

2023 NSIC Track and Field Indoor Championship - 2/25/2023 to 2/26/2023

Hosted by Minnesota State Mankato

Myers Fieldhouse

Results**Men 60 Meter Dash**

NSIC Record: 6.67 \$ 2015

Emmanuel Matadi, MSU

Facility: 6.58 % 2016

Emmanuel Matadi, Unattached

| Name | Yr | School | Prelims | H# |
|---------------------------|----|------------------|---------|----|
| Preliminaries | | | | |
| 1 Ezekiel Clark | SO | Minnesota State | 6.80 Q | 1 |
| 2 Steven Marks | SO | Minnesota State | 6.81 Q | 3 |
| 3 Brendon Hoyte | SO | U-Mary | 6.83 Q | 2 |
| 4 Joe Donahue | SO | Sioux Falls | 6.94 Q | 4 |
| 5 Trey Vaval | FR | Minnesota State | 6.87 q | 1 |
| 6 Jordan Porter | FR | Wayne State | 6.93 q | 2 |
| 7 Armando Colome | JR | Minnesota State | 6.95 q | 4 |
| 8 Nicholas Sharma | JR | Minnesota State | 6.96 q | 3 |
| 9 Jorgen Paulson | SO | U-Mary | 6.96 | 1 |
| 10 Akil Howell | SO | U-Mary | 6.97 | 3 |
| 11 Junior Pontes Da Veiga | SO | Minnesota State | 6.98 | 4 |
| 12 Daniel Attoh | SO | Minnesota State | 6.99 | 2 |
| 13 Eddie Blackwell | SR | Minnesota State | 7.00 | 4 |
| 14 Noah Bayer | SO | Northern State | 7.00 | 1 |
| 15 Kenry Atubel | SR | Minnesota State | 7.04 | 2 |
| 16 Shaquiel Higgs | SR | Msu-Moorhead | 7.07 | 2 |
| 17 David Daniels | SO | Msu-Moorhead | 7.08 | 3 |
| 18 Cole Brisbois | FR | Minnesota-Duluth | 7.08 | 3 |
| 19 Camden Combs | FR | Minnesota State | 7.10 | 4 |
| 20 Jerome Crayton | SO | Msu-Moorhead | 7.12 | 2 |
| 21 Dawson Hawkinson | FR | U-Mary | 7.12 | 3 |
| 22 Tyler Smith | SO | SW Minnesota St. | 7.14 | 1 |
| 23 Jon Shaner | SO | Minnesota State | 7.19 | 1 |
| 24 Caid McCart | FR | Wayne State | 7.20 | 4 |
| 25 Nicholas Westphal | SO | Minnesota-Duluth | 7.24 | 1 |

Men 60 Meter Dash

NSIC Record: 6.67 \$ 2015

Emmanuel Matadi, MSU

Facility: 6.58 % 2016

Emmanuel Matadi, Unattached

| Name | Yr | School | Finals | Points |
|-------------------|----|-----------------|--------|--------|
| Finals | | | | |
| 1 Ezekiel Clark | SO | Minnesota State | 6.79 | 10 |
| 2 Steven Marks | SO | Minnesota State | 6.84 | 8 |
| 3 Brendon Hoyte | SO | U-Mary | 6.85 | 6 |
| 4 Armando Colome | JR | Minnesota State | 6.89 | 5 |
| 5 Trey Vaval | FR | Minnesota State | 6.90 | 4 |
| 6 Nicholas Sharma | JR | Minnesota State | 6.98 | 3 |
| 7 Joe Donahue | SO | Sioux Falls | 7.00 | 2 |
| 8 Jordan Porter | FR | Wayne State | 7.03 | 1 |

2023 NSIC Track and Field Indoor Championship - 2/25/2023 to 2/26/2023

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Results**Men 200 Meter Dash**

NSIC Record: 21.42 \$ 2015

Emmanuel Matadi, MSU

Facility: 21.37 % 2012

Jonathan Woodson, TAMU-Kingsville

| Name | Yr | School | Prelims | H# |
|----------------------|----|--------------------|---------|----|
| Preliminaries | | | | |
| 1 Elliott MacLennan | SO | Msu-Moorhead | 21.99 Q | 2 |
| 2 Jorgen Paulson | SO | U-Mary | 22.05 Q | 4 |
| 3 Kenry Atubel | SR | Minnesota State | 22.07 Q | 1 |
| 4 Raheem Taitt-Best | FR | U-Mary | 22.17 Q | 3 |
| 5 Steven Marks | SO | Minnesota State | 22.10 q | 4 |
| 6 Armando Colome | JR | Minnesota State | 22.21 q | 2 |
| 7 Qai Hussey | FR | Minnesota State | 22.23 q | 1 |
| 8 Tommy Kern | FR | Msu-Moorhead | 22.42 q | 1 |
| 9 Brendon Hoyte | SO | U-Mary | 22.44 | 3 |
| 10 Ezekiel Clark | SO | Minnesota State | 22.46 | 1 |
| 11 Eddie Blackwell | SR | Minnesota State | 22.46 | 2 |
| 12 Jerome Crayton | SO | Msu-Moorhead | 22.54 | 4 |
| 13 Joe Donahue | SO | Sioux Falls | 22.62 | 1 |
| 14 Gavin Fischer | SO | Augustana | 22.65 | 3 |
| 15 Josh Miley | JR | Minnesota-Duluth | 22.66 | 3 |
| 16 Trent DeCook | FR | Augustana | 22.69 | 2 |
| 17 Marvin Dure | SO | Minnesota State | 22.70 | 4 |
| 18 Tyler Smith | SO | SW Minnesota St. | 22.74 | 2 |
| 19 Thomas Rosengren | FR | Minnesota State | 22.89 | 1 |
| 20 Cole Brisbois | FR | Minnesota-Duluth | 22.91 | 2 |
| 21 Brock Unger | FR | Minnesota State | 23.04 | 4 |
| 22 Dawson Hawkinson | FR | U-Mary | 23.05 | 3 |
| 23 James Howard | FR | Concordia-St. Paul | 23.30 | 4 |

Men 200 Meter Dash

NSIC Record: 21.42 \$ 2015

Emmanuel Matadi, MSU

Facility: 21.37 % 2012

Jonathan Woodson, TAMU-Kingsville

| Name | Yr | School | Finals | Points |
|---------------------|----|-----------------|--------|--------|
| Finals | | | | |
| 1 Kenry Atubel | SR | Minnesota State | 21.93 | 10 |
| 2 Jorgen Paulson | SO | U-Mary | 22.05 | 8 |
| 3 Elliott MacLennan | SO | Msu-Moorhead | 22.06 | 6 |
| 4 Steven Marks | SO | Minnesota State | 22.18 | 5 |
| 5 Qai Hussey | FR | Minnesota State | 22.42 | 4 |
| 6 Armando Colome | JR | Minnesota State | 22.42 | 3 |
| 7 Raheem Taitt-Best | FR | U-Mary | 22.74 | 2 |
| 8 Tommy Kern | FR | Msu-Moorhead | 23.25 | 1 |

Men 400 Meter Dash

NSIC Record: 47.86 \$ 2019

John Schuster, MSU

Facility: 47.74 % 2006

Nate Olson, UW-Lacrosse

| Name | Yr | School | Prelims | H# |
|----------------------|----|-----------------|---------|----|
| Preliminaries | | | | |
| 1 Rashion Walker | SR | Minnesota State | 48.85 Q | 1 |
| 2 Qai Hussey | FR | Minnesota State | 48.98 Q | 2 |

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Results**Preliminaries ... (Men 400 Meter Dash)**

| Name | Yr | School | Prelims | H# |
|--------------------------|----|-----------------|---------|----|
| 3 Elliott MacLennan | SO | Msu-Moorhead | 49.43 Q | 3 |
| 4 Junior Pontes Da Veiga | SO | Minnesota State | 49.17 Q | 1 |
| 5 Ibrahim Oduong | JR | Msu-Moorhead | 49.24 Q | 2 |
| 6 Raheem Taitt-Best | FR | U-Mary | 50.05 Q | 3 |
| 7 Kendrick Major | JR | Msu-Moorhead | 49.49 q | 1 |
| 8 Marvin Dure | SO | Minnesota State | 49.69 q | 2 |
| 9 Tommy Kern | FR | Msu-Moorhead | 50.66 | 3 |
| 10 Francis Short Bull | JR | Minot State | 50.71 | 2 |
| 11 Seth Martens | SO | Northern State | 50.98 | 1 |
| 12 Thomas Rosengren | FR | Minnesota State | 51.02 | 2 |
| 13 Akil Howell | SO | U-Mary | 51.44 | 3 |
| 14 Kyler Bade | SO | Minnesota State | 51.52 | 3 |
| 15 Colter Johnson | FR | Augustana | 51.77 | 1 |
| 16 Jack Raverty | FR | Minnesota State | 52.18 | 3 |
| 17 Jed Dooyema | JR | Augustana | 52.34 | 2 |

Men 400 Meter Dash

NSIC Record: 47.86 \$ 2019

John Schuster, MSU

Facility: 47.74 % 2006

Nate Olson, UW-Lacrosse

| Name | Yr | School | Finals | Points |
|--------------------------|----|-----------------|--------|--------|
| Finals | | | | |
| 1 Qai Hussey | FR | Minnesota State | 48.87 | 10 |
| 2 Rashion Walker | SR | Minnesota State | 49.32 | 8 |
| 3 Junior Pontes Da Veiga | SO | Minnesota State | 49.36 | 6 |
| 4 Elliott MacLennan | SO | Msu-Moorhead | 49.44 | 5 |
| 5 Ibrahim Oduong | JR | Msu-Moorhead | 49.79 | 4 |
| 6 Kendrick Major | JR | Msu-Moorhead | 50.23 | 3 |
| 7 Marvin Dure | SO | Minnesota State | 51.01 | 2 |
| --- Raheem Taitt-Best | FR | U-Mary | DO | |

Men 600 Meter Run

NSIC Record: 1:19.85 \$ 2018

John Schuster, MSU

Facility: 1:19.85 % 2018

John Schuster, Minnesota State

| Name | Yr | School | Prelims | H# |
|------------------------|----|------------------|-----------|----|
| Preliminaries | | | | |
| 1 Ben Schmied | SR | Minnesota State | 1:22.03 Q | 1 |
| 2 Joseph Patchen-Mills | JR | U-Mary | 1:24.02 Q | 4 |
| 3 Ethan Boyens | FR | Augustana | 1:24.30 Q | 3 |
| 4 Maquanet Collins | FR | Minnesota State | 1:24.44 Q | 2 |
| 5 Gabe Peitz | JR | Wayne State | 1:23.41 q | 1 |
| 6 Devontae Daley | FR | Minot State | 1:24.42 q | 3 |
| 7 Tanner Schiller | FR | U-Mary | 1:24.46 q | 4 |
| 8 Bereket Loer | JR | Minnesota-Duluth | 1:24.48 q | 4 |
| 9 Joseph Eberle | FR | U-Mary | 1:24.66 | 3 |
| 10 Dylan Schimke | SO | Northern State | 1:24.78 | 3 |
| 11 Caden Speikers | FR | Minnesota State | 1:24.98 | 4 |
| 12 Matthew Schoessow | JR | Augustana | 1:25.11 | 1 |
| 13 Alexander Croston | SO | Minnesota-Duluth | 1:25.24 | 1 |
| 14 Mitchell Rudie | FR | Wayne State | 1:25.43 | 2 |

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Results**Preliminaries ... (Men 600 Meter Run)**

| Name | Yr | School | Prelims | H# |
|-------------------------|----|--------------------|---------|----|
| 15 Peyton Tuhy | FR | Minot State | 1:25.44 | 1 |
| 16 Nathan Goranson | JR | Upper Iowa | 1:25.86 | 2 |
| 17 Jose Nevarez-Ramirez | FR | Concordia-St. Paul | 1:26.16 | 4 |
| 18 Juan Gutierrez | SR | Minot State | 1:26.70 | 3 |
| 19 Taaron Rudzitis | SO | Concordia-St. Paul | 1:27.03 | 2 |
| 20 James Dalton | FR | U-Mary | 1:29.23 | 2 |
| 21 Brayden Tofteland | SO | SW Minnesota St. | 1:29.38 | 4 |
| 22 Caleb Roggenbuck | JR | Sioux Falls | 1:30.01 | 3 |
| 23 Andrew Wyllie | SO | Wayne State | 1:30.27 | 2 |
| 24 Matthew Todd | FR | Minot State | 1:31.15 | 1 |
| 25 Josh Sims | SO | Concordia-St. Paul | 1:31.61 | 1 |

Men 600 Meter Run

NSIC Record: 1:19.85 \$ 2018

John Schuster, MSU

Facility: 1:19.85 % 2018

John Schuster, Minnesota State

| Name | Yr | School | Finals | Points |
|------------------------|----|------------------|---------|--------|
| Finals | | | | |
| 1 Ben Schmied | SR | Minnesota State | 1:20.97 | 10 |
| 2 Maquanet Collins | FR | Minnesota State | 1:22.06 | 8 |
| 3 Bereket Loer | JR | Minnesota-Duluth | 1:23.16 | 6 |
| 4 Joseph Patchen-Mills | JR | U-Mary | 1:23.20 | 5 |
| 5 Gabe Peitz | JR | Wayne State | 1:23.40 | 4 |
| 6 Devontae Daley | FR | Minot State | 1:23.43 | 3 |
| 7 Ethan Boyens | FR | Augustana | 1:24.22 | 2 |
| 8 Tanner Schiller | FR | U-Mary | 1:25.35 | 1 |

Men 800 Meter Run

NSIC Record: 1:51.78 \$ 2020

Austin Miller, AUGIE

Facility: 1:50.48 % 2022

Tanner Maier, Minnesota State

| Name | Yr | School | Prelims | H# |
|------------------------|----|--------------------|-----------|----|
| Preliminaries | | | | |
| 1 Braxton Bruer | JR | Msu-Moorhead | 1:57.00 Q | 2 |
| 2 Tanner Maier | JR | Minnesota State | 1:58.15 Q | 1 |
| 3 Jonah Breuer | JR | Augustana | 1:58.44 Q | 1 |
| 4 Matthew Helser | SO | Concordia-St. Paul | 1:58.49 Q | 2 |
| 5 Aleix Garbajosa | FR | U-Mary | 1:58.58 q | 1 |
| 6 Jordan Gruenes | SR | Minnesota-Duluth | 1:59.16 q | 2 |
| 7 Lane Dullum | FR | Msu-Moorhead | 1:59.81 q | 1 |
| 8 Brennan Amundson | SO | Minnesota-Duluth | 2:00.92 q | 2 |
| 9 Mikey Kvaal | JR | Minnesota-Duluth | 2:01.10 | 1 |
| 10 Camden Jasmin | FR | Minot State | 2:01.25 | 2 |
| 11 Zachary Matzner | JR | Sioux Falls | 2:01.88 | 1 |
| 12 Matthew Krummel | SO | Concordia-St. Paul | 2:03.12 | 1 |
| 13 Jonathan Burkhalter | SO | Northern State | 2:03.22 | 1 |
| 14 Brian Miller | SO | U-Mary | 2:03.79 | 2 |
| 15 Juan Gutierrez | SR | Minot State | 2:05.58 | 2 |
| 16 Thomas Schauerman | SR | Concordia-St. Paul | 2:07.00 | 2 |

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Results**Men 800 Meter Run**

