

**2022 MIDDLE ATLANTIC CONFERENCE INDOOR  
CHAMPIONSHIPS**Reading, PA  
Tom & Helen Flynn Complex  
2/25/2022 - 2/26/2022**MEET OFFICIALS**

Meet Director:

Timing:  
MAC-FAT, LLC.**OFFICIAL MEET REPORT**  
printed: 2/26/2022 5:37 PM**RESULTS****#1 Men's 4000m DMR**M MAC Indoor Champ 10:24.11 Z Davis, D Oyola, R Newman, A Fitch Misericordia 2/22/2019  
O MAC Indoor Overall 9:56.80 A. Focht, C. Niles, M. Rever, R. Speiden Elizabethtown 2012

Pl	Team	Time	Note	Pts
1	DeSales (A)	10:28.37		10
	1) PHILLIPPY, Ben SO		2) RUTLEDGE, Ason JR	
	3) ARTIS, Shane SO		4) TYCE, Carl JR	
2	Widener (A)	10:30.82		8
	1) MILLAR, David SO		2) CROSBY, Andrew SR	
	3) GALICZYNSKI, Ryan JR		4) CARDIE, Joseph SR	
3	Stevens (A)	10:34.00		6
	1) MELAO, Ronnie SO		2) HOANG, Steven SO	
	3) ANTALA, Dhavan FR		4) AYLMEER, Jake FR	
4	Messiah (A)	10:35.84		5
	1) MCCARTHY, Josiah JR		2) WILKINSON, Aedan FR	
	3) KIMMEL, Nathan FR		4) MOYER, Josiah SO	
5	Lebanon Valley (A)	10:44.05		4
	1) LOY, Andrew SO		2) DI CESARE, Alec FR	
	3) ESCHINGER, McKendry FR		4) CAMPAGNA, Jeffrey SR	
6	Stevenson (A)	10:54.06		3
	1) SCHINDLER, Hayden FR		2) HAMILTON, Malik SO	
	3) WOMACK, Johnathan SO		4) BARRETT, Jake SO	
7	York (Pa.) (A)	11:02.38		2
	1) HUNT, Tyler FR		2) EVANS, Cy JR	
	3) NOLAN, Pierce FR		4) WINGARD, Jacob FR	
8	Alvernia (A)	11:03.49		1
	1) RODRIGUEZ JR., Emmanuel FR		2) LOEHR, Adam JR	
	3) NEISWENDER, Segin FR		4) SCHERMERHORN, Kyle FR	
9	Delaware Valley (A)	11:14.35		
	1) KAUFMAN, Justin FR		2) COOPER, Logan SR	
	3) BERBERABE, Ethan SR		4) OWEN, Carter FR	
10	Misericordia (A)	11:26.67		
	1) LONGSTRETH, Chandler FR		2) BROWN, Dimitri FR	
	3) BARE, Zachary FR		4) BITERA, Cholo FR	
11	King's (Pa.) (A)	11:35.53		
	1) PETTY, Tyler FR		2) NOVROCKI, Andrew FR	
	3) TOMASEK, Garret FR		4) TAYLOR, Logan FR	
12	Arcadia (A)	11:43.00		
	1) WALTER, Kevin JR		2) WRAGG, Samuel SR	
	3) IP, Sean FR		4) NOBLE, Joshua SO	

**2022 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPS**

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**RESULTS****#2 Women's 4000m DMR**

M	MAC Indoor Champ	12:14.01	T. Barlow, L. McGarrity, S. Bulter, G.	DeSales	2005	
O	MAC Indoor Overall	11:59.22	A. Viti, M. Fairchild, K. Fairchild, B.	Misericordia	2016	
Pl	Team	Time	Note	Pts		
1	Messiah (A)	12:34.38		10		
	1) DICKOW, Kate SO		2) CHANDLER, Cassidy SO			
	3) CORY, Olivia SO		4) SEELAND, Esther JR			
2	Widener (A)	12:37.60		8		
	1) GROETZ, Sarah JR		2) LOWNES, Carly SO			
	3) SWEELY, Jaden FR		4) BERNOTAS, Katelyn SR			
3	Misericordia (A)	12:45.23		6		
	1) WAGNER, Brianna FR		2) ALLEN, Casey FR			
	3) RINE, Averi SO		4) DEVRIES, Sarah FR			
4	Arcadia (A)	12:59.22		5		
	1) GORDLEY, Micah SO		2) NOCCHI, Mackenzie SO			
	3) BOCHARD, Kira SR		4) DAWSON, Tate SR			
5	DeSales (A)	13:00.24		4		
	1) MARKWALTER, LeeAnn SR		2) KLINGER, Delaney JR			
	3) MURPHY, Sara JR		4) SMITH, Amelia JR			
6	Stevens (A)	13:08.93		3		
	1) FEERICK, Fiona FR		2) CANCIANI, Allie FR			
	3) BURDEN, Nina FR		4) PINHO, Rachel FR			
7	York (Pa.) (A)	13:15.23		2		
	1) HENRY, Paige FR		2) BARKDOLL, Hannah FR			
	3) KOZIOLEK, Cassie FR		4) SKANE, Sarah SO			
8	Lebanon Valley (A)	13:16.80		1		
	1) JONES, Keri SR		2) WAWRYZNSKI, Julia SO			
	3) ORTT, Sarah FR		4) HOFFMAN, Marah JR			
9	Stevenson (A)	13:25.06				
	1) AL NASERI, Maryam SO		2) GOOCH, Olivia JR			
	3) MELLSTROM, Lauren SO		4) SABO, Mikhayla JR			
10	King's (Pa.) (A)	13:31.83				
	1) ZAMBETTI, Nicole FR		2) DAINAUSKI, Laura FR			
	3) JOHNSON, Julia FR		4) ALBRIGHT, Beth JR			

**#3 Men's 60m Hurdles**

M	MAC Indoor Champ	8.22	Buhr, Owen	Lebanon Valley	2/26/2022	Tom & Helen
O	MAC Indoor Overall	8.19	Jerome Duncan	Lebanon Valley	2012	

**Finals**

Pl	Name	Yr	Team	Time	Note	Pts
1	BUHR, Owen		JR Lebanon Valley	8.22		10
2	CHATMON, Keith		FR York (Pa.)	8.41		8
3	REED, Zachary		SO Lebanon Valley	8.50		6
4	SHEA, Michael		JR Eastern	8.74		5

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**RESULTS****#3 Men's 60m Hurdles (cont'd)****Finals**

Pl	Name	Yr Team	Time	Note	Pts
5	HERR, Derek	SO York (Pa.)	8.77		4
6	STEELE, John	FR Messiah	8.78		3
7	MURTHA, Daniel	FR Lebanon Valley	8.81		2
8	SCHOTT, Andrew	JR Messiah	8.89		1

**Prelims**

Pl	Name	Yr Team	Time	Note	H(Pl)
1	BUHR, Owen	JR Lebanon Valley	8.39Q		2(1)
2	CHATMON, Keith	FR York (Pa.)	8.41Q		1(1)
3	REED, Zachary	SO Lebanon Valley	8.47q		1(2)
4	HERR, Derek	SO York (Pa.)	8.61q		2(2)
5	SHEA, Michael	JR Eastern	8.69q		2(3)
6	SCHOTT, Andrew	JR Messiah	8.78q		1(3)
7	STEELE, John	FR Messiah	8.81q		1(4)
8	MURTHA, Daniel	FR Lebanon Valley	8.83q		2(4)
9	YACOUBIAN, Federico	FR Stevens	9.02		2(5)
10	BERNER, Logan	SO DeSales	9.12		2(6)
11	WALKER, Sidney	JR Albright	9.18		1(5)
12	MCWILLIAMS, Xavier	FR Stevens	9.25		1(6)
13	VILLANO, John	SO Albright	9.39		1(7)
14	SOTO, Justin	SO Arcadia	9.58		2(7)
15	RHINEHART, Joel	JR Messiah	9.69		1(8)

**HEAT RESULTS****Prelims**

Pl	Name	Yr Team	Time	Note
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**Heat 1 of 2**

1	CHATMON, Keith	FR York (Pa.)	8.41Q	
2	REED, Zachary	SO Lebanon Valley	8.47q	
3	SCHOTT, Andrew	JR Messiah	8.78q	
4	STEELE, John	FR Messiah	8.81q	
5	WALKER, Sidney	JR Albright	9.18	
6	MCWILLIAMS, Xavier	FR Stevens	9.25	
7	VILLANO, John	SO Albright	9.39	
8	RHINEHART, Joel	JR Messiah	9.69	

**Heat 2 of 2**

1	BUHR, Owen	JR Lebanon Valley	8.39Q	
2	HERR, Derek	SO York (Pa.)	8.61q	
3	SHEA, Michael	JR Eastern	8.69q	
4	MURTHA, Daniel	FR Lebanon Valley	8.83q	
5	YACOUBIAN, Federico	FR Stevens	9.02	
6	BERNER, Logan	SO DeSales	9.12	
7	SOTO, Justin	SO Arcadia	9.58	

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**RESULTS****#4 Women's 60m Hurdles**

M	MAC Indoor Champ	8.79	Mathews, Laura	Stevens	2/25/2022	Tom & Helen
O	MAC Indoor Overall	8.79	Mathews, Laura	Stevens	2/25/2022	Tom & Helen

**Finals**

Pl	Name	Yr	Team	Time	Note	Pts
1	MATHEWS, Laura		SO Stevens	8.84		10
2	PENA, Julia		SO York (Pa.)	8.99		8
3	PIROLLO, Susanna		SR Alvernia	9.58		6
4	DARRELL, Kiiantay		SO DeSales	9.59		5
5	MULLEN, Sarah		FR Delaware Valley	9.60		4
6	WILLIAMS, Kristen		SO Stevens	9.62		3
7	MILLER, Claire		FR Messiah	9.92		2
8	WALETZKI, Nicole		FR Stevens	10.10		1

**Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	MATHEWS, Laura		SO Stevens	ORMR 8.79Q		3(1)
2	PENA, Julia		SO York (Pa.)	9.01Q		2(1)
3	DARRELL, Kiiantay		SO DeSales	9.52Q		1(1)
4	PIROLLO, Susanna		SR Alvernia	9.58q		3(2)
5	WILLIAMS, Kristen		SO Stevens	9.59q		1(2)
6	MILLER, Claire		FR Messiah	9.77q		3(3)
7	WALETZKI, Nicole		FR Stevens	9.88q		1(3)
8	MULLEN, Sarah		FR Delaware Valley	9.89q		2(2)
9	BANKERT, Isabella		FR York (Pa.)	10.02		1(4)
10	SENSENIG, Olivia		FR Lebanon Valley	10.07		1(5)
11	ZULTEVICZ, Victoria		FR King's (Pa.)	10.18		2(3)
12	DAVIS, Xiahna		FR Misericordia	10.24		3(4)
13	STERNBERG, Caitlin		FR Alvernia	10.33		2(4)
14	ZUO, Sophia		SO Stevens	10.42		3(5)
15	DOWELL, Allie		SO DeSales	10.45		1(6)
16	STEIBLER, Autumn		FR King's (Pa.)	10.57		2(5)
17	MCGLYN, Magdalyn		FR Widener	10.59		3(6)
18	MACK, Kiana		SO Stevenson	10.67		2(6)
19	KOWALSKI, Isabella		FR Arcadia	10.71		3(7)
20	WOHLFARTH, Alyssa		FR Albright	11.33		2(7)

**HEAT RESULTS****Prelims**

Pl	Name	Yr	Team	Time	Note
<b>Heat 1 of 3</b>					
1	DARRELL, Kiiantay		SO DeSales	9.52Q	
2	WILLIAMS, Kristen		SO Stevens	9.59q	
3	WALETZKI, Nicole		FR Stevens	9.88q	
4	BANKERT, Isabella		FR York (Pa.)	10.02	
5	SENSENIG, Olivia		FR Lebanon Valley	10.07	
6	DOWELL, Allie		SO DeSales	10.45	

**Heat 2 of 3**

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printed: 2/26/2022 5:37 PM**RESULTS****#4 Women's 60m Hurdles (cont'd)****Prelims**

Pl	Name	Yr Team	Time	Note
1	PENA, Julia	SO York (Pa.)	9.01q	
2	MULLEN, Sarah	FR Delaware Valley	9.89q	
3	ZULTEVICZ, Victoria	FR King's (Pa.)	10.18	
4	STERNBERG, Caitlin	FR Alvernia	10.33	
5	STEIBLER, Autumn	FR King's (Pa.)	10.57	
6	MACK, Kiana	SO Stevenson	10.67	
7	WOHLFARTH, Alyssa	FR Albright	11.33	

**Heat 3 of 3**

1	MATHEWS, Laura	SO Stevens	ORMR 8.79q	
2	PIROLLO, Susanna	SR Alvernia	9.58q	
3	MILLER, Claire	FR Messiah	9.77q	
4	DAVIS, Xiahna	FR Misericordia	10.24	
5	ZUO, Sophia	SO Stevens	10.42	
6	MCGLYN, Magdalyn	FR Widener	10.59	
7	KOWALSKI, Isabella	FR Arcadia	10.71	

**#5 Men's 60 Meters**

M	MAC Indoor Champ	6.86	Dereck Davis	Stevenson	2/28/2020
O	MAC Indoor Overall	6.81	Dereck Davis	Stevenson	2020

**Finals**

Pl	Name	Yr Team	Time	Note	Pts
1	SUMMERS, Cameron	SO Stevenson	6.93		10
2	BUHR, Owen	JR Lebanon Valley	6.95		8
3	WILLIAMS, Jeremiah	SO Stevenson	7.12		6
4	HIGGINS, Ian	FR York (Pa.)	7.20	7.193	5
5	PROVAN, Brendan	SR Messiah	7.20	7.198	4
6	SMYTHE, Messiah	FR Delaware Valley	7.36		3
7	ODEY, Omaji	JR Widener	7.47		2
8	MCCARDELL, Derek	FR Lebanon Valley	11.16		1

**Prelims**

Pl	Name	Yr Team	Time	Note	H(Pl)
1	BUHR, Owen	JR Lebanon Valley	6.99q		3(1)
2	SUMMERS, Cameron	SO Stevenson	7.00q		4(1)
3	PROVAN, Brendan	SR Messiah	7.10q		2(1)
4	WILLIAMS, Jeremiah	SO Stevenson	7.11q		1(1)
5	HIGGINS, Ian	FR York (Pa.)	7.15q		2(2)
6	ODEY, Omaji	JR Widener	7.18q		1(2)
7	MCCARDELL, Derek	FR Lebanon Valley	7.20q		4(2)
8	SMYTHE, Messiah	FR Delaware Valley	7.21q	7.205	3(2)
9	ST HILAIRE, Jonathan	JR Delaware Valley	7.21	7.205	1(3)
10	MINS, Jamel	FR Hood	7.24		2(3)
11	ELLINGTON, Evan	JR Hood	7.25		3(3)
12	CIPRIANO, Jarod	JR Misericordia	7.27		1(4)
13	SHORT, Jack	SO Alvernia	7.32	7.311	3(4)
14	LINDER, Owen	FR Lebanon Valley	7.32	7.318	1(5)

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**RESULTS****#5 Men's 60 Meters (cont'd)****Prelims**

Pl Name	Yr Team	Time	Note	H(Pl)
15 SAYEH, Salekri	JR Widener	7.33		4(3)
16 CAPPIELLO, Jacob	FR Widener	7.34		2(4)
17 SERRANO, Alijah	FR Albright	7.35		4(4)
18 AVERY, Brendan	FR King's (Pa.)	7.36		1(6)
19 BRUNELLE, Matthieu	FR Misericordia	7.41	7.401	1(7)
20 HARDISON, Quincy	FR York (Pa.)	7.41	7.405	4(5)
21 SOLANO, Alex	SO King's (Pa.)	7.41	7.408	2(5)
22 BATTLE, Jeremiah	FR Stevenson	7.44		2(6)
23 JACKSON, Brandon	JR Widener	7.47		2(7)
24 DARDEN, Dereck	FR Widener	7.48		4(6)
25 MARANSKY, Matthew	FR Misericordia	7.49		3(5)
26 HORAK, Matt	SO DeSales	7.52		3(6)
27 NGUYEN, Huy	SO Widener	7.56		3(7)
28 HARRIS, Jade	SR Albright	7.59		4(7)

**HEAT RESULTS****Prelims**

Pl Name	Yr Team	Time	Note
<b>Heat 1 of 4</b>			
1 WILLIAMS, Jeremiah	SO Stevenson	7.11q	
2 ODEY, Omaji	JR Widener	7.18q	
3 ST HILAIRE, Jonathan	JR Delaware Valley	7.21	7.205
4 CIPRIANO, Jarod	JR Misericordia	7.27	
5 LINDER, Owen	FR Lebanon Valley	7.32	7.318
6 AVERY, Brendan	FR King's (Pa.)	7.36	
7 BRUNELLE, Matthieu	FR Misericordia	7.41	7.401
<b>Heat 2 of 4</b>			
1 PROVAN, Brendan	SR Messiah	7.10q	
2 HIGGINS, Ian	FR York (Pa.)	7.15q	
3 MINS, Jamel	FR Hood	7.24	
4 CAPPIELLO, Jacob	FR Widener	7.34	
5 SOLANO, Alex	SO King's (Pa.)	7.41	7.408
6 BATTLE, Jeremiah	FR Stevenson	7.44	
7 JACKSON, Brandon	JR Widener	7.47	
<b>Heat 3 of 4</b>			
1 BUHR, Owen	JR Lebanon Valley	6.99q	
2 SMYTHE, Messiah	FR Delaware Valley	7.21q	7.205
3 ELLINGTON, Evan	JR Hood	7.25	
4 SHORT, Jack	SO Alvernia	7.32	7.311
5 MARANSKY, Matthew	FR Misericordia	7.49	
6 HORAK, Matt	SO DeSales	7.52	
7 NGUYEN, Huy	SO Widener	7.56	
<b>Heat 4 of 4</b>			
1 SUMMERS, Cameron	SO Stevenson	7.00q	
2 MCCARDELL, Derek	FR Lebanon Valley	7.20q	

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**RESULTS****#5 Men's 60 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	Note
3	SAYEH, Salekri		JR Widener	7.33	
4	SERRANO, Alijah		FR Albright	7.35	
5	HARDISON, Quincy		FR York (Pa.)	7.41	7.405
6	DARDEN, Dereck		FR Widener	7.48	
7	HARRIS, Jade		SR Albright	7.59	

**#6 Women's 60 Meters**

M	MAC Indoor Champ	7.63	Oniesha Clarke	Misericordia	2/25/2017
O	MAC Indoor Overall	7.63	Oniesha Clark	Misericordia	2017

**Finals**

Pl	Name	Yr	Team	Time	Note	Pts
1	MATHEWS, Laura		SO Stevens	7.82		10
2	SCHWARZ, Elisabeth		FR Alvernia	7.84		8
3	MUZZARELLI, Maria		FR Widener	8.01		6
4	WAGNER, Sarah		FR Misericordia	8.07		5
5	HERZOG, Olivia		JR Alvernia	8.12		4
6	MIHALKO, Natasha		FR Misericordia	8.16		3
7	LONGSHAW, Ellie		JR Messiah	8.20		2
8	BADILLO, Sonialys		SO Misericordia	8.56		1

**Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	MATHEWS, Laura		SO Stevens	7.91Q		4(1)
2	SCHWARZ, Elisabeth		FR Alvernia	7.95Q		3(1)
3	MUZZARELLI, Maria		FR Widener	8.04q		4(2)
4	WAGNER, Sarah		FR Misericordia	8.06Q		1(1)
5	LONGSHAW, Ellie		JR Messiah	8.13q	8.123	1(2)
6	BADILLO, Sonialys		SO Misericordia	8.13Q	8.127	2(1)
7	HERZOG, Olivia		JR Alvernia	8.15q		4(3)
8	MIHALKO, Natasha		FR Misericordia	8.16q		3(2)
9	WILSON, Kyla		FR Stevenson	8.18		2(2)
10	GRAYBILL, Emma		FR Messiah	8.21		1(3)
11	CRAIG, Olivia		SR DeSales	8.23		3(3)
12	MCCURDY, Hannah		SO Lebanon Valley	8.27	8.264	1(4)
13	KANE, Grace		FR Delaware Valley	8.27	8.270	3(4)
14	JENNETT, Halle		FR Messiah	8.34	8.331	4(4)
15	SPRINGER, Abigail		FR King's (Pa.)	8.34	8.332	4(5)
16	BYNUM-BAIN, Taylor		FR Eastern	8.39		2(3)
17	MASON, Shania		FR Hood	8.44	8.432	3(5)
18	PEYTON, Danielle		JR Widener	8.44	8.439	2(4)
19	HOLDER, Rehanna		SR Albright	8.47		2(5)
20	DAY, Skylia		FR Stevenson	8.49		1(5)
21	BROGA, Angelina		SO King's (Pa.)	8.50		4(6)
22	BRADY, Juliet		FR King's (Pa.)	8.56		2(6)
23	PELLER, Melissa		FR DeSales	8.57		3(6)
24	GOROPSE, Jenna		FR Misericordia	8.60		4(7)

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printed: 2/26/2022 5:37 PM**RESULTS****#6 Women's 60 Meters (cont'd)****Prelims**

Pl Name	Yr Team	Time	Note	H(Pl)
25 ROPER, Breyanna	SO DeSales	8.63		1(6)

**HEAT RESULTS****Prelims**

Pl Name	Yr Team	Time	Note
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**Heat 1 of 4**

1 WAGNER, Sarah	FR Misericordia	8.06Q	
2 LONGSHAW, Ellie	JR Messiah	8.13q	8.123
3 GRAYBILL, Emma	FR Messiah	8.21	
4 MCCURDY, Hannah	SO Lebanon Valley	8.27	8.264
5 DAY, Skylia	FR Stevenson	8.49	
6 ROPER, Breyanna	SO DeSales	8.63	

**Heat 2 of 4**

1 BADILLO, Sonialys	SO Misericordia	8.13Q	8.127
2 WILSON, Kyla	FR Stevenson	8.18	
3 BYNUM-BAIN, Taylor	FR Eastern	8.39	
4 PEYTON, Danielle	JR Widener	8.44	8.439
5 HOLDER, Rehanna	SR Albright	8.47	
6 BRADY, Juliet	FR King's (Pa.)	8.56	

**Heat 3 of 4**

1 SCHWARZ, Elisabeth	FR Alvernia	7.95Q	
2 MIHALKO, Natasha	FR Misericordia	8.16q	
3 CRAIG, Olivia	SR DeSales	8.23	
4 KANE, Grace	FR Delaware Valley	8.27	8.270
5 MASON, Shania	FR Hood	8.44	8.432
6 PELLER, Melissa	FR DeSales	8.57	

**Heat 4 of 4**

1 MATHEWS, Laura	SO Stevens	7.91Q	
2 MUZZARELLI, Maria	FR Widener	8.04q	
3 HERZOG, Olivia	JR Alvernia	8.15q	
4 JENNETT, Halle	FR Messiah	8.34	8.331
5 SPRINGER, Abigail	FR King's (Pa.)	8.34	8.332
6 BROGA, Angelina	SO King's (Pa.)	8.50	
7 GOROPSE, Jenna	FR Misericordia	8.60	

**#7 Men's 5000 Meters**

M	MAC Indoor Champ	14:44.12	Patrick Watson	Stevenson	2/28/2020
O	MAC Indoor Overall	14:18.40	Macharia Yuot	Widener	2006

Pl Name	Yr Team	Time	Note	Pts
1 HORST, Logan	SO Messiah	15:26.64		10
2 HUTCHINSON, Andrew	SO Messiah	15:28.06		8
3 CALISTI, Noah	FR Messiah	15:29.68		6
4 CAROLAN, Patrick	JR Widener	15:30.16		5
5 COSTELLO, Kyle	FR Messiah	15:30.81		4
6 GRIFFIN, Noah	JR Lebanon Valley	15:40.65		3
7 WACKER, Matthew	SR Alvernia	15:43.60		2



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**RESULTS****#7 Men's 5000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note	Pts
8	SANTACOLOMA, Matt	JR	DeSales	15:46.42		1
9	CONCANNON, Liam	FR	Stevens	15:48.01		
10	KOBER, Stephen	JR	Misericordia	15:51.95		
11	COVERT, Isaac	JR	Messiah	15:56.15		
12	ROWLEY, Stephen	FR	Misericordia	15:58.41		
13	HALVORSEN, Matthew	SO	Stevens	16:01.90		
14	VALDERRABANO, Isaac	SO	York (Pa.)	16:11.62		
15	BERGER, Jordan	SO	Lebanon Valley	16:18.41		
16	HAYNES, Tanner	JR	Lebanon Valley	16:37.35		
	HIGGS, Matt	JR	Messiah	DNS		

