

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022

Timing and Results by Hero's Timing

Northern State University

Results

Men 100 Meter Dash

 NSIC Record: R 10.19 5/11/2015 Emmanuel Matadi, Minnesota State
 Name Year School Prelims Wind H#

Preliminaries

1	Hickman, Shaheed	JR Minnesota State	10.57Q	1.5	2	
2	Attoh, Daniel	SO Minnesota State	10.69Q	3.9	3	
3	Nti, Prince	SO Minnesota State	10.76Q	4.1	1	10.751
4	Donahue, Joe	FR Sioux Falls	10.62Q	1.5	2	
5	Marks, Steven	FR Minnesota State	10.73Q	3.9	3	
6	Dietel, Thomas	SO Concordia-St. Paul	10.85Q	4.1	1	
7	Sharma, Nicholas	SO Minnesota State	10.65q	1.5	2	
8	Clark, Ezekiel	FR Minnesota State	10.76q	3.9	3	10.752
9	Nesvold, Carter	SO Minnesota State	10.81	1.5	2	
10	Fischer, Gavin	FR Augustana (S.D.)	10.87	4.1	1	
11	Olson, Drew	SO U-Mary	10.90	1.5	2	
12	Johnson, Andrew	SR Concordia-St. Paul	10.95	4.1	1	
13	Higgs, Shaquiel	JR Msu-Moorhead	10.97	4.1	1	
14	Davis, Astley	SO U-Mary	11.00	3.9	3	
15	Green, Joseph	SO Minot State	11.03	3.9	3	
16	Paulson, Jorgen	FR U-Mary	11.04	4.1	1	
17	Miley, Josh	SO Minnesota-Duluth	11.05	1.5	2	
18	Blackwell, Eddie	SO Minnesota State	11.08	3.9	3	
19	Bokoyo, Josue	SO Minnesota State	11.09	3.9	3	11.081
20	Huber, Theo	FR Wayne State (Neb.)	11.09	1.5	2	11.090
21	Segura, Nate	JR Concordia-St. Paul	11.16	4.1	1	
22	Klocow, Jackson	FR Concordia-St. Paul	11.28	4.1	1	
23	Afolabi, Kehinde	FR Upper Iowa	11.33	1.5	2	

Men 100 Meter Dash

 NSIC Record: R 10.19 5/11/2015 Emmanuel Matadi, Minnesota State
 Name Year School Finals Wind Points

Finals

1	Hickman, Shaheed	JR Minnesota State	10.58	1.6	10	
2	Attoh, Daniel	SO Minnesota State	10.70	1.6	8	
3	Nti, Prince	SO Minnesota State	10.71	1.6	6	
4	Clark, Ezekiel	FR Minnesota State	10.72	1.6	5	
5	Sharma, Nicholas	SO Minnesota State	10.75	1.6	4	10.745
6	Donahue, Joe	FR Sioux Falls	10.75	1.6	3	10.748
7	Marks, Steven	FR Minnesota State	10.89	1.6	2	
8	Dietel, Thomas	SO Concordia-St. Paul	12.59	1.6	1	

Men 100 Meter Dash Wheelchair

Name	Year School	Finals	Wind
1 Eckelberg, Noah	FR SW Minnesota St.	16.04	2.8

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Northern State University

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Men 200 Meter Dash

NSIC Record: R 20.49 2013 Jerrell Hancock, Minnesota State						
Name	Year	School	Prelims	Wind	H#	
Preliminaries						
1 Atubel, Kenry	JR	Minnesota State	21.39Q	1.3	3	
2 Dawkins, Ty	JR	Msu-Moorhead	21.40Q	1.4	2	
3 Nesvold, Carter	SO	Minnesota State	21.60Q	-1.4	4	
4 Phelps, Josh	SR	Minnesota State	21.75Q	1.1	1	
5 MacLennan, Elliott	FR	Msu-Moorhead	21.42q	1.4	2	
6 Donahue, Joe	FR	Sioux Falls	21.50q	1.3	3	
7 Marks, Steven	FR	Minnesota State	21.61q	-1.4	4	
8 Nti, Prince	SO	Minnesota State	21.64q	1.3	3	
9 Dietel, Thomas	SO	Concordia-St. Paul	21.66	1.3	3	
10 Attoh, Daniel	SO	Minnesota State	21.69	1.3	3	
11 Blackwell, Eddie	SO	Minnesota State	21.77	1.1	1	
12 Paulson, Jorgen	FR	U-Mary	21.81	1.3	3	
13 Toms, Kameron	FR	Minot State	21.84	1.4	2	
14 Howell, Akil	FR	U-Mary	21.88	1.1	1	
15 Higgs, Shaquiel	JR	Msu-Moorhead	21.90	1.1	1	
16 Clark, Ezekiel	FR	Minnesota State	21.91	-1.4	4	21.901
17 Sharma, Nicholas	SO	Minnesota State	21.91	1.4	2	21.902
18 Green, Joseph	SO	Minot State	22.01	1.1	1	
19 Miley, Josh	SO	Minnesota-Duluth	22.02	-1.4	4	
20 Domier, Chase	SO	Northern State	22.17	-1.4	4	
21 Olson, Drew	SO	U-Mary	22.51	1.1	1	
22 Bokoyo, Josue	SO	Minnesota State	22.72	-1.4	4	
23 Davis, Melik	FR	Augustana (S.D.)	22.77	1.4	2	
24 Smith, Tyler	FR	SW Minnesota St.	22.89	-1.4	4	
-- Fischer, Gavin	FR	Augustana (S.D.)	SCR	1.4	2	Medical

Men 200 Meter Dash

NSIC Record: R 20.49 2013 Jerrell Hancock, Minnesota State						
Name	Year	School	Finals	Wind	Points	
Finals						
1 Dawkins, Ty	JR	Msu-Moorhead	21.48	+0.0	10	
2 Atubel, Kenry	JR	Minnesota State	21.67	+0.0	8	
3 Phelps, Josh	SR	Minnesota State	21.74	+0.0	6	
4 MacLennan, Elliott	FR	Msu-Moorhead	21.80	+0.0	5	
5 Donahue, Joe	FR	Sioux Falls	21.83	+0.0	4	
6 Nti, Prince	SO	Minnesota State	21.84	+0.0	3	
7 Nesvold, Carter	SO	Minnesota State	21.87	+0.0	2	
8 Marks, Steven	FR	Minnesota State	22.49	+0.0	1	

Men 400 Meter Dash

NSIC Record: R 47.24 5/11/2000 Erik Hanson, Minnesota Duluth						
Name	Year	School	Prelims	H#		
Preliminaries						
1 Oduong, Ibrahim	SO	Msu-Moorhead	48.13Q	4		
2 Dawkins, Ty	JR	Msu-Moorhead	48.41Q	3		
3 Huntington, Isaac	SO	U-Mary	48.81Q	1		

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....Men 400 Meter Dash

4	DePrenger, Max	SO Minnesota State	49.07Q	2
5	MacLennan, Elliott	FR Msu-Moorhead	49.15q	4
6	Howell, Akil	FR U-Mary	49.34q	2
7	Toms, Kameron	FR Minot State	49.65q	3
8	Domier, Chase	SO Northern State	49.67q	1
9	Martens, Seth	SO Northern State	50.11	3
10	Kulzer, Alex	SR Minnesota-Duluth	50.13	2
11	Major, Kendrick	SO Msu-Moorhead	50.18	2
12	Phelps, Josh	SR Minnesota State	50.26	1
13	Atubel, Kenry	JR Minnesota State	50.33	4
14	Ladage, Jacob	SR Wayne State (Neb.)	50.36	2
15	Bade, Kyler	FR Minnesota State	50.66	1
16	Croston, Alexander	FR Minnesota-Duluth	50.79	1
17	Schoessow, Matthew	SO Augustana (S.D.)	50.80	4
18	Smith, Tyler	FR SW Minnesota St.	50.85	2
19	Melton, Noah	JR Augustana (S.D.)	50.97	3
20	Dooyema, Jed	SO Augustana (S.D.)	50.98	3
21	Green, Cameron	SO Upper Iowa	51.17	1
22	Nino, Damian	FR Minot State	51.28	4
23	Schumacher, Josh	JR Augustana (S.D.)	51.41	3
24	Rudzitis, Taaron	FR Concordia-St. Paul	51.58	4
25	Loer, Bereket	SO Minnesota-Duluth	51.88	3
26	Brown, Jaylan	FR Minot State	51.96	4

Men 400 Meter Dash

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 NSIC Record: R 47.24 5/11/2000 Erik Hanson, Minnesota Duluth

Name	Year	School	Finals	Points
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Finals

1	Dawkins, Ty	JR Msu-Moorhead	48.46	10
2	Oduong, Ibrahim	SO Msu-Moorhead	48.47	8
3	MacLennan, Elliott	FR Msu-Moorhead	49.38	6
4	Toms, Kameron	FR Minot State	49.62	5
5	Howell, Akil	FR U-Mary	49.66	4
6	DePrenger, Max	SO Minnesota State	49.94	3
7	Huntington, Isaac	SO U-Mary	50.07	2
8	Domier, Chase	SO Northern State	51.07	1

Men 800 Meter Run

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 NSIC Record: R 1:50.27 5/14/2021 Tanner Maier, Minnesota St

Name	Year	School	Prelims	H#
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Preliminaries

1	Bruer, Braxton	SO Msu-Moorhead	1:53.74Q	1
2	Schmied, Ben	JR Minnesota State	1:54.09Q	2
3	Maier, Tanner	SO Minnesota State	1:56.56Q	3
4	Fechner, Cole	SR Minnesota-Duluth	1:54.51Q	1
5	Miller, Austin	SR Augustana (S.D.)	1:54.62Q	2
6	Cotterill, Lewis	SO Minot State	1:56.82Q	3
7	Schauerman, Thomas	SR Concordia-St. Paul	1:54.81q	2
8	Leonard, Christian	SR Minnesota-Duluth	1:55.08q	2
9	Holcomb, Bryce	SR Wayne State (Neb.)	1:56.77	1

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....Men 800 Meter Run

10	Breuer, Jonah	JR Augustana (S.D.)	1:56.85	1
11	Johnson, Evan	SR Augustana (S.D.)	1:57.13	3
12	Pearson, Nathan	SR Wayne State (Neb.)	1:58.47	2
13	Youberg, Finn	FR Minnesota-Duluth	1:58.83	2
14	Goranson, Nathan	SO Upper Iowa	1:59.09	2
15	Matzner, Zachary	SO Sioux Falls	1:59.32	3
16	Hegarty, Brock	SR Wayne State (Neb.)	1:59.85	3
17	Peitz, Gabe	SO Wayne State (Neb.)	1:59.96	3
18	Bohm, Adam	FR Minnesota State	2:00.11	1
19	Speikers, Caden	SO Minnesota State	2:00.57	2
20	Gutierrez, Juan	SR Minot State	2:01.26	3
21	Collins, Maquanet	SO Minnesota State	2:01.90	3
22	Helser, Matthew	SO Concordia-St. Paul	2:02.39	1
23	Gruenes, Jordan	JR Minnesota-Duluth	2:02.48	3
24	Kvaal, Mikey	SO Minnesota-Duluth	2:03.33	2
25	Brock, Beau	FR Augustana (S.D.)	2:04.00	1
26	Faltese, Emmett	FR Concordia-St. Paul	2:13.25	1

Men 800 Meter Run

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 NSIC Record: R 1:50.27 5/14/2021 Tanner Maier, Minnesota St

Name	Year	School	Finals	Points
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Finals

1	Maier, Tanner	SO Minnesota State	1:52.23	10
2	Fechner, Cole	SR Minnesota-Duluth	1:52.47	8
3	Bruer, Braxton	SO Msu-Moorhead	1:52.82	6
4	Schauerman, Thomas	SR Concordia-St. Paul	1:53.79	5
5	Schmied, Ben	JR Minnesota State	1:54.14	4
6	Leonard, Christian	SR Minnesota-Duluth	1:54.73	3
7	Cotterill, Lewis	SO Minot State	1:56.31	2
8	Miller, Austin	SR Augustana (S.D.)	1:59.69	1

Men 1500 Meter Run

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 NSIC Record: R 3:50.12 5/11/2014 Henrik Hansson, Augustana

Name	Year	School	Prelims	H#
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Preliminaries

1	Johnson, Evan	SR Augustana (S.D.)	4:00.05Q	1
2	Helser, Matthew	SO Concordia-St. Paul	4:02.28Q	2
3	Steiger, Matt	JR Augustana (S.D.)	4:00.12Q	1
4	Hanna, Jakob	JR Sioux Falls	4:02.40Q	2
5	Dickenson, Owen	SO Minnesota-Duluth	4:00.45Q	1
6	Maier, Tanner	SO Minnesota State	4:02.49Q	2
7	Brand, Colten	SO Augustana (S.D.)	4:00.46Q	1
8	Miller, Austin	SR Augustana (S.D.)	4:02.55Q	2
9	Fregoso, Guillermo	SO U-Mary	4:03.42q	2
10	Faltese, Emmett	FR Concordia-St. Paul	4:03.48q	1
11	Rivera, Caleb	FR Sioux Falls	4:03.64q	2
12	Mundorf, Brandon	SO Wayne State (Neb.)	4:04.66q	2
13	Tostenson, Jonathan	SR Minnesota-Duluth	4:06.98	2
14	Merillana, Nicholas	JR Minot State	4:07.38	2
15	Jensen, Jacob	SO Minot State	4:07.83	1

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022**Timing and Results by Hero's Timing****Northern State University****Results****....Men 1500 Meter Run**

16 Holiday, Trent	FR Minot State	4:10.70	1
17 Jacobson, Nick	JR Minnesota-Duluth	4:13.77	1

Men 1500 Meter Run

NSIC Record: R 3:50.12 5/11/2014 Henrik Hansson, Augustana

Name	Year School	Finals	Points
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Finals

1 Johnson, Evan	SR Augustana (S.D.)	3:51.20	10
2 Maier, Tanner	SO Minnesota State	3:52.51	8
3 Steiger, Matt	JR Augustana (S.D.)	3:54.52	6
4 Brand, Colten	SO Augustana (S.D.)	3:55.15	5
5 Hanna, Jakob	JR Sioux Falls	3:56.41	4
6 Miller, Austin	SR Augustana (S.D.)	3:57.63	3
7 Helser, Matthew	SO Concordia-St. Paul	3:58.49	2
8 Fregoso, Guillermo	SO U-Mary	3:59.69	1
9 Dickenson, Owen	SO Minnesota-Duluth	4:00.81	
10 Mundorf, Brandon	SO Wayne State (Neb.)	4:01.97	
11 Rivera, Caleb	FR Sioux Falls	4:03.23	
12 Faltese, Emmett	FR Concordia-St. Paul	4:15.56	

Men 5000 Meter Run

NSIC Record: R 14:19.51 5/15/2021 Nadir Yusuf, MSU-Moorhead

Name	Year School	Finals	Points
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1 Hartman, Ryan	FR Augustana (S.D.)	14:40.06	10
2 Yusuf, Nadir	SR Msu-Moorhead	14:49.98	8
3 Klitzke, Henry	JR Augustana (S.D.)	14:51.17	6
4 Harrison, Jackson	JR Northern State	14:54.64	5
5 Street, Daniel	FR Augustana (S.D.)	15:05.97	4
6 Stueven, Adnew	SO Msu-Moorhead	15:08.07	3
7 Johnson, Evan	SR Augustana (S.D.)	15:11.15	2
8 Kaas, Jesse	JR U-Mary	15:11.75	1
9 Brand, Colten	SO Augustana (S.D.)	15:13.65	
10 Person, Kray	JR Augustana (S.D.)	15:24.35	
11 Steiger, Matt	JR Augustana (S.D.)	15:25.23	
12 Ure, Ray	SO Minnesota State	15:28.49	
13 Voigt, Aaron	JR Sioux Falls	15:29.21	
14 Trutna, Matthew	SR Minnesota-Duluth	15:30.72	
15 Haberman, Ben	FR Augustana (S.D.)	15:31.53	
16 Strom, Dawson	SO U-Mary	15:34.88	
17 VanKempen, Jack	SO Minnesota-Duluth	15:38.80	
18 Shumway, Micade	FR Sioux Falls	15:41.84	
19 Ecker, David	JR Sioux Falls	15:42.92	
20 Helser, Matthew	SO Concordia-St. Paul	15:53.35	
21 Antony, Austin	SO Minnesota-Duluth	15:53.68	
22 Fregoso, Guillermo	SO U-Mary	15:56.30	
23 Anderson, Isaac	FR U-Mary	15:56.53	
24 Holiday, Trent	FR Minot State	16:05.27	
25 Dickenson, Owen	SO Minnesota-Duluth	16:07.46	
26 Schmanski, Nikolai	SO Minnesota State	16:09.67	
27 Alto, Nathan	FR Northern State	16:10.22	

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Timing and Results by Hero's Timing

Northern State University

Results

....Men 5000 Meter Run

28	Valentin, William	JR Minnesota State	16:16.04
29	Merillana, Nicholas	JR Minot State	16:27.44
30	Erickson, Owen	FR Concordia-St. Paul	16:33.18
31	Krummel, Matthew	FR Concordia-St. Paul	16:45.21
--	Jensen, Jacob	SO Minot State	DNF
--	Larson, Nick	SO Augustana (S.D.)	DNF
--	Lietz, Christian	SO Sioux Falls	SCR
--	Yokom, Caleb	FR U-Mary	SCR

Men 10000 Meter Run

NSIC Record: R 29:53.73 5/14/2021 Nadir Yusuf, MSU-Moorhead

Name	Year School	Finals	Points
1 Yusuf, Nadir	SR Msu-Moorhead	31:26.47	10
2 Klitzke, Henry	JR Augustana (S.D.)	31:45.11	8
3 Person, Kray	JR Augustana (S.D.)	31:51.54	6
4 Harrison, Jackson	JR Northern State	31:57.87	5
5 Kaas, Jesse	JR U-Mary	31:58.52	4
6 Trutna, Matthew	SR Minnesota-Duluth	32:05.29	3
7 Shumway, Micade	FR Sioux Falls	32:15.93	2
8 Anderson, Isaac	FR U-Mary	32:57.15	1
9 Bennett, Jacob	FR Minnesota State	33:40.36	
10 Yokom, Caleb	FR U-Mary	33:54.10	
11 Burazin, Scott	SR Concordia-St. Paul	33:56.68	
12 Valentin, William	JR Minnesota State	34:14.54	
13 Erickson, Owen	FR Concordia-St. Paul	34:32.54	
14 Schmanski, Nikolai	SO Minnesota State	34:35.79	
15 Schroeder, Abe	SO Wayne State (Neb.)	34:49.36	
16 Mears, Drew	SR Msu-Moorhead	35:24.99	
17 Thomforde, Matthew	JR Concordia-St. Paul	35:30.58	
18 Baker, Dalton	JR Upper Iowa	35:59.63	
19 Stanford, Avery	FR Sioux Falls	36:12.16	
-- Lietz, Christian	SO Sioux Falls	DNF	

Men 110 Meter Hurdles

NSIC Record: R 13.80 2015 Myles Hunter, Minnesota State

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Lokonobei, Lawrence	SO Augustana (S.D.)	14.41Q	5.9	1
2 Durnin, Nick	JR Minnesota State	14.56Q	3.5	2
3 Pierre, Renald	SO SW Minnesota St.	14.59Q	5.9	1
4 Schroeder, Luke	FR Northern State	15.02Q	3.5	2
5 Palmquist, Ben	SR Minnesota-Duluth	14.72q	5.9	1
6 Martens, Andrew	FR Augustana (S.D.)	14.79q	5.9	1
7 Adams, Justus	JR Minnesota State	15.21q	3.5	2
8 Kubitz, Zak	FR SW Minnesota St.	15.64q	5.9	1
9 Mandel, Ben	SO Sioux Falls	15.80	3.5	2
10 Bohms-Buechler, Jaden	FR Northern State	16.05	5.9	1
11 Clark, Jack	FR SW Minnesota St.	17.12	3.5	2
-- Christiansen, Abel	JR Minnesota State	DNF	3.5	2

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022**Timing and Results by Hero's Timing****Northern State University****Results****Men 110 Meter Hurdles**

