

MEET RESULTS

56TH ANNUAL MIDWEST CONFERENCE TRACK AND FIELD

CHAMPIONSHIPS

UNIVERSITY OF CHICAGO STAGG FIELD

May 19-20, 1978

DISCUS THROW

			<u>Metric</u>	
1	Ron Wopat	Lawrence	50.25	164-10
2	Tom Fortune	Monmouth	45.19	148-3
3	Kurk Buckowich	Coe	41.55	136-3
4	Scott Mixa	Carleton	41.40	135-10
5	Gary Pavlovich	Ripon	41.24	135-4
6	Bob Eddy	Lawrence	40.95	134-4

LONG JUMP

1	Bob Stevens	Lawrence		22-6
2	Rich Holland	Coe		22-6
3	Shawn Haggerty	Cornell		22- 2-1/4
4	Mike Johnson	Coe		21- 8-1/2
5	Pete Wendel	Chicago		21-6
6	Rod Stover	Monmouth		21- 4-1/2

JAVELIN THROW

1	Ira Stiegler	Carleton	55.98	183-8
2	Ron Wopat	Lawrence	55.97	183- 7-3/4
3	Garry Lowe	Monmouth	51.85	170-5
4	Larry Sullivan	Beloit	49.28	166- 11-1/2
5	Mark Hunter	Carleton	48.92	160-6
6	Bob Dahms	Coe	47.66	156-5

SIX MILE RUN

1	Jim Miller	Lawrence	30:51.2	NEW RECORD
2	Bob Pappas	Carleton	31:25.8	
3	Bob Luedke	Monmouth	31:52	<i>Old record</i>
4	Dave Taylor	Chicago	31:57	31:00.0
5	John Pfeiffenberger	Knox	32:29.8	<i>Robert Roger</i>
6	Mark Balser	Carleton	32:45	<i>Johnston</i>

POLE VAULT

1	Jeff Sinkey	Cornell		13'0"
2	David Westneat	Carleton		12'6"
3	Mark Weeger	Monmouth		12'0"

NEW RECORD
Old record
31:00.0
Robert Roger
Johnston
Case 1274

SHOT PUT

1	Greg Hoffmann	Beloit	52'3"
2	Ron Wopat	Lawrence	51'3"
3	Bob Eddy	Lawrence	46'10"
4	Pete Blonsky	Grinnell	45'7"
5	Kurt Buckowich	Coe	44'6"
6	Mike Kearney	Brinnell	44'3-1/2"

TRIPLE JUMP

1	Rick Holland	Coe	45'8-1/4"
2	Tony Van Fleet	Monmouth	45'8"
3	Rod Slover	Monmouth	44'1-1/2"
4	Tashio Naka	Coe	43'4-3/4"
5	Joe Socha	Lawrence	42'10"
6	Marty Collins	Knox	42'5-1/2"

HIGH JUMP

1	Ray Noonan	Coe	6'2"
2	Bob Eddy	Lawrence	6'2"
3	Larry Ide	Knox	6'2"
4	Marty Collins	Knox	6'2"
5	Jim Duncan	Monmouth	6'0"
6	Craig Harberts	Coe	6'0"

440 YARD RELAY

1	Hudson, Strohm, Naka, Simon	Coe	42.6
2		Carleton	43.5
3		Chicago	44.3
4		Cornell	44.6
5		Beloit	44.9
6		Ripon	45.0

ONE MILE RUN

1	Dale Kramer	Carleton	4.13.7
2	David Waltz	Carleton	4.22.5
3	David Green	Chicago	4.23.3
4	Dan Edwards	Knox	4.24.6
5	Kevin Retelle	Lawrence	4.24.6
6	Kevin Koy	Grinnell	4.25.8

120 YARD HIGH HURDLES

1	Silas Hudson	Coe	14.7
2	Kevin Rowley	Cornell	15.2
3	Jim Reed	Chicago	15.4
4	Jim Jacobsen	Chicago	15.4
5	Mike Johnson	Coe	15.8
6	Darrell Stroud	Cornell	15.9

New Meet Record of 14.3 made in semi-finals by Silas Hudson of Coe

(Handwritten note)
 14.7 (OK)
 Phelps (com)
 1960

440 YARD RUN

1	John Hearn	Coe	50.9
2	Gene DiMagno	Carleton	51.4
3	Bill Eddy	Ripon	51.4
4	Tom Goszewski	Coe	51.7
5	Steve Berg	Ripon	51.7
6	Mark Bowman	Grinnell	52.5

100 YARD DASH

1	Silas Hudson	Coe	9.9
2	Danal Abrams	Carleton	10.2
3	Toshio Naka	Coe	10.2
4	Joe Vernon	Cornell	10.2
5	Ricahrd Gordon	Chicago	10.3
6	Jeff Appelquist	Carleton	10.4

880 YARD RUN

1	Ernie Updike	Carleton	1.55.5
2	Russ Phillips	Coe	1.55.8
3	Chip Steele	Carleton	1.57.5
4	Dave Berry	Coe	1.59.7
5	Don Horneck	Monmouth	1.59.7
6	Tim Bastian	Chicago	2.01.4

440 INTERMEDIATE HURDLES

1	Jim Read	Chicago	55.2
2	Mike Johnson	Coe	57.2
3	Tom Goodrich	Chicago	57.2
4	Tim Lucas	Monmouth	58.0
5	Dave Dietrich	Monmouth	58.4
6	John Hearn	Coe	58.4

220 YARD DASH

1	Toshio Naka	Coe	22.7
2	Danal Abrams	Carleton	23.0
3	Paul Simon	Coe	23.1
4	Richard Gordon	Chicago	23.2
5	Kirk Morris	Ripon	23.3
6	Joe Vernon	Cornell	23.4

THREE MILE RUN

1	Dale Kramer	Carleton	14.29.6
2	Jim Miller	Lawrence	14.40.2
3	Doug Simpson	Carleton	15.03.6
4	Dave Taylor	Chicago	15.28.5
5	Jim Thvedt	Chicago	15.33.5
6	Jeff Hawley	Lawrence	15.35.3

ONE MILE RELAY

1	Berry, Johnson, Goszewski, Hearn	Coe	3.28.6
2		Monmouth	3.31.0
3		Beloit	3.31.0
4		Chicago	3.31.3
5		Carleton	3.32.6
6		Cornell	3.34.2

TEAM SCORES

1	Coe	145
2	Carleton	118
3	Lawrence	74
4	Chicago	61
5	Monmouth	59
6	Cornell	35
7	Beloit	22
8	Knox	17
9	Ripon	13
10	Grinnell	7