

Middle Atlantic Conference - 2/28/2004
Garrett Sports Complex - Selinsgrove, PA
Results

Men 55 Meter Dash

MAC Record: 6.45 M 2/24/2001 Jerome Robinson, Widener
 Field House: 6.51 F 2/8/2003 Jermaine Clayton, IUP
 6.33 D3 A
 6.50 D3 B

Name	Yr	School	Prelims	H#
Preliminaries				
1 Bauer, Mike	FR	Elizabethtown College	6.69 Q	4
2 Chatman, Mike	FR	Widener University	6.70 Q	2
3 Rawlins, Jordan	JR	Susquehanna University	6.71 Q	3
4 Yosca, Tim	SO	Susquehanna University	6.75 Q	1
5 Newsome, Alan	FR	Lebanon Valley College	6.71 q	3
6 Wicks, Danny	SR	Messiah College	6.75 q	2
7 Longenberger, Kolby	FR	Susquehanna University	6.76	4
8 Enders, Ben	SR	Susquehanna University	6.79	3
9 Revercomb, Robert	JR	Messiah College	6.82	1
10 Madkins, Josh	SO	Albright College	6.84	4
11 Bollinger, Justin	SO	Messiah College	6.89	3
12 Sier, Dustin	FR	Juniata College	6.93	1
13 Engle, Kurht	FR	Juniata College	6.98	2
13 Brooks, Thomas	FR	Delaware Valley College	6.98	1
15 Davidson, Kyle	FR	Widener University	6.98	4
16 Weber, Jeremy	JR	Juniata College	7.00	2
17 Thomas, Joe	SR	DeSales University	7.04	4
18 Thomas, Glenn	SO	DeSales University	7.06	3
19 Hickox, Rob	SR	Elizabethtown College	7.07	1
20 Johnson, Evan	SO	Widener University	7.16	2

Men 55 Meter Dash

MAC Record: 6.45 M 2/24/2001 Jerome Robinson, Widener
 Field House: 6.51 F 2/8/2003 Jermaine Clayton, IUP
 6.33 D3 A
 6.50 D3 B

Name	Yr	School	Finals	Points
Finals				
1 Bauer, Mike	FR	Elizabethtown College	6.61	10
2 Rawlins, Jordan	JR	Susquehanna University	6.62	8
3 Newsome, Alan	FR	Lebanon Valley College	6.66	6
4 Chatman, Mike	FR	Widener University	6.76	4
5 Yosca, Tim	SO	Susquehanna University	6.76	2
6 Wicks, Danny	SR	Messiah College	6.89	1

Men 200 Meter Dash

MAC Record: 22.68 M 2/23/2002 Kevin Bush, Moravian
 Field House: 22.68 F 2/23/2002 Kevin Bush, Moravian

Name	Yr	School	Finals	H#	Points
1 Sanders, Kyle	JR	Susquehanna University	23.09	4	10
2 Newsome, Alan	FR	Lebanon Valley College	23.12	3	8
3 Bauer, Mike	FR	Elizabethtown College	23.18	4	6
4 Van Dien, James	JR	DeSales University	23.31	4	4
5 Moore, Joe	SR	Moravian College	23.32	4	2

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Name	Yr	School	Finals	H#	Points
6 Corominas, Lou	SO	DeSales University	23.36	4	1
7 Enders, Ben	SR	Susquehanna University	23.66	2	
8 Slinger, Doe	SR	Widener University	23.70	3	
9 Kline, Josh	FR	Moravian College	23.72	4	
10 Saviour, Tyreak	JR	Widener University	23.93	1	
11 Engle, Kurht	FR	Juniata College	24.01	1	
12 Madkins, Josh	SO	Albright College	24.06	3	
13 Brooks, Thomas	FR	Delaware Valley College	24.27	1	
14 Firth, Tyler	FR	Susquehanna University	24.27	2	
15 Bollinger, Justin	SO	Messiah College	24.33	1	
16 Revercomb, Robert	JR	Messiah College	24.39	2	
17 Wicks, Danny	SR	Messiah College	24.61	3	

Men 400 Meter Dash

MAC Record: 50.05 M 3/1/2003 Scott Silvoy, Moravian
Field House: 50.05 F 3/1/2003 Scott Silvoy, Moravian
 48.50 D3 A
 49.80 D3 B

Name	Yr	School	Finals	H#	Points
1 Corominas, Lou	SO	DeSales University	49.90 F	3	10
2 Kline, Josh	FR	Moravian College	51.64	3	8
3 Raver, Tom	FR	Elizabethtown College	51.65	3	6
4 Flynn, Ryan	JR	Widener University	52.09	2	4
5 Sanders, Kyle	JR	Susquehanna University	52.19	3	2
6 Snyder, Dan	SO	Messiah College	52.20	3	1
7 Capkin, Sean	SO	Susquehanna University	52.67	2	
8 Bailey, Matt	FR	Moravian College	53.17	3	
9 Hauk, Matt	JR	Lebanon Valley College	53.36	2	
10 Hill, Justin	FR	Susquehanna University	54.14	1	
11 Saviour, Tyreak	JR	Widener University	54.19	1	
12 DeAngelis, Darren	SO	Elizabethtown College	54.29	2	
13 Harris, Ryan	SO	Messiah College	54.40	1	
14 Firth, Tyler	FR	Susquehanna University	54.62	2	
15 Ivancich, Daniel	SO	Albright College	55.12	1	

Men 800 Meter Run

MAC Record: 1:55.86 M 2/23/2002 Will Brownback, Widener
Field House: 1:55.86 F 2/23/2002 Will Brownback, Widener
 1:52.80 D3 A
 1:55.10 D3 B

Name	Yr	School	Finals	Points
1 Yuot, Macharia	SO	Widener University	1:56.55	10
2 Mulcahy, Sean	SR	Elizabethtown College	1:59.65	8
3 Donovan, Patrick	FR	Elizabethtown College	2:00.86	6
4 Colistro, Todd	JR	DeSales University	2:00.93	4
5 Yoder, Matthew	SO	Albright College	2:01.40	2
6 Bofinger, Eric	FR	Messiah College	2:01.67	1
7 Landis, Brent	FR	Elizabethtown College	2:02.78	
8 Dressler, Bobby	JR	Messiah College	2:02.86	
9 Hennessy, Dan	JR	Widener University	2:03.30	

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Name	Yr	School	Finals	Points
10 Moore, Nate	JR	Elizabethtown College	2:03.74	
11 Sheaffer, Chris	SO	Juniata College	2:04.70	
12 Freeman, Jason	JR	Juniata College	2:06.60	
13 Kiner, Josh	SO	Lebanon Valley College	2:08.15	
14 Howard, Jeremiah	SO	Messiah College	2:13.15	
15 Julian, Joe	FR	Susquehanna University	2:13.68	

