

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024****Track & Field Championships****Ripon College****Results****Women 60 Meter Dash****Top 8 Advance by Time**

Name	Year	School	Seed	Prelims	H#
<b>Preliminaries</b>					
1		Carchidi, Eva		Grinnell	7.86q 3
2		Jones, AJ	8.09	Lake Forest	7.88q 1
3		Brown, Mattie	7.83	Illinois College	7.92q 1
4		Anderson, Deja	8.00	Illinois College	7.95q 2
5		Voinescu, Isa	8.26	Grinnell	8.11q 3
6		Moore-Bell, Makaiha	8.01	Monmouth (Ill.)	8.12q 3
7		Rusk, Maddie	8.08	Monmouth (Ill.)	8.17q 2 8.162
8		Garrett, Haley	8.03	Illinois College	8.17q 3 8.167
9		Jones, Fynesse	8.13	Illinois College	8.21 1 8.201
10		Furch, Alayna	8.14	Beloit	8.21 2 8.204
11		Hoffa, Sidney	8.29	Ripon	8.29 2
12		Royster, Darcel	8.21	Beloit	8.31 3
13		Echols, Jaeonie	8.39	Beloit	8.40 1
14		Hursey, Miranda	8.53	Monmouth (Ill.)	8.52 3
15		Raska, Tayler	8.42	Monmouth (Ill.)	8.54 1 8.532
16		Erickson, Jenna	8.53	Ripon	8.54 2 8.534
17		Pulaski, Annie	8.73	Lake Forest	8.68 2
18		Phillips, KaLanna	8.83	Grinnell	8.71 1
19		Gray, Kynaeda	8.54	Ripon	8.73 3
20		McField, Sarah	9.22	Lake Forest	9.06 1
21		Natalie, Alexandra	9.62	Grinnell	9.81 2
22		Akosa, Yaa	10.62	Beloit	11.12 3

**Women 60 Meter Dash**

Name	Year	School	Prelims	Finals	Points
<b>Finals</b>					
1		Carchidi, Eva	7.86	Grinnell	7.86 10
2		Brown, Mattie	7.92	Illinois College	7.92 8
3		Anderson, Deja	7.95	Illinois College	7.95 6
4		Jones, AJ	7.88	Lake Forest	7.99 5
5		Moore-Bell, Makaiha	8.12	Monmouth (Ill.)	8.03 4
6		Rusk, Maddie	8.17	Monmouth (Ill.)	8.09 3
7		Garrett, Haley	8.17	Illinois College	8.13 2
8		Voinescu, Isa	8.11	Grinnell	8.30 1

**Women 200 Meter Dash**

Name	Year	School	Seed	Finals	H#	Points
1		Damste, Candis	26.34	Beloit	26.14	6 10
2		Carchidi, Eva		Grinnell	26.23	1 8
3		Anderson, Deja	26.60	Illinois College	26.54	6 6
4		Garrett, Haley	26.59	Illinois College	26.63	6 5
5		Rusk, Maddie	26.92	Monmouth (Ill.)	26.70	6 4
6		Jones, Fynesse	27.42	Illinois College	27.07	5 3
7		Moore-Bell, Makaiha	27.53	Monmouth (Ill.)	27.08	4 2
8		Jones, AJ	27.35	Lake Forest	27.25	5 1
9		Brown, Sidney	27.34	Cornell College	27.40	5

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**Track & Field Championships**  
**Ripon College**  
**Results**

**....Women 200 Meter Dash**

10 Hoffa, Sidney	Ripon	27.45	27.41	5
11 Furch, Alayna	Beloit	27.43	27.47	5
12 Crowe, Maile	Grinnell	28.16	27.58	3
13 Brown, Mattie	Illinois College	26.98	27.64	6
14 Echols, Jaeonie	Beloit	27.78	27.95	4
15 Mar, Caitlyne	Cornell College	27.77	27.98	4
16 Royster, Darcel	Beloit	28.03	28.12	4
17 Celus, Ally	Monmouth (Ill.)	28.45	28.80	3
18 Raska, Tayler	Monmouth (Ill.)	28.76	28.81	3
19 Goodman, Jessie	Grinnell	28.89	29.01	3
20 Cross, Morgan	Lawrence	29.44	29.19	2
21 Cotton, Olivia	Cornell College	28.84	29.29	3
22 Vanden Acker, Anna	Lawrence	30.17	29.63	1
23 Long, Ashlee	Lawrence	30.02	30.00	2
24 Pulaski, Annie	Lake Forest	30.14	30.06	2
25 McField, Sarah	Lake Forest	30.73	30.76	1
-- Voinescu, Isa	Grinnell	27.56	DNS	4

**Women 400 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Damste, Candis	Beloit	1:00.49	59.01	4	10
28.026 (28.026)	59.010 (30.985)				
2 Brown, Sidney	Cornell College	1:01.68	1:00.35	4	8
28.703 (28.703)	1:00.341 (31.639)				
3 Carolan, Hailey	Cornell College	1:01.43	1:00.61	4	6
28.913 (28.913)	1:00.606 (31.694)				
4 Finn, Bridget	Ripon	1:01.78	1:01.55	4	5
28.932 (28.932)	1:01.549 (32.617)				
5 Woyak, Madylyn	Ripon	1:02.52	1:02.54	3	4
29.382 (29.382)	1:02.539 (33.157)				
6 Benson, Madeline	Illinois College	1:03.74	1:03.13	3	3
29.861 (29.861)	1:03.121 (33.260)				
7 Engst, Carina	Monmouth (Ill.)	1:04.81	1:03.17	2	2
30.294 (30.294)	1:03.161 (32.868)				
8 Fajardo-Wilde, Ella	Lawrence	1:01.55	1:03.31	4	1
30.420 (30.420)	1:03.307 (32.887)				
9 Oakley, Brooke	Illinois College	1:03.66	1:03.64	3	
29.515 (29.515)	1:03.634 (34.120)				
10 Weiss, Heleyna	Ripon	1:03.53	1:03.76	3	
29.602 (29.602)	1:03.757 (34.155)				
11 Hoyer, Nicole	Monmouth (Ill.)	1:05.75	1:04.37	2	
30.395 (30.395)	1:04.368 (33.974)				
12 Ibarra, Devin	Ripon	1:05.21	1:04.72	2	
31.147 (31.147)	1:04.719 (33.572)				
13 Bodnar, Lilia	Lawrence	1:02.18	1:04.89	3	
30.692 (30.692)	1:04.890 (34.199)				
14 Kenosi, One	Lake Forest	1:06.82	1:06.82	2	
30.964 (30.964)	1:06.814 (35.850)				
15 Thompson, Klaire	Grinnell	1:09.77	1:08.34	2	
31.664 (31.664)	1:08.333 (36.670)				
16 Vega Juarez, Itzel	Lawrence	1:11.71	1:11.58	1	
32.311 (32.311)	1:11.578 (39.267)				

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17 Pollack, Jianna	Grinnell	1:19.78	1
38.359 (38.359)	1:19.780 (41.421)		
-- Divadeenam, Rowan	Grinnell	DNS	1

**Women 800 Meter Run**

Name	Year School	Seed	Finals	H#	Points
1 Claussen-Tubbs, Ava	Cornell College	2:17.76	2:18.09	3	10
34.663 (34.663)	1:09.645 (34.983)	1:44.712 (35.067)	2:18.090		(33.378)
2 Cortes, Jenny	Ripon	2:17.36	2:19.17	3	8
34.445 (34.445)	1:09.400 (34.955)	1:44.489 (35.089)	2:19.162		(34.674)
3 Krell, Berkeley	Lawrence	2:27.46	2:23.60	3	6
34.895 (34.895)	1:10.137 (35.243)	1:45.968 (35.831)	2:23.599		(37.631)
4 Roark, Hannah	Grinnell	2:33.79	2:26.03	2	5
35.420 (35.420)	1:12.170 (36.750)	1:49.851 (37.681)	2:26.027		(36.176)
5 Willett, Isabelle	Ripon	2:29.50	2:27.46	3	4
34.768 (34.768)	1:11.251 (36.484)	1:49.773 (38.522)	2:27.460		(37.687)
6 Skorczewski, Gaby	Lawrence	2:29.03	2:29.74	3	3
33.945 (33.945)	1:11.040 (37.096)	1:50.659 (39.619)	2:29.738		(39.080)
7 Lammers, Katie	Cornell College	2:30.62	2:31.67	3	2
36.579 (36.579)	1:15.930 (39.351)	1:54.895 (38.965)	2:31.668		(36.774)
8 Dortch, Maddison	Illinois College	2:37.22	2:32.73	2	1
34.684 (34.684)	1:12.557 (37.874)	1:53.147 (40.590)	2:32.730		(39.584)
9 Henze, Laura	Lawrence	2:29.64	2:35.09	3	
36.241 (36.241)	1:14.594 (38.353)	1:55.914 (41.320)	2:35.086		(39.173)
10 Sherman, Kiki	Ripon	2:32.94	2:35.32	2	
36.025 (36.025)	1:14.850 (38.826)	1:55.856 (41.006)	2:35.315		(39.459)
11 Kreeger, Brooke	Grinnell	2:36.79	2:35.94	2	
37.262 (37.262)	1:16.298 (39.036)	1:56.905 (40.608)	2:35.936		(39.031)
12 Rabbani, Allison	Grinnell	2:36.11	2:37.35	2	
36.713 (36.713)	1:15.990 (39.278)	1:57.262 (41.272)	2:37.348		(40.086)
13 Carus, Marianna	Beloit	2:36.02	2:38.04	2	
37.685 (37.685)	1:16.989 (39.305)	1:58.134 (41.145)	2:38.037		(39.904)
14 Ray, Becca	Lake Forest	2:38.05	2:38.14	2	
38.612 (38.612)	1:18.422 (39.810)	1:58.921 (40.500)	2:38.131		(39.210)
15 Hoffman, Minnie	Ripon	2:32.37	2:38.26	3	
35.415 (35.415)	1:13.807 (38.392)	1:55.610 (41.803)	2:38.252		(42.643)
16 Miller, Sophia	Beloit	2:35.45	2:39.00	2	
36.298 (36.298)	1:15.235 (38.938)	1:57.686 (42.451)	2:38.991		(41.305)
17 Jorgensen, Delfina	Lake Forest	2:45.33	2:42.90	1	
39.124 (39.124)	1:17.900 (38.776)	2:00.502 (42.603)	2:42.900		(42.398)
18 Czuj, Josephine	Beloit	2:46.04	2:43.87	1	
39.546 (39.546)	1:19.717 (40.172)	2:02.071 (42.354)	2:43.867		(41.796)
19 Meason, Madeline	Beloit	2:43.16	2:45.10	2	
39.928 (39.928)	1:20.005 (40.077)	2:02.118 (42.114)	2:45.091		(42.974)
20 Dorner, Julie	Lake Forest	2:53.82	2:45.89	1	
41.106 (41.106)	1:22.676 (41.570)	2:05.539 (42.864)	2:45.887		(40.348)
21 Peters, Claire	Illinois College	2:49.58	2:46.62	1	
40.146 (40.146)	1:20.326 (40.180)	2:03.011 (42.685)	2:46.611		(43.600)
22 Rainey, Quinby	Grinnell		2:48.59	1	
40.232 (40.232)	1:23.238 (43.007)	2:08.129 (44.891)	2:48.584		(40.455)
23 Huffman, Avery	Lake Forest	2:59.16	2:52.64	1	
41.702 (41.702)	1:23.677 (41.975)	2:07.387 (43.710)	2:52.631		(45.245)

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**Results**

**....Women 800 Meter Run**

24 Drake, Ashley	Illinois College	3:04.06	1
43.070 (43.070)	1:31.078 (48.009)	2:19.594 (48.516)	3:04.060 (44.466)
-- Onukaogu, Faith	Lawrence	2:31.81	DNF 3
34.205 (34.205)			

**Women 1 Mile Run**

Name	Year School	Seed	Finals	H#	Points
1 Cortes, Jenny	Ripon	5:08.11	5:12.91	2	10
40.520 (40.520)	1:19.342 (38.823)	1:58.408 (39.066)	2:37.811 (39.404)		
3:17.882 (40.071)	3:58.104 (40.222)	4:38.076 (39.972)	5:12.907 (34.832)		
2 Oliver, Cristyn	Lawrence	5:12.28	5:13.08	2	8
40.641 (40.641)	1:19.466 (38.825)	1:58.661 (39.196)	2:38.029 (39.368)		
3:18.098 (40.070)	3:58.354 (40.256)	4:38.324 (39.970)	5:13.072 (34.749)		
3 Roark, Hannah	Grinnell	5:19.29	5:18.96	2	6
41.356 (41.356)	1:20.068 (38.712)	1:59.654 (39.586)	2:39.094 (39.440)		
3:20.659 (41.565)	4:02.804 (42.145)	4:43.727 (40.924)	5:18.957 (35.230)		
4 Winebrenner, Riley	Lawrence	5:28.98	5:19.65	2	5
40.975 (40.975)	1:19.732 (38.758)	1:58.968 (39.236)	2:38.517 (39.550)		
3:18.525 (40.008)	3:58.786 (40.262)	4:39.710 (40.924)	5:19.646 (39.936)		
5 Willett, Isabelle	Ripon	5:31.65	5:25.72	2	4
41.862 (41.862)	1:21.789 (39.927)	2:02.443 (40.655)	2:43.511 (41.068)		
3:25.286 (41.775)	4:07.776 (42.491)	4:49.129 (41.353)	5:25.713 (36.585)		
6 Miyamoto, Keely	Grinnell	5:21.55	5:26.40	2	3
41.547 (41.547)	1:21.248 (39.701)	2:02.327 (41.080)	2:43.256 (40.930)		
3:24.973 (41.717)	4:06.594 (41.621)	4:47.984 (41.390)	5:26.400 (38.416)		
7 Karow, Morgan	Grinnell	5:19.44	5:26.72	2	2
42.261 (42.261)	1:22.142 (39.882)	2:02.636 (40.495)	2:43.450 (40.814)		
3:24.809 (41.360)	4:06.916 (42.108)	4:48.050 (41.134)	5:26.716 (38.667)		
8 Hoda, Lettia	Lake Forest	5:30.59	5:29.45	2	1
42.434 (42.434)	1:22.054 (39.620)	2:03.034 (40.980)	2:44.504 (41.470)		
3:25.899 (41.395)	4:07.155 (41.256)	4:48.686 (41.532)	5:29.450 (40.764)		
9 Lammers, Katie	Cornell College	5:39.52	5:33.16	2	
41.591 (41.591)	1:21.617 (40.026)	2:02.660 (41.043)	2:44.146 (41.486)		
3:26.617 (42.472)	4:10.665 (44.048)	4:54.448 (43.784)	5:33.151 (38.704)		
10 Partsch, Jane	Lawrence	5:42.78	5:35.67	2	
41.748 (41.748)	1:21.284 (39.536)	2:02.080 (40.796)	2:43.363 (41.284)		
3:25.099 (41.736)	4:07.554 (42.455)	4:50.841 (43.288)	5:35.668 (44.827)		
11 Charron, Grace	Grinnell	5:45.88	5:51.13	2	
42.744 (42.744)	1:23.634 (40.890)	2:05.081 (41.448)	2:49.031 (43.950)		
3:34.008 (44.978)	4:20.180 (46.172)	5:06.647 (46.468)	5:51.121 (44.475)		
12 Sherman, Kiki	Ripon	5:40.76	5:51.71	2	
42.201 (42.201)	1:23.340 (41.140)	2:05.770 (42.430)	2:50.026 (44.256)		
3:35.626 (45.600)	4:22.178 (46.553)	5:09.147 (46.970)	5:51.703 (42.556)		
13 Jorgensen, Delfina	Lake Forest	5:53.78	5:57.18	1	
44.723 (44.723)	1:28.143 (43.420)	2:11.611 (43.469)	2:55.785 (44.175)		
3:40.745 (44.960)	4:26.867 (46.122)	5:13.526 (46.660)	5:57.180 (43.655)		
14 Goldthorpe, Macy	Ripon	6:08.54	5:59.49	1	
44.529 (44.529)	1:27.888 (43.360)	2:11.554 (43.666)	2:55.908 (44.354)		
3:41.214 (45.307)	4:27.343 (46.129)	5:13.513 (46.170)	5:59.487 (45.975)		
15 Carus, Marianna	Beloit	6:09.37	6:02.70	1	
44.585 (44.585)	1:28.063 (43.479)	2:12.022 (43.959)	2:56.476 (44.455)		
3:41.806 (45.330)	4:28.578 (46.773)	5:16.998 (48.420)	6:02.696 (45.699)		

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
**Track & Field Championships**  
**Ripon College**  
**Results**

**....Women 1 Mile Run**

16 Meason, Madeline	Beloit	6:16.73	6:10.39	1
45.315 (45.315)	1:29.581 (44.266)	2:15.445 (45.865)	3:02.491 (47.046)	
3:49.396 (46.905)	4:37.818 (48.422)	5:26.001 (48.184)	6:10.381 (44.380)	
17 Bivolarov, Melissa	Monmouth (Ill.)	6:15.20	6:11.52	1
46.781 (46.781)	1:33.095 (46.315)	2:21.173 (48.078)	3:08.045 (46.873)	
3:54.728 (46.683)	4:42.880 (48.153)	5:29.241 (46.361)	6:11.514 (42.274)	
18 Czuj, Josephine	Beloit	6:49.27	6:11.98	1
45.943 (45.943)	1:31.212 (45.269)	2:18.753 (47.542)	3:07.068 (48.315)	
3:54.988 (47.920)	4:43.199 (48.212)	5:29.459 (46.260)	6:11.971 (42.512)	
19 McAuliffe, Sara	Illinois College	6:29.65	6:21.28	1
47.907 (47.907)	1:33.949 (46.043)	2:21.769 (47.820)	3:10.783 (49.015)	
3:58.811 (48.028)	4:47.412 (48.601)	5:36.370 (48.959)	6:21.278 (44.909)	
20 Peters, Claire	Illinois College	6:24.37	6:24.12	1
45.747 (45.747)	1:30.470 (44.724)	2:16.813 (46.344)	3:04.823 (48.010)	
3:53.932 (49.109)	4:44.100 (50.169)	5:35.045 (50.945)	6:24.116 (49.071)	
21 Wunderlich, Eliza	Lawrence	6:36.07	6:31.65	1
47.224 (47.224)	1:32.533 (45.309)	2:20.600 (48.068)	3:09.952 (49.352)	
4:00.153 (50.202)	4:51.039 (50.886)	5:42.505 (51.466)	6:31.643 (49.139)	
22 Pasika, Utopia	Lake Forest	6:45.73	6:36.44	1
46.357 (46.357)	1:33.157 (46.800)	2:22.198 (49.041)	3:14.065 (51.868)	
4:06.327 (52.262)	4:58.179 (51.853)	5:50.993 (52.814)	6:36.432 (45.440)	
23 Koning, Meghan	Beloit	7:04.40	6:53.12	1
49.414 (49.414)	1:40.310 (50.896)	2:32.161 (51.851)	3:24.866 (52.705)	
4:18.397 (53.531)	5:11.087 (52.690)	6:04.555 (53.469)	6:53.120 (48.565)	
24 Czauderna, Amy	Lake Forest	7:15.35	7:06.46	1
49.668 (49.668)	1:40.688 (51.021)	2:33.178 (52.490)	3:26.457 (53.280)	
4:20.863 (54.406)	5:16.310 (55.448)	6:11.908 (55.599)	7:06.456 (54.548)	
25 Drake, Ashley	Illinois College	7:12.95	7:13.45	1
50.862 (50.862)	1:42.635 (51.774)	2:37.433 (54.799)	3:35.682 (58.249)	
4:32.419 (56.738)	5:28.921 (56.502)	6:24.182 (55.261)	7:13.442 (49.260)	

