

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

Event 3 Men Pole Vault

MAC Record: 15-07 M 1992 Frank Krantz, Susquehanna
 Field House: 15-02 F 2/21/2003 Rob Daniele, Susquehanna

Name	School	Finals	Points
1 Rob Daniele	Susquehanna University	14-09.00 4.49m	10
2 Dusty Lehr	Juniata College	13-06.00 4.11m	8
3 Joe Moses	Elizabethtown College	J13-06.00 4.11m	6
4 Michael El Kazzaz	Moravian College	J13-06.00 4.11m	4
5 Eric Bennett	Elizabethtown College	13-00.00 3.96m	2
6 Casey Hoffman	Moravian College	J13-00.00 3.96m	1
7 Shawn Miller	Juniata College	J13-00.00 3.96m	
8 Brian MacDonald	DeSales University	J13-00.00 3.96m	
9 Rob Poiesz	Messiah College	12-06.00 3.81m	
10 Scott Kenny	Susquehanna University	12-00.00 3.65m	
11 Michael Moore	Delaware Valley College	11-06.00 3.50m	
11 Jimmy Buckson	Lebanon Valley College	11-06.00 3.50m	
11 David Howells	DeSales University	11-06.00 3.50m	
14 Brian Olszewski	Widener University	J11-06.00 3.50m	
--- Jeff Feverston	Albright College	FAIL	

Event 4 Men High Jump

MAC Record: 6-08.50 M 2002 Chris Boyles, Messiah
 Field House: 6-08.50 F 2/23/2002 Chris Boyles, Messiah

Name	School	Finals	Points
1 Jason Patterson	Elizabethtown College	6-04.00 1.93m	10
2 Chris Mikaya	Messiah College	J6-04.00 1.93m	8
3 Jordan Newell	Lebanon Valley College	J6-04.00 1.93m	6
4 Dusty Lehr	Juniata College	6-02.00 1.87m	4
5 Keith Miller	Messiah College	J6-02.00 1.87m	2
6 Adam Loser	Juniata College	6-00.00 1.82m	1
7 Matt Lowe	Susquehanna University	J6-00.00 1.82m	
8 Aaron Fairbanks	Susquehanna University	J6-00.00 1.82m	
9 Joe Harkins	Albright College	5-10.00 1.77m	
10 Nate Anderson	Susquehanna University	J5-10.00 1.77m	
10 Derrick Washington	Elizabethtown College	J5-10.00 1.77m	
12 Mike Steadman	Messiah College	J5-10.00 1.77m	
13 Chris Binns	Widener University	5-08.00 1.72m	
14 Ben Fugate	Messiah College	J5-08.00 1.72m	
15 Eric Paul	Moravian College	J5-08.00 1.72m	
16 Kyle Boudreau	Susquehanna University	5-06.00 1.67m	
17 Joe Ryan	DeSales University	J5-06.00 1.67m	

Event 6 Men Distance Medley

MAC Record: 10:31.47 M 1992 Swarthmore, Swarthmore
 Graham, Malone, Edgar, Warshawsky
 Field House: 10:37.83 F 1/25/2003 Elizabethtown College, Elizabethtow

Team	Relay	Finals	Points
1 Elizabethtown College		10:43.70	10
1) Chris Williams	2) Mike Galli	3) Nick Patterson	4) Jose Miranda
2 Widener University		10:45.22	8
1) Kevin Cunningham	2) John Boyle	3) T.J. Coll	4) Paul Little

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

(Event 6 Men Distance Medley)

Team	Relay	Finals	Points
3 Moravian College	1) Joe Grady	10:49.39	6
	2) Eric Paul	3) Sean McDonnell	4) Greg Rarick
4 Messiah College	1) Brandon Newbould	10:51.49	4
	2) Ryan Harris	3) Ed Doreau	4) Josh Evans
5 DeSales University	1) John Henry	11:02.33	2
	2) Bryan McGuire	3) Tom Pescatore	4) Frank Campbell
6 Juniata College	1) Chris Sheaffer	11:07.04	1
	2) Nick Wolfe	3) Jeremy Lampert	4) Justin Fritzius
7 Susquehanna University	1) Leif Kauffman	11:42.24	
	2) Joe Luscik	3) Anthony Losorelli	4) Chris Seiler
8 Albright College	1) Joe Sarno	11:45.92	
	2) Matt Frasso	3) Brendan Ward	4) Matt Long

Event 7 Men Long Jump

MAC Record: 7.25m M 1993 Gregg Barrett, Widener

Field House: 7.04m F 2/23/2002 Joe Moore, Moravian

Name	School	Finals	Points
1 Joe Moore	Moravian College	7.18m F 23-06.75	10
2 Hylton Kipe	Messiah College	7.05m F 23-01.75	8
3 Jason Patterson	Elizabethtown College	6.89m 22-07.25	6
4 Grant Curry	Moravian College	6.79m 22-03.50	4
5 Scott Haldeman	Susquehanna University	6.59m 21-07.50	2
6 Duane Park	Susquehanna University	6.54m 21-05.50	1
7 Jeremy Weber	Juniata College	6.48m 21-03.25	
8 Derrick Washington	Elizabethtown College	6.42m 21-00.75	
9 Matt Lowe	Susquehanna University	6.41m 21-00.50	
10 Chris Binns	Widener University	6.21m 20-04.50	
11 James Guerin	Messiah College	6.11m 20-00.50	
12 Chris Mikaya	Messiah College	6.09m 19-11.75	
13 Jonn Abshire	DeSales University	6.07m 19-11.00	
14 Joe Ryan	DeSales University	5.84m 19-02.00	
15 Tim Pelc	Susquehanna University	5.45m 17-10.75	
--- Dwight Swaney	Susquehanna University	FOUL	
--- Glenn Thomas	DeSales University	FOUL	