NSIC Record: 1:51.78 \$ 2020

Austin Miller, AUGIE

Facility: 1:50.48 % 2022

Tanner Maier, Minnesota State

| Name | Yr | School | Finals | Points |
|--------------------|----|--------------------|---------|--------|
| Finals | | | | |
| 1 Braxton Bruer | JR | Msu-Moorhead | 1:53.40 | 10 |
| 2 Tanner Maier | JR | Minnesota State | 1:53.56 | 8 |
| 3 Matthew Helser | SO | Concordia-St. Paul | 1:55.18 | 6 |
| 4 Aleix Garbajosa | FR | U-Mary | 1:55.57 | 5 |
| 5 Jonah Breuer | JR | Augustana | 1:56.06 | 4 |
| 6 Jordan Gruenes | SR | Minnesota-Duluth | 1:57.44 | 3 |
| 7 Lane Dullum | FR | Msu-Moorhead | 1:57.65 | 2 |
| 8 Brennan Amundson | SO | Minnesota-Duluth | 2:00.73 | 1 |

Men 1000 Meter Run

NSIC Record: 2:26.61 \$ 2019

Jacob Wahlers, MSU

Facility: 2:25.58 % 2022

Tanner Maier, Minnesota State

| Name | Yr | School | Prelims | H# |
|-----------------------|----|--------------------|-----------|----|
| Preliminaries | | | | |
| 1 Jared Gregoire | FR | Msu-Moorhead | 2:29.49 Q | 1 |
| 2 Owen Dickenson | JR | Minnesota-Duluth | 2:31.89 Q | 2 |
| 3 Jakob Hanna | SR | Sioux Falls | 2:30.64 Q | 1 |
| 4 Caleb Rivera | SO | Sioux Falls | 2:32.92 Q | 2 |
| 5 Colin O'Farrell | FR | Msu-Moorhead | 2:31.24 q | 1 |
| 6 Josh Martin | FR | Northern State | 2:31.43 q | 1 |
| 7 Brandon Mundorf | JR | Wayne State | 2:31.54 q | 1 |
| 8 Adnew Stueven | JR | Msu-Moorhead | 2:31.73 q | 1 |
| 9 Trent Holiday | SO | Minot State | 2:33.05 | 1 |
| 10 Emmett Faltesek | SO | Concordia-St. Paul | 2:33.08 | 2 |
| 11 Charles Hardcastle | FR | Minot State | 2:33.84 | 1 |
| 12 Adam Bohm | SO | Minnesota State | 2:34.13 | 2 |
| 13 Carter Owen | SO | Minnesota State | 2:35.58 | 2 |
| 14 Quentin Dreyer | FR | Wayne State | 2:36.93 | 2 |
| 15 Casey McMahon | FR | Minot State | 2:37.13 | 2 |
| 16 Peyton Tuhy | FR | Minot State | 2:44.46 | 2 |

Men 1000 Meter Run

NSIC Record: 2:26.61 \$ 2019

Jacob Wahlers, MSU

Facility: 2:25.58 % 2022

Tanner Maier, Minnesota State

| Name | Yr | School | Finals | Points |
|-------------------|----|------------------|---------|--------|
| Finals | | | | |
| 1 Jared Gregoire | FR | Msu-Moorhead | 2:27.76 | 10 |
| 2 Owen Dickenson | JR | Minnesota-Duluth | 2:29.81 | 8 |
| 3 Jakob Hanna | SR | Sioux Falls | 2:30.81 | 6 |
| 4 Adnew Stueven | JR | Msu-Moorhead | 2:32.27 | 5 |
| 5 Caleb Rivera | SO | Sioux Falls | 2:32.42 | 4 |
| 6 Josh Martin | FR | Northern State | 2:32.83 | 3 |
| 7 Brandon Mundorf | JR | Wayne State | 2:32.83 | 2 |
| 8 Colin O'Farrell | FR | Msu-Moorhead | 2:33.48 | 1 |

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Myers Fieldhouse

Results**Men 1 Mile Run**

NSIC Record: 4:08.87 \$ 2/26/2022 Ryan Hartman, Augustana
 Facility: 4:06.53 % 2004 Brad Lowery, South Dakota State

| Name | Yr | School | Finals | Points |
|-----------------------|----|-----------------|------------|--------|
| Finals | | | | |
| 1 Colten Brand | JR | Augustana | 4:08.00 \$ | 10 |
| 2 Tanner Maier | JR | Minnesota State | 4:11.62 | 8 |
| 3 Ryan Hartman | JR | Augustana | 4:11.64 | 6 |
| 4 Jacob Jensen | JR | Minot State | 4:13.07 | 5 |
| 5 Matt Steiger | SR | Augustana | 4:14.01 | 4 |
| 6 Jakob Hanna | SR | Sioux Falls | 4:14.83 | 3 |
| 7 Josh Martin | FR | Northern State | 4:16.81 | 2 |
| 8 Brandon Mundorf | JR | Wayne State | 4:18.91 | 1 |
| 9 Quentin Dreyer | FR | Wayne State | 4:20.83 | |
| 10 Charles Hardcastle | FR | Minot State | 4:22.73 | |
| 11 Benjamin Morrison | JR | Sioux Falls | 4:24.64 | |
| 12 Trent Holiday | SO | Minot State | 4:25.57 | |

Men 3000 Meter Run

NSIC Record: 8:16.45 \$ 2/26/2022 Henry Klitzke, Augustana
 Facility: 8:16.45 % 2022 Henry Klitzke, Augustana

| Name | Yr | School | Finals | H# | Points |
|-----------------------|----|--------------------|---------|----|--------|
| Finals | | | | | |
| 1 Henry Klitzke | SR | Augustana | 8:25.95 | 2 | 10 |
| 2 Colten Brand | JR | Augustana | 8:27.88 | 2 | 8 |
| 3 Jackson Harrison | SR | Northern State | 8:29.10 | 2 | 6 |
| 4 David Ecker | SR | Sioux Falls | 8:31.59 | 2 | 5 |
| 5 Matt Steiger | SR | Augustana | 8:33.50 | 2 | 4 |
| 6 Ryan Hartman | JR | Augustana | 8:35.26 | 1 | 3 |
| 7 Dawson Strom | SR | U-Mary | 8:36.78 | 2 | 2 |
| 8 Austin Antony | JR | Minnesota-Duluth | 8:37.21 | 2 | 1 |
| 9 Jacob Jensen | JR | Minot State | 8:38.33 | 2 | |
| 10 Guillermo Fregoso | JR | U-Mary | 8:39.28 | 1 | |
| 11 Titus Kiptoo | JR | Wayne State | 8:42.36 | 2 | |
| 12 Aaron Voigt | SR | Sioux Falls | 8:43.27 | 2 | |
| 13 Lucas Selman | SR | Minnesota-Duluth | 8:43.90 | 2 | |
| 14 Jack VanKempen | JR | Minnesota-Duluth | 8:43.93 | 2 | |
| 15 Caleb Hansen | FR | U-Mary | 8:44.66 | 1 | |
| 16 Nathan Alto | SO | Northern State | 8:47.97 | 2 | |
| 17 Nick Larson | JR | Augustana | 8:51.29 | 1 | |
| 18 James Dorado | FR | Msu-Moorhead | 8:52.52 | 1 | |
| 19 Ben Haberman | SO | Augustana | 8:53.36 | 1 | |
| 20 Owen Erickson | SO | Concordia-St. Paul | 8:53.82 | 1 | |
| 21 Camden Jasmin | FR | Minot State | 8:57.05 | 1 | |
| 22 Evan Myran | SO | Augustana | 8:57.14 | 2 | |
| 23 Carter Owen | SO | Minnesota State | 8:57.97 | 1 | |
| 24 Will McGonigal | JR | Wayne State | 9:04.68 | 1 | |
| 25 Benjamin Morrison | JR | Sioux Falls | 9:04.72 | 2 | |
| 26 Charles Hardcastle | FR | Minot State | 9:04.83 | 1 | |
| 27 Zack Anderson | FR | Minnesota-Duluth | 9:10.18 | 1 | |

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Results**Finals ... (Men 3000 Meter Run)**

| Name | Yr | School | Finals | H# | Points |
|------------------|----|-----------------|---------|----|--------|
| 28 Adam Bohm | SO | Minnesota State | 9:19.06 | 1 | |
| 29 Abe Schroeder | JR | Wayne State | 9:37.53 | 1 | |

Men 5000 Meter Run

NSIC Record: 14:14.30 \$ 2/26/2021 Nadir Yusuf, MSU-Moorhead

Facility: 14:10.00 % 2012 Laban Sialo, Central Missouri

| Name | Yr | School | Finals | Points |
|----------------------|----|--------------------|----------|--------|
| Finals | | | | |
| 1 Henry Klitzke | SR | Augustana | 14:47.61 | 10 |
| 2 Jackson Harrison | SR | Northern State | 14:51.45 | 8 |
| 3 Dawson Strom | SR | U-Mary | 14:57.57 | 6 |
| 4 David Ecker | SR | Sioux Falls | 15:05.90 | 5 |
| 5 Lucas Selman | SR | Minnesota-Duluth | 15:06.05 | 4 |
| 6 James Dorado | FR | Msu-Moorhead | 15:10.65 | 3 |
| 7 Austin Antony | JR | Minnesota-Duluth | 15:12.88 | 2 |
| 8 Jack VanKempen | JR | Minnesota-Duluth | 15:13.52 | 1 |
| 9 Titus Kiptoo | JR | Wayne State | 15:17.62 | |
| 10 Owen Erickson | SO | Concordia-St. Paul | 15:28.59 | |
| 11 Nick Larson | JR | Augustana | 15:36.80 | |
| 12 Ben Haberman | SO | Augustana | 15:43.38 | |
| 13 Nikolai Schmanski | SO | Minnesota State | 15:47.59 | |
| 14 Micade Shumway | SO | Sioux Falls | 15:49.75 | |
| 15 Ethan Blischke | FR | Concordia-St. Paul | 15:55.23 | |
| 16 Will McGonigal | JR | Wayne State | 15:56.02 | |
| 17 Matthew Krummel | SO | Concordia-St. Paul | 16:10.31 | |
| 18 Brandon Mitzel | SO | Wayne State | 16:35.96 | |
| 19 Abe Schroeder | JR | Wayne State | 16:43.97 | |
| --- Caleb Hansen | FR | U-Mary | DNF | |
| --- Grayson Bonilla | SO | Minot State | DNF | |
| --- Christian Lietz | JR | Sioux Falls | DNF | |

Men 60 Meter Hurdles

NSIC Record: 7.69 \$ 2016 Myles Hunter, MSU

Facility: 7.67 % 2016 Myles Hunter, Minnesota State

| Name | Yr | School | Prelims | H# |
|----------------------------|----|-----------------|---------|----|
| Preliminaries | | | | |
| 1 Andrew Martens | SO | Augustana | 8.10 Q | 3 |
| 2 Lawrence Lokonobei | JR | Augustana | 8.11 Q | 2 |
| 3 Abel Christiansen | JR | Minnesota State | 8.14 Q | 1 |
| 4 Renald Pierre | JR | Minnesota State | 8.19 Q | 3 |
| 5 Justus Adams | SR | Minnesota State | 8.24 Q | 2 |
| 6 Ben Mandel | JR | Sioux Falls | 8.27 Q | 1 |
| 7 Joel Matehs | SO | Northern State | 8.28 q | 3 |
| 8 Keaton Wattier | FR | Wayne State | 8.28 q | 1 |
| 9 Owen Petersohn | FR | Minnesota State | 8.52 | 2 |
| 10 Gunner Meyer | FR | Upper Iowa | 8.52 | 2 |
| 11 Nathan Trujillo- Aragon | SO | Minot State | 8.53 | 3 |
| 12 Aaron Monk | FR | Sioux Falls | 8.54 | 1 |
| 13 Shaquiel Higgs | SR | Msu-Moorhead | 8.55 | 2 |

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Results**Preliminaries ... (Men 60 Meter Hurdles)**

| Name | Yr | School | Prelims | H# |
|-------------------|----|--------------------|---------|----|
| 14 Sam Blomberg | FR | Minnesota-Duluth | 8.76 | 3 |
| 15 Collin Dingsor | FR | Sioux Falls | 8.80 | 1 |
| 16 Tyler Sellin | SO | Augustana | 8.80 | 3 |
| 17 Calder Erick | SO | Concordia-St. Paul | 8.83 | 2 |
| 18 Cody Lustig | FR | Sioux Falls | 8.99 | 1 |
| 19 Max Schmitt | SO | SW Minnesota St. | 9.01 | 1 |
| 20 Rayden Broyld | FR | Concordia-St. Paul | 9.39 | 3 |
| --- Alex Pitts | FR | Upper Iowa | DO | 2 |

Men 60 Meter Hurdles

NSIC Record: 7.69 \$ 2016 Myles Hunter, MSU
 Facility: 7.67 % 2016 Myles Hunter, Minnesota State

| Name | Yr | School | Finals | Points |
|----------------------|----|-----------------|--------|--------|
| Finals | | | | |
| 1 Andrew Martens | SO | Augustana | 7.96 | 10 |
| 2 Lawrence Lokonobei | JR | Augustana | 7.97 | 8 |
| 3 Abel Christiansen | JR | Minnesota State | 8.05 | 6 |
| 4 Renald Pierre | JR | Minnesota State | 8.08 | 5 |
| 5 Justus Adams | SR | Minnesota State | 8.17 | 4 |
| 6 Ben Mandel | JR | Sioux Falls | 8.24 | 3 |
| 7 Joel Matehs | SO | Northern State | 8.27 | 2 |
| 8 Keaton Wattier | FR | Wayne State | 8.38 | 1 |

Men 4x400 Meter Relay

NSIC Record: 3:18.21 \$ 2017 Minnesota State
 J.Schuster,T.Ogren,I.Pitchford,M.Dennis
 Facility: 3:12.57 % 2008 , St. Augustine's
 Miles, Abney, Cox, Curry

| Team | Relay | Finals | H# | Points |
|-----------------------|-------|------------|----|--------|
| Finals | | | | |
| 1 Minnesota State | | 3:17.49 \$ | 2 | 10 |
| 2 Msu-Moorhead | | 3:17.99 \$ | 2 | 8 |
| 3 Augustana | | 3:22.24 | 2 | 6 |
| 4 Northern State | | 3:24.20 | 1 | 5 |
| 5 U-Mary | | 3:24.57 | 2 | 4 |
| 6 Minot State | | 3:25.99 | 1 | 3 |
| 7 Minnesota-Duluth | | 3:26.28 | 1 | 2 |
| 8 SW Minnesota St. | | 3:29.00 | 1 | 1 |
| 9 Sioux Falls | | 3:30.03 | 1 | |
| 10 Concordia-St. Paul | | 3:30.29 | 2 | |
| 11 Wayne State | | 3:36.53 | 2 | |
| 12 Upper Iowa | | 3:36.66 | 1 | |

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Results**Men Distance Medley**

NSIC Record: 9:55.26 \$ 2/25/2023 MSU-Moorhead, MSU-Moorhead
 A Stueven, K Major, B Bruer, J Gregoire
Facility: 9:49.06 % 2012 , Augustana
 Beniak, Kong, Hansson, Karbo

| Team | Relay | Finals | Points |
|---------------|--------------------|------------|--------|
| Finals | | | |
| 1 | Msu-Moorhead | 9:55.26 \$ | 10 |
| 2 | Augustana | 9:59.79 | 8 |
| 3 | Concordia-St. Paul | 10:10.99 | 6 |
| 4 | Wayne State | 10:13.98 | 5 |
| 5 | Northern State | 10:15.71 | 4 |
| 6 | Sioux Falls | 10:16.46 | 3 |
| 7 | Minot State | 10:18.27 | 2 |
| 8 | Minnesota-Duluth | 10:34.94 | 1 |
| 9 | Minnesota State | 10:40.23 | |
| 10 | U-Mary | 10:53.78 | |
| 11 | Upper Iowa | 10:59.13 | |

