

2013 Midwest Conference Championship - 5/10/2013 to 5/11/2013

Hosted by Beloit College

Results posted on www.AdkinsTrak.com**Results****Women 100 Meter Dash**

Conference:	11.98	1994	Dori Ternig, Monmouth College				
Name			School	Seed	Prelims	Wind	H#
Preliminaries							
1	Carlson, Felicia		Beloit	12.49	12.49 q	1.1	3
2	Jackson, Bailey		Monmouth (Ill.)	12.89	12.66 q	1.1	3
3	Gardner, Briana		Monmouth (Ill.)	12.93	12.69 q	1.1	3
4	LeCaptain, Liz		St. Norbert	12.55	12.72 q	1.1	2
5	Campbell, Kimarri		Monmouth (Ill.)	12.73	12.87 q	0.6	1
6	Aparnieks, Mara		St. Norbert	12.69	12.90 q	0.6	1
7	Braatz, Kari		St. Norbert	12.85	12.92 q	1.1	2
8	Girsova, Liza		Lawrence	12.97	13.00 q	1.1	2
9	Schroeder, Karena		Ripon	13.06	13.31	0.6	1
10	Clennon, Emily		Grinnell	13.42	13.34	1.1	3
11	Meeks, Brianna		Cornell College	13.23	13.42	0.6	1
12	Monroe, Rachel		Beloit	13.43	13.45	1.1	2
13	Greene, Krista		Carroll	14.04	13.48	1.1	3
14	Luebke, Sam		Lawrence	13.36	13.50	1.1	2
14	Schmidt, Nicole		Ripon	13.40	13.50	1.1	3
16	Dorn, Megan		Carroll	13.55	13.56	0.6	1
17	Earley, Angie		Beloit	13.56	13.68	0.6	1
18	Wiegert, Jessica		Carroll	13.98	13.77	1.1	3
19	Goldman, Elsa		Grinnell	14.05	13.80	1.1	2
20	Carpenter, Becca		Grinnell	13.86	13.83	1.1	2
21	Freland, Elsie		Cornell College	14.46	14.26	0.6	1
22	Manalia, Loni Nicole		Illinois College	14.30	14.43	0.6	1
23	Erikson, Danielle		Knox	14.77	14.60	1.1	2
24	Alvear, Millie		Cornell College	15.55	15.62	1.1	3

Women 100 Meter Dash

Conference:	11.98	1994	Dori Ternig, Monmouth College				
Name			School	Prelims	Finals	Wind	Points
Finals							
1	Carlson, Felicia		Beloit	12.49	12.05	0.9	10
2	LeCaptain, Liz		St. Norbert	12.72	12.05	0.9	8
3	Jackson, Bailey		Monmouth (Ill.)	12.66	12.42	0.9	6
4	Aparnieks, Mara		St. Norbert	12.90	12.58	0.9	5
5	Gardner, Briana		Monmouth (Ill.)	12.69	12.79	0.9	4
6	Campbell, Kimarri		Monmouth (Ill.)	12.87	12.90	0.9	3
7	Girsova, Liza		Lawrence	13.00	13.03	0.9	2
8	Braatz, Kari		St. Norbert	12.92	14.17	0.9	1

Women 200 Meter Dash

Conference:	24.86	1997	Stacy Brown, Monmouth College				
Name			School	Seed	Prelims	Wind	H#
Preliminaries							
1	Norville, Melissa		Illinois College	24.78	25.30 q	0.1	4
2	Carlson, Felicia		Beloit	25.81	25.55 q	0.8	1
3	Eze-Echesi, Chimdiofuma		Illinois College	25.70	25.82 q	0.3	3
4	Hainline, Lacey		Monmouth (Ill.)	25.74	25.92 q	0.2	2

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Name	School	Seed	Prelims	Wind	H#
5 Jackson, Bailey	Monmouth (Ill.)	26.35	26.08 q	0.2	2
6 Schaffer, Lexie	Ripon	25.93	26.31 q	0.8	1
7 VanDeHey, Abby	Carroll	26.41	26.54 q	0.3	3
8 Hon, Angel	St. Norbert	26.65	26.70 q	0.3	3
9 Gardner, Briana	Monmouth (Ill.)	26.69	26.80	0.2	2
10 Aparnieks, Mara	St. Norbert	26.78	26.87	0.8	1
11 Tepper, Rose	Lawrence	26.53	27.02	0.1	4
12 Ajinjeru, Christine	Grinnell	26.88	27.04	0.2	2
13 Miller, Eloise	Grinnell	26.53	27.28	0.1	4
14 Girsova, Liza	Lawrence	26.79	27.31	0.8	1
15 Clennon, Emily	Grinnell	27.94	27.50	0.8	1
16 Schroeder, Karena	Ripon	27.48	27.64	0.1	4
17 Monroe, Rachel	Beloit	27.70	27.99	0.3	3
18 Greene, Krista	Carroll	27.74	28.07	0.2	2
19 Meeks, Brianna	Cornell College	27.89	28.36	0.8	1
20 Wiegert, Jessica	Carroll	27.69	28.37	0.1	4
21 Earley, Angie	Beloit	28.91	28.66	0.2	2
22 Freland, Elsie	Cornell College	30.04	29.34	0.1	4
23 Braatz, Kari	St. Norbert	26.93	29.72	0.3	3
24 Erikson, Danielle	Knox	30.74	30.89	0.1	4
25 McCarthy, Clare	Cornell College	31.17	31.23	0.3	3

Women 200 Meter Dash

Conference: 24.86 1997 Stacy Brown, Monmouth College

Name	School	Prelims	Finals	Wind	Points
Finals					
1 Norville, Melissa	Illinois College	25.30	24.97	1.4	10
2 Carlson, Felicia	Beloit	25.55	25.10	1.4	8
3 Eze-Echesi, Chimdiofuma	Illinois College	25.82	25.55	1.4	6
4 Hainline, Lacey	Monmouth (Ill.)	25.92	25.58	1.4	5
5 Jackson, Bailey	Monmouth (Ill.)	26.08	25.93	1.4	4
6 Schaffer, Lexie	Ripon	26.31	26.13	1.4	3
7 VanDeHey, Abby	Carroll	26.54	26.76	1.4	2
8 Hon, Angel	St. Norbert	26.70	26.78	1.4	1

Women 400 Meter Dash

Conference: 56.32 2008 Ashley Graybill, St. Norbert College

Name	School	Seed	Prelims	H#
Preliminaries				
1 Eze-Echesi, Chimdiofuma	Illinois College	59.06	59.00 q	2
2 Ajinjeru, Christine	Grinnell	58.25	59.16 q	3
3 Kerner, Jaclyn	St. Norbert	59.60	1:00.19 q	1
4 VanDeHey, Abby	Carroll	1:01.81	1:00.24 q	3
5 Hainline, Lacey	Monmouth (Ill.)	58.12	1:00.40 q	4
6 Schaffer, Lexie	Ripon	1:01.04	1:00.61 q	2
7 O'Dell, Stephanie	Monmouth (Ill.)	1:00.87	1:01.73 q	1
8 Goncalves, Carolina	Knox	1:04.48	1:02.96 q	2
9 Kaiser, Karissa	St. Norbert	1:02.33	1:03.51	4
10 Jensen, Sarah	Grinnell	1:04.09	1:04.51	3

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Name	School	Seed	Prelims	H#
11 Nonnemacher, Calli	St. Norbert	1:02.80	1:04.99	4
12 Barie, Katie	Lawrence	1:06.50	1:05.69	1
13 Rinehart, Cassidy	Lawrence	1:08.61	1:05.83	3
14 Pinnette, Ellen	Grinnell	1:07.08	1:06.46	1
15 Nycz, Alyssa	Ripon	1:07.53	1:06.91	3
16 Cochran, Catherine	Beloit	1:07.30	1:07.89	2
17 Haefner, Emily	Cornell College	1:08.44	1:08.45	4
18 Carlson, Max	Beloit	1:08.64	1:09.47	2
19 Holdener, Shelby	Knox	1:09.18	1:10.01	1
20 Hinck, Alex	Beloit	1:08.42	1:10.16	4
21 Crowley, Janna	Ripon	1:09.46	1:11.37	1
22 Watts, Catlin	Knox	1:12.62	1:11.41	2

Women 400 Meter Dash

Conference: 56.32 2008 Ashley Graybill, St. Norbert College

Name	School	Prelims	Finals	Points
Finals				
1 Eze-Echesi, Chimdiofuma	Illinois College	59.00	58.45	10
2 Hainline, Lacey	Monmouth (Ill.)	1:00.40	58.71	8
3 Ajinjeru, Christine	Grinnell	59.16	58.74	6
4 Kerner, Jaelyn	St. Norbert	1:00.19	1:00.07	5
5 VanDeHey, Abby	Carroll	1:00.24	1:00.56	4
6 Schaffer, Lexie	Ripon	1:00.61	1:01.53	3
7 O'Dell, Stephanie	Monmouth (Ill.)	1:01.73	1:03.01	2
8 Goncalves, Carolina	Knox	1:02.96	1:04.32	1

Women 800 Meter Run

Conference: 2:09.12 2012 Emily Schudrowitz, St. Norbert College

Name	School	Seed	Finals	H#	Points
Finals					
1 McShea, Erin	St. Norbert	2:16.76	2:15.49	3	10
2 Bowden, Rachel	Monmouth (Ill.)	2:15.52	2:18.09	3	8
3 Kimber, Kyra	Monmouth (Ill.)	2:21.79	2:19.75	3	6
4 Andrekus, Hannah	St. Norbert	2:24.84	2:22.01	3	5
5 Hecker-O'Brien, Nadia	Beloit	2:28.72	2:23.24	3	4
6 Wymer, Cassie	Carroll	2:22.14	2:25.64	3	3
7 Bloom, Thea	Monmouth (Ill.)	2:25.24	2:26.10	3	2
8 Warner, Lizzy	Knox	2:29.51	2:27.09	3	1
9 Hietpas, Steph	St. Norbert	2:28.71	2:30.15	3	
10 Flores, Ana	Illinois College	2:32.03	2:32.45	2	
11 Pinnette, Ellen	Grinnell	2:33.79	2:32.58	2	
12 Perez, Karla	Ripon	2:34.84	2:36.03	2	
13 Nycz, Alyssa	Ripon	2:31.88	2:36.15	3	
14 Cook, Alethea	Grinnell	2:35.55	2:36.54	2	
15 Schleisner, Izzy	Lawrence	2:39.01	2:37.61	2	
16 Limberg, Alicia	Carroll	2:35.86	2:39.56	2	
17 Gonzalez, Claudia	Cornell College		2:39.70	1	
18 Vogel, Jessica	Beloit	2:37.63	2:41.07	2	
19 Jackson, Camilla	Beloit	2:34.45	2:41.53	2	

