

NJCAA Championships

The New Balance Track & Field Center
 at The Armory, New York, NY - 3/7/2014 to 3/8/2014
 Results

Women 60 Meter Dash

Meet: ! 6.53 2006		Natasha Ruddock, Essex County	
Name	Year School	Prelims	H#
Preliminaries			
1	Terika Henry	Allen County	7.60q 1
2	Ranee Ricketts	Essex CC	7.61q 3
3	Janet Amponsah	Western Texas	7.64q 2
4	Sharrona Williams	New Mexico	7.66q 3
5	Ariel Jackson	Iowa Central	7.66q 1
6	Destiny Carter	Iowa Central	7.68q 2
7	Kim Mitchell	Coffeyville	7.71q 3
8	Brittany Chism	Hinds CC	7.71q 3
9	Precious Hitchcock	Coffeyville	7.72q 2
10	Anika Charles	Iowa Western	7.74 1
11	Sarah Atcho	Monroe College	7.75 1
12	Tina Davis	Neosho County	7.75 2
13	Mayah Edwards	New Mexico	7.76 2
14	Chartia Hurt	Western Texas	7.78 3
15	Rickera Moxey	Neosho County	7.80 1
16	Cierra Jones	Iowa Western	7.80 2
17	Katrina Weir	New Mexico	7.83 3
18	Azarya Evans-Jenkins	Coffeyville	7.87 1
19	Mary Quayson	Western Texas	7.87 3
20	Makaela Pratt	Glendale CC	7.90 2
21	Jazmin Jackson	Iowa Central	7.90 2
22	Tiffany Barnes	Iowa Western	7.91 3
23	Raven Davis	Cloud County	7.95 1
24	Adrine Monagi	North Iowa Area	8.01 1
25	Airrica Harper	Vincennes	8.03 3
26	Alexis Smith	Essex CC	8.11 2
27	Salimah Muhammad	Mesa CC	8.14 1

Women 60 Meter Dash

Meet: ! 6.53 2006		Natasha Ruddock, Essex County	
Name	Year School	Finals	Points
Finals			
1	Terika Henry	Allen County	7.54 10 7.535
2	Janet Amponsah	Western Texas	7.54 8 7.539
3	Destiny Carter	Iowa Central	7.56 6 7.553
4	Ranee Ricketts	Essex CC	7.56 5 7.557
5	Ariel Jackson	Iowa Central	7.61 4
6	Kim Mitchell	Coffeyville	7.68 3 7.672
7	Sharrona Williams	New Mexico	7.68 2 7.679
8	Precious Hitchcock	Coffeyville	7.75 1
9	Brittany Chism	Hinds CC	7.78

Women 200 Meter Dash

9 fastest to final
 Meet: ! 23.10 2011 Jura Levy, South Plains

Name	Year	School	Prelims	H#
Preliminaries				
1 Janet Amponsah		Western Texas	24.19q	7
2 Sarah Atcho		Monroe College	24.39q	2
3 Terika Henry		Allen County	24.53q	3
4 Destiny Carter		Iowa Central	24.68q	6
5 Anika Charles		Iowa Western	24.74q	1
6 Nickheila John		Essex CC	24.81q	7
7 Ranee Ricketts		Essex CC	24.82q	5
8 Ariel Jackson		Iowa Central	24.86q	4
9 Stephanie Aidoo		Coffeyville	24.93	1 q 24.928
10 Precious Hitchcock		Coffeyville	24.93	2 24.930
11 Thronda Craig		Coffeyville	25.20	3
12 Brittany Chism		Hinds CC	25.21	4
13 Tina Davis		Neosho County	25.22	1
14 Sharrona Williams		New Mexico	25.29	5
15 Vanessa Style		Allen County	25.30	5
16 Skylar Dantzler		Iowa Central	25.41	6
17 Makaela Pratt		Glendale CC	25.42	2
18 Cierra Jones		Iowa Western	25.50	1
19 Elexis Fairley		New Mexico	25.57	3
20 Marquetta Mapps		New Mexico	25.67	4
21 Marshalee Raynor		ASA College	25.68	6
22 Rickera Moxey		Neosho County	25.75	2
23 Mickalla Mitchell		Johnson County	25.86	3
24 Shanice Cameron		Monroe College	25.87	6
25 Jaydean Joseph		Monroe College	25.92	7
26 Rose Roesler		Hagerstown	25.93	4
27 Adrine Monagi		North Iowa Area	26.38	7
28 Brigitte Pewu		ASA College	26.46	7

Women 200 Meter Dash

9 fastest to final
 Meet: ! 23.10 2011 Jura Levy, South Plains

Name	Year	School	Finals	H#	Points
Finals					
1 Janet Amponsah		Western Texas	23.81	2	10
2 Terika Henry		Allen County	24.19	2	8
3 Destiny Carter		Iowa Central	24.24	2	6
4 Sarah Atcho		Monroe College	24.30	2	5
5 Ariel Jackson		Iowa Central	24.48	1	4
6 Ranee Ricketts		Essex CC	24.50	1	3
7 Anika Charles		Iowa Western	24.83	1	2
8 Nickheila John		Essex CC	25.03	1	1
9 Stephanie Aidoo		Coffeyville	25.39	1	

Women 400 Meter Dash

Meet: ! 53.59	1995	Ellen Grant, San Jacinto		
Meet: M 53.59	1992	Marjorie Bailey, Coffeyville CC		
Name	Year	School	Prelims	H#

Preliminaries

1	Kimari Martin	Hinds CC	55.43q	1
2	Mariam Kromah	New Mexico	56.09q	4
3	Nickheila John	Essex CC	56.29q	2
4	Chartia Hurt	Western Texas	56.47q	4
5	Iris Robinson	Hinds CC	56.52q	2
6	Stephanie Aidoo	Coffeyville	56.72q	1
7	Alexis Luckett	Hinds CC	57.37q	2
8	Jessica Barrera	Monroe College	57.67q	1
9	Chrissa Harris	Iowa Central	57.88	3
10	Thronda Craig	Coffeyville	58.09	4
11	Marissa Gale	Western Texas	58.10	3
12	Kianna Carter	Iowa Central	58.23	3
13	Kernesha Spann	Western Texas	58.24	3
14	Kadeisha Hield	Essex CC	58.41	2
15	Camille Nelson	New Mexico	59.32	1
16	Annastasia Scott	New Mexico	59.57	4
17	Jonelle Reinert	Butler County	59.88	2
18	Skylar Dantzler	Iowa Central	1:01.45	4
19	Samantha Melillo	Allen County	1:04.29	1
--	Mickalla Mitchell	Johnson County	DNF	3

Women 400 Meter Dash

Meet: ! 53.59	1995	Ellen Grant, San Jacinto			
Meet: M 53.59	1992	Marjorie Bailey, Coffeyville CC			
Name	Year	School	Finals	H#	Points

Finals

1	Kimari Martin	Hinds CC	54.48	2	10
2	Mariam Kromah	New Mexico	54.98	2	8
3	Nickheila John	Essex CC	55.56	2	6
4	Iris Robinson	Hinds CC	56.50	1	5
5	Alexis Luckett	Hinds CC	56.64	1	4
6	Stephanie Aidoo	Coffeyville	56.95	1	3
7	Chartia Hurt	Western Texas	57.13	2	2
8	Chrissa Harris	Iowa Central	57.72	1	1
9	Jessica Barrera	Monroe College	58.09	1	

Women 600 Meter Run

Fastest 9 to final				
Meet: ! 1:26.90	2011	Natoya Goule, South Plains		
Name	Year	School	Prelims	H#

Preliminaries

1	Jessica James	Iowa Central	1:32.13q	2
2	Shanika Dessein	New Mexico	1:34.21q	1

3	Adelaide Nkrumah	Iowa Central	1:34.82q	1	
4	Mandy Wilson	Highland CC	1:35.48q	2	
5	Fawzia Kheir	Essex CC	1:36.00q	2	
6	Kathy Fisher	Pima CC	1:36.50q	2	
7	Yanique Bennett	Iowa Western	1:37.03q	2	
8	Ana Baleveicau	NMMI	1:37.70q	1	
9	Dorothea Towson	Glendale CC	1:38.16	1	q
10	Terrian Williams	Western Texas	1:38.91	1	
11	Danielle Thompson	Vincennes	1:43.10	1	

Women 600 Meter Run

Fastest 9 to final

Meet: ! 1:26.90 2011 Natoya Goule, South Plains

Name	Year	School	Finals	H#	Points
Finals					
1	Jessica James	Iowa Central	1:32.13	2	10
2	Shanika Desein	New Mexico	1:32.70	2	8
3	Adelaide Nkrumah	Iowa Central	1:33.61	2	6
4	Fawzia Kheir	Essex CC	1:35.25	1	5
5	Mandy Wilson	Highland CC	1:35.76	2	4
6	Yanique Bennett	Iowa Western	1:36.75	1	3
7	Ana Baleveicau	NMMI	1:37.11	1	2
8	Dorothea Towson	Glendale CC	1:37.43	1	1

Women 800 Meter Run

Heat winners + 7 fastest to final

Meet: ! 2:05.79 2011 Natoya Goule, South Plains

Name	Year	School	Prelims	H#
Preliminaries				
1	Agnes Abu	Barton County	2:16.68Q	1
2	Fawzia Kheir	Essex CC	2:19.23Q	2
3	Taska Johnson	Essex CC	2:18.19q	1
4	Jevina Straker	ASA College	2:19.29q	1
5	Amanda Hutchinson	Gillette	2:19.81q	1
6	Emily Wilkinson	Mesa CC	2:19.92q	1
7	Crystal Nelson	Kingsborough	2:19.98q	2
8	TaPring Goatee	Vincennes	2:20.01q	1
9	Makala Diggs	Gillette	2:20.38q	2
10	Petrene Plummer	Iowa Western	2:20.45	2
11	Mary Carr	Iowa Central	2:22.62	1
12	Jireh Hart	Vincennes	2:23.09	2
13	Ana Baleveicau	NMMI	2:24.18	1
14	Monique Flemming	Kingsborough	2:24.88	2
15	Katie Lambert	Cloud County	2:25.36	1
16	Atiyyah Herron	Cuyahoga CC	2:28.79	1
17	Danielle St. Clair	Cowley County	2:28.91	2
18	Myrissa Clark	Gillette	2:29.87	2
19	Lindsay Brunson	North Iowa Area	2:30.37	2
20	Renee Snoek	Mesa CC	2:34.98	2

Women 800 Meter Run

Heat winners + 7 fastest to final
 Meet: ! 2:05.79 2011 Natoya Goule, South Plains

Name	Year	School	Finals	Points
Finals				
1 Agnes Abu		Barton County	2:13.38	10
2 Crystal Nelson		Kingsborough	2:15.09	8
3 TaPring Goatee		Vincennes	2:17.24	6
4 Makala Diggs		Gillette	2:18.27	5
5 Taska Johnson		Essex CC	2:20.10	4
6 Amanda Hutchinson		Gillette	2:22.42	3
7 Emily Wilkinson		Mesa CC	2:22.63	2
8 Fawzia Kheir		Essex CC	2:28.90	1

Women 1000 Meter Run

Heat winners + 7 fastest to final
 Meet: ! 2:50.48 1991 Khristie Westerby, Macomb

Name	Year	School	Prelims	H#
Preliminaries				
1 Jennaya Hield		Essex CC	3:02.31Q	1
2 TaPring Goatee		Vincennes	3:05.35Q	2
3 Agnes Abu		Barton County	3:02.45q	1
4 Cidni Latimer		Iowa Central	3:03.87q	1
5 Taska Johnson		Essex CC	3:05.03q	1
6 Beatriz Martinez		Glendale CC	3:05.41q	1
7 Abiane Collymore		Butler County	3:06.44q	1
8 Shanika Dessein		New Mexico	3:07.49q	2
9 Kailey Weingartz		Macomb CC	3:07.72q	1
10 Stephanie Boucher		Mohawk Valley	3:08.46	2
11 Brielle Davis		Gillette	3:09.10	2
12 Nia Ruth		ASA College	3:09.90	1
13 Sherene Whyte		Iowa Western	3:16.13	2
14 Dystnie Eckblad		Glendale CC	3:17.50	2
15 Michala Damron		Johnson County	3:17.51	2
16 Crystal Hoard		Highland CC	3:17.71	1
17 Janelle Kidd		Butler County	3:18.65	2
18 Christina Burgos		Monroe College	3:31.31	2

Women 1000 Meter Run

Heat winners + 7 fastest to final
 Meet: ! 2:50.48 1991 Khristie Westerby, Macomb

Name	Year	School	Finals	Points
Finals				
1 Agnes Abu		Barton County	2:55.56	10
2 Shanika Dessein		New Mexico	2:55.57	8
3 Cidni Latimer		Iowa Central	3:02.47	6
4 Beatriz Martinez		Glendale CC	3:03.92	5
5 TaPring Goatee		Vincennes	3:05.24	4

