

Licensed to Widener University HY-TEK's Meet Manager 2/25/2012 06:19 PM
 2012 MAC Indoor Championships - 2/25/2012
 Lehigh University - Bethlehem, Pa.
 Results

Women 60 Meter Dash

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Walker, Johanna	Lebanon Vall	8.18	7.98Q	2
2 Martin, Liz	Messiah	8.12	8.05Q	1
3 Perrins, Stacey	Misericordia	8.19	8.08q	2
4 Fitti-Hafer, Kristin	Lebanon Vall	8.05	8.11q	2
5 Craven, Katie	Messiah	8.28	8.16q	1
6 Antensteiner, Ines	Lebanon Vall	8.10	8.23q	1
7 Kutz, Taylor	Albright	8.54	8.28	2
8 Cattuna, Madeleine	Widener	8.56	8.30	2
9 Jaraczewski, Pam	Elizabethtow	8.34	8.30	1
10 Verdon, Erin	Alvernia	8.60	8.51	1

Women 60 Meter Dash

Name	Year School	Prelims	Finals	Points
Finals				
1 Martin, Liz	Messiah	8.05	7.97	10
2 Walker, Johanna	Lebanon Vall	7.98	8.00	8
3 Perrins, Stacey	Misericordia	8.08	8.02	6
4 Fitti-Hafer, Kristin	Lebanon Vall	8.11	8.06	4
5 Antensteiner, Ines	Lebanon Vall	8.23	8.12	2
6 Craven, Katie	Messiah	8.16	8.22	1

Women 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
MAC Indoor: 25.99 2007 Danna Haslett, Moravian					
1 Antensteiner, Ines	Lebanon Vall	26.03	26.13	4	10
2 Walker, Johanna	Lebanon Vall	26.47	26.66	4	8
3 Martin, Liz	Messiah	26.55	26.94	4	6
4 Craven, Katie	Messiah	26.67	26.99	4	4
5 Perrins, Stacey	Misericordia	26.80	27.25	4	2
6 Kutz, Taylor	Albright	27.91	27.28	3	1
7 Jaraczewski, Pam	Elizabethtow	27.34	27.31	3	
8 Lanzillotti, Alexis	Manhattanvil	27.14	27.60	3	
9 Cattuna, Madeleine	Widener	28.46	27.71	3	
10 Kunkle, Renee	DeSales	28.41	28.40	3	
11 Downer, Sarah	Misericordia	28.90	28.45	2	
12 Grammar, Courtney	Messiah	28.69	28.55	2	
13 Haines, Kimberly	Delaware Val	29.27	29.04	1	
14 Adams, Tasia	Messiah	29.42	29.05	1	
15 Verdon, Erin	Alvernia	29.00	29.18	2	
16 Taylor, Tia	Delaware Val	29.11	29.33	1	

Women 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
MAC Indoor: 59.28 2006 Emily Lepley, Susquehanna					
1 Farrell, Allisha	Lebanon Vall	1:00.17	59.49	3	10
2 Diehl, Brittany	Widener	1:00.58	1:00.23	3	8
3 Comiskey, Bridget	Misericordia	1:01.56	1:01.39	3	6
4 Wright, Marianna	Misericordia	1:02.82	1:01.65	2	4
5 Lanzillotti, Alexis	Manhattanvil	1:00.94	1:01.71	3	2
6 Llanos, Darcela	Widener	1:01.78	1:02.05	2	1
7 Mills, Tiffany	Messiah	1:01.63	1:02.09	2	
8 Samper, Jamielyn	Lebanon Vall	1:02.96	1:02.79	2	

9	Lockwood, Ashley	Elizabethtow	1:02.31	1:03.05	2
10	Grow, Stephanie	Misericordia	1:00.62	1:03.38	3
11	Kunkle, Renee	DeSales	1:05.10	1:04.41	1
12	Verdon, Erin	Alvernia	1:04.21	1:05.61	1
13	Downer, Sarah	Misericordia	1:04.78	1:06.80	1
14	Patrick, Jill	Elizabethtow	1:07.89	1:07.38	1
15	Mikolaichick, Julie	Misericordia	1:06.98	1:08.19	1

Women 800 Meter Run

=====					
MAC Indoor:		2:17.61	2004	Gina Lucrezi, DeSales	
Name	Year	School	Seed	Finals	Points
=====					
1	Cameron, Kelsey	Misericordia	2:19.16	2:24.23	10
2	Howser, Kathryn	Elizabethtow	2:19.63	2:24.24	8
3	Orrson, Marina	Misericordia	2:24.33	2:26.71	6
4	Frederick, Tiffany	Lebanon Vall	2:25.77	2:27.90	4
5	Vazzana, Caroline	Albright	2:35.26	2:29.98	2
6	Airey, Brooke	Messiah	2:31.20	2:30.53	1
7	Garner, Shelby	Delaware Val	2:35.20	2:35.65	
8	Novak, Leah	Messiah	2:37.19	2:35.71	
9	Underkofler, Ashley	Elizabethtow	2:24.35	2:36.20	
10	Hepp, Victoria	Messiah	2:37.15	2:39.28	
11	Smith, Josie	Messiah	2:38.04	2:39.74	
12	Stuck, Katie	Messiah	2:39.95	2:41.53	
13	Miller, Stephanie	Messiah	2:38.87	2:41.58	
14	Ports, Rebecca	Messiah	2:39.30	2:53.17	

Women 1 Mile Run

=====					
MAC Indoor:		5:10.42	2008	Tiffany Kulp, Elizabethtown	
Name	Year	School	Seed	Finals	Points
=====					
1	Howser, Kathryn	Elizabethtow	5:10.17	5:08.76	10
2	Orrson, Marina	Misericordia	5:05.88	5:09.60	8
3	Tempone, Traci	Elizabethtow	5:18.60	5:18.63	6
4	Tursi, Megan	Elizabethtow	5:26.99	5:30.44	4
5	Dillner, Jessica	Messiah	5:32.47	5:33.05	2
6	Tearnan, Amelia	Elizabethtow	5:23.51	5:35.95	1
7	Bender, Jennifer	Messiah	5:35.28	5:38.21	
8	Forsythe, Tracey	Delaware Val	5:43.34	5:44.42	
9	Harrell, Alison	Elizabethtow	5:54.74	5:52.83	
10	Miller, Stephanie	Messiah	5:59.49	5:53.00	
11	Campbell, Katherine	Delaware Val	5:50.48	5:55.54	
12	Hahner, Sarah	Messiah	6:00.81	5:56.29	
13	Smith, Josie	Messiah	5:45.40	5:57.79	
14	Little, Katlyn	DeSales	5:53.91	5:59.45	
15	Jeandell, Emily	DeSales	5:50.10	6:08.00	
16	Anderson, Kate	Lebanon Vall	5:56.42	6:08.04	
17	Robertson, Amanda	Elizabethtow	6:01.01	6:13.16	

Women 5000 Meter Run

=====					
MAC Indoor:		17:34.50	2008	Erin Fisher, Elizabethtown	
Name	Year	School	Seed	Finals	Points
=====					
1	Tempone, Traci	Elizabethtow	17:42.48	18:19.63	10
2	Higgins, Mary	Messiah	18:30.72	18:38.87	8
3	Cody, Eileen	Elizabethtow	18:33.86	18:43.62	6
4	Long, Courtney	Messiah	19:31.04	18:50.14	4
5	Patton, Megan	Elizabethtow	18:38.77	18:50.96	2
6	Tursi, Megan	Elizabethtow	18:35.54	19:13.55	1
7	Bender, Jennifer	Messiah	19:45.56	19:19.88	
8	Guth, Cara	DeSales	19:41.38	19:32.39	
9	Jordan, Alisha	Delaware Val	19:37.12	19:32.87	
10	Medendorp, Kellie	Widener	20:03.31	19:33.38	
11	Steinmetz, Sarah	Elizabethtow	20:07.75	19:56.57	
12	winters, rachel	DeSales	20:10.53	20:05.83	

13	Harmon, Cassie	DeSales	20:07.42	20:38.25
14	Reed, Abby	Messiah	20:35.49	20:44.56
15	Howard, Jessi	Elizabethtow	20:35.12	20:54.35
16	Mason, Kaylene	Messiah	20:36.46	21:15.45
--	Elliott, Korrie	Messiah	20:09.86	DNF

