

MIDWEST CONFERENCE WOMEN'S INDOOR TRACK AND FIELD CHAMPIONSHIPS
 At Cornell (All Times FAT) -- March 3-4, 1989

Team Standings

St. Norbert	149	Cornell	39
Coe	85	Ripon	34
Beloit	58	Knox	12
Lawrence	45	Monmouth	1
Grinnell	42		

Event Champions

Shot put:	Stephanie Samuel, Lawrence, 38' 1 1/2"
Long Jump:	Lynne Pliner, St. Norbert, 16' 9"
Triple Jump:	Sheri LesJack, St. Norbert, 34' 6 1/2"
High Jump:	Jen Klesow, Ripon, 5' 1"

*=Conference Record

55m hurdles:	Lynne Pliner, St. Norbert, 8.72#
55m dash:	Lynne Pliner, St. Norbert, 7.46#
300-yd run:	Liz Messerly, Coe, 37.91
400m run:	Liz Messerly, Coe, 1:00.94
600-yd run:	Cathy Hinkens, St. Norbert, 1:32.59
800m run:	Liz Messerly, Coe, 2:23.96
1,000-yd run:	Sue Lindsley, St. Norbert, 2:49.31*
1-mile:	Liz Messerly, Coe, 5:20.60
2-mile:	Christine Thorburn, Grinnell, 11:34.51
4x200m relay:	St. Norbert, 1:51.65
4x400m relay:	Coe, 4:13.26

#=Conference Record
 set in prelims
 (See below)

MIDWEST CONFERENCE MEN'S INDOOR TRACK AND FIELD CHAMPIONSHIPS
 At Cornell (All Times MT) --- March 3-4, 1989

Team Standings

Cornell	127	Ripon	40
Monmouth	83	Knox	39
St. Norbert	69	Lawrence	21
Coe	53	Beloit	17
Grinnell	48		

Event Champions

Shot put:	Ross Richardson, Monmouth, 51' 6"*
Long Jump:	Mike Putnam, Ripon, 21' 8 1/4"
Triple Jump:	John Stimson, Cornell, 44' 8 1/2"
High Jump:	Kyle Leuthner, St. Norbert, 6' 4"
Pole vault:	Jack Norris, Cornell, 14' 0"

*=Conference Record

55m hurdles:	Dave Hughes, Cornell, 7.7
55m dash:	John Stimson, Cornell, 6.4
300-yd run:	John Stimson, Cornell, 32.2
400m run:	Mike Pankey, Knox, 50.9
600-yd run:	Jeff McCraven, Monmouth, 1:15.6
800m run:	Dan Felgenspan, Coe, 2:00.1
1,000-yd run:	Jeff Maples, Cornell, 2:19.9
1-mile:	Jeff Maples, Cornell, 4:21.9
2-mile:	Jon Lave, Grinnell, 9:22.2
4x200m relay:	Cornell, 1:33.2
4x400m relay:	Monmouth, 3:30.6

Saturday's Results

MIDWEST CONFERENCE MEET (At Mount Vernon)

Team totals — 1. St. Norbert 149, 2. Coe 85, 3. Beloit 58, 4. Lawrence 45, 5. Grinnell 42, 6. Cornell 39, 7. Ripon 34, 8. Knox 12, 9. Monmouth 1.

Long jump — 1. Pliner (StN), 5.11 meters; 2. Shreve (B); 3. Greer (Cor). **Triple jump** — 1. Lesjack (StN), 10.53 meters; 2. Phronson (R); 3. Gehl (StN). **Shot put** — 1. Samuel (L), 38-1½; 2. Krueger (B); 3. Streefer (K). **High jump** — 1. Kiesow (R), 5-1; 2. Green (G), 3. Thorson (R).

55-meter hurdles — 1. Pliner (StN), 8.72; 2. Phinney (B); 3. Miller (Cor). **55 meters** — 1. Pliner (StN), 7.46; 2. Czarniecki (L); 2. Workman (Cor). **400 meters** — 1. Messerly (Coe), 1:00.94; 2. Lindsley (StN); 3. Rogers (StN). **600 yards** — 1. Hinkins (StN), 1:32.59; 2. Jones (Coe); 3. Keaton (K). **800 meters** — 1. Messerly (Coe), 2:23.96; 2. Joyce (StN); 3. Papero (G). **1,000 yards** — 1. Lindsley (StN), 2:39.31; 2. Jones (Coe); Phimmech (StN). **300 yards** — 1. Messerly (Coe), 37.91; 2. Pliner (StN); 3. Workman (Cor). **Mile** — 1. Messerly (Coe), 5:20.60; 2. Thorburn (G); 3. Lindsley (StN). **2 mile** — 1. Thorburn (G), 11:34.51; 2. Rosenwald (B), 3. Stitch (R). **800 relay** — 1. St. Norbert, 1:59.65; 2. Coe; 3. Cornell. **1,600 Relay** — 1. Coe, 4:13.0; 2. St. Norbert; 3. Lawrence.

Saturday's Results

MIDWEST CONFERENCE MEET (At Mount Vernon)

Team totals — 1. Cornell 127; 2. Monmouth 83; 3. St. Norbert 69; 4. Grinnell 58; 5. Coe 53; 6. Ripon 40; 7. Knox 39; 8. Lawrence 21; 9. Beloit 17.

Long jump — 1. Putnam (R), 6.61 meters; 2. West (Coe); Stimson (Cor). Triple jump — 1. Stimson (Cor), 13.63 meters; 2. Putnam (R); 3. Klister (StN). Shot put — 1. Richardson (M), 15.7 meters; 2. Hoan (K), 3. Crock (Coe). High jump — 1. Lenthner (StN), 6-4; 2. Patton (K); 3. Bently (Coe), Butterfield (Cor). Pole vault — 1. Norris (Cor), 14-0; 2. Holm (K); 3. Hackel (StN).

55-meter hurdles — 1. Hughes (Cor), 7.63; 2. Burton (M); 3. Van Dyke (StN). 55 meters — 1. Stimson (Cor) 6:37; 2. Webb (Cor); 3. Johnson (R). 400 meters — 1. Pankey (K), 50.89; 2. Burton (M); 3. Richmond (COR). 600 yards — 1. McCraven (M), 1:15.54; 2. Clingen (M); 3. Evans (G). 800 meters — 1. Figenspan (Coe), 2:00.01; 2. Beck (StN); 3. Potter (G). 1,000 yards — 1. Maples (Cor), 2:19.84; 2. Costello (B); 3. Brooks (StN). 300 yards — 1. Stimson (Cor), 32.19; 2. Burton (M); 3. Johnson (R). Mile — 1. Maples (Cor), 4:21.82; 2. Lave (G); 3. Vandermuellen (L). 2-mile — 1. Lave (G), 9:22.14; 2. Nordtvedt (Cor); 3. Nannon (L). 800 relay — 1. Cornell, 1:33.20; 2. Monmouth; 3. Coe. 1,600 relay — 1. Monmouth, 3:30.59; 2. Coe; 3. Cornell.