6	Jennaya Hield	Essex CC	3:07.61	3
7	Kailey Weingartz	Macomb CC	3:07.88	2
8	Abiane Collymore	Butler County	3:11.46	1
9	Taska Johnson	Essex CC	3:21.72	

Women 1 Mile Run

Meet: ! 4:49.62		1993	Janice Turner, Barton County	
Name	Year	School	Finals	Points

1	Lydia Mato	Barton County	5:07.47	10
2	Makala Diggs	Gillette	5:07.60	8
3	Viola Kebenei	Iowa Central	5:11.40	6
4	Hannah Maina	Iowa Central	5:12.19	5
5	Aden Alemu	Iowa Central	5:17.69	4
6	Jennaya Hield	Essex CC	5:19.16	3
7	Heidi Lopez	Pima CC	5:19.79	2
8	Brielle Davis	Gillette	5:20.31	1
9	Hannah Palmeter	North Iowa Area	5:20.68	
10	Purity Murray	New Mexico	5:26.67	
11	Reanna Jereb	Gillette	5:35.78	
12	Lauren Zens	Macomb CC	5:39.32	

Women 3000 Meter Run

Meet: ! 9:48.69		1994	Tigest Moreda, Odessa College	
Name	Year	School	Finals	Points

1	Lydia Mato	Barton County	10:16.04	10
2	Nikki Regalado	Pima CC	10:17.32	8
3	Hannah Maina	Iowa Central	10:17.42	6
4	Viola Kebenei	Iowa Central	10:22.00	5
5	Billie Jo Dytrt	Paradise Valley	10:24.97	4
6	Aden Alemu	Iowa Central	10:25.81	3
7	Purity Murray	New Mexico	10:36.85	2
8	Hannah Palmeter	North Iowa Area	10:39.32	1
9	Reanna Jereb	Gillette	10:44.90	
10	Chloe Heller	Vincennes	11:13.93	
11	Lauren Zens	Macomb CC	11:31.08	
12	Isidra Guerrero	New Mexico	11:45.35	
13	Whitney Wiist	Vincennes	11:53.10	
14	Ali Piaia	Gillette	12:06.02	

Women 5000 Meter Run

Meet: ! 17:03.92		2006	Dianne Nukuri, Butler	
Name	Year	School	Finals	Points

1	Lydia Mato	Barton County	17:38.68	10
2	Viola Kebenei	Iowa Central	17:41.12	8
3	Hannah Maina	Iowa Central	17:42.55	6
4	Billie Jo Dytrt	Paradise Valley	17:45.72	5
5	Aden Alemu	Iowa Central	17:51.67	4
6	Purity Murray	New Mexico	18:19.30	3

7	Reanna Jereb	Gillette	18:23.03	2
8	Whitney Wiist	Vincennes	18:59.79	1
9	Callie Willcox	Paradise Valley	19:12.84	
10	Myrissa Clark	Gillette	19:18.29	
11	Mallory Bergbower	Rend Lake	20:36.21	
12	Stephanie Faught	North Iowa Area	21:08.01	

Women 60 Meter Hurdles

Meet: ! 8.15 2008 Natasha Ruddock, Essex County
 Name Year School Prelims H#

Preliminaries

1	Altoniece Williams	Iowa Central	8.69q	1
2	Vanessa Style	Allen County	8.72q	2
3	Sharae Bates	Neosho County	8.73q	3
4	Alexis Smith	Essex CC	8.77q	3
5	Terrian Williams	Western Texas	8.80q	1
6	Martiesha Caines	Iowa Central	8.81q	3
7	Kinshasa Bradley	Hinds CC	8.86q	3
8	Corneshia Moore	New Mexico	8.90q	1
9	Markita Rush	New Mexico	8.90q	3
10	Danyell Kates	New Mexico	8.92	2
11	Elesha Alyn	Allen County	8.96	1
12	Deara Thomas	Coffeyville	8.97	2
13	Modesty Lorick	Barton County	9.02	2
14	Yanique Bennett	Iowa Western	9.06	3
15	Kiana Winston	Barton County	9.06	2
16	Jasmine Miller	Highland CC	9.25	1
17	Brigitte Pewu	ASA College	9.31	1
18	Tavica Redding	Coffeyville	9.36	2
19	My'Angel Davis	Iowa Central	9.57	2
20	Zhane Ridley	Delhi	10.00	1
21	Kiera Walton	Garden City	12.22	3

Women 60 Meter Hurdles

Meet: ! 8.15 2008 Natasha Ruddock, Essex County
 Name Year School Finals Points

Finals

1	Sharae Bates	Neosho County	8.59	10
2	Altoniece Williams	Iowa Central	8.60	8
3	Vanessa Style	Allen County	8.66	6
4	Alexis Smith	Essex CC	8.72	5
5	Terrian Williams	Western Texas	8.77	4
6	Markita Rush	New Mexico	8.90	3
7	Kinshasa Bradley	Hinds CC	8.94	2
8	Martiesha Caines	Iowa Central	8.95	1
9	Corneshia Moore	New Mexico	9.02	

Women 4x400 Meter Relay

Meet: ! 3:39.68 2004 , Barton County

School	Finals	H#	Points
1 Iowa Central CC	3:46.44	3	10
1) Destiny Carter	2) Kianna Carter		
3) Chrissa Harris	4) Skylar Dantzler		
2 Western Texas College	3:46.70	3	8
1) Chartia Hurt	2) Janet Amponsah		
3) Terrian Williams	4) Kernesha Spann		
3 Hinds CC	3:49.54	3	6
1) Kimari Martin	2) Alexis Luckett		
3) Brittany Chism	4) Iris Robinson		
4 New Mexico JC	3:49.72	2	5
1) Annastasia Scott	2) Mariam Kromah		
3) Camille Nelson	4) Shanika Dessein		
5 Essex CC	3:50.83	3	4
1) Fawzia Kheir	2) Nickheila John		
3) Kadeisha Hield	4) Ranee Ricketts		
6 Monroe College	3:51.61	2	3
1) Sarah Atcho	2) Jaydean Joseph		
3) Ashley Mandat	4) Jessica Barrera		
7 Iowa Western CC	3:52.56	2	2
1) Anika Charles	2) Petrene Plummer		
3) Cierra Jones	4) Yanique Bennett		
8 ASA College	3:55.10	2	1
1) alita Moore	2) Jevina Straker		
3) Johnnesse Suggs	4) Shashawna Ffrench		
9 Cloud County CC	3:57.36	1	
1) Brenda Barnett	2) Jane Ohanta		
3) Brianna Blackwell	4) Davida Holley		
10 Barton County CC	3:58.51	1	
1) Agnes Abu	2) Kiana Winston		
3) Lahni Clifton	4) Modesty Lorick		
11 Johnson County CC	4:05.47	2	
1) Brooklyn Meinke	2) Emily Meyers		
3) Mickalla Mitchell	4) N'Dia Harris		
12 Kingsborough CC	4:08.51	1	
1) Addishia Dixon	2) Monique Flemming		
3) Joycelyn Rolland	4) Crystal Nelson		
13 Vincennes	4:12.57	1	
1) Airrica Harper	2) Hanna Wise		
3) Danielle Thompson	4) Ariana Ware		
14 Coffeyville CC	4:12.73	2	
1) Vallerie Norgaisse	2) Precious Hitchcock		
3) Stephanie Aidoo	4) Thronda Craig		
15 Glendale CC	4:16.82	1	
1) Dorothea Towson	2) Beatriz Martinez		
3) Dystnie Eckblad	4) Makaela Pratt		

Women 4x800 Meter Relay

Meet: ! 8:41.62 1993			
School	Finals	H#	Points
1 Iowa Central CC	9:33.31	2	10

1) Cidni Latimer	2) Mary Carr			
3) Jessica James	4) Cecilia David			
2 Essex CC		9:34.53	2	8
1) Fawzia Kheir	2) Kadeisha Hield			
3) Jennaya Hield	4) Taska Johnson			
3 Gillette		9:36.30	2	6
1) Myrissa Clark	2) Makala Diggs			
3) Brielle Davis	4) Amanda Hutchinson			
4 Iowa Western CC		9:44.44	1	5
1) Sierra Hughes	2) Brittney Giddings			
3) Sherene Whyte	4) Trishauna Reid			
5 Johnson County CC		9:48.00	2	4
1) Michala Damron	2) Madison Williams			
3) Abi Hartzell	4) Paige Miller			
6 North Iowa Area CC		9:51.10	2	3
1) Kalama Towarup	2) Hannah Palmeter			
3) Emmorie Stokka	4) Lindsay Brunson			
7 Butler County CC		10:01.32	1	2
1) Madison Wedekind	2) Janelle Kidd			
3) Jonelle Reinert	4) Abiane Collymore			
8 Mesa CC		10:02.57	2	1
1) Ciara Daniel	2) Renee Snoek			
3) Emily Wilkinson	4) Vicky Taverna			
9 New Mexico JC		10:11.09	1	
1) Shanika Desein	2) Camille Nelson			
3) Mariam Kromah	4) Isidra Guerrero			
10 Coffeyville CC		10:12.65	1	
1) Rashe Boynton	2) Eva Amo-Mensah			
3) Zakiayyah Andrews	4) Kendra Crewse			
11 Glendale CC		10:21.55	2	
1) Dystnie Eckblad	2) Bridgette Sotelo			
3) Alissa Hazine	4) Dorothea Towson			
12 Vincennes		10:22.39	2	
1) TaPring Goatee	2) Hanna Wise			
3) Jireh Hart	4) Danielle Thompson			
13 Queensborough CC		11:04.35	1	
1) Tshani Mitchell	2) Lia Briffa			
3) Diana Chumbay	4) Diana Ramales			

Women Distance Medley

School	Meet: ! 11:46.20 1992	, Barton County	Finals	H#	Points
1 Essex CC			12:17.15	2	10
1) Taska Johnson		2) Kadeisha Hield			
3) Fawzia Kheir		4) Jennaya Hield			
2 Vincennes			12:18.68	2	8
1) Chloe Heller		2) Hanna Wise			
3) Jireh Hart		4) TaPring Goatee			
3 Pima CC			12:24.29	2	6
1) Heidi Lopez		2) Kathy Fisher			
3) Raelene Yocupicio		4) Nikki Regalado			
4 New Mexico JC			12:24.59	2	5

	1) Isidra Guerrero	2) Annastasia Scott		
	3) Mariam Kromah	4) Shanika Dessen		
5	North Iowa Area CC		12:30.90	2 4
	1) Lindsay Brunson	2) Priscillar John		
	3) Kalama Towarup	4) Hannah Palmeter		
6	Iowa Central CC		12:33.12	2 3
	1) Cidni Latimer	2) Skylar Dantzler		
	3) Mary Carr	4) Cecilia David		
7	Iowa Western CC		12:58.32	2 2
	1) Trishauna Reid	2) Khadesha James		
	3) Sierra Hughes	4) Sherene Whyte		
8	Johnson County CC		12:59.80	1 1
	1) Katie Nelson	2) Mickalla Mitchell		
	3) Sydney Simpson	4) Abi Hartzell		
9	Glendale CC		12:59.84	2
	1) Bridgette Sotelo	2) Dystnie Eckblad		
	3) Beatriz Martinez	4) Alissa Hazine		
10	Macomb CC		13:02.66	1
	1) Kailey Weingartz	2) Zakiya Aniapam		
	3) Sydney Catton	4) Lauren Zens		
11	Cuyahoga CC		13:10.98	1
	1) Atiyyah Herron	2) Patience Elliot		
	3) Therese Thomason	4) Allison Hainer		
12	Hagerstown CC		13:15.36	1
	1) Erika Kline	2) Aliyah Dean		
	3) Nicolette Clarke	4) Rachel Lilley		
13	Mesa CC		13:15.63	2
	1) Karlie Kjerstad	2) Renee Snoek		
	3) Vicky Taverna	4) Rebekah Young		
14	Dodge City CC		13:44.90	1
	1) Alyssa Childress	2) Antonique Atwood		
	3) Tera McVicker	4) Sierra Soliz		

Women High Jump

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Progressions 1.53, 1.58, 1.62, 1.65, 1.68
 Meet: ! 1.83m 2004 Shaunette Davidson, Barton County

Name	Year	School	Finals
Points			
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====			
1	Kaysee Pilgrim	Pima CC	1.68m 5-06.00
10			
	1.53 1.58 1.62 1.65 1.68 1.76		
	o o o o o XXX		
2	Shonda Jones	Paradise Valley	1.65m 5-05.00
8			
	1.53 1.58 1.62 1.65 1.68		
	o o o o XXX		
3	Sharnique Leonce	Iowa Western	J1.65m 5-05.00
6			
	1.53 1.58 1.62 1.65 1.68		
	o o o XO XXX		

