

## Saturday's results, all final Women

### Team scores

1. U-Mary 200½; 2. Winona State 116; 3. Augustana 95; 4. Wayne State 94; 5. MSU-Moorhead 92; 6. Minnesota-Duluth 63½; 7. MSU-Mankato 57½; 8. Northern State 48; 9. St. Cloud State 30; 10. Concordia-St. Paul 11½; 11. Bemidji State 11.

### Individual results

**100:** 1. Nicole Brungardt, Wayne State, 11.81. 2. Mary Tanoe, Moorhead, 11.96. 3. Felicia Carlson, St. Cloud State, 12.15. 4. Nicole Drangstveit, Winona State, 12.19. 5. Caitlin Dhein, Winona State, 12.26. 6. Kaitlyn Seberson, Mankato, 12.37. 7. Taylor Sautbine, Bemidji State, 12.43. 8. Sarah Finley, Winona State, 12.44.

**200:** 1. Nicole Brungardt, Wayne State, 24.40. 2. Kathryn Stewart, U-Mary, 24.41. 3. Nicole Drangstveit, Winona State, 24.63. 4. Nicole Hall, Moorhead, 24.76. 5. Mary Tanoe, Moorhead, 24.91. 6. Kaitlyn Seberson, Mankato, 25.38. 7. Danielle Jones, Mankato, 25.53. 8. Caroline Grassl, Winona State, 25.54.

**400:** 1. Rikki Schmidt, U-Mary, 55.79. 2. Kathryn Stewart, U-Mary, 55.92. 3. Nicole Hall, Moorhead, 56.36. 4. Maggie Demulling, Duluth, 57.41. 5. Catherine Whitcomb, Winona State, 57.54. 6. Brittney Rynda, Winona State, 57.70. 7. Kelsey Bethke, Winona State, 57.76. 8. Kaitlyn Wurmig, U-Mary, 58.14.

**800:** 1. Melissa Agnew, U-Mary, 2:08.99 (meet record; old record Liz Palkie, Duluth, 2:10.61). 2. Lexi Williams, Duluth, 2:10.19. 3. Roshane Boreland, St. Cloud State, 2:11.59. 4. Anna VanWechel, Moorhead, 2:12.16. 5. Brianna Lynch, U-Mary, 2:13.91. 6. Rheindie Mankato, 2:14.67. 7. Kirsten Maras, Bemidji State, 2:16.25. 8. LeAnn Severson, Augustana, 2:16.73.

**1,500:** 1. Melissa Agnew, U-Mary, 4:22.40 (meet record, old record Michelle Sancartier, Duluth, 4:32.34, 2010). 2. Anna VanWechel, Moorhead, 4:24.07. 3. Dakota Wolf, U-Mary, 4:24.84. 4. Runa Falch, Augustana, 4:26.73. 5. Kristin Brondbo, Augustana, 4:31.93. 6. Kayla Carlson, U-Mary, 4:39.98. 7. Molly Kokesh, Augustana, 4:40.85. 8. Kelly Kougl, Augustana, 4:43.64.

**5,000:** 1. Runa Falch, Augustana, 17:23.32; 2. Jennifer Agnew, U-Mary, 17:32.87; 3. Dakota Wolf, U-Mary, 17:34.74; 4. Kyle Blakeslee, Augustana, 17:35.48; 5. Leah Hansen, Augustana, 18:03.78; 6. Annie Pfeifle, Augustana, 18:09.34; 7. Danielle Thompson, Moorhead, 18:29.53; 8. Maddy Jourgensen, Augustana, 18:36.97.

**100 hurdles:** 1. Kristyn Nelson, U-Mary, 13.92 (meet record; old record Janet Johnson, U-Mary, 14.03, 2011). 2. Janet Johnson, U-Mary, U-Mary, 13.95. 3. Melissa Walker, U-Mary, 14.24. 4. Megan Olson, Mankato, 14.45. 5. Ashley Berg, Moorhead, 14.55. 6. Kelsi Ring, Duluth, 14.58. 7. Paige Pollard, Wayne State, 14.60. 8. Sarah Sannerud, Mankato, 14.64.

