

Women 60 Meter Dash

| MAC Indoor: R 7.81 2/23/2013 Danisha Higgs, Albright | | | | | | |
|--|------|--------------|------|---------|----|--|
| Name | Year | School | Seed | Prelims | H# | |
| Preliminaries | | | | | | |
| 1 Higgs, Danisha | SR | Albright | 7.97 | 7.83Q | 1 | |
| 2 Diffenderfer, Katlyn | SR | DeSales | 7.99 | 7.93Q | 2 | |
| 3 Fitti-Hafer, Kristin | SR | Lebanon Vall | 8.05 | 7.97Q | 3 | |
| 4 Braungard, Ashley | FR | Lebanon Vall | 8.21 | 7.97q | 1 | |
| 5 Perrins, Stacey | SR | Misericordia | 8.06 | 8.04q | 2 | |
| 6 Wanner, Heather | FR | Alvernia | 8.02 | 8.05q | 3 | |
| 7 Martin, Liz | SR | Messiah | 8.14 | 8.15 | 1 | |
| 8 Roberts, Shannon | SO | Manhattanvil | 8.38 | 8.18 | 2 | |
| 9 Downer, Sarah | JR | Misericordia | 8.57 | 8.31 | 1 | |
| 10 O'Donnell, Kelsey | FR | Misericordia | 8.48 | 8.36 | 3 | |
| 11 Detweiler, Kelsey | FR | Elizabethtow | 8.38 | 8.41 | 3 | |
| 12 Hill, Monee | JR | Stevenson | 8.59 | 8.47 | 1 | |
| 13 Rogan, Emily | FR | DeSales | 8.55 | 8.49 | 2 | |
| 14 Olcheski, Shea | JR | Albright | 8.66 | 8.58 | 3 | |
| 15 Blount, Jayda | FR | Hood | 8.62 | 8.63 | 2 | |
| 16 Colt, Katie | FR | Widener | 8.63 | 8.75 | 3 | |

Women 60 Meter Dash

| MAC Indoor: R 7.81 2/23/2013 Danisha Higgs, Albright | | | | | | |
|--|------|--------------|---------|--------|--------|--|
| Name | Year | School | Prelims | Finals | Points | |
| Finals | | | | | | |
| 1 Higgs, Danisha | SR | Albright | 7.83 | 7.81R | 10 | |
| 2 Diffenderfer, Katlyn | SR | DeSales | 7.93 | 7.91 | 8 | |
| 3 Braungard, Ashley | FR | Lebanon Vall | 7.97 | 7.97 | 6 | |
| 4 Fitti-Hafer, Kristin | SR | Lebanon Vall | 7.97 | 8.01 | 4 | |
| 5 Wanner, Heather | FR | Alvernia | 8.05 | 8.04 | 2 | |
| 6 Perrins, Stacey | SR | Misericordia | 8.04 | 8.06 | 1 | |

Women 200 Meter Dash

| MAC Indoor: R 25.99 2007 Danna Haslett, Moravian | | | | | | |
|--|------|--------------|-------|--------|----|--------|
| Name | Year | School | Seed | Finals | H# | Points |
| 1 Higgs, Danisha | SR | Albright | 26.46 | 25.94R | 4 | 10 |
| 2 Diffenderfer, Katlyn | SR | DeSales | 26.58 | 26.19 | 4 | 8 |
| 3 Fowler, Shakeira | SO | Widener | 26.57 | 26.42 | 4 | 6 |
| 4 Fitti-Hafer, Kristin | SR | Lebanon Vall | 26.47 | 26.45 | 4 | 4 |
| 5 Wanner, Heather | FR | Alvernia | 26.61 | 26.73 | 3 | 2 |
| 6 Perrins, Stacey | SR | Misericordia | 26.57 | 26.85 | 4 | 1 |
| 7 Martin, Liz | SR | Messiah | 27.42 | 27.13 | 3 | |
| 8 Norris, Hilari | SO | Misericordia | 27.50 | 27.35 | 3 | |
| 9 Young, Chelsea | SR | Hood | 27.54 | 27.57 | 3 | |
| 10 Downer, Sarah | JR | Misericordia | 28.20 | 27.65 | 2 | |
| 11 O'Donnell, Kelsey | FR | Misericordia | 28.02 | 27.77 | 3 | |
| 12 Colt, Katie | FR | Widener | 29.04 | 28.52 | 2 | |
| 13 Booz, Natalie | FR | Messiah | 28.86 | 29.00 | 2 | |
| 14 Olcheski, Shea | JR | Albright | 29.10 | 29.08 | 1 | |
| 15 Jackson, Maya | JR | Hood | 29.27 | 29.17 | 1 | |
| 16 cappuccino, Katie | FR | DeSales | 29.18 | 29.56 | 1 | |
| 17 Barnes, Ashley | SO | Hood | 28.61 | 29.97 | 2 | |

Women 400 Meter Dash

| MAC Indoor: R 59.28 2006 Emily Lepley, Susquehanna | | | | | | |
|--|------|--------------|---------|---------|----|--------|
| Name | Year | School | Seed | Finals | H# | Points |
| 1 Viti, Amy | SO | Misericordia | 59.01 | 58.73R | 2 | 10 |
| 2 Groce, Alexis | FR | Elizabethtow | 1:00.12 | 59.24R | 2 | 8 |
| 3 Diehl, Brittany | JR | Widener | 1:00.73 | 59.37 | 2 | 6 |
| 4 Fairchild, Mary | FR | Misericordia | 59.77 | 1:00.28 | 2 | 4 |
| 5 Miller, Amanda | SO | DeSales | 1:02.03 | 1:00.55 | 2 | 2 |
| 6 Young, Chelsea | SR | Hood | 1:01.89 | 1:00.69 | 2 | 1 |
| 7 Fairchild, Kelty | FR | Misericordia | 1:02.74 | 1:02.16 | 1 | |
| 8 Lanzillotti, Alexis | JR | Manhattanvil | 1:04.51 | 1:03.19 | 1 | |
| 9 O'Hara, Kathryn | JR | Lebanon Vall | 1:05.87 | 1:06.57 | 1 | |
| 10 Thomas, Erica | FR | DeSales | 1:08.03 | 1:07.91 | 1 | |

Women 800 Meter Run

| MAC Indoor: R 2:16.37 2/23/2013 Cynthia Adams, Lebanon Vall | | | | | | |
|---|------|--------------|---------|---------|--------|--|
| Name | Year | School | Seed | Finals | Points | |
| 1 Adams, Cynthia | JR | Lebanon Vall | 2:16.60 | 2:17.37 | 10 | |
| 2 Groce, Alexis | FR | Elizabethtow | 2:23.73 | 2:21.82 | 8 | |
| 3 Heisey, Julie | FR | Messiah | 2:23.30 | 2:22.09 | 6 | |
| 4 Tearnan, Amelia | JR | Elizabethtow | 2:23.02 | 2:23.65 | 4 | |
| 5 Senning, Emily | SO | Messiah | 2:24.09 | 2:23.71 | 2 | |
| 6 Englert, Taylor | SO | Widener | 2:28.61 | 2:27.89 | 1 | |
| 7 Churchman, Michelle | JR | DeSales | 2:34.77 | 2:29.65 | | |
| 8 Bamberski, Jacquelyn | FR | Misericordia | 2:29.00 | 2:29.69 | | |
| 9 Bolton, Bianca | SO | Misericordia | 2:25.47 | 2:31.39 | | |
| 10 Dearie, Lydia | SO | Elizabethtow | 2:34.51 | 2:34.01 | | |
| 11 Vazzana, Caroline | SR | Albright | 2:38.53 | 2:35.90 | | |
| 12 Kozel, Kassy | FR | Misericordia | 2:35.18 | 2:36.60 | | |
| 13 Sunderland, Nicole | SR | Messiah | 2:38.19 | 2:37.16 | | |
| 14 Brown, Christanna | FR | Alvernia | 2:37.85 | 2:40.72 | | |
| 15 Balla, Natala | SO | DeSales | 2:39.00 | 2:54.09 | | |

Women 1 Mile Run

| MAC Indoor: R 5:03.49 2/23/2013 Traci Tempone, Elizabethtow | | | | | | |
|---|------|--------------|---------|---------|--------|--|
| Name | Year | School | Seed | Finals | Points | |
| 1 Tempone, Traci | SR | Elizabethtow | 5:12.02 | 5:11.95 | 10 | |
| 2 Patrick, Kelsey | SO | Lebanon Vall | 5:16.92 | 5:12.56 | 8 | |
| 3 Bolton, Bianca | SO | Misericordia | 5:13.24 | 5:13.86 | 6 | |
| 4 Tearnan, Amelia | JR | Elizabethtow | 5:27.77 | 5:16.14 | 4 | |
| 5 Curry, Jessica | SO | DeSales | 5:20.02 | 5:30.77 | 2 | |
| 6 Killmon, Bethany | FR | Misericordia | 5:26.55 | 5:39.16 | 1 | |
| 7 Churchman, stephanie | SO | DeSales | 5:41.09 | 5:41.75 | | |
| 8 Rees, Brittany | SO | Lebanon Vall | 5:56.60 | 5:45.09 | | |
| 9 Keich, Alyssa | JR | Lebanon Vall | 5:53.99 | 5:46.31 | | |
| 10 Harding, Rachael | JR | Misericordia | 5:54.65 | 5:47.82 | | |
| 11 Siermine, Nicolette | FR | Elizabethtow | 5:57.50 | 5:49.95 | | |
| 12 Sheard, Tamahra | SO | Albright | 5:58.46 | 5:51.08 | | |
| 13 Novak, Leah | JR | Messiah | 5:58.22 | 5:54.32 | | |
| 14 Crossey, Nicole | SO | Widener | 5:59.87 | 5:55.60 | | |
| 15 Yankelevich, Gabrielle | SO | Elizabethtow | 6:00.33 | 5:56.72 | | |
| 16 Jones, Hannah | SO | Lebanon Vall | 5:47.76 | 5:57.15 | | |
| 17 Vasiliu, Nicole | SO | Lebanon Vall | 5:58.49 | 6:00.84 | | |
| 18 Black, Sarah | SR | Lebanon Vall | 6:00.15 | 6:06.03 | | |
| 19 White, Emily | SO | Lebanon Vall | 5:59.79 | 6:15.68 | | |

Women 3000 Meter Run

| MAC Indoor: R 10:08.89 3/1/2014 Kelsey Patrick, Lebanon Vall | | | | | | |
|--|------|--------------|----------|-----------|--------|--|
| Name | Year | School | Seed | Finals | Points | |
| 1 Patrick, Kelsey | SO | Lebanon Vall | 10:13.62 | 10:08.89R | 10 | |
| 2 Tempone, Traci | SR | Elizabethtow | 10:17.15 | 10:11.90 | 8 | |
| 3 Tursi, Megan | SR | Elizabethtow | 10:47.78 | 10:30.12 | 6 | |
| 4 Curry, Jessica | SO | DeSales | 10:30.41 | 10:49.01 | 4 | |
| 5 Churchman, stephanie | SO | DeSales | 11:02.21 | 10:49.49 | 2 | |
| 6 Dystant, Alexandra | JR | Hood | 11:26.24 | 10:50.60 | 1 | |
| 7 Becker, Tasha | SO | Messiah | 11:12.84 | 11:07.20 | | |
| 8 Gehly, Samantha | FR | Elizabethtow | 11:20.74 | 11:21.85 | | |
| 9 Nellis, Elaina | SR | Elizabethtow | 11:26.09 | 11:24.19 | | |
| 10 Spicer, Shae | FR | Widener | 11:38.81 | 11:37.16 | | |
| 11 Labatt, Rachel | FR | Elizabethtow | 11:45.80 | 11:48.66 | | |
| 12 Kemmerer, Emma | SO | DeSales | 11:10.83 | 11:50.96 | | |

