

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****Women 60 Meter Dash****Top 8 Advance by Time**

Conference: # 7.65 2020 Andrea Hyde, Illinois College					
Name	Year	School	Seed	Prelims	H#
<b>Preliminaries</b>					
1	Peckham, Jordan	Monmouth (Ill.)	7.94	7.86q	1
2	Spalding, Emma	Ripon	8.09	7.98q	3
3	Furch, Alayna	Beloit	8.23	8.20q	1 8.195
4	Villarreal, Alyssa	Monmouth (Ill.)	8.22	8.20q	2 8.199
5	Wallace, Brianna	Illinois College	8.28	8.21q	1
6	McDonald, Jordyn	Beloit	8.19	8.22q	3
7	Hearon, Kayla	Illinois College	8.30	8.23q	2
8	Hoyer, Nicole	Monmouth (Ill.)	8.32	8.24q	3
9	Block, Kara	Ripon	8.31	8.27	3
10	Olowu, Paige	Grinnell	8.06	8.29	2
11	Balfour, Peyton	Knox	8.57	8.44	1
12	Edassery, Sonia	Grinnell	8.52	8.48	2
13	Dockins, Allie	Knox	8.55	8.50	1
14	Billups, Victoria	Illinois College	8.78	8.84	2 8.835
15	Echols, Jaeonie	Beloit	8.86	8.84	3 8.840
16	Thomas, Courtnie	Beloit	9.67	9.47	3

**Women 60 Meter Dash**

Conference: # 7.65 2020 Andrea Hyde, Illinois College					
Name	Year	School	Prelims	Finals	H#
<b>Finals</b>					
1	Peckham, Jordan	Monmouth (Ill.)	7.86	7.80	2
2	Spalding, Emma	Ripon	7.98	7.96	2
3	McDonald, Jordyn	Beloit	8.22	8.17	1
4	Villarreal, Alyssa	Monmouth (Ill.)	8.20	8.18	2
5	Furch, Alayna	Beloit	8.20	8.21	2
6	Hoyer, Nicole	Monmouth (Ill.)	8.24	8.31	1
7	Hearon, Kayla	Illinois College	8.23	8.32	1
8	Wallace, Brianna	Illinois College	8.21	8.34	1

**Women 200 Meter Dash**

Conference: # 25.38 2001 Constance Jackson, Monmouth College					
Name	Year	School	Seed	Finals	H#
1	Peckham, Jordan	Monmouth (Ill.)	26.15	25.57	5
2	Spalding, Emma	Ripon	26.55	25.99	5
3	McDonald, Jordyn	Beloit	27.11	26.88	5
4	Rahn, Payton	Ripon	27.16	26.99	5
5	Furch, Alayna	Beloit	27.38	27.14	4
6	Olowu, Paige	Grinnell	27.37	27.38	5
7	Hoyer, Nicole	Monmouth (Ill.)	27.52	27.46	4
8	Hearon, Kayla	Illinois College	27.93	27.48	4
9	Block, Kara	Ripon	27.67	27.82	4
10	Edassery, Sonia	Grinnell	28.02	27.87	4
11	Brown, Sidney	Cornell College	28.46	28.10	3
12	Crowe, Maile	Grinnell	28.20	28.22	3

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Women 200 Meter Dash**

13	Wallace, Brianna	Illinois College	28.41	28.50	3
14	Damste, Candis	Beloit	29.87	29.26	2
15	Villarreal, Alyssa	Monmouth (Ill.)	28.93	29.27	3
16	Wessel, Gretchen	Illinois College	29.99	29.33	2
17	Walter, Connie	Beloit	31.60	30.87	1
18	Jankowski, Maria	Lawrence	29.41	30.88	3
19	McClure, Erica	Grinnell	31.29	31.19	2
20	Greenly, Grace	Lake Forest	31.50	31.75	2
21	Carey, Mary Laura	Lake Forest	36.34	36.32	1
22	Heard, Jessica	Lake Forest		37.72	1

**Women 400 Meter Dash**

Conference: # 56.86 2008		Ashley Graybill, St Norbert College			
Name	Year	School	Seed	Finals	H#
1	Peckham, Jordan	Monmouth (Ill.)	59.08	59.21	4
	28.058 (28.058)	59.208 (31.150)			
2	Rahn, Payton	Ripon	1:01.24	1:01.65	4
	29.199 (29.199)	1:01.646 (32.447)			
3	Furch, Alayna	Beloit	1:02.67	1:02.48	4
	29.713 (29.713)	1:02.480 (32.767)			
4	Brown, Sidney	Cornell College	1:03.27	1:03.05	4
	30.263 (30.263)	1:03.048 (32.785)			
5	Frasca, Athena	Grinnell	1:08.58	1:03.52	2
	28.994 (28.994)	1:03.516 (34.522)			
6	Hoyer, Nicole	Monmouth (Ill.)	1:03.52	1:03.58	4
	30.638 (30.638)	1:03.574 (32.936)			
7	Hilmes, Kristina	Illinois College	1:04.53	1:04.34	3
	30.141 (30.141)	1:04.336 (34.195)			
8	McMahon, Montana	Beloit	1:05.10	1:04.59	3
	30.889 (30.889)	1:04.589 (33.700)			
9	Staker, Sadie	Grinnell	1:03.63	1:04.67	3
	30.276 (30.276)	1:04.670 (34.394)			
10	Garcia, Sara	Grinnell	1:04.44	1:04.94	3
	31.294 (31.294)	1:04.933 (33.639)			
11	Ibarra, Devin	Ripon	1:06.05	1:05.77	3
	31.681 (31.681)	1:05.764 (34.083)			
12	Loos-Austin, Rose	Beloit	1:06.79	1:06.52	2
	30.832 (30.832)	1:06.520 (35.688)			
13	Rivera, Ainara	Knox	1:11.76	1:11.03	2
	32.437 (32.437)	1:11.026 (38.589)			
14	Stanich, Jaicey	Lawrence	1:12.72	1:12.32	2
	33.537 (33.537)	1:12.312 (38.775)			
15	Endicott, Amanda	Lawrence	1:14.81	1:18.19	2
	34.345 (34.345)	1:18.184 (43.839)			
16	Carey, Mary Laura	Lake Forest	1:23.48	1:23.41	1
	37.864 (37.864)	1:23.403 (45.539)			
17	Heard, Jessica	Lake Forest	1:27.75	1:24.70	1
	39.396 (39.396)	1:24.700 (45.304)			
18	Cruz, Heidi	Lake Forest	1:27.40	1:27.32	1
	39.890 (39.890)	1:27.320 (47.430)			

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**  
**Track & Field Championships**  
**Knox College**  
**Results**

**Women 800 Meter Run**

Conference: # 2:11.71 2017		Brittany Kozlowski, St Norbert College			
Name	Year	School	Seed	Finals	H#
1 Weddle, Makaila		Ripon	2:21.73	2:23.97	3
35.042 (35.042)	1:12.382 (37.340)		1:49.705 (37.323)	2:23.965 (34.260)	
2 Paglia, Audrey		Lake Forest	2:26.80	2:24.94	3
35.088 (35.088)	1:12.563 (37.475)		1:49.830 (37.267)	2:24.937 (35.107)	
3 Engebretson, Grace		Ripon	2:28.33	2:25.05	3
35.317 (35.317)	1:12.819 (37.502)		1:49.847 (37.028)	2:25.046 (35.199)	
4 Fisher, Kara		Monmouth (Ill.)	2:27.22	2:28.74	3
35.627 (35.627)	1:13.358 (37.731)		1:51.294 (37.936)	2:28.734 (37.440)	
5 Bodnar, Lilia		Lawrence	2:27.06	2:29.14	3
35.402 (35.402)	1:13.203 (37.801)		1:51.031 (37.828)	2:29.139 (38.108)	
6 Hawksford, Leah		Lawrence	2:31.33	2:29.56	3
35.603 (35.603)	1:13.543 (37.940)		1:51.583 (38.040)	2:29.551 (37.968)	
7 Hofmann, Arika		Monmouth (Ill.)	2:29.21	2:32.62	3
36.135 (36.135)	1:15.062 (38.927)		1:55.360 (40.298)	2:32.613 (37.253)	
8 Willett, Isabelle		Ripon	2:29.68	2:32.91	3
36.723 (36.723)	1:15.255 (38.532)		1:55.391 (40.136)	2:32.902 (37.511)	
9 Reid, Sam		Grinnell	2:31.71	2:33.06	3
36.812 (36.812)	1:15.648 (38.836)		1:55.236 (39.588)	2:33.057 (37.821)	
10 Moore, Mik		Monmouth (Ill.)	2:34.39	2:33.65	2
35.327 (35.327)	1:15.248 (39.921)		1:55.172 (39.924)	2:33.644 (38.472)	
11 Kaczmarczyk, Crystal		Grinnell	2:41.05	2:39.35	2
37.768 (37.768)	1:17.673 (39.905)		1:59.889 (42.216)	2:39.350 (39.461)	
12 Jorgensen, Delfina		Lake Forest	2:42.38	2:39.82	2
37.342 (37.342)	1:15.017 (37.675)		1:56.237 (41.220)	2:39.819 (43.582)	
13 Valentine, Aspen		Beloit	2:38.39	2:41.92	2
39.205 (39.205)	1:22.073 (42.868)		2:04.553 (42.480)	2:41.914 (37.361)	
14 Klassen, Kylie		Grinnell	2:46.81	2:43.65	2
38.392 (38.392)	1:18.244 (39.852)		2:00.732 (42.488)	2:43.642 (42.910)	
15 Carus, Marianna		Beloit	2:40.65	2:44.56	2
40.681 (40.681)	1:22.512 (41.831)		2:05.597 (43.085)	2:44.556 (38.959)	
16 Czuj, Josephine		Beloit	2:47.05	2:46.58	2
40.971 (40.971)	1:22.825 (41.854)		2:06.119 (43.294)	2:46.580 (40.461)	
17 Walsh, Taylor		Cornell College	2:53.28	2:51.38	1
36.985 (36.985)	1:18.812 (41.827)		2:04.760 (45.948)	2:51.379 (46.619)	
18 Moldenhauer, Jasmine		Lawrence	2:50.68	2:52.24	2
36.627 (36.627)	1:17.774 (41.147)		2:04.034 (46.260)	2:52.234 (48.200)	
19 Ray, Becca		Lake Forest	2:59.78	2:54.22	1
40.656 (40.656)	1:23.457 (42.801)		2:08.564 (45.107)	2:54.212 (45.648)	
20 Corzine, Rachel		Knox	3:28.45	3:12.28	1
45.244 (45.244)	1:33.985 (48.741)		2:24.653 (50.668)	3:12.280 (47.627)	

**Women 1 Mile Run**

Conference: # 5:01.32 2016		Brittany Kozlowski, St Norbert College			
Name	Year	School	Seed	Finals	H#
1 Oliver, Cristyn		Lawrence	5:20.37	5:14.09	2
37.049 (37.049)	1:14.424 (37.375)		1:54.181 (39.758)	2:35.236 (41.055)	
3:16.021 (40.785)	3:56.496 (40.475)		4:36.431 (39.935)	5:14.088 (37.657)	

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Women 1 Mile Run**

2	Hawksford, Leah	Lawrence	5:26.89	5:17.72	2
	39.240 (39.240)	1:18.578 (39.338)	1:59.239 (40.662)	2:40.269 (41.030)	
	3:21.121 (40.853)	4:01.984 (40.863)	4:41.131 (39.148)	5:17.720 (36.589)	
3	Weddle, Makaila	Ripon	5:25.60	5:18.21	2
	38.699 (38.699)	1:18.349 (39.650)	1:59.048 (40.699)	2:40.089 (41.042)	
	3:20.956 (40.868)	4:01.678 (40.722)	4:41.589 (39.912)	5:18.209 (36.620)	
4	Morland, Madeline	Lake Forest	5:26.86	5:23.02	2
	39.418 (39.418)	1:18.724 (39.307)	1:59.465 (40.742)	2:40.524 (41.059)	
	3:20.916 (40.393)	4:01.729 (40.813)	4:41.456 (39.728)	5:23.019 (41.563)	
5	Engebretson, Grace	Ripon	5:32.48	5:28.16	2
	39.663 (39.663)	1:19.034 (39.372)	1:59.598 (40.564)	2:41.299 (41.702)	
	3:23.861 (42.563)	4:07.288 (43.427)	4:51.064 (43.777)	5:28.155 (37.092)	
6	Willett, Isabelle	Ripon	5:39.59	5:33.18	2
	40.094 (40.094)	1:20.286 (40.193)	2:01.086 (40.800)	2:43.468 (42.382)	
	3:26.386 (42.919)	4:09.545 (43.159)	4:53.389 (43.844)	5:33.171 (39.783)	
7	Crow, Autumn	Knox	5:52.27	5:33.20	2
	41.134 (41.134)	1:21.833 (40.699)	2:04.055 (42.223)	2:46.455 (42.400)	
	3:28.806 (42.352)	4:11.705 (42.899)	4:54.945 (43.240)	5:33.199 (38.254)	
8	Daney, Micaela	Grinnell	5:44.98	5:33.65	2
	40.639 (40.639)	1:21.408 (40.769)	2:03.495 (42.088)	2:45.204 (41.709)	
	3:26.045 (40.842)	4:08.016 (41.972)	4:50.698 (42.682)	5:33.646 (42.949)	
9	Hofmann, Arika	Monmouth (Ill.)	5:38.22	5:36.40	2
	40.069 (40.069)	1:21.126 (41.058)	2:03.858 (42.732)	2:45.844 (41.987)	
	3:28.330 (42.487)	4:11.996 (43.667)	4:55.806 (43.810)	5:36.396 (40.590)	
10	Neuhaus, Natalie	Cornell College	5:42.35	5:46.31	2
	40.885 (40.885)	1:21.756 (40.872)	2:04.694 (42.938)	2:49.211 (44.518)	
	3:34.179 (44.968)	4:21.095 (46.917)	5:05.838 (44.743)	5:46.310 (40.473)	
11	Valentine, Aspen	Beloit	5:56.35	5:46.62	1
	43.201 (43.201)	1:26.121 (42.920)	2:10.231 (44.110)	2:55.290 (45.059)	
	3:40.485 (45.195)	4:26.265 (45.780)	5:09.097 (42.833)	5:46.620 (37.523)	
12	Pakosz, Natalie	Ripon	5:29.08	5:46.93	2
	40.670 (40.670)	1:21.463 (40.793)	2:04.794 (43.332)	2:49.618 (44.824)	
	3:34.408 (44.790)	4:19.633 (45.225)	5:04.704 (45.072)	5:46.924 (42.220)	
13	Mullen, Ginger	Grinnell	6:01.78	5:53.99	1
	42.601 (42.601)	1:25.807 (43.207)	2:10.863 (45.057)	2:56.633 (45.770)	
	3:41.316 (44.683)	4:27.876 (46.560)	5:13.791 (45.915)	5:53.985 (40.194)	
14	Jorgensen, Delfina	Lake Forest	5:51.08	5:57.31	2
	40.444 (40.444)	1:20.788 (40.344)	2:03.715 (42.928)	2:46.848 (43.133)	
	3:33.710 (46.863)	4:21.364 (47.654)	5:10.195 (48.832)	5:57.305 (47.110)	
15	Nava, Michelle	Cornell College	5:59.52	5:58.42	1
	41.667 (41.667)	1:25.143 (43.477)	2:09.890 (44.747)	2:55.702 (45.813)	
	3:42.196 (46.494)	4:29.186 (46.990)	5:16.405 (47.219)	5:58.420 (42.015)	
16	Davis, Mollie	Lawrence	5:57.88	6:02.62	1
	38.300 (38.300)	1:19.252 (40.953)	2:04.663 (45.412)	2:53.387 (48.724)	
	3:41.648 (48.262)	4:29.901 (48.253)	5:17.907 (48.007)	6:02.616 (44.709)	
17	Kaczmarczyk, Crystal	Grinnell	6:01.95	6:03.17	1
	42.875 (42.875)	1:26.861 (43.987)	2:11.972 (45.112)	2:59.311 (47.339)	
	3:46.038 (46.728)	4:34.753 (48.715)	5:22.380 (47.627)	6:03.170 (40.790)	
18	Lewis, Zoey	Illinois College	5:55.62	6:13.60	1
	44.966 (44.966)	1:31.952 (46.987)	2:19.716 (47.764)	3:07.358 (47.643)	
	3:55.672 (48.314)	4:44.100 (48.428)	5:32.117 (48.018)	6:13.592 (41.475)	
19	Cruz, Carolina	Monmouth (Ill.)	6:23.74	6:13.75	1
	45.872 (45.872)	1:32.605 (46.733)	2:20.597 (47.993)	3:07.731 (47.134)	
	3:55.986 (48.255)	4:44.570 (48.584)	5:32.415 (47.845)	6:13.748 (41.334)	

