



INDOOR TRACK & FIELD CHAMPIONSHIPS

MARCH 4-5, 2011 // TEXAS TECH UNIVERSITY // LUBBOCK, TEXAS



Iowa Central & South Plains Take Home Indoor Track & Field Titles

LUBBOCK, TEXAS

This year's NJCAA Men's and Women's Indoor Track & Field Championships were dominated by teams from Iowa Central Community College and South Plains College (Texas). The two teams put on quite a show for those in attendance at this year's event held on the campus of Texas Tech University in Lubbock, Texas.

Iowa Central's men's squad separated themselves from the field, finishing with 157 points. South Plains came in second with 136 points. The Tritons won nine individual

national titles and took home 14 All-American honors. The distance events were dominated by ICC as Stanley Kebenei and Anthony Lieghio combined for five first place finishes in the long runs. ICC also took the top three spots in the men's heptathlon with Ethan Wilkins setting a new NJCAA championship meet and national record with his 5,098 points.

South Plains blew away the completion, racking up 180.5 points to win the program's second national title.

Central Arizona came in second with 88 points. Natoya Goule and Jura Levy led the dominating performances. The duo took first place in four events and set three new NJCAA records in the process. In all South Plains took home 10 event championships and 18 All-American honors.



See page 16 for featured results.

INDOOR TRACK & FIELD CHAMPIONSHIP RESULTS

MARCH 4-5, 2011 // TEXAS TECH UNIVERSITY // LUBBOCK, TEXAS

WOMEN'S INDIVIDUAL RESULTS

55 METER DASH FINALS

1. Jura Levy	Fr. South Plains	6.81
2. Reyare Thomas	Fr. Iowa Central CC	7.05
3. Serene Williams	Fr. Central Arizona	7.06

55 METER HURDLES FINALS

1. Shanekia Hall	So. Essex CC	7.71
2. Janeil Bellille	Fr. South Plains	7.79
3. Dinesha Bean	So. Hinds CC	7.89

200 METER DASH FINALS

1. Jura Levy	Fr. South Plains	*23.10
2. Janelle Redhead	Fr. South Plains	23.69
3. Reyare Thomas	Fr. Iowa Central CC	24.06

400 METER DASH FINALS

1. Janelle Redhead	Fr. South Plains	54.90
2. Kanika Beckles	So. Essex CC	55.37
3. Janeil Bellille	Fr. South Plains	55.49

600 METER RUN FINALS

1. Natoya Goule	Fr. South Plains	*1:26.90
2. Angelina Williams	So. Cloud County CC	1:31.41
3. Sparkle McKnight	Fr. South Plains	1:33.60

800 METER RUN FINALS

1. Natoya Goule	Fr. South Plains	*2:05.79
2. Mariah Bowers	So. Central Arizona	2:14.43
3. Ashley Armand	Fr. Bronx CC	2:16.09

1000 METER RUN FINALS

1. Aysha Rumble	So. Iowa Central CC	2:58.14
2. Lisa Forsberg	So. South Plains	3:01.66
3. Ashley Armand	Fr. Bronx CC	3:01.68

MILE RUN

1. Lisa Forsberg	So. South Plains	5:12.71
2. Anna Buenneke	Fr. North Iowa Area CC	5:15.09
3. Kayla Pfund	Fr. Macomb CC	5:15.99

3000 METER RUN

1. Anna Buenneke	Fr. North Iowa Area CC	10:29.01
2. Kayla Pfund	Fr. Macomb CC	10:29.83
3. Jordan Brown	So. Butler County CC	10:31.27

5000 METER RUN

1. Anna Buenneke	Fr. North Iowa Area CC	18:35.07
2. Kaitlyn Belisle	Fr. Cowley County CC	19:03.43
3. Val Bland	So. Cowley County CC	19:09.44

LONG JUMP

1. Tameka Williams	So. Central Arizona	19-03.25
2. Natalya Bartnovskaya	Fr. Vincennes	19-02.75
3. Keri Emanuel	Fr. South Plains	19-02.00

TRIPLE JUMP

1. Izehi Ileso	So. Iowa Central CC	42-05.25
2. Keri Emanuel	Fr. South Plains	39-01.75
3. Sametra Kelly	Fr. Barton County CC	38-09.00

HIGH JUMP

1. Shantae Boney	So. Central Arizona	5-07.00
2. Ashley Reid	Fr. Johnson County CC	5-05.00
3. Chasity Mims	Fr. South Plains	J5-05.00
3. Christina Barrett	So. New Mexico JC	J5-05.00

