

**Team points** — North Dakota State 207, USD 148½, Mankato State 103½, SDSU 80½, Augustana 62, St. Cloud State 54, Northern Colorado 49, North Dakota 48½, Morningside 41.

**Shot put** — John Delay, SDSU, 55-11¾; Mark Murdock, UND, 54-8; John Gallagher, NDSU, 51-9¼; Tim Kasper, MSU, 49-11½; Darren Hoffman, UND, 49-5½; Gary Kummet, NDSU, 48-11¼. **Javelin** — Paul Gilbert, NDSU, 199-6; Nick Vuolo, UNC, 187-7; Rick Whipple, AC, 187-3; Matt Roller, NDSU, 183-0; Steve Keller, NDSU, 185-0; Scott Larson, UND, 178-4.

**Triple jump** — Brent Parmer, NDSU, 48-½; Lee Schmidgall, NDSU, 47-2¼; Greg Kimbrough, SCSU, 46-10¾; Chase Anderson, USD, 45-9; Jason Hale, UNC, 45-½; Chris Hein, USD, 44-8.

**High jump** — Matt Pasche, MSU, 6-10½; Joe Healy, MSU, 6-10½; Brandon Wade, SCSU, 6-8½; Joe Seifert, SCSU, 6-6½; Matt Heisel, SDSU, 6-6½; Charles Pokladnik, NDSU, 6-6½.

**100** — Keith Williams, SCSU, 10.47; Parmer, NDSU, 10.95; Manuel Williams, USD, 11.06; Bob Ewings, SCSU, 11.08; Nathan Smith, USD, 11.25; Chad Kramer, MC, 11.26. **400** — Lionel McPhaul, USD, 46.99; Ryan Scott, MSU, 47.33; Thabani Gonye, AC, 47.85; Marvin Adams, UNC, 48.85; Josh Willis, MC, 49.11; Jason Gengerke, SDSU, 49.17.

**800** — Tom Dow, AC, 1:53.07; Josh Dickinson, MC, 1:55.11; Phil Hasenkamp, USD, 1:55.27; Dan Nesvold, SDSU, 1:55.44; Don Schmeichel, SDSU, 1:57.04; Darin Eisinger, NDSU, 1:57.07. **1,500** — Hasenkamp, USD, 3:53.21; Eric Chesimet, USD, 3:55.54; Shannon Van Essen, MSU, 3:57.11; Chad Heltemes, UND, 3:57.15; Rick Esponda, MSU, 3:58.51; John Dovenmuehler, AC, 3:59.74.

**110 high hurdles** — Dana Schwarting, USD, 15.08; Matt Blumer, AC, 15.15; Dave Sehr, USD, 15.42; Steve Keller, NDSU, 15.68; Steve Craig, USD, 15.69; Craig Gillen, UND, 15.77. **400 intermediate hurdles** — John Skjelvaag, AC, 53.20; K.C. Homiston, UND, 54.14; Rick Collodi, USD, 54.24; Jeremy Harms, NDSU, 54.67; Sehr, USD, 54.96; Neil Johannsen, UND, 55.56.

**3,000 steeplechase** — Jon Keillor, MSU, 9:28.02; Keith Folske, SDSU, 9:34.30; Chris Dew, NDSU, 9:37.94; John Parks, AC, 9:47.78; Cole Hilker, USD, 9:49.29; James Kappel, NDSU, 9:52.70. **5,000** — Keillor, MSU, 15:17.90; Jesse Westrup, NDSU, 15:18.01; Jon Heese, UNC, 15:18.09; Jason Massmann, SDSU, 15:24.33; Travis Wettlaufer, SDSU, 15:25.52; Dann Cecil, SDSU, 15:26.31.

**400 relay** — (tie, dead heat) SCSU (Brian Schuster, Ewings, John Westling, Williams) 41.36 and NDSU (Matt Ness, Parmer, Nathan Harms, Tim Jacobsen) 41.36; USD 42.39; MC 42.53; UNC 42.92; UND 43.64. **1,600 relay** — AC (Gonye, Blumer, Skjelvaag, Dow) 3:13.69; MC 3:17.89; USD 3:18.12; NDSU 3:21.64; SDSU 3:21.88; UND 3:24.34.

**Discus** — Brian Seiler (Morningside) 167-11; John Gallagher (North Dakota St.) 167-05; Tim Kasper (Mankato St.) 161-11; Landusky Hertz (North Dakota St.) 156-09; Mitch Poppens (South Dakota) 151-06; Kevin Martin (North Dakota St.) 148-09.

**Long jump** — Brent Parmer (North Dakota St.) 25-3½; Eric Johnson (Mankato St.) 24-7; Mark Hall (South Dakota) 23-7; Ryan McGlynn (North Dakota St.) 23-3; Lee Schmidgall (North Dakota St.) 23-2½; Manuel Williams (South Dakota) 22-10½.

**Pole vault** — Ryan McGlynn (North Dakota State) 16-2; Lynn Olesen (South Dakota State) 16-2; Trevor Jager (North Dakota State) 15-08; Charles Zheng (Mankato St.) 15-8; Ric Collodi (South Dakota) 15-8; Steve Craig (South Dakota) 15-2.

**10,000** — Jesse Westrup (North Dakota St.) 31:20; Travis Wettlaufer (South Dakota St.) 31:31.3; Jon Hesse (Northern Colorado) 31:36.4; Jason Massmann (South Dakota St.) 31:43.6; Eric Sondag (North Dakota) 31:43.6; Rob Gilles (North Dakota St.) 31.50.

