06.78	2(5)
19	LOWNES, Carly	FR Widener	1:08.60	2(6)

HEAT RESULTS**Prelims**

Pl	Name	Yr Team	Time
Heat 1 of 3			
1	HACKENBERG, Amber	SO Misericordia	1:00.18Q
2	FORD, Tara	JR Widener	1:01.17q
3	GRAYBILL, Emma	FR Messiah	1:01.75q
4	ULAKY, Brianna	JR Eastern	1:01.81q
5	PHILIPPE, Jenna	FR Alvernia	1:04.84
6	ZAMBETTI, Nicole	FR King's (Pa.)	1:05.69
Heat 2 of 3			
1	GINGRICH, Laurel	SO Albright	1:00.64Q
2	VARGAS, Elena	FR Messiah	1:00.89q
3	RADCLIFFE, Abigail	FR DeSales	1:01.66q
4	ALLEN, Casey	FR Misericordia	1:04.29
5	YARBRAY, Micah	FR Alvernia	1:06.78
6	LOWNES, Carly	FR Widener	1:08.60
Heat 3 of 3			
1	SEELAND, Esther	SO Messiah	59.59Q
2	LONGSHAW, Ellie	SO Messiah	1:01.81
3	WILSON, Jasmine	SO Stevenson	1:03.29
4	JOSEPH, Alysia	JR Delaware Valley	1:03.31
5	BERKHEIMER, Darrian	FR Lebanon Valley	1:03.36
6	SCHULTZ, Emma	FR Widener	1:05.78
7	DAINAUSKI, Laura	FR King's (Pa.)	1:06.63

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RESULTS**#12 Men's 400 Meters**

R	MAC Outdoor	47.02	Dave German	Susquehanna	1983
	MAC Outdoor	47.02	Dave German	Susquehanna	1983

Finals

PI	Name	Yr	Team	Time	Pts
1	BROWN, Marc	SR	Widener	48.90	10
2	KNOWLES, Samuel	FR	Widener	49.42	8
3	DUNBAR, Kyle	SO	DeSales	50.12	6
4	COOPER, Logan	JR	Delaware Valley	50.58	5
5	RACCIOPPI, Jai	SO	Stevenson	51.00	4
6	JOHN, Michael	JR	Widener	51.61	3
7	O'DUNLAMI, Matt	FR	Delaware Valley	52.13	2
8	MASON, Dontae	FR	Delaware Valley	54.86	1

Prelims

PI	Name	Yr	Team	Time	H(PI)
1	DUNBAR, Kyle	SO	DeSales	50.49Q	2(1)
2	KNOWLES, Samuel	FR	Widener	50.61Q	3(1)
3	BROWN, Marc	SR	Widener	50.67Q	1(1)
4	COOPER, Logan	JR	Delaware Valley	50.97q	2(2)
5	O'DUNLAMI, Matt	FR	Delaware Valley	50.99q	3(2)
6	RACCIOPPI, Jai	SO	Stevenson	51.19q	3(3)
7	MASON, Dontae	FR	Delaware Valley	51.43q	2(3)
8	JOHN, Michael	JR	Widener	51.55q	1(2)
9	RUTLEDGE, Ason	JR	DeSales	51.68	1(3)
10	ORTEGA, Jose	SO	Albright	51.75	1(4)
11	NOVROCKI, Andrew	FR	King's (Pa.)	51.79	2(4)
12	CARRIGAN, Peter	JR	York (Pa.)	52.06	3(4)
13	OYENIRAN, Jubelo	SO	Stevenson	52.24	1(5)
14	HARRIS, Jade	SR	Albright	52.33	3(5)
15	HAMILTON, Malik	JR	Stevenson	52.46	2(5)
16	GONYOE, Yaniv	SR	Albright	52.58	1(6)
17	BRUCHAK, Matthew	FR	Lebanon Valley	53.37	3(6)
18	SHEFFIELD, Daniel	SO	Lebanon Valley	53.55	2(6)
19	DESANTIS, Brendan	FR	York (Pa.)	54.97	3(7)

HEAT RESULTS**Prelims**

PI	Name	Yr	Team	Time
Heat 1 of 3				
1	BROWN, Marc	SR	Widener	50.67Q
2	JOHN, Michael	JR	Widener	51.55q
3	RUTLEDGE, Ason	JR	DeSales	51.68
4	ORTEGA, Jose	SO	Albright	51.75
5	OYENIRAN, Jubelo	SO	Stevenson	52.24
6	GONYOE, Yaniv	SR	Albright	52.58
Heat 2 of 3				
1	DUNBAR, Kyle	SO	DeSales	50.49Q

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RESULTS**#12 Men's 400 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
2	COOPER, Logan	JR	Delaware Valley	50.97q
3	MASON, Dontae	FR	Delaware Valley	51.43q
4	NOVROCKI, Andrew	FR	King's (Pa.)	51.79
5	HAMILTON, Malik	JR	Stevenson	52.46
6	SHEFFIELD, Daniel	SO	Lebanon Valley	53.55

Heat 3 of 3

1	KNOWLES, Samuel	FR	Widener	50.61Q
2	O'DUNLAMI, Matt	FR	Delaware Valley	50.99q
3	RACCIOPPI, Jai	SO	Stevenson	51.19q
4	CARRIGAN, Peter	JR	York (Pa.)	52.06
5	HARRIS, Jade	SR	Albright	52.33
6	BRUCHAK, Matthew	FR	Lebanon Valley	53.37
7	DESANTIS, Brendan	FR	York (Pa.)	54.97

#13 Women's 100 Meters

R	MAC Outdoor	12.04	Danisha Higgs	Albright	5/4/2013
	MAC Outdoor	11.64	Oniesha Clarke	Misericordia	2017

Finals

Wind: (-3.4)

Pl	Name	Yr	Team	Time	Pts
1	DELLO RUSSO, Gina	SR	Stevens	12.75	10
2	SCHWARZ, Elisabeth	FR	Alvernia	12.79	8
3	MUZZARELLI, Maria	FR	Widener	13.26	6
4	WILSON, Kyla	SO	Stevenson	13.28	5
5	DORSHEIMER, Natalie	FR	DeSales	13.35	4
6	MIHALKO, Natasha	FR	Misericordia	13.44	3
7	BADILLO, Sonialys	SO	Misericordia	13.54	2
	MATHEWS, Laura	SO	Stevens	FS	

Prelims

Pl	Name	Yr	Team	Time	H(Pl)
1	DELLO RUSSO, Gina	SR	Stevens	12.54Q (-0.9)	5(1)
2	MATHEWS, Laura	SO	Stevens	12.82Q (-1.6)	4(1)
3	SCHWARZ, Elisabeth	FR	Alvernia	12.94Q (-0.9)	2(1)
4	BADILLO, Sonialys	SO	Misericordia	13.01Q (-1.2)	1(1)
5	DORSHEIMER, Natalie	FR	DeSales	13.02q (-0.9)	5(2)
6	MUZZARELLI, Maria	FR	Widener	13.08q (-0.9)	5(3)
7	MIHALKO, Natasha	FR	Misericordia	13.10Q (-1.5)	3(1)
8	WILSON, Kyla	SO	Stevenson	13.13q (-1.5)	3(2)
9	WAGNER, Sarah	FR	Misericordia	13.18 (-1.2)	1(2)
10	MCCURDY, Hannah	SO	Lebanon Valley	13.27 (-1.5)	3(3)
11	LONGSHAW, Ellie	SO	Messiah	13.27 (-0.9)	2(2)
12	OLEWINE, Jill	JR	Misericordia	13.38 (-1.6)	4(2)
13	ROPER, Breyanna	FR	DeSales	13.40 (-0.9)	2(3)
14	JENNETT, Halle	FR	Messiah	13.43 (-1.2)	1(3)
15	HERZOG, Olivia	SO	Alvernia	13.51 (-0.9)	2(4)
16	SPRINGER, Abigail	FR	King's (Pa.)	13.53 (-1.6)	4(3)

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RESULTS**#13 Women's 100 Meters (cont'd)****Prelims**

Pl Name	Yr Team	Time	H(Pl)
17 BROGA, Angelina	FR King's (Pa.)	13.54 (-1.2)	1(4)
18 PELLER, Melissa	FR DeSales	13.59 (-1.5)	3(4)
19 KANE, Grace	FR Delaware Valley	13.66 (-1.5)	3(5)
20 MASON, Shania	FR Hood	13.69 (-1.2)	1(5)
21 CRAIG, Olivia	SR DeSales	13.75 (-1.6)	4(4)
22 PEYTON, Danielle	JR Widener	13.75 (-1.6)	4(5)
23 JEFFERSON, Kayla	FR Eastern	13.94 (-0.9)	5(4)
24 GOROPSE, Jenna	FR Misericordia	13.94 (-1.5)	3(6)
25 WAGNER, Jordan	JR York (Pa.)	13.97 (-0.9)	5(5)
26 BRADY, Juliet	FR King's (Pa.)	14.05 (-1.2)	1(6)
27 INGRAHAM, Lauren	FR Stevens	14.07 (-0.9)	2(5)
28 LETERSKY, Caeley	FR Arcadia	14.09 (-1.6)	4(6)
29 HOLDER, Rehanna	SR Albright	14.09 (-1.2)	1(7)
30 KLINGER, Delaney	SO DeSales	14.19 (-1.5)	3(7)
31 NICOLAS, Jordan	FR Hood	14.21 (-0.9)	2(6)
32 DAY, Skylia	FR Stevenson	14.22 (-0.9)	5(6)
33 CASTILLO, Gloria	FR Hood	14.23 (-1.2)	1(8)
34 TROTMAN, Tanyka	SR Stevenson	14.27 (-1.6)	4(7)
35 CHARLES, Taisha	SO Albright	14.35 (-0.9)	2(7)
36 BRIA, Kristin	JR York (Pa.)	14.72 (-0.9)	5(7)

HEAT RESULTS**Prelims**

Pl Name	Yr Team	Time
Heat 1 of 5		
Wind: (-1.2)		
1 BADILLO, Sonialys	SO Misericordia	13.01Q
2 WAGNER, Sarah	FR Misericordia	13.18
3 JENNETT, Halle	FR Messiah	13.43
4 BROGA, Angelina	FR King's (Pa.)	13.54
5 MASON, Shania	FR Hood	13.69
6 BRADY, Juliet	FR King's (Pa.)	14.05
7 HOLDER, Rehanna	SR Albright	14.09
8 CASTILLO, Gloria	FR Hood	14.23
Heat 2 of 5		
Wind: (-0.9)		
1 SCHWARZ, Elisabeth	FR Alvernia	12.94Q
2 LONGSHAW, Ellie	SO Messiah	13.27
3 ROPER, Breyanna	FR DeSales	13.40
4 HERZOG, Olivia	SO Alvernia	13.51
5 INGRAHAM, Lauren	FR Stevens	14.07
6 NICOLAS, Jordan	FR Hood	14.21
7 CHARLES, Taisha	SO Albright	14.35
Heat 3 of 5		
Wind: (-1.5)		
1 MIHALKO, Natasha	FR Misericordia	13.10Q
2 WILSON, Kyla	SO Stevenson	13.13q
3 MCCURDY, Hannah	SO Lebanon Valley	13.27

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RESULTS**#13 Women's 100 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
4	PELLER, Melissa	FR	DeSales	13.59
5	KANE, Grace	FR	Delaware Valley	13.66
6	GOROPSE, Jenna	FR	Misericordia	13.94
7	KLINGER, Delaney	SO	DeSales	14.19

Heat 4 of 5

Wind: (-1.6)

1	MATHEWS, Laura	SO	Stevens	12.82Q
2	OLEWINE, Jill	JR	Misericordia	13.38
3	SPRINGER, Abigail	FR	King's (Pa.)	13.53
4	CRAIG, Olivia	SR	DeSales	13.75
5	PEYTON, Danielle	JR	Widener	13.75
6	LETESKY, Caeley	FR	Arcadia	14.09
7	TROTMAN, Tanyka	SR	Stevenson	14.27

Heat 5 of 5

Wind: (-0.9)

1	DELLO RUSSO, Gina	SR	Stevens	12.54Q
2	DORSHEIMER, Natalie	FR	DeSales	13.02q
3	MUZZARELLI, Maria	FR	Widener	13.08q
4	JEFFERSON, Kayla	FR	Eastern	13.94
5	WAGNER, Jordan	JR	York (Pa.)	13.97
6	DAY, Skyia	FR	Stevenson	14.22
7	BRIA, Kristin	JR	York (Pa.)	14.72

#14 Men's 100 Meters

R	MAC Outdoor	10.43	Devonte Williams	Stevenson	5/6/2017
	MAC Outdoor	10.43	Devonte Williams	Stevenson	2017

Finals

Wind: (-5.5)

Pl	Name	Yr	Team	Time	Pts
1	SUMMERS, Cameron	JR	Stevenson	11.68	10
2	BUHR, Owen	JR	Lebanon Valley	11.83	8
3	KOEHLER, Chandler	SO	Eastern	11.88	6
4	ELLINGTON, Evan	JR	Hood	11.88	5
5	HIGGINS, Ian	FR	York (Pa.)	12.07	4
6	MAYRO, Zach	FR	Messiah	12.10	3
7	ODEY, Omaji	JR	Widener	12.12	2
8	LINDER, Owen	FR	Lebanon Valley	12.16	1

Prelims

Pl	Name	Yr	Team	Time	H(Pl)
1	BUHR, Owen	JR	Lebanon Valley	11.12Q (+0.5)	3(1)
1	SUMMERS, Cameron	JR	Stevenson	11.12Q (+0.3)	4(1)
3	KOEHLER, Chandler	SO	Eastern	11.22Q (+0.8)	2(1)
4	HIGGINS, Ian	FR	York (Pa.)	11.23q (+0.8)	2(2)
5	ELLINGTON, Evan	JR	Hood	11.23Q (+0.5)	1(1)
6	ODEY, Omaji	JR	Widener	11.32q (+0.5)	1(2)
7	MAYRO, Zach	FR	Messiah	11.34q (+0.3)	4(2)
8	LINDER, Owen	FR	Lebanon Valley	11.36q (+0.8)	2(3)
9	SHORT, Jack	FR	Alvernia	11.41 (+0.5)	3(2)

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RESULTS**#14 Men's 100 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	H(Pl)
10	SAYEH, Salekri		SO Widener	11.41 (+0.3)	4(3)
11	CIPRIANO, Jarod		JR Misericordia	11.42 (+0.5)	3(3)
12	SERRANO, Alijah		FR Albright	11.48 (+0.3)	4(4)
13	DARDEN, Dereck		FR Widener	11.50 (+0.8)	2(4)
14	BERNER, Logan		SO DeSales	11.62 (+0.5)	3(4)
15	HOANG, Steven		FR Stevens	11.62 (+0.3)	4(5)
16	PROVAN, Brendan		SO Messiah	11.68 (+0.8)	2(5)
17	SNIPES, Dominic		SO Stevenson	11.73 (+0.3)	4(6)
18	SESAY, Omar		JR Albright	11.76 (+0.8)	2(6)
19	HORAK, Matt		SO DeSales	11.77 (+0.5)	1(3)
20	HORST, Joshua		FR Messiah	11.77 (+0.8)	2(7)
21	HARDISON, Quincy		SO York (Pa.)	11.82 (+0.5)	3(5)
22	SAMS, Myles		SO Arcadia	11.86 (+0.5)	1(4)
23	BINDRA, Rai		FR Stevens	11.90 (+0.3)	4(7)
24	WASHINGTON, Tyler		FR Albright	11.91 (+0.8)	2(8)
25	MASON, Dontae		FR Delaware Valley	12.01 (+0.5)	3(6)
26	PINES ELLIOTT, Masai		FR Arcadia	12.03 (+0.5)	3(7)
27	AVERY, Brendan		FR King's (Pa.)	12.13 (+0.5)	1(5)
28	WILSON, Vajon		SO DeSales	12.26 (+0.5)	1(6)
29	WILLIAMS, Jeremiah		JR Stevenson	17.52 (+0.5)	1(7)
	JACKSON, Brandon		JR Widener	DNS	1

HEAT RESULTS**Prelims**

Pl	Name	Yr	Team	Time
Heat 1 of 4				Wind: (+0.5)
1	ELLINGTON, Evan		JR Hood	11.23Q
2	ODEY, Omaji		JR Widener	11.32q
3	HORAK, Matt		SO DeSales	11.77
4	SAMS, Myles		SO Arcadia	11.86
5	AVERY, Brendan		FR King's (Pa.)	12.13
6	WILSON, Vajon		SO DeSales	12.26
7	WILLIAMS, Jeremiah		JR Stevenson	17.52
	JACKSON, Brandon		JR Widener	DNS
Heat 2 of 4				Wind: (+0.8)
1	KOEHLER, Chandler		SO Eastern	11.22Q
2	HIGGINS, Ian		FR York (Pa.)	11.23q
3	LINDER, Owen		FR Lebanon Valley	11.36q
4	DARDEN, Dereck		FR Widener	11.50
5	PROVAN, Brendan		SO Messiah	11.68
6	SESAY, Omar		JR Albright	11.76
7	HORST, Joshua		FR Messiah	11.77
8	WASHINGTON, Tyler		FR Albright	11.91
Heat 3 of 4				Wind: (+0.5)
1	BUHR, Owen		JR Lebanon Valley	11.12Q

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RESULTS**#14 Men's 100 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
2	SHORT, Jack	FR	Alvernia	11.41
3	CIPRIANO, Jarod	JR	Misericordia	11.42
4	BERNER, Logan	SO	DeSales	11.62
5	HARDISON, Quincy	SO	York (Pa.)	11.82
6	MASON, Dontae	FR	Delaware Valley	12.01
7	PINES ELLIOTT, Masai	FR	Arcadia	12.03

Heat 4 of 4

Wind: (+0.3)

1	SUMMERS, Cameron	JR	Stevenson	11.12Q
2	MAYRO, Zach	FR	Messiah	11.34q
3	SAYEH, Salekri	SO	Widener	11.41
4	SERRANO, Alijah	FR	Albright	11.48
5	HOANG, Steven	FR	Stevens	11.62
6	SNIPES, Dominic	SO	Stevenson	11.73
7	BINDRA, Rai	FR	Stevens	11.90

#15 Women's 800 Meters

R	MAC Outdoor	2:12.48	Amy Viti	Misericordia	5/7/2016
	MAC Outdoor	2:02.52	Esther Seeland	Messiah	2021

Finals

Pl	Name	Yr	Team	Time	Pts
1	SEELAND, Esther 1:06.09 (1:06.09) 1:06.71 (2:12.80)	SO	Messiah	2:12.80	10
2	RINE, Averi 1:07.32 (1:07.32) 1:09.73 (2:17.05)	JR	Misericordia	2:17.05	8
3	SCHOENER, Katelyn 1:07.20 (1:07.20) 1:11.81 (2:19.00)	SO	Alvernia	2:19.00	6
4	HOLT, Donna 1:07.62 (1:07.62) 1:14.26 (2:21.88)	FR	Widener	2:21.88	5
5	SWEELY, Jaden 1:09.64 (1:09.64) 1:14.79 (2:24.43)	FR	Widener	2:24.43	4
6	BURDEN, Nina 1:09.29 (1:09.29) 1:15.60 (2:24.88)	FR	Stevens	2:24.88	3
7	SHREFFLER, Hailey 1:08.95 (1:08.95) 1:20.49 (2:29.44)	FR	Eastern	2:29.44	2
8	GORDLEY, Micah 1:09.53 (1:09.53) 1:21.53 (2:31.06)	SO	Arcadia	2:31.06	1

Prelims

Pl	Name	Yr	Team	Time	H(Pl)
1	RINE, Averi 1:09.15 (1:09.15) 1:09.67 (2:18.82)	JR	Misericordia	2:18.82Q	1(1)
2	SEELAND, Esther 1:09.30 (1:09.30) 1:11.32 (2:20.62)	SO	Messiah	2:20.62Q	4(1)
3	HOLT, Donna 1:08.91 (1:08.91) 1:11.72 (2:20.63)	FR	Widener	2:20.63q	1(2)
4	SHREFFLER, Hailey	FR	Eastern	2:22.72Q	3(1)

