

2020 NSIC Track and Field Indoor Championship - 2/28/2020 to 2/29/2020

Hosted by Minnesota State Mankato

Myers Fieldhouse

Results**Men 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times****NSIC Record: 6.67 \$ 2015 Emmanuel Matadi, MSU****'19 Champion: 6.72 2/23/2019 Luxon Glor, MARY****6.72 AUTO****6.87 PROV**

| Name | Yr | School | Prelims | H# |
|----------------------|----|---------------------------|-------------|----|
| Preliminaries | | | | |
| 1 Bryant Brown | SR | Minnesota State | 6.81 Q PROV | 1 |
| 2 Shaheed Hickman | JR | Minnesota State | 6.87 Q PROV | 2 |
| 3 Justin Taormina | SR | Minnesota State | 6.89 Q | 3 |
| 4 Leroy Kwateh | JR | Minnesota State | 6.91 q | 2 |
| 5 Jonathan Rowe | SR | Sioux Falls | 6.97 q | 3 |
| 6 Nicholas Sharma | FR | Minnesota State | 6.97 q | 2 |
| 7 Cornelius Bright | SO | Minnesota State | 6.99 q | 3 |
| 8 Caleb Kath | JR | Minnesota State | 7.01 q | 3 |
| 9 Brian Szutkowski | SR | Concordia-St. Paul | 7.02 | 1 |
| 10 Ty Dawkins | SO | Msu-Moorhead | 7.02 | 2 |
| 11 Nate Andrusick | SO | Sioux Falls | 7.05 | 1 |
| 12 Drew Olson | FR | U-Mary | 7.07 | 1 |
| 13 Trent Hamerski | SO | Minnesota-Duluth | 7.07 | 2 |
| 14 Riley Crawford | SR | Augustana | 7.09 | 2 |
| 15 Zach Bohnenkamp | JR | Northern State | 7.09 | 1 |
| 16 Hunter Hansen | JR | Northern State | 7.14 | 1 |
| 17 Ethan Buckles | JR | Minnesota State | 7.15 | 1 |
| 18 Jediah Davis | SO | Wayne State | 7.19 | 3 |
| 19 Quan Williams | FR | Southwest Minnesota State | 7.21 | 3 |
| 20 Shaquiel Higgs | SO | Msu-Moorhead | 7.22 | 3 |
| 21 Jack Thompson | SO | Minnesota-Duluth | 7.22 | 2 |
| 22 Justin Rohloff | JR | Wayne State | 7.32 | 3 |
| 23 Mark Swann | SO | Minnesota-Duluth | 7.51 | 2 |

Men 60 Meter Dash**NSIC Record: 6.67 \$ 2015 Emmanuel Matadi, MSU****'19 Champion: 6.72 2/23/2019 Luxon Glor, MARY****6.72 AUTO****6.87 PROV**

| Name | Yr | School | Finals | Points |
|--------------------|----|-----------------|-----------|--------|
| Finals | | | | |
| 1 Bryant Brown | SR | Minnesota State | 6.77 PROV | 10 |
| 2 Shaheed Hickman | JR | Minnesota State | 6.84 PROV | 8 |
| 3 Leroy Kwateh | JR | Minnesota State | 6.90 | 6 |
| 4 Nicholas Sharma | FR | Minnesota State | 6.94 | 5 |
| 5 Caleb Kath | JR | Minnesota State | 6.95 | 4 |
| 6 Justin Taormina | SR | Minnesota State | 6.96 | 3 |
| 7 Cornelius Bright | SO | Minnesota State | 6.99 | 2 |
| 8 Jonathan Rowe | SR | Sioux Falls | 7.01 | 1 |

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Results**Men 200 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times****NSIC Record: 21.42 \$ 2015 Emmanuel Matadi, MSU****'19 Champion: 21.72 2/23/2019 Luxon Glor, MARY****21.58 AUTO****22.08 PROV**

| Name | Yr | School | Prelims | H# |
|-----------------------|----|--------------------|---------|----|
| Preliminaries | | | | |
| 1 Josh Phelps | JR | Minnesota State | 22.21 Q | 1 |
| 2 Leroy Kwatch | JR | Minnesota State | 22.22 Q | 4 |
| 3 Logan Myers | JR | U-Mary | 22.25 Q | 2 |
| 4 Isaiha Fletcher | SR | Northern State | 22.38 Q | 3 |
| 5 Cornelius Bright | SO | Minnesota State | 22.22 q | 4 |
| 6 Parker Gloudemans | SR | Minnesota State | 22.51 q | 3 |
| 7 Jeremiah Morrisette | JR | U-Mary | 22.57 q | 2 |
| 8 Brady Erickson | SO | U-Mary | 22.58 q | 1 |
| 9 Drew Olson | FR | U-Mary | 22.68 | 2 |
| 10 Max DePrenger | FR | Minnesota State | 22.69 | 1 |
| 11 Ethan Buckles | JR | Minnesota State | 22.85 | 4 |
| 12 Carter Nesvold | FR | Minnesota State | 22.91 | 3 |
| 13 Jon Shaner | FR | Minnesota State | 22.92 | 2 |
| 14 Hunter Wilmes | SO | U-Mary | 22.98 | 4 |
| 15 Brian Szutkowski | SR | Concordia-St. Paul | 23.00 | 3 |
| 16 Kaden Ludwig | FR | Upper Iowa | 23.18 | 1 |
| 17 Timothi McMaster | JR | Upper Iowa | 23.39 | 3 |
| 18 Riley Crawford | SR | Augustana | 23.61 | 4 |
| 19 Mark Swann | SO | Minnesota-Duluth | 24.13 | 2 |

Men 200 Meter Dash**NSIC Record: 21.42 \$ 2015 Emmanuel Matadi, MSU****'19 Champion: 21.72 2/23/2019 Luxon Glor, MARY****21.58 AUTO****22.08 PROV**

| Name | Yr | School | Finals | Points |
|-----------------------|----|-----------------|------------|--------|
| Finals | | | | |
| 1 Logan Myers | JR | U-Mary | 21.91 PROV | 10 |
| 2 Josh Phelps | JR | Minnesota State | 21.99 PROV | 8 |
| 3 Leroy Kwatch | JR | Minnesota State | 22.33 | 6 |
| 4 Parker Gloudemans | SR | Minnesota State | 22.42 | 5 |
| 5 Isaiha Fletcher | SR | Northern State | 22.44 | 4 |
| 6 Cornelius Bright | SO | Minnesota State | 22.47 | 3 |
| 7 Jeremiah Morrisette | JR | U-Mary | 22.69 | 2 |
| 8 Brady Erickson | SO | U-Mary | 22.93 | 1 |

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Results**Men 400 Meter Dash**

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Rule 5.10.5d pg.73

NSIC Record: 47.86 \$ 2/23/2019 John Schuster, MSU

'19 Champion: 47.86 2/23/2019 John Schuster, MSU

47.95 AUTO

49.29 PROV

| Name | Yr | School | Prelims | H# |
|----------------------|----|---------------------------|---------|----|
| Preliminaries | | | | |
| 1 Isaiha Fletcher | SR | Northern State | 49.71 Q | 2 |
| 2 Ty Dawkins | SO | Msu-Moorhead | 49.90 Q | 3 |
| 3 Josh Phelps | JR | Minnesota State | 50.00 Q | 1 |
| 4 Kyle Mason | JR | Minnesota State | 49.86 Q | 2 |
| 5 Max DePrenger | FR | Minnesota State | 50.10 Q | 3 |
| 6 Alex Woods | SR | Augustana | 50.41 Q | 1 |
| 7 Ryan Sully | JR | Augustana | 50.13 q | 2 |
| 8 Kyle Felling | SO | Southwest Minnesota State | 50.14 q | 3 |
| 9 Alex Kulzer | JR | Minnesota-Duluth | 50.32 | 3 |
| 10 Kendrick Major | FR | Msu-Moorhead | 50.64 | 2 |
| 11 Kevin Andres | FR | Minnesota State | 50.70 | 1 |
| 12 Jed Dooyema | FR | Augustana | 51.10 | 1 |
| 13 Ronald Stephenson | FR | Northern State | 51.11 | 1 |
| 14 Keshawn Baker | SO | Minnesota State | 52.50 | 2 |

Men 400 Meter Dash

Rule 5.10.5d pg.73

NSIC Record: 47.86 \$ 2/23/2019 John Schuster, MSU

'19 Champion: 47.86 2/23/2019 John Schuster, MSU

47.95 AUTO

49.29 PROV

| Name | Yr | School | Finals | Points |
|-------------------|----|---------------------------|--------|--------|
| Finals | | | | |
| 1 Josh Phelps | JR | Minnesota State | 49.56 | 10 |
| 2 Isaiha Fletcher | SR | Northern State | 49.79 | 8 |
| 3 Max DePrenger | FR | Minnesota State | 49.94 | 6 |
| 4 Kyle Mason | JR | Minnesota State | 50.16 | 5 |
| 5 Ryan Sully | JR | Augustana | 50.30 | 4 |
| 6 Ty Dawkins | SO | Msu-Moorhead | 50.83 | 3 |
| 7 Kyle Felling | SO | Southwest Minnesota State | 51.33 | 2 |
| 8 Alex Woods | SR | Augustana | 55.91 | 1 |

Men 600 Meter Run

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Rule 5.10.5d pg.73

NSIC Record: 1:19.85 \$ 2018 John Schuster, MSU

'19 Champion: 1:20.52 2/22/2019 David Supinski, UMD

| Name | Yr | School | Prelims | H# |
|----------------------|----|----------------|-----------|----|
| Preliminaries | | | | |
| 1 Devin Sheridan | SO | Northern State | 1:22.16 Q | 2 |
| 2 Cory Myers | JR | U-Mary | 1:22.92 Q | 3 |

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Results**Preliminaries ... (Men 600 Meter Run)**

| Name | Yr | School | Prelims | H# |
|---------------------|----|---------------------------|-----------|----|
| 3 Marquan Wiesen | SO | Minnesota State | 1:23.40 Q | 1 |
| 4 Ben Schmied | SO | Minnesota State | 1:22.37 Q | 2 |
| 5 Noah Melton | SO | Augustana | 1:23.10 Q | 3 |
| 6 Drew Lewison | SO | Minnesota State | 1:23.46 Q | 1 |
| 7 Austin Have | JR | Minnesota-Duluth | 1:23.88 q | 1 |
| 8 Noah Torvik | JR | Minnesota-Duluth | 1:24.07 q | 2 |
| 9 Tafara Hondonga | FR | Northern State | 1:24.14 | 1 |
| 10 Jordan Gruenes | FR | Minnesota-Duluth | 1:24.80 | 1 |
| 11 Kayleb Twomey | FR | Minnesota State | 1:24.81 | 3 |
| 12 Blake Savey | SR | Augustana | 1:24.88 | 3 |
| 13 Bryce Holcomb | JR | Wayne State | 1:24.99 | 2 |
| 14 Hever Valenzuela | JR | Southwest Minnesota State | 1:25.09 | 2 |
| 15 Trinity Brady | FR | Southwest Minnesota State | 1:26.16 | 3 |
| 16 Zachary Henke | FR | Minnesota State | 1:26.85 | 3 |
| 17 Mason McCaffrey | FR | Minnesota State | 1:27.42 | 2 |

Men 600 Meter Run**Rule 5.10.5d pg.73**

NSIC Record: 1:19.85 \$ 2018 John Schuster, MSU

'19 Champion: 1:20.52 2/22/2019 David Supinski, UMD

| Name | Yr | School | Finals | Points |
|------------------|----|------------------|---------|--------|
| Finals | | | | |
| 1 Drew Lewison | SO | Minnesota State | 1:21.05 | 10 |
| 2 Ben Schmied | SO | Minnesota State | 1:21.27 | 8 |
| 3 Devin Sheridan | SO | Northern State | 1:21.27 | 6 |
| 4 Cory Myers | JR | U-Mary | 1:21.91 | 5 |
| 5 Noah Melton | SO | Augustana | 1:22.61 | 4 |
| 6 Noah Torvik | JR | Minnesota-Duluth | 1:23.40 | 3 |
| 7 Austin Have | JR | Minnesota-Duluth | 1:23.83 | 2 |
| 8 Marquan Wiesen | SO | Minnesota State | 1:29.75 | 1 |

Men 800 Meter Run

8 Advance: Top 2 Each Heat plus Next 4 Best Times

Rule 5.10.5d pg.73

NSIC Record: 1:52.62 \$ 2017 Josh Barrows, AUGIE

'19 Champion: 1:53.24 2/23/2019 Mason Phillips, USF

1:51.06 AUTO

1:54.68 PROV

| Name | Yr | School | Prelims | H# |
|----------------------|----|--------------------|-----------|----|
| Preliminaries | | | | |
| 1 Austin Miller | JR | Augustana | 1:57.00 Q | 1 |
| 2 Bonheur Mvuyekure | FR | Augustana | 1:57.60 Q | 2 |
| 3 Christian Leonard | JR | Minnesota-Duluth | 1:57.33 Q | 1 |
| 4 Tanner Maier | FR | Minnesota State | 1:58.46 Q | 2 |
| 5 Cole Fechner | SO | Minnesota-Duluth | 1:57.89 q | 1 |
| 6 Nathan Pearson | SR | Wayne State | 1:57.89 q | 1 |
| 7 Luke Gustafson | FR | Minnesota-Duluth | 1:58.58 q | 1 |
| 8 Cory Warner | SR | Concordia-St. Paul | 1:58.77 q | 2 |
| 9 Aaron Mayfield | SO | Minnesota State | 1:58.86 | 2 |

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Results**Preliminaries ... (Men 800 Meter Run)**

| Name | Yr | School | Prelims | H# |
|-----------------------|----|--------------------|---------|----|
| 10 Levi Fried | SR | U-Mary | 1:58.91 | 2 |
| 11 Logan Hansen | JR | Sioux Falls | 1:59.73 | 2 |
| 12 Braxton Bruer | FR | Msu-Moorhead | 2:00.23 | 1 |
| 13 Austin Gruenberg | FR | Msu-Moorhead | 2:00.78 | 2 |
| 14 Abdirahman Mohamed | SR | Concordia-St. Paul | 2:01.72 | 2 |
| 15 Carson Speicher | SO | Msu-Moorhead | 2:07.20 | 1 |

Men 800 Meter Run**Rule 5.10.5d pg.73**

NSIC Record: 1:52.62 \$ 2017 Josh Barrows, AUGIE

'19 Champion: 1:53.24 2/23/2019 Mason Phillips, USF

1:51.06 AUTO

1:54.68 PROV

| Name | Yr | School | Finals | Points |
|---------------------|----|--------------------|-----------------|--------|
| Finals | | | | |
| 1 Austin Miller | JR | Augustana | 1:51.78 \$ PROV | 10 |
| 2 Bonheur Mvuyekure | FR | Augustana | 1:54.39 PROV | 8 |
| 3 Tanner Maier | FR | Minnesota State | 1:57.40 | 6 |
| 4 Christian Leonard | JR | Minnesota-Duluth | 1:57.65 | 5 |
| 5 Nathan Pearson | SR | Wayne State | 1:58.07 | 4 |
| 6 Cole Fechner | SO | Minnesota-Duluth | 1:58.58 | 3 |
| 7 Cory Warner | SR | Concordia-St. Paul | 1:59.45 | 2 |
| 8 Luke Gustafson | FR | Minnesota-Duluth | 2:00.66 | 1 |