Men 1500-Meter Run

MAC Record: 3:58.74 M 2/27/1993 Steve Monaco, Franklin & Marshall

Field House: 3:58.30 F 2/21/2003 Steve Sanko, Elizabethtown

3:52.30 D3 A

3:57.70 D3 B

Name	Yr	School	Finals	Points
1 Yuot, Macharia	SO	Widener University	3:55.98 F D3 B	10
2 Dressler, Bobby	JR	Messiah College	3:59.98	8
3 Mulcahy, Sean	SR	Elizabethtown College	4:00.06	6
4 Moore, Nate	JR	Elizabethtown College	4:02.76	4
5 Wetzel, Greg	SO	Elizabethtown College	4:04.41	2
6 Miller, Zach	SO	Widener University	4:07.14	1
7 McDonnell, Sean	SR	Moravian College	4:13.22	
8 Vella, Mike	SO	Juniata College	4:14.06	
9 Patterson, Nick	SO	Elizabethtown College	4:15.91	
10 Rea, Jeremy	SR	Lebanon Valley College	4:15.98	
11 Howard, Jeremiah	SO	Messiah College	4:19.10	
12 Fritzius, Justin	SO	Juniata College	4:19.60	
13 Rarick, Greg	SO	Moravian College	4:19.76	
14 Henry, John	SR	DeSales University	4:20.16	
15 Zaleski, Russell	SO	Moravian College	4:23.78	
16 Wiegand, Chris	SO	Susquehanna University	4:23.99	
17 Hiller, Brad	SR	Elizabethtown College	4:24.11	
18 Altobelli, Nick	SR	Widener University	4:26.45	
19 Dreibelbis, Brian	SR	Widener University	4:27.78	
20 Schaefer, Rob	SR	Lebanon Valley College	4:27.91	
21 Shimer, William	SO	Moravian College	4:30.19	

Men 5000 Meter Run

MAC Record: 14:51.67 M 2/29/1992 Frank McGovern, Widener

Field House: 15:07.44 F 3/1/2003 Steve Sanko, Elizabethtown

14:33.00 D3 A

14:55.00 D3 B

Name	Yr	School	Finals	Points
1 Vidumsky, Mike	JR	DeSales University	15:06.40 F	10
2 Doreau, Ed	SR	Messiah College	15:24.01	8
3 Berdan, Dave	SR	Elizabethtown College	15:26.87	6
4 Volpi, Jonathan	SO	Widener University	15:43.21	4
5 Hayburn, Patrick	SO	Widener University	15:56.56	2
6 Miranda, Jose	JR	Elizabethtown College	15:56.64	1
7 Snyder, Kyle	FR	Susquehanna University	15:57.87	
8 Williams, Chris	JR	Elizabethtown College	16:01.97	
9 Cohen, David	FR	Elizabethtown College	16:12.19	

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Name	Yr	School	Finals	Points
10 Hazewski, Chip	SR	Widener University	16:13.89	
11 Theobald, Jason	FR	Elizabethtown College	16:26.81	

Men 55 Meter Hurdles

MAC Record: 7.69 M 2/23/2002 **Dusty Lehr, Juniata**
Field House: 7.65 F 2/15/2002 **Corey Nolan, Shippensburg**
7.50 D3 A
7.74 D3 B

Name	Yr	School	Prelims	H#
Preliminaries				
1 DeAngelis, Darren	SO	Elizabethtown College	8.00 Q	1
2 Bailey, Matt	FR	Moravian College	8.17 Q	2
3 Newell, Jordan	JR	Lebanon Valley College	8.05 q	1
4 Voss, Steve	SR	Messiah College	8.17 q	1
5 Dumont, Sky	SO	Susquehanna University	8.25 q	2
6 Hauk, Matt	JR	Lebanon Valley College	8.32 q	2
7 Hill, Justin	FR	Susquehanna University	8.33	1
8 Hagan, Dennis	SO	Widener University	8.34	2
9 Laird, Bryon	FR	Lebanon Valley College	8.43	1
10 Corey, Dan	JR	Moravian College	8.67	1
11 Matalavage, Steve	FR	DeSales University	8.72	2

Men 55 Meter Hurdles

MAC Record: 7.69 M 2/23/2002 **Dusty Lehr, Juniata**
Field House: 7.65 F 2/15/2002 **Corey Nolan, Shippensburg**
7.50 D3 A
7.74 D3 B

Name	Yr	School	Finals	Points
Finals				
1 Bailey, Matt	FR	Moravian College	7.83	10
2 DeAngelis, Darren	SO	Elizabethtown College	7.96	8
3 Voss, Steve	SR	Messiah College	8.09	6
4 Dumont, Sky	SO	Susquehanna University	8.35	4
5 Hauk, Matt	JR	Lebanon Valley College	8.43	2
6 Newell, Jordan	JR	Lebanon Valley College	10.14	1

Men 4x200 Meter Relay

MAC Record: 1:31.27 M 2/23/2002 **Widener**
Giles, Jenkins, Flynn, Coleman
Field House: 1:31.27 F 2/23/2002 **Widener**
Giles, Jenkins, Flynn, Coleman

Team	Relay	Finals	H#	Points
1 Susquehanna University	A	1:32.77	2	10
1) Sanders, Kyle JR	2) Warner, Jason SR	3) Yosca, Tim SO	4) Fetterolf, Evan FR	
2 DeSales University	A	1:33.85	2	8
1) Van Dien, James JR	2) Thomas, Glenn SO	3) Natriello, Nick FR	4) Corominas, Lou SO	
3 Messiah College	A	1:33.98	2	6
1) Wicks, Danny SR	2) Revercomb, Robert JR	3) Bollinger, Justin SO	4) Salvant, Tony SO	
4 Widener University	A	1:36.44	1	4
1) Chatman, Mike FR	2) Saviour, Tyreak JR	3) Slinger, Doe SR	4) Steigerwalt, Chris FR	

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Team	Relay	Finals	H#	Points
5 Albright College	A	1:36.58	1	2
1) Madkins, Josh SO	2) Ivancich, Daniel SO	3) Burke, John SO	4) Yoder, Matthew SO	
6 Juniata College	A	1:36.69	1	1
1) Sier, Dustin FR	2) Engle, Kurht FR	3) Anderson, Randy FR	4) Cantara, Will JR	
7 Elizabethtown College	A	1:37.26	2	
1) Hickox, Rob SR	2) Brosious, Dan	3) Uliana, Al	4) Galli, Mike	
8 Lebanon Valley College	A	1:40.18	1	
1) Hawk, Matt JR	2) Nyman, Mitch JR	3) Laird, Bryon FR	4) Newsome, Alan FR	