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Results posted on www.AdkinsTrak.com**Results****Finals ... (Women 800 Meter Run)**

Name	School	Seed	Finals	H#	Points
20 Grant, Genevieve	Cornell College	2:44.59	2:42.95	2	
21 Hertel, Nicole	Carroll		2:44.58	1	
22 Figueroa, Diana	Ripon	2:50.58	2:45.82	2	
23 Goncalves, Carolina	Knox	2:31.66	2:49.35	3	
24 Vogel, Savannah	Lawrence	2:55.66	2:51.88	1	
25 Bogolub, Carli	Knox	2:53.05	3:01.26	2	

Women 1500 Meter Run

Conference: 4:35.48 2011

Nicole Cueno, Grinnell College

Name	School	Seed	Finals	H#	Points
Finals					
1 O'Grady, Megan	Carroll		4:44.45	1	10
2 Bowden, Rachel	Monmouth (Ill.)	4:43.24	4:45.61	2	8
3 Matter, Michelle	Ripon	4:51.52	4:49.68	2	6
4 Frazier, Brittney	Monmouth (Ill.)	4:50.20	4:56.82	2	5
5 Andrekus, Hannah	St. Norbert	4:58.44	4:59.75	2	4
6 Kimber, Kyra	Monmouth (Ill.)	4:55.31	5:00.62	2	3
7 Seer, Diana	Grinnell	5:02.96	5:01.44	2	2
8 Jones, Karen	Beloit	5:09.44	5:02.34	2	1
9 Erickson, Emily	St. Norbert	5:04.34	5:06.73	2	
10 Ettlin, Laura	Cornell College	4:57.24	5:07.46	2	
11 Flores, Ana	Illinois College	5:05.58	5:07.67	2	
12 Smith, Eva	Grinnell	5:06.28	5:12.49	2	
13 Perez, Karla	Ripon	5:15.61	5:16.24	2	
14 Androski, Antonia	Grinnell	5:12.11	5:17.80	2	
15 Gonzalez, Claudia	Cornell College	5:22.63	5:21.18	2	
16 Limberg, Alicia	Carroll	5:28.20	5:24.77	1	
17 Duffy-Webb, Mickella	Knox	5:32.34	5:26.35	1	
18 Williams, Cora	Lawrence	5:30.06	5:26.67	1	
19 Reyes, Elizabeth	Knox	5:34.85	5:30.23	1	
20 Hertel, Nicole	Carroll	5:27.55	5:31.25	1	
21 Dykstra, Grace	Ripon	5:37.38	5:34.52	1	
22 Neubauer, Grace	Knox	5:32.18	5:35.71	1	
23 Vogel, Jessica	Beloit	5:34.06	5:35.91	1	
24 Jackson, Camilla	Beloit	5:32.28	5:35.98	1	
25 Garvey, Hannah	Cornell College	5:15.63	5:45.26	2	

Women 5000 Meter Run

Conference: 17:03.27 2010

Megan O'Grady, Carroll University

Name	School	Seed	Finals	Points
Finals				
1 O'Grady, Megan	Carroll	17:15.67	17:29.76	10
2 Matter, Michelle	Ripon	18:14.75	18:11.84	8
3 Frazier, Brittney	Monmouth (Ill.)	18:34.31	18:20.77	6
4 Ettlin, Laura	Cornell College	18:56.73	18:37.67	5
5 Lane, Marlee	Monmouth (Ill.)	18:56.94	18:50.62	4
6 Beaty, Tori	Monmouth (Ill.)	18:15.16	18:59.19	3
7 Walsh, Charlotte	St. Norbert	18:56.52	19:07.15	2
8 McNealy, Jesse	Grinnell	19:27.87	19:14.94	1

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Name	School	Seed	Finals	Points
9 Jones, Karen	Beloit	19:19.33	19:20.21	
10 Garcia, Erika	Carroll	19:46.84	19:32.64	
11 Bruning, Clare	Lawrence	19:41.04	19:32.70	
12 Reynolds, Ashley	Cornell College	20:08.12	19:36.58	
13 Campbell, Paulina	Grinnell	19:54.56	19:38.51	
14 Wenzel, Anna	Beloit	19:58.91	19:40.14	
15 Reyes, Elizabeth	Knox	20:02.31	19:43.68	
16 Williams, Katie	Ripon	19:56.03	19:44.62	
17 Karrels, Jamie	St. Norbert	20:12.24	19:51.19	
18 Reichel, Jordan	Carroll	20:25.37	20:20.07	
19 Vautin, Jacqueline	Grinnell	20:39.72	20:34.51	
20 Hudspath, Emma	Illinois College	19:08.08	20:38.32	
21 Dykstra, Grace	Ripon	21:27.59	20:39.86	
22 Dwyer, Amanda	Lawrence	20:58.25	21:26.53	
23 Rohweder, Autumn	Knox	22:00.12	22:08.61	
24 Silva, Melissa	Knox	21:41.13	22:28.64	
--- Andrekus, Hannah	St. Norbert	19:55.83	DNF	
--- Smebak, Leslie	Cornell College	18:15.31	DNF	

Women 10000 Meter Run

Conference: 36:27.59 2008

Jenny Scherer, St. Norbert College

Name	School	Seed	Finals	Points
Finals				
1 Smebak, Leslie	Cornell College		38:12.68	10
2 Walsh, Charlotte	St. Norbert	38:12.14	39:10.32	8
3 Beaty, Tori	Monmouth (Ill.)		39:17.07	6
4 McNealy, Jesse	Grinnell		39:32.67	5
5 Bayly, Alison	Grinnell	41:24.90	40:01.94	4
6 Campbell, Paulina	Grinnell	40:37.23	40:09.80	3
7 Williams, Katie	Ripon	41:33.61	40:15.94	2
8 Wenzel, Anna	Beloit	41:48.62	40:34.60	1
9 Helgeson, Maria	Cornell College		41:36.62	
10 Wetzel, Laura	Cornell College		41:45.03	
11 Quinn, Erika	St. Norbert	41:26.79	41:54.73	
12 Cress, Margaret	Beloit	42:41.75	42:03.53	
13 Hudspath, Emma	Illinois College	41:57.93	42:05.10	
14 Martinez, Elvia	St. Norbert	40:21.15	42:06.42	
15 Morrow, Ally	Carroll	43:48.40	43:02.18	
16 Dwyer, Amanda	Lawrence		43:59.06	
17 Shemanski, Sydney	Ripon	47:43.23	45:13.75	

Women 100 Meter Hurdles

Conference: 13.84 2012

Missy Norville, Illinois College

Name	School	Seed	Prelims	Wind	H#
Preliminaries					
1 Norville, Melissa	Illinois College	14.00	14.19 q	0.6	2
2 Stringer, Megan	Illinois College	15.11	15.31 q	0.3	1
3 Rosandick, Margo	Carroll	16.09	16.15 q	0.6	2
4 Berkenpas, Brooke	Carroll	16.45	16.17 q	0.3	1

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Name	School	Seed	Prelims	Wind	H#
5 Wenzel, Taylor	St. Norbert	15.58	16.25 q	0.3	1
6 Bolgrien, Anna	Lawrence	16.92	16.25 q	0.6	2
7 Yang, Sofie	Lawrence	16.51	16.34 q	0.3	1
8 Bosman, Andrea	St. Norbert	16.68	16.68 q	0.6	2
9 Yenter, Amanda	St. Norbert	16.98	16.73	0.3	1
10 Ryan, Morgan	Monmouth (Ill.)	15.95	16.87	0.6	2
11 Bresette-Buccino, Nora	Grinnell	17.24	17.08	0.3	1
12 Cardinal, Hayley	Lawrence	17.87	17.57	0.6	2
13 Kurt, Malerie	Carroll	17.34	17.65	0.6	2
14 Clippinger, Karly	Beloit	18.21	17.98	0.3	1
15 Zucker, Kelly	Grinnell	18.01	18.16	0.3	1
16 Shelly, Colleen	Knox	19.28	20.60	0.6	2

Women 100 Meter Hurdles

Conference:	13.84	2012	Missy Norville, Illinois College	Prelims	Finals	Wind	Points
Name			School				
Finals							
1 Norville, Melissa			Illinois College	14.19	14.05	2.1	10
2 Stringer, Megan			Illinois College	15.31	15.07	2.1	8
3 Wenzel, Taylor			St. Norbert	16.25	15.67	2.1	6
4 Bosman, Andrea			St. Norbert	16.68	16.23	2.1	5
5 Rosandick, Margo			Carroll	16.15	16.28	2.1	4
6 Yang, Sofie			Lawrence	16.34	16.46	2.1	3
7 Bolgrien, Anna			Lawrence	16.25	16.52	2.1	2
--- Berkenpas, Brooke			Carroll	16.17	FS	2.1	

Women 400 Meter Hurdles

Conference:	1:02.44	1997	Heather Furrow, Monmouth College	Seed	Prelims	H#
Name			School			
Preliminaries						
1 Edwards, Alyssa			Monmouth (Ill.)	1:07.52	1:06.04 q	1
2 Bolgrien, Anna			Lawrence	1:05.75	1:06.29 q	2
3 Miller, Isabelle			Grinnell	1:05.92	1:06.93 q	1
4 Berkenpas, Brooke			Carroll	1:05.74	1:07.16 q	3
5 Yang, Sofie			Lawrence	1:08.43	1:08.09 q	2
6 O'Dell, Stephanie			Monmouth (Ill.)	1:10.38	1:09.42 q	2
7 Wenzel, Taylor			St. Norbert	1:09.27	1:09.61 q	3
8 Rosandick, Margo			Carroll	1:10.65	1:10.67 q	1
9 Cardinal, Hayley			Lawrence	1:11.12	1:11.16	1
10 Bresette-Buccino, Nora			Grinnell	1:09.31	1:11.70	3
11 Valentine, Meghan			St. Norbert	1:13.35	1:13.39	2
12 Brandly, Mariah			Cornell College	1:14.59	1:14.86	3
13 Kerner, Jolene			St. Norbert	1:14.68	1:16.76	2
14 Clippinger, Karly			Beloit	1:15.87	1:18.30	1
15 Shelly, Colleen			Knox	1:14.35	1:18.61	3
16 Clendenin, Jordan			Illinois College	1:16.87	1:19.09	1
17 Kurt, Malerie			Carroll	1:18.69	1:20.77	2
18 Philbin, Tory			Monmouth (Ill.)	1:20.19	1:21.90	3
19 Viner, Jada			Beloit	1:23.34	1:25.77	3

