

2010 Midwest Conference - 2/26/2010 to 2/27/2010**Indoor Track & Field Championships****Knox College****Results****Women 55 Meter Dash**

NCAA Auto: 7.10 A

NCAA Prov: 7.29 P

Name	School	Prelims
Preliminaries		
1 Moore, Jae	Monmouth Col	7.54q
2 Gruenke, Lindsay	Carroll Univ	7.60q
3 Leffel, Morgan	Monmouth Col	7.67q
4 Armbrister, Tanishka	Beloit Colle	7.71q
5 Weller, Kristi	Knox College	7.74q
6 Schmidt, Nicole	Ripon Colleg	7.76q
7 Michalek, Rebecaa	Carroll Univ	7.78q
8 Nonnemacher, Calli	St. Norbert	7.79q
9 Wymer, Cassie	Carroll Univ	7.83
10 Brown, Sara	Knox College	7.84
11 Marquith, Mackinsey	Monmouth Col	7.85
12 Schurr, Katie	Beloit Colle	7.85
13 Krause, Danielle	St. Norbert	7.86
14 Barclay, Annanda	Illinois Col	7.87
15 Blankschien, Anna	Beloit Colle	8.00
16 Smith, Megan	Illinois Col	8.17
17 Jones, Amelia	Illinois Col	8.21
18 Mueller, Anne	St. Norbert	8.23
19 Protasio, Teresa	Lawrence Uni	9.15
20 Zhao, Lin	Lawrence Uni	9.31

Women 55 Meter Dash

NCAA Auto: 7.10 A

NCAA Prov: 7.29 P

Name	School	Finals
Finals		
1 Gruenke, Lindsay	Carroll Univ	7.46
2 Moore, Jae	Monmouth Col	7.50
3 Leffel, Morgan	Monmouth Col	7.66
4 Armbrister, Tanishka	Beloit Colle	7.71
5 Michalek, Rebecaa	Carroll Univ	7.72
6 Schmidt, Nicole	Ripon Colleg	7.80
7 Weller, Kristi	Knox College	7.83
8 Nonnemacher, Calli	St. Norbert	7.88

Women 200 Meter Dash

Name	School	Finals
Finals		
1 Gruenke, Lindsay	Carroll Univ	25.83
2 Moore, Jae	Monmouth Col	26.43
3 Schudrowitz, Emily	St. Norbert	26.89
4 Allen, Danielle	St. Norbert	27.23
5 Leffel, Morgan	Monmouth Col	27.37
6 Armbrister, Tanishka	Beloit Colle	27.49
7 Trakanovich, Marisa	St. Norbert	27.50
8 Schmidt, Nicole	Ripon Colleg	27.54
9 Schurr, Katie	Beloit Colle	27.61
10 Lierman, Kaci	Monmouth Col	27.70

11 Michalek, Rebecaa	Carroll Univ	27.78
12 VanDeHey, Abby	Carroll Univ	27.97
13 Weller, Kristi	Knox College	28.29
14 Tepper, Rose	Lawrence Uni	28.72
15 Smith, Megan	Illinois Col	29.02
16 Joffe-Nelson, Linnea	Beloit Colle	29.21
17 Jones, Amelia	Illinois Col	29.80
18 Martin, Arynn	Ripon Colleg	30.05
19 Potts, Dominique	Knox College	30.45
20 Ostrowski, Rebecca	Ripon Colleg	30.59
21 Tsui, Amy	Grinnell Col	31.55
22 Soaga, Simbiat	Grinnell Col	32.07
23 Protasio, Teresa	Lawrence Uni	33.68
24 Zhao, Lin	Lawrence Uni	34.67
25 DeLeon Suarez,	Grinnell Col	35.43
--- Barclay, Annanda	Illinois Col	FS

Women 400 Meter Dash

NCAA Auto: 56.75 A

NCAA Prov: 58.64 P

Name	School	Finals
Finals		
1 Gruenke, Lindsay	Carroll Univ	58.68
2 Trakanovich, Marisa	St. Norbert	1:00.70
3 Moore, Jae	Monmouth Col	1:00.88
4 Armbrister, Tanishka	Beloit Colle	1:01.20
5 Leffel, Morgan	Monmouth Col	1:02.08
6 Lierman, Kaci	Monmouth Col	1:02.50
7 Wymer, Cassie	Carroll Univ	1:02.61
8 Michalek, Rebecaa	Carroll Univ	1:03.43
9 Miller, Isabelle	Grinnell Col	1:03.60
10 Larson, Katherine	St. Norbert	1:04.21
11 Blankschien, Anna	Beloit Colle	1:04.34
12 Warner, Lizzy	Knox College	1:04.98
13 Potts, Dominique	Knox College	1:08.84
14 Chambers, Erin	Beloit Colle	1:09.54
15 Colette, Lauren	Ripon Colleg	1:09.74
16 Bates, Samantha	Grinnell Col	1:10.52
17 Dukes, Shelby	Ripon Colleg	1:10.84
18 Linder, Jenny	Knox College	1:12.68

Women 800 Meter Run

NCAA Auto: 2:13.00 A

NCAA Prov: 2:16.50 P

Name	School	Finals
Finals		
1 Schudrowitz, Emily	St. Norbert	2:16.13P
2 Bowden, Rachel	Monmouth Col	2:22.65
3 Domnick, Megan	St. Norbert	2:23.60
4 Jackson, Aron	Monmouth Col	2:26.99
5 Pettie, Lindsie	Monmouth Col	2:27.03
6 Garcia, Jenny	Carroll Univ	2:29.95
7 Bohm, Chloe	Knox College	2:29.96
8 Swanson, Emma	Knox College	2:30.33
9 Delie, Kara	Carroll Univ	2:31.27

2010 Midwest Conference - 2/26/2010 to 2/27/2010**Indoor Track & Field Championships****Knox College****Results****Finals ... (Women 800 Meter Run)**

