

Women TEAM OTALS
North Dakota State 225, South Dakota State 150, North Dakota 101, St. Cloud State 71, Nebraska-Omaha 63, Augustana College 55, South Dakota 41, Mankato State 39, Northern Colorado 26, Morningside College 8.

INDIVIDUAL
4x100 relay — 1, USD (Michelle Christie, Jodi Bowne, Denise Kocer, Stephanie Kurz) :47.43. 2, UNO, :48.92. 3, SCSU, :49.62. 4, AC, :49.67. 5, MSU, :49.86. 6, UNC, :51.07. 7, SDSU, :59.17.

Shot put — 1, Julie Beck, NDSU, 45-8½. 2, Sandy Fuchs, SCSU, 43-8. 3, Misty Langseth, UND, 43-4¼. 4, Kris LeClair, NDSU, 43-4. 5, Julie VanOtterloo, MC, 42-10½. 6, Dawn Groeneweg, SDSU, 41-10½. 7, Rebecca Pettit, NDSU, 40-8. 8, Andrea Seeger, MSU, 38-11.

5,000 — 1, Ann Westby, SDSU, 17:38.50. 2, Pam Drietz, NDSU, 18:11.18. 3, Heather Parr, UND, 18:15.18. 4, Sarah Bashinski, NDSU, 18:53.24. 5, Stacy Haubolt, SCSU, 19:02.83. 6, Lisa Massman, NDSU, 19:04.15. 7, Rochelle Blea-Garcia, UNC, 19:15.96. 8, Stephanie Aspen, SCSU, 19:19.23.

100 hurdles — 1, Kim Osler, UNO, :13.96. 2, Sue DelCastillo, UNO, :14.02. 3, Lisa Kresky, NDSU, :14.19. 4, Anna Ratzloff, AC, :14.48. 5, Terri Scott, USD, :14.87. 6, Anne Parker, SDSU, :15.04. 7, Christy Newhouse, MC, :15.05. 8, Casandra McFarland, USD, :15.29.

1,500 — 1, Laura Walter, SDSU, 4:38.60. 2, Jennifer Peck, MSU, 4:39.48. 3, Steph Bruening, UND, 4:42.94. 4, Mary Gill, NDSU, 4:44.63. 5, Leah DeVries, AC, 4:45.27. 6, Heather Aubol, SCSU, 4:45.89. 7, Emily Benson, SDSU, 4:47.32. 8, Tiffany Gross, SDSU, 4:51.16.

100 — 1, Michelle Christie, USD, :11.58 (record, old record :11.80) 2, Ronda Viken, NDSU, :12.07. 3, Linda Vondras, UNO, :12.13. 4, Karla Stromme, MSU, :12.21. 5, Holly Frie, NDSU, :12.25. 6, Anne Parker, SDSU, :12.49. 7, Kim O'Neal, AC, :12.53. 8, Andrea Budig, SCSU, :12.58.

400 — 1, Marie Crep, UND, :56.84. 2, Maureen Richter, NDSU, :57.30. 3, Michelle Hewitt, AC, :58.65. 4, Heather Lewis, NDSU, :58.65. 5, Kari Ward, UND, :59.39. 6, Trisha Schumacher, AC, 1:00.26. 7, Kia Wehrenberg, MSU, 1:01.26. 8, Susan Scruggs, UNC, 1:03.15.

Triple jump — 1, Sue DelCastillo, UNO, 39-10 (record, old record 39-0¼) 2, Tiffini Schuebel, SDSU, 39-6½. 3, Jill Wittenwyler, SDSU, 38-5. 4, Reagan Schmitt, NDSU, 38-1. 5, Lisa Kresky, NDSU, 37-11. 6, Lynde Thelen, SDSU, 37-5. 7, Heidi Freeman, NDSU, 37-2½. 8, Jan Olson, SCSU, 35-5.

800 — 1, Christine Mason, SDSU, 2:12.25. 2, Elizabeth Wilson, AC, 2:14.18. 3, Erin Bly, UND, 2:15.61. 4, Mary Gill, NDSU, 2:16.18. 5, MaryAnn Wieberg, UNO, 2:16.28. 6, Jill Sutton, SDSU, 2:16.95. 7, Libbie Graham, UNC, 2:17.29. 8, Jennifer Peck, MSU, 2:19.87.

