

## 2024 Midwest Conference Championship - 5/10/2024 to 5/11/2024

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## Illinois College

## Results

## Women 100 Meter Dash

Name	School	Prelims
<b>Preliminaries</b>		
1 #112 Carchidi, Eva	Grinnell	12.27q +0.0
2 #180 Anderson, Deja	Illinois Col	12.40q -1.7
3 #183 Brown, Mattie	Illinois Col	12.45q +0.0
4 #188 Garrett, Haley	Illinois Col	12.53q +0.0
5 #387 Rusk, Maddie	Monmouth (II)	12.70q -1.7
6 #281 Jones, AJ	Lake Forest	12.92q -1.7
7 #440 Hoffa, Sidney	Ripon	12.93q +0.0
8 #384 Moore-Bell, Makaiha	Monmouth (II)	12.94q +0.0
9 #25 Royster, Darcel	Beloit	13.06 +0.0
10 #140 Taylor, Ava	Grinnell	13.23 -1.7
11 #69 Mar, Caitlyne	Cornell Coll	13.28 +0.0
12 #385 Raska, Tayler	Monmouth (II)	13.71 +0.0
13 #434 Erickson, Jenna	Ripon	13.78 -1.7
14 #310 Cross, Morgan	Lawrence	13.98 +0.0
15 #287 Pulaski, Annie	Lake Forest	13.98 +0.0
16 #129 Phillips, KaLanna	Grinnell	14.13 -1.7
17 #272 Bullers-Shah, Willa	Lake Forest	14.29 +0.0
18 #23 Murphy, Naomi	Beloit	14.47 +0.0
19 #331 Vega Juarez, Itzel	Lawrence	14.48 -1.7
20 #1 Akosa, Yaa	Beloit	16.51 +0.0
21 #190 Jones, Fynesse	Illinois Col	17.27 +0.0

## Women 100 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 #112 Carchidi, Eva	Grinnell	12.06 2.1
2 #180 Anderson, Deja	Illinois Col	12.31 2.1
3 #183 Brown, Mattie	Illinois Col	12.37 2.1
4 #188 Garrett, Haley	Illinois Col	12.55 2.1
5 #387 Rusk, Maddie	Monmouth (II)	12.58 2.1
6 #440 Hoffa, Sidney	Ripon	12.76 2.1
7 #281 Jones, AJ	Lake Forest	12.90 2.1

## Women 200 Meter Dash

Name	School	Prelims
<b>Preliminaries</b>		
1 #10 Damste, Candis	Beloit	25.47q 0.5
2 #180 Anderson, Deja	Illinois Col	25.70q -0.9
3 #188 Garrett, Haley	Illinois Col	25.85q -0.4
4 #387 Rusk, Maddie	Monmouth (II)	26.09q 0.5
5 #440 Hoffa, Sidney	Ripon	26.43q -0.9
6 #200 Salisbury, Madyson	Illinois Col	26.50q -1.0
7 #71 McAllister, Natalie	Cornell Coll	26.57q 0.5
8 #13 Furch, Alayna	Beloit	26.80q -1.0
9 #61 Brown, Sidney	Cornell Coll	26.85 -0.4
10 #281 Jones, AJ	Lake Forest	26.88 -0.4
11 #25 Royster, Darcel	Beloit	27.17 -0.4
12 #384 Moore-Bell, Makaiha	Monmouth (II)	27.24 -0.9
13 #69 Mar, Caitlyne	Cornell Coll	27.36 -1.0
14 #183 Brown, Mattie	Illinois Col	27.73 -0.9
15 #380 Hoyer, Nicole	Monmouth (II)	27.77 0.5

16 #64 Cotton, Olivia	Cornell Coll	28.29 0.5
17 #385 Raska, Tayler	Monmouth (II)	28.45 0.5
18 #272 Bullers-Shah, Willa	Lake Forest	29.31 -1.0
19 #287 Pulaski, Annie	Lake Forest	29.36 -0.4
20 #243 Jacobs, Emily	Knox	29.40 -1.0
21 #330 Vanden Acker, Anna	Lawrence	29.43 -0.4
22 #331 Vega Juarez, Itzel	Lawrence	29.87 -0.9
23 #129 Phillips, KaLanna	Grinnell	30.55 -0.9

## Women 200 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 #10 Damste, Candis	Beloit	25.06 -2.4
2 #188 Garrett, Haley	Illinois Col	25.81 -2.4
3 #180 Anderson, Deja	Illinois Col	26.08 -2.4
4 #387 Rusk, Maddie	Monmouth (II)	26.22 -2.4
5 #440 Hoffa, Sidney	Ripon	26.63 -2.4
6 #200 Salisbury, Madyson	Illinois Col	26.74 -2.4
7 #71 McAllister, Natalie	Cornell Coll	26.96 -2.4
8 #13 Furch, Alayna	Beloit	27.06 -2.4

## Women 400 Meter Dash

Name	School	Prelims
<b>Preliminaries</b>		
1 #10 Damste, Candis	Beloit	57.24q
2 #61 Brown, Sidney	Cornell Coll	59.88q
3 #329 Skorczewski, Gaby	Lawrence	1:00.69q
4 #311 Fajardo-Wilde, Ella	Lawrence	1:00.98q
5 #13 Furch, Alayna	Beloit	1:01.49q
6 #114 Crowe, Maile	Grinnell	1:01.56q
7 #454 Woyak, Madylyn	Ripon	1:02.24q
8 #442 Ibarra, Devin	Ripon	1:02.38q
9 #452 Weiss, Heleyna	Ripon	1:02.69
10 #12 Echols, Jaeonie	Beloit	1:03.40
11 #64 Cotton, Olivia	Cornell Coll	1:03.68
12 #196 Patterson, Apiphany	Illinois Col	1:03.95
13 #380 Hoyer, Nicole	Monmouth (II)	1:04.96
14 #122 Kreeger, Brooke	Grinnell	1:06.51
15 #383 Johnson, Danielle	Monmouth (II)	1:09.06
16 #132 Rainey, Quinby	Grinnell	1:14.45
17 #130 Pollack, Jianna	Grinnell	1:18.28

## Women 400 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 #10 Damste, Candis	Beloit	56.65
2 #61 Brown, Sidney	Cornell Coll	59.24
3 #114 Crowe, Maile	Grinnell	1:01.38
4 #454 Woyak, Madylyn	Ripon	1:02.23
5 #442 Ibarra, Devin	Ripon	1:02.40
6 #13 Furch, Alayna	Beloit	1:03.74
7 #311 Fajardo-Wilde, Ella	Lawrence	1:07.12
8 #329 Skorczewski, Gaby	Lawrence	1:08.95

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## Results

## Women 800 Meter Run

Name	School	Finals
<b>Finals</b>		
1 #63 Claussen-Tubbs, Ava	Cornell Coll	2:16.57
2 #432 Cortes, Jenny	Ripon	2:17.98
3 #133 Roark, Hannah	Grinnell	2:22.16
4 #329 Skorczewski, Gaby	Lawrence	2:23.01
5 #441 Hoffman, Minnie	Ripon	2:25.09
6 #453 Willett, Isabelle	Ripon	2:25.36
7 #241 Goodin, Cecilia	Knox	2:25.78
8 #128 Ong, Caitlin	Grinnell	2:27.45
9 #317 Henze, Laura	Lawrence	2:28.60
10 #22 Miller, Sophia	Beloit	2:29.47
11 #323 Onukaogu, Faith	Lawrence	2:29.49
12 #131 Rabbani, Allison	Grinnell	2:31.76
13 #5 Carus, Marianna	Beloit	2:32.17
14 #374 Eaton, Lindsay	Monmouth (II)	2:33.37
15 #185 Dortch, Maddison	Illinois Col	2:34.70
16 #68 Lammers, Katie	Cornell Coll	2:34.84
17 #113 Charron, Grace	Grinnell	2:37.18
18 #242 Hilliard, Francis	Knox	2:40.39
19 #274 Dorer, Julie	Lake Forest	2:40.64
20 #366 Bivolarov, Melissa	Monmouth (II)	2:41.06
21 #75 Page, Murray	Cornell Coll	2:43.57
22 #21 Meason, Madeline	Beloit	2:45.74
23 #197 Peters, Claire	Illinois Col	2:48.64
24 #186 Drake, Ashley	Illinois Col	2:49.52
25 #193 Mercado-Ramos, Kairy	Illinois Col	2:55.36
26 #280 Huffman, Avery	Lake Forest	2:56.42