**#8 Women's 5000 Meters**

M	MAC Indoor Champ	17:32.05	Clare Schoen	Misericordia	2/22/2019	
O	MAC Indoor Overall	17:07.52	Clare Schoen	Misericordia	2018	"Banked"

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	BERNOTAS, Mary	JR	Eastern	18:14.15		2(1)	10
2	MURPHY, Grace	JR	Widener	18:15.37		2(2)	8
3	THOMPSON, Alexa	JR	Misericordia	18:16.92		2(3)	6
4	GABLE, Carly	SO	Widener	18:31.06		2(4)	5
5	WICK, Lauren	SR	Lebanon Valley	18:35.90		2(5)	4
6	TOMKO, Zoe	FR	King's (Pa.)	18:47.30		2(6)	3
7	HABERSTROH, Jordan	JR	York (Pa.)	19:08.21		2(7)	2
8	SYKES, Abby	SR	York (Pa.)	19:08.52		2(8)	1
9	JONES, Katherine	FR	Misericordia	19:13.40		2(9)	
10	SCHUTTE, Ali	SO	Messiah	19:37.91		2(10)	
11	FRIES, Isabel	SO	Alvernia	19:39.30		2(11)	
12	DEMICHIEL, Sophie	JR	Arcadia	19:42.17		1(1)	
13	STROUSE, Amber	JR	York (Pa.)	19:48.51		1(2)	
14	POWELL, Teddi	SO	Messiah	19:56.36		2(12)	
15	BLACKMON, Alyssa	FR	Delaware Valley	19:57.25		1(3)	
16	PROTHERO, Katelyn	JR	Messiah	19:59.22		2(13)	
17	RUDOLPH, Emily	FR	Widener	20:03.49		1(4)	
18	HUGHEY, Kayla	FR	Misericordia	20:06.43		2(14)	
19	BLAIR, Shannon	SR	DeSales	20:21.34		2(15)	
20	BATH, Sarah	SO	Messiah	20:25.15		1(5)	
21	HOWLAND, Kirsten	FR	Messiah	20:28.82		1(6)	
22	FETTEROFF, Danielle	FR	Lebanon Valley	20:31.04		2(16)	
23	DONNELLY, Anna	JR	Lebanon Valley	20:40.63		1(7)	
24	SNYDER, Kaitlyn	FR	Alvernia	20:48.43		2(17)	
25	FEERICK, Fionna	FR	Stevens	21:21.96		2(18)	
26	VAN TASSELL, Taylor	JR	Misericordia	21:51.88		1(8)	

**SECTION RESULTS**

Pl	Name	Yr	Team	Time	Note
<b>Section 1 of 2</b>					
1	DEMICHIEL, Sophie	JR	Arcadia	19:42.17	

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**RESULTS****#8 Women's 5000 Meters (cont'd)**

Pl	Name	Yr Team	Time	Note
2	STROUSE, Amber	JR York (Pa.)	19:48.51	
3	BLACKMON, Alyssa	FR Delaware Valley	19:57.25	
4	RUDOLPH, Emily	FR Widener	20:03.49	
5	BATH, Sarah	SO Messiah	20:25.15	
6	HOWLAND, Kirsten	FR Messiah	20:28.82	
7	DONNELLY, Anna	JR Lebanon Valley	20:40.63	
8	VAN TASSELL, Taylor	JR Misericordia	21:51.88	

**Section 2 of 2**

1	BERNOTAS, Mary	JR Eastern	18:14.15	
2	MURPHY, Grace	JR Widener	18:15.37	
3	THOMPSON, Alexa	JR Misericordia	18:16.92	
4	GABLE, Carly	SO Widener	18:31.06	
5	WICK, Lauren	SR Lebanon Valley	18:35.90	
6	TOMKO, Zoe	FR King's (Pa.)	18:47.30	
7	HABERSTROH, Jordan	JR York (Pa.)	19:08.21	
8	SYKES, Abby	SR York (Pa.)	19:08.52	
9	JONES, Katherine	FR Misericordia	19:13.40	
10	SCHUTTE, Ali	SO Messiah	19:37.91	
11	FRIES, Isabel	SO Alvernia	19:39.30	
12	POWELL, Teddi	SO Messiah	19:56.36	
13	PROTHERO, Katelyn	JR Messiah	19:59.22	
14	HUGHEY, Kayla	FR Misericordia	20:06.43	
15	BLAIR, Shannon	SR DeSales	20:21.34	
16	FETTEROFF, Danielle	FR Lebanon Valley	20:31.04	
17	SNYDER, Kaitlyn	FR Alvernia	20:48.43	
18	FEERICK, Fionna	FR Stevens	21:21.96	

**#9 Men's 4 x 200m Relay**

M	MAC Indoor Champ	1:30.95	M. Dube, O. Olugbenga, j. Daddario, J.	Misericordia	2/23/2018		
O	MAC Indoor Overall	1:29.74	M. Dube, O. Olugbenga, J. Daddario, J.	Misericordia	2018		
Pl	Team				Time	Note	H(Pl) Pts
1	Lebanon Valley (A)				1:31.30		3(1) 10
	1) BUHR, Owen JR		2) LINDER, Owen FR				
	3) GRAUER, Logan JR		4) REED, Zachary SO				
2	Widener (A)				1:32.37		3(2) 8
	1) JOHN, Michael JR		2) SAYEH, Salekri JR				
	3) ODEY, Omaji JR		4) KNOWLES, Samuel FR				
3	Delaware Valley (A)				1:33.04		3(3) 6
	1) SMYTHE, Messiah FR		2) O'DUNLAMI, Matt FR				
	3) MASON, Dontae FR		4) COOPER, Logan SR				
4	York (Pa.) (A)				1:33.26		2(1) 5
	1) HARDISON, Quincy FR		2) HERR, Derek SO				
	3) CARRIGAN, Peter JR		4) HIGGINS, Ian FR				

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**RESULTS****#9 Men's 4 x 200m Relay (cont'd)**

Pl	Team	Time	Note	H(Pl)	Pts
5	Stevenson (A) 1) SUMMERS, Cameron SO 3) WILLIAMS, Jeremiah SO	1:33.30		1(1)	4
	2) RACCIOPPI, Jai FR 4) OYENIRAN, Jubelo FR				
6	Alvernia (A) 1) SHORT, Jack SO 3) CHUMAS, Aidan FR	1:36.91		1(2)	3
	2) KAZOKAS, Kevin FR 4) LOEHR, Adam JR				
7	Hood (A) 1) MINS, Jamel FR 3) ELLINGTON, Evan JR	1:37.08		2(2)	2
	2) NGUELE, Arnold FR 4) LEONARDI, Ryan SO				
8	King's (Pa.) (A) 1) SOLANO, Alex SO 3) SABO, Andrew FR	1:37.50		2(3)	1
	2) AVERY, Brendan FR 4) NOVROCKI, Andrew FR				
9	Eastern (A) 1) WILLIAMS, DaNeal SO 3) KRAH, Jake JR	1:37.75		2(4)	
	2) DANGLADE, Taylor JR 4) SHEA, Michael JR				
10	Arcadia (A) 1) SOTO, Justin SO 3) PINES ELLIOTT, Masai FR	1:38.56		1(3)	
	2) CARTER, Robert SO 4) WRAGG, Samuel SR				
11	Stevens (A) 1) LAMASTRA, Danny JR 3) TEMPLIN, Christian FR	1:41.90		3(4)	
	2) HOANG, Steven SO 4) HOWELL, Kenny SO				
	DeSales (A) 1) HORAK, Matt SO 3) DEREMER, Josh FR	DNF		1	
	2) CUMMINGS, Joeseeph JR 4) D'AMICO, Anthony FR				
	Albright (A) 1) SERRANO, Alijah FR 3) ORTEGA, Jose SO	DNF		2	
	2) GONYOE, Yaniv SR 4) HAMMOND, Gregory FR				
	Messiah (A) 1) WILKINSON, Aedan FR 3) PROVAN, Brendan SR	FS		3	
	2) HEISEY, Derek FR 4) HORST, Joshua FR				

**SECTION RESULTS**

Pl	Team	Time	Note
<b>Section 1 of 3</b>			
1	Stevenson (A) 1) SUMMERS, Cameron SO 3) WILLIAMS, Jeremiah SO	1:33.30	
	2) RACCIOPPI, Jai FR 4) OYENIRAN, Jubelo FR		
2	Alvernia (A) 1) SHORT, Jack SO 3) CHUMAS, Aidan FR	1:36.91	
	2) KAZOKAS, Kevin FR 4) LOEHR, Adam JR		
3	Arcadia (A)	1:38.56	

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Pl	Team	Time	Note
	1) SOTO, Justin SO	2) CARTER, Robert SO	
	3) PINES ELLIOTT, Masai FR	4) WRAGG, Samuel SR	
<b>Section 2 of 3</b>			
1	York (Pa.) (A)	1:33.26	
	1) HARDISON, Quincy FR	2) HERR, Derek SO	
	3) CARRIGAN, Peter JR	4) HIGGINS, Ian FR	
2	Hood (A)	1:37.08	
	1) MINS, Jamel FR	2) NGUELE, Arnold FR	
	3) ELLINGTON, Evan JR	4) LEONARDI, Ryan SO	
3	King's (Pa.) (A)	1:37.50	
	1) SOLANO, Alex SO	2) AVERY, Brendan FR	
	3) SABO, Andrew FR	4) NOVROCKI, Andrew FR	
4	Eastern (A)	1:37.75	
	1) WILLIAMS, DaNeal SO	2) DANGLADE, Taylor JR	
	3) KRAH, Jake JR	4) SHEA, Michael JR	
	Albright (A)	DNF	
	1) SERRANO, Alijah FR	2) GONYOE, Yaniv SR	
	3) ORTEGA, Jose SO	4) HAMMOND, Gregory FR	
<b>Section 3 of 3</b>			
1	Lebanon Valley (A)	1:31.30	
	1) BUHR, Owen JR	2) LINDER, Owen FR	
	3) GRAUER, Logan JR	4) REED, Zachary SO	
2	Widener (A)	1:32.37	
	1) JOHN, Michael JR	2) SAYEH, Salekri JR	
	3) ODEY, Omaji JR	4) KNOWLES, Samuel FR	
3	Delaware Valley (A)	1:33.04	
	1) SMYTHE, Messiah FR	2) O'DUNLAMI, Matt FR	
	3) MASON, Dontae FR	4) COOPER, Logan SR	
4	Stevens (A)	1:41.90	
	1) LAMASTRA, Danny JR	2) HOANG, Steven SO	
	3) TEMPLIN, Christian FR	4) HOWELL, Kenny SO	
	Messiah (A)	FS	
	1) WILKINSON, Aedan FR	2) HEISEY, Derek FR	
	3) PROVAN, Brendan SR	4) HORST, Joshua FR	

**#10 Women's 4 x 200m Relay**

M	MAC Indoor Champ	1:45.45	K.Fitti-Hafer, A. Farrell, I Anensteiner, J.	Lebanon Valley	2012		
O	MAC Indoor Overall	1:44.70	H. Norris, S. Perkins, J. Dunn, S. Grow	Misericordia	2013		
Pl	Team	Time	Note	H(Pl)	Pts		
1	Misericordia (A)	1:47.38		3(1)	10		
	1) BADILLO, Sonialys SO	2) HACKENBERG, Amber FR					
	3) MIHALKO, Natasha FR	4) WAGNER, Sarah FR					

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**RESULTS****#10 Women's 4 x 200m Relay (cont'd)**

Pl	Team	Time	Note	H(Pl)	Pts
2	Lebanon Valley (A)	1:47.87		3(2)	8
	1) MCCURDY, Hannah SO		2) BERKHEIMER, Darrian FR		
	3) PEIFFER, Alyssa FR		4) GOOD, Laura FR		
3	Alvernia (A)	1:48.04		2(1)	6
	1) SCHWARZ, Elisabeth FR		2) PHILIPPE, Jenna FR		
	3) YARBRAV, Micah SO		4) PIROLLO, Susanna SR		
4	Messiah (A)	1:48.81		3(3)	5
	1) LONGSHAW, Ellie JR		2) GRAYBILL, Emma FR		
	3) JENNETT, Halle FR		4) VARGAS, Elena FR		
5	Widener (A)	1:49.58		3(4)	4
	1) MUZZARELLI, Maria FR		2) KERVICK, Theresa FR		
	3) SCHULTZ, Emma FR		4) FORD, Tara SR		
6	Stevens (A)	1:49.66		3(5)	3
	1) MATHEWS, Laura SO		2) MEYER, Liana SO		
	3) CANCIANI, Allie FR		4) WALETZKI, Nicole FR		
7	Delaware Valley (A)	1:50.90		2(2)	2
	1) JOSEPH, Alysia SO		2) MULLEN, Sarah FR		
	3) KANE, Grace FR		4) HASTINGS, Kelly FR		
8	DeSales (A)	1:50.92		1(1)	1
	1) CRAIG, Olivia SR		2) RADCLIFFE, Abigail FR		
	3) DARRELL, Kiantay SO		4) ZIMEROFSKY, Haley JR		
9	Eastern (A)	1:52.33		2(3)	
	1) WHITE-VEGA, Aliza FR		2) PETERS, Samantha FR		
	3) CRAWFORD, Lindsey JR		4) ULAKY, Brianna JR		
10	Stevenson (A)	1:52.61		1(2)	
	1) WILSON, Jasmine FR		2) DAY, Skylia FR		
	3) MACK, Kiana SO		4) WILSON, Kyla FR		
11	King's (Pa.) (A)	1:52.68		2(4)	
	1) SPRINGER, Abigail FR		2) DAINAUSKI, Laura FR		
	3) BRADY, Juliet FR		4) BROGA, Angelina SO		
12	Hood (A)	1:55.38		1(3)	
	1) MASON, Shania FR		2) HANCOCK, Shayna SO		
	3) ROGERS, Mackenzie SO		4) CASTILLO, Gloria FR		
13	York (Pa.) (A)	1:56.39		2(5)	
	1) WAGNER, Jordan JR		2) BANKERT, Isabella FR		
	3) BRIA, Kristin JR		4) MANN, Payton FR		
14	Albright (A)	1:59.94		1(4)	
	1) HOLDER, Rehanna SR		2) CHARLES, Taisha SO		
	3) WOHLFARTH, Alyssa FR		4) RENE, Gabriella JR		
15	Arcadia (A)	2:03.98		1(5)	
	1) KOWALSKI, Isabella FR		2) MASONHEIMER, Paige FR		
	3) NOCCHI, Mackenzie SO		4) GLISTA, Morgan JR		

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**RESULTS****#10 Women's 4 x 200m Relay (cont'd)****SECTION RESULTS**

<b>Pl</b>	<b>Team</b>	<b>Time</b>	<b>Note</b>
<b>Section 1 of 3</b>			
1	DeSales (A)	1:50.92	
	1) CRAIG, Olivia SR	2) RADCLIFFE, Abigail FR	
	3) DARRELL, Kiantay SO	4) ZIMEROFSKY, Haley JR	
2	Stevenson (A)	1:52.61	
	1) WILSON, Jasmine FR	2) DAY, Skyliya FR	
	3) MACK, Kiana SO	4) WILSON, Kyla FR	
3	Hood (A)	1:55.38	
	1) MASON, Shania FR	2) HANCOCK, Shayna SO	
	3) ROGERS, Mackenzie SO	4) CASTILLO, Gloria FR	
4	Albright (A)	1:59.94	
	1) HOLDER, Rehanna SR	2) CHARLES, Taisha SO	
	3) WOHLFARTH, Alyssa FR	4) RENE, Gabriella JR	
5	Arcadia (A)	2:03.98	
	1) KOWALSKI, Isabella FR	2) MASONHEIMER, Paige FR	
	3) NOCCHI, Mackenzie SO	4) GLISTA, Morgan JR	
<b>Section 2 of 3</b>			
1	Alvernia (A)	1:48.04	
	1) SCHWARZ, Elisabeth FR	2) PHILIPPE, Jenna FR	
	3) YARBRAV, Micah SO	4) PIROLLO, Susanna SR	
2	Delaware Valley (A)	1:50.90	
	1) JOSEPH, Alysia SO	2) MULLEN, Sarah FR	
	3) KANE, Grace FR	4) HASTINGS, Kelly FR	
3	Eastern (A)	1:52.33	
	1) WHITE-VEGA, Aliza FR	2) PETERS, Samantha FR	
	3) CRAWFORD, Lindsey JR	4) ULAKY, Brianna JR	
4	King's (Pa.) (A)	1:52.68	
	1) SPRINGER, Abigail FR	2) DAINAUSKI, Laura FR	
	3) BRADY, Juliet FR	4) BROGA, Angelina SO	
5	York (Pa.) (A)	1:56.39	
	1) WAGNER, Jordan JR	2) BANKERT, Isabella FR	
	3) BRIA, Kristin JR	4) MANN, Payton FR	
<b>Section 3 of 3</b>			
1	Misericordia (A)	1:47.38	
	1) BADILLO, Sonialys SO	2) HACKENBERG, Amber FR	
	3) MIHALKO, Natasha FR	4) WAGNER, Sarah FR	
2	Lebanon Valley (A)	1:47.87	
	1) MCCURDY, Hannah SO	2) BERKHEIMER, Darrian FR	
	3) PEIFFER, Alyssa FR	4) GOOD, Laura FR	
3	Messiah (A)	1:48.81	

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**RESULTS**

**#10 Women's 4 x 200m Relay (cont'd)**

Pl	Team	Time	Note
5	Stevens (A)	1:49.66	
	1) LONGSHAW, Ellie JR		2) GRAYBILL, Emma FR
	3) JENNETT, Halle FR		4) VARGAS, Elena FR
	1) MATHEWS, Laura SO		2) MEYER, Liana SO
	3) CANCIANI, Allie FR		4) WALETZKI, Nicole FR

**#11 Women's Weight Throw**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
M	MAC Indoor Champ	17.32m	Karnish, Brenna	Misericordia	2/25/2022	Tom & Helen						
O	MAC Indoor Overall	17.83m	Danika Ani	Stevenson	2020							
1	KARNISH, Brenna	JR	Misericordia	17.32m 56' 10"	15.90	16.12	15.59	16.07	16.11	17.32	2(1)	10
2	COONEY, Anna	JR	Widener	15.68m 51' 5 1/2"	14.36	14.58	14.12	15.68	15.64	FOUL	2(2)	8
3	LOUGHNEY, McKenna	SR	Lebanon Vall	15.44m 50' 8"	15.44	FOUL	FOUL	14.00	14.99	14.75	2(3)	6
4	LACCETTI, AnaMaria	JR	Stevens	14.48m 47' 6 1/4"	14.19	13.16	14.48	FOUL	14.04	FOUL	2(4)	5
5	BARTELS, Ashley	SO	Lebanon Vall	13.78m 45' 2 1/2"	13.78	FOUL	12.68	13.00	FOUL	FOUL	2(5)	4
6	VAUGHNS, Makayla	SO	Stevenson	13.32m 43' 8 1/2"	12.99	13.32	12.73	12.35	13.15	13.04	2(6)	3
7	SPENCE, Makenze	SO	Lebanon Vall	13.29m 43' 7 1/4"	FOUL	12.98	12.83	12.49	12.48	13.29	2(7)	2
8	JONES, Kaitlyn	FR	Delaware Vall	13.10m 42' 11 3/4"	13.10	11.87	11.32	11.75	12.13	9.10	2(8)	1
9	ZECHMAN, Taileen	SO	Hood	12.84m 42' 1 1/2"	12.82	12.72	12.20	FOUL	12.84	11.57	2(9)	
10	MECKS, Isabelle	JR	DeSales	12.57m 41' 3"	FOUL	12.57	11.80				2(10)	
11	BELLUCCI, Anna	FR	King's (Pa.)	11.82m 38' 9 1/2"	11.82	11.28	10.55				1(1)	
12	SMITH, Brigitte	JR	Eastern	11.69m 38' 4 1/4"	FOUL	11.63	11.69				1(2)	
13	ASSANTE, Lauren	FR	Lebanon Vall	11.49m 37' 8 1/2"	11.20	FOUL	11.49				2(11)	
14	REED, Caroline	FR	Lebanon Vall	11.29m 37' 0 1/2"	FOUL	11.29	10.79				1(3)	
15	MULIAWAN, Ashley	SO	Stevens	11.02m 36' 2"	11.02	FOUL	10.62				1(4)	
16	BIELFELD, Sarah	SO	Misericordia	10.56m 34' 7 3/4"	9.98	10.56	10.46				1(5)	
17	BELLOMO, Gabby	FR	Misericordia	10.46m 34' 4"	FOUL	10.46	FOUL				1(6)	
18	BROWN, Amanda	JR	Messiah	10.43m 34' 2 3/4"	FOUL	FOUL	10.43				2(12)	
19	FERSTER, Leah	FR	Messiah	10.34m 33' 11 1/4"	FOUL	10.34	10.19				1(7)	
20	MORGANTI, Dianna	JR	Alvernia	10.31m 33' 10"	9.47	9.90	10.31				1(8)	
21	HILFERTY, Delaney	FR	King's (Pa.)	10.08m 33' 1"	10.02	9.89	10.08				1(9)	
22	HOLLANDER, Adele	FR	King's (Pa.)	9.82m 32' 2 3/4"	9.82	8.75	8.40				1(10)	
23	PORTELLI, Catherine	FR	Arcadia	7.69m 25' 2 3/4"	FOUL	7.69	6.74				1(11)	

**FLIGHT RESULTS**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	
<b>Flight 1 of 2</b>											
1	BELLUCCI, Anna	FR	King's (Pa.)	11.82m 38' 9 1/2"	11.82	11.28	10.55				
2	SMITH, Brigitte	JR	Eastern	11.69m 38' 4 1/4"	FOUL	11.63	11.69				
3	REED, Caroline	FR	Lebanon Vall	11.29m 37' 0 1/2"	FOUL	11.29	10.79				
4	MULIAWAN, Ashley	SO	Stevens	11.02m 36' 2"	11.02	FOUL	10.62				
5	BIELFELD, Sarah	SO	Misericordia	10.56m 34' 7 3/4"	9.98	10.56	10.46				
6	BELLOMO, Gabby	FR	Misericordia	10.46m 34' 4"	FOUL	10.46	FOUL				
7	FERSTER, Leah	FR	Messiah	10.34m 33' 11 1/4"	FOUL	10.34	10.19				
8	MORGANTI, Dianna	JR	Alvernia	10.31m 33' 10"	9.47	9.90	10.31				
9	HILFERTY, Delaney	FR	King's (Pa.)	10.08m 33' 1"	10.02	9.89	10.08				

2022 MIDDLE ATLANTIC CONFERENCE INDOOR  
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RESULTS

#11 Women's Weight Throw (cont'd)

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
10	HOLLANDER, Adele	FR King's (Pa.)	9.82m 32' 2 <sup>3</sup> / <sub>4</sub>	9.82	8.75	8.40			
11	PORTELLI, Catherine	FR Arcadia	7.69m 25' 2 <sup>3</sup> / <sub>4</sub>	FOUL	7.69	6.74			
<b>Flight 2 of 2</b>									
1	KARNISH, Brenna	JR Misericordia	17.32m 56' 10"	15.90	16.12	15.59	16.07	16.11	17.32
2	COONEY, Anna	JR Widener	15.68m 51' 5 <sup>1</sup> / <sub>2</sub>	14.36	14.58	14.12	15.68	15.64	FOUL
3	LOUGHNEY, McKenna	SR Lebanon Vall	15.44m 50' 8"	15.44	FOUL	FOUL	14.00	14.99	14.75
4	LACCETTI, AnaMaria	JR Stevens	14.48m 47' 6 <sup>1</sup> / <sub>4</sub>	14.19	13.16	14.48	FOUL	14.04	FOUL
5	BARTELS, Ashley	SO Lebanon Vall	13.78m 45' 2 <sup>1</sup> / <sub>2</sub>	13.78	FOUL	12.68	13.00	FOUL	FOUL
6	VAUGHNS, Makayla	SO Stevenson	13.32m 43' 8 <sup>1</sup> / <sub>2</sub>	12.99	13.32	12.73	12.35	13.15	13.04
7	SPENCE, Makenze	SO Lebanon Vall	13.29m 43' 7 <sup>1</sup> / <sub>4</sub>	FOUL	12.98	12.83	12.49	12.48	13.29
8	JONES, Kaitlyn	FR Delaware Vall	13.10m 42' 11 <sup>3</sup> / <sub>4</sub>	13.10	11.87	11.32	11.75	12.13	9.10
9	ZECHMAN, Taileen	SO Hood	12.84m 42' 1 <sup>1</sup> / <sub>2</sub>	12.82	12.72	12.20	FOUL	12.84	11.57
10	MECKS, Isabelle	JR DeSales	12.57m 41' 3"	FOUL	12.57	11.80			
11	ASSANTE, Lauren	FR Lebanon Vall	11.49m 37' 8 <sup>1</sup> / <sub>2</sub>	11.20	FOUL	11.49			
12	BROWN, Amanda	JR Messiah	10.43m 34' 2 <sup>3</sup> / <sub>4</sub>	FOUL	FOUL	10.43			

