

**2022 NSIC Track and Field Indoor Championship - 2/25/2022 to 2/26/2022**

**Hosted by Minnesota State Mankato**

**Myers Fieldhouse**

**Results**

**Event 2 Men Heptathlon**

NSIC Record: \$ 5378 2/25/2022 Tyl Woelber, Augustana  
 Facility: % 5371 2014 Nathan Hancock, Minnesota State  
 Name Year School Finals H# Points

Finals

1	Tyl Woelber	JR Augustana	5378\$	10
2	Jakob Tordsen	SR Concordia-St. Paul	5279	8
3	Nick Durnin	SR Minnesota State	4928	6
4	Calder Erick	FR Concordia-St. Paul	4787	5
5	Arik Johnson	SR Concordia-St. Paul	4716	4
6	Noah Lilly	SR Wayne State	4668	3
7	Alex Brandt	FR Wayne State	4551	2
8	Jackson Willis	FR Northern State	4505	1
9	Tyler Denes	FR Minnesota State	4431	
10	Max Geditz	FR Northern State	4391	
11	Logan Grover	FR Augustana	4245	
12	Sean Juengst	FR Northern State	4017	
13	Kyle Kucera	SO Minnesota-Duluth	3944	
14	Peyton Enders	FR Concordia-St. Paul	3844	
15	Colby Larson	FR Msu-Moorhead	3670	

**Event 2 Heptathlon: #1 Men 60 Meter Dash Heptathlon**

Name	Year	School	Finals	H#	Points
1	Nick Durnin	SR Minnesota State	7.19	3	816
2	Tyl Woelber	JR Augustana	7.21	3	809 7.201
3	Calder Erick	FR Concordia-St. Paul	7.21	3	809 7.207
4	Arik Johnson	SR Concordia-St. Paul	7.28	3	785
5	Colby Larson	FR Msu-Moorhead	7.35	3	762 7.342
6	Tyler Denes	FR Minnesota State	7.35	3	762 7.350
6	Jakob Tordsen	SR Concordia-St. Paul	7.35	2	762 7.350
8	Logan Grover	FR Augustana	7.40	2	745
9	Zak Kubitz	FR SW Minnesota St.	7.43	2	736
10	Jackson Willis	FR Northern State	7.50	2	713
11	Noah Lilly	SR Wayne State	7.53	2	703
12	Max Geditz	FR Northern State	7.55	1	697
13	Alex Brandt	FR Wayne State	7.68	1	656
14	Kyle Kucera	SO Minnesota-Duluth	7.69	2	653
15	Sean Juengst	FR Northern State	7.75	1	634
16	Blain Dilly	SO SW Minnesota St.	7.77	1	628
17	Peyton Enders	FR Concordia-St. Paul	7.95	1	574

**Event 2 Heptathlon: #2 Men Long Jump Heptathlon**

Name	Year	School	Finals	H#	Points
1	Tyl Woelber	JR Augustana	7.29m	23-11.00	2 883
	7.22m 7.29m FOUL				
2	Nick Durnin	SR Minnesota State	6.90m	22-07.75	2 790
	6.76m 6.85m 6.90m				
3	Jakob Tordsen	SR Concordia-St. Paul	6.88m	22-07.00	2 785
	FOUL 6.88m FOUL				

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**....Event 2 Heptathlon: #2 Men Long Jump Heptathlon**

4	Calder Erick	FR Concordia-St. Paul	6.69m	21-11.50	1	741
	FOUL 6.54m 6.69m					
5	Jackson Willis	FR Northern State	6.51m	21-04.25	2	700
	6.51m FOUL FOUL					
6	Logan Grover	FR Augustana	6.48m	21-03.25	1	693
	6.48m 6.29m FOUL					
7	Arik Johnson	SR Concordia-St. Paul	6.47m	21-02.75	2	691
	6.43m 6.47m 6.40m					
8	Tyler Denes	FR Minnesota State	6.45m	21-02.00	1	686
	6.35m FOUL 6.45m					
9	Alex Brandt	FR Wayne State	6.42m	21-00.75	2	679
	6.33m 6.27m 6.42m					
10	Max Geditz	FR Northern State	6.22m	20-05.00	2	635
	6.22m 5.91m FOUL					
11	Colby Larson	FR Msu-Moorhead	6.03m	19-09.50	1	593
	6.03m 5.94m 5.84m					
12	Blain Dilly	SO SW Minnesota St.	5.99m	19-08.00	1	584
	5.99m 5.80m 5.99m					
13	Noah Lilly	SR Wayne State	5.95m	19-06.25	1	576
	5.69m 5.95m FOUL					
14	Peyton Enders	FR Concordia-St. Paul	5.74m	18-10.00	1	531
	5.74m 5.63m 5.71m					
15	Sean Juengst	FR Northern State	5.61m	18-05.00	1	504
	5.48m 5.61m 5.56m					
16	Kyle Kucera	SO Minnesota-Duluth	5.25m	17-02.75	1	431
	5.17m 5.14m 5.25m					
17	Zak Kubitz	FR SW Minnesota St.	4.72m	15-06.00	2	330
	FOUL 4.72m FOUL					

**Event 2 Heptathlon: #3 Men Shot Put Heptathlon**

Name	Year School	Finals	H#	Points
1 Tyl Woelber	JR Augustana	13.47m 44-02.50	2	696
	13.47m 13.31m 13.35m			
2 Jakob Tordsen	SR Concordia-St. Paul	12.53m 41-01.50	2	639
	11.73m 12.18m 12.53m			
3 Calder Erick	FR Concordia-St. Paul	11.61m 38-01.25	1	583
	11.61m 11.40m 11.37m			
4 Nick Durnin	SR Minnesota State	11.05m 36-03.00	2	549
	11.05m FOUL 10.42m			
5 Logan Grover	FR Augustana	10.61m 34-09.75	1	522
	10.61m 10.58m 10.15m			
5 Noah Lilly	SR Wayne State	10.61m 34-09.75	1	522
	9.93m 9.90m 10.61m			
7 Alex Brandt	FR Wayne State	10.55m 34-07.50	2	519
	9.44m 10.20m 10.55m			
8 Max Geditz	FR Northern State	10.37m 34-00.25	2	508
	9.54m 9.26m 10.37m			
9 Tyler Denes	FR Minnesota State	10.17m 33-04.50	1	496
	9.63m 9.69m 10.17m			
10 Sean Juengst	FR Northern State	10.09m 33-01.25	1	491
	10.09m FOUL 9.62m			

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**....Event 2 Heptathlon: #3 Men Shot Put Heptathlon**

11	Jackson Willis	FR Northern State	9.86m	32-04.25	2	477
	9.86m 9.85m FOUL					
12	Zak Kubitz	FR SW Minnesota St.	9.85m	32-03.75	2	477
	9.28m 9.85m 9.59m					
13	Arik Johnson	SR Concordia-St. Paul	9.25m	30-04.25	2	441
	9.25m FOUL 8.85m					
14	Blain Dilly	SO SW Minnesota St.	9.10m	29-10.25	1	432
	8.47m 8.87m 9.10m					
15	Kyle Kucera	SO Minnesota-Duluth	8.86m	29-01.00	1	417
	8.86m 8.74m 8.81m					
16	Colby Larson	FR Msu-Moorhead	8.84m	29-00.00	1	416
	8.28m 7.78m 8.84m					
17	Peyton Enders	FR Concordia-St. Paul	8.57m	28-01.50	1	400
	8.38m 8.57m 7.59m					

**Event 2 Heptathlon: #4 Men High Jump Heptathlon**

Name	Year	School	Finals	H#	Points
1 Alex Brandt	FR	Wayne State	1.99m	6-06.25	2 794
	1.72 1.75 1.78 1.81 1.84	1.87 1.90 1.93 1.96 1.99 2.02			
	---	O O XO O O XXX			
1 Jakob Tordsen	SR	Concordia-St. Paul	1.99m	6-06.25	2 794
	1.72 1.75 1.78 1.81 1.84	1.87 1.90 1.93 1.96 1.99 2.02			
	---	O O O O O XXX			
3 Max Geditz	FR	Northern State	1.96m	6-05.00	2 767
	1.72 1.75 1.78 1.81 1.84	1.87 1.90 1.93 1.96 1.99			
	---	O O XXO XO XXX			
3 Tyl Woelber	JR	Augustana	1.96m	6-05.00	2 767
	1.72 1.75 1.78 1.81 1.84	1.87 1.90 1.93 1.96 1.99			
	---	O O O XXX			
5 Arik Johnson	SR	Concordia-St. Paul	1.90m	6-02.75	2 714
	1.72 1.75 1.78 1.81 1.84	1.87 1.90 1.93			
	---	O O XXX			
6 Sean Juengst	FR	Northern State	1.87m	6-01.50	1 687
	1.54 1.57 1.60 1.63 1.66	1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90			
	---	O O O O O XXO XXX			
7 Peyton Enders	FR	Concordia-St. Paul	1.84m	6-00.50	1 661
	1.54 1.57 1.60 1.63 1.66	1.69 1.72 1.75 1.78 1.81 1.84 1.87			
	---	O O O XO XO XXO XXX			
7 Nick Durnin	SR	Minnesota State	1.84m	6-00.50	2 661
	1.72 1.75 1.78 1.81 1.84	1.87			
	O --- ---	O O XXX			
7 Jackson Willis	FR	Northern State	1.84m	6-00.50	2 661
	1.72 1.75 1.78 1.81 1.84	1.87			
	O O O XO XO	XXX			
10 Noah Lilly	SR	Wayne State	1.81m	5-11.25	1 636
	1.54 1.57 1.60 1.63 1.66	1.69 1.72 1.75 1.78 1.81 1.84			
	---	O O XO XXO XXX			
11 Colby Larson	FR	Msu-Moorhead	1.78m	5-10.00	1 610
	1.54 1.57 1.60 1.63 1.66	1.69 1.72 1.75 1.78 1.81			
	---	O O O XO XO XXX			

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**....Event 2 Heptathlon: #4 Men High Jump Heptathlon**

12	Blain Dilly	SO	SW Minnesota St.	1.75m	5-08.75	1	585
	1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78						
	0 --- 0 0 XO 0 XO XXO XXX						
12	Logan Grover	FR	Augustana	1.75m	5-08.75	1	585
	1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78						
	--- --- 0 0 0 0 0 0 XXX						
12	Tyler Denes	FR	Minnesota State	1.75m	5-08.75	1	585
	1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78						
	--- --- --- --- 0 0 XXO 0 XXX						
15	Calder Erick	FR	Concordia-St. Paul	1.72m	5-07.75	1	560
	1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75						
	0 0 0 0 0 0 0 XXX						
16	Kyle Kucera	SO	Minnesota-Duluth	1.69m	5-06.50	1	536
	1.54 1.57 1.60 1.63 1.66 1.69 1.72						
	--- 0 XXO 0 0 XXO XXX						
--	Zak Kubitz	FR	SW Minnesota St.	NH		2	
	1.72						
	XXX						

**Event 2 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

Name	Year	School	Finals	H#	Points
1 Nick Durnin	SR	Minnesota State	8.26	5	917
2 Tyl Woelber	JR	Augustana	8.36	5	893
3 Jakob Tordsen	SR	Concordia-St. Paul	8.59	4	839
4 Arik Johnson	SR	Concordia-St. Paul	8.63	4	829 8.624
5 Calder Erick	FR	Concordia-St. Paul	8.63	5	829 8.629
6 Noah Lilly	SR	Wayne State	8.66	5	823
7 Alex Brandt	FR	Wayne State	8.78	3	795
8 Zak Kubitz	FR	SW Minnesota St.	8.86	4	777
9 Jackson Willis	FR	Northern State	9.31	3	679
10 Tyler Denes	FR	Minnesota State	9.40	3	660
11 Logan Grover	FR	Augustana	9.50	2	639 9.493
12 Blain Dilly	SO	SW Minnesota St.	9.50	1	639 9.500
13 Kyle Kucera	SO	Minnesota-Duluth	9.69	2	601
14 Max Geditz	FR	Northern State	9.90	1	560
15 Sean Juengst	FR	Northern State	10.11	1	520
16 Peyton Enders	FR	Concordia-St. Paul	10.28	2	489
17 Colby Larson	FR	Msu-Moorhead	10.85	3	392

**Event 2 Heptathlon: #6 Men Pole Vault Heptathlon**

Name	Year	School	Finals	Points
1 Noah Lilly	SR	Wayne State	4.43m	14-06.25 740
	2.83 2.93 3.03 3.13 3.23 3.33 3.43 3.53 3.63 3.73 3.83 3.93 4.03 4.13 4.23 4.33 4.43 4.53			
	--- --- --- --- --- --- --- --- --- 0 --- 0 0 0 0 0 0 XXX			
1 Jakob Tordsen	SR	Concordia-St. Paul	4.43m	14-06.25 740
	2.83 2.93 3.03 3.13 3.23 3.33 3.43 3.53 3.63 3.73 3.83 3.93 4.03 4.13 4.23 4.33 4.43 4.53			
	--- --- --- --- --- --- --- --- --- XO --- 0 0 0 0 0 0 XXX			
3 Tyler Denes	FR	Minnesota State	4.13m	13-06.50 654
	2.63 2.73 2.83 2.93 3.03 3.13 3.23 3.33 3.43 3.53 3.63 3.73 3.83 3.93 4.03 4.13 4.23			
	--- --- --- --- --- --- --- --- --- --- --- 0 0 --- 0 XXO XXX			

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**Results**

**....Event 2 Heptathlon: #6 Men Pole Vault Heptathlon**

3	Tyl Woelber	JR Augustana	4.13m	13-06.50	654
	2.63 2.73 2.83 2.93 3.03	3.13 3.23 3.33 3.43 3.53	3.63 3.73 3.83 3.93	4.03 4.13 4.23	
	---	---	---	---	---
		0	0	0	0
				XXO	O XXX
5	Kyle Kucera	SO Minnesota-Duluth	4.03m	13-02.50	626
	2.63 2.73 2.83 2.93 3.03	3.13 3.23 3.33 3.43 3.53	3.63 3.73 3.83 3.93	4.03 4.13	
	---	---	---	---	---
				0	0
				O	XXO XXX
6	Arik Johnson	SR Concordia-St. Paul	3.93m	12-10.75	598
	2.63 2.73 2.83 2.93 3.03	3.13 3.23 3.33 3.43 3.53	3.63 3.73 3.83 3.93	4.03	
	---	---	---	---	---
			XO	O	XXO
				O	O XXX
6	Calder Erick	FR Concordia-St. Paul	3.93m	12-10.75	598
	2.63 2.73 2.83 2.93 3.03	3.13 3.23 3.33 3.43 3.53	3.63 3.73 3.83 3.93	4.03	
	---	---	---	---	---
				0	0
					XXX
8	Nick Durnin	SR Minnesota State	3.83m	12-06.75	570
	2.63 2.73 2.83 2.93 3.03	3.13 3.23 3.33 3.43 3.53	3.63 3.73 3.83 3.93		
	---	---	---	---	---
			XO	O	XXO
				O	O XXX
9	Jackson Willis	FR Northern State	3.73m	12-02.75	543
	2.63 2.73 2.83 2.93 3.03	3.13 3.23 3.33 3.43 3.53	3.63 3.73 3.83		
	---	---	---	---	---
			O	O	O
				O	O XXX
10	Max Geditz	FR Northern State	3.53m	11-07.00	490
	2.63 2.73 2.83 2.93 3.03	3.13 3.23 3.33 3.43 3.53	3.63		
	---	---	---	---	---
			XO	O	XXO
				O	O XXX
10	Sean Juengst	FR Northern State	3.53m	11-07.00	490
	2.63 2.73 2.83 2.93 3.03	3.13 3.23 3.33 3.43 3.53	3.63		
	---	---	---	---	---
			O	O	O
				O	O XXX
10	Alex Brandt	FR Wayne State	3.53m	11-07.00	490
	2.63 2.73 2.83 2.93 3.03	3.13 3.23 3.33 3.43 3.53	3.63		
	---	---	---	---	---
			O	O	O
				O	O XXX
13	Peyton Enders	FR Concordia-St. Paul	3.23m	10-07.00	413
	2.63 2.73 2.83 2.93 3.03	3.13 3.23 3.33			
	---	---	---	---	---
			O	O	O
				O	O XXX
14	Logan Grover	FR Augustana	3.13m	10-03.25	389
	2.63 2.73 2.83 2.93 3.03	3.13 3.23			
	---	---	---	---	---
			XXO	O	O
				O	O XXX
15	Colby Larson	FR Msu-Moorhead	2.63m	8-07.50	271
	2.63 2.73 2.83				
	---	---	---	---	---
			O		O XXX

