

2015 Middle Atlantic Conference - 2/27/2015 to 2/28/2015**Lehigh University - Bethlehem, Pa.****Results****Event 1 Women 3000 Meter Run**

MAC Indoor: R 10:08.89 3/1/2014 Kelsey Patrick, Lebanon Vall
 Name Year School Seed Finals Points

Finals

1	Bolton, Bianca	JR Misericordia	10:34.99	10:26.90	10
2	Patrick, Kelsey	JR Lebanon Valley	10:39.02	10:32.63	8
3	Stockdale, Dana	SR Lebanon Valley	10:55.89	10:53.45	6
4	Becker, Tasha	JR Messiah	10:55.06	11:09.30	4
5	White, Emily	JR Lebanon Valley	11:38.29	11:28.37	2
6	Rappild, Vanessa	SO DeSales	11:45.79	11:33.87	1
7	Balla, Natala	SO DeSales	11:45.99	11:40.57	
8	O'Hara, Molly	SO Misericordia	11:46.11	11:48.33	
9	Petkova, Polin	SO Manhattanville	11:26.03	11:49.12	

Event 2 Men 3000 Meter Run

MAC Indoor: R 8:46.99 3/1/2014 Nate Noll, DeSales
 Name Year School Seed Finals Points

1	Schatz, Jared	JR Messiah	8:49.75	8:55.45	10
2	Caporale, Jason	JR Widener	8:56.51	8:58.61	8
3	Fleming, Nathan	JR Messiah	9:22.22	9:06.14	6
4	McBride, Ryan	SO Widener	9:02.80	9:09.29	4
5	Cummings, Matt	SO DeSales	9:22.44	9:11.68	2
6	Hellmig, Tyler	FR Widener	9:26.57	9:12.68	1
7	Moody, Zachary	FR Misericordia	9:26.79	9:15.46	
8	Moretz, David	FR Messiah	9:29.36	9:15.66	
9	Grossnickle, Kenton	JR Messiah	9:26.40	9:30.56	
10	Updegrove, Will	SO Widener	9:20.83	9:39.23	

Event 3 Women Distance Medley

MAC Indoor: R 12:14.01 2005 DeSales
 School Seed Finals Points

1	Lebanon Valley 'A'	12:30.84	12:53.15	10
	1) Keich, Alyssa SR			
	3) Grow, Sarah FR			
2	DeSales 'A'	13:35.22	12:55.87	8
	1) Downing, Katie SO			
	3) Labar, Abby JR			
3	Misericordia 'A'	13:00.61	13:03.23	6
	1) Hause, Lauren FR			
	3) Bamberski, Jacquelyn SO			
4	Messiah 'A'		13:21.20	4
	1) Lelonek, Elizabeth FR			
	3) Senning, Emily JR			
5	Alvernia 'A'	13:39.07	13:38.11	2
	1) Stevko, Andrea JR			
	3) Lesneski, Alicia SO			
6	Widener 'A'	12:57.92	13:41.18	1
	1) Mayes, Madeline FR			
	3) Moken, Tara SR			
7	Stevenson 'A'		13:54.01	
	1) Lohr, Claudia SO			
	2) Williams, Aja SO			

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3) Swanhart, Lanie JR	4) Appleby, Brittany FR	
8 Delaware Valley 'A'		15:19.66
1) Cooper, Zuzu FR	2) Eagan, Nikki FR	
3) Unger, Stephanie SR	4) Chamberlain, Sara SO	

Event 4 Men Distance Medley

MAC Indoor: R 10:26.99 2012		Elizabethtown	Seed	Finals	Points
School					
1 Widener 'A'			10:02.52	10:30.66	10
1) Pitone, Ernie SO	2) Flores, Alex JR				
3) Staudt, Ross JR	4) McDermott, Will SO				
2 Misericordia 'A'				10:39.02	8
1) Quirk, Matthew FR	2) Daubert, Carl JR				
3) Higley, Jarrett SR	4) Deignan, Eric SO				
3 Lebanon Valley 'A'			10:06.91	10:40.30	6
1) Scullin, Nicholas FR	2) Fronk, Kyle JR				
3) Habiyaremye, Terrence FR	4) Bomgardner, Chad FR				
4 Messiah 'A'			11:00.64	10:41.28	4
1) Headland, Phil JR	2) Kerstetter, Scott FR				
3) Pardoe, Josh SO	4) Scheib, Christopher JR				
5 DeSales 'A'			11:31.56	10:44.72	2
1) Bayeux, John SR	2) Rennals, Scott JR				
3) Edwards, Will SO	4) Drastura, Kevin JR				
6 Stevenson 'A'				11:16.77	1
1) Ferguson, Thomas JR	2) Rudman, Kyle FR				
3) Skaro, Michael SR	4) Patel, Nish SR				
7 Alvernia 'A'			11:25.36	11:27.52	
1) Hughes, Cody SR	2) Riccio, Frederick FR				
3) Elliott, Brian JR	4) Sturm, Nicholas FR				
8 Hood 'A'				11:42.58	
1) Cifuentes, Justin SR	2) Slawson, Nick SR				
3) Stevens, Alexander SO	4) Drum, Andrew SR				

Event 5 Women 60 Meter Hurdles

MAC Indoor: R 8.97 2012		Johanna Walker, Lebanon Valley	Seed	Prelims	H#
Name	Year School				
Preliminaries					
1 McKnight, Briana	SO Widener		10.00	9.69Q	2
2 Silveira, Heather	SR Hood		9.69	9.74Q	1
3 Lindstrom, Brianne	FR Stevenson		9.77	9.82Q	3
4 Frawley, Kristen	FR Messiah		9.70	9.77q	2
5 Steffney, Katherine	SR Misericordia		10.19	9.94q	1
6 Calderone, Laura	SR Lebanon Valley		10.17	9.99q	1
7 Gerchak, Taylor	JR Lebanon Valley		10.33	10.00	3
8 Heymann, Jillian	SO Hood		10.52	10.21	3
9 Litschi, Tabitha	FR Lebanon Valley		10.30	10.45	2
10 Dixon, Leah	FR Misericordia		10.58	10.47	2
11 Cleary, Georgia	SO Misericordia		9.72	10.54	3
12 Trenholm, Meghan	FR Delaware Valley		11.02	10.70	3
13 Feather, Lyndsay	JR Messiah		10.86	11.00	1
14 Alexander, Kamree	FR Albright		10.88	11.08	1

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15 Lackman, Abigail	FR Alvernia	10.93	11.09	2
16 Kuhns, Katlynn	JR Albright	11.26	11.16	3
17 Roberts, Brittany Daniel	SR Delaware Valley	11.47	14.73	2

Event 5 Women 60 Meter Hurdles

MAC Indoor: R 8.97 2012 Johanna Walker, Lebanon Valley

Name	Year School	Prelims	Finals	Points
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Finals

1 Silveira, Heather	SR Hood	9.74	9.54	10
2 McKnight, Briana	SO Widener	9.69	9.57	8
3 Frawley, Kristen	FR Messiah	9.77	9.68	6
4 Lindstrom, Brianne	FR Stevenson	9.82	9.84	4
5 Calderone, Laura	SR Lebanon Valley	9.99	9.99	2
6 Steffney, Katherine	SR Misericordia	9.94	10.00	1

Event 6 Men 60 Meter Hurdles

MAC Indoor: R 8.33 2/23/2013 Jerome Duncan, Lebanon Vall

Name	Year School	Seed	Prelims	H#
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Preliminaries

1 White, Nicholas	SR Messiah	8.35	8.38Q	2
2 Randall, Dwayne	JR Albright	8.33	8.40Q	1
3 Boham, Denzell	SR Widener	8.63	8.63q	2
4 Stranahan, Shane	JR Widener	8.68	8.67q	1
5 Sweeper, Darryl	SR Lebanon Valley	8.65	8.83q	1
6 Grey, Jermaine	SR Albright	8.81	8.84q	2
7 Bush, Shane	SO Delaware Valley	8.93	9.05	2
8 McNair, Donnell	FR Messiah	9.35	9.20	1
9 Bieber, Jonathan	FR Albright	9.51	9.40	2
10 Slawson, Nick	SR Hood	9.48	9.69	2
11 Clinchoc, Jeremiah	JR Alvernia	9.24	9.84	1
12 Whitsett, Alexander	FR Lebanon Valley	9.60	12.77	1

Event 6 Men 60 Meter Hurdles

MAC Indoor: R 8.33 2/23/2013 Jerome Duncan, Lebanon Vall

Name	Year School	Prelims	Finals	Points
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Finals