Event 8 Men Weight Throw

MAC Record: 15.69m M 2002 Mike Ruff, Widener

Field House: 15.95m F 2/15/2002 Mike Sagel, Shippensburg

Name	School	Finals	Points
1 Matt Bowers	Moravian College	15.27m 50-01.25	10
2 Matt Hill	Susquehanna University	14.48m 47-06.25	8
3 John Lesoine	Moravian College	14.44m 47-04.50	6
4 Clayton Devine	Widener University	14.27m 46-10.00	4
5 Jeff Shahan	Widener University	14.02m 46-00.00	2
6 John DiSabatino	Widener University	13.61m 44-08.00	1
7 Joe Thomas	DeSales University	12.87m 42-02.75	
8 John Rauer	Widener University	12.85m 42-02.00	
9 Tony Chomiszewski	Widener University	12.78m 41-11.25	
10 Mike Wrubel	Widener University	12.15m 39-10.50	
11 Andy Toth	Widener University	11.60m 38-00.75	

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

(Event 8 Men Weight Throw)

Name	School	Finals		Points
12 Thomas DeMoss	Widener University	11.44m	37-06.50	
13 Andrew Klinksiek	Albright College	11.30m	37-01.00	
14 Jonathan Fehringer	DeSales University	11.25m	36-11.00	
15 Andy Weitkamp	Susquehanna University	11.24m	36-10.50	
16 Brian Poore	DeSales University	11.16m	36-07.50	
17 Jason Brandle	Lebanon Valley College	10.96m	35-11.50	
18 Justin Steiner	Widener University	10.49m	34-05.00	
19 Jeff Watts	Widener University	10.37m	34-00.25	
20 Michael Dinan	DeSales University	9.82m	32-02.75	
--- Mark Snitzer	Albright College	FOUL		

Event 10 Men 55 Meter Hurdles

MAC Record: 7.69 M 2002

Dusty Lehr, Juniata

Field House: 7.65 F 2/15/2002

Corey Nolan, Shippensburg

Name	School	Prelims	Finals	Points
Finals				
1 Dusty Lehr	Juniata College	7.83	7.82	10
2 Jordan Newell	Lebanon Valley College	8.12	7.92	8
3 Rennie Mills	Widener University	8.17	7.97	6
4 Derrick Washington	Elizabethtown College	8.00	8.07	4
5 Steve Voss	Messiah College	8.05	8.12	2
6 Aaron Fairbanks	Susquehanna University	8.20	8.13	1
Preliminaries				
7 Geoff Dieck	Susquehanna University	8.23		
8 Darren DeAngelis	Elizabethtown College	8.37		
9 Chris Mikaya	Messiah College	8.47		
10 Dennis Hagan	Widener University	8.52		
11 Matt Hauk	Lebanon Valley College	8.55		
12 Dan Corey	Moravian College	8.59		
13 Brian MacDonald	DeSales University	8.67		
14 Sky Dumont	Susquehanna University	8.71		

Event 12 Men 55 Meter Dash

MAC Record: 6.45 M 2001

Jerome Robinson, Widener

Field House: 6.51 F 2/8/2003

Jermaine Clayton, IUP

Name	School	Prelims	Finals	Points
Finals				
1 Joe Moore	Moravian College	6.60	6.65	10
2 Tom Kuhn	Lebanon Valley College	6.76	6.76	8
3 Doyne Sumner	Lebanon Valley College	6.73	6.76	6
4 Ben Enders	Susquehanna University	6.78	6.92	4
5 Joe Thomas	DeSales University	6.85	6.99	2
6 Kyle Sanders	Susquehanna University	6.77	7.81	1
Preliminaries				
7 Grant Curry	Moravian College	6.79		
8 Bona Sumner	Albright College	6.81		
9 Jason Jenkins	Widener University	6.81		
10 Jeremy Weber	Juniata College	6.86		
11 Kevin Bliss	Albright College	6.86		

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA

Results - Middle Atlantic Conference Championships

Preliminaries ... (Event 12 Men 55 Meter Dash)

Name	School	Prelims	Finals	Points
12 Aaron Lyle	Elizabethtown College	6.90		
13 Jonn Abshire	DeSales University	6.92		
14 Tim Yosca	Susquehanna University	6.92		
15 Evan Johnson	Widener University	6.94		
16 Duane Park	Susquehanna University	6.95		
17 Luther Bowen	Widener University	6.99		
18 Josh Madkins	Albright College	7.01		
19 Zach Stewart	Widener University	7.04		
20 Tim Pelc	Susquehanna University	7.05		
21 Mitch Nyman	Lebanon Valley College	7.17		

Event 16 Men 4x200 Meter Relay

MAC Record: 1:31.27 M 2002

Widener, Widener
 Giles, Jenkins, Flynn, Coleman

Field House: 1:31.27 F 2/23/2002

Widener, Widener
 Giles, Jenkins, Flynn, Coleman

Team	Relay	Finals	H#	Points
1 Widener University		1:32.54	2	10
1) Ryan Flynn	2) Jason Jenkins		4) Doe Slinger	
2 Susquehanna University		1:33.18	2	8
1) Kyle Sanders	2) Ben Enders		4) Jason Warner	
3 Moravian College		1:33.28	1	6
1) Joe Moore	2) Grant Curry		4) Scott Silvoy	
4 Lebanon Valley College		1:33.64	2	4
1) Tom Kuhn	2) Doyne Sumner		4) Ben Mellish	
5 Elizabethtown College		1:34.60	2	2
1) Aaron Lyle	2) Darren DeAngelis		4) Derrick Washington	
6 Albright College		1:35.55	1	1
1) Josh Madkins	2) Matt Yoder		4) Bona Sumner	
7 Messiah College		1:37.76	1	
1) Justin Bollinger	2) Stephen MacDonald		4) James Guerin	
8 DeSales University		1:37.94	1	
1) Brian MacDonald	2) Greg Cardullo		4) Jonn Abshire	

