

**2024 MIDDLE ATLANTIC CONFERENCE OUTDOOR CHAMPIONSHIPS**

Chester, PA

Widener University

Host: Middle Atlantic Conference

5/2/2024 - 5/4/2024

**MEET OFFICIALS**Timing:  
MAC-FAT, LLC.**OFFICIAL MEET REPORT**

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**RESULTS****#44-1 Women's Outdoor Heptathlon 100m Hurdles**

R	MAC Outdoor	13.98	Laura Mathews	Stevens	5/4/2023	York College
	MAC Outdoor	13.74	Laura Mathews	Stevens	2023	NCAA Finals

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	ZULTEVICZ, Victoria		JR King's (Pa.)	15.60		(+0.0) 1(1)	764
2	HAMLEN, Natalie		JR Messiah	16.86		(+0.0) 1(2)	612
3	KERVICK, Theresa		JR Widener	16.94		(+0.0) 1(3)	603
4	GIBSON, Giavanni		FR Alvernia	17.19		(+0.0) 1(4)	575
5	WALETZKI, Nicole		JR Stevens	17.35		(-0.1) 2(1)	558
6	SCHOTT, Olivia		FR Arcadia	17.83		(-0.1) 2(2)	506
7	WEGMAN, Carolina		SO Lebanon Valley	20.37		(-0.1) 2(3)	272
8	CASTILLO, Gloria		JR Hood	20.94		(-0.1) 2(4)	229

**Women's Outdoor Heptathlon After 1 Events**

Pl	Athlete	Yr	Team	Points
1	ZULTEVICZ, Victori	JR	King's (Pa.)	764
2	HAMLEN, Natalie	JR	Messiah	612
3	KERVICK, Theresa	JR	Widener	603
4	GIBSON, Giavanni	FR	Alvernia	575
5	WALETZKI, Nicole	JR	Stevens	558
6	SCHOTT, Olivia	FR	Arcadia	506
7	WEGMAN, Carolina	SO	Lebanon Valley	272
8	CASTILLO, Gloria	JR	Hood	229

**#43-1 Men's Decathlon 100 Meters**

R	MAC Outdoor	10.43	Devonte Williams	Stevenson	5/6/2017
	MAC Outdoor	10.43	Devonte Williams	Stevenson	2017

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	SABO, Alex		SR Lebanon Valley	11.38		(-0.3) 1(1)	778
2	KIEFER, Brandon		SO Stevens	11.48		(-0.3) 1(2)	757
3	LANE, Travis		JR King's (Pa.)	11.68		(-0.3) 2(1)	715
4	HALL, Jackson		SR Stevenson	11.74		(-0.3) 1(3)	703
5	MARTIN, Matthew		SO York (Pa.)	11.75		(-0.3) 2(2)	701
6	POWER, Benjamin		SR Delaware Valley	11.76		(-0.3) 1(4)	699
7	DUNKERTON, Gavin		JR Messiah	11.79		(-0.3) 1(5)	693
8	MCWILLIAMS, Xavier		JR Stevens	11.83		(-0.3) 1(6)	685
9	PROVAN, Josiah		SO Messiah	11.97		(-0.3) 1(7)	657
10	MICHAJLUK, Graison		FR Lebanon Valley	12.01		(-0.3) 2(3)	649
11	JOHNSON, James		SO Stevens	12.09		(-0.3) 2(4)	633
12	JOHNSON, Ethan		FR Messiah	12.13		(-0.3) 2(5)	626
13	MCGOVERN, Liam		SO Messiah	12.18		(-0.3) 2(6)	616

**Men's Decathlon After 1 Events**

Pl	Athlete	Yr	Team	Points
1	SABO, Alex	SR	Lebanon Valley	778
2	KIEFER, Brandon	SO	Stevens	757
3	LANE, Travis	JR	King's (Pa.)	715
4	HALL, Jackson	SR	Stevenson	703

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**RESULTS****Men's Decathlon After 1 Events (cont'd)**

Pl	Athlete	Yr	Team	Points
5	MARTIN, Matthew	SO	York (Pa.)	701
6	POWER, Benjamin	SR	Delaware Valley	699
7	DUNKERTON, Gavi	JR	Messiah	693
8	MCWILLIAMS, Xavi	JR	Stevens	685
9	PROVAN, Josiah	SO	Messiah	657
10	MICHAJLUK, Graiso	FR	Lebanon Valley	649
11	JOHNSON, James	SO	Stevens	633
12	JOHNSON, Ethan	FR	Messiah	626
13	MCGOVERN, Liam	SO	Messiah	616

**#44-4 Women's Outdoor Heptathlon 200 Meters**

R	MAC Outdoor	24.42	Mathews, Laura	Stevens	5/4/2023	York College
	MAC Outdoor	23.87	Gina Dello Russo	Stevens	2022	NCAA Nationals

Wind: (+0.3)

Pl	Name	Yr	Team	Time	Note	Pts
1	ZULTEVICZ, Victoria		JR King's (Pa.)	27.08		705
2	KERVICK, Theresa		JR Widener	27.33		685
3	GIBSON, Giavanni		FR Alvernia	27.45		675
4	CASTILLO, Gloria		JR Hood	28.08		625
5	WALETZKI, Nicole		JR Stevens	28.51		591
6	SCHOTT, Olivia		FR Arcadia	28.55		588
7	HAMLEN, Natalie		JR Messiah	28.63		582
8	WEGMAN, Carolina		SO Lebanon Valley	29.05		551

**Women's Outdoor Heptathlon After 4 Events**

Pl	Athlete	Yr	Team	Points
1	ZULTEVICZ, Victori	JR	King's (Pa.)	2466
2	KERVICK, Theresa	JR	Widener	2409
3	HAMLEN, Natalie	JR	Messiah	2125
4	GIBSON, Giavanni	FR	Alvernia	1935
5	WEGMAN, Carolina	SO	Lebanon Valley	1884
6	WALETZKI, Nicole	JR	Stevens	1834
7	SCHOTT, Olivia	FR	Arcadia	1711
8	CASTILLO, Gloria	JR	Hood	1559

**#43-5 Men's Decathlon 400 Meters**

R	MAC Outdoor	47.02	Dave German	Susquehanna	1983
	MAC Outdoor	47.02	Dave German	Susquehanna	1983

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	KIEFER, Brandon		SO Stevens	51.14		1(1)	763
2	MARTIN, Matthew		SO York (Pa.)	51.87		1(2)	730
3	DUNKERTON, Gavin		JR Messiah	52.27		1(3)	713
4	LANE, Travis		JR King's (Pa.)	52.31		2(1)	711
5	MCWILLIAMS, Xavier		JR Stevens	53.13		1(4)	676
6	MICHAJLUK, Graison		FR Lebanon Valley	53.56		1(5)	658
7	POWER, Benjamin		SR Delaware Valley	54.44		1(6)	622
8	MCGOVERN, Liam		SO Messiah	54.91		2(2)	602

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**RESULTS****#43-5 Men's Decathlon 400 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
9	PROVAN, Josiah		SO Messiah	55.11		1(7)	594
10	HALL, Jackson		SR Stevenson	55.27		2(3)	588
11	JOHNSON, James		SO Stevens	55.67		2(4)	572
12	SABO, Alex		SR Lebanon Valley	55.81		2(5)	567
	JOHNSON, Ethan		FR Messiah	DNF		2	

**Men's Decathlon After 5 Events**

Pl	Athlete	Yr	Team	Points
1	KIEFER, Brandon	SO	Stevens	3388
2	SABO, Alex	SR	Lebanon Valley	3192
3	LANE, Travis	JR	King's (Pa.)	3148
4	DUNKERTON, Gavi	JR	Messiah	3110
5	MICHAJLUK, Graiso	FR	Lebanon Valley	3082
6	MARTIN, Matthew	SO	York (Pa.)	3066
7	MCWILLIAMS, Xavi	JR	Stevens	2853
8	MCGOVERN, Liam	SO	Messiah	2841
9	POWER, Benjamin	SR	Delaware Valley	2817
10	PROVAN, Josiah	SO	Messiah	2722
11	HALL, Jackson	SR	Stevenson	2716
12	JOHNSON, James	SO	Stevens	2603
13	JOHNSON, Ethan	FR	Messiah	2100

**#2 Men's 4 x 800m Relay**

Pl	Team	Time	Note	Pts
R	MAC Outdoor	7:41.21	M Weber, B Risser, E Reichert, M Rever	Elizabethtown 5/3/2012
	MAC Outdoor	7:41.21	M. Weber, B. Risser, E. Reichert, M.	Elizabethtown 2012
Pl	Team	Time	Note	Pts
1	DeSales (A)	7:42.11		10
	1) ARTIS, Shane SR 1:56.03	2) DEREMER, Josh SR 1:55.08 (3:51.11)		
	3) TYCE, Carl SR 1:55.07 (5:46.17)	4) CALLANO, Jozef FR 1:55.94 (7:42.11)		
2	Lebanon Valley (A)	7:45.84		8
	1) ROTHSTEIN, Samuel SO 1:57.11	2) FERRIZZI, Vince SR 2:01.16 (3:58.27)		
	3) DI CESARE, Alec JR 1:55.21 (5:53.48)	4) MCKELL, Elijah SO 1:52.37 (7:45.84)		
3	Messiah (A)	7:46.40		6
	1) BAXTER, Sean SO 1:59.28	2) SARKETT, Evan FR 1:55.52 (3:54.79)		
	3) KIMMEL, Nathan JR 1:59.66 (5:54.45)	4) CONDON, John SO 1:51.95 (7:46.40)		
4	Stevens (A)	7:48.67		5
	1) PARADINE, Ryan FR 1:59.71	2) LEITNER, Kajetan JR 1:58.22 (3:57.93)		
	3) AYLMEER, Jake JR 1:54.85 (5:52.77)	4) JUTRAS, Daniel SO 1:55.90 (7:48.67)		

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**RESULTS****#2 Men's 4 x 800m Relay (cont'd)**

Pl	Team	Time	Note	Pts
5	Eastern (A)	7:56.64		4
	1) DANIEL, Astin SO 2:01.03	2) MELLINGER, Ryle SO 1:55.87 (3:56.89)		
	3) WEIR, Levi FR 2:01.86 (5:58.75)	4) WALTON, Robert FR 1:57.89 (7:56.64)		
6	Misericordia (A)	8:05.46		3
	1) HORN, Nathan FR 1:58.71	2) MCKENNA, Tavian JR 2:01.13 (3:59.83)		
	3) KARWACKI, Austin SO 2:02.33 (6:02.15)	4) BRICKER, Thomas SO 2:03.31 (8:05.46)		
7	York (Pa.) (A)	8:08.58		2
	1) NOLAN, Pierce JR 1:59.69	2) TOPFER, Seth FR 2:01.93 (4:01.61)		
	3) MARCELO, Brandon FR 2:03.05 (6:04.66)	4) SMOOT, Josh SO 2:03.93 (8:08.58)		
8	Widener (A)	8:20.60		1
	1) CAROLAN, Michael SO 2:06.25	2) MILLER, Ben JR 2:05.06 (4:11.31)		
	3) KELLY, Gavin SO 2:03.15 (6:14.45)	4) JOHNSON, David FR 2:06.15 (8:20.60)		
9	FDU-Florham (A)	8:35.80		
	1) HOOVER, Cameron FR 2:09.95	2) BRYAN, Clayton SO 2:06.07 (4:16.02)		
	3) PERRELLI, Nathaniel FR 2:13.54 (6:29.56)	4) PRESLEY, Nashawn FR 2:06.24 (8:35.80)		
10	Delaware Valley (A)	8:55.80		
	1) DEL COLLO, Colton FR 2:06.96	2) SKIKUS, Matthew SO 2:09.95 (4:16.91)		
	3) HALE, William FR 2:29.67 (6:46.57)	4) OWEN, Carter SR 2:09.23 (8:55.80)		
	Alvernia (A)	DNS		
	1) DENNISON, Ryan SO	2) WENDEL, Zackary SO		
	3) HENRY, James SO	4) HAHN, Spencer FR		

**#1 Women's 4 x 800m Relay**

R	MAC Outdoor	9:16.48	L Decker, K Patrick, D Stockdale, C	Lebanon Vall	5/1/2014
	MAC Outdoor	9:16.48	L. Decker, K. Patrick, D. Stockdale, C.	Lebanon Valley	2014
Pl	Team	Time	Note	Pts	
1	Misericordia (A)	9:19.44		10	
	1) KAMMER, Madison SO 2:19.56	2) GALLAGHER, Kristin SR 2:19.01 (4:38.56)			
	3) WAGNER, Brianna JR 2:23.55 (7:02.11)	4) MORNINGSTAR, Grace FR 2:17.34 (9:19.44)			
2	Lebanon Valley (A)	9:25.38		8	
	1) KAPCSOS, Sierra SO 2:20.51	2) GARGES, Autumn SO 2:21.31 (4:41.81)			
	3) BARTHOLOMEW, Coyla SO 2:27.01 (7:08.82)	4) BUNKE, Lauren SR 2:16.56 (9:25.38)			

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**RESULTS****#1 Women's 4 x 800m Relay (cont'd)**

Pl	Team	Time	Note	Pts
3	Widener (A)	9:37.46		6
	1) HOLT, Donna SR 2:18.65	2) O'BRIEN, Erin SO 2:30.46 (4:49.10)		
	3) SCHULTZ, Emma JR 2:28.58 (7:17.68)	4) NYE, Gabriella SO 2:19.78 (9:37.46)		
4	Messiah (A)	9:38.88		5
	1) LEBO, Kerrigan SO 2:23.09	2) DEVRIES, Kayra FR 2:31.94 (4:55.02)		
	3) KIMMEL, Madison FR 2:23.15 (7:18.17)	4) ANTHONY, Katie JR 2:20.71 (9:38.88)		
5	Stevens (A)	9:41.26		4
	1) VOGEL, Isabel SO 2:30.95	2) ENES, Taylor SO 2:28.76 (4:59.70)		
	3) ROUSE, Rachel SO 2:22.35 (7:22.05)	4) BURDEN, Nina JR 2:19.21 (9:41.26)		
6	Alvernia (A)	9:52.50		3
	1) SANCHEZ, Rosnelly FR 2:27.10	2) JERRAHIAN, Paige FR 2:28.75 (4:55.84)		
	3) TORRES, Jessie SO 2:25.08 (7:20.92)	4) STERNBERG, Caitlin JR 2:31.59 (9:52.50)		
7	Eastern (A)	9:58.26		2
	1) FISCHLI, Jennifer FR 2:24.34	2) WRIGHT, Rainee JR 2:42.84 (5:07.18)		
	3) DAVIS, Queen-Roszia FR 2:33.81 (7:40.98)	4) SHREFFLER, Hailey JR 2:17.28 (9:58.26)		
8	DeSales (A)	10:11.58		1
	1) SACCARY, Caitlyn SR 2:36.17	2) HOLLANDER, Andie FR 2:37.50 (5:13.67)		
	3) KLEIN, Angelina FR 2:32.31 (7:45.97)	4) ESTUS, Haley JR 2:25.61 (10:11.58)		
9	King's (Pa.) (A)	10:24.13		
	1) TOMKO, Zoe JR 2:29.85	2) JOHNSON, Julia JR 2:31.05 (5:00.89)		
	3) PORTO, Elizabeth JR 2:41.62 (7:42.51)	4) MAJCHER, Mikaela JR 2:41.63 (10:24.13)		
10	Albright (A)	10:51.02		
	1) DEVITA, Alyssa SO 2:37.36	2) SCHWEITZER, Katelyn SR 2:46.34 (5:23.70)		
	3) BROWN, Leah SR 2:46.31 (8:10.00)	4) PARMELEE, Julia SO 2:41.02 (10:51.02)		
11	Hood (A)	11:05.69		
	1) MULHOLLAND, Megan SO 2:40.03	2) PEZENOSKY, Megan SO 2:49.00 (5:29.02)		
	3) BARTMAN, Marin SO 2:52.77 (8:21.79)	4) SANFORD, Briley FR 2:43.90 (11:05.69)		
12	Delaware Valley (A)	11:35.69		
	1) TAYLOR, Lindsay FR 2:43.09	2) WILSON, Jaida SO 2:51.07 (5:34.16)		
	3) PERKINS, Alannah FR 3:08.38 (8:42.54)	4) SWEARINGEN, Samantha FR 2:53.16 (11:35.69)		

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RESULTS

#4 Men's 10000 Meters

R	MAC Outdoor	30:16.14	Macharia Yuot	Widener	2005	
	MAC Outdoor	29:21.05	Macharia Yuot	Widener	2005	
Pl	Name		Yr Team	Time	Note	Pts
1	FLEAR, Thomas		SO Widener	31:02.33		10
		1:19.75	1:17.95 (2:37.70)	1:16.75 (3:54.44)	1:15.97 (5:10.40)	
		1:13.79 (6:24.19)	1:15.11 (7:39.29)	1:17.25 (8:56.54)	1:16.56 (10:13.10)	
		1:16.66 (11:29.75)	1:14.35 (12:44.10)	1:14.00 (13:58.09)	1:14.37 (15:12.45)	
		1:14.78 (16:27.23)	1:14.67 (17:41.89)	1:14.81 (18:56.70)	1:14.02 (20:10.72)	
		1:13.54 (21:24.25)	1:13.56 (22:37.81)	1:15.24 (23:53.05)	1:14.10 (25:07.14)	
		1:14.75 (26:21.89)	1:14.83 (27:36.72)	1:12.07 (28:48.79)	1:10.51 (29:59.30)	
		1:03.03 (31:02.33)				
2	ROWLEY, Stephen		JR Misericordia	31:06.56		8
		1:19.49	1:17.93 (2:37.42)	1:16.56 (3:53.97)	1:15.77 (5:09.74)	
		1:12.85 (6:22.58)	1:16.26 (7:38.84)	1:17.15 (8:55.99)	1:16.61 (10:12.60)	
		1:16.62 (11:29.21)	1:14.48 (12:43.69)	1:14.09 (13:57.77)	1:14.40 (15:12.17)	
		1:14.79 (16:26.95)	1:14.65 (17:41.60)	1:14.85 (18:56.44)	1:14.58 (20:11.02)	
		1:13.48 (21:24.49)	1:13.54 (22:38.03)	1:15.19 (23:53.21)	1:14.13 (25:07.34)	
		1:14.75 (26:22.09)	1:14.43 (27:36.51)	1:12.01 (28:48.52)	1:10.55 (29:59.06)	
		1:07.50 (31:06.56)				
3	SANTACOLOMA, Matt		SR DeSales	31:12.13		6
		1:18.35	1:14.10 (2:32.45)	1:14.15 (3:46.59)	1:12.53 (4:59.12)	
		1:13.07 (6:12.18)	1:14.73 (7:26.91)	1:14.84 (8:41.75)	1:15.03 (9:56.78)	
		1:14.64 (11:11.42)	1:15.40 (12:26.82)	1:14.97 (13:41.78)	1:14.76 (14:56.54)	
		1:15.09 (16:11.63)	1:15.80 (17:27.42)	1:15.27 (18:42.68)	1:15.57 (19:58.25)	
		1:16.06 (21:14.30)	1:15.84 (22:30.13)	1:16.02 (23:46.15)	1:15.40 (25:01.55)	
		1:16.03 (26:17.58)	1:15.21 (27:32.79)	1:14.26 (28:47.05)	1:13.79 (30:00.83)	
		1:11.30 (31:12.13)				
4	MANIDIS, Nick		SR DeSales	31:51.92		5
		1:17.10	1:14.18 (2:31.28)	1:16.60 (3:47.88)	1:16.51 (5:04.38)	
		1:17.31 (6:21.68)	1:17.93 (7:39.61)	1:17.52 (8:57.12)	1:17.04 (10:14.15)	
		1:16.81 (11:30.95)	1:16.28 (12:47.23)	1:18.19 (14:05.42)	1:17.26 (15:22.67)	
		1:17.96 (16:40.63)	1:17.21 (17:57.84)	1:16.81 (19:14.65)	1:17.28 (20:31.92)	
		1:16.59 (21:48.50)	1:16.33 (23:04.83)	1:17.63 (24:22.46)	1:16.62 (25:39.08)	
		1:16.99 (26:56.07)	1:16.60 (28:12.66)	1:16.68 (29:29.33)	1:16.30 (30:45.63)	
		1:06.30 (31:51.92)				
5	CAROLAN, Patrick		SR Widener	31:57.28		4
		1:19.89	1:17.91 (2:37.80)	1:16.94 (3:54.74)	1:15.82 (5:10.55)	
		1:13.49 (6:24.04)	1:15.38 (7:39.42)	1:17.95 (8:57.36)	1:16.25 (10:13.61)	
		1:16.71 (11:30.31)	1:14.32 (12:44.63)	1:15.22 (13:59.84)	1:14.63 (15:14.46)	
		1:15.47 (16:29.93)	1:18.08 (17:48.01)	1:17.38 (19:05.38)	1:17.72 (20:23.10)	
		1:18.48 (21:41.58)	1:19.24 (23:00.81)	1:19.60 (24:20.41)	1:17.83 (25:38.23)	
		1:18.73 (26:56.96)	1:18.18 (28:15.14)	1:15.76 (29:30.90)	1:16.06 (30:46.95)	
		1:10.34 (31:57.28)				
6	CHUKOSKIE, Joseph		SO Lebanon Valley	32:08.55		3

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	1:19.18	1:17.96 (2:37.14)	1:17.04 (3:54.17)	1:15.90 (5:10.07)		
	1:13.97 (6:24.04)	1:15.62 (7:39.66)	1:17.84 (8:57.49)	1:16.22 (10:13.70)		
	1:16.82 (11:30.52)	1:14.43 (12:44.95)	1:15.19 (14:00.13)	1:14.62 (15:14.75)		
	1:15.41 (16:30.15)	1:18.02 (17:48.16)	1:17.46 (19:05.62)	1:17.66 (20:23.28)		
	1:18.50 (21:41.77)	1:19.15 (23:00.92)	1:19.19 (24:20.10)	1:17.57 (25:37.67)		
	1:19.04 (26:56.70)	1:19.11 (28:15.81)	1:19.11 (29:34.91)	1:18.13 (30:53.03)		
	1:15.52 (32:08.55)					
7	CALISTI, Noah	JR	Messiah	32:18.82		2
	1:20.15	1:17.94 (2:38.09)	1:16.82 (3:54.91)	1:15.84 (5:10.75)		
	1:13.86 (6:24.60)	1:15.44 (7:40.04)	1:17.95 (8:57.98)	1:16.09 (10:14.07)		
	1:16.81 (11:30.88)	1:15.61 (12:46.49)	1:17.22 (14:03.70)	1:18.50 (15:22.19)		
	1:17.61 (16:39.80)	1:18.36 (17:58.15)	1:17.81 (19:15.95)	1:18.30 (20:34.24)		
	1:19.26 (21:53.49)	1:18.92 (23:12.41)	1:19.47 (24:31.88)	1:19.42 (25:51.29)		
	1:19.94 (27:11.22)	1:20.49 (28:31.71)	1:18.38 (29:50.08)	1:17.66 (31:07.73)		
	1:11.09 (32:18.82)					
8	SCHINDLER, Hayden	JR	Stevenson	32:25.06		1
	1:19.47	1:17.97 (2:37.43)	1:16.96 (3:54.39)	1:15.89 (5:10.28)		
	1:12.58 (6:22.86)	1:16.17 (7:39.02)	1:17.22 (8:56.24)	1:16.60 (10:12.84)		
	1:16.61 (11:29.44)	1:14.68 (12:44.12)	1:16.35 (14:00.46)	1:17.67 (15:18.13)		
	1:19.77 (16:37.89)	1:17.92 (17:55.81)	1:19.35 (19:15.16)	1:18.58 (20:33.74)		
	1:19.24 (21:52.97)	1:20.58 (23:13.54)	1:20.71 (24:34.25)	1:21.05 (25:55.30)		
	1:20.27 (27:15.56)	1:19.27 (28:34.82)	1:21.83 (29:56.65)	1:19.78 (31:16.43)		
	1:08.63 (32:25.06)					
9	SHULMAN, Ryan	SO	Misericordia	32:26.63		
	1:19.38	1:17.79 (2:37.17)	1:16.97 (3:54.13)	1:16.01 (5:10.13)		
	1:14.62 (6:24.74)	1:15.76 (7:40.50)	1:17.28 (8:57.78)	1:16.99 (10:14.77)		
	1:16.81 (11:31.57)	1:16.84 (12:48.41)	1:17.74 (14:06.14)	1:18.46 (15:24.60)		
	1:18.12 (16:42.72)	1:19.01 (18:01.72)	1:18.73 (19:20.45)	1:18.90 (20:39.34)		
	1:19.70 (21:59.04)	1:20.47 (23:19.51)	1:19.94 (24:39.44)	1:18.73 (25:58.17)		
	1:19.57 (27:17.74)	1:19.63 (28:37.36)	1:19.82 (29:57.18)	1:17.92 (31:15.09)		
	1:11.54 (32:26.63)					
10	CONCANNON, Liam	JR	Stevens	32:51.57		
	1:18.99	1:17.94 (2:36.93)	1:17.09 (3:54.01)	1:15.98 (5:09.99)		
	1:13.94 (6:23.93)	1:15.90 (7:39.83)	1:17.87 (8:57.70)	1:15.63 (10:13.33)		
	1:16.72 (11:30.04)	1:15.20 (12:45.24)	1:17.05 (14:02.29)	1:18.97 (15:21.25)		
	1:18.07 (16:39.31)	1:19.01 (17:58.32)	1:19.49 (19:17.80)	1:20.84 (20:38.63)		
	1:19.94 (21:58.56)	1:21.23 (23:19.79)	1:23.06 (24:42.84)	1:24.30 (26:07.14)		
	1:22.23 (27:29.36)	1:21.89 (28:51.25)	1:23.30 (30:14.55)	1:20.65 (31:35.20)		
	1:16.37 (32:51.57)					
11	BRUNO, Brian	SR	DeSales	32:53.53		

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RESULTS

#4 Men's 10000 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note	Pts
	1:17.32	1:14.51 (2:31.82)	1:16.34 (3:48.16)	1:16.47 (5:04.63)		
	1:17.37 (6:22.00)	1:17.44 (7:39.44)	1:17.35 (8:56.78)	1:17.14 (10:13.91)		
	1:16.82 (11:30.73)	1:16.40 (12:47.12)	1:18.32 (14:05.43)	1:18.64 (15:24.07)		
	1:19.09 (16:43.16)	1:18.86 (18:02.01)	1:18.94 (19:20.95)	1:19.93 (20:40.87)		
	1:20.57 (22:01.43)	1:21.35 (23:22.78)	1:21.54 (24:44.32)	1:21.95 (26:06.27)		
	1:23.51 (27:29.78)	1:22.28 (28:52.05)	1:22.74 (30:14.78)	1:21.50 (31:36.28)		
	1:17.26 (32:53.53)					
12	FETTER, Louka	SO	Messiah	33:22.56		
	1:21.42	1:16.90 (2:38.31)	1:17.02 (3:55.33)	1:16.12 (5:11.44)		
	1:14.90 (6:26.33)	1:15.89 (7:42.22)	1:17.55 (8:59.77)	1:17.51 (10:17.27)		
	1:17.77 (11:35.03)	1:18.83 (12:53.86)	1:18.66 (14:12.51)	1:19.43 (15:31.93)		
	1:20.69 (16:52.62)	1:19.81 (18:12.43)	1:21.79 (19:34.21)	1:22.64 (20:56.85)		
	1:20.43 (22:17.28)	1:23.61 (23:40.89)	1:25.47 (25:06.36)	1:25.01 (26:31.37)		
	1:25.71 (27:57.08)	1:25.13 (29:22.20)	1:20.99 (30:43.18)	1:20.01 (32:03.19)		
	1:19.37 (33:22.56)					
13	REMENTER, Zachary	FR	Widener	33:32.72		
	1:21.13	1:18.07 (2:39.20)	1:17.53 (3:56.72)	1:17.98 (5:14.70)		
	1:18.42 (6:33.12)	1:18.63 (7:51.74)	1:19.72 (9:11.45)	1:19.19 (10:30.64)		
	1:20.64 (11:51.27)	1:20.90 (13:12.16)	1:21.60 (14:33.76)	1:21.64 (15:55.40)		
	1:21.56 (17:16.95)	1:21.84 (18:38.79)	1:20.45 (19:59.24)	1:19.97 (21:19.20)		
	1:22.29 (22:41.49)	1:22.49 (24:03.97)	1:23.32 (25:27.29)	1:22.98 (26:50.26)		
	1:22.89 (28:13.15)	1:22.51 (29:35.65)	1:22.91 (30:58.56)	1:22.43 (32:20.98)		
	1:11.74 (33:32.72)					
14	KAUFFMAN, Lance	JR	Messiah	33:43.88		
	1:21.53	1:17.09 (2:38.62)	1:17.35 (3:55.96)	1:18.09 (5:14.04)		
	1:18.64 (6:32.68)	1:18.84 (7:51.51)	1:20.45 (9:11.96)	1:19.51 (10:31.47)		
	1:20.29 (11:51.75)	1:21.23 (13:12.98)	1:22.09 (14:35.06)	1:23.64 (15:58.69)		
	1:21.31 (17:20.00)	1:21.86 (18:41.86)	1:22.19 (20:04.04)	1:21.29 (21:25.32)		
	1:25.24 (22:50.56)	1:25.34 (24:15.90)	1:24.59 (25:40.48)	1:24.11 (27:04.58)		
	1:22.19 (28:26.77)	1:25.19 (29:51.95)	1:26.96 (31:18.90)	1:18.12 (32:37.01)		
	1:06.87 (33:43.88)					
15	RICCO, Eric	SR	DeSales	33:44.98		
	1:23.00	1:16.93 (2:39.92)	1:20.04 (3:59.96)	1:20.69 (5:20.64)		
	1:19.80 (6:40.44)	1:19.23 (7:59.66)	1:19.01 (9:18.67)	1:18.09 (10:36.75)		
	1:20.90 (11:57.65)	1:20.24 (13:17.89)	1:21.39 (14:39.27)	1:18.58 (15:57.85)		
	1:21.37 (17:19.22)	1:19.81 (18:39.02)	1:22.00 (20:01.02)	1:24.79 (21:25.81)		
	1:22.20 (22:48.00)	1:23.40 (24:11.40)	1:23.43 (25:34.82)	1:22.85 (26:57.66)		
	1:24.19 (28:21.85)	1:22.99 (29:44.84)	1:21.61 (31:06.45)	1:22.74 (32:29.18)		
	1:15.80 (33:44.98)					
16	GREVE, Thomas	SR	DeSales	33:55.45		



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# RESULTS

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Pl	Name	Yr	Team	Time	Note	Pts		
	1:22.63	1:18.39	(2:41.02)	1:19.50	(4:00.51)	1:20.56	(5:21.07)	
	1:19.94	(6:41.01)	1:19.79	(8:00.79)	1:19.86	(9:20.65)	1:19.70	(10:40.34)
	1:19.70	(12:00.03)	1:19.83	(13:19.86)	1:19.71	(14:39.57)	1:19.26	(15:58.82)
	1:20.37	(17:19.19)	1:20.15	(18:39.34)	1:20.05	(19:59.38)	1:19.94	(21:19.32)
	1:21.98	(22:41.30)	1:24.98	(24:06.27)	1:29.85	(25:36.12)	1:27.60	(27:03.71)
	1:25.65	(28:29.36)	1:25.14	(29:54.49)	1:23.19	(31:17.68)	1:20.90	(32:38.57)
	1:16.88	(33:55.45)						
17	SCHERMERHORN, Kyle	JR	Alvernia	34:01.81				
	1:20.79	1:18.10	(2:38.88)	1:17.23	(3:56.11)	1:17.10	(5:13.21)	
	1:18.60	(6:31.81)	1:20.12	(7:51.92)	1:20.34	(9:12.26)	1:19.55	(10:31.80)
	1:21.07	(11:52.87)	1:22.21	(13:15.08)	1:21.89	(14:36.96)	1:23.13	(16:00.08)
	1:22.39	(17:22.47)	1:22.87	(18:45.34)	1:24.74	(20:10.07)	1:24.62	(21:34.69)
	1:25.19	(22:59.88)	1:24.40	(24:24.27)	1:23.84	(25:48.11)	1:24.39	(27:12.50)
	1:25.06	(28:37.55)	1:24.61	(30:02.15)	1:22.79	(31:24.94)	1:21.30	(32:46.24)
	1:15.58	(34:01.81)						
18	KILHEENEY, Drew	JR	York (Pa.)	34:17.10				
	1:23.25	1:20.07	(2:43.31)	1:21.63	(4:04.94)	1:22.29	(5:27.23)	
	1:22.21	(6:49.44)	1:22.25	(8:11.69)	1:23.86	(9:35.55)	1:24.12	(10:59.66)
	1:24.53	(12:24.18)	1:21.86	(13:46.04)	1:23.58	(15:09.62)	1:22.25	(16:31.86)
	1:21.72	(17:53.58)	1:22.21	(19:15.78)	1:21.78	(20:37.56)	1:22.56	(22:00.12)
	1:22.90	(23:23.02)	1:22.54	(24:45.55)	1:23.28	(26:08.83)	1:22.98	(27:31.80)
	1:23.20	(28:55.00)	1:23.19	(30:18.18)	1:22.46	(31:40.64)	1:21.71	(33:02.34)
	1:14.77	(34:17.10)						
19	ORLANDO, Frank	JR	Stevens	34:24.69				
	1:20.01	1:17.92	(2:37.93)	1:16.73	(3:54.65)	1:16.44	(5:11.09)	
	1:18.04	(6:29.12)	1:19.60	(7:48.72)	1:20.75	(9:09.47)	1:19.95	(10:29.42)
	1:19.53	(11:48.95)	1:20.51	(13:09.45)	1:20.91	(14:30.36)	1:23.43	(15:53.79)
	1:22.42	(17:16.20)	1:22.88	(18:39.08)	1:19.62	(19:58.70)	1:21.28	(21:19.97)
	1:25.40	(22:45.36)	1:26.52	(24:11.88)	1:26.61	(25:38.48)	1:26.71	(27:05.19)
	1:26.85	(28:32.03)	1:29.83	(30:01.86)	1:29.86	(31:31.72)	1:27.41	(32:59.12)
	1:25.57	(34:24.69)						
20	GOWER-HALL, Isaac	FR	York (Pa.)	34:30.97				
	1:24.07	1:19.59	(2:43.65)	1:22.00	(4:05.65)	1:22.23	(5:27.87)	
	1:22.47	(6:50.33)	1:22.66	(8:12.99)	1:23.22	(9:36.21)	1:23.92	(11:00.12)
	1:23.47	(12:23.59)	1:21.36	(13:44.94)	1:22.98	(15:07.91)	1:22.15	(16:30.05)
	1:21.62	(17:51.67)	1:21.54	(19:13.20)	1:23.28	(20:36.48)	1:22.79	(21:59.27)
	1:22.60	(23:21.87)	1:22.91	(24:44.77)	1:24.38	(26:09.14)	1:23.27	(27:32.40)
	1:23.44	(28:55.83)	1:24.43	(30:20.26)	1:24.85	(31:45.11)	1:24.78	(33:09.89)
	1:21.08	(34:30.97)						
21	SESKAR, Alex	SO	Hood	34:46.09				

