

MIDWEST CONFERENCE MEN'S OUTDOOR TRACK AND FIELD CHAMPIONSHIPS

Hosted by Monmouth --- May 10-11, 1991

(All Times FAT; @ = Converted from Manual Time)

Team Standings

Monmouth	236	St. Norbert	35
Coe	129	Beloit	28
Cornell	111	Lawrence	26
Grinnell	86	Knox	25
Ripon	56	Illinois C.	16

Event Champions

110m hurdles:	Charles Burton, Monmouth, 14.68*	
400m hurdles:	Jason Devino, Monmouth, 55.76	*=Conference Record
100 meters:	Darwin Webb, Coe, 10.97#	
200 meters:	Charles Burton, Monmouth, 21.59*	#=Conference Record
400 meters:	Charles Burton, Monmouth, 47.98*	set in prelims
800 meters:	Jeff McCraven, Monmouth, 1:53.69	(see below)
1500 meters:	Chris Garman, Grinnell, 4:02.00	
3000 steeplechase:	Aaron Stang, Cornell, 9:23.10 (no water)	
5000 meters:	Tony Every, Cornell, 15:29.87	
10,000 meters:	Dave Hammond, Grinnell, 32:49.38	
Pole vault:	Lee Kraemer, Grinnell, 15' 0"	
High Jump:	Shawn Strachan, Monmouth, 6' 6"	
Long Jump:	Tobias Sumrall, Monmouth, 22' 9"	
Triple Jump:	Todd Stevens, Monmouth, 46' 6"	
Shot put:	Dean Polster, Ripon, 48' 1"	
Discus:	Dean Polster, Ripon, 153' 11"	
Javelin:	Dave Hillis, Monmouth, 196' 11"	
4x100m relay:	Monmouth (Tobias Sumrall, Todd Stevens, Tony Williams, Charles Burton), 42.46*	
4x400m relay:	Monmouth (Jason Devino, Jeff McCraven, Mark Stephens, Charles Burton), 3:21.15	

MIDWEST CONFERENCE MEN'S OUTDOOR TRACK AND FIELD RECORDS -- 1991
(Adjusted to FAT Times)

110m hurdles:	14.68	Charles Burton, Monmouth	1991
400m hurdles:	53.54	Mike Wolf, Monmouth	1981
100 meters:	10.84	Darwin Webb, Coe	1991#
		Vince Richardson, Illinois C.	1991#
200 meters:	21.59	Charles Burton, Monmouth	1991
400 meters:	47.98	Charles Burton, Monmouth	1991
800 meters:	1:52.94	Dave Green, U-Chicago	1981
1500 meters:	3:54.44	Mike Axinn, U-Chicago	1982
3000 steeplechase:	9:17.24	(no water) Eric Griffin, Lawrence	1985
	9:18.66	(w/water) Aaron Stang, Cornell	1990
5000 meters:	14:42.44	Doug Simpson, Carleton	1980
10,000 meters:	30:46.24	Mike Axinn, U-Chicago	1981
Pole vault:	15' 8 1/4"	Paul DeLalisch, St. Olaf	1973
High Jump:	6' 9 3/4"	(2.076m) Eric Ealy, Monmouth	1986
Long Jump:	24' 1/4"	(7.320m) Glen Brooks, Monmouth	1961
Triple Jump:	48' 10 1/4"	(14.890m) Chuck Meyer, Coe	1982
Shot put:	54' 2 "	(16.510m) Todd Ciesielczyk, Ripon	1987
Discus:	166' 4 1/2"	(50.710m) Ron Wopat, Lawrence	1977
Javelin:	212' 9 1/2"	(64.860m) Ray Robinson, Ripon	1971
4x100m relay:	42.46	Monmouth	1991
4x400m relay:	3:20.35	Knox	1987

#=In preliminaries

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Team Standings

St. Norbert	143	Knox	56
Coe	130	Grinnell	54
Lawrence	95	Beloit	47
Monmouth	92	Cornell	10
Ripon	62	Illinois C.	5

Event Champions

100m hurdles:	Lloy Brodnicki, Knox, 15:63
400m hurdles:	Lloy Brodnicki, Knox, 1:06.66
100 meters:	Jill Winkler, St. Norbert, 12.66
200 meters:	Jill Winkler, St. Norbert, 26.12
400 meters:	Betsy Blahnik, Lawrence, 59.64#
800 meters:	Gaylene Nash, St. Norbert, 2:24.01
1500 meters:	Lori Stich, Ripon, 4:58.07
3000 meters:	Lori Stich, Ripon, 11:04.30
5000 meters:	Lori Stich, Ripon, 20:04.99
10,000 meters:	Lori Stich, Ripon, 41:54.92
High jump:	Linda Schmidt, Monmouth, 5' 4"
Long jump:	Diana Ling, Lawrence, 18' 1"
Triple jump:	Sheri Lesjak, St. Norbert, 36' 0"
Shot put:	Carolyn Krueger, Beloit, 40' 8"
Discus:	Carla Nauman, Coe, 125' 3"
Javelin:	Karen Seeman, Monmouth, 126' 9"
4x100m relay:	Coe (Laurie Pote, Earlene Johnson, Mary Pate, Angie Scodeller), 50.45*
4x400m relay:	Lawrence (Diana Ling, Vickie Leathers, Lauren Gatti, Betsy Blahnik), 4:09.97

