

2019 NSIC Outdoor Track & Field Meet - 5/10/2019 to 5/11/2019

University of Minnesota - Duluth
5/10/2019 to 5/11/2019

Results

Men 100 Meter Dash

NSIC Record: **10.19 R 5/11/2015 Emmanuel Matadi**
10.26 AUTO
10.58 PROV

Name	Yr	School	Prelims
Preliminaries			
1	Glor, Luxon	SR U-Mary	10.38QPROV
2	Diamond, Reid	SR Minnesota St	10.62Q2.5
3	Szutkowski, Brian	JR Concordia-St	10.67Q1.6
4	Hoglund, Nate	SO Minnesota-Du	10.70Q2.3
5	Bright, Cornelius	FR Minnesota St	10.71q2.3
6	Jovin, Marceau	SR U-Mary	10.78q2.3
7	Busari, Quadri	JR SW Minnesota	10.82q3.2
8	Higgs, Shaquiel	FR Msu-Moorhead	10.83q2.5
9	Tiefenthaler, Trey	JR Northern Sta	10.89 3.2
10	Ray, William	SO Concordia-St	10.89 3.2
11	Galamue, Gabriel	JR SW Minnesota	10.92 1.6
12	Taormina, Justin	JR Minnesota St	10.92 2.3
13	Barnes, Vance	SR Minnesota St	10.93 1.6
14	Daffinrud, Daniel	SR Minot State	10.93 2.5
15	Preston, LaJuan	SO Concordia-St	10.95 1.6
16	Curtis, Jack	SR Minnesota St	10.96 2.3
17	Alcenord, Alvyns	JR Wayne State	11.03 1.6
18	Nixon, Artavius	SR Minnesota St	11.04 3.2
19	Rowe, Jonathan	JR Sioux Falls	11.05 2.5
20	Hillman, Javarn	FR Minnesota-Du	11.11 2.5
21	Crawford, Riley	SR Augustana (S)	11.11 3.2
22	Petersohn, Troy	SO Sioux Falls	11.15 2.3
23	Ogeka, Victor	SR Minnesota St	11.20 2.5
24	Rohloff, Justin	SO Wayne State	11.21 1.6
25	Lackas, Jacob	SO Northern Sta	11.22 3.2

Men 100 Meter Dash

NSIC Record: **10.19 R 5/11/2015 Emmanuel Matadi**
10.26 AUTO
10.58 PROV

Name	Yr	School	Finals
Finals			
1	Glor, Luxon	SR U-Mary	10.35 PROV
2	Szutkowski, Brian	JR Concordia-St	10.42 PROV
3	Diamond, Reid	SR Minnesota St	10.42 PROV
4	Bright, Cornelius	FR Minnesota St	10.59 5
5	Hoglund, Nate	SO Minnesota-Du	10.67 4
6	Higgs, Shaquiel	FR Msu-Moorhead	10.75 3
7	Jovin, Marceau	SR U-Mary	10.77 2
8	Busari, Quadri	JR SW Minnesota	10.88 1

Men 200 Meter Dash

NSIC Record: **20.49 R 2013 Jerrell Hancock**
20.75 AUTO
21.36 PROV

Name	Yr	School	Prelims
Preliminaries			
1	Glor, Luxon	SR U-Mary	21.49Q2.1

2	Diamond, Reid	SR Minnesota St	21.59Q2.9
3	Bright, Cornelius	FR Minnesota St	21.68Q2.2
4	Phelps, Josh	SO Minnesota St	21.66Q2.9
5	Higgs, Shaquiel	FR Msu-Moorhead	21.84Q2.2
6	Hoglund, Nate	SO Minnesota-Du	21.90Q2.1
7	Fletcher, Isaiha	SO Northern Sta	21.96q2.9
8	Szutkowski, Brian	JR Concordia-St	21.99q2.9
9	Wiesen, Marquan	FR Minnesota St	22.03 2.2
10	Kramper, Clay	SR Wayne State	22.09 2.1
11	Galamue, Gabriel	JR SW Minnesota	22.25 2.1
12	Wilmes, Hunter	FR U-Mary	22.26 2.9
13	Wilson, Jaquez	JR Minnesota St	22.27 2.9
14	Ray, William	SO Concordia-St	22.31 2.1
15	Rodriguez, Itoitz	SR Northern Sta	22.31 2.9
16	Torborg, Dawson	FR Minnesota-Du	22.40 2.1
17	Hillman, Javarn	FR Minnesota-Du	22.44 2.2
18	Curtis, Jack	SR Minnesota St	22.45 2.2
19	Barnes, Vance	SR Minnesota St	22.58 2.1
20	Cacho, Kyle	FR U-Mary	22.59 2.2
21	Nixon, Artavius	SR Minnesota St	22.74 2.2
22	Leck, Andrew	JR Concordia-St	22.82 2.9
23	Marrin, Matthew	SR Concordia-St	22.99 2.2
24	Swann, Mark	FR Minnesota-Du	23.10 2.1

Men 200 Meter Dash

NSIC Record: **20.49 R 2013 Jerrell Hancock**
20.75 AUTO
21.36 PROV

Name	Yr	School	Finals
Finals			
1	Glor, Luxon	SR U-Mary	21.15 PROV
2	Diamond, Reid	SR Minnesota St	21.20 PROV
3	Bright, Cornelius	FR Minnesota St	21.44 6
4	Szutkowski, Brian	JR Concordia-St	21.64 5
5	Phelps, Josh	SO Minnesota St	21.65 4
6	Higgs, Shaquiel	FR Msu-Moorhead	21.69 3
7	Hoglund, Nate	SO Minnesota-Du	21.84 2
8	Fletcher, Isaiha	SO Northern Sta	21.99 1

Men 400 Meter Dash

NSIC Record: **47.24 R 5/11/2000 Erik Hanson**
46.23 AUTO
47.77 PROV

Name	Yr	School	Prelims
Preliminaries			
1	Rodriguez, Itoitz	SR Northern Sta	48.67Q
2	Schuster, John	SR Minnesota St	48.69Q
3	Phelps, Josh	SO Minnesota St	48.71Q
4	Wiesen, Marquan	FR Minnesota St	48.77Q
5	Furgeson, Trey	SR Sioux Falls	49.15Q
6	Supinski, David	SR Minnesota-Du	49.16Q
7	Wilson, Jaquez	JR Minnesota St	49.25q
8	Fletcher, Isaiha	SO Northern Sta	49.42q
9	Sheridan, Devin	FR Northern Sta	49.74
10	Felling, Kyle	FR SW Minnesota	49.77

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Preliminaries ... (Men 400 Meter Dash)

Name	Yr	School	Prelims
11 Dawkins, Ty	FR	Msu-Moorhead	50.25
12 Johnson, Arik	FR	Concordia-St	50.98
13 Wanous, Tyler	FR	Minnesota-Du	52.25
14 Ladage, Jacob	FR	Wayne State	52.33
15 Husby, Evan	SO	Minnesota-Du	52.67
16 Savey, Blake	JR	Augustana (S)	1:16.17

Men 400 Meter Dash

NSIC Record: **47.24 R 5/11/2000 Erik Hanson**
46.23 AUTO
47.77 PROV

Name	Yr	School	Finals
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Finals

1 Phelps, Josh	SO	Minnesota St	48.04	10
2 Wiesen, Marquan	FR	Minnesota St	48.52	8
3 Rodriguez, Itoitz	SR	Northern Sta	48.58	6
4 Schuster, John	SR	Minnesota St	48.61	5
5 Furgeson, Trey	SR	Sioux Falls	48.87	4
6 Supinski, David	SR	Minnesota-Du	49.71	3
7 Wilson, Jaquez	JR	Minnesota St	49.83	2
8 Fletcher, Isaiha	SO	Northern Sta	50.67	1

Men 800 Meter Run

NSIC Record: **1:50.45 R 2014 Audo Omot**
1:48.78 AUTO
1:52.03 PROV

Name	Yr	School	Prelims
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Preliminaries

1 Pasch, Austin	SR	Minnesota St	1:52.59Q
2 Beseman, Billy	JR	Sioux Falls	1:55.27Q
3 Allen, Benjamin	JR	Concordia-St	1:57.27Q
4 Phillips, Mason	JR	Sioux Falls	1:52.84Q
5 Wahlers, Jacob	SO	Minnesota St	1:55.75Q
6 Schmied, Ben	FR	Minnesota St	1:57.44Q
7 Myers, Cory	FR	U-Mary	1:53.87q
8 Warner, Cory	JR	Concordia-St	1:54.44q
9 Melton, Noah	FR	Augustana (S)	1:56.41
10 Mayfield, Aaron	SO	Minnesota St	1:56.58
11 Trainor, Ty	FR	U-Mary	1:57.42
12 Kluver, Jake	SO	Minnesota-Du	1:57.55
13 Pearson, Nathan	JR	Wayne State	1:58.09
14 Fechner, Cole	FR	Minnesota-Du	1:58.22
15 Holcomb, Bryce	SO	Wayne State	1:58.44
16 Ruiz, Andrew	SO	Minnesota St	1:59.08
17 Reiffenberger, Nick	SR	Augustana (S)	1:59.38
18 Torvik, Noah	SO	Minnesota-Du	1:59.47
19 Lebourgeois, Cole	SO	Minnesota-Du	1:59.66
20 Leonard, Christian	SO	Minnesota-Du	1:59.98
21 Arthur, Andrew	FR	Minnesota-Du	2:00.19
22 Kemper, Jakob	FR	Wayne State	2:00.24
23 Hiemer, Nathan	SO	Wayne State	2:01.02
24 Tostenson, Jonathan	FR	Minnesota-Du	2:01.95

Men 800 Meter Run

NSIC Record: **1:50.45 R 2014 Audo Omot**
1:48.78 AUTO
1:52.03 PROV

Name	Yr	School	Finals
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Finals

1 Phillips, Mason	JR	Sioux Falls	1:52.84	10
2 Myers, Cory	FR	U-Mary	1:53.37	8
3 Allen, Benjamin	JR	Concordia-St	1:53.49	6
4 Wahlers, Jacob	SO	Minnesota St	1:53.83	5
5 Schmied, Ben	FR	Minnesota St	1:54.39	4
6 Beseman, Billy	JR	Sioux Falls	1:56.17	3
7 Pasch, Austin	SR	Minnesota St	1:56.70	2
8 Warner, Cory	JR	Concordia-St	2:01.78	1

Men 1500 Meter Run

NSIC Record: **3:50.12 R 5/11/2014 Henrik Hansson**
3:44.28 AUTO
3:50.52 PROV

Name	Yr	School	Prelims
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Preliminaries

1 Allen, Benjamin	JR	Concordia-St	4:02.54Q
2 Lundberg, Zach	JR	Sioux Falls	4:04.15Q
3 Johnson, Evan	FR	Augustana (S)	4:02.89Q
4 Marshall, Nick	JR	Msu-Moorhead	4:04.43Q
5 Wilke, Samuel	JR	U-Mary	4:03.03Q
6 Kraft, Jase	SR	Sioux Falls	4:04.80Q
7 Leonard, Christian	SO	Minnesota-Du	4:03.15Q
8 Tostenson, Jonathan	FR	Minnesota-Du	4:05.00Q
9 Lebourgeois, Cole	SO	Minnesota-Du	4:03.17q
10 Hansen, Logan	SO	Sioux Falls	4:03.34q
11 Rabata, Isaiah	JR	Minnesota St	4:03.98q
12 Kluver, Jake	SO	Minnesota-Du	4:04.57q
13 Midtvedt, Wyatt	JR	Minnesota-Du	4:05.15
14 Wigaard, Endre	JR	Augustana (S)	4:05.22
15 Hudson, Tyler	JR	Concordia-St	4:06.15
16 Kjelshus, Hunter	SO	Msu-Moorhead	4:07.73
17 Hegarty, Brock	SO	Wayne State	4:13.04
18 Pierson, Dylan	FR	SW Minnesota	4:16.81
19 Speicher, Carson	FR	Msu-Moorhead	4:21.41

Men 1500 Meter Run

NSIC Record: **3:50.12 R 5/11/2014 Henrik Hansson**
3:44.28 AUTO
3:50.52 PROV

Name	Yr	School	Finals
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Finals

1 Allen, Benjamin	JR	Concordia-St	4:00.92	10
2 Lundberg, Zach	JR	Sioux Falls	4:01.34	8
3 Kraft, Jase	SR	Sioux Falls	4:02.15	6
4 Tostenson, Jonathan	FR	Minnesota-Du	4:03.08	5
5 Marshall, Nick	JR	Msu-Moorhead	4:03.20	4
6 Johnson, Evan	FR	Augustana (S)	4:03.81	3
7 Leonard, Christian	SO	Minnesota-Du	4:04.14	2

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Finals ... (Men 1500 Meter Run)

Name	Yr	School	Finals
8 Hansen, Logan	SO	Sioux Falls	4:04.44 1
9 Wilke, Samuel	JR	U-Mary	4:05.35
10 Lebourgeois, Cole	SO	Minnesota-Du	4:06.07
11 Kluver, Jake	SO	Minnesota-Du	4:06.76
12 Rabata, Isaiah	JR	Minnesota St	4:07.12

