

2001 Middle Atlantic Conference Indoor Track and Field Championships
February 24, 2001 at Widener University, Schwartz Athletic Center

MEN															Wgt	Shot	High	Long	Triple	Pole	SCORE
	55	200	400	800	1500	5000	55 Har	4x160	4x400	4x800	DistMe	Throw	Put	Jump	Jump	Jump	Vault				
Widener	14	29	8	24	18	4		10	10	10	2	27	16		10	10		192			
Messiah				4			15	8	1	6	1			13	10	9	10	77			
Moravian	8		10		6	1		2	6	4	8	4		8	3	4	1	65			
Susquehanna			10			8	10	4	8	2	6		1			2		51			
Elizabethtown				1	2	18				8	10		4	4				47			
Juniata	2			2	4		6		4				10	6			10	46			
Lebanon Valley		2						6							8		6	22			
DeSales					1			1		1	4						6	13			
Albright	6		1						2									9			
Delaware Valley																		4			

WOMEN	30	31	31	31	31	31	31	31	31	31	31	31	31	31	31	31	31	31	31
Moravian		1	14	28	24	10	8	6	10	10	10	20	22	4	4	3	8	182	
Messiah	8		10	2	7	12	4	2	4	8	8			1	1	8	6	81	
Widener	8	12	2			6	6	10		6	2	5	7	10	8	4		80	
Elizabethtown						6	10	1	1					8	10	10	10	46	
Albright	10	10						8		1	1			6	2		4.5	42.5	
DeSales			1	1			1		2	6	6		2					24	
Juniata	4	8					1		8					2				23	
Susquehanna						3	2		2							6		21	
Lebanon Valley	1		4					4			4						0.5	15.5	
Delaware Valley																		2	

Most Outstanding Performers:
 Heidi Wolfsberger, Moravian College
 Michael Coleman, Widener University
Hope Myers Thrower of the Meet:
 Alex Moor, Widener University

MEN'S 55 Meter Dash**MAC Record**

6.45 Jerome Robinson, Widener, 2001

NCAA 'A'

6.34

NCAA 'B'

6.43

HEAT TIME

Jerome Robinson	Widener	6.55 HW
Kevin Bush	Moravian	6.74 HW
Bob Morcom	DeSales	6.74 HW
Ashley Mort	Juniata	6.75 HW
Anthony Giles	Widener	6.75 HW
Bona Sumner	Albright	6.84 HW
Doug Joseph	Moravian	6.76
Jason Jenkins	Widener	6.81
William McGee	Albright	6.83
Tom Kuhn	Lebanon Valley	6.84
Beau Heeps	Susquehanna	6.87
Dante Trader	Widener	6.89
Jim Jones	Widener	6.89
Greg Hayles	Widener	6.93
Anthony Merz	Moravian	7.00
Jimmie Gray	Juniata	7.01
Norm Frey	DeSales	7.01
Mitch Gibson	Lebanon Valley	7.02
John Green	Susquehanna	7.08
Jason Warner	Susquehanna	7.08
Bart Schindler	Widener	7.11
James Berry	Widener	7.11
Nick Torsiello	Albright	7.13
Michael Gandy	Widener	7.20
Joe Heller	Messiah	7.24
Mike Galli	Elizabethtown	7.29
Jim McIntyre	Moravian	7.298
Kevin Miller	DeSales	7.299
Chris McGinnis	Moravian	7.37
Eric Paul	Moravian	7.41
Greg Cardullo	DeSales	7.42
Bill Buckley	DeSales	7.54

FINALS

Jerome Robinson	Widener	6.45
Kevin Bush	Moravian	6.70
Bona Sumner	Albright	6.733
Anthony Giles	Widener	6.738
Ashley Mort	Juniata	6.78
Bob Morcom	DeSales	DQ

FINAL PLACES

		FINAL TIME	POINTS
1	Jerome Robinson	Widener 6.45 MAC RECORD	10
2	Kevin Bush	Moravian 6.70	8
3	Bona Sumner	Albright 6.733	6
4	Anthony Giles	Widener 6.738	4
5	Ashley Mort	Juniata 6.78	2
	Bob Morcom	DeSales DQ	
6	Doug Joseph	Moravian 6.76	
7	Jason Jenkins	Widener 6.81	
8	William McGee	Albright 6.83	
9	Tom Kuhn	Lebanon Valley 6.84	

10 Beau Heeps	Susquehanna	6.87
11 Dante Trader	Widener	6.89
12 Jim Jones	Widener	6.89
13 Greg Hayles	Widener	6.93
14 Anthony Merz	Moravian	7.00
15 Jimmie Gray	Juniata	7.01
16 Norm Frey	DeSales	7.01
17 Mitch Gibson	Lebanon Valley	7.02
18 John Green	Susquehanna	7.08
19 Jason Warner	Susquehanna	7.08
20 Bart Schindler	Widener	7.11
21 James Berry	Widener	7.11
22 Nick Torsiello	Albright	7.13
23 Michael Gandy	Widener	7.20
24 Joe Heller	Messiah	7.24
25 Mike Galli	Elizabethtown	7.29
26 Jim McIntyre	Moravian	7.298
27 Kevin Miller	DeSales	7.299
28 Chris McGinnis	Moravian	7.37
29 Eric Paul	Moravian	7.41
30 Greg Cardullo	DeSales	7.42
31 Bill Buckley	DeSales	7.54