Men High Jump

NSIC Record: 2.14m \$ 2019 Chris Cook, MSUM
Facility: 2.25m % 2007 Jim Dilling, Minnesota State

| Name | Yr | School | Finals | Points |
|---------------|------------------|-----------------------|---------------|--------|
| Finals | | | | |
| 1 | Aiden Buendorf | SO Minnesota State | 2.10m 6-10.75 | 10 |
| 2 | Dylan Kneifl | JR Wayne State | 2.07m 6-09.50 | 8 |
| 3 | Jakob Tordsen | SR Concordia-St. Paul | 2.00m 6-06.75 | 6 |
| 4 | Alex Brandt | SO Wayne State | 1.95m 6-04.75 | 5 |
| 5 | Luke Oberleitner | SO Minnesota-Duluth | 1.95m 6-04.75 | 4 |
| 6 | Jaden Johnson | FR Minnesota-Duluth | 1.95m 6-04.75 | 3 |
| 7 | Caleb Cowles | SR Minnesota State | 1.90m 6-02.75 | 2 |
| 8 | Jory Peters | FR Minnesota State | 1.90m 6-02.75 | 1 |
| 9 | Ethan Klemme | FR Upper Iowa | 1.90m 6-02.75 | |
| 10 | Jacob Ziebarth | SO Minnesota State | 1.90m 6-02.75 | |
| 11 | Vance Borcher | FR Northern State | 1.85m 6-00.75 | |
| 11 | McKallen Smith | SO SW Minnesota St. | 1.85m 6-00.75 | |
| --- | Slade Heald | SO Minnesota State | NH | |
| --- | Logan Barnes | FR U-Mary | NH | |
| --- | Shyrone Kemp | SR Msu-Moorhead | NH | |
| --- | Max Vande Kieft | FR Northern State | NH | |
| --- | Carter Moller | FR Northern State | NH | |

Men Pole Vault

NSIC Record: 5.20m \$ 2015 Scott Greenman, USF
Facility: 5.51m % 2015 Jeff Coover, Unattached

| Name | Yr | School | Finals | Points |
|---------------|----------------|--------------------|----------------|--------|
| Finals | | | | |
| 1 | Carson Dittel | JR Minnesota State | 4.97m 16-03.50 | 10 |
| 2 | Glen Quayle | SO Northern State | 4.87m 15-11.75 | 8 |
| 3 | Jedidah Hansen | SO Minnesota State | 4.77m 15-07.75 | 6 |

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Results**Finals ... (Men Pole Vault)**

| | Name | Yr | School | Finals | | Points |
|-----|----------------|----|--------------------|--------|----------|--------|
| 4 | Alex Berg | SO | Minnesota State | 4.77m | 15-07.75 | 5 |
| 5 | Sam Tremelling | SO | Northern State | 4.67m | 15-03.75 | 4 |
| 6 | Jakob Tordsen | SR | Concordia-St. Paul | 4.67m | 15-03.75 | 3 |
| 7 | Dillan Kovash | SR | U-Mary | 4.47m | 14-08.00 | 2 |
| 8 | Eli Radtke | FR | Northern State | 4.47m | 14-08.00 | 1 |
| 9 | Austin Frank | SO | Minnesota State | 4.32m | 14-02.00 | |
| 10 | Hunter Smith | SO | SW Minnesota St. | 4.32m | 14-02.00 | |
| 11 | Samuel Olson | SO | Sioux Falls | 4.17m | 13-08.25 | |
| 12 | Isaac Ligon | FR | Northern State | 4.17m | 13-08.25 | |
| --- | Ean Minnaert | FR | Sioux Falls | NH | | |
| --- | Nicholas Cole | SO | Sioux Falls | NH | | |
| --- | Luke Grannes | SO | SW Minnesota St. | NH | | |
| --- | Baden Bastian | FR | Minnesota-Duluth | NH | | |
| --- | Basheer Alam | SO | Concordia-St. Paul | NH | | |
| --- | Nicholas Huss | FR | Msu-Moorhead | NH | | |
| --- | Daniel Byer | FR | SW Minnesota St. | NH | | |
| --- | Rico Imus | SO | Northern State | NH | | |

Men Long Jump

NSIC Record: 7.87m \$ 2/25/2023 James Gilbert, Minnesota State

Facility: 7.87m % 2/25/2023 James Gilbert, Minnesota State

| | Name | Yr | School | Finals | | H# | Points |
|---------------|-------------------|----|--------------------|----------|----------|----|--------|
| Finals | | | | | | | |
| 1 | James Gilbert | JR | Minnesota State | 7.87m \$ | 25-10.00 | 2 | 10 |
| 2 | Shyrone Kemp | SR | Msu-Moorhead | 7.45m | 24-05.50 | 2 | 8 |
| 3 | Naishaun Jernigan | JR | Minnesota State | 7.40m | 24-03.50 | 2 | 6 |
| 4 | Slade Heald | SO | Minnesota State | 7.40m | 24-03.50 | 2 | 5 |
| 5 | Logan Moeller | SO | Wayne State | 7.33m | 24-00.75 | 2 | 4 |
| 6 | Hayden Von Wald | JR | U-Mary | 7.04m | 23-01.25 | 2 | 3 |
| 7 | Camden Combs | FR | Minnesota State | 7.01m | 23-00.00 | 2 | 2 |
| 8 | Braden Johnson | SO | Wayne State | 7.00m | 22-11.75 | 2 | 1 |
| 9 | Jaylen Hobson | SR | Upper Iowa | 6.83m | 22-05.00 | 2 | |
| 10 | Ted Carey | FR | Concordia-St. Paul | 6.70m | 21-11.75 | 1 | |
| 11 | David Daniels | SO | Msu-Moorhead | 6.64m | 21-09.50 | 1 | |
| 12 | Luke Oberleitner | SO | Minnesota-Duluth | 6.55m | 21-06.00 | 1 | |
| 13 | Will Heydt | FR | Minnesota-Duluth | 6.42m | 21-00.75 | 1 | |
| 14 | Nathan Lear | SO | SW Minnesota St. | 6.36m | 20-10.50 | 1 | |
| 15 | Anthony Borom | FR | Minnesota State | 6.33m | 20-09.25 | 2 | |
| 16 | Logan Wentz | FR | U-Mary | 6.27m | 20-07.00 | 1 | |
| 17 | Junior Kandolo | SO | SW Minnesota St. | 6.24m | 20-05.75 | 1 | |
| 18 | Bennett Nelson | FR | Minnesota-Duluth | 6.21m | 20-04.50 | 1 | |
| 19 | Alex Pitts | FR | Upper Iowa | 6.11m | 20-00.50 | 2 | |
| 20 | Kade Larson | SO | Msu-Moorhead | 5.72m | 18-09.25 | 1 | |
| --- | Reece Shannon | SR | Minnesota State | FOUL | | 1 | |

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Results**Men Triple Jump**

NSIC Record: 16.42m \$ 2017

Michael Sandle, MSU

Facility: 16.42m % 2017

Michael Sandle, Minnesota State

| Name | Yr | School | Finals | | H# | Points |
|----------------------|----|--------------------|--------|----------|----|--------|
| Finals | | | | | | |
| 1 Shyrone Kemp | SR | Msu-Moorhead | 15.01m | 49-03.00 | 2 | 10 |
| 2 Lorenzo Jones | SO | Minnesota State | 14.83m | 48-08.00 | 2 | 8 |
| 3 Onyekachi Ukaobasi | SO | Minnesota State | 14.39m | 47-02.50 | 2 | 6 |
| 4 Cody Rogers | JR | Wayne State | 14.21m | 46-07.50 | 1 | 5 |
| 5 Jaylen Hobson | SR | Upper Iowa | 14.15m | 46-05.25 | 2 | 4 |
| 6 Connor Clayton | JR | Augustana | 13.98m | 45-10.50 | 2 | 3 |
| 7 Logan Moeller | SO | Wayne State | 13.95m | 45-09.25 | 2 | 2 |
| 8 Will Heydt | FR | Minnesota-Duluth | 13.70m | 44-11.50 | 2 | 1 |
| 9 Max Vande Kieft | FR | Northern State | 13.52m | 44-04.25 | 1 | |
| 10 Camden Combs | FR | Minnesota State | 13.46m | 44-02.00 | 2 | |
| 11 Anthony Borom | FR | Minnesota State | 13.43m | 44-00.75 | 2 | |
| 12 Dalton Goodwin | FR | Sioux Falls | 13.33m | 43-09.00 | 1 | |
| 13 Ted Carey | FR | Concordia-St. Paul | 13.01m | 42-08.25 | 1 | |
| 14 Logan Wentz | FR | U-Mary | 12.62m | 41-05.00 | 1 | |
| 15 Bennett Nelson | FR | Minnesota-Duluth | 12.51m | 41-00.50 | 1 | |
| 16 Kade Larson | SO | Msu-Moorhead | 11.95m | 39-02.50 | 1 | |

Men Shot Put

NSIC Record: 19.48m \$ 2014

Chris Reed, MSU

Facility: 20.07m % 2014

Chris Reed, Minnesota State

| Name | Yr | School | Finals | | H# | Points |
|--------------------|----|--------------------|--------|----------|----|--------|
| Finals | | | | | | |
| 1 Chase Snyder | FR | Minot State | 15.98m | 52-05.25 | 3 | 10 |
| 2 Colton Kostynick | JR | Minnesota-Duluth | 15.88m | 52-01.25 | 3 | 8 |
| 3 Leif Nelson | JR | Minot State | 15.78m | 51-09.25 | 3 | 6 |
| 4 Tyler Hiatt | SO | Sioux Falls | 15.66m | 51-04.50 | 3 | 5 |
| 5 Tommy Kucera | JR | Minnesota State | 15.63m | 51-03.50 | 3 | 4 |
| 6 Jackson Weston | FR | Minnesota-Duluth | 15.44m | 50-08.00 | 3 | 3 |
| 7 Tyler Nebelung | SO | SW Minnesota St. | 15.40m | 50-06.25 | 2 | 2 |
| 8 Daylin Mallory | FR | Wayne State | 15.33m | 50-03.50 | 2 | 1 |
| 9 Jordan Nolan | JR | Msu-Moorhead | 15.32m | 50-03.25 | 1 | |
| 10 Eli Bicek | JR | Minnesota-Duluth | 15.29m | 50-02.00 | 3 | |
| 11 Daniel Elge | SO | Wayne State | 15.22m | 49-11.25 | 2 | |
| 12 Drake Peed | FR | Wayne State | 14.98m | 49-01.75 | 2 | |
| 13 Carl Swedzinski | JR | SW Minnesota St. | 14.84m | 48-08.25 | 1 | |
| 14 Ben Wieser | FR | Minnesota State | 14.81m | 48-07.25 | 3 | |
| 15 Jake Peitz | FR | Wayne State | 14.77m | 48-05.50 | 1 | |
| 16 CJ Picazo | SO | Concordia-St. Paul | 14.65m | 48-00.75 | 2 | |
| 17 Nick Olson | JR | Northern State | 14.59m | 47-10.50 | 2 | |
| 18 Corbin Harris | SO | Minot State | 14.49m | 47-06.50 | 2 | |
| 19 Brady Bauman | SO | Northern State | 14.36m | 47-01.50 | 1 | |
| 20 Dan Otto | FR | Concordia-St. Paul | 14.28m | 46-10.25 | 3 | |
| 21 Sam Moore | JR | Minnesota State | 14.28m | 46-10.25 | 3 | |
| 22 Ethan Barnett | SO | Northern State | 14.18m | 46-06.25 | 1 | |
| 23 Deekon Anvid | SO | SW Minnesota St. | 14.06m | 46-01.50 | 1 | |

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Results**Finals ... (Men Shot Put)**

| Name | Yr | School | Finals | | H# | Points |
|---------------------|----|------------------|--------|----------|----|--------|
| 24 Dallas Reese | FR | Minot State | 14.01m | 45-11.75 | 2 | |
| 25 Nathan Gribble | FR | Minnesota State | 13.97m | 45-10.00 | 1 | |
| 26 Jaymeson Wolkow | SR | Sioux Falls | 13.66m | 44-09.75 | 1 | |
| 27 Samuel Kreins | JR | Minot State | 13.48m | 44-02.75 | 2 | |
| 28 Matthew Logue | FR | Wayne State | 13.30m | 43-07.75 | 1 | |
| 29 Ben Oie | SR | Msu-Moorhead | 12.93m | 42-05.25 | 2 | |
| 30 Connor Kostynick | FR | Minnesota-Duluth | 12.42m | 40-09.00 | 1 | |

Men Weight Throw

NSIC Record: 21.55m \$ 2/25/2022 Tanner Berg, Northern State

Facility: 22.20m % 2012 Ryan Loughney, Ashland

| Name | Yr | School | Finals | | H# | Points |
|---------------------|----|--------------------|--------|----------|----|--------|
| Finals | | | | | | |
| 1 Carter Aguilera | JR | Minnesota State | 19.14m | 62-09.50 | 3 | 10 |
| 2 Eben Mundfrom | JR | Concordia-St. Paul | 19.13m | 62-09.25 | 3 | 8 |
| 3 Tyler Hiatt | SO | Sioux Falls | 18.52m | 60-09.25 | 3 | 6 |
| 4 Grant Fritsch | SR | Wayne State | 18.16m | 59-07.00 | 3 | 5 |
| 5 Thomas Spoehr | SO | Minnesota State | 18.08m | 59-04.00 | 3 | 4 |
| 6 Tommy Kucera | JR | Minnesota State | 17.70m | 58-01.00 | 3 | 3 |
| 7 Carl Swedzinski | JR | SW Minnesota St. | 17.48m | 57-04.25 | 3 | 2 |
| 8 Nick Olson | JR | Northern State | 17.28m | 56-08.50 | 3 | 1 |
| 9 Colton Kostynick | JR | Minnesota-Duluth | 17.17m | 56-04.00 | 2 | |
| 10 Zachary Shaner | SO | Minnesota State | 16.60m | 54-05.50 | 3 | |
| 11 Tyler Nebelung | SO | SW Minnesota St. | 16.28m | 53-05.00 | 3 | |
| 12 Nathan Gribble | FR | Minnesota State | 16.26m | 53-04.25 | 2 | |
| 13 Eli Bicek | JR | Minnesota-Duluth | 15.64m | 51-03.75 | 2 | |
| 14 Jake Peitz | FR | Wayne State | 15.40m | 50-06.25 | 2 | |
| 15 Ben Oie | SR | Msu-Moorhead | 15.12m | 49-07.25 | 1 | |
| 16 Ben Wieser | FR | Minnesota State | 15.10m | 49-06.50 | 1 | |
| 17 Jaymeson Wolkow | SR | Sioux Falls | 15.09m | 49-06.25 | 2 | |
| 18 Corbin Harris | SO | Minot State | 14.87m | 48-09.50 | 2 | |
| 19 Dawson Davito | JR | Sioux Falls | 14.78m | 48-06.00 | 1 | |
| 20 Wyatt Sindelar | SO | Wayne State | 14.71m | 48-03.25 | 2 | |
| 21 Daniel Elge | SO | Wayne State | 14.65m | 48-00.75 | 1 | |
| 22 Samuel Kreins | JR | Minot State | 14.54m | 47-08.50 | 1 | |
| 23 Matthew Logue | FR | Wayne State | 14.27m | 46-10.00 | 1 | |
| 24 CJ Picazo | SO | Concordia-St. Paul | 14.24m | 46-08.75 | 1 | |
| 25 Dan Otto | FR | Concordia-St. Paul | 14.15m | 46-05.25 | 1 | |
| 26 Jackson Weston | FR | Minnesota-Duluth | 12.99m | 42-07.50 | 2 | |
| --- Keyshawn Pettis | FR | Concordia-St. Paul | FOUL | | 2 | |

Heptathlon: #1 Men 60 Meter Dash Heptathlon

| Name | Yr | School | Finals | H# | Points |
|----------------------|----|--------------------|--------|----|--------|
| Finals | | | | | |
| 1 Calder Erick | SO | Concordia-St. Paul | 7.06 | 2 | 861 |
| 2 Logan Kletscher | FR | Msu-Moorhead | 7.13 | 2 | 837 |
| 3 Jakob Tordsen | SR | Concordia-St. Paul | 7.29 | 2 | 782 |
| 4 Debonaire Williams | JR | Wayne State | 7.33 | 2 | 769 |
| 5 Colby Larson | SO | Msu-Moorhead | 7.39 | 2 | 749 |

