

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**

**Timing and Results by Hero's Timing**

**University of Minnesota - Duluth**

**Results**

**Men 100 Meter Dash**

=====  
 NSIC Record: R 10.19 5/11/2015 Emmanuel Matadi, Minnesota State  
 10.28 AUTO  
 10.57 PROV

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Hickman, Shaheed	SO	Minnesota State	10.74Q	0.7	3
2 Ayden, Teddy	FR	Upper Iowa	10.95Q	-1.4	2 10.947
3 Brown, Bryant	SR	Minnesota State	10.95Q	-1.4	1 10.949
4 Bright, Cornelius	SO	Minnesota State	10.81Q	0.7	3
5 Sharma, Nicholas	FR	Minnesota State	10.96Q	-1.4	2
6 Nti, Prince	FR	Minnesota State	11.03Q	-1.4	1
7 Marchand, Paul	FR	Upper Iowa	10.93q	0.7	3
8 Szutkowski, Brian	SR	Concordia-St. Paul	10.95q	0.7	3 10.944
9 Attoh, Daniel	FR	Minnesota State	10.98	-1.4	2
10 Preston, LaJuan	JR	Concordia-St. Paul	11.05	0.7	3
11 Olson, Drew	FR	U-Mary	11.07	-1.4	1
12 Davis, Melik	FR	Augustana	11.09	-1.4	1
13 Decker, Ethan	FR	U-Mary	11.16	-1.4	1
14 Buckles, Ethan	JR	Minnesota State	11.18	-1.4	2
15 Bokoyo, Josue	FR	Minnesota State	11.21	0.7	3
16 Crawford, Riley	SR	Augustana	11.25	0.7	3
17 Higgs, Shaquiel	SO	Msu-Moorhead	11.38	-1.4	1
18 Powell-Oliver, Kory	SO	Msu-Moorhead	11.39	-1.4	2
19 Abdi, Muse	FR	Augustana	11.44	-1.4	2 11.433
20 Larson, Dakota	SO	Northern State	11.44	-1.4	2 11.436
21 Doty, Chase	FR	Minot State	11.63	-1.4	1

**Men 100 Meter Dash**

=====  
 NSIC Record: R 10.19 5/11/2015 Emmanuel Matadi, Minnesota State  
 10.28 AUTO  
 10.57 PROV

Name	Year	School	Finals	Wind	Points
Finals					
1 Hickman, Shaheed	SO	Minnesota State	10.46 PROV	2.4	10
2 Sharma, Nicholas	FR	Minnesota State	10.60	2.4	8
3 Bright, Cornelius	SO	Minnesota State	10.67	2.4	6
4 Szutkowski, Brian	SR	Concordia-St. Paul	10.75	2.4	5
5 Marchand, Paul	FR	Upper Iowa	10.81	2.4	4
6 Nti, Prince	FR	Minnesota State	10.82	2.4	3
7 Brown, Bryant	SR	Minnesota State	12.28	2.4	2
-- Ayden, Teddy	FR	Upper Iowa	FS	2.4	

**Men 200 Meter Dash**

=====  
 NSIC Record: R 20.49 2013 Jerrell Hancock, Minnesota State  
 20.74 AUTO  
 21.32 PROV

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Bright, Cornelius	SO	Minnesota State	21.74Q	1.0	2

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**....Men 200 Meter Dash**

2	Ayden, Teddy	FR Upper Iowa	21.80Q	0.5	3
3	Atubel, Kenry	SO Minnesota State	22.10Q	1.7	1
4	Hickman, Shaheed	SO Minnesota State	21.81Q	0.5	3
5	Davis, Melik	FR Augustana	21.82Q	1.0	2
6	Green, Joseph	FR Minot State	22.15Q	1.7	1
7	Bokoyo, Josue	FR Minnesota State	21.92q	1.0	2
8	Olson, Drew	FR U-Mary	21.97q	0.5	3
9	Sharma, Nicholas	FR Minnesota State	22.00	0.5	3
10	Martens, Seth	FR Northern State	22.05	1.0	2
11	Attoh, Daniel	FR Minnesota State	22.17	1.7	1
12	Buckles, Ethan	JR Minnesota State	22.24	0.5	3
13	Fletcher, Isaiha	SR Northern State	22.36	1.0	2
14	Wilmes, Hunter	JR U-Mary	22.48	1.7	1
15	Ludwig, Kaden	SO Upper Iowa	22.56	1.7	1
16	Nti, Prince	FR Minnesota State	22.60	1.0	2
17	Szutkowski, Brian	SR Concordia-St. Paul	22.65	0.5	3
18	Abdi, Muse	FR Augustana	22.98	1.0	2
19	Andrusick, Nate	JR Sioux Falls	23.07	1.7	1
20	Myers, Logan	SR U-Mary	1:25.34	1.7	1
--	Marchand, Paul	FR Upper Iowa	FS	0.5	3

**Men 200 Meter Dash**

=====  
 NSIC Record: R 20.49 2013 Jerrell Hancock, Minnesota State  
 20.74 AUTO  
 21.32 PROV

Name	Year School	Finals	Wind	Points
=====				
Finals				
1	Hickman, Shaheed	SO Minnesota State	21.22 PROV	2.5 10
2	Bright, Cornelius	SO Minnesota State	21.48	2.5 8
3	Ayden, Teddy	FR Upper Iowa	21.49	2.5 6
4	Green, Joseph	FR Minot State	21.74	2.5 5
5	Olson, Drew	FR U-Mary	21.86	2.5 4
6	Atubel, Kenry	SO Minnesota State	21.92	2.5 3
7	Davis, Melik	FR Augustana	21.99	2.5 2
8	Bokoyo, Josue	FR Minnesota State	22.04	2.5 1

**Men 400 Meter Dash**

=====  
 NSIC Record: R 47.24 5/11/2000 Erik Hanson, Minnesota Duluth  
 46.36 AUTO  
 47.71 PROV

Name	Year School	Prelims	H#
=====			
Preliminaries			
1	Huntington, Isaac	FR U-Mary	48.11Q 3
2	Martens, Seth	FR Northern State	48.78Q 1
3	DePrenger, Max	FR Minnesota State	49.03Q 2
4	Atubel, Kenry	SO Minnesota State	49.10Q 3
5	Sully, Ryan	JR Augustana	49.13Q 1
6	Phelps, Josh	JR Minnesota State	49.68Q 2
7	Hondonga, Tafara	SO Northern State	49.38q 1
8	Green, Joseph	FR Minot State	49.70q 1

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**....Men 400 Meter Dash**

9	Tandy, Chase	FR	Minot State	49.77	3
10	Dooyema, Jed	FR	Augustana	49.81	3
11	Fletcher, Isaiha	SR	Northern State	49.96	1
12	Nesvold, Carter	FR	Minnesota State	49.99	2
13	Oduong, Ibrahim	FR	Msu-Moorhead	50.24	2
14	Ray, William	SR	Concordia-St. Paul	50.48	3
15	Green, Cameron	FR	Upper Iowa	50.50	3
16	Stephenson, Ronald	SO	Northern State	50.98	3
17	Schoessow, Matthew	FR	Augustana	51.09	2
18	Ludwig, Kaden	SO	Upper Iowa	51.22	2
--	Melton, Noah	SO	Augustana	DQ	1

**Men 400 Meter Dash**

=====  
 NSIC Record: R 47.24 5/11/2000 Erik Hanson, Minnesota Duluth  
 46.36 AUTO  
 47.71 PROV

Name	Year	School	Finals	Points
=====				
Finals				
1	Huntington, Isaac	FR U-Mary	48.24	10
2	Phelps, Josh	JR Minnesota State	48.59	8
3	DePrenger, Max	FR Minnesota State	48.72	6
4	Atubel, Kenry	SO Minnesota State	48.77	5
5	Martens, Seth	FR Northern State	48.89	4
6	Hondonga, Tafara	SO Northern State	49.29	3
7	Green, Joseph	FR Minot State	49.59	2
8	Sully, Ryan	JR Augustana	49.64	1

**Men 800 Meter Run**

=====  
 NSIC Record: R 1:50.27 5/14/2021 Tanner Maier, Minnesota St  
 1:48.79 AUTO  
 1:51.87 PROV

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Maier, Tanner	FR Minnesota State	R 1:50.27QPROV	3
2	Allen, Benjamin	SR Concordia-St. Paul	1:51.14QPROV	2
3	Miller, Austin	SR Augustana	1:51.49QPROV	1
4	Bruer, Braxton	FR Msu-Moorhead	1:51.40QPROV	2
5	Phillips, Mason	SR Sioux Falls	1:51.57QPROV	3
6	Cotterill, Lewis	FR Minot State	1:54.43Q	1
7	Schmied, Ben	SO Minnesota State	1:52.09q	2
8	Lindner, Tiegen	JR Augustana	1:52.94q	3
9	Hansen, Logan	SR Sioux Falls	1:53.35	3
10	Morgenstern, Sam	FR Msu-Moorhead	1:53.52	2
11	Leonard, Christian	JR Minnesota-Duluth	1:54.23	2
12	Breuer, Jonah	FR Augustana	1:54.83	1
13	Fechner, Cole	SO Minnesota-Duluth	1:54.97	3
14	Helser, Matthew	FR Concordia-St. Paul	1:55.66	2
15	Tostenson, Jonathan	SO Minnesota-Duluth	1:55.67	1
16	Larsen, Leif	FR Minnesota State	1:55.75	1
17	Lebourgeois, Cole	JR Minnesota-Duluth	1:55.89	1

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18	Patchen-Mills, Joseph	FR U-Mary	1:56.05	3
19	Gustafson, Luke	FR Minnesota-Duluth	1:56.23	3
20	Hegarty, Brock	JR Wayne State (Neb.)	1:56.38	1
21	Holcomb, Bryce	JR Wayne State (Neb.)	1:56.53	2
22	Gibbons, Eric	FR Msu-Moorhead	1:56.54	2
23	Feist, Cullen	FR Concordia-St. Paul	1:56.56	1
24	Gutierrez, Juan	JR Minot State	1:56.95	2
25	Matzner, Zachary	FR Sioux Falls	1:57.43	3
26	Gruenes, Jordan	FR Minnesota-Duluth	1:57.64	2
27	Kvaal, Mikey	FR Minnesota-Duluth	1:58.25	3
28	Torvik, Noah	JR Minnesota-Duluth	1:58.43	3
29	Goranson, Nathan	FR Upper Iowa	1:58.51	1
30	Amundson, Brennan	FR Minnesota-Duluth	1:58.82	2
31	Sims, Josh	FR Concordia-St. Paul	2:00.48	3
32	Andrews, Travis	FR Concordia-St. Paul	2:02.48	1
33	Murillo, Marco	FR Minot State	2:05.69	1

**Men 800 Meter Run**

NSIC Record: R 1:50.27 5/14/2021 Tanner Maier, Minnesota St  
 1:48.79 AUTO  
 1:51.87 PROV

Name	Year School	Finals	Points
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**Finals**

1	Allen, Benjamin	SR Concordia-St. Paul	1:54.84	10
2	Maier, Tanner	FR Minnesota State	1:54.85	8
3	Miller, Austin	SR Augustana	1:55.22	6
4	Bruer, Braxton	FR Msu-Moorhead	1:55.66	5
5	Schmied, Ben	SO Minnesota State	1:55.75	4
6	Phillips, Mason	SR Sioux Falls	1:56.78	3
7	Cotterill, Lewis	FR Minot State	1:57.50	2
8	Lindner, Tiegen	JR Augustana	2:01.39	1

**Men 1500 Meter Run**

NSIC Record: R 3:50.12 5/11/2014 Henrik Hansson, Augustana  
 3:44.38 AUTO  
 3:50.68 PROV

Name	Year School	Finals	H#	Points
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1	Miller, Austin	SR Augustana	3:50.31 PROV	2	10
2	Allen, Benjamin	SR Concordia-St. Paul	3:51.00	2	8
3	Phillips, Mason	SR Sioux Falls	3:51.38	2	6
4	Maier, Tanner	FR Minnesota State	3:52.39	2	5
5	Johnson, Evan	JR Augustana	3:52.49	2	4
6	Lindner, Tiegen	JR Augustana	3:53.61	2	3
7	Brand, Colten	FR Augustana	3:54.30	2	2
8	Hartman, Ryan	FR Augustana	3:55.40	2	1
9	Leonard, Christian	JR Minnesota-Duluth	3:56.46	2	
10	Lebourgeois, Cole	JR Minnesota-Duluth	3:57.74	1	
11	Helser, Matthew	FR Concordia-St. Paul	3:57.82	1	
12	Tostenson, Jonatha	SO Minnesota-Duluth	3:58.37	2	
13	Done, Riccardo	SR Northern State	3:58.57	2	

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**....Men 1500 Meter Run**

14	Garcia, Jorge	SR Northern State	3:59.62	1
15	Mancillas-Finnerty	SR Minot State	3:59.68	2
16	Smalley, Owen	JR Minnesota-Duluth	4:00.76	1
17	Ure, Ray	FR Minnesota State	4:01.62	1
18	Morrison, Benjamin	FR Sioux Falls	4:02.01	1
19	Owen, Carter	FR Minnesota State	4:02.34	1
20	Kubat, Braydon	JR Minnesota-Duluth	4:03.83	1

**Men 5000 Meter Run**

=====  
 NSIC Record: R 14:19.51 5/15/2021 Nadir Yusuf, MSU-Moorhead  
 13:55.74 AUTO  
 14:32.33 PROV

Name	Year	School	Finals	Points
1 Yusuf, Nadir	SR	Msu-Moorhead	14:19.51RPROV	10
2 Kray, Alec	SR	Augustana	14:25.70 PROV	8
3 Kaas, Jesse	SO	U-Mary	14:35.64	6
4 Klitzke, Henry	JR	Augustana	14:37.34	5
5 Hartman, Ryan	FR	Augustana	14:40.48	4
6 Johnson, Evan	JR	Augustana	14:41.40	3
7 Strom, Dawson	FR	U-Mary	14:42.82	2
8 Steiger, Matt	SO	Augustana	14:46.05	1
9 Phillips, Mason	SR	Sioux Falls	14:47.28	
10 Ecker, David	JR	Sioux Falls	14:55.78	
11 Person, Kray	SO	Augustana	15:08.63	
12 Brown, Steven	SR	U-Mary	15:08.64	
13 Jensen, Jacob	FR	Minot State	15:09.69	
14 Harrison, Jackson	JR	Northern State	15:18.86	
15 Valentin, William	SO	Minnesota State	15:38.93	
16 Trutna, Matthew	SO	Minnesota-Duluth	15:44.12	
17 Stueven, Adnew	FR	Msu-Moorhead	15:47.07	
18 Schmanski, Nikolai	FR	Minnesota State	15:47.09	
19 McGonigal, Will	FR	Wayne State (Neb.)	15:48.81	
20 Yardley, Austin	SR	Minnesota State	15:51.86	
21 Selman, Lucas	FR	Minnesota-Duluth	15:56.94	
22 Burazin, Scott	JR	Concordia-St. Paul	16:06.22	
23 Hill, Kendall	SR	Minnesota-Duluth	16:14.33	
24 Morrison, Benjamin	FR	Sioux Falls	16:16.67	
-- Mancillas-Finnerty	SR	Minot State	DNF	

**Men 10000 Meter Run**

=====  
 NSIC Record: R 29:53.73 5/14/2021 Nadir Yusuf, MSU-Moorhead  
 29:16.79 AUTO  
 30:47.12 PROV

Name	Year	School	Finals	Points
1 Yusuf, Nadir	SR	Msu-Moorhead	29:53.73RPROV	10
2 Klitzke, Henry	JR	Augustana	30:29.04 PROV	8
3 Kray, Alec	SR	Augustana	30:52.80	6
4 Brown, Steven	SR	U-Mary	31:38.12	5
5 Jensen, Jacob	FR	Minot State	31:46.35	4
6 Person, Kray	SO	Augustana	32:04.14	3

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**....Men 10000 Meter Run**

7	Garcia, Jorge	SR Northern State	32:20.26	2
8	Yardley, Austin	SR Minnesota State	33:15.36	1
9	Schmanski, Nikolai	FR Minnesota State	33:33.34	
10	Peckham, Bailey	JR Wayne State (Neb.)	33:52.06	
11	Chio, Amelio	FR Msu-Moorhead	34:14.68	
12	Gonzalez, Tito	SR Minot State	34:25.12	
13	Trutna, Matthew	SO Minnesota-Duluth	34:36.93	
14	Bonilla, Grayson	FR Minot State	34:54.28	
15	Burazin, Scott	JR Concordia-St. Paul	34:58.13	
16	Kohler, Ryan	SO Minot State	35:04.16	
17	Dickenson, Owen	FR Minnesota-Duluth	35:27.52	
18	Wirth, Michael	SO Northern State	35:28.12	
19	Snider, David	SO Upper Iowa	35:40.54	
20	Schroeder, Abe	FR Wayne State (Neb.)	36:33.87	
21	Thomforde, Matthew	SO Concordia-St. Paul	37:13.05	
--	Valentin, William	SO Minnesota State	DNF	
--	Ringger, Sam	FR Minnesota-Duluth	DNF	
--	Antony, Austin	FR Minnesota-Duluth	DNF	
--	Overholt, Seth	JR Sioux Falls	DNF	
--	Harrison, Jackson	JR Northern State	DNF	