Name	School	Finals
10 Stutzbach, Julie	Beloit Colle	2:31.66
11 Leslie, Frances	Grinnell Col	2:33.19
12 Nesbitt, Alaina	Ripon Colleg	2:34.70
13 Baumann, Karen	Beloit Colle	2:37.93
14 Hayes, Carley	Carroll Univ	2:40.22
15 Menne, Melissa	St. Norbert	2:41.27
16 Armstrong, Amber	Illinois Col	2:42.09
17 Singleton, Katie	Beloit Colle	2:42.71
18 Dwyer, Amanda	Lawrence Uni	2:43.35
19 Zank, Brooke	Ripon Colleg	2:51.50
20 Reuling, Amy	Ripon Colleg	2:52.45
21 Wilson, Megan	Illinois Col	2:53.21
22 Koehnke, Sara	Knox College	2:53.36
23 Vautin, Jacqui	Grinnell Col	2:54.08
24 de Louw, Emma	Lawrence Uni	2:54.60

Women 1 Mile Run

NCAA Auto: 4:55.00 A

NCAA Prov: 5:05.00 P

Name	School	Finals
Finals		
1 O'Grady, Megan	Carroll Univ	5:11.34
2 Scherer, Jenny	St. Norbert	5:14.68
3 Schudrowitz, Emily	St. Norbert	5:16.57
4 Bowden, Rachel	Monmouth Col	5:18.63
5 Daugherty, Kaitlin	Carroll Univ	5:18.98
6 Matter, Michelle	Ripon Colleg	5:20.03
7 Kate Beyer, Mary	Monmouth Col	5:23.82
8 Laurin, Jess	Carroll Univ	5:25.18
9 Bayerle, Anne	Beloit Colle	5:34.91
10 Stutzbach, Julie	Beloit Colle	5:40.11
11 Tempest, Annie	Grinnell Col	5:41.53
12 Weichbrod, Nikki	Ripon Colleg	5:42.40
13 Baumann, Karen	Beloit Colle	5:49.59
14 Lane, Marlee	Monmouth Col	5:50.14
15 Bisignano, Catherine	Grinnell Col	6:02.21
16 Zank, Brooke	Ripon Colleg	6:11.65
17 Wilson, Megan	Illinois Col	6:18.24
18 Allen, Marty	Lawrence Uni	6:27.56
19 Armstrong, Amanda	Illinois Col	6:29.23
20 Koehnke, Sara	Knox College	6:30.47
21 Young, Rachel	Lawrence Uni	6:34.90
22 Sancilio, Amelia	Lawrence Uni	6:41.22
23 Anderson, Amy	Illinois Col	6:49.96
24 Purrazzo, Mary	Knox College	6:54.16
25 Hatton, Zoe	Knox College	7:46.37

Women 3000 Meter Run

Section 1 will be run prior the 200m dash

Name	School	Finals
Finals		
1 O'Grady, Megan	Carroll Univ	10:04.66
2 Scherer, Jenny	St. Norbert	10:22.01

3 Kate Beyer, Mary	Monmouth Col	10:37.72
4 Daugherty, Kaitlin	Carroll Univ	10:48.31
5 Matter, Michelle	Ripon Colleg	10:50.60
6 Laurin, Jess	Carroll Univ	10:53.09
7 Staab, Katie	Monmouth Col	10:55.64
8 Whipple, Amanda	St. Norbert	10:58.28
9 Muhs, Emily	Lawrence Uni	10:59.12
10 Bowden, Rachel	Monmouth Col	11:00.85
11 Colter, Hannah	Grinnell Col	11:05.11
12 Davey, Jessica	Ripon Colleg	11:16.69
13 Schulz-Welo, Geneva	Beloit Colle	11:35.04
14 Weichbrod, Nikki	Ripon Colleg	11:36.77
15 Quinn, Erika	St. Norbert	11:42.19
16 Graber, Sachi	Grinnell Col	11:53.19
17 Sullivan, Anne	Lawrence Uni	11:59.80
18 Hall, Lauren	Beloit Colle	12:10.51
19 Gonzales, Gabbie	Beloit Colle	12:20.95
20 Bierlein DeLa Rosa,	Grinnell Col	12:32.69
21 Armstrong, Amanda	Illinois Col	13:01.22
22 Purrazzo, Mary	Knox College	14:05.21
23 Donnan, Emily	Illinois Col	14:52.51

Women 5000 Meter Run

NCAA Auto: 17:10.00 A

NCAA Prov: 17:42.00 P

Name	School	Finals
Finals		
1 O'Grady, Megan	Carroll Univ	17:27.45P
2 Scherer, Jenny	St. Norbert	17:33.90P
3 Kate Beyer, Mary	Monmouth Col	17:50.40
4 Staab, Katie	Monmouth Col	18:48.11
5 Whipple, Amanda	St. Norbert	18:49.94
6 Muhs, Emily	Lawrence Uni	18:56.64
7 Colter, Hannah	Grinnell Col	19:17.43
8 Davey, Jessica	Ripon Colleg	19:33.92
9 Weber, Michelle	Carroll Univ	19:37.17
10 Rein, Lauren	Carroll Univ	20:05.23
11 Schulz-Welo, Geneva	Beloit Colle	20:07.20
12 Meisles, Diane	Grinnell Col	20:18.80
13 Quinn, Erika	St. Norbert	20:20.66
14 Whitfield, Rachel	Grinnell Col	20:25.43
15 Reuling, Laura	Ripon Colleg	20:33.44
16 Hall, Lauren	Beloit Colle	21:00.76
17 Williams, Katie	Ripon Colleg	21:13.97
18 Beaty, Tori	Monmouth Col	21:26.63
19 Edwards, Anna	Beloit Colle	22:49.63

Women 55 Meter Hurdles

NCAA Auto: 8.20 A

NCAA Prov: 8.53 P

Name	School	Prelims
Preliminaries		
1 Stringer, Megan	Illinois Col	8.74q
2 Allen, Danielle	St. Norbert	8.85q

2010 Midwest Conference - 2/26/2010 to 2/27/2010**Indoor Track & Field Championships****Knox College****Results****Preliminaries ... (Women 55 Meter Hurdles)**