## Women 1500 Meter Run

Name	School	Finals
<b>Finals</b>		
1 #432 Cortes, Jenny	Ripon	4:41.89
2 #322 Oliver, Cristyn	Lawrence	4:42.39
3 #133 Roark, Hannah	Grinnell	4:45.97
4 #120 Karow, Morgan	Grinnell	4:48.19
5 #66 Koppes, Alyza	Cornell Coll	4:52.56
6 #332 Winebrenner, Riley	Lawrence	4:54.10
7 #68 Lammers, Katie	Cornell Coll	4:56.96
8 #453 Willett, Isabelle	Ripon	4:57.68
9 #326 Partsch, Jane	Lawrence	5:04.18
10 #128 Ong, Caitlin	Grinnell	5:06.01
11 #131 Rabbani, Allison	Grinnell	5:16.39
12 #369 Costello, Samantha	Monmouth (II)	5:21.08
13 #282 Jorgensen, Delfina	Lake Forest	5:24.20
14 #5 Carus, Marianna	Beloit	5:29.79
15 #75 Page, Murray	Cornell Coll	5:33.75
16 #3 Browne, Carter	Beloit	5:38.14
17 #11 De Montigny, Simone	Beloit	5:39.98
18 #21 Meason, Madeline	Beloit	5:42.14
19 #192 McAuliffe, Sara	Illinois Col	5:47.12
20 #252 Sheetz, Eileen	Knox	5:53.42
21 #197 Peters, Claire	Illinois Col	5:56.55

22 #186 Drake, Ashley	Illinois Col	5:58.85
23 #193 Mercado-Ramos, Kairy	Illinois Col	6:00.18
24 #280 Huffman, Avery	Lake Forest	6:12.01
25 #286 Pasika, Utopia	Lake Forest	6:21.08
26 #273 Czauderna, Amy	Lake Forest	6:34.51

## Women 5000 Meter Run

Name	School	Finals
<b>Finals</b>		
1 #120 Karow, Morgan	Grinnell	17:56.66
2 #322 Oliver, Cristyn	Lawrence	18:01.76
3 #433 Denamur, Alison	Ripon	18:15.06
4 #66 Koppes, Alyza	Cornell Coll	18:40.86
5 #126 Miyamoto, Keely	Grinnell	18:55.04
6 #436 Flyte, Mikayla	Ripon	19:15.81
7 #133 Roark, Hannah	Grinnell	19:19.28
8 #430 Allard, Gabby	Ripon	19:26.03
9 #314 Frodl, Edythmae	Lawrence	19:48.07
10 #279 Hoda, Lettia	Lake Forest	19:52.34
11 #119 Harrison, Talia	Grinnell	19:56.60
12 #321 Moldenhauer, Jasmine	Lawrence	20:03.64
13 #312 Foster, Althea	Lawrence	20:07.56
14 #369 Costello, Samantha	Monmouth (II)	20:14.06
15 #277 Graham, Sophie	Lake Forest	20:23.34
16 #244 King, Elena	Knox	23:58.08

## Women 10000 Meter Run

Name	School	Finals
<b>Finals</b>		
1 #433 Denamur, Alison	Ripon	37:41.32
2 #436 Flyte, Mikayla	Ripon	38:30.05
3 #126 Miyamoto, Keely	Grinnell	39:02.46
4 #430 Allard, Gabby	Ripon	40:03.25
5 #312 Foster, Althea	Lawrence	40:50.54
6 #110 Barba, Diana	Grinnell	42:49.45
7 #324 Orsi, Rain	Lawrence	42:57.93
8 #309 Anderson, Natalie	Lawrence	43:02.35
9 #116 Ford, Sophia	Grinnell	43:56.84
10 #333 Wunderlich, Eli	Lawrence	45:34.15
11 #123 Lackey, Katya	Grinnell	45:45.60
12 #77 Peesel, Zoe	Cornell Coll	46:02.61
13 #437 Garcia, Mya	Ripon	47:39.66

## Women 100 Meter Hurdles

Name	School	Prelims
<b>Preliminaries</b>		
1 #71 McAllister, Natalie	Cornell Coll	15.57q -0.5
2 #203 Trimmingham, Aleese	Illinois Col	16.09q 1.1
3 #435 Finn, Bridget	Ripon	16.34q 1.1
4 #62 Carolan, Hailey	Cornell Coll	16.39q -0.5
5 #27 Welte, Hannah	Beloit	17.19q 1.1
6 #118 Goodman, Jessie	Grinnell	17.42q -0.5
7 #278 Han, Jacquelyn	Lake Forest	17.53q 1.1
8 #138 Staker, Sadie	Grinnell	17.54q -0.5
9 #7 Casey, Niomee	Beloit	18.01 1.1

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## Preliminaries ... (Women 100 Meter Hurdles)

Name	School	Prelims
10 #198 Rivera, Patricia	Illinois Col	18.32 -0.5
11 #251 Shafar, Megan	Knox	19.21 1.1

## Women 100 Meter Hurdles

Name	School	Finals
<b>Finals</b>		
1 #71 McAllister, Natalie	Cornell Coll	14.80 0.9
2 #203 Trimmingham, Aleese	Illinois Col	15.55 0.9
3 #435 Finn, Bridget	Ripon	15.67 0.9
4 #62 Carolan, Hailey	Cornell Coll	15.90 0.9
5 #27 Welte, Hannah	Beloit	16.92 0.9
6 #118 Goodman, Jessie	Grinnell	16.96 0.9
7 #278 Han, Jacquelyn	Lake Forest	17.19 0.9
8 #138 Staker, Sadie	Grinnell	17.68 0.9

## Women 400 Meter Hurdles

Name	School	Prelims
<b>Preliminaries</b>		
1 #435 Finn, Bridget	Ripon	1:07.63q
2 #27 Welte, Hannah	Beloit	1:09.75q
3 #62 Carolan, Hailey	Cornell Coll	1:09.87q
4 #138 Staker, Sadie	Grinnell	1:10.58q
5 #118 Goodman, Jessie	Grinnell	1:11.11q
6 #450 Sherman, Kiki	Ripon	1:13.53q
7 #203 Trimmingham, Aleese	Illinois Col	1:13.77q
8 #431 Arnhold, Nicole	Ripon	1:15.82q
9 #198 Rivera, Patricia	Illinois Col	1:18.65
10 #278 Han, Jacquelyn	Lake Forest	1:19.25
11 #4 Carlin, Haley	Beloit	1:24.94
12 #7 Casey, Niomee	Beloit	1:27.53

## Women 400 Meter Hurdles

Name	School	Finals
<b>Finals</b>		
1 #27 Welte, Hannah	Beloit	1:05.45
2 #435 Finn, Bridget	Ripon	1:05.72
3 #62 Carolan, Hailey	Cornell Coll	1:06.51
4 #138 Staker, Sadie	Grinnell	1:08.85
5 #118 Goodman, Jessie	Grinnell	1:09.94
6 #203 Trimmingham, Aleese	Illinois Col	1:13.76
7 #450 Sherman, Kiki	Ripon	1:15.53
8 #431 Arnhold, Nicole	Ripon	1:16.13