**Event 2 Heptathlon: #7 Men 1000 Meter Run Heptathlon**

Name	Year School	Finals	Points
1 Peyton Enders	FR Concordia-St. Paul	2:49.00	776
2 Max Geditz	FR Northern State	2:53.05	734
3 Jackson Willis	FR Northern State	2:53.26	732
4 Jakob Tordsen	SR Concordia-St. Paul	2:54.38	720
5 Sean Juengst	FR Northern State	2:57.28	691
6 Kyle Kucera	SO Minnesota-Duluth	2:58.44	680
7 Tyl Woelber	JR Augustana	2:58.76	676
8 Logan Grover	FR Augustana	2:59.17	672
9 Noah Lilly	SR Wayne State	2:59.63	668
10 Calder Erick	FR Concordia-St. Paul	2:59.75	667
11 Arik Johnson	SR Concordia-St. Paul	3:00.62	658
12 Colby Larson	FR Msu-Moorhead	3:03.93	626
13 Nick Durnin	SR Minnesota State	3:04.08	625

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**....Event 2 Heptathlon: #7 Men 1000 Meter Run Heptathlon**

14 Alex Brandt	FR Wayne State	3:04.76	618
15 Tyler Denes	FR Minnesota State	3:07.96	588

**Event 4 Men 1 Mile Run**

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NSIC Record: \$	4:08.87	2/26/2022	Ryan Hartman, Augustana	
Facility: %	4:08.88	2021	Austin Miller, Augustana	
Name	Year	School	Finals	Points
=====				
1 Ryan Hartman	FR	Augustana	4:08.87\$	10
2 Colten Brand	SO	Augustana	4:11.30	8
3 Tanner Maier	SO	Minnesota State	4:12.53	6
4 Evan Johnson	SR	Augustana	4:16.06	5
5 Adnew Stueven	SO	Msu-Moorhead	4:16.31	4
6 Matt Steiger	JR	Augustana	4:16.51	3
7 Jacob Jensen	SO	Minot State	4:19.64	2
8 Nicholas Merillana	JR	Minot State	4:23.32	1
9 Aaron Voigt	JR	Sioux Falls	4:23.47	
10 Matthew Helser	FR	Concordia-St. Paul	4:24.15	
11 Braydon Kubat	SR	Minnesota-Duluth	4:24.19	
12 Trent Holiday	FR	Minot State	4:26.81	
-- Austin Miller	SR	Augustana	DQ	

**Event 6 Men 60 Meter Hurdles**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

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NSIC Record: \$	7.69	2016	Myles Hunter, MSU	
Facility: %	7.67	2016	Myles Hunter, Minnesota State	
Name	Year	School	Prelims	H#
=====				

Preliminaries

1 Kornelius Klah	SR	Minnesota State	7.95Q	1
2 Lawrence Lokonobei	SO	Augustana	8.17Q	2
3 Nick Durnin	SR	Minnesota State	8.22Q	3
4 Renald Pierre	SO	SW Minnesota St.	8.06q	1
5 Abel Christiansen	SO	Minnesota State	8.18q	2
6 Andrew Martens	FR	Augustana	8.27q	2
7 Justus Adams	JR	Minnesota State	8.29q	3
8 Ben Mandel	FR	Sioux Falls	8.38q	1
9 Joel Matehs	FR	Northern State	8.60	3
10 Shaquiel Higgs	JR	Msu-Moorhead	8.70	1 8.693
11 Noah Lilly	SR	Wayne State	8.70	3 8.694
12 Luke Schroeder	FR	Northern State	8.72	2
13 Nathan Trujillo-Aragon	FR	Minot State	8.73	3
14 Hudson Jean	FR	Concordia-St. Paul	8.77	2
15 Tyler Sellin	FR	Augustana	8.80	2
16 Nathan Lear	FR	SW Minnesota St.	8.96	2
17 D'Monte Blanks	SO	Minnesota State	9.02	1
18 Nathan Stearns	SO	SW Minnesota St.	9.05	3
19 Jack Clark	FR	SW Minnesota St.	9.12	1
20 Max Schmitt	FR	SW Minnesota St.	9.14	1
21 Landon Wenderski	FR	Sioux Falls	9.28	3

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**Results**

**Event 6 Men 60 Meter Hurdles**

NSIC Record: \$ 7.69 2016 Myles Hunter, MSU  
 Facility: % 7.67 2016 Myles Hunter, Minnesota State

Name	Year	School	Finals	Points
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Finals

1	Kornelius Klah	SR Minnesota State	7.92	10	
2	Renald Pierre	SO SW Minnesota St.	8.06	8	
3	Lawrence Lokonobei	SO Augustana	8.07	6	8.061
4	Andrew Martens	FR Augustana	8.07	5	8.066
5	Abel Christiansen	SO Minnesota State	8.08	4	8.073
6	Nick Durnin	SR Minnesota State	8.08	3	8.079
7	Justus Adams	JR Minnesota State	8.18	2	
8	Ben Mandel	FR Sioux Falls	8.41	1	

**Event 8 Men 400 Meter Dash**

**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

NSIC Record: \$ 47.86 2019 John Schuster, MSU  
 Facility: % 47.74 2006 Nate Olson, UW-Lacrosse

Name	Year	School	Prelims	H#
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Preliminaries

1	Ty Dawkins	JR Msu-Moorhead	49.29Q	1
2	Kornelius Klah	SR Minnesota State	49.51Q	2
3	Akil Howell	FR U-Mary	50.22Q	3
4	Carter Nesvold	SO Minnesota State	49.71Q	2
5	Max DePrenger	SO Minnesota State	49.80Q	1
6	Elliott MacLennan	FR Msu-Moorhead	50.24Q	3
7	Isaac Huntington	SO U-Mary	50.36q	3
8	Ibrahim Oduong	SO Msu-Moorhead	50.58q	1
9	Gavin Fischer	FR Augustana	50.63	1
10	Tafara Hondonga	SO Northern State	50.99	2
11	Luke Schroeder	FR Northern State	51.06	2
12	Seth Martens	FR Northern State	51.08	3
13	Taaron Rudzitis	FR Concordia-St. Paul	51.16	1
14	Kyler Bade	FR Minnesota State	51.62	3
15	Brady Janssen	SO Northern State	51.84	2
16	Jed Dooyema	SO Augustana	52.03	3
17	Joseph Green	FR Minot State	52.45	1
18	Denver Decker	SO Sioux Falls	52.58	1
19	Kameron Toms	FR Minot State	52.75	2
--	Chase Domier	FR Northern State	DNF	2

**Event 8 Men 400 Meter Dash**

NSIC Record: \$ 47.86 2019 John Schuster, MSU  
 Facility: % 47.74 2006 Nate Olson, UW-Lacrosse

Name	Year	School	Finals	Points
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Finals

1	Kornelius Klah	SR Minnesota State	48.45	10
2	Ty Dawkins	JR Msu-Moorhead	48.57	8
3	Carter Nesvold	SO Minnesota State	49.16	6
4	Akil Howell	FR U-Mary	49.21	5

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5	Max DePrenger	SO	Minnesota State	49.46	4
6	Elliott MacLennan	FR	Msu-Moorhead	50.33	3
7	Ibrahim Oduong	SO	Msu-Moorhead	50.72	2
8	Isaac Huntington	SO	U-Mary	50.77	1

**Event 10 Men 600 Meter Run****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

=====  
 NSIC Record: \$ 1:19.85 2018 John Schuster, MSU  
 Facility: % 1:19.85 2018 John Schuster, Minnesota State  
 Name Year School Prelims H#  
 =====

## Preliminaries

1	Ben Schmied	JR	Minnesota State	1:22.67Q	1
2	Thomas Schauerman	SR	Concordia-St. Paul	1:22.79Q	4
3	Noah Melton	JR	Augustana	1:23.40Q	2
4	Lewis Cotterill	FR	Minot State	1:23.51Q	3
5	Matthew Schoessow	SO	Augustana	1:23.45q	1
6	Sam Honeyman	SO	U-Mary	1:23.71q	3
7	Bryce Holcomb	SR	Wayne State	1:24.19q	4
8	Josh Sims	FR	Concordia-St. Paul	1:24.30q	1
9	Drew Lewison	JR	Minnesota State	1:24.31	2
10	JeremiaH Revere	JR	Minnesota State	1:24.96	3
11	Nathan Goranson	JR	Upper Iowa	1:25.56	4
12	Jordan Gruenes	JR	Minnesota-Duluth	1:25.71	2
13	Alexander Croston	FR	Minnesota-Duluth	1:26.28	2
14	Cullen Feist	FR	Concordia-St. Paul	1:26.50	2
15	Finn Youberg	FR	Minnesota-Duluth	1:26.93	3
16	Ronald Stephenson	SO	Northern State	1:28.41	4
17	Blake Smith	FR	Upper Iowa	1:28.81	1
18	Diego Jaimes	SR	Sioux Falls	1:28.99	4
19	Nicholas Muller	FR	Sioux Falls	1:29.16	4
20	Dylan Schimke	FR	Northern State	1:29.35	1
21	Payton Peterson	FR	Concordia-St. Paul	1:29.51	3
22	Patrick Jenkins	FR	SW Minnesota St.	1:30.46	2
23	Kolby Brandt	SO	Msu-Moorhead	1:31.19	3
24	Nathan Hiemer	SR	Wayne State	1:34.56	1

**Event 10 Men 600 Meter Run**

=====  
 NSIC Record: \$ 1:19.85 2018 John Schuster, MSU  
 Facility: % 1:19.85 2018 John Schuster, Minnesota State  
 Name Year School Finals Points  
 =====

## Finals

1	Ben Schmied	JR	Minnesota State	1:21.11	10
2	Thomas Schauerman	SR	Concordia-St. Paul	1:21.56	8
3	Lewis Cotterill	FR	Minot State	1:22.26	6
4	Noah Melton	JR	Augustana	1:22.55	5
5	Matthew Schoessow	SO	Augustana	1:23.11	4
6	Bryce Holcomb	SR	Wayne State	1:23.22	3
7	Josh Sims	FR	Concordia-St. Paul	1:23.33	2
8	Sam Honeyman	SO	U-Mary	1:24.85	1

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**Myers Fieldhouse**

**Results**

**Event 12 Men 60 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

=====  
 NSIC Record: \$ 6.67 2015 Emmanuel Matadi, MSU  
 Facility: % 6.58 2016 Emmanuel Matadi, Unattached  
 Name Year School Prelims H#  
 =====

Preliminaries

1	Shaheed Hickman	SR	Minnesota State	6.79Q	1
2	Brendon Hoyte	FR	U-Mary	6.85Q	2
3	Ty Dawkins	JR	Msu-Moorhead	6.90Q	3
4	Prince Nti	FR	Minnesota State	6.88q	2
5	Daniel Attoh	FR	Minnesota State	6.91q	1
6	Ezekiel Clark	FR	Minnesota State	6.94q	3
7	Caleb Kath	SR	Minnesota State	6.95q	1 6.947
8	Joe Donahue	FR	Sioux Falls	6.95q	3 6.949
9	Hudson Jean	FR	Concordia-St. Paul	6.98	2
10	Nicholas Sharma	SO	Minnesota State	6.99	1 6.981
11	Thomas Dietel	FR	Concordia-St. Paul	6.99	2 6.987
12	Andrew Johnson	SR	Concordia-St. Paul	7.01	2
13	Drew Olson	JR	U-Mary	7.02	1
14	Shaquiel Higgs	JR	Msu-Moorhead	7.03	1
15	Teddy Ayden	SO	Upper Iowa	7.05	3
16	Eddie Blackwell	FR	Minnesota State	7.11	3
17	Kory Powell-Oliver	JR	Msu-Moorhead	7.15	2
18	Steven Marks	FR	Minnesota State	7.18	3
19	Jerome Crayton	FR	Msu-Moorhead	7.19	1
20	David Daniels	FR	Msu-Moorhead	7.29	3
--	Shyrone Kemp	JR	Msu-Moorhead	FS	2

**Event 12 Men 60 Meter Dash**

=====  
 NSIC Record: \$ 6.67 2015 Emmanuel Matadi, MSU  
 Facility: % 6.58 2016 Emmanuel Matadi, Unattached  
 Name Year School Finals Points  
 =====

Finals

1	Shaheed Hickman	SR	Minnesota State	6.74	10
2	Brendon Hoyte	FR	U-Mary	6.82	8
3	Caleb Kath	SR	Minnesota State	6.92	6
4	Prince Nti	FR	Minnesota State	6.94	5
5	Daniel Attoh	FR	Minnesota State	6.96	4
6	Ty Dawkins	JR	Msu-Moorhead	6.97	3 6.964
7	Joe Donahue	FR	Sioux Falls	6.97	2 6.965
8	Ezekiel Clark	FR	Minnesota State	7.01	1

**Event 14 Men 800 Meter Run**

**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

=====  
 NSIC Record: \$ 1:51.78 2020 Austin Miller, AUGIE  
 Facility: % 1:50.48 2022 Tanner Maier, Minnesota State  
 Name Year School Prelims H#  
 =====

Preliminaries

1	Austin Miller	SR	Augustana	1:52.68Q	1
2	Braxton Bruer	JR	Msu-Moorhead	1:55.63Q	2

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**Myers Fieldhouse**

**Results**

**....Event 14 Men 800 Meter Run**

3	Ryan Hartman	FR	Augustana	1:56.30Q	2
4	Tanner Maier	SO	Minnesota State	1:58.90Q	1
5	Christian Leonard	JR	Minnesota-Duluth	1:57.57q	2
6	Juan Gutierrez	JR	Minot State	1:58.80q	2
7	Cole Fechner	SR	Minnesota-Duluth	1:58.95q	1
8	Zachary Matzner	FR	Sioux Falls	1:59.53q	1
9	Jonathan Tostenson	SR	Minnesota-Duluth	1:59.78	2
10	Gabe Peitz	SO	Wayne State	2:00.72	2
11	Travis Andrews	FR	Concordia-St. Paul	2:00.77	1
12	Owen Jones	FR	U-Mary	2:04.08	1
13	Emmett Faltese	FR	Concordia-St. Paul	2:04.83	2
14	Wil Modjeski	JR	Sioux Falls	2:05.33	2
15	Eric Gibbons	SO	Msu-Moorhead	2:05.34	1

**Event 14 Men 800 Meter Run**

=====  
 NSIC Record: \$ 1:51.78 2020 Austin Miller, AUGIE  
 Facility: % 1:50.48 2022 Tanner Maier, Minnesota State  
 Name Year School Finals Points  
 =====

Finals

1	Braxton Bruer	JR	Msu-Moorhead	1:52.76	10
2	Austin Miller	SR	Augustana	1:53.29	8
3	Christian Leonard	JR	Minnesota-Duluth	1:54.20	6
4	Tanner Maier	SO	Minnesota State	1:54.95	5
5	Ryan Hartman	FR	Augustana	1:55.47	4
6	Zachary Matzner	FR	Sioux Falls	1:56.97	3
7	Juan Gutierrez	JR	Minot State	1:57.71	2
8	Cole Fechner	SR	Minnesota-Duluth	1:58.01	1

**Event 16 Men 1000 Meter Run**

**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

=====  
 NSIC Record: \$ 2:26.61 2019 Jacob Wahlers, MSU  
 Facility: % 2:25.58 2022 Tanner Maier, Minnesota State  
 Name Year School Prelims H#  
 =====