#12 Men's Weight Throw

M	MAC Indoor Champ	18.95m	Tyler Williams	Widener	2/28/2015						
O	MAC Indoor Overall	19.49m	Alex Kristeller	Widener	2022						
Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	KRISTELLER, Alex	SO Widener	18.74m 61' 5 <sup>3</sup> / <sub>4</sub>	FOUL	18.39	18.74	18.72	17.65	FOUL	2(1)	10
2	NI, Jacki	SR DeSales	17.48m 57' 4 <sup>1</sup> / <sub>4</sub>	FOUL	16.76	16.85	FOUL	17.48	16.89	2(2)	8
3	LE CADRE, Justin	JR King's (Pa.)	17.26m 56' 7 <sup>1</sup> / <sub>2</sub>	16.33	17.09	17.04	17.26	16.69	16.84	2(3)	6
4	WILLIAMS, Nathan	FR Stevenson	16.49m 54' 1 <sup>1</sup> / <sub>4</sub>	16.49	15.71	16.42	15.66	FOUL	14.57	2(4)	5
5	MURRAY, Matthew	SR DeSales	15.46m 50' 8 <sup>3</sup> / <sub>4</sub>	FOUL	FOUL	14.46	15.10	15.46	14.95	2(5)	4
6	REYNOLDS, Trey	FR Lebanon Vall	14.89m 48' 10 <sup>1</sup> / <sub>4</sub>	14.30	FOUL	14.28	FOUL	14.89	14.74	2(6)	3
7	WATERS, David	FR Widener	14.41m 47' 3 <sup>1</sup> / <sub>2</sub>	13.32	14.30	FOUL	14.41	14.17	14.04	2(7)	2
8	LITTLEFIELD, Alden	SR Widener	14.38m 47' 2 <sup>1</sup> / <sub>4</sub>	FOUL	12.33	14.32	13.28	14.38	13.99	2(8)	1
9	SCOTT, Jason	JR Alvernia	13.08m 42' 11"	13.02	12.03	12.87	12.58	12.82	13.08	1(1)	
10	KEADY, Colin	FR Stevens	12.89m 42' 3 <sup>1</sup> / <sub>2</sub>	FOUL	12.89	FOUL				1(2)	
11	PUGH, Marcus	JR Stevenson	12.86m 42' 2 <sup>1</sup> / <sub>4</sub>	12.86	FOUL	FOUL				2(9)	
12	EVANICK, G. Aonghas	FR Lebanon Vall	12.79m 41' 11 <sup>1</sup> / <sub>2</sub>	FOUL	FOUL	12.79				1(3)	
13	SHAY, Cody	FR Lebanon Vall	12.61m 41' 4 <sup>1</sup> / <sub>2</sub>	FOUL	12.61	12.50				2(10)	
14	HOWELL, Conrad	SO Widener	12.50m 41' 0 <sup>1</sup> / <sub>4</sub>	12.50	12.11	FOUL				1(4)	
15	KEMP, Carnell	FR King's (Pa.)	12.17m 39' 11 <sup>1</sup> / <sub>2</sub>	10.01	11.06	12.17				1(5)	
16	KERTIS, Vaughn	FR Lebanon Vall	12.02m 39' 5 <sup>1</sup> / <sub>4</sub>	12.02	FOUL	FOUL				1(6)	
17	TANG, Jetli	FR King's (Pa.)	11.25m 36' 11"	10.02	11.04	11.25				1(7)	
18	WARE, Jared	SO Widener	10.71m 35' 1 <sup>3</sup> / <sub>4</sub>	FOUL	FOUL	10.71				2(11)	
	ADAMS, Justin	SO Widener	NM	FOUL	FOUL	FOUL				2	

FLIGHT RESULTS

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
<b>Flight 1 of 2</b>									
1	SCOTT, Jason	JR Alvernia	13.08m 42' 11"	13.02	12.03	12.87	12.58	12.82	13.08
2	KEADY, Colin	FR Stevens	12.89m 42' 3 <sup>1</sup> / <sub>2</sub>	FOUL	12.89	FOUL			
3	EVANICK, G. Aonghas	FR Lebanon Vall	12.79m 41' 11 <sup>1</sup> / <sub>2</sub>	FOUL	FOUL	12.79			
4	HOWELL, Conrad	SO Widener	12.50m 41' 0 <sup>1</sup> / <sub>4</sub>	12.50	12.11	FOUL			



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RESULTS

#12 Men's Weight Throw (cont'd)

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
5	KEMP, Carnell	FR King's (Pa.)	12.17m 39' 11 <sup>1</sup> / <sub>4</sub>	10.01	11.06	12.17			
6	KERTIS, Vaughn	FR Lebanon Vall	12.02m 39' 5 <sup>1</sup> / <sub>4</sub>	12.02	FOUL	FOUL			
7	TANG, Jetli	FR King's (Pa.)	11.25m 36' 11"	10.02	11.04	11.25			
<b>Flight 2 of 2</b>									
1	KRISTELLER, Alex	SO Widener	18.74m 61' 5 <sup>3</sup> / <sub>4</sub>	FOUL	18.39	18.74	18.72	17.65	FOUL
2	NI, Jacki	SR DeSales	17.48m 57' 4 <sup>1</sup> / <sub>4</sub>	FOUL	16.76	16.85	FOUL	17.48	16.89
3	LE CADRE, Justin	JR King's (Pa.)	17.26m 56' 7 <sup>1</sup> / <sub>2</sub>	16.33	17.09	17.04	17.26	16.69	16.84
4	WILLIAMS, Nathan	FR Stevenson	16.49m 54' 1 <sup>1</sup> / <sub>4</sub>	16.49	15.71	16.42	15.66	FOUL	14.57
5	MURRAY, Matthew	SR DeSales	15.46m 50' 8 <sup>3</sup> / <sub>4</sub>	FOUL	FOUL	14.46	15.10	15.46	14.95
6	REYNOLDS, Trey	FR Lebanon Vall	14.89m 48' 10 <sup>1</sup> / <sub>4</sub>	14.30	FOUL	14.28	FOUL	14.89	14.74
7	WATERS, David	FR Widener	14.41m 47' 3 <sup>1</sup> / <sub>2</sub>	13.32	14.30	FOUL	14.41	14.17	14.04
8	LITTLEFIELD, Alden	SR Widener	14.38m 47' 2 <sup>1</sup> / <sub>4</sub>	FOUL	12.33	14.32	13.28	14.38	13.99
9	PUGH, Marcus	JR Stevenson	12.86m 42' 2 <sup>1</sup> / <sub>4</sub>	12.86	FOUL	FOUL			
10	SHAY, Cody	FR Lebanon Vall	12.61m 41' 4 <sup>1</sup> / <sub>2</sub>	FOUL	12.61	12.50			
11	WARE, Jared	SO Widener	10.71m 35' 1 <sup>3</sup> / <sub>4</sub>	FOUL	FOUL	10.71			
	ADAMS, Justin	SO Widener	NM	FOUL	FOUL	FOUL			

#13 Women's Pole Vault

M	MAC Indoor Champ	3.82m	Melissa Fellenbaum	Alvernia	2/23/2013
O	MAC Indoor Overall	3.90m	Melissa Fellenbaum	Alvernia	2013

Pl	Name	Yr Team	Mark	2.85	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.66	3.71	Pts
1	PENA, Julia	SO York (Pa.)	3.66m 12' 0"	P	P	P	XO	XO	P	P	O	XXO	XXX	10
2	SWARTOUT, Madison	SR Misericordia	3.20m 10' 6"	O	O	XO	O	XXX						8
3	WHITE-VEGA, Aliza	FR Eastern	3.10m 10' 2"	O	O	O	XXX							5
3	MELE, Emma	FR DeSales	3.10m 10' 2"	O	O	O	XXX							5
3	STEGER, Savannah	SO Widener	3.10m 10' 2"	O	P	O	XXX							5
6	WIKE, Sidney	SO Lebanon Vall	3.10m 10' 2"	O	O	XO	XXX							3
7	CARPENTER, Paige	FR Eastern	3.00m 9' 10"	XXO	O	XXX								2
8	ROWLEY, Grace	FR Widener	2.70m 8' 10 <sup>1</sup> / <sub>4</sub>	XXX										1
9	WOOD, Cadee	FR Messiah	2.70m 8' 10 <sup>1</sup> / <sub>4</sub>	XXX										
Pl	Name	Yr Team	Mark	2.25	2.40	2.55	2.70							Pts
6	WIKE, Sidney	SO Lebanon Vall	(cont'd)	P	P	P	XO							3
7	CARPENTER, Paige	FR Eastern	(cont'd)	P	P	P	O							2
8	ROWLEY, Grace	FR Widener	2.70m 8' 10 <sup>1</sup> / <sub>4</sub>	XXO	O	O	O							1
9	WOOD, Cadee	FR Messiah	2.70m 8' 10 <sup>1</sup> / <sub>4</sub>	P	O	O	XO							
10	CROWLEY, Noelle	SO Messiah	2.55m 8' 4 <sup>1</sup> / <sub>4</sub>	XO	O	XO	XXX							

#14 Men's Long Jump

M	MAC Indoor Champ	7.28m	Ta'rig Thomas	Delaware Valley	2/23/2018
O	MAC Indoor Overall	7.38m	Joe Moore	Moravian	2003

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	PHOENIX, Xavier	JR DeSales	7.09m 23' 3 <sup>1</sup> / <sub>4</sub>	7.09 (+0.0)	6.97 (+0.0)	7.02 (+0.0)	6.79 (+0.0)	(+0.0)	6.93 (+0.0)	2(1)	10
2	PROVAN, Brendan	SR Messiah	6.98m 22' 11"	6.76 (+0.0)	6.81 (+0.0)	6.75 (+0.0)	6.70 (+0.0)	6.84 (+0.0)	6.98 (+0.0)	2(2)	8
3	BRUNELLE, Matthieu	FR Misericordia	6.62m 21' 8 <sup>3</sup> / <sub>4</sub>	FOUL	6.48 (+0.0)	6.62 (+0.0)	6.32 (+0.0)	6.49 (+0.0)	6.43 (+0.0)	2(3)	6
4	TAYLOR, Andre	FR Eastern	6.56m 21' 6 <sup>1</sup> / <sub>4</sub>	6.02 (+0.0)	6.24 (+0.0)	FOUL	6.18 (+0.0)	6.43 (+0.0)	6.56 (+0.0)	2(4)	5
5	MYERS, Eddie	JR Lebanon Vall	6.55m 21' 6"	6.55 (+0.0)	6.29 (+0.0)	FOUL	FOUL	6.47 (+0.0)	FOUL	2(5)	4

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**RESULTS**

**#14 Men's Long Jump (cont'd)**

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
6	HIGGINS, Ian	FR York (Pa.)	6.54m 21' 5 1/2"	6.43 (+0.0)	6.40 (+0.0)	6.53 (+0.0)	6.27 (+0.0)	6.54 (+0.0)	6.51 (+0.0)	2(6)	3
7	MARANSKY, Matthew	FR Misericordia	6.54m 21' 5 1/2"	6.41 (+0.0)	6.35 (+0.0)	6.54 (+0.0)	FOUL	4.23 (+0.0)	FOUL	1(1)	2
8	EVANS, Colin	FR York (Pa.)	6.49m 21' 3 1/2"	6.49 (+0.0)	6.14 (+0.0)	FOUL	6.13 (+0.0)	FOUL	6.29 (+0.0)	2(7)	1
9	SHEFFIELD, Daniel	SO Lebanon Vall	6.44m 21' 1 1/2"	6.11 (+0.0)	6.44 (+0.0)	6.37 (+0.0)	FOUL	(+0.0)	(+0.0)	2(8)	
10	KNOWLES, Samuel	FR Widener	6.18m 20' 3 1/2"	6.17 (+0.0)	5.93 (+0.0)	6.18 (+0.0)				1(2)	
11	COSGROVE, Aaron	SO York (Pa.)	6.18m 20' 3 1/2"	5.78 (+0.0)	6.18 (+0.0)	5.90 (+0.0)				1(3)	
12	HOWELL, Kenny	SO Stevens	6.16m 20' 2 1/2"	6.10 (+0.0)	FOUL	6.16 (+0.0)				2(9)	
13	MADISON, Moses	FR Delaware Vall	6.16m 20' 2 1/2"	5.78 (+0.0)	6.16 (+0.0)	5.75 (+0.0)				1(4)	
14	MASON, Dontae	FR Delaware Vall	6.12m 20' 1"	6.12 (+0.0)	5.92 (+0.0)	6.11 (+0.0)				2(10)	
15	NOVROCKI, Andrew	FR King's (Pa.)	6.02m 19' 9"	5.62 (+0.0)	6.02 (+0.0)	5.82 (+0.0)				2(11)	
16	MAHONEY, Jack	SO York (Pa.)	5.99m 19' 8"	FOUL	5.99 (+0.0)	FOUL				1(5)	
17	OTTO, Joshua	SO Lebanon Vall	5.97m 19' 7"	FOUL	5.84 (+0.0)	5.97 (+0.0)				2(12)	
18	LOEHR, Adam	JR Alvernia	5.93m 19' 5 1/2"	FOUL	5.93 (+0.0)	5.88 (+0.0)				1(6)	
19	CAPUTO, Dylan	SR Widener	5.81m 19' 0 3/4"	FOUL	FOUL	5.81 (+0.0)				1(7)	
20	KERR, Landon	FR Messiah	5.79m 19' 0"	5.21 (+0.0)	5.72 (+0.0)	5.79 (+0.0)				1(8)	
21	HOPKINS, Ty'Shawn	JR Misericordia	5.73m 18' 9 3/4"	5.73 (+0.0)	5.66 (+0.0)	FOUL				1(9)	
22	HORAK, Matt	SO DeSales	5.50m 18' 0 1/2"	5.03 (+0.0)	5.38 (+0.0)	5.50 (+0.0)				1(10)	
23	PINES ELLIOTT, Masai	FR Arcadia	5.48m 17' 11 3/4"	5.48 (+0.0)	FOUL	FOUL				1(11)	
24	KEITEL, Noah	FR Messiah	5.43m 17' 9 3/4"	FOUL	5.43 (+0.0)	FOUL				1(12)	
25	SHERROD, Teone	SO King's (Pa.)	4.88m 16' 0 1/4"	FOUL	4.88 (+0.0)	4.70 (+0.0)				2(13)	

**FLIGHT RESULTS**

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	
<b>Flight 1 of 2</b>										
1	MARANSKY, Matthew	FR Misericordia	6.54m 21' 5 1/2"	6.41 (+0.0)	6.35 (+0.0)	6.54 (+0.0)	FOUL	4.23 (+0.0)	FOUL	
2	KNOWLES, Samuel	FR Widener	6.18m 20' 3 1/2"	6.17 (+0.0)	5.93 (+0.0)	6.18 (+0.0)				
3	COSGROVE, Aaron	SO York (Pa.)	6.18m 20' 3 1/2"	5.78 (+0.0)	6.18 (+0.0)	5.90 (+0.0)				
4	MADISON, Moses	FR Delaware Vall	6.16m 20' 2 1/2"	5.78 (+0.0)	6.16 (+0.0)	5.75 (+0.0)				
5	MAHONEY, Jack	SO York (Pa.)	5.99m 19' 8"	FOUL	5.99 (+0.0)	FOUL				
6	LOEHR, Adam	JR Alvernia	5.93m 19' 5 1/2"	FOUL	5.93 (+0.0)	5.88 (+0.0)				
7	CAPUTO, Dylan	SR Widener	5.81m 19' 0 3/4"	FOUL	FOUL	5.81 (+0.0)				
8	KERR, Landon	FR Messiah	5.79m 19' 0"	5.21 (+0.0)	5.72 (+0.0)	5.79 (+0.0)				
9	HOPKINS, Ty'Shawn	JR Misericordia	5.73m 18' 9 3/4"	5.73 (+0.0)	5.66 (+0.0)	FOUL				
10	HORAK, Matt	SO DeSales	5.50m 18' 0 1/2"	5.03 (+0.0)	5.38 (+0.0)	5.50 (+0.0)				
11	PINES ELLIOTT, Masai	FR Arcadia	5.48m 17' 11 3/4"	5.48 (+0.0)	FOUL	FOUL				
12	KEITEL, Noah	FR Messiah	5.43m 17' 9 3/4"	FOUL	5.43 (+0.0)	FOUL				
<b>Flight 2 of 2</b>										
1	PHOENIX, Xavier	JR DeSales	7.09m 23' 3 1/4"	7.09 (+0.0)	6.97 (+0.0)	7.02 (+0.0)	6.79 (+0.0)	(+0.0)	6.93 (+0.0)	
2	PROVAN, Brendan	SR Messiah	6.98m 22' 11"	6.76 (+0.0)	6.81 (+0.0)	6.75 (+0.0)	6.70 (+0.0)	6.84 (+0.0)	6.98 (+0.0)	
3	BRUNELLE, Matthieu	FR Misericordia	6.62m 21' 8 3/4"	FOUL	6.48 (+0.0)	6.62 (+0.0)	6.32 (+0.0)	6.49 (+0.0)	6.43 (+0.0)	
4	TAYLOR, Andre	FR Eastern	6.56m 21' 6 1/4"	6.02 (+0.0)	6.24 (+0.0)	FOUL	6.18 (+0.0)	6.43 (+0.0)	6.56 (+0.0)	
5	MYERS, Eddie	JR Lebanon Vall	6.55m 21' 6"	6.55 (+0.0)	6.29 (+0.0)	FOUL	FOUL	6.47 (+0.0)	FOUL	
6	HIGGINS, Ian	FR York (Pa.)	6.54m 21' 5 1/2"	6.43 (+0.0)	6.40 (+0.0)	6.53 (+0.0)	6.27 (+0.0)	6.54 (+0.0)	6.51 (+0.0)	
7	EVANS, Colin	FR York (Pa.)	6.49m 21' 3 1/2"	6.49 (+0.0)	6.14 (+0.0)	FOUL	6.13 (+0.0)	FOUL	6.29 (+0.0)	
8	SHEFFIELD, Daniel	SO Lebanon Vall	6.44m 21' 1 1/2"	6.11 (+0.0)	6.44 (+0.0)	6.37 (+0.0)	FOUL	(+0.0)	(+0.0)	
9	HOWELL, Kenny	SO Stevens	6.16m 20' 2 1/2"	6.10 (+0.0)	FOUL	6.16 (+0.0)				

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RESULTS

#14 Men's Long Jump (cont'd)

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
10 MASON, Dontae	FR Delaware Vall	6.12m 20' 1"	6.12 (+0.0)	5.92 (+0.0)	6.11 (+0.0)			
11 NOVROCKI, Andrew	FR King's (Pa.)	6.02m 19' 9"	5.62 (+0.0)	6.02 (+0.0)	5.82 (+0.0)			
12 OTTO, Joshua	SO Lebanon Vall	5.97m 19' 7"	FOUL	5.84 (+0.0)	5.97 (+0.0)			
13 SHERROD, Teone	SO King's (Pa.)	4.88m 16' 0 1/4"	FOUL	4.88 (+0.0)	4.70 (+0.0)			

#15 Women's Long Jump

M	MAC Indoor Champ	5.80m	Nicole Weenink	Eastern	2/28/2020
M	MAC Indoor Champ	5.80m	Olivia Jendrzewski	Lebanon Valley	2/25/2017
M	MAC Indoor Champ	5.80m	Oniesha Clarke	Misericordia	2/25/2017
O	MAC Indoor Overall	5.80m	Olivia Jendrzewski	Lebanon Valley	2017
O	MAC Indoor Overall	5.80m	Oniesha Clarke	Misericordia	2017
O	MAC Indoor Overall	5.80m	Nicole Weenink	Eastern	2020

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1 WAGNER, Sarah	FR Misericordia	5.71m 18' 9"	5.38 (+0.0)	5.39 (+0.0)	5.71 (+0.0)	FOUL	(+0.0)	5.35 (+0.0)	2(1)	10
2 BYNUM-BAIN, Taylor	FR Eastern	5.57m 18' 3 1/4"	5.44 (+0.0)	FOUL	FOUL	5.42 (+0.0)	5.57 (+0.0)	5.34 (+0.0)	2(2)	8
3 OLEWINE, Jill	JR Misericordia	5.56m 18' 3"	5.47 (+0.0)	5.41 (+0.0)	FOUL	FOUL	5.46 (+0.0)	5.56 (+0.0)	2(3)	6
4 PENA, Julia	SO York (Pa.)	5.56m 18' 3"	5.37 (+0.0)	5.19 (+0.0)	5.30 (+0.0)	5.47 (+0.0)	5.56 (+0.0)	5.32 (+0.0)	2(4)	5
5 FELIX, Shinelle	FR Alvernia	5.39m 17' 8 1/4"	FOUL	5.02 (+0.0)	5.31 (+0.0)	5.31 (+0.0)	5.39 (+0.0)	5.11 (+0.0)	2(5)	4
6 MEYER, Liana	SO Stevens	5.31m 17' 5 1/4"	5.31 (+0.0)	FOUL	5.29 (+0.0)	(+0.0)	5.06 (+0.0)	5.16 (+0.0)	2(6)	3
7 BRUBAKER, Megan	SO DeSales	5.27m 17' 3 1/2"	5.01 (+0.0)	5.27 (+0.0)	5.02 (+0.0)	5.04 (+0.0)	5.15 (+0.0)	5.22 (+0.0)	2(7)	2
8 DARRELL, Kiantay	SO DeSales	5.26m 17' 3 1/4"	5.26 (+0.0)	5.14 (+0.0)	4.33 (+0.0)	FOUL	5.18 (+0.0)	4.97 (+0.0)	2(8)	1
9 SENSENIG, Olivia	FR Lebanon Vall	5.24m 17' 2 1/4"	5.24 (+0.0)	5.09 (+0.0)	5.01 (+0.0)	5.02 (+0.0)	FOUL	4.86 (+0.0)	2(9)	
10 WINGLE, Tyra	JR DeSales	5.08m 16' 8"	4.57 (+0.0)	4.90 (+0.0)	5.08 (+0.0)				2(10)	
11 APLIN, Grace	FR Lebanon Vall	4.95m 16' 3"	4.91 (+0.0)	4.95 (+0.0)	4.92 (+0.0)				2(11)	
12 GOOD, Laura	FR Lebanon Vall	4.92m 16' 1 3/4"	4.78 (+0.0)	4.92 (+0.0)	4.83 (+0.0)				1(1)	
13 PIROLLO, Susanna	SR Alvernia	4.88m 16' 0 1/4"	4.85 (+0.0)	4.88 (+0.0)	(+0.0)				2(12)	
14 GEORGE, Susan	SO Stevens	4.87m 15' 11 3/4"	FOUL	4.87 (+0.0)	4.78 (+0.0)				1(2)	
15 DAVIS, Xiahna	FR Misericordia	4.87m 15' 11 3/4"	4.72 (+0.0)	4.87 (+0.0)	4.66 (+0.0)				1(4)	
16 BEKELE, Divora	SO Eastern	4.68m 15' 4 1/4"	FOUL	4.68 (+0.0)	FOUL				1(4)	
17 SANTORO, Ella	FR Stevens	4.65m 15' 3 1/4"	4.65 (+0.0)	4.42 (+0.0)	4.46 (+0.0)				1(5)	
18 HERZOG, Olivia	JR Alvernia	4.40m 14' 5 1/4"	FOUL	4.40 (+0.0)	4.37 (+0.0)				1(6)	
19 KOWALSKI, Isabella	FR Arcadia	4.22m 13' 10 1/4"	FOUL	4.22 (+0.0)	4.21 (+0.0)				1(7)	
20 GLISTA, Morgan	JR Arcadia	4.22m 13' 10 1/4"	4.22 (+0.0)	4.09 (+0.0)	FOUL				1(9)	
21 ILIESCU, Roxy	JR Arcadia	4.00m 13' 1 1/2"	FOUL	FOUL	4.00 (+0.0)				1(9)	
RENE, Gabriella	JR Albright	NM	FOUL	FOUL	FOUL				1	