400 hurdles — 1, Anna Ratzloff, AC, 1:02.14. 2, Michelle Depa, SCSU, 1:02.499. 3, Nancy Weber, UNC, 1:03.01. 4, Susie Keller, NDSU, 1:03.23. 5, Audra Bushaw, UND, 1:06.03. 6, Sue Friday, USD, 1:07.63. 7, Connie Crabbs, UNC, 1:09.30. 8, Terri Scott, USD, 1:10.53.

3,000 — 1, Steph Bruening, UND, 10:06.31. 2, Kristen Gfroerer, NDSU, 10:33.23. 3, Laura Walter, SDSU, 10:34.11. 4, Emily Benson, SDSU, 10:36.38. 5, Sarah Niehaus, SCSU, 10:42.49. 6, Heather Aubol, SCSU, 10:44.44. 7, Pam Drietz, NDSU, 10:46.20. 8, Amy Peterson, MSU, 10:47.21.

200 — 1, Michelle Christie, USD, :23.76. 2, Ronda Viken, NDSU, :24.58. 3, Linda Vondras, UNO, :24.91. 4, Tiffini Schuebel, SDSU, :25.17. 5, Maureen Richter, NDSU, :25.24. 6, Karla Stromme, MSU, :25.53. 7, Meredith Owen, NDSU, :25.72. 8, Steph Kurz, USD, :26.21.

4x400 relay — 1, NDSU (Heather Lewis, Maureen Richter, Susie Keller, Ronda Viken) 3:53.05. 2, SDSU, 3:53.05. 3, UND, 3:56.86. 4, AC, 3:58.33. 5, MSU, 4:00.20. 6, UNO, 4:00.28. 7, SCSU, 4:02.35. 8, UNC, 4:04.46.

North Dakota State 183, Mankato State 126¼, South Dakota 112, Northern Colorado 73, South Dakota State 70¼, St. Cloud State 60½, Augustana College 56, North Dakota 54, Morningside College 44.

Men
4x100 relay — 1, MSU (Charles Zheng, Eric Johnson, Alonzo Wilson, Ryan Scott) :41.47. 2, MC, :41.48. 3, NDSU, :41.78. 4, UNC, :41.97. 5, AC, :42.29. 6, USD, :43.65. 7, SDSU, :44.08. 8, UND, :44.41.

Triple jump — 1, Brent Parmer, NDSU, 48-2¼. 2, Jason Cowley, USD, 47-7. 3, Lee Schmidgall, NDSU, 46-11½. 4, Eric Fairlee, SDSU, 46-10. 5, Keith Ectford, SCSU, 46-8½. 6, Chris Hein, USD, 45-11. 7, Greg Kimbrough, SCSU, 45-3½. 8, Darren Brinker, SCSU, 44-1.

Javelin — 1, David Myles, NDSU, 204-9. 2, Matt Roller, NDSU, 191-5. 3, Paul Gilbert, NDSU, 190-6. 4, Nick Vuolo, UNC, 189-6. 5, Rick Whipple, AC, 184-7. 6, Scott Larson, UND, 178-7. 7, Dustin Blaha, SDSU, 175-1. 8, Steve Blair, UNC, 170-1.

3,000 steeplechase — 1, Keith Folske, SDSU, 9:13.8. 2, David Helm, MSU, 9:23.0. 3, Jim Kappel, NDSU, 9:33.2. 4, Chad Bartels, SCSU, 9:39.5. 5, Chris Dew, NDSU, 9:40.6. 6, Nick Welter, MSU, 9:45.5. 7, John Parks, AC, 9:50.0. 8, Jerry Raehal, UNC, 9:52.9.

1,500 — 1, Tom Castelli, USD, 3:56.46. 2, Mike Madsen, UND, 3:56.82. 3, A.J. White Bull, NDSU, 3:57.27. 4, Randy McVean, AC, 3:58.78. 5, Jon Dovenmuehler, AC, 4:00.37. 6, Chad Heltemes, UND, 4:01.96. 7, Enrique Gutierrez, UNC, 4:02.34. 8, Jason Minnick, MSU, 4:04.29.