Men 1000 Meter Run

8 Advance: Top 2 Each Heat plus Next 4 Best Times

Rule 5.10.5d pg.73

NSIC Record: 2:26.61 \$ 2/23/2019 Jacob Wahlers, MSU

'19 Champion: 2:26.61 2/23/2019 Jacob Wahlers, MSU

| Name | Yr | School | Prelims | H# |
|----------------------|----|--------------------|-----------|----|
| Preliminaries | | | | |
| 1 Andrew Ruiz | JR | Minnesota State | 2:33.04 Q | 2 |
| 2 Benjamin Allen | SR | Concordia-St. Paul | 2:33.72 Q | 1 |
| 3 Billy Beseman | SR | Sioux Falls | 2:33.14 Q | 2 |
| 4 Cole Lebourgeois | JR | Minnesota-Duluth | 2:34.17 Q | 1 |
| 5 Evan Johnson | SO | Augustana | 2:33.39 q | 2 |
| 6 Jonathan Tostenson | SO | Minnesota-Duluth | 2:33.62 q | 2 |
| 7 Samuel Wilke | SR | U-Mary | 2:34.28 q | 1 |
| 8 Landon Dunlap | FR | Minot State | 2:34.98 q | 1 |
| 9 Tiegen Lindner | SO | Augustana | 2:35.94 | 1 |
| 10 Brock Hegarty | JR | Wayne State | 2:38.58 | 1 |
| 11 Nick Marshall | SR | Msu-Moorhead | 2:38.63 | 1 |
| 12 Andrew Arthur | JR | Minnesota-Duluth | 2:38.82 | 2 |
| 13 Jack Larson | FR | Minnesota-Duluth | 2:38.99 | 2 |

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Results**Men 1000 Meter Run****Rule 5.10.5d pg.73**

NSIC Record: 2:26.61 \$ 2/23/2019 Jacob Wahlers, MSU

'19 Champion: 2:26.61 2/23/2019 Jacob Wahlers, MSU

| Name | Yr | School | Finals | Points |
|----------------------|----|--------------------|---------|--------|
| Finals | | | | |
| 1 Benjamin Allen | SR | Concordia-St. Paul | 2:27.98 | 10 |
| 2 Billy Beseman | SR | Sioux Falls | 2:29.22 | 8 |
| 3 Evan Johnson | SO | Augustana | 2:29.81 | 6 |
| 4 Samuel Wilke | SR | U-Mary | 2:30.39 | 5 |
| 5 Jonathan Tostenson | SO | Minnesota-Duluth | 2:30.95 | 4 |
| 6 Cole Lebourgeois | JR | Minnesota-Duluth | 2:31.07 | 3 |
| 7 Andrew Ruiz | JR | Minnesota State | 2:32.82 | 2 |
| 8 Landon Dunlap | FR | Minot State | 2:35.27 | 1 |

Men 1 Mile Run

NSIC Record: 4:09.74 \$ 2018 Mason Phillips, USF

'19 Champion: 4:23.12 2/23/2019 Benjamin Allen, CSP

4:05.32 AUTO

4:14.46 PROV

| Name | Yr | School | Finals | H# | Points |
|-----------------------|----|--------------------|---------|----|--------|
| Finals | | | | | |
| 1 Benjamin Allen | SR | Concordia-St. Paul | 4:16.17 | 2 | 10 |
| 2 Zach Lundberg | SR | Sioux Falls | 4:17.72 | 2 | 8 |
| 3 Christian Leonard | JR | Minnesota-Duluth | 4:18.57 | 2 | 6 |
| 4 Evan Johnson | SO | Augustana | 4:19.02 | 2 | 5 |
| 5 Nick Marshall | SR | Msu-Moorhead | 4:19.27 | 2 | 4 |
| 6 Riccardo Done | SR | Northern State | 4:20.02 | 2 | 3 |
| 7 Jonathan Tostenson | SO | Minnesota-Duluth | 4:20.80 | 2 | 2 |
| 8 Daniel Armstrong | SR | Sioux Falls | 4:22.04 | 1 | 1 |
| 9 Jesus Urtusuastegui | SR | Augustana | 4:22.28 | 2 | |
| 10 Isaiah Rabata | SR | Minnesota State | 4:22.80 | 1 | |
| 11 Cole Lebourgeois | JR | Minnesota-Duluth | 4:23.74 | 2 | |
| 12 Endre Wigaard | SR | Augustana | 4:26.29 | 2 | |
| 13 Jacob Jensen | FR | Minot State | 4:27.06 | 1 | |
| 14 Tanner Maier | FR | Minnesota State | 4:28.95 | 2 | |
| 15 Landon Dunlap | FR | Minot State | 4:28.98 | 2 | |
| 16 Logan Hansen | JR | Sioux Falls | 4:33.82 | 1 | |
| 17 David Ecker | SO | Sioux Falls | 4:36.59 | 1 | |
| 18 Brock Hegarty | JR | Wayne State | 4:40.46 | 1 | |

Men 3000 Meter Run

NSIC Record: 8:16.97 \$ 2017 Glen Ellingson, AUGIE

'19 Champion: 8:19.45 2/22/2019 Zach Lundberg, USF

8:09.57 AUTO

8:28.47 PROV

| Name | Yr | School | Finals | H# | Points |
|---------------|----|--------------|---------|----|--------|
| Finals | | | | | |
| 1 Nadir Yusuf | JR | Msu-Moorhead | 8:32.71 | 2 | 10 |
| 2 Aaron Runge | SR | Augustana | 8:33.11 | 2 | 8 |

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| Name | Yr | School | Finals | H# | Points |
|------------------------|----|--------------------|---------|----|--------|
| 3 Jesse Kaas | SO | U-Mary | 8:35.66 | 2 | 6 |
| 4 Riccardo Done | SR | Northern State | 8:38.09 | 2 | 5 |
| 5 Alec Kray | JR | Augustana | 8:38.37 | 2 | 4 |
| 6 Zach Lundberg | SR | Sioux Falls | 8:38.87 | 2 | 3 |
| 7 Nathan Fox | FR | Minnesota State | 8:41.84 | 2 | 2 |
| 8 Timothy Moore | SO | U-Mary | 8:44.04 | 2 | 1 |
| 9 Braydon Kubat | JR | Minnesota-Duluth | 8:46.38 | 2 | |
| 10 Jesus Urtusuastegui | SR | Augustana | 8:47.15 | 2 | |
| 11 Kray Person | FR | Augustana | 8:47.49 | 2 | |
| 12 Dawson Strom | FR | U-Mary | 8:48.11 | 2 | |
| 13 Matthew Trutna | SO | Minnesota-Duluth | 8:48.98 | 2 | |
| 14 Owen Smalley | JR | Minnesota-Duluth | 8:51.29 | 1 | |
| 15 Jackson Harrison | SO | Northern State | 8:52.59 | 2 | |
| 16 Nick Jacobson | FR | Minnesota-Duluth | 8:54.83 | 1 | |
| 17 Jacob Jensen | FR | Minot State | 8:55.30 | 1 | |
| 18 Zeke Green | JR | Concordia-St. Paul | 8:58.66 | 1 | |
| 19 Daniel Armstrong | SR | Sioux Falls | 9:02.65 | 1 | |
| 20 Aaron Voigt | SO | Sioux Falls | 9:02.91 | 1 | |
| 21 David Ecker | SO | Sioux Falls | 9:04.59 | 1 | |
| 22 Jorge Garcia | JR | Northern State | 9:04.89 | 1 | |
| 23 Scott Burazin | JR | Concordia-St. Paul | 9:05.24 | 1 | |
| 24 Isaiah Winowiski | FR | Concordia-St. Paul | 9:14.14 | 1 | |
| 25 Ethan Kilton | FR | Augustana | 9:16.33 | 1 | |
| 26 Parker Huhn | FR | Minnesota State | 9:18.84 | 1 | |
| 27 Sam Ricker | FR | Sioux Falls | 9:21.21 | 1 | |
| 28 Endre Wigaard | SR | Augustana | 9:31.65 | 1 | |
| --- Henry Klitzke | SO | Augustana | DNF | 1 | |

Men 5000 Meter Run**NSIC Record: 14:33.86 \$ 2018 Bashir Aidrus, SMSU****'19 Champion: 14:37.57 2/23/2019 Derek Myers, MARY****14:12.73 AUTO****14:47.75 PROV**

| Name | Yr | School | Finals | Points |
|-----------------------|----|--------------------|----------|--------|
| Finals | | | | |
| 1 Aaron Runge | SR | Augustana | 14:39.39 | 10 |
| 2 Nadir Yusuf | JR | Msu-Moorhead | 14:39.43 | 8 |
| 3 Jesus Urtusuastegui | SR | Augustana | 14:39.80 | 6 |
| 4 Jesse Kaas | SO | U-Mary | 14:48.18 | 5 |
| 5 Dawson Strom | FR | U-Mary | 15:03.59 | 4 |
| 6 Henry Klitzke | SO | Augustana | 15:12.80 | 3 |
| 7 Jackson Harrison | SO | Northern State | 15:17.97 | 2 |
| 8 Matthew Trutna | SO | Minnesota-Duluth | 15:26.40 | 1 |
| 9 Scott Burazin | JR | Concordia-St. Paul | 15:28.43 | |
| 10 Parker Huhn | FR | Minnesota State | 15:41.84 | |
| 11 Drew Mears | JR | Msu-Moorhead | 15:41.89 | |
| 12 Jacob Jensen | FR | Minot State | 15:45.87 | |
| 13 David Ecker | SO | Sioux Falls | 15:47.11 | |
| 14 Kendall Hill | SR | Minnesota-Duluth | 15:47.38 | |

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Results**Finals ... (Men 5000 Meter Run)**

| Name | Yr | School | Finals | Points |
|-------------------|----|--------------------|----------|--------|
| 15 Zeke Green | JR | Concordia-St. Paul | 15:48.65 | |
| 16 Lucas Selman | FR | Minnesota-Duluth | 15:51.30 | |
| 17 Seth Overholt | SO | Sioux Falls | 15:54.91 | |
| 18 Dylan Kessler | SR | Wayne State | 16:06.05 | |
| 19 Aaron Voigt | SO | Sioux Falls | 16:07.36 | |
| 20 Jalen Chase | FR | Northern State | 16:08.49 | |
| 21 Devan Shumway | SR | Minot State | 16:19.09 | |
| 22 Wyatt Schlager | SO | Sioux Falls | 16:19.86 | |
| 23 Bailey Peckham | JR | Wayne State | 16:23.53 | |
| 24 Connor Hayes | FR | Msu-Moorhead | 16:53.29 | |

Men 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times****NSIC Record: 7.69 \$ 2016 Myles Hunter, MSU****'19 Champion: 7.94 2/23/2019 Josh Lamers, MARY****7.90 AUTO****8.21 PROV**

| Name | Yr | School | Prelims | H# |
|----------------------|----|---------------------------|-------------|----|
| Preliminaries | | | | |
| 1 Logan Bristol | SR | Minnesota State | 8.10 Q PROV | 1 |
| 2 Jacob Morse | SR | Sioux Falls | 8.19 Q PROV | 2 |
| 3 Tyl Woelber | SO | Augustana | 8.34 Q | 3 |
| 4 Zach Sweep | SR | Msu-Moorhead | 8.39 q | 2 |
| 5 Lawrence Lokonobei | FR | Augustana | 8.42 q | 1 |
| 6 Bryce Malsam | SR | Northern State | 8.43 q | 3 |
| 7 D'Monte Blanks | FR | Minnesota State | 8.47 q | 1 |
| 8 Clay Jackson | JR | Msu-Moorhead | 8.50 q | 2 |
| 9 Winston Platt | FR | U-Mary | 8.53 | 2 |
| 10 Renald Pierre | FR | Southwest Minnesota State | 8.70 | 1 |
| 11 Preston Davis | JR | Wayne State | 8.71 | 3 |
| 12 Kyle Lowe | JR | Wayne State | 8.93 | 2 |
| 12 Nathan Stearns | FR | Southwest Minnesota State | 8.93 | 3 |
| 14 Collin Kime | FR | Upper Iowa | 9.05 | 1 |
| 15 Andrew Paskey | FR | Upper Iowa | 9.21 | 2 |
| 16 Brady Krupa | FR | Upper Iowa | 9.50 | 3 |

Men 60 Meter Hurdles**NSIC Record: 7.69 \$ 2016 Myles Hunter, MSU****'19 Champion: 7.94 2/23/2019 Josh Lamers, MARY****7.90 AUTO****8.21 PROV**

| Name | Yr | School | Finals | Points |
|------------------|----|-----------------|-----------|--------|
| Finals | | | | |
| 1 Logan Bristol | SR | Minnesota State | 7.98 PROV | 10 |
| 2 Jacob Morse | SR | Sioux Falls | 8.17 PROV | 8 |
| 3 Bryce Malsam | SR | Northern State | 8.40 | 6 |
| 4 D'Monte Blanks | FR | Minnesota State | 8.40 | 5 |
| 5 Zach Sweep | SR | Msu-Moorhead | 8.47 | 4 |
| 6 Tyl Woelber | SO | Augustana | 8.51 | 3 |

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Results

Finals ... (Men 60 Meter Hurdles)

| Name | Yr | School | Finals | Points |
|------------------------|----|--------------|--------|--------|
| 7 Clay Jackson | JR | Msu-Moorhead | 8.61 | 2 |
| --- Lawrence Lokonobei | FR | Augustana | DO | |

Men 4x400 Meter Relay

**NSIC Record: 3:18.21 \$ 2017 Minnesota State
 J.Schuster, T.Ogren, I.Pitchford, M.Dennis**
**'19 Champion: 3:19.34 2/23/2019 Minnesota State
 P Selman, L Kwateh, R Diamond, J Schuster**
3:14.78 AUTO
3:19.92 PROV

| Team | Relay | Finals | H# | Points |
|-----------------------------|-------|---------|----|--------|
| Finals | | | | |
| 1 Minnesota State | | 3:20.24 | 2 | 10 |
| 2 Northern State | | 3:20.71 | 2 | 8 |
| 3 U-Mary | | 3:21.07 | 2 | 6 |
| 4 Augustana | | 3:23.98 | 2 | 5 |
| 5 Msu-Moorhead | | 3:26.79 | 2 | 4 |
| 6 Concordia-St. Paul | | 3:27.81 | 1 | 3 |
| 7 Wayne State | | 3:28.21 | 1 | 2 |
| 8 Sioux Falls | | 3:28.81 | 1 | 1 |
| 9 Southwest Minnesota State | | 3:30.15 | 1 | |
| 10 Upper Iowa | | 3:35.95 | 1 | |
| --- Minnesota-Duluth | | DO | 2 | |

Men Distance Medley

**NSIC Record: 10:04.89 \$ 2/28/2020 Sioux Falls, USF
 B Beseman, J Slaba, L Hansen, Z Lundberg**
**'19 Champion: 10:06.50 2/22/2019 Sioux Falls, USF
 J Kraft, L Hansen, B Beseman, M Phillips**
9:55.20 AUTO
10:12.69 PROV

| Team | Relay | Finals | Points |
|----------------------|-------|------------------|--------|
| Finals | | | |
| 1 Sioux Falls | | 10:04.89 \$ PROV | 10 |
| 2 Augustana | | 10:05.87 PROV | 8 |
| 3 U-Mary | | 10:14.96 | 6 |
| 4 Concordia-St. Paul | | 10:17.84 | 5 |
| 5 Msu-Moorhead | | 10:21.31 | 4 |
| 6 Minnesota-Duluth | | 10:25.50 | 3 |
| 7 Minnesota State | | 10:28.00 | 2 |
| 8 Minot State | | 10:34.29 | 1 |
| 9 Northern State | | 10:41.37 | |
| 10 Wayne State | | 10:44.91 | |

