

Licensed to Bemidji State University Hy-Tek's Meet Manager 3/1/2008 04:12 PM
 2008 NSIC Indoor Championship - 2/18/2008 to 3/1/2008
 Bemidji State University
 Bemidji, MN
 Results

Women 55 Meter Dash

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NCAA Auto: # 7.02
NCAA Prov.: @ 7.23
NSIC Record: * 7.14 2001 Kaneisha Hunter, MSU Moorhead
Name Year School Prelims H#
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Preliminaries
1 Kacie Sweep U Mary @ 7.23Q 3
2 Lindsey Derby Winona State 7.39Q 2
3 Kylie Herian Wayne State 7.39Q 1
4 Kristen Stewart U Mary 7.41q 2
5 Jess Devine Winona State 7.50q 3
6 M'Kelle Tomberlin Bemidji St 7.53q 2
7 Jennifer Hensel Msu Moorhead 7.54q 3
8 Nikki Olson Winona State 7.55q 2
9 Rachel Roebke Wayne State 7.55 1
10 Kayla Weisbeck U Mary 7.58 3
11 Marisa Aldinger Northern St 7.58 3
12 Sara Dalton Bemidji St 7.64 1
13 Emily Asuncion Winona State 7.67 1
14 Laura Kohtala Msu Moorhead 8.15 2
15 Kristen Weidner Bemidji St 8.54 1
16 Alicia Short Bemidji St 9.55 1
  
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Women 55 Meter Dash

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=====
NCAA Auto: # 7.02
NCAA Prov.: @ 7.23
NSIC Record: * 7.14 2001 Kaneisha Hunter, MSU Moorhead
Name Year School Finals Points
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Finals
1 Kacie Sweep U Mary 7.21@ 10
2 Lindsey Derby Winona State 7.34 8
3 Kylie Herian Wayne State 7.35 6
4 Jess Devine Winona State 7.47 4
5 Jennifer Hensel Msu Moorhead 7.49 2
6 Kristen Stewart U Mary 7.51 1
7 M'Kelle Tomberlin Bemidji St 7.54
8 Nikki Olson Winona State 7.56
  
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Women 200 Meter Dash

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NCAA Auto: # 24.85
NCAA Prov.: @ 25.50
NSIC Record: * 25.72 1999 Amber Bohmann, Bemidji State
Name Year School Prelims H#
=====
Preliminaries
1 Kristen Stewart U Mary * 25.61Q 4
2 Kacie Sweep U Mary * 25.64Q 3
3 Mishay Weber U Mary * 25.64Q 1
4 Kristi Buerkle Bemidji St 26.03Q 2
  
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5	Kylie Herian	Wayne State	26.06q	1
6	Nikki Olson	Winona State	26.12q	4
7	Katie Johnson	Concordia	26.27q	2
8	Nicole Johnson	Winona State	26.27q	3
9	Mkelle Tomberlin	Bemidji St	26.51q	3
10	Rachel Roebke	Wayne State	26.52q	4
11	Jennifer Hensel	Msu Moorhead	26.62q	1
12	Alison Streyle	Msu Moorhead	26.63q	1
13	Paige Paulson	Northern St	26.91	2
14	Kristina Anderson	Msu Moorhead	26.93	2
15	Samantha Lisowski	Winona State	27.19	3
16	Kayla Weisbeck	U Mary	27.22	4
17	Kristen Weidner	Bemidji St	31.65	4

Women 200 Meter Dash

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NCAA Auto: # 24.85
 NCAA Prov.: @ 25.50
 NSIC Record: * 25.72 1999 Amber Bohmann, Bemidji State

Name	Year	School	Finals	H#	Points
=====					
Finals					
1		U Mary	25.48@	2	10
2		U Mary	25.63*	2	8
3		Bemidji St	26.05	2	6
4		Wayne State	26.12	1	4
5		Winona State	26.14	1	2
6		Concordia	26.30	1	1
7		Winona State	26.35	1	

Women 400 Meter Dash

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NCAA Auto: # 56.20
 NCAA Prov.: @ 57.80
 NSIC Record: * 56.72 1993 Amy Von Wald, Northern State

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1		U Mary	58.44Q	3
2		Bemidji St	58.61Q	2
3		Concordia	59.76Q	1
4		Msu Moorhead	59.38q	2
5		Winona State	59.68q	2
6		Winona State	59.73q	3
7		U Mary	1:00.14q	1
8		Northern St	1:00.52q	3
9		Msu Moorhead	1:00.62q	1
10		Northern St	1:01.02q	1
11		Winona State	1:03.26q	2
12		Msu Moorhead	1:05.88q	3

Women 400 Meter Dash

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NCAA Auto: # 56.20
 NCAA Prov.: @ 57.80
 NSIC Record: * 56.72 1993 Amy Von Wald, Northern State

Name	Year	School	Finals	H#	Points
=====					
Finals					
1		U Mary	57.50@	2	10

2	Kristi Buerkle	Bemidji St	57.69@	2	8
3	Katie Johnson	Concordia	58.57	2	6
4	Alison Streyle	Msu Moorhead	58.64	2	4
5	Lisa Meyer	Winona State	59.19	1	2
6	Betsy Bischoff	U Mary	59.75	1	1
7	Kelly Milkent	Winona State	1:00.02	1	
8	Paige Paulson	Northern St	1:00.48	1	

Women 1 Mile Run

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NCAA Auto: # 4:58.10
 NCAA Prov.: @ 5:06.60
 NSIC Record: * 5:01.53 2000 Katie Huntley, Minnesota Duluth