**400 hurdles:** 1. Paige Pollard, Wayne State, 1:00.14 (meet record; old record Cassie Blazer, U-Mary, 1:00.96, 2007). 2. Karlene Lorenz, Moorhead, 1:00.31. 3. Kendra Mooberry, Moorhead, 1:01.23. 4. Jill Schaefer, Northern State, 1:02.30. 5. Megan Jenkins, U-Mary, 1:02.56. 6. Katie Tonner, Augustana, 1:03.17. 7. Crystal Hovland, U-Mary, 1:03.42. 8. Kelsey King, St. Cloud State, 1:03.57.

**400 relay:** 1. Moorhead (Mary Tanoe, Kendra Mooberry, Karlene Lorenz, Nicole Hall), 46.63

(meet record; old record Mankato, 46.80, 2009). 2. Winona State, 47.13. 3. Northern State, 47.59. 4. Mankato, 47.67. 5. St. Cloud State, 48.55. 6. C-SP, 48.68. 7. Bemidji State, 48.75. 8. Duluth, 49.16.

**1,600 relay:** 1. Moorhead (Kristen Bjork, Erin Pangerl, Lexi Williams, Maggie Demulling), 3:57.80 (meet record; old record U-Mary, 3:50.18, 2007); 2. U-Mary, 3:52.12; 3. Mankato, 3:52.93; 4. Winona State, 3:56.62; 5. Duluth, 3:57.80; 6. Wayne State, 3:58.87; 7. Northern State, 3:59.68; 8. Bemidji State, 4:03.58.

**3,000 steeple chase:** 1. Kyle Blakeslee, Augustana, 10:39.12 (meet record; old record Blakeslee, Augustana, 10:43.14, 2010). 2. Jennifer Agnew, U-Mary, 10:39.12. 3. Alicia Nehl, U-Mary, 11:10.35. 4. Brittney Moffatt, St. Cloud State, 11:20.67; 5. Megan Snyder, Winona State, 11:35.27. 6. Sarah Bowler, Mankato, 11:44.13. 7. Kikayla Barondeau, Northern State, 12:03.80. 8. Danielle Thompson, Moorhead, 12:21.80.

**Triple jump:** 1. Melissa Walker, U-Mary, 39-1; 2. Anna Veroeven, Mankato, 38-9 ¾; 3. Allison Opp, U-Mary, 38-4 ¼; 4. Brianna Hofstetter, Wayne State, 38-2 ¼; 5. Tess Johnson, U-Mary, 37-10 ½; 6. Vanessa Friestad, U-Mary, 37-8; 7. Katie Tonner, Augustana, 37-7 ¾; 8. Sidney Blum, Wayne State, 37-0 ¼.

**Shot put:** 1. Alissa Rausch, Winona State, 47-10; Sara Wells, Wayne State, 46-10; 3. Melodi Boke, Northern State, 45-8; 4. Heather Schultz, Moorhead, 44-7 ½; 5. Carly Fehringer, Wayne State, 44-6 ¾; 6. Paige Garriga, Winona State, 44-4 ¾; 7. Britt Bickert, C-SP, 43-10; 8. Rebecca Kitzman, St. Cloud State, 43-9.

**Discus:** 1. Yvonne Freese, Northern State, 157-0. 2. Caitlyn Zepczyk, Winona State, 156-7. 3. Shanel Guider, Winona State, 156-3. 4. Alissa Rausch, Winona State, 153-8. 5. Elisa Moenkedick, Winona State, 146-3. 6. Anna Ryan, Mankato, 143-9. 7. Sara Wells, Wayne State, 142-1. 8. Mariah Nelson, Northern State, 135-9.

## Men

### Team scores

1. MSU-Mankato 212; 2. MSU-Moorhead 179; 3. Augustana 115; 4. U-Mary 103; 5. Minnesota-Duluth 48; 6. St. Cloud State 45; 7. Wayne State 42; 8. Northern State 41; 9. Concordia-St. Paul 34.

### Individual results

**100:** 1. Derek Bredy, Moorhead, 10.46. 2. Nicholas Nelson, Mankato, 10.51. 3. George Kawalawu, St. Cloud State, 10.55. 4. Tracy Lide, U-Mary, 10.63. 5. Diahn Zeon, C-SP, 10.64. 6. Uchenna Ogbonnaya, Moorhead, 10.69. 7. Anthony Gustafson, Mankato, 10.78. 8. Anthony Gustafson, Mankato, 10.78.