Women 5000 Meter Run

| MAC Indoor: R 17:34.50 2008 Erin Fisher, Elizabethtown | | | | | | |
|--|------|--------------|----------|----------|--------|--|
| Name | Year | School | Seed | Finals | Points | |
| 1 Tempone, Traci | SR | Elizabethtow | 18:04.10 | 18:10.48 | 10 | |
| 2 Tursi, Megan | SR | Elizabethtow | 18:39.52 | 18:33.39 | 8 | |
| 3 Kerno, Amanda | SR | Elizabethtow | 18:23.12 | 18:37.17 | 6 | |
| 4 Guth, Cara | SR | DeSales | 18:38.40 | 19:05.80 | 4 | |
| 5 Wedekind, Elizabeth | FR | Elizabethtow | 19:06.18 | 19:11.92 | 2 | |
| 6 Becker, Tasha | SO | Messiah | 19:31.14 | 19:12.02 | 1 | |
| 7 Peterson, Alyssa | SR | Hood | 20:04.75 | 19:23.63 | | |
| 8 Medendorp, Kellie | SR | Widener | 19:09.31 | 19:28.01 | | |
| 9 Bove, Jennifer | SR | Messiah | 20:13.49 | 19:31.49 | | |
| 10 Petkova, Polin | FR | Manhattanvil | 20:10.88 | 19:42.19 | | |
| 11 Barbagallo, Emma | SO | Messiah | 20:28.97 | 19:52.07 | | |
| 12 Cody, Eileen | JR | Elizabethtow | 19:27.82 | 19:52.48 | | |

| | | | | | |
|----|--------------------|----|--------------|----------|----------|
| 13 | Nellis, Elaina | SR | Elizabethtow | 20:18.00 | 19:57.18 |
| 14 | Miller, Alexandria | SO | Misericordia | 19:45.52 | 20:01.71 |
| 15 | Gehly, Samantha | FR | Elizabethtow | 19:58.35 | 20:02.53 |
| 16 | Stevko, Andrea | SO | Alvernia | 19:37.12 | 20:02.79 |
| 17 | Gessler, Amy | FR | Elizabethtow | 20:00.59 | 20:21.66 |
| 18 | Eyler, Rachel | JR | Lebanon Vall | 20:35.48 | 20:36.21 |
| -- | Rogers, Alissa | FR | Messiah | 19:21.71 | DNF |

Women 60 Meter Hurdles

| MAC Indoor: R 8.97 2012 Johanna Walker, Lebanon Valley | | | | | | |
|--|----------------------|--------|--------------|---------|-------|---|
| Name | Year | School | Seed | Prelims | H# | |
| Preliminaries | | | | | | |
| 1 | Norris, Hilari | SO | Misericordia | 9.29 | 9.30Q | 2 |
| 2 | Fitti-Hafer, Kristin | SR | Lebanon Vall | 9.22 | 9.43Q | 3 |
| 3 | Martin, Liz | SR | Messiah | 9.47 | 9.50Q | 1 |
| 4 | Berger, Janette | FR | DeSales | 9.69 | 9.75q | 1 |
| 5 | Silveira, Heather | SR | Hood | 9.72 | 9.78q | 2 |
| 6 | McKnight, Briana | FR | Widener | 9.77 | 9.86q | 3 |
| 7 | Feather, Lyndsay | SO | Messiah | 10.55 | 10.05 | 2 |
| 8 | Calderone, Laura | JR | Lebanon Vall | 10.34 | 10.24 | 2 |
| 9 | Steffney, Katherine | JR | Misericordia | 10.49 | 10.24 | 1 |
| 10 | Young, Chelsea | SR | Hood | 10.33 | 10.40 | 3 |
| 11 | Heymann, Jillian | FR | Hood | 10.49 | 10.51 | 1 |
| 12 | Michael, Kate | SO | Misericordia | 10.70 | 10.97 | 3 |
| 13 | McSwain, Jazmine | SO | Stevenson | 11.14 | 11.21 | 3 |
| 14 | Kuhns, Katlynn | SO | Albright | 11.37 | 11.28 | 2 |
| 15 | Ireland, Rebekah | FR | Lebanon Vall | 11.39 | 11.36 | 1 |

Women 60 Meter Hurdles

| MAC Indoor: R 8.97 2012 Johanna Walker, Lebanon Valley | | | | | | |
|--|----------------------|--------|--------------|--------|--------|----|
| Name | Year | School | Prelims | Finals | Points | |
| Finals | | | | | | |
| 1 | Norris, Hilari | SO | Misericordia | 9.30 | 9.10 | 10 |
| 2 | Martin, Liz | SR | Messiah | 9.50 | 9.33 | 8 |
| 3 | Silveira, Heather | SR | Hood | 9.78 | 9.67 | 6 |
| 4 | Berger, Janette | FR | DeSales | 9.75 | 9.67 | 4 |
| 5 | Fitti-Hafer, Kristin | SR | Lebanon Vall | 9.43 | 9.68 | 2 |
| 6 | McKnight, Briana | FR | Widener | 9.86 | 10.03 | 1 |

Women 4x200 Meter Relay

| MAC Indoor: R 1:45.45 2012 Lebanon Valley | | | | | | |
|---|----------------------------|---------|---------|--------|----|-----------------------------|
| School | Seed | Finals | H# | Points | | |
| 1 | Misericordia 'A' | 1:49.46 | 1:46.78 | 2 | 10 | |
| | 1) Norris, Hilari SO | | | | | 2) Fairchild, Mary FR |
| | 3) Viti, Amy SO | | | | | 4) Perrins, Stacey SR |
| 2 | Widener 'A' | 1:47.37 | 1:47.26 | 2 | 8 | |
| | 1) Diehl, Brittany JR | | | | | 2) Azzollini, Danielle FR |
| | 3) McKnight, Briana FR | | | | | 4) Fowler, Shakeira SO |
| 3 | DeSales 'A' | 1:51.88 | 1:48.82 | 2 | 6 | |
| | 1) Rogan, Emily FR | | | | | 2) Miller, Amanda SO |
| | 3) Berger, Janette FR | | | | | 4) Diffenderfer, Katlyn SR |
| 4 | Lebanon Valley 'A' | 1:50.31 | 1:49.75 | 2 | 4 | |
| | 1) Fitti-Hafer, Kristin SR | | | | | 2) Gerchak, Taylor JR |
| | 3) Muffly, Alexa SO | | | | | 4) Braungard, Ashley FR |
| 5 | Elizabethtown 'A' | 1:54.93 | 1:53.54 | 2 | 2 | |
| | 1) Detweiler, Kelsey FR | | | | | 2) Underkofler, Ashley SR |
| | 3) Zylka, Jackie SR | | | | | 4) Slater, Dee SO |
| 6 | Albright 'A' | 1:54.70 | 1:54.07 | 2 | 1 | |
| | 1) Olcheski, Shea JR | | | | | 2) Nassar, Ronya JR |
| | 3) Kuhns, Katlynn SO | | | | | 4) Higgs, Danisha SR |
| 7 | Alvernia 'A' | 1:54.96 | 1:55.85 | 1 | | |
| | 1) Wanner, Heather FR | | | | | 2) Verdon, Erin JR |
| | 3) Verdel, Bridget SR | | | | | 4) Hontz, Shelby FR |
| 8 | Hood 'A' | 1:59.62 | 1:57.49 | 1 | | |
| | 1) Jackson, Maya JR | | | | | 2) Barnes, Ashley SO |
| | 3) Blount, Jayda FR | | | | | 4) Hammond-DoDoo, Helena JR |
| 9 | Messiah 'A' | 1:54.94 | 1:59.78 | 1 | | |
| | 1) Bowser, Rachel SO | | | | | 2) Feather, Lyndsay SO |
| | 3) Goodman, Sarah FR | | | | | 4) Booz, Natalie FR |
| 10 | Stevenson 'A' | 2:05.93 | 2:01.24 | 1 | | |
| | 1) McSwain, Jazmine SO | | | | | 2) Samuels, Denese FR |
| | 3) Tiller, Jami FR | | | | | 4) Hill, Monee JR |

Women 4x400 Meter Relay

MAC Indoor: R 4:03.59 2004

Elizabethtown

| School | Seed | Finals | H# | Points |
|----------------------------|---------|---------|----|--------|
| 1 Misericordia 'A' | 4:05.24 | 4:06.70 | 2 | 10 |
| 1) Fairchild, Mary FR | | | | |
| 2) Perrins, Stacey SR | | | | |
| 3) Fairchild, Kelty FR | | | | |
| 4) Viti, Amy SO | | | | |
| 2 Lebanon Valley 'A' | 4:06.40 | 4:11.34 | 2 | 8 |
| 1) Fitti-Hafer, Kristin SR | | | | |
| 2) Samper, Jamielyn SR | | | | |
| 3) Muffly, Alexa SO | | | | |
| 4) Braungard, Ashley FR | | | | |
| 3 Widener 'A' | 4:21.66 | 4:12.32 | 1 | 6 |
| 1) Diehl, Brittany JR | | | | |
| 2) Azzollini, Danielle FR | | | | |
| 3) McKnight, Briana FR | | | | |
| 4) Fowler, Shakeira SO | | | | |
| 4 DeSales 'A' | 4:15.53 | 4:12.70 | 2 | 4 |
| 1) Berger, Janette FR | | | | |
| 2) cappuccino, Katie FR | | | | |
| 3) Diffenderfer, Katlyn SR | | | | |
| 4) Miller, Amanda SO | | | | |
| 5 Hood 'A' | 4:12.10 | 4:15.06 | 2 | 2 |
| 1) Dystant, Alexandra JR | | | | |
| 2) Grizzle, Sophie SR | | | | |
| 3) Silveira, Heather SR | | | | |
| 4) Young, Chelsea SR | | | | |
| 6 Elizabethtown 'A' | 4:18.61 | 4:16.40 | 2 | 1 |
| 1) Underkofler, Ashley SR | | | | |
| 2) Christ, Alexandra SR | | | | |
| 3) Detweiler, Kelsey FR | | | | |
| 4) Earnshaw, Brianna FR | | | | |
| 7 Messiah 'A' | 4:21.30 | 4:16.50 | 2 | |
| 1) Martin, Liz SR | | | | |
| 2) Bowser, Rachel SO | | | | |
| 3) Eugene, Ersikha SR | | | | |
| 4) Heisey, Julie FR | | | | |
| 8 Alvernia 'A' | | 4:41.14 | 1 | |
| 1) Verdon, Erin JR | | | | |
| 2) Verdel, Bridget SR | | | | |
| 3) Brown, Christanna FR | | | | |
| 4) Wanner, Heather FR | | | | |
| 9 Albright 'A' | 4:55.57 | 4:43.47 | 1 | |
| 1) Higgs, Danisha SR | | | | |
| 2) Nassar, Ronya JR | | | | |
| 3) Olcheski, Shea JR | | | | |
| 4) Vazzana, Caroline SR | | | | |

Women 4x800 Meter Relay

| MAC Indoor: R 9:48.45 2005 | Messiah, Messiah | Seed | Finals | Points |
|----------------------------|------------------------------|----------|----------|--------|
| 1 Elizabethtown 'A' | | 10:07.20 | 9:46.32R | 10 |
| 1) Jones, Laurie SR | 2) Quinto, Casey FR | | | |
| 3) Groce, Alexis FR | 4) Tearnan, Amelia JR | | | |
| 2 Lebanon Valley 'A' | | 10:22.06 | 9:58.22 | 8 |
| 1) Decker, Lauren FR | 2) Stockdale, Dana JR | | | |
| 3) Patrick, Kelsey SO | 4) Adams, Cynthia JR | | | |
| 3 Messiah 'A' | | 12:08.03 | 10:01.26 | 6 |
| 1) Heisey, Julie FR | 2) Young, Jacquelyn SO | | | |
| 3) Scrima, Victoria SO | 4) Senning, Emily SO | | | |
| 4 Misericordia 'A' | | 10:03.24 | 10:01.33 | 4 |
| 1) Killmon, Bethany FR | 2) Eberly, Jill FR | | | |
| 3) Bolton, Bianca SO | 4) Bamberski, Jacquelyn FR | | | |
| 5 DeSales 'A' | | 10:10.97 | 10:05.00 | 2 |
| 1) Downing, Katie FR | 2) Dauer, Beth FR | | | |
| 3) Curry, Jessica SO | 4) Labar, Abby SO | | | |
| 6 Widener 'A' | | 10:48.70 | 10:24.08 | 1 |
| 1) Englert, Brianna SO | 2) Trofa, Erica SO | | | |
| 3) Creighton, Emily JR | 4) Englert, Taylor SO | | | |
| 7 Alvernia 'A' | | | 11:38.64 | |
| 1) Riley, Liane FR | 2) Cappiello, Jamie SO | | | |
| 3) Ruppert, Mylen SO | 4) Streleckis, Tina Marie JR | | | |