Preliminaries

1	Evan Johnson	SR	Augustana	2:33.03Q	1
2	Adnew Stueven	SO	Msu-Moorhead	2:33.10Q	2
3	Jonah Breuer	JR	Augustana	2:33.18Q	2
4	Matthew Helser	FR	Concordia-St. Paul	2:33.57Q	1
5	Matt Steiger	JR	Augustana	2:33.35q	2
6	Adam Bohm	FR	Minnesota State	2:33.69q	2
7	Leif Larsen	FR	Minnesota State	2:34.45q	1
8	Caleb Rivera	FR	Sioux Falls	2:34.55q	1
9	Carter Owen	FR	Minnesota State	2:35.06	1
10	Miles Olofson	FR	Sioux Falls	2:36.43	1
11	Trent Holiday	FR	Minot State	2:36.79	2
12	Ethan Kraft	FR	Sioux Falls	2:36.85	1
13	Brandon Mundorf	SO	Wayne State	2:37.02	1
14	Brock Hegarty	SR	Wayne State	2:39.76	2
15	Jonathan Burkhalter	FR	Northern State	2:41.08	2
16	Derek Hanson	FR	Msu-Moorhead	2:41.94	2

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**Results**

**Event 16 Men 1000 Meter Run**

=====  
 NSIC Record: \$ 2:26.61 2019 Jacob Wahlers, MSU  
 Facility: % 2:25.58 2022 Tanner Maier, Minnesota State  
 Name Year School Finals Points  
 =====

Finals

1	Evan Johnson	SR	Augustana	2:27.47	10
2	Adnew Stueven	SO	Msu-Moorhead	2:30.02	8
3	Jonah Breuer	JR	Augustana	2:30.08	6
4	Leif Larsen	FR	Minnesota State	2:31.47	5
5	Adam Bohm	FR	Minnesota State	2:31.58	4
6	Caleb Rivera	FR	Sioux Falls	2:32.49	3
7	Matt Steiger	JR	Augustana	2:32.57	2
8	Matthew Helser	FR	Concordia-St. Paul	2:39.33	1

**Event 18 Men 200 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

=====  
 NSIC Record: \$ 21.42 2015 Emmanuel Matadi, MSU  
 Facility: % 21.37 2012 Jonathan Woodson, TAMU-Kingsville  
 Name Year School Prelims H#  
 =====

Preliminaries

1	Brendon Hoyte	FR	U-Mary	22.20Q	2
2	Elliott MacLennan	FR	Msu-Moorhead	22.32Q	4
3	Thomas Dietel	FR	Concordia-St. Paul	22.39Q	3
4	Kenry Atubel	JR	Minnesota State	22.47Q	1
5	Ty Dawkins	JR	Msu-Moorhead	22.26q	2
6	Josue Bokoyo	JR	Minnesota State	22.40q	3
7	Prince Nti	FR	Minnesota State	22.42q	3
8	Gavin Fischer	FR	Augustana	22.46q	4
9	Abel Christiansen	SO	Minnesota State	22.56	3
10	Joe Donahue	FR	Sioux Falls	22.57	1
11	Teddy Ayden	SO	Upper Iowa	22.73	4
12	Nicholas Sharma	SO	Minnesota State	22.75	2
13	Shaquiel Higgs	JR	Msu-Moorhead	22.76	1 22.751
14	Eddie Blackwell	FR	Minnesota State	22.76	1 22.759
15	Daniel Attoh	FR	Minnesota State	22.83	4
16	Joseph Green	FR	Minot State	22.84	3 22.831
17	Josh Phelps	SR	Minnesota State	22.84	4 22.838
18	Jorgen Paulson	FR	U-Mary	22.87	2
19	Ezekiel Clark	FR	Minnesota State	22.88	2
20	Drew Olson	JR	U-Mary	22.89	1
21	Jerome Crayton	FR	Msu-Moorhead	22.93	3

**Event 18 Men 200 Meter Dash**

=====  
 NSIC Record: \$ 21.42 2015 Emmanuel Matadi, MSU  
 Facility: % 21.37 2012 Jonathan Woodson, TAMU-Kingsville  
 Name Year School Finals Points  
 =====

Finals

1	Brendon Hoyte	FR	U-Mary	22.02	10
2	Elliott MacLennan	FR	Msu-Moorhead	22.05	8
3	Ty Dawkins	JR	Msu-Moorhead	22.10	6

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**Results**

**....Event 18 Men 200 Meter Dash**

4	Kenry Atubel	JR Minnesota State	22.20	5
5	Thomas Dietel	FR Concordia-St. Paul	22.50	4
6	Gavin Fischer	FR Augustana	22.65	3
7	Josue Bokoyo	JR Minnesota State	22.74	2
8	Prince Nti	FR Minnesota State	22.92	1

**Event 20 Men 5000 Meter Run**

=====				
NSIC Record: \$ 14:14.30 2/26/2021 Nadir Yusuf, MSU-Moorhead				
Facility: % 14:10.00 2012 Laban Sialo, Central Missouri				
Name	Year	School	Finals	H# Points
=====				
1	Nadir Yusuf	SR Msu-Moorhead	14:18.17	2 10
2	Henry Klitzke	JR Augustana	14:26.21	2 8
3	Jackson Harrison	JR Northern State	14:35.51	2 6
4	Dawson Strom	JR U-Mary	14:39.55	2 5
5	Jesse Kaas	JR U-Mary	14:40.98	2 4
6	Alec Kray	SR Augustana	14:49.01	2 3
7	Nick Jacobson	JR Minnesota-Duluth	14:50.53	2 2
8	David Ecker	JR Sioux Falls	14:51.17	2 1
9	Matthew Trutna	SR Minnesota-Duluth	14:54.68	2
10	Kray Person	JR Augustana	14:59.10	2
11	Jacob Jensen	SO Minot State	15:14.97	2
12	Micade Shumway	FR Sioux Falls	15:26.46	1
13	Christian Lietz	FR Sioux Falls	15:28.52	1
14	Caleb Yokom	FR U-Mary	15:31.47	2
15	Drew Mears	SR Msu-Moorhead	15:33.34	1
16	Owen Erickson	FR Concordia-St. Paul	15:35.75	2
17	Nicholas Merillana	JR Minot State	15:38.85	2
18	Lucas Selman	JR Minnesota-Duluth	15:39.77	1
19	Jacob Bennett	FR Minnesota State	15:54.33	2
20	Grayson Bonilla	FR Minot State	15:56.25	1
21	Matthew Krummel	FR Concordia-St. Paul	15:57.43	1
22	William Valentin	JR Minnesota State	16:00.40	1
23	Abe Schroeder	SO Wayne State	16:08.73	1
24	Nikolai Schmanski	FR Minnesota State	16:14.45	1
25	Matthew Thomforde	JR Concordia-St. Paul	16:22.96	1

**Event 22 Men 4x400 Meter Relay**

=====				
NSIC Record: \$ 3:18.21 2017 Minnesota State				
J.Schuster,T.Ogren,I.Pitchford,M.Dennis				
Facility: % 3:12.57 2008 , St. Augustine's				
Miles, Abney, Cox, Curry				
School			Finals	H# Points
=====				
1	Minnesota State		3:18.67	2 10
	1) Kenry Atubel JR	2) Kornelius Klah SR		
	3) Max DePrenger SO	4) Carter Nesvold SO		
2	Msu-Moorhead		3:21.14	2 8
	1) Elliott MacLennan FR	2) Braxton Bruer JR		
	3) Ibrahim Oduong SO	4) Ty Dawkins JR		
3	U-Mary		3:22.61	2 6
	1) Brendon Hoyte FR	2) Sam Honeyman SO		

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**....Event 22 Men 4x400 Meter Relay**

3) Akil Howell FR	4) Isaac Huntington SO		
4 Northern State	3:25.28	1	5
1) Tafara Hondonga SO	2) Luke Schroeder FR		
3) Joel Matehs FR	4) Seth Martens FR		
5 Wayne State	3:25.74	1	4
1) Jackson McIntyre FR	2) Michael Kueny SO		
3) Bryce Holcomb SR	4) Noah Carr SO		
6 Minot State	3:26.46	1	3
1) Lewis Cotterill FR	2) Kameron Toms FR		
3) Juan Gutierrez JR	4) Joseph Green FR		
7 Augustana	3:27.67	2	2
1) Jed Dooyema SO	2) Matthew Schoessow SO		
3) Andrew Martens FR	4) Noah Melton JR		
8 Concordia-St. Paul	3:28.49	2	1
1) Andrew Johnson SR	2) Taaron Rudzitis FR		
3) Josh Sims FR	4) Thomas Schauerma SR		
9 Sioux Falls	3:30.03	1	
1) Joe Donahue FR	2) Jayden Slaba SR		
3) Ethan Kraft FR	4) Zachary Matzner FR		
10 Minnesota-Duluth	3:30.05	1	
1) Alex Kulzer SR	2) Alexander Croston FR		
3) Jonathan Tostenson SR	4) Christian Leonard JR		
11 Upper Iowa	3:30.91	2	
1) Cameron Green SO	2) Teddy Ayden SO		
3) Deion Jones SO	4) Nathan Goranson JR		
12 SW Minnesota St.	3:30.97	1	
1) Nathan Lear FR	2) McKallen Smith FR		
3) Tyler Smith FR	4) Max Schmitt FR		

**Event 24 Men Distance Medley**

=====  
 NSIC Record: \$ 10:00.30 2/25/2022 Augustana, Augustana  
 R Hartman, J Dooyema, J Breuer, C Brand  
 Facility: % 9:49.06 2012 , Augustana  
 Beniak, Kong, Hansson, Karbo  
 School Finals Points  
 =====

1 Augustana	10:00.30\$	10
1) Ryan Hartman FR	2) Jed Dooyema SO	
3) Jonah Breuer JR	4) Colten Brand SO	
2 Minnesota State	10:11.62	8
1) Leif Larsen FR	2) Josh Phelps SR	
3) Ben Schmied JR	4) Tanner Maier SO	
3 Minnesota-Duluth	10:16.49	6
1) Braydon Kubat SR	2) Alex Kulzer SR	
3) Cole Fechner SR	4) Christian Leonard JR	
4 Concordia-St. Paul	10:16.67	5
1) Thomas Schauerma SR	2) Josh Sims FR	
3) Emmett Faltese FR	4) Matthew Helser FR	
5 Sioux Falls	10:17.26	4
1) Caleb Rivera FR	2) Denver Decker SO	
3) Zachary Matzner FR	4) Aaron Voigt JR	
6 Minot State	10:18.94	3
1) Jacob Jensen SO	2) Joseph Green FR	

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**....Event 24 Men Distance Medley**

3) Lewis Cotterill FR	4) Nicholas Merillana JR	
7 U-Mary	10:23.25	2
1) Guillermo Fregoso SO	2) Jorgen Paulson FR	
3) Owen Jones FR	4) Timothy Moore JR	
8 Msu-Moorhead	10:24.44	1
1) Derek Hanson FR	2) Jerome Crayton FR	
3) Eric Gibbons SO	4) Adnew Stueven SO	
9 Wayne State	10:25.09	
1) Brock Hegarty SR	2) Michael Kueny SO	
3) Gabe Peitz SO	4) Brandon Mundorf SO	
10 Northern State	10:58.51	
1) Rhaecine Sam FR	2) Jonathan Burkhalter FR	
3) Brady Janssen SO	4) Nathan Alto FR	

**Event 26 Men High Jump**

NSIC Record: \$ 2.14m 2019		Chris Cook, MSUM	
Facility: % 2.25m 2007		Jim Dilling, Minnesota State	
Name	Year School	Finals	Points
1 Travis Joseph	SO Msu-Moorhead	2.11m	6-11.00 10
1.85 1.90 1.95 2.00 2.05 2.08 2.11 2.16			
--- O --- XO XO XXO O XXX			
2 Chris Cook	SR Msu-Moorhead	2.08m	6-09.75 8
1.85 1.90 1.95 2.00 2.05 2.08 2.11			
--- O --- O XXO XXO XXX			
3 Dylan Kneifl	SO Wayne State	2.05m	6-08.75 6
1.85 1.90 1.95 2.00 2.05 2.08			
--- O XO XO O XXX			
4 Shyrone Kemp	JR Msu-Moorhead	2.00m	6-06.75 5
1.85 1.90 1.95 2.00 2.05			
--- O --- O XXX			
5 Deveyonn Brown	SR Minnesota State	2.00m	6-06.75 4
1.85 1.90 1.95 2.00 2.05			
--- O XXO O XXX			
6 Luke Oberleitner	FR Minnesota-Duluth	1.95m	6-04.75 3
1.85 1.90 1.95 2.00			
O O O XXX			
7 Jacob Ziebarth	FR Minnesota State	1.95m	6-04.75 1.50
1.85 1.90 1.95 2.00			
O XO O XXX			
7 Max Geditz	FR Northern State	1.95m	6-04.75 1.50
1.85 1.90 1.95 2.00			
O XO O XXX			
9 Trey Krannich	SO Minnesota State	1.95m	6-04.75
1.85 1.90 1.95 2.00			
O O XO XXX			
10 McKallen Smith	FR SW Minnesota St.	1.95m	6-04.75
1.85 1.90 1.95 2.00			
O XO XO XXX			
10 Alex Brandt	FR Wayne State	1.95m	6-04.75
1.85 1.90 1.95 2.00			
--- XO XO XXX			

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**Results**

**....Event 26 Men High Jump**

12	Andrew Johnson	SR Concordia-St. Paul	1.95m	6-04.75
	1.85 1.90 1.95 2.00			
	O XO XXO XXX			
13	Aiden Buendorf	FR Minnesota State	1.90m	6-02.75
	1.85 1.90 1.95			
	O O XXX			
14	Steven Miner	SR Sioux Falls	1.85m	6-00.75
	1.85 1.90			
	O XXX			
14	Leif Nelson	FR Minot State	1.85m	6-00.75
	1.85 1.90			
	O XXX			
16	Isaiah Morin-Baxter	SO Augustana	1.85m	6-00.75
	1.85 1.90			
	XO XXX			
17	Aaron English	SR Wayne State	1.85m	6-00.75
	1.85 1.90			
	XXO XXX			
--	Cody Crosley	SO Wayne State	NH	
	1.85 1.90			
	X R			

**Event 28 Men Pole Vault**

NSIC Record: \$ 5.20m 2015		Scott Greenman, USF	
Facility: % 5.51m 2015		Jeff Coover, Unattached	
Name	Year School	Finals	Points
1 Glen Quayle	FR Northern State	4.88m 16-00.00	10
	4.08 4.23 4.38 4.53 4.68 4.78 4.88 5.04		
	--- --- --- --- O XO O XXX		
2 Carson Dittel	SO Minnesota State	4.78m 15-08.25	8
	4.08 4.23 4.38 4.53 4.68 4.78 4.88		
	--- --- --- --- XXO O XXX		
3 Alex Berg	FR Minnesota State	4.68m 15-04.25	6
	4.08 4.23 4.38 4.53 4.68 4.78		
	--- --- O XO O XXX		
4 Sam Tremelling	FR Northern State	4.68m 15-04.25	5
	4.08 4.23 4.38 4.53 4.68 4.78		
	O O XXO XO O XXX		
5 Isaac Watson	FR U-Mary	4.53m 14-10.25	3.50
	4.08 4.23 4.38 4.53 4.68		
	--- O O O XXX		
5 Jake Person	SR Sioux Falls	4.53m 14-10.25	3.50
	4.08 4.23 4.38 4.53 4.68		
	O O O O XXX		
7 Thomas Lindsey	FR Minnesota State	4.53m 14-10.25	2
	4.08 4.23 4.38 4.53 4.68		
	--- --- --- XO XXX		
8 Kyle Johnson	SR Minnesota State	4.38m 14-04.50	0.33
	4.08 4.23 4.38 4.53		
	O O O XXX		

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**Results**

**....Event 28 Men Pole Vault**

8	Dillan Kovash	SR U-Mary	4.38m	14-04.50	0.33
	4.08 4.23 4.38 4.53				
	--- O O XXX				
8	Austin Frank	FR Minnesota State	4.38m	14-04.50	0.33
	4.08 4.23 4.38 4.53				
	--- --- O XXX				
11	Hunter Smith	FR SW Minnesota St.	4.23m	13-10.50	
	4.08 4.23 4.38				
	O O XXX				
12	Tyler Denes	FR Minnesota State	4.08m	13-04.50	
	4.08 4.23				
	XO XXX				
--	Samuel Olson	FR Sioux Falls		NH	
	4.08				
	XXX				
--	Rico Imus	FR Northern State		NH	
	4.08				
	XXX				
--	Shea Alto	SR Minnesota-Duluth		NH	
	4.08 4.23				
	--- XXX				
--	Luke Grannes	FR SW Minnesota St.		NH	
	4.08				
	XXX				