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#4 Men's 10000 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note	Pts
	1:20.48	1:18.18 (2:38.66)	1:19.14 (3:57.79)	1:21.28 (5:19.07)		
	1:05.69 (6:24.75)	16.39 (6:41.14)	1:21.42 (8:02.56)	1:19.93 (9:22.48)		
	2:43.48 (12:05.95)	1:22.83 (13:28.78)	1:24.13 (14:52.91)	1:24.27 (16:17.18)		
	1:23.86 (17:41.04)	1:25.09 (19:06.12)	1:24.95 (20:31.07)	1:25.79 (21:56.86)		
	1:27.36 (23:24.21)	1:25.42 (24:49.62)	1:26.50 (26:16.12)	1:28.49 (27:44.60)		
	1:27.67 (29:12.27)	1:28.62 (30:40.89)	1:25.90 (32:06.79)	1:19.28 (33:26.06)		
	1:20.03 (34:46.09)					
22	SMITH, Cody	JR	DeSales	34:52.64		
	1:22.57	1:18.10 (2:40.66)	1:19.38 (4:00.04)	1:20.75 (5:20.78)		
	1:19.96 (6:40.74)	1:20.22 (8:00.95)	1:21.24 (9:22.19)	1:21.47 (10:43.66)		
	1:21.71 (12:05.36)	1:23.98 (13:29.34)	1:24.91 (14:54.24)	1:24.13 (16:18.36)		
	1:24.09 (17:42.45)	1:26.30 (19:08.74)	1:27.48 (20:36.21)	1:27.53 (22:03.74)		
	1:27.33 (23:31.06)	1:26.42 (24:57.48)	1:24.52 (26:21.99)	1:26.51 (27:48.49)		
	1:27.80 (29:16.29)	1:27.90 (30:44.19)	1:28.00 (32:12.19)	1:24.18 (33:36.36)		
	1:16.28 (34:52.64)					
23	HERMAN, James	JR	York (Pa.)	34:53.60		
	1:22.13	1:19.98 (2:42.11)	1:21.43 (4:03.53)	1:22.85 (5:26.38)		
	1:22.36 (6:48.73)	1:23.28 (8:12.01)	1:24.15 (9:36.15)	1:24.00 (11:00.15)		
	1:23.82 (12:23.97)	1:24.13 (13:48.10)	1:24.93 (15:13.03)	1:24.39 (16:37.41)		
	1:24.97 (18:02.38)	1:25.69 (19:28.06)	1:27.08 (20:55.14)	1:24.90 (22:20.04)		
	1:24.03 (23:44.06)	1:23.77 (25:07.83)	1:24.09 (26:31.92)	1:24.87 (27:56.79)		
	1:25.13 (29:21.91)	1:24.57 (30:46.47)	1:23.88 (32:10.34)	1:26.68 (33:37.02)		
	1:16.59 (34:53.60)					
24	ALLEN, Liam	FR	Lebanon Valley	35:06.89		
	1:23.78	1:19.70 (2:43.47)	1:21.85 (4:05.32)	1:22.26 (5:27.58)		
	1:22.54 (6:50.11)	1:22.97 (8:13.08)	1:23.69 (9:36.76)	1:24.09 (11:00.84)		
	1:23.63 (12:24.47)	1:24.24 (13:48.71)	1:25.59 (15:14.29)	1:24.98 (16:39.26)		
	1:23.48 (18:02.74)	1:24.82 (19:27.56)	1:26.08 (20:53.64)	1:26.18 (22:19.81)		
	1:25.86 (23:45.66)	1:24.97 (25:10.62)	1:26.07 (26:36.69)	1:25.56 (28:02.25)		
	1:25.78 (29:28.03)	1:27.12 (30:55.14)	1:27.81 (32:22.95)	1:25.03 (33:47.97)		
	1:18.93 (35:06.89)					
25	LENHART, Dylan	FR	Lebanon Valley	35:20.33		
	1:23.57	1:18.82 (2:42.39)	1:19.20 (4:01.58)	1:21.76 (5:23.34)		
	1:20.52 (6:43.86)	1:22.15 (8:06.00)	1:22.83 (9:28.83)	1:24.01 (10:52.84)		
	1:24.70 (12:17.54)	1:25.19 (13:42.72)	1:24.92 (15:07.64)	1:23.73 (16:31.37)		
	1:24.61 (17:55.98)	1:25.59 (19:21.57)	1:26.77 (20:48.33)	1:28.32 (22:16.65)		
	1:29.21 (23:45.85)	1:27.86 (25:13.71)	1:28.86 (26:42.57)	1:27.92 (28:10.48)		
	1:27.13 (29:37.61)	1:26.47 (31:04.07)	1:27.63 (32:31.70)	1:23.79 (33:55.49)		
	1:24.84 (35:20.33)					
26	COLYER, Zeke	SO	Messiah	35:47.66		

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#4 Men's 10000 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note	Pts
	1:23.94		1:20.32 (2:44.25)	1:23.06 (4:07.30)		1:24.04 (5:31.33)
	1:24.41 (6:55.74)		1:25.36 (8:21.10)	1:27.03 (9:48.12)		1:25.99 (11:14.11)
	1:26.44 (12:40.54)		1:27.85 (14:08.38)	1:29.37 (15:37.74)		1:28.39 (17:06.13)
	1:28.08 (18:34.21)		1:28.03 (20:02.24)	1:27.80 (21:30.03)		1:28.30 (22:58.33)
	1:28.18 (24:26.50)		1:28.63 (25:55.12)	1:29.38 (27:24.50)		1:27.43 (28:51.93)
	1:25.95 (30:17.87)		1:26.32 (31:44.19)	1:24.93 (33:09.12)		1:22.91 (34:32.02)
	1:15.64 (35:47.66)					
27	MEDVETZ, Weston		FR Misericordia	36:01.26		
	1:23.42		1:19.37 (2:42.79)	1:21.63 (4:04.41)		1:22.26 (5:26.67)
	1:22.36 (6:49.03)		1:23.34 (8:12.36)	1:24.01 (9:36.36)		1:24.07 (11:00.43)
	1:24.51 (12:24.94)		1:25.54 (13:50.47)	1:27.29 (15:17.75)		1:26.68 (16:44.43)
	1:28.79 (18:13.22)		1:29.23 (19:42.44)	1:29.50 (21:11.94)		1:30.61 (22:42.55)
	1:30.30 (24:12.85)		1:33.34 (25:46.19)	1:30.51 (27:16.69)		1:28.19 (28:44.88)
	1:26.00 (30:10.87)		1:30.54 (31:41.41)	1:31.25 (33:12.65)		1:29.05 (34:41.70)
	1:19.56 (36:01.26)					
28	SIDORSKI, Andrew		FR DeSales	36:07.16		
	1:24.99		1:18.85 (2:43.83)	1:20.84 (4:04.67)		1:22.36 (5:27.02)
	1:23.57 (6:50.59)		1:22.77 (8:13.35)	1:23.72 (9:37.07)		1:24.68 (11:01.75)
	1:23.87 (12:25.61)		1:25.64 (13:51.25)	1:27.60 (15:18.84)		1:26.89 (16:45.73)
	1:27.92 (18:13.65)		1:28.54 (19:42.19)	1:29.50 (21:11.68)		1:31.44 (22:43.11)
	1:30.72 (24:13.83)		1:30.56 (25:44.38)	1:30.90 (27:15.27)		1:29.32 (28:44.59)
	1:28.44 (30:13.02)		1:30.80 (31:43.82)	1:30.00 (33:13.82)		1:28.93 (34:42.75)
	1:24.42 (36:07.16)					
29	RINALDI, Antonio		SO DeSales	36:26.33		
	1:24.98		1:20.71 (2:45.69)	1:22.38 (4:08.06)		1:23.59 (5:31.65)
	1:23.15 (6:54.79)		1:24.08 (8:18.87)	1:24.30 (9:43.17)		1:23.74 (11:06.90)
	1:22.95 (12:29.85)		1:23.11 (13:52.95)	1:24.77 (15:17.71)		1:25.14 (16:42.84)
	1:26.25 (18:09.09)		1:26.56 (19:35.64)	1:27.58 (21:03.21)		1:29.43 (22:32.64)
	1:30.86 (24:03.49)		1:29.91 (25:33.40)	1:33.83 (27:07.22)		1:34.23 (28:41.45)
	1:31.31 (30:12.75)		1:32.76 (31:45.51)	1:35.36 (33:20.87)		1:35.15 (34:56.01)
	1:30.32 (36:26.33)					
30	CHYLACK, Matt		SR DeSales	36:27.84		
	1:21.70		1:18.57 (2:40.26)	1:20.17 (4:00.43)		1:22.78 (5:23.21)
	1:23.62 (6:46.82)		1:25.24 (8:12.05)	1:23.74 (9:35.79)		1:25.78 (11:01.57)
	1:27.58 (12:29.15)		1:27.75 (13:56.90)	1:28.29 (15:25.19)		1:28.66 (16:53.84)
	1:30.13 (18:23.97)		1:30.45 (19:54.41)	1:30.23 (21:24.64)		1:31.70 (22:56.34)
	1:31.81 (24:28.14)		1:32.92 (26:01.06)	1:31.09 (27:32.14)		1:32.38 (29:04.52)
	1:31.16 (30:35.68)		1:30.44 (32:06.11)	1:30.00 (33:36.11)		1:28.78 (35:04.89)
	1:22.96 (36:27.84)					
31	HENRIKSEN, Brandon		SR York (Pa.)	36:30.84		

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RESULTS

#4 Men's 10000 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note	Pts		
	1:23.80	1:19.25	(2:43.05)	1:19.89	(4:02.94)	1:20.86	(5:23.79)	
	1:18.20	(6:41.99)	1:19.31	(8:01.29)	1:20.76	(9:22.05)	1:18.63	(10:40.68)
	1:20.51	(12:01.18)	1:21.81	(13:22.99)	1:23.93	(14:46.91)	1:27.12	(16:14.03)
	1:29.60	(17:43.62)	1:30.44	(19:14.06)	1:29.02	(20:43.08)	1:32.83	(22:15.90)
	1:32.26	(23:48.16)	1:36.26	(25:24.41)	1:36.19	(27:00.60)	1:34.96	(28:35.55)
	1:33.82	(30:09.37)	1:33.77	(31:43.13)	1:36.70	(33:19.83)	1:37.17	(34:56.99)
	1:33.86	(36:30.84)						
32	ROSEBOOM, Jack		JR York (Pa.)	36:31.03				
	1:23.31	1:19.20	(2:42.51)	1:21.59	(4:04.10)	1:22.00	(5:26.09)	
	1:22.21	(6:48.30)	1:23.23	(8:11.52)	1:24.36	(9:35.88)	1:24.06	(10:59.93)
	1:23.90	(12:23.83)	1:24.05	(13:47.88)	1:26.11	(15:13.98)	1:26.81	(16:40.79)
	1:27.88	(18:08.66)	1:27.88	(19:36.54)	1:29.70	(21:06.23)	1:28.59	(22:34.82)
	1:28.25	(24:03.06)	1:28.71	(25:31.77)	1:30.06	(27:01.82)	1:33.43	(28:35.25)
	1:33.73	(30:08.98)	1:31.16	(31:40.13)	1:35.75	(33:15.87)	1:41.32	(34:57.19)
	1:33.85	(36:31.03)						
33	PARRISH, Jaden		FR DeSales	36:46.52				
	1:24.95	1:21.09	(2:46.04)	1:22.15	(4:08.19)	1:23.57	(5:31.75)	
	1:23.37	(6:55.12)	1:24.05	(8:19.17)	1:24.44	(9:43.61)	1:26.01	(11:09.61)
	1:28.51	(12:38.12)	1:30.55	(14:08.66)	1:30.04	(15:38.70)	1:30.93	(17:09.62)
	1:33.11	(18:42.73)	1:31.72	(20:14.45)	1:33.57	(21:48.01)	1:33.46	(23:21.46)
	1:33.28	(24:54.74)	1:33.38	(26:28.11)	1:29.44	(27:57.54)	1:31.38	(29:28.92)
	1:34.10	(31:03.02)	1:32.76	(32:35.77)	1:28.17	(34:03.94)	1:24.54	(35:28.47)
	1:18.05	(36:46.52)						
34	PLEBAN, Joe		SR Lebanon Valley	37:02.59				
	1:24.54	1:20.13	(2:44.67)	1:23.27	(4:07.94)	1:24.12	(5:32.05)	
	1:24.06	(6:56.10)	1:23.36	(8:19.45)	1:25.15	(9:44.60)	1:27.59	(11:12.18)
	1:27.88	(12:40.05)	1:28.05	(14:08.10)	1:29.54	(15:37.64)	1:30.95	(17:08.58)
	1:32.02	(18:40.59)	1:34.29	(20:14.88)	1:32.14	(21:47.02)	1:33.24	(23:20.26)
	1:32.86	(24:53.11)	1:33.33	(26:26.44)	1:33.46	(27:59.90)	1:32.26	(29:32.15)
	1:26.37	(30:58.51)	1:36.31	(32:34.82)	1:34.72	(34:09.53)	1:31.11	(35:40.64)
	1:21.96	(37:02.59)						
35	BITERA, Cholo		JR Misericordia	37:21.07				
	1:24.57	1:22.03	(2:46.59)	1:21.89	(4:08.47)	1:23.85	(5:32.32)	
	1:24.04	(6:56.36)	1:25.03	(8:21.39)	1:27.05	(9:48.44)	1:26.27	(11:14.70)
	1:28.70	(12:43.40)	1:31.08	(14:14.47)	1:32.28	(15:46.75)	1:31.33	(17:18.07)
	1:31.56	(18:49.63)	1:32.77	(20:22.39)	1:32.48	(21:54.86)	1:33.06	(23:27.92)
	1:33.23	(25:01.14)	1:33.63	(26:34.77)	1:32.30	(28:07.06)	1:33.00	(29:40.05)
	1:33.90	(31:13.95)	1:32.41	(32:46.36)	1:32.15	(34:18.50)	1:31.44	(35:49.93)
	1:31.15	(37:21.07)						
	WEBER, Ryan		FR Misericordia	DNF				
	WILLIAMSON, Ben		SO Arcadia	DNS				

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RESULTS

#3 Women's 10000 Meters

R MAC Outdoor 36:51.00 Marissa Durako King's (Pa.) 5/5/2016  
MAC Outdoor 34:53.15 Clare Schoen Misericordia 2018

Pl	Name	Yr	Team	Time	Note	Pts	
1	GASTON, Cera		SR Alvernia	37:58.92		10	
				1:36.42	1:37.62 (3:14.04)	1:35.71 (4:49.74)	1:35.37 (6:25.11)
				1:36.03 (8:01.13)	1:30.57 (9:31.70)	1:33.83 (11:05.52)	1:32.42 (12:37.94)
				1:33.13 (14:11.07)	1:29.32 (15:40.38)	1:34.91 (17:15.29)	1:30.14 (18:45.43)
				1:29.30 (20:14.73)	1:29.35 (21:44.07)	1:29.82 (23:13.89)	1:33.14 (24:47.03)
				1:32.35 (26:19.38)	1:30.93 (27:50.30)	1:30.09 (29:20.39)	1:29.51 (30:49.90)
				1:29.85 (32:19.74)	1:30.42 (33:50.15)	1:30.36 (35:20.50)	1:23.64 (36:44.14)
				1:14.78 (37:58.92)			
2	GALLAGHER, Grace		SO Misericordia	38:17.29		8	
				1:35.65	1:37.83 (3:13.48)	1:35.64 (4:49.12)	1:35.34 (6:24.45)
				1:36.01 (8:00.46)	1:30.35 (9:30.80)	1:33.83 (11:04.62)	1:33.04 (12:37.66)
				1:33.11 (14:10.76)	1:29.36 (15:40.12)	1:34.87 (17:14.99)	1:30.12 (18:45.10)
				1:29.38 (20:14.48)	1:29.32 (21:43.79)	1:29.84 (23:13.63)	1:33.13 (24:46.76)
				1:32.34 (26:19.09)	1:30.91 (27:50.00)	1:30.15 (29:20.14)	1:29.52 (30:49.66)
				1:29.81 (32:19.47)	1:30.42 (33:49.88)	1:30.36 (35:20.24)	1:27.59 (36:47.82)
				1:29.47 (38:17.29)			
3	NOY, Aylene		SO Hood	39:06.94		6	
				1:38.55	1:37.67 (3:16.21)	1:35.83 (4:52.04)	1:35.75 (6:27.79)
				1:35.94 (8:03.73)	1:37.15 (9:40.87)	1:34.92 (11:15.79)	1:34.26 (12:50.04)
				1:31.63 (14:21.67)	1:31.17 (15:52.84)	1:34.82 (17:27.66)	1:33.88 (19:01.54)
				1:34.11 (20:35.65)	1:34.49 (22:10.14)	1:34.16 (23:44.29)	1:33.93 (25:18.21)
				1:35.18 (26:53.39)	1:33.70 (28:27.08)	1:31.49 (29:58.57)	1:30.95 (31:29.52)
				1:31.06 (33:00.57)	1:30.85 (34:31.42)	1:32.58 (36:03.99)	1:34.54 (37:38.52)
				1:28.42 (39:06.94)			
4	BROWNE, April		JR Arcadia	39:23.96		5	
				1:37.46	1:37.52 (3:14.97)	1:35.49 (4:50.46)	1:36.09 (6:26.55)
				1:36.33 (8:02.88)	1:33.10 (9:35.97)	1:32.29 (11:08.26)	1:33.07 (12:41.32)
				1:34.40 (14:15.71)	1:35.67 (15:51.38)	1:35.63 (17:27.01)	1:33.59 (19:00.60)
				1:34.77 (20:35.36)	1:34.49 (22:09.85)	1:34.69 (23:44.53)	1:34.38 (25:18.91)
				1:35.08 (26:53.99)	1:35.22 (28:29.21)	1:31.16 (30:00.36)	1:35.74 (31:36.10)
				1:35.51 (33:11.61)	1:35.99 (34:47.60)	1:36.54 (36:24.13)	1:35.48 (37:59.61)
				1:24.35 (39:23.96)			
5	FRIES, Isabel		SO Alvernia	39:28.04		4	
				1:37.61	1:36.96 (3:14.57)	1:36.17 (4:50.73)	1:35.54 (6:26.27)
				1:36.07 (8:02.33)	1:33.35 (9:35.67)	1:33.51 (11:09.17)	1:34.63 (12:43.80)
				1:35.43 (14:19.22)	1:34.46 (15:53.68)	1:34.35 (17:28.02)	1:34.75 (19:02.77)
				1:34.29 (20:37.05)	1:34.60 (22:11.65)	1:34.49 (23:46.14)	1:35.21 (25:21.35)
				1:35.19 (26:56.53)	1:34.83 (28:31.36)	1:35.59 (30:06.95)	1:34.88 (31:41.83)
				1:35.78 (33:17.60)	1:35.14 (34:52.73)	1:35.30 (36:28.03)	1:33.71 (38:01.74)
				1:26.30 (39:28.04)			
6	LONG, Kathryn		SO Widener	39:50.74		3	

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RESULTS

#3 Women's 10000 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note	Pts			
	1:37.91	1:36.90	(3:14.81)	1:35.33	(4:50.14)	1:35.93	(6:26.06)		
	1:35.83	(8:01.89)	1:30.43	(9:32.31)	1:34.37	(11:06.68)	1:34.03	(12:40.71)	
	1:34.69	(14:15.39)	1:35.58	(15:50.97)	1:35.13	(17:26.10)	1:34.15	(19:00.25)	
	1:34.78	(20:35.02)	1:34.49	(22:09.50)	1:34.57	(23:44.07)	1:34.49	(25:18.55)	
	1:35.25	(26:53.80)	1:35.57	(28:29.37)	1:35.07	(30:04.44)	1:36.50	(31:40.93)	
	1:37.66	(33:18.59)	1:38.73	(34:57.31)	1:40.18	(36:37.49)	1:38.58	(38:16.06)	
	1:34.68	(39:50.74)							
7	JONES, Katherine		SR Misericordia	40:17.20		2			
	1:36.12	1:37.66	(3:13.78)	1:35.67	(4:49.45)	1:35.35	(6:24.79)		
	1:36.01	(8:00.80)	1:30.59	(9:31.39)	1:33.89	(11:05.27)	1:33.04	(12:38.30)	
	1:33.37	(14:11.67)	1:32.40	(15:44.07)	1:35.17	(17:19.24)	1:34.30	(18:53.53)	
	1:34.25	(20:27.78)	1:35.91	(22:03.68)	1:35.75	(23:39.43)	1:37.32	(25:16.75)	
	1:36.36	(26:53.11)	1:37.33	(28:30.44)	1:38.98	(30:09.41)	1:39.84	(31:49.24)	
	1:41.10	(33:30.34)	1:41.71	(35:12.05)	1:41.15	(36:53.20)	1:42.95	(38:36.14)	
	1:41.06	(40:17.20)							
8	SUTHERLAND, Emma		SR Arcadia	40:19.97		1			
	1:37.07	1:38.11	(3:15.18)	1:35.18	(4:50.35)	1:35.45	(6:25.80)		
	1:36.91	(8:02.70)	1:32.63	(9:35.32)	1:33.36	(11:08.67)	1:33.28	(12:41.95)	
	1:34.19	(14:16.13)	1:35.69	(15:51.82)	1:35.52	(17:27.34)	1:33.93	(19:01.26)	
	1:35.24	(20:36.50)	1:34.54	(22:11.03)	1:35.89	(23:46.92)	1:35.75	(25:22.67)	
	1:38.16	(27:00.82)	1:39.34	(28:40.15)	1:38.77	(30:18.92)	1:40.25	(31:59.16)	
	1:41.50	(33:40.66)	1:42.62	(35:23.28)	1:40.59	(37:03.87)	1:41.36	(38:45.23)	
	1:34.75	(40:19.97)							
9	MORROW, Madison		JR Misericordia	40:40.89					
	1:38.24	1:37.66	(3:15.89)	1:35.83	(4:51.72)	1:35.77	(6:27.49)		
	1:35.99	(8:03.47)	1:37.28	(9:40.75)	1:35.51	(11:16.26)	1:35.82	(12:52.08)	
	1:35.73	(14:27.80)	1:36.57	(16:04.37)	1:37.65	(17:42.01)	1:37.58	(19:19.58)	
	1:38.17	(20:57.75)	1:39.84	(22:37.59)	1:39.17	(24:16.75)	1:39.12	(25:55.87)	
	1:39.56	(27:35.43)	1:39.93	(29:15.35)	1:38.85	(30:54.20)	1:38.15	(32:32.35)	
	1:38.23	(34:10.58)	1:39.93	(35:50.50)	1:38.51	(37:29.00)	1:38.00	(39:07.00)	
	1:33.90	(40:40.89)							
10	ZEITLER, Shae		JR DeSales	40:45.68					
	1:38.96	1:37.88	(3:16.84)	1:36.85	(4:53.68)	1:38.24	(6:31.92)		
	1:37.63	(8:09.54)	1:39.84	(9:49.38)	1:37.85	(11:27.23)	1:38.53	(13:05.75)	
	1:38.27	(14:44.02)	1:38.63	(16:22.65)	1:40.19	(18:02.83)	1:39.86	(19:42.69)	
	1:38.36	(21:21.05)	1:38.47	(22:59.52)	1:37.77	(24:37.28)	1:38.23	(26:15.50)	
	1:38.39	(27:53.89)	1:37.80	(29:31.68)	1:36.55	(31:08.22)	1:36.16	(32:44.38)	
	1:36.37	(34:20.75)	1:36.64	(35:57.39)	1:38.69	(37:36.08)	1:39.56	(39:15.64)	
	1:30.05	(40:45.68)							
11	ULRICH, Rachel		SO Misericordia	40:48.42					

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**RESULTS****#3 Women's 10000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note	Pts		
	1:37.26	1:37.07	(3:14.33)	1:35.70	(4:50.02)	1:35.46	(6:25.47)	
	1:36.05	(8:01.52)	1:32.50	(9:34.02)	1:33.64	(11:07.65)	1:33.19	(12:40.84)
	1:34.63	(14:15.46)	1:35.66	(15:51.12)	1:35.60	(17:26.72)	1:35.53	(19:02.25)
	1:35.69	(20:37.94)	1:37.05	(22:14.98)	1:38.00	(23:52.97)	1:37.91	(25:30.88)
	1:39.73	(27:10.61)	1:40.07	(28:50.67)	1:41.01	(30:31.68)	1:42.57	(32:14.24)
	1:43.17	(33:57.41)	1:43.16	(35:40.57)	1:42.07	(37:22.63)	1:44.42	(39:07.04)
	1:41.38	(40:48.42)						
12	TRAN, Chris		SR Widener		40:59.94			
	1:38.30	1:37.19	(3:15.49)	1:35.68	(4:51.16)	1:35.96	(6:27.12)	
	1:36.05	(8:03.17)	1:34.54	(9:37.70)	1:34.60	(11:12.30)	1:33.98	(12:46.27)
	1:36.99	(14:23.26)	1:36.00	(15:59.26)	1:36.30	(17:35.56)	1:38.06	(19:13.61)
	1:38.42	(20:52.03)	1:39.63	(22:31.65)	1:40.04	(24:11.69)	1:41.18	(25:52.87)
	1:40.42	(27:33.28)	1:42.86	(29:16.14)	1:41.38	(30:57.51)	1:42.45	(32:39.95)
	1:42.33	(34:22.27)	1:42.78	(36:05.05)	1:40.86	(37:45.90)	1:40.69	(39:26.58)
	1:33.36	(40:59.94)						
13	HOFFMAN, Aleah		SO Lebanon Valley		42:55.94			
	1:38.58	1:37.81	(3:16.39)	1:36.33	(4:52.72)	1:38.16	(6:30.88)	
	1:37.83	(8:08.70)	1:40.49	(9:49.19)	1:40.09	(11:29.28)	1:41.20	(13:10.47)
	1:41.43	(14:51.90)	1:42.26	(16:34.15)	1:43.44	(18:17.59)	1:42.58	(20:00.17)
	1:45.63	(21:45.80)	1:46.93	(23:32.73)	1:46.25	(25:18.97)	1:46.75	(27:05.72)
	1:47.75	(28:53.46)	1:48.47	(30:41.93)	1:48.44	(32:30.36)	1:46.80	(34:17.15)
	1:47.45	(36:04.60)	1:47.75	(37:52.34)	1:44.99	(39:37.33)	1:42.89	(41:20.22)
	1:35.73	(42:55.94)						
14	RUDOLPH, Emily		SR Widener		42:57.61			
	1:40.04	1:37.45	(3:17.49)	1:37.13	(4:54.61)	1:36.58	(6:31.19)	
	1:37.87	(8:09.06)	1:40.54	(9:49.59)	1:40.04	(11:29.63)	1:41.15	(13:10.78)
	1:41.40	(14:52.17)	1:37.58	(16:29.75)	1:37.74	(18:07.48)	1:37.52	(19:45.00)
	1:36.38	(21:21.37)	1:38.57	(22:59.94)	1:39.43	(24:39.37)	1:42.26	(26:21.63)
	1:41.29	(28:02.92)	1:44.21	(29:47.12)	1:48.00	(31:35.12)	1:47.99	(33:23.10)
	1:49.41	(35:12.51)	2:00.10	(37:12.61)	1:59.82	(39:12.43)	1:53.91	(41:06.34)
	1:51.27	(42:57.61)						
15	KURTZ, Charlee		FR Lebanon Valley		42:59.61			
	1:39.47	1:37.65	(3:17.12)	1:37.28	(4:54.40)	1:39.62	(6:34.01)	
	1:40.65	(8:14.65)	1:40.01	(9:54.66)	1:41.29	(11:35.95)	1:41.61	(13:17.55)
	1:43.15	(15:00.70)	1:43.33	(16:44.02)	1:44.85	(18:28.87)	1:46.51	(20:15.37)
	1:47.82	(22:03.19)	1:45.47	(23:48.65)	1:44.54	(25:33.19)	1:44.08	(27:17.26)
	1:46.50	(29:03.76)	1:46.39	(30:50.14)	1:46.33	(32:36.47)	1:46.89	(34:23.36)
	1:45.05	(36:08.40)	1:46.40	(37:54.80)	1:43.97	(39:38.77)	1:42.44	(41:21.21)
	1:38.40	(42:59.61)						
16	ROZEK, Samantha		SO Stevens		44:36.26			

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#3 Women's 10000 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note	Pts
	1:39.74	1:37.48 (3:17.22)		1:37.08 (4:54.29)		1:39.44 (6:33.73)
	1:40.11 (8:13.84)	1:39.59 (9:53.42)		1:43.83 (11:37.24)		1:42.09 (13:19.33)
	1:42.72 (15:02.05)	1:43.83 (16:45.87)		1:46.36 (18:32.23)		1:47.50 (20:19.72)
	1:47.08 (22:06.80)	1:47.67 (23:54.46)		1:48.77 (25:43.22)		1:49.46 (27:32.68)
	1:51.93 (29:24.61)	1:52.06 (31:16.66)		1:54.86 (33:11.52)		1:53.71 (35:05.23)
	1:53.61 (36:58.83)	1:54.77 (38:53.59)		1:54.83 (40:48.42)		1.00 (40:49.42)
	3:46.84 (44:36.26)					
17	BORLEIS, Caroline		FR Lebanon Valley	45:59.77		
	1:45.41	1:49.69 (3:35.10)		1:49.74 (5:24.83)		1:51.12 (7:15.95)
	1:51.32 (9:07.26)	1:49.75 (10:57.00)		1:48.38 (12:45.38)		1:48.03 (14:33.41)
	1:49.49 (16:22.89)	1:48.66 (18:11.55)		1:49.25 (20:00.80)		1:49.94 (21:50.73)
	1:50.49 (23:41.22)	1:49.25 (25:30.46)		1:49.94 (27:20.40)		1:50.63 (29:11.03)
	1:50.15 (31:01.17)	1:51.10 (32:52.26)		1:52.06 (34:44.32)		1:54.03 (36:38.35)
	1:54.56 (38:32.90)	1:53.70 (40:26.60)		1:54.57 (42:21.16)		1:52.74 (44:13.90)
	1:45.87 (45:59.77)					
	THOMAS, Jayde		FR York (Pa.)	DNS		
	FEERICK, Fionna		JR Stevens	DNS		

#43-6 Men's Decathlon 110m Hurdles

R	MAC Outdoor	14.38	Ozzie Brown	Moravian	2007
	MAC Outdoor	14.38	Ozzie Brown	Moravian	2007

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	MCWILLIAMS, Xavier		JR Stevens	16.90		(+0.3) 1(1)	635
2	PROVAN, Josiah		SO Messiah	17.35		(+0.3) 1(2)	588
3	KIEFER, Brandon		SO Stevens	17.60		(-0.6) 2(1)	563
4	LANE, Travis		JR King's (Pa.)	17.87		(-1.5) 3(1)	537
5	MICHAJLUK, Graison		FR Lebanon Valley	18.00		(+0.3) 1(3)	524
6	POWER, Benjamin		SR Delaware Valley	18.15		(-1.5) 3(2)	510
7	DUNKERTON, Gavin		JR Messiah	18.18		(+0.3) 1(4)	507
8	MCGOVERN, Liam		SO Messiah	18.59		(-0.6) 2(2)	469
9	JOHNSON, James		SO Stevens	19.37		(-0.3) 4(1)	401
10	HALL, Jackson		SR Stevenson	19.87		(-0.6) 2(3)	360
11	SABO, Alex		SR Lebanon Valley	21.25		(-0.3) 4(2)	257
	MARTIN, Matthew		SO York (Pa.)	DQ			3
	JOHNSON, Ethan		FR Messiah	DNS			4

Men's Decathlon After 6 Events

Pl	Athlete	Yr	Team	Points
1	KIEFER, Brandon	SO	Stevens	3951
2	LANE, Travis	JR	King's (Pa.)	3685
3	DUNKERTON, Gavi	JR	Messiah	3617
4	MICHAJLUK, Graiso	FR	Lebanon Valley	3606
5	MCWILLIAMS, Xavi	JR	Stevens	3488
6	SABO, Alex	SR	Lebanon Valley	3449
7	POWER, Benjamin	SR	Delaware Valley	3327
8	MCGOVERN, Liam	SO	Messiah	3310



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Men's Decathlon After 6 Events (cont'd)

Pl	Athlete	Yr	Team	Points
8	PROVAN, Josiah	SO	Messiah	3310
10	HALL, Jackson	SR	Stevenson	3076
11	MARTIN, Matthew	SO	York (Pa.)	3066
12	JOHNSON, James	SO	Stevens	3004

#6 Men's 3000m Steeple

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
R	MAC Outdoor	9:09.11	Jared Schatz	Messiah		5/1/2015	
	MAC Outdoor	8:53.74	Benjamin Schott	Messiah		2019	
1	MELAO, Ronnie		JR Stevens	9:28.94		2(1)	10
	41.28	1:13.76 (1:55.04)	1:14.81 (3:09.85)	1:16.03 (4:25.88)	1:16.96 (5:42.83)	1:16.81 (6:59.63)	
	1:15.88 (8:15.51)	1:13.44 (9:28.94)					
2	SHELTON, Eric		JR Lebanon Valley	9:34.13		2(2)	8
	41.87	1:16.24 (1:58.10)	1:17.57 (3:15.67)	1:17.29 (4:32.95)	1:17.79 (5:50.74)	1:17.72 (7:08.45)	
	1:16.27 (8:24.71)	1:09.42 (9:34.13)					
3	HUNT, Tyler		JR York (Pa.)	9:35.04		2(3)	6
	41.73	1:17.43 (1:59.16)	1:17.68 (3:16.83)	1:18.67 (4:35.50)	1:18.41 (5:53.90)	1:18.48 (7:12.38)	
	1:15.21 (8:27.58)	1:07.47 (9:35.04)					
4	MILLER, Donald		SO Lebanon Valley	9:39.40		2(4)	5
	41.71	1:15.93 (1:57.63)	1:17.77 (3:15.40)	1:17.70 (4:33.09)	1:18.06 (5:51.15)	1:17.87 (7:09.02)	
	1:16.09 (8:25.10)	1:14.30 (9:39.40)					
5	ZAMICHIELI, Dante		JR Albright	9:41.05		2(5)	4
	42.18	1:14.91 (1:57.09)	1:18.03 (3:15.11)	1:18.92 (4:34.03)	1:18.91 (5:52.93)	1:20.41 (7:13.34)	
	1:18.00 (8:31.34)	1:09.72 (9:41.05)					
6	BAUMAN, Josh		JR Messiah	9:44.79		2(6)	3
	42.04	1:15.90 (1:57.94)	1:17.83 (3:15.77)	1:18.64 (4:34.40)	1:17.98 (5:52.38)	1:19.16 (7:11.53)	
	1:18.72 (8:30.25)	1:14.54 (9:44.79)					
7	GRIFFIN, Noah		SR Lebanon Valley	9:45.38		2(7)	2
	42.10	1:16.50 (1:58.59)	1:17.96 (3:16.55)	1:18.71 (4:35.25)	1:19.13 (5:54.38)	1:19.34 (7:13.71)	
	1:18.29 (8:32.00)	1:13.38 (9:45.38)					
8	WILSON, Joseph		FR DeSales	9:45.94		2(8)	1
	41.34	1:13.42 (1:54.76)	1:15.01 (3:09.76)	1:17.95 (4:27.71)	1:20.02 (5:47.72)	1:20.97 (7:08.69)	
	1:19.75 (8:28.44)	1:17.51 (9:45.94)					
9	CONNELL, Tim		SR DeSales	9:50.95		2(9)	
	41.08	1:16.65 (1:57.73)	1:18.61 (3:16.33)	1:18.32 (4:34.65)	1:20.17 (5:54.81)	1:21.20 (7:16.01)	
	1:19.59 (8:35.60)	1:15.36 (9:50.95)					
10	NESSIO, Joseph		JR Widener	9:52.01		2(10)	
	41.07	1:16.30 (1:57.37)	1:17.72 (3:15.08)	1:18.41 (4:33.48)	1:18.50 (5:51.98)	1:19.40 (7:11.38)	
	1:21.12 (8:32.50)	1:19.51 (9:52.01)					
11	MELLINGER, Ryle		SO Eastern	10:03.36		2(11)	
	41.67	1:15.87 (1:57.53)	1:17.89 (3:15.41)	1:18.22 (4:33.63)	1:19.13 (5:52.76)	1:22.93 (7:15.69)	
	1:25.77 (8:41.45)	1:21.92 (10:03.36)					
12	LEHMAN, Cole		JR Lebanon Valley	10:06.03		2(12)	
	42.41	1:17.24 (1:59.65)	1:16.95 (3:16.60)	1:19.57 (4:36.17)	1:19.82 (5:55.99)	1:22.90 (7:18.89)	
	1:25.81 (8:44.69)	1:21.34 (10:06.03)					
13	COGGINS, Nathaniel		SO Messiah	10:20.57		1(1)	