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Results**Men High Jump****NSIC Record:** 2.14m \$ 2/22/2019 Chris Cook, MSUM**'19 Champion:** 2.14m 2/22/2019 Chris Cook, MSUM

2.16m AUTO

2.04m PROV

| Name | Yr | School | Finals | Points |
|-----------------------|----|------------------|-------------------|--------|
| Finals | | | | |
| 1 Deveyonn Brown | JR | Minnesota State | 2.12m 6-11.50PROV | 10 |
| 2 Chris Cook | JR | Msu-Moorhead | 2.09m 6-10.25PROV | 8 |
| 3 Shyrone Kemp | FR | Msu-Moorhead | 2.09m 6-10.25PROV | 6 |
| 4 Tyl Woelber | SO | Augustana | 2.06m 6-09.00PROV | 5 |
| 5 Logan Bristol | SR | Minnesota State | 2.06m 6-09.00PROV | 4 |
| 6 Shenley Allen | SR | U-Mary | 2.03m 6-08.00 | 3 |
| 7 Michael Douglas | FR | Upper Iowa | 1.95m 6-04.75 | 2 |
| 8 Caleb Cowles | JR | Minnesota State | 1.90m 6-02.75 | .50 |
| 8 Isaiah Morin-Baxter | FR | Augustana | 1.90m 6-02.75 | .50 |
| 10 Trey Krannich | FR | Minnesota State | 1.85m 6-00.75 | |
| 11 Steven Miner | FR | Sioux Falls | 1.85m 6-00.75 | |
| 11 Aaron English | SO | Wayne State | 1.85m 6-00.75 | |
| 13 Tyler Wanous | JR | Minnesota-Duluth | 1.85m 6-00.75 | |
| --- Eli Anderson | SR | Augustana | NH | |
| --- Zach Swoep | SR | Msu-Moorhead | NH | |
| --- Jack Thompson | SO | Minnesota-Duluth | NH | |
| --- Iberius Jenkins | FR | Upper Iowa | NH | |

Men Pole Vault**NSIC Record:** 5.20m \$ 2015 Scott Greenman, USF**'19 Champion:** 5.09m 2/22/2019 Tristan Zawadzki, USF

5.22m AUTO

4.77m PROV

| Name | Yr | School | Finals | Points |
|----------------------|----|--------------------|--------------------|--------|
| Finals | | | | |
| 1 Kyle Johnson | JR | Minnesota State | 4.80m 15-09.00PROV | 10 |
| 2 Carson Dittel | FR | Minnesota State | 4.70m 15-05.00 | 8 |
| 3 Jack Hodge | FR | Minnesota State | 4.60m 15-01.00 | 6 |
| 4 Bryce Malsam | SR | Northern State | 4.60m 15-01.00 | 5 |
| 5 Dan Clark | SR | Minnesota-Duluth | 4.50m 14-09.00 | 4 |
| 6 Jared Pflipsen | JR | U-Mary | 4.50m 14-09.00 | 3 |
| 7 Matt Pohlmann | SR | Augustana | 4.50m 14-09.00 | 2 |
| 8 Jonas Matzen | SR | Msu-Moorhead | 4.35m 14-03.25 | .50 |
| 8 Kelson Brewer | SR | Northern State | 4.35m 14-03.25 | .50 |
| 10 Jackson Penner | SR | U-Mary | 4.35m 14-03.25 | |
| 11 Marshall Jeppeson | SR | Concordia-St. Paul | 4.35m 14-03.25 | |
| 12 Zachary Burns | JR | Northern State | 4.35m 14-03.25 | |
| 13 Shea Alto | SO | Minnesota-Duluth | 4.20m 13-09.25 | |
| 14 Ethan Hebert | FR | Minnesota State | 4.05m 13-03.50 | |
| --- Dillan Kovash | SO | U-Mary | NH | |
| --- Zach Dingbaum | SR | Upper Iowa | NH | |
| --- Jake Person | SO | Sioux Falls | NH | |
| --- Tristan Zawadzki | SR | Sioux Falls | NH | |

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Results**Finals ... (Men Pole Vault)**

| Name | Yr | School | Finals | Points |
|--------------------|----|-----------------|--------|--------|
| --- Mark McPherson | SO | Minnesota State | NH | |

Men Long Jump

NSIC Record: 7.58m \$ 1981 Ed Stuart, MSU
 '19 Champion: 7.44m 2/22/2019 Luxon Glor, MARY
 7.60m AUTO
 7.13m PROV

| Name | Yr | School | Finals | H# | Points |
|------------------------|----|---------------------------|--------------------|----|--------|
| Finals | | | | | |
| 1 Caleb Kath | JR | Minnesota State | 7.24m 23-09.00PROV | 2 | 10 |
| 2 Tyl Woelber | SO | Augustana | 7.22m 23-08.25PROV | 2 | 8 |
| 3 Shyrone Kemp | FR | Msu-Moorhead | 7.15m 23-05.50PROV | 2 | 6 |
| 4 William Forbes | FR | Minnesota State | 6.99m 22-11.25 | 2 | 5 |
| 5 Jonas Matzen | SR | Msu-Moorhead | 6.81m 22-04.25 | 2 | 3.50 |
| 5 Talon Staudinger | SR | U-Mary | 6.81m 22-04.25 | 2 | 3.50 |
| 7 Mikhail Sands | SO | Wayne State | 6.66m 21-10.25 | 2 | 2 |
| 8 Adrian Davis-Aguilar | FR | Minot State | 6.63m 21-09.00 | 1 | 1 |
| 9 Peyton Zahler | SO | U-Mary | 6.48m 21-03.25 | 2 | |
| 10 Brady Erickson | SO | U-Mary | 6.47m 21-02.75 | 2 | |
| 11 Jaylen Hobson | FR | Upper Iowa | 6.46m 21-02.50 | 1 | |
| 12 Christian Riley | FR | Sioux Falls | 6.44m 21-01.50 | 1 | |
| 13 Casey Hackett | SO | Sioux Falls | 6.41m 21-00.50 | 1 | |
| 14 Winston Platt | FR | U-Mary | 6.37m 20-10.75 | 1 | |
| 15 Andrew Johnson | JR | Concordia-St. Paul | 6.36m 20-10.50 | 2 | |
| 16 Kyle Cacho | SO | U-Mary | 6.33m 20-09.25 | 2 | |
| 16 Jake Johnston | FR | Minnesota State | 6.33m 20-09.25 | 1 | |
| 18 Jesse Hatler | JR | U-Mary | 6.30m 20-08.00 | 1 | |
| 19 Isaiah Nelson | JR | Southwest Minnesota State | 6.20m 20-04.25 | 1 | |
| 20 Clay Jackson | JR | Msu-Moorhead | 6.12m 20-01.00 | 1 | |
| 21 Avery Hunt | SO | Minnesota-Duluth | 6.04m 19-09.75 | 1 | |
| 22 Ethan Feist | JR | Minot State | 5.99m 19-08.00 | 1 | |
| --- Trent Hamerski | SO | Minnesota-Duluth | FOUL | 2 | |

Men Triple Jump

NSIC Record: 16.42m \$ 2017 Michael Sandle, MSU
 '19 Champion: 14.92m 2/23/2019 Elijah Calderon-Pitchford, MSU
 15.49m AUTO
 14.50m PROV

| Name | Yr | School | Finals | H# | Points |
|-----------------------|----|-----------------|---------------------|----|--------|
| Finals | | | | | |
| 1 Shyrone Kemp | FR | Msu-Moorhead | 14.99m 49-02.25PROV | 2 | 10 |
| 2 Tyl Woelber | SO | Augustana | 14.51m 47-07.25PROV | 2 | 8 |
| 3 Azeez Alabi | FR | Minnesota State | 14.14m 46-04.75 | 2 | 6 |
| 4 Cooper Wood | JR | Sioux Falls | 14.13m 46-04.25 | 2 | 5 |
| 5 Casey Hackett | SO | Sioux Falls | 14.04m 46-00.75 | 2 | 4 |
| 6 Stephen Ayobamidele | FR | Minnesota State | 14.02m 46-00.00 | 2 | 3 |
| 7 Talon Staudinger | SR | U-Mary | 14.01m 45-11.75 | 2 | 2 |
| 8 Connor Clayton | FR | Augustana | 13.88m 45-06.50 | 2 | 1 |
| 9 Shenley Allen | SR | U-Mary | 13.66m 44-09.75 | 2 | |

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Results**Finals ... (Men Triple Jump)**

| | Name | Yr | School | Finals | | H# | Points |
|-----|----------------------|----|---------------------------|--------|----------|----|--------|
| 10 | Isaiah Nelson | JR | Southwest Minnesota State | 13.58m | 44-06.75 | 2 | |
| 11 | Tyler Berby | SR | Msu-Moorhead | 13.34m | 43-09.25 | 1 | |
| 12 | Aaron Davis | FR | U-Mary | 13.30m | 43-07.75 | 1 | |
| 13 | Jesse Hatler | JR | U-Mary | 13.25m | 43-05.75 | 2 | |
| 14 | Matt Bohlman | FR | Minnesota State | 13.08m | 42-11.00 | 2 | |
| 15 | Cameron Ramnarine | JR | Minnesota State | 13.07m | 42-10.75 | 1 | |
| 16 | Adrian Davis-Aguilar | FR | Minot State | 12.61m | 41-04.50 | 1 | |
| 17 | Darrian Hood | FR | Northern State | 12.60m | 41-04.25 | 1 | |
| 18 | Avery Hunt | SO | Minnesota-Duluth | 12.46m | 40-10.50 | 1 | |
| 19 | Devin Flakes | FR | Concordia-St. Paul | 12.45m | 40-10.25 | 1 | |
| 20 | Michael Douglas | FR | Upper Iowa | 12.31m | 40-04.75 | 1 | |
| 21 | Isiah Dancy | FR | Sioux Falls | 11.69m | 38-04.25 | 1 | |
| 22 | Zach Dingbaum | SR | Upper Iowa | 11.27m | 36-11.75 | 1 | |
| --- | Peyton Zahler | SO | U-Mary | FOUL | | 1 | |

Men Shot Put

NSIC Record: 19.48m \$ 2014 Chris Reed, MSU
'19 Champion: 16.53m 2/23/2019 Jayme LaPlante, MSU
 18.18m AUTO
 16.21m PROV

| | Name | Yr | School | Finals | | H# | Points |
|---------------|--------------------|----|---------------------------|--------|--------------|----|--------|
| Finals | | | | | | | |
| 1 | Marcus Gustavson | SR | Concordia-St. Paul | 16.98m | 55-08.50PROV | 3 | 10 |
| 2 | Connor Wigand | JR | Southwest Minnesota State | 16.62m | 54-06.50PROV | 3 | 8 |
| 3 | Chandler Nelson | SR | Sioux Falls | 15.94m | 52-03.75 | 3 | 6 |
| 4 | Carter Aguilera | FR | Minnesota State | 15.55m | 51-00.25 | 3 | 5 |
| 5 | Tanner Berg | JR | Northern State | 15.25m | 50-00.50 | 3 | 4 |
| 6 | Zach Skelton | SO | Minnesota-Duluth | 15.05m | 49-04.50 | 2 | 3 |
| 7 | Logan Krueger | SO | Minot State | 15.02m | 49-03.50 | 3 | 2 |
| 8 | Stig Selnes | JR | Augustana | 14.74m | 48-04.50 | 3 | 1 |
| 9 | Ben Allen | JR | Wayne State | 14.65m | 48-00.75 | 3 | |
| 10 | Keegan Larson | SO | Concordia-St. Paul | 14.34m | 47-00.75 | 2 | |
| 11 | Tommy Kucera | FR | Minnesota State | 14.30m | 46-11.00 | 2 | |
| 12 | Tanner Berby | JR | Msu-Moorhead | 14.17m | 46-06.00 | 2 | |
| 13 | Bedale Naba | JR | Minnesota State | 14.16m | 46-05.50 | 3 | |
| 14 | Ben Oie | FR | Msu-Moorhead | 14.02m | 46-00.00 | 2 | |
| 15 | Hunter Quinn | SO | Concordia-St. Paul | 13.86m | 45-05.75 | 2 | |
| 16 | Hunter Roseborough | FR | Msu-Moorhead | 13.51m | 44-04.00 | 3 | |
| 17 | Nick Olson | FR | Northern State | 13.49m | 44-03.25 | 2 | |
| 18 | Colton Kostynick | FR | Minnesota-Duluth | 13.46m | 44-02.00 | 1 | |
| 19 | Kristian Crabb | SO | Southwest Minnesota State | 13.07m | 42-10.75 | 2 | |
| 20 | Chase Becker | FR | Southwest Minnesota State | 13.04m | 42-09.50 | 1 | |
| 21 | Jack Herlofsky | SO | Minnesota-Duluth | 13.01m | 42-08.25 | 1 | |
| 22 | Elliott Wolfe | FR | Concordia-St. Paul | 12.94m | 42-05.50 | 1 | |
| 22 | Nicholas Norby | FR | Minnesota State | 12.94m | 42-05.50 | 1 | |
| 24 | Macklin Conrad | FR | Upper Iowa | 12.85m | 42-02.00 | 1 | |
| 25 | Jaymeson Wolkow | FR | Sioux Falls | 12.82m | 42-00.75 | 2 | |
| 26 | Dan Clark | SR | Minnesota-Duluth | 12.47m | 40-11.00 | 1 | |
| 27 | Derek Wax | SO | Minot State | 12.35m | 40-06.25 | 1 | |

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Results**Finals ... (Men Shot Put)**

| Name | Yr | School | Finals | H# | Points |
|---------------------|----|---------------------------|--------|----------|--------|
| 28 Hunter Clark | FR | Minot State | 11.79m | 38-08.25 | 1 |
| --- Carl Swedzinski | FR | Southwest Minnesota State | FOUL | | 2 |

Men Weight Throw

NSIC Record: 21.01m \$ 2012 Ross Bunchek, WSC
 '19 Champion: 20.16m 2/22/2019 Cade Kalkowski, WSC
 21.04m AUTO
 17.68m PROV

| Name | Yr | School | Finals | H# | Points |
|---------------------|----|---------------------------|--------|--------------|--------|
| Finals | | | | | |
| 1 Tanner Berg | JR | Northern State | 20.74m | 68-00.50PROV | 3 10 |
| 2 Cade Kalkowski | JR | Wayne State | 20.50m | 67-03.25PROV | 3 8 |
| 3 Connor McCormick | JR | Minnesota State | 19.53m | 64-01.00PROV | 3 6 |
| 4 Dylan Kaup | SR | Wayne State | 19.10m | 62-08.00PROV | 3 5 |
| 5 Zach Skelton | SO | Minnesota-Duluth | 17.86m | 58-07.25PROV | 3 4 |
| 6 Carter Aguilera | FR | Minnesota State | 17.53m | 57-06.25 | 3 3 |
| 7 Connor Wigand | JR | Southwest Minnesota State | 17.38m | 57-00.25 | 3 2 |
| 8 Tanner Berby | JR | Msu-Moorhead | 17.14m | 56-03.00 | 3 1 |
| 9 Chandler Nelson | SR | Sioux Falls | 17.03m | 55-10.50 | 3 |
| 10 Austin Eppard | SO | Northern State | 16.56m | 54-04.00 | 2 |
| 11 Bedale Naba | JR | Minnesota State | 16.00m | 52-06.00 | 2 |
| 12 Marcus Gustavson | SR | Concordia-St. Paul | 15.55m | 51-00.25 | 2 |
| 13 Tommy Kucera | FR | Minnesota State | 15.45m | 50-08.25 | 2 |
| 14 Nicholas Norby | FR | Minnesota State | 15.38m | 50-05.50 | 2 |
| 15 Hunter Quinn | SO | Concordia-St. Paul | 15.21m | 49-11.00 | 2 |
| 16 Jerron McDonald | SO | Msu-Moorhead | 14.88m | 48-10.00 | 2 |
| 17 Keegan Larson | SO | Concordia-St. Paul | 14.43m | 47-04.25 | 2 |
| 18 Jack Herlofsky | SO | Minnesota-Duluth | 14.27m | 46-10.00 | 1 |
| 19 Hunter Clark | FR | Minot State | 14.27m | 46-10.00 | 1 |
| 20 Joshua Kemp | SO | Southwest Minnesota State | 13.91m | 45-07.75 | 2 |
| 21 Carl Swedzinski | FR | Southwest Minnesota State | 13.48m | 44-02.75 | 1 |
| 22 Nick Olson | FR | Northern State | 13.44m | 44-01.25 | 1 |
| 23 Chase Becker | FR | Southwest Minnesota State | 13.41m | 44-00.00 | 1 |
| 24 Colton Kostynick | FR | Minnesota-Duluth | 12.81m | 42-00.50 | 1 |
| 25 Shane Curtis | SR | Concordia-St. Paul | 12.54m | 41-01.75 | 1 |
| 26 Rory Larsen | FR | Upper Iowa | 12.53m | 41-01.50 | 1 |
| --- Logan Krueger | SO | Minot State | FOUL | | 3 |
| --- Grant Fritsch | FR | Wayne State | FOUL | | 1 |