Men 5000 Meter Run

NSIC Record: 14:36.96 R 5/13/2018 Steven Brown
13:54.33 AUTO
14:32.80 PROV

Name	Yr	School	Finals
Finals			
1 Yusuf, Nadir	SO	Msu-Moorhead	14:44.20 10
2 Steiger, Matt	FR	Augustana (S	14:45.25 8
3 Lundberg, Zach	JR	Sioux Falls	14:51.15 6
4 Burke, Caleb	SR	Minnesota St	14:52.18 5
5 Runge, Aaron	JR	Augustana (S	14:57.05 4
6 Lahr, Luke	SR	Minnesota-Du	14:59.39 3
7 Myers, Derek	SR	U-Mary	15:01.33 2
8 Burns, Logan	SR	Augustana (S	15:01.82 1
9 Phillips, Mason	JR	Sioux Falls	15:09.19
10 Yardley, Austin	JR	Minnesota St	15:10.86
11 Allen, Benjamin	JR	Concordia-St	15:14.61
12 Schroeder, Nathan	SR	Augustana (S	15:16.93
13 Wigaard, Endre	JR	Augustana (S	15:22.15
14 Harrison, Jackson	FR	Northern Sta	15:34.32
15 Troe, Caleb	SR	Concordia-St	15:39.98
16 Kraft, Jase	SR	Sioux Falls	15:44.97
17 DeJong, Skylar	SR	Augustana (S	15:46.25
18 Kohler, Ryan	FR	Minot State	15:47.18
19 Marshall, Nick	JR	Msu-Moorhead	15:49.10
20 Hill, Kendall	JR	Minnesota-Du	15:49.32
21 Johnson, Evan	FR	Augustana (S	15:52.17
22 Benson, Benjamin	FR	U-Mary	15:54.95
23 Trutna, Matthew	FR	Minnesota-Du	15:56.35
24 Heaton, Sean	SR	Augustana (S	16:00.19
25 Rabata, Isaiah	JR	Minnesota St	16:06.02
26 Mund, Mitchell	FR	Sioux Falls	16:06.22
27 Mahamed, Shodo	FR	Sioux Falls	16:16.65
28 Ecker, David	FR	Sioux Falls	16:17.40
29 Kubat, Braydon	SO	Minnesota-Du	16:21.03
30 Peckham, Bailey	SO	Wayne State	16:23.19
31 Voigt, Aaron	FR	Sioux Falls	16:37.26
32 Garcia, Jorge	SO	Northern Sta	16:41.43
--- Urtusuastegui, Jesus	JR	Augustana (S	DNF

Men 10000 Meter Run

NSIC Record: 30:20.75 R 5/12/2018 Derek Myers
29:13.60 AUTO
30:42.74 PROV

Name	Yr	School	Finals
Finals			
1 Myers, Derek	SR	U-Mary	30:34.80 PROV

2 Yusuf, Nadir	SO	Msu-Moorhead	30:42.56 PROV
3 Burke, Caleb	SR	Minnesota St	30:49.66 6
4 Urtusuastegui, Jesus	JR	Augustana (S	31:02.94 5
5 Runge, Aaron	JR	Augustana (S	31:07.95 4
6 Yardley, Austin	JR	Minnesota St	31:12.62 3
7 Heaton, Sean	SR	Augustana (S	31:26.61 2
8 Burns, Logan	SR	Augustana (S	31:27.75 1
9 Troe, Caleb	SR	Concordia-St	31:51.58
10 Harrison, Jackson	FR	Northern Sta	32:36.26
11 Kohler, Ryan	FR	Minot State	32:55.21
12 Kessler, Dylan	JR	Wayne State	33:15.92
13 Schlager, Wyatt	FR	Sioux Falls	33:26.78
14 Garcia, Jorge	SO	Northern Sta	33:28.00
15 Peltier, Tanner	SR	Northern Sta	33:37.57
16 Herrick, Elijah	FR	Msu-Moorhead	33:44.91
17 Doughty, Jack	SR	Wayne State	33:46.43
18 Mund, Mitchell	FR	Sioux Falls	34:02.45
19 Mahamed, Shodo	FR	Sioux Falls	34:05.31
20 Hartle, Clayton	SO	SW Minnesota	34:18.77
21 Broze, Ben	SR	SW Minnesota	34:42.94
22 Swenson, Logan	SR	Northern Sta	35:13.30
23 Cameron, Kaden	FR	SW Minnesota	35:15.99
24 Attenberger, Brett	FR	SW Minnesota	35:31.77
25 Noyes, John	SR	Sioux Falls	35:55.27

Men 110 Meter Hurdles

NSIC Record: 13.80 R 2015 Myles Hunter
13.89 AUTO
14.53 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Hunter, Myles	SR	Minnesota St	13.92QPROV
2 Davis, Sydne	SR	Minnesota St	14.22QPROV
3 Lamers, Josh	SR	U-Mary	14.45QPROV
4 Jovin, Marceau	SR	U-Mary	14.52QPROV
5 Meloche, Paul	SR	Augustana (S	14.72Q1.5
6 Bristol, Logan	SR	Minnesota St	14.90Q0.8
7 Malsam, Bryce	JR	Northern Sta	14.83q 3.0
8 Morse, Jacob	JR	Sioux Falls	14.86q 1.5
9 Lackas, Jacob	SO	Northern Sta	15.19 0.8
10 Palmquist, Ben	FR	Minnesota-Du	15.22 3.0
11 Davis, Preston	SO	Wayne State	15.27 0.8
12 Schmaling, Dakota	FR	Minnesota-Du	15.51 3.0
13 Jackson, Clay	SO	Msu-Moorhead	15.67 1.5
14 Wiechman, Sam	JR	Minnesota-Du	15.68 3.0
15 Hochstetler, TJ	SR	Northern Sta	15.86 0.8
16 Chromy, Eric	SO	Minnesota-Du	16.01 0.8
17 Kooiman, Justin	FR	Augustana (S	16.22 1.5
18 Schumacher, Josh	FR	Augustana (S	16.26 0.8
19 Lilly, Noah	FR	Wayne State	16.51 1.5
20 James, Djimon	SO	Minnesota St	18.32 1.5

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Men 110 Meter Hurdles

NSIC Record: **13.80 R 2015** Myles Hunter
13.89 AUTO
14.53 PROV

Name	Yr	School	Finals
Finals			
1 Hunter, Myles	SR	Minnesota St	13.80 AUTO
2 Davis, Sydne	SR	Minnesota St	14.04 PROV
3 Lamers, Josh	SR	U-Mary	14.10 PROV
4 Jovin, Marceau	SR	U-Mary	14.30 PROV
5 Morse, Jacob	JR	Sioux Falls	14.66 4
6 Malsam, Bryce	JR	Northern Sta	14.77 3
7 Bristol, Logan	SR	Minnesota St	14.89 2
--- Meloche, Paul	SR	Augustana (S)	DQ 2.1

Men 400 Meter Hurdles

NSIC Record: **51.91 R 5/13/2018** Sydne Davis
51.34 AUTO
53.42 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Davis, Sydne	SR	Minnesota St	51.99QPROV
2 Lewison, Drew	FR	Minnesota St	53.65Q
3 Barrows, Josh	SR	Augustana (S)	53.90Q
4 Brewer, Kelson	JR	Northern Sta	53.84Q
5 Kulzer, Alex	SO	Minnesota-Du	54.49Q
6 Woods, Alex	JR	Augustana (S)	54.78Q
7 Kwateh, Leroy	JR	Minnesota St	54.97q
8 Wiechman, Sam	JR	Minnesota-Du	55.16q
9 Wulfekuhle, Josh	JR	U-Mary	55.22
10 Davis, Preston	SO	Wayne State	55.92
11 Schmaling, Dakota	FR	Minnesota-Du	55.96
12 Tolkinen, Ryan	SR	Minnesota-Du	56.06
13 Have, Austin	SO	Minnesota-Du	56.19
14 Lowe, Kyle	SO	Wayne State	57.35
15 Palmquist, Ben	FR	Minnesota-Du	57.55
16 Schumacher, Josh	FR	Augustana (S)	57.73
17 Jackson, Clay	SO	Msu-Moorhead	58.87
18 Tabla, Sam	SR	SW Minnesota	1:04.47
19 Jaimes, Salvador	SR	Sioux Falls	1:06.79
20 Fischer, Issac	FR	SW Minnesota	1:09.03

Men 400 Meter Hurdles

NSIC Record: **51.91 R 5/13/2018** Sydne Davis
51.34 AUTO
53.42 PROV

Name	Yr	School	Finals
Finals			
1 Davis, Sydne	SR	Minnesota St	52.03 PROV
2 Barrows, Josh	SR	Augustana (S)	52.32 PROV
3 Lewison, Drew	FR	Minnesota St	54.12 6
4 Kwateh, Leroy	JR	Minnesota St	54.78 5
5 Brewer, Kelson	JR	Northern Sta	54.94 4
6 Kulzer, Alex	SO	Minnesota-Du	55.14 3

7 Woods, Alex	JR	Augustana (S)	55.34 2
8 Wiechman, Sam	JR	Minnesota-Du	55.89 1

Men 3000 Meter Steeplechase

NSIC Record: **9:00.09 R 2015** Adam Braun
8:52.55 AUTO
9:19.02 PROV

Name	Yr	School	Finals
Finals			
1 Pasch, Austin	SR	Minnesota St	8:57.74RPROV
2 Overmyer, Isaac	JR	Minnesota-Du	9:08.28 PROV
3 Schroeder, Nathan	SR	Augustana (S)	9:13.22 PROV
4 Urtusuastegui, Jesus	JR	Augustana (S)	9:14.05 PROV
5 Heaton, Sean	SR	Augustana (S)	9:16.16 PROV
6 Armstrong, Daniel	JR	Sioux Falls	9:18.36 PROV
7 DeJong, Skylar	SR	Augustana (S)	9:27.81 2
8 Bentzel, Harrison	JR	U-Mary	9:30.31 1
9 Hill, Kendall	JR	Minnesota-Du	9:33.51
10 Lawson, Nick	SR	Sioux Falls	9:35.58
11 Kubat, Braydon	SO	Minnesota-Du	9:48.69
12 Smalley, Owen	SO	Minnesota-Du	9:49.64
13 Voigt, Aaron	FR	Sioux Falls	9:51.64
14 Liester, Josh	SR	Sioux Falls	9:58.18
15 Bergen, Spencer	SR	Concordia-St	10:04.15
16 Green, Zeke	SO	Concordia-St	10:11.12
17 Schultz, Evan	FR	Msu-Moorhead	10:17.43
18 Karl, Tyler	SR	Concordia-St	10:36.80
19 Reece, John Wyatt	FR	SW Minnesota	10:54.01
20 Olson, Ethan	FR	Minnesota-Du	11:27.16
--- Miller, Donovan	SO	Northern Sta	DNF

Men 4x100 Meter Relay

NSIC Record: **40.63 R 1998** Minnesota Duluth
40.20 AUTO
41.09 PROV

Team	Relay	Finals
Finals		
1 Minnesota State	A	41.02 PROV
1) Barnes, Vance SR	2) Bright, Cornelius FR	
3) Diamond, Reid SR	4) Curtis, Jack SR	
2 U-Mary	A	41.25 8
1) Jovin, Marceau SR	2) Glor, Luxon SR	
3) Wulfekuhle, Josh JR	4) Lamers, Josh SR	
3 Concordia-St. Paul	A	41.56 6
1) Ray, William SO	2) Preston, LaJuan SO	
3) Marrin, Matthew SR	4) Szutkowski, Brian JR	
4 Msu-Moorhead	A	41.86 5
1) Graham, Larry FR	2) Dawkins, Ty FR	
3) Jackson, Clay SO	4) Higgs, Shaquiel FR	
5 Minnesota-Duluth	A	42.07 4
1) Lusty, Nathan FR	2) Swann, Mark FR	
3) Torborg, Dawson FR	4) Hogle, Nate SO	

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Finals ... (Men 4x100 Meter Relay)

Team	Relay	Finals
6 SW Minnesota St.	A	42.27 3
1) Felling, Kyle FR	2) Galamue, Gabriel JR	
3) Gallon, Adarius FR	4) Busari, Quadri JR	
7 Wayne State (Neb)	A	42.47 2
1) Alcenord, Alvyns JR	2) Rohloff, Justin SO	
3) Kramper, Clay SR	4) Zautke, Jordan SR	
8 Northern State	A	43.09 1
1) Lackas, Jacob SO	2) Tiefenthaler, Trey JR	
3) Tyrrell, Jared FR	4) Malsam, Bryce JR	
9 Augustana (Sd)	A	43.25
1) Crawford, Riley SR	2) Meloche, Paul SR	
3) Kooiman, Justin FR	4) Stiles, Ryan SR	
10 Sioux Falls	A	43.40
1) Andrusick, Nate FR	2) Petersohn, Troy SO	
3) Scarlett, Xavier JR	4) Rowe, Jonathan JR	
11 Minot State	A	43.59
1) Daffinrud, Daniel SR	2) Franck, Cole FR	
3) Kramer, Devin FR	4) Feist, Ethan SO	

Men 4x400 Meter Relay
NSIC Record: 3:13.09 R 2017 Minnesota State
J Schuster, J Suber, I Pitchford, M Dennis
3:09.18 AUTO
3:13.91 PROV

Team	Relay	Finals
Finals		
1 Minnesota State	A	3:16.40 10
1) Lewison, Drew FR	2) Wiesen, Marquan FR	
3) Wilson, Jaquez JR	4) Schuster, John SR	
2 Northern State	A	3:16.69 8
1) Sheridan, Devin FR	2) Brewer, Kelson JR	
3) Fletcher, Isaiha SO	4) Rodriguez, Itoitz SR	
3 Minnesota-Duluth	A	3:17.48 6
1) Kulzer, Alex SO	2) Have, Austin SO	
3) Tolkinen, Ryan SR	4) Supinski, David SR	
4 Augustana (Sd)	A	3:18.56 5
1) Sully, Ryan SO	2) Meloche, Paul SR	
3) Woods, Alex JR	4) Barrows, Josh SR	
5 U-Mary	A	3:21.92 4
1) Wilmes, Hunter FR	2) Wulfekuhle, Josh JR	
3) Trainor, Ty FR	4) Myers, Cory FR	
6 SW Minnesota St.	A	3:24.12 3
1) Galamue, Gabriel JR	2) Busari, Quadri JR	
3) Evans, Jake JR	4) Felling, Kyle FR	
7 Wayne State (Neb)	A	3:24.16 2
1) Lowe, Kyle SO	2) Pearson, Nathan JR	
3) Holcomb, Bryce SO	4) Davis, Preston SO	
8 Msu-Moorhead	A	3:24.86 1
1) Dawkins, Ty FR	2) Higgs, Shaquiel FR	
3) Kjelshus, Hunter SO	4) Jackson, Clay SO	
9 Sioux Falls	A	3:25.04
1) Furgeson, Trey SR	2) Hansen, Logan SO	
3) Slaba, Jayden FR	4) Beseman, Billy JR	