High jump — 1, Charles Pokladnik, NDSU, 6-10½. 2, Nate Jensen, MSU, 6-9. 3, John Bauer, NDSU, 6-9. 4, Matt Pasche, MSU, 6-7. 5, Brad Kruse, SDSU, 6-7. 6, Ryan McGlynn, NDSU, 6-5. 7, Jason Rainboth, USD, 6-5. 8, (Tie) Erik Stiehn, SCSU, Josh Westling, SCSU, Jim Pederson, SDSU, Chad Carroll, MSU, 6-3.

Shot put — 1, Todd Levos, NDSU, 55-8. 2, Bob Kronenberg, SCSU, 53-9¾. 3, Tim Kasper, MSU, 49-2½. 4, Matt Schelske, NDSU, 48-9. 5, Darren Hoffman, UND, 47-11½. 6, John Gallagher, NDSU, 47-6¾. 7, Marty Zulkoski, UNC, 46-5¾. 8, Landusky Hertz, NDSU, 46-5½.

110 hurdles — 1, Brian Kula, UNC, :14.38. 2, Steve Hentges, SCSU, :14.46. 3, Dave Sehr, :14.46. 4, Trent Merkwon, SDSU, :14.49. 5, Scott Girard, USD, :14.50. 6, Dana Schwarting, USD, :14.69. 7, Matt Blumer, AC, :14.70. 8, Sean Joselyn, UNC, :14.70.

400 — 1, Lionel McPhaull, USD, :47.53. 2, Thabani Gonye, AC, :48.32. 3, Jon Skjelvaag, AC, :48.62. 4, Brad Lies, UND, :48.86. 5, Marvin Adams, UNC, :48.98. 6, Ryan Scott, MSU, :49.16. 7, Greg Kimbrough, SCSU, :49.21. 8, Ted Marks, SCSU, :50.75.

100 — 1, Keith Green, MC, :10.60. 2, Alonzo Wilson, MSU, :10.62. 3, Troy Williams, MC, :10.76. 4, Mike Freeman, SDSU, :10.90. 5, Cal Carlson, NDSU, :10.90. 6, LaMar Miller, SCSU, :10.97. 7, Matt Ness, NDSU, :11.01. 8, Bill Prann, USD, :11.80.

800 — 1, Tom Dow, AC, 1:52.04. 2, Dale Bahr, MSU, 1:53.79. 3, Jared Bruggeman, UND, 1:54.44. 4, Josh Dickinson, MC, 1:54.84. 5, Don Schmeichel, SDSU, 1:55.02. 6, Bob O'Halloran, UND, 1:55.13. 7, Phil Hasenkamp, 1:59.15.

400 hurdles — 1, Dave Sehr, USD, :52.81. 2, Karl Kjeldsen, UND, :53.39. 3, K.C. Horniston, UND, :54.12. 4, Sean Joselyn, UNC, :54.13. 5, Greg Stumbo, NDSU, :54.60. 6, Jim Kalina, UND, :54.89. 7, Schon Fandrich, NDSU, :55.08. 8, Matt Blumer, AC, :56.80.

200 — 1, Lionel McPhaull, USD, :20.9. 2, Alonzo Wilson, MSU, :21.2. 3, Troy Williams, MC, :21.2. 4, Keith Green, MC, :21.6. 5, Eric Johnson, MSU, :21.7. 6, LaMar Miller, SCSU, :22.0. 7, Brent Parmer, NDSU, :22.5. 8, Bill Prann, USD, :23.9.

5,000 — 1, Scott Gove, SCSU, 14:58.1. 2, Andrei Kosharnyi, MSU, 15:07.1. 3, David Helm, MSU, 15:07.5. 4, Paul Danger, SDSU, 15:09.7. 5, Travis Wettlaufer, SDSU, 15:16.5. 6, Jason Massman, SDSU, 15:20.2. 7, Jesse Westrup, NDSU, 15:20.3. 8, Jason Minnick, MSU, 15:33.8.

4x400 relay — 1, Augustana (Thabani Gonye, Matt Blumer, Jon Skjelvaag, Tom Dow) 3:13.01 (record, old record 3:13.11). 2, USD, 3:16.93. 3, UNC, 3:18.29. 4, MSU, 3:19.85. 5, MC, 3:20.09. 6, UND, 3:20.47. 7, NDSU, 3:25.11. 8, SCSU, 3:26.67.

■ Grand Forks, N.D. (AP) — Results Friday from the first day of the North Central Conference Track and Field Championships. The meet continues Saturday.