Name	School	Prelims
3 Trakanovich, Marisa	St. Norbert	8.87q
4 Widdop, Chelsey	Monmouth Col	8.96q
5 Sterling, Krystal	Carroll Univ	9.07q
6 Bacon, Markie	Monmouth Col	9.39q
7 Mueller, Anne	St. Norbert	9.53q
8 Jones, Amelia	Illinois Col	9.54q
9 Knowlton, Claire	Knox College	9.70
10 Johnson, Dani	Carroll Univ	9.71
11 Hull, Heather	Monmouth Col	9.77
12 Brost, Liza	Grinnell Col	9.82
13 Pomrening, Jessica	Carroll Univ	9.87
14 Daniels, Ellie	Beloit Colle	10.05
15 Martin, Arynn	Ripon Colleg	10.27
16 Joffe-Nelson, Linnea	Beloit Colle	10.91
17 Chambers, Erin	Beloit Colle	11.69

Women 55 Meter HurdlesNCAA Auto: **8.20 A**NCAA Prov: **8.53 P**

Name	School	Finals
1 Stringer, Megan	Illinois Col	8.76
2 Allen, Danielle	St. Norbert	8.90
3 Trakanovich, Marisa	St. Norbert	8.93
4 Widdop, Chelsey	Monmouth Col	9.01
5 Sterling, Krystal	Carroll Univ	9.07
6 Bacon, Markie	Monmouth Col	9.28
7 Jones, Amelia	Illinois Col	9.56
8 Mueller, Anne	St. Norbert	9.68

Women 4x200 Meter Relay

Team	Relay	Finals
1 Carroll University		1:46.59
2 Monmouth College (II)		1:48.00
3 St. Norbert College		1:49.51
4 Knox College		1:51.37
5 Beloit College		1:51.92
6 Illinois College		1:54.20
7 Ripon College		1:58.07
8 Grinnell College		1:59.71
9 Lawrence University		2:03.51

Women 4x400 Meter RelayNCAA Auto: **3:54.00 A**NCAA Prov: **4:00.00 P**

Team	Relay	Finals
1 Carroll University		4:04.75
2 Monmouth College (II)		4:07.88
3 St. Norbert College		4:08.15
4 Beloit College		4:13.10
5 Knox College		4:19.70

6 Grinnell College	4:28.28
7 Ripon College	4:31.25
8 Illinois College	4:36.63
9 Lawrence University	5:18.34

Women 1600 Sprint Medley

Team	Relay	Finals
1 St. Norbert College		4:11.32
2 Monmouth College (II)		4:23.63
3 Beloit College		4:25.48
4 Knox College		4:34.66
5 Ripon College		4:46.39
6 Illinois College		4:48.90
--- Lawrence University		FS
--- Carroll University		DQ

Women Distance MedleyNCAA Auto: **11:53.60 A**NCAA Prov: **12:14.00 P**

Team	Relay	Finals
1 Carroll University		12:52.65
2 St. Norbert College		13:02.02
3 Ripon College		13:05.62
4 Grinnell College		13:21.15
5 Beloit College		13:23.91
6 Monmouth College (II)		13:33.23
7 Knox College		14:16.19
8 Lawrence University		14:54.47
9 Illinois College		14:56.61

Women High JumpNCAA Auto: **1.71m A**NCAA Prov: **1.66m P**

Name	School	Finals
1 Wiebe, Lindsay	St. Norbert	1.66mP
2 Tepper, Rose	Lawrence Uni	1.61m
2 Schurr, Katie	Beloit Colle	1.61m
4 Steininger, Madeline	Lawrence Uni	J1.61m
5 Widdop, Chelsey	Monmouth Col	1.56m
6 Stinson, Sarah	Monmouth Col	J1.56m
6 Martin, Arynn	Ripon Colleg	J1.56m
8 Stringer, Megan	Illinois Col	J1.56m
9 Hull, Heather	Monmouth Col	1.51m
10 Bosman, Andrea	St. Norbert	J1.51m
11 Ferris, Cathryn	Illinois Col	J1.51m
12 Daniels, Ellie	Beloit Colle	1.46m
13 Jensen, Catherine	Beloit Colle	1.41m
14 Leonard, Michele	Carroll Univ	1.36m
15 Trieloff, Amanda	Carroll Univ	1.31m
15 Miller, Isabelle	Grinnell Col	1.31m

2010 Midwest Conference - 2/26/2010 to 2/27/2010**Indoor Track & Field Championships****Knox College****Results****Women Pole Vault**

NCAA Auto: 3.85m A

NCAA Prov: 3.50m P

Name	School	Finals
Finals		
1 Grafenauer, Rebecca	Carroll Univ	3.50mP
2 Didier, Whitney	Monmouth Col	3.35m
3 Krause, Danielle	St. Norbert	3.05m
4 Leffel, Morgan	Monmouth Col	2.60m
5 Graber, Sachi	Grinnell Col	J2.60m
6 Coley, Chelsea	Knox College	2.45m
7 Finman, Kate	Beloit Colle	2.30m
8 Shadle, Katharine	Ripon Colleg	J2.30m
9 Johnson, Laura	Knox College	2.15m
--- Peckham, Elizabeth	Beloit Colle	NH
--- Ostrowski, Rebecca	Ripon Colleg	NH

Women Long Jump

NCAA Auto: 5.70m A

NCAA Prov: 5.44m P

Name	School	Prelims
Preliminaries		
1 Marquith, Mackinsey	Monmouth Col	5.25mq
2 Daniels, Ellie	Beloit Colle	5.02mq
3 Allen, Danielle	St. Norbert	4.99mq
3 Widdop, Chelsey	Monmouth Col	4.99mq
5 Johnson, Dani	Carroll Univ	4.98mq
6 Larson, Katherine	St. Norbert	4.96mq
7 Stringer, Megan	Illinois Col	4.92mq
8 Sterling, Krystal	Carroll Univ	4.87mq
9 Leffel, Morgan	Monmouth Col	4.81mq
10 Louis, Jessica	Carroll Univ	4.80m
11 Steinger, Madeline	Lawrence Uni	4.66m
12 Martin, Aryn	Ripon Colleg	4.37m
13 Jones, Taylor	Beloit Colle	4.14m
14 Colette, Lauren	Ripon Colleg	3.99m