**Event 30 Men Long Jump**

=====						
NSIC Record:	\$ 7.58m	1981	Ed Stuart, MSU			
Facility:	% 7.69m	2008	Wilbert Walker, Lincoln			
Name	Year School		Finals	H# Points		
=====						
1	Shyrone Kemp	JR Msu-Moorhead	7.33m	24-00.75	2	10
	FOUL 7.33m	FOUL FOUL FOUL FOUL				
2	Caleb Kath	SR Minnesota State	7.24m	23-09.00	2	8
	6.94m 6.73m 6.84m	FOUL 7.15m 7.24m				
3	Andrew Johnson	SR Concordia-St. Paul	7.16m	23-06.00	2	6
	FOUL 7.02m 7.00m 7.08m	7.16m 7.06m				
4	Logan Moeller	FR Wayne State	7.03m	23-00.75	2	5
	6.98m 6.70m 6.74m	6.95m 7.03m 6.91m				
5	Slade Heald	FR Minnesota State	7.01m	23-00.00	2	4
	6.42m 6.68m 6.80m	6.67m 6.82m 7.01m				
6	Astley Davis	SO U-Mary	6.99m	22-11.25	2	3
	6.99m 6.89m 5.22m	5.44m 6.27m 6.94m				
7	Travis Joseph	SO Msu-Moorhead	6.86m	22-06.25	2	2
	6.86m 6.65m 6.80m	6.30m PASS PASS				
8	Hayden Von Wald	SO U-Mary	6.82m	22-04.50	2	1
	6.74m 6.59m 6.74m	6.73m FOUL 6.82m				
9	Reece Shannon	JR Minnesota State	6.81m	22-04.25	2	
	FOUL 6.63m	FOUL FOUL 6.81m 6.36m				
10	Aiden Buendorf	FR Minnesota State	6.58m	21-07.25	2	
	6.52m 6.58m 6.51m					
11	Braden Johnson	FR Wayne State	6.57m	21-06.75	1	
	6.57m 6.21m	FOUL				

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**Myers Fieldhouse**

**Results**

**....Event 30 Men Long Jump**

12	David Daniels	FR	Msu-Moorhead	6.51m	21-04.25	1
	6.19m 6.51m 6.45m					
13	Nathan Lear	FR	SW Minnesota St.	6.49m	21-03.50	1
	6.43m 6.22m 6.49m					
14	Alex Brown	FR	U-Mary	6.49m	21-03.50	1
	6.32m 6.49m 6.41m					
15	Darrian Hood	SO	Northern State	6.41m	21-00.50	1
	6.41m 6.25m 6.32m					
16	Muse Abdi	FR	Augustana	6.41m	21-00.50	1
	6.12m 6.11m 6.41m					
17	Cody Crosley	SO	Wayne State	6.38m	20-11.25	1
	FOUL FOUL 6.38m					
18	Avery Hunt	SR	Minnesota-Duluth	6.30m	20-08.00	1
	FOUL FOUL 6.30m					
19	Jackson Willis	FR	Northern State	5.97m	19-07.00	1
	5.97m PASS PASS					
--	Junior Kandolo	FR	SW Minnesota St.	FOUL		1
	FOUL FOUL FOUL					
--	Isaiah Richards	SR	U-Mary	FOUL		1
	FOUL FOUL FOUL					

**Event 32 Men Triple Jump**

NSIC Record: \$ 16.42m 2017 Michael Sandle, MSU							
Facility: % 16.42m 2017 Michael Sandle, Minnesota State							
Name	Year	School	Finals	H#	Points		
1	Shyrone Kemp	JR Msu-Moorhead	15.54m	51-00.00	2	10	
	FOUL 15.00m 15.15m	PASS 15.54m PASS					
2	Logan Moeller	FR Wayne State	14.78m	48-06.00	2	8	
	14.78m FOUL 14.11m	14.47m FOUL FOUL					
3	Onyekachi Ukaobasi	FR Minnesota State	14.53m	47-08.00	2	6	
	FOUL 14.09m 14.52m	14.53m 14.18m 14.35m					
4	Isaiah Nelson	SR SW Minnesota St.	14.41m	47-03.50	2	5	
	14.40m 13.96m FOUL	14.04m 14.23m 14.41m					
5	Chris Cook	SR Msu-Moorhead	14.22m	46-08.00	1	4	
	11.65m 14.16m 13.92m	14.22m 14.20m PASS					
6	Mathew Caines	JR Minnesota-Duluth	14.13m	46-04.25	2	3	
	14.13m FOUL FOUL FOUL	PASS PASS					
7	Stephen Ayobamidele	SO Minnesota State	13.94m	45-09.00	2	2	
	FOUL FOUL 13.94m	FOUL FOUL FOUL					
8	Astley Davis	SO U-Mary	13.85m	45-05.25	2	1	
	13.52m 13.85m FOUL	PASS PASS PASS					
9	Sean Mhende	FR Northern State	13.70m	44-11.50	1		
	13.44m 13.70m 13.29m	FOUL 13.34m FOUL					
10	Aaron Davis	SO U-Mary	13.59m	44-07.00	2		
	13.38m 13.50m 13.59m						
11	Jaylen Hobson	JR Upper Iowa	13.57m	44-06.25	2		
	12.83m 13.23m 13.57m						
12	Kaitano Bateman	FR Upper Iowa	13.54m	44-05.25	1		
	13.54m 13.52m FOUL						
13	Connor Clayton	SO Augustana	13.52m	44-04.25	1		
	13.52m 13.44m 13.43m						

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**Results**

**....Event 32 Men Triple Jump**

14 Alex Brown	FR U-Mary	13.37m	43-10.50	2
13.37m 13.01m FOUL				
15 Avery Hunt	SR Minnesota-Duluth	13.16m	43-02.25	1
FOUL 13.16m 12.36m				
16 Jesse Hatler	SR U-Mary	12.70m	41-08.00	1
11.29m FOUL 12.70m				
17 Kade Larson	FR Msu-Moorhead	12.67m	41-07.00	1
12.67m FOUL 12.49m				
18 Hayden Von Wald	SO U-Mary	12.47m	40-11.00	1
12.47m FOUL FOUL				
19 Darrian Hood	SO Northern State	12.43m	40-09.50	1
12.43m 12.32m 12.42m				
-- Isaiah Richards	SR U-Mary	FOUL		1
FOUL FOUL FOUL				

**Event 34 Men Weight Throw**

=====									
NSIC Record: \$ 21.55m 2/25/2022 Tanner Berg, Northern State									
Facility: % 22.20m 2012 Ryan Loughney, Ashland									
Name	Year	School	Finals		H#	Points	=====		
1 Tanner Berg	SR	Northern State	21.55m	\$ 70-08.50	3	10			
21.27m 21.08m 21.55m		20.65m FOUL 21.15m							
2 Nick Hudson	JR	Minnesota State	19.99m	65-07.00	3	8			
19.07m FOUL FOUL 19.99m		FOUL 19.39m							
3 Eben Mundfrom	JR	Concordia-St. Paul	19.57m	64-02.50	3	6			
19.17m 19.09m FOUL 17.76m		18.89m 19.57m							
4 Carter Aguilera	SO	Minnesota State	18.96m	62-02.50	3	5			
18.68m 18.77m 18.11m 18.63m		18.96m 18.84m							
5 Cole Christoffersen	SR	Wayne State	18.49m	60-08.00	3	4			
18.39m 18.49m FOUL FOUL 18.28m		18.04m							
6 Grant Fritsch	JR	Wayne State	17.46m	57-03.50	3	3			
16.88m 17.46m FOUL FOUL 16.51m		17.04m							
7 Tommy Kucera	SO	Minnesota State	17.39m	57-00.75	3	2			
FOUL 17.12m 16.59m 17.39m		FOUL FOUL							
8 Hunter Quinn	SR	Concordia-St. Paul	17.18m	56-04.50	2	1			
16.02m 16.27m 17.18m		FOUL 15.95m FOUL							
9 Patrick Hagan	SR	Sioux Falls	16.99m	55-09.00	3				
FOUL 16.68m 16.99m 16.58m		16.62m FOUL							
10 Colton Kostynick	JR	Minnesota-Duluth	16.41m	53-10.25	2				
14.92m 16.41m 16.08m									
11 Nick Olson	SO	Northern State	16.35m	53-07.75	2				
16.35m 16.19m FOUL									
12 Oliver Anderson	FR	Minnesota State	16.13m	52-11.00	2				
14.85m 14.54m 16.13m									
13 Zachary Shaner	FR	Minnesota State	16.09m	52-09.50	2				
FOUL 15.27m 16.09m									
14 Tyler Hiatt	FR	Sioux Falls	15.89m	52-01.75	3				
FOUL 15.43m 15.89m									
15 Hunter Clark	SO	Minot State	15.58m	51-01.50	2				
FOUL 15.55m 15.58m									
16 Bennett Lorenz	JR	Wayne State	15.09m	49-06.25	1				
15.06m FOUL 15.09m									

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**....Event 34 Men Weight Throw**

17	McCaden Anderson	FR Northern State	15.05m	49-04.50	2
	14.23m FOUL 15.05m				
18	Colton Cook	SO Msu-Moorhead	14.99m	49-02.25	1
	14.78m 14.99m 14.06m				
19	Tyler Nebelung	FR SW Minnesota St.	14.80m	48-06.75	2
	14.80m FOUL 14.05m				
20	Jaymeson Wolkow	SO Sioux Falls	14.63m	48-00.00	1
	14.36m 14.54m 14.63m				
21	Deekon Anvid	FR SW Minnesota St.	14.19m	46-06.75	1
	14.19m 13.65m FOUL				
22	Keegan Larson	JR Concordia-St. Paul	13.76m	45-01.75	1
	FOUL 13.70m 13.76m				
23	Brett Deschler	SO Sioux Falls	13.31m	43-08.00	2
	FOUL 12.42m 13.31m				
24	Eli Bicek	SO Minnesota-Duluth	12.73m	41-09.25	1
	12.73m FOUL FOUL				
--	Corbin Harris	FR Minot State	FOUL		1
	FOUL FOUL FOUL				
--	Paul Hardy	FR Minot State	FOUL		1
	FOUL FOUL FOUL				
--	Bedale Naba	SR Minnesota State	FOUL		2
	FOUL FOUL FOUL				
--	Ray Hribal	FR Minot State	FOUL		1
	FOUL FOUL FOUL				
--	Carl Swedzinski	SO SW Minnesota St.	FOUL		3
	FOUL FOUL FOUL				
--	Samuel Kreins	SO Minot State	FOUL		1
	FOUL FOUL FOUL				

**Event 36 Men Shot Put**

=====						
NSIC Record: \$ 19.48m		2014	Chris Reed, MSU			
Facility: % 20.07m		2014	Chris Reed, Minnesota State			
Name	Year	School	Finals	H#	Points	
=====						
1	Steven Orzolek	JR Minnesota State	17.72m	58-01.75	3	10
	16.89m 17.24m 17.46m		17.33m 17.52m 17.72m			
2	Tyler Hiatt	FR Sioux Falls	17.63m	57-10.25	3	8
	17.47m 16.98m 16.72m		FOUL FOUL 17.63m			
3	Tanner Berg	SR Northern State	16.77m	55-00.25	3	6
	16.03m 16.60m 16.77m		FOUL 16.33m 16.49m			
4	Bedale Naba	SR Minnesota State	16.35m	53-07.75	3	5
	14.37m 14.79m FOUL		16.16m 16.35m 15.47m			
5	Colton Kostynick	JR Minnesota-Duluth	15.74m	51-07.75	3	4
	14.91m 15.74m FOUL		FOUL FOUL FOUL			
6	Corbin Harris	FR Minot State	15.11m	49-07.00	1	3
	FOUL 13.78m 15.11m		15.02m 14.82m FOUL			
7	Daniel Elge	FR Wayne State	15.06m	49-05.00	2	2
	15.06m 14.53m 14.82m		14.30m 14.52m FOUL			
8	Carter Aguilera	SO Minnesota State	15.02m	49-03.50	3	1
	13.44m 15.02m 14.97m		FOUL FOUL FOUL			
9	Leif Nelson	FR Minot State	14.88m	48-10.00	3	
	14.88m 14.23m FOUL		FOUL FOUL FOUL			

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**Myers Fieldhouse**

**Results**

**....Event 36 Men Shot Put**

10	Samuel Kreins	SO	Minot State	14.67m	48-01.75	2
	13.49m 14.67m FOUL					
11	Brendon Rasmussen	FR	SW Minnesota St.	14.58m	47-10.00	2
	14.58m FOUL 14.20m					
12	Carl Swedzinski	SO	SW Minnesota St.	14.47m	47-05.75	1
	FOUL 13.11m 14.47m					
13	Patrick Hagan	SR	Sioux Falls	14.32m	46-11.75	1
	13.61m 13.60m 14.32m					
14	Ben Oie	JR	Msu-Moorhead	14.31m	46-11.50	2
	14.31m FOUL 14.09m					
15	Jaymeson Wolkow	SO	Sioux Falls	14.20m	46-07.25	2
	12.17m 13.08m 14.20m					
16	Hunter Quinn	SR	Concordia-St. Paul	14.06m	46-01.50	1
	FOUL 14.06m 13.64m					
17	Ethan Barnett	FR	Northern State	14.04m	46-00.75	2
	13.42m 13.75m 14.04m					
18	Ray Hribal	FR	Minot State	13.87m	45-06.25	1
	13.48m 13.87m 13.47m					
19	CJ Picazo	SO	Concordia-St. Paul	13.66m	44-09.75	2
	FOUL 13.33m 13.66m					
20	Oliver Anderson	FR	Minnesota State	13.62m	44-08.25	1
	13.06m 12.81m 13.62m					
21	Dawson Davito	FR	Sioux Falls	13.55m	44-05.50	1
	13.55m 13.29m 13.36m					
22	Colton Cook	SO	Msu-Moorhead	13.36m	43-10.00	1
	12.98m 13.07m 13.36m					
23	Brady Bauman	FR	Northern State	13.32m	43-08.50	1
	13.32m FOUL FOUL					
24	Eli Bicek	SO	Minnesota-Duluth	12.97m	42-06.75	2
	12.97m FOUL FOUL					
25	Keegan Larson	JR	Concordia-St. Paul	12.84m	42-01.50	3
	12.84m FOUL FOUL					
--	Trey Haugen	FR	U-Mary	FOUL		2
	FOUL FOUL FOUL					
--	Jordan Nolan	SO	Msu-Moorhead	FOUL		1
	FOUL FOUL FOUL					
--	Tommy Kucera	SO	Minnesota State	FOUL		3
	FOUL FOUL FOUL					

**Event 38 Men 3000 Meter Run**

=====						
NSIC Record: \$ 8:16.45 2/26/2022 Henry Klitzke, Augustana						
Facility: % 8:16.97 2017 Glen Ellingson, Augustana						
Name	Year	School	Finals	H#	Points	
=====						
1	Henry Klitzke	JR	Augustana	8:16.45\$	2	10
2	Alec Kray	SR	Augustana	8:18.40	2	8
3	Nadir Yusuf	SR	Msu-Moorhead	8:19.84	2	6
4	Colten Brand	SO	Augustana	8:20.39	2	5
5	Jackson Harrison	JR	Northern State	8:23.15	2	4
6	Dawson Strom	JR	U-Mary	8:23.28	2	3
7	Jesse Kaas	JR	U-Mary	8:24.10	2	2
8	Nick Jacobson	JR	Minnesota-Duluth	8:25.48	2	1
9	David Ecker	JR	Sioux Falls	8:33.90	2	

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**....Event 38 Men 3000 Meter Run**

10	Matthew Trutna	SR Minnesota-Duluth	8:36.16	2
11	Timothy Moore	JR U-Mary	8:43.13	2
12	Kray Person	JR Augustana	8:45.48	2
13	Micade Shumway	FR Sioux Falls	8:46.62	1
14	Daniel Street	FR Augustana	8:49.02	1
15	Guillermo Fregoso	SO U-Mary	8:49.53	1
16	Trent Holiday	FR Minot State	8:49.65	1
17	Evan Myran	FR Augustana	8:50.93	1
18	Nathan Alto	FR Northern State	8:50.96	1
19	Jacob Jensen	SO Minot State	8:52.61	2
20	Lucas Selman	JR Minnesota-Duluth	8:56.45	1
21	Caleb Yokom	FR U-Mary	8:57.85	1
22	Christian Lietz	FR Sioux Falls	9:01.59	1
23	Jacob Bennett	FR Minnesota State	9:02.38	1
24	Nikolai Schmanski	FR Minnesota State	9:03.33	1
--	Matt Steiger	JR Augustana	DNF	2
--	Aaron Voigt	JR Sioux Falls	DNF	2