4	Khadesha James	Iowa Western	J1.65m	5-05.00
5	1.53 1.58 1.62 1.65 1.68 O O XO XXO XXX			
5	Martiesha Caines	Iowa Central	1.62m	5-03.75
3.50	1.53 1.58 1.62 1.65 O O O XXX			
5	Corneshia Moore	New Mexico	1.62m	5-03.75
3.50	1.53 1.58 1.62 1.65 O O O XXX			
7	Bethany Bowman	Barton County	1.58m	5-02.25
2	1.53 1.58 1.62 O O XXX			
8	Rellie Kaputin	North Iowa Area	J1.58m	5-02.25
1	1.53 1.58 1.62 XO XO XXX			
9	Kadijah Brown	Garden City	J1.58m	5-02.25
	1.53 1.58 1.62 XXO XXO XXX			
10	Danyell Kates	New Mexico	1.53m	5-00.25
	1.53 1.58 XO XXX			
10	Nyakem Lieth	Iowa Central	1.53m	5-00.25
	1.53 1.58 XO XXX			
10	Elizabeth Dadzie	Iowa Central	1.53m	5-00.25
	1.53 1.58 XO XXX			
10	Amberleigh Rushin	Cowley County	1.53m	5-00.25
	1.53 1.58 XO XXX			
14	Kiera Walton	Garden City	J1.53m	5-00.25
	1.53 1.58 XXO XXX			
--	Natori Jones	ASA College		NH
	1.53 1.58 P XXX			
--	Mary Quayson	Western Texas		NH
	1.53 XXX			
--	Keiarey Nathan	Iowa Western		NH
	1.53 XXX			
--	Rebekah Gurka	Johnson County		NH
	1.53 XXX			

Women Pole Vault

Progressions 3.00, 3.15, 3.30, 3.45, 3.55, 3.65

Meet: ! 4.30m 2011

Natalya BArtnovskaya, Vincennes

Name	Year	School	Finals						
1 Kaitlyn Moricz		Vincennes	3.85m 12-07.50						
10	3.00	3.15	3.30	3.45	3.55	3.65	3.75	3.85	3.95
	P	P	O	O	O	O	O	O	XXX
2 Taylor Swanson		Cloud County	J3.85m 12-07.50						
8	3.00	3.15	3.30	3.45	3.55	3.65	3.75	3.85	3.95
	P	P	P	O	XO	O	O	XO	XXX
3 Kendra Bosecker		Vincennes	3.65m 11-11.75						
6	3.00	3.15	3.30	3.45	3.55	3.65	3.75		
	P	P	O	O	O	O	XXX		
4 Dana Brady		Mesa CC	3.55m 11-07.75						
5	3.00	3.15	3.30	3.45	3.55	3.65			
	P	O	XXO	O	O	XXX			
5 Kristi Heathcote		Mesa CC	J3.55m 11-07.75						
4	3.00	3.15	3.30	3.45	3.55	3.65			
	P	O	O	O	XO	XXX			
6 Lillian Schneider		Vincennes	3.45m 11-03.75						
3	3.00	3.15	3.30	3.45	3.55				
	O	XXO	XXO	O	XXX				
7 Lia Howe		Johnson County	3.30m 10-10.00						
2	3.00	3.15	3.30	3.45					
	XO	O	O	XXX					
8 Jenna Ingram		Paradise Valley	J3.30m 10-10.00						
1	3.00	3.15	3.30	3.45					
	XXO	XO	O	XXX					
9 Alysha Thomas		Mesa CC	3.15m 10-04.00						
	3.00	3.15	3.30						
	O	XO	XXX						
10 Eley Meeth		Cowley County	J3.15m 10-04.00						
	3.00	3.15	3.30						
	O	XXO	XXX						
11 Amy Dennis		Johnson County	3.00m 9-10.00						
	3.00	3.15							
	XO	XXX							
11 Rebeckah Reese		Pima CC	3.00m 9-10.00						
	3.00	3.15							
	XO	XXX							
-- Bethany Krasuski		Paradise Valley	NH						
	3.00								
	XXX								

Women Long Jump

Meet: ! 6.49m 1994		Lareena Golding, San Jacinto College				
Meet: M 6.49m 1994		Teresa Foster, Odessa College				
Name	Year	School				Finals
Points						
10	1	Destiny Carter		Iowa Central		5.95m 19-06.25
		5.19m 5.95m 5.93m 5.89m	FOUL	5.30m		
8	2	Elizabeth Dadzie		Iowa Central		5.93m 19-05.50
		FOUL 5.93m 5.70m	FOUL	FOUL	5.86m	
6	3	Allanah McCorkle		Iowa Western		5.73m 18-09.75
		FOUL 5.52m	FOUL	5.72m	FOUL 5.73m	
5	4	Rellie Kaputin		North Iowa Area		J5.73m 18-09.75
		FOUL 5.33m 5.66m 5.73m	PASS	PASS		
4	5	Micayla Collins		New Mexico		5.65m 18-06.50
		5.25m 5.55m 5.20m 5.65m	FOUL	5.60m		
3	6	Amenze Uhunmwanghu		Essex CC		5.61m 18-05.00
		4.95m 5.61m 5.39m 5.46m	5.53m	FOUL		
2	7	Brianna Rodriguez		Pima CC		5.57m 18-03.25
		5.49m 5.57m	FOUL	5.17m 5.33m 5.27m		
1	8	N'Dia Harris		Johnson County		5.54m 18-02.25
		FOUL 5.11m 5.42m 5.54m	5.42m	5.17m		
	9	Annette Gaskins		Barton County		5.50m 18-00.50
		FOUL 5.50m 5.46m 4.95m	FOUL	5.31m		
	10	Rose Roesler		Hagerstown		5.42m 17-09.50
		5.42m 5.32m 5.11m 5.29m	5.17m	5.10m		
	11	Natori Jones		ASA College		5.40m 17-08.75
		5.40m 5.27m 5.26m				
	12	Sharae Bates		Neosho County		J5.40m 17-08.75
		5.40m 5.20m	PASS			
	13	Teena Mobley		Monroe College		5.27m 17-03.50
		4.94m 5.27m 5.11m				
	14	N'Kia Jones		Barton County		5.26m 17-03.25
		FOUL 5.26m	FOUL			
	15	Kaitlyn Moricz		Vincennes		5.22m 17-01.50
		5.00m 5.22m	FOUL			
	16	Emily Meyers		Johnson County		5.03m 16-06.00
		5.03m	FOUL	FOUL		
	17	Kadijah Brown		Garden City		5.01m 16-05.25
		5.01m 4.97m	FOUL			
	18	Shaniqua Knowles		Coffeyville		5.00m 16-05.00
		4.89m	FOUL	5.00m		
	19	Salimah Muhammad		Mesa CC		J5.00m 16-05.00

	FOUL	5.00m	4.77m				
20	Elesha Alyn			Allen County	4.98m	16-04.25	
		4.98m	4.97m	PASS			
21	Mariah Davis			Vincennes	4.96m	16-03.25	
		4.75m	FOUL	4.96m			
22	Rebekah Gurka			Johnson County	4.92m	16-01.75	
		FOUL	FOUL	4.92m			
--	Zhane Ridley			Delhi	FOUL		
		FOUL	FOUL	FOUL			

Women Triple Jump

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=====							
	Meet:	!	13.66m	2002	Yulianna Perez,	Pima CC	
Name	Year	School	Finals				
Points	=====						
=====							
1	Elesha Alyn			Allen County	12.27m	40-03.25	
10		12.06m	11.78m	PASS	12.04m	11.98m	12.27m
2	Elizabeth Dadzie			Iowa Central	12.18m	39-11.50	
8		11.76m	11.73m	FOUL	11.83m	11.90m	12.18m
3	Micayla Collins			New Mexico	12.07m	39-07.25	
6		11.87m	10.28m	12.02m	FOUL	11.77m	12.07m
4	Tameca Wallace			Cloud County	11.98m	39-03.75	
5		11.69m	FOUL	FOUL	11.48m	FOUL	11.98m
5	Ethanity Dunn			Iowa Central	11.89m	39-00.25	
4		11.44m	11.55m	11.89m	11.38m	11.62m	FOUL
6	Jalisa Brice			Johnson County	11.81m	38-09.00	
3		11.63m	11.81m	11.80m	11.76m	11.66m	11.79m
7	Rellie Kaputin			North Iowa Area	11.68m	38-04.00	
2		11.33m	11.68m	PASS	FOUL	FOUL	FOUL
8	Amenze Uhunmwanghu			Essex CC	11.61m	38-01.25	
1		11.56m	11.61m	11.60m	FOUL	FOUL	FOUL
9	N'Kia Jones			Barton County	11.35m	37-03.00	
		10.71m	11.06m	11.35m	FOUL	FOUL	11.28m
10	Mary Quayson			Western Texas	11.34m	37-02.50	
		11.04m	11.34m	10.35m			
11	N'Dia Harris			Johnson County	11.17m	36-07.75	
		11.17m	10.73m	10.62m			
12	Aysia Oliver			Glendale CC	11.14m	36-06.75	
		FOUL	11.14m	11.11m			
13	Marlee Sherwood			Pima CC	10.78m	35-04.50	
		10.67m	10.78m	10.75m			
14	Shaniqua Knowles			Coffeyville	10.69m	35-01.00	
		10.36m	10.69m	10.67m			

15	Monet Gist		ASA College	J10.69m	35-01.00
	10.69m	10.40m	10.39m		
16	Corneshia Moore		New Mexico	10.59m	34-09.00
	FOUL	10.59m	10.58m		
17	Tahje Ochs		Barton County	10.57m	34-08.25
	10.05m	10.53m	10.57m		
18	Natori Jones		ASA College	10.14m	33-03.25
	10.14m	FOUL	PASS		
19	Jennifer Jelic		Delhi	9.78m	32-01.00
	9.17m	9.37m	9.78m		

Women Shot Put

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Meet: ! 16.09m 2009		Kelley Closse, South Plains	
Name	Year	School	Finals
Points			
=====			
====			
1	Racquel Williams	Coffeyville	15.01m 49-03.00
10	FOUL	13.98m 13.60m 13.27m 15.01m 14.54m	
2	Gleneve Grange	New Mexico	14.20m 46-07.25
8	13.27m 14.20m	FOUL 13.11m 12.98m	FOUL
3	Anna Linton	Cloud County	13.68m 44-10.75
6	13.18m 13.10m 13.68m 13.34m 13.64m 13.25m		
4	Jamesia Milton	Cowley County	13.62m 44-08.25
5	12.44m 13.28m	FOUL FOUL 13.62m	FOUL
5	Kennedi Simon	Iowa Central	13.19m 43-03.25
4	12.01m 12.94m	FOUL 13.19m	FOUL 12.94m
6	Jessica Schmitt	Mesa CC	13.11m 43-00.25
3	12.15m 12.89m	FOUL 13.11m 12.91m 12.87m	
7	Malia Taase	Mesa CC	13.09m 42-11.50
2	9.29m 12.75m 12.37m 13.09m 12.65m 13.05m		
8	Maritza Murillo	Glendale CC	12.87m 42-02.75
1	12.87m	FOUL 11.97m	FOUL FOUL 11.98m
9	Kallie Buck	Coffeyville	12.86m 42-02.25
	12.66m	FOUL 12.79m 12.86m 12.44m 12.67m	
10	DaNay Rowland	Coffeyville	12.60m 41-04.25
	11.46m 12.60m	FOUL	
11	Janee' Kassaravoid	Johnson County	12.29m 40-04.00
	12.08m 11.92m 12.29m		
12	Elizabeth Evans	Barton County	12.19m 40-00.00
	12.01m	FOUL 12.19m	
13	Destinee Jimenez	Cowley County	12.14m 39-10.00
	FOUL 12.14m	FOUL	
14	Kadie Mcnamara	Mesa CC	11.77m 38-07.50

	11.51m	11.40m	11.77m				
15	Elizabeth Bray			Roxbury CC	11.62m	38-01.50	
	11.32m	11.62m	FOUL				
16	Shammel Mangrum			Southwestern	11.34m	37-02.50	
	11.34m	FOUL	10.40m				
17	Tisay Woodhouse			Cowley County	11.24m	36-10.50	
	FOUL	11.24m	FOUL				
18	Cassandra Nnaji			Richard Bland	10.61m	34-09.75	
	10.61m	FOUL	9.59m				
--	Indira Colon			Iowa Western	FOUL		
	FOUL	FOUL	FOUL				
--	Sasha Gaye Marston			Monroe College	FOUL		
	FOUL	FOUL	FOUL				
--	LaBrisha Michael			North Iowa Area	FOUL		
	FOUL	FOUL	FOUL				

