

Barton Women Dominate Field To Win Eighth Straight NJCAA Indoor Track & Field Title

By Sport Information Director Mike Marzolf

The Barton County Community College women's track and field team just simply took care of business. There were no fancy comebacks like the men's team or holding off any up and coming contender like last year in the indoor season when Barton held off Essex County (N.J.). No, this year the Cougar women simply dominated the field at the NJCAA National Indoor Track and Field Championships in Charleston, Ill. on the campus of Eastern Illinois. Barton nearly doubled the second place team as the Cougars wracked up 199.5 points during the two-day event while runner-up Essex finished with an even 100. Cloud County was a distant third with 68. The win was the eighth straight and the 16th overall Indoor Championship for the Cougar women.

The Cougars didn't dominate to the extent they did at the Region VI meet – but at times it was close. Barton won every sprint event and added the middle distances as the Cougars brought home gold in the 60m, 200m, 400m, 600m, and 800m. Only a second place effort in the 1000m kept the Cougar women from winning every running event they entered.

Barton completed its near sweep of running events with wins in the 60m hurdles and the 4x400m relay – giving the Cougars seven wins in the eight events they had athletes entered on the track and 123 points on the track alone.

Keisha Brown won the 60m hurdles in a time of 8.56 with Rowe taking third in 8.82 and Shaunette Davidson sixth in 8.98. Jackson, Barnes, Patterson and Wallace combined to win the 4x400m relay by nearly eight full seconds. The quartet ran a 3:49 to earn the win.

It wasn't as if the Cougars didn't have a lot of success in the field events as well. Barton's field event total of 76.5 points would have placed the Cougars second by itself. Barton won only one of the field events but placed in the top three of every event entered and provided good depth as well in those events.

Head Coach Lyles Lashley comments "NJCAA Title – Our women just went out and took care of business. We have a pretty good women's team, perhaps the best we've had since I've been here. But you still have to get it done. Other teams won't just roll over and let you win. You have to take it. Our women did that."

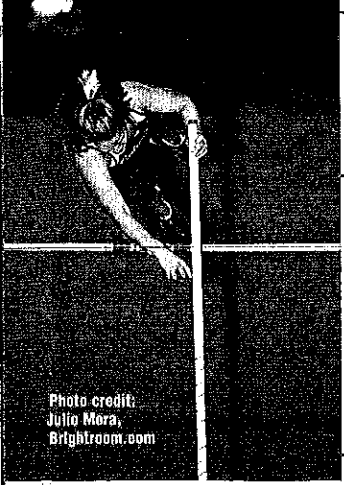


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Individual Results

Pentathlon Finals

Pl.	Name	Yr.	College, State	Points
1	Shaunette Davidson	So.	Barton County Community College, Kan.	3,414
2	Becky Brown	So.	Mesa Community College, Ariz.	3,220
3	Shameka Speed	Fr.	Barton County Community College, Kan.	3,068

20-Pound Weight Throw Finals

Pl.	Name	Yr.	College, State	Distance
1	Michelle Amete	Fr.	Mesa Community College, Ariz.	59-04.75 (18.10m)
2	Jasmine Jennings	Fr.	Community College of Rhode Island	55-03.75 (16.86m)
3	Nikole Jackson	So.	Barton County Community College, Kan.	50-10.75 (15.51m)

Pole Vault Finals

Pl.	Name	Yr.	College, State	Distance
1	Erica Culver	Fr.	Johnson County Community College, Kan.	11-08.00 (3.56m)
2	Laura Glorde	So.	Johnson County Community College, Kan.	11-02.25 (3.41m)
3	Toni Bathurst	So.	Johnson County Community College, Kan.	11-02.25 (3.41m)

Long Jump Finals

Pl.	Name	Yr.	College, State	Distance
1	Kerry Walker	So.	Essex County College, N.J.	19-09.75 (6.04m)
2	Keisha Brown	Fr.	Barton County Community College, Kan.	19-09.00 (6.02m)
3	Michelle Vaughn	So.	Essex County College, N.J.	19-07.50 (5.98m)

Shot Put Finals

Pl.	Name	Yr.	College, State	Distance
1	Michelle Amete	Fr.	Mesa Community College, Ariz.	47-09.00 (14.55m)
2	Susan King	So.	Barton County Community College, Kan.	44-09.50 (13.65m)
3	Nikole Jackson	So.	Barton County Community College, Kan.	40-10.25 (12.45m)