MEN'S 200 Meter Dash
MAC Record

22.88 Tony Brown, Widener, 2000

		FINAL TIME	POINTS
1 Michael Coleman	Widener	23.37	10
2 Anthony Giles	Widener	23.492	8
3 Jerome Robinson	Widener	23.494	6
4 Jim Jones	Widener	23.56	4
5 Tom Kuhn	Lebanon Valley	23.82	2
6 Jason Jenkins	Widener	23.83	1
7 Nathan Tuttle	Widener	23.84	
8 Beau Heeps	Susquehanna	23.97	
9 Kevin Bush	Moravian	23.97	
10 Bona Sumner	Albright	24.05	
11 Doe Slanger	Widener	24.05	
12 Bob Morcom	DeSales	24.17	
13 Dante Trader	Widener	24.25	
14 McDonald Roberts	Widener	24.25	
15 Larry Currie	Widener	24.45	
16 Garrison Lockley	Widener	24.90	
17 Greg Hayles	Widener	25.12	
18 Ben Mellish	Lebanon Valley	25.17	
19 Jimmie Gray	Juniata	25.31	
20 Eugene Williams	DeSales	25.33	
21 Mitch Gibson	Lebanon Valley	25.37	
22 Brian Mee	DeSales	25.41	
23 Nick Torsiello	Albright	25.53	
24 Mike Galli	Elizabethtown	25.59	
25 Matt Russell	Lebanon Valley	25.65	
26 Jim McIntyre	Moravian	25.75	
27 Jason Warner	Susquehanna	25.76	
28 Michael Gandy	Widener	25.79	
29 Eric Paul	Moravian	25.94	
30 Kevin Miller	DeSales	26.19	

31 Ashley Mort	Juniata	26.28
32 Chris McGinnis	Moravian	26.33
33 Greg Cardullo	DeSales	26.59

MEN'S 400 Meter Dash

MAC Record	51.05 Pete Landon, Haverford, 1992
NCAA 'A'	49.84
NCAA 'B'	50.47

		FINAL TIME	POINTS
1 Josh Heebner	Moravian	52.26	10
2 Doe Slanger	Widener	53.18	8
3 Jason Ward	Susquehanna	53.39	6
4 Matt Shingara	Susquehanna	53.90	4
5 Nick Wolfe	Juniata	53.94	2
6 Jason Scheerer	Albright	53.98	1
7 Clint Swartz	Susquehanna	54.36	
8 Josh Martin	Lebanon Valley	54.49	
9 Nick Hoffman	Susquehanna	54.67	
10 Aaron Lyle	Elizabethtown	54.94	
11 Bryan McGuire	DeSales	55.30	
12 Aaron Fairbanks	Susquehanna	55.55	
13 Patrick Abello	Susquehanna	56.18	
14 James Foreman	Susquehanna	56.53	
15 Eric Paul	Moravian	56.58	
16 Bart Schindler	Widener	56.61	
17 Chris Colley	Moravian	56.77	
18 Mike Colancecco	Susquehanna	57.20	
19 Jim McIntyre	Moravian	57.36	
20 Chris McGinnis	Moravian	57.93	

MEN'S 800 Meter Run

MAC Record	1:57.70 Will Brownback, Widener, 2001
NCAA 'A'	1:52.75
NCAA 'B'	1:54.40

		FINAL TIME	POINTS
1 Will Brownback	Widener	1:57.70 MAC RECORD	10
2 Matt Doumaux	Widener	1:59.81	8
3 Bobby Ward	Widener	2:00.26	6
4 Matthew Wilson	Messiah	2:00.34	4
5 Noah Fredette	Juniata	2:00.78	2
6 Sean Mulcahy	Elizabethtown	2:01.72	1
7 George Wacker	Moravian	2:08.00	
8 Peter Nesbit	Messiah	2:08.25	
9 Darin Hickethier	Messiah	2:09.93	
10 John Pearson	DeSales	2:11.25	
11 Steve Lafferty	Delaware Valley	2:13.49	
12 Tom Pescatore	DeSales	2:14.21	

MEN'S 1,500 Meter Run

MAC Record	3:58.74 Steve Monaco, Franklin & Marshall, 1993
NCAA 'A'	3:53.80
NCAA 'B'	3:57.84

		FINAL TIME	POINTS
1 Matt Doumaux	Widener	4:10.51	10
2 Dave McGuire	Widener	4:12.55	8
3 Joe Grady	Moravian	4:13.54	6

4	Noah Fredette	Juniata	4:13.87	4
5	Kevin Roe	Elizabethtown	4:14.68	2
6	Rick Carminati	DeSales	4:17.05	1
7	Matt Pettit	Elizabethtown	4:20.21	
8	Dennis Soden	DeSales	4:22.38	
9	Brent Hurley	Albright	4:24.72	
10	Eli Landers	Messiah	4:26.66	
11	Damon Rutherford	Moravian	4:26.80	
12	Keith Greenawalt	Elizabethtown	4:27.83	
13	Steve Lafferty	Delaware Valley	4:29.03	
14	Justin Arnold	Moravian	4:29.66	
15	Vic Longo	DeSales	4:35.75	
16	Andy Hannah	Delaware Valley	4:38.25	
17	Eric Larsen	DeSales	4:43.28	
18	Matt Long	Albright	4:44.99	
19	Chris Heidenreich	Messiah	4:58.03	

MEN'S 5,000 Meter Run

MAC Record	14:51.67	Frank McGovern, Widener, 1992
NCAA 'A'	14:41.48	
NCAA 'B'	14:55.04	