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Conference: 1:02.44		1997	Heather Furrow, Monmouth College		
Name	School	Prelims	Finals	Points	
Finals					
1	Edwards, Alyssa	Monmouth (Ill.)	1:06.04	1:04.47	10
2	Miller, Isabelle	Grinnell	1:06.93	1:04.72	8
3	Berkenpas, Brooke	Carroll	1:07.16	1:05.50	6
4	Bolgrien, Anna	Lawrence	1:06.29	1:06.12	5
5	Wenzel, Taylor	St. Norbert	1:09.61	1:07.12	4
6	Yang, Sofie	Lawrence	1:08.09	1:08.88	3
7	O'Dell, Stephanie	Monmouth (Ill.)	1:09.42	1:10.46	2
8	Rosandick, Margo	Carroll	1:10.67	1:13.21	1

Women 3000 Meter Steeplechase

Conference: 10:56.60		2009	Mary Kate Beyer, Monmouth College		
Name	School	Seed	Finals	Points	
Finals					
1	Matter, Michelle	Ripon	11:06.59	11:15.96	10
2	Lane, Marlee	Monmouth (Ill.)	11:35.04	11:33.45	8
3	Martinez, Sanjuanita	Cornell College	11:57.15	11:34.53	6
4	Seer, Diana	Grinnell	11:36.50	11:34.82	5
5	Jones, Karen	Beloit	12:00.71	11:46.56	4
6	Edwards, Alyssa	Monmouth (Ill.)	11:53.06	11:55.08	3
7	Dannecker, Katherine	Lawrence	12:50.13	12:12.74	2
8	Janes, Lauren	St. Norbert	12:47.04	12:13.13	1
9	Herman, Alyssa	Lawrence	12:51.62	12:39.83	
10	Hietpas, Liz	St. Norbert	12:21.02	12:46.70	
11	Kubica, Samantha	Grinnell	13:13.85	12:47.43	
12	Erickson, Emily	St. Norbert	12:19.79	12:57.66	
13	DeLong, Sara	Beloit	13:21.53	13:10.25	
14	Cress, Margaret	Beloit	13:20.25	13:20.17	

Women 4x100 Meter Relay

Conference: 48.40		2001	Monmouth College		
C. Jackson, J. Hoops, P. Moredock, M. Flaar					
Team	Relay	Seed	Finals	H#	Points
Finals					
1	Illinois College	49.95	49.44	2	10
	1) Stringer, Megan	2) Eze-Echesi, Chimdiofuma	3) Norville, Tamar	4) Norville, Melissa	
2	Monmouth (Ill.)	49.13	49.55	2	8
	1) Campbell, Kimarri	2) Hainline, Lacey	3) Jackson, Bailey	4) Gardner, Briana	
3	St. Norbert	49.20	49.66	2	6
	1) Aparnieks, Mara	2) Braatz, Kari	3) Hon, Angel	4) LeCaptain, Liz	
4	Carroll	51.18	51.22	2	5
	1) Dorn, Megan	2) VanDeHey, Abby	3) Rosandick, Margo	4) Wymer, Cassie	
5	Lawrence	51.49	51.40	2	4
	1) Girsova, Liza	2) Luebke, Sam	3) Bolgrien, Anna	4) Tepper, Rose	
6	Beloit	51.76	51.47	2	3
	1) Monroe, Rachel	2) Hecker-O'Brien, Nadia	3) Earley, Angie	4) Carlson, Felicia	
7	Ripon	51.77	51.87	1	2
	1) Schmidt, Nicole	2) Schaffer, Lexie	3) Breaker, Jenna	4) Schroeder, Karena	

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Results posted on www.AdkinsTrak.com**Results****Finals ... (Women 4x100 Meter Relay)**

Team	Relay	Seed	Finals	H#	Points
8 Grinnell 1) Clennon, Emily	2) Goldman, Elsa	52.95	53.02	1	1
9 Cornell College 1) Brandly, Mariah	2) Gilbert, Katie	51.36	53.18	2	
10 Knox 1) Erikson, Danielle	2) Goncalves, Carolina	54.10	54.91	1	
			4) Brette-Buccino, Nora		
			3) Jensen, Sarah		
			4) Meeks, Brianna		
			3) Franzen, Deidre		
			4) Shelly, Colleen		
			3) Warner, Lizzy		

Women 4x400 Meter Relay

Conference: 3:58.40

2012

St. Norbert College

K. Larson, M. Domnick, E. McShea, E Schudrowitz

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Grinnell 1) Clennon, Emily	2) Ajinjeru, Christine	4:03.77	4:01.54	2	10
2 Monmouth (Ill.) 1) Bowden, Rachel	2) Edwards, Alyssa	4:05.09	4:02.69	2	8
3 Carroll 1) VanDeHey, Abby	2) Dorn, Megan	4:01.11	4:03.96	2	6
4 St. Norbert 1) Kerner, Jaclyn	2) Polomis, Ashley	4:03.89	4:06.35	2	5
5 Lawrence 1) Girsova, Liza	2) Tepper, Rose	4:10.89	4:14.26	2	4
6 Illinois College 1) Bystry, Emily	2) Norville, Tamar	4:11.42	4:18.52	2	3
7 Knox 1) Warner, Lizzy	2) Shelly, Colleen	4:29.50	4:23.75	1	2
8 Beloit 1) Hecker-O'Brien, Nadia	2) Jackson, Camilla	4:29.90	4:27.32	1	1
9 Cornell College 1) Brandly, Mariah	2) Martinez, Sanjuanita	4:21.87	4:28.88	2	
10 Ripon 1) Schaffer, Lexie	2) Perez, Karla	4:31.31	4:30.95	1	
			4) Miller, Isabelle		
			3) O'Dell, Stephanie		
			4) Hainline, Lacey		
			4) Wymer, Cassie		
			4) Kaiser, Karissa		
			4) Cardinal, Hayley		
			4) Stringer, Megan		
			4) Goncalves, Carolina		
			4) Hinck, Alex		
			4) Kraker, Melissa		
			4) Nycz, Alyssa		

Women High Jump

Conference: 1.73m

1993

Laua Salm, St. Norbert College

Name	School	Finals	Points
Finals			
1 Tysma, Emily	Monmouth (Ill.)	1.71m	10
2 Tepper, Rose	Lawrence	1.65m	8
3 Vanderlin, Nicole	St. Norbert	J1.65m	6
4 Breaker, Jenna	Ripon	1.60m	5
5 Sinclair, Stacey	Illinois College	1.55m	4
6 Willard, Marla	Monmouth (Ill.)	J1.55m	2.50
6 Kaiser, Karissa	St. Norbert	J1.55m	2.50
8 Bystry, Emily	Illinois College	1.50m	1
9 Bosman, Andrea	St. Norbert	J1.50m	
10 Peeters, Erin	Carroll	1.45m	
11 Kraker, Melissa	Cornell College	J1.45m	
12 Vos, Lauren	Illinois College	1.40m	
13 Clippinger, Karly	Beloit	1.35m	
14 Barie, Katie	Lawrence	J1.35m	

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Results posted on www.AdkinsTrak.com**Results****Finals ... (Women High Jump)**

Name	School	Finals	Points
--- Radtke, Ashley	Carroll	NH	

Women Pole Vault

Conference: 3.82m 2011 Whitney Didier, Monmouth College

Name	School	Finals	Points
Finals			
1 Wiegert, Jessica	Carroll	3.52m 11-06.50	10
2 Greene, Krista	Carroll	3.37m 11-00.75	8
3 Ryan, Morgan	Monmouth (Ill.)	3.22m 10-06.75	6
4 Yang, Sofie	Lawrence	3.07m 10-00.75	5
5 Carlson, Athena	Grinnell	2.92m 9-07.00	4
6 Klein, Allyson	St. Norbert	J2.92m 9-07.00	3
7 Goldman, Elsa	Grinnell	J2.92m 9-07.00	2
8 Wiedemeier, Jenne	St. Norbert	2.77m 9-01.00	1
9 Gerek, Alyssa	Carroll	J2.77m 9-01.00	
10 Bielefeld, ShirJia	Knox	2.62m 8-07.00	
11 Clendenin, Jordan	Illinois College	J2.62m 8-07.00	
12 Finman, Katharine	Beloit	2.47m 8-01.25	
13 Cunningham, Sian	Beloit	J2.47m 8-01.25	
--- Petry, Grace	St. Norbert	NH	
--- Manalia, Loni Nicole	Illinois College	NH	

Women Long Jump

Conference: 6.36m 2012 Missy Norville, Illinois College

Name	School	Finals	Wind	Points
Finals				
1 Norville, Melissa	Illinois College	5.85m 19-02.50	-0.1 2	10
2 Stringer, Megan	Illinois College	5.37m 17-07.50	1.4 1	8
3 Marquith, MacKinsey	Monmouth (Ill.)	5.28m 17-04.00	0.9 1	6
4 Jackson, Bailey	Monmouth (Ill.)	5.11m 16-09.25	0.2 1	5
5 VandenHeuvel, Kyra	St. Norbert	5.01m 16-05.25	0.9 2	4
6 Miller, Eloise	Grinnell	4.97m 16-03.75	1.2 2	3
7 Schroeder, Karena	Ripon	4.84m 15-10.50	0.9 1	2
8 Norville, Tamar	Illinois College	4.82m 15-09.75	1.0 1	1
9 Luedtke, Kalee	St. Norbert	4.78m 15-08.25	+0.0 2	
10 Breaker, Jenna	Ripon	4.65m 15-03.25	0.8 2	
11 Carlson, Felicia	Beloit	4.58m 15-00.50	1.0 2	
11 Peeters, Erin	Carroll	4.58m 15-00.50	0.3 2	
13 Bittner, Brianna	St. Norbert	4.56m 14-11.50	0.6 1	
14 Luebke, Sam	Lawrence	4.50m 14-09.25	0.1 2	
15 Erikson, Danielle	Knox	3.31m 10-10.50	0.9 1	
--- Gilbert, Katie	Cornell College	FOUL		2
--- Brandly, Mariah	Cornell College	FOUL		1