High Jump Finals

Pl.	Name	Yr.	College, State	Distance
1	Michelle Williamson	So.	Essex County College, N.J.	5-10.00 (1.78m)
2	Portia Nash	So.	Barton County Community College, Kan.	5-07.75 (1.72m)
3	Nikki Polk	Fr.	Butler County Community College, Kan.	5-05.75 (1.67m)

Triple Jump Finals

Pl.	Name	Yr.	College, State	Distance
1	Michelle Vaughn	So.	Essex County College, N.J.	42-11.75 (13.10m)
2	Portia Nash	So.	Barton County Community College, Kan.	38-10.25 (11.84m)
3	Kenetisha Creary	Fr.	Southwest Christian College, Texas	37-11.50 (11.57m)

60-Meter Dash Finals

Pl.	Name	Yr.	College, State	Time
1	Simone Facey	Fr.	Barton County Community College, Kan.	7.32
2	Kerron Stewart	So.	Essex County College, N.J.	7.59
3	Stephanie Adams	So.	Kansas City Kansas Community College	7.64

60-Meter Hurdles Finals

Pl.	Name	Yr.	College, State	Time
1	Keisha Brown	Fr.	Barton County Community College, Kan.	8.55
2	Tresha Henry	So.	Essex County College, N.J.	8.65
3	TracyAnn Rowe	Fr.	Barton County Community College, Kan.	8.82

200-Meter Dash Finals

Pl.	Name	Yr.	College, State	Time
1	Simone Facey	Fr.	Barton County Community College, Kan.	23.80
2	Kerron Stewart	So.	Essex County College, N.J.	24.17
3	TracyAnn Rowe	Fr.	Barton County Community College, Kan.	24.55

400-Meter Dash Finals

Pl.	Name	Yr.	College, State	Time
1	Juanita Broadus	So.	Barton County Community College, Kan.	55.34
2	Clora Williams	So.	Essex County College, N.J.	55.82
3	Whitney Charles	Fr.	Kansas City Kansas Community College	55.97

600-Meter Run Finals

Pl.	Name	Yr.	College, State	Time
1	Latosha Wallace	So.	Barton County Community College, Kan.	1:33.34
2	Patricia Mayers	Fr.	Cloud County Community College, Kan.	1:33.41
3	Latoria Howard	So.	Barton County Community College, Kan.	1:38.52

800-Meter Run Finals

Pl.	Name	Yr.	College, State	Time
1	Miriam Barnes	So.	Barton County Community College, Kan.	2:17.64
2	Latosha Wallace	So.	Barton County Community College, Kan.	2:18.74
3	Patricia Mayers	Fr.	Cloud County Community College, Kan.	2:18.83

1,000-Meter Run Finals

Pl.	Name	Yr.	College, State	Time
1	Lorain McKenzie	Fr.	Essex County College, N.J.	2:57.49
2	Latoria Howard	So.	Barton County Community College, Kan.	2:58.55
3	Kellyn Johnson	Fr.	Cloud County Community College, Kan.	3:02.95

Mile Run Finals

Pl.	Name	Yr.	College, State	Time
1	Diane Nukuri	Fr.	Butler County Community College, Kan.	5:03.88
2	Kellyn Johnson	Fr.	Cloud County Community College, Kan.	5:07.23
3	Lorain McKenzie	Fr.	Essex County College, N.J.	5:08.80

3,000-Meter Run Finals

Pl.	Name	Yr.	College, State	Time
1	Diane Nukuri	Fr.	Butler County Community College, Kan.	10:16.62
2	Megan Swick	Fr.	Lansing Community College, Mich.	10:25.74
3	Kellyn Johnson	Fr.	Cloud County Community College, Kan.	10:25.91

5,000-Meter Run Finals

Pl.	Name	Yr.	College, State	Time
1	Diane Nukuri	Fr.	Butler County Community College, Kan.	17:44.54
2	Jolene Mick	So.	Cloud County Community College, Kan.	17:50.82
3	Cassie Blankenship	So.	Johnson County Community College, Kan.	18:55.76