**Women 3000 Meter Run**

Name	Year School	Seed	Finals	H#	Points
1 Miyamoto, Keely	Grinnell	10:39.30	10:19.98	2	10
39.973 (39.973)	1:20.893 (40.920)	2:02.215 (41.323)	2:43.022 (40.807)		
3:24.346 (41.325)	4:05.474 (41.129)	4:46.644 (41.170)	5:28.271 (41.627)		
6:10.519 (42.249)	6:53.007 (42.488)	7:35.579 (42.573)	8:17.866 (42.287)		
9:00.422 (42.556)	9:42.281 (41.860)	10:19.977 (37.696)			
2 Denamur, Alison	Ripon	10:16.96	10:22.46	2	8
40.228 (40.228)	1:20.561 (40.333)	2:01.980 (41.420)	2:43.182 (41.202)		
3:24.533 (41.351)	4:05.717 (41.185)	4:46.918 (41.201)	5:28.551 (41.634)		
6:10.708 (42.157)	6:53.216 (42.509)	7:35.783 (42.567)	8:18.067 (42.285)		
9:00.764 (42.698)	9:42.648 (41.884)	10:22.458 (39.811)			
3 Karow, Morgan	Grinnell	10:56.27	10:26.96	2	6
41.126 (41.126)	1:22.115 (40.990)	2:02.998 (40.884)	2:45.398 (42.400)		
3:26.758 (41.360)	4:08.192 (41.435)	4:50.678 (42.487)	5:33.853 (43.175)		
6:16.851 (42.999)	6:59.744 (42.894)	7:41.951 (42.207)	8:24.580 (42.630)		
9:07.034 (42.455)	9:49.110 (42.076)	10:26.956 (37.846)			

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4	Flyte, Mikayla	Ripon	10:23.13	10:31.25	2	5
	40.644 (40.644)	1:20.417 (39.773)	2:01.946 (41.530)	2:43.346 (41.400)		
	3:24.894 (41.549)	4:06.508 (41.614)	4:49.253 (42.745)	5:32.304 (43.052)		
	6:15.639 (43.335)	6:58.981 (43.342)	7:42.450 (43.470)	8:25.503 (43.053)		
	9:08.058 (42.555)	9:50.720 (42.663)	10:31.243 (40.523)			
5	Frodl, Edythmae	Lawrence	10:47.33	10:33.32	2	4
	40.345 (40.345)	1:21.158 (40.814)	2:02.519 (41.361)	2:43.833 (41.315)		
	3:25.228 (41.395)	4:07.058 (41.830)	4:49.556 (42.499)	5:32.168 (42.613)		
	6:14.385 (42.217)	6:57.223 (42.839)	7:40.439 (43.216)	8:23.725 (43.286)		
	9:07.849 (44.125)	9:51.692 (43.843)	10:33.312 (41.620)			
6	Koppes, Alyza	Cornell College	10:39.56	10:34.65	2	3
	40.106 (40.106)	1:20.819 (40.714)	2:02.290 (41.471)	2:43.643 (41.353)		
	3:25.373 (41.731)	4:07.368 (41.995)	4:50.230 (42.863)	5:33.538 (43.308)		
	6:17.552 (44.015)	7:02.023 (44.472)	7:46.117 (44.094)	8:30.000 (43.884)		
	9:14.071 (44.071)	9:56.096 (42.025)	10:34.648 (38.552)			
7	Allard, Gabby	Ripon	10:44.56	10:40.97	2	2
	40.900 (40.900)	1:21.737 (40.837)	2:02.947 (41.210)	2:44.764 (41.818)		
	3:26.613 (41.850)	4:08.528 (41.915)	4:50.855 (42.327)	5:34.238 (43.383)		
	6:17.952 (43.715)	7:02.731 (44.780)	7:48.203 (45.473)	8:34.172 (45.969)		
	9:19.513 (45.341)	10:02.440 (42.928)	10:40.963 (38.523)			
8	Winebrenner, Riley	Lawrence	10:53.48	10:47.48	2	1
	40.487 (40.487)	1:21.279 (40.793)	2:02.763 (41.485)	2:44.095 (41.332)		
	3:25.553 (41.459)	4:07.472 (41.919)	4:50.432 (42.960)	5:34.804 (44.373)		
	6:18.917 (44.113)	7:03.483 (44.567)	7:47.553 (44.070)	8:32.832 (45.279)		
	9:18.552 (45.720)	10:03.832 (45.280)	10:47.471 (43.640)			
9	Harrison, Talia	Grinnell	11:06.93	11:01.16	2	
	41.396 (41.396)	1:22.963 (41.568)	2:05.048 (42.085)	2:48.628 (43.580)		
	3:33.047 (44.419)	4:17.229 (44.183)	5:02.031 (44.802)	5:47.511 (45.480)		
	6:32.515 (45.005)	7:17.936 (45.421)	8:03.049 (45.114)	8:47.982 (44.933)		
	9:34.300 (46.319)	10:19.144 (44.845)	11:01.154 (42.010)			
10	Barba, Diana	Grinnell	11:26.61	11:20.39	2	
	42.065 (42.065)	1:24.608 (42.544)	2:08.829 (44.221)	2:52.611 (43.782)		
	3:35.311 (42.700)	4:19.515 (44.205)	5:04.496 (44.981)	5:50.540 (46.045)		
	6:36.603 (46.063)	7:23.805 (47.203)	8:10.700 (46.895)	8:59.063 (48.363)		
	9:47.808 (48.745)	10:36.648 (48.840)	11:20.390 (43.743)			
11	Anderson, Natalie	Lawrence	11:29.57	11:30.64	2	
	41.706 (41.706)	1:24.278 (42.572)	2:08.543 (44.266)	2:52.127 (43.584)		
	3:34.871 (42.745)	4:19.688 (44.818)	5:02.186 (42.498)	5:48.908 (46.723)		
	6:36.719 (47.811)	7:26.051 (49.332)	8:16.299 (50.249)	9:06.337 (50.038)		
	9:55.827 (49.490)	10:44.997 (49.170)	11:30.638 (45.641)			
12	Costello, Samantha	Monmouth (Ill.)	11:53.05	11:45.37	1	
	43.420 (43.420)	1:29.611 (46.192)	2:15.572 (45.961)	3:02.725 (47.153)		
	3:49.929 (47.205)	4:36.609 (46.680)	5:23.954 (47.345)	6:12.186 (48.233)		
	6:59.938 (47.752)	7:47.426 (47.489)	8:35.649 (48.223)	9:24.267 (48.619)		
	10:12.544 (48.277)	11:00.273 (47.730)	11:45.365 (45.092)			
13	Carrino, Morgan	Illinois College	12:21.18	11:57.34	1	
	44.266 (44.266)	1:30.704 (46.438)	2:17.245 (46.541)	3:04.115 (46.870)		
	3:51.033 (46.919)	4:38.221 (47.189)	5:25.631 (47.410)	6:13.610 (47.980)		
	7:02.143 (48.534)	7:51.024 (48.881)	8:40.706 (49.682)	9:30.911 (50.205)		
	10:20.787 (49.877)	11:10.920 (50.133)	11:57.337 (46.418)			

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024****Track & Field Championships****Ripon College****Results****....Women 3000 Meter Run**

14 Mercado-Ramos, Kairy	Illinois College	12:18.67	12:12.43	1
45.236 (45.236)	1:31.338 (46.103)	2:18.438 (47.100)	3:05.511 (47.074)	
3:52.928 (47.417)	4:40.345 (47.417)	5:28.557 (48.213)	6:17.865 (49.308)	
7:07.744 (49.880)	7:58.693 (50.950)	8:50.156 (51.463)	9:42.111 (51.955)	
10:33.977 (51.867)	11:25.038 (51.061)	12:12.430 (47.392)		
15 Browne, Carter	Beloit	12:31.30	12:43.77	1
47.398 (47.398)	1:37.731 (50.334)	2:28.311 (50.580)	3:19.809 (51.498)	
4:12.391 (52.583)	5:04.815 (52.424)	5:56.991 (52.176)	6:48.708 (51.718)	
7:40.677 (51.970)	8:32.515 (51.838)	9:24.694 (52.180)	10:16.480 (51.786)	
11:07.570 (51.090)	11:58.106 (50.537)	12:43.764 (45.658)		
16 McAuliffe, Sara	Illinois College	13:01.72	12:47.43	1
48.287 (48.287)	1:37.781 (49.495)	2:27.032 (49.251)	3:17.609 (50.577)	
4:09.903 (52.295)	5:01.461 (51.559)	5:53.980 (52.519)	6:46.447 (52.468)	
7:38.836 (52.389)	8:31.091 (52.255)	9:24.004 (52.914)	10:16.231 (52.227)	
11:07.592 (51.362)	11:59.411 (51.819)	12:47.430 (48.020)		
-- Oliver, Cristyn	Lawrence	10:37.41	DNF	2
40.421 (40.421)	1:21.018 (40.598)	2:02.334 (41.316)	2:43.479 (41.145)	
3:25.133 (41.654)	4:06.788 (41.655)	4:49.588 (42.801)		

**Women 5000 Meter Run**

Name	Year School	Seed	Finals	Points
1 Flyte, Mikayla	Ripon	18:20.04	17:51.69	10
1:19.3 (1:19.3)	2:00.6 (41.4)	2:43.2 (42.6)	3:25.8 (42.7)	
4:08.5 (42.7)	4:50.7 (42.2)	5:33.2 (42.5)	6:15.9 (42.8)	
6:58.9 (43.1)	7:42.0 (43.2)	8:25.6 (43.6)	9:09.2 (43.7)	
9:52.9 (43.7)	10:36.6 (43.8)	11:20.7 (44.1)	12:04.7 (44.1)	
12:49.1 (44.5)	13:33.4 (44.3)	14:17.7 (44.4)	15:01.7 (44.0)	
15:45.7 (44.0)	16:29.8 (44.1)	17:12.7 (43.0)	17:50.7 (38.1)	
2 Miyamoto, Keely	Grinnell	18:12.91	17:53.91	8
1:21.5 (1:21.5)	2:03.9 (42.5)	2:46.8 (43.0)	3:28.8 (42.0)	
4:10.4 (41.7)	4:53.3 (42.9)	5:35.2 (42.0)	6:18.4 (43.3)	
7:01.3 (42.9)	7:44.8 (43.6)	8:28.0 (43.2)	9:10.8 (42.9)	
9:53.5 (42.7)	10:37.2 (43.7)	11:21.1 (43.9)	12:05.3 (44.3)	
12:48.9 (43.6)	13:33.7 (44.8)	14:17.9 (44.3)	15:02.0 (44.2)	
15:46.1 (44.1)	16:30.2 (44.2)	17:13.4 (43.2)	17:53.0 (39.6)	
3 Denamur, Alison	Ripon	18:15.45	17:56.30	6
1:19.3 (1:19.3)	2:00.5 (41.3)	2:43.1 (42.7)	3:25.8 (42.7)	
4:08.8 (43.0)	4:51.2 (42.5)	5:33.6 (42.4)	6:16.3 (42.8)	
6:59.4 (43.1)	7:42.3 (43.0)	8:25.7 (43.4)	9:09.4 (43.8)	
9:53.2 (43.8)	10:36.9 (43.8)	11:20.9 (44.0)	12:05.0 (44.2)	
12:49.4 (44.5)	13:33.7 (44.3)	14:18.2 (44.5)	15:02.3 (44.2)	
15:46.3 (44.1)	16:30.5 (44.2)	17:13.9 (43.5)	17:55.4 (41.5)	
4 Frodl, Edythmae	Lawrence	18:43.80	18:08.09	5
1:21.0 (1:21.0)	2:03.0 (42.0)	2:45.5 (42.5)	3:27.7 (42.3)	
4:10.2 (42.6)	4:53.3 (43.1)	5:35.6 (42.3)	6:18.7 (43.1)	
7:01.7 (43.1)	7:45.1 (43.5)	8:28.4 (43.3)	9:11.5 (43.1)	
9:55.5 (44.1)	10:39.8 (44.3)	11:24.3 (44.6)	12:09.2 (44.9)	
12:54.9 (45.7)	13:41.2 (46.3)	14:26.7 (45.6)	15:12.5 (45.9)	
15:57.7 (45.2)	16:43.2 (45.5)	17:27.0 (43.9)	18:07.1 (40.2)	

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024****Track & Field Championships****Ripon College****Results****....Women 5000 Meter Run**

5	Koppes, Alyza	Cornell College	18:06.47	18:12.15	4
	1:21.7 (1:21.7)	2:04.2 (42.6)	2:47.1 (42.9)	3:29.1 (42.0)	
	4:10.9 (41.9)	4:53.8 (43.0)	5:36.4 (42.6)	6:19.9 (43.5)	
	7:03.1 (43.2)	7:46.6 (43.5)	8:31.3 (44.7)	9:16.2 (44.9)	
	10:00.7 (44.6)	10:45.5 (44.8)	11:30.9 (45.4)	12:16.4 (45.6)	
	13:01.8 (45.4)	13:47.5 (45.8)	14:33.1 (45.7)	15:18.5 (45.4)	
	16:03.1 (44.6)	16:47.9 (44.9)	17:31.4 (43.6)	18:11.2 (39.8)	
6	Karow, Morgan	Grinnell	18:27.04	18:31.85	3
	1:23.9 (1:23.9)	2:08.4 (44.5)	2:52.1 (43.8)	3:36.5 (44.5)	
	4:21.3 (44.9)	5:06.1 (44.8)	5:49.7 (43.6)	6:33.6 (44.0)	
	7:19.1 (45.5)	8:04.8 (45.8)	8:50.6 (45.8)	9:36.7 (46.1)	
	10:22.2 (45.6)	11:07.2 (45.1)	11:53.0 (45.8)	12:38.4 (45.5)	
	13:23.5 (45.1)	14:08.3 (44.9)	14:53.4 (45.1)	15:38.4 (45.1)	
	16:23.4 (45.0)	17:07.4 (44.1)	17:50.8 (43.4)	18:30.9 (40.2)	
7	Allard, Gabby	Ripon	19:17.44	18:47.25	2
	1:22.9 (1:22.9)	2:06.8 (43.9)	2:52.1 (45.3)	3:36.6 (44.5)	
	4:21.4 (44.9)	5:06.1 (44.8)	5:49.7 (43.6)	6:34.0 (44.4)	
	7:19.3 (45.4)	8:05.1 (45.8)	8:51.1 (46.1)	9:36.9 (45.8)	
	10:22.6 (45.8)	11:08.1 (45.5)	11:54.2 (46.2)	12:40.7 (46.5)	
	13:28.4 (47.8)	14:16.4 (48.1)	15:03.7 (47.3)	15:50.6 (46.9)	
	16:36.5 (46.0)	17:22.5 (46.0)	18:06.8 (44.4)	18:46.3 (39.6)	
8	Orsi, Rain	Lawrence	19:46.84	19:03.90	1
	1:22.6 (1:22.6)	2:06.9 (44.3)	2:52.4 (45.6)	3:36.8 (44.5)	
	4:21.6 (44.9)	5:06.4 (44.8)	5:50.2 (43.8)	6:34.3 (44.2)	
	7:20.0 (45.7)	8:05.6 (45.6)	8:51.7 (46.1)	9:38.4 (46.8)	
	10:25.8 (47.4)	11:13.5 (47.8)	12:00.3 (46.8)	12:47.3 (47.1)	
	13:34.9 (47.6)	14:22.2 (47.3)	15:10.4 (48.3)	15:57.9 (47.5)	
	16:46.1 (48.3)	17:35.3 (49.3)	18:21.8 (46.6)	19:03.0 (41.2)	
9	Harrison, Talia	Grinnell	19:31.02	19:13.89	
	1:25.0 (1:25.0)	2:09.6 (44.7)	2:54.7 (45.1)	3:40.6 (45.9)	
	4:26.0 (45.4)	5:12.5 (46.6)	5:59.6 (47.2)	6:46.4 (46.9)	
	7:33.0 (46.6)	8:19.3 (46.4)	9:06.3 (47.1)	9:52.8 (46.5)	
	10:40.0 (47.2)	11:27.0 (47.1)	12:14.5 (47.5)	13:02.2 (47.7)	
	13:49.0 (46.9)	14:36.4 (47.4)	15:24.1 (47.8)	16:11.2 (47.2)	
	16:58.9 (47.7)	17:45.9 (47.1)	18:31.5 (45.7)	19:12.9 (41.5)	
10	Roth, Hannah	Grinnell	19:40.21	19:14.06	
	1:25.4 (1:25.4)	2:09.9 (44.6)	2:54.9 (45.0)	3:40.8 (46.0)	
	4:26.1 (45.3)	5:12.6 (46.5)	5:59.7 (47.2)	6:46.5 (46.8)	
	7:33.1 (46.6)	8:19.4 (46.4)	9:06.4 (47.0)	9:52.8 (46.4)	
	10:40.1 (47.3)	11:27.2 (47.2)	12:14.6 (47.4)	13:02.2 (47.7)	
	13:48.8 (46.6)	14:36.1 (47.4)	15:24.4 (48.4)	16:11.5 (47.1)	
	16:59.1 (47.7)	17:46.2 (47.1)	18:30.9 (44.7)	19:13.1 (42.3)	
11	Foster, Althea	Lawrence	20:08.62	20:13.30	
	1:28.2 (1:28.2)	2:14.3 (46.2)	3:01.2 (46.9)	3:47.4 (46.2)	
	4:31.7 (44.4)	5:18.1 (46.5)	6:07.1 (49.0)	6:56.8 (49.7)	
	7:47.0 (50.3)	8:37.7 (50.8)	9:28.3 (50.7)	10:18.8 (50.5)	
	11:09.4 (50.7)	12:01.1 (51.7)	12:51.6 (50.5)	13:43.0 (51.5)	
	14:34.4 (51.5)	15:24.9 (50.5)	16:17.3 (52.5)	17:06.0 (48.7)	
	17:56.2 (50.2)	18:45.9 (49.8)	19:33.3 (47.4)	20:12.4 (39.1)	



