

Blinn College Captures Another Outdoor Track Championship

1995 NJCAA MEN'S OUTDOOR TRACK & FIELD CHAMPIONSHIP FINAL RESULTS

TEAM RESULTS

1. Blinn College, TX	188.0
2. Barton County CC, KS	90.0
3. Central Arizona College, AZ	87.0
4. San Jacinto College, TX	72.5
5. South Plains Junior College, TX	55.0
6. Wallace State CC/Hanceville, AL	42.0
7. Ricks College, ID	38.5
8. Johnson County CC, KS	37.0
Southwestern Christian College, TX	37.0
10. Miami-Dade CC, FL	27.0

100 METER DASH

1. Leon Gordon, San Jacinto	10.26
2. Percival Spencer, Central Arizona	10.33
3. Quincy Foster, Blinn College	10.36
4. Warren Johnson, SW Christian	10.37
5. Thaddeus Shannon, Garden City	10.39
6. Alfred Stubbs, Miami-Dade CC	10.51
7. Lamonze Hunter, Erie CC	10.65
Robin Gilmore, Erie CC	10.65

200 METER DASH

1. Percival Spencer, Central Arizona	20.77
2. Curtis Perry, Wallace State	20.80
3. Leon Gordon, San Jacinto	21.17
4. Demetrick Powell, Miami-Dade CC	21.48
5. Quincy Foster, Blinn College	21.61
6. Michael Aldridge, Barton County	21.71
7. Jermaine Owens, Blinn College	21.82

110 METER HURDLES

1. Demetrick Powell, Miami-Dade CC	13.7
2. Jeremichael Williams, Blinn College	13.8
3. Victor Houston, San Jacinto	13.9
4. Larry Tatum, Blinn College	13.9
5. Devon Clarke, Barton County	14.2
6. Andre Howard, Garden City	14.3
7. Marcus Banks, Barton County	14.4
8. Ray Helms, Pima CC	14.7

400 METER HURDLES

1. Wayne Whyte, Blinn College	50.36
2. Sammy Biwott, Central Arizona	50.78
3. Ian Weekly, SW Christian	51.42
4. Mark Miley, Blinn College	51.53
5. Andre Howard, Garden City	52.29
6. Marlon Thomas, Blinn College	52.32
7. Reggie Charlton, North Idaho	53.01
8. Thurston Richardson, Miami-Dade CC	55.06

400 METER DASH

1. Ramos Clay, Blinn College	45.48
2. Eswort Coombs, Essex, NJ	46.01
3. Keith Black, Blinn College	46.78
4. Zyris Hill, Garden City	47.27
5. Terrence Norris, San Jacinto	47.28
6. Kirthly Richardson, Central Arizona	47.30
7. Sheldon Edwards, San Jacinto	no mark
8. Francis Ogola, Barton County	no mark

800 METER DASH

1. Manuel Joseph, Blinn College	1:50.81
2. Preston Campbell, SW Christian	1:51.41
3. Orvilla Clark, SW Christian	1:51.45
4. Philip Maiyo, Barton County	1:52.51
5. Tommy Lancaster, Brevard	1:52.91
6. Herbert Habyarianna, Blinn College	1:53.36

1500 METER RUN

1. Johan Kiptarus, Barton County	3:51.13
2. Musa Gwanzura, Blinn College	3:52.21
3. Fikre Wondafrash, Ricks	3:52.40
4. Phillip Maiyo, Barton County	3:55.79
5. Junior Mitchell, Blinn College	3:56.03
6. Salem Messaui, South Plains	3:57.1
7. John McMillian, Brevard	3:59.77
8. Corey Kebsling, Colby CC	4:06.45

3,000 METER STEEPLECHASE

1. David Kemei, South Plains	9:18.25
2. Mark Dalkins, Central Arizona	9:32.84
3. Jason Yuknos, Brevard	9:40.35
4. Adolfo Carrillo, South Plains	9:42.58
5. John Hodge, DuPage	9:42.96
6. Chris Daffron, Central Arizona	9:44.64
7. David Dominguez, Alfred State	9:44.90
8. Jeremy Swafford, Neosho County	9:58.74