*=Conference Record; #=Conference record set in prelims (see below)

MIDWEST CONFERENCE WOMEN'S OUTDOOR TRACK AND FIELD RECORDS -- 1991
(Adjusted to FAT Times)

100m hurdles:	15.08	Vicci Verbrick, St. Norbert	1986
	15.08	Vicci Verbrick, St. Norbert	1987#
400m hurdles:	1:05.88	Donna Manley Kuhnen, Beloit	1986
100 meters:	12.54	Jill Nelson, St. Norbert	1989
200 meters:	25.74	Mary Jane Beschta, St. Norbert	1984
400 meters:	58.75	Betsy Blahnik, Lawrence	1991#
800 meters:	2:15.24	Liz Messerly, Coe	1989#
1500 meters:	4:47.54	Liz Messerly, Coe	1989
3000 meters:	10:26.54	Julie Wick, Lawrence	1984
5000 meters:	18:41.24	Christine Thorburn, Grinnell	1989
10,000 meters:	40:00.87	Lori Stich, Ripon	1990
High jump:	5' 7 1/4"	(1.708m) Laura Salm, St. Norbert	1990
Long jump:	18' 9 "	(5.720m) Pauline Henry, Cornell	1983
Triple jump:	36' 7 1/2"	(11.160m) Pauline Henry, Cornell	1984
Shot put:	44' 6 3/4"	(13.582m) Veronika Platzner, Grinnell	1983
Discus:	156' 8 1/2"	(44.770m) Veronika Platzner, Grinnell	1986
Javelin:	128' 5 "	(39.140m) Helen Straus, U-Chicago	1984
4x100m relay:	50.45	Coe	1991
4x400m relay:	4:02.18	St. Norbert	1986

#=In preliminaries.

Team totals — 1. Monmouth 236, 2. Coe 129, 3. Cornell 111, 4. Grinnell 86, 5. Ripon 56, 6. St. Norbert, 7. Beloit 28, 8. Lawrence 26, 9. Knox 25, 10. Illinois College 16.

Winners, area placewinners

Triple jump — 1. Todd Stevens (Mon), 46-6; 2. Michael Donnelly (Corn), 46-5; 4. Doug West (Coe), 44-3 $\frac{1}{4}$. **High jump** — 1. Shawn Strachan (Mon), 6-6; 3. Brian Ferry (Coe), 6-4; 6. Casey Bentley (Coe), 5-10; 7. Mark Ruckdaeschel (Grin), 5-10. **Discus** — 1. Dean Polster (Rip), 153-11; 3. Mark Havertape (Coe), 145-8; 5. Steve Bohr (Coe), 132-7; 6. John Martin (Corn), 127-9.

800 run — 1. Jeff McGraven (Mon), 1:53.96; 2. Todd Ehlert (Coe), 1:56.75; 6. Tony Walsh (Coe), 1:59.16. **200 dash** — 1. Charles Burton (Mon), :21.59; 2. Darren Young (Grin), :21.97; 3. Darwin Webb (Coe), :22.23; 6. Jeff Kapler (Corn), :22.80; 8. Eric Ewert (Corn), :23.33. **5,000 run** — 1. Tony Every (Corn), 15:29.87; 3. Aaron Stang (Corn), 16:06.94; 5. Mike Nawrocki (Grin), 16:09.69; 8. John Tschiggfrie (Coe), 16:38.21. **1,600 relay** — 1. Monmouth, 3:21.15; 2. Coe, 3:24.07; 3. Grinnell, 3:28.20; 4. Cornell, 3:31.26. **400 hurdles** — 1. Jason Devino (Mon), :55.76; 2. Matt Swanson (Corn), :56.46; 3. Brad Martsching (Coe), :57.37; 5. Chad Folsom (Grin), :57.90; 6. Doug West (Coe), :57.91.