10 Concordia-St. Paul	A	3:27.81
1) Johnson, Arik FR	2) Leck, Andrew JR	
3) Onyeukwu, Bruno FR	4) Warner, Cory JR	
11 Minot State	A	3:35.08
1) Daffinrud, Daniel SR	2) Olson, Colin JR	
3) Nkhuwa, Chiti SR	4) Franck, Cole FR	

Men High Jump
NSIC Record: 2.13m R 1988 Brian Rabenberg
2.15m AUTO
2.04m PROV

Name	Yr	School	Finals
Finals			
1 Cook, Chris	FR	Msu-Moorhead	2.05m PROV
2 Kemp, Shyrone	FR	Msu-Moorhead	2.02m 8
3 Allen, Shenley	SO	U-Mary	2.02m 6
4 O'Connor, Ian	SO	Minnesota-Du	1.97m 4
4 Brown, Deveyon	FR	Minnesota St	1.97m 4
4 Woelber, Tyl	FR	Augustana (S	1.97m 4
7 Ojika, Benjamin	SR	Minnesota St	1.92m 2
8 Malsam, Bryce	JR	Northern Sta	1.92m 1
9 Curtis, Jack	SR	Minnesota St	1.92m
10 Schulte, Tanner	JR	Augustana (S	1.87m
10 Coleman, Jalen	FR	SW Minnesota	1.87m
12 Anderson, Eli	JR	Augustana (S	1.87m
12 Kirkebak, Joseph	SR	Sioux Falls	1.87m
12 Powers, Parker	FR	Concordia-St	1.87m
12 Lamb, Jack	SR	U-Mary	1.87m
12 Wanous, Tyler	FR	Minnesota-Du	1.87m
17 Thompson, Jack	FR	Minnesota-Du	1.87m
17 Hochstetler, TJ	SR	Northern Sta	1.87m
--- English, Aaron	FR	Wayne State	NH

Men Pole Vault
NSIC Record: 5.17m R 5/11/2016 Scott Greenman
5.20m AUTO
4.80m PROV

Name	Yr	School	Finals
Finals			
1 Zawadzki, Tristan	JR	Sioux Falls	5.06m PROV
2 DeJong, Connor	SR	Sioux Falls	4.78m 8
3 Storm, Logan	FR	Msu-Moorhead	4.64m 6
4 Pflipsen, Jared	SO	U-Mary	4.64m 5
5 Johnson, Kyle	SO	Minnesota St	4.50m 3
5 Clark, Dan	JR	Minnesota-Du	4.50m 3
5 Dockendorf, Drew	SO	Concordia-St	4.50m 3
8 McPherson, Mark	SO	Minnesota St	4.50m 1
9 Jeppeson, Marshall	JR	Concordia-St	4.35m
10 Hochstetler, TJ	SR	Northern Sta	4.35m
11 Wiedrich, Jacob	SR	Northern Sta	4.20m
12 Alto, Shea	FR	Minnesota-Du	4.20m
13 Penner, Jackson	JR	U-Mary	4.20m
14 Lilly, Noah	FR	Wayne State	4.05m
14 Burns, Zachary	SO	Northern Sta	4.05m
16 Timm, Chris	SR	Minnesota-Du	4.05m

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Name	Yr	School	Finals
17 Malsam, Bryce	JR	Northern Sta	4.05m
--- Pohlmann, Matt	JR	Augustana (S)	NH
--- Person, Jake	FR	Sioux Falls	NH
--- Bustrak, Joe	SO	SW Minnesota	NH
--- Holm, Ethan	FR	Sioux Falls	NH

Men Long Jump

NSIC Record: **7.91m R 5/11/2018 Brian Huber**
7.68m AUTO
7.25m PROV

Name	Yr	School	Finals
Finals			
1 Glor, Luxon	SR	U-Mary	7.02m 10
2 Ogeka, Victor	SR	Minnesota St	6.98m 8
3 Sands, Mikhail	FR	Wayne State	6.96m 6
4 Staudinger, Talon	JR	U-Mary	6.92m 5
5 Woelber, Tyl	FR	Augustana (S)	6.88m 4
6 Rosencranz, Tyrell	SR	U-Mary	6.80m 3
7 Tolkinen, Ryan	SR	Minnesota-Du	6.79m 2
8 Lamb, Jack	SR	U-Mary	6.79m 1
9 Kemp, Shyrone	FR	Msu-Moorhead	6.75m -0.2
10 Tiefenthaler, Trey	JR	Northern Sta	6.71m 0.4
11 Torborg, Dawson	FR	Minnesota-Du	6.69m 0.6
12 Schleis, Garret	SR	Minnesota-Du	6.64m -1.1
13 Curtis, Jack	SR	Minnesota St	6.63m 0.4
14 Hackett, Casey	FR	Sioux Falls	6.61m -0.3
15 Gallon, Adarius	FR	SW Minnesota	6.53m 0.4
16 Miller, Joel	FR	U-Mary	6.50m 1.0
17 Johnson, Andrew	SO	Concordia-St	6.43m -1.0
18 Cacho, Kyle	FR	U-Mary	6.42m 1.0
19 Ramnarine, Cameron	SO	Minnesota St	6.35m 0.4
20 Hatler, Jesse	SO	U-Mary	6.19m -0.3
21 Johnston, Jake	FR	Minnesota St	6.15m -0.3
22 Hagen, Cole	FR	SW Minnesota	6.00m 0.4
23 Feist, Ethan	SO	Minot State	5.92m 0.6
--- Erickson, Brady	FR	U-Mary	FOUL
--- Martina, Delimar	JR	Wayne State	FOUL
--- Zahler, Peyton	FR	U-Mary	FOUL

Men Triple Jump

NSIC Record: **15.95m R 2017 Michael Sandle**
15.69m AUTO
14.66m PROV

Name	Yr	School	Finals
Finals			
1 Ogeka, Victor	SR	Minnesota St	15.07m PROV
2 Kemp, Shyrone	FR	Msu-Moorhead	14.75m PROV
3 Rosencranz, Tyrell	SR	U-Mary	14.41m 6
4 Staudinger, Talon	JR	U-Mary	14.38m 5
5 Woelber, Tyl	FR	Augustana (S)	14.34m 4
6 Nelson, Isaiah	SO	SW Minnesota	14.25m 3
7 Tiefenthaler, Trey	JR	Northern Sta	13.92m 2
8 Ayobamidele, Stephen	FR	Minnesota St	13.61m 1

9 Hatler, Jesse	SO	U-Mary	13.60m 3.0
10 Berby, Tyler	JR	Msu-Moorhead	13.47m 0.4
11 Wood, Cooper	SO	Sioux Falls	13.32m 1.6
12 Hackett, Casey	FR	Sioux Falls	13.31m 1.7
13 Ramnarine, Cameron	SO	Minnesota St	13.19m 1.5
14 Hunt, Avery	FR	Minnesota-Du	12.87m 0.9
15 Zahler, Peyton	FR	U-Mary	12.47m 2.5
16 Thompson, Jack	FR	Minnesota-Du	12.46m 1.1
--- Schleis, Garret	SR	Minnesota-Du	FOUL
--- Franck, Cole	FR	Minot State	FOUL

Men Shot Put

NSIC Record: **18.98m R 2013 Chris Reed**
18.36m AUTO
16.16m PROV

Name	Yr	School	Finals
Finals			
1 LaPlante, Jayme	JR	Minnesota St	17.50m PROV
2 Naba, Bedale	SO	Minnesota St	16.96m PROV
3 Allen, Ben	SO	Wayne State	16.59m PROV
4 Berg, Tanner	SO	Northern Sta	16.59m PROV
5 Wigand, Connor	SO	SW Minnesota	16.55m PROV
6 Hinkle, Jayle	JR	Wayne State	16.22m PROV
7 Nelson, Chandler	JR	Sioux Falls	15.71m 2
8 Gustaveson, Marcus	JR	Concordia-St	15.63m 1
9 Olson, Jake	SR	Northern Sta	15.12m
10 Hagan, Patrick	FR	Sioux Falls	14.44m
11 Krueger, Logan	FR	Minot State	14.24m
12 Faller, Jackson	FR	Msu-Moorhead	14.07m
13 Buetow, Michael	FR	Minnesota St	13.85m
14 Quinn, Hunter	FR	Concordia-St	13.60m
15 Knapp, Calvin	FR	SW Minnesota	12.98m
16 Skelton, Zach	FR	Minnesota-Du	12.91m
17 Herlofsky, Jack	FR	Minnesota-Du	12.00m
18 Hutchinson, Thomas	SR	Concordia-St	11.91m
19 Jackman, Kal	FR	Minnesota-Du	11.03m
--- Larson, Keegan	FR	Concordia-St	FOUL

Men Discus Throw

NSIC Record: **56.02m R 5/14/2016 Quinn Anderson**
56.11m AUTO
49.78m PROV

Name	Yr	School	Finals
Finals			
1 LaPlante, Jayme	JR	Minnesota St	52.19m PROV
2 Gustaveson, Marcus	JR	Concordia-St	51.08m PROV
3 Gruschin, Christian	JR	Sioux Falls	49.04m 6
4 Nelson, Chandler	JR	Sioux Falls	49.02m 5
5 Wigand, Connor	SO	SW Minnesota	48.78m 4
6 Berg, Tanner	SO	Northern Sta	48.47m 3
7 Naba, Bedale	SO	Minnesota St	47.78m 2
8 Kaup, Dylan	JR	Wayne State	47.41m 1
9 Curtis, Shane	JR	Concordia-St	46.95m
10 Eppard, Austin	FR	Northern Sta	46.62m
11 Olson, Jake	SR	Northern Sta	46.37m

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Name	Yr	School	Finals
12 Hagan, Patrick	FR	Sioux Falls	46.18m
13 Quinn, Hunter	FR	Concordia-St	45.49m
14 Skelton, Zach	FR	Minnesota-Du	45.08m
15 Gelineau, Logan	SR	Minnesota-Du	45.02m
16 Mundfrom, Eben	FR	Concordia-St	43.83m
17 Nemec, Matthew	SR	Wayne State	43.32m
18 Larson, Keegan	FR	Concordia-St	42.80m
19 Faller, Jackson	FR	Msu-Moorhead	40.77m
20 Herlofsky, Jack	FR	Minnesota-Du	39.84m
21 Elstad, Darik	FR	Minnesota St	39.24m
22 Benner, Parker	FR	Minot State	39.20m
23 Hutchinson, Thomas	SR	Concordia-St	37.53m
--- Jackman, Kal	FR	Minnesota-Du	FOUL

Men Hammer Throw

NSIC Record: **65.81m R 2014** Chris Reed

65.03m AUTO

55.08m PROV

Name	Yr	School	Finals
Finals			
1 Kalkowski, Cade	SO	Wayne State	58.58m PROV
2 Berg, Tanner	SO	Northern Sta	57.80m PROV
3 Kaup, Dylan	JR	Wayne State	56.45m PROV
4 McCormick, Connor	JR	Minnesota St	55.31m PROV
5 Wado, Nasru	SR	Concordia-St	52.45m 4
6 Skelton, Zach	FR	Minnesota-Du	51.92m 3
7 Nemec, Matthew	SR	Wayne State	51.20m 2
8 Berby, Tanner	SO	Msu-Moorhead	49.01m 1
9 Hagan, Patrick	FR	Sioux Falls	47.96m
10 Gelineau, Logan	SR	Minnesota-Du	47.01m
11 McDonald, Jerron	FR	Msu-Moorhead	45.67m
12 Kennedy, Kyler	SR	Minnesota-Du	44.97m
13 Olson, Jake	SR	Northern Sta	43.74m
14 Wigand, Connor	SO	SW Minnesota	43.35m
15 Mundfrom, Eben	FR	Concordia-St	43.34m
16 Eppard, Austin	FR	Northern Sta	43.00m
17 Elstad, Darik	FR	Minnesota St	41.39m
18 Sandvold, Andrew	FR	SW Minnesota	41.09m
19 Herlofsky, Jack	FR	Minnesota-Du	41.01m
20 Quinn, Hunter	FR	Concordia-St	40.95m
21 Larson, Keegan	FR	Concordia-St	39.78m
22 Jackman, Kal	FR	Minnesota-Du	39.56m
23 Gruschin, Christian	JR	Sioux Falls	38.75m
24 Krueger, Logan	FR	Minot State	38.74m
--- Sweeney, Richard	SR	Wayne State	FOUL
--- Benner, Parker	FR	Minot State	FOUL

Men Javelin Throw

NSIC Record: **65.86m R 5/11/1992** Jim Anderson

68.34m AUTO

58.68m PROV

Name	Yr	School	Finals
Finals			
1 Woelber, Tyl	FR	Augustana (S	57.79m 10
2 Staudinger, Talon	JR	U-Mary	56.14m 8
3 Aasen, Ben	JR	Minot State	55.39m 6
4 LeFaive, Alazae	SR	Northern Sta	53.97m 5
5 Davis, Preston	SO	Wayne State	53.90m 4
6 Wax, Derek	SO	Minot State	52.67m 3
7 Chapin, Thomas	FR	Sioux Falls	52.57m 2
8 Thomas, Brayden	FR	Minnesota St	52.45m 1
9 Tordsen, Jakob	SO	Concordia-St	51.44m
10 Buesgens, Calvin	SR	Minnesota St	49.59m
11 Lilly, Noah	FR	Wayne State	46.47m
12 Hochstetler, TJ	SR	Northern Sta	46.45m
13 Pike, Andrew	JR	U-Mary	45.49m
14 Anderson, Casey	FR	U-Mary	44.65m
15 Skelton, Zach	FR	Minnesota-Du	44.64m
16 Sandvold, Andrew	FR	SW Minnesota	42.58m
17 Onyeukwu, Bruno	FR	Concordia-St	42.43m
18 Knapp, Calvin	FR	SW Minnesota	41.80m
19 Kremer, Jonathon	SO	Northern Sta	41.59m
20 Curtis, Shane	JR	Concordia-St	39.93m
21 Lusty, Nathan	FR	Minnesota-Du	38.00m
22 Anderson, Eli	JR	Augustana (S	36.25m
23 Holm, Ethan	FR	Sioux Falls	34.21m
24 Schumacher, Josh	FR	Augustana (S	31.67m