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**RESULTS****#6 Men's 3000m Steeple (cont'd)**

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
	42.47	1:17.96 (2:00.42)	1:20.84 (3:21.25)	1:23.30 (4:44.55)	1:25.27 (6:09.82)	1:26.79 (7:36.60)	
	1:27.28 (9:03.88)	1:16.69 (10:20.57)					
14	ROULAND, Gus		FR Messiah	10:21.11		1(2)	
	42.89	1:18.68 (2:01.56)	1:21.83 (3:23.39)	1:24.18 (4:47.57)	1:26.67 (6:14.23)	1:26.41 (7:40.64)	
	1:23.49 (9:04.12)	1:17.00 (10:21.11)					
15	DANIEL, Astin		SO Eastern	10:22.39		1(3)	
	41.97	1:18.29 (2:00.25)	1:20.87 (3:21.11)	1:23.22 (4:44.33)	1:25.22 (6:09.55)	1:26.80 (7:36.34)	
	1:27.37 (9:03.71)	1:18.68 (10:22.39)					
16	HERSH, Warren		FR Hood	10:26.97		1(4)	
	42.50	1:18.23 (2:00.72)	1:20.99 (3:21.71)	1:23.92 (4:45.62)	1:26.47 (6:12.09)	1:28.18 (7:40.26)	
	1:27.47 (9:07.73)	1:19.24 (10:26.97)					
17	CLARK, Holden		FR Eastern	10:33.56		1(5)	
	43.29	1:17.33 (2:00.61)	1:21.62 (3:22.22)	1:24.40 (4:46.61)	1:26.99 (6:13.60)	1:29.11 (7:42.71)	
	1:29.16 (9:11.87)	1:21.69 (10:33.56)					
18	BREWER, Isaiah		SO Widener	10:36.44		1(6)	
	42.19	1:18.90 (2:01.09)	1:21.51 (3:22.59)	1:24.48 (4:47.07)	1:26.96 (6:14.02)	1:29.18 (7:43.20)	
	1:29.28 (9:12.48)	1:23.97 (10:36.44)					
19	HAZEN, Jackson		JR Messiah	10:47.03		1(7)	
	43.01	1:19.23 (2:02.23)	1:23.27 (3:25.50)	1:26.32 (4:51.81)	1:29.15 (6:20.95)	1:30.34 (7:51.29)	
	1:31.69 (9:22.98)	1:24.06 (10:47.03)					
20	FRY, Logan		JR York (Pa.)	10:49.83		2(13)	
	43.42	1:19.93 (2:03.35)	1:22.29 (3:25.64)	1:24.18 (4:49.81)	1:26.32 (6:16.13)	1:30.98 (7:47.10)	
	1:33.01 (9:20.11)	1:29.73 (10:49.83)					
21	WYRICK, Jonathan		JR Messiah	11:15.63		2(14)	
	42.71	1:18.70 (2:01.41)	1:23.90 (3:25.31)	1:32.22 (4:57.52)	1:32.08 (6:29.60)	1:31.96 (8:01.56)	
	1:36.45 (9:38.00)	1:37.63 (11:15.63)					
	PARADINE, Ryan		FR Stevens	DNF		2	

**#5 Women's 3000m Steeple**

R	MAC Outdoor	11:03.53	Kierra Zack	Eastern	5/3/2019		
	MAC Outdoor	10:50.69	Gina Lucrezi	DeSales	2005		
Pl	Name	Yr	Team	Time	Note	Pts	
1	EGAN, Liz		SR Widener	11:09.63		10	
	42.90	1:26.95 (2:09.85)	1:30.82 (3:40.66)	1:31.37 (5:12.02)	1:30.33 (6:42.34)	1:31.02 (8:13.36)	
	1:30.93 (9:44.28)	1:25.35 (11:09.63)					
2	BARTHOLOMEW, Coyla		SO Lebanon Valley	11:13.91		8	
	42.53	1:28.54 (2:11.07)	1:31.26 (3:42.33)	1:32.37 (5:14.69)	1:32.01 (6:46.70)	1:31.95 (8:18.64)	
	1:31.41 (9:50.04)	1:23.87 (11:13.91)					
3	ESTUS, Haley		JR DeSales	11:31.34		6	
	42.58	1:27.58 (2:10.15)	1:31.39 (3:41.54)	1:32.96 (5:14.50)	1:34.41 (6:48.90)	1:36.45 (8:25.35)	
	1:36.10 (10:01.44)	1:29.90 (11:31.34)					
4	ROUSE, Rachel		SO Stevens	11:44.27		5	
	45.68	1:32.91 (2:18.58)	1:33.15 (3:51.73)	1:36.23 (5:27.96)	1:34.54 (7:02.49)	1:37.85 (8:40.34)	
	1:35.05 (10:15.39)	1:28.88 (11:44.27)					
5	POWELL, Teddi		SR Messiah	11:47.89		4	

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**RESULTS****#5 Women's 3000m Steeple (cont'd)**

Pl	Name		Yr	Team	Time	Note	Pts
	42.72	1:27.49 (2:10.21)	1:30.94 (3:41.14)	1:34.21 (5:15.35)	1:36.32 (6:51.66)	1:38.20 (8:29.86)	
	1:40.63 (10:10.49)	1:37.40 (11:47.89)					
6	BLACKMON, Alyssa		SR	Delaware Valley	11:57.09		3
	45.34	1:29.92 (2:15.25)	1:33.68 (3:48.93)	1:35.06 (5:23.98)	1:37.58 (7:01.55)	1:41.49 (8:43.03)	
	1:41.07 (10:24.09)	1:33.00 (11:57.09)					
7	PFEIFER, Shannon		FR	Widener	11:57.75		2
	43.83	1:29.56 (2:13.39)	1:33.49 (3:46.87)	1:36.05 (5:22.91)	1:38.42 (7:01.33)	1:40.20 (8:41.52)	
	1:41.14 (10:22.66)	1:35.09 (11:57.75)					
8	FRY, Lindsay		SR	York (Pa.)	12:00.00		1
	47.72	1:34.76 (2:22.47)	1:38.28 (4:00.74)	1:37.98 (5:38.72)	1:37.94 (7:16.65)	1:38.07 (8:54.71)	
	1:38.52 (10:33.23)	1:26.78 (12:00.00)					
9	ADAMS, Kaitlyn		FR	Stevens	12:02.30		
	46.59	1:33.64 (2:20.23)	1:37.30 (3:57.53)	1:37.78 (5:35.30)	1:39.68 (7:14.98)	1:40.52 (8:55.49)	
	1:38.13 (10:33.61)	1:28.69 (12:02.30)					
10	FISCHLI, Jennifer		FR	Eastern	12:04.68		
	43.06	1:28.73 (2:11.78)	1:34.62 (3:46.40)	1:36.96 (5:23.35)	1:38.32 (7:01.67)	1:42.23 (8:43.89)	
	1:43.27 (10:27.15)	1:37.53 (12:04.68)					
11	LULAJ, Jacqueline		JR	Stevens	12:09.94		
	47.25	1:33.68 (2:20.93)	1:36.55 (3:57.47)	1:38.03 (5:35.50)	1:40.04 (7:15.53)	1:40.23 (8:55.76)	
	1:40.31 (10:36.07)	1:33.88 (12:09.94)					
12	JOHNSON, Julia		JR	King's (Pa.)	12:15.79		
	44.37	1:30.02 (2:14.39)	1:36.41 (3:50.79)	1:38.23 (5:29.02)	1:39.58 (7:08.60)	1:43.19 (8:51.79)	
	1:42.76 (10:34.55)	1:41.25 (12:15.79)					
13	MAJCHER, Mikaela		JR	King's (Pa.)	12:27.38		
	45.02	1:31.92 (2:16.94)	1:36.07 (3:53.01)	1:40.62 (5:33.63)	1:41.67 (7:15.29)	1:44.91 (9:00.20)	
	1:45.64 (10:45.83)	1:41.56 (12:27.38)					
14	TOMKO, Zoe		JR	King's (Pa.)	12:33.86		
	44.12	1:35.52 (2:19.64)	1:39.54 (3:59.18)	1:41.89 (5:41.06)	1:42.81 (7:23.87)	1:43.18 (9:07.04)	
	1:43.81 (10:50.85)	1:43.01 (12:33.86)					
15	MYNIO, Samantha		FR	Messiah	12:50.78		
	48.04	1:35.43 (2:23.46)	1:38.64 (4:02.10)	1:42.85 (5:44.94)	1:46.49 (7:31.43)	1:48.83 (9:20.26)	
	1:50.29 (11:10.54)	1:40.24 (12:50.78)					
16	KLEIN, Angelina		FR	DeSales	12:53.98		
	45.95	1:35.04 (2:20.98)	1:40.81 (4:01.78)	1:46.52 (5:48.30)	1:49.03 (7:37.32)	1:49.22 (9:26.54)	
	1:48.48 (11:15.02)	1:38.97 (12:53.98)					
17	ZWALLY, Isabel		FR	Lebanon Valley	13:10.56		
	51.75	1:40.78 (2:32.52)	1:43.06 (4:15.58)	1:44.27 (5:59.84)	1:48.75 (7:48.58)	1:49.15 (9:37.73)	
	1:46.46 (11:24.18)	1:46.39 (13:10.56)					
18	WICKARD, Taylor		FR	York (Pa.)	13:16.23		
	51.68	1:40.04 (2:31.71)	1:44.90 (4:16.61)	1:45.17 (6:01.77)	1:49.17 (7:50.94)	1:49.98 (9:40.91)	
	1:49.41 (11:30.32)	1:45.92 (13:16.23)					
19	BROTHERTON, Jillian		JR	Messiah	13:41.06		
	51.39	1:39.99 (2:31.38)	1:45.54 (4:16.91)	1:48.29 (6:05.20)	1:54.20 (7:59.39)	1:55.26 (9:54.65)	
	1:54.81 (11:49.45)	1:51.62 (13:41.06)					
20	LEISTER, Tia		FR	Arcadia	13:46.05		

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**RESULTS****#5 Women's 3000m Steeple (cont'd)**

Pl	Name	Yr	Team	Time	Note	Pts
	49.52	1:40.32 (2:29.84)	1:48.57 (4:18.41)	1:55.84 (6:14.24)	1:54.09 (8:08.32)	1:54.57 (10:02.89)
	1:53.36 (11:56.24)	1:49.81 (13:46.05)				

**#8 Men's 4 x 100m Relay**

R	MAC Outdoor	41.50	M Cheatham, K Belser, M Hayward, D Stevenson	5/4/2019
	MAC Outdoor	41.29	R. Hodge, G. Foster, W. Carter, G. Ivery Widener	1975

**Prelims**

Pl	Team	Time	Note	H(Pl)
1	DeSales (A)	41.93q		3(1)
	1) MARSH, Colin FR		2) DUNBAR, Kyle SR	
	3) WILSON, Vajon SR		4) BERNER, Logan SR	
2	Misericordia (A)	42.09q		1(1)
	1) BLACKWELL, Dylan SO		2) BILLINGS, Richard FR	
	3) HUNTER, Jacob FR		4) CIPRIANO, Jarod SR	
3	Alvernia (A)	42.52q		2(1)
	1) SHORT, Jack JR		2) JEROME, Elisiah JR	
	3) DOWNS, Anthony FR		4) ST. PIERRE, Luke SO	
4	Stevens (A)	42.78q		3(2)
	1) HACKETT, Tyler FR		2) MAROUN, George FR	
	3) ROBINSON, Connor SO		4) SAVINO, Kyle SO	
5	Arcadia (A)	42.87q		2(2)
	1) PINES ELLIOTT, Masai JR		2) CARTER, Robert SR	
	3) CARROLL, Bryan FR		4) SAMS, Myles JR	
6	Lebanon Valley (A)	43.27q		2(3)
	1) GOUNDIE, Donovan SO		2) SABO, Alex SR	
	3) LINDER, Owen JR		4) WINTERS, Colin FR	
7	King's (Pa.) (A)	43.37q		2(4)
	1) MULLERY, Jacob FR		2) NOVROCKI, Andrew JR	
	3) MILLER, Cody FR		4) HOLZSCHUH, James FR	
8	York (Pa.) (A)	43.39q		1(2)
	1) HARDISON, Quincy JR		2) NIEMANDT, Edwin SO	
	3) FRIEND, Kyle FR		4) HIGGINS, Ian SO	
9	Eastern (A)	43.58		3(3)
	1) BODDIE, Austin FR		2) DIXON, Jeffrey SO	
	3) MOORE, Marvin SR		4) GREENWOOD, Ni'Male FR	
10	Delaware Valley (A)	43.66		2(5)
	1) GRUNWALD, Dylan FR		2) TAVERAS, Janiel SO	
	3) ROWE, Kenny FR		4) O'DUNLAMI, Matt JR	
11	Albright (A)	43.97		1(3)
	1) SAYDOWARY, Sam FR		2) LUCAS, Julian FR	
	3) REMBERT, Beyah JR		4) HAMMOND, Gregory JR	

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**RESULTS****#8 Men's 4 x 100m Relay (cont'd)****Prelims**

PI Team	Time	Note	H(PI)
12 FDU-Florham (A)	44.08		1(4)
1) HOOVER, Cameron FR	2) BRYAN, Clayton SO		
3) PERRELLI, Nathaniel FR	4) PRESLEY, Nashawn FR		
13 Messiah (A)	44.12		3(4)
1) MAYRO, Zach JR	2) FRENCH, Zach SO		
3) WILKINSON, Aedan JR	4) HORST, Joshua JR		
14 Stevenson (A)	44.49		3(5)
1) KING, Jayden SO	2) HALL, Conner SO		
3) ABDUR-RAHMAN, Adam SO	4) SNIPES, Dominic SR		
Widener (A)	DQ		1
1) MCNEAR, Brion JR	2) STEMPIN, Alex SO		
3) MCGRAW, Matayo FR	4) KNOWLES, Samuel JR		

**#7 Women's 4 x 100m Relay**

R	MAC Outdoor	47.89	K Fitti-Hafer, A Farrell, I Antensteiner, J	Lebanon Vall	5/5/2012
	MAC Outdoor	47.89	K. Fitti-Hafer, A. Farrell, I. Antensteiner,	Lebanon Valley	2012

**Prelims**

PI Team	Time	Note	H(PI)
1 Widener (A)	48.88q		2(1)
1) MUZZARELLI, Maria JR	2) GORE, Jayla SO		
3) BARR, Kelly SO	4) ROBINSON, Kayla JR		
2 Lebanon Valley (A)	48.96q		1(1)
1) REED, Abigail FR	2) BERKHEIMER, Darrian JR		
3) PEIFFER, Alyssa JR	4) CALDERON, Mileyska FR		
3 Messiah (A)	49.11q		1(2)
1) MILLER, Claire JR	2) GRUENWALD, Arwyn SO		
3) JENNETT, Halle JR	4) VARGAS, Elena JR		
4 Stevens (A)	49.61q		2(2)
1) INGRAHAM, Lauren JR	2) RYAZANOVA, Stephanie SO		
3) CANCIANI, Allie JR	4) MATHEWS, Laura JR		
5 Delaware Valley (A)	49.91q		1(3)
1) SMIAROWSKA, Olivia FR	2) HASTINGS, Kelly SR		
3) PRESCOTT, Zariah FR	4) KANE, Grace SO		
6 York (Pa.) (A)	50.18q		2(3)
1) BOYCE, Keziah SO	2) COTTRELL, Natalie FR		
3) MANN, Payton JR	4) NUSE, Angela FR		
7 King's (Pa.) (A)	50.32q		2(4)
1) BRADY, Juliet JR	2) HAHN, Sophia FR		
3) DAINAUSKI, Laura JR	4) SPRINGER, Abigail JR		

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**RESULTS****#7 Women's 4 x 100m Relay (cont'd)****Prelims**

Pl	Team	Time	Note	H(Pl)
8	Alvernia (A)	50.38q		2(5)
	1) SCHWARZ, Elisabeth SO		2) MCCLOUD, Al'iyah JR	
	3) GIBSON, Giovanni FR		4) FELIX, Shinelle JR	
9	Albright (A)	50.79		1(4)
	1) DOVER, Mackenzie SO		2) TIGHE, Eren JR	
	3) GINGRICH, Laurel SR		4) CALLAHAN, Nyla SO	
10	Arcadia (A)	50.83		1(5)
	1) ILIESCU, Roxy SR		2) SMILOVIC, Kate JR	
	3) MARCINKIEWICZ, Isabella SO		4) KOWALSKI, Isabella JR	
11	DeSales (A)	51.19		1(6)
	1) BEDNAREK, Lindsay SO		2) PELLER, Melissa JR	
	3) ROPER, Breyanna SR		4) PELUSZAK, Avery FR	
12	Stevenson (A)	51.92		2(6)
	1) STEPHENS, Destiny FR		2) KEPLER, Hannah SO	
	3) DAY, Skylia SO		4) HESS, Kaitlyn SO	
13	Eastern (A)	52.30		2(7)
	1) JEFFERSON, Kayla JR		2) ANDERSON, Anahrie FR	
	3) HERNANDEZ-ALBINO, Janitza FR		4) CARPENTER, Paige JR	

**#10 Men's 110m Hurdles**

R	MAC Outdoor	14.38	Ozzie Brown	Moravian	2007
	MAC Outdoor	14.38	Ozzie Brown	Moravian	2007

**Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	REED, Zachary	SR	Lebanon Valley	14.75Q	(+0.3)	2(1)
2	ESTHERSON, Sam	JR	DeSales	14.87Q	(-0.6)	1(1)
3	MURTHA, Daniel	JR	Lebanon Valley	15.27q	(-0.6)	1(2)
4	MCGUFFEY, Owen	SO	Misericordia	15.60q	(+0.3)	2(2)
5	SMITH, Kadan	JR	Lebanon Valley	15.78q	(-0.6)	1(3)
6	VANSCHAICK, Brandon	SO	Alvernia	15.96q	(+0.3)	2(3)
7	LEIDICH, Joshua	FR	Lebanon Valley	15.97q	(-0.6)	1(4)
8	STEELE, John	JR	Messiah	16.00q	(+0.3)	2(4)
9	SILVERSTEIN, Tristen	SO	Widener	16.52	(-0.6)	1(5)
10	SKINNER, Donovan	FR	Eastern	17.63	(+0.3)	2(5)

**#9 Women's 100m Hurdles**

R	MAC Outdoor	13.98	Laura Mathews	Stevens	5/4/2023	York College
	MAC Outdoor	13.74	Laura Mathews	Stevens	2023	NCAA Finals

**Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	MATHEWS, Laura	JR	Stevens	R 13.98Q	(+1.9)	3(1)
2	WILLIAMS, Kristen	JR	Stevens	14.88Q	(+0.3)	2(1)

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**RESULTS****#9 Women's 100m Hurdles (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
3	BROWN, Kara		SO Messiah	15.54Q	(+2.2)	1(1)
4	STERNBERG, Caitlin		JR Alvernia	16.09q	(+1.9)	3(2)
5	REED, Abigail		FR Lebanon Valley	16.23q	(+2.2)	1(2)
6	SHANLEY, Isabella		FR Stevens	16.32q	(+2.2)	1(3)
7	KROEDEL, Sarah		SO Stevenson	16.39q	(+0.3)	2(2)
8	MILLER, Claire		JR Messiah	16.45q	(+0.3)	2(3)
9	FASOLI, Brianna		SO FDU-Florham	16.47	(+1.9)	3(3)
10	MITCHELL, Mikayla		FR Lebanon Valley	16.80	(+0.3)	2(4)
11	RYAZANOVA, Stephanie		SO Stevens	17.02	(+1.9)	3(4)
12	BANKERT, Isabella		JR York (Pa.)	17.07	(+1.9)	3(5)
13	HAGGERTY, Mariah		FR Alvernia	17.63	(+0.3)	2(5)
14	KOWALSKI, Isabella		JR Arcadia	17.70	(+2.2)	1(4)
15	DOUGHER, Marissa		SO Arcadia	18.00	(+2.2)	1(5)
16	LEHR, Susannah		SR Stevenson	19.00	(+1.9)	3(6)
17	HERNANDEZ-ALBINO, Janitza		FR Eastern	20.97	(+0.3)	2(6)
18	SMIAROWSKA, Olivia		FR Delaware Valley	23.24	(+2.2)	1(6)

**#12 Men's 400 Meters**

R	MAC Outdoor	47.02	Dave German	Susquehanna	1983
	MAC Outdoor	47.02	Dave German	Susquehanna	1983

**Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	KNOWLES, Samuel		JR Widener	48.09Q		3(1)
2	NOVROCKI, Andrew		JR King's (Pa.)	48.41Q		2(1)
3	HUNTER, Jacob		FR Misericordia	48.51Q		1(1)
4	SAVINO, Kyle		SO Stevens	48.66q		1(2)
5	ST. PIERRE, Luke		SO Alvernia	49.28q		2(2)
6	MCNEAR, Brion		JR Widener	49.32q		2(3)
7	O'DUNLAMI, Matt		JR Delaware Valley	49.88q		1(3)
8	BARBERENA, Juan Carlos		FR Hood	50.47q		3(2)
9	MARSH, Colin		FR DeSales	50.67		2(4)
10	SCHREINER, Josh		SR Widener	50.73		2(5)
11	HALL, Conner		SO Stevenson	51.18		2(6)
12	SANTANA, Jahson		FR Eastern	51.25		1(4)
13	CASTELLI, Wesley		SO Arcadia	51.63		3(3)
14	RUDD, Derek		FR Widener	51.75		3(4)
15	ELLINGTON, Owen		JR Hood	51.80		1(5)
16	MESSENGER, Caleb		SO Delaware Valley	51.89		3(5)
17	VALERA, Ramses		FR Arcadia	51.98		3(6)
18	BRUCHAK, Matthew		JR Lebanon Valley	52.64		1(6)
19	KAUFMAN, Justin		SR Delaware Valley	53.02		3(7)

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**RESULTS****#11 Women's 400 Meters**

R	MAC Outdoor	55.96	Amy Viti	Misericordia	5/7/2016
	MAC Outdoor	54.17	Gina Dello Russo	Stevens	2021

**Prelims**

PI	Name	Yr	Team	Time	Note	H(PI)
1	SHANLEY, Isabella	FR	Stevens	58.24q		1(1)
2	BEDNAREK, Lindsay	SO	DeSales	58.65q		2(1)
3	BURKE, Bianca	SO	FDU-Florham	59.66q		1(2)
4	BARR, Kelly	SO	Widener	1:00.19q		3(1)
5	GINGRICH, Laurel	SR	Albright	1:00.20q		3(2)
6	HASTINGS, Kelly	SR	Delaware Valley	1:00.43q		2(2)
7	SCHULTZ, Emma	JR	Widener	1:00.94q		1(3)
8	DEVITO, Olivia	FR	Widener	1:01.01q		2(3)
9	BERKHEIMER, Darrian	JR	Lebanon Valley	1:01.09		3(3)
10	DOUGHERTY, Sarah	SR	FDU-Florham	1:01.12		3(4)
11	LOWNES, Carly	SR	Widener	1:01.42		1(4)
12	DAINAUSKI, Laura	JR	King's (Pa.)	1:02.03		2(4)
13	EAST, Emma	FR	Delaware Valley	1:02.36		1(5)
14	BUTCHER, Ava	FR	King's (Pa.)	1:02.38		2(5)
15	THOMAS, Erica	FR	Widener	1:04.52		1(6)
	SMILOVIC, Kate	JR	Arcadia	FS		3

**#44 Women's Outdoor Heptathlon**

PI	Name	Points	100H	High Jump	Shot Put	200	Long Jump	Javelin	800
1	KERVICK, Theresa	4135	16.94	1.52m	9.19m	27.33	4.80m	30.47m	2:26.76
	Widener		(+0.0)	4' 11 <sup>3</sup> / <sub>4</sub>	30' 2"	(+0.3)	15' 9"	100' 0"	
	Team Points: 10		603	644	477	685	506	486	734
2	ZULTEVICZ, Victori	3832	15.60	1.37m	9.80m	27.08	4.57m	24.46m	2:42.19
	King's (Pa.)		(+0.0)	4' 6"	32' 2"	(+0.3)	15' 0"	80' 3"	
	Team Points: 8		764	481	516	705	446	372	548
3	HAMLEN, Natalie	3667	16.86	1.34m	9.28m	28.63	4.80m	20.15m	2:26.00
	Messiah		(+0.0)	4' 4 <sup>3</sup> / <sub>4</sub>	30' 5 <sup>1</sup> / <sub>2</sub>	(+0.3)	15' 9"	66' 1"	
	Team Points: 6		612	449	482	582	506	292	744
4	GIBSON, Giavanni	3269	17.19	1.28m	6.39m	27.45	4.76m	17.21m	2:37.52
	Alvernia		(+0.0)	4' 2 <sup>1</sup> / <sub>4</sub>	20' 11 <sup>3</sup> / <sub>4</sub>	(+0.3)	15' 7 <sup>1</sup> / <sub>2</sub>	56' 5"	
	Team Points: 5		575	389	296	675	495	237	602
5	WALETZKI, Nicole	3092	17.35	1.31m	5.92m	28.51	4.82m	17.07m	2:45.43
	Stevens		(-0.1)	4' 3 <sup>1</sup> / <sub>2</sub>	19' 5 <sup>1</sup> / <sub>4</sub>	(+0.3)	15' 9 <sup>3</sup> / <sub>4</sub>	56' 0"	
	Team Points: 4		558	419	266	591	511	235	512
6	WEGMAN, Carolina	3078	20.37	1.52m	8.28m	29.05	4.77m	22.92m	3:01.32
	Lebanon Valley		(-0.1)	4' 11 <sup>3</sup> / <sub>4</sub>	27' 2"	(+0.3)	15' 7 <sup>3</sup> / <sub>4</sub>	75' 2"	
	Team Points: 3		272	644	417	551	498	343	353
7	SCHOTT, Olivia	2870	17.83	1.28m	5.31m	28.55	4.44m	17.26m	2:45.79
	Arcadia		(-0.1)	4' 2 <sup>1</sup> / <sub>4</sub>	17' 5 <sup>1</sup> / <sub>4</sub>	(+0.3)	14' 7"	56' 7"	
	Team Points: 2		506	389	228	588	413	238	508
8	CASTILLO, Gloria	2619	20.94	1.25m	7.17m	28.08	4.47m	19.41m	3:00.48
	Hood		(-0.1)	4' 1 <sup>1</sup> / <sub>4</sub>	23' 6 <sup>1</sup> / <sub>4</sub>	(+0.3)	14' 8"	63' 8"	
	Team Points: 1		229	359	346	625	421	278	361



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**RESULTS**

**#43 Men's Decathlon**

Pl	Name	Points	100	Long Jump	Shot Put	High Jump	400	110H	Discus	Pole Vault	Javelin	1500
1	KIEFER, Brandon Stevens	6024	11.48 (-0.3)	6.42m 21' 0 <sup>3</sup> / <sub>4</sub> (-0.2)	11.83m 38' 9 <sup>3</sup> / <sub>4</sub>	1.76m 5' 9 <sup>1</sup> / <sub>4</sub>	51.14	17.60 (-0.6)	28.19m 92' 6"	3.90m 12' 9 <sup>1</sup> / <sub>2</sub>	49.72m 163' 1"	5:16.22
	Team Points: 10		757	679	596	593	763	563	429	590	584	470
2	LANE, Travis King's (Pa.)	5857	11.68 (-0.3)	5.93m 19' 5 <sup>1</sup> / <sub>2</sub> (+0.7)	11.60m 38' 0 <sup>3</sup> / <sub>4</sub>	1.73m 5' 8"	52.31	17.87 (-1.5)	30.13m 98' 10"	3.50m 11' 5 <sup>3</sup> / <sub>4</sub>	49.49m 162' 4"	4:46.16
	Team Points: 8		715	571	582	569	711	537	467	482	581	642
3	DUNKERTON, Gavi Messiah	5669	11.79 (-0.3)	5.60m 18' 4 <sup>1</sup> / <sub>2</sub> (+0.2)	12.04m 39' 6"	1.76m 5' 9 <sup>1</sup> / <sub>4</sub>	52.27	18.18 (+0.3)	34.34m 112' 8"	3.60m 11' 9 <sup>3</sup> / <sub>4</sub>	43.97m 144' 3"	5:11.86
	Team Points: 6		693	502	609	593	713	507	550	509	500	493
4	MCGOVERN, Liam Messiah	5337	12.18 (-0.3)	6.10m 20' 0 <sup>1</sup> / <sub>4</sub> (+1.7)	10.55m 34' 7 <sup>1</sup> / <sub>2</sub>	1.64m 5' 4 <sup>1</sup> / <sub>2</sub>	54.91	18.59 (-0.6)	36.17m 118' 8"	3.20m 10' 6"	47.11m 154' 7"	5:12.77
	Team Points: 5		616	608	519	496	602	469	587	406	546	488
5	SABO, Alex Lebanon Valley	5298	11.38 (-0.3)	6.18m 20' 3 <sup>1</sup> / <sub>2</sub> (+0.0)	12.35m 40' 6 <sup>1</sup> / <sub>4</sub>	1.76m 5' 9 <sup>1</sup> / <sub>4</sub>	55.81	21.25 (-0.3)	32.60m 106' 11"	3.20m 10' 6"	45.58m 149' 6"	5:29.04
	Team Points: 4		778	626	628	593	567	257	516	406	523	404
6	MICHAJLUK, Graiso Lebanon Valley	5280	12.01 (-0.3)	5.92m 19' 5 <sup>1</sup> / <sub>4</sub> (+0.0)	10.84m 35' 6 <sup>3</sup> / <sub>4</sub>	1.85m 6' 0 <sup>3</sup> / <sub>4</sub>	53.56	18.00 (+0.3)	29.46m 96' 8"	2.90m 9' 6 <sup>1</sup> / <sub>4</sub>	34.30m 112' 6"	5:05.73
	Team Points: 3		649	569	536	670	658	524	454	333	360	527
7	MARTIN, Matthew York (Pa.)	5050	11.75 (-0.3)	6.30m 20' 8" (+0.1)	10.02m 32' 10 <sup>1</sup> / <sub>2</sub>	1.64m 5' 4 <sup>1</sup> / <sub>2</sub>	51.87	DQ (-1.5)	31.30m 102' 8"	3.30m 10' 10"	34.29m 112' 6"	4:36.48
	Team Points: 2		701	652	487	496	730		490	431	360	703
8	MCWILLIAMS, Xavi Stevens	5011	11.83 (-0.3)	6.03m 19' 9 <sup>1</sup> / <sub>2</sub> (+0.0)	10.15m 33' 3 <sup>3</sup> / <sub>4</sub>	1.52m 4' 11 <sup>3</sup> / <sub>4</sub>	53.13	16.90 (+0.3)	26.52m 87' 0"	2.90m 9' 6 <sup>1</sup> / <sub>4</sub>	23.71m 77' 9"	4:56.14
	Team Points: 1		685	593	495	404	676	635	396	333	212	582
9	PROVAN, Josiah Messiah	4926	11.97 (-0.3)	5.66m 18' 7" (+0.0)	10.76m 35' 3 <sup>3</sup> / <sub>4</sub>	1.55m 5' 1"	55.11	17.35 (+0.3)	31.92m 104' 9"	2.80m 9' 2 <sup>1</sup> / <sub>4</sub>	30.15m 98' 11"	5:09.96
			657	514	531	426	594	588	502	309	301	504
10	HALL, Jackson Stevenson	4587	11.74 (-0.3)	5.20m 17' 0 <sup>3</sup> / <sub>4</sub> (+0.8)	9.57m 31' 4 <sup>3</sup> / <sub>4</sub>	1.70m 5' 7"	55.27	19.87 (-0.6)	29.37m 96' 4"	2.70m 8' 10 <sup>1</sup> / <sub>4</sub>	28.88m 94' 9"	5:12.41
			703	421	460	544	588	360	452	286	283	490
11	JOHNSON, James Stevens	4304	12.09 (-0.3)	5.32m 17' 5 <sup>1</sup> / <sub>2</sub> (-0.3)	10.30m 33' 9 <sup>1</sup> / <sub>2</sub>	1.58m 5' 2 <sup>1</sup> / <sub>4</sub>	55.67	19.37 (-0.3)	21.00m 68' 11"	2.40m 7' 10 <sup>1</sup> / <sub>2</sub>	40.75m 133' 8"	5:43.25
			633	445	504	449	572	401	291	220	453	336
12	POWER, Benjamin Delaware Valley	4159	11.76 (-0.3)	5.62m 18' 5 <sup>1</sup> / <sub>4</sub> (-1.1)	11.66m 38' 3 <sup>1</sup> / <sub>4</sub>	1.52m 4' 11 <sup>3</sup> / <sub>4</sub>	54.44	18.15 (-1.5)	19.16m 62' 10"	2.60m 8' 6 <sup>1</sup> / <sub>4</sub>	30.90m 101' 4"	DNF
			699	506	586	404	622	510	256	264	312	
	JOHNSON, Ethan Messiah	NP	12.13 (-0.3)	5.72m 18' 9 <sup>1</sup> / <sub>4</sub> (+0.1)	8.62m 28' 3 <sup>1</sup> / <sub>2</sub>	1.70m 5' 7"	DNF	DNS	DNS	NH	NM	DNS
			626	527	403	544						

**#14 Men's 100 Meters**

R	MAC Outdoor	10.43	Devonte Williams	Stevenson	5/6/2017
	MAC Outdoor	10.43	Devonte Williams	Stevenson	2017

**Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	BILLINGS, Richard		FR Misericordia	10.82Q	(-0.9)	1(1)

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**RESULTS****#14 Men's 100 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
2	SAINT HILLIEN, Fabrice		SO Stevenson	10.83Q	(+0.5)	4(1)
3	BERNER, Logan		SR DeSales	10.98Q	(-0.1)	3(1)
4	GREENWOOD, Ni'Male		FR Eastern	11.00q	(-0.9)	1(2)
5	MINS, Jamel		JR Hood	11.05Q	(-1.4)	2(1)
6	CIPRIANO, Jarod		SR Misericordia	11.15q	(+0.5)	4(2)
7	LINDER, Owen		JR Lebanon Valley	11.16q	(-0.1)	3(2)
8	DOWNS, Anthony		FR Alvernia	11.20q	(-1.4)	2(2)
9	SHORT, Jack		JR Alvernia	11.22	(-1.4)	2(3)
10	HIGGINS, Ian		SO York (Pa.)	11.25	(-0.9)	1(3)
11	MULLERY, Jacob		FR King's (Pa.)	11.27	(-0.1)	3(3)
12	PINES ELLIOTT, Masai		JR Arcadia	11.30	(-0.9)	1(4)
13	PRESLEY, Nashawn		FR FDU-Florham	11.33	11.323 (-0.9)	1(5)
14	SNIPES, Dominic		SR Stevenson	11.33	11.326 (-1.4)	2(4)
15	MAYRO, Zach		JR Messiah	11.35	(-0.9)	1(6)
16	HACKETT, Tyler		FR Stevens	11.37	(-1.4)	2(5)
17	ROBINSON, Connor		SO Stevens	11.38	(-1.4)	2(6)
18	WINTERS, Colin		FR Lebanon Valley	11.39	(+0.5)	4(3)
19	MCCULLOCH, Tyler		SO DeSales	11.41	(+0.5)	4(4)
20	MOORE, Marvin		SR Eastern	11.43	(-0.1)	3(4)
21	JEROME, Elisiah		JR Alvernia	11.49	(+0.5)	4(5)
22	BODDIE, Austin		FR Eastern	11.50	(-0.1)	3(5)
23	REMBERT, Beyah		JR Albright	11.55	(+0.5)	4(6)
24	STORTI, John		SO Arcadia	11.60	(-0.1)	3(6)
25	CARTER, Robert		SR Arcadia	11.74	(-0.1)	3(7)
26	NYACHIWOWA, Christian		FR Messiah	11.78	(+0.5)	4(7)

**#13 Women's 100 Meters**

R	MAC Outdoor	11.79	Mathews, Laura	Stevens	5/4/2023	York College
	MAC Outdoor	11.64	Oniesha Clarke	Misericordia	2017	

**Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	MATHEWS, Laura		JR Stevens	12.19Q	(+0.9)	4(1)
2	MUZZARELLI, Maria		JR Widener	12.27Q	(+0.5)	5(1)
3	KOITA, Mariam		FR Widener	12.41Q	(+0.7)	2(1)
4	CALDERON, Mileyska		FR Lebanon Valley	12.53q	(+0.5)	5(2)
5	SCHWARZ, Elisabeth		SO Alvernia	12.64q	(+0.7)	2(2)
6	GORE, Jayla		SO Widener	12.70Q	(+0.4)	3(1)
7	PRESCOTT, Zariah		FR Delaware Valley	12.71q	(+0.5)	5(3)
8	NUSE, Angela		FR York (Pa.)	12.73	(+0.4)	3(2)
9	JENNETT, Halle		JR Messiah	12.80	(+0.4)	3(3)
10	KANE, Grace		SO Delaware Valley	12.81	(+0.9)	4(2)
11	SMIAROWSKA, Olivia		FR Delaware Valley	12.89	(+0.7)	2(3)
12	DOVER, Mackenzie		SO Albright	12.90Q	(-1.8)	1(1)
13	GRUENWALD, Arwyn		SO Messiah	12.91	(-1.8)	1(2)
14	BOYCE, Keziah		SO York (Pa.)	12.94	(+0.7)	2(4)

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**RESULTS****#13 Women's 100 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
15	SPRINGER, Abigail	JR	King's (Pa.)	12.96		(+0.5) 5(4)
16	BURKE, Bianca	SO	FDU-Florham	13.04		(+0.9) 4(3)
17	FASOLI, Brianna	SO	FDU-Florham	13.07		(+0.4) 3(4)
18	JEFFERSON, Kayla	JR	Eastern	13.19		(-1.8) 1(3)
19	KEPLER, Hannah	SO	Stevenson	13.24	13.238	(+0.5) 5(5)
20	BRADY, Juliet	JR	King's (Pa.)	13.24	13.240	(+0.4) 3(5)
21	GIANNELLA, Olivia	SR	Widener	13.28		(+0.9) 4(4)
22	IGLESIAS, Gianna	JR	Misericordia	13.29		(+0.5) 5(6)
23	ILIESCU, Roxy	SR	Arcadia	13.34	13.334	(-1.8) 1(4)
24	STEPHENS, Destiny	FR	Stevenson	13.34	13.339	(+0.4) 3(6)
25	MARCINKIEWICZ, Isabella	SO	Arcadia	13.38		(+0.9) 4(5)
26	MCCLOUD, Al'liyah	JR	Alvernia	13.44		(+0.7) 2(5)
27	INGRAHAM, Lauren	JR	Stevens	13.45		(+0.4) 3(7)
28	COTTRELL, Natalie	FR	York (Pa.)	13.47		(+0.7) 2(6)
29	DAY, Skylia	SO	Stevenson	13.48		(+0.9) 4(6)
30	ROPER, Breyanna	SR	DeSales	13.52		(-1.8) 1(5)
31	KUEBLER, Isabella	FR	Messiah	13.72		(+0.5) 5(7)
32	CHARLES, Taisha	SR	Albright	13.75		(-1.8) 1(6)
33	TAYLOR, Roselyn	JR	Hood	13.76		(+0.9) 4(7)

**#16 Men's 800 Meters**

R	MAC Outdoor	1:51.15	Patrick Roach	Messiah	2009
	MAC Outdoor	1:48.77	Patrich Roach	Messiah	2009

**Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	MCKELL, Elijah		SO Lebanon Valley	1:53.32Q		1(1)
	57.15	56.17 (1:53.32)				
2	SAPPE, Chris		SO Hood	1:53.48Q		1(2)
	56.88	56.61 (1:53.48)				
3	JUTRAS, Daniel		SO Stevens	1:53.80q		1(3)
	57.42	56.38 (1:53.80)				
4	HAHN, Spencer		FR Alvernia	1:54.14Q		3(1)
	54.96	59.19 (1:54.14)				
5	CONDON, John		SO Messiah	1:55.23Q		2(1)
	58.65	56.58 (1:55.23)				
6	KAUFMAN, Justin		SR Delaware Valley	1:55.27Q		2(2)
	58.39	56.89 (1:55.27)				
7	SARKETT, Evan		FR Messiah	1:55.28q		2(3)
	58.72	56.56 (1:55.28)				
8	WALTON, Robert		FR Eastern	1:55.41		1(4)
	57.43	57.98 (1:55.41)				
9	CALLANO, Jozef		FR DeSales	1:55.79Q		3(2)
	55.55	1:00.24 (1:55.79)				
10	WENDEL, Zackary		SO Alvernia	1:56.53		1(5)
	57.57	58.96 (1:56.53)				

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**RESULTS****#16 Men's 800 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
11	BAXTER, Sean		SO Messiah	1:56.85		1(6)
	57.98	58.88	(1:56.85)			
12	DI CESARE, Alec		JR Lebanon Valley	1:57.14		2(4)
	58.86	58.29	(1:57.14)			
13	HORN, Nathan		FR Misericordia	1:57.24		3(3)
	55.18	1:02.06	(1:57.24)			
14	LEITNER, Kajetan		JR Stevens	1:57.27		1(7)
	58.04	59.24	(1:57.27)			
15	PHILLIPPY, Ben		SR DeSales	1:57.64		3(4)
	56.14	1:01.51	(1:57.64)			
16	SMOOT, Josh		SO York (Pa.)	1:57.86		2(5)
	59.28	58.58	(1:57.86)			
17	JOHNSON, David		FR Widener	1:59.19		2(6)
	58.95	1:00.25	(1:59.19)			
18	NOLAN, Pierce		JR York (Pa.)	1:59.84		2(7)
	59.08	1:00.76	(1:59.84)			
19	WOMACK, Johnathan		SR Stevenson	2:00.17		3(5)
	55.98	1:04.20	(2:00.17)			
20	KIMMEL, Nathan		JR Messiah	2:00.98		3(6)
	56.92	1:04.07	(2:00.98)			
21	MESSENGER, Caleb		SO Delaware Valley	2:02.80		1(8)
	57.24	1:05.56	(2:02.80)			
22	DEREMER, Josh		SR DeSales	2:04.03		3(7)
	56.69	1:07.34	(2:04.03)			

**#15 Women's 800 Meters**

R	MAC Outdoor	2:12.48	Amy Viti	Misericordia	5/7/2016
	MAC Outdoor	2:02.52	Esther Seeland	Messiah	2021

**Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	GALLAGHER, Kristin		SR Misericordia	2:18.71Q		1(1)
	1:07.87	1:10.85	(2:18.71)			
2	MORNINGSTAR, Grace		FR Misericordia	2:18.94Q		1(2)
	1:07.89	1:11.05	(2:18.94)			
3	SHREFFLER, Hailey		JR Eastern	2:18.99Q		2(1)
	1:11.21	1:07.79	(2:18.99)			
4	GARGES, Autumn		SO Lebanon Valley	2:19.27q		1(3)
	1:08.16	1:11.11	(2:19.27)			
5	HOLT, Donna		SR Widener	2:19.44Q		2(2)
	1:11.09	1:08.35	(2:19.44)			
6	BURDEN, Nina		JR Stevens	2:20.95q		1(4)
	1:09.30	1:11.65	(2:20.95)			
7	TENNEY, Isabel		FR York (Pa.)	2:21.69q		2(3)
	1:11.77	1:09.93	(2:21.69)			
8	LEBO, Kerrigan		SO Messiah	2:21.98q		1(5)

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**RESULTS****#15 Women's 800 Meters (cont'd)****Prelims**

Pl	Name		Yr	Team	Time	Note	H(Pl)
		1:10.58					
		1:11.41 (2:21.98)					
9	KIMMEL, Madison		FR	Messiah	2:22.12		1(6)
		1:11.58					
		1:10.54 (2:22.12)					
10	ENES, Taylor		SO	Stevens	2:23.70		1(7)
		1:09.75					
		1:13.96 (2:23.70)					
11	TORRES, Jessie		SO	Alvernia	2:26.05		2(4)
		1:11.26					
		1:14.79 (2:26.05)					
12	SANCHEZ, Rosnelly		FR	Alvernia	2:27.07		2(5)
		1:11.57					
		1:15.51 (2:27.07)					
13	CURNOW, Grace		SO	Arcadia	2:27.50		2(6)
		1:11.82					
		1:15.68 (2:27.50)					
14	JERRAHIAN, Paige		FR	Alvernia	2:28.16		2(7)
		1:11.98					
		1:16.18 (2:28.16)					
15	MILLER, Emily		SO	Lebanon Valley	2:29.05		1(8)
		1:11.96					
		1:17.10 (2:29.05)					
16	VOGEL, Isabel		SO	Stevens	2:31.78		2(8)
		1:12.14					
		1:19.64 (2:31.78)					

**#18 Men's 400m Hurdles**

R	MAC Outdoor	52.18	Cal Williams	Dickinson	1988
	MAC Outdoor	51.44	Richie Weaver	Widener	1970

**Prelims**

Pl	Name		Yr	Team	Time	Note	H(Pl)
1	APSLEY, Shaun		FR	York (Pa.)	55.30Q		1(1)
2	HEISEY, Derek		JR	Messiah	55.43Q		2(1)
3	REED, Zachary		SR	Lebanon Valley	55.60Q		3(1)
4	DAVID, Jonathan		SO	Widener	55.67q		1(2)
5	REIMERT, Alexander		SO	Stevenson	57.27q		2(2)
6	SMITH, Kadan		JR	Lebanon Valley	57.42q		3(2)
7	TROY, Brody		FR	Delaware Valley	57.93q		2(3)
8	HALL, Conner		SO	Stevenson	57.98q		1(3)
9	SILVERSTEIN, Tristen		SO	Widener	58.01		3(3)
10	MILLER, Ben		JR	Widener	58.12		2(4)
11	MCWILLIAMS, Xavier		JR	Stevens	58.40		1(4)
12	GUTHIER, Bryce		FR	DeSales	58.52		1(5)
13	MCGUFFEY, Owen		SO	Misericordia	58.62		1(6)
14	BARBI, Mick		SO	Stevens	58.95		2(5)
15	DAVIS, Shamar		FR	Eastern	59.05		3(4)
16	SANTANA, Jahson		FR	Eastern	59.18		2(6)
17	HOSTETLER, Adam		JR	Messiah	59.28		2(7)
18	VANSCHAICK, Brandon		SO	Alvernia	59.54		3(5)
19	DOUGHERTY, James		SR	FDU-Florham	59.75		1(7)
20	ROBINSON, Connor		SO	Stevens	1:01.95		3(6)
21	HOWARD, Zachary		FR	Eastern	1:05.84		3(7)

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**RESULTS****#17 Women's 400m Hurdles**

R	MAC Outdoor	1:01.70	Sonialys Badillo	Misericordia	5/4/2023	York College
	MAC Outdoor	1:00.80	Liz Martin	Messiah	2013	

**Prelims**

PI	Name	Yr	Team	Time	Note	H(PI)
1	DANIEL, Elise	JR	Widener	1:06.43	Q	2(1)
2	DOUGHERTY, Sarah	SR	FDU-Florham	1:06.46	Q	3(1)
3	REED, Abigail	FR	Lebanon Valley	1:06.91	Q	1(1)
4	PEIFFER, Alyssa	JR	Lebanon Valley	1:07.15	q	1(2)
5	ANDERSON, Anahrie	FR	Eastern	1:08.27	q	3(2)
6	BENNER, Clara	SO	Messiah	1:08.43	q	3(3)
7	TIGHE, Eren	JR	Albright	1:08.58	q	2(2)
8	MANN, Payton	JR	York (Pa.)	1:08.78	q	1(3)
9	KERVICK, Theresa	JR	Widener	1:09.63		2(3)
10	MITCHELL, Ella	FR	Messiah	1:09.78		3(4)
11	HERNANDEZ-ALBINO, Janitza	FR	Eastern	1:09.85		2(4)
12	CIESLA, Karolina	FR	Arcadia	1:09.97		1(4)
13	STERNBERG, Caitlin	JR	Alvernia	1:11.65		1(5)
14	HAMLEN, Natalie	JR	Messiah	1:12.64		2(5)
15	LULAJ, Jacqueline	JR	Stevens	1:13.65		3(5)
16	MITCHELL, Mikayla	FR	Lebanon Valley	1:15.04		1(6)
17	MCGARRY, Delaney	JR	Arcadia	1:15.44		2(6)
18	SNIPES, Kyla	FR	Stevenson	1:15.50		1(7)
19	BANKERT, Isabella	JR	York (Pa.)	1:15.62		3(6)
20	DIEHL, Rosalynn	FR	York (Pa.)	1:16.39		2(7)
21	DOUGHER, Marissa	SO	Arcadia	1:17.59		3(7)

**#20 Men's 200 Meters**

R	MAC Outdoor	21.32	Juwan Petties-Jackson	Misericordia	5/6/2017
	MAC Outdoor	21.06	Tony Brown	Widener	1999

**Prelims**

PI	Name	Yr	Team	Time	Note	H(PI)
1	BILLINGS, Richard	FR	Misericordia	21.33	Q	(+1.5) 2(1)
2	SAINT HILLIEN, Fabrice	SO	Stevenson	21.60	Q	(-0.3) 1(1)
3	KNOWLES, Samuel	JR	Widener	21.84	q	(-0.3) 1(2)
4	DUNBAR, Kyle	SR	DeSales	21.98	Q	(-0.1) 4(1)
5	MINS, Jamel	JR	Hood	22.01	Q	(+0.2) 3(1)
6	HUNTER, Jacob	FR	Misericordia	22.22	q	(+1.5) 2(2)
7	LINDER, Owen	JR	Lebanon Valley	22.31	q	(-0.1) 4(2)
8	GREENWOOD, Ni'Male	FR	Eastern	22.36	q	(+1.5) 2(3)
9	SAVINO, Kyle	SO	Stevens	22.38	22.379	(-0.1) 4(3)
10	SHORT, Jack	JR	Alvernia	22.38	22.380	(-0.3) 1(3)
11	ST. PIERRE, Luke	SO	Alvernia	22.54		(+0.2) 3(2)
12	HIGGINS, Ian	SO	York (Pa.)	22.69		(+1.5) 2(4)
13	SNIPES, Dominic	SR	Stevenson	22.83		(+1.5) 2(5)
14	NIEMANDT, Edwin	SO	York (Pa.)	22.91		(+1.5) 2(6)
15	DOWNS, Anthony	FR	Alvernia	22.97		(+0.2) 3(3)

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**RESULTS****#20 Men's 200 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
16	UGORJI, James	FR	Eastern	22.98		(+0.2) 3(4)
17	MCCULLOCH, Tyler	SO	DeSales	22.99		(+0.2) 3(5)
18	BARBERENA, Juan Carlos	FR	Hood	23.03		(-0.1) 4(4)
19	MULLERY, Jacob	FR	King's (Pa.)	23.04		(-0.1) 4(5)
20	HACKETT, Tyler	FR	Stevens	23.08		(-0.3) 1(4)
21	HOOVER, Cameron	FR	FDU-Florham	23.09		(-0.3) 1(5)
22	BLACKWELL, Dylan	SO	Misericordia	23.15		(-0.3) 1(6)
23	WILKINSON, Aedan	JR	Messiah	23.21	23.203	(+0.2) 3(6)
24	CARTER, Robert	SR	Arcadia	23.21	23.210	(+0.2) 3(7)
25	BRUCHAK, Matthew	JR	Lebanon Valley	23.26		(-0.1) 4(6)
26	MOORE, Marvin	SR	Eastern	23.36		(-0.1) 4(7)
27	HALL, Conner	SO	Stevenson	23.49		(+1.5) 2(7)
28	SCHREINER, Josh	SR	Widener	24.31		(-0.3) 1(7)

**#19 Women's 200 Meters**

R	MAC Outdoor	24.42	Mathews, Laura	Stevens	5/4/2023	York College
	MAC Outdoor	23.87	Gina Dello Russo	Stevens	2022	NCAA Nationals

**Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	MATHEWS, Laura	JR	Stevens	24.68Q		(+0.7) 4(1)
2	KOITA, Mariam	FR	Widener	25.07Q		(-0.6) 2(1)
3	MUZZARELLI, Maria	JR	Widener	25.16Q		(+1.8) 3(1)
4	ROBINSON, Kayla	JR	Widener	25.66q		(-0.6) 2(2)
5	BARR, Kelly	SO	Widener	25.86q		(+0.7) 4(2)
6	SCHWARZ, Elisabeth	SO	Alvernia	25.94q		(+1.8) 3(2)
7	JENNETT, Halle	JR	Messiah	26.06Q		(-1.0) 1(1)
8	BERKHEIMER, Darrian	JR	Lebanon Valley	26.15q		(+0.7) 4(3)
9	SPRINGER, Abigail	JR	King's (Pa.)	26.20		(+1.8) 3(3)
10	SHANLEY, Isabella	FR	Stevens	26.21		(+0.7) 4(4)
11	KANE, Grace	SO	Delaware Valley	26.32		(-0.6) 2(3)
12	PRESCOTT, Zariah	FR	Delaware Valley	26.36		(+1.8) 3(4)
13	BURKE, Bianca	SO	FDU-Florham	26.49		(-0.6) 2(4)
14	SMIAROWSKA, Olivia	FR	Delaware Valley	26.55		(+0.7) 4(5)
15	GRUENWALD, Arwyn	SO	Messiah	26.58		(-1.0) 1(2)
16	BOYCE, Keziah	SO	York (Pa.)	26.68		(-1.0) 1(3)
17	FASOLI, Brianna	SO	FDU-Florham	26.79		(-0.6) 2(5)
18	BRADY, Juliet	JR	King's (Pa.)	26.93		(+1.8) 3(5)
19	NUSE, Angela	FR	York (Pa.)	27.15		(-1.0) 1(4)
20	JEFFERSON, Kayla	JR	Eastern	27.17		(-1.0) 1(5)
21	STEPHENS, Destiny	FR	Stevenson	27.50		(+0.7) 4(6)
22	COTTRELL, Natalie	FR	York (Pa.)	27.57		(+1.8) 3(6)
23	IGLESIAS, Gianna	JR	Misericordia	28.05		(-0.6) 2(6)
24	ROPER, Breyanna	SR	DeSales	28.11		(-1.0) 1(6)

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**RESULTS****#44-7 Women's Outdoor Heptathlon 800 Meters**

R	MAC Outdoor	2:12.48	Amy Viti	Misericordia	5/7/2016
	MAC Outdoor	2:02.52	Esther Seeland	Messiah	2021

Pl	Name	Yr	Team	Time	Note	Pts
1	HAMLEN, Natalie		JR Messiah	2:26.00		744
	1:11.99	1:14.01 (2:26.00)				
2	KERVICK, Theresa		JR Widener	2:26.76		734
	1:12.31	1:14.45 (2:26.76)				
3	GIBSON, Giavanni		FR Alvernia	2:37.52		602
	1:12.74	1:24.78 (2:37.52)				
4	ZULTEVICZ, Victoria		JR King's (Pa.)	2:42.19		548
	1:17.30	1:24.90 (2:42.19)				
5	WALETZKI, Nicole		JR Stevens	2:45.43		512
	1:22.94	1:22.49 (2:45.43)				
6	SCHOTT, Olivia		FR Arcadia	2:45.79		508
	1:22.79	1:23.00 (2:45.79)				
7	CASTILLO, Gloria		JR Hood	3:00.48		361
	1:22.60	1:37.88 (3:00.48)				
8	WEGMAN, Carolina		SO Lebanon Valley	3:01.32		353
	1:26.08	1:35.25 (3:01.32)				

**Women's Outdoor Heptathlon After 7 Events**

Pl	Athlete	Yr	Team	Points
1	KERVICK, Theresa	JR	Widener	4135
2	ZULTEVICZ, Victori	JR	King's (Pa.)	3832
3	HAMLEN, Natalie	JR	Messiah	3667
4	GIBSON, Giavanni	FR	Alvernia	3269
5	WALETZKI, Nicole	JR	Stevens	3092
6	WEGMAN, Carolina	SO	Lebanon Valley	3078
7	SCHOTT, Olivia	FR	Arcadia	2870
8	CASTILLO, Gloria	JR	Hood	2619

**#43-10 Men's Decathlon 1500 Meters**

R	MAC Outdoor	3:45.68	Kevin Foley	Haverford	1983
	MAC Outdoor	3:45.68	Kevin Foley	Haverford	1983

Pl	Name	Yr	Team	Time	Note	Pts
1	MARTIN, Matthew		SO York (Pa.)	4:36.48		703
	53.90	1:16.52 (2:10.41)	1:18.03 (3:28.44)	1:08.05 (4:36.48)		
2	LANE, Travis		JR King's (Pa.)	4:46.16		642
	54.34	1:18.41 (2:12.75)	1:21.42 (3:34.17)	1:12.00 (4:46.16)		
3	MCWILLIAMS, Xavier		JR Stevens	4:56.14		582
	57.39	1:20.95 (2:18.34)	1:20.96 (3:39.29)	1:16.85 (4:56.14)		
4	MICHAJLUK, Graison		FR Lebanon Valley	5:05.73		527
	58.34	1:26.90 (2:25.23)	1:26.38 (3:51.61)	1:14.12 (5:05.73)		
5	PROVAN, Josiah		SO Messiah	5:09.96		504
	1:00.18	1:25.61 (2:25.79)	1:24.30 (3:50.08)	1:19.88 (5:09.96)		
6	DUNKERTON, Gavin		JR Messiah	5:11.86		493
	1:00.65	1:27.12 (2:27.77)	1:26.02 (3:53.78)	1:18.09 (5:11.86)		



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**RESULTS****#43-10 Men's Decathlon 1500 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note	Pts
7	HALL, Jackson		SR Stevenson	5:12.41		490
	58.75	1:26.75 (2:25.49)	1:25.36 (3:50.85)	1:21.57 (5:12.41)		
8	MCGOVERN, Liam		SO Messiah	5:12.77		488
	1:01.68	1:26.48 (2:28.15)	1:26.72 (3:54.87)	1:17.90 (5:12.77)		
9	KIEFER, Brandon		SO Stevens	5:16.22		470
	58.09	1:29.38 (2:27.46)	1:30.77 (3:58.22)	1:18.00 (5:16.22)		
10	SABO, Alex		SR Lebanon Valley	5:29.04		404
	1:02.21	1:27.40 (2:29.60)	1:35.41 (4:05.01)	1:24.03 (5:29.04)		
11	JOHNSON, James		SO Stevens	5:43.25		336
	1:01.85	1:30.70 (2:32.55)	1:44.12 (4:16.66)	1:26.59 (5:43.25)		
	POWER, Benjamin		SR Delaware Valley	DNF		
	JOHNSON, Ethan		FR Messiah	DNS		

**Men's Decathlon After 10 Events**

Pl	Athlete	Yr	Team	Points
1	KIEFER, Brandon	SO	Stevens	6024
2	LANE, Travis	JR	King's (Pa.)	5857
3	DUNKERTON, Gavi	JR	Messiah	5669
4	MCGOVERN, Liam	SO	Messiah	5337
5	SABO, Alex	SR	Lebanon Valley	5298
6	MICHAJLUK, Graiso	FR	Lebanon Valley	5280
7	MARTIN, Matthew	SO	York (Pa.)	5050
8	MCWILLIAMS, Xavi	JR	Stevens	5011
9	PROVAN, Josiah	SO	Messiah	4926
10	HALL, Jackson	SR	Stevenson	4587
11	JOHNSON, James	SO	Stevens	4304
12	POWER, Benjamin	SR	Delaware Valley	4159

**#8 Men's 4 x 100m Relay**

R	MAC Outdoor	41.50	M Cheatham, K Belser, M Hayward, D Stevenson	5/4/2019
	MAC Outdoor	41.29	R. Hodge, G. Foster, W. Carter, G. Ivery Widener	1975

**Finals**

Pl	Team	Time	Note	Pts
1	Misericordia (A)	41.92		10
	1) BLACKWELL, Dylan SO	2) BILLINGS, Richard FR		
	3) HUNTER, Jacob FR	4) CIPRIANO, Jarod SR		
2	DeSales (A)	41.93		8
	1) MARSH, Colin FR	2) DUNBAR, Kyle SR		
	3) WILSON, Vajon SR	4) BERNER, Logan SR		
3	Stevens (A)	42.84		6
	1) HACKETT, Tyler FR	2) MAROUN, George FR		
	3) ROBINSON, Connor SO	4) SAVINO, Kyle SO		
4	Arcadia (A)	42.87		5
	1) PINES ELLIOTT, Masai JR	2) CARTER, Robert SR		
	3) CARROLL, Bryan FR	4) SAMS, Myles JR		

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**RESULTS****#8 Men's 4 x 100m Relay (cont'd)****Finals**

Pl	Team	Time	Note	Pts
5	Lebanon Valley (A)	43.07		4
	1) GOUNDIE, Donovan SO		2) SABO, Alex SR	
	3) LINDER, Owen JR		4) WINTERS, Colin FR	
6	King's (Pa.) (A)	43.86		3
	1) MULLERY, Jacob FR		2) NOVROCKI, Andrew JR	
	3) MILLER, Cody FR		4) HOLZSCHUH, James FR	
7	York (Pa.) (A)	44.35		2
	1) HARDISON, Quincy JR		2) NIEMANDT, Edwin SO	
	3) FRIEND, Kyle FR		4) HIGGINS, Ian SO	
	Alvernia (A)	DQ		
	1) SHORT, Jack JR		2) JEROME, Elisiah JR	
	3) DOWNS, Anthony FR		4) ST. PIERRE, Luke SO	

**#7 Women's 4 x 100m Relay**

R	MAC Outdoor	47.89	K Fitti-Hafer, A Farrell, I Antensteiner, J	Lebanon Vall	5/5/2012
	MAC Outdoor	47.89	K. Fitti-Hafer, A. Farrell, I. Antensteiner,	Lebanon Valley	2012

**Finals**

Pl	Team	Time	Note	Pts
1	Widener (A)	48.07		10
	1) MUZZARELLI, Maria JR		2) GORE, Jayla SO	
	3) BARR, Kelly SO		4) ROBINSON, Kayla JR	
2	Messiah (A)	48.74		8
	1) MILLER, Claire JR		2) GRUENWALD, Arwyn SO	
	3) JENNETT, Halle JR		4) VARGAS, Elena JR	
3	Lebanon Valley (A)	48.87		6
	1) REED, Abigail FR		2) BERKHEIMER, Darrian JR	
	3) PEIFFER, Alyssa JR		4) CALDERON, Mileyshka FR	
4	Stevens (A)	49.36		5
	1) INGRAHAM, Lauren JR		2) RYAZANOVA, Stephanie SO	
	3) CANCIANI, Allie JR		4) MATHEWS, Laura JR	
5	Delaware Valley (A)	49.99		4
	1) SMIAROWSKA, Olivia FR		2) HASTINGS, Kelly SR	
	3) PRESCOTT, Zariah FR		4) KANE, Grace SO	
6	York (Pa.) (A)	50.33		3
	1) BOYCE, Keziah SO		2) COTTRELL, Natalie FR	
	3) MANN, Payton JR		4) NUSE, Angela FR	
7	Alvernia (A)	50.37		2
	1) SCHWARZ, Elisabeth SO		2) MCCLOUD, Al'iyah JR	
	3) GIBSON, Giovanni FR		4) FELIX, Shinelle JR	

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**RESULTS****#7 Women's 4 x 100m Relay (cont'd)****Finals**

Pl	Team	Time	Note	Pts
8	King's (Pa.) (A)	50.57		1
	1) BRADY, Juliet JR		2) HAHN, Sophia FR	
	3) DAINAUSKI, Laura JR		4) SPRINGER, Abigail JR	

**#30 Men's 1500 Meters**

R	MAC Outdoor	3:45.68	Kevin Foley	Haverford	1983	
	MAC Outdoor	3:45.68	Kevin Foley	Haverford	1983	
Pl	Name	Yr	Team	Time	Note	Pts
1	AYLMER, Jake		JR Stevens	3:55.49		10
	46.91	1:05.85 (1:52.76)	1:05.02 (2:57.78)	57.72 (3:55.49)		
2	CONDON, John		SO Messiah	3:55.84		8
	46.68	1:05.87 (1:52.54)	1:04.75 (2:57.28)	58.56 (3:55.84)		
3	FOYTACK, Owen		JR King's (Pa.)	3:56.49		6
	47.22	1:06.06 (1:53.27)	1:05.02 (2:58.28)	58.22 (3:56.49)		
4	TYCE, Carl		SR DeSales	3:57.01		5
	46.67	1:05.62 (1:52.29)	1:05.24 (2:57.52)	59.49 (3:57.01)		
5	MELAO, Ronnie		JR Stevens	3:57.49		4
	46.86	1:05.99 (1:52.85)	1:05.22 (2:58.06)	59.43 (3:57.49)		
6	FERRIZZI, Vince		SR Lebanon Valley	4:00.40		3
	47.44	1:05.56 (1:52.99)	1:05.26 (2:58.25)	1:02.16 (4:00.40)		
7	ROTHSTEIN, Samuel		SO Lebanon Valley	4:00.61		2
	47.70	1:06.05 (1:53.75)	1:05.56 (2:59.30)	1:01.31 (4:00.61)		
8	JUTRAS, Daniel		SO Stevens	4:00.78		1
	46.97	1:05.72 (1:52.68)	1:05.25 (2:57.92)	1:02.86 (4:00.78)		
9	BLYTH, Brendan		FR Arcadia	4:01.38		
	46.69	1:05.94 (1:52.63)	1:05.81 (2:58.44)	1:02.94 (4:01.38)		
10	PARADINE, Ryan		FR Stevens	4:03.68		
	48.44	1:06.46 (1:54.90)	1:05.57 (3:00.46)	1:03.23 (4:03.68)		
11	PHILLIPPY, Ben		SR DeSales	4:04.50		
	47.77	1:07.40 (1:55.16)	1:05.80 (3:00.96)	1:03.54 (4:04.50)		
12	MELLINGER, Ryle		SO Eastern	4:06.62		
	48.20	1:05.94 (1:54.14)	1:05.39 (2:59.53)	1:07.10 (4:06.62)		
13	SHELTON, Eric		JR Lebanon Valley	4:08.35		
	48.00	1:05.96 (1:53.96)	1:07.39 (3:01.35)	1:07.01 (4:08.35)		
14	ONODY, Bryan		JR Stevens	4:12.63		
	48.16	1:06.59 (1:54.75)	1:08.47 (3:03.21)	1:09.42 (4:12.63)		

**#29 Women's 1500 Meters**

R	MAC Outdoor	4:35.64	Cynthia Adams	Lebanon Vall	5/3/2014	
	MAC Outdoor	4:18.28	Esther Seeland	Messiah	2022	Penn Relays
Pl	Name	Yr	Team	Time	Note	Pts
1	SHREFFLER, Hailey		JR Eastern	4:39.66		10
	58.87	1:18.24 (2:17.10)	1:16.48 (3:33.58)	1:06.08 (4:39.66)		
2	NYE, Gabriella		SO Widener	4:41.18		8

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**RESULTS****#29 Women's 1500 Meters (cont'd)**

Pl	Name	58.21	1:18.41 (2:16.61)	1:16.00 (3:32.61)	1:08.58 (4:41.18)	Time	Note	Pts
3	BUNKE, Lauren			SR Lebanon Valley		4:42.37		6
		58.32	1:18.28 (2:16.59)	1:15.91 (3:32.49)	1:09.88 (4:42.37)			
4	GORDLEY, Micah			SR Arcadia		4:43.55		5
		57.94	1:18.46 (2:16.40)	1:15.99 (3:32.39)	1:11.17 (4:43.55)			
5	KAMMER, Madison			SO Misericordia		4:45.71		4
		58.51	1:18.30 (2:16.80)	1:16.04 (3:32.84)	1:12.88 (4:45.71)			
6	ANTHONY, Katie			JR Messiah		4:47.08		3
		59.16	1:17.85 (2:17.00)	1:16.43 (3:33.43)	1:13.65 (4:47.08)			
7	KAPCSOS, Sierra			SO Lebanon Valley		4:47.53		2
		59.37	1:18.01 (2:17.38)	1:16.02 (3:33.39)	1:14.14 (4:47.53)			
8	WAGNER, Brianna			JR Misericordia		4:48.55		1
		59.08	1:17.82 (2:16.90)	1:16.28 (3:33.18)	1:15.37 (4:48.55)			
9	ROUSE, Rachel			SO Stevens		4:52.91		
		58.77	1:18.48 (2:17.25)	1:16.45 (3:33.70)	1:19.21 (4:52.91)			
10	KIMMEL, Madison			FR Messiah		4:53.92		
		59.70	1:18.17 (2:17.87)	1:17.86 (3:35.72)	1:18.21 (4:53.92)			
11	HUNT, Abigail			SO Lebanon Valley		4:54.85		
		59.27	1:18.37 (2:17.64)	1:18.76 (3:36.40)	1:18.46 (4:54.85)			
12	ADAMS, Kaitlyn			FR Stevens		5:02.50		
		59.76	1:19.20 (2:18.95)	1:22.93 (3:41.87)	1:20.63 (5:02.50)			

**#10 Men's 110m Hurdles**

R	MAC Outdoor	14.38	Ozzie Brown	Moravian	2007
	MAC Outdoor	14.38	Ozzie Brown	Moravian	2007

**Finals**

Wind: (-1.0)

Pl	Name	Yr	Team	Time	Note	Pts
1	REED, Zachary		SR Lebanon Valley	14.71		10
2	ESTHERSON, Sam		JR DeSales	15.02		8
3	MURTHA, Daniel		JR Lebanon Valley	15.19		6
4	SMITH, Kadan		JR Lebanon Valley	15.49		5
5	LEIDICH, Joshua		FR Lebanon Valley	15.97		4
6	MCGUFFEY, Owen		SO Misericordia	16.06		3
7	VANSCHAICK, Brandon		SO Alvernia	16.36		2
	STEELE, John		JR Messiah	DNF		

**#9 Women's 100m Hurdles**

R	MAC Outdoor	13.98	Laura Mathews	Stevens	5/4/2023	York College
	MAC Outdoor	13.74	Laura Mathews	Stevens	2023	NCAA Finals

**Finals**

Wind: (+0.6)

Pl	Name	Yr	Team	Time	Note	Pts
1	MATHEWS, Laura		JR Stevens	14.05		10
2	WILLIAMS, Kristen		JR Stevens	14.80		8
3	BROWN, Kara		SO Messiah	15.50		6
4	STERNBERG, Caitlin		JR Alvernia	16.00		5

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**RESULTS****#9 Women's 100m Hurdles (cont'd)****Finals**

Wind: (+0.6)

Pl	Name	Yr	Team	Time	Note	Pts
5	REED, Abigail	FR	Lebanon Valley	16.27		4
6	KROEDEL, Sarah	SO	Stevenson	16.44	16.433	3
7	MILLER, Claire	JR	Messiah	16.44	16.437	2
8	SHANLEY, Isabella	FR	Stevens	17.17		1

**#12 Men's 400 Meters**

R	MAC Outdoor	47.02	Dave German	Susquehanna	1983
	MAC Outdoor	47.02	Dave German	Susquehanna	1983

**Finals**

Pl	Name	Yr	Team	Time	Note	Pts
1	KNOWLES, Samuel	JR	Widener	47.06		10
2	NOVROCKI, Andrew	JR	King's (Pa.)	47.82		8
3	SAVINO, Kyle	SO	Stevens	48.51		6
4	ST. PIERRE, Luke	SO	Alvernia	49.22		5
5	MCNEAR, Brion	JR	Widener	49.50		4
6	HUNTER, Jacob	FR	Misericordia	50.31		3
7	O'DUNLAMI, Matt	JR	Delaware Valley	50.61		2
8	BARBERENA, Juan Carlos	FR	Hood	50.68		1

**#11 Women's 400 Meters**

R	MAC Outdoor	55.96	Amy Viti	Misericordia	5/7/2016
	MAC Outdoor	54.17	Gina Dello Russo	Stevens	2021