=====  
 Men - Team Rankings - 19 Events Scored  
 =====

1) Minnesota State	200.16	2) Augustana	135
3) MSU-Moorhead	126	4) U-Mary	55.83
5) Concordia-St. Paul	51	6) Northern State	48.50
7) Wayne State	40	8) Minnesota-Duluth	26
9) Sioux Falls	25.50	10) Minot State	20
11) SW Minnesota St.	13		
12) Upper Iowa	0		

**2022 NSIC Track and Field Indoor Championship - 2/25/2022 to 2/26/2022****Hosted by Minnesota State Mankato****Myers Fieldhouse****Results****Event 1 Women Indoor Pentathlon**

-----  
 NSIC Record: \$ 3910 2010 Heather Miller, SCSU  
 Facility: % 4193 2012 Lindsay Lettow, Central Missouri  
 Name Year School Finals H# Points  
 -----

## Finals

1	Arika Robinson	JR Concordia-St. Paul	3623	10
2	Emily Swanson	FR Sioux Falls	3536	8
3	Kylee Sallee	FR Augustana	3335	6
4	Samantha Sunnarborg	SO Minnesota State	3321	5
5	Zoe Stone	JR Minnesota State	3262	4
6	Maria Pedroso	FR Augustana	3207	3
7	Kaye Paschka	SO Augustana	3119	2
8	Aneesa Tucker	SR Bemidji State	3092	1
9	Emily Curtice	SO Bemidji State	3017	
10	Tessa Schroeder	JR Msu-Moorhead	2936	
11	Jasmine Mlejnek	SO Minnesota State	2927	
12	Natalie Fultz	SO Bemidji State	2901	
13	Bryn London	JR Minnesota-Duluth	2831	
14	Sierra Sweeney	FR Northern State	2794	
15	Paige Bauer	FR Minnesota State	2765	
16	Jayda Becker	FR Augustana	2719	
17	Mickalyn Babock	SO Msu-Moorhead	2715	
18	Adla Serrao	SO Msu-Moorhead	2714	
19	Isadora Mickelson	SO SW Minnesota St.	2486	
20	Courtney Mensah	FR Concordia-St. Paul	2430	

**Event 1 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

-----  
 Name Year School Finals H# Points  
 -----

1	Emily Swanson	FR Sioux Falls	9.15	5	879
2	Arika Robinson	JR Concordia-St. Paul	9.16	5	877
3	Kaye Paschka	SO Augustana	9.21	5	867
4	Maria Pedroso	FR Augustana	9.44	4	820
5	Adla Serrao	SO Msu-Moorhead	9.55	4	798
6	Mickalyn Babock	SO Msu-Moorhead	9.58	1	792
7	Bryn London	JR Minnesota-Duluth	9.59	4	791
8	Kylee Sallee	FR Augustana	9.67	5	775
9	Aneesa Tucker	SR Bemidji State	9.77	3	756
10	Paige Bauer	FR Minnesota State	9.81	4	748
11	Emily Curtice	SO Bemidji State	9.84	1	742
12	Tessa Schroeder	JR Msu-Moorhead	9.88	3	735
13	Samantha Sunnarborg	SO Minnesota State	9.89	2	733
14	Zoe Stone	JR Minnesota State	9.90	3	731
15	Jayda Becker	FR Augustana	9.97	2	718
16	Sierra Sweeney	FR Northern State	9.98	2	716
17	Isadora Mickelson	SO SW Minnesota St.	10.01	3	710
18	Jasmine Mlejnek	SO Minnesota State	10.29	2	659
19	Natalie Fultz	SO Bemidji State	10.46	1	629
20	Courtney Mensah	FR Concordia-St. Paul	11.57	1	447



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**Results**

**....Event 1 Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

18	Sierra Sweeney	FR Northern State	1.37m	4-06.00	1	481
	1.28 1.31 1.34 1.37 1.40					
	--- O O XO XXX					
19	Isadora Mickelson	SO SW Minnesota St.	1.31m	4-03.50	1	419
	1.28 1.31 1.34					
	O O XXX					
19	Jayda Becker	FR Augustana	1.31m	4-03.50	1	419
	1.28 1.31 1.34					
	O XXO XXX					

**Event 1 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

Name	Year	School	Finals	H#	Points
1 Samantha Sunnarborg	SO	Minnesota State	11.49m	37-08.50	2 627
			11.26m 11.49m 11.27m		
2 Arika Robinson	JR	Concordia-St. Paul	11.10m	36-05.00	2 602
			10.71m 10.25m 11.10m		
3 Zoe Stone	JR	Minnesota State	11.06m	36-03.50	2 599
			11.06m 10.85m 9.71m		
3 Emily Curtice	SO	Bemidji State	11.06m	36-03.50	1 599
			10.62m 10.95m 11.06m		
5 Emily Swanson	FR	Sioux Falls	10.30m	33-09.50	2 549
			10.28m 9.86m 10.30m		
6 Kaye Paschka	SO	Augustana	10.29m	33-09.25	1 548
			10.29m 8.91m 9.02m		
7 Kylee Sallee	FR	Augustana	10.01m	32-10.25	2 530
			9.36m 10.01m 9.39m		
8 Bryn London	JR	Minnesota-Duluth	9.95m	32-07.75	2 526
			9.57m 9.83m 9.95m		
9 Maria Pedroso	FR	Augustana	9.67m	31-08.75	2 508
			8.71m 9.67m 9.58m		
10 Jasmine Mlejnek	SO	Minnesota State	9.58m	31-05.25	2 502
			9.58m 9.22m 9.32m		
11 Isadora Mickelson	SO	SW Minnesota St.	9.29m	30-05.75	1 483
			8.34m 9.04m 9.29m		
12 Adla Serrao	SO	Msu-Moorhead	9.24m	30-03.75	1 480
			9.24m 9.10m 8.70m		
13 Aneesa Tucker	SR	Bemidji State	9.06m	29-08.75	1 468
			8.10m 8.84m 9.06m		
14 Tessa Schroeder	JR	Msu-Moorhead	8.44m	27-08.25	2 428
			7.35m 7.98m 8.44m		
15 Paige Bauer	FR	Minnesota State	8.25m	27-01.00	1 416
			7.40m 8.25m 7.67m		
16 Natalie Fultz	SO	Bemidji State	7.98m	26-02.25	2 398
			7.57m 7.98m 7.95m		
17 Sierra Sweeney	FR	Northern State	7.85m	25-09.25	1 390
			7.63m 7.43m 7.85m		
18 Mickalyn Babock	SO	Msu-Moorhead	7.68m	25-02.50	1 379
			7.41m 7.15m 7.68m		
19 Courtney Mensah	FR	Concordia-St. Paul	7.16m	23-06.00	1 345
			7.16m 6.93m FOUL		
20 Jayda Becker	FR	Augustana	6.81m	22-04.25	1 323
			6.81m 6.55m 6.16m		

**2022 NSIC Track and Field Indoor Championship - 2/25/2022 to 2/26/2022****Hosted by Minnesota State Mankato****Myers Fieldhouse****Results****Event 1 Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

Name	Year	School	Finals	H#	Points
1 Kylee Sallee 5.57m 5.48m 5.40m	FR	Augustana	5.57m 18-03.25	2	720
2 Arika Robinson FOUL 5.33m 5.53m	JR	Concordia-St. Paul	5.53m 18-01.75	2	709
3 Paige Bauer 5.24m 5.14m 5.09m	FR	Minnesota State	5.24m 17-02.25	1	626
4 Sierra Sweeney 5.00m 5.14m 5.17m	FR	Northern State	5.17m 16-11.50	1	606
5 Maria Pedroso FOUL FOUL 5.14m	FR	Augustana	5.14m 16-10.50	2	598
6 Jasmine Mlejnek 4.98m 4.94m 5.06m	SO	Minnesota State	5.06m 16-07.25	2	576
7 Aneesa Tucker 5.05m 4.95m FOUL	SR	Bemidji State	5.05m 16-07.00	1	573
7 Jayda Becker FOUL 4.89m 5.05m	FR	Augustana	5.05m 16-07.00	1	573
9 Samantha Sunnarborg 5.04m 4.81m 5.04m	SO	Minnesota State	5.04m 16-06.50	2	570
10 Courtney Mensah 4.94m FOUL 4.86m	FR	Concordia-St. Paul	4.94m 16-02.50	1	543
11 Emily Curtice 4.74m 4.93m 4.87m	SO	Bemidji State	4.93m 16-02.25	1	540
12 Zoe Stone FOUL FOUL 4.90m	JR	Minnesota State	4.90m 16-01.00	2	532
13 Natalie Fultz FOUL 4.89m 4.67m	SO	Bemidji State	4.89m 16-00.50	2	530
13 Kaye Paschka FOUL 4.77m 4.89m	SO	Augustana	4.89m 16-00.50	1	530
15 Emily Swanson 4.76m FOUL 4.79m	FR	Sioux Falls	4.79m 15-08.75	2	503
16 Tessa Schroeder 4.67m 4.72m 4.78m	JR	Msu-Moorhead	4.78m 15-08.25	2	500
17 Mickalyn Babock 4.24m FOUL 4.73m	SO	Msu-Moorhead	4.73m 15-06.25	1	487
18 Bryn London 4.68m 4.68m 4.66m	JR	Minnesota-Duluth	4.68m 15-04.25	2	474
19 Adla Serrao FOUL 4.63m 4.61m	SO	Msu-Moorhead	4.63m 15-02.25	1	461
20 Isadora Mickelson FOUL 4.53m 4.48m	SO	SW Minnesota St.	4.53m 14-10.50	1	436

**Event 1 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

Name	Year	School	Finals	Points
1 Emily Swanson	FR	Sioux Falls	2:25.53	750
2 Aneesa Tucker	SR	Bemidji State	2:27.99	718
3 Jayda Becker	FR	Augustana	2:30.54	686
4 Samantha Sunnarborg	SO	Minnesota State	2:31.09	679
5 Natalie Fultz	SO	Bemidji State	2:32.18	666
6 Arika Robinson	JR	Concordia-St. Paul	2:33.33	652
7 Kylee Sallee	FR	Augustana	2:34.99	632

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**....Event 1 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

8	Tessa Schroeder	JR Msu-Moorhead	2:35.24	629
9	Sierra Sweeney	FR Northern State	2:37.55	601
10	Emily Curtice	SO Bemidji State	2:38.34	592
11	Maria Pedroso	FR Augustana	2:40.37	569
12	Zoe Stone	JR Minnesota State	2:42.47	545
13	Courtney Mensah	FR Concordia-St. Paul	2:44.88	518
14	Kaye Paschka	SO Augustana	2:46.91	496
15	Jasmine Mlejnek	SO Minnesota State	2:48.61	478
16	Adla Serrao	SO Msu-Moorhead	2:50.06	463
17	Mickalyn Babock	SO Msu-Moorhead	2:51.57	447
18	Isadora Mickelson	SO SW Minnesota St.	2:52.45	438
19	Paige Bauer	FR Minnesota State	2:53.17	431
20	Bryn London	JR Minnesota-Duluth	2:56.79	396

**Event 3 Women 1 Mile Run**

=====  
 NSIC Record: \$ 4:41.88 2017 Emily Trost, UMD  
 Facility: % 4:41.88 2017 Emilee Trost, Minnesota Duluth  
 Name Year School Finals H# Points  
 =====

1	Nicolette Schmidt	JR Augustana	4:50.34	2	10
2	Kaylee Beyer	SO Winona State	4:50.74	2	8
3	PJ English	JR Augustana	4:50.83	2	6
4	Taylor Hestekin	SR U-Mary	4:52.41	2	5
5	Amanda Montplaisir	JR Minnesota State	4:59.32	2	4
6	Josie Bond	FR Minnesota-Duluth	5:02.08	2	3
7	Reid Shiland	JR U-Mary	5:02.76	2	2
8	Morgan Gehl	FR Sioux Falls	5:03.03	2	1
9	Taryn Ceglowski	SR U-Mary	5:03.39	2	
10	Mia Salas	SO Augustana	5:07.96	1	
11	Mallory Delmont	FR Augustana	5:08.59	2	
12	Khot Juac	FR Sioux Falls	5:10.33	2	
13	Taylor Melton	FR Augustana	5:10.67	2	
14	Mariah Haight	SR Augustana	5:16.30	1	
15	Aislin Anderson	SO Msu-Moorhead	5:21.08	1	
16	Mary Goodwin	SO Bemidji State	5:21.28	1	
17	Ashlin Young	FR Minnesota State	5:31.09	1	

**Event 5 Women 60 Meter Hurdles**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

=====  
 NSIC Record: \$ 8.23 2/25/2022 Denisha Cartwright, Minnesota St  
 Facility: % 8.18 2012 Raven Clay, Findlay  
 Name Year School Prelims H#  
 =====

**Preliminaries**

1	Denisha Cartwright	SO Minnesota State	\$ 8.23Q	1
2	Shanice Burrell	SR Northern State	8.70Q	2
3	Tereza Bolibruch	SR U-Mary	8.88Q	3
4	Christabelle Mulcahy	SR Concordia-St. Paul	8.77q	2
5	Kynnedi Malone	FR Minnesota State	8.80q	2
6	Isatu Shirek	SO SW Minnesota St.	8.96q	3 8.951
7	Mackenzie Keune	SR Minnesota State	8.96q	3 8.952
8	Nyanas Kur	FR Augustana	9.04q	1

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**....Event 5 Women 60 Meter Hurdles**

9	Xana Leum	SO Winona State	9.05	1
10	Paige Ziegler	SO Msu-Moorhead	9.07	3
11	Lyric Brennen	FR Minnesota State	9.08	1
12	Megan Hansen	SO Wayne State	9.12	2
13	Hanna Reichenberger	FR Winona State	9.19	3
14	Shelby Romig	FR St. Cloud State	9.25	2
15	Dynia Lewis	FR Bemidji State	9.27	1
16	Renea Taylor	FR Northern State	9.29	3
17	Kylee Becker	FR Winona State	9.39	2
18	Megan Gilles	SO Minnesota-Duluth	9.50	1
19	Anna Langseth	FR Augustana	9.51	2
20	Tia Horning	FR U-Mary	10.49	1

**Event 5 Women 60 Meter Hurdles**

=====  
 NSIC Record: \$ 8.23 2/25/2022 Denisha Cartwright, Minnesota State  
 Facility: % 8.18 2012 Raven Clay, Findlay

Name	Year	School	Finals	Points
=====				
Finals				
1		Denisha Cartwright	SO Minnesota State	8.24 10
2		Shanice Burrell	SR Northern State	8.58 8
3		Tereza Bolibruch	SR U-Mary	8.65 6
4		Isatu Shirek	SO SW Minnesota St.	8.71 5 8.702
5		Kynnedi Malone	FR Minnesota State	8.71 4 8.708
6		Christabelle Mulcahy	SR Concordia-St. Paul	8.80 3
7		Mackenzie Keune	SR Minnesota State	8.95 2

**Event 7 Women 400 Meter Dash**

**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====  
 NSIC Record: \$ 54.94 2/26/2022 Shereen Vallabouy, Winona State  
 Facility: % 54.70 2012 Kelly Shaw, St. Augustine's

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1		Shereen Vallabouy	JR Winona State	56.25Q 1
2		Brooklyn Schyvinck	JR Winona State	56.45Q 2
3		Sherona Stewart	SR Minnesota State	58.55Q 3
4		Maddie Stevens	FR Upper Iowa	57.88Q 1
5		Rose Gaye	JR Minnesota State	57.89Q 2
6		Mackenzie Woodard	SR Minnesota State	59.66Q 3
7		Rose Cramer	SO Minnesota State	57.90q 1
8		Renea Taylor	FR Northern State	58.07q 2
9		Danalee Brock	FR U-Mary	58.58 2
10		Emma Borowicz	FR Minnesota State	59.39 1
11		Janice Cole	JR Bemidji State	59.55 1
12		Rachel Myers	FR Bemidji State	59.79 2
13		Dyashia Colvin	JR Minnesota State	59.85 1
14		Sierra Clifford	FR SW Minnesota St.	59.95 3
15		Ella Heinitz	FR Augustana	1:00.11 3
16		Cece Lewis	SO Concordia-St. Paul	1:00.15 2
17		Brooklyn Brouse	FR St. Cloud State	1:00.16 3
18		Lainey Lipschultz	FR Winona State	1:00.32 1