Men 4x400 Meter Relay

MAC Record: 3:28.28 M 2/23/2002 Moravian
Silvoy, Heebner, Wacker, Bush
Field House: 3:24.32 F 1/24/2004 Kutztown
3:16.00 D3 A
3:21.20 D3 B

Team	Relay	Finals	H#	Points
1 Susquehanna University	A	3:27.39 M	2	10
1) Capkin, Sean SO	2) Warner, Jason SR	3) Wassink, Joe FR	4) Sanders, Kyle JR	
2 Elizabethtown College	A	3:31.53	2	8
1) DeAngelis, Darren SO	2) Uliana, Al	3) Bauer, Mike FR	4) Raver, Tom FR	
3 Widener University	A	3:32.95	1	6
1) Hennessy, Dan JR	2) Boyle, John SO	3) Slinger, Doe SR	4) Hagan, Dennis SO	
4 DeSales University	A	3:35.46	2	4
1) Van Dien, James JR	2) Natriello, Nick FR	3) Ryan, Joe JR	4) Deas, John FR	
5 Moravian College	A	3:35.47	2	2
1) Kline, Josh FR	2) Bailey, Matt FR	3) Corey, Dan JR	4) McDonnell, Sean SR	
6 Messiah College	A	3:37.59	2	1
1) Snyder, Dan SO	2) Harris, Ryan SO	3) Arnold, Chris	4) Voss, Steve SR	
7 Albright College	A	3:39.31	2	
1) Madkins, Josh SO	2) Ivancich, Daniel SO	3) Burke, John SO	4) Yoder, Matthew SO	
8 Juniata College	A	3:43.33	1	
1) Engle, Kurht FR	2) Anderson, Randy FR	3) Ondecko, Gary SO	4) Cantara, Will JR	

Men 4x800 Meter Relay

MAC Record: 8:06.24 M 2/27/1993 Haverford
Arnold, Polinsky, Schaeffer, Landon
Field House: 8:10.37 F 2/13/2004 Elizabethtown

Team	Relay	Finals	Points
1 Elizabethtown College	A	8:02.11 M	10
1) Wetzell, Greg SO	2) Donovan, Patrick FR	3) Mulcahy, Sean SR	4) Sanko, Steve SR
2 Widener University	A	8:12.17	8
1) Cunningham, Kevin JR	2) Miller, Zach SO	3) Reilley, Brendon FR	4) Yuot, Macharia SO
3 Moravian College	A	8:15.04	6
1) Grady, Joe SR	2) McDonnell, Sean SR	3) Grogan, Patrick JR	4) Rarick, Greg SO
4 Messiah College	A	8:16.75	4
1) Bofinger, Eric FR	2) Blosser, Erik FR	3) Miller, Andrew FR	4) Dressler, Bobby JR
5 DeSales University	A	8:20.13	2
1) Burke, Robert FR	2) DiLuzio, Jonathan JR	3) Sheppard, Ryan SR	4) Corominas, Lou SO
6 Juniata College	A	8:30.43	1
1) Lampert, Jeremy SO	2) Sheaffer, Chris SO	3) Freeman, Jason JR	4) Fritzius, Justin SO
7 Susquehanna University	A	8:57.60	
1) Lake, Daren SR	2) Lamy, Ed	3) Luscik, Joe SO	4) Julian, Joe FR

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Team	Relay	Finals	Points
8 Lebanon Valley College	A	9:01.64	
1) Rea, Jeremy SR	2) Schaefer, Rob SR	3) Kiner, Josh SO	4) Webber, Ryan

Men Distance Medley

MAC Record: 10:31.47 M 2/29/1992 Swarthmore
 Graham, Malone, Edgar, Warshawsky

Field House: 10:30.79 F 1/24/2004 Shippensburg

10:01.00 D3 A

10:14.20 D3 B

Team	Relay	Finals	Points
1 Elizabethtown College	A	10:28.08 F	10
1) Bresnahan, Dave	2) Brosious, Dan	3) Landis, Brent FR	4) Sanko, Steve SR
2 Moravian College	A	10:41.88	8
1) Grady, Joe SR	2) Corey, Dan JR	3) McDonnell, Sean SR	4) Rarick, Greg SO
3 DeSales University	A	10:44.67	6
1) Burke, Robert FR	2) Deas, John FR	3) DiLuzio, Jonathan JR	4) Sheppard, Ryan SR
4 Juniata College	A	10:47.41	4
1) Sheaffer, Chris SO	2) Cantara, Will JR	3) Lampert, Jeremy SO	4) Vella, Mike SO
5 Widener University	A	10:53.09	2
1) Boyle, John SO	2) Reilley, Brendon FR	3) Coll, T.J. SO	4) Cunningham, Kevin JR
6 Susquehanna University	A	11:08.81	1
1) Haines, Doug FR	2) Firth, Tyler FR	3) Lake, Daren SR	4) Wiegand, Chris SO
7 Messiah College	A	11:10.55	
1) Blosser, Erik FR	2) Arnold, Chris	3) Myers, John	4) Miller, Keith JR
8 Albright College	A	11:50.43	
1) Sarno, Joe JR	2) Rickmers, Greg FR	3) Hunter, Josh	4) Sarno, Anthony FR

Men High Jump

MAC Record: 6-08.50 M 2/23/2002 Chris Boyles, Messiah

Field House: 6-10.25 F 1/24/2004 Mike Newhard, East Stroudsburg

6-10.75 D3 A

6-07.50 D3 B

Name	Yr	School	Finals	Points
1 Mikaya, Chris	JR	Messiah College	6-06.00	10
2 Loser, Adam	SO	Juniata College	J6-06.00	8
3 Newell, Jordan	JR	Lebanon Valley College	6-04.00	6
4 Miller, Keith	JR	Messiah College	6-02.00	4
5 Patterson, Jason	SO	Elizabethtown College	J6-02.00	2
6 Smith, Josh	FR	Susquehanna University	J6-02.00	1
7 Boudreau, Kyle	JR	Susquehanna University	6-00.00	
7 Fogel, Zachary	FR	Elizabethtown College	6-00.00	
9 Harkins, Joe	SO	Albright College	J6-00.00	
9 Drake, Mike	FR	Susquehanna University	J6-00.00	
11 Foster, Raif	SR	Susquehanna University	J6-00.00	
12 Ryan, Joe	JR	DeSales University	5-08.00	

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Men Pole Vault

MAC Record: 15-07 M 2/29/1992 Frank Krantz, Susquehanna
Field House: 16-00 F 1/24/2004 Kurt Dunn, Alfred State
 16-07.75 D3 A
 15-02.25 D3 B