**Finals**

Pl	Name	Yr	Team	Time	Note	Pts
1	BARR, Kelly	SO	Widener	57.63		10
2	BEDNAREK, Lindsay	SO	DeSales	57.71		8
3	SHANLEY, Isabella	FR	Stevens	57.81		6
4	GINGRICH, Laurel	SR	Albright	59.37		5
5	BURKE, Bianca	SO	FDU-Florham	59.79		4
6	DEVITO, Olivia	FR	Widener	1:00.11		3
7	HASTINGS, Kelly	SR	Delaware Valley	1:00.72		2
8	SCHULTZ, Emma	JR	Widener	1:01.21		1

**#14 Men's 100 Meters**

R	MAC Outdoor	10.43	Devonte Williams	Stevenson	5/6/2017
	MAC Outdoor	10.43	Devonte Williams	Stevenson	2017

**Finals**

Wind: (+0.3)

Pl	Name	Yr	Team	Time	Note	Pts
1	MINS, Jamel	JR	Hood	10.83		10
2	SAINT HILLIEN, Fabrice	SO	Stevenson	10.85		8
3	BILLINGS, Richard	FR	Misericordia	10.86		6
4	GREENWOOD, Ni'Male	FR	Eastern	10.92		5
5	BERNER, Logan	SR	DeSales	11.02		4
6	CIPRIANO, Jarod	SR	Misericordia	11.09		3

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**RESULTS****#14 Men's 100 Meters (cont'd)****Finals**

Wind: (+0.3)

Pl	Name	Yr	Team	Time	Note	Pts
7	LINDER, Owen		JR Lebanon Valley	11.23		2
8	DOWNS, Anthony		FR Alvernia	11.24		1

**#13 Women's 100 Meters**

R	MAC Outdoor	11.79	Mathews, Laura	Stevens	5/4/2023	York College
	MAC Outdoor	11.64	Oniesha Clarke	Miscericordia	2017	

**Finals**

Wind: (+0.0)

Pl	Name	Yr	Team	Time	Note	Pts
1	MATHEWS, Laura		JR Stevens	11.94		10
2	MUZZARELLI, Maria		JR Widener	12.30		8
3	KOITA, Mariam		FR Widener	12.50		6
4	GORE, Jayla		SO Widener	12.70		5
5	SCHWARZ, Elisabeth		SO Alvernia	12.78		4
6	CALDERON, Mileyshka		FR Lebanon Valley	12.82		3
7	DOVER, Mackenzie		SO Albright	12.84		2
8	PRESCOTT, Zariah		FR Delaware Valley	12.92		1

**#16 Men's 800 Meters**

R	MAC Outdoor	1:51.15	Patrick Roach	Messiah	2009
	MAC Outdoor	1:48.77	Patrich Roach	Messiah	2009

**Finals**

Pl	Name	Yr	Team	Time	Note	Pts
1	MCKELL, Elijah		SO Lebanon Valley	1:52.82		10
		57.13		57.13		
2	HAHN, Spencer		FR Alvernia	1:53.24		8
		57.56		57.98		
3	KAUFMAN, Justin		SR Delaware Valley	1:53.51		6
		56.97		57.65		
4	SAPPE, Chris		SO Hood	1:53.56		5
		56.68		57.41		
5	JUTRAS, Daniel		SO Stevens	1:54.35		4
		55.72		57.24		
6	SARKETT, Evan		FR Messiah	1:54.53		3
		56.44		58.14		
7	CALLANO, Jozef		FR DeSales	1:55.40		2
		56.11		58.68		
8	CONDON, John		SO Messiah	1:58.02		1
		55.68		1:00.88		

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**RESULTS****#15 Women's 800 Meters**

R	MAC Outdoor	2:12.48	Amy Viti	Misericordia	5/7/2016
	MAC Outdoor	2:02.52	Esther Seeland	Messiah	2021

**Finals**

Pl	Name	Yr	Team	Time	Note	Pts
1	HOLT, Donna		SR Widener	2:14.36		10
	1:07.12		1:07.24 (2:14.36)			
2	MORNINGSTAR, Grace		FR Misericordia	2:15.40		8
	1:07.35		1:08.05 (2:15.40)			
3	TENNEY, Isabel		FR York (Pa.)	2:16.31		6
	1:07.51		1:08.80 (2:16.31)			
4	SHREFFLER, Hailey		JR Eastern	2:16.82		5
	1:07.58		1:09.24 (2:16.82)			
5	GALLAGHER, Kristin		SR Misericordia	2:17.79		4
	1:07.52		1:10.27 (2:17.79)			
6	BURDEN, Nina		JR Stevens	2:17.98		3
	1:08.00		1:09.98 (2:17.98)			
7	GARGES, Autumn		SO Lebanon Valley	2:19.10		2
	1:07.85		1:11.25 (2:19.10)			
8	LEBO, Kerrigan		SO Messiah	2:20.15		1
	1:09.29		1:10.86 (2:20.15)			

**#18 Men's 400m Hurdles**

R	MAC Outdoor	52.18	Cal Williams	Dickinson	1988
	MAC Outdoor	51.44	Richie Weaver	Widener	1970

**Finals**

Pl	Name	Yr	Team	Time	Note	Pts
1	REED, Zachary		SR Lebanon Valley	53.54		10
2	APSLEY, Shaun		FR York (Pa.)	54.64		8
3	HEISEY, Derek		JR Messiah	55.48		6
4	SMITH, Kadan		JR Lebanon Valley	56.65		5
5	DAVID, Jonathan		SO Widener	57.19		4
6	REIMERT, Alexander		SO Stevenson	57.69		3
7	TROY, Brody		FR Delaware Valley	57.74		2
8	HALL, Conner		SO Stevenson	58.77		1

**#17 Women's 400m Hurdles**

R	MAC Outdoor	1:01.70	Sonialys Badillo	Misericordia	5/4/2023	York College
	MAC Outdoor	1:00.80	Liz Martin	Messiah	2013	

**Finals**

Pl	Name	Yr	Team	Time	Note	Pts
1	DANIEL, Elise		JR Widener	1:04.07		10
2	DOUGHERTY, Sarah		SR FDU-Florham	1:05.79		8
3	MANN, Payton		JR York (Pa.)	1:07.59		6
4	ANDERSON, Anahrie		FR Eastern	1:07.91		5
5	BENNER, Clara		SO Messiah	1:08.50		4
6	PEIFFER, Alyssa		JR Lebanon Valley	1:08.94		3

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**RESULTS****#17 Women's 400m Hurdles (cont'd)****Finals**

Pl	Name	Yr	Team	Time	Note	Pts
7	TIGHE, Eren	JR	Albright	1:09.32		2
8	REED, Abigail	FR	Lebanon Valley	1:09.91		1

**#20 Men's 200 Meters**

R	MAC Outdoor	21.32	Juwan Petties-Jackson	Misericordia	5/6/2017
	MAC Outdoor	21.06	Tony Brown	Widener	1999

**Finals**

Wind: (+0.9)

Pl	Name	Yr	Team	Time	Note	Pts
1	SAINT HILLIEN, Fabrice	SO	Stevenson	21.70		10
2	BILLINGS, Richard	FR	Misericordia	21.79		8
3	KNOWLES, Samuel	JR	Widener	21.88		6
4	MINS, Jamel	JR	Hood	22.14		5
5	DUNBAR, Kyle	SR	DeSales	22.18		4
6	GREENWOOD, Ni'Male	FR	Eastern	22.72		3
7	LINDER, Owen	JR	Lebanon Valley	22.97		2
	HUNTER, Jacob	FR	Misericordia	DNF		

**#19 Women's 200 Meters**

R	MAC Outdoor	24.42	Mathews, Laura	Stevens	5/4/2023	York College
	MAC Outdoor	23.87	Gina Dello Russo	Stevens	2022	NCAA Nationals

**Finals**

Wind: (-0.7)

Pl	Name	Yr	Team	Time	Note	Pts
1	MATHEWS, Laura	JR	Stevens	24.52		10
2	MUZZARELLI, Maria	JR	Widener	25.27		8
3	KOITA, Mariam	FR	Widener	25.44		6
4	ROBINSON, Kayla	JR	Widener	25.68		5
5	JENNETT, Halle	JR	Messiah	26.13		4
6	BERKHEIMER, Darrian	JR	Lebanon Valley	26.48		3
7	SCHWARZ, Elisabeth	SO	Alvernia	26.56		2
8	BARR, Kelly	SO	Widener	27.14		1

**#32 Men's 5000 Meters**

R	MAC Outdoor	14:27.83	Seamus McElligott	Haverford	1991
	MAC Outdoor	14:08.18	Ernie Pitone	Widener	2017

Pl	Name	Yr	Team	Time	Note	Pts
1	ARTIS, Shane	SR	DeSales	14:55.99		10
	35.30	1:17.26 (1:52.56)	1:18.32 (3:10.87)	1:14.04 (4:24.91)	1:14.42 (5:39.32)	1:13.72 (6:53.04)
	1:12.98 (8:06.02)	1:10.98 (9:16.99)	1:11.33 (10:28.32)	1:10.52 (11:38.83)	1:10.06 (12:48.89)	1:07.39 (13:56.27)
	59.73 (14:55.99)					
2	FLEAR, Thomas	SO	Widener	14:56.80		8
	35.97	1:17.10 (1:53.07)	1:18.04 (3:11.11)	1:14.16 (4:25.26)	1:14.98 (5:40.24)	1:13.26 (6:53.49)
	1:12.76 (8:06.25)	1:11.01 (9:17.25)	1:11.22 (10:28.47)	1:10.28 (11:38.74)	1:09.92 (12:48.66)	1:07.37 (13:56.03)
	1:00.77 (14:56.80)					
3	BRICKER, Thomas	SO	Misericordia	14:59.70		6



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#32 Men's 5000 Meters (cont'd)

Pl	Name		Yr	Team	Time	Note	Pts	
	37.46	1:16.72 (1:54.17)		1:18.51 (3:12.68)	1:14.79 (4:27.47)	1:13.32 (5:40.78)	1:13.59 (6:54.36)	
	1:13.32 (8:07.67)	1:11.57 (9:19.24)		1:10.81 (10:30.05)	1:09.43 (11:39.48)	1:09.64 (12:49.11)	1:06.95 (13:56.05)	
	1:03.66 (14:59.70)							
4	SANTANA, Matthew		FR	Lebanon Valley	15:00.85			5
	36.45	1:17.01 (1:53.46)		1:17.62 (3:11.07)	1:14.63 (4:25.70)	1:13.90 (5:39.60)	1:13.75 (6:53.34)	
	1:13.13 (8:06.46)	1:11.41 (9:17.87)		1:11.15 (10:29.02)	1:10.80 (11:39.82)	1:09.83 (12:49.64)	1:09.58 (13:59.22)	
	1:01.63 (15:00.85)							
5	CAROLAN, Patrick		SR	Widener	15:03.58			4
	35.68	1:17.21 (1:52.89)		1:17.80 (3:10.68)	1:14.62 (4:25.29)	1:14.53 (5:39.82)	1:13.62 (6:53.43)	
	1:12.89 (8:06.32)	1:11.07 (9:17.39)		1:11.21 (10:28.60)	1:10.40 (11:39.00)	1:10.29 (12:49.28)	1:09.11 (13:58.38)	
	1:05.20 (15:03.58)							
6	CONCANNON, Liam		JR	Stevens	15:04.78			3
	36.03	1:17.30 (1:53.32)		1:18.76 (3:12.08)	1:13.46 (4:25.54)	1:14.33 (5:39.86)	1:13.82 (6:53.68)	
	1:13.24 (8:06.92)	1:10.63 (9:17.54)		1:11.36 (10:28.90)	1:10.32 (11:39.21)	1:10.57 (12:49.78)	1:10.58 (14:00.36)	
	1:04.43 (15:04.78)							
7	CHUKOSKIE, Joseph		SO	Lebanon Valley	15:05.54			2
	36.65	1:16.92 (1:53.56)		1:17.81 (3:11.36)	1:14.49 (4:25.85)	1:14.37 (5:40.22)	1:13.33 (6:53.54)	
	1:13.04 (8:06.58)	1:11.35 (9:17.93)		1:11.31 (10:29.23)	1:10.81 (11:40.04)	1:10.10 (12:50.13)	1:09.82 (13:59.95)	
	1:05.59 (15:05.54)							
8	ROWLEY, Stephen		JR	Misericordia	15:06.15			1
	36.66	1:16.15 (1:52.81)		1:17.83 (3:10.63)	1:13.82 (4:24.44)	1:14.56 (5:39.00)	1:13.78 (6:52.78)	
	1:13.18 (8:05.95)	1:10.83 (9:16.78)		1:11.32 (10:28.09)	1:10.46 (11:38.54)	1:10.47 (12:49.01)	1:09.02 (13:58.03)	
	1:08.13 (15:06.15)							
9	WILSON, Joseph		FR	DeSales	15:14.95			
	35.33	1:17.13 (1:52.46)		1:17.84 (3:10.29)	1:13.91 (4:24.20)	1:14.62 (5:38.82)	1:13.86 (6:52.67)	
	1:13.45 (8:06.12)	1:11.60 (9:17.71)		1:11.09 (10:28.80)	1:12.62 (11:41.41)	1:13.14 (12:54.54)	1:12.20 (14:06.74)	
	1:08.22 (15:14.95)							
10	CALISTI, Noah		JR	Messiah	15:15.48			
	37.13	1:16.54 (1:53.66)		1:17.54 (3:11.20)	1:15.21 (4:26.41)	1:13.65 (5:40.05)	1:13.79 (6:53.84)	
	1:13.35 (8:07.18)	1:11.40 (9:18.57)		1:10.98 (10:29.55)	1:11.22 (11:40.76)	1:11.31 (12:52.07)	1:12.41 (14:04.48)	
	1:11.01 (15:15.48)							
11	CAROLAN, Michael		SO	Widener	15:18.85			
	36.57	1:16.63 (1:53.20)		1:18.61 (3:11.81)	1:14.31 (4:26.11)	1:14.72 (5:40.83)	1:13.40 (6:54.23)	
	1:13.08 (8:07.31)	1:11.82 (9:19.13)		1:10.82 (10:29.94)	1:12.37 (11:42.30)	1:12.91 (12:55.21)	1:13.29 (14:08.49)	
	1:10.36 (15:18.85)							
12	FETTER, Louka		SO	Messiah	15:19.32			
	39.41	1:15.77 (1:55.18)		1:18.57 (3:13.74)	1:13.95 (4:27.69)	1:14.32 (5:42.00)	1:14.16 (6:56.15)	
	1:13.69 (8:09.84)	1:13.61 (9:23.44)		1:11.82 (10:35.26)	1:12.04 (11:47.30)	1:13.32 (13:00.61)	1:13.98 (14:14.59)	
	1:04.73 (15:19.32)							
13	SANTACOLOMA, Matt		SR	DeSales	15:19.86			
	36.29	1:16.84 (1:53.13)		1:18.44 (3:11.56)	1:13.51 (4:25.07)	1:15.43 (5:40.50)	1:12.77 (6:53.27)	
	1:12.64 (8:05.90)	1:11.74 (9:17.64)		1:13.02 (10:30.65)	1:11.96 (11:42.61)	1:12.46 (12:55.06)	1:12.55 (14:07.61)	
	1:12.26 (15:19.86)							
14	ROTHSTEIN, Samuel		SO	Lebanon Valley	15:26.57			

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#32 Men's 5000 Meters (cont'd)

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	36.88	1:16.54 (1:53.41)		1:18.31 (3:11.72)	1:15.65 (4:27.36)	1:13.25 (5:40.61)	1:13.58 (6:54.18)
	1:13.68 (8:07.86)	1:12.44 (9:20.30)		1:12.59 (10:32.88)	1:13.52 (11:46.40)	1:14.73 (13:01.13)	1:14.99 (14:16.12)
	1:10.45 (15:26.57)						
15	NESSCIO, Joseph			JR Widener		15:27.94	
	36.23	1:16.93 (1:53.16)		1:18.31 (3:11.46)	1:14.77 (4:26.23)	1:14.26 (5:40.49)	1:13.45 (6:53.93)
	1:13.19 (8:07.11)	1:12.05 (9:19.15)		1:12.45 (10:31.60)	1:15.20 (11:46.80)	1:14.78 (13:01.57)	1:14.11 (14:15.67)
	1:12.27 (15:27.94)						
16	SHULMAN, Ryan			SO Misericordia		15:28.53	
	37.07	1:16.31 (1:53.37)		1:18.24 (3:11.61)	1:14.20 (4:25.80)	1:14.33 (5:40.12)	1:13.90 (6:54.02)
	1:13.75 (8:07.77)	1:13.77 (9:21.53)		1:13.61 (10:35.14)	1:14.29 (11:49.43)	1:13.92 (13:03.34)	1:14.11 (14:17.45)
	1:11.09 (15:28.53)						
17	SCHINDLER, Hayden			JR Stevenson		15:32.31	
	35.78	1:17.07 (1:52.85)		1:18.50 (3:11.34)	1:13.28 (4:24.62)	1:14.93 (5:39.55)	1:13.68 (6:53.23)
	1:13.38 (8:06.60)	1:11.87 (9:18.47)		1:13.98 (10:32.45)	1:17.47 (11:49.91)	1:17.99 (13:07.90)	1:17.21 (14:25.10)
	1:07.21 (15:32.31)						
18	BAUMAN, Josh			JR Messiah		15:32.49	
	39.12	1:15.97 (1:55.09)		1:18.29 (3:13.37)	1:14.23 (4:27.60)	1:14.87 (5:42.46)	1:13.93 (6:56.39)
	1:14.92 (8:11.31)	1:14.48 (9:25.78)		1:15.98 (10:41.75)	1:16.31 (11:58.06)	1:14.81 (13:12.86)	1:14.35 (14:27.20)
	1:05.29 (15:32.49)						
19	COSTELLO, Kyle			JR Messiah		15:36.16	
	35.54	1:17.18 (1:52.72)		1:18.56 (3:11.27)	1:14.31 (4:25.58)	1:13.68 (5:39.26)	1:13.76 (6:53.01)
	1:13.80 (8:06.80)	1:12.98 (9:19.78)		1:13.51 (10:33.28)	1:16.47 (11:49.75)	1:18.73 (13:08.48)	1:18.23 (14:26.71)
	1:09.45 (15:36.16)						
20	REMENTER, Zachary			FR Widener		15:36.90	
	37.33	1:16.91 (1:54.23)		1:18.17 (3:12.40)	1:14.57 (4:26.97)	1:14.44 (5:41.41)	1:13.40 (6:54.80)
	1:13.69 (8:08.49)	1:14.02 (9:22.51)		1:15.27 (10:37.77)	1:16.54 (11:54.30)	1:17.65 (13:11.95)	1:17.00 (14:28.94)
	1:07.96 (15:36.90)						
21	HENRIKSEN, Brandon			SR York (Pa.)		15:37.31	
	38.47	1:17.36 (1:55.83)		1:18.59 (3:14.41)	1:14.65 (4:29.06)	1:15.14 (5:44.20)	1:16.63 (7:00.83)
	1:17.06 (8:17.88)	1:15.56 (9:33.43)		1:15.11 (10:48.54)	1:13.59 (12:02.13)	1:12.71 (13:14.83)	1:12.25 (14:27.07)
	1:10.24 (15:37.31)						
22	LENHART, Dylan			FR Lebanon Valley		15:42.90	
	38.98	1:15.53 (1:54.51)		1:18.50 (3:13.00)	1:14.87 (4:27.87)	1:15.21 (5:43.08)	1:14.89 (6:57.96)
	1:16.29 (8:14.24)	1:17.05 (9:31.29)		1:16.29 (10:47.58)	1:15.81 (12:03.39)	1:14.54 (13:17.92)	1:15.38 (14:33.29)
	1:09.61 (15:42.90)						
23	GREVE, Thomas			SR DeSales		15:43.11	
	38.73	1:16.80 (1:55.52)		1:17.83 (3:13.34)	1:15.18 (4:28.52)	1:15.63 (5:44.14)	1:16.49 (7:00.62)
	1:16.98 (8:17.60)	1:16.12 (9:33.71)		1:16.05 (10:49.76)	1:15.16 (12:04.92)	1:14.59 (13:19.51)	1:14.51 (14:34.01)
	1:09.11 (15:43.11)						
24	KAUFFMAN, Lance			JR Messiah		15:47.30	
	38.22	1:17.01 (1:55.22)		1:17.64 (3:12.85)	1:14.39 (4:27.24)	1:14.39 (5:41.62)	1:14.47 (6:56.08)
	1:15.78 (8:11.86)	1:17.74 (9:29.60)		1:20.60 (10:50.20)	1:19.16 (12:09.35)	1:16.89 (13:26.24)	1:17.98 (14:44.21)
	1:03.09 (15:47.30)						
25	WEBER, Ryan			FR Misericordia		15:47.68	

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#32 Men's 5000 Meters (cont'd)

Pl	Name		Yr	Team	Time	Note	Pts
	39.02	1:16.10 (1:55.11)	1:19.11 (3:14.22)	1:15.36 (4:29.57)	1:15.09 (5:44.66)	1:15.55 (7:00.21)	
	1:15.64 (8:15.84)	1:16.59 (9:32.43)	1:15.87 (10:48.30)	1:14.47 (12:02.77)	1:16.05 (13:18.82)	1:15.18 (14:33.99)	
	1:13.69 (15:47.68)						
26	BRUNO, Brian			SR DeSales	15:48.77		
	37.16	1:15.43 (1:52.58)	1:17.91 (3:10.48)	1:14.96 (4:25.43)	1:15.47 (5:40.90)	1:14.00 (6:54.89)	
	1:14.66 (8:09.54)	1:16.03 (9:25.57)	1:16.92 (10:42.48)	1:17.33 (11:59.81)	1:16.97 (13:16.78)	1:17.47 (14:34.24)	
	1:14.53 (15:48.77)						
27	HUNT, Tyler			JR York (Pa.)	15:49.45		
	38.53	1:17.48 (1:56.01)	1:18.18 (3:14.18)	1:14.54 (4:28.72)	1:15.31 (5:44.03)	1:16.65 (7:00.67)	
	1:17.18 (8:17.84)	1:15.97 (9:33.80)	1:15.80 (10:49.60)	1:16.70 (12:06.29)	1:17.41 (13:23.69)	1:16.81 (14:40.50)	
	1:08.95 (15:49.45)						
28	KELLY, Gavin			SO Widener	15:51.32		
	37.49	1:16.46 (1:53.94)	1:18.34 (3:12.28)	1:14.84 (4:27.12)	1:14.06 (5:41.17)	1:14.75 (6:55.92)	
	1:14.47 (8:10.39)	1:15.45 (9:25.83)	1:19.32 (10:45.14)	1:19.17 (12:04.31)	1:19.14 (13:23.45)	1:17.18 (14:40.62)	
	1:10.71 (15:51.32)						
29	MILLER, Donald			SO Lebanon Valley	15:52.00		
	38.93	2:32.73 (3:11.65)	.79 (3:12.44)	1:13.71 (4:26.14)	1:16.07 (5:42.20)	1:15.41 (6:57.60)	
	1:16.43 (8:14.03)	1:17.33 (9:31.35)	1:17.18 (10:48.52)	1:17.61 (12:06.13)	1:17.87 (13:23.99)	1:15.58 (14:39.57)	
	1:12.44 (15:52.00)						
30	SCHERMERHORN, Kyle			JR Alvernia	15:53.62		
	38.81	1:16.56 (1:55.37)	1:18.60 (3:13.97)	1:14.96 (4:28.92)	1:15.58 (5:44.49)	1:14.94 (6:59.43)	
	1:16.22 (8:15.64)	1:17.11 (9:32.75)	1:16.55 (10:49.29)	1:16.61 (12:05.90)	1:18.39 (13:24.28)	1:17.76 (14:42.03)	
	1:11.59 (15:53.62)						
31	WALKO, Lukas			FR Lebanon Valley	15:59.66		
	36.86	1:17.13 (1:53.99)	1:17.90 (3:11.88)	1:14.15 (4:26.03)	1:14.73 (5:40.75)	1:13.86 (6:54.60)	
	1:15.11 (8:09.71)	1:16.38 (9:26.09)	1:16.95 (10:43.03)	1:18.85 (12:01.88)	1:18.47 (13:20.34)	1:20.73 (14:41.07)	
	1:18.60 (15:59.66)						
32	ORLANDO, Frank			JR Stevens	16:00.94		
	36.40	1:17.30 (1:53.70)	1:18.42 (3:12.11)	1:14.72 (4:26.82)	1:15.08 (5:41.89)	1:15.11 (6:57.00)	
	1:17.50 (8:14.50)	1:17.80 (9:32.29)	1:16.83 (10:49.12)	1:18.60 (12:07.72)	1:20.53 (13:28.24)	1:19.78 (14:48.02)	
	1:12.93 (16:00.94)						
33	RICCO, Eric			SR DeSales	16:06.76		
	39.39	1:15.09 (1:54.48)	1:18.49 (3:12.96)	1:13.74 (4:26.69)	1:14.44 (5:41.13)	1:14.57 (6:55.70)	
	1:18.42 (8:14.12)	1:16.74 (9:30.85)	1:19.02 (10:49.86)	1:20.52 (12:10.38)	1:21.41 (13:31.78)	1:20.75 (14:52.53)	
	1:14.23 (16:06.76)						
34	ROSEBOOM, Jack			JR York (Pa.)	16:08.88		
	38.71	1:16.04 (1:54.75)	1:18.83 (3:13.58)	1:14.76 (4:28.33)	1:15.45 (5:43.78)	1:16.67 (7:00.44)	
	1:17.18 (8:17.61)	1:17.48 (9:35.09)	1:18.72 (10:53.81)	1:19.04 (12:12.85)	1:19.20 (13:32.04)	1:20.06 (14:52.10)	
	1:16.78 (16:08.88)						
35	PORCO, Jake			JR Stevens	16:27.60		
	39.58	1:16.04 (1:55.62)	1:19.09 (3:14.70)	1:15.43 (4:30.12)	1:14.97 (5:45.08)	1:16.55 (7:01.63)	
	1:18.41 (8:20.04)	1:20.39 (9:40.43)	1:21.49 (11:01.91)	1:22.35 (12:24.26)	1:23.04 (13:47.29)	1:21.54 (15:08.83)	
	1:18.78 (16:27.60)						
36	CHYLACK, Matt			SR DeSales	16:35.98		

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RESULTS

#32 Men's 5000 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note	Pts
	37.73	1:17.00 (1:54.72)	1:18.75 (3:13.47)	1:16.90 (4:30.37)	1:17.79 (5:48.16)	1:19.33 (7:07.49)
	1:21.42 (8:28.90)	1:20.19 (9:49.09)	1:23.02 (11:12.10)	1:22.76 (12:34.86)	1:23.84 (13:58.69)	1:21.98 (15:20.66)
	1:15.32 (16:35.98)					
37	SMITH, Cody		JR DeSales	16:39.21		
	37.77	1:17.13 (1:54.89)	1:18.83 (3:13.72)	1:16.88 (4:30.59)	1:18.04 (5:48.63)	1:19.31 (7:07.93)
	1:21.81 (8:29.74)	1:21.56 (9:51.29)	1:22.90 (11:14.19)	1:23.56 (12:37.74)	1:23.23 (14:00.97)	1:21.09 (15:22.06)
	1:17.16 (16:39.21)					
	WYRICK, Jonathan		JR Messiah	DNS		

#31 Women's 5000 Meters

R	MAC Outdoor	17:20.87	Carla Thomas	Moravian	1994	
	MAC Outdoor	16:54.45	Clare Schoen	Misericordia	2018	
Pl	Name	Yr	Team	Time	Note	Pts
1	NYE, Gabriella		SO Widener	17:44.93		10
	45.95	1:28.41 (2:14.35)	1:28.08 (3:42.43)	1:28.85 (5:11.27)	1:28.81 (6:40.08)	1:28.12 (8:08.20)
	1:28.40 (9:36.60)	1:23.31 (10:59.91)	1:27.29 (12:27.19)	1:25.00 (13:52.19)	1:20.87 (15:13.05)	1:18.29 (16:31.34)
	1:13.59 (17:44.93)					
2	GASTON, Cera		SR Alvernia	17:51.35		8
	45.44	1:28.36 (2:13.79)	1:28.12 (3:41.91)	1:29.16 (5:11.07)	1:28.49 (6:39.55)	1:28.11 (8:07.66)
	1:28.39 (9:36.05)	1:23.62 (10:59.66)	1:27.36 (12:27.01)	1:24.90 (13:51.91)	1:21.69 (15:13.59)	1:19.95 (16:33.53)
	1:17.82 (17:51.35)					
3	BARTHOLOMEW, Coyla		SO Lebanon Valley	17:53.95		6
	45.28	1:28.29 (2:13.56)	1:28.13 (3:41.69)	1:29.18 (5:10.86)	1:28.50 (6:39.35)	1:28.10 (8:07.45)
	1:28.28 (9:35.72)	1:24.59 (11:00.31)	1:27.11 (12:27.41)	1:25.44 (13:52.85)	1:24.14 (15:16.99)	1:23.71 (16:40.70)
	1:13.26 (17:53.95)					
4	GALLAGHER, Grace		SO Misericordia	17:55.83		5
	45.82	1:28.11 (2:13.92)	1:28.08 (3:41.99)	1:29.14 (5:11.12)	1:28.45 (6:39.57)	1:28.02 (8:07.58)
	1:27.92 (9:35.50)	1:23.91 (10:59.40)	1:27.33 (12:26.73)	1:24.92 (13:51.64)	1:22.23 (15:13.87)	1:22.05 (16:35.91)
	1:19.92 (17:55.83)					
5	ESTUS, Haley		JR DeSales	18:02.91		4
	45.74	1:28.39 (2:14.12)	1:28.11 (3:42.22)	1:29.17 (5:11.39)	1:28.53 (6:39.91)	1:28.14 (8:08.05)
	1:28.16 (9:36.20)	1:23.99 (11:00.18)	1:27.34 (12:27.51)	1:26.28 (13:53.79)	1:24.50 (15:18.28)	1:25.72 (16:44.00)
	1:18.92 (18:02.91)					
6	EGAN, Liz		SR Widener	18:04.46		3
	45.55	1:28.54 (2:14.09)	1:28.08 (3:42.16)	1:29.35 (5:11.51)	1:28.29 (6:39.79)	1:28.13 (8:07.92)
	1:28.38 (9:36.29)	1:24.47 (11:00.75)	1:27.05 (12:27.80)	1:25.36 (13:53.15)	1:24.12 (15:17.26)	1:24.54 (16:41.80)
	1:22.67 (18:04.46)					
7	LONG, Kathryn		SO Widener	18:05.59		2
	45.91	1:28.87 (2:14.77)	1:28.39 (3:43.15)	1:29.06 (5:12.21)	1:28.47 (6:40.68)	1:27.89 (8:08.56)
	1:28.66 (9:37.22)	1:24.40 (11:01.62)	1:26.48 (12:28.10)	1:25.43 (13:53.52)	1:24.12 (15:17.64)	1:25.40 (16:43.04)
	1:22.56 (18:05.59)					
8	KAMMER, Madison		SO Misericordia	18:07.26		1
	46.88	1:28.31 (2:15.18)	1:28.38 (3:43.56)	1:29.10 (5:12.65)	1:28.57 (6:41.21)	1:27.95 (8:09.15)
	1:28.13 (9:37.28)	1:27.20 (11:04.48)	1:27.43 (12:31.91)	1:27.22 (13:59.12)	1:25.87 (15:24.99)	1:25.71 (16:50.69)
	1:16.58 (18:07.26)					
9	WAGNER, Brianna		JR Misericordia	18:13.47		

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# RESULTS

## #31 Women's 5000 Meters (cont'd)

Pl	Name		Yr	Team	Time	Note	Pts	
	47.07	1:28.04 (2:15.11)			1:28.49 (3:43.60)	1:28.93 (5:12.52)	1:28.61 (6:41.13)	1:27.46 (8:08.58)
	1:28.05 (9:36.63)	1:24.61 (11:01.23)			1:27.16 (12:28.38)	1:26.82 (13:55.19)	1:29.67 (15:24.86)	1:27.18 (16:52.04)
	1:21.43 (18:13.47)							
10	GORDLEY, Micah			SR Arcadia			18:14.65	
	46.36	1:28.02 (2:14.38)			1:28.15 (3:42.53)	1:28.73 (5:11.25)	1:28.57 (6:39.81)	1:28.03 (8:07.84)
	1:28.00 (9:35.83)	1:24.10 (10:59.93)			1:27.26 (12:27.19)	1:25.92 (13:53.10)	1:25.48 (15:18.57)	1:28.65 (16:47.22)
	1:27.44 (18:14.65)							
11	FRIES, Isabel			SO Alvernia			18:26.61	
	46.15	1:28.83 (2:14.97)			1:28.51 (3:43.48)	1:28.71 (5:12.19)	1:28.64 (6:40.83)	1:28.50 (8:09.32)
	1:27.71 (9:37.03)	1:28.01 (11:05.03)			1:29.86 (12:34.89)	1:30.21 (14:05.09)	1:29.56 (15:34.64)	1:28.43 (17:03.07)
	1:23.54 (18:26.61)							
12	POWELL, Teddi			SR Messiah			18:27.50	
	46.04	1:28.69 (2:14.72)			1:28.01 (3:42.73)	1:29.04 (5:11.76)	1:28.57 (6:40.33)	1:27.99 (8:08.32)
	1:28.10 (9:36.42)	1:25.50 (11:01.91)			1:28.57 (12:30.47)	1:29.14 (13:59.61)	1:30.42 (15:30.03)	1:30.90 (17:00.93)
	1:26.58 (18:27.50)							
13	GARGES, Autumn			SO Lebanon Valley			18:30.76	
	46.68	1:28.87 (2:15.54)			1:28.37 (3:43.91)	1:29.03 (5:12.94)	1:28.62 (6:41.56)	1:28.00 (8:09.55)
	1:28.63 (9:38.18)	1:29.18 (11:07.36)			1:30.84 (12:38.20)	1:30.80 (14:08.99)	1:31.42 (15:40.41)	1:30.69 (17:11.09)
	1:19.67 (18:30.76)							
14	BROWNE, April			JR Arcadia			18:33.78	
	46.16	1:28.40 (2:14.56)			1:28.17 (3:42.73)	1:28.93 (5:11.65)	1:28.56 (6:40.21)	1:28.65 (8:08.85)
	1:29.06 (9:37.91)	1:28.73 (11:06.64)			1:30.01 (12:36.64)	1:30.96 (14:07.59)	1:31.27 (15:38.86)	1:31.30 (17:10.16)
	1:23.62 (18:33.78)							
15	JONES, Katherine			SR Misericordia			18:35.47	
	46.86	1:28.07 (2:14.92)			1:28.38 (3:43.29)	1:29.18 (5:12.47)	1:28.48 (6:40.94)	1:27.93 (8:08.87)
	1:28.03 (9:36.90)	1:28.05 (11:04.94)			1:29.51 (12:34.45)	1:30.40 (14:04.85)	1:30.57 (15:35.41)	1:31.46 (17:06.87)
	1:28.61 (18:35.47)							
16	SUTHERLAND, Emma			SR Arcadia			18:45.45	
	46.47	1:28.18 (2:14.64)			1:28.38 (3:43.02)	1:28.91 (5:11.93)	1:28.55 (6:40.47)	1:28.63 (8:09.10)
	1:28.50 (9:37.60)	1:29.60 (11:07.19)			1:30.84 (12:38.03)	1:31.95 (14:09.98)	1:33.60 (15:43.58)	1:32.67 (17:16.24)
	1:29.21 (18:45.45)							
17	HUNT, Abigail			SO Lebanon Valley			18:49.40	
	48.62	1:29.62 (2:18.24)			1:30.18 (3:48.41)	1:33.04 (5:21.45)	1:28.91 (6:50.35)	1:27.91 (8:18.26)
	1:29.01 (9:47.26)	1:29.41 (11:16.67)			1:30.97 (12:47.64)	1:32.99 (14:20.63)	1:34.36 (15:54.98)	1:31.01 (17:25.98)
	1:23.43 (18:49.40)							
18	FRY, Lindsay			SR York (Pa.)			18:51.51	
	48.25	1:29.56 (2:17.81)			1:30.12 (3:47.92)	1:33.67 (5:21.59)	1:29.12 (6:50.70)	1:27.98 (8:18.67)
	1:30.55 (9:49.22)	1:31.25 (11:20.47)			1:33.24 (12:53.71)	1:33.47 (14:27.17)	1:33.19 (16:00.35)	1:30.51 (17:30.86)
	1:20.66 (18:51.51)							
19	BLACKMON, Alyssa			SR Delaware Valley			18:52.54	
	48.51	1:29.74 (2:18.24)			1:30.05 (3:48.29)	1:33.62 (5:21.91)	1:29.42 (6:51.32)	1:28.13 (8:19.45)
	1:30.57 (9:50.02)	1:31.02 (11:21.04)			1:32.50 (12:53.53)	1:33.49 (14:27.02)	1:33.15 (16:00.16)	1:29.39 (17:29.55)
	1:22.99 (18:52.54)							
20	ULRICH, Rachel			SO Misericordia			18:54.62	

