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Midwest Conference Track and Field

1999 MWC Indoor Championships

Hosted by Knox College
Mar. 5-6, 1999

Women's Field Champions

Shot: Stephanie Muller, Beloit, 41' 01"
Weight: Stephanie Muller, Beloit, 49'09" +
Long Jump: Julie Larson, Mon., 18' 05.50"
Triple Jump: Carrie Evenson, SNC, 35' 07.50"
High Jump: Jaime Jones, Mon., 5' 03"
Pole Vault: Idelle Cooper, Gr., 8'00" +

Men's Field Champions

Shot: Chris Diedrich, SNC, 51' 09"
Weight: Steve Robertson, Knox, 49'10" +
Long Jump: Richard Wemer, Gr., 21' 10.50"
Triple Jump: Jay Diedrich, Car., 45' 06"
High Jump: Cort Mills, Mon., 6' 06"
Pole Vault: John Huenink, Car., 15' 05"

Women's Track Champions

55 Hurdles: Shannon Hardy, Car., 8.84
55 Dash: Constance Jackson, Mon., 7.38 +
200: Constance Jackson, Mon., 25.87 +
400: Constance Jackson, Mon., 59.44
800: Marni Lynn, Car., 2:16.21 +
1500: Marni Lynn, Car., 4:46.27 +
3000: Marni Lynn, Car., 10:42.59
5000: Sonia Hibberd, Knox, 18:46.16

Men's Track Champions

55 Hurdles: Scott Stanton, Mon., 7.86
55 Dash: Adam Smiley, Car., 6.58
200: Justin Bryant, Mon., 22.62
400: Evan McLeod, Bel., 49.65
800: Neil Gipson, Gr., 2:00.52
1500: Rob Park, Gr., 4:02.63
3000: John Aerni, Gr., 8:54.71
5000: John Aerni, Gr., 15:22.39

+ Sets MWC Record; ++ Ties MWC Record

1999 Women's Indoor Standings

Carroll	129.0	St. Norbert	43.0
Monmouth	110.0	Beloit	39.0
Lawrence	93.0	Ripon	33.0
Grinnell	58.0	Illinois C.	0.0
Knox	52.0		

1999 Men's Indoor Standings

Carroll	139.0	Lawrence	37.0
Grinnell	118.0	Knox	29.0
Monmouth	95.0	Ripon	16.0
Beloit	66.0	Illinois C.	4.0
St. Norbert	54.0		

Women's Relay Champions

4x200: Monmouth (Constance Jackson, Stephanie Owen, Elise Estes, Maggie Semington), 1:48.26.

4x400: Monmouth (Semington, Christy Keller, Sherri Polk, Jackson), 4:10.79.

Sprint Medley: Carroll (Karen Holst, Shannon Hardy, Corri Kisselburg, Cristy Amenson), 4:17.58. +

Distance Medley: Carroll (Corey Wagner, Sara Schultz, Amenson, Marni Lynn), 12:40.71. +

Men's Relay Champions

4x200: Monmouth (Justin Bryant, Matt Beverly, Vaughn Gray, Brian Houzenga), 1:30.41.

4x400: Monmouth (Rich Johnson, Randy Williams, Chris Lacy, Justin Bryant), 3:27.40.

Sprint Medley: Beloit (Eric Daluga, Larry Randle, Chad Sim, Evan McLeod), 3:37.09. +

Distance Medley: Grinnell (Neil Gipson, Anton Jones, Matt Rhoades, Rob Park), 10:44.20. +

Note: The sprint medley relay, distance medley relay and women's pole vault were new events for 1999. All results are subject to review by MWC coaches.