## Women 3000 Meter Steeplechase

Name	School	Finals
<b>Finals</b>		
1 #332 Winebrenner, Riley	Lawrence	11:11.60
2 #126 Miyamoto, Keely	Grinnell	11:43.14
3 #430 Allard, Gabby	Ripon	11:52.46
4 #135 Roth, Hannah	Grinnell	12:01.31
5 #450 Sherman, Kiki	Ripon	12:16.07
6 #436 Flyte, Mikayla	Ripon	12:23.78
7 #326 Partsch, Jane	Lawrence	12:30.75

8 #144 Wharton-Hsieh, Emma	Grinnell	12:36.18
9 #366 Bivolarov, Melissa	Monmouth (Il	13:24.45
10 #78 Stumbo, Sophie	Cornell Coll	13:24.72
11 #184 Carrino, Morgan	Illinois Col	13:38.63
12 #327 Rummel, Mari	Lawrence	13:40.02

## Women 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Illinois College		47.67
1) #183 Brown, Mattie	2) #200 Salisbury, Madysen	
3) #188 Garrett, Haley	4) #180 Anderson, Deja	
2 Grinnell		49.23
1) #118 Goodman, Jessie	2) #140 Taylor, Ava	
3) #114 Crowe, Maile	4) #112 Carchidi, Eva	
3 Cornell College		49.96
1) #69 Mar, Caitlyne	2) #61 Brown, Sidney	
3) #62 Carolan, Hailey	4) #71 McAllister, Natalie	
4 Beloit		50.07
1) #25 Royster, Darcel	2) #13 Furch, Alayna	
3) #27 Welte, Hannah	4) #10 Damste, Candis	
5 Monmouth (Ill.)		51.16
1) #387 Rusk, Maddie	2) #384 Moore-Bell, Makaiha	
3) #380 Hoyer, Nicole	4) #385 Raska, Tayler	
6 Ripon		51.17
1) #440 Hoffa, Sidney	2) #442 Ibarra, Devin	
3) #452 Weiss, Heleyna	4) #454 Woyak, Madylyn	
7 Knox		51.82
1) #243 Jacobs, Emily	2) #247 Medina, Cambria	
3) #240 Balfour, Peyton	4) #246 Layne, Abbie	
8 Lawrence		53.89
1) #320 Long, Ashlee	2) #310 Cross, Morgan	
3) #330 Vanden Acker, Anna	4) #334 Yank, Irene	

## Women 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Beloit		4:02.49
1) #22 Miller, Sophia	2) #13 Furch, Alayna	
3) #12 Echols, Jaemie	4) #10 Damste, Candis	
2 Cornell College		4:03.20
1) #61 Brown, Sidney	2) #62 Carolan, Hailey	
3) #79 Ziegler, Willow	4) #63 Claussen-Tubbs, Ava	
3 Grinnell		4:06.55
1) #124 Leonard, Millie	2) #128 Ong, Caitlin	
3) #114 Crowe, Maile	4) #112 Carchidi, Eva	
4 Ripon		4:08.39
1) #452 Weiss, Heleyna	2) #454 Woyak, Madylyn	
3) #432 Cortes, Jenny	4) #435 Finn, Bridget	
5 Lawrence		4:19.28
1) #311 Fajardo-Wilde, Ella	2) #323 Onukaogu, Faith	
3) #317 Henze, Laura	4) #322 Oliver, Cristyn	
6 Illinois College		4:20.21
1) #196 Patterson, Apiphany	2) #181 Benson, Madeline	
3) #203 Trimmingham, Aleese	4) #185 Dortch, Maddison	

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## Finals ... (Women 4x400 Meter Relay)

Team	Relay	Finals
7 Monmouth (Ill.)		4:20.32
1) #387 Rusk, Maddie	2) #380 Hoyer, Nicole	
3) #383 Johnson, Danielle	4) #374 Eaton, Lindsay	
8 Lake Forest		4:27.15
1) #281 Jones, AJ	2) #272 Bullers-Shah, Willa	
3) #279 Hoda, Lettia	4) #278 Han, Jacquelyn	
9 Knox		4:38.82
1) #241 Goodin, Cecilia	2) #242 Hilliard, Francis	
3) #243 Jacobs, Emily	4) #252 Sheetz, Eileen	

## Women High Jump

Name	School	Finals
1 #62 Carolan, Hailey	Cornell Coll	1.65m
2 #71 McAllister, Natalie	Cornell Coll	1.60m
3 #451 Studinski, Chloe	Ripon	1.50m
4 #251 Shafar, Megan	Knox	J1.50m
5 #435 Finn, Bridget	Ripon	J1.50m
6 #384 Moore-Bell, Makaiha	Monmouth (II)	1.40m
7 #23 Murphy, Naomi	Beloit	J1.40m
8 #439 Gray, Kynaeda	Ripon	1.35m
9 #431 Arnhold, Nicole	Ripon	J1.35m
10 #363 Allen, Bethany	Monmouth (II)	1.30m
11 #200 Salisbury, Madysun	Illinois Col	J1.30m
12 #320 Long, Ashlee	Lawrence	J1.30m

## Women Pole Vault

Name	School	Finals
1 #381 Hursey, Miranda	Monmouth (II)	3.45m
2 #181 Benson, Madeline	Illinois Col	3.35m
3 #194 Nowak, Paige	Illinois Col	3.20m
4 #6 Casey, Naomee	Beloit	J3.20m
5 #372 Dailey, Megan	Monmouth (II)	3.05m
6 #386 Rexroat, Delaney	Monmouth (II)	2.90m
7 #182 Beyers, Carson	Illinois Col	2.60m
8 #61 Brown, Sidney	Cornell Coll	J2.60m
9 #4 Carlin, Haley	Beloit	2.45m

## Women Long Jump

Name	School	Finals
1 #71 McAllister, Natalie	Cornell Coll	5.57m 0.5
2 #180 Anderson, Deja	Illinois Col	5.54m 1.8
3 #240 Balfour, Peyton	Knox	5.38m 1.0
4 #247 Medina, Cambria	Knox	5.36m 0.5
5 #387 Rusk, Maddie	Monmouth (II)	5.32m 0.1
6 #452 Weiss, Heleyna	Ripon	5.20m 1.8
7 #190 Jones, Fynesse	Illinois Col	5.19m +0.0
8 #440 Hoffa, Sidney	Ripon	5.12m 0.8
9 #246 Layne, Abbie	Knox	5.05m 0.1
10 #62 Carolan, Hailey	Cornell Coll	4.99m NWI
11 #201 Schultz, Lacie	Illinois Col	4.96m 3.1

12 #27 Welte, Hannah	Beloit	4.89m 1.1
13 #25 Royster, Darcel	Beloit	4.86m -0.3
14 #435 Finn, Bridget	Ripon	4.85m 1.6
15 #331 Vega Juarez, Itzel	Lawrence	4.79m NWI
16 #370 Crofton, Emma	Monmouth (II)	4.76m 2.3
17 #386 Rexroat, Delaney	Monmouth (II)	4.72m NWI
18 #380 Hoyer, Nicole	Monmouth (II)	4.71m NWI
19 #335 Zendejas, Mariana	Lawrence	4.62m NWI
20 #124 Leonard, Millie	Grinnell	4.59m NWI
21 #310 Cross, Morgan	Lawrence	4.48m NWI
22 #334 Yank, Irene	Lawrence	4.42m NWI
23 #23 Murphy, Naomi	Beloit	4.39m 1.4
24 #283 Kaufman, Inessa	Lake Forest	3.65m NWI