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Women 1 Mile Run**

20 Kwamboka, Nyasaina	Monmouth (Ill.)	6:23.33	6:15.86	1
45.282 (45.282)	1:31.980 (46.698)	2:20.338 (48.359)	3:07.708 (47.370)	
3:55.968 (48.260)	4:44.745 (48.777)	5:32.790 (48.045)	6:15.857 (43.068)	
21 Aoki-Sherwood, Mio	Cornell College	6:22.36	6:17.77	1
44.471 (44.471)	1:31.468 (46.998)	2:18.692 (47.224)	3:06.191 (47.499)	
3:53.773 (47.583)	4:43.102 (49.329)	5:31.606 (48.504)	6:17.763 (46.158)	
22 Timmermans, Merel	Grinnell	6:12.61	6:19.72	1
46.005 (46.005)	1:32.686 (46.682)	2:19.926 (47.240)	3:07.312 (47.387)	
3:56.323 (49.012)	4:46.400 (50.077)	5:35.257 (48.858)	6:19.712 (44.455)	
23 Anderson, Natalie	Lawrence	6:36.02	6:26.26	1
45.732 (45.732)	1:32.302 (46.570)	2:20.213 (47.912)	3:07.017 (46.804)	
3:54.640 (47.623)	4:45.615 (50.975)	5:35.887 (50.273)	6:26.251 (50.364)	
24 Holicky, Madelein	Beloit	6:40.57	6:28.01	1
47.615 (47.615)	1:35.176 (47.562)	2:23.691 (48.515)	3:14.287 (50.597)	
4:02.281 (47.994)	4:53.273 (50.993)	5:44.832 (51.559)	6:28.002 (43.170)	
25 Drake, Ashley	Illinois College	7:03.81	6:43.45	1
49.926 (49.926)	1:40.801 (50.875)	2:31.581 (50.780)	3:22.436 (50.855)	
4:13.302 (50.867)	5:05.697 (52.395)	5:56.165 (50.468)	6:43.446 (47.282)	

**Women 3000 Meter Run**

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Conference: #	9:46.32	2015	Abrah Masterson, Cornell College		
Name	Year	School	Seed	Finals	H#
=====					
1 Oliver, Cristyn		Lawrence	10:58.06	10:30.32	2
41.185 (41.185)	1:23.566 (42.382)	2:06.604 (43.038)	2:48.070 (41.467)		
3:29.724 (41.654)	4:11.403 (41.679)	4:53.328 (41.925)	5:35.931 (42.604)		
6:18.379 (42.448)	7:01.540 (43.162)	7:43.631 (42.092)	8:25.790 (42.159)		
9:08.989 (43.199)	9:51.179 (42.190)	10:30.316 (39.138)			
2 Flyte, Mikayla		Ripon	10:50.77	10:39.83	2
41.538 (41.538)	1:23.945 (42.408)	2:07.151 (43.207)	2:48.840 (41.689)		
3:31.265 (42.425)	4:14.054 (42.789)	4:57.436 (43.383)	5:41.315 (43.879)		
6:25.298 (43.983)	7:09.313 (44.015)	7:52.673 (43.360)	8:35.925 (43.253)		
9:19.479 (43.554)	10:01.873 (42.394)	10:39.824 (37.952)			
3 Schaefer, Emma		Grinnell	10:59.83	10:47.58	2
43.105 (43.105)	1:24.641 (41.537)	2:07.679 (43.038)	2:49.464 (41.785)		
3:31.301 (41.838)	4:13.569 (42.268)	4:56.255 (42.687)	5:39.819 (43.564)		
6:23.508 (43.689)	7:08.284 (44.777)	7:52.509 (44.225)	8:36.773 (44.264)		
9:21.663 (44.890)	10:06.378 (44.715)	10:47.578 (41.200)			
4 Morland, Madeline		Lake Forest		10:47.96	1
38.768 (38.768)	1:20.083 (41.315)	2:03.674 (43.591)	2:47.926 (44.252)		
3:31.381 (43.455)	4:14.224 (42.843)	4:57.786 (43.562)	5:41.354 (43.568)		
6:26.262 (44.908)	7:10.966 (44.704)	7:55.343 (44.377)	8:39.067 (43.724)		
9:23.279 (44.212)	10:07.068 (43.789)	10:47.955 (40.887)			
5 Winebrenner, Riley		Lawrence	10:54.80	11:01.70	2
41.484 (41.484)	1:23.893 (42.409)	2:07.095 (43.203)	2:49.168 (42.073)		
3:32.453 (43.285)	4:16.558 (44.105)	5:01.303 (44.745)	5:46.474 (45.172)		
6:31.803 (45.329)	7:17.253 (45.450)	8:03.028 (45.775)	8:48.414 (45.387)		
9:33.873 (45.459)	10:19.309 (45.437)	11:01.700 (42.392)			
6 Foster, Althea		Lawrence	11:02.95	11:02.19	2
41.235 (41.235)	1:23.614 (42.379)	2:06.759 (43.145)	2:49.550 (42.792)		
3:34.955 (45.405)	4:19.508 (44.553)	5:05.020 (45.513)	5:50.890 (45.870)		
6:36.879 (45.989)	7:23.291 (46.413)	8:09.220 (45.929)	8:54.948 (45.728)		
9:40.240 (45.293)	10:23.714 (43.474)	11:02.181 (38.468)			

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Women 3000 Meter Run**

7	Denamur, Ali	Ripon	11:11.18	11:18.77	2
	41.883 (41.883)	1:24.761 (42.879)	2:08.726 (43.965)	2:53.273 (44.547)	
	3:38.725 (45.453)	4:24.988 (46.263)	5:10.838 (45.850)	5:56.785 (45.948)	
	6:43.079 (46.294)	7:29.431 (46.353)	8:15.900 (46.469)	9:02.436 (46.537)	
	9:48.388 (45.952)	10:34.074 (45.687)	11:18.770 (44.697)		
8	Diamond-Berman, Mira	Grinnell	11:24.53	11:20.05	2
	43.775 (43.775)	1:27.385 (43.610)	2:11.719 (44.334)	2:56.473 (44.754)	
	3:40.659 (44.187)	4:25.804 (45.145)	5:11.450 (45.647)	5:57.044 (45.594)	
	6:43.433 (46.389)	7:30.041 (46.609)	8:17.023 (46.982)	9:04.375 (47.353)	
	9:51.455 (47.080)	10:38.091 (46.637)	11:20.046 (41.955)		
9	Fogarty, Billie	Cornell College	11:09.50	11:22.32	2
	43.219 (43.219)	1:25.301 (42.083)	2:08.404 (43.103)	2:51.908 (43.504)	
	3:35.663 (43.755)	4:20.583 (44.920)	5:06.054 (45.472)	5:51.671 (45.618)	
	6:37.960 (46.289)	7:25.166 (47.207)	8:12.633 (47.467)	9:01.228 (48.595)	
	9:49.536 (48.309)	10:36.684 (47.148)	11:22.311 (45.628)		
10	Haider, Aasma	Lawrence	11:43.17	11:26.04	2
	43.501 (43.501)	1:26.635 (43.134)	2:10.679 (44.044)	2:56.201 (45.523)	
	3:41.970 (45.769)	4:28.145 (46.175)	5:15.346 (47.202)	6:02.629 (47.283)	
	6:49.601 (46.973)	7:33.889 (44.288)	8:20.538 (46.649)	9:07.588 (47.050)	
	9:55.510 (47.923)	10:41.904 (46.394)	11:26.040 (44.137)		
11	Neuhaus, Natalie	Cornell College	11:23.93	11:35.80	2
	43.590 (43.590)	1:26.071 (42.482)	2:09.368 (43.297)	2:53.635 (44.268)	
	3:39.839 (46.204)	4:26.194 (46.355)	5:12.000 (45.807)	5:59.490 (47.490)	
	6:47.876 (48.387)	7:34.166 (46.290)	8:22.099 (47.933)	9:11.009 (48.910)	
	10:01.709 (50.700)	10:51.195 (49.487)	11:35.799 (44.604)		
12	Crow, Autumn	Knox	12:25.29	11:43.84	1
	42.328 (42.328)	1:26.357 (44.029)	2:12.211 (45.854)	3:00.053 (47.842)	
	3:48.058 (48.005)	4:36.081 (48.023)	5:23.349 (47.268)	6:12.109 (48.760)	
	7:00.729 (48.620)	7:49.570 (48.841)	8:38.613 (49.043)	9:27.131 (48.518)	
	10:15.510 (48.379)	11:02.440 (46.930)	11:43.835 (41.395)		
13	LeBlanc, Megan	Grinnell	12:31.90	11:55.80	1
	44.353 (44.353)	1:29.928 (45.575)	2:18.345 (48.417)	3:06.839 (48.494)	
	3:54.964 (48.125)	4:43.240 (48.276)	5:31.569 (48.329)	6:20.125 (48.556)	
	7:09.114 (48.989)	7:57.780 (48.666)	8:46.224 (48.444)	9:34.511 (48.287)	
	10:24.287 (49.776)	11:12.829 (48.542)	11:55.791 (42.962)		
14	Ruvalcaba, Elizabeth	Illinois College	12:35.96	12:17.83	1
	47.626 (47.626)	1:37.056 (49.430)	2:26.500 (49.444)	3:16.427 (49.927)	
	4:06.120 (49.693)	4:55.742 (49.622)	5:45.474 (49.732)	6:35.464 (49.990)	
	7:25.723 (50.259)	8:15.598 (49.875)	9:05.444 (49.846)	9:54.689 (49.245)	
	10:44.248 (49.559)	11:33.640 (49.392)	12:17.826 (44.186)		
15	Nava, Michelle	Cornell College	12:28.27	12:28.27	1
	45.907 (45.907)	1:33.775 (47.868)	2:23.020 (49.245)	3:12.033 (49.013)	
	4:00.988 (48.955)	4:50.452 (49.464)	5:40.752 (50.300)	6:31.793 (51.041)	
	7:23.691 (51.898)	8:15.729 (52.038)	9:06.942 (51.213)	9:58.844 (51.902)	
	10:50.344 (51.500)	11:40.540 (50.196)	12:28.265 (47.725)		
16	Browne, Carter	Beloit	13:15.32	13:03.76	1
	51.064 (51.064)	1:42.711 (51.647)	2:35.076 (52.365)	3:27.572 (52.496)	
	4:19.464 (51.892)	5:11.895 (52.431)	6:05.486 (53.591)	6:58.971 (53.485)	
	7:51.866 (52.895)	8:45.025 (53.159)	9:38.572 (53.547)	10:31.876 (53.304)	
	11:24.815 (52.939)	12:16.812 (51.997)	13:03.760 (46.948)		

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Women 3000 Meter Run**

17 Holicky, Madelein	Beloit	13:32.62	13:12.02	1
50.649 (50.649)	1:41.544 (50.895)	2:32.976 (51.432)	3:26.042 (53.066)	
4:18.325 (52.283)	5:11.070 (52.745)	6:04.492 (53.422)	6:58.198 (53.706)	
7:51.939 (53.741)	8:45.609 (53.670)	9:40.185 (54.576)	10:35.603 (55.418)	
11:31.860 (56.257)	12:25.415 (53.555)	13:12.015 (46.600)		
18 Wohlstadter, Emma	Monmouth (Ill.)	13:32.91	1	
47.860 (47.860)	1:38.716 (50.856)	2:32.328 (53.612)	3:26.181 (53.853)	
4:18.795 (52.614)	5:12.364 (53.569)	6:06.963 (54.599)	7:02.708 (55.745)	
7:58.790 (56.082)	8:55.774 (56.984)	9:54.252 (58.478)	10:49.745 (55.493)	
11:45.653 (55.908)	12:40.586 (54.933)	13:32.902 (52.316)		
19 Baugh, Maggie	Beloit	13:54.26	14:14.14	1
52.970 (52.970)	1:46.979 (54.009)	2:42.803 (55.824)	3:38.350 (55.547)	
4:33.254 (54.904)	5:28.885 (55.631)	6:25.653 (56.768)	7:22.411 (56.758)	
8:20.411 (58.000)	9:18.634 (58.223)	10:18.037 (59.403)	11:17.288 (59.251)	
12:17.200 (59.912)	13:17.770 (1:00.570)	14:14.137 (56.367)		

**Women 5000 Meter Run**

Conference: # 17:15.61 2017 Abrah Masterson, Cornell College

Name Year School Seed Finals

1 Schaefer, Emma	Grinnell	18:40.10	18:25.02	
43.168 (43.168)	1:26.973 (43.805)	2:11.831 (44.859)	2:55.398 (43.567)	
3:38.251 (42.854)	4:22.118 (43.867)	5:07.608 (45.490)	5:52.533 (44.925)	
6:36.484 (43.952)	7:19.838 (43.354)	8:04.758 (44.920)	8:49.249 (44.492)	
9:34.196 (44.948)	10:18.186 (43.990)	11:03.476 (45.290)	11:48.451 (44.975)	
12:32.775 (44.324)	13:17.219 (44.444)	14:01.245 (44.027)	14:45.931 (44.687)	
15:30.626 (44.695)	16:15.391 (44.765)	17:00.658 (45.267)	17:44.655 (43.998)	
18:25.019 (40.364)				
2 Flyte, Mikayla	Ripon	18:59.39	18:34.33	
42.554 (42.554)	1:26.790 (44.237)	2:11.679 (44.889)	2:54.679 (43.000)	
3:38.014 (43.335)	4:22.176 (44.163)	5:07.365 (45.189)	5:52.854 (45.489)	
6:36.794 (43.940)	7:21.091 (44.298)	8:06.876 (45.785)	8:51.995 (45.119)	
9:37.905 (45.910)	10:24.520 (46.615)	11:10.189 (45.669)	11:55.574 (45.385)	
12:41.089 (45.515)	13:26.826 (45.738)	14:12.563 (45.737)	14:58.200 (45.638)	
15:43.498 (45.298)	16:28.876 (45.379)	17:13.460 (44.584)	17:55.983 (42.523)	
18:34.329 (38.347)				
3 Winebrenner, Riley	Lawrence	18:55.54	19:01.83	
42.381 (42.381)	1:26.549 (44.168)	2:11.435 (44.887)	2:55.236 (43.802)	
3:37.773 (42.537)	4:21.735 (43.963)	5:07.089 (45.354)	5:53.185 (46.097)	
6:37.691 (44.507)	7:22.298 (44.607)	8:07.314 (45.017)	8:51.714 (44.400)	
9:37.733 (46.019)	10:24.548 (46.815)	11:11.589 (47.042)	11:58.920 (47.332)	
12:46.151 (47.232)	13:33.920 (47.769)	14:20.954 (47.034)	15:08.406 (47.453)	
15:55.409 (47.003)	16:42.973 (47.564)	17:30.391 (47.419)	18:17.488 (47.097)	
19:01.825 (44.338)				
4 Foster, Althea	Lawrence	19:22.25	19:12.55	
42.340 (42.340)	1:26.569 (44.229)	2:11.445 (44.877)	2:54.983 (43.538)	
3:37.948 (42.965)	4:22.068 (44.120)	5:07.299 (45.232)	5:53.416 (46.118)	
6:39.906 (46.490)	7:27.513 (47.607)	8:14.390 (46.878)	9:01.663 (47.273)	
9:48.661 (46.999)	10:37.179 (48.518)	11:25.715 (48.537)	12:12.934 (47.219)	
13:00.465 (47.532)	13:47.276 (46.812)	14:35.593 (48.317)	15:24.131 (48.539)	
16:10.484 (46.353)	16:57.780 (47.297)	17:45.664 (47.884)	18:31.709 (46.045)	
19:12.545 (40.837)				