Distance-Medley Relay Finals

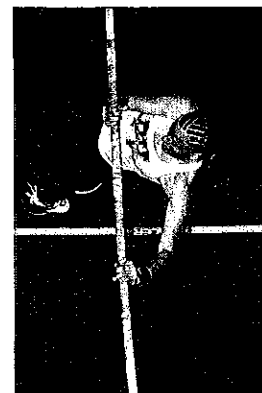
Pl.	College, State	Time
1	Hutchinson Community College, Kan. Names: Misty Reed, Lindsey Mathias, Chelsea Blaufuss, Glenda Branch	12:41.69
2	Johnson County Community College, Kan.	12:43.79
3	Lansing Community College, Mich.	12:52.96

4 x 800-Meter Relay Finals

Pl.	College, State	Time
1	Johnson County Community College, Kan. Names: Cassie Blankenship, Rychel Johnson, Sarah Stark, Esther Mathias	9:49.21
2	Hutchinson Community College, Kan.	9:49.30
3	Cloud County Community College, Kan.	10:02.06

4 x 400-Meter Relay Finals

Pl.	College, State	Time
1	Barton County Community College, Kan. Names: Sophia Jackson, Miriam Barnes, Veronica Patterson, Latosha Wallace	3:49.62
2	Kansas City Kansas Community College	3:57.23
3	Cloud County Community College, Kan.	3:59.92



NJCAA Women's Indoor Track & Field 2004-2005 National Championship

March 4-5, 2005 • Eastern Illinois University • Charleston, Ill.

Team Results

Pl.	College, State	Score
1	Barton County Community College, Kan.	199.5
2	Essex County College, N.J. College, N.J. College, N.J. College, N.J.	100.0
3	Cloud County Community College, Kan.	68.0
4	Johnson County Community College, Kan.	66.0
5	Butler County Community College, Kan.	55.0
6	Paradise Valley Community College, Ariz.	51.0
7	Mesa Community College, Ariz.	32.0
8	Kansas City Kansas Community College	28.0
9	Hutchinson Community College, Kan.	27.0
10	Bevill State Community College-Fayette, Ala.	22.5

Coch of the Year
Lyles Lashley
Barton County Community College, Kan.

Assistant Coach of the Year
Todd Lehman
Paradise Valley Community College, Ariz.

Field Event Athlete of the Meet
Michelle Vaughn
Essex County College, N.J.

Track Athlete of the Meet
Diane Nukuri
Butler County Community College, Kan.

NJCAA Men's Indoor Track & Field 2004-2005 National Championship

March 4-5, 2005 • Eastern Illinois University • Charleston, Ill.

Team Results

Pl.	College, State	Score
1	Barton County Community College, Kan.	108.5
2	Rend Lake College, Ill.	107.0
3	Paradise Valley Community College, Ariz.	73.0
4	Butler County Community College, Kan.	71.0
5	Cloud County Community College, Kan.	40.5
6	Kansas City Kansas Community College	40.0
7	Southwest Christian College, Texas	37.0
8	Johnson County Community College, Kan.	36.5
9	SUNY-Delhi, N.Y.	32.0
10	Hutchinson Community College, Kan.	31.0

The Barton County Community College men's track and field team knew the road to an NJCAA Indoor Track and Field Championship would not be easy this year. In pursuit of their eighth-straight Indoor title, the Cougars knew it would be the toughest title to date. But the tougher test the greater the reward. And once again it was Barton County reaping those rewards at the conclusion of the meet. The Cougars made an improbable comeback to make it eight straight by the slimmest of margins Saturday in Charleston, Ill., on the campus of Eastern Illinois University. Barton captured the Indoor title with 108.5 points to runner-up Rend Lake's (Ill.) 107. With the title, Barton moved to within one of Blinn (Texas) College's NJCAA record nine straight Indoor titles. Paradise Valley (Ariz) was a distant third with 73 points.

Things didn't look good for the Cougars as Saturday began. During the Championships' first day Rend Lake and Paradise Valley each had 50 points to lead the way and Barton was a distant sixth with 21 points. By the look of the qualifying times and distances, it appeared as if the Cougars string of titles was about to end.

"The first day we were awful and (Rend Lake) was about perfect," Barton Coach Lyles Lashley said.

But Coach Lashley and the rest of the Cougars must have done something right because Lady Luck was on the Cougars side all day Saturday.

