

Midwest Conference Championships Men

Bear Athletic Center, Grinnell College

Feb. 25-26, 2011

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55 Meter Dash

Round 1, Heat 1

1	Louis Ayensu-Mensah, So, St. Norbert College	6.66Q
2	Kirkland Fischel, So, Carroll University	6.69
3	Mathew Wood, So, Ripon College	6.73
4	Luke Johnson, Fr, Grinnell College	6.73
5	Derek Carrier, Jr, Beloit College	6.76
6	Majid Abdoulmoumine, Sr, Ripon College	6.84
7	Vince Salucci, Jr, Beloit College	6.84
8	Zack Belk, Fr, Knox College	7.27

Round 1, Heat 2

1	Jason Martin, Fr, Illinois College	6.66Q
2	Terrance Steward, Jr, Beloit College	6.66q
2	Kiante Green, Fr, Monmouth College (Il)	6.66q
4	Nikolai Miskov, Fr, Carroll University	6.690
5	Kyle Prout, Sr, Monmouth College (Il)	6.72
6	Aramis McGinty, Fr, Knox College	6.81
7	Jake Lord, So, Illinois College	7.02
8	Eric Langman, Fr, Ripon College	7.10

Round 1, Heat 3

1	Saidu Sesay, Sr, Monmouth College (Il)	6.53Q
2	Brent Schreiber, Jr, St. Norbert College	6.65q
3	Dylan Boucher, Jr, Grinnell College	6.67q
4	Dann Schneider, Sr, St. Norbert College	6.683q
5	Benjamin Ansong, Fr, Illinois College	6.70
6	Lj Hyland, Jr, Carroll University	6.70
7	Scott Phillips, Sr, Grinnell College	6.79
8	Cameron King, So, Knox College	7.41

Final

1	Saidu Sesay, Sr, Monmouth College (Il)	6.51
2	Jason Martin, Fr, Illinois College	6.63
3	Kiante Green, Fr, Monmouth College (Il)	6.64
4	Dylan Boucher, Jr, Grinnell College	6.64
5	Louis Ayensu-Mensah, So, St. Norbert College	6.67
6	Brent Schreiber, Jr, St. Norbert College	6.73
7	Dann Schneider, Sr, St. Norbert College	6.75
8	Terrance Steward, Jr, Beloit College	6.76

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200 Meter Dash

1	Saidu Sesay, Sr, Monmouth College (Il)	22.43	H5
2	Kiante Green, Fr, Monmouth College (Il)	22.52	H5
3	Mathew Wood, So, Ripon College	22.63	H5
4	Logan Hohl, Sr, Monmouth College (Il)	22.94	H4
5	Dann Schneider, Sr, St. Norbert College	22.95	H5
6	Lj Hyland, Jr, Carroll University	23.02	H5
7	Nikolai Miskov, Fr, Carroll University	23.30	H3
8	Derek Nelson, Fr, Ripon College	23.33	H3
9	John Gerding, Fr, Illinois College	23.41	H2
10	Kirkland Fischel, So, Carroll University	23.42	H4
11	Scott Phillips, Sr, Grinnell College	23.67	H2
12	Benjamin Ansong, Fr, Illinois College	23.71	H2
13	Davis Herrman, Sr, Grinnell College	23.73	H3
14	Joe Puntoriero, So, Knox College	23.87	H4
15	Louis Ayensu-Mensah, So, St. Norbert College	23.87	H4
16	Joe Streepy, So, Illinois College	24.21	H3
17	Majid Abdoulmoumine, Sr, Ripon College	24.48	H1
18	Zack Belk, Fr, Knox College	24.96	H1
19	Mat Kahl, So, Beloit College	25.01	H2
20	Kyle Espinosa, Jr, Grinnell College	29.19	H1

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400 Meter Dash

1	Mathew Wood, So, Ripon College	49.70	H4
	NCAA Division III provisional		
2	Logan Hohl, Sr, Monmouth College (Il)	50.39	H4
3	Derek Nelson, Fr, Ripon College	50.55	H3
4	Alex Marchillo, So, Carroll University	50.72	H3
5	Eric Brown, Fr, Monmouth College (Il)	50.79	H4
6	Shane Reschke, Jr, Monmouth College (Il)	50.80	H4
7	Joe Puntoriero, So, Knox College	50.88	H3
8	Kenny Williams, Fr, Beloit College	51.48	H2
9	Davis Herrman, Sr, Grinnell College	51.83	H2
10	Andrew Fix, So, Carroll University	51.98	H3
11	Dann Schneider, Sr, St. Norbert College	52.04	H4
12	Jackson Wilkins, So, Beloit College	52.89	H2
13	Andy Kraus, So, Carroll University	52.94	H2
14	Ryan Ascher, Jr, St. Norbert College	53.02	H3
15	Marc Giovininni, Fr, Illinois College	54.08	H1
16	Quinton Banks, So, Grinnell College	54.92	H2
17	Mikile Baker, Fr, Beloit College	55.14	H1
18	David Garwood, So, Grinnell College	56.68	H1
19	Max Herrmann, So, Ripon College	57.24	H1
20	Matt Kole, Jr, Illinois College	58.22	H1

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800 Meter Run

1	Nathan Heppe, Fr, St. Norbert College	1:57.18	H3
2	Noah DeLong, Sr, Grinnell College	1:57.26	H3
3	Cory Zimmerman, So, Ripon College	1:57.28	H3
4	Jake Schneider, Fr, St. Norbert College	1:58.44	H3
5	Sam Stevens, So, Lawrence University	1:59.29	H3
6	Mike Linzmeier, Fr, St. Norbert College	2:00.45	H3
7	Mike Ruyle, Jr, Illinois College	2:00.72	H3
8	Matt Brongo, Fr, Knox College	2:00.88	H2
9	Brian Daly, So, Monmouth College (Il)	2:01.49	H2
10	Joe Heidbreder, Sr, Illinois College	2:02.35	H2
11	Garrett Daniel, Fr, Monmouth College (Il)	2:02.54	H3
12	Chris Pynenberg, Fr, Carroll University	2:03.67	H2
13	Malcolm Yates, So, Beloit College	2:04.11	H2
14	Chris Wilson, Sr, Grinnell College	2:06.01	H2
15	Mike Mangian, Fr, Lawrence University	2:06.71	H2
16	Joe Levita, Fr, Monmouth College (Il)	2:07.27	H2
17	Dan Thoresen, Fr, Lawrence University	2:08.98	H2
18	Michael Tylinski, Sr, Grinnell College	2:09.03	H1
19	Jose Guitierrez, So, Carroll University	2:10.47	H1
20	Eric Langman, Fr, Ripon College	2:12.35	H1
21	Brendon Vorpahl, Fr, Beloit College	2:13.90	H1
22	Spiros Angelakos, Fr, Ripon College	2:16.56	H3
23	Nick Nelson, So, Carroll University	2:17.98	H1
24	Stephen Heinz, So, Beloit College	2:18.54	H1
25	Sean Choate, So, Knox College	2:27.81	H1
26	Erik Haynor, Fr, Knox College	2:29.89	H1

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Mile Run

1	Noah DeLong, Sr, Grinnell College	4:25.42	H3
2	Joe Pliner, Jr, Carroll University	4:25.89	H3
3	Jonathan Welty, Jr, Monmouth College (Il)	4:26.75	H3
4	Shyam Deshpande, Sr, Grinnell College	4:26.85	H3
5	Nathan Heppe, Fr, St. Norbert College	4:29.03	H3
6	Sam Stevens, So, Lawrence University	4:30.07	H3
7	Mike Linzmeier, Fr, St. Norbert College	4:34.11	H3
8	Andrew Thew, Jr, Ripon College	4:35.02	H3
9	Chris Pynenberg, Fr, Carroll University	4:35.92	H2
10	Jason Smith, Sr, Ripon College	4:36.75	H3
11	Mike Ruyle, Jr, Illinois College	4:37.76	H2
12	Joe Heidbreder, Sr, Illinois College	4:41.65	H2
13	Ben Tyler, Fr, Grinnell College	4:41.83	H3
14	Joe Levita, Fr, Monmouth College (Il)	4:42.57	H2
15	Spiros Angelakos, Fr, Ripon College	4:43.60	H3
16	Matt Reynders, Fr, St. Norbert College	4:46.90	H3
17	Brett Miller, Sr, Illinois College	4:47.53	H2
18	Nate Jones, So, Monmouth College (Il)	4:51.39	H2
19	Matt Hoffman, Sr, Carroll University	4:52.21	H2
20	Kevin Fitzgerald, Fr, Lawrence University	4:56.32	H1
21	Ian Jarvis, Sr, Beloit College	4:59.42	H1
22	Josh Litofsky, Fr, Beloit College	5:07.58	H1
23	Daniel Moeller, Sr, Lawrence University	5:11.32	H1
24	Jacob Buddell, So, Knox College	5:17.58	H1
25	Sean Choate, So, Knox College	5:20.70	H2
26	Ian Malone, So, Knox College	5:20.84	H1
27	Ethan Ley, Fr, Beloit College	5:33.08	H1