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Results**Finals ... (Heptathlon: #1 Men 60 Meter Dash Heptathlon)**

| Name | Yr | School | Finals | H# | Points |
|----------------------|----|--------------------|--------|----|--------|
| 6 Braxton Stewart | FR | Minnesota State | 7.43 | 2 | 736 |
| 7 Jarrett McQueen | FR | Wayne State | 7.47 | 1 | 723 |
| 8 Kaden Selle | FR | U-Mary | 7.49 | 2 | 716 |
| 9 Eli Radtke | FR | Northern State | 7.54 | 1 | 700 |
| 10 Malakhi Stevenson | SO | U-Mary | 7.64 | 1 | 668 |
| 11 Alex Brandt | SO | Wayne State | 7.65 | 1 | 665 |
| 12 Kyle Kucera | SR | Minnesota-Duluth | 7.68 | 1 | 656 |
| 13 Sean Juengst | SO | Northern State | 7.71 | 1 | 646 |
| 14 Peyton Enders | SO | Concordia-St. Paul | 7.75 | 1 | 634 |

Heptathlon: #7 Men 1000 Meter Run Heptathlon

| Name | Yr | School | Finals | Points |
|-----------------------|----|--------------------|---------|--------|
| Finals | | | | |
| 1 Peyton Enders | SO | Concordia-St. Paul | 2:49.19 | 774 |
| 2 Malakhi Stevenson | SO | U-Mary | 2:52.84 | 736 |
| 3 Calder Erick | SO | Concordia-St. Paul | 2:52.93 | 735 |
| 4 Sean Juengst | SO | Northern State | 2:53.03 | 734 |
| 5 Jakob Tordsen | SR | Concordia-St. Paul | 2:53.53 | 729 |
| 6 Braxton Stewart | FR | Minnesota State | 2:53.59 | 728 |
| 7 Alex Brandt | SO | Wayne State | 2:56.30 | 701 |
| 8 Colby Larson | SO | Msu-Moorhead | 3:00.19 | 662 |
| 9 Kaden Selle | FR | U-Mary | 3:00.71 | 657 |
| 10 Jarrett McQueen | FR | Wayne State | 3:01.67 | 648 |
| 11 Debonaire Williams | JR | Wayne State | 3:02.18 | 643 |
| 12 Logan Kletscher | FR | Msu-Moorhead | 3:09.40 | 575 |
| --- Eli Radtke | FR | Northern State | DNF | |

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

| Name | Yr | School | Finals | H# | Points |
|----------------------|----|--------------------|--------|----|--------|
| Finals | | | | | |
| 1 Calder Erick | SO | Concordia-St. Paul | 8.41 | 4 | 881 |
| 2 Jakob Tordsen | SR | Concordia-St. Paul | 8.47 | 4 | 867 |
| 3 Alex Brandt | SO | Wayne State | 8.74 | 4 | 804 |
| 4 Debonaire Williams | JR | Wayne State | 8.76 | 4 | 800 |
| 5 Jarrett McQueen | FR | Wayne State | 8.84 | 3 | 781 |
| 6 Malakhi Stevenson | SO | U-Mary | 8.84 | 3 | 781 |
| 7 Kaden Selle | FR | U-Mary | 9.02 | 2 | 741 |
| 8 Logan Kletscher | FR | Msu-Moorhead | 9.08 | 3 | 728 |
| 9 Braxton Stewart | FR | Minnesota State | 9.11 | 3 | 722 |
| 10 Peyton Enders | SO | Concordia-St. Paul | 9.16 | 1 | 711 |
| 11 Eli Radtke | FR | Northern State | 9.20 | 1 | 702 |
| 12 Colby Larson | SO | Msu-Moorhead | 9.39 | 2 | 662 |
| 13 Sean Juengst | SO | Northern State | 9.92 | 2 | 556 |

Heptathlon: #4 Men High Jump Heptathlon

| Name | Yr | School | Finals | H# | Points |
|-------------------|----|--------------------|--------|---------|--------|
| Finals | | | | | |
| 1 Jakob Tordsen | SR | Concordia-St. Paul | 1.95m | 6-04.75 | 2 758 |
| 2 Braxton Stewart | FR | Minnesota State | 1.92m | 6-03.50 | 2 731 |

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Results**Finals ... (Heptathlon: #4 Men High Jump Heptathlon)**

| Name | Yr | School | Finals | | H# | Points |
|----------------------|----|--------------------|--------|---------|----|--------|
| 2 Alex Brandt | SO | Wayne State | 1.92m | 6-03.50 | 2 | 731 |
| 4 Sean Juengst | SO | Northern State | 1.89m | 6-02.25 | 2 | 705 |
| 5 Debonaire Williams | JR | Wayne State | 1.86m | 6-01.25 | 2 | 679 |
| 6 Malakhi Stevenson | SO | U-Mary | 1.83m | 6-00.00 | 2 | 653 |
| 7 Peyton Enders | SO | Concordia-St. Paul | 1.80m | 5-10.75 | 1 | 627 |
| 8 Colby Larson | SO | Msu-Moorhead | 1.74m | 5-08.50 | 2 | 577 |
| 8 Calder Erick | SO | Concordia-St. Paul | 1.74m | 5-08.50 | 1 | 577 |
| 10 Eli Radtke | FR | Northern State | 1.71m | 5-07.25 | 1 | 552 |
| 10 Jarrett McQueen | FR | Wayne State | 1.71m | 5-07.25 | 1 | 552 |
| 12 Kyle Kucera | SR | Minnesota-Duluth | 1.59m | 5-02.50 | 1 | 457 |
| 13 Kaden Selle | FR | U-Mary | 1.56m | 5-01.25 | 1 | 434 |
| 14 Logan Kletscher | FR | Msu-Moorhead | 1.53m | 5-00.25 | 1 | 411 |

Heptathlon: #6 Men Pole Vault Heptathlon

| Name | Yr | School | Finals | | Points |
|----------------------|----|--------------------|--------|----------|--------|
| Finals | | | | | |
| 1 Jakob Tordsen | SR | Concordia-St. Paul | 4.42m | 14-06.00 | 737 |
| 2 Eli Radtke | FR | Northern State | 4.32m | 14-02.00 | 708 |
| 3 Calder Erick | SO | Concordia-St. Paul | 4.02m | 13-02.25 | 623 |
| 4 Jarrett McQueen | FR | Wayne State | 3.92m | 12-10.25 | 595 |
| 4 Malakhi Stevenson | SO | U-Mary | 3.92m | 12-10.25 | 595 |
| 6 Sean Juengst | SO | Northern State | 3.82m | 12-06.25 | 568 |
| 7 Alex Brandt | SO | Wayne State | 3.72m | 12-02.50 | 541 |
| 7 Debonaire Williams | JR | Wayne State | 3.72m | 12-02.50 | 541 |
| 9 Kaden Selle | FR | U-Mary | 3.52m | 11-06.50 | 488 |
| 10 Peyton Enders | SO | Concordia-St. Paul | 3.42m | 11-02.50 | 462 |
| 11 Logan Kletscher | FR | Msu-Moorhead | 3.22m | 10-06.75 | 411 |
| 12 Colby Larson | SO | Msu-Moorhead | 3.02m | 9-10.75 | 362 |
| 12 Braxton Stewart | FR | Minnesota State | 3.02m | 9-10.75 | 362 |

Heptathlon: #2 Men Long Jump Heptathlon

| Name | Yr | School | Finals | | H# | Points |
|----------------------|----|--------------------|--------|----------|----|--------|
| Finals | | | | | | |
| 1 Jakob Tordsen | SR | Concordia-St. Paul | 7.07m | 23-02.50 | 2 | 830 |
| 2 Calder Erick | SO | Concordia-St. Paul | 6.76m | 22-02.25 | 1 | 757 |
| 3 Malakhi Stevenson | SO | U-Mary | 6.71m | 22-00.25 | 2 | 746 |
| 4 Debonaire Williams | JR | Wayne State | 6.54m | 21-05.50 | 2 | 707 |
| 5 Alex Brandt | SO | Wayne State | 6.52m | 21-04.75 | 2 | 702 |
| 6 Colby Larson | SO | Msu-Moorhead | 6.43m | 21-01.25 | 2 | 682 |
| 7 Braxton Stewart | FR | Minnesota State | 6.34m | 20-09.75 | 2 | 661 |
| 8 Jarrett McQueen | FR | Wayne State | 6.23m | 20-05.25 | 1 | 637 |
| 9 Peyton Enders | SO | Concordia-St. Paul | 6.14m | 20-01.75 | 1 | 617 |
| 10 Logan Kletscher | FR | Msu-Moorhead | 5.95m | 19-06.25 | 1 | 576 |
| 11 Sean Juengst | SO | Northern State | 5.93m | 19-05.50 | 2 | 571 |
| 12 Eli Radtke | FR | Northern State | 5.91m | 19-04.75 | 1 | 567 |
| 13 Kaden Selle | FR | U-Mary | 5.82m | 19-01.25 | 1 | 548 |
| 14 Kyle Kucera | SR | Minnesota-Duluth | 5.37m | 17-07.50 | 1 | 455 |

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Results**Heptathlon: #3 Men Shot Put Heptathlon**

| Name | Yr | School | Finals | | H# | Points | |
|---------------|--------------------|--------|--------------------|--------|----------|--------|-----|
| Finals | | | | | | | |
| 1 | Jakob Tordsen | SR | Concordia-St. Paul | 13.53m | 44-04.75 | 2 | 700 |
| 2 | Calder Erick | SO | Concordia-St. Paul | 12.04m | 39-06.00 | 1 | 609 |
| 3 | Debonaire Williams | JR | Wayne State | 11.57m | 37-11.50 | 2 | 580 |
| 4 | Braxton Stewart | FR | Minnesota State | 11.28m | 37-00.25 | 2 | 563 |
| 5 | Alex Brandt | SO | Wayne State | 10.68m | 35-00.50 | 2 | 527 |
| 6 | Kyle Kucera | SR | Minnesota-Duluth | 10.60m | 34-09.50 | 1 | 522 |
| 7 | Malakhi Stevenson | SO | U-Mary | 10.58m | 34-08.50 | 2 | 521 |
| 8 | Sean Juengst | SO | Northern State | 10.55m | 34-07.50 | 2 | 519 |
| 9 | Eli Radtke | FR | Northern State | 10.00m | 32-09.75 | 1 | 486 |
| 10 | Peyton Enders | SO | Concordia-St. Paul | 9.43m | 30-11.25 | 1 | 451 |
| 11 | Colby Larson | SO | Msu-Moorhead | 9.09m | 29-10.00 | 2 | 431 |
| 12 | Jarrett McQueen | FR | Wayne State | 8.64m | 28-04.25 | 1 | 404 |
| 13 | Kaden Selle | FR | U-Mary | 8.57m | 28-01.50 | 1 | 400 |
| 14 | Logan Kletscher | FR | Msu-Moorhead | 8.56m | 28-01.00 | 1 | 400 |

Men Heptathlon

NSIC Record: 5378 \$ 2/25/2022 Tyl Woelber, Augustana

Facility: 5580 % 2023 Jakob Tordsen, Minnesota State

| Name | Yr | School | Finals | H# | Points |
|---------------|--------------------|--------|--------------------|---------|--------|
| Finals | | | | | |
| 1 | Jakob Tordsen | SR | Concordia-St. Paul | 5403 \$ | 10 |
| 2 | Calder Erick | SO | Concordia-St. Paul | 5043 | 8 |
| 3 | Debonaire Williams | JR | Wayne State | 4719 | 6 |
| 4 | Malakhi Stevenson | SO | U-Mary | 4700 | 5 |
| 5 | Alex Brandt | SO | Wayne State | 4671 | 4 |
| 6 | Braxton Stewart | FR | Minnesota State | 4503 | 3 |
| 7 | Jarrett McQueen | FR | Wayne State | 4340 | 2 |
| 8 | Sean Juengst | SO | Northern State | 4299 | 1 |
| 9 | Peyton Enders | SO | Concordia-St. Paul | 4276 | |
| 10 | Colby Larson | SO | Msu-Moorhead | 4125 | |
| 11 | Kaden Selle | FR | U-Mary | 3984 | |
| 12 | Logan Kletscher | FR | Msu-Moorhead | 3938 | |
| 13 | Eli Radtke | FR | Northern State | 3715 | |

Men - Team Rankings - 19 Events Scored

| | | | |
|-----------------------|-----|---------------------|----|
| 1) Minnesota State | 232 | 2) Augustana | 96 |
| 3) MSU-Moorhead | 86 | 4) Wayne State | 57 |
| 5) U-Mary | 49 | 6) Minnesota-Duluth | 48 |
| 7) Concordia-St. Paul | 47 | 8) Northern State | 45 |
| 9) Sioux Falls | 42 | 10) Minot State | 29 |
| 11) SW Minnesota St. | 5 | 12) Upper Iowa | 4 |

2023 NSIC Track and Field Indoor Championship - 2/25/2023 to 2/26/2023

Hosted by Minnesota State Mankato

Myers Fieldhouse

Results**Women 60 Meter Dash**

Facility: 7.23 % 2/25/2023 Denisha Cartwright, Minnesota State
 NSIC Record: 7.23 \$ 2/25/2023 Denisha Cartwright, Minnesota State
 Facility: 7.23 % 2022 Kiara Parker, ASICS

| Name | Yr | School | Prelims | H# |
|----------------------|----|--------------------|-----------------------|------------|
| Preliminaries | | | | |
| 1 | | Denisha Cartwright | JR Minnesota State | % 7.23 Q 1 |
| 2 | | Makayla Jackson | JR Minnesota State | 7.32 Q 2 |
| 3 | | Renea Taylor | SO Northern State | 7.49 Q 3 |
| 4 | | Nyanas Kur | SO Augustana | 7.53 Q 3 |
| 5 | | Ja'Cey Simmons | JR Minnesota State | 7.61 Q 2 |
| 6 | | Arianna Passeri | SR U-Mary | 7.65 Q 1 |
| 7 | | Alaina Hall | JR Bemidji State | 7.66 q 2 |
| 8 | | Norah D'Almeida | FR Minnesota State | 7.67 q 2 |
| 9 | | Caitlyn Jones | JR Minnesota State | 7.68 1 |
| 10 | | Roxan Foster | JR Minnesota State | 7.72 2 |
| 11 | | Shavante Roberts | FR Msu-Moorhead | 7.72 1 |
| 12 | | Tamia Horton | FR Sioux Falls | 7.75 3 |
| 13 | | Lily Juhnke | FR Augustana | 7.77 3 |
| 14 | | Emily Anderson | FR Minnesota-Duluth | 7.78 3 |
| 15 | | Mariah Williams | JR Minnesota State | 7.81 1 |
| 16 | | Nikita Lebbie | FR Minnesota State | 7.85 2 |
| 17 | | Maya Couch | SO Wayne State | 7.90 2 |
| 18 | | Kaylee Olson | SO Winona State | 7.91 3 |
| 19 | | Katie Lavato | JR St. Cloud State | 7.96 3 |
| 20 | | Grace Gioffredi | FR Sioux Falls | 8.01 1 |
| 21 | | Courtney Lukas | FR Winona State | 8.03 2 |
| 22 | | Sarah Cotton | SR Wayne State | 8.04 3 |
| 23 | | Myah Roggenbuck | JR Sioux Falls | 8.11 1 |
| 24 | | Breonna Graham | SR Concordia-St. Paul | 8.25 1 |