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Women 5000 Meter Run**

5 Fogarty, Billie	Cornell College	19:20.25	19:30.98	
43.566 (43.566)	1:27.354 (43.788)	2:12.133 (44.779)	2:55.638 (43.505)	
3:38.705 (43.068)	4:22.409 (43.704)	5:07.880 (45.472)	5:53.105 (45.225)	
6:36.873 (43.768)	7:20.680 (43.808)	8:07.100 (46.420)	8:53.353 (46.253)	
9:41.630 (48.278)	10:30.600 (48.970)	11:19.259 (48.659)	12:08.183 (48.924)	
12:57.144 (48.962)	13:46.985 (49.842)	14:36.134 (49.149)	15:26.536 (50.403)	
16:16.981 (50.445)	17:07.153 (50.172)	17:56.844 (49.692)	18:44.965 (48.122)	
19:30.973 (46.008)				
6 Denamur, Ali	Ripon	19:55.09	19:33.37	
43.454 (43.454)	1:27.625 (44.172)	2:12.526 (44.902)	2:57.019 (44.493)	
3:41.665 (44.647)	4:27.186 (45.522)	5:13.250 (46.064)	5:59.608 (46.358)	
6:46.083 (46.475)	7:32.648 (46.565)	8:19.129 (46.482)	9:06.384 (47.255)	
9:53.505 (47.122)	10:41.210 (47.705)	11:29.179 (47.969)	12:16.855 (47.677)	
13:05.051 (48.197)	13:53.144 (48.093)	14:41.793 (48.649)	15:30.990 (49.198)	
16:19.835 (48.845)	17:09.379 (49.544)	17:58.376 (48.998)	18:46.726 (48.350)	
19:33.366 (46.640)				
7 Diamond-Berman, Mira	Grinnell	20:03.76	19:41.93	
44.173 (44.173)	1:29.898 (45.725)	2:16.768 (46.870)	3:02.831 (46.064)	
3:48.511 (45.680)	4:34.806 (46.295)	5:21.506 (46.700)	6:08.611 (47.105)	
6:56.070 (47.459)	7:43.739 (47.669)	8:32.048 (48.309)	9:20.549 (48.502)	
10:09.275 (48.727)	10:58.239 (48.964)	11:46.800 (48.562)	12:35.134 (48.334)	
13:23.721 (48.588)	14:11.325 (47.604)	14:59.960 (48.635)	15:48.401 (48.442)	
16:36.436 (48.035)	17:25.160 (48.724)	18:12.774 (47.614)	18:58.640 (45.867)	
19:41.928 (43.288)				
8 Orsi, Rain	Lawrence	20:26.55	20:15.65	
42.915 (42.915)	1:27.164 (44.249)	2:12.078 (44.914)	2:55.943 (43.865)	
3:39.148 (43.205)	4:22.776 (43.629)	5:08.276 (45.500)	5:54.440 (46.164)	
6:42.506 (48.067)	7:32.109 (49.603)	8:21.866 (49.758)	9:12.228 (50.362)	
10:02.846 (50.619)	10:53.319 (50.473)	11:44.356 (51.038)	12:33.841 (49.485)	
13:24.355 (50.514)	14:15.514 (51.159)	15:07.680 (52.167)	15:59.585 (51.905)	
16:51.558 (51.973)	17:44.884 (53.327)	18:38.964 (54.080)	19:29.636 (50.673)	
20:15.644 (46.008)				
9 Ruvalcaba, Elizabeth	Illinois College	20:36.45		
48.164 (48.164)	1:38.074 (49.910)	2:27.783 (49.709)	3:17.479 (49.697)	
4:06.350 (48.872)	4:56.054 (49.704)	5:45.419 (49.365)	6:35.560 (50.142)	
7:26.283 (50.723)	8:17.420 (51.138)	9:08.434 (51.014)	9:58.611 (50.178)	
10:48.778 (50.167)	11:39.019 (50.242)	12:29.608 (50.589)	13:20.400 (50.793)	
14:10.398 (49.998)	14:59.550 (49.153)	15:48.001 (48.452)	16:37.644 (49.643)	
17:26.504 (48.860)	18:15.748 (49.244)	19:03.916 (48.169)	19:53.253 (49.337)	
20:36.443 (43.190)				
10 Ford, Sophia	Grinnell	20:37.29	20:42.73	
45.839 (45.839)	1:33.024 (47.185)	2:21.979 (48.955)	3:11.510 (49.532)	
4:00.310 (48.800)	4:50.308 (49.998)	5:40.296 (49.989)	6:29.834 (49.538)	
7:19.328 (49.494)	8:10.004 (50.677)	8:59.300 (49.297)	9:49.708 (50.408)	
10:38.663 (48.955)	11:28.176 (49.514)	12:18.755 (50.579)	13:09.468 (50.713)	
14:00.671 (51.204)	14:51.921 (51.250)	15:42.378 (50.457)	16:33.441 (51.064)	
17:24.764 (51.323)	18:14.401 (49.638)	19:04.655 (50.254)	19:54.851 (50.197)	
20:42.721 (47.870)				



**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**  
**Track & Field Championships**  
**Knox College**  
**Results**

**....Women 5000 Meter Run**

11 Hall, Miranda	Cornell College	21:40.06	21:34.07
46.286 (46.286)	1:33.463 (47.177)	2:22.325 (48.863)	3:11.823 (49.498)
4:00.663 (48.840)	4:50.644 (49.982)	5:40.684 (50.040)	6:30.323 (49.639)
7:20.551 (50.229)	8:12.324 (51.773)	9:03.751 (51.428)	9:55.805 (52.054)
10:48.193 (52.388)	11:40.790 (52.598)	12:34.358 (53.568)	13:28.108 (53.750)
14:21.836 (53.729)	15:16.498 (54.662)	16:11.655 (55.158)	17:05.673 (54.018)
18:00.741 (55.069)	18:55.403 (54.662)	19:49.741 (54.339)	20:43.098 (53.357)
21:34.069 (50.972)			
12 Sutter, Annika	Cornell College	23:12.38	24:13.81
48.750 (48.750)	1:39.568 (50.818)	2:32.678 (53.110)	3:28.011 (55.334)
4:23.685 (55.674)	5:19.279 (55.594)	6:15.948 (56.669)	7:14.231 (58.284)
8:13.880 (59.649)	9:13.748 (59.868)	10:14.640 (1:00.893)	11:15.113 (1:00.473)
12:16.678 (1:01.565)	13:16.454 (59.777)	14:16.676 (1:00.223)	15:17.010 (1:00.334)
16:18.325 (1:01.315)	17:19.546 (1:01.222)	18:20.015 (1:00.469)	19:19.556 (59.542)
20:20.713 (1:01.157)	21:21.836 (1:01.124)	22:20.904 (59.068)	23:19.204 (58.300)
24:13.801 (54.598)			
13 Baugh, Maggie	Beloit	24:20.60	24:18.21
52.910 (52.910)	1:48.255 (55.345)	2:43.876 (55.622)	3:39.099 (55.223)
4:33.669 (54.570)	5:29.054 (55.385)	6:25.039 (55.985)	7:21.225 (56.187)
8:18.200 (56.975)	9:15.154 (56.954)	10:12.316 (57.163)	11:10.961 (58.645)
12:09.776 (58.815)	13:09.433 (59.657)	14:10.038 (1:00.605)	15:11.213 (1:01.175)
16:13.221 (1:02.009)	17:13.958 (1:00.737)	18:14.538 (1:00.580)	19:15.163 (1:00.625)
20:16.396 (1:01.234)	21:17.885 (1:01.489)	22:19.528 (1:01.643)	23:19.858 (1:00.330)
24:18.205 (58.348)			

**Women 60 Meter Hurdles**  
**Top 8 Advance by Time**

=====					
Conference: #	8.62	2013	Missy Norville, Illinois College		
Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1 McAllister, Natalie		Cornell College	9.37	9.37q	1
2 Zendejas, Mariana		Lawrence	10.07	10.05q	2
3 Garcia, Sara		Grinnell	10.55	10.41q	2
4 Hilmes, Kristina		Illinois College	10.50	10.44q	3
5 Yank, Irene		Lawrence	10.60	10.46q	1
6 Staker, Sadie		Grinnell	10.49	10.48q	3
7 Paquin, Claire		Lawrence	10.90	11.05q	2
8 Finn, Bridget		Ripon	11.16	11.09q	3
9 Lepper, Meredith		Knox	10.89	11.32	1
10 Grothaus, Ashley		Monmouth (Ill.)	11.38	11.34	2
11 McMahan, Montana		Beloit	11.00	11.44	3
12 Flesch, Caroline		Ripon	11.75	11.47	2
13 Irani, Tara		Knox	11.73	11.68	1
14 Clay, Ally		Monmouth (Ill.)	11.70	11.91	1

**Women 60 Meter Hurdles**

=====					
Conference: #	8.62	2013	Missy Norville, Illinois College		
Name	Year	School	Prelims	Finals	H#
=====					
Finals					
1 McAllister, Natalie		Cornell College	9.37	9.49	2

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Women 60 Meter Hurdles**

2	Zendejas, Mariana	Lawrence	10.05	10.37	2
3	Garcia, Sara	Grinnell	10.41	10.38	2
4	Staker, Sadie	Grinnell	10.48	10.44	1
5	Hilmes, Kristina	Illinois College	10.44	10.54	2
6	Yank, Irene	Lawrence	10.46	10.79	1
7	Paquin, Claire	Lawrence	11.05	11.17	1
8	Finn, Bridget	Ripon	11.09	11.23	1

**Women 4x200 Meter Relay**

Conference: # 1:44.05		2000	Monmouth College, Monmouth College		
			Jackson, Hoops, Moredock, Estes		
School			Seed	Finals	H#
1	Ripon		1:48.29	1:48.55	2
	1) Block, Kara	2) Rahn, Payton			
	3) Gray, Kynaeda	4) Spalding, Emma			
	53.608 (53.608)	1:22.407 (28.799)	1:48.543 (26.137)		
2	Grinnell		1:50.93	1:49.80	2
	1) Edassery, Sonia	2) Frasca, Athena			
	3) Olowu, Paige	4) Crowe, Maile			
	53.383 (53.383)	1:22.021 (28.638)	1:49.791 (27.770)		
3	Monmouth (Ill.)		1:50.12	1:49.87	2
	1) Peckham, Jordan	2) Hoyer, Nicole			
	3) Villarreal, Alyssa	4) Turner, Linsey			
	53.416 (53.416)	1:21.813 (28.398)	1:49.861 (28.048)		
4	Illinois College		1:54.63	1:50.72	2
	1) Hearon, Kayla	2) Wallace, Brianna			
	3) Hempen, Jessie	4) Hilmes, Kristina			
	54.877 (54.877)	1:23.809 (28.933)	1:50.711 (26.902)		
5	Beloit		1:51.76	1:50.76	2
	1) McDonald, Jordyn	2) Furch, Alayna			
	3) McMahan, Montana	4) Damste, Candis			
	55.703 (55.703)	1:21.691 (25.988)	1:50.752 (29.062)		
6	Cornell College			1:54.70	1
	1) Brown, Sidney	2) McAllister, Natalie			
	3) Lambert-Mergendahl, Emilia	4) See, Sam			
	55.372 (55.372)	1:24.580 (29.208)	1:54.696 (30.117)		
7	Lawrence		1:58.01	1:56.48	1
	1) Sugiyama, Emily	2) Paquin, Claire			
	3) Jankowski, Maria	4) Zendejas, Mariana			
	56.561 (56.561)	1:26.902 (30.342)	1:56.478 (29.577)		
8	Knox		2:04.33	1:59.04	1
	1) Dockins, Allie	2) Balfour, Peyton			
	3) Rivera, Ainara	4) Luong, Thao			
	57.376 (57.376)	1:28.113 (30.738)	1:59.033 (30.920)		

**Women 4x400 Meter Relay**

Conference: # 4:00.86		2019	St Norbert College, St Norbert College		
School			Seed	Finals	H#
1	Ripon		4:17.51	4:11.72	2

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Women 4x400 Meter Relay**

1) Spalding, Emma	2) Engebretson, Grace						
3) Weddle, Makaila	4) Rahn, Payton						
1:03.227 (1:03.227)	2:07.065 (1:03.839)	3:09.778 (1:02.713)	4:11.714 (1:01.937)				
2 Grinnell		4:19.98	4:18.64	2			
1) Olowu, Paige	2) Staker, Sadie						
3) Garcia, Sara	4) Frasca, Athena						
1:05.225 (1:05.225)	2:09.694 (1:04.469)	3:15.079 (1:05.385)	4:18.633 (1:03.554)				
3 Lawrence		4:23.38	4:21.57	2			
1) Hawksford, Leah	2) Sugiyama, Emily						
3) Paquin, Claire	4) Bodnar, Lilia						
1:06.648 (1:06.648)	2:11.822 (1:05.174)	3:17.478 (1:05.657)	4:21.569 (1:04.092)				
4 Beloit		4:28.34	4:27.95	2			
1) McMahan, Montana	2) Furch, Alayna						
3) McDonald, Jordyn	4) Carus, Marianna						
1:06.222 (1:06.222)	2:12.748 (1:06.527)	3:19.360 (1:06.613)	4:27.945 (1:08.585)				
5 Cornell College		4:32.60	4:28.52	1			
1) Brown, Sidney	2) Lambert-Mergendahl, Emilia						
3) Lammers, Katie	4) See, Sam						
1:06.185 (1:06.185)	2:11.860 (1:05.675)	3:21.612 (1:09.753)	4:28.515 (1:06.903)				
6 Illinois College			4:29.25	1			
1) Hilmes, Kristina	2) Hempen, Jessie						
3) Wallace, Brianna	4) Benson, Madeline						
1:05.294 (1:05.294)	2:12.615 (1:07.322)	3:22.966 (1:10.352)	4:29.244 (1:06.278)				
7 Lake Forest		4:50.43	4:43.01	1			
1) Paglia, Audrey	2) Morland, Madeline						
3) Jorgensen, Delfina	4) Ray, Becca						
1:05.475 (1:05.475)	2:13.290 (1:07.815)	3:29.840 (1:16.550)	4:43.010 (1:13.170)				
8 Knox		4:56.80	4:45.21	1			
1) Rivera, Ainara	2) Dockins, Allie						
3) Lepper, Meredith	4) Crow, Autumn						
1:12.156 (1:12.156)	2:20.896 (1:08.740)	3:32.960 (1:12.064)	4:45.204 (1:12.244)				

**Women 1600 Sprint Medley**

Conference: # 4:09.12 2009 St. Norbert College, St. Norbert College  
Swanson, Meyer, Schudrowitz, Graybill

School	Seed	Finals	H#
1 Ripon		4:16.56	1
1) Spalding, Emma	2) Gray, Kynaeda		
3) Rahn, Payton	4) Weddle, Makaila		
54.066 (54.066)	1:54.254 (1:00.188)	4:16.558 (2:22.304)	
2 Monmouth (Ill.)		4:24.10	1
1) Peckham, Jordan	2) Villarreal, Alyssa		
3) Hoyer, Nicole	4) Fisher, Kara		
54.595 (54.595)	1:57.061 (1:02.467)	4:24.095 (2:27.034)	
3 Lawrence		4:32.51	1
1) Paquin, Claire	2) Jankowski, Maria		
3) Sugiyama, Emily	4) Bodnar, Lilia		
58.844 (58.844)	2:03.205 (1:04.362)	4:32.503 (2:29.298)	
4 Grinnell		4:33.63	2
1) Edassery, Sonia	2) Taylor, Ava		
3) Frasca, Athena	4) Reid, Sam		
55.248 (55.248)	1:58.902 (1:03.654)	4:33.627 (2:34.725)	

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Women 1600 Sprint Medley**

5	Beloit					4:35.64	1
	1) McDonald, Jordyn		2) Furch, Alayna				
	3) Loos-Austin, Rose		4) Carus, Marianna				
	54.155 (54.155)	1:59.678	(1:05.523)	4:35.636	(2:35.959)		
6	Cornell College					4:43.71	2
	1) Lambert-Mergendahl, Emilia		2) Lammers, Katie				
	3) Brown, Sidney		4) See, Sam				
	1:01.065 (1:01.065)	2:04.864	(1:03.799)	4:43.709	(2:38.845)		
7	Illinois College					5:02.28	2
	1) Dixon, Ronnautica		2) Billups, Victoria				
	3) Wessel, Gretchen		4) Lewis, Zoey				
	58.908 (58.908)	2:07.183	(1:08.275)	5:02.278	(2:55.095)		
8	Knox					5:27.50	2
	1) Wolters, Caroline		2) Luong, Thao				
	3) Rivera, Ainara		4) Corzine, Rachel				
	1:05.007 (1:05.007)	2:15.700	(1:10.694)	5:27.495	(3:11.795)		
9	Lake Forest					5:41.01	2
	1) Greenly, Grace		2) Cruz, Heidi				
	3) Ray, Becca		4) Carey, Mary Laura				
	1:07.948 (1:07.948)	2:23.160	(1:15.213)	5:41.010	(3:17.850)		

**Women Distance Medley**

Conference: # 12:17.64 2002 St Norbert College, St. Norbert Col  
Schonfeld, Moser, Ebert, Roll

School	Seed	Finals
1 Lawrence		13:02.79
1) Hawksford, Leah		
2) Sugiyama, Emily		
3) Bodnar, Lilia		
4) Oliver, Cristyn		
4:00.076 (4:00.076)	5:04.181	(1:04.105) 7:39.319 (2:35.138) 13:02.789 (5:23.470)
2 Grinnell		14:26.12 13:15.05
1) Daney, Micaela		
2) Rabbani, Allison		
3) Elliott-Rude, Eleanor		
4) Schaefer, Emma		
4:00.383 (4:00.383)	5:09.068	(1:08.685) 7:43.719 (2:34.652) 13:15.044 (5:31.325)
3 Ripon		13:22.94
1) Sherman, Kiki		
2) Willett, Isabelle		
3) Pakosz, Natalie		
4) Flyte, Mikayla		
4:15.560 (4:15.560)	5:19.699	(1:04.139) 7:51.990 (2:32.292) 13:22.936 (5:30.947)
4 Cornell College		14:33.59 13:30.88
1) Neuhaus, Natalie		
2) Lambert-Mergendahl, Emilia		
3) See, Sam		
4) Fogarty, Billie		
4:10.328 (4:10.328)	5:17.143	(1:06.815) 7:54.175 (2:37.033) 13:30.873 (5:36.698)
5 Monmouth (Ill.)		16:29.92 14:12.60
1) Kwamboka, Nyasaina		
2) Eaton, Lindsay		
3) Cruz, Carolina		
4) Moore, Mik		
4:21.190 (4:21.190)	5:33.406	(1:12.217) 8:17.058 (2:43.652) 14:12.593 (5:55.535)
6 Beloit		15:32.71 14:41.63
1) Valentine, Aspen		
2) Carus, Marianna		
3) Czuj, Josephine		
4) Browne, Carter		
4:22.691 (4:22.691)	5:29.939	(1:07.248) 8:19.189 (2:49.250) 14:41.628 (6:22.439)
7 Illinois College		15:31.59
1) Ruvalcaba, Elizabeth		
2) Flores, Stephanie		