			FINAL TIME	POINTS
1	Dave Berdan	Elizabethtown	15:10.63	10
2	Dustin Scott	Elizabethtown	15:22.35	8
3	Mike Lehtonen	Susquehanna	15:33.23	6
4	Tim Callinan	Widener	15:34.45	4
5	Ryan Gleason	Susquehanna	15:42.32	2
6	Wes Zimmerman	Moravian	15:49.34	1
7	Josh Evans	Messiah	16:20.30	
8	Mike Scott	DeSales	16:22.52	
9	Brandon Newbould	Messiah	16:23.39	
10	Ryan Shepperd	DeSales	16:23.41	
11	Josh Lyman	Elizabethtown	16:25.25	
12	Ed Doreau	Messiah	16:27.86	
13	Chip Hazewski	Widener	16:31.49	
14	Tres Nolett	Lebanon Valley	16:31.82	
15	Scott Nye	Messiah	16:36.96	
16	Craig Oakum	Elizabethtown	16:42.60	
17	Joe McMannus	Messiah	16:56.49	
18	Dave Olszewski	Widener	17:05.41	
19	Marty Miller	Moravian	17:25.97	
20	Ryan Gingrich	DeSales	17:49.43	
21	Justin Arnold	Moravian	DNF	

MEN'S 55 Meter Hurdles

MAC Record	7.74	Greg O'Neill, Moravian, 1993
NCAA 'A'	7.59	
NCAA 'B'	7.67	

		HEAT TIME
Chris Boyles	Messiah	7.90 HW
McDonald Roberts	Widener	7.92 HW
Dusty Lehr	Juniata	8.05 HW
Trevor Fike	Susquehanna	8.11 HW
Matthew Wilson	Messiah	8.22
Geof Dieck	Susquehanna	8.25
Steve Voss	Messiah	8.32

Larry Currie	Widener	8.41
Steve Hartenstine	Moravian	8.44
Eugene Williams	DeSales	8.67
Jarred Sipe	Messiah	8.77
Brian MacDonald	DeSales	8.87
Chris Jones	Messiah	9.23
Brian Mee	DeSales	9.27
Dan Kiss	Susquehanna	9.31
Robert Hickox	Elizabethtown	9.39
Kyle McHugh	DeSales	9.43

Chris Boyles	Messiah	7.78
Trevor Fike	Susquehanna	7.99
Dusty Lehr	Juniata	8.00
Matthew Wilson	Messiah	8.26
McDonald Roberts	Widener	DQ

For Sixth Place

Geof Dieck	Susquehanna	8.23
Steve Voss	Messiah	8.27
Steve Hartenstine	Moravian	8.32
Larry Currie	Widener	8.39
Eugene Williams	DeSales	8.65

FINAL PLACES

		FINAL TIME	POINTS	
1	Chris Boyles	Messiah	7.78	10
2	Trevor Fike	Susquehanna	7.99	8
3	Dusty Lehr	Juniata	8.00	6
4	Matthew Wilson	Messiah	8.26	4
	McDonald Roberts	Widener	DQ	
5	Geof Dieck	Susquehanna	8.23	2
6	Steve Voss	Messiah	8.27	1
7	Steve Hartenstine	Moravian	8.32	
8	Larry Currie	Widener	8.39	
9	Eugene Williams	DeSales	8.65	
10	Jarred Sipe	Messiah	8.77	
11	Brian MacDonald	DeSales	8.87	
12	Chris Jones	Messiah	9.23	
13	Brian Mee	DeSales	9.27	
14	Dan Kiss	Susquehanna	9.31	
15	Robert Hickox	Elizabethtown	9.39	
16	Kyle McHugh	DeSales	9.43	

MEN'S 4x160 Meter Relay

		FINAL TIME	POINTS
1	Widener	1:13.91	10
	Jerome Robinson, Anthony Giles, Jason Jenkins, Michael Coleman		
2	Messiah	1:17.13	8
	Nevin Brubaker, Hylton Kipe, Steve Voss, Doug Malefyt		
3	Lebanon Valley	1:17.30	6
	Mitch Gibson, Josh Martin, Ben Mellish, Tom Kuhn		
4	Susquehanna	1:17.40	4
	Jason Ward, Jason Warner, Nick Hoffman, Beau Heeps		
5	Moravian	1:17.80	2
	Kevin Bush, Anthony Merz, Jim McIntyre, Steve Hartenstine		
6	DeSales	1:17.98	1

	Norm Frey, Kevin Miller, Joe Thomas, Bob Morcom	
7 Juniata		1:18.017
	Ashley Mort, Jimmie Gray, Nick Wolfe, Dusty Lehr	
8 Albright		1:18.019
	Bill McGee, Nick Torsiello, Tim Redding, Bona Sumner	
9 Elizabethtown		1:19.56
	Rob Hickox, Mike Galli, Dave Pappentick, Aaron Lyle	

MEN'S 4x400 Meter Relay

MAC Record	3:32.65 Widener, 2001
NCAA 'A'	3:21.00
NCAA 'B'	3:22.87

	FINAL TIME	POINTS
1 Widener	3:32.65 MAC RECORD	10
	Anthony Giles, Larry Currie, Doe Slanger, Michael Coleman	
2 Susquehanna	3:33.59	8
	Clint Swartz, Geof Dieck, Matt Shingara, Jason Ward	
3 Moravian	3:35.45	6
	Josh Heebner, George Wacker, Steve Hartenstein, Kevin Bush	
4 Juniata	3:40.04	4
	Nick Wolfe, Noah Fredette, Ashley Mort, John McNitt	
5 Albright	3:41.19	2
	Bill McGee, Kareem O'Brien, Nick Torsiello, Tim Redding	
6 Messiah	3:41.54	1
	Nevin Brubaker, Mike Gillis, Steve Voss, Doug Malefyt	
7 DeSales	3:47.47	
	Mark Boyer, Brian Mee, Eugene Williams, Brian MacDonald	
8 Elizabethtown	3:50.47	
	Robert Hickox, Ian Tracy, Aaron Lyle, Matt Pettit	