Women Weight Throw

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	Meet: !	19.55m	2004	Ariel Brooks,	Barton College		
Name	Year	School	Points	Finals			
=====							
=====							
1	Jamesia Milton			Cowley County	17.13m	56-02.50	
10		FOUL	16.86m	FOUL	17.13m	17.06m	FOUL
2	Janee' Kassaravoid			Johnson County	16.59m	54-05.25	
8		FOUL	15.60m	16.59m	16.06m	16.21m	15.88m
3	Tayla Greene			Coffeyville	15.96m	52-04.50	
6		15.96m	15.78m	15.34m	14.33m	15.83m	15.03m
4	Dymond White			Neosho County	15.91m	52-02.50	
5		15.91m	15.28m	14.94m	FOUL	14.70m	15.61m
5	Raven Cameron			Coffeyville	15.70m	51-06.25	
4		14.63m	14.46m	FOUL	14.50m	14.85m	15.70m
6	Leah Bannister			Neosho County	15.61m	51-02.75	
3		14.95m	FOUL	14.27m	14.71m	15.61m	FOUL
7	Racquel Williams			Coffeyville	15.03m	49-03.75	
2		14.65m	1.61m	FOUL	14.98m	14.81m	15.03m
8	Nichole Bliss			Mohawk Valley	14.94m	49-00.25	
1		14.60m	14.74m	14.90m	14.94m	14.65m	14.84m
9	Maritza Murillo			Glendale CC	14.59m	47-10.50	
		14.59m	FOUL	FOUL	13.84m	FOUL	FOUL
10	Salina Johnson			Iowa Central	14.16m	46-05.50	
		FOUL	FOUL	14.16m			
11	Tisay Woodhouse			Cowley County	14.12m	46-04.00	
		14.12m	FOUL	FOUL			

12	Malia Taase	Mesa CC	14.04m	46-00.75
	14.04m 13.26m 13.33m			
13	Jacqueline Salinas	Iowa Central	13.82m	45-04.25
	13.62m 13.24m 13.82m			
14	Kadie Mcnamara	Mesa CC	13.77m	45-02.25
	FOUL 13.77m FOUL			
15	Indira Colon	Iowa Western	13.72m	45-00.25
	13.31m FOUL 13.72m			
16	Dominique White	Neosho County	13.38m	43-10.75
	FOUL 13.38m FOUL			
17	Hayley Poljansek	Cowley County	12.80m	42-00.00
	12.43m 12.80m FOUL			

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Brooklyn Meinke	Johnson County	2:27.44	1	725
2 Martiesha Caines	Iowa Central	2:28.77	2	708
3 Elizabeth Dadzie	Iowa Central	2:30.68	2	684
4 Gleneve Grange	New Mexico	2:33.75	2	647
5 Sharae Bates	Neosho County	2:34.28	2	640
6 Rashema Briscoe	Monroe College	2:44.25	1	525
7 Keiarey Nathan	Iowa Western	2:44.78	2	519
8 Corneshia Moore	New Mexico	2:45.14	2	515
9 Lahni Clifton	Barton County	2:45.91	1	507
10 Samantha Johnson	Hagerstown	2:48.28	1	482
11 Aysia Oliver	Glendale CC	2:49.01	1	474
12 Emily Meyers	Johnson County	2:50.88	2	454
13 Halsie Large	Colby CC	2:52.46	1	438
14 Danyell Kates	New Mexico	2:54.38	2	419

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Sharae Bates	Neosho County	8.81	4	950
2 Martiesha Caines	Iowa Central	8.91	1	929
3 Corneshia Moore	New Mexico	8.97	3	916
4 Danyell Kates	New Mexico	9.04	4	902
5 Gleneve Grange	New Mexico	9.35	3	838
6 Emily Meyers	Johnson County	9.45	2	818
7 Elizabeth Dadzie	Iowa Central	9.46	1	816
8 Rashema Briscoe	Monroe College	9.52	3	804
9 Keiarey Nathan	Iowa Western	9.53	2	802
10 Lahni Clifton	Barton County	9.66	4	777
11 Brooklyn Meinke	Johnson County	9.70	1	769
12 Ciara Daniel	Mesa CC	9.71	2	767
13 Aysia Oliver	Glendale CC	9.96	4	720
14 Samantha Johnson	Hagerstown	10.21	2	673
15 Halsie Large	Colby CC	10.81	3	568

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name		Year School										Finals			
Points															
1	Corneshia Moore	New Mexico										1.70m	5-07.00		
855		1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73
		P	P	P	P	P	O	O	O	O	O	O	XO	XO	XXX
2	Martiesha Caines	Iowa Central										1.61m	5-03.25		
747		1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64			
		P	P	P	P	P	O	PPP	O	XO	O	X			
2	Danyell Kates	New Mexico										1.61m	5-03.25		
747		1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64			
		P	P	P	P	P	P	O	XXO	XXO	XO	XXX			
4	Elizabeth Dadzie	Iowa Central										1.58m	5-02.25		
712		1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61				
		P	P	P	O	O	XO	O	XO	XO	XXX				
5	Gleneve Grange	New Mexico										1.55m	5-01.00		
678		1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58					
		P	P	P	O	O	O	XXO	O	XXX					
5	Keiarey Nathan	Iowa Western										1.55m	5-01.00		
678		1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58					
		P	O	O	O	XXO	XO	XO	XO	XXX					
7	Rashema Briscoe	Monroe College										1.52m	4-11.75		
644		1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55						
		P	P	O	O	O	XO	O	XXX						
7	Sharae Bates	Neosho County										1.52m	4-11.75		
644		1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55						
		P	P	O	O	O	P	XXO	XXX						
7	Emily Meyers	Johnson County										1.52m	4-11.75		
644		1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55						
		O	P	O	O	XO	XO	O	XXX						
10	Halsie Large	Colby CC										1.49m	4-10.50		
610		1.34	1.37	1.40	1.43	1.46	1.49	1.52							
		O	O	XO	XO	XXO	O	XXX							
11	Samantha Johnson	Hagerstown										1.46m	4-09.50		
577		1.34	1.37	1.40	1.43	1.46	1.49								
		P	O	P	O	O	XXX								
11	Aysia Oliver	Glendale CC										1.46m	4-09.50		
577		1.34	1.37	1.40	1.43	1.46	1.49								
		P	O	O	O	O	XXX								

13	Brooklyn Meinke		Johnson County	1.43m	4-08.25
544					
	1.34	1.37	1.40	1.43	1.46
	O	O	O	XXO	XXX
14	Ciara Daniel		Mesa CC	1.40m	4-07.00
512					
	1.34	1.37	1.40	1.43	
	P	XO	O	XXX	
14	Lahni Clifton		Barton County	1.40m	4-07.00
512					
	1.34	1.37	1.40	1.43	
	P	O	O	XXX	

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Points	Name	Year	School	Finals	
921	1 Elizabeth Dadzie		Iowa Central	6.23m	20-05.25
	5.81m	6.23m	PASS		
723	2 Emily Meyers		Johnson County	5.58m	18-03.75
	5.58m	5.06m	PASS		
715	3 Sharae Bates		Neosho County	5.55m	18-02.50
	5.22m	5.28m	5.55m		
697	4 Gleneve Grange		New Mexico	5.49m	18-00.25
	5.49m	5.32m	5.30m		
648	5 Rashema Briscoe		Monroe College	5.32m	17-05.50
	5.32m	4.99m	4.98m		
634	6 Danyell Kates		New Mexico	5.27m	17-03.50
	5.05m	5.26m	5.27m		
606	7 Ciara Daniel		Mesa CC	5.17m	16-11.50
	5.16m	5.17m	5.04m		
598	8 Keiarey Nathan		Iowa Western	5.14m	16-10.50
	5.02m	5.06m	5.14m		
546	9 Brooklyn Meinke		Johnson County	4.95m	16-03.00
	FOUL	4.95m	4.86m		
540	10 Lahni Clifton		Barton County	4.93m	16-02.25
	4.55m	4.90m	4.93m		
532	11 Corneshia Moore		New Mexico	4.90m	16-01.00
	4.77m	4.75m	4.90m		

12	Samantha Johnson	Hagerstown	4.81m	15-09.50
508	4.38m 4.81m 4.63m			
13	Aysia Oliver	Glendale CC	4.80m	15-09.00
506	FOUL 4.80m FOUL			
14	Martiesha Caines	Iowa Central	4.55m	14-11.25
441	4.16m 4.29m 4.55m			
15	Halsie Large	Colby CC	4.26m	13-11.75
369	4.11m 4.26m PASS			

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year School	Finals	
Points			
1	Gleneve Grange	New Mexico	13.06m 42-10.25
731	12.77m 13.06m FOUL		
2	Martiesha Caines	Iowa Central	11.02m 36-02.00
596	10.29m 10.09m 11.02m		
3	Elizabeth Dadzie	Iowa Central	10.53m 34-06.75
564	9.42m 10.27m 10.53m		
4	Aysia Oliver	Glendale CC	10.46m 34-04.00
560	10.30m 10.46m 10.02m		
5	Keiarey Nathan	Iowa Western	9.85m 32-03.75
520	9.85m 8.73m 9.58m		
6	Sharae Bates	Neosho County	9.74m 31-11.50
512	9.74m 8.47m FOUL		
7	Samantha Johnson	Hagerstown	9.67m 31-08.75
508	9.51m 9.67m 9.64m		
8	Brooklyn Meinke	Johnson County	9.65m 31-08.00
507	9.65m 9.34m 9.59m		
9	Corneshia Moore	New Mexico	9.52m 31-03.00
498	9.05m 8.07m 9.52m		
10	Emily Meyers	Johnson County	9.37m 30-09.00
488	FOUL 9.37m 8.78m		
10	Danyell Kates	New Mexico	9.37m 30-09.00
488	8.65m 9.24m 9.37m		

12	Halsie Large		Colby CC	8.91m	29-02.75
458		8.91m 7.78m FOUL			
13	Rashema Briscoe		Monroe College	8.89m	29-02.00
457		8.68m 8.89m 8.58m			
14	Ciara Daniel		Mesa CC	8.15m	26-09.00
409		7.71m 8.15m 8.01m			
15	Lahni Clifton		Barton County	8.01m	26-03.50
400		7.55m FOUL 8.01m			

Women Indoor Pentathlon

Meet: ! 3840 1999 Virginia Miller, Odessa College					
Name	Year	School	Finals	Points	
1	Elizabeth Dadzie	Iowa Central	3697	10	
2	Gleneve Grange	New Mexico	3591	8	
3	Sharae Bates	Neosho County	3461	6	
4	Martiesha Caines	Iowa Central	3421	5	
5	Corneshia Moore	New Mexico	3316	4	
6	Danyell Kates	New Mexico	3190	3	
7	Emily Meyers	Johnson County	3127	2	
8	Keiarey Nathan	Iowa Western	3117	1	
9	Brooklyn Meinke	Johnson County	3091		
10	Rashema Briscoe	Monroe College	3078		
11	Aysia Oliver	Glendale CC	2837		
12	Samantha Johnson	Hagerstown	2748		
13	Lahni Clifton	Barton County	2736		
14	Halsie Large	Colby CC	2443		

Men 60 Meter Dash

Meet: ! 6.53 2006 Trell Kimmons, Hinds CC					
Name	Year	School	Prelims	H#	
Preliminaries					
1	Andre De Grasse	Coffeyville	6.72q	4	
2	Mateo Edward	Hinds CC	6.74q	4	
3	David Winters	Barton County	6.77q	5	
4	Raheem Brown	Colby CC	6.80q	3	
5	Johnny Allen	Mesa CC	6.81q	3	
6	Corneil Lionel	Iowa Western	6.82q	2	6.814
7	Lorenzo Larry	Spartanburg	6.82q	1	6.815
8	Marqueze Washington	Arkansas Bap	6.82q	1	6.819
9	Will Brown	Barton County	6.85q	5	
10	Anthony Blakely	Arkansas Bap	6.86	4	6.854
11	Christopher Belcher	Monroe College	6.86	5	6.858
12	Chavez Ageday	ASA College	6.86	6	6.859
13	Blake Bartlett	Western Texas	6.87	3	6.864
14	Joshua Washington	Richard Bland	6.87	6	6.868
15	Sharod Selph	Iowa Western	6.89	2	6.887

16	Zachery Riley	Arkansas Bap	6.89	3	6.888
17	Edward Simmons	Garden City	6.91	4	6.905
18	Giovanni Pascascio	Glendale CC	6.91	5	6.908
19	Ernest Levert	ASA College	6.93	4	
20	Devon Rittinger	Coffeyville	6.94	4	
21	Travion Clark	Iowa Western	6.96	2	6.951
22	Deon Polk	North Iowa Area	6.96	1	6.952
23	Tyrone Echols	Rend Lake	6.96	1	6.956
24	Dionee Marrero	Paradise Valley	6.97	1	
25	Kevin Snead	Pima CC	6.99	2	
26	Deandre Henderson	Allen County	7.00	2	6.995
27	Theo Piniau	Southwestern	7.00	6	7.000
28	Jaiden Brown	Barton County	7.01	2	
29	Jacques Hall	Vincennes	7.02	3	
30	Devin Reed	Macomb CC	7.03	1	
31	Tikuan Johnson	Monroe College	7.04	2	7.033
32	Keenan Williams	Colby CC	7.04	6	7.037
33	Justin Breaux	Butler County	7.05	6	7.041
34	John Rivan	Southwestern	7.05	6	7.048
35	Kevin Sanders	Western Texas	7.06	3	
36	Ishmael Parks	Glendale CC	7.09	2	7.083
37	banford poole	Harcum	7.09	4	7.085
38	Kyle Bennett	Coffeyville	7.10	5	
39	Darrion Sanders	Iowa Central	7.12	5	
40	Rodrick Simmons	Allen County	7.13	5	
41	Bryant James	Paradise Valley	7.15	1	
42	Deante Ambler	Highland CC	7.16	3	
43	Jordan Morris	Glendale CC	7.18	1	
44	Karl Cajuste	Essex CC	7.22	4	
--	Andre Jefferson	Hinds CC	FS	6	