POLE VAULT

1. Natalya Bartnovskaya	Fr. Vincennes	*14-01.25
2. Christy Carmody	Fr. Glendale CC	12-01.50
3. Lauren Gale	So. Mesa CC	11-09.75

SHOT PUT

1. Janee Mickens	Fr. Barton County CC	47-09.00
2. Elizabeth Ross	So. Hagerstown CC	46-06.75
3. Candicea Bernard	Fr. Central Arizona	46-06.25

35 LB. WEIGHT THROW

1. Marcela Solano	Fr. Barton County CC	53-09.00
2. Janee Mickens	Fr. Barton County CC	51-01.00
3. Tatiana Zhuravleva	Fr. Vincennes	50-11.00

PENTATHLON

1. Christina Barrett	So. New Mexico JC	3385
2. Richelle Farley	So. Cowley County CC	3362
3. Shantae Boney	So. Central Arizona	3308

WOMEN'S RELAY RESULTS

4X400M RELAY

1. South Plains College	3:39.72
2. Iowa Central Community College	3:46.70
3. New Mexico Junior College	3:47.13

4X800M RELAY

1. Essex County College	9:24.31
2. Macomb Community College	9:37.01
3. North Iowa Area Community College	9:46.55

DISTANCE MEDLEY RELAY

1. Macomb Community College	12:41.09
2. South Plains College	12:43.78
3. North Iowa Area Community College	12:52.08

WOMEN'S TOP 10 TEAM RESULTS

Place	College	Points
1.	South Plains College, Texas	180.5
2.	Central Arizona College	88
3.	Iowa Central Community College	59
4.	Macomb Community College, Mich.	46
5.	North Iowa Area Community College	44
6.	Essex County College, N.J.	42
7.	Vincennes University, Ind.	41
8.	New Mexico Junior College	37.5
9.	Barton County Community College, Kan.	36
10.	Butler Community College, Kan.	32

*Denotes New NJCAA Championship Meet Record

NOTE 1st Place = First-Team NJCAA All-American;
2nd Place = Second-Team NJCAA All-American



Photo by Norville Kennedy, Texas Tech Athletic Media Relations

South Plains' Natoya Goule shared Most Valuable Track Athlete of the Meet honors with teammate Jura Levy.

Women's Awards

WOMEN'S COACH OF THE MEET

Chris Beene, South Plains College

WOMEN'S CO-MOST VALUABLE TRACK ATHLETES OF THE MEET

Jura Levy, South Plains College
Natoya Goule, South Plains College

WOMEN'S MOST VALUABLE FIELD ATHLETE OF THE MEET

Natalya Bartnovskaya, Vincennes University

WOMEN'S INDOOR TRACK & FIELD COACH OF THE YEAR

Kim Renas, Macomb CC

WOMEN'S INDOOR TRACK & FIELD ASSISTANT COACH OF THE YEAR

Tim Marsee, Vincennes University

For Complete Results visit www.njcaa.org



Photo by Norvelle Kennedy, Texas Tech Athletic Media Relations.

MEN'S INDIVIDUAL RESULTS

55 METER DASH FINALS

1. Everett Walker	So. Barton County CC	6.25
2. Dushane Farrier	So. Rend Lake College	6.36
3. Alex Sanders	Fr. Johnson County CC	6.38

55 METER HURDLES FINALS

1. Michael Hancock	So. Iowa Central CC	7.19
2. Aleec Harris	So. Barton County CC	7.26
3. Nathan Arnett	So. Iowa Central CC	7.37

200 METER DASH FINALS

1. Everett Walker	So. Barton County CC	21.01
2. Rondell Bartholomew	So. South Plains	21.06
3. John Thomas	Fr. South Plains	21.34

400 METER DASH FINALS

1. Anton Kokorin	So. South Plains	46.78
2. Isaiah Gill	So. South Plains	46.95
3. Bralon Taplin	Fr. South Plains	47.63

600 METER RUN FINALS

1. Rondell Bartholomew	So. South Plains	1:18.10
2. Elhadji Mbow	Fr. Essex CC	1:18.34
3. Cory Jones	Fr. Cowley County CC	1:19.30

800 METER RUN FINALS

1. Anthony Lieghio	So. Iowa Central CC	1:52.45
2. Tayron Lieghio	Fr. Barton County CC	1:52.54
3. Zavior Brown	So. SUNY-Delhi	1:53.00

