

MIDWEST CONFERENCE MEN'S OUTDOOR TRACK AND FIELD CHAMPIONSHIPS

Hosted by Knox --- May 7-8, 1993

(All Times FAT; @ = Converted from Manual Time)

Team Standings

Grinnell	150	Beloit	37
Coe	137	Cornell	29
Monmouth	110	Illinois C.	27
Carroll	95	Ripon	26
St. Norbert	63	Lawrence	15
Knox	52		

Event Champions

110m hurdles:	Dave Schmidt, Coe, 15.20	
400m hurdles:	Jason Devino, Monmouth, 53.64@(#)	
100 meters:	Vince Richardson, IC, 11.02	
200 meters:	Darren Young, Grinnell, 22.71	
400 meters:	Darren Young, Grinnell, 48.60	
800 meters:	Chris Wolfe, Coe, 1:55.44@	
1500 meters:	Todd Henecke, Coe, 3:59.33	
3000 steeplechase:	Todd Henecke, Coe, 9:20.24@ (no water)	
5000 meters:	Dan Costello, Beloit, 15:26.24@	
10,000 meters:	Jeff Ulmer, Grinnell, 32:40.53	*=Conference Record
Pole vault:	Brian Ferry, Coe, 15' 0"	
High Jump:	Scott Schleich, Beloit, 7' 0"*	#=Conference Record
Long Jump:	Tim Nett, St. Norbert, 22' 10 3/4"	set in prelims
Triple Jump:	Tim Nett, St. Norbert, 47' 7"	(see below)
Shot put:	John Martin, Cornell, 50' 1 3/4"	
Discus:	Mike Immel, Ripon, 154' 6"	
Javelin:	Chip Hardy, Carroll, 161' 8"	
4x100m relay:	Grinnell (Brent Dexter, Chad Folsom, Rob Yamachika, Darren Young), 43.09	
4x400m relay:	Monmouth (Aaron Baker, Doug Stenfeldt, Shane Bertelsen, Jason Devino), 3:23.23	

MIDWEST CONFERENCE MEN'S OUTDOOR TRACK AND FIELD RECORDS -- 1993

110m hurdles:	14.68	Charles Burton, Monmouth	1991
400m hurdles:	53.20	Jason Devino, Monmouth	1993#
100 meters:	10.84	Darwin Webb, Coe	1991#
		Vince Richardson, Illinois C.	1991#
200 meters:	21.59	Charles Burton, Monmouth	1991
400 meters:	47.98	Charles Burton, Monmouth	1991
800 meters:	1:52.94	Dave Green, U-Chicago	1981
1500 meters:	3:54.44	Mike Axinn, U-Chicago	1982
3000 steeplechase:	9:17.24	(no water) Eric Griffin, Lawrence	1985
	9:15.68	(w/water) Aaron Stang, Cornell	1992
5000 meters:	14:42.44	Doug Simpson, Carleton	1980
10,000 meters:	30:46.24	Mike Axinn, U-Chicago	1981
Pole vault:	15' 8 1/4"	Paul DeLaitsch, St. Olaf	1973
High Jump:	7' 0 "	(2.133m) Scott Schleich, Beloit	1993
Long Jump:	24' 1/4"	(7.320m) Glen Brooks, Monmouth	1961
Triple Jump:	48' 10 1/4"	(14.890m) Chuck Meyer, Coe	1982
Shot put:	54' 2 "	(16.510m) Todd Ciesielczyk, Ripon	1987
Discus:	166' 4 1/2"	(50.710m) Ron Wopat, Lawrence	1977
Javelin:	212' 9 1/2"	(64.860m) Ray Robinson, Ripon	1971
4x100m relay:	42.46	Monmouth	1991
4x400m relay:	3:20.35	Knox	1987

#=In preliminaries

MIDWEST CONFERENCE WOMEN'S OUTDOOR TRACK AND FIELD CHAMPIONSHIPS

Hosted by Knox --- May 7-8, 1993

(All Times FAT; @ = Converted from Manual Time)

Team Standings

Monmouth	143	Knox	49
Coe	116	Carroll	45 1/2
Ripon	80 1/2	Beloit	30
Grinnell	77	Illinois C.	28
St. Norbert	63	Cornell	10
Lawrence	60		