Women Long Jump

NCAA Auto: 5.70m A

NCAA Prov: 5.44m P

Name	School	Finals
Finals		
1 Marquith, Mackinsey	Monmouth Col	5.25m
2 Widdop, Chelsey	Monmouth Col	5.09m
3 Daniels, Ellie	Beloit Colle	5.02m
4 Allen, Danielle	St. Norbert	4.99m
5 Leffel, Morgan	Monmouth Col	J4.99m
6 Johnson, Dani	Carroll Univ	4.98m
7 Larson, Katherine	St. Norbert	4.96m
8 Stringer, Megan	Illinois Col	4.95m
9 Sterling, Krystal	Carroll Univ	4.87m

Women Triple Jump

NCAA Auto: 11.80m A

NCAA Prov: 11.23m P

Name	School	Prelims
Preliminaries		
1 Sterling, Krystal	Carroll Univ	10.81mq
2 Leffel, Morgan	Monmouth Col	10.55mq
3 Armbrister, Tanishka	Beloit Colle	10.29mq
4 Marquith, Mackinsey	Monmouth Col	10.27mq
5 Allen, Danielle	St. Norbert	10.17mq
6 Moore, Jae	Monmouth Col	10.08mq
7 Daniels, Ellie	Beloit Colle	10.06mq
8 Albert, Sarah	St. Norbert	9.96mq
9 Larson, Katherine	St. Norbert	9.84mq
10 Leonard, Michele	Carroll Univ	9.23m
11 Tepper, Rose	Lawrence Uni	9.11m

Women Triple Jump

NCAA Auto: 11.80m A

NCAA Prov: 11.23m P

Name	School	Finals
Finals		
1 Sterling, Krystal	Carroll Univ	10.85m
2 Leffel, Morgan	Monmouth Col	10.72m
3 Allen, Danielle	St. Norbert	10.60m
4 Armbrister, Tanishka	Beloit Colle	10.29m
5 Marquith, Mackinsey	Monmouth Col	10.27m
6 Larson, Katherine	St. Norbert	10.21m
7 Moore, Jae	Monmouth Col	10.17m
8 Daniels, Ellie	Beloit Colle	10.06m
9 Albert, Sarah	St. Norbert	9.96m

Women Shot Put

NCAA Auto: 14.00m A

NCAA Prov: 12.90m P

Name	School	Prelims
Preliminaries		
1 Lehr, Gloria	Monmouth Col	P 13.34mq
2 Jakubowski, Jenny	Carroll Univ	12.61mq
3 Devor, Allison	Monmouth Col	12.13mq
4 Streeter, Amanda	Monmouth Col	12.03mq
5 Brungardt, Jessica	Ripon Colleg	11.66mq
6 Edwards, Amani	Beloit Colle	11.47mq
7 Davis, Christina	Knox College	10.26mq
8 Moen, Erika	Beloit Colle	8.93mq
9 Miller, Isabelle	Grinnell Col	8.68mq
10 Catarozoli, Breanna	Carroll Univ	8.59m
11 Jernberg, Megan	Carroll Univ	8.47m
12 Boney, Glyniss	Knox College	7.73m

2010 Midwest Conference - 2/26/2010 to 2/27/2010**Indoor Track & Field Championships****Knox College****Results****Women Shot Put**

NCAA Auto: 14.00m A

NCAA Prov: 12.90m P

Name	School	Finals
Finals		
1 Lehr, Gloria	Monmouth Col	13.34mP
2 Jakubowski, Jenny	Carroll Univ	12.61m
3 Devor, Allison	Monmouth Col	12.30m
4 Streeter, Amanda	Monmouth Col	12.03m
5 Brungardt, Jessica	Ripon Colleg	11.66m
6 Edwards, Amani	Beloit Colle	11.49m
7 Davis, Christina	Knox College	10.45m
8 Moen, Erika	Beloit Colle	9.69m
9 Miller, Isabelle	Grinnell Col	9.22m

Women Weight Throw

NCAA Auto: 17.30m A

NCAA Prov: 15.50m P

Name	School	Prelims
Preliminaries		
1 Streeter, Amanda	Monmouth Col	P 15.94mq
2 Lehr, Gloria	Monmouth Col	P 15.56mq
3 Devor, Allison	Monmouth Col	15.06mq
4 Davis, Christina	Knox College	13.71mq
5 Edwards, Amani	Beloit Colle	13.42mq
6 Jakubowski, Jenny	Carroll Univ	13.36mq
7 Brungardt, Jessica	Ripon Colleg	11.79mq
8 Janz, Alison	Carroll Univ	11.50mq
9 Yeoward, Jennifer	Illinois Col	11.39mq
10 Moen, Erika	Beloit Colle	11.33m
11 Jernberg, Megan	Carroll Univ	9.79m
12 Boney, Glynniss	Knox College	8.75m

Women Weight Throw

NCAA Auto: 17.30m A

NCAA Prov: 15.50m P

Name	School	Finals
Finals		
1 Streeter, Amanda	Monmouth Col	15.94mP
2 Lehr, Gloria	Monmouth Col	15.56mP
3 Devor, Allison	Monmouth Col	15.06m
4 Davis, Christina	Knox College	14.12m
5 Jakubowski, Jenny	Carroll Univ	14.06m
6 Edwards, Amani	Beloit Colle	13.42m
7 Brungardt, Jessica	Ripon Colleg	12.60m
8 Yeoward, Jennifer	Illinois Col	11.70m
9 Janz, Alison	Carroll Univ	11.50m

Men 55 Meter Dash

NCAA Auto: 6.34 A

NCAA Prov: 6.47 P

Name	School	Prelims
Preliminaries		
1 Jackson, D.J.	Illinois Col	P 6.42q
2 Hyland, LJ	Carroll Univ	6.55q
3 Boucher, Dylan	Grinnell Col	6.61q
3 Sesay, Saidu	Monmouth Col	6.61q
5 Prout, Kyle	Monmouth Col	6.66q
6 Marchillo, Alex	Carroll Univ	6.68q
7 Wood, Matt	Ripon Colleg	6.69q
8 Phillips, Scott	Grinnell Col	6.69q
9 Blodgett, Michael	Monmouth Col	6.69
10 Salucci, Vince	Beloit Colle	6.69
11 Ayensu-Mensah, Louis	St. Norbert	6.70
12 Schneider, Dann	St. Norbert	6.72
13 Norville, Josiah	Illinois Col	6.78
14 Abdoulmoumine, Majid	Ripon Colleg	6.79
15 Lord, Jake	Illinois Col	6.89
16 Footle, David	Knox College	6.93
17 Fix, Andrew	Carroll Univ	6.96
18 Yoakum, C.J.	Beloit Colle	7.00
19 Kahl, Matt	Beloit Colle	7.04
20 Seidl, Ben	Ripon Colleg	7.16
21 Courtain, Jordan	Grinnell Col	7.27