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RESULTS**#15 Women's 800 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	H(Pl)
	1:09.13 (1:09.13) 1:13.60 (2:22.72)				
5	SCHOENER, Katelyn		SO Alvernia	2:23.23Q	2(1)
	1:08.81 (1:08.81) 1:14.42 (2:23.23)				
6	SWEELY, Jaden		FR Widener	2:24.00q	4(2)
	1:09.50 (1:09.50) 1:14.51 (2:24.00)				
7	BURDEN, Nina		FR Stevens	2:24.08q	4(3)
	1:09.95 (1:09.95) 1:14.13 (2:24.08)				
8	GORDLEY, Micah		SO Arcadia	2:24.52q	3(2)
	1:09.42 (1:09.42) 1:15.11 (2:24.52)				
9	GALLAGHER, Kristin		FR Misericordia	2:25.29	1(3)
	1:10.21 (1:10.21) 1:15.09 (2:25.29)				
10	BERNOTAS, Katelyn		JR Widener	2:26.65	3(3)
	1:09.00 (1:09.00) 1:17.65 (2:26.65)				
11	PINHO, Rachel		FR Stevens	2:28.98	4(4)
	1:10.18 (1:10.18) 1:18.80 (2:28.98)				
12	WALSTROM, Kathleen		SO Messiah	2:29.77	3(4)
	1:11.17 (1:11.17) 1:18.60 (2:29.77)				
13	CORY, Olivia		FR Messiah	2:29.95	2(2)
	1:14.20 (1:14.20) 1:15.75 (2:29.95)				
14	HUGHEY, Kayla		FR Misericordia	2:30.40	2(3)
	1:14.79 (1:14.79) 1:15.61 (2:30.40)				
15	ANNASENZ, Kelsey		FR Misericordia	2:30.42	4(5)
	1:12.24 (1:12.24) 1:18.19 (2:30.42)				
16	KRUTH, Laura		FR Messiah	2:30.66	2(4)
	1:14.47 (1:14.47) 1:16.19 (2:30.66)				
17	FOGELSANGER, Amber		FR Messiah	2:30.95	1(4)
	1:13.12 (1:13.12) 1:17.83 (2:30.95)				
18	SKANE, Sarah		SO York (Pa.)	2:32.40	4(6)
	1:11.39 (1:11.39) 1:21.02 (2:32.40)				
19	RESELE, Julia		JR Lebanon Valley	2:32.92	1(5)
	1:11.04 (1:11.04) 1:21.88 (2:32.92)				
20	WEAVER, Leanne		SR Messiah	2:32.98	2(5)
	1:11.59 (1:11.59) 1:21.39 (2:32.98)				
21	SMITH, Sarah		FR Messiah	2:33.29	2(6)
	1:15.18 (1:15.18) 1:18.11 (2:33.29)				
22	RODRIGUEZ, Isabela		FR Messiah	2:34.83	4(7)
	1:12.54 (1:12.54) 1:22.29 (2:34.83)				
23	ALBRIGHT, Beth		JR King's (Pa.)	2:35.80	3(5)
	1:11.24 (1:11.24) 1:24.56 (2:35.80)				
24	KOZIOLEK, Cassie		SO York (Pa.)	2:40.43	3(6)
	1:14.64 (1:14.64) 1:25.80 (2:40.43)				
	HENRY, Paige		FR York (Pa.)	DNS	1

HEAT RESULTS

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RESULTS**#15 Women's 800 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
Heat 1 of 4				
1	RINE, Averi		JR Misericordia	2:18.82Q
	1:09.15 (1:09.15)		1:09.67 (2:18.82)	
2	HOLT, Donna		FR Widener	2:20.63q
	1:08.91 (1:08.91)		1:11.72 (2:20.63)	
3	GALLAGHER, Kristin		FR Misericordia	2:25.29
	1:10.21 (1:10.21)		1:15.09 (2:25.29)	
4	FOGELSANGER, Amber		FR Messiah	2:30.95
	1:13.12 (1:13.12)		1:17.83 (2:30.95)	
5	RESELE, Julia		JR Lebanon Valley	2:32.92
	1:11.04 (1:11.04)		1:21.88 (2:32.92)	
	HENRY, Paige		FR York (Pa.)	DNS
Heat 2 of 4				
1	SCHOENER, Katelyn		SO Alvernia	2:23.23Q
	1:08.81 (1:08.81)		1:14.42 (2:23.23)	
2	CORY, Olivia		FR Messiah	2:29.95
	1:14.20 (1:14.20)		1:15.75 (2:29.95)	
3	HUGHEY, Kayla		FR Misericordia	2:30.40
	1:14.79 (1:14.79)		1:15.61 (2:30.40)	
4	KRUTH, Laura		FR Messiah	2:30.66
	1:14.47 (1:14.47)		1:16.19 (2:30.66)	
5	WEAVER, Leanne		SR Messiah	2:32.98
	1:11.59 (1:11.59)		1:21.39 (2:32.98)	
6	SMITH, Sarah		FR Messiah	2:33.29
	1:15.18 (1:15.18)		1:18.11 (2:33.29)	
Heat 3 of 4				
1	SHREFFLER, Hailey		FR Eastern	2:22.72Q
	1:09.13 (1:09.13)		1:13.60 (2:22.72)	
2	GORDLEY, Micah		SO Arcadia	2:24.52q
	1:09.42 (1:09.42)		1:15.11 (2:24.52)	
3	BERNOTAS, Katelyn		JR Widener	2:26.65
	1:09.00 (1:09.00)		1:17.65 (2:26.65)	
4	WALSTROM, Kathleen		SO Messiah	2:29.77
	1:11.17 (1:11.17)		1:18.60 (2:29.77)	
5	ALBRIGHT, Beth		JR King's (Pa.)	2:35.80
	1:11.24 (1:11.24)		1:24.56 (2:35.80)	
6	KOZIOLEK, Cassie		SO York (Pa.)	2:40.43
	1:14.64 (1:14.64)		1:25.80 (2:40.43)	
Heat 4 of 4				
1	SEELAND, Esther		SO Messiah	2:20.62Q
	1:09.30 (1:09.30)		1:11.32 (2:20.62)	
2	SWEELY, Jaden		FR Widener	2:24.00q
	1:09.50 (1:09.50)		1:14.51 (2:24.00)	
3	BURDEN, Nina		FR Stevens	2:24.08q
	1:09.95 (1:09.95)		1:14.13 (2:24.08)	

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RESULTS**#15 Women's 800 Meters (cont'd)****Prelims**

PI	Name	Yr	Team	Time
4	PINHO, Rachel		FR Stevens	2:28.98
	1:10.18 (1:10.18)		1:18.80 (2:28.98)	
5	ANNASENZ, Kelsey		FR Misericordia	2:30.42
	1:12.24 (1:12.24)		1:18.19 (2:30.42)	
6	SKANE, Sarah		SO York (Pa.)	2:32.40
	1:11.39 (1:11.39)		1:21.02 (2:32.40)	
7	RODRIGUEZ, Isabela		FR Messiah	2:34.83
	1:12.54 (1:12.54)		1:22.29 (2:34.83)	

#16 Men's 800 Meters

R	MAC Outdoor	1:51.15	Patrick Roach	Messiah	2009
	MAC Outdoor	1:48.77	Patrich Roach	Messiah	2009

Finals

PI	Name	Yr	Team	Time	Pts
1	IDDRISS, Idriss		SR Stevenson	1:56.27	10
	58.03 (58.03)		58.25 (1:56.27)		
2	TYCE, Carl		JR DeSales	1:56.67	8
	57.78 (57.78)		58.90 (1:56.67)		
3	KAUFMAN, Justin		FR Delaware Valley	1:56.73	6
	58.42 (58.42)		58.32 (1:56.73)		
4	DI CESARE, Alec		FR Lebanon Valley	1:57.63	5
	57.97 (57.97)		59.67 (1:57.63)		
5	HAWK, Andrew		SR DeSales	1:57.65	4
	57.99 (57.99)		59.67 (1:57.65)		
6	FOYTACK, Owen		FR King's (Pa.)	1:58.22	3
	58.65 (58.65)		59.58 (1:58.22)		
7	BEILER, Brody		SR Messiah	2:00.99	2
	58.93 (58.93)		1:02.07 (2:00.99)		
8	SCHEIB, Alex		SR Messiah	2:04.64	1
	58.03 (58.03)		.26 (58.29)	1:06.36 (2:04.64)	

Prelims

PI	Name	Yr	Team	Time	H(PI)
1	BEILER, Brody		SR Messiah	1:57.21Q	1(1)
	56.71 (56.71)		1:00.50 (1:57.21)		
2	IDDRISS, Idriss		SR Stevenson	1:57.76Q	4(1)
	56.77 (56.77)		1:00.99 (1:57.76)		
3	TYCE, Carl		JR DeSales	1:57.89Q	3(1)
	57.85 (57.85)		1:00.05 (1:57.89)		
4	KAUFMAN, Justin		FR Delaware Valley	1:58.06q	4(2)
	56.36 (56.36)		1:01.71 (1:58.06)		
5	HAWK, Andrew		SR DeSales	1:58.37q	4(3)
	57.64 (57.64)		1:00.73 (1:58.37)		
6	SCHEIB, Alex		SR Messiah	1:58.48Q	2(1)
	59.27 (59.27)		59.21 (1:58.48)		
7	FOYTACK, Owen		FR King's (Pa.)	1:58.83q	1(2)

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RESULTS**#16 Men's 800 Meters (cont'd)****Prelims**

Pl	Name		Yr	Team	Time	H(Pl)
	57.30 (57.30)	1:01.54 (1:58.83)				
8	DI CESARE, Alec		FR	Lebanon Valley	1:59.02q	2(2)
	59.55 (59.55)	59.48 (1:59.02)				
9	FORGASH, Mitchell		JR	King's (Pa.)	1:59.07	3(2)
	59.51 (59.51)	59.56 (1:59.07)				
10	GALICZYNSKI, Ryan		JR	Widener	1:59.54	3(3)
	58.18 (58.18)	1:01.36 (1:59.54)				
11	AYLMER, Jake		SO	Stevens	1:59.65	2(3)
	59.77 (59.77)	59.89 (1:59.65)				
12	PLUNKETT, Thomas		SO	Widener	2:00.04	1(3)
	57.73 (57.73)	1:02.32 (2:00.04)				
13	NOLAN, Pierce		FR	York (Pa.)	2:00.09	1(4)
	57.06 (57.06)	1:03.04 (2:00.09)				
14	KIMMEL, Nathan		FR	Messiah	2:00.18	1(5)
	57.02 (57.02)	1:03.17 (2:00.18)				
15	PETTY, Tyler		FR	King's (Pa.)	2:00.82	3(4)
	59.41 (59.41)	1:01.42 (2:00.82)				
16	WINGARD, Jacob		FR	York (Pa.)	2:02.08	4(4)
	59.15 (59.15)	1:02.93 (2:02.08)				
17	RODRIGUEZ JR., Emmanuel		FR	Alvernia	2:02.60	1(6)
	56.52 (56.52)	1:06.09 (2:02.60)				
18	LEITNER, Kajetan		FR	Stevens	2:02.76	3(5)
	58.65 (58.65)	1:04.11 (2:02.76)				
19	DAUDT, Connor		SO	Messiah	2:02.89	4(5)
	59.57 (59.57)	1:03.32 (2:02.89)				
20	MILLER, Ben		SO	Widener	2:03.14	2(4)
	1:00.44 (1:00.44)	1:02.70 (2:03.14)				
21	ANTALA, Dhavan		SO	Stevens	2:03.27	2(5)
	1:00.26 (1:00.26)	1:03.01 (2:03.27)				
22	EVANS, Cy		JR	York (Pa.)	2:04.50	1(7)
	56.74 (56.74)	1:07.77 (2:04.50)				
23	TOMASCH, Troy		FR	Stevens	2:04.51	2(6)
	1:00.28 (1:00.28)	1:04.23 (2:04.51)				
24	DEREMER, Josh		FR	DeSales	2:04.92	3(6)
	59.49 (59.49)	1:05.44 (2:04.92)				
25	PHILLIPPY, Ben		SO	DeSales	2:05.13	4(6)
	57.92 (57.92)	1:07.21 (2:05.13)				
26	BARRETT, Jake		JR	Stevenson	2:05.83	3(7)
	1:00.38 (1:00.38)	1:05.46 (2:05.83)				
27	ESCHINGER, McKendry		SO	Lebanon Valley	2:08.96	4(7)
	59.40 (59.40)	1:09.56 (2:08.96)				
	FOGEL, Devon		SR	Messiah	DNS	2

HEAT RESULTS

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RESULTS**#16 Men's 800 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
Heat 1 of 4				
1	BEILER, Brody		SR Messiah	1:57.21Q
	56.71 (56.71)	1:00.50 (1:57.21)		
2	FOYTACK, Owen		FR King's (Pa.)	1:58.83q
	57.30 (57.30)	1:01.54 (1:58.83)		
3	PLUNKETT, Thomas		SO Widener	2:00.04
	57.73 (57.73)	1:02.32 (2:00.04)		
4	NOLAN, Pierce		FR York (Pa.)	2:00.09
	57.06 (57.06)	1:03.04 (2:00.09)		
5	KIMMEL, Nathan		FR Messiah	2:00.18
	57.02 (57.02)	1:03.17 (2:00.18)		
6	RODRIGUEZ JR., Emmanuel		FR Alvernia	2:02.60
	56.52 (56.52)	1:06.09 (2:02.60)		
7	EVANS, Cy		JR York (Pa.)	2:04.50
	56.74 (56.74)	1:07.77 (2:04.50)		
Heat 2 of 4				
1	SCHEIB, Alex		SR Messiah	1:58.48Q
	59.27 (59.27)	59.21 (1:58.48)		
2	DI CESARE, Alec		FR Lebanon Valley	1:59.02q
	59.55 (59.55)	59.48 (1:59.02)		
3	AYLMER, Jake		SO Stevens	1:59.65
	59.77 (59.77)	59.89 (1:59.65)		
4	MILLER, Ben		SO Widener	2:03.14
	1:00.44 (1:00.44)	1:02.70 (2:03.14)		
5	ANTALA, Dhavan		SO Stevens	2:03.27
	1:00.26 (1:00.26)	1:03.01 (2:03.27)		
6	TOMASCH, Troy		FR Stevens	2:04.51
	1:00.28 (1:00.28)	1:04.23 (2:04.51)		
	FOGEL, Devon		SR Messiah	DNS
Heat 3 of 4				
1	TYCE, Carl		JR DeSales	1:57.89Q
	57.85 (57.85)	1:00.05 (1:57.89)		
2	FORGASH, Mitchell		JR King's (Pa.)	1:59.07
	59.51 (59.51)	59.56 (1:59.07)		
3	GALICZYNSKI, Ryan		JR Widener	1:59.54
	58.18 (58.18)	1:01.36 (1:59.54)		
4	PETTY, Tyler		FR King's (Pa.)	2:00.82
	59.41 (59.41)	1:01.42 (2:00.82)		
5	LEITNER, Kajetan		FR Stevens	2:02.76
	58.65 (58.65)	1:04.11 (2:02.76)		
6	DEREMER, Josh		FR DeSales	2:04.92
	59.49 (59.49)	1:05.44 (2:04.92)		
7	BARRETT, Jake		JR Stevenson	2:05.83
	1:00.38 (1:00.38)	1:05.46 (2:05.83)		

Heat 4 of 4

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RESULTS**#16 Men's 800 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
1	IDDRISS, Iddriss 56.77 (56.77) 1:00.99 (1:57.76)	SR	Stevenson	1:57.76Q
2	KAUFMAN, Justin 56.36 (56.36) 1:01.71 (1:58.06)	FR	Delaware Valley	1:58.06q
3	HAWK, Andrew 57.64 (57.64) 1:00.73 (1:58.37)	SR	DeSales	1:58.37q
4	WINGARD, Jacob 59.15 (59.15) 1:02.93 (2:02.08)	FR	York (Pa.)	2:02.08
5	DAUDT, Connor 59.57 (59.57) 1:03.32 (2:02.89)	SO	Messiah	2:02.89
6	PHILLIPPY, Ben 57.92 (57.92) 1:07.21 (2:05.13)	SO	DeSales	2:05.13
7	ESCHINGER, McKendry 59.40 (59.40) 1:09.56 (2:08.96)	SO	Lebanon Valley	2:08.96

#17 Women's 400m Hurdles

R	MAC Outdoor	1:01.85	Emily Lepley	Susquehanna	2007
	MAC Outdoor	1:00.80	Liz Martin	Messiah	2013

Finals

Pl	Name	Yr	Team	Time	Pts
1	BADILLO, Sonialys	SO	Misericordia	1:05.37	10
2	PIROLLO, Susanna	JR	Alvernia	1:06.22	8
3	WEAVER, Leanne	SR	Messiah	1:07.71	6
4	DANIEL, Elise	FR	Widener	1:07.96	5
5	LULAJ, Jacqueline	FR	Stevens	1:09.84	4
6	HESS, Brieanna	SO	Messiah	1:10.28	3
7	MANN, Payton	FR	York (Pa.)	1:10.75	2
8	FRITZSCH, Lauren	SR	Misericordia	1:12.31	1

Prelims

Pl	Name	Yr	Team	Time	H(Pl)
1	BADILLO, Sonialys	SO	Misericordia	1:07.57Q	4(1)
2	PIROLLO, Susanna	JR	Alvernia	1:07.72Q	3(1)
3	DANIEL, Elise	FR	Widener	1:08.96Q	2(1)
4	HESS, Brieanna	SO	Messiah	1:09.65q	2(2)
5	MANN, Payton	FR	York (Pa.)	1:10.55q	4(2)
6	LULAJ, Jacqueline	FR	Stevens	1:10.99q	3(2)
7	WEAVER, Leanne	SR	Messiah	1:11.04Q	1(1)
8	FRITZSCH, Lauren	SR	Misericordia	1:11.63q	4(3)
9	PEIFFER, Alyssa	FR	Lebanon Valley	1:11.77	1(2)
10	STERNBERG, Caitlin	FR	Alvernia	1:12.84	1(3)
11	HANCOCK, Shayna	FR	Hood	1:13.60	4(4)
12	MILLER, Claire	FR	Messiah	1:14.24	3(3)
13	BOCHARD, Kira	SR	Arcadia	1:14.50	3(4)
14	ALLEN, Casey	FR	Misericordia	1:15.09	2(3)
15	BANKERT, Isabella	FR	York (Pa.)	1:15.31	3(5)

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RESULTS**#17 Women's 400m Hurdles (cont'd)****Prelims**

Pl	Name	Yr Team	Time	H(Pl)
16	KERVICK, Theresa	FR Widener	1:15.49	1(4)
17	RHATIGAN, Shannon	FR Stevens	1:15.59	3(6)
18	MULLEN, Sarah	SO Delaware Valley	1:15.59	4(5)
19	ZUO, Sophia	FR Stevens	1:16.00	4(6)
20	TAYLOR, Roselyn	FR Hood	1:16.04	2(4)
21	RICKARD, Julia	FR Messiah	1:16.28	2(5)
22	DANIELS, Rachael	SR Albright	1:17.13	2(6)
23	HAMLEN, Natalie	FR Messiah	1:17.31	2(7)
24	DAY, Skylia	FR Stevenson	1:18.11	4(7)
25	MACK, Kiana	JR Stevenson	1:18.30	3(7)
26	MCGLYN, Magdalyn	FR Widener	1:18.57	1(5)
27	WRIGHT, Rainee	FR Eastern	1:19.16	1(6)
28	MCGARRY, Delaney	FR Arcadia	1:19.84	2(8)
29	JOHNSON, Julia	FR King's (Pa.)	1:22.14	1(7)
30	MASONHEIMER, Paige	FR Arcadia	1:24.68	1(8)
30	WOHLFARTH, Alyssa	FR Albright	1:24.68	3(8)

HEAT RESULTS**Prelims**

Pl	Name	Yr Team	Time
Heat 1 of 4			
1	WEAVER, Leanne	SR Messiah	1:11.04Q
2	PEIFFER, Alyssa	FR Lebanon Valley	1:11.77
3	STERNBERG, Caitlin	FR Alvernia	1:12.84
4	KERVICK, Theresa	FR Widener	1:15.49
5	MCGLYN, Magdalyn	FR Widener	1:18.57
6	WRIGHT, Rainee	FR Eastern	1:19.16
7	JOHNSON, Julia	FR King's (Pa.)	1:22.14
8	MASONHEIMER, Paige	FR Arcadia	1:24.68
Heat 2 of 4			
1	DANIEL, Elise	FR Widener	1:08.96Q
2	HESS, Brianna	SO Messiah	1:09.65q
3	ALLEN, Casey	FR Misericordia	1:15.09
4	TAYLOR, Roselyn	FR Hood	1:16.04
5	RICKARD, Julia	FR Messiah	1:16.28
6	DANIELS, Rachael	SR Albright	1:17.13
7	HAMLEN, Natalie	FR Messiah	1:17.31
8	MCGARRY, Delaney	FR Arcadia	1:19.84
Heat 3 of 4			
1	PIROLLO, Susanna	JR Alvernia	1:07.72Q
2	LULAJ, Jacqueline	FR Stevens	1:10.99q
3	MILLER, Claire	FR Messiah	1:14.24
4	BOCHARD, Kira	SR Arcadia	1:14.50
5	BANKERT, Isabella	FR York (Pa.)	1:15.31
6	RHATIGAN, Shannon	FR Stevens	1:15.59

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RESULTS**#17 Women's 400m Hurdles (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
7	MACK, Kiana	JR	Stevenson	1:18.30
8	WOHLFARTH, Alyssa	FR	Albright	1:24.68

Heat 4 of 4

1	BADILLO, Sonialys	SO	Misericordia	1:07.57Q
2	MANN, Payton	FR	York (Pa.)	1:10.55q
3	FRITZSCH, Lauren	SR	Misericordia	1:11.63q
4	HANCOCK, Shayna	FR	Hood	1:13.60
5	MULLEN, Sarah	SO	Delaware Valley	1:15.59
6	ZUO, Sophia	FR	Stevens	1:16.00
7	DAY, Skylia	FR	Stevenson	1:18.11

#18 Men's 400m Hurdles

R	MAC Outdoor	52.18	Cal Williams	Dickinson	1988
	MAC Outdoor	51.44	Richie Weaver	Widener	1970