Women Triple Jump

Conference: 12.52m 2012 Melissa Noville, Illinois College

Name	School	Finals	Wind	Points
Finals				
1 Norville, Melissa	Illinois College	12.33m 40-05.50	0.7 2	10

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Results posted on www.AdkinsTrak.com**Results****Finals ... (Women Triple Jump)**

Name	School	Finals	Wind	Points
2 Jackson, Bailey	Monmouth (Ill.)	11.28m 37-00.25	1.3 1	8
3 Marquith, MacKinsey	Monmouth (Ill.)	11.14m 36-06.75	0.3 2	6
4 Miller, Eloise	Grinnell	10.95m 35-11.25	0.9 2	5
5 Gilbert, Katie	Cornell College	10.67m 35-00.25	1.1 1	4
6 VandenHeuvel, Kyra	St. Norbert	10.62m 34-10.25	1.1 1	3
7 Breaker, Jenna	Ripon	10.60m 34-09.50	1.1 1	2
8 Norville, Tamar	Illinois College	10.37m 34-00.25	1.3 2	1
9 Monroe, Rachel	Beloit	10.29m 33-09.25	0.5 2	
10 Bondarowicz, Ashley	St. Norbert	10.25m 33-07.50	1.3 2	
11 Schroeder, Karena	Ripon	10.02m 32-10.50	0.6 2	
12 Peeters, Erin	Carroll	9.62m 31-06.75	0.9 1	
13 Legois, Keshia	Carroll	9.30m 30-06.25	0.4 1	
--- Luedtke, Kalee	St. Norbert	FOUL	1	

Women Shot PutConference: **13.83m** 2009 Heidi Baerenwald, Ripon College

Name	School	Finals	Points
Finals			
1 Devor, Allison	Monmouth (Ill.)	13.44m 44-01.25	2 10
2 Robinson, Raven	Monmouth (Ill.)	13.02m 42-08.75	3 8
3 Corzine, Kayla	Monmouth (Ill.)	12.64m 41-05.75	2 6
4 Acree, Madison	Cornell College	12.63m 41-05.25	2 5
5 Pomeroy, Lydia	Ripon	12.29m 40-04.00	1 4
6 Asmondy, Melissa	Ripon	11.95m 39-02.50	2 3
7 Thomas, Lindsey	Carroll	11.88m 38-11.75	3 2
8 Schabach, Kate	St. Norbert	11.38m 37-04.00	3 1
9 Brewer, Larissa	Cornell College	11.18m 36-08.25	1
10 Dovenmuehle, Katlyn	Carroll	10.69m 35-01.00	2
11 Leu, Jessica	Carroll	10.63m 34-10.50	3
12 Duffy, Taylor	Illinois College	10.01m 32-10.25	1
13 Aeillo, Lauren	Illinois College	9.47m 31-01.00	1
14 Roome, Carly	Cornell College	9.02m 29-07.25	1
15 Hammond, Edith	Grinnell	8.90m 29-02.50	2
16 Wallace, Derinn	Knox	8.51m 27-11.00	3
17 Conlon, Katie	St. Norbert	8.15m 26-09.00	3
18 Boney, Glyniss	Knox	7.85m 25-09.25	3
19 Hoster, Bethany	Lawrence	7.30m 23-11.50	1
--- Roller, Ashley	Illinois College	FOUL	2

Women Discus ThrowConference: **49.15m** 2009 Tanesha Hughes, Monmouth College

Name	School	Finals	Points
Finals			
1 Thomas, Lindsey	Carroll	42.99m 141-00	3 10
2 Robinson, Raven	Monmouth (Ill.)	41.95m 137-07	3 8
3 Devor, Allison	Monmouth (Ill.)	41.69m 136-09	1 6
4 Maul, Erin	Monmouth (Ill.)	39.85m 130-09	2 5
5 Moen, Erika	Beloit	38.83m 127-05	2 4
6 Acree, Madison	Cornell College	38.80m 127-03	1 3

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Results posted on www.AdkinsTrak.com**Results****Finals ... (Women Discus Throw)**

Name	School	Finals		Points
7 Asmondy, Melissa	Ripon	36.80m	120-09	1 2
8 Leu, Jessica	Carroll	33.55m	110-01	2 1
9 Carlson, Athena	Grinnell	33.17m	108-10	3
10 Roller, Ashley	Illinois College	33.13m	108-08	1
11 Pomeroy, Lydia	Ripon	32.78m	107-06	2
12 Brewer, Larissa	Cornell College	32.57m	106-10	2
13 Wallace, Derinn	Knox	32.50m	106-07	3
14 Duffy, Taylor	Illinois College	31.81m	104-04	2
15 Roome, Carly	Cornell College	29.63m	97-02	3
16 Schabach, Kate	St. Norbert	29.39m	96-05	3
17 Murphy, Meagan	St. Norbert	28.41m	93-02	3
18 Hoster, Bethany	Lawrence	26.25m	86-01	1
19 Aeillo, Lauren	Illinois College	25.70m	84-04	1
20 Hammond, Edith	Grinnell	20.62m	67-08	1
21 Conlon, Katie	St. Norbert	20.49m	67-03	2

Women Hammer Throw

Conference: **49.91m** **2012** **Amanda Streeter, Monmouth College**

Name	School	Finals		Points
Finals				
1 Devor, Allison	Monmouth (Ill.)	54.68m	179-05	3 10
2 Robinson, Raven	Monmouth (Ill.)	47.81m	156-10	3 8
3 Maul, Erin	Monmouth (Ill.)	47.23m	154-11	1 6
4 Acree, Madison	Cornell College	40.94m	134-04	2 5
5 Roller, Ashley	Illinois College	40.93m	134-03	3 4
6 Thomas, Lindsey	Carroll	40.87m	134-01	2 3
7 Dovenmuehle, Katlyn	Carroll	38.14m	125-01	2 2
8 Matt, Genna	Lawrence	37.06m	121-07	2 1
9 Mwaura, Sophia	Knox	36.12m	118-06	1
10 Moen, Erika	Beloit	35.85m	117-07	1
11 Boney, Glyniss	Knox	35.24m	115-07	2
12 Leu, Jessica	Carroll	33.50m	109-11	1
13 Schabach, Kate	St. Norbert	33.37m	109-06	2
14 Pomeroy, Lydia	Ripon	33.08m	108-06	1
15 Duffy, Taylor	Illinois College	32.16m	105-06	3
16 Asmondy, Melissa	Ripon	29.89m	98-01	3
17 Murphy, Meagan	St. Norbert	28.98m	95-01	1
18 Wallace, Derinn	Knox	27.58m	90-06	2
19 Davila, Ashley	Cornell College	27.06m	88-09	3
20 Brewer, Larissa	Cornell College	26.90m	88-03	3

Women Javelin Throw

Conference: **42.96m** **2012** **Amanda Trieloff, Carroll University**

Name	School	Finals		Points
Finals				
1 Burgess, Brittny	Illinois College	39.81m	130-07	2 10
2 Willard, Marla	Monmouth (Ill.)	36.39m	119-05	3 8
3 Stringer, Megan	Illinois College	35.45m	116-04	2 6
4 Breaker, Jenna	Ripon	33.49m	109-10	3 5

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Results posted on www.AdkinsTrak.com**Results****Finals ... (Women Javelin Throw)**

Name	School	Finals		Points
5 Tysma, Emily	Monmouth (Ill.)	31.04m	101-10	1 4
6 Murphy, Meagan	St. Norbert	29.96m	98-03	2 3
7 Schaffer, Lexie	Ripon	29.41m	96-06	3 2
8 Schroeder, Karena	Ripon	28.58m	93-09	3 1
9 Maul, Erin	Monmouth (Ill.)	28.49m	93-06	3
10 Cockrum, Kylie	Cornell College	27.76m	91-01	1
11 VandenHeuvel, Kyra	St. Norbert	25.18m	82-07	1
12 Mwaura, Sophia	Knox	24.45m	80-02	1
13 Cochran, Catherine	Beloit	24.04m	78-10	1
14 Braatz, Meghan	St. Norbert	23.11m	75-10	2
15 Erikson, Danielle	Knox	22.82m	74-10	2
16 Matt, Genna	Lawrence	22.11m	72-06	1
17 Kurt, Malerie	Carroll	21.70m	71-02	2
18 Wallace, Derinn	Knox	19.44m	63-09	3
19 Hammond, Edith	Grinnell	18.82m	61-09	3

Men 100 Meter Dash

Conference: 10.61 2007 D.J. Jackson, Illinois College
 Name School Seed Prelims Wind H#

Preliminaries

1 Green, Kiante	Monmouth (Ill.)	10.88	10.78 q	1.8	4
2 Witt, Cooper	Carroll	10.97	10.99 q	1.1	3
3 Puntoriero, Joe	Knox	11.06	11.00 q	0.8	2
4 Johnson, Brian	Illinois College	11.08	11.10 q	-0.2	1
5 Ritchie, Preston	Cornell College	11.21	11.12 q	0.8	2
6 Hendricks, Myles	Monmouth (Ill.)	11.12	11.22 q	-0.2	1
7 Miskov, Nikolai	Carroll	11.33	11.24 q	0.8	2
8 Fulwiley, Freeman	Illinois College	11.50	11.27 q	1.1	3
9 Tinglin, Roderique	Ripon	11.23	11.27	1.8	4
10 Romeo, Dixon	Grinnell	11.39	11.27	-0.2	1
11 Langman, Eric	Ripon	11.22	11.30	1.1	3
12 Anderson, Karston	Monmouth (Ill.)	11.31	11.32	1.1	3
13 Seidl, Tyler	St. Norbert	11.37	11.39	-0.2	1
14 Ayensu-Mensah, Louis	St. Norbert	11.30	11.42	1.8	4
15 Kahl, Mat	Beloit	11.56	11.53	1.1	3
16 Green, Ra'Shad	Cornell College	11.47	11.62	0.8	2
17 Allen, James	Ripon	11.56	11.67	0.8	2
18 Hardman, Ed	Grinnell	11.55	11.74	1.8	4
19 Bloor, Ryan	Carroll	11.79	11.76	-0.2	1
20 Hall, DJ	Cornell College	11.80	11.81	-0.2	1
21 Fosu, Kofi	Lawrence	11.81	11.97	0.8	2
22 Reading, Sam	Knox	11.95	12.02	1.1	3
23 Anderson, Apolus	Beloit	12.24	12.04	1.8	4
24 Taylor, Jermaine	Lawrence	12.02	12.07	1.8	4
25 Lueck, Tyler	Lawrence	12.49	12.58	1.1	3
26 Liao, Peter	Knox	12.57	12.78	0.8	2
27 Hernandez, Luis	Grinnell	12.92	12.89	-0.2	1