Women 60 Meter Dash

Facility: 7.23 % 2/25/2023 Denisha Cartwright, Minnesota State
 NSIC Record: 7.23 \$ 2/25/2023 Denisha Cartwright, Minnesota State
 Facility: 7.23 % 2022 Kiara Parker, ASICS

| Name | Yr | School | Finals | Points |
|---------------|----|--------------------|--------------------|---------|
| Finals | | | | |
| 1 | | Denisha Cartwright | JR Minnesota State | 7.27 10 |
| 2 | | Renea Taylor | SO Northern State | 7.46 8 |
| 3 | | Ja'Cey Simmons | JR Minnesota State | 7.55 6 |
| 4 | | Nyanas Kur | SO Augustana | 7.56 5 |
| 5 | | Alaina Hall | JR Bemidji State | 7.64 4 |
| 6 | | Norah D'Almeida | FR Minnesota State | 7.72 3 |
| 7 | | Arianna Passeri | SR U-Mary | 7.73 2 |

2023 NSIC Track and Field Indoor Championship - 2/25/2023 to 2/26/2023

Hosted by Minnesota State Mankato

Myers Fieldhouse

Results**Women 200 Meter Dash**

NSIC Record: 24.22 \$ 2/26/2022 Denisha Cartwright, Minnesota State

Facility: 23.86 % 2023 Denisha Cartwright, Minnesota State

| Name | Yr | School | Prelims | H# |
|----------------------|----|--------------------|---------|----|
| Preliminaries | | | | |
| 1 Denisha Cartwright | JR | Minnesota State | 24.24 Q | 1 |
| 2 Nyanas Kur | SO | Augustana | 24.59 Q | 3 |
| 3 Robynn Rolle-Curry | JR | Msu-Moorhead | 24.92 Q | 4 |
| 4 Akela White | SO | Minnesota State | 25.78 Q | 2 |
| 5 Sakena Massiah | SO | U-Mary | 24.78 q | 1 |
| 6 Renea Taylor | SO | Northern State | 24.82 q | 3 |
| 7 Brooklyn Schyvinck | SR | Winona State | 25.22 q | 4 |
| 8 Rose Gaye | SR | Minnesota State | 25.55 q | 1 |
| 9 Shavante Roberts | FR | Msu-Moorhead | 25.63 | 4 |
| 10 Kate Fitzgerald | FR | Minnesota-Duluth | 25.80 | 3 |
| 11 Rose Cramer | JR | Minnesota State | 25.81 | 2 |
| 12 Cece Lewis | JR | Concordia-St. Paul | 25.81 | 4 |
| 13 Caitlyn Jones | JR | Minnesota State | 25.86 | 3 |
| 14 Norah D'Almeida | FR | Minnesota State | 25.88 | 4 |
| 15 Lily Juhnke | FR | Augustana | 26.08 | 1 |
| 16 Kynnedi Malone | SO | Minnesota State | 26.09 | 4 |
| 17 Sarah Cotton | SR | Wayne State | 26.10 | 2 |
| 18 Emily Anderson | FR | Minnesota-Duluth | 26.20 | 3 |
| 19 Maya Couch | SO | Wayne State | 26.23 | 2 |
| 20 Nikita Lebbie | FR | Minnesota State | 26.29 | 3 |
| 21 Katie Lavato | JR | St. Cloud State | 26.61 | 1 |
| 22 Lauryn Samuel | JR | Concordia-St. Paul | 26.63 | 2 |
| 23 Alaina Hall | JR | Bemidji State | 26.85 | 1 |

Women 200 Meter Dash

NSIC Record: 24.22 \$ 2/26/2022 Denisha Cartwright, Minnesota State

Facility: 23.86 % 2023 Denisha Cartwright, Minnesota State

| Name | Yr | School | Finals | Points |
|----------------------|----|-----------------|---------|--------|
| Finals | | | | |
| 1 Denisha Cartwright | JR | Minnesota State | 23.79 % | 10 |
| 2 Nyanas Kur | SO | Augustana | 24.50 | 8 |
| 3 Robynn Rolle-Curry | JR | Msu-Moorhead | 24.66 | 6 |
| 4 Renea Taylor | SO | Northern State | 24.72 | 5 |
| 5 Sakena Massiah | SO | U-Mary | 25.04 | 4 |
| 6 Brooklyn Schyvinck | SR | Winona State | 25.21 | 3 |
| 7 Akela White | SO | Minnesota State | 25.50 | 2 |
| 8 Rose Gaye | SR | Minnesota State | 25.99 | 1 |

Women 400 Meter Dash

NSIC Record: 54.79 \$ 2/25/2023 Shereen Vallabouy, Winona State

Facility: 53.47 % 2023 Shereen Vallabouy, Winona State

| Name | Yr | School | Prelims | H# |
|----------------------|----|--------------|------------|----|
| Preliminaries | | | | |
| 1 Shereen Vallabouy | SR | Winona State | \$ 54.79 Q | 1 |
| 2 Robynn Rolle-Curry | JR | Msu-Moorhead | 55.92 Q | 2 |

2023 NSIC Track and Field Indoor Championship - 2/25/2023 to 2/26/2023

Hosted by Minnesota State Mankato

Myers Fieldhouse

Results**Preliminaries ... (Women 400 Meter Dash)**

| Name | Yr | School | Prelims | H# |
|----------------------|----|--------------------|---------|----|
| 3 Brooklyn Schyvinck | SR | Winona State | 57.03 Q | 3 |
| 4 Maia Peterson | SO | Augustana | 56.93 Q | 2 |
| 5 Eilika Lane | JR | Minnesota State | 57.36 Q | 1 |
| 6 Rose Gaye | SR | Minnesota State | 57.52 Q | 3 |
| 7 Morgan Hertz | JR | U-Mary | 57.57 q | 2 |
| 8 Cece Lewis | JR | Concordia-St. Paul | 57.79 q | 3 |
| 9 Kyanna Collymore | FR | Northern State | 57.98 | 3 |
| 10 Elizabeth Schmidt | SO | Minnesota State | 58.09 | 1 |
| 11 Dyashia Colvin | SR | Minnesota State | 58.22 | 2 |
| 12 Megan Gilles | JR | Minnesota-Duluth | 59.12 | 1 |
| 13 Grace Hambel | FR | Minnesota State | 59.33 | 1 |
| 14 Rachel Jaworski | SO | Minnesota State | 1:01.76 | 3 |
| 15 Jillian Dodds | FR | Upper Iowa | 1:05.67 | 2 |

Women 400 Meter Dash

NSIC Record: 54.79 \$ 2/25/2023 Shereen Vallabouy, Winona State

Facility: 53.47 % 2023 Shereen Vallabouy, Winona State

| Name | Yr | School | Finals | Points |
|----------------------|----|--------------------|---------|--------|
| Finals | | | | |
| 1 Shereen Vallabouy | SR | Winona State | 53.28 % | 10 |
| 2 Robynn Rolle-Curry | JR | Msu-Moorhead | 55.17 | 8 |
| 3 Brooklyn Schyvinck | SR | Winona State | 56.21 | 6 |
| 4 Maia Peterson | SO | Augustana | 56.82 | 5 |
| 5 Rose Gaye | SR | Minnesota State | 57.41 | 4 |
| 6 Eilika Lane | JR | Minnesota State | 57.47 | 3 |
| 7 Morgan Hertz | JR | U-Mary | 57.78 | 2 |
| 8 Cece Lewis | JR | Concordia-St. Paul | 58.36 | 1 |

Women 600 Meter Run

NSIC Record: 1:32.41 \$ 2017 Emily Trost, UMD

Facility: 1:32.41 % 2017 Emilee Trost, Minnesota Duluth

| Name | Yr | School | Prelims | H# |
|------------------------|----|--------------------|-----------|----|
| Preliminaries | | | | |
| 1 Brooklyn Brouse | SO | St. Cloud State | 1:36.74 Q | 1 |
| 2 Rachel Boelke | JR | Minnesota-Duluth | 1:37.12 Q | 3 |
| 3 Sydney Jackson | SO | Concordia-St. Paul | 1:37.76 Q | 4 |
| 4 Ava Grimm | SR | U-Mary | 1:37.82 Q | 2 |
| 5 Danalee Brock | SO | U-Mary | 1:38.27 q | 3 |
| 6 Sierra Clifford | SO | SW Minnesota St. | 1:38.35 q | 3 |
| 7 Grace Acheson | SR | U-Mary | 1:38.65 q | 4 |
| 8 Mariana Guerra-Reese | JR | St. Cloud State | 1:38.74 q | 2 |
| 9 Abby Syverson | JR | Bemidji State | 1:38.85 | 1 |
| 10 Mary Franssen | JR | Northern State | 1:38.89 | 1 |
| 11 Alyssa Larson | FR | Winona State | 1:40.09 | 4 |
| 12 Michaela Hartinger | JR | Concordia-St. Paul | 1:40.11 | 1 |
| 13 Emma Borowicz | SO | Minnesota State | 1:40.99 | 4 |
| 14 Marybeth Matthews | FR | Minnesota-Duluth | 1:41.52 | 1 |
| 15 Alison Stineman | JR | Wayne State | 1:41.53 | 1 |
| 16 Summer Carlson | SO | Northern State | 1:41.57 | 2 |

2023 NSIC Track and Field Indoor Championship - 2/25/2023 to 2/26/2023

Hosted by Minnesota State Mankato

Myers Fieldhouse

Results**Preliminaries ... (Women 600 Meter Run)**

| Name | Yr | School | Prelims | H# |
|------------------------------|----|--------------------|---------|----|
| 17 Sierra Sweeney | SO | Northern State | 1:43.21 | 3 |
| 18 Ashley Donovan | SR | Upper Iowa | 1:43.33 | 4 |
| 19 Sidra Sadowsky | SO | Minot State | 1:43.46 | 2 |
| 20 Jaid Perry | JR | Concordia-St. Paul | 1:43.52 | 3 |
| 21 Emily Beckmann | SR | Minnesota State | 1:44.04 | 4 |
| 22 Nyadio Chan | FR | Concordia-St. Paul | 1:45.07 | 1 |
| 23 Rachael Neu | JR | U-Mary | 1:46.34 | 3 |
| 24 Alli Jackson | SO | Northern State | 1:48.47 | 2 |
| 25 Maria Vetter | SO | U-Mary | 1:48.70 | 2 |
| 26 Kennedy Speer | FR | Minnesota State | 1:50.84 | 3 |
| --- Audrey Neuerburg-Chapman | SO | Minnesota-Duluth | DQ | 2 |

Women 600 Meter Run

NSIC Record: 1:32.41 \$ 2017

Emily Trost, UMD

Facility: 1:32.41 % 2017

Emilee Trost, Minnesota Duluth

| Name | Yr | School | Finals | Points |
|------------------------|----|--------------------|---------|--------|
| Finals | | | | |
| 1 Ava Grimm | SR | U-Mary | 1:35.86 | 10 |
| 2 Rachel Boelke | JR | Minnesota-Duluth | 1:36.88 | 8 |
| 3 Sydney Jackson | SO | Concordia-St. Paul | 1:36.96 | 6 |
| 4 Brooklyn Brouse | SO | St. Cloud State | 1:37.91 | 5 |
| 5 Sierra Clifford | SO | SW Minnesota St. | 1:38.07 | 4 |
| 6 Grace Acheson | SR | U-Mary | 1:38.21 | 3 |
| 7 Mariana Guerra-Reese | JR | St. Cloud State | 1:38.60 | 2 |
| 8 Danalee Brock | SO | U-Mary | 1:39.54 | 1 |

Women 800 Meter Run

NSIC Record: 2:11.11 \$ 2019

Monique McPherson, MARY

Facility: 2:09.15 % 2012

Amanda Putt, Hillsdale

| Name | Yr | School | Prelims | H# |
|----------------------|----|------------------|-----------|----|
| Preliminaries | | | | |
| 1 Caroline Sudbeck | JR | Augustana | 2:17.09 Q | 1 |
| 2 Alexis Erickson | JR | Bemidji State | 2:18.37 Q | 2 |
| 3 Kaylee Beyer | JR | Winona State | 2:17.09 Q | 1 |
| 4 MaKenna Thurston | JR | Minnesota State | 2:18.44 Q | 2 |
| 5 Savannah Schley | SO | Minnesota-Duluth | 2:17.13 q | 1 |
| 6 Kiran Green | SR | U-Mary | 2:17.55 q | 1 |
| 7 Cassidy O'Meara | JR | Sioux Falls | 2:18.85 q | 2 |
| 8 Haleigh Reindl | SR | Minnesota-Duluth | 2:19.30 q | 1 |
| 9 Alaina Steele | JR | Minnesota-Duluth | 2:20.59 | 1 |
| 10 Makayla Bishop | SO | Minnesota State | 2:21.11 | 2 |
| 11 Clara Welhouse | SR | St. Cloud State | 2:23.01 | 2 |
| 12 Bellamy Sukalski | FR | Winona State | 2:24.66 | 1 |
| 13 Maggie McCarthy | FR | Bemidji State | 2:26.36 | 2 |
| 14 Jennifer Clark | SR | Northern State | 2:26.54 | 2 |

2023 NSIC Track and Field Indoor Championship - 2/25/2023 to 2/26/2023

Hosted by Minnesota State Mankato

Myers Fieldhouse

Results**Women 800 Meter Run**

NSIC Record: 2:11.11 \$ 2019

Monique McPherson, MARY

Facility: 2:09.15 % 2012

Amanda Putt, Hillsdale

| Name | Yr | School | Finals | Points |
|--------------------|----|------------------|---------|--------|
| Finals | | | | |
| 1 Kaylee Beyer | JR | Winona State | 2:12.22 | 10 |
| 2 Caroline Sudbeck | JR | Augustana | 2:12.51 | 8 |
| 3 Savannah Schley | SO | Minnesota-Duluth | 2:14.84 | 6 |
| 4 Cassidy O'Meara | JR | Sioux Falls | 2:14.90 | 5 |
| 5 Alexis Erickson | JR | Bemidji State | 2:17.09 | 4 |
| 6 Kiran Green | SR | U-Mary | 2:18.41 | 3 |
| 7 MaKenna Thurston | JR | Minnesota State | 2:19.03 | 2 |
| 8 Haleigh Reindl | SR | Minnesota-Duluth | 2:21.00 | 1 |

Women 1000 Meter Run

NSIC Record: 2:48.97 \$ 2016

Emily Trost, UMD

Facility: 2:48.97 % 2016

Emilee Trost, Minnesota Duluth

| Name | Yr | School | Prelims | H# |
|-----------------------|----|------------------|-----------|----|
| Preliminaries | | | | |
| 1 Mary Franssen | JR | Northern State | 3:02.57 Q | 2 |
| 2 Annika Aho | JR | Sioux Falls | 3:03.40 Q | 1 |
| 3 Francine Seidel | JR | Minnesota-Duluth | 3:02.58 Q | 2 |
| 4 Mia Salas | JR | Augustana | 3:03.59 Q | 1 |
| 5 Kelsey Larsen | JR | Wayne State | 3:02.61 q | 2 |
| 6 Marissa Ellenbecker | SO | Minnesota State | 3:03.60 q | 1 |
| 7 Kylie Pachta | JR | Wayne State | 3:03.69 q | 2 |
| 8 Marisa Shiland | JR | U-Mary | 3:03.87 q | 1 |
| 9 Gracie Bucher | SO | Sioux Falls | 3:07.17 | 2 |
| 10 Emma Hughes | SO | Augustana | 3:08.23 | 1 |
| 11 Nicole Reeves | FR | Minot State | 3:12.77 | 2 |
| --- Brooke Baumann | FR | Msu-Moorhead | DNF | 1 |

