



1997 Midwest Conference Men's Outdoor Track and Field Championships

Hosted by Grinnell College

May 9-10, 1997

Team Standings

Monmouth	199.0
Carroll	153.0
Coe	133.0
Grinnell	74.0
Ripon	46.0
Lawrence	44.0
St. Norbert	32.0
Beloit	28.0
Cornell	18.0
Knox	8.0
Illinois College	6.0

+ = Sets MWC record.

++ = Ties MWC Record.

+++ = MWC Record set in preliminaries.

All times FAT or converted to FAT per NCAA Rule Book.

Event Champions

Shot:	Chris Sondgeroth, Mon., 52' 02.75"
Discus:	Chris Sondgeroth, Mon., 161' 08"
Javelin:	Dan Schumacher, SNC, 185' 07"
Long Jump:	Adam Smiley, Car., 22' 02.50"
Triple Jump:	Dave Adams, Car., 43' 08.25"
High Jump:	Bryon Callahan, Coe, 6' 08"
Pole Vault:	John Huenink, Car., 15' 00"
110 Hurdles:	Brian Collier, Coe, 15.27
400 Hurdles:	Mark Schliekelman, Gr., 53.87
100 dash:	R.J. Hoppe, Car., 10.64 +
200:	R.J. Hoppe, Car., 21.24
400:	Rich Johnson, Mon., 49.18
800:	Neil Gipson, Gr., 1:55.75
1500:	Neil Gipson, Gr., 4:04.41
Stplchase:	Aaron Venters, Mon., 9:40.44
5000:	Scott Sptel, LU, 15:31.04
10,000:	Scott Sptel, LU, 32:40.75
4x100:	Carroll (Aaron Rogahn, Greg Trewin, R.J. Hoppe, Adam Smiley), 41.96 +
4x400:	Coe (Brian Collier, Bryan Featherston, Tanner Pump, Ray Neosh), 3:16.86 +

MWC Men's Outdoor Track Records -- 1997

Shot put	54' 02"	Todd Ciesielczyk, Ripon	1987	(16.51m)
Discus	166' 04"	Ron Wopat, Lawrence	1977	(50.70m)
Javelin	212' 09"	Ray Robinson, Ripon	1971	(64.86m)
Long jump	24' 00.25"	Glen Brooks, Monmouth	1961	(7.32m)
Triple jump	48' 10.25"	Chuck Meyer, Coe	1982	(14.89m)
High jump	7' 00"	Scott Schleich, Beloit	1993	(2.13m)
Pole vault	15' 08.25"	Paul DeLaitsch, St. Olaf	1973	
110 hurdles	14.68	Charles Burton, Monmouth; Stuart Russell, Knox	1991	1995
400 hurdles	53.20	Jason Devino, Monmouth	1993	
100 dash	10.64	R.J. Hoppe, Carroll	1997	
200	21.59	Charles Burton, Monmouth	1991	
400	47.98	Charles Burton, Monmouth	1991	
800	1:52.94	Dave Green, U-Chicago	1981	
1500	3:54.44	Mike Axinn, U-Chicago	1982	
3K Steeplechase	9:17.24	(no water) Eric Griffin, Lawrence	1985	
	9:15.68	(w/water) Aaron Stang, Cornell	1992	
5000	14:42.44	Doug Simpson, Carleton	1980	
10,000	30:46.24	Mike Axinn, U-Chicago	1981	
4x100 relay	41.96	Carroll	1997	
4x400 relay	3:16.86	Coe	1997	



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Team Standings

Monmouth	141.0
Grinnell	102.0
Ripon	89.0
Coe	89.0
Lawrence	74.0
Beloit	51.0
Knox	45.0
Carroll	39.0
St. Norbert	39.0
Cornell	22.0
Illinois College	10.0

+ = Sets MWC record.

++ = Ties MWC Record.

+++ = MWC Record set in preliminaries (see below).

All times FAT or converted to FAT per NCAA Rule Book.