5,000 METER RUN

1. Cleophas Boor, Barton County	14:42.37
2. David Kemi, South Plains	15:13.49
3. Stan Iordanov, Butler County	15:17.27
4. Marcus Morillon, South Plains	15:20.89
5. Mike Wilkey, Butler County	15:28.83
6. Junior Mitchell, Blinn College	15:44.28
7. Eric Victor, Ricks	15:44.44
8. James Robertson, DuPage	16:20.83

10,000 METER RUN

1. David Kemi, South Plains	30:11.21
2. Cleophas Boor, Barton County	30:13.11
3. Samir Moussaoui, South Plains	30:19.02
4. Stan Iordanov, Butler County	31:47.15
5. Fallord Moonga, Blinn College	31:49.52
6. Mike Wilkey, Butler County	31:50.07
7. Rene Gonzalez, South Plains	31:53.19
8. Grant Stevers, Ricks	32:02.98

400 METER RELAY

1. Blinn College	39.67
2. Miami-Dade CC	40.11
3. Wallace State	40.66
4. Garden City	40.71
5. Southwestern Christian	40.80
6. Barton County	40.91
7. Erie CC	43.87
8. San Jacinto	no mark

1600 METER RELAY

1. Blinn College	3:05.44
2. San Jacinto	3:06.14
3. Wallace State	3:09.93
4. Barton County	3:10.18
5. Essex, MD	3:13.78
6. Kansas City Kansas CC	3:14.36
7. Hinds CC	3:16.63
8. Central Arizona	3:17.42

3200 METER RELAY

1. Blinn College	7:29.92
2. Southwestern Christian	7:35.50
3. South Plains	7:38.60
4. Butler County	7:38.63
5. Ricks College	7:41.85
6. Hinds CC	7:49.15
7. Southern Idaho	7:49.24
8. Johnson County	7:51.74

SHOT PUT

1. Chima Ugwu, Central Arizona	61-07.0
2. Rick Reyes, Central Arizona	53-04.25
3. Kris Watson, Southern Idaho	51-01.5
4. Bryan Verkler, Vincennes	49-02.5
5. Ray Lacey, Blinn College	48-09.0
6. Nicks Trenneus, San Jacinto	48-05.55
7. Jim Riedesel, Johnson County	47-11.25
8. Howard Brown, Wallace State	47-04.5

DISCUS

*1. Andy Kokhanovsky, Blinn College	198'02"
2. Chima Ugwu, Central Arizona	191'05"
3. Howard Brown, Wallace State	175'06"
4. Christer Hagberg, Central Arizona	173'07"
5. Mike Andrikut, Alfred State	173'04"
6. Guillermo Heredia, San Jacinto	170'01"
7. Nick Trenneus, San Jacinto	168'00"
8. Tad Baltzer, Ricks	164'06"

JAVELIN

1. Chris Morland, Johnson County	224'05"
2. Juan Lopez, San Jacinto	220'00"
3. Jay Krom, Barton County	208'00"
4. Urban Svedberg, Central Arizona	203'11"
5. Aaron Anderson, Cloud County	200'06"
6. Chris Mazouch, Barton County	193'05"
7. Shane McCall, Southern Idaho	185'10"
8. Jimmy Gosch, Hutchinson	182'05"

HIGH JUMP

1. Dennis Ferron, Wallace State	7'01"
James Ballard, Barton County	7'01"
3. Tom Floyd, Hutchinson	6'11"
4. Marvin Robertson, San Jacinto	6'11"
5. Kievin Jackson, Blinn College	6'09"
Rusty Smith, Ricks College	6'09"
Daniel Zigler, Mesa CC	6'09"
Kevin Schleicher, Blinn College	6'09"

LONG JUMP

*1. James Beckford, Blinn College	28'05.75"
2. Joe Laster, Barton County	26'05.50"
3. Michael Aldridge, Barton County	26'01.75"
4. Kirkwood Newbold, Wallace State	25'09.25"
5. Chris Wright, Kansas City Kansas CC	25'08.0"
6. Victor Houston, San Jacinto	25'07.25"
7. Leonard Cobb, Blinn College	25'04.0"
8. Plurohn Crutch, North Dakota SCS	24'03.0"