Heptathlon: #1 Men 60 Meter Dash Heptathlon

| Name | Yr | School | Finals | H# | Points |
|------------------|----|--------------------|--------|----|--------|
| Finals | | | | | |
| 1 Bryce Malsam | SR | Northern State | 7.26 | 2 | 792 |
| 2 Tyl Woelber | SO | Augustana | 7.26 | 2 | 792 |
| 3 Arik Johnson | SO | Concordia-St. Paul | 7.35 | 2 | 762 |
| 4 Kelson Brewer | SR | Northern State | 7.36 | 2 | 759 |
| 5 Jackson Penner | SR | U-Mary | 7.47 | 2 | 723 |
| 6 Noah Lilly | SO | Wayne State | 7.48 | 1 | 719 |
| 7 Ian O'Connor | JR | Minnesota-Duluth | 7.56 | 1 | 694 |

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Results**Finals ... (Heptathlon: #1 Men 60 Meter Dash Heptathlon)**

| Name | Yr | School | Finals | H# | Points |
|----------------|----|------------------|--------|----|--------|
| 7 Jonas Matzen | SR | Msu-Moorhead | 7.56 | 1 | 694 |
| 9 Caden Dupee | FR | Minnesota-Duluth | 7.62 | 1 | 675 |
| 10 Eric Chromy | JR | Minnesota-Duluth | 7.77 | 1 | 628 |

Heptathlon: #7 Men 1000 Meter Run Heptathlon

| Name | Yr | School | Finals | Points |
|------------------|----|--------------------|---------|--------|
| Finals | | | | |
| 1 Jackson Penner | SR | U-Mary | 2:42.48 | 846 |
| 2 Kelson Brewer | SR | Northern State | 2:42.92 | 841 |
| 3 Caden Dupee | FR | Minnesota-Duluth | 2:49.63 | 769 |
| 4 Jonas Matzen | SR | Msu-Moorhead | 2:50.46 | 761 |
| 5 Arik Johnson | SO | Concordia-St. Paul | 2:51.79 | 747 |
| 6 Noah Lilly | SO | Wayne State | 2:53.23 | 732 |
| 7 Tyl Woelber | SO | Augustana | 2:55.10 | 713 |
| 8 Ian O'Connor | JR | Minnesota-Duluth | 2:57.07 | 693 |
| 9 Bryce Malsam | SR | Northern State | 3:00.69 | 658 |
| 10 Eric Chromy | JR | Minnesota-Duluth | 3:22.04 | 465 |

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

| Name | Yr | School | Finals | H# | Points |
|------------------|----|--------------------|--------|----|--------|
| Finals | | | | | |
| 1 Bryce Malsam | SR | Northern State | 8.31 | 3 | 905 |
| 2 Tyl Woelber | SO | Augustana | 8.38 | 3 | 888 |
| 3 Ian O'Connor | JR | Minnesota-Duluth | 8.75 | 2 | 802 |
| 4 Caden Dupee | FR | Minnesota-Duluth | 8.80 | 1 | 791 |
| 5 Arik Johnson | SO | Concordia-St. Paul | 8.81 | 3 | 788 |
| 6 Kelson Brewer | SR | Northern State | 8.81 | 3 | 788 |
| 7 Noah Lilly | SO | Wayne State | 8.87 | 1 | 775 |
| 8 Jonas Matzen | SR | Msu-Moorhead | 8.93 | 2 | 761 |
| 9 Jackson Penner | SR | U-Mary | 8.97 | 1 | 752 |
| 10 Eric Chromy | JR | Minnesota-Duluth | 9.42 | 2 | 656 |

Heptathlon: #4 Men High Jump Heptathlon

| Name | Yr | School | Finals | Points |
|------------------|----|--------------------|---------------|--------|
| Finals | | | | |
| 1 Tyl Woelber | SO | Augustana | 2.12m 6-11.50 | 915 |
| 2 Bryce Malsam | SR | Northern State | 2.03m 6-08.00 | 831 |
| 3 Jonas Matzen | SR | Msu-Moorhead | 1.97m 6-05.50 | 776 |
| 4 Arik Johnson | SO | Concordia-St. Paul | 1.91m 6-03.25 | 723 |
| 5 Caden Dupee | FR | Minnesota-Duluth | 1.85m 6-00.75 | 670 |
| 5 Jackson Penner | SR | U-Mary | 1.85m 6-00.75 | 670 |
| 7 Ian O'Connor | JR | Minnesota-Duluth | 1.82m 5-11.50 | 644 |
| 8 Noah Lilly | SO | Wayne State | 1.79m 5-10.50 | 619 |
| 9 Eric Chromy | JR | Minnesota-Duluth | 1.76m 5-09.25 | 593 |
| 10 Kelson Brewer | SR | Northern State | 1.61m 5-03.25 | 472 |

Heptathlon: #6 Men Pole Vault Heptathlon

| Name | Yr | School | Finals | Points |
|----------------|----|----------------|----------------|--------|
| Finals | | | | |
| 1 Bryce Malsam | SR | Northern State | 4.70m 15-05.00 | 819 |

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Results**Finals ... (Heptathlon: #6 Men Pole Vault Heptathlon)**

| Name | Yr | School | Finals | Points |
|------------------|----|--------------------|----------------|--------|
| 2 Kelson Brewer | SR | Northern State | 4.50m 14-09.00 | 760 |
| 3 Jonas Matzen | SR | Msu-Moorhead | 4.30m 14-01.25 | 702 |
| 4 Noah Lilly | SO | Wayne State | 4.20m 13-09.25 | 673 |
| 5 Tyl Woelber | SO | Augustana | 4.00m 13-01.50 | 617 |
| 5 Jackson Penner | SR | U-Mary | 4.00m 13-01.50 | 617 |
| 5 Arik Johnson | SO | Concordia-St. Paul | 4.00m 13-01.50 | 617 |
| 8 Caden Dupee | FR | Minnesota-Duluth | 3.70m 12-01.50 | 535 |
| 9 Ian O'Connor | JR | Minnesota-Duluth | 3.60m 11-09.75 | 509 |
| 10 Eric Chromy | JR | Minnesota-Duluth | 3.50m 11-05.75 | 482 |

Heptathlon: #2 Men Long Jump Heptathlon

| Name | Yr | School | Finals | Points |
|------------------|----|--------------------|----------------|--------|
| Finals | | | | |
| 1 Tyl Woelber | SO | Augustana | 6.80m 22-03.75 | 767 |
| 2 Jonas Matzen | SR | Msu-Moorhead | 6.67m 21-10.75 | 736 |
| 3 Bryce Malsam | SR | Northern State | 6.64m 21-09.50 | 729 |
| 4 Arik Johnson | SO | Concordia-St. Paul | 6.46m 21-02.50 | 688 |
| 5 Caden Dupee | FR | Minnesota-Duluth | 6.36m 20-10.50 | 666 |
| 6 Jackson Penner | SR | U-Mary | 6.34m 20-09.75 | 661 |
| 7 Noah Lilly | SO | Wayne State | 6.07m 19-11.00 | 602 |
| 8 Eric Chromy | JR | Minnesota-Duluth | 5.88m 19-03.50 | 561 |
| 9 Kelson Brewer | SR | Northern State | 5.86m 19-02.75 | 556 |
| 10 Ian O'Connor | JR | Minnesota-Duluth | 5.63m 18-05.75 | 508 |

Heptathlon: #3 Men Shot Put Heptathlon

| Name | Yr | School | Finals | Points |
|------------------|----|--------------------|-----------------|--------|
| Finals | | | | |
| 1 Tyl Woelber | SO | Augustana | 12.96m 42-06.25 | 665 |
| 2 Caden Dupee | FR | Minnesota-Duluth | 11.28m 37-00.25 | 563 |
| 3 Bryce Malsam | SR | Northern State | 11.25m 36-11.00 | 561 |
| 4 Jonas Matzen | SR | Msu-Moorhead | 11.09m 36-04.75 | 551 |
| 5 Jackson Penner | SR | U-Mary | 10.73m 35-02.50 | 530 |
| 6 Eric Chromy | JR | Minnesota-Duluth | 10.59m 34-09.00 | 521 |
| 7 Noah Lilly | SO | Wayne State | 10.22m 33-06.50 | 499 |
| 8 Ian O'Connor | JR | Minnesota-Duluth | 10.21m 33-06.00 | 498 |
| 9 Kelson Brewer | SR | Northern State | 10.10m 33-01.75 | 492 |
| 10 Arik Johnson | SO | Concordia-St. Paul | 10.03m 32-11.00 | 487 |

Men Heptathlon

NSIC Record: 5276 \$ 2013 Nathan Hancock, MSU

'19 Champion: 5201 2/22/2019 Jack Curtis, MSU

5355 AUTO

4760 PROV

| Name | Yr | School | Finals | H# | Points |
|----------------|----|--------------------|-----------------|----|--------|
| Finals | | | | | |
| 1 Tyl Woelber | SO | Augustana | 5357.00 \$ AUTO | | 10 |
| 2 Bryce Malsam | SR | Northern State | 5295.00 \$ PROV | | 8 |
| 3 Jonas Matzen | SR | Msu-Moorhead | 4981.00 PROV | | 6 |
| 4 Arik Johnson | SO | Concordia-St. Paul | 4812.00 PROV | | 5 |

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| | Name | Yr | School | Finals | H# | Points |
|----|----------------|-----------|------------------|---------------|-----------|---------------|
| 5 | Jackson Penner | SR | U-Mary | 4799.00 | PROV | 4 |
| 6 | Caden Dupee | FR | Minnesota-Duluth | 4669.00 | | 3 |
| 7 | Kelson Brewer | SR | Northern State | 4668.00 | | 2 |
| 8 | Noah Lilly | SO | Wayne State | 4619.00 | | 1 |
| 9 | Ian O'Connor | JR | Minnesota-Duluth | 4348.00 | | |
| 10 | Eric Chromy | JR | Minnesota-Duluth | 3906.00 | | |

Men - Team Rankings - 19 Events Scored

| | | | |
|---------------------|-------|-------------------------------|-------|
| 1) Minnesota State | 213.5 | 2) Augustana | 120.5 |
| 3) MSU-Moorhead | 80 | 4) Northern State | 71.5 |
| 5) U-Mary | 66.5 | 6) Sioux Falls | 55 |
| 7) Minnesota-Duluth | 47 | 8) Concordia-St. Paul | 45 |
| 9) Wayne State | 22 | 10) Southwest Minnesota State | 12 |
| 11) Minot State | 5 | 12) Upper Iowa | 2 |

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Hosted by Minnesota State Mankato

Myers Fieldhouse

Results**Women 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times****NSIC Record: 7.43 \$ 2/28/2020 Makayla Jackson, MSU****'19 Champion: 7.56 2/23/2019 Khenadi Jones, MSU****7.47 AUTO****7.67 PROV**

| Name | Yr | School | Prelims | H# |
|-----------------------|----|--------------------|----------------|----|
| Preliminaries | | | | |
| 1 Makayla Jackson | FR | Minnesota State | \$ 7.43 Q AUTO | 1 |
| 2 Toni Canfall | JR | Concordia-St. Paul | 7.52 Q PROV | 3 |
| 3 Ja'Cey Simmons | FR | Minnesota State | 7.53 Q PROV | 2 |
| 4 Kanya Henderson | SO | Sioux Falls | 7.55 q PROV | 2 |
| 5 Emma Baynes | JR | St. Cloud State | 7.65 q PROV | 3 |
| 6 Callie DeWitt | JR | Augustana | 7.69 q | 1 |
| 7 Sarah Troescher | SR | Sioux Falls | 7.70 q | 3 |
| 8 Lexus Lovan | SR | U-Mary | 7.70 q | 2 |
| 9 Bonet Henderson | FR | U-Mary | 7.72 | 1 |
| 10 Emelia Burris | JR | St. Cloud State | 7.77 | 2 |
| 11 Caitlyn Jones | FR | Minnesota State | 7.80 | 3 |
| 12 Beatrice Kjelland | SO | Bemidji State | 7.82 | 2 |
| 13 Cali Modglin | JR | U-Mary | 7.84 | 1 |
| 14 Anna Steadland | FR | Msu-Moorhead | 7.85 | 3 |
| 15 Lindsay Maruska | JR | Minnesota-Duluth | 7.86 | 3 |
| 16 Kary Petricka | FR | Minnesota State | 7.89 | 1 |
| 17 Jailah Brice-Moore | FR | Sioux Falls | 7.91 | 1 |
| 18 Alaina Holt | FR | Minnesota State | 8.03 | 2 |
| 19 Morgan Alexander | FR | Minot State | 8.44 | 2 |

Women 60 Meter Dash**NSIC Record: 7.43 \$ 2/28/2020 Makayla Jackson, MSU****'19 Champion: 7.56 2/23/2019 Khenadi Jones, MSU****7.47 AUTO****7.67 PROV**

| Name | Yr | School | Finals | Points |
|-------------------|----|--------------------|--------------|--------|
| Finals | | | | |
| 1 Makayla Jackson | FR | Minnesota State | 7.41 \$ AUTO | 10 |
| 2 Toni Canfall | JR | Concordia-St. Paul | 7.44 AUTO | 8 |
| 3 Ja'Cey Simmons | FR | Minnesota State | 7.57 PROV | 6 |
| 4 Kanya Henderson | SO | Sioux Falls | 7.63 PROV | 5 |
| 5 Emma Baynes | JR | St. Cloud State | 7.68 | 4 |
| 6 Lexus Lovan | SR | U-Mary | 7.70 | 3 |
| 7 Sarah Troescher | SR | Sioux Falls | 7.72 | 2 |
| 8 Callie DeWitt | JR | Augustana | 7.74 | 1 |

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Results**Women 200 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