1000 METER RUN FINALS

1. Anthony Lieghio	So. Iowa Central CC	2:26.70
2. Stanley Kebenei	Fr. Iowa Central CC	2:26.97
3. Tomas Cotter	So. Iowa Central CC	2:28.30

MILE RUN

1. Anthony Lieghio	So. Iowa Central CC	4:07.51
2. Wesley Cheruiyot	Fr. Gillette College	4:10.28
3. Kemoy Campbell	Fr. South Plains	4:11.72

3000 METER RUN

1. Stanley Kebenei	Fr. Iowa Central CC	8:21.08
2. Kemoy Campbell	Fr. South Plains	8:28.14
3. Joash Osoro	So. Iowa Central CC	8:32.42

5000 METER RUN

1. Stanley Kebenei	Fr. Iowa Central CC	14:14.73
2. Isaiah Samoei	So. Iowa Western CC	14:46.74
3. Wesley Cheruiyot	Fr. Gillette College	14:46.83

LONG JUMP

1. Fredrick Wesley	Fr. Hinds CC	24-11.75
2. Jharyl Bowry	Fr. Coffeyville CC	24-09.75
3. Kadeem Douglas	Fr. Coffeyville CC	24-07.75

TRIPLE JUMP

1. Emere Stephen	So. South Plains	52-10.25
2. Bradley Hines	So. Barton County CC	52-02.75



TRIPLE JUMP

3. J'Vente Deveaux	So. Allen County CC	51-09.25
--------------------	---------------------	----------

HIGH JUMP

1. James White	Fr. Iowa Central CC	7-02.50
2. Zach Riley	Fr. Rend Lake College	7-00.50
3. D'Wayne King	So. Cloud County CC	6-10.75

POLE VAULT

1. Vince Frawley	So. Paradise Valley CC	16-04.75
2. Matt Vipond	So. Paradise Valley CC	16-00.75
3. Jacob Elbers	Fr. Mesa CC	J16-00.75

SHOT PUT

1. Matt Marcoccia	So. Barton County CC	54-11.25
2. Ryan Smith	So. Vincennes Univ.	54-02.00
3. Charles James	So. Cowley County CC	54-01.25

35 LB. WEIGHT THROW

1. Ryan Smith	So. Vincennes Univ.	59-07.00
2. Chris Gattman	So. Mohawk Valley CC	56-06.75
3. Ciaran Donnelly	Fr. Iowa Western CC	54-01.75

HEPTATHLON

1. Ethan Wilkins	So. Iowa Central CC	*5098
2. Troy Walls	So. Iowa Central CC	4797
3. Terry Anderson	So. Iowa Western CC	4655

MEN'S RELAY RESULTS

4X400M RELAY

1. South Plains College	3:10.13
2. Barton County CC	3:12.51
3. Hinds CC	3:13.94

4X800M RELAY

1. Cowley County CC	7:48.59
2. Barton County CC	7:53.68
3. South Plains College	7:56.85

DISTANCE MEDLEY RELAY

1. Iowa Central CC	10:03.12
2. South Plains College	10:10.65
3. Butler CC	10:30.98

MEN'S TOP 10 TEAM RESULTS

Place	College	Points
1.	Iowa Central Community College	157
2.	South Plains College, Texas	136
3.	Barton County Community College, Kan.	84
4.	Iowa Western Community College	48
5.	Rend Lake College, Ill.	40
6.	Paradise Valley Community College, Ariz.	37
7.	Cowley County Community College, Kan.	36.5
8.	Coffeyville Community College, Kan.	27
9.	Vincennes University, Ind.	25
10.	Butler Community College, Kan.	24

*Denotes New NJCAA Championship Meet Record

NOTE 1st Place = First-Team NJCAA All-American;
2nd Place = Second-Team NJCAA All-American

OTHER RECORDS BROKEN

M 55 Meter Hurdles:

Aleec Harris, Barton County CC - 7.18 (set in prelims)

Men's Awards

MEN'S COACH OF THE MEET

Denny Myers, Iowa Central CC

MEN'S MOST VALUABLE TRACK ATHLETE OF THE MEET

Stanley Kebenei, Iowa Central CC

MEN'S MOST VALUABLE FIELD ATHLETE OF THE MEET

Ryan Smith, Vincennes University

MEN'S INDOOR TRACK & FIELD COACH OF THE YEAR

Denny Myers, Iowa Central CC

MEN'S INDOOR TRACK & FIELD ASSISTANT COACH OF THE YEAR

Blaine Wiley, South Plains College

For Complete Results visit www.njcaa.org