Event Champions

Shot:	Tennille McClure, Mon., 38' 09.75"
Discus:	Tennille McClure, Mon., 138' 08"
Javelin:	Dana Voss, Coe, 130' 07.50"
Long Jump:	Emily Allison, Coe, 17' 04.25"
Triple Jump:	Alanna Moss, Beloit, 34' 10.75"
High Jump:	Julie Jellings, Coe, 5' 02"
100 Hurdles:	Sara Olson, LU, 16.04
400 Hurdles:	Heather Furrow, Mon., 1:03.50 +++
100:	Christy Hickey, Mon., 12.31
200:	Christy Hickey, Mon., 25.26 +
400:	Heather Furrow, Mon., 56.36 +
800:	Stephanie Walters, Gr., 2:22.64
1500:	Becca Webel, Gr., 4:53.53
3000:	Jen Kennington, Bel., 10:50.04
5000:	Abby Williams, Rip., 18:48.04
10,000:	Razel Mueller, Gr., 40:54.00
4x100:	Carroll (Reggie Schlicht, Amy Toellner, Karen Holst, Do Ocampo), 50.19
4x400:	Monmouth (Christy Keller, Julie Kahl, Gretchen Vandergriff, Heather Furrow), 4:03.34

MWC Women's Outdoor Track Records -- 1997

Shot put	44' 06.75"	Veronika Platzer, Grinnell	1983	(13.58m)
Discus	156' 08"	Veronika Platzer, Grinnell	1986	(44.76m)
Javelin	139' 01"	Karen Seeman, Monmouth	1992	(42.38m)
Long jump	19' 06.25"	Paula Hageman, Ripon	1993	(5.94m)
Triple jump	37' 04.50"	Paula Hageman, Ripon	1993	(11.39m)
High jump	5' 08"	Laura Salm, St. Norbert	1993	(1.72m)
100 hurdles	15.02	Lloy Brodnicki, Knox	1994	
400 hurdles	1:02.44	Heather Furrow, Monmouth	1997	(Prelims)
100 dash	11.98	Dori Ternig, Monmouth	1994	
200	25.26	Christy Hickey, Monmouth	1997	
400	56.36	Heather Furrow, Monmouth	1997	
800	2:15.24	Liz Messerly, Coe	1989	
1500	4:47.54	Liz Messerly, Coe	1989	
3000	10:26.54	Julie Wick, Lawrence	1984	
5000	18:41.24	Christine Thorburn, Grinnell	1989	
10,000	39:44.41	Holly Pfitsch, Grinnell	1996	
4x100 relay	49.08	Monmouth	1996	
4x400 relay	4:00.50	Monmouth	1993	

MIDWEST CONF. CHAMPIONSHIPS At Grinnell

Teams — 1. Monmouth 199, 2. Carroll 153, 3. Coe 133, 4. Grinnell 74, 5. Ripon 46, 6. Lawrence 44, 7. St. Norbert 32, 8. Beloit 28, 9. Cornell 18, 10. Knox 8, 11. Illinois College 6.

Pole vault — 1. John Huenik (Car) 15-0, 2. Jeff Root (Grin) 14-6, 3. Tim McCaigue (Car) 13-0; **Shot put** — 1. Chris Sondgeroth (Mon) 52-2³/₄, 2. Bob Lindstrom (Mon) 49-7, 3. Ryan Lehman (Coe) 46-5³/₄; **Discus** — 1. Sondgeroth (Mon) 161-8, 2. Jim Hardesty (Mon) 157-8¹/₂, 3. Dan Schumacher (SN) 153-5¹/₄; **Javelin** — 1. Schumacher (SN) 185-7, 2. Chris Ferron (Mon) 172-2, 3. Dave Reinke (Car) 166-8; **Long jump** — 1. Adam Smiley (Car) 6.77 meters, 2. Bill Swartz (Rip) 6.61, 3. Trevor Hiel (Mon) 6.60; **Triple jump** — 1. Dave Adams (Car) 13.32 meters, 2. Chris Bracey (Car) 13.31, 3. Jay Diedrich (Car) 13.15; **High jump** — 1. Bryon Callahan (Coe) 6-foot-8, 2. Jeromy Hogan (Mon) 6-6, 3. Geoff Dumolien (Coe) 6-4.