NSIC Record: 24.49 \$ 2/28/2020 Ja'Cey Simmons, MSU
'19 Champion: 24.51 2/23/2019 Danielle Kohlwey, UMD
 24.44 AUTO
 25.21 PROV

| Name | Yr | School | Prelims | H# |
|----------------------|----|--------------------|-----------------|----|
| Preliminaries | | | | |
| 1 Ja'Cey Simmons | FR | Minnesota State | \$ 24.49 Q PROV | 1 |
| 2 Toni Canfall | JR | Concordia-St. Paul | 24.79 Q PROV | 2 |
| 3 Chriss-Ann Thomas | SR | U-Mary | 24.82 Q PROV | 3 |
| 4 Michaela Pryor | SO | Winona State | 25.18 Q PROV | 4 |
| 5 Makayla Jackson | FR | Minnesota State | 24.65 q PROV | 1 |
| 6 Rose Gaye | SO | Minnesota State | 24.92 q PROV | 3 |
| 7 Bonet Henderson | FR | U-Mary | 25.08 q PROV | 2 |
| 8 Brooklyn Schyvinck | SO | Winona State | 25.23 q | 1 |
| 9 Emma Baynes | JR | St. Cloud State | 25.33 | 4 |
| 10 Mackenzie Woodard | JR | Minnesota State | 25.37 | 1 |
| 11 Maddy Pietz | SO | Winona State | 25.39 | 2 |
| 12 Anna Steadland | FR | Msu-Moorhead | 25.52 | 1 |
| 13 Rose Cramer | FR | Minnesota State | 25.59 | 3 |
| 14 Kanya Henderson | SO | Sioux Falls | 25.65 | 2 |
| 15 Lauren Magnuson | SR | Concordia-St. Paul | 25.82 | 4 |
| 16 Sarah Troescher | SR | Sioux Falls | 25.83 | 2 |
| 17 Emelia Burris | JR | St. Cloud State | 25.91 | 3 |
| 18 Callie DeWitt | JR | Augustana | 25.94 | 4 |
| 19 Autumn Santos | SR | Minnesota State | 26.10 | 4 |
| 20 Lauryn Samuel | FR | Concordia-St. Paul | 26.49 | 3 |
| 21 MaeLea Harmon | FR | Minnesota State | 26.67 | 3 |
| 22 Ellie Loesch | FR | Upper Iowa | 26.76 | 4 |

Women 200 Meter Dash

NSIC Record: 24.49 \$ 2/28/2020 Ja'Cey Simmons, MSU
'19 Champion: 24.51 2/23/2019 Danielle Kohlwey, UMD
 24.44 AUTO
 25.21 PROV

| Name | Yr | School | Finals | Points |
|----------------------|----|--------------------|---------------|--------|
| Finals | | | | |
| 1 Ja'Cey Simmons | FR | Minnesota State | 24.47 \$ PROV | 10 |
| 2 Makayla Jackson | FR | Minnesota State | 24.62 PROV | 8 |
| 3 Chriss-Ann Thomas | SR | U-Mary | 24.68 PROV | 6 |
| 4 Toni Canfall | JR | Concordia-St. Paul | 24.73 PROV | 5 |
| 5 Michaela Pryor | SO | Winona State | 25.04 PROV | 4 |
| 6 Rose Gaye | SO | Minnesota State | 25.15 PROV | 3 |
| 7 Bonet Henderson | FR | U-Mary | 25.45 | 2 |
| 8 Brooklyn Schyvinck | SO | Winona State | 25.57 | 1 |

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Results**Women 400 Meter Dash**

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Rule 5.10.5d pg.73

NSIC Record: 55.09 \$ 2010 Kristi Buerkle, BSU
 '19 Champion: 55.43 2/23/2019 Abbey Zastrow, MARY
 55.05 AUTO
 57.29 PROV

| Name | Yr | School | Prelims | H# |
|----------------------|----|-----------------|--------------|----|
| Preliminaries | | | | |
| 1 Kalley Harris | JR | Winona State | 57.01 Q PROV | 1 |
| 2 Shereen Vallabouy | SO | Winona State | 57.17 Q PROV | 3 |
| 3 Mackenzie Woodard | JR | Minnesota State | 57.82 Q | 2 |
| 4 Brooklyn Schyvinck | SO | Winona State | 57.31 Q | 3 |
| 5 Chriss-Ann Thomas | SR | U-Mary | 57.48 Q | 1 |
| 6 Crystal Malone | SR | Minnesota State | 57.85 Q | 2 |
| 7 Rose Gaye | SO | Minnesota State | 57.82 q | 3 |
| 8 Allison Waterman | FR | Winona State | 58.16 q | 3 |
| 9 Autumn Santos | SR | Minnesota State | 58.19 | 1 |
| 10 Madison Barnes | SR | Northern State | 58.70 | 2 |
| 11 Isabel Kinzer | JR | Northern State | 59.14 | 2 |
| 12 Jordyn Pester | SO | Wayne State | 59.75 | 2 |
| 13 Janice Cole | FR | Bemidji State | 59.77 | 1 |

Women 400 Meter Dash

Rule 5.10.5d pg.73

NSIC Record: 55.09 \$ 2010 Kristi Buerkle, BSU
 '19 Champion: 55.43 2/23/2019 Abbey Zastrow, MARY
 55.05 AUTO
 57.29 PROV

| Name | Yr | School | Finals | Points |
|----------------------|----|-----------------|------------|--------|
| Finals | | | | |
| 1 Chriss-Ann Thomas | SR | U-Mary | 56.09 PROV | 10 |
| 2 Mackenzie Woodard | JR | Minnesota State | 56.27 PROV | 8 |
| 3 Brooklyn Schyvinck | SO | Winona State | 56.68 PROV | 6 |
| 4 Crystal Malone | SR | Minnesota State | 56.80 PROV | 5 |
| 5 Kalley Harris | JR | Winona State | 57.26 PROV | 4 |
| 6 Shereen Vallabouy | SO | Winona State | 57.66 | 3 |
| 7 Rose Gaye | SO | Minnesota State | 58.14 | 2 |
| 8 Allison Waterman | FR | Winona State | 58.51 | 1 |

Women 600 Meter Run

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Rule 5.10.5d pg.73

NSIC Record: 1:32.41 \$ 2017 Emily Trost, UMD
 '19 Champion: 1:36.05 2/23/2019 Courtney Dembrowski, MARY

| Name | Yr | School | Prelims | H# |
|--------------------------|----|-----------------|-----------|----|
| Preliminaries | | | | |
| 1 Sydney Mudgett | JR | Augustana | 1:35.44 Q | 2 |
| 2 Elizabeth Acheson | FR | U-Mary | 1:36.37 Q | 1 |
| 3 Tyarra English-Paulson | JR | Minnesota State | 1:37.02 Q | 3 |

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Results**Preliminaries ... (Women 600 Meter Run)**

| Name | Yr | School | Prelims | H# |
|--------------------------|----|---------------------------|-----------|----|
| 4 Kendall Zeman | SO | Winona State | 1:37.44 Q | 4 |
| 5 Cassiddy Wilson | JR | Upper Iowa | 1:36.08 q | 2 |
| 6 Kaitlyn Mulder | SO | Augustana | 1:36.53 q | 1 |
| 7 Ava Grimm | FR | U-Mary | 1:36.95 q | 2 |
| 8 Kali Ryan | JR | Augustana | 1:37.38 q | 3 |
| 9 Sierra Arradondo | SO | Minnesota-Duluth | 1:38.30 | 1 |
| 10 Autumn Anderson | SO | Minnesota State | 1:38.65 | 4 |
| 11 Bridget Brown | SR | St. Cloud State | 1:39.46 | 3 |
| 12 Joan Jelimo | SR | Wayne State | 1:40.26 | 2 |
| 13 Jaid Perry | FR | Concordia-St. Paul | 1:41.11 | 3 |
| 14 Leighten Fischer | JR | St. Cloud State | 1:41.61 | 4 |
| 15 McKenzie Maki | FR | Msu-Moorhead | 1:41.71 | 1 |
| 16 Maria Hoogendorn | FR | Augustana | 1:41.94 | 1 |
| 17 Kayla Jansky | SR | Southwest Minnesota State | 1:42.48 | 3 |
| 18 Kaylee Hudspeth | SO | Minnesota State | 1:44.11 | 2 |
| 19 Cassidy O'Meara | FR | Sioux Falls | 1:44.12 | 4 |
| 20 Michaela Hartinger | FR | Concordia-St. Paul | 1:44.75 | 3 |
| 21 Chelsey Bad Moccasin | JR | Minnesota State | 1:44.76 | 1 |
| 22 Marin Jetensky | SO | Wayne State | 1:44.91 | 2 |
| 23 Christonna Shafranski | SO | Upper Iowa | 1:45.85 | 4 |
| 24 Emily Beckmann | SO | Minnesota State | 1:50.10 | 4 |

Women 600 Meter Run**Rule 5.10.5d pg.73**

NSIC Record: 1:32.41 \$ 2017 Emily Trost, UMD

'19 Champion: 1:36.05 2/23/2019 Courtney Dembrowski, MARY

| Name | Yr | School | Finals | Points |
|--------------------------|----|-----------------|---------|--------|
| Finals | | | | |
| 1 Elizabeth Acheson | FR | U-Mary | 1:35.12 | 10 |
| 2 Sydney Mudgett | JR | Augustana | 1:35.93 | 8 |
| 3 Ava Grimm | FR | U-Mary | 1:36.79 | 6 |
| 4 Kendall Zeman | SO | Winona State | 1:36.80 | 5 |
| 5 Cassiddy Wilson | JR | Upper Iowa | 1:37.28 | 4 |
| 6 Kaitlyn Mulder | SO | Augustana | 1:38.21 | 3 |
| 7 Tyarra English-Paulson | JR | Minnesota State | 1:38.33 | 2 |
| 8 Kali Ryan | JR | Augustana | 1:38.74 | 1 |

Women 800 Meter Run

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Rule 5.10.5d pg.73

NSIC Record: 2:11.11 \$ 2/23/2019 Monique McPherson, MARY

'19 Champion: 2:11.11 2/23/2019 Monique McPherson, MARY

2:09.68 AUTO

2:15.62 PROV

| Name | Yr | School | Prelims | H# |
|-----------------------|----|------------------|-----------|----|
| Preliminaries | | | | |
| 1 Courtney Dembrowski | SO | U-Mary | 2:18.18 Q | 3 |
| 2 Carly Rahn | JR | Augustana | 2:19.51 Q | 1 |
| 3 Haleigh Reindl | SO | Minnesota-Duluth | 2:21.51 Q | 2 |

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Results**Preliminaries ... (Women 800 Meter Run)**

| Name | Yr | School | Prelims | H# |
|---------------------|----|--------------------|-----------|----|
| 4 Taryn Ceglowski | JR | Sioux Falls | 2:19.27 Q | 3 |
| 5 Ryne Prigge | SO | Bemidji State | 2:20.07 Q | 1 |
| 6 Isabelle Brezinka | JR | Minnesota-Duluth | 2:21.55 Q | 2 |
| 7 Callin Naddy | SO | Augustana | 2:20.15 q | 1 |
| 8 Mia Salas | FR | Augustana | 2:20.19 q | 1 |
| 9 Kristen Petron | SR | Bemidji State | 2:21.14 | 1 |
| 10 Aimee Holland | SR | Winona State | 2:21.61 | 3 |
| 11 Haylee Waterfall | SO | Augustana | 2:21.63 | 2 |
| 12 Whitney Hanson | FR | Minot State | 2:23.36 | 2 |
| 13 Kim Johnson | JR | Wayne State | 2:23.74 | 3 |
| 14 Kayla Ogle | FR | U-Mary | 2:24.32 | 1 |
| 15 Abigail McGee | JR | Minot State | 2:24.99 | 3 |
| 16 Kathryn Webb | SR | Minnesota-Duluth | 2:28.02 | 2 |
| 17 Elena Schmidt | FR | Concordia-St. Paul | 2:33.23 | 3 |
| 18 McKenzie Evans | FR | Bemidji State | 2:34.45 | 2 |

Women 800 Meter Run**Rule 5.10.5d pg.73**

NSIC Record: 2:11.11 \$ 2/23/2019 Monique McPherson, MARY

'19 Champion: 2:11.11 2/23/2019 Monique McPherson, MARY

2:09.68 AUTO

2:15.62 PROV

| Name | Yr | School | Finals | Points |
|-----------------------|----|------------------|--------------|--------|
| Finals | | | | |
| 1 Haleigh Reindl | SO | Minnesota-Duluth | 2:11.44 PROV | 10 |
| 2 Carly Rahn | JR | Augustana | 2:12.13 PROV | 8 |
| 3 Courtney Dembrowski | SO | U-Mary | 2:14.38 PROV | 6 |
| 4 Isabelle Brezinka | JR | Minnesota-Duluth | 2:16.66 | 5 |
| 5 Ryne Prigge | SO | Bemidji State | 2:16.91 | 4 |
| 6 Taryn Ceglowski | JR | Sioux Falls | 2:18.59 | 3 |
| 7 Mia Salas | FR | Augustana | 2:20.45 | 2 |
| 8 Callin Naddy | SO | Augustana | 2:23.60 | 1 |

Women 1000 Meter Run

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Rule 5.10.5d pg.73

NSIC Record: 2:48.97 \$ 2016 Emily Trost, UMD

'19 Champion: 2:56.96 2/23/2019 Emily Tromp, AUGIE

| Name | Yr | School | Prelims | H# |
|----------------------|----|------------------|-----------|----|
| Preliminaries | | | | |
| 1 Meagan Schenk | JR | Augustana | 3:01.08 Q | 1 |
| 2 PJ English | FR | Augustana | 3:03.51 Q | 3 |
| 3 Kaylee Beyer | FR | Winona State | 3:03.79 Q | 2 |
| 4 Bree Erickson | SR | U-Mary | 3:01.80 Q | 1 |
| 5 Emily Tromp | SR | Augustana | 3:03.60 Q | 3 |
| 6 Taylor Hestekin | SO | U-Mary | 3:03.90 Q | 2 |
| 7 Rhianna Rinke | JR | Minnesota-Duluth | 3:03.57 q | 1 |
| 8 Amanda Montplaisir | SO | Minnesota State | 3:04.07 q | 3 |
| 9 Clara Welhouse | SO | St. Cloud State | 3:04.34 | 3 |

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Results**Preliminaries ... (Women 1000 Meter Run)**

| Name | Yr | School | Prelims | H# |
|--------------------------|----|--------------------|---------|----|
| 10 Autum Shurbert-Hetzel | SR | St. Cloud State | 3:04.45 | 1 |
| 11 Alana Sesow | SR | Augustana | 3:04.67 | 1 |
| 12 Brittany Quiring | SO | Winona State | 3:05.43 | 2 |
| 13 Alicia Murillo | FR | Minot State | 3:06.44 | 1 |
| 14 Mason Kalander | SO | Minnesota-Duluth | 3:07.55 | 2 |
| 15 Annika Aho | FR | Sioux Falls | 3:08.40 | 2 |
| 16 Maria Brown | JR | Concordia-St. Paul | 3:11.15 | 2 |
| 17 Paige White | SO | Minnesota State | 3:11.33 | 3 |
| 18 MaKenna Thurston | FR | Minnesota State | 3:12.29 | 1 |
| 19 Lakyla Yazzie | FR | Msu-Moorhead | 3:12.89 | 3 |
| 20 Tasha Bennett | SR | Concordia-St. Paul | 3:18.32 | 2 |