Men 60 Meter Dash

Meet: ! 6.53 2006 Trell Kimmons, Hinds CC

Name	Year	School	Finals	Points	
Finals					
1	Andre De Grasse	Coffeyville	6.71	10	
2	Mateo Edward	Hinds CC	6.76	8	
3	Corneil Lionel	Iowa Western	6.77	6	
4	Raheem Brown	Colby CC	6.81	5	6.803
5	Lorenzo Larry	Spartanburg	6.81	4	6.808
6	David Winters	Barton County	6.83	3	
7	Will Brown	Barton County	6.89	2	6.887
8	Marqueze Washington	Arkansas Bap	6.89	1	6.890

Men 200 Meter Dash

9 fastest to finals

Meet: ! 20.96 2009 Alonso Edward, Barton County

Name	Year	School	Prelims	H#
Preliminaries				
1	Andre De Grasse	Coffeyville	21.26q	5

2	David Winters	Barton County	21.35q	10	
3	Christopher Belcher	Monroe College	21.42q	7	
4	Corneil Lionel	Iowa Western	21.44q	3	
5	Joshua Washington	Richard Bland	21.55q	3	21.542
6	Raheem Brown	Colby CC	21.55q	5	21.547
7	Anthony Blakely	Arkansas Bap	21.59q	4	
8	Marqueze Washington	Arkansas Bap	21.62q	9	
9	Stephan James	ASA College	21.64	12	q
10	Dontrell Lyons	Colby CC	21.65	12	
11	Jerome Gatewood	Western Texas	21.67	8	
12	Deandre Henderson	Allen County	21.69	2	
13	Travion Clark	Iowa Western	21.79	5	
14	Zachery Riley	Arkansas Bap	21.80	6	
15	Tyler Hayle	Coffeyville	21.82	8	
16	Blake Bartlett	Western Texas	21.85	2	
17	Devon Rittinger	Coffeyville	21.91	10	
18	Lorenzo Larry	Spartanburg	22.01	6	
19	Keenan Williams	Colby CC	22.02	1	
20	Justin Breaux	Butler County	22.06	11	22.054
21	Jermale Mosby	Hinds CC	22.06	4	22.056
22	Tommy McCalpin	Hinds CC	22.11	6	
23	Tikuan Johnson	Monroe College	22.13	8	
24	Giovanni Pascascio	Glendale CC	22.14	1	
25	Willie Young	Cloud County	22.24	2	
26	Kevin Snead	Pima CC	22.27	4	
27	Tyus Jacob	Highland CC	22.29	11	
28	Jaiden Brown	Barton County	22.36	7	
29	Tyrone Echols	Rend Lake	22.37	5	
30	Mike Simmons	Barton County	22.41	9	22.403
31	Steven Calloway	Butler County	22.41	12	22.406
32	Ishmael Parks	Glendale CC	22.47	12	
33	banford poole	Harcum	22.49	7	
34	Edward Simmons	Garden City	22.51	9	
35	Logan Hullinger	Glendale CC	22.53	1	
36	Bryant James	Paradise Valley	22.55	7	
37	Brian Sappleton	Monroe College	22.57	11	
38	Dionee Marrero	Paradise Valley	22.59	10	
39	Leron Moore	Neosho County	22.66	2	22.652
40	Henry Offiah	Iowa Western	22.66	4	22.658
41	Martin Moriel	Mesa CC	22.70	1	
42	Chris Gardner	Hagerstown	22.99	8	
43	Kevin Sanders	Western Texas	23.03	9	23.024
44	Rodrick Simmons	Allen County	23.03	6	23.026
45	Michael Camacho	Kingsborough	23.05	3	
46	Qhyle Elijah	Garden City	24.12	3	

Men 200 Meter Dash

9 fastest to finals

Meet: ! 20.96 2009 Alonso Edward, Barton County

Name	Year	School	Finals	H#	Points
Finals					
1 Andre De Grasse		Coffeyville	21.01	2	10

2	Joshua Washington	Richard Bland	21.14	1	8
3	David Winters	Barton County	21.21	2	6
4	Corneil Lionel	Iowa Western	21.37	2	5
5	Raheem Brown	Colby CC	21.51	1	4
6	Marqueze Washington	Arkansas Bap	21.59	1	3
7	Stephan James	ASA College	21.67	1	2
8	Christopher Belcher	Monroe College	21.78	2	1
9	Anthony Blakely	Arkansas Bap	21.80	1	

Men 400 Meter Dash

Meet: ! 46.10 1991		Darnell Hall, Blinn College		
Name	Year	School	Prelims	H#
Preliminaries				
1	Michael Newton	Hinds CC	47.60q	5
2	O'Jay Ferguson	Essex CC	47.69q	6
3	Alfred Larry	Butler County	47.94q	4
4	Qhyle Elijah	Garden City	48.03q	4
5	Khari Herbert	ASA College	48.35q	2
6	DeAndre McBride	Iowa Western	48.39q	5
7	Tressean Goodwin	Monroe College	48.64q	3
8	Daniel Gyasi	Western Texas	48.66q	4
9	Curtis Walker	Hinds CC	48.75	2 q
10	Dontrell Lyons	Colby CC	48.85	6
11	Theo Piniau	Southwestern	49.00	6
12	Gemechu Godi	Iowa Western	49.19	1
13	Zac McCoy	Allen County	49.26	3
14	Micheal McGruder	Arkansas Bap	49.32	5
15	Jerodrick Draper	Hinds CC	49.38	2
16	Marqueze Washington	Arkansas Bap	49.50	1
17	Romaine Angel	Delhi	49.60	4
18	Tyus Jacob	Highland CC	49.71	1
19	Giovanni Pascascio	Glendale CC	50.03	3
20	Jordan Carder	Mesa CC	50.04	6
21	Justin Ventour	Kingsborough	50.17	5
21	Quick Stukes	Barton County	50.17	3
23	Evel Jones	Butler County	50.63	4
24	Emmanuel Mosley	Monroe College	50.76	1
25	Logan Hullinger	Glendale CC	50.78	2
26	Willie Young	Cloud County	53.37	6

Men 400 Meter Dash

Meet: ! 46.10 1991		Darnell Hall, Blinn College		
Name	Year	School	Finals	H# Points
Finals				
1	Alfred Larry	Butler County	47.29	2 10
2	O'Jay Ferguson	Essex CC	47.46	2 8
3	Michael Newton	Hinds CC	47.73	2 6
4	Qhyle Elijah	Garden City	47.85	2 5
5	Khari Herbert	ASA College	48.48	1 4
6	Tressean Goodwin	Monroe College	48.76	1 3

7	Curtis Walker	Hinds CC	48.89	1	2
48.883					
8	Daniel Gyasi	Western Texas	48.89	1	1
48.888					
9	DeAndre McBride	Iowa Western	49.10	1	

Men 600 Meter Run

Fastest 9 to final

Meet: ! 1:17.04 2013 Vernon Norwood, South Plains

Name Year School Prelims H#

Preliminaries

1	Maxwell Chambers	Richard Bland	1:19.37q	2	
2	Ashley Riley	Colby CC	1:19.62q	6	
3	Jimmy Brooks	Western Texas	1:20.14q	4	
4	Rashard Clark	Western Texas	1:20.17q	4	
5	Fabian Hayles	Colby CC	1:20.25q	5	
6	Aaron Lecesne	Western Texas	1:20.94q	5	
7	James Henderson	Johnson County	1:21.00q	3	
8	Joel Johnson	Monroe College	1:21.01q	3	
9	Nigel Burgess	ASA College	1:21.16	5	q
10	Sabir Mohamed	Glendale CC	1:21.17	2	
11	Anthony Lopez	Glendale CC	1:21.35	6	
12	Damon Daniels	Monroe College	1:21.45	3	
13	Strymar Livingston	Iowa Western	1:21.45	5	
14	Alfonso Mejia	Pima CC	1:21.72	1	
15	LeaQuan James Jr.	ASA College	1:21.93	1	
16	Rashad Ramsey	Monroe College	1:22.02	2	
17	Ratutira Narara	Iowa Central	1:22.08	4	
18	Veherney Babob	North Iowa Area	1:22.11	4	
19	Rickcardo Bailey	Allen County	1:22.20	6	
20	Allen Seraphin	Coffeyville	1:22.65	3	
21	Shawn Rowe	Essex CC	1:22.67	1	
22	David Figueroa	Mesa CC	1:22.73	1	
23	Josh Prohaska	Iowa Central	1:22.85	3	
24	Rayvonne Brown	Southwestern	1:23.05	2	
25	Martin Moriel	Mesa CC	1:23.13	2	
26	Shilo Goracke	Cloud County	1:23.21	4	
27	Anthony Valdez	Iowa Western	1:23.39	5	
28	Blake McKinzie	Garden City	1:24.03	6	
29	Jalen Knight	Vincennes	1:25.28	1	
30	Kevin Acosta	Johnson County	1:26.39	6	
31	Kion Joseph	Iowa Central	1:28.80	1	

Men 600 Meter Run

Fastest 9 to final

Meet: ! 1:17.04 2013 Vernon Norwood, South Plains

Name Year School Finals H# Points

Finals

1	Ashley Riley	Colby CC	1:18.67	2	10
2	Rashard Clark	Western Texas	1:19.72	2	8

3	Fabian Hayles	Colby CC	1:19.73	1	6
4	Aaron Lecesne	Western Texas	1:20.00	1	5
5	Maxwell Chambers	Richard Bland	1:20.24	2	4
6	Joel Johnson	Monroe College	1:21.16	1	3
7	Jimmy Brooks	Western Texas	1:21.65	2	2
8	James Henderson	Johnson County	1:21.90	1	1

Men 800 Meter Run

Heat winners + 7 fastest to final

Meet: ! 1:49.40 1992 Saveri Ngidhi, Blinn College

Name	Year	School	Prelims	H#
Preliminaries				
1		Dontavious Wright	Hinds CC	1:52.40Q 3
2		Michael Kinuthia	Colby CC	1:55.90Q 1
3		Jonathan Greenwood	Essex CC	1:56.55Q 2
4		Andre Colebrook	Essex CC	1:55.10q 3
5		Markeen Caine	Allen County	1:56.16q 3
6		Alfredo Lebron	Garden City	1:56.45q 3
7		Sampson Laari	Barton County	1:56.61q 1
8		Dallas Snider	Allen County	1:56.85q 3
9		Veherney Babob	North Iowa Area	1:56.85q 3
10		Andre Hosey	Iowa Western	1:56.97 1
11		Robert Monticone	Colby CC	1:58.05 2
12		MeShach Adams	Allen County	1:58.25 2
13		Tyler Angioli	Delhi	1:58.84 3
14		Dakota Mercer-Szady	Vincennes	1:58.93 1
15		Cruz Rodriguez	Pima CC	1:59.07 2
16		Shea Coltrain	Monroe College	1:59.41 2
17		Chris Lessard	Mesa CC	1:59.65 2
18		Sunil Kates	Roxbury CC	2:00.02 1
19		Alex Blomquist	North Iowa Area	2:01.09 1
20		Javaun Grant	Monroe College	2:01.16 2
21		Maxwell Chambers	Richard Bland	2:02.18 1
22		LeaQuan James Jr.	ASA College	2:03.56 1
23		Kamp Wiebe	Johnson County	2:06.96 3
24		Dean Cronin	Iowa Central	2:08.83 3
--		Josh Quiroga	Colby CC	DNF 3

Men 800 Meter Run

Heat winners + 7 fastest to final

Meet: ! 1:49.40 1992 Saveri Ngidhi, Blinn College

Name	Year	School	Finals	Points
Finals				
1		Andre Colebrook	Essex CC	1:51.35 10
2		Dontavious Wright	Hinds CC	1:52.38 8
3		Michael Kinuthia	Colby CC	1:52.78 6
4		Sampson Laari	Barton County	1:54.02 5
5		Jonathan Greenwood	Essex CC	1:55.82 4
6		Markeen Caine	Allen County	1:55.93 3
7		Veherney Babob	North Iowa Area	1:56.43 2