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Women Distance Medley**

3) Drake, Ashley

4) Lewis, Zoey

4:28.925 (4:28.925) 5:46.750 (1:17.825) 8:51.613 (3:04.863) 15:31.583 (6:39.970)

**Women High Jump**

Conference: # 1.71m 1987		Vicci Verbrick, St Norbert College	
Name	Year School	Seed	Finals
1 McAllister, Natalie	Cornell College	1.60m	1.57m 5-01.75
1.32 1.37 1.42 1.47 1.52 1.57 1.62			
PPP PPP PPP O XXO XXO XXX			
2 Finn, Bridget	Ripon	1.46m	1.47m 4-09.75
1.32 1.37 1.42 1.47 1.52			
PPP O O O XXX			
2 Block, Kara	Ripon	1.51m	1.47m 4-09.75
1.32 1.37 1.42 1.47 1.52			
PPP PPP O O XXX			
4 Flesch, Caroline	Ripon	1.46m	J1.47m 4-09.75
1.32 1.37 1.42 1.47 1.52			
PPP XO O XXO XXX			
5 Schmidt, Dinah	Ripon	1.41m	1.42m 4-07.75
1.32 1.37 1.42 1.47			
PPP O O XXX			
5 Anderson, Lauren	Monmouth (Ill.)	1.51m	1.42m 4-07.75
1.32 1.37 1.42 1.47			
PPP O O XXX			
7 Gordon, Rojhna	Illinois College	1.46m	J1.42m 4-07.75
1.32 1.37 1.42 1.47			
O XO O XXX			
8 Allen, Bethany	Monmouth (Ill.)	1.51m	J1.42m 4-07.75
1.32 1.37 1.42 1.47			
PPP O XXO XXX			
9 Wolters, Caroline	Knox	1.37m	1.37m 4-06.00
1.32 1.37 1.42			
O O XXX			
9 Balfour, Peyton	Knox	1.40m	1.37m 4-06.00
1.32 1.37 1.42			
O O XXX			
11 Luong, Thao	Knox	1.37m	1.32m 4-04.00
1.32 1.37			
O XXX			
11 Brown, Sidney	Cornell College	1.35m	1.32m 4-04.00
1.32 1.37			
O XXX			
-- Clay, Ally	Monmouth (Ill.)	1.31m	NH
1.32			
XXX			
-- Hildebrandt, Julia	Illinois College	1.50m	NH
1.32 1.37 1.42			
PPP PPP XXX			

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****Women Pole Vault**

Conference: # 3.66m 2009													Rebecca Grafenauer, Carroll University		
Name	Year	School	Seed	Finals											
1 Kopf, Sarina		Grinnell	3.28m	3.37m	11-00.75										
	1.87	2.02	2.17	2.32	2.47	2.62	2.77	2.92	3.07	3.22	3.37	3.52			
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	XO	O	O	XXX			
2 Turner, Linsey		Monmouth (Ill.)	3.05m	J3.37m	11-00.75										
	1.87	2.02	2.17	2.32	2.47	2.62	2.77	2.92	3.07	3.22	3.37	3.52			
	PPP	PPP	PPP	PPP	PPP	O	O	O	O	XO	XXO	XXX			
3 Grothaus, Ashley		Monmouth (Ill.)	2.96m	3.22m	10-06.75										
	1.87	2.02	2.17	2.32	2.47	2.62	2.77	2.92	3.07	3.22	3.37				
	PPP	PPP	PPP	PPP	PPP	O	O	O	O	XO	XXX				
4 Nowak, Paige		Illinois College	2.96m	3.07m	10-00.75										
	1.87	2.02	2.17	2.32	2.47	2.62	2.77	2.92	3.07	3.22					
	PPP	PPP	PPP	PPP	PPP	O	O	O	O	XXX					
5 Benson, Madeline		Illinois College	3.11m	J3.07m	10-00.75										
	1.87	2.02	2.17	2.32	2.47	2.62	2.77	2.92	3.07	3.22					
	PPP	PPP	PPP	PPP	PPP	O	XO	O	O	XXX					
6 Lepper, Meredith		Knox	2.66m	2.77m	9-01.00										
	1.87	2.02	2.17	2.32	2.47	2.62	2.77	2.92							
	PPP	PPP	PPP	O	O	O	XO	XXX							
7 Beyers, Carson		Illinois College	2.66m	2.62m	8-07.00										
	1.87	2.02	2.17	2.32	2.47	2.62	2.77								
	PPP	PPP	PPP	PPP	XXO	O	XXX								
8 Rexroat, Delaney		Monmouth (Ill.)	2.14m	2.32m	7-07.25										
	1.87	2.02	2.17	2.32	2.47										
	O	O	O	O	XXX										
8 Dockins, Allie		Knox		2.32m	7-07.25										
	1.87	2.02	2.17	2.32	2.47										
	PPP	PO	O	O	XXX										
10 Flesch, Caroline		Ripon	1.98m	2.17m	7-01.50										
	1.87	2.02	2.17	2.32											
	XO	O	O	XXX											
11 Finn, Bridget		Ripon	1.83m	2.02m	6-07.50										
	1.87	2.02	2.17												
	O	O	XXX												
12 Wolters, Caroline		Knox		J2.02m	6-07.50										
	1.87	2.02	2.17												
	O	XXO	XXX												

**Women Long Jump**

Conference: # 6.41m 2013													Missy Norville, Illinois College	
Name	Year	School	Seed	Finals	H#									
1 Villarreal, Alyssa		Monmouth (Ill.)	4.87m	5.37m	17-07.50	2								
	4.53m	5.37m	4.81m	5.32m	5.21m	4.96m								
2 Olowu, Paige		Grinnell	5.34m	5.17m	16-11.50	2								
	4.93m	5.11m	5.08m	5.13m	5.12m	5.17m								
3 Block, Kara		Ripon	5.07m	5.12m	16-09.75	2								
	5.12m	4.95m	4.93m	4.86m	5.09m	4.83m								
4 Anderson, Lauren		Monmouth (Ill.)	4.85m	4.85m	15-11.00	2								
	4.85m	4.60m	4.46m	4.62m	4.43m	4.60m								

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Women Long Jump**

5	Spalding, Emma				Ripon	4.76m	15-07.50	1
	4.76m	FOUL	4.36m	PASS	4.43m 4.62m			
6	Balfour, Peyton				Knox	4.66m	4.71m 15-05.50	2
	4.46m	4.71m	4.44m	4.34m	4.52m 4.64m			
7	Turner, Linsey				Monmouth (Ill.)	4.51m	4.66m 15-03.50	1
	4.66m	4.60m	4.61m	4.59m	4.48m 4.66m			
8	Elliott-Rude, Eleanor				Grinnell	4.71m	4.57m 15-00.00	2
	4.55m	4.57m	FOUL	4.46m	FOUL FOUL			
9	Hempfen, Jessie				Illinois College	4.78m	4.56m 14-11.50	2
	4.42m	4.56m	FOUL	FOUL	FOUL 4.46m			
10	Loos-Austin, Rose				Beloit	4.49m	4.55m 14-11.25	1
	FOUL	FOUL	4.55m					
11	Oden, Melanie				Grinnell	4.60m	4.49m 14-08.75	2
	4.27m	4.49m	4.40m					
12	Yank, Irene				Lawrence	4.56m	4.47m 14-08.00	2
	4.47m	4.13m	4.22m					
13	Rahn, Payton				Ripon	4.45m	14-07.25	1
	FOUL	4.45m	FOUL					
14	Hearon, Kayla				Illinois College	4.48m	4.37m 14-04.00	1
	4.37m	FOUL	FOUL					
15	Brandenburg, Riley				Illinois College	4.67m	4.35m 14-03.25	2
	FOUL	4.35m	4.32m					
16	Royster, Darcel				Beloit	3.96m	4.14m 13-07.00	1
	FOUL	4.07m	4.14m					
17	Wolters, Caroline				Knox	4.03m	3.79m 12-05.25	1
	FOUL	3.79m	FOUL					
--	Luong, Thao				Knox	4.02m	FOUL	1
	FOUL	FOUL	FOUL					

**Women Triple Jump**

Conference: # 12.67m 2013 Missy Norville, Illinois College									
Name	Year	School	Seed	Finals	H#				
1	Balfour, Peyton				Knox	9.38m	10.52m	34-06.25	1
	9.99m	10.12m	10.42m	10.22m	FOUL 10.52m				
2	Rahn, Payton				Ripon	10.19m	10.51m	34-05.75	2
	10.08m	10.27m	FOUL	9.91m	9.78m 10.51m				
3	Turner, Linsey				Monmouth (Ill.)	10.13m	10.25m	33-07.50	2
	9.98m	10.25m	10.00m	10.17m	10.13m FOUL				
4	Olowu, Paige				Grinnell	10.43m	10.13m	33-03.00	2
	FOUL	10.10m	10.13m	10.08m	10.07m 10.04m				
5	Zendejas, Mariana				Lawrence	10.27m	J10.13m	33-03.00	2
	9.68m	9.66m	9.89m	9.65m	9.75m 10.13m				
6	Hoyer, Nicole				Monmouth (Ill.)	9.59m	9.93m	32-07.00	1
	9.58m	9.79m	9.93m	9.48m	9.52m FOUL				
7	Yank, Irene				Lawrence	10.26m	9.85m	32-03.75	2
	9.85m	9.77m	9.65m	9.71m	9.55m 9.77m				
8	Luong, Thao				Knox	9.53m	9.72m	31-10.75	1
	FOUL	9.05m	9.63m	9.34m	9.72m 9.48m				
9	Oden, Melanie				Grinnell	9.67m	9.66m	31-08.50	2
	9.66m	9.46m	9.37m	9.39m	9.47m 9.43m				
10	Brandenburg, Riley				Illinois College	9.72m	9.47m	31-01.00	2
	9.09m	FOUL	9.47m						

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Women Triple Jump**

11 Dixon, Ronnautica	Illinois College	9.51m	9.45m	31-00.00	1
9.45m FOUL FOUL					
12 Gray, Kynaeda	Ripon		9.32m	30-07.00	1
9.32m 9.02m 8.80m					
13 Rexroat, Delaney	Monmouth (Ill.)	9.03m	9.07m	29-09.25	1
FOUL 9.07m 8.95m					

**Women Shot Put**

Conference: # 14.12m 2013		Allison Devor, Monmouth College				
Name	Year	School	Seed	Finals	H#	
1 Bowns, Elizabeth		Illinois College	12.98m	12.52m	41-01.00	2
12.52m 12.40m FOUL	10.59m	FOUL	11.71m			
2 Lawal, Kareema		Monmouth (Ill.)	11.77m	12.37m	40-07.00	2
11.12m 12.25m 11.49m	10.69m	12.37m	11.87m			
3 Hartman, Renee		Illinois College	12.49m	12.32m	40-05.00	2
11.96m 11.89m 11.67m	12.32m	11.86m	11.95m			
4 Boley, Maddie		Monmouth (Ill.)	12.15m	12.05m	39-06.50	2
12.05m 11.51m 11.41m	FOUL	10.92m	11.02m			
5 Mathieu, Arynn		Ripon	11.24m	11.58m	38-00.00	2
11.53m 11.35m FOUL	10.69m	11.58m	11.14m			
6 Cox, Addi		Monmouth (Ill.)	11.86m	11.53m	37-10.00	2
11.08m 11.01m 10.92m	11.53m	10.26m	11.43m			
7 Otzelberger, Kalyn		Ripon	11.97m	11.50m	37-08.75	2
FOUL FOUL 11.50m	11.05m	11.14m	11.32m			
8 Smith, Anastasia		Ripon	11.24m	11.24m	36-10.50	2
10.83m 10.88m 11.24m	10.21m	10.43m	10.74m			
9 McAllister, Natalie		Cornell College	11.19m	11.14m	36-06.75	2
11.14m 10.30m 10.81m	FOUL	FOUL	10.51m			
10 Cruz, Taylor		Cornell College	11.03m	11.05m	36-03.00	2
10.93m 10.25m 11.05m						
11 Earles, Leslie		Illinois College	10.79m	10.80m	35-05.25	2
9.74m 10.80m 10.69m						
12 Fox, Grace		Lawrence	9.55m	10.08m	33-01.00	1
10.08m 9.56m 9.70m						
13 Klemme, Sara		Lawrence	9.96m	9.91m	32-06.25	1
8.90m 9.64m 9.91m						
14 Gibbons, Gracie		Monmouth (Ill.)	10.25m	9.90m	32-05.75	1
FOUL 8.88m 9.90m						
15 Kuper, Sydney		Illinois College	10.41m	9.89m	32-05.50	2
9.44m 9.67m 9.89m						
16 Luong, Thao		Knox	8.49m	8.93m	29-03.75	1
8.78m 8.64m 8.93m						
17 Gajulapalli, Aparna		Lawrence	8.76m	8.60m	28-02.75	1
FOUL 8.30m 8.60m						
18 Warhoe, Samantha		Cornell College	8.84m	8.55m	28-00.75	1
8.55m 8.34m 8.05m						
19 Herrera, Kiya		Beloit	8.83m	8.29m	27-02.50	1
8.29m 7.93m 8.23m						
20 Kelley, Keyanna		Knox	7.18m	7.80m	25-07.25	1
7.67m 7.63m 7.80m						
21 Bergeron, Sam		Knox	7.46m	7.13m	23-04.75	1
7.02m 7.13m 6.99m						





**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****Men 60 Meter Dash****Top 8 Advance by Time**

Name	Year	School	Seed	Prelims	H#
Conference: # 6.89	2013	Kiante Green, Monmouth College			
Conference: # 6.89	2020	Derrick Jackson			
<b>Preliminaries</b>					
1 Jackson, Derrick		Knox	6.85	# 6.86q	1
2 Ditsworth, Luke		Monmouth (Ill.)	7.06	7.10q	2
3 Geggie, Trevor		Knox	7.25	7.18q	1
4 Joseph, Ajani		Beloit	7.22	7.19q	3 7.181
5 Vander Galien, Logan		Ripon	7.23	7.19q	2 7.184
6 Ballman, Kendall		Knox	7.30	7.22q	3
7 Cefalu, Jacoby		Ripon	7.20	7.25q	4
8 Fisher, Ben		Ripon	7.18	7.26q	4 7.252
9 Shepherd, Patrick		Monmouth (Ill.)	7.11	7.26	3 7.257
10 Owusu Ansah, Felix		Cornell College	7.27	7.29	2 7.283
11 Hiser, Alexander		Grinnell	7.25	7.29	1 7.288
12 Platre, Niko		Cornell College	7.32	7.37	4
13 Graham, Hayden		Illinois College	7.42	7.44	3
14 Martin, Ahmasi		Beloit	7.48	7.48	1
15 Mukucha, Desire		Beloit	7.51	7.54	2
16 Greiner, Doniel		Cornell College	7.54	7.55	3
17 Versh, Peter		Grinnell	7.44	7.60	1
18 Douthat, Andrew		Lake Forest	7.62	7.71	4
19 Johnson, Christian		Lake Forest	7.75	7.72	4
20 Miller, Darion		Lake Forest	8.01	7.92	3
21 Nair, Aditya		Grinnell	8.06	8.41	2

**Men 60 Meter Dash**

Name	Year	School	Prelims	Finals	H#
Conference: # 6.89	2013	Kiante Green, Monmouth College			
Conference: # 6.89	2020	Derrick Jackson			
<b>Finals</b>					
1 Jackson, Derrick		Knox	6.86	6.90	2
2 Vander Galien, Logan		Ripon	7.19	7.12	1
3 Ditsworth, Luke		Monmouth (Ill.)	7.10	7.13	2
4 Ballman, Kendall		Knox	7.22	7.16	1
5 Joseph, Ajani		Beloit	7.19	7.19	2
6 Fisher, Ben		Ripon	7.26	7.26	1 7.255
7 Cefalu, Jacoby		Ripon	7.25	7.26	1 7.260
-- Geggie, Trevor		Knox	7.18	FS	2