MEN'S 4x800 Meter Relay

MAC Record	8:06.24 Haverford, 1993
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	FINAL TIME	POINTS
1 Widener	8:15.12	10
	Dave McGuire, Brian McDonald, Bobby Ward, Will Brownback	
2 Elizabethtown	8:24.20	8
	Sean Mulcahy, Matt Pettit, Kevin Roe, Dustin Scott	
3 Messiah	8:28.73	6
	Peter Nesbitt, Eli Landers, Darin Hickithier, Matt Wilson	
4 Moravian	8:29.32	4
	Damon Rutherford, Joe Grady, Matt Plewinski, Chris Dewalt	
5 Susquehanna	8:34.61	2
	John Ventrella, Ron Furman, Ryan McQuire, Mike Lehtonen	
6 DeSales	8:39.39	1
	John Pearson, John Henry, Bryan McGuire, Rick Carminati	

MEN'S Distance Medley Relay

MAC Record	10:31.47 Swarthmore, 1992
NCAA 'A'	10:07.77
NCAA 'B'	10:13.56

	FINAL TIME	POINTS
1 Elizabethtown	10:46.25	10
	Dustin Scott, Ian Tracy, Kevin Roe, Matt Pettit	
2 Moravian	10:46.33	8

	Joe Grady, Josh Heebner, George Wacker, Damon Rutherford	
3	Susquehanna	11:06.42 6
	Jake Trevino, Aaron Fairbanks, John Ventrella, Ryan Gleason	
4	DeSales	11:10.10 4
	Vic Longo, Mark Boyer, John Henry, Dennis Soden	
5	Widener	11:23.96 2
	Brian McDonnell, Garrison Lockley, Nathan Tuttle, Chip Hazewski	
6	Messiah	11:28.93 1
	Joe McManus, John Myers, Chris Heidenreich, Scott Nye	
7	Albright	11:41.92
	Matt Long, Tim Redding, Kareen O'Brien, Brent Hurley	

MEN'S Shot Put

MAC Record	50-7.5 Alailima Talavou, Franklin & Marshall, 1993
NCAA 'A'	53-10.25
NCAA 'B'	51-0.25

		DISTANCE	POINTS
1	John Creuzberger	Juniata 45-1.5	10
2	Michael England	Widener 45-0.25	8
3	Alex Moor	Widener 44-2.5	6
4	Mike Kistler	Elizabethtown 42-11.5	4
5	Bill Geiger	Widener 42-6	2
6	Matt Shaffer	Susquehanna 42-4.25	1
7	Tom Kuhn	Lebanon Valley 42-4.25	
8	Chris Boyles	Messiah 41-5	
9	Josh Zeyan	Susquehanna 38-9.5	
10	Bill Schmidt	Moravian 38-8.25	
11	Mike Sobotor	Susquehanna 38-3.5	
12	Joe Thomas	DeSales 37-7.75	
13	Jason Brandle	Lebanon Valley 35-9.5	

MEN'S Weight Throw

MAC Record	47-10.5 Mike Ruff, Widener, 2001
NCAA 'A'	57-2.75
NCAA 'B'	52-0

		DISTANCE	POINTS
1	Mike Ruff	Widener 47-10.5 MAC RECORD	10
2	Alex Moor	Widener 45-1.5	8
3	Bill Geiger	Widener 43-4.5	6
4	Matt Bowers	Moravian 41-2.25	4
5	Jeff Shahan	Widener 40-7	2
6	Anthony O'Neill	Widener 38-11.5	1
7	Jeff Siglin	Messiah 37-11.25	
8	Jim Handler	Moravian 37-0.25	
9	Matt Corcory	Widener 35-6	
10	Jason Troutman	DeSales 35-3	
11	Joe Thomas	DeSales 35-0.5	
12	Ryan Killian	Widener 34-7	
13	Thomas DeMoss	Widener 34-1.25	
14	Mark Snitzer	Albright 33-1.75	
15	Jason Brandle	Lebanon Valley 30-7.75	
16	Scott Williams	Moravian 25-3.5	
17	Mike Kistler	Elizabethtown 24-10	
18	Mark DelTin	Widener fail	

MEN'S High Jump**MAC Record**

6-8.25 Chris Boyles, Messiah, 2000

NCAA 'A'

6-9

NCAA 'B'

6-8

		DISTANCE	POINTS
1	Chris Boyles	Messiah 6-8 NCAA 'B' 2.03	10
2	Anthony Rediger	Moravian 6-4	8
3	Dusty Lehr	Juniata 6-2	6
4	Dave Pappentick	Elizabethtown 6-2	4
5	Matthew Wilson	Messiah 6-0	2
6	Jarred Sipe	Messiah 6-0	1
7	Josh Martin	Lebanon Valley 5-10	
8	Charles Foster	Susquehanna 5-10	
9	Jemel Reyan	DeSales 5-8	
10	Greg Leppien	Albright 5-8	
11	Brian MacDonald	DeSales 5-6	
12	Chris Jones	Messiah 5-4	

MEN'S Long Jump**MAC Record**

23-9.5 Gregg Barrett, Widener, 1993

NCAA 'A'

23-7.5

NCAA 'B'

22-9.75

		DISTANCE	POINTS
1	Michael Coleman	Widener 22-6.25	10
2	Ben Mellish	Lebanon Valley 21-11.75	8
3	Hylton Kipe	Messiah 21-8	6
4	Nevin Brubaker	Messiah 21-8	4
5	Joe Moore	Moravian 21-0.5	2
6	Anthony Rediger	Moravian 21-0	1
7	Matt Lowe	Susquehanna 20-5.75	
8	Dante Trader	Widener 20-5	
9	Geof Dieck	Susquehanna 19-9	
9	John Green	Susquehanna 19-9	
11	Anthony Merz	Moravian 19-11.75	
11	Josh Martin	Lebanon Valley 19-11.75	
13	William McGee	Albright 19-7.5	
14	Beau Heeps	Susquehanna 19-2	
15	Joe Heller	Messiah 18-9.25	
16	Brian MacDonald	DeSales 18-0.25	
17	Lairon Lawrence	Widener fail	