Name	Year	School	Finals	Points
1 Anna VanWechel		Msu Moorhead	5:10.55	10
2 Alyson Piccolo		U Mary	5:14.06	8
3 Rayna Berndt		Msu Moorhead	5:15.10	6
4 Allie Glasbrenner		Winona State	5:16.34	4
5 Melissa Schmit		Wayne State	5:17.78	2
6 Melissa McIntosh		Wayne State	5:24.18	1
7 Jenna Southworth		Winona State	5:28.62	
8 Jenna McCoy		Wayne State	5:47.83	
9 Michelle Jeske		Winona State	5:52.83	
10 Brittany Becker		Bemidji St	5:57.28	
11 Stacy Letourneau		Bemidji St	5:58.39	

Women 600 Meter Run

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NSIC Record: * 1:33.52 2000 Lori Schmidt, Minnesota Duluth

Name	Year	School	Finals	H#	Points
1 Michelle Huxtable		U Mary	1:36.95	3	10
2 Christina King		Wayne State	1:36.97	3	8
3 Sara Julsrud		Msu Moorhead	1:37.33	3	6
4 Nicole Friend		Bemidji St	1:37.66	3	4
5 Jennifer Bradford		Winona State	1:37.92	3	2
6 Jade Lippman		Wayne State	1:40.09	2	1
7 Josie Reiner		U Mary	1:41.04	2	
8 Molly Gibson		Wayne State	1:41.63	2	
9 Michelle Schreiner		Winona State	1:41.64	3	
10 Katy Hilton		Northern St	1:44.59	2	
11 Ashley Grammens		U Mary	1:45.29	1	
12 Tara Cercle		U Mary	1:47.34	1	
13 Andrea Sayler		Msu Moorhead	1:47.37	1	

Women 800 Meter Run

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NCAA Auto: # 2:13.60
 NCAA Prov.: @ 2:18.30
 NSIC Record: * 2:17.96 2000 Marsha Krienke, Wayne State

Name	Year	School	Finals	Points
1 Ashley Roemer		Msu Moorhead	2:16.33*	10
2 Hannah Moen		U Mary	2:18.87	8
3 Brandee DeVine		U Mary	2:23.02	6
4 Megan Zavorka		Wayne State	2:23.07	4
5 Danielle Nickolas		Northern St	2:24.33	2
6 Kelsey Stensland		Winona State	2:27.52	1
7 Kristy Doffin		Wayne State	2:29.59	

8	Kathryn McElroy	Winona State	2:30.15
9	Whitney Fridley	U Mary	2:30.34
10	Roxy Kashani	Concordia	2:48.23

Women 1000 Meter Run

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NSIC Record: * 2:56.39 2000 Marsha Krienke, Wayne State
Name Year School Finals Points
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1 Jenny Baus Northern St 3:01.89 10
2 Cassie Blazer U Mary 3:02.73 8
3 Anna VanWechel Msu Moorhead 3:04.82 6
4 Kaitlin Hartnett Concordia 3:06.81 4
5 Allie Glasbrenner Winona State 3:08.67 2
6 Meghan Costello Wayne State 3:11.50 1
7 Melissa Schmit Wayne State 3:11.78
8 Genna Ironi Bemidji St 3:13.13
9 Megan Knudson Wayne State 3:13.33
10 Sara Julsrud Msu Moorhead 3:15.75
11 Jenna Southworth Winona State 3:16.81
12 Toni Fritz Northern St 3:18.20
13 Megan Fulton Concordia 3:20.28
14 Jenna McCoy Wayne State 3:23.18
15 Brittany Becker Bemidji St 3:26.56
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Women 5000 Meter Run

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NCAA Auto: # 17:06.80
NCAA Prov.: @ 17:51.80
NSIC Record: * 17:42.90 2001 Tammy Stang, Minnesota Duluth
Name Year School Finals Points
=====
1 Alyson Piccolo U Mary 18:39.04 10
2 Anna VanWechel Msu Moorhead 18:56.28 8
3 Rayna Berndt Msu Moorhead 19:05.08 6
4 Sarah Rebenitsch Msu Moorhead 19:10.03 4
5 Sarah Thomsen Wayne State 19:12.87 2
6 Kari Bloch Msu Moorhead 19:17.32 1
7 Madie Heinrich Winona State 19:37.37
8 Danielle Thompson Msu Moorhead 19:39.62
9 Bethany Easker Winona State 19:54.07
10 Melissa McIntosh Wayne State 20:01.66
11 Ivy Roe U Mary 20:09.95
12 Meghan Jacob Wayne State 20:13.75
13 Kendall Bruhl Concordia 20:27.89
14 Steph Smith Winona State 20:30.97
15 Staci Latourneau Bemidji St 20:44.56
16 Taryn West Northern St 20:57.30
-- Kelly Rieber Winona State DNF
-- Megan Zavorka Wayne State DNF
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Women 55 Meter Hurdles

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=====
NCAA Auto: # 8.08
NCAA Prov.: @ 8.40
NSIC Record: * 8.48 2000 Lynne Nacke, Northern State
Name Year School Prelims H#
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Preliminaries
1 Kylie Herian Wayne State @ 8.27Q 2
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2	Rachel Roebke	Wayne State	@ 8.33Q	1
3	Jess Devine	Winona State	@ 8.37Q	3
4	Brianna Perry	U Mary	8.55q	2
5	Emily Asuncion	Winona State	8.67q	3
6	Sara Dalton	Bemidji St	8.72q	3
7	Andrea Sjomeling	Northern St	8.81q	1
8	Jade Lippman	Wayne State	8.83q	1
9	Markell Gallagher	U Mary	8.86	2
10	Alison Streyle	Msu Moorhead	8.88	2
11	Kaitlyn Jensen	Winona State	9.03	3
12	Rebecca Hougen	Bemidji St	9.04	1
13	Tanya Vassar	Northern St	9.12	1
14	Tara Cercle	U Mary	9.30	3
15	Pearl Walker	Bemidji St	9.75	2