8	Dallas Snider	Allen County	1:59.68	1
9	Alfredo Lebron	Garden City	1:59.71	

Men 1000 Meter Run

Heat winners + 7 fastest to final

Meet: ! 2:23.44 1999 Eliod Njubi, Dodge City

Name	Year	School	Prelims	H#
Preliminaries				
1		Tahir Chakisso	Iowa Central	2:28.71Q 2
2		Katleho Dyoyi	Monroe College	2:29.48Q 4
3		Brandon Wheat	Paradise Valley	2:29.89Q 1
4		Michael Kinuthia	Colby CC	2:34.37Q 3
5		Brandon Bernal	Allen County	2:29.11q 2
6		Ronaldo Ball	Monroe College	2:29.56q 4
7		Oraine Wint	Western Texas	2:29.94q 1
8		Dylan Eigenberger	Iowa Central	2:31.03q 1
9		Sampson Laari	Barton County	2:31.07q 1
10		Frankline Tonui	Iowa Central	2:32.16 2
11		Justin Thorstad	Iowa Western	2:32.50 2
12		Rey Quinones-Velez	Highland CC	2:33.33 2
13		John Worthington	Macomb CC	2:34.34 2
14		Chase Hamilton	Iowa Western	2:34.44 1
15		Josh Quiroga	Colby CC	2:35.51 3
16		Tucker Morgan	Allen County	2:35.80 3
17		Joshua Beal	Cowley County	2:35.92 4
18		Cody Grams	Hagerstown	2:36.00 4
19		Tyler Lumpkin	Barton County	2:36.93 2
20		Alfredo Lebron	Garden City	2:36.94 3
21		Steven Gonzalez	Mesa CC	2:37.60 2
22		Steven Wagner	Glendale CC	2:38.98 4
23		Lashley Winter	Monroe College	2:39.48 1
24		Gerardo Villagomez	Mesa CC	2:39.89 2
25		Nick Robinson	Cowley County	2:39.99 1
26		Shilo Goracke	Cloud County	2:40.78 1
27		Ben Grant	Coffeyville	2:41.45 4
28		Michael Mest	Vincennes	2:42.01 3
29		Casey Lozano	Glendale CC	2:43.19 3
30		Dallas Snider	Allen County	2:43.37 4
31		James Bowlin	Johnson County	2:43.44 1
--		Robert Monticone	Colby CC	DNF 3

Men 1000 Meter Run

Heat winners + 7 fastest to final

Meet: ! 2:23.44 1999 Eliod Njubi, Dodge City

Name	Year	School	Finals	Points
Finals				
1		Tahir Chakisso	Iowa Central	2:26.98 10
2		Oraine Wint	Western Texas	2:27.01 8
3		Brandon Wheat	Paradise Valley	2:27.41 6
4		Ronaldo Ball	Monroe College	2:27.92 5

5	Katleho Dyoyi	Monroe College	2:29.98	4
6	Brandon Bernal	Allen County	2:31.68	3
7	Sampson Laari	Barton County	2:32.47	2
8	Michael Kinuthia	Colby CC	2:32.59	1
9	Dylan Eigenberger	Iowa Central	2:34.19	

Men 1 Mile Run

Meet: ! 4:04.86		2000	Eliod Njubi, Dodge City	
Name	Year	School	Finals	H# Points
1	Tahir Chakisso	Iowa Central	4:10.91	2 10
2	Robert Murphy	Vincennes	4:13.77	2 8
3	Christopher Webb	Paradise Valley	4:13.79	2 6
4	Frankline Tonui	Iowa Central	4:15.06	2 5
5	Oraine Wint	Western Texas	4:15.38	2 4
6	Benard Keter	Cloud County	4:15.62	2 3
7	Katleho Dyoyi	Monroe College	4:15.72	2 2
8	Dylan Eigenberger	Iowa Central	4:15.93	2 1
9	Michael Wagner	Glendale CC	4:15.97	2
10	Nico Montanez	Paradise Valley	4:20.30	1
11	Cody Grams	Hagerstown	4:21.23	1
12	Brandon Bernal	Allen County	4:25.23	2
13	Rey Quinones-Velez	Highland CC	4:25.78	1
14	Michael Nelson	Gillette	4:28.60	1
15	Tyler Lumpkin	Barton County	4:30.18	1
16	Alfredo Lebron	Garden City	4:31.08	2
17	Chris Speaks	Colby CC	4:31.44	1
18	Matt Jackson	Gillette	4:31.73	1
19	Steven Wagner	Glendale CC	4:32.57	1
--	Tyler Angioli	Delhi	DNF	1

Men 3000 Meter Run

Meet: ! 8:06.00		1998	Noah Lagat, Butler County	
Name	Year	School	Finals	Points
1	Tahir Chakisso	Iowa Central	8:32.51	10
2	Frankline Tonui	Iowa Central	8:34.76	8
3	Benard Keter	Cloud County	8:34.79	6
4	Robert Murphy	Vincennes	8:37.05	5
5	Isaac Lalang	Iowa Central	8:42.64	4
6	Chris Speaks	Colby CC	8:42.88	3
7	Michael Wagner	Glendale CC	8:45.11	2
8	Alejandro Garcia	Gillette	8:47.83	1
9	Eduardo Roa	Mesa CC	8:49.82	
10	Nico Montanez	Paradise Valley	8:50.99	
11	Omar Trevino	Colby CC	8:51.66	
12	Cruz Barrera	Iowa Western	8:55.58	
13	Matt Jackson	Gillette	9:02.92	
14	Kyle Dietsche	Gillette	9:05.62	
15	Ramon Fantauzzi	ASA College	9:19.76	

Men 5000 Meter Run

Meet: ! 14:09.33 1994 Richard Kosgei, Barton County				
Name	Year	School	Finals	Points
1	Tahir Chakisso	Iowa Central	15:10.51	10
2	Benard Keter	Cloud County	15:11.29	8
3	Frankline Tonui	Iowa Central	15:11.30	6
4	Chris Speaks	Colby CC	15:13.68	5
5	Blake Whalen	Iowa Central	15:17.27	4
6	Matt Jackson	Gillette	15:22.72	3
7	Cruz Barrera	Iowa Western	15:23.91	2
8	Omar Trevino	Colby CC	15:24.38	1
9	Alejandro Garcia	Gillette	15:24.90	
10	Michael Nelson	Gillette	15:31.46	
11	John-Ross Tangi	North Iowa Area	15:36.80	
12	Wes Bradshaw	Rend Lake	17:47.60	

Men 60 Meter Hurdles

Meet: ! 7.69 2004 Dexter Faulk, Bartton County				
Name	Year	School	Prelims	H#
Preliminaries				
1	Chris Caldwell	Iowa Central	7.84q	2
2	Bruce Barclay	Allen County	7.97q	1
3	Will Hanson	North Iowa Area	8.08q	2
4	Ro'Derick Spears	Coffeyville	8.12q	2
5	Sydney Scruggs	Western Texas	8.18q	2
6	Kion Joseph	Iowa Central	8.20q	1
7	Shawn Rowe	Essex CC	8.23q	1
8	Andre Hewitt	Mesa CC	8.26q	2 8.251
9	Angelo Goss	Coffeyville	8.26q	1 8.256
10	Taylor Killings	Vincennes	8.26	2 8.259
11	Adrain Jackson	Richard Bland	8.30	1 8.292
11	Treyvon Matthews	Vincennes	8.30	2 8.292
13	Rohan Mullings	Allen County	8.30	1 8.297
14	Karl Cajuste	Essex CC	8.41	1
15	Maurice Moore	Iowa Western	8.52	2
16	Tyvon Rivers	Delhi	8.70	2
17	Kyle Raecke	Mesa CC	8.73	1
18	Amos James	Hinds CC	9.00	1

Men 60 Meter Hurdles

Meet: ! 7.69 2004 Dexter Faulk, Bartton County				
Name	Year	School	Finals	Points
Finals				
1	Chris Caldwell	Iowa Central	7.74	10
2	Bruce Barclay	Allen County	7.94	8
3	Ro'Derick Spears	Coffeyville	7.99	6
4	Will Hanson	North Iowa Area	8.05	5
5	Angelo Goss	Coffeyville	8.06	4
6	Sydney Scruggs	Western Texas	8.16	3

7	Andre Hewitt	Mesa CC	8.32	2
8	Shawn Rowe	Essex CC	8.36	1
9	Kion Joseph	Iowa Central	8.45	

Men 4x400 Meter Relay

Meet: ! 3:08.75 2009		, Barton County		Finals	H#	Points
School						
1	Hinds CC			3:10.63	4	10
	1) Curtis Walker	2) Michael Newton				
	3) Jerodrick Draper	4) Dontavious Wright				
2	Western Texas College			3:11.25	4	8
	1) Daniel Gyasi	2) Jerome Gatewood				
	3) Jimmy Brooks	4) Rashard Clark				
3	Essex CC			3:11.39	4	6
	1) Shawn Rowe	2) Jonathan Greenwood				
	3) Andre Colebrook	4) O'Jay Ferguson				
4	Iowa Western CC			3:14.09	3	5
	1) DeAndre McBride	2) Gemechu Godi				
	3) Travion Clark	4) Corneil Lionel				
5	Colby CC			3:14.43	3	4
	1) Dontrell Lyons	2) Fabian Hayles				
	3) Ashley Riley	4) Keenan Williams				
6	Butler County CC			3:15.03	2	3
	1) Steven Calloway	2) Shaquille Alleyne				
	3) Evel Jones	4) Alfred Larry				
7	Allen County CC			3:16.08	3	2
	1) Deandre Henderson	2) Zac McCoy				
	3) Rickcardo Bailey	4) Kyle Smith				
8	Iowa Central CC			3:17.45	3	1
	1) Del Person	2) Kion Joseph				
	3) Ratutira Narara	4) Keontay Williams				
9	ASA College			3:18.00	4	
	1) Stephan James	2) Waylan Andrews				
	3) Nigel Burgess	4) Khari Herbert				
10	Glendale CC			3:19.71	2	
	1) Giovanni Pascascio	2) Anthony Lopez				
	3) Logan Hullinger	4) Sabir Mohamed				
11	Monroe College			3:20.04	3	
	1) Emmanuel Mosley	2) Joel Johnson				
	3) Rashad Ramsey	4) Tressean Goodwin				
12	Mesa CC			3:20.43	2	
	1) David Figueroa	2) Jordan Carder				
	3) Drake Ridge	4) Martin Moriel				
13	Barton County CC			3:20.97	1	
	1) Ebu Camara	2) Raymond Robinson				
	3) Quick Stukes	4) David Winters				
14	Southwestern CC			3:22.11	1	
	1) Rayvonne Brown	2) Marquis Flowers				
	3) Ian Morrison	4) Theo Piniau				
15	Kingsborough CC			3:22.15	2	
	1) Serjunior Joseph	2) Odera Ubaka				
	3) Michael Camacho	4) Justin Ventour				

16	Delhi		3:25.12	1
	1) Keimon Barrow	2) Romaine Angel		
	3) Wayne Bowden	4) Kevin Williams		
17	Hagerstown CC		3:25.98	1
	1) Jeff Cook	2) Chris Gardner		
	3) Jerel Madison	4) Cody Schwartzbeck		
18	Cowley County CC		3:26.50	2
	1) Eric Gibson	2) Elonte Battle		
	3) Tucker Davis	4) Nienkel Paljola		
19	Vincennes		3:27.59	1
	1) Kersten Barnfield	2) Jalen Knight		
	3) Alex Moses	4) Jose Tirado		
20	Bronx CC		3:38.03	1
	1) Jordon Clarke	2) Nicolas Lester		
	3) Terrell Wilson	4) Stevon Campbell		
--	Arkansas Baptist		DNF	2
	1) Zachery Riley	2) Markeze Washington		
	3) Micheal McGruder	4) Anthony Blakely		

Men 4x800 Meter Relay

Meet: ! 7:30.15 2009		, Blinn County	
School		Finals	Points
1	Colby CC	7:45.84	10
	1) Fabian Hayles	2) Ashley Riley	
	3) Michael Kinuthia	4) Robert Monticone	
2	Iowa Central CC	7:46.82	8
	1) Josh Prohaska	2) Kyle Hosting	
	3) Ethan Pankow	4) Dylan Eigenberger	
3	Iowa Western CC	7:48.28	6
	1) Cade Cleaveland	2) Justin Thorstad	
	3) Andre Hosey	4) Strymar Livingston	
4	Allen County CC	7:48.99	5
	1) Thomas Broxterman	2) MeShach Adams	
	3) Brandon Bernal	4) Dallas Snider	
5	Monroe College	7:54.75	4
	1) Alexshandro Rodriguez	2) Lashley Winter	
	3) Shea Coltrain	4) Javaun Grant	
6	Glendale CC	7:57.33	3
	1) Sabir Mohamed	2) Casey Lozano	
	3) Steven Wagner	4) Anthony Lopez	
7	Coffeyville CC	8:01.02	2
	1) Ben Grant	2) Termaine Harvey	
	3) Allen Seraphin	4) Kacey Elias	
8	Johnson County CC	8:07.13	1
	1) Kevin Acosta	2) James Bowlin	
	3) Sam Yoakum	4) Kamp Wiebe	
9	Butler County CC	8:08.93	
	1) Alfred Larry	2) Max Surmeier	
	3) Shaquille Alleyne	4) Israel Mendoza	
10	Vincennes	8:10.64	
	1) John Rodrick	2) Dakota Mercer-Szady	
	3) Michael Mest	4) Adam Johnson	