**Men 110 Meter Hurdles**

=====  
 NSIC Record: R 13.80 2015 Myles Hunter, Minnesota State  
 13.90 AUTO  
 14.51 PROV

Name	Year School	Prelims	Wind	H#
=====				
Preliminaries				
1	Klah, Kornelius	SR Minnesota State	14.08QPROV	-0.9 2
2	Adams, Justus	JR Minnesota State	14.94Q	1.8 1
3	Palmquist, Ben	SO Minnesota-Duluth	15.13Q	-0.9 2
4	Pierre, Renald	SO SW Minnesota St.	15.36Q	1.8 1
5	Jackson, Clay	JR Msu-Moorhead	15.21q	-0.9 2
6	Mandel, Ben	FR Sioux Falls	15.41q	1.8 1
7	Trujillo-Aragon, Nathan	FR Minot State	15.72q	1.8 1
8	Davis, Preston	SR Wayne State (Neb.)	15.74q	-0.9 2
9	Malsam, Bryce	SR Northern State	16.05	-0.9 2
10	Blanks, D'Monte	FR Minnesota State	16.23	1.8 1
11	Christiansen, Abel	SO Minnesota State	19.54	1.8 1

**Men 110 Meter Hurdles**

=====  
 NSIC Record: R 13.80 2015 Myles Hunter, Minnesota State  
 13.90 AUTO  
 14.51 PROV

Name	Year School	Finals	Wind	Points
=====				
Finals				
1	Klah, Kornelius	SR Minnesota State	14.05 PROV	1.1 10
2	Palmquist, Ben	SO Minnesota-Duluth	14.62	1.1 8
3	Adams, Justus	JR Minnesota State	14.78	1.1 6
4	Pierre, Renald	SO SW Minnesota St.	14.90	1.1 5
5	Jackson, Clay	JR Msu-Moorhead	15.09	1.1 4

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**....Men 110 Meter Hurdles**

6	Mandel, Ben	FR Sioux Falls	15.29	1.1	3	15.282
7	Davis, Preston	SR Wayne State (Neb.)	15.29	1.1	2	15.283
8	Trujillo-Aragon, N	FR Minot State	15.52	1.1	1	

**Men 400 Meter Hurdles**

NSIC Record: R 51.91 5/13/2018 Sydne Davis, Minnesota State  
 51.34 AUTO  
 53.34 PROV

Name	Year School	Prelims	H#
<b>Preliminaries</b>			
1	Klah, Kornelius	SR Minnesota State	52.87QPROV 3
2	Lewison, Drew	SO Minnesota State	53.33QPROV 2
3	Brewer, Kelson	SR Northern State	54.73Q 1
4	Wulfekuhle, Josh	SR U-Mary	54.68Q 3
5	Have, Austin	JR Minnesota-Duluth	54.94Q 2
6	Davis, Preston	SR Wayne State (Neb.)	56.26Q 1
7	Palmquist, Ben	SO Minnesota-Duluth	55.14q 3
8	Morrisette, Jeremiah	SR U-Mary	55.15q 3
9	Jones, Deion	FR Upper Iowa	55.61 2
10	Christiansen, Abel	SO Minnesota State	57.06 1
11	Janssen, Brady	SO Northern State	58.34 3
12	Miller, Donovan	SR Northern State	59.41 2
13	Paskey, Andrew	SO Upper Iowa	1:00.23 1
14	Chambers, Isaac	FR Minnesota-Duluth	1:03.28 1
15	Schumacher, Josh	SO Augustana	1:05.19 2

**Men 400 Meter Hurdles**

NSIC Record: R 51.91 5/13/2018 Sydne Davis, Minnesota State  
 51.34 AUTO  
 53.34 PROV

Name	Year School	Finals	Points
<b>Finals</b>			
1	Klah, Kornelius	SR Minnesota State	52.54 PROV 10
2	Lewison, Drew	SO Minnesota State	53.58 8
3	Brewer, Kelson	SR Northern State	54.53 6
4	Palmquist, Ben	SO Minnesota-Duluth	54.55 5
5	Morrisette, Jerem	SR U-Mary	55.12 4
6	Wulfekuhle, Josh	SR U-Mary	55.34 3
7	Have, Austin	JR Minnesota-Duluth	55.43 2
8	Davis, Preston	SR Wayne State (Neb.)	57.00 1

**Men 3000 Meter Steeplechase**

NSIC Record: R 8:57.74 5/11/2019 Austin Pasch, Minnesota St  
 8:51.96 AUTO  
 9:13.76 PROV

Name	Year School	Finals	Points
1	Hartman, Ryan	FR Augustana	9:07.77 PROV 10
2	Done, Riccardo	SR Northern State	9:08.88 PROV 8

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**....Men 3000 Meter Steeplechase**

3	Ecker, David	JR	Sioux Falls	9:17.54	6
4	Smalley, Owen	JR	Minnesota-Duluth	9:25.68	5
5	Stueven, Adnew	FR	Msu-Moorhead	9:29.27	4
6	Voigt, Aaron	JR	Sioux Falls	9:32.61	3
7	Ure, Ray	FR	Minnesota State	9:39.06	2
8	Kubat, Braydon	JR	Minnesota-Duluth	9:44.59	1
9	Hill, Kendall	SR	Minnesota-Duluth	9:50.28	
10	VanKempen, Jack	FR	Minnesota-Duluth	9:54.90	
11	Green, Zeke	JR	Concordia-St. Paul	9:58.63	
12	Owen, Carter	FR	Minnesota State	10:01.04	
13	Larson, Nick	FR	Augustana	10:02.33	
14	Freed, Mandar	FR	Concordia-St. Paul	10:04.99	
15	Tegethoff, Caden	FR	Augustana	10:08.10	
16	McGonigal, Will	FR	Wayne State (Neb.)	10:10.27	
17	Schroeder, Ryan	FR	Augustana	10:10.76	
18	Jorgensen, Gavin	FR	Minot State	10:11.64	
19	Kotz, Collin	FR	Wayne State (Neb.)	10:15.98	
20	Dieken, Grant	SR	Upper Iowa	10:36.44	
21	Iraheta, Edwin	SR	Sioux Falls	10:47.85	

**Men 4x100 Meter Relay**

NSIC Record: R 40.63 1998 Minnesota Duluth, Minnesota Duluth  
 E Hanson, E Farnum, J Nerison, J Hanson  
 40.26 AUTO  
 41.06 PROV

School	Finals	H#	Points
1 Minnesota State 'A'	40.72 PROV	2	10
1) Hickman, Shaheed SO	2) Bright, Cornelius SO		
3) Sharma, Nicholas FR	4) Brown, Bryant SR		
2 Concordia-St. Paul 'A'	41.63	2	8
1) Davis, Christian FR	2) Preston, LaJuan JR		
3) Johnson, Andrew JR	4) Szutkowski, Brian SR		
3 U-Mary 'A'	41.85	2	6
1) Decker, Ethan FR	2) Richards, Isaiah JR		
3) Wilmes, Hunter JR	4) Olson, Drew FR		
4 Msu-Moorhead 'A'	41.96	1	5
1) Powell-Oliver, Kory SO	2) Higgs, Shaquiel SO		
3) Kemp, Shyrone SO	4) Jackson, Clay JR		
5 Wayne State (Neb.) 'A'	42.32	1	4 42.313
1) Davis, Jediah JR	2) Rohloff, Justin JR		
3) Ladage, Jacob SO	4) Carr, Noah FR		
6 Northern State 'A'	42.32	2	3 42.318
1) Hondonga, Tafara SO	2) Fletcher, Isaiha SR		
3) Larson, Dakota SO	4) Martens, Seth FR		
7 Augustana 'A'	42.37	2	2
1) Crawford, Riley SR	2) Davis, Melik FR		
3) Clayton, Connor FR	4) Abdi, Muse FR		
8 Minot State 'A'	43.02	1	1
1) Doty, Chase FR	2) Mutungi, Kundai FR		
3) Trujillo-Aragon, Nathan FR	4) Tandy, Chase FR		
-- Upper Iowa 'A'	DQ	1	
1) Marchand, Paul FR	2) Ludwig, Kaden SO		



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**....Men 4x100 Meter Relay**

3) Green, Cameron FR

4) Ayden, Teddy FR

**Men 4x400 Meter Relay**

=====  
 NSIC Record: R 3:13.09 2017 Minnesota State, Minnesota State  
 J Schuster, J Suber, I Pitchford, M Dennis  
 3:08.52 AUTO  
 3:13.73 PROV

School	Finals	H#	Points
1 Minnesota State 'A'	3:15.12	2	10
1) DePrenger, Max FR	2) Phelps, Josh JR		
3) Nesvold, Carter FR	4) Klah, Kornelius SR		
2 Northern State 'A'	3:16.73	2	8
1) Hondonga, Tafara SO	2) Brewer, Kelson SR		
3) Fletcher, Isaiha SR	4) Martens, Seth FR		
3 U-Mary 'A'	3:19.44	2	6
1) Wulfekuhle, Josh SR	2) Morrissette, Jeremiah SR		
3) Myers, Logan SR	4) Huntington, Isaac FR		
4 Minot State 'A'	3:19.60	2	5
1) Cotterill, Lewis FR	2) Gutierrez, Juan JR		
3) Green, Joseph FR	4) Tandy, Chase FR		
5 Augustana 'A'	3:20.68	2	4
1) Dooyema, Jed FR	2) Sully, Ryan JR		
3) Melton, Noah SO	4) Schumacher, Josh SO		
6 Concordia-St. Paul 'A'	3:20.95	1	3
1) Ray, William SR	2) Szutkowski, Brian SR		
3) Sims, Josh FR	4) Allen, Benjamin SR		
7 Wayne State (Neb.) 'A'	3:21.04	2	2
1) Ladage, Jacob SO	2) Holcomb, Bryce JR		
3) Carr, Noah FR	4) Kueny, Michael FR		
8 Msu-Moorhead 'A'	3:21.49	1	1
1) Oduong, Ibrahim FR	2) Bruer, Braxton FR		
3) Morgenstern, Sam FR	4) Gibbons, Eric FR		
9 Upper Iowa 'A'	3:21.67	1	
1) Green, Cameron FR	2) Jones, Deion FR		
3) Marchand, Paul FR	4) Ludwig, Kaden SO		
10 Minnesota-Duluth 'A'	3:22.68	1	
1) Palmquist, Ben SO	2) Have, Austin JR		
3) Leonard, Christian JR	4) Wanous, Tyler SO		
11 Sioux Falls 'A'	3:26.13	1	
1) Hansen, Logan SR	2) Slaba, Jayden JR		
3) Matzner, Zachary FR	4) Phillips, Mason SR		

**Men High Jump**

=====  
 NSIC Record: R 2.13m 1988 Brian Rabenberg, MSU Moorhead  
 2.14m AUTO  
 2.05m PROV

Name	Year School	Finals	Points
1 Cook, Chris	SO Msu-Moorhead	2.06m PROV	6-09.00 10
1.95 2.00 2.03 2.06 2.14			
0 0 0 XO XXX			

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**....Men High Jump**

2	Brown, Deveyonn	JR Minnesota State	2.00m	6-06.75	8
	1.95 2.00 2.03 2.06				
	XXO XXO PPP XXX				
3	Smith, McKallen	FR SW Minnesota St.	1.95m	6-04.75	6
	1.90 1.95 2.00				
	O XO XXX				
4	Kemp, Shyrone	SO Msu-Moorhead	1.95m	6-04.75	5
	1.85 1.90 1.95 2.00				
	O O XXO XXX				
5	Morin-Baxter, Isai	FR Augustana	1.95m	6-04.75	4
	1.80 1.85 1.90 1.95 2.00				
	O XO O XXO XXX				
6	Johnson, Andrew	JR Concordia-St. Paul	1.90m	6-02.75	3
	1.80 1.85 1.90 1.95				
	O O O XXX				
7	Wanous, Tyler	SO Minnesota-Duluth	1.90m	6-02.75	2
	1.80 1.85 1.90 1.95				
	O O XO XXX				
8	Kneifl, Dylan	FR Wayne State (Neb.)	1.90m	6-02.75	0.50
	1.85 1.90 1.95				
	XO XO XXX				
8	Krannich, Trey	FR Minnesota State	1.90m	6-02.75	0.50
	1.80 1.85 1.90 1.95				
	O XO XO XXX				
10	Davis, Astley	FR U-Mary	1.85m	6-00.75	
	1.80 1.85 1.90				
	O XO XXX				
11	Miner, Steven	SO Sioux Falls	1.85m	6-00.75	
	1.80 1.85 1.90				
	O XXO XXX				
12	English, Aaron	JR Wayne State (Neb.)	1.85m	6-00.75	
	1.80 1.85 1.90				
	XO XXO XXX				
--	Davis, Christian	FR Concordia-St. Paul	NH		
	1.80				
	XXX				
--	Enders, Peyton	FR Concordia-St. Paul	NH		
	1.80				
	XXX				

**Men Pole Vault**

=====

NSIC Record: R 5.17m 5/11/2016 Scott Greenman, Sioux Falls  
 5.21m AUTO  
 4.81m PROV

Name	Year School	Finals	Points
1 Dittel, Carson	FR Minnesota State	4.94m PROV	16-02.50 10
	4.64 4.74 4.84 4.94 5.14		
	XO O XO XO XXX		
2 Wittman, Alec	FR Minnesota-Duluth	4.84m PROV	15-10.50 8
	4.09 4.39 4.54 4.64 4.74 4.84 4.94		
	O XO XO O XO XXO XXX		

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**....Men Pole Vault**

3	Johnson, Kyle	JR Minnesota State	4.64m	15-02.75	6
	4.54 4.64 4.74				
	O O XXX				
4	Lindsey, Thomas	FR Minnesota State	4.64m	15-02.75	5
	4.54 4.64 4.74				
	O XO XXX				
5	Brewer, Kelson	SR Northern State	4.54m	14-10.75	4
	3.94 4.09 4.24 4.39 4.54 4.64				
	O O O O O XXX				
6	Alto, Shea	SO Minnesota-Duluth	4.39m	14-04.75	3
	4.09 4.24 4.39 4.54				
	O XXO O XXX				
7	Hansen, Jed	FR SW Minnesota St.	4.24m	13-11.00	2
	4.09 4.24 4.39				
	XO O XXX				
8	Kovash, Dillan	SO U-Mary	4.24m	13-11.00	1
	4.09 4.24 4.39				
	XXO XXO XXX				
9	Person, Jake	JR Sioux Falls	4.09m	13-05.00	
	4.09 4.24				
	O XXX				
10	Kucera, Kyle	FR Minnesota-Duluth	4.09m	13-05.00	
	3.94 4.09 4.24				
	XO O XXX				
11	Burns, Zachary	SR Northern State	3.94m	12-11.00	
	3.94 4.09				
	O XXX				
12	Smith, Hunter	FR SW Minnesota St.	3.94m	12-11.00	
	3.94 4.09				
	XO XXX				
--	Alam, Basheer	FR Concordia-St. Paul	NH		
	3.94				
	XXX				
--	Berg, Alex	FR Minnesota State	NH		
	4.39				
	XXX				
--	Malsam, Bryce	SR Northern State	NH		
	3.94				
	X				

**Men Long Jump**

=====  
 NSIC Record: R 7.91m 5/11/2018 Brian Huber, MSU Moorhead  
 7.68m AUTO  
 7.26m PROV

Name	Year School	Finals	Wind	H#	Points
1 Davis, Christian	FR Concordia-St. Paul	7.21m	-2.5 23-08.00	2	10
	7.11m(2.5) 7.20m(0.5) FOUL	7.21m(-2.5) 6.77m(-3.6)	7.11m(-1.9)		
2 Kath, Caleb	JR Minnesota State	7.11m	+0.0 23-04.00	2	8
	7.04m(3.4) 7.11m(+0.0) 6.74m(-0.8) 6.91m(2.7) FOUL	6.92m(-1.7)			
3 Marchand, Paul	FR Upper Iowa	7.07m	-1.6 23-02.50	2	6
	6.70m(0.7) 6.56m(-1.1) 6.92m(1.4) 6.97m(1.3) 6.73m(0.4)	7.07m(-1.6)			