Women 55 Meter Hurdles

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=====
NCAA Auto: # 8.08
NCAA Prov.: @ 8.40
NSIC Record: * 8.48 2000 Lynne Nacke, Northern State
Name Year School Finals Points
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Finals

1	Kylie Herian	Wayne State	8.14@	10
2	Rachel Roebke	Wayne State	8.14@	8
3	Jess Devine	Winona State	8.33@	6
4	Brianna Perry	U Mary	8.46*	4
5	Sara Dalton	Bemidji St	8.66	2
6	Andrea Sjomeling	Northern St	8.69	1
7	Emily Asuncion	Winona State	8.80	
8	Jade Lippman	Wayne State	8.89	

Women 4x400 Meter Relay

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NCAA Auto: # 3:46.80
NCAA Prov.: @ 3:57.80
NSIC Record: * 4:03.62 2001 , MSU Moorhead
School Finals Points
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1	Minnesota State University Moo	3:55.64@	10
	1) Sara Julsrud	2) Alison Streyle	
	3) Kristina Anderson	4) Ashley Roemer	
2	University of Mary	3:57.27@	8
	1) Cassie Blazer	2) Michelle Huxtable	
	3) Josie Reiner	4) Betsy Bischoff	
3	Bemidji State	3:59.95*	6
4	Winona State	4:02.37*	4
5	Northern State	4:05.19	2
6	Wayne State College	4:07.08	1

Women Distance Medley

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=====
NCAA Auto: # 11:51.70
NCAA Prov.: @ 12:24.70
NSIC Record: * 12:24.03 1995 , Moorhead State
School Finals Points
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1	Minnesota State University Moo	12:14.57*	10
	1) Ashley Roemer	2) Kirby Black	
	3) Sara Julsrud	4) Anna VanWechel	

2	University of Mary	12:32.55	8
	1) Hannah Moen	2) Josie Reiner	
	3) Brandee DeVine	4) Alyson Piccolo	
3	Winona State	12:34.45	6
4	Wayne State College	12:38.17	4
5	Northern State	12:50.07	2
6	Bemidji State	13:17.62	1
7	Concordia University	13:28.82	

Women High Jump

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NCAA Auto: # 1.74m
 NCAA Prov.: @ 1.67m
 NSIC Record: * 5-08 2001 Jodi Swenson, Minnesota Duluth

Name	Year	School	Finals	Points
1	Ashley Roemer	Msu Moorhead	1.66m 5-05.25	10
2	Ashley Hagen	Msu Moorhead	1.61m 5-03.25	7
2	Brianna Perry	U Mary	1.61m 5-03.25	7
4	Tanya Vassar	Northern St	1.56m 5-01.25	3
4	Ashley Grammens	U Mary	1.56m 5-01.25	3
6	Laura Smith	Northern St	1.56m 5-01.25	0.5
6	Misty Rystrom	Wayne State	1.56m 5-01.25	0.5
8	Jade Lippman	Wayne State	1.56m 5-01.25	
8	Ashley Rietz	Msu Moorhead	1.56m 5-01.25	
10	Kale Johnson	Winona State	1.51m 4-11.50	
11	Danielle Norby	Msu Moorhead	1.51m 4-11.50	
12	Lindsey Ecklund	Msu Moorhead	1.51m 4-11.50	
13	Jamie Gunderson	Northern St	1.51m 4-11.50	
14	Alyssa Lammers	Winona State	1.46m 4-09.50	
14	Hayley Reed	Concordia	1.46m 4-09.50	
16	Carma Huseby	Bemidji St	1.41m 4-07.50	

Women Pole Vault

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NCAA Auto: # 3.80m
 NCAA Prov.: @ 3.50m
 NSIC Record: * 12-00 Aaron Clark, MSU Moorhead

Name	Year	School	Finals	Points
1	Kaylyn Roenke	Msu Moorhead	3.38m 11-01.00	10
2	Nicole Ackerman	U Mary	3.23m 10-07.00	8
3	Angela Winsor	Bemidji St	3.23m 10-07.00	5
3	Jayme Anderson	Concordia	3.23m 10-07.00	5
5	Katie MacRae	Msu Moorhead	3.08m 10-01.25	2
6	Hayley Reed	Concordia	2.78m 9-01.50	1
7	Steph Precourt	Winona State	2.63m 8-07.50	
--	Jennifer Hensel	Msu Moorhead	NH	

Women Long Jump

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NCAA Auto: # 5.80m
 NCAA Prov.: @ 5.50m
 NSIC Record: * 18-08.50 2004 Adejoke Adedejji, Concordia-St. Paul

Name	Year	School	Finals	Points
1	Brianna Perry	U Mary	5.85m# 19-02.50	10
2	Destine Keller	U Mary	5.73m@ 18-09.75	8
3	Katie Johnson	Concordia	5.59m@ 18-04.25	6
4	Ashley Roemer	Msu Moorhead	5.46m 17-11.00	4

5	M'Kelle Tomberlin	Bemidji St	5.44m	17-10.25	2
6	Kirby Black	Msu Moorhead	5.43m	17-09.75	1
7	Marisa Aldinger	Northern St	5.36m	17-07.00	
8	Ashley Grammens	U Mary	5.33m	17-06.00	
9	Alyssa Lammers	Winona State	5.22m	17-01.50	
--	Pearl Walker	Bemidji St	ND		
--	Danielle Norby	Msu Moorhead	ND		

