

1996 NSIC INDOOR CHAMPIONSHIPS

Men: 1. Minnesota-Duluth 200 ½; 2. Bemidji State 154 ½; 3. Northern State 86; 4. Moorhead State 40; 5. Minnesota-Morris 5.

Women: 1. Minnesota-Duluth 192; 2. Northern State 109; 3. Bemidji State 100; 4. Moorhead State 31; 5. Winona State 17; 6. Minnesota-Morris 11.

	<u>Men</u>		<u>Women</u>	
55			55	
1. Eric Storhoff	Minnesota-Duluth	6.62	1. Lucy Anderson	Minnesota-Duluth 7.46
200			200	
1. Eric Storhof	Minnesota-Duluth	22.76	1. Lucy Anderson	Minnesota-Duluth 26.29
400			400	
1. Kevin Blackburn	Bemidji State	50.72	1. Amber Bohman	Bemidji State 1:00.46
600			600	
1. Ryan Marshall	Minnesota-Duluth	1:24.16	1. Sarah Lindeman	Minnesota-Duluth 1:40.70
800			800	
1. George Hanson	Minnesota-Duluth	1:54.89	1. Bonnie Stock	Minnesota-Duluth 2:24.81
1000			1000	
1. Chad Coley	Minnesota-Duluth	2:35.98	1. Amy Van Dyke	Northern State 3:06.88
Mile			Mile	
1. George Hanson	Minnesota-Duluth	4:20.93	1. Bonnie Stock	Minnesota-Duluth 5:20.29
5000			5000	
1. Dan Pemble	Bemidji State	15:55.61	1. Brandy Griffith	Minnesota-Duluth 18:52.59
55 Hurdles			55 Hurdles	
1. Ralph Beers	Bemidji State	7.61	1. Rachel Smetanka	Minnesota-Duluth 8.76
1600 Relay			1600 Relay	
1. Minnesota-Duluth	3:28.10		1. Northern State	4:10.22
Distance Medley Relay			Distance Medley Relay	
1. Minnesota-Duluth	10:18.65		1. Minnesota-Duluth	12:55.89
High Jump			High Jump	
1. Charley Anderson	Northern State	6-4	1. Megan Scott	Bemidji State 5-6
Pole Vault			Long Jump	
1. Todd Williams	Bemidji State	15-0	1. Rachel Smetanka	Minnesota-Duluth 17-10
Long Jump			Triple Jump	
1. Jeremy Magnuson	Minnesota-Duluth	21-10¾	1. Rachel Smetanka	Minnesota-Duluth 36-9
Triple Jump			Shot Put	
1. Jeremy Magnuson	Minnesota-Duluth	44-6¾	1. Tricia Bain	Northern State 43-8
Shot Put			Weight Throw	
1. Todd Bouchie	Minnesota-Duluth	46-8½	1. Sarah Nelson	Winona State 39-7
Weight Throw				
1. Brad Saville	Moorhead State	43-5		