**Men 200 Meter Dash**

Name	Year	School	Seed	Finals	H#
Conference: # 21.91	2009	Josh Hurlebaus, Carroll University			
1 Jackson, Derrick		Knox	22.49	22.40	6
2 Walker, Dameco		Ripon	22.52	22.54	6
3 Ditsworth, Luke		Monmouth (Ill.)	22.99	23.16	6
4 Shepherd, Patrick		Monmouth (Ill.)	23.02	23.32	6
5 Geggie, Trevor		Knox	24.41	23.33	3

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men 200 Meter Dash**

6	Joly, Brandon	Beloit	23.89	23.42	4
7	Joseph, Ajani	Beloit	23.45	23.46	5
8	Cefalu, Jacoby	Ripon	23.48	23.47	5
9	Owusu Ansah, Felix	Cornell College	23.56	23.49	5
10	Steber, Caleb	Illinois College	23.83	23.64	4
11	Martin, Ahmasi	Beloit	24.10	23.81	4
12	Fisher, Ben	Ripon		23.94	1
13	Engelken, Jacob	Cornell College	23.46	23.98	5
14	Bona, Reed	Monmouth (Ill.)	24.11	24.09	4
15	Hiser, Alexander	Grinnell	23.75	24.15	5
16	O'Hara, Sam	Cornell College	24.17	24.28	3
17	Walcher, Kyler	Grinnell	24.25	24.34	3
18	Wicks, Cam	Lawrence	24.13	24.38	4
19	Mukucha, Desire	Beloit	24.83	24.49	2
20	Eggert, Will	Lawrence	24.79	24.68	2
21	Douthat, Andrew	Lake Forest	25.97	25.71	2
22	Miller, Darion	Lake Forest	27.14	26.37	2
23	Johnson, Christian	Lake Forest	27.23	26.76	1
24	Clayton, Tallis	Knox	29.53	28.68	1
--	Versh, Peter	Grinnell	24.49	FS	3

**Men 400 Meter Dash**

Conference: # 47.92 2003		Ben Dreyer, St. Norbert College			
Name	Year	School	Seed	Finals	H#
1	Walker, Dameco	Ripon	50.96	51.19	4
	23.013 (23.013)	51.187 (28.174)			
2	Fuhrmann, Andrew	Ripon	51.27	51.70	4
	24.475 (24.475)	51.699 (27.224)			
3	Lowrance, Wyatt	Ripon	52.28	51.74	4
	24.648 (24.648)	51.740 (27.092)			
4	Brock, Alexander	Monmouth (Ill.)	52.75	52.42	3
	24.607 (24.607)	52.417 (27.810)			
5	Steber, Caleb	Illinois College	53.50	52.95	3
	25.167 (25.167)	52.947 (27.780)			
6	Jacobs, Tommy	Grinnell	52.28	52.98	4
	24.395 (24.395)	52.977 (28.582)			
7	Atou, Alexandre	Beloit	53.53	53.39	3
	25.674 (25.674)	53.381 (27.707)			
8	Diez, Onix	Beloit	55.68	53.96	2
	25.504 (25.504)	53.959 (28.455)			
9	Machande, Thomas	Cornell College	54.24	54.64	3
	26.601 (26.601)	54.638 (28.037)			
10	Brown, Marshall	Illinois College	54.53	54.73	2
	25.223 (25.223)	54.725 (29.502)			
11	Fedderke, Jacob	Illinois College	53.20	55.66	3
	25.450 (25.450)	55.652 (30.202)			
12	James, Xavier	Grinnell	56.21	56.82	1
	25.525 (25.525)	56.813 (31.288)			
13	Rowekamp, Sam	Grinnell		1:01.78	1
	29.556 (29.556)	1:01.773 (32.217)			
14	Cranna, Zachary	Beloit	1:08.67	1:03.89	1
	28.962 (28.962)	1:03.888 (34.926)			

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022

Track & Field Championships

Knox College

Results

....Men 400 Meter Dash

-- Pierce, Tyrell Knox 50.84 DQ 4 Lane Violation
23.162 (23.162) 51.662 (28.500)

Men 800 Meter Run

Table with columns: Name, Year, School, Seed, Finals, H#. Includes header information for Conference # 1:54.60 2004 and Colin McKean, St Norbert College.

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men 800 Meter Run**

24 Holzmueller, Aaron	Beloit	2:56.21	2:49.05	1
40.771 (40.771)	1:21.977 (41.206)	2:05.153 (43.176)	2:49.043 (43.890)	

**Men 1 Mile Run**

=====				
Conference: #	4:16.67	2005	Zach Barr, Monmouth College	
Name	Year	School	Seed	Finals H#
=====				
1 Hutchings, Isaak		Cornell College	4:35.04	4:20.95 2
33.499 (33.499)	1:07.966 (34.467)		1:41.707 (33.742)	2:15.072 (33.365)
2:47.248 (32.177)	3:18.628 (31.380)		3:49.844 (31.217)	4:20.948 (31.104)
2 Dulin, Riley		Monmouth (Ill.)	4:19.99	4:21.07 2
33.837 (33.837)	1:08.229 (34.393)		1:41.388 (33.159)	2:13.929 (32.542)
2:45.584 (31.655)	3:17.193 (31.609)		3:48.286 (31.093)	4:21.066 (32.780)
3 Nickeson, Andrew		Grinnell	4:27.41	4:23.21 2
34.204 (34.204)	1:08.463 (34.259)		1:42.187 (33.724)	2:15.016 (32.829)
2:47.521 (32.505)	3:20.048 (32.528)		3:51.993 (31.945)	4:23.208 (31.215)
4 Soda, Gabe		Cornell College	4:27.40	4:28.64 2
33.974 (33.974)	1:08.071 (34.097)		1:41.429 (33.359)	2:14.662 (33.233)
2:47.891 (33.229)	3:21.328 (33.438)		3:55.544 (34.217)	4:28.632 (33.088)
5 Davidson, Aaron		Cornell College	4:32.24	4:29.98 2
33.901 (33.901)	1:07.989 (34.089)		1:41.203 (33.214)	2:14.357 (33.154)
2:47.833 (33.477)	3:21.301 (33.468)		3:57.492 (36.192)	4:29.973 (32.482)
6 Kuwaye, Christian		Ripon	4:34.49	4:31.13 2
35.504 (35.504)	1:09.398 (33.894)		1:42.652 (33.254)	2:16.321 (33.669)
2:49.712 (33.392)	3:24.247 (34.535)		3:58.693 (34.447)	4:31.126 (32.433)
7 Harvey, Ben		Grinnell	4:27.23	4:32.36 2
34.314 (34.314)	1:08.333 (34.019)		1:41.946 (33.613)	2:14.899 (32.954)
2:47.591 (32.692)	3:21.043 (33.453)		3:55.858 (34.815)	4:32.351 (36.493)
8 Villanueva, Rainier		Ripon	4:38.74	4:38.29 2
34.506 (34.506)	1:08.722 (34.217)		1:42.962 (34.240)	2:16.624 (33.663)
2:51.249 (34.625)	3:27.153 (35.904)		4:03.529 (36.377)	4:38.288 (34.759)
9 Brotman, Eli		Grinnell	4:38.41	4:42.26 2
35.488 (35.488)	1:10.003 (34.515)		1:45.252 (35.249)	2:19.811 (34.559)
2:54.692 (34.882)	3:30.317 (35.625)		4:06.656 (36.339)	4:42.251 (35.595)
10 Radtke, Garrett		Ripon	4:59.55	4:50.53 2
34.893 (34.893)	1:09.892 (34.999)		1:45.439 (35.548)	2:22.508 (37.069)
3:00.318 (37.810)	3:38.243 (37.925)		4:16.124 (37.882)	4:50.522 (34.398)
11 Lande, Matt		Knox	5:00.73	4:56.06 1
37.143 (37.143)	1:13.933 (36.790)		1:50.934 (37.002)	2:27.939 (37.005)
3:05.154 (37.215)	3:43.314 (38.160)		4:21.783 (38.469)	4:56.060 (34.278)
12 Macartney, Alec		Lake Forest	4:54.83	4:58.50 2
35.879 (35.879)	1:09.202 (33.323)		1:44.228 (35.027)	2:20.807 (36.579)
2:59.894 (39.088)	3:39.196 (39.302)		4:18.963 (39.768)	4:58.496 (39.533)
13 Casper, Zach		Lawrence	5:01.66	5:00.26 1
37.984 (37.984)	1:14.785 (36.802)		1:51.759 (36.974)	2:27.677 (35.918)
3:04.913 (37.237)	3:43.227 (38.314)		4:21.863 (38.637)	5:00.258 (38.395)
14 Colter, Neo		Monmouth (Ill.)	5:10.89	5:00.89 1
38.063 (38.063)	1:15.490 (37.428)		1:52.598 (37.108)	2:30.295 (37.698)
3:07.647 (37.352)	3:46.427 (38.780)		4:25.715 (39.289)	5:00.890 (35.175)
15 Popoca, Thomas		Lawrence	5:02.72	5:01.14 1
37.274 (37.274)	1:14.373 (37.099)		1:51.928 (37.555)	2:29.354 (37.427)
3:07.920 (38.567)	3:46.825 (38.905)		4:25.903 (39.078)	5:01.138 (35.235)

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men 1 Mile Run**

16 Robison, Dakota	Knox	5:17.59	5:04.26	1
38.407 (38.407)	1:16.160 (37.754)	1:53.090 (36.930)	2:31.632 (38.542)	
3:09.698 (38.067)	3:49.713 (40.015)	4:27.892 (38.179)	5:04.259 (36.368)	
17 Kousiounelos, Dean	Lake Forest	5:10.72	5:04.32	1
37.400 (37.400)	1:14.968 (37.568)	1:52.174 (37.207)	2:29.724 (37.550)	
3:08.064 (38.340)	3:47.259 (39.195)	4:27.430 (40.172)	5:04.318 (36.888)	
18 Short, Ben	Grinnell	5:11.64	5:04.74	1
37.448 (37.448)	1:15.114 (37.667)	1:52.820 (37.707)	2:30.862 (38.042)	
3:09.922 (39.060)	3:50.029 (40.108)	4:29.015 (38.987)	5:04.735 (35.720)	
19 Cano, Julian	Lake Forest	5:10.37	5:05.36	1
37.697 (37.697)	1:14.822 (37.125)	1:51.668 (36.847)	2:29.084 (37.417)	
3:07.177 (38.093)	3:47.063 (39.887)	4:27.177 (40.114)	5:05.352 (38.175)	
20 Scherff, Elgin	Illinois College	4:48.37	5:05.93	2
35.576 (35.576)	1:10.259 (34.684)	1:46.769 (36.510)	2:25.171 (38.402)	
3:04.786 (39.615)	3:46.181 (41.395)	4:27.032 (40.852)	5:05.921 (38.889)	
21 Whitehead, Lionel	Lake Forest		5:09.31	1
37.839 (37.839)	1:15.213 (37.374)	1:52.890 (37.678)	2:31.355 (38.465)	
3:11.582 (40.227)	3:52.855 (41.274)	4:33.383 (40.528)	5:09.302 (35.919)	
22 Warhausen, Connor	Illinois College	5:36.50	5:57.98	1
41.554 (41.554)	1:24.994 (43.440)	2:08.717 (43.723)	2:54.880 (46.164)	
3:40.653 (45.773)	4:27.773 (47.120)	5:14.030 (46.258)	5:57.975 (43.945)	

**Men 3000 Meter Run**

Conference: # 8:35.64 2001		John Aerni, Grinnell College			
Name	Year School	Seed	Finals	H#	
1 Davidson, Aaron	Cornell College	8:55.22	8:43.72	2	
34.011 (34.011)	1:07.996 (33.985)	1:42.127 (34.132)	2:16.403 (34.277)		
2:50.005 (33.602)	3:23.755 (33.750)	3:58.467 (34.713)	4:33.562 (35.095)		
5:08.612 (35.050)	5:44.120 (35.508)	6:20.406 (36.287)	6:56.461 (36.055)		
7:32.188 (35.728)	8:08.680 (36.492)	8:43.717 (35.038)			
2 Nickeson, Andrew	Grinnell	8:55.07	8:51.50	2	
35.012 (35.012)	1:09.725 (34.713)	1:45.333 (35.609)	2:21.695 (36.362)		
2:57.933 (36.239)	3:34.645 (36.712)	4:11.373 (36.729)	4:47.951 (36.578)		
5:24.030 (36.079)	6:01.336 (37.307)	6:38.408 (37.073)	7:14.185 (35.777)		
7:49.901 (35.717)	8:22.565 (32.664)	8:51.493 (28.929)			
3 Dulin, Riley	Monmouth (Ill.)	9:06.68	8:51.51	2	
35.892 (35.892)	1:11.182 (35.290)	1:46.577 (35.395)	2:22.337 (35.760)		
2:58.542 (36.205)	3:34.665 (36.123)	4:11.643 (36.979)	4:48.551 (36.908)		
5:25.025 (36.474)	6:01.785 (36.760)	6:39.197 (37.413)	7:15.532 (36.335)		
7:50.543 (35.012)	8:22.006 (31.463)	8:51.503 (29.498)			
4 Soda, Gabe	Cornell College	9:15.57	9:00.11	2	
35.077 (35.077)	1:09.675 (34.598)	1:44.950 (35.275)	2:21.248 (36.299)		
2:57.556 (36.308)	3:34.392 (36.837)	4:11.138 (36.747)	4:47.647 (36.509)		
5:24.505 (36.858)	6:01.608 (37.104)	6:38.890 (37.282)	7:16.358 (37.469)		
7:53.441 (37.083)	8:28.577 (35.137)	9:00.105 (31.528)			
5 Bruce, Adam	Lawrence	8:53.32	9:01.71	2	
34.780 (34.780)	1:09.391 (34.612)	1:45.005 (35.614)	2:21.191 (36.187)		
2:57.521 (36.330)	3:33.870 (36.349)	4:10.703 (36.834)	4:46.886 (36.183)		
5:23.452 (36.567)	6:00.785 (37.333)	6:38.622 (37.838)	7:15.730 (37.108)		
7:52.712 (36.983)	8:28.397 (35.685)	9:01.707 (33.310)			

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men 3000 Meter Run**

6 Schopen, Caleb	Cornell College	9:15.33	9:03.33	2
34.350 (34.350)	1:08.481 (34.132)	1:44.561 (36.080)	2:20.778 (36.218)	
2:57.413 (36.635)	3:34.226 (36.813)	4:11.457 (37.232)	4:48.252 (36.795)	
5:24.785 (36.533)	6:01.857 (37.073)	6:38.927 (37.070)	7:15.331 (36.404)	
7:52.165 (36.834)	8:28.911 (36.747)	9:03.322 (34.412)		
7 Bird, Emery	Cornell College	9:12.30	9:06.34	2
35.357 (35.357)	1:09.566 (34.209)	1:44.836 (35.270)	2:21.048 (36.213)	
2:57.102 (36.054)	3:33.815 (36.713)	4:10.603 (36.789)	4:47.416 (36.813)	
5:23.735 (36.319)	6:01.055 (37.320)	6:38.081 (37.027)	7:15.065 (36.984)	
7:51.913 (36.849)	8:29.002 (37.089)	9:06.335 (37.333)		
8 Harvey, Ben	Grinnell	9:05.13	9:06.79	2
35.850 (35.850)	1:10.687 (34.838)	1:45.731 (35.044)	2:21.911 (36.180)	
2:58.251 (36.340)	3:34.875 (36.624)	4:11.707 (36.833)	4:48.090 (36.383)	
5:24.686 (36.597)	6:01.393 (36.708)	6:38.211 (36.818)	7:14.218 (36.008)	
7:51.423 (37.205)	8:29.871 (38.448)	9:06.786 (36.915)		
9 Declene, Jonah	Ripon	8:58.66	9:17.06	2
34.582 (34.582)	1:09.055 (34.473)	1:45.042 (35.988)	2:21.362 (36.320)	
2:57.685 (36.323)	3:34.138 (36.454)	4:10.925 (36.787)	4:47.146 (36.222)	
5:23.773 (36.628)	6:01.568 (37.795)	6:39.752 (38.184)	7:18.093 (38.342)	
7:58.060 (39.967)	8:38.313 (40.254)	9:17.056 (38.743)		
10 Martinez-Ortiz, Niko	Ripon	9:11.03	9:20.45	2
35.587 (35.587)	1:10.260 (34.673)	1:45.551 (35.292)	2:22.110 (36.559)	
2:58.876 (36.767)	3:35.230 (36.354)	4:12.152 (36.923)	4:49.563 (37.412)	
5:27.021 (37.458)	6:06.296 (39.275)	6:46.175 (39.879)	7:25.843 (39.669)	
8:06.251 (40.408)	8:45.755 (39.504)	9:20.441 (34.687)		
11 Ramsey, Bradley	Grinnell	9:26.94	9:23.38	2
36.141 (36.141)	1:12.282 (36.142)	1:49.078 (36.797)	2:25.988 (36.910)	
3:03.183 (37.195)	3:40.330 (37.147)	4:17.057 (36.728)	4:53.561 (36.504)	
5:30.377 (36.817)	6:08.097 (37.720)	6:47.245 (39.148)	7:27.201 (39.957)	
8:06.806 (39.605)	8:46.253 (39.448)	9:23.373 (37.120)		
12 Forstner, Sam	Ripon	8:59.69	9:27.63	2
34.810 (34.810)	1:09.285 (34.475)	1:44.435 (35.150)	2:20.511 (36.077)	
2:56.877 (36.367)	3:33.602 (36.725)	4:11.225 (37.623)	4:49.085 (37.860)	
5:28.761 (39.677)	6:09.777 (41.017)	6:51.385 (41.608)	7:32.940 (41.555)	
8:12.920 (39.980)	8:53.172 (40.253)	9:27.622 (34.450)		
13 Bojdak-Yates, Itai	Lawrence	9:27.32	9:32.28	2
35.555 (35.555)	1:11.376 (35.822)	1:47.828 (36.453)	2:24.907 (37.079)	
3:02.682 (37.775)	3:40.780 (38.098)	4:18.900 (38.120)	4:57.295 (38.395)	
5:36.533 (39.239)	6:15.662 (39.129)	6:55.458 (39.797)	7:35.141 (39.683)	
8:14.648 (39.508)	8:54.051 (39.403)	9:32.272 (38.222)		
14 Boggs, Devin	Illinois College	9:33.70	9:52.38	1
39.473 (39.473)	1:19.266 (39.793)	1:59.231 (39.965)	2:39.492 (40.261)	
3:19.550 (40.058)	3:59.368 (39.818)	4:39.562 (40.194)	5:19.572 (40.010)	
5:59.582 (40.010)	6:38.709 (39.127)	7:18.342 (39.633)	7:57.540 (39.198)	
8:36.317 (38.777)	9:14.858 (38.541)	9:52.373 (37.515)		
15 Macartney, Alec	Lake Forest	10:02.97	9:57.37	1
40.751 (40.751)	1:20.847 (40.096)	2:01.209 (40.362)	2:41.623 (40.414)	
3:21.517 (39.894)	4:00.560 (39.043)	4:39.846 (39.286)	5:20.060 (40.214)	
6:00.509 (40.449)	6:40.091 (39.582)	7:20.328 (40.237)	8:01.075 (40.747)	
8:41.478 (40.403)	9:21.561 (40.083)	9:57.363 (35.802)		