TRIPLE JUMP

*1. James Beckford, Blinn College	58'09.05"
2. Leonard Cobb, Blinn College	54'01.0"
3. Sergei Bykov, Beville State	53'10.05"
4. Lester Smith, Florissant Valley	51'11.0"
5. Mike Wallace, Blinn College	50'06.0"
6. Jeffrey Simms, North Idaho	49'09.75"
7. Mike Diggs, Essex, MD	49'03.75"
8. Curtis Collier, Hinds CC	49'01.75"

POLE VAULT

1. David Amet, Johnson County	16'06"
2. Rodney Mattingly, San Jacinto	16'00"
3. Jeremy Null, Johnson County	15'06"
Sylvester Houston, Johnson County	15'06"
Troy Schiffman, Ricks College	15'06"
6. Zack Lee, Hutchinson	15'00"
Dan Pratt, Glendale, CC	15'00"
Jeff McKinney, Blinn College	15'00"

HAMMER THROW

1. Mattias Ohlsson, Blinn College	189'04"
2. Christer Hagberg, Central Arizona	179'00"
3. Robert Quackenbush, Pima CC	176'00"
4. Tom Sullivan, DuPage	173'03"
5. Tim Stoner, Pima CC	171'11"
6. James Small, Johnson County	169'09"
7. Ryan Harrison, Central Arizona	167'05"
8. Kris Watson, Southern Idaho	160'00"

DECATHLON

1. Justin Garner, Ricks College	6754
2. Sean Christian, Ricks College	6734
3. Rodney Mattingly, San Jacinto	6687
4. Dennis Slagle, Pima CC	6368
5. Kenneth Dennard, Barton County	6353
6. Jon Kruse, Blinn College	6312
7. Harold Butler, Scottsdale	6209
8. Jim Farrell, William Rainey Harper	6030

OUTSTANDING ATHLETE

James Beckford, Blinn College

COACH OF THE YEAR

Douglas McDuffie, Southwestern Christian

*DENOTES CURRENT NJCAA RECORD

Barton County Community College Takes Sixth Outdoor Track Championship

1995 NJCAA WOMEN'S OUTDOOR TRACK & FIELD CHAMPIONSHIP FINAL RESULTS

TEAM RESULTS

1. Barton County CC	154
2. San Jacinto College	150
3. Ricks College	114
4. Odessa College	62
5. Johnson County	59
6. Pima CC	41
7. Essex County, NJ	29
8. Cloud County	26
9. Wallace State CC/Hanceville	24
10. Garden City	21
11. Colby CC	16
12. Mesa CC	16
13. Mohawk Valley	12
North Dakota SCS	12
Southern Idaho	12

100 METERS

1. Sabrina Kelly, San Jacinto	11.22
2. Hydiane Harper, Essex County, NJ	11.56
3. Traci Jeffrey, San Jacinto	11.65
4. Jenell Ali, Barton County	11.66
5. Kim Sims, Odessa	11.94
6. Nichole Belcher, Essex County, NJ	12.05
7. Lanell Scarbrough, Wallace State	12.10
8. Kenyetta Fears, Johnson County	12.18

200 METERS

1. Sabrina Kelly, San Jacinto	23.28
2. Hydiane Harper, Essex County, NJ	23.51
3. Jenell Ali, Barton County	23.86
4. Traci Jeffrey, San Jacinto	24.39
5. Kim Sims, Odessa	24.41
6. Lanell Scarbrough, Wallace State	25.09
7. Nicole McCray, Bronx CC	25.16
8. Denise Brown, Wallace State	no mark

400 METERS

1. Ellen Grant, San Jacinto	51.85
2. Beverly Pierre, Barton County	52.59
3. Tina Sommers, Odessa College	53.56
4. Lorraine Graham, Ranger College	53.63
5. Shenita Wilson, Odessa College	54.23
6. Kim Norsworthy, Garden City	54.42
7. Melanie Brown, Wallace State	57.81
8. Linda Brown, Mesa	58.92