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Results posted on www.AdkinsTrak.com**Results****Men 100 Meter Dash**

Conference:	10.61	2007	D.J. Jackson, Illinois College					
Name			School	Prelims	Finals	Wind	H#	Points
Finals								
1	Green, Kiante		Monmouth (Ill.)	10.78	10.78	1.4	2	10
2	Puntoriero, Joe		Knox	11.00	10.95	1.4	2	8
3	Fulwiley, Freeman		Illinois College	11.27	10.99	3.4	1	6
4	Ritchie, Preston		Cornell College	11.12	11.03	1.4	2	5
5	Witt, Cooper		Carroll	10.99	J11.05	1.4	2	4
6	Johnson, Brian		Illinois College	11.10	J11.12	1.4	2	3
7	Hendricks, Myles		Monmouth (Ill.)	11.22	J11.19	1.4	2	2
8	Miskov, Nikolai		Carroll	11.24	J11.22	1.4	2	1
9	Tinglin, Roderique		Ripon	11.27	J11.04	3.4	1	
10	Romeo, Dixon		Grinnell	11.27	J11.06	3.4	1	

Men 200 Meter Dash

Conference:	21.36	2007	Dante Daniels, Monmouth College					
Name			School	Seed	Prelims	Wind	H#	
Preliminaries								
1	Green, Kiante		Monmouth (Ill.)	22.09	22.04 q	0.6	3	
2	Puntoriero, Joe		Knox	22.41	22.08 q	0.6	3	
3	Witt, Cooper		Carroll	21.68	22.10 q	0.2	4	
4	Pasterski, Taylor		St. Norbert	22.19	22.13 q	1.2	1	
5	Brown, Eric		Monmouth (Ill.)	22.23	22.21 q	1.2	1	
6	Ritchie, Preston		Cornell College	22.61	22.27 q	0.2	4	
7	Foulkes, Raimius		Monmouth (Ill.)	22.13	22.44 q	-0.1	2	
8	Wood, Matthew		Ripon	22.29	22.55 q	-0.1	2	
9	Miskov, Nikolai		Carroll	23.04	22.63	1.2	1	
10	Romeo, Dixon		Grinnell	23.43	22.66	0.6	3	
11	Tinglin, Roderique		Ripon	23.09	23.03	1.2	1	
12	Langman, Eric		Ripon	23.18	23.07	0.6	3	
13	Siess, Peter		Beloit	23.10	23.26	-0.1	2	
14	Seidl, Tyler		St. Norbert	23.47	23.26	-0.1	2	
15	Ayensu-Mensah, Louis		St. Norbert	23.35	23.44	0.2	4	
16	Kahl, Mat		Beloit	23.03	23.47	-0.1	2	
17	Johnson, Brian		Illinois College	22.83	23.52	0.2	4	
18	Jefferson, Ryan		Illinois College	23.29	23.54	0.2	4	
19	Hardman, Ed		Grinnell	23.88	23.73	-0.1	2	
20	Bloor, Ryan		Carroll	23.56	23.94	1.2	1	
21	Jones, Antonio		Beloit	23.79	24.47	1.2	1	
22	Reading, Sam		Knox	24.84	24.71	0.2	4	
23	Taylor, Jermaine		Lawrence	24.75	24.99	0.6	3	
24	Rueda, Eddie		Lawrence	25.26	25.00	0.2	4	
25	Conwell, Tim		Grinnell	26.09	25.47	1.2	1	
26	Liao, Peter		Knox	25.92	25.87	-0.1	2	
27	Lueck, Tyler		Lawrence	25.65	26.01	0.6	3	
28	McNamara, Jacob		Illinois College	22.87	28.40	0.6	3	

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Results posted on www.AdkinsTrak.com**Results****Men 200 Meter Dash**

Conference:	21.36	2007	Dante Daniels, Monmouth College				
Name			School	Prelims	Finals	Wind	Points
Finals							
1	Puntoriero, Joe		Knox	22.08	22.02	2.7	10
2	Green, Kianté		Monmouth (Ill.)	22.04	22.17	2.7	8
3	Brown, Eric		Monmouth (Ill.)	22.21	22.18	2.7	6
4	Foulkes, Raimius		Monmouth (Ill.)	22.44	22.30	2.7	5
5	Pasterski, Taylor		St. Norbert	22.13	22.33	2.7	4
6	Witt, Cooper		Carroll	22.10	22.47	2.7	3
7	Ritchie, Preston		Cornell College	22.27	22.53	2.7	2
8	Wood, Matthew		Ripon	22.55	23.30	2.7	1

Men 400 Meter Dash

Conference:	46.75	2010	Luke Reschke, Monmouth College				
Name			School	Seed	Prelims		H#
Preliminaries							
1	Pasterski, Taylor		St. Norbert	49.29	50.07 q		3
2	Stine, Brennan		Cornell College	49.50	50.11 q		2
3	Brown, Eric		Monmouth (Ill.)	49.74	50.24 q		1
4	Wood, Matthew		Ripon	50.21	51.08 q		1
5	Sheperd, Stephen		St. Norbert	50.77	51.44 q		3
6	Foulkes, Raimius		Monmouth (Ill.)	48.85	51.57 q		4
7	Edmonds, Akeem		St. Norbert	50.25	51.57 q		2
8	Herman, Tyler		Lawrence	51.42	51.63 q		1
9	Trainor, Matthew		Monmouth (Ill.)	50.78	51.75		4
10	Siess, Peter		Beloit	51.12	52.06		3
11	Hall, Ian		Ripon	51.74	52.16		1
12	Garwood, David		Grinnell	51.83	52.54		2
13	Duling, Colin		Illinois College	52.42	52.81		3
14	Banks, Quinton		Grinnell	51.03	52.86		4
15	Hasler, Matt		Carroll		53.67		4
16	Nelson, Zach		Cornell College	52.90	53.68		4
17	Brongo, Matt		Knox		53.94		4
18	McShane, William		Beloit	55.06	54.99		2
19	Beal, Thomas		Ripon	54.51	55.23		3
20	Kuesel, Carsen		Cornell College	53.94	55.56		4
21	Horne, Ian		Knox	55.46	55.92		1
22	Gowdy-Jaehnig, Bjorn		Lawrence	56.63	56.50		3
23	Mothershead, Ben		Grinnell	55.64	56.56		1
24	Rueda, Eddie		Lawrence	56.35	56.85		2
25	Jones, Antonio		Beloit		1:01.99		3

Men 400 Meter Dash

Conference:	46.75	2010	Luke Reschke, Monmouth College				
Name			School	Prelims	Finals		Points
Finals							
1	Pasterski, Taylor		St. Norbert	50.07	48.40		10
2	Brown, Eric		Monmouth (Ill.)	50.24	48.95		8
3	Foulkes, Raimius		Monmouth (Ill.)	51.57	49.24		6

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Results posted on www.AdkinsTrak.com**Results****Finals ... (Men 400 Meter Dash)**

Name	School	Prelims	Finals	Points
4 Stine, Brennan	Cornell College	50.11	49.70	5
5 Edmonds, Akeem	St. Norbert	51.57	50.17	4
6 Sheperd, Stephen	St. Norbert	51.44	50.64	3
7 Wood, Matthew	Ripon	51.08	51.20	2
8 Herman, Tyler	Lawrence	51.63	51.67	1

Men 800 Meter RunConference: **1:52.94** **1981**

Dave Green, Univ of Chicago

Name	School	Seed	Finals	H#	Points
Finals					
1 Zimmerman, Cory	Ripon	1:50.86	1:54.52	3	10
2 Swift, Benny	St. Norbert	1:55.12	1:54.99	3	8
3 Kolacia, Nate	Grinnell	1:55.45	1:55.57	3	6
4 Heppe, Nathan	St. Norbert	1:56.62	1:55.69	3	5
5 Schneider, Jake	St. Norbert	1:57.66	1:56.26	3	4
6 Daniel, Garrett	Monmouth (Ill.)	1:57.96	1:56.77	3	3
7 Guittar, Thomas	Cornell College	2:04.12	1:58.62	2	2
8 Habimana, Espoire	Illinois College	1:59.86	1:59.48	3	1
9 Fuelling, Chris	Lawrence	2:01.29	2:00.71	3	
10 Mangian, Mike	Lawrence	1:58.24	2:01.21	3	
11 Hasler, Matt	Carroll	2:02.04	2:01.93	2	
12 Angel, Zach	Grinnell	1:59.35	2:01.98	3	
13 Gray, George	Beloit	2:01.57	2:03.01	2	
14 Levita, Joe	Monmouth (Ill.)	2:01.67	2:03.17	2	
15 Thoresen, Dan	Lawrence	2:02.85	2:03.68	2	
16 Koch, Christopher	Carroll	2:03.13	2:03.83	2	
17 Butts, Jacob	Cornell College	2:01.31	2:03.83	3	
18 Moorehead, Kyle	Grinnell	1:59.39	2:03.97	3	
19 Murphy, Matt	Illinois College	2:05.48	2:05.60	2	
20 Brongo, Matt	Knox	2:02.88	2:05.77	2	
21 Luedtke, Nick	Ripon	2:08.74	2:07.22	2	
22 Yoggerst, Zach	Illinois College	2:06.82	2:07.91	2	
23 Williams, Rik	Monmouth (Ill.)	2:04.61	2:09.27	2	
24 Pynenberg, Chris	Carroll	2:10.05	2:09.46	1	
25 Randall, Josh	Cornell College		2:10.01	1	
26 Mueller, Bobby	Knox	2:06.79	2:10.07	2	
27 McShane, William	Beloit	2:12.45	2:12.73	1	
28 Gray, Jacob	Beloit	2:12.93	2:14.15	1	
--- Cosme, Anibal	Ripon	2:22.64	DNF	1	