Women Distance Medley

| MAC Indoor: R 12:14.01 2005 | DeSales | Seed | Finals | Points |
|-----------------------------|--------------------------|----------|----------|--------|
| 1 Lebanon Valley 'A' | | 12:24.69 | 12:44.40 | 10 |
| 1) Stockdale, Dana JR | 2) O'Hara, Kathryn JR | | | |
| 3) Decker, Lauren FR | 4) Adams, Cynthia JR | | | |
| 2 DeSales 'A' | | 13:04.98 | 12:50.27 | 8 |
| 1) Downing, Katie FR | 2) Labar, Abby SO | | | |
| 3) Dauer, Beth FR | 4) Guth, Cara SR | | | |
| 3 Elizabethtown 'A' | | 12:31.68 | 12:55.50 | 6 |
| 1) Jones, Laurie SR | 2) Christ, Alexandra SR | | | |
| 3) Quinto, Casey FR | 4) Earnshaw, Brianna FR | | | |
| 4 Misericordia 'A' | | 13:01.65 | 13:10.96 | 4 |
| 1) Killmon, Bethany FR | 2) Fairchild, Kelty FR | | | |
| 3) Eberly, Jill FR | 4) Miller, Alexandria SO | | | |
| 5 Messiah 'A' | | 13:40.36 | 13:34.81 | 2 |
| 1) Young, Jacquelyn SO | 2) Bowser, Rachel SO | | | |
| 3) Scrima, Victoria SO | 4) Rekully, Gabby JR | | | |
| 6 Widener 'A' | | 13:48.64 | 14:01.50 | 1 |
| 1) Conley, Marissa FR | 2) Morrison, Chelsea JR | | | |
| 3) Greisman, Amanda FR | 4) Donahue, Emily SO | | | |

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|---|------------------------------|--|----------------------------------|----------|----------|--|
| 7 | Alvernia 'A' | | | 15:03.71 | 14:25.17 | |
| | 1) Stevko, Andrea SO | | 2) Verdon, Erin JR | | | |
| | 3) Streleckis, Tina Marie JR | | 4) Brown, Christanna FR | | | |
| 8 | Hood 'A' | | | | 15:28.73 | |
| | 1) McGrath, Caitlin SO | | 2) Hammond-DoDoo, Helena JR | | | |
| | 3) Bean, Caitlin JR | | 4) Wisz, Jamie JR | | | |
| 9 | Delaware Valley 'A' | | | | 15:55.78 | |
| | 1) Chamberlain, Sara FR | | 2) Roberts, Brittany Danielle JR | | | |
| | 3) Welliver, Michelle SO | | 4) Unger, Stephanie SR | | | |

Women High Jump

| MAC Indoor: R 1.68m 2011 Meghan Donovan, Delaware Valley | | | | | | | |
|--|----------------------|--------|--------------|--------|--------|---------|--------|
| Name | Year | School | Seed | Finals | | | Points |
| 1 | Ward, Ashlee | SR | Misericordia | 1.74m | 1.70mR | 5-07.00 | 10 |
| 2 | Johnson, Marie | FR | Messiah | 1.60m | 1.57m | 5-01.75 | 8 |
| 3 | Nole, Anna | JR | Misericordia | 1.60m | J1.57m | 5-01.75 | 6 |
| 4 | Jendrezewski, Olivia | FR | Lebanon Vall | 1.57m | J1.57m | 5-01.75 | 4 |
| 5 | Coker, Hadlee | FR | Messiah | 1.63m | J1.57m | 5-01.75 | 2 |
| 6 | Stitzer, Lindsey | SO | Misericordia | 1.45m | 1.52m | 4-11.75 | 0.50 |
| 6 | Loranger, Monica | SR | Elizabethtow | 1.52m | 1.52m | 4-11.75 | 0.50 |
| 8 | Smith, Shaye | FR | Misericordia | 1.37m | 1.47m | 4-09.75 | |
| 9 | Schools, Savannah | FR | Misericordia | 1.42m | 1.42m | 4-07.75 | |
| 10 | Reynolds, Delaney | FR | Alvernia | 1.42m | 1.39m | 4-06.75 | |
| 10 | Hull, Angelica | JR | Albright | 1.50m | 1.39m | 4-06.75 | |

Women Pole Vault

| MAC Indoor: R 3.82m 2/23/2013 Melissa Fellenbaum, Alvernia | | | | | | | |
|--|--------------------|--------|--------------|--------|--------|----------|--------|
| Name | Year | School | Seed | Finals | | | Points |
| 1 | Robison, Rachel | SO | Messiah | 3.40m | 3.30m | 10-10.00 | 10 |
| 2 | Loranger, Monica | SR | Elizabethtow | 3.20m | 3.15m | 10-04.00 | 8 |
| 3 | Char, Amber | JR | Widener | 2.90m | 3.00m | 9-10.00 | 6 |
| 4 | Wilson, Brittany | SO | Lebanon Vall | 3.05m | J3.00m | 9-10.00 | 4 |
| 5 | Broussard, Miranda | FR | Widener | 2.90m | 2.85m | 9-04.25 | 1.50 |
| 5 | Harris, Shauna | SO | Widener | 2.90m | 2.85m | 9-04.25 | 1.50 |
| 7 | Verdel, Bridget | SR | Alvernia | 2.89m | J2.85m | 9-04.25 | |

Women Long Jump

| MAC Indoor: R 5.68m 2/23/2013 Jenna Niedermayer, Elizabethtow | | | | | | | |
|---|----------------------|--------|--------------|--------|-------|----------|--------|
| Name | Year | School | Seed | Finals | | | Points |
| 1 | Jendrezewski, Olivia | FR | Lebanon Vall | 5.16m | 5.13m | 16-10.00 | 10 |
| 2 | Hostetler, Kaitlyn | FR | Messiah | 5.10m | 5.10m | 16-08.75 | 8 |
| 3 | Ostroski, Sarah | FR | Misericordia | 4.83m | 5.02m | 16-05.75 | 6 |
| 4 | Eugene, Ersikha | SR | Messiah | 5.06m | 4.91m | 16-01.50 | 4 |
| 5 | Mauer, Annese | JR | Lebanon Vall | 4.78m | 4.88m | 16-00.25 | 2 |
| 6 | Rogan, Emily | FR | DeSales | 4.83m | 4.81m | 15-09.50 | 1 |
| 7 | Nassar, Ronya | JR | Albright | 4.64m | 4.58m | 15-00.50 | |
| 8 | Barnes, Ashley | SO | Hood | 4.82m | 4.48m | 14-08.50 | |
| 9 | Stramara, Tori | SO | Lebanon Vall | 4.48m | 4.45m | 14-07.25 | |
| 10 | Greulich, Melissa | SR | Delaware Val | 4.42m | 4.36m | 14-03.75 | |

Women Triple Jump

| MAC Indoor: R 11.73m 2009 Kristen Bates, Messiah | | | | | | | |
|--|----------------------|--------|--------------|--------|--------|----------|--------|
| Name | Year | School | Seed | Finals | | | Points |
| 1 | Jendrezewski, Olivia | FR | Lebanon Vall | 10.80m | 10.95m | 35-11.25 | 10 |
| 2 | Schools, Savannah | FR | Misericordia | 10.05m | 10.38m | 34-00.75 | 8 |
| 3 | Gerchak, Taylor | JR | Lebanon Vall | 9.81m | 10.33m | 33-10.75 | 6 |
| 4 | Hostetler, Kaitlyn | FR | Messiah | 10.47m | 10.26m | 33-08.00 | 4 |
| 5 | Johnson, Marie | FR | Messiah | 10.21m | 10.25m | 33-07.50 | 2 |
| 6 | Stramara, Tori | SO | Lebanon Vall | 9.84m | 9.93m | 32-07.00 | 1 |
| 7 | Nassar, Ronya | JR | Albright | 9.68m | 9.78m | 32-01.00 | |
| 8 | Eugene, Ersikha | SR | Messiah | 10.00m | 9.75m | 32-00.00 | |
| 9 | Heymann, Jillian | FR | Hood | 9.59m | 9.55m | 31-04.00 | |
| 10 | Verdon, Erin | JR | Alvernia | 9.64m | 9.45m | 31-00.00 | |
| 11 | Verdel, Bridget | SR | Alvernia | 9.57m | 9.36m | 30-08.50 | |
| 12 | Grauer, Lauren | JR | Lebanon Vall | 9.51m | 9.29m | 30-05.75 | |

Women Shot Put

| MAC Indoor: R 14.65m 2008 Lauren Lucci, Widener | | | | | | | |
|---|----------------|--------|--------------|--------|--------|----------|--------|
| Name | Year | School | Seed | Finals | | | Points |
| 1 | Szpynda, Erica | SR | Widener | 13.41m | 13.40m | 43-11.75 | 10 |
| 2 | Smolka, Mariah | JR | Lebanon Vall | 12.55m | 12.61m | 41-04.50 | 8 |

| | | | | | | | |
|----|-------------------|----|--------------|--------|--------|----------|---|
| 3 | Thomas, Tia | SO | Alvernia | 10.61m | 11.71m | 38-05.00 | 6 |
| 4 | Yakas, Caitlin | FR | Widener | 10.88m | 11.60m | 38-00.75 | 4 |
| 5 | Seiber, Taylor | JR | Lebanon Vall | 10.30m | 11.54m | 37-10.50 | 2 |
| 6 | Hall, Chelsea | SO | Misericordia | 12.00m | 11.27m | 36-11.75 | 1 |
| 7 | Kroszner, Eileen | SR | Elizabethtow | 11.02m | 10.98m | 36-00.25 | |
| 8 | Searle, Amanda | SR | Alvernia | 10.38m | 10.81m | 35-05.75 | |
| 9 | Porter, Amanda | FR | Elizabethtow | 11.24m | 10.79m | 35-05.00 | |
| 10 | Rose, Meghan | SR | Hood | 11.61m | 10.60m | 34-09.50 | |
| 11 | Wigg, Sarah | SO | Misericordia | 9.70m | 10.37m | 34-00.25 | |
| 12 | Ward, Ashlee | SR | Misericordia | 10.74m | 10.31m | 33-10.00 | |
| 13 | Phelps, Adrienne | FR | Widener | 9.98m | 10.04m | 32-11.25 | |
| 14 | Wallace, Sherrie | SO | Stevenson | 9.95m | 9.77m | 32-00.75 | |
| 15 | Schwartz, Nicole | SO | Misericordia | 9.33m | 9.67m | 31-08.75 | |
| 16 | McCardle, Teagan | JR | Delaware Val | 9.48m | 9.60m | 31-06.00 | |
| 17 | Korsen, Rebecca | FR | Elizabethtow | 8.91m | 9.45m | 31-00.00 | |
| 18 | Pallas, Christine | SR | Albright | 9.02m | 9.06m | 29-08.75 | |
| 19 | Wise, Samantha | FR | Misericordia | 9.57m | 9.01m | 29-06.75 | |
| 20 | Hull, Angelica | JR | Albright | 9.66m | 8.91m | 29-02.75 | |
| 21 | Booz, Natalie | FR | Messiah | 8.87m | 8.41m | 27-07.25 | |

