

1995 CHAMPIONSHIPS
(at Carleton College, Northfield, MN, May 24-27)

TEAM SCORES (Scoring 8 places - 10-8-6-5-4-3-2-1)

1. Lincoln University	80	27. SUNY Binghamton	9	49. Salisbury State College	5
2. Williams College	61	Case Western Reserve	9	54. American Univ of PR	4
3. North Central College	47	Mount Union	9	Gustavus Adolphus College	4
4. SUNY Albany	39	UW Oshkosh	9	Monmouth College	4
5. Augustana College	32	31. Alfred University	8	Simpson College	4
6. UW LaCrosse	28	Amherst College	8	Occidental College	3
7. Nebraska Wesleyan Univ	27	Central College	8	Rochester University	3
8. St. Olaf College	22	Coast Guard Academy	8	Roanoke College	2.5
9. Wheaton College	20	Ohio Northern University	8	61. Anderson University	2
10. UW Stout	19	Principia College	8	Lebanon Valley College	2
11. Calvin College	18	Tufts University	8	Macalester College	2
Concordia College (MN)	18	Western Maryland College	8	Rhode Island College	2
Haverford College	18	39. Brandeis University	7.5	St. John's University (MN)	2
14. UC San Diego	17	40. Allegheny College	7	Susquehanna University	2
15. UW Platteville	14	Christopher Newport College	7	Washington University	2
16. Claremont-Mudd-Scripps	13	UW Stevens Point	7	68. Hamline University	1
Thiel College	13	43. Carleton College	6	Moravian College	1
18. University of St. Thomas	12	Catholic University	6	Reusselzer Polytechnic Inst	1
Union College	12	Fitchburg State College	6		
20. Rochester Inst of Tech	11	Loras College	6		
21. Emory University	10	Methodist College	6		
SUNY Fredonia	10	48. UW Eau Claire	5.5		
Lynchburg College	10	49. Augsburg College	5		
Mass Inst of Tech	10	Baldwin-Wallace College	5		
Redlands	10	Buena Vista College	5		
Rowan College	10	Pomona-Pitzer Colleges	5		

INDIVIDUAL RESULTS

100 Meter Dash

1. Brandon Jones, Lincoln	10.46
2. Marcus Broach, Lincoln	10.63
3. Kevin Coy, Loras	10.78
4. Brent Comfort, Clare-Mudd-Scripps	10.79
5. Hamilton Carfarell, Methodist	10.88
6. Travis Miller, SUNY Albany	10.88
7. Don Waldron, Lincoln	10.91
8. Calvin Bunch, Christopher Newport	11.06

200 Meter Dash

1. Brandon Jones, Lincoln	21.40
2. Rob Glover, St. Olaf	21.56
3. Terry Anders, UW Stout	21.72
4. Marcus Broach, Lincoln	21.76
5. David Thompson, Monmouth	21.77
6. Jeff Taylor, Lincoln	22.00
7. Don Waldron, Lincoln	23.43

400 Meter Dash

1. Terry Anders, UW Stout	47.93
2. Mario Watts, Amherst	48.24
3. Rob Glover, St. Olaf	48.62
4. James Lavallee, Tufts	48.97
5. Ernest Clark, UC San Diego	49.17
6. Rob Lee, Augustana	49.35
7. Chris Link, Macalester	49.52
8. Mike Mahngren, Hamline	49.67

800 Meter Run

1. Karl Paranya, Haverford	1:51.31
2. Creaghan Trainor, Williams	1:51.99
3. Paul Drumgoole, Catholic	1:52.07
4. Roba Bari, Augsburg	1:52.44
5. Joshua Tebo, UW Stevens Point	1:52.74
6. Will Allan, Occidental	1:52.76
7. Eric Schmidt, Lincoln	1:55.73
8. William Robinson, Lincoln	1:56.54

1500 Meter Run

1. Ambo Bati, Augustana	3:55.80
2. Karl Paranya, Haverford	3:55.93
3. Dan Vrnig, Carleton	3:57.86
4. Creaghan Trainor, Williams	3:59.12
5. Ethan Crain, MIT	3:59.48
6. Goss Lindsey, UC San Diego	4:00.11
7. Jim Dickerson, North Central	4:00.39
8. Edward Callinan, Brandeis	4:00.39