Men 55 Meter Dash

NCAA Auto: 6.34 A

NCAA Prov: 6.47 P

Name	School	Finals
Finals		
1 Jackson, D.J.	Illinois Col	6.49
2 Hyland, LJ	Carroll Univ	6.56
3 Sesay, Saidu	Monmouth Col	6.58
4 Prout, Kyle	Monmouth Col	6.70
5 Marchillo, Alex	Carroll Univ	6.71
6 Phillips, Scott	Grinnell Col	6.74
7 Wood, Matt	Ripon Colleg	6.78

Men 200 Meter Dash

Name	School	Finals
Finals		
1 Jackson, D.J.	Illinois Col	22.34
2 Hyland, LJ	Carroll Univ	22.63
3 Sesay, Saidu	Monmouth Col	22.65
4 Hughes, Mark	Illinois Col	22.67
5 Wood, Matt	Ripon Colleg	22.79
6 Schneider, Dann	St. Norbert	22.83
7 Marchillo, Alex	Carroll Univ	22.90
8 Prout, Kyle	Monmouth Col	23.09
9 Martinez, Mike	Grinnell Col	23.23
10 Dawson, Matt	Monmouth Col	23.33

2010 Midwest Conference - 2/26/2010 to 2/27/2010**Indoor Track & Field Championships****Knox College****Results****Finals ... (Men 200 Meter Dash)**

Name	School	Finals
11 Fishel, Kirk	St. Norbert	23.44
12 Reese, Jamie	Ripon Colleg	23.45
13 Ayensu-Mensah, Louis	St. Norbert	23.69
14 Brunson, Winnon	Grinnell Col	23.81
15 Phillips, Scott	Grinnell Col	23.81
16 Footle, David	Knox College	24.37
17 Yoakum, C.J.	Beloit Colle	24.45
18 Wilkins, Jackson	Beloit Colle	24.61
19 Abdoulmoumine, Majid	Ripon Colleg	24.66
20 Thomas, Raymond	Beloit Colle	25.65

Men 400 Meter Dash

NCAA Auto: 48.75 A

NCAA Prov: 49.85 P

Name	School	Finals
Finals		
1 Hyland, LJ	Carroll Univ	50.11
2 Schneider, Dann	St. Norbert	50.16
3 Hughes, Mark	Illinois Col	50.69
4 Puntoriero, Joe	Knox College	50.84
5 Wood, Matt	Ripon Colleg	51.06
6 Krause, Scott	Carroll Univ	51.38
7 Hohl, Logan	Monmouth Col	51.47
8 Fix, Andrew	Carroll Univ	52.00
9 Reschke, Shane	Monmouth Col	52.07
10 Reese, Jamie	Ripon Colleg	52.45
11 Mason, David	St. Norbert	52.71
12 Ascher, Ryan	St. Norbert	53.03
13 Holeman, James	Monmouth Col	53.68
14 Gaines, Joseph	Illinois Col	54.39
15 Whitehead, Andy	Illinois Col	54.80
16 Banks, Quinton	Grinnell Col	55.33
17 Muhammad, Domaneak	Beloit Colle	55.43
18 Kees, Matt	Beloit Colle	55.90
19 Seidl, Ben	Ripon Colleg	56.57
20 Newbill, Que'nique	Grinnell Col	57.45
21 McKay, Matt	Beloit Colle	1:00.22

Men 800 Meter Run

NCAA Auto: 1:52.80 A

NCAA Prov: 1:54.90 P

Name	School	Finals
Finals		
1 Davendonis, Josh	Beloit Colle	1:57.74
2 Zimmerman, Cory	Ripon Colleg	1:58.58
3 Dowden, Ham	St. Norbert	1:58.64
4 Stevens, Sam	Lawrence Uni	1:58.96
5 Barrett, John	St. Norbert	1:59.16
6 Ruyle, Mike	Illinois Col	2:02.75
7 Mundschenk, Patrick	Monmouth Col	2:02.95
8 Laska, Mackenzie	St. Norbert	2:02.97
9 Bentz, Tim	Monmouth Col	2:03.04
10 Weir, Logan	Monmouth Col	2:03.29

11 Heidbreder, Joe	Illinois Col	2:03.52
12 Yates, Malcolm	Beloit Colle	2:03.68
13 Pliner, Joe	Carroll Univ	2:03.97
14 Peters, Sean	Illinois Col	2:05.17
15 Jarvis, Erik	Grinnell Col	2:07.33
16 Dussault, Michael	Ripon Colleg	2:08.16
17 McCallum-Cook, Ian	Grinnell Col	2:08.68
18 Harland, Thomas	Carroll Univ	2:10.44
19 Jolin, Cody	Ripon Colleg	2:11.96
20 Kimball, Brian	Beloit Colle	2:12.04
21 Hoffman, Matt	Carroll Univ	2:12.40
22 Malone, Ian	Knox College	2:35.86
--- Cannon, Mason	Lawrence Uni	DNF