Women 1000 Meter Run

NSIC Record: 2:48.97 \$ 2016

Emily Trost, UMD

Facility: 2:48.97 % 2016

Emilee Trost, Minnesota Duluth

| Name | Yr | School | Finals | Points |
|-----------------------|----|------------------|---------|--------|
| Finals | | | | |
| 1 Mia Salas | JR | Augustana | 2:54.92 | 10 |
| 2 Kelsey Larsen | JR | Wayne State | 2:57.52 | 8 |
| 3 Mary Franssen | JR | Northern State | 2:58.46 | 6 |
| 4 Annika Aho | JR | Sioux Falls | 2:59.80 | 5 |
| 5 Kylie Pachta | JR | Wayne State | 3:01.56 | 4 |
| 6 Francine Seidel | JR | Minnesota-Duluth | 3:03.05 | 3 |
| 7 Marissa Ellenbecker | SO | Minnesota State | 3:08.66 | 2 |
| 8 Marisa Shiland | JR | U-Mary | 3:12.78 | 1 |

2023 NSIC Track and Field Indoor Championship - 2/25/2023 to 2/26/2023**Hosted by Minnesota State Mankato****Myers Fieldhouse****Results****Women 1 Mile Run****NSIC Record: 4:41.88 \$ 2017****Emily Trost, UMD****Facility: 4:41.88 % 2017****Emilee Trost, Minnesota Duluth**

| Name | Yr | School | Finals | Points |
|---------------|------------------|---------------------|---------|--------|
| Finals | | | | |
| 1 | Cailee Peterson | SR Minnesota-Duluth | 4:46.50 | 10 |
| 2 | Kaylee Beyer | JR Winona State | 4:46.93 | 8 |
| 3 | PJ English | SR Augustana | 4:51.89 | 6 |
| 4 | MaKenna Thurston | JR Minnesota State | 4:55.93 | 5 |
| 5 | Khot Juac | SO Sioux Falls | 4:56.89 | 4 |
| 6 | Morgan Gehl | SO Sioux Falls | 5:00.50 | 3 |
| 7 | Sophia Taarud | SO Winona State | 5:05.96 | 2 |
| 8 | Kiran Green | SR U-Mary | 5:10.05 | 1 |
| 9 | Josie Bond | SO Minnesota-Duluth | 5:11.43 | |
| 10 | Lindsey Young | FR Augustana | 5:16.44 | |
| 11 | Rachel Hoffman | SR Winona State | 5:19.69 | |
| 12 | Marisa Shiland | JR U-Mary | 5:20.80 | |
| 13 | Francine Seidel | JR Minnesota-Duluth | 5:22.44 | |

Women 3000 Meter Run**NSIC Record: 9:31.37 \$ 2020****Ida Narbuvoll, MARY****Facility: 9:16.32 % 2023****Lindsay Cunningham, Winona State**

| Name | Yr | School | Finals | H# | Points |
|---------------|--------------------|---------------------|----------|----|--------|
| Finals | | | | | |
| 1 | Amanda Montplaisir | SR Minnesota State | 9:43.13 | 2 | 10 |
| 2 | Khot Juac | SO Sioux Falls | 9:55.57 | 2 | 8 |
| 3 | Jessica Lutmer | SO Sioux Falls | 9:58.31 | 2 | 6 |
| 4 | Mary Goodwin | JR Bemidji State | 10:03.30 | 2 | 5 |
| 5 | McKenna Taylor | SO Winona State | 10:09.19 | 2 | 4 |
| 6 | Morgan Gehl | SO Sioux Falls | 10:13.19 | 2 | 3 |
| 7 | Ella Bakken | SO Augustana | 10:13.37 | 2 | 2 |
| 8 | Emily Cunningham | SO Minnesota State | 10:13.46 | 2 | 1 |
| 9 | Taylor Melton | JR Augustana | 10:16.77 | 2 | |
| 10 | Ana McCabe | JR Augustana | 10:19.13 | 2 | |
| 11 | Andrijana Fundak | SO U-Mary | 10:23.52 | 2 | |
| 12 | Alexis Erickson | JR Bemidji State | 10:24.98 | 1 | |
| 13 | Megan Pickering | SO Northern State | 10:28.44 | 2 | |
| 14 | Morgan Radel | SR Minnesota-Duluth | 10:32.98 | 1 | |
| 15 | Eve Anderson | SO Minnesota-Duluth | 10:33.76 | 1 | |
| 16 | Lauryn Renier | JR Minnesota-Duluth | 10:33.94 | 2 | |
| 17 | Megan Means | SR Augustana | 10:36.22 | 2 | |
| 18 | Jessica Martinez | JR Minot State | 10:38.07 | 1 | |
| 19 | Ellen Moore | JR U-Mary | 10:39.72 | 1 | |
| 20 | Madison Matzek | FR Minnesota State | 10:40.74 | 1 | |
| 21 | Elizabeth VanLoon | FR Minnesota-Duluth | 10:46.61 | 1 | |
| 22 | Emery Smith | FR Minot State | 10:51.15 | 1 | |
| 23 | Teresa Blote | SR U-Mary | 11:02.40 | 1 | |
| 24 | Anna Palodichuk | JR Minnesota-Duluth | 11:06.94 | 1 | |
| 25 | Paulette Dominguez | SO Minot State | 11:19.79 | 1 | |

2023 NSIC Track and Field Indoor Championship - 2/25/2023 to 2/26/2023

Hosted by Minnesota State Mankato

Myers Fieldhouse

Results**Women 5000 Meter Run**

NSIC Record: 15:48.66 \$ 2/25/2023 Lindsay Cunningham, Winona State

Facility: 15:48.66 % 2/25/2023 Lindsay Cunningham, Winona State

| Name | Yr | School | Finals | H# | Points |
|----------------------|----|------------------|-------------|----|--------|
| Finals | | | | | |
| 1 Lindsay Cunningham | SO | Winona State | 15:48.66 \$ | 2 | 10 |
| 2 Amanda Montplaisir | SR | Minnesota State | 16:59.79 | 2 | 8 |
| 3 Ella Bakken | SO | Augustana | 17:37.80 | 2 | 6 |
| 4 Megan Means | SR | Augustana | 17:40.30 | 2 | 5 |
| 5 Jessica Lutmer | SO | Sioux Falls | 17:42.84 | 2 | 4 |
| 6 Andrijana Fundak | SO | U-Mary | 17:49.65 | 2 | 3 |
| 7 Ana McCabe | JR | Augustana | 17:59.95 | 2 | 2 |
| 8 Ellen Moore | JR | U-Mary | 18:12.84 | 2 | 1 |
| 9 Morgan Radel | SR | Minnesota-Duluth | 18:22.56 | 2 | |
| 10 Terez Wycklendt | FR | U-Mary | 18:29.88 | 2 | |
| 11 Eve Anderson | SO | Minnesota-Duluth | 18:31.14 | 1 | |
| 12 Megan Pickering | SO | Northern State | 18:37.26 | 2 | |
| 13 Grace Dorsher | SO | Msu-Moorhead | 18:45.71 | 2 | |
| 14 Lindsey Stuckey | FR | Wayne State | 18:51.00 | 2 | |
| 15 Greta Freed | SO | St. Cloud State | 18:56.89 | 2 | |
| 16 Emery Smith | FR | Minot State | 19:02.20 | 1 | |
| 17 Kathryn Wraspir | FR | Minnesota-Duluth | 19:10.74 | 1 | |
| 18 Karlee Simmons | JR | Sioux Falls | 19:19.82 | 1 | |
| 19 Anna Palodichuk | JR | Minnesota-Duluth | 19:22.87 | 1 | |
| 20 Kenzie Hamann | SO | Northern State | 19:28.83 | 1 | |
| 21 Megan Narveson | FR | Minnesota State | 19:34.79 | 1 | |
| 22 Cambrie Kowal | SO | St. Cloud State | 19:40.35 | 1 | |
| 23 Alexi MacDonald | FR | Minnesota State | 19:54.95 | 1 | |
| 24 Teresa Blote | SR | U-Mary | 19:56.60 | 1 | |
| 25 Macey White | SR | Upper Iowa | 19:59.76 | 1 | |

Women 60 Meter Hurdles

NSIC Record: 8.11 \$ 2/25/2023 Denisha Cartwright, Minnesota State

Facility: 8.07 % 2023 Denisha Carthright, Minnesota State

| Name | Yr | School | Prelims | H# |
|------------------------|----|-----------------|-----------|----|
| Preliminaries | | | | |
| 1 Denisha Cartwright | JR | Minnesota State | \$ 8.11 Q | 1 |
| 2 Roxan Foster | JR | Minnesota State | 8.65 Q | 2 |
| 3 Kynnedi Malone | SO | Minnesota State | 8.65 Q | 3 |
| 4 Renea Taylor | SO | Northern State | 8.70 Q | 3 |
| 5 Quanterra Harrison | SR | Minnesota State | 8.77 Q | 1 |
| 6 Emily Swanson | JR | Sioux Falls | 8.86 Q | 2 |
| 7 Elizabeth Schaefer | JR | Augustana | 8.88 q | 1 |
| 8 A'Lena Chaney | JR | U-Mary | 8.89 q | 2 |
| 9 Xana Leum | SR | Winona State | 8.91 | 3 |
| 10 Hanna Reichenberger | SO | Winona State | 8.96 | 3 |
| 11 Miranda Lauvstad | FR | Minnesota State | 8.99 | 2 |
| 12 Adla Serrao | JR | Msu-Moorhead | 9.16 | 1 |
| 13 Lyric Brennen | SO | Minnesota State | 9.19 | 1 |
| 14 Kaye Paschka | JR | Augustana | 9.21 | 3 |

2023 NSIC Track and Field Indoor Championship - 2/25/2023 to 2/26/2023

Hosted by Minnesota State Mankato

Myers Fieldhouse

Results**Preliminaries ... (Women 60 Meter Hurdles)**

| Name | Yr | School | Prelims | H# |
|---------------------|----|-----------------|---------|----|
| 15 Shelby Romig | SO | St. Cloud State | 9.24 | 2 |
| 16 Mickalyn Babcock | JR | Msu-Moorhead | 9.32 | 2 |
| 17 Ana Ashworth | FR | Minnesota State | 9.35 | 3 |
| 18 Tia Horning | JR | U-Mary | 9.41 | 1 |
| 19 Megan Hansen | JR | Wayne State | 9.79 | 2 |
| --- Cora Andersen | SO | Minnesota State | DNF | 1 |

Women 60 Meter Hurdles

NSIC Record: 8.11 \$ 2/25/2023 Denisha Cartwright, Minnesota State

Facility: 8.07 % 2023 Denisha Carthright, Minnesota State

| Name | Yr | School | Finals | Points |
|----------------------|----|-----------------|--------|--------|
| Finals | | | | |
| 1 Denisha Cartwright | JR | Minnesota State | 8.22 | 10 |
| 2 Roxan Foster | JR | Minnesota State | 8.59 | 8 |
| 3 Kynnedi Malone | SO | Minnesota State | 8.59 | 6 |
| 4 Elizabeth Schaefer | JR | Augustana | 8.69 | 5 |
| 5 Quanterra Harrison | SR | Minnesota State | 8.74 | 4 |
| 6 A'Lena Chaney | JR | U-Mary | 8.76 | 3 |
| 7 Emily Swanson | JR | Sioux Falls | 8.98 | 2 |
| 8 Renea Taylor | SO | Northern State | 9.04 | 1 |

Women 4x400 Meter Relay

NSIC Record: 3:47.46 \$ 2017

U-Mary

J.Hammerschmidt,M.Bolibruch,N.Richards,T.Pandohie

Facility: 3:44.02 % 2023

, Winona State

Feit,Larson,Schyvnick,Vallabouy

| Team | Relay | Finals | H# | Points |
|----------------------|-------|---------|----|--------|
| Finals | | | | |
| 1 Winona State | | 3:49.17 | 3 | 10 |
| 2 Minnesota State | | 3:51.77 | 3 | 8 |
| 3 Augustana | | 3:53.89 | 3 | 6 |
| 4 Northern State | | 3:55.55 | 2 | 5 |
| 5 Minnesota-Duluth | | 3:56.08 | 2 | 4 |
| 6 Concordia-St. Paul | | 3:58.80 | 3 | 3 |
| 7 Bemidji State | | 4:02.21 | 2 | 2 |
| 8 U-Mary | | 4:02.50 | 3 | 1 |
| 9 SW Minnesota St. | | 4:02.56 | 2 | |
| 10 Sioux Falls | | 4:05.06 | 1 | |
| 11 St. Cloud State | | 4:06.37 | 1 | |
| 12 Upper Iowa | | 4:14.66 | 1 | |
| 13 Msu-Moorhead | | 4:24.66 | 1 | |

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Results**Women Distance Medley**

NSIC Record: 11:43.93 \$ 2/25/2023 Augustana, Augustana
 M Salas, E Heinitz, C Sudbeck, P English
 Facility: 11:23.35 % 2012 , Grand Valley State
 Graney, Hess, Galasso, Patterson

| Team | Relay | Finals | Points |
|---------------|--------------------|-------------|--------|
| Finals | | | |
| 1 | Augustana | 11:43.93 \$ | 10 |
| 2 | Minnesota State | 11:49.20 | 8 |
| 3 | Sioux Falls | 11:52.73 | 6 |
| 4 | Winona State | 12:03.43 | 5 |
| 5 | Bemidji State | 12:09.38 | 4 |
| 6 | Minnesota-Duluth | 12:16.63 | 3 |
| 7 | Northern State | 12:37.26 | 2 |
| 8 | Minot State | 12:37.72 | 1 |
| 9 | U-Mary | 12:38.74 | |
| 10 | Upper Iowa | 12:59.93 | |
| 11 | SW Minnesota St. | 13:06.08 | |
| 12 | Concordia-St. Paul | 13:45.24 | |
| --- | St. Cloud State | SCR | |

Women High Jump

NSIC Record: 1.78m \$ 2/25/2022 Arika Robinson, Concordia-St. Pa
 Facility: 1.86m % 2012 Babara Szabo, Western State

| Name | Yr | School | Finals | Points |
|---------------|---------------------|-----------------------|---------------|--------|
| Finals | | | | |
| 1 | Arika Harbo | SR Concordia-St. Paul | 1.77m 5-09.75 | 10 |
| 2 | Paola Brena | SR St. Cloud State | 1.74m 5-08.50 | 8 |
| 3 | Lillian Washington | FR Minnesota State | 1.68m 5-06.00 | 6 |
| 4 | Julia Rowles | JR St. Cloud State | 1.65m 5-05.00 | 4.50 |
| 4 | Antonia Genet | SR U-Mary | 1.65m 5-05.00 | 4.50 |
| 6 | Emily Swanson | JR Sioux Falls | 1.65m 5-05.00 | 3 |
| 7 | Ella Paaverud | SR Concordia-St. Paul | 1.65m 5-05.00 | 2 |
| 8 | Bryn London | SR Minnesota-Duluth | 1.62m 5-03.75 | 1 |
| 9 | Rainbow Stands | SO SW Minnesota St. | 1.59m 5-02.50 | |
| 9 | Ashley Cridlebaugh | SO Minnesota State | 1.59m 5-02.50 | |
| 11 | Kaylee Olson | SO Winona State | 1.59m 5-02.50 | |
| 12 | Abbi Webb | SO Sioux Falls | 1.54m 5-00.50 | |
| 12 | Mari Mohling | FR Winona State | 1.54m 5-00.50 | |
| 12 | Lauren Preiner | SO Minnesota State | 1.54m 5-00.50 | |
| 15 | Toryn Richards | SO Minnesota State | 1.54m 5-00.50 | |
| 16 | Kilee Bladow | FR Northern State | 1.54m 5-00.50 | |
| 17 | Olivia Solis | SO Minnesota State | 1.54m 5-00.50 | |
| 18 | Morgan Sheldon | FR Northern State | 1.49m 4-10.50 | |
| 18 | Natalie Fultz | JR Bemidji State | 1.49m 4-10.50 | |
| 18 | Emily Breske | FR Northern State | 1.49m 4-10.50 | |
| 21 | Cora McCabe | FR Minnesota-Duluth | 1.49m 4-10.50 | |
| 22 | Emily Jones | SO Minnesota-Duluth | 1.49m 4-10.50 | |
| --- | Jordan Tschumperlin | SO Northern State | NH | |