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3000 Meter Run

1	Joe Pliner, Jr, Carroll University	8:49.23	H2
2	Geoff Bird, Sr, Monmouth College (Il)	8:53.13	H2
3	Jason Smith, Sr, Ripon College	8:53.96	H2
4	Mackenzie Laska, Sr, St. Norbert College	8:56.75	H2
5	Ben Worcester, Sr, Ripon College	8:57.67	H2
6	Shyam Deshpande, Sr, Grinnell College	8:58.05	H2
7	Curran Carlile, Fr, Lawrence University	9:03.52	H2
8	Gabe Moreno, Fr, Knox College	9:05.84	H2
9	Kevin Meyer, Jr, Carroll University	9:06.80	H2
10	Jonathan Welty, Jr, Monmouth College (Il)	9:10.49	H2
11	Lucas Felten, Sr, Ripon College	9:11.20	H1
12	Frank Canady, Fr, Grinnell College	9:14.34	H2
13	Seth Hawkins, So, St. Norbert College	9:15.64	H1
14	Erik Figge, So, Grinnell College	9:18.81	H2
15	Matt Gatlin, So, Monmouth College (Il)	9:19.46	H1
16	David Zane, Sr, Lawrence University	9:24.79	H2
17	Joe Zambetti, Jr, Carroll University	9:29.22	H1
18	Eric Koenig, Sr, Beloit College	9:29.59	H2
19	Jamie Brisbois, Fr, Lawrence University	9:33.45	H1
20	Alex DeVillers, Sr, St. Norbert College	9:36.34	H1
21	Matt Pitz, Sr, Beloit College	9:54.89	H1
22	Brett Miller, Sr, Illinois College	9:56.17	H1
23	Matt Nall, So, Illinois College	9:57.31	H1
24	Matt McKay, So, Beloit College	9:59.55	H1
25	Tyler Buddell, Fr, Knox College	10:00.13	H1
26	Josh Williams, Fr, Illinois College	10:04.44	H1

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5000 Meter Run

1	Mackenzie Laska, Sr, St. Norbert College	15:23.91
2	Geoff Bird, Sr, Monmouth College (Il)	15:31.19
3	Ben Worcester, Sr, Ripon College	15:34.85
4	Curran Carlile, Fr, Lawrence University	15:39.06
5	Alex Reich, Sr, Grinnell College	15:40.77
6	Kevin Meyer, Jr, Carroll University	15:50.39
7	David Zane, Sr, Lawrence University	15:52.73
8	Gabe Moreno, Fr, Knox College	15:57.65
9	Lucas Felten, Sr, Ripon College	16:10.11
10	Seth Hawkins, So, St. Norbert College	16:11.30
11	Eric Koenig, Sr, Beloit College	16:12.89
12	Ryan Burke, Fr, Carroll University	16:19.61
13	Nathan Kakazu, So, Grinnell College	16:22.62
14	Matt Gatlin, So, Monmouth College (Il)	16:28.79
15	Dan Krauss, Jr, Grinnell College	16:29.60
16	Tom Coben, Jr, Lawrence University	16:34.29
17	Joe Zambetti, Jr, Carroll University	16:43.52
18	Alex DeVillers, Sr, St. Norbert College	16:49.75
19	Jacob Barr, So, Monmouth College (Il)	17:02.21
20	Tyler Buddell, Fr, Knox College	17:10.87

21 Jason Busack, So, Beloit College	17:18.57
22 Matt Nall, So, Illinois College	17:18.60
23 Quinn Crawford, Fr, Beloit College	17:47.07
24 Christopher Caldwell-Ja, So, Illinois College	20:02.89

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55 Meter Hurdles

Round 1, Heat 1

1 Joe Streepy, So, Illinois College	8.04Q
2 Josiah Norville, Jr, Illinois College	8.09q
3 Brendan Kimble, Fr, Illinois College	8.22q
4 Matt Hassler, Jr, Monmouth College (IL)	8.47q
5 Bill Schaefer, Sr, Knox College	8.61
6 Max Herrmann, So, Ripon College	10.48

Round 1, Heat 2

1 Alex Marchillo, So, Carroll University	7.89Q
2 Jordan Gobert, Sr, St. Norbert College	8.01q
3 Mike Verfuert, Fr, St. Norbert College	8.13q
4 Karston Anderson, So, Monmouth College (IL)	8.27q
5 Bobby Dompeling, So, Carroll University	9.71

Final

1 Alex Marchillo, So, Carroll University	7.85
2 Mike Verfuert, Fr, St. Norbert College	7.98
3 Josiah Norville, Jr, Illinois College	7.99
4 Karston Anderson, So, Monmouth College (IL)	8.02
5 Joe Streepy, So, Illinois College	8.08
6 Jordan Gobert, Sr, St. Norbert College	8.09
7 Brendan Kimble, Fr, Illinois College	8.14
8 Matt Hassler, Jr, Monmouth College (IL)	8.39

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800 Meter Relay

1 Monmouth College (IL) (Kiante Green, Saidu Sesay, Shane Reschke, Logan Hohl)	1:28.98	H2
2 Carroll University (Alex Marchillo, Lj Hyland, Alex Marchillo, Andy Kraus)	1:29.18	H2
3 St. Norbert College (Dann Schneider, Brent Schreiber, Louis Ayensu-Mensah, Mike Verfuert)	1:32.25	H2
4 Ripon College (Mathew Wood, Jamie Reese, Derek Nelson, Majid Abdoulmoumine)	1:33.59	H2
5 Grinnell College (Dylan Boucher, Davis Herrman, Eric Ragan, Scott Phillips)	1:34.95	H1
6 Knox College (Joe Puntoriero, Aramis McGinty, Jmaw Moses, Courtney Jude)	1:35.50	H1
7 Illinois College (Jason Martin, Josiah Norville, Brendan Kimble, Joe Streepy)	1:35.70	H1
8 Beloit College (Terrance Steward, Mat Kahl, Derek Carrier, Kenny Williams)	1:36.75	H2
Lawrence University (Nick Nelson, Tom Fehring, Cameron Blegen, Jesse Peterson)	DNF	H1

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Sprint Medley Relay

1	Ripon College (Mathew Wood, Jamie Reese, Derek Nelson, Cory Zimmerman)	3:35.28	H1
2	St. Norbert College (David Mason, Tyler Seidl, Ryan Ascher, Jake Schneider)	3:38.63	H1
3	Monmouth College (Il)	3:38.81	H1
4	Beloit College (Terrance Steward, Vince Salucci, Kenny Williams, Malcolm Yates)	3:39.20	H2
5	Illinois College (Caleb Cox, Brian Johnson, John Gerding, Sean Peters)	3:43.01	H2
6	Knox College (Jmaw Moses, Courtney Jude, Joe Puntoriero, Matt Brongo)	3:43.56	H1
7	Carroll University (Kirkland Fischel, Nikolai Miskov, Tyler Rowland, Ryan Hanus)	3:43.97	H2
8	Grinnell College (Quinton Banks, Harpreet Singh, Eric Ragan, Sam Krauth)	3:45.61	H2
9	Lawrence University (Nick Nelson, Jesse Peterson, Cameron Blegen, Mike Mangian)	3:48.46	H2

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4x400 Meter Relay

1	Carroll University (Lj Hyland, Andrew Fix, Alex Marchillo, Andy Kraus)	3:22.68	H2
2	Monmouth College (Il) (Garrett Daniel, Eric Brown, Shane Reschke, Logan Hohl)	3:24.45	H2
3	Ripon College (Mathew Wood, Derek Nelson, Jamie Reese, Cory Zimmerman)	3:26.58	H2
4	St. Norbert College (David Mason, Jake Schneider, Nathan Heppe, Ryan Ascher)	3:30.21	H1
5	Illinois College (Sean Peters, Mike Ruyle, Chandler Polyte, Brendan Kimble)	3:31.56	H2
6	Beloit College (Kenny Williams, Aaron Joiner, Jackson Wilkins, Peter Siess)	3:35.69	H2
7	Grinnell College (Davis Herrman, Eric Ragan, Sam Krauth, Noah DeLong)	3:36.85	H1
8	Knox College (Jmaw Moses, Bobby Mueller, Courtney Jude, Matt Brongo)	3:39.16	H1
9	Lawrence University (Sam Stevens, Cameron Blegen, Dan Thoresen, Jesse Peterson)	3:41.84	H1