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1 Curtis, Jack	SR	Minnesota St	10.89 885
2 Malsam, Bryce	JR	Northern Sta	11.14 830
3 Hochstetler, TJ	SR	Northern Sta	11.16 825
4 Sullivan, Robert	SR	Wayne State	11.23 810
5 Johnson, Arik	FR	Concordia-St	11.27 801
6 O'Connor, Ian	SO	Minnesota-Du	11.30 795
7 Woelber, Tyl	FR	Augustana (S	11.33 789
8 Penner, Jackson	JR	U-Mary	11.39 776
9 Lilly, Noah	FR	Wayne State	11.53 746
10 Swango, Jordan	SR	U-Mary	11.61 730
11 Tordsen, Jakob	SO	Concordia-St	11.77 697
12 Holm, Ethan	FR	Sioux Falls	11.96 659
13 Minnick, Jacob	SO	Msu-Moorhead	12.02 647

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1 Curtis, Jack	SR	Minnesota St	51.72 737
2 Hochstetler, TJ	SR	Northern Sta	52.06 722
3 Woelber, Tyl	FR	Augustana (S	52.18 717

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Finals ... (Decathlon: #5 Men 400 Meter Dash Decathlon)

Name	Yr	School	Finals	
4 Penner, Jackson	JR	U-Mary	52.22	715
5 Johnson, Arik	FR	Concordia-St	52.66	696
6 Malsam, Bryce	JR	Northern Sta	52.75	692
7 Sullivan, Robert	SR	Wayne State	52.76	692
8 Lilly, Noah	FR	Wayne State	53.15	675
9 O'Connor, Ian	SO	Minnesota-Du	53.29	669
10 Minnick, Jacob	SO	Msu-Moorhead	54.51	619
11 Swango, Jordan	SR	U-Mary	55.56	577
12 Holm, Ethan	FR	Sioux Falls	57.15	515

Decathlon: #10 Men 1500 Meter Dash Decathlon

Name	Yr	School	Finals	
1 O'Connor, Ian	SO	Minnesota-Du	4:57.97	571
2 Woelber, Tyl	FR	Augustana (S	4:58.74	567
3 Hochstetler, TJ	SR	Northern Sta	5:00.33	558
4 Penner, Jackson	JR	U-Mary	5:00.51	557
5 Swango, Jordan	SR	U-Mary	5:05.59	528
6 Lilly, Noah	FR	Wayne State	5:07.35	518
7 Johnson, Arik	FR	Concordia-St	5:08.33	513
8 Sullivan, Robert	SR	Wayne State	5:11.68	494
9 Curtis, Jack	SR	Minnesota St	5:18.96	455
10 Malsam, Bryce	JR	Northern Sta	5:22.23	438
11 Holm, Ethan	FR	Sioux Falls	5:29.96	400

Decathlon: #6 Men 110 Meter Hurdles Decathlon

NSIC Record: 14.95 R

Name	Yr	School	Finals	
1 Sullivan, Robert	SR	Wayne State	14.63	895
2 Malsam, Bryce	JR	Northern Sta	15.00	850
3 O'Connor, Ian	SO	Minnesota-Du	15.54	785
4 Hochstetler, TJ	SR	Northern Sta	15.61	777
5 Curtis, Jack	SR	Minnesota St	15.63	775
6 Woelber, Tyl	FR	Augustana (S	15.82	753
7 Johnson, Arik	FR	Concordia-St	16.24	706
8 Lilly, Noah	FR	Wayne State	16.25	705
9 Swango, Jordan	SR	U-Mary	16.60	667
10 Penner, Jackson	JR	U-Mary	16.93	632
11 Holm, Ethan	FR	Sioux Falls	19.40	398
12 Minnick, Jacob	SO	Msu-Moorhead	20.17	336

Decathlon: #4 Men High Jump Decathlon

NSIC Record: 1.99m R

Name	Yr	School	Finals	
1 O'Connor, Ian	SO	Minnesota-Du	2.01mR	813
2 Sullivan, Robert	SR	Wayne State	1.98m	785
3 Malsam, Bryce	JR	Northern Sta	1.95m	758
4 Woelber, Tyl	FR	Augustana (S	1.92m	731
4 Curtis, Jack	SR	Minnesota St	1.92m	731
6 Johnson, Arik	FR	Concordia-St	1.89m	705
7 Swango, Jordan	SR	U-Mary	1.86m	679

7 Torsen, Jakob	SO	Concordia-St	1.86m	679
7 Penner, Jackson	JR	U-Mary	1.86m	679
7 Hochstetler, TJ	SR	Northern Sta	1.86m	679
11 Lilly, Noah	FR	Wayne State	1.80m	627
12 Holm, Ethan	FR	Sioux Falls	1.56m	434
--- Minnick, Jacob	SO	Msu-Moorhead	NH	

Decathlon: #8 Men Pole Vault Decathlon

Name	Yr	School	Finals	
1 Hochstetler, TJ	SR	Northern Sta	4.50m	760
2 Sullivan, Robert	SR	Wayne State	4.40m	731
3 Malsam, Bryce	JR	Northern Sta	4.30m	702
3 Curtis, Jack	SR	Minnesota St	4.30m	702
5 Lilly, Noah	FR	Wayne State	4.20m	673
6 Woelber, Tyl	FR	Augustana (S	4.00m	617
6 Penner, Jackson	JR	U-Mary	4.00m	617
8 O'Connor, Ian	SO	Minnesota-Du	3.80m	562
9 Johnson, Arik	FR	Concordia-St	3.70m	535
10 Holm, Ethan	FR	Sioux Falls	3.60m	509
11 Swango, Jordan	SR	U-Mary	3.40m	457
12 Minnick, Jacob	SO	Msu-Moorhead	3.30m	431

Decathlon: #2 Men Long Jump Decathlon

Name	Yr	School	Finals	
1 Sullivan, Robert	SR	Wayne State	7.10m	838
2 Woelber, Tyl	FR	Augustana (S	7.02m	818
3 Curtis, Jack	SR	Minnesota St	6.75m	755
4 Malsam, Bryce	JR	Northern Sta	6.66m	734
5 Hochstetler, TJ	SR	Northern Sta	6.64m	729
6 Penner, Jackson	JR	U-Mary	6.56m	711
7 O'Connor, Ian	SO	Minnesota-Du	6.36m	666
8 Torsen, Jakob	SO	Concordia-St	6.33m	659
9 Swango, Jordan	SR	U-Mary	6.29m	650
10 Johnson, Arik	FR	Concordia-St	6.18m	626
11 Minnick, Jacob	SO	Msu-Moorhead	6.01m	589
12 Holm, Ethan	FR	Sioux Falls	5.92m	569
13 Lilly, Noah	FR	Wayne State	5.87m	559

Decathlon: #3 Men Shot Put Decathlon

NSIC Record: 12.86m R

Name	Yr	School	Finals	
1 Sullivan, Robert	SR	Wayne State	12.65m	646
2 Woelber, Tyl	FR	Augustana (S	11.14m	554
3 Torsen, Jakob	SO	Concordia-St	11.10m	552
4 Malsam, Bryce	JR	Northern Sta	10.94m	542
5 Hochstetler, TJ	SR	Northern Sta	10.47m	514
6 Curtis, Jack	SR	Minnesota St	10.39m	509
7 Penner, Jackson	JR	U-Mary	10.34m	506
8 Swango, Jordan	SR	U-Mary	9.59m	461
9 Lilly, Noah	FR	Wayne State	9.43m	451
10 O'Connor, Ian	SO	Minnesota-Du	9.08m	431
11 Holm, Ethan	FR	Sioux Falls	9.03m	428

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Finals ... (Decathlon: #3 Men Shot Put Decathlon)

Name	Yr	School	Finals
12 Johnson, Arik	FR	Concordia-St	8.70m 408
--- Minnick, Jacob	SO	Msu-Moorhead	FOUL

10 Johnson, Arik	FR	Concordia-St	5726.00
11 Holm, Ethan	FR	Sioux Falls	4687.00

Decathlon: #7 Men Discus Throw Decathlon
NSIC Record: 36.53m R

Name	Yr	School	Finals
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Finals

1 Sullivan, Robert	SR	Wayne State	36.71mR 598
2 Swango, Jordan	SR	U-Mary	33.99m 544
3 Malsam, Bryce	JR	Northern Sta	33.70m 538
4 Penner, Jackson	JR	U-Mary	33.59m 536
5 Hochstetler, TJ	SR	Northern Sta	33.43m 532
6 Woelber, Tyl	FR	Augustana (S	33.16m 527
7 Tordsen, Jakob	SO	Concordia-St	31.30m 490
8 Lilly, Noah	FR	Wayne State	28.88m 442
9 Minnick, Jacob	SO	Msu-Moorhead	26.10m 388
10 Johnson, Arik	FR	Concordia-St	25.74m 381
11 Curtis, Jack	SR	Minnesota St	25.63m 379
12 Holm, Ethan	FR	Sioux Falls	24.03m 348
13 O'Connor, Ian	SO	Minnesota-Du	23.66m 341

Men - Team Rankings - 21 Events Scored

1) Minnesota State	219
2) U-Mary	118
3) Augustana (SD)	90
4) Sioux Falls	78
5) MSU-Moorhead	67
6) Northern State	59
7) Minnesota-Duluth	55
8) Wayne State (Neb)	53
9) Concordia-St. Paul	52
10) SW Minnesota St.	18
11) Minot State	9

Decathlon: #9 Men Javelin Throw Decathlon

Name	Yr	School	Finals
------	----	--------	--------

Finals

1 Woelber, Tyl	FR	Augustana (S	52.20m 621
2 Lilly, Noah	FR	Wayne State	45.11m 517
2 Hochstetler, TJ	SR	Northern Sta	45.11m 517
4 Swango, Jordan	SR	U-Mary	42.42m 477
5 Malsam, Bryce	JR	Northern Sta	40.24m 446
6 Sullivan, Robert	SR	Wayne State	39.96m 442
7 Holm, Ethan	FR	Sioux Falls	38.96m 427
8 Minnick, Jacob	SO	Msu-Moorhead	38.35m 418
9 O'Connor, Ian	SO	Minnesota-Du	36.94m 398
10 Penner, Jackson	JR	U-Mary	36.76m 395
11 Curtis, Jack	SR	Minnesota St	36.43m 391
12 Johnson, Arik	FR	Concordia-St	33.92m 355
--- Tordsen, Jakob	SO	Concordia-St	ND

Men Decathlon
NSIC Record: 6975 R 2017 Teddy Frid
7242 AUTO
6300 PROV

Name	Yr	School	Finals
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Finals

1 Sullivan, Robert	SR	Wayne State	6931.00 PROV
2 Woelber, Tyl	FR	Augustana (S	6694.00 PROV
3 Hochstetler, TJ	SR	Northern Sta	6613.00 PROV
4 Malsam, Bryce	JR	Northern Sta	6530.00 PROV
5 Curtis, Jack	SR	Minnesota St	6319.00 PROV
6 Penner, Jackson	JR	U-Mary	6124.00 3
7 O'Connor, Ian	SO	Minnesota-Du	6031.00 2
8 Lilly, Noah	FR	Wayne State	5913.00 1
9 Swango, Jordan	SR	U-Mary	5770.00

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Women 100 Meter Dash

NSIC Record: 11.51 R 1983 Jeri Domes
11.50 AUTO
11.93 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Hartman, Grace	SO	Minnesota St	11.92QPROV
2 Canfall, Toni	SO	Concordia-St	11.92QPROV
3 DeWitt, Callie	SO	Augustana (S	11.98Q1.8
4 Pryor, Michaela	FR	Winona State	12.01Q1.8
5 Burris, Emelia	SO	St. Cloud St	12.03Q2.0
6 Baynes, Emma	SO	St. Cloud St	12.15Q1.6
7 Pietz, Maddy	FR	Winona State	12.11q 1.8
8 Barker, Jada	JR	Bemidji Stat	12.20q 1.6
9 Kjelland, Beatrice	FR	Bemidji Stat	12.21 2.0
10 Troescher, Sarah	JR	Sioux Falls	12.23 2.0
11 Jones, Khenadi	SO	Minnesota St	12.23 2.0
12 Johnson, Ki'Arah	SR	Msu-Moorhead	12.25 1.8
13 Peterson, Chloe	SO	Sioux Falls	12.30 1.6
14 Henderson, Kanya	FR	Sioux Falls	12.33 1.8
15 Burrell, Shanice	SO	Northern Sta	12.35 1.6
16 Gregory, Karlona	SR	Minnesota St	12.47 1.6
17 Edeh, Enyo	FR	Minnesota St	12.52 1.8
18 Oyadare, Mercy	SO	Sioux Falls	12.56 2.0
19 Bond, Jonae	SO	Bemidji Stat	12.58 2.0
20 Jones, Ashlyn	FR	SW Minnesota	12.68 1.6

Women 100 Meter Dash

NSIC Record: 11.51 R 1983 Jeri Domes
11.50 AUTO
11.93 PROV

Name	Yr	School	Finals
Finals			
1 Hartman, Grace	SO	Minnesota St	11.78 PROV
2 Canfall, Toni	SO	Concordia-St	11.84 PROV
3 DeWitt, Callie	SO	Augustana (S	11.86 PROV
4 Pietz, Maddy	FR	Winona State	11.91 PROV
5 Burris, Emelia	SO	St. Cloud St	11.91 PROV
6 Pryor, Michaela	FR	Winona State	11.95 3
7 Barker, Jada	JR	Bemidji Stat	12.12 2
8 Baynes, Emma	SO	St. Cloud St	12.16 1