Women 1000 Meter Run**Rule 5.10.5d pg.73**

NSIC Record: 2:48.97 \$ 2016 Emily Trost, UMD

'19 Champion: 2:56.96 2/23/2019 Emily Tromp, AUGIE

| Name | Yr | School | Finals | Points |
|----------------------|----|------------------|---------|--------|
| Finals | | | | |
| 1 Taylor Hestekin | SO | U-Mary | 2:52.67 | 10 |
| 2 Emily Tromp | SR | Augustana | 2:54.46 | 8 |
| 3 Bree Erickson | SR | U-Mary | 2:55.87 | 6 |
| 4 PJ English | FR | Augustana | 2:58.27 | 5 |
| 5 Kaylee Beyer | FR | Winona State | 2:58.67 | 4 |
| 6 Meagan Schenk | JR | Augustana | 3:01.22 | 3 |
| 7 Rhianna Rinke | JR | Minnesota-Duluth | 3:01.69 | 2 |
| 8 Amanda Montplaisir | SO | Minnesota State | 3:10.65 | 1 |

Women 1 Mile Run

NSIC Record: 4:41.88 \$ 2017 Emily Trost, UMD

'19 Champion: 4:57.80 2/23/2019 Bree Erickson, MARY

4:48.00 AUTO

5:01.69 PROV

| Name | Yr | School | Finals | Points | |
|-----------------------|----|------------------|---------|--------|----|
| Finals | | | | | |
| 1 Ida Narbuvooll | SR | U-Mary | 4:55.10 | PROV | 10 |
| 2 Taylor Hestekin | SO | U-Mary | 4:55.46 | PROV | 8 |
| 3 Anna Rogahn | SR | Winona State | 4:56.77 | PROV | 6 |
| 4 Taryn Ceglowski | JR | Sioux Falls | 4:56.80 | PROV | 5 |
| 5 PJ English | FR | Augustana | 5:04.19 | | 4 |
| 6 Callin Naddy | SO | Augustana | 5:06.01 | | 3 |
| 7 Chrissy Lofgren | SR | St. Cloud State | 5:06.15 | | 2 |
| 8 Abigail McGee | JR | Minot State | 5:06.97 | | 1 |
| 9 Mia Salas | FR | Augustana | 5:11.95 | | |
| 10 Amanda Montplaisir | SO | Minnesota State | 5:12.98 | | |
| 11 Morgan Radel | SO | Minnesota-Duluth | 5:14.62 | | |
| 12 Kristen Petron | SR | Bemidji State | 5:16.93 | | |
| 13 Kate Fox | SR | U-Mary | 5:19.58 | | |
| 14 Clara Welhouse | SO | St. Cloud State | 5:20.06 | | |
| 15 Whitney Hanson | FR | Minot State | 5:23.72 | | |

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Results**Finals ... (Women 1 Mile Run)**

| Name | Yr | School | Finals | Points |
|------------------|----|--------------|---------|--------|
| 16 Lakyla Yazzie | FR | Msu-Moorhead | 5:33.78 | |

Women 3000 Meter Run

NSIC Record: 9:34.32 \$ 2017 Alexis Zeis, MARY
 '19 Champion: 9:48.23 2/22/2019 Jaiden Schuette, MARY
 9:33.66 AUTO
 10:03.22 PROV

| Name | Yr | School | Finals | Points |
|-----------------------|----|--------------------|-----------------|--------|
| Finals | | | | |
| 1 Ida Narbuvooll | SR | U-Mary | 9:31.37 \$ AUTO | 10 |
| 2 Nicolette Schmidt | SO | Augustana | 10:02.69 PROV | 8 |
| 3 Starlynn Costa | SO | U-Mary | 10:08.48 | 6 |
| 4 Rachel Rairdon | JR | Augustana | 10:08.78 | 5 |
| 5 Mackenzie Hall | SO | Minnesota-Duluth | 10:12.01 | 4 |
| 6 Rebekah Rairdon | JR | Augustana | 10:13.89 | 3 |
| 7 Claire Boersma | JR | Augustana | 10:16.26 | 2 |
| 8 Chrissy Lofgren | SR | St. Cloud State | 10:21.44 | 1 |
| 9 Megan Means | SO | Augustana | 10:22.37 | |
| 10 Ashley Franco | JR | Minot State | 10:26.99 | |
| 11 Kara Lindberg | JR | Concordia-St. Paul | 10:28.42 | |
| 12 Alana Sesow | SR | Augustana | 10:34.43 | |
| 13 Lauren Reeves | SO | Minot State | 10:35.96 | |
| 14 Elizabeth Yoder | SO | Augustana | 10:38.25 | |
| 15 Ivy Glade | JR | Minnesota State | 10:41.84 | |
| 16 Lucia Mesfin | SO | Concordia-St. Paul | 10:43.10 | |
| 17 Carisa Weyenberg | JR | Minnesota State | 10:46.68 | |
| 18 Andrea Franco | JR | Minot State | 10:47.32 | |
| 19 Kathryn Sistrunk | SR | Msu-Moorhead | 10:49.43 | |
| 20 Alexandra Robran | SO | Minnesota-Duluth | 10:49.61 | |
| 21 Ana McCabe | FR | Augustana | 10:53.32 | |
| 22 Elizabeth Schlafke | SR | Minnesota-Duluth | 10:59.94 | |
| 23 Kassye Todd | FR | St. Cloud State | 11:00.56 | |
| 24 Isabella Kraft | SO | St. Cloud State | 11:18.39 | |

Women 5000 Meter Run

NSIC Record: 16:27.92 \$ 2017 Alexis Zeis, MARY
 '19 Champion: 16:58.65 2/23/2019 Emily Roberts, MARY
 16:38.39 AUTO
 17:35.24 PROV

| Name | Yr | School | Finals | H# | Points |
|---------------------|----|------------------|----------|--------|--------|
| Finals | | | | | |
| 1 Ida Narbuvooll | SR | U-Mary | 17:13.04 | PROV 2 | 10 |
| 2 Nicolette Schmidt | SO | Augustana | 17:17.21 | PROV 2 | 8 |
| 3 Rebekah Rairdon | JR | Augustana | 17:32.16 | PROV 2 | 6 |
| 4 Rachel Rairdon | JR | Augustana | 17:35.30 | 2 | 5 |
| 5 Claire Boersma | JR | Augustana | 17:41.10 | 2 | 4 |
| 6 Lacey Feist | JR | U-Mary | 17:53.53 | 1 | 3 |
| 7 Megan Means | SO | Augustana | 17:54.65 | 2 | 2 |
| 8 Mackenzie Hall | SO | Minnesota-Duluth | 17:56.75 | 2 | 1 |

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Results**Finals ... (Women 5000 Meter Run)**

| Name | Yr | School | Finals | H# | Points |
|-----------------------|----|--------------------|----------|----|--------|
| 9 Elizabeth Yoder | SO | Augustana | 17:59.45 | 2 | |
| 10 Carisa Weyenberg | JR | Minnesota State | 18:08.79 | 2 | |
| 11 Lucia Mesfin | SO | Concordia-St. Paul | 18:19.03 | 2 | |
| 12 Kathryn Sistrunk | SR | Msu-Moorhead | 18:23.40 | 1 | |
| 13 Alexandra Robran | SO | Minnesota-Duluth | 18:26.28 | 2 | |
| 14 Lauren Reeves | SO | Minot State | 18:28.26 | 2 | |
| 15 Andrea Franco | JR | Minot State | 18:31.20 | 1 | |
| 16 Morgan Radel | SO | Minnesota-Duluth | 18:31.55 | 2 | |
| 17 Katie Lorenz | JR | Winona State | 18:42.05 | 1 | |
| 18 Alli Hendrickson | SO | Winona State | 18:46.96 | 2 | |
| 19 Julia Megazzini | JR | Augustana | 18:48.89 | 1 | |
| 20 Jade Rickard | FR | Wayne State | 18:48.99 | 1 | |
| 21 Ashley Franco | JR | Minot State | 18:52.88 | 2 | |
| 22 Lauren Wells | FR | Sioux Falls | 18:52.96 | 1 | |
| 23 Melissa Drenckhahn | SR | Minnesota-Duluth | 18:57.84 | 1 | |
| 24 Megan Mooberry | JR | Northern State | 18:57.88 | 1 | |
| 25 Olivia Anger | SR | Winona State | 18:58.11 | 1 | |
| 26 Nina Arias | FR | Minot State | 19:05.12 | 1 | |
| 27 Madison Leapaldt | SR | Northern State | 19:14.82 | 1 | |
| 28 Allie Rosener | SO | Wayne State | 19:15.85 | 1 | |
| 29 Andrea Torres | SO | Wayne State | 19:15.91 | 1 | |
| 30 Lydia Carr | SR | Concordia-St. Paul | 19:49.80 | 1 | |

Women 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times****NSIC Record: 8.29 \$ 2018 Danielle Kohlway, UMD****'19 Champion: 8.30 2/23/2019 Danielle Kohlwey, UMD****8.43 AUTO****8.80 PROV**

| Name | Yr | School | Prelims | H# |
|------------------------|----|---------------------------|-------------|----|
| Preliminaries | | | | |
| 1 Olivia Montez Brown | SR | Augustana | 8.76 Q PROV | 1 |
| 2 Tereza Bolibruch | SO | U-Mary | 8.91 Q | 2 |
| 3 Christabelle Mulcahy | JR | Concordia-St. Paul | 8.94 Q | 3 |
| 4 Shanice Burrell | JR | Northern State | 8.86 q | 1 |
| 5 Elizabeth Schaefer | FR | Augustana | 8.92 q | 2 |
| 6 Samiya Abu-Youm | JR | Minnesota State | 8.94 q | 3 |
| 7 Faith Beck | FR | Bemidji State | 9.06 q | 2 |
| 8 Hannah Lamkin | FR | Minnesota-Duluth | 9.09 q | 3 |
| 9 Selin Dikmen | JR | Augustana | 9.11 | 1 |
| 10 Nicole Schneider | SR | Minnesota-Duluth | 9.12 | 1 |
| 11 Kaye Paschka | FR | Augustana | 9.14 | 2 |
| 12 Isatu Shirek | FR | Southwest Minnesota State | 9.17 | 1 |
| 13 Gracie Elsenpeter | FR | St. Cloud State | 9.24 | 2 |
| 14 Madelyn Hedrington | FR | Winona State | 9.29 | 2 |
| 15 Emily Olson | JR | Sioux Falls | 9.32 | 3 |
| 16 Emma Weatherly | FR | Minnesota State | 9.39 | 1 |
| 17 Xana Leum | FR | Winona State | 9.55 | 3 |
| 18 Ashley Sprain | SR | Winona State | 9.65 | 1 |

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Results**Preliminaries ... (Women 60 Meter Hurdles)**

| Name | Yr | School | Prelims | H# |
|------------------------|----|------------------|---------|----|
| 19 Madison Biebel | JR | Minnesota-Duluth | 9.65 | 2 |
| 20 Meara Beighley | FR | Sioux Falls | 9.80 | 3 |
| 21 Jaiilah Brice-Moore | FR | Sioux Falls | 9.80 | 3 |
| 22 Kortney Lightfoot | SR | Upper Iowa | 10.11 | 3 |

Women 60 Meter HurdlesNSIC Record: **8.29** \$ **2018** **Danielle Kohlway, UMD**'19 Champion: **8.30** **2/23/2019** **Danielle Kohlwey, UMD****8.43 AUTO****8.80 PROV**

| Name | Yr | School | Finals | Points |
|------------------------|----|--------------------|-----------|--------|
| Finals | | | | |
| 1 Olivia Montez Brown | SR | Augustana | 8.74 PROV | 10 |
| 2 Christabelle Mulcahy | JR | Concordia-St. Paul | 8.78 PROV | 8 |
| 3 Shanice Burrell | JR | Northern State | 8.81 | 6 |
| 4 Tereza Bolibruch | SO | U-Mary | 8.84 | 5 |
| 5 Faith Beck | FR | Bemidji State | 8.94 | 4 |
| 6 Samiya Abu-Youm | JR | Minnesota State | 8.97 | 3 |
| 7 Elizabeth Schaefer | FR | Augustana | 9.06 | 2 |
| 8 Hannah Lamkin | FR | Minnesota-Duluth | 9.10 | 1 |

Women 4x400 Meter RelayNSIC Record: **3:47.46** \$ **2017** **U-Mary****J.Hammerschmidt,M.Bolibruch,N.Richards,T.Pandohie**'19 Champion: **3:48.09** **2/23/2019** **U-Mary****A Zastrow, N Brown, J Hammerschmidt, M McPherson****3:46.16 AUTO****3:54.71 PROV**

| Team | Relay | Finals | H# | Points |
|------------------------------|-------|--------------|----|--------|
| Finals | | | | |
| 1 Minnesota State | | 3:50.81 PROV | 3 | 10 |
| 2 Winona State | | 3:50.85 PROV | 3 | 8 |
| 3 U-Mary | | 3:56.25 | 3 | 6 |
| 4 Minnesota-Duluth | | 3:58.35 | 3 | 5 |
| 5 Augustana | | 3:59.39 | 3 | 4 |
| 6 Northern State | | 4:00.53 | 2 | 3 |
| 7 St. Cloud State | | 4:02.32 | 2 | 2 |
| 8 Msu-Moorhead | | 4:03.78 | 1 | 1 |
| 9 Bemidji State | | 4:03.94 | 1 | |
| 10 Sioux Falls | | 4:05.74 | 2 | |
| 11 Upper Iowa | | 4:05.98 | 2 | |
| 12 Concordia-St. Paul | | 4:06.36 | 1 | |
| 13 Wayne State | | 4:08.70 | 1 | |
| 14 Southwest Minnesota State | | 4:12.77 | 2 | |
| 15 Minot State | | 4:22.50 | 1 | |

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Results**Women Distance Medley**

NSIC Record: 11:51.62 \$ 2/28/2020 Augustana, AUGIE
 C Rahn, M Beckius, E Tromp, P English
 '19 Champion: 12:14.24 2/22/2019 Augustana
 C Rahn, S Mudgett, K Ryan, E Tromp
 11:40.96 AUTO
 12:12.45 PROV

| Team | Relay | Finals | Points |
|----------------------|-------|------------------|--------|
| Finals | | | |
| 1 Augustana | | 11:51.62 \$ PROV | 10 |
| 2 U-Mary | | 12:14.25 | 8 |
| 3 Minnesota-Duluth | | 12:15.30 | 6 |
| 4 St. Cloud State | | 12:16.17 | 5 |
| 5 Minnesota State | | 12:22.81 | 4 |
| 6 Sioux Falls | | 12:35.24 | 3 |
| 7 Minot State | | 12:40.35 | 2 |
| 8 Concordia-St. Paul | | 12:51.90 | 1 |
| 9 Msu-Moorhead | | 13:07.57 | |
| 10 Northern State | | 13:14.38 | |
| 11 Bemidji State | | 13:55.32 | |