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Distance Medley Relay

1	St. Norbert College (Mike Linzmeier, David Mason, Benny Swift, Mackenzie Laska)	10:36.20
2	Ripon College (Andrew Thew, Jamie Reese, Spiros Angelakos, Jason Smith)	10:38.23
3	Lawrence University (Dan Thoresen, Jesse Peterson, Mike Mangian, Sam Stevens)	10:43.60

4	Carroll University (Ryan Hanus, Tyler Rowland, Chris Pynenberg, Mitchell Penninger)	10:47.21
5	Grinnell College (Chris Wilson, Eric Ragan, Sam Krauth, Ben Tyler)	10:50.57
6	Beloit College (Malcolm Yates, Aaron Joiner, Peter Siess, Eric Koenig)	10:54.57
7	Monmouth College (Il) (Nate Jones, Dustin Lemley, Tim Bentz, Jonathan Welty)	10:56.67
8	Knox College (Bobby Mueller, Jmaw Moses, Matt Brongo, Gabe Moreno)	10:57.22
9	Illinois College (Brett Miller, Chandler Polyte, Sean Peters, Josh Williams)	11:11.77

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Long Jump

Round 1, Flight 1

1	Dann Schneider, Sr, St. Norbert College	21-8 3/4	(6.62m)q
2	Mike Verfuether, Fr, St. Norbert College	21-6	(6.55m)q
3	Nick Law, Sr, Monmouth College (Il)	20-7 3/4	(6.29m)q
4	Marc Giovininni, Fr, Illinois College	20-5	(6.22m)
5	Max Bellmore, Sr, Ripon College	20-3 1/2	(6.18m)
6	Joe Puntoriero, So, Knox College	20-0 1/2	(6.11m)
7	Evan Konetzke, Sr, Carroll University	19-9 3/4	(6.04m)
8	Sam Goldstein, Sr, Grinnell College	19-1 1/4	(5.82m)
9	Peter Michener, Jr, Knox College	18-3	(5.56m)
10	Bobby Dompeling, So, Carroll University	16-3 3/4	(4.97m)
	Gavin Warnock, Fr, Grinnell College	DNC	

Round 1, Flight 2

1	Michael Blodgett, Sr, Monmouth College (Il)	21-9 1/4	(6.63m)q
2	Jamie Reese, Sr, Ripon College	21-5 1/2	(6.54m)q
3	Kyle Mengarelli, So, Monmouth College (Il)	21-1 3/4	(6.44m)q
4	Brian Johnson, Fr, Illinois College	20-10 3/4	(6.37m)q
5	Derek Carrier, Jr, Beloit College	20-7 3/4	(6.29m)q
6	Luke Johnson, Fr, Grinnell College	20-5 3/4	(6.24m)q
7	Brent Schreiber, Jr, St. Norbert College	19-10 1/4	(6.05m)
8	Courtney Jude, Sr, Knox College	18-11 1/4	(5.77m)
9	Majid Abdoulmoumine, Sr, Ripon College	18-5	(5.61m)
10	Mat Kahl, So, Beloit College	18-3 1/4	(5.57m)
	Jason Martin, Fr, Illinois College	ND	

Final

1	Michael Blodgett, Sr, Monmouth College (Il)	23-0	(7.01m)
		(6.54, 6.63, 6.62, 6.93, 6.80, 7.01)	
		NCAA Division III provisional	
2	Dann Schneider, Sr, St. Norbert College	22-7 3/4	(6.90m)
		(0.00, 0.00, 0.00, F, 6.90, 6.63)	
3	Mike Verfuether, Fr, St. Norbert College	22-4 1/2	(6.82m)
		(6.45, 6.55, 6.54, 6.54, 6.82, 6.54)	
4	Jamie Reese, Sr, Ripon College	21-7 1/4	(6.58m)
		(6.18, 6.42, 6.54, 6.53, 6.58, F)	
5	Kyle Mengarelli, So, Monmouth College (Il)	21-5 1/2	(6.54m)
		(6.20, F, 6.44, 6.54, 6.40, F)	
6	Brian Johnson, Fr, Illinois College	21-3 1/4	(6.48m)
		(6.37, 6.33, 6.22, 6.48, F, 6.45)	
7	Nick Law, Sr, Monmouth College (Il)	21-2 1/2	(6.46m)
		(F, 6.29, 6.15, 6.44, 6.46, 6.33)	
8	Derek Carrier, Jr, Beloit College	20-11 1/4	(6.38m)

(6.02, 6.29, 6.09, 6.38, 6.15, 6.23)
 9 Luke Johnson, Fr, Grinnell College 20-5 3/4 (6.24m)
 (6.24, 6.03, F, 5.89, 6.09, 6.15)

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Triple Jump

Round 1, Flight 1

1 Max Bellmore, Sr, Ripon College	42-6 3/4 (12.97m)q
2 Sam Goldstein, Sr, Grinnell College	41-8 1/2 (12.71m)q
3 Luke Johnson, Fr, Grinnell College	41-6 (12.65m)
4 Spencer Reisbick, Fr, Ripon College	41-3 1/4 (12.58m)
5 Abdi Ali, Fr, Beloit College	39-1 1/4 (11.92m)
Derek Carrier, Jr, Beloit College	DNC
Brian Johnson, Fr, Illinois College	ND
Kenny Andejaski, Jr, Beloit College	DNC

Round 1, Flight 2

1 Adam Sanden, Fr, Monmouth College (Il)	45-7 (13.89m)q
2 Michael Blodgett, Sr, Monmouth College (Il)	44-4 (13.51m)q
3 Dann Schneider, Sr, St. Norbert College	44-0 1/2 (13.42m)q
4 Kyle Mengarelli, So, Monmouth College (Il)	43-6 1/4 (13.26m)q
5 Mike Verfuether, Fr, St. Norbert College	42-11 (13.08m)q
6 Evan Konetzke, Sr, Carroll University	42-8 1/4 (13.01m)q
7 Jason Martin, Fr, Illinois College	41-8 1/2 (12.71m)q
8 Peter Michener, Jr, Knox College	37-6 3/4 (11.45m)

Final

1 Adam Sanden, Fr, Monmouth College (Il)	45-7 (13.89m) (13.50, 13.89, 13.82, F, F, F)
2 Michael Blodgett, Sr, Monmouth College (Il)	44-6 1/4 (13.57m) (13.39, 13.51, F, 13.57, F, F)
3 Max Bellmore, Sr, Ripon College	44-0 1/2 (13.42m) (12.97, F, 12.82, 13.36, 13.42, F)
4 Dann Schneider, Sr, St. Norbert College	44-0 1/2 (13.42m) (F, 13.42, F, F, F, F)
5 Jason Martin, Fr, Illinois College	43-9 3/4 (13.35m) (F, 12.71, F, 12.86, F, 13.35)
6 Kyle Mengarelli, So, Monmouth College (Il)	43-6 (13.26m) (13.26, 13.19, 13.25, F, 12.03, 12.55)
7 Evan Konetzke, Sr, Carroll University	43-1 (13.13m) (12.57, 13.01, F, 13.13, F, F)
8 Mike Verfuether, Fr, St. Norbert College	42-11 (13.08m) (12.72, F, 13.08, 12.81, 12.92, 12.69)
9 Sam Goldstein, Sr, Grinnell College	42-2 3/4 (12.87m) (12.34, 12.71, 12.41, 12.45, 12.87, 12.69)

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Shot Put

Round 1, Flight 1

1 DeAndre Smith, So, Monmouth College (Il)	47-5 1/2 (14.46m)q
2 Kyle Roy, Sr, Ripon College	47-5 1/2 (14.46m)q
3 Cory Tripp, So, Illinois College	44-1 1/4 (13.44m)q
4 Joe McArdle, Fr, St. Norbert College	42-11 3/4 (13.10m)q
5 Austen Jentges, Fr, Ripon College	42-7 (12.98m)