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**....Men Long Jump**

4	Kollberg, Mathias	FR Augustana	7.01m	1.2	23-00.00	2	5
	6.77m(2.0) FOUL	6.85m(-1.5)	7.01m(1.2) FOUL	6.95m(0.6)			
5	Kemp, Shyrone	SO Msu-Moorhead	7.00m	0.6	22-11.75	2	4
	6.88m(0.4) FOUL	6.66m(-1.4) FOUL	6.85m(0.8)	7.00m(0.6)			
6	Davis, Astley	FR U-Mary	6.95m	2.9	22-09.75	2	3
	6.95m(2.9) 6.66m(0.5)	6.52m(-0.8)	6.52m(-0.9) FOUL	6.64m(+0.0)			
7	Johnson, Andrew	JR Concordia-St. Paul	6.93m	0.5	22-09.00	2	2
	6.72m(1.6) 6.77m(1.3)	6.60m(0.5)	6.69m(0.6)	6.55m(-0.7)	6.93m(0.5)		
8	Brown, Devayonn	JR Minnesota State	6.90m	1.1	22-07.75	2	1
	6.90m(1.1) 6.70m(-0.6)	6.75m(-0.8)	6.55m(2.0) FOUL	6.59m(0.5)			
9	Hunt, Avery	SO Minnesota-Duluth	6.75m	1.5	22-01.75	2	
	6.64m(3.8) 6.54m(-0.4)	6.75m(1.5)	6.51m(-0.3) FOUL	6.37m(-0.8)			
10	Richards, Isaiah	JR U-Mary	6.71m	1.6	22-00.25	1	
	6.71m(1.6) 6.42m(-1.7) FOUL						
11	Hobson, Jaylen	SO Upper Iowa	6.68m	-0.5	21-11.00	2	
	FOUL FOUL	6.68m(-0.5)					
12	Cacho, Kyle	JR U-Mary	6.49m	1.8	21-03.50	2	
	FOUL 6.49m(1.8)	6.17m(-1.6)					
13	Kandolo, Junior	FR SW Minnesota St.	6.49m	-0.5	21-03.50	1	
	5.89m(-1.9) FOUL	6.49m(-0.5)					
14	Hood, Darrian	SO Northern State	6.46m	1.7	21-02.50	1	
	6.46m(1.7) 6.25m(-1.0)	6.42m(0.7)					
15	Brown III, Richard	FR Msu-Moorhead	6.40m	1.2	21-00.00	1	
	6.24m(-0.6) 6.38m(-1.4)	6.40m(1.2)					
16	Crosley, Cody	FR Wayne State (Neb.)	6.40m	0.9	21-00.00	1	
	FOUL FOUL	6.40m(0.9)					
17	Von Wald, Hayden	FR U-Mary	6.30m	-1.1	20-08.00	1	
	6.30m(-1.1) FOUL	6.20m(-1.1)					
18	Rogers, Cody	FR Wayne State (Neb.)	6.25m	-1.6	20-06.25	1	
	FOUL 6.25m(-1.6)	FOUL					
19	Dancy, Isiah	SO Sioux Falls	6.16m	0.6	20-02.50	1	
	5.81m(-0.6) 5.99m(0.8)	6.16m(0.6)					
20	Abdi, Muse	FR Augustana	5.86m	-0.8	19-02.75	1	
	4.79m(+0.0) 5.86m(-0.8)	5.69m(1.7)					
--	Zahler, Peyton	JR U-Mary	FOUL			1	
	FOUL FOUL	FOUL					
--	Sikel, Jonathan	FR Augustana	FOUL			1	
	FOUL FOUL	FOUL					

**Men Triple Jump**

NSIC Record: R 15.95m 2017 Michael Sandle, Minnesota State  
 15.67m AUTO  
 14.69m PROV

Name	Year School	Finals	Wind	H#	Points
1 Kemp, Shyrone	SO Msu-Moorhead	15.03m PROV	1.2	49-03.75	2 10
		13.72m(1.9) 14.21m(0.5) 12.81m(1.9)			15.03m(1.2) FOUL
2 Davis, Astley	FR U-Mary	14.61m	1.5	47-11.25	2 8
		14.39m(0.7) 14.61m(1.5) FOUL			FOUL 13.86m(1.8)
3 Hobson, Jaylen	SO Upper Iowa	14.53m	2.8	47-08.00	1 6
		13.51m(1.5) 13.91m(1.5) 13.81m(0.5) FOUL			14.51m(0.9) 14.53m(2.8)
4 Ayobamidele, Steph	SO Minnesota State	14.50m	1.6	47-07.00	2 5
		FOUL 14.50m(1.6) FOUL			FOUL

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**....Men Triple Jump**

5	Nelson, Isaiah	SR SW Minnesota St.	14.49m	1.4	47-06.50	2	4
	FOUL	14.27m(0.6)	FOUL	FOUL	FOUL	14.49m(1.4)	
6	Richards, Isaiah	JR U-Mary	14.21m	1.5	46-07.50	2	3
	13.96m(1.0)	14.21m(1.5)	FOUL	13.98m(1.4)	FOUL	FOUL	
7	Davis, Aaron	SO U-Mary	13.94m	1.0	45-09.00	2	2
	FOUL	13.94m(1.0)	FOUL	13.43m(1.6)	13.63m(1.4)	FOUL	
8	Caines, Mathew	SO Minnesota-Duluth	13.83m	0.7	45-04.50	1	1
	13.58m(1.4)	13.44m(1.2)	13.33m(1.0)	13.83m(0.7)	FOUL	13.43m(1.8)	
9	Hood, Darrian	SO Northern State	13.69m	1.4	44-11.00	2	
	13.69m(1.4)	FOUL	13.07m(1.9)	13.19m(0.5)	13.62m(1.1)	13.53m(2.2)	
10	Calderon-Pitchford	SR Minnesota State	13.56m	1.5	44-06.00	2	
	FOUL	FOUL	13.56m(1.5)				
11	Clayton, Connor	FR Augustana	13.49m	2.1	44-03.25	2	
	13.49m(2.1)	FOUL	FOUL				
12	Dancy, Isiah	SO Sioux Falls	13.26m	2.0	43-06.00	1	
	FOUL	13.13m(1.5)	13.26m(2.0)				
13	Brown III, Richard	FR Msu-Moorhead	12.96m	1.4	42-06.25	1	
	12.96m(1.4)	FOUL	11.53m(1.2)				
14	Rogers, Cody	FR Wayne State (Neb.)	12.95m	2.0	42-06.00	1	
	12.95m(2.0)	FOUL	FOUL				
15	Cacho, Kyle	JR U-Mary	12.62m	2.2	41-05.00	1	
	FOUL	FOUL	12.62m(2.2)				
16	Flakes, Devin	FR Concordia-St. Paul	12.36m	1.9	40-06.75	1	
	12.34m(0.8)	12.36m(1.9)	FOUL				
--	Hunt, Avery	SO Minnesota-Duluth	FOUL				1
	FOUL	FOUL	FOUL				

**Men Shot Put**

=====  
 NSIC Record: R 18.98m 2013 Chris Reed, Minnesota State  
 18.42m AUTO  
 16.34m PROV

Name	Year School	Finals	H#	Points
1 Gustaveson, Marcus	SR Concordia-St. Paul	17.53m PROV	57-06.25	3 10
	FOUL	16.19m	17.53m	FOUL FOUL FOUL
2 Berg, Tanner	SR Northern State	17.36m PROV	56-11.50	3 8
	16.46m	FOUL	16.42m	16.32m 17.36m 16.95m
3 Allen, Ben	SR Wayne State (Neb.)	16.94m PROV	55-07.00	3 6
	16.00m	16.47m	16.41m	FOUL 16.51m 16.94m
4 Wigand, Connor	SR SW Minnesota St.	16.83m PROV	55-02.75	3 5
	FOUL	15.42m	16.56m	FOUL 16.83m 16.37m
5 Aguilera, Carter	FR Minnesota State	16.29m	53-05.50	3 4
	14.65m	15.65m	15.09m	15.33m 15.54m 16.29m
6 Kucera, Tommy	FR Minnesota State	16.02m	52-06.75	3 3
	14.81m	15.03m	15.19m	FOUL FOUL 16.02m
7 Naba, Bedale	JR Minnesota State	15.98m	52-05.25	3 2
	FOUL	FOUL	14.91m	15.98m
8 Kostynick, Colton	FR Minnesota-Duluth	15.55m	51-00.25	2 1
	FOUL	15.12m	15.55m	15.07m 15.04m 14.73m
9 Roseborough, Hunte	FR Msu-Moorhead	14.88m	48-10.00	3
	14.10m	14.51m	14.88m	14.87m FOUL 13.99m
10 Davito, Dawson	FR Sioux Falls	14.66m	48-01.25	2
	13.98m	14.51m	14.66m	

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**....Men Shot Put**

11	Olson, Nick	SO Northern State	14.58m	47-10.00	2
	13.84m 14.58m 14.46m				
12	Larson, Keegan	JR Concordia-St. Paul	14.53m	47-08.00	2
	13.92m 14.07m 14.53m				
13	Krueger, Logan	SO Minot State	14.52m	47-07.75	2
	14.45m 14.52m 14.13m				
14	Harris, Corbin	FR Minot State	14.42m	47-03.75	2
	14.42m 14.39m FOUL				
15	Searles, Jacob	SR U-Mary	14.15m	46-05.25	1
	13.41m 14.15m FOUL				
16	Picazo, CJ	FR Concordia-St. Paul	14.11m	46-03.50	2
	14.11m FOUL FOUL				
17	Bicek, Eli	FR Minnesota-Duluth	14.02m	46-00.00	1
	13.65m 14.02m 13.06m				
18	Swedzinski, Carl	SO SW Minnesota St.	13.76m	45-01.75	2
	FOUL FOUL 13.76m				
19	Oie, Ben	FR Msu-Moorhead	13.62m	44-08.25	1
	13.62m 13.11m FOUL				
20	Cook, Colton	FR Msu-Moorhead	13.49m	44-03.25	1
	13.04m 13.00m 13.49m				
21	Wendt, Caden	FR Upper Iowa	13.42m	44-00.50	1
	12.88m 12.92m 13.42m				
22	Quinn, Hunter	JR Concordia-St. Paul	13.05m	42-09.75	1
	12.79m 13.05m FOUL				
23	Nolan, Jordan	FR SW Minnesota St.	13.01m	42-08.25	1
	FOUL 13.01m FOUL				
24	Wolkow, Jaymeson	SO Sioux Falls	12.02m	39-05.25	1
	11.44m 11.59m 12.02m				
25	Lawrence, Devon	SR Upper Iowa	11.60m	38-00.75	1
	11.14m 11.28m 11.60m				
--	Kreins, Samuel	FR Minot State	FOUL		1
	ND FOUL FOUL				

**Men Discus Throw**

=====  
 NSIC Record: R 56.26m 5/15/2021 Marcus Gustaveson, Concordia-St  
 56.37m AUTO  
 49.97m PROV

Name	Year School	Finals	H#	Points
1 Gustaveson, Marcus	SR Concordia-St. Paul	56.26mRPROV	184-07	3 10
	52.10m 50.13m 46.76m FOUL FOUL 56.26m			
2 Aguilera, Carter	FR Minnesota State	52.49m PROV	172-02	3 8
	47.42m 50.39m 51.00m 50.71m 49.90m 52.49m			
3 Wigand, Connor	SR SW Minnesota St.	48.82m	160-02	3 6
	47.57m 44.67m FOUL 41.93m 48.82m 47.51m			
4 Kostynick, Colton	FR Minnesota-Duluth	47.79m	156-09	3 5
	44.53m 47.79m 47.19m 47.10m 45.88m 44.83m			
5 Berg, Tanner	SR Northern State	46.32m	152-00	3 4
	46.32m FOUL FOUL FOUL FOUL FOUL FOUL			
6 Picazo, CJ	FR Concordia-St. Paul	46.28m	151-10	3 3
	42.56m 43.91m 46.28m 44.19m FOUL FOUL			
7 Larson, Keegan	JR Concordia-St. Paul	44.78m	146-11	3 2
	44.78m 42.97m FOUL FOUL FOUL FOUL			

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**....Men Discus Throw**

8	Olson, Nick	SO Northern State	43.32m	142-01	3	1
	40.50m 42.24m 42.87m 43.32m	FOUL FOUL				
9	Naba, Bedale	JR Minnesota State	42.72m	140-02	3	
	42.72m 42.43m 42.32m 39.88m 42.27m	FOUL				
10	Nolan, Jordan	FR SW Minnesota St.	41.82m	137-02	2	
	41.82m 40.69m 41.58m					
11	Fritsch, Grant	SO Wayne State (Neb.)	41.41m	135-10	3	
	38.90m 41.41m	FOUL				
12	Kaup, Dylan	SR Wayne State (Neb.)	41.30m	135-06	2	
	38.36m	FOUL 41.30m				
13	Quinn, Hunter	JR Concordia-St. Paul	41.27m	135-05	2	
	FOUL 41.27m 40.42m					
14	Mundfrom, Eben	SO Concordia-St. Paul	40.64m	133-04	2	
	FOUL 40.16m 40.64m					
15	McDonald, Jerron	SO Msu-Moorhead	39.38m	129-02	1	
	37.55m 38.55m 39.38m					
16	Hausmann, Carson	SO Sioux Falls	39.32m	129-00	2	
	39.32m	FOUL 38.05m				
17	Meisenheimer, Matt	FR Wayne State (Neb.)	39.03m	128-01	2	
	39.03m 37.31m	FOUL				
18	Deschler, Brett	FR Sioux Falls	38.62m	126-08	2	
	FOUL 38.62m	FOUL				
19	Kemp, Joshua	JR SW Minnesota St.	38.51m	126-04	1	
	FOUL 38.51m 33.82m					
20	Holt, Austin	FR Northern State	38.46m	126-02	2	
	38.46m 38.40m	FOUL				
21	Oie, Ben	FR Msu-Moorhead	38.13m	125-01	2	
	FOUL 38.13m 37.85m					
22	Harris, Corbin	FR Minot State	37.46m	122-11	1	
	FOUL FOUL 37.46m					
23	Clark, Hunter	FR Minot State	37.12m	121-09	1	
	34.48m	FOUL 37.12m				
24	Searles, Jacob	SR U-Mary	37.05m	121-07	2	
	FOUL 37.05m 35.47m					
25	Bicek, Eli	FR Minnesota-Duluth	35.64m	116-11	1	
	32.92m 32.90m 35.64m					
26	Wolkow, Jaymeson	SO Sioux Falls	34.26m	112-05	1	
	25.30m 32.24m 34.26m					
27	Kucera, Tommy	FR Minnesota State	33.73m	110-08	1	
	33.73m	FOUL FOUL				
28	Krueger, Logan	SO Minot State	33.60m	110-03	1	
	33.47m 33.60m	FOUL				
29	Rex, Marek	FR Sioux Falls	33.52m	110-00	1	
	33.52m	FOUL FOUL				

**Men Hammer Throw**

=====  
 NSIC Record: R 65.81m 2014 Chris Reed, Minnesota State  
 65.89m AUTO  
 55.59m PROV

Name	Year School	Finals	H#	Points
1 Kalkowski, Cade	JR Wayne State (Neb.)	63.04m PROV	206-10	3 10
	59.19m 59.15m	FOUL 60.00m 60.40m 63.04m		

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**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021****Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results****....Men Hammer Throw**