**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
**Track & Field Championships**  
**Ripon College**  
**Results**

**....Women 5000 Meter Run**

12 Moldenhauer, Jasmine	Lawrence	20:12.91	20:31.27
1:28.4 (1:28.4)	2:14.5 (46.2)	3:01.5 (47.0)	3:47.7 (46.3)
4:33.3 (45.7)	5:21.2 (47.9)	6:11.0 (49.8)	7:01.7 (50.8)
7:50.9 (49.3)	8:40.8 (49.9)	9:31.3 (50.5)	10:21.7 (50.5)
11:11.5 (49.9)	12:01.2 (49.7)	12:51.3 (50.1)	13:43.3 (52.0)
14:34.7 (51.5)	15:24.5 (49.8)	16:15.2 (50.8)	17:07.5 (52.3)
18:00.5 (53.0)	18:53.3 (52.9)	19:44.8 (51.5)	20:30.3 (45.6)
13 Mahler, Greta	Ripon		21:13.61
1:32.1 (1:32.1)	2:21.7 (49.7)	3:11.4 (49.7)	4:01.1 (49.8)
4:51.5 (50.4)	5:41.6 (50.2)	6:33.4 (51.8)	7:25.2 (51.9)
8:17.2 (52.0)	9:08.8 (51.7)	10:00.1 (51.3)	10:53.1 (53.0)
11:45.3 (52.3)	12:37.9 (52.7)	13:29.5 (51.7)	14:22.6 (53.1)
15:14.8 (52.2)	16:06.6 (51.9)	16:59.6 (53.0)	17:51.5 (52.0)
18:44.1 (52.7)	19:35.6 (51.5)	20:25.5 (50.0)	21:12.7 (47.2)
-- Browne, Carter	Beloit	22:06.12	DNF
1:34.2 (1:34.2)	2:24.3 (50.1)	3:15.7 (51.4)	4:08.0 (52.4)
5:00.4 (52.5)	5:52.7 (52.3)	6:45.2 (52.5)	7:37.5 (52.4)
8:30.1 (52.6)	9:23.0 (52.9)	10:16.3 (53.4)	11:09.9 (53.7)
12:02.6 (52.7)	12:55.3 (52.7)	13:48.3 (53.1)	14:41.6 (53.3)

**Women 60 Meter Hurdles**  
**Top 8 Advance by Time**

Name	Year School	Seed	Prelims	H#
<b>Preliminaries</b>				
1 Trimingham, Aleese	Illinois College	9.59	9.67q	2
2 Carolan, Hailey	Cornell College	9.68	9.72q	2
3 Finn, Bridget	Ripon	9.58	9.91q	1
4 Yank, Irene	Lawrence	9.92	9.96q	1
5 Welte, Hannah	Beloit		10.02q	2
6 Goodman, Jessie	Grinnell	10.22	10.17q	1
7 Han, Jacquelyn	Lake Forest	10.54	10.38q	2
8 Howard, Nia	Cornell College	10.51	10.60q	2
9 Staker, Sadie	Grinnell	10.54	10.64	1
10 Casey, Niomee	Beloit	10.73	10.86	2
11 Rivera, Patricia	Illinois College	10.82	10.98	2
12 Casey, Naomee	Beloit	10.99	11.14	1
13 Arnhold, Nicole	Ripon	12.03	11.32	2
14 Zendejas, Mariana	Lawrence	10.67	11.44	1
15 Carlin, Haley	Beloit	11.73	12.13	1

**Women 60 Meter Hurdles**

Name	Year School	Prelims	Finals	Points
<b>Finals</b>				
1 Carolan, Hailey	Cornell College	9.72	9.39	10
2 Trimingham, Aleese	Illinois College	9.67	9.40	8
3 Finn, Bridget	Ripon	9.91	9.51	6
4 Yank, Irene	Lawrence	9.96	10.04	5
5 Welte, Hannah	Beloit	10.02	10.31	4
6 Goodman, Jessie	Grinnell	10.17	10.34	3
7 Howard, Nia	Cornell College	10.60	10.48	2

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024****Track & Field Championships****Ripon College****Results****....Women 60 Meter Hurdles**

8 Han, Jacquelyn Lake Forest 10.38 10.54 1

**Women 4x200 Meter Relay**

School	Seed	Finals	H#	Points
1 Illinois College	1:46.42	1:45.63	2	10
1) Brown, Mattie	2) Garrett, Haley			
3) Jones, Fynesse	4) Anderson, Deja			
53.031 (53.031)	1:19.878 (26.848)	1:45.621 (25.744)		
2 Beloit	1:47.51	1:46.13	2	8
1) Echols, Jaeonie	2) Damste, Candis			
3) Royster, Darcel	4) Furch, Alayna			
53.232 (53.232)	1:19.852 (26.620)	1:46.122 (26.270)		
3 Grinnell	1:54.96	1:49.62	1	6
1) Voinescu, Isa	2) Taylor, Ava			
3) Leonard, Millie	4) Crowe, Maile			
55.308 (55.308)	1:22.852 (27.544)	1:49.613 (26.762)		
4 Monmouth (Ill.)	1:51.36	1:50.04	2	5
1) Rusk, Maddie	2) Moore-Bell, Makaiha			
3) Celus, Ally	4) Raska, Tayler			
53.792 (53.792)	1:21.686 (27.894)	1:50.036 (28.351)		
5 Ripon	1:50.86	1:50.43	2	4
1) Hoffa, Sidney	2) Woyak, Madylyn			
3) Weiss, Heleyna	4) Finn, Bridget			
55.626 (55.626)	1:23.250 (27.624)	1:50.424 (27.175)		
6 Cornell College	1:54.71	1:50.54	2	3
1) Mar, Caitlyne	2) Ziegler, Willow			
3) Cotton, Olivia	4) Carolan, Hailey			
27.475 (27.475)	1:23.865 (56.390)	1:50.537 (26.673)		
7 Lawrence	1:56.73	1:53.00	1	2
1) Cross, Morgan	2) Long, Ashlee			
3) Yank, Irene	4) Skorczewski, Gaby			
57.923 (57.923)	1:26.151 (28.228)	1:52.999 (26.849)		
-- Knox	1:59.46	DQ	1	Lane Violat
1) Shubert, Isabella	2) Layne, Abbie			
3) Jacobs, Emily	4) Balfour, Peyton			
56.937 (56.937)	1:27.047 (30.110)	1:55.672 (28.625)		
-- Lake Forest	1:56.72	DQ	1	Zone Violat
1) Jones, AJ	2) Kenosi, One			
3) Han, Jacquelyn	4) Pulaski, Annie			
56.080 (56.080)	1:25.785 (29.705)	1:54.345 (28.560)		

**Women 4x400 Meter Relay**

School	Seed	Finals	H#	Points
1 Beloit	4:16.61	4:04.19	2	10
1) Miller, Sophia	2) Damste, Candis			
3) Echols, Jaeonie	4) Furch, Alayna			
1:03.638 (1:03.638)	2:02.030 (58.393)	3:03.388 (1:01.358)	4:04.182 (1:00.795)	
2 Cornell College	4:07.26	4:05.71	2	8
1) Brown, Sidney	2) Carolan, Hailey			

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**....Women 4x400 Meter Relay**

3) Howard, Nia	4) Claussen-Tubbs, Ava						
1:01.849 (1:01.849)	2:03.426 (1:01.578)	3:05.506 (1:02.080)	4:05.705 (1:00.200)				
3 Ripon		4:11.51	4:09.17	2	6		
1) Finn, Bridget	2) Woyak, Madylyn						
3) Weiss, Heleyna	4) Cortes, Jenny						
1:01.217 (1:01.217)	2:05.544 (1:04.328)	3:07.169 (1:01.625)	4:09.166 (1:01.998)				
4 Lawrence		4:13.09	4:12.50	2	5		
1) Fajardo-Wilde, Ella	2) Skorczewski, Gaby						
3) Krell, Berkeley	4) Bodnar, Lilia						
1:01.408 (1:01.408)	2:03.716 (1:02.309)	3:08.764 (1:05.048)	4:12.496 (1:03.733)				
5 Illinois College		4:17.68	4:14.82	1	4		
1) Patterson, Apiphany	2) Benson, Madeline						
3) Trimmingham, Aleese	4) Oakley, Brooke						
1:05.300 (1:05.300)	2:07.453 (1:02.153)	3:11.728 (1:04.275)	4:14.815 (1:03.088)				
6 Monmouth (Ill.)		4:17.08	4:15.38	2	3		
1) Rusk, Maddie	2) Moore-Bell, Makaiha						
3) Engst, Carina	4) Johnson, Danielle						
1:05.116 (1:05.116)	2:06.444 (1:01.329)	3:09.930 (1:03.486)	4:15.378 (1:05.448)				
7 Grinnell		4:31.94	4:20.96	1	2		
1) Ong, Caitlin	2) Staker, Sadie						
3) Roark, Hannah	4) Leonard, Millie						
1:06.839 (1:06.839)	2:12.129 (1:05.290)	3:17.482 (1:05.354)	4:20.955 (1:03.474)				
8 Knox		4:31.54	4:29.38	1	1		
1) Rochford, Jillian	2) Jacobs, Emily						
3) Shubert, Isabella	4) Goodin, Cecilia						
1:06.637 (1:06.637)	2:18.205 (1:11.569)	3:24.749 (1:06.544)	4:29.378 (1:04.630)				
9 Lake Forest		4:39.87	4:42.07	1			
1) Kenosi, One	2) Hoda, Lettia						
3) Ray, Becca	4) Pulaski, Annie						
1:08.859 (1:08.859)	2:16.504 (1:07.645)	3:24.149 (1:07.646)	4:42.068 (1:17.919)				

**Women 1600 Sprint Medley**

School	Seed	Finals	H#	Points
1 Cornell College	4:27.04	4:16.65	2	10
1) Mar, Caitlyne	2) Ziegler, Willow			
3) Brown, Sidney	4) Claussen-Tubbs, Ava			
55.423 (55.423)	1:56.582 (1:01.160)	4:16.641 (2:20.060)		
2 Ripon	4:31.69	4:23.93	2	8
1) Ibarra, Devin	2) Gray, Kynaeda			
3) Woyak, Madylyn	4) Hoffman, Minnie			
55.778 (55.778)	1:58.250 (1:02.472)	4:23.929 (2:25.680)		
3 Illinois College	4:32.78	4:25.73	2	6
1) Salisbury, Madyson	2) Oakley, Brooke			
3) Patterson, Apiphany	4) Dortch, Maddison			
53.955 (53.955)	1:56.428 (1:02.473)	4:25.728 (2:29.300)		
4 Grinnell	4:40.72	4:28.11	2	5
1) Voinescu, Isa	2) Crowe, Maile			
3) Leonard, Millie	4) Ong, Caitlin			
54.410 (54.410)	1:57.425 (1:03.015)	4:28.102 (2:30.678)		
5 Beloit	4:46.90	4:29.44	1	4
1) Royster, Darcel	2) Furch, Alayna			
3) Echols, Jaeonie	4) Miller, Sophia			
54.221 (54.221)	1:56.729 (1:02.508)	4:29.439 (2:32.710)		

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**....Women 1600 Sprint Medley**

6	Lawrence			4:32.03	4:30.50	2	3
	1) Cross, Morgan		2) Skorczewski, Gaby				
	3) Fajardo-Wilde, Ella		4) Krell, Berkeley				
	56.452 (56.452)	2:00.182	(1:03.730)	4:30.491	(2:30.310)		
7	Knox				4:36.30	1	2
	1) Shubert, Isabella		2) Jacobs, Emily				
	3) Rochford, Jillian		4) Goodin, Cecilia				
	59.009 (59.009)	2:05.441	(1:06.433)	4:36.298	(2:30.857)		
8	Lake Forest				4:37.08	1	1
	1) Jones, AJ		2) Han, Jacquelyn				
	3) Kenosi, One		4) Ray, Becca				
	55.479 (55.479)	2:02.496	(1:07.017)	4:37.077	(2:34.582)		
9	Monmouth (Ill.)				4:38.25	1	
	1) Celus, Ally		2) Engst, Carina				
	3) Hoyer, Nicole		4) Johnson, Danielle				
	56.476 (56.476)	2:02.646	(1:06.171)	4:38.247	(2:35.601)		

**Women Distance Medley**

=====							
School			Seed		Finals	Points	
=====							
1	Ripon				12:48.58	10	
	1) Ibarra, Devin		2) Flyte, Mikayla				
	3) Denamur, Alison		4) Hoffman, Minnie				
	3:53.395 (3:53.395)	4:56.760	(1:03.365)	7:24.504	(2:27.745)	12:48.576	(5:24.073)
2	Lawrence				13:09.40	8	
	1) Partsch, Jane		2) Bodnar, Lilia				
	3) Henze, Laura		4) Oliver, Cristyn				
	4:01.470 (4:01.470)	5:06.800	(1:05.330)	7:39.193	(2:32.394)	13:09.395	(5:30.203)
3	Grinnell				13:31.57	6	
	1) Charron, Grace		2) Ong, Caitlin				
	3) Rabbani, Allison		4) Roth, Hannah				
	4:09.247 (4:09.247)	5:13.819	(1:04.572)	7:52.435	(2:38.616)	13:28.138	(5:35.704)
4	Lake Forest				14:24.27	5	
	1) Ray, Becca		2) Pulaski, Annie				
	3) Jorgensen, Delfina		4) Hoda, Lettia				
	4:11.672 (4:11.672)	5:22.113	(1:10.441)	8:07.917	(2:45.805)	13:41.235	(5:33.319)
5	Illinois College				14:20.60	4	
	1) Carrino, Morgan		2) Patterson, Apiphany				
	3) Mercado-Ramos, Kairy		4) Dortch, Maddison				
	4:15.845 (4:15.845)	5:20.184	(1:04.340)	8:03.967	(2:43.784)	13:48.098	(5:44.131)
6	Cornell College				13:53.38	3	
	1) Stumbo, Sophie		2) Ziegler, Willow				
	3) Page, Murray		4) Lammers, Katie				
	4:27.019 (4:27.019)	5:28.166	(1:01.148)	8:14.935	(2:46.769)	13:53.376	(5:38.442)
7	Monmouth (Ill.)				13:53.85	2	
	1) Eaton, Lindsay		2) Celus, Ally				
	3) Johnson, Danielle		4) Costello, Samantha				
	4:17.950 (4:17.950)	5:24.610	(1:06.660)	7:59.471	(2:34.862)	13:53.850	(5:54.379)
8	Beloit				14:49.65	1	
	1) Browne, Carter		2) Welte, Hannah				
	3) Miller, Sophia		4) Carus, Marianna				
	4:18.019 (4:18.019)	5:20.722	(1:02.704)	7:56.837	(2:36.115)	14:03.050	(6:06.213)

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**....Women Distance Medley**

9 Knox 15:40.48  
 1) Delgadillo, Serena 2) Hilliard, Francis  
 3) Sheetz, Eileen 4) King, Elena  
 4:47.064 (4:47.064) 5:57.300 (1:10.237) 9:00.335 (3:03.035) 15:40.474 (6:40.140)

**Women High Jump**

Name	Year	School	Seed	Finals	Points
1 Carolan, Hailey		Cornell College	1.67m	1.60m	5-03.00 10
1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65					
PPP PPP PPP PPP PPP					O O XXX
2 Kalk, Liz		Beloit		J1.60m	5-03.00 8
1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65					
PPP PPP O O O					XXO XO XXX
3 Finn, Bridget		Ripon	1.58m	1.55m	5-01.00 6
1.30 1.35 1.40 1.45 1.50 1.55 1.60					
PPP PPP PPP O O					O XXX
4 Studinski, Chloe		Ripon	1.50m	1.50m	4-11.00 5
1.30 1.35 1.40 1.45 1.50 1.55					
PPP O O O XO					XXX
5 Anderson, Lauren		Monmouth (Ill.)	1.48m	J1.50m	4-11.00 3.50
1.30 1.35 1.40 1.45 1.50 1.55					
PPP O O O XXO					XXX
5 Shafar, Megan		Knox	1.55m	J1.50m	4-11.00 3.50
1.30 1.35 1.40 1.45 1.50 1.55					
PPP PPP O O XXO					XXX
7 Howard, Nia		Cornell College	1.50m	1.45m	4-09.00 2
1.30 1.35 1.40 1.45 1.50					
PPP PPP O O XXX					
8 Long, Ashlee		Lawrence	1.41m	J1.45m	4-09.00 1
1.30 1.35 1.40 1.45 1.50					
PPP O XO XXO XXX					
9 Murphy, Naomi		Beloit	1.38m	1.40m	4-07.00
1.30 1.35 1.40 1.45					
PPP O XO XXX					
10 Allen, Bethany		Monmouth (Ill.)	1.33m	1.35m	4-05.00
1.30 1.35 1.40					
O XO XXX					
11 Gray, Kynaeda		Ripon	1.37m	1.30m	4-03.25
1.30 1.35					
O XXX					

**Women Pole Vault**

Name	Year	School	Seed	Finals	Points
1 Hursey, Miranda		Monmouth (Ill.)	3.29m	3.34m	10-11.50 10
2.14 2.29 2.44 2.59 2.74 2.89 3.04 3.19 3.34 3.49 3.50					
PPP PPP PPP PPP PPP					O XO XO XXO PPP XXX
2 Nowak, Paige		Illinois College	3.29m	3.19m	10-05.50 8
2.14 2.29 2.44 2.59 2.74 2.89 3.04 3.19 3.34					
PPP PPP PPP PPP PPP					PPP O O XXX