6	Weston Chenoweth, Fr, Knox College	41-7 3/4	(12.69m)
7	Tony Sickley, Jr, Knox College	41-7	(12.67m)
8	Jeremiah Walsh, So, Carroll University	41-1 1/2	(12.53m)
9	Mateo Lauersdorf, Fr, Beloit College	36-0	(10.97m)
10	Athi Selvendran, Fr, Beloit College	29-9 1/4	(9.07m)
11	Adam Johnston, So, Grinnell College	28-8 1/4	(8.74m)
Round 1, Flight 2			
1	Peyton Lumzy, Sr, Monmouth College (Il)	51-3 1/2	(15.63m)q
	NCAA Division III provisional		
2	Sam Cokinos, Sr, Monmouth College (Il)	49-2 3/4	(15.00m)q
3	Jeffrey Shelton, Fr, Illinois College	46-0	(14.02m)q
4	Myles Schneider, So, Beloit College	43-4 1/4	(13.21m)q
5	Jeff Trinka, Sr, Ripon College	42-10 3/4	(13.07m)q
6	Nick Kerkman, Jr, Lawrence University	41-2 1/2	(12.56m)
7	Joe Hogan, Jr, Illinois College	40-6	(12.34m)
8	Jon Koszuta, So, Carroll University	39-0 1/4	(11.89m)
9	Devin Compton, Fr, Knox College	38-4 3/4	(11.70m)
10	Jonathon Fazekas, Fr, Carroll University	37-4	(11.38m)
11	Bryon Betts, So, St. Norbert College	36-7 1/2	(11.16m)
	Stanley Jablonski, Jr, Lawrence University	ND	
Final			
1	Peyton Lumzy, Sr, Monmouth College (Il)	51-3 1/2	(15.63m)
	(14.52, 15.63, F, 14.30, 15.12, 15.63)		
	NCAA Division III provisional		
2	Sam Cokinos, Sr, Monmouth College (Il)	49-2 1/2	(15.00m)
	(14.50, F, 15.00, F, 13.94, 14.94)		
3	DeAndre Smith, So, Monmouth College (Il)	48-11	(14.91m)
	(14.46, 14.45, 14.43, 14.91, 14.34, 14.82)		
4	Kyle Roy, Sr, Ripon College	47-5 1/4	(14.46m)
	(13.65, 14.46, 13.79, 14.10, F, 13.60)		
5	Jeffrey Shelton, Fr, Illinois College	46-0	(14.02m)
	(14.02, 13.20, 13.56, F, 12.80, F)		
6	Cory Tripp, So, Illinois College	44-2	(13.46m)
	(13.44, 13.26, F, F, 13.19, 13.46)		
7	Joe McArdle, Fr, St. Norbert College	44-0 1/2	(13.42m)
	(8.93, 13.10, 13.02, 12.91, 13.12, 13.42)		
8	Myles Schneider, So, Beloit College	43-9 3/4	(13.35m)
	(12.96, 12.18, 13.21, 12.28, 13.35, F)		
9	Jeff Trinka, Sr, Ripon College	43-7	(13.28m)
	(F, 13.07, F, F, 13.28, F)		

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Weight Throw

Round 1, Flight 1

1	Jeff Trinka, Sr, Ripon College	48-10	(14.88m)q
2	Joe Hogan, Jr, Illinois College	45-10 3/4	(13.99m)q
3	Justin Obrien, So, Illinois College	45-10 1/2	(13.98m)q
4	Bryon Betts, So, St. Norbert College	45-5 3/4	(13.86m)q
5	Jake Nysather, So, Monmouth College (Il)	45-2 1/4	(13.77m)
6	Jeremiah Walsh, So, Carroll University	40-6	(12.34m)
7	Devin Compton, Fr, Knox College	39-5 3/4	(12.03m)
8	Tony Sickley, Jr, Knox College	38-10 1/4	(11.84m)
9	Stanley Jablonski, Jr, Lawrence University	34-9 3/4	(10.61m)
10	Mateo Lauersdorf, Fr, Beloit College	31-4 3/4	(9.57m)
11	Kevin Pflaum, So, Grinnell College	31-4 1/2	(9.56m)

Round 1, Flight 2

1	Peyton Lumzy, Sr, Monmouth College (I1)	59-4 1/4	(18.09m)q
	NCAA Division III provisional		
2	DeAndre Smith, So, Monmouth College (I1)	50-4	(15.34m)q
3	Adam Sellner, So, Ripon College	50-2 3/4	(15.31m)q
4	Kyle Roy, Sr, Ripon College	49-9 1/4	(15.17m)q
5	Myles Schneider, So, Beloit College	45-5	(13.84m)q
6	Nick Kerkman, Jr, Lawrence University	45-5	(13.84m)q
7	Cory Tripp, So, Illinois College	42-9 1/2	(13.04m)
8	Jon Koszuta, So, Carroll University	41-10 1/2	(12.76m)
9	Jonathon Fazekas, Fr, Carroll University	38-2 3/4	(11.65m)
10	Dan Johnson, So, Knox College	36-11 1/2	(11.26m)
11	Athi Selvendran, Fr, Beloit College	23-11	(7.29m)

Final

1	Peyton Lumzy, Sr, Monmouth College (I1)	59-4 1/4	(18.09m)
	(F, 16.81, 18.09, F, F, F)		
	NCAA Division III provisional		
2	Adam Sellner, So, Ripon College	50-11 1/2	(15.53m)
	(14.50, F, 15.31, 15.53, 15.32, 15.51)		
3	DeAndre Smith, So, Monmouth College (I1)	50-8 1/4	(15.45m)
	(14.94, 15.34, F, 14.94, 15.18, 15.45)		
4	Kyle Roy, Sr, Ripon College	49-9 1/4	(15.17m)
	(15.17, 14.57, 15.15, 14.78, F, F)		
5	Nick Kerkman, Jr, Lawrence University	48-11 1/2	(14.92m)
	(F, F, 13.84, F, 14.92, 14.06)		
6	Jeff Trinka, Sr, Ripon College	48-10	(14.88m)
	(14.17, 14.65, 14.88, 14.44, 14.85, F)		
7	Myles Schneider, So, Beloit College	47-10	(14.58m)
	(4.72, 13.84, 13.46, F, 14.58, 14.16)		
8	Bryon Betts, So, St. Norbert College	47-7	(14.50m)
	(F, 13.86, 13.44, 14.50, 14.25, 13.22)		
9	Joe Hogan, Jr, Illinois College	45-10 3/4	(13.99m)
	(13.46, 13.99, 13.83, 13.83, F, F)		
10	Justin Obrien, So, Illinois College	45-10 1/2	(13.98m)
	(F, 13.98, 12.85, 13.57, F, F)		

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High Jump

1	Nick Byom, Sr, Monmouth College (I1)	6-9	(2.06m)
	NCAA Division III provisional		
2	Tyler Hannam, Sr, Monmouth College (I1)	6-7 1/2	(2.02m)
	NCAA Division III provisional		
3	Max Bellmore, Sr, Ripon College	6-3 1/2	(1.92m)
4	Matt Hassler, Jr, Monmouth College (I1)	6-1 1/2	(1.87m)
4	Evan Konetzke, Sr, Carroll University	6-1 1/2	(1.87m)
4	Jeremy Schmieder, Jr, Illinois College	6-1 1/2	(1.87m)
7	Andy Kraus, So, Carroll University	5-11 1/2	(1.82m)
8	Spencer Reisbick, Fr, Ripon College	5-5 3/4	(1.67m)
9	Dylan Boucher, Jr, Grinnell College	5-3 3/4	(1.62m)
	Jordan Gobert, Sr, St. Norbert College	NH	
	Ronald Edwards, Fr, Grinnell College	NH	

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Pole Vault

1 Brock McAnally, Sr, Monmouth College (Il)	14-11 (4.55m)
2 Jordan Gobert, Sr, St. Norbert College	13-11 1/4 (4.25m)
3 T J. Boullion, So, Illinois College	13-5 1/4 (4.10m)
3 Jake Day, So, St. Norbert College	13-5 1/4 (4.10m)
3 Andrew Barthel, Fr, Carroll University	13-5 1/4 (4.10m)
6 Chandler Polyte, Fr, Illinois College	12-11 1/2 (3.95m)
6 Tim Teslicka, Fr, Illinois College	12-11 1/2 (3.95m)
8 Kyle Olson, So, Carroll University	12-5 1/2 (3.80m)
8 Jake Lindstrom, Fr, Grinnell College	12-5 1/2 (3.80m)
10 Matt Floyd, So, Beloit College	11-11 3/4 (3.65m)
11 Nathan Hamilton, Fr, Ripon College	10-11 3/4 (3.35m)
12 Zack Belk, Fr, Knox College	10-6 (3.20m)
Marcus Hendrickson, Fr, Carroll University	NH
Jeremy Henkins, Sr, Monmouth College (Il)	NH

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TEAM SCORES

Scored 10-8-6-5-4-3-2-1

55 Meter Dash, 200 Meter Dash, 400 Meter Dash, 800 Meter Run, Mile Run, 3000 Meter Run, 5000 Meter Run, 55 Meter Hurdles, 800 Meter Relay, Sprint Medley Relay, 4x400 Meter Relay, Distance Medley Relay, Long Jump, Triple Jump, Shot Put, Weight Throw, High Jump, Pole Vault

1 Monmouth College (Il)	217.0
2 St. Norbert College	128.0
3 Ripon College	114.0
4 Carroll University	79.5
5 Illinois College	60.0
6 Grinnell College	46.5
7 Lawrence University	26.0
8 Beloit College	18.0
9 Knox College	13.0

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Midwest Conference Championships Women