NSIC Record: R 13.80 2015 Myles Hunter, Minnesota State

Name	Year	School	Finals	Wind	Points
Finals					
1 Lokonobei, Lawrence	SO	Augustana (S.D.)	14.32	0.7	10
2 Durnin, Nick	JR	Minnesota State	14.52	0.7	8
3 Schroeder, Luke	FR	Northern State	14.64	0.7	6 14.632
4 Palmquist, Ben	SR	Minnesota-Duluth	14.64	0.7	5 14.634
5 Martens, Andrew	FR	Augustana (S.D.)	14.69	0.7	4
6 Adams, Justus	JR	Minnesota State	14.98	0.7	3
7 Kubitz, Zak	FR	SW Minnesota St.	15.65	0.7	2
8 Pierre, Renald	SO	SW Minnesota St.	15.87	0.7	1

Men 400 Meter Hurdles

NSIC Record: R 51.91 5/13/2018 Sydne Davis, Minnesota State

Name	Year	School	Prelims	H#
Preliminaries				
1 Schroeder, Luke	FR	Northern State	55.02Q	3
2 Palmquist, Ben	SR	Minnesota-Duluth	55.51Q	1
3 Lewison, Drew	JR	Minnesota State	56.57Q	2
4 Martens, Andrew	FR	Augustana (S.D.)	55.43Q	3
5 Fritsch, Luke	JR	Augustana (S.D.)	55.75Q	1
6 Revere, Jeremiah	SO	Minnesota State	57.28Q	2
7 Durnin, Nick	JR	Minnesota State	55.63q	3
8 Lokonobei, Lawrence	SO	Augustana (S.D.)	55.82q	1
9 Schmitt, Max	FR	SW Minnesota St.	55.87	1
10 Janssen, Brady	SO	Northern State	56.82	3
11 Lear, Nathan	FR	SW Minnesota St.	57.57	3
12 Christiansen, Abel	JR	Minnesota State	57.68	2
13 Sellin, Tyler	FR	Augustana (S.D.)	59.96	1
14 Wenderski, Landon	FR	Sioux Falls	1:00.96	2
15 Stephenson, Ronald	SO	Northern State	1:01.74	1
16 Kandolo, Junior	SO	SW Minnesota St.	1:02.92	2
-- Matehs, Joel	FR	Northern State	SCR	2

Men 400 Meter Hurdles

NSIC Record: R 51.91 5/13/2018 Sydne Davis, Minnesota State

Name	Year	School	Finals	Points
Finals				
1 Schroeder, Luke	FR	Northern State	53.61	10
2 Durnin, Nick	JR	Minnesota State	53.65	8
3 Palmquist, Ben	SR	Minnesota-Duluth	55.20	6
4 Lokonobei, Lawrence	SO	Augustana (S.D.)	55.60	5
5 Revere, Jeremiah	SO	Minnesota State	55.96	4
6 Fritsch, Luke	JR	Augustana (S.D.)	56.01	3
7 Martens, Andrew	FR	Augustana (S.D.)	56.97	2
8 Lewison, Drew	JR	Minnesota State	1:44.85	1

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022**Timing and Results by Hero's Timing****Northern State University****Results****Men 3000 Meter Steeplechase**

NSIC Record: R 8:57.74 5/11/2019 Austin Pasch, Minnesota St				
Name	Year	School	Finals	Points
1 Hartman, Ryan	FR	Augustana (S.D.)	9:17.39	10
2 Stueven, Adnew	SO	Msu-Moorhead	9:19.82	8
3 Ure, Ray	SO	Minnesota State	9:30.82	6
4 Voigt, Aaron	JR	Sioux Falls	9:32.99	5
5 VanKempen, Jack	SO	Minnesota-Duluth	9:39.05	4
6 Larson, Nick	SO	Augustana (S.D.)	9:41.71	3
7 Ecker, David	JR	Sioux Falls	9:42.20	2
8 Haberman, Ben	FR	Augustana (S.D.)	9:42.37	1
9 Selman, Lucas	SO	Minnesota-Duluth	9:44.87	
10 Schroeder, Ryan	FR	Augustana (S.D.)	10:05.10	
11 Owen, Carter	SO	Minnesota State	10:05.66	
12 Bohm, Adam	FR	Minnesota State	10:06.09	
13 Krummel, Matthew	FR	Concordia-St. Paul	10:14.90	
14 Burkhalter, Jonathan	FR	Northern State	10:27.55	
15 Fink, Isaac	FR	Augustana (S.D.)	10:30.77	
16 Jasmin, Camden	FR	Minot State	10:31.04	
17 Kubat, Braydon	SR	Minnesota-Duluth	10:42.58	
18 Hiemer, Nathan	SR	Wayne State (Neb.)	11:04.99	
19 McGonigal, Will	SO	Wayne State (Neb.)	11:05.08	
20 Steffensmeier, Justin	SO	Sioux Falls	11:16.68	
21 Smith, Chase	SO	Northern State	11:26.85	
-- Tegethoff, Caden	FR	Augustana (S.D.)	DNF	

Men 4x100 Meter Relay

NSIC Record: R 40.63 1998 Minnesota Duluth, Minnesota Duluth				
E Hanson, E Farnum, J Nerison, J Hanson				
School			Finals	H# Points
1 Minnesota State 'A'			41.25	2 10
1) Clark, Ezekiel FR	2) Nti, Prince SO			
3) Sharma, Nicholas SO	4) Attoh, Daniel SO			
2 Msu-Moorhead 'A'			41.34	2 8
1) Dawkins, Ty JR	2) Higgs, Shaquiel JR			
3) Kemp, Shyrone JR	4) MacLennan, Elliott FR			
3 U-Mary 'A'			41.99	2 6
1) Decker, Ethan FR	2) Howell, Akil FR			
3) Paulson, Jorgen FR	4) Olson, Drew SO			
4 Augustana (S.D.) 'A'			42.15	2 5
1) Lokonobei, Lawrence SO	2) Martens, Andrew FR			
3) Clayton, Connor SO	4) Berends, Luke FR			
5 Northern State 'A'			42.16	2 4
1) Matehs, Joel FR	2) Schroeder, Luke FR			
3) Olson, Isaac SO	4) Martens, Seth SO			
6 Minot State 'A'			42.91	1 3
1) Brown, Jaylan FR	2) Toms, Kameron FR			
3) Green, Joseph SO	4) Nino, Damian FR			
7 Minnesota-Duluth 'A'			42.94	2 2
1) Miley, Josh SO	2) Westphal, Nicholas FR			
3) Loer, Bereket SO	4) Rogers, Ted FR			
8 Upper Iowa 'A'			43.56	1 1

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Results

....Men 4x100 Meter Relay

1) Afolabi, Kehinde FR	2) Green, Cameron SO		
3) Bateman, Kaitano FR	4) Hobson, Jaylen JR		
9 SW Minnesota St. 'A'		44.30	1
1) DuVall, David FR	2) Schmitt, Max FR		
3) Nelson, Isaiah SR	4) Kubitz, Zak FR		
-- Wayne State (Neb.) 'A'		DNF	2
1) Davis, Jediah SR	2) Huber, Theo FR		
3) Nissen, Wyatt FR	4) Ladage, Jacob SR		
-- Concordia-St. Paul 'A'		DQ	2
1) Klocow, Jackson FR	2) Johnson, Andrew SR		Exchange 2-3
3) Segura, Nate JR	4) Erick, Calder FR		

Men 4x400 Meter Relay

=====				
NSIC Record: R 3:13.09	2017	Minnesota State, Minnesota State		
		J Schuster, J Suber, I Pitchford, M Dennis		
School		Finals	H#	Points
=====				
1 Msu-Moorhead 'A'		3:15.95	2	10
1) Dawkins, Ty JR	2) Joseph, Travis SO			
3) MacLennan, Elliott FR	4) Oduong, Ibrahim SO			
2 Minnesota State 'A'		3:20.11	2	8
1) Phelps, Josh SR	2) DePrenger, Max SO			
3) Atubel, Kenry JR	4) Nesvold, Carter SO			
3 Minot State 'A'		3:20.59	2	6
1) Gutierrez, Juan SR	2) Cotterill, Lewis SO			
3) Nino, Damian FR	4) Toms, Kameron FR			
4 U-Mary 'A'		3:20.94	2	5
1) Paulson, Jorgen FR	2) Cacho, Kyle JR			
3) Howell, Akil FR	4) Huntington, Isaac SO			
5 Minnesota-Duluth 'A'		3:21.31	2	4
1) Kulzer, Alex SR	2) Loer, Bereket SO			
3) Leonard, Christian SR	4) Fechner, Cole SR			
6 Augustana (S.D.) 'A'		3:21.32	2	3
1) Dooyema, Jed SO	2) Schoessow, Matthew SO			
3) Martens, Andrew FR	4) Breuer, Jonah JR			
7 Wayne State (Neb.) 'A'		3:23.83	2	2
1) Ladage, Jacob SR	2) Peitz, Gabe SO			
3) Holcomb, Bryce SR	4) Pearson, Nathan SR			
8 Northern State 'A'		3:25.78	2	1
1) Schroeder, Luke FR	2) Domier, Chase SO			
3) Janssen, Brady SO	4) Martens, Seth SO			
9 Concordia-St. Paul 'A'		3:27.86	1	
1) Johnson, Arik SR	2) Johnson, Andrew SR			
3) Rudzitis, Taaron FR	4) Schauerman, Thomas SR			
10 Sioux Falls 'A'		3:31.67	1	
1) Donahue, Joe FR	2) Matzner, Zachary SO			
3) Hanna, Jakob JR	4) Decker, Denver FR			
11 Upper Iowa 'A'		3:33.33	1	
1) Green, Cameron SO	2) Goranson, Nathan SO			
3) Hobson, Jaylen JR	4) Bateman, Kaitano FR			
-- SW Minnesota St. 'A'		SCR	1	
1) Lear, Nathan FR	2) Kubitz, Zak FR			
3) Smith, McKallen SO	4) Schmitt, Max FR			

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Men High Jump

NSIC Record: R 2.13m 1988 Brian Rabenberg, MSU Moorhead									
Name	Year	School	Finals	Points					
1 Cook, Chris		SR Msu-Moorhead	2.12m	6-11.50	10				
1.86 1.91 1.96 2.01 2.06 2.09 2.12 2.15									
PPP PPP O O O XPP XO XXX									
2 Kneifl, Dylan		SO Wayne State (Neb.)	2.12m	6-11.50	8				
1.86 1.91 1.96 2.01 2.06 2.09 2.12 2.15									
PPP O O O O O XXO XXX									
3 Kemp, Shyrone		JR Msu-Moorhead	2.06m	6-09.00	6				
1.86 1.91 1.96 2.01 2.06 2.09 2.12									
O PPP O XO XXO XPP XX									
4 Woelber, Tyl		JR Augustana (S.D.)	2.01m	6-07.00	5				
1.86 1.91 1.96 2.01 2.06									
PPP PPP XO O XXX									
5 Joseph, Travis		SO Msu-Moorhead	1.96m	6-05.00	4				
1.86 1.91 1.96 2.01									
O PPP XO XXX									
6 English, Aaron		SR Wayne State (Neb.)	1.91m	6-03.25	2.50				
1.86 1.91 1.96									
O O XXX									
6 Caines, Mathew		JR Minnesota-Duluth	1.91m	6-03.25	2.50				
1.86 1.91 1.96									
O O XXX									
8 Oberleitner, Luke		FR Minnesota-Duluth	1.91m	6-03.25	1				
1.86 1.91 1.96									
O XO XXX									
9 Geditz, Max		FR Northern State	1.91m	6-03.25					
1.86 1.91 1.96									
XO XO XXX									
10 Buendorf, Aiden		FR Minnesota State	1.91m	6-03.25					
1.86 1.91 1.96									
XXO XO XXX									
11 Ziebarth, Jacob		FR Minnesota State	1.91m	6-03.25					
1.86 1.91 1.96									
O XXO XXX									
12 Johnson, Andrew		SR Concordia-St. Paul	1.86m	6-01.25					
1.86 1.91									
XO XXX									
13 Krannich, Trey		SO Minnesota State	1.86m	6-01.25					
1.86 1.91									
XXO XXX									
-- Morin-Baxter, Isaiah		SO Augustana (S.D.)	NH						
1.86									
XXX									
-- Brandt, Alex		FR Wayne State (Neb.)	NH						
1.86									
XXX									
-- Smith, McKallen		SO SW Minnesota St.	NH						
1.86 1.91									
PPP XXX									
-- Brown, Devayonn		SR Minnesota State	NH						
1.86 1.91 1.96 2.01									
PPP PPP PPP XXX									

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Results

....Men High Jump

-- McCallum, Davis SR Sioux Falls SCR

Men Pole Vault

NSIC Record: R 5.17m 5/11/2016 Scott Greenman, Sioux Falls

Name	Year	School	Finals	Points
1 Dittel, Carson		SO Minnesota State	5.13m 16-10.00	10
4.03 4.18 4.33 4.48 4.63 4.78 4.88 4.98 5.08 5.13 5.18 5.22				
PPP PPP PPP PPP PPP				
2 Lindsey, Thomas		SO Minnesota State	5.08m 16-08.00	8
4.03 4.18 4.33 4.48 4.63 4.78 4.88 4.98 5.08 5.13				
PPP PPP PPP PPP				
3 Quayle, Glen		FR Northern State	4.98m 16-04.00	6
4.03 4.18 4.33 4.48 4.63 4.78 4.88 4.98 5.08				
PPP PPP PPP PPP				
4 Johnson, Kyle		SR Minnesota State	4.88m 16-00.00	5
4.03 4.18 4.33 4.48 4.63 4.78 4.88 4.98				
PPP PPP XO				
5 Tremelling, Sam		FR Northern State	4.78m 15-08.25	4
4.03 4.18 4.33 4.48 4.63 4.78 4.88				
PPP O O XO XO				
6 Watson, Isaac		FR U-Mary	4.63m 15-02.25	3
4.03 4.18 4.33 4.48 4.63 4.78				
PPP O XO XO				
7 Smith, Hunter		SO SW Minnesota St.	4.48m 14-08.25	1
4.03 4.18 4.33 4.48 4.63				
PPP O O XO XXX				
7 Alto, Shea		SR Minnesota-Duluth	4.48m 14-08.25	1
4.03 4.18 4.33 4.48 4.63				
O O O XO XXX				
7 Berg, Alex		SO Minnesota State	4.48m 14-08.25	1
4.03 4.18 4.33 4.48 4.63				
PPP PPP O XO XXX				
10 Person, Jake		SR Sioux Falls	4.48m 14-08.25	
4.03 4.18 4.33 4.48 4.63				
XO XO O XO XXX				
11 Kovash, Dillan		JR U-Mary	4.33m 14-02.50	
4.03 4.18 4.33 4.48				
PPP O XO XXX				
12 Imus, Rico		FR Northern State	4.03m 13-02.50	
4.03 4.18				
O XXX				
13 Kucera, Kyle		SO Minnesota-Duluth	4.03m 13-02.50	
4.03 4.18				
XO XXX				
14 Olson, Samuel		FR Sioux Falls	4.03m 13-02.50	
4.03 4.18				
XXO XXX				
14 McPherson, Mark		JR Minnesota State	4.03m 13-02.50	
4.03 4.18				
XXO XXX				

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....Men Pole Vault

-- Grannes, Luke	FR SW Minnesota St.	NH
4.03		
XXX		
-- Alam, Basheer	SO Concordia-St. Paul	NH
4.03		
XXX		
-- Cole, Nicholas	FR Sioux Falls	NH
4.03		
XXX		

Men Long Jump

NSIC Record: R 7.91m 5/11/2018 Brian Huber, MSU Moorhead									
Name	Year	School	Finals	Wind	H#	Points			
1 Davis, Astley	SO	U-Mary	7.51m	0.2	24-07.75	3	10		
6.90m(1.8)	7.51m(0.2)	7.11m(-1.8)	FOUL	6.14m(1.4)	7.09m(-1.7)				
2 Heald, Slade	FR	Minnesota State	7.42m	1.2	24-04.25	3	8		
7.42m(1.2)	7.22m(0.7)	7.03m(-3.1)	7.04m(0.5)	FOUL	6.99m(-0.1)				
3 Woelber, Tyl	JR	Augustana (S.D.)	7.39m	2.8	24-03.00	3	6		
7.26m(1.2)	FOUL	FOUL	7.39m(2.8)	FOUL	7.22m(-0.3)				
4 Kemp, Shyrone	JR	Msu-Moorhead	7.35m	-1.0	24-01.50	3	5		
6.87m(0.1)	7.10m(-1.7)	FOUL	FOUL	FOUL	7.35m(-1.0)				
5 Moeller, Logan	FR	Wayne State (Neb.)	7.24m	1.0	23-09.00	3	4		
7.24m(1.0)	7.20m(0.3)	6.95m(0.4)	7.14m(0.1)	FOUL					
6 Kath, Caleb	SR	Minnesota State	7.14m	-0.4	23-05.25	3	3		
6.98m(0.2)	FOUL	7.14m(-0.4)	6.79m(-3.3)	FOUL	FOUL				
7 Sikel, Jonathan	FR	Augustana (S.D.)	7.10m	1.5	23-03.50	3	2		
FOUL	7.10m(1.5)	FOUL	FOUL	FOUL	6.83m(1.8)				
8 Durnin, Nick	JR	Minnesota State	7.02m	-0.1	23-00.50	3	1		
6.44m(-2.6)	6.98m(1.5)	6.48m(-2.3)	6.50m(2.0)	7.02m(-0.1)	7.00m(-1.6)				
9 Johnson, Andrew	SR	Concordia-St. Paul	6.99m	-4.3	22-11.25	3			
FOUL	FOUL	6.99m(-4.3)	FOUL	FOUL	FOUL				
10 Johnson, Braden	FR	Wayne State (Neb.)	6.87m	0.1	22-06.50	2			
6.87m(0.1)	FOUL	6.29m(-0.1)							
11 Von Wald, Hayden	SO	U-Mary	6.82m	0.3	22-04.50	2			
6.82m(0.3)	6.81m(1.2)	FOUL							
12 Nelson, Isaiah	SR	SW Minnesota St.	6.80m	0.6	22-03.75	2			
6.80m(0.6)	6.69m(1.0)	6.61m(-0.8)							
13 Rogers, Cody	SO	Wayne State (Neb.)	6.78m	-0.8	22-03.00	2			
6.73m(+0.0)	6.78m(-0.8)	FOUL							
14 Lear, Nathan	FR	SW Minnesota St.	6.77m	0.1	22-02.50	2			
6.77m(0.1)	6.44m(-0.8)	6.45m(0.4)							
15 Hobson, Jaylen	JR	Upper Iowa	6.73m	1.1	22-01.00	2			
FOUL	FOUL	6.73m(1.1)							
16 Kneifl, Dylan	SO	Wayne State (Neb.)	6.71m	1.1	22-00.25	2			
6.45m(0.4)	6.44m(-2.2)	6.71m(1.1)							
17 Mangwiwo, Takudzwa	SO	Minnesota State	6.63m	0.3	21-09.00	1			
FOUL	FOUL	6.63m(0.3)							
18 Kandolo, Junior	SO	SW Minnesota St.	6.61m	0.5	21-08.25	2			
6.61m(0.5)	6.47m(1.2)	6.53m(-0.7)							
19 Daniels, David	FR	Msu-Moorhead	6.59m	1.9	21-07.50	1			
FOUL	FOUL	6.59m(1.9)							

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....Men Long Jump

20	Hunt, Avery	SR Minnesota-Duluth	6.58m	-0.3	21-07.25	2
	6.58m(-0.3) 6.28m(-3.3) 6.36m(-0.2)					
21	DuVall, David	FR SW Minnesota St.	6.55m	0.2	21-06.00	1
	FOUL 6.55m(0.2) FOUL					
22	Bittenbender, Austin	SR Upper Iowa	6.52m	0.8	21-04.75	1
	6.52m(0.8) 6.34m(0.4) 5.48m(1.6)					
23	Hood, Darrian	SO Northern State	6.48m	0.2	21-03.25	1
	6.48m(0.2) 6.14m(3.0) 6.31m(-1.9)					
24	Oberleitner, Luke	FR Minnesota-Duluth	6.42m	+0.0	21-00.75	1
	FOUL 6.42m(+0.0) FOUL					
25	Cacho, Kyle	JR U-Mary	6.28m	0.4	20-07.25	1
	6.28m(0.4) 6.15m(1.9) FOUL					
26	Bateman, Kaitano	FR Upper Iowa	6.20m	2.9	20-04.25	1
	6.20m(2.9) 6.02m(3.1) 6.05m(-0.1)					
27	Richards, Isaiah	JR U-Mary	6.09m	-0.2	19-11.75	1
	FOUL FOUL 6.09m(-0.2)					