**200:** 1. Jerrell Hancock, Mankato, 21.21; 2. Derek Bredy, Moorhead, 21.51. 3. Tracy Lide, U-Mary, 21.55; 4. Anthony Gustafson, Mankato, 21.86. 5. Uchenna Ogbonnaya, Moorhead, 21.95. 6. Diahn Zeon, C-SP, 22.08. 7. Ryan Olson, Moorhead, 22.18. 8. Jordan Johnson, C-SP, 22.30.

**400:** 1. Jerrell Hancock, Mankato, 47.44. 2. Jordan Washington, U-Mary, 48.04. 3. Ryan Olson, Moorhead, 48.14. 4. Jordan Johnson, C-SP, 48.56. 5. Andrew Jansen, Wayne State, 48.58. 6. Leon Cheneyon, St. Cloud State, 48.78. 7. Dan Guelle, Mankato, 49.09. 8. Austin Suther, Northern State, 50.63.

**800:** 1. Aduo Omot, Augustana, 1:52.86. 2. Mark Gilkerson, Northern State, 1:53.32. 3. Jesse Bennett, U-Mary, 1:53.99. 4. Khor Kong, Augustana, 1:55.39. 5. Clayton Foster,

Moorhead, 1:55.69. 6. Zach Thomsen, Wayne State, 1:55.71. 7. Jacob Arechigo, Northern State, 1:56.17. 8. Kevin Anderson, St. Cloud State, 1:57.96.

**1,500:** 1. Clayton Foster, Moorhead, 3:53.01 (meet record; old record Nate Beerling, Duluth, 3:53.55). 2. Jesse Bennett, U-Mary, 3:53.04. 3. Henrik Hansson, Augustana, 3:53.27. 4. Jordan Slusser, Augustana, 3:55.19. 5. Cole Toepfer, Duluth, 3:57.59. 6. Devin Allaugh, Mankato, 3:58.48. 7. Nicholas Cass, C-SP, 3:59.47. 8. Richard Keroack, Northern State, 3:59.85.

**5,000:** 1. Tom Karbo, Augustana, 15:23.40; 2. Paul Yak, Augustana, 15:24.54; 3. Jordan slusser, Augustana, 15:24.93; 4. Garrett Eklof, Mankato, 15:25.32; 5. Sam Saccoman, Duluth, 15:25.83; 6. Devin Allbaugh, Mankato, 15:26.58; 7. Josiah Swanson, Mankato, 15:30.84; 8. Taylor Thompson, U-Mary, 15:33.23.

**110 hurdles:** 1. Laquone Robinson, Moorhead, 14.13 (meet record; old record Robinson, Moorhead, 14.24, 2011). 2. Luke Hauer, Northern State, 14.30. 3. Chase Dixon, U-Mary, 14.82. 4. Gathin Veldhuizen, Augustana, 14.95. 5. Robert Gunderson, Mankato, 15.03. 6. Luke Buchholz, Moorhead, 15.18. 7. Paul Mallory, Augustana, 15.23. 8. Derek Barrett, St. Cloud State, 15.30.

**400 hurdles:** 1. Laquone Robinson, Moorhead, 53.09. 2. Luke Hauer, Northern State, 53.34. 3. Chase Dixon, U-Mary, 53.56. 4. Jeremy Davis, St. Cloud State, 54.75. 5. Matt Winder, Augustana, 54.99. 6. Lucas Torres, Mankato, 55.53. 7. Derek Barrett, St. Cloud State, 56.76. 8. Gathin Veldhuizen, Augustana, 57.16.

**400 relay:** 1. Moorhead (Prentice Dervin, Derek Bredy, Laquone Robinson, Uchenna Ogbonnaya), 40.79. 2. Mankato, 40.88. 3. St. Cloud State, 41.92. 4. Duluth, 42.52. 5. Northern State, 42.80. 6. Augustana, 43.61. 7. Wayne State, 44.06. 8. C-SP, 44.14.

**1,600 relay:** 1. Mankato (Carmono Lane, Jerrell Hancock, Dan Guelle, Austin Eliason), 3:16.40; 2. U-Mary, 3:18.96; 3. Augustana, 3:20.50; 4. Wayne State, 3:21.48; 5. Northern State, 3:21.51; 6. Moorhead, 3:21.80; 7. Duluth, 3:22.14; 8. St. Cloud State, 3:23.14.