Men 1500 Meter RunConference: **3:53.06** **2005**

Zach Barr, Monmouth College

Name	School	Seed	Finals	H#	Points
Finals					
1 Zimmerman, Cory	Ripon	4:08.71	3:55.92	2	10
2 Kolacia, Nate	Grinnell	4:08.08	3:57.45	2	8
3 Pruitt, Dakota	Carroll	4:00.41	3:57.55	2	6
4 Heppe, Nathan	St. Norbert	4:05.92	3:59.42	2	5
5 Stevens, Sam	Lawrence	4:05.79	4:00.64	2	4

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Results posted on www.AdkinsTrak.com**Results****Finals ... (Men 1500 Meter Run)**

Name	School	Seed	Finals	H#	Points
6 Thoresen, Dan	Lawrence	4:08.58	4:03.42	2	3
7 Krauth, Sam	Grinnell	4:09.14	4:03.76	2	2
8 Kemme, Jordan	Cornell College	4:07.99	4:05.43	2	1
9 Swift, Benny	St. Norbert	4:05.29	4:06.28	2	
10 Davies, Paul	Monmouth (Ill.)	4:07.50	4:07.51	2	
11 Angel, Zach	Grinnell	4:18.55	4:12.06	2	
12 Mangian, Mike	Lawrence	4:09.20	4:12.62	2	
13 Butts, Jacob	Cornell College	4:08.88	4:13.47	2	
14 Penninger, Mitchell	Carroll	4:24.95	4:17.39	1	
15 Levita, Joe	Monmouth (Ill.)	4:19.79	4:19.32	2	
16 Koch, Christopher	Carroll	4:24.26	4:20.33	1	
17 Mesimore, Charlie	Cornell College	4:16.40	4:20.59	2	
18 Gray, George	Beloit	4:25.10	4:22.39	1	
19 Williams, Josh	Illinois College	4:21.29	4:22.85	1	
20 McKay, Matt	Beloit	4:20.09	4:24.54	1	
21 Mueller, Bobby	Knox	4:21.55	4:25.94	1	
22 Luedtke, Nick	Ripon	4:27.15	4:27.07	1	
23 Gray, Jacob	Beloit	4:33.86	4:29.09	1	
24 Schultz, Victor	Knox	4:24.45	4:29.56	1	
25 Welton, Brice	Illinois College	4:30.42	4:30.20	1	
26 Cole, Brian	Knox	4:45.12	4:39.98	1	
27 Smith, Lex	Illinois College	4:36.54	4:45.81	1	
28 Sen, Akash	Ripon	5:13.77	5:19.50	1	

Men 5000 Meter Run

Conference: 14:42.44 1980

Doug Simpson, Carleton College

Name	School	Seed	Finals	Points
Finals				
1 Davies, Paul	Monmouth (Ill.)	15:12.49	15:06.28	10
2 Canady, Frank	Grinnell		15:16.12	8
3 Stevens, Sam	Lawrence	15:14.00	15:34.64	6
4 Kemme, Jordan	Cornell College	15:53.05	15:38.33	5
5 Dalton, Adam	Grinnell	15:37.76	15:38.70	4
6 Barr, Jacob	Monmouth (Ill.)	15:19.92	15:43.33	3
7 Figge, Erik	Grinnell	15:37.48	15:54.76	2
8 Dennis, Lawrence	Cornell College	15:50.71	15:58.62	1
9 Brisbois, Jamie	Lawrence	15:51.49	16:02.49	
10 Gatlin, Matt	Monmouth (Ill.)	15:35.72	16:14.25	
11 Joerres, Adam	Carroll	16:24.80	16:14.89	
12 Lindsay, Josh	Cornell College	16:34.29	16:19.96	
13 Dockery, Kyle	Lawrence	15:56.34	16:38.80	
14 Choate, Sean	Knox	15:55.84	16:41.86	
15 Heise, Michael	St. Norbert	16:15.90	16:51.00	
16 Schultz, Victor	Knox	16:31.80	16:53.85	
17 Skurski, Joseph	Beloit	16:27.94	17:05.03	
18 Williams, Josh	Illinois College		17:06.20	
19 Southerland, Tim	Illinois College	17:20.57	17:13.75	
20 Cole, Brian	Knox	17:17.73	17:17.86	
21 Hackett, Mark	Carroll	17:13.59	17:25.32	

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Results posted on www.AdkinsTrak.com**Results****Finals ... (Men 5000 Meter Run)**

Name	School	Seed	Finals	Points
22 Waters, Rob	Ripon	16:56.62	17:32.41	
23 Litofsky, Josh	Beloit	17:01.20	17:38.23	
24 Smith, Turner	Beloit	17:25.15	17:42.76	
25 Sparks, Jay	Carroll		17:47.04	
26 Pierson, Andrew	Ripon	17:42.95	18:36.60	
27 Sen, Akash	Ripon		20:27.48	
--- Linzmeier, Mike	St. Norbert	16:26.70	DNF	
--- Caputo, Taylor	Illinois College	17:54.35	DNF	

Men 10000 Meter Run

Conference: 30:46.24 1981

Mike Axinn, Univ of Chicago

Name	School	Seed	Finals	Points
Finals				
1 Canady, Frank	Grinnell	31:24.40	31:26.55	10
2 Barr, Jacob	Monmouth (Ill.)	31:07.93	32:00.07	8
3 Dalton, Adam	Grinnell		32:28.26	6
4 Figge, Erik	Grinnell	34:10.97	32:42.90	5
5 Gatlin, Matt	Monmouth (Ill.)	32:44.29	33:03.12	4
6 Dockery, Kyle	Lawrence	35:06.57	33:29.10	3
7 Bemis, Brady	St. Norbert	35:53.00	33:36.21	2
8 Choate, Sean	Knox	32:16.19	33:46.23	1
9 Horan, CJ	Cornell College		34:09.49	
10 Skurski, Joseph	Beloit	33:48.52	34:12.12	
11 Joeres, Adam	Carroll	34:31.20	34:34.79	
12 Frommelt, Luke	St. Norbert	35:54.11	34:42.44	
13 Chenault, Thomas	Cornell College		34:57.61	
14 Dennis, Lawrence	Cornell College		35:02.96	
15 Jones, Nate	Monmouth (Ill.)	34:54.54	35:32.39	
16 Southerland, Tim	Illinois College		35:32.93	
17 Smith, Turner	Beloit	36:21.65	35:35.40	
18 Hackett, Mark	Carroll	36:46.78	35:42.48	
19 Caputo, Taylor	Illinois College	37:39.46	37:05.82	
20 Pierson, Andrew	Ripon	37:57.46	37:33.46	
21 Waters, Rob	Ripon	37:34.87	37:39.26	
22 Mahkamov, Khusrav	Beloit		38:28.84	

Men 110 Meter Hurdles

Conference: 14.33 2012

Justin Johnson, St. Norbert College

Name	School	Seed	Prelims	Wind	H#
Preliminaries					
1 Boockmeier, Brad	St. Norbert	16.15	15.72 q	1.2	1
2 Anderson, Karston	Monmouth (Ill.)	15.28	15.72 q	1.1	2
3 Kimble, Brendan	Illinois College	15.63	15.83 q	1.2	1
4 Verfuether, Mike	St. Norbert	16.14	16.23 q	1.1	2
5 Devor, Nick	Monmouth (Ill.)	15.84	16.23 q	1.1	2
6 O'Connor, John	Monmouth (Ill.)	16.31	16.32 q	1.2	1
7 Baker, Jordan	St. Norbert	16.91	16.32 q	1.1	2
8 Ranumas, JP	Lawrence	15.73	16.34 q	1.2	1
9 Klingbeil, Christian	Carroll	16.37	16.36	1.1	2

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Results posted on www.AdkinsTrak.com**Results****Preliminaries ... (Men 110 Meter Hurdles)**

Name	School	Seed	Prelims	Wind	H#
10 Kreiser, Matthew	Beloit	17.21	16.88	1.2	1
11 Miggins, Allen	Illinois College	17.17	17.50	1.2	1
12 Curtis, Matt	Carroll	17.79	17.95	1.1	2

Men 110 Meter Hurdles

Conference: 14.33 2012 Justin Johnson, St. Norbert College

Name	School	Prelims	Finals	Wind	Points
Finals					
1 Anderson, Karston	Monmouth (Ill.)	15.72	15.31	1.8	10
2 Ranumas, JP	Lawrence	16.34	15.49	1.8	8
3 Kimble, Brendan	Illinois College	15.83	15.56	1.8	6
4 Verfueth, Mike	St. Norbert	16.23	15.99	1.8	5
5 Devor, Nick	Monmouth (Ill.)	16.23	16.12	1.8	4
6 Baker, Jordan	St. Norbert	16.32	16.17	1.8	3
7 Boockmeier, Brad	St. Norbert	15.72	16.33	1.8	2
8 O'Connor, John	Monmouth (Ill.)	16.32	16.60	1.8	1

Men 400 Meter Hurdles

Conference: 51.75 2011 Logan Hohl, Monmouth College

Name	School	Seed	Prelims	H#
Preliminaries				
1 Kimble, Brendan	Illinois College	57.57	57.39 q	1
2 Devor, Nick	Monmouth (Ill.)	57.21	57.67 q	2
3 Feuerstein, Jack	St. Norbert	56.54	57.83 q	3
4 O'Connor, John	Monmouth (Ill.)	57.67	58.51 q	1
5 Sullivan, Brian	Monmouth (Ill.)	58.05	59.39 q	2
6 Bard, Ben	Lawrence	1:00.53	59.68 q	1
7 Klingbeil, Christian	Carroll	59.50	59.90 q	2
8 Kreiser, Matthew	Beloit	58.71	1:00.11 q	3
9 Tyree, Isaiah	Grinnell	1:01.09	1:00.66	2
10 Curtis, Matt	Carroll	58.83	1:00.79	3
11 Ranumas, JP	Lawrence	1:00.60	1:00.92	1
12 Edwards, Ronald	Grinnell	1:04.33	1:01.61	1
13 Miggins, Allen	Illinois College	1:01.52	1:01.93	3
14 Linzmeier, Mike	St. Norbert	1:02.32	1:02.44	2
15 Prosper, David	St. Norbert	1:02.22	1:03.54	3
16 Sorell, Jonah	Lawrence	1:04.10	1:05.22	1
17 Cosme, Anibal	Ripon	1:09.55	1:08.59	2