Name	Yr	School	Finals	Points
1 Feverston, Jeff	JR	Albright College	14-00.00	10
2 El Kazzaz, Michael	SO	Moravian College	J14-00.00	8
3 Daniele, Rob	SO	Susquehanna University	J14-00.00	5
3 Bennett, Eric	SR	Elizabethtown College	J14-00.00	5
5 Buckson, Jimmy	SO	Lebanon Valley College	J14-00.00	2
6 Poiesz, Rob	JR	Messiah College	13-00.00	.50
6 Kuster, Josh	SO	Susquehanna University	13-00.00	.50
8 Porter, Jason	FR	Elizabethtown College	J13-00.00	
9 Kasper, Phil	FR	Susquehanna University	12-06.00	
10 MacDonald, Brian	SR	DeSales University	12-00.00	
10 Fogel, Zachary	FR	Elizabethtown College	12-00.00	
12 Colistro, Todd	JR	DeSales University	11-00.00	
--- Murphy, Brian	FR	Elizabethtown College	NH	

Men Long Jump

MAC Record: 7.25m M 2/27/1993 Gregg Barrett, Widener
Field House: 7.23m F 1/24/2004 Justin Collins, Kutztown
 7.30m D3 A
 6.95m D3 B

Name	Yr	School	Finals	Points
1 Moore, Joe	SR	Moravian College	7.23m F D3 B	10
2 Bauer, Mike	FR	Elizabethtown College	7.10m D3 B	8
3 Drake, Mike	FR	Susquehanna University	6.88m	6
4 Patterson, Jason	SO	Elizabethtown College	6.78m	4
5 Weber, Jeremy	JR	Juniata College	6.76m	2
6 Callejas, Pablo	SR	Elizabethtown College	6.63m	1
7 Goodwin, Brian	FR	Elizabethtown College	6.51m	
8 Godino, Pete	SR	Messiah College	6.36m	
9 Ondecko, Gary	SO	Juniata College	6.22m	
10 Anderson, Randy	FR	Juniata College	6.18m	
11 Haldeman, Scott	SO	Susquehanna University	6.12m	
12 Steigerwalt, Chris	FR	Widener University	J6.12m	
13 Stoker, Todd	FR	Widener University	5.98m	
14 Guerin, James	SR	Messiah College	5.88m	
15 Coughlin, Anthony	FR	Albright College	5.72m	
16 Trosa, Gino	SO	Lebanon Valley College	5.68m	
17 Thomas, Glenn	SO	DeSales University	5.45m	

Men Triple Jump

MAC Record: 14.70m M 2/24/2001 Michael Coleman, Widener
Field House: 14.77m F 1/24/2004 Jason Patterson, Elizabethtown
 14.94m D3 A
 14.00m D3 B

Name	Yr	School	Finals	Points
1 Patterson, Jason	SO	Elizabethtown College	14.86m F D3 B	10

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Name	Yr	School	Finals	Points
2 Callejas, Pablo	SR	Elizabethtown College	14.66m	D3 B 8
3 Haldeman, Scott	SO	Susquehanna University	13.70m	6
4 Smith, Josh	FR	Susquehanna University	13.49m	4
5 Godino, Pete	SR	Messiah College	12.99m	2
6 Weber, Jeremy	JR	Juniata College	12.86m	1
7 Salvant, Tony	SO	Messiah College	12.83m	
8 Goodwin, Brian	FR	Elizabethtown College	12.79m	
9 Steigerwalt, Chris	FR	Widener University	12.59m	
10 Ryan, Joe	JR	DeSales University	12.34m	
11 Remaley, Chad	FR	DeSales University	12.16m	
12 Anderson, Randy	FR	Juniata College	11.90m	
13 Guerin, James	SR	Messiah College	11.54m	

Men Shot Put

MAC Record: 15.43m M 2/27/1993 Alailima Talavou, Franklin & Marshall
Field House: 16.03m F 2/8/2003 Matt Peters, Shippensburg
 17.11m D3 A
 15.40m D3 B

Name	Yr	School	Finals	Points
1 Rauer, John	SR	Widener University	13.56m	10
2 Martin, Josh	SR	Messiah College	13.53m	8
3 Widener, Jim	SO	Widener University	13.34m	6
4 Kolak, Chris	FR	Susquehanna University	13.32m	4
5 Shue, William	SR	Albright College	13.11m	2
6 Hill, Matt	JR	Susquehanna University	12.98m	1
7 Poust, Mike	FR	Widener University	12.94m	
8 Wrubel, Mike	SO	Widener University	12.87m	
9 Gigliotti, Gabe	FR	DeSales University	12.70m	
10 Poore, Brian	JR	DeSales University	11.83m	
11 Kondorossy, Steve	FR	Moravian College	11.77m	
12 Gaither, Geoff	SO	Widener University	11.70m	
13 Snyder, Dan	SO	Messiah College	11.54m	
14 Roher, Greg	FR	DeSales University	11.47m	
15 Callahan, Patrick	FR	Moravian College	J11.47m	
16 Klinksiek, Andrew	SR	Albright College	11.44m	
17 MacDonald, Brian	SR	DeSales University	11.10m	

Men Weight Throw

MAC Record: 15.69m M 2/23/2002 Mike Ruff, Widener
Field House: 16.54m F 2/21/2004 Brian Haupt, Shippensburg
 18.50m D3 A
 16.20m D3 B

Name	Yr	School	Finals	Points
1 Hill, Matt	JR	Susquehanna University	15.03m	10
2 Wrubel, Mike	SO	Widener University	14.70m	8
3 Devine, Clayton	SR	Widener University	14.68m	6
4 Thomas, Joe	SR	DeSales University	14.03m	4
5 Klinksiek, Andrew	SR	Albright College	13.31m	2
6 Weitkamp, Andy	SO	Susquehanna University	12.68m	1
7 Kondorossy, Steve	FR	Moravian College	12.65m	

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(Men Weight Throw)

Name	Yr	School	Finals	Points
8 DeMoss, Tom	SR	Widener University	12.48m	
9 Watts, Jeffrey	SO	Widener University	12.25m	
10 Fehringer, Jonathan	SR	DeSales University	11.79m	
11 Poore, Brian	JR	DeSales University	11.77m	
12 Nyman, Mitch	JR	Lebanon Valley College	11.73m	
13 Steiner, Justin	SR	Widener University	11.46m	
14 Chomiszewski, Tony	JR	Widener University	11.26m	
15 Perez, Samir	FR	Moravian College	11.21m	
16 Wray, Dan	SO	Albright College	10.80m	

MAC Record: 7.69 M 2/23/2002 Dusty Lehr, Juniata
 Field House: 7.65 F 2/15/2002 Corey Nolan, Shippensburg
 7.50 D3 A
 7.74 D3 B