Women 200 Meter Dash

NSIC Record: 23.98 R 5/11/2010 Brittany Henderson
23.59 AUTO
24.33 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Kohlwey, Danielle	SR	Minnesota-Du	24.33QPROV
2 Pryor, Michaela	FR	Winona State	24.54Q1.1
3 Schyvinck, Brittany	SR	Winona State	24.56Q2.1
4 Hartman, Grace	SO	Minnesota St	24.48Q2.4
5 Gaye, Rose	FR	Minnesota St	24.56Q2.1
6 Burris, Emelia	SO	St. Cloud St	24.59Q1.1

7 Baynes, Emma	SO	St. Cloud St	24.57q 2.4
8 Zastrow, Abbey	SO	U-Mary	24.69q 1.1
9 Dikmen, Selin	SO	Augustana (S	24.81 2.1
10 Barker, Jada	JR	Bemidji Stat	24.86 2.1
11 DeWitt, Callie	SO	Augustana (S	24.96 2.4
12 Canfall, Toni	SO	Concordia-St	25.00 1.1
13 Schyvinck, Brooklyn	FR	Winona State	25.03 2.1
14 Pietz, Maddy	FR	Winona State	25.08 1.1
15 Stalboerger, Allie	SR	Minnesota-Du	25.30 1.1
16 Kjelland, Beatrice	FR	Bemidji Stat	25.32 2.1
17 Woodard, Mackenzie	SO	Minnesota St	25.35 2.4
18 Patterson, Johnna	JR	Winona State	25.55 2.4
19 Barnes, Madison	JR	Northern Sta	25.64 1.1
20 Edeh, Enyo	FR	Minnesota St	26.14 1.1
21 Gregory, Karlona	SR	Minnesota St	27.17 2.4

Women 200 Meter Dash

NSIC Record: 23.98 R 5/11/2010 Brittany Henderson
23.59 AUTO
24.33 PROV

Name	Yr	School	Finals
Finals			
1 Kohlwey, Danielle	SR	Minnesota-Du	24.31 PROV
2 Hartman, Grace	SO	Minnesota St	24.34 8
3 Pryor, Michaela	FR	Winona State	24.64 6
4 Burris, Emelia	SO	St. Cloud St	24.77 5
5 Schyvinck, Brittany	SR	Winona State	24.78 4
6 Zastrow, Abbey	SO	U-Mary	25.00 3
7 Gaye, Rose	FR	Minnesota St	25.02 2
8 Baynes, Emma	SO	St. Cloud St	25.13 1

Women 400 Meter Dash

NSIC Record: 54.40 R 2017 Megan Seidl
53.46 AUTO
55.96 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Zastrow, Abbey	SO	U-Mary	55.65QPROV
2 Malone, Crystal	JR	Minnesota St	56.00Q
3 Schyvinck, Brooklyn	FR	Winona State	56.80Q
4 Schyvinck, Brittany	SR	Winona State	56.04Q
5 Brown, Nicolyn	SR	U-Mary	56.84Q
6 Pester, Jordyn	FR	Wayne State	56.96Q
7 Woodard, Mackenzie	SO	Minnesota St	57.24q
8 Richards, Nelecia	JR	U-Mary	57.53q
9 Mudgett, Sydney	SO	Augustana (S	57.84
10 Arradondo, Sierra	FR	Minnesota-Du	58.30
11 Gaye, Rose	FR	Minnesota St	58.32
12 Patterson, Johnna	JR	Winona State	58.60
13 Rezac, Emma	SO	Northern Sta	58.65
14 Barnes, Madison	JR	Northern Sta	58.71
15 Mulder, Kaitlyn	FR	Augustana (S	58.81
16 Hill, Breyanna	JR	Upper Iowa	58.92
17 Ross, Jenna	SO	Upper Iowa	59.50
18 DeVos, Brooke	SR	Augustana (S	59.79

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Preliminaries ... (Women 400 Meter Dash)

Name	Yr	School	Prelims
19 Beckius, Mariah	SO	Augustana (S)	1:00.33
20 Magnuson, Lauren	JR	Concordia-St	1:00.98
--- Vallabouy, Shereen	FR	Winona State	DNF

Women 400 Meter Dash

NSIC Record: **54.40 R 2017** Megan Seidl
53.46 AUTO
55.96 PROV

Name	Yr	School	Finals
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Finals

1 Zastrow, Abbey	SO	U-Mary	55.35	PROV
2 Malone, Crystal	JR	Minnesota St	55.91	PROV
3 Brown, Nicolyn	SR	U-Mary	56.25	6
4 Pester, Jordyn	FR	Wayne State	56.27	5
5 Schyvinck, Brittany	SR	Winona State	56.50	4
6 Woodard, Mackenzie	SO	Minnesota St	56.74	3
7 Schyvinck, Brooklyn	FR	Winona State	57.48	2
8 Richards, Nelecia	JR	U-Mary	57.97	1

Women 800 Meter Run

NSIC Record: **2:04.62 R 5/11/2017** Emi Trost
2:07.15 AUTO
2:12.18 PROV

Name	Yr	School	Prelims
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Preliminaries

1 Reindl, Haleigh	FR	Minnesota-Du	2:12.21Q
2 Hestekin, Taylor	SO	U-Mary	2:14.95Q
3 McPherson, Monique	SR	U-Mary	2:16.21Q
4 Brezinka, Isabelle	SO	Minnesota-Du	2:14.10Q
5 Rahn, Carly	SO	Augustana (S)	2:15.16Q
6 Patrick, Bobbi	SR	Minnesota St	2:16.89Q
7 Johnson, Allison	SR	Winona State	2:14.35q
8 Ryan, Kali	SO	Augustana (S)	2:16.10q
9 Prigge, Ryne	FR	Bemidji Stat	2:17.55
10 Willenbrink, Hope	SR	Winona State	2:17.90
11 Silloway, Julia	FR	Winona State	2:19.09
12 Jelimo, Joan	JR	Wayne State	2:19.39
13 Jansky, Kayla	JR	SW Minnesota	2:20.78
14 Shurbert-Hetzel, Autum	JR	St. Cloud St	2:22.05
15 Kyes, Elizabeth	JR	Minnesota-Du	2:22.27
16 Kastigar, Hannah	SR	Northern Sta	2:22.99
17 Webb, Kathryn	JR	Minnesota-Du	2:24.61
18 Welhouse, Clara	FR	St. Cloud St	2:24.64
19 Clark, Jennifer	FR	Northern Sta	2:25.33
20 Thompson, Sadie	SO	Sioux Falls	2:26.20
21 Schmidt, Elena	FR	Concordia-St	2:26.70
22 Brown, Maria	FR	Concordia-St	2:27.91
23 Smith, Abberly	SO	Northern Sta	2:30.51

Women 800 Meter Run

NSIC Record: **2:04.62 R 5/11/2017** Emi Trost
2:07.15 AUTO
2:12.18 PROV

Name	Yr	School	Finals
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Finals

1 Reindl, Haleigh	FR	Minnesota-Du	2:12.32	10
2 McPherson, Monique	SR	U-Mary	2:14.16	8
3 Hestekin, Taylor	SO	U-Mary	2:14.20	6
4 Brezinka, Isabelle	SO	Minnesota-Du	2:14.65	5
5 Patrick, Bobbi	SR	Minnesota St	2:14.76	4
6 Rahn, Carly	SO	Augustana (S)	2:15.31	3
7 Ryan, Kali	SO	Augustana (S)	2:18.37	2
8 Johnson, Allison	SR	Winona State	2:19.12	1

Women 1500 Meter Run

NSIC Record: **4:21.48 R 2017** Emi Trost
4:22.06 AUTO
4:33.24 PROV

Name	Yr	School	Prelims
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Preliminaries

1 Selberg, Avery	SR	Augustana (S)	4:43.88Q
2 Tromp, Emily	JR	Augustana (S)	4:44.65Q
3 Hestekin, Taylor	SO	U-Mary	4:43.96Q
4 Ceglowski, Taryn	SO	Sioux Falls	4:44.67Q
5 Kastigar, Hannah	SR	Northern Sta	4:44.00Q
6 Rogahn, Anna	JR	Winona State	4:44.85Q
7 Erickson, Bree	JR	U-Mary	4:44.05Q
8 Schenk, Meagan	JR	Augustana (S)	4:45.32Q
9 English, Patty Jo	FR	Augustana (S)	4:44.29q
10 Waterfall, Haylee	FR	Augustana (S)	4:44.47q
11 Staffen, Nikki	SR	Winona State	4:46.76q
12 Kyes, Elizabeth	JR	Minnesota-Du	4:47.48q
13 Montplaisir, Amanda	FR	Minnesota St	4:48.72
14 Weyenberg, Carisa	JR	Minnesota St	4:49.67
15 Leger, Haley	FR	Minnesota St	4:54.21
16 Nowatzke, Natalie	SO	Winona State	4:56.79
17 Lindell, Sarina	FR	Sioux Falls	4:56.94
18 Serratore, Megan	SR	Minnesota St	4:57.79
19 Holland, Aimee	JR	Winona State	4:58.49
20 Quiring, Brittany	FR	Winona State	5:02.18
21 McGee, Abigail	SO	Minot State	5:05.50
22 Lowman, Kim	JR	Wayne State	5:09.35
23 Rinke, Rhianna	SO	Minnesota-Du	5:14.29

Women 1500 Meter Run

NSIC Record: **4:21.48 R 2017** Emi Trost
4:22.06 AUTO
4:33.24 PROV

Name	Yr	School	Finals
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Finals

1 Hestekin, Taylor	SO	U-Mary	4:34.72	10
2 Erickson, Bree	JR	U-Mary	4:35.00	8
3 Tromp, Emily	JR	Augustana (S)	4:36.44	6

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Finals ... (Women 1500 Meter Run)

Name	Yr	School	Finals	
4 Rogahn, Anna	JR	Winona State	4:36.60	5
5 Selberg, Avery	SR	Augustana (S	4:38.64	4
6 Ceglowski, Taryn	SO	Sioux Falls	4:40.04	3
7 English, Patty Jo	FR	Augustana (S	4:43.92	2
8 Kastigar, Hannah	SR	Northern Sta	4:44.29	1
9 Schenk, Meagan	JR	Augustana (S	4:45.10	
10 Staffen, Nikki	SR	Winona State	4:49.53	
11 Waterfall, Haylee	FR	Augustana (S	4:51.53	
12 Kyes, Elizabeth	JR	Minnesota-Du	4:58.80	

Women 5000 Meter Run

NSIC Record: 16:34.35 R 5/13/2018 Alexis Zeis

13:10.21 AUTO

17:10.86 PROV

Name	Yr	School	Finals	
Finals				
1 Narbuvoll, Ida	JR	U-Mary	16:59.49	PROV
2 Roberts, Emily	SR	U-Mary	17:19.14	8
3 Kelly, Mackenzie	SR	Augustana (S	17:35.40	6
4 Schmidt, Nicolette	SO	Augustana (S	17:36.48	5
5 Seivert, Leah	SR	Augustana (S	17:38.52	4
6 Rogahn, Anna	JR	Winona State	17:43.26	3
7 Weyenberg, Carisa	JR	Minnesota St	17:48.18	2
8 Savey, Cait	FR	Augustana (S	18:03.87	1
9 Sistrunk, Kathryn	JR	Msu-Moorhead	18:11.59	
10 Boersma, Claire	SO	Augustana (S	18:16.04	
11 Tromp, Emily	JR	Augustana (S	18:19.40	
12 Radel, Morgan	FR	Minnesota-Du	18:21.80	
13 Ceglowski, Taryn	SO	Sioux Falls	18:23.21	
14 Rairdon, Rebekah	SO	Augustana (S	18:28.51	
15 Waterfall, Haylee	FR	Augustana (S	18:30.18	
16 Serratore, Megan	SR	Minnesota St	18:33.29	
17 Richtman, Becca	SO	Winona State	18:34.78	
18 Hottovy, Courtney	SR	Augustana (S	18:46.20	
19 English, Patty Jo	FR	Augustana (S	18:50.64	
20 Braaten, Josie	SO	Minnesota St	18:50.78	
21 Schenk, Meagan	JR	Augustana (S	18:50.95	
22 Mesfin, Lucia	FR	Concordia-St	18:51.20	
23 Yoder, Elizabeth	FR	Augustana (S	18:56.96	
24 Selberg, Avery	SR	Augustana (S	19:00.39	
25 Staffen, Nikki	SR	Winona State	19:01.19	
26 Lindberg, Kara	SO	Concordia-St	19:01.21	
27 Robran, Alexandra	FR	Minnesota-Du	19:08.66	
28 Chambers, Lexie	SO	Minnesota-Du	19:16.10	
29 Rairdon, Rachel	SO	Augustana (S	19:23.73	
30 Goertzen, Becca	SR	Sioux Falls	19:25.03	
31 Hendrickson, Allison	FR	Winona State	19:33.07	
32 Lindberg, Ruth	SR	Concordia-St	19:42.17	
33 Reeves, Lauren	FR	Minot State	19:43.05	
34 Lindell, Sarina	FR	Sioux Falls	19:45.44	
35 Sterud, Jordyn	FR	Northern Sta	19:54.11	
36 Haight, Mariah	FR	Augustana (S	20:01.74	