Women 60 Meter Hurdles

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	Walker, Johanna	Lebanon Vall	9.16	9.24Q	2
2	Martin, Liz	Messiah	9.17	9.30Q	1
3	Dunn, Jill	Misericordia	9.24	9.68Q	3
4	Fitti-Hafer, Kristin	Lebanon Vall	9.49	9.98q	3
5	Alexander, Mackenzie	Messiah	10.13	10.05q	1
6	Heisey, Ellamae	Messiah	10.50	10.48q	1
7	Loranger, Monica	Elizabethtow	10.65	10.52	3
8	O'Hara, Kathyrn	Lebanon Vall	10.60	10.61	3
9	Steffney, Katherine	Misericordia	10.90	10.79	1
10	saylor, Chelsea	DeSales	10.41	10.92	2
11	Van Clief, Kelly	Elizabethtow	11.54	11.24	1
12	Smith, Ashley	Lebanon Vall	11.51	11.40	2
13	Grauer, Lauren	Lebanon Vall	11.46	11.55	2

Women 60 Meter Hurdles

Name	Year	School	Prelims	Finals	Points
Finals					
1	Walker, Johanna	Lebanon Vall	9.24	8.97	10
2	Martin, Liz	Messiah	9.30	9.08	8
3	Dunn, Jill	Misericordia	9.68	9.30	6
4	Fitti-Hafer, Kristin	Lebanon Vall	9.98	9.43	4
5	Alexander, Mackenzie	Messiah	10.05	9.90	2
6	Heisey, Ellamae	Messiah	10.48	10.87	1

Women 4x200 Meter Relay

MAC Indoor:	1:46.06	2005	Moravian	Seed	Finals	H#	Points
School							
1	Lebanon Valley 'A'			1:46.08	1:45.45	2	10
	1) Fitti-Hafer, Kristin		2) Farrell, Allisha				
	3) Antensteiner, Ines		4) Walker, Johanna				
2	Misericordia 'A'			1:47.83	1:47.83	2	8
	1) Dunn, Jill		2) Grow, Stephanie				
	3) Lozier, Jenn		4) Perrins, Stacey				
3	Widener 'A'			1:51.04	1:50.60	2	6
	1) Llanos, Darcela		2) Cattuna, Madeleine				
	3) Diehl, Brittany		4) Thomas, Kayla				
4	Elizabethtown 'A'			1:51.87	1:52.79	2	4
	1) Lockwood, Ashley		2) Jaraczewski, Pam				
	3) Myket, Emily		4) Niedermayer, Jenna				
5	Albright 'A'			2:00.53	1:56.71	1	2
	1) Nassar, Ronya		2) Messner, Candace				
	3) Vazzana, Caroline		4) Kutz, Taylor				
6	DeSales 'A'			2:00.13	1:57.10	1	1
	1) hellem, shannon		2) Churchman, Stephanie				
	3) saylor, Chelsea		4) Kunkle, Renee				
7	Messiah 'A'			1:50.16	1:57.22	2	
	1) Grammar, Courtney		2) Heisey, Ellamae				
	3) Adams, Tasia		4) Eugene, Ersikha				

Women 4x400 Meter Relay

MAC Indoor:	4:03.59	2004	Elizabethtown	Seed	Finals	H#	Points
School							

1	Lebanon Valley 'A'	4:08.86	4:07.92	2	10
	1) Fitti-Hafer, Kristin			2) Antensteiner, Ines	
	3) Walker, Johanna			4) Farrell, Allisha	
2	Misericordia 'A'	3:59.49	4:09.07	2	8
	1) Dunn, Jill			2) Wright, Marianna	
	3) Lozier, Jenn			4) Grow, Stephanie	
3	Widener 'A'	4:17.16	4:16.55	2	6
	1) Llanos, Darcela			2) Lowery, Shantelle	
	3) Franks, Brittany			4) Diehl, Brittany	
4	Messiah 'A'	4:26.89	4:18.96	2	4
	1) Martin, Liz			2) Mills, Tiffany	
	3) Adams, Tasia			4) Craven, Katie	
5	Elizabethtown 'A'	4:14.43	4:20.50	2	2
	1) Underkofler, Ashley			2) Howser, Kathryn	
	3) Christ, Alexandra			4) Lockwood, Ashley	
6	Delaware Valley 'A'	4:42.79	4:31.37	1	1
	1) Leisenring, Lindsey			2) Roberts, Brittany Danielle	
	3) Haines, Kimberly			4) Taylor, Tia	
7	DeSales 'A'	4:34.36	4:36.80	1	
	1) Churchman, Michelle			2) Kunkle, Renee	
	3) hellem, shannon			4) saylor, Chelsea	
8	Albright 'A'	4:50.84	4:40.67	1	
	1) Vazzana, Caroline			2) Nassar, Ronya	
	3) Hawkins, Shanna			4) Kutz, Taylor	

Women 4x800 Meter Relay

MAC Indoor: 9:48.45 2005 Messiah, Messiah					
	School	Seed	Finals	Points	
1	Misericordia 'A'	9:51.48	10:01.54	10	
	1) Cameron, Kelsey			2) Comiskey, Bridget	
	3) Orrson, Marina			4) Harding, Rachael	
2	Elizabethtown 'A'	10:30.64	10:09.18	8	
	1) Tearnan, Amelia			2) Deming, Liz	
	3) Kirgan, Shanna			4) Jones, Laurie	
3	Lebanon Valley 'A'	10:49.43	10:19.46	6	
	1) Samper, Jamielyn			2) Stockdale, Dana	
	3) Frederick, Tiffany			4) Mongeau, Julia	
4	Messiah 'A'	10:17.49	10:23.12	4	
	1) Airey, Brooke			2) Sunderland, Nicole	
	3) Flaherty, Brenda			4) Dillner, Jessica	
5	Widener 'A'	11:12.93	10:51.50	2	
	1) Moken, Tara			2) Keane, Emilie	
	3) Morrison, Chelsea			4) Callahan, Ashley	
6	Delaware Valley 'A'		11:03.17	1	
	1) Forsythe, Tracey			2) Campbell, Katherine	
	3) Unger, Stephanie			4) Garner, Shelby	
7	DeSales 'A'	11:07.16	11:05.62		
	1) Jeandell, Emily			2) Myles, Samantha	
	3) Harmon, Cassie			4) Guth, Cara	

Women Distance Medley

MAC Indoor: 12:14.01 2005 DeSales					
	School	Seed	Finals	Points	
1	Elizabethtown 'A'		13:27.87	10	
	1) Cody, Eileen			2) Deming, Liz	
	3) Tursi, Megan			4) Tempone, Traci	
2	Messiah 'A'	14:44.51	13:40.42	8	
	1) Ports, Rebecca			2) Miller, Stephanie	
	3) Sunderland, Nicole			4) Flaherty, Brenda	
3	DeSales 'A'	14:00.94	13:41.45	6	
	1) Jeandell, Emily			2) Churchman, Michelle	
	3) Little, Katlyn			4) winters, rachel	
4	Lebanon Valley 'A'	13:44.61	14:00.97	4	

1) Stockdale, Dana	2) O'Hara, Kathryn		
3) Keich, Alyssa	4) Anderson, Kate		
5 Widener 'A'		14:01.03	2
1) Moken, Tara	2) Keane, Emilie		
3) Callahan, Ashley	4) Franks, Brittany		
6 Misericordia 'A'		12:29.07	14:36.11
1) O'Rourke, Maura	2) Downer, Sarah		
3) Harding, Rachael	4) Santoleri, Rebecca		