11 Garden City CC		8:30.66
1) Alfredo Lebron	2) Jose Zavala	
3) Tyler Eddings	4) Blake McKinzie	
12 Queensborough CC		8:49.26
1) Calvin Crawford	2) Richard Brienza	
3) Alex Mancheno	4) Steven Telamaque	

Men Distance Medley

School	Meet: ! 9:47.17 1993	, Barton County	Finals	Points
1 Colby CC			10:04.05	10
1) Robert Monticone		2) Dontrell Lyons		
3) Josh Quiroga		4) Michael Kinuthia		
2 Vincennes			10:06.30	8
1) Dakota Mercer-Szady		2) Robert Murphy		
3) Jalen Knight		4) John Rodrick		
3 Monroe College			10:08.17	6
1) Ronaldo Ball		2) Walter Penate		
3) Alexshandro Rodriguez		4) Katleho Dyoyi		
4 Iowa Central CC			10:19.27	5
1) Kyle Hosting		2) Del Person		
3) Josh Prohaska		4) Dylan Eigenberger		
5 Glendale CC			10:22.13	4
1) Steven Wagner		2) Anthony Lopez		
3) Sabir Mohamed		4) Michael Wagner		
6 Allen County CC			10:24.11	3
1) Tucker Morgan		2) Antonio Duncan		
3) Thomas Broxterman		4) Brandon Bernal		
7 Mesa CC			10:27.97	2
1) Steven Gonzalez		2) Jordan Carder		
3) Chris Lessard		4) Eduardo Roa		
8 Cowley County CC			10:30.69	1
1) Nick Robinson		2) Dameon Long		
3) Joshua Beal		4) Eli Ybarra		
9 Hagerstown CC			10:34.08	
1) Scott Berryman		2) Chris Gardner		
3) Jeff Cook		4) Cody Grams		
10 Johnson County CC			10:42.84	
1) Kevin Acosta		2) James Bowlin		
3) Sam Yoakum		4) Kamp Wiebe		
11 Rend Lake			10:55.85	
1) John Hill		2) Tyrone Echols		
3) Karson Hahn		4) Wes Bradshaw		
12 ASA College			10:57.75	
1) Lamar Finney		2) Demar Malcolm		
3) Ramon Fantauzzi		4) Waylan Andrews		

Men High Jump

Progressions 1.94, 1.99, 2.03, 2.07, 2.11, 2.14, 2.17
 Meet: ! 2.24m 1992 Eric Taylor-Perry, Blinn College

Name	Year	School	Finals	
10	1	Damar Robinson	Cloud County	2.11m 6-11.00
		1.94 1.99 2.03 2.07 2.11 2.14		
		P P XO P XO XXX		
8	2	Xaivier McAllister	Iowa Central	J2.11m 6-11.00
		1.94 1.99 2.03 2.07 2.11 2.14		
		P P O P XXO XXX		
6	3	Seth Peace	Hinds CC	2.07m 6-09.50
		1.94 1.99 2.03 2.07 2.11		
		O O XXO XXO XXX		
4.50	4	Stefan Johnson	Cowley County	2.03m 6-08.00
		1.94 1.99 2.03 2.07		
		P O O XXX		
4.50	4	Eddie Wilcox	Pima CC	2.03m 6-08.00
		1.94 1.99 2.03 2.07		
		O O O XXX		
3	6	LJ Wallace	Coffeyville	J2.03m 6-08.00
		1.94 1.99 2.03 2.07		
		XO XO O XXX		
2	7	Maurice Moore	Iowa Western	J2.03m 6-08.00
		1.94 1.99 2.03 2.07		
		O XXO XO XXX		
1	8	Alexander Mbali	Mesa CC	J2.03m 6-08.00
		1.94 1.99 2.03 2.07		
		O O XXO XXX		
	9	Keimon Barrow	Delhi	1.99m 6-06.25
		1.94 1.99 2.03		
		O O XXX		
	10	Eric Blackman	Vincennes	J1.99m 6-06.25
		1.94 1.99 2.03		
		O XO XXX		
	11	Kenneth Lloyd	Vincennes	J1.99m 6-06.25
		1.94 1.99 2.03		
		O XXO XXX		
	12	Micah Lauber	Iowa Western	1.94m 6-04.25
		1.94 1.99		
		XO XXX		
	13	Donovan Clay	Essex CC	J1.94m 6-04.25
		1.94 1.99		
		XXO XXX		
	--	Angelo Goss	Coffeyville	NH
		1.94		
		XXX		

-- Todd Nibbs
1.94
XXX

Vincennes

NH

Men Pole Vault

Progressions 4.10, 4.25, 4.40, 4.55, 4.65, 4.75,
Meet: ! 5.27m 2006 Kyle Dennis, Johnson County

Name	Year	School	Finals							
1 Simon Gyllensten		Vincennes	4.95m 16-02.75							
10	4.10	4.25	4.40	4.55	4.65	4.75	4.85	4.95	5.30	
	P	P	P	P	P	P	O	O	XXX	
2 Riley Crosby		Glendale CC	4.85m 15-11.00							
8	4.10	4.25	4.40	4.55	4.65	4.75	4.85	4.95		
	P	P	O	O	O	XO	XO	XXX		
3 Jacob Flores		Mesa CC	4.75m 15-07.00							
6	4.10	4.25	4.40	4.55	4.65	4.75	4.85			
	P	P	O	XO	XXO	O	XXX			
4 Dylan Mettler		Cowley County	4.65m 15-03.00							
5	4.10	4.25	4.40	4.55	4.65	4.75				
	P	P	P	XO	XXO	XXX				
5 Bo Haddock		Paradise Valley	4.55m 14-11.00							
4	4.10	4.25	4.40	4.55	4.65					
	P	P	P	O	XXX					
6 Jarom Stringham		Glendale CC	J4.55m 14-11.00							
3	4.10	4.25	4.40	4.55	4.65					
	P	O	XO	O	XXX					
7 Austin McCrum		Mesa CC	J4.55m 14-11.00							
2	4.10	4.25	4.40	4.55	4.65					
	P	P	XXO	XO	XXX					
8 Darrius Brown		Iowa Central	J4.55m 14-11.00							
1	4.10	4.25	4.40	4.55	4.65					
	XO	P	P	XXO	XXX					
9 Tyler Proffitt		Johnson County	4.40m 14-05.25							
	4.10	4.25	4.40	4.55						
	O	O	O	XXX						
10 James Munsey		Mesa CC	J4.40m 14-05.25							
	4.10	4.25	4.40	4.55						
	XO	O	XO	XXX						
11 Blake Marsee		Vincennes	J4.40m 14-05.25							
	4.10	4.25	4.40	4.55						
	P	XXO	XO	XXX						

12	Dylan Poirier	Iowa Western	4.25m	13-11.25
	4.10 4.25 4.40			
	O XO XXX			
13	Quinn Kendrick	Garden City	J4.25m	13-11.25
	4.10 4.25 4.40			
	XO XO XXX			
--	Keith Williams	Paradise Valley	NH	
	4.10			
	XXX			

Men Long Jump

=====
Meet: ! 8.15m 1995 James Beckford, Blinn College
Name Year School Finals
Points
=====

1	Jerry Westerfield	Iowa Central	7.83m	25-08.25
10	FOUL 7.83m 7.57m 7.33m	FOUL 6.80m		
2	Will Williams	Iowa Western	7.77m	25-06.00
8	7.77m 7.17m PASS 6.92m	7.18m 7.11m		
3	Craig Mattox	Paradise Valley	7.61m	24-11.75
6	7.19m 7.20m FOUL 7.27m	7.50m 7.61m		
4	Andreas Trajkovski -soer	Iowa Western	7.49m	24-07.00
5	7.34m 7.44m 6.23m 7.33m	FOUL 7.49m		
5	Andre Jefferson	Hinds CC	7.34m	24-01.00
4	7.14m 7.30m FOUL FOUL	7.34m FOUL		
6	Isaiah Thomas	Vincennes	7.27m	23-10.25
3	6.82m 7.04m 7.14m 6.75m	7.27m 7.15m		
7	Jahleel Lilly	Coffeyville	7.00m	22-11.75
2	6.81m 7.00m FOUL FOUL	6.73m 6.85m		
8	Khalil Hakim	Pima CC	6.98m	22-11.00
1	6.79m 6.98m FOUL 6.95m	6.97m FOUL		
9	Gennard Paul	Colby CC	6.85m	22-05.75
	5.46m 6.71m 6.78m 6.82m	6.85m FOUL		
10	Deante Gaines	Pima CC	6.76m	22-02.25
	6.50m 6.76m 6.67m			
11	Devin Reed	Macomb CC	6.64m	21-09.50
	6.64m FOUL FOUL			
12	Will Brown	Barton County	6.44m	21-01.50
	6.44m 6.40m PASS			
13	Eddie Wilcox	Pima CC	6.07m	19-11.00
	FOUL 6.07m FOUL			

Men Triple Jump

=====								
=====								
Meet: ! 17.05m 1995 James Beckford, Blinn College								
Name	Year	School						Finals
Points	=====							
=====								
1	Latario Collie-Minns	Iowa Western						16.80m 55-01.50
10	16.54m	16.80m	14.49m	PASS	PASS	PASS		
2	Lathone Collie-Minns	Iowa Western						15.87m 52-01.00
8	15.57m	15.79m	15.87m	15.47m	PASS	PASS		
3	Sabelo (Ntokozo) Ndlovu	Monroe College						15.29m 50-02.00
6	15.06m	15.19m	15.25m	14.90m	14.95m	15.29m		
4	Damar Robinson	Cloud County						14.97m 49-01.50
5	14.97m	FOUL	FOUL	PASS	PASS	PASS		
5	Keimon Barrow	Delhi						14.82m 48-07.50
4	14.08m	FOUL	14.82m	13.70m	13.25m	PASS		
6	Jahleel Lilly	Coffeyville						14.80m 48-06.75
3	FOUL	14.80m	14.53m	PASS	14.60m	PASS		
7	Michael Burns	Allen County						14.64m 48-00.50
2	14.64m	14.26m	14.24m	FOUL	PASS	FOUL		
8	Odion Agbi	Garden City						14.55m 47-09.00
1	14.55m	14.47m	14.12m	13.62m	FOUL	FOUL		
9	Gennard Paul	Colby CC						14.46m 47-05.25
	13.66m	14.35m	14.46m	12.60m	13.95m	14.05m		
10	Steven Hill	Highland CC						14.39m 47-02.50
	13.93m	14.18m	14.39m					
11	Jimmy Adams	Neosho County						13.43m 44-00.75
	FOUL	13.43m	FOUL					
12	Kevin Williams	Delhi						13.39m 43-11.25
	13.35m	12.80m	13.39m					
--	Ernest Gardner	Vincennes						FOUL
	FOUL	FOUL	FOUL					

Men Shot Put

=====								
=====								
Meet: ! 18.81m 1974 Ron Semkiw, Mesa CC								
Name	Year	School						Finals
Points	=====							
=====								
1	Tristan Whitehall	Coffeyville						16.94m 55-07.00
10	15.18m	16.74m	16.94m	FOUL	16.00m	16.62m		

2	Allen Davis					Iowa Central	16.92m	55-06.25
8		16.92m	16.39m	16.08m	15.76m	6.16m	16.77m	
3	Shaquille Wells					Iowa Central	16.86m	55-03.75
6		16.17m	16.86m	FOUL	FOUL	16.66m	FOUL	
4	Alex Garza					Coffeyville	16.47m	54-00.50
5		FOUL	16.17m	15.18m	15.75m	16.47m	FOUL	
5	Erik Johnson					Mesa CC	16.21m	53-02.25
4		15.56m	15.83m	FOUL	15.93m	15.89m	16.21m	
6	Shaquelle Lewis					Vincennes	15.77m	51-09.00
3		15.77m	14.69m	14.48m	FOUL	FOUL	FOUL	
7	Kyle Washington-Scott					Neosho County	15.32m	50-03.25
2		FOUL	FOUL	15.32m	14.98m	14.84m	14.94m	
8	Kellon Alexis					Neosho County	15.25m	50-00.50
1		14.88m	15.10m	FOUL	FOUL	FOUL	15.25m	
9	Hosea Bottley					Cowley County	15.04m	49-04.25
		15.01m	15.04m	FOUL	14.90m	FOUL	FOUL	
10	Derek McKnight					Cowley County	14.96m	49-01.00
		13.93m	14.96m	FOUL				
11	Dakota Webber					Cloud County	14.80m	48-06.75
		14.28m	14.80m	FOUL				
12	Brady Grunder					Iowa Central	14.52m	47-07.75
		FOUL	FOUL	14.52m				
13	Jacob Lott					Highland CC	14.03m	46-00.50
		13.99m	13.79m	14.03m				
14	Tory Radcliff					Coffeyville	13.89m	45-07.00
		FOUL	13.89m	13.07m				
15	Anfernee Alexander					Pima CC	13.84m	45-05.00
		13.84m	FOUL	FOUL				
16	Matthew Loughner					Johnson County	13.64m	44-09.00
		13.64m	FOUL	12.91m				
--	Mark Ramsey					Monroe College	FOUL	
		FOUL	FOUL	FOUL				