Women 10000 Meter Run

NSIC Record: 34:12.43 R 5/12/2018 Sasha Hovind

34:13.34 AUTO

36:35.97 PROV

Name	Yr	School	Finals	
Finals				
1 Narbuvoll, Ida	JR	U-Mary	36:06.85	PROV
2 Roberts, Emily	SR	U-Mary	36:10.46	PROV
3 Seivert, Leah	SR	Augustana (S	36:36.06	6
4 Schmidt, Nicolette	SO	Augustana (S	36:52.05	5
5 Sistrunk, Kathryn	JR	Msu-Moorhead	37:32.69	4
6 Savey, Cait	FR	Augustana (S	37:43.68	3
7 Braaten, Josie	SO	Minnesota St	38:58.62	2
8 Drenckhahn, Melissa	JR	Minnesota-Du	39:56.68	1
9 Mooberry, Megan	FR	Northern Sta	40:26.30	
10 Peterson, Amanda	SR	Augustana (S	40:35.35	
11 Lorenz, Katie	SO	Winona State	40:41.65	
12 Juenemann, Annika	FR	St. Cloud St	41:11.31	
13 Megazzini, Julia	SO	Augustana (S	41:15.58	
14 Sterud, Jordyn	FR	Northern Sta	41:28.60	
15 Lindfors, Jackie	SR	Concordia-St	41:57.05	
16 Dehmlow, Serianna	FR	Upper Iowa	42:16.57	
17 Leapaldt, Madison	JR	Northern Sta	42:35.93	
18 Daniels, Emily	SO	SW Minnesota	43:37.01	
19 Storms, Allyna	SO	Bemidji Stat	43:42.13	
20 Lester, Avery	SO	SW Minnesota	44:25.79	
--- Torres, Andrea	FR	Wayne State		DNF

Women 100 Meter Hurdles

NSIC Record: 13.42 R 5/11/2017 Tonie Pandohie

13.51 AUTO

14.22 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Kohlwey, Danielle	SR	Minnesota-Du	13.68QPROV
2 Hammerschmidt, Julia	SR	U-Mary	13.83QPROV
3 Montez Brown, Olivia	JR	Augustana (S	14.24Q1.5
4 Bolibruch, Tereza	FR	U-Mary	14.08QPROV
5 Burrell, Shanice	SO	Northern Sta	14.25Q1.5
6 Oosterwegel, Hanneke	SR	Northern Sta	14.32Q0.9
7 Hackel, Carolyn	JR	Minnesota St	14.31q 1.5
8 Dikmen, Selin	SO	Augustana (S	14.64q 0.9
9 Mulcahy, Christabelle	SO	Concordia-St	14.68 1.5
10 Lubner, Faith	SO	St. Cloud St	14.78 0.9
11 Benson, Christa	SR	Bemidji Stat	14.83 0.9
12 Olson, Emily	SO	Sioux Falls	14.90 0.9
13 Ramos, Nora	FR	U-Mary	14.98 0.9
14 Wanie, Amanda	SR	Winona State	15.10 0.9
15 Sprain, Ashley	JR	Winona State	15.18 1.5
16 Beck, Faith	FR	Bemidji Stat	15.31 1.5
17 Biebel, Madison	SO	Minnesota-Du	15.46 0.9
18 Schneider, Nicole	JR	Minnesota-Du	15.63 0.9
19 Robinson, Arika	FR	Concordia-St	16.02 0.9

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Women 100 Meter Hurdles

NSIC Record: **13.42 R 5/11/2017** **Tonie Pandohie**
13.51 AUTO
14.22 PROV

Name	Yr	School	Finals
Finals			
1 Kohlwey, Danielle	SR	Minnesota-Du	13.40RAUTO
2 Hammerschmidt, Julia	SR	U-Mary	13.67 PROV
3 Bolibruch, Tereza	FR	U-Mary	14.01 PROV
4 Burrell, Shanice	SO	Northern Sta	14.08 PROV
5 Montez Brown, Olivia	JR	Augustana (S	14.18 PROV
6 Oosterwegel, Hanneke	SR	Northern Sta	14.33 3
7 Hackel, Carolyn	JR	Minnesota St	14.35 2
8 Dikmen, Selin	SO	Augustana (S	14.54 1

Women 400 Meter Hurdles

NSIC Record: **58.83 R 2017** **Hanneke Oosterwegel**
59.05 AUTO
1:01.92 PROV

Name	Yr	School	Prelims
Preliminaries			
1 Oosterwegel, Hanneke	SR	Northern Sta	59.98QPROV
2 Schneiss, Kari	SR	Winona State	1:01.56QPROV
3 Harris, Kalley	SO	Winona State	1:01.69QPROV
4 Hammerschmidt, Julia	SR	U-Mary	1:02.07Q
5 Benson, Christa	SR	Bemidji Stat	1:02.32q
6 Zeman, Kendall	FR	Winona State	1:02.83q
7 Dembrowski, Courtney	FR	U-Mary	1:03.65q
8 Wilson, Cassiddy	SO	Upper Iowa	1:04.14q
9 Brown, Bridget	JR	St. Cloud St	1:04.32
10 Bad Moccasin, Chelsey	SO	Minnesota St	1:04.66
11 Monson, Kylie	FR	Bemidji Stat	1:04.85
12 Kinzer, Isabel	SO	Northern Sta	1:04.89
13 Schneider, Nicole	JR	Minnesota-Du	1:05.05
14 Fischer, Leighten	SO	St. Cloud St	1:05.30
15 Dieringer, Jessika	SR	Minnesota St	1:05.49
16 Storm, Summer	JR	Msu-Moorhead	1:05.67
17 Solano, Ashley	SR	Augustana (S	1:05.86
18 Anderson, Autumn	SO	Minnesota St	1:05.90
19 Bartlett, Allison	SO	Minnesota-Du	1:06.62
20 Wanie, Amanda	SR	Winona State	1:07.35
21 Biebel, Madison	SO	Minnesota-Du	1:07.49
22 Crump, Kayla	FR	Bemidji Stat	1:08.21
23 Christenson, Libby	SO	Bemidji Stat	1:09.68
24 Taylor, Tacora	SO	Concordia-St	1:12.68
25 Kavajecz, Alyssa	JR	Minnesota-Du	1:12.89

Women 400 Meter Hurdles

NSIC Record: **58.83 R 2017** **Hanneke Oosterwegel**
59.05 AUTO
1:01.92 PROV

Name	Yr	School	Finals
Finals			
1 Oosterwegel, Hanneke	SR	Northern Sta	59.78 PROV

2 Hammerschmidt, Julia	SR	U-Mary	1:01.89	PROV
3 Benson, Christa	SR	Bemidji Stat	1:01.97	6
4 Harris, Kalley	SO	Winona State	1:02.70	5
5 Schneiss, Kari	SR	Winona State	1:02.81	4
6 Dembrowski, Courtney	FR	U-Mary	1:03.34	3
7 Zeman, Kendall	FR	Winona State	1:04.17	2
8 Wilson, Cassiddy	SO	Upper Iowa	1:04.85	1

Women 3000 Meter Steeplechase

NSIC Record: **10:05.02 R 2017** **Brenna Colbenson**
10:12.97 AUTO
11:01.67 PROV

Name	Yr	School	Finals
Finals			
1 Kelly, Mackenzie	SR	Augustana (S	10:36.22 PROV
2 Schuette, Jaiden	SR	U-Mary	10:39.99 PROV
3 Kammeyer, Evie	SR	U-Mary	10:48.93 PROV
4 Rairdon, Rebekah	SO	Augustana (S	10:56.49 PROV
5 Hottovy, Courtney	SR	Augustana (S	10:58.18 PROV
6 Boersma, Claire	SO	Augustana (S	11:07.16 3
7 Rairdon, Rachel	SO	Augustana (S	11:16.59 2
8 Richtman, Becca	SO	Winona State	11:19.39 1
9 Lofgren, Chrissy	JR	St. Cloud St	11:23.85
10 Larson, Paige	SR	Northern Sta	11:28.11
11 Costa, Starlynn	FR	U-Mary	11:28.40
12 Lindberg, Kara	SO	Concordia-St	11:33.61
13 Goertzen, Becca	SR	Sioux Falls	11:47.92
14 Stuart, Megan	SR	Minnesota-Du	11:57.31
15 Carr, Lydia	JR	Concordia-St	11:59.07
16 Schlafke, Elizabeth	JR	Minnesota-Du	12:08.56
17 Wallace, Livia	FR	Northern Sta	12:11.54
18 Jacobson, Skyler	FR	SW Minnesota	12:22.94
19 Petron, Kristen	JR	Bemidji Stat	12:24.06
20 Rosener, Allie	FR	Wayne State	12:25.94
21 Bennett, Tasha	JR	Concordia-St	12:28.56
22 Herridge, Jamie	SO	St. Cloud St	12:30.95
23 Kraft, Isabella	FR	St. Cloud St	12:43.93
24 Herdering, Ashley	SO	Bemidji Stat	13:19.55
25 Schotter, Abby	SO	SW Minnesota	13:23.28

Women 4x100 Meter Relay

NSIC Record: **46.10 R 2017** **Winona State**
T Juresh, T Tucker, B Schyvinck, M Seidl
45.52 AUTO
46.86 PROV

Team	Relay	Finals
Finals		
1 Minnesota State	A	46.58 PROV
1) Malone, Crystal JR	2) Hartman, Grace SO	
3) Jones, Khenadi SO	4) Gregory, Karlona SR	
2 Winona State	A	46.66 PROV
1) Pryor, Michaela FR	2) Schyvinck, Brittany SR	
3) Pietz, Maddy FR	4) Schyvinck, Brooklyn FR	

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Finals ... (Women 4x100 Meter Relay)			
Team	Relay	Finals	
3 Augustana (Sd)	A	46.73	PROV
1) Montez Brown, Olivia JR	2) Klapperich, Alaina SR		
3) Dikmen, Selin SO	4) DeWitt, Callie SO		
4 U-Mary	A	47.24	5
1) Modglin, Cali SO	2) Zastrow, Abbey SO		
3) Hammerschmidt, Julia SR	4) Brown, Nicolyn SR		
5 Bemidji State	A	47.64	4
1) Bond, Jonae SO	2) Barker, Jada JR		
3) Beck, Faith FR	4) Kjelland, Beatrice FR		
6 Sioux Falls	A	47.72	3
1) Henderson, Kanya FR	2) Troescher, Sarah JR		
3) Oyadare, Mercy SO	4) Peterson, Chloe SO		
7 St Cloud State	A	47.76	2
1) Brown, Bridget JR	2) Baynes, Emma SO		
3) Taylor, Maya SO	4) Burris, Emelia SO		
8 Northern State	A	48.45	1
1) Hutzler, Dakota SO	2) Barnes, Madison JR		
3) Burrell, Shanice SO	4) Rezac, Emma SO		
9 Concordia-St. Paul	A	48.47	
1) Kunshier, Maddy SR	2) Canfall, Toni SO		
3) Magnuson, Lauren JR	4) Mulcahy, Christabelle SO		
10 Minnesota-Duluth	A	48.57	
1) Frekot, Hanna SR	2) Peller, Natalie SO		
3) Stalboerger, Allie SR	4) Wolf, Alex FR		
11 Upper Iowa	A	49.96	
1) Lightfoot, Kortney JR	2) Ross, Jenna SO		
3) Trenkamp, Allison SO	4) Kelly, Erica SR		
12 Msu-Moorhead	A	50.10	
1) Johnson, Ki'Arah SR	2) Narum, Baylie FR		
3) Stier, Sara FR	4) Ellertson, Jenna JR		
13 SW Minnesota St.	A	50.66	
1) Brown, Rylie FR	2) Saulsbury-Triviski, Tina FR		
3) Strandemo, Sarah FR	4) Pederson, Virginia FR		
14 Minot State	A	51.41	
1) Haskell, Autumnne JR	2) Mohr, Amanda SO		
3) Winterton, Erin SR	4) Daniel, Cassandra SO		

Women 4x400 Meter Relay

NSIC Record: 3:41.18 R 2017 University of Mary
J Hammerschmidt, N Richards, M Rodriguez, N Brown
3:40.10 AUTO
3:48.20 PROV

Team	Relay	Finals	
Finals			
1 U-Mary	A	3:46.19	PROV
1) Hammerschmidt, Julia SR	2) Brown, Nicolyn SR		
3) Zastrow, Abbey SO	4) McPherson, Monique SR		
2 Minnesota State	A	3:49.05	8
1) Gaye, Rose FR	2) Malone, Crystal JR		
3) Anderson, Autumn SO	4) Woodard, Mackenzie SO		
3 Northern State	A	3:49.52	6
1) Oosterwegel, Hanneke SR	2) Kinzer, Isabel SO		
3) Barnes, Madison JR	4) Rezac, Emma SO		

4 Winona State	A	3:51.38	5
1) Harris, Kalley SO	2) Schyvinck, Brooklyn FR		
3) Schyvinck, Brittany SR	4) Schneiss, Kari SR		
5 Minnesota-Duluth	A	3:53.44	4
1) Stalboerger, Allie SR	2) Arradondo, Sierra FR		
3) Kohlwey, Danielle SR	4) Reindl, Haleigh FR		
6 Augustana (Sd)	A	3:53.54	3
1) Dikmen, Selin SO	2) Mudgett, Sydney SO		
3) Mulder, Kaitlyn FR	4) DeVos, Brooke SR		
7 Upper Iowa	A	3:58.79	2
1) Hill, Breyanna JR	2) Ross, Jenna SO		
3) Wilson, Cassiddy SO	4) Soeken, Makenzie JR		
8 Bemidji State	A	4:00.02	1
1) Benson, Christa SR	2) Monson, Kylie FR		
3) Tucker, Aneesa SO	4) Barker, Jada JR		
9 Wayne State (Neb)	A	4:02.38	
1) Jelimo, Joan JR	2) Jetensky, Marin FR		
3) Vasa, Molli FR	4) Pester, Jordyn FR		
10 St Cloud State	A	4:04.10	
1) Brown, Bridget JR	2) Baynes, Emma SO		
3) Fischer, Leighton SO	4) Lubner, Faith SO		
11 Sioux Falls	A	4:06.95	
1) Oyadare, Mercy SO	2) Olson, Emily SO		
3) Harris, Jasmine FR	4) Peterson, Chloe SO		
12 SW Minnesota St.	A	4:11.21	
1) Gillingham, Emily SO	2) Jacobson, Skyler FR		
3) Pederson, Virginia FR	4) Jansky, Kayla JR		
13 Concordia-St. Paul	A	4:12.28	
1) Kunshier, Maddy SR	2) Magnuson, Lauren JR		
3) Bible, Taniya JR	4) Canfall, Toni SO		
14 Minot State	A	4:18.44	
1) Nielsen, Brinlie SO	2) Haskell, Autumnne JR		
3) Mohr, Amanda SO	4) Winterton, Erin SR		