Women High Jump

MAC Indoor: 1.68m 2011 Meghan Donovan, Delaware Valley														
Name	Year	School	Seed	Finals	Points									
1 Donovan, Meghan		Delaware Val	1.62m	1.68m	5-06.00	10	1.33	1.38	1.43	1.48	1.53	1.58	1.68	1.73
							P	P	P	P	O	XO	O	XXX
2 Ward, Ashlee		Misericordia	1.58m	1.58m	5-02.25	8	1.33	1.38	1.43	1.48	1.53	1.58	1.68	
							P	P	P	O	O	O	XXX	
3 Farrell, Allisha		Lebanon Vall	1.52m	1.53m	5-00.25	6	1.33	1.38	1.43	1.48	1.53	1.58		
							P	O	O	O	O	XXX		
4 Calkin, Audrey		Widener	1.52m	J1.53m	5-00.25	4	1.33	1.38	1.43	1.48	1.53	1.58		
							P	P	O	O	XO	XXX		
5 Nole, Anna		Misericordia	1.58m	1.48m	4-10.25	2	1.33	1.38	1.43	1.48	1.53			
							P	P	P	O	XXX			
6 Niedermayer, Jenna		Elizabethtow	1.55m	J1.48m	4-10.25	1	1.33	1.38	1.43	1.48	1.53			
							P	P	O	XO	XXX			
7 Spiller, Colleen		Widener	1.52m	J1.48m	4-10.25		1.33	1.38	1.43	1.48	1.53			
							P	P	O	XXO	XXX			
8 Bjorkman, Rachel		Messiah	1.42m	1.43m	4-08.25		1.33	1.38	1.43	1.48				
							P	P	O	XXX				
8 Loranger, Monica		Elizabethtow	1.52m	1.43m	4-08.25		1.33	1.38	1.43	1.48				
							P	O	O	XXX				
9 Mills, Alyssa		Messiah	1.47m	J1.38m	4-06.25		1.33	1.38	1.43					
							P	O	XXX					
10 Myket, Emily		Elizabethtow		1.38m	4-06.25		1.33	1.38	1.43					
							O	XO	XXX					
10 Hull, Angelica		Albright	1.38m	1.38m	4-06.25		1.33	1.38	1.43					
							O	XO	XXX					
10 Alexander, Mackenzie		Messiah	1.40m	1.38m	4-06.25		1.33	1.38	1.43					
							O	XO	XXX					

Women Pole Vault

MAC Indoor: 3.81m 2010 Abby Schaffer, Widener																	
Name	Year	School	Seed	Finals	Points												
1 Fellenbaum, Melissa		Alvernia	3.70m	3.50m	11-05.75	10	2.15	2.30	2.45	2.60	2.75	2.90	3.05	3.20	3.35	3.50	3.72
							P	P	P	P	P	P	P	XXO	O	O	XXX
2 Wallen, Cassandra		Lebanon Vall	3.23m	3.05m	10-00.00	7	2.15	2.30	2.45	2.60	2.75	2.90	3.05	3.20			
							P	P	P	P	P	O	O	XXX			
2 Thomas, Kayla		Widener	3.05m	3.05m	10-00.00	7	2.15	2.30	2.45	2.60	2.75	2.90	3.05	3.20			
							P	P	P	P	O	O	O	XXX			

4	McDonald, Abby	Messiah	3.05m	J3.05m	10-00.00	4
	2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20					
	P P P P O XO XO XXX					
5	Farrell, Allisha	Lebanon Vall	3.23m	J3.05m	10-00.00	2
	2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20					
	P P P P O XXO XXO XXX					
6	Loranger, Monica	Elizabethtow	2.90m	2.90m	9-06.25	1
	2.15 2.30 2.45 2.60 2.75 2.90 3.05					
	P P P P XO O XXX					
7	Schmidt, Chelsea	DeSales	2.84m	J2.90m	9-06.25	
	2.15 2.30 2.45 2.60 2.75 2.90 3.05					
	P P P P XXO O XXX					
8	Verdel, Bridget	Alvernia	2.75m	2.75m	9-00.25	
	2.15 2.30 2.45 2.60 2.75 2.90					
	O P O O XO XXX					
8	Gompers, Nancy	Elizabethtow	2.75m	2.75m	9-00.25	
	2.15 2.30 2.45 2.60 2.75 2.90					
	P P O XO XXO XXX					
10	Fiore, Devon	Widener	2.45m	2.60m	8-06.25	
	2.15 2.30 2.45 2.60 2.75					
	O O O O XXX					
10	Char, Amber	Widener	2.60m	2.60m	8-06.25	
	2.15 2.30 2.45 2.60 2.75					
	P O O O XXX					
10	James, Kayla	Albright	2.70m	2.60m	8-06.25	
	2.15 2.30 2.45 2.60 2.75					
	P P XO O XXX					
--	Poletti, Rachel	Messiah	2.75m	NH		
	2.15 2.30 2.45 2.60 2.75					
	P P P P XXX					
--	Leisenring, Lindsey	Delaware Val	2.45m	NH		
	2.15 2.30					
	P XXX					
--	Rutkoski, Rachael	Misericordia	2.90m	NH		
	2.15 2.30 2.45 2.60					
	P P P XXX					

Women Long Jump

MAC Indoor: 5.67m 2003 Kirsten Rotzell, Moravian							
Name	Year	School	Seed	Finals	Points		
1 Farrell, Allisha		Lebanon Vall	5.20m	5.55m	18-02.50	10	
	FOUL	5.28m 5.32m 5.55m 5.48m	FOUL				
2 Niedermayer, Jenna		Elizabethtow	5.27m	5.53m	18-01.75	8	
	5.25m 5.46m 5.36m 5.53m	FOUL 5.47m					
3 Dunn, Jill		Misericordia	5.13m	5.41m	17-09.00	6	
	4.88m 5.41m 5.17m 5.01m	5.17m PASS					
4 Eugene, Ersikha		Messiah	4.56m	5.05m	16-07.00	4	
	FOUL FOUL 4.86m FOUL 4.91m 5.05m						
5 Maylor, Alexis		Delaware Val	5.02m	4.90m	16-01.00	2	
	4.89m 4.87m FOUL 4.90m	FOUL FOUL					
6 Mauer, Annese		Lebanon Vall	4.80m	4.75m	15-07.00	1	
	4.74m 4.52m FOUL FOUL 4.75m 4.73m						
7 Jaraczewski, Pam		Elizabethtow	4.68m	J4.75m	15-07.00		
	4.57m 4.56m 4.75m FOUL	FOUL 4.68m					
8 Batter, Victoria		Widener	4.50m	4.53m	14-10.50		
	4.16m 4.53m 4.51m						
--	Stramara, Tori	Lebanon Vall	4.49m	FOUL			
	FOUL FOUL FOUL						

Women Triple Jump

MAC Indoor: 11.73m 2009 Kristen Bates, Messiah							
Name	Year	School	Seed	Finals	Points		
1 Niedermayer, Jenna		Elizabethtow	10.92m	11.30m	37-01.00	10	
	11.05m 11.29m 11.30m 10.26m	FOUL PASS					

2	Bjorkman, Rachel	Messiah	9.93m	10.37m	34-00.25	8
	10.13m FOUL	10.37m 10.37m 10.21m FOUL				
3	Stramara, Tori	Lebanon Vall	9.76m	10.17m	33-04.50	6
	9.93m 10.02m	10.17m FOUL 9.89m FOUL				
4	Thomas, Kayla	Widener	10.27m	9.93m	32-07.00	4
	9.92m 9.91m	9.89m PASS 9.93m PASS				
5	Wallen, Kelsey	Lebanon Vall	9.88m	9.48m	31-01.25	2
	FOUL 9.18m	FOUL 9.45m 9.48m				
--	Dunn, Jill	Misericordia	11.17m	FOUL		
	FOUL FOUL FOUL					