Men Weight Throw

=====								
=====								
	Meet: !	19.28m	2002			Chad Goddard, North Idaho College		
	Name		Year	School		Finals		
	Points							
=====								
=====								
1	Johnnie Jackson					Coffeyville	17.26m	56-07.50
10		16.00m	17.26m	16.47m	17.08m	16.40m	FOUL	
2	Brady Grunder					Iowa Central	17.05m	55-11.25
8		FOUL	FOUL	16.68m	FOUL	FOUL	17.05m	

3	Charvin Graham	Coffeyville	16.27m	53-04.50
6	FOUL 15.58m 16.27m 15.46m 15.96m 15.63m			
4	Matthew Loughner	Johnson County	16.22m	53-02.75
5	16.20m 15.74m 16.22m FOUL FOUL FOUL			
5	Kellon Alexis	Neosho County	16.18m	53-01.00
4	FOUL FOUL 15.98m 16.13m FOUL 16.18m			
6	Hosea Bottley	Cowley County	16.10m	52-10.00
3	14.50m FOUL 16.10m 15.60m FOUL FOUL			
7	Cameron Paddock	Iowa Central	16.08m	52-09.25
2	14.42m 15.67m 14.74m 16.08m 15.16m 15.61m			
8	Shaquelle Lewis	Vincennes	15.66m	51-04.50
1	14.70m FOUL 15.66m 15.25m FOUL FOUL			
9	Justin Shaver	Mohawk Valley	15.23m	49-11.75
	15.23m 15.05m 14.83m 14.61m FOUL FOUL			
10	Allen Davis	Iowa Central	15.16m	49-09.00
	FOUL 15.16m FOUL			
11	Andrew Archer	Vincennes	15.01m	49-03.00
	14.63m 15.01m 14.45m			
12	Tristan Whitehall	Coffeyville	14.92m	48-11.50
	13.93m 14.92m FOUL			
13	Cantrell Green	Vincennes	14.66m	48-01.25
	FOUL 14.07m 14.66m			
14	Dakota Webber	Cloud County	14.23m	46-08.25
	14.23m 13.91m FOUL			
15	Kyle Washington-Scott	Neosho County	14.03m	46-00.50
	FOUL FOUL 14.03m			
16	Anfernee Alexander	Pima CC	12.51m	41-00.50
	FOUL 12.51m FOUL			
17	Dylan Moore	Barton County	12.35m	40-06.25
	FOUL 12.35m FOUL			

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Year	School	Finals	H#	Points
1 Shawn Laurent		Johnson County	7.21	3	809
2 Simon Gyllensten		Vincennes	7.22	2	806
3 Darrius Brown		Iowa Central	7.27	1	789
4 Matt Mayeske		Johnson County	7.34	3	765
5 Dylan Poirier		Iowa Western	7.34	2	765
6 Desmond Major		Colby CC	7.37	2	755
7 Terrell Godbolt		Coffeyville	7.40	1	745
8 Alton Marshall		Neosho County	7.45	3	729
9 Aaron Vazquez		Garden City	7.55	2	697
10 Trey Stratton		Iowa Western	7.55	3	697
11 Dominique Sauls		Garden City	7.58	1	687
12 Francisco Wilson-King		Delhi	7.59	3	684
13 Jack Flood		Delhi	7.81	1	616

2	Jack Flood		Delhi								1.90m	6-02.75			
714															
		1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90
1.93															
		P	P	P	P	P	O	P	P	O	O	O	XXO	O	O
XXX															
3	Shawn Laurent											1.81m	5-11.25		
636															
		1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	
		P	P	P	P	P	P	P	P	O	P	O	P	XXX	
3	Desmond Major											1.81m	5-11.25		
636															
		1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84		
		P	P	P	P	P	P	P	O	O	O	O	XXX		
5	Terrell Godbolt											1.78m	5-10.00		
610															
		1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81			
		P	P	O	O	O	O	O	O	XO	XXO	XXX			
5	Andre Pollard											1.78m	5-10.00		
610															
		1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81			
		P	P	P	O	XO	O	XXO	XXO	XXO	O	XXX			
5	Aaron Vazquez											1.78m	5-10.00		
610															
		1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81			
		P	P	P	O	P	O	P	XXO	O	XO	XXX			
8	Francisco Wilson-King											1.75m	5-08.75		
585															
		1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78				
		P	P	XO	P	O	O	XO	XO	O	XXX				
8	Alton Marshall											1.75m	5-08.75		
585															
		1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81			
		P	P	P	P	P	P	P	P	O	P	XXX			
10	Dominique Sauls											1.72m	5-07.75		
560															
		1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75					
		P	P	P	P	P	O	O	O	XXX					
11	Trey Stratton											1.69m	5-06.50		
536															
		1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72						
		P	P	P	O	O	O	XO	XXX						
11	Darrius Brown											1.69m	5-06.50		
536															
		1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75					
		P	P	P	P	P	P	O	P	XXX					
13	Matt Mayeske											1.63m	5-04.25		
488															
		1.51	1.54	1.57	1.60	1.63	1.66								
		P	P	P	XXO	XXO	XXX								
14	Dylan Poirier											1.57m	5-01.75		
441															
		1.51	1.54	1.57	1.60										
		P	P	O	XXX										

	2.20	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30		
	P	P	P	P	O	P	O	P	XO	XO	O	XXX		
9	Shawn Laurent					Johnson County					3.20m	10-06.00		
406														
	2.20	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	
	P	P	P	P	P	P	XO	P	O	P	O	P	XXX	
9	Desmond Major					Colby CC					3.20m	10-06.00		
406														
	2.20	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30		
	P	P	P	P	P	O	O	O	XO	XO	O	XXX		
12	Dominique Sauls					Garden City					3.10m	10-02.00		
381														
	2.20	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20			
	O	O	P	O	O	O	O	O	O	O	XXX			
13	Trey Stratton					Iowa Western					3.00m	9-10.00		
357														
	2.20	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10				
	O	O	P	O	P	O	O	XO	XO	XXX				
14	Alton Marshall					Neosho County					2.60m	8-06.25		
264														
	2.20	2.30	2.40	2.50	2.60	2.70	2.80							
	O	P	O	P	O	P	XXX							

Heptathlon: #2 Men Long Jump Heptathlon

Points	Name	Year	School	Finals
767	1 Simon Gyllensten		Vincennes	6.80m 22-03.75
				6.20m 6.56m 6.80m
732	2 Shawn Laurent		Johnson County	6.65m 21-10.00
				6.35m 6.20m 6.65m
718	3 Desmond Major		Colby CC	6.59m 21-07.50
				6.59m FOUL 6.56m
707	4 Dylan Poirier		Iowa Western	6.54m 21-05.50
				6.32m 6.54m 6.40m
659	5 Darrius Brown		Iowa Central	6.33m 20-09.25
				6.05m 6.33m 6.12m
646	6 Aaron Vazquez		Garden City	6.27m 20-07.00
				6.27m FOUL FOUL
604	7 Jack Flood		Delhi	6.08m 19-11.50
				5.99m 6.05m 6.08m
600	8 Terrell Godbolt		Coffeyville	6.06m 19-10.75
				6.06m 5.76m 5.88m

9	Matt Mayeske		Johnson County	6.05m	19-10.25
597		5.78m 6.05m 5.86m			
10	Alton Marshall		Neosho County	5.90m	19-04.25
565		5.90m 5.55m 5.88m			
11	Dominique Sauls		Garden City	5.66m	18-07.00
514		5.31m 4.98m 5.66m			
12	Trey Stratton		Iowa Western	5.65m	18-06.50
512		5.44m 5.65m 5.57m			
12	Francisco Wilson-King		Delhi	5.65m	18-06.50
512		5.65m 5.48m 5.54m			
14	Andre Pollard		Iowa Western	5.55m	18-02.50
492		5.55m FOUL FOUL			

Heptathlon: #3 Men Shot Put Heptathlon

Name	Year	School	Finals
Points			
1	Francisco Wilson-King	Delhi	10.59m 34-09.00
521			10.59m FOUL FOUL
2	Jack Flood	Delhi	10.52m 34-06.25
517			10.52m FOUL FOUL
3	Alton Marshall	Neosho County	10.01m 32-10.25
486			10.01m 9.11m 9.48m
4	Simon Gyllensten	Vincennes	9.87m 32-04.75
478			9.50m 9.43m 9.87m
5	Dylan Poirier	Iowa Western	9.64m 31-07.50
464			9.19m 9.06m 9.64m
6	Desmond Major	Colby CC	9.63m 31-07.25
463			9.63m FOUL 9.50m
7	Trey Stratton	Iowa Western	9.50m 31-02.00
456			9.50m 9.27m 9.22m
8	Darrius Brown	Iowa Central	9.34m 30-07.75
446			9.00m 9.34m 9.27m
9	Shawn Laurent	Johnson County	9.31m 30-06.50
444			FOUL 9.31m 9.24m

10	Andre Pollard	Iowa Western	9.21m	30-02.75
438	9.21m	8.66m	8.61m	
11	Matt Mayeske	Johnson County	9.01m	29-06.75
426	8.51m	8.22m	9.01m	
12	Dominique Sauls	Garden City	8.85m	29-00.50
417	8.85m	8.23m	8.64m	
13	Terrell Godbolt	Coffeyville	8.74m	28-08.25
410	7.10m	8.74m	7.83m	
14	Aaron Vazquez	Garden City	8.56m	28-01.00
400	8.56m	7.96m	8.44m	

Men Heptathlon

Meet: ! 5331 2013		Pau Tonnenson, Mesa CC			
Name	Year	School	Finals	Points	
1	Simon Gyllensten	Vincennes	5366!	10	
2	Darrius Brown	Iowa Central	4634	8	
3	Desmond Major	Colby CC	4596	6	
4	Dylan Poirier	Iowa Western	4397	5	
5	Jack Flood	Delhi	4396	4	
6	Shawn Laurent	Johnson County	4352	3	
7	Francisco Wilson-King	Delhi	4323	2	
8	Aaron Vazquez	Garden City	4270	1	
9	Matt Mayeske	Johnson County	4174		
10	Terrell Godbolt	Coffeyville	4106		
11	Trey Stratton	Iowa Western	4040		
12	Alton Marshall	Neosho County	3985		
13	Andre Pollard	Iowa Western	3885		
14	Dominique Sauls	Garden City	3775		

Women - Team Rankings - 20 Events Scored

1) Iowa Central CC	174.50	2) New Mexico JC	
80.50			
3) Essex CC	62	4) Barton County CC	52
5) Vincennes	38	6) Allen County CC	34
7) Western Texas College	32	7) Iowa Western CC	32
9) Coffeyville CC	29	10) Pima CC	28
11) Hinds CC	27	12) Gillette	25
13) Neosho County CC	24	14) Johnson County CC	21
15) Cloud County CC	19	16) Paradise Valley	18
17) Mesa CC	17	18) North Iowa Area CC	16
19) Cowley County CC	15	20) Kingsborough CC	8
20) Monroe College	8	22) Glendale CC	7
23) Highland CC	4	24) Butler County CC	3
25) NMMI	2	25) Macomb CC	2
27) Mohawk Valley CC	1	27) ASA College	1

Men - Team Rankings - 20 Events Scored

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1) Iowa Central CC	143	2) Coffeyville CC	71
2) Colby CC	71	4) Iowa Western CC	62
5) Vincennes	48	6) Hinds CC	44
7) Western Texas College	39	8) Monroe College	34
9) Cloud County CC	32	10) Essex CC	29
11) Allen County CC	27	12) Paradise Valley	22
13) Glendale CC	20	14) Barton County CC	18
15) Mesa CC	17	16) Cowley County CC	
13.50			
17) Butler County CC	13	18) Richard Bland	12
19) Johnson County CC	10	19) Delhi	10
21) North Iowa Area CC	7	21) Neosho County CC	7
21) Garden City CC	7	24) ASA College	6
25) Pima CC	5.50	26) Arkansas Baptist	4
26) Gillette	4	26) Spartanburg Methodist	4