Men - Team Rankings - 17 Events Scored

1) Elizabethtown College	129	2) Susquehanna University	85.5
3) Widener University	85	4) Messiah College	60.5
5) Moravian College	54	6) DeSales University	53
7) Lebanon Valley College	25	8) Albright College	18
9) Juniata College	17		

MOST OUTSTANDING PERFORMER : MACHARIA YUOT (WIDENER)
 ROOKIE OF THE YEAR : MIKE BAUER (ELIZABETHTOWN)
 COACH OF THE YEAR : CHRIS STRAUB (ELIZABETHTOWN)

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Women 55 Meter Dash

MAC Record: 7.39 M 3/1/2003 Monique Gaillard, Widener
 Field House: 7.01 F 1/24/2004 Diana Lawson, N.J. City
 7.12 D3 A
 7.33 D3 B

Name	Yr	School	Prelims	H#
Preliminaries				
1 Recker, Erin	FR	Moravian College	M 7.34 Q	2
2 Minnig, Jen	JR	Susquehanna University	7.43 Q	1
3 Gaillard, Monique	JR	Widener University	7.50 Q	3
4 Tamlyn, Suzanne	FR	Moravian College	7.40 q	2
5 Rotzell, Kirsten	JR	Moravian College	7.46 q	1
6 Lichti, Erin	SO	Elizabethtown College	7.51 q	3
7 Eyster, Ashley	JR	Susquehanna University	7.54	2
8 Day, Nicole	JR	Widener University	7.57	3
9 Lavele, Eileen	FR	DeSales University	7.61	1
10 Havrilak, Lori	FR	Elizabethtown College	7.63	1
11 Simmons, Williametta	SR	Widener University	7.67	2
12 Hansen, Elizabeth	SR	Messiah College	7.81	3
13 Griffith, Julie	FR	Messiah College	7.81	3
14 Shibib, Dena	SR	Albright College	7.86	2

Women 55 Meter Dash

MAC Record: 7.39 M 3/1/2003 Monique Gaillard, Widener
 Field House: 7.01 F 1/24/2004 Diana Lawson, N.J. City
 7.12 D3 A
 7.33 D3 B

Name	Yr	School	Finals	Points
Finals				
1 Recker, Erin	FR	Moravian College	7.32 M D3 B	10
2 Tamlyn, Suzanne	FR	Moravian College	7.36 M	8
3 Minnig, Jen	JR	Susquehanna University	7.41	6
4 Gaillard, Monique	JR	Widener University	7.48	4
5 Rotzell, Kirsten	JR	Moravian College	7.52	2
6 Lichti, Erin	SO	Elizabethtown College	7.60	1

Women 200 Meter Dash

MAC Record: 26.48 M 3/1/2003 Megan Patrono, Susquehanna
 Field House: 25.98 F 1/24/2004 Andrea Herbert, N.J. City

Name	Yr	School	Finals	H#	Points
1 Tamlyn, Suzanne	FR	Moravian College	26.28 M	3	10
2 Day, Nicole	JR	Widener University	26.31 M	3	8
3 Gaillard, Monique	JR	Widener University	26.86	3	6
4 Recker, Erin	FR	Moravian College	26.97	2	4
5 Kerna, Carrie	SR	Elizabethtown College	26.97	2	2
6 Minnig, Jen	JR	Susquehanna University	27.15	3	1
7 Rotzell, Kirsten	JR	Moravian College	27.25	3	
8 Eyster, Ashley	JR	Susquehanna University	27.27	1	
9 Beck, Ashley	SO	Messiah College	27.34	1	
10 Lichti, Erin	SO	Elizabethtown College	27.38	3	
11 Fairley, Lakeisha	JR	Albright College	27.57	2	

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(Women 200 Meter Dash)

Name	Yr	School	Finals	H#	Points
12 Havrilak, Lori	FR	Elizabethtown College	27.91	2	
13 Simmons, Williametta	SR	Widener University	28.19	2	
14 Harker, Liz	SR	Susquehanna University	28.22	1	
15 Mohr, Jessica	SO	Messiah College	29.23	1	

Women 400 Meter Dash

MAC Record: 59.93 M 3/1/2003 Lakeisha Fairley, Albright
 Field-House: 57.70 F 2/21/2004 Jennifer Geter, Bowie State
 56.70 D3 A
 58.90 D3 B

Name	Yr	School	Finals	H#	Points
1 Fairley, Lakeisha	JR	Albright College	59.60 M	2	10
2 Lepley, Emily	FR	Susquehanna University	59.94	2	8
3 Burroughs, Betsy	JR	Elizabethtown College	1:00.71	2	6
4 Lockman, Jen	JR	Susquehanna University	1:01.54	2	4
5 Hilkert, Kelly	SO	Lebanon Valley College	1:02.18	2	2
6 Steadman, Amelia	FR	Messiah College	1:03.78	1	1
7 Lowther, Jen	FR	Susquehanna University	1:04.87	1	
8 Beitler, Stephanie	SO	Moravian College	1:05.66	1	
9 Alworth, Lynzee	JR	Juniata College	1:05.80	1	

Women 800 Meter Run

MAC Record: 2:20.90 M 2/24/2001 Heidi Wolfsberger, Moravian
 Field House: 2:17.02 F 2/21/2004 Gina Lucrezi, DeSales
 2:14.00 D3 A
 2:18.50 D3 B

Name	Yr	School	Finals	Points
1 Lucrezi, Gina	JR	DeSales University	2:17.61 M D3 B	10
2 Amato, Elena	FR	Juniata College	2:22.86	8
3 Hostetter, Jodie	FR	Messiah College	2:25.44	6
4 Bolduc, Jordan	SR	Susquehanna University	2:25.67	4
5 Smith, Kellie	JR	Moravian College	2:26.17	2
6 Matta, Heather	FR	Susquehanna University	2:26.50	1
7 Whalen, Kim	SO	Elizabethtown College	2:27.08	
8 Reynolds, Jamie	FR	Lebanon Valley College	2:27.99	
9 McGarvie, Heather	JR	Moravian College	2:28.11	
10 Brobst, Jill	JR	Elizabethtown College	2:28.60	
11 Johnson, Meghan	SO	Susquehanna University	2:30.13	
12 Koch, Kristi	SR	Susquehanna University	2:30.33	
13 Ayers, Tenleigh	FR	Elizabethtown College	2:35.34	
14 Brown, Marissa	SR	Messiah College	2:36.97	
15 Davies, Amelia	SO	Susquehanna University	2:38.44	

Women 1500 Meter Run

MAC Record: 4:43.97 M 2/24/2001 Heidi Wolfsberger, Moravian
 Field House: 4:49.66 F 2/23/2002 Gina Lucrezi, DeSales
 4:34.00 D3 A
 4:45.00 D3 B