Women Shot Put

MAC Indoor: 14.65m 2008 Lauren Lucci, Widener						
Name	Year	School	Seed	Finals	Points	
1 Pelkey, Hillary		Messiah	39-07.75	12.49m	40-11.75	10
	11.50m 11.31m	11.47m 9.96m 12.49m				
2 Schmalzer, Erinne		DeSales	38-05.50	11.88m	38-11.75	8
	FOUL 11.88m	11.00m 11.32m 11.26m FOUL				
3 Szpynda, Erica		Widener	39-10.00	11.88m	38-11.75	6
	11.20m 10.97m	FOUL 11.88m 11.06m 11.23m				
4 Daniels, Amanda-Renee		Widener	37-05.75	11.32m	37-01.75	4
	11.05m 10.28m	10.42m 11.32m 11.29m 10.67m				
5 Seiber, Taylor		Lebanon Vall	33-08.00	10.64m	34-11.00	2
	9.77m 10.64m	FOUL 9.63m 10.64m 9.87m				
6 Napolitano, Ashley		Messiah	33-05.75	10.55m	34-07.50	1
	10.55m 10.22m	10.04m 9.88m 10.17m FOUL				
7 Wernersbach, Victoria		Widener	33-03.75	10.52m	34-06.25	
	10.17m 10.09m	10.52m 9.27m 9.31m 9.92m				
8 Wade, Olivia		DeSales	36-02.25	10.50m	34-05.50	
	10.50m 10.29m	10.15m				
9 Vega, Jazmyn		Alvernia	33-04.50	10.31m	33-10.00	
	10.04m 10.31m	9.86m				
10 Ward, Ashlee		Misericordia	36-09.75	10.20m	33-05.75	
	10.20m FOUL	10.00m				
11 Searle, Amanda		Alvernia	35-09.50	10.15m	33-03.75	
	10.15m 9.67m	8.97m				
12 Heisler, Rachel		Alvernia	32-00.00	10.05m	32-11.75	
	10.05m 10.02m	9.45m				
12 Smolka, Mariah		Lebanon Vall	35-01.25	10.05m	32-11.75	
	9.91m FOUL	10.05m				
14 Salem, Rachelle		Delaware Val	35-00.50	10.00m	32-09.75	
	FOUL 9.70m	10.00m				
15 Blake, Nichelle		Widener	31-11.50	9.99m	32-09.50	
	9.69m 9.44m	9.99m				
16 Stocks, Kammeron		DeSales	32-11.25	9.92m	32-06.50	
	9.68m 9.92m	9.81m				
17 Youtz, Chelsea		Misericordia	32-10.25	9.37m	30-09.00	
	FOUL 9.37m	FOUL				
18 McCardle, Teagan		Delaware Val	30-10.25	9.33m	30-07.50	
	FOUL FOUL	9.33m				
19 wade, ashley		DeSales	33-11.50	9.25m	30-04.25	
	8.84m 9.06m	9.25m				
20 Keppler, Rebecca		Widener	30-02.00	9.20m	30-02.25	
	9.17m 9.20m	8.87m				
21 Kroszner, Eileen		Elizabethtow	30-07.00	9.10m	29-10.25	
	8.48m 9.10m	9.01m				

Women Weight Throw

MAC Indoor: 15.03m 2008 Lauren Lucci, Widener						
Name	Year	School	Seed	Finals	Points	
1 wade, ashley		DeSales	14.10m	14.22m	46-08.00	10
	12.99m 13.93m	14.22m 13.25m 0.01m 13.28m				
2 Daniels, Amanda-Renee		Widener	13.99m	13.57m	44-06.25	8
	13.24m 0.01m	0.01m 12.04m 13.57m 0.01m				

3	Schmalzer, Erinne	DeSales	13.11m	13.00m	42-08.00	6
	0.01m 13.00m 0.01m 12.01m 12.73m 0.01m					
4	Searle, Amanda	Alvernia	12.57m	12.70m	41-08.00	4
	0.01m 11.46m 12.17m 11.09m 12.30m 12.70m					
5	Heisler, Rachel	Alvernia	11.84m	12.57m	41-03.00	2
	11.25m 11.43m 12.57m 12.44m 11.85m 12.43m					
6	Salem, Rachelle	Delaware Val	11.47m	12.27m	40-03.25	1
	12.27m 11.65m FOUL FOUL FOUL FOUL					
7	Stocks, Kammeron	DeSales	12.36m	12.17m	39-11.25	
	12.17m 11.67m 11.27m 11.88m 11.50m 0.01m					
8	Kroszner, Eileen	Elizabethtow	12.43m	11.81m	38-09.00	
	11.40m 11.81m 11.66m					
9	Wade, Olivia	DeSales	12.08m	11.42m	37-05.75	
	10.80m 10.02m 11.42m					
10	Youtz, Chelsea	Misericordia	11.03m	11.20m	36-09.00	
	11.20m FOUL FOUL					
11	Keppler, Rebecca	Widener	11.23m	11.14m	36-06.75	
	FOUL 10.85m 11.14m					
12	Vega, Jazmyn	Alvernia	10.48m	10.35m	33-11.50	
	10.10m 9.67m 10.35m					
13	Boyd, Lindsay	Albright	11.00m	9.98m	32-09.00	
	9.48m 9.98m 9.23m					
14	Laudeman, Maurissa	Lebanon Vall	11.09m	9.75m	32-00.00	
	FOUL 8.38m 9.75m					
--	Denny, Corine	Lebanon Vall	10.32m	FOUL		
	FOUL FOUL FOUL					

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year School	Finals	Points
1 Maylor, Alexis	Delaware Val	2:47.03	495
2 Mills, Alyssa	Messiah	2:52.48	438
3 Wallen, Kelsey	Lebanon Vall	2:52.84	435
4 Monico, Stephanie	Lebanon Vall	3:31.14	130

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Maylor, Alexis	Delaware Val	9.49	2	810
2 Wallen, Kelsey	Lebanon Vall	10.33	1	652
3 Mills, Alyssa	Messiah	11.19	2	506
4 Monico, Stephanie	Lebanon Vall	11.51	1	456

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Maylor, Alexis	Delaware Val	1.56m	5-01.25 689
		1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59	
		P P P P P P P P P P P O O O O O O XO X	
2 Mills, Alyssa	Messiah	1.50m	4-11.00 621
		1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53	
		P P P P P P P P P O O P O O XXO XXO XXX	
3 Monico, Stephanie	Lebanon Vall	1.41m	4-07.50 523
		1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.32 1.35 1.38 1.41 1.44	
		P P P P P O P P O O O XO XXX	
4 Wallen, Kelsey	Lebanon Vall	1.22m	4-00.00 331
		1.07 1.10 1.13 1.16 1.19 1.22 1.25	
		O O O O O O XXX	

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Maylor, Alexis	Delaware Val	5.33m	17-06.00 651
		4.94m 5.26m 5.33m	

2	Wallen, Kelsey	Lebanon Vall	4.63m	15-02.25	461
	4.48m 4.63m 4.54m				
3	Mills, Alyssa	Messiah	4.59m	15-00.75	451
	4.41m 4.42m 4.59m				
4	Monico, Stephanie	Lebanon Vall	4.35m	14-03.25	391
	4.23m 4.35m 4.33m				

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year	School	Finals	Points
1 Wallen, Kelsey		Lebanon Vall	10.01m	32-10.25 530
	9.30m 9.01m 10.01m			
2 Maylor, Alexis		Delaware Val	9.45m	31-00.00 494
	9.45m 9.43m 9.00m			
3 Mills, Alyssa		Messiah	9.16m	30-00.75 475
	8.21m 9.09m 9.16m			
4 Monico, Stephanie		Lebanon Vall	7.71m	25-03.50 381
	7.33m 7.05m 7.71m			

Women Indoor Pentathlon

Name	Year	School	Seed	Finals	Points
1 Maylor, Alexis		Delaware Val	2913	3139	10
2 Mills, Alyssa		Messiah		2491	8
3 Wallen, Kelsey		Lebanon Vall	1937	2409	6
4 Monico, Stephanie		Lebanon Vall	1656	1881	4

Men 60 Meter Dash

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Pitts, Travis		Delaware Val	6.96	7.00Q	4
2 Colley, Gavin		Widener	7.07	7.03Q	3
3 Yoder, Alex		Messiah	7.07	7.10Q	1
4 Herbster, Bobby		Widener	7.20	7.23Q	2
5 Potter, Sean		Albright	7.27	7.13q	3
6 McCloud, Tyrone		Alvernia	7.24	7.14q	4
7 Rupert, Emmanuel		Widener	7.29	7.19	1
8 Duncan, Jerome		Lebanon Vall	7.23	7.21	1
9 Masterson, Thomas		Delaware Val	7.26	7.22	4
10 Turner, Martin		Widener	7.39	7.30	2
11 Boateng, Morrison		Manhattanvil	7.45	7.32	3
12 Petrak, Benjamin		Widener	7.36	7.36	2
13 Blake, Jonathan		Widener	7.44	7.36	4
14 Olugbemi, Toyosi		Albright	7.40	7.37	1
15 Keri, Carl		DeSales	7.42	7.39	3
16 Walker, Andrew		Lebanon Vall	7.48	7.40	2
17 Tan, Jeff		Messiah	7.24	7.40	3
18 Spells, Brian		Albright	7.46	7.41	2
19 Betts, Naadir		Delaware Val	7.54	7.46	1
20 Albohn, Eric		Widener	7.46	7.53	1
21 Moore, De'Von		Lebanon Vall	7.44	7.59	4
-- Marich, Aidan		Misericordia	7.17	FS	2