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RESULTS

#31 Women's 5000 Meters (cont'd)

Pl	Name		Yr	Team	Time	Note	Pts
	47.69	1:28.54 (2:16.22)		1:28.41 (3:44.63)	1:29.08 (5:13.70)	1:30.02 (6:43.72)	1:31.18 (8:14.89)
	1:30.27 (9:45.15)	1:31.45 (11:16.59)		1:32.69 (12:49.28)	1:32.62 (14:21.89)	1:32.71 (15:54.59)	1:32.08 (17:26.66)
	1:27.96 (18:54.62)						
21	MORROW, Madison			JR Misericordia		19:04.50	
	48.08	1:29.44 (2:17.51)		1:30.75 (3:48.26)	1:33.04 (5:21.30)	1:30.23 (6:51.52)	1:29.16 (8:20.68)
	1:31.24 (9:51.91)	1:32.73 (11:24.64)		1:33.41 (12:58.05)	1:32.82 (14:30.86)	1:33.04 (16:03.89)	1:32.53 (17:36.42)
	1:28.09 (19:04.50)						
22	RUDOLPH, Emily			SR Widener		19:04.59	
	48.45	1:29.64 (2:18.08)		1:29.95 (3:48.03)	1:33.76 (5:21.79)	1:29.21 (6:50.99)	1:28.03 (8:19.02)
	1:30.44 (9:49.45)	1:30.60 (11:20.05)		1:33.11 (12:53.15)	1:33.61 (14:26.76)	1:34.09 (16:00.84)	1:34.05 (17:34.88)
	1:29.71 (19:04.59)						
23	SACCARY, Caitlyn			SR DeSales		19:10.61	
	47.34	1:28.52 (2:15.86)		1:29.14 (3:45.00)	1:29.40 (5:14.40)	1:30.55 (6:44.94)	1:30.45 (8:15.38)
	1:30.72 (9:46.10)	1:32.87 (11:18.96)		1:34.35 (12:53.31)	1:34.20 (14:27.50)	1:36.49 (16:03.98)	1:36.44 (17:40.42)
	1:30.19 (19:10.61)						
24	TRAN, Chris			SR Widener		19:21.16	
	49.13	1:29.72 (2:18.85)		1:30.16 (3:49.00)	1:33.18 (5:22.18)	1:30.71 (6:52.88)	1:32.05 (8:24.92)
	1:33.60 (9:58.51)	1:35.63 (11:34.14)		1:35.67 (13:09.81)	1:34.76 (14:44.57)	1:34.86 (16:19.42)	1:34.07 (17:53.49)
	1:27.67 (19:21.16)						
25	YEAGER, Aubrey			FR Messiah		19:37.32	
	48.81	1:30.75 (2:19.55)		1:35.19 (3:54.74)	1:33.64 (5:28.37)	1:34.29 (7:02.66)	1:33.73 (8:36.38)
	1:34.94 (10:11.32)	1:33.83 (11:45.14)		1:37.29 (13:22.43)	1:38.38 (15:00.81)	1:36.82 (16:37.62)	1:34.57 (18:12.19)
	1:25.14 (19:37.32)						
26	PFEIFER, Shannon			FR Widener		19:40.95	
	47.95	1:28.64 (2:16.59)		1:28.66 (3:45.24)	1:28.81 (5:14.05)	1:29.77 (6:43.81)	1:31.19 (8:15.00)
	1:29.44 (9:44.43)	1:31.01 (11:15.43)		1:33.37 (12:48.80)	1:36.00 (14:24.79)	1:40.46 (16:05.25)	1:48.45 (17:53.69)
	1:47.26 (19:40.95)						
27	GAUTHIER, Rebecca			FR Stevenson		19:56.69	
	48.00	1:28.98 (2:16.98)		1:30.70 (3:47.67)	1:33.84 (5:21.51)	1:33.48 (6:54.98)	1:36.51 (8:31.49)
	1:37.36 (10:08.85)	1:38.13 (11:46.98)		1:38.82 (13:25.79)	1:39.71 (15:05.50)	1:39.55 (16:45.04)	1:38.32 (18:23.35)
	1:33.35 (19:56.69)						
28	HOFFMAN, Aleah			SO Lebanon Valley		20:08.91	
	49.05	1:32.78 (2:21.82)		1:33.88 (3:55.69)	1:34.53 (5:30.22)	1:37.04 (7:07.25)	1:37.30 (8:44.55)
	1:36.82 (10:21.36)	1:37.20 (11:58.56)		1:39.01 (13:37.57)	1:39.25 (15:16.82)	1:39.83 (16:56.65)	1:39.00 (18:35.64)
	1:33.27 (20:08.91)						
29	ROZEK, Samantha			SO Stevens		20:27.05	
	49.22	1:32.91 (2:22.12)		1:33.73 (3:55.84)	1:34.69 (5:30.53)	1:37.05 (7:07.57)	1:37.58 (8:45.15)
	1:39.70 (10:24.85)	1:40.82 (12:05.67)		1:41.33 (13:46.99)	1:41.10 (15:28.08)	1:41.10 (17:09.18)	1:40.22 (18:49.39)
	1:37.66 (20:27.05)						
	ZEITLER, Shae			JR DeSales		DNS	
	NOY, Aylene			SO Hood		DNS	

2024 MIDDLE ATLANTIC CONFERENCE OUTDOOR  
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Chester, PA

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#34 Men's 4 x 400m Relay

R	MAC Outdoor	3:15.62		Delaware Valley	1982		
	MAC Outdoor	3:15.10	M. Tankersly, Eichhorn, Rasbach, J.	Delaware Valley	1982		
Pl	Team				Time	Note	H(Pl) Pts
1	Widener (A)				3:18.19		2(1) 10
	1) MCNEAR, Brion JR	48.22	2) RUDD, Derek FR	53.00 (1:41.22)			
	3) SCHREINER, Josh SR	49.66 (2:30.88)	4) KNOWLES, Samuel JR	47.32 (3:18.19)			
2	Lebanon Valley (A)				3:19.21		2(2) 8
	1) LINDER, Owen JR	48.86	2) GOUNDIE, Donovan SO	51.64 (1:40.50)			
	3) MCKELL, Elijah SO	50.11 (2:30.61)	4) REED, Zachary SR	48.61 (3:19.21)			
3	Hood (A)				3:22.95		1(1) 6
	1) BARBERENA, Juan Carlos FR	48.84	2) ELLINGTON, Owen JR	53.23 (1:42.07)			
	3) SAPPE, Chris SO	50.84 (2:32.90)	4) MINS, Jamel JR	50.05 (3:22.95)			
4	Delaware Valley (A)				3:23.38		1(2) 5
	1) TROY, Brody FR	51.56	2) MESSENGER, Caleb SO	52.77 (1:44.33)			
	3) O'DUNLAMI, Matt JR	49.46 (2:33.79)	4) KAUFMAN, Justin SR	49.59 (3:23.38)			
5	Alvernia (A)				3:23.69		2(3) 4
	1) JEROME, Elisiah JR	52.03	2) ST. PIERRE, Luke SO	50.20 (1:42.22)			
	3) WENDEL, Zackary SO	52.14 (2:34.36)	4) HAHN, Spencer FR	49.34 (3:23.69)			
6	Stevens (A)				3:25.13		1(3) 3
	1) BARBI, Mick SO	49.76	2) SAVINO, Kyle SO	53.64 (1:43.39)			
	3) LEITNER, Kajetan JR	50.33 (2:33.72)	4) ROBINSON, Connor SO	51.42 (3:25.13)			
7	King's (Pa.) (A)				3:26.07		1(4) 2
	1) LANE, Travis JR	51.68	2) FOYTACK, Owen JR	56.66 (1:48.33)			
	3) MULLERY, Jacob FR	50.04 (2:38.37)	4) NOVROCKI, Andrew JR	47.71 (3:26.07)			
8	Arcadia (A)				3:26.46		1(5) 1
	1) CARTER, Robert SR	51.70	2) BLYTH, Brendan FR	53.51 (1:45.21)			
	3) VALERA, Ramses FR	50.57 (2:35.78)	4) CASTELLI, Wesley SO	50.68 (3:26.46)			
9	Stevenson (A)				3:27.05		2(4)
	1) SNIPES, Dominic SR	48.73	2) SAINT HILLIEN, Fabrice SO	51.58 (1:40.30)			
	3) REIMERT, Alexander SO	52.12 (2:32.42)	4) WOMACK, Johnathan SR	54.63 (3:27.05)			
10	Eastern (A)				3:27.34		2(5)
	1) UGORJI, James FR	48.10	2) DAVIS, Shamar FR	57.60 (1:45.70)			
	3) SANTANA, Jahson FR	50.08 (2:35.77)	4) WALTON, Robert FR	51.57 (3:27.34)			

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**RESULTS****#34 Men's 4 x 400m Relay (cont'd)**

Pl	Team	Time	Note	H(Pl)	Pts
11	York (Pa.) (A)	3:28.24		1(6)	
	1) HIGGINS, Ian SO 49.69	2) NOLAN, Pierce JR 55.75 (1:45.44)			
	3) SMOOT, Josh SO 52.35 (2:37.78)	4) APSLEY, Shaun FR 50.46 (3:28.24)			
12	FDU-Florham (A)	3:29.33		1(7)	
	1) PERRELLI, Nathaniel FR 53.28	2) PRESLEY, Nashawn FR 51.92 (1:45.19)			
	3) HOOVER, Cameron FR 52.58 (2:37.77)	4) DOUGHERTY, James SR 51.57 (3:29.33)			
13	Messiah (A)	3:35.40		2(6)	
	1) WILKINSON, Aedan JR 52.19	2) SARKETT, Evan FR 51.64 (1:43.83)			
	3) BAXTER, Sean SO 58.73 (2:42.55)	4) HEISEY, Derek JR 52.85 (3:35.40)			
14	Albright (A)	3:41.96		1(8)	
	1) MALEY, Michael JR 50.11	2) VILLANO, John SR 55.53 (1:45.64)			
	3) ZAMICHIELI, Dante JR 1:04.08 (2:49.71)	4) HAMMOND, Gregory JR 52.25 (3:41.96)			
	Misericordia (A)	DNS		2	
	1) BILLINGS, Richard FR	2) MCGUFFEY, Owen SO			
	3) HORN, Nathan FR	4) HUNTER, Jacob FR			
	DeSales (A)	DNS		2	
	1) PHOENIX, Xavier SR	2) TYCE, Carl SR			
	3) MARSH, Colin FR	4) DUNBAR, Kyle SR			

**#33 Women's 4 x 400m Relay**

R	MAC Outdoor	3:52.96	E. Slader, L. Weaver, E. Seeland, T.	Messiah	5/4/2019		
	MAC Outdoor	3:50.11	K. Fairchild, M. Fairchild, M. Fry, A. Viti	Misericordia	2015		
Pl	Team	Time	Note	H(Pl)	Pts		
1	Widener (A)	4:02.54		2(1)	10		
	1) SCHULTZ, Emma JR 59.93	2) DEVITO, Olivia FR 1:04.01 (2:03.94)					
	3) LOWNES, Carly SR 1:00.03 (3:03.97)	4) BARR, Kelly SO 58.57 (4:02.54)					
2	Lebanon Valley (A)	4:04.08		2(2)	8		
	1) PEIFFER, Alyssa JR 1:00.84	2) BERKHEIMER, Darrian JR 1:01.84 (2:02.68)					
	3) KAPCSOS, Sierra SO 1:02.67 (3:05.35)	4) CALDERON, Mileyshka FR 58.74 (4:04.08)					
3	York (Pa.) (A)	4:06.76		1(1)	6		
	1) NUSE, Angela FR 1:01.31	2) MANN, Payton JR 1:04.23 (2:05.53)					
	3) TENNEY, Isabel FR 1:01.25 (3:06.78)	4) BOYCE, Keziah SO 59.99 (4:06.76)					
4	Stevens (A)	4:07.09		2(3)	5		
	1) SHANLEY, Isabella FR 58.90	2) CANCIANI, Allie JR 1:04.61 (2:03.51)					
	3) VOGEL, Isabel SO 1:02.13 (3:05.63)	4) BURDEN, Nina JR 1:01.47 (4:07.09)					



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**RESULTS****#33 Women's 4 x 400m Relay (cont'd)**

Pl	Team	Time	Note	H(Pl)	Pts
5	King's (Pa.) (A)	4:08.08		2(4)	4
	1) SPRINGER, Abigail JR 59.97	2) BUTCHER, Ava FR 1:05.61 (2:05.57)			
	3) ZAMBETTI, Nicole JR 1:01.67 (3:07.24)	4) DAINAUSKI, Laura JR 1:00.84 (4:08.08)			
6	Albright (A)	4:08.84		2(5)	3
	1) TIGHE, Eren JR 1:03.61	2) DEVITA, Alyssa SO 1:05.07 (2:08.68)			
	3) DOVER, Mackenzie SO 1:01.15 (3:09.82)	4) GINGRICH, Laurel SR 59.02 (4:08.84)			
7	Arcadia (A)	4:10.73		1(2)	2
	1) ILIESCU, Roxy SR 1:02.74	2) CIESLA, Karolina FR 1:04.11 (2:06.85)			
	3) CURNOW, Grace SO 1:03.71 (3:10.55)	4) SMILOVIC, Kate JR 1:00.18 (4:10.73)			
8	Delaware Valley (A)	4:10.98		2(6)	1
	1) EAST, Emma FR 1:03.21	2) PRESCOTT, Zariah FR 1:00.95 (2:04.15)			
	3) NEWMAN, Chante SR 1:05.49 (3:09.64)	4) HASTINGS, Kelly SR 1:01.34 (4:10.98)			
9	Messiah (A)	4:12.49		2(7)	
	1) LEBO, Kerrigan SO 1:00.90	2) HAMLEN, Natalie JR 1:07.18 (2:08.08)			
	3) BENNER, Clara SO 1:03.61 (3:11.68)	4) VARGAS, Elena JR 1:00.82 (4:12.49)			
10	Alvernia (A)	4:14.15		1(3)	
	1) GIBSON, Giovanni FR 1:03.02	2) SANCHEZ, Rosnelly FR 1:04.62 (2:07.63)			
	3) JERRAHIAN, Paige FR 1:03.88 (3:11.51)	4) TORRES, Jessie SO 1:02.65 (4:14.15)			
11	Eastern (A)	4:14.39		2(8)	
	1) HERNANDEZ-ALBINO, Janitza FR 1:05.27	2) FISCHLI, Jennifer FR 1:05.46 (2:10.72)			
	3) SHREFFLER, Hailey JR 1:01.25 (3:11.96)	4) ANDERSON, Anahrie FR 1:02.43 (4:14.39)			
12	FDU-Florham (A)	4:19.23		1(4)	
	1) BURKE, Bianca SO 59.16	2) PURSE, Mai FR 1:15.97 (2:15.13)			
	3) FASOLI, Brianna SO 1:01.26 (3:16.38)	4) DOUGHERTY, Sarah SR 1:02.85 (4:19.23)			
13	Hood (A)	4:24.91		1(5)	
	1) TAYLOR, Roselyn JR 59.92	2) SANFORD, Briley FR 1:12.56 (2:12.48)			
	3) WHITE, Tianna SO 1:07.85 (3:20.32)	4) PEZENOSKY, Megan SO 1:04.59 (4:24.91)			
14	DeSales (A)	4:27.03		1(6)	
	1) BEDNAREK, Lindsay SO 1:03.67	2) ROPER, Breyanna SR 1:05.45 (2:09.11)			
	3) HOLLANDER, Andie FR 1:09.17 (3:18.27)	4) KLEIN, Angelina FR 1:08.76 (4:27.03)			
	Misericordia (A)	DNS		1	
	1) CONTI, Abigail FR	2) GALLAGHER, Kristin SR			
	3) MORNINGSTAR, Grace FR	4) KAMMER, Madison SO			

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# RESULTS

## #43-2 Men's Decathlon Long Jump

R	MAC Outdoor	7.86m	Ta'riq Thomas	Delaware Valley	5/4/2018
	MAC Outdoor	7.86m	Ta'riq Thomas	Delaware Valley	5/4/2018

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	KIEFER, Brandon		SO Stevens	6.42m 21' 0 <sup>3</sup> / <sub>4</sub> (-0.2)	6.04 (+0.0)	6.03 (+0.0)	6.42 (-0.2)				679
2	MARTIN, Matthew		SO York (Pa.)	6.30m 20' 8" (+0.1)	6.30 (+0.1)	5.85 (+0.0)	5.78 (+0.0)				652
3	SABO, Alex		SR Lebanon Vall	6.18m 20' 3 <sup>1</sup> / <sub>2</sub> (+0.0)	6.18 (+0.0)	6.18 (+0.9)					626
4	MCGOVERN, Liam		SO Messiah	6.10m 20' 0 <sup>1</sup> / <sub>4</sub> (+1.7)	5.72 (+0.0)	6.10 (+1.7)	5.62 (+0.0)				608
5	MCWILLIAMS, Xavier		JR Stevens	6.03m 19' 9 <sup>1</sup> / <sub>2</sub> (+0.0)	5.36 (+0.0)	6.03 (+0.0)	5.48 (+0.0)				593
6	LANE, Travis		JR King's (Pa.)	5.93m 19' 5 <sup>1</sup> / <sub>2</sub> (+0.7)	5.89 (+0.0)	5.80 (+0.0)	5.93 (+0.7)				571
7	MICHAJLUK, Graison		FR Lebanon Vall	5.92m 19' 5 <sup>1</sup> / <sub>4</sub> (+0.0)	5.74 (-1.5)	5.92 (+0.0)					569
8	JOHNSON, Ethan		FR Messiah	5.72m 18' 9 <sup>1</sup> / <sub>4</sub> (+0.1)	5.72 (+0.1)	5.38 (+0.0)					527
9	PROVAN, Josiah		SO Messiah	5.66m 18' 7" (+0.0)	5.23 (-2.0)	5.66 (+0.0)					514
10	POWER, Benjamin		SR Delaware Vall	5.62m 18' 5 <sup>1</sup> / <sub>4</sub> (-1.1)	5.62 (-1.1)	5.31 (+0.0)					506
11	DUNKERTON, Gavin		JR Messiah	5.60m 18' 4 <sup>1</sup> / <sub>2</sub> (+0.2)	5.60 (+0.2)	5.41 (+0.0)	5.52 (-0.5)				502
12	JOHNSON, James		SO Stevens	5.32m 17' 5 <sup>1</sup> / <sub>2</sub> (-0.3)	5.32 (-0.3)	4.94 (+0.0)	4.90 (+0.0)				445
13	HALL, Jackson		SR Stevenson	5.20m 17' 0 <sup>3</sup> / <sub>4</sub> (+0.8)	5.20 (+0.8)	5.13 (+0.0)	5.18 (+0.0)				421

## Men's Decathlon After 2 Events

Pl	Athlete	Yr	Team	Points
1	KIEFER, Brandon		SO Stevens	1436
2	SABO, Alex		SR Lebanon Valley	1404
3	MARTIN, Matthew		SO York (Pa.)	1353
4	LANE, Travis		JR King's (Pa.)	1286
5	MCWILLIAMS, Xavi		JR Stevens	1278
6	MCGOVERN, Liam		SO Messiah	1224
7	MICHAJLUK, Graiso		FR Lebanon Valley	1218
8	POWER, Benjamin		SR Delaware Valley	1205
9	DUNKERTON, Gavi		JR Messiah	1195
10	PROVAN, Josiah		SO Messiah	1171
11	JOHNSON, Ethan		FR Messiah	1153
12	HALL, Jackson		SR Stevenson	1124
13	JOHNSON, James		SO Stevens	1078

## #43-3 Men's Decathlon Shot Put

R	MAC Outdoor	18.00m	Trevor Stutzman	Messiah	2015
	MAC Outdoor	18.00m	Trevor Stutzman	Messiah	2015

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	SABO, Alex		SR Lebanon Vall	12.35m 40' 6 <sup>1</sup> / <sub>4</sub>	11.73	12.35	12.01				628
2	DUNKERTON, Gavin		JR Messiah	12.04m 39' 6"	11.32	10.85	12.04				609
3	KIEFER, Brandon		SO Stevens	11.83m 38' 9 <sup>3</sup> / <sub>4</sub>	11.83	11.55	11.46				596
4	POWER, Benjamin		SR Delaware Vall	11.66m 38' 3 <sup>1</sup> / <sub>4</sub>	10.84	11.66	FOUL				586
5	LANE, Travis		JR King's (Pa.)	11.60m 38' 0 <sup>3</sup> / <sub>4</sub>	11.13	11.58	11.60				582
6	MICHAJLUK, Graison		FR Lebanon Vall	10.84m 35' 6 <sup>3</sup> / <sub>4</sub>	10.84	FOUL	10.68				536
7	PROVAN, Josiah		SO Messiah	10.76m 35' 3 <sup>3</sup> / <sub>4</sub>	10.76	10.31	FOUL				531
8	MCGOVERN, Liam		SO Messiah	10.55m 34' 7 <sup>1</sup> / <sub>2</sub>	10.44	10.55	10.36				519
9	JOHNSON, James		SO Stevens	10.30m 33' 9 <sup>1</sup> / <sub>2</sub>	10.08	9.45	10.30				504
10	MCWILLIAMS, Xavier		JR Stevens	10.15m 33' 3 <sup>3</sup> / <sub>4</sub>	FOUL	FOUL	10.15				495

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### #43-3 Men's Decathlon Shot Put (cont'd)

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
11	MARTIN, Matthew		SO York (Pa.)	10.02m 32' 10 <sup>1</sup> / <sub>2</sub>	9.65	9.00	10.02				487
12	HALL, Jackson		SR Stevenson	9.57m 31' 4 <sup>3</sup> / <sub>4</sub>	8.74	9.27	9.57				460
13	JOHNSON, Ethan		FR Messiah	8.62m 28' 3 <sup>1</sup> / <sub>2</sub>	7.95	7.88	8.62				403

### Men's Decathlon After 3 Events

Pl	Athlete	Yr	Team	Points
1	KIEFER, Brandon		SO Stevens	2032
1	SABO, Alex		SR Lebanon Valley	2032
3	LANE, Travis		JR King's (Pa.)	1868
4	MARTIN, Matthew		SO York (Pa.)	1840
5	DUNKERTON, Gavi		JR Messiah	1804
6	POWER, Benjamin		SR Delaware Valley	1791
7	MCWILLIAMS, Xavi		JR Stevens	1773
8	MICHAJLUK, Graiso		FR Lebanon Valley	1754
9	MCGOVERN, Liam		SO Messiah	1743
10	PROVAN, Josiah		SO Messiah	1702
11	HALL, Jackson		SR Stevenson	1584
12	JOHNSON, James		SO Stevens	1582
13	JOHNSON, Ethan		FR Messiah	1556

### #43-4 Men's Decathlon High Jump

R	MAC Outdoor	2.08m	Chris Boyles	Messiah	2001										
	MAC Outdoor	2.12m	Chris Boyles	Messiah	2001										
Pl	Name	Yr	Team	Mark	1.64	1.67	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.89	Pts
1	MICHAJLUK, Graison		FR Lebanon Vall	1.85m 6' 0 <sup>3</sup> / <sub>4</sub>	PPP	O	PPP	O	O	O	XO	XXO	PPP	XXX	670
2	SABO, Alex		SR Lebanon Vall	1.76m 5' 9 <sup>1</sup> / <sub>4</sub>	PPP	O	PPP	O	O	XXX					593
3	DUNKERTON, Gavin		JR Messiah	1.76m 5' 9 <sup>1</sup> / <sub>4</sub>	PPP	XXO	XO	O	O	XXX					593
4	KIEFER, Brandon		SO Stevens	1.76m 5' 9 <sup>1</sup> / <sub>4</sub>	O	O	XO	XXO	XO	XXX					593
5	LANE, Travis		JR King's (Pa.)	1.73m 5' 8"	XXO	O	XXO	XXO	XXX						569
6	HALL, Jackson		SR Stevenson	1.70m 5' 7"	XXO	XXO	O	XXX							544
7	JOHNSON, Ethan		FR Messiah	1.70m 5' 7"	PPP	XO	XO	XXX							544
8	MARTIN, Matthew		SO York (Pa.)	1.64m 5' 4 <sup>1</sup> / <sub>2</sub>	O	XXX									496
8	MCGOVERN, Liam		SO Messiah	1.64m 5' 4 <sup>1</sup> / <sub>2</sub>	O	XXX									496
Pl	Name	Yr	Team	Mark	1.43	1.46	1.49	1.52	1.55	1.58	1.61				Pts
1	MICHAJLUK, Graison		FR Lebanon Vall	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	O				670
2	SABO, Alex		SR Lebanon Vall	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	O				593
3	DUNKERTON, Gavin		JR Messiah	(cont'd)	PPP	PPP	PPP	PPP	PPP	O	O				593
4	KIEFER, Brandon		SO Stevens	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	O				593
5	LANE, Travis		JR King's (Pa.)	(cont'd)	PPP	PPP	O	PPP	O	XO	XXO				569
6	HALL, Jackson		SR Stevenson	(cont'd)	O	PO	O	PPP	XO	O	O				544
7	JOHNSON, Ethan		FR Messiah	(cont'd)	PPP	PPP	O	PPP	O	PPP	XO				544
8	MARTIN, Matthew		SO York (Pa.)	(cont'd)	PPP	PPP	PPP	O	PPP	PO	O				496
8	MCGOVERN, Liam		SO Messiah	(cont'd)	PPP	O	PPP	PPP	O	O	O				496
10	JOHNSON, James		SO Stevens	1.58m 5' 2 <sup>1</sup> / <sub>4</sub>	O	PO	XO	XO	O	XXO	XXX				449
11	PROVAN, Josiah		SO Messiah	1.55m 5' 1"	PPP	O	PPP	XXO	O	XXX					426
12	MCWILLIAMS, Xavier		JR Stevens	1.52m 4' 11 <sup>3</sup> / <sub>4</sub>	O	PO	O	O	XXX						404

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#43-4 Men's Decathlon High Jump (cont'd)

13	POWER, Benjamin	SR Delaware Vall	1.52m 4' 11 <sup>3</sup> / <sub>4</sub>	O	PO	XO	XXO	XXX									404
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Men's Decathlon After 4 Events

Pl	Athlete	Yr	Team	Points
1	KIEFER, Brandon	SO	Stevens	2625
1	SABO, Alex	SR	Lebanon Valley	2625
3	LANE, Travis	JR	King's (Pa.)	2437
4	MICHAJLUK, Graiso	FR	Lebanon Valley	2424
5	DUNKERTON, Gavi	JR	Messiah	2397
6	MARTIN, Matthew	SO	York (Pa.)	2336
7	MCGOVERN, Liam	SO	Messiah	2239
8	POWER, Benjamin	SR	Delaware Valley	2195
9	MCWILLIAMS, Xavi	JR	Stevens	2177
10	HALL, Jackson	SR	Stevenson	2128
10	PROVAN, Josiah	SO	Messiah	2128
12	JOHNSON, Ethan	FR	Messiah	2100
13	JOHNSON, James	SO	Stevens	2031

#44-2 Women's Outdoor Heptathlon High Jump

Pl	Name	Yr	Team	Mark	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	Pts
R	MAC Outdoor	1.72m	Ashlee Ward												2014
	MAC Outdoor	1.76m	Ashlee Ward												2014
1	KERVICK, Theresa	JR	Widener	1.52m 4' 11 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	O	O	XO	O	XO	O	XXX	644
2	WEGMAN, Carolina	SO	Lebanon Vall	1.52m 4' 11 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	XO	PPP	O	O	O	XO	XXX	644
3	ZULTEVICZ, Victoria	JR	King's (Pa.)	1.37m 4' 6"	XO	XO	O	XO	XXX						481
4	HAMLEN, Natalie	JR	Messiah	1.34m 4' 4 <sup>3</sup> / <sub>4</sub>	XXO	O	XO	XXX							449
5	WALETZKI, Nicole	JR	Stevens	1.31m 4' 3 <sup>1</sup> / <sub>2</sub>	PPP	O	XXX								419
6	SCHOTT, Olivia	FR	Arcadia	1.28m 4' 2 <sup>1</sup> / <sub>4</sub>	O	XXX									389
7	GIBSON, Giavanni	FR	Alvernia	1.28m 4' 2 <sup>1</sup> / <sub>4</sub>	XO	XXX									389
8	CASTILLO, Gloria	JR	Hood	1.25m 4' 1 <sup>1</sup> / <sub>4</sub>	XXX										359
Pl	Name	Yr	Team	Mark	1.16	1.19	1.22	1.25							Pts
4	HAMLEN, Natalie	JR	Messiah	(cont'd)	PPP	PPP	PPP	XO							449
5	WALETZKI, Nicole	JR	Stevens	(cont'd)	PPP	O	O	O							419
6	SCHOTT, Olivia	FR	Arcadia	(cont'd)	PPP	O	PPP	PPP							389
7	GIBSON, Giavanni	FR	Alvernia	(cont'd)	PPP	XXO	O	O							389
8	CASTILLO, Gloria	JR	Hood	1.25m 4' 1 <sup>1</sup> / <sub>4</sub>	O	O	XO	XO							359

Women's Outdoor Heptathlon After 2 Events

Pl	Athlete	Yr	Team	Points
1	KERVICK, Theresa	JR	Widener	1247
2	ZULTEVICZ, Victori	JR	King's (Pa.)	1245
3	HAMLEN, Natalie	JR	Messiah	1061
4	WALETZKI, Nicole	JR	Stevens	977
5	GIBSON, Giavanni	FR	Alvernia	964
6	WEGMAN, Carolina	SO	Lebanon Valley	916
7	SCHOTT, Olivia	FR	Arcadia	895
8	CASTILLO, Gloria	JR	Hood	588

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**RESULTS**

**#44-3 Women's Outdoor Heptathlon Shot Put**

R	MAC Outdoor	14.31m	Christina Scherwin	Moravian	2003
	MAC Outdoor	15.04m	Lauren Lucci	Widener	2008

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	ZULTEVICZ, Victoria	JR	King's (Pa.)	9.80m 32' 2"	9.04	9.21	9.80				516
2	HAMLEN, Natalie	JR	Messiah	9.28m 30' 5 1/2"	8.59	9.28	9.11				482
3	KERVICK, Theresa	JR	Widener	9.19m 30' 2"	8.51	8.64	9.19				477
4	WEGMAN, Carolina	SO	Lebanon Vall	8.28m 27' 2"	8.14	8.07	8.28				417
5	CASTILLO, Gloria	JR	Hood	7.17m 23' 6 1/4"	7.17	6.47	6.31				346
6	GIBSON, Giovanni	FR	Alvernia	6.39m 20' 11 3/4"	6.39	5.99	5.78				296
7	WALETZKI, Nicole	JR	Stevens	5.92m 19' 5 1/4"	5.89	5.92	5.08				266
8	SCHOTT, Olivia	FR	Arcadia	5.31m 17' 5 1/4"	FOUL	5.31	5.31				228

**Women's Outdoor Heptathlon After 3 Events**

Pl	Athlete	Yr	Team	Points
1	ZULTEVICZ, Victori	JR	King's (Pa.)	1761
2	KERVICK, Theresa	JR	Widener	1724
3	HAMLEN, Natalie	JR	Messiah	1543
4	WEGMAN, Carolina	SO	Lebanon Valley	1333
5	GIBSON, Giovanni	FR	Alvernia	1260
6	WALETZKI, Nicole	JR	Stevens	1243
7	SCHOTT, Olivia	FR	Arcadia	1123
8	CASTILLO, Gloria	JR	Hood	934

**#21 Men's Hammer**

R	MAC Outdoor	65.10m	Tyler Williams	Widener	5/2/2014
	MAC Outdoor	65.97m	Tyler Williams	Widener	2014

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
1	WILLIAMS, Nathan	JR	Stevenson	61.29m 201' 1"	FOUL	56.16	60.95	60.77	61.29	60.69	2(1)	10
2	HOWELL, Conrad	SR	Widener	53.53m 175' 7"	50.83	52.14	FOUL	FOUL	FOUL	53.53	2(2)	8
3	REYNOLDS, Trey	SR	Lebanon Vall	49.56m 162' 7"	47.41	48.87	49.56	48.17	48.73	FOUL	2(3)	6
4	GIHR, Stephen	SO	Misericordia	49.49m 162' 4"	49.49	47.86	46.89	46.69	FOUL	48.63	2(4)	5
5	SHAY, Cody	JR	Lebanon Vall	47.70m 156' 6"	45.08	44.66	FOUL	45.96	45.38	47.70	2(5)	4
6	WATERS, David	SR	Widener	47.59m 156' 2"	41.73	43.36	44.83	46.24	47.23	47.59	2(6)	3
7	KEADY, Colin	JR	Stevens	45.96m 150' 9"	FOUL	45.96	45.84	FOUL	FOUL	44.19	2(7)	2
8	EUDJA, Jonathan	SO	DeSales	45.44m 149' 1"	45.44	41.88	FOUL	FOUL	41.96	FOUL	2(8)	1
9	NOBLIT, Adam	JR	York (Pa.)	45.05m 147' 10"	42.69	45.05	45.00	40.96	42.57	FOUL	2(9)	
10	FORBES, Alexander	FR	York (Pa.)	44.78m 146' 11"	44.78	FOUL	43.05				1(1)	
11	MAHANA, James	SO	Delaware Vall	44.30m 145' 4"	FOUL	44.30	FOUL				2(10)	
12	LECHTHALER, Hoyt	JR	Messiah	43.66m 143' 3"	FOUL	42.02	43.66				2(11)	
13	GUERIERI, Nicholas	FR	Lebanon Vall	42.70m 140' 1"	38.30	42.53	42.70				2(12)	
14	KODACK, John	FR	Widener	42.51m 139' 6"	42.51	FOUL	FOUL				2(13)	
15	WENTZ, Gavin	SO	York (Pa.)	41.37m 135' 9"	FOUL	41.37	FOUL				1(2)	
16	KEMP, Carnell	JR	King's (Pa.)	41.04m 134' 8"	39.81	FOUL	41.04				2(14)	
17	MAHANA, John	SO	Delaware Vall	38.47m 126' 2"	37.29	38.47	FOUL				1(3)	
18	MACALUSO, Riley	SO	Misericordia	38.11m 125' 0"	38.11	37.98	FOUL				1(4)	
19	TANG, Jetli	SR	King's (Pa.)	37.83m 124' 1"	FOUL	37.83	FOUL				1(5)	
20	LINSENBIGLER, Beau	FR	York (Pa.)	37.67m 123' 7"	37.67	FOUL	37.06				1(6)	

