

2017 NSIC Outdoor Track & Field Meet - 5/12/2017 to 5/13/2017

University of Concordia-St. Paul  
Seafoam Stadium

Results

**Men 100 Meter Dash**

NSIC Record: **10.19 R 2015** Emmanuel Matadi  
Auto: **10.31 A**  
Provo: **10.61 P**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Selman, Paul	JR	Minnesota St	P 10.54Q1.7
2 Curtis, Jack	SO	Minnesota St	10.63Q1.9
3 Finley, Dallin	SR	SW Minnesota	10.78Q1.5
4 Galamue, Gabriel	FR	SW Minnesota	10.83Q0.7
5 Ogren, Tanner	SO	Minnesota St	10.62q 1.7
6 Diamond, Reid	SO	Minnesota St	10.62q 1.7
7 Busari, Quadri	FR	SW Minnesota	10.75q 1.9
8 Taormina, Justin	FR	Minnesota St	10.76q 1.9
9 Barnes, Vance	SO	Minnesota St	10.78 1.5
10 Huber, Brian	JR	Msu-Moorhead	10.86 1.5
11 Gloude-mans, Parker	FR	Minnesota St	10.88 1.5
12 Adams, Braxton	JR	Wayne St. (N	10.91 1.9
13 Rowe, Jonathon	FR	Sioux Falls	10.92 1.7
14 Sandle, Michael	JR	Minnesota St	10.92 0.7
15 Graves, Zack	SR	U Mary	10.96 1.7
16 Daffinrud, Daniel	SO	Minot State	10.99 1.9
17 Beattie, Nick	JR	Minnesota-Du	11.02 1.7
18 Martina, Jarreth	JR	Northern Sta	11.05 0.7
19 Ryan, Ben	SR	SW Minnesota	11.10 1.5
20 Mose-ti, Sam	FR	Northern Sta	11.24 1.9
21 Stoltz, Colten	SO	U Mary	11.25 0.7
22 Graves, Connor	SR	U Mary	11.29 0.7
23 Heller, Kole	JR	Wayne St. (N	11.37 1.9
24 Drew, Josh	JR	Minot State	11.41 1.5
--- Glor, Luxon	SO	U Mary	DNS 0.7

**Men 100 Meter Dash**

NSIC Record: **10.19 R 2015** Emmanuel Matadi  
Auto: **10.31 A**  
Provo: **10.61 P**

Name	Yr	School	Finals
<b>Finals</b>			
1 Selman, Paul	JR	Minnesota St	10.56P 10
2 Ogren, Tanner	SO	Minnesota St	10.67 8
3 Curtis, Jack	SO	Minnesota St	10.78 6
4 Diamond, Reid	SO	Minnesota St	10.83 5
5 Finley, Dallin	SR	SW Minnesota	10.84 4
6 Busari, Quadri	FR	SW Minnesota	10.92 3
7 Galamue, Gabriel	FR	SW Minnesota	10.95 2
8 Taormina, Justin	FR	Minnesota St	11.01 1

**Men 200 Meter Dash**

NSIC Record: **20.49 R 2013** Jarrell Hancock  
Auto: **20.70 A**  
Provo: **21.50 P**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Ogren, Tanner	SO	Minnesota St	P 21.45Q1.9

2 Selman, Paul	JR	Minnesota St	P 21.48Q0.4
3 Diamond, Reid	SO	Minnesota St	21.53Q2.1
4 Curtis, Jack	SO	Minnesota St	P 21.50Q0.4
5 Kramper, Clay	SO	Wayne St. (N	21.67Q1.9
6 Galamue, Gabriel	FR	SW Minnesota	21.94Q2.1
7 Finley, Dallin	SR	SW Minnesota	21.71q 0.4
8 Huber, Brian	JR	Msu-Moorhead	21.85q 1.9
9 Rodriguez, Itoitz	SO	Northern Sta	22.00 2.1
10 Graves, Zack	SR	U Mary	22.17 1.9
11 Ryan, Ben	SR	SW Minnesota	22.19 1.9
12 Behm, Connor	JR	Minnesota-Du	22.23 1.9
13 Zautke, Jordan	SO	Wayne St. (N	22.39 0.4
14 Leck, Andrew	FR	Concordia-St	22.43 2.1
15 Carlson, Austin	JR	Minnesota-Du	22.49 2.1
16 Konrad, Matt	SR	SW Minnesota	22.61 0.4
17 Daffinrud, Daniel	SO	Minot State	22.62 2.1
18 Graves, Connor	SR	U Mary	22.73 1.9
19 Stoltz, Colten	SO	U Mary	22.80 0.4
20 Drew, Josh	JR	Minot State	23.02 0.4
--- Gloude-mans, Parker	FR	Minnesota St	DNS 2.1

**Men 200 Meter Dash**

NSIC Record: **20.49 R 2013** Jarrell Hancock  
Auto: **20.70 A**  
Provo: **21.50 P**

Name	Yr	School	Finals
<b>Finals</b>			
1 Selman, Paul	JR	Minnesota St	21.32P 10
2 Ogren, Tanner	SO	Minnesota St	21.33P 8
3 Diamond, Reid	SO	Minnesota St	21.61 6
4 Curtis, Jack	SO	Minnesota St	21.72 5
5 Huber, Brian	JR	Msu-Moorhead	21.84 4
6 Finley, Dallin	SR	SW Minnesota	21.98 3
7 Galamue, Gabriel	FR	SW Minnesota	22.26 2
--- Kramper, Clay	SO	Wayne St. (N	DNS 0.6

**Men 400 Meter Dash**

NSIC Record: **47.24 R 2000** Erik Hanson  
Auto: **46.56 A**  
Provo: **47.94 P**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Pitchford, Isaiah	JR	Minnesota St	47.96Q
2 Rodriguez, Itoitz	SO	Northern Sta	48.01Q
3 Schuster, John	SO	Minnesota St	48.18Q
4 Dennis, Morris	JR	Minnesota St	48.92Q
5 Suber, JoVonte	SR	Minnesota St	48.72q
6 Bialke, Dalton	FR	Minnesota St	49.06q
7 Behm, Connor	JR	Minnesota-Du	49.26q
8 Carlson, Austin	JR	Minnesota-Du	49.36q
9 Jones, Zach	JR	SW Minnesota	49.78
10 Wietgre-fe, Luke	JR	Northern Sta	49.95
11 Six, Zachery	JR	Northern Sta	50.03
12 Belchak, AJ	FR	Minnesota-Du	50.40
13 Konrad, Matt	SR	SW Minnesota	50.59

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**Preliminaries ... (Men 400 Meter Dash)**

Name	Yr	School	Prelims
14 Thomas, Romario	FR	Northern Sta	50.68
15 Nkhuwa, Chiti	SO	Minot State	50.86
16 Carlson, Evan	FR	Msu-Moorhead	50.99
17 Fletcher, Isaiha	FR	Northern Sta	51.19
18 Sharpe, Chris	JR	Augustana (S	51.31
19 Johanson, Josh	JR	Concordia-St	51.50
20 Lucero, Austin	FR	U Mary	51.78
21 Slaba, Tyler	SO	Sioux Falls	51.97
22 Marker, Brandon	JR	Wayne St. (N	52.72
23 Cundiff, Alex	SR	Minot State	54.04

**Men 400 Meter Dash**

NSIC Record: **47.24 R 2000 Erik Hanson**

Auto: **46.56 A**

Provo: **47.94 P**

Name	Yr	School	Finals
<b>Finals</b>			
1 Pitchford, Isaiah	JR	Minnesota St	47.55P 10
2 Rodriguez, Itoitz	SO	Northern Sta	47.88P 8
3 Schuster, John	SO	Minnesota St	48.13 6
4 Dennis, Morris	JR	Minnesota St	48.38 5
5 Suber, JoVonte	SR	Minnesota St	48.81 4
6 Carlson, Austin	JR	Minnesota-Du	49.40 3
7 Bialke, Dalton	FR	Minnesota St	49.45 2
8 Behm, Connor	JR	Minnesota-Du	49.70 1

**Men 800 Meter Run**

NSIC Record: **1:50.45 R 2014 Audo Omot**

Auto: **1:49.00 A**

Provo: **1:52.33 P**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Phillips, Mason	SO	Sioux Falls	1:52.53Q
2 Speicher, Brady	JR	Msu-Moorhead	1:53.87Q
3 Krohnke, Austin	JR	Augustana (S	1:55.21Q
4 Olson, Teegan	SO	U Mary	1:53.94Q
5 Ulmer, Zachary	JR	Northern Sta	1:54.32Q
6 Young, Josh	JR	Msu-Moorhead	1:55.96Q
7 Allen, Benjamin	FR	Concordia-St	1:53.97q
8 Lundberg, Zach	FR	Sioux Falls	1:54.41q
9 Kveseth, Chris	SR	SW Minnesota	1:54.64
10 Tuschen, Zach	JR	Augustana (S	1:55.56
11 Miller, Austin	FR	Augustana (S	1:56.49
12 Wilke, Samuel	FR	U Mary	1:57.19
13 Schmit, Nick	SR	Wayne St. (N	1:57.50
14 Midtvedt, Wyatt	FR	Minnesota-Du	1:57.53
15 Olson, Colin	FR	Minot State	1:57.81
16 Warner, Cory	FR	Concordia-St	1:58.14
17 Kalinowski, Ryan	FR	Msu-Moorhead	1:58.42
18 Ayaj, Kak	FR	Wayne St. (N	1:58.80
19 Rabata, Isaiah	FR	Minnesota St	1:59.13
20 Gagner, Cody	FR	Msu-Moorhead	1:59.39
21 Pearson, Nathan	FR	Wayne St. (N	1:59.77

22 Wyllie, Gabriel	SO	U Mary	1:59.81
23 Hanson, Ben	SR	Minnesota-Du	2:02.59
24 Braack, Boston	SR	Minnesota-Du	2:03.24
25 Comer, Nathan	JR	Minnesota-Du	2:04.81
26 Peterson, Josh	JR	Minnesota-Du	2:07.58
27 Kraft, Jase	SO	Sioux Falls	2:14.24
--- Finsterwalder, Derek	JR	Minnesota St	DNS

**Men 800 Meter Run**

NSIC Record: **1:50.45 R 2014 Audo Omot**

Auto: **1:49.00 A**

Provo: **1:52.33 P**

Name	Yr	School	Finals
<b>Finals</b>			
1 Phillips, Mason	SO	Sioux Falls	1:52.86 10
2 Olson, Teegan	SO	U Mary	1:53.15 8
3 Speicher, Brady	JR	Msu-Moorhead	1:53.74 6
4 Ulmer, Zachary	JR	Northern Sta	1:54.28 5
5 Allen, Benjamin	FR	Concordia-St	1:54.30 4
6 Krohnke, Austin	JR	Augustana (S	1:54.49 3
7 Young, Josh	JR	Msu-Moorhead	1:56.58 2
8 Lundberg, Zach	FR	Sioux Falls	1:57.01 1

**Men 1500 Meter Run**

NSIC Record: **3:50.12 R 2014 Henerik Hansson**

Auto: **3:45.65 A**

Provo: **3:51.68 P**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Marshall, Nick	FR	Msu-Moorhead	4:19.68Q
2 Midtvedt, Wyatt	FR	Minnesota-Du	4:21.01Q
3 Pasch, Austin	JR	Minnesota St	4:21.82Q
4 Klecker, John	SR	Augustana (S	4:23.03Q
5 Leach, Adam	JR	Northern Sta	4:22.10Q
6 Fly, Nick	SR	Wayne St. (N	4:23.38Q
7 Speicher, Brady	JR	Msu-Moorhead	4:22.12Q
8 Lundberg, Zach	FR	Sioux Falls	4:26.28Q
9 Naughton, Alex	JR	Minnesota-Du	4:22.47q
10 Allen, Benjamin	FR	Concordia-St	4:22.86q
11 Tietz, Alex	SO	Augustana (S	4:24.98q
12 Young, Josh	JR	Msu-Moorhead	4:26.72q
13 Black, Joey	JR	Wayne St. (N	4:30.40
--- Pulver, Grant	JR	Minnesota-Du	DNS

**Men 1500 Meter Run**

NSIC Record: **3:50.12 R 2014 Henerik Hansson**

Auto: **3:45.65 A**

Provo: **3:51.68 P**

Name	Yr	School	Finals
<b>Finals</b>			
1 Young, Josh	JR	Msu-Moorhead	3:53.86 10
2 Speicher, Brady	JR	Msu-Moorhead	3:54.45 8
3 Pasch, Austin	JR	Minnesota St	3:54.87 6
4 Lundberg, Zach	FR	Sioux Falls	3:55.16 5
5 Allen, Benjamin	FR	Concordia-St	3:58.02 4

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Finals ... (Men 1500 Meter Run)

Name	Yr	School	Finals
6 Leach, Adam	JR	Northern Sta	3:59.09 3
7 Klecker, John	SR	Augustana (S	4:02.14 2
8 Midtvedt, Wyatt	FR	Minnesota-Du	4:03.81 1
9 Marshall, Nick	FR	Msu-Moorhead	4:05.43
10 Fly, Nick	SR	Wayne St. (N	4:06.60
11 Tietz, Alex	SO	Augustana (S	4:14.55
12 Naughton, Alex	JR	Minnesota-Du	4:17.58