Women High Jump

NSIC Record: 1.76m \$ 2015 Bree Woelber, AUGIE
 '19 Champion: 1.69m 2/23/2019 D'Andra Morris, MARY
 1.75m AUTO
 1.67m PROV

| Name | Yr | School | Finals | Points |
|-------------------------|----|---------------------------|---------------|--------|
| Finals | | | | |
| 1 D'Andra Morris | JR | U-Mary | 1.66m 5-05.25 | 10 |
| 2 Ashlyn Jones | SO | Southwest Minnesota State | 1.66m 5-05.25 | 8 |
| 3 Arika Robinson | SO | Concordia-St. Paul | 1.63m 5-04.25 | 6 |
| 4 Taylor Stoltz | SO | Sioux Falls | 1.63m 5-04.25 | 5 |
| 5 Tava Berg | SO | Northern State | 1.60m 5-03.00 | 3.50 |
| 5 Claire Shea | FR | St. Cloud State | 1.60m 5-03.00 | 3.50 |
| 7 Ali Dykman | SO | Wayne State | 1.60m 5-03.00 | 2 |
| 8 Elizabeth Schaefer | FR | Augustana | 1.60m 5-03.00 | .33 |
| 8 Kendra Ludeman | JR | Augustana | 1.60m 5-03.00 | .33 |
| 8 Sonia Alaman | SR | Northern State | 1.60m 5-03.00 | .33 |
| 11 Zoe Stone | SO | Minnesota State | 1.55m 5-01.00 | |
| 11 Caitlin Pritchett | SO | Msu-Moorhead | 1.55m 5-01.00 | |
| 13 Mearah Miedema | JR | Augustana | 1.55m 5-01.00 | |
| 14 Rachel Westemeier | SO | Concordia-St. Paul | 1.55m 5-01.00 | |
| 14 Tessa Schroeder | SO | Msu-Moorhead | 1.55m 5-01.00 | |
| 16 Moira Hazel | SO | Concordia-St. Paul | 1.50m 4-11.00 | |
| 16 Libby Christenson | JR | Bemidji State | 1.50m 4-11.00 | |
| 16 Hanna Lazure | JR | Wayne State | 1.50m 4-11.00 | |
| 19 Sophia Sowada | SO | Msu-Moorhead | 1.50m 4-11.00 | |
| 20 Shantelle Des Marais | JR | St. Cloud State | 1.50m 4-11.00 | |

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Results**Women Pole Vault**

NSIC Record: 4.32m \$ 2017 Courtney Crandall, USF
 '19 Champion: 3.55m 2/22/2019 Mikayla Marvin, WSC
 4.01m AUTO
 3.59m PROV

| | Name | Yr | School | Finals | | Points |
|---------------|--------------------|----|--------------------|--------|--------------|--------|
| Finals | | | | | | |
| 1 | Kealy Hill | SO | Northern State | 4.01m | 13-01.75AUTO | 10 |
| 2 | Christine Dennison | SO | Minnesota State | 3.67m | 12-00.50PROV | 8 |
| 3 | Anna St. Catherine | JR | Msu-Moorhead | 3.57m | 11-08.50 | 6 |
| 4 | Sofia Dodge | FR | Concordia-St. Paul | 3.42m | 11-02.50 | 5 |
| 5 | Mikayla Marvin | SO | Wayne State | 3.42m | 11-02.50 | 4 |
| 6 | Gracie Elsenpeter | FR | St. Cloud State | 3.27m | 10-08.75 | 3 |
| 7 | Abbie Rockstad | JR | Minnesota-Duluth | 3.27m | 10-08.75 | 2 |
| 8 | Carolyn Groeger | SO | Sioux Falls | 3.27m | 10-08.75 | 1 |
| 9 | Cami Harmer | SO | Minnesota-Duluth | 3.12m | 10-02.75 | |
| 10 | Gabby Herfindahl | SO | St. Cloud State | 2.97m | 9-09.00 | |
| 10 | Addie Schipper | SO | Minnesota State | 2.97m | 9-09.00 | |
| 10 | Jacqueline Gerovac | FR | Minnesota State | 2.97m | 9-09.00 | |
| 10 | Anastasia Klein | FR | Bemidji State | 2.97m | 9-09.00 | |
| 10 | Jenna Ellertson | SR | Msu-Moorhead | 2.97m | 9-09.00 | |
| 15 | Samara Plotz | FR | Minnesota-Duluth | 2.97m | 9-09.00 | |
| 15 | Faith Beck | FR | Bemidji State | 2.97m | 9-09.00 | |
| 17 | Jessie Westman | FR | Minnesota State | 2.82m | 9-03.00 | |
| --- | Sydney Bahls | SO | Msu-Moorhead | NH | | |
| --- | Taylor Christen | JR | Minnesota-Duluth | NH | | |

Women Long Jump

NSIC Record: 6.01m \$ 2/28/2020 Makayla Jackson, MSU
 '19 Champion: 5.73m 2/22/2019 Olivia Montez Brown, AUGIE
 6.13m AUTO
 5.97m PROV

| | Name | Yr | School | Finals | | H# | Points |
|---------------|---------------------|----|-----------------|----------|--------------|----|--------|
| Finals | | | | | | | |
| 1 | Makayla Jackson | FR | Minnesota State | 6.01m \$ | 19-08.75PROV | 2 | 10 |
| 2 | Lexus Lovan | SR | U-Mary | 5.76m | 18-10.75 | 2 | 8 |
| 3 | Emelia Burris | JR | St. Cloud State | 5.65m | 18-06.50 | 2 | 6 |
| 4 | D'Andra Morris | JR | U-Mary | 5.62m | 18-05.25 | 2 | 5 |
| 5 | Olivia Montez Brown | SR | Augustana | 5.60m | 18-04.50 | 2 | 4 |
| 6 | Jennifer Valley | FR | Minnesota State | 5.58m | 18-03.75 | 2 | 3 |
| 7 | Parker Buske | FR | St. Cloud State | 5.40m | 17-08.75 | 1 | 2 |
| 8 | Kary Petricka | FR | Minnesota State | 5.37m | 17-07.50 | 2 | 1 |
| 9 | Abby Jungwirth | SR | St. Cloud State | 5.34m | 17-06.25 | 2 | |
| 10 | Kristi Springer | JR | Winona State | 5.29m | 17-04.25 | 1 | |
| 11 | Natalie Meyers | FR | Sioux Falls | 5.28m | 17-04.00 | 1 | |
| 12 | Cheri'a Adams | JR | Bemidji State | 5.26m | 17-03.25 | 2 | |
| 13 | Caitlyn Jones | FR | Minnesota State | 5.25m | 17-02.75 | 2 | |
| 14 | Emily Olson | JR | Sioux Falls | 5.14m | 16-10.50 | 1 | |
| 15 | Mara Quam | FR | Minnesota State | 5.10m | 16-08.75 | 1 | |
| 16 | Maya Taylor | JR | St. Cloud State | 5.07m | 16-07.75 | 1 | |

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| Name | Yr | School | Finals | H# | Points |
|---------------------|----|--------------------|----------------|----|--------|
| 17 Dominique Hart | JR | Minnesota-Duluth | 5.06m 16-07.25 | 1 | |
| 18 Clara Paul | SR | Sioux Falls | 5.04m 16-06.50 | 1 | |
| 19 Riana Noelle | JR | Wayne State | 4.96m 16-03.25 | 1 | |
| 20 Keyla Sambo | FR | Wayne State | 4.71m 15-05.50 | 1 | |
| 21 Cali Modglin | JR | U-Mary | 4.58m 15-00.50 | 2 | |
| --- Sarah Westerman | SR | Augustana | FOUL | 1 | |
| --- Monique Kai | SO | Concordia-St. Paul | FOUL | 1 | |
| --- Arianna Passeri | FR | U-Mary | FOUL | 2 | |

Women Triple Jump

NSIC Record: 12.49m \$ 2015 Danylle Kurywchak, MARY

'19 Champion: 12.15m 2/23/2019 Elizabeth Brunner, MSU

12.55m AUTO

11.70m PROV

| Name | Yr | School | Finals | H# | Points |
|----------------------|----|------------------|---------------------|----|--------|
| Finals | | | | | |
| 1 D'Andra Morris | JR | U-Mary | 12.26m 40-02.75PROV | 2 | 10 |
| 2 Kristi Springer | JR | Winona State | 12.07m 39-07.25PROV | 2 | 8 |
| 3 Elizabeth Brunner | SR | Minnesota State | 12.00m 39-04.50PROV | 2 | 6 |
| 4 Samiya Abu-Youm | JR | Minnesota State | 11.95m 39-02.50PROV | 2 | 5 |
| 5 Cali Modglin | JR | U-Mary | 11.83m 38-09.75PROV | 2 | 4 |
| 6 Lindsay Maruska | JR | Minnesota-Duluth | 11.69m 38-04.25 | 2 | 3 |
| 7 Maya Taylor | JR | St. Cloud State | 11.59m 38-00.25 | 2 | 2 |
| 8 Abby Jungwirth | SR | St. Cloud State | 11.50m 37-08.75 | 2 | 1 |
| 9 Parker Buske | FR | St. Cloud State | 11.28m 37-00.25 | 2 | |
| 10 Kaly Banks | SO | Augustana | 11.19m 36-08.50 | 2 | |
| 11 Allison Laibach | JR | Sioux Falls | 11.17m 36-07.75 | 2 | |
| 12 Riana Noelle | JR | Wayne State | 11.04m 36-02.75 | 1 | |
| 13 Arianna Passeri | FR | U-Mary | 10.98m 36-00.25 | 1 | |
| 14 Clara Paul | SR | Sioux Falls | 10.94m 35-10.75 | 1 | |
| 15 Meghan Ackerman | FR | Msu-Moorhead | 10.86m 35-07.75 | 1 | |
| 16 Allison Carpenter | JR | Minnesota-Duluth | 10.86m 35-07.75 | 1 | |
| 17 Kaylee Patnode | FR | Winona State | 10.85m 35-07.25 | 1 | |
| 18 Analise Fabre | JR | Bemidji State | 10.81m 35-05.75 | 1 | |
| 19 Cassidy Noeldner | FR | Sioux Falls | 10.62m 34-10.25 | 1 | |
| 20 Xana Leum | FR | Winona State | 10.45m 34-03.50 | 1 | |
| 21 Tessa Schroeder | SO | Msu-Moorhead | 10.08m 33-01.00 | 1 | |
| 22 Ashley Brady | SR | Upper Iowa | 9.34m 30-07.75 | 1 | |
| --- Jennifer Valley | FR | Minnesota State | FOUL | 2 | |

Women Shot Put

NSIC Record: 15.83m \$ 2015 Sara Wells, WSC

'19 Champion: 14.64m 2/23/2019 Heather Buckler, MSU

15.70m AUTO

13.70m PROV

| Name | Yr | School | Finals | H# | Points |
|-------------------|----|---------------|---------------------|----|--------|
| Finals | | | | | |
| 1 Brinn Grunder | SR | Upper Iowa | 14.97m 49-01.50PROV | 3 | 10 |
| 2 Zoe Christensen | SO | Bemidji State | 14.37m 47-01.75PROV | 3 | 8 |

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Results**Finals ... (Women Shot Put)**

| Name | Yr | School | Finals | | H# | Points |
|-------------------------|----|---------------------------|--------|--------------|----|--------|
| 3 Mckenzie Scheil | SO | Wayne State | 14.31m | 46-11.50PROV | 3 | 6 |
| 4 Katie Taylor | JR | Minnesota State | 14.15m | 46-05.25PROV | 3 | 5 |
| 5 Emma Hertz | JR | Sioux Falls | 14.00m | 45-11.25PROV | 3 | 4 |
| 6 Jordan Menken | JR | Northern State | 13.81m | 45-03.75PROV | 3 | 3 |
| 7 Tierra Doss | FR | Bemidji State | 13.81m | 45-03.75PROV | 3 | 2 |
| 8 Rebecca Manteuffel | JR | Southwest Minnesota State | 13.56m | 44-06.00 | 3 | 1 |
| 9 Hannah Gustafson | SR | Concordia-St. Paul | 13.54m | 44-05.25 | 2 | |
| 10 Brea Perron | JR | Minnesota State | 13.38m | 43-10.75 | 3 | |
| 11 Mackenna Witte | FR | Wayne State | 13.26m | 43-06.00 | 2 | |
| 12 Claire Rehome | JR | Minnesota-Duluth | 12.82m | 42-00.75 | 1 | |
| 13 Kenzie Sullivan | JR | Wayne State | 12.80m | 42-00.00 | 3 | |
| 14 Kaitlyn Schroeder | FR | Minnesota State | 12.71m | 41-08.50 | 2 | |
| 15 Nicole Kramchynsky | FR | U-Mary | 12.71m | 41-08.50 | 2 | |
| 16 Abbi Stafslie-Dumale | FR | Minnesota State | 12.63m | 41-05.25 | 2 | |
| 17 Dominique Buechel | JR | St. Cloud State | 12.52m | 41-01.00 | 2 | |
| 18 Kendra Paasch | FR | Wayne State | 12.44m | 40-09.75 | 2 | |
| 19 Kate Battaforayen | FR | Southwest Minnesota State | 12.29m | 40-04.00 | 1 | |
| 20 Mack Rath | FR | Minnesota State | 12.05m | 39-06.50 | 1 | |
| 21 Kayla Andersen | JR | Sioux Falls | 11.88m | 38-11.75 | 1 | |
| 22 Kourtney Rozeboom | SO | Sioux Falls | 11.77m | 38-07.50 | 2 | |
| 23 Libby Beck | FR | Minnesota State | 11.64m | 38-02.25 | 1 | |
| 24 Annie Falardeau | SO | St. Cloud State | 11.62m | 38-01.50 | 2 | |
| 25 Dacoda Zimmerman | SO | St. Cloud State | 11.37m | 37-03.75 | 2 | |
| 26 Tia Jones | SR | Wayne State | 11.35m | 37-03.00 | 1 | |
| 27 Haley Mccauley | SO | Minnesota-Duluth | 11.27m | 36-11.75 | 1 | |
| 28 Madeline Fretag | FR | Minnesota State | 10.94m | 35-10.75 | 1 | |
| 29 Ammie O'Connor | SO | Minnesota-Duluth | 10.63m | 34-10.50 | 1 | |
| --- Taylor Laumeier | SO | Minot State | FOUL | | 1 | |

Women Weight Throw

NSIC Record: 22.36m \$ 2017 Kaitlyn Long, WSU

'19 Champion: 18.72m 2/22/2019 Brinn Grunder, UIU

19.99m AUTO

17.07m PROV

| Name | Yr | School | Finals | | H# | Points |
|------------------------|----|---------------------------|--------|--------------|----|--------|
| Finals | | | | | | |
| 1 Mckenzie Scheil | SO | Wayne State | 19.20m | 63-00.00PROV | 3 | 10 |
| 2 Hannah Gustafson | SR | Concordia-St. Paul | 18.57m | 60-11.25PROV | 3 | 8 |
| 3 Rebecca Manteuffel | JR | Southwest Minnesota State | 18.45m | 60-06.50PROV | 3 | 6 |
| 4 Katie Taylor | JR | Minnesota State | 18.19m | 59-08.25PROV | 3 | 5 |
| 5 Abbi Stafslie-Dumale | FR | Minnesota State | 18.02m | 59-01.50PROV | 2 | 4 |
| 6 Kaylee Jensen | JR | Minnesota State | 17.95m | 58-10.75PROV | 3 | 3 |
| 7 Emma Hertz | JR | Sioux Falls | 17.82m | 58-05.75PROV | 3 | 2 |
| 8 Brea Perron | JR | Minnesota State | 17.71m | 58-01.25PROV | 3 | 1 |
| 9 Jaimie McNamee | SR | Sioux Falls | 17.70m | 58-01.00PROV | 3 | |
| 10 Kayla Andersen | JR | Sioux Falls | 16.80m | 55-01.50 | 2 | |
| 11 Nicolette Kneeland | SR | Northern State | 16.34m | 53-07.50 | 2 | |
| 12 Tia Jones | SR | Wayne State | 15.84m | 51-11.75 | 2 | |
| 13 Kenzie Sullivan | JR | Wayne State | 15.84m | 51-11.75 | 2 | |