400 relay — 1. Carroll 41.96, 2. Coe 42.36, 3. Monmouth 43.3; **100** — 1. R.J. Hoppe (Car) 10.31, 2. Ray Neosh (Coe) 10.34, 3. Adam Smiley (Car) 10.41; **200** — 1. Hoppe (Car) 20.99, 2. Neosh (Coe) 21.03, 3. Smiley (Car) 21.31; **400** — 1. Rich Johnson (Mon) 49.18, 2. Toby Vallas (Mon) 49.68, 3. Greg Trewin (Car) 49.82; **800** — 1. Neil Gipson (Grin) 1:55.75, 2. David Kimber (Mon) 1:56.82, 3. Zach Andrews (Coe) 1:57.05; **1,600 relay** — 1. Coe 3:16.86, 2. Monmouth 3:21.83, 3. Grinnell 3:23.17; **110 hurdles** — 1. Brian Collier (Coe) 15.27, 2. Jason Velicer (Car) 15.7, 3. Brian Woodard (Mon) 15.9; **400 hurdles** — 1. Mark Schliekelman (Grin) 53.87, 2. Woodard (Mon) 54.37, 3. Bryan Featherstrom (Coe) 55.07; **1,500** — 1. Gipson (Grin) 4:04.41, 2. Jamie Verstraete (Mon), 3. Frank Schweda (Mon) 4:05.94; **3,000 steeplechase** — 1. Aaron Venters (Mon) 9:40.13, 2. Bob Strabley (Mon) 9:52.87, 3. Verstraete (Mon) 9:55.90; **5,000** — 1. Scott Sprtel (Law) 15:30.80, 2. Todd Braje (Bel) 15:40.89, 3. Verstraete (Mon) 15:58.38; **10,000** — 1. Sprtel (Law) 32:40.75, 2. Joel Eckberg (Mon) 33:26.89, 3. Braje (Bel) 33:52.28.

Teams — 1. Monmouth 141, 2. Grinnell 102, 3. (tie) Coe and Ripon 99, 5. Lawrence 74, 6. Beloit 51, 7. Knox 45, 8. (tie) Carroll and St. Norbert 39, 10. Cornell 22, 11. Illinois College 10.

Shot put — 1. Tennille McClure (Mon) 38-9³/₄, 2. Jessie Loberg (Rip) 38-4¹/₂, 3. Kelly Dodd (Corn) 37-11¹/₄; **Discus** — 1. McClure (Mon) 138-8, 2. Mandy Weimer (Knox) 133-11, 3. Jessica Reeves (Law) 126-5; **Javelin** — 1. Dana Voss (Coe) 130-7¹/₂, 2. Crystal Helm (Rip) 125-1¹/₂, 3. Carrie Evenson (SN) 120-4; **Long jump** — 1. Emily Allison (Coe) 5.29 meters, 2. Evenson (SN) 5.16, 3. Erin Gatzke (Rip) 5.08; **Triple jump** — 1. Alanna Moss (Bel) 10.64 meters, 2. Kate Proctor (Corn) 10.59, 3. Evenson (SN) 10.54; **High jump** — 1. Julie Jellings (Coe) 5-2, 2. Moss (Bel) 5-0, 3. Alicia Brown (IC) 5-0.

400 relay — 1. Carroll 50.19, 2. Lawrence 51.39, 3. Knox 52.35; **100** — 1. Christy Hickey (Mon) 12.31, 2. Stacy Brown (Mon) 12.41, 3. Reggie Schlict (Car) 13.00; **200** — 1. Hickey (Mon) 25.26, 2. Amanda Walker (Grin) 25.72, 3. Brown (Mon) 25.76; **400** — 1. Heather Furrow (Mon) 56.36, 2. Walker (Grin) 58.39, 3. Emmy Litschke (Rip) 59.39; **800** — 1. Stephanie Walters (Grin) 2:22.64, 2. Becca Webel (Grin) 2:23.60, 3. Gretchen Vandergriff (Mon) 2:24.45; **1,600 relay** — 1. Monmouth 4:03.34, 2. Knox 4:06.58, 3. Carroll 4:08.58; **100 hurdles** — 1. Sara Olson (Law) 15.75, 2. Katie Mohrfeld (Coe) 16.02, 3. Moss (Bel) 16.25; **400 hurdles** — 1. Furrow (Mon) 1:03.50, 2. Vicki Hutchinson (Law) 1:08.06, 3. Mohrfeld (Coe) 1:08.19; **1,500** — 1. Webel (Grin) 4:53.53, 2. Walters (Grin) 4:57.00, 3. Juliana Serafini 4:59.73; **3,000** — 1. Jen Kennington (Bel) 10:49.71, 2. Abby Williams (Rip) 11:01.25, 3. Nichole Cook (Law) 11:01.85; **10,000** — 1. Razel Mueller (Grin) 40:54.00, 2. Rita McQuinn (Mon) 41:08.00, 3. Lyn Krause (Rip) 41:54.00.