Men 5000 Meter Run

NSIC Record: 14:40.42 R 2015 Cody Christ

Auto: 13:57.77 A

Provo: 14:37.45 P

Name	Yr	School	Finals
1 Christ, Cody	SR	Msu-Moorhead	14:57.45 10
2 Brown, Steven	SO	Sioux Falls	15:01.00 8
3 Myers, Derek	JR	U Mary	15:09.30 6
4 Ellingson, Glen	SR	Augustana (S	15:12.27 5
5 Runge, Aaron	FR	Augustana (S	15:16.43 4
6 Lahr, Luke	SO	Minnesota-Du	15:17.49 3
7 Lundberg, Zach	FR	Sioux Falls	15:20.16 2
8 Burns, Logan	SO	Augustana (S	15:26.39 1
9 Cartwright, Joel	SR	Minot State	15:34.38
10 Phillips, Mason	SO	Sioux Falls	15:39.89
11 Yardley, Austin	FR	Minnesota St	15:41.49
12 Troe, Caleb	SO	Concordia-St	15:42.52
13 Yusuf, Nadir	FR	Msu-Moorhead	15:48.53
14 Sedbrook, Cody	JR	Minnesota-Du	15:50.88
15 Souther, Nathaniel	SO	Augustana (S	15:52.95
16 Barrett, Creighton	FR	U Mary	15:56.18
17 Peltier, Tanner	SO	Northern Sta	16:03.76
18 Gordon, Steven	SR	U Mary	16:07.39
19 Erredge, Steven	SO	Minnesota St	16:12.97
20 Schroeder, Nathan	SO	Augustana (S	16:14.01
21 Armbruster, Adam	SO	Minnesota-Du	16:29.64
22 Marshall, Nick	FR	Msu-Moorhead	16:36.17
23 Aidrus, Bashir	FR	SW Minnesota	16:50.94
24 Hill, Kendall	FR	Minnesota-Du	16:51.01
25 Lawson, Nick	SO	Minnesota-Du	16:55.14
--- Pasch, Austin	JR	Minnesota St	DNF
--- Hudson, Tyler	FR	Concordia-St	DNF
--- Kray, Alec	FR	Augustana (S	DNF
--- Johnson, Drew	SR	Minnesota-Du	DNS
--- Anderson, Blake	JR	Minnesota-Du	DNS

Men 10000 Meter Run

NSIC Record: 30:24.05 R 5/13/2016 Cody Christ

Auto: 29:15.09 A

Provo: 31:00.00 P

Name	Yr	School	Finals
1 Brown, Steven	SO	Sioux Falls	30:45.49P 10
2 Christ, Cody	SR	Msu-Moorhead	30:54.87P 8

3 Ellingson, Glen	SR	Augustana (S	31:47.03 6
4 Carpenter, Kevin	JR	U Mary	32:06.15 5
5 Burke, Caleb	SO	Minnesota St	32:20.02 4
6 Runge, Aaron	FR	Augustana (S	32:26.37 3
7 Anderson, Blake	JR	Minnesota-Du	32:36.65 2
8 Yusuf, Nadir	FR	Msu-Moorhead	32:49.72 1
9 Burns, Logan	SO	Augustana (S	33:11.34
10 Heaton, Sean	SO	Augustana (S	33:19.27
11 Troe, Caleb	SO	Concordia-St	33:37.13
12 Souther, Nathaniel	SO	Augustana (S	33:44.02
13 Peltier, Tanner	SO	Northern Sta	33:48.51
14 Johansen, Wyatt	JR	Sioux Falls	34:51.58
15 Broze, Ben	SO	SW Minnesota	35:21.59
16 Lehn, Corbin	SR	Wayne St. (N	35:39.87
17 Noyes, John	SO	Sioux Falls	36:20.10
18 Swenson, Logan	SO	Northern Sta	37:16.80
--- Solorio, Isaias	FR	Wayne St. (N	DNS

Men 110 Meter Hurdles

NSIC Record: 13.80 R 2015 Myles Hunter

Auto: 13.90 A

Provo: 14.50 P

Name	Yr	School	Prelims
1 Frid, Teddy	SO	Sioux Falls	14.64Q0.4
2 Ojika, Benjamin	JR	Minnesota St	14.96Q3.3
3 Bristol, Logan	SO	Minnesota St	15.06Q1.1
4 Nutter, Anyah	SO	Minnesota St	14.66Q0.4
5 Sullivan, Robert	SO	Wayne St. (N	14.99Q3.3
6 Jovin, Marceau	SO	U Mary	15.15Q1.1
7 Meloche, Paul	SO	Augustana (S	15.02q3.3
8 Van't Hof, Dylan	JR	Augustana (S	15.31q0.4
9 Brown, Devyonn	FR	Northern Sta	15.36 1.1
10 Sweep, Zach	FR	Msu-Moorhead	15.39 3.3
11 Rubeck, Logan	JR	Minnesota-Du	15.49 1.1
12 Ward, Evan	SO	Augustana (S	15.58 0.4
13 Obami, Eneji	FR	Minnesota St	15.65 0.4
14 Hochstetler, TJ	JR	Northern Sta	15.76 3.3
15 Malsam, Bryce	FR	Northern Sta	15.78 1.1
16 Hanson, Adam	SR	Msu-Moorhead	16.07 1.1
17 Nutting, Beau	JR	U Mary	16.44 3.3
18 Lind, Andrew	SO	Minnesota-Du	16.49 1.1
19 Lackas, Jacob	FR	Northern Sta	16.51 1.1
20 Naumowicz, Tyler	SR	Concordia-St	16.54 3.3
21 Morse, Jacob	FR	Sioux Falls	16.58 0.4

Men 110 Meter Hurdles

NSIC Record: 13.80 R 2015 Myles Hunter

Auto: 13.90 A

Provo: 14.50 P

Name	Yr	School	Finals
1 Frid, Teddy	SO	Sioux Falls	14.74 10
2 Nutter, Anyah	SO	Minnesota St	14.85 8
3 Jovin, Marceau	SO	U Mary	14.96 6

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Finals ... (Men 110 Meter Hurdles)

Name	Yr	School	Finals
4 Meloche, Paul	SO	Augustana (S)	14.96 5
5 Ojika, Benjamin	JR	Minnesota St	15.12 4
6 Van't Hof, Dylon	JR	Augustana (S)	15.35 3
7 Sullivan, Robert	SO	Wayne St. (N)	15.48 2
8 Bristol, Logan	SO	Minnesota St	15.54 1

Men 400 Meter Hurdles

NSIC Record: 52.58 R 5/12/2017 Josh Barrows  
Auto: 50.50 A  
Provo: 53.48 P

Name	Yr	School	Prelims
1 Barrows, Josh	SO	Augustana (S)	R 52.58Q
2 Frid, Teddy	SO	Sioux Falls	54.35Q
3 Tolkinen, Ryan	SO	Minnesota-Du	54.84Q
4 Crosser, Cam	FR	Minnesota St	55.67Q
5 LaFollette, Austin	JR	SW Minnesota	55.06q
6 Jallow, Habib	FR	Wayne St. (N)	55.10q
7 Cebulla, Adam	SR	U Mary	55.70q
8 Brewer, Kelson	FR	Northern Sta	55.79q
9 Van't Hof, Dylon	JR	Augustana (S)	55.85
10 Ward, Evan	SO	Augustana (S)	56.20
11 Kwateh, Leroy	FR	Minnesota St	56.49
12 Wulfekuhle, Josh	FR	U Mary	56.63
13 Rubeck, Logan	JR	Minnesota-Du	56.64
14 Wiechman, Sam	FR	Minnesota-Du	57.45
15 Kwarteng, Kelvin	FR	Minnesota-Du	57.57
16 Harvey, Dylan	SR	Minot State	58.88
17 Williams, Joe	SO	Minnesota St	59.16
18 Kralicek, Cody	SR	Wayne St. (N)	59.30
19 Hanson, Adam	SR	Msu-Moorhead	1:00.25
20 Arauz, Allen	JR	Wayne St. (N)	1:00.71
21 Tabla, Sam	SO	SW Minnesota	1:02.83
--- Naumowicz, Tyler	SR	Concordia-St	DNF
--- Lee, Quinton	FR	Minnesota-Du	DNS

Men 400 Meter Hurdles

NSIC Record: 52.58 R 5/12/2017 Josh Barrows  
Auto: 50.50 A  
Provo: 53.48 P

Name	Yr	School	Finals
1 Barrows, Josh	SO	Augustana (S)	52.76P 10
2 Frid, Teddy	SO	Sioux Falls	53.37P 8
3 Brewer, Kelson	FR	Northern Sta	53.59 6
4 Jallow, Habib	FR	Wayne St. (N)	54.26 5
5 Tolkinen, Ryan	SO	Minnesota-Du	54.35 4
6 LaFollette, Austin	JR	SW Minnesota	54.56 3
7 Cebulla, Adam	SR	U Mary	55.79 2
8 Crosser, Cam	FR	Minnesota St	55.93 1

Men 3000 Meter Steeplechase

NSIC Record: 9:00.09 R 2015 Adam Braun  
Auto: 8:52.70 A  
Provo: 9:17.00 P

Name	Yr	School	Finals
1 Schroeder, Nathan	SO	Augustana (S)	9:15.48P 10
2 DeJong, Skylar	SO	Augustana (S)	9:33.25 8
3 Lawson, Nick	JR	Sioux Falls	9:38.70 6
4 Sedbrook, Cody	JR	Minnesota-Du	9:39.58 5
5 Liester, Josh	SO	Sioux Falls	9:41.43 4
6 Heaton, Sean	SO	Augustana (S)	9:44.39 3
7 Aidrus, Bashir	FR	SW Minnesota	9:50.62 2
8 Anderson, Blake	JR	Minnesota-Du	9:56.74 1
9 Erickson, Tyler	JR	U Mary	10:00.58
10 Hill, Kendall	FR	Minnesota-Du	10:04.56
11 Bentzel, Harrison	FR	U Mary	10:14.81
12 Hanson, Noah	FR	Augustana (S)	10:19.07
13 Lawson, Nick	SO	Minnesota-Du	10:28.04
14 Goodell, Jackson	FR	Northern Sta	10:31.33
15 Deringer, Devin	FR	Msu-Moorhead	10:54.98
--- Johnson, Drew	SR	Minnesota-Du	DNF
--- Fitzsimmons, Kelly	SR	SW Minnesota	DNF

Men 4x100 Meter Relay

NSIC Record: 40.63 R 1998  
Auto: 40.16 A  
Provo: 41.12 P

Team	Relay	Finals
1 Minnesota State	A	40.79P 10
1) Barnes, Vance SO	2) Selman, Paul JR	
3) Ogren, Tanner SO	4) Curtis, Jack SO	
2 SW Minnesota St.	A	41.19 8
1) Finley, Dallin SR	2) Ryan, Ben SR	
3) Busari, Quadri FR	4) Galamue, Gabriel FR	
3 Wayne St. (Neb.)	A	42.24 6
1) Marker, Brandon JR	2) Adams, Braxton JR	
3) Alcenord, Alvyns SO	4) Zautke, Jordan SO	
4 Sioux Falls	A	42.27 5
1) Rowe, Jonathon FR	2) Hagen, Evan SO	
3) Buer, Cody FR	4) Buer, Cole FR	
5 Minnesota-Duluth	A	42.49 4
1) Behm, Connor JR	2) Tolkinen, Ryan SO	
3) Kwarteng, Kelvin FR	4) Beattie, Nick JR	
6 University of Mary	A	42.59 3
1) Stoltz, Colten SO	2) Graves, Zack SR	
3) Graves, Connor SR	4) Lucero, Austin FR	
7 Msu-Moorhead	A	42.69 2
1) Boegel, Tobias FR	2) Huber, Brian JR	
3) Strack, Devin SR	4) Carlson, Evan FR	
8 Concordia-StPaul	A	42.79 1
1) Johnson, Jonathan JR	2) Leck, Andrew FR	
3) Marrin, Matthew SO	4) Odera, Antony SR	

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Finals ... (Men 4x100 Meter Relay)

Team	Relay	Finals
9 Northern State	A	43.12
1) Martina, Jarreth JR	2) Fletcher, Isaiha FR	
3) Moseti, Sam FR	4) Thomas, Romario FR	
10 Augustana (Sd)	A	43.55
1) Meloche, Paul SO	2) Van't Hof, Dylon JR	
3) Reider, Josh JR	4) Heid, Trey SR	
11 Minot State	A	43.56
1) Daffinrud, Daniel SO	2) Drew, Josh JR	
3) Harvey, Dylan SR	4) Cundiff, Alex SR	

Men 4x400 Meter Relay

NSIC Record: 3:13.09 R 5/13/2017 Minnesota State

J Schuster, J Suber, I Pitchford, M Dennis

Auto: 3:09.02 A

Provo: 3:14.07 P

Team	Relay	Finals
1 Minnesota State	A	3:13.09R 10
1) Schuster, John SO	2) Suber, JoVonte SR	
3) Pitchford, Isaiah JR	4) Dennis, Morris JR	
2 Northern State	A	3:17.36 8
1) Rodriguez, Itoitz SO	2) Fletcher, Isaiha FR	
3) Six, Zachery JR	4) Wietgreffe, Luke JR	
3 Augustana (Sd)	A	3:18.25 6
1) Sharpe, Chris JR	2) Heid, Trey SR	
3) Savey, Blake FR	4) Barrows, Josh SO	
4 Minnesota-Duluth	A	3:18.27 5
1) Tolkinen, Ryan SO	2) Belchak, AJ FR	
3) Behm, Connor JR	4) Carlson, Austin JR	
5 University of Mary	A	3:19.58 4
1) Cebulla, Adam SR	2) Graves, Connor SR	
3) Graves, Zack SR	4) Wulfekuhle, Josh FR	
6 SW Minnesota St.	A	3:21.90 3
1) Konrad, Matt SR	2) LaFollette, Austin JR	
3) Kveseth, Chris SR	4) Jones, Zach JR	
7 Msu-Moorhead	A	3:24.51 2
1) Carlson, Evan FR	2) Kalinowski, Ryan FR	
3) Dannenbring, Gabe FR	4) Gagner, Cody FR	
8 Minot State	A	3:24.60 1
1) Drew, Josh JR	2) Daffinrud, Daniel SO	
3) Harvey, Dylan SR	4) Nkhuwa, Chiti SO	
9 Concordia-StPaul	A	3:24.90
1) Johanson, Josh JR	2) Leck, Andrew FR	
3) Naumowicz, Tyler SR	4) Allen, Benjamin FR	
10 Wayne St. (Neb.)	A	3:25.97
1) Marker, Brandon JR	2) Kramper, Clay SO	
3) Ayaj, Kak FR	4) Jallow, Habib FR	
11 Sioux Falls	A	3:29.98
1) Slaba, Tyler SO	2) Buer, Cody FR	
3) Parsons, Israel JR	4) Kraft, Jase SO	