Finals

Pl	Name	Yr	Team	Time	Pts
1	HERR, Derek	SO	York (Pa.)	54.04	10
2	GRAUER, Logan	JR	Lebanon Valley	54.28	8
3	HEISEY, Derek	FR	Messiah	54.81	6
4	REED, Zachary	SO	Lebanon Valley	55.03	5
5	CROSBY, Andrew	JR	Widener	56.50	4
6	COLEMAN, Adam	FR	Delaware Valley	58.15	3
7	MCWILLIAMS, Xavier	FR	Stevens	58.75	2
8	GREER, Charles	SO	Stevenson	1:05.30	1

Prelims

Pl	Name	Yr	Team	Time	H(Pl)
1	REED, Zachary	SO	Lebanon Valley	56.85Q	1(1)
2	GRAUER, Logan	JR	Lebanon Valley	57.17Q	2(1)
3	CROSBY, Andrew	JR	Widener	57.51q	2(2)
4	HERR, Derek	SO	York (Pa.)	57.90q	1(2)
5	HEISEY, Derek	FR	Messiah	57.92q	2(3)
6	MCWILLIAMS, Xavier	FR	Stevens	59.03q	2(4)
7	COLEMAN, Adam	FR	Delaware Valley	59.16q	1(3)
8	GREER, Charles	SO	Stevenson	59.76q	2(5)
9	TOMASEK, Garret	FR	King's (Pa.)	1:00.00	1(4)
10	MURTHA, Daniel	FR	Lebanon Valley	1:00.01	1(5)
11	CHATMON, Keith	SO	York (Pa.)	1:00.13	2(6)
12	CHAMBERLAIN, TJ	SO	York (Pa.)	1:01.98	1(6)
13	WALKER, Sidney	JR	Albright	1:02.10	2(7)
14	HOSTETLER, Adam	FR	Messiah	1:02.43	1(7)
15	LOEHR, Adam	SO	Alvernia	1:08.74	1(8)

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RESULTS**#18 Men's 400m Hurdles (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
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Heat 1 of 2

1	REED, Zachary	SO	Lebanon Valley	56.85Q
2	HERR, Derek	SO	York (Pa.)	57.90q
3	COLEMAN, Adam	FR	Delaware Valley	59.16q
4	TOMASEK, Garret	FR	King's (Pa.)	1:00.00
5	MURTHA, Daniel	FR	Lebanon Valley	1:00.01
6	CHAMBERLAIN, TJ	SO	York (Pa.)	1:01.98
7	HOSTETLER, Adam	FR	Messiah	1:02.43
8	LOEHR, Adam	SO	Alvernia	1:08.74

Heat 2 of 2

1	GRAUER, Logan	JR	Lebanon Valley	57.17Q
2	CROSBY, Andrew	JR	Widener	57.51q
3	HEISEY, Derek	FR	Messiah	57.92q
4	MCWILLIAMS, Xavier	FR	Stevens	59.03q
5	GREER, Charles	SO	Stevenson	59.76q
6	CHATMON, Keith	SO	York (Pa.)	1:00.13
7	WALKER, Sidney	JR	Albright	1:02.10

#19 Women's 200 Meters

R	MAC Outdoor	24.69	Danisha Higgs	Albright	5/4/2013
	MAC Outdoor	24.22	Gina Dello Russo	Stevens	2021

Finals

Wind: (-3.7)

Pl	Name	Yr	Team	Time	Pts
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1	DELLO RUSSO, Gina	SR	Stevens	25.63	10
2	SCHWARZ, Elisabeth	FR	Alvernia	26.12	8
3	MATHEWS, Laura	SO	Stevens	26.40	6
4	LONGSHAW, Ellie	SO	Messiah	26.98	5
5	DORSHEIMER, Natalie	FR	DeSales	27.27	4
6	SPRINGER, Abigail	FR	King's (Pa.)	27.34	3
7	WAGNER, Sarah	FR	Misericordia	27.35	2
8	BADILLO, Sonialys	SO	Misericordia	29.09	1

Prelims

Pl	Name	Yr	Team	Time	H(Pl)
----	------	----	------	------	-------

1	DELLO RUSSO, Gina	SR	Stevens	25.69Q (-0.2)	4(1)
2	LONGSHAW, Ellie	SO	Messiah	26.29Q (-0.2)	2(1)
3	MATHEWS, Laura	SO	Stevens	26.30Q (+0.4)	3(1)
4	SCHWARZ, Elisabeth	FR	Alvernia	26.64Q (-0.4)	1(1)
5	WAGNER, Sarah	FR	Misericordia	26.88q (-0.4)	1(2)
6	BADILLO, Sonialys	SO	Misericordia	27.07q (+0.4)	3(2)
7	DORSHEIMER, Natalie	FR	DeSales	27.10q (-0.2)	4(2)
8	SPRINGER, Abigail	FR	King's (Pa.)	27.16q (-0.2)	2(2)
9	WILSON, Kyla	SO	Stevenson	27.22 (-0.2)	2(3)
10	BROGA, Angelina	FR	King's (Pa.)	27.33 (-0.2)	4(3)
11	JENNETT, Halle	FR	Messiah	27.37 (+0.4)	3(3)
12	ULAKY, Brianna	JR	Eastern	27.37 (-0.2)	4(4)

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RESULTS**#19 Women's 200 Meters (cont'd)****Prelims**

Pl Name	Yr Team	Time	H(Pl)
13 RADCLIFFE, Abigail	FR DeSales	27.58 (+0.4)	3(4)
14 MIHALKO, Natasha	FR Misericordia	27.90 (-0.2)	2(4)
15 MUZZARELLI, Maria	FR Widener	27.90 (-0.4)	1(3)
16 WILSON, Jasmine	SO Stevenson	27.95 (-0.2)	4(5)
17 KANE, Grace	FR Delaware Valley	28.03 (-0.2)	2(5)
18 HASTINGS, Kelly	SO Delaware Valley	28.18 (-0.4)	1(4)
19 CANCIANI, Allie	SO Stevens	28.21 (-0.2)	4(6)
20 PELLER, Melissa	FR DeSales	28.39 (-0.4)	1(5)
21 ROPER, Breyanna	FR DeSales	28.50 (+0.4)	3(5)
22 MASON, Shania	FR Hood	28.72 (+0.4)	3(6)
23 HOLDER, Rehanna	SR Albright	29.07 (-0.2)	2(6)
24 HERZOG, Olivia	SO Alvernia	29.13 (+0.4)	3(7)
25 PHILIPPE, Jenna	FR Alvernia	29.67 (-0.2)	4(7)
26 YARBRA, Micah	FR Alvernia	38.07 (-0.4)	1(6)

HEAT RESULTS**Prelims**

Pl Name	Yr Team	Time
Heat 1 of 4		
Wind: (-0.4)		
1 SCHWARZ, Elisabeth	FR Alvernia	26.64Q
2 WAGNER, Sarah	FR Misericordia	26.88q
3 MUZZARELLI, Maria	FR Widener	27.90
4 HASTINGS, Kelly	SO Delaware Valley	28.18
5 PELLER, Melissa	FR DeSales	28.39
6 YARBRA, Micah	FR Alvernia	38.07
Heat 2 of 4		
Wind: (-0.2)		
1 LONGSHAW, Ellie	SO Messiah	26.29Q
2 SPRINGER, Abigail	FR King's (Pa.)	27.16q
3 WILSON, Kyla	SO Stevenson	27.22
4 MIHALKO, Natasha	FR Misericordia	27.90
5 KANE, Grace	FR Delaware Valley	28.03
6 HOLDER, Rehanna	SR Albright	29.07
Heat 3 of 4		
Wind: (+0.4)		
1 MATHEWS, Laura	SO Stevens	26.30Q
2 BADILLO, Sonialys	SO Misericordia	27.07q
3 JENNETT, Halle	FR Messiah	27.37
4 RADCLIFFE, Abigail	FR DeSales	27.58
5 ROPER, Breyanna	FR DeSales	28.50
6 MASON, Shania	FR Hood	28.72
7 HERZOG, Olivia	SO Alvernia	29.13
Heat 4 of 4		
Wind: (-0.2)		
1 DELLO RUSSO, Gina	SR Stevens	25.69Q
2 DORSHEIMER, Natalie	FR DeSales	27.10q
3 BROGA, Angelina	FR King's (Pa.)	27.33
4 ULAKY, Brianna	JR Eastern	27.37

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RESULTS**#19 Women's 200 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
5	WILSON, Jasmine		SO Stevenson	27.95
6	CANCIANI, Allie		SO Stevens	28.21
7	PHILIPPE, Jenna		FR Alvernia	29.67

#20 Men's 200 Meters

R	MAC Outdoor	21.32	Juwan Petties-Jackson	Misericordia	5/6/2017
	MAC Outdoor	21.06	Tony Brown	Widener	1999

Finals

Wind: (-2.0)

Pl	Name	Yr	Team	Time	Pts
1	BUHR, Owen		JR Lebanon Valley	22.35	10
2	SUMMERS, Cameron		JR Stevenson	22.44	8
3	BROWN, Marc		SR Widener	22.68	6
4	KNOWLES, Samuel		FR Widener	22.76	5
5	CARRIGAN, Peter		JR York (Pa.)	22.81	4
6	SAYEH, Salekri		SO Widener	23.21	3
7	LINDER, Owen		FR Lebanon Valley	23.27	2
8	RACCIOPPI, Jai		SO Stevenson	23.42	1

Prelims

Pl	Name	Yr	Team	Time	H(Pl)
1	BROWN, Marc		SR Widener	22.69Q (-0.1)	1(1)
2	BUHR, Owen		JR Lebanon Valley	22.75Q (-0.7)	3(1)
3	SUMMERS, Cameron		JR Stevenson	22.76Q (-0.5)	4(1)
4	CARRIGAN, Peter		JR York (Pa.)	22.87q (-0.1)	1(2)
5	KNOWLES, Samuel		FR Widener	22.91Q (-0.6)	2(1)
6	SAYEH, Salekri		SO Widener	23.00q (-0.5)	4(2)
7	LINDER, Owen		FR Lebanon Valley	23.00q (-0.6)	2(2)
8	RACCIOPPI, Jai		SO Stevenson	23.04q (-0.1)	1(3)
9	HIGGINS, Ian		FR York (Pa.)	23.05 (-0.6)	2(3)
10	KOEHLER, Chandler		SO Eastern	23.08 (-0.5)	4(3)
11	SERRANO, Alijah		FR Albright	23.13 (-0.7)	3(2)
12	DUNBAR, Kyle		SO DeSales	23.18 (-0.7)	3(3)
13	ELLINGTON, Evan		JR Hood	23.42 (-0.6)	2(4)
14	ODEY, Omaji		JR Widener	23.43 (-0.1)	1(4)
15	OYENIRAN, Jubelo		SO Stevenson	23.61 (-0.7)	3(4)
16	HARRIS, Jade		SR Albright	23.65 (-0.5)	4(4)
17	JOHN, Michael		JR Widener	23.68 (-0.7)	3(5)
18	SHORT, Jack		FR Alvernia	23.74 (-0.6)	2(5)
19	RODRIGUEZ, Chris		SO Stevens	23.98 (-0.7)	3(6)
20	SNIPES, Dominic		SO Stevenson	23.99 (-0.6)	2(6)
21	HOANG, Steven		FR Stevens	24.04 (-0.5)	4(5)
22	AVERY, Brendan		FR King's (Pa.)	24.07 (-0.5)	4(6)
23	BINDRA, Rai		FR Stevens	24.26 (-0.1)	1(5)
24	HARDISON, Quincy		SO York (Pa.)	24.28 (-0.1)	1(6)
25	BERNER, Logan		SO DeSales	24.35 (-0.6)	2(7)
26	CIPRIANO, Jarod		JR Misericordia	25.29 (-0.6)	2(8)

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RESULTS**#20 Men's 200 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	H(Pl)
27	SAMS, Myles		SO Arcadia	30.38 (-0.7)	3(7)
28	MASON, Dontae		FR Delaware Valley	30.42 (-0.1)	1(7)
29	O'DUNLAMI, Matt		FR Delaware Valley	31.25 (-0.7)	3(8)
30	WILLIAMS, Jeremiah		JR Stevenson	38.89 (-0.5)	4(7)
	WILKINSON, Aedan		FR Messiah	DNS	1

HEAT RESULTS**Prelims**

Pl	Name	Yr	Team	Time
Heat 1 of 4				Wind: (-0.1)
1	BROWN, Marc		SR Widener	22.69Q
2	CARRIGAN, Peter		JR York (Pa.)	22.87q
3	RACCIOPPI, Jai		SO Stevenson	23.04q
4	ODEY, Omaji		JR Widener	23.43
5	BINDRA, Rai		FR Stevens	24.26
6	HARDISON, Quincy		SO York (Pa.)	24.28
7	MASON, Dontae		FR Delaware Valley	30.42
	WILKINSON, Aedan		FR Messiah	DNS
Heat 2 of 4				Wind: (-0.6)
1	KNOWLES, Samuel		FR Widener	22.91Q
2	LINDER, Owen		FR Lebanon Valley	23.00q
3	HIGGINS, Ian		FR York (Pa.)	23.05
4	ELLINGTON, Evan		JR Hood	23.42
5	SHORT, Jack		FR Alvernia	23.74
6	SNIPES, Dominic		SO Stevenson	23.99
7	BERNER, Logan		SO DeSales	24.35
8	CIPRIANO, Jarod		JR Misericordia	25.29
Heat 3 of 4				Wind: (-0.7)
1	BUHR, Owen		JR Lebanon Valley	22.75Q
2	SERRANO, Alijah		FR Albright	23.13
3	DUNBAR, Kyle		SO DeSales	23.18
4	OYENIRAN, Jubelo		SO Stevenson	23.61
5	JOHN, Michael		JR Widener	23.68
6	RODRIGUEZ, Chris		SO Stevens	23.98
7	SAMS, Myles		SO Arcadia	30.38
8	O'DUNLAMI, Matt		FR Delaware Valley	31.25
Heat 4 of 4				Wind: (-0.5)
1	SUMMERS, Cameron		JR Stevenson	22.76Q
2	SAYEH, Salekri		SO Widener	23.00q
3	KOEHLER, Chandler		SO Eastern	23.08
4	HARRIS, Jade		SR Albright	23.65
5	HOANG, Steven		FR Stevens	24.04
6	VERY, Brendan		FR King's (Pa.)	24.07
7	WILLIAMS, Jeremiah		JR Stevenson	38.89

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RESULTS**#21 Men's Hammer**

R	MAC Outdoor	65.10m	Tyler Williams	Widener	5/2/2014
	MAC Outdoor	65.97m	Tyler Williams	Widener	2014

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	KRISTELLER, Alex	FR	Widener	60.30m	2(1)	10
2	ADAMS, Justin	FR	Widener	50.40m	2(2)	8
3	WILLIAMS, Nathan	SO	Stevenson	50.20m	2(3)	6
4	LE CADRE, Justin	JR	King's (Pa.)	50.11m	2(4)	5
5	NI, Jacki	SR	DeSales	48.80m	2(5)	4
6	REYNOLDS, Trey	SO	Lebanon Valley	46.24m	2(6)	3
7	WATERS, David	FR	Widener	46.12m	2(7)	2
8	MURRAY, Matthew	SR	DeSales	45.28m	2(8)	1
9	SCOTT, Jason	SO	Alvernia	45.05m	2(9)	
10	LITTLEFIELD, Alden	JR	Widener	42.86m	2(10)	
11	HOWELL, Conrad	FR	Widener	42.53m	1(1)	
12	KERTIS, Vaughn	SO	Lebanon Valley	41.48m	1(2)	
13	KEADY, Colin	SO	Stevens	40.82m	1(3)	
14	SHAY, Cody	FR	Lebanon Valley	40.05m	1(4)	
15	KEMP, Carnell	FR	King's (Pa.)	38.84m	1(5)	
16	PUGH, Marcus	SR	Stevenson	35.42m	1(6)	
17	LECHTHALER, Hoyt	FR	Messiah	34.89m	1(7)	
18	TANG, Jetli	FR	King's (Pa.)	31.85m	1(8)	

FLIGHT RESULTS

Pl	Name	Yr	Team	Mark
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Flight 1 of 2

1	HOWELL, Conrad	FR	Widener	42.53m
2	KERTIS, Vaughn	SO	Lebanon Valley	41.48m
3	KEADY, Colin	SO	Stevens	40.82m
4	SHAY, Cody	FR	Lebanon Valley	40.05m
5	KEMP, Carnell	FR	King's (Pa.)	38.84m
6	PUGH, Marcus	SR	Stevenson	35.42m
7	LECHTHALER, Hoyt	FR	Messiah	34.89m
8	TANG, Jetli	FR	King's (Pa.)	31.85m

Flight 2 of 2

1	KRISTELLER, Alex	FR	Widener	60.30m
2	ADAMS, Justin	FR	Widener	50.40m
3	WILLIAMS, Nathan	SO	Stevenson	50.20m
4	LE CADRE, Justin	JR	King's (Pa.)	50.11m
5	NI, Jacki	SR	DeSales	48.80m
6	REYNOLDS, Trey	SO	Lebanon Valley	46.24m
7	WATERS, David	FR	Widener	46.12m
8	MURRAY, Matthew	SR	DeSales	45.28m
9	SCOTT, Jason	SO	Alvernia	45.05m
10	LITTLEFIELD, Alden	JR	Widener	42.86m

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RESULTS**#22 Women's Hammer**

R	MAC Outdoor	51.42m	Allison Reuter	Widener	5/3/2018
	MAC Outdoor	53.76m	Anna Cooney	Widener	2022

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	COONEY, Anna		SO Widener	R 52.80m	2(1)	10
2	KARNISH, Brenna		JR Misericordia	51.10m	2(2)	8
3	LACCETTI, AnaMaria		JR Stevens	48.31m	2(3)	6
4	LOUGHNEY, McKenna		SR Lebanon Valley	45.05m	2(4)	5
5	BARTELS, Ashley		SO Lebanon Valley	41.30m	2(5)	4
6	BROWN, Amanda		SO Messiah	40.59m	2(6)	3
7	BELLUCCI, Anna		FR King's (Pa.)	39.10m	2(7)	2
8	HOLLANDER, Adele		FR King's (Pa.)	37.66m	1(1)	1
9	VAUGHNS, Makayla		JR Stevenson	37.53m	2(8)	
10	SMITH, Brigitte		JR Eastern	37.21m	2(9)	
11	JONES, Kaitlyn		FR Delaware Valley	36.76m	2(10)	
12	BELLOMO, Gabby		FR Misericordia	36.41m	1(2)	
13	MULIAWAN, Ashley		FR Stevens	35.95m	2(11)	
14	ZECHMAN, Taileen		FR Hood	35.91m	2(12)	
15	MECKES, Isabelle		SO DeSales	35.68m	2(13)	
16	WRIGHT, Mikayla		FR Eastern	35.65m	1(3)	
17	SPENCE, Makenze		SO Lebanon Valley	35.46m	1(4)	
18	ASSANTE, Lauren		FR Lebanon Valley	34.37m	1(5)	
19	REED, Caroline		SO Lebanon Valley	33.88m	1(6)	
20	MORGANTI, Dianna		SO Alvernia	32.84m	1(7)	
21	FERSTER, Leah		FR Messiah	32.56m	1(8)	
22	BIELFELD, Sarah		SO Misericordia	32.25m	1(9)	
23	MYERS, Zoe		FR York (Pa.)	31.01m	1(10)	
24	KTYTOR, Sarah		SO Arcadia	26.45m	1(11)	
25	DOUGLAS, Meghan		SO Stevens	24.61m	1(12)	

FLIGHT RESULTS

Pl	Name	Yr	Team	Mark
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Flight 1 of 2

1	HOLLANDER, Adele		FR King's (Pa.)	37.66m
2	BELLOMO, Gabby		FR Misericordia	36.41m
3	WRIGHT, Mikayla		FR Eastern	35.65m
4	SPENCE, Makenze		SO Lebanon Valley	35.46m
5	ASSANTE, Lauren		FR Lebanon Valley	34.37m
6	REED, Caroline		SO Lebanon Valley	33.88m
7	MORGANTI, Dianna		SO Alvernia	32.84m
8	FERSTER, Leah		FR Messiah	32.56m
9	BIELFELD, Sarah		SO Misericordia	32.25m
10	MYERS, Zoe		FR York (Pa.)	31.01m
11	KTYTOR, Sarah		SO Arcadia	26.45m
12	DOUGLAS, Meghan		SO Stevens	24.61m

Flight 2 of 2

1	COONEY, Anna		SO Widener	R 52.80m
2	KARNISH, Brenna		JR Misericordia	51.10m

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RESULTS**#22 Women's Hammer (cont'd)**

Pl	Name	Yr	Team	Mark
3	LACCETTI, AnaMaria	JR	Stevens	48.31m
4	LOUGHNEY, McKenna	SR	Lebanon Valley	45.05m
5	BARTELS, Ashley	SO	Lebanon Valley	41.30m
6	BROWN, Amanda	SO	Messiah	40.59m
7	BELLUCCI, Anna	FR	King's (Pa.)	39.10m
8	VAUGHNS, Makayla	JR	Stevenson	37.53m
9	SMITH, Brigitte	JR	Eastern	37.21m
10	JONES, Kaitlyn	FR	Delaware Valley	36.76m
11	MULIAWAN, Ashley	FR	Stevens	35.95m
12	ZECHMAN, Taileen	FR	Hood	35.91m
13	MECKES, Isabelle	SO	DeSales	35.68m