Event 18 Men 1500 Meter Run

MAC Record: 3:58.74 M 1993

Steve Monaco, Franklin & Marshall

Field House: 3:58.30 F 2/21/2003

Steve Sanko, Elizabethtow

Name	School	Finals	Points
1 Steve Sanko	Elizabethtown College	4:00.53	10
2 Sean Mulcahy	Elizabethtown College	4:01.24	8
3 Matt Doumaux	Widener University	4:05.99	6
4 Bobby Dressler	Messiah College	4:07.16	4
5 Matt Rockwell	Elizabethtown College	4:07.37	2
6 Ryan Sheppard	DeSales University	4:09.36	1
7 Shane Cartwright	Susquehanna University	4:11.17	
8 Joe Grady	Moravian College	4:15.17	
9 Dennis Soden	DeSales University	4:16.13	
10 Andy Hannah	Delaware Valley College	4:17.83	
11 Patrick Grogan	Moravian College	4:20.34	
12 Chris Williams	Elizabethtown College	4:21.10	

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

(Event 18 Men 1500 Meter Run)

Name	School	Finals	Points
13 Elia Ahadi	Lebanon Valley College	4:26.10	
14 Jeremy Rea	Lebanon Valley College	4:26.37	
15 Rob Schaefer	Lebanon Valley College	4:29.95	
16 Justin Fritzius	Juniata College	4:30.26	
17 John Henry	DeSales University	4:31.02	
18 Matt Miller	Elizabethtown College	4:38.84	
19 Keith Greenawalt	Elizabethtown College	4:47.03	
20 Russell Susko	DeSales University	4:47.05	

Event 22 Men 400 Meter Dash

MAC Record: 50.41 M 2002 Kevin Bush, Moravian

Field House: 50.41 F 2/23/2002 Kevin Bush, Moravian

Name	School	Finals	H#	Points
1 Scott Silvoy	Moravian College	50.05 F	2	10
2 Lou Corominas	DeSales University	50.25 F	2	8
3 Ben Mellish	Lebanon Valley College	50.45	2	6
4 Kyle Sanders	Susquehanna University	51.11	2	4
5 Doe Slanger	Widener University	51.37	2	2
6 Darren DeAngelis	Elizabethtown College	51.97	2	1
7 Steve Voss	Messiah College	52.35	1	
8 Josh Martin	Lebanon Valley College	52.71	1	
9 Sean Capkin	Susquehanna University	53.38	1	
10 Dennis Hagan	Widener University	53.60	1	
11 Matt Hauk	Lebanon Valley College	53.96	1	
12 Nick Wolfe	Juniata College	58.61	1	

Event 24 Men 800 Meter Run

MAC Record: 1:55.86 M 2002 Will Brownback, Widener

Field House: 1:55.86 F 2/23/2002 Will Brownback, Widener

Name	School	Finals	Points
1 Greg Wetzel	Elizabethtown College	1:58.32	10
2 Sean Mulcahy	Elizabethtown College	1:59.39	8
3 Shane Cartwright	Susquehanna University	1:59.85	6
4 John Walsh	DeSales University	2:00.17	4
5 Michael Zwatty	Elizabethtown College	2:00.78	2
6 Dan Hennessy	Widener University	2:00.88	1
7 Matt Yoder	Albright College	2:01.72	
8 Rick Carminati	DeSales University	2:02.12	
9 Mike McGinley	Lebanon Valley College	2:03.87	
10 Matt Doumaux	Widener University	2:04.17	
11 Bobby Dressler	Messiah College	2:04.27	
12 Daren Lake	Susquehanna University	2:04.42	
13 Andy Hannah	Delaware Valley College	2:05.25	
14 Chris Sheaffer	Juniata College	2:06.61	
15 Jeremy Lampert	Juniata College	2:08.56	
16 Pat Abello	Susquehanna University	2:08.64	
17 Nick Patterson	Elizabethtown College	2:11.07	
18 Sean McDonnell	Moravian College	2:17.86	

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

Event 25 Men Triple Jump

MAC Record: 14.70m M 2001 Michael Coleman, Widener

Field House: 14.29m F 2/8/2003 Jake Merrill, Lock Haven

Name	School	Finals		Points
1 Jason Patterson	Elizabethtown College	14.57m F	47-09.75	10
2 Hylton Kipe	Messiah College	13.99m	45-10.75	8
3 Scott Haldeman	Susquehanna University	13.84m	45-05.00	6
4 Jeremy Weber	Juniata College	12.99m	42-07.50	4
5 Derrick Washington	Elizabethtown College	12.44m	40-09.75	2
6 Duane Park	Susquehanna University	12.34m	40-06.00	1
7 Anthony Merz	Moravian College	12.21m	40-00.75	
8 Josh Martin	Lebanon Valley College	11.97m	39-03.25	
9 Dennis Hagan	Widener University	11.80m	38-08.75	
10 Joe Ryan	DeSales University	11.76m	38-07.00	
11 Jason Boyer	Juniata College	11.69m	38-04.25	
12 Joe Harkins	Albright College	11.67m	38-03.50	
13 Tim Pelc	Susquehanna University	11.65m	38-02.75	
14 John Boyer	Juniata College	11.55m	37-10.75	