Women Triple Jump

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NCAA Auto: # 12.20m
 NCAA Prov.: @ 11.50m
 NSIC Record: * 38-07 2004 Tracy Knippel, Winona State

Name	Year	School	Finals	Points
1	Destinee Keller	U Mary	11.93m@ 39-01.75	10
2	Katie Johnson	Concordia	11.60m@ 38-00.75	8
3	Ashley Grammens	U Mary	11.25m 36-11.00	6
4	Kirby Black	Msu Moorhead	11.01m 36-01.50	4
5	Emily Asuncion	Winona State	10.84m 35-06.75	2
6	Danae Stuhr	Wayne State	10.54m 34-07.00	1
7	Rebecca Hougen	Bemidji St	10.43m 34-02.75	
8	Heather Bonn	Northern St	10.43m 34-02.75	
9	Danielle Norby	Msu Moorhead	10.28m 33-08.75	
10	Kale Johnson	Winona State	10.00m 32-09.75	

Women Shot Put

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NCAA Auto: # 14.30m
 NCAA Prov.: @ 13.25m
 NSIC Record: * 45-03.75 1990 Patti Fitzgerald, Bemidji State

Name	Year	School	Finals	Points
1	Sheena Devine	Bemidji St	15.74m# 51-07.75	10
2	Katie Wilson	Wayne State	14.46m# 47-05.25	8
3	Chelsea Brown	Winona State	13.10m 42-11.75	6
4	Amanda Madden	Northern St	13.00m 42-08.00	4
5	Casey Buskirk	Wayne State	12.63m 41-05.25	2
6	Melissa Ramirez	U Mary	12.60m 41-04.25	1
7	Rebecca Stier	Winona State	12.06m 39-07.00	
8	Angelina Hutter	Concordia	11.91m 39-01.00	
9	Alicia Olson	U Mary	11.55m 37-10.75	
10	Michelle Potter	Winona State	11.53m 37-10.00	
11	Kaysee Nesmo	Concordia	11.26m 36-11.50	
12	Michelle Schultze	Winona State	10.86m 35-07.75	
13	Jasmine Henrich	Msu Moorhead	10.80m 35-05.25	
14	Michelle Jetvig	Msu Moorhead	10.68m 35-00.50	
15	Katie Smith	Northern St	10.67m 35-00.25	
16	Holly Hassler	U Mary	10.50m 34-05.50	
--	Catherine Anthony	Northern St	ND	

Women Weight Throw

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NCAA Auto: # 17.45m
 NCAA Prov.: @ 15.85m
 NSIC Record: * 59-05.50 Belinda Eastlack, MSU Moorhead

Name	Year	School	Finals	Points
1	Sheena Devine	Bemidji St	17.49m# 57-04.75	10
2	Amanda Madden	Northern St	17.30m@ 56-09.25	8

3	Katie Wilson	Wayne State	17.01m@	55-09.75	6
4	Lacey Jensen	Wayne State	16.66m@	54-08.00	4
5	Casey Buskirk	Wayne State	15.63m	51-03.50	2
6	Michelle Schultze	Winona State	15.05m	49-04.50	1
7	Shay Tullberg	Wayne State	14.92m	48-11.50	
8	Rebecca Stier	Winona State	14.89m	48-10.25	
9	Chelsea Brown	Winona State	14.02m	46-00.00	
10	Missy Kelsey	Bemidji St	13.90m	45-07.25	
11	Katie Smith	Northern St	13.81m	45-03.75	
12	Michelle Jetvig	Msu Moorhead	13.44m	44-01.25	
13	Kaysee Nesmoe	Concordia	13.10m	42-11.75	
14	Melissa Ramirez	U Mary	12.76m	41-10.50	
15	Jasmine Henrich	Msu Moorhead	12.59m	41-03.75	
16	Alicia Olson	U Mary	11.62m	38-01.50	
17	Angelina Hutter	Concordia	11.60m	38-00.75	
18	Katy Davis	Concordia	11.23m	36-10.25	
19	Holly Hassler	U Mary	10.90m	35-09.25	
20	Meridith Pearson	Concordia	10.75m	35-03.25	
--	Michelle Potter	Winona State	ND		

Women Indoor Pentathlon

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NSIC Record: *		3324	2006	Deidra Faber, Winona State	
Name	Year	School	Finals	Points	
=====					
1	Ashley Roemer	Msu Moorhead	3517*	10	
2	Brianna Perry	U Mary	3470*	8	
3	Ashley Grammens	U Mary	3112	6	
4	Kaitlyn Jensen	Winona State	3028	4	
5	Jade Lippman	Wayne State	2960	2	
6	Tanya Vassar	Northern St	2928	1	
7	Laura Smith	Northern St	2908		
8	Rebecca Hougen	Bemidji St	2897		
9	Alyssa Lammers	Winona State	2576		
10	Tara Cercle	U Mary	2573		
11	Andrea Sayler	Msu Moorhead	2455		
12	Jess Devine	Winona State	2429		
13	Pearl Walker	Bemidji St	2261		