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**....Event 7 Women 400 Meter Dash**

19 Makaylin Christenson	FR St. Cloud State	1:00.97	2
-- Robynn Rolle-Curry	SO Msu-Moorhead	DQ	3

**Event 7 Women 400 Meter Dash**

=====  
 NSIC Record: \$ 54.94 2/26/2022 Shereen Vallabouy, Winona State  
 Facility: % 54.70 2012 Kelly Shaw, St. Augustine's

Name	Year School	Finals	Points
------	-------------	--------	--------

=====

Finals

1 Shereen Vallabouy	JR Winona State	54.94\$	10
2 Sherona Stewart	SR Minnesota State	56.31	8
3 Brooklyn Schyvinck	JR Winona State	56.41	6
4 Rose Cramer	SO Minnesota State	57.48	5
5 Rose Gaye	JR Minnesota State	57.89	4
6 Maddie Stevens	FR Upper Iowa	57.98	3
7 Renea Taylor	FR Northern State	58.17	2
8 Mackenzie Woodard	SR Minnesota State	58.32	1

**Event 9 Women 600 Meter Run**

**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

=====  
 NSIC Record: \$ 1:32.41 2017 Emily Trost, UMD  
 Facility: % 1:33.93 2016 Haley Kruger, Minnesota State

Name	Year School	Prelims	H#
------	-------------	---------	----

=====

Preliminaries

1 Ava Grimm	JR U-Mary	1:36.15Q	1
2 Kendall Zeman	JR Winona State	1:36.56Q	2
3 Haleigh Reindl	SR Minnesota-Duluth	1:37.57Q	4
4 Maryse Mbenoun	SR Bemidji State	1:37.90Q	3
5 Sydney Jackson	FR Concordia-St. Paul	1:37.27q	1
6 Savannah Schley	FR Minnesota-Duluth	1:37.92q	4
7 Noa Marteau	FR Augustana	1:38.54q	2
8 Summer Carlson	FR Northern State	1:38.63q	1
9 Grace Acheson	JR U-Mary	1:39.60	3
10 Emily Beckmann	JR Minnesota State	1:40.07	2
11 Alaina Steele	FR Minnesota-Duluth	1:40.13	4
12 Kaitlyn Mulder	JR Augustana	1:41.63	3
13 Molly Boyum	JR Augustana	1:42.95	4
14 Emily Hansen	FR Minot State	1:43.17	2
15 Brycelyn Hanson	FR SW Minnesota St.	1:43.27	3
16 Rebekah Muhlenkamp	FR Minnesota-Duluth	1:43.41	1
17 Caitlyn Regan	JR SW Minnesota St.	1:43.57	1
18 Destiny Mattingly	FR Concordia-St. Paul	1:44.69	4
19 Madelyn Skjeveland	FR Minnesota State	1:45.36	3
20 Jaid Perry	SO Concordia-St. Paul	1:46.61	4
-- Elizabeth Schmidt	FR Augustana	DQ	2

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**Results**

**Event 9 Women 600 Meter Run**

NSIC Record: \$ 1:32.41 2017 Emily Trost, UMD  
 Facility: % 1:33.93 2016 Haley Kruger, Minnesota State

Name	Year	School	Finals	Points
Finals				
1 Ava Grimm	JR	U-Mary	1:33.50%	10
2 Kendall Zeman	JR	Winona State	1:35.65	8
3 Haleigh Reindl	SR	Minnesota-Duluth	1:36.85	6
4 Savannah Schley	FR	Minnesota-Duluth	1:36.88	5
5 Sydney Jackson	FR	Concordia-St. Paul	1:37.40	4
6 Maryse Mbenoun	SR	Bemidji State	1:38.30	3
7 Noa Marteau	FR	Augustana	1:38.82	2
8 Summer Carlson	FR	Northern State	1:40.95	1

**Event 11 Women 60 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

NSIC Record: \$ 7.32 2/26/2022 Makayla Jackson, Minnesota State  
 Facility: % 7.23 2022 Kiara Parker, ASICS

Name	Year	School	Prelims	H#
Preliminaries				
1 Makayla Jackson	SO	Minnesota State	7.36Q	1
2 Denisha Cartwright	SO	Minnesota State	7.38Q	2
3 Ja'Cey Simmons	SO	Minnesota State	7.65Q	3
4 Kanya Henderson	JR	Sioux Falls	7.61q	1
5 Kary Petricka	SO	Minnesota State	7.69q	1
6 Caitlyn Jones	SO	Minnesota State	7.73q	3
7 Samoya Neil	FR	U-Mary	7.74q	3
8 Mariah Williams	SO	Minnesota State	7.78q	2
9 Aaliyah Guy	FR	Minnesota State	7.79	3
10 Nyanas Kur	FR	Augustana	7.87	2
11 Emma Hodapp	FR	Minnesota State	7.94	1
12 Shackera Douglas	FR	Bemidji State	7.98	1
13 Kendra Ekereke	SO	Bemidji State	8.01	3
14 Taytum Klink	FR	SW Minnesota St.	8.04	2
15 Beatrice Kjelland	JR	Bemidji State	8.06	2
16 Maya Couch	FR	Wayne State	8.12	1
17 Lindsey Root	FR	Minnesota-Duluth	8.21	1
18 Sarah Hill	SR	Bemidji State	8.33	3
-- Alaina Hall	SO	Bemidji State	FS	2

**Event 11 Women 60 Meter Dash**

NSIC Record: \$ 7.32 2/26/2022 Makayla Jackson, Minnesota State  
 Facility: % 7.23 2022 Kiara Parker, ASICS

Name	Year	School	Finals	Points
Finals				
1 Makayla Jackson	SO	Minnesota State	7.32\$	10
2 Denisha Cartwright	SO	Minnesota State	7.36	8
3 Ja'Cey Simmons	SO	Minnesota State	7.59	6
4 Kanya Henderson	JR	Sioux Falls	7.67	5
5 Caitlyn Jones	SO	Minnesota State	7.70	4

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**....Event 11 Women 60 Meter Dash**

6	Kary Petricka	SO Minnesota State	7.71	3
7	Samoya Neil	FR U-Mary	7.76	2
8	Mariah Williams	SO Minnesota State	7.87	1

**Event 13 Women 800 Meter Run**

**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

=====  
 NSIC Record: \$ 2:11.11 2019 Monique McPherson, MARY  
 Facility: % 2:09.15 2012 Amanda Putt, Hillsdale  
 Name Year School Prelims H#  
 =====

Preliminaries

1	Cami Streff	SO Augustana	2:16.14Q	1
2	Elizabeth Acheson	JR U-Mary	2:18.04Q	2
3	Isabelle Brezinka	SR Minnesota-Duluth	2:16.20Q	1
4	Caroline Sudbeck	SO Augustana	2:18.29Q	2
5	Kaylee Beyer	SO Winona State	2:16.40q	1
6	Courtney Dembrowski	SR U-Mary	2:18.49q	2
7	Marissa Ellenbecker	FR Minnesota State	2:19.29q	1
8	Rachael Neu	FR U-Mary	2:19.52q	2
9	Rachel Boelke	SO Minnesota-Duluth	2:22.08	2
10	Makayla Bishop	FR Minnesota State	2:22.82	2
11	Annika Aho	SO Sioux Falls	2:23.47	1
12	Isabella D'Burke	SO Concordia-St. Paul	2:24.22	1
13	McKenzie Maki	JR Msu-Moorhead	2:32.56	2
14	Jennifer Clark	JR Northern State	2:33.37	1

**Event 13 Women 800 Meter Run**

=====  
 NSIC Record: \$ 2:11.11 2019 Monique McPherson, MARY  
 Facility: % 2:09.15 2012 Amanda Putt, Hillsdale  
 Name Year School Finals Points  
 =====

Finals

1	Elizabeth Acheson	JR U-Mary	2:11.39	10
2	Cami Streff	SO Augustana	2:12.52	8
3	Kaylee Beyer	SO Winona State	2:14.19	6
4	Courtney Dembrowski	SR U-Mary	2:14.28	5
5	Caroline Sudbeck	SO Augustana	2:14.47	4
6	Isabelle Brezinka	SR Minnesota-Duluth	2:14.82	3
7	Marissa Ellenbecker	FR Minnesota State	2:19.51	2
8	Rachael Neu	FR U-Mary	2:20.11	1

**Event 15 Women 1000 Meter Run**

**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====  
 NSIC Record: \$ 2:48.97 2016 Emily Trost, UMD  
 Facility: % 2:48.97 2016 Emilee Trost, Minnesota Duluth  
 Name Year School Prelims H#  
 =====

Preliminaries

1	Haylee Waterfall	JR Augustana	2:59.26Q	1
2	Taryn Ceglowski	SR U-Mary	3:01.21Q	3
3	PJ English	JR Augustana	3:04.28Q	2

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**Results**

**....Event 15 Women 1000 Meter Run**

4	Mia Salas	SO Augustana	2:59.34Q	1
5	Mary Franssen	SO Northern State	3:03.53Q	3
6	Taylor Hestekin	SR U-Mary	3:04.48Q	2
7	MaKenna Thurston	SO Minnesota State	2:59.95q	1
8	Mackenzie Gaherty	JR Minnesota State	3:03.50q	1
9	Francine Seidel	SO Minnesota-Duluth	3:04.77	3
10	Gracie Bucher	FR Sioux Falls	3:04.86	2
11	Tianna Voigt	JR Sioux Falls	3:04.90	2
12	Alicia Murillo	SO Minot State	3:05.29	2
13	Cassidy O'Meara	SO Sioux Falls	3:05.78	3
14	Skylar Bragg	SO Minnesota State	3:05.79	3
15	Clara Welhouse	JR St. Cloud State	3:10.62	2
16	Kristine Kalthoff	FR U-Mary	3:10.89	1
17	Allie Rosener	SR Wayne State	3:12.09	3
18	Ryne Prigge	SR Bemidji State	3:12.25	1

**Event 15 Women 1000 Meter Run**

=====  
 NSIC Record: \$ 2:48.97 2016 Emily Trost, UMD  
 Facility: % 2:48.97 2016 Emilee Trost, Minnesota Duluth  
 Name Year School Finals Points  
 =====

Finals

1	PJ English	JR Augustana	2:54.48	10
2	Taylor Hestekin	SR U-Mary	2:55.91	8
3	Mia Salas	SO Augustana	2:57.82	6
4	MaKenna Thurston	SO Minnesota State	2:58.01	5
5	Taryn Ceglowski	SR U-Mary	2:58.86	4
6	Haylee Waterfall	JR Augustana	2:59.58	3
7	Mary Franssen	SO Northern State	3:01.68	2
8	Mackenzie Gaherty	JR Minnesota State	3:03.53	1

**Event 17 Women 200 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

=====  
 NSIC Record: \$ 24.47  
 NSIC Record: \$ 24.22 2/26/2022 Denisha Cartwright, Minnesota St  
 Facility: % 23.88 2022 Kiara Parker, ASICS  
 Name Year School Prelims H#  
 =====

Preliminaries

1	Denisha Cartwright	SO Minnesota State	\$ 24.36Q	1
2	Ja'Cey Simmons	SO Minnesota State	24.65Q	2
3	Makayla Jackson	SO Minnesota State	24.69Q	4
4	Rose Cramer	SO Minnesota State	24.75Q	3
5	Sherona Stewart	SR Minnesota State	25.15q	4
6	Brooklyn Schyvinck	JR Winona State	25.16q	3
7	Michaela Pryor	JR Winona State	25.25q	1
8	Robynn Rolle-Curry	SO Msu-Moorhead	25.27q	1
9	Kanya Henderson	JR Sioux Falls	25.53	2
10	Maddy Pietz	JR Winona State	25.54	1
11	Renea Taylor	FR Northern State	25.56	3
12	Rose Gaye	JR Minnesota State	25.59	1
13	Nyanas Kur	FR Augustana	25.62	4

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14 Aaliyah Guy	FR Minnesota State	25.67	2	25.662
15 Maddie Stevens	FR Upper Iowa	25.67	3	25.667
16 Akela White	FR Minnesota State	25.74	2	
17 Carson Fields	SR Minnesota State	25.90	2	
18 Alaina Hall	SO Bemidji State	26.09	3	
19 Caitlyn Jones	SO Minnesota State	26.10	4	
20 Kendra Ekereke	SO Bemidji State	26.17	4	
21 Shackera Douglas	FR Bemidji State	26.67	3	
22 Lauryn Samuel	SO Concordia-St. Paul	26.71	4	

**Event 17 Women 200 Meter Dash**

NSIC Record: \$ 24.47

NSIC Record: \$ 24.22 2/26/2022 Denisha Cartwright, Minnesota State

Facility: % 23.88 2022 Kiara Parker, ASICS

Name	Year School	Finals	Points
=====			
Finals			
1 Denisha Cartwright	SO Minnesota State	24.22\$	10
2 Makayla Jackson	SO Minnesota State	24.54	8
3 Rose Cramer	SO Minnesota State	24.67	6
4 Ja'Cey Simmons	SO Minnesota State	24.75	5
5 Sherona Stewart	SR Minnesota State	25.01	4
6 Brooklyn Schyvinck	JR Winona State	25.06	3
7 Robynn Rolle-Curry	SO Msu-Moorhead	25.36	2
8 Michaela Pryor	JR Winona State	25.79	1

**Event 19 Women 5000 Meter Run**

NSIC Record: \$ 16:27.92 2017 Alexis Zeis, MARY

Facility: % 16:07.28 2012 Rachel Patterson, Grand Valley State

Name	Year School	Finals	H#	Points
=====				
1 Lindsay Cunningham	FR Winona State	16:33.71	2	10
2 Julia Nielsen	JR Minnesota-Duluth	17:14.62	2	8
3 Alyssa Becker	FR U-Mary	17:14.79	1	6
4 Cait Savey	SR Augustana	17:25.19	2	5
5 Megan Means	JR Augustana	17:33.47	2	4
6 Megan Mooberry	SR Northern State	17:35.31	2	3
7 Starlynn Costa	JR U-Mary	17:36.39	2	2
8 Lacey Feist	SR U-Mary	17:37.34	2	1
9 Caitlin Cornell	FR Minot State	17:39.19	2	
10 Andrijana Fundak	FR U-Mary	17:46.79	2	
11 Alli Hendrickson	JR Winona State	17:51.20	2	
12 Abigail Jones	JR U-Mary	17:55.49	1	
13 Alexandra Robran	SR Minnesota-Duluth	17:55.78	2	
14 Payton Lane	SO Msu-Moorhead	17:56.99	1	
15 Megan Pickering	FR Northern State	18:06.54	2	
16 Claire Boersma	SR Augustana	18:07.54	2	
17 Rebekah Rairdon	SR Augustana	18:09.53	2	
18 Rachel Rairdon	SR Augustana	18:10.97	1	
19 Ana McCabe	SO Augustana	18:14.11	2	
20 Paulette Dominguez	FR Minot State	18:30.94	1	
21 Anna Palodichuk	JR Minnesota-Duluth	18:36.00	1	

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22	Kayleigh Whipps	JR	Sioux Falls	18:38.90	1
23	Karlee Simmons	SO	Sioux Falls	18:41.19	1
24	Jessica Lutmer	FR	Sioux Falls	18:52.88	1
25	Ashlin Young	FR	Minnesota State	18:52.96	1
26	Victoria Kolbinger	FR	Northern State	18:54.72	1
27	Greta Freed	FR	St. Cloud State	19:16.14	1
28	Kenzie Hamann	FR	Northern State	19:34.64	1
29	Brooke Solomon	SO	Wayne State	19:56.61	1

**Event 21 Women 4x400 Meter Relay**

NSIC Record: \$ 3:47.46 2017 U-Mary  
 J.Hammerschmidt,M.Bolibruch,N.Richards,T.Pandohie  
 Facility: % 3:44.56 2008 , S. Illinois-Edwardsville  
 Alrich, Ellis, Royston, Brown