Event 26 Men Shot Put

MAC Record: 15.43m M 1993 Alailima Talavou, Franklin & Marshall

Field House: 16.03m F 2/8/2003 Matt Peters, Shippensburg

Name	School	Finals		Points
1 John Rauer	Widener University	14.10m	46-03.25	10
2 Mike Sobotr	Susquehanna University	13.78m	45-02.50	8
3 William Shue	Albright College	13.72m	45-00.25	6
4 Matt Hill	Susquehanna University	13.13m	43-01.00	4
5 Tom Kuhn	Lebanon Valley College	13.12m	43-00.50	2
6 John Lesoine	Moravian College	13.11m	43-00.25	1
7 Dave Pringle	Widener University	12.44m	40-09.75	
8 Josh Martin	Messiah College	12.36m	40-06.75	
9 Jim Widener	Widener University	12.20m	40-00.50	
10 Geoff Gaither	Widener University	12.04m	39-06.00	
11 Mike Wrubel	Widener University	11.94m	39-02.25	
12 Jason Brandle	Lebanon Valley College	11.39m	37-04.50	
13 Andrew Klinksiek	Albright College	10.69m	35-01.00	

Event 28 Men 200 Meter Dash

MAC Record: 22.68 M 2002 Kevin Bush, Moravian

Field House: 22.68 F 2/23/2002 Kevin Bush, Moravian

Name	School	Finals	H#	Points
1 Joe Moore	Moravian College	22.82	3	10
2 Scott Silvoy	Moravian College	23.06	3	8
3 Ryan Flynn	Widener University	23.15	3	6
4 Aaron Lyle	Elizabethtown College	23.41	3	4
5 Jason Jenkins	Widener University	23.46	3	2
6 Kyle Sanders	Susquehanna University	23.55	3	1
7 Tyreak Saviour	Widener University	23.58	2	
8 Grant Curry	Moravian College	23.92	2	
9 James Van Dien	DeSales University	24.01	2	

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

(Event 28 Men 200 Meter Dash)

Name	School	Finals	H#	Points
10 Doyne Sumner	Lebanon Valley College	24.10	2	
11 Joe Thomas	DeSales University	24.14	1	
12 Kevin Bliss	Albright College	24.16	1	
13 Brad Riedl	Susquehanna University	24.26	1	
14 Ben Enders	Susquehanna University	24.37	2	
15 Mitch Nyman	Lebanon Valley College	24.61	1	

Event 30 Men 5000 Meter Run

MAC Record: 14:51.67 M 1992

Frank McGovern, Widener

Field House: 15:24.23 F 2/23/2002

Josh Lyman, Elizabethtown

Name	School	Finals	Points
1 Steve Sanko	Elizabethtown College	15:07.44 F	10
2 Dustin Scott	Elizabethtown College	15:11.47 F	8
3 Matt Enders	Widener University	15:14.64 F	6
4 Ed Doreau	Messiah College	15:28.95	4
5 David Macharia Yuot	Widener University	15:34.31	2
6 Mike Vidumsky	DeSales University	15:39.90	1
7 Jose Miranda	Elizabethtown College	15:43.65	
8 Brandon Newbould	Messiah College	15:47.92	
9 Ryan Gleason	Susquehanna University	16:00.52	
10 Joshua Lyman	Elizabethtown College	16:11.03	
11 Patrick Hayburn	Widener University	16:14.86	
12 Josh Evans	Messiah College	16:22.69	
13 Mike Hamill	Widener University	16:27.30	
14 Ryan Beltz	Elizabethtown College	16:37.67	

Event 32 Men 4x800 Meter Relay

MAC Record: 8:06.24 M 1993

Haverford, Haverford

Arnold, Polinsky, Schaeffer, Landon

Field House: 8:21.45 F 2/21/2003

Shippensburg University, Shippensburg

Team	Relay	Finals	Points
1 Elizabethtown College		8:07.03 F	10
1) Nate Moore	2) Greg Wetzel	3) Michael Zwatty	4) Sean Mulcahy
2 DeSales University		8:19.50 F	8
1) Tom Pescatore	2) Ryan Sheppard	3) John Walsh	4) Rick Carminati
3 Moravian College		8:29.41	6
1) Greg Rarick	2) Joe Grady	3) Patrick Grogan	4) Sean McDonnell
4 Widener University		8:34.23	4
1) T.J. Coll	2) Dan Hennessy	3) Kevin Cunningham	4) Paul Little
5 Susquehanna University		8:39.08	2
1) Leif Kauffman	2) Steve Romberger	3) Anthony Losorelli	4) Pat Abello
6 Messiah College		8:41.97	1
1) Bobby Dressler	2) John Myers	3) Adam Eppler	4) Micah Fickett
7 Albright College		9:00.59	
1) Matt Frasso	2) Joe Sarno	3) Matt Long	4) Brendan Ward

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

Event 34 Men 4x400 Meter Relay

MAC Record: 3:28.28 M 2002

Moravian, Moravian
Silvoy, Heebner, Wacker, Bush

Field House: 3:25.62 F 2/21/2003

Shippensburg University, Shippensburg

Team	Relay	Finals	H#	Points
1 Widener University		3:31.56	2	10
1) Doe Slanger	2) Ryan Flynn		4) Tyreak Saviour	
2 DeSales University		3:31.62	2	8
1) James Van Dien	2) Bryan McGuire		4) Lou Corominas	
3 Susquehanna University		3:33.57	2	6
1) Daren Lake	2) Sean Capkin		4) Kyle Sanders	
4 Messiah College		3:35.78	1	4
1) Steve Voss	2) Stephen MacDonald		4) Chris Mikaya	
5 Elizabethtown College		3:36.46	2	2
1) Darren DeAngelis	2) Jason Patterson		4) Al Uliana	
6 Juniata College		3:37.34	1	1
1) Dusty Lehr	2) Nick Wolfe		4) Chris Sheaffer	
7 Moravian College		3:42.50	1	
1) Eric Paul	2) Dan Corey		4) Scott Silvoy	
8 Albright College		3:43.24	1	
1) Matt Frasso	2) Kevin Bliss		4) Matt Yoder	