Men 60 Meter Dash

Name	Year	School	Prelims	Finals	Points
Finals					
1 Pitts, Travis		Delaware Val	7.00	6.92	10
2 Colley, Gavin		Widener	7.03	6.99	8
3 Yoder, Alex		Messiah	7.10	7.04	6
4 McCloud, Tyrone		Alvernia	7.14	7.05	4
5 Herbster, Bobby		Widener	7.23	7.11	2

Name	Year School	Seed	Finals	Points
1 Speiden, Russell	Elizabethtow	4:10.62	4:19.02	10
2 Focht, Aaron	Elizabethtow	4:19.64	4:19.75	8
3 Garrity, Chris	Widener	4:16.73	4:22.11	6
4 DeArmitt, Evan	Elizabethtow	4:20.67	4:22.80	4
5 Garrity, Mike	Widener	4:16.41	4:24.19	2
6 Kelly, Patrick	Elizabethtow	4:38.98	4:35.40	1
7 Sturz, Ricky	Elizabethtow	4:43.38	4:38.16	
8 Klinges, Henry	DeSales	4:44.65	4:40.35	
9 Morgan, Seamus	Widener	4:41.64	4:43.14	
10 Decker, Dylan	Widener	4:45.61	4:45.09	
11 Lignore, Shawn	Widener	4:41.12	4:49.24	
12 Brogan, Kyle	Widener	4:46.51	4:50.95	
13 Bottone, Zach	Misericordia	4:46.28	4:52.92	

Men 5000 Meter Run

Name	Year School	Seed	Finals	Points
1 Gallagher, Ryan	Widener	15:14.41	15:29.29	10
2 DeArmitt, Evan	Elizabethtow	15:15.78	15:40.59	8
3 Focht, Aaron	Elizabethtow	15:29.64	15:44.22	6
4 Herring, Matthew	Messiah	15:40.43	15:54.65	4
5 Goelz, Andrew	Lebanon Vall	15:43.19	15:59.38	2
6 Szilagyi, Dan	DeSales	16:19.85	16:09.83	1
7 Beck, Dan	DeSales	16:23.51	16:10.18	
8 Myers, Nathan	Messiah	16:16.85	16:16.82	
9 Welsh, Stephen	Elizabethtow	15:47.12	16:17.97	
10 Megee, Bryan	DeSales	15:44.26	16:20.61	
11 Springer, Andrew	Messiah	16:12.68	16:21.15	
12 McCullough, Seamus	Widener	15:50.68	16:23.40	
13 Herring, Daniel	Messiah	16:25.90	16:34.14	
14 Liddick, Caleb	Messiah	16:25.08	16:40.36	
15 Gresh, Dan	Elizabethtow	16:11.80	16:50.26	
-- Harrigan, Ryan	Widener	16:18.82	DNF	
-- Hoagland, Zach	Messiah	16:02.61	DNF	

Men 60 Meter Hurdles

Name	Year School	Seed	Prelims	H#
1 Duncan, Jerome	Lebanon Vall	8.19	8.51Q	1
2 Sweeper, Darryl	Lebanon Vall	8.90	8.84Q	2
3 White, Nicholas	Messiah	8.92	8.78q	1
4 Fox, Neal	DeSales	8.99	8.85q	1
5 Brady, Kevin	Elizabethtow	8.82	8.98q	2
6 Ragsdale, Indeo	Alvernia	9.03	9.17q	2
7 Clayton, Anthony	Widener	9.61	9.28	2
8 Reilly, Ian	Widener	9.20	9.34	2
9 Taylor, Dan	DeSales	9.55	9.40	2
10 Boham, Denzell	Widener	9.27	9.71	1
11 Grey, Jermaine	Albright	9.51	9.82	1

Men 60 Meter Hurdles

Name	Year School	Prelims	Finals	Points
1 Duncan, Jerome	Lebanon Vall	8.51	8.48	10
2 Fox, Neal	DeSales	8.85	8.76	8
3 Sweeper, Darryl	Lebanon Vall	8.84	8.77	6
4 Brady, Kevin	Elizabethtow	8.98	8.78	4
5 White, Nicholas	Messiah	8.78	8.80	2
6 Ragsdale, Indeo	Alvernia	9.17	9.03	1

Men 4x200 Meter Relay

MAC Indoor: 1:31.08 2005		Moravian		Seed	Finals	H#	Points
School							
1	Widener 'A'			1:33.38	1:33.07	2	10
	1) Colley, Gavin	2)	Rupert, Emmanuel				
	3) Blake, Jonathan	4)	Rodriguez, Nick				
2	Messiah 'A'			1:35.01	1:33.56	2	8
	1) Yoder, Alex	2)	Black, Derek				
	3) White, Nicholas	4)	Lambert, Josh				
3	Alvernia 'A'			1:34.47	1:34.54	2	6
	1) McCloud, Tyrone	2)	Wilson, Zachary				
	3) Martin, Andrew	4)	Young, Brandon				
4	Lebanon Valley 'A'			1:35.20	1:35.03	1	4
	1) Pugh, Mickeal	2)	Rockwell, Wes				
	3) Sweeper, Darryl	4)	Duncan, Jerome				
5	Albright 'A'			1:38.22	1:37.11	1	2
	1) Potter, Sean	2)	Spells, Brian				
	3) Olugbemi, Toyosi	4)	Glass, Anthony				
6	Elizabethtown 'A'			1:36.20	1:37.17	1	1
	1) Rotenberger, Luke	2)	Niles, Chris				
	3) Baldwin, Bryan	4)	Stadel, Ryan				
7	DeSales 'A'			1:34.39	1:38.62	2	
	1) Altpeter, Eric	2)	Keri, Carl				
	3) Gutierrez, Camilo	4)	Clauser, Brent				
--	Misericordia 'A'			1:34.40	DQ	2	
	1) Marich, Aidan	2)	Clemson, Steven				
	3) Atkins, Luke	4)	Vitale, Sean				

Men 4x400 Meter Relay

MAC Indoor: 3:23.68 2005		Elizabethtown		Seed	Finals	H#	Points
School							
1	Widener 'A'			3:25.24	3:30.07	2	10
	1) Ciavarelli, Mike	2)	Betts, Will				
	3) Conn, Dennis	4)	Turner, Martin				
2	Elizabethtown 'A'			3:28.43	3:32.35	2	8
	1) Rotenberger, Luke	2)	Risser, Brad				
	3) Niles, Chris	4)	Rever, Matt				
3	Alvernia 'A'			3:35.89	3:34.70	2	6
	1) Hughes, Cody	2)	McCloud, Tyrone				
	3) Wilson, Zachary	4)	Young, Brandon				
4	Messiah 'A'			3:34.97	3:35.81	2	4
	1) Melnick, Drew	2)	White, Nicholas				
	3) Lambert, Josh	4)	Vasaturo, Chris				
5	Misericordia 'A'			3:34.26	3:36.95	2	2
	1) Marich, Aidan	2)	Layaou, Glenn				
	3) Atkins, Luke	4)	Suponcic, Kyle				
6	DeSales 'A'			3:40.44	3:40.09	1	1
	1) Badilla, Ben	2)	Altpeter, Eric				
	3) Fox, Neal	4)	Clauser, Brent				
7	Lebanon Valley 'A'			3:36.00	3:47.22	1	
	1) Pugh, Mickeal	2)	Weir, Michael				
	3) Moore, De'Von	4)	Sayous, Christopher				
--	Albright 'A'			3:50.75	DNF	1	
	1) Potter, Sean	2)	Grey, Jermaine				
	3) Spells, Brian	4)	Cook, George				