Men 1 Mile Run

NCAA Auto: 4:11.00 A

NCAA Prov: 4:16.00 P

Name	School	Finals
Finals		
1 Stevens, Sam	Lawrence Uni	4:24.84
2 Barrett, John	St. Norbert	4:25.82
3 Montgomery, David	Grinnell Col	4:28.25
4 Davies, Paul	Monmouth Col	4:29.87
5 Thew, AJ	Ripon Colleg	4:31.02
6 Hanus, Ryan	Carroll Univ	4:33.31
7 Laska, Mackenzie	St. Norbert	4:33.45
8 Pliner, Joe	Carroll Univ	4:34.75
9 Weier, Zac	St. Norbert	4:34.98
10 Hoffman, Matt	Carroll Univ	4:38.04
11 Lynch-Klarup, Kyle	Grinnell Col	4:39.29
12 Bishop, Ryan	Illinois Col	4:39.46
13 Dussault, Michael	Ripon Colleg	4:39.84
14 Maniscalco, Ryan	Knox College	4:40.02
15 Tylinski, Mike	Grinnell Col	4:40.07
16 Sprtel, Mark	Lawrence Uni	4:40.15
17 Heidbreder, Joe	Illinois Col	4:41.22
18 Shields, Connor	Monmouth Col	4:42.33
19 Davendonis, Josh	Beloit Colle	4:42.72
20 Barr, Jacob	Monmouth Col	4:43.08
21 Miller, Brett	Illinois Col	4:46.85
22 Kimball, Brian	Beloit Colle	4:49.86
23 Johannsen, Matt	Beloit Colle	4:56.10
24 Jolin, Cody	Ripon Colleg	4:57.23
25 Brankin, Dave	Knox College	4:58.24
26 Malone, Ian	Knox College	5:38.23

Men 3000 Meter Run**Section 1 will be run prior the 200m dash**

Name	School	Finals
Finals		
1 Montgomery, David	Grinnell Col	8:54.79
2 O'Brien, Jon	St. Norbert	8:57.84
3 Smith, Jason	Ripon Colleg	9:01.42
4 Worcester, Ben	Ripon Colleg	9:03.23
5 Roden, Aaron	St. Norbert	9:07.30

2010 Midwest Conference - 2/26/2010 to 2/27/2010**Indoor Track & Field Championships****Knox College****Results****Finals ... (Men 3000 Meter Run)**

Name	School	Finals
6 Davies, Paul	Monmouth Col	9:11.03
7 Welty, Jonathan	Monmouth Col	9:13.21
8 DeVillers, Alex	St. Norbert	9:14.90
9 Meyer, Kevin	Carroll Univ	9:17.81
10 Hanus, Ryan	Carroll Univ	9:21.15
11 Thew, AJ	Ripon Colleg	9:32.93
12 Zambetti, Joe	Carroll Univ	9:36.17
13 Maniscalco, Ryan	Knox College	9:37.50
14 Wynne, Jared	Beloit Colle	9:39.64
15 Figge, Erik	Grinnell Col	9:41.40
16 Bishop, Ryan	Illinois Col	9:42.49
17 Box, Kevin	Knox College	9:54.01
18 Coben, Tom	Lawrence Uni	9:54.45
19 Choate, Sean	Knox College	9:58.15
20 Miller, Brett	Illinois Col	10:00.66
21 Moeller, Dan	Lawrence Uni	10:06.59
22 Nall, Matt	Illinois Col	10:22.64
23 Bureta, Jason	Beloit Colle	10:28.40

Men 5000 Meter Run

NCAA Auto: 14:30.00 A

NCAA Prov: 14:53.00 P

Name	School	Finals
Finals		
1 Montgomery, David	Grinnell Col	15:26.62
2 Smith, Jason	Ripon Colleg	15:33.82
3 Roden, Aaron	St. Norbert	15:37.47
4 O'Brien, Jon	St. Norbert	15:41.76
5 Worcester, Ben	Ripon Colleg	15:51.40
6 DeVillers, Alex	St. Norbert	15:55.83
7 Box, Kevin	Knox College	16:08.24
8 Bird, Geoff	Monmouth Col	16:10.57
9 Welty, Jonathan	Monmouth Col	16:18.08
10 Zane, David	Lawrence Uni	16:25.50
11 Gatlin, Matt	Monmouth Col	16:27.13
12 Estrem, Sam	Lawrence Uni	16:42.74
13 Zambetti, Joe	Carroll Univ	16:44.96
14 Kakazu, Nathan	Grinnell Col	16:51.90
15 Coben, Tom	Lawrence Uni	16:52.78
16 Wynne, Jared	Beloit Colle	16:53.76
17 Fowler, Zac	Carroll Univ	17:05.03
18 Choate, Sean	Knox College	17:15.26
19 Wallace, Derek	Ripon Colleg	17:20.50
20 Nall, Matt	Illinois Col	17:55.75
21 Jarvis, Ian	Beloit Colle	18:02.57
22 McKay, Matt	Beloit Colle	18:06.11
23 Koepsell, Justin	Carroll Univ	18:12.26
--- Krauss, Dan	Grinnell Col	DNF

Men 55 Meter Hurdles

NCAA Auto: 7.55 A

NCAA Prov: 7.74 P

Name	School	Prelims
Preliminaries		
1 Hohl, Logan	Monmouth Col	7.88q
2 Troeller, Justin	Carroll Univ	7.91q
3 Marchillo, Alex	Carroll Univ	8.15q
4 Gobert, Jordan	St. Norbert	8.18q
5 Hirakawa, Andrew	Grinnell Col	8.33q
6 Norville, Josiah	Illinois Col	8.37q
7 Schaefer, Bill	Knox College	8.47q
8 Swanson, Greg	Grinnell Col	8.58q
9 Seidl, Ben	Ripon Colleg	8.62
9 Downing, Branden	Illinois Col	8.62
11 Chavira, Trent	Grinnell Col	8.62
12 Harland, Thomas	Carroll Univ	8.65
13 Hassler, Matt	Monmouth Col	8.69
14 Leeman, Paul	St. Norbert	8.78
15 Kole, Matt	Illinois Col	9.17

Men 55 Meter Hurdles

NCAA Auto: 7.55 A

NCAA Prov: 7.74 P

Name	School	Finals
Finals		
1 Hohl, Logan	Monmouth Col	7.73P
2 Troeller, Justin	Carroll Univ	7.86
3 Gobert, Jordan	St. Norbert	8.15
4 Hirakawa, Andrew	Grinnell Col	8.39
5 Marchillo, Alex	Carroll Univ	8.40
6 Schaefer, Bill	Knox College	8.60
7 Swanson, Greg	Grinnell Col	8.61
8 Norville, Josiah	Illinois Col	10.55

Men 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Carroll University		1:29.54
2 Monmouth College (II)		1:29.88
3 Illinois College		1:31.16
4 St. Norbert College		1:32.04
5 Grinnell College		1:33.29
6 Ripon College		1:34.16
7 Knox College		1:36.29
8 Beloit College		1:36.31
9 Lawrence University		1:42.91