Women Weight Throw

| MAC Indoor: R 15.03m 2008 | | Lauren Lucci, Widener | | | | | |
|---------------------------|-------------------|-----------------------|--------------|--------|---------|----------|--------|
| Name | Year | School | Seed | Finals | | | Points |
| 1 | Heisler, Rachel | JR | Widener | 15.28m | 15.45mR | 50-08.25 | 10 |
| 2 | Wigg, Sarah | SO | Misericordia | 14.74m | 15.12mR | 49-07.25 | 8 |
| 3 | Smolka, Mariah | JR | Lebanon Vall | 14.28m | 14.93m | 48-11.75 | 6 |
| 4 | Rose, Meghan | SR | Hood | 12.81m | 14.29m | 46-10.75 | 4 |
| 5 | Warner, Megan | SO | DeSales | 12.91m | 13.02m | 42-08.75 | 2 |
| 6 | Yakas, Caitlin | FR | Widener | 11.76m | 12.68m | 41-07.25 | 1 |
| 7 | Kroszner, Eileen | SR | Elizabethtow | 12.07m | 12.45m | 40-10.25 | |
| 8 | Yealy, Morgan | FR | Lebanon Vall | 10.29m | 12.02m | 39-05.25 | |
| 9 | Searle, Amanda | SR | Alvernia | 11.64m | 11.93m | 39-01.75 | |
| 10 | McCardle, Teagan | JR | Delaware Val | 11.53m | 11.81m | 38-09.00 | |
| 11 | Seiber, Taylor | JR | Lebanon Vall | 10.77m | 11.73m | 38-06.00 | |
| 12 | Porter, Amanda | FR | Elizabethtow | 11.09m | 11.22m | 36-09.75 | |
| 13 | Schwartz, Nicole | SO | Misericordia | 11.29m | 10.64m | 34-11.00 | |
| 14 | Guerrieri, Kayla | SO | Alvernia | 10.50m | 10.38m | 34-00.75 | |
| 15 | Pallas, Christine | SR | Albright | 11.01m | 9.79m | 32-01.50 | |
| 16 | Phelps, Adrienne | FR | Widener | 9.00m | 8.71m | 28-07.00 | |

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

| Name | Year | School | Finals | Points |
|------|---------------------|--------|--------------|-------------|
| 1 | Grizzle, Sophie | SR | Hood | 2:33.40 651 |
| 2 | Cleary, Georgia | FR | Misericordia | 2:41.37 557 |
| 3 | Maylor, Alexis | SR | Delaware Val | 2:41.41 557 |
| 4 | Querfeld, Rebecca | FR | Messiah | 2:43.02 539 |
| 5 | Maneval, Brooke | FR | Messiah | 2:47.04 495 |
| 6 | Mills, Alyssa | JR | Messiah | 2:54.08 422 |
| 7 | Gerchak, Taylor | JR | Lebanon Vall | 2:55.68 406 |
| 8 | Fogelsanger, Andrea | SO | Messiah | 2:56.18 401 |
| 9 | Mauer, Annese | JR | Lebanon Vall | 3:05.45 316 |
| 10 | Monico, Stephanie | SR | Lebanon Vall | 3:31.67 127 |

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

| Name | Year | School | Finals | H# | Points |
|------|---------------------|--------|--------------|-------|--------|
| 1 | Maylor, Alexis | SR | Delaware Val | 9.35 | 4 838 |
| 2 | Cleary, Georgia | FR | Misericordia | 10.15 | 1 684 |
| 3 | Gerchak, Taylor | JR | Lebanon Vall | 10.24 | 1 668 |
| 4 | Grizzle, Sophie | SR | Hood | 10.34 | 2 650 |
| 5 | Mills, Alyssa | JR | Messiah | 10.47 | 1 627 |
| 6 | Querfeld, Rebecca | FR | Messiah | 10.53 | 4 616 |
| 7 | Mauer, Annese | JR | Lebanon Vall | 11.09 | 2 522 |
| 8 | Maneval, Brooke | FR | Messiah | 11.42 | 3 470 |
| 9 | Monico, Stephanie | SR | Lebanon Vall | 11.56 | 3 448 |
| 10 | Fogelsanger, Andrea | SO | Messiah | 12.19 | 2 357 |

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

| Name | Year | School | Finals | Points |
|------|-------------------|--------|--------------|-------------------|
| 1 | Maylor, Alexis | SR | Delaware Val | 1.57m 5-01.75 701 |
| 2 | Grizzle, Sophie | SR | Hood | 1.51m 4-11.50 632 |
| 3 | Mills, Alyssa | JR | Messiah | 1.48m 4-10.25 599 |
| 3 | Querfeld, Rebecca | FR | Messiah | 1.48m 4-10.25 599 |
| 5 | Gerchak, Taylor | JR | Lebanon Vall | 1.39m 4-06.75 502 |

| | | | | | | |
|----|---------------------|----|--------------|-------|---------|-----|
| 5 | Cleary, Georgia | FR | Misericordia | 1.39m | 4-06.75 | 502 |
| 7 | Mauer, Annese | JR | Lebanon Vall | 1.36m | 4-05.50 | 470 |
| 7 | Maneval, Brooke | FR | Messiah | 1.36m | 4-05.50 | 470 |
| 9 | Monico, Stephanie | SR | Lebanon Vall | 1.33m | 4-04.25 | 439 |
| 10 | Fogelsanger, Andrea | SO | Messiah | 1.21m | 3-11.50 | 321 |

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

| Name | Year | School | Finals | | Points |
|------|---------------------|--------|--------------|----------------|--------|
| 1 | Maylor, Alexis | SR | Delaware Val | 4.95m 16-03.00 | 546 |
| 2 | Grizzle, Sophie | SR | Hood | 4.58m 15-00.50 | 448 |
| 3 | Gerchak, Taylor | JR | Lebanon Vall | 4.50m 14-09.25 | 428 |
| 4 | Mauer, Annese | JR | Lebanon Vall | 4.48m 14-08.50 | 423 |
| 4 | Mills, Alyssa | JR | Messiah | 4.48m 14-08.50 | 423 |
| 6 | Cleary, Georgia | FR | Misericordia | 4.39m 14-05.00 | 401 |
| 7 | Querfeld, Rebecca | FR | Messiah | 4.28m 14-00.50 | 374 |
| 8 | Maneval, Brooke | FR | Messiah | 4.11m 13-06.00 | 333 |
| 9 | Monico, Stephanie | SR | Lebanon Vall | 4.05m 13-03.50 | 319 |
| 10 | Fogelsanger, Andrea | SO | Messiah | 3.45m 11-04.00 | 190 |

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

| Name | Year | School | Finals | | Points |
|------|---------------------|--------|--------------|-----------------|--------|
| 1 | Maylor, Alexis | SR | Delaware Val | 10.30m 33-09.50 | 549 |
| 2 | Querfeld, Rebecca | FR | Messiah | 9.91m 32-06.25 | 524 |
| 3 | Maneval, Brooke | FR | Messiah | 9.63m 31-07.25 | 505 |
| 4 | Mills, Alyssa | JR | Messiah | 9.60m 31-06.00 | 503 |
| 5 | Monico, Stephanie | SR | Lebanon Vall | 9.07m 29-09.25 | 469 |
| 6 | Fogelsanger, Andrea | SO | Messiah | 8.13m 26-08.25 | 408 |
| 7 | Grizzle, Sophie | SR | Hood | 8.11m 26-07.25 | 406 |
| 8 | Cleary, Georgia | FR | Misericordia | 7.89m 25-10.75 | 392 |
| 9 | Gerchak, Taylor | JR | Lebanon Vall | 7.55m 24-09.25 | 370 |
| 10 | Mauer, Annese | JR | Lebanon Vall | 6.91m 22-08.00 | 329 |

Women Indoor Pentathlon

| MAC Indoor: R 3139 2012 Alexis Maylor, Delaware Valley | | | | | | |
|--|---------------------|--------|--------------|--------|--------|----|
| Name | Year | School | Seed | Finals | Points | |
| 1 | Maylor, Alexis | SR | Delaware Val | 3110 | 3191R | 10 |
| 2 | Grizzle, Sophie | SR | Hood | 2757 | 2787 | 8 |
| 3 | Querfeld, Rebecca | FR | Messiah | 2489 | 2652 | 6 |
| 4 | Mills, Alyssa | JR | Messiah | 1986 | 2574 | 4 |
| 5 | Cleary, Georgia | FR | Misericordia | 2342 | 2536 | 2 |
| 6 | Gerchak, Taylor | JR | Lebanon Vall | 2142 | 2374 | 1 |
| 7 | Maneval, Brooke | FR | Messiah | 1706 | 2273 | |
| 8 | Mauer, Annese | JR | Lebanon Vall | 1765 | 2060 | |
| 9 | Monico, Stephanie | SR | Lebanon Vall | 1671 | 1802 | |
| 10 | Fogelsanger, Andrea | SO | Messiah | 1650 | 1677 | |

Men 60 Meter Dash

| MAC Indoor: R 6.92 2012 Travis Pitts, Delaware Valley | | | | | | |
|---|---------------------|--------|--------------|---------|-------|---|
| Name | Year | School | Seed | Prelims | H# | |
| Preliminaries | | | | | | |
| 1 | Colley, Gavin | JR | Widener | 6.95 | 7.00Q | 2 |
| 2 | Williams, Devonte | FR | Stevenson | 7.03 | 7.04Q | 5 |
| 3 | Carter, Brian | JR | Delaware Val | 7.10 | 7.11Q | 3 |
| 4 | Sweeper, Darryl | JR | Lebanon Vall | 7.20 | 7.17Q | 1 |
| 5 | Gainer, Gerrod | FR | Albright | 7.16 | 7.26Q | 4 |
| 6 | Ingalls, Braheem | SO | DeSales | 7.30 | 7.22q | 5 |
| 7 | Marich, Aidan | SR | Misericordia | 7.24 | 7.23 | 1 |
| 8 | Potter, Sean | SR | Albright | 7.25 | 7.26 | 4 |
| 9 | McGinnis, Ian | FR | Lebanon Vall | 7.33 | 7.31 | 2 |
| 10 | Blake, Jonathan | JR | Widener | 7.39 | 7.32 | 3 |
| 11 | Walker, Andrew | JR | Lebanon Vall | 7.42 | 7.35 | 1 |
| 12 | Keri, Carl | SR | DeSales | 7.42 | 7.36 | 4 |
| 13 | Thomas, Nikko | SR | Hood | 7.54 | 7.39 | 4 |
| 14 | Sulton, Derek | FR | Widener | 7.36 | 7.41 | 5 |
| 15 | McFarlin, Scott | FR | Alvernia | 7.32 | 7.43 | 2 |
| 16 | Motsney, Ethan | FR | DeSales | 7.49 | 7.47 | 2 |
| 17 | Mellon, Matthew | SR | Hood | 7.42 | 7.47 | 1 |
| 18 | Simpson, Dalonte | JR | Stevenson | 7.52 | 7.48 | 4 |
| 19 | Adeyemo, Oluwatosin | SO | Misericordia | 7.53 | 7.48 | 1 |
| 20 | Smith, Naeem | JR | Albright | 7.48 | 7.49 | 3 |
| 21 | Barndt, Nicholas | JR | Albright | 7.52 | 7.49 | 1 |
| 22 | Mukuwa, Kahembi | FR | Hood | 7.49 | 7.51 | 5 |
| 23 | Welch, Todd | JR | Hood | 7.47 | 7.52 | 4 |

| | | | | | | |
|----|-----------------|----|--------------|------|------|---|
| 24 | Pottle, Michael | JR | Manhattanvil | 7.49 | 7.56 | 2 |
| 25 | McNeill, Jordan | SR | Hood | 7.55 | 7.61 | 3 |
| 26 | Skyers, Shane | JR | Stevenson | 7.50 | 7.74 | 3 |

Men 60 Meter Dash

| MAC Indoor: R 6.92 2012 Travis Pitts, Delaware Valley | | | | | | |
|---|-------------------|--------|--------------|--------|--------|----|
| Name | Year | School | Prelims | Finals | Points | |
| Finals | | | | | | |
| 1 | Colley, Gavin | JR | Widener | 7.00 | 6.91R | 10 |
| 2 | Carter, Brian | JR | Delaware Val | 7.11 | 7.08 | 8 |
| 3 | Sweeper, Darryl | JR | Lebanon Vall | 7.17 | 7.34 | 6 |
| 4 | Ingalls, Braheem | SO | DeSales | 7.22 | 7.39 | 4 |
| 5 | Gainer, Gerrod | FR | Albright | 7.26 | 8.03 | 2 |
| 6 | Williams, Devonte | FR | Stevenson | 7.04 | 8.40 | 1 |