## Women Triple Jump

Name	School	Finals
1 #246 Layne, Abbie	Knox	11.70m 1.3
2 #387 Rusk, Maddie	Monmouth (II)	10.51m 0.9
3 #240 Balfour, Peyton	Knox	10.42m 1.4
4 #124 Leonard, Millie	Grinnell	10.40m 2.4
5 #386 Rexroat, Delaney	Monmouth (II)	10.31m 1.7
6 #335 Zendejas, Mariana	Lawrence	10.29m 3.5
7 #370 Crofton, Emma	Monmouth (II)	10.11m 2.6
8 #431 Arnhold, Nicole	Ripon	9.99m 2.7
9 #330 Vanden Acker, Anna	Lawrence	9.95m 2.4
10 #363 Allen, Bethany	Monmouth (II)	9.58m 2.1
11 #188 Garrett, Haley	Illinois Col	9.55m 3.5
12 #320 Long, Ashlee	Lawrence	9.47m 2.2
13 #334 Yank, Irene	Lawrence	9.37m 2.9

## Women Shot Put

Name	School	Finals
1 #367 Boley, Maddie	Monmouth (II)	13.01m
2 #368 Braun, Kayla	Monmouth (II)	12.62m
3 #449 Otselberger, Kalyn	Ripon	11.93m
4 #377 Gibbons, Gracie	Monmouth (II)	11.70m
5 #373 Earle, Alayna	Monmouth (II)	11.37m
6 #111 Booher, Sara	Grinnell	11.26m
7 #191 Kuper, Sydney	Illinois Col	J11.26m
8 #117 Galowitz, Kylie	Grinnell	11.01m
9 #19 Kronberger, Katherine	Beloit	10.96m
10 #199 Ruff, Lindsey	Illinois Col	10.95m
11 #2 Bayo, Hadja	Beloit	10.90m
12 #74 Osterson, Bri	Cornell Coll	10.22m
13 #315 Gajewski, Emily	Lawrence	9.87m
14 #313 Fox, Grace	Lawrence	9.69m
15 #70 Mar, Robyn	Cornell Coll	9.06m
16 #15 Herrera, Kai	Beloit	8.97m
17 #328 Schuh, Mackenzie	Lawrence	6.96m

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## Women Discus Throw

Name	School	Finals
<b>Finals</b>		
1 #367 Boley, Maddie	Monmouth (II)	42.05m
2 #134 Rockwell, Aiyana	Grinnell	38.64m
3 #191 Kuper, Sydney	Illinois Col	38.26m
4 #368 Braun, Kayla	Monmouth (II)	37.73m
5 #313 Fox, Grace	Lawrence	36.24m
6 #117 Galowitz, Kylie	Grinnell	36.07m
7 #2 Bayo, Hadja	Beloit	34.02m
8 #388 Toth, Jillian	Monmouth (II)	33.36m
9 #248 Nsubuga, Nalwanga	Knox	33.20m
10 #316 Gajulapalli, Aparna	Lawrence	30.97m
11 #382 Johnson, Abbie	Monmouth (II)	29.26m
12 #245 Lade, Kendall	Knox	29.23m
13 #328 Schuh, Mackenzie	Lawrence	29.02m
14 #74 Osterson, Bri	Cornell Coll	28.90m
15 #19 Kronberger, Katherine	Beloit	28.04m
16 #15 Herrera, Kai	Beloit	27.35m
17 #182 Beyers, Carson	Illinois Col	25.32m
18 #67 Koth, Sam	Cornell Coll	20.53m

## Women Hammer Throw

Name	School	Finals
<b>Finals</b>		
1 #367 Boley, Maddie	Monmouth (II)	49.25m
2 #191 Kuper, Sydney	Illinois Col	47.35m
3 #388 Toth, Jillian	Monmouth (II)	46.28m
4 #377 Gibbons, Gracie	Monmouth (II)	43.15m
5 #449 Otzelberger, Kalyn	Ripon	42.61m
6 #368 Braun, Kayla	Monmouth (II)	42.18m
7 #117 Galowitz, Kylie	Grinnell	41.90m
8 #19 Kronberger, Katherine	Beloit	40.49m
9 #139 Strovers, Maddy	Grinnell	35.89m
10 #67 Koth, Sam	Cornell Coll	34.80m
11 #199 Ruff, Lindsey	Illinois Col	33.56m
12 #202 Thomas, Keyleigh	Illinois Col	33.25m
13 #70 Mar, Robyn	Cornell Coll	32.78m
14 #313 Fox, Grace	Lawrence	32.18m
15 #316 Gajulapalli, Aparna	Lawrence	32.15m
16 #72 Neymeyer, Maya	Cornell Coll	29.76m
17 #15 Herrera, Kai	Beloit	29.64m
18 #245 Lade, Kendall	Knox	25.21m
19 #328 Schuh, Mackenzie	Lawrence	22.52m

## Women Javelin Throw

Name	School	Finals
<b>Finals</b>		
1 #435 Finn, Bridget	Ripon	34.51m
2 #74 Osterson, Bri	Cornell Coll	34.42m
3 #71 McAllister, Natalie	Cornell Coll	34.38m
4 #313 Fox, Grace	Lawrence	33.65m
5 #202 Thomas, Keyleigh	Illinois Col	31.79m
6 #377 Gibbons, Gracie	Monmouth (II)	29.89m

7 #70 Mar, Robyn	Cornell Coll	28.40m
8 #182 Beyers, Carson	Illinois Col	28.10m
9 #315 Gajewski, Emily	Lawrence	26.97m
10 #4 Carlin, Haley	Beloit	25.65m
11 #382 Johnson, Abbie	Monmouth (II)	24.55m
12 #189 Grove, Hannah	Illinois Col	23.75m
13 #249 Rivera, Ainara	Knox	22.84m
14 #67 Koth, Sam	Cornell Coll	22.36m
15 #310 Cross, Morgan	Lawrence	21.98m
16 #388 Toth, Jillian	Monmouth (II)	21.71m
17 #15 Herrera, Kai	Beloit	21.50m
18 #192 McAuliffe, Sara	Illinois Col	20.97m
19 #14 Hensley, Jailyn	Beloit	18.82m
20 #316 Gajulapalli, Aparna	Lawrence	16.99m

## Men 100 Meter Dash

Name	School	Prelims
<b>Preliminaries</b>		
1 #156 Fadden, Lucas	Grinnell	10.67q -0.7
2 #216 Doss, Dylan	Illinois Col	10.92q -0.1
3 #458 Cefalu, Jacoby	Ripon	10.96q -1.0
4 #58 Yearby, Josh	Beloit	10.99q 1.1
5 #484 Walker, Dameco	Ripon	11.01q 1.1
6 #482 Vander Galien, Logan	Ripon	11.19q -0.1
7 #234 Saunders, Jaden	Illinois Col	11.23q -1.0
8 #237 Wasson, Carter	Illinois Col	11.24q -0.7
9 #84 Beaty, Hadley	Cornell Coll	11.27 -1.0
10 #238 Weddington, Miles	Illinois Col	11.30 1.1
11 #414 Patterson, Da'Von	Monmouth (II)	11.37 -0.7
12 #398 Chereus, Elijah	Monmouth (II)	11.39 -0.1
13 #424 Thomas, Bryson	Monmouth (II)	11.40 1.1
14 #87 Greiner, Doniel	Cornell Coll	11.55 -0.1
15 #55 Sumoaro, Ayouba	Beloit	11.57 -0.1
16 #456 Barajas, Elijah	Ripon	11.69 -0.1
17 #175 Reed, Jack	Grinnell	11.70 1.1
18 #407 Mahar, Alec	Monmouth (II)	11.71 1.1
19 #307 Wright, Mason	Lake Forest	11.73 -1.0
20 #341 Cross, Brendan	Lawrence	11.73 -0.7
21 #37 DeGeorge, Daniel	Beloit	11.77 -0.7
22 #157 Fitzgerald, Keaton	Grinnell	11.79 -0.7
23 #302 Nakamura, Shuntaro	Lake Forest	11.82 -1.0
24 #174 Rathburn, Justin	Grinnell	11.84 -1.0
25 #299 Kosanovich, Carson	Lake Forest	11.91 1.1
26 #303 Robinson, Jermaine	Lake Forest	12.00 -1.0
27 #361 Wittmayer, Parker	Lawrence	12.02 -0.7
28 #267 Tsukahara, Taro	Knox	12.13 -0.1
29 #30 Arheben, Drew	Beloit	12.56 1.1