Event Champions

100m hurdles:	Bitty Quinlan, Monmouth, 15.51	
400m hurdles:	Dawn Rayner, Coe, 1:05.34@(#)	*=Conference Record
100 meters:	Michelle Dehner, Monmouth, 12.87	
200 meters:	Heather Schneider, Ripon, 26.54@	#=Conference Record
400 meters:	Heather Schneider, Ripon, 58.26*	set in prelims
800 meters:	Gaylene Nash, St. Norbert, 2:18.30	(see below)
1500 meters:	Gaylene Nash, St. Norbert, 4:57.33	
3000 meters:	Stephanie Hitztaler, Grinnell, 11:07.24@	
5000 meters:	Heather Hill, Lawrence, 19:25.94@	
10,000 meters:	Ally Beckman, Grinnell, 41:26.32	
High jump:	Laura Salm, St. Norbert, 5' 8"*	
Long jump:	Paula Hageman, Ripon, 19' 6 1/4"*	
Triple jump:	Paula Hageman, Ripon, 37' 4 1/2"*	
Shot put:	Karen Seeman, Monmouth, 41' 3"	
Discus:	Carla Nauman, Coe, 134' 6"	
Javelin:	Karen Seeman, Monmouth, 127' 5"	
4x100m relay:	Monmouth (Dori Ternig, Michelle Dehner, Christine Stanton, Bitty Quinlan), 50.10	
4x400m relay:	Monmouth (Ternig, Tammy Jefferson, Jan Rowley, Stanton), 4:00.50*	

MIDWEST CONFERENCE WOMEN'S OUTDOOR TRACK AND FIELD RECORDS -- 1993

100m hurdles:	15.08	Vicci Verbrick Daniels, St. Norbert	1986, 1987#
400m hurdles:	1:05.19	Bitty Quinlan, Monmouth	1993#
100 meters:	12.54	Jill Nelson, St. Norbert	1989
200 meters:	25.64	Angie Scodeller, Coe	1992
		Brenda Helsen, Coe	1992
400 meters:	58.26	Heather Schneider, Ripon	1993
800 meters:	2:15.24	Liz Messerly, Coe	1989#
1500 meters:	4:47.54	Liz Messerly, Coe	1989
3000 meters:	10:26.54	Julie Wick, Lawrence	1984
5000 meters:	18:41.24	Christine Thorburn, Grinnell	1989
10,000 meters:	40:00.87	Lori Stich, Ripon	1990
High jump:	5' 8" "	(1.727m) Laura Salm, St. Norbert	1993
Long jump:	19' 6 1/4" "	(5.949m) Paula Hageman, Ripon	1993
Triple jump:	37' 4 1/2" "	(11.391m) Paula Hageman, Ripon	1993
Shot put:	44' 6 3/4" "	(13.582m) Veronika Platzer, Grinnell	1983
Discus:	156' 8 1/2" "	(44.770m) Veronika Platzer, Grinnell	1986
Javelin:	139' 1" "	(42.392m) Karen Seeman, Monmouth	1992
4x100m relay:	49.82	Lawrence	1992
4x400m relay:	4:00.50	Monmouth	1993

#=In preliminaries.

MIDWEST CONFERENCE

AT GALESBURG, IL.

Men's Final Team Scoring

1. Grinnell 150; 2. Coe 137; 3. Monmouth 110; 4. Carroll 95; 5. St. Norbert 63; 6. Knox 52; 7. Beloit 37; 8. Cornell 29; 9. Illinois College 27; 10. Ripon 26; 11. Lawrence 15.

Men's Leaders

800—1. Wolfe (Coe), 1:55.20; 2. Newsfrom (G), 1:56.20; 3. Ehlert (Coe), 1:57.20.

200—1. Young (G), 22.71; 2. Bertelsen (M), 22.98; 3. Richardson (I), 23.11.

400 hurdles—1. Devino (M), 53.40; 2. Baker (M), 54.20; Urban (Ca), 54.50.

5,000—1. Costello (B), 15:26; 2. Henecke (Coe), 15:37; 3. Sprtel (L), 15:39.

4x400—1. Monmouth 3:23.23; 2. St. Norbert 3:24.42; 3. Coe 3:24.97.

Shot put—1. Martin (Co), 50-13/4; 2. Allen (K), 48-5; 3. Buckner (M), 48-03/4.