Men 4x800 Meter Relay

MAC Indoor: 8:01.12 2010		Elizabethtown		Seed	Finals	Points
School						
1	Elizabethtown 'A'				7:56.65	10
	1) Rever, Matt	2)	Weber, Mark			
	3) Blanton, Jake	4)	Speiden, Russell			

2	Widener 'A'	8:39.44	8:00.01	8
	1) Garrity, Chris			
	3) Calkins, Michael			
3	Messiah 'A'	9:07.15	8:11.45	6
	1) McGill, Jonphilip			
	3) Woolford, Scott			
4	Misericordia 'A'	8:04.31	8:22.30	4
	1) Suponcic, Kyle			
	3) Gibbons, Johnny			
5	Lebanon Valley 'A'	8:02.08	8:25.90	2
	1) D'Angelo, Nicholas			
	3) Talarico, Alex			
6	DeSales 'A'	8:35.06	8:26.26	1
	1) Bayeux, John			
	3) Klinges, Henry			
7	Manhattanville 'A'	9:32.78	9:37.21	
	1) Caggiano, Dan			
	3) Szarkowicz, Mike			
	2) Quinn, Michael			
	4) Garrity, Mike			
	2) Reynolds, Aaron			
	4) Newhook, Tyler			
	2) Higley, Jarrett			
	4) McLean, Dave			
	2) Bonds, Elliott			
	4) Harnish, Michael			
	2) Dusza, Dave			
	4) Noll, Nate			
	2) Smith, Ben			
	4) Amezquita-Santos, Amado			

Men Distance Medley

MAC Indoor: 10:28.08 2004		Elizabethtown		Seed	Finals	Points
School						
1	Elizabethtown 'A'	10:02.68	10:26.99		10	
	1) Focht, Aaron					
	3) Weber, Mark					
2	Lebanon Valley 'A'	10:31.13	10:28.95		8	
	1) Harnish, Michael					
	3) Bonds, Elliott					
3	Widener 'A'	10:10.93	10:37.83		6	
	1) Benkhadra, Brian					
	3) Ruggiero, John					
4	Messiah 'A'	11:59.87	11:00.53		4	
	1) Liddick, Caleb					
	3) McGill, Jonphilip					
5	DeSales 'A'	11:22.55	11:01.38		2	
	1) Clemson, Alex					
	3) Bayeux, John					
6	Manhattanville 'A'		12:13.31		1	
	1) Caggiano, Dan					
	3) Szarkowicz, Mike					
7	Delaware Valley 'A'		12:28.58			
	1) McMillan, Andrew					
	3) Mahan, Eric					
	2) Amezquita-Santos, Amado					
	4) Smith, Ben					
	2) Miller, Stephen					
	4) Stewart, Jonathan					

Men High Jump

MAC Indoor: 2.06m 2011		Justin Gewirtz, Albright		Seed	Finals	Points
Name		Year School				
1	Black, Derek		Messiah		1.93m	6-04.00 10
	1.68 1.73 1.78 1.83 1.88 1.93					
	P P P XO XO XXO					
2	MacNiven, Andrew		DeSales		1.88m	6-02.00 7
	1.68 1.73 1.78 1.83 1.88 1.93					
	P P O O O XXX					
2	Motherway, Billy		Manhattanvil		1.88m	6-02.00 7
	1.68 1.73 1.78 1.83 1.88 1.93					
	P P O O O XXX					
3	Fox, Neal		DeSales		J1.88m	6-02.00 4
	1.68 1.73 1.78 1.83 1.88 1.93					
	P P O O XXO XXX					
4	Garrison, David		Manhattanvil		J1.88m	6-02.00 2
	1.68 1.73 1.78 1.83 1.88 1.93					
	O O XXO O XXO XXX					
5	Masterson, Thomas		Delaware Val		J1.83m	6-00.00 1
	1.68 1.73 1.78 1.83 1.88					

Men Long Jump

=====									
MAC Indoor:		7.25m		1993		Gregg Barrett, Widener			
Name	Year	School	Seed	Finals	Points				
=====									
1	Miller, Joseph	Lebanon Vall	6.48m	6.84m	22-05.25	10			
	6.53m 6.67m 6.84m 6.70m 6.67m	PASS							
2	Wiley, Caleb	Lebanon Vall	6.35m	6.76m	22-02.25	8			
	6.50m 6.63m 6.76m 6.53m 6.75m	FOUL							
3	Masterson, Thomas	Delaware Val	6.58m	J6.76m	22-02.25	6			
	FOUL FOUL 6.40m FOUL 6.76m	FOUL							
4	Pugh, Mickeal	Lebanon Vall	6.34m	6.75m	22-01.75	4			
	6.49m FOUL 6.75m 6.61m 6.34m 6.64m								
5	Fox, Neal	DeSales	5.96m	6.55m	21-06.00	2			
	6.46m FOUL 6.55m 6.49m	FOUL FOUL							
6	Rodriguez, Nick	Widener	6.51m	6.54m	21-05.50	1			
	6.24m FOUL 6.54m	PASS 6.39m 6.34m							
7	Clemson, Steven	Misericordia	6.02m	6.42m	21-00.75				
	FOUL 6.42m 6.21m	FOUL FOUL							
8	Young, Brandon	Alvernia	6.57m	6.36m	20-10.50				
	6.22m 6.36m 5.97m								
8	Black, Derek	Messiah	5.95m	6.36m	20-10.50				
	FOUL 6.36m 6.29m								
10	Brandt, Erik	Lebanon Vall	6.34m	6.34m	20-09.75				
	FOUL FOUL 6.34m								
11	MacNiven, Andrew	DeSales	6.46m	6.30m	20-08.00				
	6.09m 6.13m 6.30m								
12	Esterly, Brandon	DeSales	5.95m	6.28m	20-07.25				
	6.28m 5.87m 6.13m								
13	Chu, Jayson	Messiah	5.93m	6.24m	20-05.75				
	6.02m 5.90m 6.24m								
14	Brady, Kevin	Elizabethtow	6.07m	6.22m	20-05.00				
	FOUL 6.22m FOUL								
15	Ohlinger, Brad	Albright	5.97m	6.17m	20-03.00				
	6.17m 5.97m	FOUL							
16	Richardson, Antonio	Widener	6.17m	6.15m	20-02.25				
	6.02m 6.00m 6.15m								
--	Nguyen, Dennis	Widener	6.20m	FOUL					
	FOUL FOUL FOUL								
--	Jackson, Jabari	Delaware Val	5.84m	FOUL					
	FOUL FOUL FOUL								

Men Triple Jump

=====									
MAC Indoor:		14.86m		2004		Jason Patterson, Elizabethtown			
Name	Year	School	Seed	Finals	Points				
=====									
1	Young, Brandon	Alvernia	13.71m	13.53m	44-04.75	10			
	13.32m 13.53m 13.28m 12.73m 12.53m	PASS							
2	Wiley, Caleb	Lebanon Vall	12.81m	13.43m	44-00.75	8			
	13.16m FOUL 13.33m 13.33m 13.43m 13.38m								
3	Brandt, Erik	Lebanon Vall	12.30m	13.24m	43-05.25	6			
	12.24m 12.96m 13.24m 12.20m	FOUL FOUL							
4	Vitale, Sean	Misericordia	12.79m	13.20m	43-03.75	4			
	12.80m FOUL 13.05m 12.80m 12.73m 13.20m								
5	Miller, Joseph	Lebanon Vall	12.24m	13.12m	43-00.50	2			
	12.81m 13.11m	PASS 13.12m	FOUL FOUL						
6	Richardson, Antonio	Widener	12.87m	12.77m	41-10.75	1			
	12.33m 12.77m 12.71m 12.10m 12.31m	FOUL							
7	Esterly, Brandon	DeSales	12.42m	12.63m	41-05.25				
	12.59m 12.63m	FOUL 12.51m	FOUL 12.40m						
8	Hampton, Tim	Messiah	11.92m	12.62m	41-05.00				
	12.62m 12.52m 12.46m								
9	Ohlinger, Brad	Albright	12.42m	12.56m	41-02.50				
	12.30m 12.33m 12.56m								
10	MacNiven, Andrew	DeSales	12.58m	12.46m	40-10.50				
	12.46m FOUL 11.90m								
11	Jackson, Jabari	Delaware Val	12.25m	12.39m	40-07.75				