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**RESULTS**

**#21 Men's Hammer (cont'd)**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
21	WELLINGTON, Giovanni		SO DeSales	37.47m 122' 11"	37.47	FOUL	FOUL					1(7)
22	MARTINEZ, Jacob		FR King's (Pa.)	36.52m 119' 10"	FOUL	36.52	34.67					1(8)
23	LECHTHALER, Ted		FR Messiah	36.18m 118' 8"	35.01	35.41	36.18					1(9)
24	KROMER, Aidan		SO Arcadia	35.88m 117' 8"	35.57	35.88	31.98					1(10)
25	KOROMA, Foday		FR Eastern	34.82m 114' 3"	33.81	FOUL	34.82					1(11)
26	KINSLEY, Cooper		SO Stevens	34.27m 112' 5"	34.10	33.70	34.27					1(12)
27	COTE, Keaghan		FR Arcadia	33.28m 109' 2"	32.63	FOUL	33.28					1(13)
28	GREENE, Aidan		FR Stevens	30.44m 99' 10"	28.22	30.44	22.74					1(14)
29	TREACY, Colin		FR Delaware Vall	30.18m 99' 0"	30.18	FOUL	FOUL					1(15)
	ROHWER, Nick		FR Hood	NM	FOUL	FOUL	FOUL					1
	ROLLINSON, Aidan		SO York (Pa.)	NM	FOUL	FOUL	FOUL					2
	JUSINO, Christian		SR Albright	NM	FOUL	FOUL	FOUL					2

**#22 Women's Hammer**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
R	MAC Outdoor	52.80m	Cooney, Anna		Widener		5/5/2022	DeSalesUniversity				
	MAC Outdoor	54.59m	Brenna Karnish		Misericordia		2023					
1	RODRIGUEZ, Isabel		SO Widener	51.63m 169' 5"	51.63	50.20	49.50	FOUL	FOUL	49.78	3(1)	10
2	SHOEMAKER, Katelyn		SO King's (Pa.)	47.30m 155' 2"	46.40	40.46	47.30	45.61	44.73	45.99	3(2)	8
3	BELLUCCI, Anna		JR King's (Pa.)	46.50m 152' 7"	44.78	44.41	FOUL	45.75	46.50	43.90	3(3)	6
4	HILFERTY, Delaney		JR King's (Pa.)	45.68m 149' 10"	44.83	FOUL	45.68	44.07	FOUL	44.30	3(4)	5
5	KIRK, Caitlin		FR King's (Pa.)	45.08m 147' 11"	FOUL	43.59	44.37	39.86	45.08	45.04	3(5)	4
6	SHERWOOD, Hailey		FR York (Pa.)	44.05m 144' 6"	44.05	42.47	FOUL	FOUL	FOUL	41.82	3(6)	3
7	ASSANTE, Lauren		JR Lebanon Vall	42.62m 139' 10"	41.43	42.23	41.87	39.57	42.07	42.62	3(7)	2
8	ZECHMAN, Taileen		JR Hood	42.47m 139' 4"	FOUL	FOUL	42.47	FOUL	FOUL	40.33	3(8)	1
9	VARNER, Brandy		SO King's (Pa.)	42.08m 138' 1"	FOUL	39.86	42.08	FOUL	FOUL	FOUL	3(9)	
10	BELLOMO, Gabby		JR Misericordia	42.07m 138' 0"	41.74	42.07	FOUL				3(10)	
11	HARNOIS, Sofia		SO York (Pa.)	40.12m 131' 7"	FOUL	40.12	FOUL				3(11)	
12	MYERS, Zoe		JR York (Pa.)	38.93m 127' 9"	38.93	38.93	35.91				3(12)	
13	MULIAWAN, Ashley		JR Stevens	38.53m 126' 5"	FOUL	FOUL	38.53				2(1)	
14	REED, Caroline		SR Lebanon Vall	38.37m 125' 11"	38.34	FOUL	38.37				2(2)	
15	KING, Kaitlin		SO York (Pa.)	37.07m 121' 7"	34.75	37.07	FOUL				2(3)	
16	ALTMAN, Sydney		SO Widener	36.59m 120' 0"	36.59	FOUL	FOUL				3(13)	
17	FERSTER, Leah		JR Messiah	36.50m 119' 9"	36.50	FOUL	FOUL				2(4)	
18	CROWLEY, Rhian		FR King's (Pa.)	36.36m 119' 3"	35.78	36.20	36.36				2(5)	
19	AGBEMBLE, Kyrah		SO Stevenson	35.92m 117' 10"	FOUL	35.92	FOUL				2(6)	
20	DEATRICK, Claire		FR Stevens	35.57m 116' 8"	35.57	32.94	FOUL				1(1)	
21	JONES, Kaitlyn		JR Delaware Vall	35.37m 116' 0"	34.38	35.37	FOUL				2(7)	
22	BOCHICCHIO, Izabella		FR Misericordia	34.87m 114' 5"	34.09	34.87	FOUL				2(8)	
23	PORTELLI, Catherine		JR Arcadia	34.48m 113' 1"	34.48	FOUL	29.97				2(9)	
24	WALKER, Jillian		FR Widener	34.23m 112' 4"	32.77	34.23	30.73				2(10)	
25	BUSSEY, Meghan		SO Lebanon Vall	34.02m 111' 7"	28.76	31.76	34.02				1(2)	
26	MANIDIS, Sophia		FR DeSales	33.25m 109' 1"	33.25	31.89	29.11				2(11)	
27	STEENSTRA, Jaclyn		FR Messiah	32.73m 107' 4"	32.69	32.73	28.24				2(12)	
28	OSEAGULU, Nneoma		FR Stevenson	32.57m 106' 10"	30.36	32.57	FOUL				1(3)	
29	DODD, Savana		FR Eastern	31.55m 103' 6"	31.55	FOUL	31.33				2(13)	

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**RESULTS**

**#22 Women's Hammer (cont'd)**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
30	BAUKAL, Anna	FR	Widener	31.39m 103' 0"	26.72	31.39	28.82					1(4)
31	JOHNSON, Ebony	FR	Eastern	30.30m 99' 5"	FOUL	FOUL	30.30					1(5)
32	KLINE, Emma	FR	Eastern	30.02m 98' 6"	27.54	28.68	30.02					1(6)
33	VENTURA, Anacarolina	FR	Stevens	29.21m 95' 10"	FOUL	29.21	FOUL					1(7)
34	ANTICO, Amanda	JR	Stevens	28.72m 94' 3"	FOUL	28.72	26.59					1(8)
35	WINTERS, Jasmine	FR	Stevenson	27.90m 91' 6"	24.43	27.90	FOUL					1(9)
36	GUAGENTI, Cara	SO	Stevenson	27.81m 91' 3"	FOUL	27.22	27.81					1(10)
37	KUJAWA, Karissa	SO	Arcadia	25.89m 84' 11"	FOUL	25.89	25.80					1(11)
38	EDMOND, Orianna	FR	Albright	24.31m 79' 9"	FOUL	FOUL	24.31					1(12)
39	GIULIANO, Mikayla	FR	Alvernia	23.15m 75' 11"	23.15	FOUL	FOUL					1(13)

**#24 Women's High Jump**

Pl	Name	Yr	Team	Mark	1.31	1.36	1.41	1.46	1.51	1.54	1.57	1.60	1.63	Pts
R	MAC Outdoor		Ashlee Ward	1.72m										
	MAC Outdoor		Ashlee Ward	1.76m										
1	TIGHE, Caroline	JR	Stevens	1.60m 5' 3"	P	P	P	P	O	O	O	O	XXX	10
2	MATHEWS, Laura	JR	Stevens	1.57m 5' 1 <sup>3</sup> / <sub>4</sub> "	P	P	O	O	O	XO	O	XXX		8
3	KOUTCH, Melena	JR	Lebanon Vall	1.57m 5' 1 <sup>3</sup> / <sub>4</sub> "	P	P	O	O	O	XXO	XO	XXX		6
4	ARMITAGE, Madison	JR	King's (Pa.)	1.57m 5' 1 <sup>3</sup> / <sub>4</sub> "	P	P	P	O	O	XO	XXO	XXX		5
5	CANCIANI, Allie	JR	Stevens	1.57m 5' 1 <sup>3</sup> / <sub>4</sub> "	P	P	O	O	O	XXO	XXO	XXX		3.5
5	PREVIGLIAN, Maggie	SO	Stevens	1.57m 5' 1 <sup>3</sup> / <sub>4</sub> "	P	P	P	O	XXO	O	XXO	XXX		3.5
7	LAPINSKI, Maya	FR	Stevens	1.57m 5' 1 <sup>3</sup> / <sub>4</sub> "	P	P	P	XXO	O	XXO	XXO	XXX		2
8	ORIEL, Emily	SO	Lebanon Vall	1.54m 5' 0 <sup>1</sup> / <sub>2</sub> "	P	P	O	O	XO	O	XXX			1
9	SOERENS, Abigail	FR	Messiah	1.51m 4' 11 <sup>1</sup> / <sub>2</sub> "	P	P	O	O	O	XXX				
10	WEGMAN, Carolina	SO	Lebanon Vall	1.46m 4' 9 <sup>1</sup> / <sub>2</sub> "	P	P	XO	O	P	XXX				
11	CARR, Tatina	SO	Widener	1.41m 4' 7 <sup>1</sup> / <sub>2</sub> "	P	P	O	XXX						
12	GILBERT, Sarah	FR	Messiah	1.41m 4' 7 <sup>1</sup> / <sub>2</sub> "	O	XO	O	XXX						
13	THUNBERG, Haley	JR	Lebanon Vall	1.36m 4' 5 <sup>1</sup> / <sub>2</sub> "	P	XO	XXX							
14	QUINN, Mary	SR	Albright	1.36m 4' 5 <sup>1</sup> / <sub>2</sub> "	P	XXO	XXX							
	BROWN, Kara	SO	Messiah	NH	P	P	XXX							

**#26 Men's Long Jump**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
R	MAC Outdoor		Ta'riq Thomas	7.86m								
	MAC Outdoor		Ta'riq Thomas	7.86m								
1	PHOENIX, Xavier	SR	DeSales	6.96m 22' 10" (NW)	6.92	6.59	6.75	6.34	6.96	6.89	2(1)	10
2	FALL, Ibrahim	SO	FDU-Florham	6.71m 22' 0 <sup>1</sup> / <sub>4</sub> " (NW)	6.71	6.71	6.37	6.29	6.59	FOUL	2(2)	8
3	BROWN, D'Maari	SO	FDU-Florham	6.68m 21' 11" (NW)	6.68	6.56	PASS	PASS	PASS	PASS	2(3)	6
4	SAMS, Myles	JR	Arcadia	6.60m 21' 8" (NW)	5.65	6.34	6.33	6.60	6.45	6.06	2(4)	5
5	STANKUS, Ayden	JR	Lebanon Vall	6.57m 21' 6 <sup>3</sup> / <sub>4</sub> " (NW)	6.42	6.26	6.44	FOUL	FOUL	6.57	2(5)	4
6	MCGRAW, Matayo	FR	Widener	6.57m 21' 6 <sup>3</sup> / <sub>4</sub> " (NW)	FOUL	4.68	6.41	6.57	FOUL	FOUL	2(9)	3
7	SIMAK, Weston	FR	DeSales	6.52m 21' 4 <sup>3</sup> / <sub>4</sub> " (NW)	FOUL	6.42	6.43	6.52	FOUL	6.19	2(7)	2
8	MCCULLOUGH, Elijah	FR	Eastern	6.41m 21' 0 <sup>1</sup> / <sub>2</sub> " (NW)	6.35	6.40	FOUL	FOUL	6.41	FOUL	2(8)	1
9	CRAMER, Jacob	JR	Messiah	6.34m 20' 9 <sup>3</sup> / <sub>4</sub> " (NW)	5.16	6.03	6.34	6.22	6.06	6.24	2(9)	
10	MAHONEY, Jack	SR	York (Pa.)	6.28m 20' 7 <sup>1</sup> / <sub>4</sub> " (NW)	6.28	FOUL	6.19				2(10)	

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# RESULTS

### #26 Men's Long Jump (cont'd)

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
11	BRUNELLE, Matthieu	JR	Misericordia	6.23m 20' 5 <sup>1</sup> / <sub>4</sub> " (NW)	FOUL	FOUL	6.23				2(11)	
12	FRENCH, Zach	SO	Messiah	6.18m 20' 3 <sup>1</sup> / <sub>2</sub> " (NW)	6.18	6.04	FOUL				2(12)	
13	PINES ELLIOTT, Masai	JR	Arcadia	6.09m 19' 11 <sup>3</sup> / <sub>4</sub> " (NW)	5.98	6.07	6.09				1(1)	
14	DEMOSTHENE, Lens	FR	DeSales	6.06m 19' 10 <sup>3</sup> / <sub>4</sub> " (NW)	5.97	6.06	5.99				1(2)	
15	KAZOKAS, Kevin	JR	Alvernia	6.03m 19' 9 <sup>1</sup> / <sub>2</sub> " (NW)	5.82	5.86	6.03				1(3)	
16	HUNTER, Jacob	FR	Misericordia	6.00m 19' 8 <sup>1</sup> / <sub>4</sub> " (NW)	FOUL	FOUL	6.00				1(4)	
17	TANIS, John	SR	Misericordia	5.95m 19' 6 <sup>1</sup> / <sub>4</sub> " (NW)	FOUL	5.95	FOUL				1(5)	
18	GROSSMAN, Jacob	SO	Widener	5.94m 19' 6" (NW)	5.82	FOUL	5.94				1(6)	
19	STEMPIN, Alex	SO	Widener	5.91m 19' 4 <sup>3</sup> / <sub>4</sub> " (NW)	5.81	5.59	5.91				2(13)	
20	HOLZSCHUH, James	FR	King's (Pa.)	5.89m 19' 4" (NW)	5.89	5.21	5.64				1(7)	
21	MILLER, Cody	FR	King's (Pa.)	5.87m 19' 3 <sup>1</sup> / <sub>4</sub> " (NW)	5.85	5.85	5.87				1(8)	
22	ZIEGLER, Jake	JR	Alvernia	5.85m 19' 2 <sup>1</sup> / <sub>2</sub> " (NW)	FOUL	FOUL	5.85				1(9)	
23	MALEY, Michael	JR	Albright	5.74m 18' 10" (NW)	FOUL	5.74	FOUL				1(10)	
24	MCBRIDE, James	FR	Misericordia	5.72m 18' 9 <sup>1</sup> / <sub>4</sub> " (NW)	5.72	5.60	5.34				1(11)	
25	NIEMANDT, Edwin	SO	York (Pa.)	5.63m 18' 5 <sup>3</sup> / <sub>4</sub> " (NW)	5.63	PASS	PASS				1(12)	
26	GAJEWSKI, Justin	FR	Stevens	5.51m 18' 1" (NW)	5.51	FOUL	5.15				1(13)	
27	WEIGEL, Parker	FR	Stevenson	5.41m 17' 9" (NW)	5.41	FOUL	FOUL				1(14)	
	OTTO, Joshua	SR	Lebanon Vall	NM							1	
	WALKER, Sidney	SR	DeSales	NM							2	
	BONSIGNORE, Michael	FR	FDU-Florham	NM							2	
	PROVAN, Brendan	SR	Messiah	NM							2	

### #28 Men's Discus

R	MAC Outdoor	53.42m	Mott, Andrew	York (Pa.)	5/4/2023	York College						
	MAC Outdoor	53.42m	Andrew Mott	York College	2023	York College						
Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
1	MOTT, Andrew	SR	York (Pa.)	52.43m 172' 0"	47.02	FOUL	52.43	FOUL	49.88	51.36	2(1)	10
2	WILLIAMS, Nathan	JR	Stevenson	50.87m 166' 11"	45.35	42.01	46.16	47.61	50.87	FOUL	2(2)	8
3	SHARP, Harrison	SR	York (Pa.)	44.74m 146' 9"	FOUL	36.00	43.29	44.67	FOUL	44.74	2(3)	6
4	EVANICK, G. Aonghas	SO	Lebanon Vall	43.39m 142' 4"	41.39	39.35	43.39	FOUL	40.76	38.99	2(4)	5
5	KEMP, Carnell	JR	King's (Pa.)	42.58m 139' 8"	42.58	FOUL	37.95	FOUL	FOUL	FOUL	2(5)	4
6	LECHTHALER, Hoyt	JR	Messiah	42.32m 138' 10"	40.43	41.86	40.17	FOUL	42.32	41.69	2(6)	3
7	BOSMA, Luke	FR	Messiah	41.57m 136' 5"	41.57	FOUL	FOUL	FOUL	FOUL	FOUL	2(7)	2
8	WENTZ, Gavin	SO	York (Pa.)	41.52m 136' 3"	41.52	FOUL	40.93	41.29	39.05	FOUL	2(8)	1
9	ROLLINSON, Aidan	SO	York (Pa.)	41.21m 135' 2"	FOUL	41.21	FOUL	FOUL	FOUL	40.62	1(1)	
10	MARTINEZ, Jacob	FR	King's (Pa.)	40.68m 133' 5"	40.68	38.86	37.68				2(9)	
11	WITMER, Alexander	FR	Alvernia	40.53m 133' 0"	40.53	37.62	36.98				1(2)	
12	SCHAEFFER, Jacob	JR	DeSales	38.82m 127' 4"	37.18	38.82	36.87				2(10)	
13	LINSENBIGLER, Beau	FR	York (Pa.)	38.31m 125' 8"	FOUL	38.31	FOUL				1(3)	
14	LECHTHALER, Ted	FR	Messiah	37.65m 123' 6"	36.35	37.65	37.17				1(4)	
15	PEROT, Brandon	JR	Delaware Vall	37.64m 123' 6"	FOUL	FOUL	37.64				2(11)	
16	JUSINO, Christian	SR	Albright	37.35m 122' 6"	37.35	FOUL	36.07				1(5)	
17	NOBLIT, Adam	JR	York (Pa.)	37.31m 122' 5"	37.31	FOUL	FOUL				2(12)	
18	KEADY, Colin	JR	Stevens	36.88m 121' 0"	33.28	35.22	36.88				1(6)	
19	BORDOVSKY, Nick	SO	York (Pa.)	36.39m 119' 5"	36.39	FOUL	FOUL				2(13)	
20	BROWN, Josh	FR	King's (Pa.)	36.08m 118' 4"	FOUL	36.08	FOUL				1(7)	



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RESULTS

#28 Men's Discus (cont'd)

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
21	FOX, Brandon		JR Stevens	35.11m 115' 2"	26.19	31.79	35.11					1(8)
22	CHINN, Nick		SR DeSales	34.84m 114' 4"	34.84	33.74	FOUL					1(9)
23	WELLINGTON, Giovanni		SO DeSales	34.77m 114' 1"	34.77	34.39	FOUL					1(10)
24	GIHR, Stephen		SO Misericordia	33.34m 109' 4"	33.34	FOUL	FOUL					1(11)
	GRAY, Cory		SO Alvernia	NM								1
	SHARP, Grant		FR Alvernia	NM	FOUL	FOUL	FOUL					1

#23 Men's High Jump

Pl	Name	Yr	Team	Mark	1.67	1.72	1.77	1.82	1.87	1.90	1.93	1.96	1.99	Pts
R	MAC Outdoor	2.08m	Chris Boyles						Messiah	2001				
	MAC Outdoor	2.12m	Chris Boyles						Messiah	2001				
1	SHERROD, Teone		JR King's (Pa.)	1.96m 6' 5"	PPP	PPP	PPP	XO	XO	XXO	O	XO	XXX	10
2	MCGRAW, Matayo		FR Widener	1.90m 6' 2 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	O	O	O	XXX			8
3	ADEGBOYE, Oluwatomiwa		JR FDU-Florham	1.90m 6' 2 <sup>3</sup> / <sub>4</sub>	O	O	XO	O	O	O	XXX			6
4	BROWN, D'Maari		SO FDU-Florham	1.90m 6' 2 <sup>3</sup> / <sub>4</sub>	O	O	O	XO	XO	XXO	XXX			5
5	MILLER, Cody		FR King's (Pa.)	1.87m 6' 1 <sup>1</sup> / <sub>2</sub>	O	O	O	O	XO	XXX				4
6	SAMS, Myles		JR Arcadia	1.87m 6' 1 <sup>1</sup> / <sub>2</sub>	PPP	PPP	O	XXO	XXO	XXX				3
7	NIEMANDT, Edwin		SO York (Pa.)	1.82m 5' 11 <sup>1</sup> / <sub>2</sub>	PPP	PPP	PPP	O	XXX					0.6
7	VILLANO, John		SR Albright	1.82m 5' 11 <sup>1</sup> / <sub>2</sub>	PPP	PPP	O	O	XXX					0.6
7	FALL, Ibrahim		SO FDU-Florham	1.82m 5' 11 <sup>1</sup> / <sub>2</sub>	O	O	O	O	XXX					0.6
7	BELLEVEUE, Harryson		FR Hood	1.82m 5' 11 <sup>1</sup> / <sub>2</sub>	PPP	O	O	O	XXX					0.6
7	HEISEY, Derek		JR Messiah	1.82m 5' 11 <sup>1</sup> / <sub>2</sub>	PPP	PPP	O	O	XXX					0.6
12	DOVE, Kameron		FR Alvernia	1.82m 5' 11 <sup>1</sup> / <sub>2</sub>	O	O	O	XO	XXX					
12	MICHAJLUK, Graison		FR Lebanon Vall	1.82m 5' 11 <sup>1</sup> / <sub>2</sub>	PPP	PPP	O	XO	XXX					
14	WHITNEY, Brian		SO DeSales	1.77m 5' 9 <sup>3</sup> / <sub>4</sub>	O	O	O	XXX						
15	LIM, Joshua		FR Stevens	1.72m 5' 7 <sup>3</sup> / <sub>4</sub>	O	O	XXX							
16	BENNIE, Patrick		JR King's (Pa.)	1.67m 5' 5 <sup>3</sup> / <sub>4</sub>	XXO	XXX								
	BONSIGNORE, Michael		FR FDU-Florham	NH										

#25 Women's Long Jump

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
R	MAC Outdoor	5.84m	Pena, Julia						York (Pa.)	5/4/2023	York College	
	MAC Outdoor	6.01m	Gina Dello Russor						Stevens	2022		
1	FELIX, Shinelle		JR Alvernia	5.76m 18' 10 <sup>3</sup> / <sub>4</sub> (-1.4)	5.47 (+0.1)	FOUL	5.50 (+0.0)	5.76 (-1.4)	5.57 (-1.6)	PASS	2(1)	10
2	MATHEWS, Laura		JR Stevens	5.50m 18' 0 <sup>1</sup> / <sub>2</sub> (-0.3)	5.23 (+0.0)	5.15 (-2.2)	5.17 (+0.8)	5.50 (-0.3)	FOUL	FOUL	2(2)	8
3	ROBINSON, Kayla		JR Widener	5.27m 17' 3 <sup>1</sup> / <sub>2</sub> (+0.8)	5.27 (+0.8)	5.16 (+0.5)	5.15 (+0.0)	5.27 (+0.0)	5.26 (+0.1)	5.14 (-1.4)	2(3)	6
4	PERFILIO, Madelynn		SO King's (Pa.)	5.12m 16' 9 <sup>3</sup> / <sub>4</sub> (-1.6)	4.82 (-1.1)	3.71 (-1.5)	5.05 (-0.9)	4.97 (+1.8)	5.12 (-1.6)	3.94 (-1.0)	2(4)	5
5	PELLER, Melissa		JR DeSales	5.03m 16' 6" (+0.0)	5.03 (+0.0)	FOUL	FOUL	4.97 (+0.0)	FOUL	FOUL	1(1)	4
6	HESS, Kaitlyn		SO Stevenson	5.02m 16' 5 <sup>3</sup> / <sub>4</sub> (+0.0)	4.89 (-0.3)	4.97 (-1.4)	4.94 (-0.8)	4.97 (+1.4)	5.01 (-0.8)	5.02 (+0.0)	2(5)	3
7	ILIESCU, Roxy		SR Arcadia	4.98m 16' 4 <sup>1</sup> / <sub>4</sub> (+0.0)	4.92 (+0.4)	4.55 (-0.3)	4.65 (-0.5)	4.51 (-1.2)	4.90 (-1.0)	4.98 (+0.0)	2(6)	2
8	CALLAHAN, Nyla		SO Albright	4.89m 16' 0 <sup>1</sup> / <sub>2</sub> (-0.4)	4.89 (-0.4)	4.82 (-0.5)	4.38 (-1.4)	4.68 (-0.3)	4.83 (-0.1)	4.66 (-0.9)	2(7)	1
9	CALDERON, Mileyska		FR Lebanon Vall	4.86m 15' 11 <sup>1</sup> / <sub>2</sub> (-1.2)	4.50 (-0.1)	4.76 (-1.5)	4.86 (-1.2)	4.86 (+1.2)	FOUL	FOUL	2(8)	
10	GRADY, Chloe		FR Lebanon Vall	4.75m 15' 7" (-0.1)	4.75 (-0.1)	4.63 (-1.9)	FOUL				1(2)	
11	MASONHEIMER, Paige		JR Arcadia	4.72m 15' 6" (+0.0)	3.85 (-0.1)	4.72 (+0.0)	4.64 (-0.1)				1(3)	
12	NUSE, Angela		FR York (Pa.)	4.70m 15' 5" (+0.7)	4.70 (+0.7)	4.60 (+0.6)	4.70 (-0.2)				2(9)	

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**RESULTS**

**#25 Women's Long Jump (cont'd)**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
13	CONTI, Abigail	FR	Misericordia	4.68m 15' 4 <sup>1</sup> / <sub>4</sub> (-0.4)	4.68 (-0.4)	4.51 (-1.8)	4.51 (+0.0)				1(4)	
14	FLEMING, Mia	FR	Arcadia	4.68m 15' 4 <sup>1</sup> / <sub>4</sub> (-1.0)	4.49 (-1.2)	4.68 (-1.0)	FOUL				2(10)	
15	DONMOYER, Mikaili	SO	DeSales	4.68m 15' 4 <sup>1</sup> / <sub>4</sub> (-1.2)	FOUL	4.68 (-1.2)	FOUL				2(12)	
16	HERNANDEZ-ALBINO, Janitza	FR	Eastern	4.63m 15' 2 <sup>1</sup> / <sub>4</sub> (-0.3)	4.63 (-0.3)	4.25 (+0.0)	4.62 (-0.8)				1(5)	
17	SCHOTT, Olivia	FR	Arcadia	4.63m 15' 2 <sup>1</sup> / <sub>4</sub> (+0.0)	4.35 (+0.0)	4.63 (+0.0)	4.41 (-0.1)				1(7)	
18	KOWALSKI, Isabella	JR	Arcadia	4.61m 15' 1 <sup>1</sup> / <sub>2</sub> (+0.0)	FOUL	FOUL	4.61 (+0.0)				1(7)	
19	SANTORO, Ella	JR	Stevens	4.59m 15' 0 <sup>3</sup> / <sub>4</sub> (+0.0)	4.57 (-0.4)	4.50 (-1.6)	4.59 (+0.0)				1(8)	
20	CASTILLO, Mylina	JR	Alvernia	4.56m 14' 11 <sup>1</sup> / <sub>2</sub> (-1.1)	FOUL	4.56 (-1.1)	4.54 (+1.1)				2(12)	
21	AARON, Megan	SO	Misericordia	4.53m 14' 10 <sup>1</sup> / <sub>2</sub> (-1.0)	4.53 (-1.0)	FOUL	FOUL				1(9)	
22	DAY, Skyliya	SO	Stevenson	4.49m 14' 8 <sup>3</sup> / <sub>4</sub> (-0.9)	4.46 (-0.9)	4.49 (-0.9)	4.18 (-0.5)				1(10)	
23	TIGHE, Caroline	JR	Stevens	4.47m 14' 8" (-0.1)	4.47 (-0.1)	4.41 (+0.6)	PASS				1(11)	
24	CRAMPTON, Catherine	FR	DeSales	4.47m 14' 8" (-0.2)	4.47 (-0.2)	FOUL	FOUL				2(13)	
25	HOXTER, Akilah	JR	Alvernia	4.45m 14' 7 <sup>1</sup> / <sub>4</sub> (+0.4)	4.45 (+0.4)	4.34 (-1.9)	4.30 (-0.3)				1(12)	
26	LAPINSKI, Maya	FR	Stevens	4.44m 14' 7" (+1.1)	3.97 (-1.9)	4.22 (+0.3)	4.44 (+1.1)				2(14)	
27	HAMLEN, Natalie	JR	Messiah	4.40m 14' 5 <sup>1</sup> / <sub>4</sub> (-0.4)	4.40 (-0.4)	FOUL	4.17 (-0.3)				1(13)	
	CRAGO, Emily	FR	Messiah	NM	FOUL	FOUL	FOUL				1	
	DALLMER, Olivia	SO	DeSales	NM	FOUL	FOUL	FOUL				2	

**#38 Women's Pole Vault**

Pl	Name	Yr	Team	Mark	2.35	2.50	2.65	2.80	2.95	3.05	3.15	3.25	3.35	Pts
R	MAC Outdoor		Abby Schaffer	3.91m										
	MAC Outdoor		Abby Schaffer	3.91m										
1	STEGER, Savannah	SR	Widener	3.25m 10' 8"	PPP	PPP	PPP	PPP	PPP	PPP	O	O	XXX	10
2	WITTER, Hannah	JR	Messiah	3.25m 10' 8"	PPP	PPP	PPP	PPP	PPP	XO	XO	XO	XXX	8
3	ORIEL, Emily	SO	Lebanon Vall	3.25m 10' 8"	PPP	PPP	PPP	PPP	PPP	XO	XXO	XXO	XXX	6
4	MEROLA, Alexis	FR	Stevens	3.15m 10' 4"	PPP	PPP	PPP	PPP	PPP	O	XO	XXX		5
5	MELE, Emma	JR	DeSales	3.05m 10' 0"	PPP	PPP	PPP	PPP	PPP	O	XXX			3.5
5	SNAVELY, Rachel	SR	Lebanon Vall	3.05m 10' 0"	PPP	PPP	PPP	PPP	PPP	O	XXX			3.5
7	CARPENTER, Paige	JR	Eastern	3.05m 10' 0"	PPP	PPP	PPP	PPP	O	XO	XXX			2
8	ZULTEVICZ, Victoria	JR	King's (Pa.)	3.05m 10' 0"	PPP	PPP	PPP	PPP	PPP	XXO	XXX			1
9	RYAZANOVA, Stephanie	SO	Stevens	2.80m 9' 2 <sup>1</sup> / <sub>4</sub>	PPP	PPP	PPP	O	XXX					
9	CALL, Olivia	JR	Messiah	2.80m 9' 2 <sup>1</sup> / <sub>4</sub>	O	O	O	O	XXX					
11	PORTO, Elizabeth	JR	King's (Pa.)	2.80m 9' 2 <sup>1</sup> / <sub>4</sub>	PPP	XO	XXO	XO	XXX					
12	WALTER, Remington	FR	Delaware Vall	2.80m 9' 2 <sup>1</sup> / <sub>4</sub>	PPP	O	O	XXO	XXX					
13	ESTEP, Hannah	FR	Messiah	2.65m 8' 8 <sup>1</sup> / <sub>4</sub>	O	O	O	XXX						
14	SIMPSON, Amanda	FR	Widener	2.65m 8' 8 <sup>1</sup> / <sub>4</sub>	XO	O	O	XXX						
15	PERFILIO, Madelynn	SO	King's (Pa.)	2.65m 8' 8 <sup>1</sup> / <sub>4</sub>	PPP	O	XXO	XXX						
16	CHANDRASEKHAR, Anjali	JR	Stevens	2.65m 8' 8 <sup>1</sup> / <sub>4</sub>	PPP	XO	XXO	XXX						

**#27 Women's Discus**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
R	MAC Outdoor		Meckes, Isabelle	45.35m								
	MAC Outdoor		Isabella Meckes	48.09m								
1	MULIAWAN, Ashley	JR	Stevens	39.85m 130' 9"	37.92	FOUL	39.85	FOUL	37.39	FOUL	2(1)	10
2	HARNOIS, Sofia	SO	York (Pa.)	39.71m 130' 3"	FOUL	38.43	36.37	FOUL	36.20	39.71	2(2)	8

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**RESULTS**

**#27 Women's Discus (cont'd)**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
3	RODRIGUEZ, Isabel	SO	Widener	37.63m 123' 5"	29.95	35.49	33.08	FOUL	35.48	37.63	2(3)	6
4	VARNER, Brandy	SO	King's (Pa.)	37.28m 122' 4"	35.75	FOUL	FOUL	FOUL	FOUL	37.28	2(4)	5
5	HILFERTY, Delaney	JR	King's (Pa.)	37.21m 122' 1"	34.33	37.00	37.21	36.11	35.16	36.10	2(5)	4
6	DODD, Savana	FR	Eastern	37.04m 121' 6"	FOUL	35.12	36.15	35.60	35.91	37.04	2(6)	3
7	SHOEMAKER, Katelyn	SO	King's (Pa.)	35.78m 117' 5"	31.84	33.55	35.78	33.82	FOUL	34.14	2(7)	2
8	REED, Caroline	SR	Lebanon Vall	35.70m 117' 1"	34.06	35.70	33.36	32.02	FOUL	FOUL	2(8)	1
9	WILDASIN, Reagan	FR	Stevenson	34.60m 113' 6"	34.45	FOUL	34.17	34.54	34.60	34.02	1(1)	
10	BELLOMO, Gabby	JR	Misericordia	34.13m 112' 0"	33.63	FOUL	34.13				2(9)	
11	BETZ, Alyssa	JR	Lebanon Vall	33.82m 110' 11"	FOUL	FOUL	33.82				2(10)	
12	STEENSTRA, Jaclyn	FR	Messiah	33.76m 110' 9"	33.76	FOUL	31.68				1(2)	
13	KIRK, Caitlin	FR	King's (Pa.)	33.59m 110' 2"	32.99	32.41	33.59				2(11)	
14	AGBEMBLE, Kyrarah	SO	Stevenson	33.08m 108' 6"	32.40	33.08	30.24				1(3)	
15	WILLIAMS, Margaret	SO	Albright	31.98m 104' 11"	30.82	31.98	FOUL				2(12)	
16	BUSSEY, Meghan	SO	Lebanon Vall	31.60m 103' 8"	29.87	29.99	31.60				1(4)	
17	SHERWOOD, Hailey	FR	York (Pa.)	31.18m 102' 3"	FOUL	FOUL	31.18				1(5)	
18	CROWLEY, Rhian	FR	King's (Pa.)	31.15m 102' 2"	FOUL	28.65	31.15				1(6)	
19	BELLUCCI, Anna	JR	King's (Pa.)	30.87m 101' 3"	27.90	30.87	FOUL				2(13)	
20	DIENG, Maysa	FR	Stevenson	30.47m 100' 0"	FOUL	30.47	28.37				1(7)	
21	LESKO, Isabella	SO	Alvernia	30.02m 98' 6"	26.25	FOUL	30.02				1(8)	
22	KING, Kaitlin	SO	York (Pa.)	29.89m 98' 1"	29.89	FOUL	25.94				1(9)	
23	SALZMANN, Rita	JR	DeSales	29.11m 95' 6"	24.43	FOUL	29.11				1(10)	
24	VENTURA, Anacarolina	FR	Stevens	27.51m 90' 3"	27.51	FOUL	25.96				2(14)	
25	MANIDIS, Sophia	FR	DeSales	23.97m 78' 8"	FOUL	FOUL	23.97				1(11)	
26	SVENDSEN, Brittney	FR	Delaware Vall	21.60m 70' 10"	FOUL	FOUL	21.60				1(12)	
	BAXTER, Donya	FR	Arcadia	NM	FOUL	FOUL	FOUL					1

**#44-5 Women's Outdoor Heptathlon Long Jump**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
R	MAC Outdoor	5.84m	Pena, Julia		York (Pa.)		5/4/2023	York College			
	MAC Outdoor	6.01m	Gina Dello Russor		Stevens		2022				
1	WALETZKI, Nicole	JR	Stevens	4.82m 15' 9 <sup>3</sup> / <sub>4</sub> (NW)	4.45	4.76	4.82				511
2	HAMLEN, Natalie	JR	Messiah	4.80m 15' 9" (NW)	4.43	4.80	4.44				506
3	KERVICK, Theresa	JR	Widener	4.80m 15' 9" (NW)	4.80	FOUL	FOUL				506
4	WEGMAN, Carolina	SO	Lebanon Vall	4.77m 15' 7 <sup>3</sup> / <sub>4</sub> (NW)	4.77	4.62	4.27				498
5	GIBSON, Giavanni	FR	Alvernia	4.76m 15' 7 <sup>1</sup> / <sub>2</sub> (NW)	4.76	4.59	FOUL				495
6	ZULTEVICZ, Victoria	JR	King's (Pa.)	4.57m 15' 0" (NW)	FOUL	4.37	4.57				446
7	CASTILLO, Gloria	JR	Hood	4.47m 14' 8" (NW)	4.33	4.47	4.35				421
8	SCHOTT, Olivia	FR	Arcadia	4.44m 14' 7" (NW)	3.99	4.39	4.44				413