FLIGHT RESULTS

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	
<b>Flight 1 of 2</b>									
1 GOOD, Laura	FR Lebanon Vall	4.92m 16' 1 3/4"	4.78 (+0.0)	4.92 (+0.0)	4.83 (+0.0)				
2 GEORGE, Susan	SO Stevens	4.87m 15' 11 3/4"	FOUL	4.87 (+0.0)	4.78 (+0.0)				
4 DAVIS, Xiahna	FR Misericordia	4.87m 15' 11 3/4"	4.72 (+0.0)	4.87 (+0.0)	4.66 (+0.0)				
4 BEKELE, Divora	SO Eastern	4.68m 15' 4 1/4"	FOUL	4.68 (+0.0)	FOUL				
5 SANTORO, Ella	FR Stevens	4.65m 15' 3 1/4"	4.65 (+0.0)	4.42 (+0.0)	4.46 (+0.0)				
6 HERZOG, Olivia	JR Alvernia	4.40m 14' 5 1/4"	FOUL	4.40 (+0.0)	4.37 (+0.0)				
7 KOWALSKI, Isabella	FR Arcadia	4.22m 13' 10 1/4"	FOUL	4.22 (+0.0)	4.21 (+0.0)				
9 GLISTA, Morgan	JR Arcadia	4.22m 13' 10 1/4"	4.22 (+0.0)	4.09 (+0.0)	FOUL				

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# RESULTS

## #15 Women's Long Jump (cont'd)

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
9	ILIESCU, Roxy	JR Arcadia	4.00m 13' 1½"	FOUL	FOUL	4.00 (+0.0)			
	RENE, Gabriella	JR Albright	NM	FOUL	FOUL	FOUL			
<b>Flight 2 of 2</b>									
1	WAGNER, Sarah	FR Misericordia	5.71m 18' 9"	5.38 (+0.0)	5.39 (+0.0)	5.71 (+0.0)	FOUL	(+0.0)	5.35 (+0.0)
2	BYNUM-BAIN, Taylor	FR Eastern	5.57m 18' 3¼"	5.44 (+0.0)	FOUL	FOUL	5.42 (+0.0)	5.57 (+0.0)	5.34 (+0.0)
3	OLEWINE, Jill	JR Misericordia	5.56m 18' 3"	5.47 (+0.0)	5.41 (+0.0)	FOUL	FOUL	5.46 (+0.0)	5.56 (+0.0)
4	PENA, Julia	SO York (Pa.)	5.56m 18' 3"	5.37 (+0.0)	5.19 (+0.0)	5.30 (+0.0)	5.47 (+0.0)	5.56 (+0.0)	5.32 (+0.0)
5	FELIX, Shinelle	FR Alvernia	5.39m 17' 8¼"	FOUL	5.02 (+0.0)	5.31 (+0.0)	5.31 (+0.0)	5.39 (+0.0)	5.11 (+0.0)
6	MEYER, Liana	SO Stevens	5.31m 17' 5¼"	5.31 (+0.0)	FOUL	5.29 (+0.0)	(+0.0)	5.06 (+0.0)	5.16 (+0.0)
7	BRUBAKER, Megan	SO DeSales	5.27m 17' 3½"	5.01 (+0.0)	5.27 (+0.0)	5.02 (+0.0)	5.04 (+0.0)	5.15 (+0.0)	5.22 (+0.0)
8	DARRELL, Kiantay	SO DeSales	5.26m 17' 3¼"	5.26 (+0.0)	5.14 (+0.0)	4.33 (+0.0)	FOUL	5.18 (+0.0)	4.97 (+0.0)
9	SENSENI, Olivia	FR Lebanon Vall	5.24m 17' 2¼"	5.24 (+0.0)	5.09 (+0.0)	5.01 (+0.0)	5.02 (+0.0)	FOUL	4.86 (+0.0)
10	WINGLE, Tyra	JR DeSales	5.08m 16' 8"	4.57 (+0.0)	4.90 (+0.0)	5.08 (+0.0)			
11	APLIN, Grace	FR Lebanon Vall	4.95m 16' 3"	4.91 (+0.0)	4.95 (+0.0)	4.92 (+0.0)			
12	PIROLLO, Susanna	SR Alvernia	4.88m 16' 0¼"	4.85 (+0.0)	4.88 (+0.0)	(+0.0)			

## #16 Men's 1 Mile Run

M	MAC Indoor Champ	4:13.63	Macharia Yuot	Widener	2006
O	MAC Indoor Overall	4:10.24	Russell Speiden	Elizabethtown	2011

Pl	Name	Yr Team	Time	Note	Pts
1	HORST, Logan	SO Messiah	4:21.54		10
2	CARDIE, Joseph	SR Widener	4:22.10		8
3	CAROLAN, Patrick	JR Widener	4:24.75		6
4	MILLAR, David	SO Widener	4:25.09		5
5	MELAO, Ronnie	SO Stevens	4:26.49		4
6	CALISTI, Noah	FR Messiah	4:27.33		3
7	ARTIS, Shane	SO DeSales	4:28.91		2
8	MOYER, Josiah	SO Messiah	4:29.68		1
9	AYLMER, Jake	FR Stevens	4:33.13		
10	MCFOY, Noah	SR Widener	4:33.73		
11	PORCO, Jake	FR Stevens	4:37.99		
12	BARRETT, Jake	SO Stevenson	4:40.62		
13	BUCKWALTER, Silas	SO Messiah	4:42.31		
14	BREWSTER, Mason	FR Stevens	4:42.63		
15	ZAMICHIELE, Dante	FR Albright	4:47.37		

## #17 Women's 1 Mile Run

M	MAC Indoor Champ	5:01.06	Esther Seeland	Messiah	2/23/2019
O	MAC Indoor Overall	4:52.25	Esther Seeland	Messiah	2022

Pl	Name	Yr Team	Time	Note	H(Pl)	Pts
1	SEELAND, Esther	JR Messiah	5:14.88		2(1)	10
2	DICKOW, Kate	SO Messiah	5:15.56		2(2)	8
3	BERNOTAS, Katelyn	SR Widener	5:16.05		2(3)	6
4	SMITH, Amelia	JR DeSales	5:17.49		2(4)	5
5	BUNKE, Lauren	SO Lebanon Valley	5:19.07		2(5)	4
6	RESELE, Julia	JR Lebanon Valley	5:19.56		2(6)	3

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**RESULTS****#17 Women's 1 Mile Run (cont'd)**

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
7	GROETZ, Sarah		JR Widener	5:20.13		2(7)	2
8	WAGNER, Brianna		FR Misericordia	5:21.04		2(8)	1
9	ALBRIGHT, Beth		JR King's (Pa.)	5:25.10		2(9)	
10	DEVRIES, Sarah		FR Misericordia	5:26.15		2(10)	
11	SABO, Mikhayla		JR Stevenson	5:26.81		2(11)	
12	SHREFFLER, Hailey		FR Eastern	5:27.57		1(1)	
13	VISAGGIO, Olivia		JR Misericordia	5:28.51		1(2)	
14	DAWSON, Tate		SR Arcadia	5:33.16		2(12)	
15	FOGELSANGER, Amber		SO Messiah	5:35.65		1(3)	
16	AL NASERI, Maryam		SO Stevenson	5:44.49		1(4)	

**SECTION RESULTS**

Pl	Name	Yr	Team	Time	Note
<b>Section 1 of 2</b>					
1	SHREFFLER, Hailey		FR Eastern	5:27.57	
2	VISAGGIO, Olivia		JR Misericordia	5:28.51	
3	FOGELSANGER, Amber		SO Messiah	5:35.65	
4	AL NASERI, Maryam		SO Stevenson	5:44.49	
<b>Section 2 of 2</b>					
1	SEELAND, Esther		JR Messiah	5:14.88	
2	DICKOW, Kate		SO Messiah	5:15.56	
3	BERNOTAS, Katelyn		SR Widener	5:16.05	
4	SMITH, Amelia		JR DeSales	5:17.49	
5	BUNKE, Lauren		SO Lebanon Valley	5:19.07	
6	RESELE, Julia		JR Lebanon Valley	5:19.56	
7	GROETZ, Sarah		JR Widener	5:20.13	
8	WAGNER, Brianna		FR Misericordia	5:21.04	
9	ALBRIGHT, Beth		JR King's (Pa.)	5:25.10	
10	DEVRIES, Sarah		FR Misericordia	5:26.15	
11	SABO, Mikhayla		JR Stevenson	5:26.81	
12	DAWSON, Tate		SR Arcadia	5:33.16	

**#18 Men's 400 Meters**

M	MAC Indoor Champ	48.77	Lou Corominas	DeSales	2006		
O	MAC Indoor Overall	48.51	Lou Corominas	DeSales	2006		
Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	KNOWLES, Samuel		FR Widener	50.47		3(1)	10
2	JOHN, Michael		JR Widener	50.74		3(2)	8
3	KAUFMAN, Justin		FR Delaware Valley	50.93		3(3)	6
4	RACCIOPPI, Jai		FR Stevenson	51.22		2(1)	5
5	GRAUER, Logan		JR Lebanon Valley	51.42		2(2)	4
6	COOPER, Logan		SR Delaware Valley	51.77		3(4)	3
7	NOVROCKI, Andrew		FR King's (Pa.)	52.18		3(5)	2
8	OYENIRAN, Jubelo		FR Stevenson	52.38		2(3)	1
9	HAMILTON, Malik		SO Stevenson	53.56		1(1)	
10	CARRIGAN, Peter		JR York (Pa.)	53.69		1(2)	
11	ANTHONY, Carey		FR Stevenson	54.55		1(3)	

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**RESULTS****#18 Men's 400 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
12	WILLIAMS, DaNeal		SO Eastern	54.80		1(4)	
13	SMYTHE, Messiah		FR Delaware Valley	55.10		2(4)	
	RUTLEDGE, Ason		JR DeSales	DNS		2	

**SECTION RESULTS**

Pl	Name	Yr	Team	Time	Note
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**Section 1 of 3**

1	HAMILTON, Malik		SO Stevenson	53.56	
2	CARRIGAN, Peter		JR York (Pa.)	53.69	
3	ANTHONY, Carey		FR Stevenson	54.55	
4	WILLIAMS, DaNeal		SO Eastern	54.80	

**Section 2 of 3**

1	RACCIOPPI, Jai		FR Stevenson	51.22	
2	GRAUER, Logan		JR Lebanon Valley	51.42	
3	OYENIRAN, Jubelo		FR Stevenson	52.38	
4	SMYTHE, Messiah		FR Delaware Valley	55.10	
	RUTLEDGE, Ason		JR DeSales	DNS	

**Section 3 of 3**

1	KNOWLES, Samuel		FR Widener	50.47	
2	JOHN, Michael		JR Widener	50.74	
3	KAUFMAN, Justin		FR Delaware Valley	50.93	
4	COOPER, Logan		SR Delaware Valley	51.77	
5	NOVROCKI, Andrew		FR King's (Pa.)	52.18	

**#19 Women's 400 Meters**

M	MAC Indoor Champ	57.49	Gina Dello Russo	Stevens Institute of	2/29/2020
O	MAC Indoor Overall	56.79	Gina Dello Russo	Stevens	2020 "Banked"

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	SEELAND, Esther		JR Messiah	58.74		4(1)	10
2	BERKHEIMER, Darrian		FR Lebanon Valley	59.98		4(2)	8
3	HACKENBERG, Amber		FR Misericordia	1:01.40		4(3)	6
4	ALLEN, Casey		FR Misericordia	1:01.63		2(1)	5
5	FORD, Tara		SR Widener	1:01.79		3(1)	4
6	BADILLO, Sonialys		SO Misericordia	1:01.81		4(4)	3
7	RADCLIFFE, Abigail		FR DeSales	1:01.90		4(5)	2
8	PEIFFER, Alyssa		FR Lebanon Valley	1:02.14		3(2)	1
9	BOCHARD, Kira		SR Arcadia	1:02.24		3(3)	
10	ULAKY, Brianna		JR Eastern	1:03.74		3(4)	
11	WILSON, Jasmine		FR Stevenson	1:04.03		2(2)	
12	CHANDLER, Cassidy		SO Messiah	1:04.28		2(3)	
13	PHILIPPE, Jenna		FR Alvernia	1:04.36		1(1)	
14	MANN, Payton		FR York (Pa.)	1:05.06		1(2)	
15	JOSEPH, Alysia		SO Delaware Valley	1:05.25		3(5)	
16	DAINAUSKI, Laura		FR King's (Pa.)	1:06.50		1(3)	
17	STERNBERG, Caitlin		FR Alvernia	1:06.74		2(4)	
18	WHITE-VEGA, Aliza		FR Eastern	1:06.92		2(5)	

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Pl	Name	Yr	Team	Time	Note
<b>Section 1 of 4</b>					
1	PHILIPPE, Jenna		FR Alvernia	1:04.36	
2	MANN, Payton		FR York (Pa.)	1:05.06	
3	DAINAUSKI, Laura		FR King's (Pa.)	1:06.50	
<b>Section 2 of 4</b>					
1	ALLEN, Casey		FR Misericordia	1:01.63	
2	WILSON, Jasmine		FR Stevenson	1:04.03	
3	CHANDLER, Cassidy		SO Messiah	1:04.28	
4	STERNBERG, Caitlin		FR Alvernia	1:06.74	
5	WHITE-VEGA, Aliza		FR Eastern	1:06.92	
<b>Section 3 of 4</b>					
1	FORD, Tara		SR Widener	1:01.79	
2	PEIFFER, Alyssa		FR Lebanon Valley	1:02.14	
3	BOCHARD, Kira		SR Arcadia	1:02.24	
4	ULAKY, Brianna		JR Eastern	1:03.74	
5	JOSEPH, Alysia		SO Delaware Valley	1:05.25	
<b>Section 4 of 4</b>					
1	SEELAND, Esther		JR Messiah	58.74	
2	BERKHEIMER, Darrian		FR Lebanon Valley	59.98	
3	HACKENBERG, Amber		FR Misericordia	1:01.40	
4	BADILLO, Sonialys		SO Misericordia	1:01.81	
5	RADCLIFFE, Abigail		FR DeSales	1:01.90	

**#20 Men's 800 Meters**

M	MAC Indoor Champ	1:54.27	Leo Harmon	Widener	2/27/2016
O	MAC Indoor Overall	1:51.96	Tyler Newhook	Messiah	2011

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	TYCE, Carl		JR DeSales	1:55.98		2(1)	10
2	MILLAR, David		SO Widener	1:58.68		1(1)	8
3	FERRIZZI, Vince		SO Lebanon Valley	1:58.77		2(2)	6
4	DI CESARE, Alec		FR Lebanon Valley	1:59.48		2(3)	5
5	RODRIGUEZ JR., Emmanuel		FR Alvernia	1:59.73		1(2)	4
6	GALICZYNSKI, Ryan		JR Widener	1:59.90		1(3)	3
7	PHILLIPPY, Ben		SO DeSales	2:00.58		2(4)	2
8	EVANS, Cy		JR York (Pa.)	2:00.97		1(4)	1
9	KIMMEL, Nathan		FR Messiah	2:01.05		2(5)	
10	MELAO, Ronnie		SO Stevens	2:01.07		2(6)	
11	ANTALA, Dhavan		FR Stevens	2:01.20		2(7)	
12	KAUFMAN, Justin		FR Delaware Valley	2:01.89		2(8)	
13	BAUMAN, Josh		FR Messiah	2:02.33		1(5)	
14	DAUDT, Connor		SO Messiah	2:02.36		1(6)	
15	NOLAN, Pierce		FR York (Pa.)	2:03.94		1(7)	
16	SCARBOROUGH, Caleb		FR Lebanon Valley	2:04.03		1(8)	
17	ZAMICHIELE, Dante		FR Albright	2:08.11		1(9)	
18	WINGARD, Jacob		FR York (Pa.)	2:08.20		1(10)	

**2022 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPS**Reading, PA  
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Pl	Name	Yr	Team	Time	Note
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**Section 1 of 2**

1	MILLAR, David	SO	Widener	1:58.68	
2	RODRIGUEZ JR., Emmanuel	FR	Alvernia	1:59.73	
3	GALICZYNSKI, Ryan	JR	Widener	1:59.90	
4	EVANS, Cy	JR	York (Pa.)	2:00.97	
5	BAUMAN, Josh	FR	Messiah	2:02.33	
6	DAUDT, Connor	SO	Messiah	2:02.36	
7	NOLAN, Pierce	FR	York (Pa.)	2:03.94	
8	SCARBOROUGH, Caleb	FR	Lebanon Valley	2:04.03	
9	ZAMICHIELE, Dante	FR	Albright	2:08.11	
10	WINGARD, Jacob	FR	York (Pa.)	2:08.20	

**Section 2 of 2**

1	TYCE, Carl	JR	DeSales	1:55.98	
2	FERRIZZI, Vince	SO	Lebanon Valley	1:58.77	
3	DI CESARE, Alec	FR	Lebanon Valley	1:59.48	
4	PHILLIPPY, Ben	SO	DeSales	2:00.58	
5	KIMMEL, Nathan	FR	Messiah	2:01.05	
6	MELAO, Ronnie	SO	Stevens	2:01.07	
7	ANTALA, Dhavan	FR	Stevens	2:01.20	
8	KAUFMAN, Justin	FR	Delaware Valley	2:01.89	

**#21 Women's 800 Meters**

M	MAC Indoor Champ	2:11.81	Seeland, Esther	Messiah	2/25/2022	Tom & Helen
O	MAC Indoor Overall	2:05.90	Esther Seeland	Messiah	2022	NCAA DIII Record

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	SEELAND, Esther	JR	Messiah	2:11.81		3(1)	10
2	RINE, Averi	SO	Misericordia	2:21.82		3(2)	8
3	GORDLEY, Micah	SO	Arcadia	2:22.96		3(3)	6
4	BERNOTAS, Mary	JR	Eastern	2:24.44		3(4)	5
5	HOLT, Donna	FR	Widener	2:25.23		3(5)	4
6	RESELE, Julia	JR	Lebanon Valley	2:25.51		2(1)	3
7	SWEELY, Jaden	FR	Widener	2:26.70		2(2)	2
8	BURDEN, Nina	FR	Stevens	2:26.81	2:26.802	3(6)	1
9	WALSTROM, Kathleen	SO	Messiah	2:26.81	2:26.810	2(3)	
10	SKANE, Sarah	SO	York (Pa.)	2:27.00		2(4)	
11	GALLAGHER, Kristin	FR	Misericordia	2:27.95		1(1)	
12	BERNOTAS, Katelyn	SR	Widener	2:28.27		3(7)	
13	HENRY, Paige	FR	York (Pa.)	2:28.51		2(5)	
14	ANGSTADT, Kira	FR	Alvernia	2:30.12		2(6)	
15	BUNKE, Lauren	SO	Lebanon Valley	2:30.23		3(8)	
16	CORY, Olivia	SO	Messiah	2:30.78		2(7)	
17	SHREFFLER, Hailey	FR	Eastern	2:31.81		1(2)	
18	ZAMBETTI, Nicole	FR	King's (Pa.)	2:32.09		2(8)	
19	PAVLOVICH, Sarah	SR	Arcadia	2:32.95		1(3)	
20	RODRIGUEZ, Isabela	FR	Messiah	2:34.35		1(4)	
21	PIROLLI, Regina	FR	Messiah	2:34.90		1(5)	



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Pl Name	Yr Team	Time	Note	H(Pl)	Pts
22 DAVIS, Carlina	FR Misericordia	2:35.42		1(6)	

**SECTION RESULTS**

Pl Name	Yr Team	Time	Note
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**Section 1 of 3**

1 GALLAGHER, Kristin	FR Misericordia	2:27.95	
2 SHREFFLER, Hailey	FR Eastern	2:31.81	
3 PAVLOVICH, Sarah	SR Arcadia	2:32.95	
4 RODRIGUEZ, Isabela	FR Messiah	2:34.35	
5 PIROLLI, Regina	FR Messiah	2:34.90	
6 DAVIS, Carlina	FR Misericordia	2:35.42	

**Section 2 of 3**

1 RESELE, Julia	JR Lebanon Valley	2:25.51	
2 SWEELY, Jaden	FR Widener	2:26.70	
3 WALSTROM, Kathleen	SO Messiah	2:26.81	2:26.810
4 SKANE, Sarah	SO York (Pa.)	2:27.00	
5 HENRY, Paige	FR York (Pa.)	2:28.51	
6 ANGSTADT, Kira	FR Alvernia	2:30.12	
7 CORY, Olivia	SO Messiah	2:30.78	
8 ZAMBETTI, Nicole	FR King's (Pa.)	2:32.09	

**Section 3 of 3**

1 SEELAND, Esther	JR Messiah	2:11.81	
2 RINE, Averi	SO Misericordia	2:21.82	
3 GORDLEY, Micah	SO Arcadia	2:22.96	
4 BERNOTAS, Mary	JR Eastern	2:24.44	
5 HOLT, Donna	FR Widener	2:25.23	
6 BURDEN, Nina	FR Stevens	2:26.81	2:26.802
7 BERNOTAS, Katelyn	SR Widener	2:28.27	
8 BUNKE, Lauren	SO Lebanon Valley	2:30.23	

**#22 Men's 200 Meters**

M	MAC Indoor Champ	21.79	Devonte Williams	Stevenson	2/25/2017
O	MAC Indoor Overall	21.66	Devonte Williams	Stevenson	2017

Pl Name	Yr Team	Time	Note	H(Pl)	Pts
1 BUHR, Owen	JR Lebanon Valley	22.19		4(1)	10
2 SUMMERS, Cameron	SO Stevenson	22.38		4(2)	8
3 RACCIOPPI, Jai	FR Stevenson	22.86		4(3)	6
4 KNOWLES, Samuel	FR Widener	22.95		4(4)	5
5 MINS, Jamel	FR Hood	22.99		3(1)	4
6 JOHN, Michael	JR Widener	23.06		3(2)	3
7 SMYTHE, Messiah	FR Delaware Valley	23.18		3(3)	2
8 SHORT, Jack	SO Alvernia	23.22		2(1)	1
9 O'DUNLAMI, Matt	FR Delaware Valley	23.35		2(2)	
10 HOANG, Steven	SO Stevens	23.47		3(4)	
11 ELLINGTON, Evan	JR Hood	23.50		1(1)	
12 SERRANO, Alijah	FR Albright	23.57		2(3)	
13 HIGGINS, Ian	FR York (Pa.)	23.62		3(5)	

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Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
14	AVERY, Brendan		FR King's (Pa.)	23.90		1(2)	
15	OYENIRAN, Jubelo		FR Stevenson	23.97		2(4)	
16	SHEA, Michael		JR Eastern	24.10		1(3)	
17	WILLIAMS, DaNeal		SO Eastern	24.30		1(4)	
18	LINDER, Owen		FR Lebanon Valley	25.81		2(5)	
19	WILLIAMS, Jeremiah		SO Stevenson	39.98		4(5)	

**SECTION RESULTS**

Pl	Name	Yr	Team	Time	Note
<b>Section 1 of 4</b>					
1	ELLINGTON, Evan		JR Hood	23.50	
2	AVERY, Brendan		FR King's (Pa.)	23.90	
3	SHEA, Michael		JR Eastern	24.10	
4	WILLIAMS, DaNeal		SO Eastern	24.30	
<b>Section 2 of 4</b>					
1	SHORT, Jack		SO Alvernia	23.22	
2	O'DUNLAMI, Matt		FR Delaware Valley	23.35	
3	SERRANO, Alijah		FR Albright	23.57	
4	OYENIRAN, Jubelo		FR Stevenson	23.97	
5	LINDER, Owen		FR Lebanon Valley	25.81	
<b>Section 3 of 4</b>					
1	MINS, Jamel		FR Hood	22.99	
2	JOHN, Michael		JR Widener	23.06	
3	SMYTHE, Messiah		FR Delaware Valley	23.18	
4	HOANG, Steven		SO Stevens	23.47	
5	HIGGINS, Ian		FR York (Pa.)	23.62	
<b>Section 4 of 4</b>					
1	BUHR, Owen		JR Lebanon Valley	22.19	
2	SUMMERS, Cameron		SO Stevenson	22.38	
3	RACCIOPPI, Jai		FR Stevenson	22.86	
4	KNOWLES, Samuel		FR Widener	22.95	
5	WILLIAMS, Jeremiah		SO Stevenson	39.98	