Men - Team Rankings - 17 Events Scored

1) Elizabethtown College	127	2) Moravian College	92
3) Widener University	80	4) Susquehanna University	73
5) Messiah College	45	6) Lebanon Valley College	40
7) DeSales University	34	8) Juniata College	29
9) Albright College	7		

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

Event 1 Women Long Jump

MAC Record: 5.58m M 1995 Jen Nauss, Lebanon Valley

Field House: 5.36m F 2/15/2002 Renee Geist, Shippensburg

Name	School	Finals	Points
1 Kirsten Rotzell	Moravian College	5.67m M 18-07.25	10
2 Megan Patrono	Susquehanna University	5.31m 17-05.25	8
3 Christina Scherwin	Moravian College	5.27m 17-03.50	6
4 Williametta Simmons	Widener University	5.00m 16-05.00	4
5 Casey Moser	Elizabethtown College	4.96m 16-03.25	2
6 Bonnie Susan	Lebanon Valley College	4.83m 15-10.25	1
7 Ellen Mull	Susquehanna University	J4.83m 15-10.25	
8 Uma Allimuthu	Messiah College	4.81m 15-09.50	
9 Lakeisha Fairley	Albright College	4.74m 15-06.75	
10 Kelly Kennedy	Susquehanna University	4.73m 15-06.25	
11 Lisa Landis	Lebanon Valley College	4.64m 15-02.75	
12 Nicole Sabaliauskas	Moravian College	4.63m 15-02.25	
13 Stacy Voegeli	DeSales University	4.24m 13-11.00	

Event 2 Women Weight Throw

MAC Record: 14.81m M 1999 Ann Musser, Lebanon Valley

Field House: 14.45m F 2/21/2003 Natasha Mrvoljak, Shippensburg

Name	School	Finals	Points
1 Julie Anderson	Moravian College	13.08m 42-11.00	10
2 Christina Scherwin	Moravian College	12.30m 40-04.25	8
3 Cheryn Courtney	Juniata College	12.27m 40-03.25	6
4 Alicia Fowler	Moravian College	11.61m 38-01.25	4
5 Aileen Mulligan	Albright College	J11.61m 38-01.25	2
6 Jacki Jensenius	Susquehanna University	10.50m 34-05.50	1
7 Becky Steiner	Susquehanna University	10.46m 34-04.00	
8 Kristin Eickstadt	Albright College	10.39m 34-01.25	
9 Kaleena Lockard	Susquehanna University	9.82m 32-02.75	
10 Janessa Rempala	Messiah College	9.57m 31-04.75	
11 Betsy Kusniez	Juniata College	8.88m 29-01.75	

Event 5 Women Distance MedleyMAC Record: 12:29.59 M 2002 Moravian, Moravian
Jaick, Boyle, Samok, Shertzner

Field House: 12:03.07 F 2/15/2002 Dickinson, Dickinson

Team	Relay	Finals	Points
1 Elizabethtown College		12:45.87	10
1) Melissa St Clair	2) Sarah Rever	3) Kim Whalen	4) Bri Lambert
2 Messiah College		12:47.71	8
1) Jessica Hawthorne	2) Emily Nye	3) Grace Trabulsi	4) Susan Plissey
3 DeSales University		12:51.46	6
1) Kacie Aristide	2) Bethany Rowland	3) Christine Howe	4) Gina Lucrezi
4 Moravian College		13:31.42	4
1) Kellie Smith	2) Ann Guzevich	3) Stephanie Beitler	4) Alexis Vergalla
5 Widener University		13:39.45	2
1) Sara Goodwin	2) Jessica Moreland	3) Laura Hughes	4) Elizabeth James
6 Susquehanna University		13:56.44	1
1) Erin Colwell	2) Katrina Rogers	3) Meghan Johnson	4) Kassi Tylenda

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

(Event 5 Women Distance Medley)

Team	Relay	Finals	Points
7 Juniata College		14:29.57	
1) Katey Glunt	2) Juliana Hillegass	3) Carol Longenecker	4) Sarah Bay

Event 9 Women 55 Meter Hurdles

MAC Record: 8.53 M 2002 Steph Horne, Moravian
 Field House: 8.46 F 2/21/2003 Tunisia Lacy, Shippensburg

Name	School	Prelims	Finals	Points
Finals				
1 Carrie Kerna	Elizabethtown College	8.92	8.63	10
2 Nicole Day	Widener University	8.88	8.84	8
3 Liz Harker	Susquehanna University	8.97	8.85	6
4 Margaret Benny	Moravian College	9.10	9.13	4
5 Desarae Mauldin	Albright College	9.42	9.34	2
6 Bethany Rowland	DeSales University	9.49	9.61	1
Preliminaries				
7 Kristin Lander	Elizabethtown College	9.66		
8 Nicole Sabaliauskas	Moravian College	9.70		
9 Caley Mincemoyer	Lebanon Valley College	10.01		
10 Sarah Willburgh	Susquehanna University	10.23		
11 Kate Billings	DeSales University	10.33		
12 Lindsey Serfecz	DeSales University	10.44		
13 Misty Heuston	Juniata College	10.47		
14 Bridget Daniels	DeSales University	10.58		
15 Amanda Bohler	Delaware Valley College	10.71		