1 White, Nicholas	SR Messiah	8.38	8.30R	10
2 Randall, Dwayne	JR Albright	8.40	8.37	8
3 Stranahan, Shane	JR Widener	8.67	8.62	6
4 Boham, Denzell	SR Widener	8.63	8.66	4
5 Sweeper, Darryl	SR Lebanon Valley	8.83	8.71	2
6 Grey, Jermaine	SR Albright	8.84	8.76	1

2015 Middle Atlantic Conference - 2/27/2015 to 2/28/2015**Lehigh University - Bethlehem, Pa.****Results****Event 7 Women 60 Meter Dash**

MAC Indoor: R 7.81 2/23/2013 Danisha Higgs, Albright

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Wanner, Heather	SO	Alvernia	7.85	7.87Q	3
2 Fowler, Shakeira	JR	Widener	7.89	7.97Q	1
3 Brown, Cheyanne	FR	Lebanon Valley	8.07	7.98Q	2
4 Roberts, Shannon	JR	Manhattanville	8.11	8.01q	2
5 Fry, Melanie	FR	Misericordia	8.18	8.14q	3
6 Timmons, Kaylynne	FR	Widener	8.14	8.17q	1
7 Wynn, Brianna	FR	Lebanon Valley	8.26	8.20	2
8 O'Donnell, Kelsey	SO	Misericordia	8.23	8.21	1
9 Smalley, Takeria	JR	Stevenson	8.27	8.24	2
10 Hill, Monee	SR	Stevenson	8.18	8.29	3
11 Downer, Sarah	SR	Misericordia	8.29	8.29	1
12 Lanzillotti, Alexis	SR	Manhattanville	8.33	8.29	3
13 Falden, Christyna	SR	Stevenson	8.56	8.34	3
14 Adutwum, Josephine	SR	Stevenson	8.40	8.38	3
15 Phillips, Emily	SO	Albright	8.43	8.40	1
16 Dupont, Yumaya	SO	Albright	8.49	8.42	1
17 Johnson, Alexandra	FR	Manhattanville	8.49	8.51	2
18 cappuccino, Katie	SO	DeSales	8.48	8.55	2

Event 7 Women 60 Meter Dash

MAC Indoor: R 7.81 2/23/2013 Danisha Higgs, Albright

Name	Year	School	Prelims	Finals	Points
Finals					
1 Wanner, Heather	SO	Alvernia	7.87	7.88	10
2 Fowler, Shakeira	JR	Widener	7.97	7.89	8
3 Brown, Cheyanne	FR	Lebanon Valley	7.98	7.99	6
4 Roberts, Shannon	JR	Manhattanville	8.01	8.00	4
5 Timmons, Kaylynne	FR	Widener	8.17	8.24	2
6 Fry, Melanie	FR	Misericordia	8.14	8.31	1

Event 8 Men 60 Meter Dash

MAC Indoor: R 6.91 3/1/2014 Gavin Colley, Widener

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Colley, Gavin	SR	Widener	6.87	6.97Q	4
2 Connolly, David	FR	DeSales	7.01	7.03Q	3
3 Carter, Brian	SR	Delaware Valley	7.03	7.06Q	5
4 McGinnis, Ian	SO	Lebanon Valley	7.13	7.09Q	2
5 Omolana, Seun	FR	Stevenson	7.27	7.24Q	1
6 Randall, Dwayne	JR	Albright	7.14	7.18q	2
7 Sorrell, Ameer	JR	Widener	7.27	7.25	5
8 Herbster, Bobby	SR	Widener	7.45	7.29	1
9 Thomas, Ta'riq	FR	Delaware Valley	7.32	7.29	3
10 Meade, Sean	FR	Misericordia	7.41	7.30	2
11 Blake, Jonathan	SR	Widener	7.40	7.32	2
12 Schlegel, Connor	FR	Widener	7.33	7.32	4
13 Jones, Robert	FR	DeSales	7.10	7.33	1

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...Event 8 Men 60 Meter Dash

14 Lemmo, Matthew	FR Widener	7.51	7.34	4
15 Walker, Andrew	SR Lebanon Valley	7.39	7.34	1
16 Ingalls, Braheem	JR DeSales	7.36	7.35	3
17 Bradshaw, John	FR Delaware Valley	7.45	7.35	5
18 Engle, Mark	SO Messiah	7.33	7.38	4
19 Quirk, Dylan	SO Misericordia	7.52	7.41	5
20 Vo, Nalson	FR Widener	7.57	7.45	2
21 Simpson, Dalonte	SR Stevenson	7.38	7.48	5
22 Miles, David	FR Stevenson	7.47	7.53	3
23 Schmalhofer, Ethan	SO Widener	7.56	7.57	1
24 Pavlovich, Christian	FR Messiah	7.57	7.57	2
25 Welch, Todd	SR Hood	7.47	7.67	4
26 Wood, Dylan	SO Hood	7.52	7.71	3

Event 8 Men 60 Meter Dash

MAC Indoor: R 6.91 3/1/2014 Gavin Colley, Widener

Name	Year School	Prelims	Finals	Points
Finals				
1 Carter, Brian	SR Delaware Valley	7.06	6.96	10
2 Connolly, David	FR DeSales	7.03	6.97	8
3 McGinnis, Ian	SO Lebanon Valley	7.09	7.09	6
4 Randall, Dwayne	JR Albright	7.18	7.13	4
5 Omolana, Seun	FR Stevenson	7.24	7.29	2

Event 9 Women 4x200 Meter Relay

MAC Indoor: R 1:45.45 2012 Lebanon Valley

School	Seed	Finals	H#	Points
1 Misericordia 'A'	1:46.86	1:47.34	2	10
1) Fairchild, Kelty SO				
3) Fry, Melanie FR				
2 Widener 'A'	1:48.40	1:47.42	2	8
1) Diehl, Brittany SR				
3) Morrison, Chelsea SR				
3 Lebanon Valley 'A'	1:50.65	1:48.96	2	6
1) Wynn, Brianna FR				
3) Calderone, Laura SR				
4 Manhattanville 'A'	1:51.06	1:49.70	2	4
1) Roberts, Shannon JR				
3) Canavan, Rebecca JR				
5 Stevenson 'A'	1:51.34	1:50.55	2	2
1) Adutwum, Josephine SR				
3) Falden, Christyna SR				
6 Messiah 'A'	1:51.99	1:52.72	1	1
1) Booz, Natalie SO				
3) Brown, Erin JR				
7 Alvernia 'A'	1:53.76	1:52.97	1	
1) Wanner, Heather SO				
3) Messina, Gabriella SO				
8 Albright 'A'	1:57.37	1:56.10	1	
1) Phillips, Emily SO				
3) Kuhns, Katlynn JR				

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....Event 9 Women 4x200 Meter Relay

9 Delaware Valley 'A'	2:09.82	1:57.46	1
1) Trenholm, Meghan FR	2) Przybylowski, Kat FR		
3) Roberts, Brittany Danielle SR	4) Readinger, Kelli FR		

Event 10 Men 4x200 Meter Relay

MAC Indoor: R 1:31.08 2005		Moravian	Seed	Finals	H#	Points
School						
1 Misericordia 'A'	1:33.47		1:32.84	2	10	
1) Meade, Sean FR	2) Lamberson, Tyler FR					
3) Harth, Michael FR	4) Nelson, Andrew JR					
2 DeSales 'A'	1:32.86		1:32.87	2	8	
1) Jones, Robert FR	2) Motsney, Ethan SO					
3) Ingalls, Braheem JR	4) Friend, Dalton FR					
3 Lebanon Valley 'A'	1:32.55		1:32.88	2	6	
1) Pugh, Mickeal SR	2) Nelson, Javon FR					
3) Bennett, Joseph JR	4) McGinnis, Ian SO					
4 Widener 'A'	1:33.15		1:33.38	2	4	
1) Schlegel, Connor FR	2) Garnes, Ka'shawn SO					
3) Freeland, Honorio SO	4) Blake, Jonathan SR					
5 Messiah 'A'	1:33.82		1:34.93	2	2	
1) White, Nicholas SR	2) White, Jeremy SO					
3) Miller, Brady SO	4) Mather, Curtis FR					
6 Albright 'A'	1:36.39		1:35.41	1	1	
1) Randall, Dwayne JR	2) Grey, Jermaine SR					
3) Rankin, Ja'von FR	4) Diawara, Oumar JR					
7 Delaware Valley 'A'	1:36.17		1:35.60	1		
1) Carter, Brian SR	2) Bradshaw, John FR					
3) Thomas, Ta'riq FR	4) Johnson, Amir FR					
8 Stevenson 'A'	1:37.18		1:35.89	1		
1) Simpson, Dalonte SR	2) Rudman, Kyle FR					
3) Miles, David FR	4) Hightower, Devon FR					
9 Alvernia 'A'	1:35.53		1:36.76	1		
1) Hughes, Cody SR	2) Lockhart, Christopher SO					
3) Young, Brandon SR	4) Riccio, Frederick FR					
10 Hood 'A'	1:38.82		1:38.87	1		
1) Tucker, R.J. FR	2) Ratliff, Jeremiah SO					
3) Wood, Dylan SO	4) Welch, Todd SR					