2	Berg, Tanner	SR Northern State	60.90m	PROV	199-10	3	8
	60.36m	FOUL	FOUL	FOUL	58.95m	60.90m	
3	Kaup, Dylan	SR Wayne State (Neb.)	57.02m	PROV	187-01	3	6
	57.02m	FOUL	55.51m	FOUL	FOUL	55.56m	
4	Christoffersen, Co	JR Wayne State (Neb.)	54.95m		180-03	3	5
	FOUL	FOUL	54.79m	FOUL	FOUL	54.95m	
5	McCormick, Connor	SR Minnesota State	54.80m		179-09	3	4
	51.71m	54.80m	54.26m	53.83m	53.40m	FOUL	
6	Berby, Tanner	JR Msu-Moorhead	51.17m		167-10	2	3
	46.29m	51.17m	46.53m	FOUL	49.15m	51.05m	
7	Krueger, Logan	SO Minot State	50.87m		166-11	3	2
	49.95m	FOUL	49.12m	50.87m	FOUL	49.48m	
8	Quinn, Hunter	JR Concordia-St. Paul	50.79m		166-08	3	1
	47.61m	49.69m	FOUL	FOUL	50.79m	50.59m	
9	Aguilera, Carter	FR Minnesota State	48.03m		157-07	3	
	47.62m	FOUL	FOUL	FOUL	47.11m	48.03m	
10	Fritsch, Grant	SO Wayne State (Neb.)	47.46m		155-08	2	
	FOUL	FOUL	47.46m				
11	Mundfrom, Eben	SO Concordia-St. Paul	47.45m		155-08	3	
	47.45m	FOUL	FOUL				
12	Wigand, Connor	SR SW Minnesota St.	47.09m		154-06	2	
	44.87m	47.09m	46.78m				
13	Olson, Nick	SO Northern State	46.63m		153-00	2	
	45.45m	45.03m	46.63m				
14	Hagan, Patrick	JR Sioux Falls	45.72m		150-00	1	
	FOUL	45.52m	45.72m				
15	Kreins, Samuel	FR Minot State	44.84m		147-01	1	
	44.84m	FOUL	FOUL				
16	Kucera, Tommy	FR Minnesota State	44.67m		146-07	2	
	42.70m	44.67m	FOUL				
17	McDonald, Jerron	SO Msu-Moorhead	44.54m		146-01	1	
	43.06m	44.54m	43.44m				
18	Bicek, Eli	FR Minnesota-Duluth	44.42m		145-09	1	
	FOUL	42.31m	44.42m				
19	Meisenheimer, Matt	FR Wayne State (Neb.)	44.30m		145-04	2	
	44.30m	FOUL	43.22m				
20	Hudson, Nick	SO Minnesota State	43.84m		143-10	2	
	FOUL	FOUL	43.84m				
21	Harris, Corbin	FR Minot State	42.54m		139-07	2	
	42.49m	42.54m	FOUL				
22	Wolkow, Jaymeson	SO Sioux Falls	41.22m		135-03	1	
	36.49m	3.79m	41.22m				
23	Larson, Keegan	JR Concordia-St. Paul	41.14m		135-00	2	
	FOUL	41.14m	FOUL				
24	Cook, Colton	FR Msu-Moorhead	41.11m		134-10	1	
	41.11m	FOUL	41.09m				
25	Clark, Hunter	FR Minot State	40.96m		134-04	1	
	40.96m	FOUL	FOUL				
26	Kemp, Joshua	JR SW Minnesota St.	38.95m		127-09	1	
	FOUL	38.95m	FOUL				
27	Rex, Marek	FR Sioux Falls	37.77m		123-11	1	
	37.77m	FOUL	36.09m				
28	Lorenz, Bennett	SO Wayne State (Neb.)	36.84m		120-10	1	
	FOUL	36.84m	FOUL				



**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**

**Timing and Results by Hero's Timing**

**University of Minnesota - Duluth**

**Results**

**Men Javelin Throw**

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 NSIC Record: R 65.86m 5/11/1992 Jim Anderson, MSU Moorhead  
 69.57m AUTO  
 58.75m PROV

Name	Year	School	Finals	H#	Points
1 Woelber, Tyl	SO	Augustana	62.90m PROV	206-04	2 10
			58.38m 60.23m 56.62m 55.53m 54.85m 62.90m		
2 Nelson, Leif	FR	Minot State	62.18m PROV	204-00	2 8
			61.09m 62.18m FOUL 59.64m 59.19m 60.45m		
3 Wu, Kevin	JR	Minnesota State	58.34m	191-05	2 6
			56.95m 56.39m 58.34m 55.38m 56.03m 57.02m		
4 Tordsen, Jakob	JR	Concordia-St. Paul	55.52m	182-02	2 5
			50.60m 55.52m FOUL 53.21m 54.62m 55.00m		
5 Davis, Preston	SR	Wayne State (Neb.)	55.03m	180-06	2 4
			52.87m 55.03m 54.56m 49.21m 50.16m 53.09m		
6 Lilly, Noah	SO	Wayne State (Neb.)	53.33m	175-00	2 3
			45.20m 53.33m 49.65m 53.21m 52.41m 52.57m		
7 Kovash, Dillan	SO	U-Mary	47.51m	155-10	2 2
			FOUL 46.91m 47.51m 42.60m 46.89m FOUL		
8 Aasen, Ben	SR	Minot State	45.40m	148-11	2 1
			44.36m FOUL FOUL 38.31m 39.34m 45.40m		
9 Davis, Aaron	SO	U-Mary	44.77m	146-10	1
			44.77m 42.37m 38.54m FOUL 37.97m FOUL		
10 Kemp, Joshua	JR	SW Minnesota St.	42.80m	140-05	1
			35.75m 40.30m 42.80m		
11 Machart, Tucker	SR	SW Minnesota St.	42.64m	139-11	1
			42.53m 40.75m 42.64m		
12 Conrad, Macklin	SO	Upper Iowa	41.79m	137-01	1
			39.30m 41.24m 41.79m		
13 Sikel, Jonathan	FR	Augustana	40.24m	132-00	1
			36.87m 40.24m FOUL		
14 Feist, Cullen	FR	Concordia-St. Paul	39.32m	129-00	1
			39.32m 35.15m 38.52m		
15 Hausmann, Carson	SO	Sioux Falls	38.40m	126-00	1
			36.16m 38.40m 36.42m		
16 Paskey, Andrew	SO	Upper Iowa	38.23m	125-05	1
			38.23m 34.26m 38.07m		
17 Holt, Austin	FR	Northern State	38.14m	125-01	1
			34.07m 38.14m 34.77m		
18 Lawrence, Devon	SR	Upper Iowa	33.41m	109-07	1
			32.55m 33.41m FOUL		
-- Dupee, Caden	FR	Minnesota-Duluth	FOUL		2
			FOUL FOUL FOUL		

**Decathlon: #1 Men 100 Meter Dash Decathlon**

Name	Year	School	Finals	Wind	H#	Points
1 Kollberg, Mathias	FR	Augustana	11.22	1.6	2	812
2 Woelber, Tyl	SO	Augustana	11.24	1.6	2	808
3 Krupa, Brady	FR	Upper Iowa	11.39	2.3	1	776
4 Lilly, Noah	SO	Wayne State (Neb.)	11.41	2.3	1	771
5 Malsam, Bryce	SR	Northern State	11.47	1.6	2	759
6 Denes, Tyler	FR	Minnesota State	11.48	1.6	2	757

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021****Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results****....Decathlon: #1 Men 100 Meter Dash Decathlon**

7	O'Connor, Ian	JR Minnesota-Duluth	11.51	1.6	2	750
7	Johnson, Arik	JR Concordia-St. Paul	11.51	1.6	2	750
9	Dupee, Caden	FR Minnesota-Duluth	11.58	2.3	1	736
10	Tordsen, Jakob	JR Concordia-St. Paul	11.66	2.3	1	719
11	Hauver, Josh	FR Concordia-St. Paul	11.73	1.6	2	705
12	Dilly, Blain	SO SW Minnesota St.	11.88	2.3	1	675
13	Kucera, Kyle	FR Minnesota-Duluth	12.03	2.3	1	645
14	Holm, Ethan	JR Sioux Falls	12.09	2.3	1	633

**Decathlon: #5 Men 400 Meter Dash Decathlon**

Name	Year	School	Finals	H#	Points
1	Woelber, Tyl	SO Augustana	51.26	2	757
2	Kollberg, Mathias	FR Augustana	51.70	2	738
3	Dupee, Caden	FR Minnesota-Duluth	52.51	1	703
4	Tordsen, Jakob	JR Concordia-St. Paul	52.69	2	695
5	Lilly, Noah	SO Wayne State (Neb.)	52.72	1	694
6	Johnson, Arik	JR Concordia-St. Paul	52.96	1	683
7	Krupa, Brady	FR Upper Iowa	53.01	1	681
8	Malsam, Bryce	SR Northern State	53.17	2	674
9	O'Connor, Ian	JR Minnesota-Duluth	53.21	2	673
10	Kucera, Kyle	FR Minnesota-Duluth	53.49	1	661
11	Denes, Tyler	FR Minnesota State	53.91	2	643
12	Dilly, Blain	SO SW Minnesota St.	54.34	1	626
13	Hauver, Josh	FR Concordia-St. Paul	54.51	2	619
--	Holm, Ethan	JR Sioux Falls	DNF	1	

**Decathlon: #10 Men 1500 Meter Dash Decathlon**

Name	Year	School	Finals	Points
1	O'Connor, Ian	JR Minnesota-Duluth	4:49.99	619
2	Kollberg, Mathias	FR Augustana	4:52.74	602
3	Woelber, Tyl	SO Augustana	4:55.22	588
4	Dupee, Caden	FR Minnesota-Duluth	4:56.26	581
5	Tordsen, Jakob	JR Concordia-St. Paul	4:58.14	570
6	Kucera, Kyle	FR Minnesota-Duluth	5:00.59	556
7	Lilly, Noah	SO Wayne State (Neb.)	5:09.50	506
8	Krupa, Brady	FR Upper Iowa	5:12.50	490
9	Johnson, Arik	JR Concordia-St. Paul	5:14.35	480
10	Denes, Tyler	FR Minnesota State	5:20.72	446
11	Hauver, Josh	FR Concordia-St. Paul	5:27.72	411
12	Malsam, Bryce	SR Northern State	5:28.33	408
13	Dilly, Blain	SO SW Minnesota St.	5:50.88	303
--	Holm, Ethan	JR Sioux Falls	DNF	

**Decathlon: #6 Men 110 Meter Hurdles Decathlon**

Name	Year	School	Finals	Wind	H#	Points
1	Lilly, Noah	SO Wayne State (Neb.)	15.37	1.3	4	805
2	Malsam, Bryce	SR Northern State	15.54	1.3	4	785
3	Woelber, Tyl	SO Augustana	15.64	1.3	4	774

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**

**Timing and Results by Hero's Timing**

**University of Minnesota - Duluth**

**Results**

**....Decathlon: #6 Men 110 Meter Hurdles Decathlon**

4	O'Connor, Ian	JR Minnesota-Duluth	15.77	1.3	4	759
5	Krupa, Brady	FR Upper Iowa	16.00	1.6	2	733
6	Johnson, Arik	JR Concordia-St. Paul	16.00	0.9	3	733
7	Dupee, Caden	FR Minnesota-Duluth	16.15	0.9	3	716
8	Tordsen, Jakob	JR Concordia-St. Paul	16.74	0.9	3	652
9	Dilly, Blain	SO SW Minnesota St.	17.30	1.6	2	593
10	Denes, Tyler	FR Minnesota State	17.79	1.6	2	544
11	Kollberg, Mathias	FR Augustana	17.91	0.9	3	533
12	Hauver, Josh	FR Concordia-St. Paul	18.08	0.8	1	516
13	Kucera, Kyle	FR Minnesota-Duluth	18.73	0.8	1	456
--	Holm, Ethan	JR Sioux Falls	DNF	0.8	1	

**Decathlon: #4 Men High Jump Decathlon**

Name	Year	School	Finals	Points
1 Woelber, Tyl	SO	Augustana	2.11m	6-11.00 906
	1.90	1.93 1.96 1.99 2.02 2.05 2.08 2.11 2.14		
	O	O O XO XO O O O XXX		
2 O'Connor, Ian	JR	Minnesota-Duluth	1.93m	6-04.00 740
	1.78	1.84 1.87 1.90 1.93 1.96		
	O	XO XO O XXO XXX		
3 Johnson, Arik	JR	Concordia-St. Paul	1.90m	6-02.75 714
	1.72	1.75 1.78 1.81 1.84 1.87 1.90 1.93		
	O	O XO XO XO O XXO XXX		
3 Kollberg, Mathias	FR	Augustana	1.90m	6-02.75 714
	1.75	1.78 1.81 1.84 1.87 1.90 1.93		
	O	O O XXO O XXO XXX		
3 Tordsen, Jakob	JR	Concordia-St. Paul	1.90m	6-02.75 714
	1.72	1.78 1.84 1.87 1.90 1.93		
	O	O O O O XXX		
6 Dupee, Caden	FR	Minnesota-Duluth	1.84m	6-00.50 661
	1.78	1.81 1.84 1.87		
	O	XO XO XXX		
6 Lilly, Noah	SO	Wayne State (Neb.)	1.84m	6-00.50 661
	1.63	1.69 1.72 1.75 1.78 1.81 1.84 1.87		
	O	O O O O O XO XXX		
8 Malsam, Bryce	SR	Northern State	1.81m	5-11.25 636
	1.72	1.75 1.78 1.81 1.84		
	O	O O O XXX		
9 Denes, Tyler	FR	Minnesota State	1.72m	5-07.75 560
	1.66	1.69 1.72 1.75		
	XXO	O XXO XXX		
9 Krupa, Brady	FR	Upper Iowa	1.72m	5-07.75 560
	1.69	1.72 1.75		
	XO	O XXX		
11 Kucera, Kyle	FR	Minnesota-Duluth	1.66m	5-05.25 512
	1.63	1.66 1.69		
	XO	XO XXX		
12 Hauver, Josh	FR	Concordia-St. Paul	1.63m	5-04.25 488
	1.51	1.54 1.57 1.60 1.63 1.66		
	O	O O O O XXX		

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**

**Timing and Results by Hero's Timing**

**University of Minnesota - Duluth**

**Results**

**....Decathlon: #4 Men High Jump Decathlon**

13 Dilly, Blain	SO SW Minnesota St.	1.51m	4-11.50	396
1.51 1.60				
0 XXX				
13 Holm, Ethan	JR Sioux Falls	1.51m	4-11.50	396
1.51				
XXO				

**Decathlon: #8 Men Pole Vault Decathlon**

=====										
Name	Year School				Finals		Points		=====	
=====										
1 Lilly, Noah	SO Wayne State (Neb.)				4.30m	14-01.25	702			
3.70 3.80 3.90 4.00 4.10	4.20 4.30 4.40									
0 0 0 0 0	0 0 XXX									
1 Malsam, Bryce	SR Northern State				4.30m	14-01.25	702			
4.00 4.10 4.20 4.30 4.40										
0 0 0 0 XXX										
1 Woelber, Tyl	SO Augustana				4.30m	14-01.25	702			
3.60 3.70 3.80 3.90 4.00	4.10 4.20 4.30 4.40									
0 0 XO 0 0	XO XXO 0 XXX									
4 Denes, Tyler	FR Minnesota State				4.00m	13-01.50	617			
3.50 3.70 3.80 3.90 4.00	4.10									
0 0 XO 0 0	XXX									
5 Johnson, Arik	JR Concordia-St. Paul				3.70m	12-01.50	535			
3.40 3.50 3.60 3.70 3.80										
0 P XO 0 XXX										
5 Kucera, Kyle	FR Minnesota-Duluth				3.70m	12-01.50	535			
3.70 3.80 3.90										
0 P XXX										
7 Dupee, Caden	FR Minnesota-Duluth				3.60m	11-09.75	509			
3.10 3.20 3.30 3.40 3.50	3.60 3.70									
0 P 0 P 0	XO XXX									
7 Hauver, Josh	FR Concordia-St. Paul				3.60m	11-09.75	509			
3.00 3.10 3.20 3.30 3.40	3.50 3.60 3.70									
XO 0 XXO 0 0	XXO XO XXX									
7 O'Connor, Ian	JR Minnesota-Duluth				3.60m	11-09.75	509			
3.40 3.50 3.60 3.70										
0 0 0 XXX										
10 Kollberg, Mathias	FR Augustana				3.20m	10-06.00	406			
2.80 2.90 3.00 3.10 3.20	3.30									
0 P XO 0 0	XXX									
10 Dilly, Blain	SO SW Minnesota St.				3.20m	10-06.00	406			
2.80 2.90 3.00 3.10 3.20	3.30									
XO 0 XO 0 0	XXX									
12 Krupa, Brady	FR Upper Iowa				3.10m	10-02.00	381			
2.80 2.90 3.00 3.10 3.20										
0 0 XO XO XXX										
-- Tordsen, Jakob	JR Concordia-St. Paul				NH					
3.60										
XXX										
-- Holm, Ethan	JR Sioux Falls				NH					
2.80										
X										

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021****Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results****Decathlon: #2 Men Long Jump Decathlon**