3000 Meter Steeplechase

1. Matzki Stevens, Williams	9:04.40
2. Bill Kabisencke, Wheaton	9:04.95
3. Brian Heaz, North Central	9:06.36
4. Jim Dickerson, North Central	9:07.84
5. Chuck Eagle, Mount Union	9:08.96
6. Tim Voloshen, Rochester	9:11.09
7. Jason Washler, Calvin	9:16.35
8. Keith Long, Williams	9:16.37

5000 Meter Run

1. J. J. Casner, UC San Diego	14:31.56
2. Jeremie Perry, Williams	14:34.10
3. John Weigel, North Central	14:40.94
4. Matt Brill, North Central	14:41.77
5. Tony Fraji, RIT	14:44.79
6. Matt Thull, UW Oshkosh	14:45.70
7. Jeff Runkland, St. Thomas	14:48.06
8. Matt Chance, Simpson	14:51.31

10,000 Meter Run

1. John Weigel, North Central	29:52.68
2. Ray VanAragon, Calvin	30:19.89
3. Tony Fraji, RIT	30:30.83
4. Ambo Bati, Augustana	30:39.19
5. Matt Brill, North Central	30:46.12
6. Brian Casselberry, Case Western Res	30:59.72
7. Nate Lewis, Calvin	31:02.90
8. Jamie Glydon, RIT	31:05.4

110 Meter Hurdles

1. Jeffery York, SUNY Albany	13.85 MR
2. Glena Chanton, Alfred	13.92
3. Mikhail Edel, Brandeis	14.11
4. Adam Decker, Nebraska Wesleyan	14.39
5. Tyrone Watkins, Lincoln	14.54
6. Jason Wolf, UW Eau Claire	14.54
7. Jamelle Ushery, Methodist	14.61
8. Rafael Williams, North Central	14.73

400 Meter Hurdles

1. Chip Schneider, UW Platteville	52.16
2. Ben Richert, Wheaton	52.51
3. Brian Johnson, North Central	52.54
4. Anthony Julien, Lincoln	52.66
5. Williard Fairweather, Lincoln	53.03
6. Pat Camp, Simpson	53.16
7. Nathan Busse, Pomona-Pitzer	53.30
8. Adam Decker, Nebraska Wesleyan	53.60

1995 ContinuedHigh Jump

1. Joel Mitre, Redlands	2.08 (6'9.75")
2. Kenneth Hoffman, St. Olaf	2.04 (6'8.25")
3. Jeff Hoyt, SUNY Fredonia	2.04 (6'8.25")
4. Don Wolf, Buena Vista	2.04 (6'8.25")
5. Thomas Claiborne, Lincoln	2.04 (6'8.25")
6. Courtney Fitch, Rossmore	2.00 (6'6.75")
Jason Slatken, UW Eau Claire	2.00 (6'6.75")

Long Jump

1. Wade Alberts, Nebraska Wesleyan	7.35 (24'1.5")
2. Anthony Davenport, SUNY Albany	7.31 (23'11.25")
3. Paul Rosenkrantz, SUNY Binghamton	7.27 (23'10.25")
4. Rob Bunke, UW LaCrosse	7.24 (23'9")
5. Chip Schneider, UW Platteville	7.13 (23'4.75")
6. Jason Ross, Thiel	7.12 (23'4.5")
7. Antone Mearx, Washington	7.08 (23'2.75")
8. Shawn Savage, Rowan	7.05 (23'1.75")

Triple Jump

1. Troy Thompson, Emory	14.76 (48'5.25")
2. Oscar Almsendarez, SUNY Albany	14.55 (47'9")
3. Montez Kaufman, Christ Newport	14.43 (47'4.25")
4. Wade Alberts, Nebraska Wesleyan	14.34 (47'7.75")
5. Luis Hidalgo, Amer Univ PR	14.30 (46'11")
6. Peter Hawkins, Pomona-Pitzer	14.29 (46'10.75")
7. Nate McNitt, Susquehanna	14.28 (46'10.25")
8. Shawn Savage, Rowan	14.19 (46'6.75")