Men 200 Meter Dash

| MAC Indoor: R 22.34 2006 Lou Corominas, DeSales | | | | | | |
|---|----------------------|--------|--------------|--------|--------|--------|
| Name | Year | School | Seed | Finals | H# | Points |
| 1 | Colley, Gavin | JR | Widener | 22.68 | 22.26R | 6 10 |
| 2 | Williams, Devonte | FR | Stevenson | 22.71 | 22.28R | 6 8 |
| 3 | Yoder, Alex | JR | Messiah | 22.66 | 22.68 | 6 6 |
| 4 | White, Nicholas | JR | Messiah | 23.67 | 23.04 | 4 4 |
| 5 | Nelson, Andrew | SO | Misericordia | 22.76 | 23.25 | 6 2 |
| 6 | Diawara, Oumar | SO | Albright | 23.55 | 23.33 | 5 1 |
| 7 | Gainer, Gerrod | FR | Albright | 23.66 | 23.35 | 5 |
| 8 | Blake, Jonathan | JR | Widener | 23.77 | 23.48 | 4 |
| 9 | Potter, Sean | SR | Albright | 23.51 | 23.50 | 5 |
| 10 | McFarlin, Scott | FR | Alvernia | 23.71 | 23.55 | 4 |
| 11 | Schmalhofer, Ethan | FR | Widener | 23.55 | 23.74 | 5 |
| 12 | Ingalls, Braheem | SO | DeSales | 23.55 | 23.79 | 5 |
| 13 | Carter, Brian | JR | Delaware Val | 24.19 | 24.12 | 3 |
| 14 | Boham, Denzell | JR | Widener | 24.21 | 24.12 | 2 |
| 15 | Motsney, Ethan | FR | DeSales | 23.75 | 24.23 | 4 |
| 16 | Keri, Carl | SR | DeSales | 24.08 | 24.31 | 3 |
| 17 | Pottle, Michael | JR | Manhattanvil | 24.02 | 24.33 | 3 |
| 18 | Thomas, Nikko | SR | Hood | 24.29 | 24.35 | 2 |
| 19 | Mukuwa, Kahembi | FR | Hood | 24.41 | 24.39 | 1 |
| 20 | McNeill, Jordan | SR | Hood | 24.35 | 24.41 | 2 |
| 21 | Sulton, Derek | FR | Widener | 24.24 | 24.42 | 2 |
| 22 | Smith, Naeem | JR | Albright | 24.40 | 24.64 | 1 |
| 23 | Castiglioni, Rodrigo | FR | Manhattanvil | 24.16 | 25.08 | 3 |
| -- | Minnick, Tim | SR | Messiah | 24.37 | DNF | 1 |

Men 400 Meter Dash

| MAC Indoor: R 48.77 2006 Lou Corominas, DeSales | | | | | | |
|---|--------------------|--------|--------------|--------|-------|--------|
| Name | Year | School | Seed | Finals | H# | Points |
| 1 | Yoder, Alex | JR | Messiah | 50.79 | 49.68 | 3 10 |
| 2 | Williams, Devonte | FR | Stevenson | 51.03 | 50.20 | 3 8 |
| 3 | Nelson, Andrew | SO | Misericordia | 50.33 | 50.22 | 3 6 |
| 4 | Gainer, Gerrod | FR | Albright | 51.42 | 50.40 | 3 4 |
| 5 | Praetsch, Trevor | SR | Messiah | 52.41 | 51.54 | 2 2 |
| 6 | Freeland, Honorio | FR | Widener | 52.73 | 51.93 | 2 1 |
| 7 | Schmalhofer, Tyler | SR | Widener | 52.12 | 52.18 | 3 |
| 8 | Baldwin, Bryan | JR | Elizabethtow | 52.98 | 52.57 | 1 |
| 9 | Clayton, Anthony | SR | Widener | 52.36 | 52.70 | 2 |
| 10 | Aumen, Luke | FR | Messiah | 53.85 | 52.83 | 1 |
| 11 | Higley, Jarrett | JR | Misericordia | 52.73 | 52.89 | 2 |
| 12 | Betts, Will | JR | Widener | 52.47 | 53.37 | 2 |
| 13 | Whitehead, Max | FR | Messiah | 54.31 | 53.39 | 1 |
| 14 | Johnson, Kevin | FR | Lebanon Vall | 53.01 | 53.43 | 1 |
| 15 | Crachi, Nico | SO | DeSales | 53.66 | 54.14 | 1 |

Men 800 Meter Run

| MAC Indoor: R 1:54.42 2005 Patrick Donovan, Elizabethtown | | | | | | |
|---|-------------------|--------|--------------|---------|---------|----|
| Name | Year | School | Seed | Finals | Points | |
| 1 | Harnish, Michael | JR | Lebanon Vall | 1:54.16 | 1:54.76 | 10 |
| 2 | Rever, Matt | SR | Elizabethtow | 1:55.52 | 1:55.60 | 8 |
| 3 | Garrity, Chris | JR | Widener | 1:55.76 | 1:57.74 | 6 |
| 4 | McGill, Jonphilip | JR | Messiah | 2:00.59 | 1:57.93 | 4 |
| 5 | Ciavarelli, Mike | JR | Widener | 1:56.96 | 1:58.71 | 2 |
| 6 | Harmon, Leo | SO | Widener | 1:58.67 | 2:00.32 | 1 |
| 7 | Quinn, Michael | JR | Widener | 1:58.45 | 2:00.92 | |
| 8 | Jasper, Jihad | JR | Widener | 2:00.02 | 2:01.55 | |

| | | | | | |
|----|------------------|----|--------------|---------|---------|
| 9 | Pettit, Nick | FR | Widener | 2:03.27 | 2:03.34 |
| 10 | Hause, Mikael | SO | Misericordia | 1:58.15 | 2:03.93 |
| 11 | Ruggiero, John | SR | Widener | 2:01.63 | 2:04.19 |
| 12 | Bley, Edward | SO | Messiah | 2:07.91 | 2:05.62 |
| 13 | Lignore, Shawn | SR | Widener | 2:06.75 | 2:05.66 |
| 14 | Jones, Patrick | FR | Elizabethtow | 2:08.03 | 2:07.46 |
| 15 | Shaffer, Grant | SO | Widener | 2:08.44 | 2:07.54 |
| 16 | Vitzthum, Alex | FR | Stevenson | 2:09.01 | 2:07.94 |
| 17 | Albert, Abram | SR | Messiah | 2:08.84 | 2:09.11 |
| 18 | Twist, Michael | FR | Elizabethtow | 1:59.68 | 2:09.16 |
| 19 | Edwards, Will | FR | DeSales | 2:02.42 | 2:09.22 |
| 20 | Collins, Patrick | FR | DeSales | 2:08.47 | 2:15.88 |
| 21 | Foster, Ryan | JR | Misericordia | 2:08.81 | 2:16.37 |

Men 1 Mile Run

| MAC Indoor: R 4:13.63 2006 Macharia Yuot, Widener | | | | | | |
|---|--------------------|--------|--------------|---------|---------|----|
| Name | Year | School | Seed | Finals | Points | |
| 1 | Garrity, Chris | JR | Widener | 4:27.73 | 4:30.72 | 10 |
| 2 | Hause, Mikael | SO | Misericordia | 4:16.30 | 4:30.76 | 8 |
| 3 | Benkhadra, Brian | SR | Widener | 4:19.86 | 4:32.10 | 6 |
| 4 | Counsel, Qadree | JR | Widener | 4:18.32 | 4:33.25 | 4 |
| 5 | Bonds, Elliott | SR | Lebanon Vall | 4:34.39 | 4:33.74 | 2 |
| 6 | Jones, Christopher | FR | Elizabethtow | 4:40.76 | 4:34.81 | 1 |
| 7 | Calkins, Michael | JR | Widener | 4:40.57 | 4:37.77 | |
| 8 | Deignan, Eric | FR | Misericordia | 4:26.95 | 4:38.64 | |
| 9 | Foley, Connor | SO | DeSales | 4:45.65 | 4:39.81 | |
| 10 | Lignore, Shawn | SR | Widener | 4:42.43 | 4:41.71 | |
| 11 | Klinges, Henry | SR | DeSales | 4:44.09 | 4:45.03 | |
| 12 | Osko, Jeremy | JR | Misericordia | 4:39.04 | 4:45.37 | |
| 13 | Weron, Nick | FR | Misericordia | 4:38.48 | 4:47.13 | |
| 14 | Lesko, Andrew | FR | Elizabethtow | 4:33.52 | 4:47.88 | |
| 15 | Bottone, Zach | SR | Misericordia | 4:48.72 | 4:48.61 | |
| 16 | Monaghan, Stephen | SO | DeSales | 4:46.28 | 4:50.68 | |
| 17 | Collins, Patrick | FR | DeSales | 4:47.63 | 4:52.80 | |
| 18 | Kulis, Ian | FR | Elizabethtow | 4:42.97 | 4:55.72 | |
| 19 | McMillan, Andrew | SR | Delaware Val | 4:45.58 | 4:59.99 | |

Men 3000 Meter Run

| Name | Year | School | Seed | Finals | Points | |
|------|----------------------|--------|--------------|---------|---------|----|
| 1 | Noll, Nate | JR | DeSales | 9:02.05 | 8:46.99 | 10 |
| 2 | Pitone, Ernie | FR | Widener | 8:45.57 | 8:50.28 | 8 |
| 3 | Shenk, Matthew | SO | Elizabethtow | 8:44.86 | 8:50.74 | 6 |
| 4 | Goelz, Andrew | SO | Lebanon Vall | 9:01.25 | 8:51.62 | 4 |
| 5 | McDermott, Will | FR | Widener | 8:39.51 | 8:56.76 | 2 |
| 6 | Quinn, Michael | JR | Widener | 8:53.67 | 8:57.96 | 1 |
| 7 | McCullough, Seamus | SR | Widener | 9:00.78 | 9:07.95 | |
| 8 | Cooper, Sam | SO | Elizabethtow | 9:15.98 | 9:13.88 | |
| 9 | Fleming, Nathan | SO | Messiah | 9:12.24 | 9:14.81 | |
| 10 | Cummings, Matt | FR | DeSales | 9:16.94 | 9:20.51 | |
| 11 | Shaddock, Kevin | SO | Widener | 9:19.24 | 9:26.02 | |
| 12 | Ambrulavage, Michael | SO | Widener | 9:21.33 | 9:29.35 | |
| 13 | Decker, Dylan | SR | Widener | 9:23.53 | 9:37.20 | |

Men 5000 Meter Run

| MAC Indoor: R 14:51.67 1992 Frank McGovern, Widener | | | | | | |
|---|---------------------|--------|--------------|----------|----------|----|
| Name | Year | School | Seed | Finals | Points | |
| 1 | Megee, Bryan | SR | DeSales | 14:58.09 | 15:18.85 | 10 |
| 2 | Shenk, Matthew | SO | Elizabethtow | 15:13.77 | 15:23.47 | 8 |
| 3 | Schatz, Jared | SO | Messiah | 15:36.61 | 15:30.01 | 6 |
| 4 | Gallagher, Ryan | SR | Widener | 15:43.11 | 15:30.31 | 4 |
| 5 | Trama, Zach | SO | Elizabethtow | 15:16.42 | 15:32.91 | 2 |
| 6 | Gresh, Dan | JR | Elizabethtow | 15:25.41 | 15:34.39 | 1 |
| 7 | Kaminski, Zach | SR | DeSales | 15:23.56 | 15:44.05 | |
| 8 | Sensenig, Tyler | SO | Messiah | 15:46.72 | 15:45.57 | |
| 9 | Harrigan, Ryan | SR | Widener | 16:10.58 | 15:49.14 | |
| 10 | Fortin, Stephen | FR | Widener | 15:55.61 | 15:50.11 | |
| 11 | Kilheeneey, Bradley | FR | DeSales | 16:20.68 | 16:02.19 | |
| 12 | Beck, Dan | SR | DeSales | 16:29.83 | 16:16.11 | |
| 13 | Cooper, Sam | SO | Elizabethtow | 16:04.71 | 16:23.63 | |
| 14 | Conway, Ryan | SO | Elizabethtow | 15:53.99 | 16:24.67 | |
| 15 | Fleming, Nathan | SO | Messiah | 16:27.84 | 16:27.01 | |