Name	Year School	Finals	Wind	Points	
1 Kollberg, Mathias	FR Augustana	6.97m	-0.5	22-10.50	807
6.48m(-0.8) 6.88m(0.4) 6.97m(-0.5)					
2 Woelber, Tyl	SO Augustana	6.91m	1.5	22-08.00	792
5.21m(-0.4) 6.87m(0.8) 6.91m(1.5)					
3 Tordsen, Jakob	JR Concordia-St. Paul	6.36m	+0.0	20-10.50	666
6.35m(+0.0) FOUL(+0.0) 6.36m(+0.0)					
4 Dupee, Caden	FR Minnesota-Duluth	6.32m	-0.6	20-09.00	657
6.03m(-0.4) 6.29m(0.7) 6.32m(-0.6)					
5 Denes, Tyler	FR Minnesota State	6.25m	0.4	20-06.25	641
5.93m(-0.7) FOUL(+0.0) 6.25m(0.4)					
6 Malsam, Bryce	SR Northern State	6.19m	0.4	20-03.75	628
6.19m(0.4) 6.15m(+0.0) 6.14m(0.9)					
7 Krupa, Brady	FR Upper Iowa	6.17m	-0.4	20-03.00	624
6.13m(0.4) 6.04m(1.4) 6.17m(-0.4)					
8 Lilly, Noah	SO Wayne State (Neb.)	6.16m	-0.5	20-02.50	621
5.87m(0.4) FOUL(+0.0) 6.16m(-0.5)					
9 Dilly, Blain	SO SW Minnesota St.	6.05m	-0.5	19-10.25	597
5.88m(-2.4) 5.90m(-0.8) 6.05m(-0.5)					
10 O'Connor, Ian	JR Minnesota-Duluth	5.91m	+0.0	19-04.75	567
5.91m(+0.0) 4.15m(-0.4) 5.67m(1.6)					
11 Johnson, Arik	JR Concordia-St. Paul	5.76m	-0.5	18-10.75	535
5.73m(+0.0) 5.74m(0.4) 5.76m(-0.5)					
12 Hauver, Josh	FR Concordia-St. Paul	5.65m	-0.4	18-06.50	512
5.65m(-0.4) 5.49m(0.4) FOUL(+0.0)					
13 Kucera, Kyle	FR Minnesota-Duluth	5.25m	-1.8	17-02.75	431
5.25m(-1.8) 5.23m(0.6) 5.25m(0.4)					
-- Holm, Ethan	JR Sioux Falls	FOUL			
FOUL PASS PASS					

**Decathlon: #3 Men Shot Put Decathlon**

Name	Year School	Finals	Points	
1 Woelber, Tyl	SO Augustana	12.46m	40-10.50	634
11.36m 12.46m 12.14m				
2 Tordsen, Jakob	JR Concordia-St. Paul	12.35m	40-06.25	628
12.12m 12.35m 12.24m				
3 Malsam, Bryce	SR Northern State	11.80m	38-08.75	594
11.80m 11.54m 10.89m				
4 Dupee, Caden	FR Minnesota-Duluth	10.73m	35-02.50	530
10.73m 10.72m FOUL				
5 O'Connor, Ian	JR Minnesota-Duluth	10.68m	35-00.50	527
10.68m 10.64m 10.40m				
6 Lilly, Noah	SO Wayne State (Neb.)	10.61m	34-09.75	522
10.00m 10.61m 10.07m				
7 Denes, Tyler	FR Minnesota State	9.57m	31-04.75	460
9.31m 9.36m 9.57m				
8 Johnson, Arik	JR Concordia-St. Paul	9.40m	30-10.25	450
9.40m 8.76m 9.03m				
9 Kollberg, Mathias	FR Augustana	9.29m	30-05.75	443
8.97m 9.29m 9.03m				

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021****Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results****....Decathlon: #3 Men Shot Put Decathlon**

10	Holm, Ethan	JR	Sioux Falls	9.23m	30-03.50	440
	8.67m 8.84m 9.23m					
11	Hauver, Josh	FR	Concordia-St. Paul	9.20m	30-02.25	438
	9.11m 8.93m 9.20m					
12	Dilly, Blain	SO	SW Minnesota St.	8.75m	28-08.50	411
	8.75m 7.90m 8.28m					
13	Kucera, Kyle	FR	Minnesota-Duluth	8.41m	27-07.25	391
	7.67m 8.41m 7.97m					
14	Krupa, Brady	FR	Upper Iowa	8.25m	27-01.00	381
	8.25m 7.69m FOUL					

**Decathlon: #7 Men Discus Throw Decathlon**

Name	Year	School	Finals	Points
1	Woelber, Tyl	SO	Augustana	38.65m 126-10 637
	35.65m 38.65m FOUL			
2	Tordsen, Jakob	JR	Concordia-St. Paul	36.19m 118-09 588
	36.19m FOUL 33.50m			
3	Johnson, Arik	JR	Concordia-St. Paul	31.41m 103-01 492
	29.33m 31.41m 30.30m			
4	Holm, Ethan	JR	Sioux Falls	31.25m 102-06 489
	30.95m 30.81m 31.25m			
5	Lilly, Noah	SO	Wayne State (Neb.)	31.01m 101-09 484
	27.15m 31.01m FOUL			
6	O'Connor, Ian	JR	Minnesota-Duluth	30.33m 99-06 471
	30.33m 27.84m 29.42m			
7	Malsam, Bryce	SR	Northern State	29.42m 96-06 453
	29.42m FOUL FOUL			
8	Dupee, Caden	FR	Minnesota-Duluth	28.65m 94-00 438
	28.65m 28.39m 26.97m			
9	Denes, Tyler	FR	Minnesota State	27.67m 90-09 419
	27.67m 26.93m 27.53m			
10	Kucera, Kyle	FR	Minnesota-Duluth	27.16m 89-01 409
	25.14m 27.16m FOUL			
11	Hauver, Josh	FR	Concordia-St. Paul	26.49m 86-11 396
	19.47m 22.36m 26.49m			
12	Kollberg, Mathias	FR	Augustana	26.20m 85-11 390
	FOUL FOUL 26.20m			
13	Dilly, Blain	SO	SW Minnesota St.	25.34m 83-02 374
	22.22m 25.03m 25.34m			
14	Krupa, Brady	FR	Upper Iowa	23.69m 77-09 342
	23.69m FOUL FOUL			

**Decathlon: #9 Men Javelin Throw Decathlon**

Name	Year	School	Finals	Points
1	Woelber, Tyl	SO	Augustana	57.75m 189-06 704
	57.75m 52.08m FOUL			
2	Tordsen, Jakob	JR	Concordia-St. Paul	53.45m 175-04 640
	48.32m 53.45m PASS			
3	Lilly, Noah	SO	Wayne State (Neb.)	50.91m 167-00 602
	45.75m 47.93m 50.91m			

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**

**Timing and Results by Hero's Timing**

**University of Minnesota - Duluth**

**Results**

**....Decathlon: #9 Men Javelin Throw Decathlon**

4	Dupee, Caden	FR Minnesota-Duluth	46.27m	151-10	534
	46.27m FOUL FOUL				
5	Malsam, Bryce	SR Northern State	42.15m	138-03	473
	30.31m 37.72m 42.15m				
6	O'Connor, Ian	JR Minnesota-Duluth	39.37m	129-02	433
	34.96m 38.48m 39.37m				
7	Kollberg, Mathias	FR Augustana	37.15m	121-10	401
	37.15m 35.47m 36.90m				
8	Kucera, Kyle	FR Minnesota-Duluth	35.65m	116-11	379
	35.65m 35.42m FOUL				
9	Dilly, Blain	SO SW Minnesota St.	34.85m	114-04	368
	34.85m 33.91m 32.97m				
10	Johnson, Arik	JR Concordia-St. Paul	34.05m	111-08	357
	31.96m 34.05m 33.60m				
11	Denes, Tyler	FR Minnesota State	32.92m	108-00	341
	32.92m 30.84m 31.66m				
12	Hauver, Josh	FR Concordia-St. Paul	28.81m	94-06	282
	27.22m 27.03m 28.81m				
13	Holm, Ethan	JR Sioux Falls	26.79m	87-11	254
	26.79m 23.48m FOUL				
14	Krupa, Brady	FR Upper Iowa	24.94m	81-10	229
	23.01m 23.66m 24.94m				

**Men Decathlon**

=====  
 NSIC Record: R 7302 5/13/2021 Tyl Woelber, Augustana  
 7252 AUTO  
 6325 PROV

Name	Year School	Finals	H#	Points
1 Woelber, Tyl	SO Augustana	7302.00RAUTO	10	
2 Lilly, Noah	SO Wayne State (Neb.)	6368.00 PROV	8	
3 Malsam, Bryce	SR Northern State	6112.00	6	
4 Dupee, Caden	FR Minnesota-Duluth	6065.00	5	
5 O'Connor, Ian	JR Minnesota-Duluth	6048.00	4	
6 Tordsen, Jakob	JR Concordia-St. Paul	5872.00	3	
7 Kollberg, Mathias	FR Augustana	5846.00	2	
8 Johnson, Arik	JR Concordia-St. Paul	5729.00	1	
9 Denes, Tyler	FR Minnesota State	5428.00		
10 Krupa, Brady	FR Upper Iowa	5197.00		
11 Kucera, Kyle	FR Minnesota-Duluth	4975.00		
12 Hauver, Josh	FR Concordia-St. Paul	4876.00		
13 Dilly, Blain	SO SW Minnesota St.	4749.00		
14 Holm, Ethan	JR Sioux Falls	2212.00		

=====  
**Men - Team Rankings - 21 Events Scored**  
 =====

1) Minnesota State	214.50	2) Augustana	115
3) Concordia-St. Paul	84	4) MSU-Moorhead	71
5) Northern State	65	5) U-Mary	65
7) Wayne State (Neb.)	51.50	8) Minnesota-Duluth	50
9) Minot State	31	10) SW Minnesota St.	28
11) Upper Iowa	22	12) Sioux Falls	21

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021****Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results****Women 100 Meter Dash**

NSIC Record: **11.51 R 1983** Jeri Domes, Mankato State  
**11.52 AUTO**  
**11.90 PROV**

Name	Yr	School	Finals	Wind	Points
<b>Finals</b>					
1 Simmons, Ja'Cey	FR	Minnesota State	11.63	1.3	10
2 Cartwright, Denisha	FR	Minnesota State	11.63	1.3	8
3 Jackson, Makayla	FR	Minnesota State	11.78	1.3	6
4 Lovan, Lexus	SR	U-Mary	11.79	1.3	5
5 Pryor, Michaela	SO	Winona State	11.83	1.3	4
6 Jones, Caitlyn	FR	Minnesota State	11.98	1.3	3
7 Cramer, Rose	FR	Minnesota State	12.06	1.3	2
8 Hartman, Grace	JR	Minnesota State	31.04	1.3	1

**Women 200 Meter Dash**

NSIC Record: **23.98 R 5/11/2010** Brittany Henderson, Minnesota State  
**23.55 AUTO**  
**24.40 PROV**

Name	Yr	School	Finals	Wind	Points
<b>Finals</b>					
1 Simmons, Ja'Cey	FR	Minnesota State	23.98	2.4	10
2 Cartwright, Denisha	FR	Minnesota State	23.98	2.4	8
3 Pryor, Michaela	SO	Winona State	24.04	2.4	6
4 Cramer, Rose	FR	Minnesota State	24.21	2.4	5
5 Thomas, Chriss-Ann	SR	U-Mary	24.37	2.4	4
6 Pietz, Maddy	SO	Winona State	24.68	2.4	3
7 Schyvinck, Brooklyn	SO	Winona State	24.71	2.4	2

**Women 400 Meter Dash**

NSIC Record: **54.40 R 2017** Megan Seidl, Winona State  
**53.52 AUTO**  
**55.87 PROV**

Name	Yr	School	Finals	Wind	Points
<b>Finals</b>					
1 Thomas, Chriss-Ann	SR	U-Mary	54.75	PROV	10
2 Muellner, Anna	FR	Minnesota-Duluth	55.39	PROV	8
3 Vallabouy, Shereen	SO	Winona State	55.64	PROV	6
4 Schyvinck, Brooklyn	SO	Winona State	55.69	PROV	5
5 Woodard, Mackenzie	JR	Minnesota State	55.83	PROV	4
6 Pester, Jordyn	SO	Wayne State (Neb.)	56.47		3
7 Rolle-Curry, Robynn	FR	Msu-Moorhead	56.55		2
8 Robins, Nyeaee	FR	Minnesota State	57.33		1

**Women 800 Meter Run**

NSIC Record: **2:04.62 R 5/11/2017** Emi Trost, Minnesota Duluth  
**2:06.90 AUTO**  
**2:12.07 PROV**

Name	Yr	School	Finals	Wind	Points
<b>Finals</b>					
1 Acheson, Elizabeth	FR	U-Mary	2:08.90	PROV	10



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Name	Yr	School	Finals		Points
2 Reindl, Haleigh	SO	Minnesota-Duluth	2:09.22	PROV	8
3 Brezinka, Isabelle	JR	Minnesota-Duluth	2:12.50		6
4 Kyes, Elizabeth	SR	Minnesota-Duluth	2:14.25		5
5 Hestekin, Taylor	JR	U-Mary	2:16.33		4
6 Dembrowski, Courtney	SO	U-Mary	2:16.49		3
7 Streff, Cami	FR	Augustana	2:17.91		2
8 Ceglowski, Taryn	JR	U-Mary	2:20.08		1

**Women 1500 Meter Run**

NSIC Record: **4:21.48 R 2017**      **Emi Trost, Minnesota Duluth**  
**4:21.49 AUTO**  
**4:32.89 PROV**

Name	Yr	School	Finals	H#	Points
<b>Finals</b>					
1 Narbuvoll, Ida	SR	U-Mary	4:26.07	PROV 2	10
2 English, PJ	SO	Augustana	4:26.61	PROV 2	8
3 Hestekin, Taylor	JR	U-Mary	4:26.66	PROV 2	6
4 Ceglowski, Taryn	JR	U-Mary	4:27.96	PROV 2	5
5 Schenk, Meagan	SR	Augustana	4:34.24	2	4
6 Erickson, Bree	SR	U-Mary	4:34.53	2	3
7 Wells, Lauren	SO	Sioux Falls	4:35.21	2	2
8 Streff, Cami	FR	Augustana	4:35.81	2	1
9 Montplaisir, Amanda	SO	Minnesota State	4:36.60	2	
10 Verkerke, Madeline	FR	Minnesota-Duluth	4:38.57	2	
11 Beyer, Kaylee	FR	Winona State	4:39.44	1	
12 Juac, Khot	FR	Sioux Falls	4:40.62	1	
13 Thurston, MaKenna	FR	Minnesota State	4:41.85	1	
14 Naddy, Callin	SO	Augustana	4:42.79	2	
15 Boulev, Cheresa	FR	St. Cloud State	4:43.36	2	
16 Delmont, Mallory	FR	Augustana	4:43.64	1	
17 Mills, Zoey	FR	Bemidji State	4:45.73	1	
18 Rinke, Rhianna	JR	Minnesota-Duluth	4:47.24	1	
19 Murillo, Alicia	FR	Minot State	4:48.22	1	
20 McGee, Abigail	JR	Minot State	4:52.00	1	

**Women 5000 Meter Run**

NSIC Record: **16:34.35 R 5/13/2018**      **Alexis Zeis, U-Mary**  
**16:10.04 AUTO**  
**17:10.15 PROV**

Name	Yr	School	Finals		Points
<b>Finals</b>					
1 Narbuvoll, Ida	SR	U-Mary	16:44.94	PROV	10
2 Means, Megan	SO	Augustana	16:57.06	PROV	8
3 English, PJ	SO	Augustana	17:00.06	PROV	6
4 Schmidt, Nicolette	JR	Augustana	17:22.35		5
5 Cunningham, Lindsay	FR	Winona State	17:24.77		4
6 Lane, Payton	FR	Msu-Moorhead	17:27.52		3
7 Jones, Abigail	JR	U-Mary	17:29.41		2
8 Costa, Starlynn	SO	U-Mary	17:32.88		1

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021****Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results****Finals ... (Women 5000 Meter Run)**

Name	Yr	School	Finals	Points
9 Paul, Lily	SR	Minnesota State	17:32.91	
10 Rairdon, Rebekah	JR	Augustana	17:40.66	
11 Hall, Mackenzie	SO	Minnesota-Duluth	17:42.87	
12 Feist, Lacey	JR	U-Mary	17:43.25	
13 Mooberry, Megan	JR	Northern State	17:46.66	
14 Sistrunk, Kathryn	SR	Msu-Moorhead	17:49.46	
15 Salas, Mia	FR	Augustana	17:50.82	
16 Rairdon, Rachel	JR	Augustana	17:51.11	
17 Savey, Cait	SO	Augustana	17:53.18	
18 Melton, Taylor	FR	Augustana	17:53.54	
19 Radel, Morgan	SO	Minnesota-Duluth	17:57.49	
20 Juac, Khot	FR	Sioux Falls	18:02.46	
21 Boersma, Claire	JR	Augustana	18:06.08	
22 Wells, Lauren	SO	Sioux Falls	18:06.97	
23 Waterfall, Haylee	SO	Augustana	18:11.73	
24 Lindberg, Kara	JR	Concordia-St. Paul	18:13.34	
25 Nielsen, Julia	FR	Minnesota-Duluth	18:13.87	
26 McCabe, Ana	FR	Augustana	18:20.09	
27 Bouley, Cheresa	FR	St. Cloud State	18:21.85	
28 Schenk, Meagan	SR	Augustana	18:24.53	
29 Haight, Mariah	SO	Augustana	18:26.47	
30 Robran, Alexandra	SO	Minnesota-Duluth	18:27.39	
31 Mesfin, Lucia	JR	Concordia-St. Paul	18:33.63	
32 Palodichuk, Anna	FR	Minnesota-Duluth	19:08.67	
--- Verkerke, Madeline	FR	Minnesota-Duluth	DNF	
--- Yazzie, Lakyla	FR	Msu-Moorhead	DNF	
--- Todd, Kassye	FR	St. Cloud State	DNF	