Event 11 Women 1 Mile Run

MAC Indoor: R 5:03.49 2/23/2013		Traci Tempone, Elizabethtow	Seed	Finals	Points
Name	Year School				
1 Adams, Cynthia	SR Lebanon Valley		4:59.53	5:15.18	10
2 Killmon, Bethany	SO Misericordia		5:18.65	5:16.84	8
3 Patrick, Kelsey	JR Lebanon Valley		5:28.82	5:20.18	6
4 Eliason, Holly	FR Messiah		5:30.18	5:26.91	4
5 Hause, Lauren	FR Misericordia		5:29.66	5:27.98	2
6 Downing, Katie	SO DeSales		5:30.86	5:28.22	1
7 Trofa, Erica	JR Widener		5:32.74	5:29.37	
8 Eberhardt, Kristen	FR Lebanon Valley		5:42.20	5:34.42	
9 Rees, Brittany	SO Lebanon Valley		5:49.46	5:39.36	
10 Novak, Leah	SR Messiah		5:48.28	5:43.92	

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...Event 11 Women 1 Mile Run

11	Stevko, Andrea	JR	Alvernia	5:39.12	5:49.91
12	Jones, Hannah	JR	Lebanon Valley	5:56.22	5:54.26
13	Mesaris, Emily	FR	Misericordia	5:56.04	5:55.35
14	Cantelmo, Victoria	FR	DeSales	5:58.75	5:55.42
15	Sitler, Rebecca	SO	Lebanon Valley	5:57.32	5:59.94
16	Balla, Natala	SO	DeSales	5:55.65	6:01.49
17	Pagano, Valerie	FR	Misericordia	6:01.25	6:03.38
18	White, Emily	JR	Lebanon Valley	5:54.08	6:03.77
19	Banks, Emily	JR	Lebanon Valley	5:58.22	6:04.45

Event 12 Men 1 Mile Run

MAC Indoor: R 4:13.63 2006 Macharia Yuot, Widener

Name	Year	School	Seed	Finals	Points	
1	Harnish, Michael	SR	Lebanon Valley	4:14.88	4:18.36	10
2	Counsel, Qadree	JR	Widener	4:16.71	4:19.68	8
3	Garrity, Chris	SR	Widener	4:15.07	4:21.40	6
4	Shirk, Cameron	JR	Messiah	4:23.12	4:21.98	4
5	Quinn, Michael	SR	Widener	4:16.32	4:22.95	2
6	McDermott, Will	SO	Widener	4:20.79	4:24.67	1
7	Hause, Mikael	JR	Misericordia	4:24.16	4:28.88	
8	Fleming, Nathan	JR	Messiah	4:34.56	4:40.87	
9	Weron, Nick	SR	Misericordia	4:41.04	4:42.69	
10	Hill, Zachary	SO	Widener	4:44.38	4:45.13	
11	Pardoe, Josh	SO	Messiah	4:33.50	4:46.88	
12	Brown, Ian	SO	Lebanon Valley	4:42.65	4:47.28	
13	Potesta, Spencer	FR	Messiah	4:48.93	4:47.44	
14	Montoro, Robert	FR	Widener	4:49.10	4:49.77	
15	Moretz, David	FR	Messiah	4:39.27	4:50.44	
16	Bomgardner, Chad	FR	Lebanon Valley	4:35.55	4:56.09	

Event 13 Women 400 Meter Dash

MAC Indoor: R 58.73 3/1/2014 Amy Viti, Misericordia

Name	Year	School	Seed	Finals	H#	Points
1	Viti, Amy	JR	Misericordia	58.09	58.24R	2 10
2	Fairchild, Kelty	SO	Misericordia	59.84	58.91	2 8
3	Decker, Lauren	SO	Lebanon Valley	59.66	59.19	2 6
4	Fairchild, Mary	SO	Misericordia	1:00.31	59.47	2 4
5	Diehl, Brittany	SR	Widener	1:00.25	1:00.24	2 2
6	Burrows, Tiffany	SR	Messiah	1:01.12	1:00.94	1 1
7	Silveira, Heather	SR	Hood	1:03.71	1:04.32	1
8	Blessington, Alanna	FR	Alvernia	1:07.88	1:07.55	1
9	Carter, Jo	FR	Albright	1:08.62	1:08.35	1

Event 14 Men 400 Meter Dash

MAC Indoor: R 48.77 2006 Lou Corominas, DeSales

Name	Year	School	Seed	Finals	H#	Points
1	Diawara, Oumar	JR	Albright	50.87	50.38	4 10
2	Harth, Michael	FR	Misericordia	50.79	50.47	4 8
3	Freeland, Honorio	SO	Widener	51.79	50.75	4 6

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4 Nelson, Andrew	JR	Misericordia	51.03	51.11	4	4
5 Betts, Will	SR	Widener	52.48	51.75	3	2
6 Stranahan, Shane	JR	Widener	52.10	51.84	3	1
7 Sites, Nate	FR	Widener	52.59	51.88	2	
8 Miller, Brady	SO	Messiah	52.02	52.08	3	
9 Higley, Jarrett	SR	Misericordia	52.20	52.42	3	
10 White, Jeremy	SO	Messiah	51.64	52.44	4	
11 Lamberson, Tyler	FR	Misericordia	52.78	52.65	2	
12 Johnson, Kevin	SO	Lebanon Valley	52.94	52.68	2	
13 Motsney, Ethan	SO	DeSales	54.20	52.82	1	
14 Johnson, Amir	FR	Delaware Valley	54.02	52.92	1	
15 Friend, Dalton	FR	DeSales	52.15	52.99	3	
16 Kerstetter, Scott	FR	Messiah	53.99	53.01	2	
17 Miller, Daniel	FR	Widener	54.32	53.12	1	

Event 15 Women 800 Meter Run

MAC Indoor: R 2:16.37 2/23/2013 Cynthia Adams, Lebanon Vall

Name	Year	School	Seed	Finals	Points
1 Adams, Cynthia	SR	Lebanon Valley	2:13.19	2:16.78	10
2 Viti, Amy	JR	Misericordia	2:14.93	2:20.68	8
3 Heisey, Julie	SO	Messiah	2:25.18	2:21.78	6
4 Dauer, Beth	SO	DeSales	2:27.89	2:22.74	4
5 Dystant, Alexandra	SR	Hood	2:29.12	2:23.38	2
6 Churchman, Michelle	SR	DeSales	2:30.31	2:26.40	1
7 Grow, Sarah	FR	Lebanon Valley	2:27.51	2:28.11	
8 Creighton, Emily	SR	Widener	2:31.04	2:28.72	
9 Englert, Taylor	JR	Widener	2:28.79	2:31.33	
10 Decker, Lauren	SO	Lebanon Valley	2:26.38	2:33.20	

Event 16 Men 800 Meter Run

MAC Indoor: R 1:54.42 2005 Patrick Donovan, Elizabethtown

Name	Year	School	Seed	Finals	Points
1 Harnish, Michael	SR	Lebanon Valley	1:52.33	1:55.55	10
2 Ciavarelli, Mike	SR	Widener	1:56.90	1:57.32	8
3 Goelz, Andrew	JR	Lebanon Valley	1:57.43	1:57.51	6
4 McGill, Jonphilip	SR	Messiah	1:58.97	1:57.72	4
5 Harmon, Leo	JR	Widener	1:57.96	1:58.28	2
6 Pettit, Nick	SO	Widener	2:00.17	1:59.41	1
7 Pardoe, Nate	SO	Messiah	1:59.23	1:59.70	
8 Garrity, Chris	SR	Widener	1:56.60	2:01.12	
9 McGlone, Austin	FR	Manhattanville	2:06.42	2:02.86	
10 Straley, Brandon	FR	Messiah	2:05.80	2:03.04	
11 Jasper, Jihad	SR	Widener	1:59.36	2:03.21	
12 Hause, Mikael	JR	Misericordia	2:01.02	2:03.46	
13 Noyes, Edwin	JR	Widener	2:07.79	2:04.29	
14 Bley, Edward	JR	Messiah	2:06.45	2:04.85	
15 Weron, Nick	SR	Misericordia	2:07.96	2:05.29	
16 Albert, Abram	SR	Messiah	2:08.01	2:05.45	
17 Sayous, Christopher	SR	Lebanon Valley	2:08.87	2:06.05	
18 Shaffer, Grant	JR	Widener	2:07.28	2:07.36	