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men 3000 Meter Run**

16 Bonifer, C.J.	Monmouth (Ill.)	9:58.26	9:57.38	1
39.655 (39.655)	1:19.034 (39.379)	1:59.032 (39.998)	2:39.370 (40.338)	
3:19.147 (39.777)	3:59.162 (40.015)	4:39.281 (40.119)	5:19.359 (40.078)	
5:59.397 (40.038)	6:39.475 (40.078)	7:19.652 (40.177)	8:00.028 (40.376)	
8:40.963 (40.935)	9:21.350 (40.387)	9:57.377 (36.027)		
17 Fulgencio, Eduardo	Illinois College	9:49.64	9:59.23	1
39.239 (39.239)	1:18.934 (39.695)	1:58.991 (40.057)	2:39.652 (40.661)	
3:20.009 (40.357)	3:59.599 (39.590)	4:39.703 (40.104)	5:19.810 (40.107)	
6:00.137 (40.327)	6:40.375 (40.238)	7:19.990 (39.615)	8:00.282 (40.292)	
8:41.152 (40.870)	9:21.637 (40.485)	9:59.225 (37.588)		
18 Krysan, Mark	Grinnell	10:12.45	10:08.58	1
40.039 (40.039)	1:20.298 (40.259)	2:01.696 (41.398)	2:42.006 (40.310)	
3:21.951 (39.945)	4:00.936 (38.985)	4:40.238 (39.302)	5:20.460 (40.222)	
6:00.980 (40.520)	6:40.681 (39.701)	7:21.106 (40.425)	8:03.087 (41.981)	
8:46.415 (43.328)	9:28.619 (42.204)	10:08.571 (39.952)		
19 Cano, Julian	Lake Forest	10:45.92	1	
41.279 (41.279)	1:21.778 (40.499)	2:03.356 (41.578)	2:44.754 (41.398)	
3:26.542 (41.788)	4:08.409 (41.867)	4:50.930 (42.521)	5:34.729 (43.799)	
6:19.420 (44.691)	7:04.111 (44.691)	7:48.491 (44.380)	8:33.050 (44.559)	
9:17.373 (44.323)	9:59.726 (42.353)	10:45.920 (46.194)		
20 Martinez-Zendejas, Crist	Beloit	11:46.65	11:29.72	1
42.456 (42.456)	1:24.883 (42.427)	2:10.091 (45.208)	2:55.919 (45.828)	
3:42.581 (46.662)	4:29.061 (46.480)	5:16.430 (47.369)	6:04.238 (47.808)	
6:52.033 (47.795)	7:40.313 (48.280)	8:28.203 (47.890)	9:16.236 (48.033)	
10:01.675 (45.439)	10:47.563 (45.888)	11:29.717 (42.154)		
21 Eichfeld, Owen	Beloit	11:54.62	11:40.34	1
42.474 (42.474)	1:25.019 (42.545)	2:10.512 (45.493)	2:56.244 (45.732)	
3:43.030 (46.786)	4:29.668 (46.638)	5:16.934 (47.266)	6:04.884 (47.950)	
6:52.657 (47.773)	7:40.715 (48.058)	8:28.831 (48.116)	9:16.453 (47.622)	
10:03.914 (47.461)	10:52.176 (48.262)	11:40.339 (48.163)		

**Men 5000 Meter Run**

Conference: #	2018	Josh Janusiak, Lawrence University		
Name	Year	School	Seed	Finals
1 Davidson, Aaron		Cornell College	15:14.63	15:27.61
39.579 (39.579)	1:18.002 (38.424)	1:55.051 (37.049)	2:31.652 (36.602)	
3:08.259 (36.607)	3:43.897 (35.639)	4:19.040 (35.143)	4:55.800 (36.760)	
5:31.155 (35.355)	6:07.032 (35.878)	6:42.451 (35.419)	7:18.616 (36.165)	
7:55.921 (37.305)	8:33.054 (37.133)	9:09.462 (36.409)	9:45.887 (36.425)	
10:22.645 (36.758)	11:00.286 (37.642)	11:38.077 (37.792)	12:16.036 (37.959)	
12:53.767 (37.732)	13:32.429 (38.662)	14:11.604 (39.175)	14:50.114 (38.510)	
15:27.604 (37.490)				
2 Bruce, Adam		Lawrence	15:35.35	15:33.01
39.062 (39.062)	1:17.169 (38.107)	1:54.517 (37.349)	2:31.371 (36.854)	
3:07.999 (36.628)	3:44.410 (36.412)	4:19.984 (35.574)	4:56.412 (36.429)	
5:33.224 (36.812)	6:10.575 (37.352)	6:47.670 (37.095)	7:24.982 (37.313)	
8:02.357 (37.375)	8:39.675 (37.318)	9:17.220 (37.545)	9:55.207 (37.988)	
10:33.209 (38.002)	11:11.479 (38.270)	11:49.091 (37.613)	12:27.137 (38.047)	
13:05.185 (38.048)	13:42.796 (37.612)	14:20.201 (37.405)	14:57.224 (37.023)	
15:33.009 (35.785)				



**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men 5000 Meter Run**

3	Goodell, Brian	Grinnell	16:10.89	15:42.03
	39.531 (39.531)	1:17.547 (38.017)	1:54.965 (37.418)	2:31.872 (36.908)
	3:08.899 (37.027)	3:45.366 (36.468)	4:22.126 (36.760)	4:58.994 (36.868)
	5:36.845 (37.852)	6:15.174 (38.329)	6:54.074 (38.900)	7:32.086 (38.013)
	8:10.116 (38.030)	8:48.127 (38.012)	9:25.907 (37.780)	10:03.546 (37.639)
	10:41.749 (38.203)	11:19.825 (38.077)	11:58.246 (38.422)	12:37.560 (39.314)
	13:16.451 (38.892)	13:54.851 (38.400)	14:32.414 (37.563)	15:09.532 (37.119)
	15:42.031 (32.499)			
4	Schopen, Caleb	Cornell College	16:22.34	15:43.52
	39.976 (39.976)	1:18.612 (38.637)	1:56.169 (37.557)	2:33.035 (36.867)
	3:10.005 (36.970)	3:46.740 (36.735)	4:22.882 (36.143)	4:59.931 (37.049)
	5:37.567 (37.637)	6:15.587 (38.020)	6:53.837 (38.250)	7:31.834 (37.997)
	8:09.890 (38.057)	8:47.921 (38.032)	9:25.562 (37.642)	10:03.332 (37.770)
	10:41.277 (37.945)	11:19.735 (38.458)	11:58.149 (38.414)	12:37.370 (39.222)
	13:16.214 (38.844)	13:54.626 (38.413)	14:32.360 (37.734)	15:09.005 (36.645)
	15:43.514 (34.509)			
5	Decleene, Jonah	Ripon	15:50.65	15:50.59
	38.875 (38.875)	1:16.814 (37.939)	1:54.244 (37.430)	2:30.901 (36.658)
	3:07.656 (36.755)	3:43.946 (36.290)	4:18.915 (34.969)	4:56.154 (37.239)
	5:33.102 (36.949)	6:10.995 (37.893)	6:49.090 (38.095)	7:27.391 (38.302)
	8:06.282 (38.892)	8:44.917 (38.635)	9:23.627 (38.710)	10:02.321 (38.694)
	10:41.531 (39.210)	11:20.070 (38.539)	11:59.180 (39.110)	12:39.125 (39.945)
	13:19.459 (40.334)	13:58.974 (39.515)	14:38.760 (39.787)	15:17.631 (38.872)
	15:50.589 (32.958)			
6	Bird, Emery	Cornell College	15:50.63	15:52.33
	40.225 (40.225)	1:18.376 (38.152)	1:55.861 (37.485)	2:32.274 (36.413)
	3:09.486 (37.213)	3:45.979 (36.493)	4:21.602 (35.624)	4:57.899 (36.297)
	5:35.177 (37.279)	6:13.031 (37.854)	6:50.802 (37.772)	7:28.891 (38.089)
	8:06.760 (37.869)	8:44.369 (37.609)	9:22.464 (38.095)	10:00.257 (37.794)
	10:38.859 (38.602)	11:16.567 (37.709)	11:55.050 (38.483)	12:34.061 (39.012)
	13:13.539 (39.478)	13:52.967 (39.429)	14:32.247 (39.280)	15:12.661 (40.414)
	15:52.321 (39.660)			
7	Martinez-Ortiz, Niko	Ripon	16:08.96	16:02.73
	39.751 (39.751)	1:17.815 (38.064)	1:55.546 (37.732)	2:32.500 (36.954)
	3:09.787 (37.288)	3:46.522 (36.735)	4:23.670 (37.148)	5:00.434 (36.764)
	5:38.229 (37.795)	6:16.211 (37.983)	6:55.175 (38.964)	7:33.332 (38.158)
	8:12.390 (39.058)	8:51.994 (39.604)	9:30.706 (38.713)	10:09.441 (38.735)
	10:49.596 (40.155)	11:29.555 (39.959)	12:09.970 (40.415)	12:50.229 (40.259)
	13:30.349 (40.120)	14:10.875 (40.527)	14:50.952 (40.078)	15:29.432 (38.480)
	16:02.722 (33.290)			
8	Daniels, Billy	Lawrence	15:58.47	16:14.34
	39.571 (39.571)	1:17.627 (38.057)	1:55.240 (37.613)	2:31.835 (36.595)
	3:08.615 (36.780)	3:45.000 (36.385)	4:21.694 (36.694)	4:58.617 (36.924)
	5:36.567 (37.950)	6:14.942 (38.375)	6:54.006 (39.064)	7:32.691 (38.685)
	8:11.565 (38.874)	8:51.292 (39.728)	9:31.099 (39.807)	10:11.586 (40.488)
	10:52.154 (40.568)	11:32.821 (40.668)	12:13.591 (40.770)	12:54.445 (40.854)
	13:35.626 (41.182)	14:16.670 (41.044)	14:58.517 (41.848)	15:38.852 (40.335)
	16:14.335 (35.483)			

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men 5000 Meter Run**

9 Scherff, Elgin	Illinois College	17:26.85	16:16.42
40.494 (40.494)	1:19.510 (39.017)	1:57.052 (37.543)	2:34.335 (37.283)
3:11.955 (37.620)	3:49.776 (37.822)	4:28.445 (38.669)	5:07.401 (38.957)
5:47.309 (39.908)	6:26.806 (39.498)	7:05.691 (38.885)	7:44.391 (38.700)
8:23.606 (39.215)	9:03.240 (39.634)	9:43.721 (40.482)	10:24.089 (40.368)
11:04.257 (40.169)	11:44.997 (40.740)	12:25.149 (40.152)	13:05.644 (40.495)
13:45.852 (40.209)	14:26.770 (40.918)	15:07.550 (40.780)	15:46.154 (38.604)
16:16.415 (30.262)			
10 Boggs, Devin	Illinois College	16:36.89	16:16.69
40.376 (40.376)	1:19.254 (38.878)	1:57.064 (37.810)	2:34.647 (37.584)
3:12.511 (37.864)	3:50.754 (38.243)	4:29.135 (38.382)	5:07.739 (38.604)
5:47.361 (39.623)	6:27.001 (39.640)	7:05.966 (38.965)	7:44.839 (38.873)
8:23.910 (39.072)	9:03.549 (39.639)	9:43.806 (40.258)	10:24.359 (40.553)
11:04.642 (40.284)	11:45.180 (40.538)	12:25.429 (40.249)	13:05.875 (40.447)
13:46.170 (40.295)	14:26.987 (40.818)	15:07.712 (40.725)	15:46.237 (38.525)
16:16.685 (30.448)			
11 Potter, David	Ripon	15:53.69	16:17.80
39.440 (39.440)	1:17.341 (37.902)	1:55.080 (37.739)	2:32.370 (37.290)
3:09.434 (37.064)	3:46.234 (36.800)	4:23.274 (37.040)	5:01.140 (37.867)
5:39.480 (38.340)	6:18.135 (38.655)	6:57.345 (39.210)	7:36.231 (38.887)
8:15.941 (39.710)	8:56.145 (40.204)	9:36.491 (40.347)	10:16.551 (40.060)
10:56.561 (40.010)	11:36.975 (40.414)	12:17.517 (40.543)	12:57.899 (40.382)
13:38.916 (41.018)	14:19.762 (40.847)	15:00.935 (41.173)	15:41.834 (40.899)
16:17.794 (35.960)			
12 Bojdak-Yates, Itai	Lawrence	16:06.31	16:35.74
39.324 (39.324)	1:18.032 (38.709)	1:55.381 (37.349)	2:32.752 (37.372)
3:09.960 (37.208)	3:47.096 (37.137)	4:25.501 (38.405)	5:04.619 (39.118)
5:44.364 (39.745)	6:25.089 (40.725)	7:04.906 (39.818)	7:44.487 (39.582)
8:24.225 (39.738)	9:04.025 (39.800)	9:44.157 (40.133)	10:24.854 (40.697)
11:05.499 (40.645)	11:46.325 (40.827)	12:27.339 (41.014)	13:08.744 (41.405)
13:50.612 (41.869)	14:32.951 (42.339)	15:14.784 (41.833)	15:55.056 (40.273)
16:35.739 (40.683)			
13 Ramsey, Bradley	Grinnell	16:39.42	16:39.23
38.740 (38.740)	1:17.330 (38.590)	1:56.071 (38.742)	2:33.902 (37.832)
3:11.927 (38.025)	3:49.397 (37.470)	4:28.831 (39.434)	5:07.657 (38.827)
5:46.326 (38.669)	6:25.795 (39.469)	7:04.615 (38.820)	7:44.204 (39.589)
8:23.340 (39.137)	9:03.480 (40.140)	9:44.584 (41.104)	10:26.132 (41.549)
11:07.761 (41.629)	11:49.245 (41.484)	12:30.829 (41.584)	13:12.689 (41.860)
13:54.450 (41.762)	14:35.422 (40.973)	15:17.465 (42.043)	15:58.985 (41.520)
16:39.227 (40.243)			
14 Forstner, Sam	Ripon	16:04.25	16:52.79
39.225 (39.225)	1:17.417 (38.193)	1:54.827 (37.410)	2:31.860 (37.033)
3:09.212 (37.353)	3:45.955 (36.743)	4:23.155 (37.200)	5:01.625 (38.470)
5:41.259 (39.634)	6:21.772 (40.514)	7:02.960 (41.188)	7:44.652 (41.693)
8:26.080 (41.428)	9:08.592 (42.513)	9:51.495 (42.903)	10:34.187 (42.693)
11:16.717 (42.530)	11:59.839 (43.122)	12:42.504 (42.665)	13:25.321 (42.818)
14:07.871 (42.550)	14:50.519 (42.648)	15:32.762 (42.244)	16:13.480 (40.718)
16:52.790 (39.310)			