Bear Athletic Center, Grinnell College

Feb. 25-26, 2011

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55 Meter Dash

Round 1, Heat 1

1	Melissa Norville, So, Illinois College	7.44Q
2	Lindsay Gruenke, Jr, Carroll University	7.51q
3	Jae Moore, Sr, Monmouth College (IL)	7.56q
4	Kari Braatz, Fr, St. Norbert College	7.66q
5	Sara Brown, So, Knox College	7.92
6	Rasheda Hughes, Fr, Beloit College	8.07
7	Rebecca Warner, Fr, Carroll University	8.08
8	Catherine Jensen, So, Beloit College	8.64

Round 1, Heat 2

1	Alexa Allen, Fr, Monmouth College (IL)	7.61Q
2	Lydia Sondalle, Fr, Ripon College	7.61q
3	Chimdiofuma Eze-Echesi, Fr, Illinois College	7.77
4	Nicole Schmidt, So, Ripon College	7.77
5	Kiera Hayes, Sr, Beloit College	8.02
6	Morgan Tiefenbrunn, So, Illinois College	8.20
7	Jelissa Thomas, Fr, Lawrence University	9.09
8	Nilob Nahib, So, Grinnell College	9.72

Round 1, Heat 3

1	Maddy Nelson, Fr, St. Norbert College	7.53Q
2	Kimarri Campbell, Fr, Monmouth College (IL)	7.55q
3	Kristi Weller, Jr, Knox College	7.77
4	Anne Mueller, Sr, St. Norbert College	7.89
5	Emily Clennon, Fr, Grinnell College	8.07
6	Abby VanDeHey, So, Carroll University	8.10
7	Katie Fenster, Fr, Grinnell College	9.23
8	Madeline Sockness, Fr, Ripon College	9.62

Final

1	Jae Moore, Sr, Monmouth College (IL)	7.50
2	Lindsay Gruenke, Jr, Carroll University	7.50
3	Kimarri Campbell, Fr, Monmouth College (IL)	7.53
4	Melissa Norville, So, Illinois College	7.56
5	Alexa Allen, Fr, Monmouth College (IL)	7.56
6	Maddy Nelson, Fr, St. Norbert College	7.57
7	Kari Braatz, Fr, St. Norbert College	7.60
8	Lydia Sondalle, Fr, Ripon College	7.68

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200 Meter Dash

1	Lindsay Gruenke, Jr, Carroll University	25.79	H5
2	Jae Moore, Sr, Monmouth College (Il)	26.77	H5
3	Alexa Allen, Fr, Monmouth College (Il)	26.91	H5
4	Lexie Schaffer, Fr, Ripon College	27.03	H4
5	Maddy Nelson, Fr, St. Norbert College	27.04	H4
6	Kenzie Payton, Fr, Monmouth College (Il)	27.18	H4
7	Kari Braatz, Fr, St. Norbert College	27.23	H4
8	Lydia Sondalle, Fr, Ripon College	27.27	H3
9	Chimdiofuma Eze-Echesi, Fr, Illinois College	27.97	H4
10	Margo Rosandick, Fr, Carroll University	27.98	H3
11	Nicole Schmidt, So, Ripon College	27.99	H3
12	Claire Knowlton, Sr, Knox College	28.04	H2
13	Rebecaa Michalek, So, Carroll University	28.21	H3
14	Kristi Weller, Jr, Knox College	28.36	H2
15	Emily Clennon, Fr, Grinnell College	28.37	H3
16	Yetunde Durotoye, Fr, Knox College	29.05	H2
17	Maia Olsen, Jr, Grinnell College	29.59	H2
18	Sam Luebke, Fr, Lawrence University	30.32	H2
19	Amanda Pavlicek, Jr, Illinois College	30.68	H1
20	Erin Chambers, So, Beloit College	31.12	H1
21	Catherine Jensen, So, Beloit College	31.77	H1
22	Katie Fenster, Fr, Grinnell College	33.29	H1
23	Jenny Gilbertson, Jr, Beloit College	37.45	H1

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400 Meter Dash

1	Lindsay Gruenke, Jr, Carroll University	57.97	H4
	NCAA Division III provisional		
2	Kaci Lierman, Jr, Monmouth College (Il)	60.50	H4
3	Jaclyn Kerner, Fr, St. Norbert College	60.71	H4
4	Whitney Didier, Sr, Monmouth College (Il)	61.02	H4
5	Isabelle Miller, So, Grinnell College	61.05	H4
6	Morgan Leffel, Sr, Monmouth College (Il)	61.45	H3
7	Katherine Larson, So, St. Norbert College	62.17	H3
8	Cassie Wymer, So, Carroll University	62.36	H3
9	Chloe Bohm, Sr, Knox College	62.77	H3
10	Calli Nonnemacher, So, St. Norbert College	63.59	H3
11	Arynn Martin, So, Ripon College	64.83	H1
12	Rasheda Hughes, Fr, Beloit College	65.00	H2
13	Frances Setesak, Fr, Carroll University	66.21	H2
14	Rebecca Ostrowski, So, Ripon College	67.42	H2
15	Allegra Kwong, Sr, Grinnell College	67.50	H2
16	Samantha Bates, Jr, Grinnell College	68.40	H1
17	Kristina Riemer, So, Lawrence University	77.89	H1
18	Madeline Sockness, Fr, Ripon College	81.56	H1

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800 Meter Run

1	Emily Schudrowitz, Jr, St. Norbert College	2:14.75	H3
	NCAA Division III provisional Championships record		
	Was 2:15.43; Erin Kelley, Carroll University, 2007		
2	Rachel Bowden, So, Monmouth College (Il)	2:18.70	H3
3	Sarah Burnell, Fr, Grinnell College	2:19.3	H3
4	Megan Domnick, Jr, St. Norbert College	2:20.8	H3
5	Hannah Andrekus, Fr, St. Norbert College	2:23.72	H3
6	Aron Jackson, So, Monmouth College (Il)	2:25.05	H3
7	Grace Winter, Fr, Ripon College	2:26.46	H2
8	Alyssa Edwards, Fr, Monmouth College (Il)	2:26.48	H3
9	Emma Swanson, Jr, Knox College	2:29.33	H2
10	Julia Wykoff, So, Illinois College	2:29.47	H3
11	Jenny Garcia, Sr, Carroll University	2:30.59	H2
12	Elana Gartner, Fr, Grinnell College	2:32.29	H1
13	Meghan Gannon, Fr, Carroll University	2:35.21	H2
14	Alaina Nesbitt, Jr, Ripon College	2:37.69	H2
15	Chloe Bohm, Sr, Knox College	2:38.67	H3
16	Amanda Dwyer, So, Lawrence University	2:43.08	H1
17	Samantha Younglove, Fr, Ripon College	2:43.12	H1
18	Alyssa Herman, Fr, Lawrence University	2:47.19	H1
19	Rachel Young, Jr, Lawrence University	2:56.36	H1

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Mile Run

1	Emily Schudrowitz, Jr, St. Norbert College	5:09.93	H2
2	Rachel Bowden, So, Monmouth College (Il)	5:10.16	H2
3	Sarah Burnell, Fr, Grinnell College	5:21.15	H2
4	Jess Laurin, Sr, Carroll University	5:22.66	H2
5	Julia Wykoff, So, Illinois College	5:24.14	H2
6	Hannah Andrekus, Fr, St. Norbert College	5:24.30	H2
7	Alyssa Edwards, Fr, Monmouth College (Il)	5:26.03	H2
8	Leah Russell, Sr, Grinnell College	5:26.05	H2
9	Nikki Weichbrod, Jr, Ripon College	5:29.65	H2
10	Aron Jackson, So, Monmouth College (Il)	5:31.03	H2
11	Meg Rudy, Fr, Grinnell College	5:32.75	H2
12	Amanda Whipple, So, St. Norbert College	5:37.32	H2
13	Nicole Hertel, Fr, Carroll University	5:58.76	H1
14	Amanda Armstrong, Sr, Illinois College	6:10.50	H1
15	Emma Hudspath, So, Illinois College	6:12.03	H1
16	Brenna DeGan, So, Knox College	6:13.68	H1
17	Samantha Younglove, Fr, Ripon College	6:17.44	H1
18	Yael Cody, Fr, Knox College	6:32.74	H1
19	Jenn Lloyd, Fr, Knox College	8:37.26	H1

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3000 Meter Run

1	Mary Kate Beyer, Sr, Monmouth College (Il)	10:19.17	H2
2	Rachel Bowden, So, Monmouth College (Il)	10:32.03	H2
3	Amanda Whipple, So, St. Norbert College	10:37.98	H2
4	Stephanie Rouse, So, Grinnell College	10:47.60	H2