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**....Women Pole Vault**

3	Rexroat, Delaney	Monmouth (Ill.)	3.00m	3.04m	9-11.75	6
	2.14 2.29 2.44 2.59 2.74 2.89 3.04 3.19					
	PPP PPP PPP O O O XO XXX					
4	Casey, Naomee	Beloit	3.02m	J3.04m	9-11.75	5
	2.14 2.29 2.44 2.59 2.74 2.89 3.04 3.19					
	PPP PPP PPP XO XXO XXO XO XXX					
5	Benson, Madeline	Illinois College	3.17m	J3.04m	9-11.75	4
	2.14 2.29 2.44 2.59 2.74 2.89 3.04 3.19					
	PPP PPP PPP PPP PPP O XXO XXX					
6	Dailey, Megan	Monmouth (Ill.)	2.95m	2.74m	8-11.75	3
	2.14 2.29 2.44 2.59 2.74 2.89					
	PPP PPP XO O O XXX					
7	Beyers, Carson	Illinois College	2.69m	2.59m	8-06.00	2
	2.14 2.29 2.44 2.59 2.74					
	PPP O O O XXX					
8	Ong, Caitlin	Grinnell	2.45m	2.44m	8-00.00	1
	2.14 2.29 2.44 2.59					
	O O O XXX					
9	Carlin, Haley	Beloit	2.55m	J2.44m	8-00.00	
	2.14 2.29 2.44 2.59					
	XO XO O XXX					
10	Brown, Sidney	Cornell College	2.30m	J2.44m	8-00.00	
	2.14 2.29 2.44 2.59					
	XO O XO XXX					
--	Arnhold, Nicole	Ripon	2.13m	NH		
	2.14					
	XXX					

**Women Long Jump**

Name	Year	School	Seed	Finals	H#	Points
1 Rusk, Maddie		Monmouth (Ill.)	5.21m	5.47m	17-11.50	2 10
	5.47m	FOUL	5.26m	5.12m	PASS PASS	
2 Anderson, Deja		Illinois College	5.36m	5.41m	17-09.00	2 8
	FOUL	4.91m	5.41m	FOUL	FOUL 5.33m	
3 Hoffa, Sidney		Ripon	5.48m	5.21m	17-01.25	2 6
	5.17m	4.66m	5.21m	5.13m	FOUL 4.73m	
4 Balfour, Peyton		Knox	4.94m	5.14m	16-10.50	2 5
	5.06m	FOUL	5.14m	FOUL	4.49m FOUL	
5 Carolan, Hailey		Cornell College	4.92m	5.07m	16-07.75	2 4
	5.07m	4.94m	4.93m	4.82m	4.79m 4.81m	
6 Layne, Abbie		Knox	5.04m	5.05m	16-07.00	2 3
	5.05m	4.76m	4.30m	FOUL	FOUL 4.94m	
7 Welte, Hannah		Beloit		4.98m	16-04.25	1 1.50
	4.89m	FOUL	4.24m	4.98m	4.84m 4.59m	
7 Weiss, Heleyna		Ripon	5.03m	4.98m	16-04.25	2 1.50
	4.66m	4.85m	4.98m	4.93m	4.66m 4.73m	
9 Garrett, Haley		Illinois College	4.93m	4.84m	15-10.50	2
	4.75m	4.84m	4.79m	4.83m	4.51m 4.31m	
10 Finn, Bridget		Ripon	4.86m	4.82m	15-09.75	2
	4.82m	4.41m	4.57m			
10 Arnhold, Nicole		Ripon	4.79m	4.82m	15-09.75	1
	FOUL	4.82m	4.80m			

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**....Women Long Jump**

12	Crofton, Emma	Monmouth (Ill.)	4.92m	4.79m	15-08.75	2
	FOUL 4.79m 4.70m					
13	Rexroat, Delaney	Monmouth (Ill.)	4.88m	4.76m	15-07.50	2
	4.68m 4.76m 4.66m					
14	Zendejas, Mariana	Lawrence	4.65m	4.61m	15-01.50	1
	4.61m FOUL 4.49m					
14	Leonard, Millie	Grinnell	4.86m	4.61m	15-01.50	2
	FOUL FOUL 4.61m					
16	Royster, Darcel	Beloit	4.62m	4.59m	15-00.75	1
	FOUL 4.16m 4.59m					
16	Cross, Morgan	Lawrence	4.69m	4.59m	15-00.75	1
	4.44m 4.59m FOUL					
18	Hoyer, Nicole	Monmouth (Ill.)	4.60m	4.42m	14-06.00	1
	FOUL 4.28m 4.42m					
19	Vega Juarez, Itzel	Lawrence	4.37m	4.30m	14-01.25	1
	FOUL 4.30m FOUL					
20	Vollmayr-Lee, Mira	Grinnell	4.12m	4.25m	13-11.50	1
	4.25m FOUL 4.13m					
21	Murphy, Naomi	Beloit	3.94m	4.04m	13-03.25	1
	4.04m 3.63m 3.75m					
22	Grove, Hannah	Illinois College	3.92m	3.85m	12-07.75	1
	3.85m 3.57m 3.44m					
23	McField, Sarah	Lake Forest	4.17m	3.70m	12-01.75	1
	FOUL 3.70m FOUL					
--	Schultz, Lacie	Illinois College	4.85m	FOUL		1
	FOUL FOUL FOUL					

**Women Triple Jump**

Name	Year	School	Seed	Finals	H#	Points
1 Layne, Abbie		Knox	10.84m	10.76m	35-03.75	2 10
	FOUL 10.47m 10.53m 10.34m 10.64m 10.76m					
2 Engst, Carina		Monmouth (Ill.)	10.18m	10.65m	34-11.25	2 8
	10.16m 10.65m 10.28m 10.18m 10.36m 10.31m					
3 Balfour, Peyton		Knox	10.44m	10.52m	34-06.25	2 6
	10.52m FOUL 10.24m 9.87m 10.07m 10.10m					
4 Leonard, Millie		Grinnell	10.46m	10.29m	33-09.25	2 5
	FOUL 10.15m 10.23m 10.26m FOUL 10.29m					
5 Yank, Irene		Lawrence	10.45m	10.24m	33-07.25	2 4
	10.24m 9.56m 9.72m 9.73m 9.99m FOUL					
6 Rexroat, Delaney		Monmouth (Ill.)	10.34m	10.21m	33-06.00	2 3
	10.21m FOUL 10.19m 9.92m 10.02m FOUL					
7 Crofton, Emma		Monmouth (Ill.)	9.95m	10.18m	33-04.75	1 2
	10.18m 10.08m 9.92m FOUL FOUL 9.62m					
8 Zendejas, Mariana		Lawrence	9.96m	10.06m	33-00.25	2 1
	9.60m 9.99m 10.00m 9.27m 10.06m 9.71m					
9 Arnhold, Nicole		Ripon	9.90m	9.97m	32-08.50	1
	9.63m 9.75m 9.86m 9.62m 9.97m 9.83m					
10 Johnson, Danielle		Monmouth (Ill.)	9.86m	9.61m	31-06.50	1
	9.55m 9.61m 9.59m					
11 Vanden Acker, Anna		Lawrence	9.51m	9.46m	31-00.50	1
	9.46m 9.32m 9.30m					

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12 Long, Ashlee	Lawrence	9.56m	9.16m	30-00.75	1
9.16m 8.83m 8.87m					
13 Vollmayr-Lee, Mira	Grinnell	8.73m	8.81m	28-11.00	1
8.56m 8.81m FOUL					
-- Gray, Kynaeda	Ripon	9.19m	FOUL		1
FOUL FOUL FOUL					

**Women Shot Put**

Name	Year School	Seed	Finals	H#	Points
1 Otzelberger, Kalyn	Ripon	12.73m	12.68m	41-07.25	2 10
12.34m 12.62m 12.68m 12.27m 12.51m 12.62m					
2 Boley, Maddie	Monmouth (Ill.)	13.06m	12.62m	41-05.00	2 8
FOUL FOUL 12.62m 11.67m FOUL FOUL					
3 Gibbons, Gracie	Monmouth (Ill.)	12.34m	12.23m	40-01.50	2 6
12.23m FOUL 11.79m 11.35m FOUL FOUL					
4 Earle, Alayna	Monmouth (Ill.)	11.59m	11.98m	39-03.75	2 5
11.98m 10.13m 11.12m 11.07m 11.43m 11.40m					
5 Braun, Kayla	Monmouth (Ill.)	12.53m	11.55m	37-10.75	2 4
11.41m 10.59m 10.78m 11.55m 11.30m 10.69m					
6 Galowitz, Kylie	Grinnell	11.04m	11.39m	37-04.50	2 3
9.77m 10.18m 10.27m 11.13m 10.64m 11.39m					
7 Kuper, Sydney	Illinois College	10.72m	10.82m	35-06.00	2 2
10.64m 10.35m 10.55m 10.82m FOUL 10.14m					
8 Fox, Grace	Lawrence	10.29m	J10.82m	35-06.00	2 1
9.93m 10.09m 10.82m 9.28m 10.37m FOUL					
9 Ruff, Lindsey	Illinois College	9.93m	10.18m	33-04.75	1
8.94m 9.85m 10.18m 9.19m 10.13m 9.29m					
10 Kronberger, Katherine	Beloit	9.56m	10.15m	33-03.75	1
10.15m 9.29m 9.23m					
11 Mar, Robyn	Cornell College	9.56m	9.56m	31-04.50	1
9.56m 8.97m 9.34m					
12 Larson, Sophia	Ripon	9.60m	9.36m	30-08.50	1
FOUL 9.36m FOUL					
13 Koth, Sam	Cornell College	8.66m	8.94m	29-04.00	1
8.82m 8.94m 8.48m					
14 Herrera, Kai	Beloit	8.96m	8.75m	28-08.50	1
8.57m 8.75m FOUL					
15 Schuh, Mackenzie	Lawrence	8.08m	7.32m	24-00.25	1
7.32m 6.24m 7.18m					
16 Nsubuga, Nalwanga	Knox	6.84m	7.14m	23-05.25	1
6.90m 7.06m 7.14m					

**Women Weight Throw**

Name	Year School	Seed	Finals	H#	Points
1 Boley, Maddie	Monmouth (Ill.)	15.76m	16.81m	55-02.00	2 10
16.81m 16.12m 16.03m 16.19m FOUL 16.38m					
2 Toth, Jillian	Monmouth (Ill.)	14.86m	14.76m	48-05.25	2 8
14.72m FOUL 14.64m 14.12m 13.23m 14.76m					
3 Kuper, Sydney	Illinois College	14.59m	14.71m	48-03.25	2 6
14.29m 14.32m 14.71m 14.58m 14.22m 14.51m					



**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024****Track & Field Championships****Ripon College****Results****....Women Weight Throw**

4	Otzelberger, Kalyn	Ripon	14.15m	14.25m	46-09.00	2	5
	13.61m FOUL 14.08m 14.24m 14.25m FOUL						
5	Strovers, Maddy	Grinnell	13.35m	13.81m	45-03.75	2	4
	FOUL 13.81m 12.51m 12.01m FOUL FOUL						
6	Galowitz, Kylie	Grinnell	13.22m	13.35m	43-09.75	2	3
	13.10m 12.12m 13.35m FOUL FOUL FOUL						
7	Hogan, Brynn	Monmouth (Ill.)	13.97m	13.05m	42-09.75	2	2
	12.26m 13.05m 12.08m 12.93m FOUL 11.11m						
8	Gibbons, Gracie	Monmouth (Ill.)	14.22m	13.03m	42-09.00	2	1
	13.03m 12.78m 12.39m FOUL 12.91m FOUL						
9	Gajulapalli, Aparna	Lawrence	12.66m	12.58m	41-03.25	2	
	12.58m 12.05m 11.54m 12.33m 11.23m 11.81m						
10	Thomas, Keyleigh	Illinois College	12.36m	12.22m	40-01.25	2	
	11.05m 12.22m FOUL						
11	Koth, Sam	Cornell College	11.01m	11.68m	38-04.00	1	
	11.62m 11.30m 11.68m						
12	Kronberger, Katherine	Beloit	11.63m	11.64m	38-02.25	1	
	11.64m FOUL 10.63m						
13	Ruff, Lindsey	Illinois College	10.23m	11.07m	36-04.00	1	
	11.07m 10.89m 10.65m						
14	Mar, Robyn	Cornell College	12.01m	11.00m	36-01.25	2	
	11.00m 10.45m 10.81m						
15	Larson, Sophia	Ripon	10.59m	10.92m	35-10.00	1	
	10.89m 10.92m FOUL						
16	Fox, Grace	Lawrence	10.95m	10.79m	35-05.00	1	
	FOUL FOUL 10.79m						
17	Herrera, Kai	Beloit	9.39m	10.57m	34-08.25	1	
	10.57m 10.39m 10.26m						
18	Neymeyer, Maya	Cornell College	9.78m	10.05m	32-11.75	1	
	8.87m FOUL 10.05m						
19	Johnson, Jada	Ripon	9.64m	9.32m	30-07.00	1	
	9.32m 8.10m FOUL						
20	Schuh, Mackenzie	Lawrence	9.36m	9.20m	30-02.25	1	
	9.20m FOUL 7.91m						
--	Kobylski, Sam	Ripon	9.24m	FOUL			1
	FOUL FOUL FOUL						

**Men 60 Meter Dash****Top 8 Advance by Time**

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	Fadden, Lucas	Grinnell	6.89	6.86q	1
2	Cefalu, Jacoby	Ripon	6.89	6.88q	2
3	Yearby, Josh	Beloit	6.92	6.93q	3
4	Doss, Dylan	Illinois College	6.96	6.95q	3
5	Wasson, Carter	Illinois College	6.98	7.07q	2 7.062
6	Vander Galien, Logan	Ripon	6.99	7.07q	1 7.067
7	Saunders, Jaden	Illinois College	7.08	7.12q	2
8	Patterson, Da'Von	Monmouth (Ill.)	7.03	7.22q	1
9	Thomas, Bryson	Monmouth (Ill.)	7.13	7.29	3 7.284
10	Greiner, Doniel	Cornell College	7.30	7.29	1 7.287
11	Nakamura, Shuntaro	Lake Forest	7.29	7.29	2 7.288

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
**Track & Field Championships**  
**Ripon College**  
**Results**

**....Men 60 Meter Dash**

12	Borntreger, Brady	Illinois College	7.25	7.30	3
13	Wright, Mason	Lake Forest	7.31	7.31	1
14	Grice, Lane	Monmouth (Ill.)	7.47	7.36	1
15	Cross, Brendan	Lawrence	7.40	7.43	3
16	Fornari, Luca	Grinnell	7.38	7.44	2
17	Sanders, Bill	Monmouth (Ill.)	7.49	7.45	2
18	Sumoaro, Ayouba	Beloit	7.43	7.47	2
19	DeGeorge, Daniel	Beloit	7.43	7.49	1
20	Robinson, Jermaine	Lake Forest	7.56	7.56	3
21	Kosanovich, Carson	Lake Forest	7.65	7.63	3
22	Hooton, Frank	Beloit	8.01	7.95	2
23	Barnes, Khairy	Grinnell	8.28	8.36	1
--	Wittmayer, Parker	Lawrence	7.42	DNS	3

**Men 60 Meter Dash**

Name	Year	School	Prelims	Finals	Points
Finals					
1	Fadden, Lucas	Grinnell	6.86	6.88	10
2	Vander Galien, Logan	Ripon	7.07	6.96	8
3	Cefalu, Jacoby	Ripon	6.88	6.97	6
4	Yearby, Josh	Beloit	6.93	6.98	5
5	Doss, Dylan	Illinois College	6.95	6.99	4
6	Saunders, Jaden	Illinois College	7.12	7.14	3
7	Wasson, Carter	Illinois College	7.07	7.17	2
8	Patterson, Da'Von	Monmouth (Ill.)	7.22	7.20	1

**Men 200 Meter Dash**

Name	Year	School	Seed	Finals	H#	Points
1	Doss, Dylan	Illinois College	22.29	22.13	6	10
2	Cefalu, Jacoby	Ripon	22.47	22.27	6	8
3	Fadden, Lucas	Grinnell	22.16	22.47	6	6
4	Beaty, Hadley	Cornell College	22.72	22.53	6	5
5	Wasson, Carter	Illinois College	22.75	22.61	6	4
6	Williams, DJ	Illinois College	23.13	22.65	5	3 22.643
7	Yearby, Josh	Beloit	23.05	22.65	5	2 22.649
8	Walker, Dameco	Ripon	23.18	22.68	5	1
9	Outlaw, Adrian	Monmouth (Ill.)	23.42	23.28	5	
10	Saunders, Jaden	Illinois College	23.44	23.31	4	
11	Patterson, Da'Von	Monmouth (Ill.)	23.41	23.32	5	
12	Greiner, Doniel	Cornell College	23.54	23.75	4	
13	Wright, Mason	Lake Forest	23.90	23.80	3	
14	Lungu, Matthew	Lake Forest	23.74	23.81	4	
15	Otis, Nathaniel	Beloit	24.08	23.91	3	
16	DeGeorge, Daniel	Beloit	23.67	23.96	4	
17	Bryant, Max	Ripon	23.73	23.97	4	
18	Thomas, Bryson	Monmouth (Ill.)	23.99	23.98	3	
19	Fitzgerald, Keaton	Grinnell	24.20	24.17	2	
20	Morse, Logan	Monmouth (Ill.)	24.13	24.29	3	
21	Bhandari, Vanshith	Beloit	25.03	24.34	1	
22	Reed, Jack	Grinnell	24.53	24.77	2	

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
**Track & Field Championships**  
**Ripon College**  
**Results**

**....Men 200 Meter Dash**

23 Hagberg, Leo	Lawrence	24.86	24.83	1
24 Nakamura, Shuntaro	Lake Forest	24.28	25.07	2
25 Leisher, Ilem	Grinnell	25.06	25.09	1
26 Martin, Joshua	Cornell College	24.41	25.15	2
27 Douthat, Andrew	Lake Forest	25.07	25.88	1
-- Benjamin, David	Lawrence	23.82	DNS	3
-- Wittmayer, Parker	Lawrence	24.51	DNS	2