**#23 Women's 200 Meters**

M	MAC Indoor Champ	25.43	Shannon Roberts	Manhattanvil	2/27/2016
O	MAC Indoor Overall	25.24	Shannon Roberts	Manhattanville	2016

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	MATHEWS, Laura		SO Stevens	25.84		6(1)	10
2	SCHWARZ, Elisabeth		FR Alvernia	26.18		6(2)	8
3	LONGSHAW, Ellie		JR Messiah	26.61		6(3)	6
4	WAGNER, Sarah		FR Misericordia	26.76		5(1)	5
5	BERKHEIMER, Darrian		FR Lebanon Valley	26.89		6(4)	4
6	WILSON, Kyla		FR Stevenson	26.91		6(5)	3
7	YARBRAV, Micah		SO Alvernia	27.07		3(1)	2
8	BADILLO, Sonialys		SO Misericordia	27.28		5(2)	1
9	SPRINGER, Abigail		FR King's (Pa.)	27.36		4(1)	
10	KANE, Grace		FR Delaware Valley	27.48		5(3)	

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**RESULTS****#23 Women's 200 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
11	ULAKY, Brianna	JR	Eastern	27.51		5(4)	
12	VARGAS, Elena	FR	Messiah	27.55		3(2)	
13	BROGA, Angelina	SO	King's (Pa.)	27.77		4(2)	
14	JENNETT, Halle	FR	Messiah	27.91		4(3)	
15	MASON, Shania	FR	Hood	27.95		5(5)	
16	GRAYBILL, Emma	FR	Messiah	27.96		4(4)	
17	HOLDER, Rehanna	SR	Albright	28.00		3(3)	
18	MILLER, Claire	FR	Messiah	28.01		2(1)	
19	HERZOG, Olivia	JR	Alvernia	28.04		1(1)	
20	MUZZARELLI, Maria	FR	Widener	28.16	28.151	3(4)	
21	SCHULTZ, Emma	FR	Widener	28.16	28.158	1(2)	
22	BRADY, Juliet	FR	King's (Pa.)	28.43		1(3)	
23	PHILIPPE, Jenna	FR	Alvernia	28.49		2(2)	
24	WILSON, Jasmine	FR	Stevenson	28.52		3(5)	
25	JOSEPH, Alysia	SO	Delaware Valley	28.85		4(5)	
	DARRELL, Kiantay	SO	DeSales	DNF		2	

**SECTION RESULTS**

Pl	Name	Yr	Team	Time	Note
<b>Section 1 of 6</b>					
1	HERZOG, Olivia	JR	Alvernia	28.04	
2	SCHULTZ, Emma	FR	Widener	28.16	28.158
3	BRADY, Juliet	FR	King's (Pa.)	28.43	
<b>Section 2 of 6</b>					
1	MILLER, Claire	FR	Messiah	28.01	
2	PHILIPPE, Jenna	FR	Alvernia	28.49	
	DARRELL, Kiantay	SO	DeSales	DNF	
<b>Section 3 of 6</b>					
1	YARBRAY, Micah	SO	Alvernia	27.07	
2	VARGAS, Elena	FR	Messiah	27.55	
3	HOLDER, Rehanna	SR	Albright	28.00	
4	MUZZARELLI, Maria	FR	Widener	28.16	28.151
5	WILSON, Jasmine	FR	Stevenson	28.52	
<b>Section 4 of 6</b>					
1	SPRINGER, Abigail	FR	King's (Pa.)	27.36	
2	BROGA, Angelina	SO	King's (Pa.)	27.77	
3	JENNETT, Halle	FR	Messiah	27.91	
4	GRAYBILL, Emma	FR	Messiah	27.96	
5	JOSEPH, Alysia	SO	Delaware Valley	28.85	
<b>Section 5 of 6</b>					
1	WAGNER, Sarah	FR	Misericordia	26.76	
2	BADILLO, Sonialys	SO	Misericordia	27.28	
3	KANE, Grace	FR	Delaware Valley	27.48	
4	ULAKY, Brianna	JR	Eastern	27.51	
5	MASON, Shania	FR	Hood	27.95	
<b>Section 6 of 6</b>					

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Pl	Name	Yr	Team	Time	Note
1	MATHEWS, Laura		SO Stevens	25.84	
2	SCHWARZ, Elisabeth		FR Alvernia	26.18	
3	LONGSHAW, Ellie		JR Messiah	26.61	
4	BERKHEIMER, Darrian		FR Lebanon Valley	26.89	
5	WILSON, Kyla		FR Stevenson	26.91	

**#24 Men's 3000 Meters**

M	MAC Indoor Champ	8:36.41	Will McDermott	Widener	2/27/2016
O	MAC Indoor Overall	8:13.57	Patrick Watson	Stevenson	2020 "Banked"

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	HORST , Logan		SO Messiah	8:45.17		2(1)	10
2	CARDIE, Joseph		SR Widener	8:46.67		2(2)	8
3	COSTELLO, Kyle		FR Messiah	8:47.02		2(3)	6
4	HUTCHINSON , Andrew		SO Messiah	8:47.16		2(4)	5
5	CALISTI, Noah		FR Messiah	8:49.64		2(5)	4
6	CAROLAN, Patrick		JR Widener	8:51.47		2(6)	3
7	GRIFFIN, Noah		JR Lebanon Valley	8:54.51		2(7)	2
8	VALDERRABANO, Isaac		SO York (Pa.)	8:58.62		1(1)	1
9	FLEAR, Thomas		FR Widener	8:58.84		1(2)	
10	CONCANNON, Liam		FR Stevens	8:59.28		1(3)	
11	COVERT, Isaac		JR Messiah	9:00.73		2(8)	
12	MCCARTHY, Josiah		JR Messiah	9:02.03		2(9)	
13	MANIDIS, Nick		SO DeSales	9:02.92		1(4)	
14	KOBER, Stephen		JR Misericordia	9:03.52		2(10)	
15	WACKER, Matthew		SR Alvernia	9:06.15		2(11)	
16	SANTACOLOMA, Matt		JR DeSales	9:06.64		1(5)	
17	HALVORSEN, Matthew		SO Stevens	9:06.75		2(12)	
18	BERGER, Jordan		SO Lebanon Valley	9:10.34		2(13)	
19	GRIFFIN, Tim		FR Stevens	9:10.77		1(6)	
20	CAMPAGNA, Jeffrey		SR Lebanon Valley	9:14.73		2(14)	
21	ROWLEY, Stephen		FR Misericordia	9:17.78		2(15)	
22	PORCO, Jake		FR Stevens	9:22.79		1(7)	
23	HAYNES, Tanner		JR Lebanon Valley	9:29.57		1(8)	

**SECTION RESULTS**

Pl	Name	Yr	Team	Time	Note
<b>Section 1 of 2</b>					
1	VALDERRABANO, Isaac		SO York (Pa.)	8:58.62	
2	FLEAR, Thomas		FR Widener	8:58.84	
3	CONCANNON, Liam		FR Stevens	8:59.28	
4	MANIDIS, Nick		SO DeSales	9:02.92	
5	SANTACOLOMA, Matt		JR DeSales	9:06.64	
6	GRIFFIN, Tim		FR Stevens	9:10.77	
7	PORCO, Jake		FR Stevens	9:22.79	
8	HAYNES, Tanner		JR Lebanon Valley	9:29.57	
<b>Section 2 of 2</b>					
1	HORST , Logan		SO Messiah	8:45.17	

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**RESULTS****#24 Men's 3000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note
2	CARDIE, Joseph	SR	Widener	8:46.67	
3	COSTELLO, Kyle	FR	Messiah	8:47.02	
4	HUTCHINSON, Andrew	SO	Messiah	8:47.16	
5	CALISTI, Noah	FR	Messiah	8:49.64	
6	CAROLAN, Patrick	JR	Widener	8:51.47	
7	GRIFFIN, Noah	JR	Lebanon Valley	8:54.51	
8	COVERT, Isaac	JR	Messiah	9:00.73	
9	MCCARTHY, Josiah	JR	Messiah	9:02.03	
10	KOBER, Stephen	JR	Misericordia	9:03.52	
11	WACKER, Matthew	SR	Alvernia	9:06.15	
12	HALVORSEN, Matthew	SO	Stevens	9:06.75	
13	BERGER, Jordan	SO	Lebanon Valley	9:10.34	
14	CAMPAGNA, Jeffrey	SR	Lebanon Valley	9:14.73	
15	ROWLEY, Stephen	FR	Misericordia	9:17.78	

**#25 Women's 3000 Meters**

M	MAC Indoor Champ	10:02.53	Veronica Wheeler	DeSales	2/24/2018
O	MAC Indoor Overall	9:50.09	Veronica Wheeler	DeSales	2018

Pl	Name	Yr	Team	Time	Note	Pts
1	GABLE, Carly	SO	Widener	10:23.18		10
2	THOMPSON, Alexa	JR	Misericordia	10:26.56		8
3	DICKOW, Kate	SO	Messiah	10:30.24		6
4	MURPHY, Grace	JR	Widener	10:30.30		5
5	WICK, Lauren	SR	Lebanon Valley	10:36.81		4
6	BERNOTAS, Mary	JR	Eastern	10:42.58		3
7	COONEY, Emily	FR	Widener	10:44.21		2
8	WESTER, Chloe	SO	Messiah	10:51.38		1
9	HABERSTROH, Jordan	JR	York (Pa.)	10:57.98		
10	JONES, Katherine	FR	Misericordia	11:05.25		
11	DEVRIES, Sarah	FR	Misericordia	11:06.87		
12	SYKES, Abby	SR	York (Pa.)	11:11.83		
13	STROUSE, Amber	JR	York (Pa.)	11:12.41		
14	FRIES, Isabel	SO	Alvernia	11:14.80		
15	HOFFMAN, Marah	JR	Lebanon Valley	11:15.73		
16	PROTHERO, Katelyn	JR	Messiah	11:17.61		
17	MELLSTROM, Lauren	SO	Stevenson	11:19.97		
18	HUGHEY, Kayla	FR	Misericordia	11:34.85		
19	POWELL, Teddi	SO	Messiah	11:42.04		
	TOMKO, Zoe	FR	King's (Pa.)	DNF		

**#26 Men's 4 x 800m Relay**

M	MAC Indoor Champ	7:56.65	M. Rever, M. Weber, J. Blanton, R.	Elizabethtown	2012
O	MAC Indoor Overall	7:54.12	J. Buck, S. Luzzi, E. Deignan, M. Hause	Misericordia	2016

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**RESULTS****#26 Men's 4 x 800m Relay (cont'd)**

Pl	Team	Time	Note	Pts
1	DeSales (A) 1) DEREMER, Josh FR 3) CUMMINGS, Joeseeph JR	8:06.77	2) PHILLIPPY, Ben SO 4) TYCE, Carl JR	10
2	Lebanon Valley (A) 1) LOY, Andrew SO 3) ESCHINGER, McKendry FR	8:09.25	2) DI CESARE, Alec FR 4) FERRIZZI, Vince SO	8
3	Stevens (A) 1) MELAO, Ronnie SO 3) ANTALA, Dhavan FR	8:10.24	2) TOMASCH, Troy SO 4) AYLMEYER, Jake FR	6
4	Widener (A) 1) MILLER, Ben FR 3) MCFOY, Noah SR	8:12.94	2) PLUNKETT, Thomas SO 4) MILLAR, David SO	5
5	Messiah (A) 1) BAUMAN, Josh FR 3) HOSTETLER, Adam FR	8:21.35	2) MOYER, Josiah SO 4) KIMMEL, Nathan FR	4
6	Misericordia (A) 1) BITERA, Cholo FR 3) BARE, Zachary FR	8:33.44	2) LONGSTRETH, Chandler FR 4) RHINEHART, Trey FR	3
7	York (Pa.) (A) 1) EVANS, Cy JR 3) MEADS, Mason FR	8:36.65	2) NOLAN, Pierce FR 4) WINGARD, Jacob FR	2
8	Stevenson (A) 1) HAMILTON, Malik SO 3) BARRETT, Jake SO	8:44.10	2) WOMACK, Johnathan SO 4) SCHINDLER, Hayden FR	1
9	Arcadia (A) 1) DELORENZO, Eric SO 3) IP, Sean FR	9:01.95	2) WALTER, Kevin JR 4) BEHM, Ben JR	
10	Delaware Valley (A) 1) BERBERABE, Ethan SR 3) TURNER, Barry FR	9:49.71	2) ROSENBERGER, Justin FR 4) OWEN, Carter FR	
	King's (Pa.) (A) 1) PETTY, Tyler FR 3) TOMASEK, Garret FR		2) LANE, Travis FR 4) TAYLOR, Logan FR	DNS

**#27 Women's 4 x 800m Relay**

M	MAC Indoor Champ	9:38.42	M Landis, B Hess, M Lewin, E Seeland	Messiah	2/23/2019
O	MAC Indoor Overall	9:37.23	M. Cusatis, K. Cameron, B. Comiskey,	Misericordia	2011
Pl	Team	Time	Note	Pts	
1	Messiah (A) 1) CORY, Olivia SO 3) WALSTROM, Kathleen SO	9:41.08	2) HESS, Brianna JR 4) SEELAND, Esther JR	10	

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Pl	Team	Time	Note	Pts
2	Widener (A)	9:57.14		8
	1) GROETZ, Sarah JR	2) HOLT, Donna FR		
	3) SWEELY, Jaden FR	4) BERNOTAS, Katelyn SR		
3	Lebanon Valley (A)	10:04.63		6
	1) JONES, Keri SR	2) RESELE, Julia JR		
	3) WAWRYZNSKI, Julia SO	4) BUNKE, Lauren SO		
4	DeSales (A)	10:07.21		5
	1) MURPHY, Sara JR	2) ESTUS, Haley FR		
	3) MARKWALTER, LeeAnn SR	4) SMITH, Amelia JR		
5	Misericordia (A)	10:08.44		4
	1) WAGNER, Brianna FR	2) VISAGGIO, Olivia JR		
	3) GALLAGHER, Kristin FR	4) DAVIS, Carlina FR		
6	Stevens (A)	10:16.13		3
	1) BURDEN, Nina FR	2) FEERICK, Fionna FR		
	3) PINHO, Rachel FR	4) WALETZKI, Nicole FR		
7	York (Pa.) (A)	10:22.24		2
	1) HENRY, Paige FR	2) KOZIOLEK, Cassie FR		
	3) BARKDOLL, Hannah FR	4) SKANE, Sarah SO		
8	King's (Pa.) (A)	10:45.16		1
	1) JOHNSON, Julia FR	2) PORTO, Elizabeth FR		
	3) MAJCHER, Mikaela FR	4) O'CONNOR, Jen FR		

**#28 Men's 4 x 400m Relay**

M MAC Indoor Champ 3:22.02 H Freeland, N Sites, L Harmon, J Tupper Widener 2/27/2016  
 O MAC Indoor Overall 3:18.33 R. Crooms, W. Brownback, M. Pena, T. Widener 2000

Pl	Team	Time	Note	H(Pl)	Pts
1	Lebanon Valley (A)	3:26.77		3(1)	10
	1) BUHR, Owen JR	2) LINDER, Owen FR			
	3) GRAUER, Logan JR	4) REED, Zachary SO			
2	Delaware Valley (A)	3:27.13		2(1)	8
	1) O'DUNLAMI, Matt FR	2) MASON, Dontae FR			
	3) KAUFMAN, Justin FR	4) COOPER, Logan SR			
3	Widener (A)	3:28.28		3(2)	6
	1) JOHN, Michael JR	2) GALICZYNSKI, Ryan JR			
	3) SCHREINER, Josh SO	4) KNOWLES, Samuel FR			
4	Stevenson (A)	3:31.06		3(3)	5
	1) RACCIOPPI, Jai FR	2) SUMMERS, Cameron SO			
	3) OYENIRAN, Jubelo FR	4) CASE, Ritchie SR			
5	Messiah (A)	3:33.05		3(4)	4
	1) HOFFMAN, Cassidy JR	2) DAUDT, Connor SO			
	3) BUCKWALTER, Silas SO	4) WILKINSON, Aedan FR			

**2022 MIDDLE ATLANTIC CONFERENCE INDOOR  
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**RESULTS****#28 Men's 4 x 400m Relay (cont'd)**

Pl	Team	Time	Note	H(Pl)	Pts
6	Stevens (A) 1) LAMASTRA, Danny JR 2) HOANG, Steven SO 3) TOMASCH, Troy SO 4) MCWILLIAMS, Xavier FR	3:33.21		2(2)	3
7	York (Pa.) (A) 1) CARRIGAN, Peter JR 2) HERR, Derek SO 3) HARDISON, Quincy FR 4) HIGGINS, Ian FR	3:39.08		2(3)	2
8	Alvernia (A) 1) LOEHR, Adam JR 2) JEROME, Elisiah FR 3) NEISWENDER, Segin FR 4) RODRIGUEZ JR., Emmanuel FR	3:39.12		2(4)	1
9	King's (Pa.) (A) 1) AVERY, Brendan FR 2) LANE, Travis FR 3) TOMASEK, Garret FR 4) NOVROCKI, Andrew FR	3:40.31		3(5)	
10	Albright (A) 1) NEGRON, Justin SR 2) GONYOE, Yaniv SR 3) MILLER, Conner SR 4) ORTEGA, Jose SO	3:42.42		1(1)	
11	Arcadia (A) 1) CARTER, Robert SO 2) SOTO, Justin SO 3) PINES ELLIOTT, Masai FR 4) WRAGG, Samuel SR	3:48.13		1(2)	
12	Eastern (A) 1) WILLIAMS, DaNeal SO 2) MOORE, Marvin SO 3) RIOS, Solomon FR 4) SHEA, Michael JR	3:50.82		2(5)	
	DeSales (A) 1) DUNBAR, Kyle SO 2) RUTLEDGE, Ason JR 3) TYCE, Carl JR 4) PHILLIPPY, Ben SO	DNS		3	

**SECTION RESULTS**

Pl	Team	Time	Note
<b>Section 1 of 3</b>			
1	Albright (A) 1) NEGRON, Justin SR 2) GONYOE, Yaniv SR 3) MILLER, Conner SR 4) ORTEGA, Jose SO	3:42.42	
2	Arcadia (A) 1) CARTER, Robert SO 2) SOTO, Justin SO 3) PINES ELLIOTT, Masai FR 4) WRAGG, Samuel SR	3:48.13	
<b>Section 2 of 3</b>			
1	Delaware Valley (A) 1) O'DUNLAMI, Matt FR 2) MASON, Dontae FR 3) KAUFMAN, Justin FR 4) COOPER, Logan SR	3:27.13	
2	Stevens (A) 1) LAMASTRA, Danny JR 2) HOANG, Steven SO 3) TOMASCH, Troy SO 4) MCWILLIAMS, Xavier FR	3:33.21	
3	York (Pa.) (A)	3:39.08	



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Pl	Team	Time	Note
5	Eastern (A) 1) CARRIGAN, Peter JR 3) HARDISON, Quincy FR 2) HERR, Derek SO 4) HIGGINS, Ian FR	3:50.82	
	1) WILLIAMS, DaNeal SO 3) RIOS, Solomon FR 2) MOORE, Marvin SO 4) SHEA, Michael JR		
<b>Section 3 of 3</b>			
1	Lebanon Valley (A) 1) BUHR, Owen JR 3) GRAUER, Logan JR 2) LINDER, Owen FR 4) REED, Zachary SO	3:26.77	
2	Widener (A) 1) JOHN, Michael JR 3) SCHREINER, Josh SO 2) GALICZYNSKI, Ryan JR 4) KNOWLES, Samuel FR	3:28.28	
3	Stevenson (A) 1) RACCIOPPI, Jai FR 3) OYENIRAN, Jubelo FR 2) SUMMERS, Cameron SO 4) CASE, Ritchie SR	3:31.06	
4	Messiah (A) 1) HOFFMAN, Cassidy JR 3) BUCKWALTER, Silas SO 2) DAUDT, Connor SO 4) WILKINSON, Aedan FR	3:33.05	
5	King's (Pa.) (A) 1) AVERY, Brendan FR 3) TOMASEK, Garret FR 2) LANE, Travis FR 4) NOVROCKI, Andrew FR	3:40.31	
	DeSales (A) 1) DUNBAR, Kyle SO 3) TYCE, Carl JR 2) RUTLEDGE, Ason JR 4) PHILLIPPY, Ben SO	DNS	

**#29 Women's 4 x 400m Relay**

M	MAC Indoor Champ	4:02.90	M Fairchild, K Fairchild, M Fry, A Viti	Misericordia	2/28/2015		
O	MAC Indoor Overall	3:53.00	M. Fairchild, M. Fry, K. Fairchild, A. Viti	Misericordia	2015		
Pl	Team	Time	Note	H(Pl)	Pts		
1	Misericordia (A) 1) ALLEN, Casey FR 3) BADILLO, Sonialys SO 2) HACKENBERG, Amber FR 4) RINE, Averi SO	4:09.39		3(1)	10		
2	Lebanon Valley (A) 1) MCCURDY, Hannah SO 3) GOOD, Laura FR 2) PEIFFER, Alyssa FR 4) BERKHEIMER, Darrian FR	4:14.46		3(2)	8		
3	Eastern (A) 1) WHITE-VEGA, Aliza FR 3) ULAKY, Brianna JR 2) CRAWFORD, Lindsey JR 4) SHREFFLER, Hailey FR	4:14.75		3(3)	6		
4	Messiah (A) 1) CHANDLER, Cassidy SO 3) LONGSHAW, Ellie JR 2) GRAYBILL, Emma FR 4) JOHNSEN, Emma JR	4:15.00		3(4)	5		

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**RESULTS****#29 Women's 4 x 400m Relay (cont'd)**

Pl	Team	Time	Note	H(Pl)	Pts
5	Stevens (A) 1) ZUO, Sophia SO 3) PINHO, Rachel FR	4:16.25		3(5)	4
	2) CANCIANI, Allie FR 4) MATHEWS, Laura SO				
6	Alvernia (A) 1) PHILIPPE, Jenna FR 3) STERNBERG, Caitlin FR	4:20.36		2(1)	3
	2) ANGSTADT, Kira FR 4) YARBRAW, Micah SO				
7	Widener (A) 1) FORD, Tara SR 3) SCHULTZ, Emma FR	4:20.77		3(6)	2
	2) LOWNES, Carly SO 4) DANIEL, Elise FR				
8	King's (Pa.) (A) 1) BROGA, Angelina SO 3) ZAMBETTI, Nicole FR	4:23.94		2(2)	1
	2) DAINAUSKI, Laura FR 4) ALBRIGHT, Beth JR				
9	Stevenson (A) 1) SABO, Mikhayla JR 3) GOOCH, Olivia JR	4:26.08		2(3)	
	2) AL NASERI, Maryam SO 4) WILSON, Jasmine FR				
10	Hood (A) 1) HANCOCK, Shayna SO 3) HELLER, Adalie FR	4:26.58		2(4)	
	2) TAYLOR, Roselyn FR 4) MASON, Shania FR				
11	Delaware Valley (A) 1) MULLEN, Sarah FR 3) BLACKMON, Alyssa FR	4:30.69		1(1)	
	2) HASTINGS, Kelly FR 4) JOSEPH, Alysia SO				
12	DeSales (A) 1) RADCLIFFE, Abigail FR 3) LASAR, Erica FR	4:31.51		1(2)	
	2) KLINGER, Delaney JR 4) CLAVEL-DAVIO, Isabella FR				
13	Arcadia (A) 1) GORDLEY, Micah SO 3) DAWSON, Tate SR	4:36.77		2(5)	
	2) STRAVINSKY, Chloe SR 4) NOCCHI, Mackenzie SO				
14	York (Pa.) (A) 1) WAGNER, Jordan JR 3) BROWN, Erin JR	4:36.92		2(6)	
	2) FRY, Lindsay FR 4) MANN, Payton FR				
15	Albright (A) 1) SCHWEITZER, Katelyn SO 3) DANIELS, Rachael SR	4:45.83		1(3)	
	2) HOLDER, Rehanna SR 4) SHOW, Madison JR				