5	Jess Laurin, Sr, Carroll University	10:49.62	H2
6	Eden Frazier, Fr, Carroll University	10:55.85	H2
7	Kelsey Timm, Jr, St. Norbert College	10:57.98	H2
8	Alyssa Edwards, Fr, Monmouth College (Il)	11:03.78	H2
9	Marissa Mader, Fr, Carroll University	11:12.64	H2
10	Michelle Matter, So, Ripon College	11:15.72	H2
11	Sara Hasenjager, Fr, St. Norbert College	11:27.60	H2
12	Nikki Weichbrod, Jr, Ripon College	11:37.55	H2
13	Geneva Schulz-Welo, So, Beloit College	11:40.9	H1
14	Laura Reuling, Sr, Ripon College	11:45.93	H1
15	Jacqueline Vautin, So, Grinnell College	12:03.95	H1
16	Anna Ratliff, Fr, Lawrence University	12:04.91	H1
17	Claire Boerigter, Fr, Grinnell College	12:29.07	H1
18	Emma Hudspath, So, Illinois College	12:32.84	H1
19	Amanda Armstrong, Sr, Illinois College	12:42.1	H1

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5000 Meter Run

1	Mary Kate Beyer, Sr, Monmouth College (Il)	17:44.07
2	Amanda Whipple, So, St. Norbert College	18:59.04
3	Michelle Matter, So, Ripon College	19:00.10
4	Kelsey Timm, Jr, St. Norbert College	19:04.79
5	Eden Frazier, Fr, Carroll University	19:07.99
6	Sara Hasenjager, Fr, St. Norbert College	19:17.40
7	Maja Gamble, Sr, Grinnell College	19:21.32
8	Marissa Mader, Fr, Carroll University	19:24.74
9	Tori Beaty, So, Monmouth College (Il)	19:35.27
10	Cassidy White, Fr, Grinnell College	19:42.03
11	Annie Sullivan, Sr, Lawrence University	19:46.94
12	Brittney Frazier, So, Monmouth College (Il)	19:48.94
13	Metzere Bierlein De La, So, Grinnell College	20:08.35
14	Laura Reuling, Sr, Ripon College	20:12.31
15	Geneva Schulz-Welo, So, Beloit College	20:12.57
16	Katie Williams, So, Ripon College	20:33.13
17	Anna Ratliff, Fr, Lawrence University	21:04.62
18	Katie Harlan, Fr, Carroll University	22:59.05

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55 Meter Hurdles

Round 1, Heat 1

1	Alexa Allen, Fr, Monmouth College (Il)	8.50Q
	NCAA Division III provisional	
2	Andrea Bosman, So, St. Norbert College	9.06q
3	Morgan Ryan, Fr, Monmouth College (Il)	9.07q
4	Megan Stringer, So, Illinois College	9.10q
5	Anne Mueller, Sr, St. Norbert College	9.17q
6	Claire Knowlton, Sr, Knox College	9.57
7	Jessica Pomrening, Jr, Carroll University	9.88

Round 1, Heat 2

1	Melissa Norville, So, Illinois College	8.28Q
	NCAA Division III provisional	
	Championships record	

	Was 8.33; Shannon Turczyn, Monmouth College, 2009	
2	Krystal Sterling, So, Carroll University	9.06q
3	Margo Rosandick, Fr, Carroll University	9.16q
4	Amanda Yenter, Fr, St. Norbert College	9.35
5	Emma Swanson, Jr, Knox College	9.64
6	Arynn Martin, So, Ripon College	10.12
7	Ellie Daniels, So, Beloit College	10.36
Final		
1	Melissa Norville, So, Illinois College	8.24
	NCAA Division III provisional	
	NCAA Division III automatic	
	Championships record	
2	Alexa Allen, Fr, Monmouth College (Il)	8.35
	NCAA Division III provisional	
3	Andrea Bosman, So, St. Norbert College	8.92
4	Megan Stringer, So, Illinois College	8.99
5	Morgan Ryan, Fr, Monmouth College (Il)	9.05
6	Krystal Sterling, So, Carroll University	9.13
7	Margo Rosandick, Fr, Carroll University	9.27
8	Anne Mueller, Sr, St. Norbert College	9.52

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800m Meter Relay

1	Carroll University (Lindsay Gruenke, Cassie Wymer, Margo Rosandick, Rebecaa Michalek)	1:47.34	H2
2	St. Norbert College (Kari Braatz, Maddy Nelson, Jaclyn Kerner, Megan Domnick)	1:47.50	H2
3	Ripon College (Nicole Schmidt, Lydia Sondalle, Lexie Schaffer, Rebecca Ostrowski)	1:51.00	H2
4	Knox College (Kristi Weller, Claire Knowlton, Laura Johnson, Sara Brown)	1:53.53	H2
5	Beloit College (Kiera Hayes, Rasheda Hughes, Ellie Daniels, Camilla Jackson)	1:54.4	H1
6	Grinnell College (Emily Clennon, Maia Olsen, Samantha Bates, Christine Ajinjeru)	1:56.5	H1
7	Illinois College (Morgan Tiefenbrunn, Leslie Beatty, Amanda Pavlicek, Chimdiofuma Eze-Echesi)	1:58.0	H1
8	Lawrence University (Sam Luebke, Lin Zhao, Jelissa Thomas, Katherine Dannecker)	2:08.34	H1
	Monmouth College (Il)		DQ H2

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Sprint Medley Relay

1	St. Norbert College (Emily Schudrowitz, Calli Nonnemacher, Jaclyn Kerner, Megan Domnick)	4:16.32	H1
2	Grinnell College (Emily Clennon, Christine Ajinjeru, Isabelle Miller, Sarah Burnell)	4:17.39	H2
3	Monmouth College (Il) (Kenzie Payton, Morgan Leffel, Kaci Lierman, Whitney Didier)	4:18.47	H1
4	Knox College (Kristi Weller, Claire Knowlton, Chloe Bohm, Emma Swanson)	4:19.81	H2
5	Ripon College (Nicole Schmidt, Lydia Sondalle, Lexie		

Schaffer, Grace Winter)	4:21.32	H2
6 Carroll University (Cassie Wymer, Rebecaa Michalek, Kayla Koll, Jenny Garcia)	4:32.97	H1
7 Beloit College (Rasheda Hughes, Alex Hinck, Kiera Hayes, Camilla Jackson)	4:39.49	H1
8 Illinois College (Chimdiofuma Eze-Echesi, Leslie Beatty, Morgan Tiefenbrunn, Amber Armstrong)	4:51.96	H2
9 Lawrence University (Sam Luebke, Lin Zhao, Katherine Dannecker, Amanda Dwyer)	5:04.42	H2

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4x400 Meter Relay

1 Monmouth College (Il) (Jae Moore, Morgan Leffel, Whitney Didier, Kaci Lierman)	4:05.48	H2
2 St. Norbert College (Jaclyn Kerner, Megan Domnick, Hannah Andrekus, Calli Nonnemacher)	4:06.18	H2
3 Carroll University (Rebecaa Michalek, Margo Rosandick, Cassie Wymer, Lindsay Gruenke)	4:07.54	H2
4 Grinnell College (Meg Rudy, Sarah Burnell, Christine Ajinjeru, Isabelle Miller)	4:10.76	H2
5 Knox College (Emma Swanson, Claire Knowlton, Rayann Parkinson, Chloe Bohm)	4:21.14	H2
6 Ripon College (Lexie Schaffer, Lydia Sondalle, Grace Winter, Arynn Martin)	4:24.03	H1
7 Beloit College (Kiera Hayes, Rasheda Hughes, Alex Hinck, Camilla Jackson)	4:26.23	H1
8 Illinois College (Morgan Tiefenbrunn, Amber Armstrong, Julia Wykoff, Megan Stringer)	4:35.91	H1
9 Lawrence University (Alyssa Herman, Rachel Young, Kristina Riemer, Amanda Dwyer)	5:07.34	H1

[55](#) | [200](#) | [400](#) | [800](#) | [MILE](#) | [3000](#) | [5000](#) | [55H](#) | [4X200](#) | [SMR](#)
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Distance Medley Relay

1 Monmouth College (Il) (Marlee Lane, Kenzie Payton, Brittney Frazier, Mary Kate Beyer)	12:51.15
2 Ripon College (Nikki Weichbrod, Lexie Schaffer, Alaina Nesbitt, Michelle Matter)	13:03.76
3 Grinnell College (Leah Russell, Christine Ajinjeru, Samantha Bates, Meg Rudy)	13:07.67
4 St. Norbert College (Erin McShea, Nikki Swanson, Melissa Menne, Sara Hasenjager)	13:15.54
5 Beloit College (Camilla Jackson, Kiera Hayes, Alex Hinck, Geneva Schulz-Welo)	13:50.58
6 Lawrence University (Amanda Dwyer, Sam Luebke, Alyssa Herman, Annie Sullivan)	13:51.90
7 Carroll University (Nicole Hertel, Rebecca Warner, Jessica Pomrening, Meghan Gannon)	13:55.81
8 Illinois College (Emma Hudspath, Morgan Tiefenbrunn, Amber Armstrong, Amanda Armstrong)	14:36.04
9 Knox College (Yael Cody, Rayann Parkinson, Jenny Linder, Brenna DeGan)	14:59.07