**Men 400 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Outlaw, Adrian	Monmouth (Ill.)	51.62	50.99	5	10
23.737 (23.737)	50.987 (27.250)				
2 Williams, DJ	Illinois College	51.83	51.09	5	8
24.036 (24.036)	51.084 (27.048)				
3 McGuire, Jaxin	Cornell College	52.26	51.23	4	6
23.936 (23.936)	51.227 (27.292)				
4 Atou, Alexandre	Beloit	51.22	51.31	5	5
24.524 (24.524)	51.307 (26.784)				
5 Davies, Jacob	Ripon	51.88	51.44	4	4
23.737 (23.737)	51.434 (27.697)				
6 Lungu, Matthew	Lake Forest	52.37	51.80	4	3 51.792
24.884 (24.884)	51.792 (26.909)				
7 Curry, Patrick	Monmouth (Ill.)	51.53	51.80	5	2 51.798
24.341 (24.341)	51.798 (27.458)				
8 Pfister, Caden	Grinnell	52.90	52.34	4	1
23.819 (23.819)	52.337 (28.519)				
9 Camper, Xavier	Monmouth (Ill.)	53.15	52.74	4	
25.433 (25.433)	52.737 (27.305)				
10 Manning, Finley	Ripon	53.44	53.05	3	
25.197 (25.197)	53.046 (27.849)				
11 Jacobs, Currey	Cornell College	53.33	53.31	3	
24.641 (24.641)	53.309 (28.668)				
12 Zewdie, Israel	Beloit		53.78	1	53.772
25.721 (25.721)	53.772 (28.052)				
13 Block, Owen	Grinnell	54.66	53.78	3	53.778
26.376 (26.376)	53.778 (27.402)				
14 Walker, Dameco	Ripon	51.27	54.42	5	
23.377 (23.377)	54.418 (31.041)				
15 James, Xavier	Grinnell	54.05	55.01	3	
25.856 (25.856)	55.003 (29.148)				
16 Thorson, Bergen	Lawrence	55.08	55.37	3	
26.123 (26.123)	55.367 (29.245)				
17 Bernas, Riley	Monmouth (Ill.)	56.19	55.79	2	
26.270 (26.270)	55.783 (29.513)				
18 Bateman, Will	Illinois College	56.61	55.91	2	
26.115 (26.115)	55.902 (29.787)				
19 Juridico, Lance	Lawrence	55.48	56.10	2	
26.478 (26.478)	56.097 (29.619)				
20 Novelle, Jack	Grinnell		56.29	1	
27.629 (27.629)	56.281 (28.652)				
21 Altenbernd, Joey	Illinois College	57.02	56.42	2	
25.449 (25.449)	56.419 (30.970)				

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024****Track & Field Championships****Ripon College****Results****....Men 400 Meter Dash**

22 Casseus, Raymond	Illinois College	58.60	57.29	1
26.313 (26.313)	57.282 (30.970)			
23 Ponder, Jalen	Beloit	58.14	57.63	2
27.187 (27.187)	57.629 (30.443)			
24 Upadhyay, Prince	Beloit	1:01.33	59.72	1
28.156 (28.156)	59.717 (31.562)			
25 Douthat, Andrew	Lake Forest		1:01.39	1
27.416 (27.416)	1:01.383 (33.968)			

**Men 800 Meter Run**

Name	Year School	Seed	Finals	H#	Points
1 Newton, Eli	Monmouth (Ill.)	1:57.20	1:55.46	3	10
27.926 (27.926)	56.612 (28.686)	1:26.353 (29.741)	1:55.453 (29.100)		
2 Jumbeck, Jacob	Ripon	1:58.01	1:56.40	3	8
28.646 (28.646)	57.366 (28.720)	1:27.044 (29.678)	1:56.398 (29.355)		
3 Hutchings, Isaak	Cornell College	1:58.13	1:56.79	3	6
28.843 (28.843)	57.554 (28.712)	1:26.806 (29.252)	1:56.783 (29.977)		
4 Isaacson, Fisher	Cornell College	1:56.56	1:56.81	3	5
27.753 (27.753)	56.450 (28.698)	1:26.606 (30.156)	1:56.805 (30.200)		
5 Villanueva, Rainier	Ripon	1:57.27	1:56.97	3	4
28.143 (28.143)	56.820 (28.678)	1:26.866 (30.046)	1:56.969 (30.104)		
6 Kuwaye, Christian	Ripon	1:58.30	1:57.38	3	3
29.669 (29.669)	58.740 (29.072)	1:28.405 (29.665)	1:57.374 (28.970)		
7 Heagy, Connor	Grinnell	1:59.71	1:57.78	3	2
28.832 (28.832)	57.642 (28.810)	1:27.260 (29.619)	1:57.774 (30.515)		
8 Robinson, Luke	Grinnell	1:58.52	1:57.80	3	1
28.330 (28.330)	57.079 (28.750)	1:26.594 (29.515)	1:57.794 (31.200)		
9 Brophy, Bart	Lake Forest	2:00.81	1:59.61	2	
29.534 (29.534)	59.356 (29.822)	1:28.890 (29.535)	1:59.601 (30.711)		
10 Chestovich, Andy	Grinnell	2:01.25	2:00.12	2	
29.887 (29.887)	59.229 (29.342)	1:28.601 (29.373)	2:00.111 (31.510)		
11 Thomas, Jamar	Ripon	2:04.37	2:03.02	2	
28.428 (28.428)	57.264 (28.836)	1:28.285 (31.022)	2:03.012 (34.727)		
12 Welch-Groves, Cameron	Grinnell	2:01.53	2:05.47	2	
29.691 (29.691)	59.134 (29.444)	1:30.339 (31.205)	2:05.463 (35.124)		
13 Francis, Ollie	Lake Forest	2:02.48	2:05.58	2	
30.029 (30.029)	1:00.889 (30.860)	1:33.429 (32.540)	2:05.575 (32.147)		
14 Detmer, Will	Illinois College	1:58.65	2:05.63	3	
29.260 (29.260)	58.519 (29.259)	1:30.319 (31.801)	2:05.623 (35.304)		
15 Anderson, Elek	Lawrence	2:04.55	2:06.28	2	
29.850 (29.850)	1:01.148 (31.298)	1:34.544 (33.396)	2:06.279 (31.735)		
16 Draginis, Ryan	Lawrence	2:06.08	2:06.50	2	
30.204 (30.204)	1:01.479 (31.275)	1:35.272 (33.794)	2:06.497 (31.225)		
17 Hewes, Austin	Lake Forest	2:10.87	2:09.55	1	
29.658 (29.658)	1:01.295 (31.637)	1:34.766 (33.471)	2:09.549 (34.784)		
18 Roberts, Gabe	Illinois College	2:13.83	2:10.50	1	
30.058 (30.058)	1:01.907 (31.849)	1:36.088 (34.181)	2:10.498 (34.410)		
19 Cortinas, Aiden	Beloit	2:11.12	2:10.69	1	
30.225 (30.225)	1:02.055 (31.830)	1:36.313 (34.258)	2:10.682 (34.370)		
20 Hintz, Sawyer	Lawrence	2:18.19	2:15.11	1	
30.710 (30.710)	1:02.947 (32.237)	1:37.609 (34.663)	2:15.103 (37.495)		

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024****Track & Field Championships****Ripon College****Results****....Men 800 Meter Run**

21 Bernas, Braden	Monmouth (Ill.)	2:05.34	2:19.31	2
30.821 (30.821)	1:03.401 (32.580)	1:40.696 (37.295)	2:19.309 (38.614)	
22 Brauman, Jon	Monmouth (Ill.)	2:13.06	2:19.68	1
32.107 (32.107)	1:06.098 (33.991)	1:42.259 (36.162)	2:19.677 (37.418)	
23 Bowers, Christian	Beloit	2:22.33	2:20.05	1
30.323 (30.323)	1:04.853 (34.530)	1:43.638 (38.786)	2:20.050 (36.412)	
-- Duensing, Otto	Lawrence	2:01.17	DNS	2
-- Dettmer, Caden	Illinois College		DNS	1
-- Faiz, Ali	Lake Forest	2:07.58	SCR	

**Men 1 Mile Run**

Name	Year School	Seed	Finals	H#	Points
1 Miller, Lance	Knox	4:22.80	4:16.39	2	10
33.180 (33.180)	1:05.038 (31.859)	1:37.201 (32.163)	2:09.466 (32.265)		
2:42.248 (32.783)	3:14.717 (32.470)	3:47.056 (32.339)	4:16.384 (29.329)		
2 vanWestrienen, Isaac	Cornell College	4:11.32	4:16.44	2	8
32.751 (32.751)	1:04.295 (31.544)	1:36.091 (31.797)	2:08.347 (32.256)		
2:40.861 (32.514)	3:13.042 (32.182)	3:45.495 (32.453)	4:16.437 (30.943)		
3 Soda, Gabe	Cornell College	4:17.71	4:16.80	2	6
32.966 (32.966)	1:04.537 (31.572)	1:36.331 (31.795)	2:08.562 (32.231)		
2:41.096 (32.535)	3:13.294 (32.198)	3:45.697 (32.404)	4:16.792 (31.095)		
4 Robinson, Luke	Grinnell	4:18.09	4:17.71	2	5
33.503 (33.503)	1:05.215 (31.712)	1:36.931 (31.716)	2:09.186 (32.256)		
2:41.946 (32.760)	3:14.459 (32.514)	3:46.725 (32.266)	4:17.704 (30.980)		
5 Isaacson, Fisher	Cornell College	4:20.16	4:18.77	2	4
33.271 (33.271)	1:04.793 (31.523)	1:36.637 (31.845)	2:08.959 (32.322)		
2:41.753 (32.795)	3:14.741 (32.988)	3:48.252 (33.512)	4:18.770 (30.518)		
6 Kuwaye, Christian	Ripon	4:23.75	4:19.51	2	3
35.105 (35.105)	1:06.991 (31.886)	1:39.081 (32.091)	2:11.212 (32.131)		
2:44.015 (32.803)	3:14.936 (30.922)	3:47.106 (32.170)	4:19.508 (32.402)		
7 Heagy, Connor	Grinnell	4:24.25	4:20.11	2	2
33.848 (33.848)	1:05.856 (32.008)	1:37.481 (31.625)	2:09.801 (32.321)		
2:42.492 (32.691)	3:15.236 (32.744)	3:47.866 (32.630)	4:20.110 (32.245)		
8 Jumbeck, Jacob	Ripon	4:23.63	4:22.05	2	1
34.593 (34.593)	1:06.686 (32.093)	1:39.299 (32.614)	2:11.678 (32.380)		
2:44.803 (33.125)	3:18.415 (33.612)	3:51.272 (32.858)	4:22.044 (30.772)		
9 Villanueva, Rainier	Ripon	4:20.10	4:23.85	2	
33.768 (33.768)	1:05.547 (31.780)	1:37.316 (31.769)	2:09.576 (32.260)		
2:42.191 (32.616)	3:15.030 (32.839)	3:47.640 (32.610)	4:23.841 (36.202)		
10 Brophy, Bart	Lake Forest	4:26.68	4:27.04	2	
34.252 (34.252)	1:06.057 (31.805)	1:37.831 (31.774)	2:10.175 (32.345)		
2:43.243 (33.069)	3:17.161 (33.918)	3:51.984 (34.824)	4:27.033 (35.050)		
11 Snyder, James	Grinnell	4:41.50	4:35.42	2	
35.795 (35.795)	1:08.969 (33.175)	1:42.826 (33.857)	2:17.667 (34.842)		
2:52.930 (35.263)	3:28.978 (36.049)	4:03.209 (34.231)	4:35.416 (32.208)		
12 Goodell, Brian	Grinnell	4:24.90	4:38.76	2	
34.273 (34.273)	1:06.383 (32.110)	1:39.245 (32.862)	2:14.098 (34.854)		
2:50.973 (36.875)	3:27.507 (36.535)	4:03.601 (36.094)	4:38.756 (35.156)		
13 Wetzell-Meehan, Ray	Lawrence	4:42.36	4:45.39	1	
34.210 (34.210)	1:09.461 (35.251)	1:44.846 (35.385)	2:21.197 (36.351)		
2:58.357 (37.161)	3:36.012 (37.655)	4:12.874 (36.863)	4:45.383 (32.510)		

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
**Track & Field Championships**  
**Ripon College**  
**Results**

**....Men 1 Mile Run**

14 Colter, Neo	Monmouth (Ill.)	4:52.02	4:49.72	1
36.073 (36.073)	1:11.263 (35.190)	1:47.574 (36.311)	2:23.922 (36.349)	
3:00.893 (36.971)	3:38.590 (37.697)	4:15.328 (36.739)	4:49.715 (34.387)	
15 Hildebrand, Ben	Ripon	4:56.41	4:50.87	1
33.922 (33.922)	1:09.719 (35.797)	1:46.155 (36.436)	2:24.041 (37.886)	
3:01.712 (37.671)	3:39.464 (37.753)	4:16.617 (37.154)	4:50.867 (34.250)	
16 Scherff, Elgin	Illinois College	4:54.46		1
35.462 (35.462)	1:11.209 (35.747)	1:48.212 (37.003)	2:25.607 (37.395)	
3:04.426 (38.820)	3:44.285 (39.860)	4:21.627 (37.342)	4:54.460 (32.834)	
17 Roberts, Gabe	Illinois College	5:04.82	4:57.68	1
34.527 (34.527)	1:09.985 (35.459)	1:46.427 (36.442)	2:24.369 (37.943)	
3:02.391 (38.022)	3:41.026 (38.635)	4:21.236 (40.210)	4:57.677 (36.441)	
18 Casper, Zach	Lawrence	5:13.64	4:58.61	1
35.912 (35.912)	1:10.982 (35.070)	1:47.255 (36.274)	2:24.733 (37.479)	
3:02.753 (38.020)	3:42.098 (39.345)	4:22.054 (39.956)	4:58.601 (36.547)	
19 Cortinas, Aiden	Beloit	5:00.79	4:59.25	1
34.592 (34.592)	1:10.402 (35.810)	1:47.968 (37.567)	2:26.096 (38.128)	
3:04.598 (38.503)	3:44.464 (39.866)	4:22.551 (38.087)	4:59.243 (36.693)	
20 Dettmer, Caden	Illinois College	5:06.53	5:02.11	1
35.152 (35.152)	1:10.645 (35.493)	1:47.021 (36.376)	2:25.112 (38.092)	
3:04.056 (38.944)	3:43.972 (39.916)	4:23.388 (39.417)	5:02.101 (38.713)	
21 Sutherland, Tyson	Lake Forest	5:18.77	5:15.79	1
37.477 (37.477)	1:16.163 (38.687)	1:55.815 (39.652)	2:36.954 (41.140)	
3:18.882 (41.929)	3:59.457 (40.575)	4:40.645 (41.188)	5:15.783 (35.139)	

**Men 3000 Meter Run**

Name	Year School	Seed	Finals	H#	Points
1 vanWestrienen, Isaac	Cornell College	8:09.60	8:30.91	2	10
32.902 (32.902)	1:08.229 (35.328)	1:43.032 (34.803)	2:16.297 (33.265)		
2:49.787 (33.490)	3:23.824 (34.038)	3:58.274 (34.450)	4:32.509 (34.235)		
5:06.713 (34.205)	5:41.015 (34.302)	6:15.279 (34.265)	6:49.191 (33.912)		
7:23.290 (34.100)	7:57.752 (34.462)	8:30.901 (33.150)			
2 Miller, Lance	Knox	8:50.22	8:39.02	2	8
34.847 (34.847)	1:09.550 (34.703)	1:44.242 (34.692)	2:18.659 (34.418)		
2:54.146 (35.487)	3:29.625 (35.480)	4:05.740 (36.115)	4:41.524 (35.785)		
5:18.010 (36.486)	5:54.803 (36.794)	6:29.329 (34.526)	7:04.093 (34.765)		
7:37.843 (33.750)	8:10.795 (32.952)	8:39.015 (28.220)			
3 Lee, Finn	Lawrence	8:41.22	8:39.71	2	6
33.773 (33.773)	1:08.560 (34.787)	1:43.330 (34.770)	2:17.442 (34.113)		
2:52.909 (35.467)	3:28.805 (35.896)	4:05.677 (36.872)	4:41.266 (35.590)		
5:17.689 (36.424)	5:54.175 (36.486)	6:28.625 (34.450)	7:02.962 (34.337)		
7:36.994 (34.033)	8:09.792 (32.799)	8:39.705 (29.913)			
4 Goodell, Brian	Grinnell	8:53.44	8:41.91	2	5
35.013 (35.013)	1:09.819 (34.806)	1:44.555 (34.736)	2:17.952 (33.398)		
2:53.365 (35.413)	3:28.832 (35.467)	4:05.419 (36.588)	4:41.011 (35.592)		
5:17.285 (36.275)	5:53.772 (36.487)	6:28.823 (35.052)	7:03.824 (35.001)		
7:37.905 (34.081)	8:11.191 (33.286)	8:41.902 (30.711)			
5 Robinson, Luke	Grinnell	8:52.22	8:42.20	2	4
34.511 (34.511)	1:09.235 (34.725)	1:43.970 (34.735)	2:18.395 (34.425)		
2:53.860 (35.465)	3:29.303 (35.444)	4:05.944 (36.641)	4:41.748 (35.805)		
5:18.051 (36.303)	5:54.589 (36.539)	6:29.058 (34.470)	7:03.665 (34.607)		
7:37.645 (33.980)	8:11.390 (33.745)	8:42.193 (30.804)			

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
**Track & Field Championships**  
**Ripon College**  
**Results**