#23 Men's High Jump

R	MAC Outdoor	2.08m	Chris Boyles	Messiah	2001
	MAC Outdoor	2.12m	Chris Boyles	Messiah	2001

Pl	Name	Yr	Team	Mark	Pts
1	MCKEE, Valiant	JR	Widener	1.92m	10
2	VILLANO, John	SO	Albright	1.82m	8
3	HEISEY, Derek	FR	Messiah	1.82m	6
4	CEKELLA, Caleb	JR	Lebanon Valley	1.82m	5
5	BENNIE, Patrick	FR	King's (Pa.)	1.77m	3
5	RUZICH, Matt	SO	Stevens	1.77m	3
5	SHERROD, Teone	FR	King's (Pa.)	1.77m	3
8	NIXON, Jonathan	SO	Eastern	1.77m	1
9	LOEHR, Adam	SO	Alvernia	1.72m	
10	SHOFF, Robert	JR	Lebanon Valley	1.72m	
10	LOPEZ, Elder	SO	York (Pa.)	1.72m	
10	ORTIZ, Bryce	JR	Widener	1.72m	
	FINCK, Kevin	FR	Stevens	NH	

#24 Women's High Jump

R	MAC Outdoor	1.72m	Ashlee Ward	Misericordia	2014
	MAC Outdoor	1.76m	Ashlee Ward	Misericordia	2014

Pl	Name	Yr	Team	Mark	Pts
1	DELLO RUSSO, Gina	SR	Stevens	1.56m	10
2	ALLEN, Casey	FR	Misericordia	1.51m	8
3	KOUTCH, Melena	FR	Lebanon Valley	1.51m	6
4	TIGHE, Caroline	FR	Stevens	1.51m	5
5	WAGNER, Sarah	FR	Misericordia	1.46m	4
6	WINGLE, Tyra	SR	DeSales	1.46m	3
7	DANIELS, Rachael	SR	Albright	1.46m	1.5
7	CANCIANI, Allie	SO	Stevens	1.46m	1.5
9	STEGER, Savannah	FR	Widener	1.41m	
9	GOURLEY, Emily	SO	Messiah	1.41m	
9	DAY, Skylia	FR	Stevenson	1.41m	
9	GLISTA, Morgan	JR	Arcadia	1.41m	
13	BROAD, Jess	FR	Stevens	1.36m	

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RESULTS**#24 Women's High Jump (cont'd)**

Pl	Name	Yr	Team	Mark	Pts
14	CALL, Olivia	FR	Messiah	1.36m	
15	D'AMATO, Cristina	FR	Eastern	1.31m	
	HODGES, Shani	FR	Eastern	NH	
	PIROLLO, Susanna	JR	Alvernia	NH	

#25 Women's Long Jump

R	MAC Outdoor	5.64m	Janine Shirk	Messiah	1996
	MAC Outdoor	5.93m	Sarah Wagner	Miserricordia	2022

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	DELLO RUSSO, Gina	SR	Stevens	5.61m (+0.0)	2(1)	10
2	PENA, Julia	SO	York (Pa.)	5.60m (+0.5)	2(2)	8
3	FELIX, Shinelle	FR	Alvernia	5.39m (+0.0)	2(3)	6
4	OLEWINE, Jill	JR	Misericordia	5.39m (+0.0)	2(4)	5
5	WAGNER, Sarah	FR	Misericordia	5.33m (+0.0)	2(5)	4
6	BYNUM-BAIN, Taylor	FR	Eastern	5.33m (+0.0)	2(6)	3
7	WINGLE, Tyra	SR	DeSales	5.18m (+0.0)	2(7)	2
8	MEYER, Liana	SO	Stevens	4.95m (+1.0)	2(8)	1
9	BRUBAKER, Megan	SO	DeSales	4.85m (+0.0)	2(9)	
10	SENSENI, Olivia	FR	Lebanon Valley	4.77m (-1.0)	2(10)	
11	PELLER, Melissa	FR	DeSales	4.73m (+0.0)	1(1)	
12	VARGAS, Elena	FR	Messiah	4.71m (+0.0)	2(11)	
13	APLIN, Grace	FR	Lebanon Valley	4.69m (+0.0)	2(12)	
14	GOOD, Laura	FR	Lebanon Valley	4.69m (-0.2)	1(2)	
15	SANTORO, Ella	FR	Stevens	4.66m (+0.0)	1(3)	
16	CONFORTI, Gabriella	FR	King's (Pa.)	4.64m (+0.0)	1(4)	
17	MUZZARELLI, Maria	FR	Widener	4.55m (+0.0)	2(13)	
18	BEKELE, Divora	FR	Eastern	4.50m (+0.0)	1(5)	
19	RENE, Gabriella	JR	Albright	4.41m (-1.2)	1(6)	
20	CASTILLO, Gloria	FR	Hood	4.40m (+0.0)	1(7)	
21	PEYTON, Danielle	JR	Widener	4.26m (+0.0)	1(8)	
22	ILIESCU, Roxy	JR	Arcadia	4.20m (+0.0)	1(9)	
23	OSEI, Nicole	JR	Stevenson	4.08m (-0.2)	1(10)	
24	KOWALSKI, Isabella	FR	Arcadia	3.92m (-0.8)	1(11)	
	DAVIS, Xiahna	FR	Misericordia	NM	1	
	ROGERS, Mackenzie	FR	Hood	NM	1	

FLIGHT RESULTS

Pl	Name	Yr	Team	Mark
Flight 1 of 2				
1	PELLER, Melissa	FR	DeSales	4.73m (+0.0)
2	GOOD, Laura	FR	Lebanon Valley	4.69m (-0.2)
3	SANTORO, Ella	FR	Stevens	4.66m (+0.0)
4	CONFORTI, Gabriella	FR	King's (Pa.)	4.64m (+0.0)
5	BEKELE, Divora	FR	Eastern	4.50m (+0.0)
6	RENE, Gabriella	JR	Albright	4.41m (-1.2)
7	CASTILLO, Gloria	FR	Hood	4.40m (+0.0)

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RESULTS**#25 Women's Long Jump (cont'd)**

Pl	Name	Yr	Team	Mark
8	PEYTON, Danielle	JR	Widener	4.26m (+0.0)
9	ILIESCU, Roxy	JR	Arcadia	4.20m (+0.0)
10	OSEI, Nicole	JR	Stevenson	4.08m (-0.2)
11	KOWALSKI, Isabella	FR	Arcadia	3.92m (-0.8)
	DAVIS, Xiahna	FR	Misericordia	NM
	ROGERS, Mackenzie	FR	Hood	NM

Flight 2 of 2

1	DELLO RUSSO, Gina	SR	Stevens	5.61m (+0.0)
2	PENA, Julia	SO	York (Pa.)	5.60m (+0.5)
3	FELIX, Shinelle	FR	Alvernia	5.39m (+0.0)
4	OLEWINE, Jill	JR	Misericordia	5.39m (+0.0)
5	WAGNER, Sarah	FR	Misericordia	5.33m (+0.0)
6	BYNUM-BAIN, Taylor	FR	Eastern	5.33m (+0.0)
7	WINGLE, Tyra	SR	DeSales	5.18m (+0.0)
8	MEYER, Liana	SO	Stevens	4.95m (+1.0)
9	BRUBAKER, Megan	SO	DeSales	4.85m (+0.0)
10	SENSENI, Olivia	FR	Lebanon Valley	4.77m (-1.0)
11	VARGAS, Elena	FR	Messiah	4.71m (+0.0)
12	APLIN, Grace	FR	Lebanon Valley	4.69m (+0.0)
13	MUZZARELLI, Maria	FR	Widener	4.55m (+0.0)

#26 Men's Long Jump

R	MAC Outdoor	7.86m	Ta'riq Thomas	Delaware Valley	5/4/2018
	MAC Outdoor	7.86m	Ta'riq Thomas	Delaware Valley	5/4/2018

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	PHOENIX, Xavier	JR	DeSales	6.79m (+0.0)	2(1)	10
2	MYERS, Eddie	JR	Lebanon Valley	6.56m (+0.0)	2(2)	8
3	COSGROVE, Aaron	SO	York (Pa.)	6.53m (+0.0)	2(3)	6
4	BRUNELLE, Matthieu	SO	Misericordia	6.53m (+0.0)	2(4)	5
5	SAMS, Myles	SO	Arcadia	6.53m (+0.0)	2(5)	4
6	PROVAN, Brendan	SO	Messiah	6.52m (+0.0)	2(6)	3
7	HOWELL, Kenny	FR	Stevens	6.37m (+0.0)	2(7)	2
8	OTTO, Joshua	SO	Lebanon Valley	6.34m (+0.0)	2(8)	1
9	EVANS, Colin	SO	York (Pa.)	6.23m (+0.2)	1(1)	
10	MASON, Dontae	FR	Delaware Valley	6.07m (+0.0)	2(9)	
11	MAHONEY, Jack	SO	York (Pa.)	6.00m (+0.0)	2(10)	
12	SHEFFIELD, Daniel	SO	Lebanon Valley	5.94m (+0.6)	1(2)	
13	MALEY, Michael	FR	Albright	5.92m (+0.7)	1(3)	
14	WALKER, Sidney	JR	Albright	5.88m (+0.0)	2(11)	
15	HOPKINS, Ty'Shawn	JR	Misericordia	5.86m (+0.8)	1(4)	
16	LOEHR, Adam	SO	Alvernia	5.85m (+0.0)	1(5)	
17	TAYLOR, Andre	FR	Eastern	5.83m (+1.1)	1(6)	
18	VILLANO, John	SO	Albright	5.82m (+0.0)	1(7)	
19	KERR, Landon	FR	Messiah	5.77m (+0.0)	1(8)	
20	NOVROCKI, Andrew	FR	King's (Pa.)	5.67m (+0.0)	2(12)	
21	HENDERSON, George	FR	Eastern	5.60m (+0.0)	2(13)	
22	MADISON, Moses	SO	Delaware Valley	5.57m (+0.0)	1(9)	

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RESULTS**#26 Men's Long Jump (cont'd)**

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
23	PINES ELLIOTT, Masai	FR	Arcadia	5.57m (+0.9)	1	(10)
24	COMPTON, Makir	SO	Albright	5.56m (+0.0)	1	(11)
25	CAPUTO, Dylan	JR	Widener	5.43m (+0.0)	1	(12)
26	BATISTA, Javian	FR	Stevens	5.14m (+0.7)	1	(13)

FLIGHT RESULTS

Pl	Name	Yr	Team	Mark
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Flight 1 of 2

1	EVANS, Colin	SO	York (Pa.)	6.23m (+0.2)
2	SHEFFIELD, Daniel	SO	Lebanon Valley	5.94m (+0.6)
3	MALEY, Michael	FR	Albright	5.92m (+0.7)
4	HOPKINS, Ty'Shawn	JR	Misericordia	5.86m (+0.8)
5	LOEHR, Adam	SO	Alvernia	5.85m (+0.0)
6	TAYLOR, Andre	FR	Eastern	5.83m (+1.1)
7	VILLANO, John	SO	Albright	5.82m (+0.0)
8	KERR, Landon	FR	Messiah	5.77m (+0.0)
9	MADISON, Moses	SO	Delaware Valley	5.57m (+0.0)
10	PINES ELLIOTT, Masai	FR	Arcadia	5.57m (+0.9)
11	COMPTON, Makir	SO	Albright	5.56m (+0.0)
12	CAPUTO, Dylan	JR	Widener	5.43m (+0.0)
13	BATISTA, Javian	FR	Stevens	5.14m (+0.7)

Flight 2 of 2

1	PHOENIX, Xavier	JR	DeSales	6.79m (+0.0)
2	MYERS, Eddie	JR	Lebanon Valley	6.56m (+0.0)
3	COSGROVE, Aaron	SO	York (Pa.)	6.53m (+0.0)
4	BRUNELLE, Matthieu	SO	Misericordia	6.53m (+0.0)
5	SAMS, Myles	SO	Arcadia	6.53m (+0.0)
6	PROVAN, Brendan	SO	Messiah	6.52m (+0.0)
7	HOWELL, Kenny	FR	Stevens	6.37m (+0.0)
8	OTTO, Joshua	SO	Lebanon Valley	6.34m (+0.0)
9	MASON, Dontae	FR	Delaware Valley	6.07m (+0.0)
10	MAHONEY, Jack	SO	York (Pa.)	6.00m (+0.0)
11	WALKER, Sidney	JR	Albright	5.88m (+0.0)
12	NOVROCKI, Andrew	FR	King's (Pa.)	5.67m (+0.0)
13	HENDERSON, George	FR	Eastern	5.60m (+0.0)

#27 Women's Discus

R	MAC Outdoor	43.28m	Ann Musser	Lebanon Valley	1998
	MAC Outdoor	46.53m	Lauren Lucci	Widener	2006

Pl	Name	Yr	Team	Mark	Pts
1	MECKES, Isabelle	SO	DeSales	40.32m	10
2	ZAMOLYI, Quintessa	JR	Misericordia	37.36m	8
3	LACCETTI, AnaMaria	JR	Stevens	36.60m	6
4	MULIAWAN, Ashley	FR	Stevens	35.45m	5
5	HILFERTY, Delaney	FR	King's (Pa.)	35.37m	4
6	KARNISH, Brenna	JR	Misericordia	34.82m	3
7	SPENCE, Makenze	SO	Lebanon Valley	34.79m	2

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RESULTS**#27 Women's Discus (cont'd)**

Pl	Name	Yr	Team	Mark	Pts
8	BETZ, Alyssa	FR	Lebanon Valley	34.39m	1
9	SMITH, Brigitte	JR	Eastern	31.21m	
10	BELLOMO, Gabby	FR	Misericordia	30.69m	
11	DOUGLAS, Meghan	SO	Stevens	29.92m	
12	BROWN, Amanda	SO	Messiah	29.76m	
13	FICK, MaKenna	FR	Arcadia	29.22m	
14	MORGANTI, Dianna	SO	Alvernia	24.96m	

#28 Men's Discus

R	MAC Outdoor	51.69m	Knut Hjeltness	Western Maryland	1973
	MAC Outdoor	52.92m	Frank Schubert	Lehigh	1954

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	WILLIAMS, Nathan	SO	Stevenson	42.80m	2(1)	10
2	MOTT, Andrew	SO	York (Pa.)	42.63m	2(2)	8
3	LE CADRE, Justin	JR	King's (Pa.)	42.23m	2(3)	6
4	MURRAY, Matthew	SR	DeSales	41.00m	2(4)	5
5	ADAMS, Justin	FR	Widener	40.92m	2(5)	4
6	SHARP, Harrison	SO	York (Pa.)	40.13m	2(6)	3
7	KRISTELLER, Alex	FR	Widener	39.16m	2(7)	2
8	PEROT, Brandon	FR	Delaware Valley	37.27m	2(8)	1
9	LECHTHALER, Hoyt	FR	Messiah	37.20m	1(1)	
10	SCOTT, Jason	SO	Alvernia	36.81m	1(2)	
11	KEMP, Carnell	FR	King's (Pa.)	36.70m	1(3)	
12	PILAWSKI, Christian	SO	Messiah	36.50m	1(4)	
13	JUSINO, Christian	JR	Albright	36.40m	1(5)	
14	LAPSYNSKI, Erik	JR	DeSales	35.79m	1(6)	
15	FISHER, William	SO	Lebanon Valley	33.30m	1(7)	
16	EVANICK, G. Aonghas	FR	Lebanon Valley	32.35m	1(8)	
17	WARE, Jared	FR	Widener	31.90m	2(9)	
	PUGH, Marcus	SR	Stevenson	NM	1	
	KEADY, Colin	SO	Stevens	NM	1	
	ANDERSON, Michael	SO	Misericordia	NM	2	

FLIGHT RESULTS

Pl	Name	Yr	Team	Mark
Flight 1 of 2				
1	LECHTHALER, Hoyt	FR	Messiah	37.20m
2	SCOTT, Jason	SO	Alvernia	36.81m
3	KEMP, Carnell	FR	King's (Pa.)	36.70m
4	PILAWSKI, Christian	SO	Messiah	36.50m
5	JUSINO, Christian	JR	Albright	36.40m
6	LAPSYNSKI, Erik	JR	DeSales	35.79m
7	FISHER, William	SO	Lebanon Valley	33.30m
8	EVANICK, G. Aonghas	FR	Lebanon Valley	32.35m
	PUGH, Marcus	SR	Stevenson	NM
	KEADY, Colin	SO	Stevens	NM

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RESULTS

#28 Men's Discus (cont'd)

Pl	Name	Yr	Team	Mark
Flight 2 of 2				
1	WILLIAMS, Nathan	SO	Stevenson	42.80m
2	MOTT, Andrew	SO	York (Pa.)	42.63m
3	LE CADRE, Justin	JR	King's (Pa.)	42.23m
4	MURRAY, Matthew	SR	DeSales	41.00m
5	ADAMS, Justin	FR	Widener	40.92m
6	SHARP, Harrison	SO	York (Pa.)	40.13m
7	KRISTELLER, Alex	FR	Widener	39.16m
8	PEROT, Brandon	FR	Delaware Valley	37.27m
9	WARE, Jared	FR	Widener	31.90m
	ANDERSON, Michael	SO	Misericordia	NM

#29 Women's 1500 Meters

Pl	Name	Yr	Team	Time	H(Pl)	Pts
R	MAC Outdoor	4:35.64	Cynthia Adams	Lebanon Vall		5/3/2014
	MAC Outdoor	4:18.28	Esther Seeland	Messiah		2022 Penn Relays
1	SEELAND, Esther	SO	Messiah	4:48.28	2(1)	10
	1:01.15 (1:01.15)	1:18.79 (2:19.94)	1:17.96 (3:37.89)	1:10.39 (4:48.28)		
2	SCHOENER, Katelyn	SO	Alvernia	4:50.22	2(2)	8
	1:01.23 (1:01.23)	1:18.92 (2:20.14)	1:18.01 (3:38.15)	1:12.08 (4:50.22)		
3	SMITH, Amelia	SO	DeSales	4:53.90	2(3)	6
	1:01.22 (1:01.22)	.16 (1:01.37)	1:18.98 (2:20.35)	2:33.56 (4:53.90)		
4	BUNKE, Lauren	SO	Lebanon Valley	4:57.91	2(4)	5
	1:01.60 (1:01.60)	1:18.40 (2:19.99)	1:18.09 (3:38.08)	1:19.83 (4:57.91)		
5	BERNOTAS, Katelyn	JR	Widener	4:58.09	2(5)	4
	1:01.55 (1:01.55)	1:19.39 (2:20.93)	1:20.57 (3:41.49)	1:16.60 (4:58.09)		
6	SHREFFLER, Hailey	FR	Eastern	5:02.53	1(1)	3
	57.44 (57.44)	1:21.17 (2:18.60)	1:23.19 (3:41.78)	1:20.76 (5:02.53)		
7	DICKOW, Kate	FR	Messiah	5:02.58	2(6)	2
	1:01.36 (1:01.36)	1:19.13 (2:20.49)	1:20.31 (3:40.80)	1:21.79 (5:02.58)		
8	GABLE, Carly	FR	Widener	5:04.42	2(7)	1
	1:01.41 (1:01.41)	1:19.31 (2:20.72)	1:22.81 (3:43.52)	1:20.91 (5:04.42)		
9	ANTHONY, Katie	FR	Messiah	5:05.73	1(2)	
	57.93 (57.93)	1:20.98 (2:18.91)	1:23.27 (3:42.17)	1:23.56 (5:05.73)		
10	WESTER, Chloe	SO	Messiah	5:05.79	1(3)	
	57.62 (57.62)	1:20.76 (2:18.37)	1:22.63 (3:40.99)	1:24.80 (5:05.79)		
11	MARKWALTER, LeeAnn	JR	DeSales	5:06.41	2(8)	
	1:01.78 (1:01.78)	1:20.28 (2:22.06)	1:23.48 (3:45.53)	1:20.88 (5:06.41)		
12	GORDLEY, Micah	SO	Arcadia	5:06.81	1(4)	
	57.22 (57.22)	1:21.12 (2:18.34)	1:23.04 (3:41.37)	1:25.44 (5:06.81)		
13	WAGNER, Brianna	FR	Misericordia	5:07.53	2(9)	
	1:01.69 (1:01.69)	1:21.02 (2:22.71)	1:22.58 (3:45.28)	1:22.25 (5:07.53)		
14	FOGELSANGER, Amber	FR	Messiah	5:07.95	1(5)	
	58.64 (58.64)	1:23.87 (2:22.50)	1:25.88 (3:48.37)	1:19.58 (5:07.95)		
15	VISAGGIO, Olivia	JR	Misericordia	5:09.20	2(10)	
	1:01.91 (1:01.91)	1:21.00 (2:22.91)	1:24.20 (3:47.11)	1:22.09 (5:09.20)		
16	RESELE, Julia	JR	Lebanon Valley	5:10.29	2(11)	