Event 11 Women 55 Meter Dash

MAC Record: 7.49 M 2002 Willie Simmons, Widener
 Field House: 7.35 F 2/21/2003 Flo Yerokun, Shippensburg

Name	School	Prelims	Finals	Points
Finals				
1 Megan Patrono	Susquehanna University	7.43	7.46 M	10
2 Monique Gaillard	Widener University	7.39	7.47 M	8
3 Kirsten Rotzell	Moravian College	7.43	7.54	6
4 Jen Minnig	Susquehanna University	7.61	7.59	4
5 Nicole Day	Widener University	7.72	7.63	2
6 Stefanie Rynkewitz	Juniata College	7.67	7.87	1
Preliminaries				
7 Williametta Simmons	Widener University	7.79		
8 Kristen Pettibon	Elizabethtown College	7.83		
9 Rebecca Moore	Moravian College	7.90		
10 Dena Shibib	Albright College	7.95		

Event 13 Women Pole Vault

MAC Record: 9-06 M 2001 Jessica Popp, Elizabethtown
 Field House: 10-00 F 2/8/2003 Vonelle Allocco, Messiah

Name	School	Finals	Points
1 Rebecca Moore	Moravian College	10-00.00 F	10
2 Vonelle Allocco	Messiah College	J10-00.00 F	7
2 Amy Wagner	Lebanon Valley College	J10-00.00 F	7
4 April Mafturak	Delaware Valley College	9-06.00 M	4

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

(Event 13 Women Pole Vault)

Name	School	Finals	Points
5 Jessica Popp	Elizabethtown College	J9-06.00 M 2.89m	2
6 Amanda Wynn	Moravian College	J9-06.00 M 2.89m	1
7 Erin Weaner	Messiah College	9-00.00 2.74m	
8 Casey Kauffman	Susquehanna University	8-06.00 2.59m	
9 Jessica Mohr	Messiah College	J8-06.00 2.59m	
10 Bethann Pagano	Albright College	J8-06.00 2.59m	
11 Cassi Strohbach	Messiah College	J8-06.00 2.59m	
12 Allison Domday	Albright College	8-00.00 2.43m	
13 Kate Glaab	Delaware Valley College	J8-00.00 2.43m	
14 Rachel Stone	Susquehanna University	J8-00.00 2.43m	
15 Amelia Mazza	Albright College	7-06.00 2.28m	
16 Stephanie Wasyluk	Juniata College	J7-06.00 2.28m	
17 Leanne Hurtack	Susquehanna University	7-00.00 2.13m	

Event 14 Women High Jump

MAC Record: 5-04.25 M 1993

Krisa Murray, Moravian

Field House: 5-05 F 2/8/2003

Becky Bullard, IUP

Name	School	Finals	Points
1 Lynsey Boggess	Moravian College	5-01.00 1.54m	10
2 Christina Scherwin	Moravian College	5-00.00 1.52m	8
3 Sarah Willburgh	Susquehanna University	J5-00.00 1.52m	6
4 Latoya Stewart	Lebanon Valley College	J5-00.00 1.52m	4
5 Shannon Barnett	Susquehanna University	J5-00.00 1.52m	2
6 Kirsten Sundberg	Susquehanna University	4-10.00 1.47m	.50
6 Carrie Kerna	Elizabethtown College	4-10.00 1.47m	.50
8 Kathleen Noll	Delaware Valley College	4-06.00 1.37m	
8 Misty Heuston	Juniata College	4-06.00 1.37m	
10 Amanda Hargrove	Widener University	J4-06.00 1.37m	
11 Erin Baker	Delaware Valley College	J4-06.00 1.37m	

Event 15 Women 4x200 Meter Relay

MAC Record: 1:47.03 M 2002

Widener, Widener

Simmons, Day, Neill, Fortune

Field House: 1:47.03 F 2/23/2002

Widener, Widener

Simmons, Day, Neill, Fortune

Team	Relay	Finals	H#	Points
1 Susquehanna University		1:48.46	2	10
1) Jen Minnig	2) Liz Harker	3) Jen Lockman	4) Megan Patrono	
2 Widener University		1:49.24	2	8
1) Williametta Simmons	2) Nicole Day	3) Monique Gaillard	4) Renee Fortune	
3 Messiah College		1:50.85	2	6
1) Jess Sauve	2) Ashley Beck	3) Jessica Mohr	4) Uma Allimuthu	
4 Albright College		1:51.74	1	4
1) Desarae Mauldin	2) Dena Shibib	3) Dianne Mitchell	4) Lakeisha Fairley	
5 Elizabethtown College		1:53.54	2	2
1) Carrie Kerna	2) Kristen Pettibon	3) Jamie Nace	4) Betsy Burroughs	
6 Moravian College		1:54.85	1	1
1) Margaret Benny	2) Ann Guzevich	3) Stephanie Beitler	4) Nicole Sabaliauskas	
7 Lebanon Valley College		1:55.80	1	
1) Stacey Adair	2) Kelly Hilkert	3) Sarah O'Connell	4) Latoya Stewart	

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

(Event 15 Women 4x200 Meter Relay)

Team	Relay	Finals	H#	Points
8 DeSales University 1) Bethany Rowland	2) Bridget Daniels	3) Kate McNally	4) Audrey Hallinan	1:58.97 1