**....Men 3000 Meter Run**

6 Soda, Gabe	Cornell College	8:48.25	8:43.68	2	3
33.998 (33.998)	1:08.810 (34.812)	1:43.589 (34.780)	2:17.675 (34.086)		
2:53.145 (35.470)	3:28.992 (35.848)	4:05.395 (36.403)	4:41.138 (35.744)		
5:17.462 (36.324)	5:53.964 (36.503)	6:28.785 (34.821)	7:03.242 (34.457)		
7:37.351 (34.110)	8:11.007 (33.656)	8:43.671 (32.665)			
7 Ramsey, Bradley	Grinnell	9:06.79	8:56.68	2	2
35.137 (35.137)	1:10.629 (35.493)	1:46.400 (35.771)	2:22.001 (35.601)		
2:58.548 (36.548)	3:34.512 (35.964)	4:10.657 (36.145)	4:46.983 (36.327)		
5:22.587 (35.604)	5:58.247 (35.660)	6:34.412 (36.166)	7:10.769 (36.357)		
7:47.529 (36.760)	8:24.320 (36.791)	8:56.674 (32.355)			
8 Miller, John	Grinnell	9:08.36	8:57.53	2	1
35.109 (35.109)	1:09.967 (34.858)	1:44.227 (34.260)	2:18.188 (33.962)		
2:53.571 (35.383)	3:29.068 (35.498)	4:05.232 (36.164)	4:41.261 (36.030)		
5:17.818 (36.558)	5:54.461 (36.643)	6:30.824 (36.364)	7:08.375 (37.551)		
7:46.600 (38.225)	8:24.627 (38.027)	8:57.522 (32.896)			
9 Kuwaye, Christian	Ripon	9:00.73	8:59.62	2	
35.665 (35.665)	1:11.158 (35.494)	1:44.862 (33.704)	2:19.516 (34.655)		
2:54.524 (35.009)	3:29.974 (35.450)	4:06.143 (36.170)	4:42.012 (35.870)		
5:18.395 (36.383)	5:55.078 (36.684)	6:31.740 (36.662)	7:08.980 (37.240)		
7:47.700 (38.720)	8:24.453 (36.754)	8:59.614 (35.161)			
10 Seeber, Matt	Ripon	8:46.40	9:04.10	2	
35.349 (35.349)	1:10.685 (35.336)	1:46.128 (35.444)	2:21.092 (34.964)		
2:56.664 (35.573)	3:32.599 (35.935)	4:08.996 (36.397)	4:45.742 (36.746)		
5:22.741 (37.000)	5:58.779 (36.039)	6:36.137 (37.358)	7:13.385 (37.249)		
7:51.123 (37.739)	8:28.097 (36.974)	9:04.093 (35.997)			
11 Reemtsma, Max	Lawrence	9:17.32	9:12.06	1	
36.391 (36.391)	1:12.055 (35.665)	1:49.158 (37.104)	2:25.965 (36.807)		
3:02.287 (36.322)	3:38.794 (36.508)	4:15.746 (36.952)	4:52.513 (36.768)		
5:30.092 (37.579)	6:07.220 (37.129)	6:44.191 (36.971)	7:21.599 (37.409)		
7:59.634 (38.035)	8:37.683 (38.050)	9:12.056 (34.373)			
12 Olson, RJ	Ripon	9:16.22	9:20.36	2	
35.912 (35.912)	1:11.292 (35.381)	1:47.396 (36.104)	2:23.347 (35.952)		
2:59.312 (35.965)	3:35.616 (36.305)	4:12.219 (36.604)	4:49.291 (37.072)		
5:27.119 (37.829)	6:05.345 (38.226)	6:43.818 (38.474)	7:22.865 (39.047)		
8:02.297 (39.432)	8:41.890 (39.594)	9:20.354 (38.465)			
13 Saloun, Jeremy	Ripon	9:28.01	9:22.85	1	
35.892 (35.892)	1:11.858 (35.967)	1:49.029 (37.171)	2:26.300 (37.271)		
3:03.776 (37.476)	3:40.582 (36.806)	4:18.957 (38.376)	4:57.424 (38.467)		
5:34.940 (37.516)	6:13.507 (38.568)	6:52.357 (38.850)	7:31.887 (39.530)		
8:11.542 (39.655)	8:49.822 (38.281)	9:22.850 (33.028)			
14 Biesenthal, Robby	Illinois College	9:24.45	9:23.26	1	
36.933 (36.933)	1:13.712 (36.780)	1:50.636 (36.924)	2:27.487 (36.852)		
3:04.317 (36.830)	3:41.367 (37.050)	4:18.993 (37.626)	4:56.880 (37.887)		
5:33.833 (36.954)	6:10.785 (36.952)	6:48.227 (37.443)	7:26.305 (38.078)		
8:05.388 (39.084)	8:44.726 (39.338)	9:23.253 (38.528)			
15 West, Owen	Lawrence	9:29.90	9:23.88	1	
36.127 (36.127)	1:12.290 (36.164)	1:49.429 (37.140)	2:26.157 (36.729)		
3:02.908 (36.751)	3:40.840 (37.932)	4:18.672 (37.833)	4:57.114 (38.442)		
5:34.724 (37.610)	6:14.864 (40.140)	6:54.937 (40.073)	7:32.718 (37.782)		
8:12.442 (39.724)	8:51.094 (38.653)	9:23.877 (32.784)			

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
**Track & Field Championships**  
**Ripon College**  
**Results**

**....Men 3000 Meter Run**

16 Hannig, Nick	Illinois College	9:32.29	9:24.49	1
37.518 (37.518)	1:13.929 (36.411)	1:50.853 (36.925)	2:27.702 (36.850)	
3:04.537 (36.835)	3:41.325 (36.788)	4:19.330 (38.005)	4:57.158 (37.829)	
5:35.102 (37.945)	6:14.002 (38.900)	6:53.724 (39.722)	7:33.460 (39.736)	
8:13.139 (39.680)	8:51.945 (38.806)	9:24.482 (32.537)		
17 Popoca, Thomas	Lawrence	9:12.60	9:29.65	2
34.806 (34.806)	1:11.005 (36.200)	1:47.208 (36.204)	2:23.658 (36.450)	
3:00.613 (36.955)	3:38.631 (38.018)	4:17.290 (38.660)	4:56.645 (39.355)	
5:36.327 (39.682)	6:15.946 (39.620)	6:55.010 (39.065)	7:34.751 (39.741)	
8:14.530 (39.780)	8:53.608 (39.079)	9:29.648 (36.040)		
18 Plumley, William	Monmouth (Ill.)	9:35.03	9:29.81	1
37.279 (37.279)	1:14.177 (36.899)	1:51.091 (36.914)	2:28.810 (37.720)	
3:06.492 (37.683)	3:45.283 (38.791)	4:23.924 (38.641)	5:02.653 (38.730)	
5:41.483 (38.830)	6:20.443 (38.960)	6:59.475 (39.032)	7:38.571 (39.096)	
8:17.105 (38.535)	8:54.228 (37.124)	9:29.808 (35.580)		
19 Stoub, Xander	Monmouth (Ill.)	9:37.75	9:33.50	1
37.672 (37.672)	1:14.623 (36.952)	1:51.617 (36.995)	2:29.085 (37.468)	
3:06.832 (37.748)	3:45.579 (38.747)	4:24.114 (38.535)	5:02.974 (38.860)	
5:41.780 (38.806)	6:20.742 (38.963)	6:59.810 (39.068)	7:39.017 (39.207)	
8:18.192 (39.175)	8:58.115 (39.924)	9:33.494 (35.380)		
20 Boggs, Devin	Illinois College	9:19.24	9:34.40	1
37.377 (37.377)	1:14.332 (36.955)	1:51.111 (36.780)	2:27.958 (36.848)	
3:04.686 (36.728)	3:41.767 (37.082)	4:19.655 (37.888)	4:58.020 (38.365)	
5:37.102 (39.083)	6:17.343 (40.241)	6:56.824 (39.481)	7:36.319 (39.495)	
8:16.065 (39.746)	8:55.315 (39.250)	9:34.397 (39.082)		
21 Gerdes, Ryan	Illinois College	9:43.48	9:46.77	1
37.884 (37.884)	1:14.923 (37.040)	1:51.835 (36.912)	2:29.375 (37.540)	
3:07.187 (37.812)	3:45.872 (38.686)	4:24.771 (38.899)	5:04.081 (39.310)	
5:44.077 (39.997)	6:24.703 (40.626)	7:05.871 (41.168)	7:47.002 (41.131)	
8:28.519 (41.518)	9:09.073 (40.555)	9:46.762 (37.690)		
22 Colter, Neo	Monmouth (Ill.)	10:10.66	9:49.52	1
38.613 (38.613)	1:15.463 (36.850)	1:53.037 (37.575)	2:31.152 (38.115)	
3:09.175 (38.023)	3:48.006 (38.831)	4:27.012 (39.007)	5:07.421 (40.409)	
5:48.063 (40.643)	6:28.061 (39.998)	7:08.722 (40.662)	7:50.234 (41.512)	
8:32.214 (41.980)	9:13.378 (41.165)	9:49.512 (36.134)		
23 Wiley, Luke	Cornell College	9:55.05	9:50.71	1
38.063 (38.063)	1:15.168 (37.105)	1:52.121 (36.953)	2:29.686 (37.565)	
3:07.471 (37.785)	3:46.169 (38.699)	4:25.047 (38.878)	5:04.392 (39.346)	
5:44.417 (40.025)	6:25.012 (40.595)	7:05.073 (40.062)	7:46.042 (40.970)	
8:28.290 (42.248)	9:11.132 (42.842)	9:50.707 (39.576)		
24 Muszynski, Max	Beloit	11:27.05	11:27.41	1
42.526 (42.526)	1:28.487 (45.961)	2:16.096 (47.610)	3:03.202 (47.107)	
3:50.135 (46.933)	4:35.081 (44.946)	5:21.271 (46.190)	6:08.420 (47.150)	
6:56.667 (48.248)	7:43.996 (47.329)	8:31.239 (47.244)	9:18.063 (46.825)	
10:04.405 (46.342)	10:49.179 (44.775)	11:27.402 (38.224)		
-- Lutzke, Noah	Cornell College	9:16.46	DNS	1

**Men 5000 Meter Run**

Name	Year	School	Seed	Finals	H#	Points
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**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
**Track & Field Championships**  
**Ripon College**  
**Results**

**....Men 5000 Meter Run**

1	vanWestrienen, Isaac	Cornell College	14:09.91	14:46.85	2	10
	33.992 (33.992)	1:10.815 (36.823)	1:47.500 (36.686)	2:24.331 (36.831)		
	3:00.061 (35.730)	3:35.186 (35.125)	4:10.624 (35.438)	4:46.241 (35.618)		
	5:22.438 (36.197)	5:58.713 (36.275)	6:34.470 (35.757)	7:09.288 (34.819)		
	7:44.239 (34.951)	8:19.908 (35.670)	8:55.216 (35.309)	9:30.590 (35.374)		
	10:05.635 (35.046)	10:41.546 (35.911)	11:17.051 (35.505)	11:52.538 (35.487)		
	12:27.658 (35.120)	13:02.668 (35.010)	13:37.718 (35.050)	14:12.446 (34.729)		
	14:46.850 (34.405)					
2	Goodell, Brian	Grinnell	15:06.12	14:54.05	2	8
	35.850 (35.850)	1:11.529 (35.679)	1:48.371 (36.843)	2:25.090 (36.720)		
	3:01.329 (36.239)	3:37.270 (35.941)	4:13.071 (35.802)	4:49.108 (36.037)		
	5:25.300 (36.193)	6:01.233 (35.933)	6:36.679 (35.446)	7:12.774 (36.095)		
	7:48.640 (35.867)	8:24.568 (35.928)	9:00.100 (35.533)	9:36.155 (36.055)		
	10:12.506 (36.351)	10:48.835 (36.330)	11:25.193 (36.358)	12:01.046 (35.854)		
	12:36.776 (35.730)	13:12.612 (35.836)	13:47.803 (35.191)	14:21.665 (33.862)		
	14:54.045 (32.380)					
3	Lee, Finn	Lawrence	15:19.85	15:01.24	2	6
	35.571 (35.571)	1:11.768 (36.197)	1:48.672 (36.905)	2:25.374 (36.702)		
	3:01.631 (36.258)	3:37.538 (35.907)	4:13.364 (35.826)	4:49.369 (36.005)		
	5:25.532 (36.164)	6:01.524 (35.992)	6:36.930 (35.407)	7:13.029 (36.099)		
	7:48.870 (35.842)	8:24.811 (35.941)	9:00.353 (35.542)	9:36.376 (36.024)		
	10:12.733 (36.357)	10:49.048 (36.315)	11:25.398 (36.350)	12:01.340 (35.943)		
	12:37.026 (35.686)	13:13.156 (36.130)	13:48.865 (35.709)	14:26.286 (37.422)		
	15:01.234 (34.948)					
4	Ramsey, Bradley	Grinnell	15:28.93	15:19.05	2	5
	37.033 (37.033)	1:14.171 (37.139)	1:51.503 (37.332)	2:29.091 (37.589)		
	3:06.305 (37.214)	3:43.255 (36.950)	4:19.641 (36.387)	4:55.639 (35.998)		
	5:33.006 (37.368)	6:09.671 (36.665)	6:46.617 (36.946)	7:23.659 (37.042)		
	8:01.080 (37.422)	8:38.609 (37.529)	9:15.563 (36.955)	9:53.410 (37.848)		
	10:30.960 (37.550)	11:08.476 (37.517)	11:45.617 (37.141)	12:22.525 (36.908)		
	12:59.067 (36.543)	13:35.610 (36.543)	14:11.583 (35.974)	14:48.102 (36.520)		
	15:19.050 (30.949)					
5	Seeber, Matt	Ripon	15:19.83	15:19.53	2	4
	36.422 (36.422)	1:12.395 (35.974)	1:49.240 (36.845)	2:25.545 (36.306)		
	3:01.865 (36.320)	3:37.790 (35.925)	4:13.587 (35.798)	4:49.672 (36.085)		
	5:25.837 (36.165)	6:02.274 (36.437)	6:38.711 (36.438)	7:15.469 (36.758)		
	7:52.313 (36.845)	8:29.364 (37.051)	9:06.971 (37.608)	9:44.975 (38.004)		
	10:23.360 (38.386)	11:01.442 (38.082)	11:39.311 (37.870)	12:17.405 (38.095)		
	12:55.618 (38.213)	13:33.394 (37.776)	14:11.180 (37.786)	14:48.364 (37.185)		
	15:19.529 (31.165)					
6	Miller, John	Grinnell	15:44.39	15:36.78	2	3
	36.674 (36.674)	1:12.590 (35.916)	1:49.485 (36.896)	2:25.799 (36.314)		
	3:02.085 (36.286)	3:38.005 (35.921)	4:13.781 (35.776)	4:49.892 (36.111)		
	5:26.081 (36.190)	6:02.000 (35.920)	6:38.475 (36.475)	7:15.212 (36.738)		
	7:52.420 (37.209)	8:29.591 (37.171)	9:07.100 (37.510)	9:45.204 (38.104)		
	10:23.167 (37.964)	11:01.639 (38.472)	11:39.548 (37.910)	12:17.711 (38.164)		
	12:58.052 (40.341)	13:37.735 (39.683)	14:19.195 (41.461)	15:00.526 (41.331)		
	15:36.775 (36.249)					

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
**Track & Field Championships**  
**Ripon College**  
**Results**

**....Men 5000 Meter Run**

7 Bledsoe, Dylan	Ripon	15:57.51	15:45.76	2	2
36.730 (36.730)	1:14.505 (37.775)	1:50.884 (36.380)	2:28.015 (37.131)		
3:05.385 (37.371)	3:41.559 (36.174)	4:17.723 (36.165)	4:55.110 (37.387)		
5:33.210 (38.100)	6:12.054 (38.845)	6:50.875 (38.822)	7:29.700 (38.825)		
8:07.618 (37.918)	8:45.907 (38.290)	9:23.973 (38.066)	10:03.317 (39.345)		
10:43.250 (39.933)	11:22.588 (39.339)	12:01.711 (39.124)	12:40.990 (39.279)		
13:20.620 (39.631)	13:59.926 (39.306)	14:38.710 (38.785)	15:16.295 (37.585)		
15:45.759 (29.465)					
8 Brewer, Sam	Lawrence	15:58.58	15:46.48	2	1
36.048 (36.048)	1:12.695 (36.647)	1:49.694 (37.000)	2:26.925 (37.232)		
3:03.838 (36.913)	3:41.116 (37.279)	4:17.942 (36.826)	4:55.480 (37.539)		
5:33.074 (37.594)	6:11.097 (38.024)	6:49.751 (38.655)	7:28.290 (38.540)		
8:06.072 (37.782)	8:44.359 (38.287)	9:23.267 (38.909)	10:02.329 (39.062)		
10:40.962 (38.634)	11:19.870 (38.909)	11:58.980 (39.110)	12:37.485 (38.505)		
13:15.816 (38.332)	13:54.784 (38.968)	14:33.503 (38.720)	15:11.327 (37.825)		
15:46.476 (35.150)					
9 Popoca, Thomas	Lawrence	15:57.78	15:55.21	2	
36.316 (36.316)	1:12.922 (36.606)	1:49.960 (37.038)	2:27.145 (37.186)		
3:04.218 (37.073)	3:41.522 (37.305)	4:18.015 (36.494)	4:55.735 (37.720)		
5:33.607 (37.873)	6:11.590 (37.983)	6:50.041 (38.452)	7:28.492 (38.451)		
8:06.332 (37.840)	8:44.715 (38.383)	9:23.775 (39.060)	10:03.567 (39.793)		
10:43.381 (39.815)	11:23.245 (39.865)	12:03.335 (40.090)	12:43.512 (40.178)		
13:23.340 (39.829)	14:03.005 (39.665)	14:43.126 (40.121)	15:22.310 (39.184)		
15:55.210 (32.900)					
10 Olson, RJ	Ripon	16:04.60	15:57.42	2	
37.509 (37.509)	1:13.929 (36.420)	1:50.241 (36.313)	2:27.384 (37.143)		
3:04.477 (37.094)	3:41.777 (37.300)	4:18.218 (36.441)	4:56.002 (37.785)		
5:33.851 (37.850)	6:11.780 (37.930)	6:50.256 (38.476)	7:28.752 (38.496)		
8:06.637 (37.885)	8:44.980 (38.344)	9:24.061 (39.081)	10:03.798 (39.737)		
10:43.676 (39.879)	11:23.515 (39.839)	12:03.570 (40.055)	12:43.744 (40.175)		
13:23.613 (39.870)	14:03.638 (40.025)	14:43.856 (40.219)	15:22.985 (39.129)		
15:57.420 (34.435)					
11 Saloun, Jeremy	Ripon	16:12.34	16:04.85	2	
37.334 (37.334)	1:13.675 (36.341)	1:50.394 (36.720)	2:27.667 (37.274)		
3:04.880 (37.214)	3:42.195 (37.315)	4:19.287 (37.093)	4:57.440 (38.153)		
5:35.807 (38.368)	6:14.509 (38.702)	6:53.055 (38.546)	7:32.088 (39.034)		
8:11.738 (39.650)	8:50.777 (39.040)	9:30.960 (40.184)	10:10.195 (39.235)		
10:50.397 (40.203)	11:29.695 (39.299)	12:09.289 (39.594)	12:49.602 (40.314)		
13:29.536 (39.935)	14:09.801 (40.265)	14:50.486 (40.685)	15:30.017 (39.531)		
16:04.850 (34.833)					
12 Hannig, Nick	Illinois College	16:25.99	16:26.90	1	
39.374 (39.374)	1:16.998 (37.624)	1:55.214 (38.217)	2:34.373 (39.160)		
3:13.802 (39.429)	3:53.628 (39.827)	4:33.580 (39.952)	5:12.873 (39.294)		
5:53.146 (40.273)	6:33.492 (40.346)	7:14.074 (40.583)	7:54.631 (40.557)		
8:35.452 (40.821)	9:16.230 (40.779)	9:56.890 (40.660)	10:36.369 (39.480)		
11:16.960 (40.591)	11:57.979 (41.020)	12:37.105 (39.126)	13:17.410 (40.305)		
13:58.968 (41.558)	14:39.466 (40.499)	15:20.107 (40.641)	15:56.223 (36.117)		
16:26.898 (30.675)					

