

MIDWEST CONFERENCE MEN'S OUTDOOR TRACK AND FIELD CHAMPIONSHIPS
 At Green Bay, Wis. (Hosted by St. Norbert) --- May 13-14, 1988 (Times FAT)

Team Standings

Cornell	171 1/2	Illinois C.	56
Monmouth	112	Lawrence	52
Knox	99 1/2	Coe	48
St. Norbert	92	Ripon	17
Grinnell	83	Beloit	9

Event Champions

110m hurdles:	Dave Hughes, Cornell, 15.36
400m hurdles:	Rod Anderson, Coe, 55.01
100 meters:	Randy Strickland, Knox, 11.19
200 meters:	Randy Strickland, Knox, 22:43
400 meters:	Mike Pankey, Knox, 49.30
800 meters:	Rob Deakin, Cornell, 1:56.51
1500 meters:	Jeff Maples, Cornell, 4:03.86
3000 steeplechase:	David Hammond, Grinnell, 9:34.79
5000 meters:	Jon Lave, Grinnell, 15:25.96
10,000 meters:	David Hammond, Grinnell, 32:29.61
Shot put:	Ross Richardson, Monmouth, 50' 6"
Discus:	John Warfield, Monmouth, 153' 6"
Javelin:	Dave Hillis, Monmouth, 180' 0"
Long jump:	Mike Hackl, St. Norbert, 22' 6 1/2"
Triple jump:	Rick Simmons, Monmouth, 43' 11"
High jump:	Sean Anderson, Illinois C., 6' 8"
Pole vault:	Jack Norris, Cornell, 14' 0"
4x100m relay:	Cornell (John Stimson, Ric Pearson, Darwin Webb, Glenn Cline), 42.81
4x400m relay:	Illinois C. (Sean Anderson, Harold Landon, Ron Logan, Mike Carter), 3:23.31

MIDWEST CONFERENCE MEN'S OUTDOOR TRACK AND FIELD RECORDS -- 1988
 (Adjusted to FAT Times)

110m hurdles:	14.82	Pete McNaughton, Monmouth	1985
400m hurdles:	53.46	Mike Wolf, Monmouth	1981
100 meters:	10.88	Ron Hendred, Cornell	1986
200 meters:	21.98	Bill Henke, Knox	1984
400 meters:	49.07	Thomas Atak, Coe	1987
800 meters:	1:52.91	Dave Green, U-Chicago	1981
1500 meters:	3:54.42	Mike Axinn, U-Chicago	1982
3000 steeplechase:	9:17.24	(no water) Eric Griffin, Lawrence	1985
	9:24.64	(w/water) Todd Schafer, Carleton	1980
5000 meters:	14:42.44	Doug Simpson, Carleton	1980
10,000 meters:	30:46.24	Mike Axinn, U-Chicago	1981
Shot put:	54' 2 "	Todd Cieslelczyk, Ripon	1987
Discus:	166' 4 1/2"	Ron Wopat, Lawrence	1977
Javelin:	212' 9 1/2"	Ray Robinson, Ripon	1971
Long jump:	24' 1/4"	Glen Brooks, Monmouth	1961
Triple jump:	48'10 1/4"	Chuck Meyer, Coe	1982
High jump:	6' 9 3/4"	Eric Ealy, Monmouth	1986
Pole vault:	15' 8 1/4"	Paul DeLaitsch, St. Olaf	1973
4x100m relay:	42.63	Cornell	1986
4x400m relay:	3:20.35	Knox	1987

MIDWEST CONFERENCE WOMEN'S OUTDOOR TRACK AND FIELD CHAMPIONSHIPS
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Team Standings

St. Norbert	170	Beloit	52
Lawrence	109	Coe	42
Knox	96 1/2	Cornell	41
Monmouth	60	Ripon	33
Grinnell	58 1/2	Illinois C.	28

Event Champions

100m hurdles:	Lynne Pliner, St. Norbert, 17:04
400m hurdles:	Jeanne Pier, St. Norbert, 1:09.17
100 meters:	Lynne Pliner, St. Norbert, 13.16
200 meters:	Lynne Pliner, St. Norbert, 26.88
400 meters:	Amy Neubert, Lawrence, 1:02.03
800 meters:	Liz Messerly, Coe, 2:19.83 ^Q
1500 meters:	Liz Messerly, Coe, 4:51.94
3000 meters:	Kim Sosnoski, St. Norbert, 10:58.76
5000 meters:	Kim Sosnoski, St. Norbert, 19:11.74
10,000 meters:	Deb Otte, Coe, 41:29.56
Shot put:	Carolyn Krueger, Beloit, 39' 6 1/2"
Discus:	Kathy Roberts, Illinois C., 137' 2"
Javelin:	Joanne Sackett, Grinnell, 101' 5"
Long jump:	Lynne Pliner, St. Norbert, 17' 3 1/2"
Triple jump:	Stephanie Fruin, Beloit, 35' 2"
High jump:	Tami Thronson, Ripon, 5' 4"
4x100m relay:	St. Norbert (Jill Nelson, Sue Lindsley, Lynn Olson, Lynne Pliner), 51.70
4x400m relay:	St. Norbert (Jeanne Pier, Lynne Pliner, Jenny Rogers, Sue Lindsley), 4:12.50

^Q=Conference record set in prelims (see below)

MIDWEST CONFERENCE WOMEN'S OUTDOOR TRACK AND FIELD RECORDS -- 1988
 (Adjusted to FAT Times)

