

MIDWEST CONFERENCE MEN'S OUTDOOR TRACK AND FIELD CHAMPIONSHIPS

Whiting Field -- Lawrence University

May 11-12, 1984

Team Standings

Coe	118	Ripon	54
Monmouth	85	Grinnell	40
Knox	78	U-Chicago	37
St. Norbert	61	Beloit	34
Lawrence	58	Illinois C.	24

Event Champions

Shot put:	Todd Vannieuwenhoven, SNC, 48-7
Long jump:	Chuck Meyer, Coe, 23-7
Javelin:	Ken Zacharias, SNC, 187-1
10,000 meters:	Chris Koy, Bel., 34:23.0
Pole vault:	Steve Crew, Coe, 14-0
3,000 Steeple:	Eric Griffin, Law., 9:30.0
1,500 meters:	Bill Stenz, SNC, 4:01.99
100 meters:	Bill Henke, Knox, 10.84
High jump:	Eric Ealy, Mon., 6-6
400 hurdles:	Jon Maron, Grin., 54.77
5,000 meters:	Chris Berger, Law., 15:21.78
4x100m relay:	Knox (Freeman, Dinges, Plomin, Henke), :43.01
110 Hurdles:	Randy Klatt, IC, 14.63
400 meters:	Jon Maron, Grin., 50.15
Discus:	Todd Ciesielczyk, Rip., 155-2
800 meters:	Bob Shanahan, Coe, 1:56.66
200 meters:	Bill Henke, Knox, 21.89
Triple jump:	Chuck Meyer, Coe, 48-10
4x400m relay:	Knox (Duane, Plomin, Dinges, Henke), 3:24.04

New Conference Records

100 meters:	Mark Dinges, Knox	10.84 (trials)
	Bill Henke, Knox	10.84 (finals)
110 Hurdles:	Randy Klatt, IC	14.63 (finals)
200 meters:	Bill Henke, Knox	21.74 (trials)

MIDWEST ATHLETIC CONFERENCE FOR WOMEN
 1984 OUTDOOR TRACK AND FIELD CHAMPIONSHIPS
 May 4-5 -- At Monmouth

<u>Team Standings</u>			
U-Chicago	117	Coe	27
Cornell	104	Beloit	21
Grinnell	93	Illinois C.	12
St. Norbert	91	Knox	3
Lawrence	47	Ripon	1
Monmouth	42		

<u>Event Champions</u>	
Shot put:	Karen Radke, Corn., 11.77
Long jump:	Pauline Henry, Corn., 17-2
1,500 meters:	Julie Wick, Law., 4:56.41*
3,000 meters:	Julie Wick, Law., 10:26.30*
4x100m relay:	Cornell, 51.04
Javelin:	Helen Straus, UC, 128-5*
10,000 meters:	Carol Krasin, Law., 41:03.55**
100 meters:	Mary Jane Beschta, SNC, 12.42*
100 hurdles:	Kim Dailey, Mon., 15.23
400 meters:	Ann Fetzer, SNC, 1:00.41
800 meters:	Kim Buchner, Coe, 2:25.94
400 hurdles:	Danielle Walker, Grin., 1:05.76*
200 meters:	Mary Jane Beschta, SNC, 25.44*
High jump:	Helen Straus, UC, 5-2
5,000 meters:	Shavaun Adams, Grin., 19:00.47*
Discus:	Helen Straus, UC, 120-6
4x400m relay:	Cornell, 4:08.06*
Triple jump:	Pauline Henry, Corn., 36-7 1/2**

*Conference Record

**Conference Record (new event)

COE 118, MONMOUTH 85, KNOX 78, ST. NORBERT 61, LAWRENCE 58, RIPON 54, GRINNELL 40, UNIVERSITY OF CHICAGO 37, BELOIT 34, ILLINOIS COLLEGE 24.