MEN'S Triple Jump**MAC Record**

48-2.75 Michael Coleman, Widener, 2001

NCAA 'A'

47-8.5

NCAA 'B'

45-11.25

		DISTANCE	POINTS
1	Michael Coleman	Widener 48-2.75 MAC RECORD NCAA A	10
2	Hylton Hipe	Messiah 45-9.25	8
3	Ben Mellish	Lebanon Valley 44-3.25	6
4	Anthony Rediger	Moravian 43-8	4
5	Ryan Hollis	Susquehanna 43-4.5	2
6	Doug Malefyt	Messiah 43-2.5	1

7 William McGee	Albright	42-11.5
8 Chris Boyles	Messiah	41-9.25
9 John Green	Susquehanna	41-8.75
10 Josh Martin	Lebanon Valley	40-11.5
11 Joe Heller	Messiah	40-9.75
12 John McNitt	Juniata	39-4.5
13 Lairon Lawrence	Widener	fail
14 Brian MacDonald	DeSales	fail

MEN'S Pole Vault

MAC Record	15-7 Frank Krantz, Susquehanna, 1992
NCAA 'A'	15-8.25
NCAA 'B'	15-4.25

		DISTANCE	POINTS
1 Dusty Lehr	Juniata	14-0	10
2 Mike Gillis	Messiah	13-6	8
3 Brian MacDonald	DeSales	13-6	6
4 Jon Bergman	Delaware Valley	11-6	4
5 Chris Boyles	Messiah	11-6	2
6 Jason Buchman	Moravian	11-6	1
7 Justin Lanyon	Widener	11-0	
8 Eric Bennett	Elizabethtown	10-6	
9 Justin Smith	Albright	10-6	
10 Jason Suda	Lebanon Valley	9-6	

WOMEN'S 55 Meter Dash

MAC Record	7.52 Tammy Litts, Susquehanna, 1996
NCAA 'A'	7.23
NCAA 'B'	7.31

HEAT TIME

Laura Jean	Albright	7.66 HW
Williametta Simmons	Widener	7.73 HW
Eileen Golias	Lebanon Valley	7.77 HW
Renee Fortune	Widener	7.86 HW
Beth Hansen	Messiah	7.84
Stefanie Rynkewitz	Juniata	7.87
Steph Manzella	Albright	7.89
Meredith Roberts	Lebanon Valley	7.94
Dena Shibib	Albright	7.95
Wadeedah Henderson	Widener	7.95
Annalisa Ellis	Elizabethtown	7.96
Stacy Adair	Lebanon Valley	8.07
Tiffany Bower	Messiah	8.13
Hillary Bright	Juniata	8.31
Amanda Doklan	DeSales	8.33
Carol Longenecker	Juniata	8.89

FINALS

Laura Jean	Albright	7.59
Beth Hansen	Messiah	7.73
Williametta Simmons	Widener	7.80
Stefanie Rynkewitz	Juniata	7.81
Renee Fortune	Widener	7.90
Eileen Golias	Lebanon Valley	7.98

FINAL PLACES**FINAL TIME****POINTS**

1 Laura Jean	Albright	7.59	10
2 Beth Hansen	Messiah	7.73	8
3 Williametta Simmons	Widener	7.80	6
4 Stefanie Rynkewitz	Juniata	7.81	4
5 Renee Fortune	Widener	7.90	2
6 Eileen Golias	Lebanon Valley	7.98	1
7 Steph Manzella	Albright	7.89	
8 Meredith Roberts	Lebanon Valley	7.94	
9 Dena Shibib	Albright	7.95	
10 Wadeedah Henderson	Widener	7.95	
11 Annalisa Ellis	Elizabethtown	7.96	
12 Stacy Adair	Lebanon Valley	8.07	
13 Tiffany Bower	Messiah	8.13	
14 Hillary Bright	Juniata	8.31	
15 Amanda Doklan	DeSales	8.33	
16 Carol Longenecker	Juniata	8.89	

WOMEN'S 200 Meter Dash

MAC Record	27.07 Jen Nauss, Lebanon Valley, 1996
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FINAL TIME**POINTS**

1 Laura Jean	Albright	27.33	10
2 Stefanie Rynkewitz	Juniata	28.23	8
3 Renee Fortune	Widener	28.25	6
4 Williametta Simmons	Widener	28.26	4
5 Christy Neill	Widener	28.51	2

6	Steph Horne	Moravian	28.69	1
7	Jessica Sauve	Messiah	28.91	
8	Meredith Roberts	Lebanon Valley	29.09	
9	Brooke Dancho	Moravian	29.12	
10	Candace Coombs	Widener	29.37	
11	Heidi Kaucher	DeSales	29.57	
12	Steph Manzella	Albright	29.61	
13	Tiffany Bower	Messiah	29.90	
14	Stacy Adair	Lebanon Valley	29.91	
15	Shannon McNeil	Moravian	30.04	
16	Charlotte Gould	Susquehanna	30.27	
17	Uma Allimutha	Messiah	30.45	
18	Stacy Rivenburg	Lebanon Valley	30.90	
19	Jen Forry	Widener	30.96	
20	Kristy Wagner	Juniata	30.98	
20	Nicole Sabaliauskas	Moravian	30.98	
22	Sarah Roberts	Messiah	31.21	
23	Grace Shalhoub	Messiah	32.09	
24	Juliana Hillegass	Juniata	32.18	
25	Annie Cowan	Susquehanna	32.45	