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| | Name | Yr | School | Finals | | H# | Points |
|-----|-------------------|----|---------------------------|--------|----------|----|--------|
| 14 | Zoe Christensen | SO | Bemidji State | 15.82m | 51-11.00 | 3 | |
| 15 | Taylor Laumeier | SO | Minot State | 15.23m | 49-11.75 | 2 | |
| 16 | Hailey Nierling | SO | Southwest Minnesota State | 15.22m | 49-11.25 | 2 | |
| 17 | Sarah Stang | JR | Wayne State | 15.15m | 49-08.50 | 2 | |
| 18 | Kourtney Rozeboom | SO | Sioux Falls | 15.14m | 49-08.25 | 2 | |
| 19 | Tia Donlan | JR | Concordia-St. Paul | 14.93m | 48-11.75 | 2 | |
| 20 | Carla Walquist | JR | Sioux Falls | 14.71m | 48-03.25 | 1 | |
| 21 | Kaitlyn Schroeder | FR | Minnesota State | 14.41m | 47-03.50 | 1 | |
| 22 | Genavieve Baklund | SR | Bemidji State | 14.36m | 47-01.50 | 1 | |
| 23 | Elizabeth Hiltner | SO | Bemidji State | 13.98m | 45-10.50 | 1 | |
| 24 | Madeline Fretag | FR | Minnesota State | 13.81m | 45-03.75 | 1 | |
| 25 | Dacoda Zimmerman | SO | St. Cloud State | 13.61m | 44-08.00 | 1 | |
| 26 | Jordan Zenken | JR | Northern State | 13.55m | 44-05.50 | 1 | |
| 27 | Haley Mccauley | SO | Minnesota-Duluth | 13.51m | 44-04.00 | 1 | |
| 28 | Haley Finstuen | JR | Minnesota State | 13.48m | 44-02.75 | 1 | |
| 29 | Lauren Julian | SR | St. Cloud State | 12.92m | 42-04.75 | 1 | |
| --- | Brinn Grunder | SR | Upper Iowa | FOUL | | 3 | |

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

| | Name | Yr | School | Finals | Points |
|---------------|---------------------|----|------------------|---------|--------|
| Finals | | | | | |
| 1 | Grace Acheson | FR | U-Mary | 2:25.10 | 756 |
| 2 | Aneesa Tucker | JR | Bemidji State | 2:25.48 | 751 |
| 3 | Olivia Montez Brown | SR | Augustana | 2:26.79 | 734 |
| 4 | Dakota Hutzler | JR | Northern State | 2:31.01 | 680 |
| 5 | Samantha Sunnarborg | FR | Minnesota State | 2:32.04 | 668 |
| 6 | Kaye Paschka | FR | Augustana | 2:32.30 | 664 |
| 7 | Victoria Czech | FR | St. Cloud State | 2:33.64 | 648 |
| 8 | Elizabeth Schaefer | FR | Augustana | 2:33.80 | 646 |
| 9 | Alyssa Kavajecz | SR | Minnesota-Duluth | 2:34.00 | 644 |
| 10 | Libby Christenson | JR | Bemidji State | 2:35.42 | 627 |
| 11 | Summer Storm | SR | Msu-Moorhead | 2:37.52 | 602 |
| 12 | Shantelle Rule | JR | U-Mary | 2:39.26 | 581 |
| 13 | Emma Weatherly | FR | Minnesota State | 2:42.34 | 546 |
| 14 | Grace Elvert | FR | Northern State | 2:44.26 | 525 |
| 15 | Sophie Noecker | JR | Wayne State | 2:45.76 | 509 |
| 16 | Emily Olson | JR | Sioux Falls | 2:46.01 | 506 |
| 17 | Zoe Stone | SO | Minnesota State | 2:47.35 | 491 |
| 18 | Kailee Bartles | FR | Minnesota State | 2:47.51 | 490 |
| 19 | Jasmine Mlejnek | FR | Minnesota State | 2:54.14 | 422 |

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

| | Name | Yr | School | Finals | H# | Points |
|---------------|---------------------|----|-------------|--------|----|--------|
| Finals | | | | | | |
| 1 | Olivia Montez Brown | SR | Augustana | 8.84 | 5 | 944 |
| 2 | Elizabeth Schaefer | FR | Augustana | 8.93 | 5 | 925 |
| 3 | Kaye Paschka | FR | Augustana | 9.22 | 5 | 865 |
| 4 | Emily Olson | JR | Sioux Falls | 9.24 | 5 | 860 |
| 5 | Shantelle Rule | JR | U-Mary | 9.32 | 3 | 844 |

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| Name | Yr | School | Finals | H# | Points |
|------------------------|----|--------------------|--------|----|--------|
| 6 Dakota Hutzler | JR | Northern State | 9.32 | 4 | 844 |
| 7 Emma Weatherly | FR | Minnesota State | 9.43 | 4 | 822 |
| 8 Victoria Czech | FR | St. Cloud State | 9.45 | 4 | 818 |
| 9 Aneesa Tucker | JR | Bemidji State | 9.71 | 2 | 767 |
| 10 Grace Acheson | FR | U-Mary | 9.83 | 3 | 744 |
| 11 Jasmine Mlejnek | FR | Minnesota State | 9.89 | 3 | 733 |
| 12 Sophie Noecker | JR | Wayne State | 9.97 | 2 | 718 |
| 13 Summer Storm | SR | Msu-Moorhead | 10.00 | 1 | 712 |
| 14 Grace Elvert | FR | Northern State | 10.14 | 2 | 686 |
| 15 Kailee Bartles | FR | Minnesota State | 10.21 | 3 | 673 |
| 16 Libby Christenson | JR | Bemidji State | 10.34 | 2 | 650 |
| 17 Zoe Stone | SO | Minnesota State | 10.38 | 1 | 643 |
| 18 Alyssa Kavajecz | SR | Minnesota-Duluth | 10.38 | 1 | 643 |
| 19 Samantha Sunnarborg | FR | Minnesota State | 10.47 | 1 | 627 |
| --- Arika Robinson | SO | Concordia-St. Paul | DNF | 4 | |

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

| Name | Yr | School | Finals | H# | Points |
|-----------------------|----|------------------|--------|---------|--------|
| Finals | | | | | |
| 1 Elizabeth Schaefer | FR | Augustana | 1.66m | 5-05.25 | 2 806 |
| 2 Olivia Montez Brown | SR | Augustana | 1.57m | 5-01.75 | 2 701 |
| 2 Dakota Hutzler | JR | Northern State | 1.57m | 5-01.75 | 2 701 |
| 2 Zoe Stone | SO | Minnesota State | 1.57m | 5-01.75 | 2 701 |
| 2 Samantha Sunnarborg | FR | Minnesota State | 1.57m | 5-01.75 | 2 701 |
| 6 Emily Olson | JR | Sioux Falls | 1.54m | 5-00.50 | 2 666 |
| 6 Jasmine Mlejnek | FR | Minnesota State | 1.54m | 5-00.50 | 2 666 |
| 6 Kaye Paschka | FR | Augustana | 1.54m | 5-00.50 | 1 666 |
| 9 Shantelle Rule | JR | U-Mary | 1.51m | 4-11.50 | 1 632 |
| 9 Summer Storm | SR | Msu-Moorhead | 1.51m | 4-11.50 | 1 632 |
| 9 Victoria Czech | FR | St. Cloud State | 1.51m | 4-11.50 | 1 632 |
| 12 Emma Weatherly | FR | Minnesota State | 1.48m | 4-10.25 | 2 599 |
| 12 Alyssa Kavajecz | SR | Minnesota-Duluth | 1.48m | 4-10.25 | 1 599 |
| 12 Grace Elvert | FR | Northern State | 1.48m | 4-10.25 | 1 599 |
| 15 Grace Acheson | FR | U-Mary | 1.45m | 4-09.00 | 2 566 |
| 15 Libby Christenson | JR | Bemidji State | 1.45m | 4-09.00 | 1 566 |
| 17 Aneesa Tucker | JR | Bemidji State | 1.42m | 4-07.75 | 1 534 |
| 17 Kailee Bartles | FR | Minnesota State | 1.42m | 4-07.75 | 1 534 |
| 19 Sophie Noecker | JR | Wayne State | 1.36m | 4-05.50 | 1 470 |

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

| Name | Yr | School | Finals | H# | Points |
|-----------------------|----|-----------------|--------|----------|--------|
| Finals | | | | | |
| 1 Elizabeth Schaefer | FR | Augustana | 5.44m | 17-10.25 | 2 683 |
| 2 Dakota Hutzler | JR | Northern State | 5.36m | 17-07.00 | 2 660 |
| 2 Olivia Montez Brown | SR | Augustana | 5.36m | 17-07.00 | 2 660 |
| 4 Kaye Paschka | FR | Augustana | 5.30m | 17-04.75 | 1 643 |
| 5 Emily Olson | JR | Sioux Falls | 5.18m | 17-00.00 | 2 609 |
| 6 Aneesa Tucker | JR | Bemidji State | 5.06m | 16-07.25 | 1 576 |
| 7 Zoe Stone | SO | Minnesota State | 5.03m | 16-06.00 | 2 567 |

2020 NSIC Track and Field Indoor Championship - 2/28/2020 to 2/29/2020

Hosted by Minnesota State Mankato

Myers Fieldhouse

Results**Finals ... (Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon)**

| Name | Yr | School | Finals | H# | Points |
|------------------------|----|------------------|----------------|----|--------|
| 8 Emma Weatherly | FR | Minnesota State | 5.01m 16-05.25 | 2 | 562 |
| 9 Victoria Czech | FR | St. Cloud State | 4.99m 16-04.50 | 1 | 557 |
| 10 Jasmine Mlejnek | FR | Minnesota State | 4.95m 16-03.00 | 2 | 546 |
| 11 Grace Elvert | FR | Northern State | 4.90m 16-01.00 | 1 | 532 |
| 11 Grace Acheson | FR | U-Mary | 4.90m 16-01.00 | 2 | 532 |
| 13 Shantelle Rule | JR | U-Mary | 4.84m 15-10.50 | 1 | 516 |
| 14 Samantha Sunnarborg | FR | Minnesota State | 4.79m 15-08.75 | 2 | 503 |
| 15 Sophie Noecker | JR | Wayne State | 4.71m 15-05.50 | 1 | 482 |
| 16 Summer Storm | SR | Msu-Moorhead | 4.68m 15-04.25 | 1 | 474 |
| 17 Alyssa Kavajecz | SR | Minnesota-Duluth | 4.50m 14-09.25 | 1 | 428 |
| 18 Libby Christenson | JR | Bemidji State | 4.45m 14-07.25 | 1 | 416 |
| 19 Kailee Bartles | FR | Minnesota State | 4.09m 13-05.00 | 1 | 329 |

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

| Name | Yr | School | Finals | H# | Points |
|-----------------------|----|------------------|-----------------|----|--------|
| Finals | | | | | |
| 1 Olivia Montez Brown | SR | Augustana | 11.72m 38-05.50 | 2 | 643 |
| 2 Elizabeth Schaefer | FR | Augustana | 11.56m 37-11.25 | 2 | 632 |
| 3 Summer Storm | SR | Msu-Moorhead | 11.09m 36-04.75 | 1 | 601 |
| 4 Zoe Stone | SO | Minnesota State | 10.23m 33-06.75 | 2 | 545 |
| 5 Samantha Sunnarborg | FR | Minnesota State | 9.97m 32-08.50 | 2 | 527 |
| 6 Emily Olson | JR | Sioux Falls | 9.79m 32-01.50 | 2 | 516 |
| 7 Dakota Hutzler | JR | Northern State | 9.78m 32-01.00 | 2 | 515 |
| 8 Kailee Bartles | FR | Minnesota State | 9.75m 32-00.00 | 1 | 513 |
| 9 Libby Christenson | JR | Bemidji State | 9.53m 31-03.25 | 1 | 499 |
| 10 Shantelle Rule | JR | U-Mary | 9.45m 31-00.00 | 1 | 494 |
| 10 Sophie Noecker | JR | Wayne State | 9.45m 31-00.00 | 1 | 494 |
| 12 Aneesa Tucker | JR | Bemidji State | 9.25m 30-04.25 | 1 | 480 |
| 13 Victoria Czech | FR | St. Cloud State | 9.21m 30-02.75 | 1 | 478 |
| 14 Kaye Paschka | FR | Augustana | 9.18m 30-01.50 | 1 | 476 |
| 15 Jasmine Mlejnek | FR | Minnesota State | 9.02m 29-07.25 | 2 | 465 |
| 16 Alyssa Kavajecz | SR | Minnesota-Duluth | 8.44m 27-08.25 | 1 | 428 |
| 17 Emma Weatherly | FR | Minnesota State | 7.96m 26-01.50 | 2 | 397 |
| 18 Grace Elvert | FR | Northern State | 7.91m 25-11.50 | 1 | 394 |
| 19 Grace Acheson | FR | U-Mary | 7.48m 24-06.50 | 2 | 366 |

Women Indoor Pentathlon

NSIC Record: 3910 \$ 2010 Heather Miller, SCSU
 '19 Champion: 3712 2/23/2019 Olivia Montez Brown, AUGIE
 3820 AUTO
 3277 PROV

| Name | Yr | School | Finals | H# | Points |
|-----------------------|----|-----------------|--------------|----|--------|
| Finals | | | | | |
| 1 Elizabeth Schaefer | FR | Augustana | 3692.00 PROV | | 10 |
| 2 Olivia Montez Brown | SR | Augustana | 3682.00 PROV | | 8 |
| 3 Dakota Hutzler | JR | Northern State | 3400.00 PROV | | 6 |
| 4 Kaye Paschka | FR | Augustana | 3314.00 PROV | | 5 |
| 5 Emily Olson | JR | Sioux Falls | 3157.00 | | 4 |
| 6 Victoria Czech | FR | St. Cloud State | 3133.00 | | 3 |

2020 NSIC Track and Field Indoor Championship - 2/28/2020 to 2/29/2020**Hosted by Minnesota State Mankato****Myers Fieldhouse****Results****Finals ... (Women Indoor Pentathlon)**

| | Name | Yr | School | Finals | H# | Points |
|----|---------------------|-----------|------------------|---------------|-----------|---------------|
| 7 | Aneesa Tucker | JR | Bemidji State | 3108.00 | | 2 |
| 8 | Shantelle Rule | JR | U-Mary | 3067.00 | | 1 |
| 9 | Samantha Sunnarborg | FR | Minnesota State | 3026.00 | | |
| 10 | Summer Storm | SR | Msu-Moorhead | 3021.00 | | |
| 11 | Grace Acheson | FR | U-Mary | 2964.00 | | |
| 12 | Zoe Stone | SO | Minnesota State | 2947.00 | | |
| 13 | Emma Weatherly | FR | Minnesota State | 2926.00 | | |
| 14 | Jasmine Mlejnek | FR | Minnesota State | 2832.00 | | |
| 15 | Libby Christenson | JR | Bemidji State | 2758.00 | | |
| 16 | Alyssa Kavajecz | SR | Minnesota-Duluth | 2742.00 | | |
| 17 | Grace Elvert | FR | Northern State | 2736.00 | | |
| 18 | Sophie Noecker | JR | Wayne State | 2673.00 | | |
| 19 | Kailee Bartles | FR | Minnesota State | 2539.00 | | |

Women - Team Rankings - 19 Events Scored

| | | | |
|-----------------------|---------|-------------------------------|---------|
| 1) U-Mary | 163 | 2) Augustana | 143.666 |
| 3) Minnesota State | 123 | 4) Winona State | 50 |
| 5) Concordia-St. Paul | 41 | 6) Minnesota-Duluth | 39 |
| 7) St. Cloud State | 34.5 | 8) Sioux Falls | 34 |
| 9) Northern State | 31.8333 | 10) Wayne State | 22 |
| 11) Bemidji State | 20 | 12) Southwest Minnesota State | 15 |
| 13) Upper Iowa | 14 | 14) MSU-Moorhead | 7 |
| 15) Minot State | 3 | | |