Score to Start Saturday – Rend Lake 50, Barton 21. Saturday started in the triple jump pit. Barton's Frankie Wright busted a lifetime personal best of 50-2 to push to third and Marcus Lee picked up a few points with his seventh place effort. Score after triple jump – Rend Lake 62, Barton 29.

Barton CCC Cougar Men Pull Off Improbable Comeback to Win Eighth Straight NJCAA Indoor Title

By Mike Marzolf, Barton County Community College Sports Information



Photo credit: Julio Mora, Brightroom.com

"From that point on it was like a war," Coach Lashley said. "Frankie giving us the best jump of his life got our kids going."

Next on the docket was the 4x800m relay. Barton and Rend Lake had the two best qualifying times. On the final lap Barton's Schafer Sherrer passed Rend Lake's Aaron Walton for the gold medal and 10 points. Rend Lake 70, Barton 39.

The momentum continued to build for the Cougars in the 60m hurdle finals. In the finals, Dior Lowry edged Clint Fields of Glendale (Ariz) to win the gold medal in 7.94. Smith came in the third and the Cougars left the event with 16 points. Score after 60m hurdles – Rend Lake 78, Barton 55.

Barton lost ground in the mile run with Rend Lake's Tim Clark finishing fifth. The Warriors also got a point for eighth and finished with five points. Score after Mile Run – Rend Lake 83, Barton 55.

The Cougars knew they would gain points in the 60m finals where Rend Lake had no competitors and Barton's Ronnie Pines finished third to give the Cougars six points. Score after 60m dash – Rend Lake 83, Barton 61.

The 600m run proved to be a big event for the Cougars who had two runners in the finals while Rend Lake had no one running. In the final heat a Cowley County runner and a Southwest Christian runner got tangled up and both fell. With only two of the four runners finishing the race, the Cougars' Tracy Robinson took third and Tavarus Robert's fifth for 10 big points. Score after 600m run – Rend Lake 83, Barton 71.

"About that time I thought to myself, 'somebody is looking out for us,'" Coach Lashley said.

The 400m dash was won by Rend Lake's Jason Craig to give the Warriors 10 points. Barton's Frankie Wright took fifth and Derrick Ray sixth to keep the losses to a minimum as the duo combined for seven points. Score after 400m – Rend Lake 93, Barton 78.

During the 800m run Barton's Sheldon Williams and Rend Lake's Eric Alberter ran side by side with Alborter edging Williams at the tape to take third. Williams was fourth and Rend Lake extended the lead by one more point. Score after 800m – Rend Lake 99, Barton 83.

Only four events were left to be scored – three on the track as well as the high jump. In the 200m Rend Lake 400m champion Craig finished eighth while Barton's Ronald Wright took the top spot and teammate Jermaine Baton took seventh for a total of 12 points to Rend Lake's one point. Score after 200m – Rend Lake 100, Barton 95.

It was about this time the high jump was finishing up in a jumbled mess. The top three spots were set and there was an 11-way tie for fourth place at 6-6.25. From that, Azim Smith emerged in a tie for sixth with three other jumpers. That gave him, and Barton, 1.5 points – the exact margin that Cougars would eventually win the meet by Score after high jump – Rend Lake 100, Barton 96.5.

Tyler Penn started the 1000m fast and was able to put away all but two runners. Penn finished third and gave the Cougars their first lead of the Championships. Score after 1000m run – Barton 102.5, Rend Lake 102.

"Tyler just ran everyone into the ground but two kids," Coach Lashley said. "That was a great race for him. It gave us a 1/2 point with one event to go."

That event was the 4x400m, which consisted of five heats. Rend Lake was in heat four and Barton County was in the fifth and final heat – the fastest heat. Rend Lake ran the fastest time of the first four heats – a 3:19.28. With only four teams in the final heat, Barton's mission was clear – stay clear and beat 3:19. That would secure the eighth straight title.