3000-meter steeplechase: 1. Eric Griffin L; 2. Chris Pio M; 3. Aaron Rouke Ch; 4. Gary Judson R; 5. Andy Huestis G; 6. Robin Murray M. 9:30.0.

1500 run: 1. Bill Stenz SN; 2. Joe Berger L; 3. Matt Isham B; 4. Jeff Mullin Coe; 5. Al Days R; 6. Mark Giffen Ch. 4:01.99.

100: 1. Bill Henke K; 2. Pat McPhetridge SN; 3. Mark Dinges K; 4. Steve Dobbe L; 5. Ted Nehr Korn M; 6. Charles Davis Coe. :10.84. (New conference record).

400 hurdles: 1. John Maron G; 2. Guy Yasko Ch; 3. Brad Parsons Coe; 4. Mike Wolf M; 5. (tie) Tony Sproles L and Cliff Rohadfox L. :54.77.

High jump: 1. Eric Ealy M; 2. Lee Zarnot R; 3. Marty Van Zee Coe; 4. Chuck Meyer Coe; 5. Jon Maron G; 6. Steve Heim SN. 6-6.

5000: 1. Chris Berger L; 2. Gary Judson R; 3. Chris Pio M; 4. Jim Robidoux Coe; 5. Chris Koy B; 6. Todd Wexman L. 15:21.78.

400 relay: 1. Knox (Derrick Freeman, Mark Dinges, Joe Plomin, Bill Henke); 2. Coe; 3. Ripon; 4. St. Norbert; 5. Lawrence; 6. Monmouth. :43.01.

110 hurdles: 1. Randy Klatt I; 2. Cliff Rohadfox L; 3. Steve Heim SN; 4. Tony Sproles L; 5. Rob Needham R; 6. Mike Wolf M. :14.63. (New conference record).

400: 1. John Maron G; 2. Joe Plomin K; 3. Brian Ross M; 4. Mike Vance Coe; 5. Tony Roof Ch; 6. Bill Stevenson M. :50.15.

Discus: 1. Todd Ciesielczyk R; 2. Dan Cox M; 3. Adam James Coe; 4. Jim Niemeyer G; 5. Marty Green K; 6. Pat Garst M. 155-2.

800: 1. Bob Shanahan Coe; 2. Phil Maton I; 3. Pete Hamann B; 4. Tim Dunne K; 5. John Seykora Ch; 6. Brennan Hussey SN. 1:56.66.

200: 1. Bill Henke K; 2. Mark Dinges K; 3. Pat McPhetridge SN; 4. Steve Dobbe L; 5. Paul Song Ch; 6. Brian Ross M. :21.89. (New conference record).

Triple jump: 1. Chuck Meyer Coe; 2. Stanley Johnson K; 3. Roger Well M; 4. Lap Chan Ch; 5. George Grathoff K; 6. Steve Heim SN. 48-10.

1600 relay: 1. Knox (Duane, Plomin, Dinges, Henke); 2. Monmouth; 3. Coe; 4. Chicago; 5. Beloit; 6. Grinnell. 3:24.04.

Shot put: 1. Todd Vannieuwenhoven SN; 2. Ciesielczyk R; 3. Coe C; 4. Agin B; 5. Neuman L; 6. Cashman Ch. 48-7.

Pole vault: 1. Steve Crew C; 2. Wehr C; 3. Well M; 4. McNaughton R; 5. Mosher G; 6. Jorgerson M. 14-0.

Javelin: 1. Ken Zacharias SN; 2. Garst M; 3. Well M; 4. Agin B; 5. Song Ch.; 6. Ciesielczyk R. 187-1.

Long jump: 1. Chuck Meyer C; 2. Wright G; 3. Henson I; 4. Olson SN; 5. Feyrer R; 6. Kaiser Ch. 23-7. (Field record).

10,000: 1. Chris Coy B; 2. Allen C; 3. Robidoux C; 4. Diferesa Ch.; 5. Thorman L; 6. Staley G. 34:23.0.