## Men 100 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 #156 Fadden, Lucas	Grinnell	10.71 -0.6
2 #458 Cefalu, Jacoby	Ripon	10.88 -0.6
3 #216 Doss, Dylan	Illinois Col	11.05 -0.6
4 #58 Yearby, Josh	Beloit	11.09 -0.6

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Name	School	Finals
5 #482 Vander Galien, Logan	Ripon	11.13 -0.6
6 #234 Saunders, Jaden	Illinois Col	11.31 -0.6
7 #237 Wasson, Carter	Illinois Col	11.32 -0.6
8 #484 Walker, Dameco	Ripon	11.72 -0.6

## Men 200 Meter Dash

Name	School	Prelims
<b>Preliminaries</b>		
1 #156 Fadden, Lucas	Grinnell	21.78q 1.3
2 #216 Doss, Dylan	Illinois Col	22.14q -0.7
3 #84 Beaty, Hadley	Cornell Coll	22.34q 0.2
4 #58 Yearby, Josh	Beloit	22.37q 0.2
5 #484 Walker, Dameco	Ripon	22.54q 1.3
6 #458 Cefalu, Jacoby	Ripon	22.61q -1.1
7 #414 Patterson, Da'Von	Monmouth (II)	22.75q -0.7
8 #234 Saunders, Jaden	Illinois Col	22.90q -1.1
9 #31 Atou, Alexandre	Beloit	22.93 -1.1
10 #413 Outlaw, Adrian	Monmouth (II)	23.01 -0.7
11 #300 Lungu, Matthew	Lake Forest	23.07 -0.7
12 #96 McGuire, Jaxin	Cornell Coll	23.12 0.2
13 #469 Manning, Finley	Ripon	23.17 1.3
14 #37 DeGeorge, Daniel	Beloit	23.32 1.3
15 #307 Wright, Mason	Lake Forest	23.34 1.3
16 #341 Cross, Brendan	Lawrence	23.41 1.3
17 #424 Thomas, Bryson	Monmouth (II)	23.50 -1.1
18 #404 Grice, Lane	Monmouth (II)	23.55 -1.1
19 #59 Zewdie, Israel	Beloit	23.56 0.2
20 #209 Borntrager, Brady	Illinois Col	23.66 -0.7
21 #302 Nakamura, Shuntaro	Lake Forest	23.79 -0.7
22 #257 Dortch, Carl	Knox	23.95 0.2
23 #87 Greiner, Doniel	Cornell Coll	24.11 0.2
24 #361 Wittmayer, Parker	Lawrence	24.62 0.2
25 #295 Douthat, Andrew	Lake Forest	24.99 -1.1
26 #210 Brassfield, Ethan	Illinois Col	26.64 -0.7
27 #145 Barnes, Khairy	Grinnell	26.70 -1.1

## Men 200 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 #458 Cefalu, Jacoby	Ripon	21.83 -0.1
2 #58 Yearby, Josh	Beloit	21.93 -0.1
3 #156 Fadden, Lucas	Grinnell	21.98 -0.1
4 #216 Doss, Dylan	Illinois Col	22.09 -0.1
5 #234 Saunders, Jaden	Illinois Col	22.59 -0.1
6 #84 Beaty, Hadley	Cornell Coll	22.60 -0.1
7 #414 Patterson, Da'Von	Monmouth (II)	22.99 -0.1
8 #484 Walker, Dameco	Ripon	24.33 -0.1

## Men 400 Meter Dash

Name	School	Prelims
<b>Preliminaries</b>		
1 #31 Atou, Alexandre	Beloit	50.06q
2 #413 Outlaw, Adrian	Monmouth (II)	50.13q

3 #362 Zook, Tristan	Lawrence	50.47q
4 #300 Lungu, Matthew	Lake Forest	50.80q
5 #459 Davies, Jacob	Ripon	50.88q
6 #96 McGuire, Jaxin	Cornell Coll	50.93q
7 #171 Pfister, Caden	Grinnell	51.20q
8 #59 Zewdie, Israel	Beloit	51.44q
9 #401 Curry, Patrick	Monmouth (II)	51.91
10 #469 Manning, Finley	Ripon	52.13
11 #92 Jacobs, Currey	Cornell Coll	52.24
12 #346 Jackson, Marcus	Lawrence	52.73
13 #149 Block, Owen	Grinnell	52.93
14 #169 Novelle, Jack	Grinnell	53.89
15 #397 Camper, Xavier	Monmouth (II)	54.31
16 #206 Bateman, Will	Illinois Col	54.37
17 #204 Altenbernd, Joseph	Illinois Col	55.53
18 #404 Grice, Lane	Monmouth (II)	56.29
19 #233 Rodriguez, Aaron	Illinois Col	56.55
20 #56 Upadhyay, Prince	Beloit	57.18
21 #295 Douthat, Andrew	Lake Forest	57.74

## Men 400 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 #413 Outlaw, Adrian	Monmouth (II)	49.55
2 #96 McGuire, Jaxin	Cornell Coll	49.86
3 #31 Atou, Alexandre	Beloit	49.98
4 #300 Lungu, Matthew	Lake Forest	50.16
5 #362 Zook, Tristan	Lawrence	50.19
6 #459 Davies, Jacob	Ripon	51.15
7 #171 Pfister, Caden	Grinnell	51.22
8 #59 Zewdie, Israel	Beloit	51.96

## Men 800 Meter Run

Name	School	Finals
<b>Finals</b>		
1 #91 Isaacson, Fisher	Cornell Coll	1:52.96
2 #483 Villanueva, Rainier	Ripon	1:53.58
3 #411 Newton, Eli	Monmouth (II)	1:53.63
4 #213 Detmer, Will	Illinois Col	1:54.79
5 #90 Hutchings, Isaak	Cornell Coll	1:55.11
6 #293 Brophy, Bart	Lake Forest	1:55.44
7 #465 Jumbeck, Jacob	Ripon	1:55.75
8 #160 Heagy, Connor	Grinnell	1:56.25
9 #176 Robinson, Luke	Grinnell	1:56.70
10 #297 Francis, Ollie	Lake Forest	1:57.45
11 #89 Hunt, Gabe	Cornell Coll	1:59.07
12 #296 Faiz, Ali	Lake Forest	1:59.12
13 #467 Kuwaye, Christian	Ripon	1:59.25
14 #161 Hill, Ryan	Grinnell	1:59.48
15 #357 Thorson, Bergen	Lawrence	2:03.42
16 #150 Chestovich, Andy	Grinnell	2:04.22
17 #298 Hewes, Austin	Lake Forest	2:05.11
18 #342 Draginis, Ryan	Lawrence	2:05.46
19 #391 Bernas, Braden	Monmouth (II)	2:05.67
20 #214 Dettmer, Caden	Illinois Col	2:06.92

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Name	School	Finals
21 #349 Luckett, Alex	Lawrence	2:07.48
22 #104 Voigt, Parker	Cornell Coll	2:07.72
23 #395 Brauman, Jon	Monmouth (II)	2:08.35
24 #36 Cortinas, Aiden	Beloit	2:09.50
25 #475 Romprey, Adisun	Ripon	2:09.57
26 #230 Roberts, Gabe	Illinois Col	2:09.69
27 #347 Juridico, Lance	Lawrence	2:10.12
28 #33 Bowers, Christian	Beloit	2:23.27