WOMEN'S 400 Meter Dash

MAC Record	1:01.73	Erika Brunner, Haverford, 1992
NCAA 'A'	58.71	
NCAA 'B'	59.24	

		FINAL TIME	POINTS
1	Jessica Sauve	Messiah 1:02.97	10
2	Jamie Marks	Moravian 1:03.78	8
3	Ann Corless	Moravian 1:05.08	6
4	Stacy Adair	Lebanon Valley 1:05.79	4
5	Kristen Sheerin	Widener 1:05.87	2
6	Audrey Hallinan	DeSales 1:06.20	1
7	Charlotte Gould	Susquehanna 1:06.29	
8	Candace Coombs	Widener 1:06.34	
9	Jen Burkholder	Moravian 1:06.64	
10	Jordan Bolduc	Susquehanna 1:06.70	
11	Danielle Seibert	Elizabethtown 1:07.07	
12	Toni Yorks	Juniata 1:07.17	
13	Krista Koellner	Albright 1:09.69	
14	Grace Shalhoub	Messiah 1:10.97	
15	Heather Wolf	Elizabethtown 1:11.34	
16	Regina Lacombe	Moravian 1:12.94	

WOMEN'S 800 Meter Run

MAC Record	2:20.90	Heidi Wolfsberger, Moravian, 2001
NCAA 'A'	2:15.23	
NCAA 'B'	2:16.58	

		FINAL TIME	POINTS
1	Heidi Wolfsberger	Moravian 2:20.90 MAC RECORD	10
2	Erin Boyle	Moravian 2:26.54	8
3	Amanda Samok	Moravian 2:27.44	6
4	Jen Wagner	Moravian 2:28.66	4
5	Jessica Hawthorne	Messiah 2:28.67	2
6	Christine Howe	DeSales 2:29.05	1
7	Jolene Rudy	Susquehanna 2:33.29	
8	Laura Capik	Widener 2:33.31	
9	Grace Trbulsi	Messiah 2:33.34	

10 Tara Shaw	Widener	2:36.35
11 April Allebach	Messiah	2:38.04
12 Stacy Rivenburg	Lebanon Valley	2:38.63
13 Jen Boberg	Moravian	2:43.09
14 Adrienne Horan	DeSales	3:04.38

WOMEN'S 1,500 Meter Run

MAC Record	4:43.97 Heidi Wolfsberger, Moravian, 2001
NCAA 'A'	4:39.73
NCAA 'B'	4:45.44

		FINAL TIME	POINTS
1 Heidi Wolfsberger	Moravian	4:43.97 MAC RECORD NCAA B	10
2 Erin Boyle	Moravian	4:55.73	8
3 Grace Trabulsi	Messiah	5:02.13	6
4 Jen Wagner	Moravian	5:03.81	4
5 Tiffany Catalino	Moravian	5:11.30	2
6 Rebecca McClintock	Messiah	5:13.70	1
7 Laura Capik	Widener	5:16.56	
8 Robin Edward	Moravian	5:27.26	
9 Sheree Goodman	Messiah	5:29.04	
10 Jenny Porter	Messiah	5:40.90	
11 Heather Bacon	Messiah	5:42.84	
12 Jen Brief	Moravian	5:49.47	

WOMEN'S 5,000 Meter Run

MAC Record	18:09.33 Emily Shertzer, Moravian, 2001
NCAA 'A'	17:24.64
NCAA 'B'	17:45.99

		FINAL TIME	POINTS
1 Emily Shertzer	Moravian	18:09.33 MAC RECORD	10
2 Becca Lewis	Messiah	19:15.01	8
3 Kelly Harris	Elizabethtown	19:18.91	6
4 Rebecca McClintock	Messiah	19:36.03	4
5 Kim Owen	Susquehanna	19:40.23	2
6 Delina Cefaratti	Susquehanna	20:30.51	1
7 Kristen Lane	Widener	20:43.80	
8 Laura Byroade	Albright	20:51.21	
9 Erin Colwell	Susquehanna	20:59.37	
10 Colleen Raybold	Widener	21:22.03	
11 Kim Jaick	Moravian	DNF	

WOMEN'S 55 Meter Hurdles

MAC Record	8.81 Gina Gonzalez, Widener, 1995
NCAA 'A'	7.75
NCAA 'B'	7.83

		HEAT TIME
Carrie Kerna	Elizabethtown	8.95 HW
Steph Horne	Moravian	9.06 HW
Elizabeth Harker	Susquehanna	9.45 HW
Erin Kilrain	Widener	9.37
Prisca Chase	Messiah	9.44
Jessica Sprankle	Juniata	9.48
Liz Nole	Messiah	9.85
Rachel Williams	Albright	9.86

Nicole Sabaliauskas	Moravian	9.87
Lisa Landis	Lebanon Valley	10.14
Carolyn Brandt	Messiah	10.22
Bethany Rowland	DeSales	10.25
Anne Williams	Susquehanna	10.32
Caroline Simmons	Messiah	10.38
Jessica Martinsen	Messiah	11.56

FINAL TIME

Carrie Kerna	Elizabethtown	8.75
Steph Horne	Moravian	9.04
Erin Kilrain	Widener	9.21
Prisca Chase	Messiah	9.32
Elizabeth Harker	Susquehanna	9.44

For Sixth Place

Jessica Sprankle	Juniata	9.65
Liz Nole	Messiah	9.66
Rachel Williams	Albright	9.67
Nicole Sabaliauskas	Moravian	10.02
Lisa Landis	Lebanon Valley	10.49