Discus Throw

1. Aaron Banks, Concordia	49.54 (162'6")
2. Ethan Brooks, Williams	48.88 (160'4")
3. Tom Lambert, UW Oshkosh	47.80 (156'10")
4. Seth McGuffin, Lynchburg	47.30 (155'2")
5. Ryan Carlson, UW LaCrosse	46.30 (151'11")
6. Mike Ventura, SUNY Binghamton	46.08 (151'2")
7. Matt Dutton, Augustana	45.48 (149'2")
8. Tate Schake, Nebraska Wesleyan	44.98 (147'7")

Shot Put

1. Rich Pulver, Union	17.21 (56'5.75")
2. Aaron Banks, Concordia	17.16 (56'3.75")
3. Ed Kalaber, Case Western Reserve	16.89 (55'5")
4. Seth McGuffin, Lynchburg	16.22 (53'2.75")
5. Brett Gross, Gustavus Adolphus	15.81 (51'10.5")
6. Dave Murray, Allegheny	15.75 (51'8.25")
7. Ross DeNisco, Lebanon Valley	15.58 (51'1.5")
8. Ryan Carpenter, Augustana	15.56 (51'7.5")

400 Meter Relay

1. Lincoln	40.80
2. Claremont-Mudd-Scripps	41.56
3. Ohio Northern	41.63
4. Salisbury State	41.69
5. Nebraska Wesleyan	41.88
6. UW Stevens Point	41.91

1600 Meter Relay

1. Lincoln	3:15.96
2. Central	3:15.99
3. SUNY Albany	3:16.31
4. Augustana	3:17.07
5. UW LaCrosse	3:17.16
6. Tufts	3:19.22
7. Anderson	3:19.26

Pole Vault

1. Mike Schnur, UW LaCrosse	5.19 (17'2.25")MR
2. Drew Orsinger, Coast Guard	5.19 (17'2.5")
3. Corey Christenson, Augustana	4.99 (16'4.5")
4. Matt Keller, Mount Union	4.89 (16'5")
5. Justin Tabour, North Central	4.79 (15'8.5")
6. Tim Johnson, UW Stout	4.69 (15'4.5")
7. Ben Shaffer, Ohio Northern	4.69 (15'4.5")
8. James Nixon, SUNY Albany	4.69 (15'4.5")

Hammer Throw

1. Bobby Walker Jr, Williams	59.88 (195'5")
2. Brian Consigh, Williams	56.12 (184'1")
3. John Wallberg, MIT	55.92 (183'5")
4. Saul Banashak, UW LaCrosse	54.38 (178'5")
5. Trevor Hitchcock, SUNY Fredonia	53.72 (176'3")
6. Ethan Brooks, Williams	53.16 (174'5")
7. Chris Skurka, Rhode Island	52.06 (170'10")
8. Shawn Haurahan, Rensselaer Poly Inst	50.04 (164'2")

Javelin Throw

1. John Lischner, Thiel	67.20 (220'6")
2. Carl VonTobel, Western Maryland	66.26 (217'5")
3. Kris Theriault, Fitchburg State	66.20 (217'2")
4. Rich Bohne, Rowan	62.78 (206'0")
5. Warren Phillips, Allegheny	60.68 (199'1")
6. Bruce Davies, Rowan	60.42 (198'3")
7. Matt Johnson, Union	59.64 (195'8")
8. Mike Natale, Moravian	59.58 (195'6")

Decathlon

1. Erik Rosenkrantz, St Thomas	7212
2. Andrew Schierholz, Principia	6885
3. John Stein, Calvin	6779
4. Brian Miller, Baldwin-Wallace	6647
5. Paul Elsen, Wheaton	6610
6. James Nixon, SUNY Albany	6605
7. Daniel Besemann, St. John's	6560
8. Andy Haydenberk, Nebraska Wesleyan	6545