Men High Jump

NSIC Record: 2.13m R 1988

Brian Rabenberg

Auto: 2.17m A

Provo: 2.03m P

Name	Yr	School	Finals
<b>Finals</b>			
1 Sandle, Michael	JR	Minnesota St	2.08mP 10
2 Campbell, Alex	SR	Minnesota St	2.03mP 8
3 Nutter, Anyah	SO	Minnesota St	2.03mP 6
4 Lilja, Jason	SR	Minnesota-Du	1.98m 5
5 Brown, Deshonn	SO	Northern Sta	1.98m 4
6 Curtis, Jack	SO	Minnesota St	1.98m 3
7 Bristol, Logan	SO	Minnesota St	1.98m 1.5
7 Frid, Teddy	SO	Sioux Falls	1.98m 1.5
9 Brown, Deveynn	FR	Northern Sta	1.93m
9 Lamb, Jack	SO	U Mary	1.93m
11 Allen, Shenley	FR	U Mary	1.93m
12 Ojika, Benjamin	JR	Minnesota St	1.93m
13 Mackedanz, Sam	SO	U Mary	1.88m
14 Anderson, Eli	FR	Augustana (S	1.88m
15 Swango, Jordan	SO	U Mary	1.88m
--- Lind, Andrew	SO	Minnesota-Du	NH
--- Matzen, Jonas	SO	Msu-Moorhead	NH
--- Johanson, Josh	JR	Concordia-St	NH
--- Kirkebak, Joseph	SO	Sioux Falls	NH

Men Pole Vault

NSIC Record: 5.19m R 5/13/2016 Scott Greenman

Auto: 5.20m A

Provo: 4.76m P

Name	Yr	School	Finals
<b>Finals</b>			
1 Zebedee, Jacob	SR	Sioux Falls	5.02mP 10
2 Gran, Jagger	SR	Sioux Falls	4.92mP 8
3 Jensen, Chase	SR	Sioux Falls	4.77mP 5.5
3 Valli, Mitch	SO	Minnesota St	4.77mP 5.5
5 Spenner, Josh	SR	Wayne St. (N	4.62m 4
6 Clark, Dan	FR	Minnesota-Du	4.62m 3
7 DeJong, Connor	SO	Sioux Falls	4.47m 1.5
7 DeHaai, Gavin	SO	Sioux Falls	4.47m 1.5
9 Wuesthoff, Luke	FR	Sioux Falls	4.47m
10 Johnson, Kyle	FR	Minnesota St	4.47m
11 Williams, Austin	SR	U Mary	4.32m
12 Rolf, Taylor	SR	Northern Sta	4.17m
12 Brewer, Kelson	FR	Northern Sta	4.17m
14 Malsam, Bryce	FR	Northern Sta	4.17m
14 Thiel, Logan	SO	Msu-Moorhead	4.17m
14 Zawadzki, Tristan	FR	Sioux Falls	4.17m
--- Timm, Chris	SO	Minnesota-Du	NH
--- Petersen, Jess	JR	Minnesota-Du	NH
--- Jorenson, Brody	JR	Augustana (S	NH
--- Pohlman, Matt	FR	Augustana (S	NH
--- Cihlar, John	FR	Minnesota St	NH
--- Greenman, Scott	SR	Sioux Falls	NH

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Finals ... (Men Pole Vault)

Name	Yr	School	Finals
--- Olsem, Zach	FR	Minnesota St	SCR

Men Long Jump

NSIC Record: 7.56m R 5/13/2016 Keyshawn Davis

Auto: 7.65m A

Provo: 7.22m P

Name	Yr	School	Finals
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Finals

1 Huber, Brian	JR	Msu-Moorhead	7.37mP 10
2 Campbell, Alex	SR	Minnesota St	7.16m 8
3 Sullivan, Robert	SO	Wayne St. (N	7.15m 6
4 Metz, Brady	JR	Wayne St. (N	7.15m 5
5 Odera, Antony	SR	Concordia-St	7.03m 4
6 Calderon-Pitchford, Elijah	SO	Minnesota St	6.98m 3
7 Hagen, Evan	SO	Sioux Falls	6.87m 2
8 Rosencranz, Tyrell	SO	U Mary	6.75m 1
9 Glor, Luxon	SO	U Mary	6.72m -0.9
10 Lamb, Jack	SO	U Mary	6.64m +0.0
11 Mackedanz, Sam	SO	U Mary	6.60m 0.6
12 Matzen, Jonas	SO	Msu-Moorhead	6.56m 1.1
13 Johnson, Jonathan	JR	Concordia-St	6.47m 1.1
14 Staudinger, Talon	FR	U Mary	6.41m +0.0
15 Tolkinen, Ryan	SO	Minnesota-Du	6.34m 0.1
16 Buesgens, Calvin	SO	Minnesota St	6.33m 0.9
17 Brown, Deveyonn	FR	Northern Sta	6.27m -1.1
18 Tiefenthaler, Trey	FR	Northern Sta	6.16m -0.1
19 Hochstetler, TJ	JR	Northern Sta	6.04m -0.7
20 Brown, Deshonn	SO	Northern Sta	5.92m +0.0
--- Lilja, Jason	SR	Minnesota-Du	FOUL
--- Frid, Teddy	SO	Sioux Falls	FOUL

Men Triple Jump

NSIC Record: 15.94m R 5/13/2017 Michael Sandle

Auto: 15.77m A

Provo: 14.56m P

Name	Yr	School	Finals
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Finals

1 Sandle, Michael	JR	Minnesota St	15.94mR 10
2 Thurman, London	SR	Minnesota St	15.12mP 8
3 Calderon-Pitchford, Elijah	SO	Minnesota St	15.11mP 6
4 Metz, Brady	JR	Wayne St. (N	15.08mP 5
5 Rosencranz, Tyrell	SO	U Mary	14.65mP 4
6 Odera, Antony	SR	Concordia-St	14.64mP 3
7 Campbell, Alex	SR	Minnesota St	14.58mP 2
8 Nutting, Beau	JR	U Mary	14.54m 1
9 Allen, Shenley	FR	U Mary	13.70m 2.0
10 Brown, Deshonn	SO	Northern Sta	13.54m -0.1
11 Staudinger, Talon	FR	U Mary	13.52m 1.3
12 Tiefenthaler, Trey	FR	Northern Sta	13.40m 1.2
13 Lamb, Jack	SO	U Mary	13.33m 1.6
14 Strack, Devin	SR	Msu-Moorhead	13.27m 1.1
15 Brown, Deveyonn	FR	Northern Sta	12.99m 1.4
16 Berby, Tyler	FR	Msu-Moorhead	12.94m +0.0

17 Schaffer, Austin	JR	Sioux Falls	12.82m -0.9
18 Busch, Zachary	JR	Northern Sta	12.42m -2.1
19 Reider, Josh	JR	Augustana (S	12.22m 1.6
20 LeFaive, Alazae	SO	Northern Sta	11.80m +0.0
21 Moser, Austin	FR	Northern Sta	11.44m -1.8
--- Vieau, Zack	JR	Minnesota-Du	FOUL
--- Schleis, Garret	SO	Minnesota-Du	FOUL
--- Ojika, Benjamin	JR	Minnesota St	DNS NWI

Men Shot Put

NSIC Record: 18.98m R 2013 Chris Reed

Auto: 18.39m A

Provo: 15.95m P

Name	Yr	School	Finals
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Finals

1 Weis, Alex	SR	SW Minnesota	16.15mP 10
2 Gustaveson, Marcus	FR	Concordia-St	15.98mP 8
3 Caffin, Bryan	SR	Minnesota St	15.45m 6
4 Behning, Josh	SO	SW Minnesota	15.43m 5
5 McCormick, Connor	FR	Minnesota St	15.12m 4
6 Osowski, Lucas	SR	Northern Sta	14.71m 3
7 Udermann, Samuel	JR	Minnesota St	14.69m 2
8 Sheppard, Derrick	JR	Sioux Falls	14.64m 1
9 Lee, Brian	SR	Minnesota-Du	14.34m
10 LeBlanc, Bryce	FR	Northern Sta	14.10m
11 Nelson, Erik	FR	Minnesota St	13.78m
12 Hinkle, Jayle	FR	Wayne St. (N	13.74m
13 Duckworth, James	FR	U Mary	13.65m
14 Rayman, Gage	JR	Northern Sta	13.60m
15 Treichel, Clinton	JR	Minnesota-Du	13.49m
16 Olson, Jake	SO	Northern Sta	13.35m
17 Nelson, Chandler	FR	Sioux Falls	13.35m
18 Gruschin, Christian	FR	Sioux Falls	13.09m
19 Davies, Chase	FR	Minnesota-Du	12.92m
20 Kalmes, Nick	FR	Minnesota-Du	12.55m
21 Mateski, Hamilton	JR	SW Minnesota	12.46m
22 Butcher, Brady	FR	Msu-Moorhead	12.06m
23 Kennedy, Kyler	SO	Minnesota-Du	11.58m
24 Clark, Dan	FR	Minnesota-Du	10.92m

Men Discus Throw

NSIC Record: 56.02m R 5/14/2016 Quinn Anderson

Auto: 55.60m A

Provo: 49.35m P

Name	Yr	School	Finals
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Finals

1 Dubiel, Andrew	SR	U Mary	49.85mP 10
2 Gruschin, Christian	FR	Sioux Falls	48.52m 8
3 Weis, Alex	SR	SW Minnesota	48.47m 6
4 Behning, Josh	SO	SW Minnesota	48.03m 5
5 Nelson, Erik	FR	Minnesota St	47.77m 4
6 Udermann, Samuel	JR	Minnesota St	45.41m 3
7 Kalmes, Nick	FR	Minnesota-Du	44.58m 2
8 Gustaveson, Marcus	FR	Concordia-St	43.32m 1
9 Caffin, Bryan	SR	Minnesota St	43.23m

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Finals ... (Men Discus Throw)

Name	Yr	School	Finals
10 Nelson, Chandler	FR	Sioux Falls	42.94m
11 Gelineau, Logan	SO	Minnesota-Du	42.72m
12 Nemec, Matthew	SO	Wayne St. (N	41.45m
13 Hutchinson, Thomas	SO	Concordia-St	41.43m
14 Kaup, Dylan	FR	Wayne St. (N	41.26m
15 Mateski, Hamilton	JR	SW Minnesota	41.14m
16 Treichel, Clinton	JR	Minnesota-Du	39.67m
17 Duckworth, James	FR	U Mary	39.05m
18 Kennedy, Kyler	SO	Minnesota-Du	38.37m
19 Heggelund, Marcus	FR	Northern Sta	38.05m
20 Gust, Tanner	JR	Minot State	36.79m
21 Davies, Chase	FR	Minnesota-Du	35.78m
22 Johnson, Eric	JR	Concordia-St	35.46m
23 Hodges, Kevin	JR	Minot State	32.42m
--- Olson, Jake	SO	Northern Sta	FOUL
--- LeBlanc, Bryce	FR	Northern Sta	FOUL
--- Sheppard, Derrick	JR	Sioux Falls	FOUL
--- Lee, Brian	SR	Minnesota-Du	DNS

Men Hammer Throw

NSIC Record: 65.18m R 2014 Chris Reed  
Auto: 66.00m A  
Provo: 53.60m P

Name	Yr	School	Finals
1 Udermann, Samuel	JR	Minnesota St	56.41mP 10
2 Weis, Alex	SR	SW Minnesota	55.70mP 8
3 Nemec, Matthew	SO	Wayne St. (N	53.60mP 6
4 Gust, Tanner	JR	Minot State	51.41m 5
5 Sheppard, Derrick	JR	Sioux Falls	51.34m 4
6 Caffin, Bryan	SR	Minnesota St	51.24m 3
7 Lee, Brian	SR	Minnesota-Du	50.81m 2
8 Osowski, Lucas	SR	Northern Sta	50.41m 1
9 Gruschin, Christian	FR	Sioux Falls	50.27m
10 Sweeney, Richard	SO	Wayne St. (N	48.68m
11 Wado, Nasru	SO	Concordia-St	48.21m
12 Nelson, Erik	FR	Minnesota St	47.88m
13 Treichel, Clinton	JR	Minnesota-Du	47.67m
14 Kaup, Dylan	FR	Wayne St. (N	45.95m
15 Olson, Jake	SO	Northern Sta	45.73m
16 Rayman, Gage	JR	Northern Sta	45.53m
17 McCormick, Connor	FR	Minnesota St	45.24m
18 Bateman, Peter	SR	Msu-Moorhead	44.90m
19 Kennedy, Kyler	SO	Minnesota-Du	44.60m
20 Gelineau, Logan	SO	Minnesota-Du	43.70m
21 Hatfield, Jacob	SO	Minot State	43.09m
22 Kalmes, Nick	FR	Minnesota-Du	42.09m
23 Johnson, Eric	JR	Concordia-St	39.48m
24 Duckworth, James	FR	U Mary	38.27m
25 Butcher, Brady	FR	Msu-Moorhead	38.27m
26 LeBlanc, Bryce	FR	Northern Sta	37.46m
27 Davies, Chase	FR	Minnesota-Du	35.15m
--- Hodges, Kevin	JR	Minot State	FOUL