800 METERS

1. Charmaine Howell, Barton County	2:12.20
2. Desiree Owen, Phoenix College	2:15.57
3. Wendy Moore, Johnson County	2:16.63
4. Malissa Carr, Garden City	2:18.89
5. Lisa Pike, Ricks	2:19.61
6. Jean Fitzgerlad, Southern Idaho	2:20.34
7. Tysheema Brown, Cloud County	2:37.61

1500 METERS

1. Michelle Clarke, Barton County	4:40.82
2. Maria Bergckneim, Wallace State	4:44.78
3. Kay Mannebach, Colby CC	4:46.90
4. Cory Rhoades, Brevard	4:54.42
5. Tysheema Brown, Cloud County	4:55.79
6. Christina Olson, Brevard	4:56.24
7. Andrea Hamilton, Ricks	5:00.79
8. Angie Portnar, Southern Idaho	5:07.34

3000 METERS

1. Michelle Clarke, Barton County	10:21.05
2. Diane Wilson, Ricks College	10:25.34
3. Nicole Branck, Mohawk Valley	10:43.06
4. Kay Mannebach, Colby CC	10:43.40
5. Tara Rhoades, Ricks	10:51.07
6. Valerie Spencer, Johnson County	10:53.32
7. Karen Ray, Mesa	10:58.53
8. Jennifer Connell, Ricks	11:01.01

5000 METERS

1. Michelle Clarke, Barton County	17:47.34
2. Diane Wilson, Ricks	17:57.90
3. Nicole Branck, Mohawk Valley	18:27.21
4. Tara Rhoades, Ricks	18:40.74
5. Karen Ray, Mesa	18:43.80
6. Cathy McMahon, Ocean County	19:03.75
7. Debbie Arzola, San Jacinto	19:25.42
8. Jennifer Connell, Ricks	19:25.54

10,000 METERS

1. Valerie Spencer, Johnson County	38:48.20
2. Debbie Arzola, San Jacinto	39:31.90
3. Jana Cooke, Ricks	39:47.98
4. Tara Rhoades, Ricks	40:10.77
5. Cathy McMahon, Ocean County	40:32.38
6. Jamey Gray, Highland CC	40:35.88
7. Maria Cintora, Glendale CC	40:38.68
8. Amy Lange, Macomb	40:49.52

100 METER HURDLES

1. *Nichole Belcher, Essex County, NJ	13.13
2. Lacena Golding, San Jacinto	13.22
3. Rosa Giscombe, San Jacinto	13.82
4. Rosa Jolivet, Odessa	13.99
5. Karen Constable, San Jacinto	14.15
6. Marsha Mark, Ricks College	14.18
7. Tandra McPherson, Odessa College	14.30
8. Phyllis Brooks, Barton County	14.52

400 METER HURDLES

1. Andrea Griscombe, San Jacinto	58.92
2. Rosa Jolivet, Odessa College	59.52
3. Meka Rembert, Barton County	59.88
4. Karen Constable, San Jacinto	1:00.30
5. Phyllis Brooks, Barton County	1:02.32
6. Stephanie Talley, Florida CC	1:03.70
7. Sharline Maxwell, Montgomery College	1:05.65
8. Amy Smith, Middlesex	1:06.76

400 METER RELAY

1. San Jacinto	43.98
2. Barton County	45.61
3. Wallace State	46.36
4. Odessa College	46.47
5. Ricks College	47.22
6. Ranger College	48.14
7. Cloud County	48.55
8. Pima CC	50.29

1600 METER RELAY

1. Barton County	3:37.00
2. San Jacinto	3:37.91
3. Odessa College	3:40.79
4. Ricks College	3:49.69
5. Garden City	3:51.07
6. Johnson County	3:52.47
7. Mesa CC	4:06.55

3200 METER RELAY

1. Barton County	9:08.93
2. Southern Idaho	9:29.83
3. Ricks College	9:32.14
4. Colby CC	9:32.28
5. Cloud County	9:36.23
6. Johnson County	9:38.27
7. Essex CC, MD	9:59.41
8. Mesa CC	10:11.93