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1. UW Oshkosh	58	26. Manchester College	10	50. SUNY Fredonia	3
2. University of St Thomas	52	Pomona-Pitzer Colleges	10	Monmouth College	3
3. Christopher Newport	43	UW Stevens Point	10	Moravian College	3
UW LaCrosse	43	Gettysburg College	9	Occidental College	3
5. SUNY Cortland	35	Loras College	8	Simpson College	3
6. UC San Diego	30	Messiah College	8	Trenton State College	3
7. UW Eau Claire	26	Salisbury State College	8	William Penn	3
8. Mount Union College	25.5	Westfield State College	8	57. Amherst College	2
9. Lincoln University (PA)	23	34. Nebraska Wesleyan Univ	7	Baldwin-Wallace College	2
10. Williams College	21	Ohio Northern University	7	Carleton College	2
11. Medgar Evers	19	Thiel College	7	City College of New York	2
12. Calvin College	18	37. Fitchburg State College	6	Lycoming College	2
Concordia (MN)	18	Hiram College	6	Milikin University	2
14. Genesee State	17	Ohio Wesleyan University	6	St. Olaf College	2
15. Augustana College	16	40. Bates College	5	Ursinus College	2
Brandeis University	16	Coast Guard Academy	5	Widener University	2
UW Whitewater	16	Colby College	5	66. Beloit College	1
18. Case Western Reserve	15.5	Colorado College	5	SUNY Binghamton	1
19. Coe College	13	Norwich University	5	John Carroll University	1
Luther College	13	Wesleyan University	5	Mary Washington College	1
21. Bowdoin College	12	46. Buena Vista College	4	Ripon College	1
Wartburg College	12	Frostburg State University	4	UW Platteville	1
23. Allegheny College	11	Hope College	4	UW River Falls	1
Alma College	11	Washington University (MO)	4		
Tufts University	11				

INDIVIDUAL RESULTS

100 Meter Dash

1. Vandisha Wilder, Christopher Newport	12.12
2. Karla Eggertson, UW Whitewater	12.19
3. Shawna Hardy, Lincoln	12.27
4. Marsha McCurdy, Norwich	12.40
5. Stacy Spencer, Gettysburg	12.44
6. Dominique McLaughlin, Chris Newport	12.47
7. Tomikka Robinson, Medgar Evers	12.48
8. Tammie Corley, UW Platteville	12.52

200 Meter Dash

1. Vandisha Wilder, Christopher Newport	24.62
2. Karla Eggertson, UW Whitewater	24.76
3. Shawna Hardy, Lincoln	24.84
4. Stacy Spencer, Gettysburg	24.98
5. Lisa Melendez, UW Oshkosh	25.19
6. Shawntell Manning, Tufts	25.35
7. Dominique McLaughlin, Chris Newport	25.45
8. Anita Paulino, St Thomas	25.47

400 Meter Dash

1. Lisa Melendez, UW Oshkosh	56.43
2. Shawntell Hardy, Tufts	56.54
3. Brenda Heismar, Coe	57.00
4. Nikki Claussen, Coe	57.21
5. Yolanda Shepard, Washington Univ	57.72
6. Leonna Austin, Medgar Evers	57.85
7. Jacqueline Hunter, CCNY	57.97
8. Kristine Hansen, St. Olaf	58.98

800 Meter Run

1. Heather O'Shea, Mount Union	2:10.38
2. Rachel Knapp, Augustana	2:11.70
3. Missy Horner, Hiram	2:12.78
4. Brenda Biskobing, UW Oshkosh	2:12.85
5. Laura Moeller, Allegheny	2:13.87
6. Missy Blaney, Trenton State	2:14.72
7. Yvonne Barnes, Williams	2:15.35
8. Stephanie Johnson, St. Olaf	2:17.20

1500 Meter Run

1. Amy Doucette, Alma	4:34.37
2. Rachel Knapp, Augustana	4:37.47
3. Brenda Biskobing, UW Oshkosh	4:37.51
4. Annabel Arnot, Colorado College	4:37.99
5. Esther Dubec, Wartburg	4:38.07
6. Tracy Wartman, Moravian	4:38.25
7. Nancy Steier, Bowdoin	4:38.66
8. Sarah Bunting, SUNY Binghamton	4:41.00

Long Jump

1. Renee Sprowl, UC San Diego	5.27 (18'9.25")
2. Janine Shirk, Messiah	5.62 (18'5.25")
3. Eleena Zhelezov, Brandeis	5.60 (18'4.5")
4. Chris Culwell, Ohio Wesleyan	5.49 (18'0.0")
5. Danielle Docken, UW LaCrosse	5.45 (17'10.5")
6. Dawn Galloway, Lincoln	5.44 (17'10.25")
7. Gina Gonzalez, Widener	5.38 (17'7.75")
8. Thea Conster, John Carroll	5.36 (17'7")