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Pl	Name	Yr	Team	Time	H(Pl)	Pts
	1:01.84 (1:01.84)	1:19.33 (2:21.17)	1:22.48 (3:43.65)	1:26.65 (5:10.29)		
17	SABO, Mikhayla		SR Stevenson	5:10.81	1(6)	
	58.09 (58.09)	1:22.53 (2:20.62)	1:25.29 (3:45.90)	1:24.91 (5:10.81)		
18	SKANE, Sarah		SO York (Pa.)	5:11.25	1(7)	
	58.19 (58.19)	1:21.88 (2:20.06)	1:26.22 (3:46.28)	1:24.98 (5:11.25)		
19	SMITH, Sarah		FR Messiah	5:14.58	1(8)	
	58.40 (58.40)	1:23.84 (2:22.24)	1:28.23 (3:50.46)	1:24.12 (5:14.58)		
20	ESTUS, Haley		FR DeSales	5:14.99	1(9)	
	58.64 (58.64)	1:23.79 (2:22.43)	1:29.51 (3:51.93)	1:23.06 (5:14.99)		
21	ALBRIGHT, Beth		JR King's (Pa.)	5:17.59	2(12)	
	1:01.21 (1:01.21)	2:46.99 (3:48.20)	1:29.40 (5:17.59)			
22	ANNASENZ, Kelsey		FR Misericordia	5:21.57	1(10)	
	57.83 (57.83)	1:25.23 (2:23.05)	1:30.82 (3:53.87)	1:27.70 (5:21.57)		
23	WALSTROM, Kathleen		SO Messiah	5:28.09	1(11)	
	58.38 (58.38)	1:24.01 (2:22.39)	1:31.85 (3:54.23)	1:33.86 (5:28.09)		

SECTION RESULTS

Pl	Name	Yr	Team	Time
Section 1 of 2				
1	SHREFFLER, Hailey		FR Eastern	5:02.53
	57.44 (57.44)	1:21.17 (2:18.60)	1:23.19 (3:41.78)	1:20.76 (5:02.53)
2	ANTHONY, Katie		FR Messiah	5:05.73
	57.93 (57.93)	1:20.98 (2:18.91)	1:23.27 (3:42.17)	1:23.56 (5:05.73)
3	WESTER, Chloe		SO Messiah	5:05.79
	57.62 (57.62)	1:20.76 (2:18.37)	1:22.63 (3:40.99)	1:24.80 (5:05.79)
4	GORDLEY, Micah		SO Arcadia	5:06.81
	57.22 (57.22)	1:21.12 (2:18.34)	1:23.04 (3:41.37)	1:25.44 (5:06.81)
5	FOGELSANGER, Amber		FR Messiah	5:07.95
	58.64 (58.64)	1:23.87 (2:22.50)	1:25.88 (3:48.37)	1:19.58 (5:07.95)
6	SABO, Mikhayla		SR Stevenson	5:10.81
	58.09 (58.09)	1:22.53 (2:20.62)	1:25.29 (3:45.90)	1:24.91 (5:10.81)
7	SKANE, Sarah		SO York (Pa.)	5:11.25
	58.19 (58.19)	1:21.88 (2:20.06)	1:26.22 (3:46.28)	1:24.98 (5:11.25)
8	SMITH, Sarah		FR Messiah	5:14.58
	58.40 (58.40)	1:23.84 (2:22.24)	1:28.23 (3:50.46)	1:24.12 (5:14.58)
9	ESTUS, Haley		FR DeSales	5:14.99
	58.64 (58.64)	1:23.79 (2:22.43)	1:29.51 (3:51.93)	1:23.06 (5:14.99)
10	ANNASENZ, Kelsey		FR Misericordia	5:21.57
	57.83 (57.83)	1:25.23 (2:23.05)	1:30.82 (3:53.87)	1:27.70 (5:21.57)
11	WALSTROM, Kathleen		SO Messiah	5:28.09
	58.38 (58.38)	1:24.01 (2:22.39)	1:31.85 (3:54.23)	1:33.86 (5:28.09)
Section 2 of 2				
1	SEELAND, Esther		SO Messiah	4:48.28
	1:01.15 (1:01.15)	1:18.79 (2:19.94)	1:17.96 (3:37.89)	1:10.39 (4:48.28)
2	SCHOENER, Katelyn		SO Alvernia	4:50.22
	1:01.23 (1:01.23)	1:18.92 (2:20.14)	1:18.01 (3:38.15)	1:12.08 (4:50.22)

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Pl	Name	Yr	Team	Time
3	SMITH, Amelia		SO DeSales	4:53.90
	1:01.22 (1:01.22)	.16 (1:01.37)	1:18.98 (2:20.35)	2:33.56 (4:53.90)
4	BUNKE, Lauren		SO Lebanon Valley	4:57.91
	1:01.60 (1:01.60)	1:18.40 (2:19.99)	1:18.09 (3:38.08)	1:19.83 (4:57.91)
5	BERNOTAS, Katelyn		JR Widener	4:58.09
	1:01.55 (1:01.55)	1:19.39 (2:20.93)	1:20.57 (3:41.49)	1:16.60 (4:58.09)
6	DICKOW, Kate		FR Messiah	5:02.58
	1:01.36 (1:01.36)	1:19.13 (2:20.49)	1:20.31 (3:40.80)	1:21.79 (5:02.58)
7	GABLE, Carly		FR Widener	5:04.42
	1:01.41 (1:01.41)	1:19.31 (2:20.72)	1:22.81 (3:43.52)	1:20.91 (5:04.42)
8	MARKWALTER, LeeAnn		JR DeSales	5:06.41
	1:01.78 (1:01.78)	1:20.28 (2:22.06)	1:23.48 (3:45.53)	1:20.88 (5:06.41)
9	WAGNER, Brianna		FR Misericordia	5:07.53
	1:01.69 (1:01.69)	1:21.02 (2:22.71)	1:22.58 (3:45.28)	1:22.25 (5:07.53)
10	VISAGGIO, Olivia		JR Misericordia	5:09.20
	1:01.91 (1:01.91)	1:21.00 (2:22.91)	1:24.20 (3:47.11)	1:22.09 (5:09.20)
11	RESELE, Julia		JR Lebanon Valley	5:10.29
	1:01.84 (1:01.84)	1:19.33 (2:21.17)	1:22.48 (3:43.65)	1:26.65 (5:10.29)
12	ALBRIGHT, Beth		JR King's (Pa.)	5:17.59
	1:01.21 (1:01.21)	2:46.99 (3:48.20)	1:29.40 (5:17.59)	

#30 Men's 1500 Meters

R	MAC Outdoor	3:45.68	Kevin Foley	Haverford	1983
	MAC Outdoor	3:45.68	Kevin Foley	Haverford	1983

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	BEILER, Brody		SR Messiah	4:03.23	2(1)	10
	49.67 (49.67)	.40 (50.07)	1:06.52 (1:56.58)	2:06.66 (4:03.23)		
2	HORST, Logan		SO Messiah	4:04.52	2(2)	8
	49.93 (49.93)	1:07.31 (1:57.23)	1:06.52 (3:03.75)	1:00.77 (4:04.52)		
3	HUTCHINSON, Andrew		SO Messiah	4:04.57	2(3)	6
	50.38 (50.38)	1:07.07 (1:57.44)	1:06.70 (3:04.14)	1:00.44 (4:04.57)		
4	SCHEIB, Alex		SR Messiah	4:05.32	2(4)	5
	49.94 (49.94)	1:07.15 (1:57.09)	1:06.72 (3:03.81)	1:01.52 (4:05.32)		
5	TYCE, Carl		JR DeSales	4:05.56	2(5)	4
	50.21 (50.21)	1:06.42 (1:56.63)	1:07.36 (3:03.98)	1:01.58 (4:05.56)		
6	AYLMER, Jake		SO Stevens	4:05.92	2(6)	3
	50.20 (50.20)	1:06.81 (1:57.00)	2:08.93 (4:05.92)			
7	IDDRISS, Iddriss		SR Stevenson	4:08.15	2(7)	2
	49.73 (49.73)	1:07.05 (1:56.78)	1:07.24 (3:04.01)	1:04.15 (4:08.15)		
8	ARTIS, Shane		SO DeSales	4:08.18	2(8)	1
	49.51 (49.51)	1:07.17 (1:56.68)	1:07.49 (3:04.17)	1:04.02 (4:08.18)		
9	MOYER, Josiah		SO Messiah	4:11.48	2(9)	
	1:57.35 (1:57.35)	2:14.13 (4:11.48)				
10	RHINEHART, Trey		FR Misericordia	4:12.03	1(1)	
	49.76 (49.76)	1:08.61 (1:58.37)	1:08.71 (3:07.07)	1:04.97 (4:12.03)		
11	MELAO, Ronnie		SO Stevens	4:12.10	1(2)	
	49.56 (49.56)	1:08.69 (1:58.24)	1:08.94 (3:07.18)	1:04.93 (4:12.10)		

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RESULTS**#30 Men's 1500 Meters (cont'd)**

Pl	Name	Yr	Team	Time	H(Pl)	Pts
12	CARDIE, Joseph		JR Widener	4:13.58	2	(10)
	50.06 (50.06)	1:07.22 (1:57.28)	2:16.31 (4:13.58)			
13	VALDERRABANO, Isaac		SO York (Pa.)	4:13.84	1	(3)
	50.38 (50.38)	1:10.80 (2:01.18)	1:08.80 (3:09.97) 1:03.87 (4:13.84)			
14	FERRIZZI, Vince		SO Lebanon Valley	4:13.96	2	(11)
	49.82 (49.82)	1:07.05 (1:56.87)	1:08.81 (3:05.67) 1:08.29 (4:13.96)			
15	KETTULA, John		FR York (Pa.)	4:15.99	1	(4)
	49.80 (49.80)	1:11.17 (2:00.97)	1:09.35 (3:10.31) 1:05.69 (4:15.99)			
16	MCFOY, Noah		JR Widener	4:16.78	2	(12)
	1:58.06 (1:58.06)	1:08.19 (3:06.24)	1:10.54 (4:16.78)			
17	WINGARD, Jacob		FR York (Pa.)	4:17.14	1	(5)
	49.80 (49.80)	1:08.57 (1:58.37)	1:12.69 (3:11.05) 1:06.10 (4:17.14)			
18	BARRETT, Jake		JR Stevenson	4:21.94	1	(6)
	50.06 (50.06)	1:10.68 (2:00.74)	1:10.12 (3:10.86) 1:11.08 (4:21.94)			
19	ROSEBOOM, Jack		FR York (Pa.)	4:22.69	1	(7)
	49.51 (49.51)	1:10.94 (2:00.44)	1:10.74 (3:11.17) 1:11.52 (4:22.69)			
20	DEREMER, Josh		FR DeSales	4:22.89	1	(8)
	49.98 (49.98)	1:10.61 (2:00.58)	1:12.12 (3:12.70) 1:10.20 (4:22.89)			
21	LOY, Andrew		SO Lebanon Valley	4:23.37	1	(9)
	50.17 (50.17)	1:10.79 (2:00.96)	1:12.70 (3:13.66) 1:09.72 (4:23.37)			
22	ZAMICHIELI, Dante		FR Albright	4:23.72	1	(10)
	50.32 (50.32)	1:10.97 (2:01.28)	1:12.62 (3:13.90) 1:09.83 (4:23.72)			
	FOGEL, Devon		SR Messiah	DNS	1	

SECTION RESULTS

Pl	Name	Yr	Team	Time
Section 1 of 2				
1	RHINEHART, Trey		FR Misericordia	4:12.03
	49.76 (49.76)	1:08.61 (1:58.37)	1:08.71 (3:07.07) 1:04.97 (4:12.03)	
2	MELAO, Ronnie		SO Stevens	4:12.10
	49.56 (49.56)	1:08.69 (1:58.24)	1:08.94 (3:07.18) 1:04.93 (4:12.10)	
3	VALDERRABANO, Isaac		SO York (Pa.)	4:13.84
	50.38 (50.38)	1:10.80 (2:01.18)	1:08.80 (3:09.97) 1:03.87 (4:13.84)	
4	KETTULA, John		FR York (Pa.)	4:15.99
	49.80 (49.80)	1:11.17 (2:00.97)	1:09.35 (3:10.31) 1:05.69 (4:15.99)	
5	WINGARD, Jacob		FR York (Pa.)	4:17.14
	49.80 (49.80)	1:08.57 (1:58.37)	1:12.69 (3:11.05) 1:06.10 (4:17.14)	
6	BARRETT, Jake		JR Stevenson	4:21.94
	50.06 (50.06)	1:10.68 (2:00.74)	1:10.12 (3:10.86) 1:11.08 (4:21.94)	
7	ROSEBOOM, Jack		FR York (Pa.)	4:22.69
	49.51 (49.51)	1:10.94 (2:00.44)	1:10.74 (3:11.17) 1:11.52 (4:22.69)	
8	DEREMER, Josh		FR DeSales	4:22.89
	49.98 (49.98)	1:10.61 (2:00.58)	1:12.12 (3:12.70) 1:10.20 (4:22.89)	
9	LOY, Andrew		SO Lebanon Valley	4:23.37
	50.17 (50.17)	1:10.79 (2:00.96)	1:12.70 (3:13.66) 1:09.72 (4:23.37)	
10	ZAMICHIELI, Dante		FR Albright	4:23.72
	50.32 (50.32)	1:10.97 (2:01.28)	1:12.62 (3:13.90) 1:09.83 (4:23.72)	

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Pl	Name	Yr	Team	Time
Section 2 of 2				
1	BEILER, Brody		SR Messiah	4:03.23
	49.67 (49.67)	.40 (50.07)	1:06.52 (1:56.58)	2:06.66 (4:03.23)
2	HORST, Logan		SO Messiah	4:04.52
	49.93 (49.93)	1:07.31 (1:57.23)	1:06.52 (3:03.75)	1:00.77 (4:04.52)
3	HUTCHINSON, Andrew		SO Messiah	4:04.57
	50.38 (50.38)	1:07.07 (1:57.44)	1:06.70 (3:04.14)	1:00.44 (4:04.57)
4	SCHEIB, Alex		SR Messiah	4:05.32
	49.94 (49.94)	1:07.15 (1:57.09)	1:06.72 (3:03.81)	1:01.52 (4:05.32)
5	TYCE, Carl		JR DeSales	4:05.56
	50.21 (50.21)	1:06.42 (1:56.63)	1:07.36 (3:03.98)	1:01.58 (4:05.56)
6	AYLMER, Jake		SO Stevens	4:05.92
	50.20 (50.20)	1:06.81 (1:57.00)	2:08.93 (4:05.92)	
7	IDDRISS, Idriss		SR Stevenson	4:08.15
	49.73 (49.73)	1:07.05 (1:56.78)	1:07.24 (3:04.01)	1:04.15 (4:08.15)
8	ARTIS, Shane		SO DeSales	4:08.18
	49.51 (49.51)	1:07.17 (1:56.68)	1:07.49 (3:04.17)	1:04.02 (4:08.18)
9	MOYER, Josiah		SO Messiah	4:11.48
	1:57.35 (1:57.35)	2:14.13 (4:11.48)		
10	CARDIE, Joseph		JR Widener	4:13.58
	50.06 (50.06)	1:07.22 (1:57.28)	2:16.31 (4:13.58)	
11	FERRIZZI, Vince		SO Lebanon Valley	4:13.96
	49.82 (49.82)	1:07.05 (1:56.87)	1:08.81 (3:05.67)	1:08.29 (4:13.96)
12	MCFOY, Noah		JR Widener	4:16.78
	1:58.06 (1:58.06)	1:08.19 (3:06.24)	1:10.54 (4:16.78)	

#31 Women's 5000 Meters

R	MAC Outdoor	17:20.87	Carla Thomas	Moravian	1994
	MAC Outdoor	16:54.45	Clare Schoen	Misericordia	2018

Pl	Name	Yr	Team	Time	Pts
1	MURPHY, Grace		SO Widener	18:20.38	10
2	THOMPSON, Alexa		JR Misericordia	18:34.02	8
3	TOMKO, Zoe		FR King's (Pa.)	18:35.84	6
4	GABLE, Carly		FR Widener	18:37.38	5
5	GROETZ, Sarah		FR Widener	18:40.14	4
6	SCHOENER, Katelyn		SO Alvernia	18:43.12	3
7	JONES, Keri		SR Lebanon Valley	18:47.31	2
8	VISAGGIO, Olivia		JR Misericordia	18:48.42	1
9	PARDEW, Isabelle		JR Stevenson	18:52.20	
10	SMITH, Amelia		SO DeSales	18:55.03	
11	COONEY, Emily		FR Widener	18:56.02	
12	DEVRIES, Sarah		SO Misericordia	19:03.55	
13	DICKOW, Kate		FR Messiah	19:13.66	
14	HUGHEY, Kayla		FR Misericordia	19:17.80	
15	JONES, Katherine		FR Misericordia	19:29.03	
16	SCHUTTE, Ali		SO Messiah	19:32.90	

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RESULTS**#31 Women's 5000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Pts
17	WESTER, Chloe	SO	Messiah	19:33.83	
18	POWELL, Teddi	SO	Messiah	19:42.32	
19	PROTHERO, Katelyn	SO	Messiah	19:44.93	
20	BLACKMON, Alyssa	SO	Delaware Valley	19:47.19	
21	EGAN, Liz	FR	Widener	19:49.06	
22	AL NASERI, Maryam	SO	Stevenson	19:59.93	
23	SWAISGOOD, Amber	SO	Messiah	20:02.38	
24	FRIES, Isabel	FR	Alvernia	20:05.97	
25	MELLSTROM, Lauren	JR	Stevenson	20:07.93	
26	HOFFMAN, Marah	JR	Lebanon Valley	20:10.83	
27	DEMICHIEL, Sophie	JR	Arcadia	20:22.85	
28	BATH, Sarah	FR	Messiah	20:25.68	
29	KAISER, Bre	SO	York (Pa.)	20:40.42	
	STROUSE, Amber	JR	York (Pa.)	DNS	
	WICK, Lauren	JR	Lebanon Valley	DNS	
	VAN TASSELL, Taylor	JR	Misericordia	DNS	
	HABERSTROH, Jordan	JR	York (Pa.)	DNS	

#32 Men's 5000 Meters

R	MAC Outdoor	14:27.83	Seamus McElligott	Haverford	1991
	MAC Outdoor	14:08.18	Ernie Pitone	Widener	2017

Pl	Name	Yr	Team	Time	Pts
1	COSTELLO, Kyle 15:46.56 (15:46.56)	FR	Messiah	15:46.56	10
2	CARDIE, Joseph 15:52.02 (15:52.02)	JR	Widener	15:48.39	8
3	CAROLAN, Patrick 15:49.46 (15:49.46)	JR	Widener	15:49.46	6
4	HORST, Logan 15:49.83 (15:49.83)	SO	Messiah	15:49.83	5
5	HUTCHINSON, Andrew 15:49.87 (15:49.87)	SO	Messiah	15:49.87	4
6	FLEAR, Thomas 15:50.55 (15:50.55)	FR	Widener	15:50.55	3
7	CONCANNON, Liam 15:50.68 (15:50.68)	SO	Stevens	15:50.68	2
8	RASTATTER, Ryan 15:52.02 (15:52.02)	SR	Widener	15:52.02	1
9	CALISTI, Noah 15:53.77 (15:53.77)	FR	Messiah	15:53.77	
10	GRIFFIN, Noah 15:54.15 (15:54.15)	JR	Lebanon Valley	15:54.15	
11	ARTIS, Shane 15:55.72 (15:55.72)	SO	DeSales	15:55.72	
12	COVERT, Isaac 15:56.04 (15:56.04)	SO	Messiah	15:56.04	

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Pl	Name	Yr	Team	Time	Pts
13	AYLMER, Jake 16:01.05 (16:01.05)		SO Stevens	16:01.05	
14	HENRIKSEN, Brandon 16:01.22 (16:01.22)		SO York (Pa.)	16:01.22	
15	CUMMINGS, Joeseeph 16:03.87 (16:03.87)		JR DeSales	16:03.87	
16	WACKER, Matthew 16:06.00 (16:06.00)		JR Alvernia	16:06.00	
17	ROWLEY, Stephen 16:06.64 (16:06.64)		FR Misericordia	16:06.64	
18	SANTACOLOMA, Matt 16:11.95 (16:11.95)		JR DeSales	16:11.95	
19	GRIFFIN, Tim 16:14.37 (16:14.37)		FR Stevens	16:14.37	
20	NESSCIO, Joseph 16:17.36 (16:17.36)		FR Widener	16:17.36	
21	MCFOY, Noah 16:19.79 (16:19.79)		JR Widener	16:19.79	
22	HALVORSEN, Matthew 16:21.08 (16:21.08)		FR Stevens	16:21.08	
23	FERRIZZI, Vince 16:21.52 (16:21.52)		SO Lebanon Valley	16:21.52	
24	MANIDIS, Nick 16:23.06 (16:23.06)		SO DeSales	16:23.06	
25	SCHEIB, Alex 16:28.31 (16:28.31)		SR Messiah	16:28.31	
26	SOLLY, Billy 16:29.43 (16:29.43)		JR DeSales	16:29.43	
27	HAYNES, Tanner 16:31.52 (16:31.52)		JR Lebanon Valley	16:31.52	
28	SCHERMERHORN, Kyle 16:39.28 (16:39.28)		FR Alvernia	16:39.28	
29	PORCO, Jake 16:46.20 (16:46.20)		FR Stevens	16:46.20	
	HIGGS, Matt		SO Messiah	DNS	
	MCCARTHY, Josiah		SO Messiah	DNS	