Men Triple Jump

NSIC Record: R 15.95m 2017 Michael Sandle, Minnesota State

Name	Year	School	Finals	Wind	H#	Points
1 Kemp, Shyrone	JR	Msu-Moorhead	15.00m	3.5	49-02.50	2 10
	15.00m(3.5) FOUL	FOUL 14.54m(-0.1) PASS			14.11m(-2.7)	
2 Woelber, Tyl	JR	Augustana (S.D.)	14.57m	0.2	47-09.75	1 8
	12.90m(+0.0) 14.57m(0.2) FOUL	FOUL FOUL FOUL			14.23m(-3.9)	
3 Moeller, Logan	FR	Wayne State (Neb.)	14.53m	-2.2	47-08.00	2 6
	14.53m(-2.2) FOUL	14.06m(-2.6) 14.28m(0.9) FOUL			14.26m(-2.8)	
4 Cook, Chris	SR	Msu-Moorhead	14.50m	1.0	47-07.00	1 5
	14.50m(1.0) FOUL	FOUL 14.28m(-1.9) 14.37m(-0.4) FOUL				
5 Nelson, Isaiah	SR	SW Minnesota St.	14.34m	0.2	47-00.75	2 4
	FOUL 14.07m(-1.5) 13.66m(-2.7) FOUL	14.34m(0.2) 13.71m(-6.1)				
6 Davis, Astley	SO	U-Mary	14.31m	+0.0	46-11.50	1 3
	13.49m(-2.5) 13.74m(-2.3) 14.31m(+0.0) 14.04m(-0.9) FOUL				13.92m(-0.9)	
7 Hobson, Jaylen	JR	Upper Iowa	14.21m	+0.0	46-07.50	2 2
	13.41m(-0.9) FOUL	13.90m(-0.4) 13.41m(-2.6) 13.93m(9.0) 14.21m(+0.0)				
8 Ukaobasi, Onyekachi	SO	Minnesota State	14.07m	1.2	46-02.00	2 1
	FOUL 14.07m(-1.3) FOUL	14.07m(1.2) 14.04m(-1.8) 13.95m(-0.9)				
9 Davis, Aaron	JR	U-Mary	13.93m	0.1	45-08.50	2
	13.83m(-2.9) 13.93m(0.1) 13.36m(-3.2) FOUL	12.89m(-1.3) 13.56m(-0.3)				
10 Rogers, Cody	SO	Wayne State (Neb.)	13.85m	-1.6	45-05.25	1
	13.85m(-1.6) 13.68m(-2.7) 13.78m(-2.8)					
11 Bateman, Kaitano	FR	Upper Iowa	13.73m	0.4	45-00.50	2
	13.73m(0.4) 13.61m(-1.1) FOUL					
12 Mhende, Sean	FR	Northern State	13.72m	-2.9	45-00.25	2
	FOUL 13.72m(-2.9) 12.55m(-2.8)					
13 Hunt, Avery	SR	Minnesota-Duluth	13.67m	-1.3	44-10.25	1
	13.28m(-0.7) 13.42m(-2.7) 13.67m(-1.3)					
14 Clayton, Connor	SO	Augustana (S.D.)	13.65m	-0.7	44-09.50	2
	13.65m(-0.7) 13.44m(-1.5) 13.59m(-0.3)					
15 Caines, Mathew	JR	Minnesota-Duluth	13.54m	-3.7	44-05.25	2
	12.90m(+0.0) 13.54m(-3.7) 13.49m(-1.8)					
16 Brown, Alex	FR	U-Mary	13.37m	-1.4	43-10.50	1
	12.99m(-1.5) 13.37m(-1.4) 13.34m(-2.3)					

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....Men Triple Jump

17 Hood, Darrian	SO Northern State	13.06m	-1.9	42-10.25	1
12.86m(-2.8) 12.81m(-1.0) 13.06m(-1.9)					
18 Hatler, Jesse	SR U-Mary	13.00m	-6.1	42-08.00	1
FOUL 13.00m(-6.1) FOUL					
19 Larson, Kade	FR Msu-Moorhead	12.99m	-1.3	42-07.50	1
12.70m(-1.4) 12.93m(-0.8) 12.99m(-1.3)					
20 Von Wald, Hayden	SO U-Mary	12.48m	1.5	40-11.50	1
FOUL FOUL 12.48m(1.5)					
21 Richards, Isaiah	JR U-Mary	12.31m	-1.1	40-04.75	1
12.31m(-1.1) FOUL FOUL					

Men Shot Put

=====									
NSIC Record: R 18.98m 2013 Chris Reed, Minnesota State									
Name	Year	School	Finals		H#	Points			
=====									
1 Orzolek, Steven	JR	Minnesota State	17.84m	58-06.50	3	10			
16.61m 17.15m FOUL 15.69m FOUL 17.84m									
2 Hiatt, Tyler	FR	Sioux Falls	17.59m	57-08.50	3	8			
16.57m 16.65m 17.46m FOUL 17.59m FOUL									
3 Berg, Tanner	SR	Northern State	16.58m	54-04.75	3	6			
16.58m FOUL 16.43m FOUL FOUL FOUL									
4 Kucera, Tommy	SO	Minnesota State	16.19m	53-01.50	3	5			
15.47m 15.32m 15.56m FOUL 16.19m FOUL									
5 Naba, Bedale	SR	Minnesota State	15.39m	50-06.00	3	4			
15.39m 14.48m FOUL FOUL FOUL FOUL									
6 Elge, Daniel	FR	Wayne State (Neb.)	15.17m	49-09.25	3	3			
14.57m FOUL 14.84m FOUL 14.76m 15.17m									
7 Harris, Corbin	SO	Minot State	14.71m	48-03.25	3	2			
14.71m 14.05m 14.18m 14.68m FOUL FOUL									
8 Kostynick, Colton	SO	Minnesota-Duluth	14.71m	48-03.25	3	1			
14.66m FOUL 14.31m 14.48m FOUL 14.71m									
9 Bicek, Eli	SO	Minnesota-Duluth	14.35m	47-01.00	2				
13.65m 12.92m 14.35m FOUL FOUL FOUL									
10 Kreins, Samuel	JR	Minot State	14.25m	46-09.00	2				
13.67m 14.25m FOUL									
11 Nolan, Jordan	SO	Msu-Moorhead	14.22m	46-08.00	2				
14.22m FOUL FOUL									
12 Barnett, Ethan	FR	Northern State	14.19m	46-06.75	1				
FOUL 13.20m 14.19m									
13 Rasmussen, Brendon	FR	SW Minnesota St.	14.02m	46-00.00	2				
13.91m 13.96m 14.02m									
14 Wolkow, Jaymeson	JR	Sioux Falls	13.99m	45-10.75	2				
12.75m 13.99m 13.97m									
15 Picazo, CJ	SO	Concordia-St. Paul	13.96m	45-09.75	3				
13.69m 13.96m FOUL									
16 Haugen, Trey	FR	U-Mary	13.92m	45-08.00	1				
12.60m 13.92m 13.82m									
17 Davito, Dawson	SO	Sioux Falls	13.70m	44-11.50	2				
13.70m 13.46m FOUL									
18 Quinn, Hunter	SR	Concordia-St. Paul	13.64m	44-09.00	1				
12.89m 13.64m 13.58m									
19 Nebelung, Tyler	FR	SW Minnesota St.	13.32m	43-08.50	2				
13.22m 13.32m 13.28m									

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....Men Shot Put

20	Oie, Ben	JR Msu-Moorhead	13.14m	43-01.50	2
	13.14m FOUL FOUL				
21	Cook, Colton	SO Msu-Moorhead	12.96m	42-06.25	1
	FOUL 12.96m FOUL				
22	Swedzinski, Carl	SO SW Minnesota St.	12.81m	42-00.50	2
	12.32m 12.81m FOUL				
23	Olson, Nick	SO Northern State	12.64m	41-05.75	1
	12.61m 12.64m FOUL				
24	Stutzman, Brody	FR Wayne State (Neb.)	12.26m	40-02.75	1
	11.74m FOUL 12.26m				
25	Anderson, Oliver	FR Minnesota State	11.88m	38-11.75	1
	11.88m FOUL 11.81m				
--	Nelson, Leif	SO Minot State	FOUL		2
	FOUL FOUL FOUL				
--	Larson, Keegan	JR Concordia-St. Paul	FOUL		1
	FOUL FOUL FOUL				
--	Hagan, Patrick	SR Sioux Falls	FOUL		1
	FOUL FOUL FOUL				
--	Bauman, Brady	FR Northern State	FOUL		1
	FOUL FOUL FOUL				

Men Discus Throw

 NSIC Record: R 56.26m 5/15/2021 Marcus Gustaveson, Concordia-St

Name	Year School	Finals	H#	Points

1 Aguilera, Carter	SO Minnesota State	55.72m	182-10	3 10
	55.72m FOUL 45.42m FOUL 53.86m FOUL			
2 Hiatt, Tyler	FR Sioux Falls	55.13m	180-10	3 8
	49.79m 48.17m FOUL 55.13m 52.31m FOUL			
3 Picazo, CJ	SO Concordia-St. Paul	51.53m	169-01	3 6
	49.13m 46.94m FOUL FOUL 51.53m FOUL			
4 Kostynick, Colton	SO Minnesota-Duluth	51.32m	168-04	3 5
	FOUL 50.59m FOUL FOUL 51.32m 49.54m			
5 Anderson, Oliver	FR Minnesota State	51.20m	168-00	3 4
	43.69m 50.03m 47.86m 46.29m 51.20m FOUL			
6 Naba, Bedale	SR Minnesota State	50.25m	164-10	3 3
	36.83m 47.58m 49.00m 50.25m FOUL 45.73m			
7 Larson, Keegan	JR Concordia-St. Paul	48.31m	158-06	2 2
	48.26m FOUL 47.17m FOUL 48.31m FOUL			
8 Nebelung, Tyler	FR SW Minnesota St.	47.99m	157-05	2 1
	40.10m 42.64m 47.99m 41.96m 46.32m 45.40m			
9 Berg, Tanner	SR Northern State	47.67m	156-05	3
	FOUL 47.67m FOUL FOUL 44.18m FOUL			
10 Quinn, Hunter	SR Concordia-St. Paul	47.45m	155-08	2
	44.99m 47.45m 46.58m			
11 Nelson, Leif	SO Minot State	46.81m	153-07	3
	46.81m FOUL FOUL			
12 Fritsch, Grant	JR Wayne State (Neb.)	46.54m	152-08	2
	FOUL 46.54m 42.87m			
13 Bicek, Eli	SO Minnesota-Duluth	46.42m	152-03	1
	46.42m 38.68m FOUL			
14 Hagan, Patrick	SR Sioux Falls	46.28m	151-10	3
	FOUL 39.30m 46.28m			

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....Men Discus Throw

15	Oie, Ben	JR	Msu-Moorhead	46.22m	151-08	1
	FOUL FOUL 46.22m					
16	Wolkow, Jaymeson	JR	Sioux Falls	45.40m	148-11	2
	FOUL 45.40m FOUL					
17	Mundfrom, Eben	JR	Concordia-St. Paul	45.37m	148-10	2
	FOUL 45.37m 45.35m					
18	Rex, Marek	SO	Sioux Falls	44.09m	144-08	2
	43.48m 44.09m 42.09m					
19	Rasmussen, Brendon	FR	SW Minnesota St.	44.03m	144-05	1
	42.05m FOUL 44.03m					
20	Anvid, Deekon	FR	SW Minnesota St.	43.51m	142-09	3
	40.61m 43.51m FOUL					
21	Nolan, Jordan	SO	Msu-Moorhead	43.13m	141-06	2
	FOUL FOUL 43.13m					
22	Hausmann, Carson	JR	Sioux Falls	42.44m	139-03	1
	32.68m 42.44m FOUL					
23	Anderson, McCaden	FR	Northern State	42.29m	138-09	1
	FOUL 42.29m FOUL					
24	Hardy, Paul	FR	Minot State	41.35m	135-08	1
	40.13m 36.15m 41.35m					
25	Clark, Hunter	SO	Minot State	41.34m	135-07	1
	FOUL 41.34m FOUL					
26	Holt, Austin	FR	Northern State	40.97m	134-05	2
	FOUL 39.64m 40.97m					
27	Harris, Corbin	SO	Minot State	40.05m	131-05	1
	39.39m 40.05m 39.85m					
28	Olson, Nick	SO	Northern State	39.87m	130-10	2
	39.87m FOUL FOUL					
29	Kucera, Tommy	SO	Minnesota State	39.50m	129-07	1
	39.50m FOUL FOUL					
--	Kemp, Joshua	JR	SW Minnesota St.	FOUL		1
	FOUL FOUL FOUL					

Men Hammer Throw

=====							
NSIC Record: R 65.81m 2014 Chris Reed, Minnesota State							
Name	Year	School	Finals	H#	Points		
=====							
1	Berg, Tanner	SR	Northern State	64.27m	210-10	3	10
	63.99m FOUL FOUL FOUL		64.27m FOUL				
2	Christoffersen, Cole	SR	Wayne State (Neb.)	57.75m	189-06	3	8
	54.20m 57.75m 54.70m		57.67m 57.12m 57.75m				
3	Mundfrom, Eben	JR	Concordia-St. Paul	55.28m	181-04	3	6
	47.32m 55.28m 54.74m		FOUL FOUL 55.01m				
4	Anderson, McCaden	FR	Northern State	51.06m	167-06	2	5
	FOUL 46.78m 51.06m		47.88m 47.46m 51.04m				
5	Bicek, Eli	SO	Minnesota-Duluth	49.94m	163-10	3	4
	FOUL 45.88m 49.94m		49.72m 48.10m 49.85m				
6	Olson, Nick	SO	Northern State	49.56m	162-07	3	3
	48.24m 47.57m 49.56m		48.99m FOUL 46.77m				
7	Kucera, Tommy	SO	Minnesota State	49.03m	160-10	2	2
	41.43m FOUL 49.03m		FOUL FOUL 46.20m				
8	Shaner, Zachary	FR	Minnesota State	48.20m	158-02	2	1
	45.07m 47.54m 48.20m		46.05m 46.09m 45.84m				

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....Men Hammer Throw

9	Naba, Bedale	SR Minnesota State	48.12m	157-10	2
	46.80m 47.15m 48.12m 47.42m 47.55m FOUL				
10	Swedzinski, Carl	SO SW Minnesota St.	47.57m	156-01	2
	47.57m 46.11m FOUL				
11	Sindelar, Wyatt	FR Wayne State (Neb.)	47.42m	155-07	1
	44.62m 45.01m 47.42m				
12	Wolkow, Jaymeson	JR Sioux Falls	47.20m	154-10	3
	45.05m 47.20m FOUL				
13	Aguilera, Carter	SO Minnesota State	47.20m	154-10	3
	44.96m 47.20m FOUL				
14	Fritsch, Grant	JR Wayne State (Neb.)	46.80m	153-06	2
	46.80m FOUL FOUL				
15	Orzolek, Steven	JR Minnesota State	45.56m	149-06	2
	41.86m 42.41m 45.56m				
16	Hagan, Patrick	SR Sioux Falls	45.42m	149-00	2
	45.42m FOUL FOUL				
17	Kreins, Samuel	JR Minot State	45.19m	148-03	2
	45.19m FOUL 44.39m				
18	Quinn, Hunter	SR Concordia-St. Paul	44.40m	145-08	3
	44.40m FOUL FOUL				
19	Harris, Corbin	SO Minot State	43.74m	143-06	1
	41.76m 43.74m 42.25m				
20	Clark, Hunter	SO Minot State	43.19m	141-08	2
	43.19m FOUL FOUL				
21	Rex, Marek	SO Sioux Falls	42.88m	140-08	1
	41.00m 41.47m 42.88m				
22	Lorenz, Bennett	JR Wayne State (Neb.)	42.79m	140-05	1
	41.51m FOUL 42.79m				
23	Hiatt, Tyler	FR Sioux Falls	42.52m	139-06	1
	41.04m FOUL 42.52m				
24	Cook, Colton	SO Msu-Moorhead	40.31m	132-03	1
	38.81m FOUL 40.31m				
25	Larson, Keegan	JR Concordia-St. Paul	39.83m	130-08	1
	39.83m FOUL FOUL				
26	Anvid, Deekon	FR SW Minnesota St.	36.89m	121-00	1
	FOUL 36.89m FOUL				
--	Elge, Daniel	FR Wayne State (Neb.)	FOUL		1
	FOUL FOUL FOUL				
--	Stutzman, Brody	FR Wayne State (Neb.)	FOUL		1
	FOUL FOUL FOUL				
--	Hudson, Nick	JR Minnesota State	SCR		3

Men Javelin Throw

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NSIC Record: R 65.86m 5/11/1992 Jim Anderson, MSU Moorhead

Name	Year School	Finals	H#	Points
1 Wu, Kevin	SR Minnesota State	62.92m	206-05	2 10
	FOUL 60.68m 62.92m 55.71m 62.87m 60.73m			
2 Woelber, Tyl	JR Augustana (S.D.)	59.43m	195-00	2 8
	59.43m 58.91m FOUL 48.81m 55.39m FOUL			
3 Nelson, Leif	SO Minot State	58.23m	191-00	2 6
	55.79m 55.04m FOUL 52.83m 55.58m 58.23m			

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....Men Javelin Throw

4	Kovash, Dillan	JR U-Mary	56.21m	184-05	2	5
	41.68m 48.30m 51.69m	46.87m 53.06m 56.21m				
5	Decker, Denver	FR Sioux Falls	50.17m	164-07	1	4
	37.21m 45.24m 38.49m	44.03m 44.39m 50.17m				
6	Brandt, Alex	FR Wayne State (Neb.)	48.45m	158-11	2	3
	46.28m 44.96m 41.58m	46.45m 41.03m 48.45m				
7	Bittenbender, Austin	SR Upper Iowa	46.94m	154-00	2	2
	44.14m 46.52m 42.41m	46.42m 46.94m FOUL				
8	Davis, Aaron	JR U-Mary	45.49m	149-03	2	1
	45.30m 45.49m 43.54m	FOUL 40.41m 45.43m				
9	Nelson, Isaiah	SR SW Minnesota St.	45.28m	148-07	1	
	45.28m 41.49m 40.50m	44.22m FOUL FOUL				
10	Conrad, Macklin	SR Upper Iowa	44.26m	145-02	2	
	44.26m 43.21m 40.93m					
11	Hunt, Avery	SR Minnesota-Duluth	43.98m	144-03	1	
	FOUL 41.73m 43.98m					
12	Feist, Cullen	SO Concordia-St. Paul	43.48m	142-08	1	
	43.48m 39.39m 43.10m					
13	Gallegos, Diego	FR Northern State	42.43m	139-02	1	
	41.33m 42.43m 39.96m					
14	Rex, Marek	SO Sioux Falls	42.26m	138-08	1	
	42.26m FOUL FOUL					
15	Durnin, Nick	JR Minnesota State	42.21m	138-06	2	
	38.85m 40.66m 42.21m					
16	Lilly, Noah	SR Wayne State (Neb.)	41.35m	135-08	1	
	38.34m 41.13m 41.35m					
17	Lear, Nathan	FR SW Minnesota St.	39.82m	130-08	1	
	39.71m 39.82m 37.88m					
18	Hausmann, Carson	JR Sioux Falls	39.62m	130-00	1	
	39.62m FOUL 37.25m					
19	Holt, Austin	FR Northern State	34.20m	112-02	1	
	34.20m 31.89m 31.78m					