Triple Jump

1. Eleena Zhelezov, Brandeis	12.29 (40'4")
2. Kenya Thacker, UC San Diego	11.56 (37'11.25")
3. Kerrie Mata, UW Oshkosh	11.52 (37'9.5")
4. Megan Pfeiffer, St. Thomas	11.36 (37'3.25")
5. Michele Domico, UC San Diego	11.35 (37'3")
6. Grace King, SUNY Fredonia	11.16 (36'7.5")
7. Tamiko Patterson, Christopher Newport	10.96 (35'11.5")
8. Myra Simpson, Mary Washington	10.91 (35'9.5")

Shot Put

1. Kim Dankemeyer, UW LaCrosse	13.32 (43'8.5")
2. Kim Kiner, Loras	13.02 (42'8.75")
3. Andrea Brinton, Luther	12.93 (42'5.25")
4. Missy Oleson, UW Oshkosh	12.82 (42'0.75")
5. Ruth Conlin, UW Oshkosh	12.81 (42'0.5")
6. Arlene Truss, William Penn	12.77 (41'10.45")
7. Rachelle Pecovsky, Ursinus	12.62 (41'5")
8. Shelia Gisbrecht, Ohio Wesleyan	12.61 (41'4.5")

Discus

1. Lisa Marshall, UW Eau Claire	49.36 (161'11")
2. Kim Dankemeyer, UW LaCrosse	43.94 (144'2")
3. Bonnie Holl, UW Stevens Point	42.98 (141' 00")
4. Missy Oleson, UW Oshkosh	42.84 (140'7")
5. Gina Fall, Ohio Northern	42.64 (139'11")
6. Deb Wilkinson, Wartburg	42.64 (139'11")
7. Michelle Eisenreich, Carleton	42.64 (139'11")
8. Raimy Inman, Alma	42.60 (139'9")

Javelin

1. Renee Erickson, Concordia	45.10 (147'11")
2. Stacie Gado, Salisbury State	45.10 (147'11")
3. Mary Knutson, UW Eau Claire	43.08 (141' 4")
4. Heather Bump, Bates	41.46 (136'00")
5. Amy Leslie, Thiel	41.08 (134'9")
6. Kathy Marshalek, Thiel	39.34 (129'1")
7. Jennifer Orchowski, Lycoming	38.74 (127'1")
8. Crystal Helm, Ripon	37.04 (121'6")

1995 Continued

3000 Meter Run

1. Darcy Storn, Bowdoin	9:56.74
2. Julie Donnelly, SUNY Cortland	10:00.21
3. Krista Johnson, St. Thomas	10:00.27
4. Robyn Olson, Wartburg	10:08.98
5. Amanda Dabalack, UW Oshkosh	10:09.00
6. Heidi Swarts, SUNY Cortland	10:09.08
7. Tara Schneider, St. Thomas	10:09.62
8. Heather Swarts, SUNY Cortland	10:13.80

Hammer

1. Kiyomi Parish, Pomona-Pitzer	51.46 (168'10")
2. Claudine Rice, Westfield State	50.38 (165'3")
3. Brenda Start, Williams	50.20 (164'8")
4. Brooke Lorenzen, Colby	49.82 (163'5")
5. Missy Oleson, UW Oshkosh	49.20 (161'5")
6. Monic Sullivan-Reyes, Occidental	46.96 (154'1")
7. Lisa Chadderton, Williams	46.90 (153'10")
8. Jennifer Pontius, UW River Falls	45.58 (149'6")

10,000 Meter Run

1. Kelly Copps, St. Thomas	35:37.94
2. Michelle LaFleur, SUNY Cortland	36:00.86
3. Jessica Racusin, Williams	36:27.57
4. Renee Bhaekamp, Calvin	36:39.90
5. Turena Johnson, Luther	36:41.22
6. Dorothy Doanolly, SUNY Cortland	36:44.79
7. Christine Sisting, SUNY Geneseo	37:00.18
8. Amy Kuipers, Calvin	37:12.22