**Women 10000 Meter Run**NSIC Record: **34:12.43** R 5/12/2018 **Sasha Hovind, Northern State****34:27.88** AUTO**36:35.68** PROV

Name	Yr	School	Finals	Points
<b>Finals</b>				
1 Narbuvoll, Ida	SR	U-Mary	35:15.50	10
2 Means, Megan	SO	Augustana	35:24.84	8
3 Feist, Lacey	JR	U-Mary	36:36.97	6
4 Paul, Lily	SR	Minnesota State	36:53.85	5
5 Schmidt, Nicolette	JR	Augustana	37:22.34	4
6 Sistrunk, Kathryn	SR	Msu-Moorhead	37:25.61	3
7 Savey, Cait	SO	Augustana	37:34.00	2
8 Mooberry, Megan	JR	Northern State	37:35.54	1
9 Nielsen, Julia	FR	Minnesota-Duluth	38:20.56	
10 Mesfin, Lucia	JR	Concordia-St. Paul	38:48.04	
11 Robran, Alexandra	SO	Minnesota-Duluth	38:54.56	
12 Gaherty, Mackenzie	SO	Minnesota State	39:07.33	
13 Glade, Ivy	SO	Minnesota State	39:30.88	
14 Palodichuk, Anna	FR	Minnesota-Duluth	39:43.01	
15 Hendrickson, Alli	SO	Winona State	40:02.77	

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021****Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results****Finals ... (Women 10000 Meter Run)**

Name	Yr	School	Finals	Points
16 Helms, Jenna	FR	Northern State	40:06.52	
17 Pickering, Megan	FR	Northern State	40:28.83	
18 Solomon, Brooke	FR	Wayne State (Neb.)	40:55.92	
19 Vandenhouten, Carly	SO	Winona State	43:18.37	
20 Lorenz, Katie	SR	Winona State	43:22.54	
21 Dehmlow, Serianna	SR	Upper Iowa	44:07.21	
--- Holzer, Elizabeth	SO	Minot State	DNF	
--- Kolbinger, Victoria	SO	Northern State	DNF	
--- Sunstrom, Paige	SR	Augustana	DNF	
--- Cornell, Caitlin	FR	Minot State	DNF	

**Women 100 Meter Hurdles**NSIC Record: **13.40 R 5/11/2019 Danielle Kohlwey, Minnesota-Du****13.47 AUTO****14.19 PROV**

Name	Yr	School	Finals	Wind	Points
<b>Finals</b>					
1 Cartwright, Denisha	FR	Minnesota State	13.71	1.1	10
2 Bolibruch, Tereza	SO	U-Mary	13.88	1.1	8
3 Mulcahy, Christabelle	JR	Concordia-St. Paul	13.92	1.1	6
4 Burrell, Shanice	SR	Northern State	13.94	1.1	5
5 Dikmen, Selin	JR	Augustana	14.33	1.1	4
6 Keune, Mackenzie	SR	Minnesota State	14.39	1.1	3
7 Elsenpeter, Gracie	FR	St. Cloud State	14.49	1.1	2

**Women 400 Meter Hurdles**NSIC Record: **58.83 R 2017 Hanneke Oosterwegel, Northern State****58.61 AUTO****1:01.82 PROV**

Name	Yr	School	Finals	Points
<b>Finals</b>				
1 Harris, Kalley	JR	Winona State	1:00.31	PROV 10
2 Biebel, Madison	JR	Minnesota-Duluth	1:01.30	PROV 8
3 Keune, Mackenzie	SR	Minnesota State	1:02.59	6
4 Zeman, Kendall	SO	Winona State	1:03.02	5
5 Hertz, Morgan	FR	U-Mary	1:03.27	4
6 Wilson, Cassidy	SR	Upper Iowa	1:03.28	3
7 Rice, Makayla	FR	St. Cloud State	1:03.43	2
8 Schneider, Nicole	SR	Minnesota-Duluth	1:03.68	1

**Women 3000 Meter Steeplechase**NSIC Record: **10:05.02 R 2017 Brenna Colbenson, Minnesota Duluth****10:13.78 AUTO****10:59.70 PROV**

Name	Yr	School	Finals	Points
<b>Finals</b>				
1 Rairdon, Rebekah	JR	Augustana	10:36.99	PROV 10
2 Rairdon, Rachel	JR	Augustana	10:50.68	PROV 8
3 Montplaisir, Amanda	SO	Minnesota State	10:51.30	PROV 6

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Name	Yr	School	Finals	Points
4 Costa, Starlynn	SO	U-Mary	11:00.62	5
5 Jones, Abigail	JR	U-Mary	11:07.84	4
6 Naddy, Callin	SO	Augustana	11:16.24	3
7 Lindberg, Kara	JR	Concordia-St. Paul	11:16.69	2
8 Simmons, Karlee	SO	Sioux Falls	11:33.57	1
9 Rosener, Allie	SO	Wayne State (Neb.)	11:36.50	
10 Nowatzke, Natalie	SR	Winona State	11:39.48	
11 Goodwin, Mary	FR	Bemidji State	11:44.82	
12 Boersma, Claire	JR	Augustana	11:48.29	
13 Renier, Lauryn	FR	Minnesota-Duluth	11:52.45	
14 Wald, Tianna	JR	Sioux Falls	11:54.28	
15 Yazzie, Lakyla	FR	Msu-Moorhead	12:08.27	
16 Welhouse, Clara	SO	St. Cloud State	12:15.65	
17 Sivonen, Avery	FR	Concordia-St. Paul	12:27.98	
18 Donovan, Ashley	SO	Upper Iowa	12:45.28	
19 Kraft, Isabella	SO	St. Cloud State	13:47.96	
20 Schotter, Abby	JR	SW Minnesota St.	13:56.91	

**Women 4x100 Meter Relay**NSIC Record: **46.10 R 2017****Winona State, Winona State****T Juresh, T Tucker, B Schyvinck, M Seidl****45.52 AUTO****46.73 PROV**

Team	Relay	Finals	H#	Points
<b>Finals</b>				
1 Minnesota State	A	45.24 R AUTO	2	10
1) Jackson, Makayla FR	2) Simmons, Ja'Cey FR	3) Hartman, Grace JR	4) Cartwright, Denisha FR	
2 Winona State	A	46.21 PROV	2	8
1) Pryor, Michaela SO	2) Schyvinck, Brooklyn SO	3) Pietz, Maddy SO	4) Olson, Kaylee FR	
3 Northern State	A	47.25	2	6
1) Kinzer, Isabel SR	2) Juliana, Krishona FR	3) Rezac, Emma JR	4) Burrell, Shanice SR	
4 Sioux Falls	A	47.94	2	5
1) Henderson, Kanya JR	2) Oyadare, Mercy SR	3) Kenkel, Emma SO	4) Meyers, Natalie SO	
5 St. Cloud State	A	47.95	1	4
1) Elsenpeter, Gracie FR	2) Burris, Emelia JR	3) Lackovic, Cassidy FR	4) Buske, Parker FR	
6 U-Mary	A	48.00	2	3
1) Lovan, Lexus SR	2) McCoy, Alli JR	3) Modglin, Cali JR	4) Grimm, Ava FR	
7 Minnesota-Duluth	A	48.15	1	2
1) Lamkin, Hannah FR	2) Maruska, Lindsay JR	3) Muellner, Anna FR	4) Carpenter, Allison JR	
8 Bemidji State	A	48.56	1	1
1) Cole, Janice FR	2) Hall, Alaina FR	3) Barker, Jada SR	4) Ekereke, Kendra FR	
9 Upper Iowa	A	48.79	1	
1) Loesch, Ellie JR	2) Shafranski, Christonna SR	3) Ross, Jenna SR	4) Fuller, Zakaria SO	
10 Msu-Moorhead	A	49.01	1	
1) Rolle-Curry, Robynn FR	2) York, Princes FR	3) Wendel, Allie FR	4) Steadland, Anna FR	
11 Concordia-St. Paul	A	49.50	2	
1) Mulcahy, Christabelle JR	2) Samuel, Lauryn FR	3) Taylor, Tacora JR	4) Hartinger, Michaela FR	

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021****Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results****Women 4x400 Meter Relay**NSIC Record: **3:41.18 R 2017**

University of Mary, University of Mary

J Hammerschmidt, N Richards, M Rodriguez, N Brown

**3:39.55 AUTO****3:48.64 PROV**

Team	Relay	Finals	H#	Points
<b>Finals</b>				
1 Winona State 1) Harris, Kalley JR	A 2) Pietz, Maddy SO	3:46.19 3) Schyvinck, Brooklyn SO	PROV 2	10
2 Minnesota-Duluth 1) Muellner, Anna FR	A 2) Biebel, Madison JR	3:50.51 3) Brezinka, Isabelle JR	2	8
3 Minnesota State 1) Robins, Nyeae FR	A 2) Cramer, Rose FR	3:51.52 3) Keune, Mackenzie SR	2	6
4 Bemidji State 1) Cole, Janice FR	A 2) Prigge, Ryne SO	3:52.60 3) Syverson, Abby FR	1	5
5 U-Mary 1) McCoy, Alli JR	A 2) Grimm, Ava FR	3:54.64 3) Hertz, Morgan FR	2	4
6 Upper Iowa 1) Wilson, Cassiddy SR	A 2) Shafranski, Christonna SR	3:55.76 3) Loesch, Ellie JR	1	3
7 Augustana 1) Dikmen, Selin JR	A 2) Mulder, Kaitlyn SO	3:56.30 3) Mudgett, Sydney JR	1	2
8 Northern State 1) Kinzer, Isabel SR	A 2) Burrell, Shanice SR	3:58.13 3) Hutzler, Dakota SR	2	1
9 St. Cloud State 1) Lackovic, Cassidy FR	A 2) Fischer, Leighton JR	3:59.46 3) Rice, Makayla FR	2	
10 Concordia-St. Paul 1) Hartinger, Michaela FR	A 2) Mulcahy, Christabelle JR	4:00.08 3) Perry, Jaid FR	1	
11 Msu-Moorhead 1) Steadland, Anna FR	A 2) Sowada, Sophia SO	4:00.61 3) Maki, McKenzie FR	2	
12 Sioux Falls 1) Kenkel, Emma SO	A 2) Aho, Annika SO	4:02.13 3) O'Meara, Cassidy SO	1	
13 Wayne State (Neb.) 1) Crouch, Brianna JR	A 2) Pester, Jordyn SO	4:06.47 3) Cotton, Sarah FR	1	
		4) Zeman, Kendall JR		
		4) Reindl, Haleigh SO		
		4) Woodard, Mackenzie JR		
		4) Mbenoun, Maryse SO		
		4) Acheson, Elizabeth FR		
		4) Ross, Jenna SR		
		4) Marteau, Noa FR		
		4) Rezac, Emma JR		
		4) Gessay, Kaylee JR		
		4) Jackson, Sydney FR		
		4) Rolle-Curry, Robynn FR		
		4) Wald, Tianna JR		
		4) Jetensky, Marin SO		

**Women High Jump**NSIC Record: **1.77m R 5/14/2021 Mearah Miedema, Augustana****1.77m AUTO****1.68m PROV**

Name	Yr	School	Finals	Points
<b>Finals</b>				
1 Miedema, Mearah	SR	Augustana	1.77m R 5-09.75AUTO	10
2 Berg, Tava	JR	Northern State	1.68m 5-06.00PROV	8
3 Schumacher, Rachel	SR	Msu-Moorhead	1.68m 5-06.00PROV	6
4 Morris, D'Andra	JR	U-Mary	1.68m 5-06.00PROV	5
5 Stone, Zoe	SO	Minnesota State	1.65m 5-05.00	4
6 Stevahn, Amber	FR	Minot State	1.62m 5-03.75	2.50
6 Rizner, Madison	SO	Winona State	1.62m 5-03.75	2.50
8 Paaverud, Ella	SO	Concordia-St. Paul	1.62m 5-03.75	1
9 Shea, Claire	SO	St. Cloud State	1.62m 5-03.75	
10 Christenson, Libby	JR	Bemidji State	1.62m 5-03.75	
11 Rowles, Julia	FR	St. Cloud State	1.57m 5-01.75	
12 Stoltz, Taylor	JR	Sioux Falls	1.57m 5-01.75	

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Name	Yr	School	Finals	Points
12 Pritchett, Caitlin	SO	Msu-Moorhead	1.57m 5-01.75	
14 Ludeman, Kendra	JR	Augustana	1.57m 5-01.75	
15 Westemeier, Rachel	JR	Concordia-St. Paul	1.57m 5-01.75	
16 Olson, Kaylee	FR	Winona State	1.52m 4-11.75	
17 Preiner, Lauren	FR	Minnesota State	1.52m 4-11.75	
18 Schroeder, Tessa	SO	Msu-Moorhead	1.52m 4-11.75	
19 Des Marais, Shantelle	JR	St. Cloud State	1.52m 4-11.75	
19 Bartunek, Avery	FR	Sioux Falls	1.52m 4-11.75	
21 Dykman, Ali	SO	Wayne State (Neb.)	1.47m 4-09.75	
22 Lazure, Hanna	JR	Wayne State (Neb.)	1.47m 4-09.75	
--- Sowada, Sophia	SO	Msu-Moorhead	NH	
--- Mlejnek, Jasmine	FR	Minnesota State	NH	

**Women Pole Vault**

**NSIC Record:** 4.20m R 5/13/2018 Kimberly Peterson, Sioux Falls  
 4.10m AUTO  
 3.67m PROV

Name	Yr	School	Finals	Points
<b>Finals</b>				
1 Hill, Kealy	JR	Northern State	3.86m 12-08.00PROV	10
2 Huneke, Jordyn	JR	Northern State	3.86m 12-08.00PROV	8
3 Dennison, Christine	SO	Minnesota State	3.86m 12-08.00PROV	6
4 Dodge, Sofia	FR	Concordia-St. Paul	3.56m 11-08.00	5
5 Schipper, Addie	SO	Minnesota State	3.56m 11-08.00	4
6 Elsenpeter, Gracie	FR	St. Cloud State	3.56m 11-08.00	3
7 Hickson, Paige	FR	Minnesota State	3.56m 11-08.00	2
8 Gauert, Emma	SO	St. Cloud State	3.31m 10-10.25	.50
8 Kuskie, Logan	FR	Minnesota State	3.31m 10-10.25	.50
10 Swanson, Emily	FR	Sioux Falls	3.31m 10-10.25	
10 Nefzger, Christine	FR	Northern State	3.31m 10-10.25	
12 Danielson, Kenzee	FR	Northern State	3.31m 10-10.25	
13 Zaemisch, Micah	FR	Minnesota State	3.16m 10-04.25	
14 Lawrence, Ashley	FR	Minnesota-Duluth	3.16m 10-04.25	
15 Worden, Eden	FR	Minnesota-Duluth	3.16m 10-04.25	
16 Plotz, Samara	SO	Minnesota-Duluth	3.16m 10-04.25	
17 Judge, Megan	FR	Bemidji State	3.01m 9-10.50	
18 Bahls, Sydney	SO	Msu-Moorhead	3.01m 9-10.50	
19 Jones, Brooklyn	FR	Minnesota-Duluth	3.01m 9-10.50	
19 Klein, Anastasia	FR	Bemidji State	3.01m 9-10.50	
--- Szutkowski, T	JR	Concordia-St. Paul	NH	
--- Reintsma, Callie	FR	Concordia-St. Paul	NH	
--- Westman, Jessie	FR	Minnesota State	NH	
--- Christen, Taylor	SO	Minnesota-Duluth	NH	

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NSIC Record: **6.31m R 5/1985** Julie Hay, Minnesota Duluth  
**6.23m AUTO**  
**5.80m PROV**