**3,000 steeple chase:** 1. Kyle Larson, Duluth, 9:29.48. 2. Paul Yak, Augustana, 9:32.35. 3. Dan Nielsen, Duluth, 9:33.61. 4. Spencer Ruebke, Moorhead, 9:36.28. 5. Joshua Mellman, Mankato, 9:43.12. 6. Jayce Seelig, Northern State, 9:45.25. 7. Shane McCallum, Augustana, 9:47.47; 8. Rob Kostick, Duluth, 10:15.66.

**Triple jump:** 1. Derek Bredy, Moorhead, 48-6 ¾. 2. David Pearcill, Mankato, 47-10. 3. Laquone Robinson, Moorhead, 47-7. 4. Alex Timperley, Wayne State, 46-5 ½. 5. Michael Bendix, Moorhead, 46-0 ¾. 6. Uchenna Ogbonnaya, Moorhead, 45-9 ¾. 7. Aaron Teigen, U-Mary, 45-8 ¾. 8. Khalil Jordan, Mankato, 45-7 ¾.

**Shot put:** 1. Christopher Reed, Mankato, 59-8. 2. Grant Luer, Mankato, 52-7 ¼. 3. Tad Harmon, U-Mary, 50-8 ¼. 4. Nate Thienes, C-SP, 50-7 ¼. 5. Todd DeJong, Mankato, 50-1 ¼. 6. CJ Hamm, Augustana, 49-3 ½. 7. Jackson Hennich, Moorhead, 49-2 ½. 8. Gerardo Magana, Northern State, 47-9.

**Discus:** 1. Christopher Reed, Mankato, 167-7; 2. Grant Luer, Mankato, 165-10; 3. Brad Wright, Wayne State, 164-5; 4. Jackson Hennich, Moorhead, 161-5; 5. Ryan Meidinger, U-Mary, 152-7; 6. Nick Moran, Duluth, 150-6; 7. Nate Thienes, C-SP, 149-4; 8. CJ Hamm, Augustana, 145-5.

# NORTHERN SUN INTERCOLLEGIATE CONFERENCE OUTDOOR TRACK AND FIELD CHAMPIONSHIPS

## Friday's final events

### Women

#### Team scores (seven of 21 events scored)

1. University of Mary 51½; 2. Augustana 44; 3. Minnesota-Duluth 42½; 4. Wayne State 40; 5. Winona State 37; 6. MSU-Mankato 15½; 7. Northern State 15; 8. MSU-Moorhead 10; 9. St. Cloud State 7; 10. Concordia-St. Paul 6½; 11. Bemidji State 4.

#### Individual results

**10,000 meters:** 1. Morgan Place, Duluth, 36:38.49; 2. Leah Hansen, Augustana, 37:02.96; 3. Annie Pfeifle, Augustana, 37:27.87; 4. Maddy Jourgensen, Augustana, 38:31.51; 5. Jessica Young, Winona State, 38:42.22; 6. Alexandra Rudin, Duluth, 38:50.62; 7. Megan Brown, 39:05.38; 8. Rebecca Reinsma, St. Cloud State, 39:12.48.

**High jump:** 1. Katie Guse, Augustana, 5-5½. 2. Andrea Whitney, Augustana, 5-3¼. 3. Tess Johnson, U-Mary, 5-2¼. 4. Amanda Stangler, Mankato, 5-2¼. 5. Amelia

Maher, Duluth 5-2¼. 6. Leandra Schiecht, Northern State, 5-2¼. 7. (tie) Chanel Miller, Duluth, and Brittany Beehler, U-Mary, 5-2¼.

**Long jump:** 1. Melissa Walker, U-Mary, 18-8. 2. Chanel Miller, Duluth, 18-7. 3. Paige Pollard, Wayne State, 18-7. 4. Sidney Blum, Wayne State, 18-4¼. 5. Hannah Mueller, Winona State, 18-4¼. 6. Nicole Brungardt, Wayne State, 18-2¼. 7. Christina Erickson, Mankato, 18-0¼. 8. Tess Johnson, U-Mary, 17-11¼.

**Hammer throw:** 1. Michelle Potter, Winona, 192-5 (meet record; old record, Brenda Eastlack, Moorhead, 183-2, 2003). 2. Carly Fehringer, Wayne State, 185-4. 3. Jenny Schuler, Winona State, 181-7. 4. Mallory Stier, Moorhead, 176-11. 5. Emily Wells, Wayne State, 173-9. 6. Rebecca Kitzman, St. Cloud State, 169-7. 7. Megan Elliott, Winona State, 162-4. 8. Sara Wells, Wayne State, 160-3.