2010 Midwest Conference - 2/26/2010 to 2/27/2010**Indoor Track & Field Championships****Knox College****Results****Men 4x400 Meter Relay**

NCAA Auto: 3:17.00 A

NCAA Prov: 3:21.00 P

Team	Relay	Finals
Finals		
1	Carroll University	3:24.84
2	Monmouth College (II)	3:26.62
3	Illinois College	3:28.92
4	St. Norbert College	3:30.58
5	Ripon College	3:33.51
6	Beloit College	3:36.19
7	Knox College	3:36.97
8	Grinnell College	3:41.15
9	Lawrence University	3:42.32

Men 1600 Sprint Medley

Team	Relay	Finals
Finals		
1	St. Norbert College	3:37.74
2	Ripon College	3:37.74
3	Grinnell College	3:38.84
4	Illinois College	3:40.28
5	Knox College	3:42.98
6	Monmouth College (II)	3:44.11
7	Carroll University	3:49.56
8	Lawrence University	4:01.31
---	Beloit College	DQ

Men Distance Medley

NCAA Auto: 10:00.00 A

NCAA Prov: 10:10.00 P

Team	Relay	Finals
Finals		
1	St. Norbert College	10:45.82
2	Ripon College	10:46.14
3	Monmouth College (II)	10:54.20
4	Grinnell College	10:56.24
5	Illinois College	11:02.70
6	Lawrence University	11:03.73
7	Knox College	11:04.51
8	Beloit College	11:08.07
9	Carroll University	11:15.73

Men High Jump

NCAA Auto: 2.10m A

NCAA Prov: 2.02m P

Name	School	Finals
Finals		
1	Byom, Nick	Monmouth Col 2.05mP
2	Hannam, Tyler	Monmouth Col J2.05mP
3	Binkley, Dillon	Illinois Col 2.00m
4	Wells, Sean	Monmouth Col J2.00m
5	Leeman, Paul	St. Norbert 1.95m
6	Lawson, Jake	Carroll Univ 1.90m

7	Schmieder, Jeremy	Illinois Col	1.85m
8	Konetzke, Even	Carroll Univ	1.80m
9	Rabata, Ben	Ripon Colleg	1.75m
10	Kacanek, Keith	Knox College	1.70m
---	Kraus, Andy	Carroll Univ	NH
---	Brost, Daryl	Grinnell Col	NH
---	Katcher, Kyle	Illinois Col	NH
---	Bellmore, Max	Ripon Colleg	NH

Men Pole Vault

NCAA Auto: 5.10m A

NCAA Prov: 4.65m P

Name	School	Finals
Finals		
1	McAnally, Brock	Monmouth Col 4.57m
2	Lawson, Jake	Carroll Univ 4.35m
3	Jenkins, Fonz	Grinnell Col 4.05m
4	Floyd, Matt	Beloit Colle 3.90m
5	Olson, Kyle	Carroll Univ J3.90m
6	Below, Lucas	Lawrence Uni 3.75m
7	Redford, Hugh	Grinnell Col J3.75m
8	Adrian, Chris	Carroll Univ 3.60m
---	Day, Jake	St. Norbert NH
---	Gobert, Jordan	St. Norbert NH
---	Henkins, Jeremy	Monmouth Col NH

Men Long Jump

NCAA Auto: 7.20m A

NCAA Prov: 6.92m P

Name	School	Prelims
Preliminaries		
1	Jackson, D.J.	Illinois Col P 6.93mq
2	Blodgett, Michael	Monmouth Col 6.51mq
3	Reese, Jamie	Ripon Colleg 6.47mq
4	Wright, Nick	Monmouth Col 6.41mq
5	Law, Nick	Monmouth Col 6.39mq
6	Schneider, Dann	St. Norbert 6.34mq
7	Leeman, Paul	St. Norbert 6.24mq
8	Bellmore, Max	Ripon Colleg 6.22mq
9	Konetzke, Even	Carroll Univ 6.14mq
10	Simmons, Dink	Illinois Col 6.12m
11	Lockett, Cerellis	Carroll Univ 6.11m
11	Verfuert, Andrew	St. Norbert 6.11m
13	Jude, Courtney	Knox College 6.06m
14	Grant, Terry	Illinois Col 5.96m
15	Goldstein, Sam	Grinnell Col 5.87m
16	Kraus, Andy	Carroll Univ 5.76m
17	Kahl, Matt	Beloit Colle 5.68m
18	Wilkins, Jackson	Beloit Colle 5.37m
19	Brost, Daryl	Grinnell Col 5.10m
20	Cannon, Mason	Lawrence Uni 5.07m
---	Rabata, Ben	Ripon Colleg FOUL

2010 Midwest Conference - 2/26/2010 to 2/27/2010**Indoor Track & Field Championships****Knox College****Results****Men Long Jump**

NCAA Auto: 7.20m A

NCAA Prov: 6.92m P

Name	School	Finals
Finals		
1 Jackson, D.J.	Illinois Col	7.14mP
2 Blodgett, Michael	Monmouth Col	6.64m
3 Schneider, Dann	St. Norbert	6.61m
4 Wright, Nick	Monmouth Col	6.49m
5 Reese, Jamie	Ripon Colleg	6.47m
6 Law, Nick	Monmouth Col	6.39m
7 Leeman, Paul	St. Norbert	6.24m
8 Bellmore, Max	Ripon Colleg	6.22m
9 Konetzke, Even	Carroll Univ	6.20m

Men Triple Jump

NCAA Auto: 14.68m A

NCAA Prov: 14.08m P

Name	School	Prelims
Preliminaries		
1 Leeman, Paul	St. Norbert	13.38mq
2 Wright, Nick	Monmouth Col	13.33mq
3 Wells, Sean	Monmouth Col	13.26mq
4 Simmons, Dink	Illinois Col	13.19mq
5 Blodgett, Michael	Monmouth Col	13.09mq
6 Bellmore, Max	Ripon Colleg	13.06mq
7 Marchillo, Alex	Carroll Univ	13.00mq
8 Konetzke, Even	Carroll Univ	12.91mq
9 O'Quinn, Sherrick	Beloit Colle	12.82mq
10 Goldstein, Sam	Grinnell Col	12.61m
11 Salucci, Vince	Beloit Colle	12.58m
12 Kacanek, Keith	Knox College	12.40m
13 Verfuert, Andrew	St. Norbert	12.15m
14 Rabata, Ben	Ripon Colleg	11.74m
15 Yin, Rob	Grinnell Col	11.65m
16 Hirakawa, Andrew	Grinnell Col	11.57m
17 Andejas, Kenny	Beloit Colle	10.07m