HAMMER

1. *Katie Panek, Johnson County	171'10"
2. Rachelle Noble, Pima CC	159'00"
3. Brooke Sherow, Pima CC	144'10"
4. Melissa Baukmeister, Mesa CC	143'11"
5. Natalie Penrose, DuPage	138'08"
6. Rebekah Swenson, Johnson County	137'07"
7. Rina Gallahar, Pima CC	134'04"
8. Michelle Heimerman, Coffeyville CC	134'02"

JAVELIN

1. Stacie Lowe, Johnson County	153'02"
2. Marsha Mark, Ricks College	152'07"
3. Tanya Simonsen, North Dakota SCS	146'07"
4. Cherylin Barber, Ricks College	143'08"
5. Rachelle Noble, Pima CC	138'06"
6. Nicolle Stasnek, Pima CC	130'00"
7. Sara Norland, Johnson County	126'05"
8. Katie White, Gloucester County	126'04"

DISCUS

1. Natasha Mitchell, San Jacinto	157'10"
2. Kim Feldkamp, Cloud County	150'10"
3. Grettel Miller, Ricks College	149'05"
4. Rachell Noble, Pima CC	147'08"
5. Kelley Bickham, Garden City CC	147'06"
6. Pat Neptune, San Jacinto	145'00"
7. Michelle Macek, North Dakota SCS	144'00"
8. Michelle Edmonds, North Idaho	138'10"

SHOT PUT

1. Cherylin Barber, Ricks College	44'10.75"
2. Carla Prewitt, Johnson County	44'08.75"
3. Kim Feldkamp, Cloud County	43'05.25"
4. Kelley Bickham, Garden City	42'04.25"
5. Tanya Simonsen, North Dakota SCS	41'08.0"
6. Rachelle Noble, Pima CC	41'03.25"
7. Pat Neptune, San Jacinto	40'09.75"
8. Rina Gallahar, Pima CC	39'08.0"

HIGH JUMP

1. Kristin McQuade, Ricks College	5'10.0"
2. Lisa Wright, Barton County	5'08.0"
Maris Doty, Pima CC	5'08.0"
4. Phyllis Brooks, Barton County	5'06.0"
Robin Dollson, Odessa College	5'06.0"
6. Dusty Mavity, North Idaho	5'04.25"
Debbie Fisher, Ricks College	5'04.25"
Julie Peper, Pima CC	5'04.25"

TRIPLE JUMP

1. Suzette Lee, Barton County	44'04.75"
2. Lisa Wright, Barton County	41'04.5"
3. Adrian Sawyer, Odessa College	40'09.5"
4. Traci Jeffrey, San Jacinto	40'03.25"
5. Tifani Spraggins, Barton County	39'08.0"
6. Michele Egging, Pratt CC	38'00.75"
7. Lisa Roberts, Brevard	37'10.5"
8. Marie Doty, Pima CC	36'03.5"

LONG JUMP

1. *Lacena Golding, San Jacinto	21'10.75"
2. Adrian Sawyer, Odessa College	21'01.25"
3. Suzette Lee, Barton County	20'06.5"
4. Lisa Wright, Barton County	20'04.25"
5. Traci Jeffrey, San Jacinto	19'11.0"
6. Lanell Scarbrough, Wallace State	19'06.5"
7. Tifani Spraggins, Barton County	18'06.0"
8. Michele Vaughn, Parkland	18'06.0"

HEPTATHLON

1. *Lacena Golding, San Jacinto	5657
2. Lisa Wright, Barton County	5170
3. Marsha Mark, Ricks College	5137
4. Kristin McQuade, Ricks College	5076
5. Karen Constable, San Jacinto	4868
6. Rachel Flavell, Scottsdale	4679
7. Lisa Anderson, Scottsdale	4614
8. Rachel Carlin, Mesa CC	4256

OUTSTANDING ATHLETE

Sabrina Kelly, San Jacinto College

COACH OF THE YEAR

Kristin Redding, San Jacinto College

*DENOTES CURRENT NJCAA RECORD