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
**Track & Field Championships**  
**Ripon College**  
**Results**

**....Men 5000 Meter Run**

13 McClusky, Evan	Knox	16:30.54	16:28.87	1
39.139 (39.139)	1:17.505 (38.366)	1:55.817 (38.312)	2:35.044 (39.228)	
3:14.024 (38.980)	3:53.477 (39.453)	4:33.348 (39.871)	5:12.793 (39.446)	
5:52.644 (39.851)	6:33.199 (40.555)	7:13.603 (40.405)	7:54.192 (40.589)	
8:34.980 (40.789)	9:15.935 (40.955)	9:56.665 (40.730)	10:36.008 (39.344)	
11:16.600 (40.592)	11:57.497 (40.897)	12:37.654 (40.158)	13:18.038 (40.384)	
13:59.109 (41.072)	14:39.777 (40.668)	15:19.739 (39.963)	15:56.491 (36.752)	
16:28.868 (32.378)				
14 Cassiday, Ryan	Lawrence	15:53.34	16:29.27	2
35.330 (35.330)	1:12.071 (36.742)	1:49.018 (36.947)	2:26.111 (37.094)	
3:02.810 (36.699)	3:38.567 (35.758)	4:14.714 (36.147)	4:51.847 (37.134)	
5:29.664 (37.817)	6:08.116 (38.453)	6:46.757 (38.641)	7:24.535 (37.778)	
8:04.146 (39.612)	8:42.675 (38.529)	9:21.770 (39.095)	10:01.936 (40.167)	
10:43.840 (41.904)	11:27.324 (43.485)	12:11.039 (43.715)	12:53.998 (42.960)	
13:36.525 (42.527)	14:19.777 (43.253)	15:02.526 (42.750)	15:45.186 (42.660)	
16:29.266 (44.080)				
15 Boggs, Devin	Illinois College	16:23.52	16:32.62	1
38.859 (38.859)	1:16.767 (37.908)	1:54.988 (38.221)	2:34.143 (39.155)	
3:13.565 (39.423)	3:53.339 (39.775)	4:33.126 (39.787)	5:12.696 (39.570)	
5:52.919 (40.224)	6:33.359 (40.440)	7:13.874 (40.515)	7:54.443 (40.570)	
8:35.248 (40.805)	9:16.103 (40.856)	9:56.671 (40.568)	10:36.179 (39.509)	
11:16.867 (40.688)	11:57.815 (40.949)	12:36.889 (39.075)	13:17.224 (40.335)	
13:58.752 (41.528)	14:39.238 (40.487)	15:19.931 (40.693)	15:56.745 (36.815)	
16:32.620 (35.875)				
16 Krysan, Mark	Grinnell	16:46.75	16:38.03	1
38.913 (38.913)	1:17.273 (38.360)	1:55.523 (38.250)	2:34.748 (39.225)	
3:14.379 (39.631)	3:54.077 (39.698)	4:34.045 (39.969)	5:13.418 (39.374)	
5:53.478 (40.060)	6:34.015 (40.537)	7:14.615 (40.600)	7:55.058 (40.444)	
8:35.715 (40.657)	9:16.693 (40.978)	9:57.003 (40.311)	10:35.969 (38.966)	
11:16.399 (40.430)	11:57.467 (41.068)	12:38.457 (40.990)	13:19.348 (40.891)	
14:01.156 (41.809)	14:41.658 (40.502)	15:22.067 (40.410)	16:00.795 (38.729)	
16:38.021 (37.226)				
17 Gerdes, Ryan	Illinois College	17:07.42	17:22.37	1
39.723 (39.723)	1:17.912 (38.189)	1:56.652 (38.740)	2:36.324 (39.673)	
3:16.132 (39.808)	3:55.991 (39.860)	4:36.018 (40.028)	5:16.779 (40.761)	
5:57.043 (40.265)	6:38.226 (41.183)	7:19.808 (41.582)	8:01.482 (41.675)	
8:43.325 (41.844)	9:25.877 (42.552)	10:08.587 (42.710)	10:51.548 (42.962)	
11:35.329 (43.781)	12:19.055 (43.726)	13:02.731 (43.676)	13:46.552 (43.821)	
14:31.032 (44.480)	15:15.531 (44.500)	15:59.344 (43.814)	16:42.349 (43.005)	
17:22.363 (40.015)				
18 Klug, Elijah	Illinois College	18:29.59	18:38.67	1
41.150 (41.150)	1:20.031 (38.881)	1:59.171 (39.140)	2:40.325 (41.155)	
3:22.364 (42.040)	4:05.947 (43.583)	4:49.716 (43.770)	5:34.131 (44.415)	
6:18.380 (44.250)	7:03.938 (45.558)	7:49.563 (45.626)	8:35.278 (45.715)	
9:21.386 (46.109)	10:08.047 (46.661)	10:54.709 (46.663)	11:42.678 (47.969)	
12:29.752 (47.075)	13:16.984 (47.233)	14:04.478 (47.494)	14:52.311 (47.834)	
15:40.726 (48.415)	16:26.976 (46.250)	17:15.182 (48.206)	18:01.760 (46.579)	
18:38.668 (36.908)				

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024****Track & Field Championships****Ripon College****Results****....Men 5000 Meter Run**

19 Muszynski, Max	Beloit	20:41.06	19:50.54	1
44.963 (44.963)	1:34.266 (49.304)	2:24.971 (50.705)	3:15.701 (50.730)	
4:04.263 (48.562)	4:53.366 (49.104)	5:41.183 (47.817)	6:29.066 (47.884)	
7:17.515 (48.450)	8:05.548 (48.034)	8:52.779 (47.231)	9:40.809 (48.030)	
10:29.826 (49.017)	11:18.743 (48.918)	12:05.590 (46.847)	12:54.749 (49.160)	
13:44.876 (50.127)	14:34.328 (49.452)	15:24.235 (49.908)	16:11.838 (47.603)	
16:59.041 (47.204)	17:45.021 (45.980)	18:30.248 (45.228)	19:13.478 (43.230)	
19:50.538 (37.060)				
20 Eichfeld, Owen	Beloit	21:19.57	21:22.31	1
48.904 (48.904)	1:39.055 (50.151)	2:30.129 (51.075)	3:22.119 (51.990)	
4:14.627 (52.508)	5:07.575 (52.949)	6:00.498 (52.924)	6:53.588 (53.090)	
7:46.777 (53.190)	8:38.571 (51.795)	9:29.861 (51.290)	10:21.366 (51.505)	
11:13.124 (51.759)	12:04.973 (51.849)	12:56.682 (51.710)	13:48.288 (51.606)	
14:40.043 (51.756)	15:32.617 (52.574)	16:23.613 (50.997)	17:14.894 (51.281)	
18:06.218 (51.325)	18:57.318 (51.100)	19:47.277 (49.959)	20:36.733 (49.457)	
21:22.308 (45.575)				

**Men 60 Meter Hurdles****Top 8 Advance by Time**

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Ross, Payton	Lake Forest	8.86	8.54q	1
2 Lee, Jackson	Illinois College	8.53	8.67q	1
3 Velasco, Kala	Lawrence	8.82	8.69q	1
4 Hernandez, Adam	Illinois College	8.69	8.81q	2
5 Otis, Nathaniel	Beloit	8.72	8.91q	2
6 Phillips, Dorian	Ripon	9.17	9.02q	1 9.016
7 Leisher, Ilem	Grinnell	8.96	9.02q	2 9.019
8 Hendrix, Jamie	Illinois College	9.07	9.04q	2
9 James, Xavier	Grinnell	9.47	9.23	1
10 Barth, Nathan	Illinois College	9.40	9.40	2 9.393
10 Soutsos, Peter	Monmouth (Ill.)	9.12	9.40	1 9.393
12 Ladage, Zak	Ripon	9.73	9.63	1
13 Mendola, Noah	Grinnell	9.77	9.71	2
-- Brauman, Braeden	Monmouth (Ill.)	9.39	DNS	2

**Men 60 Meter Hurdles**

Name	Year School	Prelims	Finals	Points
Finals				
1 Hernandez, Adam	Illinois College	8.81	8.68	10
2 Ross, Payton	Lake Forest	8.54	8.74	8
3 Velasco, Kala	Lawrence	8.69	8.77	6
4 Lee, Jackson	Illinois College	8.67	8.86	5
5 Phillips, Dorian	Ripon	9.02	8.99	4
6 Leisher, Ilem	Grinnell	9.02	9.00	3
7 Hendrix, Jamie	Illinois College	9.04	9.10	2
8 Otis, Nathaniel	Beloit	8.91	9.11	1

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024****Track & Field Championships****Ripon College****Results****Men 4x200 Meter Relay**

School	Seed	Finals	H#	Points
1 Ripon	1:29.97	1:28.77	2	10
1) Cefalu, Jacoby				
2) Davies, Jacob				
3) Manning, Finley				
4) Walker, Dameco				
44.421 (44.421)	1:07.081 (22.660)	1:28.768 (21.688)		
2 Illinois College	1:30.75	1:29.02	2	8
1) Doss, Dylan				
2) Wasson, Carter				
3) Saunders, Jaden				
4) Williams, DJ				
44.035 (44.035)	1:06.803 (22.769)	1:29.017 (22.215)		
3 Monmouth (Ill.)	1:32.52	1:31.72	2	6
1) Patterson, Da'Von				
2) Outlaw, Adrian				
3) Curry, Patrick				
4) Camper, Xavier				
45.555 (45.555)	1:08.761 (23.207)	1:31.715 (22.954)		
4 Beloit	1:32.22	1:31.81	2	5
1) Atou, Alexandre				
2) DeGeorge, Daniel				
3) Otis, Nathaniel				
4) Yearby, Josh				
46.536 (46.536)	1:09.927 (23.392)	1:31.802 (21.875)		
5 Grinnell	1:34.00	1:31.91	1	4
1) Fitzgerald, Keaton				
2) Pfister, Caden				
3) Rathburn, Justin				
4) Fadden, Lucas				
46.535 (46.535)	1:09.840 (23.305)	1:31.906 (22.067)		
6 Cornell College	1:34.54	1:32.18	1	3
1) Beaty, Hadley				
2) Greiner, Doniel				
3) Soukup, Gavin				
4) McGuire, Jaxin				
45.894 (45.894)	1:09.554 (23.660)	1:32.175 (22.622)		
7 Lawrence	1:33.59	1:34.07	2	2
1) Zook, Tristan				
2) Benjamin, David				
3) Cross, Brendan				
4) Jackson, Marcus				
47.056 (47.056)	1:10.546 (23.490)	1:34.067 (23.522)		
8 Knox	1:40.93	1:40.12	1	1
1) Amend, Lucas				
2) Dortch, Carl				
3) Strutzel, Ethan				
4) Centeno, Darnell				
49.228 (49.228)	1:14.404 (25.176)	1:40.113 (25.710)		
-- Lake Forest	1:41.59	DQ	1	Zone Violat
1) Lungu, Matthew				
2) Nakamura, Shuntaro				
3) Bianchi, Jake				
4) Wright, Mason				
48.773 (48.773)	1:13.579 (24.806)	1:37.350 (23.772)		

**Men 4x400 Meter Relay**

School	Seed	Finals	H#	Points
1 Monmouth (Ill.)	3:28.67	3:24.34	2	10
1) Curry, Patrick				
2) Newton, Eli				
3) Camper, Xavier				
4) Outlaw, Adrian				
51.297 (51.297)	1:43.384 (52.088)	2:34.819 (51.435)	3:24.336 (49.517)	
2 Illinois College	3:29.84	3:24.48	2	8
1) Williams, DJ				
2) Wasson, Carter				
3) Hernandez, Adam				
4) Doss, Dylan				
51.765 (51.765)	1:43.202 (51.437)	2:34.164 (50.962)	3:24.474 (50.311)	
3 Beloit	3:31.85	3:28.00	2	6
1) Atou, Alexandre				
2) DeGeorge, Daniel				

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**

**Track & Field Championships**

**Ripon College**

**Results**

**....Men 4x400 Meter Relay**

3) Zewdie, Israel	4) Otis, Nathaniel				
51.323 (51.323)	1:43.543 (52.220)	2:36.593 (53.050)	3:27.991 (51.399)		
4 Grinnell		3:36.95	3:29.06	1	5
1) Pfister, Caden	2) Chestovich, Andy				
3) Heagy, Connor	4) Fadden, Lucas				
53.997 (53.997)	1:46.083 (52.086)	2:38.447 (52.365)	3:29.060 (50.614)		
5 Cornell College		3:33.18	3:29.64	1	4
1) Soukup, Gavin	2) Isaacson, Fisher				
3) Jacobs, Currey	4) Hutchings, Isaak				
54.094 (54.094)	1:46.174 (52.081)	2:38.306 (52.132)	3:29.638 (51.332)		
6 Ripon		3:24.66	3:29.76	2	3
1) Davies, Jacob	2) Trzebiatowski, Sam				
3) Jumbeck, Jacob	4) Villanueva, Rainier				
52.816 (52.816)	1:45.831 (53.015)	2:37.934 (52.103)	3:29.759 (51.825)		
7 Lawrence		3:31.96	3:30.16	2	2
1) Cross, Brendan	2) Lockett, Alex				
3) Jackson, Marcus	4) Zook, Tristan				
54.001 (54.001)	1:46.340 (52.340)	2:39.161 (52.821)	3:30.158 (50.997)		
8 Lake Forest		3:47.67	3:44.32	1	1
1) Francis, Ollie	2) Brophy, Bart				
3) Hewes, Austin	4) Faiz, Ali				
56.224 (56.224)	1:49.943 (53.719)	2:49.767 (59.825)	3:44.311 (54.545)		
-- Knox		3:45.86	DNS	1	
1) Anderson, Jacob	2) Amend, Lucas				
3) Strutzel, Ethan	4) Vazquez, A.J.				

**Men 1600 Sprint Medley**

School	Seed	Finals	H#	Points
1 Cornell College	3:39.02	3:34.18	2	10
1) Beaty, Hadley	2) Greiner, Doniel			
3) McGuire, Jaxin	4) Hutchings, Isaak			
45.625 (45.625)	1:36.622 (50.997)	3:34.173 (1:57.551)		
2 Monmouth (Ill.)	3:50.69	3:35.53	1	8
1) Outlaw, Adrian	2) Curry, Patrick			
3) Morse, Logan	4) Newton, Eli			
46.309 (46.309)	1:40.174 (53.865)	3:35.523 (1:55.350)		
3 Lake Forest	3:42.05	3:38.68	2	6
1) Nakamura, Shuntaro	2) Wright, Mason			
3) Lungu, Matthew	4) Francis, Ollie			
47.251 (47.251)	1:38.338 (51.087)	3:38.679 (2:00.342)		
4 Ripon	3:39.99	3:38.73	2	5
1) Manning, Finley	2) Bryant, Max			
3) Trzebiatowski, Sam	4) Romprey, Adisun			
46.726 (46.726)	1:38.922 (52.196)	3:38.729 (1:59.807)		
5 Lawrence	3:42.59	3:38.86	2	4
1) Zook, Tristan	2) Benjamin, David			
3) Lockett, Alex	4) Duensing, Otto			
46.189 (46.189)	1:39.126 (52.938)	3:38.854 (1:59.729)		
6 Grinnell	3:47.06	3:39.23	2	3
1) Fitzgerald, Keaton	2) Rathburn, Justin			
3) Pfister, Caden	4) Welch-Groves, Cameron			
47.851 (47.851)	1:39.728 (51.877)	3:39.228 (1:59.500)		

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
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**Ripon College**  
**Results**

**....Men 1600 Sprint Medley**

7	Beloit		3:57.71	3:45.54	1	2
	1) Yearby, Josh		2) DeGeorge, Daniel			
	3) Charles, Diontia		4) Zewdie, Israel			
	45.572 (45.572)	1:39.050 (53.478)	3:45.539 (2:06.490)			
8	Illinois College		3:54.66	3:47.36	1	1
	1) Borntreger, Brady		2) Weddington, Miles			
	3) Rodriguez, Aaron		4) Detmer, Will			
	47.258 (47.258)	1:40.247 (52.990)	3:47.355 (2:07.108)			
9	Knox			3:59.34	1	
	1) Dortch, Carl		2) Amend, Lucas			
	3) Strutzel, Ethan		4) Lawrence, Max			
	48.562 (48.562)	1:46.080 (57.518)	3:59.331 (2:13.252)			

**Men Distance Medley**

School	Seed	Finals	Points
1 Ripon		10:33.32	10
1) Kuwaye, Christian	2) Seeber, Matt		
3) Trzebiatowski, Sam	4) Romprey, Adisun		
3:14.399 (3:14.399)	4:07.149 (52.750)	6:08.444 (2:01.295)	10:33.317 (4:24.874)
2 Cornell College	11:28.80	10:34.22	8
1) Lutzke, Noah	2) Soukup, Gavin		
3) Voigt, Parker	4) Soda, Gabe		
3:18.318 (3:18.318)	4:10.314 (51.996)	6:17.664 (2:07.351)	10:34.217 (4:16.553)
3 Lake Forest		10:49.34	6
1) Faiz, Ali	2) Douthat, Andrew		
3) Francis, Ollie	4) Brophy, Bart		
3:21.080 (3:21.080)	4:20.297 (59.217)	6:22.907 (2:02.610)	10:49.339 (4:26.432)
4 Grinnell	11:32.62	10:51.80	5
1) Snyder, James	2) James, Xavier		
3) Williams, Carter	4) Hill, Ryan		
3:19.395 (3:19.395)	4:12.294 (52.900)	6:17.269 (2:04.975)	10:51.792 (4:34.524)
5 Lawrence		10:57.18	4
1) Wetzel-Meehan, Ray	2) Luckett, Alex		
3) Anderson, Elek	4) Cassidy, Ryan		
3:27.942 (3:27.942)	4:20.926 (52.985)	6:24.764 (2:03.839)	10:57.171 (4:32.407)
6 Illinois College	11:04.91	11:10.21	3
1) Scherff, Elgin	2) Rodriguez, Aaron		
3) Dettmer, Caden	4) Boggs, Devin		
3:27.822 (3:27.822)	4:21.246 (53.425)	6:29.394 (2:08.148)	11:10.204 (4:40.810)
7 Monmouth (Ill.)		11:12.67	2
1) Stoub, Xander	2) Morse, Logan		
3) Bernas, Braden	4) Plumley, William		
3:25.007 (3:25.007)	4:18.710 (53.704)	6:24.960 (2:06.250)	11:12.664 (4:47.705)
8 Knox	11:19.61	11:47.25	1
1) McClusky, Evan	2) Dortch, Carl		
3) Lawrence, Max	4) Miller, Lance		
3:29.238 (3:29.238)	4:25.237 (56.000)	6:39.661 (2:14.425)	11:47.242 (5:07.581)
-- Beloit	13:18.93	DNS	
1) Arhebun, Drew	2) Fein, Jake		
3) Sumoaro, Ayoub	4) Mills, Kevon		