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Long Jump

Round 1, Flight 1

1	Morgan Leffel, Sr, Monmouth College (Il)	16-10 1/2	(5.14m)q
2	Krystal Sterling, So, Carroll University	15-9 3/4	(4.82m)q
3	Isabelle Miller, So, Grinnell College	15-3 1/2	(4.66m)q
4	Katherine Larson, So, St. Norbert College	15-3 1/2	(4.66m)q
5	Ellie Daniels, So, Beloit College	14-10 1/2	(4.53m)
6	Kaylie Prince, Fr, Knox College	12-8 3/4	(3.88m)
7	Lin Zhao, So, Lawrence University	11-6 3/4	(3.52m)
8	Madeline Sockness, Fr, Ripon College	10-3	(3.12m)
	Arynn Martin, So, Ripon College		ND

Round 1, Flight 2

1	Melissa Norville, So, Illinois College	18-11 1/4	(5.77m)q
	NCAA Division III provisional		
	NCAA Division III automatic		
	Championships record		
	Was 18-5 3/4 (5.63m); Constance Jackson, Monmouth College, 2001, Paula Hageman, Ripon College, 1993		
2	MacKinsey Marquith, So, Monmouth College (Il)	18-0 1/4	(5.49m)q
	NCAA Division III provisional		
3	Bailey Jackson, Fr, Monmouth College (Il)	17-5 1/2	(5.32m)q
4	Megan Stringer, So, Illinois College	15-10 1/4	(4.83m)q
5	Grace Shelstad, Fr, Carroll University	15-5 1/2	(4.71m)q
6	Sarah Albert, So, St. Norbert College	15-2 1/4	(4.63m)
7	Kari Braatz, Fr, St. Norbert College	15-2 1/4	(4.63m)
8	Emmaly Schwartz, Fr, Carroll University	14-1 3/4	(4.31m)
9	Allegra Kwong, Sr, Grinnell College	13-11 3/4	(4.26m)
	Delaney Gould, Fr, Knox College		DNC

Final

1	Melissa Norville, So, Illinois College	18-11 1/4	(5.77m)
	(5.77, 5.34, F, F, F, F)		
	NCAA Division III provisional		
	NCAA Division III automatic		
	Championships record		
2	MacKinsey Marquith, So, Monmouth College (Il)	18-0 1/4	(5.49m)
	(5.49, F, 5.45, 4.98, 5.14, 5.28)		
	NCAA Division III provisional		
3	Bailey Jackson, Fr, Monmouth College (Il)	17-5 1/2	(5.32m)
	(5.12, 5.32, 5.22, 4.99, 5.20, 5.14)		
4	Morgan Leffel, Sr, Monmouth College (Il)	16-10 1/2	(5.14m)
	(5.14, 4.98, 5.03, 4.97, F, F)		
5	Megan Stringer, So, Illinois College	16-3	(4.95m)
	(F, 4.76, 4.83, 4.71, 4.86, 4.95)		
6	Krystal Sterling, So, Carroll University	16-0 1/4	(4.88m)
	(4.81, F, 4.82, F, 4.88, 4.67)		
7	Isabelle Miller, So, Grinnell College	15-11 1/2	(4.86m)
	(4.62, 4.61, 4.66, 4.77, 4.86, F)		
8	Katherine Larson, So, St. Norbert College	15-9 3/4	(4.82m)
	(4.54, 4.60, 4.66, 4.69, 4.82, 4.77)		
9	Grace Shelstad, Fr, Carroll University	15-6 3/4	(4.74m)
	(4.49, 4.71, 4.46, 4.59, F, 4.74)		

[55](#) | [200](#) | [400](#) | [800](#) | [MILE](#) | [3000](#) | [5000](#) | [55H](#) | [4X200](#) | [SMR](#)

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Triple Jump

Round 1, Flight 1

1	Melissa Norville, So, Illinois College	39-0 1/2	(11.90m)q
	NCAA Division III provisional		
	NCAA Division III automatic		
	Championships record		
Was	37-10 3/4 (11.55m); Kara Kuhrts, Monmouth College, 2003		
2	Bailey Jackson, Fr, Monmouth College (Il)	36-0 1/4	(10.98m)q
3	MacKinsey Marquith, So, Monmouth College (Il)	35-8 1/2	(10.88m)q
4	Morgan Leffel, Sr, Monmouth College (Il)	34-5 1/2	(10.50m)q
5	Katherine Larson, So, St. Norbert College	33-7 1/4	(10.24m)q
6	Grace Shelstad, Fr, Carroll University	33-0 1/2	(10.07m)q
7	Krystal Sterling, So, Carroll University	32-9 1/2	(9.99m)q
8	Isabelle Miller, So, Grinnell College	32-1 1/2	(9.79m)q
9	Sarah Albert, So, St. Norbert College	31-8 3/4	(9.67m)q
10	Ellie Daniels, So, Beloit College	31-3 3/4	(9.54m)
11	Madeline Zettel, Fr, Carroll University	30-2 3/4	(9.21m)
	Kaylie Prince, Fr, Knox College		DNC

Final

1	Melissa Norville, So, Illinois College	39-0 1/2	(11.90m)
	(F, 11.32, 11.90, 11.67, F, F)		
	NCAA Division III provisional		
	NCAA Division III automatic		
	Championships record		
2	Bailey Jackson, Fr, Monmouth College (Il)	36-1 1/2	(11.01m)
	(10.87, 10.97, 10.98, 10.79, 11.01, 10.91)		
3	MacKinsey Marquith, So, Monmouth College (Il)	35-8 1/2	(10.88m)
	(10.47, 10.73, 10.88, 10.64, 10.73, F)		
4	Krystal Sterling, So, Carroll University	34-11	(10.64m)
	(F, F, 9.99, F, 10.64, F)		
5	Morgan Leffel, Sr, Monmouth College (Il)	34-5 1/2	(10.50m)
	(10.21, 10.50, 9.94, 10.31, F, 10.48)		
6	Katherine Larson, So, St. Norbert College	33-7 1/4	(10.24m)
	(10.24, 10.03, 9.44, 9.67, F, 9.95)		
7	Grace Shelstad, Fr, Carroll University	33-5 1/4	(10.19m)
	(10.04, 10.03, 10.07, 9.62, 10.19, 10.02)		
8	Isabelle Miller, So, Grinnell College	32-1 1/2	(9.79m)
	(9.58, 9.79, 9.59, 9.64, 9.56, 9.56)		
9	Sarah Albert, So, St. Norbert College	31-8 3/4	(9.67m)
	(F, 9.67, 9.46, F, F, 9.41)		

[55](#) | [200](#) | [400](#) | [800](#) | [MILE](#) | [3000](#) | [5000](#) | [55H](#) | [4X200](#) | [SMR](#)
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Shot Put

Round 1, Flight 1

1	Amanda Streeter, Jr, Monmouth College (Il)	40-9	(12.42m)q
2	Megan Huey, Jr, Grinnell College	35-11 1/2	(10.96m)q
3	Raven Robinson, Fr, Monmouth College (Il)	35-8	(10.87m)q
4	Becky Weinrich, Fr, St. Norbert College	35-1 3/4	(10.71m)q
5	Ashley Roller, Fr, Illinois College	34-8 1/4	(10.57m)
6	Glyniss Boney, So, Knox College	28-0	(8.53m)
7	Jennifer Yeoward, Sr, Illinois College	27-8 3/4	(8.45m)
8	Amber Braski, Fr, Carroll University	27-8 3/4	(8.45m)
9	Nicole Sipfle, So, Grinnell College	27-4 1/2	(8.34m)
10	Breanna Catarozoli, Jr, Carroll University	27-3 3/4	(8.32m)

Round 1, Flight 2

1	Allison Devor, So, Monmouth College (Il)	43-7 1/4	(13.29m)q
	NCAA Division III provisional		
2	Jessica Brungardt, Jr, Ripon College	36-6 3/4	(11.14m)q
3	Kate Schabach, Fr, St. Norbert College	35-10 1/2	(10.93m)q
4	Jordan Young, Fr, Grinnell College	35-5	(10.79m)q
5	Amani Edwards, Jr, Beloit College	35-3	(10.74m)q
6	Megan Stringer, So, Illinois College	31-1	(9.47m)
7	Janean Leahy, Fr, Carroll University	30-6 1/2	(9.31m)
8	Erika Moen, So, Beloit College	29-11 1/4	(9.12m)
9	Sophia Mwaura, Fr, Knox College	29-4 3/4	(8.96m)
10	Catie McLaughllin, Fr, Knox College	23-8	(7.21m)
11	Melissa Fiegel, So, Beloit College	20-7 3/4	(6.29m)

