Hurdlers spark Lincoln (Pennsylvania) to men's track title

Lincoln (Pennsylvania) earned only one individual title but scored 18 points in one event on the way to its first Division III Men's Indoor Track Championships title March 9-10 at Smith.

The Lions scored half of their 36 points in the 55-meter hurdles, where Victor Colter, Shannon Flowers and Mark Whitsett finished second through fourth.

MIT finished second in the meet with 30½ points, and Wisconsin-La Crosse was third with 29.

The Lions' lone individual title was in the 1,600-meter relay. The foursome of James Bell, Juan Edney, Clive Terrelonge and Lincoln Townsend recorded a time of 3:17.82 to give Lincoln its second straight relay title.

North Central jumper Jan Cado turned in his second straight brilliant performance at the championships. The sophomore from Czechoslovakia, who has been battling health problems all season, defended his titles in the long jump and triple jump. His mark in the long jump (7.57 meters; 24 feet, 10 inches) did not equal his meet-record performance of 1989, but his triple jump of 16.10 (52-10) bettered the record he set last year by more than six inches.

Also setting a meet record was pole-vaulter Dave Forshew of Mount Union. His vault of 4.90 (16-0¾) was a quarter-inch better than the record set last year by Alex Grelland of St. Lawrence. Teammate Jeff Powles captured the 1,500-meter title with a time of 3:53.55, enabling Mount Union to join North Central as the only teams winning

multiple individual titles.

TEAM RESULTS

1. Lincoln (Pa.), 36; 2. M1T, 30½; 3. Wis.-La Crosse, 29; 4. (tie) St. Thomas (Minn.) and Wis.-Eau Claire, 26; 6. North Central, 24; 7. Neb. Wesleyan, 23; 8. Mount Union, 20; 9. Moravian, 18; 10. Wis.-Oshkosh, 12.

11. (tie) Buena Vista, Chris. Newport, Fredonia St., Haverford, Ill. Wesleyan and Otterbein, 10, 17. Albany (N.Y.), 9, 18. Baldwin-Wallacc, 8½; 19. (tie) Central (lowa), Fitchburg St. and St. Olaf, 8.

22. Wis.-Whitewater, 7; 23. (tie) Grinnell, Westfield St. and Wis.-Platteville, 6; 26. Wheaton (Ill.), 5; 27. (tie) Frostburg St. and Lynchburg, 4; 29. (tie) Bethel (Minn.) and Simpson, 3

31. (tie) Brandeis, Concordia-M'head and Wis.-Stevens Point, 2; 34. (tie) Hunter, Merchant Marine, Montclair St., Rensselaer, Swarthmore, Wesleyan and Williams, 1.

INDIVIDUAL RESULTS

55-meter dash—1. Ed Milling, Chris. Newport, 6.42; 2. Bruce Canterberry, Ncb. Wcsleyan, 6.47; 3. Chuck Olsen, Neb. Wesleyan, 6.50; 4. Steve Schleupner, Frostburg St., 6.50; 5. Bruce William, Lincoln (Pa.), 6.53; 6. Eric Burrell, Wis.-Eau Claire, 6.54.

55-meter hurdles — 1. Malik Jones, Ill. Wesleyan, 7.56; 2. Victor Colter, Lincoln (Pa.), 7.57; 3. Shannon Flowers, Lincoln (Pa.), 7.58; 4. Mark Whitsett, Lincoln (Pa.), 7.59; 5. Jeffrey York, Albany (N.Y.), 7.60; 6. Mike Godbout, Simpson, 7.62.

400-meter dash 1. Boniface Makatiani, MTT, 48.46; 2. Willis Todman, Fitchburg St., 49.10; 3. Clive Terrelonge, Lincoln (Pa.), 49.19; 4. Mark Dunzo, MTT, 49.20; 5. Dean Bryan, Wis,-Stevens Point, 49.62; 6. Abdul Williams, Montelair St., 49.76.

800-meter run — 1. Jeff Cullingford, Moravian, 1:53.11; 2. Charles Hoch, Moravian, 1:53.46; 3. Brian Engelkes, Wis-Platteville, 1:53.72; 4. Lance Campbell, Westfield St., 1:54.38; 5. Mike Brown, St. Thomas (Minn.), 1:54.72; 6. Stirling Ince, Wesleyan, 1:54.82.