Men 60 Meter Hurdles

| MAC Indoor: R 8.33 2/23/2013 Jerome Duncan, Lebanon Vall | | | | | |
|--|--|--|--|--|--|
|--|--|--|--|--|--|

| Name | Year | School | Seed | Prelims | H# |
|------------------------|------|--------------|------|---------|----|
| Preliminaries | | | | | |
| 1 White, Nicholas | JR | Messiah | 8.51 | 8.62Q | 2 |
| 2 Sweeper, Darryl | JR | Lebanon Vall | 8.57 | 8.64Q | 3 |
| 3 Grey, Jermaine | JR | Albright | 8.77 | 8.81Q | 1 |
| 4 Aldana, Nicolas | SR | Hood | 8.93 | 8.80q | 3 |
| 5 Wilson, Tyree | SR | Hood | 9.07 | 8.94q | 3 |
| 6 Boham, Denzell | JR | Widener | 9.18 | 8.95q | 1 |
| 7 Sikanowicz, Zach | SR | DeSales | 9.01 | 9.00 | 2 |
| 8 Brady, Kevin | SR | Elizabethtow | 8.69 | 9.03 | 1 |
| 9 Almonte, A. Fernando | FR | Lebanon Vall | 9.09 | 9.11 | 1 |
| 10 Bush, Shane | FR | Delaware Val | 9.35 | 9.26 | 2 |
| 11 Niederhofer, Nathan | FR | Stevenson | 9.05 | 9.27 | 2 |
| 12 Almonte, A. Eloy | FR | Lebanon Vall | 9.30 | 9.35 | 3 |
| 13 McCord, Malcolm | SO | Elizabethtow | 9.42 | 9.41 | 3 |
| 14 Slawson, Nick | JR | Hood | 9.43 | 9.43 | 1 |
| -- Gamarra, Mike | FR | DeSales | 9.32 | DNF | 2 |

Men 60 Meter Hurdles

| MAC Indoor: R 8.33 2/23/2013 Jerome Duncan, Lebanon Vall | | | | | |
|--|------|--------------|---------|--------|--------|
| Name | Year | School | Prelims | Finals | Points |
| Finals | | | | | |
| 1 White, Nicholas | JR | Messiah | 8.62 | 8.35 | 10 |
| 2 Sweeper, Darryl | JR | Lebanon Vall | 8.64 | 8.40 | 8 |
| 3 Aldana, Nicolas | SR | Hood | 8.80 | 8.77 | 6 |
| 4 Grey, Jermaine | JR | Albright | 8.81 | 8.83 | 4 |
| 5 Wilson, Tyree | SR | Hood | 8.94 | 8.86 | 2 |
| 6 Boham, Denzell | JR | Widener | 8.95 | 9.00 | 1 |

Men 4x200 Meter Relay

| MAC Indoor: R 1:31.08 2005 Moravian | | | | | |
|-------------------------------------|---------|---------|----|--------|---------------------------|
| School | Seed | Finals | H# | Points | |
| 1 Widener 'A' | 1:33.17 | 1:32.74 | 2 | 10 | |
| 1) Betts, Will JR | | | | | 2) Blake, Jonathan JR |
| 3) Schmalhofer, Ethan FR | | | | | 4) Sorrell, Ameer SO |
| 2 Lebanon Valley 'A' | 1:34.18 | 1:33.03 | 2 | 8 | |
| 1) Pugh, Mickeal JR | | | | | 2) Sweeper, Darryl JR |
| 3) Bennett, Joseph SO | | | | | 4) Johnson, Kevin FR |
| 3 Albright 'A' | 1:33.73 | 1:33.28 | 2 | 6 | |
| 1) Potter, Sean SR | | | | | 2) Smith, Naeem JR |
| 3) Gainer, Gerrod FR | | | | | 4) Diawara, Oumar SO |
| 4 DeSales 'A' | 1:33.95 | 1:33.68 | 2 | 4 | |
| 1) Keri, Carl SR | | | | | 2) Motsney, Ethan FR |
| 3) Sikanowicz, Zach SR | | | | | 4) Ingalls, Braheem SO |
| 5 Misericordia 'A' | 1:35.77 | 1:33.91 | 2 | 2 | |
| 1) Marich, Aidan SR | | | | | 2) Tirro, Luigi FR |
| 3) Daubert, Carl SO | | | | | 4) Nelson, Andrew SO |
| 6 Alvernia 'A' | 1:38.43 | 1:34.91 | 1 | 1 | |
| 1) McFarlin, Scott FR | | | | | 2) Young, Brandon JR |
| 3) Lockhart, Christopher FR | | | | | 4) Hughes, Cody JR |
| 7 Stevenson 'A' | 1:35.84 | 1:35.14 | 2 | | |
| 1) Skyers, Shane JR | | | | | 2) Niederhofer, Nathan FR |
| 3) Williams, Devonte FR | | | | | 4) Simpson, Dalonte JR |
| 8 Messiah 'A' | 1:37.19 | 1:36.55 | 1 | | |
| 1) Minnick, Tim SR | | | | | 2) Haws, Josiah SO |
| 3) Miller, Brady FR | | | | | 4) Whitehead, Max FR |
| 9 Hood 'A' | 1:38.75 | 1:37.15 | 1 | | |
| 1) Welch, Todd JR | | | | | 2) Mellon, Matthew SR |
| 3) Thomas, Nikko SR | | | | | 4) McNeill, Jordan SR |
| 10 Elizabethtown 'A' | 1:39.25 | 1:37.82 | 1 | | |
| 1) Baldwin, Bryan JR | | | | | 2) Kennedy, Graeme SO |
| 3) Aspril, Kevin SR | | | | | 4) Hess, David FR |

Men 4x400 Meter Relay

| MAC Indoor: R 3:23.68 2005 Elizabethtown | | | | | |
|--|---------|---------|----|--------|-------------------------|
| School | Seed | Finals | H# | Points | |
| 1 Messiah 'A' | 3:33.65 | 3:28.08 | 2 | 10 | |
| 1) Yoder, Alex JR | | | | | 2) White, Nicholas JR |
| 3) Miller, Brady FR | | | | | 4) Praetsch, Trevor SR |
| 2 Misericordia 'A' | 3:28.65 | 3:28.36 | 2 | 8 | |
| 1) Higley, Jarrett JR | | | | | 2) Hause, Mikael SO |
| 3) Daubert, Carl SO | | | | | 4) Nelson, Andrew SO |
| 3 Widener 'A' | 3:31.22 | 3:30.85 | 2 | 6 | |
| 1) Betts, Will JR | | | | | 2) Freeland, Honorio FR |

| | | | | | |
|---------------------------|----------------------------|---------|---------|---|---|
| 3) Clayton, Anthony SR | 4) Schmalhofer, Tyler SR | 3:31.34 | 3:31.41 | 2 | 4 |
| 4 Elizabethtown 'A' | 1) Baldwin, Bryan JR | | | | |
| 1) Layng, Brian SR | 2) Twist, Michael FR | | | | |
| 5 Albright 'A' | 3) Layng, Brian SR | 3:37.06 | 3:36.46 | 1 | 2 |
| 1) Potter, Sean SR | 4) Rever, Matt SR | | | | |
| 3) Thorne, Trent FR | 2) Diawara, Oumar SO | | | | |
| 6 Alvernia 'A' | 3) Thorne, Trent FR | 3:36.58 | 3:39.61 | 1 | 1 |
| 1) McFarlin, Scott FR | 4) Gainer, Gerrod FR | | | | |
| 3) Clinchoc, Jeremiah SO | 2) Hughes, Cody JR | | | | |
| 7 Stevenson 'A' | 3) Clinchoc, Jeremiah SO | 3:41.04 | 3:39.69 | 1 | |
| 1) Niederhofer, Nathan FR | 4) Nazario, Matthew FR | | | | |
| 3) Simpson, Dalonte JR | 2) Melick, Grier SO | | | | |
| 8 DeSales 'A' | 3) Simpson, Dalonte JR | 3:34.52 | 3:40.59 | 2 | |
| 1) Sikanowicz, Zach SR | 4) Williams, Devonte FR | | | | |
| 3) Crachi, Nico SO | 2) Dusza, Dave SR | | | | |
| 9 Lebanon Valley 'A' | 3) Crachi, Nico SO | 3:35.44 | 3:42.11 | 2 | |
| 1) Johnson, Kevin FR | 4) Motsney, Ethan FR | | | | |
| 3) Sayous, Christopher JR | 2) Almonte, A. Fernando FR | | | | |
| 10 Hood 'A' | 3) Sayous, Christopher JR | 3:56.48 | 3:47.82 | 1 | |
| 1) McNeill, Jordan SR | 4) Pavlik, E. Reid SO | | | | |
| 3) Wilson, Tyree SR | 2) Slawson, Nick JR | | | | |
| | 3) Slawson, Nick JR | | | | |
| | 4) Hager-Perry, Austin SO | | | | |

Men 4x800 Meter Relay

| MAC Indoor: R 7:56.65 2012 | | Elizabethtown | | Seed | Finals | Points |
|----------------------------|------------------------------|---------------------------|--|---------|---------|--------|
| School | | | | | | |
| 1 | Lebanon Valley 'A' | | | | 7:59.56 | 10 |
| | 1) Goelz, Andrew SO | 2) Brown, Ian FR | | | | |
| | 3) Bonds, Elliott SR | 4) Harnish, Michael JR | | | | |
| 2 | Widener 'A' | | | | 7:59.61 | 8 |
| | 1) Benkhadra, Brian SR | 2) Ciavarelli, Mike JR | | | | |
| | 3) Quinn, Michael JR | 4) Staudt, Ross SO | | | | |
| 3 | Messiah 'A' | | | 9:34.72 | 8:09.59 | 6 |
| | 1) Shirk, Cameron SO | 2) Scheib, Christopher SO | | | | |
| | 3) Powell, Aaron SO | 4) McGill, Jonphilip JR | | | | |
| 4 | Elizabethtown 'A' | | | 8:35.19 | 8:13.12 | 4 |
| | 1) Harriger, Adam SO | 2) Brooks, Sam SO | | | | |
| | 3) Anderson, Jon FR | 4) Fortney, Justin SO | | | | |
| 5 | DeSales 'A' | | | 8:20.06 | 8:21.06 | 2 |
| | 1) Drastura, Kevin SO | 2) Rennals, Scott SO | | | | |
| | 3) Bayeux, John JR | 4) Noll, Nate JR | | | | |
| 6 | Misericordia 'A' | | | 8:13.12 | 8:37.29 | 1 |
| | 1) Deignan, Eric FR | 2) Tirro, Luigi FR | | | | |
| | 3) Osko, Jeremy JR | 4) Limongelli, AJ JR | | | | |
| 7 | Hood 'A' | | | | 8:44.44 | |
| | 1) Dyjack, Matthew SR | 2) Drum, Andrew JR | | | | |
| | 3) Catalfamo, Christopher SR | 4) Cifuentes, Justin JR | | | | |
| 8 | Stevenson 'A' | | | | 9:37.32 | |
| | 1) Reynolds, Patrick SR | 2) Janasek, Tj JR | | | | |
| | 3) Rhoads, Deege JR | 4) Vitzthum, Alex FR | | | | |
| 9 | Alvernia 'A' | | | | 9:48.72 | |
| | 1) MacNamee, Peter JR | 2) Bialek, Thomas FR | | | | |
| | 3) Cadman, Edward JR | 4) Donovan, Colin SR | | | | |

Men Distance Medley

| MAC Indoor: R 10:26.99 2012 | | Elizabethtown | | Seed | Finals | Points |
|-----------------------------|---------------------------|--------------------------|--|----------|----------|--------|
| School | | | | | | |
| 1 | Widener 'A' | | | | 10:36.06 | 10 |
| | 1) Harmon, Leo SO | 2) Clayton, Anthony SR | | | | |
| | 3) Staudt, Ross SO | 4) Caporale, Jason SR | | | | |
| 2 | Elizabethtown 'A' | | | 10:31.42 | 10:40.72 | 8 |
| | 1) Lesko, Andrew FR | 2) Schubert, Ryan FR | | | | |
| | 3) Twist, Michael FR | 4) Trama, Zach SO | | | | |
| 3 | DeSales 'A' | | | 10:33.11 | 10:43.55 | 6 |
| | 1) Drastura, Kevin SO | 2) Dusza, Dave SR | | | | |
| | 3) Rennals, Scott SO | 4) Bayeux, John JR | | | | |
| 4 | Messiah 'A' | | | 10:53.33 | 10:47.62 | 4 |
| | 1) Pardoe, Josh FR | 2) Aumen, Luke FR | | | | |
| | 3) White, Jeremy FR | 4) Pardoe, Nate FR | | | | |
| 5 | Misericordia 'A' | | | 10:32.61 | 10:47.96 | 2 |
| | 1) Deignan, Eric FR | 2) Daubert, Carl SO | | | | |
| | 3) Higley, Jarrett JR | 4) Limongelli, AJ JR | | | | |
| 6 | Lebanon Valley 'A' | | | 10:24.83 | 11:29.32 | 1 |
| | 1) Sayous, Christopher JR | 2) Tucker, Nicholas FR | | | | |
| | 3) Pellow, Jeffrey SO | 4) Brown, Ian FR | | | | |
| 7 | Hood 'A' | | | | 11:30.57 | |
| | 1) Dyjack, Matthew SR | 2) Stevens, Alexander FR | | | | |