Final

1	Allison Devor, So, Monmouth College (Il)	43-7 1/4	(13.29m)
	(12.95, 13.29, 12.72, 12.69, 13.25, 13.17)		
	NCAA Division III provisional		
2	Amanda Streeter, Jr, Monmouth College (Il)	41-7 1/4	(12.68m)
	(F, 12.42, F, F, 11.78, 12.68)		
3	Amani Edwards, Jr, Beloit College	38-0 3/4	(11.60m)
	(9.34, 10.28, 10.74, 10.98, 10.45, 11.60)		
4	Raven Robinson, Fr, Monmouth College (Il)	36-10 1/2	(11.24m)
	(10.87, F, F, 10.74, 9.57, 11.24)		
5	Jessica Brungardt, Jr, Ripon College	36-7	(11.15m)
	(11.14, 10.66, 10.70, 11.15, 10.55, 10.85)		
6	Megan Huey, Jr, Grinnell College	36-2 1/4	(11.03m)
	(F, 10.96, 9.83, F, 11.03, F)		
7	Kate Schabach, Fr, St. Norbert College	35-10 1/2	(10.93m)
	(9.90, 10.69, 10.93, 10.36, 10.29, F)		
8	Jordan Young, Fr, Grinnell College	35-4 3/4	(10.79m)
	(10.43, 10.38, 10.79, 10.51, 10.04, 10.03)		
9	Becky Weinrich, Fr, St. Norbert College	35-1 3/4	(10.71m)
	(10.21, 10.48, 10.71, F, F, F)		

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Weight Throw

Round 1, Flight 1

1	Allison Devor, So, Monmouth College (Il)	55-8 1/4	(16.97m)q
	NCAA Division III provisional		
	Championships record		
Was	52-9 1/2 (16.09m); Stephanie Muller, Beloit College, 2001		
2	Amanda Streeter, Jr, Monmouth College (Il)	48-8 3/4	(14.85m)q
3	Amani Edwards, Jr, Beloit College	43-5	(13.23m)q
4	Jessica Brungardt, Jr, Ripon College	42-3 1/4	(12.88m)q
5	Ashley Roller, Fr, Illinois College	42-1 1/2	(12.84m)q
6	Jennifer Yeoward, Sr, Illinois College	38-9 3/4	(11.83m)q
7	Erika Moen, So, Beloit College	38-4	(11.68m)q
8	Jordan Young, Fr, Grinnell College	30-11	(9.42m)
9	Janean Leahy, Fr, Carroll University	29-8 3/4	(9.06m)
	Breanna Catarozoli, Jr, Carroll University	ND	

Round 1, Flight 2

1	Raven Robinson, Fr, Monmouth College (Il)	47-9	(14.55m)q
2	Amanda Trieloff, Jr, Carroll University	41-11 1/4	(12.78m)q
3	Becky Weinrich, Fr, St. Norbert College	37-2 1/4	(11.33m)
4	Sophia Mwaura, Fr, Knox College	33-10 1/4	(10.32m)
5	Heather Kubicek, Jr, Grinnell College	29-10 1/4	(9.10m)

6	Erica Schmidt, Fr, Lawrence University	29-7 1/4 (9.02m)
7	Catie McLaughllin, Fr, Knox College	28-6 1/2 (8.70m)
8	Melissa Fiegel, So, Beloit College	27-2 3/4 (8.30m)
9	Nadine Baranshamaje, Sr, Grinnell College	23-5 1/4 (7.14m)
10	Glyniss Boney, So, Knox College	22-7 3/4 (6.90m)
	Kate Schabach, Fr, St. Norbert College	DNC

Final

1	Allison Devor, So, Monmouth College (Il)	56-4 1/2 (17.18m)
	(16.73, 16.97, 15.29, F, 17.09, 17.18)	
	NCAA Division III provisional	
	Championships record	
2	Raven Robinson, Fr, Monmouth College (Il)	50-11 1/2 (15.53m)
	(14.55, P, 14.37, 13.63, 14.85, 15.53)	
3	Amanda Streeter, Jr, Monmouth College (Il)	48-8 3/4 (14.85m)
	(14.85, 14.50, 14.52, F, F, F)	
4	Amani Edwards, Jr, Beloit College	46-8 3/4 (14.24m)
	(13.23, F, F, F, 13.03, 14.24)	
5	Jessica Brungardt, Jr, Ripon College	42-3 1/4 (12.88m)
	(12.03, 10.61, 12.88, 11.69, 12.76, F)	
6	Ashley Roller, Fr, Illinois College	42-1 1/2 (12.84m)
	(F, 12.38, 12.84, 12.59, 12.04, 12.77)	
7	Amanda Trieloff, Jr, Carroll University	41-11 1/4 (12.78m)
	(12.78, 12.07, 12.58, 10.06, F, 11.13)	
8	Jennifer Yeoward, Sr, Illinois College	38-9 3/4 (11.83m)
	(11.83, 11.46, 10.98, 10.89, 11.22, F)	
9	Erika Moen, So, Beloit College	38-4 (11.68m)
	(11.68, F, F, 11.09, F, 11.07)	

[55](#) | [200](#) | [400](#) | [800](#) | [MILE](#) | [3000](#) | [5000](#) | [55H](#) | [4X200](#) | [SMR](#)
[4X400](#) | [DMR](#) | [LJ](#) | [TJ](#) | [SP](#) | [WT](#) | [HJ](#) | [PV](#) | [Top](#) | [Scores](#)

High Jump

1	Lexie Schaffer, Fr, Ripon College	5-1 1/4 (1.56m)
2	Chelsey Widdop, So, Monmouth College (Il)	4-11 1/2 (1.51m)
3	Cathryn Ferris, Sr, Illinois College	4-11 1/2 (1.51m)
4	Andrea Bosman, So, St. Norbert College	4-11 1/2 (1.51m)
5	Emily Tysma, Fr, Monmouth College (Il)	4-11 1/2 (1.51m)
6	Karissa Kaiser, Fr, St. Norbert College	4-9 1/2 (1.46m)
7	Amanda Pavlicek, Jr, Illinois College	4-7 1/2 (1.41m)
8	Catherine Jensen, So, Beloit College	4-3 1/2 (1.31m)
8	Chloe Parizek, Fr, Carroll University	4-3 1/2 (1.31m)
	Arynn Martin, So, Ripon College	NH
	Dora Maslinski, Fr, Beloit College	NH
	Kaylie Prince, Fr, Knox College	NH

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Pole Vault

1	Whitney Didier, Sr, Monmouth College (Il)	11-7 3/4 (3.55m)
	NCAA Division III provisional	
2	Morgan Ryan, Fr, Monmouth College (Il)	10-2 (3.10m)
3	Danielle Krause, Jr, St. Norbert College	9-8 (2.95m)
4	Kayla Koll, Jr, Carroll University	9-8 (2.95m)
5	Jenne Wiedemeier, Fr, St. Norbert College	9-2 1/4 (2.80m)
6	Morgan Leffel, Sr, Monmouth College (Il)	8-8 1/4 (2.65m)

7 Sachi Graber, Jr, Grinnell College	8-2 1/2 (2.50m)
8 Katharine Finman, So, Beloit College	8-2 1/2 (2.50m)
8 Lindsay Johnson, Fr, Carroll University	8-2 1/2 (2.50m)
10 Elizabeth Peckham, Jr, Beloit College	7-8 1/2 (2.35m)
11 Leslie Beatty, Fr, Illinois College	7-2 1/2 (2.20m)
12 Laura Johnson, Jr, Knox College	7-2 1/2 (2.20m)

[55](#) | [200](#) | [400](#) | [800](#) | [MILE](#) | [3000](#) | [5000](#) | [55H](#) | [4X200](#) | [SMR](#)
[4X400](#) | [DMR](#) | [LJ](#) | [TJ](#) | [SP](#) | [WT](#) | [HJ](#) | [PV](#) | [Top](#) | [Scores](#)

TEAM SCORES

Scored 10-8-6-5-4-3-2-1

55 Meter Dash, 200 Meter Dash, 400 Meter Dash, 800 Meter Run, Mile Run, 3000 Meter Run, 5000 Meter Run, 55 Meter Hurdles, 800m Meter Relay, Sprint Medley Relay, 4x400 Meter Relay, Distance Medley Relay, Long Jump, Triple Jump, Shot Put, Weight Throw, High Jump, Pole Vault

1	Monmouth College (IL)	259.0
2	St. Norbert College	137.0
3	Carroll University	90.0
4	Illinois College	65.0
5	Grinnell College	55.0
6	Ripon College	54.0
7	Beloit College	24.0
8	Knox College	14.0
9	Lawrence University	4.0

[Click here](#) for data on men

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