1,500-meter run 1. Jeff Powles, Mount Union, 3:53.55; 2. Chad Guerrero, St. Thomas (Minn.), 3:53.62; 3. Jonathon Lave, Grinnell, 3:54.45; 4. Patrick Dittman, Wis.-La Crosse, 3:55.69; 5. Erich Reed, Brandeis, 3:55.81; 6. Frank Schaeffer, Hunter, 3:57.58.

5,000-meter run 1. Scamus McElligott, Haverford, 14:27.26; 2. Gary Wasserman, Neb. Wesleyan, 14:32.44; 3. Dave Lambert, Wis.- Oshkosh, 14:34.00; 4. Bob Peterson, Wis.-Eau Claire, 14:37.41; 5. Randy Damkot, Wis.-Oshkosh, 14:39.57; 6. Frank Minosh, Rensselaer, 14:40.95.

1,600-meter relay—1. Lincoln (Pa.) (James Bell, Juan Edney, Clive Terrelonge, Lincoln Townsend), 3:17.82; 2. Wis.-Fau Claire, 3:18.17; 3. Albany (N.Y.), 3:18.18; 4. North Central, 3:21.58; 5. Simpson, 3:21.76; Wis.-Whitewater, 3:79.12

High jump—1. Ken Fox, Buena Vista, 2.12 (6-11½); 2. Eric Movold, St. Olaf, 2.09 (6-10½); 3. Derrick Dorsey, Fredonia St., 2.05 (6-8½); 4. Steve Hallstrom, Bethel (Minn.), 201 (6-7); 4. Kevin Gross, Wis.-Eau Claire, 2.01 (6-7); 6. Mike Vischak, Swarthmore, 2.01 (6-7).

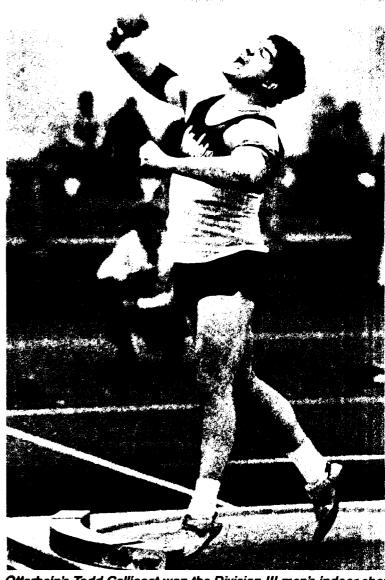
Long jump—1. Jan Cado, North Central, 7.57 (24-10); 2. Jim Eibel, Baldwin-Wallace, 7.16 (23-6); 3. Steve Wallace, Wis.-La Crosse, 7.05 (23-14); 4. Jeremy Martens, Wis.-La Crosse, 7.02 (23-0)/2); 5. William Singhose, MIT, 7.01 (23-0); 6. Bruce Canterberry, Neb. Wesleyan, 6.95 (22-94).

Triple jump — 1. Jan Cado, North Central, 16.10 (52-10) [meet record; old record 15.93 (52-3½), Cado, 1989]; 2. Dean Cash, Wis.-I.a Crosse, 15.12 (49-7½); 3. Dan Lynch, St. Thomas (Minn.), 14.80 (48-6½); 4. James Walker, Lynchburg, 14.72 (48-3½); 5. Miles Woodhouse, Westfield St., 14.69 (48-2½); 6. Gcoffrey Igharo, Williams, 14.66 (48-1½).

Shot put—1. Todd Callicoat, Otterbein, 16.41 (53-101/4); 2. Dan Schmidt, Wis.-Eau Claire, 16.05 (52-8); 3. Andreas Klotz, Wis.-Whitewater, 15.92 (52-23.4); 4. Mike Neumann, Wis.-Oshkosh, 15.83 (51-111/4); 5. Mark Olsen, Concordia-M'head, 15.64 (51-33/4); 6. Matthew Kieley, Albany (N.Y.), 15.61 (51-23/4).