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year School	Finals	Wind	H#	Points
1 Erick, Calder	FR Concordia-St. Paul	11.13	0.5	2	832
2 Johnson, Arik	SR Concordia-St. Paul	11.39	0.7	1	776
3 Larson, Colby	FR Msu-Moorhead	11.51	0.5	2	750
4 Lilly, Noah	SR Wayne State (Neb.)	11.58	0.7	1	736
5 Brandt, Alex	FR Wayne State (Neb.)	11.70	0.7	1	711
6 Willis, Jackson	FR Northern State	11.71	0.5	2	709
7 Hauver, Josh	SO Concordia-St. Paul	11.77	0.5	2	697
8 Enders, Peyton	SO Concordia-St. Paul	11.95	0.7	1	661
9 Kucera, Kyle	SO Minnesota-Duluth	11.97	0.7	1	657
10 Dilly, Blain	SO SW Minnesota St.	12.04	0.5	2	643
11 Juengst, Sean	FR Northern State	12.09	0.5	2	633
12 Stevenson, Malakhi	FR U-Mary	12.35	0.5	2	584
13 Bittenbender, Austin	SR Upper Iowa	12.38	0.7	1	578
-- Tordsen, Jakob	SR Concordia-St. Paul	SCR	0.5	2	

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022**Timing and Results by Hero's Timing****Northern State University****Results****Decathlon: #5 Men 400 Meter Dash Decathlon**

Name	Year	School	Finals	H#	Points
1 Erick, Calder	FR	Concordia-St. Paul	52.24	2	714
2 Bittenbender, Austin	SR	Upper Iowa	52.33	1	710
3 Hauver, Josh	SO	Concordia-St. Paul	53.34	1	667
4 Willis, Jackson	FR	Northern State	53.65	2	654
5 Johnson, Arik	SR	Concordia-St. Paul	53.89	2	644
6 Brandt, Alex	FR	Wayne State (Neb.)	54.45	2	621
7 Juengst, Sean	FR	Northern State	54.47	1	620
8 Kucera, Kyle	SO	Minnesota-Duluth	54.52	2	618
9 Lilly, Noah	SR	Wayne State (Neb.)	54.54	2	617
10 Enders, Peyton	SO	Concordia-St. Paul	54.79	1	607
11 Larson, Colby	FR	Msu-Moorhead	55.13	1	594
12 Stevenson, Malakhi	FR	U-Mary	56.17	1	553
13 Dilly, Blain	SO	SW Minnesota St.	56.62	2	535
-- Tordsen, Jakob	SR	Concordia-St. Paul	SCR	2	

Decathlon: #10 Men 1500 Meter Dash Decathlon

Name	Year	School	Finals	Points
1 Enders, Peyton	SO	Concordia-St. Paul	4:39.05	686
2 Willis, Jackson	FR	Northern State	4:48.01	631
3 Juengst, Sean	FR	Northern State	4:49.85	620
4 Stevenson, Malakhi	FR	U-Mary	4:58.70	567
5 Brandt, Alex	FR	Wayne State (Neb.)	5:02.83	544
6 Lilly, Noah	SR	Wayne State (Neb.)	5:04.01	537
7 Larson, Colby	FR	Msu-Moorhead	5:07.91	515
8 Kucera, Kyle	SO	Minnesota-Duluth	5:09.43	507
9 Bittenbender, Austin	SR	Upper Iowa	5:10.49	501
10 Erick, Calder	FR	Concordia-St. Paul	5:12.82	488
11 Johnson, Arik	SR	Concordia-St. Paul	5:20.77	446
12 Hauver, Josh	SO	Concordia-St. Paul	5:24.32	428
13 Dilly, Blain	SO	SW Minnesota St.	6:09.92	225
-- Tordsen, Jakob	SR	Concordia-St. Paul	SCR	

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year	School	Finals	Wind	H#	Points
1 Erick, Calder	FR	Concordia-St. Paul	15.30	5.5	4	814
2 Brandt, Alex	FR	Wayne State (Neb.)	15.75	7.5	3	761
3 Johnson, Arik	SR	Concordia-St. Paul	15.92	5.5	4	742
4 Lilly, Noah	SR	Wayne State (Neb.)	15.96	5.5	4	737
5 Stevenson, Malakhi	FR	U-Mary	16.67	7.5	3	659
6 Hauver, Josh	SO	Concordia-St. Paul	17.08	5.0	2	616
7 Willis, Jackson	FR	Northern State	17.37	5.0	2	586
8 Larson, Colby	FR	Msu-Moorhead	17.50	4.3	1	573
9 Enders, Peyton	SO	Concordia-St. Paul	17.52	7.5	3	571
10 Kucera, Kyle	SO	Minnesota-Duluth	17.78	5.0	2	545
11 Bittenbender, Austin	SR	Upper Iowa	18.14	4.3	1	511
12 Juengst, Sean	FR	Northern State	18.25	4.3	1	500
13 Dilly, Blain	SO	SW Minnesota St.	21.89	7.5	3	215
-- Tordsen, Jakob	SR	Concordia-St. Paul	SCR	5.5	4	

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Decathlon: #4 Men High Jump Decathlon

Name	Year	School	Finals										H#	Points						
1 Brandt, Alex	FR	Wayne State (Neb.)	1.94m	6-04.25	2	749														
	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91	1.94	1.97		
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	0	0	0	0	0	0	0	0	0	0	0	XXX
2 Lilly, Noah	SR	Wayne State (Neb.)	1.88m	6-02.00	1	696														
	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91				
	PPP	PPP	PPP	PPP	PPP	PPP	0	PPP	0	0	XO	0	XO	0	XO	XXX				
3 Juengst, Sean	FR	Northern State	1.82m	5-11.50	2	644														
	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82	1.85						
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	0	0	0	XXO	XXO	XXX						
4 Willis, Jackson	FR	Northern State	1.79m	5-10.50	2	619														
	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82							
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XXO	0	XO	XO	XXX							
4 Stevenson, Malakhi	FR	U-Mary	1.79m	5-10.50	2	619														
	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82							
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	0	XO	XO	0	XXX							
4 Larson, Colby	FR	Msu-Moorhead	1.79m	5-10.50	2	619														
	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82							
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XXO	0	XO	XXO	0	XXX							
7 Johnson, Arik	SR	Concordia-St. Paul	1.76m	5-09.25	2	593														
	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79								
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	0	0	0	XXX								
7 Enders, Peyton	SO	Concordia-St. Paul	1.76m	5-09.25	1	593														
	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79								
	PPP	PPP	PPP	PPP	PPP	PPP	0	0	0	0	XXO	XXX								
7 Bittenbender, Austin	SR	Upper Iowa	1.76m	5-09.25	1	593														
	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79								
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XXO	XO	XO	XXX								
10 Dilly, Blain	SO	SW Minnesota St.	1.73m	5-08.00	1	569														
	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76									
	PPP	PPP	XO	PPP	0	0	0	0	0	XXO	XXX									
11 Kucera, Kyle	SO	Minnesota-Duluth	1.67m	5-05.75	1	520														
	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70											
	PPP	PPP	PPP	PPP	0	XO	0	XXO	XXX											
11 Hauver, Josh	SO	Concordia-St. Paul	1.67m	5-05.75	1	520														
	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70											
	PPP	PPP	PPP	PPP	0	0	0	0	XXX											
11 Erick, Calder	FR	Concordia-St. Paul	1.67m	5-05.75	1	520														
	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70											
	PPP	PPP	PPP	PPP	PPP	PPP	0	0	XXX											

Decathlon: #8 Men Pole Vault Decathlon

Name	Year	School	Finals		Points					
1 Lilly, Noah	SR	Wayne State (Neb.)	4.48m	14-08.25	754					
	3.68	3.78	3.88	3.98	4.08	4.18	4.28	4.38	4.48	4.58
	0	P	0	P	XO	XO	XO	0	XO	XXX
2 Kucera, Kyle	SO	Minnesota-Duluth	4.08m	13-04.50	640					
	3.68	3.78	3.88	3.98	4.08	4.18				
	0	P	0	0	XO	XXX				

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....Decathlon: #8 Men Pole Vault Decathlon

3	Johnson, Arik	SR Concordia-St. Paul	3.88m	12-08.75	584
	3.48 3.58 3.68 3.78 3.88 3.98				
	0 0 0 XO XO XXX				
4	Willis, Jackson	FR Northern State	3.78m	12-04.75	557
	3.28 3.38 3.48 3.58 3.68 3.78 3.88				
	XO 0 0 0 0 0 XXX				
5	Hauver, Josh	SO Concordia-St. Paul	3.68m	12-00.75	530
	3.38 3.48 3.58 3.68 3.78				
	0 0 0 0 XXX				
6	Juengst, Sean	FR Northern State	3.48m	11-05.00	477
	2.98 3.08 3.18 3.28 3.38 3.48 3.58				
	0 0 0 0 0 XO XXX				
7	Enders, Peyton	SO Concordia-St. Paul	3.38m	11-01.00	451
	2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48				
	0 XO 0 0 0 0 0 XXX				
7	Brandt, Alex	FR Wayne State (Neb.)	3.38m	11-01.00	451
	2.58 2.88 2.98 3.08 3.18 3.28 3.38 3.48				
	0 0 0 0 0 0 0 XXX				
9	Stevenson, Malakhi	FR U-Mary	3.28m	10-09.00	426
	2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38				
	0 P 0 0 0 0 XXO 0 XXX				
10	Larson, Colby	FR Msu-Moorhead	3.08m	10-01.25	376
	2.98 3.08 3.18				
	0 0 XXX				
11	Dilly, Blain	SO SW Minnesota St.	2.98m	9-09.25	352
	2.38 2.48 2.58 2.68 2.78 2.88 2.98 3.08				
	0 P 0 P 0 P XXO XXX				
12	Bittenbender, Austin	SR Upper Iowa	2.78m	9-01.50	305
	2.38 2.48 2.58 2.68 2.78 2.88				
	0 P 0 XXO 0 XXX				
--	Erick, Calder	FR Concordia-St. Paul	NH		
	3.68				
	XXX				

Decathlon: #2 Men Long Jump Decathlon

=====							
Name	Year	School	Finals	Wind		Points	
=====							
1	Willis, Jackson	FR Northern State	6.73m	0.2	22-01.00	750	
	6.73m(0.2) 6.57m(0.5) 6.54m(1.1)						
2	Erick, Calder	FR Concordia-St. Paul	6.61m	+0.0	21-08.25	723	
	6.61m(+0.0) 6.42m(+0.0) 6.45m(+0.0)						
3	Stevenson, Malakhi	FR U-Mary	6.33m	+0.0	20-09.25	659	
	5.98m(+0.0) 6.17m(0.1) 6.33m(+0.0)						
4	Brandt, Alex	FR Wayne State (Neb.)	6.32m	+0.0	20-09.00	657	
	6.32m(+0.0) 6.32m(0.5) 6.27m(0.1)						
5	Lilly, Noah	SR Wayne State (Neb.)	6.27m	+0.0	20-07.00	646	
	6.09m(0.9) 6.27m(+0.0) FOUL						
6	Enders, Peyton	SO Concordia-St. Paul	6.08m	0.4	19-11.50	604	
	5.80m(+0.0) 5.84m(0.9) 6.08m(0.4)						
6	Bittenbender, Austin	SR Upper Iowa	6.08m	+0.0	19-11.50	604	
	6.08m(+0.0) 6.05m(0.6) PASS						
8	Johnson, Arik	SR Concordia-St. Paul	6.07m	0.7	19-11.00	602	
	6.00m(+0.0) 6.07m(0.7) 5.91m(0.2)						

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Timing and Results by Hero's Timing

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....Decathlon: #2 Men Long Jump Decathlon

9	Larson, Colby	FR Msu-Moorhead	6.05m	+0.0	19-10.25	597
	5.98m(0.2) FOUL	6.05m(+0.0)				
10	Dilly, Blain	SO SW Minnesota St.	6.01m	+0.0	19-08.75	589
	FOUL 5.74m(+0.0)	6.01m(+0.0)				
11	Hauver, Josh	SO Concordia-St. Paul	5.98m	0.7	19-07.50	582
	5.68m(0.3) 5.78m(1.1)	5.98m(0.7)				
12	Juengst, Sean	FR Northern State	5.70m	0.2	18-08.50	523
	5.64m(+0.0) 5.64m(0.4)	5.70m(0.2)				
13	Kucera, Kyle	SO Minnesota-Duluth	5.66m	+0.0	18-07.00	514
	5.50m(+0.0) 5.64m(0.3)	5.66m(+0.0)				

Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points
1 Bittenbender, Austin	SR Upper Iowa	11.58m 38-00.00	581
		11.55m FOUL 11.58m	
2 Erick, Calder	FR Concordia-St. Paul	11.51m 37-09.25	577
		11.18m 11.51m 11.17m	
3 Juengst, Sean	FR Northern State	10.31m 33-10.00	504
		FOUL 10.31m 9.72m	
4 Lilly, Noah	SR Wayne State (Neb.)	10.06m 33-00.25	489
		10.06m 10.02m 9.97m	
5 Willis, Jackson	FR Northern State	9.90m 32-05.75	480
		8.87m 9.90m 8.14m	
6 Kucera, Kyle	SO Minnesota-Duluth	9.69m 31-09.50	467
		8.41m 9.59m 9.69m	
6 Hauver, Josh	SO Concordia-St. Paul	9.69m 31-09.50	467
		9.59m 9.69m 9.44m	
8 Brandt, Alex	FR Wayne State (Neb.)	9.66m 31-08.50	465
		8.82m 9.66m FOUL	
9 Stevenson, Malakhi	FR U-Mary	9.58m 31-05.25	460
		9.58m 7.27m 8.33m	
10 Johnson, Arik	SR Concordia-St. Paul	9.16m 30-00.75	435
		FOUL 9.16m 8.96m	
11 Larson, Colby	FR Msu-Moorhead	8.84m 29-00.00	416
		8.84m 8.14m 8.81m	
12 Dilly, Blain	SO SW Minnesota St.	8.81m 28-11.00	414
		8.03m 8.57m 8.81m	
13 Enders, Peyton	SO Concordia-St. Paul	8.66m 28-05.00	406
		8.49m 8.39m 8.66m	

Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points
1 Stevenson, Malakhi	FR U-Mary	32.84m 107-09	521
		29.75m 32.84m FOUL	
2 Bittenbender, Austin	SR Upper Iowa	31.50m 103-04	494
		29.59m 28.24m 31.50m	
3 Erick, Calder	FR Concordia-St. Paul	29.37m 96-04	452
		29.37m 29.03m FOUL	
4 Juengst, Sean	FR Northern State	27.68m 90-10	419
		FOUL 27.68m 20.69m	

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....Decathlon: #7 Men Discus Throw Decathlon

5	Brandt, Alex	FR Wayne State (Neb.)	27.17m	89-02	409
	24.50m 27.17m FOUL				
6	Hauver, Josh	SO Concordia-St. Paul	26.10m	85-07	388
	18.76m 26.10m 21.52m				
7	Willis, Jackson	FR Northern State	24.64m	80-10	360
	18.80m 24.64m FOUL				
8	Lilly, Noah	SR Wayne State (Neb.)	23.13m	75-11	331
	FOUL 22.80m 23.13m				
9	Dilly, Blain	SO SW Minnesota St.	22.30m	73-02	315
	22.30m 17.55m FOUL				
10	Johnson, Arik	SR Concordia-St. Paul	22.24m	72-11	314
	FOUL 22.24m 18.80m				
11	Kucera, Kyle	SO Minnesota-Duluth	20.65m	67-09	284
	FOUL 17.48m 20.65m				
12	Enders, Peyton	SO Concordia-St. Paul	19.92m	65-04	271
	16.76m 16.08m 19.92m				
13	Larson, Colby	FR Msu-Moorhead	17.28m	56-08	222
	13.57m 14.07m 17.28m				

Decathlon: #9 Men Javelin Throw Decathlon

=====					
Name	Year	School	Finals		Points
=====					
1	Bittenbender, Austin	SR Upper Iowa	48.11m	157-10	561
	41.86m 39.51m 48.11m				
2	Erick, Calder	FR Concordia-St. Paul	45.44m	149-01	521
	45.44m 43.53m FOUL				
3	Brandt, Alex	FR Wayne State (Neb.)	44.63m	146-05	510
	40.54m 44.63m 43.19m				
4	Stevenson, Malakhi	FR U-Mary	43.01m	141-01	486
	FOUL 37.89m 43.01m				
5	Juengst, Sean	FR Northern State	42.85m	140-07	484
	42.85m 37.63m 39.04m				
6	Lilly, Noah	SR Wayne State (Neb.)	41.42m	135-11	463
	32.36m 41.42m 40.06m				
7	Kucera, Kyle	SO Minnesota-Duluth	38.08m	124-11	414
	38.08m 37.99m 37.31m				
8	Dilly, Blain	SO SW Minnesota St.	37.91m	124-04	412
	36.11m 34.66m 37.91m				
9	Willis, Jackson	FR Northern State	36.83m	120-10	396
	35.25m 36.83m 36.46m				
10	Johnson, Arik	SR Concordia-St. Paul	35.87m	117-08	383
	34.46m 35.87m 34.67m				
11	Enders, Peyton	SO Concordia-St. Paul	33.74m	110-08	352
	33.74m 28.17m 30.07m				
12	Larson, Colby	FR Msu-Moorhead	31.39m	103-00	319
	31.39m 30.59m 30.43m				
13	Hauver, Josh	SO Concordia-St. Paul	28.51m	93-06	278
	27.29m 28.39m 28.51m				

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Men Decathlon

 NSIC Record: R 7302 5/13/2021 Tyl Woelber, Augustana

Name	Year	School	Finals	H#	Points
1 Lilly, Noah	SR	Wayne State (Neb.)	6006		10
2 Brandt, Alex	FR	Wayne State (Neb.)	5878		8
3 Willis, Jackson	FR	Northern State	5742		6
4 Erick, Calder	FR	Concordia-St. Paul	5641		5
5 Stevenson, Malakhi	FR	U-Mary	5534		4
6 Johnson, Arik	SR	Concordia-St. Paul	5519		3
7 Bittenbender, Austin	SR	Upper Iowa	5438		2
8 Juengst, Sean	FR	Northern State	5424		1
9 Enders, Peyton	SO	Concordia-St. Paul	5202		
10 Hauver, Josh	SO	Concordia-St. Paul	5173		
11 Kucera, Kyle	SO	Minnesota-Duluth	5166		
12 Larson, Colby	FR	Msu-Moorhead	4981		
13 Dilly, Blain	SO	SW Minnesota St.	4269		

 Men - Team Rankings - 21 Events Scored

1) Minnesota State	214	2) Augustana (S.D.)	136
3) MSU-Moorhead	132	4) Northern State	73
5) Wayne State (Neb.)	54.50	6) U-Mary	50
7) Minnesota-Duluth	49.50	8) Sioux Falls	40
9) Concordia-St. Paul	30	10) Minot State	24
11) SW Minnesota St.	9	12) Upper Iowa	7

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022

Timing and Results by Hero's Timing

Northern State University

Results

Women 100 Meter Dash

NSIC Record: R 11.51 1983 Jeri Domes, Mankato State

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	Jackson, Makayla	SO Minnesota State	11.57Q	3.5	3
2	Cartwright, Denisha	SO Minnesota State	11.69Q	2.8	2
3	Simmons, Ja'Cey	SO Minnesota State	11.93Q	4.8	1
4	Pryor, Michaela	JR Winona State	11.91Q	2.8	2
5	Passeri, Arianna	JR U-Mary	12.04Q	3.5	3
6	Hall, Alaina	SO Bemidji State	12.06Q	4.8	1
7	Henderson, Kanya	JR Sioux Falls	12.20q	4.8	1
8	Pietz, Maddy	JR Winona State	12.25q	4.8	1
9	Neil, Samoya	FR U-Mary	12.30	2.8	2
10	Ekereke, Kendra	SO Bemidji State	12.32	3.5	3
11	Kur, Nyanas	FR Augustana (S.D.)	12.33	2.8	2
12	Espinoza, Nailea	FR Upper Iowa	12.39	3.5	3 12.382
13	Jones, Caitlyn	SO Minnesota State	12.39	2.8	2 12.386
14	Cotton, Sarah	JR Wayne State (Neb.)	12.56	3.5	3
15	Lewis, Makayla	FR Bemidji State	12.63	2.8	2
16	Kjelland, Beatrice	SR Bemidji State	12.65	3.5	3
17	Meyers, Natalie	JR Sioux Falls	12.69	4.8	1
18	Couch, Maya	FR Wayne State (Neb.)	12.70	2.8	2
19	Douglas, Shackera	FR Bemidji State	12.84	3.5	3
20	Miller, Ashley	JR Minot State	12.90	4.8	1

Women 100 Meter Dash

NSIC Record: R 11.51 1983 Jeri Domes, Mankato State

Name	Year	School	Finals	Wind	Points
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Finals