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=====						
MAC Indoor: R 25.94 3/1/2014 Danisha Higgs, Albright						
Name	Year	School	Seed	Finals	H#	Points
=====						
1 Wanner, Heather	SO	Alvernia	26.32	26.02	6	10
2 Roberts, Shannon	JR	Manhattanville	26.54	26.52	6	8
3 Brown, Cheyanne	FR	Lebanon Valley	26.67	26.68	6	6
4 Fairchild, Kelty	SO	Misericordia	26.78	26.78	5	4
5 Lanzillotti, Alexis	SR	Manhattanville	27.14	26.85	5	2
6 Diehl, Brittany	SR	Widener	27.18	26.96	4	1
7 Fry, Melanie	FR	Misericordia	26.90	27.11	5	
8 O'Donnell, Kelsey	SO	Misericordia	26.96	27.14	5	
9 Fairchild, Mary	SO	Misericordia	27.10	27.43	5	
10 Adutwum, Josephine	SR	Stevenson	27.82	27.58	4	
11 Timmons, Kaylynne	FR	Widener	26.77	27.66	6	
12 Nassar, Ronya	SR	Albright	28.44	27.68	3	
13 Hill, Monee	SR	Stevenson	27.75	27.95	4	
14 Johnson, Alexandra	FR	Manhattanville	28.47	28.03	3	
15 Falden, Christyna	SR	Stevenson	28.88	28.12	2	
16 Dixon, Leah	FR	Misericordia	28.15	28.23	3	
17 Downer, Sarah	SR	Misericordia	27.88	28.31	4	
18 Smalley, Takera	JR	Stevenson	28.84	28.32	2	
19 Forney, Danaishia	FR	Widener	29.35	28.58	1	
20 Phillips, Emily	SO	Albright	28.93	28.67	2	
21 Booz, Natalie	SO	Messiah	28.06	28.69	4	
22 Dupont, Yumaya	SO	Albright	28.78	28.93	3	
23 Trenholm, Meghan	FR	Delaware Valley	28.59	29.07	3	
24 Canavan, Rebecca	JR	Manhattanville	29.38	29.08	1	
25 jones, sarah	FR	DeSales	29.36	29.23	1	
26 Colt, Katie	SO	Widener	29.08	29.27	2	

Event 18 Men 200 Meter Dash

=====						
MAC Indoor: R 22.26 3/1/2014 Gavin Colley, Widener						
Name	Year	School	Seed	Finals	H#	Points
=====						
1 McGinnis, Ian	SO	Lebanon Valley	22.85	22.38	6	10
2 Nelson, Andrew	JR	Misericordia	22.87	22.87	6	8
3 Diawara, Oumar	JR	Albright	22.76	23.00	6	6
4 White, Nicholas	SR	Messiah	23.75	23.11	4	4
5 Jones, Robert	FR	DeSales	23.41	23.16	5	2
6 Young, Brandon	SR	Alvernia	23.50	23.29	5	1
7 Blake, Jonathan	SR	Widener	23.65	23.39	4	
8 Garnes, Ka'shawn	SO	Widener	23.67	23.47	4	
9 White, Jeremy	SO	Messiah	23.40	23.49	5	
10 Schlegel, Connor	FR	Widener	23.90	23.51	3	
11 Carter, Brian	SR	Delaware Valley	23.74	23.51	4	
12 Harth, Michael	FR	Misericordia	23.09	23.60	6	
13 Ingalls, Braheem	JR	DeSales	23.59	23.77	5	
14 Schmalhofer, Ethan	SO	Widener	23.91	23.80	3	
15 Meade, Sean	FR	Misericordia	23.95	23.85	3	
16 Simpson, Dalonte	SR	Stevenson	24.33	23.88	2	
17 Lemmo, Matthew	FR	Widener	24.39	23.98	2	
18 Rudman, Kyle	FR	Stevenson	23.81	23.98	4	
19 Johnson, Amir	FR	Delaware Valley	24.43	24.12	1	
20 Boham, Denzell	SR	Widener	24.00	24.23	3	

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...Event 18 Men 200 Meter Dash

21 Hagerman, Blake	FR	Manhattanville	24.45	24.44	1
22 Prensner, Richard	FR	Messiah	24.17	24.45	3
23 Connolly, David	FR	DeSales	23.35	24.54	5
24 Jones, John	FR	Delaware Valley	24.80	24.90	1
25 Miles, David	FR	Stevenson	24.33	24.96	2
26 Miller, Daniel	FR	Widener	24.44	25.26	1

Event 19 Women 5000 Meter Run

MAC Indoor: R 17:34.50 2008 Erin Fisher, Elizabethtown					
Name	Year	School	Seed	Finals	Points
1 Bolton, Bianca	JR	Misericordia	17:45.19	18:32.43	10
2 Wheeler, Veronica	FR	DeSales	18:46.18	18:39.21	8
3 Killmon, Bethany	SO	Misericordia	18:35.78	19:05.51	6
4 Becker, Tasha	JR	Messiah	19:16.49	19:15.49	4
5 Rogers, Alissa	SO	Messiah	19:59.11	19:16.99	2
6 Miller, Alexandria	JR	Misericordia	19:16.68	19:42.95	1
7 Stevko, Andrea	JR	Alvernia	19:15.72	19:52.98	
8 Malpass, Julia	FR	Alvernia	19:51.90	19:56.07	
9 Kemmerer, Emma	JR	DeSales	20:22.63	19:58.24	
10 Spicer, Shae	JR	Widener	20:07.18	20:07.08	
11 Eyler, Rachel	SR	Lebanon Valley	20:08.68	20:10.02	
12 Vasiliu, Nicole	JR	Lebanon Valley	20:31.41	20:39.32	
13 Rappild, Vanessa	SO	DeSales	20:18.50	20:45.54	

Event 20 Men 5000 Meter Run

MAC Indoor: R 14:51.67 1992 Frank McGovern, Widener					
Name	Year	School	Seed	Finals	Points
1 Schatz, Jared	JR	Messiah	15:01.31	15:27.49	10
2 Sensenig, Tyler	JR	Messiah	15:45.41	15:32.63	8
3 McCullough, Seamus	SR	Widener	15:34.78	15:46.36	6
4 Fortin, Stephen	JR	Widener	16:00.03	15:53.34	4
5 McGaughran, Caleb	SR	Messiah	16:26.01	15:59.00	2
6 Kilheeneey, Bradley	SO	DeSales	16:12.06	16:01.88	1
7 Reed, Trever	FR	Misericordia	16:17.85	16:08.05	
8 Limongelli, AJ	SR	Misericordia	16:20.23	16:11.83	
9 Faus, Alex	JR	Messiah	16:19.18	16:28.89	
10 Cooper, Andrew	SO	Widener	16:24.92	16:38.82	
11 Chappell, Stephen	SO	Lebanon Valley	16:29.36	16:51.60	

Event 21 Women 4x800 Meter Relay

MAC Indoor: R 9:46.32 3/1/2014 Elizabethtown, Elizabethtow					
School	Year	School	Seed	Finals	Points
1 Lebanon Valley 'A'			9:48.91	10:00.24	10
1) Stockdale, Dana SR		2) Shutt, Teanna FR			
3) Keich, Alyssa SR		4) Adams, Cynthia SR			
2 DeSales 'A'			9:48.63	10:03.68	8
1) Downing, Katie SO		2) Churchman, Michelle SR			
3) Labar, Abby JR		4) Dauer, Beth SO			

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3	Misericordia 'A'	10:11.60	10:03.95	6
	1) Bamberski, Jacquelyn SO	2) Hause, Lauren FR		
	3) Schwarz, Alyssa FR	4) Bolton, Bianca JR		
4	Widener 'A'	11:03.61	10:11.34	4
	1) Englert, Taylor JR	2) Mayes, Madeline FR		
	3) Creighton, Emily SR	4) Trofa, Erica JR		
5	Messiah 'A'		10:13.89	2
	1) Ross, Natalie FR	2) Novak, Leah SR		
	3) Eliason, Holly FR	4) Senning, Emily JR		
6	Stevenson 'A'		10:55.28	1
	1) Appleby, Brittany FR	2) Swanhart, Lanie JR		
	3) Williams, Aja SO	4) Lohr, Claudia SO		
7	Alvernia 'A'	10:58.84	10:59.08	
	1) Lesneski, Alicia SO	2) Streleckis, Tina Marie SR		
	3) Loar, Rachel FR	4) Lawlor, Katerina FR		
8	Delaware Valley 'A'		11:55.18	
	1) Cooper, Zuzu FR	2) Zajchowski, Anastasia SO		
	3) Unger, Stephanie SR	4) Chamberlain, Sara SO		
9	Hood 'A'	11:19.19	11:55.51	
	1) Stetsyuk, Karina SO	2) McGrath, Caitlin JR		
	3) Bean, Caitlin SR	4) Sly, Miranda FR		