Pole vault 1. Dave Forshew, Mount Union, 4.90 (16-0½) [meet record; old record 4.89 (16-0½), Alex Grelland, St. Lawrence, 1989]; 2. Jim Bruxvoort, Central (Iowa), 4.75 (15-7); 3. (tie) Christian Cryder, Wheaton (III.), and Doug Geiwitz, Wis.-La Crosse, 4.75 (15-7); 5. Jim Huemmer, Wis.-La Crosse, 4.75 (15-7); 6. (tie) Pete Shainoff, Baldwin-Wallace, and William Singhose, MIT, 4.65 (15-3).

35-pound weight throw - 1. Ben Bautch, St. Thomas (Minn.), 16.82 (55-2½); 2. John-Paul Clarke, MIT, 16.81 (55-2); 3. Eric Shank, MIT, 16.62 (54-6½); 4. Kevin Sullivan, Fredonia St.. 16.36 (53-8½); 5. Dan Schmidt, Wis.-Eau Claire, 16.31 (53-6½); 6. Robert Kocis, Merchant Marine, 16.04 (52-7½).



Otterbein's Todd Callicoat won the Division III men's indoor shot put with a heave of 16.41 meters (53 feet, 10% inches)

Trice, Christopher Newport lead III women's track again

Sheila Trice defended her titles in the 55-meter dash and 55-meter hurdles to lead Christopher Newport to its third straight Division III Women's Indoor Track Championships title March 9-10 at Smith.

Trice also finished third in the triple jump and second in the long jump to score 34 of the Lady Captains' 59 points, the second-highest team total in the history of the championships. Christopher Newport and Massachusetts-Boston have split the six team titles.

Wisconsin-Oshkosh finished second with 43 points, Cortland State was third with 35 and Tufts totaled 29 to finish fourth.

Trice won the dash in 7.07 seconds and the hurdles with a time of 8.06. But unlike last year, when she scored all but 10 of the Lady Captains' 50 points, Trice was hardly a one-person show. Teammates Michelle Dickens and Barbara Robb posted

second-place finishes — Dickens was runner-up to Trice in the 55 meters (7.29) and Robb ran the 400 meters in 58.53 seconds.

In addition, Christopher Newport's 1,600-meter relay team finished second with a time of 3:58.16.

Sarah Lenchner of Stony Brook, the meet's other double titlist, dethroned Trice in both the long jump and the triple jump. Her triple jump mark of 12.08 meters (39 feet, 7¾ inches) was a meet record, and her long jump of 5.71 (18-8¾) was nearly three inches better than her closest competition.

Repeating as individual champions were Coe's Elizabeth Messerly in the 800 meters (2:15.12) and Nebraska Wesleyan's Kim Oden in the high jump (1.75, 5-8¾).

Wisconsin-Oshkosh was sparked by Cathy Vandermar, who finished second in the 3,000 meters (9:48.98); Vicki Drewa, who placed second in the shot put (13.35, 43-9%), and the first-place 1,600-meter relay team of Dena Beekman, Ann Fink, Amy Heath and Annette Partoll (3:56.50).

Cortland State claimed two individual crowns — Mary Beth Crawley in the 3,000 meters (9:48.39) and Vicki Mitchell in the 1,500 meters (4:34.21).

TEAM RESULTS

1. Chris. Newport, 59; Wis.-Oshkosh, 43; 3. Cortland St., 35; 4. Tufts, 29; 5. Stony Brook, 24; 6. (tie) Neb. Wesleyan and Simpson, 14; 8. St. Thomas (Minn.), 12; 9. (tie) Coe, North Central and Wis.-Stevens Point, 10.

12. (tie) Methodist, St. Norbert, St. Olaf and Trenton St., 8, 16. (tie) Bethel (Minn.), Ohio Wesleyan and Wesleyan, 6, 19. (tie) Brandeis, Frostburg St., North Park and Smith, 4.

23. Wis.-La Crosse, 3; 24. (tie) Augustana (III.), Bates, Emory and Lincoln (Pa.), 2; 28. (tie) Concordia-M'head, Ithaca and Wis.-Whitewater, 1.

INDIVIDUAL RESULTS

55-meter dash—1. Sheila Trice, Chris. Newport, 7.07; 2. Michelle Dickens, Chris. Newport, 7.29; 3. Linda Turnball, Wesleyan, 7.31; 4. Vera Stenhouse, Tufts, 7.31; 5. Alondra Woodard, Lincoln (Pa.), 7.32; 6. Jeannette Brown, Chris. Newport, 7.32.