1	Jackson, Makayla	SO Minnesota State	11.43R	-0.1	10
2	Cartwright, Denisha	SO Minnesota State	11.68	-0.1	8
3	Simmons, Ja'Cey	SO Minnesota State	11.82	-0.1	6
4	Pryor, Michaela	JR Winona State	11.92	-0.1	5
5	Hall, Alaina	SO Bemidji State	12.23	-0.1	4
6	Pietz, Maddy	JR Winona State	12.24	-0.1	3
7	Henderson, Kanya	JR Sioux Falls	12.27	-0.1	2
8	Passeri, Arianna	JR U-Mary	12.35	-0.1	1

Women 200 Meter Dash

NSIC Record: R 23.70 5/13/2022 Denisha Cartwright, Minnesota St

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	Cartwright, Denisha	SO Minnesota State	R 23.70Q	-1.6	2
2	Jackson, Makayla	SO Minnesota State	23.96Q	1.6	3
3	Simmons, Ja'Cey	SO Minnesota State	24.32Q	1.0	1
4	Pryor, Michaela	JR Winona State	24.23Q	1.6	3
5	Cramer, Rose	SO Minnesota State	24.37Q	1.0	1
6	Kur, Nyanas	FR Augustana (S.D.)	24.82Q	-1.6	2
7	Rolle-Curry, Robynn	SO Msu-Moorhead	24.72q	1.0	1
8	Shirek, Isatu	SO SW Minnesota St.	25.01q	1.0	1

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....Women 200 Meter Dash

9	Pietz, Maddy	JR Winona State	25.13	-1.6	2
10	Stevens, Maddie	FR Upper Iowa	25.25	1.6	3
11	Lewis, Makayla	FR Bemidji State	25.26	-1.6	2
12	Neil, Samoya	FR U-Mary	25.38	1.0	1
13	Gaye, Rose	JR Minnesota State	25.46	-1.6	2
14	Lewis, Cece	SO Concordia-St. Paul	25.53	1.6	3
15	Cotton, Sarah	JR Wayne State (Neb.)	25.65	-1.6	2
16	Henderson, Kanya	JR Sioux Falls	25.86	1.6	3
17	Klink, Taytum	SO SW Minnesota St.	25.88	-1.6	2
18	Robins, Nyeaee	SO Minnesota State	25.94	1.6	3
19	Colvin, Dyashia	JR Minnesota State	26.06	1.0	1
20	White, Akela	SO Minnesota State	26.10	1.6	3
21	Fields, Carson	SR Minnesota State	26.23	1.0	1
22	Clifford, Sierra	FR SW Minnesota St.	26.42	1.0	1
--	Miller, Ashley	JR Minot State	SCR	1.6	3
--	Jones, Caitlyn	SO Minnesota State	SCR	-1.6	2

Women 200 Meter Dash

NSIC Record: R 23.70 5/13/2022 Denisha Cartwright, Minnesota St
 Name Year School Finals Wind Points

Finals

1	Jackson, Makayla	SO Minnesota State	23.56R	0.1	10
2	Cartwright, Denisha	SO Minnesota State	23.80	0.1	8
3	Pryor, Michaela	JR Winona State	24.06	0.1	6
4	Simmons, Ja'Cey	SO Minnesota State	24.47	0.1	5
5	Cramer, Rose	SO Minnesota State	24.91	0.1	4
6	Kur, Nyanas	FR Augustana (S.D.)	25.14	0.1	3
7	Rolle-Curry, Robynn	SO Msu-Moorhead	25.52	0.1	2
8	Shirek, Isatu	SO SW Minnesota St.	25.58	0.1	1

Women 400 Meter Dash

NSIC Record: R 54.40 2017 Megan Seidl, Winona State
 Name Year School Prelims H#

Preliminaries

1	Vallabouy, Shereen	JR Winona State	54.73Q	4
2	Rolle-Curry, Robynn	SO Msu-Moorhead	56.79Q	3
3	Stevens, Maddie	FR Upper Iowa	57.45Q	1
4	Grimm, Ava	SO U-Mary	58.56Q	2
5	Cramer, Rose	SO Minnesota State	58.20q	4
6	Gaye, Rose	JR Minnesota State	58.28q	3
7	Heinitz, Ella	FR Augustana (S.D.)	58.97q	4
8	Clifford, Sierra	FR SW Minnesota St.	59.01q	4
9	Peterson, Maia	FR Augustana (S.D.)	59.07	3
10	Acheson, Grace	SO U-Mary	59.09	2
11	Lewis, Cece	SO Concordia-St. Paul	59.12	1
12	Myers, Rachel	JR Bemidji State	59.16	1
13	Woodard, Mackenzie	SR Minnesota State	59.56	2
14	Colvin, Dyashia	JR Minnesota State	59.76	3
15	Robins, Nyeaee	SO Minnesota State	1:00.08	2
16	Mbenoun, Maryse	SR Bemidji State	1:00.53	1

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17	Kenkel, Emma	JR	Sioux Falls	1:01.08	1
18	Tillery, Skyler	SO	Bemidji State	1:01.14	4
19	Bennett, Jadyn	FR	Winona State	1:01.15	4
20	Mulder, Kaitlyn	JR	Augustana (S.D.)	1:01.16	3
21	Mayers, Holly	JR	Sioux Falls	1:01.69	2
22	Becker, Jayda	FR	Augustana (S.D.)	1:03.26	3
23	Guerra-Reese, Marianna	FR	St. Cloud State	1:03.76	1
24	Perry, Jaid	JR	Concordia-St. Paul	1:04.40	2
25	Jetensky, Marin	SR	Wayne State (Neb.)	1:07.91	4

Women 400 Meter Dash

=====
 NSIC Record: R 54.40 2017 Megan Seidl, Winona State
 Name Year School Finals Points
 =====

Finals

1	Vallabouy, Shereen	JR	Winona State	53.60R	10
2	Rolle-Curry, Robynn	SO	Msu-Moorhead	56.14	8
3	Cramer, Rose	SO	Minnesota State	56.53	6
4	Grimm, Ava	SO	U-Mary	57.32	5
5	Stevens, Maddie	FR	Upper Iowa	57.86	4
6	Heinitz, Ella	FR	Augustana (S.D.)	58.28	3
7	Clifford, Sierra	FR	SW Minnesota St.	58.45	2
8	Gaye, Rose	JR	Minnesota State	58.55	1

Women 800 Meter Run

=====
 NSIC Record: R 2:04.62 5/11/2017 Emi Trost, Minnesota Duluth
 Name Year School Prelims H#
 =====

Preliminaries

1	Brezinka, Isabelle	SR	Minnesota-Duluth	2:12.85Q	1
2	Acheson, Elizabeth	SO	U-Mary	2:15.16Q	2
3	Streff, Cami	SO	Augustana (S.D.)	2:17.63Q	3
4	Schley, Savannah	FR	Minnesota-Duluth	2:14.52Q	1
5	Beyer, Kaylee	SO	Winona State	2:16.15Q	2
6	Reindl, Haleigh	JR	Minnesota-Duluth	2:17.93Q	3
7	Dembrowski, Courtney	JR	U-Mary	2:16.50q	1
8	O'Meara, Cassidy	SO	Sioux Falls	2:18.23q	1
9	Hestekin, Taylor	SR	U-Mary	2:18.47	3
10	Boelke, Rachel	SO	Minnesota-Duluth	2:20.03	1
11	Ceglowski, Taryn	SR	U-Mary	2:20.26	2
12	Clark, Jennifer	JR	Northern State	2:20.51	2
13	Shiland, Reid	SR	U-Mary	2:20.86	1
14	Aho, Annika	SO	Sioux Falls	2:21.77	2
15	Sudbeck, Caroline	SO	Augustana (S.D.)	2:22.15	2
16	Seidel, Francine	FR	Minnesota-Duluth	2:22.72	3
17	D'Burke, Isabella	JR	Concordia-St. Paul	2:23.29	1
18	Franssen, Mary	SO	Northern State	2:23.72	2
19	Thurston, MaKenna	SO	Minnesota State	2:23.85	3
20	Steele, Alaina	FR	Minnesota-Duluth	2:24.21	2
21	Welhouse, Clara	JR	St. Cloud State	2:24.22	1
22	Jackson, Sydney	SO	Concordia-St. Paul	2:24.59	2
23	Bishop, Makayla	FR	Minnesota State	2:25.32	3

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....Women 800 Meter Run

24 Neu, Rachael	SO U-Mary	2:26.04	3
25 Prigge, Ryne	SR Bemidji State	2:26.70	1
26 Ellenbecker, Marissa	SO Minnesota State	2:26.76	3
27 Schenk, Meagan	SR Augustana (S.D.)	2:27.34	2
28 Stineman, Alison	SO Wayne State (Neb.)	2:28.00	1
29 Bond, Josie	FR Minnesota-Duluth	2:28.59	3

Women 800 Meter Run

=====
 NSIC Record: R 2:04.62 5/11/2017 Emi Trost, Minnesota Duluth
 Name Year School Finals Points
 =====

Finals

1 Streff, Cami	SO Augustana (S.D.)	2:10.18	10
2 Acheson, Elizabeth	SO U-Mary	2:12.14	8
3 Brezinka, Isabelle	SR Minnesota-Duluth	2:12.52	6
4 Beyer, Kaylee	SO Winona State	2:13.70	5
5 Reindl, Haleigh	JR Minnesota-Duluth	2:14.08	4
6 Schley, Savannah	FR Minnesota-Duluth	2:14.87	3
7 O'Meara, Cassidy	SO Sioux Falls	2:16.50	2
8 Dembrowski, Courtney	JR U-Mary	2:19.34	1

Women 1500 Meter Run

=====
 NSIC Record: R 4:21.48 2017 Emi Trost, Minnesota Duluth
 Name Year School Prelims H#
 =====

Preliminaries

1 English, PJ	JR Augustana (S.D.)	4:42.64Q	1
2 Beyer, Kaylee	SO Winona State	4:45.31Q	2
3 Schmidt, Nicolette	JR Augustana (S.D.)	4:42.68Q	1
4 Hestekin, Taylor	SR U-Mary	4:45.90Q	2
5 Ceglowski, Taryn	SR U-Mary	4:42.71Q	1
6 Shiland, Reid	SR U-Mary	4:46.68Q	2
7 Juac, Khot	SO Sioux Falls	4:43.96Q	1
8 Thurston, MaKenna	SO Minnesota State	4:47.46Q	2
9 Gehl, Morgan	FR Sioux Falls	4:44.90q	1
10 Schenk, Meagan	SR Augustana (S.D.)	4:45.55q	1
11 Melton, Taylor	FR Augustana (S.D.)	4:48.43q	2
12 Radel, Morgan	JR Minnesota-Duluth	4:52.60q	1
13 Waterfall, Haylee	JR Augustana (S.D.)	4:52.72	2
14 Lutmer, Jessica	FR Sioux Falls	4:57.15	2
15 Anderson, Aislin	SO Msu-Moorhead	5:00.62	2
16 Lee, Julia	SR Augustana (S.D.)	5:01.65	1

Women 1500 Meter Run

=====
 NSIC Record: R 4:21.48 2017 Emi Trost, Minnesota Duluth
 Name Year School Finals Points
 =====

Finals

1 Beyer, Kaylee	SO Winona State	4:30.69	10
2 Schmidt, Nicolette	JR Augustana (S.D.)	4:31.77	8
3 English, PJ	JR Augustana (S.D.)	4:33.34	6

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4	Ceglowski, Taryn	SR U-Mary	4:33.43	5
5	Hestekin, Taylor	SR U-Mary	4:34.56	4
6	Thurston, MaKenna	SO Minnesota State	4:37.70	3
7	Shiland, Reid	SR U-Mary	4:38.10	2
8	Juac, Khot	SO Sioux Falls	4:39.58	1
9	Gehl, Morgan	FR Sioux Falls	4:40.30	
10	Schen, Meagan	SR Augustana (S.D.)	4:42.56	
11	Melton, Taylor	FR Augustana (S.D.)	4:47.35	
12	Radel, Morgan	JR Minnesota-Duluth	4:53.96	

Women 5000 Meter Run

=====
 NSIC Record: R 16:34.35 5/13/2018 Alexis Zeis, U-Mary

Name	Year School	Finals	Points
1 Means, Megan	JR Augustana (S.D.)	17:09.86	10
2 Montplaisir, Amanda	JR Minnesota State	17:20.16	8
3 English, PJ	JR Augustana (S.D.)	17:29.82	6
4 Schmidt, Nicolette	JR Augustana (S.D.)	17:31.33	5
5 Savey, Cait	SR Augustana (S.D.)	17:32.93	4
6 Nielsen, Julia	SO Minnesota-Duluth	17:34.77	3
7 Becker, Alyssa	FR U-Mary	17:37.90	2
8 Surage, Aubrey	FR Augustana (S.D.)	17:47.40	1
9 Taylor, McKenna	SO Winona State	17:56.14	
10 Jones, Abigail	SR U-Mary	17:57.56	
11 Juac, Khot	SO Sioux Falls	17:59.89	
12 Gehl, Morgan	FR Sioux Falls	18:01.94	
13 Hall, Mackenzie	SR Minnesota-Duluth	18:05.94	
14 Robran, Alexandra	SR Minnesota-Duluth	18:06.49	
15 Costa, Starlynn	SR U-Mary	18:11.16	
16 Bragg, Skylar	SO Minnesota State	18:13.04	
17 Mooberry, Megan	JR Northern State	18:13.39	
18 Feist, Lacey	SR U-Mary	18:14.42	
19 Boersma, Claire	SR Augustana (S.D.)	18:15.65	
20 Rairdon, Rebekah	SR Augustana (S.D.)	18:17.44	
21 Bakken, Ella	FR Augustana (S.D.)	18:19.60	
22 Rairdon, Rachel	SR Augustana (S.D.)	18:21.88	
23 Fundak, Andrijana	FR U-Mary	18:24.96	
24 Waterfall, Haylee	JR Augustana (S.D.)	18:26.89	
25 Melton, Taylor	FR Augustana (S.D.)	18:28.76	
26 Lane, Payton	SO Msu-Moorhead	18:34.41	
27 Hendrickson, Alli	JR Winona State	18:42.96	
28 Lutmer, Jessica	FR Sioux Falls	18:46.65	
29 Bouley, Cheresa	JR St. Cloud State	18:50.64	
30 Simmons, Karlee	SO Sioux Falls	19:00.04	
-- Dominguez, Paulette	FR Minot State	DNF	
-- Pickering, Megan	SO Northern State	DNF	
-- Haight, Mariah	SR Augustana (S.D.)	SCR	
-- McCabe, Ana	SO Augustana (S.D.)	SCR	
-- Whipps, Kayleigh	JR Sioux Falls	SCR	

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NSIC Record: R 34:09.57 5/13/2022 Lindsay Cunningham, Winona State				
Name	Year	School	Finals	Points
1	Cunningham, Lindsay	SO Winona State	34:09.57R	10
2	Means, Megan	JR Augustana (S.D.)	35:54.59	8
3	Savey, Cait	SR Augustana (S.D.)	36:05.09	6
4	Nielsen, Julia	SO Minnesota-Duluth	37:03.28	5
5	Mooberry, Megan	JR Northern State	37:29.41	4
6	Lane, Payton	SO Msu-Moorhead	37:42.03	3
7	Fundak, Andrijana	FR U-Mary	37:50.90	2
8	Robran, Alexandra	SR Minnesota-Duluth	37:52.22	1
9	Feist, Lacey	SR U-Mary	38:06.79	
10	Gaherty, Mackenzie	JR Minnesota State	38:19.77	
11	Hall, Mackenzie	SR Minnesota-Duluth	38:30.82	
12	McCabe, Ana	SO Augustana (S.D.)	38:59.41	
13	Kolbinger, Victoria	SO Northern State	40:12.77	
14	Dorsher, Grace	FR Msu-Moorhead	41:08.24	
15	Freed, Greta	FR St. Cloud State	41:54.76	
16	Anderson, Maggie	SO Minnesota State	42:00.31	
17	Solomon, Brooke	SO Wayne State (Neb.)	42:39.37	
18	Kowal, Cambrie	FR St. Cloud State	42:58.87	
19	Pachta, Kylie	FR Wayne State (Neb.)	43:43.17	
20	Brownrigg, Madison	SR Upper Iowa	45:02.98	

Women 100 Meter Hurdles

NSIC Record: R 13.40 5/11/2019 Danielle Kohlwey, Minnesota-Du					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Cartwright, Denisha	SO Minnesota State	13.75Q	4.2	3
2	Bolibruch, Terezia	JR U-Mary	13.82Q	2.5	2
3	Burrell, Shanice	SR Northern State	13.93Q	5.3	1
4	Malone, Kynnedi	FR Minnesota State	14.12Q	5.3	1
5	Mulcahy, Christabelle	SR Concordia-St. Paul	14.20Q	2.5	2
6	Lewis, Dynia	FR Bemidji State	14.38Q	4.2	3
7	Leum, Xana	SO Winona State	14.43q	2.5	2 14.421
8	Shirek, Isatu	SO SW Minnesota St.	14.43q	4.2	3 14.422
9	Horning, Tia	SO U-Mary	14.70	2.5	2
10	Chaney, A'Lena	SO U-Mary	14.93	5.3	1
11	Romig, Shelby	FR St. Cloud State	15.12	4.2	3
12	Hansen, Megan	SO Wayne State (Neb.)	15.23	5.3	1
13	Becker, Kylee	FR Winona State	15.41	2.5	2
14	Reichenberger, Hanna	FR Winona State	15.44	4.2	3
15	Gilles, Megan	SO Minnesota-Duluth	15.58	5.3	1
16	Sekafetz, Jordan	FR Upper Iowa	15.63	5.3	1
17	Mickelson, Isadora	SO SW Minnesota St.	15.68	4.2	3
18	Serrao, Adla	SO Msu-Moorhead	15.73	2.5	2
--	Brennen, Lyric	SO Minnesota State	DNF	4.2	3
--	Lubischer, Faith	FR Wayne State (Neb.)	SCR	2.5	2

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NSIC Record: R 13.40 5/11/2019 Danielle Kohlwey, Minnesota-Du

Name Year School Finals Wind Points

Finals

1	Cartwright, Denisha	SO Minnesota State	13.28R	1.5	10
2	Mulcahy, Christabelle	SR Concordia-St. Paul	14.17	1.5	8
3	Malone, Kynnedi	FR Minnesota State	14.19	1.5	6
4	Bolibruch, Terezia	JR U-Mary	14.24	1.5	5
5	Leum, Xana	SO Winona State	14.58	1.5	4
6	Shirek, Isatu	SO SW Minnesota St.	14.62	1.5	3
7	Lewis, Dynia	FR Bemidji State	14.73	1.5	2
--	Burrell, Shanice	SR Northern State	DNF	1.5	

Women 400 Meter Hurdles

NSIC Record: R 58.83 2017 Hanneke Oosterwegel, Northern St

Name Year School Prelims H#

Preliminaries

1	Schvinck, Brooklyn	JR Winona State	1:02.36Q	4	
2	Marteau, Noa	FR Augustana (S.D.)	1:03.20Q	1	
3	Hertz, Morgan	SO U-Mary	1:04.09Q	3	
4	Zeman, Kendall	JR Winona State	1:04.29Q	2	
5	Becker, Kylee	FR Winona State	1:03.77q	1	
6	Brock, Danalee	FR U-Mary	1:04.58q	2	
7	Borowicz, Emma	FR Minnesota State	1:04.68q	3	1:04.672
8	Schaefer, Elizabeth	SO Augustana (S.D.)	1:04.68q	1	1:04.677
9	Brouse, Brooklyn	FR St. Cloud State	1:05.34	4	
10	Lipschultz, Lainey	SO Winona State	1:05.78	3	
11	Kinzer, Isabel	SR Northern State	1:06.06	4	
12	Fultz, Natalie	SO Bemidji State	1:06.70	2	
13	Lackovic, Cassidy	JR St. Cloud State	1:06.83	3	
14	Van Zee, Kasey	FR Augustana (S.D.)	1:07.26	1	
15	Voigt, Tianna	JR Sioux Falls	1:07.71	1	
16	Feit, Regan	FR Winona State	1:08.33	2	
17	Christenson, Makaylin	FR St. Cloud State	1:08.55	4	
18	Langseth, Anna	FR Augustana (S.D.)	1:09.06	4	
19	Sweeney, Sierra	FR Northern State	1:10.05	3	
20	Boyum, Molly	JR Augustana (S.D.)	1:10.32	2	
21	Waterman, Allison	SO Winona State	1:10.53	1	
22	Stanton, Sierra	FR Sioux Falls	1:10.83	4	
23	Smidel, Kaaryna	FR SW Minnesota St.	1:11.77	3	
24	Johnson, Lily	JR Bemidji State	1:11.98	1	
25	Mickelson, Isadora	SO SW Minnesota St.	1:12.08	4	
26	Severa, Alannah	FR SW Minnesota St.	1:17.89	2	
27	Mensah, Courtney	SO Concordia-St. Paul	1:19.37	2	
28	Jaworski, Rachel	FR Minnesota State	1:24.62	3	