Men Javelin Throw

NSIC Record: 65.86m R 1992 Jim Anderson  
Auto: 67.10m A  
Provo: 58.34m P

Name	Yr	School	Finals
1 Dunkel, Sven	FR	U Mary	55.72m 10
2 Owens, Bradford	FR	Minnesota-Du	53.94m 8
3 Meyerink, Monte	JR	Northern Sta	52.44m 6
4 Pike, Andrew	FR	U Mary	52.42m 5
5 Lahm, Derek	JR	Wayne St. (N	51.26m 4
6 Walth, Isaac	JR	U Mary	50.11m 3
7 Mateski, Hamilton	JR	SW Minnesota	49.60m 2
8 Staudinger, Talon	FR	U Mary	48.17m 1
9 Rubeck, Logan	JR	Minnesota-Du	47.37m
10 Schukking, Peter	JR	Augustana (S	46.68m
11 Buesgens, Calvin	SO	Minnesota St	45.23m
12 Brown, Deshonn	SO	Northern Sta	44.80m
13 Valli, Mitch	SO	Minnesota St	44.79m
14 Feil, Zach	SR	Northern Sta	42.62m
15 Wuesthoff, Luke	FR	Sioux Falls	42.04m
16 Frid, Teddy	SO	Sioux Falls	41.13m
17 Blonquist, Alec	SO	Augustana (S	40.81m
18 Rolf, Taylor	SR	Northern Sta	40.70m
19 LeFaive, Alazae	SO	Northern Sta	40.58m
20 Heggelund, Marcus	FR	Northern Sta	40.30m
21 Hatfield, Jacob	SO	Minot State	39.94m
22 Moen, Ben	SR	Northern Sta	39.42m
23 Malsam, Bryce	FR	Northern Sta	39.09m
24 Abonyi, Victor	SO	Minot State	38.69m
25 Hochstetler, TJ	JR	Northern Sta	38.00m
26 Parsons, Israel	JR	Sioux Falls	36.85m
27 Jeppeson, Marshall	FR	Concordia-St	35.42m
28 Kralicek, Cody	SR	Wayne St. (N	33.58m
29 Clark, Dan	FR	Minnesota-Du	29.96m
--- Spenner, Josh	SR	Wayne St. (N	ND

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals
1 Curtis, Jack	SO	Minnesota St	10.56 961
2 Nutter, Anyah	SO	Minnesota St	10.99 863
3 Frid, Teddy	FR	Sioux Falls	11.01 858
4 Lahm, Derek	JR	Wayne St. (N	11.14 830
5 Buesgens, Calvin		Minnesota St	11.15 827
6 Sullivan, Robert	SO	Wayne St. (N	11.36 782
7 Dunkel, Sven	FR	U Mary	11.49 755
8 Penner, Jackson	FR	U Mary	11.51 750
9 Walth, Isaac	JR	U Mary	11.60 732
10 Brown, Deveynn	FR	Northern Sta	11.64 723
11 Hochstetler, TJ	JR	Northern Sta	11.68 715
12 Malsam, Bryce	FR	Northern Sta	11.72 707
13 Brewer, Kelson	FR	Northern Sta	11.73 705
14 Rubeck, Logan	JR	Minnesota-Du	11.95 661

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## Results

**Finals ... (Decathlon: #1 Men 100 Meter Dash Decathlon)**

Name	Yr	School	Finals	
15 Clark, Dan	FR	Minnesota-Du	12.35	584

**Decathlon: #5 Men 400 Meter Dash Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Curtis, Jack	SO	Minnesota St	49.84	822
2 Frid, Teddy	FR	Sioux Falls	49.94	817
3 Brewer, Kelson	FR	Northern Sta	50.60	787
4 Buesgens, Calvin		Minnesota St	50.89	774
5 Nutter, Anyah	SO	Minnesota St	51.33	754
6 Rubeck, Logan	JR	Minnesota-Du	51.86	731
7 Penner, Jackson	FR	U Mary	51.99	725
8 Hochstetler, TJ	JR	Northern Sta	52.00	725
9 Dunkel, Sven	FR	U Mary	52.11	720
10 Walth, Isaac	JR	U Mary	52.41	707
11 Sullivan, Robert	SO	Wayne St. (N	52.88	687
12 Malsam, Bryce	FR	Northern Sta	55.15	593
12 Clark, Dan	FR	Minnesota-Du	55.15	593
14 Brown, Deveyonn	FR	Northern Sta	57.45	504

**Decathlon: #10 Men 1500 Meter Dash Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Dunkel, Sven	FR	U Mary	4:35.43	709
2 Frid, Teddy	FR	Sioux Falls	4:39.01	687
3 Brewer, Kelson	FR	Northern Sta	4:45.71	645
4 Buesgens, Calvin		Minnesota St	4:52.13	606
5 Penner, Jackson	FR	U Mary	4:57.80	572
6 Hochstetler, TJ	JR	Northern Sta	4:59.83	561
7 Rubeck, Logan	JR	Minnesota-Du	5:00.26	558
8 Walth, Isaac	JR	U Mary	5:00.67	556
9 Clark, Dan	FR	Minnesota-Du	5:06.97	520
10 Sullivan, Robert	SO	Wayne St. (N	5:08.14	514
11 Curtis, Jack	SO	Minnesota St	5:08.78	510
12 Brown, Deveyonn	FR	Northern Sta	5:19.72	451
13 Malsam, Bryce	FR	Northern Sta	5:20.57	447
14 Nutter, Anyah	SO	Minnesota St	5:37.67	362
--- Lahm, Derek	JR	Wayne St. (N		DNS

**Decathlon: #6 Men 110 Meter Hurdles Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Frid, Teddy	FR	Sioux Falls	14.75	880
2 Nutter, Anyah	SO	Minnesota St	15.11	836
3 Rubeck, Logan	JR	Minnesota-Du	15.40	802
4 Sullivan, Robert	SO	Wayne St. (N	15.98	735
5 Dunkel, Sven	FR	U Mary	15.98	735
6 Malsam, Bryce	FR	Northern Sta	16.06	726
7 Brown, Deveyonn	FR	Northern Sta	16.46	682
8 Curtis, Jack	SO	Minnesota St	16.47	681
9 Hochstetler, TJ	JR	Northern Sta	16.51	676
10 Buesgens, Calvin		Minnesota St	16.90	635
11 Brewer, Kelson	FR	Northern Sta	17.31	592

12 Penner, Jackson	FR	U Mary	17.41	582
13 Walth, Isaac	JR	U Mary	17.83	541
14 Clark, Dan	FR	Minnesota-Du	18.47	480
--- Lahm, Derek	JR	Wayne St. (N	DNS	2.2

**Decathlon: #4 Men High Jump Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Nutter, Anyah	SO	Minnesota St	2.01m	813
2 Brown, Deveyonn	FR	Northern Sta	1.98m	785
2 Frid, Teddy	FR	Sioux Falls	1.98m	785
4 Sullivan, Robert	SO	Wayne St. (N	1.95m	758
4 Curtis, Jack	SO	Minnesota St	1.95m	758
6 Penner, Jackson	FR	U Mary	1.89m	705
7 Buesgens, Calvin		Minnesota St	1.86m	679
8 Rubeck, Logan	JR	Minnesota-Du	1.83m	653
9 Hochstetler, TJ	JR	Northern Sta	1.80m	627
10 Malsam, Bryce	FR	Northern Sta	1.77m	602
11 Brewer, Kelson	FR	Northern Sta	1.71m	552
11 Walth, Isaac	JR	U Mary	1.71m	552
13 Dunkel, Sven	FR	U Mary	1.59m	457
14 Clark, Dan	FR	Minnesota-Du	1.53m	411

**Decathlon: #8 Men Pole Vault Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Frid, Teddy	FR	Sioux Falls	4.40m	731
2 Malsam, Bryce	FR	Northern Sta	4.20m	673
2 Brewer, Kelson	FR	Northern Sta	4.20m	673
4 Dunkel, Sven	FR	U Mary	4.00m	617
5 Hochstetler, TJ	JR	Northern Sta	3.90m	590
6 Curtis, Jack	SO	Minnesota St	3.80m	562
6 Rubeck, Logan	JR	Minnesota-Du	3.80m	562
6 Clark, Dan	FR	Minnesota-Du	3.80m	562
9 Sullivan, Robert	SO	Wayne St. (N	3.70m	535
10 Nutter, Anyah	SO	Minnesota St	3.40m	457
11 Buesgens, Calvin		Minnesota St	3.30m	431
12 Penner, Jackson	FR	U Mary	3.20m	406
13 Brown, Deveyonn	FR	Northern Sta	3.10m	381
14 Walth, Isaac	JR	U Mary	3.00m	357
--- Lahm, Derek	JR	Wayne St. (N		DNS

**Decathlon: #2 Men Long Jump Decathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Sullivan, Robert	SO	Wayne St. (N	7.22m	866
2 Frid, Teddy	FR	Sioux Falls	6.99m	811
3 Curtis, Jack	SO	Minnesota St	6.84m	776
4 Nutter, Anyah	SO	Minnesota St	6.55m	709
5 Buesgens, Calvin		Minnesota St	6.52m	702
6 Hochstetler, TJ	JR	Northern Sta	6.47m	691
7 Rubeck, Logan	JR	Minnesota-Du	6.46m	688
8 Dunkel, Sven	FR	U Mary	6.44m	684
9 Brown, Deveyonn	FR	Northern Sta	6.36m	666
10 Malsam, Bryce	FR	Northern Sta	6.35m	664



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Finals ... (Decathlon: #2 Men Long Jump Decathlon)

Name	Yr	School	Finals
11 Walth, Isaac	JR	U Mary	6.32m 657
12 Penner, Jackson	FR	U Mary	5.96m 578
13 Clark, Dan	FR	Minnesota-Du	5.63m 508
14 Brewer, Kelson	FR	Northern Sta	5.62m 506

Decathlon: #3 Men Shot Put Decathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Frid, Teddy	FR	Sioux Falls	11.92m 602
2 Clark, Dan	FR	Minnesota-Du	11.46m 574
3 Buesgens, Calvin		Minnesota St	11.23m 560
4 Malsam, Bryce	FR	Northern Sta	11.17m 556
5 Curtis, Jack	SO	Minnesota St	10.91m 540
6 Sullivan, Robert	SO	Wayne St. (N)	10.70m 528
7 Rubeck, Logan	JR	Minnesota-Du	10.64m 524
7 Dunkel, Sven	FR	U Mary	10.64m 524
9 Hochstetler, TJ	JR	Northern Sta	10.48m 515
10 Walth, Isaac	JR	U Mary	10.32m 505
11 Nutter, Anyah	SO	Minnesota St	9.53m 457
12 Penner, Jackson	FR	U Mary	9.29m 443
13 Brown, Deveyonn	FR	Northern Sta	8.83m 416
14 Brewer, Kelson	FR	Northern Sta	8.41m 391

Decathlon: #7 Men Discus Throw Decathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Sullivan, Robert	SO	Wayne St. (N)	35.32m 570
2 Walth, Isaac	JR	U Mary	33.82m 540
3 Buesgens, Calvin		Minnesota St	32.77m 519
4 Curtis, Jack	SO	Minnesota St	31.52m 494
5 Clark, Dan	FR	Minnesota-Du	31.37m 491
6 Dunkel, Sven	FR	U Mary	30.67m 478
7 Hochstetler, TJ	JR	Northern Sta	30.48m 474
8 Malsam, Bryce	FR	Northern Sta	26.99m 406
9 Nutter, Anyah	SO	Minnesota St	26.09m 388
10 Brewer, Kelson	FR	Northern Sta	23.50m 338
11 Frid, Teddy	FR	Sioux Falls	22.67m 322
12 Brown, Deveyonn	FR	Northern Sta	21.66m 303
13 Penner, Jackson	FR	U Mary	16.76m 212
--- Rubeck, Logan	JR	Minnesota-Du	FOUL
--- Lahm, Derek	JR	Wayne St. (N)	DNS

Decathlon: #9 Men Javelin Throw Decathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Dunkel, Sven	FR	U Mary	51.00m 603
2 Walth, Isaac	JR	U Mary	48.43m 565
3 Rubeck, Logan	JR	Minnesota-Du	46.29m 534
4 Buesgens, Calvin		Minnesota St	44.32m 505
5 Frid, Teddy	FR	Sioux Falls	42.73m 482
6 Hochstetler, TJ	JR	Northern Sta	42.26m 475
7 Malsam, Bryce	FR	Northern Sta	39.85m 440
8 Curtis, Jack	SO	Minnesota St	38.49m 420

9 Sullivan, Robert	SO	Wayne St. (N)	36.68m 394
10 Brown, Deveyonn	FR	Northern Sta	35.87m 383
11 Brewer, Kelson	FR	Northern Sta	33.57m 350
12 Clark, Dan	FR	Minnesota-Du	32.84m 339
13 Nutter, Anyah	SO	Minnesota St	32.43m 334
14 Penner, Jackson	FR	U Mary	27.67m 267
--- Lahm, Derek	JR	Wayne St. (N)	DNS

Men Decathlon

NSIC Record: 6975 R 5/3/2017 Teddy Frid

Auto: 7100 A

Provo: 6202 P

Name	Yr	School	Finals
<b>Finals</b>			
1 Frid, Teddy	FR	Sioux Falls	6975R 10
2 Curtis, Jack	SO	Minnesota St	6524P 8
3 Sullivan, Robert	SO	Wayne St. (N)	6369P 6
4 Dunkel, Sven	FR	U Mary	6282P 5
5 Buesgens, Calvin		Minnesota St	6238P 4
6 Hochstetler, TJ	JR	Northern Sta	6049 3
7 Nutter, Anyah	SO	Minnesota St	5973 2
8 Malsam, Bryce	FR	Northern Sta	5814 1
9 Rubeck, Logan	JR	Minnesota-Du	5713
10 Walth, Isaac	JR	U Mary	5712
11 Brewer, Kelson	FR	Northern Sta	5539
12 Brown, Deveyonn	FR	Northern Sta	5294
13 Penner, Jackson	FR	U Mary	5240
14 Clark, Dan	FR	Minnesota-Du	5062