	FOUL	12.15m	12.39m					
12	Chu, Jayson			Messiah	11.72m	12.14m	39-10.00	
		12.03m	12.14m	11.77m				
13	Nguyen, Dennis			Widener	11.95m	11.86m	38-11.00	
		11.85m	11.46m	11.86m				

Men Shot Put

=====								
MAC Indoor:		15.62m	2010	James Green, Widener				
Name	Year	School	Seed	Finals	Points			
=====								
1	Fulton, Fred		Messiah	16.14m	15.71m	51-06.50	10	
		FOUL	14.03m	15.10m	14.83m	FOUL	15.71m	
2	Recla, Mike		Widener	15.80m	15.64m	51-03.75	8	
		14.45m	13.67m	15.64m	FOUL	14.50m	FOUL	
3	Stutzman, Trevor		Messiah	15.40m	15.15m	49-08.50	6	
		14.85m	14.62m	14.89m	15.15m	15.00m	14.49m	
4	Canonico, Dane		Albright	14.57m	J15.15m	49-08.50	4	
		FOUL	FOUL	13.88m	14.87m	FOUL	15.15m	
5	Langton, John		DeSales	14.04m	14.25m	46-09.00	2	
		FOUL	13.60m	14.25m	FOUL	FOUL	13.83m	
6	Green, Anthony		Widener	13.72m	14.23m	46-08.25	1	
		12.89m	13.84m	14.23m	13.29m	13.36m	13.61m	
7	Ardo, Joe		Misericordia	13.96m	14.17m	46-06.00		
		FOUL	13.96m	14.17m	FOUL	FOUL	13.70m	
8	Miller, Hank		DeSales	13.72m	13.73m	45-00.50		
		13.73m	13.51m	FOUL				
9	Dayhoff, Lucas		Elizabethtow	13.75m	13.53m	44-04.75		
		FOUL	13.40m	13.53m				
10	Doran, Joe		Widener	13.58m	12.96m	42-06.25		
		12.08m	12.96m	12.69m				
11	Williams, Tyler		Widener	12.69m	12.61m	41-04.50		
		12.61m	FOUL	12.44m				
12	Terris, James		Delaware Val	12.69m	12.60m	41-04.25		
		12.60m	11.80m	11.94m				
13	Kulhamer, Justin		DeSales	13.32m	12.30m	40-04.25		
		FOUL	FOUL	12.30m				
14	Gonzalez, Steffen		Albright	12.92m	12.20m	40-00.50		
		FOUL	FOUL	12.20m				
15	Ware, Jesse		Delaware Val	12.17m	12.04m	39-06.00		
		11.90m	12.00m	12.04m				
16	Martin, Kris		Widener	12.43m	12.02m	39-05.25		
		11.55m	11.74m	12.02m				
17	Hladchuk, Matthew		Widener	11.91m	11.14m	36-06.75		
		11.14m	10.88m	FOUL				
18	Valdez, Nathanael		Lebanon Vall	11.89m	11.00m	36-01.25		
		10.85m	10.66m	11.00m				
19	Tucker, Andrew		Misericordia	12.06m	10.64m	34-11.00		
		FOUL	10.64m	FOUL				
20	Solomon, Eric		Widener	12.05m	10.61m	34-09.75		
		10.61m	FOUL	10.59m				
21	Greene, Kevin		Lebanon Vall	11.85m	10.46m	34-04.00		
		9.49m	9.57m	10.46m				
22	Obold, Daniel		Elizabethtow	11.81m	9.53m	31-03.25		
		9.53m	FOUL	FOUL				
--	Maurer, Blake		Messiah	11.68m	FOUL			
		FOUL	FOUL	FOUL				
--	Baldwin, Robert		Albright	11.59m	FOUL			
		FOUL	FOUL	FOUL				

Men Weight Throw

=====								
MAC Indoor:		17.79m	2010	Jose Santiago, DeSales				
Name	Year	School	Seed	Finals	Points			
=====								
1	Miller, Hank		DeSales	15.84m	15.96m	52-04.50	10	
		14.96m	15.22m	15.39m	FOUL	FOUL	15.96m	
2	Solomon, Eric		Widener	16.41m	15.92m	52-02.75	8	

	FOUL	15.47m	15.83m	FOUL	15.45m	15.92m					
3	Williams, Tyler				Widener		15.44m	15.78m	51-09.25	6	
		14.17m	15.46m	15.56m	14.50m	15.06m	15.78m				
4	Maloney, Ed				Widener		15.60m	15.60m	51-02.25	4	
		15.12m	15.42m	15.23m	15.60m	FOUL	FOUL				
5	Fulton, Fred				Messiah		14.58m	15.55m	51-00.25	2	
		15.10m	FOUL	15.23m	15.11m	FOUL	15.55m				
6	Dayhoff, Lucas				Elizabethtow		14.92m	14.76m	48-05.25	1	
		14.72m	14.57m	14.76m	FOUL	FOUL	FOUL				
7	Theiss, Michael				Delaware Val		14.01m	14.41m	47-03.50		
		14.27m	FOUL	12.98m	14.41m	FOUL	13.56m				
8	Martin, Kris				Widener		13.14m	13.64m	44-09.00		
		FOUL	13.64m	13.34m							
9	Hladchuk, Matthew				Widener		10.93m	13.51m	44-04.00		
		12.48m	12.70m	13.51m							
10	Canonico, Dane				Albright		13.59m	13.47m	44-02.50		
		12.52m	13.06m	13.47m							
11	Wall, William				Widener		14.74m	13.34m	43-09.25		
		FOUL	13.34m	FOUL							
12	Recla, Mike				Widener		13.52m	13.28m	43-07.00		
		FOUL	12.20m	13.28m							
13	Maurer, Blake				Messiah		12.88m	13.20m	43-03.75		
		12.83m	12.54m	13.20m							
14	DeLade, Justin				Widener		12.47m	12.91m	42-04.25		
		FOUL	12.38m	12.91m							
15	Kulhamer, Justin				DeSales		12.92m	12.90m	42-04.00		
		12.90m	FOUL	FOUL							
16	Leshko, Derrick				DeSales		13.57m	12.85m	42-02.00		
		12.85m	12.25m	12.83m							
17	Baldwin, Robert				Albright		13.10m	12.36m	40-06.75		
		12.36m	FOUL	12.21m							
18	Gonzalez, Steffen				Albright		12.64m	12.24m	40-02.00		
		10.75m	12.24m	12.04m							
19	Starovoytov, Stas				Widener		11.33m	11.69m	38-04.25		
		11.69m	FOUL	FOUL							
20	Ardo, Joe				Misericordia		12.84m	11.52m	37-09.50		
		FOUL	11.13m	11.52m							
21	Obold, Daniel				Elizabethtow		13.03m	11.51m	37-09.25		
		FOUL	FOUL	11.51m							
22	Emery, Dillon				Alvernia		11.29m	10.94m	35-10.75		
		FOUL	10.94m	10.81m							
23	Streeter, Josh				Alvernia		10.82m	10.51m	34-05.75		
		9.71m	10.51m	10.38m							
24	Schwartz, Michael				Albright		11.42m	10.08m	33-01.00		
		9.23m	10.08m	10.02m							

Heptathlon: #1 Men 55 Meter Dash Heptathlon

Name	Year	School	Finals	H#	Points
1 Engle, Drew		Messiah	6.88	2	757
2 Orzol, Lee		DeSales	6.94	3	735
3 Greene, Kevin		Lebanon Vall	6.95	3	732
4 Pennisi, Richard		Messiah	6.99	3	718
5 Regensburg, Brian		DeSales	7.04	2	701
6 Layng, Brian		Elizabethtow	7.09	1	684
7 Gardner, William		Lebanon Vall	7.14	1	667
8 McCloskey, Kal		Widener	7.26	1	627
9 Jokic, Stephan		DeSales	7.28	2	621
10 Griffin, Kevin		Alvernia	7.29	3	618

