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*** May 1999 ***

Midwest Conference Track and Field

1999 MWC Outdoor Championships

Hosted by Monmouth College
 May 7-8, 1999

Women's Field Champions

Long Jump: Megan Draper, Ripon, 17' 08"
 Triple Jump: Sue Warborg, SNC, 35' 10"
 High Jump: Jaime Jones, Mon, 5' 02"
 Pole Vault: Idelle Cooper, Grin., 8' 06"
 Shot: Stephanie Muller, Bel., 40' 02"
 Discus: Amanda Weimer, Knox, 132' 00"
 Javelin: Amanda Colgan, Mon., 128' 07"

Men's Field Champions

Long Jump: Richard Wemer, Grin., 22' 01.25"
 Triple Jump: Jay Diedrich, Car., 46' 03.50"
 High Jump: Jerimiah Janssen, SNC, 6' 06"
 Pole Vault: John Huenink, Car., 15' 06"
 Shot: Chris Diedrich, SNC, 49' 04"
 Discus: Nick Wietor, Car., 152' 01"
 Javelin: Nick Wietor, Car., 169' 01"

Women's Track Champions

100 Hurdles: Sara Olson, LU, 16.06
 400 Hurdles: Maggie Semington, Mon., 1:06.13
 100: Anna Huber, LU, 13.17
 200: Anna Huber, LU, 26.45
 400: Amy Walters, Grin., 1:00.36
 800: Bridget Wiedl, Bel., 2:13.84
 1500: Marni Lynn, Car., 4:39.61
 3000: Marni Lynn, Car., 10:27.75
 5000: Marni Lynn, Car., 18:18.90
 10,000: Julie Liebich, LU, 38:45.18

Men's Track Champions

110 Hurdles: Scott Stanton, Mon., 15.31
 400 Hurdles: Nick Larma, Grin., 55.01
 100: Adam Smiley, Car., 11.09
 200: Adam Smiley, Car., 21.93
 400: Evan McLeod, Bel., 48.36
 800: Chad Sim, Bel., 1:55.80

1999 Women's Outdoor Standings

Carroll	158.0	Grinnell	62.0
Lawrence	144.0	Ripon	49.0
Monmouth	116.0	Knox	41.0
Beloit	100.0	Illinois C.	0.0
St. Norbert	69.0		

1999 Men's Outdoor Standings

Carroll	204.5	Lawrence	56.0
Grinnell	139.5	Knox	42.0
Monmouth	114.0	Ripon	35.0
St. Norbert	77.0	Illinois C.	0.0
Beloit	72.0		

Outstanding Performers

Women: Bridget Wiedl, **Beloit**; Marni Lynn, **Carroll**; Amanda Weimer, **Knox**; Anna Huber, **Lawrence**; Amanda Colgan, **Monmouth**; Megan Draper, **Ripon**.

Men: Evan McLeod, **Beloit**; Adam Smiley and Nick Wietor, **Carroll**; John Aerni and Richard Wemer, **Grinnell**.

1500:	Neil Gipson, Grin., 4:05.95
Stplchase:	John Aerni, Gr., 9:12.37
5000:	John Aerni, Gr., 15:22.37
10,000:	John Aerni, Gr., 32:55.84

Women's Relay Champions

4x100: Lawrence (Leah Anderson, Kate Okenatez, Elizabeth Bashaw, Anna Huber), 50.21
 4x400: Monmouth (Maggie Semington, Elise Estes, Sherri Polk, Christy Keller) 4:07.88

Men's Relay Champions

4x100: Carroll (Ryan Guettel, Jason Gosa, Brad Guettel, Adam Smiley), 42.28
 4x400: Grinnell (Jaddy Newbold, Matt Rhoades, Todd Holloway, Nick Larma), 3:20.69

MIDWEST CONF. CHAMPIONSHIPS

At Monmouth, Ill.

Teams — 1. Carroll 158, 2. Lawrence 144, 3. Monmouth 116, 4. Beloit 100, 5. St. Norbert 69, 6. Grinnell 62, 7. Ripon 49, 8. Knox 41.

100 — 1. Anna Huber (Lawrence) 13:17, 2. Elise Estes (Monmouth) 13:29, 3. Julie Larson (Monmouth) 13:42. **200** — 1. Huber (Lawrence) 26.45, 2. Reynee Simpson (Ripon) 26.85, 3. Estes (Monmouth) 27.00. **400** — 1. Amy Walters (Grinnell) 1:00.36, 2. Corri Kisselburg (Carroll) 1:01.33, 3. Kristina Neal (Knox) 1:01.50. **800** — 1. Bridget Wiedl (Beloit) 2:13.84, 2. Marni Lynn (Carroll) 2:14.49, 3. Nicole Cueno (Grinnell) 2:17.81. **1,500** — 1. Marni Lynn (Car) 4:39.61, 2. Bridget Wiedl (Bel) 4:42.06, 3. Nicole Cueno (Grin) 4:49.73; **3,000** — 1. Lynn (Car) 10:27.75, 2. Cristy Amenson (Car) 10:48.39, 3. Jessica DeKui-per (Bel) 10:49.32; **5,000** — 1. Lynn 18:18.90, 2. Julie Liebich (Law) 18:41.35, 3. Faye Gilbert (Law) 18:47.44; **10,000** — 1. Liebich (Law) 38:45.18, 2. Jen Kennington (Bel) 39:35.73, 3. Kirsten Nelson (Car) 39:43.27; **100 hurdles** — 1. Sara Olson (Law) 16.06, 2. Shannon Hardy (Car) 16.26, 3. Sue Warborg (SN) 16.92; **400 hurdles** — 1. Maggie Semington (Mon) 1:06.13, 2. Shanon Hardy (Car) 1:07.46, 3. Mandy Koch (Bel) 1:07.73; **400 relay** — 1. Lawrence 50.21, 2. Monmouth 50.36, 3. Carroll 51.16; **1,600 relay** — 1. Monmouth 4:07.88, 2. Carroll 4:08.96, 3. Beloit 4:11.07; **High jump** — 1. Jaime Jones (Mon) 5-2, 2. Erin Moede (Law) 5-0, 3. Sue Bittner (SN) 5-0; **Pole vault** — 1. Idelle Cooper (Grin) 8-6, 2. Tammy Baker (Grin) 8-0, 3. Katie Kraszewski (SN) 7-6; **Long jump** — 1. Megan Draper (Rip) 17-8, 2. Elizabeth Bashaw (Law) 17-3, 3. Julie Larson (Mon) 17-2½; **Triple jump** — 1. Sue Warborg (SN) 35-10, 2. Carrie Evenson (SN) 34-11½, 3. Megan Draper (Rip) 34-8; **Shot put** — 1. Stephanie Muller (Bel) 40-2, 2. Vanessa Armstrong (Mon) 37-7, 3. Crystal Groskupf (Car) 36-8½; **Discus** — 1. Amanda Weimer (Lnox) 132-0, 2. Amanda Colgan (Mon) 119-6, 3. Morgan Spanel (Knox) 117-10; **Javelin** — 1. Colgan (Mon) 128-7, 2. Evenson (SN) 114-6, 3. Owings (Bel) 104-1.