MEN

■ **Team scoring**—North Dakota State 65, Mankato State 34, Northern Colorado and South Dakota 31 each, South Dakota State 21, St. Cloud 12, UND 1, Augustana 0, Morningside 0, UN-Omaha 0.

■ **Pole vault** — 1, Charles Zheng, Mankato, 16-10³/₄. 2, tie, Ryan McGlynn, NDSU, and Derek Miles, USD, 16-10³/₄. 4, Tony Legueri, NDSU, 16-³/₄. 5, Steve Blair, UNC, 15-0. 6, Trevor Jager, NDSU, 15-0. 7, Brian Kula, UNC, 15-0. 8, Steve Sand, UND, 14-6.

■ **Discus** — 1, John Gallagher, NDSU, 160-10. 2, Todd Levos, NDSU, 157-9. 3, Scott Collignon, USD, 148-2. 4, Darrin Dahlin, NDSU, 144-4. 5, Tim Kasper, Mankato, 143-7. 6, Bruce Pearson, SDSU, 143-0. 7, Mike Wolkow, SDSU, 140-2. 8, Harry Tillman, UNC, 136-10.

■ **Long jump** — 1, Eric Johnson, Mankato, 24-2¹/₂. 2, Brent Parmer, NDSU, 23-9¹/₂. 3, Les Schmidgall, NDSU, 22-8. 4, Jason Conley, USD, 22-4. 5, Dana Schwarting, USD, 22-1¹/₂. 6, Brian Kula, UNC, 22-0. 7, Trevor Jager, NDSU, 21-11. 8, Josh Westling, St. Cloud, 21-9¹/₂.

■ **10,000** — 1, Scott Gove, St. Cloud, 30:20.97. 2, Travis Wettlaufer, SDSU, 31:33.04. 3, Paul Danger, SDSU, 31:37.12. 4, Andrei Kosharnyi, Mankato, 31:53.76. 5, Jason Massmann, SDSU, 32:06.18. 6, Chad Duffy, Mankato, 32:14.08. 7, Mark Esala, Mankato, 32:33.76. 8, Joe Reynolds, St. Cloud, 32:54.76.

WOMEN

■ **Team scoring**—North Dakota State 66, South Dakota State 49, St. Cloud 27, UND 19, Mankato 10, Nebraska-Omaha 8, Augustana 7, Northern Colorado 7, Morningside 2, South Dakota 1.

■ **High jump** — 1, Janet Howie, Mankato, 5-6. 2, Meredith Owen, NDSU, 5-4. 3, Penny Ensrud, NDSU, 5-4. 4, Lynde Thelen, SDSU, 5-4. 5, Julie Spillman, NDSU, 5-4. 6, Jill Wittenwyler, SDSU, 5-2. 7, Kim Bachand, St. Cloud, 5-2. 8, Carey Erpelding, St. Cloud, 5-2.

■ **Long jump** — 1, Tiffini Schuebel, SDSU, 19-4¹/₂ (Ties NCC record set by Lisa Ristau, NDSU, 1991). 2, Linda Vondras, UNO, 18-11. 3, Holly Frie, NDSU, 18-10. 4, Laura Seifert, UND, 18-8. 5, Lisa Kresky, NDSU, 18-8. 6, Jennifer Hale, Augustana, 17-9. 7, Nancy Weber, UNC, 17-5¹/₂. 8, Marie Brown, USD, 17-4¹/₂.

■ **Discus** — 1, Sandy Fuchs, St. Cloud, 155-9. 2, Julie Beck, NDSU, 145-3. 3, Dawn Groeneweg, SDSU, 139-7. 4, Misty Langseth, UND, 138-2. 5, Angie West, St. Cloud, 137-3. 6, Kristen Carter, St. Cloud, 133-10. 7, Julie Van Otterloo, Morningside, 132-0. 8, Missy Wilson, UND, 127-3.

■ **10,000** — 1, Ann Westby, SDSU, 36:53.43. 2, Heather Parr, UND, 37:38.36. 3, Pam Drietz, NDSU, 37:53.19. 4, Sarah Bashinski, NDSU, 39:13.69. 5, Steph Aspen, St. Cloud, 39:43.57. 6, Rochelle Blea-Garcia, UNC, 40:04.67. 7, Coni Fritz, SDSU, 40:19.14. 8, Stacy Haubolt, St. Cloud, 40:38.34.