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Results**Women Pole Vault**

NSIC Record: 4.32m \$ 2017

Courtney Crandall, USF

Facility: 4.32m % 2017

Courtney Crandall, University of Sioux Falls

| Name | Yr | School | Finals | Points |
|-----------------------|----|--------------------|----------------|--------|
| Finals | | | | |
| 1 Ashley Hokanson | SO | Msu-Moorhead | 4.06m 13-03.75 | 10 |
| 2 Paige Hickson | SO | Minnesota State | 4.06m 13-03.75 | 8 |
| 3 Kenzee Danielson | SO | Northern State | 3.71m 12-02.00 | 6 |
| 4 Paige Bauer | SO | Minnesota State | 3.71m 12-02.00 | 5 |
| 5 Laci Leverty | FR | Northern State | 3.41m 11-02.25 | 4 |
| 6 McKenna Comstock | JR | Sioux Falls | 3.41m 11-02.25 | 2.50 |
| 6 Bethany Dybdahl | FR | Northern State | 3.41m 11-02.25 | 2.50 |
| 8 Abigail Olenius | FR | Minnesota State | 3.41m 11-02.25 | .50 |
| 8 Shealyn Tom | SO | SW Minnesota St. | 3.41m 11-02.25 | .50 |
| 10 Torvn Richards | SO | Minnesota State | 3.26m 10-08.25 | |
| 10 Megan Judge | JR | Bemidji State | 3.26m 10-08.25 | |
| 10 Sofia Dodge | JR | Concordia-St. Paul | 3.26m 10-08.25 | |
| 10 Anastasia Klein | SR | Bemidji State | 3.26m 10-08.25 | |
| 14 Makenna Glanzer | FR | Northern State | 3.11m 10-02.50 | |
| 14 Jenna Sikel | FR | Minnesota State | 3.11m 10-02.50 | |
| 16 Olivia Olson | SO | Bemidji State | 3.11m 10-02.50 | |
| 16 Logan Kuskie | SO | Minnesota State | 3.11m 10-02.50 | |
| 18 Sydney Bahls | SR | Msu-Moorhead | 3.11m 10-02.50 | |
| 19 Libby Lommel | FR | Minnesota-Duluth | 3.11m 10-02.50 | |
| 20 Micah Zaemisch | SO | Minnesota State | 2.96m 9-08.50 | |
| 20 Sabrina Segar | SO | Minnesota-Duluth | 2.96m 9-08.50 | |
| 20 Callie Reintzma | SO | Concordia-St. Paul | 2.96m 9-08.50 | |
| 23 Sarena Schwartz | FR | SW Minnesota St. | 2.96m 9-08.50 | |
| --- MaKenzie Adams | JR | Sioux Falls | NH | |
| --- Nedoh Gyi | SO | SW Minnesota St. | NH | |
| --- Greta Snaza | SO | Sioux Falls | NH | |
| --- Zoe Ruschmeier | FR | SW Minnesota St. | NH | |
| --- Jady Krull | FR | Minnesota-Duluth | NH | |
| --- Madyson Johnstone | SO | Minnesota State | NH | |

Women Long Jump

NSIC Record: 6.21m \$ 2/25/2023

Makayla Jackson, Minnesota State

Facility: 6.37m % 2023

Makayla Jackson, Minnesota State

| Name | Yr | School | Finals | H# | Points |
|-------------------|----|-----------------|-------------------|----|--------|
| Finals | | | | | |
| 1 Makayla Jackson | JR | Minnesota State | 6.21m \$ 20-04.50 | 3 | 10 |
| 2 Arianna Passeri | SR | U-Mary | 6.20m 20-04.25 | 3 | 8 |
| 3 Mariah Williams | JR | Minnesota State | 6.08m 19-11.50 | 3 | 6 |
| 4 Kary Petricka | JR | Minnesota State | 5.97m 19-07.00 | 3 | 5 |
| 5 Kylee Sallee | SO | Augustana | 5.79m 19-00.00 | 3 | 4 |
| 6 Parker Buske | SR | St. Cloud State | 5.78m 18-11.75 | 3 | 3 |
| 7 Natalie Meyers | SR | Sioux Falls | 5.71m 18-09.00 | 2 | 2 |
| 8 A'Lena Chaney | JR | U-Mary | 5.68m 18-07.75 | 3 | 1 |
| 9 Emily Smollen | JR | Wayne State | 5.64m 18-06.00 | 2 | |
| 10 Kaylee Olson | SO | Winona State | 5.56m 18-03.00 | 1 | |

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Results**Finals ... (Women Long Jump)**

| | Name | Yr | School | Finals | | H# | Points |
|-----|-------------------|----|------------------|--------|----------|----|--------|
| 11 | Jayda Becker | SO | Augustana | 5.54m | 18-02.25 | 2 | |
| 12 | Lindsey Root | SO | Minnesota-Duluth | 5.45m | 17-10.75 | 2 | |
| 13 | Alaina Hall | JR | Bemidji State | 5.40m | 17-08.75 | 2 | |
| 14 | Tia Horning | JR | U-Mary | 5.38m | 17-08.00 | 2 | |
| 15 | Abbi Webb | SO | Sioux Falls | 5.38m | 17-08.00 | 1 | |
| 16 | Molly Kahl | SO | Minnesota State | 5.37m | 17-07.50 | 3 | |
| 17 | Destiny Baughmann | FR | St. Cloud State | 5.35m | 17-06.75 | 1 | |
| 18 | Daria Tersina | FR | Winona State | 5.31m | 17-05.25 | 1 | |
| 19 | Shelby Romig | SO | St. Cloud State | 5.19m | 17-00.50 | 1 | |
| 20 | Ashlie Lockington | SR | Winona State | 5.16m | 16-11.25 | 1 | |
| 21 | Taytum Klink | SO | SW Minnesota St. | 5.13m | 16-10.00 | 2 | |
| 22 | Jaci Newman | SO | Minnesota State | 5.09m | 16-08.50 | 2 | |
| 23 | Lindsey Kneifl | FR | Wayne State | 5.01m | 16-05.25 | 1 | |
| 24 | Jacqi Rae | JR | Minnesota-Duluth | 4.84m | 15-10.50 | 2 | |
| --- | Taylor Weidner | JR | U-Mary | FOUL | | 3 | |
| --- | Lillian Orf | FR | Minnesota State | FOUL | | 1 | |

Women Triple Jump

NSIC Record: 12.87m \$ 2/26/2022 D'Andra Morris, U-Mary

Facility: 12.84m % 2012 Amanda Ouedraogo, Abilene Christian

| | Name | Yr | School | Finals | | H# | Points |
|---------------|---------------------|----|------------------|--------|----------|----|--------|
| Finals | | | | | | | |
| 1 | Flore Gracia | JR | Minnesota State | 12.80m | 42-00.00 | 2 | 10 |
| 2 | Lillian Washington | FR | Minnesota State | 12.41m | 40-08.75 | 2 | 8 |
| 3 | Stella Neophytou | SO | Minnesota State | 12.31m | 40-04.75 | 2 | 6 |
| 4 | Xana Leum | SR | Winona State | 11.96m | 39-03.00 | 2 | 5 |
| 5 | Parker Buske | SR | St. Cloud State | 11.79m | 38-08.25 | 2 | 4 |
| 6 | Kaja Salemonsens | SO | Augustana | 11.61m | 38-01.25 | 2 | 3 |
| 7 | A'Lena Chaney | JR | U-Mary | 11.43m | 37-06.00 | 1 | 2 |
| 8 | Hanna Reichenberger | SO | Winona State | 11.41m | 37-05.25 | 2 | 1 |
| 9 | Keyla Sambo | SR | Wayne State | 11.28m | 37-00.25 | 2 | |
| 10 | Destiny Baughmann | FR | St. Cloud State | 11.11m | 36-05.50 | 2 | |
| 11 | Sierra Sweeney | SO | Northern State | 11.04m | 36-02.75 | 2 | |
| 12 | Taylor Weidner | JR | U-Mary | 10.99m | 36-00.75 | 1 | |
| 13 | Sammi Sundby | SO | Augustana | 10.99m | 36-00.75 | 1 | |
| 14 | Ashlie Lockington | SR | Winona State | 10.96m | 35-11.50 | 2 | |
| 15 | Daria Tersina | FR | Winona State | 10.89m | 35-08.75 | 2 | |
| 16 | Kaylee Patnode | SR | Winona State | 10.88m | 35-08.50 | 1 | |
| 17 | Emily Smollen | JR | Wayne State | 10.77m | 35-04.00 | 1 | |
| 18 | Jaci Newman | SO | Minnesota State | 10.60m | 34-09.50 | 1 | |
| 19 | Lindsey Kneifl | FR | Wayne State | 10.49m | 34-05.00 | 1 | |
| 20 | Kamryn Schwartz | FR | Northern State | 10.41m | 34-02.00 | 1 | |
| 21 | Molly Kahl | SO | Minnesota State | 10.35m | 33-11.50 | 1 | |
| 22 | Kate Fitzgerald | FR | Minnesota-Duluth | 10.18m | 33-04.75 | 1 | |
| 23 | Emily Jones | SO | Minnesota-Duluth | 10.12m | 33-02.50 | 1 | |
| --- | Abbie Disbrow | FR | Bemidji State | FOUL | | 1 | |

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Results**Women Shot Put**

NSIC Record: 15.83m \$ 2015

Sara Wells, WSC

Facility: 16.91m % 2023

Lexi Hurst, Minnesota State

| Name | Yr | School | Finals | | H# | Points |
|------------------------|----|--------------------|--------|-------------|----|--------|
| Finals | | | | | | |
| 1 Lexie Hurst | SR | Minnesota State | 16.11m | \$ 52-10.25 | 3 | 10 |
| 2 Mckenzie Scheil | SR | Wayne State | 14.17m | 46-06.00 | 3 | 8 |
| 3 Tierra Doss | JR | Bemidji State | 13.98m | 45-10.50 | 3 | 6 |
| 4 Abbi Stafslie-Dumale | JR | Minnesota State | 13.96m | 45-09.75 | 3 | 5 |
| 5 Brooke Languis | SO | Wayne State | 13.89m | 45-07.00 | 3 | 4 |
| 6 Nadia Sanford | SO | SW Minnesota St. | 13.89m | 45-07.00 | 3 | 3 |
| 7 Kaitlyn Schroeder | JR | Minnesota State | 13.80m | 45-03.50 | 3 | 2 |
| 8 Mony Johnson | FR | Minnesota State | 13.64m | 44-09.00 | 3 | 1 |
| 9 Kendra Paasch | SR | Wayne State | 13.46m | 44-02.00 | 2 | |
| 10 Madeline Fretag | JR | Minnesota State | 13.16m | 43-02.25 | 3 | |
| 11 Veronica Guenther | SO | Wayne State | 12.69m | 41-07.75 | 2 | |
| 12 Kamry Lindsey | SO | Sioux Falls | 12.65m | 41-06.00 | 1 | |
| 13 Emily Lorentz | FR | SW Minnesota St. | 12.60m | 41-04.25 | 2 | |
| 14 Nicole Kramchynsky | SR | U-Mary | 12.48m | 40-11.50 | 1 | |
| 15 Brooklynn Chipps | SR | Wayne State | 12.39m | 40-07.75 | 2 | |
| 16 Kayla VanOsdel | SO | Sioux Falls | 12.38m | 40-07.50 | 2 | |
| 17 Dacoda Zimmerman | SR | St. Cloud State | 12.05m | 39-06.50 | 1 | |
| 18 Shelby Svien | FR | Sioux Falls | 11.95m | 39-02.50 | 1 | |
| 19 Sabrina Segar | SO | Minnesota-Duluth | 11.67m | 38-03.50 | 1 | |
| 20 Zayda Priebe | FR | Bemidji State | 11.66m | 38-03.25 | 1 | |
| 21 Olivia Baumberger | SO | Sioux Falls | 11.46m | 37-07.25 | 1 | |
| 22 Maya Lavendusky | FR | Concordia-St. Paul | 11.42m | 37-05.75 | 1 | |
| 23 Nicole Flynn | SO | Sioux Falls | 11.27m | 36-11.75 | 2 | |
| 24 Delanie VanDriel | FR | Sioux Falls | 10.95m | 35-11.25 | 2 | |
| --- Chloe Gunderson | JR | Minot State | FOUL | | 2 | |
| --- Libby Beck | JR | Minnesota State | FOUL | | 2 | |

Women Weight Throw

NSIC Record: 22.36m \$ 2017

Kaitlyn Long, WSU

Facility: 22.38m % 2017

Kaitlyn Long, Winona State

| Name | Yr | School | Finals | | H# | Points |
|------------------------|----|------------------|--------|----------|----|--------|
| Finals | | | | | | |
| 1 Brooklynn Chipps | SR | Wayne State | 19.88m | 65-02.75 | 3 | 10 |
| 2 Mckenzie Scheil | SR | Wayne State | 18.22m | 59-09.50 | 3 | 8 |
| 3 Lexie Hurst | SR | Minnesota State | 17.48m | 57-04.25 | 3 | 6 |
| 4 Madison Glynn | SO | Minnesota State | 16.81m | 55-02.00 | 3 | 5 |
| 5 Mony Johnson | FR | Minnesota State | 16.76m | 55-00.00 | 3 | 4 |
| 6 Kamry Lindsey | SO | Sioux Falls | 16.72m | 54-10.25 | 3 | 3 |
| 7 Madeline Fretag | JR | Minnesota State | 16.51m | 54-02.00 | 3 | 2 |
| 8 Abbi Stafslie-Dumale | JR | Minnesota State | 16.44m | 53-11.25 | 3 | 1 |
| 9 Kaitlyn Schroeder | JR | Minnesota State | 16.34m | 53-07.50 | 2 | |
| 10 Nadia Sanford | SO | SW Minnesota St. | 16.11m | 52-10.25 | 3 | |
| 11 Kayce Gielski | JR | Minnesota-Duluth | 15.99m | 52-05.50 | 2 | |
| 12 Libby Beck | JR | Minnesota State | 15.57m | 51-01.00 | 2 | |
| 13 Kendra Paasch | SR | Wayne State | 15.54m | 51-00.00 | 3 | |

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Results**Finals ... (Women Weight Throw)**

| Name | Yr | School | Finals | H# | Points |
|------|---------------------|---------------------|--------|----------|--------|
| 14 | Chrissy Stoltenberg | SO Northern State | 15.49m | 50-10.00 | 2 |
| 15 | Veronica Guenther | SO Wayne State | 15.47m | 50-09.25 | 1 |
| 16 | Mikenna Pattrin | SO Bemidji State | 15.43m | 50-07.50 | 3 |
| 17 | Cassidy Gough | SO Northern State | 15.33m | 50-03.50 | 2 |
| 18 | Reilly Young | SO Wayne State | 15.22m | 49-11.25 | 2 |
| 19 | Nicole Flynn | SO Sioux Falls | 14.98m | 49-01.75 | 1 |
| 20 | MacKenzie Bengtson | SR Sioux Falls | 14.86m | 48-09.00 | 2 |
| 21 | Dacoda Zimmerman | SR St. Cloud State | 14.83m | 48-08.00 | 2 |
| 22 | Brooke Languis | SO Wayne State | 14.60m | 47-11.00 | 1 |
| 23 | Emily Lorentz | FR SW Minnesota St. | 14.58m | 47-10.00 | 1 |
| 24 | Hailey Baker | SO Wayne State | 14.11m | 46-03.50 | 1 |
| 25 | Olivia Baumberger | SO Sioux Falls | 13.80m | 45-03.50 | 1 |
| 26 | Morgan Hughes | JR SW Minnesota St. | 13.64m | 44-09.00 | 1 |
| 27 | Shawney Coenraad | JR Northern State | 13.45m | 44-01.50 | 2 |
| 28 | Madeline Klun | JR Minnesota-Duluth | 13.40m | 43-11.75 | 1 |
| 29 | Mackenzie Peterson | FR Minnesota State | 13.33m | 43-09.00 | 2 |
| 30 | Chloe Gunderson | JR Minot State | 13.02m | 42-08.75 | 1 |
| 31 | Nicole Kramchynsky | SR U-Mary | 12.63m | 41-05.25 | 1 |