High Jump

1. Arlene Meinke, UW Eau Claire	1.73 (5'8")
2. Nina Grossman, St. Thomas	1.69 (5'6.5")
3. Nicole Chaddock, Mount Union	1.69 (5'6.5")
4. Leslie Kindling, Case Western Reserve	1.69 (5'6.5")
5. Teresa Breysfogle, Buena Vista	1.65 (5'5")
6. Kari Bonomo, Allegheny	1.65 (5'5")
7. Jody Crawford, Baldwin-Wallace	1.65 (5'5")
8. Gwen Erfmeyer, Calvin	1.61 (5'3.5")

100 Meter Hurdles

1. Amy Petersime, Manchester	14.24
2. Lisa Shepard, UC San Diego	14.32
3. Bridgett Cochran, Christopher Newport	14.45
4. Keena Bush, SUNY Geneseo	14.69
5. Jennifer Yarnall, Frostburg State	14.74
6. Kristen Barron, Ohio Northern	14.79
7. Ali Davis, Millikin	14.79

400 Meter Hurdles

1. Angie Riniker, UW LaCrosse	1:00.68
2. Tracy Bernsen, Concordia	1:01.72
3. Keena Bush, Geneseo	1:02.08
4. Holly Bruner, Calvin	1:02.32
5. Laura Moeller, Allegheny	1:02.53
6. Jenny Bleaderman, Nebraska Wesleyan	1:02.99
7. Joni Westland, Nebraska Wesleyan	1:03.65
8. Amy Doherty, St. Thomas	1:04.93

Heptathlon

1. Leslie Kindling, Case Western Reserve	4577
2. Mollie Patryn, St. Thomas	4566
3. Wendy Gagliani, Fitchburg State	4422
4. Joah Lannotta, Wesleyan	4420
5. Kelly Bberidge, Hope	4384
6. Carrie Schroeder, Simpson	4368
7. Jennifer Guthrie, Nebraska Wesleyan	4349
8. Judy Logback, Beloit	4347

5000 Meter Run

1. Michelle LaFleur, SUNY Cortland	17:27.83
2. Kelly Copps, St. Thomas	17:32.55
3. Betsy Haverkamp, Calvin	17:34.73
4. Gretchen Wagner, Coast Guard Academy	17:37.76
5. Christine Sisting, SUNY Geneseo	17:38.40
6. Turena Johnson, Luther	17:38.91
7. Dorothy Doanolly, SUNY Cortland	17:40.95
8. Jessica Racusin, Williams	17:48.12

400 Meter Relay

1. Christopher Newport (Kay-Style Madden, Sonia Archer, Dominique McLaughlin, Vandisha Wilder)	47.32
2. Lincoln (Kawina Maynard, Kellie Ross, Karcea Pierre-Louis, Shawna Hardy)	47.83
3. Medgar Evers (Elizabeth Sealy, Leonna Austin, Denise July, Tomikka Robinson)	47.97
4. UW LaCrosse (Misty Gorski, Danielle Docken, Michelle Nerison, Kelly Schoberg)	48.44
5. UW Stevens Point (Jessica Drenzek, Jamie Baars, Renee Davison, Paula Schober)	49.12
6. Monmouth (Dori Ternig, Stacy Brown, Christine Stanton, Christy Hickey)	49.44
7. Coe (April Easin, Nikki Claussen, Robin Gafke, Brenda Heisner)	49.48

1600 Meter Relay

1. Mount Union (Dawn Shorts, Jennifer gatto, Tammy Dougherty, Heather O'Shea)	3:55.82
2. Medgar Evers (Denise July, Leonna Austin, Tomikka Robinson, Elizabeth Sealy)	3:56.83
3. UW LaCrosse (Jenny Leisen, Hilde DeBoer, Shandi Olson, Angie Riniker)	3:57.18
4. UW Oshkosh (Emily Simmons, Laura Nelson, Joelle Kane, Lisa Melendez)	3:57.36
5. Williams (Carrie Elson, Alyssa Trzeszkowski, Yvonne Barnes, Kirsten Paquette)	3:57.47
6. St. Thomas (Jamie Lubitz, Alyssa Zielke, Amy Doherty, Anita Paulino)	3:57.83
7. Amherst (Kate Rob, Jennifer Almiron, Rachael Holloway, Rhea Paradelis)	3:59.34