## Men 1500 Meter Run

Name	School	Finals
1 #91 Isaacson, Fisher	Cornell Coll	3:52.59
2 #100 Soda, Gabe	Cornell Coll	3:53.80
3 #265 Miller, Lance	Knox	3:56.50
4 #176 Robinson, Luke	Grinnell	3:57.39
5 #90 Hutchings, Isaak	Cornell Coll	3:58.28
6 #411 Newton, Eli	Monmouth (II)	4:00.07
7 #465 Jumbeck, Jacob	Ripon	4:00.12
8 #483 Villanueva, Rainier	Ripon	4:01.56
9 #467 Kuwaye, Christian	Ripon	4:01.63
10 #160 Heagy, Connor	Grinnell	4:03.02
11 #293 Brophy, Bart	Lake Forest	4:03.76
12 #296 Faiz, Ali	Lake Forest	4:03.86
13 #340 Cassiday, Ryan	Lawrence	4:05.48
14 #161 Hill, Ryan	Grinnell	4:12.10
15 #336 Anderson, Elek	Lawrence	4:21.21
16 #214 Dettmer, Caden	Illinois Col	4:22.29
17 #207 Biesenthal, Robby	Illinois Col	4:22.95
18 #218 Gerdes, Ryan	Illinois Col	4:24.66
19 #36 Cortinas, Aiden	Beloit	4:26.66
20 #150 Chestovich, Andy	Grinnell	4:27.82
21 #463 Hildebrand, Ben	Ripon	4:29.09
22 #391 Bernas, Braden	Monmouth (II)	4:29.80
23 #230 Roberts, Gabe	Illinois Col	4:30.20
24 #402 DeBrock, Eli	Monmouth (II)	4:42.64
25 #339 Casper, Zach	Lawrence	4:50.93
26 #308 Zunker, Jack	Lake Forest	5:19.18

## Men 5000 Meter Run

Name	School	Finals
1 #348 Lee, Finn	Lawrence	15:10.57
2 #100 Soda, Gabe	Cornell Coll	15:10.89
3 #159 Goodell, Brian	Grinnell	15:20.46
4 #478 Seeber, Matt	Ripon	15:22.56
5 #173 Ramsey, Bradley	Grinnell	15:39.86
6 #340 Cassiday, Ryan	Lawrence	15:40.63
7 #102 vanWestrienen, Isaac	Cornell Coll	15:53.57
8 #338 Brewer, Sam	Lawrence	16:01.95
9 #177 Snyder, James	Grinnell	16:09.09
10 #160 Heagy, Connor	Grinnell	16:18.68
11 #471 Olson, RJ	Ripon	16:28.54

12 #264 McClusky, Evan	Knox	16:31.22
13 #416 Plumley, William	Monmouth (II)	16:41.18
14 #359 West, Owen	Lawrence	16:54.04
15 #476 Saloun, Jeremy	Ripon	16:56.43
16 #207 Biesenthal, Robby	Illinois Col	17:00.30
17 #399 Colter, Neo	Monmouth (II)	17:08.52
18 #85 Bilskie, Tyler	Cornell Coll	17:13.83
19 #220 Hannig, Nick	Illinois Col	17:15.94
20 #218 Gerdes, Ryan	Illinois Col	17:27.40
21 #268 Varnum, Elliott	Knox	17:34.12
22 #423 Stoub, Xander	Monmouth (II)	17:53.77
23 #294 Cadiz, Patrick	Lake Forest	18:00.41
24 #57 Wall, Sawyer	Beloit	18:01.86

## Men 10000 Meter Run

Name	School	Finals
1 #159 Goodell, Brian	Grinnell	31:38.42
2 #478 Seeber, Matt	Ripon	32:07.56
3 #102 vanWestrienen, Isaac	Cornell Coll	32:37.69
4 #348 Lee, Finn	Lawrence	32:55.66
5 #338 Brewer, Sam	Lawrence	33:06.13
6 #94 Lutzke, Noah	Cornell Coll	33:35.48
7 #168 Miller, John	Grinnell	33:39.07
8 #173 Ramsey, Bradley	Grinnell	33:59.84
9 #353 Popoca, Thomas	Lawrence	34:07.58
10 #416 Plumley, William	Monmouth (II)	34:08.30
11 #85 Bilskie, Tyler	Cornell Coll	34:49.37
12 #359 West, Owen	Lawrence	35:24.17
13 #220 Hannig, Nick	Illinois Col	35:24.71
14 #208 Boggs, Devin	Illinois Col	36:08.31
15 #163 Krysan, Mark	Grinnell	36:32.41
16 #57 Wall, Sawyer	Beloit	38:25.92

## Men 110 Meter Hurdles

Name	School	Prelims
1 #222 Hernandez, Adam	Illinois Col	15.55q -0.6
2 #358 Velasco, Kala	Lawrence	16.00q 1.0
3 #49 Otis, Nathaniel	Beloit	16.11q -0.6
4 #472 Phillips, Dorian	Ripon	16.27q 1.0
5 #231 Robinson, Austin	Illinois Col	16.35q -0.6
6 #421 Soutsos, Peter	Monmouth (II)	16.52q -0.6
7 #226 Lee, Jackson	Illinois Col	16.53q 1.0
8 #164 Leisher, Ilem	Grinnell	17.22q 1.0
9 #162 James, Xavier	Grinnell	17.39 -0.6
10 #205 Barth, Nathan	Illinois Col	17.88 -0.6

## Men 110 Meter Hurdles

Name	School	Finals
1 #222 Hernandez, Adam	Illinois Col	15.24 3.0
2 #358 Velasco, Kala	Lawrence	15.76 3.0
3 #472 Phillips, Dorian	Ripon	16.01 3.0
4 #49 Otis, Nathaniel	Beloit	16.08 3.0

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Name	School	Finals
5 #226 Lee, Jackson	Illinois Col	16.20 3.0
6 #231 Robinson, Austin	Illinois Col	16.36 3.0
7 #164 Leisher, Ilem	Grinnell	16.42 3.0
8 #421 Soutsos, Peter	Monmouth (II)	16.58 3.0

## Men 400 Meter Hurdles

Name	School	Prelims
<b>Preliminaries</b>		
1 #49 Otis, Nathaniel	Beloit	55.51q
2 #222 Hernandez, Adam	Illinois Col	56.66q
3 #162 James, Xavier	Grinnell	58.16q
4 #409 Morse, Logan	Monmouth (II)	58.44q
5 #231 Robinson, Austin	Illinois Col	58.68q
6 #255 Anderson, Jacob	Knox	59.22q
7 #43 Lottig, Quintin	Beloit	59.77q
8 #106 Wilkins, Austin	Cornell Coll	1:00.11q
9 #166 Mendola, Noah	Grinnell	1:01.04
10 #164 Leisher, Ilem	Grinnell	1:01.25
11 #481 Trzebiatowski, Sam	Ripon	1:01.28
12 #205 Barth, Nathan	Illinois Col	1:01.72
13 #392 Bernas, Riley	Monmouth (II)	1:01.91
14 #179 Williams, Carter	Grinnell	1:01.91
15 #472 Phillips, Dorian	Ripon	1:02.33
16 #358 Velasco, Kala	Lawrence	1:02.43
17 #235 Scherff, Elgin	Illinois Col	1:02.55
18 #421 Soutsos, Peter	Monmouth (II)	1:04.29
19 #345 Hintz, Sawyer	Lawrence	1:09.07

## Men 400 Meter Hurdles

Name	School	Finals
<b>Finals</b>		
1 #49 Otis, Nathaniel	Beloit	55.15
2 #222 Hernandez, Adam	Illinois Col	56.58
3 #162 James, Xavier	Grinnell	57.96
4 #409 Morse, Logan	Monmouth (II)	59.26
5 #231 Robinson, Austin	Illinois Col	59.29
6 #255 Anderson, Jacob	Knox	59.60
7 #43 Lottig, Quintin	Beloit	59.82
8 #106 Wilkins, Austin	Cornell Coll	59.96