Men 400 Meter Hurdles

Conference: 51.75 2011 Logan Hohl, Monmouth College

Name	School	Prelims	Finals	Points
Finals				
1 Devor, Nick	Monmouth (Ill.)	57.67	56.37	10
2 Kimble, Brendan	Illinois College	57.39	56.53	8
3 Kreiser, Matthew	Beloit	1:00.11	57.38	6
4 O'Connor, John	Monmouth (Ill.)	58.51	58.31	5
5 Feuerstein, Jack	St. Norbert	57.83	59.88	4
6 Bard, Ben	Lawrence	59.68	1:00.38	3

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Results posted on www.AdkinsTrak.com**Results****Finals ... (Men 400 Meter Hurdles)**

Name	School	Prelims	Finals	Points
7 Sullivan, Brian	Monmouth (Ill.)	59.39	1:01.75	2
8 Klingbeil, Christian	Carroll	59.90	1:02.94	1

Men 3000 Meter Steeplechase

Conference: **9:08.31** **2005** **Zach Barr, Monmouth College**

Name	School	Seed	Finals	Points
1 Stevens, Sam	Lawrence	9:28.57	9:34.42	10
2 Pruitt, Dakota	Carroll	9:47.34	9:37.25	8
3 Barr, Jacob	Monmouth (Ill.)	9:33.54	9:41.81	6
4 Davies, Cam	Lawrence	10:15.25	9:47.58	5
5 Linzmeier, Mike	St. Norbert	9:57.92	9:53.67	4
6 Kakazu, Nathan	Grinnell	10:06.64	10:09.09	3
7 Clemetson, Alexander	St. Norbert	10:32.05	10:20.13	2
8 Hernandez, Arturo	Cornell College	10:28.07	10:23.14	1
9 Laursen, Jonah	Lawrence	10:53.42	10:25.55	
10 McKay, Matt	Beloit	10:28.88	10:26.88	
11 Larson, Evan	Carroll	10:34.96	10:27.68	
12 Swerdlow, Ben	Cornell College	10:47.20	10:39.59	
13 Litofsky, Josh	Beloit	10:35.71	10:47.06	
14 Williams, Rik	Monmouth (Ill.)	11:06.95	11:17.74	
15 Mundell, Lex	Grinnell	11:27.60	11:23.25	
16 Cosme, Anibal	Ripon	11:57.55	11:56.42	

Men 4x100 Meter Relay

Conference: **41.66** **2012** **Monmouth College**
A. Taylor, J. Wilson, E. Brown, K. Green

Team	Relay	Seed	Finals	H#	Points
1 Monmouth (Ill.)		41.91	42.20	2	10
1) Foulkes, Raimius	2) Brown, Eric	3) Green, Kiante	4) Hendricks, Myles		
2 Cornell College		43.06	43.15	2	8
1) Stine, Brennan	2) Ritchie, Preston	3) Desir, Marnel	4) Green, Ra'Shad		
3 St. Norbert		42.90	43.31	2	6
1) Ayensu-Mensah, Louis	2) Pasterski, Taylor	3) Seidl, Tyler	4) Boockmeier, Brad		
4 Carroll		42.71	43.44	2	5
1) Bloor, Ryan	2) Miskov, Nikolai	3) Curtis, Matt	4) Witt, Cooper		
5 Ripon		43.00	43.56	2	4
1) Tinglin, Roderique	2) Wood, Matthew	3) Novack, Kyle	4) Langman, Eric		
6 Illinois College		43.49	43.89	2	3
1) Fulwiley, Freeman	2) Jefferson, Ryan	3) Barnett, Zach	4) Johnson, Brian		
7 Beloit		44.49	44.56	1	2
1) Kahl, Mat	2) Coleman, Tyler	3) Siess, Peter	4) Jones, Antonio		
8 Knox		45.33	44.89	1	1
1) Reading, Sam	2) Horne, Ian	3) Mack, Jonas	4) Puntoriero, Joe		
9 Grinnell		44.29	45.12	2	
1) Romeo, Dixon	2) Hardman, Ed	3) Warnock, Gavin	4) Fulgoni, Gus		
10 Lawrence		45.68	45.34	1	
1) Fosu, Kofi	2) Geleske, Matt	3) Bard, Ben	4) Ranumas, JP		

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Results posted on www.AdkinsTrak.com**Results****Men 4x400 Meter Relay**

Conference: 3:15.47 2009

Monmouth College

D. Daniels, T. Rundle, J. Reschke, L. Reschke

Team	Relay	Seed	Finals	H#	Points
Finals					
1 St. Norbert 1) Edmonds, Akeem	2) Schneider, Jake	3:24.17	3:22.91 4) Sheperd, Stephen	2	10
2 Monmouth (Ill.) 1) Daniel, Garrett	2) Trainor, Matthew	3:16.93	3:25.16 4) Brown, Eric	2	8
3 Grinnell 1) Banks, Quinton	2) Garwood, David	3:26.45	3:27.40 4) Moorehead, Kyle	2	6
4 Illinois College 1) Jefferson, Ryan	2) Duling, Colin	3:31.93	3:28.09 4) Barnett, Zach	2	5
5 Cornell College 1) Ritchie, Preston	2) Callan, Joseph	3:28.85	3:30.64 4) Stine, Brennan	2	4
6 Ripon 1) Wood, Matthew	2) Langman, Eric	3:33.75	3:31.57 4) Zimmerman, Cory	2	3
7 Carroll 1) Witt, Cooper	2) Bloor, Ryan	3:27.33	3:31.67 4) Pruitt, Dakota	2	2
8 Lawrence 1) Herman, Tyler	2) Bard, Ben	3:33.78	3:34.51 4) Geleske, Matt	1	1
9 Beloit 1) Kreiser, Matthew	2) Gray, George	3:33.97	3:35.94 4) Siess, Peter	1	
10 Knox 1) Brongo, Matt	2) Mueller, Bobby	3:37.86	3:37.53 4) Puntoriero, Joe	1	

Men High Jump

Conference: 2.13m 1993

Scott Schliech, Beloit College

Name	School	Finals	Points
Finals			
1 Nottling, Andrew	Carroll	1.98m 6-06.00	10
2 Green, Ra'Shad	Cornell College	J1.98m 6-06.00	8
3 Hill, Randy	St. Norbert	1.93m 6-04.00	6
4 Lentsch, Griffin	Grinnell	J1.93m 6-04.00	5
5 Fulgoni, Gus	Grinnell	1.88m 6-02.00	4
6 Duncan, Scott	Monmouth (Ill.)	1.83m 6-00.00	3
7 Baker, Jordan	St. Norbert	J1.83m 6-00.00	2
8 Newman, Brandon	Monmouth (Ill.)	1.78m 5-10.00	1
9 Sisler, Dan	St. Norbert	J1.78m 5-10.00	
9 Gray, George	Beloit	J1.78m 5-10.00	
11 Reisbick, Spencer	Ripon	1.73m 5-08.00	
12 Davis, Ryan	Grinnell	1.68m 5-06.00	

Men Pole Vault

Conference: 5.20m 2008

Jonny Henkins, Monmouth College

Name	School	Finals	Points
Finals			
1 Polyte, Chandler	Illinois College	4.45m 14-07.25	10
2 Ward, Joe	Monmouth (Ill.)	4.30m 14-01.25	8
3 Andris, Steven	Monmouth (Ill.)	4.15m 13-07.25	6
4 Novack, Kyle	Ripon	J4.15m 13-07.25	5
5 Barthel, Andrew	Carroll	J4.15m 13-07.25	4

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Results posted on www.AdkinsTrak.com**Results****Finals ... (Men Pole Vault)**

Name	School	Finals	Points
6 Ruiz, Mitchell	Carroll	4.00m 13-01.50	3
7 Floyd, Matt	Beloit	3.85m 12-07.50	2
8 Hendrickson, Marcus	Carroll	J3.85m 12-07.50	1
9 Stanley, Crit	Beloit	3.55m 11-07.75	
10 Hernandez, Luis	Grinnell	3.40m 11-01.75	
11 Baker, Jordan	St. Norbert	3.25m 10-08.00	
--- Sendelbach, Dalton	Lawrence	NH	

Men Long Jump

Conference: 7.39m 2009 D.J. Jackson, Illinois College

Name	School	Finals	Wind	Points
1 Anderson, Karston	Monmouth (Ill.)	6.71m 22-00.25	0.9 1	10
2 Hill, Randy	St. Norbert	6.60m 21-08.00	0.1 3	8
3 Johnson, Brian	Illinois College	6.58m 21-07.25	0.9 3	6
4 Verfuerrth, Mike	St. Norbert	J6.58m 21-07.25	0.2 1	5
5 Mengarelli, Kyle	Monmouth (Ill.)	6.56m 21-06.25	1.5 3	4
6 Warnock, Gavin	Grinnell	6.53m 21-05.25	0.8 2	3
7 Sisler, Dan	St. Norbert	6.52m 21-04.75	0.7 3	2
8 Lange, Nick	Carroll	J6.52m 21-04.75	-0.6 1	1
9 Reisbick, Spencer	Ripon	6.15m 20-02.25	0.1 2	
10 Peter, Mason	Illinois College	6.14m 20-01.75	0.9 1	
11 Barthel, Andrew	Carroll	6.08m 19-11.50	0.3 2	
12 Jones, Antonio	Beloit	J6.08m 19-11.50	-0.9 3	
13 Puntoriero, Joe	Knox	5.99m 19-08.00	+0.0 3	
14 Harris, Caleb	Illinois College	5.98m 19-07.50	0.7 2	
15 Kahl, Mat	Beloit	5.70m 18-08.50	0.9 1	
16 Coleman, Tyler	Beloit	5.63m 18-05.75	0.3 2	
17 Mack, Jonas	Knox	5.62m 18-05.25	0.9 1	
18 Some, Anaanou	Ripon	5.43m 17-09.75	0.2 2	
19 Gowdy-Jaehnig, Bjorn	Lawrence	4.95m 16-03.00	-1.3 2	
20 Vaughn, Ben	Grinnell	4.88m 16-00.25	-0.2 1	