FINAL PLACES

		FINAL TIME	POINTS	
1	Carrie Kerna	Elizabethtown	8.75	10
2	Steph Horne	Moravian	9.04	8
3	Erin Kilrain	Widener	9.21	6
4	Prisca Chase	Messiah	9.32	4
5	Elizabeth Harker	Susquehanna	9.44	2
6	Jessica Sprankle	Juniata	9.65	1
7	Liz Nole	Messiah	9.66	
8	Rachel Williams	Albright	9.67	
9	Nicole Sabaliauskas	Moravian	10.02	
10	Lisa Landis	Lebanon Valley	10.49	
11	Carolyn Brandt	Messiah	10.22	
12	Bethany Rowland	DeSales	10.25	
13	Anne Williams	Susquehanna	10.32	
14	Caroline Simmons	Messiah	10.38	
15	Jessica Martinsen	Messiah	11.56	

WOMEN'S 4x160 Meter Relay

		FINAL TIME	POINTS
1	Widener	1:29.20	10
	Wadeedah Henderson, Christy Neill, Williametta Simmons, Renee Fortune		
2	Albright	1:29.96	8
	Stephanie Manzella, Dena Shibib, Holly Whitpan, Laura Jean		
3	Moravian	1:31.28	6
	Steph Horne, Ann Corless, Nicole Sabaliauskas, Brooke Dancho		
4	Lebanon Valley	1:31.60	4
	Eileen Golias, Stacy Adair, Stacy Rivenburg, Meredith Roberts		
5	Messiah	1:31.92	2
	Tiffany Bower, Carolyn Brandt, Uma Allimutha, Jessica Sauve		
6	Elizabethtown	1:32.36	1
	Annalisa Ellis, Danielle Seibert, Jess Popp, Carrie Kerna		
7	DeSales	1:33.30	
	Audrey Hallinan, Heidi Kaucher, Christine Howe, Bethany Rowland		
8	Susquehanna	1:35.46	
	Anne Williams, Jordan Bolduc, Elizabeth Harker, Charlotte Gould		
9	Juniata	1:36.40	

WOMEN'S 4x400 Meter Relay

MAC Record 4:18.73 Haverford, 1992
NCAA 'A' 3:59.02
NCAA 'B' 4:02.51

	FINAL TIME	POINTS
1 Moravian Anne Corless, Jen Wagner, Heidi Wolfsberger, Jaime Marks	4:21.41	10
2 Juniata Toni Yorks, Stefanie Rynkewitz, Jessica Sprankle, Kristy Wagner	4:29.41	8
3 DeSales Heidi Kaucher, Audrey Hallinan, Bethany Rowland, Christine Howe	4:30.51	6
4 Messiah Becca Lewis, Jessica Hawthorne, Sarah Roberts, Jessica Sauve	4:30.73	4
5 Susquehanna Elizabeth Harker, Jordan Bolduc, Charlotte Gould, Joleen Rudy	4:34.69	2
6 Elizabethtown Danielle Siebert, Jess Popp, Heath Wolf, Carrie Kerna	4:35.19	1
7 Widener Tara Shaw, Sara Goodwin, Kristen Sheerin, Laura Capik	4:36.57	
8 Albright Rachel Williams, Stephanie Manzella, Holly Whitpan, Laura Jean	4:41.41	

WOMEN'S 4x800 Meter Relay

MAC Record 10:00.33 Moravian, 1996

	FINAL TIME	POINTS
1 Moravian Tiff Catalino, Amanda Samok, Lauren Laviola, Erin Boyle	10:19.18	10
2 Messiah April Allebach, Katie Bauer, Grace Trabulsi, Caroline Simmons	10:39.94	8
3 Widener Candice Coombs, Renee Fortune, Christy Pierce, Jessica Moreland	10:50.30	6
4 Susquehanna Becky Abrecht, Kassi Tylenda, Amanda Phillips, Kristi Koch	10:52.28	4
5 DeSales Christine Howe, Alicia Gould, Stacey Chaklos, Adrienne Horan	11:10.39	2
6 Albright Angela D'Amato, Jen Busillo, Laura Byroade, Jen Harvey	12:34.72	1

WOMEN'S Distance Medley Relay

MAC Record 12:37.44 Haverford, 1993
NCAA 'A' 12:07.95
NCAA 'B' 12:17.44

	FINAL TIME	POINTS
1 Moravian Kim Jaick, Gina Lacombe, Jen Boberg, Emily Shertzer	12:47.3	10
2 Messiah Jessica Hawthorne, Grace Shalhoub, Grace Trabulsi, Becca Lewis	13:12.1	8
4 DeSales Alicia Gould, Audrey Hallinan, Stacey Chaklos, Christine Howe	13:35.8	6
3 Susquehanna Kassi Tylenda, Jordan Bolduc, Kristi Koch, Amanda Phillips	14:37.0	4
5 Widener	14:56.2	2

Sarah Brill, Jessica Moreland, Sara Goodwin, Laura Przelomiec
 6 Albright 15:24.9
 Angela D'Amato, Krista Koellner, Jen Busilio, Laura Byroade

1

WOMEN'S Shot Put

MAC Record 43-0.25 Ann Musser, Lebanon Valley, 1998
 NCAA 'A' 43-8
 NCAA 'B' 42-2

		DISTANCE	POINTS
1	Christina Scherwin	Moravian 42-10.75 NCAA B	10
2	Sarah Shaneberger	Moravian 38-5.5	8
3	Jessica Worrilow	Widener 36-4.75	6
4	Carrie McCaffery	Moravian 34-6.25	4
5	Kate Lassiter	DeSales 33-0.5	2
6	Carrie Addis	Widener 32-10.5	1
7	Sheri Pursel	Lebanon Valley 32-7.75	
8	Crystal Tracy	Elizabethtown 31-0	
9	Dottie Vauls	Albright 29-10.75	
10	MaryBeth Geiman	Messiah 29-5.5	
11	Chrissy Schoonover	Susquehanna 28-3.75	
12	Jessica Russell	Elizabethtown 28-2.25	
13	Andrea Denkovich	Juniata 27-10.75	
14	Janessa Rempala	Messiah 27-8.25	
15	Aileen Mulligan	Albright 27-7.5	
16	Sarah D'Emilio	Elizabethtown 26-11.25	
17	Sarah Carter	Elizabethtown 26-5.75	
18	Erin Strine	Juniata 26-0	
19	Jen D'Emilio	Lebanon Valley 24-10.5	