Event 22 Men 4x800 Meter Relay

MAC Indoor: R 7:56.65 2012		Elizabethtown			
School		Seed	Finals	Points	
1	Widener 'A'		7:58.64	10	
	1) Harmon, Leo JR	2) Jasper, Jihad SR			
	3) Counsel, Qadree JR	4) Quinn, Michael SR			
2	Messiah 'A'	8:02.91	8:09.56	8	
	1) McGill, Jonphilip SR	2) Pardoe, Nate SO			
	3) Headland, Phil JR	4) Shirk, Cameron JR			
3	Misericordia 'A'	8:10.09	8:14.69	6	
	1) Hause, Mikael JR	2) Deignan, Eric SO			
	3) Quirk, Matthew FR	4) Weron, Nick SR			
4	Lebanon Valley 'A'	8:16.15	8:20.70	4	
	1) Bomgardner, Chad FR	2) Habiyaremye, Terrence FR			
	3) Brown, Ian SO	4) Scullin, Nicholas FR			
5	DeSales 'A'	8:18.76	8:21.08	2	
	1) Drastura, Kevin JR	2) Edwards, Will SO			
	3) Collins, Patrick SO	4) Bayeux, John SR			
6	Stevenson 'A'		8:49.96	1	
	1) Patel, Nish SR	2) Skaro, Michael SR			
	3) Melick, Grier JR	4) Ferguson, Thomas JR			
7	Hood 'A'		8:58.03		
	1) Stevens, Alexander SO	2) Tucker, R.J. FR			
	3) Drum, Andrew SR	4) Cifuentes, Justin SR			
8	Alvernia 'A'	9:09.27	9:05.24		
	1) Elliott, Brian JR	2) Cadman, Edward SR			
	3) Bialek, Thomas SO	4) MacNamee, Peter SR			

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Event 23 Women 4x400 Meter Relay

MAC Indoor: R 4:03.59 2004		Elizabethtown		Seed	Finals	H#	Points
School							
1	Misericordia 'A'			3:53.00	4:02.90R	2	10
	1) Fairchild, Mary SO		2) Fairchild, Kelty SO				
	3) Fry, Melanie FR		4) Viti, Amy JR				
2	Messiah 'A'			4:12.92	4:12.34	2	8
	1) Burrows, Tiffany SR		2) Bowser, Rachel JR				
	3) Heisey, Julie SO		4) Heindel, Katie FR				
3	Lebanon Valley 'A'			4:12.11	4:15.65	2	6
	1) O'Hara, Kathryn SR		2) Muffly, Alexa JR				
	3) Brown, Cheyanne FR		4) Decker, Lauren SO				
4	Widener 'A'			4:23.36	4:26.64	2	4
	1) Giangiulio, Teresa FR		2) Morrison, Chelsea SR				
	3) Davis, Gwen JR		4) McKnight, Briana SO				
5	DeSales 'A'			4:29.44	4:34.50	2	2
	1) Labar, Abby JR		2) cappuccino, Katie SO				
	3) Churchman, Michelle SR		4) Dauer, Beth SO				
6	Delaware Valley 'A'			4:33.94	4:36.09	1	1
	1) Trenholm, Meghan FR		2) Roberts, Brittany Danielle SR				
	3) Przybylowski, Kat FR		4) Readinger, Kelli FR				
7	Albright 'A'			4:45.53	4:40.52	1	
	1) Carter, Jo FR		2) Phillips, Emily SO				
	3) Sheard, Tamahra JR		4) Nassar, Ronya SR				

Event 24 Men 4x400 Meter Relay

MAC Indoor: R 3:23.68 2005		Elizabethtown		Seed	Finals	H#	Points
School							
1	Misericordia 'A'			3:26.15	3:24.94	2	10
	1) Higley, Jarrett SR		2) Daubert, Carl JR				
	3) Harth, Michael FR		4) Nelson, Andrew JR				
2	Widener 'A'			3:29.42	3:25.30	2	8
	1) Stranahan, Shane JR		2) Ciavarelli, Mike SR				
	3) Sites, Nate FR		4) Betts, Will SR				
3	Lebanon Valley 'A'			3:26.75	3:29.79	2	6
	1) Hartman, Bradley SO		2) Johnson, Kevin SO				
	3) Nelson, Javon FR		4) Fronk, Kyle JR				
4	Messiah 'A'			3:31.06	3:32.35	2	4
	1) Miller, Brady SO		2) Mather, Curtis FR				
	3) Peterson, Derrick FR		4) Whitehead, Max SO				
5	DeSales 'A'			3:34.68	3:36.01	2	2
	1) Rennals, Scott JR		2) Friend, Dalton FR				
	3) Ingalls, Braheem JR		4) Motsney, Ethan SO				
6	Albright 'A'			3:40.74	3:39.33	1	1
	1) Bieber, Jonathan FR		2) Randall, Dwayne JR				
	3) Grey, Jermaine SR		4) Diawara, Oumar JR				
7	Delaware Valley 'A'			3:39.01	3:44.35	1	
	1) Johnson, Amir FR		2) Bush, Shane SO				
	3) Butler, Lorin FR		4) Thomas, Ta'riq FR				
8	Alvernia 'A'			3:38.64	3:44.92	1	
	1) Hughes, Cody SR		2) Lockhart, Christopher SO				
	3) Clinchoc, Jeremiah JR		4) Young, Brandon SR				
9	Hood 'A'			3:44.28	3:50.88	1	

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MAC Indoor: R 5.68m 2/23/2013 Jenna Niedermayer, Elizabethtow						
Name	Year	School	Seed	Finals	Points	
1 Ostroski, Sarah	SO	Misericordia	5.51m	5.28m	17-04.00	10
2 Wanner, Heather	SO	Alvernia	5.14m	5.09m	16-08.50	8
3 Hostetler, Kaitlyn	SO	Messiah	5.17m	5.07m	16-07.75	6
4 Jendrezewski, Olivia	SO	Lebanon Valley	4.82m	5.06m	16-07.25	4
5 Johnson, Marie	SO	Messiah	4.99m	J5.06m	16-07.25	2
6 Meade, Emily	FR	Widener	4.83m	4.99m	16-04.50	1
7 Verdon, Erin	SR	Alvernia	4.91m	4.92m	16-01.75	
8 Mauer, Annese	SR	Lebanon Valley	4.76m	4.80m	15-09.00	
9 Messina, Gabriella	SO	Alvernia	4.67m	4.73m	15-06.25	
10 Nassar, Ronya	SR	Albright	4.86m	4.65m	15-03.25	
11 Wynn, Brianna	FR	Lebanon Valley	4.86m	4.50m	14-09.25	
12 Trenholm, Meghan	FR	Delaware Valley	4.64m	4.03m	13-02.75	

Event 28 Men Long Jump

MAC Indoor: R 7.25m 1993 Gregg Barrett, Widener						
Name	Year	School	Seed	Finals	Points	
1 Colley, Josh	SO	Widener	6.95m	7.25mR	23-09.50	10
2 Thomas, Ta'riq	FR	Delaware Valley	6.93m	7.15m	23-05.50	8
3 Young, Brandon	SR	Alvernia	6.41m	6.72m	22-00.75	6
4 Diawara, Oumar	JR	Albright	6.50m	6.67m	21-10.75	4
5 McNair, Donnell	FR	Messiah	6.07m	6.53m	21-05.25	2
6 Skyers, Shane	SR	Stevenson	6.55m	6.51m	21-04.25	1
7 Pugh, Mickeal	SR	Lebanon Valley	6.29m	6.50m	21-04.00	
8 Jones, John	FR	Delaware Valley	6.33m	6.40m	21-00.00	
8 Sorrell, Ameer	JR	Widener	6.85m	6.40m	21-00.00	
10 Omolana, Seun	FR	Stevenson	6.44m	6.34m	20-09.75	
11 Poepperling, Robert	JR	Misericordia	6.39m	6.24m	20-05.75	
12 Roberts, Tymeer	SO	Albright	6.18m	6.19m	20-03.75	
13 Salcedo, Steven	FR	Lebanon Valley	5.90m	6.16m	20-02.50	
14 Shepherd, Brandon	SO	Stevenson	5.81m	6.12m	20-01.00	
15 Thorne, Trent	SO	Albright	6.03m	6.09m	19-11.75	
16 Bush, Shane	SO	Delaware Valley	5.87m	5.99m	19-08.00	
17 Mangum, David	FR	Manhattanville	6.05m	5.95m	19-06.25	
18 Rudman, Kyle	FR	Stevenson	6.18m	5.94m	19-06.00	
19 Ratliff, Jeremiah	SO	Hood	5.97m	5.65m	18-06.50	
20 Keen, Corey	FR	Lebanon Valley	5.90m	5.52m	18-01.50	
21 Haws, Josiah	JR	Messiah	6.32m	4.88m	16-00.25	