Name	Yr	School	Finals	Points
1 Lucrezi, Gina	JR	DeSales University	4:41.12 M D3 B	10

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(Women 1500 Meter Run)

Name	Yr	School	Finals	Points
2 St Clair, Melissa	JR	Elizabethtown College	4:50.01	8
3 McGarvie, Heather	JR	Moravian College	5:02.15	6
4 Trabulsi, Grace	SR	Messiah College	5:05.64	4
5 Matta, Heather	FR	Susquehanna University	5:08.17	2
6 Glunt, Katey	SO	Juniata College	5:13.39	1
7 Fullmer, Trish	FR	Elizabethtown College	5:16.16	
8 Vergalla, Alexis	SO	Moravian College	5:16.49	
9 Tylenda, Kassi	SR	Susquehanna University	5:17.31	
10 Heppard, Liz	SO	Elizabethtown College	5:18.85	
11 Wheatley, Mary	JR	Delaware Valley College	5:21.00	
12 Agnolutto, Amy	FR	Messiah College	5:23.79	
13 Brown, Marissa	SR	Messiah College	5:25.12	
14 Laviola, Lauren	SR	Moravian College	5:25.20	
15 Lamp, Kim	FR	Elizabethtown College	5:26.14	
16 Martinson, Jessica	SR	Messiah College	5:29.74	
17 Kurilla, Sue	FR	DeSales University	5:30.82	
18 Chmil, Nadya	FR	Susquehanna University	5:40.23	

Women 5000 Meter Run

MAC Record: 17:50.90 M 2/23/2002 Emily Shertzer, Moravian

Field House: 17:50.90 F 2/23/2002 Emily Shertzer, Moravian

17:10.00 D3 A

17:55.00 D3 B

Name	Yr	School	Finals	Points
1 Mullins, Chelsea	JR	Moravian College	19:03.55	10
2 Frye, Danielle	SO	Elizabethtown College	19:04.83	8
3 Plissey, Susan	SR	Messiah College	19:11.34	6
4 Hayes, Nancy	SO	Juniata College	19:20.24	4
5 Matticola, Chrissy	JR	Albright College	19:30.28	2
6 Deihl, Erin	FR	Elizabethtown College	19:30.33	1
7 Trabulsi, Grace	SR	Messiah College	19:35.66	
8 Mazzola, Pam	SR	DeSales University	19:46.86	
9 Bahnatka, Lauren	SO	Moravian College	19:56.43	
10 Bacon, Heather	SR	Messiah College	20:13.95	
11 Fagan, Tara	FR	Elizabethtown College	20:19.02	
12 Klees, Ashley	JR	Elizabethtown College	20:29.53	

Women 55 Meter Hurdles

MAC Record: 8.53 M 2/23/2002 Steph Horne, Moravian

Field House: 7.87 F 1/24/2004 Melaine Walker, Essex CC

8.20 D3 A

8.65 D3 B

Name	Yr	School	Prelims	H#
Preliminaries				
1 Kerna, Carrie	SR	Elizabethtown College	M 8.29 Q D3 B	3
2 Rotzell, Kirsten	JR	Moravian College	M 8.46 Q D3 B	1
3 Lepley, Emily	FR	Susquehanna University	8.65 Q D3 B	2
4 Benny, Margaret	JR	Moravian College	8.86 q	3
5 Day, Nicole	JR	Widener University	8.86 q	1
6 Gaillard, Monique	JR	Widener University	8.93 q	3

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Preliminaries ... (Women 55 Meter Hurdles)

Name	Yr	School	Prelims	H#
7 Harker, Liz	SR	Susquehanna University	9.05	2
8 Lander, Kristin	JR	Elizabethtown College	9.66	2
9 Heuston, Misty	SR	Juniata College	10.00	1
10 Troutman, Kira	JR	Juniata College	10.15	3
11 Serfecz, Lindsey	SO	DeSales University	10.30	2
12 Dilworth, Jennifer	SO	Delaware Valley College	10.39	3
13 Chick, Sarah	FR	Elizabethtown College	10.47	1

Women 55 Meter Hurdles

MAC Record: 8.53 M 2/23/2002 Steph Horne, Moravian
 Field House: 7.87 F 1/24/2004 Melaine Walker, Essex CC
 8.20 D3 A
 8.65 D3 B

Name	Yr	School	Finals	Points
Finals				
1 Kerna, Carrie	SR	Elizabethtown College	8.21 M D3 B	10
2 Lepley, Emily	FR	Susquehanna University	8.44 M D3 B	8
3 Rotzell, Kirsten	JR	Moravian College	8.63 D3 B	6
4 Benny, Margaret	JR	Moravian College	8.84	4
5 Day, Nicole	JR	Widener University	8.99	2
6 Gaillard, Monique	JR	Widener University	9.36	1

Women 4x200 Meter Relay

MAC Record: 1:47.03 M 2/23/2002 Widener
 Simmons, Day, Neill, Fortune
 Field House: 1:41.21 F 1/24/2004 Essex Community College

Team	Relay	Finals	H#	Points
1 Susquehanna University	A	1:48.88	2	10
1) Minnig, Jen JR	2) Harker, Liz SR	3) Eyster, Ashley JR	4) Lockman, Jen JR	
2 Widener University	A	1:48.90	1	8
1) Gaillard, Monique JR	2) Day, Nicole JR	3) Hughes, Laura JR	4) Simmons, Williametta SR	
3 Moravian College	A	1:49.15	2	6
1) Tamlyn, Suzanne FR	2) Reehill, Amy FR	3) Benny, Margaret JR	4) Recker, Erin FR	
4 Messiah College	A	1:51.65	2	4
1) Allimuthu, Uma SR	2) Griffith, Julie FR	3) Mohr, Jessica SO	4) Beck, Ashley SO	
5 Lebanon Valley College	A	1:54.46	1	2
1) Reynolds, Jamie FR	2) Hilkert, Kelly SO	3) Susan, Bonnie SO	4) Stewart, LaToya SO	
6 DeSales University	A	1:56.49	1	1
1) McGarity, Lauren	2) Voegeli, Stacy SO	3) Daniels, Bridget	4) Lavele, Eileen FR	
--- Elizabethtown College	A	DQ	2	
1) Burroughs, Betsy JR	2) Lichti, Erin SO	3) Havrilak, Lori FR	4) Kerna, Carrie SR	