Event 17 Women 1500 Meter Run

MAC Record: 4:43.97 M 2001 Heidi Wolfsberger, Moravian

Field House: 4:49.66 F 2/23/2002 Gina Lucrezi, DeSales

Name	School	Finals	Points
1 Gina Lucrezi	DeSales University	4:53.13	10
2 Heather McGarvie	Moravian College	4:54.19	8
3 Laura Nye	Messiah College	4:58.55	6
4 Jessica Hawthorne	Messiah College	4:59.47	4
5 Erica Angell	Moravian College	5:02.16	2
6 Kacie Aristide	DeSales University	5:08.13	1
7 Chrissy Matticola	Albright College	5:12.16	
8 Deidre Martin	Moravian College	5:16.53	
9 Sarah Bacon	Messiah College	5:18.59	
10 Kate Bauer	Messiah College	5:18.84	
11 Nancy Hayes	Juniata College	5:22.68	
12 Lindsay Stehman	Moravian College	5:23.77	
13 Alicia Gould	DeSales University	5:29.95	
14 Jessica Lind	Elizabethtown College	5:40.28	
15 Liz Heppard	Elizabethtown College	5:40.80	

Event 19 Women Triple Jump

MAC Record: 11.22m M 1993 Debbie Smuda, Widener

Field House: 11.35m F 2/8/2003 Tunisia Lacy, Shippensburg

Name	School	Finals	Points
1 Kirsten Rotzell	Moravian College	11.34m M 37-02.50	10
2 Kelly Kennedy	Susquehanna University	10.58m 34-08.50	8
3 Uma Allimuthu	Messiah College	10.52m 34-06.25	6
4 Casey Moser	Elizabethtown College	10.46m 34-04.00	4
5 Williametta Simmons	Widener University	10.38m 34-00.75	2
6 Ellen Mull	Susquehanna University	10.09m 33-01.25	1
7 Lisa Landis	Lebanon Valley College	10.07m 33-00.50	
8 Desarae Mauldin	Albright College	9.99m 32-09.50	
9 Stacy Voegeli	DeSales University	9.88m 32-05.00	
10 Bonnie Susan	Lebanon Valley College	9.49m 31-01.75	
11 Latoya Stewart	Lebanon Valley College	9.39m 30-09.75	

Event 20 Women Shot Put

MAC Record: 13.36m M 2002 Christina Scherwin, Moravian

Field House: 13.36m F 2/23/2002 Christina Scherwin, Moravian

Name	School	Finals	Points
1 Christina Scherwin	Moravian College	13.70m M 44-11.50	10
2 Kaleena Lockard	Susquehanna University	11.91m 39-01.00	8
3 Jacki Jensenius	Susquehanna University	10.39m 34-01.25	6
4 Crystal Tracy	Elizabethtown College	9.79m 32-01.50	4
5 Debbie Delaney	Juniata College	9.70m 31-10.00	2
6 Kira Troutman	Juniata College	9.66m 31-08.50	1
7 Denise Showalter	Juniata College	9.42m 30-11.00	

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

(Event 20 Women Shot Put)

Name	School	Finals		Points
8 Medalana Smith	Messiah College	9.19m	30-02.00	
9 Becky Steiner	Susquehanna University	9.17m	30-01.00	
10 Betsy Kusniez	Juniata College	9.13m	29-11.50	
11 Kristin Eickstadt	Albright College	9.12m	29-11.25	
12 Aileen Mulligan	Albright College	8.91m	29-02.75	

Event 21 Women 400 Meter Dash

MAC Record: 1:00.16 M 2002 Lakeisha Fairley, Albright
 Field House: 59.77 F 2/16/2002 Rashanda Dalton, Harrisburg HS

Name	School	Finals	H#	Points
1 Lakeisha Fairley	Albright College	59.93 M	3	10
2 Jess Sauve	Messiah College	1:00.14 M	3	8
3 Stefanie Rynkewitz	Juniata College	1:01.07	3	6
4 Betsy Burroughs	Elizabethtown College	1:01.29	3	4
5 Ashley Beck	Messiah College	1:01.57	3	2
6 Meredith Troutman	Juniata College	1:02.00	2	1
7 Liz Harker	Susquehanna University	1:03.14	3	
8 Stacey Adair	Lebanon Valley College	1:03.67	2	
9 Kelly Hilkert	Lebanon Valley College	1:04.12	2	
10 Katrina Rogers	Susquehanna University	1:05.19	2	
11 Erin Baker	Delaware Valley College	1:06.68	1	
12 Kate Billings	DeSales University	1:06.90	1	
13 Meghan Johnson	Susquehanna University	1:07.42	2	
14 Bri Yachera	Albright College	1:07.94	1	
15 Rebekah Becker	Messiah College	1:07.99	1	
16 Laura Hughes	Widener University	1:08.24	2	
17 Sarah O'Connell	Lebanon Valley College	1:08.44	1	
18 Amy Eremita	Albright College	1:08.75	1	

Event 23 Women 800 Meter Run

MAC Record: 2:20.90 M 2001 Heidi Wolfsberger, Moravian
 Field House: 2:20.50 F 2/8/2003 Becky Bullard, IUP

Name	School	Finals	Points
1 Jill Brobst	Elizabethtown College	2:23.26	10
2 Jordan Bolduc	Susquehanna University	2:23.97	8
3 Gina Lucrezi	DeSales University	2:24.44	6
4 Susan Plissey	Messiah College	2:25.16	4
5 Heather McGarvie	Moravian College	2:25.70	2
6 Emily Nye	Messiah College	2:27.59	1
7 Becky Abrecht	Susquehanna University	2:28.85	
8 Marcie Rumfield	DeSales University	2:30.83	
9 Kellie Smith	Moravian College	2:32.86	
10 Christine Howe	DeSales University	2:33.97	
11 Elizabeth James	Widener University	2:34.10	
12 Mary Wheatley	Delaware Valley College	2:34.74	
13 Kate McNally	DeSales University	2:40.96	
14 Sara Goodwin	Widener University	2:49.55	