#33 Women's 4 x 400m Relay

R	MAC Outdoor	3:52.96	E. Slader, L. Weaver, E. Seeland, T.	Messiah	5/4/2019
	MAC Outdoor	3:50.11	K. Fairchild, M. Fairchild, M. Fry, A. Viti	Misericordia	2015
Pl	Team	Time	H(Pl)	Pts	
1	Misericordia (A)	4:06.46	2(1)	10	
	1) HACKENBERG, Amber SO		2) BADILLO, Sonialys SO		
	3) ALLEN, Casey FR		4) RINE, Averi JR		

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RESULTS**#33 Women's 4 x 400m Relay (cont'd)**

Pl	Team	Time	H(Pl)	Pts
2	Stevens (A)	4:07.23	2(2)	8
	1) MEYER, Liana SO			
	2) CANCIANI, Allie SO			
	3) DELLO RUSSO, Gina SR			
	4) PINHO, Rachel FR			
3	Messiah (A)	4:08.43	2(3)	6
	1) LONGSHAW, Ellie SO			
	2) GRAYBILL, Emma FR			
	3) VARGAS, Elena FR			
	4) SEELAND, Esther SO			
4	Widener (A)	4:11.93	2(4)	5
	1) FORD, Tara JR			
	2) HOLT, Donna FR			
	3) SWEELY, Jaden FR			
	4) BERNOTAS, Katelyn JR			
5	Lebanon Valley (A)	4:13.68	2(5)	4
	1) MCCURDY, Hannah SO			
	2) GOOD, Laura FR			
	3) PEIFFER, Alyssa FR			
	4) BERKHEIMER, Darrian FR			
6	DeSales (A)	4:15.50	1(1)	3
	1) DORSHEIMER, Natalie FR			
	2) KLINGER, Delaney SO			
	3) MARKWALTER, LeeAnn JR			
	4) RADCLIFFE, Abigail FR			
7	Alvernia (A)	4:16.66	2(6)	2
	1) SCHWARZ, Elisabeth FR			
	2) PHILIPPE, Jenna FR			
	3) KAVULAK, Elizabeth FR			
	4) PIROLLO, Susanna JR			
8	Stevenson (A)	4:17.27	1(2)	1
	1) WILSON, Kyla SO			
	2) SABO, Mikhayla SR			
	3) GOOCH, Olivia SR			
	4) DAY, Skyliya FR			
9	King's (Pa.) (A)	4:22.01	1(3)	
	1) DAINAUSKI, Laura FR			
	2) ZAMBETTI, Nicole FR			
	3) ALBRIGHT, Beth JR			
	4) O'CONNOR, Jen FR			
10	Eastern (A)	4:23.51	2(7)	
	1) PETERS, Samantha FR			
	2) WRIGHT, Rainee FR			
	3) SHREFFLER, Hailey FR			
	4) ULAKY, Brianna JR			
11	York (Pa.) (A)	4:24.14	2(8)	
	1) WAGNER, Jordan JR			
	2) MANN, Payton FR			
	3) SKANE, Sarah SO			
	4) BANKERT, Isabella FR			
12	Delaware Valley (A)	4:31.85	1(4)	
	1) BLACKMON, Alyssa SO			
	2) MULLEN, Sarah SO			
	3) HASTINGS, Kelly SO			
	4) JOSEPH, Alysia JR			
13	Arcadia (A)	4:32.79	1(5)	
	1) MCGARRY, Delaney FR			
	2) STRAVINSKY, Chloe SR			
	3) MALLEO, Ninah FR			
	4) PAVLOVICH, Sarah SR			
14	Albright (A)	4:36.51	1(6)	
	1) HOLDER, Rehanna SR			
	2) DANIELS, Rachael SR			
	3) SHOW, Madison JR			
	4) GINGRICH, Laurel SO			
15	Hood (A)	4:41.35	1(7)	
	1) MASON, Shania FR			
	2) HELLER, Adalie FR			
	3) CASTILLO, Gloria FR			
	4) HANCOCK, Shayna FR			

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RESULTS**#33 Women's 4 x 400m Relay (cont'd)****SECTION RESULTS**

Pl	Team	Time
Section 1 of 2		
1	DeSales (A)	4:15.50
	1) DORSHEIMER, Natalie FR	2) KLINGER, Delaney SO
	3) MARKWALTER, LeeAnn JR	4) RADCLIFFE, Abigail FR
2	Stevenson (A)	4:17.27
	1) WILSON, Kyla SO	2) SABO, Mikhayla SR
	3) GOOCH, Olivia SR	4) DAY, Skylya FR
3	King's (Pa.) (A)	4:22.01
	1) DAINAUSKI, Laura FR	2) ZAMBETTI, Nicole FR
	3) ALBRIGHT, Beth JR	4) O'CONNOR, Jen FR
4	Delaware Valley (A)	4:31.85
	1) BLACKMON, Alyssa SO	2) MULLEN, Sarah SO
	3) HASTINGS, Kelly SO	4) JOSEPH, Alysia JR
5	Arcadia (A)	4:32.79
	1) MCGARRY, Delaney FR	2) STRAVINSKY, Chloe SR
	3) MALLEO, Ninah FR	4) PAVLOVICH, Sarah SR
6	Albright (A)	4:36.51
	1) HOLDER, Rehanna SR	2) DANIELS, Rachael SR
	3) SHOW, Madison JR	4) GINGRICH, Laurel SO
7	Hood (A)	4:41.35
	1) MASON, Shania FR	2) HELLER, Adalie FR
	3) CASTILLO, Gloria FR	4) HANCOCK, Shayna FR
Section 2 of 2		
1	Misericordia (A)	4:06.46
	1) HACKENBERG, Amber SO	2) BADILLO, Sonialys SO
	3) ALLEN, Casey FR	4) RINE, Averi JR
2	Stevens (A)	4:07.23
	1) MEYER, Liana SO	2) CANCIANI, Allie SO
	3) DELLO RUSSO, Gina SR	4) PINHO, Rachel FR
3	Messiah (A)	4:08.43
	1) LONGSHAW, Ellie SO	2) GRAYBILL, Emma FR
	3) VARGAS, Elena FR	4) SEELAND, Esther SO
4	Widener (A)	4:11.93
	1) FORD, Tara JR	2) HOLT, Donna FR
	3) SWEELY, Jaden FR	4) BERNOTAS, Katelyn JR
5	Lebanon Valley (A)	4:13.68
	1) MCCURDY, Hannah SO	2) GOOD, Laura FR
	3) PEIFFER, Alyssa FR	4) BERKHEIMER, Darrian FR
6	Alvernia (A)	4:16.66
	1) SCHWARZ, Elisabeth FR	2) PHILIPPE, Jenna FR
	3) KAVULAK, Elizabeth FR	4) PIROLLO, Susanna JR

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RESULTS**#33 Women's 4 x 400m Relay (cont'd)**

Pl	Team	Time
7	Eastern (A)	4:23.51
	1) PETERS, Samantha FR 2) WRIGHT, Rainee FR	
	3) SHREFFLER, Hailey FR 4) ULAKY, Brianna JR	
8	York (Pa.) (A)	4:24.14
	1) WAGNER, Jordan JR 2) MANN, Payton FR	
	3) SKANE, Sarah SO 4) BANKERT, Isabella FR	

#34 Men's 4 x 400m Relay

R	MAC Outdoor	3:15.62	Delaware Valley	1982
	MAC Outdoor	3:15.10	M. Tankersly, Eichhorn, Rasbach, J.	Delaware Valley
				1982
Pl	Team	Time	H(Pl)	Pts
1	Delaware Valley (A)	3:25.25	2(1)	10
	1) O'DUNLAMI, Matt FR 2) COLEMAN, Adam FR			
	3) KAUFMAN, Justin FR 4) COOPER, Logan JR			
2	Widener (A)	3:26.24	2(2)	8
	1) JOHN, Michael JR 2) BROWN, Marc SR			
	3) CROSBY, Andrew JR 4) KNOWLES, Samuel FR			
3	Stevenson (A)	3:27.59	2(3)	6
	1) OYENIRAN, Jubelo SO 2) RACCIOPPI, Jai SO			
	3) CASE, Ritchie SR 4) IDDRISS, Iddriss SR			
4	Lebanon Valley (A)	3:28.64	2(4)	5
	1) BUHR, Owen JR 3:35.2991 (3:35.2991)			
	2) LINDER, Owen FR			
	3) REED, Zachary SO 4) GRAUER, Logan JR			
5	Albright (A)	3:30.79	2(5)	4
	1) HARRIS, Jade SR 2) GONYOE, Yaniv SR			
	3) NEGRON, Justin SR 4) ORTEGA, Jose SO			
6	York (Pa.) (A)	3:31.45	1(1)	3
	1) CARRIGAN, Peter JR 2) EVANS, Cy JR			
	3) NOLAN, Pierce FR 4) HIGGINS, Ian FR			
7	DeSales (A)	3:31.91	2(6)	2
	1) DUNBAR, Kyle SO 2) RUTLEDGE, Ason JR			
	3) HAWK, Andrew SR 4) TYCE, Carl JR			
8	Messiah (A)	3:32.34	1(2)	1
	1) WILKINSON, Aedan FR 2) HOFFMAN, Cassidy SO			
	3) DAUDT, Connor SO 4) HEISEY, Derek FR			
9	King's (Pa.) (A)	3:32.61	2(7)	
	1) FORGASH, Mitchell JR 2) FOYTACK, Owen FR			
	3) PETTY, Tyler FR 4) NOVROCKI, Andrew FR			
10	Alvernia (A)	3:35.30	2(8)	
	1) SHORT, Jack FR 3:25.2461 (3:25.2461)			
	2) JEROME, Elisiah FR			
	3) RODRIGUEZ JR., Emmanuel FR 4) LOEHR, Adam SO			

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RESULTS**#34 Men's 4 x 400m Relay (cont'd)**

Pl	Team	Time	H(Pl)	Pts
11	Stevens (A)	3:36.54	1(3)	
	1) MCWILLIAMS, Xavier FR			
	2) LEITNER, Kajetan FR			
	3) ANTALA, Dhavan SO			
	4) LAMASTRA, Danny SR			
12	Misericordia (A)	3:49.03	1(4)	
	1) KRYESKI, Conor JR			
	2) RHINEHART, Trey FR			
	3) BROWN, Dimitri FR			
	4) ABDO, Mansour FR			

SECTION RESULTS

Pl	Team	Time
Section 1 of 2		
1	York (Pa.) (A)	3:31.45
	1) CARRIGAN, Peter JR	
	2) EVANS, Cy JR	
	3) NOLAN, Pierce FR	
	4) HIGGINS, Ian FR	
2	Messiah (A)	3:32.34
	1) WILKINSON, Aedan FR	
	2) HOFFMAN, Cassidy SO	
	3) DAUDT, Connor SO	
	4) HEISEY, Derek FR	
3	Stevens (A)	3:36.54
	1) MCWILLIAMS, Xavier FR	
	2) LEITNER, Kajetan FR	
	3) ANTALA, Dhavan SO	
	4) LAMASTRA, Danny SR	
4	Misericordia (A)	3:49.03
	1) KRYESKI, Conor JR	
	2) RHINEHART, Trey FR	
	3) BROWN, Dimitri FR	
	4) ABDO, Mansour FR	
Section 2 of 2		
1	Delaware Valley (A)	3:25.25
	1) O'DUNLAMI, Matt FR	
	2) COLEMAN, Adam FR	
	3) KAUFMAN, Justin FR	
	4) COOPER, Logan JR	
2	Widener (A)	3:26.24
	1) JOHN, Michael JR	
	2) BROWN, Marc SR	
	3) CROSBY, Andrew JR	
	4) KNOWLES, Samuel FR	
3	Stevenson (A)	3:27.59
	1) OYENIRAN, Jubelo SO	
	2) RACCIOPPI, Jai SO	
	3) CASE, Ritchie SR	
	4) IDDRISS, Iddriss SR	
4	Lebanon Valley (A)	3:28.64
	1) BUHR, Owen JR	
	3:35.2991 (3:35.2991)	
	2) LINDER, Owen FR	
	3) REED, Zachary SO	
	4) GRAUER, Logan JR	
5	Albright (A)	3:30.79
	1) HARRIS, Jade SR	
	2) GONYOE, Yaniv SR	
	3) NEGRON, Justin SR	
	4) ORTEGA, Jose SO	
6	DeSales (A)	3:31.91
	1) DUNBAR, Kyle SO	
	2) RUTLEDGE, Ason JR	
	3) HAWK, Andrew SR	
	4) TYCE, Carl JR	
7	King's (Pa.) (A)	3:32.61

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RESULTS**#34 Men's 4 x 400m Relay (cont'd)**

Pl	Team	Time
1)	FORGASH, Mitchell JR	
2)	FOYTACK, Owen FR	
3)	PETTY, Tyler FR	
4)	NOVROCKI, Andrew FR	

#35 Women's Triple Jump

R	MAC Outdoor	11.92m	Nicole Weenink	Eastern	5/4/2019
	MAC Outdoor	12.12m	Kristen Bates	Messiah	2010

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	FELIX, Shinelle	FR	Alvernia	11.59m (+1.5)	2(1)	10
2	MIHALKO, Natasha	FR	Misericordia	11.14m (+2.1)	2(2)	8
3	BRUBAKER, Megan	SO	DeSales	10.93m (+1.8)	2(3)	6
4	CASTILLO, Mylina	FR	Alvernia	10.89m (+3.2)	2(4)	5
5	WAGNER, Sarah	FR	Misericordia	10.72m (+1.9)	2(5)	4
6	CONFORTI, Gabriella	FR	King's (Pa.)	10.71m (+2.5)	2(6)	3
7	VARGAS, Elena	FR	Messiah	10.68m (+3.0)	2(7)	2
8	SENSEINIG, Olivia	FR	Lebanon Valley	10.49m (+2.7)	2(8)	1
9	WALETZKI, Nicole	FR	Stevens	10.33m (+2.7)	1(1)	
10	APLIN, Grace	FR	Lebanon Valley	10.20m (+2.5)	2(9)	
11	OSEI, Nicole	JR	Stevenson	10.06m (+3.0)	1(2)	
12	THUNBERG, Haley	FR	Lebanon Valley	9.69m (+2.2)	1(3)	
13	LETESKY, Caeley	FR	Arcadia	9.64m (+2.0)	1(4)	
14	STANALONIS, Ariel	SO	DeSales	9.44m (+3.6)	1(5)	
	CALL, Olivia	FR	Messiah	NM	1	
	BEKELE, Divora	FR	Eastern	NM	1	
	DAVIS, Xiahna	FR	Misericordia	NM	1	
	OLEWINE, Jill	JR	Misericordia	NM	2	

FLIGHT RESULTS

Pl	Name	Yr	Team	Mark
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Flight 1 of 2

1	WALETZKI, Nicole	FR	Stevens	10.33m (+2.7)
2	OSEI, Nicole	JR	Stevenson	10.06m (+3.0)
3	THUNBERG, Haley	FR	Lebanon Valley	9.69m (+2.2)
4	LETESKY, Caeley	FR	Arcadia	9.64m (+2.0)
5	STANALONIS, Ariel	SO	DeSales	9.44m (+3.6)
	CALL, Olivia	FR	Messiah	NM
	BEKELE, Divora	FR	Eastern	NM
	DAVIS, Xiahna	FR	Misericordia	NM

Flight 2 of 2

1	FELIX, Shinelle	FR	Alvernia	11.59m (+1.5)
2	MIHALKO, Natasha	FR	Misericordia	11.14m (+2.1)
3	BRUBAKER, Megan	SO	DeSales	10.93m (+1.8)
4	CASTILLO, Mylina	FR	Alvernia	10.89m (+3.2)
5	WAGNER, Sarah	FR	Misericordia	10.72m (+1.9)
6	CONFORTI, Gabriella	FR	King's (Pa.)	10.71m (+2.5)
7	VARGAS, Elena	FR	Messiah	10.68m (+3.0)
8	SENSEINIG, Olivia	FR	Lebanon Valley	10.49m (+2.7)
9	APLIN, Grace	FR	Lebanon Valley	10.20m (+2.5)

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RESULTS**#35 Women's Triple Jump (cont'd)**

Pl	Name	Yr	Team	Mark
	OLEWINE, Jill	JR	Misericordia	NM

#36 Men's Triple Jump

R	MAC Outdoor	15.28m	Mike Williams	Widener	1975
	MAC Outdoor	15.28m	Mike Williams	Widener	1975

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	PROVAN, Brendan	SO	Messiah	13.94m (+1.6)	2(1)	10
2	PHOENIX, Xavier	JR	DeSales	13.71m (+2.4)	2(2)	8
3	COSGROVE, Aaron	SO	York (Pa.)	13.62m (+3.2)	2(3)	6
4	BRUNELLE, Matthieu	SO	Misericordia	13.58m (+1.8)	2(4)	5
5	SESAY, Omar	JR	Albright	13.54m (+2.8)	2(5)	4
6	TAYLOR, Andre	FR	Eastern	13.33m (+1.5)	1(1)	3
7	MAHONEY, Jack	SO	York (Pa.)	13.31m (+1.8)	2(6)	2
8	STEELE, John	FR	Messiah	12.92m (+2.9)	2(7)	1
9	EVANS, Colin	SO	York (Pa.)	12.78m (+2.0)	2(8)	
10	FRAILEY, Darius	FR	York (Pa.)	12.71m (+1.2)	2(9)	
11	CAPUTO, Dylan	JR	Widener	12.66m (+2.4)	2(10)	
12	BENNIE, Patrick	FR	King's (Pa.)	12.51m (+3.2)	1(2)	
13	HOPKINS, Ty'Shawn	JR	Misericordia	12.34m (+2.4)	1(3)	
14	HOWELL, Kenny	FR	Stevens	12.25m (+1.9)	2(11)	
15	OTTO, Joshua	SO	Lebanon Valley	12.20m (+2.7)	2(12)	
16	SHOFF, Robert	JR	Lebanon Valley	12.14m (+2.5)	1(4)	
17	MASON, Dontae	FR	Delaware Valley	11.92m (+2.5)	1(5)	
18	KEITEL, Noah	FR	Messiah	11.91m (+2.1)	1(6)	
19	BATISTA, Javian	FR	Stevens	11.86m (+2.8)	1(7)	
20	KERR, Landon	FR	Messiah	11.81m (+2.4)	1(8)	
21	ZIEGLER, Jake	FR	Alvernia	11.29m (+2.6)	1(9)	
	MYERS, Eddie	JR	Lebanon Valley	NM	1	
	FINCK, Kevin	FR	Stevens	NM	1	

FLIGHT RESULTS

Pl	Name	Yr	Team	Mark
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Flight 1 of 2

1	TAYLOR, Andre	FR	Eastern	13.33m (+1.5)
2	BENNIE, Patrick	FR	King's (Pa.)	12.51m (+3.2)
3	HOPKINS, Ty'Shawn	JR	Misericordia	12.34m (+2.4)
4	SHOFF, Robert	JR	Lebanon Valley	12.14m (+2.5)
5	MASON, Dontae	FR	Delaware Valley	11.92m (+2.5)
6	KEITEL, Noah	FR	Messiah	11.91m (+2.1)
7	BATISTA, Javian	FR	Stevens	11.86m (+2.8)
8	KERR, Landon	FR	Messiah	11.81m (+2.4)
9	ZIEGLER, Jake	FR	Alvernia	11.29m (+2.6)
	MYERS, Eddie	JR	Lebanon Valley	NM
	FINCK, Kevin	FR	Stevens	NM

Flight 2 of 2

1	PROVAN, Brendan	SO	Messiah	13.94m (+1.6)
2	PHOENIX, Xavier	JR	DeSales	13.71m (+2.4)

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RESULTS**#36 Men's Triple Jump (cont'd)**

Pl	Name	Yr	Team	Mark
3	COSGROVE, Aaron		SO York (Pa.)	13.62m (+3.2)
4	BRUNELLE, Matthieu		SO Misericordia	13.58m (+1.8)
5	SESAY, Omar		JR Albright	13.54m (+2.8)
6	MAHONEY, Jack		SO York (Pa.)	13.31m (+1.8)
7	STEELE, John		FR Messiah	12.92m (+2.9)
8	EVANS, Colin		SO York (Pa.)	12.78m (+2.0)
9	FRAILEY, Darius		FR York (Pa.)	12.71m (+1.2)
10	CAPUTO, Dylan		JR Widener	12.66m (+2.4)
11	HOWELL, Kenny		FR Stevens	12.25m (+1.9)
12	OTTO, Joshua		SO Lebanon Valley	12.20m (+2.7)

#37 Men's Pole Vault

R	MAC Outdoor	5.11m	Tim Moses	Messiah	5/7/2016
	MAC Outdoor	5.15m	Tim Moses	Messiah	2016

Pl	Name	Yr	Team	Mark	Pts
1	COSGROVE, Aaron		SO York (Pa.)	4.55m	10
2	ZEHR, Josiah		SO Messiah	4.45m	8
3	RE, Nicolas		JR Stevens	4.35m	6
4	MARANSKY, Matthew		FR Misericordia	4.15m	5
5	RODOFF, Darren		SO Lebanon Valley	4.15m	4
6	EMOLO, Patrick		SR DeSales	4.00m	2.5
6	STANKUS, Ayden		FR Lebanon Valley	4.00m	2.5
8	PANDALIANO, Andy		SO York (Pa.)	3.85m	1
	MEO, Garrett		FR Widener	NH	

#38 Women's Pole Vault

R	MAC Outdoor	3.91m	Abby Schaffer	Widener	5/7/2010
	MAC Outdoor	3.91m	Abby Schaffer	Widener	2010