	Name	Yr	School	Finals		Wind	H#	Points
<b>Finals</b>								
1	Lovan, Lexus	SR	U-Mary	5.91m	19-04.75	0.7	2	10
2	Juliana, Krishona	FR	Northern State	5.72m	18-09.25	1.4	2	8
3	Morris, D'Andra	JR	U-Mary	5.70m	18-08.50	3.0	2	6
4	Burris, Emelia	JR	St. Cloud State	5.69m	18-08.00	-0.5	2	5
5	Williams, Mariah	SO	Minnesota State	5.61m	18-05.00	1.4	1	4
6	Lockington, Ashlie	FR	Winona State	5.55m	18-02.50	-0.5	1	3
7	Moore, Trinity	FR	Minnesota State	5.50m	18-00.50	1.2	2	2
8	Olson, Kaylee	FR	Winona State	5.47m	17-11.50	0.8	2	1
9	Dup, Becca	SR	Minnesota State	5.46m	17-11.00	-1.1	1	
10	Hall, Alaina	FR	Bemidji State	5.43m	17-09.75	0.1	1	
11	Jones, Caitlyn	FR	Minnesota State	5.40m	17-08.75	-0.5	1	
12	Passeri, Arianna	SO	U-Mary	5.40m	17-08.75	1.5	2	
13	Buske, Parker	FR	St. Cloud State	5.35m	17-06.75	0.8	2	
14	Weidner, Taylor	FR	U-Mary	5.32m	17-05.50	1.2	1	
15	Tucker, Aneesa	JR	Bemidji State	5.19m	17-00.50	1.7	1	
16	Leum, Xana	FR	Winona State	5.07m	16-07.75	-1.1	1	
17	Klink, Taytum	FR	SW Minnesota St.	5.04m	16-06.50	-0.5	1	
18	Noeldner, Cassidy	SO	Sioux Falls	5.02m	16-05.75	1.2	1	
19	Patnode, Kaylee	FR	Winona State	5.01m	16-05.25	0.5	1	
20	Bartunek, Avery	FR	Sioux Falls	4.87m	15-11.75	2.3	1	
---	Jackson, Makayla	FR	Minnesota State	FOUL			2	
---	Meyers, Natalie	SO	Sioux Falls	FOUL			2	

**Women Triple Jump**

NSIC Record: **12.60m R 2015** Danylle Kurywchak, U-Mary  
**12.77m AUTO**  
**11.89m PROV**

	Name	Yr	School	Finals		Wind	H#	Points
<b>Finals</b>								
1	Morris, D'Andra	JR	U-Mary	12.45m	40-10.25	0.6	3	10
2	Maruska, Lindsay	JR	Minnesota-Duluth	12.13m	39-09.75	1.1	3	8
3	Modglin, Cali	JR	U-Mary	11.84m	38-10.25	1.7	3	6
4	Banks, Kaly	SO	Augustana	11.64m	38-02.25	1.0	3	5
5	Juliana, Krishona	FR	Northern State	11.55m	37-10.75	+0.0	2	4
6	Fabre, Analise	JR	Bemidji State	11.45m	37-06.75	0.4	2	3
7	Buske, Parker	FR	St. Cloud State	11.41m	37-05.25	0.7	3	2
8	Weidner, Taylor	FR	U-Mary	11.38m	37-04.00	0.9	3	1
9	Lockington, Ashlie	FR	Winona State	11.34m	37-02.50	1.6	3	
10	Leum, Xana	FR	Winona State	11.25m	36-11.00	0.6	2	
11	Taylor, Maya	JR	St. Cloud State	11.02m	36-02.00	0.8	2	
12	Passeri, Arianna	SO	U-Mary	10.94m	35-10.75	1.0	2	
13	Rizner, Madison	SO	Winona State	10.93m	35-10.50	1.1	3	
14	Sundby, Sammi	FR	Augustana	10.90m	35-09.25	1.4	1	
15	Noeldner, Cassidy	SO	Sioux Falls	10.82m	35-06.00	1.0	2	

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Name	Yr	School	Finals	Wind	H#	Points
16 Brown, Reygan	SO	Bemidji State	10.70m	35-01.25	1.2	2
17 Carpenter, Allison	JR	Minnesota-Duluth	10.54m	34-07.00	1.8	1
18 Schroeder, Tessa	SO	Msu-Moorhead	10.44m	34-03.00	2.3	1
19 Patnode, Kaylee	FR	Winona State	10.43m	34-02.75	0.7	2
20 Smollen, Emily	FR	Wayne State (Neb.)	10.32m	33-10.25	1.5	1
21 Knox, Zarreeel	JR	Minnesota State	10.05m	32-11.75	1.1	1
22 Sambo, Keyla	FR	Wayne State (Neb.)	10.00m	32-09.75	1.0	1
23 Schmitz, Kate	FR	Minnesota-Duluth	9.84m	32-03.50	1.6	1
24 Lenz, Sophie	FR	Minnesota-Duluth	9.74m	31-11.50	1.8	1
25 Leverich, Clara	JR	Sioux Falls	9.23m	30-03.50	0.7	1

**Women Shot Put**

**NSIC Record:** 16.52m R 2018 Michaela Dendinger, Wayne State  
 15.76m AUTO  
 13.85m PROV

Name	Yr	School	Finals	H#	Points	
<b>Finals</b>						
1 Carrasco, Zoe	SO	Bemidji State	15.54m	51-00.00PROV	3	10
2 Manteuffel, Rebecca	SR	SW Minnesota St.	15.53m	50-11.50PROV	3	8
3 Hertz, Emma	JR	Sioux Falls	15.29m	50-02.00PROV	3	6
4 Taylor, Katie	SO	Minnesota State	15.29m	50-02.00PROV	3	5
5 Perron, Brea	JR	Minnesota State	14.93m	48-11.75PROV	3	4
6 Scheil, Mckenzie	SO	Wayne State (Neb.)	14.91m	48-11.00PROV	3	3
7 Paasch, Kendra	SO	Wayne State (Neb.)	13.60m	44-07.50	2	2
8 Sullivan, Kenzie	JR	Wayne State (Neb.)	13.53m	44-04.75	3	1
9 Kramchynsky, Nicole	FR	U-Mary	13.46m	44-02.00	2	
10 Wagner, Jadin	JR	Wayne State (Neb.)	13.08m	42-11.00	2	
11 Menken, Jordan	SR	Northern State	12.94m	42-05.50	2	
12 Doss, Tierra	FR	Bemidji State	12.92m	42-04.75	3	
13 Johns-Oster, Breanna	FR	Minot State	12.89m	42-03.50	1	
14 Stafslie-Dumale, Abbi	SO	Minnesota State	12.89m	42-03.50	2	
15 Rae, Jacqi	FR	Minnesota-Duluth	12.85m	42-02.00	1	
16 Battaforven, Kate	SO	SW Minnesota St.	12.83m	42-01.25	1	
17 Rudebusch, Bailey	SR	Sioux Falls	12.76m	41-10.50	1	
18 Rehome, Claire	JR	Minnesota-Duluth	12.73m	41-09.25	2	
19 Gustafson, Hannah	SR	Concordia-St. Paul	12.67m	41-07.00	2	
20 Zimmerman, Dacoda	SO	St. Cloud State	12.60m	41-04.25	1	
21 Fretag, Madeline	FR	Minnesota State	12.48m	40-11.50	1	
22 Sanford, Nadia	FR	SW Minnesota St.	12.48m	40-11.50	2	
23 Brunelle, Samantha	FR	Minot State	11.36m	37-03.25	1	
24 Gunderson, Chloe	FR	Minot State	11.15m	36-07.00	1	
25 Thompson, Adrienne	FR	Minnesota-Duluth	11.13m	36-06.25	1	



**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021****Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results****Women Discus Throw**NSIC Record: **53.90m R 2015**

Alissa Rausch, Winona State

**53.61m AUTO****45.51m PROV**

	Name	Yr	School	Finals	H#	Points
<b>Finals</b>						
1	Buechel, Dominique	SR	St. Cloud State	48.90m	160-05PROV	3 10
2	Manteuffel, Rebecca	SR	SW Minnesota St.	47.99m	157-05PROV	3 8
3	Hertz, Emma	JR	Sioux Falls	46.28m	151-10PROV	3 6
4	Taylor, Katie	SO	Minnesota State	45.94m	150-09PROV	3 5
5	McNamee, Jaimie	SR	Sioux Falls	45.21m	148-04	3 4
6	Andersen, Kayla	SR	Sioux Falls	43.10m	141-05	3 3
7	Sullivan, Kenzie	JR	Wayne State (Neb.)	42.66m	139-11	3 2
8	Battaforyen, Kate	SO	SW Minnesota St.	42.36m	139-00	2 1
9	Bengtson, MacKenzie	JR	Sioux Falls	41.86m	137-04	2
10	Paasch, Kendra	SO	Wayne State (Neb.)	41.42m	135-11	3
11	Gustafson, Hannah	SR	Concordia-St. Paul	40.66m	133-05	2
12	Menken, Jordan	SR	Northern State	39.68m	130-02	2
13	Larsen, Steena	FR	Msu-Moorhead	38.78m	127-03	2
14	Donlan, Tia	JR	Concordia-St. Paul	38.54m	126-05	2
15	Kramchynsky, Nicole	FR	U-Mary	38.16m	125-02	2
16	Rudebusch, Bailey	SR	Sioux Falls	37.79m	124-00	1
17	Heeren, Nicole	SO	Wayne State (Neb.)	37.63m	123-05	1
18	Guthmiller, Rachel	JR	Northern State	37.40m	122-08	1
19	Maghanoy, Kiana	FR	Upper Iowa	36.90m	121-01	1
20	Boden, Cali	SO	Sioux Falls	36.06m	118-04	2
21	Sanford, Nadia	FR	SW Minnesota St.	36.05m	118-03	1
22	Hughes, Morgan	SO	SW Minnesota St.	35.46m	116-04	1
23	Fretag, Madeline	FR	Minnesota State	35.19m	115-05	2
24	Jensen, Kaylee	JR	Minnesota State	34.45m	113-00	1
25	Gunderson, Chloe	FR	Minot State	33.02m	108-04	1
26	Nephew, Dannah	JR	Minnesota-Duluth	29.00m	95-02	1

**Women Hammer Throw**NSIC Record: **63.54m R 2017**

Michaela Dendinger, Wayne State

**60.58m AUTO****52.09m PROV**

	Name	Yr	School	Finals	H#	Points
<b>Finals</b>						
1	Scheil, Mckenzie	SO	Wayne State (Neb.)	59.60m	195-06PROV	3 10
2	Hertz, Emma	JR	Sioux Falls	56.33m	184-10PROV	3 8
3	Heeren, Nicole	SO	Wayne State (Neb.)	55.30m	181-05PROV	3 6
4	Taylor, Katie	SO	Minnesota State	55.04m	180-07PROV	3 5
5	Gustafson, Hannah	SR	Concordia-St. Paul	54.70m	179-05PROV	3 4
6	Perron, Brea	JR	Minnesota State	54.31m	178-02PROV	3 3
7	McNamee, Jaimie	SR	Sioux Falls	54.13m	177-07PROV	3 2
8	Wagner, Jadin	JR	Wayne State (Neb.)	53.60m	175-10PROV	3 1
9	Jensen, Kaylee	JR	Minnesota State	50.97m	167-03	3
10	Buechel, Dominique	SR	St. Cloud State	50.51m	165-08	2
11	Carrasco, Zoe	SO	Bemidji State	49.77m	163-03	3

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Name	Yr	School	Finals		H#	Points
12 Manteuffel, Rebecca	SR	SW Minnesota St.	49.02m	160-10	2	
13 Andersen, Kayla	SR	Sioux Falls	47.73m	156-07	2	
14 Stang, Sarah	JR	Wayne State (Neb.)	47.26m	155-01	2	
15 Busch, Taylor	FR	Msu-Moorhead	46.95m	154-00	1	
16 Paaverud, Ella	SO	Concordia-St. Paul	46.27m	151-10	2	
17 Bengtson, MacKenzie	JR	Sioux Falls	46.11m	151-03	1	
18 Donlan, Tia	JR	Concordia-St. Paul	45.95m	150-09	2	
19 Gough, Cassidy	FR	Northern State	45.79m	150-03	1	
20 Hiltner, Elizabeth	SO	Bemidji State	45.14m	148-01	1	
21 Paasch, Kendra	SO	Wayne State (Neb.)	45.13m	148-01	2	
22 Guthmiller, Rachel	JR	Northern State	44.80m	147-00	1	
23 Sullivan, Kenzie	JR	Wayne State (Neb.)	43.99m	144-04	1	
24 Phipps, Miranda	SR	Sioux Falls	43.77m	143-07	1	
25 Rudebusch, Bailey	SR	Sioux Falls	41.37m	135-09	2	
26 Boden, Cali	SO	Sioux Falls	41.15m	135-00	2	
27 Sutherland, Carly	FR	Wayne State (Neb.)	40.84m	134-00	1	
28 Lammerding, Peyton	FR	Minot State	40.82m	133-11	1	
29 Nygard, Tori	FR	Minot State	39.92m	131-00	1	
--- Stafslie-Dumale, Abbi	SO	Minnesota State	FOUL		2	

**Women Javelin Throw**

NSIC Record: **46.74m R 1982**  
**49.63m AUTO**  
**41.84m PROV**

**Kelly Owen, MSU Mooread**

Name	Yr	School	Finals		H#	Points
<b>Finals</b>						
1 Dockter, Faith	FR	U-Mary	43.68m	143-04PROV	3	10
2 Kramchynsky, Nicole	FR	U-Mary	39.34m	129-01	3	8
3 Guthmiller, Rachel	JR	Northern State	38.99m	127-11	3	6
4 Sunnarborg, Samantha	FR	Minnesota State	37.87m	124-03	2	5
5 Curtice, Emily	FR	Bemidji State	37.79m	124-00	3	4
6 Rezabek, Nicole	SO	Bemidji State	36.96m	121-03	3	3
7 Paaverud, Ella	SO	Concordia-St. Paul	36.54m	119-10	3	2
8 Dennison, Christine	SO	Minnesota State	35.76m	117-04	1	1
9 Stroh, Kavla	JR	U-Mary	34.69m	113-10	2	
10 Rule, Shantelle	JR	U-Mary	33.83m	111-00	2	
11 Rudebusch, Bailey	SR	Sioux Falls	33.37m	109-06	3	
12 Nygard, Tori	FR	Minot State	33.35m	109-05	3	
13 Mlejnek, Jasmine	FR	Minnesota State	32.48m	106-07	2	
14 Bartles, Kailee	FR	Minnesota State	32.35m	106-02	1	
15 Larsen, Steena	FR	Msu-Moorhead	31.96m	104-10	2	
16 McCartney, Annie	FR	Wayne State (Neb.)	31.52m	103-05	2	
17 Olson, Emily	SR	Sioux Falls	31.49m	103-04	2	
18 Stauffer, Danielle	SO	Minot State	29.99m	98-05	2	
19 Czech, Victoria	FR	St. Cloud State	29.38m	96-05	1	
20 Schoustra, Mackenzie	SR	Concordia-St. Paul	29.06m	95-04	1	
21 Christenson, Libby	JR	Bemidji State	29.04m	95-03	1	
22 Judge, Megan	FR	Bemidji State	28.20m	92-06	1	
23 Welch, Ally	JR	Sioux Falls	27.13m	89-00	1	

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	Name	Yr	School	Finals		H#	Points
24	Phipps, Miranda	SR	Sioux Falls	26.82m	88-00	3	
25	Jeppesen, Sarah	FR	Concordia-St. Paul	25.43m	83-05	1	
26	Noecker, Sophie	JR	Wayne State (Neb.)	25.13m	82-05	1	
27	Swanson, Emily	FR	Sioux Falls	24.56m	80-07	1	

**Heptathlon: #4 Women 200 Meter Dash Heptathlon**

	Name	Yr	School	Finals	Wind	H#	Points
<b>Finals</b>							
1	Marteau, Noa	FR	Augustana	26.76	0.4	3	732
2	Tucker, Aneesa	JR	Bemidji State	26.79	1.5	2	729
3	Gilles, Megan	FR	Minnesota-Duluth	26.82	0.4	3	727
4	Olson, Emily	SR	Sioux Falls	27.10	1.5	2	704
5	Curtice, Emily	FR	Bemidji State	27.11	0.4	3	703
6	Sunnarborg, Samantha	FR	Minnesota State	27.11	1.5	2	703
7	Hutzler, Dakota	SR	Northern State	27.12	0.4	3	702
8	Wendel, Allie	FR	Msu-Moorhead	27.14	0.4	3	700
9	Johnson, Jocelyn	SR	St. Cloud State	27.40	2.2	1	679
10	Rule, Shantelle	JR	U-Mary	27.42	0.4	3	677
11	Fultz, Natalie	FR	Bemidji State	27.46	1.5	2	674
12	Schoustra, Mackenzie	SR	Concordia-St. Paul	27.54	0.4	3	668
13	Sowada, Sophia	SO	Msu-Moorhead	27.57	2.2	1	665
14	Swanson, Emily	FR	Sioux Falls	27.66	1.5	2	658
15	Weatherly, Emma	FR	Minnesota State	27.75	2.2	1	651
16	Bartles, Kailee	FR	Minnesota State	27.78	1.5	2	648
17	Christenson, Libby	JR	Bemidji State	27.82	1.5	2	645
18	Serrao, Adla	FR	Msu-Moorhead	27.92	1.5	2	637
19	Czech, Victoria	FR	St. Cloud State	28.33	2.2	1	605
20	Stone, Zoe	SO	Minnesota State	28.49	2.2	1	593
21	Mlejnek, Jasmine	FR	Minnesota State	28.86	2.2	1	565
22	London, Bryn	FR	Minnesota-Duluth	28.98	2.2	1	556
23	Mickelson, Isadora	SO	SW Minnesota St.	29.29	2.2	1	533
---	Schaefer, Elizabeth	FR	Augustana	DNF	0.4	3	