55-meter hurdles—1. Sheila Trice, Chris. Newport, 8.06; 2. Danielle Baker, 8.34; 3. Janice Meyer, Trenton St., 8.53; 4. Krista Thyreen, North Park, 8.60; 5. Melissa Wiltzius, St. Olaf, 8.61; 6. Diane Tuxill, Cortland St., 8.77

400-meter dash—1. Vera Stenhouse, Tufts, 56.81; 2. Barbara Robb, Chris. Newport, 58.53; 3. Trish Tinucci, St. Thomas (Minn.), 58.86; 4. Megan Allen, North Central, 59.07; 5. Janice Meyer, Trenton St., 59.30.

800-meter run—1. Elizabeth Messerly, Coe, 2:15.12; 2. Audrey Everson, Simpson, 2:15.77; 3. Kim Bemowski, Wis.-Oshkosh, 2:16.16; 4. June Parks, Brandeis, 2:16.55; 5. Katherine Marshall, Emory, 2:16.59; 6. Tracey Swarts, Cortland St., 2:18.03.

1,500-meter run -1. Vicki Mitchell, Cortland St., 4:34.21; 2. Rebecca Bieber, Cortland St., 4:35.32; 3. Jennifer Larson, St. Olaf, 4:35.34; 4. Laura Horejs, Wis.-Oshkosh, 4:37.01; 5. Nancy Dare, Wis.-Oshkosh, 4:39.38; 6. Chris Frederick, Concordia-Mhead, 4:39.94.

3,000-meter run-1. Mary Beth Crawley, Cortland St., 9:48.39; 2. Cathy Vandermar, Wis.-Oshkosh, 9:48.98; 3. Gretchen Farkas, St. Thomas (Minn.), 9:49.15; 4. Vicki Mitchell, Cortland St., 9:50.30; 5. Romalda Clark, Bates, 9:50.47; 6. Judith Sparks, Cortland St., 9:51.90.

1,600-meter relay—1. Wis.-Oshkosh (Dena Beekman, Ann Fink, Amy Heath, Annette Partoll), 3:56.50; 2. Chris. Newport, 3:58.16; 3. North Central, 3:59.17; 4. Simpson, 3:59.56; 5. Wis.-La Crosse, 3:59.71; 6. Ithaca, 4:02.60.

High jump — 1. Kim Oden, Neb. Wesleyan, 1.75 (5-8½); 2. Laura Salm, St. Norbert, 1.69 (5-6½); 3. Juli Althoff, Ohio Wesleyan, 1.69 (5-6½); 4. Sarah Lenchner, Stony Brook, 1.69 (5-6½); 5. Susan Burke, Wis.-Oshkosh, 1.66 (5-5½); 6. Carol Tate, Tufts, 1.66 (5-5½);

Long jump 1. Sarah Lenchner, Stony Brook, 5.71 (18-8½); 2. Sheila Trice, Chris. Newport, 5.64 (18-6); 3. Vera Stenhouse, Tufts, 5.62 (18-5½); 4. Deb Ahern, Smith, 5.60 (18-4½); 5. Audrey Everson, Simpson, 5.56 (18-3); 6. Ann Fink, Wis.-Oshkosh, 5.53 (18-1½).

Triple jump 1. Sarah Lenchner, Stony Brook, 12.08 (39-7½) [meet record; old record 12.06 (39-6½), Karen Grant, Methodist, 1987]; 2. Vera Stenhouse, Tufts, 12.06 (39-6½); 3. Sheila Trice, Chris. Newport, 11.71 (38-1½); 5. Patti Wenig, Augustana (III.), 11.61 (38-1½); 6. Leslie Weidman, Wis.-La Crosse, 11.37 (37-3½).

Shot put—1. Beth Mears, Wis.-Stevens Point, 13.44 (44-1½); 2. Vicki Drewa, Wis.-Oshkosh, 13.35 (43-9½); 3. Kelly Newman, Bethel (Minn.), 13.34 (43-9½); 4. Gina Bowman, Frostburg St., 13.29 (43-7½); 5. Stephanie Bostwick, Wis.-Oshkosh, 13.20 (43-3½); 6. Stephanie Ruhland, Wis.-Whitewater, 13.07 (42-10¾).