



Kevin Kane, Director of News and Records
47 Cherry Hill Rd. NW Cedar Rapids Iowa 52405

Telephone 319-396-4004

March 1998

Midwest Conference Track and Field

1998 MWC Indoor Championships

Hosted by Knox College
Mar. 6-7, 1998

Women's Field Champions

Shot: Tennille McClure, Mon., 39' 03"
Weight: Stephanie Muller, Beloit, 44'05.50" +
Long Jump: Elizabeth Bashaw, LU, 17'03.75"
Triple Jump: Carrie Evenson, SNC, 35'06.00"
High Jump: Alanna Moss, Beloit, 5' 04"
Pole Vault: Natalie Johnson, Rip., 7'03" (Ex)

Men's Field Champions

Shot: Chris Diedrich, SNC, 51' 11.75"
Weight: Stephen Robertson, Knox, 46'01" +
Long Jump: Adam Smiley, Car., 22'07.50"
Triple Jump: Lonnie Williams, IC, 44'11.50"
High Jump: Jeromy Hogan, Mon., 6' 09.50"
Pole Vault: John Huenink, Car., 15'08" ++

Women's Track Champions

55 Hurdles: Sara Olson, LU, 9.07
200 Hurdles: Sara Olson, LU, 30.13
55 Dash: Stacy Brown, Mon., 7.41 ++
200: Constance Jackson, Mon., 26.10
400: Heather Furrow, Mon., 57.47
600: Gretchen Vandergriff, Mon., 1:39.08 +
800: Bridget Wiedl, Bel., 2:20.90
1000: Becca Webel, Gr., 3:07.68
1500: Bridget Wiedl, Bel., 4:53.16
3000: Corey Wagner, Car., 10:46.40
5000: Cathy Kempen, LU, 18:36.34

Men's Track Champions

55 Hurdles: Dennis Staggs, Mon., 7.71
200 Hurdles: Dennis Staggs, Mon., 24.96
55 Dash: Adam Smiley, Car., 6.52
200: Brian Houzenga, Mon., 22.42
400: Brian Houzenga, Mon., 49.36 +
600: Neil Gipson, Gr., 1:23.15
800: Kevin Notheis, Gr., 1:57.85

1998 Women's Indoor Standings

Monmouth	160.0	St. Norbert	41.0
Lawrence	100.0	Ripon	25.0
Carroll	91.0	Knox	18.0
Beloit	71.0	Illinois C.	2.0
Grinnell	50.0		

1998 Men's Indoor Standings

Monmouth	160.0	Ripon	34.0
Grinnell	118.0	Illinois C.	27.0
Carroll	89.0	Knox	19.0
St. Norbert	62.0	Lawrence	13.0
Beloit	61.0		

MVP's: Heather Furrow (Monmouth)
Brian Houzenga (Monmouth)
Zac Freudenburg (Beloit)

1000: Zac Freudenburg, Bel., 2:31.61 ++
1500: Zac Freudenburg, Bel., 4:00.40
3000: Rob Park, Gr., 8:51.14
5000: Zac Freudenburg, Bel., 15:31.85

Women's Relay Champions

4x200: Monmouth (Stacy Brown, Elise Estes,
Heather Furrow, Constance Jackson),
1:44.96 +
4x400: Monmouth (Brown, Gretchen Vandergriff,
Jackson, Furrow), 4:06.02 +

Men's Relay Champions

4x200: Monmouth (Joel Hagaman, Dennis Staggs,
Toby Vallas, Brian Houzenga), 1:30.25 +
4x400: Monmouth (Justin Bryant, Vallas, David
Kimber, Houzenga), 3:27.26

+ Sets MWC Record; ++ Ties MWC Record