

Men

Team points - North Dakota St. 232½, South Dakota 183, North Dakota 84, Northern Colorado 68, St. Cloud St. 64½, South Dakota St. 61, Augustana 48, Minnesota St.-Mankato 43, Morningside 35.

Long jump - Manuel Williams (USD) 24-1; Justen Lockhart (NDSU) 24-¾; Aaron Dykstra (USD) 23-9; Jay Hatleli (NDSU) 23-8; Chad Rohde (USD) 23-6¾. 8. Jesse Haines (USD) 23-3¼.

High jump - Marc Sondreal (UND) 7-0; Brian Antoine (NDSU) 6-10; Luke Pfeifer (NDSU) 6-6; tie, Ryan O'Malley (USD) and Rohde 6-4. 7. Josh Heikens (USD) 6-4. 8. Haines 6-2.

Triple jump - Brandon Schaible (NDSU) 49-7¼; Mike Backes (UND) 49-4¾; Will Hardin (USD) 47-10¾; Rohde 46-10¼; Williams 46-10¼. 8. Nick Hammitt (SDSU) 45-½.

Pole vault - Garrett Schramm (USD) 15-8; tie, Tom Heilman (NDSU), Andre Stevenson (SCSU), Tim Koupal (SCSU) and Khoun Thammalangay (NDSU) 15-2. 6. Terry Morrison (SDSU) 14-8.

Shot put - Brian Emerson (UND) 54-8½; Ryan Reynolds (UND) 53-4; Paul Senst (NDSU) 51-6½; Travis Zins (SCSU) 50-4½; Peter Klemin (NDSU) 50-1½. 7. Dean Gillen (USD) 49-3. 8. Doug Shultz (SDSU) 49-1.

Discus - Nolan Wolkow (SDSU) 173-6; Emerson 169-7; Reynolds 162-11; A.G. Krueger (MC) 162-10; Jason Harmon (NDSU) 151-2. 7. Gillen 149-6.

Javelin - Tate Tobkin (NDSU) 225-4 (NCC and track record); Wes Christianson (NDSU) 202-11; Derek Dunlop (USD) 194-8; Ryan Bell (USD) 189-11; Adam Carr (NDSU) 167-6. 7. Wolkow 165-8.

Hammer throw - Ken Froemming (MC) 190-2; Zins 163-7; Krueger 155-4; Gillen 152-7; Wolkow 137-1.

100 - Noah Stiles (UNC) 10.46; Anthony Garnett (NDSU) 10.56; Tom Green (USD) 10.61; Pat Irgens (NDSU) 10.73; Williams 10.80. 6. Darren Smith (USD) 10.83.

200 - Larry Miller (SCSU) 21.23; Jason Breitzman (NDSU) 21.32; Stiles 21.34; Green 21.41; Ryan Finley (USD) 21.53.

400 - Breitzman 47.34 (track record); Aaron Dewald 47.69; Finley 48.19; Jacob Conway (AC) 48.69; Joey Gleason (AC) 48.82. 6. John Kehoe (USD) 48.85. 7. Justin Elder (SDSU) 49.22.

800 - Andrew Neugebauer (USD) 1:52.34 (track record); Nick Burrow (SDSU) 1:53.74; Heith Janke (NDSU) 1:54.79; Jason Chaput (MSU) 1:55.42; Aaron Klingbeil (NDSU) 1:55.44. 7. Ryan Mertz (AC) 1:56.27.

1,500 - Burrow 3:53.91; Chad Feeldy (USD) 3:56.31; Mike Gade (USD) 3:57.79; Dane Larson (NDSU) 3:59.53; Sam Renneberg (NDSU) 4:00.58.

3,000 steeplechase - Steve Hackworth (UNC) 9:25.44; Todd Trapp (AC) 9:39.55; Chris Sutherland (MSU) 9:44.50; Joel Fenske (USD) 9:45.59; Noah Randles (USD) 9:50.12. 6. Troy O'Hara (AC) 9:59.09.

10,000 – Mark Scharnberg (AC) 31:28.91; Marty Rosendahl (MSU) 31:36.80; Probasco 31:49.78; Matt Genrich (AC) 31:55.75; James Mullenix (MSU) 32:01.81. 6. Randles 32:26.02. 7. Mark Nelson (USD) 32:38.20.

110 hurdles (hand held) – Pfeifer 14.18; Jeremy Zimney (UND) 14.33; Mike Pooler (SCSU) 14.46; Adam Decook (AC) 14.55; Mark Jacobson (NDSU) 14.68. 7. Josh Hofer (USD) 14.72.

400 hurdles – Zimney 53.23; Ryan Smith (MC) 53.74; Mitch Hinrichs (UNC) 54.18; Pooler 54.25; Digger Johnson (UND) 54.28. 6. Ryan Bosanko (SDSU) 54.71.

400 relay – USD 41.28; NDSU 41.32; UNC 41.76; SCSU 41.86; AC 42.02.

1,600 relay – NDSU 3:13.83 (track record); UNC 3:14.58; USD 3:15.61; UND 3:16.46; SDSU 3:17.29.

Decathlon – Craig Fredrickson (NDSU) 6,537 points; Nick Schauer (NDSU) 6,508; Hatleli 6,360; Tucker Tonkel (NDSU) 6,256; Haines 6,087. 8. Bell 5,471.