Men 55 Meter Dash

=====					
NCAA Auto: #		6.32			
NCAA Prov.: @		6.40			
NSIC Record: *		6.39	2000	Starr Roberts, MSU Moorhead	
Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1	Kawaskii Bacon	Concordia	6.51Q	3	
2	John Pimental	Concordia	6.58Q	2	
3	Calvin McGruder	Northern St	6.70Q	1	
4	Jordan Puhalla	U Mary	6.65q	2	
5	JJ Washington	Wayne State	6.66q	2	
6	Kevin Koglin	Concordia	6.71q	1	
7	Jeffery Brunnette	Msu Moorhead	6.74q	1	
8	Chris Faller	U Mary	6.75q	1	
9	Jesse Piper	U Mary	6.76	3	
10	James Winsor	Bemidji St	6.78	3	
11	Augustus Capers	Northern St	6.81	2	
12	Chris Jordan	U Mary	6.83	3	
13	Kyle Nooker	Bemidji St	6.86	1	

14 Kevin Covington	Northern St	6.89	1
15 Derek Meyer	Msu Moorhead	6.89	3
16 Andrew Beiswenger	Bemidji St	6.96	3
17 Brandon Haley	Msu Moorhead	7.02	2
-- Tim Pilakowski	Wayne State	NT	2

Men 55 Meter Dash

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=====
NCAA Auto: # 6.32
NCAA Prov.: @ 6.40
NSIC Record: * 6.39 2000 Starr Roberts, MSU Moorhead
Name Year School Finals Points
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Finals

1 Kawaskii Bacon	Concordia	6.46	10
2 Calvin McGruder	Northern St	6.65	8
3 JJ Washington	Wayne State	6.67	6
4 John Pimental	Concordia	6.70	4
5 Jordan Puhalla	U Mary	6.74	2
6 Kevin Koglin	Concordia	6.74	1
7 Chris Faller	U Mary	6.78	
8 Jeffery Brunnette	Msu Moorhead	6.79	

Men 200 Meter Dash

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=====
NCAA Auto: # 21.85
NCAA Prov.: @ 22.20
NSIC Record: * 21.63 2000 Starr Roberts, MSU Moorhead
Name Year School Prelims H#
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Preliminaries

1 Kawaskii Bacon	Concordia	22.31Q	5
2 Jake Hamik	Northern St	22.48Q	4
3 Jeffery Brunnette	Msu Moorhead	22.77Q	1
4 Kelly Brink	Wayne State	22.97Q	2
5 Jordan Puhalla	U Mary	23.14Q	3
6 Percy Watson	Msu Moorhead	22.99q	2
7 Kyle Nooker	Bemidji St	23.26q	5
8 Jesse Piper	U Mary	23.36q	1
9 Chris Kennedy	Concordia	23.42q	1
10 Sam Bofferding	Bemidji St	23.51q	2
11 Luke Schander	U Mary	23.54q	4
12 Chris Jordan	U Mary	23.58q	5
13 Derek Meyer	Msu Moorhead	23.59	4
14 James Winsor	Bemidji St	23.60	1
15 JJ Washington	Wayne State	23.75	5
16 Andrew Beiswenger	Bemidji St	23.77	2
17 Cody Gregory	Wayne State	23.78	3
18 Jeremy Beulah	Northern St	24.08	4
19 Andre Eke	Northern St	24.36	3

Men 200 Meter Dash

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=====
NCAA Auto: # 21.85
NCAA Prov.: @ 22.20
NSIC Record: * 21.63 2000 Starr Roberts, MSU Moorhead
Name Year School Finals H# Points
=====
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Finals

1 Kawaskii Bacon	Concordia	22.05@	2	10
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2	Jake Hamik	Northern St	22.54	2	8
3	Jeffery Brunnette	Msu Moorhead	22.65	2	6
4	Percy Watson	Msu Moorhead	22.96	1	4
5	Jesse Piper	U Mary	23.06	1	2
6	Kyle Nooker	Bemidji St	23.10	1	1
7	Jordan Puhalla	U Mary	23.38	1	
8	Kelly Brink	Wayne State	23.92	2	

Men 400 Meter Dash

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=====
NCAA Auto: # 48.45
NCAA Prov.: @ 49.25
NSIC Record: * 48.96 1998 Eric Hanson, Minnesota Duluth
Name Year School Prelims H#
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Preliminaries

1	Jake Hamik	Northern St	50.02Q	3
2	Matt Eicheldinger	Concordia	50.95Q	1
3	Percy Watson	Msu Moorhead	51.23Q	2
4	Jake Davis	Wayne State	51.08q	1
5	Kelly Brink	Wayne State	51.39q	3
6	Brent Lindbery	U Mary	51.80q	2
7	Sam Bofferding	Bemidji St	52.24q	3
8	Derek Meyer	Msu Moorhead	52.54q	2
9	Zac Preble	Bemidji St	52.77q	2
10	Chris Kotlarek	Concordia	53.01q	1
11	Rob Evans	Concordia	53.30q	1

Men 400 Meter Dash

```
=====
NCAA Auto: # 48.45
NCAA Prov.: @ 49.25
NSIC Record: * 48.96 1998 Eric Hanson, Minnesota Duluth
Name Year School Finals H# Points
=====
```

Finals

1	Jake Hamik	Northern St	49.46	2	10
2	Percy Watson	Msu Moorhead	50.32	2	8
3	Jake Davis	Wayne State	51.05	2	6
4	Matt Eicheldinger	Concordia	51.14	2	4
5	Kelly Brink	Wayne State	51.50	1	2
6	Brent Lindbery	U Mary	51.78	1	1
7	Sam Bofferding	Bemidji St	51.92	1	
8	Derek Meyer	Msu Moorhead	52.69	1	

Men 1 Mile Run

```
=====
NCAA Auto: # 4:10.80
NCAA Prov.: @ 4:14.80
NSIC Record: * 4:15.94 1974 John Tiemann, Moorhead State
Name Year School Finals Points
=====
```