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Women 4x400 Meter Relay

MAC Record: 4:16.19 M 2/23/2002

Messiah

Rivera, Hawthorne, Allimuthu, Sauve

Field House: 4:03.97 F 1/24/2004

Kutztown

L Maxwell, S Otis, M Patterson, N Adams

3:53.80 D3 A

4:01.00 D3 B

Team	Relay	Finals	H#	Points
1 Elizabethtown College 1) Burroughs, Betsy JR	A 2) Lichti, Erin SO	4:13.27 M 3) Havrilak, Lori FR	2 4) Kerna, Carrie SR	10
2 Susquehanna University 1) Lockman, Jen JR	A 2) Lowther, Jen FR	4:13.63 M 3) Pettengill, Jess	2 4) Lepley, Emily FR	8
3 Messiah College 1) Hostetter, Jodie FR	A 2) Steadman, Amelia FR	4:16.13 M 3) Becker, Rebekah SO	2 4) Beck, Ashley SO	6
4 Moravian College 1) Moore, Rebecca SO	A 2) McCarron, Kathleen FR	4:18.51 3) Benny, Margaret JR	2 4) Reehill, Amy FR	4
5 Juniata College 1) Amato, Elena FR	A 2) Alworth, Lynzee JR	4:27.51 3) Hillegass, Juliana SR	2 4) Heuston, Misty SR	2
6 DeSales University 1) McNally, Kate	A 2) Daniels, Bridget	4:32.03 3) McGarity, Lauren	1 4) Lavele, Eileen FR	1
7 Lebanon Valley College 1) Hilkert, Kelly SO	A 2) Stewart, LaToya SO	4:36.63 3) Morrison, Kodie	1 4) Reynolds, Jamie FR	1
8 Widener University 1) Casalvera, Carlyn SO	A 2) Robinson, Jillian FR	4:41.08 3) Goodwin, Sara SR	1 4) Hughes, Laura JR	1

Women 4x800 Meter Relay

MAC Record: 9:57.96 M 2/23/2002

Moravian

Smith, McGarvie, Boberg, Wise

Field House: 9:57.96 F 2/23/2002

Moravian

Smith, McGarvie, Boberg, Wise

Team	Relay	Finals	Points
1 Elizabethtown College 1) Whalen, Kim SO	A 2) Santore, Amanda	10:04.70 3) Torchia, Julie	10 4) St Clair, Melissa JR
2 Susquehanna University 1) Bolduc, Jordan SR	A 2) Koch, Kristi SR	10:12.96 3) Johnson, Meghan SO	8 4) Matta, Heather FR
3 DeSales University 1) Billings, Kate	A 2) Butler, Sarah	10:17.75 3) Kurilla, Sue FR	6 4) Lucrezi, Gina JR
4 Moravian College 1) McGarvie, Heather JR	A 2) Beitler, Stephanie SO	10:20.88 3) Smith, Kellie JR	4 4) Santiago, Jessica FR
5 Messiah College 1) Weaner, Erin SO	A 2) Simmons, Caroline SR	10:26.66 3) Plissey, Susan SR	2 4) Brown, Marissa SR
6 Juniata College 1) Glunt, Katey SO	A 2) Bay, Sarah	11:00.73 3) Longenecker, Carol	1 4) Bella, Lia

Women Distance Medley

MAC Record: 12:29.59 M 2/23/2002

Moravian

Jaick, Boyle, Samok, Shertzer

Field House: 12:03.07 F 2/15/2002

Dickinson

11:53.80 D3 A

12:20.00 D3 B

Team	Relay	Finals	Points
1 Elizabethtown College 1) Santore, Amanda	A 2) Lander, Kristin JR	12:55.07 3) Torchia, Julie	10 4) St Clair, Melissa JR

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(Women Distance Medley)

Team	Relay	Finals	Points
2 Messiah College	A	13:01.81	8
1) Martinson, Jessica SR	2) Becker, Rebekah SO	3) Hostetter, Jodie FR	4) Plissey, Susan SR
3 Moravian College	A	13:03.41	6
1) Smith, Kellie JR	2) Reehill, Amy FR	3) Beitler, Stephanie SO	4) Mullins, Chelsea JR
4 Juniata College	A	13:16.91	4
1) Glunt, Katey SO	2) Hillegass, Juliana SR	3) Amato, Elena FR	4) Hayes, Nancy SO
5 DeSales University	A	13:56.19	2
1) Mazzola, Pam SR	2) McGarity, Lauren	3) Billings, Kate	4) Symons, Desi
6 Widener University	A	14:25.11	1
1) Hughes, Laura JR	2) Casalvera, Carlyn SO	3) Stein, Danielle FR	4) Goodwin, Sara SR

Women High Jump

MAC Record: 5-04.25 M 2/27/1993 Krisa Murray, Moravian
 Field House: 5-05 F 2/8/2003 Becky Bullard, IUP
 5-07.75 D3 A
 5-04.25 D3 B

Name	Yr	School	Finals	Points
1 Kerna, Carrie	SR	Elizabethtown College	5-04.00	10
2 Stewart, LaToya	SO	Lebanon Valley College	5-02.00	8
3 Boggess, Lynsey	SO	Moravian College	J5-02.00	5
3 Barnett, Shannon	SR	Susquehanna University	J5-02.00	5
5 Sundberg, Kirsten	SO	Susquehanna University	J5-02.00	2
6 Penn, Kristen	FR	Delaware Valley College	4-10.00	1
7 Noll, Kathy	JR	Delaware Valley College	4-08.00	
8 Heuston, Misty	SR	Juniata College	J4-08.00	
9 Erdman, Allison	FR	Messiah College	4-06.00	
--- Chick, Sarah	FR	Elizabethtown College	NH	
--- Brotzman, Elizabeth	FR	Messiah College	NH	

Women Pole Vault

MAC Record: 10-00 M 3/1/2003 Rebecca Moore, Moravian
 Field House: 10-06.75 F 2/13/2004 Megan Mlinarchik, E. Mennonite
 12-02.00 D3 A
 11-01.75 D3 B

Name	Yr	School	Finals	Points
1 Weaner, Erin	SO	Messiah College	10-00.00 M	10
2 Wagner, Amy	SR	Lebanon Valley College	J10-00.00 M	7
2 Moore, Rebecca	SO	Moravian College	J10-00.00 M	7
4 Hurtack, Leanne	SO	Susquehanna University	9-06.00	4
5 Mohr, Jessica	SO	Messiah College	9-00.00	2
6 Mason, Jennifer	FR	Messiah College	J9-00.00	1
7 Mueller, Sarah	FR	Moravian College	J9-00.00	
8 Griffith, Julie	FR	Messiah College	8-06.00	
8 Kauffman, Casey	JR	Susquehanna University	8-06.00	
10 Wasylyk, Stephanie	JR	Juniata College	J8-06.00	
11 Stone, Rachel	JR	Susquehanna University	8-00.00	
11 Robinson, Jillian	FR	Widener University	8-00.00	
13 Frontino, Pam	FR	Susquehanna University	J8-00.00	
13 Sahd, Julia	FR	Elizabethtown College	J8-00.00	
15 Glaab, Kate	JR	Delaware Valley College	J8-00.00	
16 Warner, Mandy	FR	Lebanon Valley College	J8-00.00	