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men 5000 Meter Run**

15 West, Owen	Lawrence	16:45.00	17:09.28
40.621 (40.621)	1:18.871 (38.250)	1:56.364 (37.493)	2:32.912 (36.549)
3:11.587 (38.675)	3:49.297 (37.710)	4:27.844 (38.547)	5:08.164 (40.320)
5:49.169 (41.005)	6:30.169 (41.000)	7:13.581 (43.413)	7:56.129 (42.548)
8:39.845 (43.717)	9:17.260 (37.415)	10:00.211 (42.952)	10:44.771 (44.560)
11:29.594 (44.823)	12:13.675 (44.082)	12:57.560 (43.885)	13:44.447 (46.888)
14:30.267 (45.820)	15:13.442 (43.175)	15:54.740 (41.298)	16:35.856 (41.117)
17:09.275 (33.419)			
16 Snyder, Daniel	Grinnell	16:51.00	17:34.63
40.815 (40.815)	1:20.156 (39.342)	1:59.015 (38.859)	2:39.350 (40.335)
3:18.454 (39.104)	3:57.652 (39.199)	4:37.404 (39.752)	5:16.977 (39.574)
5:57.425 (40.448)	6:39.622 (42.198)	7:22.876 (43.254)	8:07.655 (44.779)
8:50.135 (42.480)	9:33.505 (43.370)	10:17.912 (44.408)	11:02.301 (44.389)
11:47.185 (44.884)	12:31.125 (43.940)	13:16.472 (45.348)	14:00.597 (44.125)
14:45.370 (44.773)	15:30.761 (45.392)	16:15.452 (44.692)	16:58.235 (42.783)
17:34.625 (36.390)			
17 Fulgencio, Eduardo	Illinois College	17:40.08	17:35.02
40.984 (40.984)	1:19.846 (38.863)	1:58.741 (38.895)	2:39.081 (40.340)
3:18.574 (39.493)	3:57.422 (38.849)	4:37.231 (39.809)	5:16.822 (39.592)
5:58.955 (42.133)	6:41.989 (43.034)	7:24.906 (42.918)	8:07.321 (42.415)
8:49.904 (42.583)	9:32.206 (42.303)	10:15.390 (43.184)	10:58.857 (43.468)
11:42.152 (43.295)	12:26.312 (44.160)	13:09.819 (43.507)	13:53.881 (44.063)
14:38.569 (44.688)	15:23.504 (44.935)	16:07.262 (43.759)	16:51.430 (44.168)
17:35.017 (43.588)			
18 Plumley, William	Monmouth (Ill.)		17:48.25
41.272 (41.272)	1:21.421 (40.149)	2:01.880 (40.459)	2:43.435 (41.555)
3:25.331 (41.897)	4:08.079 (42.748)	4:50.441 (42.363)	5:32.619 (42.178)
6:15.697 (43.079)	6:58.591 (42.894)	7:41.175 (42.584)	8:24.235 (43.060)
9:07.221 (42.987)	9:49.552 (42.332)	10:32.316 (42.764)	11:15.040 (42.724)
11:58.686 (43.647)	12:42.200 (43.514)	13:27.016 (44.817)	14:11.566 (44.550)
14:55.996 (44.430)	15:40.350 (44.354)	16:23.941 (43.592)	17:07.425 (43.484)
17:48.242 (40.818)			
19 Hicks, Harrison	Monmouth (Ill.)		20:08.92
42.459 (42.459)	1:23.814 (41.355)	2:05.767 (41.954)	2:49.269 (43.502)
3:33.049 (43.780)	4:18.029 (44.980)	5:02.657 (44.629)	5:49.341 (46.684)
6:36.895 (47.554)	7:25.022 (48.128)	8:12.624 (47.602)	9:01.164 (48.540)
9:50.162 (48.999)	10:40.107 (49.945)	11:30.786 (50.679)	12:21.585 (50.799)
13:12.759 (51.174)	14:05.177 (52.419)	14:58.570 (53.393)	15:51.340 (52.770)
16:44.086 (52.747)	17:37.374 (53.288)	18:29.917 (52.544)	19:21.201 (51.284)
20:08.919 (47.718)			

**Men 60 Meter Hurdles****Top 8 Advance by Time**

=====					
Conference: #	8.23	2020	Sam Stelloh, St. Norbert College		
Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1	Engelken, Jacob	Cornell College	9.09	8.92q	2
2	Telschow, Oscar	Ripon	8.98	9.21q	1
3	Wosmek, Nate	Ripon		9.33q	2
4	Lee, Jackson	Illinois College	9.39	9.43q	1
5	Schneider, Greyson	Lawrence	9.17	9.65q	2
6	James, Xavier	Grinnell	9.65	9.73q	1

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men 60 Meter Hurdles**

7	Watt-Martin, Jaden	Ripon	10.63	10.09q	2
8	Hollond, Sterling	Grinnell	10.71	10.48q	2
9	Centeno, Darnell	Knox		10.54	1
10	Solomon, Genesis	Beloit	11.23	11.55	1

**Men 60 Meter Hurdles**

Conference: #	8.23	2020	Sam Stelloh, St. Norbert College		
Name		Year School	Prelims	Finals	H#

**Finals**

1	Engelken, Jacob	Cornell College	8.92	8.83	2
2	Telschow, Oscar	Ripon	9.21	9.12	2
3	Wosmek, Nate	Ripon	9.33	9.19	2
4	Lee, Jackson	Illinois College	9.43	9.37	2
5	Schneider, Greyson	Lawrence	9.65	9.43	1
6	Watt-Martin, Jaden	Ripon	10.09	9.82	1
7	James, Xavier	Grinnell	9.73	9.85	1
8	Hollond, Sterling	Grinnell	10.48	10.44	1

**Men 4x200 Meter Relay**

Conference: #	1:28.64	2005	Monmouth College, Monmouth College		
			Rundle, Gross, Franks, Boma		
School			Seed	Finals	H#

1	Monmouth (Ill.)		1:33.78	1:31.33	2
	1) Ditsworth, Luke	2) Shepherd, Patrick			
	3) Brock, Alexander	4) Bona, Reed			
	45.462 (45.462)	1:08.434 (22.973)	1:31.324 (22.890)		
2	Knox			1:32.17	1
	1) Geggie, Trevor	2) Dicko, Hadam			
	3) Pierce, Tyrell	4) Jackson, Derrick			
	47.000 (47.000)	1:10.071 (23.072)	1:32.164 (22.093)		
3	Illinois College		1:34.19	1:32.60	2
	1) Steber, Caleb	2) Brown, Marshall			
	3) Fedderke, Jacob	4) Ross, Will			
	46.889 (46.889)	1:10.143 (23.254)	1:32.599 (22.457)		
4	Ripon		1:32.24	1:32.61	2
	1) Fisher, Ben	2) Klika, Steven			
	3) Cefalu, Jacoby	4) Walker, Dameco			
	46.843 (46.843)	1:10.538 (23.695)	1:32.604 (22.067)		
5	Grinnell		1:34.93	1:33.96	2
	1) Hiser, Alexander	2) Fuller, Andrew			
	3) Walcher, Kyler	4) Jacobs, Tommy			
	47.594 (47.594)	1:10.771 (23.177)	1:33.952 (23.182)		
6	Cornell College		1:38.00	1:34.35	1
	1) O'Hara, Sam	2) Engelken, Jacob			
	3) Platre, Niko	4) Owusu Ansah, Felix			
	47.220 (47.220)	1:11.185 (23.965)	1:34.344 (23.159)		
7	Lawrence		1:37.24	1:36.05	1
	1) Benjamin, David	2) Wicks, Cam			
	3) Eggert, Will	4) Schneider, Greyson			
	47.776 (47.776)	1:12.099 (24.323)	1:36.042 (23.944)		

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men 4x200 Meter Relay**

8 Lake Forest				1:45.26	1
1) Douthat, Andrew		2) Johnson, Christian			
3) Arulanadu, Albin		4) Miller, Darion			
52.515 (52.515)	1:18.900 (26.385)	1:45.260 (26.360)			
-- Beloit		1:33.57		DQ	2 Exchange Violation
1) Joseph, Ajani		2) Martin, Ahmasi			
3) Atou, Alexandre		4) Joly, Brandon			
46.359 (46.359)	1:09.736 (23.377)	1:32.842 (23.107)			

**Men 4x400 Meter Relay**

School	Seed	Finals	H#
Conference: # 3:18.99 2009	Carroll University, Carroll University		
	Hyland, Finser, Troeller, Hurlebaus		
1 Ripon	3:26.30	3:29.15	2
1) Fuhrmann, Andrew		2) Villanueva, Rainier	
3) Walker, Dameco		4) Lowrance, Wyatt	
54.335 (54.335)	1:47.477 (53.143)	2:38.842 (51.365)	3:29.142 (50.300)
2 Monmouth (Ill.)	3:29.80	3:30.57	2
1) Brock, Alexander		2) Dulin, Riley	
3) Newton, Eli		4) Shepherd, Patrick	
52.779 (52.779)	1:46.830 (54.052)	2:39.226 (52.397)	3:30.570 (51.344)
3 Grinnell	3:30.22	3:32.02	2
1) Fuller, Andrew		2) O'Reilly, Declan	
3) Boev, Ryan		4) Willis, Zach	
53.831 (53.831)	1:46.571 (52.740)	2:40.711 (54.140)	3:32.019 (51.308)
4 Illinois College	3:36.49	3:32.97	2
1) Fedderke, Jacob		2) Brown, Marshall	
3) Raines, Gavin		4) Steber, Caleb	
53.484 (53.484)	1:47.647 (54.164)	2:41.540 (53.893)	3:32.967 (51.428)
5 Knox	3:33.93	3:33.20	2
1) Geggie, Trevor		2) Beaver, Owen	
3) Lande, Matt		4) Pierce, Tyrell	
54.595 (54.595)	1:47.651 (53.057)	2:42.491 (54.840)	3:33.191 (50.700)
6 Cornell College	3:40.26	3:34.24	1
1) Engelken, Jacob		2) Machande, Thomas	
3) Watters, Nathan		4) Hutchings, Isaak	
52.236 (52.236)	1:45.941 (53.705)	2:41.270 (55.329)	3:34.237 (52.968)
7 Beloit	3:40.23	3:40.12	1
1) Atou, Alexandre		2) Diez, Onix	
3) Mukucha, Desire		4) Joly, Brandon	
52.803 (52.803)	1:48.937 (56.134)	2:46.525 (57.588)	3:40.120 (53.595)
8 Lawrence	3:43.80	3:42.14	1
1) Benjamin, David		2) Scott, Tyler	
3) Juridico, Lance		4) Schneider, Greyson	
55.355 (55.355)	1:51.726 (56.372)	2:47.035 (55.309)	3:42.133 (55.099)
9 Lake Forest	3:55.72	3:51.06	1
1) Brophy, Bart		2) Norcross, Mathieu	
3) Whitehead, Lionel		4) Sharifi, Jake	
56.366 (56.366)	1:51.215 (54.849)	2:51.002 (59.788)	3:51.057 (1:00.055)

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****Men 1600 Sprint Medley**

Conference: # 3:32.78 2013 Carroll University, Carroll University  
Miskov, Bloor, Witt, Pruitt

School	Seed	Finals	H#
1 Monmouth (Ill.)		3:36.94	2
1) Ditsworth, Luke	2) Shepherd, Patrick		
3) Brock, Alexander	4) Newton, Eli		
45.625 (45.625)	1:37.054 (51.429)	3:36.938 (1:59.884)	
2 Grinnell		3:36.99	1
1) Hiser, Alexander	2) Jacobs, Tommy		
3) Willis, Zach	4) O'Reilly, Declan		
46.517 (46.517)	1:38.425 (51.908)	3:36.990 (1:58.565)	
3 Ripon		3:38.27	2
1) Walker, Dameco	2) Klika, Steven		
3) Lowrance, Wyatt	4) Jumbeck, Jacob		
46.467 (46.467)	1:37.437 (50.970)	3:38.267 (2:00.830)	
4 Cornell College		3:46.07	1
1) Greiner, Doniel	2) O'Hara, Sam		
3) Machande, Thomas	4) Bilskie, Tyler		
47.922 (47.922)	1:41.620 (53.698)	3:46.062 (2:04.443)	
5 Illinois College		3:50.00	1
1) Slater, Tracy	2) Graham, Hayden		
3) Fedderke, Jacob	4) Detmer, Will		
47.873 (47.873)	1:42.610 (54.737)	3:49.997 (2:07.388)	
6 Beloit		3:50.22	2
1) Mukucha, Desire	2) Martin, Ahmasi		
3) Joly, Brandon	4) Atou, Alexandre		
48.209 (48.209)	1:42.094 (53.885)	3:50.214 (2:08.120)	
7 Lake Forest		3:55.35	2
1) Douthat, Andrew	2) Johnson, Christian		
3) Norcross, Mathieu	4) Brophy, Bart		
51.239 (51.239)	1:46.512 (55.273)	3:55.348 (2:08.837)	
8 Lawrence		3:55.65	1
1) Benjamin, David	2) Wicks, Cam		
3) Scott, Tyler	4) Juridico, Lance		
48.233 (48.233)	1:43.225 (54.992)	3:55.650 (2:12.425)	
9 Knox		4:20.02	2
1) Kishi, Brian	2) Vazquez, A.J.		
3) Kosyla, Shea	4) Martinez Nava, Miguel Israel		
51.090 (51.090)	1:54.275 (1:03.185)	4:20.012 (2:25.737)	

**Men Distance Medley**

Conference: # 10:27.91 2006 Ripon College, Ripon College  
Hein, Treder, Nielsen, Billings

School	Seed	Finals
1 Cornell College	10:45.75	10:38.82
1) Soda, Gabe	2) Isaacson, Fisher	
3) Bilskie, Tyler	4) Davidson, Aaron	
3:09.799 (3:09.799)	4:05.150 (55.352)	6:12.405 (2:07.255)
2 Ripon		10:38.817 (4:26.413)
		10:58.85
1) Klika, Steven	2) Potter, David	

Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022

Track & Field Championships

Knox College

Results

....Men Distance Medley

- 3) Kuwaye, Christian 4) Seeber, Matt  
3:21.827 (3:21.827) 4:16.012 (54.185) 6:17.311 (2:01.299) 10:58.846 (4:41.535)
- 3 Grinnell 11:04.66 11:00.66  
1) Williams, Carter 2) Walcher, Kyler  
3) Boev, Ryan 4) Brotman, Eli  
3:25.812 (3:25.812) 4:20.645 (54.833) 6:25.256 (2:04.612) 11:00.652 (4:35.397)
- 4 Illinois College 11:26.03 11:12.46  
1) Melin, Steven 2) White, Collin  
3) Detmer, Will 4) Boggs, Devin  
3:24.742 (3:24.742) 4:20.182 (55.440) 6:25.041 (2:04.859) 11:12.452 (4:47.412)
- 5 Lawrence 11:13.30  
1) Coble, Dylan 2) Scott, Tyler  
3) Juridico, Lance 4) Daniels, Billy  
3:32.010 (3:32.010) 4:22.067 (50.058) 6:32.164 (2:10.097) 11:13.299 (4:41.135)
- 6 Monmouth (Ill.) 12:37.81 11:50.87  
1) York, Xavion 2) Bernas, Riley  
3) Bernas, Braden 4) Bonifer, C.J.  
3:28.679 (3:28.679) 4:23.124 (54.445) 6:42.474 (2:19.350) 11:50.862 (5:08.389)
- 7 Knox 12:21.35  
1) Lande, Matt 2) Kosyla, Shea  
3) La Prad, Noah 4) Robison, Dakota  
3:27.151 (3:27.151) 4:33.316 (1:06.165) 6:53.781 (2:20.465) 12:21.350 (5:27.569)
- 8 Beloit 14:00.07 13:11.33  
1) Martinez-Zendejas, Cristian 2) Caracoza, Edgar  
3) Cortinas, Aiden 4) Eichfeld, Owen  
4:03.616 (4:03.616) 5:00.887 (57.272) 7:14.741 (2:13.854) 13:11.322 (5:56.582)

Men High Jump

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Conference: # 2.13m 1996 Shawn Maze, Monmouth College