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
**Track & Field Championships**  
**Ripon College**  
**Results**

**Men High Jump**

Name	Year	School	Seed	Finals	Points
1 Crawford, Laquanta		Cornell College	1.87m	1.91m	6-03.25 10
	1.61 1.66 1.71 1.76 1.81 1.86 1.91 1.96				
	PPP PPP PPP O O O XXO XXX				
2 Mills, Kevon		Beloit	1.85m	1.86m	6-01.25 8
	1.61 1.66 1.71 1.76 1.81 1.86 1.91				
	PPP PPP O O O O XXX				
3 Charles, Diontia		Beloit	1.80m	J1.86m	6-01.25 6
	1.61 1.66 1.71 1.76 1.81 1.86 1.91				
	PPP PPP XO O O O XXX				
4 Otis, Nathaniel		Beloit	1.75m	J1.86m	6-01.25 5
	1.61 1.66 1.71 1.76 1.81 1.86 1.91				
	PPP O O XO O XXO XXX				
5 Novelle, Jack		Grinnell	1.80m	1.81m	5-11.25 4
	1.61 1.66 1.71 1.76 1.81 1.86				
	PPP PPP O O O XXX				
6 Curry, Patrick		Monmouth (Ill.)	1.88m	J1.81m	5-11.25 2
	1.61 1.66 1.71 1.76 1.81 1.86				
	PPP PPP O O XO XXX				
6 Walker, Dameco		Ripon		J1.81m	5-11.25 2
	1.61 1.66 1.71 1.76 1.81 1.86				
	O O O O XO XXX				
6 Zook, Tristan		Lawrence	1.85m	J1.81m	5-11.25 2
	1.61 1.66 1.71 1.76 1.81 1.86				
	PPP O O O XO XXX				
9 Morse, Logan		Monmouth (Ill.)	1.78m	1.76m	5-09.25
	1.61 1.66 1.71 1.76 1.81				
	PPP O XXO XO XXX				
10 Twardowski, Joey		Monmouth (Ill.)	1.73m	1.71m	5-07.25
	1.61 1.66 1.71 1.76				
	O O XO XXX				
11 Trzebiatowski, Sam		Ripon		1.61m	5-03.25
	1.61 1.66				
	O XXX				
-- Muszynski, Max		Beloit		NH	
	1.61				
	XXX				
-- Eiker, Mikey		Monmouth (Ill.)	1.75m	DNS	

**Men Pole Vault**

Name	Year	School	Seed	Finals	Points
1 San Diego, Isaac		Ripon	4.39m	4.40m	14-05.25 10
	2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 4.40 4.55				
	PPP PPP PPP PPP PPP PPP PPP O O O O XXX				
2 Fornari, Luca		Grinnell	4.55m	J4.40m	14-05.25 8
	2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 4.40 4.55				
	PPP PPP PPP PPP PPP PPP PPP PPP O O XO XXX				



**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
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**Results**

**....Men Pole Vault**

3	Schneider, Greyson	Lawrence	3.94m	4.10m	13-05.25	6
	2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25					
	PPP PPP PPP PPP PPP PPP PPP XXO XXO XXX					
4	Bernas, Riley	Monmouth (Ill.)	3.82m	3.80m	12-05.50	5
	2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95					
	PPP PPP PPP O PPP O O XXX					
5	Geocaris, Tommy	Ripon	3.20m	3.65m	11-11.75	4
	2.90 3.05 3.20 3.35 3.50 3.65 3.80					
	O O O XO O XXO XXX					
6	Phillips, Dorian	Ripon	3.20m	3.20m	10-06.00	3
	2.90 3.05 3.20 3.35					
	PPP O O XXX					
7	O'Sullivan, Nyhan	Lawrence	3.27m	J3.20m	10-06.00	2
	2.90 3.05 3.20 3.35					
	PPP O XO XXX					
8	Mahar, Alec	Monmouth (Ill.)	2.90m	2.90m	9-06.25	0.50
	2.90 3.05					
	O XXX					
8	Rath, Sean	Ripon	2.59m	2.90m	9-06.25	0.50
	2.90 3.05					
	O XXX					
--	Lee, Jackson	Illinois College	4.30m	NH		
	2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95					
	PPP PPP PPP PPP PPP PPP PPP XXX					

**Men Long Jump**

Name	Year	School	Seed	Finals	H#	Points
1 Walker, Dameco		Ripon	7.20m	7.28m	23-10.75	3 10
	FOUL 7.28m	FOUL PASS PASS PASS				
2 Doss, Dylan		Illinois College	6.80m	7.02m	23-00.50	3 8
	FOUL 6.61m 6.58m 6.84m 6.90m 7.02m					
3 Zook, Tristan		Lawrence	6.41m	6.69m	21-11.50	3 6
	6.39m 6.54m 6.69m 6.49m 6.24m 6.67m					
4 Benjamin, David		Lawrence	6.39m	6.68m	21-11.00	3 5
	6.68m 6.57m FOUL FOUL 6.60m 6.53m					
5 Beaty, Hadley		Cornell College	6.83m	6.63m	21-09.00	3 4
	FOUL FOUL 6.63m 6.44m 6.45m 6.16m					
6 Vander Galien, Logan		Ripon	6.19m	6.50m	21-04.00	2 3
	6.02m 6.21m 6.32m 6.08m 6.19m 6.50m					
7 Alade, Michael		Lake Forest	6.69m	6.33m	20-09.25	3 2
	6.33m 5.69m 5.96m 5.77m 5.60m 6.07m					
8 Saunders, Jaden		Illinois College	6.32m	6.31m	20-08.50	3 1
	FOUL 6.24m 6.12m 5.85m FOUL 6.31m					
9 Davies, Jacob		Ripon	6.30m	6.28m	20-07.25	3
	6.15m 6.28m FOUL FOUL FOUL 5.98m					
10 Sanders, Bill		Monmouth (Ill.)	6.01m	6.19m	20-03.75	2
	6.09m FOUL 6.19m					
11 Vazquez, A.J.		Knox	6.13m	J6.19m	20-03.75	2
	6.03m 6.19m 5.99m					
12 Bianchi, Jake		Lake Forest	6.60m	6.17m	20-03.00	3
	6.17m 6.13m 5.91m					

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024**  
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**....Men Long Jump**

13 Mills, Kevon	Beloit	6.23m	J6.17m	20-03.00	3
6.13m 6.17m 4.75m					
14 Crims, Payton	Monmouth (Ill.)	6.11m	6.05m	19-10.25	2
5.67m 5.10m 6.05m					
15 Hagberg, Leo	Lawrence	5.87m	6.04m	19-09.75	1
5.98m 6.04m 6.00m					
16 Sipes, Adam	Illinois College	6.11m	6.03m	19-09.50	2
6.03m 5.86m FOUL					
17 Oliveira, Casey	Grinnell	6.09m	5.90m	19-04.25	2
5.89m 5.90m 5.84m					
18 Zewdie, Israel	Beloit	5.84m	5.88m	19-03.50	1
4.95m 5.88m 5.88m					
19 Bhandari, Vanshith	Beloit	5.68m	5.87m	19-03.25	1
FOUL 5.66m 5.87m					
20 Mahar, Alec	Monmouth (Ill.)	6.02m	5.82m	19-01.25	2
5.81m 5.82m 5.50m					
21 Amend, Lucas	Knox	6.21m	J5.82m	19-01.25	2
5.48m 5.82m 5.76m					
22 Centeno, Darnell	Knox	5.45m	5.53m	18-01.75	1
5.33m 5.49m 5.53m					
23 Arhebun, Drew	Beloit	5.30m	5.50m	18-00.50	1
5.11m 5.08m 5.50m					
24 Mudd, Drake	Illinois College	5.34m	5.36m	17-07.00	1
5.15m 4.33m 5.36m					
25 Reed, Jack	Grinnell	5.33m	4.93m	16-02.25	1
FOUL FOUL 4.93m					
26 Bolanos, Marco	Lake Forest	4.60m	4.87m	15-11.75	1
4.49m 4.52m 4.87m					
27 Mulimba, Mwesigwa	Lake Forest	4.55m	4.08m	13-04.75	1
4.08m 3.94m FOUL					
-- Eiker, Mikey	Monmouth (Ill.)	6.16m	DNS		2

**Men Triple Jump**

Name	Year	School	Seed	Finals	H#	Points
1 Walker, Dameco		Ripon		13.80m	45-03.50	1 10
13.80m FOUL FOUL	PASS	PASS	PASS			
2 Benjamin, David		Lawrence	12.68m	13.31m	43-08.00	2 8
12.69m 12.61m 13.05m	12.16m	12.80m	13.31m			
3 Vander Galien, Logan		Ripon	12.71m	13.20m	43-03.75	2 6
12.17m 12.62m 12.51m	12.39m	12.73m	13.20m			
4 Hagberg, Leo		Lawrence	12.70m	13.11m	43-00.25	2 5
12.50m 12.52m 12.83m	12.23m	12.63m	13.11m			
5 Oliveira, Casey		Grinnell	12.54m	12.63m	41-05.25	2 4
FOUL FOUL 12.40m	12.63m	12.41m	12.53m			
6 Vazquez, A.J.		Knox	12.69m	12.61m	41-04.50	2 3
12.36m 12.61m FOUL	PASS	PASS	PASS			
7 Dykstra, Murphy		Grinnell	12.46m	12.53m	41-01.50	1 2
FOUL 12.39m FOUL	11.70m	FOUL	12.53m			
8 Eggert, Will		Lawrence	12.64m	12.05m	39-06.50	2 1
11.80m 12.05m FOUL	11.82m	12.02m	FOUL			
9 Watson, Devin		Monmouth (Ill.)		11.88m	38-11.75	1
11.88m 11.30m FOUL	11.12m	11.37m	FOUL			

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024****Track & Field Championships****Ripon College****Results****....Men Triple Jump**

10	Centeno, Darnell	Knox	10.98m	11.82m	38-09.50	1
	11.78m 11.58m 11.82m					
11	Bianchi, Jake	Lake Forest	12.51m	J11.82m	38-09.50	2
	11.39m 11.82m 11.51m					
12	Mudd, Drake	Illinois College	11.25m	11.50m	37-08.75	1
	10.53m 11.13m 11.50m					
13	Charles, Diontia	Beloit		11.49m	37-08.50	1
	11.49m 10.66m 11.30m					
14	Ladage, Zak	Ripon	11.33m	11.34m	37-02.50	1
	11.34m FOUL 10.79m					
--	Ruffin, Tashawn	Monmouth (Ill.)	13.53m	DNS		2

**Men Shot Put**

Name	Year	School	Seed	Finals	H#	Points
1 Toberman, Caleb		Monmouth (Ill.)	15.21m	15.36m	50-04.75	2 10
		14.83m 14.49m 14.35m 13.60m FOUL 15.36m				
2 Orwig, Blake		Monmouth (Ill.)	15.01m	13.74m	45-01.00	2 8
		FOUL 12.01m 12.61m 13.55m 13.74m FOUL				
3 Anderson, Shane		Monmouth (Ill.)	14.46m	J13.74m	45-01.00	2 6
		13.22m 13.44m 13.50m 12.89m 13.74m FOUL				
4 Picard, Braedy		Ripon	13.66m	13.28m	43-07.00	2 5
		12.39m 13.06m FOUL FOUL 13.28m 12.41m				
5 Rodgers, Deon		Illinois College	13.82m	13.25m	43-05.75	2 4
		12.74m 13.25m 12.95m 12.40m 12.38m FOUL				
6 Bryant, Gunner		Monmouth (Ill.)	13.28m	13.02m	42-08.75	2 3
		12.39m 12.69m 12.93m 12.38m 13.02m 12.82m				
7 Hernandez, Saul		Illinois College		J13.02m	42-08.75	1 2
		13.02m FOUL FOUL 12.35m 12.51m FOUL				
8 Moushon, Xander		Illinois College	13.13m	12.78m	41-11.25	2 1
		12.78m 12.66m 12.30m FOUL FOUL FOUL				
9 Hanson, Noah		Ripon	13.15m	12.77m	41-10.75	2
		12.77m 12.62m 12.56m 12.58m FOUL FOUL				
10 Yelkin, Nicholas		Cornell College	12.23m	12.19m	40-00.00	1
		11.11m 12.19m FOUL				
11 Martinez Marte, Joshua		Beloit	12.97m	12.13m	39-09.75	2
		11.56m 12.13m 11.85m				
12 Hodge, Melvin		Illinois College	12.88m	12.00m	39-04.50	2
		11.92m 11.86m 12.00m				
13 Clawson, Ian		Grinnell	12.34m	11.89m	39-00.25	2
		11.81m 11.89m FOUL				
14 Bean, Garret		Grinnell	11.19m	11.67m	38-03.50	1
		10.86m 10.87m 11.67m				
15 Walker, Jonathan		Knox	11.20m	11.40m	37-05.00	1
		10.36m 11.40m 10.83m				
16 Slatter, Cooper		Beloit	10.52m	11.09m	36-04.75	1
		10.57m FOUL 11.09m				
17 Chu, Travis		Grinnell	10.86m	10.62m	34-10.25	1
		10.62m 10.45m 10.39m				
18 McLaughlin, Jack		Lawrence	10.30m	10.38m	34-00.75	1
		9.43m 10.38m 10.16m				
19 Huggins, Julian		Knox	10.30m	9.84m	32-03.50	1
		FOUL 9.84m FOUL				

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024****Track & Field Championships****Ripon College****Results****....Men Shot Put**

20	Blatchley, Jacob	Ripon	10.77m	9.59m	31-05.75	1
	9.59m FOUL FOUL					
--	Snow, Anthony	Ripon	11.07m	FOUL		1
	FOUL FOUL FOUL					
--	Bahu, Michael	Cornell College	11.44m	FOUL		1
	FOUL FOUL FOUL					

**Men Weight Throw**

Name	Year	School	Seed	Finals	H#	Points
1 Toberman, Caleb		Monmouth (Ill.)	18.77m	18.67m	61-03.00	2 10
	18.47m	18.61m	18.51m	FOUL	18.67m	17.53m
2 Anderson, Shane		Monmouth (Ill.)	19.05m	18.01m	59-01.25	2 8
	17.60m	FOUL	18.01m	17.77m	FOUL	FOUL
3 Orwig, Blake		Monmouth (Ill.)	16.01m	17.26m	56-07.50	2 6
	14.30m	15.49m	FOUL	15.85m	16.47m	17.26m
4 Clawson, Ian		Grinnell	17.61m	16.21m	53-02.25	2 5
	15.64m	FOUL	15.03m	15.54m	15.10m	16.21m
5 Moushon, Xander		Illinois College	16.52m	16.02m	52-06.75	2 4
	14.55m	FOUL	15.35m	15.37m	16.02m	15.66m
6 Bean, Garret		Grinnell	15.07m	15.32m	50-03.25	2 3
	FOUL	15.11m	FOUL	14.52m	15.32m	13.99m
7 Rodgers, Deon		Illinois College	16.06m	15.29m	50-02.00	2 2
	FOUL	FOUL	14.01m	15.11m	15.29m	14.54m
8 Bryant, Gunner		Monmouth (Ill.)	14.98m	15.23m	49-11.75	2 1
	14.05m	14.61m	15.23m	FOUL	14.35m	FOUL
9 Hodge, Melvin		Illinois College	14.90m	14.54m	47-08.50	2
	12.75m	14.54m	14.45m	FOUL	FOUL	FOUL
10 Diaz, Omar		Illinois College	12.99m	13.84m	45-05.00	1
	12.30m	13.30m	13.84m			
11 Bahu, Michael		Cornell College	14.08m	13.68m	44-10.75	2
	13.29m	13.60m	13.68m			
12 Yelkin, Nicholas		Cornell College	13.80m	12.95m	42-06.00	2
	FOUL	FOUL	12.95m			
13 Martinez Marte, Joshua		Beloit	13.32m	12.83m	42-01.25	1
	11.84m	12.83m	12.67m			
14 Hanson, Noah		Ripon	12.05m	12.82m	42-00.75	1
	11.87m	12.82m	FOUL			
15 Dzolic, Stevan		Knox	12.82m	12.57m	41-03.00	1
	FOUL	11.92m	12.57m			
16 Blatchley, Jacob		Ripon	11.86m	11.73m	38-06.00	1
	11.29m	11.73m	FOUL			
17 Williams, Brody		Cornell College	13.65m	11.52m	37-09.50	2
	11.52m	FOUL	FOUL			
18 Krowas, Pierce		Ripon	12.16m	11.43m	37-06.00	1
	10.63m	11.43m	FOUL			
19 Huggins, Julian		Knox	10.77m	11.30m	37-01.00	1
	11.30m	FOUL	FOUL			
20 Snow, Anthony		Ripon	12.22m	11.18m	36-08.25	1
	10.98m	FOUL	11.18m			
21 Bell, Jake		Grinnell	11.61m	10.19m	33-05.25	1
	9.60m	10.19m	FOUL			

**Midwest Conference Indoor Championships - 2/23/2024 to 2/24/2024****Track & Field Championships****Ripon College****Results****....Men Weight Throw**

22 McLaughlin, Jack	Lawrence	10.73m	9.62m	31-06.75	1
9.62m 8.93m 8.78m					
23 Slatter, Cooper	Beloit	10.31m	9.54m	31-03.75	1
9.54m FOUL FOUL					

 =====  
 Women - Team Rankings - 18 Events Scored  
 =====

1) Ripon	135.50	2) Monmouth (Ill.)	114.50
3) Grinnell	100	4) Illinois College	96
5) Cornell College	85	6) Lawrence	64
7) Beloit	61.50	8) Knox	30.50
9) Lake Forest	14		

 =====  
 Men - Team Rankings - 18 Events Scored  
 =====

1) Ripon	137.50	2) Monmouth (Ill.)	108.50
3) Cornell College	102	4) Grinnell	101
5) Illinois College	93	6) Lawrence	66
7) Beloit	45	8) Lake Forest	26
9) Knox	23		