Women High Jump

NSIC Record: 1.76m R 2011 Andrea Whitney
1.77m AUTO
1.67m PROV

Name	Yr	School	Finals
Finals			
1 Morris, D'Andra	SO	U-Mary	1.69m PROV
2 Henry, Alysa	FR	U-Mary	1.66m 8
3 Wolf, Alex	FR	Minnesota-Du	1.66m 6
4 Miedema, Mearah	SO	Augustana (S	1.63m 5
5 Berg, Tava	FR	Northern Sta	1.63m 4
6 Alaman, Sonia	JR	Northern Sta	1.60m 2.5
6 Benson, Christa	SR	Bemidji Stat	1.60m 2.5
8 Johnson, Jocelyn	JR	St. Cloud St	1.60m 1
9 Ludeman, Kendra	SO	Augustana (S	1.60m
10 Rizner, Madison	FR	Winona State	1.60m
11 Stone, Zoe	FR	Minnesota St	1.60m
12 Robinson, Arika	FR	Concordia-St	1.57m
13 Jones, Ashlyn	FR	SW Minnesota	1.57m
14 Pritchett, Caitlin	FR	Msu-Moorhead	1.57m
15 Langston, Teya	SO	Minnesota St	1.52m

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Finals ... (Women High Jump)

Name	Yr	School	Finals
16 Stoltz, Taylor	FR	Sioux Falls	1.52m
16 Dykman, Ali	FR	Wayne State	1.52m
16 Soeken, Makenzie	JR	Upper Iowa	1.52m
19 Price, Tamara	SR	Winona State	1.52m
19 Oliverson, Kailee	FR	Northern Sta	1.52m
19 Shea, Claire	FR	St. Cloud St	1.52m
22 Monson, Kylie	FR	Bemidji Stat	1.47m
22 Christenson, Libby	SO	Bemidji Stat	1.47m
22 Westemeier, Rachel	FR	Concordia-St	1.47m
22 Hutzler, Dakota	SO	Northern Sta	1.47m
26 Sowada, Sophia	FR	Msu-Moorhead	1.47m
26 Kurtti, Nicole	JR	Msu-Moorhead	1.47m
28 Lazure, Hanna	SO	Wayne State	1.47m
--- Paaverud, Ella	FR	Concordia-St	NH
--- Guisinger, Kacia	SO	Msu-Moorhead	NH

Women Pole Vault

NSIC Record: 4.20m R 5/13/2018 Kimberly Peterson
 4.08m AUTO
 3.65m PROV

Name	Yr	School	Finals
1 Hill, Kealy	FR	Northern Sta	3.66m PROV
2 Dennison, Christine	FR	Minnesota St	3.66m PROV
3 St. Catherine, Anna	SO	Msu-Moorhead	3.36m 5.5
3 Henry, Alysa	FR	U-Mary	3.36m 5.5
5 Noble, Lily	SR	Augustana (S	3.36m 4
6 Baker, Cassidy	SR	Minnesota-Du	3.21m 3
7 Klocke, Kalli Jo	FR	St. Cloud St	3.21m 2
8 Beck, Faith	FR	Bemidji Stat	3.06m 1
9 Bahls, Sydney	FR	Msu-Moorhead	3.06m
10 Ellertson, Jenna	JR	Msu-Moorhead	3.06m
10 Marvin, Mikayla	FR	Wayne State	3.06m
12 Norman, Teghan	SR	Concordia-St	3.06m
13 Schiltz, Marya	FR	Sioux Falls	3.06m
14 Gauert, Emma	FR	St. Cloud St	2.91m
15 Rockstad, Abbie	SO	Minnesota-Du	2.91m
16 Kelvington, Haley	SO	St. Cloud St	2.76m
17 Harmer, Cami	FR	Minnesota-Du	2.76m
--- Schmidt, Brenna	SR	Sioux Falls	NH
--- Voss, Tessa	JR	Minnesota St	NH
--- Christen, Taylor	SO	Minnesota-Du	NH
--- Herfindahl, Gabby	FR	St. Cloud St	NH

Women Long Jump

NSIC Record: 6.31m R 5/1985 Julie Hay
 6.29m AUTO
 5.80m PROV

Name	Yr	School	Finals
1 Modglin, Cali	SO	U-Mary	5.83m PROV
2 Springer, Kristi	SO	Winona State	5.80m PROV
3 Burris, Emelia	SO	St. Cloud St	5.78m 6

4 Peterson, Chloe	SO	Sioux Falls	5.73m 5
5 Montez Brown, Olivia	JR	Augustana (S	5.71m 4
6 Morris, D'Andra	SO	U-Mary	5.58m 3
7 Quam, Mara	FR	Minnesota St	5.52m 2
8 Pastian, Kylie	SR	U-Mary	5.45m 1
9 Olson, Emily	SO	Sioux Falls	5.43m 0.4
10 Lubner, Faith	SO	St. Cloud St	5.41m -1.0
11 Hackel, Carolyn	JR	Minnesota St	5.38m -0.9
12 Juresh, Taylor	JR	Winona State	5.37m -1.0
13 DeWitt, Callie	SO	Augustana (S	5.36m -1.5
14 Lindley, Ricki	JR	U-Mary	5.34m -1.4
15 Jungwirth, Abby	JR	St. Cloud St	5.33m -1.4
16 Frekot, Hanna	SR	Minnesota-Du	5.30m -0.7
16 Westerman, Sarah	JR	Augustana (S	5.30m -0.3
18 Tucker, Tamika	SR	Winona State	5.22m -1.0
19 Keller, Emily	FR	U-Mary	5.21m -1.7
20 Atladottir, Steinunn	SR	Minnesota St	5.18m -1.2
21 Hutzler, Dakota	SO	Northern Sta	5.16m -0.6
22 Hart, Dominique	SO	Minnesota-Du	5.13m -1.1
23 Pryor, Michaela	FR	Winona State	5.10m -1.0
24 Sprain, Ashley	JR	Winona State	5.08m 0.5
25 Schrader, Sarah	SR	Minnesota-Du	5.05m -1.3
26 Soeken, Makenzie	JR	Upper Iowa	5.04m -0.7
27 Tucker, Aneesa	SO	Bemidji Stat	5.03m -0.9
28 Oldham, Mauria	FR	St. Cloud St	4.98m -0.8
29 Adams, Cheri'a	SO	Bemidji Stat	4.97m -0.6
30 Noelle, Riana	JR	Wayne State	4.83m -0.5
31 Narum, Baylie	FR	Msu-Moorhead	4.76m -0.5

Women Triple Jump

NSIC Record: 12.60m R 2015 Danylle Kurywchak
 12.77m AUTO
 11.85m PROV

Name	Yr	School	Finals
1 Brunner, Elizabeth	JR	Minnesota St	12.33m PROV
2 Morris, D'Andra	SO	U-Mary	12.19m PROV
3 Lindley, Ricki	JR	U-Mary	12.00m PROV
4 Modglin, Cali	SO	U-Mary	11.84m 5
5 Griggs, Kyja	FR	Winona State	11.77m 4
6 Springer, Kristi	SO	Winona State	11.76m 3
7 Monson, Kylie	FR	Bemidji Stat	11.51m 2
8 Banks, Kaly	FR	Augustana (S	11.50m 1
9 Pastian, Kylie	SR	U-Mary	11.45m 1.2
10 Jungwirth, Abby	JR	St. Cloud St	11.44m 1.4
11 Maruska, Lindsay	SO	Minnesota-Du	11.42m 1.3
12 Paul, Clara	JR	Sioux Falls	11.28m 1.3
13 Fabre, Analise	SO	Bemidji Stat	11.26m 1.3
14 Taylor, Maya	SO	St. Cloud St	11.25m 1.1
15 Rizner, Madison	FR	Winona State	11.23m 1.3
16 Pederson, Virginia	FR	SW Minnesota	11.17m 0.8
17 Robinson, Arika	FR	Concordia-St	10.91m 0.6
18 Tucker, Aneesa	SO	Bemidji Stat	10.66m 0.8
19 Noelle, Riana	JR	Wayne State	10.53m 1.6
20 Carpenter, Allison	SO	Minnesota-Du	10.49m 1.2

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Name	Yr	School	Finals
21 Schroeder, Tessa	FR	Msu-Moorhead	10.29m 0.7
22 Sowada, Sophia	FR	Msu-Moorhead	10.26m 0.9
23 Adams, Cheri'a	SO	Bemidji Stat	10.16m 0.5
24 Franklin, Hailey	SR	Minnesota-Du	10.10m 1.8
25 Kurtti, Nicole	JR	Msu-Moorhead	9.95m 1.3

Women Shot Put

NSIC Record: **16.52m R 2018** Michaela Dendinger
15.74m AUTO
13.76m PROV

Name	Yr	School	Finals
Finals			
1 Grunder, Brinn	JR	Upper Iowa	15.14m PROV
2 Manteuffel, Rebecca	SO	SW Minnesota	15.05m PROV
3 Perron, Brea	SO	Minnesota St	14.69m PROV
4 Christensen, Zoe	FR	Bemidji Stat	14.61m PROV
5 Buckler, Heather	SR	Minnesota St	14.54m PROV
6 Menken, Jordan	SO	Northern Sta	14.26m PROV
7 Sullivan, Kenzie	SO	Wayne State	13.87m PROV
8 Gustafson, Hannah	JR	Concordia-St	13.70m 1
9 Waletzko, Emily	SR	Msu-Moorhead	13.49m
10 Rudebusch, Bailey	SO	Sioux Falls	13.03m
11 Donlan, Tia	SO	Concordia-St	12.76m
12 Rehome, Claire	SO	Minnesota-Du	12.66m
13 Scheil, Mckenzie	FR	Wayne State	12.56m
14 Zimmerman, Dacoda	FR	St. Cloud St	12.52m
15 Falardeau, Annie	FR	St. Cloud St	12.50m
16 Connell, Cassidy	FR	Wayne State	12.41m
17 Stafslie-Dumale, Abbi	FR	Minnesota St	12.37m
18 Meyer, Destiny	JR	Msu-Moorhead	12.27m
19 King, Norah	FR	SW Minnesota	12.20m
20 Florek, Morgan	SO	Minnesota St	12.19m
21 Hertz, Emma	SO	Sioux Falls	11.96m
22 Rozeboom, Kourtney	FR	Sioux Falls	11.91m
23 Stang, Sarah	SO	Wayne State	11.66m
24 Andersen, Kayla	SO	Sioux Falls	11.41m
25 Flores-Schulte, Amanda	FR	SW Minnesota	11.26m
--- Jones, Tia	JR	Wayne State	FOUL

Women Discus Throw

NSIC Record: **53.90m R 2015** Alissa Rausch
52.79m AUTO
45.11m PROV

Name	Yr	School	Finals
Finals			
1 Manteuffel, Rebecca	SO	SW Minnesota	52.96m AUTO
2 Donlan, Tia	SO	Concordia-St	47.70m PROV
3 Sullivan, Kenzie	SO	Wayne State	46.97m PROV
4 McNamee, Jaimie	JR	Sioux Falls	45.59m PROV
5 Laumeyer, Taylor	FR	Minot State	45.51m PROV
6 Buechel, Dominique	JR	St. Cloud St	45.48m PROV
7 King, Norah	FR	SW Minnesota	45.21m PROV
8 Florek, Morgan	SO	Minnesota St	44.48m 1

9 Himes, Caitlin	JR	Upper Iowa	44.40m
10 Jensen, Kaylee	SO	Minnesota St	42.15m
11 Andersen, Kayla	SO	Sioux Falls	41.39m
12 Buckler, Heather	SR	Minnesota St	40.82m
13 Heeren, Nicole	FR	Wayne State	40.42m
14 Ripke, Anna	SR	Concordia-St	40.28m
15 Bengtson, MacKenzie	FR	Sioux Falls	39.73m
16 Guthmiller, Rachel	FR	Northern Sta	39.52m
17 Gustafson, Hannah	JR	Concordia-St	39.33m
18 Finstuen, Haley	SO	Minnesota St	39.11m
19 Rozeboom, Kourtney	FR	Sioux Falls	38.62m
20 Thoe, Katrina	FR	Winona State	38.00m
21 Thomson, Kara	FR	Minnesota St	36.54m
22 Flores-Schulte, Amanda	FR	SW Minnesota	36.03m
23 Hertz, Emma	SO	Sioux Falls	35.83m
24 Grube, Regan	SR	Bemidji Stat	35.77m
25 Rudebusch, Bailey	SO	Sioux Falls	35.46m
26 Falardeau, Annie	FR	St. Cloud St	33.14m
--- Baklund, Genavieve	JR	Bemidji Stat	FOUL
--- Menken, Jordan	SO	Northern Sta	FOUL

Women Hammer Throw

NSIC Record: **63.54m R 2017** Michaela Dendinger
60.45m AUTO
51.82m PROV

Name	Yr	School	Finals
Finals			
1 Jensen, Kaylee	SO	Minnesota St	55.00m PROV
2 McNamee, Jaimie	JR	Sioux Falls	54.21m PROV
3 Cook, Amber	SR	Sioux Falls	52.47m PROV
4 Baklund, Genavieve	JR	Bemidji Stat	52.11m PROV
5 Christensen, Zoe	FR	Bemidji Stat	51.05m 4
6 Grunder, Brinn	JR	Upper Iowa	50.39m 3
7 Kneeland, Nicolette	JR	Northern Sta	50.20m 2
8 Jones, Tia	JR	Wayne State	49.14m 1
9 Igboh, Bariture	SR	Minnesota-Du	48.14m
10 Perron, Brea	SO	Minnesota St	47.23m
11 Hertz, Emma	SO	Sioux Falls	47.01m
12 Heeren, Nicole	FR	Wayne State	46.54m
13 Andersen, Kayla	SO	Sioux Falls	46.24m
14 Scheil, Mckenzie	FR	Wayne State	45.75m
15 Waletzko, Emily	SR	Msu-Moorhead	45.22m
16 Rudebusch, Bailey	SO	Sioux Falls	45.02m
17 Stang, Sarah	SO	Wayne State	44.85m
18 Gustafson, Hannah	JR	Concordia-St	44.06m
19 Manteuffel, Rebecca	SO	SW Minnesota	43.68m
20 Laumeyer, Taylor	FR	Minot State	42.48m
21 Sullivan, Kenzie	SO	Wayne State	42.34m
22 Madden, Bridgett	SR	Upper Iowa	42.25m
23 Buechel, Dominique	JR	St. Cloud St	42.01m
24 Nierling, Hailey	FR	SW Minnesota	41.93m
25 Stafslie-Dumale, Abbi	FR	Minnesota St	41.81m
26 Grube, Regan	SR	Bemidji Stat	41.09m
27 Zimmerman, Dacoda	FR	St. Cloud St	39.75m
28 Donlan, Tia	SO	Concordia-St	39.63m