**Heptathlon: #7 Women 800 Meter Dash Heptathlon**

	Name	Yr	School	Finals	Points
<b>Finals</b>					
1	Tucker, Aneesa	JR	Bemidji State	2:22.85	785
2	Christenson, Libby	JR	Bemidji State	2:25.98	744
3	Sunnarborg, Samantha	FR	Minnesota State	2:26.56	737
4	Schoustra, Mackenzie	SR	Concordia-St. Paul	2:26.98	731
5	Sowada, Sophia	SO	Msu-Moorhead	2:27.33	727
6	Hutzler, Dakota	SR	Northern State	2:29.53	699
7	Swanson, Emily	FR	Sioux Falls	2:29.86	695
8	Curtice, Emily	FR	Bemidji State	2:34.60	636
9	Johnson, Jocelyn	SR	St. Cloud State	2:35.18	629
10	Fultz, Natalie	FR	Bemidji State	2:35.89	621
11	Weatherly, Emma	FR	Minnesota State	2:37.03	607
12	Gilles, Megan	FR	Minnesota-Duluth	2:37.97	596
13	Olson, Emily	SR	Sioux Falls	2:38.41	591

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Name	Yr	School	Finals	Points
14 Mlejnek, Jasmine	FR	Minnesota State	2:39.39	580
15 Rule, Shantelle	JR	U-Mary	2:41.51	556
16 Stone, Zoe	SO	Minnesota State	2:47.58	489
17 Bartles, Kailee	FR	Minnesota State	2:49.35	470
18 Marteau, Noa	FR	Augustana	2:50.63	457
19 Serrao, Adla	FR	Msu-Moorhead	2:50.85	455
20 Wendel, Allie	FR	Msu-Moorhead	2:51.59	447
21 Czech, Victoria	FR	St. Cloud State	2:54.36	419
22 London, Bryn	FR	Minnesota-Duluth	2:56.60	397
23 Mickelson, Isadora	SO	SW Minnesota St.	3:04.92	321

**Heptathlon: #1 Women 100 Meter Hurdles Heptathlon**

Name	Yr	School	Finals	Wind	H#	Points
<b>Finals</b>						
1 Schaefer, Elizabeth	FR	Augustana	14.59	0.5	6	897
2 Olson, Emily	SR	Sioux Falls	14.99	0.5	6	843
3 Rule, Shantelle	JR	U-Mary	15.12	0.5	6	826
4 Marteau, Noa	FR	Augustana	15.28	-1.4	5	805
5 Weatherly, Emma	FR	Minnesota State	15.41	0.5	6	788
6 Hutzler, Dakota	SR	Northern State	15.54	0.5	4	772
7 Schoustra, Mackenzie	SR	Concordia-St. Paul	15.70	-1.4	5	751
8 Serrao, Adla	FR	Msu-Moorhead	15.80	0.5	4	739
9 Johnson, Jocelyn	SR	St. Cloud State	15.80	-1.4	5	739
10 Christenson, Libby	JR	Bemidji State	15.87	0.5	4	730
11 Wendel, Allie	FR	Msu-Moorhead	15.89	-0.4	1	728
12 Tucker, Aneesa	JR	Bemidji State	15.99	0.4	3	715
13 Swanson, Emily	FR	Sioux Falls	16.03	-1.4	5	711
14 Gilles, Megan	FR	Minnesota-Duluth	16.03	0.5	4	711
15 London, Bryn	FR	Minnesota-Duluth	16.09	-0.9	2	703
16 Sowada, Sophia	SO	Msu-Moorhead	16.11	0.4	3	701
17 Bartles, Kailee	FR	Minnesota State	16.22	-0.4	1	688
18 Curtice, Emily	FR	Bemidji State	16.34	-0.9	2	673
19 Mickelson, Isadora	SO	SW Minnesota St.	16.47	0.4	3	658
20 Mlejnek, Jasmine	FR	Minnesota State	16.60	-0.9	2	642
21 Czech, Victoria	FR	St. Cloud State	16.63	0.4	3	639
22 Fultz, Natalie	FR	Bemidji State	16.63	-0.4	1	639
23 Sunnarborg, Samantha	FR	Minnesota State	16.70	-0.4	1	631
24 Stone, Zoe	SO	Minnesota State	16.89	-0.9	2	609

**Heptathlon: #2 Women High Jump Heptathlon**

Name	Yr	School	Finals	Points
<b>Finals</b>				
1 Stone, Zoe	SO	Minnesota State	1.63m	771
2 Swanson, Emily	FR	Sioux Falls	1.60m	736
2 Christenson, Libby	JR	Bemidji State	1.60m	736
2 London, Bryn	FR	Minnesota-Duluth	1.60m	736
5 Mlejnek, Jasmine	FR	Minnesota State	1.57m	701
6 Hutzler, Dakota	SR	Northern State	1.54m	666
6 Johnson, Jocelyn	SR	St. Cloud State	1.54m	666

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021****Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results****Finals ... (Heptathlon: #2 Women High Jump Heptathlon)**

Name	Yr	School	Finals	Points
6 Sunnarborg, Samantha	FR	Minnesota State	1.54m 5-00.50	666
6 Weatherly, Emma	FR	Minnesota State	1.54m 5-00.50	666
10 Sowada, Sophia	SO	Msu-Moorhead	1.51m 4-11.50	632
10 Wendel, Allie	FR	Msu-Moorhead	1.51m 4-11.50	632
10 Schoustra, Mackenzie	SR	Concordia-St. Paul	1.51m 4-11.50	632
13 Olson, Emily	SR	Sioux Falls	1.48m 4-10.25	599
13 Rule, Shantelle	JR	U-Mary	1.48m 4-10.25	599
15 Curtice, Emily	FR	Bemidji State	1.45m 4-09.00	566
15 Tucker, Aneesa	JR	Bemidji State	1.45m 4-09.00	566
17 Marteau, Noa	FR	Augustana	1.42m 4-07.75	534
17 Fultz, Natalie	FR	Bemidji State	1.42m 4-07.75	534
17 Bartles, Kailee	FR	Minnesota State	1.42m 4-07.75	534
17 Schaefer, Elizabeth	FR	Augustana	1.42m 4-07.75	534
21 Serrao, Adla	FR	Msu-Moorhead	1.39m 4-06.75	502
21 Czech, Victoria	FR	St. Cloud State	1.39m 4-06.75	502
23 Mickelson, Isadora	SO	SW Minnesota St.	1.36m 4-05.50	470
24 Gilles, Megan	FR	Minnesota-Duluth	1.30m 4-03.25	409

**Heptathlon: #5 Women Long Jump Heptathlon**

Name	Yr	School	Finals	Wind	Points
<b>Finals</b>					
1 Olson, Emily	SR	Sioux Falls	5.24m 17-02.25	0.6	626
2 Tucker, Aneesa	JR	Bemidji State	5.23m 17-02.00	2.2	623
3 Marteau, Noa	FR	Augustana	5.14m 16-10.50	1.0	598
4 Weatherly, Emma	FR	Minnesota State	5.09m 16-08.50	0.9	584
5 Hutzler, Dakota	SR	Northern State	5.07m 16-07.75	0.8	578
6 Swanson, Emily	FR	Sioux Falls	4.98m 16-04.25	1.3	554
6 Mlejnek, Jasmine	FR	Minnesota State	4.98m 16-04.25	1.1	554
8 Stone, Zoe	SO	Minnesota State	4.92m 16-01.75	1.0	538
9 Christenson, Libby	JR	Bemidji State	4.78m 15-08.25	0.6	500
10 Schoustra, Mackenzie	SR	Concordia-St. Paul	4.77m 15-07.75	2.1	498
11 Serrao, Adla	FR	Msu-Moorhead	4.73m 15-06.25	1.4	487
12 Sunnarborg, Samantha	FR	Minnesota State	4.70m 15-05.00	0.8	479
13 Wendel, Allie	FR	Msu-Moorhead	4.64m 15-02.75	-0.8	464
14 Curtice, Emily	FR	Bemidji State	4.58m 15-00.50	2.8	448
15 Mickelson, Isadora	SO	SW Minnesota St.	4.54m 14-10.75	0.7	438
15 Sowada, Sophia	SO	Msu-Moorhead	4.54m 14-10.75	1.9	438
17 Fultz, Natalie	FR	Bemidji State	4.50m 14-09.25	1.5	428
18 London, Bryn	FR	Minnesota-Duluth	4.48m 14-08.50	2.1	423
19 Czech, Victoria	FR	St. Cloud State	4.47m 14-08.00	1.7	421
20 Bartles, Kailee	FR	Minnesota State	4.43m 14-06.50	1.2	411
21 Gilles, Megan	FR	Minnesota-Duluth	4.32m 14-02.25	0.5	384
22 Rule, Shantelle	JR	U-Mary	4.31m 14-01.75	1.7	381
23 Johnson, Jocelyn	SR	St. Cloud State	4.16m 13-07.75	-0.5	345
--- Schaefer, Elizabeth	FR	Augustana	DNF	NWI	

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021****Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results****Heptathlon: #3 Women Shot Put Heptathlon**

Name		Yr	School	Finals		Points
<b>Finals</b>						
1	Stone, Zoe	SO	Minnesota State	11.24m	36-10.50	611
2	Olson, Emily	SR	Sioux Falls	10.47m	34-04.25	560
3	Schoustra, Mackenzie	SR	Concordia-St. Paul	10.32m	33-10.25	550
4	Bartles, Kailee	FR	Minnesota State	10.10m	33-01.75	536
5	Rule, Shantelle	JR	U-Mary	10.04m	32-11.25	532
6	Curtice, Emily	FR	Bemidji State	9.94m	32-07.50	526
7	Sunnarborg, Samantha	FR	Minnesota State	9.89m	32-05.50	522
8	Sowada, Sophia	SO	Msu-Moorhead	9.81m	32-02.25	517
9	Christenson, Libby	JR	Bemidji State	9.75m	32-00.00	513
10	Czech, Victoria	FR	St. Cloud State	9.73m	31-11.25	512
11	Hutzler, Dakota	SR	Northern State	9.68m	31-09.25	509
12	Swanson, Emily	FR	Sioux Falls	9.65m	31-08.00	507
13	Johnson, Jocelyn	SR	St. Cloud State	9.41m	30-10.50	491
14	Gilles, Megan	FR	Minnesota-Duluth	9.17m	30-01.00	475
15	Mlejnek, Jasmine	FR	Minnesota State	8.85m	29-00.50	454
16	Wendel, Allie	FR	Msu-Moorhead	8.74m	28-08.25	447
17	London, Bryn	FR	Minnesota-Duluth	8.71m	28-07.00	445
18	Tucker, Aneesa	JR	Bemidji State	8.64m	28-04.25	441
19	Mickelson, Isadora	SO	SW Minnesota St.	8.61m	28-03.00	439
20	Serrao, Adla	FR	Msu-Moorhead	8.37m	27-05.50	423
21	Marteau, Noa	FR	Augustana	8.27m	27-01.75	417
22	Weatherly, Emma	FR	Minnesota State	7.95m	26-01.00	396
23	Fultz, Natalie	FR	Bemidji State	7.08m	23-02.75	340
---	Schaefer, Elizabeth	FR	Augustana	DNF		

**Heptathlon: #6 Women Javelin Throw Heptathlon**

Name		Yr	School	Finals		Points
<b>Finals</b>						
1	Curtice, Emily	FR	Bemidji State	35.60m	116-09	583
2	Hutzler, Dakota	SR	Northern State	33.25m	109-01	538
3	Mlejnek, Jasmine	FR	Minnesota State	32.03m	105-01	515
4	Olson, Emily	SR	Sioux Falls	31.20m	102-04	499
5	Sunnarborg, Samantha	FR	Minnesota State	30.19m	99-00	480
6	Rule, Shantelle	JR	U-Mary	29.95m	98-03	476
7	Czech, Victoria	FR	St. Cloud State	29.80m	97-09	473
8	Bartles, Kailee	FR	Minnesota State	29.66m	97-04	470
9	Schoustra, Mackenzie	SR	Concordia-St. Paul	29.19m	95-09	461
10	Christenson, Libby	JR	Bemidji State	26.49m	86-11	410
11	London, Bryn	FR	Minnesota-Duluth	25.83m	84-09	398
12	Swanson, Emily	FR	Sioux Falls	25.03m	82-01	383
13	Gilles, Megan	FR	Minnesota-Duluth	24.98m	81-11	382
14	Stone, Zoe	SO	Minnesota State	24.53m	80-06	373
15	Serrao, Adla	FR	Msu-Moorhead	24.44m	80-02	372
16	Tucker, Aneesa	JR	Bemidji State	23.78m	78-00	359
17	Fultz, Natalie	FR	Bemidji State	20.80m	68-03	304
18	Wendel, Allie	FR	Msu-Moorhead	20.46m	67-01	297
19	Weatherly, Emma	FR	Minnesota State	20.03m	65-08	289

**2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021****Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results****Finals ... (Heptathlon: #6 Women Javelin Throw Heptathlon)**

Name	Yr	School	Finals	H#	Points
20 Johnson, Jocelyn	SR	St. Cloud State	19.13m	62-09	273
21 Sowada, Sophia	SO	Msu-Moorhead	18.29m	60-00	257
22 Mickelson, Isadora	SO	SW Minnesota St.	11.07m	36-04	125
22 Marteau, Noa	FR	Augustana	11.07m	36-04	125

**Women Heptathlon**

NSIC Record: **5323 R 2018** Halle Burney, Concordia- St. Paul  
**5207 AUTO**  
**4529 PROV**

Name	Yr	School	Finals	H#	Points
<b>Finals</b>					
1 Hutzler, Dakota	SR	Northern State	4464.00		10
2 Olson, Emily	SR	Sioux Falls	4422.00		8
3 Schoustra, Mackenzie	SR	Concordia-St. Paul	4291.00		6
4 Christenson, Libby	JR	Bemidji State	4278.00		5
5 Swanson, Emily	FR	Sioux Falls	4244.00		4
6 Tucker, Aneesa	JR	Bemidji State	4218.00		2.50
6 Sunnarborg, Samantha	FR	Minnesota State	4218.00		2.50
8 Curtice, Emily	FR	Bemidji State	4135.00		1
9 Rule, Shantelle	JR	U-Mary	4047.00		
10 Mlejnek, Jasmine	FR	Minnesota State	4011.00		
11 Stone, Zoe	SO	Minnesota State	3984.00		
12 Weatherly, Emma	FR	Minnesota State	3981.00		
13 Sowada, Sophia	SO	Msu-Moorhead	3937.00		
14 Johnson, Jocelyn	SR	St. Cloud State	3822.00		
15 Bartles, Kailee	FR	Minnesota State	3757.00		
16 Wendel, Allie	FR	Msu-Moorhead	3715.00		
17 Gilles, Megan	FR	Minnesota-Duluth	3684.00		
18 Marteau, Noa	FR	Augustana	3668.00		
19 London, Bryn	FR	Minnesota-Duluth	3658.00		
20 Serrao, Adla	FR	Msu-Moorhead	3615.00		
21 Czech, Victoria	FR	St. Cloud State	3571.00		
22 Fultz, Natalie	FR	Bemidji State	3540.00		
23 Mickelson, Isadora	SO	SW Minnesota St.	2984.00		

**Women - Team Rankings - 21 Events Scored**

1) U-Mary	174	2) Minnesota State	157
3) Augustana	90	4) Winona State	69.5
5) Northern State	67	6) Minnesota-Duluth	54
7) Sioux Falls	49	8) Bemidji State	34.5
9) St. Cloud State	28.5	10) Wayne State (Neb.)	28
11) Concordia-St. Paul	26	12) SW Minnesota St.	17
13) MSU-Moorhead	14	14) Upper Iowa	6
15) Minot State	2.5		