Men Triple Jump

NCAA Auto: 14.68m A

NCAA Prov: 14.08m P

Name	School	Finals
Finals		
1 Wells, Sean	Monmouth Col	13.57m
2 Blodgett, Michael	Monmouth Col	13.56m
3 Simmons, Dink	Illinois Col	13.54m
4 Leeman, Paul	St. Norbert	13.49m
5 Bellmore, Max	Ripon Colleg	13.46m
6 Wright, Nick	Monmouth Col	13.35m
7 Marchillo, Alex	Carroll Univ	13.26m
8 Konetzke, Even	Carroll Univ	12.99m
9 O'Quinn, Sherrick	Beloit Colle	12.95m

Men Shot Put

NCAA Auto: 16.75m A

NCAA Prov: 15.54m P

Name	School	Prelims
Preliminaries		
1 Lumzy, Peyton	Monmouth Col	15.35mq
2 Roy, Kyle	Ripon Colleg	14.79mq
3 Cokinos, Sam	Monmouth Col	14.26mq
4 Woodall, Parker	Monmouth Col	14.04mq
5 Kent, Adam	Knox College	13.90mq
6 Dionne, Tony	St. Norbert	13.60mq
7 Hogan, Joe	Illinois Col	13.33mq
8 Tripp, Cory	Illinois Col	13.04mq
9 Sellner, Adam	Ripon Colleg	12.94mq
10 Wankowski, James	Carroll Univ	12.85m
11 Sickley, Tony	Knox College	12.76m
12 Snyder, Joey	Grinnell Col	12.63m
13 Schneider, Myles	Beloit Colle	12.43m
14 Koszuta, Jon	Carroll Univ	12.27m
15 Kerkman, Nicholas	Lawrence Uni	12.17m
16 Lebryk, Paul	Knox College	11.24m
16 Walsh, Jeremiah	Carroll Univ	11.24m
18 McCoy, Curtis	Grinnell Col	10.99m
19 Adams, Malcolm	Grinnell Col	10.60m
20 BarbKnecht, Owen	Illinois Col	10.10m
--- Trink, Jeff	Ripon Colleg	FOUL

Men Shot Put

NCAA Auto: 16.75m A

NCAA Prov: 15.54m P

Name	School	Finals
Finals		
1 Roy, Kyle	Ripon Colleg	15.72mP
2 Lumzy, Peyton	Monmouth Col	15.63mP
3 Cokinos, Sam	Monmouth Col	15.25m
4 Kent, Adam	Knox College	14.30m
5 Woodall, Parker	Monmouth Col	14.15m
6 Dionne, Tony	St. Norbert	13.61m
7 Hogan, Joe	Illinois Col	13.41m
8 Tripp, Cory	Illinois Col	13.04m
9 Sellner, Adam	Ripon Colleg	12.94m

Men Weight Throw

NCAA Auto: 18.34m A

NCAA Prov: 16.69m P

Name	School	Prelims
Preliminaries		
1 Lumzy, Peyton	Monmouth Col	16.59mq
2 Roy, Kyle	Ripon Colleg	15.80mq
3 Woodall, Parker	Monmouth Col	14.84mq
4 Joost, Josh	Carroll Univ	14.71mq
5 Sellner, Adam	Ripon Colleg	14.44mq

2010 Midwest Conference - 2/26/2010 to 2/27/2010**Indoor Track & Field Championships****Knox College****Results****Preliminaries ... (Men Weight Throw)**

Name	School	Prelims
6 Wankowski, James	Carroll Univ	14.31mq
7 Kent, Adam	Knox College	14.22mq
8 Williams, Josh	Monmouth Col	13.86mq
9 Dionne, Tony	St. Norbert	13.73mq
10 Trinka, Jeff	Ripon Colleg	13.31m
11 Tripp, Cory	Illinois Col	12.58m
12 Hogan, Joe	Illinois Col	12.53m
12 Kerkman, Nicholas	Lawrence Uni	12.53m
14 Koszuta, Jon	Carroll Univ	12.29m
15 Lobaugh, Kyle	Grinnell Col	11.82m
16 Schneider, Myles	Beloit Colle	11.71m
17 Obrien, Justin	Illinois Col	11.52m
18 Adams, Malcolm	Grinnell Col	10.66m
19 Lebryk, Paul	Knox College	10.23m
20 Johnson, Dan	Knox College	9.84m
21 Brewer, Ben	Grinnell Col	8.96m

Men Weight ThrowNCAA Auto: **18.34m A**NCAA Prov: **16.69m P**

Name	School	Finals
Finals		
1 Lumzy, Peyton	Monmouth Col	17.12mP
2 Roy, Kyle	Ripon Colleg	15.80m
3 Woodall, Parker	Monmouth Col	14.84m
4 Williams, Josh	Monmouth Col	14.81m
5 Kent, Adam	Knox College	14.78m
6 Joost, Josh	Carroll Univ	14.71m
7 Sellner, Adam	Ripon Colleg	14.44m
8 Wankowski, James	Carroll Univ	14.31m
9 Dionne, Tony	St. Norbert	13.73m

Women - Team Rankings - 18 Events Scored

1) Monmouth College (IL)	217.5
2) Carroll University	152
3) St. Norbert College	150
4) Beloit College	60
5) Ripon College	35.5
6) Knox College	31
7) Illinois College	22
8) Lawrence University	16
9) Grinnell College	15

Men - Team Rankings - 18 Events Scored

1) Monmouth College (IL)	177
2) St. Norbert College	115
3) Carroll University	98
4) Ripon College	97
5) Illinois College	83
6) Grinnell College	60
7) Knox College	29
8) Lawrence University	22
9) Beloit College	20