

1996 NSIC OUTDOOR CHAMPIONSHIPS

Men: 1. Minnesota-Duluth 267; 2. Northern State 161; 3. Bemidji State 144; 4. Moorhead State 51; 5. Minnesota-Morris 18.

Women: 1. Minnesota-Duluth 241; 2. Bemidji State 183; 3. Northern State 103; 4. Moorhead State 38; 5. Minnesota-Morris 36; 6. Winona State 18.

Men

100 Meter	Eric Storhoff	Minnesota-Duluth	10.67
200 Meter	Eric Storhoff	Minnesota-Duluth	22.03
400 Meter	Jeremy Magnuson	Minnesota-Duluth	50.04
800 Meter	Kris Brevick	Minnesota-Duluth	1:55.25
1500 Meter	George Hanson	Minnesota-Duluth	3:54.78
5000 Meter	George Hanson	Minnesota-Duluth	15:36.24
10000 Meter	Mike Nelson	Minnesota-Duluth	33:22.0
110 Meter High	Ralph Beers	Bemidji State	14.53
400 Meter Int.	Bret Reinertson	Minnesota-Duluth	55.03
Steeplechase	Chad Coley	Minnesota-Duluth	9:23.12
4x100 Meter	Minnesota-Duluth	42.73	
4x400 Meter	Northern State	3:25.48	
4x800 Meter	Northern State	8:23.50	
High Jump	Kyle Johnson	Northern State	6-4
Long Jump	Kyle Johnson	Northern State	22-8 $\frac{3}{4}$
Triple Jump	Kyle Johnson	Northern State	44-9 $\frac{3}{4}$
Shot Put	Ben Baird	Bemidji State	46-7 $\frac{3}{4}$
Discus	Will Grindall	Minnesota-Duluth	155-6
Javelin	David Rauzi	Minnesota-Duluth	183-6
Pole Vault	Todd Williams	Bemidji State	15-0
Decathlon	Jeremy Magnuson	Minnesota-Duluth	5,934

Women

100 Meter	Bekki Eisenmenger	Minnesota-Duluth	12.49
200 Meter	Amber Bohman	Bemidji State	25.67
400 Meter	Amber Bohman	Bemidji State	1:00.33
800 Meter	Amy Van Dyke	Northern State	2:21.01
1500 Meter	Bonnie Stock	Minnesota-Duluth	4:57.55
3000 Meter	Sarah Lindeman	Minnesota-Duluth	10:45.67
5000 Meter	Brandy Griffith	Minnesota-Duluth	18:34.29
10,000 Meter	Karen Walczak	Minnesota-Duluth	39:05.00
100 Meter	Rachel Smetanka	Minnesota-Duluth	15.53
400 Meter	Rachel Smetanka	Minnesota-Duluth	1:05.93
4x100 Meter	Bemidji State	49.28	
4x400 Meter	Bemidji State	4:07.49	
4x800 Meter	Northern State	9:53.49	
High Jump	Megan Scott	Bemidji State	5-6
Long Jump	Christy Risberg	Bemidji State	17-5
Triple Jump	Rachel Smetanka	Minnesota-Duluth	37-3 $\frac{1}{2}$
Shot Put	Tricia Bain	Northern State	41-9 $\frac{1}{4}$
Discus	Nadya Weidrich	Northern State	138-1
Javelin	Rachel Smetanka	Minnesota-Duluth	122-8
Heptathlon	Christy Risberg	Bemidji State	4,093