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Finals ... (Women Hammer Throw)

Name	Yr	School	Finals
29 Julian, Lauren	JR	St. Cloud St	39.06m
--- Davitt, Kacey	JR	Winona State	FOUL

Women Javelin Throw

NSIC Record: 46.74m R 1982 Kelly Owen
49.44m AUTO
41.59m PROV

Name	Yr	School	Finals
Finals			
1 Laumeyer, Taylor	FR	Minot State	41.59m PROV
2 Phipps, Miranda	JR	Sioux Falls	40.67m 8
3 Gottschalk, Natalie	SR	St. Cloud St	38.95m 6
4 Rezabek, Nicole	FR	Bemidji Stat	38.22m 5
5 Juresh, Taylor	JR	Winona State	37.09m 4
6 Rudebusch, Bailey	SO	Sioux Falls	37.01m 3
7 Rothschadl, Morgan	JR	Augustana (S	36.00m 2
8 Storm, Summer	JR	Msu-Moorhead	35.69m 1
9 Henry, Alysya	FR	U-Mary	35.55m
10 Thune, Mary Pat	SR	Minnesota-Du	35.42m
11 Dieringer, Jessika	SR	Minnesota St	35.22m
12 Guthmiller, Rachel	FR	Northern Sta	34.19m
13 Montez Brown, Olivia	JR	Augustana (S	33.57m
14 Stephenson, Sola	SR	Minnesota St	32.29m
15 Saulsbury-Triviski, Tina	FR	SW Minnesota	31.30m
16 King, Norah	FR	SW Minnesota	29.89m
17 Shearer, Morgan	SR	Wayne State	29.41m
18 Grube, Regan	SR	Bemidji Stat	29.13m
19 Noecker, Sophie	SO	Wayne State	28.89m
20 Hutzler, Dakota	SO	Northern Sta	28.59m
21 Paaverud, Ella	FR	Concordia-St	27.83m
22 Mohs, Gabbie	SR	Upper Iowa	27.82m
23 Stauffer, Danielle	FR	Minot State	27.10m
24 Thomson, Kara	FR	Minnesota St	25.85m
25 Kinghorn, Shania	FR	Bemidji Stat	24.29m
--- Pickett, Cami	SR	Upper Iowa	FOUL

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Lubner, Faith	SO	St. Cloud St	26.09 789
2 McCoy, Alli	FR	U-Mary	26.30 771
3 Benson, Christa	SR	Bemidji Stat	26.46 757
4 Montez Brown, Olivia	JR	Augustana (S	26.48 756
5 Monson, Kylie	FR	Bemidji Stat	26.84 725
6 Soeken, Makenzie	JR	Upper Iowa	26.87 723
7 Storm, Summer	JR	Msu-Moorhead	26.93 718
8 Fischer, Leighton	SO	St. Cloud St	26.95 716
9 Hutzler, Dakota	SO	Northern Sta	27.07 706
10 Henry, Alysya	FR	U-Mary	27.14 700
11 Gottschalk, Natalie	SR	St. Cloud St	27.35 683
12 Olson, Emily	SO	Sioux Falls	27.62 661
13 Noecker, Sophie	SO	Wayne State	27.92 637
14 Tucker, Aneesa	SO	Bemidji Stat	28.36 603

15 Robinson, Arika	FR	Concordia-St	29.22	538
16 Kavajecz, Alyssa	JR	Minnesota-Du	29.61	510
17 Stone, Zoe	FR	Minnesota St	29.96	485

Heptathlon: #7 Women 800 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Benson, Christa	SR	Bemidji Stat	2:26.58 736
2 Monson, Kylie	FR	Bemidji Stat	2:29.69 697
3 McCoy, Alli	FR	U-Mary	2:31.35 676
4 Montez Brown, Olivia	JR	Augustana (S	2:32.32 664
5 Storm, Summer	JR	Msu-Moorhead	2:33.26 653
6 Fischer, Leighton	SO	St. Cloud St	2:34.31 640
7 Lubner, Faith	SO	St. Cloud St	2:35.28 628
8 Kavajecz, Alyssa	JR	Minnesota-Du	2:36.85 610
9 Olson, Emily	SO	Sioux Falls	2:41.57 555
10 Soeken, Makenzie	JR	Upper Iowa	2:43.75 531
11 Henry, Alysya	FR	U-Mary	2:44.49 522
12 Hutzler, Dakota	SO	Northern Sta	2:46.04 506
13 Tucker, Aneesa	SO	Bemidji Stat	2:46.78 498
14 Noecker, Sophie	SO	Wayne State	2:55.78 405
15 Stone, Zoe	FR	Minnesota St	2:56.91 394
16 Robinson, Arika	FR	Concordia-St	3:07.28 300
--- Gottschalk, Natalie	SR	St. Cloud St	DNF

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1 Montez Brown, Olivia	JR	Augustana (S	14.27 941
2 Lubner, Faith	SO	St. Cloud St	14.35 929
3 Gottschalk, Natalie	SR	St. Cloud St	14.73 878
4 Benson, Christa	SR	Bemidji Stat	14.78 871
5 Olson, Emily	SO	Sioux Falls	15.07 832
6 Henry, Alysya	FR	U-Mary	15.14 823
7 Fischer, Leighton	SO	St. Cloud St	15.33 799
8 Storm, Summer	JR	Msu-Moorhead	15.47 781
9 Robinson, Arika	FR	Concordia-St	15.68 754
10 Monson, Kylie	FR	Bemidji Stat	15.74 746
11 Soeken, Makenzie	JR	Upper Iowa	15.86 732
12 Hutzler, Dakota	SO	Northern Sta	16.22 688
13 McCoy, Alli	FR	U-Mary	16.23 686
14 Noecker, Sophie	SO	Wayne State	17.00 596
15 Stone, Zoe	FR	Minnesota St	17.54 537
16 Tucker, Aneesa	SO	Bemidji Stat	17.70 520
17 Kavajecz, Alyssa	JR	Minnesota-Du	18.04 484

Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Henry, Alysya	FR	U-Mary	1.64m 783
2 Robinson, Arika	FR	Concordia-St	1.58m 712
2 Soeken, Makenzie	JR	Upper Iowa	1.58m 712
2 Montez Brown, Olivia	JR	Augustana (S	1.58m 712
2 Gottschalk, Natalie	SR	St. Cloud St	1.58m 712
2 Benson, Christa	SR	Bemidji Stat	1.58m 712

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Finals ... (Heptathlon: #2 Women High Jump Heptathlon)

Name	Yr	School	Finals	
7 Monson, Kylie	FR	Bemidji Stat	1.55m	678
7 Stone, Zoe	FR	Minnesota St	1.55m	678
7 Hutzler, Dakota	SO	Northern Sta	1.55m	678
10 Olson, Emily	SO	Sioux Falls	1.52m	644
10 Lubner, Faith	SO	St. Cloud St	1.52m	644
12 Storm, Summer	JR	Msu-Moorhead	1.49m	610
12 Fischer, Leighten	SO	St. Cloud St	1.49m	610
14 Tucker, Aneesa	SO	Bemidji Stat	1.46m	577
15 McCoy, Alli	FR	U-Mary	1.43m	544
16 Kavajecz, Alyssa	JR	Minnesota-Du	1.40m	512
17 Noecker, Sophie	SO	Wayne State	1.37m	481

Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals	
1 Montez Brown, Olivia	JR	Augustana (S	5.65m	744
2 Olson, Emily	SO	Sioux Falls	5.34m	654
3 Benson, Christa	SR	Bemidji Stat	5.33m	651
4 Lubner, Faith	SO	St. Cloud St	5.27m	634
4 Fischer, Leighten	SO	St. Cloud St	5.27m	634
6 McCoy, Alli	FR	U-Mary	5.18m	609
7 Monson, Kylie	FR	Bemidji Stat	5.16m	603
8 Storm, Summer	JR	Msu-Moorhead	5.15m	601
9 Hutzler, Dakota	SO	Northern Sta	5.13m	595
10 Gottschalk, Natalie	SR	St. Cloud St	5.11m	589
11 Robinson, Arika	FR	Concordia-St	5.08m	581
12 Soeken, Makenzie	JR	Upper Iowa	5.06m	576
13 Tucker, Aneesa	SO	Bemidji Stat	5.02m	565
13 Henry, Alysa	FR	U-Mary	5.02m	565
15 Stone, Zoe	FR	Minnesota St	5.01m	562
16 Kavajecz, Alyssa	JR	Minnesota-Du	4.90m	532
17 Noecker, Sophie	SO	Wayne State	4.78m	500

Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals	
1 Montez Brown, Olivia	JR	Augustana (S	11.51m	629
2 Storm, Summer	JR	Msu-Moorhead	11.09m	601
3 Gottschalk, Natalie	SR	St. Cloud St	10.64m	571
4 Henry, Alysa	FR	U-Mary	10.29m	548
5 Benson, Christa	SR	Bemidji Stat	9.72m	511
6 Fischer, Leighten	SO	St. Cloud St	9.65m	507
7 Soeken, Makenzie	JR	Upper Iowa	9.61m	504
8 Noecker, Sophie	SO	Wayne State	9.35m	487
9 Stone, Zoe	FR	Minnesota St	9.29m	483
10 Olson, Emily	SO	Sioux Falls	9.17m	475
11 McCoy, Alli	FR	U-Mary	8.96m	462
12 Monson, Kylie	FR	Bemidji Stat	8.54m	434
13 Lubner, Faith	SO	St. Cloud St	8.46m	429
14 Hutzler, Dakota	SO	Northern Sta	8.45m	428
15 Robinson, Arika	FR	Concordia-St	8.09m	405
16 Kavajecz, Alyssa	JR	Minnesota-Du	7.79m	386
17 Tucker, Aneesa	SO	Bemidji Stat	7.26m	352

Heptathlon: #6 Women Javelin Throw Heptathlon

NSIC Record: 36.10m R

Name	Yr	School	Finals	
1 Storm, Summer	JR	Msu-Moorhead	36.69mR	604
2 Henry, Alysa	FR	U-Mary	36.01m	591
3 Lubner, Faith	SO	St. Cloud St	33.61m	545
4 Hutzler, Dakota	SO	Northern Sta	30.89m	493
5 Montez Brown, Olivia	JR	Augustana (S	29.49m	467
6 Benson, Christa	SR	Bemidji Stat	28.67m	451
7 Robinson, Arika	FR	Concordia-St	28.43m	447
7 Fischer, Leighten	SO	St. Cloud St	28.43m	447
9 Olson, Emily	SO	Sioux Falls	28.29m	444
10 McCoy, Alli	FR	U-Mary	28.28m	444
11 Noecker, Sophie	SO	Wayne State	27.78m	435
12 Soeken, Makenzie	JR	Upper Iowa	25.80m	397
13 Monson, Kylie	FR	Bemidji Stat	24.91m	381
14 Tucker, Aneesa	SO	Bemidji Stat	24.61m	375
15 Stone, Zoe	FR	Minnesota St	24.05m	364
16 Kavajecz, Alyssa	JR	Minnesota-Du	19.14m	273
--- Gottschalk, Natalie	SR	St. Cloud St		ND

Women Heptathlon

NSIC Record: 5323 R 2018 Halle Burney
5195 AUTO
4504 PROV

Name	Yr	School	Finals	
1 Montez Brown, Olivia	JR	Augustana (S	4913.00	PROV
2 Benson, Christa	SR	Bemidji Stat	4689.00	PROV
3 Lubner, Faith	SO	St. Cloud St	4598.00	PROV
4 Storm, Summer	JR	Msu-Moorhead	4568.00	PROV
5 Henry, Alysa	FR	U-Mary	4532.00	PROV
6 Fischer, Leighten	SO	St. Cloud St	4353.00	3
7 Olson, Emily	SO	Sioux Falls	4265.00	2
8 Monson, Kylie	FR	Bemidji Stat	4264.00	1
9 McCoy, Alli	FR	U-Mary	4192.00	
10 Soeken, Makenzie	JR	Upper Iowa	4175.00	
11 Hutzler, Dakota	SO	Northern Sta	4094.00	
12 Robinson, Arika	FR	Concordia-St	3737.00	
13 Noecker, Sophie	SO	Wayne State	3541.00	
14 Stone, Zoe	FR	Minnesota St	3503.00	
15 Tucker, Aneesa	SO	Bemidji Stat	3490.00	
16 Gottschalk, Natalie	SR	St. Cloud St	3433.00	
17 Kavajecz, Alyssa	JR	Minnesota-Du	3307.00	

Women - Team Rankings - 21 Events Scored

1) U-Mary	202.5
2) Augustana (SD)	117
3) Minnesota State	100
4) Winona State	77
5) Minnesota-Duluth	49
6) Northern State	47.5

2019 NSIC Outdoor Track & Field Meet - 5/10/2019 to 5/11/2019**University of Minnesota - Duluth****5/10/2019 to 5/11/2019****Results**

7) Bemidji State	46.5
8) Sioux Falls	43
9) St Cloud State	40
10) SW Minnesota St.	20
11) Concordia-St. Paul	17
12) Upper Iowa	16
13) MSU-Moorhead	15.5
14) Wayne State (Neb)	14
14) Minot State	14