By this time every member of the Barton track team not running in the final event was making so much noise they had to be quieted down before the start of the final heat. They were quiet until the event started and the cheering began once more. The Cougars ran behind

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Barton CCC Cougar Men Pull Off Improbable Comeback to Win Eighth Straight NJCAA Indoor Title (Continued from page 7)

By Mike Marzolf, Barton County Community College Sports Information

Southwest Christian, Butler County, and Wallace State in the race but running a pace that would beat 3:19. Barton's Roberts, Robinson, and Sherrer stayed on the heels of the other three teams but a safe enough distance back not to have any problems. The Cougars' Frankie Wright took the baton home for Barton in a time of 3:15.73 - well ahead of the 3:19 they had to beat. Wallace State was disqualified from the race, giving Barton third and Rend Lake fourth. Final Score - Barton 108.5, Rend Lake 107.

"That was the best comeback I've been around," Coach Lashley said. "We've had comebacks before. Our last two outdoors have been exciting - especially last year. But in the past

when we've been down a lot of points we knew we had a chance if we just went out and did what we were suppose to do.

"When you put this year's to paper after the first day, there is no way we could come back. But having won seven in a row at the school, the kids take pride in that and believe in themselves. Our kids never looked worried. Heaven knows I was."

Individual Results

Pentathlon Finals

Pl.	Name	Yr.	College, State	Points
1	Dermillo Wise	So.	Cloud County Community College, Kan.	3,412
2	Isaac Combs	Fr.	Cloud County Community College, Kan.	3,364
3	Kyle Roberts	Fr.	Hutchinson Community College, Kan.	3,303

35-Pound Weight Throw Finals

Pl.	Name	Yr.	College, State	Distance
1	Shawn Best	So.	Mesa Community College, Ariz.	55-04.25" (16.87m)
2	Caleb Garvin	Fr.	Cloud County Community College, Kan.	53-01.50" (16.19m)
3	Courtney Haywood	Fr.	Rend Lake College, Ill.	53-01.00" (16.18m)

Pole Vault Finals

Pl.	Name	Yr.	College, State	Distance
1	Kyle Dennis	Fr.	Johnson County Community College, Kan.	16-00.75" (4.90m)
2	Tod Rodenbaugh	Fr.	Paradise Valley Community College, Ariz.	16-00.75" (4.90m)
3	Adam Ergenbright	Fr.	Johnson County Community College, Kan.	15-07.00" (4.75m)

Shot Put Finals

Pl.	Name	Yr.	College, State	Distance
1	Shawn Best	So.	Mesa Community College, Ariz.	66-06.50" (17.23m)
2	Brian Baker	So.	Cowley County Community College, Kan.	54-10.25" (16.72m)
3	Glenwood Edwards	So.	Barton County Community College, Kan.	54-03.25" (16.54m)

Long Jump Finals

Pl.	Name	Yr.	College, State	Distance
1	Titus Ryan	So.	Wallace State Comm. Coll.-Hanceville, Ala.	25-07.50" (7.81m)
2	Rafaell Thompson	So.	Paradise Valley Community College, Ariz.	23-10.75" (7.28m)
3	Dermillo Wise	So.	Cloud County Community College, Kan.	23-10.25" (7.27m)

Triple Jump Finals

Pl.	Name	Yr.	College, State	Distance
1	Clint Fields	So.	Glendale Community College, Ariz.	50-09.50" (15.48m)
2	Michael Benitez	Fr.	Rend Lake College, Ill.	50-02.50" (15.30m)
3	Frankie Wright	So.	Barton County Community College, Kan.	50-02.00" (15.29m)

High Jump Finals

Pl.	Name	Yr.	College, State	Distance
1	Rafaell Thompson	So.	Paradise Valley Community College, Ariz.	6-10.25" (2.09m)
2	Kyle Riddle	So.	Iowa Central Community College	6-08.25" (2.04m)
3	Al Winsley	Fr.	Hinds Community College, Miss.	6-08.25" (2.04m)

60-Meter Dash Finals

Pl.	Name	Yr.	College, State	Time
1	Trell Kimmons	Fr.	Hinds Community College, Miss.	6.58
2	Mark Jelks	So.	Kansas City Kansas Community College	6.67
3	Ronnie Pines	So.	Barton County Community College, Kan.	6.71

60-Meter Hurdles Finals

Pl.	Name	Yr.	College, State	Time
1	Dior Lowry	So.	Barton County Community College, Kan.	7.94
2	Clint Fields	So.	Glendale Community College, Ariz.	7.98
3	Azim Smith	So.	Barton County Community College, Kan.	8.11