Event 29 Women High Jump

MAC Indoor: R 1.70m 3/1/2014 Ashlee Ward, Misericordia						
Name	Year	School	Seed	Finals	Points	
1 Johnson, Marie	SO	Messiah	1.63m	1.62m	5-03.75	10
2 Coker, Hadlee	SO	Messiah	1.58m	1.57m	5-01.75	8
3 Nole, Anna	SR	Misericordia	1.57m	1.52m	4-11.75	6
4 Jendrezewski, Olivia	SO	Lebanon Valley	1.42m	J1.52m	4-11.75	4
5 Vidaic, Noelle	SO	Manhattanville	1.54m	J1.52m	4-11.75	2
6 Przybylowski, Kat	FR	Delaware Valley	1.55m	J1.52m	4-11.75	1
7 Reynolds, Delaney	SO	Alvernia	1.50m	1.47m	4-09.75	

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...Event 29 Women High Jump

8	smith, shaye	SO	DeSales	1.52m	J1.47m	4-09.75
9	Schools, Savannah	SO	Misericordia	1.48m	J1.47m	4-09.75
9	Stitzer, Lindsey	JR	Misericordia	1.57m	J1.47m	4-09.75
11	Trenholm, Meghan	FR	Delaware Valley	1.52m	J1.47m	4-09.75
12	Sowers, Hannah	FR	Messiah	1.43m	1.42m	4-07.75
12	Cole, Elizabeth	FR	Messiah	1.47m	1.42m	4-07.75
14	Hull, Angelica	SR	Albright	1.45m	1.37m	4-06.00

Event 30 Men High Jump

MAC Indoor: R 2.06m 2011 Justin Gewirtz, Albright						
Name	Year	School	Seed	Finals	Points	
1	Falcon, Jean	FR	DeSales	1.98m	1.98m	6-06.00 10
2	Bush, Shane	SO	Delaware Valley	1.88m	1.88m	6-02.00 8
3	Thomas, Ta'riq	FR	Delaware Valley	1.84m	J1.88m	6-02.00 6
4	Poepperling, Robert	JR	Misericordia	1.88m	1.83m	6-00.00 3
4	Bennett, Joseph	JR	Lebanon Valley	1.83m	1.83m	6-00.00 3
6	Mangum, David	FR	Manhattanville	1.88m	1.78m	5-10.00 1
7	McNair, Donnell	FR	Messiah	1.78m	J1.78m	5-10.00
7	Dixon, Malik	FR	Widener	1.82m	J1.78m	5-10.00
9	Powell, Aaron	JR	Messiah	1.80m	1.73m	5-08.00
10	Roberts, Tymeer	SO	Albright	1.85m	1.68m	5-06.00

Event 31 Women Pole Vault

MAC Indoor: R 3.82m 2/23/2013 Melissa Fellenbaum, Alvernia						
Name	Year	School	Seed	Finals	Points	
1	Robison, Rachel	JR	Messiah	3.50m	3.45m	11-03.75 10
2	Char, Amber	SR	Widener	3.20m	3.35m	10-11.75 8
3	Shutt, Teanna	FR	Lebanon Valley	2.90m	3.00m	9-10.00 6
4	Renes, Megan	FR	Messiah	3.05m	2.85m	9-04.25 3
4	Broussard, Miranda	SO	Widener	3.15m	2.85m	9-04.25 3
6	Goy, kaitlin	SO	DeSales	2.75m	2.70m	8-10.25 1
7	Roberts, Brittany Daniel	SR	Delaware Valley	2.70m	2.55m	8-04.25
7	Harris, Shauna	JR	Widener	2.70m	2.55m	8-04.25

Event 32 Men Pole Vault

MAC Indoor: R 5.02m 2007 Kevin Clark, Elizabethtown						
Name	Year	School	Seed	Finals	Points	
1	Moses, Tim	SO	Messiah	5.10m	5.11mR	16-09.25 10
2	Poepperling, Robert	JR	Misericordia	4.55m	4.80m	15-09.00 8
3	Madden, James	JR	Widener	4.50m	4.40m	14-05.25 6
4	Lord, Jeff	FR	Widener	4.10m	J4.40m	14-05.25 4
5	Engle, Drew	SR	Messiah	4.40m	4.25m	13-11.25 2
6	Dixon, Malik	FR	Widener	4.25m	J4.25m	13-11.25 1
7	Cramer, Cameron	FR	Albright	4.10m	4.10m	13-05.25
8	Cornelius, Dane	SO	Messiah	4.25m	J4.10m	13-05.25
9	Robins, Isaac	FR	Widener	4.05m	J4.10m	13-05.25
10	Siglin, James	JR	Widener	4.25m	3.95m	12-11.50
10	Hartman, Bradley	SO	Lebanon Valley	3.96m	3.95m	12-11.50
12	Bellott, Seth	SO	Alvernia	3.95m	3.80m	12-05.50

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....Event 32 Men Pole Vault

12 Garbrick, Brett	FR Messiah	3.95m	3.80m	12-05.50
12 Shultz, Greg	FR Misericordia	3.95m	3.80m	12-05.50

Event 33 Women Triple Jump

MAC Indoor: R 11.73m 2009 Kristen Bates, Messiah						
Name	Year	School	Seed	Finals		Points
1 Johnson, Marie	SO	Messiah	11.00m	11.07m	36-04.00	10
2 Rogan, Emily	SO	DeSales	10.97m	10.76m	35-03.75	8
3 Jendrezewski, Olivia	SO	Lebanon Valley	10.42m	10.75m	35-03.25	6
4 Ostroski, Sarah	SO	Misericordia	10.90m	10.44m	34-03.00	4
5 Meade, Emily	FR	Widener	10.02m	10.23m	33-06.75	2
6 Verdon, Erin	SR	Alvernia	10.03m	10.14m	33-03.25	1
7 Schools, Savannah	SO	Misericordia	10.28m	10.10m	33-01.75	
8 Hostetler, Kaitlyn	SO	Messiah	10.19m	9.95m	32-07.75	
9 Gerchak, Taylor	JR	Lebanon Valley	9.68m	9.81m	32-02.25	
10 Thomas, Claudia	FR	Lebanon Valley	9.77m	9.51m	31-02.50	
11 Messina, Gabriella	SO	Alvernia	9.52m	9.47m	31-01.00	

Event 34 Men Triple Jump

MAC Indoor: R 14.86m 2004 Jason Patterson, Elizabethtown						
Name	Year	School	Seed	Finals		Points
1 Thomas, Ta'riq	FR	Delaware Valley	14.05m	14.69m	48-02.50	10
2 Sorrell, Ameer	JR	Widener	14.30m	14.43m	47-04.25	8
3 Thorne, Trent	SO	Albright	13.21m	14.32m	46-11.75	6
4 Colley, Josh	SO	Widener	14.29m	13.99m	45-10.75	4
5 Pugh, Mickeal	SR	Lebanon Valley	13.32m	13.83m	45-04.50	2
6 Young, Brandon	SR	Alvernia	13.69m	13.59m	44-07.00	1
7 Glosy, Cebastien	JR	Widener	12.88m	13.41m	44-00.00	
8 Skyers, Shane	SR	Stevenson	11.72m	12.71m	41-08.50	
9 Diabagate, Adam	FR	Stevenson	12.60m	12.63m	41-05.25	
10 Shepherd, Brandon	SO	Stevenson	13.02m	12.38m	40-07.50	
11 Ratliff, Jeremiah	SO	Hood	12.48m	12.28m	40-03.50	
12 Keen, Corey	FR	Lebanon Valley	12.32m	12.21m	40-00.75	
13 Bush, Shane	SO	Delaware Valley	12.41m	12.04m	39-06.00	

Event 35 Women Shot Put

MAC Indoor: R 14.65m 2008 Lauren Lucci, Widener						
Name	Year	School	Seed	Finals		Points
1 Smolka, Mariah	SR	Lebanon Valley	13.53m	13.67m	44-10.25	10
2 Hall, Chelsea	JR	Misericordia	11.71m	12.35m	40-06.25	8
3 Thomas, Tia	JR	Alvernia	11.29m	11.83m	38-09.75	6
4 Yakas, Caitlin	SO	Widener	11.02m	11.53m	37-10.00	4
5 Falden, Christyna	SR	Stevenson	10.38m	11.48m	37-08.00	2
6 Whelan, Kimberly	FR	Alvernia	11.05m	11.28m	37-00.25	1
7 Bailey, Samantha	FR	Hood	11.16m	11.01m	36-01.50	
8 Wigg, Sarah	JR	Misericordia	10.52m	10.60m	34-09.50	
9 Seiber, Taylor	SR	Lebanon Valley	10.33m	10.58m	34-08.50	
10 King, Samantha	JR	Delaware Valley	10.30m	10.15m	33-03.75	
11 Barnhart, Abbey	FR	Lebanon Valley	9.73m	10.08m	33-01.00	