Men - Team Rankings - 21 Events Scored

1) Minnesota State	247
2) Sioux Falls	122
3) University of Mary	74
4) Augustana (SD)	69
5) SW Minnesota St.	66
6) MSU-Moorhead	63
7) Wayne St. (Neb.)	49
7) Minnesota-Duluth	49
9) Northern State	48
10) Concordia-StPaul	25
11) Minot State	6

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Results

**Women 100 Meter Dash**

NSIC Record: **11.51 R 1983**      **Jeri Domes**  
Auto: **11.54 A**  
Provo: **11.99 P**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Adah, Afure	SO	Minnesota St	11.73Q2.5
2 Gregory, Karlona	JR	Minnesota St	11.87Q2.1
3 Oosterwegel, Hanneke	SO	Northern Sta	12.05Q0.1
4 Kohlwey, Danielle	SO	Minnesota-Du	12.00Q2.5
5 Puckett, Brianna	JR	Minnesota St	12.01Q2.1
6 Shabino, Kim	JR	SW Minnesota	12.12Q0.1
7 Pandohie, Tonie	JR	U Mary	12.08q2.1
8 Brazerol, Bailee	FR	St Cloud St	12.17q2.5
9 Williams, Gloria	SR	Concordia-St	12.23 2.1
10 Davis, Tanesha	FR	U Mary	12.26 0.1
11 Johnson, Ki'Arah	SO	Msu-Moorhead	12.26 2.5
12 Williams, Altoniece	SR	Minnesota St	12.32 0.1
13 Santos, Autumn	FR	Minnesota St	12.34 2.1
14 Shady, Erika	JR	Concordia-St	12.39 0.1
15 Troescher, Sarah	FR	Sioux Falls	12.44 2.5
16 Suber, Jasmyne	SO	Minnesota St	12.48 2.5
17 Kesseh, Erica	JR	Minnesota-Du	12.50 2.5
18 Reysack, Sydney	FR	Minnesota St	12.64 0.1
19 Ingram, Toni-Ann	JR	Northern Sta	12.72 2.1
20 Pedersen, Shae	FR	Minot State	12.81 0.1
21 Holzheimer, Katie	SR	Msu-Moorhead	12.96 2.1

**Women 100 Meter Dash**

NSIC Record: **11.51 R 1983**      **Jeri Domes**  
Auto: **11.54 A**  
Provo: **11.99 P**

Name	Yr	School	Finals
<b>Finals</b>			
1 Adah, Afure	SO	Minnesota St	11.77P 10
2 Kohlwey, Danielle	SO	Minnesota-Du	11.87P 8
3 Gregory, Karlona	JR	Minnesota St	11.88P 6
4 Oosterwegel, Hanneke	SO	Northern Sta	11.90P 5
5 Pandohie, Tonie	JR	U Mary	12.02 4
6 Puckett, Brianna	JR	Minnesota St	12.08 3
7 Shabino, Kim	JR	SW Minnesota	12.09 2
8 Brazerol, Bailee	FR	St Cloud St	12.13 1

**Women 200 Meter Dash**

NSIC Record: **23.98 R 1983**      **Jeri Domes**  
Auto: **23.60 A**  
Provo: **24.53 P**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Seidl, Megan	SR	Winona State	P 24.00Q0.9
2 Adah, Afure	SO	Minnesota St	P 24.30Q0.1
3 Pandohie, Tonie	JR	U Mary	24.36Q2.3
4 Gregory, Karlona	JR	Minnesota St	24.40Q2.3
5 Schyvinck, Brittany	JR	Winona State	P 24.45Q0.9

6 Robinson, Judith	JR	Msu-Moorhead	24.71Q0.1
7 Kohlwey, Danielle	SO	Minnesota-Du	24.54q2.3
8 Shabino, Kim	JR	SW Minnesota	24.76q0.9
9 Hofmeister, Carina	SR	Augustana (S	24.89 0.1
10 Williams, Gloria	SR	Concordia-St	24.90 2.3
11 Coleman, Alexandria	SR	Bemidji Stat	25.19 0.1
12 Bolibruch, Maria	SO	U Mary	25.23 0.1
13 Shady, Erika	JR	Concordia-St	25.29 0.9
14 Santos, Autumn	FR	Minnesota St	25.48 2.3
15 Stalboerger, Allie	SO	Minnesota-Du	25.55 0.9
16 Hutchison, Alexandra	FR	Winona State	25.83 0.1
17 Kroll, Melissa	SR	Wayne St. (N	26.09 2.3

**Women 200 Meter Dash**

NSIC Record: **23.98 R 1983**      **Jeri Domes**  
Auto: **23.60 A**  
Provo: **24.53 P**

Name	Yr	School	Finals
<b>Finals</b>			
1 Seidl, Megan	SR	Winona State	24.07P 10
2 Adah, Afure	SO	Minnesota St	24.15P 8
3 Pandohie, Tonie	JR	U Mary	24.48P 6
4 Schyvinck, Brittany	JR	Winona State	24.71 5
5 Kohlwey, Danielle	SO	Minnesota-Du	24.73 4
6 Robinson, Judith	JR	Msu-Moorhead	24.76 3
7 Shabino, Kim	JR	SW Minnesota	24.83 2
8 Gregory, Karlona	JR	Minnesota St	25.10 1

**Women 400 Meter Dash**

NSIC Record: **54.40 R 5/12/2017**      **Megan Seidl**  
Auto: **53.50 A**  
Provo: **55.98 P**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Seidl, Megan	SR	Winona State	R 54.40Q
2 Schyvinck, Brittany	JR	Winona State	P 55.74Q
3 Richards, Nelecia	FR	U Mary	56.25Q
4 Rodriguez, Melanie	SR	U Mary	57.11Q
5 Malone, Crystal	SO	Minnesota St	56.45q
6 Brown, Nicolyn	SO	U Mary	56.60q
7 Robinson, Judith	JR	Msu-Moorhead	56.98q
8 Dowling, Cortney	FR	Augustana (S	57.83q
9 Grant, Jasmine	SR	St Cloud St	57.98
10 Patterson, Johnna	FR	Winona State	57.99
11 Wreh, Kimmy	JR	Minnesota St	58.00
12 Atwood, Nikki	JR	SW Minnesota	58.59
13 Kjos, Amelia	JR	Minnesota St	58.73
14 Naatz, Taylor	SR	Minnesota St	58.93
15 DeVos, Brooke	SO	Augustana (S	59.31
16 Kunshier, Maddy	SO	Concordia-St	59.38
17 Barnes, Madison	FR	Northern Sta	59.57
18 Glover, Kaylee	FR	St Cloud St	59.76
19 Ighovojah, Wakpor	JR	Concordia-St	1:00.18
20 Alderson, Mary	SR	Wayne St. (N	1:00.22
21 Du Bois, Paige	FR	Minnesota-Du	1:00.29

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## Results

## Preliminaries ... (Women 400 Meter Dash)

Name	Yr	School	Prelims
21 Hutchison, Alexandra	FR	Winona State	1:00.29
23 Amundson, Leah	JR	Concordia-St	1:01.25
24 Kroll, Melissa	SR	Wayne St. (N)	1:01.36

## Women 400 Meter Dash

NSIC Record: 54.40 R 5/12/2017 Megan Seidl

Auto: 53.50 A

Provo: 55.98 P

Name	Yr	School	Finals
<b>Finals</b>			
1 Seidl, Megan	SR	Winona State	54.61P 10
2 Brown, Nicolyn	SO	U Mary	56.24 8
3 Rodriguez, Melanie	SR	U Mary	56.39 6
4 Schyvinck, Brittany	JR	Winona State	56.60 5
5 Richards, Nelecia	FR	U Mary	56.68 4
6 Malone, Crystal	SO	Minnesota St	56.79 3
7 Robinson, Judith	JR	Msu-Moorhead	57.21 2
8 Dowling, Cortney	FR	Augustana (S)	57.69 1

## Women 800 Meter Run

NSIC Record: 2:04.62 R 5/13/2017 Emilee Trost

Auto: 2:07.50 A

Provo: 2:13.33 P

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Trost, Emilee	SO	Minnesota-Du	P 2:11.17Q
2 Colbenson, Breanna	SR	Minnesota-Du	2:14.98Q
3 Allen, Megan	JR	Minnesota St	2:15.64Q
4 Johnson, Allison	SO	Winona State	P 2:12.48Q
5 Mears, Alissa	SR	Msu-Moorhead	2:15.04Q
6 Kruger, Haley	SR	Minnesota St	2:15.65Q
7 Schuette, Jaiden	SO	U Mary	2:13.88q
8 Tompach, Madeline	SR	Winona State	2:15.69q
9 Sjelin, Maddi	JR	Minnesota St	2:17.22
10 Stauber, Natalie	SR	Minnesota-Du	2:19.33
11 Sakry, Rachel	SR	St Cloud St	2:19.75
12 Willenbrink, Hope	SO	Winona State	2:20.27
13 Schroeder, Madison	JR	Winona State	2:20.30
14 Kyes, Elizabeth	FR	Minnesota-Du	2:22.21
15 Day, Keegan	SO	Sioux Falls	2:23.54
16 Boespflug, Jessica	SO	Minnesota St	2:23.55
17 Preusser, Rachael	FR	Msu-Moorhead	2:24.75
18 Jansky, Kayla	FR	SW Minnesota	2:25.12
19 Warrick-Jones, Jana	JR	Minot State	2:27.26
20 Roelike, Kaylee	SR	St Cloud St	2:29.18
21 Patrick, Bobbi	SO	Minnesota St	2:29.65
22 Serratore, Megan	SO	Minnesota St	2:35.68

## Women 800 Meter Run

NSIC Record: 2:04.62 R 5/13/2017 Emilee Trost

Auto: 2:07.50 A

Provo: 2:13.33 P

Name	Yr	School	Finals
<b>Finals</b>			
1 Trost, Emilee	SO	Minnesota-Du	2:04.62R 10
2 Mears, Alissa	SR	Msu-Moorhead	2:09.22P 8
3 Kruger, Haley	SR	Minnesota St	2:09.89P 6
4 Colbenson, Breanna	SR	Minnesota-Du	2:13.92 5
5 Schuette, Jaiden	SO	U Mary	2:14.12 4
6 Allen, Megan	JR	Minnesota St	2:14.98 3
7 Johnson, Allison	SO	Winona State	2:15.02 2
8 Tompach, Madeline	SR	Winona State	2:19.37 1

## Women 1500 Meter Run

NSIC Record: 4:21.48 R 5/13/2017 Emilee Trost

Auto: 4:23.50 A

Provo: 4:34.00 P

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Trost, Emilee	SO	Minnesota-Du	4:42.74Q
2 Anderson, Emma	SR	Augustana (S)	4:45.06Q
3 Erickson, Bree	FR	U Mary	4:45.77Q
4 Allen, Megan	JR	Minnesota St	4:42.97Q
5 Staffen, Nikki	FR	Winona State	4:45.34Q
6 Soli, Cassidy	JR	Augustana (S)	4:45.89Q
7 Montonye, Molly	SR	Msu-Moorhead	4:43.17Q
8 Berg, Maria	FR	Minnesota-Du	4:45.42Q
9 Baker, Erin	JR	Minnesota St	4:45.92Q
10 Warrick-Jones, Jana	JR	Minot State	4:43.88q
11 Rogahn, Anna	FR	Winona State	4:47.89q
12 Kaiser, Amanda	SR	Winona State	4:48.29q
13 Fox, Kate	FR	U Mary	4:49.78
14 Sakry, Rachel	SR	St Cloud St	4:51.93
15 Kastigar, Hannah	SO	Northern Sta	4:53.84
16 Weyenberg, Carisa	FR	Minnesota St	4:54.39
17 Platt, Brittany	SR	Minnesota-Du	4:56.04
18 Jansky, Kayla	FR	SW Minnesota	4:57.92
19 Serratore, Megan	SO	Minnesota St	4:59.33
20 Hauer, Maria	JR	St Cloud St	5:02.60
21 Kunz, Laura	SR	Sioux Falls	5:03.20
22 Lofgren, Chrissy	FR	St Cloud St	5:04.37
23 Weber, Kristen	SO	SW Minnesota	5:09.31
24 Bauer, Carly	SR	Augustana (S)	5:10.01
25 Carper, McKenzie	JR	Winona State	5:11.94

## Women 1500 Meter Run

NSIC Record: 4:21.48 R 5/13/2017 Emilee Trost

Auto: 4:23.50 A

Provo: 4:34.00 P

Name	Yr	School	Finals
<b>Finals</b>			
1 Trost, Emilee	SO	Minnesota-Du	4:21.48R 10

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Finals ... (Women 1500 Meter Run)

Name	Yr	School	Finals
2 Erickson, Bree	FR	U Mary	4:33.69P 8
3 Anderson, Emma	SR	Augustana (S	4:34.54 6
4 Montonye, Molly	SR	Msu-Moorhead	4:37.68 5
5 Staffen, Nikki	FR	Winona State	4:40.80 4
6 Soli, Cassidy	JR	Augustana (S	4:41.33 3
7 Allen, Megan	JR	Minnesota St	4:41.48 2
8 Warrick-Jones, Jana	JR	Minot State	4:44.30 1
9 Berg, Maria	FR	Minnesota-Du	4:45.82
10 Kaiser, Amanda	SR	Winona State	4:49.93
11 Rogahn, Anna	FR	Winona State	4:52.13
12 Baker, Erin	JR	Minnesota St	4:53.13