1	Matt Neff	U Mary	4:22.72	10
2	Kurt Rettig	U Mary	4:23.11	8
3	Nate Preston	Wayne State	4:24.66	6
4	Matt Walberg	Northern St	4:25.67	4
5	Michael McConnell	Msu Moorhead	4:30.38	2
6	Quincy Pierce	U Mary	4:36.52	1
7	John Kern	Wayne State	4:36.82	
8	John Rawerts	Northern St	4:45.26	

9	Paul James	Concordia	4:48.47
10	David Obermeyer	Wayne State	4:49.38
11	Pat Diedrich	Bemidji St	4:55.20
12	Sergio Fox	Northern St	4:57.65
13	Ben Eckstein	Bemidji St	4:58.31
14	Dom Trom	Bemidji St	4:59.45

Men 600 Meter Run

=====					
NSIC Record: * 1:22.12 1999 Kris Brevik, Minnesota Duluth					
Name	Year	School	Finals	H#	Points
=====					
1	Tony Wood	U Mary	1:21.65*	3	10
2	Bill Cameron	Northern St	1:22.19	3	8
3	Ben Jansen	Wayne State	1:22.49	2	6
4	Chris Ogle	U Mary	1:23.29	3	4
5	Andy Bachman	Wayne State	1:24.27	2	2
6	Kris Enlund	Concordia	1:24.43	2	1
7	Kyle Weisbeck	Northern St	1:25.69	1	
8	Tyler Lange	Bemidji St	1:26.26	1	
9	Cameron Husom	Concordia	1:27.80	1	
10	Brian Bauleke	Bemidji St	1:31.95	1	
11	Colin MacGregor	Bemidji St	1:32.59	1	
--	Wes Holtman	Msu Moorhead	DNF	2	

Men 800 Meter Run

=====					
NCAA Auto: # 1:52.80					
NCAA Prov.: @ 1:54.50					
NSIC Record: * 1:53.99 2001 Adam Gellerstadt, Minnesota Duluth					
Name	Year	School	Finals	Points	
=====					
1	Matt Eicheldinger	Concordia	1:57.94	10	
2	Taylor Ford	Northern St	1:58.71	8	
3	Cheto Cerda	Wayne State	1:59.18	6	
4	Michael McConnell	Msu Moorhead	2:01.29	4	
5	Josh Schmeichel	Northern St	2:01.43	2	
6	Jim Fay	Msu Moorhead	2:02.55	1	
7	Stefan Bischof	Bemidji St	2:04.61		
8	Jesse Waasenaar	Wayne State	2:05.67		
9	Tim Baustian	Northern St	2:10.89		

Men 1000 Meter Run

=====					
NSIC Record: * 2:30.60 Streich (1988) / Webster (1981), Moorhead					
Name	Year	School	Finals	Points	
=====					
1	Ben Jansen	Wayne State	2:34.36	10	
2	Kurt Rettig	U Mary	2:35.39	8	
3	Kyle Eckhoff	Msu Moorhead	2:35.50	6	
4	Nate Preston	Wayne State	2:36.57	4	
5	Nathaniel Bergen	Wayne State	2:37.18	2	
6	Kels Moreland	Msu Moorhead	2:38.44	1	
7	Josh Letofsky	Bemidji St	2:38.89		
8	Lee Anderson	Wayne State	2:40.34		
9	Mark McLaughlin	U Mary	2:40.60		
10	Matt Walberg	Northern St	2:41.81		
11	Cole Lemke	Northern St	2:42.94		
12	Abe Hartsell	Bemidji St	2:43.71		
13	Leighton Reuss	Msu Moorhead	2:44.01		

14 Mike Lynch	Bemidji St	2:47.06
15 Paul James	Concordia	2:57.18

Men 5000 Meter Run

```

=====
NCAA Auto: # 14:22.20
NCAA Prov.: @ 14:52.20
NSIC Record: * 15:22.89 2006 Jerme VanVeen, Northern State
Name Year School Finals Points
=====
1 Scott Egeberg Msu Moorhead 15:25.17 10
2 Adam Kne Msu Moorhead 15:29.17 8
3 Andrew Reichenberger-Wal U Mary 15:42.06 6
4 Matt Walberg Northern St 15:58.68 4
5 Dan Scott Northern St 15:59.57 2
6 Matt Scott Northern St 15:59.83 1
7 Bennett Mayo U Mary 16:04.36
8 York Thomas Wayne State 16:18.16
9 David Teige Msu Moorhead 16:18.79
10 Nate Preston Wayne State 16:26.00
11 Matt Neff U Mary 16:27.25
12 Dan Schield Concordia 16:33.56
13 Chris Sherve Msu Moorhead 16:42.45
14 Erik Hest Msu Moorhead 16:47.24
15 John Kern Wayne State 17:14.85
16 Christopher Miles Bemidji St 17:39.23
-- Cheto Cerda Wayne State DNF
=====

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Men 55 Meter Hurdles

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=====
NCAA Auto: # 7.52
NCAA Prov.: @ 7.71
NSIC Record: * 7.52 2000 Andy Eggerth, Bemidji State
Name Year School Prelims H#
=====
Preliminaries
1 Jesse Piper U Mary @ 7.60Q 1
2 Jake Hamik Northern St @ 7.68Q 2
3 Bill Cameron Northern St 7.74Q 3
4 Garrett Flamig Wayne State 7.81q 3
5 Trevor Steen Northern St 8.04q 2
6 Cody Gregory Wayne State 8.06q 1
7 Devin Sabrosky U Mary 8.13q 1
8 Zac Preble Bemidji St 8.15q 1
9 Andrew Schmid U Mary 8.25 1
10 Arabin Lightfoot Northern St 8.30 2
11 Jared Mack Northern St 8.31 2
12 Adam Blaylock Wayne State 8.32 2
13 Luke Schevela U Mary 8.37 3
14 Eric Asfeld Msu Moorhead 8.46 1
15 Andrew Chaussee Concordia 8.92 3
16 Will Lange Concordia 10.17 3
=====

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Men 55 Meter Hurdles

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=====
NCAA Auto: # 7.52
NCAA Prov.: @ 7.71
NSIC Record: * 7.52 2000 Andy Eggerth, Bemidji State
Name Year School Finals Points
=====