1,500 run — 1. Chris Garman (Grin), 4:02.00; 2. Tony Every (Corn), 4:02.93; 6. Tony Walsh (Coe), 4:12.60. **110 hurdles** — 1. Charles Burton (Mon), :14.68; 3. Doug West (Coe), :15.66; 4. Brad Martsching (Coe), :15.8; 7. Chad Folsom (Grin), :16.1. **400 relay** — 1. Monmouth, :42.46; 2. Coe, :43.24; 4. Cornell, :44.17. **100 dash** — 1. Darwin Webb (Coe), :10.97; 4. Darren Young (Grin), :11.08; 5. Jim Lamke (Corn), :11.25; 8. Joe Powell (Coe), :12.1. **3,000 steeplechase** — 1. Aaron Stang (Coe), 9:23.10; 3. David Hammond (Grin), 9:42.17; 5. Tom Miller (Coe), 10:11.47; 6. Chris Miller (Coe), 10:18.77. **400 meters** — 1. Charles Burton (Mon), :47.98; 2. Jeff Kapler (Corn), :48.35; 4. Eric Ewert (Corn), :51.37; 5. Ryan Koplín (Coe), :51.93; 6. Joe Powell (Coe), :52.49.

Shot put — 4. John Martin (Cornell), 45-5; 5. Brent Helgueson (Cornell), 43-3; 8. Mike Canney (Coe), 40-1.

Pole vault — 2. Brian Ferry (Coe), 14-6; 6. Eric Ewert (Cornell), 13-0.

Javelin — 4. Ryan Koplín (Coe), 165-3; 7. John Martin (Cornell), 157-11.

Long jump — 4. Doug West (Coe), 22-2 $\frac{1}{4}$; 5. Mike Donnelly (Cornell), 21-10 $\frac{1}{4}$.

10,000 — 4. John Tschiggfrie (Coe), 34:48.00.

Team totals — 1. St. Norbert 143, 2. Coe 130, 3. Lawrence 95, 4. Monmouth 92, 5. Ripon 62, 6. Knox 56, 7. Grinnell 54, 8. Beloit 47, 9. Cornell 10, 10. Illinois College 5.

Winners, area placewinners

Triple jump — 1. Sheri Lesiak (StN), 36-0; 4. Carol Wynn (Coe), 34-5; 6. Earlene Johnson (Coe), 32-2 $\frac{3}{4}$. **Javelin** — Karen Seeman (Mon), 126-9; 4. Tarrel Zweibahmer (Coe), 100-0; 5. Carla Nauman (Coe), 95-0. **Shot put** — 1. Carolyn Krueger (Bel), 40-8; 5. Carla Nauman (Coe), 36-1; 7. Kim Stutzman (Coe), 33-11.

400 dash — 1. Betsy Blahnik (Law), :59.64; 2. Laurie Pote (Coe), 1:01.94; 4. Carol Wynn (Coe), 1:02.20; 6. Jennifer Jones (Grin), 1:04.34; 7. Kate Peterson (Grin), 1:04.94. **800 run** — 1. Gaylene Nash (StN), 2:24.01; 2. Laurie Pote (Coe), 2:24.71; 7. Lori Stich (Coe), 2:30.95; 8. Lynn Freyermuth (Coe), 2:33.00. **5,000 run** — 1. Lori Stich (Rip), 20:04.99; 3. Susie Petheram (Grin), 20:20.29. **1,600 relay** — 1. Lawrence, 4:09.97; 2. Coe, 4:11.03; 4. Grinnell, 4:19.47. **200 dash** — 1. Jill Winkler (StN), :26.12; 2. Angie Scodeller (Coe), :26.14; 4. Earlene Johnson (Coe), :26.96; 8. Jennifer Jones (Grin), :27.58. **400 hurdles** — 1. Lloy Brodnicki (Knox), 1:06.66; 4. Annie Hollister (Grin), 1:11.49; 5. Skip Borst (Coe), 1:12.53; 6. Megan Schuknecht (Grin), 1:13.91; 7. Tarrel Zweibahmer (Coe), 1:14.97.

1,500 run — 1. Lori Stich (Rip), 4:58.07; 2. Susie Petheram (Grin), 5:00.08; 7. Kelt Lear (Corn), 5:19.21. **400 relay** — 1. Coe, :50.45; 4. Grinnell, :53.83. **100 hurdles** — 1. Lloy Brodnicki (Knox), :15.63; 5. Tarrel Zweibahmer (Coe), :17.25; 7. Skip Borst (Coe), :17.90; 8. Anne Hollister (Grin), :17.92. **3,000 run** — 1. Lori Stich (Rip), 11:04.30; 2. Susie Petheram (Grinnell), 11:05.90; 8. Sia Gilman (Coe). **100 dash** — 1. Jill Winkler (StN), :12.66; 2. Angie Scodeller (Coe), :12.82; 3. Earlene Johnson (Coe), :12.89.

Coe and Cornell Results

High jump — 5. Tarrel Zweibahmer (Coe), 5-2.

10,000-meter run — 2. Dawn Wiebel (Cornell), 41:58.00; 6. Christa Zeisset (Coe), 44:41.00.

Discus — 1. Carla Nauman (Coe), 125-3; 4. Kim Stutzman (Coe), 121-1.

Long jump — 4. Earlene Johnson (Coe), 16-6 $\frac{3}{4}$.