Men Triple Jump

Conference: 14.89m 1982 Chuck Meyer, Coe College

Name	School	Finals	Wind	Points
1 Mengarelli, Kyle	Monmouth (Ill.)	14.43m 47-04.25	0.1 1	10
2 Lange, Nick	Carroll	13.93m 45-08.50	0.1 1	8
3 Anderson, Karston	Monmouth (Ill.)	13.77m 45-02.25	1.8 1	6
4 Hill, Randy	St. Norbert	13.50m 44-03.50	0.6 1	5
5 Reisbick, Spencer	Ripon	13.23m 43-05.00	0.9 2	4
6 Harris, Caleb	Illinois College	13.19m 43-03.25	0.1 1	3
7 Lentsch, Griffin	Grinnell	12.97m 42-06.75	0.2 2	2
8 Some, Anaanou	Ripon	12.81m 42-00.50	0.4 2	1
9 Parker, Anthony	St. Norbert	12.78m 41-11.25	0.9 2	
10 Warnock, Gavin	Grinnell	12.60m 41-04.25	0.9 1	
11 Barthel, Andrew	Carroll	12.23m 40-01.50	+0.0 2	
12 Verfuerrth, Mike	St. Norbert	12.06m 39-07.00	2.2 2	

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Results posted on www.AdkinsTrak.com**Results****Finals ... (Men Triple Jump)**

Name	School	Finals	Wind	Points
13 Kahl, Mat	Beloit	11.86m	38-11.00 1.3	2
14 Takatsuka, Kohei	Grinnell	10.13m	33-03.00 3.8	1

Men Shot PutConference: **16.51m** **1987** **Todd Ciesielczyk, Ripon College**

Name	School	Finals	Points
Finals			
1 Beek, Zach	Ripon	15.40m 50-06.25	2 10
2 Boockmeier, Brad	St. Norbert	14.48m 47-06.25	3 8
3 Orwig, Kyle	Monmouth (Ill.)	14.41m 47-03.50	2 6
4 Akins, Phil	Ripon	14.39m 47-02.50	1 5
5 Broyles, Evan	St. Norbert	13.72m 45-00.25	3 4
6 Chenoweth, Weston	Knox	13.47m 44-02.50	2 3
7 Kenyon, Parker	Cornell College	13.44m 44-01.25	1 2
8 Nysather, Jake	Monmouth (Ill.)	13.41m 44-00.00	2 1
9 Craker, Nick	Lawrence	13.10m 42-11.75	3
10 Stelter-Hogh, Frank	Ripon	13.03m 42-09.00	1
11 Schneider, Myles	Beloit	12.99m 42-07.50	2
12 Johnson, David	Carroll	12.82m 42-00.75	2
13 McArdle, Joe	St. Norbert	12.77m 41-10.75	3
14 Araujo, Jonathan	Cornell College	12.48m 40-11.50	1
15 Walsh, Jeremiah	Carroll	12.42m 40-09.00	3
16 Dummer, Josh	Carroll	12.22m 40-01.25	1
17 Engstrom, Jackson	Cornell College	12.21m 40-00.75	3
18 Compton, Devin	Knox	12.12m 39-09.25	1
19 Turner, Zach	Illinois College	11.53m 37-10.00	2
20 Burger, Ben	Monmouth (Ill.)	11.26m 36-11.50	3
21 Grapperhaus, Isaac	Illinois College	11.18m 36-08.25	1
22 Lauersdorf, Mateo	Beloit	11.10m 36-05.00	2
23 Johnson, Dan	Knox	11.03m 36-02.25	1
24 Cox, Josh	Illinois College	10.63m 34-10.50	3
25 Serunjogi, Tefiro	Grinnell	8.94m 29-04.00	3
--- Swick, Spencer	Lawrence	FOUL	2

Men Discus ThrowConference: **50.70m** **1977** **Ron Wopat, Lawrence University**

Name	School	Finals	Points
Finals			
1 McArdle, Joe	St. Norbert	44.06m 144-07	3 10
2 Johnson, David	Carroll	43.49m 142-08	3 8
3 Swick, Spencer	Lawrence	43.39m 142-04	2 6
4 Dummer, Josh	Carroll	43.09m 141-04	1 5
5 Craker, Nick	Lawrence	41.85m 137-04	3 4
6 Kenyon, Parker	Cornell College	40.97m 134-05	3 3
7 Winkler, Darth	Beloit	40.62m 133-03	3 2
8 Pechauer, Alex	Carroll	39.85m 130-09	3 1
9 Chenoweth, Weston	Knox	39.83m 130-08	1
10 Araujo, Jonathan	Cornell College	39.61m 129-11	2
11 Worrell, Tim	Knox	39.56m 129-09	2

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Results posted on www.AdkinsTrak.com**Results****Finals ... (Men Discus Throw)**

Name	School	Finals		Points
12 Engstrom, Jackson	Cornell College	38.66m	126-10	1
13 Oxendorf, Kenny	St. Norbert	38.61m	126-08	2
14 Beal, Thomas	Ripon	38.23m	125-05	3
14 Broyles, Evan	St. Norbert	38.23m	125-05	3
16 Beek, Zach	Ripon	38.10m	125-00	1
17 Nysather, Jake	Monmouth (Ill.)	37.91m	124-04	1
18 Orwig, Kyle	Monmouth (Ill.)	37.63m	123-05	2
19 Grapperhaus, Isaac	Illinois College	36.12m	118-06	1
20 Tripp, Cory	Illinois College	35.70m	117-01	2
21 Paider, Andy	Lawrence	34.32m	112-07	2
22 Turner, Zach	Illinois College	33.88m	111-02	2
23 Jentges, Austen	Ripon	33.09m	108-07	1
24 Schneider, Myles	Beloit	32.91m	108-00	3
25 Burger, Ben	Monmouth (Ill.)	31.93m	104-09	3
26 Lauersdorf, Mateo	Beloit	28.90m	94-10	2
27 Davis, Ryan	Grinnell	26.18m	85-11	1
28 Serunjogi, Tefiro	Grinnell	21.35m	70-00	1
29 Garwood, David	Grinnell	18.59m	61-00	2
--- Compton, Devin	Knox	FOUL		1

Men Hammer ThrowConference: **58.47m** 2012 Adam Sellner, Ripon College

Name	School	Finals		Points
Finals				
1 Sellner, Adam	Ripon	57.75m	189-06	3 10
2 Nysather, Jake	Monmouth (Ill.)	49.66m	162-11	3 8
3 Schneider, Myles	Beloit	47.61m	156-02	1 6
4 Walsh, Jeremiah	Carroll	47.38m	155-05	2 5
5 Akins, Phil	Ripon	45.62m	149-08	3 4
6 Jentges, Austen	Ripon	45.58m	149-06	3 3
7 Johnson, Dan	Knox	45.43m	149-00	2 2
8 Burger, Ben	Monmouth (Ill.)	43.53m	142-10	2 1
9 Lebryk, Paul	Knox	41.45m	136-00	1
10 Tripp, Cory	Illinois College	39.52m	129-08	1
11 O'Brien, Justin	Illinois College	38.20m	125-04	2
12 Swick, Spencer	Lawrence	37.76m	123-11	3
13 Worrell, Tim	Knox	37.71m	123-09	1
14 Breyley, Evan	Illinois College	36.84m	120-10	3
15 Kenyon, Parker	Cornell College	36.45m	119-07	3
16 Pflaum, Kevin	Grinnell	32.78m	107-06	2
17 Shannon, Lee	Carroll	31.46m	103-02	1
18 Lauersdorf, Mateo	Beloit	30.89m	101-04	2
19 Bray, John	Cornell College	30.25m	99-03	3
20 Davis, Ryan	Grinnell	27.53m	90-04	1
--- Johnson, David	Carroll	FOUL		2
--- Orwig, Kyle	Monmouth (Ill.)	FOUL		1
--- Paider, Andy	Lawrence	FOUL		2

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Results posted on www.AdkinsTrak.com**Results****Men Javelin Throw**

Conference:	60.43m	1992	Dave Hillis, Monmouth College				
Name			School	Finals		Points	
Finals							
1	Mack, Jonas		Knox	51.20m	168-00	1	10
2	Duncan, Scott		Monmouth (Ill.)	49.71m	163-01	2	8
3	Braun, Zev		Grinnell	48.80m	160-01	3	6
4	Jefferson, Ryan		Illinois College	47.47m	155-09	2	5
5	Elston, Don		Illinois College	47.44m	155-08	3	4
6	Chenoweth, Weston		Knox	47.35m	155-04	1	3
7	Busack, Jason		Beloit	46.88m	153-10	1	2
8	Sweetman, Patrick		St. Norbert	44.76m	146-10	1	1
9	Boockmeier, Brad		St. Norbert	44.47m	145-11	3	
10	Ward, Joe		Monmouth (Ill.)	43.29m	142-00	2	
11	Lauersdorf, Mateo		Beloit	43.22m	141-09	3	
12	Langman, Eric		Ripon	42.57m	139-08	3	
13	Holden, James		Lawrence	42.28m	138-08	1	
14	Reisbick, Spencer		Ripon	42.24m	138-07	3	
15	Mengarelli, Kyle		Monmouth (Ill.)	40.98m	134-05	1	
16	Krueger, Bob		St. Norbert	40.69m	133-06	1	
17	Olson, Kyle		Carroll	39.61m	129-11	2	
18	Carlson, Chase		Carroll	38.87m	127-06	2	
19	Cox, Brad		Cornell College	38.09m	125-00	2	
20	Woodington, Chris		Grinnell	37.71m	123-09	1	
21	Hendrickson, Marcus		Carroll	36.66m	120-03	2	
22	Breyley, Evan		Illinois College	36.62m	120-02	3	
23	Bukszar, Gabor		Lawrence	35.97m	118-00	3	
24	Sendelbach, Dalton		Lawrence	35.40m	116-02	3	
25	Worden, Adam		Knox	35.13m	115-03	2	
26	Bray, John		Cornell College	34.18m	112-02	2	
27	Hall, DJ		Cornell College	32.22m	105-08	1	

Women - Team Rankings - 20 Events Scored

1) Monmouth (Ill.)	244.5	2) Illinois College	112
3) St. Norbert	99.5	4) Carroll	87
5) Ripon	60	6) Grinnell	59
7) Lawrence	39	8) Cornell College	38
9) Beloit	36	10) Knox	4

Men - Team Rankings - 20 Events Scored

1) Monmouth (Ill.)	201	2) St. Norbert	132
3) Grinnell	80	4) Carroll	76
5) Ripon	72	6) Illinois College	60
7) Lawrence	54	8) Cornell College	47
9) Knox	38	10) Beloit	20