**SECTION RESULTS**

Pl	Team	Time	Note
<b>Section 1 of 3</b>			
1	Delaware Valley (A) 1) MULLEN, Sarah FR 3) BLACKMON, Alyssa FR	4:30.69	
	2) HASTINGS, Kelly FR 4) JOSEPH, Alysia SO		
2	DeSales (A)	4:31.51	

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Pl	Team	Time	Note
	1) RADCLIFFE, Abigail FR		2) KLINGER, Delaney JR
	3) LASAR, Erica FR		4) CLAVEL-DAVIO, Isabella FR
<b>Section 2 of 3</b>			
1	Alvernia (A)	4:20.36	
	1) PHILIPPE, Jenna FR		2) ANGSTADT, Kira FR
	3) STERNBERG, Caitlin FR		4) YARBRAVY, Micah SO
2	King's (Pa.) (A)	4:23.94	
	1) BROGA, Angelina SO		2) DAINAUSKI, Laura FR
	3) ZAMBETTI, Nicole FR		4) ALBRIGHT, Beth JR
3	Stevenson (A)	4:26.08	
	1) SABO, Mikhayla JR		2) AL NASERI, Maryam SO
	3) GOOCH, Olivia JR		4) WILSON, Jasmine FR
4	Hood (A)	4:26.58	
	1) HANCOCK, Shayna SO		2) TAYLOR, Roselyn FR
	3) HELLER, Adalie FR		4) MASON, Shania FR
5	Arcadia (A)	4:36.77	
	1) GORDLEY, Micah SO		2) STRAVINSKY, Chloe SR
	3) DAWSON, Tate SR		4) NOCCHI, Mackenzie SO
6	York (Pa.) (A)	4:36.92	
	1) WAGNER, Jordan JR		2) FRY, Lindsay FR
	3) BROWN, Erin JR		4) MANN, Payton FR
<b>Section 3 of 3</b>			
1	Misericordia (A)	4:09.39	
	1) ALLEN, Casey FR		2) HACKENBERG, Amber FR
	3) BADILLO, Sonialys SO		4) RINE, Averi SO
2	Lebanon Valley (A)	4:14.46	
	1) MCCURDY, Hannah SO		2) PEIFFER, Alyssa FR
	3) GOOD, Laura FR		4) BERKHEIMER, Darrian FR
3	Eastern (A)	4:14.75	
	1) WHITE-VEGA, Aliza FR		2) CRAWFORD, Lindsey JR
	3) ULAKY, Brianna JR		4) SHREFFLER, Hailey FR
4	Messiah (A)	4:15.00	
	1) CHANDLER, Cassidy SO		2) GRAYBILL, Emma FR
	3) LONGSHAW, Ellie JR		4) JOHNSEN, Emma JR
5	Stevens (A)	4:16.25	
	1) ZUO, Sophia SO		2) CANCIANI, Allie FR
	3) PINHO, Rachel FR		4) MATHEWS, Laura SO
6	Widener (A)	4:20.77	
	1) FORD, Tara SR		2) LOWNES, Carly SO
	3) SCHULTZ, Emma FR		4) DANIEL, Elise FR

**2022 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPS**

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**RESULTS**

**#30 Women's Shot Put**

M MAC Indoor Champ 14.65m Lauren Lucci Widener 2008  
O MAC Indoor Overall 14.65m Lauren Lucci Widener 2008

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	COONEY, Anna	JR	Widener	14.23m 46' 8 <sup>1</sup> / <sub>4</sub> "	14.23	13.33	13.59	13.21	13.28	13.26	10
2	KARNISH, Brenna	JR	Misericordia	11.99m 39' 4"	11.99	11.15	11.77	11.88	11.03	11.92	8
3	LACCETTI, AnaMaria	JR	Stevens	11.54m 37' 10 <sup>1</sup> / <sub>2</sub> "	10.56	11.01	11.12	11.54	11.03	10.93	6
4	HOLLANDER, Adele	FR	King's (Pa.)	11.46m 37' 7 <sup>1</sup> / <sub>4</sub> "	10.58	11.37	11.08	11.46	10.90	11.28	5
5	LOUGHNEY, McKenna	SR	Lebanon Vall	11.30m 37' 1"	11.30	10.54	10.95	FOUL	11.04	10.92	4
6	KITCHNER, Danielle	JR	King's (Pa.)	11.04m 36' 2 <sup>3</sup> / <sub>4</sub> "	10.76	10.48	10.51	11.04	10.89	FOUL	3
7	ASSANTE, Lauren	FR	Lebanon Vall	11.04m 36' 2 <sup>3</sup> / <sub>4</sub> "	10.21	11.04	FOUL	FOUL	10.52	10.61	2
8	REED, Caroline	FR	Lebanon Vall	10.47m 34' 4 <sup>1</sup> / <sub>4</sub> "	10.08	9.62	10.47	9.89	9.87	10.33	1
9	BARTELS, Ashley	SO	Lebanon Vall	10.10m 33' 1 <sup>3</sup> / <sub>4</sub> "	10.10	FOUL	9.64	9.87	9.75	10.01	
10	MULIAWAN, Ashley	SO	Stevens	9.93m 32' 7"	7.49	9.93	8.43				
11	FERSTER, Leah	FR	Messiah	9.69m 31' 9 <sup>1</sup> / <sub>2</sub> "	9.69	9.64	9.03				
12	BELLOMO, Gabby	FR	Misericordia	9.68m 31' 9 <sup>1</sup> / <sub>4</sub> "	9.11	9.68	9.32				
13	ZECHMAN, Taileen	SO	Hood	9.65m 31' 8"	9.20	9.65	9.34				
14	BIELFELD, Sarah	SO	Misericordia	9.56m 31' 4 <sup>1</sup> / <sub>2</sub> "	9.56	8.91	9.11				
15	HILFERTY, Delaney	FR	King's (Pa.)	9.32m 30' 7"	FOUL	8.49	9.32				
16	HAFER, Lauren	FR	Lebanon Vall	9.18m 30' 1 <sup>1</sup> / <sub>2</sub> "	9.08	9.18	8.64				

**#31 Men's Shot Put**

M MAC Indoor Champ 17.52m Fred Fulton Messiah 2/23/2013  
O MAC Indoor Overall 17.86m Fred Fulton Messiah 2013

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	MURRAY, Matthew	SR	DeSales	15.74m 51' 7 <sup>3</sup> / <sub>4</sub> "	14.88	15.25	15.48	14.59	14.95	15.74	2(1)	10
2	LITTLEFIELD, Alden	SR	Widener	15.71m 51' 6 <sup>1</sup> / <sub>2</sub> "	14.34	14.65	FOUL	15.16	14.37	15.71	2(2)	8
3	LE CADRE, Justin	JR	King's (Pa.)	15.06m 49' 5"	13.62	14.00	14.49	15.06	FOUL	FOUL	2(3)	6
4	KRISTELLER, Alex	SO	Widener	14.95m 49' 0 <sup>3</sup> / <sub>4</sub> "	14.54	14.61	FOUL	14.58	14.95	14.61	2(4)	5
5	ADAMS, Justin	SO	Widener	14.69m 48' 2 <sup>1</sup> / <sub>2</sub> "	14.42	14.37	14.69	14.52	14.12	14.69	2(5)	4
6	MOTT, Andrew	FR	York (Pa.)	14.48m 47' 6 <sup>1</sup> / <sub>4</sub> "	14.48	14.39	14.21	FOUL	FOUL	14.27	2(6)	3
7	KEMP, Carnell	FR	King's (Pa.)	14.29m 46' 10 <sup>3</sup> / <sub>4</sub> "	FOUL	FOUL	14.29	13.97	FOUL	FOUL	2(7)	2
8	PEROT, Brandon	FR	Delaware Vall	14.13m 46' 4 <sup>1</sup> / <sub>4</sub> "	13.91	12.92	13.13	14.13	13.24	13.55	2(8)	1
9	WATERS, David	FR	Widener	13.72m 45' 0 <sup>1</sup> / <sub>4</sub> "	13.49	FOUL	13.72	13.44	13.17	13.60	2(9)	
10	REYNOLDS, Trey	FR	Lebanon Vall	13.71m 44' 11 <sup>3</sup> / <sub>4</sub> "	13.71	13.12	13.68				2(10)	
11	FISHER, William	FR	Lebanon Vall	13.45m 44' 1 <sup>1</sup> / <sub>2</sub> "	FOUL	12.65	13.45				2(11)	
12	ANDERSON, Michael	FR	Misericordia	13.42m 44' 0 <sup>1</sup> / <sub>2</sub> "	13.05	13.41	13.42				2(12)	
13	GRAY, Cory	FR	Alvernia	13.08m 42' 11"	13.08	12.83	12.76				1(1)	
14	SHARP, Harrison	SO	York (Pa.)	12.39m 40' 7 <sup>3</sup> / <sub>4</sub> "	11.90	12.39	FOUL				1(2)	
15	SHAY, Cody	FR	Lebanon Vall	12.23m 40' 1 <sup>1</sup> / <sub>2</sub> "	11.30	12.17	12.23				1(3)	
16	HOWELL, Conrad	SO	Widener	12.06m 39' 7"	11.49	12.06	11.66				1(4)	
17	PUGH, Marcus	JR	Stevenson	11.86m 38' 11"	11.63	11.86	11.46				1(5)	
18	PAUL, Ian	FR	Lebanon Vall	11.37m 37' 3 <sup>3</sup> / <sub>4</sub> "	11.37	11.34	FOUL				1(6)	
19	EVANICK, G. Aonghas	FR	Lebanon Vall	11.12m 36' 5 <sup>3</sup> / <sub>4</sub> "	11.12	FOUL	FOUL				1(7)	
20	BARGIEL, Antonio	FR	Albright	10.89m 35' 8 <sup>3</sup> / <sub>4</sub> "	10.89	10.50	10.73				1(8)	
21	CHINN, Nick	JR	DeSales	10.55m 34' 7 <sup>1</sup> / <sub>2</sub> "	10.39	10.55	FOUL				1(9)	
22	Keady, Colin	FR	Stevens	9.33m 30' 7 <sup>1</sup> / <sub>2</sub> "	8.89	9.33	8.77				1(10)	

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RESULTS

#31 Men's Shot Put (cont'd)

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
LECHTHALER, Hoyt	FR Messiah	NM	FOUL	FOUL	FOUL					1
WILLIAMS, Nathan	FR Stevenson	NM	FOUL	FOUL	FOUL					2
SCOTT, Jason	JR Alvernia	NM								1

FLIGHT RESULTS

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6		
<b>Flight 1 of 2</b>										
1 GRAY, Cory	FR Alvernia	13.08m 42' 11"	13.08	12.83	12.76					
2 SHARP, Harrison	SO York (Pa.)	12.39m 40' 7 <sup>3</sup> / <sub>4</sub>	11.90	12.39	FOUL					
3 SHAY, Cody	FR Lebanon Vall	12.23m 40' 1 <sup>1</sup> / <sub>2</sub>	11.30	12.17	12.23					
4 HOWELL, Conrad	SO Widener	12.06m 39' 7"	11.49	12.06	11.66					
5 PUGH, Marcus	JR Stevenson	11.86m 38' 11"	11.63	11.86	11.46					
6 PAUL, Ian	FR Lebanon Vall	11.37m 37' 3 <sup>3</sup> / <sub>4</sub>	11.37	11.34	FOUL					
7 EVANICK, G. Aonghas	FR Lebanon Vall	11.12m 36' 5 <sup>3</sup> / <sub>4</sub>	11.12	FOUL	FOUL					
8 BARGIEL, Antonio	FR Albright	10.89m 35' 8 <sup>3</sup> / <sub>4</sub>	10.89	10.50	10.73					
9 CHINN, Nick	JR DeSales	10.55m 34' 7 <sup>1</sup> / <sub>2</sub>	10.39	10.55	FOUL					
10 KEADY, Colin	FR Stevens	9.33m 30' 7 <sup>1</sup> / <sub>2</sub>	8.89	9.33	8.77					
LECHTHALER, Hoyt	FR Messiah	NM	FOUL	FOUL	FOUL					
SCOTT, Jason	JR Alvernia	NM								
<b>Flight 2 of 2</b>										
1 MURRAY, Matthew	SR DeSales	15.74m 51' 7 <sup>3</sup> / <sub>4</sub>	14.88	15.25	15.48	14.59	14.95	15.74		
2 LITTLEFIELD, Alden	SR Widener	15.71m 51' 6 <sup>1</sup> / <sub>2</sub>	14.34	14.65	FOUL	15.16	14.37	15.71		
3 LE CADRE, Justin	JR King's (Pa.)	15.06m 49' 5"	13.62	14.00	14.49	15.06	FOUL	FOUL		
4 KRISTELLER, Alex	SO Widener	14.95m 49' 0 <sup>3</sup> / <sub>4</sub>	14.54	14.61	FOUL	14.58	14.95	14.61		
5 ADAMS, Justin	SO Widener	14.69m 48' 2 <sup>1</sup> / <sub>2</sub>	14.42	14.37	14.69	14.52	14.12	14.69		
6 MOTT, Andrew	FR York (Pa.)	14.48m 47' 6 <sup>1</sup> / <sub>4</sub>	14.48	14.39	14.21	FOUL	FOUL	14.27		
7 KEMP, Carnell	FR King's (Pa.)	14.29m 46' 10 <sup>3</sup> / <sub>4</sub>	FOUL	FOUL	14.29	13.97	FOUL	FOUL		
8 PEROT, Brandon	FR Delaware Vall	14.13m 46' 4 <sup>1</sup> / <sub>4</sub>	13.91	12.92	13.13	14.13	13.24	13.55		
9 WATERS, David	FR Widener	13.72m 45' 0 <sup>1</sup> / <sub>4</sub>	13.49	FOUL	13.72	13.44	13.17	13.60		
10 REYNOLDS, Trey	FR Lebanon Vall	13.71m 44' 11 <sup>3</sup> / <sub>4</sub>	13.71	13.12	13.68					
11 FISHER, William	FR Lebanon Vall	13.45m 44' 1 <sup>1</sup> / <sub>2</sub>	FOUL	12.65	13.45					
12 ANDERSON, Michael	FR Misericordia	13.42m 44' 0 <sup>1</sup> / <sub>2</sub>	13.05	13.41	13.42					
WILLIAMS, Nathan	FR Stevenson	NM	FOUL	FOUL	FOUL					

#32 Women's Triple Jump

M	MAC Indoor Champ	12.07m	Nicole Weenink	Eastern	2/29/2020
O	MAC Indoor Overall	12.12m	Kristen Bates	Messiah	2010

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
1 FELIX, Shinelle	FR Alvernia	11.33m 37' 2 <sup>1</sup> / <sub>4</sub>	10.92 (+0.0)	(+0.0)	11.33 (+0.0)	(+0.0)	10.97 (+0.0)	(+0.0)	2(1)	10
2 MIHALKO, Natasha	FR Misericordia	11.22m 36' 9 <sup>3</sup> / <sub>4</sub>	FOUL	10.50 (+0.0)	10.96 (+0.0)	10.60 (+0.0)	10.93 (+0.0)	11.22 (+0.0)	2(2)	8
3 OLEWINE, Jill	JR Misericordia	11.03m 36' 2 <sup>1</sup> / <sub>4</sub>	10.92 (+0.0)	10.53 (+0.0)	10.65 (+0.0)	10.59 (+0.0)	FOUL	11.03 (+0.0)	2(3)	6
4 WAGNER, Sarah	FR Misericordia	10.88m 35' 8 <sup>1</sup> / <sub>2</sub>	9.70 (+0.0)	10.69 (+0.0)	10.88 (+0.0)	10.24 (+0.0)	FOUL	10.56 (+0.0)	2(4)	5
5 BRUBAKER, Megan	SO DeSales	10.78m 35' 4 <sup>1</sup> / <sub>2</sub>	10.75 (+0.0)	10.77 (+0.0)	10.76 (+0.0)	10.50 (+0.0)	10.78 (+0.0)	FOUL	2(5)	4
6 CONFORTI, Gabriella	SO King's (Pa.)	10.60m 34' 9 <sup>1</sup> / <sub>2</sub>	FOUL	10.41 (+0.0)	10.56 (+0.0)	10.20 (+0.0)	10.60 (+0.0)	FOUL	2(6)	3
7 APLIN, Grace	FR Lebanon Vall	10.51m 34' 5 <sup>3</sup> / <sub>4</sub>	10.51 (+0.0)	10.30 (+0.0)	10.39 (+0.0)	10.18 (+0.0)	10.10 (+0.0)	10.47 (+0.0)	2(7)	2
8 VARGAS, Elena	FR Messiah	10.44m 34' 3"	10.18 (+0.0)	10.44 (+0.0)	10.24 (+0.0)	10.41 (+0.0)	10.18 (+0.0)	10.02 (+0.0)	2(8)	1
9 GRAYBILL, Emma	FR Messiah	10.34m 33' 11 <sup>1</sup> / <sub>4</sub>	10.34 (+0.0)	9.84 (+0.0)	10.16 (+0.0)	10.05 (+0.0)	10.21 (+0.0)	10.05 (+0.0)	2(9)	

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# RESULTS

## #32 Women's Triple Jump (cont'd)

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
10 SENSENIG, Olivia	FR Lebanon Vall	10.11m 33' 2"	10.11 (+0.0)	9.92 (+0.0)	9.63 (+0.0)					2(10)
11 OSEI, Nicole	SO Stevenson	9.96m 32' 8 <sup>1</sup> / <sub>4</sub>	9.83 (+0.0)	9.85 (+0.0)	9.96 (+0.0)					2(11)
12 CALL, Olivia	FR Messiah	9.94m 32' 7 <sup>1</sup> / <sub>2</sub>	FOUL	9.94 (+0.0)	9.75 (+0.0)					1(1)
13 SANTORO, Ella	FR Stevens	9.94m 32' 7 <sup>1</sup> / <sub>2</sub>	9.52 (+0.0)	9.74 (+0.0)	9.94 (+0.0)					1(2)
14 BEKELE, Divora	SO Eastern	9.91m 32' 6 <sup>1</sup> / <sub>4</sub>	FOUL	9.91 (+0.0)	FOUL					1(3)
15 DAVIS, Xiahna	FR Misericordia	9.81m 32' 2 <sup>1</sup> / <sub>4</sub>	9.68 (+0.0)	FOUL	9.81 (+0.0)					2(12)
16 THUNBERG, Haley	FR Lebanon Vall	9.59m 31' 5 <sup>3</sup> / <sub>4</sub>	9.27 (+0.0)	9.59 (+0.0)	9.41 (+0.0)					1(4)
17 HOXTER, Akilah	SO Alvernia	8.84m 29' 0"	FOUL	FOUL	8.84 (+0.0)					1(5)

## FLIGHT RESULTS

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6		
<b>Flight 1 of 2</b>										
1 CALL, Olivia	FR Messiah	9.94m 32' 7 <sup>1</sup> / <sub>2</sub>	FOUL	9.94 (+0.0)	9.75 (+0.0)					
2 SANTORO, Ella	FR Stevens	9.94m 32' 7 <sup>1</sup> / <sub>2</sub>	9.52 (+0.0)	9.74 (+0.0)	9.94 (+0.0)					
3 BEKELE, Divora	SO Eastern	9.91m 32' 6 <sup>1</sup> / <sub>4</sub>	FOUL	9.91 (+0.0)	FOUL					
4 THUNBERG, Haley	FR Lebanon Vall	9.59m 31' 5 <sup>3</sup> / <sub>4</sub>	9.27 (+0.0)	9.59 (+0.0)	9.41 (+0.0)					
5 HOXTER, Akilah	SO Alvernia	8.84m 29' 0"	FOUL	FOUL	8.84 (+0.0)					
<b>Flight 2 of 2</b>										
1 FELIX, Shinelle	FR Alvernia	11.33m 37' 2 <sup>1</sup> / <sub>4</sub>	10.92 (+0.0)	(+0.0)	11.33 (+0.0)	(+0.0)	10.97 (+0.0)	(+0.0)		
2 MIHALKO, Natasha	FR Misericordia	11.22m 36' 9 <sup>3</sup> / <sub>4</sub>	FOUL	10.50 (+0.0)	10.96 (+0.0)	10.60 (+0.0)	10.93 (+0.0)	11.22 (+0.0)		
3 OLEWINE, Jill	JR Misericordia	11.03m 36' 2 <sup>1</sup> / <sub>4</sub>	10.92 (+0.0)	10.53 (+0.0)	10.65 (+0.0)	10.59 (+0.0)	FOUL	11.03 (+0.0)		
4 WAGNER, Sarah	FR Misericordia	10.88m 35' 8 <sup>1</sup> / <sub>2</sub>	9.70 (+0.0)	10.69 (+0.0)	10.88 (+0.0)	10.24 (+0.0)	FOUL	10.56 (+0.0)		
5 BRUBAKER, Megan	SO DeSales	10.78m 35' 4 <sup>1</sup> / <sub>2</sub>	10.75 (+0.0)	10.77 (+0.0)	10.76 (+0.0)	10.50 (+0.0)	10.78 (+0.0)	FOUL		
6 CONFORTI, Gabriella	SO King's (Pa.)	10.60m 34' 9 <sup>1</sup> / <sub>2</sub>	FOUL	10.41 (+0.0)	10.56 (+0.0)	10.20 (+0.0)	10.60 (+0.0)	FOUL		
7 APLIN, Grace	FR Lebanon Vall	10.51m 34' 5 <sup>3</sup> / <sub>4</sub>	10.51 (+0.0)	10.30 (+0.0)	10.39 (+0.0)	10.18 (+0.0)	10.10 (+0.0)	10.47 (+0.0)		
8 VARGAS, Elena	FR Messiah	10.44m 34' 3"	10.18 (+0.0)	10.44 (+0.0)	10.24 (+0.0)	10.41 (+0.0)	10.18 (+0.0)	10.02 (+0.0)		
9 GRAYBILL, Emma	FR Messiah	10.34m 33' 11 <sup>1</sup> / <sub>4</sub>	10.34 (+0.0)	9.84 (+0.0)	10.16 (+0.0)	10.05 (+0.0)	10.21 (+0.0)	10.05 (+0.0)		
10 SENSENIG, Olivia	FR Lebanon Vall	10.11m 33' 2"	10.11 (+0.0)	9.92 (+0.0)	9.63 (+0.0)					
11 OSEI, Nicole	SO Stevenson	9.96m 32' 8 <sup>1</sup> / <sub>4</sub>	9.83 (+0.0)	9.85 (+0.0)	9.96 (+0.0)					
12 DAVIS, Xiahna	FR Misericordia	9.81m 32' 2 <sup>1</sup> / <sub>4</sub>	9.68 (+0.0)	FOUL	9.81 (+0.0)					

## #33 Men's Triple Jump

M	MAC Indoor Champ	14.86m	Jason Patterson	Elizabethtown	2004
O	MAC Indoor Overall	14.86m	Jason Patterson	Elizabethtown	2004

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1 PHOENIX, Xavier	JR DeSales	14.75m 48' 4 <sup>3</sup> / <sub>4</sub>	14.75 (+0.0)	(+0.0)	FOUL	FOUL	FOUL	14.45 (+0.0)	2(1)	10
2 PROVAN, Brendan	SR Messiah	14.18m 46' 6 <sup>1</sup> / <sub>4</sub>	12.72 (+0.0)	13.70 (+0.0)	13.71 (+0.0)	13.63 (+0.0)	13.57 (+0.0)	14.18 (+0.0)	2(2)	8
3 TAYLOR, Andre	FR Eastern	13.62m 44' 8 <sup>1</sup> / <sub>4</sub>	12.93 (+0.0)	13.23 (+0.0)	13.62 (+0.0)	13.32 (+0.0)	13.51 (+0.0)	13.05 (+0.0)	2(3)	6
4 MAHONEY, Jack	SO York (Pa.)	13.51m 44' 4"	FOUL	13.20 (+0.0)	12.97 (+0.0)	13.26 (+0.0)	13.36 (+0.0)	13.51 (+0.0)	2(4)	5
5 STEELE, John	FR Messiah	13.46m 44' 2"	13.46 (+0.0)	12.64 (+0.0)	13.05 (+0.0)	12.52 (+0.0)	13.25 (+0.0)	13.30 (+0.0)	2(5)	4
6 BRUNELLE, Matthieu	FR Misericordia	13.36m 43' 10"	13.05 (+0.0)	13.36 (+0.0)	12.95 (+0.0)	FOUL	FOUL	12.55 (+0.0)	2(6)	3
7 COSGROVE, Aaron	SO York (Pa.)	13.34m 43' 9 <sup>1</sup> / <sub>4</sub>	13.01 (+0.0)	13.34 (+0.0)	(+0.0)	(+0.0)	(+0.0)	(+0.0)	2(7)	2
8 EVANS, Colin	FR York (Pa.)	13.18m 43' 3"	FOUL	13.14 (+0.0)	13.18 (+0.0)	13.06 (+0.0)	12.71 (+0.0)	13.14 (+0.0)	2(8)	1
9 OTTO, Joshua	SO Lebanon Vall	12.91m 42' 4 <sup>1</sup> / <sub>4</sub>	12.79 (+0.0)	12.61 (+0.0)	12.91 (+0.0)	FOUL	12.84 (+0.0)	FOUL	2(9)	
10 CAPUTO, Dylan	SR Widener	12.82m 42' 0 <sup>3</sup> / <sub>4</sub>	12.45 (+0.0)	12.34 (+0.0)	12.82 (+0.0)				1(1)	
11 WILSON, Vajon	SO DeSales	12.55m 41' 2 <sup>1</sup> / <sub>4</sub>	FOUL	FOUL	12.55 (+0.0)				2(10)	
12 MYERS, Eddie	JR Lebanon Vall	12.49m 40' 11 <sup>3</sup> / <sub>4</sub>	12.49 (+0.0)	FOUL	11.35 (+0.0)				1(2)	