Women

Team points - North Dakota St. 237½, South Dakota 182, North Dakota 88, South Dakota St. 69½, Morningside 54, St. Cloud St. 51, Neb.-Omaha 51, Augustana 49, Northern Colorado 29, Minnesota St.-Mankato 8.

High jump - Kim Pellmann (SCSU) 5-5¼; tie, Tonya Kneifl (USD) and Crystal Cummins (NDSU) 5-5¼; Amber Oolman (USD) 5-5¼; Becki Nyberg (NDSU) 5-3¼. 7. (tie) Lonna Larson (AC) and Jennifer Hasvold (USD) 5-1¼.

400 relay - NDSU (Kristen Bachmeier, Jill Theeler, Jessi Melland, Tami Wigley) 46.83 (track record); USD 46.96; MC 48.01; SCSU 48.39; UNO 48.92.

5,000 - Leah Gifford (AC) 17:34.37 (track record); Tina Fenske (USD) 17:49.62; Jordan Hoffert (NDSU) 18:03.12; Tara Biltoft (UNO) 18:13.61; Kristy Schreibels (UNC) 18:21.35.

1,500 - Becky Leppard (NDSU) 4:35.70 (track record); Molly Wedel (USD) 4:36.71; Codi Lehr (NDSU) 4:39.42; Jodi Smith (SDSU) 4:41.35; April Maine (UND) 4:43.90.

3,000 - Leppard 10:04.57; Wedel 10:06.08; Lehr 10:09.28; Stefanie Senn (USD) 10:11.58; Gifford 10:13.92. 6. Smith 10:15.78.

10,000 - Fenske 37:06.44; Hoffert 37:07.00; Karen Smidt (UNC) 38:14.70; Kami Hill (NDSU) 38:20.62; Shawna Desmet (SDSU) 38:25.80.

Shot put - Nancy Fischer (SDSU) 46-8½; Julia Karst-Gray (NDSU) 46-7½; Brandy Echternach (USD) 46-3; Megan Gierstorf (MC) 45-1; Jen Haage (MC) 44-5. 8. Londa Vander Wal (SDSU) 41-7.

Discus - Stacy Main (SDSU) 154-0; Echternach 149-7; Diandra Koehler (NDSU) 149-0; Fischer 148-9; Holly Hagena (SDSU) 128-1. 6. Mandi Mueller (USD) 126-2.

Hammer throw - Haage 165-8 (NCC record); Marcie Augst (NDSU) 165-6; Echternach 161-6; Koehler 158-2; Charla Evenson (NDSU) 144-4. 7. Mueller 137-11.

Long jump - Meredith Davis (MC) 19-9½; Andi Noel (NDSU) 19-0; Cummins 18-11½; Kneifl 18-11; Sonja Tanner (UNC) 18-1½. 8. Amanda Behrends (USD) 17-11¼.

Pole vault - Jennifer Bass (SDSU) 12-0 (NCC and track record); Sandy Pelkofer (USD) 10-6; Becky Cable (UND) 10-6; tie, Nicole Bergh (SCSU) and Kirstan Butler (SDSU) 10-0. 6. Sara Thomsen (USD) 10-0.

Javelin - Amber Buller (NDSU) 133-5; Fischer 132-5; Katie Staton (NDSU) 125-3; Main 119-10; Kneifl 118-1.

100 hurdles (hand held times) - Tori Devericks (USD) 14.25; Oolman 14.36; Gretchen Cooper (NDSU) 14.40; Noel 14.41; Holly Janson (SCSU) 14.5.

100 - Michelle Munsen (USD) 11.95; Sara Deckert (AC) 12.13; Carly Lambert (UNO) 12.23; Melland 12.25; Crystal White (UND) 12.26.

800 - Krista Trei (USD) 2:13.14 (track record); Cindy Scott (UND) 2:13.57; Andrea Harens (AC) 2:14.87; Jackie Auwarter (UND) 2:15.06; Rachel Kraft (NDSU) 2:16.32. 8. Laura Graf (AC) 2:17.86.

400 - Theeler 54.53 (track record); Stephanie Knight (USD) 54.90; Wigley 55.35; Jen Higgins (SCSU) 57.00; Karisa Foight (UNO) 57.31. 6. Britney Parmer (AC) 58.32. 7. Sarah Mismash (AC) 58.84.

400 hurdles - Missy Berg (UND) 1:01.93; Sandy Derby (UNO) 1:02.46; Rhonda Sheffield (NDSU) 1:04.33; Jacey Wheeler (AC) 1:05.30; Stephanie McGregor (AC) 1:05.37. 6. Cherie Dunn (AC) 1:05.64. 7. Larae Klarenbeck (USD) 1:06.74.

Triple jump - Theeler 39-4; Cummins 38-10¾; Kathy Craig (UNO) 38-8½; Michelle Mellegaard (USD) 38-7; Kristen Stokes (UND) 37-9¾.

200 - Theeler 24.39; Jen Higgins (SCSU) 24.63; Wigley 24.75; Munsen 24.84; Sarah Schmidt (MC) 24.94. 7. Knight 25.10.

1,600 relay - NDSU (Bachmeier, Theeler, Melland, Wigley) 3:47.48; AC 3:49.31; USD 3:51.06; UNO 3:55.97; UND 3:56.32.

Heptathlon - Higgins 4,820 points; Noel 4,707; Cummins 4,687; Davis 4,672; Derby 4,654. 7. Oolman 4,374.