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12 Cotto, Aysha	FR Albright	9.61m	10.06m	33-00.25
13 Wallace, Sherrie	JR Stevenson	9.86m	9.81m	32-02.25
14 Phelps, Adrienne	SO Widener	10.20m	9.62m	31-06.75
15 Wisniewski, Julie	FR Delaware Valley	9.56m	9.42m	30-11.00
16 Wright, Tori	FR Messiah	9.63m	9.41m	30-10.50
17 McCardle, Teagan	SR Delaware Valley	9.78m	9.40m	30-10.25
18 Thach, Samantha	FR Widener	9.01m	9.26m	30-04.75
19 Smale, Alyssa	FR Lebanon Valley	9.00m	9.21m	30-02.75
20 Hull, Angelica	SR Albright	9.25m	9.20m	30-02.25
21 Wise, Samantha	SO Misericordia	9.95m	8.96m	29-04.75

Event 36 Men Shot Put

MAC Indoor: R 17.52m 2/23/2013 Fred Fulton, Messiah

Name	Year School	Seed	Finals	Points
1 Stutzman, Trevor	SR Messiah	17.36m	17.11m	56-01.75 10
2 Recla, Mike	SR Widener	16.43m	16.09m	52-09.50 8
3 Aguilar-Gonzalez, Noe	JR Lebanon Valley	14.57m	14.87m	48-09.50 6
4 Herbster, Dan	SO Widener	13.68m	14.34m	47-00.75 4
5 Williams, Tyler	SR Widener	13.89m	14.09m	46-02.75 2
6 Cucciarre, Alex	SO Widener	12.98m	13.83m	45-04.50 1
7 Martin, Kris	SR Widener	13.79m	13.64m	44-09.00
8 McQueen, Jermaine	FR Lebanon Valley	13.90m	13.39m	43-11.25
9 Tomlinson, Rodre	JR Alvernia	13.14m	13.15m	43-01.75
10 Guzman, Angel	SR Misericordia	13.89m	13.05m	42-09.75
11 Kulhamer, Justin	SR DeSales	13.97m	12.69m	41-07.75
12 Lawler, Rob	JR DeSales	14.09m	12.67m	41-07.00
13 Salcedo, Johnathan	JR Lebanon Valley	11.71m	12.64m	41-05.75
14 Kesler, Travis	SO Stevenson	12.49m	12.46m	40-10.50
15 Whalen, Dan	SO Widener	12.05m	12.39m	40-07.75
16 Crouch, Evan	FR Widener	11.91m	11.81m	38-09.00
17 Lentine, Mike	SO Delaware Valley	11.78m	11.73m	38-06.00
18 Price, Jelani	SO Manhattanville	11.60m	9.80m	32-02.00

Event 37 Men Heptathlon

MAC Indoor: R 4532 3/1/2014 Brian Layng, Elizabethtown

Name	Year School	Seed	Finals	Points
1 Engle, Drew	SR Messiah	4534	4694R	10
2 Orzol, Lee	SR DeSales	4212	4291	8
3 Clinchoc, Jeremiah	JR Alvernia	3833	4025	6
4 Cornelius, Dane	SO Messiah	3620	3912	4
5 Pavlik, E. Reid	JR Lebanon Valley	3326	3586	2
6 Gray, Aaron	FR Messiah	3189	3447	1
7 Allegrucci, Corey	FR Alvernia	3214	3435	
8 Kline, Matthew	FR Messiah	3385	3374	
9 McMinn, Brandon	FR Lebanon Valley	3046	3357	
10 Bonge, James	SO DeSales	3226	3281	
11 Dickinson, Jacob	SO Albright	3024	3227	
12 Hager-Perry, Austin	SO Hood	3197	3157	

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Name	Year School	Finals	H#	Points
1 Engle, Drew	SR Messiah	6.78	3	782
2 Orzol, Lee	SR DeSales	6.89	3	742
3 Clinchoc, Jeremiah	JR Alvernia	6.93	1	729
4 Kline, Matthew	FR Messiah	7.06	2	684
5 McMinn, Brandon	FR Lebanon Valley	7.07	1	681
6 Gray, Aaron	FR Messiah	7.10	2	671
7 Pavlik, E. Reid	JR Lebanon Valley	7.17	3	646
8 Cornelius, Dane	SO Messiah	7.27	1	613
9 Dickinson, Jacob	SO Albright	7.37	2	583
10 Hager-Perry, Austin	SO Hood	7.38	3	580
11 Bonge, James	SO DeSales	7.44	2	560
12 Allegrucci, Corey	FR Alvernia	7.46	1	554

Event 37 Heptathlon: #2 Men Long Jump Heptathlon

Name	Year School	Finals		Points
1 Clinchoc, Jeremiah	JR Alvernia	6.02m	19-09.00	591
2 Engle, Drew	SR Messiah	5.95m	19-06.25	576
3 Orzol, Lee	SR DeSales	5.71m	18-09.00	525
4 Allegrucci, Corey	FR Alvernia	5.54m	18-02.25	490
4 Kline, Matthew	FR Messiah	5.54m	18-02.25	490
6 Hager-Perry, Austin	SO Hood	5.46m	17-11.00	473
7 Pavlik, E. Reid	JR Lebanon Valley	5.37m	17-07.50	455
8 Bonge, James	SO DeSales	5.30m	17-04.75	441
9 Cornelius, Dane	SO Messiah	5.26m	17-03.25	433
9 Gray, Aaron	FR Messiah	5.26m	17-03.25	433
11 McMinn, Brandon	FR Lebanon Valley	4.97m	16-03.75	377
12 Dickinson, Jacob	SO Albright	4.82m	15-09.75	348

Event 37 Heptathlon: #3 Men Shot Put Heptathlon

Name	Year School	Finals		Points
1 Kline, Matthew	FR Messiah	10.95m	35-11.25	543
2 Pavlik, E. Reid	JR Lebanon Valley	10.23m	33-06.75	499
3 Clinchoc, Jeremiah	JR Alvernia	10.08m	33-01.00	490
4 Engle, Drew	SR Messiah	10.04m	32-11.25	488
5 Cornelius, Dane	SO Messiah	10.02m	32-10.50	487
6 McMinn, Brandon	FR Lebanon Valley	10.00m	32-09.75	486
7 Orzol, Lee	SR DeSales	9.69m	31-09.50	467
8 Gray, Aaron	FR Messiah	9.30m	30-06.25	444
9 Bonge, James	SO DeSales	8.96m	29-04.75	423
10 Dickinson, Jacob	SO Albright	8.83m	28-11.75	416
11 Allegrucci, Corey	FR Alvernia	8.77m	28-09.25	412
12 Hager-Perry, Austin	SO Hood	8.15m	26-09.00	375

Event 37 Heptathlon: #4 Men High Jump Heptathlon

Name	Year School	Finals		Points
1 Engle, Drew	SR Messiah	1.82m	5-11.50	644
2 Orzol, Lee	SR DeSales	1.73m	5-08.00	569

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...Event 37 Heptathlon: #4 Men High Jump Heptathlon

3	Kline, Matthew	FR	Messiah	1.70m	5-07.00	544
3	Allegrucci, Corey	FR	Alvernia	1.70m	5-07.00	544
5	Bonge, James	SO	DeSales	1.67m	5-05.75	520
6	McMinn, Brandon	FR	Lebanon Valley	1.61m	5-03.25	472
6	Gray, Aaron	FR	Messiah	1.61m	5-03.25	472
8	Cornelius, Dane	SO	Messiah	1.55m	5-01.00	426
8	Dickinson, Jacob	SO	Albright	1.55m	5-01.00	426
10	Clinchoc, Jeremiah	JR	Alvernia	1.52m	4-11.75	404
11	Hager-Perry, Austin	SO	Hood	1.49m	4-10.50	381
11	Pavlik, E. Reid	JR	Lebanon Valley	1.49m	4-10.50	381

Event 37 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year	School	Finals	H#	Points	
1	Orzol, Lee	SR	DeSales	9.18	2	707
2	Engle, Drew	SR	Messiah	9.37	2	666
3	Clinchoc, Jeremiah	JR	Alvernia	9.38	4	664
4	Allegrucci, Corey	FR	Alvernia	9.39	3	662
5	Cornelius, Dane	SO	Messiah	9.71	1	597
6	Gray, Aaron	FR	Messiah	10.03	3	535
7	Hager-Perry, Austin	SO	Hood	10.21	3	502
8	Dickinson, Jacob	SO	Albright	10.30	2	486
9	McMinn, Brandon	FR	Lebanon Valley	10.43	4	463
10	Pavlik, E. Reid	JR	Lebanon Valley	10.66	4	423
11	Bonge, James	SO	DeSales	11.51	1	292
12	Kline, Matthew	FR	Messiah	12.11	1	213