3) Catalfamo, Christopher SR 4) Cifuentes, Justin JR
 8 Alvernia 'A' 12:11.45
 1) MacNamee, Peter JR 2) Nazario, Matthew FR
 3) Cadman, Edward JR 4) Hughes, Cody JR

Men High Jump

| MAC Indoor: R 2.06m 2011 | | Justin Gewirtz, Albright | | | | | |
|--------------------------|------|--------------------------|-------|--------|---------|--------|--|
| Name | Year | School | Seed | Finals | | Points | |
| 1 Harer, Colton | FR | Albright | 1.85m | 1.88m | 6-02.00 | 10 | |
| 2 Mahan, Max | FR | Elizabethtow | 1.90m | J1.88m | 6-02.00 | 7 | |
| 2 Powell, Aaron | SO | Messiah | 1.88m | J1.88m | 6-02.00 | 7 | |
| 4 Bennett, Joseph | SO | Lebanon Vall | 1.84m | 1.83m | 6-00.00 | 4 | |
| 5 Bush, Shane | FR | Delaware Val | 1.83m | J1.83m | 6-00.00 | 2 | |
| 6 Roche, Nick | FR | Alvernia | 1.73m | 1.78m | 5-10.00 | 1 | |
| -- Tirro, Luigi | FR | Misericordia | 1.73m | NH | | | |
| -- Clinchoc, Jeremiah | SO | Alvernia | 1.73m | NH | | | |

Men Pole Vault

| MAC Indoor: R 5.02m 2007 | | Kevin Clark, Elizabethtown | | | | | |
|--------------------------|------|----------------------------|-------|--------|----------|--------|--|
| Name | Year | School | Seed | Finals | | Points | |
| 1 Moses, Tim | FR | Messiah | 4.90m | 4.85m | 15-11.00 | 10 | |
| 2 Nguyen, Dennis | SR | Widener | 4.71m | 4.70m | 15-05.00 | 8 | |
| 3 Brady, Kevin | SR | Elizabethtow | 4.42m | 4.40m | 14-05.25 | 6 | |
| 4 Madden, James | SO | Widener | 4.10m | 4.25m | 13-11.25 | 3 | |
| 4 Mathias, Adam | SR | DeSales | 4.10m | 4.25m | 13-11.25 | 3 | |
| 6 Engle, Drew | JR | Messiah | 4.25m | J4.25m | 13-11.25 | 1 | |
| 7 Coleman, Mick | JR | Widener | 4.55m | J4.25m | 13-11.25 | | |
| 8 Siglin, James | SO | Widener | 4.25m | 4.10m | 13-05.25 | | |
| 9 Conner, Zack | JR | Widener | 4.10m | 3.95m | 12-11.50 | | |
| 9 Cornelius, Dane | FR | Messiah | 4.10m | 3.95m | 12-11.50 | | |
| 9 Bellott, Seth | FR | Alvernia | 3.96m | 3.95m | 12-11.50 | | |
| 12 Gingrich, Deryk | SR | Lebanon Vall | 4.10m | 3.80m | 12-05.50 | | |
| 12 Stearn, Brandon | SO | Messiah | 3.96m | 3.80m | 12-05.50 | | |
| -- Martin, Andrew | JR | Alvernia | 4.50m | NH | | | |
| -- Weir, Michael | SR | Lebanon Vall | 4.25m | NH | | | |

Men Long Jump

| MAC Indoor: R 7.25m 1993 | | Gregg Barrett, Widener | | | | | |
|--------------------------|------|------------------------|-------|--------|----------|--------|--|
| Name | Year | School | Seed | Finals | | Points | |
| 1 Sorrell, Ameer | SO | Widener | 6.58m | 6.97m | 22-10.50 | 10 | |
| 2 Colley, Josh | FR | Widener | 6.61m | 6.71m | 22-00.25 | 8 | |
| 3 Pugh, Mickeal | JR | Lebanon Vall | 6.60m | 6.61m | 21-08.25 | 6 | |
| 4 Young, Brandon | JR | Alvernia | 6.41m | 6.54m | 21-05.50 | 4 | |
| 5 Roberts, Tymeer | FR | Albright | 6.20m | 6.31m | 20-08.50 | 2 | |
| 6 Tucker, Nicholas | FR | Lebanon Vall | 6.12m | 5.98m | 19-07.50 | 1 | |
| 7 Kutz, Colby | JR | Albright | 5.95m | 5.89m | 19-04.00 | | |
| 8 Mahan, Max | FR | Elizabethtow | 6.32m | 5.81m | 19-00.75 | | |
| 9 Melick, Grier | SO | Stevenson | 5.90m | 5.58m | 18-03.75 | | |
| 10 Skyers, Shane | JR | Stevenson | 5.99m | 5.51m | 18-01.00 | | |
| 11 Mukuwa, Kahembi | FR | Hood | 6.03m | 5.24m | 17-02.25 | | |
| -- Fureman, Jonathan | SR | Lebanon Vall | 5.85m | FOUL | | | |
| -- Haws, Josiah | SO | Messiah | 6.08m | FOUL | | | |

Men Triple Jump

| MAC Indoor: R 14.86m 2004 | | Jason Patterson, Elizabethtown | | | | | |
|---------------------------|------|--------------------------------|--------|--------|----------|--------|--|
| Name | Year | School | Seed | Finals | | Points | |
| 1 Sorrell, Ameer | SO | Widener | 13.39m | 14.15m | 46-05.25 | 10 | |
| 2 Young, Brandon | JR | Alvernia | 13.72m | 13.75m | 45-01.50 | 8 | |
| 3 Pugh, Mickeal | JR | Lebanon Vall | 13.00m | 13.65m | 44-09.50 | 6 | |
| 4 Thorne, Trent | FR | Albright | 13.34m | 13.30m | 43-07.75 | 4 | |
| 5 Colley, Josh | FR | Widener | 13.46m | 13.22m | 43-04.50 | 2 | |
| 6 Glosy, Sebastien | SO | Widener | 12.54m | 12.62m | 41-05.00 | 1 | |
| 7 Kausch, Nick | JR | Widener | 12.33m | 12.34m | 40-06.00 | | |
| 8 Mukuwa, Kahembi | FR | Hood | 12.41m | 12.14m | 39-10.00 | | |
| 9 Zajac, James | FR | Misericordia | 11.94m | 11.97m | 39-03.25 | | |
| 10 Haws, Josiah | SO | Messiah | 11.91m | 11.74m | 38-06.25 | | |
| 11 Hampton, Tim | SR | Messiah | 11.90m | 11.40m | 37-05.00 | | |

Men Shot Put

| MAC Indoor: R 17.52m 2/23/2013 | | Fred Fulton, Messiah | | | | | |
|--------------------------------|------|----------------------|------|--------|--|--------|--|
| Name | Year | School | Seed | Finals | | Points | |

| | | | | | | | |
|----|-----------------------|----|--------------|--------|--------|----------|----|
| 1 | Stutzman, Trevor | JR | Messiah | 16.86m | 15.43m | 50-07.50 | 10 |
| 2 | Green, Anthony | JR | Widener | 14.65m | 15.28m | 50-01.75 | 8 |
| 3 | Recla, Mike | JR | Widener | 16.52m | 14.35m | 47-01.00 | 6 |
| 4 | Martin, Kris | JR | Widener | 13.54m | 14.28m | 46-10.25 | 4 |
| 5 | Aguilar-Gonzalez, Noe | SO | Lebanon Vall | 14.16m | 14.20m | 46-07.25 | 2 |
| 6 | Williams, Tyler | JR | Widener | 13.44m | 13.87m | 45-06.25 | 1 |
| 7 | Reyes, Jeriko | FR | Alvernia | 13.49m | 13.57m | 44-06.25 | |
| 8 | Cuciarre, Alex | FR | Widener | 12.57m | 13.29m | 43-07.25 | |
| 9 | Lawler, Rob | SO | DeSales | 13.50m | 13.12m | 43-00.50 | |
| 10 | Zamorski, Thomas | SO | Widener | 13.10m | 12.94m | 42-05.50 | |
| 11 | Salcedo, Johnathan | SO | Lebanon Vall | 13.98m | 12.75m | 41-10.00 | |
| 12 | Novalin, Anderson | FR | Lebanon Vall | 14.48m | 12.50m | 41-00.25 | |
| 13 | Nodolski, Nathan | JR | Widener | 11.68m | 12.47m | 40-11.00 | |
| 14 | Ware, Jesse | SR | Delaware Val | 12.97m | 12.40m | 40-08.25 | |
| 15 | Tomlinson, Rodre | SO | Alvernia | 13.22m | 12.24m | 40-02.00 | |
| 16 | Herbster, Dan | FR | Widener | 12.72m | 12.20m | 40-00.50 | |
| 17 | Robles, Alexander | FR | Albright | 11.76m | 11.98m | 39-03.75 | |
| 18 | McCloskey, Kal | JR | Widener | 11.95m | 11.96m | 39-03.00 | |
| 19 | Emery, Dillon | SR | Alvernia | 12.26m | 11.65m | 38-02.75 | |
| 20 | Lentine, Mike | FR | Delaware Val | 12.30m | 11.14m | 36-06.75 | |
| -- | Dayhoff, Lucas | SR | Elizabethtow | 13.90m | FOUL | | |

Men Weight Throw

| ===== | | | | | | | |
|--|-----------------------|--------|--------------|--------|---------|----------|----|
| MAC Indoor: R 17.91m 2/23/2013 Eric Solomon, Widener | | | | | | | |
| Name | Year | School | Seed | Finals | | Points | |
| ===== | | | | | | | |
| 1 | Solomon, Eric | SR | Widener | 18.65m | 18.62mR | 61-01.25 | 10 |
| 2 | Williams, Tyler | JR | Widener | 18.16m | 18.45mR | 60-06.50 | 8 |
| 3 | Recla, Mike | JR | Widener | 16.72m | 18.06mR | 59-03.00 | 6 |
| 4 | Dayhoff, Lucas | SR | Elizabethtow | 15.99m | 16.69m | 54-09.25 | 4 |
| 5 | Zamorski, Thomas | SO | Widener | 16.74m | 16.66m | 54-08.00 | 2 |
| 6 | Martin, Kris | JR | Widener | 14.98m | 15.45m | 50-08.25 | 1 |
| 7 | Novalin, Anderson | FR | Lebanon Vall | 14.32m | 14.52m | 47-07.75 | |
| 8 | Hladchuk, Matthew | SR | Widener | 14.44m | 14.30m | 46-11.00 | |
| 9 | Lawler, Rob | SO | DeSales | 14.00m | 14.06m | 46-01.50 | |
| 10 | Herbster, Dan | FR | Widener | 12.87m | 13.27m | 43-06.50 | |
| 11 | Salcedo, Johnathan | SO | Lebanon Vall | 13.83m | 13.03m | 42-09.00 | |
| 12 | Khela, Andrew | JR | Elizabethtow | 12.48m | 12.91m | 42-04.25 | |
| 13 | Shetrom, Jesse | SR | Lebanon Vall | 12.77m | 12.89m | 42-03.50 | |
| 14 | Emery, Dillon | SR | Alvernia | 11.95m | 12.66m | 41-06.50 | |
| 15 | Streeter, Josh | JR | Alvernia | 12.99m | 12.55m | 41-02.25 | |
| 15 | Starovoytov, Stas | SR | Widener | 13.00m | 12.55m | 41-02.25 | |
| 17 | Schwartz, Michael | SR | Albright | 12.39m | 11.93m | 39-01.75 | |
| 18 | Cuciarre, Alex | FR | Widener | 11.30m | 11.51m | 37-09.25 | |
| 19 | Aguilar-Gonzalez, Noe | SO | Lebanon Vall | 11.35m | 11.11m | 36-05.50 | |