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Women 400 Meter Hurdles

NSIC Record: R 58.83 2017 Hanneke Oosterwegel, Northern State				
Name	Year	School	Finals	Points
Finals				
1 Schyvinck, Brooklyn	JR	Winona State	1:01.75	10
2 Hertz, Morgan	SO	U-Mary	1:01.81	8
3 Marteau, Noa	FR	Augustana (S.D.)	1:02.70	6
4 Zeman, Kendall	JR	Winona State	1:03.13	5
5 Schaefer, Elizabeth	SO	Augustana (S.D.)	1:03.47	4
6 Becker, Kylee	FR	Winona State	1:03.52	3
7 Brock, Danalee	FR	U-Mary	1:04.06	2
8 Borowicz, Emma	FR	Minnesota State	1:04.69	1

Women 3000 Meter Steeplechase

NSIC Record: R 10:05.02 2017 Brenna Colbenson, Minnesota Dulut				
Name	Year	School	Finals	Points
1 Montplaisir, Amanda	JR	Minnesota State	10:41.43	10
2 Rairdon, Rebekah	SR	Augustana (S.D.)	10:59.60	8
3 Rairdon, Rachel	SR	Augustana (S.D.)	11:02.30	6
4 Jones, Abigail	SR	U-Mary	11:06.79	5
5 Boersma, Claire	SR	Augustana (S.D.)	11:18.46	4
6 Bouley, Cheresa	JR	St. Cloud State	11:23.88	3
7 Costa, Starlynn	SR	U-Mary	11:25.40	2
8 Goodwin, Mary	SO	Bemidji State	11:29.76	1
9 Welhouse, Clara	JR	St. Cloud State	11:36.31	
10 Voigt, Tianna	JR	Sioux Falls	11:39.99	
11 Rosener, Allie	SR	Wayne State (Neb.)	11:49.67	
12 Simmons, Karlee	SO	Sioux Falls	11:59.12	
13 Shiland, Marisa	SO	U-Mary	12:11.34	
14 Palodichuk, Anna	JR	Minnesota-Duluth	12:22.22	
15 Renier, Lauryn	SO	Minnesota-Duluth	12:33.99	
16 Sivonen, Avery	JR	Concordia-St. Paul	12:37.96	
17 Conrad, Erica	SO	St. Cloud State	12:45.92	
18 Donovan, Ashley	JR	Upper Iowa	13:10.68	
19 Thelen, Kelsey	FR	Concordia-St. Paul	13:15.50	
20 McKonkey, Katie	FR	Minnesota-Duluth	13:31.23	
-- Schotter, Abby	SR	SW Minnesota St.	DNF	
-- Whipps, Kayleigh	JR	Sioux Falls	SCR	

Women 4x100 Meter Relay

NSIC Record: R 45.24 5/15/2021 Minnesota State, Minnesota St				
M Jackson, J Simmons, G Hartman, D Cartwright				
School	Finals	H#	Points	
1 Minnesota State 'A'	45.48	2	10	
1) Cartwright, Denisha SO				
2) Simmons, Ja'Cey SO				
3) Cramer, Rose SO				
4 U-Mary 'A'	47.31	2	8	47.301
1) Modglin, Cali SR				
2) Neil, Samoya FR				
3) Weidner, Taylor SO				
4) Passeri, Arianna JR				
3 Winona State 'A'	47.31	2	6	47.308

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1) Pryor, Michaela JR	2) Lockington, Ashlie SO			
3) Pietz, Maddy JR	4) Olson, Kaylee SO			
4 Bemidji State 'A'		47.47	2	5
1) Lewis, Dynia FR	2) Douglas, Shackera FR			
3) Ekereke, Kendra SO	4) Hall, Alaina SO			
5 Augustana (S.D.) 'A'		48.68	1	4
1) Adler, Grayce SR	2) Heinitz, Ella FR			
3) Sallee, Kylee FR	4) Kur, Nyanas FR			
6 Upper Iowa 'A'		48.82	2	3
1) Espinoza, Nailea FR	2) Stevens, Maddie FR			
3) Sekafetz, Jordan FR	4) Fuller, Zakaria SO			
7 Sioux Falls 'A'		48.86	2	2
1) Henderson, Kanya JR	2) Kenkel, Emma JR			
3) Roggenbuck, Myah SO	4) Meyers, Natalie JR			
8 Minnesota-Duluth 'A'		49.55	1	1
1) Gilles, Megan SO	2) Root, Lindsey FR			
3) Evans, Chloey FR	4) Rae, Jacqi SO			
9 SW Minnesota St. 'A'		49.61	1	
1) Morgan, Hannah FR	2) Klink, Taytum SO			
3) Gilbert, Lexy FR	4) Anderson, Stella SO			
10 St. Cloud State 'A'		49.75	1	
1) Lackovic, Cassidy JR	2) Taylor, Maya SR			
3) Brouse, Brooklyn FR	4) Rowles, Julia SO			
11 Northern State 'A'		49.82	2	
1) Klein, Vanessa FR	2) Kinzer, Isabel SR			
3) Jackson, Alli FR	4) Burrell, Shanice SR			
12 Wayne State (Neb.) 'A'		49.93	1	
1) Hansen, Megan SO	2) Cotton, Sarah JR			
3) Erickson, Emily FR	4) Couch, Maya FR			
-- Concordia-St. Paul 'A'		DQ	2	Exchange 1-2
1) Mulcahy, Christabelle SR	2) Kai, Monique SR			
3) Graham, Breonna SO	4) Dodge, Sofia SO			

Women 4x400 Meter Relay

NSIC Record: R 3:41.18 2017 University of Mary, University of Mar
J Hammerschmidt, N Richards, M Rodriguez, N Brown

School Finals H# Points

1 Winona State 'A'		3:53.32	2	10
1) Pietz, Maddy JR	2) Zeman, Kendall JR			
3) Beyer, Kaylee SO	4) Schyvinck, Brooklyn JR			
2 Minnesota-Duluth 'A'		3:54.39	2	8
1) Schley, Savannah FR	2) Reindl, Haleigh JR			
3) Boelke, Rachel SO	4) Brezinka, Isabelle SR			
3 Bemidji State 'A'		3:54.91	2	6
1) Tillery, Skyler SO	2) Myers, Rachel JR			
3) Mbenoun, Maryse SR	4) Fultz, Natalie SO			
4 U-Mary 'A'		3:58.27	2	5
1) Brock, Danalee FR	2) Acheson, Grace SO			
3) Grimm, Ava SO	4) Acheson, Elizabeth SO			
5 Minnesota State 'A'		3:58.47	2	4
1) Woodard, Mackenzie SR	2) Gaye, Rose JR			
3) Robins, Nyeaee SO	4) Borowicz, Emma FR			

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....Women 4x400 Meter Relay

6	Concordia-St. Paul 'A'	4:00.24	1	3
	1) Lewis, Cece SO	2) Perry, Jaid JR		
	3) D'Burke, Isabella JR	4) Jackson, Sydney SO		
7	Augustana (S.D.) 'A'	4:01.03	2	2
	1) Peterson, Maia FR	2) Heinitz, Ella FR		
	3) Sudbeck, Caroline SO	4) Streff, Cami SO		
8	Sioux Falls 'A'	4:02.25	1	1
	1) Swanson, Emily SO	2) Mayers, Holly JR		
	3) O'Meara, Cassidy SO	4) Voigt, Tianna JR		
9	St. Cloud State 'A'	4:04.92	2	
	1) Lackovic, Cassidy JR	2) Brouse, Brooklyn FR		
	3) Christenson, Makaylin FR	4) Guerra-Reese, Marianna FR		
10	Northern State 'A'	4:07.36	2	
	1) Kinzer, Isabel SR	2) Carlson, Summer FR		
	3) Clark, Jennifer JR	4) Jackson, Alli FR		
11	Upper Iowa 'A'	4:07.37	1	
	1) Fuller, Zakaria SO	2) Stevens, Maddie FR		
	3) Martin, Jade JR	4) Crouch, Brianna SR		
12	Msu-Moorhead 'A'	4:12.23	1	
	1) Rolle-Curry, Robynn SO	2) Maki, McKenzie JR		
	3) Schroeder, Tessa JR	4) Anderson, Aislin SO		
13	Wayne State (Neb.) 'A'	4:12.36	1	
	1) Cotton, Sarah JR	2) Erickson, Emily FR		
	3) Stineman, Alison SO	4) Hoffman, Lauryn FR		
--	SW Minnesota St. 'A'	SCR	1	
	1) Clifford, Sierra FR	2) Regan, Caitlyn JR		
	3) Tietjens, Leah FR	4) Shirek, Isatu SO		

Women High Jump

NSIC Record: R 1.77m 5/13/2022 Arika Robinson, Concordia-St
 NSIC Record: R 1.77m 5/14/2021 Mearah Miedema, Augustana

Name	Year	School	Finals	Points
1 Robinson, Arika	SO	Concordia-St. Paul	1.77mR	5-09.75 10
1.52 1.57 1.62 1.65 1.68			1.71 1.74 1.77 1.80 1.83	
PPP PPP PPP	O O		O XO PPP XXX	
2 Elliott, Taylor	JR	Minnesota State	1.74m	5-08.50 8
1.52 1.57 1.62 1.65 1.68			1.71 1.74 1.77	
PPP O XXO	O O		XO O XXX	
3 Schumacher, Rachel	SR	Msu-Moorhead	1.68m	5-06.00 6
1.52 1.57 1.62 1.65 1.68			1.71	
PPP O O	O O		XXX	
4 Miedema, Mearah	SR	Augustana (S.D.)	1.68m	5-06.00 5
1.52 1.57 1.62 1.65 1.68			1.71	
PPP O O	XXO XO		XXX	
5 Morris, D'Andra	SR	U-Mary	1.65m	5-05.00 3.50
1.52 1.57 1.62 1.65 1.68				
O O XXO	O XXX			
5 Swanson, Emily	SO	Sioux Falls	1.65m	5-05.00 3.50
1.52 1.57 1.62 1.65 1.68				
PPP XO XO	O XXX			

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7	Arason, Hannah	SR St. Cloud State	1.65m	5-05.00	2
	1.52 1.57 1.62 1.65 1.68				
	O PPP PPP XO XXX				
8	Paaverud, Ella	JR Concordia-St. Paul	1.62m	5-03.75	1
	1.52 1.57 1.62 1.65				
	PPP XXO O XXX				
9	Conzemius, Grace	FR U-Mary	1.62m	5-03.75	
	1.52 1.57 1.62 1.65				
	O O XO XXX				
9	Tietz, Sophie	FR Minnesota State	1.62m	5-03.75	
	1.52 1.57 1.62 1.65				
	O O XO XXX				
9	Richards, Toryn	FR Minnesota State	1.62m	5-03.75	
	1.52 1.57 1.62 1.65				
	O O XO XXX				
12	Langston, Teya	JR Minnesota State	1.57m	5-01.75	
	1.52 1.57 1.62				
	PPP O XXX				
12	Genet, Antonia	JR U-Mary	1.57m	5-01.75	
	1.52 1.57 1.62				
	O O XXX				
12	Rizner, Madison	JR Winona State	1.57m	5-01.75	
	1.52 1.57 1.62				
	O O XXX				
12	Tschumperlin, Jordan	FR Northern State	1.57m	5-01.75	
	1.52 1.57 1.62				
	O O XXX				
12	Berg, Tava	JR Northern State	1.57m	5-01.75	
	1.52 1.57 1.62				
	O O XXX				
12	Pritchett, Caitlin	JR Msu-Moorhead	1.57m	5-01.75	
	1.52 1.57 1.62				
	O O XXX				
18	Olson, Kaylee	SO Winona State	1.57m	5-01.75	
	1.52 1.57 1.62				
	XXO O XXX				
19	Stone, Zoe	JR Minnesota State	1.57m	5-01.75	
	1.52 1.57 1.62				
	O XO XXX				
20	Tietjens, Leah	FR SW Minnesota St.	1.57m	5-01.75	
	1.52 1.57 1.62				
	O XXO XXX				
21	Preiner, Lauren	SO Minnesota State	1.52m	4-11.75	
	1.52 1.57				
	O XXX				
21	Cridlebaugh, Ashley	FR Minnesota State	1.52m	4-11.75	
	1.52 1.57				
	O XXX				
21	Jones, Emily	FR Minnesota-Duluth	1.52m	4-11.75	
	1.52 1.57				
	O XXX				
21	Webb, Abbi	FR Sioux Falls	1.52m	4-11.75	
	1.52 1.57				
	O XXX				

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....Women Pole Vault

15	Johnstone, Madyson	FR Minnesota State	2.99m	9-09.75
	2.99 3.14			
	XO XXX			
16	Glanzer, Makenna	FR SW Minnesota St.	2.99m	9-09.75
	2.99 3.14			
	XXO XXX			
16	Snaza, Greta	FR Sioux Falls	2.99m	9-09.75
	2.99 3.14			
	XXO XXX			
16	Richards, Toryn	FR Minnesota State	2.99m	9-09.75
	2.99 3.14			
	XXO XXX			
--	Segar, Sabrina	FR Minnesota-Duluth		NH
	2.99			
	XXX			
--	Adams, MaKenzie	FR Sioux Falls		NH
	2.99			
	XXX			
--	Haman, Jessie	FR SW Minnesota St.		NH
	2.99			
	XXX			
--	Klein, Anastasia	JR Bemidji State		NH
	2.99			
	XXX			
--	Gyi, Nedoh	FR SW Minnesota St.		NH
	2.99			
	XXX			
--	Hinkle, MaryGrace	SO SW Minnesota St.		NH
	2.99			
	XXX			
--	Bauer, Paige	FR Minnesota State		SCR
--	Schipper, Addie	JR Minnesota State		SCR

Women Long Jump

=====									
NSIC Record: R 6.31m 5/1985 Julie Hay, Minnesota Duluth									
Name	Year	School	Finals	Wind		H#	Points	=====	
1 Jackson, Makayla		SO Minnesota State	6.08m	+0.0	19-11.50	3	10		
FOUL	FOUL	6.06m(2.4)	5.64m(1.6)	6.08m(+0.0)	FOUL				
2 Passeri, Arianna		JR U-Mary	6.06m	4.2	19-10.75	3	8		
5.87m(3.1)	5.76m(1.5)	5.86m(1.9)	5.83m(2.4)	5.95m(2.5)	6.06m(4.2)				
3 Petricka, Kary		FR Minnesota State	6.05m	1.6	19-10.25	3	6		
FOUL	5.80m(1.7)	6.05m(1.6)	5.96m(1.4)	FOUL	6.01m(0.7)				
4 Neil, Samoya		FR U-Mary	6.05m	2.3	19-10.25	3	5		
6.05m(2.3)	FOUL	5.72m(-0.2)	5.76m(1.8)	5.68m(1.6)	5.98m(0.9)				
5 Morris, D'Andra		SR U-Mary	5.99m	0.4	19-08.00	3	4		
5.71m(1.6)	5.99m(0.4)	5.69m(1.9)	5.72m(0.2)	5.87m(-1.1)	FOUL				
6 Chaney, A'Lena		SO U-Mary	5.62m	2.8	18-05.25	2	3		
5.50m(3.8)	5.62m(2.8)	5.43m(0.4)	5.52m(1.4)	5.60m(+0.0)	5.41m(+0.0)				

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....Women Long Jump

7	Kahl, Molly	FR Minnesota State	5.60m	3.6	18-04.50	2	2
	5.53m(2.1) 5.60m(3.6) 5.36m(0.5) 5.52m(-0.3) FOUL		FOUL				
8	Weidner, Taylor	SO U-Mary	5.59m	0.8	18-04.25	2	1
	5.59m(0.8) FOUL FOUL FOUL FOUL						
9	Modglin, Cali	SR U-Mary	5.57m	-0.1	18-03.25	3	
	5.57m(-0.1) FOUL 5.46m(2.9) 5.38m(+0.0) 5.44m(-0.9) FOUL						
10	Neophytou, Stella	FR Minnesota State	5.53m	3.8	18-01.75	2	
	FOUL FOUL 5.53m(3.8)						
11	Becker, Jayda	FR Augustana (S.D.)	5.44m	0.7	17-10.25	2	
	5.05m(0.5) 5.04m(1.1) 5.44m(0.7)						
12	Lockington, Ashlie	SO Winona State	5.39m	1.5	17-08.25	1	
	FOUL 5.15m(2.0) 5.39m(1.5)						
13	Klink, Taytum	SO SW Minnesota St.	5.37m	1.7	17-07.50	1	
	5.37m(1.7) 5.00m(1.0) 5.13m(1.2)						
14	Smollen, Emily	SO Wayne State (Neb.)	5.35m	3.4	17-06.75	2	
	5.33m(2.0) FOUL 5.35m(3.4)						
15	Lubner, Faith	SR St. Cloud State	5.34m	1.0	17-06.25	2	
	FOUL FOUL 5.34m(1.0)						
16	Kai, Monique	SR Concordia-St. Paul	5.31m	1.7	17-05.25	1	
	5.31m(1.7) FOUL 5.05m(1.5)						
17	Sallee, Kylee	FR Augustana (S.D.)	5.30m	0.4	17-04.75	3	
	FOUL FOUL 5.30m(0.4)						
18	Tucker, Aneesa	SR Bemidji State	5.27m	2.0	17-03.50	1	
	FOUL 5.27m(2.0) FOUL						
19	Olson, Kaylee	SO Winona State	5.23m	2.6	17-02.00	2	
	5.23m(2.6) 5.23m(0.9) 5.22m(-9.0)						
20	Adler, Grayce	SR Augustana (S.D.)	5.20m	+0.0	17-00.75	1	
	FOUL 5.20m(+0.0) 5.12m(2.1)						
21	Moeller, Kenzie	FR Wayne State (Neb.)	5.19m	1.0	17-00.50	1	
	5.19m(1.0) 5.03m(+0.0) FOUL						
22	Meyers, Natalie	JR Sioux Falls	5.19m	2.3	17-00.50	2	
	5.00m(1.2) 4.97m(+0.0) 5.19m(2.3)						
23	Buske, Parker	JR St. Cloud State	5.16m	3.2	16-11.25	3	
	FOUL FOUL 5.16m(3.2)						
24	Root, Lindsey	FR Minnesota-Duluth	5.15m	1.2	16-10.75	1	
	4.90m(1.8) 4.75m(6.5) 5.15m(1.2)						
25	Rowles, Julia	SO St. Cloud State	5.13m	2.2	16-10.00	1	
	5.13m(2.2) FOUL 5.11m(4.2)						
26	Newman, Jaci	FR Minnesota State	4.92m	1.9	16-01.75	1	
	4.59m(1.9) 4.92m(1.9) 4.87m(3.0)						
27	Romig, Shelby	FR St. Cloud State	4.64m	1.8	15-02.75	1	
	4.64m(1.8) FOUL FOUL						
28	Williams, Mariah	JR Minnesota State	4.25m	2.5	13-11.50	3	
	FOUL FOUL 4.25m(2.5)						

Women Triple Jump

=====							
NSIC Record: R 12.60m 2015 Danylle Kurywchak, U-Mary							
Name	Year	School	Finals	Wind	H#	Points	
=====							
1	Morris, D'Andra	SR U-Mary	12.85mR	-2.7	42-02.00	3	10
	FOUL 12.85m(-2.7) FOUL 12.06m(-2.9) 12.62m(0.5) 12.23m(0.3)						
2	Banks, Kaly	JR Augustana (S.D.)	11.96m	0.9	39-03.00	3	8
	FOUL FOUL 11.82m(-1.0) 11.85m(-3.6) 11.69m(1.0) 11.96m(0.9)						