School	Finals	H#	Points
1 Winona State	3:51.40	3	10
1) Kendall Zeman JR	2) Maddy Pietz JR		
3) Brooklyn Schyvinck JR	4) Shereen Vallabouy JR		
2 U-Mary	3:54.43	3	8
1) Danalee Brock FR	2) Morgan Hertz SO		
3) Ava Grimm JR	4) Elizabeth Acheson JR		
3 Minnesota State	3:55.01	3	6
1) Rose Gaye JR	2) Rose Cramer SO		
3) Emma Borowicz FR	4) Sherona Stewart SR		
4 Bemidji State	3:57.09	3	5
1) Rachel Myers FR	2) Janice Cole JR		
3) Maryse Mbenoun SR	4) Abby Syverson SO		
5 Augustana	3:58.48	3	4
1) Ella Heinitz FR	2) Cami Streff SO		
3) Noa Marteau FR	4) Caroline Sudbeck SO		
6 Minnesota-Duluth	4:01.21	2	3
1) Rachel Boelke SO	2) Megan Gilles SO		
3) Savannah Schley FR	4) Isabelle Brezinka SR		
7 Concordia-St. Paul	4:02.73	2	2
1) Cece Lewis SO	2) Christabelle Mulcahy SR		
3) Isabella D'Burke SO	4) Sydney Jackson FR		
8 St. Cloud State	4:02.95	2	1
1) Cassidy Lackovic JR	2) Brooklyn Brouse FR		
3) Makaylin Christenson FR	4) Marianna Guerra-Reese FR		
9 SW Minnesota St.	4:03.97	2	
1) Sierra Clifford FR	2) Leah Tietjens FR		
3) Brycelyn Hanson FR	4) Isatu Shirek SO		
10 Northern State	4:04.26	2	
1) Isabel Kinzer SR	2) Shanice Burrell SR		
3) Makenna Larson FR	4) Renea Taylor FR		
11 Sioux Falls	4:07.32	1	
1) Emma Kenkel JR	2) Olivia Baumberger FR		
3) Cassidy O'Meara SO	4) Tianna Voigt JR		
12 Upper Iowa	4:08.71	1	
1) Zakaria Fuller JR	2) Maddie Stevens FR		
3) Jade Martin JR	4) Brianna Crouch SR		
13 Msu-Moorhead	4:09.00	1	

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**....Event 21 Women 4x400 Meter Relay**

1) Robynn Rolle-Curry SO	2) McKenzie Maki JR		
3) Sophia Sowada JR	4) Tessa Schroeder JR		
14 Wayne State		4:10.43	1
1) Emily Erickson FR	2) Sarah Cotton SO		
3) Lauryn Hoffman FR	4) Kevona Brown FR		

**Event 23 Women Distance Medley**

=====			
NSIC Record: \$ 11:51.62	2020	Augustana, AUGIE	
		C Rahn, M Beckius, E Tromp, P English	
Facility: % 11:23.35	2012	, Grand Valley State	
		Graney, Hess, Galasso, Patterson	
School		Finals	Points
=====			
1 Augustana		11:57.90	10
1) Cami Streff SO	2) Kaitlyn Mulder JR		
3) Caroline Sudbeck SO	4) Nicolette Schmidt JR		
2 Minnesota State		12:01.20	8
1) MaKenna Thurston SO	2) Emma Borowicz FR		
3) Makayla Bishop FR	4) Amanda Montplaisir JR		
3 Minnesota-Duluth		12:01.58	6
1) Morgan Radel SR	2) Rachel Boelke SO		
3) Isabelle Brezinka SR	4) Josie Bond FR		
4 U-Mary		12:02.72	5
1) Kristine Kalthoff FR	2) Morgan Hertz SO		
3) Courtney Dembrowski SR	4) Reid Shiland JR		
5 Sioux Falls		12:06.02	4
1) Khot Juac FR	2) Emma Kenkel JR		
3) Cassidy O'Meara SO	4) Morgan Gehl FR		
6 Northern State		12:29.76	3
1) Mary Franssen SO	2) Jennifer Clark JR		
3) Isabel Kinzer SR	4) Megan Pickering FR		
7 Minot State		12:33.35	2
1) Alicia Murillo SO	2) Sidra Sadowsky FR		
3) Emily Hansen FR	4) Caitlin Cornell FR		
8 St. Cloud State		12:42.43	1
1) Clara Welhouse JR	2) Cassidy Lackovic JR		
3) Allie Butte FR	4) Greta Freed FR		
9 Bemidji State		12:42.44	
1) Ryne Prigge SR	2) Skyler Tillery FR		
3) Abby Syverson SO	4) Mary Goodwin SO		
10 Winona State		12:52.29	
1) Sophia Taarud FR	2) Lainey Lipschultz FR		
3) Sylvia Hansen FR	4) Rachel Hoffman SO		
11 Wayne State		12:56.64	
1) Allie Rosener SR	2) Sarah Cotton SO		
3) Alison Stineman SO	4) Kelsey Larsen SO		
12 Msu-Moorhead		13:25.46	
1) Grace Dorsher FR	2) Sophia Sowada JR		
3) McKenzie Maki JR	4) Aislin Anderson SO		

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**Event 25 Women High Jump**

=====										
NSIC Record: \$ 1.78m		2/25/2022		Arika Robinson, Concordia-St. Pa						
Facility: % 1.86m		2012		Babara Szabo, Western State						
Name	Year	School	Finals					Points	=====	
1 Arika Robinson		JR Concordia-St. Paul	1.78m\$	5-10.00	10					
	1.51	1.56	1.61	1.64	1.67	1.70	1.73	1.78	1.83	
	---	---	---	0	XO	0	0	0	XXX	
2 Emily Swanson		FR Sioux Falls	1.70m	5-07.00	8					
	1.51	1.56	1.61	1.64	1.67	1.70	1.73			
	0	XO	0	XO	XO	XXO	XXX			
3 Rachel Schumacher		SR Msu-Moorhead	1.67m	5-05.75	6					
	1.51	1.56	1.61	1.64	1.67	1.70				
	---	0	0	0	0	XXX				
4 Taylor Elliott		SR Minnesota State	1.67m	5-05.75	5					
	1.51	1.56	1.61	1.64	1.67	1.70				
	---	0	0	XXO	0	XXX				
5 Zoe Stone		JR Minnesota State	1.67m	5-05.75	4					
	1.51	1.56	1.61	1.64	1.67	1.70				
	---	0	0	XXO	XO	XXX				
6 D'Andra Morris		SR U-Mary	1.64m	5-04.50	3					
	1.51	1.56	1.61	1.64	1.67					
	---	0	0	0	XXX					
7 Ella Paaverud		SO Concordia-St. Paul	1.64m	5-04.50	1					
	1.51	1.56	1.61	1.64	1.67					
	---	0	0	XO	XXX					
7 Mearah Miedema		SR Augustana	1.64m	5-04.50	1					
	1.51	1.56	1.61	1.64	1.67					
	---	0	0	XO	XXX					
7 Madison Rizner		JR Winona State	1.64m	5-04.50	1					
	1.51	1.56	1.61	1.64	1.67					
	0	0	0	XO	XXX					
10 Abbi Webb		FR Sioux Falls	1.64m	5-04.50						
	1.51	1.56	1.61	1.64	1.67					
	0	XO	0	XO	XXX					
11 Tava Berg		JR Northern State	1.61m	5-03.25						
	1.51	1.56	1.61	1.64						
	0	0	0	XXX						
12 Kaylee Olson		SO Winona State	1.61m	5-03.25						
	1.51	1.56	1.61	1.64						
	0	XO	0	XXX						
13 Emily Jones		FR Minnesota-Duluth	1.61m	5-03.25						
	1.51	1.56	1.61	1.64						
	0	XO	XO	XXX						
13 Julia Rowles		SO St. Cloud State	1.61m	5-03.25						
	1.51	1.56	1.61	1.64						
	0	XO	XO	XXX						
15 Antonia Genet		SO U-Mary	1.61m	5-03.25						
	1.51	1.56	1.61	1.64						
	---	0	XXO	XXX						
16 Ashley Cridlebaugh		FR Minnesota State	1.56m	5-01.25						
	1.51	1.56	1.61							
	0	0	XXX							

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**....Event 25 Women High Jump**

16 Leah Tietjens	FR SW Minnesota St.	1.56m	5-01.25
1.51 1.56 1.61			
0 0 XXX			
16 Caitlin Pritchett	JR Msu-Moorhead	1.56m	5-01.25
1.51 1.56 1.61			
0 0 XXX			
16 Toryn Richards	FR Minnesota State	1.56m	5-01.25
1.51 1.56 1.61			
0 0 XXX			
16 Jordan Tschumperlin	FR Northern State	1.56m	5-01.25
1.51 1.56 1.61			
0 0 XXX			
16 Jasmine Mlejnek	SO Minnesota State	1.56m	5-01.25
1.51 1.56 1.61			
0 0 XXX			
22 Natalie Fultz	SO Bemidji State	1.56m	5-01.25
1.51 1.56 1.61			
0 XO XXX			
22 Teya Langston	SR Minnesota State	1.56m	5-01.25
1.51 1.56 1.61			
--- XO XXX			
24 Samantha Sunnarborg	SO Minnesota State	1.51m	4-11.50
1.51 1.56			
XO XXX			
24 Rainbow Stands	FR SW Minnesota St.	1.51m	4-11.50
1.51 1.56			
XO XXX			
24 Olivia Solis	FR Minnesota State	1.51m	4-11.50
1.51 1.56			
XO XXX			
-- Avery Bartunek	FR Sioux Falls	NH	
1.51			
XXX			
-- Stella Anderson	FR SW Minnesota St.	NH	
1.51			
XXX			
-- Lauren Preiner	FR Minnesota State	NH	
1.51			
XXX			

**Event 27 Women Pole Vault**

=====									
NSIC Record: \$ 4.32m		2017		Courtney Crandall, USF					
Facility: % 4.32m		2017		Courtney Crandall, University of Sioux Falls					
Name	Year	School	Finals	Points					
=====									
1 Paige Hickson		FR Minnesota State	3.81m	12-06.00	10	Jump Off			
2.96 3.11 3.26	3.41	3.56	3.71	3.81	3.91				
---	---	---	0	0	XO	0	XXX		
2 Ashley Hokanson		FR Msu-Moorhead	3.81m	12-06.00	8	Jump Off			
2.96 3.11 3.26	3.41	3.56	3.71	3.81	3.91				
---	---	---	---	XO	0	0	XXX		

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3	Kealy Hill	JR Northern State	3.71m	12-02.00	6
	2.96 3.11 3.26 3.41 3.56 3.71 3.81				
	--- 0 0 XO 0 XO XXX				
4	Paige Bauer	FR Minnesota State	3.71m	12-02.00	5
	2.96 3.11 3.26 3.41 3.56 3.71 3.81				
	--- --- 0 XXO 0 XO XXX				
5	Addie Schipper	JR Minnesota State	3.71m	12-02.00	4
	2.96 3.11 3.26 3.41 3.56 3.71 3.81				
	--- 0 0 XO 0 XXO XXX				
6	Christine Dennison	JR Minnesota State	3.56m	11-08.00	3
	2.96 3.11 3.26 3.41 3.56 3.71				
	--- --- --- --- XXO XXX				
7	Sofia Dodge	SO Concordia-St. Paul	3.41m	11-02.25	2
	2.96 3.11 3.26 3.41 3.56				
	--- XXO XO XXO XXX				
8	Anna Schmidt	FR Augustana	3.26m	10-08.25	0.33
	2.96 3.11 3.26 3.41				
	0 0 0 XXX				
8	Shealyn Tom	FR SW Minnesota St.	3.26m	10-08.25	0.33
	2.96 3.11 3.26 3.41				
	0 0 0 XXX				
8	Anastasia Klein	JR Bemidji State	3.26m	10-08.25	0.33
	2.96 3.11 3.26 3.41				
	0 0 0 XXX				
11	Kenzee Danielson	FR Northern State	3.26m	10-08.25	
	2.96 3.11 3.26 3.41				
	--- 0 XXO XXX				
12	Megan Judge	SO Bemidji State	3.11m	10-02.50	
	2.96 3.11 3.26				
	0 0 XXX				
12	Toryn Richards	FR Minnesota State	3.11m	10-02.50	
	2.96 3.11 3.26				
	--- 0 XXX				
12	Sydney Bahls	JR Msu-Moorhead	3.11m	10-02.50	
	2.96 3.11 3.26				
	0 0 XXX				
12	Micah Zaemisch	FR Minnesota State	3.11m	10-02.50	
	2.96 3.11 3.26				
	--- 0 XXX				
12	Logan Kuskie	FR Minnesota State	3.11m	10-02.50	
	2.96 3.11 3.26				
	0 0 XXX				
17	Madyson Johnstone	FR Minnesota State	3.11m	10-02.50	
	2.96 3.11 3.26				
	XXO 0 XXX				
18	Olivia Olson	FR Bemidji State	2.96m	9-08.50	
	2.96 3.11				
	0 XXX				
18	McKenna Comstock	FR Sioux Falls	2.96m	9-08.50	
	2.96 3.11				
	0 XXX				
18	Sabrina Segar	FR Minnesota-Duluth	2.96m	9-08.50	
	2.96 3.11				
	0 XXX				

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**....Event 27 Women Pole Vault**

18 Ashley Lawrence	SO Minnesota-Duluth	2.96m	9-08.50
2.96 3.11			
O XXX			
22 Eden Worden	SO Minnesota-Duluth	2.96m	9-08.50
2.96 3.11			
XO XXX			
-- MaKenzie Adams	FR Sioux Falls	NH	
2.96			
XXX			
-- Greta Snaza	FR Sioux Falls	NH	
2.96			
XXX			
-- Callie Reintsma	FR Concordia-St. Paul	NH	
2.96			
XXX			
-- Makenna Glanzer	FR SW Minnesota St.	NH	
2.96			
XXX			

**Event 29 Women Long Jump**

=====									
NSIC Record: \$ 6.04m		2/25/2022		Makayla Jackson, Minnesota State					
Facility: % 6.26m		2012		Jillisa Grant, New Mexico Highlands					
Name	Year	School			Finals		H#	Points	
=====									
1 Makayla Jackson	SO	Minnesota State			6.04m\$	19-09.75	2	10	
FOUL	5.90m	6.04m	5.99m	5.81m	5.96m				
2 Kary Petricka	SO	Minnesota State			5.97m	19-07.00	2	8	
FOUL	FOUL	5.95m	5.86m	5.97m	5.82m				
3 Arianna Passeri	JR	U-Mary			5.89m	19-04.00	2	6	
5.69m	5.79m	5.86m	5.77m	5.89m	FOUL				
4 D'Andra Morris	SR	U-Mary			5.88m	19-03.50	2	5	
5.86m	5.88m	5.71m	5.57m	5.76m	5.84m				
5 Samoya Neil	FR	U-Mary			5.88m	19-03.50	2	4	
5.79m	5.88m	5.79m	5.75m	5.52m	5.83m				
6 Faith Lubner	SR	St. Cloud State			5.80m	19-00.50	2	3	
5.80m	5.66m	5.35m	FOUL	FOUL	5.37m				
7 Krishona Juliana	FR	Northern State			5.67m	18-07.25	2	2	
5.57m	FOUL	5.28m	5.35m	5.67m	5.42m				
8 Kylee Sallee	FR	Augustana			5.56m	18-03.00	1	1	
5.56m	FOUL	FOUL	FOUL	FOUL	5.31m				
9 Parker Buske	SO	St. Cloud State			5.51m	18-01.00	2		
5.50m	FOUL	5.51m	5.40m	5.51m	5.44m				
10 Taylor Weidner	SO	U-Mary			5.47m	17-11.50	1		
5.25m	5.47m	5.23m							
11 Kaylee Olson	SO	Winona State			5.43m	17-09.75	1		
5.12m	5.38m	5.43m							
12 Mariah Williams	SO	Minnesota State			5.43m	17-09.75	2		
FOUL	5.43m	5.37m							
13 Olivia Baumberger	FR	Sioux Falls			5.42m	17-09.50	1		
FOUL	5.02m	5.42m							
14 Stella Neophytou	FR	Minnesota State			5.37m	17-07.50	2		
5.33m	FOUL	5.37m							