**Team points** — North Dakota State 208.64, South Dakota 104.14, Nebraska-Omaha 98.14, Mankato State 75.4, St. Cloud State 71.4, South Dakota State 64.4, Northern Colorado 54.64, Augustana College 53.14, North Dakota 45, Morningside College 35.

**Shot put** — Nancy Overman, USD, 44-11¼; Sandy Fuchs, SCSU, 44-2; Rebecca Pettit, NDSU, 44-1½; Angie West, SCSU, 43-9; Dawn Groeneweg, SDSU, 42-2¼; Andrew Charlebois, UND, 41-7¾. **Discus** — Overman, USD, 160-8; Fuchs, SCSU, 155-7; West, SCSU, 144-8; Groeneweg, SDSU, 138-10; Rikki Watson, USD, 133-4; Ann Seickert, AC, 132-4.

**Javelin** — Jennifer Leddon, NDSU, 147-6; Lisa Kannegieter, SDSU, 129-2; Kris Sorenson, UND, 128-8; Vicky Bessette, UND, 126-3; Overman, USD, 125-8; Susie Keller, NDSU, 123-11. **Triple jump** — Sue DelCastillo, UNO, 39-3¾; Lynde Thelen, SDSU, 38-4¾; Reagan Schmitt, UND, 37-8¾; Denise Kocer, USD, 37-2; Andrea Jeseritz, UND, 36-10; Lori Waltz, AC, 35-8¾.

**100** — Tina Ellis, UNO, 12.56; Jane Loskot, NDSU, 12.63; Karla Stromme, MSU, 12.74; Taryn Cummings, NDSU, 13.00; Linda Vondras, UNO, 13.03; Tracy Dove, MSU, 13.04. **200** — Carri Butler, UNO, 25.65; Loskot, NDSU, 25.68; Ellis, UNO, 26.16; Maureen Richter, NDSU, 26.40; Karla Stromme, MSU, 26.58; Heather Lewis, NDSU, 26.72.

**400** — Butler, UNO; Richter, NDSU, 55.54; Denise Bitz, MSU, 56.56; Andrea Tate, UNC, 57.01; Lewis, NDSU, 57.15; Trisha Schumacher, AC, 57.31. **800** — Mary Gill, NDSU, 2:14.14; Michelle Berger, NDSU, 2:14.65; Jennifer Munyan, USD, 2:15.24; Jennifer Peck, MSU, 2:16.47; Erin Bly, UND, 2:17.95; Tracy Kornyta, UND, 2:18.63. **1,500** — Jennifer Peck, MSU, 4:31.50; Gill, NDSU, 4:36.55; Sarah Niehaus, SCSU, 4:41.20; Kristin Gfroerer, NDSU, 4:42.22; Leah Jorgenson, AC, 4:44.34; Amy Peterson, MSU, 4:44.95.

**100 hurdles** — Kim Osler, UNO, 14.53; DelCastillo, UNO, 14.78; Jane Loskot, NDSU, 15.13; Casi McFarland, USD, 15.24; Jaime Erkes, UNO, 15.69; Terri Scott, USD, 15.84. **400 low hurdles** — Nancy Weber, UNC, 1:01.56; Bitz, MSU, 1:01.90; Swan, USD, 1:03.23; Michelle Depa, SCSU, 1:05.70; Nicole Sickels, MSU, 1:04.89; Sue Friday, USD, 1:04.91.

**3,000** — Kristin Gfroerer, NDSU, 10:28.22; Pam Drietz, NDSU, 10:31.78; Stacy Johnson, AC, 10:31.80; Sarah Niehaus, SCSU, 10:32.80; Alison Voss, SDSU, 10:33.69; Jenny Diedrich, UND, 10:54.79. **5,000** — Drietz, NDSU, 17:51.90; Johnson, AC, 18:03.14; Kim Olund, UND, 18:32.56; Bethany Carlson, NDSU, 18:40.91; Jennifer Kennedy, UNO, 19:04.93; Stacy Hauboldt, SCSU, 19:10.63.

**400 relay** — UNO (Ellis, Butler, Vondras, Kim Osler) 47.03; NDSU 47.47; MSU 47.92; USD 48.06; SDSU 49.63; UNC 49.75. **1,600 relay** — NDSU (Lewis, Cummings, Michelle Berger, Richter) 3:52.44; MSU 3:55.27; SDSU 3:56.93; AC 3:59.39; USD 3:59.53; UNC 3:59.68.

**High jump** — Andrea Jeseritz (North Dakota St.) 5-5¼; Kim Bachand (St. Cloud St.) 5-3¼; Lynde Thelen (South Dakota St.) 5-1¼; Janet Howie (Mankato St.) 5-1¼; Nancy Weber (Northern Colorado) 5-1¼; Tiffany Karsch (Augustana) 5-1¼.

**Long jump** — Elena Swan (South Dakota) 19-0; Denise Kocer (South Dakota) 18-7½; Linda Vondras (Nebraska-Omaha) 18-4; Lisa Kresky (North Dakota St.) 18½; Nancy Weber (Northern Colorado) 17-9½; Lori Waltz (Augustana) 17-9½.

**10,000** — Pam Drietz (North Dakota St.) 37:26.6; Kim Olund (North Dakota) 37:43.65; Stacy Hauboldt (St. Cloud) 38:51.9; Jessica Bowen (Northern Colorado) 3:59.34; Becky Lobery (South Dakota St.) 39.14.1; Sara Bushinski (North Dakota St.) 39:40.