**Javelin:** 1. Vanessa Friestad, U-Mary, 130-2. 2. Alexandra Webster, Northern

State, 127-9. 3. Paige Gamiga, Winona State, 125-11. 4. Kara Nygaard, Moorhead, 125-4. 5. Alyssa McCarthy, Winona State, 120-6. 6. Brianne Hofstetter, Wayne State, 120-2. 7. Kaitlyn Sturtaugson, Northern State, 116-2. 8. Taylor Farella, U-Mary, 114-6.

**Pole vault:** 1. Miranda Fehilly, U-Mary, 11-10. 2. Kari Novtony, Duluth, 11-4 ¼. 3. Esther Jandrich, C-SP, 11-4 ¼. 4. Megan Olson, Mankato, 11-4 ¼. 5. Monique Stamper, U-Mary, 10-10 ¼. 6. Christina Flandrick, St. Cloud State, 10-10 ¼. 7. Alicia Hendrickson, U-Mary, 10-10 ¼. 8. (tie) Laura Schuneman, Mankato, and Sarah Pieper, C-SP, 10-10 ¼.

### Men

#### Team scores (seven of 21 events scored)

1. MSU-Mankato 83. 2. MSU-Moorhead 61. 3. U-Mary 37. 4. Augustana 30. 5. St. Cloud State 20. 6. Wayne State 17. 7. Minnesota-Duluth 13. 8. Concordia-St. Paul 11. 9. Northern State 1.

#### Individual results

**10,000:** 1. Paul Yak, Augustana, 31:32.02. 2. Garret Eklof, Mankato, 31:56.72. 3. Kyle Neumann, St. Cloud State, 32:07.44; 4. Taylor Thompson, U-Mary, 32:16.74. 5. TJ Gleason, Augustana, 32:23.50. 6. Nathan Hauge, Augustana, 32:23.54. 7. York Thomas, Mankato, 32:52.01. 8. Josiah Swanson, Mankato, 33:13.26.

**High jump:** 1. Ryan Barnes, Moorhead, 6-9. 2. Keyvan Rudd, Mankato, 6-9. 3. Nathan Hancock, Mankato, 6-9. 4. Michael Bendix, Moorhead, 6-9. 5. Austin Dennis, Moorhead, 6-8. 6. Kendall Kautz, U-Mary, 6-6. 7. Dustin Rueb, U-Mary, 6-6. 8. Ryan Olson, Moorhead, 6-4.

**Long jump:** 1. Laquone Robinson, MSU-Moorhead, 23-11¼. 2. Derek Bredy, Moorhead, 23-9. 3. Dahn Zeon, C-SP, 23-8¼. 4. Thomas Hartwell, U-Mary, 23-4¼. 5. Nick Pedersen, Duluth, 22-11. 6. Phil Rien, Augustana, 22-5¼. 7. Ty Fischer, Duluth, 22-3¼. 8. Anthony Gustafson, Mankato, 22-2½.

**Hammer throw:** 1. Ross Bunchek, Wayne State, 212-9 (meet record; old record Christopher Heil, Moorhead, 202-0, 2011). 2. Christopher Heil, Moorhead, 187-2. 3. Christopher Reed, Mankato, 167-5. 4. Todd DeJong, Mankato, 167-5. 5. Jackson Heinrich, Moorhead, 165-8. 6. Tad Hamman, U-Mary, 165-1. 7. Nick Moran, Duluth, 154-0. 8. Caleb Dillon, Wayne State, 148-10.

**Javelin:** 1. Dylan Buehler, Augustana, 185-8. 2. Brent Peltz, U-Mary, 177-11. 3. Jon Williams, Wayne State, 177-3. 4. Luke Buchholz, Moorhead, 175-4. 5. Tandy Juell, Mankato, 175-4. 6. Nathan Knop, Duluth, 169-1. 7. Nate Thienes, C-SP, 168-2. 8. Devin Olson, Northern State, 165-1.

**Pole vault:** 1. Dan Novak, Mankato, 16-2. 2. (tie) Tany Juell, Mankato, and Marshall Fryberger, U-Mary, 15-8¼. 4. Nick Yenser, Mankato, 15-8¼. 5. Tim Simonich, U-Mary, 15-2¼. 6. Lucas Mathe, St. Cloud State, 15-2¼. 7. David Braaten, St. Cloud State, 14-8¼. 8. Andrew Fuller, St. Cloud State, 14-8¼.