Pl	Name	Yr	Team	Mark	Pts
1	PENA, Julia		SO York (Pa.)	3.80m	10
2	DELLO RUSSO, Gina		SR Stevens	3.50m	8
3	MELE, Emma		FR DeSales	3.30m	6
4	CARPENTER, Paige		FR Eastern	3.20m	5
5	WHITE-VEGA, Aliza		FR Eastern	3.20m	4
6	STEGER, Savannah		FR Widener	2.95m	3
7	WIKE, Sidney		SO Lebanon Valley	2.95m	2
8	WOOD, Cadee		FR Messiah	2.80m	1
9	ZULTEVICZ, Victoria		FR King's (Pa.)	2.80m	
10	CROWLEY, Noelle		FR Messiah	2.65m	
10	WITTER, Hannah		FR Messiah	2.65m	
10	CALL, Olivia		FR Messiah	2.65m	
13	ROWLEY, Grace		FR Widener	2.65m	
14	PORTO, Elizabeth		FR King's (Pa.)	2.65m	
15	CHANDRASEKHAR, Anjali		FR Stevens	2.50m	
16	SCARBOROUGH, Marie		FR Misericordia	2.50m	
	SWARTOUT, Madison		SR Misericordia	NH	

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RESULTS**#39 Women's Javelin**

R	MAC Outdoor	50.19m	Christina Scherwin	Moravian	2002
	MAC Outdoor	55.98m	Christina Scherwin	Moravian	2002

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	SNYDER, Alexandra	FR	Misericordia	34.54m	2(1)	10
2	ZAMOLYI, Quintessa	JR	Misericordia	34.04m	2(2)	8
3	ZECHMAN, Taileen	FR	Hood	32.76m	2(3)	6
4	MARTIN, Logan	FR	Eastern	32.22m	2(4)	5
5	CATHER, Jordyn	FR	Misericordia	30.64m	2(5)	4
6	BARTELS, Ashley	SO	Lebanon Valley	30.03m	2(6)	3
7	RAMSEY, Ruby	FR	Messiah	29.62m	2(7)	2
8	HERZOG, Olivia	SO	Alvernia	28.13m	1(1)	1
9	WOLFE, Macey	FR	Messiah	27.86m	1(2)	
10	HILFERTY, Delaney	FR	King's (Pa.)	27.73m	2(8)	
11	KAUFFMAN, Kayla	FR	Lebanon Valley	27.67m	1(3)	
12	GOODHILE, Lila	SR	Messiah	27.60m	1(4)	
13	LOUGHNEY, McKenna	SR	Lebanon Valley	27.54m	1(5)	
14	KTYTOR, Sarah	SO	Arcadia	27.42m	1(6)	
15	ANTICO, Amanda	FR	Stevens	26.49m	1(7)	
16	GEORGE, Susan	SO	Stevens	26.26m	1(8)	
17	KITCHNER, Danielle	SO	King's (Pa.)	26.06m	1(9)	
18	GAUGLER, Brynn	FR	Messiah	25.95m	2(9)	
19	PIROLLO, Susanna	JR	Alvernia	25.77m	2(10)	
20	MYERS, Zoe	FR	York (Pa.)	25.57m	2(11)	
21	YOST, Lauren	SR	Delaware Valley	24.79m	1(10)	
22	CASTELLINI, Camryn	SO	Widener	23.21m	1(11)	
23	CASEY, Flynn	FR	DeSales	22.06m	1(12)	
	BOCHARD, Kira	SR	Arcadia	NM	2	
	FELIX, Shinelle	FR	Alvernia	NM	2	

FLIGHT RESULTS

Pl	Name	Yr	Team	Mark
Flight 1 of 2				
1	HERZOG, Olivia	SO	Alvernia	28.13m
2	WOLFE, Macey	FR	Messiah	27.86m
3	KAUFFMAN, Kayla	FR	Lebanon Valley	27.67m
4	GOODHILE, Lila	SR	Messiah	27.60m
5	LOUGHNEY, McKenna	SR	Lebanon Valley	27.54m
6	KTYTOR, Sarah	SO	Arcadia	27.42m
7	ANTICO, Amanda	FR	Stevens	26.49m
8	GEORGE, Susan	SO	Stevens	26.26m
9	KITCHNER, Danielle	SO	King's (Pa.)	26.06m
10	YOST, Lauren	SR	Delaware Valley	24.79m
11	CASTELLINI, Camryn	SO	Widener	23.21m
12	CASEY, Flynn	FR	DeSales	22.06m
Flight 2 of 2				
1	SNYDER, Alexandra	FR	Misericordia	34.54m
2	ZAMOLYI, Quintessa	JR	Misericordia	34.04m

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RESULTS**#39 Women's Javelin (cont'd)**

Pl	Name	Yr	Team	Mark
3	ZECHMAN, Taileen	FR	Hood	32.76m
4	MARTIN, Logan	FR	Eastern	32.22m
5	CATHER, Jordyn	FR	Misericordia	30.64m
6	BARTELS, Ashley	SO	Lebanon Valley	30.03m
7	RAMSEY, Ruby	FR	Messiah	29.62m
8	HILFERTY, Delaney	FR	King's (Pa.)	27.73m
9	GAUGLER, Brynn	FR	Messiah	25.95m
10	PIROLLO, Susanna	JR	Alvernia	25.77m
11	MYERS, Zoe	FR	York (Pa.)	25.57m
	BOCHARD, Kira	SR	Arcadia	NM
	FELIX, Shinelle	FR	Alvernia	NM

#40 Men's Javelin

R	MAC Outdoor	68.91m	Matt Deamer	Susquehanna	2002
	MAC Outdoor	68.91m	Matt Deamer	Susquehanna	2002

Pl	Name	Yr	Team	Mark	Pts
1	SCHUBERT - BROWN, Lukas	SR	Misericordia	52.71m	10
2	SMITH, Zackary	JR	Widener	50.86m	8
3	PULEO, Matthew	FR	Messiah	48.49m	6
4	PAUL, Ian	FR	Lebanon Valley	46.52m	5
5	DEFALCIS, Michael	FR	Lebanon Valley	42.41m	4
6	BRATTOLI, Alessio	SR	DeSales	42.07m	3
7	EVANS, Zackery	SO	Misericordia	40.97m	2
8	HOLBROOK, Coit	SO	King's (Pa.)	40.96m	1
9	DUNKERTON, Gavin	FR	Messiah	40.26m	
10	LANE, Travis	FR	King's (Pa.)	37.93m	
11	MUNIZ, Brody	FR	Misericordia	37.20m	
12	MARANSKY, Matthew	FR	Misericordia	36.34m	
	MILLER, Clay	JR	Messiah	NM	
	GUENZEL, Hunter	SR	Alvernia	NM	

#41 Men's Shot Put

R	MAC Outdoor	18.00m	Trevor Stutzman	Messiah	2015
	MAC Outdoor	18.00m	Trevor Stutzman	Messiah	2015

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	LE CADRE, Justin	JR	King's (Pa.)	15.34m	2(1)	10
2	LITTLEFIELD, Alden	JR	Widener	14.78m	2(2)	8
3	MURRAY, Matthew	SR	DeSales	14.59m	2(3)	6
4	ADAMS, Justin	FR	Widener	14.44m	2(4)	5
5	KRISTELLER, Alex	FR	Widener	14.40m	2(5)	4
6	KEMP, Carnell	FR	King's (Pa.)	14.05m	2(6)	3
7	MOTT, Andrew	SO	York (Pa.)	13.93m	2(7)	2
8	SHARP, Harrison	SO	York (Pa.)	13.49m	2(8)	1
9	GRAY, Cory	FR	Alvernia	13.01m	1(1)	
10	EVANICK, G. Aonghas	FR	Lebanon Valley	12.97m	1(2)	
11	FISHER, William	SO	Lebanon Valley	12.67m	1(3)	
12	REYNOLDS, Trey	SO	Lebanon Valley	12.65m	2(9)	

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RESULTS**#41 Men's Shot Put (cont'd)**

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
13	SCOTT, Jason		SO Alvernia	12.57m	2(10)	
14	WILLIAMS, Nathan		SO Stevenson	12.47m	2(11)	
15	PEROT, Brandon		FR Delaware Valley	12.35m	2(12)	
16	CHINN, Nick		JR DeSales	12.33m	1(4)	
17	WATERS, David		FR Widener	12.20m	1(5)	
18	NI, Jacki		SR DeSales	12.03m	1(6)	
19	HOWELL, Conrad		FR Widener	11.71m	1(7)	
20	CAULEY, Garret		SR DeSales	11.61m	1(8)	
21	SHAY, Cody		FR Lebanon Valley	11.59m	1(9)	
22	PUGH, Marcus		SR Stevenson	11.19m	1(10)	
23	JUSINO, Christian		JR Albright	11.07m	1(11)	
24	LECHTHALER, Hoyt		FR Messiah	10.93m	1(12)	
25	PAUL, Ian		FR Lebanon Valley	10.38m	1(13)	
	ANDERSON, Michael		SO Misericordia	NM	2	

FLIGHT RESULTS

Pl	Name	Yr	Team	Mark
Flight 1 of 2				
1	GRAY, Cory		FR Alvernia	13.01m
2	EVANICK, G. Aonghas		FR Lebanon Valley	12.97m
3	FISHER, William		SO Lebanon Valley	12.67m
4	CHINN, Nick		JR DeSales	12.33m
5	WATERS, David		FR Widener	12.20m
6	NI, Jacki		SR DeSales	12.03m
7	HOWELL, Conrad		FR Widener	11.71m
8	CAULEY, Garret		SR DeSales	11.61m
9	SHAY, Cody		FR Lebanon Valley	11.59m
10	PUGH, Marcus		SR Stevenson	11.19m
11	JUSINO, Christian		JR Albright	11.07m
12	LECHTHALER, Hoyt		FR Messiah	10.93m
13	PAUL, Ian		FR Lebanon Valley	10.38m
Flight 2 of 2				
1	LE CADRE, Justin		JR King's (Pa.)	15.34m
2	LITTLEFIELD, Alden		JR Widener	14.78m
3	MURRAY, Matthew		SR DeSales	14.59m
4	ADAMS, Justin		FR Widener	14.44m
5	KRISTELLER, Alex		FR Widener	14.40m
6	KEMP, Carnell		FR King's (Pa.)	14.05m
7	MOTT, Andrew		SO York (Pa.)	13.93m
8	SHARP, Harrison		SO York (Pa.)	13.49m
9	REYNOLDS, Trey		SO Lebanon Valley	12.65m
10	SCOTT, Jason		SO Alvernia	12.57m
11	WILLIAMS, Nathan		SO Stevenson	12.47m
12	PEROT, Brandon		FR Delaware Valley	12.35m
	ANDERSON, Michael		SO Misericordia	NM

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RESULTS**#42 Women's Shot Put**

R	MAC Outdoor	14.31m	Christina Scherwin	Moravian	2003
	MAC Outdoor	15.04m	Lauren Lucci	Widener	2008

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	COONEY, Anna		SO Widener	13.71m	2(1)	10
2	HOLLANDER, Adele		FR King's (Pa.)	11.41m	2(2)	8
3	LACCETTI, AnaMaria		JR Stevens	11.35m	2(3)	6
4	KARNISH, Brenna		JR Misericordia	11.23m	2(4)	5
5	DOUGLAS, Meghan		SO Stevens	10.89m	2(5)	4
6	LOUGHNEY, McKenna		SR Lebanon Valley	10.88m	2(6)	3
7	VAUGHNS, Makayla		JR Stevenson	10.87m	2(7)	2
8	WRIGHT, Mikayla		FR Eastern	10.37m	1(1)	1
9	FERSTER, Leah		FR Messiah	10.35m	1(2)	
10	ASSANTE, Lauren		FR Lebanon Valley	10.13m	2(8)	
11	PIROLLO, Susanna		JR Alvernia	10.11m	1(3)	
12	BETZ, Alyssa		FR Lebanon Valley	10.08m	2(9)	
13	KITCHNER, Danielle		SO King's (Pa.)	10.03m	2(10)	
14	BELLOMO, Gabby		FR Misericordia	9.98m	1(4)	
15	BARTELS, Ashley		SO Lebanon Valley	9.97m	2(11)	
16	MCCLELLAND, Veronica		FR King's (Pa.)	9.95m	1(5)	
17	HILFERTY, Delaney		FR King's (Pa.)	9.76m	2(12)	
18	BIELFELD, Sarah		SO Misericordia	9.57m	1(6)	
19	REED, Caroline		SO Lebanon Valley	9.41m	1(7)	
20	GOODHILE, Lila		SR Messiah	9.00m	1(8)	
21	BELLON, Sarah		FR Stevenson	8.67m	1(9)	
22	HODICK, Leah		FR DeSales	8.37m	1(10)	
23	MULIAWAN, Ashley		FR Stevens	8.24m	1(11)	

FLIGHT RESULTS

Pl	Name	Yr	Team	Mark
Flight 1 of 2				
1	WRIGHT, Mikayla		FR Eastern	10.37m
2	FERSTER, Leah		FR Messiah	10.35m
3	PIROLLO, Susanna		JR Alvernia	10.11m
4	BELLOMO, Gabby		FR Misericordia	9.98m
5	MCCLELLAND, Veronica		FR King's (Pa.)	9.95m
6	BIELFELD, Sarah		SO Misericordia	9.57m
7	REED, Caroline		SO Lebanon Valley	9.41m
8	GOODHILE, Lila		SR Messiah	9.00m
9	BELLON, Sarah		FR Stevenson	8.67m
10	HODICK, Leah		FR DeSales	8.37m
11	MULIAWAN, Ashley		FR Stevens	8.24m
Flight 2 of 2				
1	COONEY, Anna		SO Widener	13.71m
2	HOLLANDER, Adele		FR King's (Pa.)	11.41m
3	LACCETTI, AnaMaria		JR Stevens	11.35m
4	KARNISH, Brenna		JR Misericordia	11.23m
5	DOUGLAS, Meghan		SO Stevens	10.89m

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RESULTS**#42 Women's Shot Put (cont'd)**

Pl	Name	Yr	Team	Mark
6	LOUGHNEY, McKenna	SR	Lebanon Valley	10.88m
7	VAUGHNS, Makayla	JR	Stevenson	10.87m
8	ASSANTE, Lauren	FR	Lebanon Valley	10.13m
9	BETZ, Alyssa	FR	Lebanon Valley	10.08m
10	KITCHNER, Danielle	SO	King's (Pa.)	10.03m
11	BARTELS, Ashley	SO	Lebanon Valley	9.97m
12	HILFERTY, Delaney	FR	King's (Pa.)	9.76m

#43 Men's Decathlon

R	MAC Outdoor	6357	Brian Layng	Elizabethtown	2014
	MAC Outdoor	7160	Rich Grzeszkowiak	Widener	1980

Pl	Name	Yr	Team	Points	Pts
1	MARANSKY, Matthew	FR	Misericordia	6183	10
2	CASE, Ritchie	SR	Stevenson	5600	8
3	LANE, Travis	FR	King's (Pa.)	5106	6
4	PULEO, Matthew	FR	Messiah	5092	5
5	DUNKERTON, Gavin	FR	Messiah	4940	4
6	MEO, Garrett	FR	Widener	4937	3
7	DEFALCIS, Michael	FR	Lebanon Valley	4828	2
8	BATTLE, Jeremiah	SO	Stevenson	4683	1
9	THURBER, Ryan	SO	Messiah	4408	

#43-1 Men's Decathlon 100 Meters

R	MAC Outdoor	10.43	Devonte Williams	Stevenson	5/6/2017
	MAC Outdoor	10.43	Devonte Williams	Stevenson	2017

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	MARANSKY, Matthew	FR	Misericordia	11.49 (-1.0)	2(1)	755
2	BATTLE, Jeremiah	SO	Stevenson	11.57 (-1.0)	2(2)	738
3	CASE, Ritchie	SR	Stevenson	11.61 (-1.0)	2(3)	730
4	DEFALCIS, Michael	FR	Lebanon Valley	11.83 (-0.1)	1(1)	685
5	LANE, Travis	FR	King's (Pa.)	11.95 (-1.0)	2(4)	661
6	PULEO, Matthew	FR	Messiah	12.03 (-1.0)	2(5)	645
7	THURBER, Ryan	SO	Messiah	12.18 (-0.1)	1(2)	616
8	DUNKERTON, Gavin	FR	Messiah	12.18 (-0.1)	1(3)	616
9	MEO, Garrett	FR	Widener	12.42 (-0.1)	1(4)	571

SECTION RESULTS

Pl	Name	Yr	Team	Time	Pts
Section 1 of 2					
Wind: (-0.1)					
1	DEFALCIS, Michael	FR	Lebanon Valley	11.83	685
2	THURBER, Ryan	SO	Messiah	12.18	616
3	DUNKERTON, Gavin	FR	Messiah	12.18	616
4	MEO, Garrett	FR	Widener	12.42	571
Section 2 of 2					
Wind: (-1.0)					
1	MARANSKY, Matthew	FR	Misericordia	11.49	755
2	BATTLE, Jeremiah	SO	Stevenson	11.57	738
3	CASE, Ritchie	SR	Stevenson	11.61	730

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RESULTS**#43-1 Men's Decathlon 100 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Pts
4	LANE, Travis	FR	King's (Pa.)	11.95	661
5	PULEO, Matthew	FR	Messiah	12.03	645

#43-2 Men's Decathlon Long Jump

Pl	Name	Yr	Team	Mark	Pts
R	MAC Outdoor	7.86m	Ta'riq Thomas	Delaware Valley	5/4/2018
	MAC Outdoor	7.86m	Ta'riq Thomas	Delaware Valley	5/4/2018
1	MARANSKY, Matthew	FR	Misericordia	6.62m (+0.0)	725
2	CASE, Ritchie	SR	Stevenson	6.25m (+0.0)	641
3	BATTLE, Jeremiah	SO	Stevenson	6.18m (+0.7)	626
4	DEFALCIS, Michael	FR	Lebanon Valley	5.80m (+1.0)	544
5	PULEO, Matthew	FR	Messiah	5.57m (+1.2)	496
6	THURBER, Ryan	SO	Messiah	5.56m (+0.9)	494
7	MEO, Garrett	FR	Widener	5.41m (+0.0)	463
8	LANE, Travis	FR	King's (Pa.)	5.31m (+0.0)	443
9	DUNKERTON, Gavin	FR	Messiah	5.13m (+0.0)	407

#43-3 Men's Decathlon Shot Put

Pl	Name	Yr	Team	Mark	Pts
R	MAC Outdoor	18.00m	Trevor Stutzman	Messiah	2015
	MAC Outdoor	18.00m	Trevor Stutzman	Messiah	2015
1	MARANSKY, Matthew	FR	Misericordia	11.77m	592
2	BATTLE, Jeremiah	SO	Stevenson	11.38m	569
3	CASE, Ritchie	SR	Stevenson	11.15m	555
4	MEO, Garrett	FR	Widener	10.71m	528
5	DUNKERTON, Gavin	FR	Messiah	10.64m	524
6	DEFALCIS, Michael	FR	Lebanon Valley	10.52m	517
7	LANE, Travis	FR	King's (Pa.)	9.79m	473
8	PULEO, Matthew	FR	Messiah	7.80m	354
9	THURBER, Ryan	SO	Messiah	7.34m	327

#43-4 Men's Decathlon High Jump

Pl	Name	Yr	Team	Mark	Pts
R	MAC Outdoor	2.08m	Chris Boyles	Messiah	2001
	MAC Outdoor	2.12m	Chris Boyles	Messiah	2001
1	MARANSKY, Matthew	FR	Misericordia	1.89m	705
2	PULEO, Matthew	FR	Messiah	1.80m	627
3	BATTLE, Jeremiah	SO	Stevenson	1.71m	552
4	DUNKERTON, Gavin	FR	Messiah	1.65m	504
5	DEFALCIS, Michael	FR	Lebanon Valley	1.65m	504
6	CASE, Ritchie	SR	Stevenson	1.62m	480
7	THURBER, Ryan	SO	Messiah	1.59m	457
8	MEO, Garrett	FR	Widener	1.59m	457
9	LANE, Travis	FR	King's (Pa.)	1.56m	434

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RESULTS**#43-5 Men's Decathlon 400 Meters**

R	MAC Outdoor	47.02	Dave German	Susquehanna	1983
	MAC Outdoor	47.02	Dave German	Susquehanna	1983

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	CASE, Ritchie		SR Stevenson	51.75	2(1)	736
2	LANE, Travis		FR King's (Pa.)	53.17	2(2)	674
3	BATTLE, Jeremiah		SO Stevenson	53.41	2(3)	664
4	MEO, Garrett		FR Widener	54.34	2(4)	626
5	THURBER, Ryan		SO Messiah	54.56	1(1)	617
6	MARANSKY, Matthew		FR Misericordia	55.30	1(2)	587
7	DUNKERTON, Gavin		FR Messiah	55.79	1(3)	567
8	PULEO, Matthew		FR Messiah	56.15	1(4)	553
9	DEFALCIS, Michael		FR Lebanon Valley	56.25	2(5)	550

SECTION RESULTS

Pl	Name	Yr	Team	Time	Pts
Section 1 of 2					
1	THURBER, Ryan		SO Messiah	54.56	617
2	MARANSKY, Matthew		FR Misericordia	55.30	587
3	DUNKERTON, Gavin		FR Messiah	55.79	567
4	PULEO, Matthew		FR Messiah	56.15	553