100m hurdles:	15.08	Vicci Verbrick, St. Norbert	1986
	15.08	Vicci Verbrick, St. Norbert	1987 ^Q
400m hurdles:	1:05.88	Donna Manley Kuhnen, Beloit	1986
100 meters:	12.63	Mary Jane Beschta, St. Norbert	1984
200 meters:	25.68	Mary Jane Beschta, St. Norbert	1984
400 meters:	59.63	Barb Spitzberger, St. Norbert	1986
800 meters:	2:15.64	Liz Messerly, Coe	1988 ^Q
1500 meters:	4:50.41	Nancy Ladehoff, Cornell	1986
3000 meters:	10:26.54	Julie Wick, Lawrence	1984
5000 meters:	19:00.71	Shavaun Adams, Grinnell	1984
10,000 meters:	40:59.40	Jennifer Bishop, Grinnell	1987
Shot put:	44' 6 3/4"	Veronika Platzter, Grinnell	1983
Discus:	156' 8 1/2"	Veronika Platzter, Grinnell	1986
Javelin:	128' 5 "	Helen Straus, U-Chicago	1984
Long jump:	18' 9 "	Pauline Henry, Cornell	1983
Triple jump:	36' 7 1/2"	Pauline Henry, Cornell	1984
High jump:	5' 4 1/2"	Lyn Maves, Cornell	1980
4x100m relay:	50.51	St. Norbert	1987
4x400m relay:	4:02.18	St. Norbert	1986

^Q=In preliminaries.

**MIDWEST CONFERENCE
OUTDOOR CHAMPIONSHIPS
At Green Bay, Wis.**

Team totals: 1. Cornell 171½, 2. Monmouth 112, 3. Knox 99½, 4. St. Norbert 92, 5. Grinnell 83, 6. Illinois College 56, 7. Lawrence 52, 8. Coe 48, 9. Ripon 17, 10. Beloit 9.

110 hurdles — 1. Dave Hughes (Corn) 15.36, 2. Barry Shaul (Corn).

400 IM hurdles — 1. Rod Anderson (Coe) 55.01.

100 meters — 1. Randy Strickland (K) 11.19, 2. Glen Cline (Corn), 3. Darwin Webb (Corn).

200 meters — 1. Strickland (K) 22.43, 2. John Stimson (Corn).

400 meters — 1. Mike Pinkey (K) 49.30, 2. Stimson (Corn), 3. Ric Pearson (Corn).

800 meters — 1. Rob Deakin (Corn) 1:56.51, 2. Jeff Maples (Corn).

1500 meters — 1. Maples (Corn) 4:03.86.

3000 steeplechase — 1. Dave Hammond (G) 9:34.79, 3. Eric Welch (Corn).

5000 meters — 1. Jon Lave (G) 15:25.96, 2. Tony Every (Corn).

4x100 — 1. Cornell 42.81.

4x400 — 1. Illinois College 3:23.31, 3. Coe.

Discus — 1. John Warfield (M) 153-6.

Triple jump — 1. Rick Simmons (M) 43-11, 3. Wes Butterfield (Corn).

High jump — 1. Sean Anderson (IC) 6-8.

Pole vault — 1. Jack Norris (Cor) 14-0, 2. Mike Hackl (SN), 3. Mark Hackl (SN), 6. Dan Howes (Coe);

Javelin — 1. Dave Hillis (Mon) 180-0, 2. Mark Hackl (SN), 3. Mike Hackl (SN), 4. Eric Neesen (Corn), 5. John Stimson (Corn);

Long jump — 1. Mike Hackl (SN) 22-6½, 2. Steve Wereley (Law), 3. Mike Putnam (Rip), 4. Wes Butterfield (Corn);

Shot put — 1. Ross Richardson (Mon) 50-6, 2. Henry Vogelmann (Grinn), 3. Dane Polster (Rip), 4. Gary Crock (Coe);

10,000-meter run — 1. Dave Hammond (Grinn) 32:29.61, 2. Tony Every (Corn), 3. Chris Gunderson (Knox), 5. K. Gallagher (Corn).

Team totals: 1. St. Norbert 170, 2. Lawrence 109, 3. Knox 96½, 4. Monmouth 60, 5. Grinnell 58½, 6. Beloit 52, 7. Coe 42, 8. Cornell 41, 9. Ripon 33, 10. Illinois College 28.

100 hurdles — 1. Lynne Plinar (SN) 17.04. **400 hurdles** — 1. Jeanne Pier (SN) 1:09.17. **100 meters** — 1. Plinar (SN) 13.16, 2. Anne Workman (Corn). **200 meters** — 1. Plinar (SN) 26.88, 3. Workman (Corn). **400 meters** — 1. Amy Neubert (L) 1:02.03. **800 meters** — 1. Liz Messerly (Coe) 2:19.83. **1500 meters** — 1. Messerly (Coe) 4:51.94, 3. Kristen Schuchart (Corn). **3000 meters** — 1. Kim Sosnoski (SN) 10:58.76. **5000 meters** — 1. Sosnoski (SN) 19:11.74, 2. Deb Otte (Coe). **4x100** — 1. St. Norbert 51.70. **4x400** — 1. St. Norbert 4:12.50.

Shot put — 1. Carolyn Krueger (B) 39-6½. **Javelin** — 1. Joanne Sackett (G) 101-5. **Triple jump** — 1. Stephanie Fruin (B) 35-2. **High jump** — 1. Tami Thomson (R) 5-4.

10,000-meter run — 1. Deb Otte (Coe) 41:29.56, 2. Kristin Semrad (Rip), 3. Cindy Eversole (SN); **Long jump** — 1. Lynne Pliner (SN) 17-3½, 2. Stephanie Fruin (Beloit), 3. Kelly Simpson (Mon); **Discus** — 1. Kathy Roberts (IC) 137-2, 2. Anne Streeter (Knox), 3. Shelly Brown (Mon).