2022 MIDDLE ATLANTIC CONFERENCE INDOOR  
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RESULTS

#33 Men's Triple Jump (cont'd)

PI Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
13 MASON, Dontae	FR Delaware Vall	12.38m 40' 7 1/2	11.97 (+0.0)	FOUL	12.38 (+0.0)					2(11)
14 FRAILEY, Darius	FR York (Pa.)	12.23m 40' 1 1/2	FOUL	FOUL	12.23 (+0.0)					2(12)
15 HOPKINS, Ty'Shawn	JR Misericordia	12.08m 39' 7 3/4	FOUL	FOUL	12.08 (+0.0)					1(3)
16 SHOFF, Robert	JR Lebanon Vall	12.03m 39' 5 3/4	FOUL	12.03 (+0.0)	11.99 (+0.0)					1(4)
17 KEITEL, Noah	FR Messiah	12.02m 39' 5 1/4	12.02 (+0.0)	FOUL	FOUL					1(5)
18 KERR, Landon	FR Messiah	11.76m 38' 7"	11.62 (+0.0)	11.76 (+0.0)	11.66 (+0.0)					1(6)
19 TURNER, Joshua	FR York (Pa.)	11.59m 38' 0 1/4	11.40 (+0.0)	11.59 (+0.0)	11.37 (+0.0)					1(7)
20 HOWELL, Kenny	SO Stevens	11.21m 36' 9 1/2	FOUL	FOUL	11.21 (+0.0)					1(8)
BARE, Zachary	FR Misericordia	NM	FOUL	FOUL	FOUL					1

FLIGHT RESULTS

PI Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
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Flight 1 of 2

1 CAPUTO, Dylan	SR Widener	12.82m 42' 0 3/4	12.45 (+0.0)	12.34 (+0.0)	12.82 (+0.0)			
2 MYERS, Eddie	JR Lebanon Vall	12.49m 40' 11 3/4	12.49 (+0.0)	FOUL	11.35 (+0.0)			
3 HOPKINS, Ty'Shawn	JR Misericordia	12.08m 39' 7 3/4	FOUL	FOUL	12.08 (+0.0)			
4 SHOFF, Robert	JR Lebanon Vall	12.03m 39' 5 3/4	FOUL	12.03 (+0.0)	11.99 (+0.0)			
5 KEITEL, Noah	FR Messiah	12.02m 39' 5 1/4	12.02 (+0.0)	FOUL	FOUL			
6 KERR, Landon	FR Messiah	11.76m 38' 7"	11.62 (+0.0)	11.76 (+0.0)	11.66 (+0.0)			
7 TURNER, Joshua	FR York (Pa.)	11.59m 38' 0 1/4	11.40 (+0.0)	11.59 (+0.0)	11.37 (+0.0)			
8 HOWELL, Kenny	SO Stevens	11.21m 36' 9 1/2	FOUL	FOUL	11.21 (+0.0)			
BARE, Zachary	FR Misericordia	NM	FOUL	FOUL	FOUL			

Flight 2 of 2

1 PHOENIX, Xavier	JR DeSales	14.75m 48' 4 3/4	14.75 (+0.0)	(+0.0)	FOUL	FOUL	FOUL	14.45 (+0.0)
2 PROVAN, Brendan	SR Messiah	14.18m 46' 6 1/4	12.72 (+0.0)	13.70 (+0.0)	13.71 (+0.0)	13.63 (+0.0)	13.57 (+0.0)	14.18 (+0.0)
3 TAYLOR, Andre	FR Eastern	13.62m 44' 8 1/4	12.93 (+0.0)	13.23 (+0.0)	13.62 (+0.0)	13.32 (+0.0)	13.51 (+0.0)	13.05 (+0.0)
4 MAHONEY, Jack	SO York (Pa.)	13.51m 44' 4"	FOUL	13.20 (+0.0)	12.97 (+0.0)	13.26 (+0.0)	13.36 (+0.0)	13.51 (+0.0)
5 STEELE, John	FR Messiah	13.46m 44' 2"	13.46 (+0.0)	12.64 (+0.0)	13.05 (+0.0)	12.52 (+0.0)	13.25 (+0.0)	13.30 (+0.0)
6 BRUNELLE, Matthieu	FR Misericordia	13.36m 43' 10"	13.05 (+0.0)	13.36 (+0.0)	12.95 (+0.0)	FOUL	FOUL	12.55 (+0.0)
7 COSGROVE, Aaron	SO York (Pa.)	13.34m 43' 9 1/4	13.01 (+0.0)	13.34 (+0.0)	(+0.0)	(+0.0)	(+0.0)	(+0.0)
8 EVANS, Colin	FR York (Pa.)	13.18m 43' 3"	FOUL	13.14 (+0.0)	13.18 (+0.0)	13.06 (+0.0)	12.71 (+0.0)	13.14 (+0.0)
9 OTTO, Joshua	SO Lebanon Vall	12.91m 42' 4 1/4	12.79 (+0.0)	12.61 (+0.0)	12.91 (+0.0)	FOUL	12.84 (+0.0)	FOUL
10 WILSON, Vajon	SO DeSales	12.55m 41' 2 1/4	FOUL	FOUL	12.55 (+0.0)			
11 MASON, Dontae	FR Delaware Vall	12.38m 40' 7 1/2	11.97 (+0.0)	FOUL	12.38 (+0.0)			
12 FRAILEY, Darius	FR York (Pa.)	12.23m 40' 1 1/2	FOUL	FOUL	12.23 (+0.0)			

#34 Women's High Jump

M	MAC Indoor Champ	1.71m	Taylor Wiederrecht	Messiah	2/23/2019
O	MAC Indoor Overall	1.76m	Ashlee Ward	Misericordia	2014

PI Name	Yr Team	Mark	1.32	1.37	1.42	1.47	1.50	1.53	1.56	1.59	1.62	1.65	Pts
1 TIGHE, Caroline	FR Stevens	1.62m 5' 3 3/4	P	P	P	O	O	P	O	O	O	XXX	10
2 ALLEN, Casey	FR Misericordia	1.62m 5' 3 3/4	P	P	P	O	O	O	O	O	XO	XXX	8
3 KOUTCH, Melena	FR Lebanon Vall	1.59m 5' 2 1/2	P	P	O	O	O	O	XO	XXO	XXX		6
4 CANCIANI, Allie	FR Stevens	1.56m 5' 1 1/4	P	P	O	O	O	XO	O	XXX			5
5 CARR, Tatina	FR Widener	1.56m 5' 1 1/4	P	P	P	O	O	XXO	O	XXX			4
6 ENGLE, Hayley	JR Misericordia	1.56m 5' 1 1/4	P	P	O	O	O	O	XO	XXX			3

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# RESULTS

## #34 Women's High Jump (cont'd)

7	WINGLE, Tyra	JR DeSales	1.56m 5' 1 1/4"	P	P	O	O	O	XXO	XXO	XXX	2
8	GOURLEY, Emily	JR Messiah	1.50m 4' 11"	P	O	O	O	O	XXX			1
9	DAY, Skylia	FR Stevenson	1.50m 4' 11"	O	O	O	XO	XXO	XXX			
10	GLISTA, Morgan	JR Arcadia	1.47m 4' 9 3/4"	P	O	O	O	XXX				
11	DANIELS, Rachael	SR Albright	1.47m 4' 9 3/4"	P	O	O	XO	XXX				
12	NOCCHI, Mackenzie	SO Arcadia	1.42m 4' 7 3/4"	O	O	O	XXX					
12	STEGER, Savannah	SO Widener	1.42m 4' 7 3/4"	O	O	O	XXX					
14	D'AMATO, Cristina	FR Eastern	1.42m 4' 7 3/4"	O	XO	O	XXX					
15	CARPENTER, Paige	FR Eastern	1.37m 4' 6"	O	XO	XXX						

Pl	Name	Yr Team	Mark	1.27									Pts
15	CARPENTER, Paige	FR Eastern	(cont'd)	O									

## #35 Men's High Jump

M	MAC Indoor Champ	2.07m	Valiant McKee	Widener	2/24/2018
O	MAC Indoor Overall	2.07m	Valiant McKee	Widener	2/29/2020

Pl	Name	Yr Team	Mark	1.73	1.78	1.83	1.86	1.89	1.92	1.95	1.98	2.01	2.08	Pts
1	MCKEE, Valiant	SR Widener	2.01m 6' 7"	P	P	P	P	P	O	XO	O	XO	XXX	10
2	HEISEY, Derek	FR Messiah	1.98m 6' 6"	O	XXO	O	O	XO	O	XXO	O	XXX		8
3	ORTIZ, Bryce	JR Widener	1.92m 6' 3 1/2"	O	XO	XXO	XXO	O	O	XXX				6
4	SHERROD, Teone	SO King's (Pa.)	1.92m 6' 3 1/2"	P	O	O	O	O	XXO	XXX				5
5	CEKELLA, Caleb	JR Lebanon Vall	1.92m 6' 3 1/2"	O	O	O	XXO	O	XXO	XXX				4
6	SCAMARDELLA, Jonathan	JR Stevens	1.89m 6' 2 1/4"	P	O	O	O	O	XXX					3
7	VILLANO, John	SO Albright	1.89m 6' 2 1/4"	P	O	O	O	XXO	XXX					2
8	FINCK, Kevin	SO Stevens	1.89m 6' 2 1/4"	O	O	O	XXO	XXO	XXX					1
9	NIXON, Jonathan	SO Eastern	1.86m 6' 1 1/4"	O	O	XXO	O	XXX						
10	SHOFF, Robert	JR Lebanon Vall	1.83m 6' 0"	O	O	XXO	XXX							
11	SCHOTT, Andrew	JR Messiah	1.78m 5' 10"	O	O	XXX								
12	LOPEZ, Elder	SO York (Pa.)	1.78m 5' 10"	XO	O	XXX								
13	LOEHR, Adam	JR Alvernia	1.78m 5' 10"	O	XXO	XXX								
14	KERR, Landon	FR Messiah	1.68m 5' 6"	XXX										
	RUZICH, Matt	FR Stevens	NH	P	XXX									

Pl	Name	Yr Team	Mark	1.63	1.68									Pts
11	SCHOTT, Andrew	JR Messiah	(cont'd)	O	O									
12	LOPEZ, Elder	SO York (Pa.)	(cont'd)	P	O									
13	LOEHR, Adam	JR Alvernia	(cont'd)	P	O									
14	KERR, Landon	FR Messiah	1.68m 5' 6"	O	O									

## #36 Men's Pole Vault

M	MAC Indoor Champ	5.13m	Tim Moses	Messiah	2/27/2016
O	MAC Indoor Overall	5.25m	Tim Moses	Messiah	2015

Pl	Name	Yr Team	Mark	3.45	3.60	3.75	3.90	4.05	4.20	4.30	4.40	4.51	Pts
1	RE, Nicolas	JR Stevens	4.40m 14' 5 1/4"	P	P	P	P	P	O	O	XO	XXX	10
2	COSGROVE, Aaron	SO York (Pa.)	4.30m 14' 1 1/4"	P	P	P	P	O	O	XXO	XXX		8
3	ZEHR, Josiah	SO Messiah	4.20m 13' 9 1/4"	O	P	O	P	XO	XXO	XXX			6
4	STANKUS, Ayden	FR Lebanon Vall	3.60m 11' 9 3/4"	P	O	P	XXX						5
	RAMA, Enis	JR Stevens	DNS										



**2022 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPS**Reading, PA  
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printed: 2/26/2022 5:37 PM**RESULTS****#37 Men's Indoor Heptathlon**

Pl	Name	Points	60	Long Jump	Shot Put	High Jump	60H	Pole Vault	1000
1	CASE, Ritchie Stevenson	4336	7.42	6.38m 20' 11 <sup>1</sup> / <sub>4</sub>	12.05m 39' 6 <sup>1</sup> / <sub>2</sub>	1.72m 5' 7 <sup>3</sup> / <sub>4</sub>	9.29	3.55m 11' 7 <sup>3</sup> / <sub>4</sub>	3:09.00
	Team Points: 10		739	670	609	560	683	496	579
2	SCAMARDELLA, Jo Stevens	4223	7.53	6.04m 19' 9 <sup>3</sup> / <sub>4</sub>	9.54m 31' 3 <sup>3</sup> / <sub>4</sub>	1.90m 6' 2 <sup>3</sup> / <sub>4</sub>	9.59	3.65m 11' 11 <sup>3</sup> / <sub>4</sub>	3:05.65
	Team Points: 8		703	595	458	714	621	522	610
3	PULEO, Matthew Messiah	3891	7.61	5.70m 18' 8 <sup>1</sup> / <sub>2</sub>	9.56m 31' 4 <sup>1</sup> / <sub>2</sub>	1.66m 5' 5 <sup>1</sup> / <sub>4</sub>	9.21	3.35m 10' 11 <sup>3</sup> / <sub>4</sub>	3:09.44
	Team Points: 6		678	523	459	512	700	444	575
4	DUNKERTON, Gavi Messiah	3806	7.66	5.41m 17' 9"	9.96m 32' 8 <sup>1</sup> / <sub>4</sub>	1.72m 5' 7 <sup>3</sup> / <sub>4</sub>	9.64	3.25m 10' 8"	3:05.77
	Team Points: 5		662	463	483	560	611	418	609
5	LANE, Travis King's (Pa.)	3579	7.63	5.52m 18' 1 <sup>1</sup> / <sub>2</sub>	10.80m 35' 5 <sup>1</sup> / <sub>4</sub>	1.51m 4' 11 <sup>1</sup> / <sub>2</sub>	10.37	2.85m 9' 4 <sup>1</sup> / <sub>4</sub>	2:56.52
	Team Points: 4		671	485	534	396	473	321	699
6	DEFALCIS, Michael Lebanon Valley	3318	7.52	5.19m 17' 0 <sup>1</sup> / <sub>2</sub>	11.12m 36' 5 <sup>3</sup> / <sub>4</sub>	1.54m 5' 0 <sup>1</sup> / <sub>2</sub>	10.49	2.95m 9' 8"	3:26.99
	Team Points: 3		706	419	553	419	452	345	424
7	LAPSYNSKI, Erik DeSales	3170	7.87	5.86m 19' 2 <sup>3</sup> / <sub>4</sub>	11.08m 36' 4 <sup>1</sup> / <sub>4</sub>	1.63m 5' 4 <sup>1</sup> / <sub>4</sub>	12.31	3.05m 10' 0"	3:27.73
	Team Points: 2		598	556	551	488	190	369	418
	SABO, Alex Lebanon Valley	DNS		DNS	DNS	DNS	DNS	DNS	DNS

**#37-1 Men's Indoor Heptathlon 60 Meters**

M	MAC Indoor Champ	6.86	Dereck Davis	Stevenson	2/28/2020
O	MAC Indoor Overall	6.81	Dereck Davis	Stevenson	2020

Pl	Name	Yr	Team	Time	Note	Pts
1	CASE, Ritchie	SR	Stevenson	7.42		739
2	DEFALCIS, Michael	FR	Lebanon Valley	7.52		706
3	SCAMARDELLA, Jonathan	JR	Stevens	7.53		703
4	PULEO, Matthew	FR	Messiah	7.61		678
5	LANE, Travis	FR	King's (Pa.)	7.63		671
6	DUNKERTON, Gavin	FR	Messiah	7.66		662
7	LAPSYNSKI, Erik	JR	DeSales	7.87		598

**Men's Indoor Heptathlon After 1 Events**

Pl	Athlete	Yr	Team	Points
1	CASE, Ritchie	SR	Stevenson	739
2	DEFALCIS, Michael	FR	Lebanon Valley	706
3	SCAMARDELLA, Jo	JR	Stevens	703
4	PULEO, Matthew	FR	Messiah	678
5	LANE, Travis	FR	King's (Pa.)	671
6	DUNKERTON, Gavi	FR	Messiah	662
7	LAPSYNSKI, Erik	JR	DeSales	598

**2022 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPS**Reading, PA  
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printed: 2/26/2022 5:37 PM**RESULTS****#37-2 Men's Indoor Heptathlon Long Jump**M MAC Indoor Champ 7.28m Ta'rig Thomas Delaware Valley 2/23/2018  
O MAC Indoor Overall 7.38m Joe Moore Moravian 2003

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	CASE, Ritchie	SR	Stevenson	6.38m 20' 11 <sup>1</sup> / <sub>4</sub>	6.38	6.28	6.32				670
2	SCAMARDELLA, Jonathan	JR	Stevens	6.04m 19' 9 <sup>3</sup> / <sub>4</sub>	5.92	6.04	5.95				595
3	LAPSYNSKI, Erik	JR	DeSales	5.86m 19' 2 <sup>3</sup> / <sub>4</sub>	5.61	5.79	5.86				556
4	PULEO, Matthew	FR	Messiah	5.70m 18' 8 <sup>1</sup> / <sub>2</sub>	FOUL	5.52	5.70				523
5	LANE, Travis	FR	King's (Pa.)	5.52m 18' 1 <sup>1</sup> / <sub>2</sub>	5.08	5.46	5.52				485
6	DUNKERTON, Gavin	FR	Messiah	5.41m 17' 9"	5.23	5.24	5.41				463
7	DEFALCIS, Michael	FR	Lebanon Vall	5.19m 17' 0 <sup>1</sup> / <sub>2</sub>	5.02	5.19	5.07				419
	SABO, Alex	SO	Lebanon Vall	DNS							

**Men's Indoor Heptathlon After 2 Events**

Pl	Athlete	Yr	Team	Points
1	CASE, Ritchie	SR	Stevenson	1409
2	SCAMARDELLA, Jo	JR	Stevens	1298
3	PULEO, Matthew	FR	Messiah	1201
4	LANE, Travis	FR	King's (Pa.)	1156
5	LAPSYNSKI, Erik	JR	DeSales	1154
6	DUNKERTON, Gavi	FR	Messiah	1125
6	DEFALCIS, Michael	FR	Lebanon Valley	1125

**#37-3 Men's Indoor Heptathlon Shot Put**M MAC Indoor Champ 17.52m Fred Fulton Messiah 2/23/2013  
O MAC Indoor Overall 17.86m Fred Fulton Messiah 2013

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	CASE, Ritchie	SR	Stevenson	12.05m 39' 6 <sup>1</sup> / <sub>2</sub>	FOUL	10.94	12.05				609
2	DEFALCIS, Michael	FR	Lebanon Vall	11.12m 36' 5 <sup>3</sup> / <sub>4</sub>	11.12	10.38	10.67				553
3	LAPSYNSKI, Erik	JR	DeSales	11.08m 36' 4 <sup>1</sup> / <sub>4</sub>	10.09	10.77	11.08				551
4	LANE, Travis	FR	King's (Pa.)	10.80m 35' 5 <sup>1</sup> / <sub>4</sub>	10.62	10.44	10.80				534
5	DUNKERTON, Gavin	FR	Messiah	9.96m 32' 8 <sup>1</sup> / <sub>4</sub>	9.96	9.43	9.32				483
6	PULEO, Matthew	FR	Messiah	9.56m 31' 4 <sup>1</sup> / <sub>2</sub>	9.44	8.65	9.56				459
7	SCAMARDELLA, Jonathan	JR	Stevens	9.54m 31' 3 <sup>3</sup> / <sub>4</sub>	FOUL	9.52	9.54				458
	SABO, Alex	SO	Lebanon Vall	DNS							

**Men's Indoor Heptathlon After 3 Events**

Pl	Athlete	Yr	Team	Points
1	CASE, Ritchie	SR	Stevenson	2018
2	SCAMARDELLA, Jo	JR	Stevens	1756
3	LAPSYNSKI, Erik	JR	DeSales	1705
4	LANE, Travis	FR	King's (Pa.)	1690
5	DEFALCIS, Michael	FR	Lebanon Valley	1678
6	PULEO, Matthew	FR	Messiah	1660
7	DUNKERTON, Gavi	FR	Messiah	1608

2022 MIDDLE ATLANTIC CONFERENCE INDOOR  
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#37-4 Men's Indoor Heptathlon High Jump

M	MAC Indoor Champ	2.07m	Valiant McKee	Widener	2/24/2018
O	MAC Indoor Overall	2.07m	Valiant McKee	Widener	2/29/2020

Pl	Name	Yr	Team	Mark	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	Pts
1	SCAMARDELLA, Jonathan	JR	Stevens	1.90m 6' 2 <sup>3</sup> / <sub>4</sub>	P	P	O	P	O	P	O	O	XO	XXX	714
2	DUNKERTON, Gavin	FR	Messiah	1.72m 5' 7 <sup>3</sup> / <sub>4</sub>	O	P	O	XXX							560
3	CASE, Ritchie	SR	Stevenson	1.72m 5' 7 <sup>3</sup> / <sub>4</sub>	O	P	XXO	XXX							560
4	PULEO, Matthew	FR	Messiah	1.66m 5' 5 <sup>1</sup> / <sub>4</sub>	XO	P	XXX								512
5	LAPSYNSKI, Erik	JR	DeSales	1.63m 5' 4 <sup>1</sup> / <sub>4</sub>	XXX										488

Pl	Name	Yr	Team	Mark	1.48	1.51	1.54	1.57	1.60	1.63	Pts
2	DUNKERTON, Gavin	FR	Messiah	(cont'd)	P	P	P	P	O	P	560
3	CASE, Ritchie	SR	Stevenson	(cont'd)	P	P	P	P	P	O	560
4	PULEO, Matthew	FR	Messiah	(cont'd)	P	P	P	P	O	P	512
5	LAPSYNSKI, Erik	JR	DeSales	1.63m 5' 4 <sup>1</sup> / <sub>4</sub>	P	P	P	O	O	XO	488
6	DEFALCIS, Michael	FR	Lebanon Vall	1.54m 5' 0 <sup>1</sup> / <sub>2</sub>	O	XXO	XO	XXX			419
7	LANE, Travis	FR	King's (Pa.)	1.51m 4' 11 <sup>1</sup> / <sub>2</sub>	O	O	XXX				396

Men's Indoor Heptathlon After 4 Events

Pl	Athlete	Yr	Team	Points
1	CASE, Ritchie	SR	Stevenson	2578
2	SCAMARDELLA, Jo	JR	Stevens	2470
3	LAPSYNSKI, Erik	JR	DeSales	2193
4	PULEO, Matthew	FR	Messiah	2172
5	DUNKERTON, Gavi	FR	Messiah	2168
6	DEFALCIS, Michael	FR	Lebanon Valley	2097
7	LANE, Travis	FR	King's (Pa.)	2086

#37-5 Men's Indoor Heptathlon 60m Hurdles

M	MAC Indoor Champ	8.22	Buhr, Owen	Lebanon Valley	2/26/2022	Tom & Helen
O	MAC Indoor Overall	8.19	Jerome Duncan	Lebanon Valley	2012	

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	PULEO, Matthew	FR	Messiah	9.21		2(1)	700
2	CASE, Ritchie	SR	Stevenson	9.29		2(2)	683
3	SCAMARDELLA, Jonathan	JR	Stevens	9.59		2(3)	621
4	DUNKERTON, Gavin	FR	Messiah	9.64		1(1)	611
5	LANE, Travis	FR	King's (Pa.)	10.37		1(2)	473
6	DEFALCIS, Michael	FR	Lebanon Valley	10.49		1(3)	452
7	LAPSYNSKI, Erik	JR	DeSales	12.31		1(4)	190
	SABO, Alex	SO	Lebanon Valley	DNS		2	