Section 2 of 2

1	CASE, Ritchie		SR Stevenson	51.75	736
2	LANE, Travis		FR King's (Pa.)	53.17	674
3	BATTLE, Jeremiah		SO Stevenson	53.41	664
4	MEO, Garrett		FR Widener	54.34	626
5	DEFALCIS, Michael		FR Lebanon Valley	56.25	550

#43-6 Men's Decathlon 110m Hurdles

R	MAC Outdoor	14.38	Ozzie Brown	Moravian	2007
	MAC Outdoor	14.38	Ozzie Brown	Moravian	2007

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	MARANSKY, Matthew		FR Misericordia	16.72 (-0.2)	3(1)	654
2	CASE, Ritchie		SR Stevenson	17.42 (-0.2)	3(2)	581
3	PULEO, Matthew		FR Messiah	18.27 (-0.2)	3(3)	499
4	MEO, Garrett		FR Widener	18.37 (+0.0)	1(1)	489
5	DUNKERTON, Gavin		FR Messiah	18.52 (+0.1)	2(1)	475
6	DEFALCIS, Michael		FR Lebanon Valley	18.66 (+0.1)	2(2)	463
7	LANE, Travis		FR King's (Pa.)	18.97 (+0.0)	1(2)	435
8	THURBER, Ryan		SO Messiah	19.72 (+0.0)	1(3)	372
9	BATTLE, Jeremiah		SO Stevenson	20.16 (+0.1)	2(3)	337

SECTION RESULTS

Pl	Name	Yr	Team	Time	Pts
Section 1 of 3					
Wind: (+0.0)					
1	MEO, Garrett		FR Widener	18.37	489
2	LANE, Travis		FR King's (Pa.)	18.97	435
3	THURBER, Ryan		SO Messiah	19.72	372

Section 2 of 3

Wind: (+0.1)

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RESULTS**#43-6 Men's Decathlon 110m Hurdles (cont'd)**

Pl	Name	Yr	Team	Time	Pts
1	DUNKERTON, Gavin	FR	Messiah	18.52	475
2	DEFALCIS, Michael	FR	Lebanon Valley	18.66	463
3	BATTLE, Jeremiah	SO	Stevenson	20.16	337
Section 3 of 3				Wind: (-0.2)	
1	MARANSKY, Matthew	FR	Misericordia	16.72	654
2	CASE, Ritchie	SR	Stevenson	17.42	581
3	PULEO, Matthew	FR	Messiah	18.27	499

#43-7 Men's Decathlon Discus

R	MAC Outdoor	51.69m	Knut Hjeltness	Western Maryland	1973
	MAC Outdoor	52.92m	Frank Schubert	Lehigh	1954
Pl	Name	Yr	Team	Mark	Pts
1	CASE, Ritchie	SR	Stevenson	36.46m	593
2	MARANSKY, Matthew	FR	Misericordia	32.54m	515
3	BATTLE, Jeremiah	SO	Stevenson	30.53m	475
4	DEFALCIS, Michael	FR	Lebanon Valley	29.72m	459
5	DUNKERTON, Gavin	FR	Messiah	28.68m	439
6	MEO, Garrett	FR	Widener	28.60m	437
7	PULEO, Matthew	FR	Messiah	28.00m	425
8	LANE, Travis	FR	King's (Pa.)	27.46m	415
9	THURBER, Ryan	SO	Messiah	22.08m	311

#43-8 Men's Decathlon Pole Vault

R	MAC Outdoor	5.11m	Tim Moses	Messiah	5/7/2016
	MAC Outdoor	5.15m	Tim Moses	Messiah	2016
Pl	Name	Yr	Team	Mark	Pts
1	MARANSKY, Matthew	FR	Misericordia	4.25m	688
2	LANE, Travis	FR	King's (Pa.)	3.65m	522
3	MEO, Garrett	FR	Widener	3.45m	469
4	DUNKERTON, Gavin	FR	Messiah	3.35m	444
4	CASE, Ritchie	SR	Stevenson	3.35m	444
6	PULEO, Matthew	FR	Messiah	3.25m	418
7	THURBER, Ryan	SO	Messiah	2.95m	345
8	DEFALCIS, Michael	FR	Lebanon Valley	2.75m	298
	BATTLE, Jeremiah	SO	Stevenson	NH	

#43-9 Men's Decathlon Javelin

R	MAC Outdoor	68.91m	Matt Deamer	Susquehanna	2002
	MAC Outdoor	68.91m	Matt Deamer	Susquehanna	2002
Pl	Name	Yr	Team	Mark	Pts
1	PULEO, Matthew	FR	Messiah	52.23m	622
2	MARANSKY, Matthew	FR	Misericordia	44.36m	506
3	DUNKERTON, Gavin	FR	Messiah	42.23m	475
4	DEFALCIS, Michael	FR	Lebanon Valley	41.66m	466
5	LANE, Travis	FR	King's (Pa.)	39.05m	428
6	BATTLE, Jeremiah	SO	Stevenson	35.81m	382

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RESULTS**#43-9 Men's Decathlon Javelin (cont'd)**

Pl	Name	Yr	Team	Mark	Pts
7	CASE, Ritchie		SR Stevenson	35.73m	381
8	MEO, Garrett		FR Widener	35.66m	380
9	THURBER, Ryan		SO Messiah	29.92m	298

#43-10 Men's Decathlon 1500 Meters

R	MAC Outdoor	3:45.68	Kevin Foley	Haverford	1983
	MAC Outdoor	3:45.68	Kevin Foley	Haverford	1983

Pl	Name	Yr	Team	Time	Pts
1	LANE, Travis		FR King's (Pa.)	4:49.68	621
	54.19 (54.19)	1:23.88 (2:18.07)	1:22.23 (3:40.29)	1:09.39 (4:49.68)	
2	THURBER, Ryan		SO Messiah	4:57.98	571
	1:00.93 (1:00.93)	1:25.72 (2:26.64)	1:21.91 (3:48.55)	1:09.44 (4:57.98)	
3	MEO, Garrett		FR Widener	5:07.61	517
	54.46 (54.46)	1:24.23 (2:18.69)	1:25.59 (3:44.28)	1:23.33 (5:07.61)	
4	DUNKERTON, Gavin		FR Messiah	5:12.68	489
	1:00.83 (1:00.83)	1:26.11 (2:26.93)	1:26.84 (3:53.77)	1:18.92 (5:12.68)	
5	CASE, Ritchie		SR Stevenson	5:18.36	459
	1:00.49 (1:00.49)	1:25.75 (2:26.24)	1:31.27 (3:57.50)	1:20.86 (5:18.36)	
6	MARANSKY, Matthew		FR Misericordia	5:18.86	456
	54.94 (54.94)	1:25.12 (2:20.06)	1:29.39 (3:49.44)	1:29.42 (5:18.86)	
7	PULEO, Matthew		FR Messiah	5:19.38	453
	1:01.33 (1:01.33)	1:25.66 (2:26.99)	1:28.85 (3:55.84)	1:23.55 (5:19.38)	
8	DEFALCIS, Michael		FR Lebanon Valley	5:41.97	342
	1:01.93 (1:01.93)	1:28.89 (2:30.81)	1:41.65 (4:12.45)	1:29.52 (5:41.97)	
9	BATTLE, Jeremiah		SO Stevenson	5:42.44	340
	1:01.26 (1:01.26)	1:28.13 (2:29.39)	1:42.07 (4:11.45)	1:30.99 (5:42.44)	

#44 Women's Outdoor Heptathlon

R	MAC Outdoor	4558	Pirollo, Susanna	Alvernia	5/6/2021	Widener
	MAC Outdoor	5142	Amy Reed	Messiah	2007	

Pl	Name	Yr	Team	Points	Pts
1	PIROLLO, Susanna		JR Alvernia	4229	10
2	MEYER, Liana		SO Stevens	3933	8
3	BOCHARD, Kira		SR Arcadia	3598	6
4	KERVICK, Theresa		FR Widener	3521	5
5	CASTELLINI, Camryn		SO Widener	3186	4
6	GEORGE, Susan		SO Stevens	3085	3
7	ZULTEVICZ, Victoria		FR King's (Pa.)	2965	2
8	PLECHNER, Greta		FR Lebanon Valley	2588	1
9	HAMLEN, Natalie		FR Messiah	2577	
10	RAMSEY, Ruby		FR Messiah	2539	
11	MCQUILLEN, Chloe		FR Hood	2464	
12	BROWN, Erin		JR York (Pa.)	2264	

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RESULTS**#44-1 Women's Outdoor Heptathlon 100m Hurdles**

R	MAC Outdoor	14.14	Kristen Bates	Messiah	2009
	MAC Outdoor	13.83	Kristen Bates	Messiah	2010

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	PIROLLO, Susanna		JR Alvernia	15.75 (-0.7)	3(1)	745
2	ZULTEVICZ, Victoria		FR King's (Pa.)	16.31 (-0.7)	3(2)	677
3	MEYER, Liana		SO Stevens	16.64 (-0.7)	3(3)	638
4	GEORGE, Susan		SO Stevens	16.97 (-0.7)	3(4)	600
5	CASTELLINI, Camryn		SO Widener	18.28 (-1.1)	2(1)	460
6	KERVICK, Theresa		FR Widener	18.29 (-1.1)	2(2)	459
7	BOCHARD, Kira		SR Arcadia	18.38 (-1.1)	2(3)	450
8	RAMSEY, Ruby		FR Messiah	19.64 (-0.4)	1(1)	333
9	HAMLEN, Natalie		FR Messiah	19.84 (-1.1)	2(4)	316
10	BROWN, Erin		JR York (Pa.)	20.03 (-0.4)	1(2)	300
11	MCQUILLEN, Chloe		FR Hood	20.08 (-0.4)	1(3)	296
12	PLECHNER, Greta		FR Lebanon Valley	20.24 (-0.4)	1(4)	283

SECTION RESULTS

Pl	Name	Yr	Team	Time	Pts
Section 1 of 3				Wind: (-0.4)	
1	RAMSEY, Ruby		FR Messiah	19.64	333
2	BROWN, Erin		JR York (Pa.)	20.03	300
3	MCQUILLEN, Chloe		FR Hood	20.08	296
4	PLECHNER, Greta		FR Lebanon Valley	20.24	283
Section 2 of 3				Wind: (-1.1)	
1	CASTELLINI, Camryn		SO Widener	18.28	460
2	KERVICK, Theresa		FR Widener	18.29	459
3	BOCHARD, Kira		SR Arcadia	18.38	450
4	HAMLEN, Natalie		FR Messiah	19.84	316
Section 3 of 3				Wind: (-0.7)	
1	PIROLLO, Susanna		JR Alvernia	15.75	745
2	ZULTEVICZ, Victoria		FR King's (Pa.)	16.31	677
3	MEYER, Liana		SO Stevens	16.64	638
4	GEORGE, Susan		SO Stevens	16.97	600

#44-2 Women's Outdoor Heptathlon High Jump

R	MAC Outdoor	1.72m	Ashlee Ward	Misericordia	2014
	MAC Outdoor	1.76m	Ashlee Ward	Misericordia	2014

Pl	Name	Yr	Team	Mark	Pts
1	PIROLLO, Susanna		JR Alvernia	1.49m	610
2	MEYER, Liana		SO Stevens	1.49m	610
3	CASTELLINI, Camryn		SO Widener	1.46m	577
4	PLECHNER, Greta		FR Lebanon Valley	1.46m	577
5	KERVICK, Theresa		FR Widener	1.43m	544
6	MCQUILLEN, Chloe		FR Hood	1.40m	512
7	GEORGE, Susan		SO Stevens	1.40m	512
8	HAMLEN, Natalie		FR Messiah	1.37m	481
9	BOCHARD, Kira		SR Arcadia	1.37m	481
10	RAMSEY, Ruby		FR Messiah	1.34m	449

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RESULTS**#44-2 Women's Outdoor Heptathlon High Jump (cont'd)**

Pl	Name	Yr	Team	Mark	Pts
11	ZULTEVICZ, Victoria	FR	King's (Pa.)	1.31m	419
12	BROWN, Erin	JR	York (Pa.)	1.28m	389

#44-3 Women's Outdoor Heptathlon Shot Put

R	MAC Outdoor	14.31m	Christina Scherwin	Moravian	2003
	MAC Outdoor	15.04m	Lauren Lucci	Widener	2008

Pl	Name	Yr	Team	Mark	Pts
1	PIROLLO, Susanna	JR	Alvernia	10.05m	533
2	BOCHARD, Kira	SR	Arcadia	9.91m	524
3	CASTELLINI, Camryn	SO	Widener	9.36m	488
4	KERVICK, Theresa	FR	Widener	9.25m	480
5	PLECHNER, Greta	FR	Lebanon Valley	9.16m	475
6	GEORGE, Susan	SO	Stevens	8.70m	445
7	HAMLEN, Natalie	FR	Messiah	8.66m	442
8	MEYER, Liana	SO	Stevens	8.41m	426
9	RAMSEY, Ruby	FR	Messiah	8.06m	403
10	MCQUILLEN, Chloe	FR	Hood	7.59m	373
11	ZULTEVICZ, Victoria	FR	King's (Pa.)	6.71m	316
12	BROWN, Erin	JR	York (Pa.)	5.95m	268

#44-4 Women's Outdoor Heptathlon 200 Meters

R	MAC Outdoor	24.69	Danisha Higgs	Albright	5/4/2013
	MAC Outdoor	24.22	Gina Dello Russo	Stevens	2021

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	PIROLLO, Susanna	JR	Alvernia	27.36 (-1.1)	2(1)	682
2	MEYER, Liana	SO	Stevens	27.66 (-1.1)	2(2)	658
3	BOCHARD, Kira	SR	Arcadia	28.23 (-1.1)	2(3)	613
4	ZULTEVICZ, Victoria	FR	King's (Pa.)	28.32 (-1.1)	2(4)	606
5	KERVICK, Theresa	FR	Widener	28.33 (-1.1)	2(5)	605
6	MCQUILLEN, Chloe	FR	Hood	29.45 (-1.1)	2(6)	521
7	GEORGE, Susan	SO	Stevens	29.96 (-1.5)	1(1)	485
8	HAMLEN, Natalie	FR	Messiah	30.43 (-1.5)	1(2)	452
9	CASTELLINI, Camryn	SO	Widener	30.67 (-1.5)	1(3)	436
10	RAMSEY, Ruby	FR	Messiah	30.85 (-1.5)	1(4)	424
11	PLECHNER, Greta	FR	Lebanon Valley	31.20 (-1.5)	1(5)	402
12	BROWN, Erin	JR	York (Pa.)	31.57 (-1.5)	1(6)	378

SECTION RESULTS

Pl	Name	Yr	Team	Time	Pts
Section 1 of 2					
Wind: (-1.5)					
1	GEORGE, Susan	SO	Stevens	29.96	485
2	HAMLEN, Natalie	FR	Messiah	30.43	452
3	CASTELLINI, Camryn	SO	Widener	30.67	436
4	RAMSEY, Ruby	FR	Messiah	30.85	424
5	PLECHNER, Greta	FR	Lebanon Valley	31.20	402
6	BROWN, Erin	JR	York (Pa.)	31.57	378

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RESULTS**#44-4 Women's Outdoor Heptathlon 200 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Pts
Section 2 of 2					
				Wind: (-1.1)	
1	PIROLLO, Susanna	JR	Alvernia	27.36	682
2	MEYER, Liana	SO	Stevens	27.66	658
3	BOCHARD, Kira	SR	Arcadia	28.23	613
4	ZULTEVICZ, Victoria	FR	King's (Pa.)	28.32	606
5	KERVICK, Theresa	FR	Widener	28.33	605
6	MCQUILLEN, Chloe	FR	Hood	29.45	521

#44-5 Women's Outdoor Heptathlon Long Jump

R	MAC Outdoor	5.64m	Janine Shirk	Messiah	1996
	MAC Outdoor	5.93m	Sarah Wagner	Miserricordia	2022
Pl	Name	Yr	Team	Mark	Pts
1	MEYER, Liana	SO	Stevens	5.09m (+0.0)	584
2	PIROLLO, Susanna	JR	Alvernia	4.83m (+0.0)	514
3	GEORGE, Susan	SO	Stevens	4.65m (+0.0)	466
4	KERVICK, Theresa	FR	Widener	4.64m (+0.0)	464
5	CASTELLINI, Camryn	SO	Widener	4.59m (+0.0)	451
6	BOCHARD, Kira	SR	Arcadia	4.34m (+0.0)	388
7	PLECHNER, Greta	FR	Lebanon Valley	4.15m (+0.0)	343
8	MCQUILLEN, Chloe	FR	Hood	4.06m (+0.0)	322
9	ZULTEVICZ, Victoria	FR	King's (Pa.)	4.01m (+0.0)	310
10	HAMLEN, Natalie	FR	Messiah	3.81m (+0.0)	265
11	RAMSEY, Ruby	FR	Messiah	3.71m (+0.0)	244
12	BROWN, Erin	JR	York (Pa.)	3.62m (+0.0)	225

#44-6 Women's Outdoor Heptathlon Javelin

R	MAC Outdoor	50.19m	Christina Scherwin	Moravian	2002
	MAC Outdoor	55.98m	Christina Scherwin	Moravian	2002
Pl	Name	Yr	Team	Mark	Pts
1	BOCHARD, Kira	SR	Arcadia	30.28m	482
2	PIROLLO, Susanna	JR	Alvernia	27.85m	436
3	RAMSEY, Ruby	FR	Messiah	26.10m	403
4	CASTELLINI, Camryn	SO	Widener	23.82m	360
5	KERVICK, Theresa	FR	Widener	22.43m	334
6	MEYER, Liana	SO	Stevens	21.43m	316
7	ZULTEVICZ, Victoria	FR	King's (Pa.)	18.18m	255
8	PLECHNER, Greta	FR	Lebanon Valley	17.57m	244
9	BROWN, Erin	JR	York (Pa.)	13.81m	175
10	GEORGE, Susan	SO	Stevens	12.78m	156
	HAMLEN, Natalie	FR	Messiah	NM	
	MCQUILLEN, Chloe	FR	Hood	NM	

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RESULTS**#44-7 Women's Outdoor Heptathlon 800 Meters**

R	MAC Outdoor	2:12.48	Amy Viti	Misericordia	5/7/2016
	MAC Outdoor	2:02.52	Esther Seeland	Messiah	2021

Pl	Name		Yr	Team	Time	Pts
1	PIROLLO, Susanna			JR Alvernia	2:28.74	709
	1:11.87 (1:11.87)	1:16.88 (2:28.74)				
2	MEYER, Liana			SO Stevens	2:29.35	701
	1:15.12 (1:15.12)	1:14.23 (2:29.35)				
3	BOCHARD, Kira			SR Arcadia	2:32.63	660
	1:12.83 (1:12.83)	1:19.81 (2:32.63)				
4	KERVICK, Theresa			FR Widener	2:34.69	635
	1:15.28 (1:15.28)	1:19.41 (2:34.69)				
5	HAMLEN, Natalie			FR Messiah	2:35.84	621
	1:15.45 (1:15.45)	1:20.39 (2:35.84)				
6	BROWN, Erin			JR York (Pa.)	2:43.91	529
	1:18.19 (1:18.19)	1:25.72 (2:43.91)				
7	MCQUILLEN, Chloe			FR Hood	2:52.25	440
	1:21.43 (1:21.43)	1:30.82 (2:52.25)				
8	GEORGE, Susan			SO Stevens	2:54.17	421
	1:22.82 (1:22.82)	1:31.36 (2:54.17)				
9	CASTELLINI, Camryn			SO Widener	2:54.94	414
	1:23.35 (1:23.35)	1:31.60 (2:54.94)				
10	ZULTEVICZ, Victoria			FR King's (Pa.)	2:58.25	382
	1:24.25 (1:24.25)	1:34.01 (2:58.25)				
11	RAMSEY, Ruby			FR Messiah	3:09.42	283
	1:29.62 (1:29.62)	1:39.81 (3:09.42)				
12	PLECHNER, Greta			FR Lebanon Valley	3:11.70	264
	1:27.81 (1:27.81)	1:43.89 (3:11.70)				

Men's Scores

Pl	Team	Code	Score
1	Widener	WIDE	148
2	Messiah	MESS	147
3	Lebanon Valley	LEBA	123.5
4	DeSales	DESA	90.5
5	York (Pa.)	YOPA	77
5	Stevenson	STMD	77
7	King's (Pa.)	KING	45
8	Misericordia	MISE	40
9	Delaware Valley	DEVA	31
10	Stevens	STEV	30
11	Albright	ALBR	19
12	Eastern	EAPA	10
13	Alvernia	ALVE	9
14	Arcadia	ARCA	6
15	Hood	HOOD	5

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RESULTS

Women's Scores

Pl	Team	Code	Score
1	Misericordia	MISE	164
2	Stevens	STEV	129.5
3	Widener	WIDE	115
4	Alvernia	ALVE	92
5	Messiah	MESS	91
6	DeSales	DESA	65
7	Lebanon Valley	LEBA	58
8	York (Pa.)	YOPA	36
8	King's (Pa.)	KING	36
10	Eastern	EAPA	35
11	Stevenson	STMD	16
12	Arcadia	ARCA	7
13	Hood	HOOD	6
14	Albright	ALBR	5.5
15	Delaware Valley	DEVA	1