200-Meter Dash Finals

Pl.	Name	Yr.	College, State	Time
1	Ronald Wright	So.	Barton County Community College, Kan.	21.54
2	Ivory Williams	Fr.	Butler County Community College, Kan.	21.69
3	Kendrick Singleton	Fr.	Southwest Christian College, Texas	21.77

400-Meter Dash Finals

Pl.	Name	Yr.	College, State	Time
1	Jason Craig	So.	Rend Lake College, Ill.	47.90
2	Jimmie Gordon	So.	Southwest Christian College, Texas	47.90
3	Bruce Davis	So.	Wallace State Comm. Coll.-Hanceville, Ala.	48.40

600-Meter Run Finals

Pl.	Name	Yr.	College, State	Time
1	Jerry Jones	So.	Southwest Christian College, Texas	1:20.50
2	Orlando Collins	So.	Vincennes University, Ind.	1:20.87
3	Tracy Robinson	Fr.	Barton County Community College, Kan.	1:21.40

800-Meter Run Finals

Pl.	Name	Yr.	College, State	Time
1	Simoon Bovell	Fr.	Kansas City Kansas Community College	1:53.65
2	Tony Williams	So.	Kansas City Kansas Community College	1:54.13
3	Eric Alberter	Fr.	Rend Lake College, Ill.	1:55.43

1,000-Meter Run Finals

Pl.	Name	Yr.	College, State	Time
1	Johnny Baez	So.	SUNY-Delhi, N.Y.	2:30.62
2	Jermaine Myers	So.	Cowley County Community College, Kan.	2:30.86
3	Tyler Penn	Fr.	Barton County Community College, Kan.	2:31.41

Mile Run Finals

Pl.	Name	Yr.	College, State	Time
1	Bobby Reyes	So.	Butler County Community College, Kan.	4:18.26
2	Daniel Kanyaruhuru	So.	Paradise Valley Community College, Ariz.	4:19.63
3	Johnny Baez	So.	SUNY-Delhi, N.Y.	4:22.36

3,000-Meter Run Finals

Pl.	Name	Yr.	College, State	Time
1	Daniel Kanyaruhuru	So.	Paradise Valley Community College, Ariz.	8:40.59
2	Andy Forma	So.	Eric Community College, N.Y.	8:43.12
3	Brett Simon	Fr.	Rend Lake College, Ill.	8:44.91

5,000-Meter Run Finals

Pl.	Name	Yr.	College, State	Time
1	Daniel Kanyaruhuru	So.	Paradise Valley Community College, Ariz.	15:12.25
2	Rey Alvarez	So.	Rend Lake College, Ill.	15:18.66
3	Justin Kunz	So.	Rend Lake College, Ill.	15:23.30

Distance Medley Relay Finals

Pl.	College, State	Time
1	Butler County Community College, Kan. Names: Kyle Norris, Gaten Gary, Dakota Criqui, Bobby Reyes	10:19.46
2	Rend Lake College, Ill.	10:17.45
3	SUNY-Delhi, N.Y.	10:18.11

4x800-Meter Relay Finals

Pl.	College, State	Time
1	Barton County Community College, Kan. Names: Tyler Penn, Sheldon Williams, Tim Gardner, Schafer Sherrer	7:52.43
2	Rend Lake College, Ill.	7:53.32
3	Butler County Community College, Kan.	7:57.24

4x400-Meter Relay Finals

Pl.	College, State	Time
1	Southwest Christian College, Texas Names: Alfred Robinson, Jerry Jones, Larry Overshown, Jimmie Gordon	3:15.56
2	Butler County Community College, Kan.	3:15.39
3	Barton County Community College, Kan.	3:15.73



Award Winners
NJCAA Men's Indoor
Track & Field 2004-2005
National Championship

Coach of the Year
Brent McClain
Rend Lake College, Ill.

Field Event Athlete of the Meet
Shawn Best
Mesa Community
College, Ariz.

Assistant Coach of the Year
Steve Jones
Hutchinson Community
College, Kan.

Track Athlete of the Meet
Daniel Kanyaruhuru
Paradise Valley
Community College, Ariz.

For Complete Results Visit the NJCAA Website at: www.njcaa.org

To order more photos of the Indoor Track & Field National Championships go to: www.brightroom.com/