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**....Event 29 Women Long Jump**

15	Molly Kahl	FR Minnesota State	5.33m	17-06.00	1
	5.33m FOUL FOUL				
16	Natalie Meyers	JR Sioux Falls	5.31m	17-05.25	1
	5.20m 5.00m 5.31m				
17	Trinity Moore	FR Minnesota State	5.31m	17-05.25	1
	5.31m 5.14m 4.71m				
18	Ashlie Lockington	SO Winona State	5.27m	17-03.50	1
	FOUL 5.09m 5.27m				
19	Alaina Hall	SO Bemidji State	5.24m	17-02.25	1
	4.58m 5.20m 5.24m				
20	Cali Modglin	SR U-Mary	5.24m	17-02.25	2
	5.24m 5.05m FOUL				
21	Kenzie Moeller	FR Wayne State	5.12m	16-09.75	1
	5.12m 5.06m FOUL				
22	Jaci Newman	FR Minnesota State	5.04m	16-06.50	1
	5.04m 5.03m FOUL				
23	Grayce Adler	SR Augustana	4.96m	16-03.25	1
	FOUL FOUL 4.96m				

**Event 31 Women Triple Jump**

=====							
NSIC Record: \$ 12.87m		2/26/2022		D'Andra Morris, U-Mary			
Facility: % 12.84m		2012		Amanda Ouedraogo, Abilene Christian			
Name	Year	School	Finals	H#	Points		
=====							
1	D'Andra Morris	SR U-Mary	12.87m\$	42-02.75	2	10	
	12.32m 12.87m 12.67m	FOUL 12.81m 12.82m					
2	Flore Gracia	JR Minnesota State	12.19m	40-00.00	2	8	
	11.42m 12.02m 12.19m	11.94m 11.83m 12.03m					
3	Parker Buske	SO St. Cloud State	12.13m	39-09.75	2	6	
	11.36m 11.71m 12.13m	FOUL 12.02m 11.83m					
4	Stella Neophytou	FR Minnesota State	12.03m	39-05.75	2	5	
	FOUL 11.86m 11.92m	11.85m 11.94m 12.03m					
5	Cali Modglin	SR U-Mary	11.98m	39-03.75	2	4	
	FOUL 11.74m 11.78m	11.56m 11.61m 11.98m					
6	Kaly Banks	JR Augustana	11.89m	39-00.25	2	3	
	FOUL 11.60m FOUL FOUL	FOUL 11.89m					
7	Maya Taylor	SR St. Cloud State	11.84m	38-10.25	2	2	
	11.84m 11.67m 11.77m	FOUL 11.57m 11.66m					
8	Krishona Juliana	FR Northern State	11.79m	38-08.25	2	1	
	FOUL 11.79m FOUL	11.31m FOUL FOUL					
9	Analise Fabre	SR Bemidji State	11.56m	37-11.25	2		
	11.56m 11.47m FOUL	10.83m FOUL 11.35m					
10	Ashlie Lockington	SO Winona State	11.55m	37-10.75	2		
	11.38m 11.26m 11.55m						
11	Arianna Passeri	JR U-Mary	11.53m	37-10.00	2		
	11.21m 11.25m 11.53m						
12	Kaja Salemonsens	FR Augustana	11.53m	37-10.00	2		
	FOUL FOUL 11.53m						
13	Madison Rizner	JR Winona State	11.22m	36-09.75	1		
	10.84m 11.22m 10.95m						
14	Hanna Reichenberger	FR Winona State	11.21m	36-09.50	1		
	10.85m 11.21m 10.64m						

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**....Event 31 Women Triple Jump**

15	Kaylee Patnode	SO Winona State	10.99m	36-00.75	1
	10.59m 10.88m 10.99m				
16	Keyla Sambo	JR Wayne State	10.92m	35-10.00	1
	FOUL 10.92m 10.89m				
17	Dynia Lewis	FR Bemidji State	10.83m	35-06.50	1
	FOUL 10.83m 10.32m				
18	Ashley Cridlebaugh	FR Minnesota State	10.80m	35-05.25	1
	FOUL 10.80m 10.30m				
19	Sammi Sundby	FR Augustana	10.77m	35-04.00	1
	FOUL 10.77m 10.50m				
20	Molly Kahl	FR Minnesota State	10.61m	34-09.75	1
	10.37m 10.61m FOUL				
21	Taylor Weidner	SO U-Mary	10.60m	34-09.50	1
	10.56m 10.18m 10.60m				
22	Jaci Newman	FR Minnesota State	10.49m	34-05.00	1
	10.47m 10.49m 10.37m				
23	Emily Smollen	SO Wayne State	10.46m	34-04.00	1
	FOUL 10.46m 9.92m				
24	Emily Jones	FR Minnesota-Duluth	10.34m	33-11.25	1
	10.16m FOUL 10.34m				

**Event 33 Women Weight Throw**

NSIC Record: \$ 22.36m 2017		Kaitlyn Long, WSU	
Facility: % 22.38m 2017		Kaitlyn Long, Winona State	
Name	Year School	Finals	H# Points
1	Katie Taylor	SR Minnesota State	20.21m 66-03.75 3 10
	18.96m 19.30m FOUL 18.43m 19.73m 20.21m		
2	Brea Perron	SR Minnesota State	19.63m 64-05.00 3 8
	18.66m 18.63m FOUL 19.27m 19.23m 19.63m		
3	Emma Hertz	SR Sioux Falls	19.44m 63-09.50 3 6
	18.86m 18.72m FOUL FOUL FOUL 19.44m		
4	Mckenzie Scheil	JR Wayne State	19.32m 63-04.75 3 5
	19.32m 18.37m 18.14m 18.26m 19.28m FOUL		
5	Kaylee Jensen	SR Minnesota State	19.01m 62-04.50 3 4
	18.38m 18.60m 18.61m 18.57m 19.01m 18.59m		
6	Brooklynn Chipps	SO Wayne State	18.76m 61-06.75 3 3
	17.50m 18.76m 18.30m 17.02m 18.34m FOUL		
7	Kaitlyn Schroeder	SO Minnesota State	16.13m 52-11.00 2 2
	FOUL 14.70m 16.13m 15.42m FOUL 15.56m		
8	Cassidy Gough	FR Northern State	16.08m 52-09.25 2 1
	16.08m 16.00m 16.00m FOUL FOUL 15.99m		
9	Madeline Fretag	SO Minnesota State	15.90m 52-02.00 2
	FOUL 15.86m 15.64m 15.90m FOUL FOUL		
10	Kamry Lindsey	FR Sioux Falls	15.67m 51-05.00 2
	FOUL 14.95m 15.67m		
11	Kendra Paasch	JR Wayne State	15.48m 50-09.50 3
	FOUL 15.25m 15.48m		
12	Sophia Kenyon	FR Minot State	15.36m 50-04.75 2
	15.36m 15.02m 15.00m		
13	Abbi Stafslieen-Dumale	SO Minnesota State	15.22m 49-11.25 2
	FOUL 15.07m 15.22m		

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**....Event 33 Women Weight Throw**

14	Veronica Guenther	FR Wayne State	14.84m	48-08.25	1
	12.52m 14.84m FOUL				
15	Tia Donlan	SR Concordia-St. Paul	14.67m	48-01.75	2
	FOUL 14.67m 14.40m				
16	Libby Beck	SO Minnesota State	14.67m	48-01.75	1
	14.28m 14.67m FOUL				
17	Reilly Young	FR Wayne State	14.62m	47-11.75	2
	14.62m FOUL FOUL				
18	Nicole Heeren	JR Wayne State	14.59m	47-10.50	2
	FOUL 14.59m FOUL				
19	MacKenzie Bengtson	JR Sioux Falls	14.45m	47-05.00	2
	14.45m 14.13m FOUL				
20	Jenna Hardy	FR Minot State	14.41m	47-03.50	1
	14.21m 14.41m FOUL				
21	Ella Paaverud	SO Concordia-St. Paul	14.10m	46-03.25	1
	FOUL 10.97m 14.10m				
22	Dacoda Zimmerman	JR St. Cloud State	14.06m	46-01.50	1
	12.92m 13.84m 14.06m				
23	Morgan Hughes	SO SW Minnesota St.	13.64m	44-09.00	1
	13.64m FOUL FOUL				
24	Hailey Baker	FR Wayne State	13.63m	44-08.75	1
	13.39m 13.63m FOUL				
25	Nadia Sanford	FR SW Minnesota St.	13.62m	44-08.25	1
	13.62m FOUL FOUL				
26	Olivia Downs	FR Minot State	12.80m	42-00.00	1
	12.80m 11.40m 11.51m				
27	Kayce Gielski	SO Minnesota-Duluth	12.46m	40-10.50	1
	12.46m FOUL FOUL				
28	Adrienne Thompson	SO Minnesota-Duluth	11.51m	37-09.25	1
	FOUL 10.16m 11.51m				
--	Madison Glynn	FR Minnesota State	FOUL		3
	FOUL FOUL FOUL				
--	Kori Nagel	FR Minot State	FOUL		3
	FOUL FOUL FOUL				
--	Tori Nygard	FR Minot State	FOUL		3
	FOUL FOUL FOUL				

**Event 35 Women Shot Put**

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NSIC Record: \$ 15.83m		2015	Sara Wells, WSC			
Facility: % 16.11m		2012	Lauren Buresh, Grand Valley State			
Name	Year	School	Finals		H#	Points
=====						
1	Brea Perron	SR Minnesota State	14.93m	48-11.75	3	10
	13.98m 13.88m FOUL	13.66m 14.53m 14.93m				
2	Katie Taylor	SR Minnesota State	14.35m	47-01.00	3	8
	13.33m 14.06m FOUL	FOUL FOUL 14.35m				
3	Mckenzie Scheil	JR Wayne State	14.25m	46-09.00	3	6
	14.25m 13.92m FOUL	13.65m FOUL 13.65m				
4	Emma Hertz	SR Sioux Falls	14.09m	46-02.75	3	5
	14.09m FOUL FOUL FOUL	13.95m 13.47m				
5	Kori Nagel	FR Minot State	13.51m	44-04.00	3	4
	11.64m 13.36m 13.51m	13.29m 12.68m FOUL				

**2022 NSIC Track and Field Indoor Championship - 2/25/2022 to 2/26/2022**

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**Results**

**....Event 35 Women Shot Put**

6	Kendra Paasch	JR Wayne State	13.40m	43-11.75	3	3
	11.79m 13.40m 13.00m	12.72m FOUL 12.97m				
7	Brooklynn Chipps	SO Wayne State	13.18m	43-03.00	3	2
	12.28m 12.85m 13.03m	13.18m FOUL FOUL				
8	Tierra Doss	JR Bemidji State	13.16m	43-02.25	2	1
	12.52m 13.05m 13.16m	12.88m 13.03m 12.99m				
9	Kaitlyn Schroeder	SO Minnesota State	13.04m	42-09.50	2	
	12.86m 13.04m 12.65m	FOUL FOUL FOUL				
10	Brooke Languis	FR Wayne State	12.97m	42-06.75	2	
	12.97m 12.08m 12.64m					
11	Abbi Stafslie-Dumale	SO Minnesota State	12.97m	42-06.75	3	
	FOUL 12.97m FOUL					
12	Kayla VanOsdel	FR Sioux Falls	12.88m	42-03.25	2	
	12.88m 12.59m 11.87m					
13	Jenna Hardy	FR Minot State	12.82m	42-00.75	3	
	11.93m 12.16m 12.82m					
14	Nadia Sanford	FR SW Minnesota St.	12.80m	42-00.00	2	
	12.14m 12.80m 12.50m					
15	Chloe Gunderson	FR Minot State	12.74m	41-09.75	2	
	12.23m 12.74m FOUL					
16	Nicole Kramchynsky	SO U-Mary	12.71m	41-08.50	2	
	12.71m FOUL 12.63m					
17	Dacoda Zimmerman	JR St. Cloud State	12.16m	39-10.75	1	
	12.15m 11.90m 12.16m					
18	Jordan Menken	SR Northern State	12.00m	39-04.50	2	
	12.00m FOUL 12.00m					
19	Libby Beck	SO Minnesota State	11.90m	39-00.50	1	
	FOUL 11.25m 11.90m					
20	Madeline Fretag	SO Minnesota State	11.89m	39-00.25	1	
	10.96m 11.89m 11.65m					
21	Alician Garcia	FR Minot State	11.84m	38-10.25	1	
	11.50m 11.84m FOUL					
22	Kamry Lindsey	FR Sioux Falls	11.77m	38-07.50	2	
	11.77m 11.42m 11.12m					
23	Veronica Guenther	FR Wayne State	11.63m	38-02.00	1	
	FOUL 11.62m 11.63m					
24	Reilly Young	FR Wayne State	11.55m	37-10.75	1	
	11.12m 11.14m 11.55m					
25	Kate Battaforayen	SO SW Minnesota St.	11.52m	37-09.50	1	
	FOUL 11.52m FOUL					
26	Jacqi Rae	JR Minnesota-Duluth	11.18m	36-08.25	1	
	10.49m 11.18m 10.67m					
27	Rebecca Eacker	FR Minot State	10.93m	35-10.50	1	
	10.93m 10.47m 10.58m					
28	Peyton Lammerding	FR Minot State	10.83m	35-06.50	1	
	10.68m 10.51m 10.83m					

**Event 37 Women 3000 Meter Run**

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NSIC Record:	\$ 9:31.37	2020	Ida Narbuvoll, MARY			
Facility:	% 9:34.32	2017	Alexis Zeis, University of Mary			
Name		Year School	Finals	H#	Points	
=====						
1	Nicolette Schmidt	JR Augustana	9:49.62	2	10	

**2022 NSIC Track and Field Indoor Championship - 2/25/2022 to 2/26/2022**

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**Myers Fieldhouse**

**Results**

**....Event 37 Women 3000 Meter Run**

2	Alyssa Becker	FR U-Mary	9:50.40	2	8
3	Megan Means	JR Augustana	9:53.16	2	6
4	Amanda Montplaisir	JR Minnesota State	9:55.52	2	5
5	Julia Nielsen	JR Minnesota-Duluth	9:58.83	2	4
6	Mackenzie Hall	SR Minnesota-Duluth	10:01.54	2	3
7	Cait Savey	SR Augustana	10:03.34	2	2
8	Caitlin Cornell	FR Minot State	10:09.86	2	1
9	Morgan Gehl	FR Sioux Falls	10:10.35	1	
10	Morgan Radel	SR Minnesota-Duluth	10:15.20	2	
11	Starlynn Costa	JR U-Mary	10:15.39	1	
12	Ella Bakken	FR Augustana	10:19.12	2	
13	Megan Mooberry	SR Northern State	10:19.81	1	
14	Abigail Jones	JR U-Mary	10:20.85	1	
15	Lacey Feist	SR U-Mary	10:21.41	1	
16	Alexandra Robran	SR Minnesota-Duluth	10:21.88	1	
17	Payton Lane	SO Msu-Moorhead	10:22.19	1	
18	McKenna Taylor	FR Winona State	10:22.36	1	
19	Andrijana Fundak	FR U-Mary	10:23.51	1	
20	Alicia Murillo	SO Minot State	10:24.02	1	
21	Megan Pickering	FR Northern State	10:26.50	1	
22	Ana McCabe	SO Augustana	10:27.53	2	
23	Alli Hendrickson	JR Winona State	10:27.56	2	
24	Aubrey Surage	FR Augustana	10:27.72	2	
25	Khot Juac	FR Sioux Falls	10:27.78	1	
26	Claire Boersma	SR Augustana	10:36.83	1	
27	Paulette Dominguez	FR Minot State	10:37.12	1	
28	Lauryn Renier	SO Minnesota-Duluth	10:51.76	1	
29	Catherine Ihrke	FR SW Minnesota St.	11:42.42	1	

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Women - Team Rankings - 19 Events Scored

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1) Minnesota State	243	2) U-Mary	115
3) Augustana	106.33	4) Winona State	63
5) Minnesota-Duluth	41	6) Sioux Falls	37
7) Concordia-St. Paul	32	8) Northern State	29
9) Wayne State	19	10) MSU-Moorhead	16
11) St. Cloud State	13	12) Bemidji State	10.33
13) Minot State	7	14) SW Minnesota St.	5.33
15) Upper Iowa	3		