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3	Fabre, Analise	SR Bemidji State	11.96m	0.3	39-03.00	2	6
	11.34m(-0.4)	11.17m(-2.2)	11.41m(0.9)	11.34m(-3.6)	11.96m(0.3)	11.66m(-4.4)	
4	Salemonsens, Kaja	FR Augustana (S.D.)	11.93m	1.2	39-01.75	3	5
	11.93m(1.2) FOUL	FOUL	FOUL	FOUL	FOUL		
5	Neophytou, Stella	FR Minnesota State	11.85m	+0.0	38-10.50	3	4
	FOUL	11.83m(-2.6)	11.66m(0.1)	FOUL	FOUL	11.85m(+0.0)	
6	Buske, Parker	JR St. Cloud State	11.79m	-0.4	38-08.25	3	3
	11.54m(-1.6)	11.75m(-3.3)	11.79m(-0.4)	11.13m(-3.4)	FOUL	11.50m(0.5)	
7	Taylor, Maya	SR St. Cloud State	11.64m	-2.5	38-02.25	3	2
	11.20m(-2.1)	11.64m(-2.5)	FOUL	10.09m(-0.7)	11.55m(0.9)	FOUL	
8	Leum, Xana	SO Winona State	11.58m	-1.5	38-00.00	3	1
	11.32m(0.3)	11.35m(-1.8)	11.35m(0.4)	11.43m(-1.1)	11.33m(-1.9)	11.58m(-1.5)	
9	Modglin, Cali	SR U-Mary	11.47m	1.6	37-07.75	3	
	FOUL	11.40m(-3.0)	11.23m(-0.2)	10.75m(-2.8)	FOUL	11.47m(1.6)	
10	Sambo, Keyla	JR Wayne State (Neb.)	11.29m	-3.7	37-00.50	2	
	FOUL	11.29m(-3.7)	FOUL				
11	Lockington, Ashlie	SO Winona State	11.28m	-3.3	37-00.25	2	
	11.28m(-3.3)	FOUL	11.25m(-1.6)				
12	Passeri, Arianna	JR U-Mary	11.23m	-1.8	36-10.25	1	
	10.83m(-2.0)	11.23m(-1.8)	PASS				
13	Sundby, Sammi	FR Augustana (S.D.)	11.12m	+0.0	36-05.75	2	
	FOUL	10.71m(-2.4)	11.12m(+0.0)				
14	Rizner, Madison	JR Winona State	11.07m	-1.9	36-04.00	2	
	11.07m(-1.9)	11.01m(0.5)	FOUL				
15	Reichenberger, Hanna	FR Winona State	11.05m	0.4	36-03.00	2	
	10.58m(-2.3)	FOUL	11.05m(0.4)				
16	Smollen, Emily	SO Wayne State (Neb.)	10.87m	-3.0	35-08.00	2	
	10.87m(-3.0)	FOUL	FOUL				
17	Weidner, Taylor	SO U-Mary	10.84m	-1.0	35-06.75	2	
	10.53m(-2.8)	10.61m(-1.6)	10.84m(-1.0)				
18	Bartunek, Avery	SO Sioux Falls	10.73m	0.3	35-02.50	1	
	9.88m(-5.0)	10.43m(-0.5)	10.73m(0.3)				
19	Jones, Emily	FR Minnesota-Duluth	10.70m	-0.8	35-01.25	1	
	10.50m(1.2)	10.53m(-1.8)	10.70m(-0.8)				
20	Patnode, Kaylee	SO Winona State	10.49m	-1.9	34-05.00	1	
	10.49m(-1.9)	FOUL	FOUL				
21	Keffeler, Makayla	FR Sioux Falls	10.43m	-1.4	34-02.75	1	
	10.41m(0.5)	10.43m(-1.4)	10.30m(-2.3)				
22	Kahl, Molly	FR Minnesota State	10.42m	-2.1	34-02.25	1	
	FOUL	10.42m(-2.1)	FOUL				
23	Newman, Jaci	FR Minnesota State	9.99m	2.6	32-09.50	2	
	FOUL	9.99m(2.6)	FOUL				
24	Stanton, Sierra	FR Sioux Falls	9.71m	1.1	31-10.25	1	
	9.71m(1.1)	FOUL	9.27m(-2.0)				
25	Kellum, Kenzy	FR Minot State	9.60m	-4.1	31-06.00	1	
	FOUL	9.60m(-4.1)	FOUL				
--	Gracia, Flore	SO Minnesota State	ND	NWI		3	
	ND(NWI)	ND(NWI)	ND(NWI)				
--	Sweeney, Sierra	FR Northern State	FOUL			1	
	FOUL	FOUL	FOUL				

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Women Shot Put

NSIC Record: R 16.52m 2018 Michaela Dendinger, Wayne State									
Name	Year	School	Finals		H#	Points			
1 Perron, Brea		SR Minnesota State	14.95m	49-00.75	3	10			
			14.46m 14.75m 14.54m	FOUL 14.29m 14.95m					
2 Taylor, Katie		SR Minnesota State	14.66m	48-01.25	3	8			
			14.44m FOUL FOUL FOUL	14.66m FOUL					
3 Scheil, Mckenzie		JR Wayne State (Neb.)	14.42m	47-03.75	3	6			
			14.42m FOUL FOUL FOUL FOUL	13.19m					
4 Hertz, Emma		SR Sioux Falls	13.86m	45-05.75	3	5			
			FOUL 12.92m 12.70m	FOUL 13.56m 13.86m					
5 Chipps, Brooklynn		SO Wayne State (Neb.)	13.66m	44-09.75	3	4			
			13.66m FOUL FOUL	13.27m FOUL 13.10m					
6 Paasch, Kendra		JR Wayne State (Neb.)	13.21m	43-04.25	3	3			
			13.21m FOUL FOUL	12.62m FOUL 12.86m					
7 Fretag, Madeline		SO Minnesota State	13.20m	43-03.75	2	2			
			FOUL 12.13m 13.20m	12.30m 12.53m 12.66m					
8 Languis, Brooke		FR Wayne State (Neb.)	13.14m	43-01.50	2	1			
			12.99m 11.98m 13.05m	13.14m 12.80m FOUL					
9 Zimmerman, Dacoda		JR St. Cloud State	12.96m	42-06.25	3				
			12.79m 12.70m 12.77m	12.16m 12.84m 12.96m					
10 Menken, Jordan		SR Northern State	12.73m	41-09.25	2				
			12.73m 12.66m 12.10m						
11 Nagel, Kori		FR Minot State	12.47m	40-11.00	2				
			FOUL 12.47m FOUL						
12 VanOsdel, Kayla		FR Sioux Falls	12.42m	40-09.00	2				
			12.42m FOUL 11.82m						
13 Lindsey, Kamry		FR Sioux Falls	12.28m	40-03.50	1				
			11.19m 11.84m 12.28m						
14 Schroeder, Kaitlyn		FR Minnesota State	12.18m	39-11.50	3				
			12.18m FOUL FOUL						
15 Doss, Tierra		JR Bemidji State	12.00m	39-04.50	2				
			FOUL 12.00m FOUL						
16 Hardy, Jenna		FR Minot State	11.92m	39-01.25	2				
			FOUL FOUL 11.92m						
17 Garcia, Alician		FR Minot State	11.71m	38-05.00	1				
			FOUL FOUL 11.71m						
18 Rae, Jacqi		SO Minnesota-Duluth	11.56m	37-11.25	1				
			11.56m 11.07m 11.00m						
19 Beck, Libby		SO Minnesota State	11.55m	37-10.75	1				
			10.75m FOUL 11.55m						
20 Stoltenburg, Chrissy		SO Northern State	11.53m	37-10.00	1				
			11.11m 11.53m 11.34m						
21 Guenther, Veronica		FR Wayne State (Neb.)	11.31m	37-01.25	1				
			10.39m 11.05m 11.31m						
22 Young, Reilly		FR Wayne State (Neb.)	11.25m	36-11.00	1				
			11.20m FOUL 11.25m						
23 Battaforayen, Kate		SO SW Minnesota St.	11.15m	36-07.00	2				
			11.15m FOUL FOUL						
24 Robinson, Morgan		FR Minnesota State	11.13m	36-06.25	1				
			10.57m 11.13m 10.67m						
25 Thompson, Adrienne		SO Minnesota-Duluth	10.58m	34-08.50	1				
			9.65m 10.20m 10.58m						

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....Women Shot Put

-- Kramchynsky, Nicole	SO U-Mary	FOUL	1
FOUL FOUL FOUL			
-- Stafslieen-Dumale, Abbi	JR Minnesota State	FOUL	3
FOUL FOUL FOUL			
-- Gunderson, Chloe	SO Minot State	FOUL	2
FOUL FOUL FOUL			

Women Discus Throw

=====										
NSIC Record: R 53.90m		2015	Alissa Rausch, Winona State							
Name	Year	School	Finals			H#	Points		=====	
1 Donlan, Tia		SR Concordia-St. Paul	49.40m	162-01	3	10				
45.82m 49.40m 46.33m		FOUL 48.10m FOUL								
2 Lindsey, Kamry		FR Sioux Falls	48.27m	158-04	3	8				
42.51m 48.27m FOUL		43.82m FOUL 47.29m								
3 Nagel, Kori		FR Minot State	46.89m	153-10	3	6				
45.28m 38.49m FOUL		39.85m 46.89m 46.82m								
4 Bengtson, MacKenzie		JR Sioux Falls	46.37m	152-01	2	5				
46.37m 43.15m 44.03m		44.75m 44.72m 44.14m								
5 Larsen, Steena		SO Msu-Moorhead	46.04m	151-00	2	4				
43.97m 44.95m 46.04m		45.18m 40.43m FOUL								
6 Battaforayen, Kate		SO SW Minnesota St.	45.32m	148-08	2	3				
FOUL 45.32m FOUL FOUL		44.35m FOUL								
7 Doss, Tierra		JR Bemidji State	45.23m	148-05	2	2				
45.23m 44.80m FOUL		FOUL 45.20m 40.60m								
8 Maghanoy, Kiana		SO Upper Iowa	45.19m	148-03	1	1				
38.81m 43.46m 43.69m		FOUL 45.19m FOUL								
9 Taylor, Katie		SR Minnesota State	44.83m	147-01	3					
44.83m FOUL 41.58m		FOUL 37.34m FOUL								
10 Fretag, Madeline		SO Minnesota State	43.04m	141-02	3					
FOUL 43.04m 31.78m										
11 Glynn, Madison		SO Minnesota State	42.83m	140-06	2					
38.31m 42.83m FOUL										
12 Eacker, Rebecca		FR Minot State	42.31m	138-10	1					
42.31m 40.46m FOUL										
13 Gunderson, Chloe		SO Minot State	42.12m	138-02	2					
FOUL 42.12m FOUL										
14 Guthmiller, Rachel		JR Northern State	41.55m	136-04	2					
34.90m FOUL 41.55m										
15 Hughes, Morgan		SO SW Minnesota St.	41.34m	135-07	1					
41.34m 41.18m FOUL										
16 Menken, Jordan		SR Northern State	40.87m	134-01	2					
37.30m 40.87m FOUL										
17 Schroeder, Kaitlyn		FR Minnesota State	39.72m	130-04	1					
39.72m 38.85m 36.92m										
18 Paasch, Kendra		JR Wayne State (Neb.)	39.60m	129-11	3					
FOUL FOUL 39.60m										
19 Rath, Mack		SO Minnesota State	39.06m	128-02	2					
FOUL 39.06m FOUL										
20 Heeren, Nicole		JR Wayne State (Neb.)	38.75m	127-01	1					
38.15m FOUL 38.75m										
21 Hardy, Jenna		FR Minot State	38.15m	125-02	1					
38.15m FOUL 37.00m										

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....Women Discus Throw

22	Young, Reilly	FR Wayne State (Neb.)	37.83m	124-01	3
	37.11m 37.83m FOUL				
23	VanOsdel, Kayla	FR Sioux Falls	37.34m	122-06	1
	35.77m 37.34m 36.81m				
24	Klun, Madeline	JR Minnesota-Duluth	35.35m	116-00	1
	27.40m FOUL 35.35m				
25	Baker, Hailey	FR Wayne State (Neb.)	26.65m	87-05	1
	FOUL FOUL 26.65m				
--	Hertz, Emma	SR Sioux Falls	FOUL		3
	FOUL FOUL FOUL				

Women Hammer Throw

NSIC Record: R 63.54m		2017	Michaela Dendinger, Wayne State					
Name	Year	School	Finals	H#	Points			
1	Scheil, Mckenzie	JR Wayne State (Neb.)	56.26m	184-07	3	10		
	56.26m 51.19m 53.66m	FOUL 55.96m FOUL						
2	Chipps, Brooklynn	SO Wayne State (Neb.)	55.48m	182-00	3	8		
	54.06m 55.48m 54.78m	54.48m 52.43m 53.93m						
3	Hertz, Emma	SR Sioux Falls	55.37m	181-08	3	6		
	50.62m FOUL 54.07m	FOUL FOUL 55.37m						
4	Perron, Brea	SR Minnesota State	53.87m	176-09	3	5		
	52.95m 48.87m 52.65m	53.87m 52.09m 53.04m						
5	Jensen, Kaylee	SR Minnesota State	52.95m	173-09	3	4		
	52.95m 48.80m 50.11m	51.99m FOUL 50.69m						
6	Gough, Cassidy	SO Northern State	50.20m	164-08	3	3		
	44.21m 47.89m 50.20m	48.02m 46.91m FOUL						
7	Wagner, Jadin	SR Wayne State (Neb.)	49.00m	160-09	3	2		
	47.18m 45.06m 46.15m	44.97m 49.00m 47.88m						
8	Stafslieen-Dumale, Abbi	JR Minnesota State	48.53m	159-03	2	1		
	FOUL 48.53m FOUL 47.45m	FOUL FOUL						
9	Heeren, Nicole	JR Wayne State (Neb.)	48.00m	157-06	3			
	48.00m 45.35m 44.12m	46.51m 47.20m 46.50m						
10	Paasch, Kendra	JR Wayne State (Neb.)	45.49m	149-03	2			
	44.56m 45.49m 42.88m							
11	Young, Reilly	FR Wayne State (Neb.)	44.88m	147-03	2			
	41.18m FOUL 44.88m							
12	Coenraad, Shawney	SO Northern State	44.51m	146-00	2			
	44.51m FOUL 43.05m							
13	Baker, Hailey	FR Wayne State (Neb.)	44.27m	145-03	1			
	41.29m 44.27m 43.75m							
14	Taylor, Katie	SR Minnesota State	43.31m	142-01	3			
	FOUL 43.31m FOUL							
15	Glynn, Madison	SO Minnesota State	43.03m	141-02	2			
	FOUL 43.03m 43.00m							
16	Schroeder, Kaitlyn	FR Minnesota State	42.91m	140-09	1			
	FOUL 42.91m 42.71m							
17	Wagner, Rylee	FR Wayne State (Neb.)	42.79m	140-05	1			
	38.54m 42.79m 40.85m							
18	Hughes, Morgan	SO SW Minnesota St.	42.78m	140-04	1			
	42.78m FOUL 39.88m							
19	Gielski, Kayce	SO Minnesota-Duluth	42.24m	138-07	1			
	42.24m 40.95m 42.23m							

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....Women Hammer Throw

20	Guthmiller, Rachel	JR Northern State	42.11m	138-02	1
	42.11m FOUL FOUL				
21	Paaverud, Ella	JR Concordia-St. Paul	41.81m	137-02	2
	FOUL 41.81m FOUL				
22	Bengtson, MacKenzie	JR Sioux Falls	40.85m	134-00	2
	40.85m FOUL 40.43m				
23	Guenther, Veronica	FR Wayne State (Neb.)	39.10m	128-03	2
	FOUL 39.10m 37.58m				
24	Nagel, Kori	FR Minot State	38.19m	125-03	2
	FOUL 38.19m 38.01m				
25	Languis, Brooke	FR Wayne State (Neb.)	37.73m	123-09	1
	35.67m 37.73m FOUL				
26	Zimmerman, Dacoda	JR St. Cloud State	37.30m	122-04	1
	37.30m FOUL FOUL				
--	Hardy, Jenna	FR Minot State	FOUL		1
	FOUL FOUL FOUL				
--	Donlan, Tia	SR Concordia-St. Paul	FOUL		2
	FOUL FOUL FOUL				
--	Welch, Ally	SR Sioux Falls	FOUL		1
	FOUL FOUL FOUL				

Women Javelin Throw

NSIC Record: R 46.74m 1982 Kelly Owen, MSU Moorehead

Name	Year	School	Finals	H#	Points
1 Guthmiller, Rachel		JR Northern State	44.37m	145-07	3 10
		FOUL 42.02m 42.38m 40.69m 44.37m 38.72m			
2 Sunnarborg, Samantha		SO Minnesota State	43.78m	143-08	3 8
		36.18m 38.97m 37.28m 42.51m 43.78m 42.28m			
3 Arason, Hannah		SR St. Cloud State	42.38m	139-00	3 6
		39.98m 41.58m 42.38m 41.40m 40.57m 39.11m			
4 Kramchynsky, Nicole		SO U-Mary	41.24m	135-04	3 5
		34.16m 39.97m 41.24m 38.20m 40.31m FOUL			
5 Baumberger, Olivia		FR Sioux Falls	40.09m	131-06	3 4
		39.72m 34.70m 31.04m 36.56m 40.09m 29.31m			
6 Nygard, Tori		SO Minot State	39.48m	129-06	3 3
		37.65m 33.45m 39.48m 36.85m FOUL 36.94m			
7 Glaser, Josie		SO Msu-Moorhead	38.97m	127-10	2 2
		38.97m 35.72m 36.12m 35.94m 38.65m 36.94m			
8 Larsen, Steena		SO Msu-Moorhead	38.70m	127-00	2 1
		35.13m 34.55m 38.70m 34.65m 35.35m 35.76m			
9 Parish, Kasey		SO St. Cloud State	38.27m	125-07	3
		35.04m 36.53m 35.17m 38.27m 34.50m FOUL			
10 Hawk, Kennedy		FR Minnesota-Duluth	35.93m	117-10	2
		33.46m 35.93m 35.28m			
11 Patnode, Kaylee		SO Winona State	35.88m	117-08	3
		34.64m 35.62m 35.88m			
12 Rae, Jacqi		SO Minnesota-Duluth	34.06m	111-09	1
		34.06m 32.90m 32.08m			
13 Gough, Cassidy		SO Northern State	33.69m	110-06	1
		32.99m 33.69m FOUL			
14 Curtice, Emily		SO Bemidji State	32.04m	105-01	2
		32.04m 31.60m 30.65m			

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....Women Javelin Throw

15	Paaverud, Ella	JR	Concordia-St. Paul	31.86m	104-06	2
	29.35m 29.48m 31.86m					
16	McCartney, Annie	SO	Wayne State (Neb.)	31.81m	104-04	1
	31.81m 29.08m 27.75m					
17	Sallee, Kylee	FR	Augustana (S.D.)	31.38m	102-11	1
	26.31m 27.49m 31.38m					
18	Mlejnek, Jasmine	SO	Minnesota State	31.33m	102-09	2
	30.08m 26.28m 31.33m					
19	Rath, Mack	SO	Minnesota State	31.21m	102-05	1
	31.21m FOUL FOUL					
20	Pattrin, Mikenna	FR	Bemidji State	31.00m	101-08	2
	31.00m 30.97m FOUL					
21	Coenraad, Shawney	SO	Northern State	29.50m	96-09	1
	29.50m 24.50m FOUL					
22	Judge, Megan	SO	Bemidji State	29.14m	95-07	2
	FOUL 24.40m 29.14m					
23	Welch, Ally	SR	Sioux Falls	28.34m	93-00	1
	26.87m FOUL 28.34m					
24	Comstock, McKenna	SO	Sioux Falls	27.50m	90-03	1
	27.50m FOUL 25.43m					
25	Martin, Jade	JR	Upper Iowa	23.91m	78-05	1
	22.97m 23.91m 21.53m					