Women 5000 Meter Run

NSIC Record: 16:47.56 R 2015 Leah Seivert  
Auto: 16:25.35 A  
Provo: 17:21.38 P

Name	Yr	School	Finals
<b>Finals</b>			
1 Zeis, Alexis	JR	U Mary	16:59.93P 10
2 Bullen, Dakotah	SR	Northern Sta	17:14.53P 8
3 Sunstrom, Sam	SR	St Cloud St	17:27.26 6
4 Kelly, Mackenzie	SO	Augustana (S	17:45.07 5
5 Moore, Abigail	SO	Minnesota-Du	17:59.11 4
6 Stewart, Kaycie	JR	U Mary	18:15.62 3
7 Montonye, Molly	SR	Msu-Moorhead	18:19.49 2
8 Wolter, Emily	SO	U Mary	18:23.91 1
9 Paul, Lily	SO	Minnesota St	18:33.73
10 Sistrunk, Kathryn	FR	Msu-Moorhead	18:36.70
11 Weyenberg, Carisa	FR	Minnesota St	18:38.29
12 Lewis, Hannah	JR	Winona State	18:57.89
13 Westlake, Emily	JR	Minot State	19:03.38
14 Soli, Cassidy	JR	Augustana (S	19:05.23
15 Braaten, Josie	SO	Minnesota St	19:29.91
16 Rairdon, Rebekah	FR	Augustana (S	19:35.71
17 Anger, Olivia	FR	Winona State	19:57.12
18 Lofgren, Chrissy	FR	St Cloud St	19:58.55
19 Lauer, Jaylynn	FR	Minnesota St	19:59.42
20 Lindfors, Jackie	SO	Concordia-St	19:59.74
21 Alberston, Patience	JR	Minot State	20:13.52
22 Smith, Chandra	SR	Upper Iowa	20:21.45
23 Leapaltdt, Madison	FR	Northern Sta	20:37.12
24 Spatenka, Erin	SR	Concordia-St	20:38.80
25 Bennett, Tasha	FR	Concordia-St	21:51.27
--- Baker, Erin	JR	Minnesota St	DNF
--- Holt, Mckenzie	SO	St Cloud St	DNS

Women 10000 Meter Run

NSIC Record: 34:55.57 R 2015 Leah Seivert  
Auto: 34:33.97 A  
Provo: 36:56.20 P

Name	Yr	School	Finals
<b>Finals</b>			
1 Zeis, Alexis	JR	U Mary	35:08.30P 10

2 Bullen, Dakotah	SR	Northern Sta	35:21.48P 8
3 Sunstrom, Sam	SR	St Cloud St	35:30.99P 6
4 Kelly, Mackenzie	SO	Augustana (S	37:42.80 5
5 Paul, Lily	SO	Minnesota St	38:49.51 4
6 Sistrunk, Kathryn	FR	Msu-Moorhead	39:01.30 3
7 Lewis, Hannah	JR	Winona State	39:30.56 2
8 Drenckhahn, Melissa	FR	Minnesota-Du	39:56.80 1
9 Hein, Kiana	JR	Sioux Falls	40:10.90
10 Hujik, Heidi	SR	Winona State	40:25.72
11 Braaten, Josie	SO	Minnesota St	40:33.19
12 Schwartz, Tenley	JR	Sioux Falls	41:04.66
13 Tyrrell, Emily	SO	Winona State	41:33.54
14 Leapaltdt, Madison	FR	Northern Sta	41:41.89
15 Holt, Mckenzie	SO	St Cloud St	41:48.27
16 Kopplow, Jordin	SR	Sioux Falls	41:52.59
17 Lindberg, Ruth	SO	Concordia-St	42:30.89

Women 100 Meter Hurdles

NSIC Record: 13.42 R 5/12/2017 Tonie Pandohie  
Auto: 13.30 A  
Provo: 14.30 P

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Pandohie, Tonie	JR	U Mary	R 13.42Q1.4
2 Williams, Altoniece	SR	Minnesota St	P 13.76Q2.0
3 Bolibruch, Maria	SO	U Mary	P 13.87Q0.1
4 Oosterwegel, Hanneke	SO	Northern Sta	P 13.99Q2.0
5 Montez Brown, Olivia	SO	Augustana (S	P 14.13Q0.1
6 Almarcha, Irene	JR	Augustana (S	14.32Q1.4
7 Hackel, Carolyn	FR	Minnesota St	14.33q0.1
8 Jansen, Caroline	JR	Msu-Moorhead	14.42q2.0
9 Kesseh, Erica	JR	Minnesota-Du	14.45 1.4
10 Moos, Valerie	JR	Augustana (S	14.57 2.0
11 Burney, Kalle	JR	Concordia-St	14.65 1.4
12 Fixsen, Olivia	JR	Winona State	14.72 0.1
13 Wong, Kellie	JR	Minnesota St	15.07 2.0
14 Johnson, Jocelyn	FR	St Cloud St	15.38 2.0
15 Letsinger, Amanda	SR	Winona State	15.60 0.1
16 Davis, Keenan	JR	Minnesota St	15.67 1.4
17 McNeel, Samantha	SR	SW Minnesota	15.68 0.1
18 Schneider, Nicole	FR	Minnesota-Du	19.53 1.4

Women 100 Meter Hurdles

NSIC Record: 13.42 R 5/12/2017 Tonie Pandohie  
Auto: 13.30 A  
Provo: 14.30 P

Name	Yr	School	Finals
<b>Finals</b>			
1 Bolibruch, Maria	SO	U Mary	13.58P 10
2 Pandohie, Tonie	JR	U Mary	13.71P 8
3 Oosterwegel, Hanneke	SO	Northern Sta	14.01P 6
4 Hackel, Carolyn	FR	Minnesota St	14.01P 5
5 Montez Brown, Olivia	SO	Augustana (S	14.16P 4
6 Almarcha, Irene	JR	Augustana (S	14.22P 3
7 Jansen, Caroline	JR	Msu-Moorhead	14.43 2

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**Finals ... (Women 100 Meter Hurdles)**

Name	Yr	School	Finals
--- Williams, Altoniece	SR	Minnesota St	DQ 1.0

**Women 400 Meter Hurdles**  
 NSIC Record: 58.83 R 5/13/2017 Hanneke Oosterwegel  
 Auto: 58.95 A  
 Provo: 1:02.40 P

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Oosterwegel, Hanneke	SO	Northern Sta	P 1:00.28Q
2 Hammerschmidt, Julia	SO	U Mary	P 1:00.77Q
3 Moos, Valerie	JR	Augustana (S	1:02.65Q
4 Glover, Taylor	SR	Minnesota St	1:02.86Q
5 Simonson, Sophie	JR	Minnesota St	1:03.03q
6 Schneiss, Kari	SO	Winona State	1:03.67q
7 Storm, Summer	FR	Msu-Moorhead	1:04.12q
8 Young, Erica	SR	Concordia-St	1:04.82q
9 McNeel, Samantha	SR	SW Minnesota	1:04.91
10 Fixsen, Olivia	JR	Winona State	1:05.92
11 Rothschadl, Morgan	FR	Augustana (S	1:06.07
12 Benson, Christa	SO	Bemidji Stat	1:06.20
13 Brown, Bridget	FR	St Cloud St	1:06.43
14 Dieringer, Jessika	SO	Minnesota St	1:07.13
15 Koch, Taylor	FR	Augustana (S	1:07.67
16 Wanie, Amanda	FR	Winona State	1:08.49
17 Norman, Teghan	FR	Concordia-St	1:08.52
18 Solano, Ashley	SO	Augustana (S	1:08.53
19 Elford, Karina	JR	Winona State	1:09.11
20 Schneider, Nicole	FR	Minnesota-Du	1:09.23
21 Moss, Desirae	FR	Winona State	1:11.38
22 Brady, Ashley	FR	Upper Iowa	1:15.66

**Women 400 Meter Hurdles**  
 NSIC Record: 58.83 R 5/13/2017 Hanneke Oosterwegel  
 Auto: 58.95 A  
 Provo: 1:02.40 P

Name	Yr	School	Finals
<b>Finals</b>			
1 Oosterwegel, Hanneke	SO	Northern Sta	58.83R 10
2 Moos, Valerie	JR	Augustana (S	59.27P 8
3 Hammerschmidt, Julia	SO	U Mary	1:00.95P 6
4 Glover, Taylor	SR	Minnesota St	1:02.12P 5
5 Simonson, Sophie	JR	Minnesota St	1:03.40 4
6 Schneiss, Kari	SO	Winona State	1:03.42 3
7 Storm, Summer	FR	Msu-Moorhead	1:05.52 2
8 Young, Erica	SR	Concordia-St	1:08.69 1

**Women 3000 Meter Steeplechase**  
 NSIC Record: 10:05.02 R 5/13/2017 Breanna Colbenson  
 Auto: 10:21.33 A  
 Provo: 11:05.00 P

Name	Yr	School	Finals
<b>Finals</b>			
1 Colbenson, Breanna	SR	Minnesota-Du	10:05.02R 10

2 Hansen, Raissa	SO	Winona State	10:59.41P 8
3 Hafdahl, Emma	JR	U Mary	11:08.08 6
4 Seidenkranz, Amber	JR	Minnesota-Du	11:13.20 5
5 Larson, Paige	SO	Northern Sta	11:19.90 4
6 Rairdon, Rebekah	FR	Augustana (S	11:20.94 3
7 Hottovy, Courtney	SO	Augustana (S	11:33.49 2
8 Rairdon, Rachel	FR	Augustana (S	11:37.41 1
9 Carlson, Marissa	SO	Msu-Moorhead	11:42.37
10 Fortier, McKenzie	JR	Winona State	11:42.57
11 Borowski, Meghan	SO	Minnesota-Du	11:49.32
12 Goertzen, Becca	SO	Sioux Falls	11:49.59
13 Stuart, Megan	SO	Minnesota-Du	12:00.69
14 Gast, Lindsey	JR	Northern Sta	12:02.55
15 Belford, Montana	FR	Sioux Falls	12:02.57
16 Richard, Caitlan	SR	Minnesota-Du	12:08.35
17 Shurbert-Hetzel, Autum	FR	St Cloud St	12:12.37
18 Carr, Lydia	FR	Concordia-St	12:19.00
19 Huether, Samantha	SR	Minot State	12:20.18
20 Matti, Zia	JR	St Cloud St	12:48.56
21 Weber, Alyssa	SO	Upper Iowa	12:55.42

**Women 4x100 Meter Relay**  
 NSIC Record: 46.10 R 5/13/2017 Winona State  
 T Juresh, T Tucker, B Schyvinck, M Seidl  
 Auto: 45.36 A  
 Provo: 47.00 P

Team	Relay	Finals
<b>Finals</b>		
1 Winona State	A	46.10R 10
1) Juresh, Taylor FR	2) Tucker, Tamika SO	
3) Schyvinck, Brittany JR	4) Seidl, Megan SR	
2 Minnesota State	A	46.12P 8
1) Santos, Autumn FR	2) Puckett, Brianna JR	
3) Adah, Afure SO	4) Gregory, Karlona JR	
3 University of Mary	A	46.57P 6
1) Bolibruch, Maria SO	2) Hammerschmidt, Julia SO	
3) Pandohie, Tonie JR	4) Davis, Tanesha FR	
4 Northern State	A	47.44 5
1) Raecke, Elizabeth SR	2) Ingram, Toni-Ann JR	
3) Barnes, Madison FR	4) Oosterwegel, Hanneke SO	
5 Concordia-StPaul	A	47.67 4
1) Williams, Gloria SR	2) Shady, Erika JR	
3) Ighovojah, Wakpor JR	4) Burney, Kalle JR	
6 Augustana (Sd)	A	47.71 3
1) Klapperich, Alaina SO	2) Hofmeister, Carina SR	
3) Almarcha, Irene JR	4) Dowling, Cortney FR	
7 Msu-Moorhead	A	47.81 2
1) Johnson, Ki'Arah SO	2) Robinson, Judith JR	
3) Vaudrin, Mady JR	4) Jansen, Caroline JR	
8 Minnesota-Duluth	A	48.10 1
1) Kesseh, Erica JR	2) Kotajarvi, Lauren SR	
3) Rivard, Savannah FR	4) Stalboerger, Allie SO	
9 Sioux Falls	A	48.96
1) Troesch, Sarah FR	2) Justin, Jessica JR	
3) Rauh, Maggie JR	4) Carr, Jada JR	

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University of Concordia-St. Paul  
Seafoam Stadium

Results

Finals ... (Women 4x100 Meter Relay)

Team	Relay	Finals
10 St Cloud State	A	50.12
1) Shank, Hanna FR	2) Wendt, Kristen SR	
3) Bremseth, Angela FR	4) Brazerol, Bailee FR	
11 Bemidji State	A	52.01
1) Morgenstern, Marissa JR	2) Coleman, Alexandria SR	
3) Petron, Kristen FR	4) Benson, Christa SO	
12 Upper Iowa	A	52.39
1) Pickett, Cami SO	2) Soeken, Makenzie SO	
3) Mohs, Gabbie SO	4) Hill, Breyanna SO	