Discus—1. Immel (R), 154-6; 2. Buckner 146-11; 3. Watzka (Ca), 136-6.

High jump—Schleich (B), 7-0; 2. Ferry (Coe), 6-8; 3. Johnson (M), 6-8.

Long jump—1. Nett (S), 22-103/4; 2. Johnson 22-63/4; 3. Dawson (R), 22-5.

1,500—1. Henecke 3:59.33; 2. Hamilton (Ca), 4:02.5; 3. Nawrocki (G), 4:03.01.

10,000—1. Ulmer (G), 32:40.53; 2. Schisler (M), 33:34.03; 3. Matchett (G), 34:30.87.

Javelin—1. Hardy (Ca), 161-8; 2. Eidahl (Coe), 161-0; 3. Yamachika (G), 159-8.

Pole vault—1. Ferry 15-0; 2. (tie) Chandler (Ca), Urban 14-0.

Triple jump—1. Nett (S), 47-7; 2. Perez (G), 45-63/4; 3. Smith (K), 44-83/4.

100 hurdles—1. Schmidt (Coe), 15.20; 2. Yamachika 15.40; 3. Glashagel (K), 15.44.

4x100—1. Grinnell 43.09; 2. St. Norbert 43.55; 3. Coe 44.07.

Steeple chase—1. Henecke 9:20; 2. Nawrocki 9:30.9; 3. Schisler 9:36.2.

100—1. Richardson (I), 11.02; 2. Morrill (Ca), 11.10; 3. Schonitzer (Ca), 11.34.

400—1. Young 48.6; 2. Dexter (G), 49.45; 3. Devino 49.5.

Women's Final Team Scoring

1. Monmouth 143; 2. Coe 116; 3. Ripon 80.5; 4. Grinnell 77; 5. St. Norbert 63; 6. Lawrence 60; 7. Knox 49; 8. Carroll 45.5; 9. Beloit 30; 10. Illinois 28; 11. Cornell 10.

Women's Results

800—1. Nash (S), 2:18.30; 2. Campbell (K), 2:20.54; 3. Simon (Coe), 2:24.24.

200—1. Schneider (R), 26.30; 2. (tie) Ling (L), Schultz (Ca), 26.80.

400 hurdles—1. Rayner (Coe), 1:05.1; 2. Jefferson (M), 1:05.4; 3. Brodnicki (K), 1:05.5.

3,000—1. Hitztaler (G), 11:18.3; 2. Derrickson (G), 11:18.30; 3. Pfitsch (G), 11:33.8.

4x400—1. Monmouth 4:00.5; 2. Coe 4:01.15; 3. Illinois 4:06.15.

Shot put—1. Seeman (M), 41-3; 2. Nauman (Coe), 39-53/4; 3. Carstensen (Coe), 39-3.

Discus—1. Nauman 134-6; 2. Erdman (B), 131-8; 3. Janson (B), 121-0.

High jump—1. Salm (S), 5-8; 2. Schmidt (M), 5-6; 3. Zweibahmer (Coe), 5-4.

Long jump—1. Hageman (R), 19-61/4; 2. Ling 18-101/2; 3. Dehner (M), 18-03/4.

1,500—1. Nash 4:57.33; 2. Campbell 4:57.50; 3. Hitztaler 5:01.6.

10,000—1. Beckman (G), 41:26.32; 2. Hill (L), 41:40.84; 3. Derrickson (G), 42:11.48.

Javelin—1. Seeman 127-5; 2. Salm (S), 100-3; 3. Nauman 99-3.

Triple jump—1. Hageman 37-41/2; 2. Callaway (Ca), 36-10; 3. Ling 36-91/2.

100 hurdles—1. Quinlan (M), 15.51; 2. Brodnicki (K), 16.09; 3. Ellis (S), 16.16.

4x100—1. Monmouth 50.1; 2. Coe 51.36; 3. Carroll 51.47.

5,000—1. Hill 19:25.7; 2. Beckman 19:47.7; 3. Pfitsch (G), 19:49.1.

100—1. Dehner 12.87; 2. Hageman 12.97; 3. Gannon (I), 13.03.

400—1. Schneider 58.26; 2. Stanton (M), 58.64; 3. Pote (Coe), 59.07.