**Women's Outdoor Heptathlon After 5 Events**

Pl	Athlete	Yr	Team	Points
1	KERVICK, Theresa	JR	Widener	2915
2	ZULTEVICZ, Victori	JR	King's (Pa.)	2912
3	HAMLEN, Natalie	JR	Messiah	2631
4	GIBSON, Giavanni	FR	Alvernia	2430
5	WEGMAN, Carolina	SO	Lebanon Valley	2382



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## RESULTS

### Men's Decathlon After 7 Events

Pl	Athlete	Yr	Team	Points
1	KIEFER, Brandon	SO	Stevens	4380
2	DUNKERTON, Gavi	JR	Messiah	4167
3	LANE, Travis	JR	King's (Pa.)	4152
4	MICHAJLUK, Graiso	FR	Lebanon Valley	4060
5	SABO, Alex	SR	Lebanon Valley	3965
6	MCGOVERN, Liam	SO	Messiah	3897
7	MCWILLIAMS, Xavi	JR	Stevens	3884
8	PROVAN, Josiah	SO	Messiah	3812
9	POWER, Benjamin	SR	Delaware Valley	3583
10	MARTIN, Matthew	SO	York (Pa.)	3556
11	HALL, Jackson	SR	Stevenson	3528
12	JOHNSON, James	SO	Stevens	3295

### #43-8 Men's Decathlon Pole Vault

Pl	Name	Yr	Team	Mark	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	Pts
R	MAC Outdoor	5.11m	Tim Moses						Messiah						5/7/2016
	MAC Outdoor	5.15m	Tim Moses						Messiah						2016
1	KIEFER, Brandon	SO	Stevens	3.90m 12' 9 <sup>1</sup> / <sub>2</sub> "	PPP	PPP	PPP	XXO	PPP	XO	PPP	XO	PPP	XXX	590
2	DUNKERTON, Gavin	JR	Messiah	3.60m 11' 9 <sup>3</sup> / <sub>4</sub> "	PPP	O	PPP	PPP	O	XXX					509
3	LANE, Travis	JR	King's (Pa.)	3.50m 11' 5 <sup>3</sup> / <sub>4</sub> "	O	XO	O	XO	XXX						482
4	MARTIN, Matthew	SO	York (Pa.)	3.30m 10' 10"	XO	O	XXX								431
5	MCGOVERN, Liam	SO	Messiah	3.20m 10' 6"	O	XXX									406
6	SABO, Alex	SR	Lebanon Vall	3.20m 10' 6"	XO	XXX									406
2	DUNKERTON, Gavin	JR	Messiah	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	509
3	LANE, Travis	JR	King's (Pa.)	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	482
4	MARTIN, Matthew	SO	York (Pa.)	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	PPP	XO	431
5	MCGOVERN, Liam	SO	Messiah	(cont'd)	PPP	PPP	PPP	PPP	PPP	O	PPP	PPP	O	O	406
6	SABO, Alex	SR	Lebanon Vall	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	PPP	XXO	406
7	MICHAJLUK, Graison	FR	Lebanon Vall	2.90m 9' 6 <sup>1</sup> / <sub>4</sub> "	PPP	PPP	XO	PPP	O	PPP	O	XO	XXX		333
8	MCWILLIAMS, Xavier	JR	Stevens	2.90m 9' 6 <sup>1</sup> / <sub>4</sub> "	PPP	O	O	O	O	XO	XO	XXO	XXX		333
9	PROVAN, Josiah	SO	Messiah	2.80m 9' 2 <sup>1</sup> / <sub>4</sub> "	PPP	XO	PPP	PPP	O	PPP	O	XXX			309
10	HALL, Jackson	SR	Stevenson	2.70m 8' 10 <sup>1</sup> / <sub>4</sub> "	O	O	PPP	XO	XO	XXO	XXX				286
11	POWER, Benjamin	SR	Delaware Vall	2.60m 8' 6 <sup>1</sup> / <sub>4</sub> "	PPP	PPP	O	PPP	XO	PPP	XXX				264
12	JOHNSON, James	SO	Stevens	2.40m 7' 10 <sup>1</sup> / <sub>2</sub> "	PPP	XO	XO	XXX							220

### Men's Decathlon After 8 Events

Pl	Athlete	Yr	Team	Points
1	KIEFER, Brandon	SO	Stevens	4970
2	DUNKERTON, Gavi	JR	Messiah	4676
3	LANE, Travis	JR	King's (Pa.)	4634
4	MICHAJLUK, Graiso	FR	Lebanon Valley	4393
5	SABO, Alex	SR	Lebanon Valley	4371
6	MCGOVERN, Liam	SO	Messiah	4303
7	MCWILLIAMS, Xavi	JR	Stevens	4217
8	PROVAN, Josiah	SO	Messiah	4121

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# RESULTS

## Men's Decathlon After 8 Events (cont'd)

Pl	Athlete	Yr	Team	Points
9	MARTIN, Matthew	SO	York (Pa.)	3987
10	POWER, Benjamin	SR	Delaware Valley	3847
11	HALL, Jackson	SR	Stevenson	3814
12	JOHNSON, James	SO	Stevens	3515
13	JOHNSON, Ethan	FR	Messiah	2100

## #43-9 Men's Decathlon Javelin

R	MAC Outdoor	68.91m	Matt Deamer	Susquehanna	2002
	MAC Outdoor	68.91m	Matt Deamer	Susquehanna	2002

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	KIEFER, Brandon	SO	Stevens	49.72m 163' 1"	44.43	49.72	44.06				584
2	LANE, Travis	JR	King's (Pa.)	49.49m 162' 4"	46.99	49.49	46.98				581
3	MCGOVERN, Liam	SO	Messiah	47.11m 154' 7"	40.44	47.11	FOUL				546
4	SABO, Alex	SR	Lebanon Vall	45.58m 149' 6"	42.98	FOUL	45.58				523
5	DUNKERTON, Gavin	JR	Messiah	43.97m 144' 3"	43.77	43.97	43.71				500
6	JOHNSON, James	SO	Stevens	40.75m 133' 8"	40.24	39.30	40.75				453
7	MICHAJLUK, Graison	FR	Lebanon Vall	34.30m 112' 6"	34.30	PASS	PASS				360
8	MARTIN, Matthew	SO	York (Pa.)	34.29m 112' 6"	FOUL	33.65	34.29				360
9	POWER, Benjamin	SR	Delaware Vall	30.90m 101' 4"	30.90	FOUL	FOUL				312
10	PROVAN, Josiah	SO	Messiah	30.15m 98' 11"	25.68	25.69	30.15				301
11	HALL, Jackson	SR	Stevenson	28.88m 94' 9"	28.88	28.25	FOUL				283
12	MCWILLIAMS, Xavier	JR	Stevens	23.71m 77' 9"	21.50	23.71	22.62				212
	JOHNSON, Ethan	FR	Messiah	NM							

## Men's Decathlon After 9 Events

Pl	Athlete	Yr	Team	Points
1	KIEFER, Brandon	SO	Stevens	5554
2	LANE, Travis	JR	King's (Pa.)	5215
3	DUNKERTON, Gavi	JR	Messiah	5176
4	SABO, Alex	SR	Lebanon Valley	4894
5	MCGOVERN, Liam	SO	Messiah	4849
6	MICHAJLUK, Graiso	FR	Lebanon Valley	4753
7	MCWILLIAMS, Xavi	JR	Stevens	4429
8	PROVAN, Josiah	SO	Messiah	4422
9	MARTIN, Matthew	SO	York (Pa.)	4347
10	POWER, Benjamin	SR	Delaware Valley	4159
11	HALL, Jackson	SR	Stevenson	4097
12	JOHNSON, James	SO	Stevens	3968
13	JOHNSON, Ethan	FR	Messiah	2100

## #37 Men's Pole Vault

R	MAC Outdoor	5.11m	Tim Moses	Messiah	5/7/2016
	MAC Outdoor	5.15m	Tim Moses	Messiah	2016

Pl	Name	Yr	Team	Mark	3.72	3.82	3.87	3.92	3.97	4.02	4.07	4.12	4.17	4.36	Pts
1	STANKUS, Ayden	JR	Lebanon Vall	4.17m 13' 8 <sup>1</sup> / <sub>4</sub> "	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	XXX	10
2	WEIGEL, Parker	FR	Stevenson	4.07m 13' 4 <sup>1</sup> / <sub>4</sub> "	PPP	XO	PPP	PPP	XO	PPP	O	XXX			8
3	MILLER, Kyle	SO	Stevens	4.02m 13' 2 <sup>1</sup> / <sub>4</sub> "	O	XO	O	XXO	O	XO	XXX				6

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#37 Men's Pole Vault (cont'd)

4	KIEFER, Brandon	SO Stevens	3.97m 13' 0 <sup>1</sup> / <sub>4</sub>	O	O	O	XPP	XO	XXX	5
5	SMITH, Grant	FR Lebanon Vall	3.97m 13' 0 <sup>1</sup> / <sub>4</sub>	XXO	XXO	XO	O	XO	XXX	4
6	WILSON, Aidan	SO Widener	3.92m 12' 10 <sup>1</sup> / <sub>4</sub>	XO	XXO	XXO	XO	XXX		3
7	ANANTHARAJAH, Andrew	JR Stevens	3.82m 12' 6 <sup>1</sup> / <sub>4</sub>	O	O	XXX				2
8	DICKMEYER, Sam	FR York (Pa.)	3.82m 12' 6 <sup>1</sup> / <sub>4</sub>	XO	O	XXX				1
9	SMELAND, Cole	FR Delaware Vall	3.72m 12' 2 <sup>1</sup> / <sub>2</sub>	O	XXX					
10	SOMMER, Gregory	FR Delaware Vall	3.72m 12' 2 <sup>1</sup> / <sub>2</sub>	XO	XXX					
11	PETERSON, Teddy	FR York (Pa.)	3.57m 11' 8 <sup>1</sup> / <sub>2</sub>	XXX						
12	PERSICO, Christopher	FR Stevens	3.57m 11' 8 <sup>1</sup> / <sub>2</sub>	XXX						

Pl	Name	Yr Team	Mark	3.42	3.57	Pts
3	MILLER, Kyle	SO Stevens	(cont'd)	PPP	XO	6
6	WILSON, Aidan	SO Widener	(cont'd)	XO	XXO	3
7	ANANTHARAJAH, Andrew	JR Stevens	(cont'd)	PPP	O	2
8	DICKMEYER, Sam	FR York (Pa.)	(cont'd)	PPP	O	1
9	SMELAND, Cole	FR Delaware Vall	(cont'd)	PPP	O	
10	SOMMER, Gregory	FR Delaware Vall	(cont'd)	PPP	XO	
11	PETERSON, Teddy	FR York (Pa.)	3.57m 11' 8 <sup>1</sup> / <sub>2</sub>	O	O	
12	PERSICO, Christopher	FR Stevens	3.57m 11' 8 <sup>1</sup> / <sub>2</sub>	PPP	XXO	

#42 Women's Shot Put

R	MAC Outdoor	14.31m	Christina Scherwin	Moravian	2003
	MAC Outdoor	15.04m	Lauren Lucci	Widener	2008

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	ROBINSON, Kayla	JR Widener	12.64m 41' 5 <sup>3</sup> / <sub>4</sub>	12.63	12.51	12.64	FOUL	12.59	11.39	2(1)	10
2	VARNER, Brandy	SO King's (Pa.)	11.90m 39' 0 <sup>1</sup> / <sub>2</sub>	11.24	FOUL	11.52	11.57	FOUL	11.90	2(2)	8
3	BAXTER, Donya	FR Arcadia	11.61m 38' 1 <sup>1</sup> / <sub>4</sub>	11.36	11.61	11.26	11.32	11.24	11.38	1(1)	6
4	DODD, Savana	FR Eastern	11.05m 36' 3"	9.52	10.63	10.44	10.27	11.05	10.51	2(3)	5
5	REED, Caroline	SR Lebanon Vall	10.92m 35' 10"	9.26	10.56	FOUL	10.92	10.29	10.70	2(4)	4
6	ASSANTE, Lauren	JR Lebanon Vall	10.89m 35' 8 <sup>3</sup> / <sub>4</sub>	9.93	10.56	10.64	FOUL	10.71	10.89	2(5)	3
7	FERSTER, Leah	JR Messiah	10.57m 34' 8 <sup>1</sup> / <sub>4</sub>	9.46	10.57	9.79	10.57	10.57	10.10	2(6)	2
8	HILFERTY, Delaney	JR King's (Pa.)	10.57m 34' 8 <sup>1</sup> / <sub>4</sub>	9.93	9.49	10.57	10.18	10.27	10.18	2(7)	1
9	BETZ, Alyssa	JR Lebanon Vall	10.46m 34' 4"	10.29	10.04	10.46	9.63	9.77	10.19	2(8)	
10	MCCLELLAND, Veronica	JR King's (Pa.)	10.39m 34' 1 <sup>1</sup> / <sub>4</sub>	10.22	9.84	10.39				2(9)	
11	BOCHICCHIO, Izabella	FR Misericordia	10.22m 33' 6 <sup>1</sup> / <sub>2</sub>	10.22	9.97	10.16				1(2)	
12	HARNOIS, Sofia	SO York (Pa.)	10.10m 33' 1 <sup>3</sup> / <sub>4</sub>	9.85	10.10	9.89				1(3)	
13	KIRK, Caitlin	FR King's (Pa.)	10.07m 33' 0 <sup>1</sup> / <sub>2</sub>	9.64	9.79	10.07				2(10)	
14	BELLOMO, Gabby	JR Misericordia	10.06m 33' 0 <sup>1</sup> / <sub>4</sub>	9.96	9.87	10.06				2(11)	
15	DIENG, Maysa	FR Stevenson	10.00m 32' 9 <sup>3</sup> / <sub>4</sub>	9.52	9.54	10.00				2(12)	
16	SVENDSEN, Brittney	FR Delaware Vall	9.53m 31' 3 <sup>1</sup> / <sub>4</sub>	8.76	9.15	9.53				1(4)	
17	ZECHMAN, Taileen	JR Hood	9.36m 30' 8 <sup>1</sup> / <sub>2</sub>	9.13	8.68	9.36				1(5)	
18	GIULIANO, Mikayla	FR Alvernia	9.21m 30' 2 <sup>3</sup> / <sub>4</sub>	9.21	8.25	8.20				1(6)	
19	ANTICO, Amanda	JR Stevens	9.18m 30' 1 <sup>1</sup> / <sub>2</sub>	8.55	9.18	9.02				1(7)	
20	KLINE, Emma	FR Eastern	9.18m 30' 1 <sup>1</sup> / <sub>2</sub>	8.98	8.95	9.18				1(9)	
21	WILDASIN, Reagan	FR Stevenson	9.10m 29' 10 <sup>1</sup> / <sub>4</sub>	8.86	9.04	9.10				2(13)	
22	BUSSEY, Meghan	SO Lebanon Vall	9.08m 29' 9 <sup>1</sup> / <sub>2</sub>	8.70	9.08	FOUL				1(9)	
23	JOHNSON, Ebony	FR Eastern	8.87m 29' 1 <sup>1</sup> / <sub>4</sub>	8.68	8.84	8.87				1(10)	
24	PLECHNER, Greta	SO Lebanon Vall	8.72m 28' 7 <sup>1</sup> / <sub>2</sub>	8.72	FOUL	8.64				1(11)	

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**RESULTS**

**#42 Women's Shot Put (cont'd)**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
	EDMOND, Orianna	FR	Albright	NM								1

**#40 Men's Javelin**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
R	MAC Outdoor		Matt Deamer	68.91m								
	MAC Outdoor		Matt Deamer	68.91m								
1	PAUL, Ian	JR	Lebanon Vall	59.73m 195' 11"	58.52	55.62	55.27	53.14	59.73	57.33		10
2	GUERIERI, Nicholas	FR	Lebanon Vall	55.27m 181' 4"	53.51	54.96	51.30	51.98	55.27	50.54		8
3	BONO, Jacob	FR	York (Pa.)	53.08m 174' 2"	53.08	51.18	FOUL	51.37	52.67	47.18		6
4	LANE, Travis	JR	King's (Pa.)	50.76m 166' 6"	46.36	47.18	50.76	46.03	44.19	FOUL		5
5	WOO, Darron	FR	Arcadia	49.60m 162' 9"	47.91	39.11	47.72	41.55	48.90	49.60		4
6	BASSLER, Alex	SO	Delaware Vall	48.65m 159' 7"	FOUL	48.65	45.45	46.60	48.46	FOUL		3
7	WATSON, Dane	SO	DeSales	48.60m 159' 5"	45.98	48.60	47.17	45.20	46.06	46.46		2
8	JONES, Ethan	FR	York (Pa.)	48.11m 157' 10"	48.11	46.23	FOUL	47.56	FOUL	FOUL		1
9	MACALUSO, Riley	SO	Misericordia	47.48m 155' 9"	47.48	45.41	43.20	45.46	44.03	45.70		
10	STEMPIN, Alex	SO	Widener	47.19m 154' 10"	46.73	47.06	47.19					
11	MAYER, Billy	JR	Delaware Vall	43.49m 142' 8"	FOUL	38.56	43.49					
12	MCGOVERN, Liam	SO	Messiah	41.47m 136' 1"	41.47	41.05	39.54					
13	LECHTHALER, Hoyt	JR	Messiah	41.32m 135' 7"	41.32	39.52	FOUL					

**#36 Men's Triple Jump**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
R	MAC Outdoor		Mike Williams	15.28m								
	MAC Outdoor		Mike Williams	15.28m								
1	MCGRAW, Matayo	FR	Widener	14.95m 49' 0 <sup>3</sup> / <sub>4</sub> (+0.5)	FOUL	14.00 (+0.9)	FOUL	FOUL	14.95 (+0.5)	14.91 (+0.0)	2(1)	10
2	PHOENIX, Xavier	SR	DeSales	14.43m 47' 4 <sup>1</sup> / <sub>4</sub> (+0.5)	14.43 (+0.5)	13.71 (+0.0)	PASS	14.00 (+0.0)	14.05 (+0.6)	13.91 (+0.0)	2(2)	8
3	SAMS, Myles	JR	Arcadia	14.19m 46' 6 <sup>3</sup> / <sub>4</sub> (+0.0)	13.39 (+0.5)	13.42 (+0.3)	13.54 (+0.7)	14.19 (+0.0)	13.93 (+1.3)	FOUL	2(3)	6
4	BROWN, D'Maari	SO	FDU-Florham	14.00m 45' 11 <sup>1</sup> / <sub>4</sub> (+0.6)	13.57 (+0.0)	13.83 (+1.4)	14.00 (+0.6)	FOUL	FOUL	13.47 (+0.0)	2(4)	5
5	MCCULLOUGH, Elijah	FR	Eastern	13.34m 43' 9 <sup>1</sup> / <sub>4</sub> (+0.3)	FOUL	12.53 (+1.9)	13.03 (+0.1)	13.34 (+0.3)	13.28 (+0.1)	13.17 (+0.0)	2(5)	4
6	MAHONEY, Jack	SR	York (Pa.)	13.23m 43' 5" (+0.3)	13.23 (+0.3)	13.23 (+1.0)	12.83 (+0.0)	FOUL	FOUL	FOUL	2(6)	3
7	SIMAK, Weston	FR	DeSales	13.23m 43' 5" (+0.0)	12.75 (+0.3)	13.02 (+0.6)	13.23 (+0.0)	12.83 (+0.5)	11.73 (+1.3)	FOUL	2(10)	2
8	BRUNELLE, Matthieu	JR	Misericordia	13.07m 42' 10 <sup>3</sup> / <sub>4</sub> (+0.1)	13.07 (+0.1)	12.62 (+0.4)	13.00 (+0.0)	FOUL	FOUL	FOUL	2(8)	1
9	MILLER, Cody	FR	King's (Pa.)	12.83m 42' 1 <sup>1</sup> / <sub>4</sub> (+1.0)	12.33 (+0.5)	12.12 (+0.8)	12.83 (+1.0)	FOUL	PASS	PASS	2(9)	
10	DEMOSTHENE, Lens	FR	DeSales	12.72m 41' 8 <sup>3</sup> / <sub>4</sub> (+0.7)	12.50 (+0.6)	12.72 (+0.7)	12.70 (+0.0)				1(1)	
11	KERR, Landon	JR	Messiah	12.38m 40' 7 <sup>1</sup> / <sub>2</sub> (+0.7)	12.21 (+0.0)	12.38 (+0.7)					1(2)	
12	CRAMER, Jacob	JR	Messiah	12.32m 40' 5" (+0.7)	12.14 (+0.3)	12.08 (+0.0)	12.32 (+0.7)				2(10)	
13	ZIEGLER, Jake	JR	Alvernia	12.15m 39' 10 <sup>1</sup> / <sub>2</sub> (+0.0)	12.15 (+0.0)						1(3)	
14	SKULSKI, Peter	SO	DeSales	12.07m 39' 7 <sup>1</sup> / <sub>4</sub> (+0.7)	12.07 (+0.7)	11.73 (+0.0)					1(4)	
15	KEITEL, Noah	JR	Messiah	12.05m 39' 6 <sup>1</sup> / <sub>2</sub> (+0.5)	12.05 (+0.5)	11.83 (+0.3)	11.64 (+0.1)				1(5)	
16	LIM, Joshua	FR	Stevens	12.04m 39' 6" (+0.0)	11.78 (+0.5)	12.04 (+0.0)	12.00 (+0.0)				1(6)	
17	BENNIE, Patrick	JR	King's (Pa.)	12.02m 39' 5 <sup>1</sup> / <sub>4</sub> (+2.3)	11.82 (+0.3)	12.02 (+2.3)	11.85 (+0.3)				1(7)	
18	GAJEWSKI, Justin	FR	Stevens	11.54m 37' 10 <sup>1</sup> / <sub>2</sub> (+1.2)	11.53 (+0.1)	11.54 (+1.2)					1(8)	
19	ABREU, Jaden	FR	Arcadia	11.54m 37' 10 <sup>1</sup> / <sub>2</sub> (+0.0)	11.54 (+0.0)	11.49 (+0.0)					1(10)	
20	HOLZSCHUH, James	FR	King's (Pa.)	11.50m 37' 8 <sup>3</sup> / <sub>4</sub> (+0.4)	11.50 (+0.4)	11.22 (+0.0)					1(10)	
21	FRAZIER, Devon	SO	Misericordia	11.12m 36' 5 <sup>3</sup> / <sub>4</sub> (+1.0)	11.12 (+1.0)						1(11)	



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RESULTS

#36 Men's Triple Jump (cont'd)

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
	OTTO, Joshua		SR Lebanon Vall	NM								1
	FALL, Ibrahim		SO FDU-Florham	NM	FOUL	FOUL	PASS					2
	PROVAN, Brendan		SR Messiah	NM								2
	STEELE, John		JR Messiah	NM	FOUL	PASS	PASS					2

#39 Women's Javelin

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
R	MAC Outdoor	50.19m	Christina Scherwin									
	MAC Outdoor	55.98m	Christina Scherwin									
1	SNYDER, Alexandra		JR Misericordia	39.33m 129' 0"	33.37	35.86	33.24	39.33	FOUL	38.46	2(1)	10
2	SHOEMAKER, Katelyn		SO King's (Pa.)	38.77m 127' 2"	38.28	35.81	36.07	37.59	34.04	38.77	2(2)	8
3	SNYDER, Kaitlyn		SO Lebanon Vall	37.84m 124' 2"	31.92	33.01	35.91	34.13	37.84	37.18	2(3)	6
4	STOVER, Morgan		SO Misericordia	35.81m 117' 6"	35.81	33.57	32.95	35.03	33.81	33.03	2(4)	5
5	HADDON, Elle		FR Albright	35.30m 115' 10"	32.68	35.30	31.45	35.01	33.42	33.50	2(5)	4
6	ZECHMAN, Taileen		JR Hood	34.10m 111' 10"	29.60	27.36	34.10	28.10	29.67	32.90	2(6)	3
7	ANTICO, Amanda		JR Stevens	33.75m 110' 9"	30.69	32.35	28.88	29.56	33.75	33.10	1(1)	2
8	RAMSEY, Ruby		JR Messiah	33.08m 108' 6"	33.04	32.69	32.05	32.11	33.08	30.54	2(7)	1
9	LESKO, Isabella		SO Alvernia	32.50m 106' 7"	32.50	27.43	26.06	31.28	28.25	28.85	2(8)	
10	CARR, Tatina		SO Widener	31.05m 101' 10"	28.32	31.05	29.13				1(2)	
11	BADGER, Valerie		SO Misericordia	31.02m 101' 9"	28.15	31.02	30.20				2(9)	
12	WILDASIN, Reagan		FR Stevenson	29.57m 97' 0"	FOUL	28.63	29.57				1(3)	
13	WOLFE, Macey		JR Messiah	28.90m 94' 10"	FOUL	28.90	FOUL				1(4)	
14	GUAGENTI, Cara		SO Stevenson	28.51m 93' 6"	FOUL	28.51	26.70				1(5)	
15	MYERS, Zoe		JR York (Pa.)	28.34m 93' 0"	27.72	28.34	27.51				2(10)	
16	HILFERTY, Delaney		JR King's (Pa.)	27.94m 91' 8"	25.52	27.94	26.94				1(6)	
17	KTYTOR, Sarah		SR Arcadia	27.28m 89' 6"	FOUL	27.28	26.76				1(7)	
18	SOERENS, Evangeline		SO Messiah	27.21m 89' 3"	27.21	24.97	22.84				1(8)	

#41 Men's Shot Put

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
R	MAC Outdoor	18.00m	Trevor Stutzman									
	MAC Outdoor	18.00m	Trevor Stutzman									
1	MOTT, Andrew		SR York (Pa.)	16.32m 53' 6 1/2	16.21	FOUL	FOUL	15.99	16.32	15.60	2(1)	10
2	WILLIAMS, Nathan		JR Stevenson	15.56m 51' 0 3/4	15.28	15.23	FOUL	14.49	FOUL	15.56	2(2)	8
3	WITMER, Alexander		FR Alvernia	14.58m 47' 10"	13.31	13.91	14.08	FOUL	12.15	14.58	2(3)	6
4	WATERS, David		SR Widener	13.97m 45' 10"	FOUL	12.75	13.45	13.79	13.85	13.97	2(4)	5
5	PEROT, Brandon		JR Delaware Vall	13.83m 45' 4 1/2	13.48	13.28	13.64	13.65	13.83	13.61	2(5)	4
6	KEMP, Carnell		JR King's (Pa.)	13.60m 44' 7 1/2	12.95	13.60	FOUL	FOUL	FOUL	FOUL	2(6)	3
7	SCHAEFFER, Jacob		JR DeSales	13.51m 44' 4"	13.51	13.13	FOUL	13.17	12.75	FOUL	2(7)	2
8	MAHANA, James		SO Delaware Vall	13.37m 43' 10 1/2	13.21	13.37	FOUL	13.00	FOUL	FOUL	2(8)	1
9	SHARP, Harrison		SR York (Pa.)	13.32m 43' 8 1/2	12.87	FOUL	13.32	13.30	FOUL	FOUL	2(9)	
10	SHAY, Cody		JR Lebanon Vall	13.22m 43' 4 1/2	13.22	12.53	12.38				1(1)	
11	BORDOVSKY, Nick		SO York (Pa.)	13.13m 43' 1"	11.58	12.30	13.13				1(2)	
12	MARTINEZ, Jacob		FR King's (Pa.)	13.11m 43' 0 1/4	13.11	11.67	12.11				1(3)	
13	LECHTHALER, Ted		FR Messiah	12.92m 42' 4 3/4	12.92	12.49	12.38				2(10)	

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**RESULTS**

**#41 Men's Shot Put (cont'd)**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
14	TOBIN, Luke	FR	Lebanon Vall	12.78m 41' 11 1/4	11.88	12.78	11.92				1(4)	
15	HOWELL, Conrad	SR	Widener	12.76m 41' 10 1/2	12.55	12.76	12.12				1(5)	
16	SHARP, Grant	FR	Alvernia	12.72m 41' 8 3/4	11.99	FOUL	12.72				1(6)	
17	WENTZ, Gavin	SO	York (Pa.)	12.68m 41' 7 1/4	12.36	12.47	12.68				2(11)	
18	BOSMA, Luke	FR	Messiah	12.28m 40' 3 1/2	8.21	10.07	12.28				1(7)	
19	ROLLINSON, Aidan	SO	York (Pa.)	12.23m 40' 1 1/2	FOUL	12.23	FOUL				1(8)	
20	NOBLIT, Adam	JR	York (Pa.)	12.22m 40' 1 1/4	11.51	11.85	12.22				1(9)	
21	PAUL, Ian	JR	Lebanon Vall	12.07m 39' 7 1/4	11.84	12.07	FOUL				2(12)	
22	KINSLEY, Cooper	SO	Stevens	11.47m 37' 7 3/4	10.72	11.10	11.47				1(10)	
23	GIHR, Stephen	SO	Misericordia	11.27m 36' 11 3/4	11.27	11.11	FOUL				1(11)	
24	WELLINGTON, Giovanni	SO	DeSales	11.04m 36' 2 3/4	11.04	FOUL	10.80				1(12)	
25	TANG, Jetli	SR	King's (Pa.)	9.97m 32' 8 1/2	FOUL	9.97	FOUL				1(13)	
	GRAY, Cory	SO	Alvernia	NM							2	
	EVANICK, G. Aonghas	SO	Lebanon Vall	NM	FOUL	FOUL	FOUL				2	

**#35 Women's Triple Jump**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
R	MAC Outdoor	11.94m	Felix, Shinelle		Alvernia		5/4/2023	York College				
	MAC Outdoor	12.40m	Shinelle Felix		Alvernia		2023	NCAA				
1	FELIX, Shinelle	JR	Alvernia	11.94m 39' 2 1/4 (+0.0)	11.94 (+0.0)	11.52 (+1.1)	11.71 (+0.0)				2(1)	10
2	ROBINSON, Kayla	JR	Widener	11.71m 38' 5" (+0.0)	11.31 (+0.0)	11.22 (+0.0)	11.32 (+1.1)	11.25 (+0.0)	11.55 (+0.7)	11.71 (+0.0)	2(2)	8
3	VARGAS, Elena	JR	Messiah	11.34m 37' 2 1/2 (+0.0)	11.16 (+0.0)	11.05 (+0.0)	10.67 (+0.3)	11.34 (+0.0)	11.11 (+0.1)		2(3)	6
4	CASTILLO, Mylina	JR	Alvernia	11.32m 37' 1 3/4 (+0.4)	11.12 (+0.0)	11.31 (+0.0)	10.04 (+0.0)	10.92 (+0.0)	11.25 (+0.5)	11.32 (+0.4)	2(4)	5
5	HESS, Kaitlyn	SO	Stevenson	10.86m 35' 7 3/4 (+0.6)	10.15 (+1.6)	10.82 (+0.4)	10.63 (+0.8)	10.30 (+0.4)	10.82 (+0.0)	10.86 (+0.6)	2(5)	4
6	PERFILIO, Madelynn	SO	King's (Pa.)	10.59m 34' 9" (+0.0)	10.16 (+0.2)	10.34 (+0.5)	10.11 (+0.9)	10.12 (+0.1)	10.28 (+1.2)	10.59 (+0.0)	2(6)	3
7	FLEMING, Mia	FR	Arcadia	10.48m 34' 4 3/4 (+0.6)	10.48 (+0.6)	10.38 (+0.5)	10.30 (+1.6)				2(7)	2
8	CRAMPTON, Catherine	FR	DeSales	10.46m 34' 4" (+0.9)	9.83 (+0.0)	10.41 (+0.5)	10.25 (+0.0)	10.46 (+0.9)			2(8)	1
9	WILLIAMS, Kristen	JR	Stevens	10.39m 34' 1 1/4 (+1.1)	10.32 (+0.0)	9.85 (+0.0)	10.04 (+0.3)	10.15 (+0.0)	10.26 (+0.0)	10.39 (+1.1)	2(9)	
10	CALL, Olivia	JR	Messiah	10.28m 33' 8 3/4 (+1.2)	10.19 (+0.5)	9.78 (+0.0)	10.28 (+1.2)				2(10)	
11	HERNANDEZ-ALBINO, Janitza	FR	Eastern	10.21m 33' 6" (+0.0)	10.21 (+0.0)	10.00 (+0.0)	10.01 (+0.0)				1(1)	
12	DONMOYER, Mikaili	SO	DeSales	10.18m 33' 4 3/4 (+0.0)	10.18 (+0.0)	10.18 (+0.1)	10.02 (+0.0)				1(2)	
13	AARON, Megan	SO	Misericordia	10.17m 33' 4 1/2 (+0.0)	10.17 (+0.0)						1(3)	
14	HOXTER, Akilah	JR	Alvernia	9.98m 32' 9" (+0.0)	9.98 (+0.0)	9.71 (+0.0)	9.58 (+0.0)				2(11)	
15	KOWALSKI, Isabella	JR	Arcadia	9.95m 32' 7 3/4 (+0.0)	9.59 (+0.0)	9.95 (+0.0)	9.55 (+0.0)				1(4)	
16	CONTI, Abigail	FR	Misericordia	9.87m 32' 4 3/4 (+0.0)	9.64 (+0.0)	9.87 (+0.0)	9.55 (+0.2)				1(5)	
17	GRADY, Chloe	FR	Lebanon Vall	9.83m 32' 3" (+0.3)	9.83 (+0.3)	9.81 (+0.0)					1(6)	
18	SCHOTT, Olivia	FR	Arcadia	9.80m 32' 2" (+0.0)	9.63 (+0.3)	9.66 (+0.2)	9.80 (+0.0)				1(7)	
19	SANTORO, Ella	JR	Stevens	9.45m 31' 0" (+0.0)	9.29 (+0.7)	9.45 (+0.0)					1(8)	
20	THUNBERG, Haley	JR	Lebanon Vall	9.34m 30' 7 3/4 (+0.4)	9.34 (+0.4)						1(9)	
21	MILLER, Claire	JR	Messiah	9.06m 29' 8 3/4 (+0.0)	8.89 (+0.6)	9.06 (+0.0)					1(10)	

**Men's Scores**

Pl	Team	Code	Score
1	Lebanon Valley	LEBA	162
2	Widener	WIDE	101
3	DeSales	DESA	90

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**RESULTS****Men's Scores (cont'd)**

Pl	Team	Code	Score
4	Stevens	STEV	78
5	York (Pa.)	YOPA	58.6
6	Misericordia	MISE	57
6	Stevenson	STMD	57
8	King's (Pa.)	KING	53
9	Messiah	MESS	45.6
10	FDU-Florham	FDUF	30.6
11	Hood	HOOD	27.6
12	Alvernia	ALVE	26
13	Arcadia	ARCA	24
14	Delaware Valley	DEVA	23
15	Eastern	EAPA	17
16	Albright	ALBR	4.6

**Women's Scores**

Pl	Team	Code	Score
1	Widener	WIDE	197
2	Stevens	STEV	123
3	Lebanon Valley	LEBA	95.5
4	King's (Pa.)	KING	78
5	Alvernia	ALVE	68
6	Messiah	MESS	60
7	Misericordia	MISE	58
8	York (Pa.)	YOPA	33
9	Eastern	EAPA	32
10	DeSales	DESA	27.5
11	Arcadia	ARCA	25
12	Albright	ALBR	17
13	FDU-Florham	FDUF	12
14	Hood	HOOD	11
14	Delaware Valley	DEVA	11
16	Stevenson	STMD	10