Women 4x400 Meter Relay

NSIC Record: 3:41.18 R 5/13/2017 University of Mary

Hammerschmidt, Richards, Rodriguez, Pandohie

Auto: 3:40.96 A

Provo: 3:48.72 P

Team	Relay	Finals
1 University of Mary	A	3:41.18R 10
1) Hammerschmidt, Julia SO	2) Richards, Nelecia FR	
3) Rodriguez, Melanie SR	4) Brown, Nicolyn SO	
2 Augustana (Sd)	A	3:45.31P 8
1) Moos, Valerie JR	2) Almarcha, Irene JR	
3) Hofmeister, Carina SR	4) Dowling, Cortney FR	
3 Minnesota State	A	3:47.23P 6
1) Wreh, Kimmy JR	2) Malone, Crystal SO	
3) Kjos, Amelia JR	4) Glover, Taylor SR	
4 Msu-Moorhead	A	3:52.20 5
1) Robinson, Judith JR	2) Harner, Iveta JR	
3) Storm, Summer FR	4) Mears, Alissa SR	
5 Minnesota-Duluth	A	3:52.92 4
1) Stalboerger, Allie SO	2) Kyes, Elizabeth FR	
3) Du Bois, Paige FR	4) Trost, Emilee SO	
6 Winona State	A	3:53.87 3
1) Schyvinck, Brittany JR	2) Patterson, Johnna FR	
3) Hutchison, Alexandra FR	4) Seidl, Megan SR	
7 Northern State	A	3:54.07 2
1) Barnes, Madison FR	2) Raecke, Elizabeth SR	
3) Wynn, Molly SR	4) Oosterwegel, Hanneke SO	
8 Concordia-StPaul	A	3:54.69 1
1) Burney, Kalle JR	2) Shady, Erika JR	
3) Kunshier, Maddy SO	4) Young, Erica SR	
9 St Cloud State	A	3:56.22
1) Shank, Hanna FR	2) Glover, Kaylee FR	
3) Wendt, Kristen SR	4) Grant, Jasmine SR	
10 SW Minnesota St.	A	4:03.41
1) Atwood, Nikki JR	2) Mayfield, Sarah SR	
3) Jansky, Kayla FR	4) Shabino, Kim JR	
11 Bemidji State	A	4:08.00
1) Benson, Christa SO	2) Kealy, Madison SR	
3) Petron, Kristen FR	4) Coleman, Alexandria SR	
12 Sioux Falls	A	4:09.32
1) Justin, Jessica JR	2) Koth, Kara JR	
3) Troescher, Sarah FR	4) Zylstra, Justine SO	

13 Wayne St. (Neb.)	A	4:10.68
1) Alderson, Mary SR	2) Kroll, Melissa SR	
3) Poell, Shelby FR	4) Peitz, Josephine FR	
--- Minot State	A	DNS
1) Pedersen, Shae FR	2) Warrick-Jones, Jana JR	
3) Westlake, Emily JR	4) Huether, Samantha SR	

Women High Jump

NSIC Record: 1.76m R 2011 Andrea Whitney

Auto: 1.77m A

Provo: 1.68m P

Name	Yr	School	Finals
<b>Finals</b>			
1 Kaufmann, Kelsey	SR	Augustana (S	1.74mP 10
2 Hollingsworth, Khadiya	SO	Minnesota St	1.71mP 8
3 Ziolkowski, Brianna	SR	Minnesota St	1.66m 6
4 Montez Brown, Olivia	SO	Augustana (S	1.66m 5
5 Schumacher, Rachel	FR	Minnesota St	1.61m 3.5
5 Burney, Kalle	JR	Concordia-St	1.61m 3.5
7 Reinke, Haley	SR	Winona State	1.61m 2
8 Johnson, Jocelyn	FR	St Cloud St	1.61m 1
9 Jansen, Caroline	JR	Msu-Moorhead	1.61m
10 Campbell, Christine	SR	Augustana (S	1.61m
11 Schaefer, Amanda	JR	Winona State	1.61m
11 Hart, Dominique	FR	Minnesota-Du	1.61m
13 Soeken, Makenzie	SO	Upper Iowa	1.56m
13 Hesse, Michaela	SO	Minnesota-Du	1.56m
15 Feilen, Gretchen	JR	Concordia-St	1.56m
15 Fixsen, Olivia	JR	Winona State	1.56m
17 Jungwirth, Abby	FR	St Cloud St	1.56m
18 Alaman, Sonia	FR	Northern Sta	1.56m
19 Collins, Alex	SO	Minnesota-Du	1.51m
19 Hackel, Carolyn	FR	Minnesota St	1.51m
21 Kramer, Marianna	JR	Concordia-St	1.51m
21 Voehl, Faith	JR	Sioux Falls	1.51m
21 Phipps, Miranda	FR	Sioux Falls	1.51m
--- Poell, Shelby	FR	Wayne St. (N	NH

Women Pole Vault

NSIC Record: 4.08m R 5/13/2016 Courtney Crandall

Auto: 4.00m A

Provo: 3.61m P

Name	Yr	School	Finals
<b>Finals</b>			
1 Wirkus, Faryn	SR	Minnesota St	3.79mP 10
2 Muller, Megan	SR	Sioux Falls	3.64mP 8
3 Linder, Hannah	SR	Sioux Falls	3.64mP 6
4 Siekman, Sydney	FR	Sioux Falls	3.49m 5
5 Spitz, Josie	FR	Sioux Falls	3.34m 4
6 Neveau, Erin	FR	Minnesota St	3.34m 2.5
6 Kramer, Marianna	JR	Concordia-St	3.34m 2.5
8 Muller, Amy	FR	Sioux Falls	3.34m 0.5
8 Luke, Kaycee	SR	U Mary	3.34m 0.5
10 LeBlanc, Rachelle	JR	Minnesota-Du	3.34m
11 Feilen, Gretchen	JR	Concordia-St	3.19m

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**Finals ... (Women Pole Vault)**

Name	Yr	School	Finals
11 Norman, Teghan	FR	Concordia-St	3.19m
13 Noble, Lily	SO	Augustana (S	3.19m
14 Baker, Cassidy	SO	Minnesota-Du	3.19m
15 Schmidt, Brenna	SO	Sioux Falls	3.04m
15 Voss, Tessa	SO	Minnesota St	3.04m
17 Ellertson, Jenna	FR	Msu-Moorhead	3.04m

**Women Long Jump**

NSIC Record: **6.31m R 1985** Julie Hay

Auto: **6.15m A**

Provo: **5.76m P**

Name	Yr	School	Finals
<b>Finals</b>			
1 Puckett, Brianna	JR	Minnesota St	5.96mP 10
2 Jansen, Caroline	JR	Msu-Moorhead	5.90mP 8
3 Montez Brown, Olivia	SO	Augustana (S	5.84mP 6
4 Yalartai, Patience	SR	St Cloud St	5.79mP 5
5 Coleman, Alexandria	SR	Bemidji Stat	5.69m 4
6 Carr, Jada	JR	Sioux Falls	5.60m 3
7 Pastian, Kylie	SO	U Mary	5.60m 2
8 Juresh, Taylor	FR	Winona State	5.55m 1
9 Hackel, Carolyn	FR	Minnesota St	5.51m 1.9
10 Deschaine, Hailey	SR	Winona State	5.50m 1.7
11 Tucker, Tamika	SO	Winona State	5.48m 1.3
12 Burney, Kalle	JR	Concordia-St	5.44m +0.0
13 Brunner, Elizabeth	SO	Minnesota-Du	5.39m 1.7
14 Gordon, Jamilee	SR	U Mary	5.38m +0.0
15 Reinke, Haley	SR	Winona State	5.33m 1.2
16 Schaefer, Amanda	JR	Winona State	5.27m 1.3
17 Ziolkowski, Brianna	SR	Minnesota St	5.25m +0.0
18 Sprain, Ashley	FR	Winona State	5.22m 1.9
19 Hawkinson, Katie	JR	Minnesota-Du	5.12m +0.0
20 Westerman, Sarah	FR	Augustana (S	5.08m 2.5
21 Paul, Clara	FR	Sioux Falls	5.06m 1.3
22 Rauh, Maggie	JR	Sioux Falls	4.97m 1.4
23 Strasser, Mahli	FR	Sioux Falls	4.90m 0.2
24 Nebo, Alyssa	SO	Minnesota-Du	4.70m 1.8
--- Pedersen, Shae	FR	Minot State	FOUL
--- Reiner, Bailey	JR	Msu-Moorhead	SCR NWI

**Women Triple Jump**

NSIC Record: **12.61m R 2015** Danylle Kurywachak

Auto: **12.70m A**

Provo: **11.75m P**

Name	Yr	School	Finals
<b>Finals</b>			
1 Gordon, Jamilee	SR	U Mary	12.20mP 10
2 Yalartai, Patience	SR	St Cloud St	12.15mP 8
3 Brunner, Elizabeth	SO	Minnesota-Du	11.93mP 6
4 Jansen, Caroline	JR	Msu-Moorhead	11.74m 5
5 Pastian, Kylie	SO	U Mary	11.65m 4
6 Jungwirth, Abby	FR	St Cloud St	11.57m 3
7 Stoller, Coley	JR	Augustana (S	11.32m 2

8 Coleman, Alexandria	SR	Bemidji Stat	11.32m 1
9 Tucker, Tamika	SO	Winona State	11.31m +0.0
10 Justin, Jessica	JR	Sioux Falls	11.30m 0.9
11 Montez Brown, Olivia	SO	Augustana (S	11.29m 1.8
12 Hawkinson, Katie	JR	Minnesota-Du	11.24m +0.0
13 Carr, Jada	JR	Sioux Falls	11.11m +0.0
14 Zylstra, Justine	SO	Sioux Falls	11.09m 2.0
15 Paul, Clara	FR	Sioux Falls	10.99m 2.3
16 Schumacher, Rachel	FR	Minnesota St	10.99m 1.8
17 Noelle, Riana	FR	Wayne St. (N	10.75m -0.8
18 Kurtti, Nicole	FR	Msu-Moorhead	10.73m 0.8
19 Schaefer, Amanda	JR	Winona State	10.62m +0.0
20 Calkins, Allison	JR	Minnesota St	10.48m -0.3
21 Alaman, Sonia	FR	Northern Sta	10.47m 2.0
22 Widmer-Reed, Randii	JR	Minot State	10.41m 0.5
23 Koth, Kara	JR	Sioux Falls	10.37m 0.8
24 Rothschild, Morgan	FR	Augustana (S	10.29m 1.3
25 Franklin, Hailey	SO	Minnesota-Du	9.96m 1.9
26 Kappes, Shania	JR	Upper Iowa	9.48m 1.6
--- Reinke, Haley	SR	Winona State	FOUL
--- Steffenson, Mia	FR	Msu-Moorhead	FOUL

**Women Shot Put**

NSIC Record: **16.47m R 2015** Sara Wells

Auto: **15.73m A**

Provo: **13.53m P**

Name	Yr	School	Finals
<b>Finals</b>			
1 Dendinger, Michaela	JR	Wayne St. (N	16.41mA 10
2 Buckler, Heather	SO	Winona State	14.48mP 8
3 Taylor, Katie	FR	Winona State	14.45mP 6
4 Long, Kaitlyn	JR	Winona State	13.55mP 5
5 Perron, Brea	FR	Winona State	13.46m 4
6 Jones, Tia	FR	Wayne St. (N	13.35m 3
7 Van Veldhuizen, Izzy	FR	Augustana (S	13.19m 2
8 Gustafson, Hannah	FR	Concordia-St	13.18m 1
9 Grunder, Brinn	SO	Upper Iowa	13.14m
10 Olson, Savanah	FR	Bemidji Stat	12.77m
11 Waletzko, Emily	SO	Msu-Moorhead	12.30m
12 Thooft, Ashley	SR	Winona State	12.29m
13 Meyer, Destiny	FR	Msu-Moorhead	12.27m
14 Miller, Shelby	SO	Winona State	12.07m
15 Rutz, Lindsay	JR	Winona State	12.06m
16 Knutson, Sarah	JR	Minnesota St	11.78m
17 Fockler, Haley	FR	Sioux Falls	11.75m
18 Nelson, Meghan	SO	SW Minnesota	11.59m
19 McNamee, Jaimie	FR	Sioux Falls	11.35m
20 Schulz, Autumn	SR	Northern Sta	11.06m
21 Wood, Michaela	FR	Minnesota-Du	10.88m
22 Werner, McKenzie	FR	Northern Sta	10.81m
23 Erickson, Bailey	JR	Msu-Moorhead	10.71m
24 Kneeland, Nicolette	FR	Northern Sta	10.66m
25 Ighovojah, Wakpor	JR	Concordia-St	10.61m
26 Igboh, Bariture	SO	Minnesota-Du	10.53m
27 Baker, Cassidy	SO	Minnesota-Du	10.25m

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Results

Finals ... (Women Shot Put)

Name	Yr	School	Finals
28 Frison, Kaylyn	FR	U Mary	9.90m
--- Ostrem, Ashley	SR	Sioux Falls	FOUL

Women Discus Throw

NSIC Record: 53.92m R 2015 Alissa Rausch

Auto: 49.90m A

Provo: 44.90m P

Name	Yr	School	Finals
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Finals

1 Dendinger, Michaela	JR	Wayne St. (N)	48.07mP	10
2 Buckler, Heather	SO	Winona State	46.69mP	8
3 Taylor, Katie	FR	Winona State	45.04mP	6
4 Himes, Caitlin	SO	Upper Iowa	42.78m	5
5 O'Connor, Kacie	JR	Wayne St. (N)	42.31m	4
6 Buechel, Dominique	FR	St Cloud St	42.17m	3
7 Thooft, Ashley	SR	Winona State	41.52m	2
8 Edelen, Emma	SR	Minnesota St	41.29m	1
9 McNamee, Jaimie	FR	Sioux Falls	40.31m	
10 Ripke, Anna	SO	Concordia-St	39.89m	
11 Jensen, Kaylee	FR	Winona State	39.67m	
12 Baklund, Genavieve	FR	Bemidji Stat	39.66m	
13 Bramble, Erin	JR	Winona State	39.60m	
14 DuHoux, Holly	SO	SW Minnesota	38.54m	
15 Ostrem, Ashley	SR	Sioux Falls	38.22m	
16 Erickson, Bailey	JR	Msu-Moorhead	38.09m	
17 Van Veldhuizen, Izzy	FR	Augustana (S)	36.71m	
18 Olson, Savannah	FR	Bemidji Stat	35.82m	
19 Gustafson, Hannah	FR	Concordia-St	35.69m	
20 Perron, Brea	FR	Winona State	33.82m	
21 Frison, Kaylyn	FR	U Mary	33.63m	
22 Werner, McKenzie	FR	Northern Sta	32.68m	
23 Knapp, Abby	FR	Msu-Moorhead	32.49m	
24 Prokosch, Angela	JR	SW Minnesota	31.94m	
25 Tobeck, Samara	SO	Bemidji Stat	31.37m	
26 Christianson, Kaitlyn	SO	Bemidji Stat	31.04m	
27 Hall, Sydney	SO	Minot State	30.90m	
28 Grube, Regan	SO	Bemidji Stat	30.73m	
29 McNallan, Rissi	FR	Minnesota St	30.37m	