Name	Year	School	Seed	Finals
1 Fisher, Ben		Ripon	2.01m	1.94m 6-04.25
1.34 1.39 1.44 1.49 1.54 1.59 1.64 1.69 1.74 1.79 1.84 1.89 1.94 1.99				PPP PPP PPP PPP PPP PPP PPP PPP O O O XO XXX
2 Raines, Gavin		Illinois College	1.89m	1.89m 6-02.25
1.34 1.39 1.44 1.49 1.54 1.59 1.64 1.69 1.74 1.79 1.84 1.89 1.94				PPP PPP PPP PPP PPP PPP PPP PPP O XXO XO XXX
3 Fuhrmann, Andrew		Ripon		1.79m 5-10.50
1.34 1.39 1.44 1.49 1.54 1.59 1.64 1.69 1.74 1.79 1.84				PPP PPP PPP PPP PPP PPP PPP O O XO XXX
4 Lowrance, Wyatt		Ripon	1.82m	J1.79m 5-10.50
1.34 1.39 1.44 1.49 1.54 1.59 1.64 1.69 1.74 1.79 1.84				PPP PPP PPP PPP PPP PPP PPP O O XXO XXX
5 Charles, Diontia		Beloit	1.65m	1.74m 5-08.50
1.34 1.39 1.44 1.49 1.54 1.59 1.64 1.69 1.74 1.79				PPP PPP O O O O O O XO XXX
5 Sikorski, Eric		Monmouth (Ill.)	1.76m	1.74m 5-08.50
1.34 1.39 1.44 1.49 1.54 1.59 1.64 1.69 1.74 1.79				PPP PPP PPP PPP PPP PPP PPP O XO XXX
7 Cowan, Cade		Cornell College		J1.74m 5-08.50
1.34 1.39 1.44 1.49 1.54 1.59 1.64 1.69 1.74				PPP PPP O O O O O O XXO XXO

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men High Jump**

8	Edwards, Deo		Beloit	1.51m	1.54m	5-00.50
	1.34 1.39 1.44 1.49 1.54 1.59					
	PPP PPP XO O O XXX					
9	Telschow, Oscar		Ripon	1.60m	J1.54m	5-00.50
	1.34 1.39 1.44 1.49 1.54 1.59					
	PPP PPP PPP O XO XXX					
9	Vazquez, A.J.		Knox		J1.54m	5-00.50
	1.34 1.39 1.44 1.49 1.54 1.59					
	PPP PPP O O XO XXX					

**Men Pole Vault**

Conference: # 5.21m 2018		Dan Evers, Monmouth College			
Name	Year	School	Seed	Finals	
1	Wilson, Reed	Monmouth (Ill.)	5.00m	4.92m	16-01.75
	3.12 3.42 3.57 3.72 3.87 4.02 4.17 4.32 4.47 4.62 4.77 4.92 5.13				
	PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XXO XXX				
2	Gray, Cade	Ripon	4.40m	4.62m	15-01.75
	3.12 3.42 3.57 3.72 3.87 4.02 4.17 4.32 4.47 4.62 4.77				
	PPP PPP PPP PPP PPP PPP XO O O XXO XXX				
3	Schneider, Greyson	Lawrence	3.93m	4.32m	14-02.00
	3.12 3.42 3.57 3.72 3.87 4.02 4.17 4.32 4.47				
	PPP PPP PPP PPP PPP O XO XO XXX				
4	Bona, Reed	Monmouth (Ill.)	4.01m	4.17m	13-08.25
	3.12 3.42 3.57 3.72 3.87 4.02 4.17 4.32				
	PPP PPP PPP O O O XO XXX				
5	Bernas, Riley	Monmouth (Ill.)	3.71m	3.87m	12-08.25
	3.12 3.42 3.57 3.72 3.87 4.02				
	PPP PPP O O XXO XXX				
6	Hollond, Sterling	Grinnell	3.65m	3.57m	11-08.50
	3.12 3.42 3.57 3.72				
	PPP O O XXX				
7	Sena, Ethan	Knox		J3.57m	11-08.50
	3.12 3.42 3.57 3.72				
	PPP O XO XXX				
7	Crum, Leeland	Beloit	3.40m	J3.57m	11-08.50
	3.12 3.42 3.57 3.72				
	PPP O XO XXX				
9	Phillips, Andrew	Illinois College	3.26m	3.42m	11-02.50
	3.12 3.42 3.57				
	O XXO XXX				
10	Telschow, Oscar	Ripon	3.25m	3.12m	10-02.75
	3.12 3.42				
	O XXX				
--	O'Sullivan, Nyhan	Lawrence	3.20m	NH	
	3.12				
	XXX				
--	Lee, Jackson	Illinois College	3.71m	NH	
	3.12 3.42 3.57				
	PPP PPP XXX				



**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022**  
**Track & Field Championships**  
**Knox College**  
**Results**

**Men Long Jump**

Conference: # 7.39m 2013		James Wilson, Monmouth College							
Name	Year	School	Seed	Finals			H#		
1 Walker, Dameco		Ripon	7.32m	7.30m	23-11.50		2		
	FOUL	FOUL	6.50m	6.99m	FOUL	7.30m			
2 Ballman, Kendall		Knox	7.01m	7.08m	23-02.75		2		
	FOUL	7.08m	6.94m	FOUL	7.03m	FOUL			
3 Ross, Will		Illinois College	7.08m	6.95m	22-09.75		2		
	6.83m	PASS	FOUL	6.55m	6.95m	6.72m			
4 Fisher, Ben		Ripon	6.64m	6.84m	22-05.25		2		
	6.40m	FOUL	6.84m	6.53m	6.56m	6.79m			
5 Gray, Cade		Ripon	6.86m	6.83m	22-05.00		2		
	6.34m	6.58m	6.72m	6.55m	6.70m	6.83m			
6 Benjamin, David		Lawrence	6.36m	6.56m	21-06.25		2		
	6.32m	6.56m	6.41m	6.23m	6.15m	6.26m			
7 Wilson, Reed		Monmouth (Ill.)	6.19m	6.13m	20-01.50		2		
	6.11m	6.04m	6.05m	5.92m	6.13m	FOUL			
8 Charles, Diontia		Beloit	5.77m	6.03m	19-09.50		1		
	6.03m	FOUL	FOUL	5.79m	5.81m	FOUL			
9 Solomon, Genesis		Beloit	5.80m	5.88m	19-03.50		1		
	FOUL	5.88m	5.84m	FOUL	FOUL	5.80m			
10 Greene, Maurice		Monmouth (Ill.)	5.82m	5.87m	19-03.25		2		
	FOUL	5.87m	FOUL						
11 Slater, Tracy		Illinois College	5.63m	5.79m	19-00.00		1		
	3.50m	FOUL	5.79m						
12 Kishi, Brian		Knox	5.66m	5.75m	18-10.50		1		
	FOUL	5.72m	5.75m						
13 Martin, Ahmasi		Beloit	5.91m	5.72m	18-09.25		2		
	5.57m	5.29m	5.72m						
14 Cowan, Cade		Cornell College		5.69m	18-08.00		1		
	5.69m	5.62m	5.66m						
15 Vazquez, A.J.		Knox	5.73m	5.43m	17-09.75		1		
	5.43m	FOUL	5.42m						
16 Saunders, Josh		Illinois College	5.22m	5.15m	16-10.75		1		
	5.15m	4.99m	4.92m						

**Men Triple Jump**

Conference: # 14.45m 2013		Kyle Mengarelli, Monmouth College							
Name	Year	School	Seed	Finals			H#		
1 Ross, Will		Illinois College	14.97m	14.31m	46-11.50		2		
	FOUL	13.77m	FOUL	PASS	13.49m	14.31m			
2 Walker, Dameco		Ripon	13.87m	13.85m	45-05.25		2		
	FOUL	13.49m	FOUL	FOUL	13.85m	PASS			
3 Gray, Cade		Ripon	13.50m	13.36m	43-10.00		2		
	13.36m	12.96m	13.26m	12.39m	13.23m	13.34m			
4 Ballman, Kendall		Knox	12.80m	13.30m	43-07.75		2		
	FOUL	12.87m	13.00m	12.79m	13.30m	13.14m			
5 Benjamin, David		Lawrence	13.18m	12.96m	42-06.25		2		
	12.18m	12.96m	12.20m	12.26m	12.06m	12.13m			
6 Eggert, Will		Lawrence	12.51m	12.62m	41-05.00		2		
	12.45m	12.08m	12.46m	12.61m	12.62m	12.37m			

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men Triple Jump**

7	Vander Galien, Logan	Ripon	12.45m	J12.62m	41-05.00	2
	12.62m 12.27m 12.20m 11.99m 12.24m 12.17m					
8	Greene, Maurice	Monmouth (Ill.)	12.92m	12.55m	41-02.25	2
	FOUL FOUL 12.55m 12.23m 12.15m 11.99m					
9	Platre, Niko	Cornell College	11.98m	12.29m	40-04.00	1
	12.24m FOUL 12.01m FOUL 11.68m 12.29m					
10	Bingham Jr., Shawn	Monmouth (Ill.)	12.28m	12.17m	39-11.25	1
	FOUL 12.17m FOUL					
11	Graham, Hayden	Illinois College	11.85m	12.06m	39-07.00	1
	FOUL 12.06m 11.77m					
12	Joly, Brandon	Beloit	11.88m	11.86m	38-11.00	1
	11.84m 11.73m 11.86m					
13	Vazquez, A.J.	Knox	12.51m	11.45m	37-06.75	2
	11.45m FOUL FOUL					
14	Centeno, Darnell	Knox	11.96m	11.39m	37-04.50	1
	FOUL 11.31m 11.39m					
--	Solomon, Genesis	Beloit		FOUL		1
	FOUL FOUL FOUL					
--	Edwards, Deo	Beloit	10.43m	FOUL		1
	FOUL FOUL FOUL					

**Men Shot Put**

Conference: # 16.80m 2001 Eric Holmes, Monmouth College						
Name	Year	School	Seed	Finals	H#	
1	Broomfield, Charles	Knox	14.62m	14.40m	47-03.00	2
	14.31m FOUL 14.40m FOUL FOUL FOUL					
2	Toberman, Caleb	Monmouth (Ill.)	13.12m	14.17m	46-06.00	2
	12.81m 13.96m 14.17m 13.34m 12.25m FOUL					
3	Bird, Andy	Monmouth (Ill.)	14.04m	14.07m	46-02.00	2
	13.09m 14.02m 14.07m FOUL FOUL FOUL					
4	Pace, Brad	Cornell College	13.09m	13.26m	43-06.00	2
	12.80m 13.03m 13.26m FOUL FOUL FOUL					
5	Reyes, Emiliano	Beloit	12.86m	12.99m	42-07.50	2
	12.99m 12.59m FOUL FOUL 10.65m FOUL					
6	Flack, Brock	Cornell College	12.85m	12.95m	42-06.00	2
	12.49m 12.48m FOUL 12.76m 12.95m FOUL					
7	Thomas, Ian	Lawrence	10.50m	12.69m	41-07.75	1
	12.44m 12.21m 12.58m FOUL 12.01m 12.69m					
8	Watters, Nathan	Cornell College	11.86m	12.67m	41-07.00	2
	12.17m 12.67m FOUL FOUL FOUL 12.31m					
9	Hanna, CJ	Illinois College	11.52m	12.44m	40-09.75	2
	11.65m 12.15m 12.44m 12.37m FOUL 11.44m					
10	Johnson, Jaylen	Lake Forest	10.77m	11.33m	37-02.25	1
	10.87m 10.68m 11.33m					
11	Burke, Zach	Lawrence	11.19m	11.25m	36-11.00	2
	11.25m 10.93m 10.61m					
12	Moushon, Xander	Illinois College	11.07m	11.15m	36-07.00	1
	11.15m FOUL FOUL					
13	Anderson, Shane	Monmouth (Ill.)	11.26m	11.14m	36-06.75	2
	10.53m 10.85m 11.14m					
14	Terlaje, Aryz	Ripon	11.09m	10.97m	36-00.00	2
	FOUL 9.88m 10.97m					

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men Shot Put**

15	Ebelhar, Brandon	Illinois College	10.76m	10.96m	35-11.50	1
	10.43m 10.86m 10.96m					
16	Giles, Tearsen	Ripon	10.18m	10.70m	35-01.25	1
	9.75m 10.70m 10.46m					
17	Winistorfer, Adam	Lake Forest	11.18m	10.52m	34-06.25	2
	10.52m 10.39m 10.10m					
18	Hall, Steven	Beloit	10.69m	10.28m	33-08.75	1
	10.25m 10.23m 10.28m					
19	Blatchley, Jacob	Ripon	9.67m	10.26m	33-08.00	1
	10.14m 10.26m 9.53m					
20	Rollins, Brandon	Lake Forest	10.52m	10.07m	33-00.50	1
	10.07m 9.56m 9.47m					
21	Schnetzler, Jeff	Monmouth (Ill.)	10.47m	10.02m	32-10.50	1
	10.02m 9.34m 9.90m					
22	Tansmore, Jamari	Lake Forest		9.57m	31-04.75	1
	9.29m 9.57m 8.96m					
23	Aygun, James	Knox	9.49m	9.29m	30-05.75	1
	FOUL 9.29m 9.25m					
24	Slatter, Cooper	Beloit	10.08m	8.06m	26-05.50	1
	FOUL 8.06m FOUL					

**Men Weight Throw**

Conference: # 19.91m 2019 John Hintz, Monmouth College						
Name	Year	School	Seed	Finals		H#
1	Broomfield, Charles	Knox	17.51m	17.14m	56-03.00	2
	15.53m 15.36m 15.26m 15.76m 16.16m 17.14m					
2	Toberman, Caleb	Monmouth (Ill.)	16.28m	15.85m	52-00.00	2
	FOUL 15.85m 15.75m FOUL FOUL 15.25m					
3	Bird, Andy	Monmouth (Ill.)	15.44m	15.38m	50-05.50	2
	14.65m 15.10m 15.29m FOUL FOUL 15.38m					
4	Pace, Brad	Cornell College	14.65m	15.36m	50-04.75	2
	14.40m 14.95m 14.43m 15.36m FOUL FOUL					
5	Anderson, Shane	Monmouth (Ill.)	14.94m	14.65m	48-00.75	2
	FOUL 14.65m FOUL FOUL FOUL 14.39m					
6	Richter, Theo	Grinnell	14.75m	14.13m	46-04.25	2
	13.05m 13.74m 13.40m 14.13m 13.18m 13.92m					
7	Reyes, Emiliano	Beloit	13.52m	13.37m	43-10.50	2
	12.42m 13.31m 12.88m FOUL 12.18m 13.37m					
8	Hanna, CJ	Illinois College	12.88m	12.77m	41-10.75	2
	12.04m 12.77m FOUL FOUL FOUL FOUL					
9	Moushon, Xander	Illinois College	11.76m	12.61m	41-04.50	1
	11.51m FOUL 12.61m 12.04m FOUL 11.54m					
10	Flack, Brock	Cornell College	12.74m	12.43m	40-09.50	2
	10.98m 10.92m 12.43m					
11	Burke, Zach	Lawrence	12.35m	12.20m	40-00.50	2
	12.20m 10.95m FOUL					
12	Bean, Garret	Grinnell	11.87m	12.14m	39-10.00	1
	12.14m 11.70m FOUL					
13	Giles, Tearsen	Ripon	11.14m	11.83m	38-09.75	1
	11.14m 11.51m 11.83m					
14	Cabrera, Gabriel	Beloit	11.23m	11.80m	38-08.75	1
	11.76m 11.80m 10.68m					

**Midwest Conference Indoor Championships - 2/25/2022 to 2/26/2022****Track & Field Championships****Knox College****Results****....Men Weight Throw**

15 Corley, Matthew	Cornell College	11.08m	10.75m	35-03.25	1
10.25m 10.19m 10.75m					
16 Corley, Andrew	Cornell College	11.57m	10.56m	34-07.75	1
10.26m FOUL 10.56m					
17 Thomas, Ian	Lawrence	10.30m	10.35m	33-11.50	1
FOUL 10.35m FOUL					
18 Terlaje, Aрыз	Ripon	10.70m	10.22m	33-06.50	1
9.83m 10.22m FOUL					
19 Nelson, Chase	Beloit	10.14m	10.02m	32-10.50	1
10.01m FOUL 10.02m					
20 Wosmek, Nate	Ripon	9.89m	10.00m	32-09.75	1
10.00m 9.67m 9.56m					
21 Clexton, Owen	Beloit	9.39m	9.38m	30-09.25	1
9.06m 9.38m FOUL					
-- Schnetzler, Jeff	Monmouth (Ill.)	12.68m	FOUL		2
FOUL FOUL FOUL					

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Women - Team Rankings - 18 Events Scored

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1) Ripon	173.50	2) Monmouth (Ill.)	149
3) Lawrence	97	4) Grinnell	91
5) Illinois College	61	6) Cornell College	44
7) Beloit	43	8) Knox	22.50
9) Lake Forest	20		

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Men - Team Rankings - 18 Events Scored

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1) Ripon	172	2) Monmouth (Ill.)	133.50
3) Cornell College	114	4) Knox	77.50
5) Grinnell	73	6) Illinois College	54
7) Lawrence	43	8) Beloit	31
9) Lake Forest	3		