



1997 Midwest Conference Women's Indoor Track and Field Championships

Hosted by Knox College

February 28-March 1, 1997

Team Standings

Monmouth	139.0
Grinnell	106.0
Carroll	70.0
Coe	55.0
Ripon	30.0
Lawrence	29.0
Knox	28.0
Beloit	23.0
Cornell	22.0
St. Norbert	17.0
Illinois College	8.0

+ = Sets MWC record.
 ++ = MWC Record set in preliminaries (see below).
 All times FAT or converted to FAT per NCAA Rule Book.

Event Champions

Shot:	Tennille McClure, Mon., 39' 06"
Long Jump:	Emily Allison, Coe, 17'04.25"
Triple Jump:	Carrie Evenson, SNC, 34'10.75"
High Jump:	Julie Jellings, Coe, 5' 02"
55 Hurdles:	Christy Hickey, Mon., 8.48 +
200 Hurdles:	Christy Hickey, Mon., 29.66
55 Dash:	Christy Hickey, Mon., 7.45 ++
200:	Heather Furrow, Mon., 26.16
400:	Heather Furrow, Mon., 57.40
600:	Becca Webel, Gr., 1:42.38
800:	Stephanie Walters, Gr., 2:24.22
1000:	Gretchen Vandergriff, Mon., 3:08.87
1500:	Becca Webel, Gr., 4:56.83
3000:	Abby Williams, Rip., 10:40.00 +
5000:	Abby Williams, Rip., 18:32.37 +

4x200:	Monmouth (Christy Hickey, Stephanie Owen, Stacy Brown, Heather Furrow), 1:45.91 +
4x400:	Grinnell (Sara Boudouris, Becca Webel, Stephanie Hitztaler, Amanda Walker), 4:09.27

MWC Women's Indoor Track Records -- 1997

Shot put	43' 05.50"	Veronica Platzer, Grinnell	1985	(13.24m)
Long jump	18' 05.75"	Paula Hageman, Ripon	1993	(5.63m)
Triple jump	36' 09.75"	Kim Callaway, Carroll	1993	(11.22m)
High jump	5' 07.50"	Vicci Verbrick, St. Norbert	1987	(1.71m)
55 hurdles	8.48	Christy Hickey, Monmouth	1997	
200 hurdles	29.25	Christy Hickey, Monmouth	1996	
55 dash	7.41	Christy Hickey, Monmouth	1997	(Prelims)
200	26.07	Heather Furrow, Monmouth	1996	
300	42.01	Liz Messerly, Coe	1990	
400	57.22	Heather Furrow, Monmouth	1996	
600	1:40.74	Betsy Blahnik, Lawrence	1990	
800	2:18.41	Gaylene Nash, St. Norbert	1994	
1000	3:05.84	Natalie Karpan, Coe	1996	
1500	4:47.34	Shavaun Adams, Grinnell	1984	
3000	10:40.00	Abby Williams, Ripon	1997	
5000	18:32.37	Abby Williams, Ripon	1997	
4x200 relay	1:45.91	Monmouth	1997	
4x400 relay	4:07.42	Coe	1995	
4x800 relay	10:07.44	Grinnell	1985	



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Team Standings

Monmouth	154.0
Carroll	135.0
Coe	101.0
Grinnell	74.0
Beloit	22.0
Cornell	22.0
Ripon	16.0
Lawrence	13.0
Knox	12.0
St. Norbert	9.0
Illinois College	0.0

+ = Sets MWC record.
 ++ = Ties MWC Record.
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Event Champions

Shot:	Chris Sondgeroth, Mon., 52' 03"
Long Jump:	R.J. Hoppe, Car., 23'05.5"
Triple Jump:	Chris Bracey, Car., 44'06.25"
High Jump:	Bryon Callahan, Coe, 6' 08"
Pole Vault:	Jeff Root, Grin., 14'06"
55 Hurdles:	Brian Collier, Coe, 7.68
200 Hurdles:	Brian Woodard, Mon., 25.25
55 Dash:	Ray Neosh, Coe, 6.46 +
200:	Brian Houzenga, Mon., 22.28 +
400:	Adam Smiley, Car., 49.97 +
600:	David Kimber, Mon., 1:22.35
800:	Clinton Tarpley, Mon., 1:58.73
1000:	Jamie Verstraete, Mon., 2:34.47
1500:	Jamie Nelson, Mon., 4:06.14
3000:	Dan Madigan, Gr., 8:50.51
5000:	Dan Madigan, Gr., 15:37.24
4x200:	Carroll (Greg Trewin, R.J. Hoppe, Aaron Rogahn, Adam Smiley), 1:30.37 +
4x400:	Monmouth (Andy Knowles, Rich Johnson, David Kimber, Brian Houzenga), 3:22.91 +

MWC Men's Indoor Track Records -- 1997

Shot put	52' 05.50"	John Martin, Cornell	1994	(15.98m)
Long jump	24' 00.50"	David Thompson, Monmouth	1995	(7.32m)
Triple jump	46' 07.75"	Chuck Meyer, Coe	1984	(14.21m)
High jump	7' 00.00"	Shawn Maze, Monmouth	1996	(2.13m)
Pole vault	15' 08.00"	Brian Ferry, Coe	1994	
55 hurdles	7.59	Charles Burton, Monmouth	1992	
200 hurdles	24.92	Dennis Staggs, Monmouth	1996	
55 dash	6.46	Ray Neosh, Coe	1997	
200	22.28	Brian Houzenga, Monmouth	1997	
300	35.28	Charles Burton, Monmouth	1992	
400	49.97	Adam Smiley, Carroll	1997	
600	1:22.22	Jason Devino, Monmouth	1992	
800	1:55.04	James Francis, Coe	1982	
1000	2:31.61	Aaron Stang, Cornell	1991	
1500	3:56.73	Steve Hartman, Monmouth	1992	
3000	8:44.07	Mike Nawrocki, Grinnell	1994	
5000	14:58.93	Chris Garman, Grinnell	1992	
4x200 relay	1:30.37	Carroll	1997	
4x400 relay	3:22.91	Monmouth	1997	