Women Hammer Throw

NSIC Record: 63.54m R 5/12/2017 Michaela Dendinger

Auto: 59.05m A

Provo: 52.00m P

Name	Yr	School	Finals
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Finals

1 Dendinger, Michaela	JR	Wayne St. (N)	63.54mR	10
2 Perkins, Erin	SO	Winona State	55.51mP	8
3 Nelson, Nicole	SR	Winona State	54.92mP	6
4 Long, Kaitlyn	JR	Winona State	51.11m	5
5 Schulz, Autumn	SR	Northern Sta	50.24m	4
6 Mellegard, Katrina	SR	Msu-Moorhead	48.79m	3
7 Waletzko, Emily	SO	Msu-Moorhead	48.21m	2
8 Rutz, Lindsay	JR	Winona State	48.17m	1

9 Bramble, Erin	JR	Winona State	48.05m	
10 Wockenfuss, Amy	SR	Northern Sta	45.86m	
11 Lindell, Mikayla	SO	Winona State	45.57m	
12 Jensen, Kaylee	FR	Winona State	45.51m	
13 Miller, Shelby	SO	Winona State	45.14m	
14 Prokosch, Angela	JR	SW Minnesota	45.06m	
15 Knutson, Sarah	JR	Minnesota St	44.69m	
16 Buck, Rachel	JR	Minnesota-Du	44.65m	
17 Edelen, Emma	SR	Minnesota St	44.02m	
18 Buechel, Dominique	FR	St Cloud St	43.45m	
19 Sedlack, Mackenzie	SO	Minnesota-Du	43.22m	
20 Tobeck, Samara	SO	Bemidji Stat	43.13m	
21 Jones, Tia	FR	Wayne St. (N)	42.61m	
22 Fockler, Haley	FR	Sioux Falls	42.35m	
23 Baklund, Genavieve	FR	Bemidji Stat	42.28m	
24 Ives, Tessa	JR	Wayne St. (N)	42.22m	
25 Waletzko, Stephanie	SR	St Cloud St	42.13m	
26 Ryan, Courtney	SR	Minnesota-Du	41.63m	
27 Kneeland, Nicolette	FR	Northern Sta	41.18m	
28 Sears, Rhiannon	JR	SW Minnesota	40.95m	
29 Burke, Kes	SO	Wayne St. (N)	40.84m	
30 Perron, Brea	FR	Winona State	40.32m	
31 Hall, Sydney	SO	Minot State	40.22m	
32 McNamee, Jaimie	FR	Sioux Falls	39.95m	
33 Frison, Kaylyn	FR	U Mary	37.69m	
--- Grube, Regan	SO	Bemidji Stat	FOUL	
--- Igboh, Bariture	SO	Minnesota-Du	FOUL	

Women Javelin Throw

NSIC Record: 46.74m R 1982 Kelly Owen

Auto: 48.50m A

Provo: 40.37m P

Name	Yr	School	Finals
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Finals

1 Schlecht, Michaela	SR	Northern Sta	37.65m	10
2 Bridgewater, Trevez	SR	Northern Sta	36.94m	8
3 Phipps, Miranda	FR	Sioux Falls	36.47m	6
4 Weiss, Dallas	FR	Minnesota St	36.16m	5
5 Bramble, Erin	JR	Winona State	36.08m	4
6 Baker, Cassidy	SO	Minnesota-Du	35.54m	3
7 Stephenson, Sola	JR	Minnesota St	35.17m	2
8 Holzheimer, Katie	SR	Msu-Moorhead	34.07m	1
9 Klug, Lindsey	JR	St Cloud St	33.83m	
10 Burke, Paige	SO	Minnesota-Du	33.33m	
11 Schmidt, Alexandria	JR	Winona State	32.09m	
12 Ostrem, Ashley	SR	Sioux Falls	31.95m	
13 Storm, Summer	FR	Msu-Moorhead	31.61m	
14 Juresh, Taylor	FR	Winona State	31.44m	
15 Dieringer, Jessika	SO	Minnesota St	30.92m	
16 Rutz, Lindsay	JR	Winona State	29.96m	
17 Young, Erica	SR	Concordia-St	29.88m	
18 Brunner, Elizabeth	SO	Minnesota-Du	28.57m	
19 Thune, Mary Pat	SO	Minnesota-Du	28.41m	
20 Poell, Shelby	FR	Wayne St. (N)	28.00m	
21 Perron, Brea	FR	Winona State	27.91m	



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## Results

## Finals ... (Women Javelin Throw)

Name	Yr	School	Finals
22 Kontaxis, Taylor	SR	Northern Sta	26.06m
23 Pickett, Cami	SO	Upper Iowa	25.33m
24 Mohs, Gabbie	SO	Upper Iowa	18.35m
--- Vaudrin, Mady	JR	Msu-Moorhead	FOUL
--- Werner, McKenzie	FR	Northern Sta	FOUL

## Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Coleman, Alexandria	SR	Bemidji Stat	25.44 847
2 Jansen, Caroline	FR	Msu-Moorhead	25.52 840
3 Burney, Kalle	JR	Concordia-St	25.68 825
4 Hackel, Carolyn	FR	Minnesota St	25.85 810
5 Montez Brown, Olivia	SO	Augustana (S	25.88 808
6 Ighovojah, Wakpor	JR	Concordia-St	26.24 776
7 Fixsen, Olivia	SO	Winona State	26.28 773
8 Soeken, Makenzie	SO	Upper Iowa	26.61 745
9 Young, Erica	SR	Concordia-St	27.54 668
10 Reinke, Haley	SR	Winona State	27.94 636
11 Weiss, Dallas	FR	Minnesota St	28.08 625
12 Barella, Melissa	SR	Augustana (S	28.32 606
13 Stephenson, Sola	JR	Minnesota St	28.38 601

## Heptathlon: #7 Women 800 Meter Dash Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Burney, Kalle	JR	Concordia-St	2:22.16 794
2 Montez Brown, Olivia	SO	Augustana (S	2:24.43 764
3 Jansen, Caroline	FR	Msu-Moorhead	2:27.96 719
4 Ighovojah, Wakpor	JR	Concordia-St	2:28.68 710
5 Fixsen, Olivia	SO	Winona State	2:30.43 687
6 Soeken, Makenzie	SO	Upper Iowa	2:32.03 668
7 Barella, Melissa	SR	Augustana (S	2:34.41 639
8 Coleman, Alexandria	SR	Bemidji Stat	2:37.57 601
9 Young, Erica	SR	Concordia-St	2:39.11 583
10 Stephenson, Sola	JR	Minnesota St	2:40.72 565
11 Hackel, Carolyn	FR	Minnesota St	2:41.13 560
12 Weiss, Dallas	FR	Minnesota St	2:48.72 477
13 Reinke, Haley	SR	Winona State	2:49.71 467

## Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Hackel, Carolyn	FR	Minnesota St	14.36 928
2 Burney, Kalle	JR	Concordia-St	14.59 897
3 Montez Brown, Olivia	SO	Augustana (S	14.61 894
4 Jansen, Caroline	FR	Msu-Moorhead	14.62 892
5 Fixsen, Olivia	SO	Winona State	14.93 851
6 Young, Erica	SR	Concordia-St	15.38 792
7 Ighovojah, Wakpor	JR	Concordia-St	15.40 790
8 Coleman, Alexandria	SR	Bemidji Stat	15.43 786
9 Weiss, Dallas	FR	Minnesota St	15.48 779
10 Reinke, Haley	SR	Winona State	16.20 690

11 Barella, Melissa	SR	Augustana (S	16.98	599
12 Stephenson, Sola	JR	Minnesota St	17.40	552
13 Soeken, Makenzie	SO	Upper Iowa	19.23	369

## Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Burney, Kalle	JR	Concordia-St	1.64m 783
1 Fixsen, Olivia	SO	Winona State	1.64m 783
1 Montez Brown, Olivia	SO	Augustana (S	1.64m 783
4 Soeken, Makenzie	SO	Upper Iowa	1.61m 747
4 Jansen, Caroline	FR	Msu-Moorhead	1.61m 747
6 Reinke, Haley	SR	Winona State	1.55m 678
6 Ighovojah, Wakpor	JR	Concordia-St	1.55m 678
6 Hackel, Carolyn	FR	Minnesota St	1.55m 678
9 Coleman, Alexandria	SR	Bemidji Stat	1.52m 644
10 Barella, Melissa	SR	Augustana (S	1.49m 610
11 Stephenson, Sola	JR	Minnesota St	1.46m 577
12 Weiss, Dallas	FR	Minnesota St	1.43m 544
13 Young, Erica	SR	Concordia-St	1.34m 449

## Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Montez Brown, Olivia	SO	Augustana (S	5.77m 780
2 Jansen, Caroline	FR	Msu-Moorhead	5.58m 723
3 Burney, Kalle	JR	Concordia-St	5.46m 688
4 Hackel, Carolyn	FR	Minnesota St	5.29m 640
4 Coleman, Alexandria	SR	Bemidji Stat	5.29m 640
6 Reinke, Haley	SR	Winona State	5.23m 623
7 Ighovojah, Wakpor	JR	Concordia-St	5.09m 584
8 Fixsen, Olivia	SO	Winona State	5.03m 567
9 Young, Erica	SR	Concordia-St	4.84m 516
10 Soeken, Makenzie	SO	Upper Iowa	4.76m 495
11 Stephenson, Sola	JR	Minnesota St	4.71m 482
12 Weiss, Dallas	FR	Minnesota St	4.68m 474
13 Barella, Melissa	SR	Augustana (S	4.57m 446

## Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Ighovojah, Wakpor	JR	Concordia-St	11.34m 618
2 Weiss, Dallas	FR	Minnesota St	11.18m 607
3 Montez Brown, Olivia	SO	Augustana (S	10.85m 585
4 Jansen, Caroline	FR	Msu-Moorhead	10.83m 584
5 Burney, Kalle	JR	Concordia-St	10.54m 565
6 Stephenson, Sola	JR	Minnesota St	10.04m 532
6 Hackel, Carolyn	FR	Minnesota St	10.04m 532
8 Reinke, Haley	SR	Winona State	9.74m 512
9 Young, Erica	SR	Concordia-St	9.65m 507
10 Fixsen, Olivia	SO	Winona State	8.78m 450
11 Soeken, Makenzie	SO	Upper Iowa	8.52m 433
12 Coleman, Alexandria	SR	Bemidji Stat	8.42m 427
13 Barella, Melissa	SR	Augustana (S	7.58m 372

## 2017 NSIC Outdoor Track &amp; Field Meet - 5/12/2017 to 5/13/2017

University of Concordia-St. Paul

Seafoam Stadium

## Results

## Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Weiss, Dallas	FR	Minnesota St	38.84m 645
2 Stephenson, Sola	JR	Minnesota St	36.46m 600
3 Fixsen, Olivia	SO	Winona State	35.13m 574
4 Montez Brown, Olivia	SO	Augustana (S	32.60m 526
5 Jansen, Caroline	FR	Msu-Moorhead	31.69m 509
6 Burney, Kalle	JR	Concordia-St	30.67m 489
7 Ighovojah, Wakpor	JR	Concordia-St	30.56m 487
8 Hackel, Carolyn	FR	Minnesota St	29.98m 476
9 Reinke, Haley	SR	Winona State	29.06m 459
10 Young, Erica	SR	Concordia-St	28.44m 447
11 Coleman, Alexandria	SR	Bemidji Stat	25.47m 391
12 Soeken, Makenzie	SO	Upper Iowa	23.96m 363
13 Barella, Melissa	SR	Augustana (S	20.13m 291

## Women Heptathlon

NSIC Record: 5140 R 5/3/2017 Olivia Montez Brown

Auto: 5180 A

Provo: 4442 P

Name	Yr	School	Finals
<b>Finals</b>			
1 Montez Brown, Olivia	SO	Augustana (S	5140R 10
2 Burney, Kalle	JR	Concordia-St	5041P 8
3 Jansen, Caroline	FR	Msu-Moorhead	5014P 6
4 Fixsen, Olivia	SO	Winona State	4685P 5
5 Ighovojah, Wakpor	JR	Concordia-St	4643P 4
6 Hackel, Carolyn	FR	Minnesota St	4624P 3
7 Coleman, Alexandria	SR	Bemidji Stat	4336 2
8 Weiss, Dallas	FR	Minnesota St	4151 1
9 Reinke, Haley	SR	Winona State	4065
10 Young, Erica	SR	Concordia-St	3962
11 Stephenson, Sola	JR	Minnesota St	3909
12 Soeken, Makenzie	SO	Upper Iowa	3820
13 Barella, Melissa	SR	Augustana (S	3563

## Women - Team Rankings - 21 Events Scored

1) Winona State	134
2) University of Mary	126.5
3) Minnesota State	126
4) Augustana (SD)	87
5) Minnesota-Duluth	71
6) Northern State	70
7) MSU-Moorhead	59
8) Wayne St. (Neb.)	37
9) St Cloud State	33
10) Sioux Falls	32.5
11) Concordia-StPaul	25
12) Bemidji State	7
13) Upper Iowa	5
14) SW Minnesota St.	4
15) Minot State	1