```

Finals

1	Jesse Piper	U Mary	7.58@	10
2	Jake Hamik	Northern St	7.68@	8
3	Bill Cameron	Northern St	7.77	6
4	Garrett Flamig	Wayne State	7.95	4
5	Trevor Steen	Northern St	8.01	2
6	Cody Gregory	Wayne State	8.12	1
7	Devin Sabrosky	U Mary	8.14	
8	Zac Preble	Bemidji St	8.39	

Men 4x400 Meter Relay

```
=====
NCAA Auto: # 3:15.60
NCAA Prov.: @ 3:20.10
NSIC Record: * 3:22.25 2001 , MSU Moorhead
School                               Finals Points
=====
```

1	Northern State	3:23.04	10
	1) Jake Hamik	2) Taylor Ford	
	3) Trevor Steen	4) Bill Cameron	
2	University of Mary	3:23.13	8
	1) Jesse Piper	2) Devin Sabrosky	
	3) Brent Lindbery	4) Tony Wood	
3	Bemidji State	3:26.27	6
4	Wayne State College	3:28.21	4
5	Minnesota State University Moo	3:29.58	2
--	Concordia University	DNF	

Men Distance Medley

```
=====
NCAA Auto: # 9:55.40
NCAA Prov.: @ 10:14.40
NSIC Record: * 10:16.36 1997 , Minnesota Duluth
School                               Finals Points
=====
```

1	Wayne State College	10:23.19	10
	1) Cheto Cerda	2) Garrett Flamig	
	3) Ben Jansen	4) Nate Preston	
2	University of Mary	10:24.94	8
	1) Kurt Rettig	2) Devin Sabrosky	
	3) Tony Wood	4) Andrew Reichenberger-Walz	
3	Minnesota State University Moo	10:41.92	6
4	Northern State	10:52.04	4
5	Bemidji State	10:59.39	2
6	Concordia University	11:20.79	1

Men High Jump

```
=====
NCAA Auto: # 2.12m
NCAA Prov.: @ 2.05m
NSIC Record: * 6-11.75 1992 Brian Rabenberg, Moorhead State
Name                               Year School                               Finals Points
=====
```

1	Tre Sayles	Concordia	2.00m	6-06.75	10
2	Jon Clemons	Bemidji St	1.95m	6-04.75	8
3	Austin Simons	Northern St	1.95m	6-04.75	6
4	Cody Bendickson	Msu Moorhead	1.85m	6-00.75	4
5	Nick Meseck	Msu Moorhead	1.85m	6-00.75	2
6	Travis Kamm	Northern St	1.85m	6-00.75	1
7	Bryant Feterl	Northern St	1.85m	6-00.75	

8	Zac Preble	Bemidji St	1.80m	5-10.75
8	Jon Dickey	Wayne State	1.80m	5-10.75
8	Lance Nemec	U Mary	1.80m	5-10.75
11	Scott Murphy	U Mary	1.80m	5-10.75
12	JJ Washington	Wayne State	1.75m	5-08.75
12	John Pimental	Concordia	1.75m	5-08.75
14	Brian Bauleke	Bemidji St	1.75m	5-08.75
--	Andrew Rose	Northern St	NH	
--	Brock Beidleman	Bemidji St	NH	
--	Greg Schenavar	U Mary	NH	
--	Will Lange	Concordia	NH	

Men Pole Vault

=====

NCAA Auto: # 5.03m
 NCAA Prov.: @ 4.71m
 NSIC Record: * 16-02 1997 Matt Schemmel, Minnesota Duluth

Name	Year	School	Finals	Points
1		Jake Alexander	U Mary	4.63m 15-02.25 10
2		Wade Royer	Northern St	4.63m 15-02.25 8
3		Jerry Jonas	Msu Moorhead	4.63m 15-02.25 6
4		Matt Jahnke	Msu Moorhead	4.48m 14-08.25 4
5		Greg Schenavar	U Mary	4.48m 14-08.25 2
6		Adam LeMay	Concordia	4.48m 14-08.25 0.5
6		Ross Pfeifle	Northern St	4.48m 14-08.25 0.5
8		Lee Morberg	Bemidji St	4.33m 14-02.50
9		Brian Schiller	U Mary	4.03m 13-02.50
10		Kurt Etchinson	Bemidji St	4.03m 13-02.50
11		Jeff Pickinpaugh	Wayne State	3.88m 12-08.75
11		Chad Peck	Msu Moorhead	3.88m 12-08.75
13		Thomas Parrott	Northern St	3.88m 12-08.75
14		Andy Chaussee	Concordia	3.73m 12-02.75
--		Rehgy Gehlo	Bemidji St	NH
--		Joe Pickinpaugh	Wayne State	NH
--		Cody Hageman	Northern St	NH

Men Long Jump

=====

NCAA Auto: # 7.30m
 NCAA Prov.: @ 7.08m
 NSIC Record: * 24-10.75 1981 Ed Stuart, Minnesota Duluth