WOMEN'S Weight Throw

MAC Record 48-7 Ann Musser, Lebanon Valley, 2000
 NCAA 'A' 52-1.25
 NCAA 'B' 49-1

		DISTANCE	POINTS
1	Carrie McCaffery	Moravian 41-7.25	10
2	Sarah Shaneberger	Moravian 39-7.25	8
3	Kate Lassiter	DeSales 39-5.75	6
4	Jessica Worrilow	Widener 38-5	4
5	Alicia Fowler	Moravian 36-5	2
6	Carrie Addis	Widener 34-1.5	1
7	Jen D'Emilio	Lebanon Valley 32-9.75	
8	Dottie Vauls	Albright 32-0.25	
9	Janessa Rempala	Messiah 31-1	
10	Aileen Mulligan	Albright 28-0.75	
11	Sarah D'Emilio	Elizabethtown 27-6	

WOMEN'S High Jump

MAC Record 5-4.25 Krisa Murray, Moravian, 1993
 NCAA 'A' 5-7
 NCAA 'B' 5-5.25

		DISTANCE	POINTS
1	Christy Pierce	Widener 5-2	10
2	Carrie Kerna	Elizabethtown 5-0	8
3	Holly Whitpan	Albright 4-11	6

4 Leah Williams	Moravian	4-7	4
5 Misty Heuston	Juniata	4-7	2
6 Liz Nole	Messiah	4-7	1
7 Brianne Zimmerman	Susquehanna	4-5	
8 Johanna Dotts	Albright	4-5	

WOMEN'S Long Jump

MAC Record	18-3.75	Jen Nauss, Lebanon Valley, 1995
NCAA 'A'	18-4.5	
NCAA 'B'	17-11.5	

		DISTANCE	POINTS
1 Christina Scherwin	Moravian	16-9.75	10
2 Williametta Simmons	Widener	16-3.25	8
3 Eileen Golias	Lebanon Valley	15-10.5	6
4 Brooke Dancho	Moravian	15-9.75	4
5 Holly Whitpan	Albright	15-6	2
6 Prisca Chase	Messiah	15-4.75	1
7 Christy Pierce	Widener	15-3.5	
8 Heidi Kaucher	DeSales	15-0.5	
9 Ellen Mull	Susquehanna	14-11.5	
10 Liz Nole	Messiah	14-11.5	
11 Nicole Sabaliauskas	Moravian	14-9.75	
12 Kati Young	Elizabethtown	14-9.75	
13 Casey Moser	Elizabethtown	14-9.25	
14 Shannon McNeil	Moravian	14-8	
15 Rachel Williams	Albright	14-5.75	
16 Hillary Bright	Juniata	14-1	
17 Camille Ribeiro	Widener	13-11.5	
18 Lisa Landis	Lebanon Valley	13-11	
19 Kristy Wagner	Juniata	13-9.75	
20 Uma Allimutha	Messiah	13-7.75	
21 Carolyn Brandt	Messiah	13-4.25	
22 Loraine Sanderson	Moravian	13-3.25	
23 Misty Heuston	Juniata	12-6.25	
24 Jen D'Emilio	Lebanon Valley	11-7	
25 Carol Longenecker	Juniata	11-4.5	

WOMEN'S Triple Jump

MAC Record	36-9.75	Debbie Smuda, Widener, 1993
NCAA 'A'	37-9.25	
NCAA 'B'	36-9	

		DISTANCE	POINTS
1 Casey Moser	Elizabethtown	34-10.25	10
2 Prisca Chase	Messiah	34-3.5	8
3 Ellen Mull	Susquehanna	33-6	6
4 Williametta Simmons	Widener	33-4.75	4
5 Lorain Sanderson	Moravian	32-10.25	2
6 Brooke Dancho	Moravian	32-5.75	1
7 Eileen Golias	Lebanon Valley	32-0	
8 Audrey Hallinan	DeSales	31-4.75	
9 Carolyn Brandt	Messiah	31-4.75	
10 Kati Young	Elizabethtown	31-2.5	
11 Holly Whitpan	Albright	31-2	
13 Kristy Wagner	Juniata	30-7	

12 Kristen Sheerin	Widener	30-7
14 Lisa Landis	Lebanon Valley	30-2.25
15 Leah Williams	Moravian	30-1
16 Liz Nole	Messiah	29-6.75
17 Misty Heuston	Juniata	28-4.5

WOMEN'S Pole Vault

MAC Record

9-6 Jessica Popp, Elizabethtown, 2001

NCAA 'A'

10-10.25

NCAA 'B'

10-4.25

		DISTANCE	POINTS
1 Jessica Popp	Elizabethtown	9-6 MAC RECORD	10
2 Sarah Shatto	Moravian	9-6	8
3 Sara Brown	Messiah	9-0	6
4 Johanna Dotts	Albright	9-0	4
5 April Mafturak	Delaware Valley	8-6	2
6 Amy Wagner	Lebanon Valley	8-0	0.5
6 Steph Manzella	Albright	8-0	0.5
8 Brooke Dancho	Moravian	7-6	
8 Jen Harvey	Albright	7-6	
10 Rachel Dailey	Lebanon Valley	7-0	
11 Amanda Wynn	Moravian	6-6	
12 Kate D'Imperio	Lebanon Valley	6-6	