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

Event 27 Women 200 Meter Dash

MAC Record: 26.57 M 2002 Nicole Day, Widener

Field House: 26.57 F 2/23/2002 Nicole Day, Widener

Name	School	Finals	H#	Points
1 Megan Patrono	Susquehanna University	26.48 F	3	10
2 Kirsten Rotzell	Moravian College	26.69	3	8
3 Monique Gaillard	Widener University	26.84	3	6
4 Jess Sauve	Messiah College	26.96	3	4
5 Ashley Beck	Messiah College	27.41	2	2
6 Nicole Day	Widener University	27.44	2	1
7 Jen Minnig	Susquehanna University	27.67	3	
8 Meredith Troutman	Juniata College	27.68	3	
9 Lakeisha Fairley	Albright College	27.93	2	
10 Stefanie Rynkewitz	Juniata College	28.01	2	
11 Renee Fortune	Widener University	28.17	1	
12 Stacey Adair	Lebanon Valley College	28.33	1	
13 Williametta Simmons	Widener University	28.50	2	
14 Margaret Benny	Moravian College	28.68	1	
15 Kelly Hilker	Lebanon Valley College	28.90	1	
--- Kristen Pettibon	Elizabethtown College	DNF	1	

Event 29 Women 5000 Meter Run

MAC Record: 17:50.98 M 2002 Emily Shertzer, Moravian

Field House: 17:50.90 F 2/23/2002 Emily Shertzer, Moravian

Name	School	Finals	Points
1 Melissa St Clair	Elizabethtown College	18:38.20	10
2 Grace Trabulsi	Messiah College	19:03.23	8
3 Bri Lambert	Elizabethtown College	19:26.98	6
4 Erica Angell	Moravian College	19:32.74	4
5 Chrissy Matticola	Albright College	19:40.55	2
6 Chelsea Mullins	Moravian College	19:46.09	1
7 Erin Colwell	Susquehanna University	19:53.17	
8 Pam Mazzola	DeSales University	20:00.24	
9 Ashley Klees	Elizabethtown College	20:00.44	
10 Alison Stoyko	Moravian College	20:23.08	
11 Liz Allebach	Messiah College	20:42.15	
12 Emily Maurer	Widener University	20:47.66	
13 Nancy Hayes	Juniata College	20:48.11	
14 Laura Holmes	Messiah College	20:57.44	
15 Heather Bacon	Messiah College	21:35.75	

Event 31 Women 4x800 Meter RelayMAC Record: 9:57.96 M 2002 Moravian, Moravian
Smith, McGarvie, Boberg, Wise

Field House: 10:30.79 F 2/21/2003 Messiah College, Messiah

Team	Relay	Finals	Points
1 Messiah College		10:00.02 F	10
1) Jessica Hawthorne	2) Laura Nye	3) Emily Nye	4) Susan Plissey
2 DeSales University		10:04.25 F	8
1) Kacie Aristide	2) Alicia Gould	3) Christine Howe	4) Gina Lucrezi

Middle Atlantic Conference - 3/1/2003
2003 Indoor Track and Field Championships
Garrett Sports Complex - Selinsgrove, PA
Results - Middle Atlantic Conference Championships

(Event 31 Women 4x800 Meter Relay)

Team	Relay	Finals	Points
3 Moravian College 1) Heather McGarvie	2) Erica Angell	3) Stephanie Beitler 4) Kellie Smith	10:07.31 F 6
4 Elizabethtown College 1) Amanda Santore	2) Danielle Frye	3) Kim Whalen 4) Jill Brobst	10:27.22 F 4
5 Susquehanna University 1) Becky Abrecht	2) Kassi Tylenda	3) Jordan Bolduc 4) Erin Colwell	10:42.35 2
6 Widener University 1) Jessica Moreland	2) Lindsay DuRoss	3) Sara Goodwin 4) Laura Hughes	11:07.50 1
7 Juniata College 1) Carol Longenecker	2) Katey Glunt	3) Sarah Bay 4) Nancy Hayes	11:18.76 1

Event 33 Women 4x400 Meter Relay

MAC Record: 4:16.19 M 2002

Messiah, Messiah

Rivera, Hawthorne, Allimuthu, Sauve

Shippensburg University, Shippensburg

Field House: 4:06.96 F 2/21/2003

Team	Relay	Finals	H#	Points
1 Elizabethtown College 1) Betsy Burroughs	2) Sarah Rever	3) Kristin Lander 4) Carrie Kerna	2	10
2 Messiah College 1) Ashley Beck	2) Erin Weaner	3) Rebekah Becker 4) Jess Sauve	2	8
3 Albright College 1) Desarae Mauldin	2) Amy Eremita	3) Bri Yachera 4) Lakeisha Fairley	1	6
4 Juniata College 1) Stefanie Rynkewitz	2) Juliana Hillegass	3) Meredith Troutman 4) Misty Heuston	1	4
5 Susquehanna University 1) Liz Harker	2) Leanne Hurtack	3) Sarah Willburgh 4) Katrina Rogers	1	2
6 Widener University 1) Monique Gaillard	2) Nicole Day	3) Elizabeth James 4) Renee Fortune	2	1
7 DeSales University 1) Audrey Hallinan	2) Kate McNally	3) Kate Billings 4) Bethany Rowland	2	1

Women - Team Rankings - 17 Events Scored

1) Moravian College	133	2) Susquehanna University	93.5
3) Messiah College	84	4) Elizabethtown College	78.5
5) Widener University	43	6) DeSales University	32
7) Albright College	26	8) Juniata College	21
9) Lebanon Valley College	12	10) Delaware Valley College	4