SECTION RESULTS

Pl	Name	Yr	Team	Time	Note	Pts
<b>Section 1 of 2</b>						
1	DUNKERTON, Gavin	FR	Messiah	9.64		611
2	LANE, Travis	FR	King's (Pa.)	10.37		473
3	DEFALCIS, Michael	FR	Lebanon Valley	10.49		452
4	LAPSYNSKI, Erik	JR	DeSales	12.31		190

Section 2 of 2

2022 MIDDLE ATLANTIC CONFERENCE INDOOR  
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# RESULTS

## #37-5 Men's Indoor Heptathlon 60m Hurdles (cont'd)

Pl	Name	Yr	Team	Time	Note	Pts
1	PULEO, Matthew	FR	Messiah	9.21		700
2	CASE, Ritchie	SR	Stevenson	9.29		683
3	SCAMARDELLA, Jonathan	JR	Stevens	9.59		621
	SABO, Alex	SO	Lebanon Valley	DNS		

## Men's Indoor Heptathlon After 5 Events

Pl	Athlete	Yr	Team	Points
1	CASE, Ritchie	SR	Stevenson	3261
2	SCAMARDELLA, Jo	JR	Stevens	3091
3	PULEO, Matthew	FR	Messiah	2872
4	DUNKERTON, Gavi	FR	Messiah	2779
5	LANE, Travis	FR	King's (Pa.)	2559
6	DEFALCIS, Michael	FR	Lebanon Valley	2549
7	LAPSYNSKI, Erik	JR	DeSales	2383

## #37-6 Men's Indoor Heptathlon Pole Vault

M	MAC Indoor Champ	5.13m	Tim Moses	Messiah	2/27/2016
O	MAC Indoor Overall	5.25m	Tim Moses	Messiah	2015

Pl	Name	Yr	Team	Mark	2.85	2.95	3.05	3.15	3.25	3.35	3.45	3.55	3.65	3.76	Pts
1	SCAMARDELLA, Jonathan	JR	Stevens	3.65m 11' 11 <sup>3</sup> / <sub>4</sub> "	P	P	P	O	P	O	O	XO	O	XXX	522
2	CASE, Ritchie	SR	Stevenson	3.55m 11' 7 <sup>3</sup> / <sub>4</sub> "	P	P	P	P	P	XXO	XO	XXO	XXX		496
3	PULEO, Matthew	FR	Messiah	3.35m 10' 11 <sup>3</sup> / <sub>4</sub> "	O	P	O	XO	O	XO	XXP				444
4	DUNKERTON, Gavin	FR	Messiah	3.25m 10' 8"	XO	P	P	XO	O	XXX					418
5	LAPSYNSKI, Erik	JR	DeSales	3.05m 10' 0"	XO	XXO	O	XXX							369
6	DEFALCIS, Michael	FR	Lebanon Vall	2.95m 9' 8"	O	XO	XXX								345
7	LANE, Travis	FR	King's (Pa.)	2.85m 9' 4 <sup>1</sup> / <sub>4</sub> "	O	XXX									321
Pl	Name	Yr	Team	Mark	2.15	2.25	2.35	2.45	2.55	2.65	2.75				Pts
5	LAPSYNSKI, Erik	JR	DeSales	(cont'd)	P	XO	O	O	O	XXO	XO				369
6	DEFALCIS, Michael	FR	Lebanon Vall	(cont'd)	O	P	O	P	O	O	O				345
7	LANE, Travis	FR	King's (Pa.)	(cont'd)	O	P	O	O	O	O	O				321

## Men's Indoor Heptathlon After 6 Events

Pl	Athlete	Yr	Team	Points
1	CASE, Ritchie	SR	Stevenson	3757
2	SCAMARDELLA, Jo	JR	Stevens	3613
3	PULEO, Matthew	FR	Messiah	3316
4	DUNKERTON, Gavi	FR	Messiah	3197
5	DEFALCIS, Michael	FR	Lebanon Valley	2894
6	LANE, Travis	FR	King's (Pa.)	2880
7	LAPSYNSKI, Erik	JR	DeSales	2752

## #37-7 Men's Indoor Heptathlon 1000 Meters

Pl	Name	Yr	Team	Time	Note	Pts
1	LANE, Travis	FR	King's (Pa.)	2:56.52		699
2	SCAMARDELLA, Jonathan	JR	Stevens	3:05.65		610
3	DUNKERTON, Gavin	FR	Messiah	3:05.77		609
4	CASE, Ritchie	SR	Stevenson	3:09.00		579
5	PULEO, Matthew	FR	Messiah	3:09.44		575

**2022 MIDDLE ATLANTIC CONFERENCE INDOOR  
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Pl	Name	Yr	Team	Time	Note	Pts
6	DEFALCIS, Michael		FR Lebanon Valley	3:26.99		424
7	LAPSYNSKI, Erik		JR DeSales	3:27.73		418
	SABO, Alex		SO Lebanon Valley	DNS		

**Men's Indoor Heptathlon After 7 Events**

Pl	Athlete	Yr	Team	Points
1	CASE, Ritchie	SR	Stevenson	4336
2	SCAMARDELLA, Jo	JR	Stevens	4223
3	PULEO, Matthew	FR	Messiah	3891
4	DUNKERTON, Gavi	FR	Messiah	3806
5	LANE, Travis	FR	King's (Pa.)	3579
6	DEFALCIS, Michael	FR	Lebanon Valley	3318
7	LAPSYNSKI, Erik	JR	DeSales	3170

**#38 Women's Indoor Pentathlon**

Pl	Name	Points	60H	High Jump	Shot Put	Long Jump	800
1	PIROLLO, Susanna	3182	9.70	1.47m	9.83m	5.08m	2:27.36
	Alvernia			4' 9 <sup>3</sup> / <sub>4</sub>	32' 3"	16' 8"	
	Team Points: 10		769	588	518	581	726
2	MEYER, Liana	2902	9.93	1.38m	8.51m	5.08m	2:31.61
	Stevens			4' 6 <sup>1</sup> / <sub>4</sub>	27' 11"	16' 8"	
	Team Points: 8		725	491	432	581	673
3	KERVICK, Theresa	2832	10.28	1.44m	8.47m	4.79m	2:30.83
	Widener			4' 8 <sup>3</sup> / <sub>4</sub>	27' 9 <sup>1</sup> / <sub>2</sub>	15' 8 <sup>3</sup> / <sub>4</sub>	
	Team Points: 6		661	555	430	503	683
4	CASTELLINI, Camry	2725	10.40	1.44m	10.44m	4.84m	2:50.62
	Widener			4' 8 <sup>3</sup> / <sub>4</sub>	34' 3"	15' 10 <sup>1</sup> / <sub>2</sub>	
	Team Points: 5		639	555	558	516	457
5	GEORGE, Susan	2513	10.31	1.44m	7.91m	4.74m	2:54.37
	Stevens			4' 8 <sup>3</sup> / <sub>4</sub>	25' 11 <sup>1</sup> / <sub>2</sub>	15' 6 <sup>3</sup> / <sub>4</sub>	
	Team Points: 4		655	555	394	490	419
6	HAMLEN, Natalie	2222	11.56	1.29m	7.85m	4.12m	2:33.53
	Messiah			4' 2 <sup>3</sup> / <sub>4</sub>	25' 9 <sup>1</sup> / <sub>4</sub>	13' 6 <sup>1</sup> / <sub>4</sub>	
	Team Points: 3		448	399	390	336	649
7	MCQUILLEN, Chloe	2148	11.50	1.35m	7.78m	4.19m	2:47.14
	Hood			4' 5"	25' 6 <sup>1</sup> / <sub>4</sub>	13' 9"	
	Team Points: 2		457	460	385	352	494
8	PLECHNER, Greta	2113	11.90	1.44m	9.63m	4.11m	3:04.74
	Lebanon Valley			4' 8 <sup>3</sup> / <sub>4</sub>	31' 7 <sup>1</sup> / <sub>4</sub>	13' 6"	
	Team Points: 1		398	555	505	333	322
9	SUDLOW, Maria	1880	11.64	1.32m	6.85m	3.71m	2:51.75
	Messiah			4' 4"	22' 5 <sup>3</sup> / <sub>4</sub>	12' 2 <sup>1</sup> / <sub>4</sub>	
			436	429	325	244	446
10	RAMSEY, Ruby	1854	11.64	1.32m	7.61m	4.05m	3:07.82
	Messiah			4' 4"	24' 11 <sup>3</sup> / <sub>4</sub>	13' 3 <sup>1</sup> / <sub>2</sub>	
			436	429	374	319	296

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Pl	Name	Points	60H	High Jump	Shot Put	Long Jump	800
11	ROGERS, Mackenzi Hood	1849	11.58	1.26m 4' 1 1/2	6.57m 21' 6 3/4	4.38m 14' 4 1/2	3:03.98
			445	369	308	398	329

**#38-1 Women's Indoor Pentathlon 60m Hurdles**

M	MAC Indoor Champ	8.79	Mathews, Laura	Stevens	2/25/2022	Tom & Helen
O	MAC Indoor Overall	8.79	Mathews, Laura	Stevens	2/25/2022	Tom & Helen

Pl	Name	Yr	Team	Time	Note	H(Pl)	Pts
1	PIROLLO, Susanna		SR Alvernia	9.70		1(1)	769
2	MEYER, Liana		SO Stevens	9.93		1(2)	725
3	KERVICK, Theresa		FR Widener	10.28		2(1)	661
4	GEORGE, Susan		SO Stevens	10.31		2(2)	655
5	CASTELLINI, Camryn		JR Widener	10.40		3(1)	639
6	MCQUILLEN, Chloe		FR Hood	11.50		1(3)	457
7	HAMLEN, Natalie		FR Messiah	11.56		2(3)	448
8	ROGERS, Mackenzie		SO Hood	11.58		3(2)	445
9	SUDLOW, Maria		FR Messiah	11.64	11.639	1(4)	436
10	RAMSEY, Ruby		FR Messiah	11.64	11.639	3(3)	436
11	PLECHNER, Greta		FR Lebanon Valley	11.90		2(4)	398

**SECTION RESULTS**

Pl	Name	Yr	Team	Time	Note	Pts
<b>Section 1 of 3</b>						
1	PIROLLO, Susanna		SR Alvernia	9.70		769
2	MEYER, Liana		SO Stevens	9.93		725
3	MCQUILLEN, Chloe		FR Hood	11.50		457
4	SUDLOW, Maria		FR Messiah	11.64	11.639	436
<b>Section 2 of 3</b>						
1	KERVICK, Theresa		FR Widener	10.28		661
2	GEORGE, Susan		SO Stevens	10.31		655
3	HAMLEN, Natalie		FR Messiah	11.56		448
4	PLECHNER, Greta		FR Lebanon Valley	11.90		398
<b>Section 3 of 3</b>						
1	CASTELLINI, Camryn		JR Widener	10.40		639
2	ROGERS, Mackenzie		SO Hood	11.58		445
3	RAMSEY, Ruby		FR Messiah	11.64	11.639	436

**Women's Indoor Pentathlon After 1 Events**

Pl	Athlete	Yr	Team	Points
1	PIROLLO, Susanna		SR Alvernia	769
2	MEYER, Liana		SO Stevens	725
3	KERVICK, Theresa		FR Widener	661
4	GEORGE, Susan		SO Stevens	655
5	CASTELLINI, Camry		JR Widener	639
6	MCQUILLEN, Chloe		FR Hood	457
7	HAMLEN, Natalie		FR Messiah	448
8	ROGERS, Mackenzi		SO Hood	445

**2022 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPS**

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**Women's Indoor Pentathlon After 1 Events (cont'd)**

Pl	Athlete	Yr	Team	Points
9	SUDLOW, Maria	FR	Messiah	436
9	RAMSEY, Ruby	FR	Messiah	436
11	PLECHNER, Greta	FR	Lebanon Valley	398

**#38-2 Women's Indoor Pentathlon High Jump**

Pl	Name	Yr	Team	Mark	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	Pts	
M	MAC Indoor Champ	1.71m	Taylor Wiederrecht												Messiah	2/23/2019
O	MAC Indoor Overall	1.76m	Ashlee Ward												Misericordia	2014
1	PIROLLO, Susanna	SR	Alvernia	1.47m 4' 9 <sup>3</sup> / <sub>4</sub> "	P	P	P	P	O	O	O	O	O	XXX	588	
2	CASTELLINI, Camryn	JR	Widener	1.44m 4' 8 <sup>3</sup> / <sub>4</sub> "	P	P	P	P	O	O	O	O	XXX		555	
3	PLECHNER, Greta	FR	Lebanon Vall	1.44m 4' 8 <sup>3</sup> / <sub>4</sub> "	P	P	P	O	P	O	XO	O	XXX		555	
4	KERVICK, Theresa	FR	Widener	1.44m 4' 8 <sup>3</sup> / <sub>4</sub> "	P	P	P	XO	O	O	O	XO	XXX		555	
5	GEORGE, Susan	SO	Stevens	1.44m 4' 8 <sup>3</sup> / <sub>4</sub> "	P	XO	XO	XXO	O	XXO	XO	XO	XXX		555	
6	MEYER, Liana	SO	Stevens	1.38m 4' 6 <sup>1</sup> / <sub>4</sub> "	P	P	P	O	O	O	XXX				491	
7	MCQUILLEN, Chloe	FR	Hood	1.35m 4' 5"	P	P	P	O	O	XXX					460	
8	SUDLOW, Maria	FR	Messiah	1.32m 4' 4"	O	O	XO	O	XXX						429	
9	RAMSEY, Ruby	FR	Messiah	1.32m 4' 4"	XXO	O	O	O	XXX						429	
10	HAMLEN, Natalie	FR	Messiah	1.29m 4' 2 <sup>3</sup> / <sub>4</sub> "	P	O	O	XXX							399	
11	ROGERS, Mackenzie	SO	Hood	1.26m 4' 1 <sup>1</sup> / <sub>2</sub> "	O	XO	XXX								369	
8	SUDLOW, Maria	FR	Messiah	(cont'd)	O	P									429	
11	ROGERS, Mackenzie	SO	Hood	(cont'd)	O	O									369	

**Women's Indoor Pentathlon After 2 Events**

Pl	Athlete	Yr	Team	Points
1	PIROLLO, Susanna	SR	Alvernia	1357
2	MEYER, Liana	SO	Stevens	1216
2	KERVICK, Theresa	FR	Widener	1216
4	GEORGE, Susan	SO	Stevens	1210
5	CASTELLINI, Camry	JR	Widener	1194
6	PLECHNER, Greta	FR	Lebanon Valley	953
7	MCQUILLEN, Chloe	FR	Hood	917
8	SUDLOW, Maria	FR	Messiah	865
8	RAMSEY, Ruby	FR	Messiah	865
10	HAMLEN, Natalie	FR	Messiah	847
11	ROGERS, Mackenzi	SO	Hood	814

**#38-3 Women's Indoor Pentathlon Shot Put**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
M	MAC Indoor Champ	14.65m	Lauren Lucci								2008
O	MAC Indoor Overall	14.65m	Lauren Lucci								2008
1	CASTELLINI, Camryn	JR	Widener	10.44m 34' 3"	10.04	10.44	9.79				558
2	PIROLLO, Susanna	SR	Alvernia	9.83m 32' 3"	9.83	9.14	9.60				518
3	PLECHNER, Greta	FR	Lebanon Vall	9.63m 31' 7 <sup>1</sup> / <sub>4</sub> "	9.63	8.88	9.31				505
4	MEYER, Liana	SO	Stevens	8.51m 27' 11"	8.28	8.11	8.51				432
5	KERVICK, Theresa	FR	Widener	8.47m 27' 9 <sup>1</sup> / <sub>2</sub> "	8.47	8.36	7.70				430
6	GEORGE, Susan	SO	Stevens	7.91m 25' 11 <sup>1</sup> / <sub>2</sub> "	7.91	7.79	7.61				394

**2022 MIDDLE ATLANTIC CONFERENCE INDOOR CHAMPIONSHIPS**

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Tom & Helen Flynn Complex  
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**RESULTS**

**#38-3 Women's Indoor Pentathlon Shot Put (cont'd)**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
7	HAMLEN, Natalie	FR	Messiah	7.85m 25' 9 <sup>1</sup> / <sub>4</sub>	7.85	FOUL	7.40				390
8	MCQUILLEN, Chloe	FR	Hood	7.78m 25' 6 <sup>1</sup> / <sub>4</sub>	7.56	7.78	7.10				385
9	RAMSEY, Ruby	FR	Messiah	7.61m 24' 11 <sup>3</sup> / <sub>4</sub>	7.19	7.36	7.61				374
10	SUDLOW, Maria	FR	Messiah	6.85m 22' 5 <sup>3</sup> / <sub>4</sub>	6.55	6.85	6.56				325
11	ROGERS, Mackenzie	SO	Hood	6.57m 21' 6 <sup>3</sup> / <sub>4</sub>	6.46	6.57	4.98				308

**Women's Indoor Pentathlon After 3 Events**

Pl	Athlete	Yr	Team	Points
1	PIROLLO, Susanna	SR	Alvernia	1875
2	CASTELLINI, Camry	JR	Widener	1752
3	MEYER, Liana	SO	Stevens	1648
4	KERVICK, Theresa	FR	Widener	1646
5	GEORGE, Susan	SO	Stevens	1604
6	PLECHNER, Greta	FR	Lebanon Valley	1458
7	MCQUILLEN, Chloe	FR	Hood	1302
8	RAMSEY, Ruby	FR	Messiah	1239
9	HAMLEN, Natalie	FR	Messiah	1237
10	SUDLOW, Maria	FR	Messiah	1190
11	ROGERS, Mackenzi	SO	Hood	1122

**#38-4 Women's Indoor Pentathlon Long Jump**

M	MAC Indoor Champ	5.80m	Nicole Weenink	Eastern	2/28/2020
M	MAC Indoor Champ	5.80m	Olivia Jendrzejewski	Lebanon Valley	2/25/2017
M	MAC Indoor Champ	5.80m	Oniesha Clarke	Misericordia	2/25/2017
O	MAC Indoor Overall	5.80m	Olivia Jendrzejewski	Lebanon Valley	2017
O	MAC Indoor Overall	5.80m	Oniesha Clarke	Misericordia	2017
O	MAC Indoor Overall	5.80m	Nicole Weenink	Eastern	2020

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	MEYER, Liana	SO	Stevens	5.08m 16' 8"	5.08 (+0.0)	4.93 (+0.0)	5.06 (+0.0)				581
2	PIROLLO, Susanna	SR	Alvernia	5.08m 16' 8"	5.02 (+0.0)	5.08 (+0.0)	5.01 (+0.0)				581
3	CASTELLINI, Camryn	JR	Widener	4.84m 15' 10 <sup>1</sup> / <sub>2</sub>	4.59 (+0.0)	4.84 (+0.0)	4.80 (+0.0)				516
4	KERVICK, Theresa	FR	Widener	4.79m 15' 8 <sup>3</sup> / <sub>4</sub>	4.79 (+0.0)	4.53 (+0.0)	4.28 (+0.0)				503
5	GEORGE, Susan	SO	Stevens	4.74m 15' 6 <sup>3</sup> / <sub>4</sub>	4.28 (+0.0)	4.74 (+0.0)	FOUL				490
6	ROGERS, Mackenzie	SO	Hood	4.38m 14' 4 <sup>1</sup> / <sub>2</sub>	4.23 (+0.0)	3.60 (+0.0)	4.38 (+0.0)				398
7	MCQUILLEN, Chloe	FR	Hood	4.19m 13' 9"	4.19 (+0.0)	3.95 (+0.0)	4.00 (+0.0)				352
8	HAMLEN, Natalie	FR	Messiah	4.12m 13' 6 <sup>1</sup> / <sub>4</sub>	4.12 (+0.0)	3.98 (+0.0)	4.12 (+0.0)				336
9	PLECHNER, Greta	FR	Lebanon Vall	4.11m 13' 6"	4.10 (+0.0)	4.11 (+0.0)	4.04 (+0.0)				333
10	RAMSEY, Ruby	FR	Messiah	4.05m 13' 3 <sup>1</sup> / <sub>2</sub>	3.81 (+0.0)	4.05 (+0.0)	2.87 (+0.0)				319
11	SUDLOW, Maria	FR	Messiah	3.71m 12' 2 <sup>1</sup> / <sub>4</sub>	3.65 (+0.0)	3.71 (+0.0)	FOUL				244

**Women's Indoor Pentathlon After 4 Events**

Pl	Athlete	Yr	Team	Points
1	PIROLLO, Susanna	SR	Alvernia	2456
2	CASTELLINI, Camry	JR	Widener	2268
3	MEYER, Liana	SO	Stevens	2229
4	KERVICK, Theresa	FR	Widener	2149



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**RESULTS****Women's Indoor Pentathlon After 4 Events (cont'd)**

Pl	Athlete	Yr	Team	Points
5	GEORGE, Susan	SO	Stevens	2094
6	PLECHNER, Greta	FR	Lebanon Valley	1791
7	MCQUILLEN, Chloe	FR	Hood	1654
8	HAMLEN, Natalie	FR	Messiah	1573
9	RAMSEY, Ruby	FR	Messiah	1558
10	ROGERS, Mackenzi	SO	Hood	1520
11	SUDLOW, Maria	FR	Messiah	1434

**#38-5 Women's Indoor Pentathlon 800 Meters**

M	MAC Indoor Champ	2:11.81	Seeland, Esther	Messiah	2/25/2022	Tom & Helen
O	MAC Indoor Overall	2:05.90	Esther Seeland	Messiah	2022	NCAA DIII Record

Pl	Name	Yr	Team	Time	Note	Pts
1	PIROLLO, Susanna	SR	Alvernia	2:27.36		726
2	KERVICK, Theresa	FR	Widener	2:30.83		683
3	MEYER, Liana	SO	Stevens	2:31.61		673
4	HAMLEN, Natalie	FR	Messiah	2:33.53		649
5	MCQUILLEN, Chloe	FR	Hood	2:47.14		494
6	CASTELLINI, Camryn	JR	Widener	2:50.62		457
7	SUDLOW, Maria	FR	Messiah	2:51.75		446
8	GEORGE, Susan	SO	Stevens	2:54.37		419
9	ROGERS, Mackenzie	SO	Hood	3:03.98		329
10	PLECHNER, Greta	FR	Lebanon Valley	3:04.74		322
11	RAMSEY, Ruby	FR	Messiah	3:07.82		296

**Women's Indoor Pentathlon After 5 Events**

Pl	Athlete	Yr	Team	Points
1	PIROLLO, Susanna	SR	Alvernia	3182
2	MEYER, Liana	SO	Stevens	2902
3	KERVICK, Theresa	FR	Widener	2832
4	CASTELLINI, Camry	JR	Widener	2725
5	GEORGE, Susan	SO	Stevens	2513
6	HAMLEN, Natalie	FR	Messiah	2222
7	MCQUILLEN, Chloe	FR	Hood	2148
8	PLECHNER, Greta	FR	Lebanon Valley	2113
9	SUDLOW, Maria	FR	Messiah	1880
10	RAMSEY, Ruby	FR	Messiah	1854
11	ROGERS, Mackenzi	SO	Hood	1849

**Men's Scores**

Pl	Team	Code	Score
1	Widener	WIDE	147
2	Messiah	MESS	133
3	Lebanon Valley	LEBA	108
4	DeSales	DESA	79
5	Stevenson	STMD	64
6	York (Pa.)	YOPA	53
7	Stevens	STEV	41

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# RESULTS

## Men's Scores (cont'd)

Pl	Team	Code	Score
8	Delaware Valley	DEVA	29
9	King's (Pa.)	KING	26
10	Eastern	EAPA	16
11	Misericordia	MISE	14
12	Alvernia	ALVE	12
13	Hood	HOOD	6
14	Albright	ALBR	2

## Women's Scores

Pl	Team	Code	Score
1	Misericordia	MISE	154
2	Widener	WIDE	115
3	Messiah	MESS	90
4	Stevens	STEV	89
5	Lebanon Valley	LEBA	85
6	Alvernia	ALVE	61
7	Eastern	EAPA	39
8	DeSales	DESA	36
9	York (Pa.)	YOPA	30
10	King's (Pa.)	KING	16
11	Arcadia	ARCA	11
12	Delaware Valley	DEVA	7
13	Stevenson	STMD	6
14	Hood	HOOD	2