Event 37 Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year	School	Finals	Points
1	Orzol, Lee	SR	DeSales	4.51m 14-09.50 763
2	Engle, Drew	SR	Messiah	4.31m 14-01.75 705
2	Cornelius, Dane	SO	Messiah	4.31m 14-01.75 705
4	Bonge, James	SO	DeSales	3.81m 12-06.00 565
5	Dickinson, Jacob	SO	Albright	3.61m 11-10.00 511
5	Pavlik, E. Reid	JR	Lebanon Valley	3.61m 11-10.00 511
7	Clinchoc, Jeremiah	JR	Alvernia	3.51m 11-06.25 485
8	Kline, Matthew	FR	Messiah	3.11m 10-02.50 384
9	Gray, Aaron	FR	Messiah	2.91m 9-06.50 335
10	McMinn, Brandon	FR	Lebanon Valley	2.81m 9-02.50 312
11	Allegrucci, Corey	FR	Alvernia	2.51m 8-02.75 244
12	Hager-Perry, Austin	SO	Hood	2.41m 7-10.75 222

Event 37 Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year	School	Finals	Points
1	Engle, Drew	SR	Messiah	2:43.71 833
2	Pavlik, E. Reid	JR	Lebanon Valley	2:59.27 671
3	Clinchoc, Jeremiah	JR	Alvernia	3:00.27 662
4	Cornelius, Dane	SO	Messiah	3:01.38 651
5	Hager-Perry, Austin	SO	Hood	3:04.14 624
6	McMinn, Brandon	FR	Lebanon Valley	3:10.38 566

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7 Gray, Aaron	FR Messiah	3:11.41	557
8 Allegrucci, Corey	FR Alvernia	3:14.51	529
9 Orzol, Lee	SR DeSales	3:15.83	518
10 Kline, Matthew	FR Messiah	3:15.96	516
11 Bonge, James	SO DeSales	3:20.19	480
12 Dickinson, Jacob	SO Albright	3:22.91	457

Event 38 Women Indoor Pentathlon

MAC Indoor: R 3191 3/1/2012 Alexis Maylor, Delaware Valley					
Name	Year	School	Seed	Finals	Points
1 Mills, Alyssa	SR	Messiah	2447	2795	10
2 Cleary, Georgia	SO	Misericordia	2663	2727	8
3 Querfeld, Rebecca	SO	Messiah	2037	2726	6
4 Rogan, Emily	SO	DeSales	2461	2559	4
5 Maneval, Brooke	SO	Messiah	2278	2517	2
6 Mangogna, Jacqueline	FR	Hood	2203	2507	1
7 Brandt, Alyssa	SR	DeSales	2440	2398	
8 Nole, Anna	SR	Misericordia	2366	2365	
9 Mauer, Annese	SR	Lebanon Valley	2037	2281	
10 Gerchak, Taylor	JR	Lebanon Valley	1910	2246	
11 Grauer, Lauren	SR	Lebanon Valley	1648	1838	
12 Christmas, Andrea	FR	Hood	1818	1755	

Event 38 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year	School	Finals	H#	Points
1 Gerchak, Taylor	JR	Lebanon Valley	9.99	2	714
2 Mangogna, Jacqueline	FR	Hood	10.12	1	690
3 Querfeld, Rebecca	SO	Messiah	10.24	2	668
4 Rogan, Emily	SO	DeSales	10.27	4	662
5 Cleary, Georgia	SO	Misericordia	10.43	4	634
6 Mills, Alyssa	SR	Messiah	10.46	3	629
7 Nole, Anna	SR	Misericordia	10.61	3	602
8 Brandt, Alyssa	SR	DeSales	10.65	4	595
9 Mauer, Annese	SR	Lebanon Valley	10.67	2	592
10 Maneval, Brooke	SO	Messiah	11.28	1	491
11 Grauer, Lauren	SR	Lebanon Valley	11.45	1	465
12 Christmas, Andrea	FR	Hood	11.78	3	415

Event 38 Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1 Nole, Anna	SR	Misericordia	1.54m	5-00.50 666
2 Mills, Alyssa	SR	Messiah	1.51m	4-11.50 632
3 Querfeld, Rebecca	SO	Messiah	1.48m	4-10.25 599
4 Brandt, Alyssa	SR	DeSales	1.45m	4-09.00 566
4 Maneval, Brooke	SO	Messiah	1.45m	4-09.00 566
6 Mangogna, Jacqueline	FR	Hood	1.42m	4-07.75 534
6 Cleary, Georgia	SO	Misericordia	1.42m	4-07.75 534
6 Rogan, Emily	SO	DeSales	1.42m	4-07.75 534
9 Gerchak, Taylor	JR	Lebanon Valley	1.39m	4-06.75 502

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10 Mauer, Annese	SR Lebanon Valley	1.33m	4-04.25	439
11 Grauer, Lauren	SR Lebanon Valley	1.27m	4-02.00	379
12 Christmas, Andrea	FR Hood	1.24m	4-00.75	350

Event 38 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year School	Finals	Points	
1 Maneval, Brooke	SO Messiah	10.83m	35-06.50	584
2 Querfeld, Rebecca	SO Messiah	9.93m	32-07.00	525
3 Mills, Alyssa	SR Messiah	9.63m	31-07.25	505
4 Cleary, Georgia	SO Misericordia	8.54m	28-00.25	434
5 Brandt, Alyssa	SR DeSales	8.33m	27-04.00	421
6 Mauer, Annese	SR Lebanon Valley	7.69m	25-02.75	379
7 Gerchak, Taylor	JR Lebanon Valley	7.35m	24-01.50	357
8 Rogan, Emily	SO DeSales	7.31m	23-11.75	355
9 Christmas, Andrea	FR Hood	7.17m	23-06.25	346
10 Grauer, Lauren	SR Lebanon Valley	6.92m	22-08.50	330
11 Mangogna, Jacqueline	FR Hood	6.78m	22-03.00	321
12 Nole, Anna	SR Misericordia	6.60m	21-08.00	309

Event 38 Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year School	Finals	Points	
1 Cleary, Georgia	SO Misericordia	4.86m	15-11.50	522
2 Mills, Alyssa	SR Messiah	4.82m	15-09.75	511
3 Rogan, Emily	SO DeSales	4.80m	15-09.00	506
4 Mauer, Annese	SR Lebanon Valley	4.69m	15-04.75	477
5 Mangogna, Jacqueline	FR Hood	4.54m	14-10.75	438
6 Maneval, Brooke	SO Messiah	4.46m	14-07.75	418
7 Brandt, Alyssa	SR DeSales	4.27m	14-00.25	371
8 Querfeld, Rebecca	SO Messiah	4.25m	13-11.50	367
9 Nole, Anna	SR Misericordia	4.22m	13-10.25	359
10 Gerchak, Taylor	JR Lebanon Valley	4.17m	13-08.25	347
11 Grauer, Lauren	SR Lebanon Valley	3.89m	12-09.25	283
12 Christmas, Andrea	FR Hood	3.80m	12-05.75	263

Event 38 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year School	Finals	Points
1 Cleary, Georgia	SO Misericordia	2:37.41	603
2 Querfeld, Rebecca	SO Messiah	2:40.48	567
3 Mangogna, Jacqueline	FR Hood	2:44.34	524
4 Mills, Alyssa	SR Messiah	2:44.91	518
5 Rogan, Emily	SO DeSales	2:46.36	502
6 Maneval, Brooke	SO Messiah	2:50.52	458
7 Brandt, Alyssa	SR DeSales	2:51.78	445
8 Nole, Anna	SR Misericordia	2:53.36	429
9 Mauer, Annese	SR Lebanon Valley	2:56.93	394
10 Christmas, Andrea	FR Hood	2:58.33	381
11 Grauer, Lauren	SR Lebanon Valley	2:58.35	381
12 Gerchak, Taylor	JR Lebanon Valley	3:04.33	326

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 Women - Team Rankings - 19 Events Scored
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1) Misericordia	151	2) Lebanon Valley	129
3) Messiah	109	4) Widener	66
5) DeSales	52	6) Alvernia	38
7) Manhattanville	20	8) Hood	13
9) Stevenson	9	10) Delaware Valley	2

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 Men - Team Rankings - 19 Events Scored
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1) Widener	171	2) Messiah	115
3) Lebanon Valley	79	4) Misericordia	65
5) DeSales	55	6) Delaware Valley	42
7) Albright	41	8) Alvernia	14
9) Stevenson	5	10) Manhattanville	1