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Women Long Jump

MAC Record: 5.67m M 3/1/2003 Kirsten Rotzell, Moravian
 Field House: 5.74m F 1/24/2004 Tunisia Lacy, Shippensburg
 5.81m D3 A
 5.40m D3 B

Name	Yr	School	Finals	Points
1 Rotzell, Kirsten	JR	Moravian College	5.49m D3 B	10
2 McCarron, Kathleen	FR	Moravian College	5.21m	8
3 Simmons, Williametta	SR	Widener University	5.20m	6
4 Moser, Casey	SR	Elizabethtown College	5.00m	4
5 Allimuthu, Uma	SR	Messiah College	4.97m	2
6 Kennedy, Kelly	SO	Susquehanna University	4.92m	1
7 Brown, Kerry	FR	Messiah College	4.88m	
8 Susan, Bonnie	SO	Lebanon Valley College	4.83m	
9 Landis, Lisa	SR	Lebanon Valley College	4.80m	
10 Mull, Ellen	SR	Susquehanna University	4.73m	
11 Stewart, LaToya	SO	Lebanon Valley College	4.71m	
12 Fairley, Lakeisha	JR	Albright College	4.65m	
13 Hansen, Elizabeth	SR	Messiah College	4.60m	
14 Rogers, Katrina	JR	Susquehanna University	4.59m	
15 Troutman, Kira	JR	Juniata College	4.52m	
16 Grant, Tashieka	JR	Albright College	4.23m	

Women Triple Jump

MAC Record: 11.34m M 3/1/2003 Kirsten Rotzell, Moravian
 Field House: 11.56m F 1/24/2004 Tunisia Lacy, Shippensburg
 12.08m D3 A
 11.15m D3 B

Name	Yr	School	Finals	Points
1 Rotzell, Kirsten	JR	Moravian College	11.27m D3 B	10
2 Allimuthu, Uma	SR	Messiah College	10.89m	8
3 Moser, Casey	SR	Elizabethtown College	10.86m	6
4 McCarron, Kathleen	FR	Moravian College	10.83m	4
5 Simmons, Williametta	SR	Widener University	10.73m	2
6 Stewart, LaToya	SO	Lebanon Valley College	10.40m	1
7 Mull, Ellen	SR	Susquehanna University	10.35m	
8 Voegeli, Stacy	SO	DeSales University	10.01m	
9 Landis, Lisa	SR	Lebanon Valley College	9.80m	
10 Susan, Bonnie	SO	Lebanon Valley College	9.56m	

Women Shot Put

MAC Record: 13.70m M 3/1/2003 Christina Scherwin, Moravian
 Field House: 13.70m F 3/1/2003 Christina Scherwin, Moravian
 14.25m D3 A
 12.70m D3 B

Name	Yr	School	Finals	Points
1 Hester, Emily	SR	Delaware Valley College	11.08m	10
2 Tinklepaugh, Kathryn	FR	Widener University	10.83m	8
3 Kent, Anna	SO	Elizabethtown College	10.51m	6
4 Jensenius, Jacki	SO	Susquehanna University	10.45m	4
5 Troutman, Kira	JR	Juniata College	10.31m	2

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(Women Shot Put)

Name	Yr	School	Finals	Points
6 Baillet, Tammy	FR	Moravian College	10.28m	1
7 Tracy, Crystal	SR	Elizabethtown College	10.18m	
8 Smith, Medelana	SO	Messiah College	10.08m	
9 Delaney, Debbie	SO	Juniata College	9.87m	
10 Shaneberger, Stacey	FR	Moravian College	9.85m	
11 Hartman, Amy	FR	Lebanon Valley College	9.77m	
12 Mellen, Dawn	FR	Elizabethtown College	9.69m	
13 Hartz, Emily	FR	Messiah College	9.66m	
14 Cooper, Anna	FR	Susquehanna University	9.65m	
15 Bonnani, Maria	FR	Messiah College	9.42m	
16 Kusniez, Betsy	JR	Juniata College	9.41m	
17 Mulligan, Aileen	SR	Albright College	9.23m	
18 Denkovich, Andrea	SR	Juniata College	9.18m	
19 Wieder, Karli	FR	Delaware Valley College	8.69m	
20 Kerstetter, Ashley	SR	Lebanon Valley College	8.37m	

Women Weight Throw

MAC Record: 14.81m M 2/27/1999 Ann Musser, Lebanon Valley
Field House: 15.71m F 1/24/2004 Alison Maurer, Kutztown
 17.36m D3 A
 14.60m D3 B

Name	Yr	School	Finals	Points
1 Anderson, Julie	JR	Moravian College	14.50m	10
2 Shaneberger, Stacey	FR	Moravian College	13.35m	8
3 Jensenius, Jacki	SO	Susquehanna University	12.92m	6
4 Mulligan, Aileen	SR	Albright College	12.74m	4
5 Denkovich, Andrea	SR	Juniata College	11.75m	2
6 Baillet, Tammy	FR	Moravian College	11.10m	1
7 Kent, Anna	SO	Elizabethtown College	10.56m	
8 Hartman, Amy	FR	Lebanon Valley College	9.77m	
9 Kusniez, Betsy	JR	Juniata College	9.66m	
10 Kerstetter, Ashley	SR	Lebanon Valley College	9.46m	
11 Marshalek, Jennifer	SO	Juniata College	8.82m	
12 Jennings, Jan	JR	Juniata College	8.53m	
13 Sharrer, Melissa	SO	Messiah College	7.82m	
14 Delaney, Debbie	SO	Juniata College	7.65m	
15 Moyer, Jamie	SR	Lebanon Valley College	7.22m	

MAC Record: 7.39 M 3/1/2003 Monique Gaillard, Widener
Field House: 7.01 F 1/24/2004 Diana Lawson, N.J. City
 7.12 D3 A
 7.33 D3 B

Women - Team Rankings - 17 Events Scored

1) Moravian College	146	2) Elizabethtown College	92
3) Susquehanna University	82	4) Messiah College	60
5) Widener University	46	6) DeSales University	30
7) Juniata College	24	8) Lebanon Valley College	20
9) Albright College	16	10) Delaware Valley College	11

MOST OUTSTANDING PERFORMER: CARRIE KERNA (ELIZABETHTOWN)

ROOKIE OF THE YEAR: SUZANNE TAMLYN (MORAVIAN)

COACH OF THE YEAR: DOUG POLLARD (MORAVIAN)