## Men 3000 Meter Steeplechase

Name	School	Finals
<b>Finals</b>		
1 #159 Goodell, Brian	Grinnell	9:27.87
2 #265 Miller, Lance	Knox	9:35.44
3 #176 Robinson, Luke	Grinnell	9:46.38
4 #467 Kuwaye, Christian	Ripon	9:46.93
5 #99 Schopen, Caleb	Cornell Coll	10:00.20
6 #476 Saloun, Jeremy	Ripon	10:07.05
7 #399 Colter, Neo	Monmouth (II)	10:13.60
8 #354 Reemtsma, Max	Lawrence	10:23.72
9 #455 Baquera, Adrian	Ripon	10:29.22
10 #208 Boggs, Devin	Illinois Col	10:30.10

11 #474 Rath, Sean	Ripon	10:41.71
12 #105 Wiley, Luke	Cornell Coll	10:43.11
13 #235 Scherff, Elgin	Illinois Col	10:53.16
14 #151 Ching, Tyler	Grinnell	10:54.67
15 #423 Stoub, Xander	Monmouth (II)	10:57.26
16 #360 Wetzell-Meehan, Ray	Lawrence	11:01.61
17 #165 Manza, Sebastian	Grinnell	11:02.01
18 #47 Muszynski, Max	Beloit	12:22.05

## Men 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Ripon		41.28
1) #482 Vander Galien, Logan	2) #459 Davies, Jacob	
3) #484 Walker, Dameco	4) #458 Cefalu, Jacoby	
2 Grinnell		42.74
1) #157 Fitzgerald, Keaton	2) #171 Pfister, Caden	
3) #174 Rathburn, Justin	4) #156 Fadden, Lucas	
3 Illinois College		43.00
1) #209 Borntreger, Brady	2) #234 Saunders, Jaden	
3) #238 Weddington, Miles	4) #216 Doss, Dylan	
4 Beloit		43.30
1) #55 Sumoaro, Ayouba	2) #37 DeGeorge, Daniel	
3) #49 Otis, Nathaniel	4) #58 Yearby, Josh	
5 Cornell College		43.53
1) #87 Greiner, Doniel	2) #84 Beaty, Hadley	
3) #92 Jacobs, Currey	4) #96 McGuire, Jaxin	
6 Monmouth (III.)		43.92
1) #424 Thomas, Bryson	2) #414 Patterson, Da'Von	
3) #401 Curry, Patrick	4) #404 Grice, Lane	
7 Lake Forest		44.17
1) #307 Wright, Mason	2) #303 Robinson, Jermaine	
3) #302 Nakamura, Shuntaro	4) #300 Lungu, Matthew	
8 Lawrence		44.60
1) #361 Wittmayer, Parker	2) #362 Zook, Tristan	
3) #341 Cross, Brendan	4) #337 Benjamin, David	
9 Knox		45.17
1) #267 Tsukahara, Taro	2) #257 Dortch, Carl	
3) #255 Anderson, Jacob	4) #269 Vazquez, A.J.	

## Men 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Monmouth (III.)		3:20.87
1) #401 Curry, Patrick	2) #414 Patterson, Da'Von	
3) #411 Newton, Eli	4) #413 Outlaw, Adrian	
2 Beloit		3:23.63
1) #59 Zewdie, Israel	2) #31 Atou, Alexandre	
3) #37 DeGeorge, Daniel	4) #49 Otis, Nathaniel	
3 Illinois College		3:25.07
1) #234 Saunders, Jaden	2) #213 Detmer, Will	
3) #222 Hernandez, Adam	4) #216 Doss, Dylan	
4 Cornell College		3:25.90
1) #84 Beaty, Hadley	2) #92 Jacobs, Currey	
3) #90 Hutchings, Isaak	4) #91 Isaacson, Fisher	



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Team	Relay	Finals
5 Ripon		3:29.53
1) #459 Davies, Jacob	2) #483 Villanueva, Rainier	
3) #484 Walker, Dameco	4) #465 Jumbeck, Jacob	
6 Lawrence		3:29.68
1) #349 Luckett, Alex	2) #341 Cross, Brendan	
3) #346 Jackson, Marcus	4) #362 Zook, Tristan	
7 Grinnell		3:31.87
1) #171 Pfister, Caden	2) #150 Chestovich, Andy	
3) #149 Block, Owen	4) #176 Robinson, Luke	
8 Lake Forest		3:32.36
1) #297 Francis, Ollie	2) #293 Brophy, Bart	
3) #296 Faiz, Ali	4) #300 Lungu, Matthew	

## Men High Jump

Name	School	Finals
<b>Finals</b>		
1 #460 Fisher, Ben	Ripon	2.03m
2 #46 Mills, Kevon	Beloit	1.95m
3 #401 Curry, Patrick	Monmouth (II)	1.85m
4 #222 Hernandez, Adam	Illinois Col	J1.85m
5 #169 Novelle, Jack	Grinnell	J1.85m
6 #484 Walker, Dameco	Ripon	1.80m
7 #35 Charles, Diontia	Beloit	1.75m
7 #409 Morse, Logan	Monmouth (II)	1.75m
9 #403 Eiker, Mikey	Monmouth (II)	J1.75m
10 #49 Otis, Nathaniel	Beloit	J1.75m
11 #362 Zook, Tristan	Lawrence	1.70m
12 #219 Hampton, Zion	Illinois Col	1.65m
12 #426 Twardowski, Joey	Monmouth (II)	1.65m
14 #346 Jackson, Marcus	Lawrence	1.60m

## Men Pole Vault

Name	School	Finals
<b>Finals</b>		
1 #477 San Diego, Isaac	Ripon	4.60m
2 #226 Lee, Jackson	Illinois Col	4.45m
3 #355 Schneider, Greyson	Lawrence	4.30m
4 #392 Bernas, Riley	Monmouth (II)	4.00m
5 #472 Phillips, Dorian	Ripon	3.40m
6 #352 O'Sullivan, Nyhan	Lawrence	3.25m
7 #474 Rath, Sean	Ripon	J3.25m

## Men Long Jump

Name	School	Finals
<b>Finals</b>		
1 #484 Walker, Dameco	Ripon	7.59m 1.4
2 #216 Doss, Dylan	Illinois Col	7.29m 3.9
3 #337 Benjamin, David	Lawrence	7.16m 1.6
4 #460 Fisher, Ben	Ripon	6.91m 2.2
5 #234 Saunders, Jaden	Illinois Col	6.81m 2.6
6 #46 Mills, Kevon	Beloit	6.61m 0.6
7 #362 Zook, Tristan	Lawrence	6.54m 1.9
8 #84 Beaty, Hadley	Cornell Coll	6.53m 1.1

9 #170 Oliveira, Casey	Grinnell	6.46m 2.1
10 #482 Vander Galien, Logan	Ripon	6.39m 2.1
11 #459 Davies, Jacob	Ripon	6.33m 1.0
12 #344 Hagberg, Leo	Lawrence	6.23m 1.8
13 #290 Alade, Michael	Lake Forest	6.17m +0.0
14 #403 Eiker, Mikey	Monmouth (II)	J6.17m 1.5
15 #269 Vazquez, A.J.	Knox	6.09m 0.2
16 #236 Sipes, Adam	Illinois Col	6.03m +0.0
17 #422 Stark, Damarian	Monmouth (II)	J6.03m 0.9
18 #271 Wright, Russell	Knox	5.93m 1.7
19 #175 Reed, Jack	Grinnell	J5.93m 1.9
19 #400 Crims, Payton	Monmouth (II)	J5.93m +0.0
21 #30 Arhebun, Drew	Beloit	5.92m 4.0
22 #32 Bhandari, Vanshith	Beloit	J5.92m 0.9
23 #229 Mudd, Drake	Illinois Col	5.76m 1.2
24 #37 DeGeorge, Daniel	Beloit	5.75m 0.5
25 #256 Centeno, Darnell	Knox	5.73m 2.7
26 #407 Mahar, Alec	Monmouth (II)	5.58m 0.9
27 #155 Dykstra, Murphy	Grinnell	5.56m +0.0
28 #295 Douthat, Andrew	Lake Forest	5.18m 1.2
29 #292 Bolanos, Marco	Lake Forest	5.14m +0.0
30 #301 Mulimba, Mwesigwa	Lake Forest	4.75m 1.0