Heptathlon: #1 Men 55 Meter Dash Heptathlon

| ===== | | | | | | |
|-------|--------------------|--------|--------------|------|--------|-----|
| Name | Year | School | Finals | H# | Points | |
| ===== | | | | | | |
| 1 | Orzol, Lee | JR | DeSales | 6.84 | 3 | 762 |
| 2 | Engle, Drew | JR | Messiah | 6.90 | 4 | 739 |
| 3 | Hampton, Tim | SR | Messiah | 7.02 | 2 | 697 |
| 4 | Clinchoc, Jeremiah | SO | Alvernia | 7.03 | 4 | 694 |
| 5 | Layng, Brian | SR | Elizabethtow | 7.07 | 1 | 681 |
| 6 | Bayona, Joseph | JR | Elizabethtow | 7.08 | 3 | 678 |
| 7 | Harer, Colton | FR | Albright | 7.09 | 2 | 675 |
| 8 | Pavlik, E. Reid | SO | Lebanon Vall | 7.15 | 1 | 653 |
| 9 | Fleming, Thomas | JR | Widener | 7.22 | 1 | 631 |
| 9 | Weiss, Sean | FR | Widener | 7.22 | 4 | 631 |
| 11 | Lloyd, Cody | SO | Lebanon Vall | 7.29 | 2 | 607 |
| 12 | Ausel, Andrew | SR | Messiah | 7.33 | 3 | 595 |
| 13 | Cornelius, Dane | FR | Messiah | 7.42 | 1 | 565 |

Heptathlon: #7 Men 1000 Meter Run Heptathlon

| ===== | | | | |
|-------|--------------------|--------|--------------|-------------|
| Name | Year | School | Finals | Points |
| ===== | | | | |
| 1 | Engle, Drew | JR | Messiah | 2:50.29 763 |
| 2 | Ausel, Andrew | SR | Messiah | 2:51.96 745 |
| 3 | Layng, Brian | SR | Elizabethtow | 2:52.16 743 |
| 4 | Clinchoc, Jeremiah | SO | Alvernia | 2:53.16 733 |
| 5 | Bayona, Joseph | JR | Elizabethtow | 2:54.78 716 |
| 6 | Lloyd, Cody | SO | Lebanon Vall | 2:57.01 694 |
| 7 | Weiss, Sean | FR | Widener | 2:57.57 688 |
| 8 | Pavlik, E. Reid | SO | Lebanon Vall | 2:58.46 679 |
| 9 | Cornelius, Dane | FR | Messiah | 3:08.50 583 |
| 10 | Orzol, Lee | JR | DeSales | 3:11.07 560 |
| 11 | Hampton, Tim | SR | Messiah | 3:11.39 557 |
| 12 | Fleming, Thomas | JR | Widener | 3:25.54 436 |

13 Harer, Colton FR Albright 3:36.49 352

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

| Name | Year | School | Finals | H# | Points |
|----------------------|------|--------------|--------|----|--------|
| 1 Layng, Brian | SR | Elizabethtow | 8.71 | 1 | 811 |
| 2 Orzol, Lee | JR | DeSales | 9.06 | 3 | 733 |
| 3 Engle, Drew | JR | Messiah | 9.40 | 3 | 660 |
| 4 Weiss, Sean | FR | Widener | 9.58 | 1 | 623 |
| 5 Clinchoc, Jeremiah | SO | Alvernia | 9.60 | 2 | 619 |
| 6 Harer, Colton | FR | Albright | 9.82 | 5 | 576 |
| 7 Cornelius, Dane | FR | Messiah | 9.84 | 4 | 572 |
| 8 Lloyd, Cody | SO | Lebanon Vall | 10.05 | 5 | 532 |
| 9 Bayona, Joseph | JR | Elizabethtow | 10.71 | 2 | 415 |
| 10 Fleming, Thomas | JR | Widener | 10.97 | 3 | 373 |
| 11 Hampton, Tim | SR | Messiah | 11.02 | 1 | 365 |
| 12 Pavlik, E. Reid | SO | Lebanon Vall | 11.08 | 4 | 355 |
| 13 Ausel, Andrew | SR | Messiah | 12.07 | 2 | 218 |

Heptathlon: #4 Men High Jump Heptathlon

| Name | Year | School | Finals | Points |
|----------------------|------|--------------|--------|-------------|
| 1 Harer, Colton | FR | Albright | 1.91m | 6-03.25 723 |
| 2 Orzol, Lee | JR | DeSales | 1.79m | 5-10.50 619 |
| 2 Engle, Drew | JR | Messiah | 1.79m | 5-10.50 619 |
| 2 Layng, Brian | SR | Elizabethtow | 1.79m | 5-10.50 619 |
| 5 Clinchoc, Jeremiah | SO | Alvernia | 1.67m | 5-05.75 520 |
| 6 Fleming, Thomas | JR | Widener | 1.61m | 5-03.25 472 |
| 6 Lloyd, Cody | SO | Lebanon Vall | 1.61m | 5-03.25 472 |
| 8 Pavlik, E. Reid | SO | Lebanon Vall | 1.55m | 5-01.00 426 |
| 9 Hampton, Tim | SR | Messiah | 1.52m | 4-11.75 404 |
| 9 Weiss, Sean | FR | Widener | 1.52m | 4-11.75 404 |
| 11 Ausel, Andrew | FR | Messiah | 1.49m | 4-10.50 381 |
| 12 Cornelius, Dane | FR | Messiah | 1.46m | 4-09.50 360 |
| 13 Bayona, Joseph | JR | Elizabethtow | 1.43m | 4-08.25 338 |

Heptathlon: #6 Men Pole Vault Heptathlon

| Name | Year | School | Finals | Points |
|-----------------------|------|--------------|--------|--------------|
| 1 Engle, Drew | JR | Messiah | 4.34m | 14-02.75 714 |
| 1 Orzol, Lee | JR | DeSales | 4.34m | 14-02.75 714 |
| 3 Layng, Brian | SR | Elizabethtow | 3.94m | 12-11.00 601 |
| 4 Lloyd, Cody | SO | Lebanon Vall | 3.84m | 12-07.25 573 |
| 5 Cornelius, Dane | FR | Messiah | 3.64m | 11-11.25 519 |
| 6 Bayona, Joseph | JR | Elizabethtow | 3.54m | 11-07.25 493 |
| 7 Harer, Colton | FR | Albright | 3.34m | 10-11.50 441 |
| 7 Pavlik, E. Reid | SO | Lebanon Vall | 3.34m | 10-11.50 441 |
| 9 Hampton, Tim | SR | Messiah | 3.24m | 10-07.50 416 |
| 10 Ausel, Andrew | SR | Messiah | 2.84m | 9-03.75 319 |
| 11 Clinchoc, Jeremiah | SO | Alvernia | 2.64m | 8-08.00 273 |
| 12 Weiss, Sean | FR | Widener | 2.54m | 8-04.00 251 |
| 13 Fleming, Thomas | JR | Widener | 2.34m | 7-08.00 208 |

Heptathlon: #2 Men Long Jump Heptathlon

| Name | Year | School | Finals | Points |
|----------------------|------|--------------|--------|--------------|
| 1 Layng, Brian | SR | Elizabethtow | 6.32m | 20-09.00 657 |
| 2 Orzol, Lee | JR | DeSales | 6.00m | 19-08.25 587 |
| 3 Engle, Drew | JR | Messiah | 5.99m | 19-08.00 584 |
| 4 Hampton, Tim | SR | Messiah | 5.76m | 18-10.75 535 |
| 5 Lloyd, Cody | SO | Lebanon Vall | 5.49m | 18-00.25 479 |
| 6 Bayona, Joseph | JR | Elizabethtow | 5.46m | 17-11.00 473 |
| 7 Clinchoc, Jeremiah | SO | Alvernia | 5.42m | 17-09.50 465 |
| 8 Pavlik, E. Reid | SO | Lebanon Vall | 5.40m | 17-08.75 461 |
| 9 Weiss, Sean | FR | Widener | 5.37m | 17-07.50 455 |
| 10 Harer, Colton | FR | Albright | 5.32m | 17-05.50 445 |
| 11 Fleming, Thomas | JR | Widener | 5.00m | 16-05.00 382 |
| 12 Cornelius, Dane | FR | Messiah | 4.88m | 16-00.25 360 |
| 13 Ausel, Andrew | SR | Messiah | 4.56m | 14-11.50 301 |

Heptathlon: #3 Men Shot Put Heptathlon

| Name | Year | School | Finals | Points |
|-----------------|------|--------------|--------|--------------|
| 1 Harer, Colton | FR | Albright | 11.89m | 39-00.25 600 |
| 2 Layng, Brian | SR | Elizabethtow | 11.11m | 36-05.50 553 |
| 3 Lloyd, Cody | SO | Lebanon Vall | 10.76m | 35-03.75 531 |

| | | | | | | |
|----|--------------------|----|--------------|--------|----------|-----|
| 4 | Weiss, Sean | FR | Widener | 10.53m | 34-06.75 | 518 |
| 5 | Pavlik, E. Reid | SO | Lebanon Vall | 9.80m | 32-02.00 | 474 |
| 6 | Ausel, Andrew | SR | Messiah | 9.65m | 31-08.00 | 465 |
| 7 | Engle, Drew | JR | Messiah | 9.46m | 31-00.50 | 453 |
| 8 | Orzol, Lee | JR | DeSales | 9.33m | 30-07.50 | 445 |
| 9 | Fleming, Thomas | JR | Widener | 9.24m | 30-03.75 | 440 |
| 10 | Cornelius, Dane | FR | Messiah | 8.94m | 29-04.00 | 422 |
| 11 | Bayona, Joseph | JR | Elizabethtow | 8.68m | 28-05.75 | 407 |
| 12 | Clinchoc, Jeremiah | SO | Alvernia | 8.21m | 26-11.25 | 379 |
| 13 | Hampton, Tim | SR | Messiah | 6.89m | 22-07.25 | 301 |

Men Heptathlon

| MAC Indoor: R 4354 2012 Drew Engle, Messiah | | | | | | |
|---|--------------------|--------|--------------|--------|--------|----|
| Name | Year | School | Seed | Finals | Points | |
| 1 | Layng, Brian | SR | Elizabethtow | 4532 | 4665R | 10 |
| 2 | Engle, Drew | JR | Messiah | 4093 | 4532R | 8 |
| 3 | Orzol, Lee | JR | DeSales | 4294 | 4420R | 6 |
| 4 | Lloyd, Cody | SO | Lebanon Vall | 3198 | 3888 | 4 |
| 5 | Harer, Colton | FR | Albright | 3077 | 3812 | 2 |
| 6 | Clinchoc, Jeremiah | SO | Alvernia | 3423 | 3683 | 1 |
| 7 | Weiss, Sean | FR | Widener | 3196 | 3570 | |
| 8 | Bayona, Joseph | JR | Elizabethtow | | 3520 | |
| 9 | Pavlik, E. Reid | SO | Lebanon Vall | 3050 | 3489 | |
| 10 | Cornelius, Dane | FR | Messiah | 3464 | 3381 | |
| 11 | Hampton, Tim | SR | Messiah | 3070 | 3275 | |
| 12 | Ausel, Andrew | SR | Messiah | 3000 | 3024 | |
| 13 | Fleming, Thomas | JR | Widener | 3123 | 2942 | |

Women - Team Rankings - 19 Events Scored

| | | | |
|--------------------|--------|-----------------|--------|
| 1) Lebanon Valley | 128 | 2) Misericordia | 102.50 |
| 3) Elizabethtown | 101.50 | 4) Messiah | 73 |
| 5) Widener | 64 | 6) DeSales | 57 |
| 7) Hood | 22 | 8) Albright | 21 |
| 9) Delaware Valley | 10 | 9) Alvernia | 10 |

Men - Team Rankings - 19 Events Scored

| | | | |
|-------------------|-----|---------------------|----|
| 1) Widener | 188 | 2) Messiah | 98 |
| 3) Lebanon Valley | 72 | 4) Elizabethtown | 69 |
| 5) DeSales | 45 | 6) Albright | 37 |
| 7) Misericordia | 29 | 8) Stevenson | 17 |
| 9) Alvernia | 16 | 10) Delaware Valley | 10 |
| 11) Hood | 8 | | |