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

| Name | Yr | School | Finals | Points |
|---------------|---------------------|-----------------------|---------|--------|
| Finals | | | | |
| 1 | Jayda Becker | SO Augustana | 2:25.97 | 744 |
| 2 | Arika Harbo | SR Concordia-St. Paul | 2:27.35 | 726 |
| 3 | Emily Swanson | JR Sioux Falls | 2:27.81 | 721 |
| 4 | Natalie Fultz | JR Bemidji State | 2:29.00 | 705 |
| 5 | Samantha Sunnarborg | JR Minnesota State | 2:30.38 | 688 |
| 6 | Hannah Koepfinger | FR SW Minnesota St. | 2:30.41 | 688 |
| 7 | Sophia Sowada | SR Msu-Moorhead | 2:30.77 | 683 |
| 8 | Kylee Sallee | SO Augustana | 2:31.07 | 680 |
| 9 | Laura Inama | SO U-Mary | 2:32.19 | 666 |
| 10 | Cora Andersen | SO Minnesota State | 2:33.38 | 651 |
| 11 | Mackenzie Hemmer | FR Augustana | 2:34.85 | 633 |
| 12 | Morgan Sheldon | FR Northern State | 2:38.95 | 585 |
| 13 | Anna Coffee | FR Wayne State | 2:39.93 | 574 |
| 14 | Grace Conzemius | SO U-Mary | 2:40.42 | 568 |
| 15 | Bryn London | SR Minnesota-Duluth | 2:41.61 | 555 |
| 16 | Alexa Post | FR Minnesota State | 2:43.35 | 535 |
| 17 | Ainhoa Toquero | FR St. Cloud State | 2:44.12 | 527 |
| 18 | Jacqi Rae | JR Minnesota-Duluth | 2:44.28 | 525 |
| 19 | Adla Serrao | JR Msu-Moorhead | 2:45.94 | 507 |
| 20 | Melanie Marks | FR Minnesota State | 2:47.31 | 492 |
| 21 | Mickalyn Babcock | JR Msu-Moorhead | 2:49.81 | 466 |

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

| Name | Yr | School | Finals | H# | Points |
|---------------|---------------|-----------------------|--------|----|--------|
| Finals | | | | | |
| 1 | Emily Swanson | JR Sioux Falls | 8.84 | 6 | 944 |
| 2 | Arika Harbo | SR Concordia-St. Paul | 8.90 | 6 | 931 |

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Results**Finals ... (Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon)**

| Name | Yr | School | Finals | H# | Points |
|------------------------|----|------------------|--------|----|--------|
| 3 Miranda Lauvstad | FR | Minnesota State | 9.04 | 6 | 902 |
| 4 Kylee Sallee | SO | Augustana | 9.33 | 5 | 842 |
| 5 Mickalyn Babcock | JR | Msu-Moorhead | 9.33 | 6 | 842 |
| 6 Adla Serrao | JR | Msu-Moorhead | 9.38 | 5 | 832 |
| 7 Mackenzie Hemmer | FR | Augustana | 9.41 | 4 | 826 |
| 8 Cora Andersen | SO | Minnesota State | 9.42 | 5 | 824 |
| 9 Hannah Koepfinger | FR | SW Minnesota St. | 9.42 | 4 | 824 |
| 10 Anna Coffee | FR | Wayne State | 9.46 | 3 | 816 |
| 11 Bryn London | SR | Minnesota-Duluth | 9.47 | 4 | 814 |
| 12 Jayda Becker | SO | Augustana | 9.50 | 5 | 808 |
| 13 Laura Inama | SO | U-Mary | 9.69 | 2 | 771 |
| 14 Morgan Sheldon | FR | Northern State | 9.71 | 4 | 767 |
| 15 Ainhoa Toquero | FR | St. Cloud State | 9.78 | 3 | 754 |
| 16 Alexa Post | FR | Minnesota State | 9.78 | 3 | 754 |
| 17 Natalie Fultz | JR | Bemidji State | 9.88 | 2 | 735 |
| 18 Jacqi Rae | JR | Minnesota-Duluth | 10.03 | 2 | 706 |
| 19 Sophia Sowada | SR | Msu-Moorhead | 10.03 | 2 | 706 |
| 20 Samantha Sunnarborg | JR | Minnesota State | 10.07 | 1 | 699 |
| 21 Melanie Marks | FR | Minnesota State | 11.28 | 1 | 491 |
| 22 Grace Conzemius | SO | U-Mary | 11.41 | 1 | 471 |

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

| Name | Yr | School | Finals | H# | Points |
|-----------------------|----|--------------------|--------|---------|--------|
| Finals | | | | | |
| 1 Arika Harbo | SR | Concordia-St. Paul | 1.74m | 5-08.50 | 2 903 |
| 2 Emily Swanson | JR | Sioux Falls | 1.68m | 5-06.00 | 2 830 |
| 3 Anna Coffee | FR | Wayne State | 1.65m | 5-05.00 | 2 795 |
| 4 Bryn London | SR | Minnesota-Duluth | 1.62m | 5-03.75 | 2 759 |
| 5 Laura Inama | SO | U-Mary | 1.59m | 5-02.50 | 2 724 |
| 5 Morgan Sheldon | FR | Northern State | 1.59m | 5-02.50 | 2 724 |
| 5 Ainhoa Toquero | FR | St. Cloud State | 1.59m | 5-02.50 | 2 724 |
| 8 Natalie Fultz | JR | Bemidji State | 1.56m | 5-01.25 | 2 689 |
| 8 Samantha Sunnarborg | JR | Minnesota State | 1.56m | 5-01.25 | 1 689 |
| 8 Sophia Sowada | SR | Msu-Moorhead | 1.56m | 5-01.25 | 1 689 |
| 11 Jayda Becker | SO | Augustana | 1.53m | 5-00.25 | 1 655 |
| 11 Mackenzie Hemmer | FR | Augustana | 1.53m | 5-00.25 | 1 655 |
| 11 Grace Conzemius | SO | U-Mary | 1.53m | 5-00.25 | 2 655 |
| 14 Kylee Sallee | SO | Augustana | 1.50m | 4-11.00 | 2 621 |
| 15 Adla Serrao | JR | Msu-Moorhead | 1.47m | 4-09.75 | 1 588 |
| 16 Cora Andersen | SO | Minnesota State | 1.44m | 4-08.75 | 1 555 |
| 16 Mickalyn Babcock | JR | Msu-Moorhead | 1.44m | 4-08.75 | 2 555 |
| 18 Melanie Marks | FR | Minnesota State | 1.38m | 4-06.25 | 1 491 |
| 18 Hannah Koepfinger | FR | SW Minnesota St. | 1.38m | 4-06.25 | 1 491 |
| 18 Jacqi Rae | JR | Minnesota-Duluth | 1.38m | 4-06.25 | 1 491 |
| 18 Alexa Post | FR | Minnesota State | 1.38m | 4-06.25 | 1 491 |
| --- Miranda Lauvstad | FR | Minnesota State | NH | | 2 |

2023 NSIC Track and Field Indoor Championship - 2/25/2023 to 2/26/2023

Hosted by Minnesota State Mankato

Myers Fieldhouse

Results**Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

| Name | Yr | School | Finals | | H# | Points | |
|---------------|---------------------|--------|--------------------|-------|----------|--------|-----|
| Finals | | | | | | | |
| 1 | Arika Harbo | SR | Concordia-St. Paul | 5.72m | 18-09.25 | 2 | 765 |
| 2 | Kylee Sallee | SO | Augustana | 5.61m | 18-05.00 | 2 | 732 |
| 3 | Emily Swanson | JR | Sioux Falls | 5.30m | 17-04.75 | 2 | 643 |
| 4 | Miranda Lauvstad | FR | Minnesota State | 5.11m | 16-09.25 | 2 | 589 |
| 4 | Alexa Post | FR | Minnesota State | 5.11m | 16-09.25 | 1 | 589 |
| 6 | Bryn London | SR | Minnesota-Duluth | 5.06m | 16-07.25 | 2 | 576 |
| 7 | Hannah Koepfinger | FR | SW Minnesota St. | 5.04m | 16-06.50 | 1 | 570 |
| 8 | Jayda Becker | SO | Augustana | 5.03m | 16-06.00 | 1 | 567 |
| 9 | Jacqi Rae | JR | Minnesota-Duluth | 5.00m | 16-05.00 | 1 | 559 |
| 10 | Laura Inama | SO | U-Mary | 4.97m | 16-03.75 | 2 | 551 |
| 11 | Cora Andersen | SO | Minnesota State | 4.94m | 16-02.50 | 1 | 543 |
| 12 | Mackenzie Hemmer | FR | Augustana | 4.93m | 16-02.25 | 1 | 540 |
| 13 | Samantha Sunnarborg | JR | Minnesota State | 4.91m | 16-01.50 | 1 | 535 |
| 14 | Anna Coffee | FR | Wayne State | 4.83m | 15-10.25 | 2 | 514 |
| 15 | Ainhoa Toquero | FR | St. Cloud State | 4.82m | 15-09.75 | 2 | 511 |
| 16 | Mickalyn Babcock | JR | Msu-Moorhead | 4.74m | 15-06.75 | 2 | 490 |
| 17 | Natalie Fultz | JR | Bemidji State | 4.66m | 15-03.50 | 2 | 469 |
| 18 | Adla Serrao | JR | Msu-Moorhead | 4.65m | 15-03.25 | 1 | 466 |
| 19 | Morgan Sheldon | FR | Northern State | 4.63m | 15-02.25 | 2 | 461 |
| 20 | Sophia Sowada | SR | Msu-Moorhead | 4.55m | 14-11.25 | 1 | 441 |
| 21 | Grace Conzemius | SO | U-Mary | 4.48m | 14-08.50 | 2 | 423 |
| 22 | Melanie Marks | FR | Minnesota State | 4.30m | 14-01.25 | 1 | 379 |

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

| Name | Yr | School | Finals | | H# | Points | |
|---------------|---------------------|--------|--------------------|--------|----------|--------|-----|
| Finals | | | | | | | |
| 1 | Samantha Sunnarborg | JR | Minnesota State | 12.09m | 39-08.00 | 1 | 667 |
| 2 | Emily Swanson | JR | Sioux Falls | 11.58m | 38-00.00 | 2 | 633 |
| 3 | Arika Harbo | SR | Concordia-St. Paul | 11.29m | 37-00.50 | 2 | 614 |
| 4 | Mackenzie Hemmer | FR | Augustana | 11.14m | 36-06.75 | 1 | 604 |
| 5 | Sophia Sowada | SR | Msu-Moorhead | 10.91m | 35-09.50 | 1 | 589 |
| 6 | Jacqi Rae | JR | Minnesota-Duluth | 10.63m | 34-10.50 | 1 | 571 |
| 7 | Miranda Lauvstad | FR | Minnesota State | 10.33m | 33-10.75 | 2 | 551 |
| 8 | Kylee Sallee | SO | Augustana | 10.32m | 33-10.25 | 2 | 550 |
| 9 | Cora Andersen | SO | Minnesota State | 10.21m | 33-06.00 | 1 | 543 |
| 10 | Anna Coffee | FR | Wayne State | 10.17m | 33-04.50 | 2 | 541 |
| 11 | Laura Inama | SO | U-Mary | 9.85m | 32-03.75 | 2 | 520 |
| 12 | Mickalyn Babcock | JR | Msu-Moorhead | 9.83m | 32-03.00 | 2 | 518 |
| 13 | Bryn London | SR | Minnesota-Duluth | 9.58m | 31-05.25 | 2 | 502 |
| 14 | Morgan Sheldon | FR | Northern State | 9.57m | 31-04.75 | 2 | 501 |
| 15 | Adla Serrao | JR | Msu-Moorhead | 9.36m | 30-08.50 | 1 | 488 |
| 16 | Grace Conzemius | SO | U-Mary | 9.19m | 30-02.00 | 2 | 477 |
| 17 | Natalie Fultz | JR | Bemidji State | 8.91m | 29-02.75 | 2 | 458 |
| 18 | Alexa Post | FR | Minnesota State | 8.65m | 28-04.50 | 1 | 441 |
| 19 | Ainhoa Toquero | FR | St. Cloud State | 8.58m | 28-01.75 | 2 | 437 |
| 20 | Hannah Koepfinger | FR | SW Minnesota St. | 8.50m | 27-10.75 | 1 | 432 |
| 21 | Jayda Becker | SO | Augustana | 8.12m | 26-07.75 | 1 | 407 |

2023 NSIC Track and Field Indoor Championship - 2/25/2023 to 2/26/2023

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Results**Finals ... (Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon)**

| Name | Yr | School | Finals | H# | Points |
|------------------|----|-----------------|--------|----------|--------|
| 22 Melanie Marks | FR | Minnesota State | 7.59m | 24-11.00 | 1 373 |

Women Indoor Pentathlon

NSIC Record: 3910 \$ 2010

Heather Miller, SCSU

Facility: 4193 % 2012

Lindsay Lettow, Central Missouri

| Name | Yr | School | Finals | H# | Points |
|------|----|--------|--------|----|--------|
|------|----|--------|--------|----|--------|

Finals

| | | | | | |
|-----------------------|----|--------------------|------|----|----|
| 1 Arika Harbo | SR | Concordia-St. Paul | 3939 | \$ | 10 |
| 2 Emily Swanson | JR | Sioux Falls | 3771 | | 8 |
| 3 Kylee Sallee | SO | Augustana | 3425 | | 6 |
| 4 Samantha Sunnarborg | JR | Minnesota State | 3278 | | 5 |
| 5 Mackenzie Hemmer | FR | Augustana | 3258 | | 4 |
| 6 Anna Coffee | FR | Wayne State | 3240 | | 3 |
| 7 Laura Inama | SO | U-Mary | 3232 | | 2 |
| 8 Bryn London | SR | Minnesota-Duluth | 3206 | | 1 |
| 9 Jayda Becker | SO | Augustana | 3181 | | |
| 10 Cora Andersen | SO | Minnesota State | 3116 | | |
| 11 Sophia Sowada | SR | Msu-Moorhead | 3108 | | |
| 12 Natalie Fultz | JR | Bemidji State | 3056 | | |
| 13 Morgan Sheldon | FR | Northern State | 3038 | | |
| 14 Hannah Koepfinger | FR | SW Minnesota St. | 3005 | | |
| 15 Ainhoa Toquero | FR | St. Cloud State | 2953 | | |
| 16 Adla Serrao | JR | Msu-Moorhead | 2881 | | |
| 17 Mickalyn Babcock | JR | Msu-Moorhead | 2871 | | |
| 18 Jacqi Rae | JR | Minnesota-Duluth | 2852 | | |
| 19 Alexa Post | FR | Minnesota State | 2810 | | |
| 20 Grace Conzemius | SO | U-Mary | 2594 | | |
| 21 Melanie Marks | FR | Minnesota State | 2226 | | |

Women - Team Rankings - 19 Events Scored

| | | | |
|-----------------------|-------|---------------------|------|
| 1) Minnesota State | 216.5 | 2) Augustana | 95 |
| 3) Winona State | 74 | 4) Sioux Falls | 64.5 |
| 5) U-Mary | 52.5 | 6) Wayne State | 45 |
| 7) Northern State | 39.5 | 8) Minnesota-Duluth | 37 |
| 9) Concordia-St. Paul | 32 | 10) St. Cloud State | 26.5 |
| 11) Bemidji State | 25 | 12) MSU-Moorhead | 24 |
| 13) SW Minnesota St. | 7.5 | 14) Minot State | 1 |