## Men Triple Jump

Name	School	Finals
<b>Finals</b>		
1 #484 Walker, Dameco	Ripon	14.59m +0.0
2 #337 Benjamin, David	Lawrence	13.64m +0.0
3 #344 Hagberg, Leo	Lawrence	13.42m 3.0
4 #482 Vander Galien, Logan	Ripon	13.23m 3.2
5 #269 Vazquez, A.J.	Knox	13.14m 2.4
6 #170 Oliveira, Casey	Grinnell	12.81m 0.1
7 #35 Charles, Diontia	Beloit	J12.81m 2.8
8 #155 Dykstra, Murphy	Grinnell	12.33m 0.3
9 #59 Zewdie, Israel	Beloit	12.11m NWI
10 #256 Centeno, Darnell	Knox	11.91m 2.3
11 #32 Bhandari, Vanshith	Beloit	11.58m 1.1
12 #229 Mudd, Drake	Illinois Col	10.58m 2.1

## Men Shot Put

Name	School	Finals
<b>Finals</b>		
1 #425 Toberman, Caleb	Monmouth (II)	16.04m
2 #45 Martinez Marte, Joshua	Beloit	14.60m
3 #232 Rodgers, Deon	Illinois Col	14.26m
4 #396 Bryant, Gunner	Monmouth (II)	14.09m
5 #473 Picard, Braedy	Ripon	13.74m
6 #224 Hodge, Melvin	Illinois Col	J13.74m
7 #462 Hanson, Noah	Ripon	13.31m
8 #228 Moushon, Xander	Illinois Col	13.27m
9 #223 Hernandez, Saul	Illinois Col	13.12m
10 #390 Anderson, Shane	Monmouth (II)	13.07m
11 #412 Orwig, Blake	Monmouth (II)	12.44m
12 #152 Chu, Travis	Grinnell	12.32m
13 #108 Yelkin, Nicholas	Cornell Coll	12.24m

## 2024 Midwest Conference Championship - 5/10/2024 to 5/11/2024

Live Results posted on Results.AdkinsTrak.com

## Illinois College

## Results

## Finals ... (Men Shot Put)

Name	School	Finals
14 #153 Clawson, Ian	Grinnell	11.80m
15 #146 Bean, Garret	Grinnell	11.76m
16 #270 Walker, Jonathan	Knox	11.75m
17 #38 Dewar, Raymond	Beloit	11.61m
18 #107 Williams, Brody	Cornell Coll	11.09m
19 #53 Slatter, Cooper	Beloit	10.99m
20 #81 Bahu, Michael	Cornell Coll	10.92m
21 #350 McLaughlin, Jack	Lawrence	10.48m
22 #54 Sparavalo, Luka	Beloit	9.66m

## Men Discus Throw

Name	School	Finals
1 #425 Toberman, Caleb	Monmouth (II)	48.36m
2 #232 Rodgers, Deon	Illinois Col	45.15m
3 #148 Bell, Jake	Grinnell	42.07m
4 #390 Anderson, Shane	Monmouth (II)	42.00m
5 #45 Martinez Marte, Joshua	Beloit	41.42m
6 #462 Hanson, Noah	Ripon	40.20m
7 #473 Picard, Braedy	Ripon	40.03m
8 #107 Williams, Brody	Cornell Coll	38.42m
9 #146 Bean, Garret	Grinnell	36.88m
10 #153 Clawson, Ian	Grinnell	36.27m
11 #228 Moushon, Xander	Illinois Col	35.68m
12 #420 Schnetzler, Jeff	Monmouth (II)	35.23m
13 #466 Krowas, Pierce	Ripon	34.79m
14 #260 Huggins, Julian	Knox	34.49m
15 #215 Diaz, Omar	Illinois Col	33.69m
16 #211 Buckles, Blake	Illinois Col	33.34m
17 #108 Yelkin, Nicholas	Cornell Coll	32.30m
18 #350 McLaughlin, Jack	Lawrence	29.51m
19 #81 Bahu, Michael	Cornell Coll	29.18m
20 #53 Slatter, Cooper	Beloit	27.69m
21 #38 Dewar, Raymond	Beloit	23.93m

## Men Hammer Throw

Name	School	Finals
1 #425 Toberman, Caleb	Monmouth (II)	55.02m
2 #153 Clawson, Ian	Grinnell	53.40m
3 #228 Moushon, Xander	Illinois Col	49.24m
4 #146 Bean, Garret	Grinnell	48.65m
5 #215 Diaz, Omar	Illinois Col	48.53m
6 #224 Hodge, Melvin	Illinois Col	48.51m
7 #390 Anderson, Shane	Monmouth (II)	47.83m
8 #232 Rodgers, Deon	Illinois Col	45.41m
9 #396 Bryant, Gunner	Monmouth (II)	43.57m
10 #258 Dzolic, Stevan	Knox	42.55m
11 #412 Orwig, Blake	Monmouth (II)	41.63m
12 #108 Yelkin, Nicholas	Cornell Coll	41.16m
13 #107 Williams, Brody	Cornell Coll	39.58m
14 #148 Bell, Jake	Grinnell	39.43m
15 #45 Martinez Marte, Joshua	Beloit	38.08m

16 #473 Picard, Braedy	Ripon	37.94m
17 #260 Huggins, Julian	Knox	31.96m
18 #53 Slatter, Cooper	Beloit	31.78m
19 #462 Hanson, Noah	Ripon	30.44m

## Men Javelin Throw

Name	School	Finals
1 #29 Anderson, Caden	Beloit	48.30m
2 #481 Trzebiatowski, Sam	Ripon	45.78m
3 #396 Bryant, Gunner	Monmouth (II)	45.39m
4 #35 Charles, Diontia	Beloit	45.07m
5 #148 Bell, Jake	Grinnell	43.88m
6 #209 Borntreger, Brady	Illinois Col	43.40m
7 #217 Flores, Mark	Illinois Col	43.07m
8 #266 Strutzel, Ethan	Knox	42.76m
9 #214 Dettmer, Caden	Illinois Col	41.92m
10 #343 Eggert, Will	Lawrence	40.53m
11 #405 Hutson, Colton	Monmouth (II)	40.41m
12 #154 Delaney, Cole	Grinnell	38.95m
13 #94 Lutzke, Noah	Cornell Coll	38.56m
14 #393 Bledsoe, Brody	Monmouth (II)	38.34m
15 #149 Block, Owen	Grinnell	37.29m
16 #229 Mudd, Drake	Illinois Col	36.95m
17 #358 Velasco, Kala	Lawrence	36.71m
18 #34 Bumstead, Jake	Beloit	36.12m
19 #261 Keith, Liam	Knox	35.07m
20 #352 O'Sullivan, Nyhan	Lawrence	32.59m
21 #270 Walker, Jonathan	Knox	32.28m
22 #466 Krowas, Pierce	Ripon	J32.28m
23 #345 Hintz, Sawyer	Lawrence	31.91m
24 #421 Soutsos, Peter	Monmouth (II)	29.59m
25 #54 Sparavalo, Luka	Beloit	27.26m

## Women - Team Rankings - 20 Events Scored

1) Ripon	149
2) Monmouth (III.)	123
3) Grinnell	122
4) Cornell College	111
5) Illinois College	107
6) Beloit	63
6) Lawrence	63
8) Knox	36
9) Lake Forest	5

## Men - Team Rankings - 20 Events Scored

1) Ripon	159
2) Illinois College	128
3) Grinnell	112
4) Monmouth (III.)	102.5
5) Beloit	91.5
6) Cornell College	82
7) Lawrence	71
8) Knox	22
9) Lake Forest	11