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year	School	Finals	Points
1 Engle, Drew		Messiah	2:50.93	756
2 Pennisi, Richard		Messiah	2:51.39	751
3 Layng, Brian		Elizabethtow	2:54.48	719

4	Orzol, Lee	DeSales	3:01.18	653
5	McCloskey, Kal	Widener	3:07.81	590
6	Greene, Kevin	Lebanon Vall	3:15.88	517
7	Gardner, William	Lebanon Vall	3:22.66	459
8	Griffin, Kevin	Alvernia	3:26.44	429
9	Regensburg, Brian	DeSales	3:40.96	320
10	Jokic, Stephan	DeSales	4:04.79	173

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year School	Finals	H#	Points
1 Pennisi, Richard	Messiah	9.14	3	715
2 Layng, Brian	Elizabethtow	9.18	4	707
3 Engle, Drew	Messiah	9.30	2	681
4 Griffin, Kevin	Alvernia	9.42	4	656
5 Jokic, Stephan	DeSales	9.44	1	652
6 Orzol, Lee	DeSales	9.68	4	603
7 Greene, Kevin	Lebanon Vall	9.78	1	583
8 Gardner, William	Lebanon Vall	10.40	3	468
9 McCloskey, Kal	Widener	10.79	2	402
10 Regensburg, Brian	DeSales	12.06	3	219

Heptathlon: #4 Men High Jump Heptathlon

Name	Year School	Finals	Points
1 Gardner, William	Lebanon Vall	1.73m	5-08.00 569
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76			
P O O O O O XXO O O XXX			
1 Pennisi, Richard	Messiah	1.73m	5-08.00 569
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76			
P P P O P O O O XO XXX			
3 Regensburg, Brian	DeSales	1.70m	5-07.00 544
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73			
P P P P O P O XO XXX			
3 Orzol, Lee	DeSales	1.70m	5-07.00 544
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73			
O P P O P XO O XO XXX			
5 Greene, Kevin	Lebanon Vall	1.67m	5-05.75 520
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70			
P O O O O O XXO XXX			
6 Layng, Brian	Elizabethtow	1.64m	5-04.50 496
1.49 1.52 1.55 1.58 1.61 1.64 1.67			
P XO O O O XO XXX			
6 Engle, Drew	Messiah	1.64m	5-04.50 496
1.49 1.52 1.55 1.58 1.61 1.64 1.67			
P O P XXO O XXX			
8 Jokic, Stephan	DeSales	1.58m	5-02.25 449
1.49 1.52 1.55 1.58 1.61			
O O O XO XXX			
8 McCloskey, Kal	Widener	1.58m	5-02.25 449
1.49 1.52 1.55 1.58 1.61			
O O O O XXX			
10 Griffin, Kevin	Alvernia	1.55m	5-01.00 426
1.49 1.52 1.55 1.58			
O P XO XXX			

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year School	Finals	Points
1 Engle, Drew	Messiah	4.15m	13-07.25 659
2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15			
P P P P P P P P P P P P O P P O XO XO			
2 Orzol, Lee	DeSales	3.95m	12-11.50 603
2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05			
P P P P P P P P P XXO P O O O O O XXX			

3	Pennisi, Richard	Messiah	3.85m	12-07.50	576
	2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95				
	P P P P P P P P P P P P O P XO XXX				
4	Griffin, Kevin	Alvernia	3.75m	12-03.50	549
	2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85				
	P P P P P P P P O XO P O XXO O XXX				
5	Layng, Brian	Elizabethtow	3.55m	11-07.75	496
	2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65				
	P P P P P O O O O O O O XXX				
6	Greene, Kevin	Lebanon Vall	2.95m	9-08.00	345
	2.45 2.55 2.65 2.75 2.85 2.95 3.05				
	P P P O O O XXX				
7	Gardner, William	Lebanon Vall	2.65m	8-08.25	275
	2.45 2.55 2.65 2.75				
	O O XO X				
8	Regensburg, Brian	DeSales	2.55m	8-04.25	253
	2.45 2.55 2.65				
	P XO X				
9	McCloskey, Kal	Widener	2.45m	8-00.50	231
	2.45 2.55 2.65				
	O P XXX				
9	Jokic, Stephan	DeSales	2.45m	8-00.50	231
	2.45 2.55				
	O XXX				

Heptathlon: #2 Men Long Jump Heptathlon

Name	Year School	Finals	Points
1 Orzol, Lee	DeSales	6.08m	19-11.50 604
		FOUL 5.99m 6.08m	
2 Engle, Drew	Messiah	6.02m	19-09.00 591
		6.02m 5.92m 5.79m	
3 Jokic, Stephan	DeSales	5.85m	19-02.50 554
		FOUL FOUL 5.85m	
4 Layng, Brian	Elizabethtow	5.77m	18-11.25 537
		FOUL 5.77m FOUL	
5 Regensburg, Brian	DeSales	5.72m	18-09.25 527
		5.72m 5.61m 5.49m	
6 Gardner, William	Lebanon Vall	5.63m	18-05.75 508
		5.62m 5.56m 5.63m	
7 Griffin, Kevin	Alvernia	5.56m	18-03.00 494
		5.56m 5.45m FOUL	
8 Pennisi, Richard	Messiah	5.53m	18-01.75 487
		5.53m FOUL 5.36m	
9 Greene, Kevin	Lebanon Vall	5.42m	17-09.50 465
		5.42m 5.34m 5.40m	
10 McCloskey, Kal	Widener	5.39m	17-08.25 459
		5.39m FOUL 5.15m	

Heptathlon: #3 Men Shot Put Heptathlon

Name	Year School	Finals	Points
1 Greene, Kevin	Lebanon Vall	11.78m	38-07.75 593
		10.24m 10.21m 11.78m	
2 McCloskey, Kal	Widener	11.02m	36-02.00 547
		11.02m FOUL FOUL	
3 Regensburg, Brian	DeSales	10.03m	32-11.00 487
		9.54m 10.03m FOUL	
4 Layng, Brian	Elizabethtow	9.98m	32-09.00 484
		9.14m 9.98m 9.96m	
5 Jokic, Stephan	DeSales	9.96m	32-08.25 483
		9.96m 9.73m 9.79m	
6 Gardner, William	Lebanon Vall	9.17m	30-01.00 436
		9.02m 9.17m 8.96m	
7 Orzol, Lee	DeSales	9.06m	29-08.75 429
		9.06m 8.94m 7.19m	

8	Engle, Drew		Messiah	8.81m	28-11.00	414
	8.81m	8.40m	8.57m			
9	Pennisi, Richard		Messiah	8.68m	28-05.75	407
	8.68m	7.95m	8.32m			
10	Griffin, Kevin		Alvernia	8.45m	27-08.75	393
	8.00m	7.92m	8.45m			

Men Heptathlon

Name	Year	School	Seed	Finals	Points
1	Engle, Drew	Messiah	3596	4354	10
2	Pennisi, Richard	Messiah	3747	4223	8
3	Orzol, Lee	DeSales	3837	4171	6
4	Layng, Brian	Elizabethtow	3965	4123	4
5	Greene, Kevin	Lebanon Vall	3334	3755	2
6	Griffin, Kevin	Alvernia		3565	1
7	Gardner, William	Lebanon Vall	3144	3382	
8	McCloskey, Kal	Widener	3081	3305	
9	Jokic, Stephan	DeSales	3037	3163	
10	Regensburg, Brian	DeSales	3247	3051	

Women - Team Rankings - 18 Events Scored

1) Lebanon Valley	136	2) Messiah	98
3) Elizabethtown	92	4) Misericordia	91
5) Widener	58	6) DeSales	31
7) Delaware Valley	25	8) Alvernia	16
9) Albright	5	10) Manhattanville	2

Men - Team Rankings - 18 Events Scored

1) Widener	131	2) Messiah	110
3) Elizabethtown	104	4) Lebanon Valley	77
5) DeSales	44	6) Alvernia	32
7) Delaware Valley	27	8) Albright	13
9) Manhattanville	10	9) Misericordia	10