Name	Year	School	Finals	Points
1		JJ Washington	Wayne State	7.16m@ 23-06.00 10
2		John Pimental	Concordia	7.06m 23-02.00 8
3		Tre Sayles	Concordia	7.01m 23-00.00 6
4		Tyler Zacher	U Mary	6.94m 22-09.25 4
5		Calvin McGruder	Northern St	6.85m 22-05.75 2
6		Peter Ray	Wayne State	6.78m 22-03.00 1
7		Brian Jark	Northern St	6.69m 21-11.50
8		Rob Evans	Concordia	6.66m 21-10.25
9		Chris Kennedy	Concordia	6.60m 21-08.00
10		Nick Meseck	Msu Moorhead	6.26m 20-06.50
11		Jon Dickey	Wayne State	6.14m 20-01.75
12		Nate Bahr	Bemidji St	5.92m 19-05.25
13		Brady Lesnar	Northern St	5.87m 19-03.25
--		Tim Pilakowski	Wayne State	ND

Men Triple Jump

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=====
NCAA Auto: # 15.20m
NCAA Prov.: @ 14.30m
NSIC Record: * 48-10.75 1994 Duane Philip, Minnesota Duluth
Name Year School Finals Points
=====
1 Tyler Zacher U Mary 14.44m@ 47-04.50 10
2 Tre Sayles Concordia 14.33m@ 47-00.25 8
3 JJ Washington Wayne State 13.66m 44-09.75 6
4 Scott Murphy U Mary 13.28m 43-07.00 4
5 Andy Wyss Concordia 13.20m 43-03.75 2
6 Peter Ray Wayne State 13.15m 43-01.75 1
7 Nick Meseck Msu Moorhead 13.00m 42-08.00
8 Kyle Blake Northern St 12.83m 42-01.25
9 Andrew Schmid U Mary 12.77m 41-10.75
10 John Pimental Concordia 12.75m 41-10.00
11 Arabin Lightfoot Northern St 12.71m 41-08.50
12 Chris Kotlarek Concordia 12.50m 41-00.25
-- Tim Pilakowski Wayne State ND
-- Nate Bahr Bemidji St ND
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Men Shot Put

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=====
NCAA Auto: # 17.40m
NCAA Prov.: @ 15.85m
NSIC Record: * 57-08.50 1984 Bret Ailtis, Moorhead State
Name Year School Finals Points
=====
1 Joe Remitz Bemidji St 18.17m# 59-07.50 10
2 Zac Preble Bemidji St 15.33m 50-03.50 8
3 Lance York Northern St 15.23m 49-11.75 6
4 Chris Heil Msu Moorhead 14.28m 46-10.25 4
5 Brett Suckstorf Wayne State 13.79m 45-03.00 2
6 Ben Jacobson U Mary 13.63m 44-08.75 1
7 AJ Tuck U Mary 13.47m 44-02.50
8 Kevin Iriho Concordia 13.04m 42-09.50
9 Jon Evenson Northern St 12.78m 41-11.25
10 Kyle Christianson Bemidji St 12.64m 41-05.75
11 Justin Franke Concordia 11.72m 38-05.50
12 Matt Boelter Msu Moorhead 11.10m 36-05.00
-- John Huber Northern St ND
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Men Weight Throw

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=====
NCAA Auto: # 19.00m
NCAA Prov.: @ 17.20m
NSIC Record: * 18.44m 2003 Chris Nulle, MSU Moorhead
Name Year School Finals Points
=====
1 Joe Remitz Bemidji St 18.57m* 60-11.25 10
2 Ben Jacobson U Mary 18.12m@ 59-05.50 8
3 Brett Suckstorf Wayne State 17.95m@ 58-10.75 6
4 John Sloup Wayne State 17.37m@ 57-00.00 4
5 Jacob Mathiesen Wayne State 15.85m 52-00.00 2
6 Chris Heil Msu Moorhead 15.47m 50-09.25 1
7 Lance York Northern St 14.53m 47-08.00
8 Kyle Christianson Bemidji St 13.67m 44-10.25
9 Matt Boelter Msu Moorhead 13.25m 43-05.75
10 Kevin Mach Concordia 12.86m 42-02.25
11 Kevin Iriho Concordia 12.60m 41-04.25
=====

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12	Patrick Gerdes	Msu Moorhead	12.37m	40-07.00
13	AJ Tuck	U Mary	12.32m	40-05.00
14	Logan Robinson	Bemidji St	12.27m	40-03.25
15	John Huber	Northern St	11.77m	38-07.50

Men Heptathlon

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=====
NSIC Record: * 4780 2008 Zac Preble, Bemidji State
Name Year School Finals Points
=====
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1	Zac Preble	Bemidji St	4832*	10
2	Jon Dickey	Wayne State	4337	8
3	Greg Schenavar	U Mary	4314	6
4	Brian Schiller	U Mary	4280	4
5	Cody Hageman	Northern St	4132	2
6	Brady Lesnar	Northern St	3944	1
7	Rehgy Gehlo	Bemidji St	3721	
8	Travis Kamm	Northern St	3709	
9	Colin MacGregor	Bemidji St	3226	

Women - Team Rankings - 18 Events Scored

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=====
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1)	University of Mary	177	2)	Minnesota State Universit	131
3)	Wayne State College	77.50	4)	Bemidji State	54
4)	Winona State	54	6)	Northern State	33.50
7)	Concordia University	31			

Men - Team Rankings - 18 Events Scored

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=====
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1)	University of Mary	127	2)	Northern State	111.50
3)	Wayne State College	109	4)	Minnesota State Universit	79
5)	Concordia University	75.50	6)	Bemidji State	55