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year	School	Finals	Wind	H#	Points	
1	Robinson, Arika	SO	Concordia-St. Paul	25.59	-0.6	3	833
2	Inama, Laura	FR	U-Mary	26.13	-0.6	3	786
3	Arason, Hannah	SR	St. Cloud State	26.26	-0.6	3	775
4	Sallee, Kylee	FR	Augustana (S.D.)	26.52	-0.6	3	752
5	Swanson, Emily	SO	Sioux Falls	26.65	-0.6	3	741
6	Curtice, Emily	SO	Bemidji State	26.77	-0.6	3	731
7	Fultz, Natalie	SO	Bemidji State	26.88	-0.2	2	722
8	Tucker, Aneesa	SR	Bemidji State	27.03	-0.6	3	709
9	Martin, Jade	JR	Upper Iowa	27.46	-0.2	2	674
10	Sunnarborg, Samantha	SO	Minnesota State	27.50	-0.2	2	671
11	Paschka, Kaye	SO	Augustana (S.D.)	27.64	-0.2	2	659
12	Serrao, Adla	SO	Msu-Moorhead	27.66	-0.2	2	658
13	Babock, Mickalyn	SO	Msu-Moorhead	27.76	-0.6	3	650
14	Nielsen, Margaret	JR	Upper Iowa	27.96	-0.2	2	634
15	Pedroso, Maria	FR	Augustana (S.D.)	28.07	-0.2	2	625
16	Mickelson, Isadora	SO	SW Minnesota St.	28.15	-0.4	1	619
17	Sowada, Sophia	JR	Msu-Moorhead	28.34	-0.4	1	604
18	Stone, Zoe	JR	Minnesota State	28.41	-0.4	1	599
19	London, Bryn	JR	Minnesota-Duluth	28.68	-0.4	1	578
20	Schroeder, Tessa	JR	Msu-Moorhead	28.70	-0.2	2	577
21	Mlejnek, Jasmine	SO	Minnesota State	29.28	-0.4	1	534

Heptathlon: #7 Women 800 Meter Dash Heptathlon

Name	Year	School	Finals	Points
1	Swanson, Emily	SO	Sioux Falls	2:22.22 794

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....Heptathlon: #7 Women 800 Meter Dash Heptathlon

2	Tucker, Aneesa	SR Bemidji State	2:24.94	758
3	Fultz, Natalie	SO Bemidji State	2:26.69	735
4	Arason, Hannah	SR St. Cloud State	2:27.02	731
5	Sunnarborg, Samantha	SO Minnesota State	2:29.46	700
6	Robinson, Arika	SO Concordia-St. Paul	2:34.16	642
7	Inama, Laura	FR U-Mary	2:35.58	625
8	Curtice, Emily	SO Bemidji State	2:35.73	623
9	Martin, Jade	JR Upper Iowa	2:36.33	616
10	Schroeder, Tessa	JR Msu-Moorhead	2:37.09	607
11	Sowada, Sophia	JR Msu-Moorhead	2:37.38	603
12	Pedroso, Maria	FR Augustana (S.D.)	2:38.03	596
13	Sallee, Kylee	FR Augustana (S.D.)	2:38.92	585
14	Stone, Zoe	JR Minnesota State	2:39.12	583
15	Paschka, Kaye	SO Augustana (S.D.)	2:39.96	573
16	Mlejnek, Jasmine	SO Minnesota State	2:43.33	535
17	London, Bryn	JR Minnesota-Duluth	2:47.16	494
18	Nielsen, Margaret	JR Upper Iowa	2:50.55	458
19	Serrao, Adla	SO Msu-Moorhead	2:52.42	439
20	Mickelson, Isadora	SO SW Minnesota St.	2:59.27	372
--	Babock, Mickalyn	SO Msu-Moorhead	SCR	

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	Wind	H#	Points
1	Arason, Hannah	SR St. Cloud State	14.63	2.3	6	891
2	Robinson, Arika	SO Concordia-St. Paul	14.65	2.3	6	888
3	Swanson, Emily	SO Sioux Falls	15.16	2.3	6	821
4	Paschka, Kaye	SO Augustana (S.D.)	15.30	2.3	6	802
5	Sallee, Kylee	FR Augustana (S.D.)	15.48	3.2	5	779
6	London, Bryn	JR Minnesota-Duluth	15.76	3.2	4	744
7	Tucker, Aneesa	SR Bemidji State	15.85	3.2	5	733
8	Serrao, Adla	SO Msu-Moorhead	15.97	3.2	5	718
9	Mickelson, Isadora	SO SW Minnesota St.	16.04	3.2	5	709
10	Pedroso, Maria	FR Augustana (S.D.)	16.18	3.1	1	692
11	Curtice, Emily	SO Bemidji State	16.26	2.7	3	683
12	Nielsen, Margaret	JR Upper Iowa	16.28	2.7	3	680
13	Sunnarborg, Samantha	SO Minnesota State	16.29	2.3	2	679
14	Inama, Laura	FR U-Mary	16.29	2.3	2	679
15	Stone, Zoe	JR Minnesota State	16.35	3.2	4	672
16	Babock, Mickalyn	SO Msu-Moorhead	16.55	3.2	4	648
17	Schroeder, Tessa	JR Msu-Moorhead	16.62	3.2	4	640
18	Sowada, Sophia	JR Msu-Moorhead	16.65	2.3	2	637
19	Fultz, Natalie	SO Bemidji State	16.89	2.7	3	609
20	Mlejnek, Jasmine	SO Minnesota State	17.38	3.1	1	554
21	Martin, Jade	JR Upper Iowa	20.78	3.1	1	241

Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals	H#	Points
1	Robinson, Arika	SO Concordia-St. Paul	1.68m	5-06.00	2 830
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71				
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O XO O XXX				

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....Heptathlon: #2 Women High Jump Heptathlon

2	Stone, Zoe	JR Minnesota State	1.65m	5-05.00	2	795
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68					
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP 0 0 XO XXO XXO XXX					
2	Arason, Hannah	SR St. Cloud State	1.65m	5-05.00	2	795
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68					
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP 0 0 XO XXO XXO XXX					
4	Swanson, Emily	SO Sioux Falls	1.62m	5-03.75	2	759
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65					
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XO 0 0 XXO XXX					
5	Fultz, Natalie	SO Bemidji State	1.56m	5-01.25	2	689
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59					
	PPP PPP PPP PPP PPP PPP 0 XO 0 0 XXO 0 XXX					
5	Schroeder, Tessa	JR Msu-Moorhead	1.56m	5-01.25	1	689
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59					
	PPP PPP PPP PPP PPP 0 0 0 0 0 XXO 0 XXX					
5	Babock, Mickalyn	SO Msu-Moorhead	1.56m	5-01.25	1	689
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59					
	PPP PPP PPP PPP PPP 0 0 0 XXO XO XXO XXO XXX					
5	Sallee, Kylee	FR Augustana (S.D.)	1.56m	5-01.25	2	689
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59					
	PPP PPP PPP PPP PPP PPP PPP 0 0 0 XO 0 XXX					
9	Nielsen, Margaret	JR Upper Iowa	1.53m	5-00.25	1	655
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56					
	PPP PPP PPP PPP XO 0 0 0 XXO 0 XO XXX					
9	Inama, Laura	FR U-Mary	1.53m	5-00.25	2	655
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56					
	PPP PPP PPP 0 PPP 0 0 XO 0 0 XXO XXX					
9	Pedroso, Maria	FR Augustana (S.D.)	1.53m	5-00.25	2	655
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56					
	PPP PPP PPP PPP PPP PPP PPP 0 0 0 XXX					
9	London, Bryn	JR Minnesota-Duluth	1.53m	5-00.25	2	655
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56					
	PPP PPP PPP PPP PPP PPP 0 XO 0 XO 0 XXX					
9	Sunnarborg, Samantha	SO Minnesota State	1.53m	5-00.25	2	655
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56					
	PPP PPP PPP PPP PPP PPP PPP 0 XO 0 XO XXX					
9	Mlejnek, Jasmine	SO Minnesota State	1.53m	5-00.25	1	655
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56					
	PPP PPP PPP PPP PPP PPP 0 0 XO 0 0 XXX					
9	Sowada, Sophia	JR Msu-Moorhead	1.53m	5-00.25	1	655
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56					
	PPP PPP PPP PPP PPP PPP 0 0 0 0 XXO XXX					
16	Tucker, Aneesa	SR Bemidji State	1.50m	4-11.00	1	621
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53					
	PPP PPP 0 0 0 0 0 0 0 0 0 XXX					
16	Curtice, Emily	SO Bemidji State	1.50m	4-11.00	1	621
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53					
	PPP PPP PPP PPP 0 0 0 0 0 XXO XXX					
16	Paschka, Kaye	SO Augustana (S.D.)	1.50m	4-11.00	2	621
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53					
	PPP PPP PPP PPP PPP PPP 0 XXO 0 0 XXX					
19	Serrao, Adla	SO Msu-Moorhead	1.47m	4-09.75	1	588
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50					
	PPP PPP PPP PPP 0 0 XO XO XXO XXX					

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20	Martin, Jade	JR Upper Iowa	1.44m	4-08.75	1	555
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47					
	PPP PPP PPP PPP 0 0 0 XO XXX					
21	Mickelson, Isadora	SO SW Minnesota St.	1.38m	4-06.25	1	491
	1.23 1.26 1.29 1.32 1.35 1.38 1.41					
	0 0 0 0 0 0 XXX					

Heptathlon: #5 Women Long Jump Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Robinson, Arika	SO Concordia-St. Paul	5.72m	3.4	18-09.25	2 765
	FOUL 5.72m(3.4) 5.42m(1.6)				
2 Sallee, Kylee	FR Augustana (S.D.)	5.48m	2.8	17-11.75	2 694
	5.48m(2.8) 5.30m(3.4) 5.33m(1.7)				
3 Arason, Hannah	SR St. Cloud State	5.47m	3.2	17-11.50	2 691
	5.47m(3.2) 5.41m(2.0) 5.15m(2.5)				
4 Tucker, Aneesa	SR Bemidji State	5.26m	3.2	17-03.25	1 631
	5.26m(3.2) FOUL FOUL				
5 Swanson, Emily	SO Sioux Falls	5.20m	2.2	17-00.75	2 614
	5.20m(2.2) 5.11m(1.4) FOUL				
6 Stone, Zoe	JR Minnesota State	5.16m	3.0	16-11.25	2 603
	4.90m(1.7) 5.16m(3.0) 5.01m(2.3)				
7 Sunnarborg, Samantha	SO Minnesota State	5.06m	3.8	16-07.25	2 576
	4.95m(2.5) 4.81m(5.5) 5.06m(3.8)				
8 Pedroso, Maria	FR Augustana (S.D.)	5.01m	3.3	16-05.25	2 562
	4.51m(0.2) FOUL 5.01m(3.3)				
9 Fultz, Natalie	SO Bemidji State	4.99m	2.5	16-04.50	2 557
	4.99m(2.5) 4.97m(4.1) 4.25m(1.8)				
10 Curtice, Emily	SO Bemidji State	4.98m	2.7	16-04.25	1 554
	4.98m(2.7) 4.89m(5.6) 4.81m(6.1)				
11 Paschka, Kaye	SO Augustana (S.D.)	4.97m	3.3	16-03.75	2 551
	FOUL 4.97m(3.3) 4.85m(4.8)				
12 Mlejnek, Jasmine	SO Minnesota State	4.96m	6.9	16-03.25	1 548
	FOUL 4.94m(4.9) 4.96m(6.9)				
13 Inama, Laura	FR U-Mary	4.93m	0.5	16-02.25	2 540
	4.93m(0.5) 4.92m(3.8) 4.88m(2.7)				
14 Mickelson, Isadora	SO SW Minnesota St.	4.80m	3.2	15-09.00	1 506
	4.80m(3.2) 4.36m(5.2) 4.48m(4.2)				
15 London, Bryn	JR Minnesota-Duluth	4.79m	3.8	15-08.75	2 503
	4.36m(3.0) 4.79m(3.8) 4.61m(1.6)				
16 Martin, Jade	JR Upper Iowa	4.66m	4.9	15-03.50	1 469
	4.66m(4.9) 4.35m(6.1) 4.31m(9.2)				
17 Sowada, Sophia	JR Msu-Moorhead	4.64m	1.0	15-02.75	1 464
	4.64m(1.0) FOUL 4.50m(3.1)				
18 Schroeder, Tessa	JR Msu-Moorhead	4.56m	7.1	14-11.50	1 443
	4.36m(1.7) 4.46m(4.1) 4.56m(7.1)				
18 Serrao, Adla	SO Msu-Moorhead	4.56m	4.1	14-11.50	1 443
	3.60m(3.1) 4.48m(5.0) 4.56m(4.1)				
20 Nielsen, Margaret	JR Upper Iowa	4.51m	4.1	14-09.75	1 431
	4.42m(7.1) 4.35m(7.3) 4.51m(4.1)				
21 Babock, Mickalyn	SO Msu-Moorhead	4.05m	6.1	13-03.50	1 319
	4.05m(6.1) PASS PASS				

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022**Timing and Results by Hero's Timing****Northern State University****Results****Heptathlon: #3 Women Shot Put Heptathlon**

Name	Year	School	Finals	H#	Points
1 Stone, Zoe	JR	Minnesota State	11.18m	36-08.25	2 607
10.92m 11.18m 10.79m					
2 Sunnarborg, Samantha	SO	Minnesota State	11.00m	36-01.25	2 595
10.67m 10.88m 11.00m					
3 Curtice, Emily	SO	Bemidji State	10.79m	35-05.00	1 581
10.30m 10.79m 10.60m					
4 Robinson, Arika	SO	Concordia-St. Paul	10.71m	35-01.75	2 576
9.77m 10.71m 10.33m					
5 Arason, Hannah	SR	St. Cloud State	10.66m	34-11.75	2 573
9.85m 10.66m 10.18m					
6 Paschka, Kaye	SO	Augustana (S.D.)	10.53m	34-06.75	2 564
9.20m 8.97m 10.53m					
7 Sallee, Kylee	FR	Augustana (S.D.)	10.20m	33-05.75	2 543
10.20m 9.19m 9.29m					
8 Sowada, Sophia	JR	Msu-Moorhead	9.96m	32-08.25	1 527
9.57m 9.96m 9.58m					
9 Tucker, Aneesa	SR	Bemidji State	9.72m	31-10.75	1 511
9.20m 9.38m 9.72m					
10 Mlejnek, Jasmine	SO	Minnesota State	9.54m	31-03.75	1 499
9.29m 9.54m 9.41m					
10 Mickelson, Isadora	SO	SW Minnesota St.	9.54m	31-03.75	1 499
8.73m 9.54m 8.49m					
12 Swanson, Emily	SO	Sioux Falls	9.53m	31-03.25	2 499
9.53m 9.47m FOUL					
13 Pedroso, Maria	FR	Augustana (S.D.)	9.34m	30-07.75	2 486
9.34m 9.32m FOUL					
14 Nielsen, Margaret	JR	Upper Iowa	8.85m	29-00.50	1 454
8.51m 8.85m 8.36m					
15 Serrao, Adla	SO	Msu-Moorhead	8.79m	28-10.25	1 451
8.79m 7.96m 8.23m					
16 Fultz, Natalie	SO	Bemidji State	8.74m	28-08.25	2 447
8.60m 8.74m 8.74m					
17 London, Bryn	JR	Minnesota-Duluth	8.73m	28-07.75	2 447
8.32m 8.32m 8.73m					
18 Babock, Mickalyn	SO	Msu-Moorhead	8.50m	27-10.75	1 432
8.50m 8.44m 7.97m					
19 Inama, Laura	FR	U-Mary	8.38m	27-06.00	2 424
8.25m 8.38m 8.37m					
20 Schroeder, Tessa	JR	Msu-Moorhead	8.17m	26-09.75	1 410
7.92m 8.02m 8.17m					
21 Martin, Jade	JR	Upper Iowa	8.11m	26-07.25	1 406
8.05m 8.11m 7.50m					

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year	School	Finals	H#	Points
1 Sunnarborg, Samantha	SO	Minnesota State	44.70m	146-08	2 758
33.96m 44.70m 43.39m					
2 Arason, Hannah	SR	St. Cloud State	44.24m	145-02	2 749
44.24m 40.48m 39.47m					

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....Heptathlon: #6 Women Javelin Throw Heptathlon

3	Swanson, Emily	SO Sioux Falls	35.88m	117-08	2	588
	30.90m 32.41m 35.88m					
4	Mlejnek, Jasmine	SO Minnesota State	35.66m	117-00	1	584
	35.66m FOUL 32.53m					
5	Curtice, Emily	SO Bemidji State	34.48m	113-01	1	562
	34.48m 31.93m 32.46m					
6	Robinson, Arika	SO Concordia-St. Paul	33.02m	108-04	2	534
	31.31m 24.31m 33.02m					
7	Paschka, Kaye	SO Augustana (S.D.)	31.06m	101-11	2	497
	FOUL 27.74m 31.06m					
8	Sallee, Kylee	FR Augustana (S.D.)	30.81m	101-01	2	492
	FOUL 28.87m 30.81m					
9	Martin, Jade	JR Upper Iowa	27.39m	89-10	1	427
	24.14m 25.81m 27.39m					
10	Tucker, Aneesa	SR Bemidji State	26.95m	88-05	1	419
	FOUL 26.95m 24.92m					
11	Serrao, Adla	SO Msu-Moorhead	26.74m	87-09	1	415
	25.48m 26.74m FOUL					
12	Inama, Laura	FR U-Mary	26.28m	86-03	2	406
	26.28m 26.06m 24.14m					
13	Stone, Zoe	JR Minnesota State	25.28m	82-11	2	388
	24.99m 22.15m 25.28m					
14	Fultz, Natalie	SO Bemidji State	23.91m	78-05	2	362
	22.21m 22.80m 23.91m					
15	Nielsen, Margaret	JR Upper Iowa	22.80m	74-10	1	341
	22.80m 22.35m 19.19m					
16	Pedroso, Maria	FR Augustana (S.D.)	22.52m	73-11	2	336
	17.18m 19.48m 22.52m					
17	Sowada, Sophia	JR Msu-Moorhead	21.85m	71-08	1	323
	18.86m 21.64m 21.85m					
18	London, Bryn	JR Minnesota-Duluth	20.71m	67-11	2	302
	20.71m 18.72m FOUL					
19	Schroeder, Tessa	JR Msu-Moorhead	17.88m	58-08	1	250
	16.50m 17.88m FOUL					
20	Mickelson, Isadora	SO SW Minnesota St.	15.07m	49-05	1	198
	15.07m 10.55m 12.30m					

Women Heptathlon

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NSIC Record: R 5323 2018 Halle Burney, Concordia- St. Paul						
Name	Year	School	Finals	H#	Points	
=====						
1	Arason, Hannah	SR St. Cloud State	5205	10		
2	Robinson, Arika	SO Concordia-St. Paul	5068	8		
3	Swanson, Emily	SO Sioux Falls	4816	6		
4	Sunnarborg, Samantha	SO Minnesota State	4634	5		
5	Sallee, Kylee	FR Augustana (S.D.)	4534	4		
6	Tucker, Aneesa	SR Bemidji State	4382	3		
7	Curtice, Emily	SO Bemidji State	4355	2		
8	Paschka, Kaye	SO Augustana (S.D.)	4267	1		
9	Stone, Zoe	JR Minnesota State	4247			
10	Fultz, Natalie	SO Bemidji State	4121			
11	Inama, Laura	FR U-Mary	4115			
12	Pedroso, Maria	FR Augustana (S.D.)	3952			

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....Women Heptathlon

13 Mlejnek, Jasmine	SO Minnesota State	3909
14 Sowada, Sophia	JR Msu-Moorhead	3813
15 London, Bryn	JR Minnesota-Duluth	3723
16 Serrao, Adla	SO Msu-Moorhead	3712
17 Nielsen, Margaret	JR Upper Iowa	3653
18 Schroeder, Tessa	JR Msu-Moorhead	3616
19 Mickelson, Isadora	SO SW Minnesota St.	3394
20 Martin, Jade	JR Upper Iowa	3388

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Women - Team Rankings - 21 Events Scored

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1) Minnesota State	191	2) Augustana (S.D.)	127
3) U-Mary	104.50	4) Winona State	88
5) Sioux Falls	47.50	6) Concordia-St. Paul	43
7) MSU-Moorhead	36	8) Wayne State (Neb.)	34
9) Minnesota-Duluth	32	10) Bemidji State	31
11) Northern State	28	12) St. Cloud State	26
13) SW Minnesota St.	13	14) Minot State	9
15) Upper Iowa	8		